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Volume 75, Issue 21 • 75 Cents



Today's Freebie

FIND A BARGAIN IN EVERY ISSUE!

— page A3

briefs

Third arrest made in JMS break-in

by MARY MUSIC
STAFF WRITER

GRETHEL — An alleged perpetrator of the December break-in of John M. Stumbo Elementary School in Grethel was apprehended Sunday by the Kentucky State Police.

Jimmy J. Hall, 20, of Galveston, who has eluded police since December, was arrested Sunday and charged with third-degree burglary by KSP trooper David W. Watkins.

Allegedly, Hall was one of the three vandals who used a back window to break into the school between midnight and 5 a.m. on Dec. 2, leaving a mound of devastation in their path.

Hall, along with two 15- and 16-year-old juveniles who were arrested during the investigation, allegedly caused extensive damage in the facility, breaking into vending machines, stealing school and electrical supplies, and walking away with 18 computers valued at roughly \$16,000.

The two juveniles were arrested following the incident and also charged with third-degree burglary. Most of the computers were quickly recovered through community cooperation with

(See ARREST, page three)

inside

Local News

Odds and EndsA2
Viewpoint.....A4
Obituaries.....A6

Sports

Bears 19th.....B2
Daytona 500.....B4
Cheerleading.....B5

Lifestyles

Poison Oak.....B6
Crittter Corner.....B6
Classifieds.....B11

2 DAY FORECAST

Today



Thursday



For up-to-the-minute forecasts, see floydcountytimes.com

Meade wins as most voters stay home

Democrat coasts to win with 78 percent of the vote

by SHELDON COMPTON
STAFF WRITER

The message to candidates was one of apparent apathy as the special election to fill the 95th District House seat saw a phenomenally low turnout during the 12-hour period Tuesday that voters were asked to go to the polls.

Those who did cast votes picked local business owner Chuck Meade to replace current Attorney General Greg Stumbo as state representative by a

large margin, an outcome that did little to surprise officials, considering the county has long been a Democratic stronghold.

Meade brought in 78 percent of the votes across the 40 precincts taking part in the election, while Bobby Stumbo came away with 22 percent. Voting officials counted a total of 28 write-in votes Tuesday evening.

Three precincts — Buffalo/

(See ELECTION, page three)



Tuesday's special election brought a sizable victory for business owner Charles "Chuck" Meade in his bid for a seat in the state House of Representatives. However, as in last fall's statewide election, voting officials reported a low voter turnout of about 10 percent of registered voters.

photo by Sheldon Compton



Professional pool player and Kentucky native Billy Joe Burge, better known as "Cornbread Red", died Friday at the age of 72 in Prestonsburg, where he had lived for the last decade.

photo courtesy of the Burge family

Pool great 'Cornbread Red' dies in Prestonsburg

by SHELDON COMPTON
STAFF WRITER

PRESTONSBURG — Billy Joe Burge, better known to many as Cornbread Red, a man many considered to be one of the greatest billiard players to ever pick up a cue, died Friday at Highlands Regional Medical Center from heart failure at the age of 72.

Burge had lived quietly in Prestonsburg for the past 10 years with his wife, Burnette, neighbors to many who would have never believed the legendary stature he

retained in the world of professional billiards.

"He played pool all of his life. That's all he did for a living," his sister-in-law Barbara Newsome said Monday. "He's played with Minnesota Fats and all the others. I've been taking calls from players from all over the country here at his house since he died. It's just unbelievable."

At Hall of Fame Billiards in Warren, Mich., admirers have planned to gather March 6 in Burge's honor.

In a thread on an online billiard

forum titled simply, "Cornbread is gone", one fan said he first heard of Burge's death while shooting pool in Michigan.

"I was hitting some balls around lunchtime today at Hall of Fame Billiards when it was announced over the PA that Cornbread Red had just died of heart failure at his home in Kentucky," the fan wrote.

Such was the far-reaching popularity of the 72-year-old professional.

Born in Paducah, on Dec. 17,

(See RED, page twelve)

Parents seek answers to 911 call at BLES

by TOM DOTY
STAFF WRITER

BETSY LAYNE — Several parents of Betsy Layne Elementary students gathered at the school Monday to express concerns about the handling of a school emergency which occurred last Thursday.

The chief concern was whether a proper "lockdown" protocol was observed when a 911 call reported that a gun had been brought into the school. Kentucky State Police responded promptly, but the sight of the patrol cars was an obvious concern.

It remains unclear at this time whether the 911 call was

accurate or a hoax.

While the state police and members of the board of education conduct a thorough investigation, the parents are seeking answers. They gathered Monday to address their concerns with school principal Sheila Calhoun.

One growing concern was raised by Pat Hall, a parent, who asked, "Why wasn't the school locked down?"

Several parents went in to see the principal but were frustrated with the lack of information made available.

Calhoun could not comment on the investigation or incident, as it involved a

(See PARENTS, page three)

Judge unseals 3 indictments

by MARY MUSIC
STAFF WRITER

PRESTONSBURG — A Floyd County resident who, as a juvenile, shot and killed a man in self defense was indicted last week on burglary and assault charges.

Douglas Todd Keathley, 29, of Prestonsburg, was arrested by Floyd County Sheriff Deputy Glenn

Blackburn on Feb. 10, while at the jail. He was indicted on second-degree burglary, first-degree assault and violation of a protective order.

According to his arrest citation, issued Nov. 18 by KSP Trooper Justice Cornett, Keathley entered a female's home without consent on Nov. 16 and instigated a

(See UNSEALED, page three)

'Kentucky Joe' visits school

by TOM DOTY
STAFF WRITER

ALLEN — Roger Bingham of Crittenden, better known as "Kentucky Joe" of "Survivor 2: The Australian Outback" fame, made an appearance Tuesday at Wesley Christian School as part of his latest challenge — working for the Kentucky Department of Agriculture.

His role as a newly appointed deputy

commissioner involves doing a lot of public appearances and he wouldn't have it any other way. Bingham said that his mission is "to promote the whole agriculture program. Promoting farm and home safety, proper nutrition and the dangers related to smoking."

Bingham elaborated on his mission by pointing out all of the different areas in

(See VISIT, page three)



Roger "Kentucky Joe" Bingham posed with kindergarten students at Wesley Christian School following an afternoon visit to talk about agriculture, safety and his experiences on the "Survivor 2: The Australian Outback" television series.

photo by Kathy J. Prater

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Odds & Ends

■ **SHANGHAI, China** — China's children are getting bigger — and that's bad news for many parents' pocket books.

Since the 1949 communist revolution, China has given children under age 7 free bus fares, amusement park admission and other services — so long as they're under 3-foot-7.

But many are now excluded, because with better nutrition and health care, even the average 5-year-old is 4 feet tall, the official Xinhua News Agency said Tuesday.

Some local governments have raised the height limit. But most haven't, prompting complaints by parents.

"My son is just 5 years old, but I am often asked to buy a ticket for him when we take buses," one aggrieved mother in Beijing was quoted as saying.

Today's average 5-year-old is four inches taller than in 1949,

according to Xinhua.

The boom in bigger kids coincides with government efforts to shrink the size of families. Most Chinese couples are limited to only one child, with fines and other penalties for violators.

And China's growing prosperity has a nutritional dark side.

Almost a quarter of children in Shanghai, China's most prosperous city, are reported to be malnourished because they eat too much junk food and not enough fruits and vegetables.

■ **GRAND ISLAND, Neb.**

— A prominent Democrat in this rural community got a thank you note from an unlikely figure: President Bush.

Below a picture of the first couple in the card sent to Hall County Supervisor Bud Jeffries, was the following personal message: "To William Jeffries, thank

you for your early commitment and dedication as a charter member of the campaign in Nebraska. Grassroots leaders like you are the key to building a winning team. Best wishes."

It was signed Laura Bush and George Bush.

"I never gave him 15 cents," Jeffries told his supervisor colleagues during a meeting Tuesday.

Jeffries thought the card and its personal touch was so funny he decided to preserve it as a memento.

"I just had to frame it — to laminate it," he said.

Hall County board Chairwoman Pam Lancaster, a Republican and contributor to the party, said she would have liked to receive such a card — but she hasn't.

"I know you are close friends with George W.," she told Jeffries jokingly.

■ **HONOLULU** — Cpl. Rita Levergood and her husband disagree whether four-legged members of their family should be able to join them out to dinner. The state, however, is clear: It's against the law.

A state senator's proposal going before a Department of Health committee this week would make it easier for animal lovers like Levergood to dine out with the pets they say are like family.

"I hate to leave them at the house by themselves," said Levergood, 21, who owns two

dogs. "I most definitely would like to bring them."

Sen. Fred Hemmings, a Republican, wants to see state health rules eased to give restaurants the option of allowing dogs into outdoor seating areas.

His request faces a vote Thursday by the state's Advisory Council on Food Protection Practices. If it is adopted, Hawaii would join 21 other states with similar pet-friendly dining rules, according to Tara Kain of DogFriendly.com.

Current Hawaii health regulations ban pets from food establishments. Violators face fines and, for repeated offenses, closure.

It was at a small cafe in the French resort Biarritz that Hemmings came up with the idea of relaxing the regulations. He says he still can't erase the memory of an elderly woman whose tiny dog was seated beside her.

"I would have to surmise that this dog was a very important part of this woman's life," he said.

Ex-prison workers should share \$9.9 million, expert reports

The Associated Press

LEXINGTON — A court-appointed expert says former employees of U.S. Corrections Corp., including more than 400 who worked in Kentucky, are entitled to a \$9.9 million damage award plus interest because of an overpayment in the employee stock-purchase plan.

About 777 former employees could share in the award if U.S. District Judge Jennifer Coffman

accepts the report by University of Kentucky law professor Douglas C. Michael.

Douglas Richards, a Lexington lawyer for the former employees said after 10 years of interest is added, "the plaintiffs estimate that the final amount of the judgment could be as much as \$25 million."

But defense lawyer Stephen Pitt of Louisville said the interest was more likely to be about \$5 million if the report, which was filed Friday, is accepted.

Coffman will determine the interest rate after a hearing.

The Kentucky employees worked at four Kentucky prisons operated by the Louisville company until it was acquired by Corrections Corporation of

America in 1998.

After a six-month analysis, Michael concluded that the trustees of the U.S. Corrections Corp.'s employee stock-purchase plan — Robert B. McQueen and Milton Thompson — paid \$9.9 million too much in 1994 for about 66 percent of the company's stock, \$34.4 million for stock worth \$24.5 million.

Both sides may challenge Michael's findings, and Coffman's eventual ruling can be appealed to the 6th Circuit Court of Appeals in Cincinnati, Richards said, so it could be a while before the former employees receive any money.

(See WORKERS, page five)

Today in History

The Associated Press

Today is Wednesday, Feb. 18, the 49th day of 2004. There are 317 days left in the year.

Today's Highlight in History:

■ On Feb. 18, 1885, Mark Twain's "Adventures of Huckleberry Finn" was published in the United States for the first time.

On this date:

■ In 1546, Martin Luther, leader of the Protestant Reformation in Germany, died.

■ In 1564, artist Michelangelo died in Rome.

■ In 1861, Jefferson Davis was sworn in as president of the Confederate States of America in Montgomery, Ala.

■ In 1930, the ninth planet of our solar system, Pluto, was discovered.

■ In 1960, the Eighth Winter Olympic Games were formally opened in Squaw Valley, Calif., by Vice President Nixon.

■ In 1970, the Chicago Seven defendants were found

innocent of conspiring to incite riots at the 1968 Democratic national convention.

■ In 1972, the California Supreme Court struck down the state's death penalty.

■ In 1977, the space shuttle Enterprise, sitting atop a Boeing 747, went on its maiden flight above the Mojave Desert.

■ In 1988, Anthony M. Kennedy was sworn in as the 104th justice of the U.S. Supreme Court.

■ In 2001, auto racing star Dale Earnhardt Sr. died from injuries suffered in a crash at the Daytona 500; he was 49.

Ten years ago:

President Clinton notified Congress he was prepared to order bombing by U.S. warplanes in Bosnia. At the Winter Olympic Games in Norway, speedskater Dan Jansen finally won a gold medal, breaking the world record in the 1,000 meters.

Five years ago:

The Clinton administration warned Serbian President

Slobodan Milosevic to choose peace with ethnic Albanians in Kosovo, or face a devastating military strike.

One year ago:

Declaring that America's security should not be dictated by protesters, President Bush said he would not be swayed from compelling Iraqi President Saddam Hussein to disarm. An arson attack on two South Korean subway trains in the city of Daegu claimed 198 lives. (The arsonist was sentenced to life in prison.) Country singer Johnny Paycheck died in Nashville, Tenn., at age 64.

Today's Birthdays

Actor Jack Palance is 83. Former Cosmopolitan editor Helen Gurley Brown is 82. Actor George Kennedy is 79. Senate Armed Services Committee Chairman John Warner, R-Va., is 77. Author Toni Morrison is 73. Movie director Milos Forman is 72. Singer Yoko Ono is 71. Singer

(See HISTORY, page eight)

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2001 Sonata Stk. # S333 Cost \$6,773.51 Profit 300.00 Your Price \$7,073⁵¹	1991 Cavalier Stk. # S184A Cost \$75.01 Profit 300.00 Your Price \$375⁰¹	2002 Saturn Stk. # S349 Cost \$5,685.02 Profit 500.00 Your Price \$6,185⁰²	2001 Explorer Stk. # ST365 Cost \$14,125.84 Profit 600.00 Your Price \$14,725⁸⁴	2001 Sport Trac Stk. # T3619A Cost \$14,720.49 Profit 900.00 Your Price \$15,620⁴⁹
2004 Mustang Stk. # C1669 Cost \$17,102.16 Profit 500.00 Your Price \$17,602¹⁶	2004 Focus Stk. # C1656 Cost \$15,214.08 Profit 200.00 Your Price \$15,414⁰⁸	2004 Sable Stk. # C1671 Cost \$20,462.06 Profit 300.00 Your Price \$20,762⁰⁶	2004 Taurus Stk. # C1672 Cost \$17,137.06 Profit 300.00 Your Price \$17,437⁰⁶	2004 Grand Marquis Stk. # C1679 Cost \$23,210.69 Profit 400.00 Your Price \$23,610⁶⁹
2004 Aviator Stk. # T3878 Cost \$41,732.49 Profit 500.00 Your Price \$42,232⁴⁹	2004 Explorer Stk. # T3939 Cost \$25,511.41 Profit 300.00 Your Price \$25,811⁴¹	2003 Mountaineer Stk. # T3445 Cost \$29,671.57 Profit 100.00 Your Price \$29,771⁵⁷	2004 Navigator Stk. # T3926 Cost \$48,207.30 Profit 400.00 Your Price \$48,607³⁰	2004 Ranger Stk. # T3916 Cost \$22,115.20 Profit 500.00 Your Price \$22,615²⁰

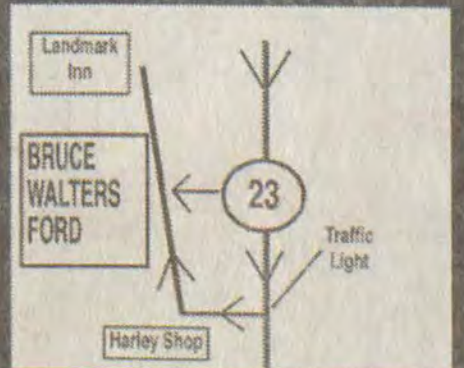
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physical altercation. Allegedly, he struck the woman with his fists and a golf club, leaving her with "severe" bruising, swelling, and "at least one" broken facial bone. Keathley was the focus of a juvenile case in 1991, in which he, at 17, was charged in the murder of Larry Calhoun. In a statement given to KSP trooper Mike Thorpe, Keathley admitted to shooting Calhoun, an adult, with a 12 gauge shotgun after Calhoun pulled a knife from his "holster"

and started toward him. A jury returned a not guilty verdict in the case in 1993. Floyd Circuit Judge John David Caudill entered an order dismissing the murder charge in the juvenile case against Keathley in November. The order indicates that the jury's verdict was filed with the clerk's office, but an order dismissing the charges against Keathley was never prepared. Two years following the return

of a not guilty verdict in that case, Keathley was found guilty in Floyd Circuit Court of trafficking 8 or more ounces of marijuana. He was sentenced in 1995 and was placed under supervised probation for two years. Entering a not guilty plea in the latest case, Keathley was released from custody Feb. 12 after posting a \$3,000 cash bond. He is scheduled to appear in circuit court June 10 for a pretrial conference.

Keathley's indictment last week was among two others that were sealed pending arrests. Travis Douglas Banks, 24, of Dwayne, was also indicted by a grand jury last week for burglary. Banks, charged with first-degree burglary for allegedly entering the home of Danielle and Brenda Goble while armed with a deadly weapon, waived formal arraignment on Feb. 12 in

circuit court under Judge John David Caudill and entered a not guilty plea in the case. He is currently incarcerated in the Floyd County Detention Center under a \$15,000 cash bond and is scheduled for a pretrial conference on June 10. Ronnie D. Terry, 49, of Estill, was indicted for first-degree trafficking of Oxycotin, driving under the influence and for being

persistent felony offender. He pleaded not guilty to those charges in circuit court during his arraignment Friday and is scheduled for a pretrial conference April 19. He is incarcerated at the Floyd County Jail under a \$50,000 partially-secured bond. Orders to unseal the indictments in these cases were filed this week in circuit court.

Election

Endicott, Auxier and Rough and Tough — did not participate, falling into 97th District Rep. Hubert Collins' district. The number of voters who stayed home Tuesday far outweighed those who did not. Of the 29,935 registered voters throughout the county, only 2,953, or roughly 10 percent, actually cast votes. Candidates saw 20 absentee votes offered for the election, with

Meade taking 17 of those. Meade was nominated to run Tuesday following an executive committee vote organized by the Democratic Party. He won that nomination by what party officials said was a close margin. Bobby Stumbo, who was selected from a field of possible candidates by the state Republican Party, will now have to wait until November for another bid at the seat. Stumbo is running unop-

posed in the May primary as the only Republican candidate. Meade, however, will face a wide field of hopefuls in future bids, but will finish out Stumbo's remaining term, ending in January, before again taking the stump for the upcoming May election. Other Democratic candidates who will run in May include Lawton Allen, Scarlett Stumbo, Jimmie Hopkins, C.E. "Little Shag" Branham and Mike Fitzpatrick. Jimmy "Gabe" Turner officially withdrew from the race earlier this month.

Visit

which the Department of Agriculture gets involved. Inspections of playgrounds, carnival rides and the accuracy of gas station equipment, and even the accuracy of meat scales all fall under the aegis of his new-found office. His mission at the school Tuesday was to promote the department's "Agricultural Awareness Week," which begins March 15. The program involves encouraging schools to take part in essay and poster contests to raise awareness of agricultural issues. The top 100 entries will be invited to Frankfort for a dinner and a prize of a \$100 savings bond. Bingham followed up his presentation with a question-and-answer session which invited a

lot of questions about his "Survivor" experience, which he was happy to talk about. The hot topic turned out to be whether he was considered for the currently running "Survivor All-Stars." It turns out he was one of 24 former contestants who were considered. He went back into training immediately, but didn't make the final group of 18. Bingham has no regrets, though, and said to the children present, "I was thankful to have done it once." The assembled children enjoyed the presentation and were geared up for the contest which could net the winners with another shot at hearing some of Kentucky Joe's stories about his adventures in the Outback.

Arrest

the police during the investigation, school officials said. Reportedly, the Dec. 2 break-in was the second burglary at the school in a matter of weeks. Officials said a small number of VCRs were taken in a burglary three weeks prior to the December break-in. During his arraignment Monday, Hall pleaded not guilty to the burglary charge. District Judge James R. Allen placed him under a \$7,500 partially-secured bond. Watkins could not be reached for comment yesterday. KSP Det. Phil Bowersock, listed by Watkins as a witness in the case, told The Times yesterday that he did not witness the arrest, nor had any information as to how Hall eluded officials for three months. A preliminary hearing is scheduled to be heard Feb. 25.

Parents

minor. She did say, "Student safety is our priority. We pride ourselves on taking care of our students." While the parents are anxiously waiting for a response there is some good news. The board of education and the state police are working in concert and will be sharing all results to evaluate the effectiveness of their response and make recommendations for change, if necessary.



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 <p>1999 Chevy Monte Carlo Z34, 2-door, leather, sunroof, alloy wheels, loaded, 3.8 V6. \$6,795</p>	 <p>2001 Chevy Cavalier 2-door, automatic, rear spoiler. Only \$6,995</p>	 <p>2002 Chevy S10 A/C, bedliner, \$Save\$ \$7,450</p>
 <p>2003 Mitsubishi Eclipse GS pkg., auto., low miles, CD, alloys, rear spoiler, keyless, loaded. \$14,490</p>	 <p>1994 Toyota 4-Runner Automatic, V-6, CD, alloy wheels, local trade. \$5,995</p>	 <p>1999 Pontiac Montana 4-door, low miles, power windows, power locks. \$9,250</p>

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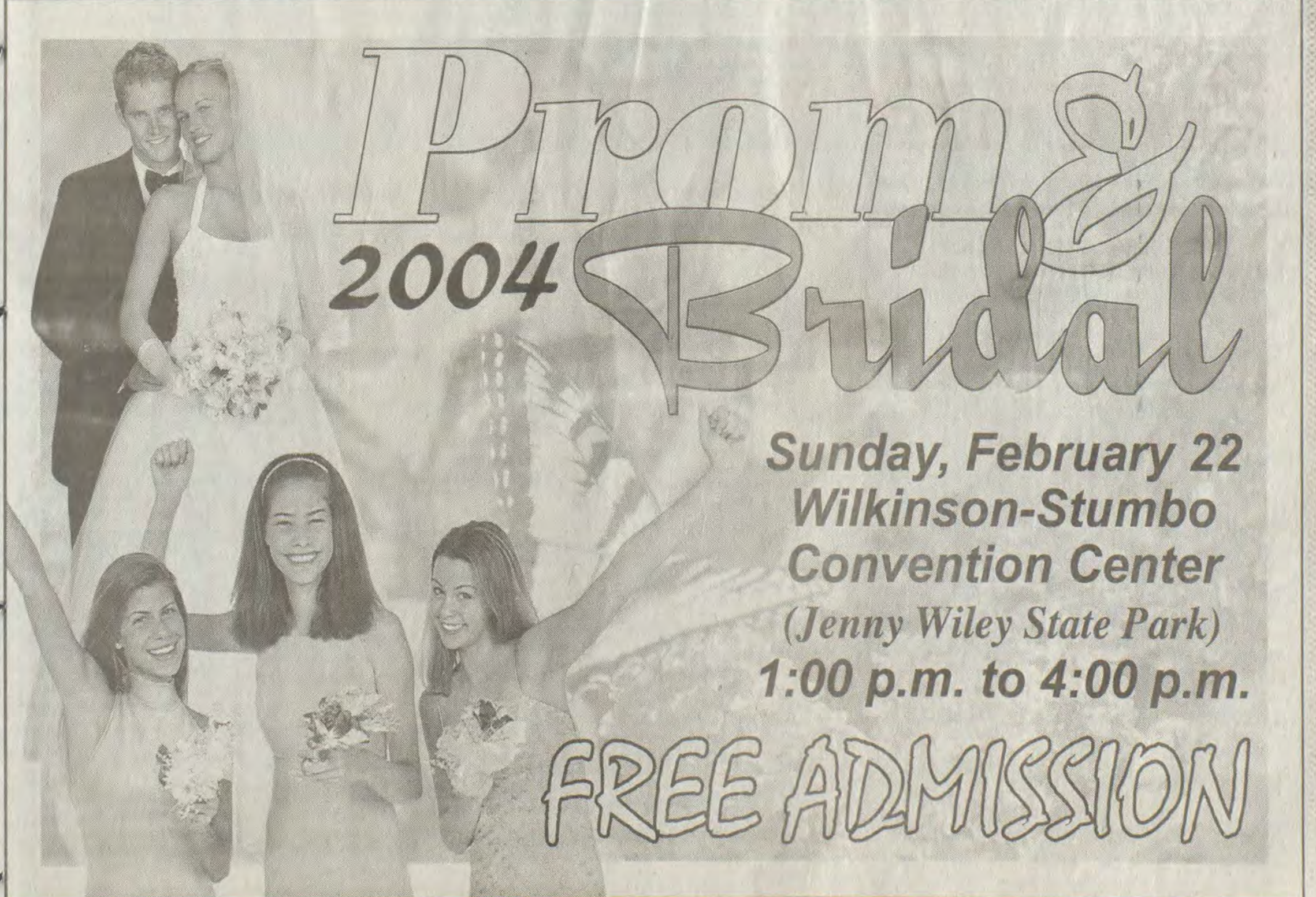
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Proms & Bridal

2004

Sunday, February 22
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FREE ADMISSION



Viewpoint

Worth Repeating ...

"By working faithfully eight hours a day, you may eventually get to be a boss and work twelve hours a day."

—Robert Frost

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Our View

Meade enters at difficult time

Now that Floyd County's voters — well, a few of them anyway — have chosen Chuck Meade as their selection for state representative, we offer Mr. Meade our encouragement and best wishes in being the 95th District's advocate in the state legislature.

The task before Meade is a monumental one, given the fact that he has had little time to prepare for the challenge and now enters his first legislative session a little more than halfway through it.

With Greg Stumbo stepping up from the legislative seat to serve as state attorney general, that representation has been noticeably absent during the current General Assembly. After years of being spoiled by Stumbo's clout and power in the legislature, having no representation has been something of a change of pace for Floyd County.

And it is not exactly as if Meade can step in to pick up where Stumbo left off. Not only does he enter the fray as the most freshman of freshmen legislators, he also enters at a time when all the rules have changed.

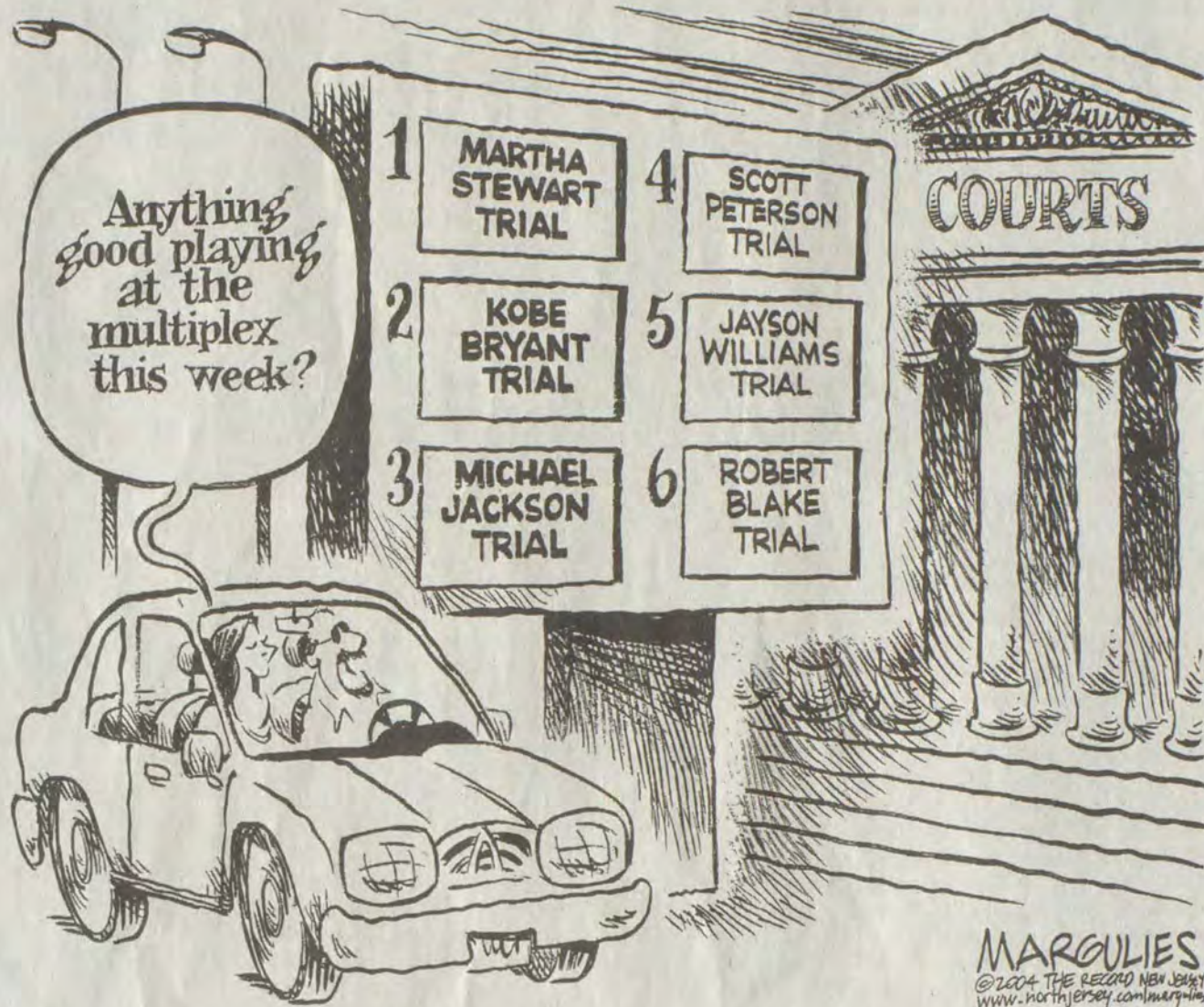
With Republicans now controlling nearly all of state government save the House of Representatives, it may be more difficult for a strong Democratic stronghold such as Floyd County to get the state assistance to which it has been accustomed.

That is unfortunate. While the needs of much of Eastern Kentucky have been ignored historically, Floyd County has been lucky the past several years to have benefited from significant state investment in such projects as Stonecrest, the Mountain Arts Center, roads and water lines. Fair or not, part of the reason for that has been Stumbo's stature in the legislature and part of it has been Floyd County's status as the most Democratic county in a state formerly dominated by Democrats in state government.

Neither of those is true any longer, and that puts Floyd County at a disadvantage for the time being. That is not Meade's fault; anyone stepping into that position, particularly any Democrat, would face the same thing. Now may be a time for Floyd County to tighten its belt and lower its expectations whenever the annual legislative session rolls around.

For those reasons, we sincerely hope Mr. Meade meets with success in his new endeavor. Floyd County is going to need all the help it can get.

— The Floyd County Times



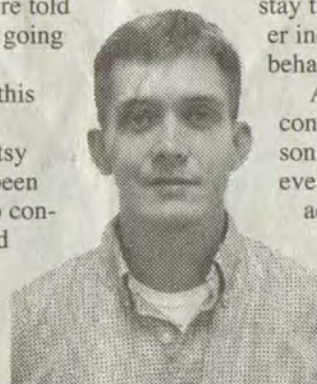
Sticks & Stones

'Mum's the word' just won't cut it

A scare at Betsy Layne Elementary has parents in that area very concerned. Last week, state police received a 911 call saying there had been shots fired at the school. As is procedure, the police sent several troopers to the scene, accompanied by ambulances, and asked to search the school. A search turned up nothing, according to school board members, who addressed the incident in a recent board meeting. It was never determined exactly who was responsible for making the call, but many have speculated it was a student

prank. Parents arriving to pick their children up from school were understandably alarmed to find cops and medical teams dealing with a situation the parents knew nothing about. To compound the problem, they say they were told very little about what was going on. There is no excuse for this lack of communication. Like many schools, Betsy Layne area schools have been notoriously predisposed to concealing anything that could cause a disturbance. Administration and faculty worry for their jobs if news of the situation does land across the desk of school board officials. But that worry does not overshadow, or even compare, to the worry a parent feels when they can't get to their children during a situation that could be anything from a fainting teacher to a gun-wield-

ing child. Betsy Layne Elementary officials should have addressed parent concerns better last week, but we have little hope the problem will improve. The school, like many others, seems content to stay tightlipped and suffer whatever indignity is inherited by such behavior. A better approach might be to consider providing a spokesperson for the school during such events. This person could address parents and make sure everyone is informed. Lack of information or misinformation can only lead to more problems during times of distress. Providing a mouthpiece to calm parents and the rest of the community should not be a problem, even if the person is normally very busy with other duties. Those duties should be set



SHELDONCOMPTON

(See STICKS, page ten)

Letters

'Was it worth it?'

Our troops have been in Iraq for nearly a year now and, for the life of me, I cannot see the good in it. As all the justifications for why we invaded that country dissipate into nothingness, I wonder, "Was it worth it?" Has it been worth the deaths of over 600 coalition soldiers and nearly 10,000 Iraqi civilians, or the injury of an additional 3,000 soldiers and 20,000 Iraqi civilians? Has it been worth such massive material destruction, or undermining the United Nations and alienating more than two-thirds of the world's countries? Was it worth the great divide that has arisen in our country as a result? If, as the president stated in desperate defense of this invasion, "We got him", was it worth the \$150 billion thus far

spent to do so? One CIA assassin's bullet probably could have done the job for a minuscule fraction of the price we paid. Or, we could have fomented a revolution, like we've done in so many other countries, and let his own people 'get' him. True, Saddam Hussein traumatized his people, but this invasion has done nothing less. Instead of bringing peace and stability there, we have created a bloody battlefield of Iraqis killing one another and a sea-full of enemies from which scores of terrorists are destined to emerge ... all because we are there. I believe we should support the recent call on Congress to censure the president for having deceived us and led us into an unnecessary, costly and tragic war. If you agree, let your voice be heard, and contact our U.S. representative, Hal Rogers, at (800) 632-8588. Elaine Shiber Van Lear

Martin officer responds

Editor's note: The following letter was written by Martin police officer Matt Varney, in response to a story in the Feb. 13 edition concerning a dismissed criminal case and giving his side of the story concerning that case. As most of the county or at least Martin knows, Michael McKinney was arrested for two felony charges, as well as some other minor charges. This all happened Jan. 20. What the county doesn't know is the whole truth, which is the way some would like to keep it. The story told to the paper was completely one-sided and only one person, Michael McKinney, was the only person Keith Bartley talked to. Neither Keith Bartley nor anyone in his office has ever

spoken to me or the other police officer about the case or viewed any of the evidence against Mr. McKinney until a deal had been made over the weekend. Our city attorney and officials were involved and all parties included failed to let me know of any deals or agreements involving the case I was working. How can you dismiss charges without every viewing the evidence? Mr. McKinney wasn't charged with felony counts on the original traffic stop, only the second complaint, which started as I walked to my cruiser. It was at that time Mr. McKinney started cursing me and being completely disrespectful. The statements given to this paper Friday were all based on Mr. McKinney. I am one of about three that have radar in their vehicles. If anyone would have

(See LETTERS, page eleven)

Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times. In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity. Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

The Times

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Detective testifies that clerk was implicated by his own son

by ROGER ALFORD
ASSOCIATED PRESS

by his own son, a detective testified Tuesday.

Jackson County Clerk Jerry Dean is accused of gunning down Audrey Marcum in her garage Nov. 17, 2001, just days before a deposition was to be taken in the harassment lawsuit and about a year before Dean was to seek re-election.

Detective Joie Peters said one of Dean's sons, David, showed police where Dean had disposed of the murder weapon and the boots, gloves and camouflage clothes he wore when he committed the slaying.

Peters testified that Dean was taken into custody a day after the slaying as he pulled into the driveway of David Dean's home. Peters said Dean had two loaded handguns with him at the time.

In addition to his testimony, Peters also submitted a graphic videotape of the crime scene. Jurors watched with no obvious reactions as the camera panned the body of the victim and a pool of blood.

In opening statements Monday, Jackson County Commonwealth's Attorney

Gary Gregory said Dean had become obsessed with Marcum, an attractive woman who worked as an assistant in the clerk's office for four years.

Gregory said Dean harassed the 31-year-old Marcum to the point that she had to resign from her job and file the \$30 million sexual harassment lawsuit. In it,

she claimed Dean made numerous unwelcome advances toward her, including once masturbating in front of her in the back room of the clerk's office.

"She was hunted down just like a deer and there's the hunter," said Gregory, pointing to Dean. "Who had the need to shut the lips of Audrey

Marcum? Who had the political need to close her mouth? Only one person in the world. Jerry Dean."

Defense attorney Doug Reece said the case against Dean was the result of "the most incredibly bungled investigation

(See SON, page eleven)

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SURGEON GENERAL'S WARNING: Cigarette smoke contains carbon monoxide.

Begin preparing for Easter

(and the rest of your life) now.

Join us at

First Presbyterian Church

(1430 N. Lake Dr., Prestonsburg — next to Jerry's)
beginning Sunday, February 22, at 11:00 a.m., for

40 Days of Purpose

All Guests On Sunday, February 22,
will receive a gift copy of the book
The Purpose Driven Life.

Discover God's purpose for your life,
and truly celebrate Easter this year.

Insurance

Continued from p7

biennium, in the cost of health care benefits for state employees and local school districts.

The current system "is simply unsustainable," said Daniel Groves, Fletcher's chief of staff. "Since Representative Wayne is only attacking, we challenge him to decide who he'd like to increase taxes on" to pay the cost.

State Personnel Commissioner Bob Ramsey said health care premiums would be apportioned on a sliding scale, based on income.

The contribution would be about \$11 per month for the average entry-level food-service employee, he said. For school superintendents, it would average \$94 monthly. Half of all state employees and school district employees would pay less

than \$10 per week, Ramsey said.

Ramsey said the health plan would be "competitive, sustainable" and "family friendly."

Rep. Mary Lou Marzian, D-Louisville, said the \$11 monthly contribution could be a burden for those who are financially strapped.

House Speaker Pro Tem Larry Clark, D-Louisville, said lawmakers need more details on how Fletcher's administration reached projections on how the plan would affect employees.

"We're not going to pass nothing out if we don't know what it's about. It's that simple," Clark said.

Fletcher also wants to cut the "flex account" benefit — a medical expense reimbursement option for teachers and state

employees who do not need regular health insurance. The state would provide \$100 per month for flexible spending accounts, down from the current \$234 per month.

The plan also calls for efforts to promote healthy lifestyles and to better manage disease. Employees could undergo health risk assessments to pinpoint any health problems and to manage them.

The plan also would offer incentives to nonsmokers. For instance, they might pay slightly less for their health coverage, Ramsey said.

Sticks

Continued from p4

aside until the incident is resolved.

Now the school is facing several upset parents who called a meeting Monday to ask why certain procedures were not followed.

And they'll get answers, to be sure, but I doubt it'll change things much. If communication is still murky the next time around, those same parents will be facing just another meeting and then another and another.

Fix the lines of communication before the next incident occurs and there won't be a need for more meetings.

Essays

Continued from p8

We need to actually do something for a change in and around our town. You wouldn't like it very much if an animal just walked in your house and messed it up so why mess up theirs. I am writing this report to tell you about your environment, to tell you what you can recycle and what to do with the rest of the garbage.

Tori Hunt

Have you ever been walking down the street and throw down a piece of paper? Imagine that everyone in the world threw down a piece of paper. We would be smothered in trash. You might also have to pay a fine if a police officer caught you.

Pride is something that is important to me. Pride to me means not littering by throwing trash in the waterways, in parks, and in yards. It also means recycling instead of filling up landfills. When you recycle you and reuse minerals such as your milk cartons that you get in lunch. Also when you recycle you also are saving space in the world unless you want to live on a sky-high mountain of garbage. Pride to me also means helping around in your environment by cleaning up parks and planting

flowers. Pride is about having pride in your city in your county, in your continent, and in your world.

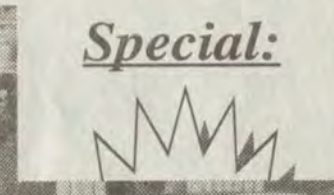
I think everyone should get involved in his or her community if it's picking up trash in the park or on the beach or from planting flowers in town. Every little bit helps the environment no matter how big or small the project is. This is what PRIDE means to me.

SALE

Extravaganza Prestonsburg Auto Mart



'00 Chevy Silverado:
Ext. Cab, Auto., 4 Wheel Drive,
Tilt, Cruise
\$16,499



'99 Chevy Malibu:
Auto., 4 Dr., Tilt, Cruise,
Power Wind. & Locks
\$4,995



'00 Olds Alero:
Auto., 4 Door, Pwr. Wind. & Locks,
Tilt, Cruise, CD, 43,000 Miles
\$6,999



'00 Pontiac Grand Am:
Auto., 4 Door, Pwr. Locks & Wind.,
Tilt, Cruise, Alum. Wheels
\$6,299



'99 Olds Alero:
Auto., 4 Dr., V6, Leather, Power Windows
& Locks, Tilt, Cruise, Loaded
\$5,995



'98 S-10 Ext. Cab:
4 Wheels Drive, Auto., 4.3 V6, Power
Windows & Locks, Tilt, Cruise, Alloy Wheels
\$ 8,495



'99 Jeep Cherokee Classic:
4 Wheel Drive, Alloy Wheels, Power Window,
& Locks, X-Clean
\$9,495

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Take a look at these super buys:

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- 1999 Mercury Cougar: Auto., 2 Door — \$6,999
- 1998 Toyota Corolla: 4 Door, Auto. — \$5,299
- 1999 Olds Intrigue: Auto., 4 Door — \$6,999
- 1995 Mazda B2300: 4x2, Pickup — \$3,999
- 1999 Ford Ranger: 4x2, X-Cab — \$6,499
- 1995 GEO Tracker: 4x4 — \$2,495
- 1996 Ford Ranger: X-Cab, Auto., 47,000 Miles — \$7,999

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WOW!!

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U.S. GOVERNMENT FORECLOSURE SALE

THURSDAY, MARCH 11, 2004 AT 1:00 PM
AT THE SITE OF THE BELOW DESCRIBED PROPERTY
HOUSE AND LOT LOCATED AT
BRANHAM HOLLOW - WHEELWRIGHT
IN FLOYD COUNTY, KENTUCKY



This is a two bedroom masonry siding home on public water and public sewer. It is well located in a quite neighborhood. It consists of a living room, kitchen, 2 bedrooms, 1 bath, and a laundry room. This property is considered unsuitable for the Rural Development, Rural Housing Program. This would be an excellent buy for an investor interested in rental property or for resale after repairs.

The minimum acceptable bid for this property will be \$6,700.00.

Payment of the current year's property taxes are the responsibility of the purchaser.

LEGAL NOTICE

Notice is hereby given that on Thursday, March 11, 2004, at the property site, at Branham Hollow, Wheelwright, in Floyd County, Kentucky, in order to raise the sum of \$35,376.52 principal, together with interest credit subsidy granted in the amount of \$7,908.00, plus interest in the amount of \$4,561.22 as of January 25, 2001, and interest thereafter on the principal at \$8.4209 per day from January 25, 2001, until the date of judgement, plus interest on the judgement amount, (principal plus interest to the date of judgement) at the rate of 1.13%, computed daily and compounded annually, until paid in full and for the costs of this action, pursuant to judgement and Order of Sale, being Civil Action No. 01-03 on the Pikeville Docket of the United States District Court for the Eastern District of Kentucky, entered on July 28, 2003, in the case of United States of America vs. Burnett Little, Sheryl Stanley Little, and HNB f/k/a Harlan National Bank, the following described property will be sold to the highest and best bidder:

A certain tract or parcel of land located at Wheelwright, Floyd County, Kentucky:
Lot No. 71 as shown on a plat of the City of Wheelwright prepared by Richard E. Martin and recorded in Map File No. 348A in the office of the Floyd County Court Clerk.

Being the same property conveyed by Deed dated April 25, 1990, recorded in Deed Book 335, Page 584, in the Floyd County Clerk's Office.

TERMS OF SALE: Ten percent (10%) of the bid price (in the form of a Certified Check made payable to the U. S. Marshal) on the day of sale with good and sufficient bond for the balance, bearing interest at the rate of 1.13% per annum until paid, due and payable in sixty (60) days and said bond having the effect of a judgement. Upon a default by the Purchaser, the deposit shall be forfeited and retained by the U. S. Marshal as a part of the proceeds of the sale, and the property shall again be offered for sale subject to confirmation by the Court.

This sale shall be in bar and foreclosure of all right, title, interest, estate claim, demand or equity of redemption of the defendant(s) and of all persons claiming by, through, under or against them, provided the purchase price is equal to two-thirds of the appraised value. If the purchase price is not equal to two-thirds of the appraised value, the Deed shall contain lien in favor of the defendant(s) reflecting the right of the defendant(s) to redeem during the period provided by law (KRS 426.530). Under law, the purchaser is deemed to be on notice of all matters affecting the property of record in the local County Clerk's Office.

Inquiries should be directed to: THOMAS W. KEETH, Rural Development Manager

Rural Development

Prestonsburg, Kentucky

Telephone: 606-886-9545

Obituary

Billy Joe Burge

Billy Joe Burge, 72, of Prestonsburg, died Friday, February 13, 2004, at Highlands Regional Medical Center, in Prestonsburg.

Born December 17, 1931, in Paducah, he was the son of the late Miller and Morine Taylor Burge. He was a professional billiard player.

He is survived by his wife, Burnette Newsome Burge.

Other survivors include a son, Gregory Dean Isaacs of Southland, Michigan; a daughter, Casandra Lomoko of Westland, Michigan; three brothers: Toby Burge of Farmington, Michigan; Thomas Lynn Burge of Garden City, Michigan; and Bobby Burge of Garden Grove, California; a sister, Ida Dean of Plymouth,

Michigan; two grandchildren, Randy Scott and Stefanie; a brother and sister-in-law, Kermit and Barbara Newsome of McDowell; a special niece, Maxine Newsome of Hi Hat; and many relatives and friends.

In addition to his parents, he was preceded in death by a brother, Jimmy Burge.

Funeral services were conducted Sunday, February 15, at 1 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Regular Baptist ministers officiating.

Burial was in the Newsome Cemetery (Mink Branch), at Craynor, under the direction of Nelson-Frazier Funeral Home.

Visitation was at the funeral home. (Paid obituary)

Naomai Hall Pennington

Naomai Hall Pennington, 82, of Ligon, widow of Hubert W. Pennington, passed away, Thursday, February 12, 2004, at the Hazard Appalachian Regional Hospital.

She was born June 15, 1921, in Ligon, the daughter of the late Rev. Jerry M. Hall and Mary Jane Hall. She was a homemaker, mother, and a member of the Ligon Freewill Baptist Church.

Survivors include two sons: Herman Darrell (Elsie) Pennington of Granville, Ohio, William Dewey (Julie) Pennington of Corunna, Michigan; two daughters: Carmalene Hamilton of Ligon, and Leigh Ann (Sterling) Tackett of Harold; two sisters: Dianah Adkins of Minford, Ohio, Ida Mae Bailey of Pikeville; six grandchildren: Stanley Tackett, Jennifer Jacobs, Lindsay Pennington, Michael Pennington, Denise Pisoni, and Gina Scott; two great-grandchildren: Alex Pisoni and Juliann Scott.

In addition to her husband and parents, she was preceded in death by three sisters, Daisy Mitchell, Dacie Mitchell and Maxine Ward.

Funeral services for Naomai Hall Pennington were conducted Sunday, February 15, at noon, at the Hall Funeral Home Chapel, at Martin, with the Clergymen John Coleman, Sonny Miracle, Ralph Hall, and Leon Bolden officiating.

Burial was in the Buckingham Cemetery, at Bevinville, under the professional care of the Hall Funeral Home.

Visitation was at the funeral home.

Pallbearers: Stanley Tackett, Brad Newsome, James Newsome, Michael Pennington, Cirt Michell, Garland E. Adkins, and Mathew Adkins. (Paid obituary)

Billie Yvonne Clark

Billie Yvonne Clark, 66, of Paintsville, formerly of Garrett, died Thursday, February 12, 2004, at Paul B. Hall Medical Center, in Paintsville.

Born November 6, 1937, in Lackey, she was the daughter of the late Frank (Dickie) Clark Jr., and the late Victoria Jacobs Clark.

Survivors include five brothers: Charles Clark of Louisa, Joe Clark of Clay City, Dickie Ray Clark of Wabash, Indiana, James Clark of Winchester, and George Clark of Wayland; two sisters: Mary Mason of Orlando, Florida and Charlotte Martin of Pikeville, North Carolina; and many nieces and nephews.

Funeral services were conducted Saturday, February 14, at 11 a.m., at the Lackey Freewill Baptist Church, with Johnny Collins officiating.

Burial was in the Chandler Cemetery, at Lackey, under the direction of Nelson-Frazier Funeral Home, in Martin.

Visitation was at the funeral home, and at the church. (Paid obituary)

Ballard Leslie Hall

Ballard Leslie Hall, son of the late Eugene and Sylvia Wallen Hall of Banner.

He was born August 26, 1937, departed this life February 15, 2004.

He attended Banner grade school and Betsy Layne High School where he met the love of his life, Gaye Hobson. He attended Morehead State College and Pikeville College. In January 1958, he began a career with Ky. Hydrocarbon company that lasted 42 years. He honorably served his country in the U.S. Army from 1961, through 1963, and received an honorable discharge.

His wife survives him: Gaye Hobson Hall of Banner; one son, Parker and wife, Angel DeRossett of Prestonsburg; and one daughter, Brigitte and husband, John Fliehman of Nashport, Ohio; two sisters: Becky and husband, Jim DeRossett of Prestonsburg, and Norma and husband Gene Davis of Banner; grandchildren: J.P. (Hershell) Skeens and Jacob Skeens, both of Lexington, Parker L. Derossett II, and Amy and Will Fliehman; nephews, Brett (Ginny) Davis, Craig (Gwen) Davis, Barry (Betty) Davis, Jim (Jane) DeRossett, and Mike DeRossett; niece: Becky Jo (Adrian) Bentley; grand nieces: Katie Bentley, Leslie Bentley, Elizabeth Davis, Olivea Davis and Allison Davis; grand nephews, Alex Davis, Alan DeRossett, Matt DeRossett, Eathen DeRossett, and Daniel DeRossett.

Funeral services were conducted Tuesday, February 17, at 1 p.m., in the Hall Funeral Home Chapel, in Martin, with Jack Howard officiating.

Burial was in the Davidson Memorial Gardens, at Ivel, under the professional care of Hall Funeral Home.

The family suggests that, in lieu of flowers, a donation be made to the Porter Memorial United Methodist Church, 263 Dixie Ave., Salyersville, Ky. 41465.

Sign the register for the family at: www.hallfuneralservice.com

Pallbearers: Keith Hayes, Bo Marlin, Jim Harmon, Daniel (Jenny) Crum, Lowell Samons, Tony Mullins, Glema Layne, Agnes Woods, Buddy Woods and Paul Robinson.

Honorary pallbearers: Julie Jones, Tincy Crisp, Bonnie Walters, Ann Hayon, Ballard Robinson, Tommy Jones, Grant Weddington, Richard Crisp, Mark VanLuen, Bahram Forouzandeh, MD, Larry Leslie MD, William E. Dunlop M.D., Tony Turner DMD, Lloyd Edwards, Keith Muncy, Ross Harris, John D. Caudill, T.J. Compton, Ishmael Bailey, Ray Prater and Jessie Justice. (Paid obituary)

Eunice White Lafferty Calhoun

Eunice White Lafferty Calhoun, 85, of Prestonsburg, died Friday, February 13, 2004, at Highlands Regional Medical Center in Prestonsburg.

Born April 21, 1918, in Pike County, she was the daughter of the late Wallace White and Lizzie Clevenger White Collins. She was a homemaker.

She was preceded in death by her husband, Bradis Calhoun.

Survivors include two brothers: Cody and Bill; five sisters: Virgie, Mary, Edna, Barbara and Joy; and a grandson: Bradis Childers of Prestonsburg.

In addition to her parents, and husband, she was preceded in death by a daughter, Fannie Mae Childers; a brother, Phillip; and five sisters: Myrtle, Marie, Hazel, Joann and Bessie.

Funeral services were conducted Sunday, February 15, at 2 p.m., at the Nelson-Frazier Funeral Home, in Martin, with Tommy Nelson and Joe Bolton officiating.

Burial was in the Richmond Cemetery, at Prestonsburg, under the direction of Nelson-Frazier Funeral Home.

Active pallbearers: Tim Collins, Joe Bolton, Tim Sammons, Paul Hicks, Dustin Fitch, Curt Branham, and James Hall.

Visitation was at the funeral home. (Paid obituary)

William Wesley Brank

William Wesley Brank, 63, of Wheelwright, died Sunday, February 8, 2004, at Highlands Regional Medical Center, in Prestonsburg.

Born September 26, 1940, in Henderson, he was the son of the late Harry A. and Marie F. Norris Brank. He was a nurses aide.

Survivors include four brothers: Harry A. (Ann) Brank of Elyria, Ohio, Calvin (Clara) Brank of Toledo, Ohio, Henry Brank of Detroit, Michigan; and James Brank of Lexington; a sister-in-law, Flossie Brank of Lorris, South Carolina; three aunts: Sallie (Denson) Parker, Ella Brank, and Anna Brank; and many nieces, nephews, cousins and friends.

Funeral services were conducted Saturday, February 14, at noon, at the Lighthouse Temple at Wheelwright, with Rev. Lowell Parker officiating.

Burial was in the Davidson Memorial Gardens at Ivel, under the direction of Nelson-Frazier Funeral Home, Martin.

Visitation was held at the funeral home, and at the church. (Paid obituary)

Card of Thanks

The family of Ralph Vernon Frye would like to extend their appreciation to all those friends, neighbors, and loved ones, who helped to comfort them during their time of sorrow. Thanks to all those who sent flowers, or just spoke kind words. All your acts of kindness will never be forgotten. We would like to send a special thank-you to Clergyman Roy Harlow, for his comforting words, the Sheriff's Department for their assistance, and the Hall Funeral Home for their efficient services.

THE FAMILY OF RALPH VERNON FRYE

Card of Thanks

The family of Jack C. Hufford would like to extend our heartfelt appreciation to all those who helped in any way during the loss of our loved one. We thank you for the flowers, food, and acts of kindness. A special thanks to Clergyman Roger Hicks for his comforting words, the Sheriff's Department for their assistance in traffic control, and the Hall Funeral Home for their kind and professional service.

THE FAMILY OF JACK C. HUFFORD

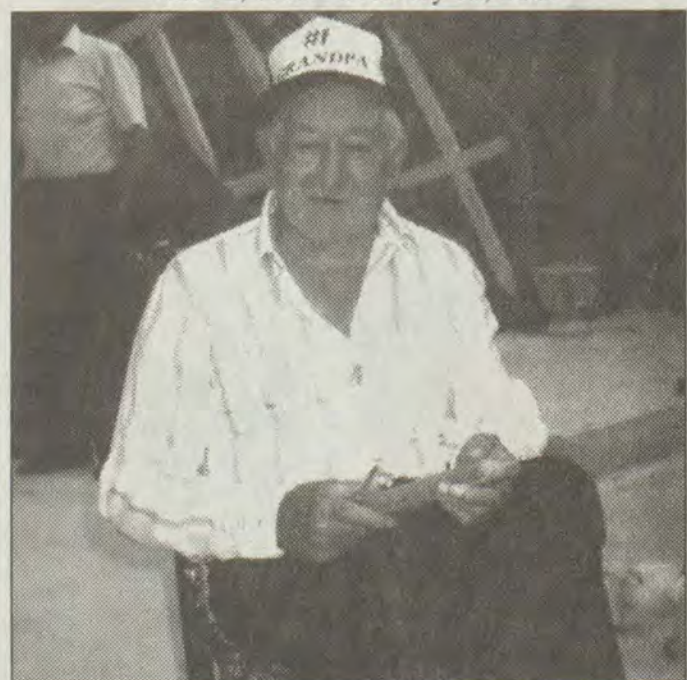
Card of Thanks

The family of Etta Ruth Akers Crisp would like to acknowledge with heartfelt appreciation all those who helped in any way during the recent loss of our loved one. Thanks so much for the food and the flowers, and for the acts of kindness that each one has shown to our family. We especially want to thank the Regular Baptist ministers for their comforting words, the Sheriff's Department for their assistance in traffic control, and the Hall Funeral Home for providing dignified and courteous service.

THE FAMILY OF ETTA RUTH AKERS CRISP

~ In Loving Memory ~ EDDIE SHELTON

June 12, 1909 - February 15, 2002



"My Dad"

He has been my inspiration, looking back through the years, Memories of a gentle man, are among my souvenirs. His good advice made me strong, and his guidance helped me so, If I give credit where it's due, then he's the one I owe. It's hard to accept the fact, that he's no longer around, When it comes to a kinder man, none has yet been found. What he's meant to me goes deeper, beyond what a poet could say, And anything I tried to do, never did repay. I hope I made him understand, the value of his worth, He lived up to what he was, "humane and down-to-earth." He expected nothing in return, for giving all he had, And made an impact on my life, a special guy, "My Dad." Sadly missed by his children and grandchildren

FLOYD COUNTY CATHOLICS

WELCOME YOU
ST. MARTHA CHURCH
Water Gap

Masses: 5 p.m., Sat.; 11:15 a.m. Sunday

If anyone needs a ride for any of the services, please call St. Martha's Catholic Church

Pastor: Rev. Bob Damron
Phone 874-9526



In Loving Memory of Hershel Shell

February 18, 1922-November 7, 2003

You had such a kind heart and a loving smile. And every step you took was with so much grace. I miss your walk, I miss your talk, your smile and love, I'll never forget. God needed another rose, so on November 7, 2003, you are the one he chose.

So Happy 82nd birthday, Honey, I know you are safe, but no one can ever take your place.

Sadly missed,
Your loving wife
Okie Mae and family.

1st ASSEMBLY OF GOD

Martin, Kentucky

Sunday School.....10 a.m.
Morning Worship.....11 a.m.
Evening Worship.....6 p.m.
Wed. Family Night—
Royal Rangers & Missionettes.....7:00 p.m.

Lorie Vannucci, Minister
285-3051

Card of Thanks

The family of Lloyd Harless would like to extend their appreciation to all the friends, neighbors, and loved ones, who helped to comfort them during their time of sorrow. Thanks to all who sent flowers, food, or just spoke a kind and comforting word. We would like to send a special thanks to Rev. Roger Music, Rev. Bobby Joe Spencer, The Preacher Man Quartet, The Powers Family and Auxier Freewill Baptist Church. We would also like to thank the Floyd County Sheriff's Department for traffic control, the CCU Nursing Staff at Highlands Regional Medical Center, and Burke Funeral Home, for their kind and courteous service.

THE FAMILY OF LLOYD HARLESS

Card of Thanks

The family of Susie Stambaugh would like to express a sincere appreciation to all the relatives, friends, and neighbors, who helped to comfort us during our time of grief. We would like to thank all those who sent food, flowers, and words of comfort expressed: A special thanks to the Freewill Baptist ministers for their comforting words, the Sheriff's Department for their assistance in traffic control, and the Hall Funeral Home for their kind and professional service. Your love and support will never be forgotten; we greatly appreciate you all.

THE FAMILY OF SUSIE STAMBAUGH

Card of Thanks

The family of Frank Conn would like to extend our heartfelt appreciation to all those who helped in any way during the loss of our loved one. We appreciate all the flowers, prayers, and all the kindness that you may have shown to our family. A special thanks to the elders of the Church of Jesus Christ of Latter Day Saints for their comforting words, the Sheriff's Department for their assistance in traffic control, and the Hall Funeral Home of Martin, Ky., for their kind, professional and courteous service.

THE FAMILY OF FRANK CONN

GOSPEL SINGING

Cow Creek Freewill Baptist Church

Saturday, February 21, 2004 — 6 p.m.

Singers:

Salvation Rain and Ronnie Spriggs

Refreshments afterward

Everyone Welcome

Pastor: Nathan Lafferty

PES students write about PRIDE

The following are essays the PRIDE Club students at Prestonsburg Elementary wrote expressing why they wanted to be in the PRIDE Club, what the environment means to them, or how we should clean up the environment.

Nathaniel Fraley

I want to be in the PRIDE Club because I can help plant back many of the trees that are being cut down. A lot of the trees are home to many animals, and when they are cut down many animals will lose their habitat. That will result in a lot of animals dying.

Another reason I want to be in the PRIDE Club is so I can help clean up the city. Some places in our city really need cleaning up. Some places have trash all over the place. If I am in the PRIDE Club, I won't mind picking it up. We can make a really big difference in our community.

The last reason I want to be in the PRIDE Club is because I will have fun doing the good deeds for my community. I think it will be a good experience for me and everyone else that joins.

And that's why I want to be in the PRIDE Club.

Celeste Hall

I want to be a member of the PRIDE club because I think it will be fun. I will get to do activities to keep the earth clean like recycling and pick up trash. It is important to keep the environment clean so the earth won't be smelly and filled up with trash.

The PRIDE Club can help the environment by picking up the trash and by recycling. This will also help the animals and save their homes. I think it will be fun for me and my friends to work together to clean the environment up. We can do stuff together to clean the earth.

I also think that it would be fun to clean out trash from the river and plant more trees and plants to help the environment and animals.

Sarah Burchett

What it means to me to be in the PRIDE Club is that I get to help clean up our environment and try to stop pollution. I want to work with other people who see the need to help keep our country clean.

I want to be able to teach other people and be an example to others by showing them that the litter is destroying our land.

This is hurting them and everyone else. Some people don't know what it means to save our land but it is actually very important because once it is gone it can never come back.

There are different things we can do to help our land like recycling, picking up trash even if it is not yours, making signs that say "Please Pick Up Your Trash" and "Please Help Save Our Land By Not Polluting".

I love this land and you should too, so take Pride in what we have.

Wil Allen

The PRIDE Club at Prestonsburg Elementary is a very important club. PRIDE stands for Personal Responsibility In a Desirable Environment. The Club does many activities throughout the year and educates its members on the importance of keeping a clean and healthy environment. The members of the PRIDE Club set good examples for all the students to follow throughout the school year and for life.

It's important to realize that everyone has to do their part to keep our environment clean and healthy. The PRIDE Club does many activities to help educate their members. The Club members help clean up the school grounds, maintain an outdoor classroom, grow corn, pumpkins, and tulips in the school garden, recycle paper and aluminum cans and last year they helped all students build bird feeders.

As the world gets even more polluted, the members have to realize how important good environment habits will become. As PRIDE Club members, we can show everyone we meet that we have "pride" in our community and want to see it stay clean. If people learn this important fact at an early age they will remember it for the rest of their life. It's everyone's responsibility to do their part to keep our environment clean and healthy and it can start at any age. I think PRIDE is important to our community. I would like to see more people join to help us keep our environment clean and healthy.

Brandi Frazure

I want to be in PRIDE because our community is getting out of hand. Wherever you go there is trash on the streets and even in people's gardens. These people must be stopped or our world will not be fit to live in.

Animals aren't only getting hurt because of a dirty environment, but people are too. When I see trash on the road, it makes me mad. I'm mad because people don't pay attention to what they are doing to the environ-

ment we live in. The waste that is thrown out has created chemicals. Our water here in Prestonsburg is able to cause cancer because of this chemical. When you consider how much trash there is, it's no wonder all the trash in the city of Prestonsburg could probably fill up five cars. It's true that we have a lot of trash in Prestonsburg, but we used to have even more than this before people started helping clean up.

Hannah Walker

I want to be in the PRIDE Club because I love my environment and I really want to help it. The environment helps me get all of my needs and these resources are disappearing every second. If we won't stop things like land pollution, air pollution, water pollution and throwing trash where it is not suppose to go then we're making a big mistake.

We should take care of our environment because it's not going to last forever. It is up to kids not to get in the habit of throwing trash everywhere like some adults do today.

Being in the PRIDE Club gives me a chance to help the environment that I love and learn about my environment. I want to learn how to be responsible with the space around me.

Victoria Hampton

I want to be in the PRIDE Club so I can help the environment and pick up trash so there will be less landfills. The world will be cleaner and it will help the animals. Animals won't get cut on trash or think that it is food and eat the things that are trash.

We also can recycle plastics, glass, metals and paper products. Also cleaning streams, ponds, lakes or rivers would be a helpful activity and it would help the fish a lot. It would help animals not only the fish. It would help the other animals that drink the water such as dogs, ducks, deer, foxes, and many other animals. That is why I want to be in PRIDE Club. Also we can plant flowers so bees, butterflies, and hummingbirds will have food and nectar to eat and drink.

Leanna Goble

My name is Leanna Goble and I go the Prestonsburg Elementary. I want to be a member of PRIDE Club because I want to keep my community and the world clean. I want to let people think Prestonsburg is a good place. I want to make the world a better place. I want to make the world look beautiful. I want to live in a world that is not polluted in any way. I don't want to have rivers with oil in them. I don't want to have garbage polluting our ground. I want a clean world and community. I want flowers and plants growing in our ground. I also want to make things in the world look better like putting garbage cans out, waterproofing the outdoor classroom benches, and

recycling cans, papers, and other items that can be recycled.

I have pride in keeping my world clean. I always want to keep my world clean so I can live on it. That is why I want to be in PRIDE.

Austin Newsome

My name is Austin Newsome. I want to be a PRIDE Club member because I like a clean environment. We as a PRIDE Club can help by picking up trash on the playground. We can ask students not to pollute the environment and when they see junk to pick it up.

One way to keep a clean environment is by recycling paper, glass, plastic, metal, and aluminum. We can do this by putting buckets out with labels on them to recycle these products. Another way to make our environment a beautiful place is to plant flowers and trees.

Keeping a clean environment is very important. It keeps the air clean, the water clean, our streams and lakes clean. By keeping the water clean we help the fish stay healthy. It also helps to keep the wildlife healthy. This is some of the ways that we can help our environment and our community to stay clean and beautiful. We can do this if we all work together as a PRIDE Club.

Kayla Hall

I want to be in PRIDE because I would like Prestonsburg Elementary to be cleaner so we won't think we have a clean school and other people would say "Look how nasty Prestonsburg Elementary School is. I would be ashamed to come to a nasty school so I think everyone should join PRIDE and help. I was in PRIDE last year and it's fun to be in PRIDE because you get to help your community, school, and town. I think everyone should be in the Pride Club and help because it's their community too. I want our school and community to be clean so no one will be ashamed to come to Prestonsburg Elementary.

I like being in PRIDE Club because it keeps our community clean. PRIDE means Personal Responsibility in a Desirable Environment, and that is why I want to be in the PRIDE Club.

Brian Branham

Pride is keeping your community clean. It also means keeping your town clean. It even means no littering. Don't put garbage in the Big Sandy River. If you do, it will pollute our water that we drink. You also need to recycle paper, cans, and anything else you can recycle. If you see trash, you should pick it up.

We must pick trash up where ever it is. We can get pollution everywhere and we could die because of the germs from the pollution. It helps to recycle so we don't have trash piled up everywhere. I have a younger sister and if I litter, by younger sister will think it would be O.K.

to do it. If you have a younger sibling, set a good example for them. Don't litter. Remember to recycle. Don't pollute our water supply. Our air can be polluted by all of the littering. If you don't want to breathe nasty air, don't litter. Let's have pride in our environment.

Deserae Allen

Our environment is such a beautiful place. I think that we can help our environment by throwing our garbage in the trash cans at home and at school. The more people litter the more diseases that man and animals can get. We need to live until it is our time to die. We need to take good care of the life God gave us. God didn't sell our life to us; he gave it to us. Our environment needs to be cleaned up and be safer for other kids. That is why I want to be a PRIDE Club member. I think I can make a difference.

Katie Young

Have you ever went to the park to play and noticed the pretty flowers or the swimming pool with the beautiful clean water inviting you to jump right in. Have you been outside playing and stopped to get a breath of fresh air? Did you ever take your shoes off and wade the creek? These are some of the things I love to do. What if we couldn't do any of these things? What if the air was so dirty we couldn't even breathe it or what if all the water was polluted? We couldn't go swimming. We couldn't even drink it. If our environment was so bad that the flowers wouldn't grow, we wouldn't have flowers to smell or look at or trees to climb. We wouldn't have fresh vegetables or fruit. We would all get sick and probably die. That's why I'm doing my part to keep my environment clean so someday my children can go swimming, play in the park, smell the flowers, wade the creeks and breathe fresh air.

My environment is very important to me. IT IS MY FUTURE.

Makayla Hitchcock

It's bad when people litter at school or at home. What my community means to me is that we don't litter, keep our community clean and don't pollute. Don't throw garbage out the window. If you see someone throw a can or anything down, tell them they should not litter. Because outside is your community. If you see garbage on the ground, try to pick it up. This is what my community means to me. Don't throw your homework out the window. Don't throw your pop cans and potato chip bags out the window. Try to catch your homework if it starts to fly. Run slowly and try to catch any flying bubblegum wrappers. If you find garbage about to fall into a creek, try to catch it before it falls in. Now this is what my community means to me.

Kalan Wells

PRIDE means Personal Responsibility in a Desirable Environment. Everybody should respect PRIDE because if they don't we would be drinking nasty water, breathing polluted air, and living in a real dirty environment. Also, if people didn't respect our environment, farmers would not be able to

grow their crops or take care of their animals. Every time I go up and down my road where I live, it looks like the trash is multiplying. People need to be taught and realize that littering not only makes our environment and community look bad but it also can harm animals and streams, creeks or rivers. PRIDE should mean a lot to everyone because they should care about their community, environment, and the whole world around them. That is what PRIDE means to me.

Clara Potter

The environment should be a good place to be in. With PRIDE Clubs' help the environment can be beautiful. It can be easy or hard. It depends on how hard we try. If we don't try hard it won't help. If we try hard like making signs and talking to others, it will go great and be very pretty and lovely. It is O.K. looking right now. We can make it be even more beautiful.

It is not a good sight when garbage is all around. We will make it better. It will be a beautiful place.

Chad Ousley

Do you know how the trash gets in the bodies of water? People throw that horrible stuff in the water. Also it gets every where, on the sidewalks, roads, parks, and everywhere people go. So we need you to recycle. If you don't, animals will die. That's why we need you to recycle. It is easy to do. Just don't throw it everywhere. The PRIDE Club members will tell you how. So remember to recycle. It will help to clean the environment.

Taylor Tackett

The word environment means "the area in which something exists or lives." I think being a PRIDE Club Member is important because I want my environment to be clean. By doing this I am keeping things clean for others and the future. I am very proud to be a PRIDE Club Member and now I know how important a clean environment is for others and me.

Emily Hammonds

It is very important to protect our environment so that we have a safe world to live in. Lots of things could hurt the environment. Things like pollution and littering. Sometimes you even do things that hurt the environment and don't even know you are doing it. We should try to think of things that we could do to help the environment. If everyone would do his or her part, we could make the world a safer place to live.

One of the things you can do is to recycle as much of your trash as possible. You can recycle such things as paper, glass, and aluminum cans. Recycling helps to keep us from using more trees and other things to make new stuff. And you won't notice much difference in the recycled stuff you buy. You should never litter because sometimes that garbage gets washed into our rivers and streams, and that is where we get our drinking water. If you see trash on the ground, pick it up and put it in the nearest trash can. It is a good idea to participate in clean up activities in

(See ESSAYS, page nine)

Proposal

Continued from p5

"We believe that this is a better approach than caps," said Rep. Robert Wilkey, D-Franklin, the bill's sponsor. "Whether or not Senate Bill 1 moves, I can't tell you. Obviously, I do not think that they are mutually exclusive in any way."

The plan sailed out of the House committee without opposition. The Kentucky Hospital Association and the Kentucky Medical Association also did not oppose the measure.

History

Continued from p2

Irma Thomas is 63. Singer Herman Santiago (Frankie Lyman and the Teenagers) is 63. Singer Dennis DeYoung is 57. Actress Sinead Cusack is 56. Producer-director-writer John Hughes is 54. Actress Cybill Shepherd is 54. Singer Juice Newton is 52. Singer Randy Crawford is 52. Rock musician Robbie Bachman is 51. Actor John Travolta is 50. Game show host Vanna White is 47. Actress Greta Scacchi is 44. Actor Matt Dillon is 40. Rapper Dr. Dre

is 39. Actress Molly Ringwald is 36. Actress Sarah Brown is 29. Singer-musician Sean Watkins (Nickel Creek) is 27. Actor Tyrone Burton is 25. Actor Shane Lyons is 16.

Thought for Today:

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Essays

your neighborhood. Sometimes your litter can even end up in the ocean where it can harm the animals that live in the water.

Lots of cars can even harm the environment. They let off gases and fumes into the air. And sometimes they leak oil and other fluids into the soil or on roads where it might wash into drains and end up in the river. You should always check your car for leaks because oil and other car fluids can kill plants and animals. My dad is a mechanic and he says when you change the oil in your car you can take the old oil to a garage and they will get rid of it the right way for you. He also says there are now cars that run on electricity instead of gas which would help the environment. Everyone should buy one.

Kim Jarrell

The environment is everything that surrounds and affects animals and living things. If you pollute the land they live in, they won't have a home and animals will die because they won't have a home. If we throw trash, cans, and bottles in the lakes, rivers, and oceans, the animals that drink out of that body of water will get sick or maybe die. The animals or fish that live in that body of water may die or get sick also. The fruit and vegetables that we eat are affected by the environment. If it is polluted we won't have vegetables and fruits, because they won't grow. We won't have anything to eat. The environment affects the meat we get from the animals also. The Big Sandy River needs to stay clean, because we drink from the Big Sandy, we fish in the Big Sandy for food and fun, and we swim in the Big Sandy for fun and sport. If we pollute the Big Sandy we will get very, very sick. We need not to pollute because we live in the environment, we get food from the environment, and all of our resources come from the environment. We get coal from the environment and coals heats our houses and makes energy for light to light our houses.

Hannah Hackworth

When I see trash on the side of the road it makes me think that nobody cares about the world. People who act like they do, do not realize what they are doing when they throw trash down. If some people would think twice before they throw trash out the window, we would have a cleaner environment. This is not good because it can make people, plants, and animals unhealthy. I am mad because people have no right to litter. If only people would wait and take it to garbage can. Wildlife can die if they do not have a clean environment. If everybody would not litter we would have a much cleaner environment. People act like they have no responsibility because they just roll down the window and throw it out.

Rheagan Wills

The environment means a lot to me. One thing is keeping it

clean and that is not polluting. If people stop polluting the water, air, and ground then we would have a much cleaner environment. We should stop polluting the water because the fish and animals drink that water and so do we. The water is not the only thing that gets polluted. The air and ground do to. We can stop polluting the air and ground by not throwing trash out on the ground or spilling anything that can pollute or damage the ground. We can stop polluting the air by not spilling any kind of smelling fumes, oil, gas, or any other kind of thing like that. When I come up my hollow, there are cans, packages, bottles, paper, pencils, furniture and different things people could recycle into something new. Hopefully being a part of PRIDE will help the environment and let me have fun at the same time.

Charlie Joseph

The importance of a clean environment is to stop pollution. Everybody in the community should be involved. If you see trash pick it up and recycle everything that you can recycle to make our community a healthier, cleaner place to live. We as PRIDE Club members can help the environment by keeping all the trash picked up and pulling weeds to make the environment clean. We can recycle paper goods, cans, and other things to help make the environment clean. We can help clean small streams out. There are all kinds of ways we can improve the environment

The reason I wanted to be a PRIDE Club member is to show people in our community that we as children know the responsibility of "Do not litter". I think I've been picking up trash behind other people for a long time. Recycling isn't that bad. Kids should join the PRIDE Club, stop littering, and learn to recycle to help our community.

Ashton Sizemore

Our environment is important because it gives us our needs. Oxygen so we can breathe, coal for fuel, and trees for lumber. It is important to have a clean environment so we should not pollute it. Littering is just wrong. Cars make pollution, oil in rivers, tires thrown out, even one little gum wrapper can change everything. If you litter, you will just keep doing it and doing it. If you pollute the Big Sandy River you will be drinking polluted water. Would you want to drink it? I would not. We all need to get together and help our environment and lakes, rivers, ponds, streams, and creeks. So if we get together and team up we are sure to make progress. All it takes is a little time and work, it is easy. Never pollute, it does not help us one little bit. Then we all can be happy and our environment will be clean. That is why it is important never to pollute.

Amber Childers

There are many ways people can save the environment. It will take everyone to pitch in and clean up the environment. One way to save the environment is for everyone to plant a tree. Trees provide food, shelter, fuel, and tools for a large amount of people in the world.

Second, don't throw trash on the grass, playground, in rivers

or streams. This pollutes the land, air and water around us. It can kill the animals on the land and in the water. Everyone needs to play it smart and "Don't Litter!"

Jamie Wallen

I would like clean air, water and a clean place to live. We need to have more places to recycle other stuff, not just cans. I'm hoping to learn in the PRIDE Club what I can start doing to try to make some kind of difference in my environment. If each student in the school would decide to do a little bit to make a difference, it would add up. Then maybe other schools would start trying to do the same and Floyd County could be the prettiest place in Eastern Kentucky to live. Let's work together to come up with some ideas to see what kind of different things we can do.

Robby Grigsby

I think a clean environment is important because you live in the environment. If you pollute your environment it effects you. If you pollute the air you have to breathe the pollution. If you pollute the water it effects the water ecosystems and you have to drink the water. Water and air are not renewed so we have to reuse it.

Natasha Frazier

Why does anyone want to throw trash beside the road? It looks bad, smells bad, and it harms the environment. Plastic, aluminum cans, paper, and glass can be recycled to make new things. The rest belongs in the garbage can not in our streets, yards, or streams. I think everyone has to stand for something. I think that I should stand for keeping our environment clean.

(See ESSAYS, page ten)

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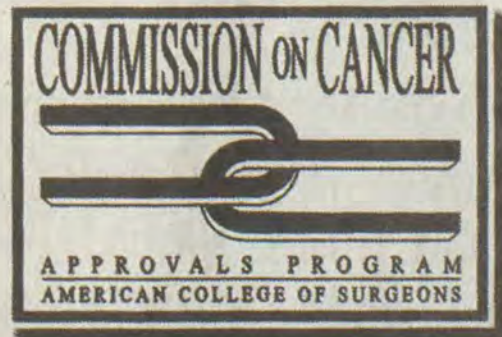
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Detective testifies that clerk was implicated by his own son

by ROGER ALFORD
ASSOCIATED PRESS

RICHMOND — A small-town political figure on trial for the murder of a woman who filed a sexual harassment lawsuit against him was implicated

by his own son, a detective testified Tuesday.

Jackson County Clerk Jerry Dean is accused of gunning down Audrey Marcum in her garage Nov. 17, 2001, just days before a deposition was to be taken in the harassment lawsuit and about a year before Dean was to seek re-election.

Detective Joie Peters said one of Dean's sons, David, showed police where Dean had disposed of the murder weapon and the boots, gloves and camouflage clothes he wore when he committed the slaying.

Peters testified that Dean was taken into custody a day after the slaying as he pulled into the driveway of David Dean's home. Peters said Dean had two loaded handguns with him at the time.

In addition to his testimony, Peters also submitted a graphic videotape of the crime scene. Jurors watched with no obvious reactions as the camera panned the body of the victim and a pool of blood.

In opening statements Monday, Jackson County Commonwealth's Attorney

Gary Gregory said Dean had become obsessed with Marcum, an attractive woman who worked as an assistant in the clerk's office for four years.

Gregory said Dean harassed the 31-year-old Marcum to the point that she had to resign from her job and file the \$30 million sexual harassment lawsuit. In it,

she claimed Dean made numerous unwelcome advances toward her, including once masturbating in front of her in the back room of the clerk's office.

"She was hunted down just like a deer and there's the hunter," said Gregory, pointing to Dean. "Who had the need to shut the lips of Audrey

Marcum? Who had the political need to close her mouth? Only one person in the world. Jerry Dean."

Defense attorney Doug Reece said the case against Dean was the result of "the most incredibly bungled investigation

(See SON, page eleven)

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Insurance

biennium, in the cost of health care benefits for state employees and local school districts.

The current system "is simply unsustainable," said Daniel Groves, Fletcher's chief of staff. "Since Representative Wayne is only attacking, we challenge him to decide who he'd like to increase taxes on" to pay the cost.

State Personnel Commissioner Bob Ramsey said health care premiums would be apportioned on a sliding scale, based on income.

The contribution would be about \$11 per month for the average entry-level food-service employee, he said. For school superintendents, it would average \$94 monthly. Half of all state employees and school district employees would pay less

than \$10 per week, Ramsey said.

Ramsey said the health plan would be "competitive, sustainable" and "family friendly."

Rep. Mary Lou Marzian, D-Louisville, said the \$11 monthly contribution could be a burden for those who are financially strapped.

House Speaker Pro Tem Larry Clark, D-Louisville, said lawmakers need more details on how Fletcher's administration reached projections on how the plan would affect employees.

"We're not going to pass nothing out if we don't know what it's about. It's that simple," Clark said.

Fletcher also wants to cut the "flex account" benefit — a medical expense reimbursement option for teachers and state

Continued from p7

employees who do not need regular health insurance. The state would provide \$100 per month for flexible spending accounts, down from the current \$234 per month.

The plan also calls for efforts to promote healthy lifestyles and to better manage disease. Employees could undergo health risk assessments to pinpoint any health problems and to manage them.

The plan also would offer incentives to nonsmokers. For instance, they might pay slightly less for their health coverage, Ramsey said.

Sticks

Continued from p4

aside until the incident is resolved.

Now the school is facing several upset parents who called a meeting Monday to ask why certain procedures were not followed.

And they'll get answers, to be sure, but I doubt it'll change things much. If communication is still murky the next time around, those same parents will be facing just another meeting and then another and another.

Fix the lines of communication before the next incident occurs and there won't be a need for more meetings.

Essays

Continued from p9

We need to actually do something for a change in and around our town. You wouldn't like it very much if an animal just walked in your house and messed it up so why mess up theirs. I am writing this report to tell you about your environment, to tell you what you can recycle and what to do with the rest of the garbage.

Tori Hunt

Have you ever been walking down the street and throw down a piece of paper? Imagine that everyone in the world threw down a piece of paper. We would be smothered in trash. You might also have to pay a fine if a police officer caught you.

Pride is something that is important to me. Pride to me means not littering by throwing trash in the waterways, in parks, and in yards. It also means recycling instead of filling up landfills. When you recycle you and reuse minerals such as your milk cartons that you get in lunch. Also when you recycle you also are saving space in the world unless you want to live on a sky-high mountain of garbage. Pride to me also means helping around in your environment by cleaning up parks and planting

flowers. Pride is about having pride in your city in your county, in your continent, and in your world.

I think everyone should get involved in his or her community if it's picking up trash in the park or on the beach or from planting flowers in town. Every little bit helps the environment no matter how big or small the project is. This is what PRIDE means to me.

Begin preparing for Easter

(and the rest of your life) now.

Join us at

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(1430 N. Lake Dr., Prestonsburg — next to Jerry's) beginning Sunday, February 22, at 11:00 a.m., for

40 Days of Purpose

All Guests On Sunday, February 22, will receive a gift copy of the book The Purpose Driven Life.

Discover God's purpose for your life, and truly celebrate Easter this year.

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Tilt, Cruise, Alum. Wheels
\$6,299



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& Locks, X-Clean
\$9,495



'98 S-10 Ext. Cab:
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THURSDAY, MARCH 11, 2004 AT 1:00 PM

AT THE SITE OF THE BELOW DESCRIBED PROPERTY

HOUSE AND LOT LOCATED AT
BRANHAM HOLLOW - WHEELWRIGHT
IN FLOYD COUNTY, KENTUCKY



This is a two bedroom masonry siding home on public water and public sewer. It is well located in a quiet neighborhood. It consists of a living room, kitchen, 2 bedrooms, 1 bath, and a laundry room. This property is considered unsuitable for the Rural Development, Rural Housing Program. This would be an excellent buy for an investor interested in rental property or for resale after repairs.

The minimum acceptable bid for this property will be \$6,700.00.

Payment of the current year's property taxes are the responsibility of the purchaser.

LEGAL NOTICE

Notice is hereby given that on Thursday, March 11, 2004, at 1:00 pm., at the property site, at Branham Hollow, Wheelwright, in Floyd County, Kentucky, in order to raise the sum of \$35,376.52 principal, together with interest credit subsidy granted in the amount of \$7,908.00, plus interest in the amount of \$4,561.22 as of January 25, 2001, and interest thereafter on the principal at \$8.4209 per day from January 25, 2001, until the date of judgement, plus interest on the judgement amount, (principal plus interest to the date of judgement) at the rate of 1.13%, computed daily and compounded annually, until paid in full and for the costs of this action, pursuant to Judgement and Order of Sale, being Civil Action No. 01-03 on the Pikeville Docket of the United States District Court for the Eastern District of Kentucky, entered on July 28, 2003, in the case of United States of America vs. Burnett Little, Sheryl Stanley Little, and HNB 1/k/a Harlan National Bank, the following described property will be sold to the highest and best bidder:

A certain tract or parcel of land located at Wheelwright, Floyd County, Kentucky:

Lot No. 71 as shown on a plat of the City of Wheelwright prepared by Richard E. Martin and recorded in Map File No. 348A in the office of the Floyd County Court Clerk.

Being the same property conveyed by Deed dated April 25, 1990, recorded in Deed Book 335, Page 584, in the Floyd County Clerk's Office.

TERMS OF SALE: Ten percent (10%) of the bid price (in the form of a Certified Check made payable to the U. S. Marshal) on the day of sale with good and sufficient bond for the balance, bearing interest at the rate of 1.13% per annum until paid, due and payable in sixty (60) days and said bond having the effect of a judgement. Upon a default by the Purchaser, the deposit shall be forfeited and retained by the U. S. Marshal as a part of the proceeds of the sale, and the property shall again be offered for sale subject to confirmation by the Court.

This sale shall be in bar and foreclosure of all right, title, interest, estate claim, demand or equity of redemption of the defendant(s) and of all persons claiming by, through, under or against them, provided the purchase price is equal to two-thirds of the appraised value. If the purchase price is not equal to two-thirds of the appraised value, the Deed shall contain lien in favor of the defendant(s) reflecting the right of the defendant(s) to redeem during the period provided by law (KRS 426.530). Under law, the purchaser is deemed to be on notice of all matters affecting the property of record in the local County Clerk's Office.

Inquiries should be directed to:

THOMAS W. KEETH, Rural Development Manager
Rural Development
Prestonsburg, Kentucky
Telephone: 606-886-9545

Two men plead not guilty to growing pot

by **SHELDON COMPTON**
STAFF WRITER

PRESTONSBURG — Two men accused of planting and harvesting marijuana along

property belonging to Floyd County Attorney Keith Bartley have entered not guilty pleas in circuit court proceedings, according to documents filed Monday.

Terry Jarrell, 30, and Steven Hunter, 22, both pleaded innocent to charges of cultivating more than five plants of marijuana during their formal arraignments Friday before Circuit Court Judge John David Caudill.

The two men were arrested in September and later indicted in December on the charges after Bartley testified during district court proceedings, detailing videotapes from state police investigators allegedly showing both men harvesting several full-grown plants along his property at Bee Fork of Abbott

Creek, near Prestonsburg. Bartley, who has been building a home along the stretch of property, testified then that Jarrell had been working with contractors on its construction when the county attorney first heard rumors that someone was planting marijuana on his property.

An offer of \$200 in reward money to two neighboring boys led to the discovery of the plants, Bartley said.

State police assisted Bartley

(See **POT**, page twelve)

Letters

Continued from p4

asked, they wouldn't themselves in the position to back-track.

The county attorney's office never saw the videotape or read any of the police statements in the case. McKinney didn't know about the videotape during his arrest during his arrest, so he made out a complaint and turned it in to the city. The tape proves that over half of his complaint is untrue.

The sheriff called our station, demanding that we drop the charges, interfering in our investigation.

A lot of this case is his word against my word. Well, the truth is most cases that involve police officers are that way. Up until this point, the county attorney didn't have any problem with taking a police officer's word over someone so disrespectful.

If this had been someone with little or no pull in this county, that person would be prosecuted to the fullest. This is another great example that Floyd County politics are more important than truth and justice.

When approached by our city officials and they viewed the video, at that time they agreed I was in the right and McKinney

was in the wrong. This case really comes down to who you know and let's not get sued.

Unless Mr. McKinney doesn't come forward with the truth to me, I will seek the grand jury or get federal authorities involved if need be. That means a written statement of the truth the way we both know it happened, as well as other agreements from those he got involved.

Matt Varney
Martin

Son

Continued from p10

in the history of crime." He said political enemies steered the investigation toward Dean.

"I think we will see a reasonable doubt," Reece said. "The failings of this case are many."

Reece said the case against Dean comes from a county "riddled with drug and political corruption" and suggested that political enemies might have instigated the case against the county clerk.

Despite the pending murder charge, Dean was defeated by only 21 votes in his race for a fourth term in 2002.

Dean has maintained his innocence since his arrest and is free on \$1.5 million property bond put up by family and friends.

Times Staff Report

PRESTONSBURG — Some familiar faces will return when the Kentucky School Board Association gathers for its first meeting of the year.

Floyd County Board of Education vice chairman Jeff Stumbo was recently elected to serve a full term as director-at-large on the state board at the group's annual conference in Louisville, along with three others.

Stumbo was appointed to serve out an unexpired one-year term last year and will now serve three full years through 2007 following the state board's recent election.

In addition to Stumbo, the state board elected Austin Moss, of Christian County, Joe England of Harrison County and Judy Spencer, of Spencer County, as

directors-at-large.

The group represents a varied background with Stumbo, a retired police officer, Moss, a hospital administrator, England, a supervisor with the Kentucky Transportation Cabinet and Miller, a registered nurse.

"It's an honor to be chosen out of so many school board members across the state," Stumbo said. "It just goes to show the people are watching what's being done in Floyd County and that the Floyd County school board is finally getting some positive recognition at the state level."

The Kentucky School Board Association represents 882 school board members, the largest group of elected officials in the state.

Stumbo is the first school member from Floyd County to serve on the state board.

HAPPY BIRTHDAY, MOMMY!!!!



IMAJEAN ROBINSON

*My precious Mom, words can't describe
How very much you mean to me;
Your gentle touch, your smiling face,
The loving way you look at me;
Your words of encouragement
That give confidence again.
The love you share with everyone,
I know is sent from God, above,
And I'm so very blessed, because
I have a portion of that love.
I've told you many times before,
'A better Mom, there couldn't be.'
I love you so, you're my best friend,
And much more than a "MOM" to me.*

FROM YOUR LOVING DAUGHTER,
KIM

*I just want to let you know, you mean the world to me,
only a heart as dear as yours would give so unselfishly.
The many things you've done, all the times that you
were there, help me know keep down inside, how much
you really care.
Even though I might not say I appreciate all you do,
richly blessed is how I feel, having a "MOM" like you.*

FROM YOUR LOVING SON, CHRIS

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The Floyd County Times

Red

Continued from p1

1931, Burge left Kentucky at an early age following his parent's divorce during the Great Depression, eventually becoming a renowned pool player who got his start by standing on crates to reach shots at the table at the age of 10. Pool would be where he made his living from that point forward, never entertaining another option. Before long he would settle in Detroit, where he lived until returning to Kentucky roughly a decade ago. Commonly referred to as

"The Living Legend" in billiard circles, Burge's death Friday, Feb. 13, left a deep void in the world of billiards and also at his home four miles outside Prestonsburg along the Mountain Parkway.

"I married Red in Vegas, by candlelight," Burnette Burge said of the couple's wedding on Jan. 24, 1975. "When I met him, I didn't know a pool ball from a grapefruit. We were going together and he wanted to get married, and I asked him how

we were going to live."

Red's answer to that question came through the best form of communication he knew of — action.

"He said, 'I'll show you,' and took me down to The Rack, which is a pool hall there in Detroit," Burnette said. "They were playing for \$5,000 a game, and I just thought it was a setup or something. He won \$13,000 and told me to go out and buy anything I wanted."

Burnette, who suffers from bone cancer, said Red was by her side during the sickness, although he had plenty of his own during his life. The couple moved back to Kentucky after failing eyesight placed some limitations on his abilities at the pool table.

"This man was a legend not only of the pool, but also of the medical world," his sister-in-law Barbara Newsome said. "He'd had five bypass surgeries, two aneurisms in his stomach and only 25 percent of his heart was working. Doctors said he should have been dead 20 years ago."

The most recent health problems occurred following a local bingo game, which Burge had been attending because he was "more of a night person," Burnette said.

Family members said Burge had been attending bingo sessions and then returning home complaining of shortness of breath. Following his last visit, he was rushed to the hospital to find he had suffered a heart attack. This problem was followed by a number of others during the hospital stay until the pool great finally succumbed Friday.

Burge's funeral, conducted by Nelson and Frazier Funeral Home in Martin, was attended by many professional pool players, as well as a host of family and friends.

One of those friends, local tattoo artist Chris Walker, served as a pallbearer during the ceremony.

"I've known Cornbread's family since I was 9 years old and it might sound funny, but he was like a grandpa to me," Walker said Tuesday. "I went to pool conventions with him and

just all over."

Walker, who said he fielded phone calls from Billiards Digest most of the day Monday, said a list of accomplishments was more difficult to formulate for a player like Cornbread.

"Red was a hustler," Walker said, laughing. "I know I sure got hustled by him more than a couple of times."

During the course of his long and successful career in billiards, Red befriended many other great players, such as Rudolph Wanderone, better known as Minnesota Fats, who, like Red, steered clear of the tournament trail.

"I asked Fats one time, 'Why don't Red do well in tournaments?' and he just looked at me

and said, 'Shortbread. Red's a money player, not a tournament player,'" Burnette Burge said.

Minnesota Fats, who was, at the time of his death, arguably the world's most well-known pool player, gave Burnette her own nickname to go with her husband's.

"Fats gave me the nickname Shortbread," she said with a smile. "That man done more for pool than anybody else."

Burge had said his first encounter with Fats was in DuQuoin, Ill. Later on he would hand the pool great a big loss during a one-pocket match and then help him set up an exhibition match for money to get back on the road.

Always quick to speak highly

of other players, Burnette said Red also kept his friends close.

"There were times when he had a lot of money on him, and there was other times when he got broke," she said. "But gamblers take care of each other. I once knew of Red to buy \$5,000 worth of clothes at one time for his friends."

Money management was, at times, a roller coaster ride for Red and Burnette, who said Red won, on three separate occasions, \$100,000 at a craps table in Las Vegas, and as much as \$250,000 during a single session of pool.

Considered one of the greatest one-pocket players in the

(See RED, page thirteen)

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April Reed, coordinator of the Booth Teacher Training Initiative, far right, points out a few features of the new Dell laptops to recipients. Front row, from left: Michele Varney Davidson, Amy Halbert, Reed. Back row: Jaime Fields, Jodi Justice, Gladys Ashby, and Patricia Webb.

Group provides laptops for teachers

Six area middle and high school teachers recently returned to their classrooms with new Dell laptops provided by GEAR-UP (Gaining Early Awareness and Readiness for Undergraduate Programs).

The GEAR-UP program strives to improve math and science curriculum and learning opportunities for middle and high school students.

Funding for the laptops was provided through a grant from GEAR-UP. Teachers also received math and science-related software and additional hardware. The Booth Teacher Training Initiative (BTTI) at Pikeville College, in collaboration with GEAR-UP, provided training for laptop recipients. BTTI's mission is to prepare teachers to meet the changing needs of teaching in a technology-intensive world through professional development opportunities for area K-12 teachers.

The grant provided math and science teachers in grades seven through 12, who matched GEAR-UP criteria, with technology tools that would enable them to use the skills learned during BTTI's Summer Technology Institutes.

All six of the teachers attended a week-long technology training institute at Pikeville College last summer, learning software skills and how to integrate technology into lesson plans.

"I was really excited to be able to provide these tools to the teachers. Seeing them so surprised and happy when we presented the laptops and software was worth all the work it took to get them there," said April Reed, Ph.D., coordinator of the BTTI.

The laptops were presented to Jodi Justice and Jaime

Fields of Pike County Central High School, Amy Halbert of Allen Central High School, Michele Varney Davidson of Johns Creek Elementary, Patricia Webb of Bevins Elementary, and Gladys Ashby of Pike County Central High School.

"This is an unheard of opportunity," said Justice. "During these changing times, technology is needed in the classroom and this will give the students more exposure to technology and allow them to be more competitive and do well on state assessments."

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pot

Continued from p11

in setting up surveillance cameras and submitted the tapes as evidence. Those tapes reportedly show two men prosecutors have said are Jarrell and Hunter cutting buds from seven plants.

The video evidence was later used to bring a confession from Jarrell, according to court testimony, who later pointed out Hunter as his alleged accomplice.

According to their indictments, handed down on Dec. 18, Jarrell and Hunter allegedly harvested the marijuana over the course of one week between Sept. 16 and Sept. 23.

Both men are due to appear before Caudill for pretrial conferences on June 6.

Dr. Brendan M. McKenna
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OLW employees dressed in red as part of the American Heart Association's national call for women to take charge of their heart health.

OLW celebrates National Wear Red Day for Women

MARTIN — It was a red sea at Our Lady of the Way Hospital on Friday, Feb. 6. The employees dressed in red as part of the American Heart Association's national call for women to take charge of their heart health.

According to the Centers for Disease Control and Prevention, heart disease and stroke are the

first and third leading causes of death in the United States, accounting for nearly 40 percent of all deaths. About 950,000 Americans die of cardiovascular disease each year, which amounts to one death every 33 seconds.

According to the American Heart Association, cardiovascular disease claims more women's lives than the next seven causes of death combined — nearly 500,000 a year. One in 2.5 women will die of heart disease and stroke.

Many people believe that heart disease and stroke primarily affect men and older people, but they are the leading causes of death for both men and women. Although these largely preventable conditions are more common among people aged 65 years or older, the number of sudden deaths from heart disease among people aged

15-34 has increased.

Take charge of your life and control the risk factors that you can. Eat a healthy diet, exercise, stop smoking, learn to set limits and learn to relax. Small changes can produce great results.

Our Lady of the Way Hospital is a member of Catholic Health Initiatives a national not-for-profit healthcare organization comprised of 68 hospitals, 43 long-term care, assisted and independent living and residential facilities, and six-community health services organizations located in 19 states. Catholic Health Initiatives represents more than 67,000 employees and consolidated annual operating revenues of \$5.9 billion. Headquartered in Denver, Colo., it is one of the largest Catholic health systems in the United States.

Women's business symposium to be held next week

PRESTONSBURG — Morehead State University/East Kentucky Small Business Development Center will host the 5th Annual Big Sandy Women's Business Symposium February 24, at Wilkinson-Stumbo Convention Center.

This one-day event highlights and emphasizes women professionals, but offers all participants a cross section of topics to enhance and spur ideas and concepts facing business in the Big Sandy Region.

Bob Ash, keynote speaker and seminar leader, will be there to present "Great Leaders Always Wear Clean Underwear." Ash's keynote presentation will train, inform, and motivate on a wide variety of management and organizational behavioral topics.

Ash founded his company, Life Lessons, in 1995. Since then, he has provided training to over 750 organizations and businesses, numbering over 230,000 people. Some of his clients include Bank of America, Westinghouse, IBM, Hewlett-Packard, NASA, the CIA, hospitals, law enforcement, chambers of commerce, universities, and the Chicago Cubs.

Ash thinks laughter should be a part of every presentation, as well as practical ideas and tools to improve what it is we do in life.

For more information or to register for the conference, contact the MSU East Kentucky Small Business Development Center at (606) 788-7331.

Red

Continued from p12

world, Pool & Billiard Magazine featured Burge in their May 2000 Legends of the Road section. The four-page feature included snapshots of the Kentucky native's 1968 match against Minnesota Fats and an interview with Burge.

In 2001, Bob Henning, a Michigan-based writer, published a biography on Burge entitled, *Cornbread Red: Pool's Greatest Money Player*.

Well-respected as a player, Red was just as well-known as a "character."

"I hope the Lord has a sense of humor, because that's what you need if your going to be around Red," said fellow player David Krenzel, of North Carolina. "And Lord, if Red's having a good day, don't even think about playing him with three hit and the pick in one pocket."



photo by Kathy J. Prater

Ken Mellons and son, Kade, celebrated Valentine's Day this past weekend by entertaining concertgoers at the WSIP Listener Appreciation Concert, held Saturday evening at the Mountain Arts Center. Fans eager to spread the romantic spirit of the day offered stageside gifts of stuffed animals, flowers and more. Mellons, famous for the 1992 hit "Juke Box Junkie," headlined the concert appearing with "friends" Tim Murphy, Brittany Roe, Memarie and Kelsey Dimarco. Spike Berkheimer, WSIP manager, said the concert was the station's way of "thanking all our listeners and our clients for supporting us every day."



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For more information on cardiac services provided at Pikeville Methodist Hospital, call (606) 218-4700.

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2004 Buick Century Sedan **\$299⁰⁰
month**
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INSIDESPORTE

- Bears 19th • page 2B
- Daytona 500 • page 4B
- Cheerleading • page 5B

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INSIDE Betsy Layne vs. Prestonsburg



INSIDESTUFF

- Lifestyles • page 6B
- Poison Oak • page 6B
- Classifieds • page 11B

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PROFILE

Lykens eyes basketball at next level

by STEVE LeMASTER
SPORTS EDITOR

BETSY LAYNE - Betsy Layne senior Whitney Lykens has been dribbling and shooting a basketball for many years now. An unselfish girls' basketball player who ranks as the top individual performer in the 15th Region, Lykens even once competed on an AAU basketball team with teammate Tabetha Witt that was a predominantly all-male team. Lykens and Witt were the only two girls on the AAU squad. With her senior year in high school winding down, Lykens has entertained the thought of taking her basketball playing talents to the next level and playing in college.

"Whitney has been contacted by several colleges, including Alice Lloyd, Berea, Transylvania, Emory and Henry, and Guilford College in North Carolina," Betsy Layne Coach Cassandra Akers confirmed. "She is real interested in playing in college."

The Betsy Layne head coach has much confidence in the veteran senior player.

"She is a do-it-all type player," said Akers. She can shoot from the outside, score from inside, make excellent passes and rebound."

Lykens is approaching 2,000 points for her career, to go along with over 700 rebounds and nearly 500 assists. She shoots around 79 percent from the free throw line and 43 percent from the field.

"She will make whatever college she chooses to attend a

(See LYKENS, page two)



photo by Steve LeMaster
Betsy Layne senior Whitney Lykens has been a part of three regional championship teams.

GIRLS' BASKETBALL

Thomas shoots Allen Central to win

by STEVE LeMASTER
SPORTS EDITOR

HI HAT - Allen Central assistant coach Wesley Case said it best Friday night following the Lady Rebels' 63-51 win over South Floyd. "A win is a win," Case said.

"It wasn't the prettiest win," added Allen Central head coach Mark Martin.

Allen Central junior center Becky Thomas stepped to the free-throw line 28 times Friday night and hit 20 attempts to send visiting Allen Central to a 63-51 triumph over the host

Lady Raiders. Thomas finished with a game-high 38 points.

As a team, Allen Central hit on 29-of-45 free tosses. South Floyd was 15-of-23 from the stripe.

(See WIN, page two)



photo by Steve LeMaster

Ashley Johnson (20) worked for position Friday night against the Allen Central defense. Allen Central made its free throws down the stretch Friday night en route to the 58th District win.



photo by Steve LeMaster

South Floyd junior Burnett Little worked for position against Allen Central's David Kilburn. Also pictured for South Floyd is junior Steven Stanley, Tim Griffith (33) and Austin Francis (42) are also pictured for Allen Central.

COLLEGE BASKETBALL

MSC honors Knox, Williams

TIMES STAFF REPORT

LOUISVILLE - A Pikeville College Bear has been honored by the league and a Lady Bear shared an honor handed out this week.

Teon Knox was named Player of the Week by the Mid-South Conference and Selena Williams shared the honor with two other players in an announcement given by the league on Monday.

For Knox, it marked his third Player of the Week nod in six weeks.

"Teon played great on Saturday and is very deserving of the honor," said Coach Randy McCoy. "He's had a terrific season. I also think Teon will be on the short list of players to be considered for player of the year in our conference."



McCoy

(See KNOX, page three)

Raiders hold off Allen Central, grab conference crown

by STEVE LeMASTER
SPORTS EDITOR

HI HAT - Another Floyd County Conference title has been won by the South Floyd High boys' basketball team. The Raiders, four-time defending 58th District champs, held off Allen Central Friday night, beating the visiting Rebels 61-53.

South Floyd now has five Floyd County Conference titles.

The Rebels struggled early Friday night from both the free throw line and the floor.

Allen Central came out and shot cold in the first period. Host South Floyd led the Rebels 16-8 at the end of the first period. The Rebels also missed out on opportunities in the second quarter. South Floyd led by 14 points in the second half, before Allen Central cut the Raider advantage down to single digits. However, South Floyd would not be denied and fended off a late valiant

(See HOLD, page two)

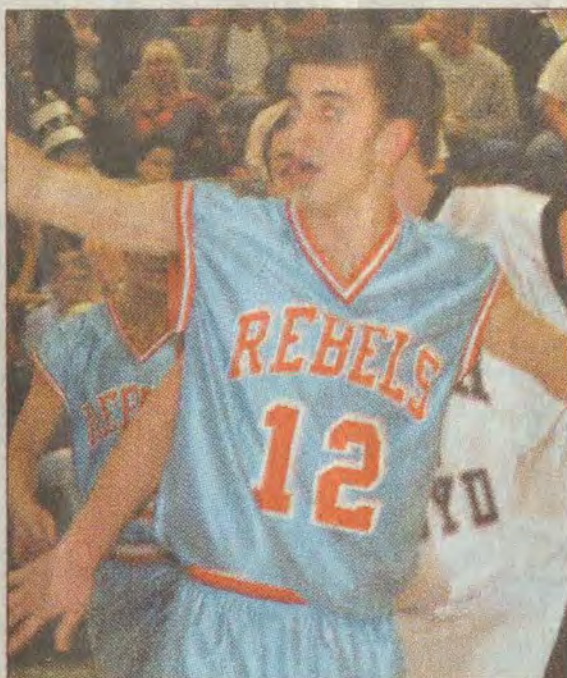


photo by Steve LeMaster

Allen Central senior Rossi Samons called for the ball during Friday night's game against South Floyd.

Four Pirates to play football at Pikeville College

TIMES STAFF REPORT

BELFRY - Four members of Philip Haywood's vaunted offensive line will try to repeat the success they had in high school on the collegiate level.

Tight end Zane Smith and offensive linemen Jordan Clevenger, Josh Cullop and Matt Marcum signed agreements to continue their education and play football at Pikeville College.

Smith is 6-3, 214 pounds; Clevenger is 6-1, 218; Josh Cullop, 6-4, 278; and Marcum, 6-3, 260.

"They're warriors," said Haywood of the foursome. "They line up and play up front and don't worry about any newspapers or things like that. Today is their pub-

(See PLAY, page four)

photo by Steve LeMaster

South Floyd senior Ashley Johnson scored her 1,000th career point last week when the Raiders took on Betsy Layne. Prior to the start of Friday night's game against Allen Central, Johnson was awarded with the gameball from the Betsy Layne game. Pictured with the senior Lady Raider are her dad, South Floyd assistant Greg Johnson (left) and head coach Tony Isaac.



BOYS' BASKETBALL

Bobcats top Blackcats in district finale

24-8 second quarter spurt lifts Betsy Layne

by JAMIE HOWELL
CONTRIBUTING WRITER

PRESTONSBURG - The trend continued for the Prestonsburg Blackcat boys' basketball team on Friday evening. The host Blackcats jumped

out to a 20-9 lead early in the game, but still managed to end up on the losing end of the scoreboard by a final count of 82-69. Prestonsburg senior Nicholas Jamerson looked as if he would single-handedly push the Blackcats to the win, but Betsy Layne had other ideas. Jamerson poured in 11 first quarter points as Prestonsburg built an early 12 point lead, but

(See DISTRICT, page two)

Spring training officially opened yesterday for Reds

by ED TAYLOR
SPORTS CORRESPONDENT

New Cincinnati Reds manager Dave Miley got a look at the Real Reds this past Tuesday when spring training officially opened for all major league baseball teams. Although just the pitchers and catchers were required to report early some of

the Reds have been in Sarasota for the past three weeks. Among those reporting for some early work out were Austin Kearns and Adam Dunn along with Brandon Larson.

Miley, who replaced the fired Bob Boone, was just the teams interim manager last season but got the nod over four other candidates this past fall.

The medical report on Kearns, Dunn and Ken Griffey, Jr. is they are 100 percent healthy and eager to get the season underway. Larson is to get his second chance at the third baseman's spot, something he failed to do last year. Larson had shoulder surgery that ended his season last August. He has been a solid hitter at Triple A

Louisville but just doesn't seem to be able to hit major league pitching.

Sean Casey will return to first base and it is hopeful he can have a break out season. Casey ended the 2003 season swinging a hot bat.

Pitching continues to be the concern of the Reds brass and it does not look to promising with three spots of the rotation already in place and two to fill. Jimmy Haynes, who had a disastrous season last year, returns

along with Paul Wilson and Cory Lidle. Who will be the fourth and fifth man in the Reds rotation is not clear at this time.

The Reds are forecasted to finished near the bottom if not on the bottom of the National League Central Division.

Banned Pete Rose says he would give up gambling if he would be reinstated in baseball. Rose is serving a life time ban from the game.

Reinstatement looked

promising until Pete's book came out where he admitted he bet on baseball. That seem to dampen any chances of reinstatement for the all time hits leader.

The New York Yankees continues to pulling the big name stars, the latest being Alex Rodriguez of the Texas Rangers. Wow! The Boston Red Sox will have to go a long way in topping this deal.

Until Friday, good sports everyone and be good sports!

PIKEVILLE COLLEGE

Bears 19th in newest poll

TIMES STAFF REPORT

OLATHE, Kan. — A month after dropping a spot without losing, the Pikeville College Bears have returned to their peak position in the NAIA Div. I basketball poll.

Pikeville is 19th this week, up two slots from 21st last week. It's the sixth straight week the Bears have been 19th, 20th or 21st.

The Bears (23-4) are 3-2 at the mid-point of the Mid-South Conference round-robin.

Pikeville was 19th in the Jan. 20th poll. One week later, they slipped to 20th despite blowing out Wesley (Miss.) College 103-71 in their only game of the week. They remained 20th in the first rating of February and dropped one spot last week.

The Bears knocked off Campbellsville 82-76 on Saturday in their only outing of

the week.

The schedule this week will be challenging, as Randy McCoy's club faces road games against two ranked opponents. Pikeville will play fourth-ranked Lindsey Wilson College Thursday night in Columbia before traveling to Williamsburg on Saturday for a clash with No. 15 Cumberland College.

(See POLL, page three)

District

Betsy Layne turned the tables in a hurry. Brandon Thacker ran off 11 points of his own in the second quarter for Betsy Layne and the Bobcats outscored Prestonsburg 24-8 in the second quarter.

After Prestonsburg took a 20-14 lead after one quarter, Betsy Layne would take the lead into the half by a count of 38-28. The Blackcats would try to get back in it in the third quarter behind the play of Sean Leslie who tossed in six points in the quarter. Betsy Layne struggled at times with the Blackcat pressure, but always seemed to find a way to hold of the Blackcat challenges. Betsy Layne got a very balanced scoring attack on Friday as four Bobcats finished in double figures on the night. Thacker led the way with a game-high 20 points while

Brandon Kidd added 19 in the win.

Brandon Hall, who was playing despite an injury tossed in 18 points for the Bobcats. Jordan Kidd finished with 13 points and Brent Newsome contributed six points for the winners. Brentton Akers came off the bench for Brent Rose and added four points in the game and Pat Stapleton rounded out the Betsy Layne scoring with two points. Prestonsburg trailed 48-43 heading to the fourth quarter, but Betsy Layne put 34 points on the board over the final eight minutes to come away with the win. Prestonsburg was led in scoring by Nicholas Jamerson with 20

points.

Trevor Compton and Sean Leslie both finished in double figures for the Blackcats, scoring 16 and 12 points, respectively. Joe Blackburn tossed in nine points for Jackie Crisp's team and Jesse Chaffin finished with eight. Michael Stephens rounded out the scoring for Prestonsburg with four points.

Betsy Layne finished regular season district play with a 2-4 record while Prestonsburg wound up at 0-6 on the year. Both teams will finish up regular season play in the next two weeks with the district tournament slate to get underway the first week of March.

Win

Allen Central led South Floyd 15-8 at the end of the first period and 27-17 at halftime. The Lady Raiders trailed by just six points at the end of the third period as Allen Central led 43-37.

Jessica Isaac scored 11 points for Allen Central and Terri Mullins tossed in four. Yumekia Hunter netted three points. Tab Caudill and Amanda Mills each

hit a free-throw.

Senior guard Megan Ousley led South Floyd in scoring with 20 points. Brandy Anderson scored 13 and Ashley Johnson added seven. Before the home game against Allen Central, Johnson was presented with the gameball from last week's game against Betsy Layne, a contest in which she scored her 1,000th career point.

Tab Trammel finished with seven points Friday night. Courtney Blocker and Tab Tackett rounded out the South Floyd scoring with a field goal apiece.

Playing back at home Monday night, Allen Central had little trouble with Sheldon Clark, beating the Lady Cardinals 62-28.

In another game played Monday night, Shelby Valley beat South Floyd, 70-61.

Continued from p1

H.S. BASKETBALL

Allen Central 72, Johnson Central 65

TIMES STAFF REPORT

EASTERN — Rossi Samons hit six three-pointers and dumped in a game-high 23 points Saturday night to lead Allen Central to a 72-65 win over Johnson Central.

Allen Central outscored Johnson Central 11-6 in the first period. The two teams were tied at 25 at halftime before the homestanding Rebels played on to the win.

Justin Hall hit four three-point field goals and added 22 points for Allen Central. Tim Griffith scored 12 points and Ryan Hammonds tossed in 10. Austin Francis rounded out the Allen Central scoring with five points.

Mike Walters led Johnson Central with 25 points. Nick Music netted 15 and Kyle Rice and freshman Jamie McCarty scored nine each. Junior center Josh Stapleton netted four points.

Coin flip puts Lady Raiders in No. 4 seed

When the 58th District meeting was held Monday at Allen Central, the flip of the coin went the way of the Prestonsburg Lady Blackcats. With that, the South Floyd Lady Raiders are the No. 4 seed in the upcoming district tournament. Prestonsburg is the third seed. Allen Central is the number two seed behind top-seed Betsy Layne.

The Piarist girls are seeded fifth and will play a play-in game against South Floyd.

On the boys' side, conference champ South Floyd is the number one seed, followed by Allen Central (2), Betsy Layne (3) and Prestonsburg (4). Brackets for the two tournaments will appear in Friday's edition.

Lykens

Continued from p1

better team," added Akers. "That is what is so impressive about Whitney, she doesn't care if she scores or not, she will do whatever she needs to - to make her team better."

Lykens was a key part of Betsy Layne's 15th Region championship team last March. She helped the Ladycats to a win in the Girls' Sweet 16 and hopes to get even more done a few weeks from now when March sets in and the Madness begins. After that, Lykens will turn her focus to a college choice, but now, she's got a high school basketball season - her last - to finish.

Hold

Continued from p1

Allen Central rally. A balanced scoring effort paved the way for South Floyd. Senior Adam Tackett led the Raiders in scoring with 17 points. Burnett Little scored 10 and Brian Meade added seven. In all, eight different South Floyd players scored. Mason Hall, Ryan Johnson and Steven Stanley all had six points apiece. Jack Slone scored four and Wes Hall chipped in with two.

Senior Rossi Samons led Allen Central in scoring with a game-high 18 points. Austin Francis netted 12 and Justin Hall flipped in 11. Tim Griffith scored eight points and Ryan Hammonds added three. David Kilburn rounded out the Allen Central scoring with two points.

MEN'S BASKETBALL

Four reach double figures in Bears win

TIMES STAFF REPORT

PIKEVILLE — Teon Knox led four players in double figures with a double-double to push Pikeville College past Campbellsville University 82-76 Saturday evening.

No. 21 Pikeville (23-4, 3-2 in the Mid-South Conference) used a 23-6 run over a six-minute stretch of the second half to pull out the win. The Bears turned a 12-point deficit into a 10-point advantage on two occasions in the final minute before settling for the six-point win.

Campbellsville (16-11, 1-4) opened the second half with a 17-5 run that was kick-started by junior Jeremy Peckinpaugh. He hit two threes to have seven early, and when junior Brandon Warner sank a free throw with 13:50 remaining, the lead was 53-41.

From that point, the Bears took over. Junior Daniel Price, getting his first start since joining the team in January, had 42 rebounds, including 19 offensive boards, while the Bears pulled down 31.

But Pikeville had only 11 turnovers in the game, while Campbellsville gave it up 17 times. Pikeville will return to the court Thursday, visiting Lindsey Wilson College at 6:45 EST. Campbellsville will host Lambuth on Thursday night.

to-back layups, pushing the lead to 76-67 with 1:13 to play. The Bears led by 10 twice, including 80-70 with 22 seconds left, and won by six.

Knox had 22 thanks to 9-of-13 shooting. He also sank all four free throws and pulled down 10 rebounds, adding three assists and three blocks. Price followed with 20 and was one of two Bears with four assists.

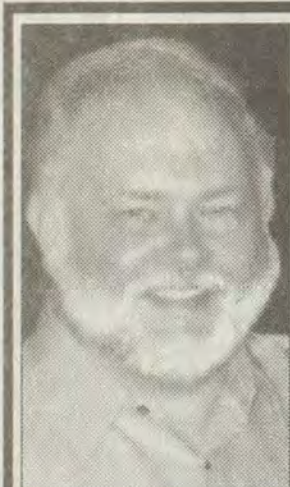
Senior Greg Davis chipped in 11 and junior Jarell Jones came off the bench for 10 in the win.

Warner, a 6-8 junior, had 23 points and pulled down 16 rebounds. Six of his caroms came off the offensive glass, and he added two assists and two steals as well.

Sophomore Travis Wright followed with 21 markers. Peckinpaugh followed with 15 and had four assists.

Thanks to Warner, the Tigers controlled the glass. They had 42 rebounds, including 19 offensive boards, while the Bears pulled down 31.

But Pikeville had only 11 turnovers in the game, while Campbellsville gave it up 17 times. Pikeville will return to the court Thursday, visiting Lindsey Wilson College at 6:45 EST. Campbellsville will host Lambuth on Thursday night.



WINTER SPORTS BRING SPRAINS AND STRAINS

Millions of people ski, snowboard, and sled every year in the U.S. These winter activities result in scores of injuries, say chiropractors. They see a wide range of sprains, strains and subluxations or misalignments of the spine. Reduce the risk of being hurt by learning proper skills and participating only in activities that are at your ability level.

Wear equipment that is in good working condition. Have your ski or snowboard bindings adjusted properly at a local ski shop. Snowboarders should wear wrist guards and kneepads. Skiers and snowboarders should wear a specifically designed helmet to prevent head injuries from falls or collisions.

Snowboarders should stabilize and strengthen their upper extremities before going on the slopes. Skiers need to strengthen their lower extremities, specifically quads and hamstrings. Spinal strength is important for both sports. When knees tire, more force is exerted on the spine. Exercise to add extra strength and flexibility, as well as a thorough chiropractic wellness visit, will help resist the rigors of skiing.

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WOMEN'S BASKETBALL

Lady Tigers hold off Pikeville

TIMES STAFF REPORT

PIKEVILLE — No. 8 Campbellsville scored the final five points of the game to survive a scare from Pikeville and win 65-60 Saturday afternoon.

The Lady Bears (11-17, 0-6 in the Mid-South Conference), down to seven players due to various injuries, gave a spirited effort against the talented Lady Tigers, and had the game tied at 60 after junior Selena Williams nailed a three-pointer.

But the Lady Tigers, playing without Coach Donna Wise who was home due to a family emergency, fought the ship and hit three-of-four from the line down the stretch to win.

Pikeville built a big lead early, opening the game with a jumper by junior Ashley Ratliff and when she scored on a layup with 16:50 remaining, the lead was 9-2.

Campbellsville (18-6, 6-0) trailed 12-7 with 10:33 left after freshman Brienne Daniels hit a free throw, but the Lady Tigers scored the next eight points, and when DeAusha Atkinson turned in a three-point play, the guests led 15-12.

But Pikeville stayed close, and when Williams hit a three late, Pikeville led 25-23 at the half.

Campbellsville came out strong to start the second half and quickly took the lead, pushing it to seven (49-42) on a

jumper by Tiffany Roaden at one point. Pikeville tied it three times, including 60-all, but could never take the lead.

Sophomore Jenny Noort led the Lady Tigers with 17 points and 10 rebounds, hitting 6-of-9 from the field. Roaden finished with 11, while Allyson Baker and Atkinson added nine markers each.

Williams, a junior from Staffordsville, led Pikeville with 25 points thanks to a blistering 11-of-12 from the field. She added eight rebounds as well.

Freshman Ashley Wireman added 12 while Ratliff chipped in six points, five assists and five rebounds.

Pikeville will return to the court Thursday, visiting Lindsey Wilson College at 6:45 EST. Campbellsville will host Lambuth on Thursday night.



Williams

A-Rod is officially a Yankee

BASEBALL

NEW YORK — Alex Rodriguez was finally and officially dealt to the New York Yankees from Texas after commissioner Bud Selig approved the record-setting swap.

Rodriguez, the first reigning MVP to be traded, will be introduced at the stadium on Tuesday, flanked by manager Joe Torre and Yankees captain Derek Jeter, who will keep his shortstop job. The 28-year-old A-Rod will shift to third base to fill the hole left when Aaron Boone wrecked a knee last month.

Texas gets second baseman Alfonso Soriano and a minor league player to be named, but it will still have to pay \$67 million

of the \$179 million Rodriguez is owed over the remainder of his deal.

LOS ANGELES — The Dodgers opted for a young Ivy Leaguer to lead them, hiring Oakland Athletics executive Paul DePodesta as general manager.

The move was the first by new owner Frank McCourt, whose \$430 million purchase of the Dodgers from News Corp. closed Friday. It came just two days before pitchers and catchers report to spring training in Vero Beach, Fla.

At 31, DePodesta is the third-youngest person to be hired as a big-league general manager. Theo Epstein was hired by the Boston Red Sox at age 28 in

2002, and Randy Smith was 29 when the San Diego Padres hired him in 1993.

MINNEAPOLIS — The Minnesota Twins avoided arbitration with first baseman Doug Mientkiewicz by agreeing to a \$7 million, two-year contract. Mientkiewicz will make \$2.8 million this season and \$3.75 million in 2005. Minnesota has a \$3.75 million option for 2006 with a \$450,000 buyout.

Mientkiewicz, who earned \$1.75 million last season, had asked for \$3.6 million and had been offered \$2.5 million. The two sides were scheduled for a hearing this week.

FOOTBALL

INDIANAPOLIS — Maurice Claret has hired an agent, ending any possibility that the running back would return to college next season.

Claret's attorney, Alan Milstein, said that the former Ohio State star was working with an agent in preparation for this week's NFL combine in Indianapolis, a move that would make him ineligible under NCAA rules. Milstein would not identify the agent.

On Feb. 5, U.S. District Judge Shira A. Scheindlin ruled that an NFL rule barring eligibility to Claret and other under-

classmen from April's draft violates antitrust law.

CHARLOTTE, N.C. — Carolina offensive guard Kevin Donnalley retired, ending his 13-season career with a Super Bowl appearance.

Donnalley, who went to high school in Raleigh and college at North Carolina. He began his pro career in Houston in 1991 and played six years with the Oilers before moving with the franchise to Tennessee in 1997. He also played for Miami.

AUTO RACING

DAYTONA BEACH, Fla. — All Dale Earnhardt Jr. wanted to do was take it easy and enjoy his Daytona 500 victory.

Instead, he slipped on his driving uniform and returned to work, weary from lack of sleep and drained emotionally to hold off a series of challenges and

win the delayed Hershey's Kisses 300 Busch Series race.

The race was postponed Saturday by rain after just 31 of 120 laps at Daytona International Speedway.

COLLEGE BASKETBALL

BLOOMINGTON, Ind. — Indiana forward Sean Kline will undergo surgery on his right knee and will miss the rest of the season, coach Mike Davis said.

The 6-foot-8 sophomore hurt his knee when he fell under Indiana's basket early in the second half of the Hoosiers' 71-56 loss at Purdue on Saturday. He was helped off the court and did not return to the game.

Kline is the Hoosiers' fourth-leading scorer (7.1) and rebounder (4.0). — The Associated Press



photo by Jamie Howell
Chanel Music drove to the hoop Friday night against Betsy Layne center Kristal Daniels.

GIRLS' BASKETBALL

Betsy Layne girls down Johnson Central

TIMES STAFF REPORT

PAINTSVILLE — It was a rematch Monday night of last season's 15th Region girls' championship game and the result was still in favor of the visiting team.

Betsy Layne led host Johnson Central 20-8 after the first quarter and outscored the Lady Eagles in two of the next three periods to win 70-51. Betsy Layne beat Johnson Central on its homefloor last March to claim the 15th Region title.

Senior Whitney Lykens led Betsy Layne with 19 points. Junior center Kristal Daniels

netted 18 and Kim Clark chipped in 16. Kristen Smith scored nine while Tabetha Witt and Breann Akers netted four points apiece.

Alice Daniel and Celena Conley had 14 points apiece for the Lady Eagles.

Magoffin County 73, Pikeville 65: Continuing to play well, Pikeville battled with Magoffin County Monday night, before coming up short.

The Lady Hornets placed four players in double figures in the win over the Lady Panthers. Jamie Adams paced Magoffin County with 20 points. Calloray Howard scored 19. Pikeville got 15 points from Emily Hartsock.

Paintsville 48, Phelps 37: The Lady Tigers held on to beat Phelps. Paintsville opened the game in the first period with a 17-6 lead over the Lady Hornets.

Ashley Hall led Paintsville by scoring a game-high 22 points.

Chelsee Jarrell added 12.

Knox

Continued from p1

Knox, a 6-8 senior from Baltimore, recorded his 11th double-double this season on Saturday afternoon as Pikeville won against Campbellsville, scoring 22 points, garnering 10 rebounds, blocking three shots, and giving out three assists. He was 9-of-13 from the floor (69.2%) and was a perfect 4-of-4 from the foul line.

It was the only game of the week for the Bears.

Williams was honored by the league for the first time this season after Pikeville's 65-60 loss to eighth-ranked Campbellsville University. She shared the honor with Campbellsville's Jenny Noort and Lindsey Wilson's Tiffany Jones.

For Noort, it was the third straight week she's won or tied for the honor.

"We're very happy for Selena," said Coach Bill Watson. "We're not having as good a season as we'd like, but she's playing very well for us and is turning in strong numbers. She's also taking care of business in the classroom,

where she'll be an Academic All-American this year."

A 5-11 junior from Staffordsville, Williams hit for a career-best 25 points and had eight rebounds in Pikeville's only game of the week. The guard shot a hot 11-of-12 from the floor (91.7%) and hit a perfect 3-3 on three-point goals. Selena also added two blocks and two steals.

Noort, a 6-1 sophomore from Lexington, had a pair of double-doubles on the week. At ninth-ranked Brescia, she had 16 points, 13 rebounds, six blocked shots, an assist and a steal. On Saturday at home against Pikeville, she scored 17 points, grabbed 11 rebounds, and had a block. For the week, she shot 11-of-21 (52.4%), and 11-of-18 from the foul line (61.1%).

Jones, a 5-11 junior from Orlando, tallied a double-double, getting 12 points and 10 rebounds, along with two steals and one assist in Lindsey Wilson's upset of 10th-ranked Cumberland College. She was 5-of-8 from the floor (62.5%), added two free-throws.

Poll

Continued from p2

The Bears have split with those teams this season, losing to Lindsey Wilson Jan. 29 66-57 before knocking off Cumberland 65-64 two days later.

The poll changed very little this week, with the top five staying the same. Mountain State (W.Va.) got nine of the 12 first-place votes, with Concordia (Calif.) picking up the other three.

Georgetown is still third, followed by Lindsey Wilson and Azusa Pacific (Calif.) University fifth. The remainder of the Top 10 has Columbia (Mo.) and Oklahoma Baptist tied for sixth with Cumberland (Tenn.), Lubbock Christian (Texas) and Houston Baptist following.

The four MSC schools are joined by Owensboro's Brescia University in the Top 25 from the Bluegrass State. The Bearcats moved up two places this week to 23rd.

58TH DISTRICT BASKETBALL

Ladycats top Prestonsburg

TIMES STAFF REPORT

PRESTONSBURG — Despite playing from behind for much of the first half, defending 15th Region Champion Betsy Layne eventually left the Prestonsburg Fieldhouse Friday night with a win. The Ladycats held Prestonsburg to seven points in the third quarter and 14 in the final period to come away with a 62-49 win.

Senior Whitney Lykens hit three three-pointers and tossed in a game-high 26 points to lead Betsy Layne. Kim Clark, who also had three three-pointers, finished with 21 points. Lykens and Clark combined for 15 of Betsy Layne's 16 fourth-quarter

points. Prestonsburg left the first quarter with a 16-8 lead and led 28-23 at halftime. Betsy Layne put 23 points up in the third period to lead 46-35 at the end of three quarters.

Kristal Daniels chipped in six points and Kristen Smith netted five. Tabetha Witt and Breann Akers each had two points apiece.

Freshman Meaghan Slone led Prestonsburg in scoring with 24 points. Senior Heather White scored 14 and Molly Burchett pushed in nine. Amber Whitaker had two points.

The win gave Betsy Layne a perfect regular-season record in 58th District play.

Bluegrass Preps.com

Girls' Basketball Top 20

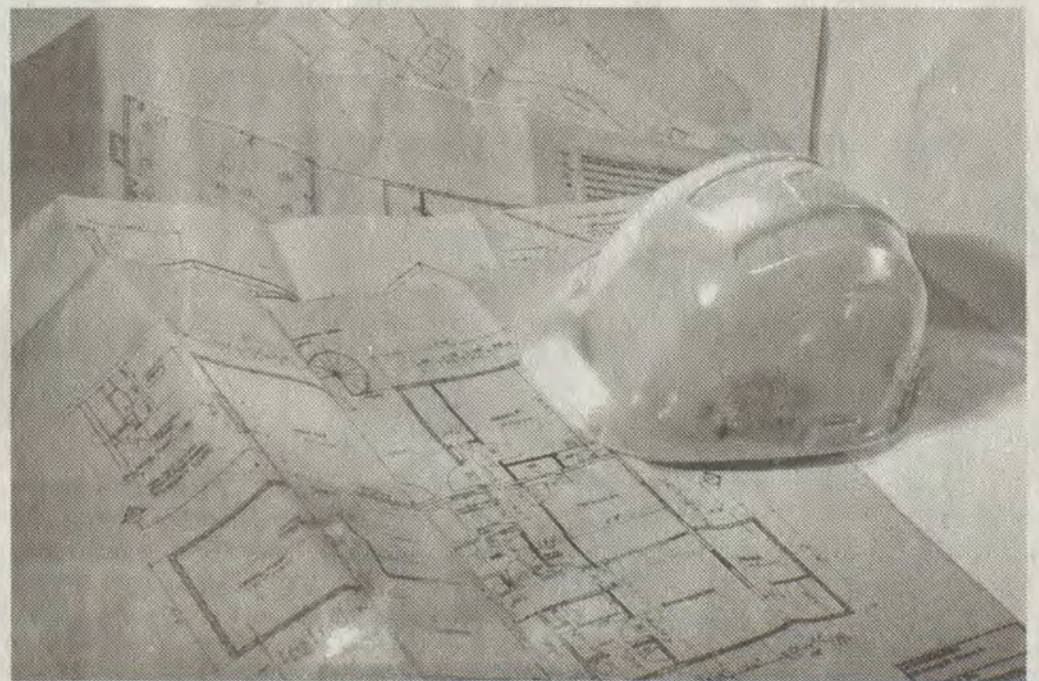
1. Sacred Heart
2. Lexington Catholic
3. Henderson County
4. Christian County
5. Rockcastle County
6. Mercy
7. Scott County
8. Perry County Central
9. Jackson County
10. Newport Central Catholic
11. Mercer County
12. Elizabethtown
13. Assumption
14. East Carter
15. Clinton County
16. South Laurel
17. Boone County
18. Christian Academy - Louisville
19. Central Hardin
20. Wayne County

Boys' Basketball Top 20

1. Lexington Catholic
2. Mason County
3. Warren Central
4. Seneca
5. Scott County
6. Pleasure Ridge Park
7. Fern Creek
8. Covington Catholic
9. Wayne County
10. DeSales
11. Jeffersonton
12. Elizabethtown
13. Apollo
14. Hopkinsville
15. Lafayette
16. Henderson County
17. Daviess County
18. Hazard
19. Bishop Brossart
20. Perry County Central

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How 'bout that, Daddy? Junior wins first Daytona 500

by PAUL NEWBERRY
ASSOCIATED PRESS

DAYTONA BEACH, Fla. — Daddy would have been proud.

Dale Earnhardt Jr., taking a page from the old man, barreled past Tony Stewart and won the Daytona 500 Sunday on the same track that claimed his father's life three years ago.

Junior showed the impatience of youth, needing only five tries to win the race that bedeviled his late father for 19 years.

"He was over in the passenger side with me," the 29-year-old Earnhardt said during a jubilant celebration in Victory Lane. "I'm sure he was having a blast."

The race was attended by President Bush, launched the Nextel Cup era and came six years to the day that the Intimidator won his first — and only — Daytona 500 on his 20th try. It's still one of the sport's most cherished scenes: the black No. 3 car rolling down pit road while every rival crew lined up to congratulate Earnhardt before he pulled into Victory Lane.

Three years later, he was killed on a last-lap crash in the 500, depriving the sport of a seven-time champion and its most famous driver.

Well, the next generation is in good hands.

In a move that must have been borrowed from the Intimidator, Earnhardt Jr. dipped to the inside without any drafting help and went past Stewart

in the trioval with 20 laps remaining.

"I can't believe I passed him by myself," Junior said. "I don't know what was going on. It was like a magic trick."

Stewart tried valiantly to catch up, briefly pulling beside Earnhardt coming out of turn two. But Junior showed his muscle on the backstretch, keeping Stewart in the rearview mirror.

That's where Stewart stayed the rest of the way. Earnhardt pulled away on the final lap, winning by about four car lengths while the crowd of 180,000 — many of them wearing Junior's red and white colors — erupted in celebration.

Earnhardt came back around and stopped his car at the checkered finish line. He pumped his fist and jumped into the arms of his crew, who lifted him on their shoulders for all to see. Then he climbed back into the No. 8 Chevrolet, turning doughnuts in the grass — just like his father after the 1998 race.

"I was taught so many lessons by this place before I ever got behind the wheel," Earnhardt said. "I'm glad I don't have to worry about (winning the 500) anymore. That's awesome."

Stewart led 97 laps — nearly half the 200-lap event — but he didn't have enough to hold off Earnhardt, who set the pace for 59.

"It's nice to see him get his victory, too," Stewart said. "I think his father is proud today. I

wanted to win the race. Trust me, if I could have held him off, I would have.

"But there was no holding that kid back. Today was his day."

A frightening crash on lap 72 took out defending race winner Michael Waltrip, whose car flipped at least three times and wound up landing on its roof in the backstretch. He wasn't injured.

Rookie Scott Wimmer held on for a surprising third-place finish. He briefly held the lead after gambling on his final pit stop — taking only two tires — but he didn't have enough grip to hold on.

Wimmer still faces drunken-driving charges after crashing a team truck last month. NASCAR, which has a zero-tolerance policy on substance abuse, hasn't decided whether to punish the driver.

"I understand I made a major mistake," Wimmer said. "I embarrassed a lot of people."

Kevin Harvick and Jimmie Johnson rounded out the top five.

Pole-winner Greg Biffle had to start from the back of the 43-car field after changing an engine Saturday. That allowed Earnhardt to take the green flag from the pole.

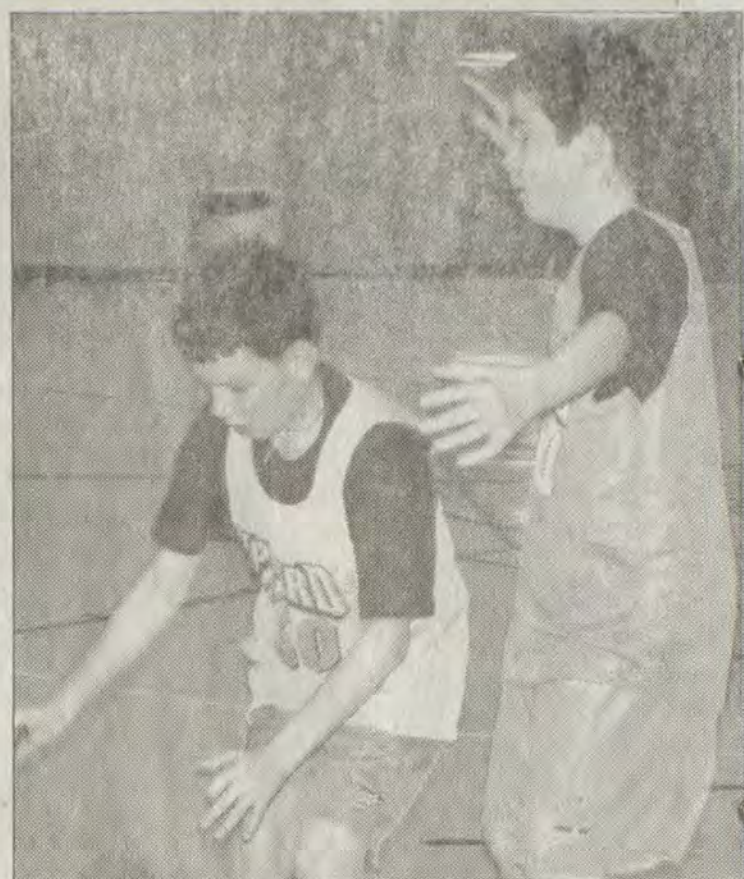
Biffle made up a lot of ground in an overheating car, running near the front late in the race. But he faded to 12th.

Waltrip was running three-wide when rookie Johnny Sauter got loose coming off turn two and sparked a chain-reaction wreck that took out 12 cars.

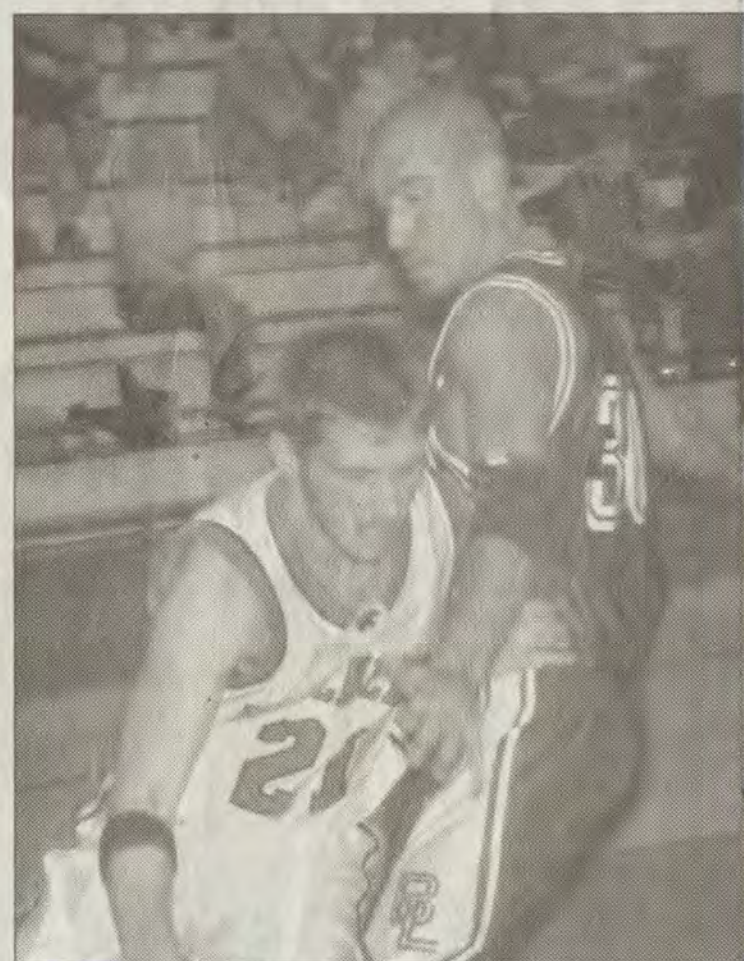
Waltrip got smashed in the side by Robby Gordon, a tire shredded and the No. 15 car burrowed into the grass on the inside of the track, softened by rain that washed out Saturday's Busch Series race.

With dirt flying everywhere, Waltrip's car came to a stop upside down. Rescue workers spent nearly 10 minutes making sure he was OK, then flipped the car over to let the 6-foot-4 Waltrip climb out. He waved to the cheering crowd and then went to the infield care center for a quick check.

Waltrip had won two of the last three Daytona 500s, but not one he could truly celebrate. His 2001 victory was overshadowed by the crash that killed Earnhardt. Last year, Waltrip was declared the winner when rain shortened the race.



Upward Basketball is up and running in Floyd County. Teams were in action Saturday in Prestonsburg.



Prestonsburg junior Trevor Compton worked against Betsy Layne's Brent Newsome.

Play

Continued from p1

licity for the year.

"During the playoffs, somebody wrote something about the Death Valley Mules, and these are four of them. They just lined up and blocked. They worked hard in the weight room, on the practice fields and in games. These are good ones right here."

Bears Coach Jerry Mynatt agrees. "Having watched these guys play this year, particularly through their playoff run, you could see they are well coached and well disciplined," he said. "And they're winners. That goes a long way when you're trying to establish a program like we are right now."

The Pirates went 13-2 this season and won the Double-A state championship in

December. Belfry knocked off Elizabethtown 33-27 in overtime on Dec. 5, 2003, to win the school's first state football title.

Haywood noted the rare accomplishment of having four players sign with the same school. "I guess that is unusual to have that many going to the same place," he said. "But I'm real happy for them, and Pikeville College got some good acquisitions here. We wish them the best."

In only their third year as a varsity program, the Bears were 4-6 in 2003; it was Mynatt's first year at the helm after leaving the NCAA Div. I-AA East Tennessee State University staff last February.



Above: The Allen Central Lady Rebel basketball program observed Senior Night Monday night when Sheldon Clark visited. Below: Team members and others associated with the 1982 Allen Central High Lady Rebel 15th Region title team were honored and recognized Monday night, too.



photos by Jamie Howell

BASKETBALL

Bobcats 49, Adams 33

TIMES STAFF REPORT

BETSY LAYNE — After trailing by eight points at the end of the first quarter, Betsy Layne battled back to beat Adams Friday night, downing the Blackcats 49-33.

Brennan Case scored a game-high 14 points for Betsy Layne. Samuel Keathley scored 12 and Ted Honaker added nine. Tyler Hamilton and Tim Honaker netted seven points apiece for Betsy Layne.

James Lafferty led Adams with 10 points. Bobby Hughes scored seven and Jordan Hall flipped in six.

Blackcat Dane Sizemore finished with four points.

COLLEGE BASKETBALL

Georgia 74, No. 8 Kentucky 68

by KEITH PARSONS
ASSOCIATED PRESS

ATHENS, Ga. — Levi Stukes bounced back from a miserable first half to finish with 12 points — all on 3-pointers — and Georgia completed a season sweep of No. 8 Kentucky with a 74-68 victory Saturday.

Jonas Hayes had 19 points and Rashad Wright and Damien Wilkins each added 14 for the Bulldogs (12-10, 4-7 Southeastern Conference), who beat the Wildcats 65-57 earlier this season.

First-year Georgia coach Dennis Felton improved to 3-0 in his career against Kentucky, including one win when he was at Western Kentucky.

The Bulldogs completed their second sweep of Kentucky in three years. Like most teams in the SEC, they don't have much success against the Wildcats — they're 21-101 all-time — and they won consecutive games for only the sixth time in 83 years.

The Wildcats (17-4, 7-3)

clearly missed leading scorer Gerald Fitch, who sat out his third straight game with a sprained right index finger. They committed 22 turnovers, including five by reserve guards Josh Carrier and Brandon Stockton, and shot only 41 percent in the second half.

Kelenna Azubuike had a career-high 23 points and Cliff Hawkins added 16 for Kentucky.

Stukes struggled like most of his teammates in the opening half, shooting 1-for-7. In the half, Georgia shot 31 percent, including 5-for-5 from Hayes.

But the Bulldogs trailed by only eight, thanks mostly to the miscues by Kentucky. They had a 13-2 run early in the second half — a spurt started by a three-point play by Hayes — and forced Kentucky coach Tubby Smith to call a timeout.

Finally, Smith started making shots. Stukes hit a 3 and Marcus Sikes followed with a long jumper, his first basket of the game. After Hayes missed

for the first time in the game, he got the ball back and hit a turnaround to cut the lead to one.

The Wildcats turned it over, and Wilkins drove inside for a leaner to give the Bulldogs their first lead, 36-35.

The teams swapped the lead three times over the next several minutes, and Kentucky went ahead for the final time on a jumper by Azubuike with 11:45 left.

Sikes then was fouled on a 3-point shot, and made all three free throws to put Georgia on top for good.

Hawkins committed his third foul with 13:58 left and sat down for 4 1/2 minutes. That forced Smith to go to Stockton, who had not played in four of the previous six games.

His inexperience quickly showed, as he dribbled the ball off his leg on his first offensive possession.

Georgia took its largest lead on a miraculous tip-in by Wilkins that made it 65-56 with 1:23 left.



The Osborne Little Eagle Cheerleaders.

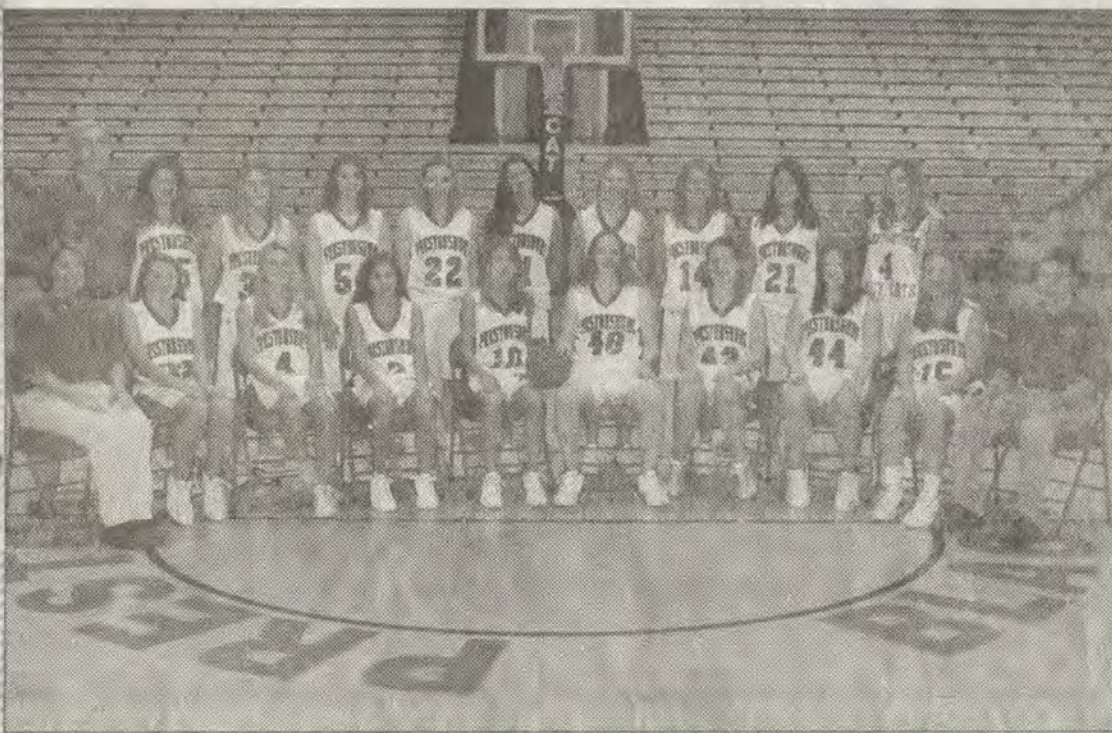


The McDowell cheerleaders received the second-place trophy in the recent Floyd County C-Team Tournament. The A-Team Tournament continues tonight.

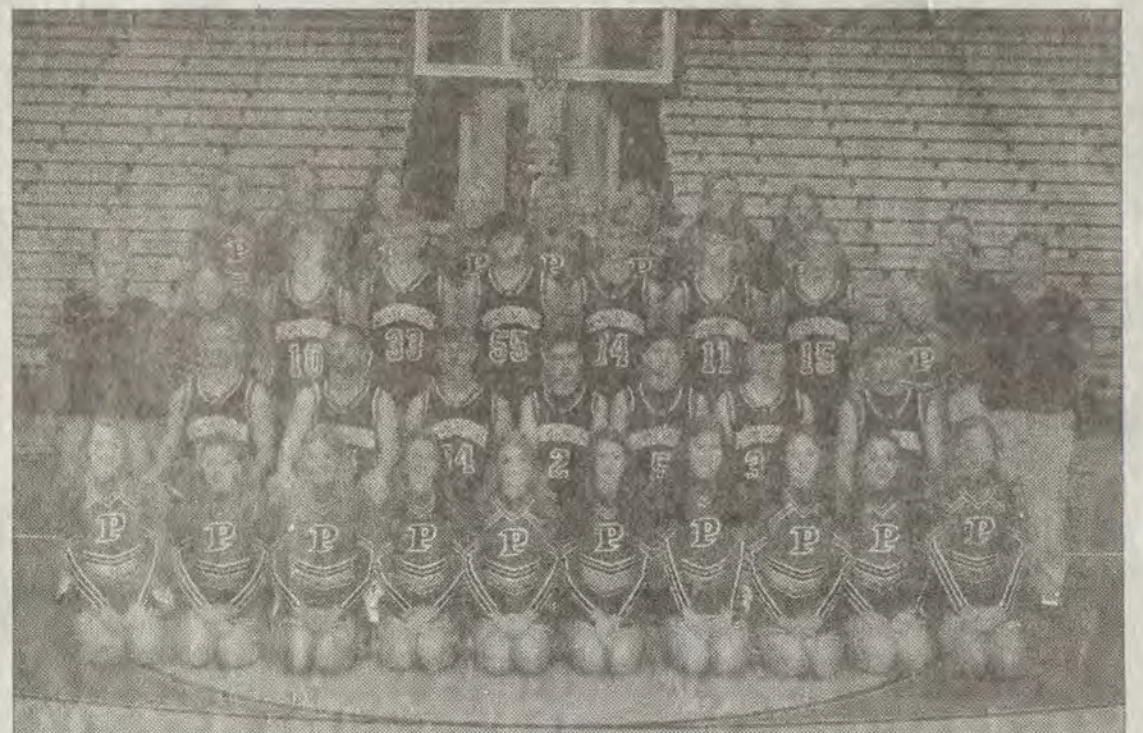
GAMES OF THE WEEK

Prestonsburg Basketball

Both basketball teams from Prestonsburg High School will return to the hardwood Thursday night. The Prestonsburg girls' basketball team will travel to Breathitt County to take on Jackson City. Prestonsburg's boys will play on the road at East Ridge.



PRESTONSBURG LADY BLACKCATS



PRESTONSBURG BLACKCATS

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*Wishing the Blackcats
a successful season!*

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FLOYD COUNTY Lifestyles

SCHOOLNEWS

- Adams Middle • page 7B
- Clark Elementary • page 7B
- Stumbo Elementary • page 8B

Horse Association:

Lykins, Juvenile of the Year - page 8B

INSIDESTUFF

- Our Yesterdays • page 7B
- Births • page 9B
- Wedding • page 9B

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POISON OAK

On President Lincoln and homemade poetry

Although it'll be a while yet before it happens, according to an item that ran in Sunday's Parade magazine, a certain group of folks are seeking suggestions on how to celebrate Abraham Lincoln's 200th birthday.



Clyde Pack

It won't happen for five years (Feb. 12, 2009), but, in true Lincoln fashion, the Lincoln Bicentennial Commission is planning ahead, and wants the public to think of activities "with long-term educational or

historic significance."

The article points out that there are already 25 counties in the United States named after him. Furthermore, there are 24 cities named Lincoln, as well as nearly 600 schools, a room in the White House, and an automobile.

Coincidentally, just last week former Johnson Countian Rick Roberts sent me a copy of the February issue of Carolina Country magazine, which contained yet another article about how some folks in North Carolina keep insisting that old Abe was not born in Kentucky, as we've all been taught, but was the illegitimate son of a hired girl named Nancy Hanks,

(See OAK, page nine)

KIM'S KORNER

Love Bites- Especially when it's a Rattlesnake!

This Valentines Day I got to experience something I never in my wildest of imaginations thought I would ever experience!

Yes, I received an invitation to dine on Rib Eye & Rattlesnake!

When Becky called me at work to discuss the Valentine menu for the Red Light Diner it began with a garden fresh salad, appetizers such as onion chips, hot wings, and cheese balls. Then she went on to the main menu, "We'll be serving baked potatoes, ribeye and rattlesnake".



Kim Frasure

"I'm sorry Becky," I said, "I could have sworn I heard you say rattlesnake."
"I did," she responded.

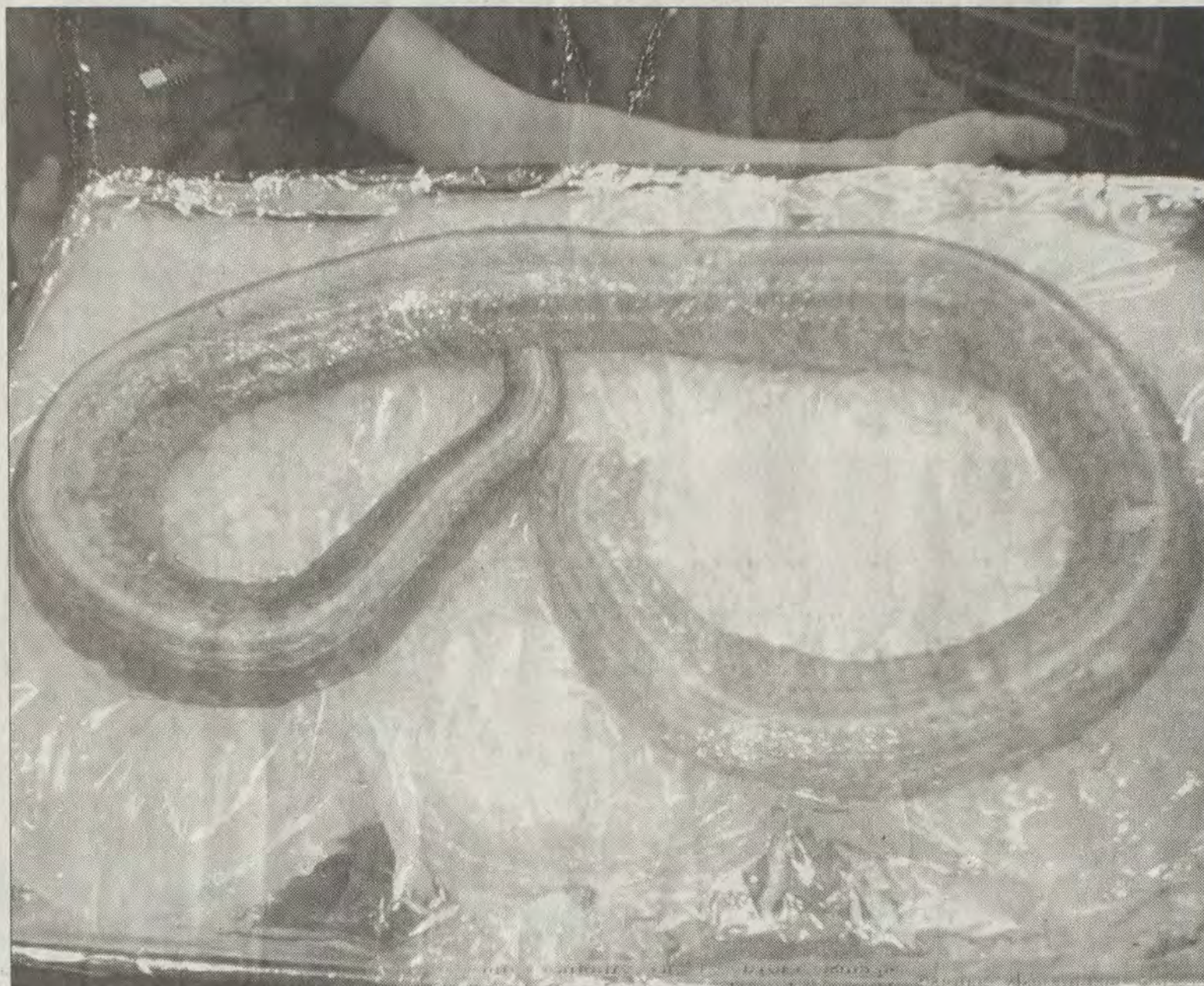
"Alrighty then, well, count me in," I replied.

Friday night I sweat bullets over the anticipation of trying actual rattlesnake meat.

Then the thought came that if I didn't see it, I wouldn't know it, so no harm done.

Man, did those hours pass fast. Before I knew it, there I was seated at Red Light Diner partaking in salad, then the appetizer's, and then, lo and behold, out came Becky with this huge platter with this even larger snake curled up on it! Oh, my very first thought was feet don't fail me now.

(See KORNER, page nine)



photos by Kathy J. Prater
Minus its head, this critter's bitin' days are gone. It was the humans who did the biting this past weekend.

'Snake, rattle and gee, it's good!'

by Kathy J. Prater
FEATURES EDITOR

Rumor has it that if a couple shares a meal of rattlesnake meat together, that their bond is love is thereby strengthened. Becky Kuss, owner of Prestonsburg's Red Light Diner, and her restaurant crew say they don't know about that, that they just decided to serve a Valentine's Day meal of rattlesnake meat to "do something different."

And different it was as folks gathered in to the small restaurant to try a taste of rattler meat this past Saturday. Offered along with a rib-eye steak, baked potato and salad, the batter-dipped, deep-fried snake meat looked very much like fried fish and, according to those brave enough to give it a try, tasted very much like spicy fried chicken.

"It's very good," said Edith Skeans, of Prestonsburg, "very good. It tastes just like chicken. I like it."

Husband, Floyd, agreed.

According to Kuss, the rattlesnake meat was obtained from the Sysco food distribution company and originally came from the state of Texas, where rattlesnakes are routinely "rounded up" in order to control populations and protect both cattle herds and humans from possible bites.

This past weekend, it was the humans, and not the snakes, who were doing all the biting. According to the diner crew, "a lot" of the rattlesnake meat was prepared and served up over the weekend, making the special menu offering a very popular one. As for now, no plans are being made to offer up the dish again anytime soon, but look out, 'cause you never know when that old rattler might coil up and strike again!

As for this reporter, I think I'll leave the rattlers to their own and keep my Valentine's Days sweetened with kisses instead of "bites"!



As the look on her face shows, Sabrina Musick wasn't about to try a bite of snake meat, but mom, Kim, wasn't so shy. "It's good," she said, "tastes like spicy chicken."



Becky Kuss and her restaurant crew were responsible for all the "rattle" and commotion this past Saturday. Shown from left to right are: Danny Blackburn, Gwen Justice, Matt Slone, Sheila Tussey, Lyda Hall, Garnett Lowe, Linda Lowe, and Kuss.

CRITTER CORNER

Treating pancreatitis

By Dr. Carol Combs-Morris, DVM

Pancreatitis is a condition that we see fairly often in pets, especially dogs. Although it is more common near the holidays (when rich, fatty foods are plentiful), it can occur at any time. Even though this is the "wrong" time of year, I've seen several cases in recent weeks. Actually, I've seen way more than my share of weird stuff the last little bit. Our receptionist is blaming it on Leap

Year. The ability to implicate the full moon runs out after a week or so. (Does this mean the oddball cases will stop after February 29, or continue for the entire year?) Anyhow...

Basically you know that the pancreas is a digestive organ. It has several functions, but one of its jobs is to secrete enzymes through the pancreatic duct and into the upper GI tract to help with digestion of food. These

(See CRITTER, page eight)



A critter pic from a few years back: Little Mable Moore, at about the age of six or seven, with her pet dog, "Beauty" and a handsome litter of new pups. "Mable was making sure the eight puppies were getting fed," writes her sister, Grace Moore, of Prestonsburg, who graciously submitted this photo.

School Calendar

ADAMS MIDDLE SCHOOL YOUTH SERVICES CENTER

**Throughout the month of February, on Mondays, from 1:25 - 2:15 p.m., Carol Jo May from Our Lady of the Way Hospital Education Dept., will present an exercise program for 6th grade classes.

School is currently collecting Food City receipts! Please send them in now through March.

■ Feb. 19 - Youth Services Center Advisory Council meeting, 4:00 p.m. All invited.

■ Feb. 24 - "Magic Me" meeting, 3:30-4:00 p.m. (weather permitting).

■ Feb. 24 & 26 - Self-Esteem program for 6th grade students.

**Recreation Room now open for students after school. Anyone who has items to donate to the rec room, please call the center.

■ The AMS Youth Services Center is open all year to assist students and families in need. Please drop by or call the center

at 886-9812 for more information on any of the above activities, or to request assistance with a family need. Center is open from 8 a.m. - 4 p.m., and later by appointment. Center coordinator, Michelle Keathley, Assistant coordinator, Sheila Allen. Center offers services to all students regardless of income.

ALLEN CENTRAL MIDDLE SCHOOL

NOTICE School is now collecting Food City receipts. Students may bring receipts to homeroom teachers, or parents/community members may drop off at office.

Lost coats have been turned in to the center office - please have your child come claim their coat.

■ ACMS Youth Service Center distributes school activity calendars on the first school day of each month to all students. Parents should be advised to watch for these informative materials as a means to staying informed on school hap-

penings.

■ The ACMS Youth Service Center is open each day from 8:00 a.m. to 3:00 p.m., or later by appointment. For more information about the center or any listed activities, call LaDonna Patton, coordinator, or Marilyn Bailey, assistant, at 358-0134.

ALLEN ELEMENTARY AND FAMILY RESOURCE YOUTH SERVICE CENTER

■ Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's Hepatitis B vaccination, immunizations, and WIC appointment.

BETSY LAYNE ELEMENTARY

■ The Family Resource Youth Service Center provides services and referral services to all families regardless of income. The center is located in the middle building of the Betsy Layne Elementary School. Office hours are Mon. - Fri., 8 a.m. until 3 p.m.

■ Open enrollment for After School Child Care is available through the Family Resource Center. Service hours are 3 p.m. to 6 p.m.

■ Contact the center at 478-5550. Contact persons are Brian Akers and Charlotte Rogers.

CLARK ELEMENTARY

**Each Wednesday, 3:15 p.m., "Fit Club" for 3rd, 4th, and 5th grades.

■ We are currently scheduling Hep B immunizations and physicals for 5th grade students. Also scheduling appointments for WIC services. These services are available to anyone in the community.

■ The Clark Elementary Family Resource Center provides services for all families regardless of income. We are located in the Clark Elementary School building and can be reached by calling 886-0815.

DUFF ELEMENTARY

■ Feb. 19 - 2004 Dollars & Sense Educational Day, for 5th grade, to be held at the Martin

Community Center.

■ Feb. 20 - Special program presented by the Natural History Educational Co., 12:30 p.m., for K-5th grades, in gymnasium. Program is in regard to animals and their natural habitats.

■ Feb. 24 - Dental Health program, presented by Floyd County Health Dept., grades K-3.

■ Feb. 27 - Bridges Parent Support Group, 1:30 p.m., in the Allen Central Middle School Resource Center. Parents, caregivers, grandparents, teachers and support staff are all welcome to attend. Fun, activities, refreshments and information!

■ March 29-April 2 - SPRING BREAK.

**School is now collecting Food City receipts. Please help our school receive new computers and technological equipment through the "Apples for Students" program. Children may turn receipts in to their homeroom teachers. Community members may also turn receipts in to the school office.

■ Floyd County Health Dept. is at the school each Tuesday. Services include 6th grade school entry physical; Kindergarten, Head Start and Well-Child physicals; T.B. skin test; T.D. boosters; and WIC services. Please call 358-9878 for appointment if you are in need of any of these services.

■ The J.A. Duff Elementary Family Resource Center provides services for all families regardless of income. We are located in the tan metal building at the rear of the school. Please call or stop by to see us in our new location. Contact persons are Judy Handshoe, coordinator, and Ruby Bailey, assistant.

MAY VALLEY ELEMENTARY

■ Parent Lending Library is available to parents for video check-outs. A variety of topics are available.

■ Floyd County Health Dept. nurse at school every Wednesday. Services include

(See **SCHOOL**, page eight)

YESTERDAYS

(Items taken from The Floyd County Times, 10, 20, 30, 40, 50 and 60 years ago.)

Ten Years Ago

(Feb. 23 and Feb. 25, 1994)

Traditional adversaries became philosophical allies, Monday, in a tongue-lashing meant for State Representative Greg Stumbo. Floyd County Education Association (FCEA) president Pat Murphy appeared somewhat stunned herself by the alliance, which saw the Floyd County Board of Education unanimously endorse a letter to Stumbo, criticizing the legislative leader's recent attacks on State Education Commissioner Thomas Boysen...With their backs apparently against a rigid budgetary wall, the Floyd County Board of Education agreed in principle, Monday evening, to explore a funding system that would offer staffing and program flexibility to individual schools. Superintendent Stephen Tolwer asked for and received non-binding approval from the board to proceed on a proposal that would revise the way non-instructional and special duty staffing is allocated at each school...One of three inmates who walked away from the Otter Creek Correctional Facility, Saturday night, was captured, Tuesday afternoon, near Wayland. Michael Leland Ackerson, 39, was arrested by CSX Railroad Detective Gary Powers after engineer Bill Tom Goble, discovered him on the train, Floyd County Sheriff Paul Hunt Thompson said Tuesday. Ackerson was walking on railroad tracks in the opposite directions of the train and was detained by Powers...Officers from the special investigations unit of the state attorney general's office are set to investigate an alleged altercation between the Floyd County Attorney and a local insurance salesman, after Friday's fiscal court meeting. State police confirmed, Tuesday, that a complaint had been made regarding an alleged altercation between Floyd County Attorney Jim Hammond and salesman William O. Goebel III...Pike Judge-Executive Donna Damron called it a good-faith effort, but fiscal court members apparently weren't so convinced by a proposal, Monday, that would let Floyd County utilize the Pike County landfill. According to a report, Tuesday, in the Williamson Daily News, Pike County magistrates declined an offer from Floyd County Solid Waste "custodian" Bob Meyer, Monday, that would pay Pike County \$22.50 a ton for garbage dumped in the Pike landfill and establish a repayment schedule for a past due debt...Former Prestonsburg Community College President Dr. Henry A. Campbell Jr., 68, died Tuesday morning at the Veterans Medical Center in Huntington, West Virginia...Public access to a cramped Floyd County Fiscal Court meeting room has traditionally been assigned on a first-come, first-served basis, but recent interest in court proceedings could force the court to make room for the expanding audience.

While state Open Meeting laws require court meetings to be held at places and times "convenient to the public" and in facilities which "allow effective public observation," state fire regulations designate maximum occupancy rates for public facilities...A member of the Floyd County Development Authority has asked the Courts to decide if her membership on the authority board represents a conflict of interest. In a complaint filed February 17, against Floyd County Attorney Jim Hammond, authority member Dolores Smith asked that the court issue a declaratory judgement that she has not violated state law, and that she had "fully complied" with the development authority's policy concerning conflicts of interest...Auditions for Jenny Wiley Summer Theatre, originally scheduled for Prestonsburg Community College, will be held at the First Presbyterian Church in Prestonsburg. The location change results from the cancellation of activities at the college for visitation and funeral services for former college president Dr. Henry A. Campbell Jr., who died Tuesday...February 28 marks the 36th anniversary of the Floyd County bus accident, and fund-raising efforts are underway for a "February 28-Living Memorial Fund" scholarship...Customers of the Martin water system will see at least a fifty-two cent increase in their monthly bills, but that raise could double to help pay for a new sewage treatment plant...A letter purportedly written on behalf of the Floyd County Education Association, criticizing State Representative Greg Stumbo, apparently was not approved by the membership of FCEA...Costs could soar as high as \$200,000 to build a baseball field at Allen Central High School and that doesn't include the price for a running track and football field...Two escapees from the Otter Creek Correctional Facility at Wheelwright, last weekend, apparently stole a logging truck near Ligon, hours after leaving the facility, officials said Wednesday...There died: James William "Bill" Pettrey, 90, of Prestonsburg, died Sunday, February 20, at Highlands Regional Medical Center; Stevie Edward Conley, 22, of Salt Lick, died Saturday, February 19, on Highway 23 North, Pike County, following an automobile accident; Raymond Waddle, 84, of Abbott Creek, Tuesday, February 22, at Pikeville Methodist Hospital; Alka Fraley Miller Burchett, 81, of Prestonsburg, Monday, February 21, at the University of Kentucky Medical Center, Lexington; Fred Ridener, 61, of Estill, Friday, February 18, at Loyola University Hospital, Chicago, Illinois; Mildred Bates Holbrook, 49, of Bridgeview, Illinois, formerly of Kite, died Thursday, February 17, at her residence; Harold Hall, 75, of Topmost, Friday, February 18, at his residence; Curtis Goodman, 58, of Martin, Saturday, February 20, at Central Baptist Hospital, Lexington; Raymond Tackett, 64, of

Dorton, February 16, at Pikeville Methodist Hospital; Norman Hale, 75, of Hueysville, Saturday, February 19, at Highlands Regional Medical Center; Jim Gibson, 61, of Parker, Florida, Friday, February 18, at his residence; J.D. Osborne, 61, of Allen, Monday, February 21, at Our Lady of the Way Hospital; Buster Eugene Adams, 63, of Redfox, Thursday, February 17, on Highway 15, at Refox, following an accident; Teddie Wayne Light, 31, of Teaberry, Friday, February 18, at Highlands Regional Medical Center; Ralph Haley, 66, of Columbus, Ohio, formerly of Wheelwright, February 18, at the Ohio State University Hospital; Dr. Henry A. Campbell Jr., 68, founding president of Prestonsburg Community College, Tuesday, February 22; Andy "Jack" Mitchell, 68, of Beauty, Tuesday, February 22, at McDowell Appalachian Regional Hospital; Kenis T. Clark, 84, of Honaker, Tuesday, February 22, at Highlands Regional Medical Center; Laura Darby, 80, of Cow Creek, Wednesday, February 23, at Highlands Regional Medical Center; Mirtie Perkins, 69, of Minnie, Tuesday, February 22, at Highlands Regional Medical Center; Hobert B. Smith, 83, of Louisville, formerly of Wheelwright, Tuesday, February 22, at Suburban Medical Center.

Twenty Years Ago

(February 29, 1984)

Smoke and flames shooting 200 feet in the air, destroyed the Allen Lumber Company, causing an estimated \$1 million in damages...A Fayette Circuit Court jury acquitted Clyde Douglas Marshall of a charge of plotting the death of his wife, Glenda Sharon Pack Marshall, last June...There died: Fred Hall, 81, of Galveston, Thursday, at Highlands Regional Medical Center; Claude Layne, 68, Tuesday, at his home in Langley; Rawley Mann, 71, of Corn Fork, last Wednesday, at Highlands Regional Medical Center; James Campbell, 80, of Auxier, Saturday, at Highlands Regional Medical Center; Ethel Collins Bailey, 44, of Abner Fork, near Melvin, last Friday, after falling down a stairway.

Thirty Years Ago

(February 27, 1974)

County Superintendent Charles Clark said, last week, that any notions he might have entertained about installing a central distribution point of gasoline for school bus use during the fuel crisis, have been abandoned, and that buses will continue to depend upon private service station operators...Damage which may run as high as \$60,000 was caused by a Sunday midnight fire at Parkway Motors, Inc., on South Lake Drive, here...Roger Powers, 26, of

Auxier, was killed, Tuesday afternoon, in an accident at a coal loading operation at Water Gap...Four men were arrested during the week in liquor raids in the Mud Creek and Left Beaver sections of the county...Born: to Mr. and Mrs. James Keathley, of Prestonsburg, a son, Robert Lee, Feb. 15; to Mr. and Mrs. Paul Daniel Collins, of Honaker, a daughter, Paula Arlene, Feb. 13; to Mr. and Mrs. Ronaldo Frasure, of Hueysville, a daughter, Faith Earleen, Feb. 18; to Mr. and Mrs. Verdell Johnson, a daughter, Feb. 11; to Mr. and Mrs. Johnnie D. Patton, of Weeksbury, a daughter, Feb. 6; to Mr. and Mrs. James Bailey Hall Jr., of Wheelwright, a daughter, Feb. 7; to Mr. and Mrs. Jimmy D. Hall, of McDowell, a son, Feb. 9...There died: John N. Hamilton, 89, formerly of Prestonsburg, and a former Floyd County Attorney, last Thursday, at Lexington; Mrs. Jemima Moore, 93, of Hippo, Thursday, in Ohio; Clifford S. Daniels, 60, formerly of Drift, Monday, in Trenton, Mich.; George Castle, 70, of Weeksbury, Sunday, at McDowell Appalachian Regional Hospital; Mrs. Anna S. Burchett, 84, of Prestonsburg, Feb. 18, here; Mrs. Maude P. Hatton, 73, Hueysville native, Monday, at Plymouth, O.; William James King, 82, Wednesday, at his home at Martin; Mody Hoover, 63, Monday, at his home at Garrett; Mrs. Thelma Geraldine Danflous, 58, of Prestonsburg, Feb. 19, at Lexington; Sam K. Hatcher, 59, of Prestonsburg, Monday, while at work near Sugar Loaf.

Forty Years Ago

(March 5, 1964)

Plants that will give protection to bare land left after strip mining in forested areas of Eastern Kentucky are being sought by the U.S. Forest Service, it was announced this week...The Prestonsburg Municipal Housing Commission expects to file application with the Housing and Home Finance Administration for an additional 70 to 80 low-rent public housing units here...A total of 9,611 students in 317 eastern Kentucky schools—mostly one-room and isolated units—now enjoy lunches made possible by the Special Assistance Program...The State Department of Health's community health service program will launch an intensive pilot program of disease detection in Floyd and 17 other eastern Kentucky counties by mid-March...Burl Spurlock, president of The First National Bank here, is one of 16 new directors of the Kentucky Chamber of Commerce, elected by mail ballot for three-year terms, which begin April 14...Fred and Jim Setser combined for 51 points here, Monday night, to offset a 43-point performance by Bob Tallent, the state's No. 1 scorer, and give Prestonsburg, a 93-79 victory over Maytown...There died: Reba Baker Harkins, 79, widow of Joseph D. Harkins Sr., prominent

(See **YESTERDAYS**, page eight)

School

Continued from p7

Headstart physicals, kindergarten physicals, 6th grade physicals, well-child physicals, immunizations, TB skin test, WIC program, blood pressure checks, and more. Must call the FRC at 285-0321 for an appointment.

Lending library available to parents for check out of videos of their interest.

MCDOWELL ELEMENTARY AND FAMILY RESOURCE CENTER

School is currently collecting Food City receipts to assist in purchasing equipment for the school. Please donate your receipts by dropping them off at the school office or sending them with a student.

GED classes held in the library on Monday and Wednesday of each week, 8:00 a.m. to 11:30 a.m.

Parent Support Group

Calendar:

March 16 - Child Abuse awareness.

April 15 - No meeting. All parents invited to attend "Give Yourself a Break Day" at the Mt. Arts Center.

May 4 - Nutrition/Obesity.

Floyd County Health Department Nurse Joy Moore, is at the center each Monday to administer immunizations, T.B. skin tests, well-child exams, WIC, prenatal and post-partum services, and school physicals. Call 377-2678 for an appointment.

PRESTONSBURG ELEMENTARY AND FAMILY RESOURCE CENTER

The Family Resource Center is open weekdays 8 a.m.-4 p.m.

After School Child Care, 3-6 p.m., school days.

Call 886-7088 for additional information regarding the Prestonsburg Elementary Family Resource Center or its programs.

PRESTONSBURG HIGH SCHOOL

Feb. 18 - Special-called SBDM Council meeting, 5 p.m., in media center.

South Floyd Youth Services Center

Walking track open to public (except during special event).

The center has a one-stop career station satellite that is available to the community as well as students.

Anyone interested in Adult Ed may contact the center for information.

All new students and visitors, stop by the Center, located on the South Floyd campus, Room 232, and see Mable Hall.

For more information call 452-9600 or 9607 and ask for Mable Hall, ext. 243, or Keith Smallwood, ext. 242, or Donna Johnson, ext. 153.

STUMBO ELEMENTARY/MUD CREEK FAMILY RESOURCE CENTER

Feb. 19 - VIP meeting, Stress Management, 10:30 a.m., in Resource Center.

Feb. 19 - Dollars & Sense Store, 5th grade, Martin Comm. Center.

Resource Center hours are 8:00 a.m. to 4:00 p.m. Parents and community members are welcome to visit. For questions, call 587-2233 - ask for Tristan Parsons, Center Coordinator, or Anita Tackett, Assistant.

W.D. OSBORNE "RAINBOW JUNCTION" FAMILY RESOURCE CENTER

"Lost and Found" located in the Center. Parents need to pick up their children's items within two weeks. Any items not claimed within two weeks, becomes the property of the FRC.

Rainbow Junction Family Resource Center is located in the W. D. Osborne Elementary School. Hours of operation - 8 a.m. to 4 p.m. Monday through Friday, or later by appointment. Call 452-4553 and ask for Cissy or Karen. Parents/community members free to visit any time.

FLOYD COUNTY ADULT ED CLASS SCHEDULE

Monday: McDowell Elem. - 8-11 a.m. - 377-2678; Wayland Comm. Ctr. - 8 a.m. to 12 p.m. - 358-3400; Wheelwright Comm. Ctr. - 12:30-4:30 p.m. - 452-2500.

Tuesday: Betsy Layne High School - 8-11:30 a.m. - 478-3389; Auxier Lifetime

Learning Ctr. - 8 a.m. to 4:30 p.m. - 886-0709; Martin Adult Ed. Ctr. - 8 a.m. to 4:30 p.m. - 285-5111; PCC (Room J148) - 1:30-4:30 p.m. - 886-8374; St. James Episcopal Church - 5-8 p.m. - 886-8046.

Wednesday: McDowell Elem. - 8-11:30 a.m. - 377-2678; Wayland Comm. Ctr. - 8 a.m. to 4:30 p.m. - 358-3400.

Thursday: Betsy Layne High School - 8-11:30 a.m. - 478-3389; Auxier Lifetime Learning Ctr. - 8 a.m. to 4:30 p.m. - 886-0709; Martin Adult Ed. Ctr. - 8 a.m. to 12 p.m. - 285-5111; Wheelwright Comm. Ctr. - 12:30-4:30 p.m. - 452-2500; PCC (Room J148) - 1:30-4:30 p.m. - 886-8374; St. James Episcopal Church - 5-8 p.m. - 886-8046.

*All classes and materials free of charge. Feel free to contact any of the above numbers or the David School at 886-8374 for further information.

Critter

Continued from p6

enzymes are very strong—they actually start to break down and dissolve food as it starts its passage down the gut. The inside of the intestine is built to handle these industrial-strength enzymes, so it is not harmed by them. When the pancreas becomes inflamed, however, it can secrete much higher amounts of enzymes than usual. These enzymes build up and the pancreas can actually start to digest itself. With all of this going on, the pancreas can become "leaky". The abdominal cavity is not built to withstand these strong chemicals, so the entire area around the pan-

creas can become inflamed as well.

Small dogs are the most common pancreatitis patients (although I recently saw a case in a Chow—that Leap Year thing again). One of my textbooks says that Miniature Poodles, Miniature Schnauzers and Cocker Spaniels are genetically predisposed. We see a lot in other small breeds as well, and I don't know if those are genetic or if the small dogs are the ones most often fed rich table foods. Cats can also be affected, although I can't really recall seeing a case in a cat. Give me a week or two, having

said that.

Pancreatitis can be acute or chronic, mildly unpleasant or life threatening. I am focusing on the acute type here, because that is what the average pet owner needs to be able to recognize, and because it can sometimes be prevented.

Most pancreatitis cases present as a small-breed dog with sudden onset vomiting and/or diarrhea. The diarrhea may or may not be bloody. In most cases, after questioning, the owner can recall the dog eating something different from its regular diet within the last few days. Since it usually takes a

little while for the pancreas to get really inflamed, most owners have not made the connection between the suspect food item and the illness. Usually the offending food is something with a high fat content, like ham or poultry with the skin on. One recent case appeared to involve deer jerky and there was one poodle several years ago who could be set off by a change in the flavor variety of her regular canned food. Sometimes there doesn't appear to be any dietary trigger.

Many of these little dogs react painfully to touch, especially (surprise, surprise) in the front part of the abdomen. Frequently owners mention they were bitten when they tried to pick up their pet. They often

have a fever and can quickly become dehydrated.

Sometimes elevated pancreatic enzymes will show up in the blood work of a sick dog, but not always. Pancreatitis can be one of those "seat of the pants" diagnoses based on the history, signs and type of patient.

Treatment typically consists of holding the dog off everything by mouth for at least 24 hours, depending on the severity of the case. At any rate, we want the digestive system to rest until the vomiting and diarrhea are under control. Fluids are given, either intravenously or injected under the skin, to maintain hydration. Nausea medications, antibiotics, and pain medications if needed, are

also given, initially by injection.

As the dog's condition improves, oral intake of fluid, nutrition and medication is slowly re-introduced. Ice cubes and popsicles are gradually followed by small amounts of clear liquids and finally bland foods. Eventually most dogs can return to their normal diets, minus the rich table food extras.

In most cases, the patients recover fairly quickly, but a few become very ill, and the condition is occasionally fatal. If your pet starts to exhibit any of these signs (and even if Uncle Joe swears he didn't share his ham sandwich with Fluffy), you definitely need to have it checked out before it becomes serious.

Yesterdays

Continued from p7

Prestonsburg attorney, Monday, at Lexington; Levi Strickland, 103 years old, eastern Kentucky's oldest resident, Saturday, at Prestonsburg General Hospital, after a brief illness; Mrs. Douglas Hopson May, 47, formerly of Prestonsburg, Tuesday, at Lexington; Hargis Hayes, 60, of Hunter, Friday, at McDowell; Lonnie Hall, 65, Thursday, at his home at Honaker; Mrs. Rachel Mullins, 76, of Price, Friday, at McDowell; Andrew J. Carroll, 78, formerly of Amba, Sunday, at Sandusky, Ohio.

Fifty Years Ago

(March 4, 1954)

Heavy snow, Sunday night, snapped power and telephone lines in this and surrounding counties. The snowfall ranged from six to ten inches...The fiscal court, Tuesday, named Greenville R. Spradlin county welfare director, and Ex-Magistrate Glenn C. Burchett, his assistant. They will handle the distribution of surplus commodity floodstuffs which are due to begin arriving here within a week for the aid of the needy...Robert Frazier, of Bonanza, was severely wounded by a knife thrust, Saturday night...Samuel S. Porter, of Lexington, formerly of this county, took the oath of office of U.S. Marshall, Monday. He succeeds J. M. Moore, of Pikeville, who retired...The Mayo Trail home of Mr. and Mrs. D. C. Herndon, near here, was damaged by fire, the night of February 18...Born: to Mr. and Mrs. Joe Burke, of Prestonsburg, a daughter, Vickie Lee, February 20, at Martin...There died: Woody Osborne, 42, of Martin, Monday, of tetanus; Mrs. Mary Akers, 85, Sunday, at Grethel; Sarah Thacker, 82, of Alphoretta, last Thursday, at a Lexington hospital.

Sixty Years Ago

(March 2, 1944)

Almost 500 men are scheduled to leave here, next week, for preinduction examination at Huntington, West Virginia...First soldier at Ft. McClellan, Ala., to receive the severance pay authorized by Congress, was 16-year-old Arthur Miller, of Garrett. He served nine weeks in the Army, before his actual age was learned...Pvt. Lundy L. Turner, of Garrett, is reported to have been slightly wounded...Duran Hamilton, 24, of Teaberry, was shot and killed last week at Rising Sun, Maryland...Frank Howell, 30, of Dony, was seriously wounded, last Monday, by a revolver shot...The Inland

Steel Company, at Wheelwright, has announced it will match, dollar for dollar, contributions made by its employees to the Red Cross...Pvt. Frederick R. Cottrell, of Prestonsburg, has been awarded the Silver Star for gallantry in action on the Italian front, where, though wounded himself, he went to the aid of three members of his platoon who had been wounded...There died: Joseph Jarrell, 57, veteran, Floyd teacher, Saturday, at his home, here; Bill Burchett, 55, of Johns Creek, Friday, at a Martin hospital, of injuries, suffered when crushed beneath the wheels of a truck; Lloyd Allen, 19, of Lancer, last Thursday, at a Paintsville hospital; Mrs. Sallie Bailey, 51, at her home, here, last Thursday; Mrs. N. J. Brown, of Honaker, February 18, at a Huntington hospital; Troy Conley, 42, Monday, at Wheelwright; Mrs. Susan Martin Turner, 89, at Wayland, February 22; Russell Thacker, 41, last Wednesday, at Manton; Buddy Triplett, of Hollybush, Knott County, at a Lackey hospital, February 21.

Seventy Years Ago

(March 2, 1934)

Recruiting of a new army of reforestation workers is expected to begin soon, with possibility 300 to be enlisted from Floyd County...Ownership of a cat provided a court trial here, Tuesday, which was the outstanding courthouse news of the week...Ex-Jailer W. A. Dingus has purchased an interest in the Home Bottling Company here, and will be associated with Dan Patierno in operation of the business...Hays Vance, who escaped last fall from jail here where he was held on a slaying charge, was arrested last week in Perry County...A Hungarian miner, named Ricky, was shot and killed Sunday, on Left Beaver Creek...Married: Miss Esther Bollins and Mr. Marshall Bradford, both of Wheelwright, February 26, at Pikeville...Born: to Mr. and Mrs. W. A. Salisbury, of Printer, February 26, a daughter, Elizabeth Ann...There died: Robert Ousley, about 80, Saturday, at home on the Spurlock Fork of Middle Creek; Mrs. Lydia Martin, 34, of Prestonsburg, Tuesday, at a Huntington hospital; Mrs. Kitty Cecil Hunt, 92, February 22; Hazel Jarvis, 17, of Endicott, Saturday, at a Martin hospital; Samuel J. Click, 67, Sunday, at Banner, and his brother, Joseph, 73, the following morning, at his home on Prater Creek; William R. Francis, 83, at Heisey, Pike County; Lorena Honeycutt, 14, of Garrett, at a Pikeville hospital, Monday of last week.



photo by Scoop Magazine

Lakita Lykins, right, with Gary Oliver, trainer, and Miss KY Walking Horse 2003.

Lykins named Juvenile of the Year by Horse Association

Lakita Faith Lykins was named Juvenile of the Year for 2003 at the Kentucky Walking & Racking Horse Trainers Association Awards Meeting & Banquet, held Friday, December 19, 2003, at the Springs Inn, in Lexington. Lakita received the first place high point award for the 12-17 Juvenile Walking Horse on Delightful George.

The Kentucky Walking Horse Association Annual Awards Banquet was held on Friday, January 16, 2004 at the Embassy Suites, in Lexington. Lakita received the first place high point award for the 12-17 Juvenile Walking Horse on

Delightful George. She received the second place high point award for Walking Seat Equitation.

The Eastern Kentucky Walking and Racking Association Awards Banquet was held on Saturday, January 24, 2004, at the Jenny Wiley Convention Center, in Prestonsburg. Lakita received the second place high point award in Juvenile Country Pleasure on Spotlight's Bluegrass Lady. She received the second place high point award in 17 & Under Walking Horse on Delightful George. She received the third place high point award in 17 & Under

Walking Horse on Finale's Little Mud, owned by Denzil and Janice Allen. Lakita also received the special award of Juvenile of the Year - 2003, due to highest number of total points.

Lakita is the owner of Delightful George and Spotlight's Bluegrass Lady - currently boarded by Lakita Lykins at East Point. The horses are trained by Gary Oliver, of Lancaster. Lakita is 16 years old and lives with her mother, Chicita, and step-father Bill Callihan, in Auxier. She attends the Piarist High School where she is a junior and maintains a 4.0 GPA.

American Heart Association logo with tagline "Fighting Heart Disease and Stroke". Below the logo is the website address www.americanheart.org and the PSA logo.

Diabetes is on the rise in Kentucky: Blacks especially vulnerable

FRANKFORT - The Kentucky Diabetes Prevention and Control Program has joined with the National Diabetes Education Program (NDEP) to urge the 18.2 million people with diabetes nationwide to manage their blood pressure and cholesterol, along with blood glucose often called blood sugar.

This approach helps prevent heart attack and stroke - the leading killers of people with diabetes.

In recognition of February as American Heart Month, these two groups are joining forces to inform people with diabetes that good diabetes management is more than

lowering blood glucose. Managing blood pressure and cholesterol is also crucial. New studies show a strong link between diabetes and heart disease and the vast majority of people with diabetes don't know about their very high risk of cardiovascular disease.

In addition, February is also Black History Month, which makes it an opportune time to point out that while diabetes is on the rise for all Americans, the statistics for blacks are especially sobering. So, this month is a particularly good time to sound the alarm about this disease and its deadly complications -

heart attacks, strokes, kidney failure, amputations, blindness - that continue to threaten the lives and well-being of all Americans, specifically blacks.

Nearly 12 percent or 2.7 million black Americans 20 years and older have diabetes and the rate in this community alone has quadrupled in the last 30 years. Approximately 10 percent of Kentucky's total population and 13.2 percent of black Kentuckians have diabetes, but about one third of them don't know it.

However, The Kentucky Diabetes Prevention and Control Program, the National Diabetes Education Program,

and other partners say there is good news all around. "Diabetes is reaching endemic proportions, but it can be prevented and controlled in people at high risk for the disease by losing a small amount of weight through regular physical activity and healthy eating," said Dr. Rice Leach, Kentucky's Commissioner for Public Health. "If you already have diabetes, you can still live a long and healthy life with the disease and reduce your risk of serious complications by keeping your blood glucose, blood pressure, and cholesterol within the recommended target ranges and following your doctor's treatment plan. Common sense living and good medical care will do the job for you."

Prevention is Possible!

You may be at risk for diabetes if you are overweight or have a family history of diabetes. Blacks are particularly susceptible to this disease.

For instance, the Diabetes Prevention Program Clinical Trials, which had nearly 700 black participants, proved that moderate weight loss - 5 to 7

percent of your body weight - by exercising regularly and eating fewer calories actually prevented the onset of diabetes by more than 58 percent.

For a 200-pound person, that means losing just 10 to 15 pounds. Most of the trial participants selected walking 30 minutes a day, five times a week as their form of exercise. By taking these small steps, you can gain a big reward - a longer, healthier life without diabetes and its host of complications. The same is true for all races and ages.

Control it for Life!

If you have been diagnosed with diabetes, you need to know that you have a very high risk for heart disease and stroke. Most Americans don't know that heart attacks and strokes are the number one killers of people with diabetes and 65 percent of people with diabetes die from heart disease and stroke, and they often die younger. By lowering your blood glucose, blood pressure and cholesterol even modestly, you can help cut the risk of heart attack and stroke dramatically.

This approach is called "Control the ABCs of Diabetes." The ABCs are easy to remember:

■ A stands for the A1C test that measures average blood glucose over the previous three months. Target A1C goal: below 7. Get it checked at least twice a year.

■ B is for blood pressure. Target blood pressure goal: below 130/80. Check at every doctor's visit.

■ C is for cholesterol. Target LDL goal: below 100. Get it checked at least once a year.

"People with diabetes should always ask their health care team three things. What are my A1C, blood pressure, and cholesterol numbers? What are my treatment goals? And, what do I need to do to reach and maintain my goals?" says Leach.

For more information about Control the ABCs of Diabetes or Small Steps, Big Rewards, Prevent type 2 Diabetes campaigns. Call the National Diabetes Education Program at 1-800-438-5383 or visit www.ndep.nih.gov

Oak

and one Mr. Abram Enloe, a tall, angular western North Carolina livestock dealer, in whose home she worked. Their theory is that Nancy

Hanks was banished from the house by Mrs. Enloe and moved to another county in North Carolina where she gave birth to a boy, named

him Abraham, then married a man named Tom Lincoln, and moved to Kentucky.

But I digress. Back to the original idea of celebrating his 200th, maybe somebody could sponsor a contest and have grade-school kids write poems about him, or something.

Now, let's see, what rhymes with Lincoln?

And speaking of poetry, in his book *Laugh Again*, Charles R. Swindoll tells of a lady who, starting at age 32, reared 12 children.

She said she wasn't married until she was 31, but didn't worry about it because she left her future in God's hands. She did confess, however, that every night, she hung a pair of men's pants on her bed and knelt to pray this prayer:

"Father in heaven, hear my prayer,
And grant it if you can;
I've hung a pair of trousers here,
Please fill them with a man."

And still speaking of poetry, perhaps it's because I'm an old retired school teacher (what Dwight Burchett likes to call an "old fossil"), and fought the battle of the gum chewers and bubble poppers for so many years, that a friend of mine once passed along a little poem that she'd clipped from a newspaper. I thought I'd share it with you and dedicate it to all the other old fossils out there.

"The gum-chewing student
And cud-chewing cow,
Look quite alike
But they're different somehow.

And what is the difference?
I see it all now.
It's the intelligent look
On the face of the cow."

Continued from B6

Continued from B6

Births



It's a Boy!

Braxton Chase Castle was born on December 22, 2003 to proud parents Brian and Lisa Castle, of Langley. He weighed 8 lbs., 1 oz. and was 21 inches long. He has two older sisters that are thrilled with his arrival home.

Korner

Grabbing the camera I took some pictures for the paper, and thought, okay I can do this. I am a brave soul. Then came the main course. The rib-eye was so tender a knife was not needed in the least. The rattlesnake looked like strips of chicken. I picked it up and didn't faint, so I took a deep breath and sunk the ol' choppers in! "Take that," I said silently to that ol' rattlesnake, "now who's bite'in who, huh?"

As I began to chew it tasted just like fried chicken to me. "Why, I can handle this," I thought. Others that were dining seemed to agree that the snake tasted like chicken as well. One lady said it reminded her of turtle. Another delicacy I haven't tried - yet anyway.

The restaurant was packed with diner's exchanging their descriptions, and even a couple who seemed to think those of us braving the rattlesnake was out of our minds.

One gentleman asked, "Is this Kentucky Rattlesnake?"

"No, not Kentucky," Becky replied. "This rattlesnake came from a farm in Texas. We can order kangaroo, mountain oysters, and all kinds of different things," she said.



Area businessman, Floyd Skeans, and wife, Edith, enjoyed the Diner's Valentine special and said that the deep-fried rattlesnake was "spicy" and "very, very good."

Then she asked if we were ready for our desert, a "Kool Dog."

"What is that?", I asked. "Just trust me," she said.

I have to admit I was beginning to get a little weary. Then here she comes carrying the cutest little desert I've ever seen.

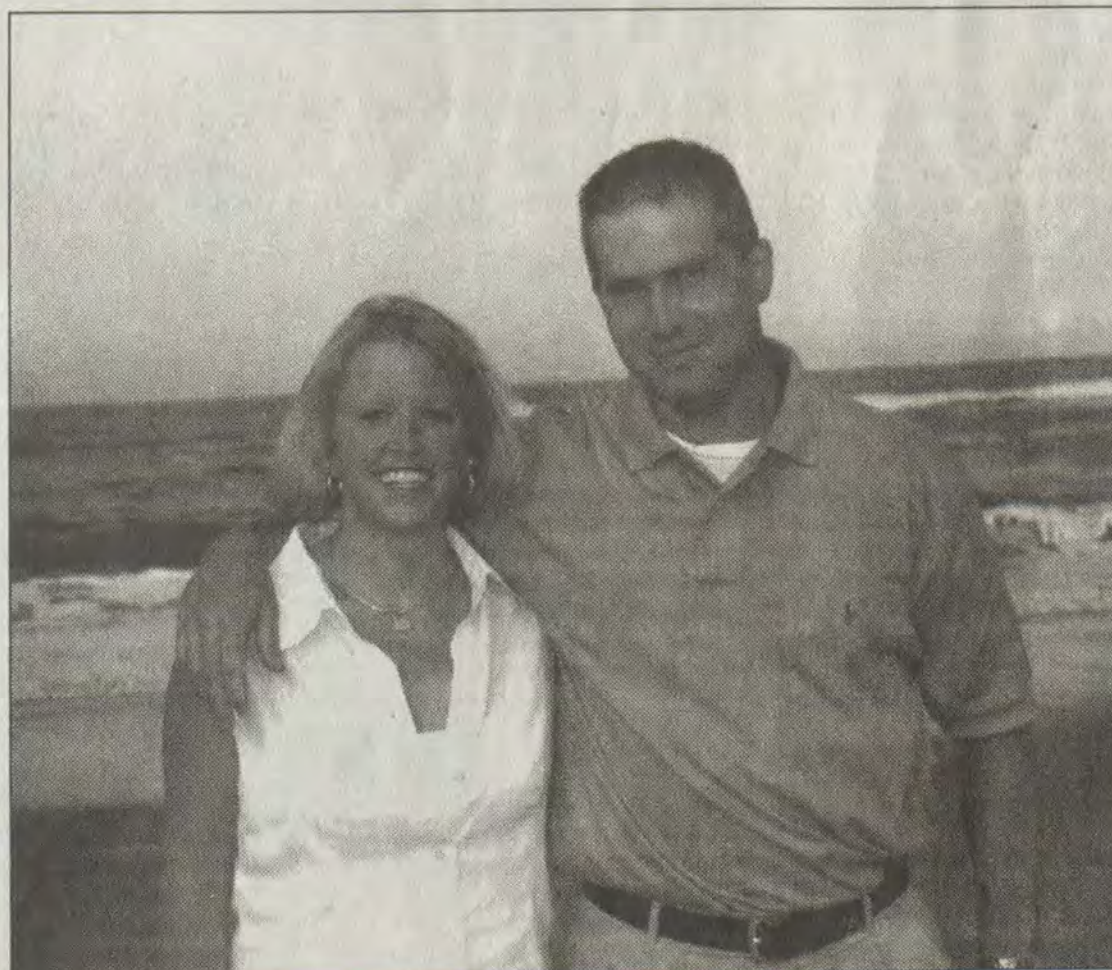
In a little box labeled "Kool Dog" sat two Twinkies with an

ice cream center, and strawberry and chocolate toppings, with whipped cream on top! And it was really good, too!

Yes, this will be one Valentines dinner that will be remembered for years to come.

Ribeye & rattlesnake!
Thanks, Becky, & Everyone at Red Light Diner!

Weddings



Adams-Bentley

Mr. and Mrs. Russell Bentley are proud to announce the engagement of their son, Jarrod, to Robyn Lynn Adams, the daughter of Mr. and Mrs. Rocky Adams, of Paris. Jarrod is a 1996 graduate of Knott Central High School, in Hindman. He is a 2000 graduate of Morehead State University from which he holds a bachelor of arts degree, and a 2003 graduate of Salmon P. Chase College of Law. He is an attorney at Bobby Rowe Law Offices, in Prestonsburg. Robyn is a 1996 graduate of Bourbon County High School, in Paris. She is a 2000 graduate of Morehead State University. She holds a bachelor's degree in business administration. She is currently an assistant manager at CVC Pharmacy, in Frankfort. The couple will wed in a ceremony that will be held on Saturday, February 28, 2004, at 4:30 p.m., at the Russell Cave Road Baptist Church, in Lexington. The gracious custom of an open church wedding will be observed.



Crider-Back

Mr. and Mrs. Dwight and Karen Crider, of Prestonsburg, are pleased to announce the engagement and forthcoming marriage of their daughter, Miss Elizabeth Ann Crider, to Mr. Tony Back. Tony is the son of Mr. and Mrs. Willie and Hazel Back, of Whitesburg. The couple will be joined in matrimony in a ceremony that will take place on Saturday, March 6, 2004, at three o'clock in the afternoon, at the Auxier Freewill Baptist Church, in Auxier. The gracious custom of an open church wedding will be observed.

Business/Professions

Highlands Cancer program receives approval with commendation by Commission on Cancer

Highlands Regional Medical Center's Cancer Program has been granted approval with commendation by the Commission on Cancer of the American College of Surgeons. Only one in four hospitals nationwide that treat cancer receive this special approval. The approval is granted after an intense on-site survey by the American College of Surgeons.

Highlands was the first hospital in eastern Kentucky to have their cancer program approved by the American College of Surgeons Commission on Cancer. Highlands' first survey was December 7, 1990 and approval was received April 29, 1991. Highlands Cancer Program has consistently earned approval status for twelve consecutive years.

The Approvals Program was established by the American

College of Surgeons in 1932 and sets standards for cancer programs and reviews programs to make sure they conform to those standards. Recognizing that cancer is a complex group of diseases, the program promotes consultation among surgeons, medical oncologists, radiation oncologists, diagnostic radiologists, pathologists, and other cancer specialists. This multidisciplinary cooperation results in improved patient care.

Receiving care at a Commission on Cancer approved cancer program ensures that a patient will have access to:

Quality care close to home.

- Comprehensive care offering a range of state-of-the-art services and equipment.

- A multispecialty, team approach to coordinate the best

treatment options available to cancer patients.

- Information about cancer clinical trials, education, and support.

- Lifelong patient follow-up through a cancer registry that collects data on type and stage of cancers and treatment results.

- Ongoing monitoring and improvement of care.

Approval by the Commission on Cancer is given only to those facilities that have voluntarily committed to provide the best in diagnosis and treatment of cancer and to undergo a rigorous evaluation process and review of its performance. In order to maintain approval, facilities must undergo an on-site review every three years.

Highlands' Cancer Program, in addition to being granted approval, received high commen-

datation in the area of physician case review. Highlands' physicians involved with the diagnosis and treatment of cancer hold regularly scheduled meetings to perform quality reviews of cancer cases seen at Highlands. This collaboration and coordination of care assures patients a high level of cancer care. Dr. Brian Hornback, pathologist and Chairman of Highlands' Cancer Program stated, "The cancer committee is pleased with the results of the recent survey by the American College of Surgeons' Commission on Cancer. The fact that the program has been re-approved speaks to the commitment to quality by all members of the cancer team, including physicians and support staff. The commission on cancer mandates strict standards, including a multidisciplinary "team" approach to the

cancer patient, which is one of the strengths of the cancer program at Highlands. The addition of the Highlands cancer center last year further assures that local cancer patients receive state-of-the-art care."

William Dunlop, MD, general surgeon at Highlands is the Cancer Program's Liaison to the Commission on Cancer. His role is to support cancer-control initiatives, promote cancer education, and cancer program activities locally. Dr. Dunlop has performed numerous cancer surgeries throughout his distinguished career and commented about the cancer program's approval by the Commission on Cancer stating, "With the addition of the new radiotherapy unit in the cancer center, HRMC can now offer the same quality of care as larger centers for the commonest types of cancer including breast and colorectal. The multidisciplinary approach as previously noted is key. The surrounding community is well served in this regard."

Highlands Regional Medical Center and Highlands Cancer Center now offer cancer patients a level of care never before available in eastern Kentucky featuring some of the most comprehensive services available anywhere in the country for the diagnosis and treatment of cancer. These services include sentinel node biopsy for breast cancer, radiation seed therapy for prostate cancer, IMRT radiation oncology (the latest scientific technology in radiation therapy available anywhere in the country), LoRad IV mammography, Axis Dual Head Gamma Camera for nuclear med-

icine scans, a Spiral PQ 6000 CT Scanner, a 1.5 Tesla MRI Unit, the latest in chemotherapy modalities, new laparoscopic minimally invasive surgical procedures and other new offerings for the diagnosis and treatment of cancer.

The overall focus of the Commission on Cancer of the American College of Surgeons and Highlands Regional Medical Center's Cancer Program is to improve care for cancer patients.

Kentucky crafted: The market 2004, we got it made in Kentucky!

The Kentucky Craft Marketing Program (KCMP) staff is busy making sure that shoppers will "Get it made in Kentucky" at Kentucky Crafted: The Market, 2004. Now in its 23rd year, this award-winning annual Kentucky handcrafted gift market will open its doors to the general public on February 28 and 29 at the Kentucky Fair and Expo Center, South Wing A, Louisville. For the ninth year, the Southeast Tourism Society has selected the Market as one of the top twenty events in the southeast. Last year's Market saw crowds of 11,000 plus.

The Market contributes to Kentucky's 252 million dollars in annual craft sales and the additional 147 million dollars in economic impact that is derived from out-of-state sales. "The Market is a collaborative effort among several state agencies and cabinets, which promote Kentucky's rich cultural heritage while supporting the state's economy and generates 2 to 3 million dollars in direct sales, annually," said Fran Redmon, Kentucky Craft Marketing Program Director.

Nearly 300 exhibitors are expected to participate in the 2004 Market. Joining The Market for the first time will be 57 new exhibitors, including three in the food section, 29 juried craft participants, 17 out-of-state guest exhibitors, two publishers, four visual artists, one Kentucky organization, and one Kentucky Wood Products Competitiveness Corporation exhibitor. The gallery section, featuring 48 exhibitors, is

back for the second year and is comprised of crafts and visual arts that are one-of-a-kind and limited-production items ideal for museums, collectors, and commissions.

Again, this year's Market slogan, "We Got It Made In Kentucky," reflects the breadth of quality artisan products available from the state and KCMF's newest and most innovative program initiative, which works directly with artisans to develop specialized products for the marketplace.

The Product Showcase area, "The Nature of Kentucky," will feature products related to the garden. "This is the second year the Market area will focus on the garden because of the continuing trend among consumers who purchase these items for their home," says Nancy Atcher, Product Development Coordinator.

The Kentucky Cultural Stage will feature performing artists from the 2004 - 2005 Kentucky Arts Council's Performing Arts Directory, which now includes the Kentucky Folklife Program's Roster of Traditional Music. A diverse sampling of celtic, bluegrass, jazz, folk, soul, and even Andean flute music sets the stage for Saturday, February 28, and Sunday, February 29. On Saturday morning food demonstrations from Kentucky Proud exhibitors take the stage, and the Governor's School for the Arts (GSA) will be represented in performance by alumnus, Ochion Jewell Quartet. GSA provides hands-on arts opportunities for the state's talented

high school students who are dancers, actors, instrumental and vocal musicians, creative writers, future architects and visual artists. Traditional storytelling will be included in the entertainment line up for Sunday afternoon.

Young visitors can experience the excitement of the hands-on educational art and craft area, and work with professional artists. The Kentucky Museum of Arts + Design will conduct a fiber workshop. The Commission on the Deaf and Hard of Hearing will share crafts and sign language. The Kentucky Historical Society will be celebrating Women's History Month by creating paper quilt squares. The Little Loom House joins The Market this year and continues to share the life's work of Lou Tate in teaching the joys of hand weaving to all ages. This popular hands-on children's educational area will offer activities on Saturday, February 28, 10:00 a.m. - 5:00 p.m. and Sunday, February 29, 10:00 - 4:00 p.m.

On Saturday and Sunday the Kentucky Folklife Program will present some of the very best artists working in community-based craft today in a special demonstration area new to The Market. For generations, the basketmaking traditions of South Central Kentucky have remained a source of regional pride and

sustainability for many area families. This area will feature members of the newly formed Mammoth Cave Basketmakers Guild who will demonstrate their construction techniques using regional materials and locally-learned skills.

This year's University of Louisville basketball schedule is official, and Market goers are urged to come early on Saturday by 11:00 a.m., or after 1:30 p.m. due to a 1 p.m. game scheduled in Freedom Hall. If you do plan to arrive around the noon hour, Gates 2 and 4 (off Crittenden Drive), or Gate 6 (off Preston Highway) will provide the easiest entry. The Kentucky Fair and Expo Center (KFEC) is making an extra effort to ease traffic and congestion associated with parking and gaining access during the Market. Some parking lots are being redesigned to accommodate more space, additional shuttles with clearly signed pickup locations are being added, and visitors will receive a site map at the gate entrances. Additional directional signage will be posted throughout the facilities to assist visitors in locating their specific events.

Be sure to view the official Market program that will be published by award winning magazine, Arts Across Kentucky (spring 2004 edition), and available online at www.kycraft.ky.gov

Treasurer Miller highlights 'Consumer Protection' in Kentucky

FRANKFORT- As the state's chief elected financial officer, Kentucky State Treasurer Jonathan Miller is highlighting Feb. 1-7 as National Consumer Protection Week and Feb. 8-14 as Kentucky Consumer Protection Week to advocate consumer protection and education efforts around the state.

"The subject of this year's campaign is financial literacy which has been a top priority of mine throughout my years of public service," Miller said. "We need to ensure that Kentuckians, young through our senior citizens, have the financial literacy they need to thrive in today's economy."

"The fact that the national and state consumer campaigns stretch over two weeks is an advantage because it gives me more time to highlight the financial literacy programs we have in Kentucky," he said.

Miller is working with the Kentucky Better Business Bureau on consumer protection topics like predatory lending, reverse mortgages, identity theft, deceptive credit card companies and internet scams.

The overall consumer campaign/financial literacy theme coincides with Miller's second-term initiative - Enriching Kentucky

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JOYCE ALLEN886-2523	SHARON CRAFT886-0571
VICKI RICE522-4126	JENNIE JUSTICE285-0716
GARY FRAZIER886-1878	ZACK BENTLEY785-3401
PATRICK MORRIS358-2781	DEBBIE ALLEN437-7733

REQUIRED

LANGLEY—Older home ready to move into. Nice, flat lot for gardening, etc., new back porch, partial basement. \$45,000. S-10839

JUST OFF U.S. 23 on Abbott Mtn. Rd. Sitting pretty in the woods is this 4-bedroom, 2-bath A-frame with approx. 2100 sq. ft. of living area. Fenced yard, all appliances, including washer & dryer. \$98,900. C-10967

LOCATION! LOCATION! LOCATION! Located in town on prestigious Mays Branch! This 4-bedroom, 2.5-bath home is looking for you. Large rooms, lots of sq. ft., fireplace, plus lots more. \$186,000. W-10953

PRESTONSBURG—Lots of home for the money! 5 bedrooms, 3 baths, family room with fireplace, large front porch, back deck, and fenced yard. Lots to offer. Budget priced at \$79,900. S-10937

LOTS AND LAND

SIZEMORE RD.—23± acres on both sides of the road. \$15,000. O-11143

5± ACRES LEVEL LOT. Commercial or residential, on Rt. 122. \$90,000. C-11144

1± ACRE LOT ON RT. 122 AT DRIFT—\$25,000. O-11145

DRIFT—Nice lot for house or trailer. \$22,500. O-11146

WESTFALL REALTY
60 Westfall Drive P.O. Box 148—Ivel, Ky. 41642
Thomas L. Westfall, Broker/Owner • Berniece Westfall, Realtor
Phone (606) 478-9425

MARTIN—67 Brawley St.—Tired of paying rent? Invest in this nice 2-bdrm., 1-bath. Situated on a nice lot. Call today!

TOWN BR. RD.—Excellent location, convenient to US 23 and Prestonsburg. 3 BR, 1-1/2-bath. lot. Brand new roof. Located Well maintained. Must see to appreciate. (11054)

4-bedroom, 1 bath, approx. 1190 sq. ft., PLUS, additional lot. Brand new roof. Located off US 23, close to Betsy Layne Elem. School. (108976)

LOTS AND LAND FOR SALE

PIKEVILLE—Quail Ridge 0.60 acre. \$25,000 • **REDUCED**—2 lots on Daniels Creek, \$10,000 ea. Building Lots—Frasure's Creek, 100' x 100', \$9,900 • Mud Creek Acreage Reduced

FOR SALE

NEW CONSTRUCTION IN PRESTONSBURG
3-bedroom, 2-bath, 1157 square feet. \$85,000.
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Trent Nairn.....886-0119

Lynette Fitzer.....886-0095

Sheila Crockett...886-0740

Cheryl Pack.....297-1395

Jerry Castle.....789-5500

Donna J. Mullins...297-7187

NEW LISTING

ALLEN—Lovely 4-bedroom, 2.5-bath brick home in excellent location. 2-car attached garage, and more! Call Trent Nairn for all details! (11096)

NEW LISTING

LAKEVIEW VILLAGE—HOME WITH A VIEW! 4 bedrooms, 2 baths, wrap-around decks, overlooking the lake. Call Jerry Castle. (11140)

PRESTONSBURG—Nice older home. New carpet throughout. Home has 3-4 bedrooms and a 4-car garage. For more information, call Donna Mullins. (11068)

PRESTONSBURG—NEVER A RENT INCREASE, because you can own this 2-bedroom, 1-bath home. This home offers central h/a. "MOVE-IN CONDITION." Call Lynette Fitzer. (8382)

The Floyd County Times Classifieds

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 Sunday, Wednesday, Friday, only \$12.00
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 Classified Manager: Pauline Branham, ext. #19

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- Wednesday Paper, Noon Mon.
- Friday Paper and Shopper, Wed. 5 p.m.
- Sunday Paper, Thurs. 5 p.m.

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 24 HOURS

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- 110 - Agriculture
- 115 - ATV's
- 120 - Boats
- 130 - Cars
- 140 - 4x4's
- 150 - Miscellaneous
- 160 - Motorcycles
- 170 - Parts
- 175 - SUV's
- 180 - Trucks
- 190 - Vans

200 - EMPLOYMENT

- 210 - Job Listings
- 220 - Help Wanted
- 230 - Information
- 250 - Miscellaneous
- 260 - Part Time
- 270 - Sales
- 280 - Services
- 290 - Work Wanted

- Opportunity
- 330 - For Sale
- 350 - Miscellaneous
- 360 - Money To Lend
- 380 - Services

400 - MERCHANDISE

- 410 - Animals
- 420 - Appliances
- 440 - Electronics
- 445 - Furniture
- 450 - Lawn & Garden

- 460 - Yard Sale
- 470 - Health & Beauty
- 475 - Household
- 480 - Miscellaneous
- 490 - Recreation
- 495 - Wanted To Buy

500 - REAL ESTATE

- 505 - Business
- 510 - Commercial Property

- 530 - Homes
- 550 - Land/Lots
- 570 - Mobile Homes
- 580 - Miscellaneous
- 590 - Sale or Lease

600 - RENTALS

- 610 - Apartments
- 620 - Storage/Office Space
- 630 - Houses

- 640 - Land/Lots
- 650 - Mobile Homes
- 660 - Miscellaneous
- 670 - Commercial Property
- 680 - Wanted To Rent

700 - SERVICES

- 705 - Construction
- 710 - Educational
- 713 - Child Care

- 715 - Electrician
- 720 - Health & Beauty
- 730 - Lawn & Garden
- 735 - Legal
- 740 - Masonry
- 745 - Miscellaneous
- 750 - Mobile Home Movers
- 755 - Office
- 760 - Plumbing
- 765 - Professionals
- 770 - Repair/Service

- 780 - Timber
- 790 - Travel

800 - NOTICES

- 805 - Announcements
- 810 - Auctions
- 815 - Lost & Found
- 830 - Miscellaneous
- 850 - Personals
- 870 - Services
- 890 - Legals

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

130-Cars

2000 Toyota Avalon XLS excellent condition average miles 1 owner Beige call 606-791-1703

1989 Chevy Caprice Station Wagon in perfect condition with towing hitch is perfect for towing asking 950.00 call 874-1247

FOR SALE 4 CYLINDER RACE CAR raced last year Call for more information, 606-358-3458 After 6:pm

\$500! POLICE IMPOUNDS! CARS/ TRUCKS/ SUVs FROM \$500! HONDA / CHEVY'S/ JEEPS. FOR LISTINGS 800-319-3323 X2156

1992 CHEVY CORSI-CA for sale. If interested call 889-0872 or 226-0062.

For Sale 1997 Chevy Cavalier automatic, A/C, P.S. ABS new tires White exterior Tan interior nice car 2,500 OBO call 606-452-4983

160-Motorcycles

GS X 600F Katana never wrecked custom body work new tires Brakes, chain sprockets to many extras to name 3,200 call 606-358-2322 or 606-422-6051

1998 YAMAHA YZ80 New tires, pro-circuit pipe. \$1600. Call 452-9599 for more info.

FOR SALE: 1996 Ultra Classic, low mileage \$13,500 black / green motorcycle with lots of accessories. serious inquires call at 886-2030.

170-Parts

1995 Chevy Corsica selling for parts body in real good shape asking 300.00 call 886-8153

For Sale Tool Box for a full sized truck. Made from fiberglass rust proof. Two sides, with sliding shelves, and antenna ball came off Chevrolet CK1500 \$95 OBO 886-8897

180-Trucks

1975 Ford F350 flat bed long wheel base in excellent condition call after 5 pm 478-8403

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EMPLOYMENT

When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

Executive secretary needed for local engineering firm. Responsibilities include answering telephone, Professional services billing using Quick books Pro software executing pay roll using Quick books software, paying bills ect. Must be proficient with Microsoft Word and Excel software packages. Business hours 8:00 to 4:00 Monday thur Friday Salary and benefits packages commensurate with experience. Contact 886-8889 for further information, And to set up a interview.

Man Power is seeking applicants for a ware house position in Pike County area. CDL and ware house experience is necessary. If interest please call 606-889-9710 to make an appointment

The Housing Authority of Martin is now accepting applications for Town Center Plaza which houses low and very low income, Elderly and Disable Individuals All utilities are included and the individuals pays rent based up on their gross monthly income, Utilities included electric, heating, air conditioning, water, sewer and garbage. The housing authority of Martin has a Ceiling Rent of \$345.00 per household. The site also houses Martin area seniors citizens, which provide services to our elderly such as meals, transportation services, recreation and numerous other elderly services. Please apply between 1 and 4 pm Mon. Tuesday, Thur., and Friday at the office located at Grigsby Heights on Route. 80 in Martin Ky. You may call 606-285-3681 for more information. The housing authority of Martin does not discriminate in admission or employment in subsidized housing on account of race, color religion, sex, national, origin, age, familial status or disability.

MYSTERY SHOPPERS NEEDED! Earn While You Shop! Call Now Toll Free 1-800-467-4422 Ext. 13134

Dental Assistant needed experience preferred but not required. Send resumes to Office Manager p o box 1024 Prestonsburg, Ky. 41653

The City of Martin is hiring a part time Dispatcher \$5.15 per hour. Pervious experience required you may apply at City Hall at Martin Monday - Friday 8 to 4 pm, Dead line for accepting applications is February 13 2004. The City of Martin is equal opportunity employer

205-Business Opport.

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 This is not a fast food environment and these are not minimum wage jobs. If you are experienced in preparing real food, not fast food, and would like to be a part of a new food experience, contact us immediately.
 Please send letter explaining experience and references, and pay history to Reference #440, P.O. Box 390, Prestonsburg, Ky. 41653

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 Enterprise Mining Company, LLC, will be accepting applications for Underground Electricians. Requirements are: Applicants must have at least one (1) year of recent mining experience, (one year within the last three years), and must meet current electrical certification requirements. Welding skills, foreman, MET certifications are a plus. Interested and qualified individuals may apply at the EMPLOYMENT SERVICE OFFICE in Whitesburg, Ky. Applications will be taken until February 20, 2004. We offer a very competitive compensation and benefits package, including a company matching 401(k) retirement account, paid vacation and holidays. EQUAL OPPORTUNITY EMPLOYER, M/F/D/V

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 1-800-821-8139 ext 250

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220-Help-Wanted

Mountain Manor of Paintsville is taking applications for Certified Nurses Assistants. Excellent pay and benefits. Apply in person at 1025 Euclid Avenue, Paintsville, Ky. from 8:00am to 4:00pm Monday thru Friday

Diesel Mechanic needed with 8 years experience in repairing heavy equipment must have own tools with Ky. CDL and must have Ky. Mine Training contact Kenny Greenhill @ 800-633-1550

Diesel Machnic helper needed with 3 year experience to work on heavy equipment must have Ky. Mine training contact Kenny Greenhill @800-633-1550

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Office/Clerical Position High School diploma basic knowledge of Microsoft Word and Excel, typing skills, experience with office machine such as faxing, copying ect. 1 year experience in similarly related field a plus but not necessary, pay commensurate with experience, send resume with references and cover letter to P.O. Box 2363, Pikeville, Ky. 41501

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250-Miscellaneous
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280-Services
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We Clean Homes or Offices, Barns, Garages, Storage Buildings, Rental or Repossessed Properties. We even haul off the trash! call 886-6155

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KAY'S WALLPAPER 205 DEPOT RD. PAINTSVILLE, KY HUNDREDS OF PATTERNS OF WALLPAPER & BORDERS All under \$10.00. Open Tuesday-Friday, 10 a.m. to 5 p.m. Saturday 10 a.m. to 3 p.m. Closed Sunday & Monday. 789-8584.

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495-Want To Buy

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REAL ESTATE

530-Houses

House for sale in Knott County located at Top Most will also consider land contract with down payment call 606-768-2590

Large A Frame Rock House for sale at Bypro. 4 bedrooms, 2.5 Baths, Study, Den, Large family room, Foyer with sitting room, Formal living and dining room large concrete swimming pool with pool building, separate garage. Extra lot also comes with this house. Must see to appreciate. Asking price \$195,000. For more information call Jeanine at 606-452-9747 or 606-452-2244. Work number 452-2131. Only about 5 miles from South Floyd High School

For Sale 5 room House 3 bedroom with 3 care land, with mineral rights included 1 1/2 miles up route 699 at 1581 Cutshin Road Wooten, Ky. 41776 call 606-279-4318

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House and Land for sale located at Hueysville Highway. 7 and 2029 15 acres good timber, out of flood plain city water, central heat & air, 2 Bed Room, 1 Bath Room utility Room Kitchen Remodeled New cabinets and stove dishwasher Refrigerator new floating floors 16 x16 back deck above ground pool Detached garage 2 story bottom 20 x 32 upstairs 3 Rooms, back Building 20 x 20 65,000. call 606-358-4912

550-Land/Lots

FOR SALE: Almost 1 acre near Long Bow Boat docks at Cave Run Lake. Asking \$6500. Call 606-886-3836.

570-Mobile Homes

2004 Clayton 28x56 with entertainment pkg large walk in closets and dream kitchen only \$51,900 including delivery set up, skirting, and central air call 606-353-6444 or 877 606-6444

For Sale Trailer 3 Bed room located on Cliff Road appliances included call 886-3047

FOR SALE 12X60 Mobile Home. Underpinning & steps included, needs repairs, excellent for parts or storage, \$1000 OBO. Call after 5:30 874-4604.

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580-Miscellaneous

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590-Sale or Lease

FOR SALE or LEASE: 16000 square. ft. building, more or less w/ apt. attached. 2 BED ROOMS, 1 BATH. Separate metal building. 40x50 & 2 + 1/2 acres of land. Large road frontage. Between Allen & Martin. close to WMDJ Call 859-512-6812.

RENTALS

610-Apartments

Extremely nice apartment Near college (University Drive). References, lease & security deposit required. No pets. Call 886-3565.

650-Mobile Homes

Quik Silver Town Houses now has for rent 2 bed room 1 1/2 bath, attic, storage, carport \$550.00 plus Deposit no pets call 606-447-2192 or 606-226-1925

Renovated Like New 2 bed room

House for Rent located in Residential section of Martin, 375. monthly call 285-3025 for appointment

For Rent 8 Room House 4 rooms upstairs 4 downstairs and Bath located on Burke Ave. 400.00 month plus 250.00 deposit plus utilities. References required. call 606-886-6490 or 606-886-3687

Apartment for rent clean 1, 2 or 3 bed room References required call 886-8366

2 bed room, Remodeled near Pike / Floyd line 500.00 deposit Required call 606-437-7922

For Rent Apt 1 bed room 1 bath newly remodeled 325.00 per month plus deposit on Lake Road in Prestonsburg appliances included and references required call 704-824-2034

Tired of paying High Utility Bills? Come to Park Place Apt. in Prestonsburg. Our Monthly Utility Allowances Are: 1 Bed Room \$31.00 2 Bed Room \$38.00 Rents: 1 Bed Room \$305 2 Bed Room \$325 Pay Your Security Deposit in Full and get Your First Months Rent Free! Through 2/29/04 only Call 886-0039 for more information EQUAL HOUSING OPPORTUNITY

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630-Houses

3 Bed Room House for Rent in Prestonsburg call 606-789-4580 References require

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For Rent 3 Bed Room 2 Bath Home located on Rough & Tough \$600.00 mo + deposit call 606-422-1862

2 BED ROOMS HOUSE, equipped kitchen, near schools, Prestonsburg area. References required. Call 886-0825 before 5 p.m

Houses, Apartments, & Town houses, No pets. Call B & O Rental Properties 606-886-8991.

650-Mobile Homes

3 Bed room Trailer for rent at Estill, Ky will accept HUD call 946-2833

For Rent clean neat 2 bed room Mobile Home near Prestonsburg deposit required, has yard and appliances included call 886-9460

For Rent 2 Bed Room. Trailer located on Johnson Floyd Co. Line. No Hud. no Pets, call 886-3151 after 5 pm

3 BED ROOMS, 1.5 BATH MOBILE HOME FOR RENT. Extra nice. \$410 mo plus utilities & sec. deposit. Call 606-874-2802.

For rent: Modern 2 floor APARTMENT Approximately. 900 square. ft. Furnished kitchen. Will also consider renting apartment for office space. Located 1 mile south of Martin on Route. 122 across from the Floyd County Technology Center at Garth. \$500 per mo. plus utilities. Call 285-3625 or 285-9112.

690 - Want to Rent

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Homes For Rent Fire Your Landlord!!! \$\$\$0 DOWN HOMES! No Rent! Tax Reposts & Bankruptcies! No Credit OK! \$0 to low down! For Listings, 1-800-501-1777 Extension. 8351

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SERVICES

705-Construction

ALL TYPES: Remodeling & additions, garages, decks, etc. Also concrete work. Robie Johnson, Jr., call anytime, 886-8896.

770-Repair/Service

Osborne's Auto Body & Fiber glass Repair (formerly Allen Auto Body Shop) New Location at 1270 Tom's Creek Ivel, Ky. 41642 Owner-Operator Dennis Osborne call 606-478-3514 for Free - Estimates

NOTICES

805-Announcements

College Degree Quickly! Bachelor's, Master's, Doctorate by correspondence based upon prior education, life experience and short study course. Not Accredited by an Agency Recognized by the U.S. Secretary of Education. (See free information catalog) Call 24 hours. Cambridge State University 1(800)-964-8316

Reward Quilt Stolen from Pike - Floyd Lower Holler had detailed house White Blocks, White Lining Contact Delmer Stewart no questions asked call 606-478-3466

HELP THE KIDS IN THE COMMUNITY. We are looking for donations for new & used computers to distribute to the kids community facilities. For pick up call Scott 889-9551 and to deliver call Scott 889-9551.

Found a small male Bengal mix in Prater Creek area call 874 3827

Registered Nurse On-call position, Earn money while you are at home, shopping or dining out. Carry a pager and return calls. Visits made if necessary by the protocol of Hospice of Big Sandy, Inc. Several scenarios available. Call 606-789-3841 or come in and make out An application at 1520 Ky. Highway. 1428 Hager Hill, Ky. 41222 (psa)

What is the one thing that we as people Can give to another ? OURSELVES! Be a volunteer for Hospice of Big Sandy, Inc. Volunteer classes will be given if enough sign up Call 606-789-3841 or come and visit with Dr.Cook for more information (psa).

Rn Day Shift Available 8:30 am-5:pm

Hospice of Big Sandy, Inc. Call 606-789-3841 or come in and fill out an application at 1520 Ky. Highway 1428 Hager Hill, Ky. 41222(psa)

812-Free

FREE PALLET: Can be picked up behind The Floyd County Times.

FREE FILL DIRT right fork of Bull Creek. call 606-874-2444.

815-Lost & Found

Lost Dog Red Doberman male 1 year old lost in Short Branch area of Abbott 500.00 Reward for safe return No Questions asked call 885-1696 or 422-4788

850-Personals

When responding to Personal ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

START DATING TONIGHT! Have fun meeting eligible singles in your area. Toll Free. 1-800-ROMANCE extension. 9735

Secret Encounters 1-800-442-MEET .69 p/m Ladies Free!! 1-800-201-TALK VISIT - singles.com

Your Affordable Alternative To Expensive Legal Fees Divorce \$195 Adoption \$295 Incorporation \$195 Phone (800) 303-1170 Email: ncdpros@AOL.com Not Available in Arizona, Texas, and Tennessee

900-Legals

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-0305

In accordance with KRS 350.055, notice is hereby given that The Elk Horn Coal Company, LLC., 544 South Lake Drive, Prestonsburg, KY 41653, has applied for a permit for a surface and underground coal mining and reclamation operation affecting 107.58 acres, located 5.70 miles southwest from Harold, Kentucky, in Floyd County.

The proposed operation is approximately 0.75 mile south-east from KY State Route 2030's junction with Little Mud Creek Road, and located along Morgan Fork of Little Mud Creek. The latitude is 37° 29' 53", The longitude is 82° 41' 25".

The proposed operation is located on the Harold and McDowell U.S.G.S 7 1/2 minute quadrangle maps. The operation will use the contour and auger methods of surface mining. The surface area is owned by The Elk Horn Coal Company, LLC. The proposed

operation will underlie area owned by The Elk Horn Coal Company, LLC.

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653-1410. Written comments, objections, or requests for a permit conference, must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

NOTICE OF BOND RELEASE

In accordance with KRS 350.093, notice is hereby given that Lodestar Energy Inc., 2525 Harrodsburg Road, Lexington, KY, 40504, has applied for a Phase III Bond Release on Increment No. 1, of Permit Number 836-0273, which was last issued on July 20, 2001. The application covers an area of approximately 6.25 acres, located 3.2 miles south of Blue Moon, in Floyd County.

The permit area is approximately 2.5 miles south from KY 2030's junction with Little Mud Creek Road, and located at the head of Little Mud Creek and Upper Wolfpen Branch.

The bond now in effect on Increment No. 1, is a surety bond for \$7,000.00. Approximately 15% of the original bond amount of \$46,700.00, is included in the application for release.

Reclamation work performed includes: backfilling, grading, fertilizing, seeding, and mulching, completed in the fall of 1993.

Written comments, objections, and requests for a public hearing or informal conference, must be filed with the Director, Division of Field Services, #2 Hudson Hollow, Frankfort, Kentucky 40601, by April 4, 2004.

A public hearing on the application has been scheduled for April 5, 2004, at 10:00 a.m., at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653-1410. The hearing will be canceled, if no request for a hearing or informal conference is received by April 4, 2004.

NOTICE OF PUBLIC SALE

The following item will be offered at public sale on February 27, 2004 at 11 a.m., to satisfy the unpaid balance of an installment contract signed 03/15/00. 2000 Nissan Xtera S/N 3289

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-0303

In accordance with KRS 350.055, notice is hereby given that Frasure Creek Mining, LLC, 1051 Main Street, Suite 100, Milton, West Virginia 25541, has applied for a permit for a surface coal mining and reclamation operation, located near Craynor in Floyd County. The proposed operation will disturb 255.19 surface acres and will underlie 476.28 acres of auger, of which 363.28 acres underlie surface acres, and the total area within the permit boundary will be 368.19 acres.

The proposed operation is approximately 0.90 mile south from KY Route 979's junction with Mink Branch Road, and is located at the head of Mink Branch of Mud Creek.

The proposed operation is located on the McDowell USGS 7 1/2 minute quadrangle map. The surface area to be disturbed is owned by Carmel and Marie Clark, Loretta Rogers and Ellery Owens, Jennifer and Jesse Akers, James and Annet Flanery, Ambrose and Lina Howell Heirs, Burlblene Henderson, Sie and Betty Hall, Randall and Flossie Hall, Evan Howell, Audie Howell, Anthony and LeAnn Tackett, and Jack and Dinah Tackett. The operation will underlie land owned by Carmel and Marie Clark, Loretta Rogers and Ellery Owens, Jennifer and Jesse Akers, James and Annet Flanery, Ambrose and Lina Howell Heirs, Burlblene Henderson, Sie and Betty Hall, Randall and Flossie Hall, Evan Howell, Audie Howell, Anthony and LeAnn Tackett, and Jack and Dinah Tackett. The operation will use the contour and auger method of surface mining.

NOTICE OF PUBLIC SALE

The following item will be offered at public sale on February 27, 2004 at 11 a.m., to satisfy the unpaid balance of an installment contract signed 03/05/02. 2002 Monte carlo SS S/N 3823

All items are sold "as is where is." Seller reserves the right to bid and to reject any or all bids. Items are to be paid following the sale, or satisfactory arrangements made with the seller. Announcements at the sale take priority over ad. Purchaser to pay all taxes and transfer fees.

COMMONWEALTH OF KENTUCKY TRANSPORTATION CABINET DEPARTMENT OF HIGHWAYS NOTICE TO CONTRACTORS

Sealed bids will be received by the Department of Highways, in the Division of Contract Procurement, and/or the Auditorium, located on the 1st floor of the Transportation Cabinet Office Building, Frankfort, Kentucky, until 10:00 a.m. EASTERN STANDARD TIME, on the 12th DAY OF MARCH, 2004, at which time bids will be publicly opened and read for the improvement of:

FLOYD COUNTY, FDGR 04 0000079 Flood Repair on Various Roads (See proposal for additional information) FLOYD-LAWRENCE COUNTIES, FEGR 04 0000003 Abrasive Blast and Bridge Painting on Various Roads (See proposal for additional information)

NOTICE OF PUBLIC SALE

The following item will be offered at public sale on February 27, 2004 at 11 a.m., to satisfy the unpaid balance of an installment contract signed 03/15/00. 2000 Nissan Xtera S/N 3289

NOTICE OF PUBLIC SALE

All items are sold "as is where is." Seller reserves the right to bid and to reject any or all bids. Items are to be paid following the sale, or satisfactory arrangements made with the seller. Announcements at the sale take priority over ad. Purchaser to pay all taxes and transfer fees. Call Mike Haney for location, 606-886-2321.

NOTICE OF PUBLIC SALE

The following item will be offered at public sale on February 27, 2004, at 11 a.m., to satisfy the unpaid balance of an installment contract signed 04/24/00. 1997 Jeep Grand Cherokee S/N 5852

NOTICE OF PUBLIC SALE

All items are sold "as is where is." Seller reserves the right to bid and to reject any or all bids. Items are to be paid following the sale, or satisfactory arrangements made with the seller. Announcements at the sale take priority over ad.

Purchaser to pay all taxes and transfer fees.

Call Mike Haney for location, 606-886-2321.

First Commonwealth Bank 311 N. Arnold Ave. Prestonsburg, KY 41653

NOTICE OF PUBLIC SALE

The following item will be offered at public sale on February 27, 2004 at 11 a.m., to satisfy the unpaid balance of an installment contract signed 03/05/02.

NOTICE OF PUBLIC SALE

All items are sold "as is where is." Seller reserves the right to bid and to reject any or all bids. Items are to be paid following the sale, or satisfactory arrangements made with the seller. Announcements at the sale take priority over ad. Purchaser to pay all taxes and transfer fees.

NOTICE OF PUBLIC SALE

Call Mike Haney for location, 606-886-2321.

COMMON-WEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIVISION NO. 1 C.A. NO. 03-CI-1159 JIM WALTER HOMES, INC. PLAINTIFF VS. BARBARA KIDD, UNKNOWN SPOUSE OF BARBARA KIDD: THE MONEY STORE HOME EQUITY CORPORATION; COMMON-WEALTH OF KENTUCKY; AND FLOYD COUNTY, KENTUCKY DEFENDANTS NOTICE OF COMMISSIONER'S SALE

for an amount equal to, or less than, its first lien, it shall take a credit against said lien for the amount of the bid, and no bond shall be required of the Plaintiff, and it shall only be obligated to pay court costs, the fees and costs of the Master Commissioner, and any real estate taxes assessed against the real estate.

Any announcements made on date of sale take precedence over printed matter contained herein.

PLAINTIFF'S COUNSEL:
Hon. Max K. Thompson
P.O. Box 1079
Pikeville, Kentucky 41502
606/432-2156

WILLIAM S. KENDRICK
Master Commissioner
P.O. Box 268
Prestonsburg, Kentucky 41653
(606) 886-2812

COMMON-WEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIVISION NO. 2 C.A. NO. 03-CI-979 WELLS FARGO BANK MINNESOTA, NATIONAL ASSOCIATION, AS TRUSTEE WITHOUT RECOURSE PLAINTIFFS VS. SHONDA WRIGHT UNITED STATES OF AMERICA JOEY WRIGHT DEFENDANTS NOTICE OF COMMISSIONER'S SALE

BY VIRTUE OF Judgment and Order of Sale of the Floyd Circuit Court, entered on the 6th day of January, 2004 in the Floyd Circuit Court, in the above styled action, in the principal sum of \$42,268.43, together with interest, costs and fees, I shall proceed to offer for sale at the Old Floyd County Courthouse Door, South Central Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center), to the highest bidder, at public auction, on Thursday, the 4th day of March, 2004, at the hour of 9:15 a.m., the following described real estate located in Floyd County, Kentucky, and more particularly described as follows:

Beginning at a corner common to road known as Left Hand Fork Big Branch, Cinda Kidd and Denver and Linda Parsons; thence along said road in an easterly direction 100 feet to a point; thence a straight line to the opposite side of the Cinda Kidd property as described in the Deed of record in Deed Book 308, page 424; thence following the boundary line of said Cinda Kidd tract to the point of beginning, containing one half acre.

Being a part of the same property conveyed to Barbara Kidd, single, by deed from Cinda Kidd, single, dated April 16, 1992, and recorded in Floyd County in Deed Book 308, Page 757, in the state of Kentucky.

TERMS OF SALE:
(a) At the time of sale, the successful bidder, if the other than the Plaintiff, shall either pay cash or 20% of purchase price, with the balance on credit for thirty (30) days.

(b) The property shall be sold subject to any easements and restrictions of record in the Floyd County Clerk's Office and such right of redemption as may exist in favor of the United States of America and/or the record owners thereof.

(c) The purchaser shall be required to assume and pay all Floyd County, Kentucky, real property taxes for the year 2004, and all subsequent years which are not yet due and payable. Any and all delinquent Floyd County, Kentucky, real estate taxes will be paid from the sale proceeds.

(d) In the event the Plaintiff is the purchaser of the above described property

meter house 320 feet more or less to an iron stake in the middle of Sarah May Branch; thence (west) upstream 245 feet more or less, to the beginning (first stake) in middle of Sarah May Branch.

But parties of the first part hereby convey to parties of the second part the same right to use natural gas produced on said land as was conveyed to parties of the first part by their predecessors in title.

Being the same property conveyed to Joey W. Wright and Shonda Lynn Wright, husband and wife, by a Deed dated October 31, 2002, of record in Deed Book 480, Page 42, in the Office of the Floyd County Court Clerk.

TERMS OF SALE:
(a) At the time of sale, the successful bidder, if the other than the Plaintiff, shall either pay cash or \$5,000.00 of purchase price, with the balance on credit for thirty (30) days.

(b) The property shall be sold subject to any easements and restrictions of record in the Floyd County Clerk's Office, and such right of redemption as may exist in favor of the United States of America, and/or the record owners thereof.

(c) The purchaser shall be required to assume and pay all Floyd County, Kentucky, real property taxes for the year 2004, and all subsequent years which are not yet due and payable. Any and all delinquent Floyd County, Kentucky, real estate taxes will be paid from the sale proceeds.

(d) In the event the Plaintiff is the purchaser of the above described property, for an amount equal to, or less than, its first lien, it shall take a credit against said lien for the amount of the bid, and no bond shall be required of the Plaintiff, and it shall only be obligated to pay court costs, the fees and costs of the Master Commissioner, and any real estate taxes assessed against the real estate.

Any announcements made on date of sale take precedence over printed matter contained herein.

PLAINTIFF'S COUNSEL:
Hon. Michael R. Brinkman
Lerner, Sampson & Rothfuss
P.O. Box 5480
Cincinnati, Ohio 45201-5480
513-241-3100

WILLIAM S. KENDRICK
Master Commissioner
P.O. Box 268
Prestonsburg, Kentucky 41653
(606) 886-2812

PUBLIC NOTICE

Pursuant to KRS 231.040, application for a permit to operate a place of entertainment, has been made by Timmy D. Hall. The name of the proposed business of entertainment is HALL'S POOL ROOM & ARCADE. The nature of the business will be Pool Tables and Arcade. Pursuant to KRS 231.070, the Floyd County Attorney shall investigate whether the applicant lacks good moral character, or whether the applicant will obey the laws of the

Commonwealth in the operation of the business, or whether the applicant, within the last two (2) years prior to the date of filing the application has been convicted in Kentucky of maintaining a public nuisance. Pursuant to KRS 231.080 any person desiring to oppose the permits shall file with the County Clerk no later than March 18, 2004, in writing, allegations that show cause as to why the application shall not be granted. Said written information shall be signed, dated and reflect the current address of said person providing the information Pursuant to KRS 231.080, a hearing has been scheduled for March 18, 2004, at the hour of 2:30 p.m., or as soon thereafter as same can be heard before the Floyd County Judge/Executive at the Floyd County Justice Center, 2nd floor, in Prestonsburg, Kentucky. The Floyd County Judge/Executive shall hear evidence in support of or in opposition to the granting of the permit.

HON. KEITH BARTLEY FLOYD COUNTY ATTORNEY

NOTICE OF INTENTION TO MINE

Pursuant To Application Number 860-5208, Operator Change In accordance with 405 KAR 8:010, notice is hereby given that Motts Branch Coal, Inc., P.O. Box 2765, Pikeville, Kentucky 41502, intends to revise permit number 860-5208, to change the operator. The operator presently approved in the permit is Knott Floy Land Co., Inc., P.O. Box 2765, Pikeville, Kentucky 41502. The new operator will be Double A Mining, Inc., Box 364, Topmost, Kentucky 41862

The operation is located 2.0 miles west of Raven, in Knott County, and is located 3.5 miles west from K.Y. Route 899's junction with KY Route 7, and located on Gibson

Branch of Caney Fork. The operation is located on the Wayland U.S.G.S. 7 1/2 minute quadrangle map, at latitude 37°23'50" and longitude 82°51'28".

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653-1410. Written comments or objections must be filed with the Director, Division of Permits, #2 Hudson Hollow, U S 127 South, Frankfort, Kentucky 40601. All comments or objections must be received within fifteen (15) days of today's date.

INVITATION TO LEASE CDL TEST SITE

The Finance and Administration Cabinet of Kentucky desires to lease a site suitable for conducting Commercial Drivers License testing to be located in Floyd, Johnson, Magoffin, or Morgan County(s) of Kentucky. Proposed site(s) must offer a firm and level (gravel, concrete or blacktop) surface area with minimum dimensions of 200 feet by 300 feet. Preference will be provided to site(s) that offer access to utilities (electric, water/sewer, and telephone) and to site(s) located in proximity to US Hwy 23, US Hwy 460, KY Route 80, or the Mountain Parkway.

Proposals for existing property must designate the location (street address if available) of the property; the date of availability; the name, address, and phone number of the property owner. Responses may be made by any person in writing on or before 10:30 a.m., Wednesday March 3, 2004, and must be sent to: Division of Real Properties, RE: PR-4704, ATTN: Leasing Branch, Bush Building, 3rd Floor, 403 Wapping Street, Frankfort, Kentucky 40601-2607. (FAX responses will not be accept-

ed.) All responses received will be publicly opened and read at the above-designated time. Note: If you plan to attend the bid opening and have a disability which requires accommodation by the Division of Real Properties, please contact our office by Monday March 1, 2004, to permit us to make reasonable arrangements. Arrangements will be made to view all properties meeting the general specifications of this lease project. A representative of the Leasing Branch will contact you so that an appointment can be made to inspect the proposed facility. For any additional information, contact Brien Hoover of the Division of Real Properties at 502.564.2205 ext. 236.

occurred in April 1977. The flood of record for most of the county. DATES: The agency must receive comments on or before April 5, 2004, to ensure consideration in final plan development. A public hearing on the Pike County, Kentucky, (Levisa Fork Basin), Section 202 Project Draft EIS will be held at the Pikeville High School, 120 Championship Drive, Pikeville, Kentucky, on Thursday March 4, 2004, beginning at 6p.m. ADDRESSES: Send written comments and suggestions concerning this proposed project to the following address, by March 26, 2004. Requests for copies of the DEIS or to be placed on the mailing list should also be sent to the address below. S. Michael Worley, Chief Planning Branch Planning, Programs and Project Management Division US. Army Corps of Engineers Huntington District 502 Eighth Street Huntington, West Virginia 25701-2070 Telephone: (304) 399-5636 or Fax:(304) 399-5136 E - M a i l : Stephen.M.Worley@usace.army.mil. SUPPLEMENTARY INFORMATION: Detailed project studies have included consideration of a number of basin-wide and local flood damage reduction measures including flood-wall/levee systems protecting Pikeville and Coal Run, non-structural flood-proofing measures, flood-plain acquisition and ring walls protecting several individual structures. The project would provide flood protection measures to approximately 2,000 structures, 75 percent of which are residential. Three alternatives, based on these flood damage reduction measures, along with the no action alternative, have been evaluated in detail and the results documented in the DEIS. A Public Meeting on the DEIS will be held at Pikeville High School on Thursday March 4, 2004, beginning at 6:00

DRAFT ENVIRONMENTAL IMPACT STATEMENT (EIS), FOR THE PIKE COUNTY, KENTUCKY (LEVISA FORK BASIN), SECTION 202 PROJECT

AGENCY: U.S. Army Corps of Engineers

ACTION: Notice of Availability

SUMMARY: In accordance with the requirements of the National Environmental Policy Act (NEPA), the U S Army Corps of Engineers (USACE), Huntington District has prepared a Draft Environmental Impact Statement (DEIS) in repose to Section 202 of the Water Resources Development Act of 1996 (WRDA). This act authorizes the Corps to design, construct and implement flood damage reduction measures relating to the Levisa and Tug Fork of the Big Sandy River and Cumberland River in West Virginia, Kentucky and Virginia. The DEIS documents analyses of flood damage reduction measures that would provide protection for the Levisa Fork and Russell Fork basins within Pike County, Kentucky, against flooding such as

399-5083. E-mail: Mark.d.kessinger@usace.army.mil

USACE has distributed copies of the DEIS to appropriate Members of Congress, State and local government officials in Kentucky, Federal agencies, and other interested parties. Copies of the document may be obtained by contacting USACE Huntington District Office of the Corps of Engineers (See ADDRESSES) and are available for public review at the following locations.

- 1) Pike County Public Library, 119 College Street, Pikeville, Kentucky 41501
 - 2) Pike County Public Library, Elkhorn City Branch, 309 Main Street, Elkhorn City, KY. 41522
 - 3) Pike County Public Library, Phelps Branch, 38575 State Highway 194 E, P.O. Box 404, Phelps, KY 41553
 - 4) Vesta Roberts Johnson Memorial Library, P.O. Box 548, Virgie, KY 41572
 - 5) Frank M. Allara Library, Pikeville College, 147 Sycamore Street, Pikeville, KY 41500
 - 6) US Army Corps of Engineers, Room 3100, 502 Eighth Street P D-R Huntington, WV 25701
 - 7) Internet - http://www.lrh.usace.army.mil/projects/current/pikelevisafork
- After the public comment periods ends on April 5, 2004, USACE will consider all comments received. The Draft EIS will be revised as appropriate, and a Final EIS will be issued. FURTHER INFORMATION CONTACT: To obtain additional information about the proposed project, contact Mr. Mark D. Kessinger, PM-P, U.S. Army Corps of Engineers, Huntington District, 502 Eighth Street, Huntington, WV. 25701-2070. Telephone: (304)

provide an opportunity for the public to present oral and/or written comments. All persons and organizations that have an interest in the Levisa Fork Basin flooding problems as they affect Pike County and the environment are urged to participate in this meeting.

WHEREAS, American Legal Publishing Corporation of Cincinnati, Ohio, has completed the 2003 S-15 supplement to the Code of Ordinances of the City of Prestonsburg, which supplement contains all ordinances of a general nature enacted since the prior supplement to the code of Ordinances of this municipality; and WHEREAS, American Legal Publishing Corporation has recommended the revision or addition of certain sections of the Code of Ordinances which are based on or make references to sections of the Kentucky Revised Statutes: WHEREAS, it is the intent of Council to accept these updated sections in accordance with the changes of the law of the Commonwealth of Kentucky: NOW, THEREFORE, BE IT ORDAINED by the City of Prestonsburg: Section 1. That the 2003 S-15 supplement to the Code of Ordinances of the City of Prestonsburg, Kentucky, as submitted by American Legal Publishing Corporation of Cincinnati, Ohio, and as attached hereto, be and the same is hereby adopted by reference as if set out in its entirety. Section 2. That this ordinance shall take effect and be in force from and after its date of passage, approval and publication as required by law Passed this 9th day of Feb, 2004

Jerry Fannin Mayor ATTEST: Peggy Bailey City Clerk

STOP! You've cleaned out your attic, your basement, your garage and now you're ready to host a garage sale. Before you proceed, follow these signs for placing the type of classified ad that will help turn your event into a best-seller.

Be sure to include in your Garage or Yard Sale ad...

- 1 WHAT.** Describe the type of sale you're hosting. Is it mostly household goods? Nursery furniture? Apparel?
- 2 WHEN.** Give dates and time of sale, and rain date information.
- 3 WHERE.** Where the sale will be held, with directions or phone number for directions.
- 4 WHY.** Reason for sale, especially if it is a "moving" sale, since these tend to attract more customers.

Let one of our "ad-visors" help you with your ad. Call 886-8506

The Floyd County Times

Kid Scoop.com

This Week: Valentine's Day

© 2004 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 20 No. 7

Jumping for Dollars!

Each year millions of young people jump rope to help the American Heart Association fight heart disease and stroke. Kids get donations from friends and family to sponsor their participation in a fun fundraiser called "Jump Rope for Heart."

Last year 4.4 million students from 29,000 schools participated. They raised 44.5 million dollars! French Road Elementary School in New York raised the most money.

How much did they raise? Follow each jump rope to find out.

- A. \$8,000
- B. \$80,000
- C. \$800,000

Get a Jump on Valentine's Day!

Jumping rope is fun and it is good exercise. It is a workout for your legs, your arms and your cardiovascular system (your heart and lungs)! Jumping rope is a sport you can do almost anywhere! Try it - you'll LOVE it!



How fast can you find all of the letters of the alphabet in order?

Standards Link: Reading Comprehension: Follow simple written directions.

Just My Size!

You will jump better if you have the correct size rope. Hold one end of the rope in each hand and step on the middle of the rope. The handles of the rope should come a little below your shoulders.

Standards Link: Health: Students understand the importance of regular exercise to maintain and enhance health.



How many hearts can you find on this page?

I Wore My Crown

Read this funny jump rope rhyme and then number the pictures in order.

I wore my crown
To the alligator town,
I sat on a fence
And the fence broke down,
An alligator bit me
By the seat of the pants,
And made me do
the Hoochie-coochie dance.

The jump rope rhymes on today's page are from the book "Red Hot Peppers" by Bob and Diane Boardman. For more information on this book and jump rope rhymes, visit www.kidscoop.com.

Standards Link: Reading Comprehension: Sequence steps, events, or observations.



Words from the Heart

Look through the newspaper for seven words that make you think of Valentine's Day. Then write a paragraph about Valentine's Day using these words as part of the story.

Standards Link: Writing: Write brief expository descriptions.

Bubble Gum!

Here is a sweet jump rope rhyme.

Bubble gum, bubble gum,
chew and blow,
Bubble gum, bubble gum,
scrape your toe.
Bubble gum, bubble gum,
tastes so sweet,
Get that bubble gum
off your feet!

Unscramble the letters on each kid's bubble to find out what flavor gum is being chewed.



Standards Link: Spelling: Rearrange letters to spell words correctly.

Double Double Word Search

- VALENTINES
- DANCE
- ROPE
- HEART
- HANDLES
- JUMP
- SCHOOL
- CROWN
- PARAGRAPH
- FENCE
- BETTER
- SYSTEM
- RAISE
- STORY
- LOVE

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

H	P	A	R	G	A	R	A	P	O
U	J	L	O	V	E	T	C	T	M
L	V	U	Z	O	C	Y	R	S	E
O	B	G	M	L	N	A	O	E	T
O	E	R	O	P	E	J	W	L	S
H	T	O	W	H	F	C	N	D	Y
C	T	Y	R	O	T	S	N	N	S
S	E	N	I	T	N	E	L	A	V
J	R	J	R	A	I	S	E	H	D

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

BEYOND Kid Scoop

Newspaper Jumps

When a newspaper story cannot be completed on one page, it is continued or "jumped" to another page in the newspaper. Find three or more stories that jump from one page to another in today's paper.

Standards Link: Reading Comprehension: Follow written directions.



What do you call two birds in love?

ANSWER: Tweetharts.

Weekly Writing Corner

Mystery Valentine

On Valentine's Day I received a card and it said, "You are nice, you are sweet, I hope that we can meet." It was signed, "Your secret admirer."

Jamie,
6th Grade

On Valentine's Day I received a card. The card wasn't signed. It just said, "This is pretty just like you. I love you. Your love bug."

Lindsey,
3rd Grade

On Valentine's Day I received a card that said I had won a lifetime supply of chocolates. I was really excited and I called the number 555-CHOCOLATES. They said they would send a truckload right to my house. It turned out that the delivery was actually 555-LATE delivery. It took two years for the chocolate to arrive.

Scott,
5th Grade

My Valentine said, "I admire you. I don't want you to know who I am but I wish you would notice me. Someday you will! Love, Your secret admirer."

Tree,
4th Grade

My Valentine said, "Roses are red, Violets are blue, I like flowers because they remind me of you. Will you be my Valentine?"

Caroline,
7th Grade

I received a card and it said, "Your eyes are like the moon shining bright. Your face is like the morning star and your teeth sparkle like diamonds." My secret admirer was my mom.

Jesse,
7th Grade

On Valentine's Day I got a card and it said, "Will you be my Valentine? I love it when you talk to me. It sounds like baby birds chirping. I think you are cute and I love your hair. When I look at you every day, my heart says, cute, cute, cute! I know you love animals. I do too. I can't tell you my name because I would be embarrassed."

Jordan,
3rd Grade

Write On!

Chocolate Questions

What part of the chocolate bunny do you eat first? Why?

Deadline: March 7, 2004

Published: Week of April 4, 2004

Send your story to:

Ode to Air
P.O. Box 390
Prestonsburg, Ky. 41653

Please include your school and grade.

Sponsored by The City of Prestonsburg

MAC
Mountain Arts Center
StoneCrest
Golf Course



Mayor Fannin
and
City Council

COLORING PAGE



Illustrated by David Coulson

HIDDEN IN THE ABOVE FRAME is a famous old saying. You can find it by reading every other letter as you go around it counterclockwise. The trick is finding the right first letter.

Answer: Starting with the second "I" on the left-hand rail: "Imitation is the sincerest flattery."

DON'T LET THIS ONE BOX YOU IN! Pictured below are two puzzle grids for you to fill in. Hints are given for each word. The words in grid A contain the same letters as the corresponding words in grid B.

1. A short distance.
2. Placed a bet.
3. Carries electricity.
4. Allows both genders.

GRID A				GRID B			
S				P			
	A				I		
		N				L	
			D				E

1. Part of many families.
2. Found on radios.
3. Great river.
4. Secret signals.

Answers: 1. Step-pets. 2. Laid-dial. 3. Line-Nile. 4. Coed-code.

Junior Whirl

by Charles Barry Townsend



LET'S PLAY THE ANCIENT GAME OF "NIM"!

This game goes back thousands of years and is usually played with coins, sticks, buttons, etc. To play, you lay out 15 coins in three

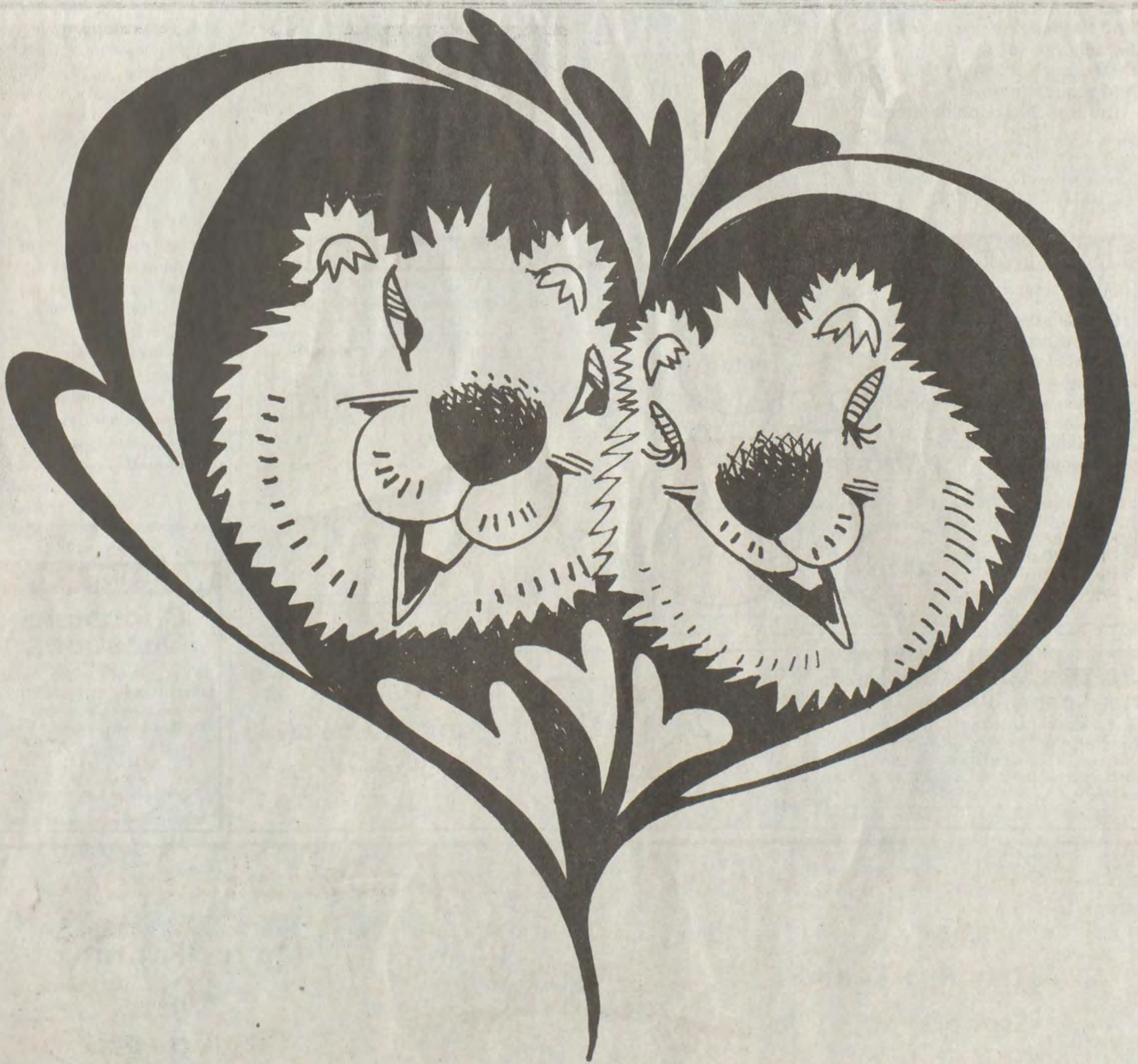
rows of six, five and four. Each player, in turn, can remove one or more coins from any of the rows. He can even remove all the coins in a row if he wants to. Play goes back and forth until only one coin remains on the table. The player who is forced to remove this coin is the loser. While the rules are simple, you'll find that the game is a lot of fun.

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A DRIVE-IN DIVERSION! To solve this problem, you must replace the letters printed on the bag with the digits 0, 1, 2, 4, 6, 7, 8 and 9, so that you have a correct addition problem. The same letters get the same digits. Can you get a higher total than we did?



Our answer: C=9, A=0, R=2, H=8, O=7, P=4, F=1, D=6. (902 + 874 = 1776).



Newspaper reading adventures for little learners!

My name: _____

My Kid Scoop™

Vol. 3 No. 8 © 2004 by Vicki Whiting, Editor Jeff Schinkel, Designer/Illustrator

Learning Buddies: Spell your child's first name, using the lines to write large letters. Use an uppercase letter for the first letter in the name and lowercase letters to spell the rest. Have your child trace the letters with a finger, crayon or pencil.



What is hiding in the bamboo?



My Rhyme Time

B was the bear,
That came up at a run,
When Benjamin threw him
A very nice bun.

My Letters

B is for Bamboo

b is for bamboo



Learning Buddies: Read the two phrases aloud. Have your child read with you. Trace the uppercase and lowercase letter B. Say the letter as you trace it.

How many words or pictures can you find on this page that start with the B sound like the word bamboo?

My Numbers

How many ?
Blueberries

How many ?
Bubbles

How many ?
Bananas



Learning Buddies: Trace and say the number. Read the questions. Touch and count to find the answers.

My Sentence

Learning Buddies: Read the first part of the sentence aloud. Ask your child to think of a way to finish the sentence. Write your child's words in the lines. Read the entire sentence to your child while pointing out that reading is done from left to right. Older children may want to trace all or some of the letters in the sentence.



Bears are



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Letter Identification With your child, look through the newspaper to find pictures of things that start with or include the same sound as the letter B in bamboo.	Math Play Point to the number 7 in the newspaper. Have your child say the number and, if it's large enough, have your child trace the number.	Big B, Little b With your child, look at one page of the newspaper. Say, "The big B called uppercase B is looking for his little brother (sister), called lowercase b. Let's see how many big B, little b matches we can find."	Plant or animal? With your child look through a section of the newspaper and use blue to circle all animals. Circle all plants with green.	Yummy Tummy! Talk about what kind of food your child's favorite kind of animal eats. Does it eat only plants, only meat or both? Look through the paper together. When your child spies something that his/her animal eats, point to it and say, "Yummy, tummy!"	Hidden Pictures With your child, select an interesting picture in the newspaper. As you look at the picture, ask your child to find certain details. For example, ask questions like, "Can you find the man's tie?" "Can you find the man's ear?" "Can you find a button?"	Jump and Jiggle For this activity you need one page of a newspaper and a red crayon or marker. Ask your child to use red to circle all of the letters he/she recognizes. You may both be pleasantly surprised to see how red the page of newspaper becomes!



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L	N	N	O	G	G	T	T	B	V	H	E	E
5	8	6	2	7	4	8	5	8	4	6	5	6
E	E	E	E	L	R	N	R	D	T	S	I	P
5	4	8	6	2	7	8	5	8	5	4	3	4
N	O	T	O	S	O	O	C	O	H	L	O	E
7	8	2	8	3	6	2	7	5	3	5	2	4
P	T	I	H	O	N	T	T	E	K	C	A	A
2	5	2	7	8	4	3	7	8	4	8	7	3
T	K	E	A	E	R	A	L	R	N	S	E	H
7	6	7	6	7	6	3	6	3	6	3	6	6
N	T	T	A	S	N	E	E	A	O	D	U	S

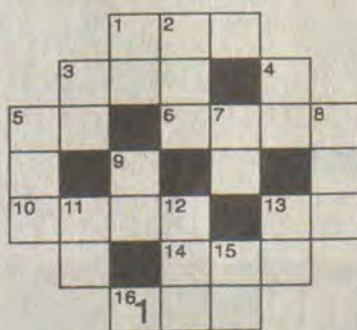
HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Rational Numbers

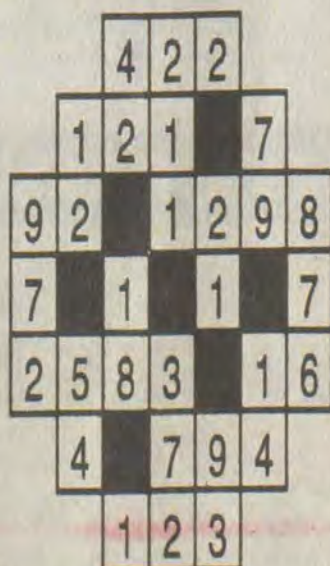
by Linda Thistle

Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, one digit has been entered in the diagram.



Rational Numbers

answers



- ACROSS**
- Two times 2-Down
 - 1-Down plus 4-Down
 - Fifty more than 1-Down
 - 1-Across plus 8-Down
 - 16-Across times 7-Down
 - Five less than 7-Down
 - 1-Across plus 12-Down
 - Two more than 3-Across

- DOWN**
- Three times 13-Down
 - The first digit is the sum of the other digits
 - Consecutive digits in ascending order
 - 15-Down minus 13-Down
 - 9-Down times 11-Down
 - Sum of the digits of

- 8-Down**
- Consecutive digits in descending order
 - Six more than 3-Down
 - Consecutive digits in descending order
 - Six hundred less than 5-Down
 - The last digit is four times the first digit
 - The first digit is three times the last digit

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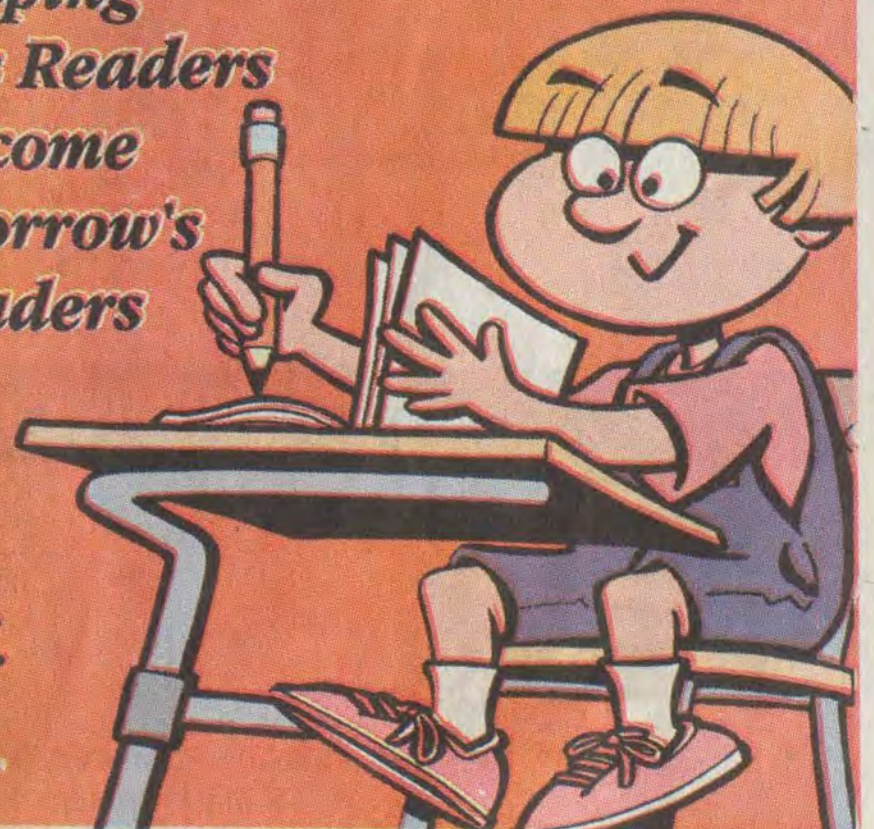
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LIGHTHOUSES

Some famous North American lighthouses

By definition

A lighthouse is a tower with a very bright light at the top that serves as a **navigational guide** for ships. Lighthouses warn sailors that dangerous rocks or reefs are ahead, help ships and boats determine their position and let them know that a harbor is near. The tower serves as a marker night and day. At night, it flashes a bright light. By day, the colorfully painted towers are readily identified. The taller the lighthouse, the farther away it can be seen.

Lighthouses date as far back as 280 B.C. They were vital marine navigational aids and reached their peak in the early 1900s. Modern electronic navigational aids, which made powerful beams of light superfluous, eventually phased out the usefulness of lighthouses. Over the years, about 1,500 lighthouses have been constructed in the United States.

Making light

Intensity (brightness) of a lighthouse's light can be measured in **candlepower**. Light from a single candle equals one candlepower. Early lighthouses burned wood or coal to create light. Whale oil, kerosene and other oils were also used. The **Argand lamp** (1782), with an intensity of about 20,000 candlepower, used a circular wick with a glass chimney that allowed plenty of oxygen to reach the flame to create a brighter light. Reflectors and the invention of the filament light bulb increased the light even more.



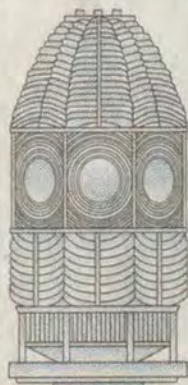
Fresnel
1788-1827

The Fresnel lens

Augustin-Jean Fresnel (pronounced fray-nel) was a French physicist born in 1788. Fresnel developed one of the most important advances in lighting technology. He invented special glass lenses that intensified light so that it could be seen from longer distances. Later, Fresnel mounted a group of lights on a rotating framework so that lighthouses could produce a unique signature (this distinctive pattern is known as a **characteristic**). Fresnel lenses (with an intensity of about 80,000 candlepower) were so superior to past lenses that before long all of Europe, and eventually the world, were using them.



Fixed lens



Rotating lens

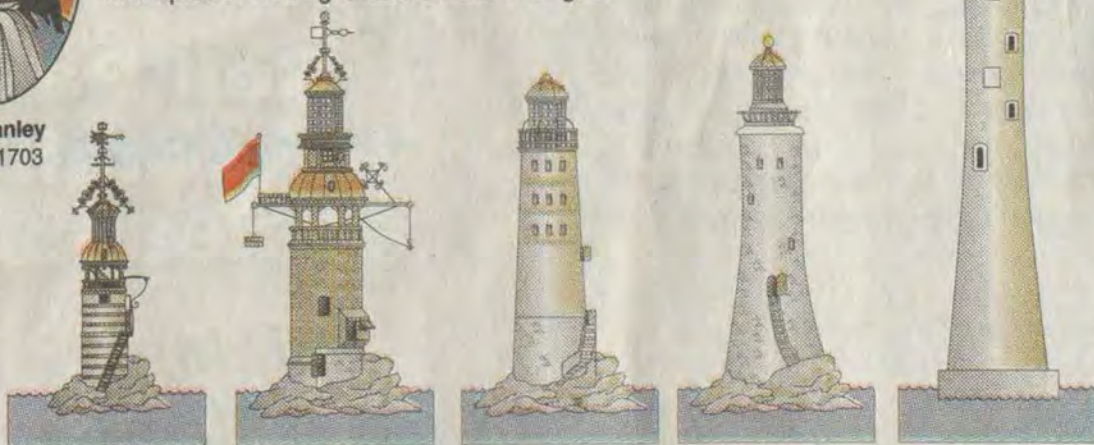
Fresnel lenses can be thought of as huge lampshades made of hundreds of prisms (specially ground, cut and polished glass). When arranged in a particular way, the **prisms** bend (reflect and refract) light. The prisms act like a magnifying glass and create a brighter light. This technology is still used today in automobile headlights. Fresnel's original rotating lamps used a clock-like mechanism in order to revolve. Today, electric motors power the motion and the lamp.



Winstanley
1644-1703

The Eddystone lighthouses

For centuries, ships were wrecked on the dangerous reef called Eddystone (14 miles south of Plymouth, England). Henry Winstanley, a merchant, lost several ships on the reef and decided to build a lighthouse on the rocks. The Eddystone lighthouses are interesting examples of how lighthouses have changed.



- No. 1, 1698**
Built of wood, it was not strong enough to withstand heavy wind and storms.
- No. 2, 1699**
Wood construction. Winstanley lost his life and his lighthouse in a storm in 1703.
- No. 3, 1709**
Built by John Rudyerd and constructed primarily of wood. It burned down in 1755.
- No. 4, 1759**
Stone construction, built by John Smeaton. Moved to Plymouth in the 1870s due to rock erosion.
- No. 5, 1882**
Built by Sir James Douglass. Became fully automated in 1982.

Lighthouses are constructed from a variety of materials: wood, granite, brick, sandstone, steel, cast iron and concrete.

One to five keepers manned a light station. They were paid a lower middle-class wage.

Towers are painted with unique patterns and colors.

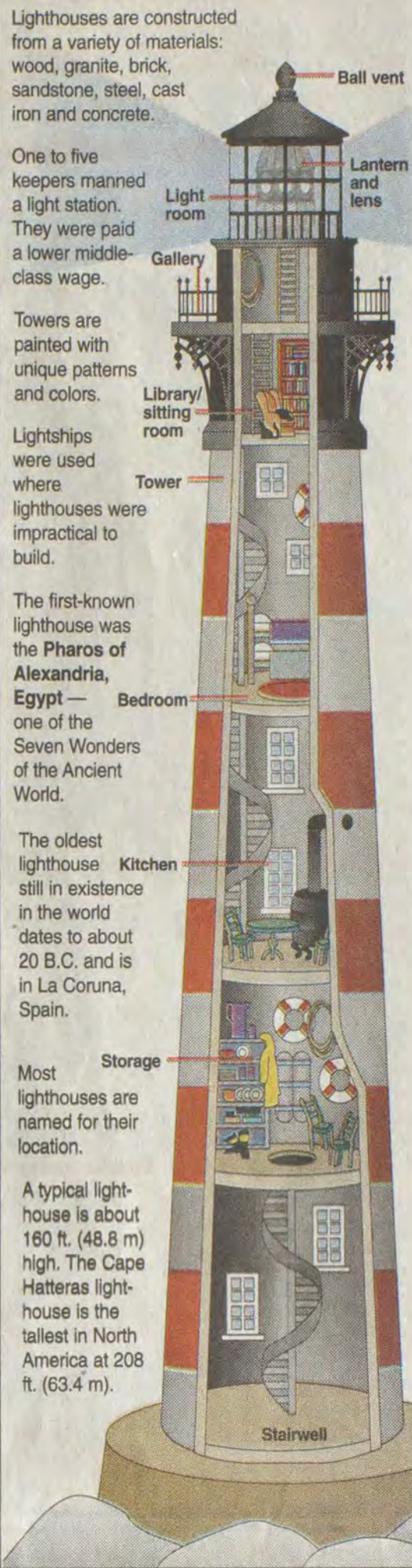
Lightships were used where lighthouses were impractical to build.

The first-known lighthouse was the **Pharos of Alexandria, Egypt** — one of the Seven Wonders of the Ancient World.

The oldest lighthouse still in existence in the world dates to about 20 B.C. and is in La Coruna, Spain.

Most lighthouses are named for their location.

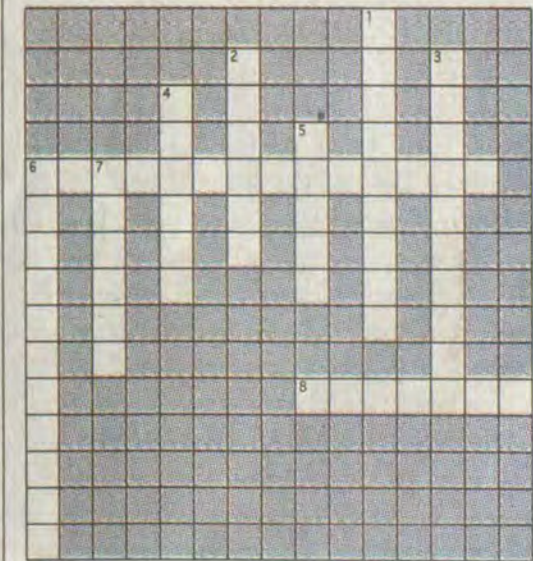
A typical lighthouse is about 160 ft. (48.8 m) high. The Cape Hatteras lighthouse is the tallest in North America at 208 ft. (63.4 m).



Pacific coast		Great Lakes		Atlantic coast	
1. Langara Point Queen Charlotte Is. British Columbia	2. Quatsino Vancouver Is. British Columbia	9. Pelee Passage Lake Erie	10. Manitowaning North Channel, Lake Huron	17. Cap de la Madeleine Quebec	18. Indian Head Prince Edward Island
3. Cape Flattery Washington	4. Heceta Head Oregon	11. Burlington Main Lake Ontario	12. Rock of Ages Lake Superior	19. Owls Head Maine	20. Minots Ledge Massachusetts
5. Cape Arago Oregon	6. Fort Point California	13. Stannard Rock Lake Superior	14. Big Sable Point Michigan	21. Cape May New Jersey	22. Cape Hatteras North Carolina
7. Point Pinos California	8. Point Loma California	15. Erie Land Light Pennsylvania	16. Thirty Mile Point New York	23. Cape Romain South Carolina	24. Cape Florida Florida

What do you know?

- ACROSS**
- The distinct light pattern of a lighthouse.
 - Inventor of revolutionary lighthouse lens.
- DOWN**
- Five lighthouses were built on this reef off the coast of Plymouth, England.
 - Location of first lighthouse in North America.
 - Lighthouses aid mariners in —.
 - First-known lighthouse
 - A type of glass that bends light.
 - The intensity of a light in a lighthouse is measured in —.
 - A lamp invented in 1782 with a circular wick that produced intense light.



ANSWERS
ACROSS
6. CHARACTERISTIC
8. FRESNEL
DOWN
1. EDDYSTONE
2. BOSTON
3. NAVIGATION
4. PHAROS
5. PRISM
6. CANDLEPOWER
7. ARGAND

SOURCES: World Book Encyclopedia, World Book Inc.; Encyclopedia Americana, Grolier Inc.; Lighthouses: Watchers at Sea, Henry Holt; The Lighthouse Book, David McKay Company; Lighthouse Depot Online.

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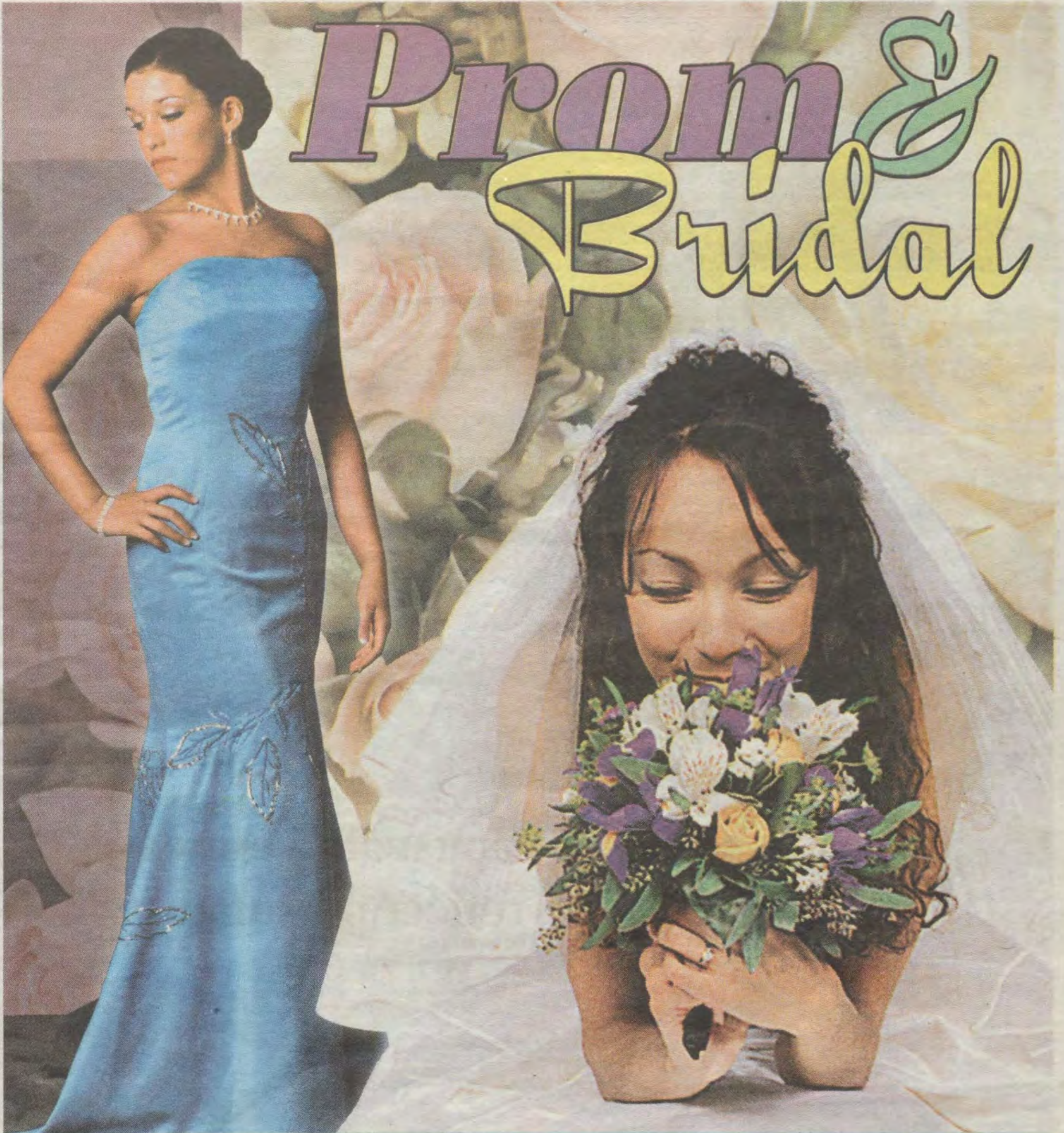
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Bridesmaids 101:

All you need to know about your group of gals

The joy of an impending wedding day can be short-lived when you sit down and list everything you have to do. Fortunately, there are some helpers — your bridesmaids.

Call upon people who you've known forever — close friends and relatives who are with you for good. Choose the number of bridesmaids that best reflects the size and style of your ceremony.

Remember, you aren't obligated to choose people who included you in their

wedding. There are always ways to include more people if you think an old friend or a close colleague from the office might feel slighted at not being a bridesmaid: Call on her to handle the guest book or give a reading. That can make her feel just as special.

Dishing out the duties

You'll want total control of your special day, but remember, your bridesmaids are there to make your life

easier, so let them. They can scour cities for their bridesmaid dresses, research hotels for guests and address invitation envelopes and write place cards. Let the maid of honor be your royal lady in waiting as she coordinates pre-wedding bridesmaids' fittings and lunches and acts as your personal beauty consultant — not to mention therapist — on the big day.

Getting the gowns

Today's brides have come a long way from the days of seafoam-colored ruffles.

Make sure your bridesmaids have a say in their wedding wear. Whatever you do, don't send a gaggle of girls in search of the perfect dress — that's recipe for disaster. Let your maid of honor choose her outfit per your specifications, and then you can select three similar styles for your bridesmaids to pick from.

Although similar dresses are striking as bridesmaids flank the true star of the show (you!), it's unnecessary to have a procession of clones pave your way down the aisle. Bridesmaids' dresses should complement the style and formality of your gown, but encourage bridesmaids to choose a style that appeals to their tastes and flatters their body types. Plus, you can outfit the girls with similar bouquets, shoes and jewelry if you want a fall-in-line parade.

Bringing out the boys

Including a guy in your procession is perfectly acceptable, even progressively hip. Your attendant (not "bridesman") can don the same attire as the groomsmen, but you might outfit him with a unique boutonniere or cummerbund to identify him as part of your bridal party.

Five tips for healthy marriage

Ah, the life of a newlywed. So young and so in love. It doesn't get any better than the first few months of being a husband and wife. But suddenly, life begins to kick in. There are bills to pay, chores to do

and jobs to worry about. It seems like there's no time for romance and keeping in shape to look your best. You looked beautiful and you were so in love on your wedding day, and you want to keep it that way, far beyond your honeymoon.

Here's the good news — you can keep your romance alive and stay in shape by utilizing a powerful personal development tool that you already possess ... your habits. If you think about it, your habits affect virtually every aspect of your life, including relationships with

your loved ones. Your weight and health are determined by your eating and workout habits, your success at work by your work habits. Virtually every aspect of your life is determined by your habits. To utilize this powerful tool, you simply need to start adding "positive" habits to your life that will provide the benefits you want. Research has shown that an action that is repeated for a minimum of 21 days is likely to become a permanent

(See TIPS, page five)

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Unusual diamond cuts reflect personal style

The Associated Press

The dress is stored away, never to be worn again. The flowers live on only in the photographs.

What remains as bright now as the day you were married is your wedding jewelry, still catching the light in a special way, reminding you again that it symbolizes permanency and commitment.

While you should keep that permanency in mind when selecting wedding or engagement jewelry, also be aware that your choices can be inventive and original.

Traditional shapes such as round and square cuts continue to be popular, but more unusual cuts — hearts, teardrops, pears, oval, cushion, marquise and more — are being chosen often enough to be dubbed the

"new classics," according to the Diamond Information Center, information arm of DeBeers.

"Fancy shape diamonds are the hottest bridal jewelry trend of the moment, with more and more brides wanting to select pieces that reflect their personal style," said Sally Morrison, DIC

(See CUTS, page five)

Getting married doesn't mean giving your single friends the ax

When 26-year-old Nicole Jackson of Newton, Mass., told her group of single friends that Sam, her boyfriend of three years, had finally popped the question, they were dumbstruck. "I figured we'd all be single forever, so it came as a shock when one of us decided to take the plunge," says Cate Ellison, 27, a devout single-clan member from Westport, Conn. She was convinced that once Jackson uttered "I do" she'd vanish into thin air.

But two years after walking down the aisle, Jackson's still around. And, while they see less of each other now that Jackson's freewheeling single days are over, they still manage to fit in a couple of coffee chats or dinner dates a month. "Getting married doesn't mean giving your single friends the ax," says Jackson. "Eventually, your relationship with them adjusts and somehow you manage to work it out." But, Jackson admits it's not

easy.

Married women already have a hard time trying to balance career and family; add single friends to the list and it's enough to drive any woman over the edge. First, there's the issue of time. When 28-year-old Sara Rosenthal of Wellesley, Mass., got married in spring 2002, she felt overwhelmed by her new responsibilities as a wife. "Suddenly, I had a second family, a new house to take care of and a baby on the way. I was lucky to get an hour to myself a week." As a result, she rarely saw her single friend, Jolie, during her first year of marriage. Then one day over coffee, the two friends made a pact that no matter how busy they became, they'd have dinner together the first of every month sans their significant others. Setting this specific date relieved the pressure both felt to see each other and is a great way for them to stay connected despite the different

paths their lives are taking.

In Jackson's case, spending time with her single friends is a priority. She devotes two Thursday nights a month to them. Sam goes out with his single friends on the Thursdays when Nicole stays home.

The second hurdle both single and married parties need to overcome is psychological. Many women feel distant from their single pals when they first tie the knot. Suddenly, they're no longer bonded by the quest to find Mr. or Ms. Right. When Erica Corsano, 30, of Boston, got married in the summer of 2002, her single best friend, Ali Harper began to resent her. "I wasn't sure if there was any place for me in Erica's new life," says Harper, a New York City native. In a way, she was right. When a woman decides to get married, her

(See **AFTER**, page four)



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The wedding gown that's just right for you

The Associated Press

Fashion designers such as Vera Wang, James Mischka of Badgley Mischka, Reem Acra, Nicole Miller and Richard Tyler weighed in on the best ways to make the most of your figure when choosing a wedding dress in the spring issue of InStyle Weddings. These experts, and other pros, offer the following advice for these figure flaws:

■ **Full hips.** A-line skirts are best bets for women who are bottom-heavy. You might also play up other areas — like a lovely bustline or shoulders and a small waist — to take attention away from full hips.

■ **Less-than-perfect arms.** Don't cover them up; go strapless, some designers say, because sleeves or straps sometimes draw more attention to the area. In particular, avoid cap or band sleeves, which cut the upper arm at its widest spot.

■ **Small bust.** This "flaw" can work to your advantage and allow you to have fun with design flour-

ishes, like detail on the neckline. Draping at the neckline is flattering, as is an empire-style gown with a seam under the bustline.

■ **Big bust.** Avoid a closed-up neckline, and strapless gowns, which usually push the bust up too much. Sweetheart, scoop and V-necks are the best choices for necklines, and a drop waist helps minimize bustiness by creating space between the bust and the waist.

■ **Tall.** Big, poufed dresses can be overpowering on a tall woman, and very slim dresses can make you look even taller. For the right balance, try a soft ball gown without too much fullness or a skirt shape that is flat in front with draping or bustles in the back.

■ **Petite.** A drop-waist style is a sophisticated choice that can make you look taller, and a princess style works well for full-figured petite women.

■ **Broad shoulders.** A halter style is a good choice because it pulls the eye up and makes the shoulders look narrower. Or try a

strapless dress, which de-emphasizes the broadness of the back. Avoid off-the-shoulder necklines, which make shoulders look bigger.

■ **Narrow shoulders.** Halter tops and strapless styles accentuate small shoulders, so try a style with straps, preferably thick and wide-set. An off-the-shoulder shawl collar can balance out your figure, as can a bolero jacket or a shawl.

■ **Short neck.** Open

necklines are the key to lengthening a short neck — collars that close around the neck only make it appear shorter. Strapless, V-neck and spaghetti strap styles are flattering, and wearing hair in an updo can add length as well.

■ **Short waist.** A Basque waistline, or any drop-waist style that angles downward, will lengthen a short torso.

(See GOWN, page five)

After

Continued from p3

priorities change, and what once made her happy, might not anymore. Before Corsano got hitched, the two friends often met for happy hour drinks and late-night dancing, but now Corsano enjoys more low-key activities like brunch. "When you're single, you always want to go out and meet people, but once you're married you don't feel that pressure," she says.

Once the two friends adjusted to the change in

their relationship, they figured out new ways to have fun together. On Sundays, they go to the gym and grab a coffee afterwards. And instead of hitting the local bars, they take turns hosting dinners with friends every month. Both are happy with the way things are. "Staying friends with single women when married isn't impossible," says Corsano. "It just takes dedication, time, and patience like anything else."



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Cuts

director.

Take for example the teardrop or oval solitaires (about \$18,500) in rings from Hammerman. The company also offers a charming heart-shape stone as a pendant (about \$7,500).

Most of these shapes can be found at Fortunoff stores, but also on offer is something slightly different, but still classic: an art deco-inspired platinum engagement ring (\$1,995) with a round center diamond, framed with square-cut sapphires and corner accent diamonds.

The somewhat squared Lucida diamond cut has become a recent mainstay at Tiffany & Co., with platinum engagement rings ranging from \$2,060 to \$1,000,000. Companion bands (\$6,300-\$12,500) feature Lucida stones channel-set in platinum. Channel-set diamond bands also show up in some of Tiffany's classic round solitaires (\$2,630 to

\$119,200).

The wedding and engagement ring combinations (\$276-\$4,110 in 14K gold; \$360-\$5,338 in 18K gold; \$655-\$5,942 in platinum) from Ze Bridal almost look like one piece of jewelry. Designer Jill Zvaigzne creates this effect by clustering tiny diamonds alongside or under the solitaire stone — a sort of nesting effect between the two rings. She also tucks a surprise inside the rings: a tiny "secret" diamond.

Jewelry designer Harout Ritani offers yet more variations on the traditional themes. One of his Royal Crown platinum engagement rings (\$2,840 for the mounting alone, added to the cost of the choice of center diamond) elevates the solitaire atop a bridge of channel-set diamonds. For a period art deco look, he offers his Endless Love design (about \$6,220, also for the mounting alone), in which he

frames a center round diamond with a circlet of pave diamonds, and yet more diamonds set in the band.

The precious gifts don't stop with the engagement and wedding bands. The bride and groom typically exchange additional jewelry gifts, and they offer still others to the members of the wedding, according to the Jewelry Information Center, an industry group. "Giving loved ones gifts of fine jewelry and watches for weddings shows them how much you appreciate them," said Amanda Berg, JIC spokeswoman.

Gold "charm cake" mementoes for attendants — a gold charm costing perhaps \$50 to \$100 and presented atop a cake at a rehearsal dinner or shower — are currently popular, according to the World Gold Council, another industry group. The group also suggests gold ID bracelets or designer cuff links as a gift

for the groom from the bride.

A really status gift for the bride or any member of the wedding would be one of Cathy Carmendy's platinum or 20K gold monogram bracelets (\$5,000-\$10,000 in gold, \$8,000-\$12,000 in platinum) or necklace pendants (\$1,500 in 20K gold, \$2,000 in platinum). These lacy script-like initials are laid back but elegant, some versions sprinkled with diamonds.

Gown

Continued from p4

A-line skirts are less likely to add pounds than a skirt that is puffy at the hip.

Long waist. A high empire waist or a waistline that just a bit lower than an empire, paired with an A-line or straight skirt, are best for long torsos. Avoid any styles with a drop waist, which adds length to the torso.

Thick waist. The contrast of a big fluffy skirt can make your waist look slimmer in comparison, or you can use a corseted bodice to create an hourglass shape.

Tips

habit.

To acquire a new positive habit, just repeat the actions listed below for a minimum of 21 days, until it becomes a permanent habit that you will benefit from for the rest of your life. Here are some positive habits to keep your romance alive and your body in shape.

n Habit 1: Leave notes of love and appreciation. Make it a habit to put them in a place where your significant other will see them. Buy some Post-it(r) notes and put them where they'll most likely be seen — in the car, bathroom mirror, on the refrigerator. Offer words of love, encouragement and appreciation in the notes.

n Habit 2: Brag about your husband in public. Boast about his successes in his career and the way he looks. Sincere flattery will endear him to you like nothing else.

n Habit 3: The way to a man's heart is through his stomach. Make it a habit to

turn dinners into romantic occasions. Plan the evening and make the meal special from start to finish. Serve aphrodisiacs such as oysters, strawberries, chocolate or wine. Add some candles and soft music for an even more romantic ambiance.

n Habit 4: When you eat out, make it a habit to request how your food is prepared. Always order salad dressing on the side, order fried foods baked and request potato toppings on the side. According to the "Encyclopedia of Foods: A Guide to Healthy Nutrition," those tips will help you save 10 to 30 grams of fat and 100 to 300 calories per entree. Think about how this positive habit can help you achieve a trim and fit body automatically.

n Habit 5: If you want some more help achieving that trim and fit body, make it a positive habit to drink green tea daily. The American Journal of Clinical Nutrition recently

published research demonstrating that green tea increases your metabolism and also increases the rate at which your body burns calories. Burning more calories is your ticket to a leaner body. Green tea is also loaded with antioxidants, which have been shown to reduce the risk of cancer and many other diseases.

There are more than 80 life-changing habits in the new book that #1 New York Times best-selling authors Jack Canfield, Brian Tracy and John Gray are all raving about, "The Power of Positive Habits" (Abritt Publishing) by Dan Robey. Discover how to lose weight automatically, improve your health automatically, have better relationships automatically and more. You can purchase "The Power of Positive Habits" at major bookstores, online at www.thepowerofpositivehabits.com or by calling toll free 1-866-MYHABITS.

Continued from p2

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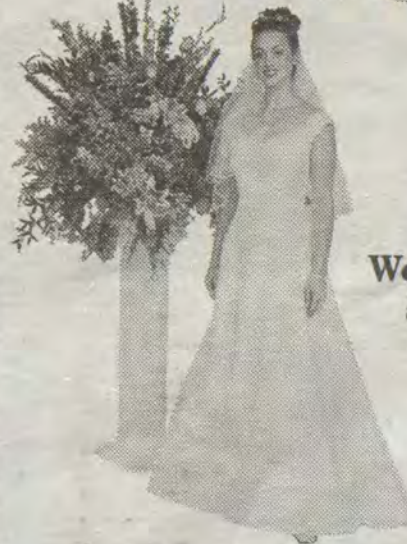


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Let them eat cake:

How to get your wedding cake (and eat it too)

The bride and the groom may be the stars of the big day, but the wedding cake deserves a nod for its time-honored supporting role.

In ancient Rome, guests broke a wheat bun over the bride's head to bring good luck and fertility. Fortunately, the buns sweetened up, and in the 17th century a creative French baker stacked and frosted them. Voila! The first tiered wedding cake was born. One cake tradition that is still under debate — saving the top tier for the first anniversary. "You can save a fruit-cake," says Cheryl Kleinman, of Cheryl Kleinman Cakes in Brooklyn, New York. "Beyond that, I don't encourage it."

CAKE BAKE-OFF

White cakes, butter-cream frostings, columns and dazzling sugar flowers are wedding cake classics, but feel free to break from tradition. If you prefer a trendy design, try a color-

ful Southern red velvet cake, a mango creation that boasts Caribbean flair or even an Asian-inspired creation with red frosting.

As colors go bolder, style and form are also changing. Askew cakes, whose tiers are placed off center, are gaining popularity. Even wilder, Krispy Kreme, a popular doughnut chain, has seen a number of requests for multi-tiered cakes made entirely of their doughnuts — one for each guest. Krispy Kreme Executive Chef Ron Rupocinski has created several templates so brides can choose the look that best fits their reception. Locate your nearest Krispy Kreme branch at www.krispykreme.com or visit a store to investigate the options. Your local baker may be able to shape the doughnut delight into a wedding cake to remember.

BEYOND THE TASTE BUDS

So what's on top?

Joining the ranks of the plastic couple, new toppers are simple and design-oriented: a slim, petite vase with a single rosebud; a layer of flower petals; a plain tiny top tier. Family is in, and some couples are choosing a portrait of themselves, a sentimental keepsake like a keychain or small stuffed animal, or their initials in royal icing, an egg white-based icing that can be sculpted into

shapes.

Cake presentation is also important. What's surrounding your cake is just as visible as the cake itself — especially in photos — so plan ahead. Possible cake surroundings include a nature-inspired display of twigs spread on the table, baby photos of the bride and groom or a handmade tablecloth from Grandma

(See **CAKE**, page seven)



What's for dessert? Serve a wedding cake that suits your style — and your taste buds.

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The groom, best man and groomsmen can get involved, too

Traditionally, women have done all the wedding planning. Crusty adages like "the groom just shows up," have long been conventional wisdom. However, as more couples plan their weddings together, grooms are playing a more active role.

"Contrary to popular belief, planning a wedding

is a difficult task for the groom," says Mark Walerstein, founder of GroomsOnline.com (www.groomsonline.com), an informational Web site offering tips, pointers and timesaving hints designed to make the planning process more fun, relaxing and rewarding for the man. "The

groom does have responsibilities, but we really are in the dark about what to do." Featuring wedding-day checklists, attire pointers and more, the site sheds light on just about every aspect of the wedding, from buying a tuxedo to organizing a bachelor party.

There's even a full-service online gift shop for the gifts you need for the groomsmen, best man, ring bearer and bridesmaids too. Got friends or family who are sports fans? Order a personalized Louisville Slugger or Rawlings bats. Or get creative with a framed photo that displays a name and message on a favorite team's electronic scoreboard. Visit www.grooms-onlinegifts.com for more ideas.

As you plan your upcoming nuptials, here are a few tips to keep in mind, courtesy of GroomsOnline.

■ Finding a disc jockey — Wedding magazines, the yellow pages and of course, word-of-mouth referrals from family or friends are all great ways to find a DJ for your wedding. Set up a meeting with him or her before you make your decision to be sure that person is the best match for what you and your fiancée have in mind and there are no surprises. It's good to have an idea of what you're looking for when calling around. Don't forget to ask for references from previous clients.

■ Choosing the first dance — This is the big one, that all-important first dance as husband and wife. Do you have two left feet? You might consider dance lessons so you can dance like a pro from start to finish. Pick something that's sentimental



Grooms are playing a more active role in wedding planning.

Cake

Continued from p6

that matches the cake's colors.

CAKE MISTAKES

Cakes are beautiful, but they can go wrong. Here are several "don'ts" to keep in mind. Don't:

■ frost with buttercream at a summer wedding unless you want sticky hands (the icing melts quickly).

■ put your cake in front of a bathroom or distracting wall ornament. It deserves center stage.

■ forget to cut it with a knife suited to the cake's composition and texture.

■ forget to talk with your florist about safe, edible blooms if you intend to have your wedding cake decorated with fresh flowers.

■ let the photographer take distant photos of your cake. It's an important part of your ceremony, so get up close to capture details.

THE COST OF A CAKE

Designing the perfect dessert can leave you with a not-so-perfect budget.

Save on your cake with these tips:

■ Have a small cake to cut in front of guests, while pre-sliced sheet cakes (or cute bakers' cupcakes) wait in the back to be served.

■ Talk to your baker about extra costs — you can usually get delivery thrown in for free.

■ Not everyone will eat cake — subtract 10 people from your guest total when calculating the slice count.

■ Use fresh flowers or fruit garnishes and your own supplies as cake decorations to avoid handicraft fees from the cake designer.

■ Skip a separate dessert — your wedding cake is enough.

■ Serve half slices of cake for your guests, and enhance the plates with fresh fruit or sorbet.

■ Forgo the fondant. Buttercream icing is less expensive (and tastier!).

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(See GROOM, page eight)

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How to plan the perfect honeymoon

For many couples, planning a honeymoon is just as important as planning the wedding itself. Regardless of where you plan to go, there are some things you should do and some ideas you need to know to make it a memorable experience.

First, you must decide on a budget. If money is not an issue for you, bon voyage! However, if you're like most couples getting married, you're already paying for more than you anticipated. Establish a budget, and use it as a guide. You may also want to consider using a honeymoon registry service like the free one provided by The Honeymoon, www.thehoneymoon.com. Honeymoon registries are a hot new trend because they allow wedding guests to contribute toward specific elements of your honeymoon. With couples getting married older these days, many have no need for additional crock pots, blenders and toasters. That's why shore excursions,

parasailing, spa services or tours can all make great wedding gifts.

The honeymoon budget takes on a whole new meaning when you decide to do a "destination wedding," another hot trend. These are gaining popularity as more couples decide to forego the average \$20,000 wedding price tag. "These are especially popular with second marriages," according to Donna Ennis of GettingRemarried.com, a popular resource for people getting remarried. The first step in planning a destination wedding is to find a travel agent who specializes in honeymoons and destination weddings. This person will help you begin the process of selecting the location to get married in. This is the first priority in planning a destination wedding because legal requirements for marriage vary by destination.

After deciding on a budget, you need to figure out where you would like to go. If you and your

spouse want the same type of honeymoon experience, no problem. However, if one of you wants adventure and the other wants to relax in the sun, you need to find a destination that can satisfy you both.

Once you establish a budget and you know where you want to go, you need to decide whether you want an all-inclusive package or if you would prefer to be on your own a little more. For those with tight budgets, an all-inclusive honeymoon has the advantage of one all-inclusive package price. This includes most activities at both all-inclusive resorts and on cruises, though there may be things that are not included. Again, these make great gift items for your honeymoon registry. However, if you wish to be on your own to take in more of the surrounding culture and area, then you may be better off creating "your own" experience.

Now it's time to book and pay for this trip. Many honeymoon suppliers offer

specials for early booking. Packages that include air often can offer significant savings because these suppliers buy airline seats in bulk at a discount and then package hotel, and sometimes car rentals to give you significant value. Usually these packages need to be purchased from a honeymoon specialist travel agent, who you can find from a national network at www.thehoneymoon.com. Here, you'll find travel agent services, honeymoon registries, personal wedding Web pages, and honeymoon information at your fingertips, all from the convenience of your home or office.

Groom

■ Continued from p7

to both the bride and groom. If you're still stumped, choose a classic tune from an artist like Frank Sinatra or Nat "King" Cole.

■ Losing your midsection — You'll be front and center before guests, not to mention a photographer. Lose weight for the big day with some self-discipline. Maintain a diet high in protein-enriched foods like eggs, bacon or cheese. Integrate exercise into your work day. Contract your abs when sitting for one minute, relax and repeat every 30 minutes. After work, mow the lawn instead of watching TV.

■ Being the best man — The best man should help put the groom at ease. He'll keep tabs on the groomsmen — arrange for their fittings and ensure they look top-notch on the wedding day. He'll also plan the bachelor party. Traditional parties include smoking cigars and drinking. However, more grooms want memorable outings. Today's parties can range from skiing to camping. At the wedding, the best man toasts the couple. The keys to a good toast are speaking confidently, good eye contact and body language.



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Innovative invitation ideas

Who made the rule that ivory lilies and embossed doves should adorn wedding invitations? Well, someone formal and traditional, of course. There are beautiful cards in every catalog from Hallmark to JC Penney, but

if your special day calls for something a little, well, out of the ordinary, here are some ideas to get your creative card juices flowing.

VEGAS BABY

If you and your fiancée

are game for a wedding in Vegas — or just a friendly wager on who'll RSVP first — why not print up invites on playing cards? A deck of invitations (on all hearts, perhaps) is a fun and memorable way to call on friends

and family. Plus, it's only fitting that your RSVP notes will be post-cards, so you'll save on postage! Create your own at www.cardpress.com.

PAINTING THE TOWN

Art aficionados might want a memorable painting or drawing on their invitations. One person to turn to is Marie Versailles, an artist who works in oil, acrylic, pastel and ink to design paintings that are then printed on wedding invitations. To view choices like bicycling newlyweds, skiing newlyweds or a tropical wedding, visit www.mvs.weddinginvitations.com.

TRULY AN ORIGINAL

Emma Smith, a San Francisco bride, envisioned original artwork on her invitations, so she turned to her cousin Antonia Walker, a New York artist and designer,

(See IDEAS, page ten)

Making the mother-of-the-bride fashionable



Mother-of-the-bride fashions have become more trendy.

The wedding day of your daughter can be almost more exciting, nerve-wracking and memorable than your own. So what do you wear to your daughter's wedding? In the day of the modern bride, it's not as simple as it once was. "The bride's mother is the second most important female at the wedding," says Pamela Fiori, editor in chief of the lifestyle magazine "Town & Country." "She should be at her very best and wear something beautiful."

In other words, you're no longer limited to pastel sheath dresses and cream suits with pearls. "My daughter, Emily, told me at the onset of my search,

"Don't buy one of those frumpy dresses that looks like a suit with a jacket," says Patty Winetz, whose daughter got married in 2003. Winetz followed her daughter's instructions and wore a dark grey, silk strapless gown with a beaded bodice. "I had never worn a strapless dress, but Emily said, 'You have the figure. Go for it!' So I did."

So where do you start? First, get a basic feel for what type of look you want — suit or gown, long or short, stylish or conservative. Flip through wedding magazines and dress catalogs to get an idea of the different styles available. When you finally hit the shops,

have an idea of what you'd like to wear but be willing to try on a variety of dresses. If it fits with your daughter's gown and the bridesmaid dresses, it's fine. (Your dress should complement the bridesmaids, but you shouldn't look like one of them.) Also, worry more about what your daughter thinks than how your husband's relatives will react to your outfit. It's her day and if she's okay with your dress, everyone else should be. And while it's imperative that your daughter approves of your dress, it's not her responsibility to find one. It can be a fun day of shopping for the two of you, but the majority of the responsibility should fall on your shoulders.

After you've found your dress, start to accessorize. By adding fun shoes or a funky brooch to a sophisticated suit, you can add subtle flair. Jewelry is also a great way to add a splash of color. If you choose a navy, cream or black ensemble, think about an eye-catching pair of dangly red or magenta earrings.

Whatever you choose to wear, your daughter should love it and, most importantly, you should feel confident. If everyone else is saying that you look good in a dress but you don't feel comfortable in it, don't get the dress. Your insecurity about the dress will show through, especially in wedding photos that will be around for years to come.

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Choosing location critical part of wedding planning

The Associated Press

You've found the guy, you've found the gown. Now it's time to plan the rest of your wedding.

Decisions, decisions. If you thought invitations were a chore, organizing your most special day also means picking not only bouquets, bridal chairs and table settings but details such as wedding cake tables, place cards and more.

That is one reason why Maria McBride-Mellinger decided to put her expertise as a wedding stylist to good

use by writing "The Perfect Wedding Details: More than 100 Ideas for Personalizing Your Wedding" (HarperCollins, \$29.95 hardcover, Dec. 23, 2003).

Once you've settled on the overall style of your wedding, be it formal, casual, or somewhere in between, start thinking about location.

"Choosing the location first is such a critical component of celebration planning," says McBride-Mellinger. "If you're having your wedding at home, you design it very differently from a wedding in

a vineyard or any other remarkable location. If it's a gold ballroom with lots of gold accents, then your floral theme will need to take on some gilded aspects, as opposed to trying to force a pink and rosy wedding idea.

Then you can start to dress it with the details that make a difference."

Early on, think about how to dress your tables, focussing on centerpieces, says McBride-Mellinger, wedding style editor for Bride's magazine and author of four earlier books about weddings. On a practical note, "Centerpieces should not be so high that guests can't see each other. You want to encourage eye contact," she says. "It's important that centerpieces fit the location and the mood of the event.

Sometimes I want to express a sophisticated, urbane style, other times a charming, countrified presence and still other times I prefer tailored, chic details."

With all the choices, what is her favorite look? Well, she can at least narrow it down to her look of the moment. "It's extremely versatile: flowers under water," McBride-Mellinger says. She creates it with a clear glass ice bucket and a narrow cylinder vase that nests inside it. After filling both with water, she lines the channel between the bucket and the vase with colorful flower heads and fills the inner vase with long stems of the same flowers. "The finished centerpiece is an exuberant floral expression," says McBride-Mellinger, who also suggests centerpieces fashioned from colorful blooms paired with favorite objects including gilded nuts, a pile of pearls, polished fruits and even antique birdcages.

There is so much beyond tried-and-true flowers in a glass vase, she says. With so many decisions, prioritize.

Ideas

Continued from p9

for inspiration. Antonia sketched Emma and her husband, Alex, then scanned the drawing into a computer and added color. Printed on high-quality cards, the invitation was just as Emma had hoped for — lovely and personalized. The couple even ended up using the sketch as a label on wine bottles at their reception! For more information, e-mail Walker at antonia321@earthlink.net.

PERSONALITY AT ITS FINEST

Graphic designer Joan Lockhart, of Rockport, Massachusetts, used her artistic talents to create her wedding invites. "I attached four pages with two side-by-side grommets and a ribbon," she explains. "The top layer was transparent vellum with large type that read 'Love, Romance, Commitment,' and it showed through to an image of my husband Alan Brickman and I kissing. The following pages showed the usual time and place information." Lockhart now makes wedding invitations for other couples — you can check out her designs online at www.gumboarts.com.

HELD AT RANSOM

Another imaginative bride — whose wedding was held on a mountaintop in

Bluemount, Virginia — decided on a somewhat quirky invitation format. Alyson Browett, of Washington, D.C., and her fiancé, John, created a ransom note with cut-out letters that read, "This is your last chance to see them single." Inside were the specifics. "It was truly meaningful. Everyone loved the invitations!" Browett says.

IN TUNE WITH NATURE

If out-there originality isn't what you're looking for, you can find something more traditional at www.somethingnewinvitations.com. The site features invitations with delicate leaves and nature-inspired accents, bound by light-colored ribbons for a fanciful touch.

TAKING IT HIGH TECH

The next wave in wedding invitations may be virtual. With the ease of sites like www.evite.com, couples can design a Web page where guests can register for gifts, RSVP and view other guest responses. The best part? It's free!

However you envision your invitation, design gurus and brides alike agree that it's okay to break tradition in favor of an innovative idea.

(See PLAN, page eleven)

It's all about the Dress and You!

'Twas the night before the wedding

It's the night before the big day, and you are a bundle of nerves. You are worried it will rain. You are worried that Aunt Gertrude will pick a fight with Aunt Betty. Instead of worrying about things that can go wrong, why not concentrate on something more positive like celebrating your impending

A month of marriages

June has been the most popular month in which to get married for centuries. But that wasn't the reasoning behind the trend in the 1400s and 1500s. Then, most people bathed thoroughly only once a year. The annual bath occurred in May. In June, people still smelled fresh, making it a good time to hold special events, like weddings.

nuptials with family and friends at a rehearsal dinner? You can relax and keep your mind free of worries.

A rehearsal dinner is usually held the night before the wedding. Guests should include both sets of parents, grandparents, siblings and all members of the wedding party. It's up to you — and your budget — whether you want to invite out-of-town guests or people you don't see that often. It may be a good idea since it will give you more time to chat with them than during the wedding reception.

You don't want any unnecessary stress the night before your wedding, so choose a place that's relaxed and casual. A small restaurant that you can take over for the evening would be perfect, or a private dining room in a hotel or restaurant is another option. A catered dinner in someone's home or a picnic in a park (weather permitting) are also

good choices.

Your dinner host is responsible for taking care of the invitations. They should be sent out after the wedding invitations are mailed to give guests enough time to make proper lodging and transportation arrangements. The invitations can be formally engraved, printed from a computer or handwritten on fill-in-the-blank cards. Include directions and parking information. Ask people to RSVP so you can give the venue a proper head count.

Most guests will want to rest up for your big day, so don't be surprised if some make an early exit. If you and a few of your guests aren't ready to turn in just yet, you might suggest that guests gather in someone's hotel room or at a nearby bar. Just don't make it too late an evening or you'll wake up to puffy, baggy eyes. How will all those photos look?

Plan

Continued from p10

Tables, for example, are key. "The tables are really important because typically wedding celebrations are a dining experience," she says. "You are breaking bread together, and your guests are anchored to the tables. That is their little home away from home for the celebration. It becomes a little oasis for them. They will get up, dance, come back, rest their feet, mingle and come back again. It's their port of call."

If you decorate your table creatively, you are helping your guests to have an instant conversation builder.

"The more welcoming you can make it, the more appreciative your guests will be," McBride-Mellinger says. "You want to create easy ice-breaking opportunities. I find that when the brides take the time to set the table in an interesting way, it starts chatter among the guests. It's a subliminal way of being a really great hostess." Her own favorite table setting is an all-white table with chocolate-brown accents. "I love the graphic results of marrying the rich brown tones with crisp

whites," she says. "Starched white linen dressed with chocolate linen napkins, vases of chocolate cosmos or calla lilies and dark wood ballroom chairs with white cushions is altogether modern, elegant and classic."

And don't forget the chairs. "Dressing chairs is a nice punctuation point," she says. "I find dressing all the chairs is a little like gilding the lily because having 200 chairs with decorations is definitely over the top and in most cases perhaps an unnecessary luxury. But what is great is to do the bride and groom's chairs or the bridal party's chairs as the center of attention."

McBride-Mellinger suggests making a large poufy bow, sewn with the fabric used for the tablecloth, which ties around the back of the chair. And if you don't want to take the time to sew, a five-inch-wide satin ribbon can make an equally luxurious accent when tied into a bow, she says.

Whatever you choose, make your own individual mark, says McBride-Mellinger. "I find in talking

to brides all the time that they typically have been to a number of weddings already, and they choose to marry in some of the same locations where their friends have married, but they want to find a way to make it personal," she says. They're asking: "What can I do to make my table, my flowers, my event special, but also mine?"

If planning a wedding feels like a formidable task, take heart. "A lot of people don't come from a background of having planned a lot of events of this magnitude," she says. "We plan holiday dinners or barbecues or potlucks or dinner for six on some occasions, but we get a little stuck trying to think about a bigger picture. We are trying to make an event for 200 feel as special as an event for six or eight. It's a tall order. Even doing it for 10 people is a tall order."

"How to make a large party intimate, that's the big trick," she says. "So focus on the details that are manageable and interesting, whether it's the way you do your napkin ring or decorate the chair backs."

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Pro organizer shares tips from her own wedding

by LISBETH LEVINE
THE ASSOCIATED PRESS

CHICAGO — Maureen Gainer's boyfriend of four years, Eamon Reilly, proposed to her in New York's Central Park on Dec. 30,

2002. Before they had rung in 2003, Gainer had booked the church and reception site in Chicago and purchased bridesmaid dresses.

An overeager bride? No, just an organized one. As a professional organizer in

Chicago, Gainer strives to keep everything running for clients in an orderly manner — and she wasn't about to let her wedding plans take any wrong turns.

"Being organized keeps you from turning into a bride

who bites everyone's head off," said Gainer, 28. "Do everything you can possibly do early. There's no reason the week of your wedding you should be doing Mass books or table cards."

Right away, she and Reilly, 29, realized they had a challenge on their hands. They both come from large Irish families in tightknit Irish communities — Gainer is one of six children and grew up on the South Side of Chicago, and Reilly is one of four and was raised in Dumont, N.J. — which was one of the things that drew them to each other.

However, when they started drawing up their guest list, they found themselves struggling to cut the number down to 425 invitations. The final tally at the Oct. 4, 2003, wedding was just under 300.

Budget main concern

"Budget was our major concern," said Gainer. Both families contributed financially and the couple made up the difference, but keeping the cost of a Saturday night wedding below \$40,000 took a lot of ingenuity.

First, they agreed on what was most important to them: a beautiful and meaningful Mass and a reception where everyone had a great time. "Food and drinks we weren't going to scrimp on," she said.

Their biggest splurge: A 12-piece band, which played everything from Frank Sinatra to '70s songs. On the band's breaks, a friend played bagpipes and they put on a CD of Irish set dances (the Irish version of

line dancing). They didn't cut corners when it came to taking care of their guests, 100 of whom came in from out of town. A trolley shuttled everyone to and from the wedding, and out-of-towners were also treated to a trolley tour of Chicago and dinner and drinks at an Irish pub the night before.

They made sure the celebration paid homage to their Irish heritage, from the Celtic seals embossed on the invitations to the Guinness on tap at the reception. After all, the two met in Greenwich Village when they both went to hear a concert by a small Irish band. At the time, Gainer was working in New York for a non-profit housing and social services agency, and Reilly, an environmental scientist,

Simple ways to get in shape for the big day

(MS) - So you're getting married. Well, all brides want to look their very best on their wedding day. Hours are spent choosing the perfect gown, hairstyle and makeup. Many brides also take this opportunity to get in shape. Like the rest of

your preparations, it's never a good idea to wait until the last minute to get started. However, in between planning the wedding and a never-ending workload, it can seem like an impossible mission. The following simple tips offer an easy way to

get in shape for the big day.

■ Drink like a fish. Drinking water is probably the single most important trick to weight loss. By making you feel fuller, it helps prevent food cravings

(See SIMPLE, page 17)

(See PRO, page 17)

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The road to saying 'I do': Some creative marriage proposals



Before the wedding comes the proposal. What kind of story can you tell?

Besides telling how you met your spouse or where you had your first date, there's always the question, "How did he propose?" Like snowflakes, no two engagement stories are exactly alike, though it's likely most bring a tear to your eye when you hear them. If you are about to get down on one knee or need a good cry, here are some ways to say "I Do."

THE MAGIC OF THE MOVIES

My now-husband, Arn, was a film editor and animator. One evening, he decided we should watch one of his favorite old movies, "The Bride of the Monster." We were about halfway through the movie when the monster came on screen and pulled off a mask, revealing Arn. He asked if I would be a "bride" to his "monster."

Sheri McConnell
Grand Junction, Colorado

CALIFORNIA DREAMIN'

My boyfriend, Alon, told me not to make weekend plans. On Saturday morning, he called and told me that he had left an envelope in my laundry basket. He said, "Love you. Bye." and hung up. I opened it, and it

said there was a driver waiting for me downstairs. In the limo, the driver handed me my first clue. It told me to go to where we went on our first date. It was a bar in Hollywood, where I found the next clue taped to the bar's door. It told me to go to the restaurant where we celebrated our one-year anniversary. The next clue was taped to the door there, and that led me to our favorite restaurant in Santa Monica. The hostess there handed me my next clue, which instructed me to go to the airport. On the way there, the driver handed me the next two clues. Number five told me I was getting on a plane to Oakland, California. Number six said not to open it until the plane landed. After landing, I read the clue, which said the driver would take me to my final destination - a hotel suite in San Francisco. Inside, there were 18 dozen roses, 12 dozen tulips, 5 dozen gardenias, candles burning, our song, "At Last," by Etta James, playing in the background and, of course, Alon. He stepped out of the bedroom, and I ran to him, crying. He held me in his arms and proposed.

Kimberly Slater
Los Angeles, California

WINTER WONDERLAND

Everyone knows to bring me a snow globe when they travel, but only the plastic goofy ones. My boyfriend, Jason, was back from a trip to Paris. I asked about my snow globes, but he just ignored me and kept on unpacking. I went into his bag to look for them. I found one, but felt a sticky glue on the bottom. I complained that it was damaged. He came over to me, put it upright and made me look at it from the front. When the snow cleared, I saw a ring hanging from the Eiffel Tower. We ran to the kitchen, cracked it open, and he asked me to marry him.

Jemma Rubin
New York, New York

PIE IN THE SKY

I had volunteered to help with my high-school reunion dance. At one meeting, someone asked who I was taking, and I said I didn't have a date. A committee member said she knew a single classmate and suggested I call her. Shirley and I began dating. The reunion committee had a final meeting a few months later. When the hostess was preparing to serve pie a la mode, I went into the kitchen and handed her a diamond engagement ring wrapped in plastic. I asked her to put it in the ice cream she was about to place on top of the apple pie she was about to serve Shirley. She agreed, and everyone there (except Shirley) soon knew what was going on. Shirley took a bite, with all eyes on her. On the next bite, Shirley reached up to her mouth and pulled out what she thought was a "piece of ice."

Richard Hoenig
Edison, New Jersey

ON CLOUD NINE

Bob and I were sitting in first class on the way to Seattle, Washington, to meet my family. During the flight, a voice came on over the intercom and said, "This is your pilot speaking. I would like to acknowledge

some people in first class." I looked around for some celebrities. The pilot went on. "They're sitting in seats 1E and 1F." I looked at Bob and said, "We're in seats 1E and 1F." The pilot continued, "As we're approaching Niagara Falls, I feel that it's appropriate to say 'Diana, Bob has a question for you.'" Bob smiled, handed me a box, and asked me to marry him.

Diana Charmoy
Allamuchy, New Jersey

FIRST-DATE JITTERS

I thought nothing of it when my husband, Brian, took me to Cafe Montana, which happened to be the site of our first date. After dinner, he took me to the apartment he had lived in when we first started dating. We were standing outside the door to the apartment when he recited a little speech about this being the place where it all began. I just thought he was being sentimental and told him we should leave. He then put the ring on my finger. Only

after the fact did I realize he was wearing the very same outfit he wore on our first date!

Stephanie Dubinsky
Los Angeles, California

THE SKY'S THE LIMIT

Ralph asked me if I wanted to go to the Christmas-tree farm to pick out a tree. That morning, I woke up and got dressed. I went into the kitchen, and my mother was upset that I had my duck boots on. I explained that I was going to cut down a tree and the boots were the most practical shoe to wear. Biting her lip, my mother let me leave the house. When I

arrived at Ralph's, he was dressed in trousers with a nice sweater and overcoat - not exactly tree chopping attire. At the farm, he was acting weird, asking me why the sky was full of planes. I didn't know what he was talking about. He pointed to the sky and said, "What does that one say?" When I looked up I saw a plane with a banner that read "Vivian, will you marry me? Love, Ralph." Afterwards, we went back to my mother's house, where my mother reminded me that she couldn't believe I got engaged in my duck boots!

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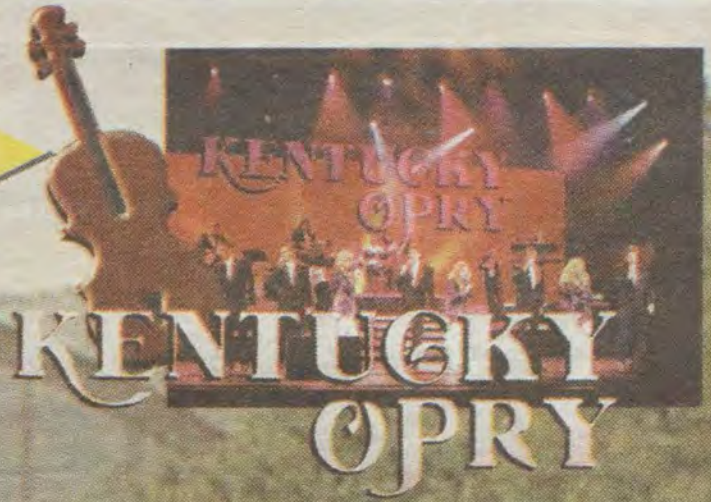
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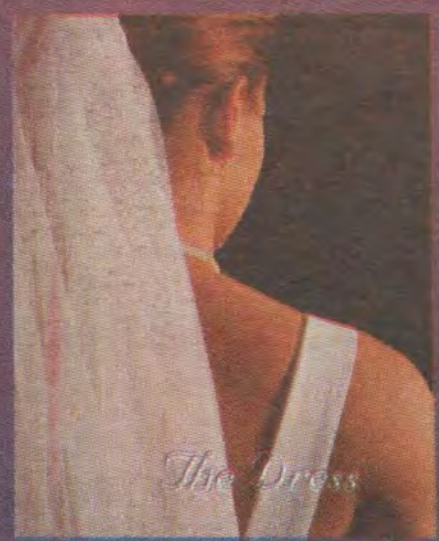
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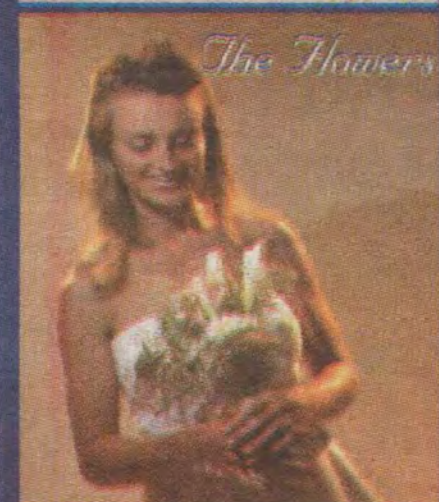
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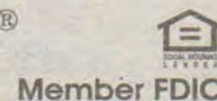
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Pro

■ Continued from p12

was living in New Jersey. Gainer returned to Chicago in the summer of 2000, and Reilly agreed to give Chicago a try. It turned out to be a "perfect compromise," Gainer said. "I'd never live in New Jersey and he'd never live in Manhattan. Chicago is enough city for both of us."

Gainer saved thousands of dollars in four ways: She borrowed whatever she could, she accepted friends' services as wedding gifts, she designed and crafted many of the wedding elements herself and she skipped things she couldn't afford. She kept the theme simple and easy to carry out, opting to play up the season by using autumnal colors in the flowers and bridesmaid dresses, pumpkins in the centerpieces and leaf-shaped seating cards.

Borrowed her gown

What's more, none of her cost-cutting measures cheapened the celebration; in fact, they enriched the day by making it more personal.

When Gainer walked down the aisle at St. Barnabas Church in a strapless satin Lazaro gown, she was able to claim the dress as her "something bor-

rowed."

"I wanted a plain strapless dress," recalled the bride, who is not the least bit sentimental about stuff — especially a dress you wear once that can clutter a future home. When a friend who had gotten married the year before offered hers, Gainer happily accepted. Her veil, handbag and jewelry also were borrowed, and she bought a bolero at a consignment shop to cover her shoulders in church. Her ring and her shoes were about the only things that were new.

Friends and family members offered their talents as gifts. An aunt baked the four-tiered wedding cake accented with fresh roses. A sister did the calligraphy on the invitations. A hairstylist friend pulled her hair into a sleek updo.

Gainer has always loved do-it-yourself projects and she enthusiastically took on the save-the-date cards, invitations, Mass books and seating cards. She embossed copper cardstock from Paper Source, a chain of paper stores, with a Celtic stamp and held the invitation closed with sheer gold ribbon. She printed a sample on her home printer, then had the rest done at Kinko's. In

the gift bags for out-of-town guests, Gainer included a CD of Chicago-themed songs that she made on the computer and a votive candle from Ikea, on which she drew a city skyline with a silver pen and wrote "Thanks for coming."

She hired a high-end florist, but saved money by making the vessels for the centerpieces out of grayish green pumpkins.

She and her mother drove to a farmstand in Michigan to buy the pumpkins (which were \$5 less apiece than in Chicago), then invited friends over to carve and shellack them while they ate lasagna and drank wine and beer. The florist filled the pumpkins with roses, hydrangea, hypericum berries and apples, then scattered fall leaves on the tables.

"It was that careful selection of which things to make and which to buy that made it special without turning it into an arts-and-crafts project," said Bridget Gainer, the bride's sister and maid of honor. "She found ways to personalize the wedding and make people feel connected to it that really added to the day."

Among the things she did

without were flowers in the church and guest favors.

Instead of an expensive floral arrangement on the seating card table, she placed framed wedding photos of both of their parents, votive candles and a guest book.

"There were things I would have loved to do, like favors, but if I couldn't do them the way I wanted to, I chose not to do them," she said. "We saved a large amount on things I don't believe make a difference in the ultimate celebration."

Dresses were just \$25

Among her favorite bargains were the bridesmaid dresses, which she found while shopping with friends at H&M in New York the day after she got engaged. Gainer was thinking she would keep the chocolate satin full-length gowns in mind as a possibility, until she saw they were marked down to \$25.

"I've been in weddings where the dress is \$250 and

(See PRO, page 18)

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Simple

■ Continued from p12

even as it flushes out unhealthy toxins.

■ Forget about drastic starvation diets or "magic" pills with stimulants. Many are not only ineffective but also have unhealthy effects on your skin, hair and overall stress level.

■ Don't skip meals. This is one of the most popular stumbling blocks to weight loss. When you skip meals, your body assumes it's starving and slows down your metabolism to conserve energy. It's important to feed your body every three to four hours.

■ Exercise for 20 to 30 minutes at least three times a week. This is a "golden oldie." Exercise actually helps you manage wedding-

and work-related stress while burning off extra calories. If you can't get to the gym, then simply walk for 20 to 30 minutes. It doesn't really matter what you do, as long as it's active.

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■ Take vitamins regularly. A lack of essential vitamins and minerals can make losing weight more difficult.

■ Watch your sugar intake. Sugar is a "high glycemic" substance, which means it causes your body

to put out a higher amount of fat storage hormones (insulin), which are directly responsible for loss of skin tone and increased body fat.

■ Skip the salt. A diet that is too rich in sodium causes your body to retain water, which can make you look "puffy."

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Here's step-by-step countdown to a perfect wedding

Congratulations! You're in love, you've set a wedding date, and soon you will be married. Between the romance and the ritual, however, you must survive a potentially life-changing challenge: planning your wedding.

Pulling together a wedding celebration can be a hectic, intimidating, emotionally stressful task. But it doesn't have to be. Planning for the perfect wedding

starts with the bride and groom summoning up a clear image of the wedding they want — the image, feel and atmosphere — before they take a single step.

Before rushing out to book a hall, order hors d'oeuvres and ice down the champagne, sit back and dream a bit. Who are you and your fiancé? Who, and what, is important to you? Take the time to define your idea of an ideal wedding.

This will pay off later, helping with the decision-making for your ceremony and reception.

When you've decided on the overall tone for your special day, it's time to get down to business. Women who tackle wedding planning pragmatically, as if it were a work-related project, end to survive the process with greater ease.

Think of yourself as a project manager. Establish an overall framework for completing the work, and set specific intermediate deadlines, schedules and goals. Taken one small job at a time, the detail-laden job becomes less overwhelming. Here is our suggested timetable for the steps you should take. Start here to envision and plan the wedding of your dreams.

9 months before

■ Choose your wedding date. If you plan to be married in a church or temple, clear the date and time with your clergy.

■ Announce your

engagement in local newspapers.

■ Set your budget. Take time for a heart-to-heart talk with your fiancé about the budget and style of your wedding, reception and wedding-related parties, and who pays for what.

■ Enlist help. Consider hiring a bridal consultant. If your budget won't stretch that far, don't despair. Enlist

relatives and close friends to assist you in specific tasks - selecting a dress, interviewing caterers, etc. - especially in areas where you feel you need support.

■ Compose your guest list. Let out-of-town guests know your wedding is in the works so they can make travel plans.

■ Reserve your reception site.

■ Choose your wedding attendants.

■ Select your wedding gown, shoes and accessories.

■ Decide on bridesmaids' dresses.

■ Determine the theme or mood you'd like to establish with the food, table set-

(See **STEPS**, page 19)



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Pro

■ Continued from p17

it's hideous," she said. "I was determined not to impose that on my bridesmaids, who I knew would be my sisters and his sisters." She was having six bridesmaids but bought eight dresses in case they needed extra fabric for bags or shawls. The size 16 she bought for extra fabric turned out to be invaluable; by the time of the wedding, her sister Bridget was seven and a half months pregnant, so their mother altered the larger gown to fit her.

During the planning

process, Gainer kept everything on track by setting up a master Excel spreadsheet with workbooks for categories like the mailing list, budget, master to-do list, seating chart and song list. "I worked exclusively off the spreadsheet so there was no information in different places," she said. She kept folders for contracts, invitation samples and readings for the Mass together in a portable hanging file.

All of her list making and careful planning paid off with a wedding that ran

as smoothly as one of Gainer's flowcharts. Sure, the groomsmen forgot their flowers and the bagpiper didn't get the cue to come into the church at the end of the ceremony, leaving the couple waiting at the altar for an excruciating four minutes.

"Little things go wrong, but who cares?" said Gainer, who never lost sight of her desire to show guests a good time. "Everyone danced the whole time. That's a successful wedding to me."



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Steps

tings, flowers and entertainment at your reception.

■ Interview caterers, musicians, florists, photographers, videographers and cake makers. Get written estimates of their costs. Keep track of your discussions and their bids in a notebook or with wedding-planning software.

6 months before

■ Choose your caterer. Get a written contract.

■ Choose your musician(s).

■ Book your photographer and/or videographer.

■ Select your baker and order the cake.

■ Choose your florist.

■ Decide on your color scheme.

■ Shop for wedding rings with your fiancé.

■ Decide on your honeymoon destination. Work with a travel agent to book your

travel and accommodations.

■ Select your wedding invitations. Don't forget to purchase personal stationery for the thank-you notes you'll need to write.

5-4 months before

■ Register for gifts at one or more bridal-gift registries.

■ Help both mothers to coordinate and shop for their wedding-day attire.

■ Select music for your ceremony and reception.

■ Choose readings for your wedding and write your wedding vows.

■ Plan a rehearsal dinner for members of your wedding party, your family and out-of-town guests. Reserve the location.

■ Arrange hotel accommodations for members of the wedding party who live out of town.

■ Reserve your wedding-day transportation and any other wedding-day rental needs.

■ Make appointments for gown fittings.

3 months before

■ Carefully prepare directions, including simply drawn maps, if necessary, to help guide guests to the wedding and reception, and to hotels.

■ Begin addressing invitations and announcements. Select a special stamp at the post office. Invitations should go in the mail six to eight weeks before your big day.

■ Give the caterer or other food suppliers a close idea of the number of guests you expect.

■ Make sure all reservations are in place for honeymoon travel.

■ Check with bridesmaids to make sure they have their gowns and are getting them adjusted.

■ Shop for gifts for your bridesmaids. Offer to help your fiancé select gifts for his attendants.

■ Select your "going away" outfit and special items for your trousseau.

■ Make a date with your photographer for any formal portraits you desire.

2 months before

■ Mail out your wedding

invitations and announcements.

■ Have wedding portraits taken.

■ Finalize the music selections that will be played during your wedding ceremony.

■ Meet with musicians who will provide entertainment during your reception and orchestrate precisely what you want and when you want it played.

■ Plan your rehearsal dinner.

■ Plan a luncheon for your bridesmaids.

■ Make appointments for a hairdresser, makeup artist and manicurist.

■ Finalize honeymoon plans. If you're traveling overseas, check again that your passports are current and that you have any necessary visas.

1 month before

■ Get your wedding license.

■ Have a final fitting of your gown and make sure your attendants have theirs.

■ Check that your menu selections and service plans are locked in place with the caterer.

■ If you plan a formal dinner for your reception, it's time to draw up a seating plan and make up place cards.

■ Check with your florist to confirm dates and times of flower deliveries.

■ Meet with your photographer to specify the formal shots you want taken of the bridal party, as well as specific, candid shots you'd like taken during the reception.

Two weeks before

■ Pick up your wedding rings. Make sure any special engraving appears precisely as you wished.

■ Begin packing for your honeymoon.

One week before

■ Make final checks with all your vendors: officiant, musicians, florist, photographer, videographer, limousine or other transportation provider, caterers and baker.

■ Ask a friend or family

member to arrange for wedding gifts that may be brought to your reception to be delivered to your home or another safe spot.

■ Wrap gifts for bridal attendants and have them ready for the rehearsal dinner.

■ Purchase travelers' checks and reconfirm honeymoon travel and hotel plans.

■ Inform your caterer of the final number of guests. Confirm that out-of-town guests are set with hotel accommodations, transportation and wedding-day directions.

The day before

■ Relax and enjoy a massage, manicure and pedicure.

■ Traditionally, this is the day for your rehearsal ceremony and rehearsal dinner. Have fun!

■ Turn in early for a good night's sleep.

Your Wedding Day

■ Allow plenty of time

(See **STEPS**, page twenty)

■ Continued from p18

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- Everyday cutlery.
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- Fine cutlery.
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- Casserole dishes.
- Steamers.
- Cookie sheets and bread tins.
- Serving utensils.
- Serving platters.
- Hand mixer.
- Toaster.
- Vacuum cleaner.
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Thank the ones who make the wedding day special

In the weeks prior to the actual wedding ceremony, the bride's house will start to look like it does at Christmas. Packages and boxes of all shapes and sizes from various guests and well wishers will be arriving daily. In this time of excitement, organization is needed

Steps

■ Continued from p19

for dressing, makeup and hair styling.

■ If you plan on photography before the ceremony, allow ample time so you're not rushed.

■ Relax, and remember: This is your special day, the result of all your careful planning. Now it's time to enjoy. Take a deep breath. Refuse to let any glitch get to you. Savor every moment of this sacred day. Let your joy and happiness shine through. Best wishes!

to keep track of who sent what gift.

One of the most important tasks that the bridal couple must complete is the overwhelming job of writing thank-you notes to all who sent gifts. The job of sending these notes is so time-consuming, because they must be written; a verbal thank you is not enough. The only verbal note that can be sent is a telegram, which can get costly when sending to a large number of guests.

Wedding gifts are given to both the bride and groom. When writing a thank-you note, be sure the signature reflects both of them. Writing the notes is not just the task of the bride, so be sure to put the groom to work. One idea is for the groom to write to his friends and the bride to hers. It is fine to sign only one name, so long as the writer says, for example, "Tad and I thank you for the wonderful toast-er."

Make sure the gift is specifically mentioned in the note, keeping in mind that monetary gifts should never be referred to by dollar amount. A guest should be

able to see that the couple appreciated, as well as remembered, the gift that

(See **THANK**, page twentyone)

Top weddings of television and film

The wedding of a favorite television or movie character can sometimes touch you more than the real thing. Here's a closer look at some classic weddings from television and film.

■ "General Hospital"— Luke and Laura's 1981 nuptials had it all: churchbells, a beautiful gown, a handsome couple so deeply in love. It remains the most-watched TV moment, ever.

■ "Cheers"— Woody found someone who wanted to know more than his name

when he married Kelly.

■ "Little House on the Prairie"— Laura grew up and married Almanzo.

■ "Father of the Bride"— A father mourns the loss of his daughter to another man.

■ "The Muppets Take Manhattan"— Filled with bears, penguins and chickens, who could forget the wedding of Kermit the Frog and Miss Piggy?

■ "The Wedding Singer"— You'll be longing for the '80s in this romantic comedy with Adam Sandler.

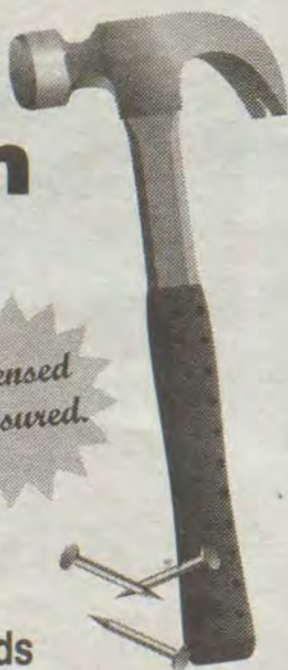
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Becoming a missus: The basics of taking on a new name

Besides getting used to having someone to call their husband, some brides also must adjust to a new last name.

There is no law that says you have to get a new name — it's a matter of personal

choice. Stacey Waldman, 26, of New York, New York, knew that her grandmother and mother took on their husbands' names. She called upon tradition when deciding to take on a new moniker. "I knew it was the

thing to do," she said. Others offer multiple reasons for making the switch, like Jennifer Hopwood, 25, of New York, New York. "I changed it out of respect to my husband's family (he's the last male with that

name), for tradition, to make it easy on our potential children, and — most importantly — to symbolize the union of our lives."

Where to begin? You can't start the paperwork until after your wedding, so make honeymoon reservations in your maiden name. When you return from the "R and R," wait for the copy of your marriage license, the legal permit you got to get married. Depending on your state, it takes a few weeks or months to get the copy. Once you get the certificate (and make a bunch of copies), contact the Social Security Administration to get a new Social Security card. Visit www.ssa.gov or call (800) 772-1213 for more information. Next, visit your Department of Motor Vehicles to change the name on your license. Each state's rules varies, so

(See **NEW**, page twentythree)

Hit the web for wedding help

When you are planning a wedding, just about everyone is there to give a piece of advice. Tired of getting advice from friends, family, co-workers or people you barely know? Today, you can just turn on your computer and hop online for articles on making your wedding day special.

Here's a rundown of some of the most popular wedding sites out there.

The knot (www.theknot.com) — What started as a Web site has now become an enterprise. They still have a Web site but now also produce magazines, books and a tele-

vision show on the Oxygen network. The Web site contains just about everything for the bride-to-be from etiquette advice to local message boards where brides-to-be can network with other couples.

Wedding Channel (www.weddingchannel.com) — A broad-based site that includes advice and info on fashion and beauty, planning tools and a gift registry. It also includes a tool to help couples create a wedding Web site and a guest list tracker where couples enter, track and update guest names, invitations, RSVPs, gift information and special

comments (such as a guest's dietary preferences).

Ultimate Wedding (www.ultimatewedding.com) — The best part about this site is the song planning section. The wedding song library has more than 3,800 choices for ceremony and reception tunes. You can also play clips of many of the songs to make sure the perfect tune is played while you cut the cake, toss the garter and dance with your Dad and your spouse.

Wedding links galore (www.weddinglinksgalore.com) — Produced by Ultimate Wedding, this site can link you to everything from officiants to photographers to reception locations.

Modern Bride (www.modernbride.com) — Get planning articles and advice from this magazine's online companion. Photo galleries from the magazine are great for ideas. Dress finders for bridesmaids, bride and mothers are also helpful.

Bridalzine (www.bridalzine.com) — This site contains a series of articles called "Weddings on a Shoestring" with tips on saving when planning the big day. You'll find the tips on budgeting and cutting corners are useful.

Thank

■ Continued from p20

was given to them.

The note should say exactly how the gift will be used. Additionally, if the gift needed to be returned, either because it was a duplicate or it simply could not be used, never inform the sender; a simple thank you is enough.

Be prompt in sending thank-you notes. Although it is perfectly acceptable to send a thank you up to three months after the wedding, couples should start writing before the wedding for gifts

received in advance. This eliminates a lot of work and informs guests that the gifts were received and not lost during shipping.

Finally, couples should share any special memories they have of their guest from the wedding. Not only will they be thanking the guest for the gift, but most importantly, they'll be thanking him or her for coming to and celebrating the happy occasion with them.

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Relationship tips to help you live 'happily ever after' together



Recent studies suggest that the road to a healthier "happily ever after" begins with maintaining a healthy relationship.

If you pass just about any newsstand nowadays, you'll no doubt see headlines such as "Beat Stress," "Get 'Wow'-Worthy Hair" and "Increase Your Happiness" screaming for attention from passers-by. And why not? Who doesn't want to look and feel better?

However, while clearer skin, shinier hair and less stress can certainly make you feel happier in the short run, truly improving your life arguably has a lot more to do with the quality of your relationships. In fact, recent studies from George Washington University, Duke University and the University of Zurich, Switzerland, suggest that having a good relationship may be the key not only to greater happiness but also to a better recovery from breast cancer, heart disease and other illnesses.

In her recently released audiobook, "From Pain to Passion: Building a Truly Great Relationship," relationship expert Adele Britton provides a road map for creating a joyful life through more positive interactions with loved ones.

Britton offers easy steps for developing the tools necessary to build a great relationship in a disarmingly candid way, coloring her narrative with stories and examples culled from her

more than 26 years of experience as a psychotherapist, radio personality and online advice columnist at www.AskAdele.com. Here are several of her top recommendations:

■ Know what makes you feel alive and creative. Being in touch with your emotions will empower you and help you communicate better.

■ Agree to make the health and happiness of your relationship a priority. It's important to talk about the

values and beliefs that are important to you both, including being emotionally available to each other.

■ Make sure your communication is effective and "win-win." If you feel drained, defensive or misunderstood, you're battling, not relating. Speaking respectfully to each other is the first step to resolving issues effectively.

■ Stop defending your points of view. Be open-minded and generous with one another. Relationships can suffer when one partner insists on being right.

■ Don't point fingers. The finger of blame resolves nothing. In fact, it's likely to induce anger, guilt and low self-esteem.

■ Know the difference between productive anger and rage. Anger that is expressed recklessly or not at all can explode into destructive rage. Understanding and working positively with your anger is vital to a healthy relationship.

■ Borrow, don't possess, your loved ones. Believing

(See **TOGETHER**,
page twentythree)

Shower etiquette

"Can I...?" or "Is it okay to ...?" Showers bring up some questions that wedding planners of any age may not know how to answer. Never fear, help is here (finally).

Myth: All female guests invited to the wedding should attend the shower.

Fact: All showers guests should be invited to the wedding, but not everyone invited to the wedding needs a shower invite. Invite bridesmaids, relatives, the bride-to-be and her fiancée's close girlfriends, and her mother and future mother-in-law's friends. If the bride doesn't know some of her fiancée's

dates, you aren't obligated to invite them to the shower. Consult the bride-to-be if you're unsure.

Myth: Guests attending the shower should pay for their meal.

Fact: The hosts of the shower, whether it be the maid of honor, bridesmaids or the bride's mother, should pay for the meal.

Myth: Even if the bride-to-be doesn't want a shower, hold one anyway.

Fact: Listen to the bride — if she doesn't want one, don't have it. If you want to "shower" her with attention, suggest dinner, spa massages or an outdoor activity like a hike or picnic.

New

call or visit the Web site of your DMV to know what to bring with you.

Next, tackle anything dealing with finances. Change the name on your paycheck, checking and savings accounts, credit cards, loans (car or student), wills, insurance policies and mortgages or leases. Contact phone, electric, cable and other utility companies, or wait until you get a change-of-name form with your next bill. Magazine or newspaper subscriptions, passports and alumni associations are less of a priority, so tackle those as they come in the mail. Don't forget to tell your friends and family, too. Get new business cards, a new e-mail address and sign wedding gift thank-you notes with your new name to reinforce your new title.

Don't think of changing

your name as a hassle. Lori Lohmeyer, 25, of Astoria, New York, says it took her about 8 months to change her name. "It's easier than you'd think, except things keep popping up with your old name on them that you forgot to change."

Becky Sher, 26, of Bethesda, Maryland, said

organization can make the transition to a new name smoother. "I wish I had made a list of all the things that needed to be changed and just done them right away." Hit the bookstore or the Web for resources to help you out.

There is no time limit on how long you have to

change your name. Don't stress: Take your time making your new moniker official. Despite any headache or hassles, it does reap rewards. Robyn Fields, 29, of Forest Hills, New York, says, "It's exciting to see your new name on everything once it's changed. I smile every time I see it."

■ Continued from p21

Worth Noting

The Associated Press

Early Alerts

Couples hoping far-flung relatives and friends will come to their weddings can send "save the date" cards, enabling their invitees to start early on the search for the best airfares and accom-

modations.

Now eInvite.com makes that step easier with its service that enables the couple to try out type, layout and design online and get a transmitted proof copy on their screens before they even order. The company also will offer advice on wording, ordering and mailing etiquette.

On the Web: <http://www.einvite.com>.

your wedding reception, you'll wish you'd been better prepared.

An inexpensive way to get ready for this moment is with a 140-minute video, "Preparing for Your Wedding Dance" (\$29.95), with championship dancers Meredith Stead and John Knapp. Each video comes with a music CD and a password to a Web database that lists over 500 first dance songs.

Call 1 (866) 742-5593; on the Web, <http://www.your-weddingdance.com>.

Dance Away the Night

Maybe you think you've got other things to worry about, but if you start stumbling around like a pair of klutzes for the first dance at

Together

■ Continued from p22

that your spouse "belongs" to you invites you to inappropriately speak, think and manage his or her life.

Don't use the past as an indictment. Healthy families learn from mistakes and adopt new, constructive ways to savor their transformed lives together.


Think outside your parents' box. For functional, adult relationships, forego childhood beliefs and values. Tune into your own common sense and intuition, creating and following your own goals.

Make joy, love and passion the focus of your relationships. Embrace conflict as an opportunity to work through and solve problems

together.

According to Britton, the inner work described in her book actually makes you more attractive. "People are so consumed with surface issues, like looks and image. But when you neglect the inner work - the work you do to connect more completely and joyfully with yourself and others - then no amount of makeup can help," she says. "What can compare to the true glow of happiness that shines through when you are surrounded by fulfilling relationships?"

For more healthy relationship tips or to order "From Pain to Passion," visit www.AskAdele.com.



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An orange shirt? A silver suit? A look at today's tuxes



Today's man has an array of tuxedo style options that range from classic to trendy.

The tuxedo of today is much cooler than the purely black-and-white penguin suit that has dominated America's formalwear up to this point — it is more colorful. It's a personality statement. It's also a lot more confusing.

Stores now rent and sell tuxedos in colors ranging from red, silver and even periwinkle. Jackets come in crushed velvet, vests come in patterns and shirts come with ruffles. Despite these bold new directions, there are a few guidelines to contemporary tuxedo style, straight from fashion experts. Here's a closer look:

n Shirts: The quarter-inch pleat shirt offers the most versatility. It has dozens of small pleats and is appropriate for any event and any body type. As for collars,

there are three options: The wing collar, which has front points that stick out and are folded at the end; the lay-down collar, which resembles a dress shirt; and the band collar, which is worn without a tie. As for sleeves, buttonless French cuffs, with onyx or mother-of-pearl studs, instead of buttons, are common.

n Jackets: Jacket styles depend on the formality of the wedding. "Full dress" denotes tails, or a tailcoat. Such outfits are worn at ultra-formal occasions. A jacket known simply as a "tuxedo" can be single- or double-breasted and is for formal or semi-formal evening events. The Mandarin, Nehru or Mao

(See **TUXES**, page twentyfive)

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Anything beautiful or useful is perfect for a wedding gift

The Associated Press

Almost anything beautiful or useful is appropriate for a wedding gift, but considering the event, concentrate on beauty:

■ Best known for her

sleek wedding gowns, Vera Wang reaches into the apres-wedding sphere with her new designs for Wedgwood fine bone china and crystal. Like the dresses she creates, the patterns are classically simple and

sophisticated: Golden Grosgrain (\$109 for a 5-piece place setting) is white, adorned with gold trims that hint at the picot edging on ribbon; Golden Tiara (\$139 for a 5-piece place setting) is cham-

pagne-colored china with a rich banding in matte gold. Her crystal designs include Cube Lighting, forms in sculptured blocks rendered as 2-, 6-, and 9-inch candlesticks (\$25, \$55 and \$75) or as votives in clear or frosted finishes (\$40 each).

■ "Widdean," an Old English word meaning "to pledge," is the source of the word "wedding." It's also the inspiration for Waterford Crystal's Wedding Heirloom Collection, reinterpreting the classic symbols of the heart and the fleur-de-lis. There's a 6-inch bowl (\$110), a 7-inch vase (\$149), and a 2- by 3-inch frame (\$59).

■ A timely and timeless gift might be the Yvette mantel clock (\$499) from Howard Miller. The Windsor cherry case has fluted sides and classical pediment and base, and the face has Roman numerals framed in a cast floral design. Despite its traditional style, it runs on quartz, has a dual chime movement that plays either

Westminster or Ave Maria chimes, volume control, and automatic nighttime chime shut-off option.

■ Swans mate for life, and their forms often symbolize marriage. "Endless Love" is the title of a bone china figurine tableaux of two white swans (\$135) from Royal Doulton. Designed by Alan Maslankowski, the piece is 5 inches by 13 1/4 inches.

■ Among the gift treasures at Fortunoff are crystal objects with sculptured heart motifs, all from the Wedding Promises Collection by Lenox. The hearts can be found cornering on the 5- by 7-inch photo-invitation frame (\$79.99), along the stems of a pair of toasting flutes (\$39.99), or around the sides of a 6 3/4-inch bowl (\$24.99).

Tuxes

jacket has a stand-up collar with no lapel and is worn with an orange shirt. The cutaway, or morning coat, is for formal day weddings. It is short in the front and long in the back, and worn with striped pants. The stroller coat is a semi-formal jacket cut like a tuxedo. It is gray or black, and worn during the day.

n Ties: The ascot tie is wide, folded over and held together with a pin. It is for ultra-formal day weddings. The Bolo tie is a cowboy, Western-style tie. The Euro tie is a long, square-bottomed tie worn with a wing collar or spread collar shirt. Don't forget the classic bow tie, which can match the wedding colors or be black.

n Accessories: Vests, or waistcoats, are for ultra-formal evening weddings. They come in various patterns. Cummerbunds, which are essentially pleated fabrics worn around the waist, are usually black but can be more colorful to match the bridesmaid dresses or wedding colors.

n Size: Tall and thin men can wear almost any style of tuxedo. For the extremely thin, a double-breasted tuxedo will pad the chest. But double-breasted jackets and pleated shirts may add too much bulk to bigger guys. Larger men may also want to wear a vest instead of a cummerbund because it draws attention away from the waist and hides bulk. Black always proves slimming for those looking to hide a few pounds.

n Time of day: It is not always necessary to wear a tuxedo. For informal, daytime weddings, and even for semi-formal, summertime events, the tuxedo can be replaced with a white dinner jacket and black pants, or a traditional black suit. For formal affairs, however, a tuxedo is always encouraged.

n The wedding party: The groom's outfit, experts say, should look slightly different from the groomsmen. The groom can either wear a tuxedo jacket with tails, or a different vest. Though he is not required to dress formally, the groom's father should wear a tuxedo. The bride's father should wear a tuxedo because he will walk down the aisle. The ring bearer can wear a tuxedo, but boys under six should not wear one.

■ Continued from p24

Untangling 'The Knot'

Weddings are full of their own language and lingo. Some are easy to understand, like "something old, something new, something borrowed and something blue" or "getting hitched." Getting married has long been referred to as "tying the knot." But do you know what that phrase means? According to some historians, this expression can be traced back to

ancient Rome, when the bride traditionally wore a girdle that was tied in knots. After the wedding, it was the duty of the groom to untie the girdle. Others believe the phrase is more closely associated with ancient "handfasting" ceremonies, which involved tying a cord or ribbon around the wrists of the bride and groom, thus binding them together for life.

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Five tips for a healthy marriage

Ah, the life of a newlywed. So young and so in love. It doesn't get any better than the first few months of being a husband and wife. But suddenly, life begins to kick in. There are bills to pay, chores to do and jobs to worry about. It seems like there's no time for romance and keeping in shape to look your best. You looked beautiful and you were so in love on your wedding day, and you want to keep it that way, far beyond your honeymoon.

Here's the good news — you can keep your romance alive and stay in shape by utilizing a powerful personal

development tool that you already possess ... your habits. If you think about it, your habits affect virtually every aspect of your life, including relationships with your loved ones. Your weight and health are determined by your eating and workout habits, your success at work by your work habits. Virtually every aspect of your life is determined by your habits. To utilize this powerful tool, you simply need to start adding "positive" habits to your life that will provide the benefits you want. Research has shown that an action that is repeated for a minimum of 21 days is likely to become a permanent habit.

To acquire a new positive habit, just repeat the actions listed below for a minimum of 21 days, until it becomes a permanent habit that you will benefit from for the rest of your life. Here are some positive habits to keep your romance alive and your body in shape.

Habit 1: Leave notes of love and appreciation. Make it a habit to put them in a place where your significant other will see them. Buy some Post-it(r) notes and put them where they'll most likely be seen — in the car, bathroom mirror, on the refrigerator. Offer words of love, encouragement and appreciation in the notes.

Habit 2: Brag about your husband in public. Boast about his successes in his career and the way he looks. Sincere flattery will endear him to you like nothing else.

Habit 3: The way to a man's heart is through his stomach. Make it a habit to turn dinners into romantic occasions. Plan the evening and make the meal special from start to finish. Serve aphrodisiacs such as oysters, strawberries, chocolate or wine. Add some candles and soft music for an even more romantic ambiance.

Habit 4: When you eat out, make it a habit to request how your food is prepared. Always order salad dressing on the side, order



fried foods baked and request potato toppings on the side. According to the "Encyclopedia of Foods: A Guide to Healthy Nutrition," those tips will help you save 10 to 30 grams of fat and 100 to 300 calories per entree. Think about how this positive habit can help you achieve a trim and fit body automatically.

Habit 5: If you want some more help achieving that trim and fit body, make it a positive habit to drink green tea daily. The American Journal of Clinical Nutrition recently published research demonstrating that green tea increases your metabolism and also increases the rate at which your body burns calories. Burning more calories is your ticket to a leaner body. Green tea is also loaded with antioxidants, which have been shown to reduce the risk of cancer and many other diseases.

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