

## Today's Freebie

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- page A3

#### briefs

#### **County gets** grant for hydrants

**Times Staff Report** 

FRANKFORT - Two projects in the Big Sandy Area Development District will be financed with Area Development Funds, Gov. Ernie Fletcher announced last

The two projects are for Floyd and Magoffin counties and were approved for grants by Darrell Brock Jr., acting commissioner of the Department for Local Government, following a recommendation from Big Sandy ADD.

In Floyd County, \$19,330 will be made available to fund the purchase of fire hydrants and fittings, while in Magoffin County, \$12,894 will be used to reimburse the cost of a replacement truck for the county's sanitation department.

Area Development Funds finance community and industrial development projects in each of the state's 15 area development districts

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2 DAY FORECAST



High: 36 • Low: 20

Thursday



High: 35 . Low: 14

For up-to-the-minute forecasts, see floydcountytimes.com

## 1311312

Wednesday, January 21, 2001



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Volume 75, Issue 9 • 75 Cents

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#### Member AP, KPA, NNA Serving the Citizens of Floyd County since 1927

## Jailer says county doesn't owe \$87,000

LEWIS BURDER

190 LANDIE DE

by SHELDON COMPTON STAFF WRITER

PRESTONSBURG — Under scrutiny again following budget disputes last year, Floyd County Jailer Roger Webb says he was surprised by Friday's fiscal court meeting and Highlands Regional Medical Center's request for payment of nearly \$90,000 in back medical bills.

HRMC credit collection manager Don Willis prior to the meeting and thought an understanding had been reached.

"I wasn't notified to be at the meeting," Webb said Monday. "The only thing I had (on the agenda) was the claims I normally

The jail amassed a total of \$87,056.65 in medical bills dating back to July 2002,

Webb said Monday he had spoken with prompting Willis to attend Friday's meeting and ask the county to pay \$15,475.42 in regard to the \$2,000 deductibles on each prisoner's account, as well as payment of any accounts not exceeding the deductible

In a Jan. 12 letter to Webb, Willis noted six inmates with outstanding bills the jail owed the hospital. The six accounts totaled 10 separate hospital visits ranging in cost

from \$349 to \$25,869. Willis also made reference in the letter to a Jan. 9 conversation in which he and Webb had discussed submitting the applicable accounts to the Department of Corrections in Frankfort for

Webb said Monday those accounts have been submitted under a "catastrophic

(See JAIL, page three)



The Allen Police Department was among several throughout the county to receive free gunlocks Monday from the national program Project ChildSafe. Pictured are Officer James Burke and Project Child safe

## Gun locks distributed to local police agencies

by MARY MUSIC STAFF WRITER

representative Larry Biggins.

ALLEN — Police departments throughout the county received help this week from the nation's largest firearms safety program, which is currently distributing over 370,000 free gun locks in

Foundation, operating a program safer by raising awareness about

called Project ChildSafe, visited responsible firearms ownership the Floyd County Sheriff's Office and police departments in the cites of Prestonsburg, Martin, Wayland, Wheelwright and Allen Sunday and Monday, bringing with them nearly 3,000 gun locks to be distributed freely to residents throughout the local communities.

The foundation's partnership Representatives with the with law enforcement comes National Shooting Sports through an effort to make homes

and storage.

"This is going to be a good thing. It will help the community and make guns a little harder for kids to get a hold of." said James Burke, Allen police officer who was on hand Monday to receive 300 gunlocks from a Project

ChildSafe representative. Burke said he will personally

(See GUN LOCKS, page three)

## Democrats give nod to Meade

by SHELDON COMPTON STAFF WRITER

**PRESTONSBURG** Through a weighted vote cast by three representatives from

each of the county's voting precincts, the County Floyd Democratic Party nominated 32-yearold McDowell resident Chuck Meade as their candidate for the Feb. 17 special election to fill the 95th District

Chuck Meade vacancy in the House of Representatives during a gathering Saturday afternoon.

Meade won by what party representatives said was a close margin, garnering 12,698 votes.

The second closest nominee was Kelly Hall, who finished with a 12,055, followed by Scarlet Stumbo with 10,266 votes and C.E. "Little Shag" Branham with 8,460.

Two other nominees were considered during the meeting

in Prestonsburg this past weekend, but saw no votes cast in their favor. Party officials did not release the names of those two nomi-

Meade, who did not attend the committee meeting and

was not present for the announcement, responded through a written statement Monday and gave explanation for his absence.

"It is an honor that the Democratic Party has selected me to be the nominee

(See MEADE, page three)

## PC students protest professors' firings

by SHELDON COMPTON

STAFF WRITER PIKEVILLE - Although

school representatives said a meeting with roughly 60 Pikeville College students last week helped some understand the institution's decision to fire what officials have said

was "less than half a dozen" professors, there are still plenty more who remain vehemently opposed to the move.

In fact, there are still about Students circulating a peti-

tion across campus shortly

(See COLLEGE, page three)



Paintsville residents Virginia Stout, Juanita Fitzpatrick and Barb Blanton were busy with the numbers Tuesday at Court Street Bingo's operation for the Floyd County Animal Shelter. The trio travel to play at the hall each week since its opening roughly three months ago, along with hundreds of

## Charter says cable bill increase letters a mistake

by MARY MUSIC STAFF WRITER

PRESTONSBURG - One week after Prestonsburg City Council member C.E. "Shag" Branham raised a stink at a council meeting regarding rate increases for cable service rendered through Charter Communications, the company admits it has made a mis-

During an interview Monday, Michael Kelemen, director of government relations with Charter Communications, said that he

"mistakenly" sent letters to the cities of Prestonsburg and Paintsville regarding rate changes that are slated to occur next month.

"During the last week of December, a number of notification letters were sent throughout the region, including Virginia and West Virginia, that showed certain rate changes were going to happen in February," said Kelemen. "Inadvertently and mistakenly, letters were also sent to . . . Prestonsburg and Paintsville. This rate change will not happen until April or May."

issued a letter to Mayor Jerry Fannin on Dec. 31, announcing price rate adjustments that are to go into effect during the February billing cycle for Prestonsburg customers, but rate hikes for services by the same company for Paintsville customers are substantially lower.

The company proposed in the letter an increase of \$1 for basic service in Prestonsburg, resulting in a new monthly fee of \$15.95.

(See CABLE, page nine)



# Odds & Ends

MUNCIE, Ind. — The dog show will go on - just not on the carpet.

The Muncie Kennel Club canceled its January four-day dog show usually held at the Horizon Convention Center because management would permit it only if the group covered the center's newly carpeted

"Convention officials wanted us to cover the carpeting with plastic, but the insurance company wouldn't cover it and the dogs and their owners wouldn't tolerate it," said Tim Catterson, the kennel club's president.

Catterson said club members were afraid that either they or their dogs would slip and fall if the shows were held on plasticcovered floors.

Joann McKinney, the convention center's general manager, said the new carpeting had increased business from corporate meetings and weddings and needed to be protected.

"The convention center people did everything they could for the dog shows, but they couldn't overcome the carpet,"

McKinney said. "I hope someday we can bring the shows back. It's a unique piece of business that has been very good for the city."

Catterson said the kennel club had not been able to find another suitable venue for its winter dog shows, but has decided to expand its August dog shows at another site.

CHIPPEWA FALLS. Wis. - Mary Bauer works for the Occupational Safety and Health Administration, but that doesn't keep her from her favorite hobby - jumping out of planes.

'I'm not necessarily a thrillseeker, but I'm willing to try stuff," the 42-year-old from Chippewa Falls said.

Bauer plans to be among 372 people who will gather in Thailand this week to attempt to break the world record for skydiving in formation. The group will jump out of military planes and attempt to grab hands to make a planned formation.

The current record was set in December 2002 with 300 skydivers in Arizona. Bauer was part of that group, too.

"The amount of canopies in the air, that's the scariest thing for me," Bauer said. "You hope for nice clean opening and nice deployment."

Bauer jumps about 700 times a year and has made more than 11,000 jumps in her life.

"Skydiving is the only thing I do," she said.

SAN JOSE, Calif. -Niki Karanastasis lost her dog, then found it - only to lose it

Karanastasis was reunited with her missing dog at the local animal shelter six days after the golden retriever escaped from her backyard. But she won't be able to keep her beloved pet since the 2-year-old dog had been adopted by a new owner

just hours earlier.

Humane Society officials said their hands are tied because they're required to put stray dogs up for adoption five days after they're picked up if they M don't have ID tags. Tagged animals are held for 10 days, but Bella, the Karanastasis' pooch, didn't have one.

Bella was taken to the Santa Clara shelter on Jan. 2 after the golden retriever and a companion dog, a black Labrador named Zina, escaped from Karanastasis' yard. Zina still hasn't been found.

Karanastasis, her husband and a friend visited the shelter three times before she spotted the dog on Jan. 8. She said Bella jumped up and down and responded to commands in Greek - proof, she said, it's her

"I couldn't believe it. How could

(See ODDS, page five)

## Pence's plan to tackle drug abuse emphasizes treatment

The Associated Press

FRANKFORT - Gov. Ernie Fletcher's administration wants better drug treatment, rather than prison sentences, for offenders.

The state plans to cut the number of nonviolent offenders in prison and may put off opening a 1,000-bed prison under construction in Elliott County, Lt. Gov. Steve Pence said.

Pence, who also is Fletcher's justice secretary, wants a backlog of evidencetesting at state crime labs eliminated by April 1 and plans to thoroughly review the state's drug problems and what is needed to solve them. He also wants drug courts expanded.

Karyn Hascal, acting director of the state Division of Substance Abuse, said the state doesn't have the resources to

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handle the demand for treat-

"We're pretty busy trying to Band-Aid the system and deal with the lines of people at the door," Hascal said.

The Kentucky Health and Family Services Cabinet estimates that 348,000 people have drug or alcohol problems; last year, 22,000 received substance-abuse treatment.

The state spends more than \$20 million a year, most of it federal money, on treatment and prevention.

The backlog at crime labs has stalled prosecutions.

"I have been assured that backlog will be gone by April 1," Pence said.

If not, he said he will place the labs directly under the supervision of the Justice Cabinet.

To cut the backlog, Pence said, the labs will eliminate tests in which the defendant agrees to plead guilty - field tests by an officer would then suffice. Also, two more chemists have been hired using federal money.

The administration also

would shuffle various legal offices under the Justice Cabinet - including state police, corrections and juvenile justice - into a single legal department. The idea is to try more cases in-house rather than awarding contracts to outside lawvers.

Pence's proposals, which were presented last week to the Senate Judiciary Committee, were welcomed by lawmakers and advocates.

But House Democratic Leader Rocky Adkins of Sandy Hook was disappointed that the \$90 million Elliott County prison, which had been scheduled to be finished in June, would instead be delayed.

"This is going to be a big economic impact on Elliott County and the whole region," Adkins said. "I'm going to do everything I can to keep that project on schedule.'

Pence acknowledged that the 300 jobs the prison would create are important, but said, "I don't think we can let that be our driving force on our rate of incarceration. Somebody has to pay for this."

Today in History

Today is Wednesday, Jan. 21, the 21st day of 2004. There are 345 days left in the year.

The Associated Press

Today's Highlight in History:

Fifty years ago, on Jan. 21, 1954, the first atomic submarine, the USS Nautilus, was launched at Groton, Conn.

On this date:

In 1793, during the French Revolution, King Louis XVI,

condemned for treason, was executed on the guillotine.

■ In 1861, Jefferson Davis of Mississippi and four other Southerners resigned from the U.S. Senate.

■ In 1915, the first Kiwanis Club was founded, in Detroit.

■ In 1924, Russian revolutionary Vladimir Ilyich Lenin died at age 54.

■ In 1942, Count Basie and His Orchestra recorded "One O'Clock Jump" in New York for Okeh Records.

also reconstruct suck with further says the strong on field

■ In 1950, George Orwell,

author of "1984," died in London.

In 1976, the supersonic Concorde jet was put into service by Britain and France.

In 1977, President Carter pardoned almost all Vietnam War draft evaders.

In 1979, the Pittsburgh Steelers became the first team to win three Super Bowls as they defeated the Dallas Cowboys 35-31 in Super Bowl 13.

In 1997, Speaker Newt

(See HISTORY, page seven)



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In contrast, the company proposes to increase the price in April for basic services in aintsville by only 14 cents; resulting in a monthly service fee of \$15.09, according to a letter dated Jan. 2 to Paintsville Mayor Doug Pugh from Charter Communications.

"It's not fair and I'd really like to see it justified," said

Charter either, but with a raise of only 14 cents, what can you say?

Expressing their disapproval of the company during their last meeting, Prestonsburg council members voted to seek bids from other companies or allow other companies to assist the city in creating its own cable service following the address of concern by Branham, whose concern increased when he learned of the differences in rate for

Communication customers who receive the same services in Prestonsburg and Paintsville.

"It just shows the unfair and unequal treatment that they give citizens of Prestonsburg,' Branham said Friday.

But that is not a quality that Charter Communications wants to portray to its customers, according to Kelemen, who pointed out during the interview that the company is currently looking into the possibility of readjusting the rate hikes Charter already stipulated in the letters.

Kelemen said that the differences in price for services rendered Communications Prestonsburg and Paintsville

customers - who are currently charged equal rates of \$14.95 for basic service - can be attributed to the fact that each area was previously serviced by two separate companies with different lineups.

Charter Communications purchased the company in 1999.

"With the completion of a system upgrade, digital and modem services last year, there are no longer two cable systems in Prestonsburg and Paintsville," said Kelemen. "Now they're exactly the same with the same services and lineup. We'd like to see the maximum permitted rates for both areas to be equal."

Keleman said that the company will be analyzing rate structures for both areas in order to come up with an equal amount to charge both cities.

Rate increases, generated by

an FCC cost formula, are the result of certain external costs which include programming, channel changes and copyright, as well as other factors like inflation.

"I want to apologize to the town for making the mistake and we'll try to get that rectified," said Kelemen.

Kelemen said he could not yet be specific about what customers can expect to see on their

bills come April or May. That information, he said, will be available after analyzing rate structures now in place in both

■ Continued from p1

Kelemen said he would send letters of apology to both Prestonsburg Mayor Jerry Fannin and Paintsville Mayor Doug Pugh that would supply more information regarding the upcoming rate increases.

#### Gun Locks

■ Continued from p1

ensure that gunlocks, designed to provide an effective barrier against young children accessing a firearm in their home, are given to any interested individual in Floyd County.

Project ChildSafe, an expansion of Project HomeSafe, which distributed 2.4 million safety kits to 44 states in 2002, is funded by a \$50 million grant from the Department of Justice.

The program intends to dis-

Check Out These Discounts At Our US 23 Lot!

tribute 20 million free gunlocks and firearms safety educational materials this year to families across the United States.

According to Larry Biggins. representative and driver for Project ChildSafe, six of the program's 15 available delivery trucks are currently in Kentucky. working their way north to south to each police department show-

(See GUN LOCKS, page eight)

#### Jail

occurrence" claim, considering a large portion of the bills due can be attributed to one inmate diagnosed during his stay with a terminal illness, resulting in an extended hospital stay. Bills from this individual alone account for \$66,942.69 of what is owed, and constitute exactly half of the 10 visits included on the collection notification.

Under such a claim, the state would pay the amount of the bill exceeding the \$2,000 deductible the county is contractually responsible to pay.

Of the 10 separate visits listed in Willis' letter, seven of the wills exceed the deductible. Three of those, charged to the terminally ill inmate, can be lumped into one deductible payment for that individual.

In his payment for claims included during Friday's fiscal court meeting, Webb listed a \$2,000 deductible payment for the terminally ill inmate with a total bill of more than \$66,000, another \$2,000 deductible payment for a second inmate with a bill of \$4,614.51 and a third payment of \$349.46, for a total payment of \$4,349.46 asked from the county.

But Willis requested both during Friday's meeting and in his Jan. 12 letter to Webb for a payment of over \$15,000, a figure that included a \$2,000 deductible payment for each of the terminally ill inmate's five hospital visits.

Webb argued in a letter written Monday and forwarded to county officials Tuesday that the terminally ill prisoner's five visits should be considered as one bill and, as a result, require the county to pay only a single \$2,000 deductible, rather

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than five separate payments.

Additionally, Webb cited a state law in his letter Tuesday, saying that two of the inmates slated for payments were not the responsibility of the county at the time of their visits.

According to KRS 441.046, the "county liability for necessary medical care of an indigent person, who is hospitalized while a prisoner of the county jail, ceases when an individual's status as a prisoner ceases." Webb cited this statute in regard to two inmates he said were released from custody through court orders either shortly before or shortly after being admitted to the hospital.

The bills in regard to those two inmates total \$42,036.29 and should not not legally fall to the county, Webb said.

As for the bills sent to Frankfort for payment, Webb

says he spoke with Willis of the claims.

■ Continued from p1

"Mr. Don Willis was aware of the fact that I had sent these bills to the Department of Corrections for payment before Friday's court meeting," wrote Webb. "I respect Mr. Willis trying to do his job by trying to collect bills for HRMC, but it is also my responsibility to look our for the Floyd County jail and to properly oversee its budget."

Webb, who said the last time he filed a catastrophic occurrence claim was several years ago, said he wasn't sure how the state would take to approve the claim.

The past year has seen the jail faced with far more in medical bills than typical, according to Webb, who said the jail normally finishes the year with between \$35,000 and \$45,000 in medical bills.

#### Meade

Saturday's decision is reflective of all the supporters we have throughout the county," Meade wrote. "After much consideration and due to the importance of such a decision the committee had to make, I thought it inappropriate to be present while the precinct leaders voted. Aside from that, my family and I have also been rather sick with flulike symptoms this weekend."

The trio of representatives from each of the 39 precincts made up of one male, one female and one youth member elected every four years — finished with far less than a 100 percent turnout, according to state party

With 80,376 votes possible through the weighted vote option, the party saw only a little more half of the committee representatives appear for voting

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■ Continued from p1

Jennifer Hicks, the state were on hand to vote, while 57

ity of the votes cast Saturday, Meade, a local business owner, Gulf War veteran and former Otter Creek correctional officer, says his focus is now on Feb. 17 and beyond.

"Our goal is to win unanimously the February special election and to continue to focus on the May primary," Meade wrote in his statement. "There are many issues that will require strong leadership and, once elected, I will be looking at various ways to bring more jobs to our area and to expand our local

Meade says other issues that will be given attention if he takes the seat will be black lung benefits, education, improved road infrastructure, drugs and health care.

Meade was the first to officially seek the seat left vacant following Attorney General Greg Stumbo's victory in the statewide election, filing the morning following Stumbo's acceptance speech.

Floyd Republican Party named its candidate, local party leader Bobby Stumbo, during a ceremony last

The two will now face one tative, ending in November.

party's political director, said that 60 precinct representatives failed to show.

Coming away with the major-

economy,"

another during the Feb. 17 special election to see who will serve out the remainder of Stumbo's term as state represen-



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#### Worth Repeating ...

"It's common for men to give pretended Reasons instead of one real one."

-Benjamin Franklin

#### Our View

## **Drug enforcement** not part-time work

UNITE, Congressman Hal Rogers' latest program which aims to do to Eastern Kentucky's burgeoning drug trade what PRIDE has done to illegal dumping, has unveiled its latest weapon — a toll-free hotline to accept drug tips.

One problem: The hotline is only manned from 8:30 a.m. to 4:30 p.m., although callers at other times are instructed to leave a message so that investigators can respond to the information "as quickly as possible."

We're not trying to nitpick, but we're not aware of any drug pushers who keep banker's hours. And "as quickly as possible" is not very quick if someone leaves a tip Friday night, only for it to wait in voice mail until Monday morning, particularly when it comes to the vermin who sell our children their poison.

We understand that UNITE is an ambitious program with limited funding, and we can certainly understand the problems faced when trying to live within budget constraints. We certainly are not accusing UNITE of being lackadaisical with its mission.

However, we think it imperative that investigators have the ability to respond to tips of illegal drug activity immediately, and for that reason, UNITE's administrators need to seek additional funding or partnerships to make the hotline a 24-hour operation.

Perhaps the answer could be as simple as having the calls rollover to a nearby state police post or sheriff's office. Or maybe additional staffing could be made available through people or money provided by Attorney General Greg Stumbo or Lt. Gov. Steve Pence, both of whom have pledged to do what they can to fight the drug trade.

There could be other answers, and we're certainly not pushing for one over the other. But voice mail is not the answer anyone should settle for.

— The Floyd County Times



Published Sunday, Wednesday and Friday each week

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USPS 202-700 Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky, under the act of March 3, 1879. Periodicals postage paid at Prestonsburg, Ky.

> SUBSCRIPTION RATES PER YEAR: In Floyd County: \$53.00 Outside Floyd County: \$63.00

Postmaster: Send change of address to: The Floyd County Times P.O. Box 390 Prestonsburg, Kentucky 41653

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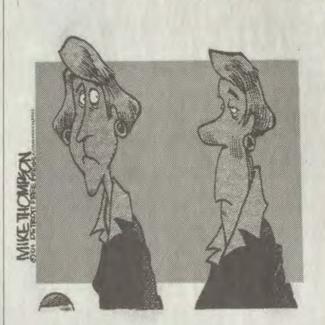
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## Annexation: The Old Allen, as it is commonly referred to has little to offer the 800 to 900 resipro and the con

There are very few other ways to consider annexation but through strict comparison of positives and negatives

But, then, trimmed to its main components, there exists only one pro and one con, really.

The city of Allen's recent stab at trying to bring New Allen into the fold is a common maneuver undertaken by any city hoping to broaden its boundaries. This is what cities must do, grow.

New Allen's refusal to join the city three times in a row, the most recent being nearly a quarter of a century ago, is also typical of residents. People don't want to pay more taxes.

Both arguments are perfectly valid and this is what lends such passion to

So, annexation is a simple concept,

but difficult to sell.

to, has little to offer the 800 to 900 residents and various businesses that would be affected by such a move. They can't take the route of Pikeville and offer utilities because their services are provided by the nearby city of Prestonsburg.

As Allen city attorney Stacy Marshall told that city's council, it ultimately comes down to what a city has to offer a particular area.

But even a good offer is sometimes not enough.

Prestonsburg is still at odds with the residents of Big Branch, and has always wanted to see Highlands Regional

Medical Center brought into the fold. A city understands that such property is far more lucrative than, say, 40 acres of brush- and forest-ridden hillside.

SHELDONCOMPTON

It requires little imagination to realize

why Pikeville would like to see Coal Run brought into the city. With a newly finished six-lane highway and more businesses than you can shake a stick at,

> Coal Run is very often considered by visitors to be part of the city already. But Pikeville officials know all too well that this is not Sometimes mountain folks

> > just don't want to be city folks. As of today, Old Allen has approximately 350 residents and is overlooked by many county residents as even qualifying definitively as a city, much like the oncegreat city of Wheelwright, as well as Wayland and a dozen other small cities

across the region. Adding nearly 1,000 more residents and businesses such as the Dollar General store and a Quick Mart just off U.S. 23 would do more than just "unite" the old with

(See STICKS, page six)

#### Five improvements

It would be interesting if, in the coming year, some of the following would happen:

1. Regarding the politicians who recognized they were underpaid and solved the problem by passing a law which said their salaries would be raised each year by the same amount the cost of living increased: Wouldn't it be nice if they showed the same compassion for those living on minimum wage of \$5.15 an hour, which has not been increased in over 10 years?

Because of the budget crisis at all levels of government, wouldn't it be nice if all elected officials agreed to work for one year at the minimum wage of \$5.15 an hour and bypass their paid hospitalization insurance, retirement and other fringes paid in part by those minimum-wage earners?

2. The politicians decided that everyone had an inherent right to a job. To do this, they pooled all the money used for various programs and said, "We are going to make a job available to you. If

you are able to work, you will work. If, for physical reasons, you are unable to work, your government will take care of you. If you are able to work but won't, then you are on your own."

3. The legal profession had exhausted all of their hot coffee lawsuits and began suing each other. This could really improve our justice system if the attorneys realized that a true system of justice applied equally to all. This could possibly lead to our court system becoming interested in "justice", not the games now played inside (and outside) the courtroom.

4. The people who vote take a hard look at the candidates they vote for. They look at what candidates have done, as opposed to what they say. After a candidate has been elected, the voters would compare what the candidate promised to what he or she actually

5. The people begin to recognize that a lie is a lie and a liar is a liar. No more putting fancy labels on people who twist the truth. Simply call a lie a lie and the person who utters a lie not a diplomat but a liar.

If these five things happened, the world would be a better place. Lawton Ray Allen Minnie

#### Stumbo thanks paper, people

Thank you for last week's insightful articles regarding my goals as Kentucky's attorney general. Your understanding of the issues, particularly my desire to fight the drug problem facing the state, is refreshing and shows that my hometown paper is paying attention to the facts.

I also want to thank the citizens of Prestonsburg. Your heartfelt support throughout the campaign and during these first days in office has been tremendous. I thank you from the bottom of my heart and promise to work hard and serve you well as your attorney general.

Greg Stumbo Frankfort

## **Letter Guidelines**

Letters to the Editor are welcomed by The Floyd County

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

# Health Extra

## \* House panel OKs bill curbing school sales of sugary food

by BRUCE SCHREINER ASSOCIATED PRESS

FRANKFORT — A bill that attempts to fight child obesity by cutting out the temptation to

may sogary or fatty snacks from school vending machines was approved by a Home committee Thursday.

support from a pequatrician and a dietitian, would ban the sale of candy and potato chips during school hours.

Dr. Tom Young, an associate professor of pediatrics at the University of Kentucky, bemoaned higher obesity rates among children. Obesity can lead to a higher risk of heart disease and diabetes, he said.

"These health problems are costly in human lives, in quality of life and health care costs," he told the Health and Welfare

The bill, apontored by Rep. Tom Burch, D-Louisville, cleared the panel with no disuned on the oni.

Carolyn Dennis, chairwoman of the state Task Force on Child Nutrition and Fitness, said weight control is "very difficult in the culture that we live in surrounded by so much food."

The bill would ban schools

obesity statistics to make their from selling foods containing

Allowable shacks would include

the end of instruction.

Even with the restrictions, otherots would have plenty of options for stocking vending

"more than 40 percent added

sugar by weight" or more than 6

grams of fat per serving. The

ban would be in effect during a

school day, defined as the time

when the first student arrives to

crackers, baked chips, pretzels, cereal bars, fruits and nuts. The snack-food limits also

would apply to school stores and canteens. Teachers would not be covered by the restrictions. Proponents cited childhood

case in limiting snack foods. Dennis said one survey

showed that one-third of all

Kentucky high school students are overweight or at risk of becoming obese.

That same survey showed that nearly one-third of the students ate vending machine

snacks for functs at least once a

In Fayette County, 41 percent of mich-graders are overweight nearm promotion coordinator for the Lexington-Fayette

County Health Department. Dennis also cited Fayette County as an example that stocking vending machines with healthier foods won't automatically trim sales. School vending machine sales are up in the county, even though they have

(See FOOD, page six)

## **Attorney General** investigating store that sells Canadian

prescription drugs

The Associated Press

LOUISVILLE — The state attorney general's office is investigating a Louisville business that sells low-priced prescription drugs from Canada.

The probe was prompted by a Dec. 12 letter from the state Board of Pharmacy. It asked for an investigation of U.S. Canadian Drug Connection for what the letter called "illegal importation" of Canadian drugs.

Vicki Glass, director of communications for Attorney General Greg Stumbo, said the office's special investigations unit is conducting the inquiry. She declined to give details of the pending investigation.

Canadian Drug U.S. Kentucky that has come to the attention of the pharmacy board, said interim director Jeff

Larry Brodt, co-owner of the business, said this week he wasn't aware of the attorney general's probe. He said a pharmacy board investigator visited the business last fall.

The business "hasn't really taken off," Brodt said.

It cut back to four hours a day, and then to three days a week during the holidays and January. Brodt said people may be staying away because of confusion over whether buying drugs from Canada is legal and pharmaceutical companies' insistence that imported drugs aren't safe.

An estimated 1 million or Connection is the only more Americans bought about Canadian-drug outlet in \$1 billion in drugs from Canada last year.

#### Odds

Karanastasis asked. "I was looking at her, playing with her, but I couldn't have her. How could they tell me, 'You don't own this

Karanastasis and her friend begged the new owner to return the dog. But the woman said it was a present for her daughter's birthday and declined their offer to buy her another golden

■ LOS ANGELES — An 80-pound chimpanzee dubbed an "escape artist" has done it

The 15-year-old chimp named Gracie busted out of her enclosure at the Los Angeles Zoo on Monday and forced the evacuation of about 9,000 visi-

The primate, who had escaped four times before, was tranquilized and returned to captivity after 45 minutes, the zoo

said. Zoo Director John Lewis said Gracie is well known as a breakout specialist since she arrived

"Each time we've made corrections based on her abilities. and she's found another way,'

■ Continued from p2 Lewis said.

Gracie slipped out of her exhibit at 3:30 p.m. into the zoo crowded with visitors for the Rev. Martin Luther King Jr. hol-

The chimp didn't stray far from her enclosure, however, and zoo staff surrounded her and moved her to another part of the

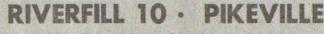
Visitors were ordered to evacuate while Gracie was on the loose, but Lewis said no one was harmed.

Gracie is currently being held in an enclosure with tighter security until designers can ensure she won't escape again, Lewis said.



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Cinema Five CHASING LIBERTY

TEACHER'S PET

Cinema Ten \* PG-13

LORD OF THE Fri. (4:00), 7:45

TAD HAMILTON

Mon.-Sun. 7:15-9:25;

Frl. (4:25), 7:15-9:25; Sat.-Sun.

(2:15-4:25), 7:15-9:25

ALONG CAME

Fri. (4:25), 7:15-9:25;

THE BUTTERFLY

Mon.-Sun. 7:00-9:20;

Fri. (4:20), 7:00-9:20;

(2:00-4:20), 7:00-9:20

CHEAPER BY

THE DOZEN

Mon.-Sun. 7:10, 9:30

Fri. (4:30), 7:10, 9:30;

Sat.-Sun.

(2:10-4:30), 7:10, 9:30

Cinema Nine \* PG

## At Mud Creek Clinic, We Love Babies!



Dr. Zia Uddin

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#### Sticks

the new in the city of Allen. As officials have said, it would make the city a lot of money and open them up for bigger and better grants.

But again, we can hardly blame a city for wanting to improve.

People just aren't ready to pay more taxes for the promise of a couple more police cars on the streets, or even for new utilities. These folks can't understand why they can't get something regardless, and we can't either.

Most of the people opposed to annexation say they already

shop and work in the respective city seeking to ensnare them. They buy goods, work late hours, have lunch . . . in short, spend money and time there. Some feel they should already be getting something in return.

■ Continued from p4

If a city hopes to grow, it must be willing to give up more than it is gaining in the beginning, with the understanding that the long-term effects will bring benefits. If city officials can't offer this on the first try, there shouldn't be a second, third or fourth attempt until they can.

#### Food

been restocked mainly with

healthy snacks, she said. "Most of us will buy what's available," she said.

Proponents said limiting school snacks alone wouldn't win the battle against child obesity, but it could help change eating habits.

"The purpose of this bill ... is to use our education system to at least show the children that there are healthier alternatives," said Rep. Tim Feeley, R-Crestwood, a leading sup-

FLOYD COUNTY CATHOLICS WELCOME YOU ST. MARTHA CHURCH Water Gap

Masses: 5 p.m., Sat.; 11:15 a.m. Sunday

Pastor: Rev. Bob Damron Phone 874-9526

porter.

Under the bill, the state education commissioner would penalize schools that sell sugary or fatty snacks during regular school hours.

a fine equaling at least one week's revenue from vending machine sales. Fines would escalate to six months' worth of vending sales for "habitual violations." The fines would be vice fund.

Feeley has introduced a been heard in committee.

His bill would ban softdrink sales at elementary schools during the school day. In middle and high schools, vending machines would have to be stocked mostly with

separated from the junk-food measure because it has drawn

# Obituary

#### Tiffany Ann Hall

Tiffany Ann Hall, 18, of Robinson Creek, died Saturday, January 17, 2004, following an automobile accident in Pike County.

Born July 26, 1985, in Pike County, she was the daughter of Arlene Young Hall Rowe of Virgie, and the late Everett T. Hall. She was a former student of Shelby Valley High School.

Survivors, in addition to her mother, include her maternal grandmother, Osie Young of Robinson Creek; sisters: Sabrina Hall Miller of Wheelwright, and Bethany Hall of Kentucky; nephew, Seth Miller of Wheelwright; and many uncles, aunts, and cousins.

Funeral services will be conducted Wednesday, January 21, at 1 p.m., at the Wheelwright Freewill Baptist Church, at Bypro, with Rev. Louis Ferrari officiating.

Burial will be in the Honeycamp Cemetery, at Bevinsville, under the direction of Nelson-Frazier Funeral Home, at Martin.

Visitation is at the church.

(Paid obituary)

#### Minnie Miller Warrix

Minnie Miller Warrix, 79, of Water Gap, wife of the late Curtis Warrix, passed away, Friday, January 16, 2004, at Highlands Regional Medical Center, Prestonsburg.

Born May 26, 1924, at her grandmother's home at Spurlock, she was the daughter of the late Ted and Rebecca Wireman Miller of Prestonsburg.

She was a door greeter at Wal-Mart in Prestonsburg. She gave her heart to the Lord, at the early age of 13. She was a member of the Trimble Chapel Free Will Baptist Church, at Water Gap.

She was preceded in death by three sisters, Katie Macell Miller, Carmie Avonell Miller, and Madie Miller.

Survivors include three sons and two daughters: James Warrix of Water Gap, Donald Warrix of Nicholasville, Ronnie Warrix of Prestonsburg, Nancy Warrix Davis of David, and Rebecca Lerman of Syracuse, New York; nine grandchildren: Dewana Duke, Kristol Warrix, Trisha Warrix, Tiffany Warrix, Rachel Davis, Michael Warrix, Patrick Davis, Tyler Lerman and Alexis Lerman, and a stepgrandson, Tyler Gayheart; a special friend, Jordon Ray; three brothers and two sisters: Norman Miller, Lewis Jackson Miller, Wilson Miller, Ida Belle Meadows, and Beverly Hackworth.

Funeral services were conducted Tuesday, January 20, at 1 p.m., with Clinton (Buddy) Jones and Mark Walz officiating.

Burial was at the Davidson Memorial Gardens, at Ivel, under direction of Hall Funeral Home, Martin.

Active pallbearers: Michael Warrix, Patrick Davis, Tyler Lerman, Wes Duke, Tyler Gayheart, Joe Campbell, Hunter Martin, Jason Yeager, Mickey Black, and Daniel Miller.

Honorary pallbearers: Ishmael (Buddy) Hackworth, Floyd Davis, Stephen Lerman, Lewis Jackson Miller, Wilson Miller, Norman Miller (Minnie's twin brother), Lewis Washington Miller and David Miller.

Minnie was very much loved and respected, and will be greatly missed. (Paid obituary) Teresa H. Taylor

Teresa H. Taylor, age 50, of Dana, wife of Joe David Taylor, passed away, Friday, January 16, 2004, at her residence.

She was born August 14, 1953, in Pike County, the daughter of Edgar Hall and Vestline Adkins Hall, of Harold. She was a homemaker.

In addition to her parents, she is survived by her husband, Joe David; one son, Joe Dustin Taylor of Dana; three sisters: Deborah H. King of Harold, Gia H. Potter of Fredericksburg, Virginia, and Jackie H. Hendrix of Mill Springs, North Carolina.

Funeral services for Teresa H. Taylor will be conducted Wednesday, January 21, at 11 a.m., at the Boldman Freewill Baptist Church, at Harold, with Belmont Johnson and Barry G. Clark officiating.

Burial will follow in the Boyd Family Cemetery, at Dana, under the professional care of the Hall Funeral Home, Martin. Visitation is at the church.

(Paid obituary)

#### Glenn Wallen

Glenn Wallen, 69, of Prestonsburg, passed away, Friday, January 16, 2004, at Ohio State University Hospital, Columbus, Ohio, following an extended illness.

He was born August 21, 1934, at Wheelwright, a son of the late Willard and Ruth Thompson Wallen. He was a truck driver and was employed by Cordin Motor Frieght in Illinois. He was a member of the Cook County, Illinois, Sheriff's Department and I.B.O.T. Local Union No. 703, Chicago, Illinois. He served his country in the U.S. Air Force.

He is survived by five sons: Mike Basso, James Basso, Thomas Basso, and Todd Wallen, all of Illinois, and William Wallen of Indiana.

Services will be held Wednesday, January 21, at the Burke Funeral Home Chapel, Prestonsburg, with Pastor Kenneth Ray Daniels officiat-

Burial will follow in the Mayo Cemetery, Prestonsburg, under the direction of Burke Funeral

Visitation is at the funeral (Paid obituary)

#### Mildred "Midge" Halbert

Mildred "Midge" Halbert, age 69, of Langley, wife of the late Donahue Halbert, passed away, Friday, January 16, 2004, in Our Lady of the Way Hospital,

She was born August 30, 1934, in Langley, the daughter of the late C. C. "Lum" Reffitt and Maggie Robinson Reffitt. She was a retired self-employed merchant, a lifetime member of Garrett Chapter of the Disabled American Veterans, Chapter 128, Ladies Auxiliary, and a Kentucky Colonel.

Survivors include two brothers: Claude Reffitt of Hillsboro, Robert Reffitt and Manhatton, Kansas; three sisters: Christine Shadley of Alger, Ohio, Harriett Ann Schumarker and Wilma May, both of Louisville; and her loving cat, Bubber Halbert.

In addition to her husband, and parents, Midge was preceded in death by one brother, Beverage Reffitt.

Funeral services for Mildred "Midge" Halbert were conducted Sunday, January 18, at 12:30 p.m., in the Hall Funeral Home Chapel, Martin, with Philip Bartley officiating.

Burial followed in the P.D. Allen Cemetery, at Langley, with the Hall Funeral Home, caring for those arrangements.

Pallbearers: Bobby Reffitt, Matt Vanover, Justin Carrol, Freddie Shepherd, Chris Bailey, Nathan Reffitt, Beckham Reffitt and Tony Salisbury. (Paid obituary)

#### Minnie Shepherd Johnson

Minnie Shepherd Johnson, age 80, of Auxier, wife of the late Homer Johnson, passed away, Saturday, January 17, 2004, at her residence.

She was born June 29, 1923, in Magoffin County, the daughter of the late Willie Shepherd and Martha Howard Shepherd. She was a member of the Liberty Baptist Church, in Denver, and a homemaker.

Survivors include four sisters: Ruby Gayheart and Effie Crager, both of Prestonsburg, and Sally Salisbury and Marie Conley, both of Hueysville; and many nieces and nephews.

Funeral services for Minnie Shepherd Johnson were conducted Tuesday, January 20, at 11 a.m., at the Hall Funeral Home, at Martin, with Sterlin Bolen and Merle Little officiating.

Burial followed in the Shepherd Cemetery, at Gunlock, under the professional care of the Hall Funeral Home, Martin.

Visitation was at the funeral

Pallbearers: Homer Salisbury, John Salisbury, Haskel Salisbury, Pete Wallace, David E. Smith and Cletis Crager.

(Paid obituary)

#### Ernest P. "Bud" Dingus

Ernest P. "Bud" Dingus, 73, of Riverview, Michigan, died Wednesday, January 14, 2004.

He was the loving husband of Justine for 49 years; dearest father of Clete (Kim), Ty (Michael) Kross, and Carla (Mark) Albrant; dear brother of Faye Maynard; and the proud grandfather of Derek, Leah, Rachael, Chelsea, Carrie, Crystal, Cameron and Nicole.

Funeral services were conducted Saturday, January 17, at the R.J. Nixon Funeral Home, Wyandotte, Michigan.

#### Fred Conn

Fred Conn, 92, of Printer, died Friday, January 16, 2004, at the McDowell Appalachian Regional

Born May 7, 1911, in Floyd County, he was the son of the late Maryland and Mary Branham Conn. He was a retired coal miner.

He was preceded in death by his wife, Elsie Mae Conn.

Survivors include four sons: Dale Conn and Freddie Conn, both of Printer, Eddie Conn of Drift, and Virgil Ray Conn of McDowell; a daughter, Janice Spurlock; two brothers: Maryland Junior Conn, and Virgil Conn, both of Allen; five sisters: Alberta Blackburn of Drift, Polly Conn, Myrtle Hall and Artie Rose, all of Printer, and Susie Rickman of Michigan; 11 grandchildren and 10 great-grandchildren.

In addition to his parents and wife, he was preceded in death by a son, Terry Lee Conn; two brothers: Arthur Conn and Ike Conn; a sister, Margie Greer, and two grandchildren. Funeral services were conduct-

ed Monday, January 19, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Denver Meade officiating.

Burial was in the Halbert Cemetery, at Printer, under the direction of Nelson-Frazier Funeral Home.

Visitation was at the funeral home. (Paid obituary)

#### Ettie Johnson Fouts

Ettie Johnson Fouts, age 92, of Kite, wife of the late Frank Fouts, passed away, Friday, January 16, 2004, in the Letcher Manor Nursing Home, Whitesburg.

She was born January 10, 1913, in Pike County, the daughter of the late Smith Johnson and Roseline Johnson. She was a member of the Rebecca Regular Baptist Church, at Kite, and a home-

Survivors include one son, Drax Fouts of Kite; two daughters: Birdie Holbrook of Paris, and Berlin Fouts of Sterling Heights, Michigan; two brothers: Sol Johnson and Coolidge Johnson, both of Pike County; one sister, Dossie Johnson of Melvin; and four grandchil-

In addition to her husband and parents, she was preceded in death by one grandchild.

Funeral services for Ettie Johnson Fouts were conducted Monday, January 19, at 2 p.m., at the Rebecca Regular Baptist Church, at Kite, with Regular Baptist ministers officiating.

Burial followed in the Ben Hall Cemetery, Arnold Fork, at Kite, under the professional care of the Hall Funeral Home, Martin.

Visitation was at the church. Pallbearers: Ken Holbrook, Mike Nacco, Darrell Isaac, Jessie Isaac, David Isaac, and Homer Isaac.

(Paid obituary)

#### Sarah Jane Hughes Wilcox

Sarah Jane Hughes Wilcox, 84, of Prestonsburg, died Monday, January 19, 2004, at the Prestonsburg Health Care Center.

Born May 26, 1919, at Bonanza, she was the daughter of the late Millard Franklin Hughes and Josie Wright Hughes. She

was a seamstress. She was thrice married; first to Herbert Frasure, who preceded her in death in 1940; then to Bennie Banks, who preceded her in death. November 22, 1972; and later to Bruce Wilcox who preceded her in death on April 11, 2000. She was a member of the United Baptist Church.

Survivors include daughter, Herbie J. Wells (Bobby) of Prestonsburg; one sister, Dosha LeMaster of Paintsville; one brother, H. P. Hughes of Prestonsburg; and two grandchildren: Rebecca Wells (Michael Nash) and Scott Wells (Beth); two greatgrandchildren, Joy Wheeler and Brandy Wells; one greatgreat-grandson, Logan Wheeler.

She was preceded in death by one grandson: Bobby Willard Wells Jr.

Funeral services will be conducted Thursday, January 22, at 11 a.m., at the Carter Funeral Home Chapel, Prestonsburg, with Elder John Pelphrey officiating.

Interment will be at Davidson Memorial Gardens, at Ivel.

Carter Funeral Home is serving the Wilcox family.

Visitation is 4 p.m., until 9 p.m., Wednesday, at the funeral home.

(Paid obituary)

## American Heart Association. Fighting Heart Disease and Stroke ealthf Foods

# Card of Thanks

The family of Imogene Hall Cole would like to extend our heartfelt appreciation to all those who helped in any way during the loss of our loved one. We thank you for the flowers, food, and any kindness that you may have shown to our family. A special thanks to the Regular Baptist ministers for their comforting words, the Sheriff's Department, for their assistance in traffic control, and to the Hall Funeral Home for their kind and professional service.

THE FAMILY OF IMOGENE HALL COLE

## E Continued from p5

A first violation would carry placed in the district's food ser-

companion bill that would restrict soft-drink sales at schools. The bill hasn't yet

water, juice or milk.

Feeley said his proposal was

1 st ASSEMBLY OF GOD Martin, Kentucky

Sunday School......10 a.m.

Morning Worship .....11 a.m. Evening Worship ......6 p.m. Wed. Family Night-Royal Rangers & Missionettes .....7:00 p.m.

Lorie Vannucci, Minister

285-3051

Card of Thanks The family of Harry Millard Mace Jr., would like to acknowledge with heartfelt appreciation all those who helped in any way during the recent loss of our loved one. Thanks so much for the food and the flowers, and for the acts of kindness that each one has shown our family. We especially want to thank Clergymen Manford Fannin and Youl Altizer for their comforting words, the Sheriff's Department for the assistance in traffic control, and the Hall

Funeral Home for providing dignified and courteous service. THE FAMILY OF HARRY MILLARD MACE JR.



The family of Bernice Hansford would like to extend our heartfelt appreciation to all those who helped in any way during the loss of our loved one. We appreciate all the flowers, prayers, and all the kindness that you may have shown to our family. A special thanks to Clergymen Buddy Jones, Red Morris, and Sterlin Bolen, for their comforting words, the Sheriff's Department for their assistance in traffic control, and the Hall Funeral Home of Martin, Ky., for their kind, professional, and

courteous service. THE FAMILY OF BERNICE HANSFORD



The family of Wilma Jean Adkins would like to extend their appreciation to all those friends, neighbors, and loved ones, who helped to comfort them during their time of sorrow. Thanks to all those who sent flowers, or just spoke kind words. All your acts of kindness will never be forgotten. We would like to send a special thank-you to Clergyman Earl Waugh for his comforting words, the Sheriff's Department for their assistance in traffic control, and the Hall Funeral Home for their efficient ser-

THE FAMILY OF WILMA JEAN ADKINS

Become a Kentucky organ & tissue donor. For information contact: 1-800-525-3456, or www.trustforlife.org

# Community Calendar

#### CALENDAR ITEMS WILL BE PRINTED AS SPACE PERMITS

Editor's note: To announce your community event, you may hand-deliver your item to The Floyd County Times office, located at 263 S. Central Avenue, Prestonsburg; or mail to: The Floyd County Times. P.O. Box 390, Prestonsburg, KY 41653; or fax to 606-886-3603; or email to: features@floydcountytimes.com. Information will not be taken over the telephone. All items will be placed on a first-come, first-serve basis as space permits.

#### PUBLIC MEETING

The Auxier Volunteer Fire Department will hold a public meeting concerning the lease purchase of a new Fire Apparatus. This meeting will be held at the Auxier Volunteer Fire Department, on January 30, 2004, at 6 p.m.

#### D.A.V. MEMORIAL FLAG

Betsy Layne Chapter 169 of the Disabled American Veterans is accepting donations to erect a memorial flag at Davidson Memorial Gardens at Ivel. The flag will be dedicated to honor all deceased veterans. Donations may be tax deductible. For more from 6-8 p.m. Anyone interested Musical' on Jan. 30 and 31, at held in February - date TBA. information, call Larry Roberts, commander, at 478-9810, or 478-5066; or Shular Hurd at 478-9810 or 478-5631.

#### SEPTIC INSTALLER CLASSES

Big Sandy Community and Technical College, Mayo Campus, will offer re-certification classes for septic installers. Classes conducted by a rep. of Environmental Technology, to be held in January, February and March only. For information, or to register, call Harold Burton at 789-5321, ext. 4225.

#### HRMC "LIVING WELL WITH DIABETES" SUP-PORT GROUP

"Get back on track"-review diabetes basics for the New

January 29-Floyd Room 5-6 p.m. Classes free of charge. For more information, contact: Food & Nutrition Services, at 886-8511, ext. 7353.

#### 4-H FAMILY PHOTOGRA-PHY WORKSHOP

The 4-H Photography Workshop will be held on Thursday, January 29, at the Floyd County Extension Office

#### History ■ Continued from p2

Gingrich was reprimanded and killing one and wounding anothfined as the House voted for first time in history to discipline its leader for ethical misconduct.

#### Ten years ago:

A jury in Manassas, Va., found Lorena Bobbitt innocent by reason of temporary insanity of maliciously wounding her husband, John, whom she had accused of sexually assaulting

#### Five years ago:

Former Arkansas Sen. Dale Bumpers told the Senate impeachment trial of Bill Clinton the president was guilty of a "terrible moral lapse" but not of conduct warranting or even permitting his removal from office. Raul Salinas de Gortari, the brother of a former Mexican president, was convicted of masterminding the murder of rival Jose Francisco Ruiz Massieu.

#### One year ago:

Census Bureau announced that Hispanics had surpassed blacks as America's largest minority group. A powerful earthquake shook west-central Mexico, killing 28 people and leaving 10,000 homeless. A gunman ambushed two U.S. defense workers in Kuwait, English poet (1802-1838).

er. Colombian rebels kidnapped an American photographer and a British reporter, the first time foreign journalists were abducted in Colombia's four-decadelong civil war. (Scott Dalton and

Ruth Morris were freed after 11

#### Today's Birthdays:

Actor Paul Scofield is 82. Actress Ann Wedgeworth is 69. Blues singer-musician Snooks Eaglin is 68. Golfer Jack Nicklaus is 64. Opera singer Placido Domingo is 63. Singer Richie Havens is 63. Singer Mac Davis is 62. Actress Jill Eikenberry is 57. Singer-songwriter Billy Ocean is 54. Actor Robby Benson is 48. Actress Geena Davis is 47. Basketball player Hakeem Olajuwon is 41. Actress Charlotte Ross is 36. Actor John Ducey is 35. Actress Karina Lombard is 35. Rapper Levirt (B-Rock and the Bizz) is 34. Rock DJ Chris Kilmore (Incubus) is 31. Singer Emma Bunton (Spice Girls) is 28. Rhythm and blues singer Nokio (Dru Hill) is 25. Actress Izabella Miko is 23.

#### Thought for Today:

"Few, save the poor, feel for the poor." - Letitia Landon, in photography is invited to attend. If you are under the age of 18, we ask that a parent/guardian accompany you. There is no fee for these workshops. Call 886-2668 to

#### CHURCH CLOTHING **GIVE-AWAY**

The Town Branch Church will give away good used clothing (mostly adult sizes), on Friday's, from 10 a.m. to 12 p.m. All are welcome to partic-

#### JWT CASTING CALL

The Jenny Wiley Theatre will hold auditions for the production, "Honk! The Ugly Duckling

**KSP** launches

FRANKFORT — Kentucky

State Police is partnering with

several law enforcement-related

groups and private sector com-

panies in promoting a new ini-

tiative that will provide

Kentuckians with the skills to

help make their communities

safer from crime and terrorism.

Safer Community," the initia-

tive is funded by the U.S.

Department of Justice Office of

Community-Oriented Policing

Services. Participating organi-

zations include the Regional

Community Policing Institute at

Eastern Kentucky University,

the Kentucky Crime Prevention

Coalition, the Kentucky Office

for Security Coordination-

Homeland Security, Kentucky

Utilities, Louisville, Gas &

Internet-based crime prevention

the need for strengthening and

securing our local communities

has become even more critical,"

says Lt. Col. Rodney Brewer

acting deputy commissioner and

director of police services for

KSP. "In his 2002 State of the

Union address, President Bush

challenged all Americans to

become involved in local home-

land security efforts. Yet many

of Kentucky's citizens are

uncertain about exactly how

they can contribute to these

efforts on a daily basis.

'Partnerships For A Safer

Community' will provide guid-

ance for practical activities in

which citizens can become

involved."

"In the aftermath of Sept. 11,

CitizenObserver.com,

and

Entitled "Partnerships For A

initiative to combat

the Mountain Arts Center.

#### AGRICULTURAL COST SHARE PROGRAM

The Floyd County Conservation District is taking applications for the 2004-2005 County Cost Share Program. If you have an agricultural or environmental problem that you are need of assistance with, contact the District's office at 889-9800, email conserve@mikrotec.com.

#### 4-H NEWS

Anyone interested in becoming a member of the 4-H Shooting Sports Team, contact the office to be placed on mailing list. First meeting will be

#### FREE BODY RECALL CLASSES

Free Body Recall Exercise Classes will be held Monday, Wednesday, and Friday, at 9:30, at the Presbyterian Church in Prestonsburg. Classes are held Monday, Wednesday, and Thursday, at 11 a.m. at the old R & S Building. Classes are offered by the Floyd County Health Department. Call the health department, 886-2788, for more information.

#### **EARN WHILE YOU** LEARN'

The Big Sandy Area C.A.P. office is taking applications for its "Senior Training Program." You must be 55 or older to apply. In Floyd, call 886-2929; Johnson, call 789-6515; Magoffin, call 349-2217; Pike, call 432-2775; and in Lawrence, call 638-4067.

#### "LOOKING FOR A SUPPORT GROUP?"

■ Alzheimer's Association

Care-giver Support Group Meets on the second Tuesday of each month at the First Presbyterian Church (near Jerry's Restaurant), at 7 p.m. For more info., call Dana Caudill at 886-0265.

Alzheimer's Association, East-ern KY Regional Office -24-hour Helpline, call 1-800-

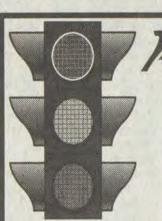
(See CALENDAR, page eight)



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out the country," reports Sgt. Phil Crumpton, acting commander of KSP's Community Relations Branch. "Our goal is to revitalize and enhance this concept with terrorism awareness training and to increase the number of active Neighborhood

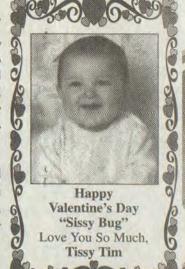
At the heart of the effort is

(See CRIME, page eight)

## Valentine's Day is almost here. Show your "Special Valentine" how much you love them. Your spouse, significant other, child, grandchild, niece or nephew. Your special loved one will be placed in a heart-shaped frame. Include the name of your

loved one, who it is from, and your

Your special display of affection will appear in our Friday, Feb. 13th Edition of The Floyd County times. (no more than two children per photo, please)



2500000 **EXAMPLE:** 1 Column x 3 Inches

Bring or mail photo, names and payment to: "My Special Valentine" c/o The Floyd County Times P.O. Box 390

Prestonsburg, KY 41653 Include your email address and we'll be glad to email you a copy of your photo)

CHECK ONE: Daughter( ) Son( ) Granddaughter( ) Grandson( ) Spouse( ) Significant other( ) Niece( ) Nephew( )

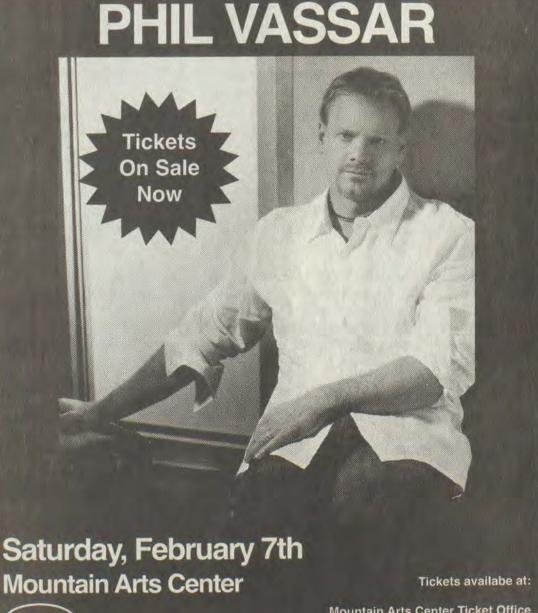
from Parent's( ) OR Grandparent's( ) Name:\_

Write your own message, five words or less, or

choose one of ours: \_

We Love You!( ) Happy Valentine's Day!( ) Our Precious Valentine!( ) My Special Valentine!( )

Tickets availabe at: Mountain Arts Center Ticket Office Charge By Phone: 888-MAC-ARTS



## **Natural Resources Conservation** Service accepting applications for EQIP

PRESTONSBURG - USDA Incentives Program at the received by Feb. 27 will be Resources Conservation Service is acceptapplications for Environmental Quality

Prestonsburg USDA Service

Landowners may apply for EQIP at any time. Applications

#### **Gun Locks**

materials.

Biggins, a former parole officer, says he's proud to represent the program because it provides a needed service to communities throughout the United States.

"It's great to work with a program that has such a universal appeal," he said, noting that even people that do not own guns appreciate the educational message of safety that the program offers.

The program delivered 1,200 gunlocks to the Floyd County Sheriff's Department, and between 300 and 400 gunlocks

■ Continued from p3 ing an interest in receiving the each for the cities of

> Anyone interested in receiving free gunlocks and educational materials about gun safety should contact their local police or sheriff's department.

Prestonsburg, Allen, Martin,

Wayland and Wheelwright, he

The National Shooting sports Foundation, developer of Project ChildSafe, is a trade association for companies in the firearms and shooting sports industry. More information regarding the program can be found at www.projectchildsafe.org.

considered for the 2004 program year. Applications received after that date are held until the next evaluation peri-

EQIP applications are evaluated and ranked using qualifications set forth by local workgroups to determine which applications provide the best conservation practices and address the resource concerns in Kentucky.

EQIP allows cost-share assistance to persons engaged in livestock or agricultural production on eligible land. Although cost-share rates vary, they will not exceed 75 percent. Cost-share rates for beginning farmers and limited resource producers may exceed, but they will not exceed 90 percent.

Practices are subject to NRCS technical standards adapted for local conditions. An EQIP plan of operations is

developed with the producer to identify appropriate conservation practices.

Primary EQIP practices in Floyd County include pipeline and water facility, pond, spring development critical area planting, well, critical area planting, fence, pasture and hayland planting, heavy use area protection, grassed waterway, grade stabilization structure, stream crossing, filter strip, forest trails and landings, conservation cover, field boarder, stream bank and shoreline protection, and wildlife watering facility.

(See EQIP, page nine)

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## Crime

Watch programs in Kentucky."

Representatives from the 16 KSP posts throughout the state, along with local and university law enforcement officers, recently completed training about terrorism, community involvement and Neighborhood Watch program. They will now take this knowledge back to their communities to help form partnerships between citizens and local law enforcement agencies in the fight to prevent crime and ter-

The members of new and existing Neighborhood Watch programs will be provided with information to help them recognize signs of potential terrorist activity. They'll also learn how to properly report that activity, making the residents a critical element in the detection, prevention and disruption of terror-

According to Crumpton, a key element in the enhanced Neighborhood Watch program is the addition of a new website (www.citizenobserver.com) that links members directly with local law enforcement agencies. Through the site, participants can access a variety of services including crime and terrorism alerts, prevention tips and missing person and wanted suspect alerts. It can also be used to schedule Neighborhood Watch meetings.

"One of the unique functions of this site," notes Crumpton, "is its ability to let us send out alerts or tips to a particular Neighborhood Watch group or a specific community, county or

985003

ALONG CAME POLLY

region. We can now reach out to include individual school, church or business communities through email, cell phone or pager technology. The possibilities are tremendous."

An additional aspect of the partnership utilizes private sector resources to further boost the Neighborhood Watch program, Crumpton adds.

"Kentucky Utilities and Louisville Gas & Electric have agreed to add "McGruff, the Crime Dog" signage to their service trucks. Drivers of the trucks will be trained to provide assistance to children and other neighborhood residents in various situations," he said.

"There are simply not enough law enforcement professionals in any community to be on every street all the time," says Brewer. "That's why concerned residents are the best assets of any law enforcement agency. As citizens, we all share the responsibility

munities. And remember, in many cases, the profits of drug trafficking can be traced all the tions financing their activities."

to consider establishing and participating in the Neighborhood Watch program," he adds. "It's a simple and effective program of neighbors watching out for neighbors. In doing so, they are also looking out for the nation because secure neighborhoods are the cornerstone of a secure nation. It's an excellent way for all Kentuckians to make a positive difference in the fight against crime and terrorism."

or

#### Continued from p7

#### for reporting and preventing crime and terrorism in our comway back to terrorist organiza-

"I encourage all Kentuckians

For information on how to re-activate a Neighborhood Watch program, contact your nearest KSP post. Post locations and contact numbers can be found at www.kentuckystatepolice.org.

#### Calendar

Continued from p7

local resources, and other information.

Fibromyalgia Support Group - Meets first Tuesday of each month at 6 p.m., at the Betsy Layne Senior Citizens Building, on the Pike-Floyd Hollow Road (just above the Betsy Layne Fire Dept.). For more info., call Sharon at 478-5224, or Phyllis at 874-2769.

MS Support Group - Meets third Monday of each month at 7:00 p.m. at the Seton Complex,

Rated PG-13

HELD OVER

Mon.-Thurs. 7:10;

Fri. 7:45, 9:45;

Sat.-Sun. 3:45, 5:45, 7:45, 9:45

Rated PG-13

HELD OVER

Mon.-Thurs. 7:10;

Frl. 7:00, 9:00;

Sat.-Sun.

3:00, 5:00, 7:00, 9:00

Rated PG-13 HELD OVER

Mon.-Thurs. 7:00; Fri. 7:00;

> Sat.-Sun. 4:00, 7:00

Rated R

272-3900 for emotional support, Martin. Offers group support for MS patients and their caregivers.

Overeater's Anonymous (O.A.) - Meets each Monday, at 3:30 p.m., at the St. Martha Catholic Church, Water Gap Road. For more info., call 886-2513.

■ Domestic Violence Hotline - 24-hour Crisis Line manned by Certified Domestic Violence counselors. Call 886-6025, or 1-800-649-6605. Remember, "Love Doesn't Have to Hurt."

■ Kentucky Baptist Homes for Children - Free, confidential assistance for unplanned pregnancy concerns. Talk with someone who cares about you and your baby. Call 1-800-928-5242.

Disabled? - You may be eligible for grant money to assist in your daily living. For an application or more information, call 886-4326.

A.S.K. (Adoption Support for Kentucky) - Support group for all adoptive parents (public, private, international, and kinship care), foster parents and all others interested in adoption. To meet the 2nd Thursday of each month, at Pizza Hut, in Prestonsburg. For more information, contact Nelva Skaggs, adoptive parent liaison, at Blueboy@foothills.net.

■ East Kentucky S.T.A.R.S. Homeschoolers -Will hold monthly meetings at the Paintsville Recreation Center. For more information, call Trudy at 889-9333, or 297-5147. Everyone welcome.

■ Narcotics Anonymous (NA) - Each Wednesday, from 7-8 p.m., in the Atrium Conference Room, 2nd floor, May Tower, Pikeville Methodist Hospital. For more info., contact Chris Cook at 606-433-1119 or christophercook@hotmail

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# ATTENTION, CITIZENS OF

Charter Communications has informed the City Council that they have filed for and received a rate increase justification through the Federal Communication Commission's (FCC) rate setting methodology.

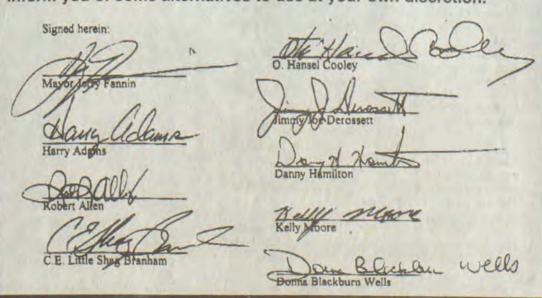
Therefore, effective February 2004 billing cycle, those citizens with Basic Service through Charter Cable will receive a rate increase of \$1.00, changing the rate from \$14.95 monthly to \$15.95 monthly. Those customers with Extended Basic Service will receive an additional increase of \$1.60, resulting in a new rate of \$28.60. That means that those Extended Basic customers will face an increase of \$2.60 to a rate of \$44.55, of which does not include all the taxes and fees associated with the billing statement.

We, as a council, have no power of decision-making in this process and further cannot end our contract with Charter Communications with rate increases. Our contract does not end until 2009, and we, too, have to face these increases at the cable company's discretion.

We do know that some satellite services are now able to offer local station programming, such as we receive from the Huntington and Charleston areas at this time. Their rates in this area are about the same as each other. Direct TV offers a Total Choice programming package that includes 100 channels for \$35.99 monthly, and the local programming channels are for \$5.99 monthly, and an annual contract that they cannot increase your subscripton rates. Dish network offers a 50-channel programming package for \$24.99 monthly, and local programming for \$5.99 monthly. They also have a 100-channel offering for \$33.99 monthly.

The satellite channels do not, however, offer local programming from Hazard (channel 11) or local programming (channels 3 and 8).

We felt that you should be properly informed of this rate increase and inform you of some alternatives to use at your own discretion.





Continued from p1

after word spread of the firings last week had collected 198 signatures as of Monday evening, while other students and at least one graduate of the college have written letters to college President Hal Smith and college trustees about the cuts.

Two students representing this pocket of the college's total student body - which consists of approximately 750 undergraduate students and roughly 250 medical students - submitted a packet containing copies of the petition, letters and an alternative proposal for budget cuts to Pikeville College trustees and the media Monday evening.

Although college officials have not said how many professors were fired during the school's annual budget adjustment last week, nearly all of the letters and the petition statement make reference to only two professors, Daniel Schnopp-Wyatt and Patricia Kross, members of the school's psychology and English departments, respective-

The signed petition, which supporters said was collected in about three hours, also makes reference to these professors.

"We, the undersigned, feel that the loss of Professor Patricia Kross and Professor Daniel Schnopp-Wyatt will be an irretrievable loss that can never be repaid to their students," the petition stated. "They are two of our greatest mentors. They change lives. They enhance minds. They better our college community. And most importantly, they better our world. We want them back."

A good portion of the communication deals with suggestions - some just mentioned in passing while others, like the optional budget cut proposal, far

#### EQIP

■ Continued from p8

For more information, contact Chris Sloane, district conservationist, Floyd County, USDA Natural Resources Conservation Service, 214 South Central Ave., Suite 102, Prestonsburg, KY 41653, or call (606) 886-9545, ext. 3.





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more structured.

In one letter, the author, who wished to remain anonymous, suggests placing a fee on parking and laundry services or charging lab fees or breakage fees for science classes, while another speculates that the college's "extremely gifted business program" might be better suited to tackle accounting problems dealing with budget constraints.

However, the most in-depth proposal came from a member of the school's academic team.

The team member presented a two-page alternative to proposed budget cuts that could theoretically save the school nearly

"You (President Smith) mentioned then (during the requested meeting) that 'little' things could not make a significant enough impact on the budget to warrant a great deal of exploration . . . However, I have taken the time to put together a few ideas," the team member wrote. "You will also notice that the little things do indeed add up. If fact, they add up to just about enough money to maintain two professor's salaries."

Returning to parking fees, the alternative proposal says a \$20 charge could generate \$20,000 when applied to roughly 500 students, while computer and internet fees placed on an annual payment rather than a one-time payment schedule could generate \$25,000.

Other options included possible savings on landscaping of \$10,000 by placing "low-maintenence" plants around campus rather than "high-cost" plants, while another route could be to close the library on Saturdays, a day when very few students or faculty are on campus, the student proposed.

Other places the student body has pointed to that could have padded the waning budget were in printing and application fees, as well as installation of more energy-efficient heating and cooling systems.

Although college officials have said only that the firings were part of the school's annual budget adjustment and were carried out with seniority in mind, in the group's primary letter to college trustees, students claim that during their requested meeting with President Smith, administration pointed to a low student-teacher ratio across campus as a consideration when making the decision.

However, in addition to providing researched alternatives for budget amendments, students have also simply asked the college to look beyond the numbers.

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Comic

Local & Regional News

"These are indispensable intellectuals," students wrote in their letter to trustees, "and dismissing them would not only be a detrimental blow to the community, but an absolute divergence from the principles and values that this institution strives to instill."



#### BROCIAMATION

**粉质性系定型**, DR. GARY D. WILLIAMS served as the Medical Director of the Emergency Room at Paul B. Hall Regional Medical Center; and

BECREAS, DR. GARY D. WILLIAMS served this hospital and its patients faithfully and well and in the finest tradition of the Medical Profession and his commitment to the Hippocratic Oath; and

BERCAS, DR. GARY D. WILLIAMS was married to Laura Sommer Williams and was the devoted father of three sons and two daughters; and

WHEREAS, DR. GARY D. WILLIAMS was active in community affairs and was an avid supporter of educational and youth activities; and

BEREAS, DR. GARY D. WILLIAMS was the victim of a tragic automobile accident which took his life on December 19, 2003;

AOW, THERE JORC, the Medical Staff of Paul B. Hall Regional Medical Center desires to express its condolences and deepest sympathy to the family of DR. GARY D. WILLIAMS and to further express its sense of the profound loss that his death has imposed on his colleagues and friends on this Medical Staff.

AHTHORIZED by unanimous resolution of the Medical Staff of Paul B. Hall Regional Medical Center this 12th Day of January, 2004.

> DR. SARAH M. BELHASEN Chief of Staff

Paul B. Hall Regional Medical Center



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# Still Looking for a New Year's Resolution?

Frankfort - January 1 has passed us by but it's not too late to make an important resolution for 2004: stop smok-

The Kentucky Department for Public Health wants to encourage Kentuckians to consider stopping or reducing their smoking. According to the latest federal government report, Kentucky's tobacco use rates are the highest in the nation. The incidence of lung cancer takes the lives of nearly 8,000 Kentuckians annually.

## There are many great reasons to quit. They include:

If you stop smoking you will send a strong message to our young people that it is important to stop smoking.

If you stop smoking, in the first year you will reduce your risk for heart disease by 50 percent and you will improve your ability to participate in physical activities.

In the long term, quitting smoking reduces your risk of heart disease, stroke, cancer, and lung diseases like emphysema or bronchitis, and reduces wrinkling and aging of the skin and eyes.

In the short term, when you stop smoking you improve your overall health-reducing respiratory problems, dental problems, nervousness and depression, and a tendency

Frankfort - January 1 has toward other health-damaging

When you quit smoking, you set a good example for your children to follow and your home, car, clothing, and breath will smell better; food will taste better.

At \$3 per pack, quitting smoking could mean a savings of \$1,000 or more each year.

If you think kicking the smoking habit sounds like a New Year's resolution worth pursuing-Kentucky's Tobacco Prevention and Cessation Program wants to help. First, be determined to make a full commitment to cessation. Commit to quit because you want to, not because someone else wants you to quit. If you want to break the nicotine addiction, here are some things to consider.

## Assess your tobacco use.

Why do you smoke? Think about the reasons you use tobacco, is there something healthier you can do to get that type pleasure?

When do you smoke? What can you do at that time or in those situations to break the habit of reaching for a cigarette?

Who can help you? Find family and friends who will be supportive and compassionate in your endeavor. Orchestrate a plan so that someone will

have contact with you often in the early days of cessation. You will need positive encouragement and lots of it.

## Find activities that will assist you in quitting.

Drink lots of water; water helps remove nicotine from your body.

Begin an exercise program. Becoming more active will help keep your mind off wanting a cigarette and the exercise is good for your entire body.

Make a list of the reasons you want to be a non-smoker, read it often to remind yourself why you are doing this.

Plan a celebration for your first week without smoking, then your first month. These are major milestones - reward yourself.

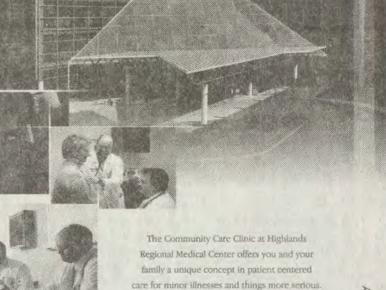
Get your teeth cleaned; your mouth will feel and taste

It is important to remember that if you do smoke a cigarette, you have not failed. Look at what transpired for you to reach for a cigarette. What can you do in the future to change the outcome of a similar situation?

For more information and ideas for quitting smoking, contact the Tobacco Control Coordinator in your local health department. They have resources and contacts to help you reach your goal. Programs like Cooper-Clayton combine nicotine replacement therapy with behavioral modification over a 13-week period to help smokers quit. Your physician can provide prescription medications to help you reach your goal. Nicotine Replacement Therapy includes patches and gum - either can be used to help you reach your Log on to www.lungusa.org

/ffs/index.html





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Prestonsburg, Kentucky

## Johnson named to Pikeville College Board of Trustees



Anita Johnson

On behalf of the Board of Trustees at Pikeville College, President Hal Smith has announced that Pikeville attorney Anita Johnson has become a member of the Board of Trustees.

Johnson was elected during the board's annual meeting in October. She is an alumna of Pikeville College and the University of Kentucky's College of Law.
"We are pleased to welcome

"We are pleased to welcome Mrs. Johnson to the Board of Trustees," said Smith. "She is an accomplished attorney whose success exemplifies the mission and tradition of Pikeville College. She will provide outstanding leadership for her alma mater."

Johnson is a member of the American Trial Lawyer Association, the Kentucky Bar Association, Kentucky Bar Academy of Trial Attorneys and the University of Kentucky's College of Law Alumni Board. She also serves as chair of the board of Care Academy Inc. and is a board member on the Kentucky Council on Problem Gambling.

Johnson is a pilot and a member of the Aircraft Owners and Pilot Association. She is married to Gary C. Johnson. The couple has two sons, Gary C. Johnson Jr. and Charles D. Johnson.

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## Fletcher says Ky has more work in fulfilling King's dream

THE FLOYD COUNTY TIMES

by JOE BIESK ASSOCIATED PRESS

FRANKFORT - Gov. Ernie Fletcher joined hands with those around him and swayed right. and left while singing "We Shall

Overcome," during a ceremony slain civil rights leader. remembering Martin Luther King Jr.

Fletcher spoke Monday at Kentucky State University during one of many ceremonies around the state honoring the

death, Since King's Kentucky and the nation have made strides in advancing civil rights, Fletcher told an audience of more than 300 people who gathered at the historically black

"I can't see any change,"

Jacobs said. "Things seem to be

going smoothly. I don't think

there has been any significant

falling off of government ser-

vices. In fact, I think I have wit-

(See FRAUD, page fourteen)

**Morehead regents** 

university in Kentucky's capitol city. But poverty and discrimination are still looming problems, he said.

"Dr. King's dreams still long for the fullness of his vision of Fletcher freedom," "Ignorance, intolerance and discrimination still shackle opportunity for so many."

Monday was the national holiday honoring King. He would have turned 75 on his birthday last Thursday.

With a picture gallery of Kentucky's own civil rights advocates lining the room, Fletcher also remembered the work of former Gov. Edward T. "Ned" Breathitt who died last year. While governor, Breathitt successfully pushed the state to adopt a civil rights law, making Kentucky the first southern state to do so.

"Because of many of you ... and a generation of civil rights reformers, that false equality of segregation has been dispelled," Fletcher said. "African-Americans do have greater access to education and broader employment opportunities, but our work is far from complete."

It was 40 years ago this March that King led 10,000 demonstrators in a march on Frankfort in favor of a Kentucky civil rights proposal. King gave a speech at KSU that day.

Carl Smith, director of KSU's concert choir, led the school's choir when King visited. King's presence contributed to an emotional singing performance Smith said he would never forget.

"The students were somewhat in awe of this man, to be so close to him ...," Smith said. "When he stood and he spoke, it was just almost surreal. It was a speech that was delivered flawlessly without any notes and with great animation. And you felt that you were really witnessing an orator, a true orator."

Fletcher, who took office in December, campaigned on a slo-

(See FLETCHER, page fourteen



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Convicted Knott judge holds on to power from jail cell

by ROGER ALFORD ASSOCIATED PRESS

HINDMAN - Despite his conviction on vote-buying Judge-Executive Donnie Newsome continues to function as the top government administrator in rural Knott County.

All that's changed is that instead of working from the aging courthouse in this Eastern Kentucky town - he now works from a jail cell.

"He's the best judge-executive we've ever had in this county," said resident Ballard Combs, who maintains that Newsome has been treated unfairly. "He shouldn't be in jail. He should be right here in this office.'

A federal judge disagreed, ordering Newsome jailed without bond after declaring him a danger to the community. That was last October.

Since then, Newsome has been determined to stay in office and state law dictates that even convicted felons can't be removed until their appeals are exhausted.

So now, every week, Newsome chief of staff MacArthur Combs makes the two-hour drive to a detention center in Lexington to brief his boss, through a glass divider, on

MacArthur Combs, no relation to Ballard Combs, said the arrangement is working, but he laments that he sees no need for Newsome to be locked away.

"There's murderers out on

bond," MacArthur Combs said. "Donnie Newsome is not dangerous. He has been treated the dirtiest of anybody I have ever seen. I have lost all faith in the court system."

Newsome, a former state representative, was convicted in federal court Oct. 1 of one count of conspiracy to buy votes and two counts of buying votes.

He was among a group of Knott County residents charged in a crackdown on election fraud that netted 12 convictions, all stemming from an FBI investigation into the 1998 primary

Newsome's sentencing is scheduled for March 16. He faces three to 15 years in prison.

Another Knott County man, Willard Smith, was convicted in the same trial of one count of conspiracy to buy votes and four counts of buying votes. Smith faces five to 25 years in prison.

Initially, they were held in Pikeville, about an hour away from Hindman. But U.S. District Judge Danny Reeves, without saying why, ordered them moved to a jail in Lexington.

Defense attorneys argued to no avail that the added distance would make it more difficult for Newsome to perform his elected duties, and therefore should be held in eastern Kentucky.

Terry Jacobs, a former district judge now working as an attorney in Hindman, said the casual observer would never know Newsome is not working in his office, based on the operation of local government.

decide to extend search tor new president

The Associated Press

MOREHEAD — Morehead State University's board of regents has decided to take a few more months to choose a new president.

Buckner Hinkle Jr., regents chairman, said the target date for selecting a successor to President Ronald G. Eaglin was changed from Aug. 31 to Dec. 1. Eaglin, the longest-tenured current president of a public university Kentucky, announced earlier that he intends to retire as soon as a new president can take office.

Eaglin has agreed to remain through the end of the calendar year, Hinkle said in a statement.

"The state budget crisis requires that we have continuity of experienced leadership at this critical time in the life of the university," Hinkle said. "We also think it is important for the

search to conclude during the fall semester when all faculty will be on campus."

The board hopes to have a search firm hired by March 31 with campus interviews of approximately six candidates occurring in October and November, he said.

Morehead State's fall enrollment of 9,509 students was the highest in the university's 117year history.

During Eaglin's tenure, Morehead State has opened regional campuses in Jackson and Mount Sterling, offered the state's first online degree program and converted its football program to non-scholarship status while maintaining the university's membership in NCAA Division I and the Ohio Valley Conference. Morehead State's endowment also rose from about \$700,000 to almost \$20





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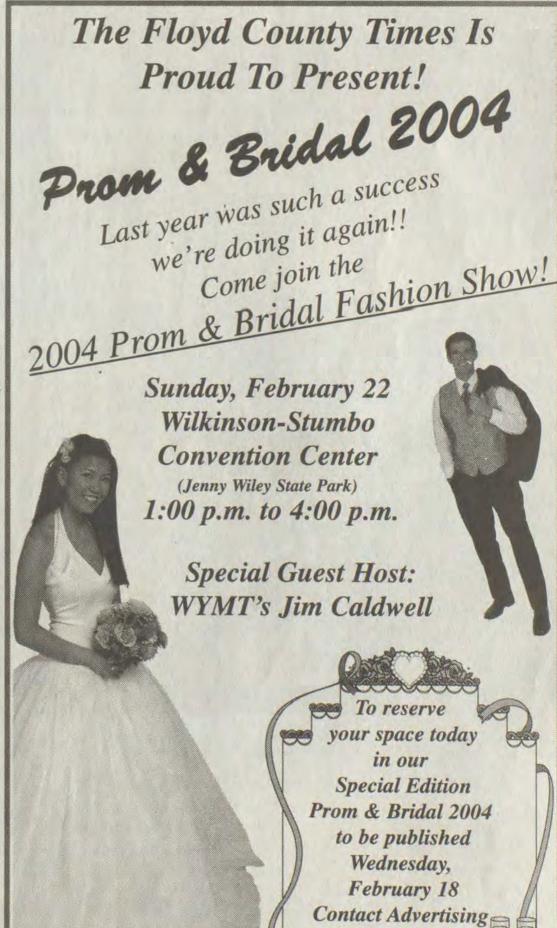


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#### All County MVPs

Floyd Co. Nick Jamerson Prestonsburg High School

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by BRUCE SCHREINER newspapers, expressed no electrical and water systems also ASSOCIATED PRESS objection as the bill cleared the could be withheld. House State Government

Vera Joiner, Big Sandy Community & Technical College student activities coordinator welcomed student Brandy Tolliver, as he took part in the complimentary welcome back breakfast for students Jan. 12 Prestonsburg Campus.

## **Bill could shield anti-terrorism** plans from public review

FRANKFORT - Anti-terrorism plans would be exempted from public scrutiny under a bill a House committee approved

The bill would create an exemption in the Kentucky Open Records Act for records whose release would create a "reasonable likelihood" of threatening public safety by exposing vulnerability.

Kentucky Association, which represents Committee. The bill now heads to the full House.

The state's homeland security coordinator would decide which anti-terrorism and security records should be withheld from the public. His decisions could be appealed to the attorney general.

Among records that could be sealed: vulnerability assessments and anti-terrorism and counterterrorism plans. Certain records for communications,

The bill passed 95-0 and goes

The House also approved,

93-0, a nonbinding resolution

urging the U.S. Supreme Court

to overturn a ruling that reciting

the Pledge of Allegiance is

unconstitutional in public

ruling last year in which the 9th

U.S. Circuit Court of Appeals in

San Francisco said the words

"under God" violated the

The resolution stems from a

to the Senate.

Constitution's

against official religion.

Rep. Mike Weaver, the bill's sponsor, said publicizing reports on the vulnerability of Kentucky sites would be "like releasing a target list" to potential terrorists.

Weaver, D-Elizabethtown, and a retired Army officer, said making such information public would give potential adversaries a better chance of carrying out terrorist attacks.

KPA dropped its opposition after Weaver agreed to changes that guaranteed the bill would apply only to specific records, said David Thompson, executive director of the press associ-

"It's very specific. It limits the records that apply under this law," Thompson said in an interview. "It's not just public records in general. They've got to meet some standards here."

Meanwhile, Sen. Dick Roeding, R-Lakeside Park, had a similar proposal that would exempt from the state's Open Meetings Act parts of public meetings in which homeland security was discussed. Roeding's proposal also would have exempted from the Open Records Act documents including: airport security plans, emergency management plans, security plans for government agencies and public utility security

KPA objected to the proposal because it was too broad, said Kim Greene, a lobbyist for the press association.

Roeding presented the proposal to the Senate Veterans, Military Affairs & Public Protection Committee, but the

## House passes bill to give some deputies more career options

by BRUCE SCHREINER ASSOCIATED PRESS

FRANKFORT — Deputy sheriffs who were exempted from a training requirement but now find themselves locked into their jobs could work for other police agencies under a bill the Kentucky House passed

It applies to about 75 depúties who already had badges when more stringent training was mandated. In legislative parlance, they were "grandfathered in," meaning they were given a pass.

But now, when a sheriff retires or is defeated for re-election, longtime deputies face the possibility of having to leave law enforcement, said the bill sponsor, Democratic Rep. Jim Thompson of Battletown.

"I feel this is unfair to these people who have given their time and their energies" to the community, he said.

Thompson said he introduced the bill after learning of a longtime Meade County deputy who wanted to work for the Brandenburg police but lacked the training required of a new

Veteran deputies have family and job obligations that keep them from taking off for weeks to take the training, Thompson said. Also, those deputies have completed hundreds of hours of continuing training.

The bill passed 97-0 and now heads to the Senate.

The House passed another bill that would require doctors to identify HIV-infected people by name, not by special code, to the state.

The federal Centers for Disease Control prefer to track HIV patients by name. Kentucky is among 12 states not using the method.

Rep. Tom Burch, D-Louisville and the bill's sponsor, said the change would improve Kentucky's chances of getting federal money for treatment of HIV, the human immunodeficiency virus, which causes AIDS.

Under the bill, the state's database would identify patients by name, but reports to the CDC would continue to have code

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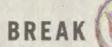
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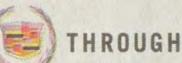


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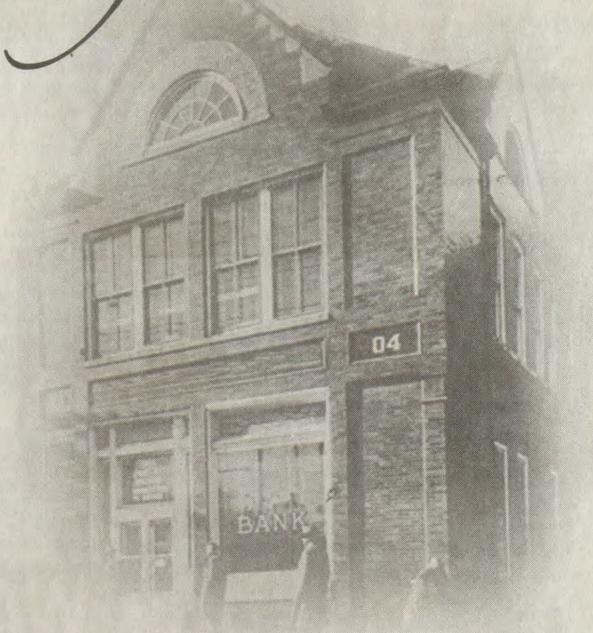


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## CPA firm Wells & Company adds two new partners



The new lineup at Wells & Company, CPAs, includes, seated, James Travis Bryant and Darrell F. Blair, and, standing, Arnold Wells and Chad Meade.

PAINTSVILLE — Wells & Company PSC, Certified Public Accountants, one of the region's major accounting firms, has announced the addition of two partners to its Paintsville office and the expansion of its wide range of services to area businesses and governments.

Arnold Wells, CPA, founding partner of Wells & Company and the firm's managing partner since 1980, has announced that he and longtime partner Chad Meade. CPA, have been joined in the firm by newly elected partners Darrell Bryant, CPA.

Blair, a native of Johnson County, graduated from Johnson Central High School in 1992. He received his bachelor's degree in business administration from Morehead State University in 1997 in accounting and management. Blair was awarded his CPA

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license in 2001 after serving an apprenticeship at Wells &

Bryant, a 1985 graduate of Menifee County High School, graduated magna cum laude from Morehead State University in 1989 with a bachelor's degree in business administration. He passed all four parts of the CPA exam in 1998. Bryant obtained the requisite work experience at Wells & Company before being awarded his CPA license in 2000. Prior to joining Wells & Company, Bryant was employed as credit analyst F. Blair, CPA, and James Travis and credit card manager for Citizens National Bank.

Blair and Bryant join veteran partner Chad Meade and founding partner Arnold Wells in the varied practice of public accountancy in which Wells & Company engages.

Meade earned his bachelor's degree, with distinction, from Eastern Kentucky University in

the Uniform CPA Examination in May 1973 and, after fulfilling the two-year experience requirement, received his CPA license in August 1974. Meade served as staff accountant with Cotton and Certified Accountants, in Louisville before becoming senior accountant with Wells & Company. He was elevated to a partnership in the firm in 1978. He is actively involved in audits, reviews, compilation and income tax preparation engagements.

Meade's auditing experience includes a variety of business and government categories, such as automobile dealerships, industrial manufacturing and sales, equipment manufacturers and sales, wholesale distributors, construction contractors, banks, county and municipal governments, county fee officials, municipal utilities, area development districts, community action agencies and boards of education.

Meade is a member of the American Institute of Certified Public Accountants and the Kentucky Society of Certified Public Accountants.

Arnold Wells, the firm's current managing partner, received a bachelor's degree with an

1972. He successfully completed accounting major in 1959 from tax returns. He is the partner-in-secutive "unmodified" triennial Eastern Kentucky University. He began his work experience with Kelly & Galloway, Certified Public Accountants, of Ashland from 1960 to 1962. Wells served as staff accountant with Helton and Butler, CPAs, until becoming a partner in 1973 upon earning his CPA license. In 1980, he became managing partner of Wells & Company, PSC, successor firm to Helton, Butler & Wells.

> Wells has had vast experience in audits of public agencies and governmental entities, tax accounting, contract and lease compliance, business acquisition and merger, individual and corporate tax review and preparation of

charge of the firm's extensive coal industry practice.

Wells is a member of the American Institute of Certified Public Accountants, the Kentucky Society of Certified Public Accountants and the Kentucky Society of Public Accountants Governmental Accounting Committee.

Since its founding in 1964, first as Helton and Butler, CPAs, and then as Wells & Company, PSC, the firm has maintained the highest professional standards of accountancy. In October, the firm was congratulated by the Peer Review Program of the Kentucky Society of CPAs for its fifth conreview, meaning that the review panel found no exceptions in the firm's operation in its most recent three-year period of review.

In addition, Wells & Company has had no record of substandard work since its inception and it meets the requirements of the Standards for Audits of Governmental Operations, Programs, Activities and Functions.

The wide range of professional services offered by Wells & Company includes accounting services, management advisory services, audit, review and compilation services and data process-

#### Fletcher

gan of "Restoring Hope." For his administration to do that, Fletcher said, the state must commit to making sure "no one is left behind" in society.

"By restoring hope and opportunity to all of our citizens, perhaps this generation of Kentuckians can move closer to fulfilling the promise of Martin Luther King's dream," Fletcher

In Louisville, hundreds gathered at Lampton Baptist Church in Louisville to honor King's legacy with music and sermons.

City leaders, church members and Louisville Police Chief Robert White attended the event, along with some members of the family of a black 19year-old man who was fatally shot by Louisville police on Jan.

White was introduced to a standing ovation, despite recent protests of Louisville's police department by the black community. Michael Newby was shot three times in the back by a white officer during a drug bust that went awry. White didn't speak, but sat near the pulpit alongside other city leaders.

Pastor Frank Smith, of Christ's Church for Our Community, noted the recent tensions in the city, where seven black men have been shot to death by police in the last five

"We certainly need to understand that in this time of social unrest in our community, we must remember the importance of coming to the house of God," Smith said.

Meanwhile, members of the college.

Profit 100.00

Your Price

■ Continued from p11

Justice Resource Center in Louisville announced that they plan to ask the city to rename a street after King. The move would be a good beginning to bringing racial harmony to Louisville, said Mattie Jones, the center's board chairwoman.

Hundreds marched in downtown Lexington, singing as they walked past city landmarks through an icy breeze, the Lexington Herald-Leader report-

"There's truth in every song that we sing," said Vanessa Sanford, 45, of Lexington, as she clutched a bullhorn and a stack of lyrics. "We Shall Overcome," 'This Little Light of Mine,' 'Oh Freedom,' these are the songs that our ancestors sang."

A King Commemoration afterward featured more than 90 minutes of songs and speeches, including remarks by University of Kentucky President Lee Todd, Mayor Teresa Isaac and former U.S. Rep. Ron Dellums.

Monday night in Versailles, people marched and collected money for the MLK Jr. Scholarship. The scholarship fund, begun 17 years ago, has already collected and distributed \$22,000 to help students pay for



#### Fraud

nessed an attempt by the people in the administration to step it up a notch to make sure things go well. They've been very conscientious and want to make sure the people don't suffer from any of this.

Assistant U.S. Attorney Tom Self asked that Newsome and Smith be held in jail pending their sentencing. He declined to comment about the case Friday. Newsome's attorney, former U.S. Attorney Steve Reed, did not return phone calls.

The judge agreed to keep the men jailed, saying credible testimony was presented during the trial that two witnesses were threatened. One witness said he

was told he would be a walking dead man if he testified. Another said she was told she would have to answer to police if she took the witness stand.

■ Continued from p11

MacArthur Combs said neither of the witnesses testified that Newsome or Smith made the threats. "Neither one of those boys

have threatened anybody," MacArthur Combs said. "They shouldn't be in jail." As long as they are,

MacArthur Combs said he will continue to do his best to carry out Newsome's directions. "Things have been going

pretty smoothly so far," he said.





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Chuke to Paintsville

Paintsville native Chuke Williams has returned home and is now teaching at Paintsville High

School. He started Tuesday. Williams is an alumnus of Paintsville High. He will join the

Paintsville High football staff as an assistant coach. Williams has coached at several Eastern

Kentucky high schools including Johnson Central, Prestonsburg, Sheldon Clark and Magoffin

County. He was most recently the head coach at Bourbon County High School.

## .INSIDESPORTS

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## INSIDESTUFF

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## Volleyball postseason to change

TIMES STAFF REPORT

LEXINGTON - A change in volleyball postseason district tournament format was among the items approved by the Board of Control of the Kentucky High School Athletic Association at its annual January meeting Friday.

Beginning in 2004, District Tournaments will be single elimination, matching the format used in regional and State Tournament play. The winner and runner-up in each district will continue to advance to the regional tournament with the regional champion advancing to State Tournament.

(See CHANGE, page two)



South Floyd's Tab Trammel defended in Friday night's game against Prestonsburg senior Heather White. South Floyd beat Prestonsburg 49-41. A story and more photos from the game appear inside today's edition.

## Bears creep into **Top 20**

TIMES STAFF REPORT

One of the keys to making it to the NAIA tournament is upward mobility in the poll, and Pikeville College has continued that trend with this week's release.

In their quest for their third national tournament appearance in four years the Bears moved up two slots to 19th in this week's poll. It is the highest ranking of the season for Randy McCoy's club.

The Bears (19-2) moved up

(See CREEP, page two)

#### **BOYS' BASKETBALL**

#### Rebels complete district sweep of Betsy Layne

by STEVE LeMASTER SPORTS EDITOR

EASTERN - When you're hot, you're hot. When you're not, you're not. On Friday night, Allen Central was hot. Betsy Layne, on the otherhand, was not.

The host Rebels, playing in the

nightcap of a boys/girls doubleheader, got hot shooting and pulled away early from visiting Betsy Layne. Allen Central led 33-17 at halftme en route to a 67-42 win.

Allen Central Coach John Martin saw many good things from his team Friday night.

"We played real well," Martin

admitted. "Rossi Samons stepped up and played real big for us."

Samons connected on four three-point field goals, three in the fourth quarter, to lead Allen Central past the Bobcats. The senior finished with a game-high

(See REBELS, page two)



photo by LeMaster Allen Central senior Rossi Samons scored a game-high 26 points to lead the Rebels to a district win over Betsy Layne.

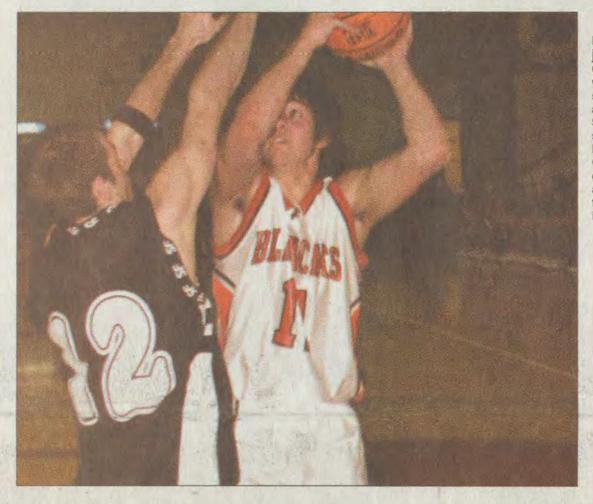


photo by Jamie Prestonsbug iunior Jesse Chaffin (11) went up strong against South Floyd senior Brian Meade. Chaffin has emerged as an inside force for the Blackcats.

## beat Allen Central by STEVE LeMASTER SPORTS EDITOR

EASTERN - On a night when Allen Central junior center Becky Thomas scored her 1,000th point, Betsy Layne would not be denied a win.

GIRLS' BASKETBALL

Ladycats

The Ladycats, defending 15th Region champs, Allen Central 66-53 to remain undefeated in the 58th



(See BEAT, page two)

# Raiders nip Blackents

#### Little has 21 points, 20 rebounds in win

by JAMIE HOWELL CONTRIBUTING WRITER

PRESTONSBURG - South Floyd continued its hold on the 58th District with a 64-56 come-from-behind win over Prestonsburg on Friday evening. Burnett Little was once again the star for South Floyd as the junior forward scored 21 points and pulled down 20 rebounds. The Raiders remain perfect in 58th District

Coach Henry Webb's South Floyd team started slow but came on late to pull out the win on Prestonsburg's home floor.

South Floyd had trouble in the first half taking care of the basketball.

The Raiders committed 19 first-half turnovers. Prestonsburg took control of the game early in the second quarter and led 29-24 at the half. But South Floyd crept back into the game and by the middle of the fourth quarter the contest was tied at 52.

Jack Slone tossed in 13 points on the night for South Floyd and sophomore guard

(See RAIDERS, page two)

photo by Steve LeMaster



South Floyd sophomore Mason Hall eyed as a pass as Prestonsburg junior Joe Blackburn defended. Both players came in off the bench and played valuable roles for their respective

#### MILESTONES

## **Thomas** scores point No. 1,000

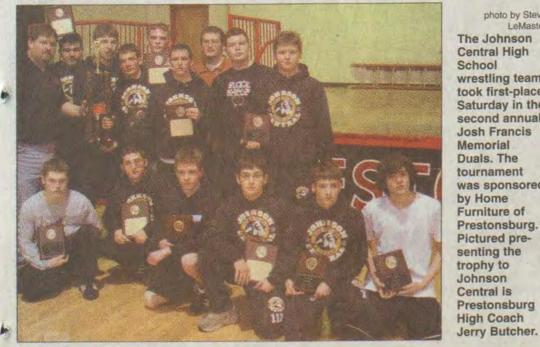
by STEVE LeMASTER SPORTS EDITOR

EASTERN - Becky Thomas made her presence known on the high school hardwood early on in her freshman season. On Friday night, playing against rival Betsy Layne, Thomas, a junior, scored her 1,000th career point.

Thomas helped lead Allen Central to a 58th District title last season. Mark Martin, in his first season as head coach at Allen Central, appreciates the work ethic Thomas brings to the hardwood.

"Becky scoring her 1,000 point was good to see," said Martin. "For the past couple of weeks, everyone had been excited in anticipation. We were hoping that she could score the point at a home game. Becky's a good kid, and she's

(See POINT, page two)



wrestling team took first-place Saturday in the second annual Josh Francis Memorial Duals. The tournament was sponsored by Home Furniture of Prestonsburg. Pictured presenting the trophy to Johnson

GIRLS' BASKETBALL

## All-A: Pikeville, S. Floyd win opening round games

by STEVE LeMASTER SPORTS EDITOR

HI HAT - In the nightcap of the first round of the 15th Region Girls' All "A" Classic, South Floyd defended its homecourt with a 76-36 win over Phelps. The host Lady Raiders led

17-6 at the end of the first period and 42-16 at halftime en route to the 40-point win. South Floyd finished runner-up in the 15th Region All "A" tournament back in 2001, ending the tournament second to Pikeville.

Brandy Anderson scored 15 points and Megan Ousley chipped in 14 to lead South Floyd. Tab Trammel scored 13 points. Ashley Johnson and Carla Hall chipped in eight points apiece. Courtney Blocker flipped in six points.

South Floyd dominated from beginning to

(See WIN, page two)

## 201 Speedway banquet draws nearly 300 drivers, fans, sponsors

SPECIAL TO THE TIMES

PRESTONSBURG

Holiday Inn was the site of the 201 Speedway's annual champi-

showing of support for the track and its drivers as a crowd of nearly 300 fans, family, drivers and sponsors watched as racers in six divisions of racing were onship awards banquet this past recognized. Over \$1000 in door Saturday night with a large prizes were handed out from

several businesses along with the track donating prizes and

Following a hearty meal provided by the Holiday Inn, and after the door prizes were handed out, the top three finishers in the six divisions received their hard-fought hardware in front of the large crowd.

A breakdown of the 2003 Track Champions at the 201 Speedway follows. Late Models: David Powers, a 23-year dirt track veteran from Salyersville, driver of the No. 97, JMC Motorsports Stinger Grand Prix powered by a cropper racing engine, sponsored by Green's

Lawnmower Sales and Service, Fannin's Sawmill, CD's Family Buffet, Howard's Performance and Performance Graphics. After receiving his championship trophy, Powers had a few awards to hand out himself to members of his crew, his car owners, and to his father Louie Powers.

Super Bombers: Pike County plumber, Glen Patton, racing in his 20th year of dirt track action, driver of the No. 7A, 2003 Chevy Monte Carlo, powered by a Rick Meade, High Tech Racing Engine, sponsored by Daniel Boone Motor Inns, Bud Rife Construction, Justice Land Surveying and Engineering, and

Bombers: Flat Gap's Bannie Blair, in his 15th season of dirt track action, this season in the Blair Howard Motorsports No. B4, sponsored by Auto Glass of America, Sandy Fasteners, J.C. Fyffe's Septic Service and Convenience Store, and Last Lap Trophies and Monograming.

Modifieds - A Prestonsburg open wheel driver, in his eighth season, Clint Shutts, driver of the No. 135, 2001 Lightning Chassis with an L & T racing engine, sponsored by Clintrac Interprises, Champman Printing, Ratliff Body Shop, Gary Smith

& Son's Construction, and Home Scent Candles

Paintsville. Road Hogs: Perry county driver, in his third year of racing, Rick Baker in the No. 66 1985 Chevy Caprice, sponsored by Mike's Construction, Craig's Heating & Cooling, and P & C

Radiator and Steam cleaning" Four Cylinders: Paintsville's Jack Clevenger in his 9th season, claimed a 4th four cylinder track championship, more than any other racer in the four cylinder division. Jack drove the No. -3

(See 201, page five)

■ Continued from p1

#### Rebels

26 points. Austin Francis, another senior flipped in 10. Justin Hall scored nine for the Rebels and David Kilburn flipped in eight.

As a team, Allen Central hit nine three-pointers. The Rebels were a perfect eight-of-eight from the free throw line. Allen Central hit 16 field goals.

Betsy Layne struggled to score and played in spurts where the inside of the cylinder seemed worlds away. The Bobcats connected on just sixof-13 charity shots.

Allen Central took a 16-13 lead out of the first period. The Rebels outscored Betsy Layne 16-10 in the third quarter and 18-15 in the final period.

Tim Griffith and Ryan Hammonds chipped in five points apiece for Allen Central. Griffith, the man in the middle for the Rebels, hit on a threepointer in the third quarter.

THE ASSOCIATED PRESS

Coslet is rejoining the

Cincinnati Bengals as a part-

time scout, the team said

Coslet was the Bengals'

offensive coordinator from

1986 to 1989 and was 21-39 as

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CINCINNATI-

Monday.

**Former head** 

coach to be

part-time scout

Bruce

■ Continued from p1

Ryan Collins and Tyler Slone rounded out the scoring with two points each.

Four different Betsy Layne players each connected on a three-pointer.

Brandon Hall led the Bobcats in scoring with 11 points. Brandon Kidd led Betsy. Layne in scoring with 11 points. Brandon Kidd and Preston Simon netted nine points apiece. Brandon Thacker and Brent Newsome scored five apiece and Pat Stapleton got into the scoring column on a three-pointer.

Starting point guard Jordan Kidd, a senior, played for Betsy Layne, but did not score. Brentton Akers, Ryan Bryant and Derek Case all played for Betsy Layne but did not score.

Allen Central was back in action last night against Perry County Central. Results were unavailable at press time.

head coach from 1996 to 2000.

of the New York Jets in 1990-

93 and offensive coordinator of

the Dallas Cowboys in 2002.

Coslet also was head coach

Cincinnati Reds right-

Riedling was 2-3 with a 4.90

RA in 55 appearances with

the Reds in 2003, including

eight starts. His 17-inning

scoreless streak in relief from

July 10 to Aug. 15 was the

longest of the season by a Reds

hander John Riedling signed a

one-year contract

\$650,000 on Monday.

pitcher.

District. Betsy Layne junior guard Kim Clark scored a gamehigh 30 points to lead Betsy Layne to victory. Clark hit 12

Kristen Smith scored 12 points for the Ladycats. Kristal Daniels tossed in eight points. Seniors Whitney Lykens and Tabetha Witt chipped in six

Breann Akers added four

Allen Central head coach

Mason Hall came off the

South Floyd bench and fin-

scoring by Jesse Chaffin,

Chaffin, a junior, scorched the

nets for 20 points and pulled

10 points in the loss for

Prestonsburg and Joe

Blackburn came off the bench

to toss in nine points on the

night. South Floyd was able to

hold on down the stretch

thanks to some clutch free

throw shooting and some time-

nine points for South Floyd

and Ryan Johnson tallied five

Adam Tackett finished with

Nicholas Jamerson added

Prestonsburg was led in

ished with 10 points.

down nine rebounds.

ly baskets.

Raiders

Mark Martin saw his team trail early on Friday night.

"Betsy Layne just came out and took control early," said Martin. "Their half court press really made a difference in the game. Cassandra (Akers) does a good job and she has her team playing well. You take away the first quarter and it is a different ballgame.

"During the second half, we would put together a couple of good possessions on the offensive end but simply, just had no answer for Clark defensive-

Allen Central's Thomas scored her 1,000th point in the second half Friday night. She ended the game with 20 points. Terri Mullins scored 15 points

and Jessica Isaac pitched in 12 points. Tabetha Caudill and Yumekia Hunter netted four and two points respectively.

Betsy Layne and Allen Central were both back in action in last night's 15th Region All "A" Classic. Betsy

Layne, the tournament's defending champion, opened play against Paintsville in the first game. Allen Central opened play against the Piarist School.

Results were unavailable at press time.

#### Creep

Win

Continued from p1

after a 3-0 week that ran their winning streak to 12 games, the longest of the McCoy era. Pikeville knocked off Strayer (D.C.) University and had two wins over The Ohio State University at Marion.

Sunday's win over Wesley (Miss.) College will count

end. The Lady Raiders

outscored Phelps in each quar-

ter. Host South Floyd put the

game even further out of reach

when it outscored the Lady

Hornets 20-9 in the third peri-

Pikeville survived being

outscored 15-6 in the final

period to pull away with a

seven-point win. The Lady

Panthers, coached by former

Allen Central head coach

Cindy Halbert, led 7-6 at the

end of the first quarter and 26-

16 at halftime. Pikeville

outscored Shelby Valley 20-14

in the third period. The game

was Shelby Valley's first in

this year's 15th Region All

in scoring with 16 points.

Shawna Howard scored 14.

Samantha Howard added

Emily Colvin led Pikeville

Pikeville 52, Shelby

Valley 45

"A" Classic.

seven.

■ Continued from p1

toward next week's rating. While Pikeville moved up the

poll, two other Mid-South Conference teams were surprised by moves down. Georgetown College fell to fifth when it switched places with Lubbock (Texas) Christian College, and Cumberland. College was passed by two teams as it fell to sixth.

Neither team lost this week; the six MSC men's clubs combined to go 15-0 this week.

The top-ranked MSC team, 19-0 Lindsey Wilson, remained at No. 2. The Blue Raiders trail Mountain State University, also unbeaten in 19 games, which is the unanimous top-ranked team again this week.

Defending national champion Concordia (Calif.) is still third, followed by Lubbock, Christian and Georgetown.

Cumberland College was leapfrogged by No. 6 Columbia, (Mo.) and seventh-ranked Cumberland (Tenn.) University.

Oklahoma Baptist and Louisiana's Xavier University round out the Top 10.

A fourth MSC school, Lambuth (Tenn.) University, is receiving votes and on the cusp of the Top 25; the Eagles are 27th this week.

Pikeville will be back in action on Sunday afternoon when they host the Bulldogs of Knoxville College. Tipoff is slated for 3 p.m.

#### Beat

field goals.

Betsy Layne led 23-9 at the end of the first quarter and 39-19 at halftime. Each team put up 15 points in the third quarter. Allen Central mounted a comeback late and outscored Betsy Layne 19-12 before falling short.

points apiece.

■ Continued from p1 Brian Meade and Steven

Stanley rounded out the scor-

ing for the Raiders with three points each.

Prestonsburg junior Trevor Compton tossed in seven points for and Lewis Barnette added five in the loss. Michael Stephens rounded out the scoring for Prestonsburg with three points. South Floyd went zero-for-four from behind the arc in the first half, but the Raiders improved to five-of-10 from three point land in the second half.

Prestonsburg came up empty on five three point attempts.

South Floyd shot 70 percent from the free throw line for the game on 21-of-30 shooting. Prestonsburg ended up only 45 percent from the line on fiveof-11 shooting.

#### Change

Continued from p1

District Tournaments were double-elimi-

The Board tabled an item with regard to the Mercy Rule in Football. The Football Advisory Committee proposed lowering the score margin to 35 points, but the Board tabled the issue until its April meeting. Currently, once a score margin is 45 points or more in the second half, a running clock is implemented.

In other action, the Board gave recommendation of approval on the nine proposals passed at Thursday's Delegate Assembly meeting. The proposals will now be reviewed by the Kentucky Board of Education.

#### Point

■ Continued from p1

of everyone appreciative involved in helping her get this accomplishment.'

Thomas is currently averaging 19.6 points per game along with 14 rebounds per outing.

The Allen Central junior is one of the top girls' basketball scorers and rebounders in Eastern Kentucky. She and her Allen Central teammates were back in action last night in the nightcap of the second night of the 15th Region Girls' All "A" Classic tournament versus 58th District foe Piarist. Results were. unavailable at press time.

## **Kentucky Associated Press high school** basketball polls

First-place votes, records, total points and previous rankings:

BOYS				
Rank-School	FPV	Rcd	TP	Pvs
1. Mason Co.	(11)	16-1	110	1
2. Lex. Catholic	-	12-3	96	2
3. Lou. Fern Creek	4 1 11	15-3	60	5
4. Lou. Pleasure Ridge Park	-	12-5	56	3
5. Lou. Seneca	-	16-3	54	-
6. Wayne Co.	-	13-2	48	4
(tie)7. Clay Co.	100	14-1	28	6
7. Daviess Co.	+	15-3	28	-
9. Scott Co.	*	13-3	25	10
10 Warran Cantrol		07	177	

Others receiving votes: Henderson Co. 14, Cov. Catholic 13, Lou. DeSales 12, Elizabethtown 10, Owensboro Catholic 10, Breathitt Co. 6, Apollo 5, Bullitt East 3, Boyd Co. 3, Ashland 2, Hopkinsville 1,

GIRLS				
Rank-School	FPV	Rcd	TP	Pvs
1. Lou. Sacred Heart	(11)	14-1	110	1
2. Christian Co.	-	15-1	82	2
3. Rockcastle Co.	2	16-1	71	3
4. Henderson Co.	3 10 1	14-3	62	6
(tie)5. Lex. Catholic	4	10-6	55	4
5. Lou. Mercy	4	11-4	55	7
7. Jackson Co.		13-2	46	5
8. East Carter	*	16-2	20	100
9. Newport Central Catholic		10-3	19	10
10. Lou. Christian Academy		13-3	11	-

Others receiving votes: Ohio Co. 10, Elizabethtown 9, Scott Co. 9, Mercer Co. 7, Lou. Assumption 6, Lou. Butler 6, Russell 5, Franklin-Simpson 4, Boyd Co. 3, Cov. Holy Cross 3, Daviess Co. 3, Boone Co. 2, Lex. Henry Clay 2, Muhlenberg North 2, Ashland 2, Barren Co. 1.



#### MANUAL THERAPY RATES HIGH

In a study from the Netherlands, 183 patients with neck pain for at least two weeks received one of three therapies. They received either manual therapy from a chiropractor, physical therapy, or continued care from a general practitioner. Manual therapy involved weekly "hands-on" techniques, where the doctor sought to decrease restrictions in neck range of motion; physical therapy focused primarily on exercise in 30-minute sessions twice weekly; and general practitioner care consisted of advice on recovery, self-care, and

After seven weeks of treatment, the success rate was nearly twice as high in the manual therapy group as in the one receiving general practitioner care. The respective recovery rates were 68 percent, 51 percent, and 36 percent for manual therapy, physical therapy, and general care groups. The manual therapy patients had half the absences from work due to pain as the other two groups. Also, chiropractic care proved better than physical therapy in all outcome measures.

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Prestonsburg's Darcey Hicks got a pass off around South Floyd senior Ashley Johnson during Friday night's 58th District game.

## Bears cruise past **OSU-Marion**

TIMES STAFF REPORT

PIKEVILLE, Ky. - Every Pikeville College player scored with the exception of one and he reached double figures in assists as the Bears routed The Ohio State University at Marion 111-68 Friday night.

Four Bears scored in double figures as the Bears blistered the nets to the tune of 59.7 percent shooting on the night and hit 46.9 percent from the arc in posting their most points of the season.

But the star of the night was senior point guard Kevin Gaines, who took only two shots and was the only one of the 13 Bears to play who didn't score, but handed out a career-best 15 assists. For good measure, he tied for the team high in rebounds with

Seven Bears had at least five rebounds with Gaines and junior Daniel Price leading the way as the home team dominated the glass as well as the scoreboard, 48-31.

Junior B.J. Townsend needed only 19 minutes of play to post 26 points. The Canton, Miss., native hit 10-of-16 from the floor and 3-of-5 from the arc on the night and added six rebounds and

Sophomore guard Emanuel Tekie came off the bench to fire in five three-point bombs in only seven tries to finish with 21 markers, leading a Bears bench that finished the night with 63 points, falling only five short of

outscoring Marion on its own. Price, playing in only his fourth game since joining the squad, ripped the nets with 8-of-12 shooting to finish with 17 points. Senior guard Greg Davis hit six three-pointers in nine shots to finish with 18 points.

The Bears were entirely unselfish, as Gaines' 15 assists weren't even half the team's totals. Thanks to eight hand-offs from junior guard Jarell Jones, the Bears finished with an amazing 32 assists in the game.

Marion, meanwhile, stayed as close as it did largely because it shot 28 free throws as compared to Pikeville's six. The Scarlet Wave made 19 tosses, with freshman Marcel Jackson sinking 11 of his 13 shots en route to leading his team in all the triple-double categories: He had 23 points, eight rebounds and four assists.

Sophomore Tyler Teynor also reached double digits with 12

# 20T: MCA outlasts JCMS

by STEVE LeMASTER SPORTS EDITOR

MARTIN - Regulation wouldn't hold Monday night's game between the host Mountain Christian Academy Falcons and the visiting Johnson Central Middle School Golden Eagles. In an overtime period, MCA prevailed, winning 56-50.

Landon Slone fired in 25 points and Jeremy Pack tossed in 14 to propel the Falcons to the victory.

Slone hit on five threepoint field goal attempts.

MCA head coach Rick Hughes came away from the

**Bluegrass** 

Preps.com

Boys' Basketball

Rankings

3. Seneca

4. Fern Creek

5. Scott County

6. Warren Central

7. Wayne County

12. Jeffersontown 13. Apollo

14. Boone County 15. Elizabethtown 16. Clay County

18. Hazard

Rankings

5. Mercy

1. Sacred Heart

2. Lexington Catholic

4. Rockcastle County

6. Henderson County

8. Newport Central Catholic

7. Jackson County

10. Mercer County

11. Scott County

12. Elizabethtown

14. Perry County Central

16. Christian Academy- Louisville

13. Assumption

17. South Laurel

18. Boone County

20. Henry Clay

19. Woodford County

9. East Carter

3. Christian County

9. Covington Catholic

10. Pleasure Ridge Park 11. Hopkinsville

17. Owensboro Catholic

19. Daviess County

20. Henderson County

Girls' Basketball

1. Mason County

2. Lexington Catholic

that a win was registered.

"We got a good team effort," said Hughes. We played real well in spurts."

Due to a couple of minor injuries, the MCA bench played big in Monday night's

Eighth-grader Joe Whitaker scored a game-high 29 points for Johnson County Middle.

Clinton Turner scored six points for MCA and Taylor Clark chipped in five. Byron Hall and Jordan Chaffins rounded out the MCA scoring with four and two points, respectively.

Justin Murray added nine points for Johnson County Middle and Josh Gordooze flipped in seven. Brandon Wilson had four points for the Golden Eagles. Johnson County is coached by Chuck McClure.

Mountain Christian Academy had a busy weekend. Game summaries for two MCA games played over the weekend follow.

Rowan County 62, MCA 57: Landon Slone lit Rowan County up for a game-high 36 points, but it wasn't enough as MCA fell short of the win. In the loss, Jeremy Pack added 10 points for the Falcons and Michael Burchett scored five.

, while Taylor Clark netted two. In the win, Rowan County had three players to score in double figures.

MCA 42, East Carter: In a tight game, MCA slipped past East Carter, winning by a slim

game pleased with the fact Byron Hall scored four points two-point margin. Landon Slone scored 18 points and Jeremy Pack chipped in 15 in the victory. Taylor Clark scored four points and Clinton Turner guided in two. Jordan Chaffins and Byron Hall each connected on a free throw.

PIKE COUNTY H.S. BASKETBALL

## East Ridge 67, Pikeville 36

TIMES STAFF REPORT

LICK CREEK - East Ridge insider Robbie Spears continues to impress.

The senior scored a gamehigh 23 points while pulling down 20 rebounds Friday night, as the Warriors rolled over district-foe Pikeville, 67-

"Robbie really stepped up his game tonight," East Ridge Coach James Hurley said. "It was just a total team effort for

Brandon Ratliff chipped in 16 points for the Warriors' triumph, and Paul Deese rounded out three players in double figures with 11. Aaron Branham added six points and dished out 12 assists.

"We've asked for consistency from all of our players, and when we accomplish that goal, we're successful," Hurley added. "This is a huge win for our program."

East Ridge, now 12-3, has won four straight games and five out of its last six games.

#### YOUTH BASKETBALL

## **Prestonsburg Junior** Basketball action heats up

by JAMIE HOWELL CONTRIBUTING WRITER

PRESTONSBURG - Cold outside, the action inside the down of the day's games follows.

Pee Wee Division Mavericks 15, Lakers 6: Grant Martin and Robert Campbell combined to score 11 points as the Mavericks beat the Lakers. Martin finished with six points and Campbell added five in the win. Jacob Blair netted two points and Seth Marcum rounded out the scoring with two. Marcum also came up with four steals in the game for the Mavericks. Katelyn Rose continued her hot scoring streak with all six of the Lakers' points.

Cavaliers 7, Hawks 6: In a close game it was the Cavaliers who came out on top in the end. John Wesley Cooksey tossed in five points "She's very versatile, which in the win and Dustin Moore added two. Josh Crider netted all six of the Hawks' points. The Hawks had a shot for the win at the end of the game but could not get the shot to go

> scored all seven points for the Wildcats.

> Training League - Bulls 18, Lakers 5: Wesley Robinson led the Bulls past the Lakers with nine of his team's 18 points. Anthony Collins tossed in five points for the winners and Chase Baldridge added two. Austin Newsome and Blake Baldridge both finished with one point each. Trey Stapleton finished with two points for the Lakers. Haley Howell, Jessica Hall and Terry Adams all added one point each for the Lakers.

Raptors 15, Sonics 14: Tyler Sparkman tossed in 10 of his team's 15 points to lead the Raptors to the win. Michael Ousley rounded out the scoring for the winners with five points. Lucas Stewart scorched the nets for 10 points for the Sonics and the tandem of Corey Conley and Chris Fitch both added

Knicks 11, Hawks 10: Tyler Shelton and Tyler Keens each scored five points for the Knicks. Madison Wright

rounded out the scoring for the Knicks with one point. Charlie Joseph and Kain Collins both finished with three points for the Hawks. Laken Keathley Adams Middle School gym and Bethany Scarberry each was hot on Saturday. A break- totaled two points for the

Mavericks 15, Warriors 9: Cassie Burchett scored nine points as the Mavericks won for the second straight week. Catie Burchett added four points and Owen Caudill rounded out the scoring with two points. Blake Goble tossed in seven of the nine points for the Warriors. Chad Ousley edged out the scoring for the Warriors with two

Tar Heels 19, Blackcats 5: Joshua Head scored 10 points to help lead the Tar Heels past Blackcats. Austin McKinney tossed in five points in the win for the Tar Heels. Johnny Coleman scored two points in the contest. Shawn Burkett and D.J. Ousley rounded out the scoring for the winners with one point each. Nicholas Conn led the Blackcats with three points. Nikki Bradley finished with two points for the Blackcats.

Cardinals 12, Mavericks 12: The Cardinals and the Mavericks finished deadlocked at 12. Lakan Lowe led the Cards with six points and Nathaniel Fraley and Brad Stanley all netted two points each for the Cardinals. Andrew Skeens led the Mavericks with five points and Joseph Kidd added four. Rebekah Potter scored two points for the Mays and Caleb Petry netted one.

## PC streak reaches dozen after Wesley win

TIMES STAFF REPORT

PIKEVILLE - All 13 players scored on Sunday evening as 21st-ranked Pikeville knocked off Wesley College 103-71.

The game was delayed for four hours due to travel difficulties by the guests and started at 8

The Bears (19-2) have now won 12 straight since losing two in a row six weeks ago. Their final non-conference game of the season is a week from today when they host Knoxville College. The Bears knocked off the Bulldogs 61-58 earlier this month.

Wesley (6-14) took a 16-12 lead at the 10-minute mark when Rogert Cattenhead scored, but over the next 6:15, the Bears took control.

Nailing six three-point shots and adding two three-point plays, the Bears went on a 28-6 run to take a 40-22 lead with 3:46 showing and were never challenged the remainder of the

The balanced attack was led by junior B.J. Townsend, who hit for 15 and added four steals and three turnovers. Sophomore guard Emanuel Tekie came off the bench to hit 4-of-7 from the arc and finish with 14. He added five assists.

Senior center Teon Knox played only 20 minutes, but that was enough time to score 13. pull down 11 rebounds and block four shots.

Point guard Kevin Gaines continued his incredible run, handing off 12 assists in the game to go with eight points. In his last three games, the senior from Las Vegas has had 39

The Bears handed off 37 assists. Junior Daniel Price had six of them to go with seven points and six rebounds.

The Bears also had 53 rebounds, with Knox leading the way. Sophomore center Chris Carroll, who logged only 11 minutes, had eight and eight points. Sophomore guard Martin Gerlero had seven, four assists and four points in only 11 min-

Wesley got 25 points from Keith Wilson, who was 9-of-30 from the field. He also had five rebounds. Tadaka Dente finished with 20 and pulled down 14 rebounds. Rogert Catenhead contributed with 13 and eight rebounds.

## Evans signs with Lady Bears

TIMES STAFF REPORT

A Pikeville High School senior has decided to stay home to further her education and ath-

letics careers.

Kalaiah Evans signed to play

softball at Pikeville College Tuesday morning in a ceremony

WOMEN'S BASKETBALL

## **Guard play leads Lady Bears to win**

TIMES STAFF REPORT

PIKEVILLE - Pikeville College got a solid effort from its guards and took advantage of a total lack of depth by its apposition in knocking off Knoxville College 79-51 Saturday afternoon.

The win improved the Lady Bears to 11-10 on the season and ended a two-game losing streak. Knoxville is 1-19.

Injuries have limited the Lady Bulldogs to only five players at this point in the season. Weariness caused them to make only 35.1 percent of their shots, including 12.5 percent from the arc and resulted in 25

Freshman Ashley Wireman stepped her game up in the first start of her career. She flipped ih six threes to finish with 24 points and also added four steals.

Freshman Brianne Daniels and junior Ashley Ratliff joined her in double figures. Daniels, a guard from Paintsville, finished with 11 and four rebounds, while from Ratliff, a guard Rockhouse, tossed in 10 and had six assists with no turnovers.

Pikeville won the rebounding battle 43-39 but had no player with more than seven. Junior Amelia Cody had that number to go with six points and three steals. Three other

Lady Bears had six boards. Knoxville got a terrific effort from sophomore Djenebou Sissoko, who scored 21 points and pulled down 19 rebounds. Junior Sharyce Banks had 13 points as well.

The Lady Bears hit only 40.3 percent from the field but went 16-of-20 (80 percent) from the line in the win.

in her high school's library.

will help her at our level," said Robert Staggs, who is beginning his second season as head coach of the Lady Bears. "She comes from a winning program, which is a major asset, and loves to play the game. I think she'll be a solid player for us over the next

four years." Evans, who plays third base, first base and designated hitter, has posted consecutive solid seasons for Elizabeth Baird Salyers' club. As a junior, she hit .337 with 29 hits, scoring 18 and driving in 18 while stealing 20 bases. She had seven doubles and two triples.

She was named to the allcounty team, was academic All-State, was a member of the Kentucky Junior East All-Stars and made the all-tournament team in the Bell County Classic after helping her squad to an 18-10 season.

The Lady Panthers were district champions and finished runners-up in the 15th Region, the Lyndel Potter Memorial Classic and the Bell County event.

During her sophomore season, she hit .345 despite missing a month due to injury. She had 19 hits, including five doubles, scoring 12 runs and driving in seven. She played a key role in helping her team win the 15th Regional title, going 4-for-4 with four doubles and scored three times in the title game.

She was named all-county as a sophomore, helping her team to the titles in both the Bell County and Hillbilly classics and the runner-up spot in the district

#### down Pistons 17, Wildcats 4: Austin Bailey led the Pistons with six points and Dylan Slone added five for the winners. Jordan Slone scored four third quarter points and Clay Slone rounded out the scoring with two points. Eric Collins

two points each.

## **Garrett Christian Academy** defeats David School

PRESTONSBURG - The local church. Garrett Christian Academy defeated the David School boys' basketball team in a hard-fought game played Monday night at the Prestonsburg High School Fieldhouse. The David School boys' team, which is in its second year of existence, was the official home team in an interesting game. The Garrett Christian Academy is a small religious school on the Floyd County-Knott County border which draws its players from other schools and is associated with a

by STEVE LeMASTER

SPORTS EDITOR

Christian School boys' basketball

team improved its record to 21-3

by taking top honors in the

Covington Classic. Garrett

Christian School, coached by

longtime Allen Central High assis-

tant coach Jerry Manns, beat Gate

City, Va. for the tournament cham-

pionship. Garrett Christian School

over host Covington Christian,

Garrett Christian was led in scor-

ing by Ryan Slone with 20 points.

Brian Paige scored 19 and David

Franklin chipped in 15. Seth

Bailey scored 11 and Shane

Feltner added 10. J.R. Stamper

scored five in the Garrett Christian

City, Va. 62-52 in the quarterfi-

nals. Slone scored 19 points in the

Garrett Christian beat Gate

In an opening round 83-43 win

is in its first year of existence.

GARRETT - The Garrett

Garrett Christian wins

Covington tourney

On Monday night, Garrett beat

The David School roared out to a 16-4 first quarter lead. Talented Falcon junior forward Adam Meade dominated the Garrett Christian Warriors inside. The Warriors rallied back with the help of long-range shooting and tied the score at 25 to go into the half-

The second half proved to be a high scoring affair as Garrett Christian Academy began to double and triple team Meade and in

first win over Gate City and

Feltner tossed in 14. Bailey

chipped in 13 and Franklin netted

seven. Paige scored six and Seth

Slone rounded out the scoring

City, Va. 61-40 in the champi-

onship game. Paige tossed in a

game-high 25 points and Feltner

scored 13. Slone had 11 in the title

ment's most valuable player.

Slone, Feltner and Bailey were all

three-point shooting competition

and Feltner won a Hot Shot event.

tices at Carr Creek in Knott

County. The first-year squad has

been invited to play in a tourna-

ment in Pensacola, Fla. Jan. 27-

31. After that, the private school

will play in a Christian state tour-

named all-tournament.

nament in February.

Paige was named the tourna-

Slone finished second in a

Garrett Christian holds it prac-

Garrett Christian downed Gate

with a free throw.

game victory.

the process was able to force the Falcons into numerous turnovers with a stifling fullcourt press. In a high-scoring fourth quarter, the Garrett Christian Academy scored 25 points and outscored the Falcons 25-21.

The game was actually much closer the final score in that the Falcons pulled within four points with 2:02 to go.

Nathan Ousley led the David School in scoring with 23 points. He scored an amazing 15 points in the fourth quarter. Meade scored 16 points for the Falcons. He also had 14 rebounds. Josh Nelson scored six points for the Falcons and Brandon Powers added two. Jason Whitaker added six points and also had 12 rebounds. After the game, David School Coach Ned Pillersdorf noted that the game seemed to change when the Garrett Christian Academy realized it could not guard Meade one on one, and proceeded to double and triple team the talented junior the rest of the way.

"I felt our team hustled and tried as hard as any high school team in the area," Pillersdorf said. "If anything, we are guilty of probably trying and pressing too hard. My kids made a wonderful comeback to cut a 14-point fourth quarter lead to four points with two minutes to go. I think fatigue and nerves prevented us from getting our first victory."

The David School Falcons will travel to historic Carr Creek High School in Knott County for a Friday rematch against Garrett Christian Academy. Tip-off is set for 7 p.m. On Monday, the Flacons will play an unusual doubleheader at the Prestonsburg Fieldhouse against the host Blackcats and the Pikeville



photo by Jamie Nick Jamerson dribbled through the Pikeville defense en route to a layup.

33-10 SECOND HALF RUN LIFTS P'BURG

## Blackcats rally past Panthers

by JAMIE HOWELL CONTRIBUTING WRITER

PIKEVILLE - It looked early like Prestonsburg had left its team at home, but a strong second half rally lifted the Blackcats to a 51-41 win over Pikeville on Saturday night. Prestonsburg fell behind 31-18 at the half but outscored Pikeville 33-10 in the second half to post the win. Pikeville built a big lead behind the play of Jordan Mullins who finished with 13 points to lead the Panthers. Prestonsburg went cold from the floor in the second quarter. The Blackcats were outscored 16-6 in the period.

The second half momentum quickly turned to the Prestonsburg side after the Blackcats slapped the full court press on the Panthers. Pikeville turned the ball over 10 times in the third quarter and Prestonsburg took advantage of the turnovers.

Jesse Chaffin picked up were he left off the night before by scoring 15 points to lead the Blackcats. Chaffin had a great week for

Nick Jamerson tossed in 12 points for Prestonsburg.

Joe Blackburn came off the Prestonsburg bench to add eight points and pull down six

rebounds in only two quarters of work. Prestonsburg cut the Pikeville lead to three after three quarters of play and

(See PAST, page five)

WOMEN'S COLLEGE BASKETBALL

## Spalding shoots past Pikeville

TIMES STAFF REPORT

LOUISVILLE - The Lady Pelicans of Spalding University

ble-double from Brynn Wimsatt with 11 points and 12 rebounds.

the first 11 points as Deandra Sullivan had five. Pikeville cut it to five before the Lady Pelicans exploded, leading at one point 29-7. The team had six three-

The Lady Pelicans led by 25 R

Spalding's biggest lead came reached 26 (56-30) before Pikeville began its comeback. The Lady Bears got within 10 Wireman hit a three, but that

Spalding scored the games'

final 12 points. Pikeville (11-11) had two players in double figures, with Wireman's 13 leading the way. The freshman struggled, however, hitting only 4-of-19 on the night as the Lady Bears shot

Junior Amelia Cody turned in a double-double with a dozen points and 15 rebounds. Williams, a junior from Staffordsville, had 15 boards as well as Pikeville won the

The game was Pikeville's final nonconference game of the season. The Lady Bears begin 10-game Mid-South Conference round-robin on Saturday afternoon, traveling to Campbellsville University. Tip-

hit 14 three-point baskets and held off a furious charge down the stretch to hand Pikeville its second straight defeat 79-57 Monday night.

Gerri Phelps was 7-of-12 from the arc to finish with a game-high 25 markers, and teammate Brittany Morrison nailed 4-of-6 to finish with 21. In addition, Spalding got a dou-

Spalding (4-15) scored 10 of

pointers at that point and the lead came after Phelps hit backto-back tri-fectas. twice in the first half, including at 36-11, and after junior Selena

Williams scored just before the break, Spalding led 44-22 at the at the 12:21 mark when it

(67-57) when freshman Ashley was the end of the night for the Pikeville offense.

only 27 percent for the game.

rebounding battle 62-56.

off is scheduled for 2 p.m.

#### Prestonsburg, scoring 20, 18 and 15 points in a three-game Panthers 14, Eagles 3

by BARRY WILNER ASSOCIATED PRESS

PHILADELPHIA - The Carolina Panthers made sure their stunning run to the Super Bowl wasn't stopped by a Philadelphia team that flops at the final hurdle.

While the Panthers are headed to their first Super Bowl after a dominating 14-5 victory in the NFC championship game Sunday night, the Eagles fell one win short of the big game for the third straight year.

The Eagles began their streak of conference title appearances in 2001, when the Panthers were 1-

Now Carolina (14-5) is the NFC's best, and will take on New England in Houston on Feb. 1. The Patriots, who beat Indianapolis 24-14 earlier Sunday, won the Super Bowl two years ago - when the Panthers were the NFL's worst team.

"It has been a long ride," said receiver Muhsin Muhammad, who caught a 24-yard touchdown pass. "There have been a lot of good moments, as well as some bad moments. This has to be the best moment yet.'

There have been many nice memories in these playoffs, from a lopsided wild-card victory over Dallas to a thrilling double-overtime win at St. Louis that ended the Rams' 14-game home winning streak

Add to those:

Three interceptions by rookie Ricky Manning Jr., as many as he had in the regular sea-

- Five sacks, including a second-quarter takedown that separated Donovan McNabb's rib cartilage and wound up sidelining him for the final period.

- A 76-yard rushing effort by Stephen Davis, coming off a quadriceps injury that idled him in the second quarter in St. Louis. His backup, DeShaun Foster, added 60 yards and a powerful 1yard TD run during which he broke four tackles.

"It's just one step in our journey, and we're not done with our mission yet," said Mike Rucker, whose sack hurt McNabb. "It's the right direction.'

It's a direction the Eagles (13-5) can't seem to master.

They haven't won a league crown since 1960, nor been to the Super Bowl since 1981. They are the first team to lose three straight conference championship games since the Dallas Cowboys from 1980-82. And they are the first team to host consecutive conference championships and lose both since game sites originally were determined by record in 1975.

This defeat might have been

"It's going to be hard to swal-low again," McNabb said. "To a third down from the Carolina 18 think about this all of the offseason again and try to get over this

"For us to get here three times and not be able to go further, it

Philadelphia was hurt by some poor routes by receivers Todd hurt by a chronic inability to stop the run. And it was hurt by some poor play in its touted secondary even while Carolina's defensive

backs were making the difference. Particularly Manning, a thirdround draft pick who became a regular in the final month of the

Manning picked off McNabb's poor pass with 47 seconds remaining in the first half, which ended 7-3. His second interception was even more significant.

and McNabb threw the ball directly to him. Manning celebrated with an Ali Shuffle.

He'd deliver the knockout punch a little later, after Mike Minter's ferocious hit on Thrash popped the ball into the air. Manning grabbed it, made a 17ceptions in 9:39 - and Foster's run finished the scoring.

"They are coming at me, definitely," Manning said. "They are testing me. All I say is, 'Bring

Carolina is bringing it. Under John Fox, the Panthers have gone from what the coach termed "31st in a 31-team league both sides of the ball" to the Super Bowl. They

(See BOWL, page five)

## Patriots 24, Colts 14

by DAVE GOLDBERG ASSOCIATED PRESS

FOXBORO, Mass. - The New England Patriots are going back to the Super Bowl with a different identity than they had two

Back then, the Patriots were the upstarts who beat the mighty St. Louis Rams with an unproven quarterback in Tom Brady.

Now, Brady's a star and the upstarts are New England's opponents, the Carolina Panthers and inexperienced quarterback Jake Delhomme.

One thing that has been a constant for the Patriots since their first Super Bowl win is their stifling defense. Just ask Peyton Manning and the Indianapolis Colts, whose perfect postseason was shattered 24-14 on Sunday by New England in an AFC championship game that wasn't as close as the score indicated.

Manning, who had eight touchdown passes and no interceptions in wins over Denver and Kansas City, threw four picks on Sunday - three by Ty Law. He was also sacked four times.

"That was awesome," said coach Bill Belichick, who rarely uses superlatives about his own

Indeed it was, especially by the defense, which forced five turnovers. That gave New England 14 straight wins, the first team to do that in a single season since the 1972 Dolphins.

"It doesn't mean anything unless we get 15," Brady said. The offense was pretty good,

too, although it couldn't get into the end zone after Brady's 7-yard

TD pass to David Givens on the game's first drive. Brady threw for 237 yards and Antowain Smith carried 22 times for 100 yards.

The rest of the points came on Adam Vinatieri's five field goals and a safety caused by Justin Snow's snap over punter Hunter Smith's head for the Colts, who

finished 14-5. But the defense drove Manning crazy in his first playoff game this season in real weather - slow, steady snow throughout. The Colts' first win was indoors at home over Denver and its second in Kansas City on a sunny day with temperatures in the 50s.

"We got a little pressure and Manning had happy feet," New Willie England linebacker McGinest said.

They had to be happy given the pressure - it started early with McGinest and defensive tackle Richard Seymour pressuring Manning to throw away two passes. It continued with interceptions on consecutive passes by Rodney Harrison and Law.

Law got two more interceptions — the first time in more than two years that Manning had four in a game - Harrison forced a fumble and Jarvis Green had three of New England's four sacks.

It turned out that the Colts' game plan started with winning the coin toss. "A big part of the plan was for

us to have won the toss and try to get a lead," said Manning, who was 23-for-47 for 237 yards. "We have done that in the past.

At the same time, 7-0, 15-0, it was (See GAME, page five)

MEN'S COLLEGE BASKETBALL

## Georgia 65, No. 5 Kentucky 57

by MURRAY EVANS ASSOCIATED PRESS

LEXINGTON - Rashad Wright scored 20 points to lift Georgia past No. 5 Kentucky 65-57 on Saturday, ending the Wildcats' 19-game Southeastern Conference regular-season winning streak.

Georgia (9-5, 1-2 SEC) beat a top-five opponent for the second time this month. The Bulldogs downed then-No. 3 Georgia Tech 83-80 in double overtime on Jan. 3.

In between that win and the win over Kentucky, Georgia lost its first two SEC games by more than 20 points each.

Damien Wilkins added 11 points and 13 rebounds for the Bulldogs, who trailed Kentucky only once, for 70 seconds midway through the second half. Kentucky (11-2, 2-1) came no closer than six points during the final six minutes, and Wright scored on a dunk with 0.2 seconds left to cap the upset.

Kentucky's winning streak was the seventh-longest in league history. The Wildcats' last regular-season SEC loss was to Vanderbilt on Feb. 27, 2002. The loss denied Kentucky coach Tubby Smith what would have been his 300th career win.

Erik Daniels scored 15 points to lead Kentucky, but the 6-foot-8 center had one rebound, six below his average. Chuck Hayes scored 13 points and Gerald Fitch added 10 points for Kentucky. Fitch entered the game averaging 18.1 points, but went just 2-of-9 from the field.

During a game that included 50 fouls - 25 on each team -Georgia made 27 of 35 free throws (77.1 percent), helping offset a 16-for-41 (39 percent) shooting effort. The Bulldogs outrebounded Kentucky 36-23.

Kentucky finished 19-of-52 from the field (36.5 percent) and went just 4-of-19 from 3-point range. Kentucky went 15-of-22 from the free-throw line.

Kentucky took its only lead at 34-33 with 12:43 left on

Daniels' free throw. Levi Stukes, who scored 11 points, hit two free throws with 11:33 left to give Georgia the lead for good, 35-34.

Georgia led 39-38 when Wright hit one of his four 3pointers. Marcus Sikes followed with a tip-in to give the Bulldogs a 44-38 lead.

In the first half, Georgia led by as many as 11 points -Kentucky's largest deficit of the Kentucky closed the gap to

28-25 at halftime. During the first seven minutes of the second half, Kentucky missed eight shots that would have either tied the game or given the Wildcats

H.S. BOYS' BASKETBALL

## Belfry 75, Matewan, W.Va. 42

TIMES STAFF REPORT

MATEWAN, W.Va. Belfry shot just 37 percent (27of-74) from the floor Friday night, but forced to commit 33 turnovers to beat Matewan, W.Va. 75-42.

"We're trying," Belfry head coach Jason Booher said. "It seems like the more ugly we play, the better we play. We just hope to make our opponents play more ugly."

The Pirates had a seasonhigh 49 deflections and trailed just once early in the first quar-

Belfry raced out to 15-5 lead after the first quarter. The Bucs took their largest lead of the half at 18 (27-9) on a Doug Howard basket with 3:09 left in the half.

Matewan used a late surge to cut its margin to 14 at 30-16 at the intermission. The Tigers got as close as 11

at 32-21 on a three-point basket

by freshman Jack Stewart, who finished with a team-high 12 points, with 6:06 remaining in the third quarter.

And that was as close as Matewan would get.

Belfry took a 48-33 lead going into the final period and outscored the Tigers, 25-9, in the fourth quarter. Stewart was the only MHS

player in double figures. Josh Smith added eight points. Senior Chris Burns, who

made his first start of the season. had five points and 15 rebounds. Freshman Jamie Case came off the bench to lead Belfry with a game-high 15 points. Senior Zane Smith recorded a double-

double, scoring 14 points and

grabbing 14 rebounds. Sophomore Matt Maynard, who made his first start of the season after senior Paul Howard left the team following the Pirates' loss to Tug Valley last Tuesday, added 10 points.





Thompson

Crider



Hilton





photos by Steve



Whitt



TIMES STAFF REPORT

PRESTONSBURG - The second annual Josh Francis Memorial Duals, sponsored by Furniture Home Prestonsburg, was held Saturday at Prestonsburg High School. Prestonsburg wrestling team hosted the tournament. Prestonsburg, coached by Jerry Butcher, made a fine showing in the tournament. The sport of amateur wrestling at Prestonsburg High continues to

Johnson Central won the second annual tournament, beating out a second-place Lawrence County. Perry County Central also competed in the tourna-

Steven Thompson, Drew Hilton, Chris Hayden, Wes Woods and Chris Crider all had second-place finishes for Prestonsburg. Crider, a senior, also recorded a pin.

Other Prestonsburg wrestlers who competed in the tournament included Chris Bostic, Bruce Hall and Patrick Henderson. Shawn Whitt is also a member of the Prestonsburg High grappling team.

Thompson, who normally wrestles at 145, wrestled at 140 on Saturday, falling to an accomplished wrestler from Lawrence County High School who recent-

ly began school in the Bluegrass State after transferring in from Ohio. Thompson ranks among the top competitors statewide in the 145-pound class.

A complete list of winners from Saturday's tournament appears below.

This was the first year for Home Furniture signing on as the sponsor of the Prestonsburg wrestling tournament. Home Furniture draws customers from throughout Eastern Kentucky.

Home Furniture is located in Highlands Plaza. Call the store toll free at 1-877-775-1598. Locally, call 886-9656.

#### JOSH FRANCIS MEMORIAL DUALS

SPONSORED BY HOME FURNITURE

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Trimble, Johnson Central Green, Johnson Central

Burt, Johnson Central York, Lawrence County Strong, Perry Central

Murton, Lawrence County Johnston, Johnson Central

130 Guthrie, Johnson Central

Josh Francis Memorial Duals

Webb, Johnson Central Hilton, Prestonsburg

Murton, Lawrence County

Thompson, Prestonsburg

Maynard, Lawrence County

152 Jones, Perry Central Click, Johnson Central

Hayden, Prestonsburg

Holder, Lawrence County

Schaffer, Lawrence County Hardwick, Johnson Central

Henderson, Prestonsburg

Lemaster, Johnson Central Woods, Prestonsburg

189

Castle, Lawrence County Crider, Prestonsburg Combs, Perry Central

215

Webb, Johnson Central Chaffin, Lawrence County Hall, Prestonsburg

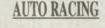
Hwt. - Webb, Johnson Central



Prestonsburg High School



Home Furniture sponsored the second annual Josh Francis Memorial Duals. Home Furniture carries both furniture and appliances.



## NASCAR Nextel Cup: Points to change in final 10 races

THE ASSOCIATED PRESS

CONCORD, N.C. - In a bid to add excitement and put more on winning, emphasis NASCAR changed its scoring system Tuesday by setting up a showdown for the Nextel Cup championship over the season's last 10 races.

"I'm confident it is going to work and the drivers and teams are going to like it after they hear all the details," NASCAR chairman Brian France said.

NASCAR has been criticized in recent years for using a points system that rewarded consistency more than winning. Matt Kenseth won the 2003 championship despite finishing first in just one race. Ryan

ings despite winning a serieshigh eight races.

France said the changes to the system that had been in place since 1975 are aimed at increasing attendance and TV ratings that usually drop in the fall because of competition from the World Series and

The new format will take effect after the first 26 races. The drivers in the top 10 and any other within 400 points of the leader will earn a berth in what NASCAR has dubbed the "Chase for the Championship."

Those drivers will have their point totals adjusted. The firstplace driver will begin the final 10 races with 5,050 points, the

Newman was sixth in the stand- second driver 5,045 and so on, with incremental drops of five points for all those involved in the championship showdown.

The drivers not involved in the championship will keep the points they have earned to that point in the season.

"This new model will provide all title contenders an opportunity to compete and contend for the championship.' NASCAR president Mike Helton said.

He pointed out that no driver outside the top 10 in points with 10 races remaining has ever won the championship.

are versatile, unrelenting and

have a penchant for winning

of the Super Bowl in 1996, their

second season, but lost at Green

Bay. This time, they were in

"We were attacking all day,"

control almost from the outset.

said Manning, also a hero last

week when his interception led

to the winning touchdown

willed guys, and they keep

swinging their sword until they

"We have a bunch of strong-

They got within one victory

"This is not a playoff," Helton said. "Every one of our events will continue to be a Super Bowl and all 43 drivers will be trying to win every

The champion will be guaranteed a minimum of \$5 million, while each of the other drivers who finish in the top 10 will earn \$1 million. The 11thplace finisher

\$250,000 bonus. NASCAR also will award a race winner an additional five points, beginning with the season-opening Daytona 500 on Feb. 15.

get it done," Fox said. "They

Super Bowl trip for the third

straight year, the players sense

what is ahead: an offseason of

angst over Philadelphia's lack of

any pro sports championship

since the 1982-83 76ers won the

fans of Philadelphia," receiver

Freddie Mitchell said. "They've

been waiting a long time. We

can't let the past affect our

"I definitely feel sorry for the

NBA title.

future."

With the Eagles denied a

aren't going to be denied."

Continued from p4



Past

■ Continued from p4

quickly took the lead to start quarter to win going away. the fourth quarter.

Trevor Compton added five. with one point. Prestonsburg outscored quarter and 18-5 in the final Pikeville.

Toyota Celica, sponsored by Fast

Change Oil & Lube of

Creations, also of Prestonsburg.

many thanks to all the track

champions on a well deserved

winning season, as well as all the

people behind the scenes, such

as families who made sacrifices

through out the season; sponsors,

who play such a critical role in

keeping many of the drivers at

the track; and most of all the

many fans who not only show

their support of each and every

racer at 201, but by simply

showing their dedication to the

sport by attending each Saturday

The 201 Speedway expresses

and

Prestonsburg, Colorama

Prestonsburg,

Kyle Ousley added four points John Mark Stephens fin- off the bench for Prestonsburg ished with six points on the and Michael Stephens rounded night for the Blackcats and out the visiting team's scoring

Robert Shurtleff tossed in Pikeville 15-5 in the third 10 points in the setback for

■ Continued from p2

## KENTUCKY BASKETBALL

## **Smith's foundation** donates \$350,000 to technology program

THE ASSOCIATED PRESS

LEXINGTON - Kentucky basketball coach Tubby Smith's foundation has committed \$350,000 during the next seven years toward a program in which Lexington-area lowincome and at-risk middleschool students will be taught technology skills.

The program, announced Monday, will establish five "Tubby's Clubhouses" Lexington by this fall. Smith's foundation is collaborating with the Parra Family Foundation, the Lexington-Fayette Urban County Government's Division of Parks and Recreation, Dell Inc.'s TechKnow Program, the Fayette County Public Schools, the Lexington Urban League and Keeneland.

The 100 students in the TechKnow Program will receive free desktop computers to take apart and rebuild. The students will be taught to install software, fix basic hardware problems and learn how to use various kinds of software, said Ken James, the superintendent of Fayette County schools.

"With a lot of underpriviledged kids, it's been proven if they can get an early start, then it's going to prepare them better for their education later on and for life later on," said Smith, who started his foundation in 1987. "It's appropriate that today, on Martin Luther King Jr. Day, that we can do something

"It makes me feel good that we're able to do something like this, to give back something."

American Heart

Game

against the Rams.

Bowl

close games.

a very reasonable score to come back from," Manning said. "We had a chance. We didn't get it

The chance came thanks to New England's problems inside the 20. The Patriots (16-2) led 15-0 at intermission, when Indy did what it wanted to do at the start — drive down the field and

But after Edgerrin James' 2yard TD run on that drive, Brady drove the Patriots on two drives that led to field goals. After the Colts scored again on a 7-yard pass from Manning to Marcus Pollard with 2:27 left, Vinatieri clinched it with a 34-yard field goal.

Now the Patriots get to face Carolina in two weeks with a chance to win their second Super Bowl in three years.

The Panthers, who beat Philadelphia 14-3 Sunday to win the NFC title, are a bit like the Patriots of two seasons ago. Delhomme is a journeyman with

Continued from p4 17 NFL starts - one more than

Brady had entering his first Super Bowl. Those Patriots upset St. Louis

20-17 on a late drive and Vinatieri's 48-yard field goal on the final play. They were doubledigit underdogs in that one. This time, New England is

favored by seven points, befitting a team that had the best record in the NFL this season against one that was 1-15 two years ago. After stopping the NFL's co-

MVP, they'll enter the game confident.

"He was hot," New England linebacker Tedy Bruschi said of Manning. "But to think he was going to come in here and they were going to go up and down the field on us was foolish."

"I couldn't find a rhythm. I didn't play the way I wanted to," he said. "I made some bad throws

New England helped him

and some bad decisions."

Manning recognized that.

night. Without the fans, the 201 Speedway would not have enjoyed the success that it has had over the past two decades, making the historic racing facility at Sitka, the longest running

dirt track in the state. The 2004 season promises to see 201 enter into its third decade with the same success, and excitement with two dates already signed for the exciting Battle of the Bluegrass Late Model Touring series scheduled to run the red clay on two dates, May 1, and then returning for a big Fourth of July race. The Battle of the Bluegrass will also bring the open wheels to the red



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# GAMES OF THE WEEK

- Prestonsburg vs. Belfry, Girls All 'A'-

This week's boys' basketball Game of the Week has the Prestonsburg boys' basketball team on the road Friday night at Ashland. Prestonsburg went on the road Saturday and beat Pikeville. In girls' basketball, the 15th Region All "A" Classic is being held at South Floyd High School, home of the Raiders and Lady Raiders.



RESTONSBURG BLACKCATS



South Floyd head coach Tony Isaac talked with his team during a timeout.

photo by Jamle Howell

# Lady Raiders top Prestonsburg

by STEVE LeMASTER SPORTS EDITOR

PRESTONSBURG - The South Floyd Lady Raiders got an all-important 58th District Floyd went into Prestonsburg and topped the host Lady Prestonsburg 49-41.

In the win, South Floyd got balanced scoring. Senior guard Megan Ousley scored 16 points

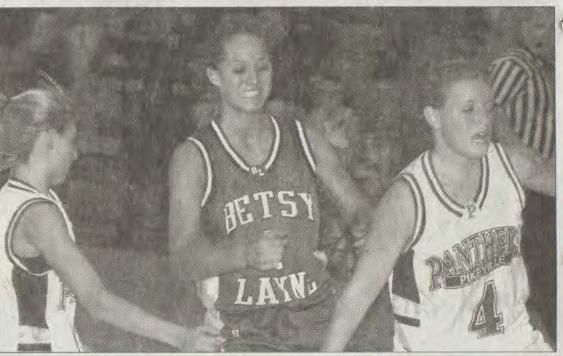
and Tab Trammel netted 12. Senior Ashley Johnson had a double-double, scoring 10 points and pulling down 11

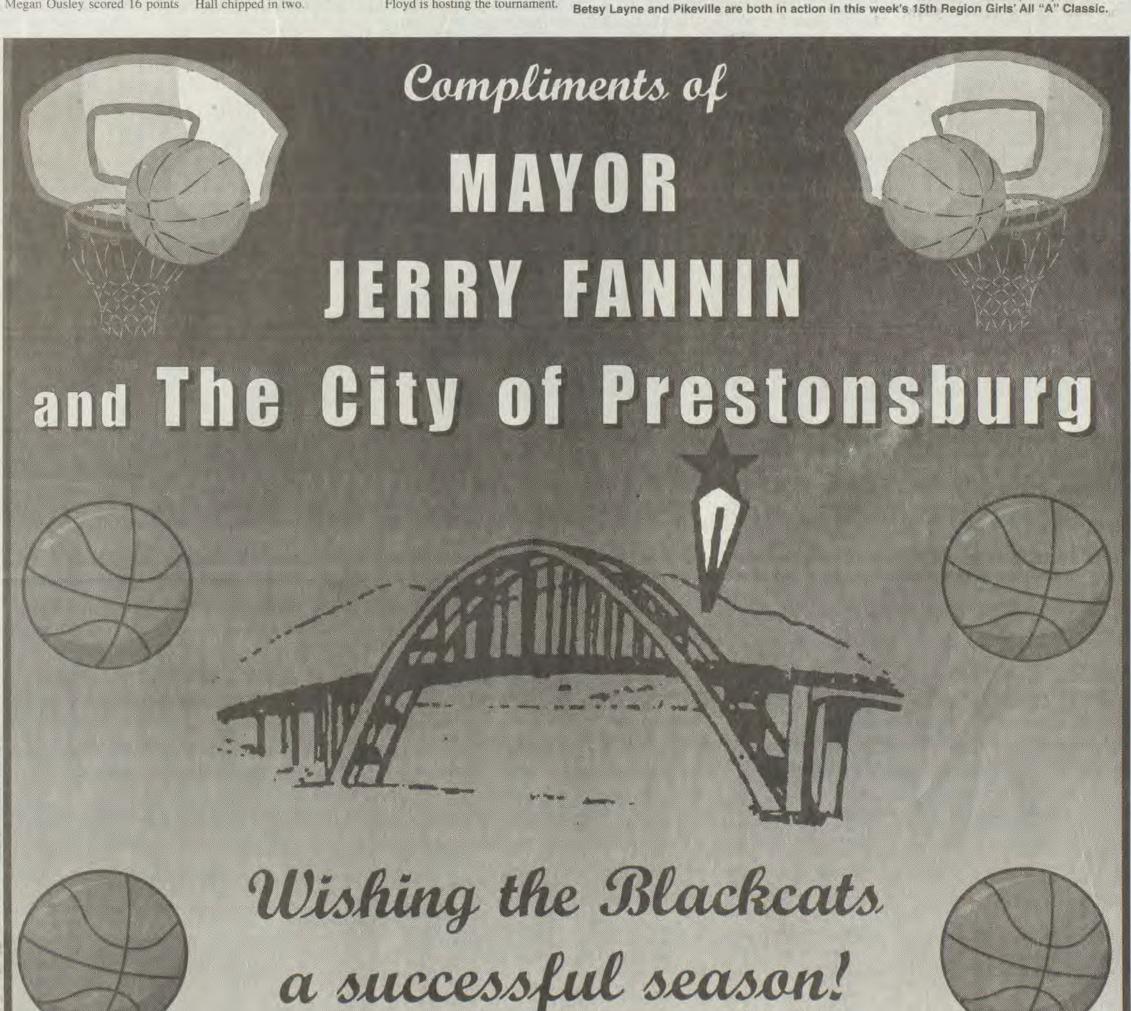
The win is the first over a victory Friday night. South Prestonsburg High girls' basketball team for South Floyd head coach Tony Isaac. The win also Blackcats. South Floyd beat broke for South Floyd a threegame losing streak.

Tab Tackett added seven points for South Floyd and Carla Hall chipped in two.

Molly Burchett netted 16 points to lead Prestonsburg in scoring. Darcey Hicks added 15. Heather White scored five points and Meaghan Slone added four. Chanel Music scored for Prestonsburg on a free

The win comes at a very good time for South Floyd. The Lady Raiders are currently vying for a title in this week's 15th Region Girls' All "A" Classic. South Floyd is hosting the tournament.





## SCHOOLNEWS

- Adams Middle page 2C
- Clark Elementary page 2C
- Stumbo Elementary page 3C

Clicker Training - page 1C "The BEST source for local and regional society news"

Critter Corner

#### INSIDESTUFF

- MOur Yesterdays page 2C
- Classifieds page 4C
- Business page 7C

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POISON OAK

## Memories from next to the last house in the hollow

It must have been about 1944 when my family moved from Smokey Hollow to Silk Stocking Row. All I remember for sure about the change in our residence was that our heavy furniture was moved in a big sled pulled by a mule driven by Earl VanHoose's boy, Jargo. I

Clyde Pack

do remember, too, that we lived in Silk Stocking when I started school in August, 1945.

Anyway, we lived there until I was in about the eighth grade. Then we moved again, right back up on Smokey. Actually, as far as I was concerned, Silk

Stocking (a.k.a. Society Row) was the best place for a kid to live because there were so many other kids around to play with. Not that I didn't have a lot of friends when I lived up Smokey too, like Keith Lyons and Jimmy Spencer.

But while some families moved in and out of Silk Stocking rather quickly, names and faces of youngsters with whom I played, after moving into the next to the last house in the hollow, still linger in my memory.

For example, John Burton's family lived in the very last house and he had two daughters, (Katie and Donna), about the age of my little brother Joe and me.

(See OAK, page three)

#### KIM'S KORNER

## Remembering Billy Ray

Like so many others last Monday, I, too, had to take part in making the lunchtime trek to Billy Ray's.

Several of my Times co-workers, friends and I have all discussed at one time or another, how much we have missed one of our favorite places to dine since fire destroyed the restaurant.

Just like Sheldon shared with us last week during his visit, on ours, too, we found the place packed!

Though the decor has changed dramatically - and how nice it is - the roar



Kim Frasure

of conversations, and the many faces gathered - just as in the past plainly show that many are ready to chow down once again on those infamous "Pool Room Burgers"!

What a day of emotions! So happy to see Billy Ray's

promise to re-open a reality, so sad that his smiling face and warm hug are no longer here to greet us.

Not once did I ever enter that establishment without both from a man I grew to love, admire and respect.

Billy Ray was something else alright! I'll never forget the one day, as my co-workers and I stood in line to pay for our meals, talking to one another and paying no attention to who was seated behind us, he reached up and pulled the back of my hair, saying, "Hey little girl,

(See KORNER, page three)



Local public safety personnel were treated to a catered lunch last Thursday, courtesy of the Carl D. Perkins Job Corps culinary arts program.

# Carl D. Perkins Job Corps Center students finding career paths

by Kathy J. Prater

Deborah Burchell, director, Carl D. Perkins Job Corps Center, wanted to express her appreciation to local public safety workers who help maintain an around-the-clock safe and friendly atmosphere for center staff and students at the Prestonsburg training center.

"These people are ready, night and day, to assist in any way needed," she said, "and we want them to know how very much we appreciate all that they do for us.'

In an effort to bring the point home, Burchell and her staff hosted an appreciation luncheon for area public safety workers this past Thursday afternoon at Prestonsburg's City Hall. Workers were served a luncheon buffet of grilled steak, barbecued chicken, chili, tossed salad, and an assort-

ment of vegetables and desserts. Each of the food items were prepared by students enrolled in the center's culinary arts program, under the direction of Tona Rhea, program director.

A visit to the center the day before found the students busily preparing for the next day's event as they marinated meats and prepared salads in advance.

According to Rhea, the focus of the center's culinary arts program is to train students in basic cooking skills and to teach them the basics of preparing foods for large groups. "This way," she said, "they can begin to get a feel for whether or not they enjoy the work. If they decide they want to pursue a culinary career, they can continue in Job Corps advanced

(See STUDENTS, page three)



photo by Kathy J. Prater Culinary students were on hand to serve an array of carefully prepared and tasty foods.

#### CRITTER CORNER

# Clicker training

By Dr. Carol Combs-Morris, DVM

So much is happening in the fields of animal behavior and training that it can be mindboggling at times, but is providing us with a wealth of new information and teaching tools. Having dyslexia (undiagnosed until a college roommate

majoring in special education picked up on it), I am very aware that different animals learn in different ways. When an animal is just not getting the message about a particular behavior with traditional methods, my opinion is that we humans are not conveying information effectively. It's time to switch gears.

I've been very interested for quite some time in "clicker training". You've probably seen some of this on Animal Planet, the Discovery Channel, or TLC. It's the same method used to train performing marine mammals such as dolphins and whales, although the clicker is

(See CRITTER, page three)



Times reader Nancy Meade writes: "When I made this flower arrangement, I thought it was pretty. But, when our little cat, "Walnut, " moved into it, I thought it was beautiful!"

## hool Calendar

#### ADAMS MIDDLE SCHOOL YOUTH SERVICES CENTER

\*\*School is currently collecting Food City receipts! Please send them in now through March.\*

■ The AMS Youth Services Center is open all year to assist students and families in need. Please drop by or call the center at 886-9812 for more information on any of the above activites, or to request assistance with a family need. Center is open from 8 a.m. - 4 p.m., and later by appointment. Center coordinator, Michelle Keathley. Assistant coordinator, Sheila Allen. Center offers services to all students regardless of income.

#### ALLEN CENTRAL MIDDLE SCHOOL

\*\*NOTICE\*\* School is now collecting Food City receipts. Students may bring receipts to homeroom teachers, or parents/community members may drop off at office.

Jan. 26 - Basketball Homecoming.

Bridges parent meeting,

1:30 p.m.

\*\*Lost coats have been turned in to the center office please have your child come claim their coat.\*\*

ACMS Youth Service Center distributes school activity calendars on the first school day of each month to all stu-Parents should be advised to watch for these informative materials as a means to staying informed on school happenings.

■ The ACMS Youth Service Center is open each day from 8:00 a.m. to 3:00 p.m., or later by appointment. For more information about the center or any listed activities, call LaDonna Patton, coordinator, or Marilyn Bailey, assistant, at 358-0134.

#### ALLEN ELEMENTARY AND FAMILY RESOURCE YOUTH SERVICE CENTER

Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's Hepatitis B vaccination, immunizations, and WIC appoint-

#### **BETSY LAYNE** ELEMENTARY

■ The Family Resource Youth Service Center provides services and referral services to all families regardless of income. The center is located in the middle building of the Betsy Layne Elementary School. Office hours are Mon. - Fri., 8 a.m. until 3 p.m.

Open enrollment for After School Child Care is available through the Family Resource Center. Service hours are 3 p.m. to 6 p.m.

Contact the center at 478-5550. Contact persons are Brian Akers and Charlotte Rogers.

#### CLARK ELEMENTARY

\*\*Each Wednesday, 3:15 p.m., "Fit Club" for 3rd, 4th, and 5th grades.

We are currently scheduling Hep B immunizations and physicals for 5th grade students. Also scheduling appointments for WIC services. These services are available to anyone in the community.

■ The Clark Elementary Family Resource Center provides services for all families

regardless of income. We are new location. Contact persons located in the Clark Elementary School building and can be reached by calling 886-0815.

#### **DUFF ELEMENTARY**

\*\*School is now collecting Food City receipts. Please help our school receive new computers and technological equipment "Apples for through the Students" program. Children may turn receipts in to their homeroom teachers. Community members may also turn receipts in to the school office.

Floyd County Health Dept. is at the school each Tuesday. Services include 6th grade school entry physical; Kindergarten, Head Start and Well-Child physicals; T.B. skin test; T.D. boosters; and WIC services. Please call 358-9878 for appointment if you are in need of any of these services.

■ The J.A. Duff Elementary Family Resource Center provides services for all families regardless of income. We are located in the tan metal building at the rear of the school. Please call or stop by to see us in our are Judy Handshoe, coordinator, and Ruby Bailey, assistant.

#### MAY VALLEY ELEMENTARY

Jan. 22 - FRC Advisory Council meeting, 4 p.m., in school library. All invited.

Parent Lending Library is available to parents for video check-outs. A variety of topics are available.

Floyd County Health Dept. nurse at school every Wednesday. Services include Headstart physicals, kindergarten physicals, 6th grade physicals, well-child physicals, immunizations, TB skin test, WIC program, blood pressure checks, and more. Must call the FRC at 285-0321 for an appoint-

■ Lending library available to parents for check out of videos of their interest.

#### MCDOWELL **ELEMENTARY AND FAMILY RESOURCE** CENTER

\*\*School is currently collecting Food City receipts to assist in purchasing equipment for the school. Please donate your receipts by dropping them off at the school office or

sending them with a student.\*\* ■ GED classes held in the library on Monday and

Wednesday of each week, 8:00 a.m. to 11:30 a.m. Support Group Parent

Calendar: 17 Feb. Communication & Children.

■ March 16 - Child Abuse awareness.

April 15 - No meeting. All parents invited to attend "Give Yourself a Break Day"

at the Mt. Arts Center. May Nutrition/Obesity.

Floyd County Health Department Nurse Joy Moore, is at the center each Monday to administer immunizations, T.B. skin tests, well-child exams, WIC, prenatal and post-partum services, and school physicals. Call 377-2678 for an appointment.

(See SCHOOL, page three)

# MESAIFARIDAYS

(Items taken from The Floyd County Times, 10, 20, 30, 40, 50 and 60 years ago.)

## **Ten Years Ago**

(Jan. 26 and Jan. 28, 1994)

The die is cast for the May 31 primary vote in Floyd County, where the passing Tuesday of the filing deadline produced contests in three of four races. Floyd County District Judge Danny Caudill and Prestonsburg attorneys Barkley Sturgill and Paul Burchett will face off in May for a shot at filling the circuit court judge's seat left vacant by the death of Judge Harold Stumbo...The Floyd County Board of Education will have a new representative from District 5, by the first week of April, or it will have none at all before a special election in November. Early April is the deadline for state education commissioner Thomas Boysen to name a replacement for Hattie Owens, who vacated the District 5 seat on January 2, to take a job with the county road department...An abandoned mobile home at Weeksbury burned to the ground, Friday, when a neighbor apparently set it on fire, after claiming to have seen a ghost in the residence. Floyd County Sheriff's deputies are investigating the blaze, and said Monday, that the neighbor, Nancy Lou Johnson, admitted to setting the fire...The Floyd County School System's reputation as being a troubled district, didn't deter a Floyd County native from coming home to take over the position of director of finance. Gary Parsons, 47, originally from McDowell, started work, last week, to replace former director David Johnson, who took a position with the Magoffin County School System in December...For the second time this month, the owners of three area radio stations will host a two-hour call-in talk show, Eastern Kentucky Issues Forum, for citizen's to talk about county government...An attorney for members of Floyd County's Solid Waste Commission filed motions, Friday, to dissolve a restraining order which voided a garbage rate increase, and asked that a lawsuit seeking the ouster of board members be dismissed. Floyd County Attorney Jim Hammond was granted a restraining order January 11, preventing an increase in residential and commercial garbage rates...Prestonsburg's current financial standing will be put under the microscope, and future revenue sources will be closely monitored, city council members agreed, Monday, and private citizens may be invited to join the process...If your spirit was moved by the story this week of a Weeksbury woman who set fire to a mobile home in an effort to evict an unwelcome apparition, it might interest you to know that the tale is not as strange as it seems. Weeksbury, in fact, has a ghostly past. Nearly sixty years to the day,

before Nancy Lou Johnson said she set

fire to an abandoned trailer after seeing a ghost in the residence, another spirit put the small, Left Beaver community in the spotlight...The fourth and fifth place finishers in the race for the District Five School Board seat in November 1992, are the first two applicants for the post. Rabon Delano Flannery and Charles Ousley have submitted applications to Education Commissioner Thomas Boysen to be considered to fill the board seat vacated earlier this month by Hattie Owens...The Floyd County Times swept the on-going coverage category of the Kentucky Press Association's 1993 Fall Newspaper Contest; won three first place third place in general excellence, in judgamong multi-weekly newspapers...Counting the inmate population at the new Otter Creek Correctional facility, Wheelwright city leaders are asking state legislators to reclassify their town as a fifth class city. The town is now classified as a sixth class city...It looks as if Floyd County students will, once again, be attending classes until the middle of June, unless state education officials offer some relief. Due to the recent bout of severe winter weather and several missed school days in December, the last day of school for the 1993-94 year is set at June 17...An informal meeting, Wednesday, of the Prestonsburg City Council's personnel and administration committee caused a brief stir at city hall, where some employees worried that the new administration may be preparing to bring in the new, and lay off the old. Mayor Jerry Fannin said Thursday, though, that the meeting was just the first in a series of committee sessions that will be called to examine the city's financial position, and to plot a course for making local government more efficient and less costly...A Martin County Coal company donated a sizable chunk of funding to the Mountain Arts Center this week. Martin County Coal delivered the first \$30,000 check of a 5-year, \$150,000 pledge to aid in the construction of the center, which will house the Kentucky Opry...Concerned that your children aren't receiving the education they need to enter the work force? Then voice your opinions at a meeting of the Governor's School-To-Work Partnership Council at Jenny Wiley State Park on February 8...There died: Gradie Rodriguez, 85, of Weeksbury, formerly of Bypro, Tuesday, January 18, at Hazard Nursing Home; Goldie M. Castle, 73, of Printer, Sunday, January 23, at the University of Kentucky Medical Center, Lexington; Spencer J. Cook, 69, of Sandusky, Ohio, Tuesday, at his home; Mary A. Bailey, 94, of Bypro, Sunday, January 23, at McDowell Appalachian

Regional Hospital; Louise Smith, 65, of

Larkslane, Monday, January 24, at her

Printer, Friday, January 21, at Our Lady of the Way Hospital; Estill Newsome, 77, of Beaver, Sunday, January 23, at Highlands Regional Medical Center; Dr. Robert Willis Edwards, 43, a Prestonsburg native, of Carrboro, North Carolina, Sunday, January 23, at his home; Lewis Campbell, 87, of Allen, Saturday, January 22, at the Jenkins Community Hospital; Grace Francis Allen, 75, of Grayson, Tuesday, January 18, at her home; Mary Irene Bieske Swan, 44, of Homer, Michigan, January 20, at her residence; Alaxandria Lynn D.F. Mullins, 14-day-old daughter of Curtis awards; two second place; two third place Ray Mullins and Kathy A. Hall of Silver and an honorable mention, to capture Lake, Indiana, Thursday, January 20, in the Lutheran Hospital, Fort Wayne, Indiana; Elbert Prater, 80, of Blue River, Monday, January 17, at Mountain Manor Nursing Home; Erica Marcelina Robinson, seven-month-old daughter of Marcelina Torres and Lisa Robinson of Lexington, Wednesday, January 19, at her residence: Glenn H. Tuttle, 42, of Plymouth, Ohio, formerly of Knott County, Monday, January 24, at his residence; Pearlie Slone Johnson, 95, of Risner, Tuesday, January 25, at Highlands Regional Medical Center; Elmon Roberts, 68, of Weeksbury, Sunday, January 23, at his residence; Arnold "Big Apple" Akers, 79, of Ashland, formerly of Bypro, Thursday, December 23, at Our Lady of Bellefonte Hospital; Sally Jones, 86, of Robinson Creek, January 26, at her residence; Maggie Reffitt, 88, of Lackey, Wednesday, January 26, at Highlands Regional Medical Center; Gypsie Wicker Stephens, 83, of Langley, Tuesday, January 25, at Highlands Regional Medical Center; Jennie Petry Martin, 82, of Garrett, Wednesday, January 26, at Highlands Regional Medical Center.

## **Twenty Years Ago**

(February 1, 1984)

An institution, reckoned to be at least 50 years old, died last month, when the local chapter of the American Red Cross closed its doors for the last time...A bail hearing was set for Clyde Douglas Marshall and Bobby Gene McGuffey, accused of complicity in the June 20 death of Marshall's wife, Glenda Sharon Marshall...Eric D. Hall was named Outstanding Young Man of the Year in Floyd County, during the Prestonsburg recent Area Jaycees awards dinner...Prestonsburg Utilities announced that gas bills will go up... There died: Milton Conley, 70, of Hueysville, Monday, at St. Joseph Hospital in Lexington; James M. Hale, 89, of Blue River, Tuesday, January 24, at his residence; Ella Hamilton, 54, of Teaberry,

residence; Luther McKinney, 64, of Friday, at her home; David J. Vaughan, 82, of Prestonsburg, January 25, at Highlands Regional Medical Centter; Madison Patrick, 47, of Salt Lick, Monday, at his residence.

#### **Thirty Years Ago**

(January 30, 1974)

The fiscal court voted at its Monday meeting to post rewards of \$1,000 each, for information leading to the arrest and conviction of the killers in three unsolved Floyd murder cases. The rewards are offered in an attempt to solve the mystery surrounding the slayings of James Chaffins on Arkansas Creek, Deputy Sheriff Lawrence Conley at Garrett, and Clayton Conley, Wayland...Floyd County crime, during the first nine months of last year, was near the rate for the corresponding period of the preceding year, except in the category of forcible rape—and the increase in that area of crime was 250 percent...Rep. W. J. Reynolds, House majority caucus leader, said, last week-end, he feels certain the General Assembly will enact the so-called Broad Form Deed bill, and that there will be no relaxation of strip mining controls...The Prestonsburg Community College basketball squad may have experienced its finest hour, Monday night, when the Highlanders defeated the University of Kentucky junior varsity Kittens, 79-78, at Memorial Coliseum. Lexington...There died: Mrs. Dallas Spriggs, 78, of Lancer, last Thursday, at Pikeville; Mrs. Tessie Williams, 76, of Printer, Friday, at New London, O.; John R. Prater, 96, of Mousie, and a native of Hippo, Saturday, at a Martin hospital; Elder John M. Jones, 71, of Bevinsville, Monday, at McDowell Appalachian Regional Hospital; Arthur Newsome, 53, of Melvin, Jan. 21, at Pikeville; Edward Martin Elliott, 80, formerly of this county, Jan. 18, in Dallas, Texas; Frank Marshall, 99, Prestonsburg native, Jan. 6, in Oklahoma; James Stanley, 57, of the Abbott Road, last Wednesday, here; Allen Pete Patton, 89, of McDowell, Saturday, at McDowell Appalachian Regional Hospital; Ballard Thornsbury, 72, Monday, at home at Wayland.

## **Forty Years Ago**

(January 30, 1964)

Mayor George P. Archer was notified, Wednesday morning, by Congressman Carl Perkins, that final approval of the Prestonsburg street project had been made with \$814,227 being appropriated...The work program for unemployed fathers in

(See YESTERDAYS, page three)

Continued from p1

usually replaced with a whistle. The proper name for this training method is Operant Conditioning. You've heard this term if you studied a man named B.F. Skinner in college psychology. Basically, operant conditioning involves influencing behavior (animals or people) by reinforcing certain actions. This is another one of those concepts that's much easier to understand when you are given an example.

We see a type of operant conditioning in action when the family cat appears out of thin air whenever he hears the can opener. The cat doesn't actually think, "Wow, I'll bet that's a can of cat food being opened!" (Although it can sure seem that way). Actually, the sound of the can opener has become associated with the positive reinforcement of often being fed shortly thereafter. That's a simplified version, but you get the

Trainers have taken advantage of animals' ability to make an association between some type of sound and the occurrence of something desirable. "Clickers" have become the noisemaker of choice for dog training. These are small plastic-and-metal boxes that make a loud "click-click" sound when pressed. Start with a bag of wieners or cheese cut into small pieces. If you spend a few minutes giving the dog a treat each time you click, you soon see him take on an expectant look each time he hears the sound.

What happens if you begin to click only when he is in a sitting position? It may take a few more minutes, but before long, you can almost see the little light bulb go on over his head! "This is a game, and I think I just discovered a rule! If I put my body in this position, I can make this person click, and a click means a treat! Cool!"

The weird thing is, you just taught "sit" and you didn't say a word! This drove me crazy at first. I was so used to saving "sit". then luring or placing the dog into that position. Now, I knew that the word meant nothing to the dog originally, but I still felt the "command" should come first. When clicker training, however, you get the behavior first, then you add the word. It helped me to think of this as "naming" the behavior for the dog, rather than "commanding" it. Once the dog begins performing, or "offering" the behavior fairly

adding the word that goes with the particular action. Say "sit", just as the dog's bottom hits the ground-soon an association will form in the dog's mind between the sound of the word and the sitting position. Click and treat as

In a little while, try saying "sit" before the dog offers the behavior. If he drops into position (even if it appears, accidental), click and reward him with a "jackpot" of several treats. If he doesn't offer the behavior, do nothing. He didn't do anything wrong; you just raised the criteria that he has to meet to earn the click. Try again in a few seconds. Unbelievably, your dog may be sitting on command, off leash, within five minutes or so. Of course, you will

predictably, it is time to start need to practice this to keep the command fresh in his mind. Over time, you will reduce the frequency of treats (It takes two clicks to earn a treat, then three, and so on) and substitute verbal praise and petting. Eventually, the clicker will not be necessary at all, but even then it will still be a very powerful tool-an occasional, random click and treat that takes the dog by surprise "cements" the behavior and makes it much less likely that the dog will ever forget it. In the meantime, you are showing him all sorts of new things he can do to make you click-"down", "shake hands" "say your prayers"—your imagination, patience, and the dog's physical

> abilities are the only limits! Another fun approach is to take something unique that the dog does, give it a name, and "put it on cue". For example, our Dalmatian has a habit of sitting up on her

haunches. I gave this a name, "sit pretty", and she now does it on command. I've read that some of the best animal tricks in television and movies started with a trainer using something the animal did spontaneously.

Believe it or not, this technique works with cats, too. The sessions usually have to be shorter, because cats get bored quickly with repetition, and the treats must be very desirable, such as bits of shrimp or tuna. You have to convince a cat that this is worth his while!

I'd love to get a group together to explore more about this method! I'm new at it myself, but I got hooked when I attended a seminar by Karen Pryor (the "mother of clicker training") a couple of years ago. Let me know if you're interested! You can also, check out

for

www.clickertraining.com more information.

#### School

#### PRESTONSBURG **ELEMENTARY AND** FAMILY RESOURCE CENTER

- The Family Resource Center is open weekdays 8 a.m.-4 p.m.
- After School Child Care, 3-6 p.m., school days.
- Call 886-7088 for additional information regarding the Prestonsburg Elementary Family Resource Center or its programs.

#### PRESTONSBURG HIGH SCHOOL

Jan. 21 - Special called SBDM Council meet, 5 p.m., in school media center. All welcome.

#### SOUTH FLOYD YOUTH SERVICES CENTER

- Walking track open to public (except during special event).
- The center has a onestop career station satellite

that is available to the community as well as students.

- Anyone interested in Adult Ed may contact the center for information.
- All new students and visitors, stop by the Center, located on the South Floyd campus, Room 232, and see Mable Hall.
- For more information call 452-9600 or 9607 and ask for Mable Hall, ext. 243, or Keith Smallwood, ext. 242, or Donna Johnson, ext. 153.

#### **STUMBO** ELEMENTARY/MUD CREEK FAMILY RESOURCE CENTER

Resource Center hours are 8:00 a.m. to 4:00 p.m. Parents and community members are welcome to visit. For questions, call 587-2233 - ask for Tristan Parsons, Center Coordinator, or Anita Tackett,

#### W.D. OSBORNE "RAINBOW JUNCTION" **FAMILY RESOURCE** CENTER

- Lost and Found" located in the Center. Parents need to pick up their children's items within two weeks. Any items not claimed within two weeks, becomes the property of the FRC.
- Rainbow Junction Family Resource Center is located in the W. D. Osborne Elementary School. Hours of operation - 8 a.m. to 4 p.m. Monday through Friday, or later by appointment. Call 452-4553 and ask for Cissy or Karen. Parents/community members free to visit any time.

#### FLOYD COUNTY ADULT ED CLASS SCHEDULE

- Monday: McDowell Elem. - 8-11 a.m. - 377-2678; Wayland Comm. Ctr. - 8 a.m. to 12 p.m. -358-3400; Wheelwright Comm. Ctr. - 12:30-4:30 p.m. - 452-2500.
- Tuesday: Betsy Layne High School - 8-11:30 a.m. - 478-

■ Continued from p2 3389; Auxier Lifetime Learning Ctr. - 8 a.m. to 4:30 p.m. - 886-0709; Martin Adult Ed. Ctr. - 8 a.m. to 4:30 p.m. - 285-5111; PCC (Room J148) - 1:30-4:30 p.m. - 886-8374; St. James Episcopal Church - 5-8 p.m. -

■ Wednesday: McDowell Elem. - 8-11:30 a.m. - 377-2678; Wayland Comm. Ctr. - 8 a.m. to 4:30 p.m. - 358-3400.

886-8046.

Thursday: Betsy Layne High School - 8-11:30 a.m. - 478-3389; Auxier Lifetime Learning Ctr. - 8 a.m. to 4:30 p.m. - 886-0709; Martin Adult Ed. Ctr. - 8 a.m. to 12 p.m. - 285-5111; Wheelwright Comm. Ctr. - 12:30-4:30 p.m. -452- 2500; PCC (Room J148) -1:30-4:30 p.m. - 886-8374; St. James Episcopal Church - 5-8 p.m. - 886-8046.

\*All classes and materials free of charge. Feel free to contact any of the above numbers or the David School at 886-8374 for further informa-

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#### Students

training, or apply to a culinary arts school to become a chef."

Students in the program study at their own pace and are held to certain standards such as dressing out in chef's jackets and learning and practicing standard safety and sanitation rules while learning the tools of the trade such as the proper handling of tools and operation of equipment.

The Carl D. Perkins Job Corps Center offers students the opportunity to gain a high school diploma or GED while being co-enrolled in local higher education programs offered through the Big Sandy Community and Technical College. Students can learn a trade in various fields such as the aforementioned culinary arts, as well as business technology, carpentry, electricity, fiber optics, network cabling, facilities maintenance, health occupations, masonry and retail sales.

Following completion of their studies, students are assisted with job placement and follow-up appointments to help keep them on their career path. "All of this, and it's free," said Christi Salmons, admissions counselor. "Where else can you get that kind of training and service for no cost? We understand what kids and parents are facing today with the cost of education and we're here to help in any way we can."

Continued from pT

Salmons also added that the Perkins Center currently holds the number one position in job placement from among the nation's 118 centers. "We're more than willing to help," she said.

If you, or someone you know, think you might benefit from job training and educational assistance through the Job Corps program, you may contact Salmons at (606) 886-1037, ext. 167, or call toll-free to 1-800-497-4001. You may also log onto the center's website at:

www.cdpjobcorps.com, where you'll find more information about Job Corps Center benefits such as free room and board, how to earn a paycheck every two weeks while furthering your education, how to receive money for clothing and money to start a new career, transportation assistance, how to receive financial support for childcare expenses, and how to receive assistance with medical, dental and vision care services.

The Carl D. Perkins Job Corps Center is located at 478 Meadows Branch, just off the Lancer-Watergap Road intersection, in Prestonsburg.

#### Yesterdays

slated to go into operation, Saturday... The wave of lootings of Floyd County business houses and firms continued this week, and threatens to be one of the worst outbreaks of its kind in months...Mrs. Virginia L. Wright, of West Prestonsburg, has been named leader of District 7, in the search for the Kentucky Mother of 1964, it was

seven pilot counties of eastern Kentucky, is officially

announced recently...Dr. Marshall M. Collins, this area's oldest physician and a pioneer coal leader, died Friday, at the Beaver Valley Hospital, Martin, at the age of 93... The \$109,500 bid submitted by the Prestonsburg contracting firm of Meade & Kendrick, for construction of the Floyd County Library building on Arnold Avenue here has been approved, and work on the structure will begin soon. Born to Mr. and Mrs. Bob Martin, a daughter, Ethel Michelle, at the Prestonsburg General Hospital. Born, January 1, this was the new year's first baby...There died: William Franklin Wallace, 80-yearold Wayland resident who worked in the first mines opened on the Big Sandy, Saturday, at Wayland after a brief illness; Mrs. Almyra Copeland, 78, of Halo, Tuesday, at the home of a son; Mrs. Sally Prater, 86, of Bypro, Sunday, at the home of a daughter; Mrs. Martha Moore, 58, Friday, at McDowell Appalachian Regional Hospital; Green Calhoun, formerly of Prestonsburg, Friday, at King's Daughters' Hospital, Ashland.

## **Fifty Years Ago**

(February 4, 1954)

Prestonsburg is well on the way toward raising \$150,000 for the purchase of a plant site, and the construction of a factory building, hoping to induce new industry to locate here...U.S. Department of Commerce officials will visit Prestonsburg, and other towns of this section, in a survey, next week, of eastern Kentucky's industrial facilities and development needs...Injured early this morning (Thursday), when a Kentucky highway department truck skidded into another truck, at Emma, were Graydon Howard, of Pyramid, Bill Stumbo and Frank Stephens, both of West Prestonsburg, and Jimmy Goble, of Allen...The Floyd County Board of Educatiuon was concerned mainly, at its Monday meeting, with filling vacancies created by teacher resignations...Saturday, March 6, was designated this week, by County Judge Henry Stumbo, as the date for the special local option election to sound the wet-and-dry sentiments of the town of Martin...B.F. Reed, of Drift, was sworn in as a new member of the Morehead State College board of regents at a meeting of the group this week...The accounting firm of Ray Allen and Nat H. Hager was employed by the fiscal court, Monday, as county auditors... There died: Charles E. Friend, 74, at his home in Prestonsburg, Wednesday; Rev. James Roark, 69, formerly of Prestonsburg, Sunday, at Grayson, Ky.; Mrs. Martha Osborne Howell, 70, of East McDowell, Saturday, at the Beaver Valley Hospital, Martin; John Sturgill, 76, at home on Triplett Branch of John's Fork, January 31.

## **Sixty Years Ago**

(February 3, 1944)

The draft, last week, accepted 63 men for service from this county, again hitting Prestonsburg's official family, as Councilman Thomas Hereford and City Attorney Walter Scott Harkins, were accepted...Sgt. Virgil Reynolds, crew member on a B-17 bomber, and Eulan C. Mills, bomber tail gunner, both from Wayland, are reported missing after flights over Europe. Norman Bailey, of Handshoe, and Leo Baldridge, of this county, are reported killed in action on the Italian front...Lieut. Townsel Marshall, recently reported missing after his plane crashed, is reported safe at his base in India...Irene Cole Memorial Baptist Church has purchased from W. W. Burchett, a lot on North Second Street in the Garfield Addition on which it may build a church which was destroyed by fire here two years ago...The Hi Hat Elkhorn Coal Company is rebuilding the tipple destroyed by fire recently... Aggis Cross, 29, ex-soldier, was killed, and Frank Adams, 16, was wounded last Thursday, as the result of a dispute between Mud Creek neighbors...There died: Mrs. Minnie Jones, 40, last Thursday, at Estill; Mrs. Katherine Garrison, 47, Friday, at Manton; Mrs. Carrie Dale Stiles, 22, of Weeksbury, Sunday, at a Martin hospital; Mrs. Eliza Jane Nunnery Goble, 86, Sunday, at Edgar; Curtis Cook, 25, of Halo, Saturday, at Martin, of tetanus following a car wreck injury; Mrs. Mary Howell, 61, Sunday, at Amba; Mrs. Mary Emma Jones Martin, 77, Saturday, near Allen; Mrs. Emma Morrison Hull, 65, January 27, at Glo; Mrs. Mousie Gearheart Howard, 73, native of Floyd County, Tuesday, of last week, at Sandy Hook.

## **Seventy Years Ago**

(February 2, 1934)

The business section of Allen was almost wiped out by fire Wednesday, at an estimated loss of \$30,000...The town of Weeksbury is buzzing because of the operations of a "knocking spirit" at the home, there, of Bill Glaspy...The Price Construction Co., Huntington, W.Va., will begin paving the Allen-Lackey highway, May 15, the county re-employment, office, here, has been notified...Leander Handshoe, 24, was killed Monday, on Salt Lick, a few miles from Bosco, by an axe blow...A clash between striking coal miners and sympathizers with Pike County deputy sheriffs, January 29, resulted in the death of Berry Adkins, 45, the wounding of Beverly Hill, 24, and the arrest of 15 men...Two Prestonsburg stores have moved to new locations-Kroger's into the Morrell building on First Avenue, and Paul B. Francis into the Patton building, vacated by Kroger...Married: Miss Ona Lee Clarke, of Auxier, and Mr. Kelly Stratton, of Ivel, January 29, at Banner...There died: the nine-month-old baby of Mr. and Mrs. Mont Gibson, here, Monday.

■ Continued from p1

After they moved out, the Claude VanHoose family moved in. Their two sons, Paul and Wilbur, were about our age, too.

The house next to us on the lower side was occupied by the George Reynolds family, who had an older daughter, Georgene (who married by oldest brother, Ulysses) and Patsy Grace, perhaps a year older than me. Theodore Miller and his wife, Doris, lived in the camp, too. Their son, Mike, was about our age. They lived next door to the Virgil Green family. The Green kids our age were Jimmy, Paul and Libby Ann.

When the Greens moved away, John Daniels and his family moved in. They had P-Jack and Tiny. Milt Ratliffis family lived pretty close to them, and

had Roger and Margaret Ann, about our age. Jeff Sparks lived near them with their grandson, Eck, and Lizzie Colvin lived a couple of houses away, with her grandson, Tucker Daniel, and daughter, Lois Ann adding to the list of youngsters growing up in the community.

Of course, there were others who came and went at various times in the lower end of the camp, James O, and John Martin VanHoose, Billy Boy Bailey, Charles Lee Price, James Roger and Tom Castle, Norman and Larry Griffith, June Bug Nelson, and James Harvey Prince, come

Ifve no doubt omitted some, but suffice it to say, kids were plentiful in a 1940is eastern Kentucky coal camp.

#### Korner

Continued from p1

you think you're gettin' out of here without my hug?"

As I turned to give him a hug, I noticed that he was seated with a gentleman that was upset over some article that had appeared in this paper and he began to give the Times - and me - down the proverbial road. That ol' "guilty by association," if you will.

Well, Billy Ray said to the fella, "Whoa, hold on a minute here, padre, she didn't write it, she just works there. Give her a break." Then he just patted my back and gave me a wink and said, "It's ok, honey, you do a fine job over there. Keep it up.

When our daughters both hit middle school and the "Thing To Do" became to head to Billy Ray's after school, he knew more about their "social lives" than I did. Who liked who this week, etc., etc. And, he knew all our children by name and never once forgot them, as well as never forgetting to ask about them whenever Spouse or I entered his door.

Billy Ray loved kids, and it showed! Yes, Billy Ray was special to so many. Like Sheila and Lee Collins, for instance. Who, by the way, I thought were actually related by being his son and daughter-in-law only to learn different later. But, they never treated one another any differently not in my eyes, anyway, nor in many others.

Lee and Sheila loved him as good as their own blood kin and have worked so hard (and are continuing working hard) to see Billy Ray's promise, and legacy, live

No matter how swamped they are, you get a warm smile from both of them, and genuine appreciation that you've stopped in to

Yes, the youthful picture of Billy Ray hangs watching over his promise to re-open what so many of us have loved and missed, a friendly down-home cookin' wonderful atmosphere, to help brighten any day.

To Sheila, Lee and Billy Ray's family, know that you've done him proud, and that one of Heaven's finest angels is smiling down upon us all!

God Bless You All....

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GUITARS AMPS WANTED Fender, Gibson Martin Gretsch, D'Angelico, Rickenbacker Moserite, Stromberg, Epiphone! 1900's-1970's TOP DOLLAR PAID!! It's Easy! Call Toll Free. 1-866-433-8277

GOOD USED ELEC-TRIC TREADMILL CALL 886-8506 EXT 24 OR 886-8494 AFTER 5 PM

#### REAL ESTATE

#### 505-Business

FIRST TIME HOME BUYERS! DOWN, NO CREDIT OK! \$0 TO LOW DOWN! 1-800-501-1777 EXT. 9826

NO RENT! \$0 DOWN HOMES! GOV'T & BANK REPOS! NO CRED-IT OK. \$0 TO LOW DOWN! FOR LIST-INGS, CALL 1-800-501-1777 EXT. 9811

FREE FORECLOSED GOV'T HOMES! \$0 OR LOW DOWN! TAX REPO'S & BANKRUPTCIES OK CREDIT FOR LISTINGS! CALL 1-800-501-1777 EXT. 9813

REAL ESTATE \$0 DOWN HOMES! NO CREDIT OK! GOV'T & BANK REPOS! \$0 TO LOW DOWN! CALL FOR LISTINGS.1-800-

#### 501-1777 EXT. 9818 530-Homes

HOUSE FOR SALE 7 Rm. house located on Riverside Drive in Prestonsburg. Good location call evening 874-9595

BA home. Located on Rough & Tough. \$600 mo + deposit Call 606-422-1862.

#### 550-Land/Lots

CAVE RUN LOTS NO MONEY DOWN interest, land contract, suitable for houses, cabins, new singles or double wides call 606-437-6556

FOR SALE: Give that SOCIAL SECURITY LARGE LEVEL LOT 1 & 2 Bd. Rm Apts. convient to Martin or Prestonsburg. 859-749-4286 days 10 859-901-1636 evenings.

> FOR SALE: Almost 1 acre near Long Bow Boat docks at Cave Run Lake. Asking \$6500. Call 606-886-3836.

For Sale 2 plots in New Section of Davidson Memorial. In front facing US 23 \$1200.00 for both call 377-2711 ask for Virgil or Betty Jo

For Sale 1 grave plot Davidson Memorial call 859-293-09791

Firewood for sale 886-8350

#### 570-Mobile Homes FOR SALE: 14x68

1995 Fleetwood Refelection Mobile HOmes. 2 BR, 2 full All appliances included. New central air. Asking \$10,500. Must be moved. If interested call (606) 874-5492 or (606) 422-4466

> FOR SALE 12X60 Mobile Underpinning & steps included. needs repairs, excellent for parts or storage, \$1000 OBO. Call after 5:30 874-4604

#### 590-Sale or Lease

FOR SALE LEASE: 16000 sq. ft. building, more or less w/apt. attached. 2 BR, 1 BA. Seperate metal bldg. 40x50 & 2 + 1/2 acres of land. Large road frontage Between Allen & close to Martin. WMDJ Call 859-512-

1 Bd. Rm. Apt. near Prestonsburg J, W, Lake air cond. private clean not suitable for more than 2 people call 886-3941

#### RENTALS

#### 610-Apartments

FOR RENT: 1 BR urnished apartment \$400 mo. \$200 dep ncludes utilities Ca 386-0010.

APARTMENT FOR **RENT:** Furnished effiapartment, cency includes w/d & cable, suitable for single working person. No pets. \$325 mo \$150 dep. Call 874-5577.

> Call Today 886-8506

#### for Rent no pets calll 886-8991

BR BACHELOR APARTMENT near Prestonsburg and J.W. Lake. A/C, private, clean. Not suitable for more than 2 people. Call 606-886-3941.

2 BR DUPLEX FOR RENT central h/a, on US 23, 1 mile N. of Prestonsburg. Also 2 Br house for rent, total electric, central h/a, small yard, no pets. Call 886-9007 or 889-9747.

2 BR DUPLEX FOR **RENT** \$550 mo \$500 dep. One year required. lease Lancer, Ky. 886-8781

after 6 p.m. DUPLEX APART-**MENT FOR RENT: 2** BR, 1 BA, stove, refrigerator, central h/a, w/d hookup, city limits at US 23 & 80. \$435 mo. + utilities and \$250 dep... year lease, no pets.

Call

237-4758. BR BACHELOR APARTMENT near Prestonsburg and J.W. Lake. A/C, private, clean. Not suitable for more than 2 people. Call 606-

886-7237

886-3941. APARTMENT FOR RENT: 3 BR, central h/a, wall to wall car-\$375mo pet. utilieies. Call 285-

Start The New Year In A New Apartment

3412 or 886-1714.

Prestonsburg Park Place Apartments. .Immediate occupancy for qualified applicants. 1 Br/\$305 mo. 2 Br/325 mo. Call 886-0039 **EQUAL HOUSING** 

**GREETINGS FROM** LIGHTHOUSE MANOR, Terry & Sharon Smith. We have apartments for rent that are effiency apartments, all utilites paid. For more info call 606-886-2797.

**OPPORTUNITY** 

**FURNISHED** 1 BEDROOM **APARTMENTS:** 

Central heat & air Rent starting at \$350 Located deposit. near HRMC. 889-9717.

**EFFICIENCY** APARTMENT, \$300 mo. + \$250 dep. Lease and references Utilities required. paid. Also 1 BR apartment, \$325 mo, \$300 dep and 2 BR apartrment. partiall furnished, utilities paid. Lease & reference required. 886-3154.

New 1 Bd.Rm partically Furnished Apt. Utilities paid, washer and dryer provided, no pet, 425.00 per.month 150.00 deposit available Feb.1-04 call 874-5575

3 Bd.Rm. House for Rent No Pets call 886-8991

Homes for rent NO RENT!!!! \$0 DOWN HOMES! GOV'T & BANK REPOS! NO CREDIT OK. \$0 TO LOW DOWN LISTINGS FOR CALL

1-800-501-1777 EXT. 9821

#### 630-Houses

A Homes For Rent Fire Landlord!!! DOWN HOMES! No Rent! Tax Repos & Bankruptcies! No Credit OK! \$0 to down! low Listings, 1-800-501-1777 Ext. 8351

\$0 DOWN HOMES! NO CREDIT OK! GOVT & BANK REPOS. \$0 TO LOW DOWN. FOR LIST-1777 EXT. 7372

FOR RENT: 2 BR house at Betsy house at Bet Layne, \$450 mo

TOWNHOUSE FOR **RENT OR LEASE** at Timberline Estate. 1 mile from P.C.C. 2BR, 2 1/2 BA, living room; kitchen, kitchen appliances, washer dryer furnished. \$500 mo. plus utilities. Call 886-1997.

#### NOW ACCEPTING **APPLICATIONS**

IN THE **FLOYD COUNTY TIMES** CIRCULATION DEPT. **ASSEMBLING NEWSPAPERS** 

> Part-time: Day and night shifts

APPLY AT 263 S. CENTRAL AVE. No Phone Calls, Please! E.O.E.

Meed Finewood?

SEASONED

FIREWOOD

FOR SALE

Call (606) 874-4233

"WE DELIVER"

FOR ALL YOUR

**BUILDING NEEDS!** 

New homes, remodeling,

roofing, patios, block, con-

crete or siding. Have 30

Call Spears Construction,

# OUR SINESS

#### Mine Safety & First Aid Training

**Newly Employed** 24 hr. Class (surface) 40 hr. (underground) 8 hr. refresher (surface & underground) Also Electrical Classes

285-0999 Train at your convenience



14 Years Experience Free estimates, call anytime 606-452-2490 or 606-424-9858

#### Spring Maiden Cleaning Service Office or Home.

General or Spring Cleaning. Reliable · Affordable References on Request Floyd, Johnson, Pike Counties



886-0837 886-0346

#### Now Open **Mill Branch Horse Boarding Stables**

Located 5 miles up Kentucky 114, on Mill Branch Road. For information, call:

606-889-9362

## **Tree Trimming**

P&N O

Construction

Residential & Commercial

All Types of Building,

Remodeling, New Construction,

Roofing, Vinyl Siding,

Replacement Windows,

Concrete Work

Electical, Masonry and

· Free Estimates ·

Phone 631-9991

Cell Ph: 477-9837

Hillside, lawn care and light hauling. Garage and Basement

Cleaning. 886-8350

#### Aiken **Technology LLC**

Commercial & Residential HEATING, COOLING AND ELECTRICAL

We do it right the first time! Above-Code Work Call 606-874-2516

M02745 TRIP'S MINE TRAINING

#### & TECHNOLOGY INC. **Teaching Newly Employed 24 Hour**

Annual 8-Hour Refresher Classes Mine Medical Technician Instructor American Heart C.P.R. and First Aid

Phone 606-358-9303 (Home) 606-434-0542 (Mobile) Garrett, Kentucky Terry Triplett, Instructor

## Romey Spears (606) 874-2688.

years experience.

J&L **Electrical Contracting** Residential & Commercial

**Electrical Services** Home Improvements and Repairs

Free Estimates · Reliable

Ph: (606) 886-2785 Pager: (606) 482-0229

John K. Lewis, Master Electrician Licensed: ME8643, CE8644

#### ANY TYPE CONSTRUCTION WORK · Septic System · Concrete Work Brushing · Pond Cleaning · Home Remodeling · Block Work Site Preparation · Dirt Removal - Dozer Work **Backhoe Work** NO JOB TOO BIG OR TOO SMALL

TRIPLE R EXCAVATING

Minnie, Kentucky

606-377-2323 · Cell: 791-6083

We deliver and spread gravel.

Free estimates - Commercial and Residential

approximately 734.34

mile southwest of

The permit area is

approximately 0.1

mile northwest from

Road's junction with

Moore Branch of Left

Beaver Creek. The

latitude is 37 degrees

25 minutes 45 sec-

The bond now in

surety in the

amount of

effect for the permit is

percent of the original

ed in the application

Reclamation work

performed includes:

final grading and

revegetation, which

was completed on

Written comments,

requests for a public

hearing or informal

conference, must be

filed with the Director.

Division of Field

Services, 2 Hudson

Hollow, Frankfort, KY

at

40601-4321,

3/12/04

3/15/04.

Surface

Suite

3/12/04.

Department

Reclamation

Prestonsburg,

request for a hearing

and

utes 42 seconds.

Approximately

a

bond

for release.

6/13/93.

objections,

in Floyd

Orkney

County

Moore

2525

HOUSE kitche

HOUSE/OFFICE FOR RENT: 3 BR. big yard, central h/a. \$500 mo + utilities. Call 285-3412 or 886-1714.

FOR RENT 3 BR brick house with 2 BA, stove & refrigerator included, w/d hook-up. \$500 mo. \$300 sec. dep. utilities not included No pets. Call 886-3547.

For Rent 3Bd.Rm Brick Home at Allen 550.00 with first and last rent call 606-432-4229 Can move in after Jan. 16,04

HOUSES, APARTMENTS, & TOWNHOUSES, No pets. Call **B&O** Rental Properties 606-886-8991. FOR RENT: Trailer lot in Prestonsburg

6770 (evenings). 650-Mobile Homes

behind Lavne's

Hardware. Call 886

9165 (days) or 886-

MOBILE HOME FOR RENT. Extra nice. Creek. call 606-874-\$410 mo plus utilities 2444. & sec. dep. Call 606-874-2802

3 BdRm. Tailer for When responding to Rent on Cliff Rd. in Personal ads that Prestonsburg, Petscall 886-3042

FLOOR APART-MENT Approx. 900 Furnished kitchen. Will also consider renting aparminet for office space. Locarted 1 START on Rte 122 across the Floyd County Technology Center at Garth. \$500 per mo. plus utilities. Call 285- Secret Encounters 3625 or 285-9112.

#### SERVICES

#### 705-Construction

TYPES: ALL Remodeling & additions. garages, decks, etc. Also concrete work. Robie Johnson, Jr., call anytime, 886-8896.

#### 780 - Timber

FOR SALE Sawmill \$3,895 - Lumbermate 2000 - Larger capacity, more options. Norwood Industries, manufacturer portable sawmills, <http://www.nor-800-566-6899 Ext.

#### NOTICES

200 - U

#### 805-Announcements

Male FIEST wearing purple collar right fork of Bull Creek if found call 874-9721

HELP THE KIDS IN THE COMMUNITY. We are looking for donations for new & used computers to distribute to the kids community facilities. For pick up call Scott 889-9551 and to deliver call Scott 889-9551.

Your ad could be here! Call Pauline and put your Ad Here

Registered Nurse Position. on-Call Earn money while you are at home, shopping, or dining out. Carry a pager of of Big

and return calls visits filed for public made if necessary by inspection at the protcol Department Hospice Surface Sandy, Inc. Services Reclamation scenarios available. Call 606-789-3841 or come in and make Regional Office, 3140 out an appointment South Lake Drive, ACCEPTING BIDS acres, located 0.5 at 1520 KY. Hwy 1428 Hager Hill, Ky 41222(PSA) objections, What is the one requests for a permit

thing that we as people can give to filed with the Director, other Volunteer for Hospice US of Big Sandy, Inc. Volunteer classes will be given if enough sign up. Call 606-789-3841 or come and visit with Dr. Cook for more information.(PSA)

MOVIE EXTRAS/ ACTORS/ MODELS NEEDED All looks/ ages/ types; No exp required Up to \$250 +/ day (800)284-1419

#### 812-Free

Casting Code #207 FREE PALLETS: Can be picked up behind The Floyd County Times.

BR. 1. 5 BA FREE FILL DIRT right fork of Bull

#### 850-Personals

No have reference numbers, please indicate that entire reference FOR RENT: MOD- number on the out-SECOND side of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

DATING mile south of Martin TONIGHT! Have fun meeting eligible singles in your area. Toll Free 1-800-ROMANCE ext. 9735

> 1-800-442-MEET .69 diate family are not from p/m Ladies Free!! 1-800-201-TALK VISIT - singles.com

#### 900-Legals

#### NOTICE OF INTENTION TO MINE

Pursuant to Application No. 836-5432, Major Revision #3

In accordance with notice KRS 350.055, notice given that FCDC is hereby given that AEP Kentucky Coal, LLC. 248 South Lake Drive, Prestonsburg, Kentucky 41653, has applied for a major a permit for coal prorevision to an existing cessing facility and surface coal mining reclamation board edgers, log operation, located 1.0 skidders, ATV attach- mile southeast of www.nor- Pyramid, in Floyd County. The amendwoodindustries.com County. The major revision will change woodindustries.com> the post-mining land FREE information. 1- use designation for a the amended boundportion of the previ- ary. ously approved area; previously the approved permit will be acreage unchanged, making a

total of 1567.9 acres Lost Dog Brown within the revised permit boundary. The proposed oper-

ation is approximately 0.75 mile southeast from KY Route junction with Fork County Road, and located north of Left Fork of Middle Fork. The latitude is 37° 33' 50". The longitude is 82° 51'36'

The proposed operation is located on the Martin U.S.G.S. 7 1/2 minute quadrangle maps. The surface area to be affected by the major revision is owned by John T. & Anna Lea Thornsbury, Phyllis & Reffett, suite Kenneth

Elmer Reffett Heirs, Prestonsburg, Billy Reffett. T.L. Reffett Heirs. and Peachie Pitts The major revision application has been

for Mining and Enforcement's Prestonsburg Prestonsburg, Kentucky 41653. Written comments, or conference, must be Division of Permits, Ourselves! Be a #2 Hudson Hollow, South, 127

#### NOTICE OF PUB-LIC BANK SALE

40601.

The following item will be offered at public sale on January 23, 2004, 11:00 a.m., at Citizens National Bank, 50 Franklin Corner, Prestonsburg, Ку, 41653.

> 2002 Chevrolet Blazer VIN #1GNDT13 WE2K178354

All items are sold "as is where is." Seller reserves the right to bid and to reject any or all bids. Items are to be paid for following the sale, satisfactory arrangements are made with the seller. Announcements at the sale take priority over ad. Purchaser to pay all taxes and mum bid restriction.

Shannon O'Bryan Bank P.O. Box 1488 Paintsville, Ky 41240-5488 (606) 886-4000 Ext.

#241

Employees Citizens National Bank and their imme- cations, at no charge, eligible.

#### NOTICE OF INTENTION TO

MINE Pursuant to Application Number 836-8041. Amendment 4

In accordance with KAR 8:010, 405 is hereby Coal, Inc., 750 Town Road, Mountain Pikeville, Kentucky 41501, has applied for an amendment to refuse disposal operation located 1.9 miles Southeast of in Floyd Printer ment will add 85.51 acres for a total of 156.66 acres within

facility is The approximately 1.4 miles Southeast from KY 122's junction State Route with 2030 and located 0.004 miles Northeast of Spurlock Creek. The latitude is 37°31'25". The longi-

tude is 82°43'30" The facility is on the U.S.G.S. Harold quadrangle map. The surface area to be disturbed by the amendment is owned by Bull Creek Coal Corporation and the may reject all bids. If Keathley heirs.

been filed for public inspection at the for Department Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive,

Kentucky 41653. Written comments, objections, requests for a permit conference must be filed with the Director, Division of Permits. #2 Hudson Hollow, U.S. 127 South. Frankfort, Kentucky 40601

city

The

Prestonsburg is accepting sealed bids for a loan \$120,000.00 for the purchase of a new Pierce Fire 2004 This loan KY 122, and located Truck. should have no clos- 0.1 mile northwest of Frankfort, Kentucky ing or other hidden The cost. bids should be based on a fixed rate of either 5 or 7 years. Sealed onds. The longitude be is 82 degrees 44 minshould bids mailed or hand delivered to 200 North Lake Drive, Prestonsburg, KY 41653 no later than amount of \$9,200.00. 10:00 a.m. Tuesday January 27, 2004. If you have any quesplease call \$13,900.00 is includtions (606) 886-2335 ext. 18

#### ADVERTISEMENT FOR BIDS

Sealed bids will be received by Prestonsburg City's Utilities Commission for (1) New (2004) Chevrolet 3/4 ton 4WD Pickup Truck. Bids will be received at the Commission's office. located at 2560 South Lake Drive, Prestonsburg, Kentucky 41653, until 3 p.m., (local time), transfer fees. All bids on February 2, 2004, are subject to a mini- and then at such office. publicly opened and read aloud. Bids received Citizens National after the deadline will be returned to the bidder unopened.

Copies of the specifications on this vehicle may be examined at the Commission's office. Prospective of suppliers may obtain copies of the specifithe

Commission's office or by calling (606) 886-6871, and requesting "Specifications for (2004)Chevrolet 3/4 ton 4WD Pickup Truck."

The Commission reserves the right to or to reject any and notice all bids. Bids shall not be withdrawn within days after the 30 opening of the bids. Bids shall be in sealed envelopes hearing the bidder's identification, and labeled in the lower left-hand corner: "Bid New (2004)Chevrolet 3/4 ton 4WD Pickup Truck."

The bid shall be awarded to the supplier with the lowest and/or best bid.

Turner E. Campbell, Chief Financial Officer

#### **BID NOTICE**

The Prestonsburg Tourism Commission is accepting bids for the 2002-2003 year audit. The bids need to be submittedby January 30, 2004 at 4:00 p.m. to the Prestonsburg Convention & Visitors Bureau Office. The Commission accept the lowest map. and best bid, and you have any ques-The application has tions please call (606) 886-1341.

#### NOTICE OF **BOND RELEASE**

In accordance with KRS 350,093, notice is hereby given that 6, Koch Victory, a

Division of the C. must be filed with the Regional Office, 3140 512 lb/hr Director Reiss Coal Company, the of Harrodsburg Division of Permits, or Road, Suite, 130, #2 Hudson Hollow, Lexington, KY 40504, U.S. 127 South, has applied for a Frankfort, KY 40601. Phase II and Phase All comments or III bond release on objections, must be permit number 836received within fifteen 5284, which was last (15) days of today's #2 Hudson Hollow, issued on 1/30/95. date. The applicants covers an area of

#### NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-5460 (Transfer)

(1) In accordance with 405 KAR 8:010, notice is hereby given that Levisa Fork Mining Company, 544 South Lake Drive, Prestonsburg, KY 41653, intends to transfer permit 836-5409 to The Elk Horn Coal Company, LLC, 544 South Lake Drive, Prestonsburg, KY 41653. The new permit number will be 836-5460. The operation disturbs 9.55 surface acres, and underlies 580.0 No new acres. acreage is affected by the transfer.

(2) The operation is located 1.2 mile east of Garrett, in Floyd County. The operation is approximately 1.3 mile southeast of Rt. 80's junction with Goose Creek county road, and located along Goose Creek. The operation is located on the Wayland U.S.G.S. 7 1/2 minute quadran-

gle map. (3) The application A public hearing on has been filed for the application has public inspection at been scheduled for the Department for the Surface Minina Reclamation Mining Enforcement's Prestonsburg Enforcement's Regional Office, 3140 Prestonsburg South Lake Drive. Regional Office, 3140 Suite #6. South Lake Drive. Prestonsburg, KY 41653. Written comments, objections. 41653. The hearing must be filed with the will be cancelled if no the Director Division of Permits or informal confer-#2 Hudson Hollow. ence is received by U.S. 127 South, Frankfort, KY 40601. All comments or objections, must be received within fifteen (15) days of today's

NOTICE OF

INTENTION TO

MINE

Application Number

836-5438 (Transfer)

(1) In accordance

with 405 KAR 8:010,

given that Levisa

Lake

Prestonsburg,

underlies

acres

Mining

Drive.

518.00

Floyd

Branch

1/2

Mining

and

No new

acreage is affected

(2) The operation is

located 1.15 mile

in

and

on

U.S.G.S. 7

maps

Surface

Reclamation

minute quadrangle

(3) The application

has been filed for

public inspection at

the Department for

Enforcement's

Prestonsburg

by the transfer.

KY

Pursuant to

#### NOTICE OF INTENTION TO date.

KY

Pursuant to **Application Number** 836-5445 (Transfer)

MINE

(1) In accordance waive any informality with 405 KAR 8:010, is hereby given that Levisa Mining Fork Company, 544 South Lake Drive, Prestonsburg, notice is hereby 41653, intends to transfer permit 836-Fork 5397 to The Elk Horn Company, 544 South Coal Company, LLC 544 South Lake Drive, Prestonsburg, 41653, intends to KY 41653. The new transfer permit 836permit number will be 5386 to The Elk Horn 836-5445. The oper-Coal Company, LLC, ation disturbs 5.8 sur-544 South Lake face acres, and Drive, Prestonsburg, 595.0 underlies KY 41653. The new acres. No new permit number will be acreage is affected 836-5438. The operby the transfer. ation disturbs 17.71 (2) The operation is surface acres and

located 1.8 mile southwest of Grethel, in Floyd County. The operation is approximately 0.9 southwest of KY 979's junction with Frasure

northwest of Blue Branch Moon, Road, and is located County. The opera-0.3 mile south of tion is approximately Frasure Branch. The 0.4 mile southeast of operation is located the junction of KY the McDowell 2030 U.S.G.S. Gunstock can minute quadrangle Road, and is located on Gunstock Branch. (3) The application The operation is has been filed for located public inspection at McDowell and Harold

the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite #6. Prestonsburg, KY 41653. Written comobjections, ments.

South Lake Drive, Suite Prestonsburg, KY 41653. Written com- Generator ments, objections, must be filed with the Director of Division of Permits, U.S. 127 South, Frankfort, KY 40601. All comments or objections, must be received within fifteen

#### FOR SALE BY

sale:

Item 1 New Boiler 12 HP Pressure of 30 psig Heating 645 Sq. Ft. Maximum Rate: 495 MBH Valve

(15) days of today's CD4039D362581/40 39DF004

Utilities Commission has the following surplus equipment for

Kewanee Rating: 396 MBH; Maximum Working Surface: Firing Capacity:

Item 2 New 25 KW Kohler Model 20ROZJ61 Spec # PA-189025the 61 Order # B-80754 Serial # 396059 Service Standby 60 Hz 1800 RPM 25 KW Power John Deere 4 cylinder diesel engine Engine

Saran-Built

#### Model No. 4039DF 239 C.I. 80HP SEALED BID Engine Weight: 929

lbs. Prestonsburg City's

received by the Commission for each of these items of surplus equipment. These items may be inspected by calling Mr. David Ellis. Turner Campbell, Chief Financial Officer at (606-886-6871) for an appointment. Bids will be received at

Commission's office, located at 2560 South Lake Drive, Prestonsburg Kentucky 41653, until 3:00 p.m. (local time) on January 30, 2004, and then at such publicly office. opened and read aloud. Bids received after the deadline will be returned to the bidder unopened.

The Commission SN reserves the right to waive any informality or to reject any and all bids. Bids shall be in sealed envelopes addressed to "Mr. David Superintendent, bearing the bidder's Sealed bids will be identification, labeled in the lower left-hand corner: "Sealed Bid Surplus Equipment.'

Each item listed will be sold to the bidder Superintendent, or submitting the highest bid.

> Turner E. Campbell Chief Financial

#### DOCUMENT 00100-INVITATION TO BID

the

Invitation

Sealed proposals for the following work will be received by the: FLOYD COUNTY PUBLIC LIBRARY BOARD,

PRESTONSBURG, KENTUCKY in the manner and on the date herein specified for the furnishing of all labor, materials, supplies, tools, services, etc., necessary for:

**NEW PUBLIC LIBRARY FOR** FLOYD COUNTY PUBLIC LIBRARY, PRESTONSBURG, KENTUCKY

as set forth in the specifications and drawings prepared by Trimble Dunaway, PLLC, 2800 Palumbo Drive, Suite 202, Lexington, Kentucky 40509, Phone: 859-252-9160, Fax: 859-253-1227

Bid Submittal Contractors must submit their bids prior to 2:00 p.m. local time, Thursday, February 12, 2004.

MR. HOMER HALL FLOYD COUNTY PUBLIC LIBRARY PRESTONSBURG. KENTUCKY.

Each proposal shall be submitted on forms obtained from the Architect. See specifications for five (5) percent of each proposal a copy of the Form of Proposal. Proposals shall be enclosed in each Proposal in accordance sealed envelope with the follow- with the Form of Proposal. ing information on the outside.

"BID DOCUMENTS NEW PUBLIC LIBRARY FOR FLOYD COUNTY PUBLIC LIBRARY"

PRESTONSBURG, KENTUCKY 2:00 P.M. LOCAL TIME THURSDAY, FEBRUARY 12TH, 2004

Two copies of the completed Form of Proposal will be required from each bidder. Form of Proposal shall be completely filled out and submitted prior to the time of bids. Corrections to information on the Bid Form must be initialed to be valid. Form of Proposal not completely or correctly filled out will hot be considered. No proposal shall be withdrawn for a period of ninety (90) days after the date of bid open- ERS:

Plans and specifications reviewed Contract documents may be

examined at the following places after January 22nd, 2004:

TRIMBLE DUNAWAY, PLLC

2800 PALUMBO DRIVE, SUITE 202 LEXINGTON, KENTUCKY 40509 FLOYD COUNTY PUBLIC LIBRARY

**AVENUE** PRESTONSBURG KENTUCKY 41653 ABC PLAN ROOM 132 VENTURE COURT SUITE 12

LEXINGTON, KENTUCKY

40511

161 NORTH ARNOLD

F.W. DODGE/ABC PLAN ROOM 1812 TAYLOR AVENUE

LOUISVILLE, KENTUCKY 40213

ASSOCIATED GENERAL CONTRACTORS OF KENTUCKY, INC. 1717 ALLIANT DRIVE, SUITE 10

LOUSIVILLE, KENTUCKY

40253

**BUILDERS EXCHANGE** 2300 MEADOW DRIVE LOUSIVILLE, KENTUCKY

F.W. DODGE/ABC PLAN ROOM #2 PLAYERS CLUB DRIVE CHARLESTON, WEST VIR-**GINIA 25311** 

40218

CONSTRUCTION MARKET DATA 1951 BISHOP LANE SUITE 202 LOUISVILLE, KENTUCKY 40218

A Pre-Bid Meeting will be conducted by the Architect on January 27th, 2004 at 10:00 a.m. at the existing Floyd County Public Library.

Bid security in the amount of submitted, must accompany

Obtaining plans and specifications, for bona fide bidders, at Lynn Imaging, 328 (Old Vine street, Lexingotn, Kentucky, (859) 226-5850, Fax (859) 252-4178 in accordance with the following deposit and charge schedule. (All checks for plans shall be made payable to Lynn

It is most important that the requesting firm idenify the position of the firm as to prime bidder. material supplier or other. Please give name, address and telephone of person responsible for receiving addenda material and general communication concerning this bid.

ALL PRIME CONTRACTORS, MISCELLANEOUS CONTRACTORS AND OTH-

A nonrefundable check of One Hundred \$100.00) dolllars is required per set. An additional charge of Fifteen (\$15.00) dollars per set will be assessed for mailing. All checks made out to Lynn Blue Print. "No partial sets will be distributed."

RIGHT TO REJECT AND WAIV-

The owner reserves the right to reject any and all bids and the bid will be awarded to the lowest and best bid received.

MODIFICATION OR WITH DRAWAL OF BID

A bid may not be modified, withdrawn, or canceled by the Bidder for a period of sixty (60) days following the time and date designated for receipt of bids and Bidder so agrees in submitting his Bid.

END OF SECTION 00100

# Business/Professions

## Kentucky mental health receives emergency preparedness funds

FRANKFORT\_The federal Substance Abuse and Mental Health Services Administration recently awarded a \$100,000 grant to Kentucky's Division of Mental Health within the Department for Mental Health

and Mental Retardation The funds will enhance the mental health and substance abuse emergency preparedness and response capacity through Kentucky's statewide network of Regional MH/MR Boards, also known as community mental health centers.

In addition, the Division of Mental Health will receive about \$439,000 to support this effort from the Kentucky Department of Public Health, out of approximately \$22 million in grant funding from the Centers for Disease Control and Prevention and the Health Resources and Services Administration.

This new infusion of funding works as a collaborative initiative between the Departments for Public Health and Mental Health and Mental Retardation Services to bring mental health and substance abuse professionals to the table when community health professionals plan and prepare for how to respond to acts of terrorism and disasters.

The funding from the Department for Public Health comes from two grants aimed at promoting public health and hospital preparedness and increasing response capability to bioterrorism, infectious disease outbreaks and other public health emergencies. The CDC and HRSA grants are intended to better prepare and equip emergency responders such as public health professionals, hospitals, emergency medical technicians, physical and behavioral health care providers, law enforcement, and fire departments to deal with acts of bioterrorism and other disasters. whether they are natural or manmade. The Department for Public Health recognizes the

issues to the response and recovery of a community in crisis and, therefore, is using a portion of these funds to increase the behavioral health response capacity across the state.

Funds are being provided directly to each of the 14 regional boards to support grant implementation. Primary goals of the grants are to:

Enhance the emergency preparedness and response capacity on the part of each

Coordinate the activities of each Board with those of other emergency response entities;

Recruit and train Board staff to serve as emergency responders in conjunction with the Kentucky Community Crisis Response Board.

Randy Oliver, assistant director of the state's Division of Mental Health, is responsible for grant implementation with

grants help to address a critical The events of the Oklahoma City bombing and the September 11 attacks clearly demonstrated that the mental health and substance abuse treatment needs of individuals impacted by disaster can severely stress the capacity of the emergency response network,"

The disaster-related statistics are significant. For example, the U.S. Center for Mental Health Services estimated that 1.5 million people in the New York City area alone were in need of counseling for terrorrelated complaints following the September 11 attack. Approximately 50 percent of the residents of Oklahoma City directly exposed to the bombing encountered problems with anxiety, depression and alcohol and 33 percent experienced posttraumatic stress disorder.

"As compelling as these statistics are, they only tell part of

importance of behavioral health the Regional Boards. "These the story," said Oliver. Research has shown a mental health and substance abuse 'ripple effect' associated with disasters. For instance, following a disaster, the increased demand for mental health and substance abuse treatment services is not confined to just the area directly impacted by the disaster and the effects of disaster are not limited to just the victims. Emergency responders who deal with disasters tend to experience increased rates for divorce, suicide, domestic violence, stress- and physical injury-related leave, early retirement, and the need for counseling services.

"Even in the best of times, Kentucky's Regional Boards serve as the 'safety net' for the provision of mental health, mental retardation and substance abuse services throughout Kentucky. When disasters occur, Regional Boards and their staff have traditionally been called upon to play a vital role as emergency responders,"

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according to Oliver. "Through implementation of these grants, we intend to further strengthen their emergency preparedness and response capacity."



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## **Ky residents urged to 'Get Smart' about insura**

Every January, Americans resolve to exercise more or lose weight in the coming year, but most likely "get smarter about insurance" is not at the top of their self-improvement resolution lists. However, setting this goal may be more important than one might think. In fact, according to a recent survey by the National Association of Insurance Commissioners (NAIC), even though most Americans feel they have about the right amount of insurance coverage (72 percent), only 33 percent say they understand the details of those policies "very well."

Luckily, this unfortunate and often costly - information gap is completely avoidable. When it comes to insurance, knowledge is your best policy. That's why the NAIC and the Kentucky Office of Insurance are encouraging consumers to get smart about their coverage during the third annual Get Smart About Insurance Week, Jan. 19-23, 2004.

"The main idea behind Get

By Regina Becknell,

EXECUTIVE DIRECTOR, FLOYD

COUNTY CHAMBER OF COMMERCE

Research & Defense Fund of

Kentucky, Inc.) welcomes

everyone to visit their facility

and meet their new director, Mr.

Larry H. York. The Chamber

"Business After Hours" event

will take place on Thursday,

Jan. 22, from 5-7 p.m. at the

Appalred office, located at 120

of the Appalred staff since 1978

and was named executive direc-

tor in May, 2002. In his 25 years

of service to the firm, York has

served as directing attorney for

the Barbourville, Harlan and

Manchester offices from 1990

to 2001, at which time he

became deputy director. In

2002, he became the second

director of the program which

Mr. York has been a member

North Front Avenue.

(Appalachian

Appalred

Smart About Insurance Week is educating consumers, not about selling or buying insurance policies," said the acting director Kentucky's Office Insurance Glenn Jennings. "Kentucky's Office of Insurance is here to give consumers impartial insurance information in order to make sure their families are properly covered."

#### Survey finds room for improvement

To gauge Americans' understanding and perceptions of their insurance coverage, telephone surveys of 1,009 adults who are 18 years and older were conducted by the national research company OCR International.

The number of people who think they have the right amount of insurance has increased since a year ago (72 percent versus 67 percent, respectively). However, the number of consumers who say they understand the details of their coverage "very well" has remained about the same

represents low-income resi-

Knox Central High School,

Earlham College, attended

Union College and graduated

from the University of

Kentucky College of Law. He is

a former chairperson of the

Public Interest Law Section of

the Kentucky Bar Association

and member of the Governor's

Kentucky Appalachian Task

Force. He is also chair of the

Kentucky Bar Association

House of Delegates, board

member of the Office of

Kentucky Legal Services

Program, board member of the

Low Income Housing Coalition

of Floyd County, and sits on the

board of the Kentucky Board of

Appalred is a federal and

state funded non-profit agency

Kentucky

Governors and

Foundation Board.

Mr. York is a graduate of

dents.

\* Applared to host Chamber 'Business After Hours'

(33-34 percent).

"This information shows that many Americans may have a false sense of security when it comes to their insurance coverage," Jennings said. "Although most Americans find peace of mind in having insurance, a better understanding will put them in the driver's seat."

The youngest adults (ages 18-24) are the least likely to understand the details very well increases with age, as almost half of the participants 65 and older claim they know their insurance details very well (45

"Young adults are particularly in need of education about the nature of insurance coverage, given their limited life experience and pending lifestyle changes, as they begin responsibilities, Jennings said.

#### "Get smart" tips for consumers

During NAIC's Get Smart About Insurance Week, consumers are encouraged to take

whose staff provides free legal

services to financially eligible

citizens in civil cases in 37

southeastern and central

Kentucky counties through a

network of 10 area offices. The

staff services a full range of

property law cases including family law; public benefits, and

housing & consumer law,

among others. A panel of over

several steps to become more educated about their insurance

"It is in the hands of consumers to watch out for their own best interests. We advise consumers to shop around and know what kind of coverage they need before they purchase a policy," Jennings said.

Other tips from the Kentucky Office of Insurance

Call the Kentucky Office (20 percent). Understanding at 800-595-6053 or visit the site http://doi.ppr.ky.gov/kentucky/ for free tips, and up-to-date information prior to purchasing health, life, auto, home, or other insurance coverage. An interactive quiz to test basic

> available on the Web site. Schedule a routine "check-up" with your insurance providers at least once a year. Inquire about the cost benefit of opting for higher deductibles.

> insurance knowledge is also

Ask specifically about discounts for good driving records, good health, good grades, special education or training.

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Both the Chamber and

panel.

#### ance," Jennings said. WESTFALL 60 Westfall Drive P.O. Box 148-Ivel, Ky. 41642 Thomas L. Westfall, Broker/Owner · Berniece Westfall, Realtor Phone (606) 478-9425

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Lynette Fitzer ...... 886-0095

Sheila Crockett ... 886-0740

Cheryl Pack......297-1395

Jerry Castle.....789-5500

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(51)		Relia
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PRESTONSBURG-2-story brick. 4-bedroom with master bedroom and bath on main level; 3 bedrooms, and 2 full baths on 2nd level. Family room and large eat-in kitchen. Call Jo Bentley. (10585)



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LOTS AND LAND MAGOFFIN CO.—10± acres. Would be great for hunting or weekend getaway. \$19,900. G-11070 MAGOFFIN CO.—1± acre lot with septic, water, and electric. Ready to move onto. \$19,900. G-11071



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wants to encourage and acknowledge excellence in the Floyd County Area. The Floyd County Times is conducting its annual ballot of readers so they can let us know whom they consider to be best in the county. Winners receive a certificate suitable for framing and will be featured in a SPECIAL SECTION in February titles...

Reader s Choice

#### BEST IN FLOYD COUNTY

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Area Attraction Civic Club/Organization\_ Community Festival Event\_ Dining Atmosphere\_\_\_ Elderly Care Facility \_\_\_\_ Elementary School \_\_\_ Entertainment \_\_\_\_ High School \_ Hospital/Medical Facility\_ Local Band Middle School Place to camp out Place to lose weight \_ Place to meet friends Place to spend Saturday night Place to take out of town guests\_ Place to work

#### BEST FOOD

Biscuits\_\_\_\_ Brand of Soft Drink Burgers Chinese Food Decorated Cake Desserts \_\_\_\_ Fish and Seafood French Fries Fresh Meat for Grilling \_\_\_\_ Home Cookin' Hot Dogs\_\_\_\_ Ice Cream Kid's Meal Mexican Food Onion Rings Pizza \_\_\_\_ Roast Beef Sandwich Salad Bar Sandwiches\_\_\_\_ Shakes/Malts Steaks

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Attorney \_\_\_\_\_\_
Bank Teller \_\_\_\_\_
Employed at \_\_\_\_\_

Employed at Boss Employed at\_ Building Contractor \_\_\_ Bus Driver \_ Car Salesperson Employed at. \_\_ Chiropractor \_ City Employee \_ Club President Coach \_ Employed at Dental Hygiene\_ Employed at \_ Dentist Electrician Employed at EMT/Paramedic Firefighter Funeral Home Attendant Employed at General Physician\_ Hairstylist Employed at \_\_\_\_\_ Heating/Air Service Room Employed at \_\_\_\_\_ Insurance Agent Employed at \_\_\_\_\_ Law Enforcement Officer Loan Officer\_\_\_\_ Mechanic \_\_\_\_\_ Employed at \_\_\_\_\_ Nurse \_\_\_\_ Employed at \_\_\_\_\_ Optometrist \_\_\_\_ Employed at \_\_\_\_\_ Paper Carrier \_\_\_\_ Employed at \_\_\_\_\_ Pastor/Priest \_\_\_\_\_ Pastor of \_\_\_\_\_ Pharmacist \_\_\_\_\_ Photographer \_\_\_\_\_ Physical Therapist \_\_\_\_\_ Employed at \_\_\_\_\_ Plumber \_\_\_\_\_ Employed at \_\_\_\_\_ Politician \_\_\_\_\_ Principal \_\_\_\_ Employed at \_\_\_\_ Radio Announcer Employed at \_\_\_\_\_

Real Estate Agent \_\_\_\_\_

School Teacher \_\_\_\_\_

Employed at \_\_\_\_\_

Secretary Employed at Store Cashier Employed at \_ Sunday School Teacher Teaches at \_\_ Surgeon\_ Employed at \_\_ Sunday School Teacher \_\_\_\_ Teaches at Surgeon\_ Employed at \_ Waitress/Waiter Employed at \_ Veterinarian\_ Employed at \_

#### BEST PLACE TO PURCHASE

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#### BEST BUSINESS

Car Dealership Car Wash Commercial Printer Concrete Construction/Remodeling \_ Convenience Store Crafts Daycare Center\_\_\_\_ Deli Dry Cleaners\_ Electrical Supplies \_\_\_\_ Electronics \_\_\_ Eyewear \_\_\_\_ Exterminating Farm/Agriculture \_\_\_ Financial Institutions Financing \_ Floor Coverings \_ Florist Funeral Home Furniture Guns/Ammo\_\_\_\_ Hearing Aids Home Decorating Insurance Agency Janitorial Service Laundromat Manufacturing \_\_\_\_ Mine Supply \_\_\_\_ Mining Company Mobile Home Motel/Hotel Motorcycles/ATV \_\_\_\_\_ Newspaper \_\_\_\_ Office Supplies\_\_\_\_ Oil Changes Real Estate Agency Restaurant Retail Store Sewing/Alterations\_\_\_\_ Tanning Salon\_\_\_\_\_ Tire Store Tools & Supplies \_\_\_\_\_ Truck Dealership

#### **Ballot Rules:**

- 1. Only ballots from the Floyd County Times will be counted. No
- Businesses nominated have to be in the Floyd County area and individuals nominated have to live and work in Floyd County.
- 3. Entries may be mailed to The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653 ( Please allow 7 days for mail delivery) or drop off at our office at 263 South Central Avenue.

up to normal press run copies. No extra forms will be printed.

4. All entries must be at The Floyd County Times by Wednesday, Feb. 11, 2004 (mailed or delivered)
5. Limited to 5 copies per person available for sale at front desk.

#### YOUR VOTE COUNTS!!!

Videos\_\_\_\_

Upholstery \_\_\_\_

Schools, Churches, Clubs...anyone...do all you can do, see that your favorite people and places win! It's part of the fun!

Remember, vote as many times as you wish using an original ballot. No copies of this ballot will be accepted.

Nominees to be in the Wednesday, Feb. 18 issue.

Winners to be in the Friday, Feb. 27th edition

of the Floyd County Times.

# CHIDRIAN CHIRAIN

Adams Elementary • Allen Central High School •

Allen Central Middle School • Allen Elementary • Betsy Layne Elementary

• Betsy Layne High School • Clark Elementary • The David School •

Duff Elementary • Mountain Christian Academy • McDowell Elementary •

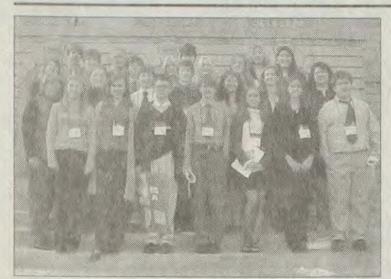
Opportunities Unlimited • Prestonsburg Elementary •

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Wesley Christian School

20004

# ADAMS middle school



Adams Middle School students entering the Capitol at Frankfort to participate in the Kentucky Youth Assembly.



Catlin Newsome, James Lafferty, Dane Sizemore, Seth Hackworth presenting a bill advocating stricter handicap parking. They won an award for Outstanding Debatable bill.



Ricki Hughes and Adam Layne participated in the Judicial Program. Adam Layne won an award for Outstanding Advocate.



8th grader Anthony Yanis demonstrates a working model of an amusement park swing ride he constructed using Knex blocks and an electrical motor as part of an exploratory activity in Mrs. Fannin's Science class.



Marilyn Craft and John Guess.



Amanda Ousley and Rachel Goble.



Mason Holbrook and Dalton Fulks.

## th grade Science class



Nick Johnson and Allen Craynon.



Levi Plummer and Jordan Baldridge.

Students in Mrs. Bentley's 7th grade Science class learn using many hands-on activities. During a recent unit of study of the effects of humans on the environment, students completed the following activity. After watching a video on acid rain, students participated in a lab activity to determine the physical properties of various liquids. Students compiled the data given 5 different liquid solutions, and determined the acidic level of each.

# ALLEN CENTRAL high school



held at Pikeville High School.

(right) Sarah Tackett was the overall winner in "Christmas Through the Eyes of a Child"





English I students in Mrs. Jeanne Blankenship's class display their wedding cakes made after reading "Great Expectations."

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## Math Day at MSU

by Sarah Tackett

On November 5, 2003, thirty members of the Allen Central Math Club attended a proclaimed MATH DAY at Morehead University. The annual event is dedicated solely to math. In a nutshell, MATH DAY is a competition. The students from several schools, ranging from East Ridge to schools in Ashland, are divided and placed into groups of four. The remaining three members of each team are made up of students from other schools. Each group, or team, competes in three math related games for the highest number of points. At the completion of three games, the math students have lunch and then

report to the auditorium for the awards ceremony. All the scores are tallied up and the top five teams are announced and receive their prizes. These prizes ranger for calculators to computer software to t-shirts supplied by Morehead. Allen Central's Sarah Tackett, with the help of her team, placed second and won a TI-89 Graphics Calculator. Senior Sharee Hopkins and her team placed sixth and Valerie Jackson came in eighth. An overall good win from ACHS.

All thirty Math Club students enjoyed their trip to Morehead and all showed great math skills and sportsmanship. It was another successful MATH DAY at

# ALLEN elementary





Mrs. Garrett's fourth-grade won the attendance award for the month of November. They enjoyed a special treat from Prestonsburg Dairy Queen that was sponsored by Allen's PTO.





Kristin Garrett's fourth-grade class enjoyed pizza, compliments of the FRYSC. The fourth-graders collected the most pennies for the Ronald McDonald House.



Allen Elementary's Christmas tree was decorated by Mrs. Ellen Trimble's art classes with ornaments that they made.

Allen Elementary

presents Christmas Through the Eyes of a Child winners. The 12 students wrote memories of Christmas past or what Christmas means to them.





The top sellers of Cherrydale from each grade level got to participate in the money carpet mat. They had 10 seconds to find as many \$1 bills on the rug as they could find blindfolded.



Allen Elementary's overall school winners were Cory Grigsby, Melanie Hicks and Darby Cooksey.



Winning Cherrydale fund raiser prizes for the two top sellers were presented by Mrs. Linda Gearheart, principal of Allen Elementary. Sasha McKinney received a boombox as second-place seller and Gabrielle Johnson received \$100 for being top seller. All participants will receive and Allen Eagle drinking cup.

## >learn

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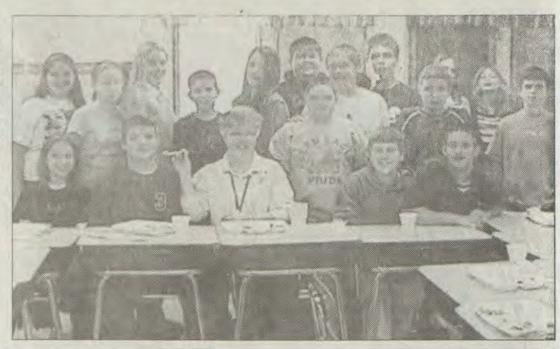
## **Brent Turner**

Commonwealth Attorney

We Support All Academic Endeavors



Ms. Jenniter Skeens eighth-grade practical living class at Allen Elementary enjoyed planning and serving Thanksgiving dinner during their nutritional studies.



# BETSY LAYNE elementary





















Open House at Betsy Layne Elementary and an ice cream social after meeting with teachers.













Literacy night with Leigh Anne Florence, author of WOODY. Woody (a dachshund) made a guest appearance wearing sun-glasses since he has become famous.



MAC

Mountain

Arts

Center



Stone-Crest Golf Course

Third-grade students go to Peking Restaurant for the cul-minating event of a culture

diversity unit.

Mayor Fannin and City Council

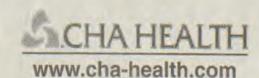
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# BETSY LAYNE high school



Students ready for the day of fun at the Mud Creek Senior Citizens Center Fall Festival.

#### Betsy Layne High School STARS (Students Taking Action Regarding Service) Visit local Senior Citizens Center

On Friday October 31, students from BLHS had the opportunity to spend time with local area seniors. At the request of the Mud Creek Senior Citizens Center Director, Loretta Bentley, BLHS Beta Club Members were invited to participate in their fall festival. The day's activities included games, prizes, lunch, "tale" telling, and an afternoon "cake" walk.

Upon arrival the students were greeted by members of the center with a handmade gift and "Swiss Miss" (Lorraine Hall), who provided hot chocolate for the students. Each student was assigned a designated game area that they were in charge of for the day. The seniors played games and won prizes. Lunch was provided for all with the students and seniors dining together. An afternoon walk around the center's walking track topped off the day. After each round a drawing was held

On Friday October 31, students and several cakes were given away. Among the cheers of the seniors and students Justin Lawson took the last walk (run) for everyone on his own. His prize was a delicious cake.

A great day was the consensus of everyone involved. The seniors enjoyed having the students take over their center for the day and the students were thrilled to make new friends. Comments from the students ranged from "they wore me out" to "when can we go back". Students who participated in the program were: Brentton Akers, Natalie Newsome, Mindy Tackett, Jessica Tibbs, Justin Lawson, Latasha Tackett, Jessica Deskins, Barbara Case, Kayla Tackett, and Denise Hall. Special thanks to the Floyd County Schools Service Learning Coordinator Beverly Crisman for making this event possible by providing the funds for transporta-

# \*CLARK elementary



## Floyd County Choral/Art Festival

The Floyd County Choral & Art Festival was held Nov. 12th, 2003. This festival was for all Floyd County Elementary and middle school students. The top 10 Art Works created by Elementary Students, who had completed the most proficient art works to-date were exhibited and each received participation ribbons. (All Students work chosen to be on display at the

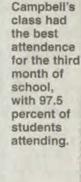
The Floyd County Choral & Art M.A.C. received participation rib-

The following art students proficient art works were chosen and represented Clark Elementary: Elizabeth Campbell, Allison Rowe, Zachary Cook, Kelsey Boyd, Kyle Chaffin, Brittany Dingus, Sammantha Howard, Bethany Thornsbury, and Destiny Wright are pictured above.



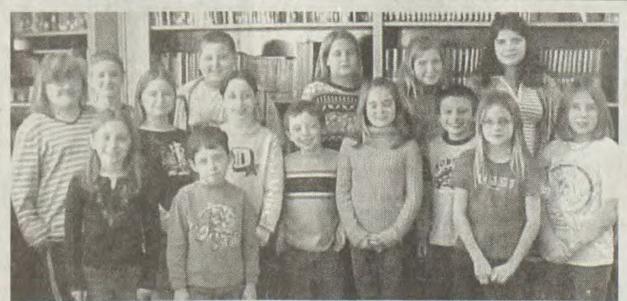
Clark Elementary celebrates Thanksgiving by having a Thanksgiving Dinner for parents to eat with their children.



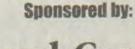




Parsons 4th grade class wrote about the special person in their life. Using their technological skills, they typed and printed them out on Christmas paper, framed them, and gave them as gifts for Christmas!



Christmas
Through the
Eyes of a
Child winners from
Clark
Elementary
School.



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Schools
& Communities

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# DAVID school



David School students assisted Our Lady of the Mountain School by unloading two truckloads of fruit.



From the ground up, students in Vocational classes learn how to build storage sheds.



Students in art class design Christmas cards.



The David School and St. Francis in the **Fields** Church hosted a Christmas Party for thecChildre n in the David community.

# DUFF elementary



Mrs. Case's class participating in "History Alive!" act-it-out.

## **Duff Elementary** 1st Nine Weeks **Honor Roll**

Mrs. Martin's 4th Grade:

Courtney Chaffins, Barbara Coleman, Tyler Conley Micah Harlow, Jacob Prater, Michael Riley, Kassandra Slone, Braxton Tackett, Sarah

Mrs. Ratliff's 4th Grade:

Brittany Bentley, Meagan Brown, Braxton Burke, Jeremy Conley, Caleb Conn, Ronnie Craft, Breanna Huff, Bentley Isaacs, Austin Patton, Rodney Prater, Sheldon Rice, Cody Robinson, Dylan Shepherd, Tyler Stephens, Brooke Stumbo, Kristen Taylor, Katie Vanderpool, Elizabeth Watkins

Mrs. Case's 5th Grade:

Samantha Caudill, James Chaffins, Corey Cordial, Bryant Glenn, Ralph Hall, Chasity Hunter, Daniel Parsley

Mrs. Duncan's 5th Grade:

Wallace Coburn, Amber Collins, Crystal Hoover, Chante Little, Shelby Paige

Mrs. O'Quinn's 5th Grade:

Nicole Clatworthy, Dylan Combs, Brandy Conley, Dee Dee Gibson, Ashley Hale, Saralyn Hall, Chase Hansford, Lauren Mullins, Casey Owens, Sarah Perkins, Sara Morgan Sexton, Robert Stacy, Austin Woods

Congratulations to the following students for having the highest **Accelerated Reader** points per grade level: 1st Grade -Thomas Case, 2nd Grade -Dalton Lawson, 3rd Grade -Ashley Scott, 4th Grade -Dallas Allen, 5th Grade -Wallace Coburn. These students received a check for \$10.00 and a Duff Elementary t-shirt.



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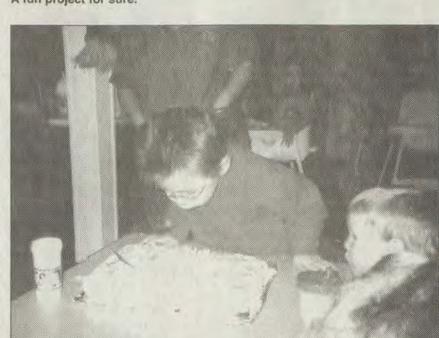
# LINDA'S carousel



Halloween, we painted faces.



A fun project for sure.



It's John T.'s birthday.



Isaac and Arrington enjoy costumes.



Abby enjoys cake.

# MAY valley

Garrison, Lauren and Haley were top sellers for the fundraiser.



Distinguished Pride Card owners acquired by receiving a Distinguished on CATS tests 2002/2003.



Proficient Pride Card owners acquired by receiving at least two Proficient scores on CATS tests for 2002/2003.



Pride Card owners acquired by testing above 70% on CTBS tests in 2002/2003.



Gary Booth questions May Valley students about what builds good character in people.





Gary Booth shows May Valley staff & students that if you believe in yourself and respect everyone you will go far in life.



Principal Carole Combs had agreed to Hula for May Valley if the CATS & CTBS scores increased. Boy did she hula!



Carol Jo May with Our Lady of the Way Hospital demonstrates proper nutrition to May Valley Students.



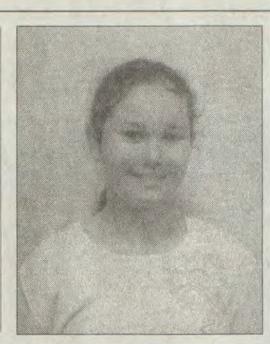




Mrs. Anna Shepherd's girls celebrating Mickey Mouse's Birthday.



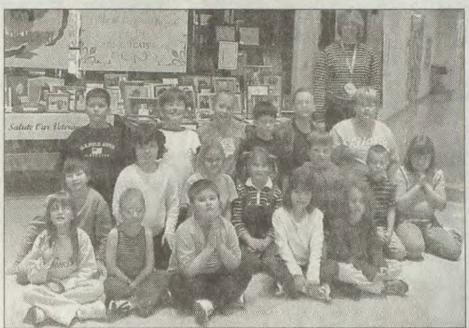
Mrs. Anna Shepherd's boys celebrating Mickey Mouse's



One of May Valley's songbirds Jerica Blair preformed at the Pikeville Children's Symposium in Pikeville. She has a great voice and a great personality to match.



In honor of Veterans Day. May Valley staff and students display pictures of their families' Veterans who fought in several different wars. Organized by Ms. Alesia Meade and the May Valley 4-H leaders.



Ms. Alesia Meade and the May Valley 4-H leaders organized the display in honor of Veterans Day. May Valley Staff and Students displayed pictures of their families' Veterans who fought in several different



Leigh Anne Florence (standing) author of "Woody, the Kentucky Weiner" visited May Valley Elementary 4th & 5th grade students to present "Woody's Five Ways to Improve Your Writing" to help them during their testing in the spring. Also present were Woody (Black), Chloe (brown) and husband Ron (seated).



VIP's November parent group meeting topic was "School Safety" which resulted in the arrangement of a committee to address the concerns of the traffic control at May Valley.

# McDOWELL elementary



McDowell Elementary recently named a new Homecoming Prince and Princess for this year's basketball season. The honors went to Blake Dean and Brandy Stumbo. The event is voted on by the student body.



McDowell Elementary held their Basketball Homecoming on December 4th. Springer was crowned the 2003-2004 Homecoming Queen. She was escorted by Steven Johnson.

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# MTN. CHRISTIAN academy





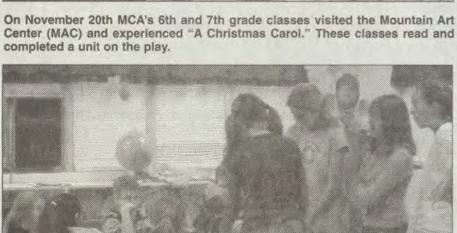


Mountain Christian Academy's Student Government Association recently sponsored its annual Thanksgiving food drive. Each student contributed eight cans of food for the event. Collected food was delivered to the Drift Presbyterian Church food bank, which is under the direction of Doreen Martin.









### OPPORTUNITIES unlimited

Perfect Attendance Jamie Adkins Justin Carroll Justin Shepherd

"A" Honor Roll Kenny Kretzer Shaun Shelton "B" Honor Roll
Jamie Adkins
Nathan Blackburn
Sherry Click
David Conn
Trenton Grindle
Amanda Hall
Dustin Hancock

Arlen Jarvis
John Moore
Kim Moore
Tony Moore
April Nunemaker
Brian Osborne
Justin Spriggs
Kim Tackett

### PIARIST school

# Piarist Helps Santa Bring Joy to Martin

The Piarist School's Y-Club made Christmas a little brighter for kids in Martin this holiday season.

The Y-Club teamed up with Outreach Program director Audrey Collins and Rita C. Whicker of the Martin Housing Authority. Together they were able to reach more than 100 kids throughout the Martin community.

The presents were donated from various gracious people across the United States who had heard about the good work of Piarist's Outreach Program.

Y-Club members acted as Santa's elves when they met with the children at the Martin Community Center. Gifts were given to each child while they feasted on holiday cookies and cocoa, provided by Y-Club members and parents.

Y-Club Chaplain Tommi Sue Tussey said, "I think it's great that we have the resources and abilities to give back to the kids."

Another bright spot in the day was a surprise visit from Santa himself (with a little help from Piarist freshman Matt Hicks). While some children were initially nervous about speaking to the big man, many found their way to him to ask for their holiday wishes that had not yet been fulfilled.

"It was fun," said Piarist sophomore Stephanie Williams about dressing up in her elf costume. "All the kids thought it was really funny"

The Piarist Y-Club has a long tradition of community service and works to give back to the community whenever possible.

American Heart

### Girls In Science Club

An outgrowth of Women in Science who want to promote science among Kentucky's young girls, this club is designed to follow-up training given on University of Kentucky campus this past summer. The girls attend a science class each month presented by high school science teachers. The weekly meeting at school plans and carries out activities related to science education.

Club officers include Maegan Leslie, president; Taylor Moak, vice president; Liz Kilburn, secretary; and Katy Petry, treasurer.

Members include Elizabeth Davis, Whitney Hackworth, Stephanie Hackworth and Julia Burchett.

Girls in Science Club members are pictured conducting Science activities with Mrs. Howard's Third Grade Class.

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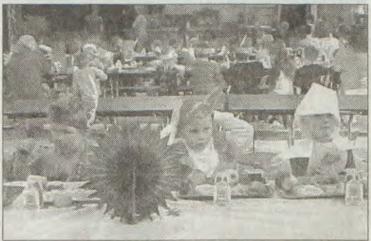
Chris Waugh, your Floyd County Clerk Proudly Supports All Floyd County Schools.



# OSBORNE elementary



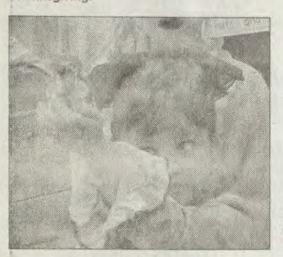
Mrs. Carlotta Jones kindergarten class dressed up for Thanksgiving.



Our kindergarten students enjoy their turkey and dressing.



Kindergarten classes reenactment of the Thanksgiving feast.



Mrs. Jones' class makes gingerbread



Osborne Elementary Accelerated Readers for the month December. From Left to right, beginning with the front row: Jordan Pack, Ashley Castle, Tesa Isaac. Back row: Joshua Clemmons, Sara Caldwell, Josilyn Isaac



The Kindergarten classes read The Polar Express story and watched the video. The students then had "pajama/slipper" day, along with hot chocolate. Then they made "express" trains out of candy to share

# PRESTONSBURG elementary



The Kindergarten students in Phyllis Allison's class at Prestonsburg Elementary shared songs with the residents at Prestonsburg Health Care Center the end of October.



**Dustin Blair** and Aaron Bertrand proudly show off one of the huge sunflowers grown in the school garden at Prestonsburg Elementary. The garden is part of the outdoor classroom.



Robert Grigsby checks the temperature of the water in Trimble Branch. This is a part of the water monitoring that the Prestonsburg Elementary PRIDE Club does on Trimble Branch.



Makayla Hitchcock and Victoria Hampton are proud to be a part of the PRIDE Club at Prestonsburg Elementary. The girls are two of several students who spent time cleaning up garbage in the park behind Prestonsburg Elementary during a PRIDE Club meeting in October.



Kindergarten students in Phyllis Allison's class are proudly showing off their map of downtown Prestonsburg. The students covered milk cartons with paper to complete the buildings in the town. The students are Kaitlyn Fraley, Keilee Justice, Tanner Rorrer, Dustin Blair, Kaleigh Kendrick, Jordan Slone, Jacob Collins, Rama Alhomsi, Cameron Wells, (Row 2) Makayla Minix, Shelby Hitchcock, Seaira Craft, William Salisbury, Muna Shakhashiro, Morgan Meade, Aaron Bertrand, Zachary Blanton, Cassander Poston, (Row 3) Abby Shepherd, Joshua Sparks, Hannah Hunt, and Jonna Ousley.



Hannah Hackworth, Celeste Hall, Sarah Burchett, Brian Branham, Brandi Frasure, Robert Grigsby, and Kayla Hall are part of the PRIDE Team at Prestonsburg Elementary who recently cleaned up the Trimble Branch Park behind Prestonsburg Elementary. The students gathered all the broken limbs from the park and old pieces of wood from the branch and placed them in a pile so the city could dispose of the garbage.







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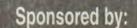
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# PRESTONSBURG high school



Pictured left to right, First Row: Gerri Vance, Will May, Shane Barrowman. Back Row: Savannah Campbell, Katherine Adams, Molly Burchett, Amber Stewart, and Amanda Keathley.

### Student Council -

school year, a group of concerned students expressed an interest in forming a student council. During the first few days of school, these students shared their concern with their homeroom teacher, Ms. Sharon Sammons. On page three of the Floyd County Schools Code of Conduct; it says that students have the right to "be represented by students in the decision-making process on matters that relate to standards of achievement, conduct, elections, and other student related issues."

sor, and then plans were arranged to get the council started. To participate on the student council, interested students were required to have a minimum of a 3.5 GPA, get a letter of recommendation from two teachers, and write a brief paper explaining why they wished to serve on a student

Now that Prestonsburg High School Student Council has been established, it is actively addressing concerns of the student body. The PHSSC is listed on the agenda at Sammons agreed to serve as every Prestonsburg High

At the beginning of this the Student Council spon- School site-base meeting. At this time, the council shares students' concerns with the parents, teachers, and administrators present. The 2003-2004 members of the PHSSC are seniors: Katherine Adams, Mandy May and Will May; juniors: Shane Barrowman, Molly Savanna Burchett, Campbell, Kim Gibson, Amanda Keathley, and Gerri Vance; and sophomore Amber Stewart. Upon the retirement of Mrs. Samons, the student council is now being sponsored by Ms. April Adams, Mrs. Jamie Adams. and Mrs. Caren Slone.

### **Ky Junior Historical Society**

Prestonsburg High School is very proud to present one of its newest clubs, the Kentucky Junior Historical Society. The school's chapter is sponsored by Caren Slone, a social studies teacher. The officers of the chapter were elected in October and are as follows:

- President Kim Gibson
- V. President William May
- Parliamentarian Casey Price
- Secretary Kim Williams
- Treasurer David Joseph
- Membership Director Mandy May

We are very excited about KJHS this year, as we are planning a number of interesting activities. We are possibly getting involved with "Operation: Christmas Child" which will bring Christmas to children around the world who may never have known it before. We are also preparing excitedly for our annual state convention. It will be held April 1-3 in Frankfort, and is the major annual event for KJHS chapters all around

### Academic Team article

The Prestonsburg High School academic team is having its best season in YEARS! This is in large part due to the increased dedication shown by the students this year, but the dedication of our coach is by all means a very large factor in our success. Mr. John Patton has been the greatest coach; always there to practice or assist when we need him. Thanks Mr. Patton!

Currently, we are ranked 2nd in the county in overall standings as well as quick recall. This is better

than PHS has done in more than 5 years! We also have a number of students who have ranked in the top 5 in individual testing:

David Joseph: Math, Science Will May: Social Studies Savannah Campbell: Language Arts, Arts & Humanities Casey Price: Science

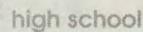
Andrea Horne: Language Arts,

Arts and Humanities Micheal Hernandez: Math We are looking forward to the conclusion of a great season!



Pictured, left to right Front Row: Casey Price, David Joseph, Will May. Back Row: Micheal Hernandez, Andrea Horne, Savannah Campbell.

# SOUTH FLOYD high school



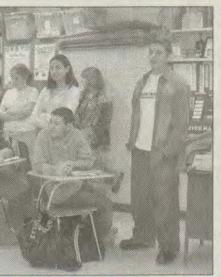
#### South Floyd High School Students Participate in Robotics Program

Four students from South Floyd High School have been participating in a useful robotics program for the last three months. These four students are Wes Turner, Jayme Staggs, Carla Caudill, and Heath Vance. While in the program students have learned various techniques that infuse math calculations and technology. The students have developed a math program to help foster younger students knowledge of the two subjects. Eddie Hamilton and Pat Barnette have been teaching the students these new and exciting techniques. The students have enjoyed the program and commented that its pleasurable knowing that you have contributed and expanded the world of math-

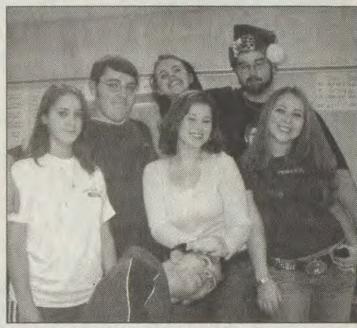












Pictured left to right: Megan Tackett, Billy Ousley, Samantha Creech, Sarah Williams, Chris Walker, Tiffany Combs, and in front Justin Cook. Not pictured: Matt Huff, Robert Risner, Kevin Horn, Thomas Bryant, And James Creech.

## Speech team

The Prestonsburg High FULL STRIDE this season. We have returned from a very successful tournament held at Henry Clay High school where we competed against 25 schools from all

over Kentucky. At present, we are preparing to attend a tournament held at Knott County Central. All the team is preparing for our Regional Tournament and getting ready to perform our very best at the State Tournament to be held at Western Kentucky University March

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# SOUTH FLOYD middle school



Megan Ousley, singing the National Anthem during the Veterans Day program at South Floyd.



Eighth-grade English student of the month, Maria Curry



student of the month Amber of the month Rebecca Jones





Seventh-grade language arts Seventh-grade math student eighth-grade math student of the month Corey Wallen



Veterans visit South Floyd for a special program.



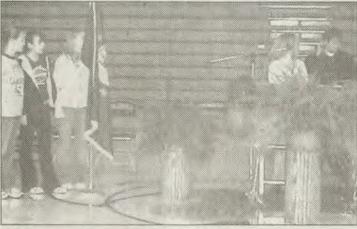
Seventh-grade science student of the month Derrick



Seventh-grade social studies student of the month, Keith



Eighth-grade social studies student of the month Andrew



Middle school student council officers Whitney Tackett, Vanessa Skeens and Kim Patton present the state flag at the Veterans Day program.



2003 SFMS Homecoming Queen Kim Patton



South Floyd Middle School Basketball **Homecoming Court** 

First row: Seventh grade, Megan Slone, Kara Tackett, Brandy Frasure and Chelsie Hunt. Not pictured, Kayla Slone. Second row: Amber Tackett, Kodi Hall, Kim Patton, Stephanie Fraley and Billie Stumbo.

# STUMBO elementary





The Stumbo **Head Start** classes were recently visited by Michelle Goble from Floyd County Conservation. The children learned about animals and nature. They were shown displays. They especially liked seeing the antlers from an





Fourth Graders at the Flight Factory

Fourth Graders in Lori Newsome's class visited the Flight Factory at Hazard Community College on November 11, 2003. Each student had to construct an air rocket, water rocket, parachute, and paper airplane. After students constructed the rockets, parachutes, and airplanes they were given the opportunity to test their materials at the Flight Factory. Students enjoyed their day and learned a great deal about which materials flew farther and higher.



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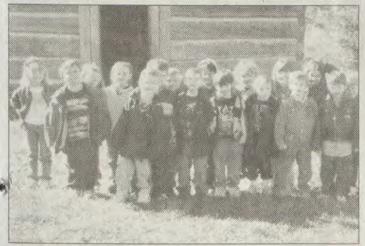
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Mrs. Deb Hall's P1 Class

We finished our unit on Appalachia by visiting the Mountain Homeplace in Paintsville. The students had a wonderful time, thanks to the Family Resource Center for making this trip possible. The class compared cultures from long ago to our culture today by visiting the one-room school, an old farmhouse, and church. They also had a career day. We are now on an adventure in prehistoric time with a unit on dinosaurs.





### Stumbo Elementary sleeping with sharks!

at Stumbo Elementary went to Gatlinburg, Tennessee to "sleep with the sharks!" November 20th, students and staff left Stumbo Elementary bound for Ripley's Aquarium. These classes had been studying about animals, ecosystems/habitats and as a culminating activity visited the aquarium. While there the students had a opportunity to watch a dive show at the stingray tank and learn more about stingrays and hammerhead sharks, participate in a scavenger hunt, and paint T-shirts/pillowcases.

After the projects and activities planned by the aquarium students unrolled their sleeping bags to prepare for a peaceful night of sleeping with the sharks! The aquarium allows its overnight guests to sleep in the acrylic tunnel while the fish, sharks, and stingrays swim Students could watch

Recently the P3 & P4 students them swimming about as the drifted off to sleep. This was very exciting for most children who had never been to the aquarium. It was also very exciting watching the animals from below as they swam to and fro as you drifted off to sleep. Many students fought sleep just to watch the animals for as long as possible. The next morning students were allowed to spend additional time at any or all the exhibits before visiting the gift shop and leaving.

Teachers, students and parents really enjoyed this opportunity to visit the aquarium and spend the time "sleeping with the sharks!" They would like to thank our principal and viceprincipal Mrs. Deresa Ray and Mrs. Sherrie Slone, the Stumbo Elementary SBDM, and the Floyd Co. Board of Education for this great opportunity and





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Would like to Congratulate all The Students and Teachers of Floyd Schools Good Luck to All Students in the upcoming new year.

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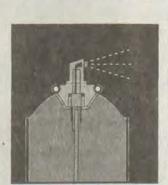
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RUST.

Studies have shown that in general, kids believe their parents trust them. Where kids get into trouble with drugs is when they assume this trust implies that they're mature enough to avoid the dangers. Trust is



Kids who read warning labels are not always looking for what can harm them. Kids who use inhalants are looking for the chemicals that can get them high. Propane. Toluene. Butane. Nitrous oxide. These chemicals are found in many common household cleaners, paints and aerosols that kids use to get high.

essential. Yet they must understand that trust comes with responsibilities. That's why you need to talk to them about drugs and give them clear, consistent rules. Monitoring your kids' activities doesn't mean you don't trust them. It means that you care about them enough to be involved. Between 4 and 6 p.m. is when kids are most likely to try drugs. So keep them busy. Encourage them to try out for the basketball team. Or the school play. Or band. What matters is your involvement.

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Kids who receive education about drugs from their parents are 36% less likely to use pot than kids who don't. They're 50% less likely to use inhalants. 56% less likely to use cocaine. And 65% less likely to use LSD. Research also shows that parents who set clear rules and enforce them consistently are far more effective in keeping their kids off drugs than those who don't.

This has been sponsored by Floyd County Judge-Executive Paul Hunt Thompson, and the Floyd County Fiscal Court. Jamie Ward Minix, Prevention Specialist.

# WESLEY christian



Mrs. Geneva's kindergarten class enjoyed their field trip to the Bramble Ridge Apple Orchard in Mt. Sterling.



Mrs. Laura's class poses with their scarecrow, which they all helped make at the apple orchard.



Katie, Alyssa and Emree, all Wesley Christian School firstgraders,

learned about bee hives and

pollination.

Hannah and Olivia enjoy feeding the ing their





Mrs. Tincher's first-grade class enjoyed the day at the Bramble Ridge Apple Orchard in Mt. Sterling.

School

to the

Ridge

Christian

field trip

Bramble

Sterling.

activities.

enjoyed a fall day

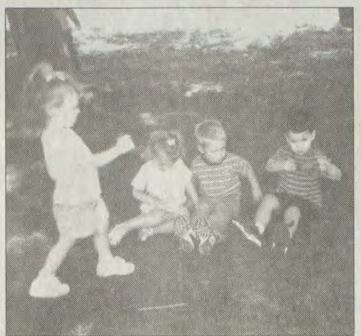
Apple Orchard in Mt.

enjoyed hayrides, the

apple slingshot and a

beehive demonstra-

tion, among other



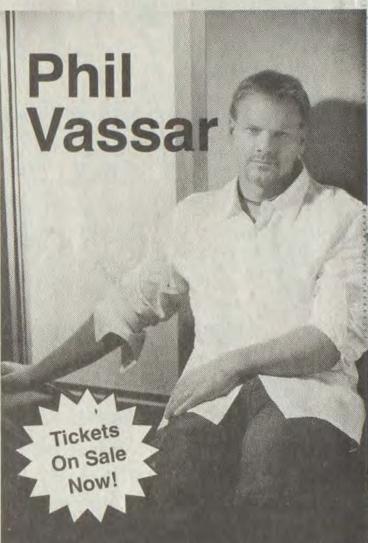
Morgan Davis explains to her preschool class the reason leaves fall from the trees.







Kobe, along with his classmates, enjoyed picking up pine



### Saturday, February 7th **Mountain Arts Center**

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The students had fun watching Mrs. Tincher try to launch and apple with the giant apple slingshot.

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McDowell ARH Hospital is fully accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). McDowell ARH was recognized by HCIA and the Health Network as a recipient of the 1999 100 Top Hospitals Regional Benchmarks for Success award.



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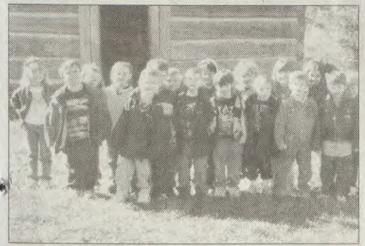


# CITY OF MARTIN

Thomasine Robinson, Mayor Council members:

Debi Bentley, Samuel Howell, Charles Justice Eulene Ratliff, Mike Robinson and Mahendra Varia





Mrs. Deb Hall's P1 Class

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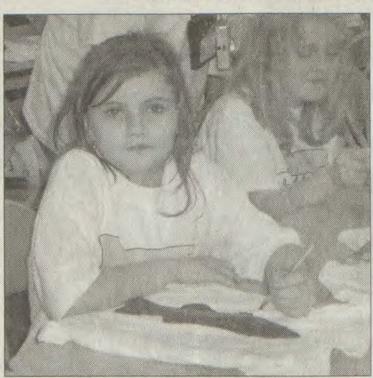
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After the projects and activities planned by the aquarium students unrolled their sleeping bags to prepare for a peaceful night of sleeping with the sharks! The aquarium allows its overnight guests to sleep in the acrylic tunnel while the fish, sharks, and stingrays swim Students could watch

Recently the P3 & P4 students them swimming about as the drifted off to sleep. This was very exciting for most children who had never been to the aquarium. It was also very exciting watching the animals from below as they swam to and fro as you drifted off to sleep. Many students fought sleep just to watch the animals for as long as possible. The next morning students were allowed to spend additional time at any or all the exhibits before visiting the gift shop and leaving.

> Teachers, students and parents really enjoyed this opportunity to visit the aquarium and spend the time "sleeping with the sharks!" They would like to thank our principal and viceprincipal Mrs. Deresa Ray and Mrs. Sherrie Slone, the Stumbo Elementary SBDM, and the Floyd Co. Board of Education for this great opportunity and





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Would like to Congratulate all The Students and Teachers of Floyd Schools Good Luck to All Students in the upcoming new year.

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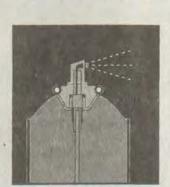
Partnership for a Drug-Free America





RUST.

Studies have shown that in general, kids believe their parents trust them. Where kids get into trouble with drugs is when they assume this trust implies that they're mature enough to avoid the dangers. Trust is



Kids who read warning labels are not always looking for what can harm them. Kids who use inhalants are looking for the chemicals that can get them high. Propane. Toluene. Butane. Nitrous oxide. These chemicals are found in many common household cleaners, paints and aerosols that kids use to get high.

essential. Yet they must understand that trust comes with responsibilities. That's why you need to talk to them about drugs and give them clear, consistent rules. Monitoring your kids' activities doesn't mean you don't trust them. It means that you care about them enough to be involved. Between 4 and 6 p.m. is when kids are most likely to try drugs. So keep them busy. Encourage them to try out for the basketball team. Or the school play. Or band. What matters is your involvement.

Teenagers want their independence, yet need the stability provided by routines. For more information,

call 800.788.2800 or visit www.theantidrug.com.

Kids who receive education about drugs from their parents are 36% less likely to use pot than kids who don't. They're 50% less likely to use inhalants. 56% less likely to use cocaine. And 65% less likely to use LSD. Research also shows that parents who set clear rules and enforce them consistently are far more effective in keeping their kids off drugs than those who don't.

This has been sponsored by Floyd County Judge-Executive Paul Hunt Thompson, and the Floyd County Fiscal Court. Jamie Ward Minix, Prevention Specialist.



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Tuesday, Feb. 10 | 6 p.m. Lap Band and Open Bypass Mark Park, M.D.

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# BabyNames.com Announces Top Names of 2003

In the first time in over a decade, parents get more creative in naming their boy babies - view top 20 names of 2003 in this release.

Angeles,CA (PRWEB) December 16 2003-In the first time for over a decade, the most popular name of the year for boys is not a traditional Biblical name.

According to new and Brianna-have expecting parents who visit website BabyNames.com, Aidan, Jayden and Caden are the top three most popular boys' names for 2003. Meanwhile, mermaid-inspired Madison still holds steady at number one for most popular girls' names.

BabyNames.com compiles an annual list of the Top 20 most popular baby names from over 100,000 expecting parents' favorite name lists that create on the site. The site hosts more than one million unique visitors a month from all over the world; with approximately 88 percent of the users from the U.S.

Jennifer Moss, Senior

Partner of BabyNames.com is surprised at this turn of events for naming male offspring. "Traditionally, you see more of a fluctuation and creativity in girls' names, but this is the first year we have seen such a big change in the boys' name list."

"In the past 20 years, Celtic and English namessuch as Ashley, Caitlyn and extremely popular for girls," adds Moss, "And now that trend is entering the boys' list with Aidan, Dylan, Logan and Connor - a huge break from the usual trend of Biblical names like Michael and Jacob. We think as names become uni-gender for girls, parents are taking more risks and being more creative and unique with naming their boys.'

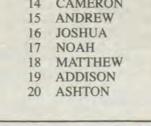
#### Top 20 girls' names

- MADISON
- **EMMA**
- ABIGAIL
- 4 RILEY
- CHLOE
- 6 HANNAH
- **ALEXIS**
- **ISABELLA**

- 10 TAYLOR
- 11 OLIVIA
- HAILEY 12
- 13 PAIGE
- **EMILY**
- GRACE
- AVA AALIYAH
- ALYSSA
- 19 FAITH
- BRIANNA

#### Top 20 boys' names

- 1 AIDAN / AIDEN / ADEN
- JADEN / JAYDEN
- CADEN / KADEN
- ETHAN
- 5 CALEB
- 6 DYLAN
- **JACOB**
- **JORDAN**
- 9 LOGAN
- HAYDEN
- CONNOR
- RYAN
- MORGAN
- CAMERON





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### **Enfamil LIPIL wants to send your baby to college**

EVANSVILLE, Ind. — According to findings in the recent Enfamil LIPIL Smart Development Survey, 88 percent of new mothers feel that a college education is crucial to their child's ability to succeed later in life. But, only one-third of mothers surveyed are confident they will be able to afford the cost of tuition when the time comes.

The ever-rising cost of a college education is a source of worry for many new parents. In fact, this concern is well founded. Analysts estimate that by 2021, the average cost of one year at a public university will be more than \$20,000.

As another example of its commitment to nourishing the potential of babies, the maker of Enfamil LIPIL infant formula is providing new parents with the opportunity to win a \$25,000 college scholarship for their baby. A total of 20 scholarships will be awarded to babies born between Nov. 1, 2002, and June 30, 2004. One scholarship will be awarded each week between Jan. 16 and May 28, 2004. Parents should visit their pediatri-

cian's office to register, or go to www.enfamil.com for more details.

Enfamil LIPIL is the only infant formula brand that includes LIPIL, a blend of DHA (docosahexaenoic acid) and ARA (arachidonic acid); two nutrients also found in breast milk that are important to infant brain and eye development. One of the biggest breakthroughs in the last 30 years in infant formula has been the inclusion of DHA and ARA. More than 100 studies, including a clinical trial recently published in the Journal of Pediatrics, have shown that DHA and ARA are important nutrients for mental and visual development. More than one million babies have been fed Enfamil LIPIL since the product was first introduced in 2002.

"As a pediatrician, I recommend breast milk as the best source of nutrition for infants, but many mothers cannot or choose not to breastfeed," said Loraine Stern, M.D., a practicing pediatrician and clinical professor of pediatrics at UCLA. "For those mothers, I rec-

ommend infant formulas with the highest levels of DHA and ARA to support optimal brain and eye development."

In addition to the findings regarding college tuition, the Enfamil LIPIL Smart Development Survey also revealed that ninety-seven percent of new moms believe that nutrition plays an important, if not the most important role, in their infant's mental development. Additionally, new moms say their baby's pediatrician is the greatest resource for information regarding their child's mental development.

"Proper nutrition is extremely important to mental development, as is stimulation and activity," said Dr. Stern. "Every experience excites certain neural circuits in your infant's brain and leaves others inactive. Those consistently activated will be strengthened and those rarely excited will drop off. Simple activities like talking, reading, playing and singing comfort and stimulate infants and help build a strong foundation for healthy development."

Dr. Stern offers the following tips to stimulate your baby's growth and mental development:

■ Talk to your baby often. Your voice is soothing, and your baby is learning from the sounds. Imitate sounds your baby makes, and as she gets older, she will probably imitate you right back.

Hold a rattle about 12 inches from your baby's face and move it slowly from side to side. Your baby's eyes will follow the path of the rattle for a short time. Over time your child will be able to track for longer and longer periods.

■ Play classical music. This may help soothe your baby, and some believe it may help your baby develop a greater capacity for music and math.

■ Read to your baby every day and play peek-a-boo.

■ Sing to your baby and talk during feeding and while changing diapers.

Hide an object behind your back and let your baby find it.

Put some plastic cups in the tub while you are giving her a bath so she can fill and pour.

■ Place an unbreakable mirror in a spot where your baby can see herself.

For more activities to promote mental development, or to learn more about DHA and ARA, visit www.enfamil.com or call 1-800-BABY-123. To register for the Enfamil LIPIL College Sweepstakes, parents should visit their pediatrician's office or www.enfamil.com.

Enfamil LIPIL infant formula is manufactured by Mead Johnson Nutritionals, a world leader in nutrition, recognized for developing and marketing high quality products that meet the nutritional needs of children and adults of all ages. Mead Johnson Nutritionals is a Bristol-Myers Squibb Company.

Impulse Research Corporation conducted a nationally representative online panel survey of 1,503 women who were either pregnant or had an infant aged 0 to 24 months of age. The survey was conducted in September 2003. The margin of error for this survey is +/- 2.5% at the 95 percent confidence level.





# Expectant parents can experience the joy of listening to their baby's fetal heartbeat at home

ROCKTON, Ill. — Hearing the baby's fetal heartbeat at the doctor's office is one of the most relieving and joyous moments for every expecting mother. Now expectant parents can listen to their baby's heartbeat at home any time they want.

Women no longer have to wait until their next doctor's appointment to hear their baby's heartbeat, according to Sherry Bonelli, president of PregnancyStore.com. The new Babycom Home Doppler Fetal Heartbeat Monitor allows expecting mothers to quickly and easily detect and listen to their baby's heartbeat at home. The Babycom monitor (\$145.95) is now available at

http://www.PregnancyStore.com .
"The FDA cleared Babycom
Monitor is an advanced yet simple-

to-use ultrasound Doppler monitor specifically developed for home and personal use," says Bonelli.

The monitor is suitable to use after the 12th week of pregnancy, and with ultrasound levels lower than the FDA limits, it is extremely safe. The monitor's high-quality audio signal and sharp digital display allow for accurate results.

The lightweight and portable Babycom is similar to the Doppler devices used by physicians, but is specifically designed for personal use. The patented monitor's proprietary wide-angle ultrasound beam detects fetal heartbeats with minimal positioning. The shape and design of the Babycom monitoring unit allows a mother to easily find her baby's heartbeat herself.

"We received the Babycom and

listened to our baby's heartbeat for the longest time last night," says Karin Fish, an expectant mother. "It's the best \$145 I've ever spent."

The Babycom Doppler Fetal Heartbeat Monitor is available at www.PregnancyStore.com. Its distributor, Babycom USA (www.BabycomUSA.com) recommends that expectant moms consult with their physician on the proper use of the Babycom monitor.

In addition to the Babycom, PregnancyStore.com has a full line of pregnancy products, such as fertility and ovulation predictors, pregnancy, breastfeeding, and baby products for newborns — everything a pregnant woman needs to make it through her pregnancy and beyond.

# Save for college with a Section 529 plan

by Cheryl Robinette, CFP®

It's never been more important for the children in your life to receive a college education. Studies show that over a lifetime, the earning gap between a person with a high school education and one who has a college degree may exceed \$1 million."\*

According to The College Board (a not-for-profit educational association), for 2000-2001, average costs for one year at a state university totaled \$11,338, and \$24,946 at a private school. \*\*Should you also be thinking about graduate or professional school, the costs will really skyrocket.

#### A 529 Plan Can Help

Although funding a child's way through college will never be easy, some help is available through Section 529 College Savings Plans (also called qualified tuition programs). These plans were created under section 529 of the Internal Revenue Code to help U.S. citizens and permanent residents meet higher education expenses and offer considerable financial benefits, such as:

- Tax Advantages. Your plan can grow federal income tax deffered. Withdrawals are also free of federal income taxes when used for qualified educational expenses.
- Gift and Estate Tax Benefits. Your plan allows you certain gift tax exclusions and offers special estate planning advantages, without triggering federal gift taxes.
- Flexibility. You can use your plan's funds at any accredited institution of higher education in the U.S.
- Additional Contributors.

  Parents aren't the only ones who can contribute to a 529 plan.

  Grandparents, other relatives and

even friends can make contributions.

■ Investment Choices. You can choose from a variety of investment strategies best suited to your individual circumstances and risk tolerance. You'll also benefit from the professional investment management skills of major mutual fund companies.

#### Types of Plans

Prior to 1996, prepaid tuition plans allowed you to purchase tomorrow's in-state college education at today's prices. This was an attractive advantage, since you were assured that your bill was prepaid, but this type of plan required that your child attend a school in your state.

Under a 529 Savings Plan, you may create an account in your name and choose a beneficiary—your child, a grandchild, the child of a friend or even yourself. Your

(See COLLEGE, page eight)



# Expectant parents can experience the joy of listening to their baby's fetal heartbeat at home

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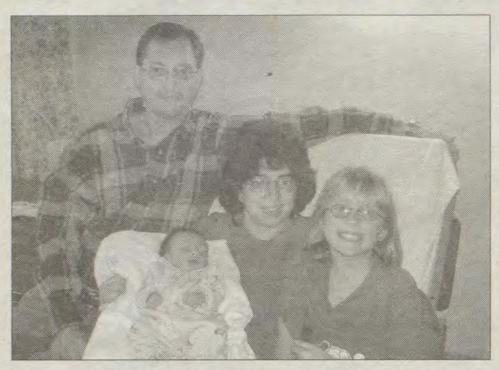
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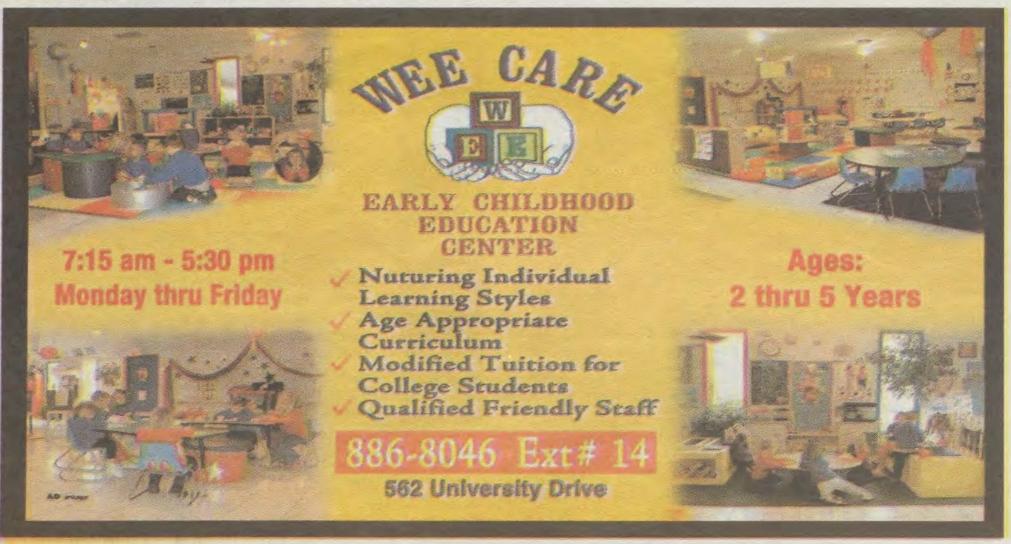
### 2004 NEW YEAR'S BABIES



The new year was ushered in this past New Year's Day with the arrival of tiny Kyle Ray Hager, born January 1, 2004, at 4:09 a.m., at Highlands Regional Medical Center. The precious bundle weighed 6 pounds, 9 ounces, and was 19 inches long. Joyfully welcoming his arrival were Kyle's parents, Charlyn and Nate Hager, and "Big Sister" Kaitlyn Hager, age 8. Celebrating their "First Baby of the New Year," HRMC officials presented the baby's parents with a \$500 United States Savings Bond in the baby's name. The Highlands Auxiliary also presented the baby with a beautiful gift basket filled with numerous layette items. Pictured above with their son are Kyle's parents and sister, Kaitlyn.



Daysha Nicole Bartley was the first baby born at Pikeville Methodist Hospital in 2004. The 7 pound, 2 ounce girl was born 30 minutes after midnight, Jan. 1. For her good timing, she received a one-year scholarship from Pikeville College, and the hospital waived the cost of her delivery. She is shown with her parents, Crystal and Gregory Chase Bartley, of Mossy Bottom, as they receive the scholarship award from Missy McCoy, of Pikeville College, while Dr. Rick McClellan, who delivered the baby, looks on.



# Breast milk or formula: Making the right choice for your baby

### by REBECCA D. WILLIAMS and ISADORA STEHLIN

New parents want to give their babies the very best. When it comes to nutrition, the best first food for babies is breast milk.

More than two decades of research have established that breast milk is perfectly suited to nourish infants and protect them from illness. Breast-fed infants have lower rates of hospital admissions, ear infections, diarrhea, rashes, allergies, and other medical problems than bottle-fed babies.

"There are 4,000 species of mammals, and they all make a different milk. Human milk is made for human infants, and it meets all their specific nutrient needs," says Ruth Lawrence, M.D., professor of pediatrics and obstetrics at the University of Rochester School of Medicine in Rochester, N.Y., and spokeswoman for the American Academy of Pediatrics.

Health experts say increased breast-feeding rates would save consumers money, spent both on infant formula and in health-care dollars. It could save lives as well.

"We've known for years that the death rates in Third World countries are lower among breastfed babies," says Lawrence. "Breast-fed babies are healthier and have fewer infections than formula-fed babies."

Although breast-feeding is still the best nourishment for infants, infant formula is a close enough second that babies not only survive but thrive.

Commercially prepared formulas are regulated by the Food and Drug Administration.

The nutritional adequacy of commercially prepared formula is also ensured by the agency's nutrient requirements and its safety by strict quality control procedures that require manufacturers to analyze each batch of formula for required nutrients, to test samples for stability during the shelf life of the product, to code containers to identify the batch, and to make all records available to FDA investi-

gators

The composition of infant formula is similar to breast milk, but it isn't a perfect match, because the exact chemical makeup of breast milk is still unknown.

Human milk is very complex, and scientists are still trying to unravel and understand what makes it such a good source of nutrition for rapidly growing and developing infants.

More than half the calories in breast milk come from fat, and the same is true for today's infant formulas. This may be alarming to many American adults watching their intake of fat and cholesterol, especially when sources of saturated fats, such as coconut oil, are used in formulas. (In adults, high intakes of saturated fats tend to increase blood cholesterol levels more than other fats or oils.) But the low-fat diet recommended for adults doesn't apply to infants.

The reason is that infants have a high energy requirement, and they have a restricted volume of food that they can ingest. The way to meet these energy requirements in a restricted amount of food is to have a high amount of fat.

While greater knowledge about human milk has helped scientists improve infant formula, it has become "increasingly apparent that infant formula can never duplicate human milk," wrote John D. Benson, Ph.D., and Mark L. Masor, Ph.D., in the March 1994 issue of Endocrine Regulations. "Human milk contains living cells, hormones, active enzymes, immunoglobulins and compounds with unique structures that cannot be replicated in infant formula."

Benson and Masor, both of whom are pediatric nutrition researchers at infant formula manufacturer Abbott Laboratories, believe creating formula that duplicates human milk is impossible. "A better goal is to match the performance of the breastfed infant," they wrote. Performance is measured by the infant's growth, absorption of nutrients, gastrointestinal tolerance, and reactions in blood.

#### Human Milk for Human Infants

The primary benefit of breast milk is nutritional. Human milk contains just the right amount of fatty acids, lactose, water, and amino acids for human digestion, brain development, and growth.

Cow's milk contains a different type of protein than breast milk. This is good for calves, but human infants can have difficulty digesting it. Bottle-fed infants tend to be fatter than breast-fed infants, but not necessarily healthier.

Breast-fed babies have fewer illnesses because human milk transfers to the infant a mother's antibodies to disease. About 80 percent of the cells in breast milk are macrophages, cells that kill bacteria, fungi and viruses.

Breast-fed babies are protected, in varying degrees, from a number of illnesses, including pneumonia, botulism, bronchitis, staphylococcal infections, influenza, ear infections, and German measles. Furthermore, mothers produce antibodies to whatever disease is present in their environment, making their milk custom-designed to fight the diseases their babies are exposed to as well.

A breast-fed baby's digestive tract contains large amounts of Lactobacillus bifidus, beneficial bacteria that prevent the growth of harmful organisms. Human milk straight from the breast is always sterile, never contaminated by polluted water or dirty bottles, which can also lead to diarrhea in the infant.

Human milk contains at least 100 ingredients not found in formula. No babies are allergic to their mother's milk, although they may have a reaction to something the mother eats. If she eliminates it from her diet, the problem resolves itself.

Sucking at the breast promotes good jaw development as well. It's harder work to get milk out of a breast than a bottle, and the exercise strengthens the jaws and encourages the growth of straight, healthy teeth. The baby at the breast also can control the flow of



milk by sucking and stopping. With a bottle, the baby must constantly suck or react to the pressure of the nipple placed in the mouth.

Nursing may have psychological benefits for the infant as well, creating an early emotional attachment between mother and child. At birth, infants see only 12 to 15 inches, the distance between a nursing baby and its mother's face. Studies have found that infants as young as 1 week prefer the smell

of their own mother's milk. When nursing pads soaked with breast milk are placed in their cribs, they turn their faces toward the one that smells familiar.

Many psychologists believe the nursing baby enjoys a sense of security from the warmth and presence of the mother, especially when there is skin-to-skin contact during feeding. Parents of bottlefed babies may be tempted to prop

(See CHOICE page ten)



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### Tips for Breast-Feeding Success college

It's helpful for a woman who wants to breast-feed to learn as much about it as possible before delivery, while she is not exhausted from caring for an infant around-the-clock. The following tips can help foster successful nursing:

should begin within an hour after delivery if possible, when the infant is awake and the sucking instinct is strong. Even though the mother won't be producing milk yet, her breasts contain colostrum, a thin fluid that contains antibodies to disease.

Proper positioning: The baby's mouth should be wide open, with the nipple as far back into his or her mouth as possible. This minimizes soreness for the mother. A nurse, midwife, or other knowledgeable person can help her find a comfortable nursing position.

Nurse on demand: Newborns need to nurse frequently, about every two hours, and not on any strict schedule. This will stimulate the mother's breasts to produce plenty of milk. Later, the baby can settle into a more predictable routine. But because breast milk is more easily digested than formula,

breast-fed babies often eat more frequently than bottle-fed babies.

No supplements: Nursing babies don't need sugar water or formula supplements. These may interfere with their appetite for nursing, and that can lead to a diminished milk supply. The more the baby nurses, the more milk the mother will produce.

Delay artificial nipples: It's best to wait a week or two before introducing a pacifier, so that the baby doesn't get confused. Artificial nipples require a different sucking action than real ones. Sucking at a bottle could also confuse some babies in the early days. They, too, are learning how to breast-feed.

Air dry: In the early postpartum period or until her nipples toughen, the mother should air dry them after each nursing to prevent them from cracking, which can lead to infection. If her nipples do crack, the mother can coat them with breast milk or other natural moisturizers to help them heal. Vitamin E oil and lanolin are commonly used, although some babies may have allergic reactions to them. Proper positioning at the

breast can help prevent sore nipples. If the mother's very sore, the baby may not have the nipple far enough back in his or her mouth.

Watch for infection: Symptoms of breast infection include fever and painful lumps and redness in the breast. These require immediate medical attention.

mother usually produces lots of milk, making her breasts big, hard and painful for a few days. To relieve this engorgement, she should feed the baby frequently and on demand until her body adjusts and produces only what the baby needs. In the meantime, the mother can take over-the-counter pain relievers, apply warm, wet compresses to her breasts, and take warm baths to relieve the pain.

Eat right, get rest: To produce plenty of good milk, the nursing mother needs a balanced diet that includes 500 extra calories a day and six to eight glasses of fluid. She should also rest as much as possible to prevent breast infections, which are aggravated by fatigue.

regular contributions to the plan can grow tax-deferred until with-drawn and, if spent on qualified higher education expenses, will be tax-free when withdrawn.\*\*\* In most cases, this can result in considerable savings. Best of all, the money can be spent at any eligible college or other post-secondary educational institution in the country.

#### Nearly 529 Reasons to Save

But the reasons to consider section 529 Plans don't stop there. They also feature high contribution limits, often in excess of \$200,000 per beneficiary—which can be used by another member of your family in case the original beneficiary doesn't attend college.

#### To Learn More

Although Section 529 Plans make saving for college considerably easier, they may not be for everyone. If your child is very young and you're comfortable making your own investment decisions, you might prefer to invest these funds yourself. But whatever route you take, be sure to begin

early. To learn more about how you can better invest for your child's education, please call Cheryl Robinette at Morgan Stanley; 606-432-5888 or 800-927-9299. 200 Second St., Suite 1, Pikeville, KY.

Continued from p5

This article does not constitute tax or legal advice. Consult your tax or legal advisor before making any tax- or legally-related investment decisions. This article is published for general informational purposes only and is not an offer or solicitation to sell or buy any securities or commodities. Any particular investment should be analyzed based on its terms and risks as they relate to your individual circumstances and objectives.

- \* Source: Trends in College Pricing 2000, The College Board.
- \*\* Figures shown include tuition, fees, room, board, books, supploes, transporation and other expenses for residential students.

\*\*\* Under current federal tax

(See COLLEGE, page eleven)

### 'NABY TALK'

For babies from birth to 1 year

Babies love hearing your voice. When you answer her sounds with sounds of your own, she begins to learn that what she "says" has meaning and is important to you.

#### What To Do

- Talk to your baby often. Answer her coos, gurgles, and smiles. Repeat the "ba, ba's" and "ga, ga's" she makes. Talk, touch, and smile back. Get her to look at you.
- Play simple talking and touching games with your baby. Ask, "Where's your nose?" Then touch her nose and say playfully, "There's your nose!" Do this several times, then switch to an ear or knee or her tummy. Stop when she or you grow tired of the game.
- Change the game by touching the nose or ear and repeating the word for it several times. Do this with objects, too. When she hears you name something over and over again, she begins to connect the sound with what it means.
- Do things that interest your baby. Vary your tone of voice, make funny faces, sing lullabies, and recite simple nursery rhymes. Play "peek-a-boo" and "pat-a-cake."

#### **Books and Babies**

PART OF TAXABLE PRINTS - TO CALL TO COMPA

For babies from age 6 weeks to 1 year

Sharing books is a way to have fun with your baby and start him on the road to becoming a reader.

#### Try To Find

- Cardboard or cloth books with large, simple pictures of things that babies are familiar with
- Lift-the-flap, touch-and-feel, or peekthrough play books (Example: Pat the Bunny by Dorothy Kunhardt is a classic touch-and-feel book. See Resources.)

#### What To Do

- Read to your baby for short periods several times a day. Bedtime is always a good time, but you can do it at other times, too while in the park, on the bus, or even at the breakfast table (without the food!).
- As you read, point out things that are fun to do in the pictures. Name them as you point to them.
- Give your baby sturdy books to look at, touch, and hold. Allow him to peek through the holes or lift the flaps to discover surprises.
- Babies soon recognize the faces and voices of those who care for them. As you read to your baby, he will form a link between books and what he loves most your voice and closeness.



## How to protect your new baby in the car

facing backward while riding in a

Babies are lucky to have seats that work this way. Infants are safest when riding facing the rear, because the back of the safety seat supports the child's back, neck, and head in a crash. So, whichever seat you choose, your baby should ride rear-facing until about one year of age and at least 20 pounds.

Two kinds of safety seats are made for babies:

Small, lightweight "infantonly" safety seats are designed for use rear-facing only. This kind can be used only as long as the baby's head is enclosed by the top rim of the seat. The label on the seat gives the upper weight limit (17 to 22 pounds). One seat can be converted into a car bed for babies who must lie flat.

Larger "convertible" seats usually fit children from birth to about 40 pounds. Some new models have weight limits as high as 30 to 32 pounds for rear-facing use. These products are especially good for babies under age one who are growing more rapidly than average. It may be turned around to face the front when the baby is about one year old and at least 20 pounds.

#### How to choose the best seat for your baby

The simplest and least expen-

Everybody would be safest sive model usually will work as well as one with fancy features. Choose a seat that you find easy to use and that fits in your vehi-

> Before you buy a seat, try it in your car to make sure it fits and can be buckled in tightly. If you choose a convertible seat, try it facing both rearward and for-

Look for the seat you can use facing the rear as long as possible. Read the labels to check weight limits. If you buy an infant-only seat, you will need a convertible seat later. Most babies need to use rear-facing convertible seats as they get larger, because they outgrow their infant-only seats before age one. Some products are made to carry a baby over 20 pounds facing the rear. Look for a seat with a higher weight limit when you shop.

Practice buckling the seat into your car before your baby's first

#### More tips on choosing a seat

You'll save a little money if you buy one convertible seat to do the job from birth to 40 pounds, but an infant-only seat may be easier for you to use and may fit your newborn baby bet-

An infant-only seat can be carried with you wherever you go. It can be used at home also.

Some infant-only seats come in two parts. The base stays buckled in the vehicle, and the seat snaps in and out. You may find these convenient.

If you want to use a convertible seat for a newborn baby, choose one without a padded shield in front of the baby. Shields do not fit small newborn babies properly. The shield comes up too high and may make proper adjustment of the harness difficult.

#### What about seats for preemies?

A baby born earlier than 37 weeks may need to use a car bed if he or she has any possibility of breathing problems when sitting semi-reclined. Ask your baby's doctor if your baby needs to be tested before discharge for breathing problems.

Use a seat with the shortest distances from seat to harness strap slots, and from back to crotch strap. Use rolled blankets to keep the baby's head from slumping. Never place any extra cushioning under or behind the

#### What to do if your baby's head flops forward?

It's important for an infant to sitting semi-reclined (halfway back or 45 degrees

from horizontal). In the car, you may find that the safety seat is too upright for a new baby who can't hold up his or her head. You can put a tightly rolled bath towel under the front edge of the safety seat to tilt it back a little so your baby's head lies back comfortably. Do not recline it too

Harness straps must fit snugly on the body.

Use lowest harness slots for a newborn infant. Keep the straps in the slots at or below your baby's shoulders for the rear-facing position.

It is very important for harness straps to fit properly over

the shoulders and between the legs. Dress your baby in clothes that keep legs free. If you want to cover your baby, buckle the harness around him first, then put a blanket over him. A bulky snowsuit or bunting can make the harness too loose.

To fill empty spaces and give support, roll up a couple of small blankets and tuck them in on each side of your baby's shoulders and head. If he still slumps down, put a rolled diaper between his legs behind the crotch strap. Thick padding should not be put underneath or behind the baby.



# Common childcare myths

Most new parents get a lot of Consumer Products advice from family and friends, before and after the baby is born. Although it is well-intended, in some cases, it may not be completely accurate.

There are a number of common misconceptions that are often passed along to new parents. Here are some of the more widespread childcare myths:

Some people believe that taking too many flash pictures of a baby can damage his eyes. Fortunately this isn't true.

It's not true that vinyl toys could expose children to harmful levels of substances. The

Safety Commission recently found "no demonstrated health risk" from vinyl toys for children.

Despite what you might have heard, you cannot spoil a baby by tending to her in the middle of the night, or by taking her out of the crib for feeding. The truth is you cannot spoil a baby, and in fact, you are providing some security and comfort when you answer their midnight

Another myth is that you can't use plastics in the microwave oven. If the manufacturer says it's okay to microwave

the plastic, then go ahead and do so. But, be careful about the temperature of the food. There are hot spots in microwaved food and you don't want to burn the inside of your baby's mouth.

Parents have to be very careful where they get their information. The Internet can be a great source, but you have to be skeptical. There are a lot of good resources on the Web, but there is also a lot of misinformation. The best advice is to get a good pediatrician who can help you sort through all the "advice" about your children's care that comes your way.



# Your New Baby's Shopping List

During your pregnancy, you have so many decisions to make, and so much to prepare before your new baby is born. You may want to begin purchasing clothing, a car seat, and furniture for the baby. Don't forget about all the items your new baby will need on a daily basis, such as diapers, wash cloths, bottles, burp cloths, and more! If you are having a baby shower, your friends and family may also ask you what items they can help you with. We also recommend talking to other new moms about the items they purchased for their babies, and the brands that they recommend. There are so many baby items and different

bottles in the baby's mouth, with

no human contact during feeding.

But a nursing mother must cuddle

her infant closely many times dur-

ing the day. Nursing becomes more

than a way to feed a baby; it's a

Breast-feeding is good for new

mothers as well as for their babies.

There are no bottles to sterilize and

no formula to buy, measure and

mix. It may be easier for a nursing

mother to lose the pounds of preg-

nancy as well, since nursing uses

up extra calories. Lactation also stimulates the uterus to contract

source of warmth and comfort.

**Benefits to Mothers** 

Choice

brands to choose from, that it may be helpful to get some expert advice, so that you will not be stressed about these decisions.

The National Women's Health Information Center has provided the following list of items a new born baby will need to help you in your shopping efforts, so you can concentrate on staying healthy, resting, and being excited for your new baby's birth. We have also included links to web pages with safety information about those products that may pose a risk to your baby if safety guidelines are not followed. If you have any additional questions about the safety of

include injections (such as Depo-

Norplant), and birth control pills.

A woman who breast-feeds should

consult her doctor about which

type of contraception is appropri-

ate for her until the baby is

also. Even though a nursing moth-

er works up a big appetite and con-

sumes extra calories, the extra food

for her is less expensive than buy-

ing formula for the baby. Nursing

saves money while providing the

best nourishment possible.

Breast-feeding is economical

weaned.

Provera), implants (such as

Continued from p7

baby products, we recommend that car seats are not made alike. you ask your pediatrician or your baby's health care provider. The most important thing to remember is that your baby only needs food, shelter and you; so don't be overwhelmed by the numerous baby products available.

#### WHAT THE BABY WILL NEED AT THE HOSPITAL

- Baby shirt and sleeper
- Receiving blanket
- Diapers and wipes (some hospitals provide an initial supply of these)
- Safety pins and rubber or nylon pants (if you are using cloth
- Heavy blanket, sweater, and hat, for the baby, if the weather is
- Infant car seat
- Diaper bag

#### SAFETY ITEMS

- Night Lights, or soft lighting
- Baby Monitor
- Baby Nail/Clippers/Scissors Manicure Set

#### THINGS YOU'LL NEED TO TRANSPORT THE BABY

Car seat - you will need to find out the specifications for a car seat that will fit in your car. All

http://www.kidshealth.org/parent/f irstaid\_safe/travel/auto.html or; http://www.kidshealth.org/parent/f irstaid\_safe/travel/auto\_p3.html

- Stroller http://www.cpsc.gov/cpscpub/pub s/200.html
- Backpacks and soft carriers http://www.kidshealth.org/parent/p regnancy newborn/products p2.ht
- Diaper bag since this is something you will be carrying around for about 3 years, choose one that is comfortable and durable for you.

#### THE BABY'S ROOM

- Crib, and crib linens http://www.cpsc.gov/ cpscpub/pubs/200.html
- Play pen, etc. http://www.cpsc.gov/cpscpub/pub s/200.html
- Changing table http://www.cps c.gov/cpscpub/pubs/200.html
- Dresser
- Glider or Rocking Chair

#### SUGGESTED ITEMS FOR YOUR HOME

- Diapers or cloth diapers we recommend that you get a couple of different brands of diapers so you can test them out and choose your favorite.
- Receiving Blankets for more information, click here: http://www.cpsc.gov/

cpscpub/pubs/5049.html

- Clothing http://www.cpsc. gov/cpscpub/pubs/slpwear.html
- Bottles be sure to get the correct size of nipples, such as preemie, or newborn.
- Breast pump if you plan to breast feed.
- Pacifier http://www.cpsc.gov/ cpscpub/pubs/5049.html
- Bathtubs http://www.cpsc .gov/cpscpub/pubs/200.html
- Washcloths
- Hooded Towels
- Diaper disposal system good to have, but not necessary.
- Burp Cloths and waterproof lap pads

#### THINGS YOU'LL NEED AS THE BABY GETS **OLDER**

- Outlet protectors
- Toys

http://www.cpsc.gov/cpscpub/pub s/200.html

- Books
- Walker

http://www.cpsc.gov/ cpscpub/pubs/200.html

- High Chair http://www.cpsc.gov/
- cpscpub/pubs/200.html Gates http://www.cpsc.gov/ cpscpub/pubs/200.html

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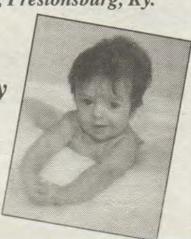
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#### back to its original size. A nursing mother is forced to get needed rest. She must sit down, put her feet up, and relax every few hours to nurse. Nursing at night is easy as well. No one has to stumble to the refrigerator for a bottle and warm it while the baby cries. If she's lying down, a mother can doze while she nurses.

Nursing is also nature's contraceptive-although not a very reliable one. Frequent nursing suppresses ovulation, making it less likely for a nursing mother to menstruate, ovulate, or get pregnant. There are no guarantees, however. Mothers who don't want more children right away should use contraception even while nursing. Women who are breast-feeding can use barrier methods of birth control, such as condoms and diaphragms. Hormone-containing methods are not first choice. These

### Gender selection is now your choice for under \$200

(www.GenSelect.com) is fueling the controversy surrounding prenatal sex selection with \$199 boy and girl kits proven to vastly influence the odds of conceiving a baby boy or girl.

The kit components are FDA approved and being used in over 25 countries. Girl kits slightly outsell boy kits within the United States. Boy kits outsell girl kits internation-

GenSelect allows couples to safely, naturally and effectively influence the body's natural gender selection process before conception. Clinical research of the science behind GenSelect's methodology has shown a 96

ALEXANDRIA, Va. - GenSelect percent success rate. GenSelect's boy and girl kits are the only all-natural, scientifically validated method of harnessing every factor affecting gender selection.

> Joe Brophy, VP of marketing, said, "Safety has been our first priority. Thousands of couples worldwide are utilizing our patent-pending methodology to successfully conceive a child of their chosen gender. No complications have been reported involving either the mother or the new-

> GenSelect is pioneering the development of safe and effective gender selection products. Boy and girl kits are available for sale on the GenSelect website.



#### College

■ Continued from p 8

law the tax free nature of Section 529 Plans will be automatically repeated at the end of 2010. Thereafter, unless Congress renews or extends the law, earnings withdrawn from a 529 plan will be taxable income of the beneficiary if used for qualified higher education

purposes and taxable income of the contributor if used for non-qualified.

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Dr. Angela Maggard

is board eligible in obstetrics and gynecology at Physicians For Women, Prestonsburg, KY and Hope Family Medical Center, Salversville, KY.



Dr. Narong Chalothorn

"Dr. Charlie" is board certified in obstetrics and gynecology at Physicians For Women, Prestonsburg, KYand Hope Family Medical Center, Salversville, KY.



Dr. Lotfi Mamlouk

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