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briefs

Woman nabbed for games, comics heist

by JARRID DEATON
STAFF WRITER

BLUE RIVER — A Blue River woman was arrested and charged with burglary after she allegedly broke into the home of Sandra Allen and took various video games and comic books.

According to police, April Slone, 24, unlawfully entered the home of Sandra Allen on Dec. 10 and took a Playstation, games and comic books with a value of over \$1,000.

Slone is scheduled for a preliminary hearing on Jan. 29.

Clarification

The Sandra Branham listed in Charges Filed on Friday is not the same as Sandra Calhoun Branham of Bull Creek.

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3 DAY FORECAST

Today



High: 34 • Low: 7

Tomorrow



High: 26 • Low: 6

For up-to-the-minute forecasts, see floydcountytimes.com

Tuesday



High: 43 • Low: 25

Magoffin sheriff injured making arrest

by SHELDON COMPTON
STAFF WRITER

PUNCHEON CREEK — Magoffin County Sheriff Bob Jordan, who just recently took office, was hospitalized Thursday evening while attempting to arrest a Royalton man.

Police said that Jordan and several of

his deputies arrived at Ashley K. Whitaker's Puncheon Creek home Thursday at approximately 7:30 p.m. to serve an arrest warrant when Whitaker, 26, became violent and began fighting with Jordan and assisting deputies while the officers were attempting to make the arrest.

Kentucky State Police Trooper Craig

Stalker responded to the scene and, shortly thereafter, officers were able to take Whitaker into custody, according to reports from KSP Post 9 in Pikeville.

The altercation did not leave Jordan without injury, however.

The newly-elected sheriff was transported from the scene of the arrest to Paul B. Hall Regional Medical Center in

Paintsville, where it was found that he had sustained several injuries during the fight with Whitaker. Jordan was placed under observation after arrival, police said.

Details of Jordan's injuries were not immediately available, but a dispatcher at the Magoffin County Sheriff's Department

(See SHERIFF, page three)



An accident in Prestonsburg on Friday almost turned the new office of lawyer Jerry Patton into a drive-thru. A dispatcher for the Prestonsburg Police Department said that at least one person was taken to the hospital.

photo by Jarrid Deaton

Hearing to clear way for murder trial

by JARRID DEATON
STAFF WRITER

PRESTONSBURG — Accused murderer James Austin Gunnels will appear in Floyd County Circuit Court on Monday for hearings pertaining to his upcoming jury trial.

According to Commonwealth's Attorney Brent Turner, the hearings will be used to take care of as many pretrial motions as possible.

"We are going to try to do as much as possible in one day so we don't have to bring him back three or four times," Turner said.

Among the items that are to be ruled on at the hearing are the possible admission of letters written by Gunnels that admit guilt and threaten the lives of others.

Gunnels allegedly stole a 1991 Buick Regal on July 10, 2001, a .32 revolver on July 11, and used them in an armed robbery at Cardinal Mart in Watergap that resulted in the rape and murder of Bonnie Jean Fraley Hall, an employee who was working that morning. He then allegedly left the scene taking with him a .22 Magnum and 1995 Ford Contour, both belonging to Hall. Gunnels was arrested at 7:42 a.m. on Wilson Creek in Floyd County soon after police arrived on



Gunnels

(See GUNNELS, page three)

Blood shortage could postpone elective surgeries

by SHELDON COMPTON
STAFF WRITER

Blood supplies have dropped to a dangerously low level, according to the Central Kentucky Blood Center, and pleas have been issued hoping to up the number of donors to avoid postponing elective surgeries throughout the area.

According to Central Kentucky Blood Center spokeswoman Dawn Wheeler, missed blood drives and an increased number of recent transfusions have combined to lower blood supplies.

"Our centers provided blood for

nearly 600 transfusions in Eastern and Central Kentucky over the past two days," said Wheeler. "The increase in transfusions comes at a time when weather related school cancellations have also caused the cancellation of blood drives."

A large portion of donated blood throughout the eastern and central portion of the state comes from blood drives often held at area schools. However, with the arrival of several snow storms in the past two weeks, schools have closed their doors, leaving blood centers out in the cold.

Drive cancellations have been

responsible for the loss of over 400 donations, said Martha Osborne, another spokeswoman for the Central Kentucky Blood Center.

"The center provided blood for nearly 600 transfusions over the past two days," said Osborne. "At the same time, drive cancellations caused the loss of more than 400 donations."

The drop in donations has officials concerned that certain surgeries will need to be put off until blood becomes available.

This prospect has the blood cen-

(See BLOOD, page three)

Times brings home awards

Times Staff Report

LOUISVILLE — The Floyd County Times was the recipient of several awards during the Kentucky Press Association's annual convention Friday at the Hurstbourne Hotel and Conference Center.

The Times' sports and composing departments were honored with a first-place award for best sports section among Kentucky's multiweekly newspapers.

In addition, The Times' editorial department

(See AWARDS, page three)



Dangerous Driving

The fact the most of the snow had melted did not make the roads any safer to be on around Prestonsburg on Friday. Around 10 a.m. on Friday, an automobile, left, was sent to the hillside after it was hit from behind by another car near Adams Middle School. There were no injuries in the accident. Around 6:30 p.m., a car flipped onto its top after hitting the ditch on Route 1428 east of Prestonsburg. Two individuals received minor injuries from the crash. Alcohol is suspected in the second accident, according to District 1 Constable Brandon Spencer.

photo by Jarrid Deaton



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Virginia Tech professor's challenge Appalachian myths

The Associated Press

BLACKSBURG, Va. — Residents of Appalachia had few slaves, and those they did have were treated better than their counterparts in the Deep South, according to conventional wisdom.

But, Virginia Tech sociologist Wilma Dunaway said much of this conventional wisdom is just plain wrong.

"We do a lot of historical lying in this country," she told The Roanoke Times. In her new books, "Slavery in the American Mountain South" and "The African-American Family in Slavery and Emancipation," she intends to set the record straight.

Dunaway said she has studied slave narratives, slaveholder records and tax and census

records from 215 Appalachian counties in nine states from Maryland to Georgia and Alabama.

Not only was slavery common in the mountain South, but it was more brutal than the slave systems in the deep South, she concluded from her research.

Among the ideas Dunaway addresses in her new books is the thought that Appalachian slaveholders treated slaves like extended family members. She said slave narratives paint a darker picture.

Between October and December, enslaved men were hired out for the year. One of every three Appalachian slaves would probably be sold away from their families by the age of 40, she said.

The author argues that this

forced migration destroyed black families and left women without any help in raising their children and without protection from predatory white owners.

Only about half of the enslaved children lived to the age of 15, another factor that led to the destruction of enslaved families, Dunaway said.

Appalachian State University historian John Williams said other Appalachian studies always conjured images of a "golden age of small backwoods farmers, and before that a heroic age of hunters, explorers and Indian fighters.

"Dunaway stripped away the gold and the heroism, exposed the heroes - or many of them - for the land thieves and jobbers that they always had been," he said.

Her first book, "The First American Frontier," shocked many scholars in her field, but it won the Weatherford Award for best book on Appalachia in 1996. The book is a revisionist study of white settlement of Appalachia and the depopulation of Native Americans there.

She has earned both praise and controversy for her work.

In reviewing her book, University of Southern California economic historian Edwin Perkins wrote, "I suspect historians of all ideological stripes will be irritated by Dunaway's preachy, condescending tone and her aggressive style." He later writes, "there is much truth revealed in the data that Dunaway has carefully marshaled. While heavy-handed in her revisionism, she has struck a neglected chord."

Virginia Tech Appalachian studies director Anita Puckett said it's hard to accept all of Dunaway's conclusions because few people in the field can agree on the exact boundaries of the region called Appalachia.

"Wilma shoots from the hip," she said. "And sometimes she hits dead on, and sometimes she misses."

Dunaway herself said that "probably half" of the Appalachian Studies Association disagrees with her. That doesn't stop her from criticizing scholars she faults for ignoring slave narratives and extrapolating to the entire region studies of isolated counties.

She added that some scholars have perpetuated the "hillbilly" stereotypes they rail against by creating an imaginary "folk cul-

ture" based on middle-class experiences.

"You don't ask the kind of questions I ask unless you grow up seeing the world from the bottom up," Dunaway said.

Born in 1944 to east Tennessee sharecroppers, Dunaway has the lightest skin of six children. Her father was Cherokee and her mother was white.

In high school, she played basketball, but her father was not allowed inside the gym to watch her play.

When the school principal learned that a "colored man" was waiting for a white child, he asked Dunaway's mother not to send him to pick her up anymore. Dunaway quit the team.

Dunaway believes her skin color played a role in why she was the only person in her family to graduate from high school. Her darker-skinned siblings

were pushed out, she said.

Now, she is gaining a national and even international reputation.

Her dissertation won the Distinguished Dissertation Award from the American Sociological Association, and she was named a Woodrow Wilson National Fellow. She also brought the 25th annual World-System Conference to Tech in 2001.

Virginia Tech sociology chair John Ryan said, "We feel very fortunate to have her here. She's a very strong teacher."

She said one of her goals is to teach her students to be better at race relations than their parents.

"I know a lot about teaching my students not to hate racially because part of my survival mechanism as a kid was to hate white people," she said.

Her father taught her how to overcome fear and hate, even

her own, she said.

"I did stop hating white people," she said. "My father said that hatred causes you to diminish how much you can love the people you care about."

Federal judge allows Ten Commandments display to stay up

The Associated Press

LEXINGTON — A federal judge has dismissed a lawsuit by the American Civil Liberties Union asking that local officials be forced to remove the Ten

(See JUDGE, page five)

Lottery approves \$10 million for state

The Associated Press

LOUISVILLE — Higher-than-expected sales brought in an additional \$10 million for the state, Kentucky Lottery officials said Friday.

Funds for state grants, scholarships other state programs are expected to grow to \$170 million from the \$160 million previously budgeted by the board. The revisions were based on sales in December by the Powerball jackpot that reached \$315 million on Christmas Day.

"We had a record December and a record second quarter because of the impact of the growing Powerball jackpot and the strength of our instant and daily game sales," said Howard Cline, chief financial officer for the lottery corporation.

Kentucky Lottery sales for the month of December were \$79.5 million, which is \$29.4 million or 58.7 percent more than the same month of the prior year. December sales were \$19.2 million or 31.9 percent more than budget.

Constable nabs fugitive during traffic stop

by JARRID DEATON
STAFF WRITER

AUXIER — Newly elected District 1 Constable James Brandon Spencer has started off the new year with a traffic stop that led to the arrest of a fugitive from justice.

Spencer, along with Kentucky Vehicle Enforcement Officer Dennis Hutchinson, arrested Curtis L. Walker, 35, of Staffordsville, was pulled over after he was observed dri-

ving on the wrong side of the road near Highlands Regional Medical Center. Walker was charged with driving under the influence and driving on a suspended license.

After being transported to the Floyd County Detention Center, Walker was served with three felony indictment warrants for non-support from Adams County, Ohio.

The court has waived extradition and Walker will be taken to Ohio to face the charges.

Gubernatorial candidates speak out against higher taxes

by BRUCE SCHREINER
ASSOCIATED PRESS

LOUISVILLE — Republicans Ernie Fletcher and Rebecca Jackson said Friday they would veto a tax increase if elected governor, taking their anti-tax stance a step beyond several other candidates.

Republican Steve Nunn and Democrat Jody Richards said circumstances at the time the budget bill reached them would dictate their decisions.

Appearing at a forum sponsored by the Kentucky Press Association, the candidates spoke in unison in opposing higher taxes, reining in state spending and restoring integrity to the governor's office — a reference to the scandal that embroiled Gov. Paul Patton, who admitted last year to an extramarital affair.

Attorney General Ben Chandler, a Democrat, delivered opening remarks at the forum but left before a question-and-answer period.

The state's budget woes served as a backdrop to the gathering. Patton has said he expects to balance the books this fiscal year, which ends June 30, but that the state would face a nearly \$400 million shortfall the following year at current rates of revenue and spending.

The candidates were asked if they would use their veto power to remove a cigarette tax hike, or any other tax increase, from the budget bill.

Fletcher claimed Kentucky ranks 12th nationally and second among bordering states in

the percentage of personal income that goes to taxes. He said that shows the level of taxation is not causing the shortfall.

"I would veto a bill that they send to me with tax increases," said Fletcher, a congressman from Lexington.

Jackson, former Jefferson County judge-executive, said she would not include a tax increase in any budget she submitted to the General Assembly. If lawmakers passed a budget with a higher tax, "then I would have to seek out that line item and say no."

Richards said he probably would veto a higher cigarette tax.

Nunn said it was highly improbable a higher cigarette tax would reach his desk as governor given current sentiment in the legislature.

Lt. Gov. Steve Henry, expected to announce next week whether he will run for governor, was the only one to raise the prospect of increasing taxes.

Given the state's needs in social services and education, Henry said "it's irresponsible for anybody to stand up and say, 'No taxes.'"

Henry said a higher cigarette tax could encourage people to stop smoking, thus saving the state money in treating ill smokers. Every penny added to the tax would generate \$5 million, he said. He said that money could be matched with federal funds to create a prescription drug plan for Kentucky's elderly.

Henry said he opposed high-

er taxes on businesses, a stance at odds with Patton, who says businesses should assume a greater share of the tax load.

The prospect of legalizing casino gambling as a way to raise additional revenue got a generally cold reception among the candidates.

Jackson and Richards said they opposed expanded gambling. Fletcher said he couldn't envision a scenario in which he would support it at this time.

Nunn, a state representative from Glasgow, has opposed expanded gambling in the past. But he said the issue deserves serious consideration given his opposition to higher taxes and the prospect of deep cuts in education and social services.

"I'm not going to stand up and run for office for the future of Kentucky and jeopardize education," he said, "jeopardize people with mental retardation and disabilities, jeopardize our senior citizens in nursing homes who are having their means of staying in that nursing home taken away from them."

One way to get state spending under control, Nunn said, would be greater oversight of the state's system of contracting with private companies to provide services.

Richards, speaker of the Kentucky House, said the state needs comprehensive tax reform to fix inequities in the system.

"The working poor are paying too much, and we need to reform our tax system so that we do not hit them inordinately," said Richards, of Bowling

Green.

Jackson said the state needs to do more to keep its most talented young people, who leave to attend college or find jobs. "We are losing our young people. They are bleeding out of our state," Jackson said.

Chandler, who was state auditor before he became attorney general, said state government needs a "top to bottom review" to get spending under control. As governor, he would cut Medicaid costs by having Kentucky join some other states to form a compact for buying prescription medicine at bulk prices, Chandler said.

The candidates did no direct sparring, but Fletcher and Chandler seemed to be targets nonetheless.

Fletcher claimed that he worked closely with President Bush to pass a new federal education law commonly called "No Child Left Behind." Nunn said he had yet to encounter a teacher or school superintendent who was enthusiastic about the law. Nunn said Kentucky is ahead of most states in student assessments and school accountability. The law could require Kentucky to make substantial changes in the already complex assessment and accountability system that the state created in 1990.

Henry took a couple of swipes at Chandler. At one point, he noted Chandler's absence as the media grilled the candidates. Later, Henry removed Chandler's empty chair and name plate from the podium.

FBI, attorney general search Transportation Cabinet computers

The Associated Press

FRANKFORT — Agents for the FBI and Kentucky attorney general served a search warrant Friday on the Transportation Cabinet.

Cabinet officials said the warrant was part of a state-federal investigation of its Disadvantaged Business Enterprise program, through which companies headed by women and minorities can get preferential treatment as high-way subcontractors.

A western Kentucky construction company was certified for the program while its co-owner, Tina Conner, was having an affair with Gov. Paul Patton. However, no subcontract ever was awarded to the company, ST Construction, according to state officials. Patton, who has acknowledged the affair, denies that Conner got any illegal treatment from his administration.

The warrant, which the cabinet released, seeks "electronic data" in desktop computers of four people: Transportation Secretary James Codell and Cheryl Caldwell, his administrative assistant; Rick Stansel, director of the agency's Division of Contract Procurement; and

Kevin Flanery, who was Codell's deputy secretary but later became secretary of finance and has since left state government.

Transportation spokesman Mark Pfeiffer said he did not know what, if anything, was taken by investigators.

Ronald Derricks, who worked in the Disadvantaged Business Enterprise program for 18 years but was fired in February, has said there was "a little bit more than subtle pressure applied" to get ST Construction certified.

Patton has said he called Codell on Conner's behalf but did not ask Codell to approve her application. He said he told Codell only that he understood Conner had applied and that he believed she was a legitimate businesswoman.

Barbara Hadley Smith, a spokeswoman for Attorney General Ben Chandler, declined comment, as did Patton's chief spokesman, Rusty Chevront.

David Beyer, the FBI special agent in charge of Kentucky, was traveling and could not be reached for comment.

Diversion nixed when warrants found

by JARRID DEATON
STAFF WRITER

PRESTONSBURG — A woman who was scheduled for sentencing on theft charges will have to wait on the ruling after outstanding warrants for her arrest were located from various counties.

Donna Patterson appeared before Floyd Circuit Judge John David Caudill on Monday to be sentenced for theft by deception when she was informed that warrants had been located on her by the Department of Probation and Parole. The charges against

her from the other counties were discovered after she had entered a guilty plea in order to receive pretrial diversion.

Judge Caudill denied the option for pretrial diversion and had Patterson taken into custody until more information about the warrants is available.

Elmer Dale Patterson, who was also charged with theft by deception, had previously pleaded guilty and was sentenced to a pretrial diversion of three years on Monday.

Donna Patterson's sentencing date was rescheduled for Feb. 28.

Sheriff

said Friday that Jordan was back home and resting.

Whitaker was also taken to Paul B. Hall, where he was treated for injuries sustained in the fight.

Whitaker has been charged with second- and third-degree assault, as well as resisting arrest,

in connection with the altercation. Also police are charging the 26-year-old with theft by deception and fugitive from another state, the charges Jordan and fellow officers were attempting to arrest Whitaker for at the time of the incident.

Awards

received two awards.

Staff writer Loretta Blackburn received a second-place prize for best business story for an article concerning Small Town Tattoos in Prestonsburg.

The newsroom also received

an honorable mention for best ongoing/extended coverage for a series of articles about the videotape dispute which erupted during the property valuation administrator race between Connie Hancock and Glenn David May.

Gunnels

the scene.

Prosecutors have announced their intention to seek the death penalty for Gunnels on the basis that he was charged with three crimes that are listed as aggravating circumstances to be considered by the judge and jury concerning the death penalty.

The trial for James Austin Gunnels is set to begin Feb. 10 at

Montgomery County Circuit Court in Mount Sterling. The trial was moved in part because of the possibly incriminating letters.

Turner hopes that all of the motions will be resolved in Monday's hearing.

"We want to clear out all of the pretrial motions before the trial," Turner said.

Blood

ter calling for donations, urging anyone near a center or a mobile drive to donate.

Prestonsburg and Pikeville centers will be open tomorrow from 10 a.m. to 6 p.m.

Emergency mobile drives are

being sought to help ensure that blood will be available for those requiring a transfusion in both eastern and central Kentucky.

For more information, contact Down Wheeler at (606) 432-4979 or (606) 886-1557.

expression

Freedom of the press is not an end in itself but a means to the end of [achieving] a free society.

— Felix Frankfurter

GuestView

Governor not the only one damaged

In "All The King's Men," the definitive novel of Southern politics gone wrong, Robert Penn Warren wrote of a fictional governor who believed he could shape history and ultimately justify the insidious compromises in principle he made throughout his career. Gov. Willie Stark remained convinced of the possibility of his own redemption even as he lay dying from an assassin's bullet and those within the orbit of his power were being swept into their own personal ruin. No one really controls history, the novel seems to imply. The slightest tampering with the tangled web of human events leads to outcomes that are impossible for mortals even to anticipate, much less manipulate.

In the real world, history was on Gov. Paul Patton's mind recently when asked if the sex scandal that has tainted his administration might have irreversibly damaged his legacy. To his credit, the governor responded that historians write history and, yes, his personal troubles have probably left an indelible black mark.

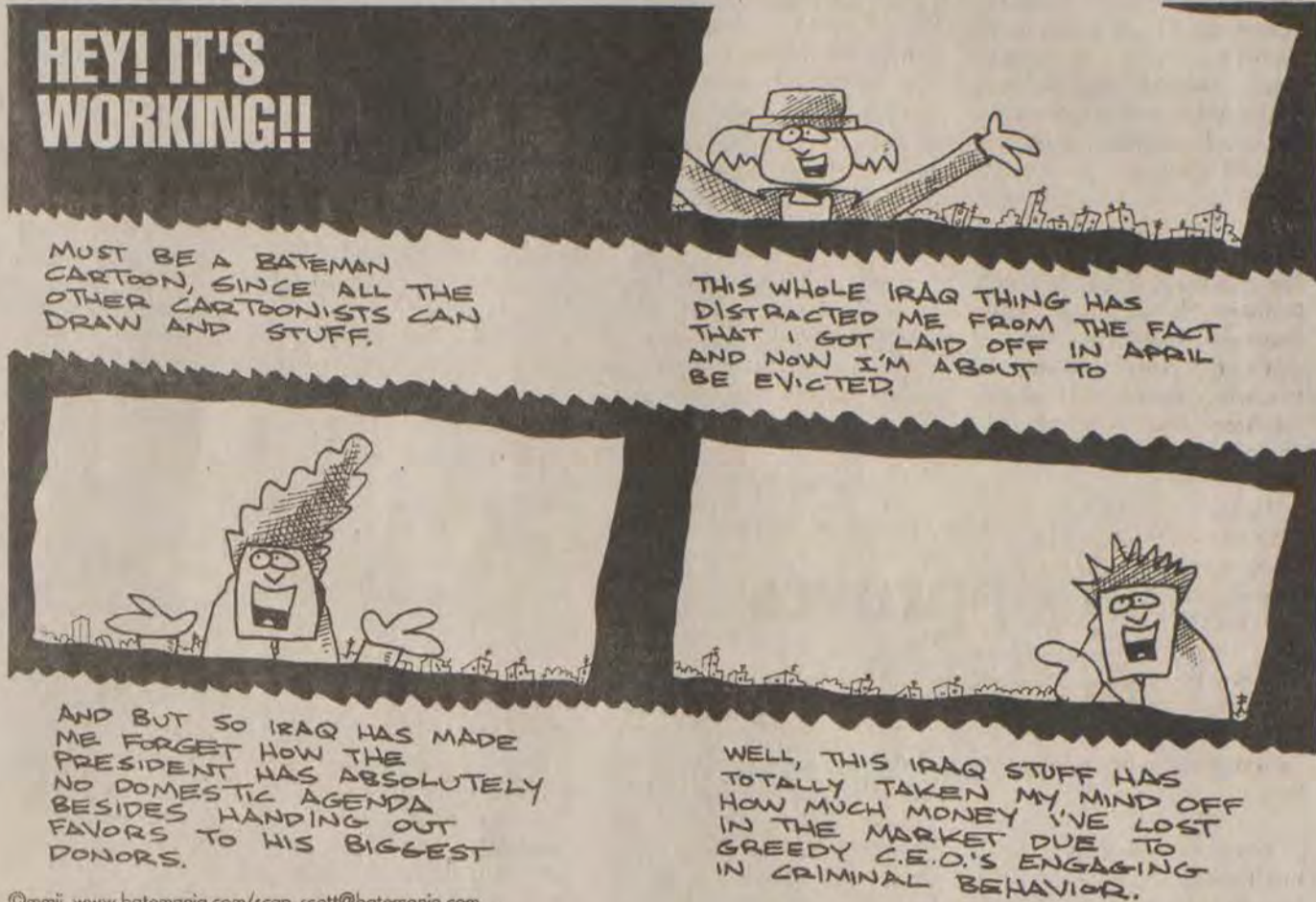
Of course, at the time of the interview, the governor knew that his own indiscretions had already marred the hopes of others within his circle. Most notably, Crit Luallen, his chief operations officer, had turned in notice she would be leaving the staff, unable to function effectively, she said, in the atmosphere created in the wake of revelations about Patton's marital infidelity and allegations that the affair had led him to abuse the powers of his office.

Luallen's own political future, once filled with promise, had been dealt a serious setback by association with the disgraced governor. She revealed that she had considered resigning when the matter became public last September.

Surely history is replete with stories not only of fall-en stars, but of those whose own meteoric rise and fall so closely followed the paths of their misguided mentors. How many potentially great men and women have had their careers extinguished forever because of their identification with others who squandered their gifts?

The governor continues to insist that his personal failings did not influence the performance of his public duties. Whether or not the courts ultimately agree with that position, there is little question that legacies other than his own are at stake in the aftermath of his shame.

— The State Journal, Frankfort



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— Jim Davidson

The \$25,000 idea

There is an old American saying that goes, "Time is something we ain't got nothing but." Time is also the great equalizer, because every living person has exactly the same amount of time each day: 24 hours, no more, no less.

Since achieving success is a worthy goal for most people, it really comes down to our priorities and how well we manage our time. If you would like to get a lot more accomplished in the days ahead, I have an idea to share with you that may be very helpful. This idea has been called "The \$25,000 Idea" and as you will soon see, it's been around for years.

I discovered this idea several years ago quite by chance and it's been one of the most profitable ideas that I've ever employed. However, before I share it with you here is a word of caution that can be summed up with this quotation by Ralph Waldo Emerson, "Ideas are something that must work through the brains and arms of good and brave men, or they are no better than dreams."

Some time after the turn of the century, Ivy Lee, a consultant with the

Rockefeller Foundation was making a call on Mr. Charles Schwab, chairman of the board of Bethlehem Steel Company. Lee was telling Mr. Schwab how he could help him do a much better job of managing his company and Mr. Schwab broke in and said, "Look, what we need is not more knowing. We need more doing. If you can tell me how to get more done, I'll listen to you and pay you what I think your ideas are worth."

At this point, Ivy Lee asked Mr. Schwab to take a piece of paper and a pencil and write down the six most important things he had to do the following day. When he completed this task, Lee told him to go back and number the six items in the order of their importance. With this finished, Ivy Lee then told him to put the paper in his pocket and the first thing the next morning, go to work on number one and stay



with it until it was completed, then to move on to number two and so forth, down the list. If something should force his delay, go on to the next item. This way he would always be working on the most important task and in order of its importance. When each item on the list was completed, repeat the process. It should also be noted that by developing a new list each day, the most important tasks would always be first at hand.

In about six months, Mr. Schwab wrote Ivy Lee a letter and told him the idea he had given him was the most profitable, from a money standpoint, that he had ever received and he enclosed a check for \$25,000. You can just imagine what that \$25,000 would be worth today! It was later reported that the simple idea of writing down the six most important things to do each day and numbering them in order of their importance was responsible for turning a little known steel company into the second largest independent steel producer in the world.

One of the key ingredients in this idea that may not be readily understood

(See IDEA, page six)

— beyond the beltway

The world's not promising just now

by DONALD KAUL

Let's modestly review the world situation:

In Iraq, U.N. inspectors are inspecting and not finding much, or at least no "smoking gun," evidence that Saddam Hussein is building weapons of mass destruction.

This has not dissuaded our beloved president from continuing his all-out verbal assault on Saddam. "I'm sick and tired of games and deception," said Mr. Bush the other day. "He's been given 11 years to disarm and we have given him one last chance."

The rest of the Western world, however, seems reluctant to sanction an attack on Iraq without incontrovertible proof that it does indeed have chemical, biological or nuclear weapons. Germany has said that it won't participate in an attack, no matter what, and the other day President Jacques Chirac of France said, in effect, "me too."

Our only really staunch ally in this enterprise (outside of Israel, which has its own agenda) is England, and even it has expressed a desire to go before the U.N. Security Council for a resolution that would authorize an attack before actually launching one. (Polls in England show that

only 13 percent of the people support military action in Iraq.)

The Bush administration, on the other hand, doesn't want to rely on the United Nations to give it the go-ahead for an invasion of Iraq. That smacks too much of bending to international law, an action that bespeaks weakness to the Bushies.

On the whole, the situation is not promising.

Meanwhile, North Korea — the "evil axis" sister of Iraq — is not engaging in games or deception; not deception, at any rate.

It says right out that it has nuclear weapons and that it might very well start making more of them unless the Bush administration makes some concessions — mainly economic aid and a non-aggression pact.

The Bush people are saying: Take apart your nuclear facility, let inspectors monitor the process and maybe we can talk. The North Koreans reply: "Talk first, then maybe concessions." This doesn't sit well with President Bush. "What this nation won't do is be blackmailed," he said.

Still, he's not talking about going to war. His spokesman said it's because North Korea hasn't invaded its neighbors since the Korean War in the '50s, as opposed to Iraq, which invades its neighbors every time it gets off the leash. Unstated is the difference between invading a nation that is a nuclear power and one that is not. (A difference roughly equivalent to that of picking a fight with Mike Tyson or Woody Allen.)

In any case, the situation is not promising. Elsewhere, things are not going well in Afghanistan. (Remember Afghanistan? We invaded it a year ago in hopes of killing

Osama bin Laden and crushing his gang, Al Qaida.)

It seems that members of the Taliban — the fundamentalist Islamic bunch who sheltered Osama and his boys in Afghanistan — are sneaking back home from their hiding places in Pakistan. No one knows what they are planning, but one suspects it is nothing good.

And Osama lives! Or at least we can't prove he's dead, which is nearly as good

for his cause. He has become a mythic hero throughout the Arab world and a rallying symbol for enemies of the United States, a growing breed.

In other words, the situation is not promising. Our foreign policy seems to be terrific at getting people to hate us, but not much else.

No wonder Washington is playing host, if that's the word, to a big anti-war rally. The administration doesn't seem to know what it's doing.

I really don't know whether an attack on Iraq is a good idea. Certainly the president has done little to prove it. He has made his case largely by calling Saddam Hussein names; an easy thing to do because Saddam is a bad guy. That doesn't mean he is the threat that Mr. Bush says he is. It doesn't mean he isn't, either.

It would help enormously if the president could answer the question: "If Iraq has weapons of mass destruction, where are they?"

Donald Kaul recently retired as Washington columnist for the "Des Moines Register." He has covered the foolishness in our nation's capital for 29 years, winning a number of modestly coveted awards along the way. For more information, email: donaldkaul@aol.com.

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Regional Obituaries

Floyd County

L.J. Allen, 80, of Harold, died Saturday, January 18, at Central Baptist Hospital, Lexington. He is survived by his wife, Sylvia Ethel Spears Allen. Funeral services were conducted Wednesday, January 22, under the direction of J.W. Call & Son Funeral Home.

Mulelda Campbell, 70, of Prestonsburg, died Monday, January 20, at the Pikeville Methodist Hospital. Funeral services were conducted Thursday, January 23, under the direction of Nelson-Frazier Funeral Home.

James Edward Carey, 78, of Allen, died Friday, January 17, in the Riverview Health Care Center in Prestonsburg, after an extended illness. He is survived by his wife, Louise Williamson Carey. Funeral services were conducted Monday, January 20, under the direction of Hall Funeral Home.

Eliza Doll Dusina, 87, of Lexington, died Friday, January 17, at the Samaritan Hospital, Lexington. Funeral services were conducted Sunday, January 19, under the direction of Hall Funeral Home.

Randy Lee Farmer, 44, of Wheelwright, died Tuesday, January 21, at the Pikeville Methodist Hospital. Funeral services were conducted Friday, January 24, under the direction of Hall and Jones Funeral Home.

Olga Tackett Hamilton, 72, of Teaberry, died Sunday, January 19. Funeral services were conducted Wednesday, January 22, under the direction of Hall Funeral Home.

Emmitt Junior Jones, 64, of McDowell, died Thursday, November 23, at his son's residence at Wheelwright. Funeral services will be conducted Sunday, January 26, 11 a.m., at the Old Beaver Regular Baptist Church, under the direction of Nelson-Frazier Funeral Home.

Stanley Lee, 43, of Allen, died Monday, January 20, at

the Hazard Appalachian Regional Hospital, following an extended illness. He is survived by his wife, Shelia Crisp Lee. Funeral services were conducted Thursday, January 23, under the direction of Nelson-Frazier Funeral Home.

Kenneth Ray "Kicky" Manns, 45, of Allen, died Friday, January 17, in Ohio. Funeral services were conducted Tuesday, January 21, under the direction of Nelson-Frazier Funeral Home.

Dora Belle Webb Nelson, 68, of East Point, died Saturday, January 18, at Highlands Regional Health Center. She is survived by her husband, Will Nelson. Funeral services were conducted Tuesday, January 21, under the direction of Carter Funeral Home.

Preston Nichols, 68, of Prestonsburg, died Thursday, January 16, at the Highlands Regional Medical Center, after an extended illness. He is survived by his wife, Verline (Calhoun) Nichols. Funeral services were conducted Monday, January 20, under the direction of Burke Funeral Home.

Virgil Slone, 73, of Hi Hat, passed away on Thursday, January 16, at Our Lady of the Way Hospital, in Martin. He is survived by his wife, Joyce Ray Slone. Funeral services were conducted Sunday, January 19, under the direction of Hall Funeral Home.

Lorna Gertrude Stapleton, 82, native of Floyd County, died Tuesday, January 14, at St. Mary's Medical Center. Memorial services were conducted Saturday, January 18, under the direction of Reger Funeral Home in Huntington, West Virginia.

Johnson County

Frank "Hylo" Brown, 80, died Friday, January 17, at Mercy Medical Center in Springfield, Ohio. Funeral services were held Tuesday, January 21, under the direction of Richards, Raff & Dunbar Memorial Home.

Larry Edward Caudill, a

Johnson County native, died Sunday, January 19, at Paul B. Hall Medical Center. He is survived by his wife, Evelyn Marlene Gullett Caudill. Funeral services were conducted Tuesday, January 21, under the direction of Jones-Preston Funeral Home.

Harry Gambil Childers, 88, of Meally, died Sunday, January 19, at his residence. Funeral services were conducted Wednesday, January 22, under the direction of Nelson-Frazier Funeral Home.

William Hubert "Bill" Doster, 78, died Friday, January 17, at his home. He is survived by his wife, Delores Doster. Graveside services were conducted Sunday, January 19, under the direction of Jones-Preston Funeral Home.

Henry Frazier, 72, of West Van Lear, died Wednesday, January 8, at Paul B. Hall Medical Center. Funeral services were conducted Saturday, January 11, under the direction of Preston Funeral Home.

Ova E. Green, 65, a Johnson county native, died Saturday, January 18, at his home. He is survived by his wife, Emma Lemaster Green. Graveside services were conducted Wednesday, January 22, under the direction of Jones-Preston Funeral Home.

Charlie Van Hoose Jr., native of Paintsville, died Tuesday, January 14, at Community Hospital in Springfield, Ohio. Funeral services were conducted Friday, January 17, under the direction of Richards, Raff, and Dunbar Memorial Home.

Eddie Lee Patrick II, 22, died Monday, January 13. He is survived by his wife, April Nicole Setser Patrick. Funeral services were held Tuesday, January 16, under the direction of Jones-Preston Funeral Home.

Walter Lee Lemaster Sr., died Saturday, January 18. Funeral services were held Tuesday, January 21, under the direction of Schoedinger

Northwest Chapel, Columbus, Ohio.

William P. "Wendell" Stafford, 61, a native of Paintsville, died Sunday, January 19, at King's Daughters' Medical Center. Funeral services were conducted Thursday, January 23, under the direction of Phillips Funeral Home, Ironton, Ohio.

Rebecca Short Waldrige, 41, native of Paintsville, died Tuesday, January 21, at home. She is survived by her husband, Norman Waldrige. Funeral services were conducted Friday, January 24, under the direction of Ritchie-Peach-Todd Funeral Home.

Knott County

Perry N. Slone, 56, of Hindman, died Friday, January 17, at the Hazard Appalachian Regional Hospital. He is survived by his wife, Madie Huff Slone. Funeral services were conducted Tuesday, January 21, under the direction of Nelson-Frazier Funeral Home, Hindman.

Pike County

Richard Andrews, 76, of Brushy, died Thursday, January 16, at Central Baptist Hospital, Lexington. He is survived by his wife, Annie Maynard Andrews. Funeral services were conducted Sunday, January 19, under the direction of Community Funeral Home.

Tice Cantrell, 69, of Pikeville, died Monday, January 20, at Pikeville Methodist Hospital. He is survived by his wife, Betsy Jane O'Quinn Cantrell. Funeral services were conducted Wednesday, January 22, under the direction of Bailey Funeral Home.

John "Doak" Comer, 81, of Shelbiana, died Saturday, January 18, at Highlands Regional Medical Center, Prestonsburg. He is survived by his wife, Marie Bevins Comer. Funeral services were conducted Monday, January 20, under the direction of J.W. Call & Son Funeral Home.

Mary Beth Gudykunst, 81, of Edwardsville, Illinois, a native of Wolfpit, died Friday, January 17, in Edwardsville. Funeral services were conducted Tuesday, January 21, under the direction of J.W. Call & Son Funeral Home.

Thomas Sherman Lowe, 70, of Hatfield, died Friday, January 17, at the South Williamson Appalachian Regional Hospital. He is survived by his wife, Dixie Mae

Taylor Lowe. Funeral services were conducted Saturday, January 18, under the direction of Hatfield Funeral Chapel.

Dixie Mae Lowe, 86, of Hatfield, died Saturday, January 18, at the South Williamson Appalachian Regional Hospital Emergency Room. Funeral services were conducted Tuesday, January 21, under the direction of Hatfield Funeral Chapel.

Fannie Varney May, 84, of Hardy, died Thursday, January 16, at the South Williamson Appalachian Regional Hospital. Funeral services were conducted Sunday, January 19, under the direction of Rogers Funeral Home.

Harold Edward Maynard, 36, of New Hanover, North Carolina, died Wednesday, January 15. He is survived by his wife, Phyllis Maynard. Funeral services were conducted Saturday, January 18, under the direction of Thacker Memorial Funeral Home.

Bessie Robinson, 94, of Tallmadge, Ohio, formerly of Greasy Creek, died Tuesday, January 14, at Akron General Medical Center, Akron, Ohio. Funeral services were conducted Saturday, January 18, under the direction of Justice Funeral Home.

Eula Bowling Robinson, 74, of Pikeville, died Sunday, January 19, at Myers Towers. Funeral services were conducted Thursday, January 23, under the direction of Lucas and Hall Funeral Home.

Myrtle Coleman Smith, 88, of Phelps, died Friday, January 17, at her home. Funeral services were conducted Monday, January 20, under the direction of Phelps Funeral Services.

Freeland Smith, 89, of Ransom, died Saturday, January 18, at Pikeville Methodist Hospital. He is survived by his wife, Fannie P. Hackney Smith. Funeral services were conducted Tuesday, January 21, under the direction of Hatfield Funeral Chapel.

Arnold Ford Sr., 79, of Winchester, formerly of Pikeville, died Friday, January 17, at his home. Funeral services were conducted Sunday, January 19, under the direction of Lucas & Hall Funeral Home.

Kenneth Thacker Sr., 66, of Ashland, formerly of Pikeville, died Saturday, January 18, at King's Daughters' Hospital, Ashland. Funeral services were con-

ducted Tuesday, January 21, under the direction of Thacker Memorial Funeral Home.

Josephine Ann "Sissie" Stanley, 89, of Stone, died Thursday, January 16, at Pikeville Methodist Hospital. Funeral services were conducted Monday, January 20, under the direction of Rogers Funeral Home.

Roland Stiltner, 86, of Belcher, died Sunday, January 19, at Pikeville Methodist Hospital. He is survived by his wife, Myrtle Farmer Stiltner. Funeral services were conducted Wednesday, January 22, under the direction of Bailey Funeral Home.

Bobby Gareth Thompson, 67, of Phelps, died Thursday, January 16, at his home. He is survived by his wife, Agnes Gilbert Thompson. Funeral services were conducted Sunday, January 19, under the direction of Phelps Funeral Services.

Herman Workman, 81, of Freeburn, died Tuesday, January 21, at South Williamson Appalachian Regional Hospital. Funeral services were conducted Friday, January 24, under the direction of Phelps Funeral Services.

Lawrence County

James David Lewis, 51, of Louisa, died Saturday, January 18, at Three Rivers Medical Center. He is survived by his wife, Audrey Jean Boyd Lewis. Funeral services were conducted Tuesday, January 21, under the direction of Wilson Funeral Home.

Freda Mae Manis, 54, died Thursday, January 16, at Murray Medical Center, in Georgia. She is survived by her husband, Michael Manis. Funeral services were conducted Monday, January 20, under the direction of Wilson Funeral Home.

Trudy Ann Triplett Spillman, 56, of Louisa, died Monday, January 13, at Three Rivers Medical Center. She is survived by her husband, Johnny Spillman. Funeral services were conducted Wednesday, January 15, under the direction of Wilson Funeral Home.

Martin County

Thomas Hershel Fletcher, 70, of Inez, died Friday, January 17, at home. He is survived by his wife, Dixie Fletcher. Funeral services were conducted Monday, January 20, under the direction of Phelps and Son Funeral Home.

Christian radio host tells listeners to abandon church

The Associated Press

OAKLAND, Calif. — An influential Christian radio host, best known for his failed predictions of the second coming of Christ, has run into more derision and criticism for telling listeners to abandon church.

Harold Camping says his Bible studies have revealed that what he calls "the church age" has ended. He has told his worldwide radio audience that Satan has taken over all churches.

For the past two years, Camping has been teaching that God wants people to worship privately in their homes instead — with no leaders, no baptism

and no communion.

"The Bible says God is not saving people any longer in the churches," Camping said in a recent interview at Family Radio's headquarters in Oakland. "They're being saved outside the churches."

Critics call the idea heretical, and say the self-described Bible expert doesn't know what he's talking about. Some evangelical Christian leaders complain that his call is hurting their churches.

"He's in critical locations in the United States and the rest of the world. He has a large listening audience," said David Clark, who tracks Christian fringe groups. "He's got pastors all over the United States in an uproar. He's gone over the edge this time."

Camping, 81, parted ways several years ago with the conservative, evangelical Christian Reformed Church in which he grew up. Retired from his own construction business, he serves full time as the unpaid president of Family Radio, which he helped start in 1958.

The network grew and gained international attention in 1994 with Camping's well-publicized prediction that the world would end that September. Since then, he has made several more apocalyptic predictions.

The radio network has built a broad and powerful reach.

Its signal is broadcast or relayed on more than 150 stations and translators in the United States. It airs in several major metropolitan areas, on the Internet and in Europe, Africa

and Asia. It reaches mainland China from a station in Taiwan and is building a station to reach much of Southeast Asia.

It's not clear how many listeners are tuning in. Camping says he doesn't know. But donations, one measure of the network's effectiveness at reaching people, totaled more than \$12 million in 2000, according to documents the nonprofit filed with the Internal Revenue Service.

Camping this month released a book, "The End of the Church Age and After," one of many he has written but the first devoted to his new beliefs about the church.

Church leaders have complained that Camping's teachings are costing them parishioners. Some are so angry that they have held special meetings to discuss Camping.

Clark, who calls Camping "an authoritarian spiritual meat-head," says the talk-show host keeps a tight rein on the radio network and refuses to answer his critics, who say they can find no trace of his teachings in the Bible.

"I believe he can be destructive to churches and individual lives. His worldview is non-negotiable," Clark says.

Camping calls all the criticism "character assassination" but says he is not surprised that church leaders aren't embracing a teaching that, if true, would lead to their churches' dismantling.

Of his critics, he says, "I worry about their standing with the Lord."

Judge

Commandments from the Mercer County Courthouse.

U.S. District Judge Karl S. Forester, in the ruling Wednesday, handed the ACLU its first defeat in a string of lawsuits challenging the postings of the Ten Commandments in government buildings in Kentucky.

Mercer County officials had posted the Ten Commandments along with the Declaration of Independence, the Bill of Rights and other texts of historical significance in a display titled "Foundations of American Law and Government."

Forester said the display clearly has a legitimate secular purpose in acknowledging the historical influence of the Ten Commandments on the development of law in the United States. The judge also said he saw no evidence indicating a religious purpose by Mercer County officials.

Another federal judge ruled that similar displays in Harlan, McCreary and Pulaski counties were unconstitutional.

Frank Manion, an attorney for the American Center for Law and Justice, said Wednesday's decision is a key victory for proponents of pub-

lic displays of the Ten Commandments.

"It's a blueprint for how government can legally display the Ten Commandments," Manion said. "If more of counties would follow the lead of what Mercer County did here with this display, few judges could justify striking them down."

Forester had denied the ACLU's motion for a preliminary injunction to force Mercer County to remove the display in a hearing last August.

"It's clear that he disagrees with us on the law," said ACLU attorney David Friedman. "We're certainly disappointed that he felt compelled to issue the ruling now."

Friedman, who plans to appeal the ruling, said he was under the impression that Forester had stayed the Mercer County case, along with similar ones from Garrard and Rowan counties, pending a ruling on a similar lawsuit by the 6th U.S. Circuit Court of Appeals in Cincinnati.

Continued from p3

ence, he said, is its history. Harlan, McCreary and Pulaski counties had displays of the Ten Commandments and added other documents later. In Mercer County, the Ten Commandments didn't predate the other documents but were posted simultaneously.

In a preliminary ruling in June 2001, U.S. District Judge Jennifer Coffman ordered the Ten Commandments removed from displays at courthouses in McCreary and Pulaski counties and on school property in Harlan County.

Coffman said in her ruling that the purpose and the effect of displaying the Ten Commandments was "religious in nature." She said that the history of the Ten Commandments displays, which originally were posted separately at the courthouses and schools and then were displayed as part of a group of documents, "bolstered the reasonable observer's perception of the state endorsement of religion."

The Kentucky counties appealed that ruling to the 6th U.S. Circuit Court of Appeals in Cincinnati, which hasn't yet issued a decision.

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U.S. General Services Administration

Faith Extra

Minister's Moment

Speaker will address issues concerning mental illness

by REV. GEORGE LOVE
FIRST PRESBYTERIAN CHURCH

The Floyd County Ministerial Association is pleased to wel-

come Dr. Harry G. Mills to Prestonsburg on Sunday afternoon, Feb. 2, for a program from 3 to 5 p.m., during which he will speak on issues relating to mental

illness and the ministry with those who suffer from mental illness. The program will be held in the Fellowship Hall of the First Presbyterian Church in Prestonsburg, located on North Lake Drive, between Dairy Cheer and Jerry's Restaurant.

Perhaps you know someone, a friend or family member, who suffers from an ongoing mental illness and wonder how we might be helpful to that person in their struggle. The purpose of Dr. Mills' time with us is to address ways in which people can begin to reach out to those who suffer from mental illness.

Dr. Mills is the executive director of the National Alliance for the Mentally Ill - Kentucky (NAMI). For 20 years prior to assuming his position, he served as a pastor for Southern Baptist Churches in Ohio and Kentucky. As a parent of a mentally ill son, he has been an active member of the NAMI since 1996. He is presently actively engaged in promoting causes on behalf of the mental health community.

Dr. Mills is an educator, advo-

cate and dedicated supporter of mental health initiatives that provide and expand services for those experiencing mental illness. He is actively engaged in an awareness campaign for the faith community and is a mental

health ministry development consultant. NAMI Kentucky provides education and support for individuals and families affected by mental illnesses and brain disorders.

The Floyd County Ministerial

Association invites all people interested in this topic to bring your questions and concerns and join us on Sunday, Feb. 2, from 3 to 5 p.m. at the First Presbyterian Church in the Fellowship Hall for this program.

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National Baptists burn mortgage, applaud leader for turnaround

THE ASSOCIATED PRESS

NASHVILLE, Tenn. — Leaders at this week's meeting of the National Baptist Convention USA Inc., the nation's largest black denomination, burned the mortgage on the \$12 million Baptist World Center, the group's Nashville headquarters.

As they did so Wednesday, they praised the leadership of the Rev. William Shaw, the man who revived the 7.5 million-member denomination after a scandal sent the group's former president to prison.

In 1999, the Rev. Henry Lyons was convicted of swindling more than \$4 million to fund a lavish lifestyle that included a mistress, jewelry and Florida waterfront property. He also stole \$250,000 donated to rebuild burned black churches in the South.

Shaw, pastor of the White Rock Baptist Church in Philadelphia since 1956, was elected to succeed Lyons. He has worked to restore confidence in the denomination,

which was founded by ex-slaves and has roots dating back to 1880. Shaw's campaign motto was VISA, for Vision, Integrity, Structure and Accountability.

"When others were protesting and going to extremes in the darker days of the denomination, the way he presented himself differently than others said to us that this is a man with leadership skills who doesn't believe that tombstones are launching pads," said the Rev. Robert Smith Jr. of New Bethel Baptist Church in Detroit.

Visionary, miracle worker, prophet and healer were among the labels applied to the 68-year-old Shaw during the National Baptist midwinter meeting, which ended Thursday.

The World Baptist Center debt was cut from \$2.8 million to nothing since 1999. But resolving the debt was just a first step, Shaw told the convention.

"If we're going to move forward, we've not only got to burn the mortgage of past indebtedness, but we've got to catch on fire with new missions," he said in a sermon.

He pointed to new initiatives with American Baptist College, the denomination's Nashville seminary, a new retirement plan for ministers and church workers, a prison ministry and improved technological capabilities.

Smith said Shaw's personal integrity and honesty have "wiped away all guilt and blight from anything that happened in the past."

Shortly after taking office, Shaw told denomination leaders the convention "had to be Christ-

centered," said the Rev. Martin Neal of St. Luke Baptist Church in Nashville.

The Rev. Wendell Griffin from Little Rock, Ark., said, "Some people are visionary but they are unable to couple their vision with performance."

But Shaw framed the denomination's comeback in a way that made people eager to get the denomination back on solid financial footing, Griffin said.

"Even in the struggle, folks felt like it was a glorious struggle, a valiant struggle," he said. "It was not about Shaw, it was about what Christ would have us become and do."

Idea

Continued from p4

is the fact that before Mr. Schwab could write down the six most important things he had to do the next day and arrange the tasks in order of priority, he had to first know what his goals were.

Now to the obvious: this idea will be of value to any person who will first decide what they wish to achieve and then write down the six most important things to do each day and number them in order of their priority. You see, this will take most of the confusion out of our days and allow us to focus on doing the things that are most important to us.

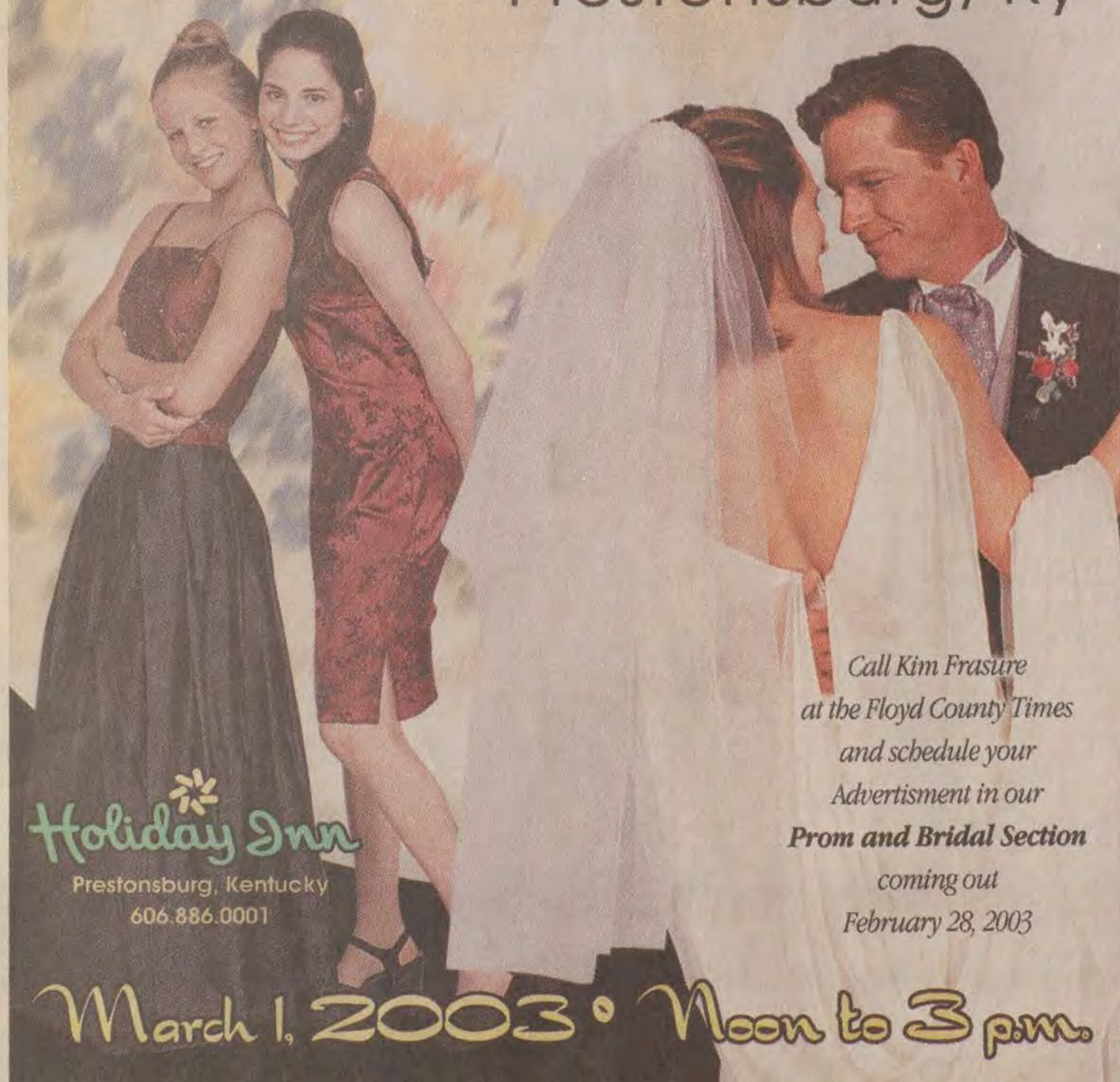
Jim Davidson is a motivational speaker and syndicated columnist. You may contact him at 2 Bentley Drive, Conway, AR 72034.

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Child abuse—a matter of fact

by PETER O. SAMPLES, STATE CHAIRMAN

Information to report When reporting child abuse or neglect, there is information which the reporter should be able to give to the child service worker who takes the report. Examples of that information are as follows:

- The name and address of the child you suspect is being abused or neglected.
- The exact or approximate age of the child.
- Is the child a boy or girl?
- The name and address of the parent or caretaker of the child.
- The reason you suspect the child is being abused or

neglected. ■ Any other information which may be helpful to the investigation.

You may remain anonymous, but you may give your name, if you wish.

It is helpful if you provide as much of the above listed information as possible. You should not hesitate to report, if you do not have all the information. Any uncertainty regarding whether to report, should be resolved in favor of the child's protection.

To obtain assistance in reporting child abuse or neglect, or obtaining information on how to help prevent it, call our hotline number at 1-800-468-8920.

Odds

Continued from p2

"We're covering our bases," Collins said. "We're treating it both ways."

■ AUSTIN, Minn. — High school students who make the honor roll here used to look forward to public recognition. Now, they'll have to settle for a certificate.

Principal Joe Brown said he decided to end publication of the honor roll as a matter of data privacy. That's because school policy barred students who met grade requirements from the list if they had discipline problems.

"It didn't take a rocket scientist to figure out that certain students had gotten in trouble with school and/or legal policies," Brown said.

Brown said the change was his idea and was not prompted by complaints from parents or students.

"I've always felt uncomfortable about releasing an honor-roll list that wasn't fully complete. People would be calling and saying, 'I know so-and-so's a straight-A student. Why isn't he or she on the list?'"

Brown says he'd be open to hearing other views.

"If I heard from more folks who want it publicized, we might consider doing that," he said.

After first quarter, only one person called to inquire about the absent honor roll, he said. "It's not a hot issue until we get three calls," Brown said.

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Regional SPORTS

Sunday, January 26, 2003

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HERALD Email: hazardherald@setel.com

TIMES Email: sports@floydcountytimes.com



Kevin Runyon of the Tug Valley Bass Anglers is pleased with his club's upcoming season's schedule.

TVBA club announces 2003 schedule

by STEVE LeMASTER
SPORTS EDITOR

The Tug Valley Bass Anglers fishing club has set its tournament schedule for the upcoming season. The upcoming slate will take club anglers to some of their favorite stops. The season will begin in Lawrence County

on March 23 at Yatesville Lake.

The club is currently accepting new members.

"We would like to invite all serious bass fishermen to come and join one of the largest B.A.S.S. Federation clubs in the state and the most competitive bass club in this area," said club president Kevin Runyon. "If you

want to fish well ran tournaments, with a well organized club, against the most competitive fishermen, then the Tug Valley Bass Anglers is the only choice for the serious fishermen in Eastern Kentucky. Most all the tournaments are local and on Sunday to accommodate the working fisherman."

The Tug Valley Bass Anglers will hold an open tournament, separate from its club schedule at Dewey Lake on Saturday, May 10. It is dubbed the Appalachian Wireless Bass Classic.

Runyon is excited about the open tournament.

(See ANGLERS, page two)

DIRT TRACK

Thunder Ridge releases schedule, track rules

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG – Shortly after April Fool's Day Thunder Ridge Raceway in Prestonsburg will begin its dirt track racing season. And that's no joke.

Officials with Thunder Ridge Raceway have been busy with preparations for the 2003 season since the end of last season in late-September 2002. Thunder Ridge's Dave Bokleman and staff promise an even better 2003 season with a "big race" and a hefty payday scheduled for each month.

A practice day for all drivers will be held on Saturday, April 5. In addition to a schedule which includes some well-known racing groups including Kentucky's own Battle of the Bluegrass racing series, general track rules and rules for

(See RULES, page two)

STATE LEADERS

Area players among the state's best

by STEVE LeMASTER
SPORTS EDITOR

The second set of KHSAA basketball stats leaders is out and many local players find themselves among the state's best.

Sheldon Clark senior center Kelli Jo Moore is third in the state in scoring for the girls with an average of 23.6 points per contest. Madison Central's Olivia Terry is the leading scorer in the state on the girls' side with 24.5 points per game. June Buchanan's Kara Caudill, Leslie County's Heather Benton, Jenkins' Ciera Pittman and Wolfe County's Nicole Ritchie are also listed down

(See BEST, page two)

SIDELINE SHOTS

15th Region contenders battle through tough winter weather

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG – The Betsy Layne Ladycats are headed back to the All "A" Classic State Tournament as the girls representative. A boys champion, of course winter weather permitting, will be crowned later this week.

For Betsy Layne, its a second consecutive trip to the state tournament. The 15th Region All "A" Classic will be more crowded next season as Shelby Valley joins the tournament. With Valley in the

(See BATTLE, page two)

- BLHS girls win second straight 'A' title -



Senior Natasha Stratton took her turn cutting down the net in Betsy Layne's championship game victory over Pikeville.

photos by Jamie Howell

BACK2BACK

Ladycats run away from Pikeville in 48-26 blowout

TIMES STAFF REPORT

PIKEVILLE – Betsy Layne is headed back to the All "A" Classic girls' state tournament for a second year in a row. After pulling out a hard-fought win over 58th District counterpart Allen Central on Wednesday night, the Ladycats returned to the hardwood Thursday night and handled Pikeville in dominating fashion, winning 48-26.

Betsy Layne jumped out on Pikeville early, holding the host

(See LADYCATS, page three)



The Betsy Layne girls' basketball team repeated as 15th Region All "A" Champion Thursday night with a triumph over Pikeville.

photos by Jamie Howell

MULTI-SPORTS

Pro-Fitness Multisports releases schedule

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG, – Pro-Fitness Multisports has released its schedule for the 2003 season. The 2003 season will take competitors to both Tennessee and North Carolina as well as some stops inside the state. A competition in picturesque Galatinburg, Tenn. begins things for the competitors on March 8. A complete schedule for the 2003 season follows.

(See FITNESS, page three)

OUTDOORS

Put your best insulated foot forward for winter hiking

by STEVE VANTREESE
ASSOCIATED PRESS

PADUCAH — Walks in Kentucky's winter wonderland are treats for the senses and spirit even if tribulations for the body.

Winter trail hikes are an intimate way to experience the natural world in its cold season mode, often cloaked in snow and

(See WINTER, page two)

PIKEVILLE COLLEGE

Loss costs men one spot; status quo for women

TIMES STAFF REPORT

PIKEVILLE – Saturday's double-header to climax Pikeville College's Winterfest celebration will see women's basketball teams ranked 13th and 18th nationally, while the men's battle will be between teams ranked 10th and 11th.

This is the result of this week's NAIA

(See COSTS, page two)

BASEBALL SIGNING

JBS standout signs with Alice Lloyd

TIMES STAFF REPORT

PIPPA PASSES – Brandon Amburgey, a catcher on the June Buchanan School baseball team, recently signed a letter-of-intent to play baseball at Alice Lloyd College.

Amburgey has been the starting catcher for the Crusaders throughout his high school career. ALC head coach Scott Cornett is extremely excited about his newest

(See JBS, page two)



Brandon Amburgey, a senior at The June Buchanan School in Pippa Passes, recently signed to play baseball at Alice Lloyd College next season. Amburgey is the first JBS baseball player to sign to play at the collegiate level. Pictured from left to right, assistant ALC baseball coach Eddie Browning, head coach Scott Cornett, Brandon Amburgey, and parents Fred and Leisha Amburgey.

A look at Sports: Good Knight, Lady Knights

by ED TAYLOR
CONTRIBUTING WRITER

Not long ago I was chatting with a friend from Floyd County over the internet. Of course, our conversation centered around sports, particularly high school basketball in both the 58th District and 15th Region. We discussed the way the season had gone thus far and the subject came around to the parity in girls' basketball over the past 10 years.

I agreed with him that the girls' game has progressed nicely and the ladies were getting much deserved recognition for their contribution to the game of basketball. College programs are on the rise and we even have a women's professional league now.

Locally, though I was asked this question: Why does the Piarist School continue to dress a girls'

basketball program when they go out night after night and get blown out of the gym? I had to think a moment before I could honestly answer that question. But I did answer the best I could.

"They are an educational institution that is part of the Kentucky High School Athletic Association and that affords them the right to have a team," I answered him. "They have ladies at the school who also love the game of basketball and want to play. They may not have the best of talent but they are entitled to put a team on the floor if they desire to."

I have covered, over the past seasons, games at the Piarist

School (both boys and girls). I never known them to win a game all the time I was covering them (although they did win two one season). What I saw was not a good basketball team as far as

high school standards go at other schools. I did not see a big crowd cheering on the Lady Knights. I did not hear the band or all the other hoopla that goes with district basketball in Floyd County. But what I did see was players who smiled, was courteous, caring and displayed excellent sportsmanship. In other words, what I saw I liked.

They may not be big winners on the floor, but in the heart of their fans, they displayed something that has been forgotten on the hardwood and that is losing with dignity. Coach Darnella Bradley and her Lady Knights deserve respect for willing to go out each night and getting "blown off the court." At least they are having fun!

Will Charlie Hustle return?

Word has it that major league baseball's all time hits leader Pete Rose and Commissioner Bud Selig has all but struck a deal that would allow Rose to return to the game.

Rose would be required to

admit that he did indeed bet on major league baseball, apologize for his denial of the fact for the past years and serve a probational period before actually being reinstated.

None of us like what Rose did while he was manager of the Cincinnati Reds, if indeed he did bet on the game. But he is the game's all-time hits leader and should be allowed in the Hall of Fame. I have really been thinking about all this since the move began three months ago. At first,

yes, let the man back into the game he loves more than life. Allow him to work with younger players in their development.

But the more I have been thinking about it, the more I don't know if that would be a good idea or not. Let him in the Hall but ban him from ever entering the dugout again as a manager. Some say, once he is reinstated, he would become the Reds manager once again. Well, why does that not surprise me. Look at the other dead beats the Reds have put in uni-

Foster deserving

The Reds added another member to their Hall of Fame when they hung a plaque in honor of George Foster. Foster was a big part of the Big Red Machine of the 70s. He hit 54 home runs in one season with the Reds. The only thing negative you could say about Foster was he would over exert himself in the outfield.

Until Wednesday, good sports everyone and be good sports!



Winter

ice that put added artistry on wild landscapes. The backcountry pedestrian can stride through picture postcard scenes unknown to those sheltered indoors.

There are appropriate hiking trails on public areas across Kentucky. State parks, federal lands in the Daniel Boone National Forest, Mammoth Cave National Park, the Big South Fork National River and Recreation Area, the Land Between the Lakes National Recreation Area and state-operated wildlife management areas all offer possibilities.

Cold weather hiking is invigorating, but the chill that freshens the air must be considered for both comfort and safety. The winter hiker should dress in layers of nonabsorbent clothing — avoiding cottons — for warmth without the dampness that can lead to discomfort at the least and the danger of hypothermia at worst. A waterproof but breathable outer layer is best in

snowy circumstances.

Winter hiking can be physically demanding, particularly in snow. Go prepared to peel off outer layers of clothing to avoid sweating and the insulation killer of damp clothing.

Footwear should be waterproof or water resistant boots high enough for ankle support, insulated enough to keep the chill off the feet, but not so heavy as to unduly burden the woodland walker. Insulated hiking boots, made for the purpose, are hard to beat.

Try two pairs of socks for more insulation and cushion, but don't make them so thick as to squeeze the feet. Tight boots restrict circulation and create cold feet.

In deep snow, waterproof gaiters that cover the lower legs and boot tops will keep the lower extremities dry.

Insulating headwear like a toboggan, and gloves or mittens finish off the attire. And don't forget sunglasses, especially if

there is snow.

A daypack or fanny pack is useful to hold essentials and excess clothing.

The pack should carry hiker basics — a first-aid kit, compass, fire-building materials such as waterproof matches and candle stub — just in case. An ultra-compact space blanket is another good addition for emergency backup.

Winter walking burns calories rapidly. Pack and nibble high energy snacks like granola bars or trail mix en route.

Also pack water or sports drink on the winter trail. The winter walker won't get as thirsty as in hot weather but still needs hydration.

Avoid anything alcoholic, which speeds heat loss.

Trail distances should be judged differently for winter walks. Exertion can be higher and distances seem farther in the cold, in heavy clothing and boots, and especially in snow.

Because harsh cold can more quickly pose a danger, winter hikers should prepare for the worst temperatures and allow more time than would seem necessary. In addition, before any winter "expedition," walkers should tell their plans before they go and report in when they return to someone who can notify authorities in the rare case that a search or rescue is warranted.

Costs

Div. I polls which were released today from the national office in Olathe, Kan.

The Lady Bears (17-4), holding steady at No. 13, will begin play in the Mid-South Conference against No. 18 Cumberland (Ky.) College. The Lady Patriots moved up two spots in this week's ratings.

"We stayed the same but got more points," said Coach Bill Watson of the Lady Bears, whose team tips off at 2 p.m. "With league play finally starting it really becomes important to take care of business at home. Saturday's is a big game for our program."

On the men's docket — taken before Monday's thrilling 71-66 overtime win over Martin Methodist — Pikeville's 83-74 loss at Mountain State resulted in the Bears dropping one spot to 10th, and helped the Cougars move up three slots to No. 11.

"This will be another great game for us and for our fans," said McCoy, whose team will play its final non-conference opponent of the season on Saturday. "Mountain State has always had a solid program, and this year they're as good as ever. I think this will be a huge battle for us."

The Bears (18-3) hosted the Cougars (15-4) two years ago on this same weekend, the last time Pikeville College celebrated Homecoming during basketball season. Mountain State — then the College of West Virginia — was ranked No. 1 and won when the Bears missed a three-pointer to tie at the buzzer.

"We have a good rivalry going with them right now, and that's a good thing for both programs," McCoy said.

Georgetown is still the No. 1 team in the country, as the top three remained the same. After Pikeville, the only other MSC school in the poll is Cumberland at No. 25. Lindsey Wilson, with 21 ratings points, is on the cusp of the Top 25 at No. 28.

On the women's ledger, Pikeville and Cumberland are joined by No. 4 Campbellsville (12-3), as the Top Five in the poll remained the same. Georgetown, with eight votes, also was mentioned.

JBS

recruit and signee.

"Brandon is the type of person that we want at ALC," said Cornett. "He is an outstanding young man, a very strong student, and he has plenty of baseball talent. I feel he will make an outstanding player in our program."

Amburgey is the first baseball player in the history of the June Buchanan School to receive a full

scholarship for baseball.

He has maintained a 4.0 GPA at the Knott County school. He plans to major in biology and attend medical school. He has also lettered in basketball and cross country at JBS.

Amburgey is the son of Fred and Leisha Amburgey of Pinetop. He is the grandson of Shot and Joyce Vance of Pinetop and Anne and Rube Amburgey of Mallie.

Rules

each race class have been released.

The 2003 Thunder Ridge general track rules for stock cars as approved by track promoter Dave Bokleman follow.

■ Thunder Ridge Raceway will not be held liable for any damage or expense to anyone who enters the pit area. Enter at your own risk.

■ Drivers assume all responsibility for their actions as well as their pit crews and car owner in every aspect.

If a crew comes out on the track, the car will be disqualified.

■ Rough driving will not be tolerated and will be dealt with accordingly! Such as loss of purse, fine, suspension, points, and/or expulsion.

■ The track reserves the right to suspend, fine or take any action they feel necessary as a result of any driver, crew member or owner who causes any problem.

■ Track officials reserve the right to reject any and all entries.

All decisions of race and track officials are based on their interpretation of rules on scoring, flagging, and race procedures. These decisions are final.

■ Signing a waiver and release form is required when entering at every event Thunder Ridge Raceway and its Officials and Employees are not held liable.

■ Thunder Ridge officials and employees will not be responsible for accidents, injuries, deaths, to persons who enter the pit area or other premises operated by Thunder Ridge.

■ Thunder Ridge and its officials will not be responsible for theft or damage to automobiles or race cars in pit area or parking area.

■ WHITE FLAG RULE: Anyone who is not in line (not

attempting to get in line) when the White Flag is thrown on event before your class will lose their spot for that event (Trophy Dash or Feature) No exceptions. Do not get blocked in. This will not be an excuse. You have plenty of time to get there so please do.

■ CONE RULE: Anyone who hits the cone on a restart will go to the back. Also anyone who passes another car before passing the cone will go to the back. No excuses.

■ EXITING RULE: After each event all drivers must exit on the backstretch UNLESS instructed otherwise by a track official.

NO FIGHTING: Take it outside! Failure to do so will be dealt with accordingly! Fine, suspension, and/or contacting law enforcement if deemed necessary.

■ If you drink please show respect to those who don't. If not you may be asked to leave without a refund and/or banned from upcoming events and law enforcement being notified.

■ All cars must have front and back hook-up for the wreckers.

■ QUALIFYING LAPS: Each class is allotted a number of laps (1 or 2) when you take the Green Flag you are on the clock. Do not ask for another lap.

■ CAUTIONS: No work is permitted on car while on the rack. If assistance is needed track officials will do all that is possible, such as pulling fenders out etc. Without penalty If your crew comes out on track you will be disqualified.

■ PIT AREA: Do not speed. If you do, your night is over. NO refund. Please help us keep this area safe.

■ WEIGHING: No one other than track officials and a

member of car crew being weighed is allowed at scales. One pound light is illegal! No exceptions.

■ No money will be given back in case of rainout, fogout, or other problems. Rain Checks will be given out only. No refunds.

■ Thunder Ridge officials can change or alter any rules that they seem necessary. Track officials make all calls. All calls are final.

■ The 2002 Thunder Ridge Stock Car Highlights Video remains on sale. The price of the video is \$10. Anyone who would like to purchase the video should contact Mary Beth at 606-886-RACE (7223), Ext. 303.

The 2003 Thunder Ridge stock car racing schedule follows.

April 5: Practice

■ April 12 Regular show; No Late Models

■ April 19 Regular show; No Late Models

■ April 26 \$1500 to Win Late Models

May

■ May 3 Regular Show-\$1500 to Win

■ May 10 Mid Atlantic Series \$5000 to win

■ May 17 Regular Show-\$1500 Win

■ May 24 Regular Show-\$1500 Win

■ May 30-31 Battle of Bluegrass

June 7: Closed

■ June 14 Regular Show-\$1500 Win

■ June 21 Southern All Stars

■ June 28 Regular Show-\$1500 Win

July

■ July 5 \$5000 to Win

■ July 12 Regular Show - \$1500 to Win

■ July 19 Renegade - \$7500 to Win

■ July 26 Regular Show-\$1500 to Win

August

■ Aug. 2 \$3000 to Win

■ Aug. 9 Regular Show - \$1500 to Win

■ Aug. 16 Regular Show-\$1500 to Win

■ Aug. 23 Closed (Bristol NASCAR Winston Cup race)

■ Aug. 29-30 Battle of the Bluegrass - Summer Thunder At the Ridge

■ Sept. 6 Closed (Eldora Speedway race)

■ Sept. 13 Regular Show - \$1500 to Win

■ Sept. 20 Regular Show - \$1500 to Win

■ Sept. 27 Miller Bros./Pepsi \$15,000 to Win

■ Schedule note: Thunder Ridge is also plan...g on racing up to the end of October.

Anglers

Everyone mark your calendars," said an excited Runyon. "This event will be the biggest, most outstanding tournament this area has ever seen."

For information about the Tug Valley Bass Anglers club, as well as tournament results, standings, seasonal patterns, member profiles and more go online to www.se-tel.com/~tug-valleyanglers.

The following members may be contacted for more information.

Kevin Runyon, President - 606/237-5907; Johnny Webb, Vice President - 606/478-9676; Ralph Taylor, Secretary - 606/639-9034; Donald Collins, Educational Director: 606/631-5786; Brad May, 606/754-4664; Brian Compton, 606/456-4947; Don and Chris Taylor, Don's Street Machine: 606-237-

RACE

The schedule for the 2003 season follows.

■ March 23 - Yatesville Lake

■ April 26-27 - Douglas Lake (Two-day)

■ May 18 - Paintsville Lake

■ June 19 Caverun Lake

■ July 12 - Dewey Lake (Night tournament)

■ August 9 - Paintsville lake (Night tournament)

■ September 21 - Yatesville Lake

■ October 5 - Ohio River, Ashland

■ November 15-16 - Cumberland Lake (Two-day tournament)

The Cumberland Lake event is the club's Club Classic tournament. The top-15 members compete for a payout of \$3000 to the top five places.

Battle

mix in 2004 a new contender is born in both the girls' and the boys' tournaments.

The winter weather has crippled high school basketball teams throughout Eastern Kentucky.

"It makes things hard on everybody when winter weather hits and games get canceled," said Johnson Central head coach Les Trimble.

Speaking of Johnson Central, the Golden Eagles are still considered among the contenders for the 15th Region boys' crown, along with Paintsville, South Floyd, defending region champion Shelby Valley, and in some people's eyes, Pike Central.

The Johnson Central girls' basketball squad remains on top with Betsy Layne charging in at second.

■ Nicholas Jamerson has returned to the Prestonsburg boys' basketball team after taking some time away from the roundball sport.

■ As of Friday evening, Tyler Hall remained out of action for South Floyd.

15TH REGION BASKETBALL STANDINGS

Note: Friday and Saturday games not included in records

BOYS'

| | ALL | REGION | DISTRICT |
|---------------|------|--------|----------|
| South Floyd | 11-4 | 5-1 | 2-0 |
| Pikeville | 10-5 | 4-2 | 0-0 |
| Paintsville | 9-2 | 8-0 | 2-0 |
| Shelby Valley | 9-3 | 6-1 | 1-0 |
| Johnson Cent. | 9-4 | 4-2 | 2-1 |
| East Ridge | 8-6 | 2-3 | 0-1 |
| Allen Central | 7-5 | 3-4 | 2-1 |
| Pike Central | 7-9 | 3-3 | 0-0 |
| Magoffin Co. | 6-7 | 3-6 | 0-2 |
| Prestonsburg | 5-7 | 4-2 | 2-1 |
| Betsy Layne | 4-9 | 2-6 | 0-4 |
| Belfry | 4-10 | 3-6 | 2-0 |
| Sheldon Clark | 3-9 | 1-4 | 1-2 |
| Phelps | 0-9 | 0-8 | 0-2 |

GIRLS'

| | ALL | REGION | DISTRICT |
|----------------|------|--------|----------|
| Johnson Cent. | 14-1 | 7-0 | 3-0 |
| Betsy Layne | 14-2 | 12-0 | 5-0 |
| Magoffin Co. | 12-2 | 7-1 | 1-1 |
| Pike Central | 9-6 | 6-5 | 1-0 |
| Allen Central | 9-7 | 7-2 | 3-1 |
| Pikeville | 9-8 | 6-6 | 1-1 |
| Shelby Valley | 8-6 | 7-4 | 2-0 |
| Phelps | 6-6 | 2-5 | 0-1 |
| Belfry | 6-9 | 1-2 | 0-0 |
| Paintsville | 5-8 | 1-6 | 0-2 |
| East Ridge | 5-10 | 1-7 | 0-2 |
| Sheldon Clark | 3-9 | 2-5 | 0-1 |
| South Floyd | 3-11 | 1-8 | 1-2 |
| Prestonsburg | 2-10 | 2-7 | 2-4 |
| Piarist School | 0-11 | 0-4 | 0-4 |

Best

the line. Moore leads the state in rebounding with 14.6 boards per game.

South Floyd senior Michael Hall, who is set to sign with Pikeville College is now fifth in the state in scoring, averaging 26.2 markers per game.

Mike Walters of Johnson

Central and South Floyd's Tyler Hall are both ranked among the state's top free throw and three-point field goal shooters. Walters is ranked second in the state in three-point field goal percentage and Tyler Hall is fourth.

A complete list of state stats leaders may be viewed online at www.khsaa.org.

Continued from p1

Ladycats

Lady Panthers to just five points in the first period and one digit in the second frame. After outscoring Pikeville 26-6 in the first two periods, the Betsy Layne defense held Pikeville (9-8) to just five points again in the third period. By the end of the third quarter, the Betsy Layne faithful could sense a repeat championship performance was in air. The Ladycat defense had much to do with that.

"Our defense was excellent, the girls played hard," said Betsy Layne head coach Cassandra Akers. "Our offense was a little off, but the defense made up for it. I'm really proud of my girls."

The return trip is sweet for the Betsy Layne head coach, her players and fans of the team. Last

season Betsy Layne traveled to Richmond and fell in the first round to eventual state champ Jackson County. This year the team hopes to make the most of last season's state experience.

"Hopefully when we go back this year we won't be as shell-shocked," Akers added. "We were scared to death last year. We know what to expect this year."

Natasha Stratton led Betsy Layne in scoring on the night with a game-high 20 points. She was the only player from either team to score in double figures. She posted the 20 points despite battling a stomach virus. Whitney Lykens and Kesha Newman each had eight points apiece for Betsy Layne. Tabetha

Witt had five and Breann Akers chipped in four. Tiffany Meade rounded out the Ladycat scoring with three points.

Shawna Howard was Pikeville's leading scorer with eight points.

Betsy Layne will leave for the state tournament in less than two weeks.

The 15th Region was the first region to crown an "A" champ.

Betsy Layne will play the winner of Region 7 at noon at Eastern Kentucky University's McBrayer Arena in the first round of State Tournament on Feb. 5.

Weather permitting, several of the regions were scheduled to crown their champions this weekend.

Continued from p1

COLLEGE BASKETBALL

Colorado ends long losing streak against Kansas

THE ASSOCIATED PRESS

Most of the current Colorado players were riding yellow buses to school the last time the Buffaloes beat Kansas.

Before Wednesday night's 60-59 victory over the sixth-ranked Jayhawks, the last time Colorado beat Kansas was on Feb. 20, 1991, a span of 27 games.

"We hadn't beaten Kansas in something like 11 years and 11 months," Colorado's Stephane Pelle said, missing the exact date by two days. "To do what people say is impossible is great."

Pelle scored 27 points, including the short jumper with 25 seconds left that gave Colorado (12-5, 2-2 Big 12) the 60-59 lead.

"I wanted to score," Pelle said. "I took the ball — determined, ready and expecting to score. I was so confident with it, and it just went in."

Nick Collison had 16 points for Kansas (13-4, 3-1), which shot 33 percent in having its 10-game winning streak end along with its Big 12 record of 23 consecutive regular-season conference wins.

"Colorado made the plays, not us. They were into it, emotionally and mentally," Kansas coach Roy Williams said. "We took some bad shots and were very impatient."

In other games involving ranked teams, it was: No. 1 Arizona 71, Arizona State 63; North Carolina State 80, No. 3 Duke 71; No. 5 Florida 87, Vanderbilt 75; No. 8 Kentucky 67, No. 24 Auburn 51; No. 9 Louisville 71, DePaul 43; No. 12 Maryland 84, North Carolina 66; No. 18 Illinois 75, Purdue 62; No. 19 Georgia 81, Tennessee 76 in overtime; and No. 22 Mississippi State 64, South Carolina 48.

Michel Morandais had 17 points for Colorado, which outscored Kansas 7-2 over the final three minutes. Pelle hit a 14-foot jumper and Morandais followed with a long jumper just inside the 3-point line to make it 57-57 with 2:28 to go.

Freshman Chris Copeland made one free throw to give Colorado its first lead in over seven minutes. Kansas' Michael Lee made both ends of a 1-on-1 with 39 seconds left to put the Jayhawks up 59-58.

Pelle then hit the winning 12-footer over Lee.

"The play was designed for Michel to get the ball and drive to the hoop," Pelle said. "Michel passed it to Blair (Wilson), and he passed it to me. I'm wide open, so I'm going to go."

Lee missed a shot in the closing seconds, and Kirk Hinrich's rebound attempt was thwarted, with Williams appealing to the officials for a foul. But the refs signaled the game was over, and the Colorado fans then stormed the court.

"We needed one stop and we couldn't get one stop," Williams said. "The officials didn't lose the game for us. I thought Kirk was fouled, but that's just me."

games of 1999-00.

Duke freshman J.J. Redick had 24 points.

NO. 5 FLORIDA 87, VANDERBILT 75

At Gainesville, Fla., David Lee had 22 points to help the Gators (16-2, 5-0 Southeastern Conference) win their 12th straight.

Anthony Roberson added 20 points for Florida, which won its 14th straight home game.

Matt Freije had 21 points for Vanderbilt (8-8, 1-4).

NO. 8 KENTUCKY 67, NO. 24 AUBURN 51

At Lexington, Gerald Fitch scored 15 of his 16 points in the second half as the Wildcats (14-3, 4-0 SEC) won their eighth straight.

Marco Killingsworth scored 19 points for the Tigers (15-3, 4-1), who had a nine-game winning streak snapped.

NO. 9 LOUISVILLE 71, DEPAUL 43

At Louisville, Reece Gaines had 14 points and the Cardinals (13-1, 5-0 Conference USA) won their 12th straight by holding an opponent under 40 percent shooting for the 10th game in a row.

Andre Brown had 16 points and 14 rebounds for the Blue Demons (10-5, 2-2), who shot 34 percent and lost to Louisville for the 13th straight time.

NO. 12 MARYLAND 81, NORTH CAROLINA 66

At Chapel Hill, N.C., Drew Nicholas scored 20 points and Steve Blake added 17 as the Terrapins (11-4, 4-1 ACC) followed their win over then-No. 1 Duke on Saturday.

Rashad McCants had 26 points for the Tar Heels (11-6, 2-2).

Editor's note:

Following the University of Kentucky and University of Louisville basketball teams online at www.floydcounty-times.com.

Raiders not wimps on defense, Bucs not buffoons on offense

by BARRY WILNER ASSOCIATED PRESS

SAN DIEGO — Hey, Super Bowl fans, the Oakland Raiders are not wimps on defense and the Tampa Bay Bucs are not buffoons on offense.

True, neither is ranked at the top of the league the way the Raiders are with the ball and the way the Buccaneers are when the opposition has it. And neither has gotten much credit for lifting its team to a conference title.

"But we've played well," Raiders cornerback Charles Woodson said. "We've been beaten up and we still played well. So we're not concerned about their defense getting all the attention."

Nor are the Bucs offended that they're pretty much ignored while all the recognition goes to Oakland's high-powered attack.

"If we win the Super Bowl, that will change," wide receiver Keyshawn Johnson said. "The Super Bowl puts the stamp and the legacy on what you did in your career. The great players win Super Bowls. The stats don't matter — it's the ring."

Ah, the ring. To win it, the Bucs can't have their offense become bystanders. Same for Oakland's defense.

Tampa Bay ranked 24th in yards gained (27th rushing, 15th passing). The Bucs scored 346 points, but the defense scored five touchdowns, four by NFL defensive player of the year Derrick Brooks, and the special teams had one. The defense also set up a bunch of points by forc-

ing 38 turnovers, including 31 interceptions.

In other words, that all-world D made things far easier for the sometimes-pedestrian offense.

But the Buccaneers have begun to establish an identity offensively, and they've been efficient enough in the playoffs.

"We have attitude," Pro Bowl fullback Mike Alstott said. "We haven't always looked pretty, but we get the job done one way or another. We try to be very physical up front, we have a wide receiver corps that will go downfield and block. They are horses."

"Remember, we have a new offense, a new O line since Jon (Gruden) was hired as our coach. Ask any player in the NFL when you have gone through dramatic changes like we have, to be asked to be perfect in nine months, it can't happen."

Here's what the stars on the Bucs' stingy defense believe can happen: Their teammates on offense will rise to the challenge of winning a championship. All-Pro defensive tackle Warren Sapp doesn't want people separating Tampa's units.

"We've got an inferno going," he said, "and when that three-headed monster — offense, defense, special teams — raises his head, he is impossible to slay."

Oakland's defenders say they are ready for that monster, regardless of how many heads it has. The Raiders have plenty of big names on defense, from All-Pro safety Rod Woodson to cornerback Charles Woodson to linebacker Bill Romanowski to tackle Sam Adams. Rod Woodson, Romanowski and Adams already have won Super Bowls with other teams, so there is no lack of success, experience

or leadership on the squad.

The Raiders ranked 11th in yards allowed and a very impressive third against the run, ahead of the Bucs, who were fifth. But Oakland was 23rd against the pass and allowed 304 points, 108 more than the NFC champions.

"They might not get the notoriety of Tampa's defense," Raiders coach Bill Callahan said, "but it is a defense that has improved and continues to make plays. The value of our defense was so important to us down the stretch."

Oakland's defense also has injury concerns, most notably Charles Woodson's leg. Although he made the Pro Bowl, he's had a difficult stretch, particularly in the playoffs.

"We overcame a lot of injuries on that side of the ball," Callahan said. "How we stayed together to do that and play at such a high level is astronomical."

The number of points the Raiders usually put up is astronomical. If the game turns into a shootout, the Bucs are done.

However, if Tampa can establish its tempo when it has the ball, how long will league MVP Rich Gannon and his compatriots get to assert themselves?

Adams, a Super Bowl winner two years ago with Baltimore, says not to count on that happening. Besides, it's not what everyone wants.

"Our job is to get off the field as quick as possible and let our guys do their thing on offense," Adams said. "I'd pay to see it, too: No. 1 vs. No. 1."

"Yeah, we have a solid defense and they are a good offense. But it's not what people are paying to see."

Fitness

Continued from p1

MARCH

MAR. 8 — SMOKEY MTN TT & CRIT (GATLINBURG, TENN.)
MAR. 29-30 — KNOXVILLE RR, TT & CRIT (GATLINBURG, TENN.)

APRIL

APR. 5 — RIVER ROAD TIME TRIAL (KNOXVILLE, TENN.)
APR.-AUG. — JW TT (WED 5:30PM AT DEWEY LAKE)
SATURDAY ROAD RIDE (11AM PRO-FITNESS)

MAY

MAY 10-11 HIGHLAND RIM CLASSIC SR (MCMINVILLE, TENN.)
MAY 17-18 TRI-CITIES CLASSIC SR (JOHNSON CITY, TENN.)

JUNE

JUNE 1 — ROAN GROAN ROAD RACE (ELIZABETHTON, TENN.)

JULY

JULY 26 — BLUEGRASS STATE GAMES CRIT (DANVILLE)

AUGUST

AUG. 1-3 — FRENCH BROAD OMNIBUS (ASHEVILLE, N.C.)
AUG. 23 — GOOSE GAP RR & TT (SEVEIRVILLE, TENN.)

SEPTEMBER

SEPT. 6 — TSALI CHALLENGE TRIATHLON (BRYSON CITY, N.C.)
SEPT. 14 — SCHELLERS ROAD RACE (LEXINGTON)
SEPT. 27 — APPALACHIAN BIKE TOUR (YATESVILLE LAKE)

DECEMBER

DEC. 13 — USPF KY STATE POWER-LIFTING MEET (PRESTONSBURG)
SOME DATES TENTATIVE AND SUBJECT TO CHANGE. Call — 808/886-8804.

For information on becoming a Pro-Fitness Multisports Team Member profits@multisports.net

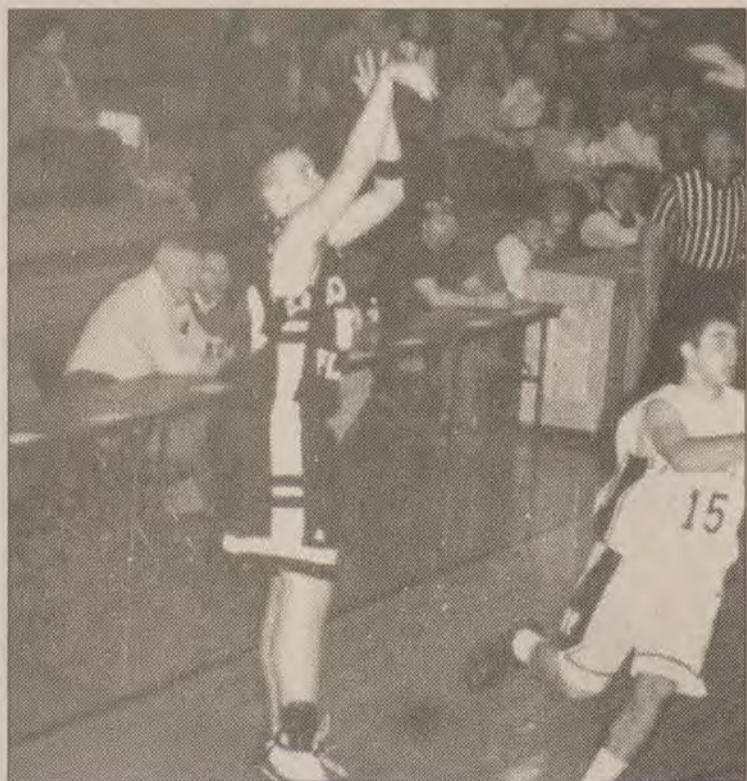


photo by Steve LeMaster

South Floyd High senior Tyler Hall's return to the hardwood is still in question.

Tyler Hall remains out for South Floyd

by STEVE LeMASTER SPORTS EDITOR

HI HAT — The South Floyd boys' varsity basketball team is still without the services of senior sharp-shooter Tyler Hall. Hall, who missed this past week's South Floyd-Pointsville game, after being injured in a sledding accident the week before during

the first two recent measurable snowfalls remains out of action. Hall went to the doctor earlier this past week and was not cleared to play. He instead will have to do back to the doctor some time this week.

South Floyd was back in action Friday night against East Ridge. Results from that game will appear in Wednesday's paper.

IT'S BACK

'THE TIMES' will reprint a pictorial history of our area entitled

Our Yesterdays

— A Pictorial History of Floyd County, Kentucky

The book is an exact reprint that contains about 350 photographs in 128 pages. This book will be digitally printed on 70# text paper and perfect bound with an attractive soft laminated cover, making it a high quality book. You will want a copy, not only for yourself, but for your loved ones as well. What a great gift idea for those who call Floyd County home.

Hard Cover:
\$27.95

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Whitney Lykens (5)



Ladycat players and fans were all smiles after the championship win Thursday night at Pikeville.

BACK 2 BACK



Betsy Layne's Natasha Stratton (34) and Tabetha Witt went up against a Pikeville player.



Betsy Layne has games before state tourney trip

The Betsy Layne girls' varsity basketball team now awaits the winner of the 7th Region. The Ladycats will play the Region 7 winner in the upcoming All "A" Classic state tourney. In between, the Betsy Layne team has games this week on its regular season schedule.

- Steve LeMaster

photos by Jamie Howell

Left: Betsy Layne head coach Cassandra Akers will take her team to Richmond to the All "A" Classic for a second straight year.



Betsy Layne girls' varsity cheerleaders.

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Betsy Layne High School Girls Basketball: The banner says it all, Back 2 Back 15th Region All "A" champs.

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Ladycats
and
Team

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Regional COLLEGE

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TIMES Email: web@floydcountytimes.com

KCTCS administrators receive recognition

LEXINGTON - Two administrators who provide leadership to Kentucky's community and technical colleges have been selected to receive special recognition.

Keith W. Bird, chancellor of the Kentucky Community and Technical College System (KCTCS), has been

appointed to the Cisco Systems Inc. Networking Academy Advisory Council. The council comprises customers of Cisco and assists the company in improving allocation of its resources and identifying training needs.

The Cisco Networking Academy

is a comprehensive e-learning program that provides students with the Internet technology skills essential in a global economy. The Networking Academy delivers web-based content, online assessment, student performance tracking, hands-on labs, instructor training and support, and

preparation for industry-standard certifications. KCTCS is the major provider of the Cisco curriculum in Kentucky.

Nearly 300,000 students nationwide have enrolled at more than

(See KCTCS, page three)

A View from the Hill

When I was a second-year college student, I knew I had to decide the course of my future. The "real world" was just around the corner, so on instinct I decided to pursue nursing as a profession. I wanted to be a nurse for the sheer joy of helping people. I completed the pre-nursing requirements and applied to the Elizabeth Akers Elliott nursing program at Pikeville College.

The first week of April was a dreaded one as I waited for my acceptance letter to arrive. Up until then, I hadn't really considered that I may not get accepted. Quickly, I mentally prepared myself for rejection and came up with an alternate plan for my



■ Moore

future. On April 2 I skipped my noon class to await the arrival of the much anticipated, yet dreaded letter.

Once I had the letter in my possession, I paused as I realized that the rest of my life was inside that envelope. Finally, I stopped tormenting myself and tore open the letter. The first line informed me that I had been accepted into the nursing program. I was thrilled!

I have always enjoyed being a student at Pikeville College, but on that day campus seemed a little bit brighter. I have never thought that my classes would be easy, but after being accepted into the nursing program I realized that the next couple years were going to really challenge me and for that I am grateful. I want to be challenged so that I can become the best nurse possible. The nursing program has a reputation for being tough, but it also prepares some of the best nurses this region has.

Last year, 100 percent of the nursing graduates passed their licensing board exams. In a couple of years, I hope to be among the elite myself. Becoming a nurse will give me the opportunity to touch many, many lives. For that, I will be eternally grateful. I know that I have a long road ahead of me but in the end, it will be well worth it. Nursing is a tough job, but I plan to put my whole heart into it.

Kristie Moore, of Pikeville, is a junior at Pikeville College majoring in nursing.

COLLEGE NEWS



■ Greta Hicks

PHS graduate multi-talented

Prestonsburg High School graduate and Transylvania University junior Greta Hicks recently participated in the Student Conductor's Concert at Transylvania.

Hicks conducted Thematic Variations on Dona Nobis Pacem by James Sudduth. Hicks, who has been playing in Transylvania's concert band for five semesters, got her start playing trombone in the sixth grade at J.D. Adams Middle School.

In addition to Hicks, four other Transylvania music major students conducted several pieces including Toccata for Band by Frank Erickson, Japanese Prince by Rob Jager and two movements from Lincolnshire Posy by Percy Grainger.

Hicks also performed in the university's annual Madrigal Dinner, "A Medieval Feast," presented by the Transylvania Madrigal Singers and the Medieval Instrumental Ensemble.

Guests at the dinner took

(See TALENT, page three)

- GOD'S APPALACHIAN PARTNERSHIP -



Bust Out sponsored at Alice Lloyd College

God's Appalachian Partnership, Youth Services, partnered with several area youth workers to organize Bust Out on New Year's eve. The event took place on the campus of Alice Lloyd College in Pippa Passes. Many ALC students, faculty, and staff volunteered their time and effort during the night. God's Appalachian Partnership, Inc. is a non-profit evangelical social organization started in 1999 to address the physical and spiritual needs of under resourced people in eastern Kentucky and is located in McDowell, Kentucky. Bust Out was brought about to give teenagers in the region a safe, fun, wholesome place to celebrate the dawning of the New Year. This was the second year for this event that drew 85 kids from as far away as Lexington.

COLLEGE NEWS



■ Jessica Hicks

PHS graduate busy at Transylvania University

Prestonsburg High School graduate and Transylvania University freshman Jessica Hicks recently attended "Discovering Your Passion," an alumni networking event for Transy students.

Over 60 Transy alumni offered current students valuable insights on life after college. In addition, students could attend two panel discussions, "Discovering Your Passion" and "The Nuts and Bolts of Graduate School."

Participating alumni came from a wide variety of backgrounds including education, financial planning, engineering, psychology, law, religion, and medicine.

In addition, Hicks also performed this past holiday season in the university's annual

(See GRADUATE, page three)

HONORS

Stewart honored by Who's Who publication

Julie Stewart, of Martin, will be named in the 2003 edition of "Who's Who Among Students in American Universities and Colleges." Stewart is a student at Berea College. Among Stewart's activities and involvements garnering her recognition by the national publication and the Berea College Who's Who Nominating Committee are: Student representative on the General Education Review Committee; principle player in the College Wind Ensemble; member of Kettering Hall's

House Council, the Campus Activities Board, and the 2001-02 Brushy Fork Leadership Institute; campus host for the college's Admissions Department; participant in Habitat for Humanity, Kentucky State YMCA Junior High and High School Debatabble and Non-debatabble Conferences, Kentucky Youth Association, Kentucky United Nations Assembly, and Genesis (preparation and introduction to Y-Clubs); an attendee of the Kentucky Head Start Association and the Kentucky

Association for Early Childhood Education 2002 Collaborative Conference; interim choir accompanist at Berea United Methodist Church; and participant in the Tates Creek Association's Regional Baptist Senior Revival, Fall 2001.

Stewart, and 13 other Berea College students, will join an elite group of students from more than 2,300 institutions of higher learning in all 50 states, the District of Columbia, and several foreign nations.

MOREHEAD STATE UNIVERSITY

Morehead State University names new director of admissions



■ Joel Pace

Joel Pace has been named director of admissions at Morehead State University. An MSU graduate, Pace has served as the university's associate director of admissions since 2000. He joined the staff in the Division of Student Life in 1997 as a financial aid counselor while working on his graduate degree. He has been employed by MSU since 1996.

As director of admissions, Pace will oversee all student recruitment activities both on and off campus. He also will supervise the creation and distribution of all admissions and recruitment material; direct a staff of more than a dozen professional, clerical and student members; and plan all major recruitment trips, especially those throughout MSU's 22-county service region.

He will also be responsible for

implementing and maintaining several specialized recruitment programs including those for transfer students, international students and the SOAR (Student Orientation, Advising and Registration) program for incoming freshman.

In addition to these responsibilities, Pace is also currently a member of the University's Planning Committee, University Wide Retention Committee, Transfer Student Recruitment Task Force and GED Recruitment Task Force. He is also a member of the Kentucky Association of College Registrars and Admissions Officers and the Kentucky Association of Secondary and College Admissions Counselors.

Pace holds a bachelor's degree in

(See MSU, page three)

COLLEGE CALANDER

Appalachian History Month

Kentucky's Disappearing Company Coal Towns will be presented Jan. 29 at 1 p.m. in the PCC Art Gallery

Thomas D. Matijasac was born and reared in the suburb of the industrial city of Youngstown, Ohio. He earned a B.A. in history from Youngstown State University, a M.A. in history from Kent State University, and a Ph.D. in history from Miami University. He has taught history at Prestonsburg Community College since Jan. 1, 1983 and has been awarded three Great Teacher Awards and five NISOD awards. He has published more than 20 articles and more than 30 book reviews.

Weight loss

If losing weight is on the top of your list this month check out the wellness tip from Kelly Adam and Jennifer Dearden of the Prestonsburg Community College Wellness Center.

The Energy Balance Equation basically states that the calories you consume must equal the calories you expend to maintain your current body weight. Keep in mind that one pound equals 3,500 calories. Therefore, if you maintain a negative energy balance of 500 calories a day, you should lose an average of one pound per week. Try to consume 200-300 calories less and expend 200-300 calories extra by exercise. For example, by eliminating one 20 oz. soda and walking briskly for 45-60 minutes a day the total easily adds up to 500 calories.

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HERALD Email: hazardherald@setel.com

TIMES Email: web@floydcountytimes.com

Health career students get PEPP

Let's get PEPP for the summer! PEPP (Professional Education Preparation Program) is a program that deals with academic enrichment and career exploration. PEPP is offered at

three locations for the summer, the University of Kentucky, the University of Louisville, and Pikeville College. The program is free for students with a family income of less than \$75,000 a

year who live in a medically underserved area. For students with a family income of \$75,000 or more, a fee will be required for participation. All PEPP participants will receive a weekly

stipend for meals and expenses. The UK and the U of L programs are for high school seniors that are interested in medicine and/or dentistry. The Pikeville program is available to high

school freshmen through seniors that are interested in a career in the health field. Application deadline for

(See PEPP, page three)

Medicare AND YOU



Donna R. Morton
Medicare Beneficiary
Outreach Coordinator
AdminStar Federal

Q I have diabetes. Will Medicare cover therapeutic shoes?

A Yes. Medicare Part B does cover therapeutic shoes for people with diabetes that meet certain conditions. Medicare requires that a podiatrist, podiatrist, or other qualified doctor prescribe the shoes, and fit or give you the shoes.

Q What types of shoes are covered?

A Medicare covers one pair of depth-inlay shoes and three pairs of inserts each year OR one pair of custom-molded shoes (including inserts) if you cannot wear depth-inlay shoes because of a foot deformity, and two additional pairs of inserts. In certain cases Medicare may also cover separate inserts or shoe modifications instead of inserts.

Q What are the conditions I must meet before Medicare will help pay for the shoes/inserts?

A In order for Medicare to pay for therapeutic shoes you doctor must certify that you meet the following three conditions:

1. Have diabetes;
2. Have at least one of the following conditions in one or both feet:
 - Partial or complete amputation
 - Past foot ulcers
 - Calluses that could lead to foot ulcers
 - Nerve damage because of diabetes with signs of problems with calluses
 - Poor circulation
 - Deformed foot;

AND

3. Are being treated under a comprehensive diabetes care plan and need therapeutic shoes and/or inserts because of diabetes.

Q What are the costs for therapeutic shoes?

A There are limits to the amount that Medicare will pay. You pay 20% of the Medicare-approved amount after the yearly Medicare Part B

(See YOU, page three)



First Commonwealth Bank continues sponsorship of JWT

Jenny Wiley Theatre wishes to thank First Commonwealth Bank for their continued support. Pictured at the check presentation are Linda Rose, Jenny Wiley Theatre Board Member and Greg Wilson, President, First Commonwealth Bank. The Bank will be co-sponsoring Driving Miss Daisy with Highlands Regional Medical Center.

Patton supports raising gas tax but has no plan to propose it

THE ASSOCIATED PRESS

LEXINGTON — Gov. Paul Patton told a transportation conference Thursday that he supports hiking the tax on motor fuels, which funds highway construction, but has no plan to propose it to the General Assembly because it has no apparent support.

The legislature returns to the Capitol on Feb. 4 to resume its off-

year session, which has 26 days remaining.

Patton said he will propose a \$500 million tax increase, but the "gas tax" is unlikely to be part of it.

"I don't see any realistic prospect of seeing the gasoline tax considered in this session. Maybe in 2004 it will be different," Patton said in a speech to the conference sponsored by Kentuckians for Better

Transportation, an industry group that for years has lobbied for a higher motor-fuels tax.

Proceeds from the tax, which fluctuates with the wholesale price of gasoline, go into the state Road Fund, which is ostensibly for roads and other transportation projects. The fund has been periodically raided to

(See PATTON, page three)

Bankruptcy Filings

The following is a list of bankruptcy cases filed with the U.S. Bankruptcy Court for the Eastern District of Kentucky in Lexington from Jan. 17 to 24.

Pikeville Division Chapter 7

Under Chapter 7 bankruptcy, a

court-appointed trustee sells assets and the debtor is discharged of debts.

Mary Lou Chandler, of Paintsville.

Bobby D. Childers, of Elkhorn City.

Andrea S. Howard, of Salyersville.

James Tibbs, of Canada. Melissa Thompson, of Mouthcard.

Wendell Williams and Nellie Williams, of Pilgrim.

Marie Epling, of Pikeville.

Joann Tackett, of Grethel. Judy G. Meadows, of Shelbiana. Nancy Tackett, of Pikeville.

NEWS AND NOTES

CCA marks 20th anniversary in 2003

WHEELWRIGHT — Corrections Corporation of America, which owns and operates Otter Creek Correctional Center, is celebrating its 20th anniversary on Jan. 28, also marking the 20th anniversary of the private corrections industry.

Otter Creek Correctional Center became part of the CCA system in April 1998. Otter Creek will celebrate a special CCA Otter Creek Correctional Center Anniversary on Jan. 28.

"CCA celebrates the beginning of its third decade — a momentous achievement for a company that began as an

unproven idea and grew into an industry," said John Ferguson, CCA president and chief operating officer. "CCA's founders took great risks to pursue an innovative idea that today is a viable and necessary component of corrections systems around the nation."

"We are very proud to be an important part of the Wheelwright community," Ferguson added. "Our success is dependent on us providing safe, secure facilities so that communities can feel reassured knowing that we are doing our job of public safety. Our success is also dependent

on us providing the inmates in our care opportunities for meaningful educational, vocational and substance abuse programs to help them more successfully reintegrate into society. And, of course, we are proud to provide our management services at a cost-effective, high-caliber level to our mental partners and are proud to support this community and be a viable economic contributor."

Twenty years ago, CCA was the first

(See CCA, page three)

IT'S YOUR MONEY

Workshop offers businesswomen tips on dealing with banks

MOREHEAD — Women business owners who believe they have not been treated fairly by banks and other financial institutions will want to attend a special workshop offered by Morehead State University's Small Business Development Center in Ashland.

The workshop, "Going to the Bank," will be presented on Wednesday, Jan. 29, at MSU at Ashland, 1401 Winchester Avenue, from 1 to 3:30 p.m. Carol Hatfield of the Kentucky Small Business Administration will be the speaker.

Hatfield will discuss finance-related issues, such as how women can approach bank lenders and investors with confidence. She also will provide information about fees, renewing bank notes, and news about mortgages and liens.

In her discussion, Hatfield will describe concepts such as balloon note financing, wrap around mortgages and credit reports, and will offer warnings about common ways to ruin a business loan deal.

(See OFFERS, page three)

IT'S YOUR MONEY

UK, LG&E partnering on project

THE ASSOCIATED PRESS

LEXINGTON — The University of Kentucky and one of the state's largest energy companies are working together on an \$8 million research project intended to find ways to reduce the amount of landfill space needed to store ash from coal-burning power plants.

Researchers at the UK Center for Applied Energy Research will use \$4 million from the U.S. Department of Energy to turn coal ash into cement at the LG&E plant in Ghent. LG&E is putting up an additional \$3 million for the project. UK is contributing another \$1 million.

Jack Groppo, a UK researcher, called the initiative "the ultimate recycling project."

CHAMBER NOTES

Floyd, Ky. Chambers team up to offer new benefits to members

by REGINA BECKNELL, PRESIDENT
FLOYD COUNTY CHAMBER OF COMMERCE

"First-ever affiliation means increased product and service offerings"

The Floyd County Chamber of Commerce has expanded its product and service offerings by teaming up with the Kentucky Chamber of Commerce. Businesses that belong to the Floyd County Chamber will have the opportunity to take advantage of expanded benefits and membership in the Kentucky Chamber.

"Floyd County Chamber members can expect their benefits to grow as a result of this new association," announced David Tackett, Chairman of the Floyd

(See NOTES, page three)

Patton

pay for other governmental expenses, and Patton said some legislators are contemplating another raid this year.

Patton, who has just over 10 months remaining in office, said he had failed to sufficiently build up the Road Fund, which had been one of his goals.

"That will be one of the significant disappointments of my administration," Patton said. "We're not any closer to getting it done than we were four, five

years ago. I see that as a failure."

Patton plans to propose raising taxes on corporations, which he said pay less in taxes now than in 1990 and account for half as much of the General Fund - 5 percent, compared with 10 percent a decade ago.

The administration estimates that it will get through the current fiscal year without a shortfall, thanks to spending cuts and some unexpected pots of "onetime" money from the lottery and inheritances, among others.

The administration estimates a nearly \$400 million shortfall in the fiscal year that begins July 1 unless the General Assembly raises taxes or human services are slashed to the bone or even deeper. "The next 12 months are 'come to Jesus' time," Patton said.

A top Senate Republican

Continued from p2

Notes

Continued from p2

County Chamber. "This is the first time we've combined the strengths of our local and state chambers to increase the resources we make available to our members."

The Affiliates Program is available to Floyd County Chamber members with 100 or fewer employees who will participate in one of two Kentucky Chamber programs: ChamberAdvantageSM, a group health insurance program, or NationJob NetworkTM, an Internet recruiting service.

Companies can choose from three levels of membership designed especially for this program: Basic, Business Council and Cornerstone. Each package offers a different level of cost and benefits. Companies with five or fewer employees will be eligible to receive the Basic Membership package free of charge.

You

Continued from p2

deductible. This amount can be higher if your provider or supplier doesn't accept assignment, and you may have to pay the entire amount at the time of service.

Have questions about Medicare? Call 1-800-MEDICARE (1-800-633-4227), TTY/TDD 1-877-486-2048 (toll free for the hearing impaired), or visit www.medicare.gov on the internet.

Offers

Continued from p2

The fee for attending the workshop is \$10, and seating is limited. Additional information and registration details are available by calling (606) 329-8011.

PEPP

Continued from p2

PEPP is March 1, 2003. For an information packet or questions about PEPP, contact Tracy Counts, Health Educator at the Southeast KY AHEC (Area Health Education Center) at (606) 439-6794, or Melissa Perry, Health Educator, at (606) 377-3400, ext. 214.

Talent

Continued from p1

part in a yuletide feast held in an atmosphere of heraldry, pageantry and song and were treated to a performance of the Mummer's Play, which was once a feature of medieval gatherings.

The evening's feast was one fit for royalty, featuring carved roast beef, roasted vegetables, breads, dessert, coffee and teas.

The performance was directed by Transylvania's Gary L. Anderson, professor of music and director of choral ensembles.

Hicks played the part of Lady Hampshire, a member of the royal court. She is the daughter of Derek and Deborah Hicks, of Prestonsburg.

Graduate

Continued from p1

Madrigal Dinner, "A Medieval Feast," presented by Transylvania's Madrigal Singers and the Medieval Instrumental Ensemble.

The yuletide feast involved attending guests in an atmosphere of heraldry, pageantry, and song and treated them to a performance of the Mummer's Play, once a featured highlight of medieval gatherings. The prepared feast was one fit for

CCA

Continued from p1

company to contract with government to manage prisons and jails. Today, there are more than 120,000 inmates housed at over 150 privately run prisons across the United States. Private operators, like CCA and others, serve federal, state and local governments.

CCA has about 52 percent of the private corrections market, managing approximately 59,000 inmates, which makes the CCA system the sixth-largest correction system in the nation.

"Otter Creek Correctional Center is honored to be part of the CCA system," said Randall Stovall, warden of Otter Creek. "Every sin-

gle day, the correctional staff at this facility perform a meaningful public service, and they do so while exhibiting the quality of excellence that is demanded of all 14,000 CCA employees nationwide. I am proud of these men and women. What we accomplish here, and what we help CCA accomplish as an industry leader in the public-private corrections partnership, is very worthwhile."

He said the legislature might be willing to modernize Kentucky's tax structure, but in a way that has "very minimal impact" on overall revenue.

Kelly said there remained "a lot of aggressive things that we could be doing" to cut government spending but which Patton "is not interested in doing because he wants there to be a fiscal crisis so that everybody can be convinced that we have to raise taxes."

diverted. Corridors of U.S. Highways 23, 119, 460 and Kentucky 80 were combined into a four-lane road. The Cut-Thru created or opened up 390 acres of usable land, most through filling the old riverbed, nearly doubling the amount of flat land adjacent to the town, all of which is now free from the threat of flooding.

This edition of the Cut-Thru brings another eclectic collection to the reader. Many pieces touch on the importance of family - real and adopted, good relationships and difficult ones. Authors write of tragedies both global and personal. The comfort that can be found in nature, God, and loved ones is also contemplated.

We are taken to a surreal urban setting in one piece, and to a real and equally unusual African setting in another. Romance is represented in poems of praise about male and female objects of affection. A character in one of the stories is moved not by an individual, but by the momentousness of a visit to the Pearl Harbor Memorial.

Some pieces reminisce about those no longer with us; others ponder new opportunities and life goals. As always, the creative no-nonsense spirit of the people of Eastern Kentucky is apparent throughout.

There will be a reading of The Cut Thru-Review on Jan. 29, in the Prestonsburg Community College Art Gallery at 6 p.m.

Magazine reading scheduled

In its sixth year of publication, The Cut-Thru Review again offers an eclectic selection of poems, short stories, nonfiction, and art.

The magazine is named for the spirit exemplified by the Pikeville Cut-Thru. Completed in 1987, the Pikeville Cut-Thru is one of this country's largest engineering and earth-moving achievements. The inspiration of Pikeville Mayor William Carter Hambley, construction took 14 years, involved blasting 23 million cubic yards of rock, moving 5 million cubic yards of dirt, included nearly 20 state and federal agencies, and carried a price tag of \$60 million.

The result is a channel - 1,300 feet wide, 3,700 feet long, and 523 feet deep - into which the railroad tracks were relocated and the Big Sandy River

MSU

Continued from p1

communications and speech as well as a second bachelor's in social studies education. In 1998, he received a Master of Arts degree in adult and higher education with an emphasis in counseling.

Pace, a native of Shepherdsville, resides in Morehead with his wife, Lora, who serves as the director of MSU's First Year Program, and their two children, Bethany and Alex.

You may contact Pace by calling (606) 783-2000.

KCTCS

Continued from p1

10,000 Cisco Networking Academies located in high schools, technical schools, colleges, universities and community-based organizations.

Also, Analy Scorsone, director of global studies and international partnerships for KCTCS, has been selected to participate

royalty, featuring carved roast beef, roasted vegetables, breads, dessert, coffee and teas.

The performance was directed by Transylvania's Gary L. Anderson, professor of music and director of choral ensembles.

Hicks played the role of a medieval juggler. She is the daughter of Derek and Deborah Hicks, of Prestonsburg.

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HERALD Email: hazardherald@setel.com

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Donna's Day

Creative family fun

by Donna Erickson

The Giving Family

Actions do speak louder than words! Through our example as parents, we model for our children a giving spirit. Share some of these simple activities and continue to grow together as a caring family.

AT HOME

Display thoughtful words with "Kindness Clips." Decorate the smooth surface



of wooden clothespins with markers and print the name of a family member on each one. Glue a small magnet on the backside and attach to the refrigerator door. Leave daily affirmations on slips of paper and attach to the clips, like "Jenna, great job brushing the dog today!" Include words of gratitude, too, like "I am thankful for Matt's funny jokes."

IN THE NEIGHBORHOOD

Celebrate the arrival of a new family on your block with a "Welcome Wagon." Decorate and fill the kids' wagon with seasonal treats such as lemonade, cider or hot chocolate, doughnuts, paper plates, napkins and cups, and deliver the treats to their door. As you enjoy meeting one another, share the names and locations of your favorite deli, pizza parlor and bakery.

IN THE COMMUNITY

Sort through toys, games and children's magazines, and give items in next-to-new condition to a children's hospital. Make this a habit! You might want to start a simple tradition in your family called "toys for giving": Whenever your child receives a new toy or book, she can choose one she has outgrown and give it away.

Write Donna with your questions and ideas at www.donnasday.com. Donna's newly released book, "Donna Erickson's Fabulous Funstuff for Families," is now available in bookstores nationwide.

(c) 2003 Donna Erickson
Distributed by King Features Synd.



RACK OF LAMB IS HONEY OF A MEAL

Company's coming for dinner, and you want it to be special. What could be more impressive than a rack of lamb encrusted with an orangy-herby-walnut sauce? (For easy carving, have the butcher saw or crack the chine bone between the chops).

Couscous is the perfect companion for lamb and is especially delicious combined with portabella mushrooms. A refreshing salad of mixed greens tossed with extra-virgin olive oil and a splash of balsamic or red wine vinegar is a wise idea for your vegetable selection.

For dessert, skip the sweets — your main course is sweet enough. Instead, have fresh fruit and chunks of Parmigiano Reggiano, imported Swiss and Cheddar cheeses. And, of course, you'll want your guests to enjoy a glass of fine Chianti.

PETTIT WALNUT-COATED LAMB CHOPS WITH HONEY SAUCE

- 1/2 cup fresh bread crumbs
- 1/2 cup chopped California walnuts
- 1 tablespoon fresh thyme OR 1 teaspoon dried thyme
- 2 tablespoons chopped fresh Italian parsley
- 2 tablespoons grated orange zest
- 1/4 teaspoon salt
- 1 tablespoon Dijon mustard
- 1 rack of lamb (8 chops) trimmed of all excess fat

1. Preheat oven to 400 F.
2. In food processor or blender, place bread crumbs, walnuts, thyme, parsley, orange zest and salt and process to a coarse texture.

3. Brush lamb with mustard. Press on crumb coating. Place lamb in shallow roast pan lightly coated with non-stick cooking spray. Roast 30 to 40 minutes or to desired doneness. Makes 4 two-chop or 8 one-chop servings. Serve with Honey Walnut Sauce (recipe follows).

HONEY WALNUT SAUCE

- 1/2 cup honey
- 1/4 cup orange juice
- 2 teaspoons olive oil

- 1 teaspoon orange zest
- 2 tablespoons finely chopped California walnuts, toasted

In small saucepan over medium heat, combine honey, orange juice, olive oil and orange zest. Heat until simmering. Remove from heat and stir in walnuts. Makes about 1 cup.

PORTABELLA COUSCOUS

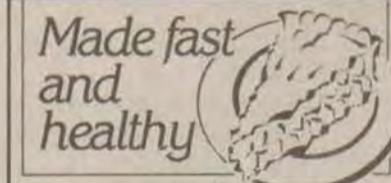
- 12 ounces portabella or white mushrooms (stems)

(See **BLOCK**, page five)

THE CHOPPING BLOCK

by Philomena Corradeno

Comfort foods



by JoAnna M. Lund

Knowing this special breakfast treat is waiting makes it worth crawling out of a warm bed on a cold winter morn.

Rise and shine with pleasure

Prepare it the night before and warm it up in the microwave, and it will be ready before your eyes are wide open!

ALMOND CRUNCH COFFEE CAKE

- 1 1/2 cups reduced-fat baking mix
- Sugar substitute to equal 1/4 cup, suitable for baking
- 2/3 cup fat-free milk
- 2 tablespoons fat-free sour cream
- 1 egg or equivalent in egg substitute

- 1 teaspoon almond extract
- 1/4 cup chopped almonds

Preheat oven to 375 F. Spray a 9-inch round cake pan with butter-flavored cooking spray. In a large bowl, combine baking mix and sugar substitute. Add milk, sour cream, egg and almond extract. Mix gently just to combine. Spread batter in prepared

(See **FOODS**, page five)

Dear Diane...

Disgusted in Denver

DEAR DIANE:

My wife, "Gerta," and I are both 50 years old. We have been married for 27 years. We have a major problem in our marriage, and I am now at the point of wanting to leave Gerta for another woman.

Let me be clear about one thing: I have not cheated on her, although I have been tempted. Gerta and I have not been romantic, nor shared a bed in more than four years.

The problem is Gerta's weight. Now, she was a little plump when I met her, but that's OK because I like my women with a little meat on them. However, in the past five years, Gerta has ballooned to more than 480 pounds. She is only 5-feet, 2-inches tall.

I cannot even bring myself to look at her, let alone kiss her or feel any kind of romantic spark. She smells. She hides food and eats whenever she thinks I'm not looking.

I have been trying to get her to take some exercise and curb her eating habits. She has refused. She says that if I truly loved her, I shouldn't care what she weighs.

How can I love a woman I can't even wrap my arms around. I understand that as we get older our bodies change, but what Gerta is doing to herself goes beyond what any husband should have to endure.

I play tennis, work construction and have kept in shape for HER, but she hasn't done the same for me. I think this is unfair. Should I leave Gerta?

— DISGUSTED IN DENVER

DEAR DENVER:

Yes. But not right away. Make an appointment with your doctor and see if Gerta can be put on a healthy diet and exercise regimen. Tell her that if she doesn't lose at least 50 pounds by the Fourth of July, you will declare your independence from her and file for divorce.

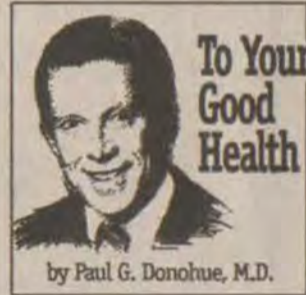
If Gerta achieves this goal, then tell her that she needs to lose another 50 by Christmas. If she doesn't — leave her.

What Gerta is doing to herself is unhealthy and smacks of addiction. She needs professional help and tough love. She needs to look like a supermodel, but you shouldn't have to put up with Jabba the Hutt, either.

Surgery can be the best prevention for stroke

DEAR DR. DONOHUE:

I am an 85-year-old stroke patient. My stroke occurred in May, and it affected my right side. Currently I am on a number of medicines to lower my blood pressure and cholesterol. My doctor says I have an 85 percent to 90 percent blockage in my right carotid artery and that I should undergo a carotid endarterectomy. Is there medication that I can take rather than undergoing surgery? — E.P.



by Paul G. Donohue, M.D.

ANSWER:

The right and left carotid arteries are in the neck. They carry blood to the brain. Your left carotid

artery was so filled with obstructing fat and cholesterol that the left side of your brain was denied its share of blood. You had a stroke on the left side of your brain. The left side of the brain controls the right arm and leg; the right side controls the left arm and leg.

Now your doctor has found a significant blockage in your right carotid artery. If it makes delivery of blood to the right side of your brain precarious, you could have a stroke that affects your left arm and leg.

There is no medicine that melts obstructions in arteries. There are, however, lifestyle changes that can stop progression of buildup

(See **HEALTH**, page five)

Chicken Soup for the Soul: I flushed it

Pier Novelli, age 12
(FROM "CHICKEN SOUP FOR THE PRETEEN SOUL")

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It was a hot day in Florida. The school year had just ended, and it was time for summer vacation. We had just gotten a little black dog who we named One-Eyed. We chose that name because he could only see out of one eye.

Everybody wanted to do something for the dog: feed him, teach him tricks and take long walks with him. Everybody was so happy to have this active, playful, shaggy, sable-coated

new addition to our family. Everybody, for a long time.

That is, except my mom and me.

All my mom saw when she looked at the dog was someone else to clean up after. Shedding, messy, muddy, he pounced all over the house. All Mom seemed to care about was getting the house cleaned. My mom began to put Clorox in the tub. There was no messing with Mom when she started cleaning, so I decided to move out of the way. Actually, getting out of the way is a move I'd been practicing



Being the youngest in my family has had its advantages, of course. I won't deny that. More than a few times I was spoiled or everyone was convinced that I was the cutest. It wasn't all bad to get this attention.

But being the youngest also came with its fair share of troubles. I was often told what I couldn't do and why. I realize that I practiced getting out of the way because most of the time I was being pushed out of the way. "You're too young!" "You're too little!" "You'll

mess this up!" they'd often say.

I also knew that my family loved me. They always tried to protect me, help me and take care of me, but I couldn't wait to show them I could do things by myself.

Every time I asked my brother or my sister if I could pet One-Eyed, they would shout, "No!" or tell me that I had germs. Once they even convinced me that I had so many germs, if I touched One-Eyed he would die! I really believed them and was scared that something terrible would happen to the dog. Once I even confessed to my mom that I touched the dog when no one noticed. At first, my mom seemed very confused about what I was telling her,

but then she realized that they were playing a joke on me to keep me away from the dog. My mom scolded my brother and sister: "You better stop teasing your little brother!" Little brother! That's exactly what I was. That really got my blood boiling. I was so mad, I wanted to break something!

I wasn't going to let them make me move out of their way this time! I took one look at the dog and decided, "I'll show them what a little kid can do!" I took the dog into the bathroom. "I'm going to give you a bath!" I said. One-Eyed looked at me strangely; he obviously didn't understand what I was saying.

(See **SOUP**, page six)

Books: Bush at War

By Bob Woodward
(Simon & Schuster, \$28)
Reviewed by David
Smith

As of this writing, the United States is gearing up for yet another confrontation with Saddam Hussein — which makes Bob Woodward's "Bush at War" required reading for anyone interested in the inner-workings of the

Bush White House during wartime.

Following the Sept. 11 attacks, Woodward was granted unprecedented access to the White House and key players in the Bush administration. The result is a revealing exposé of a president who boils every issue down to its most simple components, and who is flanked on one side by those who want to bomb most of the world back to the Stone Age,

and on the other by those who are more level-headed.

On the hawk side are Defense Secretary Donald Rumsfeld, Vice President Dick Cheney and CIA director George Tenet. In one part of the book, Woodward writes about Cheney's war-jones: "Cheney was hell-bent for action against Saddam. It was as if nothing else existed."

On the side of reason stands Colin Powell who, when everyone

else was planning for war, presented a detailed overview about the broader issues and the devastating consequences of prolonged action in Iraq. The arguments between Powell and Cheney were "explosive," and, according to Woodward, "danced on the edge of civility."

One of the more interesting aspects of the book is its portrayal of National Security Adviser Condoleezza Rice. Described by Bush as a "mother hen," it is Rice to whom Bush turns in order to act as troubleshooter and mediator.

"Bush at War" offers a balanced, accurate and revealing insight into the Bush White House. Highly recommended.

Sam & Dave explain it all to you

by Samantha Weaver
and Dave Smith

DEAR SAM AND DAVE:

The day I dread all year — Valentine's Day — is coming up. I hate the commercialization of a virtually made-up holiday that has no relevance to modern life. It's just an excuse for retailers to make a buck by causing women to expect expensive gifts and making men feel guilty if they don't provide them.

As you've probably guessed, I do have a girlfriend, "Lily." We've been seeing each other for seven months, and things are going very well — we share the same views (mostly) and have a great time together. However, she works in an office full of materialistic women who always get lavish bouquets delivered to them on Valentine's Day. I don't want to give in to retail pressure, but I don't want her to feel left out, either — I'm sure her condescending co-workers will drive her crazy if they think she's been forgotten. What do I do?

— CURSING CUPID IN CONNECTICUT

Overcommercialized

SAM SAYS:

I agree that Valentine's Day has become overcommercialized and is hardly relevant today — sending flowers to your sweetheart on the anniversary of a saint's martyrdom doesn't make much sense to me. But remember that it's sometimes difficult to ignore society's pervasive expectations, even when we want to.

Since you and Lily share the same views, she probably agrees that the idea is silly — but that doesn't mean that you should ignore the holiday. If her co-workers are as materialistic as you say, they could very well make Lily feel uncomfortable at work with sly glances and false pity. You don't have to support the retail concept of more-expensive-equals-more-love, though. "It's the thought that counts" is a cliché, but there is a certain amount of truth to it.

What you need to do is use your creativity. Go into her office the night before and leave love notes scattered on her desk — include rose petals if you really want to get romantic. Hide small surprises in her desk drawers, in her file box or anywhere she'll come across them unexpectedly. Being reminded of your caring and thoughtfulness throughout the day is far more personal — and fun — than getting a cookie-cutter dozen roses just like everyone else in the office.

Of course, this won't work if Lily is as

shallow and materialistic as the other women in her office. If that's the case, though, it's better to find out now while you still have time to consider your other dating options.

DAVE SAYS:

Listen, Scrub, Sam might be suckered-in by your bull, but I'm a guy. I know better.

The only people who crab and whine about how commercial holidays are getting are the losers who are either too cheap to buy gifts or those with loser jobs who can't afford to pony-up the shekles. Which one are you?

Face facts, you're supposed to be a MAN. Your financial status is going to be judged by others. If you ever find a woman you want to marry, you're going to be judged by the engagement ring you buy her. Her parents are going to judge you by the career you've chosen. Women in general are going to judge you not only by the content of your heart, but by the car you drive, the clothes you wear and the career you've chosen.

Grow up. Get a better job. And for cryin' out loud, lavish big horkin' presents and floral arrangements on your sweetie this Valentine's Day. It will make the women in her office jealous, which means it'll make your sweetie's ego soar, which translates to some major "thank yous" later that night for you. Got it? Good.



by Samantha Weaver & Amy Anderson

Festival of Camellias

During the entire month of February, you can help celebrate this fragrant and colorful flower in Fort Valley, Ga. With 10 acres of blooms, Fort Valley's Masee Lane Gardens have the world's largest display of Boehm porcelains — a wonderful sight to behold. Check the Web site www.camellias-ac.org or call (478) 967-2358 for information on dates and times of special events at the gardens — fashion shows, Old South days, senior citizen days and more. There is a \$5 admission fee, and parking is free.

Groundhog Day Celebration

There is only one spot to vacation on Feb. 2, and that's Punxsutawney, Pa. Yep,

February festivals

it's hands-down the best Groundhog Day celebration you'll find, and Punxsutawney Phil is one fine, furry weatherhog. The folks in Punxsutawney are lots of fun, so check out the Web site www.groundhog.org or call (814) 938-7700 for more details on events to happen all weekend long and all over town.

Fire and Ice Winter Festival

Aurora, Colo., hosts the Fire and Ice Winter Festival at the Aurora Reservoir on Feb. 8. The folks there expect more than 8,000 visitors to their fest, whose events include a polar plunge, hay rides, bonfires, a chili cook-off, live music and more. There's free admission, parking and a shuttle service. Check out www.auroraevents.org or call (303) 739-1990 for more details.

Sleigh Ride Weekend

Billings Farm of Woodstock, Vt., fea-

tures a fun-filled weekend of old-fashioned sleigh rides to fill the heart with joy for the waning winter. Perhaps this would be a lovely place to bring your loved one for Valentine's Day, as the rides will be held the weekend of Feb. 15-17. Events begin at 3 p.m. at the farm, which is located at Route 12 and River Road. Call (802) 457-2355 for reservations or log on to www.billingsfarm.org for more information.

Don't forget that Valentine's Day falls on Friday, Feb. 14, and Presidents' Day is celebrated on Monday, Feb. 17. February is also famous for Polar Plunges, a celebration in which people, for very little reason at all, jump into viciously cold bodies of water — mostly for charity or tradition, but sometimes just for the thrill of it. If you are near a body of water that's cold and you are in need of a brisk dip, try shouting for all you are worth and jumping in — it's quite a rush. Happy February!

It is illegal to mistreat an oyster, in Baltimore

Interested in anagrams? Rearrange the letters of "mother-in-law" and you get "Hitler woman."

Dental problems have plagued humanity since the dawn of time. For example, it's known that the ancient Romans suffered from rotten teeth. They thought it was caused by tooth worms.

The infamous mystic Rasputin was killed in 1916 by people who resented his influence with the Russian royal family. He was poisoned, bound, shot and then thrown into a river. Talk about overkill.

A two-day-old gazelle can outrun a full-grown horse.

Strange BUT TRUE

While half of all marriages end in divorce, that doesn't mean that half of all people who get married get divorced. Sounds contradictory, but it's true. The statistics are misleading due to the fact that many people get married and divorced multiple times.

In Baltimore, it is illegal to mistreat

an oyster.

Snake-keepers say raising snakes is not as easy as it may sound. Most tropical reptiles must be kept at temperatures between 75 and 90 degrees F, and that's sometimes difficult in North American winters. An experienced keeper advises that if there's a power outage and the heat lamps are nonfunctional, you should put the snakes in pillowcases and take them to bed with you. Under the blankets, your body heat will keep them warm. Now that's dedication.

The North American herb known as the compass plant orients its leaves so that they point directly north and south.

Step into fitness



One of the most basic everyday movements can provide a great start to a fitness routine. Walking can produce great health benefits for everyone without the need for special equipment or training programs; these include lowering blood pressure, decreasing the risk of conditions such as heart disease and high cholesterol, aiding in lowering body fat and increasing bone density and strength. And when your stress level gets too high — take a walk! It's great for decreasing anxiety.

By increasing the number of steps you take each day, you can achieve great results. Researchers have found that 3,000 to 5,000 steps a day equate to about 2 to 2.5 miles. Increasing those numbers can only have a greater benefit. Remember, each step takes you closer to your fitness goals.

You may be thinking that your schedule is too busy and that it's impossible to find the time to add more steps into your day. But it may be easier than you think. Taking the stairs at work, parking farther away from a store entrance, or taking the long route back to your office are all great ways to add more steps throughout your day.

When you're at home,

instead of sitting and talking with a neighbor on the phone, try setting up a time when the two of you can walk around the block and talk. If your friend isn't close enough to meet, set up a virtual walking buddy; use a hands-free phone and talk with your friend as both of you walk at different locations. By the end of your walk, you'll have improved your health and caught up on the latest news, all at the same time. This can also be done while completing other daily tasks such as taking care of the lawn or walking the dog.

Be creative! Find new and fun ways for you and your family to increase their steps each day and promote a great fitness habit. If you would like to find out more information about walking, visit New Lifestyles at www.new-lifestyles.com

Safety is important. When walking outside, especially alone, it is recommended that you inform someone of the exact route you will be walking and the times you plan to leave and return. Call a neighbor before you leave and ask them to occasionally look out to see you. Choose well-lit and populated areas where you can be seen.

Block

Continued from p4

trimmed)

1/4 cup olive oil, divided
1/2 teaspoon salt, divided
1/4 teaspoon ground black pepper, divided
1 cup thinly sliced onion
1 teaspoon ground cumin
1 1/2 cups orange juice
2 cups water
1 1/2 cups couscous, uncooked

1. In large skillet, heat 2 tablespoons olive oil over medium-high heat. Add mushrooms; sprinkle with 1/4 teaspoon salt and 1/8 teaspoon pepper. Cook, stirring occasionally, until tender, about 7 minutes; remove

from skillet to plate; cover to keep warm. Add remaining 2 tablespoons olive oil to skillet. Stir in onion, cumin and cinnamon; cook and stir until tender, about 5 minutes. Add orange juice; simmer briskly until liquid is reduced to 1 cup, about 5 minutes.

2. Meanwhile, prepare couscous: In medium saucepan bring water to boil. Stir in couscous, remaining 1/4 teaspoon salt and remaining 1/8 teaspoon pepper. Remove from heat; cover and let stand 10 minutes. If desired, stir in sliced green onion and golden raisins. Place couscous in serving dish, top with portobellas; drizzle with orange-cumin sauce.

Foods

Continued from p4

cake pan. Evenly sprinkle almonds over top. Lightly spray top with butter-flavored cooking spray. Bake for 20 to 25 minutes or until a toothpick inserted in center comes out clean. Place cake pan on a wire rack and let set for at

least 15 minutes. Cut into 8 wedges.

Each serving equals: 124 calories, 4 g fat, 4 g protein, 18 g carb., 285 mg sodium, 1 g fiber; Diabetic Exchanges: 1 Starch, 1/2 Fat.

Soup

Continued from p4

ing. I looked at the sink. Too small, I thought. I looked at the tub. "It stinks like Clorox." Then I saw it. The perfect place for a dog bath — the toilet!

I took my sister's shampoo and poured it into the toilet. Then I put the dog in. I scrubbed all the dirt off the dog with our towels. The finishing touch was to pull down the lever, which I did. But the sound of the toilet made the dog panic like crazy! He tried to escape, but the shampoo was too slippery. While the water was going down, One-Eyed's legs were going down with it. I was scared, and I didn't want One-Eyed to get hurt. I didn't want to get into trouble or for anyone to find out. I went running down to the garage.

My mom was standing there laughing, as if she was expecting me. I didn't know what to

say. I tried to catch my breath. Then I told her what just happened. I thought she would punish me. I didn't expect my mom would be ... laughing!

As it turns out, I later discovered that my mom knew what was happening all along. She always seemed to be a pretty good spy, I guess.

Oh, and if you're wondering, One-Eyed was fine. But he did stay away from me for a while. Even though we never actually had a conversation about my being the youngest, I think Mom understood what I was trying to do. I was trying to make my own place in our family ... trying, maybe sometimes in a weird way, to declare my independence. Flushing the dog down the toilet might not sound like a Declaration of Independence, but for a 6-year-old, well, it was my best shot!

INFOLINK

Moribund Tech outlook? That's great

The Washington Post's year-in-review roundup concluded that not much happened in technology in 2002, and to expect much of the same in 2003. That prospect may discourage some techheads, but it is good news to this one.

I've been working with technology for a few years now, and after being forced to think about the issues involved by way of this column, my views have changed somewhat. I'm still enthused about how technology has changed and enhanced my life, and I've seen the capacity and potential it has to change others'

lives as well.

But on the other hand, I've seen the demand for innovation — rapid innovation — that leaves perfectly good technology in the dust in favor of the latest bells and whistles, a fixation on gadgets that renders working hardware obsolete.

One can imagine motherboards and monitors springing to life, singing the ballad of the misfit toys from "Rudolph the Red-Nosed Reindeer."

Yes, computers have always been toys — very expensive toys — for grown men who trade the

specs of their computers as if they were discussing '60s muscle cars: megabytes, megahertz, gigabytes, gigahertz, firewire, serial bus and so on. The same old mine-is-bigger-than-yours syndrome has sent many a computer to an early grave.

Is it too much to ask that consumers actually let computers break before they replace them? The Post's read on the moribund tech outlook for the foreseeable future is "sadly," but I couldn't be happier. People with less money to waste on tech gadgets they don't need are sitting down and

trying to figure out how to get the most out of what they bought in the late '90s.

Americans should be thankful that they are faced with so trivial a hardship.

Besides, the Internet collapse is sad for corporations who make their money on wasteful innovation, but in places where content on the Web is royalty-free, who cares? The purists are still out there, and they always will be, speaking their minds to the rest of the world, all free of charge.

And their love of it will be their own bottom line.

Health

Continued from p4

and possibly reverse current buildup.

You have to be vigilant with your diet, minimizing the amount of cholesterol and fat you eat. You must maintain normal blood pressure. You mentioned (in a deleted part of your letter) that you were taking a clot-inhibiting drug, and that is a plus for you. You should exercise to the limits suggested by your doctor, and you should do so seven days a week if you can.

Reversal takes time. Surgery gets immediate results. If I were in your shoes, I'd choose surgery — the

endarterectomy (end-ARE-tur-EK-toe-me). A surgeon opens the artery and scoops out the blood-obstructing buildup. It does carry the risk of complications, even death, but it works immediately — something you need.

Readers interested in learning more about stroke and its treatment can order the stroke pamphlet by writing: Dr. Donohue — No 902W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.50 with the recipient's printed name and address. Please allow 4-6 weeks for delivery.

Sunday Comics

Amber Waves



MAMA'S BOYZ

WWW.MAMASBOYZ.COM

JERRY CRAFT



R.F.D.

by Mike Marland



FAMOUS PIGS

QYIFDAXYVTQOMJH
 FCKAYWDEBABURPN
 LJHRFRUDPIGLETE
 BPZXOSVTRQOMLLK
 IEHGEPOLENEPTDF
 DTBIZ (THIS LITTLE)
 YUNKNABYGGIPIOW
 GNOLOORUBLIWLNV
 AIRQOELTTILDR3
 NAYGGIPSSIMLNAK
 IHFDCAIZXWVU2SR

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

1st little Arnold Penelope Porky
 2nd little Gordy Petunia This little
 3rd little Miss Piggy Piggy bank Wilbur
 Annie Sue Oolong Piglet

HOCUS-FOCUS

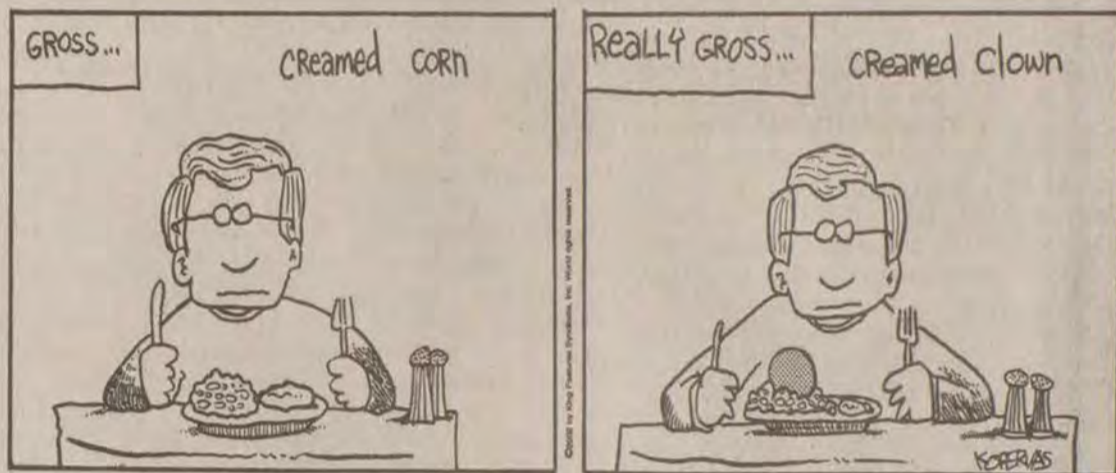
BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Answers to Crossword Puzzle and Magic Maze can be found on page A2



Super Crossword

- ACROSS**
- 1 Los —, CA
 - 6 Shake-speare heroine
 - 12 "— Ballou" ('65 film)
 - 15 Bribe
 - 18 '01 Audrey Tautou film
 - 20 Drifting
 - 21 He gives a hoot
 - 22 "Tarzan" extra
 - 23 Let up
 - 24 Riddle: Part 1
 - 27 Fashion monogram
 - 28 Beethoven's birthplace
 - 30 Highest card
 - 31 Japanese city
 - 32 Ashbrook or Carvey
 - 33 "Taxi" star
 - 37 Savage
 - 39 Throbbled
 - 42 Jazzman Dave
 - 44 Compote component
 - 45 Word with dance or dunk
 - 46 Conflict site
 - 47 Generosity
 - 51 Riddle: Part 2
 - 56 Cornfield cry
 - 57 Turkish title
 - 58 Indo-European
 - 59 Pro foe
 - 60 Cable channel
 - 61 "Love Story" author
 - 63 Bestow
 - 66 "— of the North" ('22 film)
 - 69 Botch
 - 71 Ornamental material
 - 75 Sheds
 - 76 Cashew kin
 - 78 Alpha opposite
 - 79 It multiplies by dividing
 - 81 Runner Sebastian
 - 82 Choir member
 - 84 Tennyson's "Enoch —"
 - 86 Houston or Huff
 - 89 — Arbor, MI
 - 90 Riddle: Part 3
 - 95 '74 Abba hit
 - 97 Moshe of Israel
 - 98 Annoy
 - 99 Journalist Jacob
 - 100 Part of FBI
 - 102 Sapphire surface
 - 103 Lysander's home
 - 106 Delight
 - 107 Obote's oyster
 - 109 European capital
 - 110 JFK abbr.
 - 111 Candid
 - 112 Burglarize
 - 115 Answer to riddle
 - 122 Where to find a fennec
 - 124 Delivery truck
 - 125 Help
 - 126 Rocco
 - 127 Dieter's portion
 - 128 Meadow mama
 - 129 Sneak a peek
 - 130 Shows one's feelings
 - 131 Author Zola
 - 9 One — customer
 - 10 Charleson or Carmichael
 - 11 Storm
 - 12 Crypt-analyst's concern
 - 13 Impress immensely
 - 14 RN's speciality
 - 15 '78 Peace Nobel
 - 16 Glass work
 - 17 Piano part
 - 19 Short jacket
 - 25 Rhine wine
 - 26 Harden
 - 29 Apprehend
 - 32 Actress Moore
 - 33 Part of HOMES
 - 34 "Yeah, sure!"
 - 35 Tahoe town
 - 36 Injury after-effect
 - 37 "White Christmas" composer
 - 38 Fad
 - 39 Movie mutt
 - 40 Drain problem
 - 41 Aggravation
 - 43 Sita's spouse
 - 44 Covenant
 - 47 Panelist Paul
 - 48 SAT part
 - 49 Wooden shoe
 - 50 Lucas critters
 - 52 Phillistine deity
 - 53 Precambrian
 - 54 Auel heroine
 - 55 Light wagon
 - 62 Maestro de Waart
 - 63 Vigoda or Fortas
 - 64 Witty one
 - 65 Botanist Gray
 - 67 Correct
 - 68 British big shot
 - 69 Tropical screecher
 - 70 Actress Massey
 - 72 Government game
 - 73 Out of control
 - 74 Pianist Lupu
 - 77 Showy flower
 - 80 With 121 Down, famed Giant
 - 83 Vientiane's nation
 - 84 Mindful
 - 85 Barrett or Jaffe
 - 87 Competent
 - 88 TV's "— the Press"
 - 90 Decree
 - 91 "— fixe"
 - 92 Nothing, in Navarra
 - 93 Colors
 - 94 Neighbor of Pakistan
 - 96 Comic Leon
 - 100 Chocolate or strawberry
 - 101 Drink like a dachshund
 - 102 It may be grand
 - 103 White wine
 - 104 "Fiel"
 - 105 Isolated
 - 106 School grp.
 - 108 Clutter
 - 110 Guitarist Duane
 - 111 Singles
 - 112 Sitarist Shankar
 - 113 Hurler Hershiser
 - 114 Unadorned
 - 116 Singing syllables
 - 117 Shri! sound
 - 118 High dudgeon
 - 119 Genetic letters
 - 120 Cul-de—
 - 121 See 80 Down
 - 123 "Run to —" ('61 hit)

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|-----|-----|-----|---|----|-----|-----|----|-----|----|----|-----|-----|-----|-----|-----|----------|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | |
| 18 | | | | 19 | | 20 | | | | | 21 | | | 22 | | | |
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| 27 | | | | 28 | | 29 | | | | 30 | | | | 31 | | | |
| | | | | 32 | | | 33 | 34 | 35 | 36 | | | 37 | 38 | | | |
| 39 | 40 | 41 | | | 42 | 43 | | | | | | | 44 | | | | |
| 45 | | | | | | 46 | | | | | | | 47 | | | 48 49 50 | |
| 51 | | | | 52 | 53 | 54 | | | | | 55 | | | | | 56 | |
| 57 | | | | | 58 | | | | | | 59 | | | | | 60 | |
| | | | | 61 | 62 | | | | | 63 | 64 | 65 | | 66 | 67 | 68 | |
| 69 | 70 | | | | | 71 | 72 | 73 | | | | | 74 | 75 | | | |
| 76 | | | | | | 77 | | 78 | | | | | 79 | 80 | | | |
| 81 | | | | | | 82 | 83 | | | | | | 84 | 85 | | 86 87 88 | |
| 89 | | | | | | 90 | | | | 91 | 92 | 93 | | | | 94 | |
| 95 | | | | | | 96 | | | | | 97 | | | | | 98 | |
| | | | | | | 99 | | | | | | | 100 | | 101 | 102 | |
| 103 | 104 | 105 | | | | | | 106 | | | | | 107 | 108 | | | |
| 109 | | | | | | | | 110 | | | | | | | | 111 | |
| 115 | | | | | 116 | 117 | | | | | 118 | 119 | 120 | 121 | | 122 | 123 |
| 124 | | | | | | 125 | | | | | | | | | | 127 | |
| 128 | | | | | | 129 | | | | | | | | | | | 131 |



The Floyd County Times
wants to encourage and acknowledge excellence in the Floyd County Area. The Floyd County Times is conducting its annual ballot of readers so they can let us know whom they consider to be best in the county. Winners receive a certificate suitable for framing and will be featured in a **SPECIAL SECTION** in March titles...

Reader's Choice

BEST IN FLOYD COUNTY

- Area Attraction _____
- Church _____
- Civic Club/Organization _____
- College _____
- Community Festival Event _____
- Dining Atmosphere _____
- Elderly Care Facility _____
- Elementary School _____
- Entertainment _____
- High School _____
- Hospital/Medical Facility _____
- Local Band _____
- Middle School _____
- Place to camp out _____
- Place to lose weight _____
- Place to meet friends _____
- Place to spend Saturday night _____
- Place to take out of town guests _____
- Place to work _____

BEST FOOD

- Barbecue _____
- Biscuits _____
- Brand of Soft Drink _____
- Burgers _____
- Catering _____
- Chicken _____
- Chili _____
- Chinese Food _____
- Decorated Cake _____
- Desserts _____
- Donuts _____
- Fish and Seafood _____
- French Fries _____
- Fresh Meat for Grilling _____
- Home Cookin' _____
- Hot Dogs _____
- Ice Cream _____
- Kid's Meal _____
- Mexican Food _____
- Onion Rings _____
- Pizza _____
- Roast Beef Sandwich _____
- Salad Bar _____
- Sandwiches _____
- Shakes/Malts _____
- Steaks _____

BEST PEOPLE

- Accountant _____
- Attorney _____
- Bank Teller _____
- Employed at _____

- Barber _____
- Employed at _____
- Boss _____
- Employed at _____
- Building Contractor _____
- Bus Driver _____
- Car Salesperson _____
- Employed at _____
- Chiropractor _____
- City Employee _____
- Club President _____
- Coach _____
- Employed at _____
- Dental Hygiene _____
- Employed at _____
- Dentist _____
- Electrician _____
- Employed at _____
- EMT/Paramedic _____
- Firefighter _____
- Funeral Home Attendant _____
- Employed at _____
- Furniture Sales Person _____
- Employed at _____
- General Physician _____
- Hairstylist _____
- Employed at _____
- Heating/Air Service Room _____
- Employed at _____
- Insurance Agent _____
- Employed at _____
- Jeweler _____
- Law Enforcement Officer _____
- Loan Officer _____
- Mechanic _____
- Employed at _____
- Nurse _____
- Employed at _____
- Optometrist _____
- Employed at _____
- Painter _____
- Paper Carrier _____
- Employed at _____
- Pastor/Priest _____
- Pastor of _____
- Pharmacist _____
- Photographer _____
- Physical Therapist _____
- Employed at _____
- Plumber _____
- Employed at _____
- Politician _____
- Principal _____
- Employed at _____
- Radio Announcer _____
- Employed at _____
- Real Estate Agent _____
- Employed at _____
- School Teacher _____
- Teaches at _____

- Secretary _____
- Employed at _____
- Store Cashier _____
- Employed at _____
- Sunday School Teacher _____
- Teaches at _____
- Surgeon _____
- Employed at _____
- Sunday School Teacher _____
- Teaches at _____
- Surgeon _____
- Employed at _____
- Waitress/Waiter _____
- Employed at _____
- Veterinarian _____
- Employed at _____

- Car Dealership _____
- Car Wash _____
- Commercial Printer _____
- Concrete _____
- Construction/Remodeling _____
- Convenience Store _____
- Crafts _____
- Daycare Center _____
- Deli _____
- Dry Cleaners _____
- Electrical Supplies _____
- Electronics _____
- Eyewear _____
- Exterminating _____
- Farm/Agriculture _____
- Financial Institutions _____
- Financing _____
- Floor Coverings _____
- Florist _____
- Funeral Home _____
- Furniture _____
- Garage _____
- Gas Station _____
- Gifts _____
- Grocery Store _____
- Guns/Ammo _____
- Hearing Aids _____
- Home Decorating _____
- Insurance Agency _____
- Janitorial Service _____
- Jewelry _____
- Landscaping _____
- Laundromat _____
- Manufacturing _____
- Mine Supply _____
- Mining Company _____
- Mobile Home _____
- Motel/Hotel _____
- Motorcycles/ATV _____
- Music Store _____
- Newspaper _____
- Office Supplies _____
- Oil Changes _____
- Pawn Shop _____
- Pharmacy _____
- Plumbing _____
- Real Estate Agency _____
- Rental Items _____
- Restaurant _____
- Retail Store _____
- Security _____
- Sewing/Alterations _____
- Tanning Salon _____
- Tire Store _____
- Tools & Supplies _____
- Truck Dealership _____
- Upholstery _____
- Videos _____

BEST PLACE TO PURCHASE

- Athletic Shoes _____
- Auto-Body Repairs _____
- Bath Towels _____
- Bed Linens _____
- Cabinets _____
- Carpet _____
- Dairy Items _____
- Dress Shoes _____
- Film Developing _____
- Frozen Foods _____
- Health & Beauty Aids _____
- Home Health Care Needs _____
- Home Mortgage Loan _____
- Kids Clothing _____
- Men's Clothing _____
- Perm _____
- Pet Supplies _____
- Produce _____
- School Supplies _____
- Seafood items _____
- Shoe Repair _____
- Snack Food _____
- Stereo _____
- TV-VCR Repair _____
- Used Automobiles _____
- Vinyl _____
- Women's Clothing _____

BEST BUSINESS

- Antiques/Collectibles _____
- Appliances _____
- Artwork/Framing _____
- Athletic Supply _____
- Auto Parts _____
- Bait/Tackle _____
- Beauty Salon _____
- Bookkeeping/Tax _____
- Building Supplies _____

Ballot Rules:

1. Only ballots from the Floyd County Times will be counted. No copies accepted.
2. Businesses nominated have to be in the Floyd County area and individuals nominated have to live and work in Floyd County.

3. Entries may be mailed to The Floyd County Times, P.O. Box 390, Prestonsburg, KY 41653 (Please allow 7 days for mail delivery) or drop off at our office at 263 South Central Avenue.
4. All entries must be at The Floyd County Times by Wednesday, February 12, 2002 (mailed or delivered)
5. Limited to 5 copies per person available for sale at front desk, up to normal press run copies. No extra forms will be printed.

YOUR VOTE COUNTS!!!

Schools, Churches, Clubs...anyone...do all you can do, see that your favorite people and places win! It's part of the fun! Remember, vote as many times as you wish using an original ballot. No copies of this ballot will be accepted.
Winners to be in the Wednesday, February 26, edition of the Floyd County Times.

Regional CLASSIFIEDS

Weekly Rates (4 Line Minimum)

\$1.75 per line for Wednesday and Friday Paper
 \$2.25 per line for Wednesday, Friday & Shopper
 \$3.25 per line for Wednesday, Friday, Shopper & Sunday

CLASSIFIED MANAGER:

Jenny Ousley, Ext. #15



CONTACT US AT: TIMES (606) 886-8506 OR HERALD: (606) 436-5371

DEADLINES:

- Wednesday Paper, Noon Mon.
- Friday Paper Wednesday at 5 p.m.
- Regional Shopper Stopper, Mon. at 5 p.m.
- Regional Sunday Edition, Thurs. at 5 p.m.

24 HOURS

CLASSIFIED

| | | | | | | | | |
|--|---|--|---|--|--|---|---|---|
| 100 - AUTOMOTIVE 110 - Agriculture 115 - ATVs 120 - Boats 130 - Cars 140 - 4x4's 150 - Miscellaneous 160 - Motorcycles 170 - Parts 175 - SUV's | 180 - Trucks 190 - Vans 200 - EMPLOYMENT 210 - Job Listings 220 - Help Wanted 230 - Information 250 - Miscellaneous 260 - Part Time 270 - Sales | 280 - Services 290 - Work Wanted 300 - FINANCIAL 310 - Business Opportunity 330 - For Sale 350 - Miscellaneous 380 - Money To Lend 390 - Services | 400 - MERCHANDISE 410 - Animals 420 - Appliances 440 - Electronics 445 - Furniture 450 - Lawn & Garden 460 - Yard Sale 470 - Health & Beauty 475 - Household | 480 - Miscellaneous 490 - Recreation 495 - Wanted To Buy 500 - REAL ESTATE 505 - Business 510 - Commercial Property 530 - Homes 550 - Land/Lots | 570 - Mobile Homes 580 - Miscellaneous 590 - Sale or Lease 600 - RENTALS 610 - Apartments 620 - Storage/ Office Space 630 - Houses 640 - Land/Lots | 650 - Mobile Homes 659 - Miscellaneous 670 - Commercial Property 690 - Wanted To Rent 700 - SERVICES 705 - Construction 710 - Educational 715 - Child Care | 715 - Electrician 720 - Health & Beauty 730 - Lawn & Garden 735 - Legal 740 - Masonry 745 - Miscellaneous 750 - Mobile Home Moves 755 - Office 780 - Plumbing 795 - Professionals | 770 - Repair/Services 780 - Timber 790 - Travel 800 - NOTICES 805 - Announcements 810 - Auctions 815 - Lost & Found 830 - Miscellaneous 850 - Personals 870 - Services |
|--|---|--|---|--|--|---|---|---|

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

AUTOMOTIVE

110-Agricultural

685 Case International Farm Tractor, w/ new loader, 1700 hrs. like new. 886-8366.

130-Cars

'99 TOYOTA CAROLLA: 37,000 miles, auto., AC, one owner, has warranty. \$7,950. 606-523-6227.*

140-4x4's

2000 JEEP GRAND CHEROKEE 4X4. Loaded, 1 owner, 29,000 miles with warranty. \$15,950 606-523-6214.*

1952 WILLYS JEEP, all original Army surplus, \$5800 478-5173.

190-Vans

2000 TOYOTA SIENNA, XLE, 1 owner, has warranty, loaded, 39,000 miles. \$16,950 606-523-6214.*

EMPLOYMENT

When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

210-Job Listings

AVON
Make your own money, sign up for \$10, for limited time. Call Jancy at 886-2082.

220-Help Wanted

IMMEDIATE OPENING: Receptionist, day & evening positions available. Full time. Must be dependable, hardworking. Excellent benefits. Fax resume to 606-432-6009 or apply at 101 Hibbard Street, Pikeville, Ky 41502.*

RD POSITION

Morrison Healthcare at Pikeville Methodist Hospital is seeking a part-time clinical dietitian. Competitive wages and benefits package available. Contact 606-437-3500 ext. 3270 or fax Resume to (606) 218-4533.*

MOUNTAIN MANOR OF PAINTSVILLE is taking applications for a LPN (7 p.m.-7 a.m. shift) Also RN needed. Excellent salary benefits. Apply in person at 1025 Euclid Ave. Paintsville, Ky. Monday thru Friday between 8:00 a.m. to 4:00 p.m.*

LPN: A POSITION OPEN FOR LPN in busy office; part-time with opportunity for full-time. Three days a week can guarantee 30 hrs. salary commiserate on experience. Please fax resume to 606-437-6243 or mail to Office Manager P.O. Box 2380 Pikeville, Ky 41502.*

ATTN: PRESTONSBURG, Postal positions. Clerks/carriers/sorters. No exp. required. benefits. For exam, salary, and testing information call 630-393-3032 ext. 234 8 a.m.-8 p.m. 7 days.

480-Miscellaneous

NEW TEMPSTAR FORCED AIR GAS FURNACE up flow or horizontal 150,000 BTU \$800.00 Phone 606-874-2994.*

STEEL BUILDINGS- Year End Clearance, Factory Seconds. Freight damaged. Repo's THOUSANDS OFF. Financing Available. 1-800-222-6335. Made in USA.*

GOOD CLEAN WORK CLOTHES: 6 shirts, 6 pants \$34.95. Lined Work Jackets \$9.95. Send Size with check or money order, plus \$6.95 shipping and handling to: Lacy's Gift Shop P.O. Box 75 Lowmansville, Ky 41232.*

FOR SALE: HOME INTERIOR PICTURES \$5.00 each, full size comforter & matching curtains \$25. Men's dress slacks size 42-30 \$5.00 pair. Football starter jackets size large \$10.00 each. Call 886-3326 after 5 p.m.

FIREWOOD FOR SALE: Call 886-8350. (Ben Yates)

TAN AT HOME Wolff Tanning Beds Flexible Financing Available Home Delivery FREE Color Catalog Call Today 1-800-939-8267 www.np.etstan.com

ABOVE GROUND SWIMMING POOL 36x15, gas range, refrigerator, electric range, 886-3313.*

FINANCIAL

380-Services

BECOME DEBT FREE! Cut payments without new loans. It's easy! 1 hr. approval. Call 1-800-517-3406.

MERCHANDISE

410-Animals

CKC POMERANIANS first shots and wormed, \$250 each. 358-2175.*

AKC REGISTERED 13 month, 4 lb. Male miniature Yorkshire Terrier, stud fee \$250 606-358-2682.*

AKC REGISTERED 13 month, 4 lb. Male miniature Yorkshire Terrier, stud fee \$250 606-358-2682.*

420-Appliances

CROSLEY Washer, automatic, like new. 285-5162.*

445-Furniture

ALLEN FURNITURE ALLEN, KY Furniture, used appliances, living / bedroom suits, bunkbeds, and lots more! Call 874-9790.

RAY'S BARGAIN CENTER New & Used Furniture & Appliances @ unbelievable prices. Come in today for incredible savings. Shop At The Little Furniture Store & Save!! RT. #122, McDowell. Call 606-377-0143.

495-Want to Buy

WOULD LIKE TO BUY: Treadmill in good condition. Ask for Patty, days 886-8506 or evenings 789-9419.

REAL ESTATE

550-Land & Lots

MINERALS ONLY: 50 ACRES, Coal and Gas. Located on Laurel Fork of Quick Sand in Knott Co. 260-347-0259.*

570-Mobile Homes

For Sale or Rent: Two-3 bedroom Doublewides at McDowell. No land contract. 377-2073.*

BEST OFFER: 1994, 14X76, 2 B.R. 2 BATH, WITH DECK & OUTBUILDING located across from Highlands Regional on 156 Oakwood Drive. 886-0973 after 5 p.m.*

3 BEDROOM 2 BATH, 1995 14x70 Mobile Home \$9000 firm. excellent condition. 946-2833. Possibly help with financing.*

590-Sale or Lease

FOR LEASE LARGE LOT FOR BUSINESS will build to suit. Rt. 80 close to Mtn. Enterprise. 886-8366.

RENTALS

610-Apartments

APARTMENTS FOR RENT Apartments Available Immediately 1 & 2 BR apts. Free processing fees **PARK PLACE APARTMENTS** Rt. 114, Prestonsburg Section 8 welcome. Call (606) 886-0039 E.H.O.

NEW 2 BEDROOM DUPLEX AT LANCASTER KY. \$550 month. \$550 deposit. 1 year lease. 886-8781.*

BRANHAM HEIGHTS APARTMENTS OF WHEELWRIGHT, KY is accepting applications for 1 and 2 bedroom apartments, water, sewage and garbage are included. carpet, stove, refrigerator, and blinds are furnished. For further information call 606-452-4777. Equal Housing Opportunity.*

DALEWOOD TOWNHOUSE: 1 bedroom apartment with garage, hardwood, oak cabinets, nice, Call 886-0893.*

FURNISHED APARTMENT: utilities paid in Prestonsburg, references required. 886-8366.*

630-Houses

2 BEDROOM HOUSE also 3 Bedroom doublewide, both in excellent condition, references & deposit required. No pets. 886-9007 or 889-9747.*

HOUSES, APARTMENTS, & TOWNHOUSES, Call B&O Rental Properties 606-886-8991.

2 BEDROOM HOUSE, \$350 month, 285-3641.*

HOUSE IN ALLEN, 2 BEDROOM \$425 month + utilities. deposit required. No Pets. 874-2219 after 5 p.m.*

650-Mobile Homes

For Rent: Two, 2 Bedroom Trailers near Prestonsburg, 874-0011.*

3 BEDROOM MOBILE HOME: at Banner, \$400 plus deposit, very clean. 874-0267.

TRAILER LOT FOR RENT in Martin area, \$150 per month, 285-3625 or 285-9112.*

2 B.R. MOBILE HOME: total elect. Located between P'burg & Paintsville. No pets. 889-9747 or 886-9007.

1 & 2 B.R. TRAILERS: PARTIAL FURNISHED VERY CLEAN suitable for 2 working men. Private, AC, & Cent heat. Near P'burg. No Pets. 886-3941.*

1998 2 BEDROOM MOBILE HOME, minutes from Prestonsburg, must see to appreciate. \$350 month, \$200 deposit. No pets. 874-9488.*

670-Comm. Property

FURNISHED BEAUTY SALON FOR RENT: Located in Martin area 285-3625 or 285-9112.*

SERVICES

705-Construction

ALL TYPES: Remodeling & additions, garages, decks, etc. Also concrete work. Robie Johnson, Jr., call anytime, 886-8896.

713-Child Care

EXPERIENCED BABYSITTER NEEDED in our home at Martin, to care for twin baby boys. Begin work in late May, references and interview required. Non-smoker preferred. Contact Beverly Martin 285-0397.*

765-Professionals

Great new rates on hospitalization, major medical, Medicare supplements, cancer plans, disability (even for coal miners) and great rates on life insurance. Call Billy R. Maynard, ph. 478-9500 or 478-4105.

770-Repair/Services

Need Computer Support??? Available evenings & weekends. Call for an appointment. 424-4886.

812-Free

FREE PALLETS: Can be picked up behind The Floyd County Times.

890-Legals

ADOPT Happily married couple promises your new born love in a warm, wonderful caring home. Financially secure. Legal & discreet. All expenses paid. Please call Germaine and Fritz. Toll free: 1-866-211-6121*

To place your ad in The Floyd County Times call 886-8506

Earn \$\$\$ Helping MDs! Process medical claims from home. Call the Federal Trade Commission to find out how to spot medical billing scams. 1-877-FTC-HELP. A message from The Floyd County Times and the FTC.

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DISPATCHER NEEDED
 Sandy Valley Transportation Services, Inc. (SVTS), is seeking qualified applicants for the position of a Dispatcher. Familiarity with the area's roads and previous dispatching experience is preferred, but not required. Must pass DOT drug test.
 Health, dental, life, retirement, holidays, sick and vacation days available.
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 606-434-0542 (Mobile)
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(606) 899-6854 (cell phone)
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