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Police disagree over standoff resolution

by JARRID DEATON
STAFF WRITER

WAYLAND — A Wednesday morning standoff in Wayland has spawned two different accounts of how the incident was resolved.

State Police, Levon "Super" Thacker, 40, of Wayland was arrested at the home of Glen Martin following a lengthy standoff with officers.

Another suspect, Ron Knight, was arrested for alcohol intoxication when police originally arrived

at the scene.

According to Nadine Conley, girlfriend of Levon Thacker, the arrest was actually made at a cemetery, not at the house.

"When the police arrested Ron, Levon went out the back door," Conley said.

In a statement to The Floyd County Times, Conley believes that the event was blown out of proportion.

"They had a six-and-a-half hour standoff with an empty house," Conley said.

Conley went on to state that

Floyd County Sheriff John K. Blackburn was actually the one who made the arrest, not the state police.

"John K. did in 15 minutes what took the state police six-and-a-half

(See **STANDOFF**, page three)



Levon Thacker

GUESS WHO'S BACK
Wednesday
briefs

Two arrested for murder in Knott County

Two Eastern Kentucky men have been charged with the murder of a Pinetop man who was found stabbed to death in December.

Nathan Hurt, 21, of Vicco, and Shafter Couch, 20 of Sassafras, were arrested Friday and lodged in the Knott County Jail. Kentucky State Police arrested the two after receiving indictment warrants issued Friday.

School employees to have training

The Floyd County Schools Professional Development Opening Day training for all Floyd County Board of Education Employees (classified and certified) will be Monday.

This training is mandatory and all employees must register at their assigned locations. Employees should receive location information in the mail.

If you have any questions please contact Maggie Hall at 886-4531.



photo by Loretta Blackburn

The Prestonsburg Tourism Commission was in positive spirits on Friday in regards to the exposure that the area's attractions have received.

Tourism has full plate for the fall

by LORETTA BLACKBURN
STAFF WRITER

PRESTONSBURG — The Prestonsburg Tourism Commission is promoting the area and attracting visitors for October through endeavors ranging from the Jenny Wiley Festival and funding the dedication and reenactment of the Battle of Middle Creek, to hosting the Kentucky Heritage Council's quarterly meeting.

The regularly scheduled board meeting held on Friday was visited by Frank Fitzpatrick, founder and president of the Battle of Middle Creek Foundation, a nonprofit organization.

Fitzpatrick founded the organization to expose the January 10, 1862, Civil War battle at Middle Creek for its national significance in Northern morale.

According to Fitzpatrick, the North had suffered a string of defeats that had raised public concern before the Battle of Middle Creek was won. Fitzpatrick said President Abraham Lincoln used the battle as a public relations effort to gain more support from the public, as well as from Congress to further the Union cause. He said it was also the first exposure of the commander, James A. Garfield, who would be elected to the presidency approximately

two decades later.

Fitzpatrick has secured a total of \$6,000 from the Prestonsburg Tourism Commission for the reenactment and dedication, which will be a three-day event scheduled for October 25 to 27. The reenactment will be attended by a group of volunteers from Cleveland, Ohio, and some of the \$4,000 donated by the tourism commission will be used to provide them with food, firewood and the artillery for the cannons.

In exchange for the donation and since the commission gave the predominant amount of funding, they will

(See **TOURISM**, page eight)

Deputy's trial postponed three months

by JARRID DEATON
STAFF WRITER

PIKEVILLE — A trial date in U.S. District Court in Pikeville for Floyd County Deputy Sheriff Bobby Hackworth and Dayton police officer Terry Meadows, originally set for Monday, has been continued to Nov. 12.

While Judge Karen K. Caldwell denied a motion to continue the trial by Meadows, the court made its own motion for the continuance.

The two officers face three counts of civil rights violations stemming from an alleged incident occurring during a traffic stop in Floyd County on April 9, 2001.

Meadows is charged with using excessive force when he allegedly struck, kicked and

(See **DEPUTY**, page eight)

Some facing bumpy rides to school in wake of flooding

by ROGER ALFORD
ASSOCIATED PRESS

PIKEVILLE — Getting to school has become more difficult for some children in the wake of flash floods that erased roads and ripped out bridges in Eastern Kentucky during the past three months.

School buses still can't get into some of the hardest hit areas of Pike and Harlan counties. In some cases, that means children will have to walk or ride in four-wheel-drive vehicles to get to places where they can board buses, said Donnie Johnson, a road commissioner in Pike County.

A series of flash floods that swept away homes and destroyed property also caused millions of dollars in damage to roads in eastern Kentucky. Johnson said all the roads couldn't be repaired before students began returning from summer break earlier this week. Some, he said, have received temporary repairs to carry buses until permanent fixes can be made.

"Our men are working just as hard as they can work to make the roads passable,"

(See **RIDES**, page three)

2 DAY FORECAST

Today
Mostly sunny
High: 87 • Low: 62

Tomorrow
Partly cloudy
High: 87 • Low: 63

For up-to-the-minute forecasts, see floydcountytimes.com

Big Sandy CAP awards scholarships

by LORETTA BLACKBURN
STAFF WRITER

PRESTONSBURG — The Big Sandy Area Community Action Program Inc. awarded scholarships to four Floyd County residents this year, two of which were formally presented with the \$471.60 check on Friday.

Approximately 10 years ago, the Cabinet for Families and Children set

aside a portion of the Community Services Block Grant to benefit eligible individuals interested in furthering their education, and so the scholarship program was born.

Big Sandy CAP provides 15 scholarships a year, three scholarships for each of the agency's five counties and in recent years the agency has been fortunate to have had an anonymous donor, whose

(See **AWARDS**, page three)



Norsa Stephens, left, secretary, and Tammy Jervis, coordinator, of the Big Sandy Area Community Action Program, presented Rebecca Nelson, of Prestonsburg, and Christy L. Hopkins, of McDowell, with scholarships in the amount of \$471.60 on Friday.

photo by Loretta Blackburn

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Odds and Ends

HUTCHINSON, Kan. — The general election race for a judgeship in Reno County will be a family affair. Reno County District Judge Steve Becker will face his wife, Sarah E. Sweet-McKinnon, a

public defender in Sedgwick County, in an election in November. Sweet-McKinnon was unopposed in the Democratic primary, while Becker, a Republican, beat deputy Reno County

Attorney Thomas Stanton by a 5,097-to-3,036 vote in Tuesday's primary. The two filed for office together in June when they were in Topeka for the annual judge's conference.

"We spent the night together, then we went to the secretary of state's office and we both filed," Becker said. "She's interested in the job and there are absolutely no hard feelings. We're both real comfortable with this."

Becker has been on the bench more than two decades, and said his wife just wants to serve her home county.

"No question she'd do a good job on the bench," he said. "I can't think of any reason why she shouldn't file, and it's certainly not my position to stand in the way of her career."

POPLAR BLUFF, Mo. — The denim dress and hair extensions were a nice touch, but they didn't fool police.

Officers in this southeast Missouri town captured escaped murder suspect Milton Roy Taylor on Tuesday, acting on an unusual tip.

"We received information that Taylor was there in the area and was seen wearing a blue denim dress and hair extensions, dressed as a female," said Lt. Paul Clark. Taylor was found in a house hiding in a bedroom closet, he said.

Taylor, of Poplar Bluff, was jailed without bond on the escape charge.

Taylor escaped Saturday from the Dunklin County jail's exercise yard with the assist of two other inmates who helped pull back security wires, Sheriff Bob Holder said. Charges were expected against the inmates who helped Taylor escape, the sheriff said.

Taylor was recently arrested for drug trafficking. That arrest came while he was free on bond after being charged with killing a man.

Taylor is scheduled to stand trial Nov. 20 on the murder charge.

PITTSBURGH — Chalk up another victory for the naked gardener.

The Pennsylvania Superior Court has overturned the harassment conviction of Charlie Stitzer, who has a habit of tending his backyard garden in the nude.

Stitzer, 64, of Pleasant Gap, was convicted in December 2000 of indecent exposure after a neighbor, Pam Watkins, complained that she and her 15-year-old daughter had seen Stitzer gardening in nothing but shoes and a wristwatch. Stitzer

was sentenced to two years probation.

The Superior Court threw out that conviction in March, saying Stitzer's backyard was private and that the neighbors were too far away - 65 yards - to have seen anything offensive.

The separate harassment charge stems from three letters Stitzer wrote to Watkins. The Superior Court, in its ruling Monday, said Stitzer used the letters "to establish a dialogue with his longtime neighbor in an attempt to mediate their ongoing conflict. ... He used these letters as a forum to make peace."

Stitzer said he first started gardening in the nude to persuade Watkins to dim the outdoor floodlights that shone toward his property, a few miles northeast of State College, Pa.

ROYAL OAK, Mich. — Visitors to the Detroit Zoo have gotten their first glimpse of two endangered baby snow monkeys.

The babies and their moth-

(See ODDS, page three)



Members of the Betsy Layne High School Football Team lended a helping hand to their feeder school, John M. Stumbo Elementary, by volunteering to move donated equipment from Prestonsburg Community College to the school. The donated items consisted of study carrels that are designed for individual study areas for students, according to John Herald, dean of business affairs at PCC. The study carrels were also equipped to serve as computer lab units. Due to the current renovation at the college, the items could no longer be used. The community service provided by these students will make possible the availability of a 31-station computer lab for the students in kindergarten through eighth grade. Stumbo Elementary treated the students to lunch at Billy Ray's and Reno's for their assistance. Pictured are, standing left to right, Kyle Rice, Charlie Daniels, Michael Blevins, Eric Tackett, Kyle Akers, Randel Hughes, Alan Adkins and Mike Slone; and, sitting, Chris Roberts.

Today in History

By The Associated Press

Today is Sunday, Aug. 11, the 223rd day of 2002. There are 142 days left in the year.

Today's Highlight in History:

On Aug. 11, 1909, the SOS distress signal was first used by an American ship, the Arapahoe, off Cape Hatteras, N.C.

On this date:

In 1860, the nation's first successful silver mill began operation near Virginia City, Nev.

In 1934, the first federal prisoners arrived at the island prison Alcatraz in San Francisco Bay.

In 1942, during World War II, Vichy government official Pierre Laval publicly declared that "the hour of liberation for France is the hour when Germany wins the war."

In 1954, a formal peace took hold in Indochina, ending more than seven years of fighting between the French and Communist Vietnam.

In 1956, abstract painter Jackson Pollock died in an automobile accident in East Hampton, N.Y.

In 1962, the Soviet Union launched cosmonaut Andrian Nikolayev on a 94-hour flight.

In 1965, rioting and looting that claimed 34 lives broke out in the Watts section of Los Angeles.

In 1978, chiefs of state and foreign dignitaries arrived in Vatican City for the funeral of Pope Paul VI.

In 1991, Shiite Muslim kidnappers in Lebanon released two Western captives: Edward Tracy, an American held nearly five years, and Jerome Leyraud, a Frenchman who'd been abducted by a rival group three days earlier.

In 1993, President Clinton named Army General John Shalikashvili to be the new chairman of the Joint Chiefs of Staff, succeeding Gen. Colin Powell.

Ten years ago: In Washington, negotiators for the United States, Canada and Mexico continued to work out final details of the North American Free Trade Agreement. The Mall of America, the biggest shopping mall in the United States, opened in Bloomington, Minn.

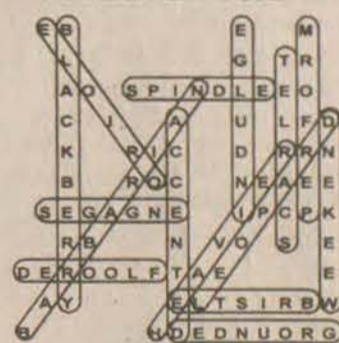
Five years ago: President Clinton made the first use of the historic line-item veto approved by Congress, rejecting three items in spending and tax bills.


One year ago: In his weekly radio address, President Bush said his decision to restrict but not forbid federal financing of embryonic stem cell research placed him at the crossroads between protecting and enhancing human life.

Today's Birthdays: Actress Jean Parker is 90. Former TV talk show host Mike Douglas is 77. Actress Arlene Dahl is 74. The Rev. Jerry Falwell is 69. Actress Anna Massey is 65. Rock musician Jim Kale (Guess Who) is 59. Country singer John Conlee is 56. Singer Eric Carmen is 53. Wrestler-actor Hulk Hogan is 49. Singer Joe Jackson is 48. Actor Miguel A. Nunez Jr. is 38. Actor-host Joe Roney is 35. Rock guitarist Charlie Sexton is 34. Rhythm-and-blues musician Chris Dave (Mint Condition) is 34. Hip-hop artist Ali Shaheed Muhammad is 32. Actor Will Friedle is 26. Rapper Chris Kelly (Kris Kross) is 24. Singer J-Boog (B2K) is 17.

Thought for Today: "The best of all the preachers are the men who live their creeds." — Edgar A. Guest, American author, journalist and poet (1881-1959).

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Sherri

Rides

Johnson said, "We're making headway, slowly. I must say that parents have been exceptionally patient with us." Flooding has been unusually severe in the region this year,

starting in March when more than 300 residents along the upper Cumberland River were displaced by high water. Another round of flooding in May destroyed 120 homes along

the Tug Fork and its tributaries in Pike County. The flooding also reached northeastern Kentucky, swamping Olive Hill, Morehead and Ashland when heavy rains pushed ordinarily small streams out of banks.

Several lesser floods have damaged homes, businesses and roads across the region. County officials said all roads will be

passable when school starts next week.

In Harlan County, where school starts on Monday, most flood-damaged roads have been repaired. About 10 families in Harlan County will have to drive their children to meet their school bus because flood waters have eaten away the base of Black Bottom Road.

"We've got some really bad roads in the Clover Fork area, and I'm not sure how much longer we'll be able to travel them," said Joan Anderson, transportation director for the Harlan County schools.

Roads leading into at least three Pike County communities are not passable, causing some 40 students to have to walk or ride to catch a bus, transportation director Johnny Adkins said. One other road was repaired on Friday, providing bus service to a portion of the Rockhouse community.

Johnson said several factors contributed to the flash floods that damaged the roads. He said mountaintop mining played a role, as did the terrain of the region, which allows rain that falls on the slopes to run rapidly into the valleys below.

"As far as me sitting here placing blame, I can't," he said. "Mining plays a part, so do the forest fires we had last fall."

Residents in the McRoberts community in Letcher County blamed coal mining for flooding there. In some instances, companies have removed entire mountaintops, leaving a treeless landscape that speeds the runoff of rainwater into valleys below.

Mike McLane, a hydrologist with the National Weather

Service, said mining is a contributing factor, as is logging. He said last fall's widespread forest fires may also have contributed to the problem this year.

The fires burned leaves and ground vegetation, stripping the soil bare and causing rain to cascade off the steep mountainsides much faster than it ordinarily would.

Forest fires charred an estimated 173,000 acres in Kentucky last year. Mountains were shrouded in thick smoke. Motorists had to drive with headlights on during daylight hours because so many forest fires were spewing smoke and ashes. It was the worst year for fires in the state since 1987, when 285,000 acres burned.

Court makes appointments, funds drug task force

by JARRID DEATON
STAFF WRITER

PRESTONSBURG — A special meeting of the Floyd County Fiscal Court on Friday included appointments to the Carr Creek Water Commission and the Floyd County Ethics Commission.

Assistant County Judge-Executive Brett D. Davis was appointed to the Carr Creek Water Commission for a term of four years.

Peggy Bradford and Rhonda

Burchett were reappointed to the Floyd County Ethics Commission for a term of four years and Virginia Isaac and Roy Cosby were newly appointed to the commission.

Isaac will replace former member Curt Hall and will serve a four-year term, while Cosby will serve the remainder of Patty Murphy's term which will end in 2004.

Also at the meeting, it was ordered that \$5,000 be issued to the Floyd County Drug Task Force Unit for operation funds.

Awards

donations have allowed even more scholarship awards.

Rebecca Nelson, of Prestonsburg, and Christy L. Hopkins, of McDowell, were two recipients of the scholarship this year. Floyd County Coordinator Tammy Jervis and Norsa Stephens, secretary, formally presented the \$471.60 awards to Nelson and Hopkins at the Prestonsburg office on Friday.

Nelson said she would use her money to purchase a computer, while Hopkins stated that she would use the money to further her education.

Two recipients not present on Friday were Sheree Colley, of Prestonsburg, and Karra Beth Lafferty, of Auxier.

Jervis said that she was impressed with the students and feels that they were very deserving of the award. She said she is pleased that Big Sandy CAP can play a part in helping further the education of the recipients.

Continued from p1

The criteria for a CAP scholarship is that the individual must be income eligible by the 100 percent Federal Poverty Income Guidelines, provide proof of high school diploma or GED, show acceptance to an accredited college or vocational school, have proof of their GPA, submit two letters of reference, and write a 500-word essay.

Additional information concerning any of the programs that CAP offers can be obtained by calling 886-2929 Monday through Friday from 8 a.m. to 4:30 p.m.

Odds

Continued from p2

ers, Marilyn and Crissy, now can be seen on exhibit. The sex of the babies will be confirmed in the fall when they have their first physical examinations by veterinary staff.

The births last month are particularly important because the snow monkey, also known as the Japanese Macaque, is part of the Species Survival Plan, a captive-breeding program among accredited zoos in North America to maintain healthy populations of threatened and endangered species.

Due to habitat loss, it is estimated that only 35,000 to 50,000 snow monkeys remain in the wild. There are about 400 snow monkeys in captivity.

The snow monkey babies, which weighed about 2 pounds at birth, will reach a maximum weight of 30 pounds at maturity. They dine on fruits, tree bark, vegetables, leaves, tree buds and insects.

Standoff

Continued from p1

hours," Conley said.

Sheriff Blackburn confirmed that the arrest took place on a cemetery in a statement to The Times on Friday.

"The arrest was made with myself and three state troopers. I just told him who I was and he came into view with his hands in the air," Blackburn said.

Nadine Conley also said that

the guns and ammunition that were confiscated actually belonged to her, not to Thacker.

"The state police took my guns, some old coins, and a German dagger that my father gave to me," Conley said.

Both reports state that Thacker was arrested without incident after six-and-a-half hours.

Service Learning Institute initiated in Eastern Kentucky

PRESTONSBURG — "Service Learning" is an exciting way of teaching students that leads to meaningful change for others in the community as well.

A group of educators in Eastern Kentucky were recently treated to the first "East Kentucky Institute for Service Learning," an event that will become an annual one. In the Institute, the educators took part in their own service learning projects, while learning how to pass on the technique to their students.

The Institute was a combined effort sponsored by the Rural Community College Initiative (RCCI), and Community Education Programs through the Pike, Johnson, Floyd and Magoffin county boards of education. State Service Learning grant funds helped to finance the Institute. Eugene Blackburn is the coordinator of the RCCI.

The Institute is housed at Prestonsburg Community College. National Service Learning trainer Howard Bowden, with the assistance of Blackburn, facilitated the three-day institute held July 15-17 at Jenny Wiley State Park. Educators from the counties involved in the Institute attended.

Participants learned the difference between service learning and community service, which are commonly confused. True service learning is a method of teaching life skills that are better retained by students and useful academically and in other ways to the student.

In addition, students provide a "needed" service to the com-

munity. Service learning projects can be as varied as the community's needs. They should be well planned and involve essential "core content" academic skills, as well as social and interpersonal skills.

One of the most effective factors of service learning is that projects can involve a wide variety of subject matter and all students can participate in a meaningful way using their own talents.

During the workshop, participants were involved in visiting a nursing home, where they interviewed patients and later created "memory pages" for them; helped to maintain a hiking trail at the state park; and held a food drive simulation.

Educators also learned how youth councils can value from service learning projects and provide a positive voice for themselves in the community. They also learned how "Homeland Security" projects can become service learning projects. These projects, initiated after the Sept. 11 attacks, can involve numerous health and safety issues.

For more information about service learning, contact Blackburn at Prestonsburg Community College or the community education directors in the counties involved — Sue Brown in Johnson County, Beverly Crisman in Floyd County and Rosalind Stanley in Pike County.

National Service Learning trainer Howard Bowden facilitated the first annual East Kentucky Institute for Service Learning, held July 15-17 at Jenny Wiley State Park, and involving educators from Pike, Floyd, Johnson and Magoffin Counties.



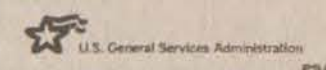
Floyd County teachers, Stephanie Stamper of Betsy Layne Elementary, Anna Shepherd of May Valley Elementary and Suzanne Stumbo of Prestonsburg High School, show off their Service Learning Brochure they made during the first annual East Kentucky Institute for Service Learning.

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- (Grades 2nd-5th) Tuesday, August 20, 4 p.m.-7 p.m.
- (Grades 6th-12th) Wednesday, August 21, 4 p.m.-7 p.m.

New Students Must Register On Thursday, August 22nd, 4 p.m.-8 p.m.

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expression

Freedom of the press is not an end in itself but a means to the end of [achieving] a free society.

— Felix Frankfurter

Guestview

More progress needed before cutting loose

It is refreshing to see the Floyd County school system exercise some restraint and not force a confrontation with the state management team.

At its Tuesday meeting, the board chose to back off a proposal to seek a change in the relationship between the local board and the state. Board member Jeff Stumbo had been seeking to alter the nature of that relationship from Floyd County being a "state-managed" to a "state-assisted" school district.

Although we are not entirely certain what purpose that change in semantics would accomplish, we believe it would have been a bad idea to start butting heads with the state at this point.

True, the Floyd County school district has made tremendous strides in the few short years of state management, perhaps making more progress in that time than in all the years before. But there is still more to be done.

Board member Carol Stumbo noted Tuesday that 71 school employees are in career limbo, not knowing whether they would be back during the next school year. But while that may be true, we think the board has even bigger fish to fry.

There is no question the school system has made significant progress in getting its finances in order, and that has been no small feat. But if school test scores are any indication - and we think they certainly are - the district still has a long way to go before it should even consider cutting loose from the state.

There is no doubt that Floyd County students have made gains in the Commonwealth Accountability Testing System, but those strides have been overshadowed by even greater gains by the rest of the state. As a result, Floyd County schools are slipping further and further behind relative to other districts, and now rank near the bottom in many categories.

The desire to be free of state oversight is perhaps understandable on one level, but wrong on far too many more. It is somewhat akin to a teenager wanting to be free of parental authority.

In both cases, it is probably a good sign, an indication that the subordinate is gaining proficiency and confidence in being able to stand on its own. But just as in the case of the teenager, the Floyd County school district is not yet ready to stand alone and must continue to make progress before it is allowed to do so.

— The Floyd County Times



— beyond the beltway

Dick Nixon, where are you now?

by DONALD KAUL

I spent most of my adult life hating Richard Nixon. I hated him during his Red-baiting days in the late '40s and '50s, through his vice presidency, his temporary banishment to California and, God knows, throughout his presidency. I hated him as an ex-president.

As a matter of fact, if there was a single constant in my political life it was my hatred of Richard Nixon. It was fun hating Richard Nixon. The Alger Hiss hearings, the Checkers speech, the "You-won't-have-Nixon-to-kick-around-anymore" press conference, his secret plan to end the war in Vietnam, the Oval office tapes, the "I-Am-Not-A-Crook" statement, his resignation — he always gave you something you could sink your teeth into.

I really miss him. I wish he were president right now.

Oh, I know what you're going to say: "What are you, crazy? Nixon was a paranoid wacko who operated a burglary ring out of the White House, used the FBI and CIA to cover for him, metastasized the war in Vietnam and prolonged it needlessly and drank a lot besides. He was a ruthless, cynical politician without moral principle who would do anything to achieve his political ends."

OK, so he wasn't perfect. He had flaws. But when you compare him to what

we've got now — a sleazy hypocrite with two major areas of ignorance: foreign and domestic affairs — he doesn't look so bad.

The Great Society social programs (much maligned today, but really, initiatives of historic importance) underwent their greatest expansion under Nixon and his environmental record was stunningly good when compared to his successors. And, don't forget, he was the one who went to China and ended our mutual stare-down.

His economic record wasn't exactly sterling, but could he do any worse than what the present administration is doing or, rather, not doing?

We'd have to make allowances for Tricky Dick, I suppose. We'd have to let him rifle the files of the Democratic National Committee, looking for material to blackmail it with. But, to tell you the truth, I wouldn't care if he kidnapped the Democratic National Chairman and kept him tied up in the basement of the White House.

It would be worth it. At least we'd have a president who wasn't totally, absolutely and stupendously clueless about virtually every subject a president is supposed to know about. Moreover, we'd have a president who didn't sound like a dunce every time he appeared without a prepared script.

The other day British Prime Minister Tony Blair did something that no other prime minister had done before him: He allowed himself to be interrogated by a panel of committee chairmen from Parliament on questions of transportation,

the health system, housing and pensions, the economy and foreign affairs. According to all reports, the questioning was tough and he acquitted himself well.

Can you imagine George W. Bush doing something like that, answering detailed questions on government policy? Hah! He wouldn't know which cliché to turn to.

Mr. Bush gets a lot of credit for being a good war president, but you have to ask: Why? We virtually destroyed a country to get at one man, Osama bin Laden, and so far as we know, despite billions spent, we didn't get him. We've arrested some 1,000 Arabs and Arab-Americans on suspicion of terrorism since this whole thing started

and so far have indicted one man. All you can really say about the war on terrorism is that it's made airline travel even more unpleasant than it usually is and it's moved us closer to a police state.

The Democrats have watched all of this take place and pretty much sat inert. They have not produced a true spokesman for the millions who are fed up with what's happening, probably because they're part of the whole mess.

Who among the Democrats can assume the role that John McCain plays for the Republicans, that of a conscience and watchdog? Who indeed?

I wish I knew.

Donald Kaul recently retired as Washington columnist for the Des Moines Register. He has covered the foolishness in our nation's capital for 29 years, winning a number of modestly coveted awards along the way.



— Jim Davidson

A fair-weather friend

The late Dale Carnegie, founder of the internationally famous course on public speaking and human relations, once said, "You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you."

It has often been said that we all need friends and I personally know this is true. While some people are loners and may not have any friends at all, to my way of thinking, they are missing one of the greatest blessings in life. We all need friends and perhaps even more importantly, friends need us.

Now here is an important question you may wish to consider. Do you have even one really true friend? That is, if you really and truly needed help, someone you can count on and someone you know for certain that would not let you down? I have several friends that I believe I can count on, however, until they are put to the test, I won't really know for sure, will I?

It has been my experience over the past several years that when I've been down and needed help, I've had a lot of people who I thought were my friends desert me. On the other hand, I've had

people who I didn't know were my friends, right there when I needed them most. Have you also found this to be true in your life?

A conversation I had some time back is what brought these thoughts to mind. One day while having lunch with my wife at the Arkansas Children's Hospital in Little Rock, I met a lady by the name of Mildred Ward. Somehow we got to talking about friends and Mildred told me about a woman she knows who complained to her about not having any friends, and she went on to tell me why this was true.

One morning about 2 a.m., this woman's telephone rang and on the other end of the line was an elderly lady who had fallen in her home and couldn't get up. So, she called her friend (at least someone she thought was her friend), and asked her to come to her home and help her. Now, do you think she went? Well, the answer is no. It was too far. At least that's what she told her.

When this woman complained to Mildred about not having any friends, Mildred said, "I told her to her face, the reason you don't have any friends is because you don't know how to be a friend. You are a 'fair-weather' friend."

When you stop and think about it,

this is so true. Most of us can be a friend as long as the sun is shining and it doesn't cost us anything, but when friendship begins to cost us something, it has a way of setting the record straight. At this point the truth is revealed and we are either a true friend or a fair-weather friend.

With this thought in mind, it might be well to share an old German proverb that says, "There are three kinds of friends: those who love you, those who hate you and those who care nothing about you."

A few days ago I received a phone call from a lady who was not even a close friend, and she said, "Bill and I have had an accident, can you come get us?" She then told me where they were. Maybe I was motivated because I had just written this column, but at

this point I didn't ask any questions, but said, "I will be there as quickly as I can get there."

The point I'm trying to make is simply this: If we want to have some true friends, we must be there when someone who calls us "friend" really and truly needs us.

Jim Davidson is a motivational speaker and columnist. You may contact him at 2 Bentley Drive, Conway, AR 72034.



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Faith Extra

Acceptance of gay pastors clashes with church law

by ELIZABETH MURTAUGH
ASSOCIATED PRESS

SEATTLE — There is nothing ambiguous about the United Methodist Church law that forbids the appointment of "self-avowed, practicing homosexuals" as pastors.

Yet complaints against two ministers from Seattle who openly declared they are gay have been dismissed this year, allowing them to continue to preach and fueling a fierce national debate within the church.

The decisions have galvanized Methodists who say it's time for church doctrine to make room for gay pastors and be more accepting of gays, in general. Others are crying foul, saying church law should be upheld.

"People of genuine Christian faith disagree about this," said the Rev. Elaine Stanovsky, spokeswoman for the Seattle district of the church's Pacific Northwest Conference.

"Both sides feel the church is going the wrong way, so everybody's in pain about it."

The conference's committee on investigation dismissed a complaint last month against the Rev. Karen Dammann, former pastor at Seattle's Woodland Park United

Methodist Church, rather than sending the case on to a church trial.

Less than two months earlier, the same panel cleared Dammann's successor, the Rev. Mark Edward Williams, who declared himself "a practicing gay man" in June 2001 at the annual meeting of the denomination's Pacific Northwest Conference, which includes Washington state and northern Idaho.

"God works in mysterious ways," said Williams, 32, and

“God works in mysterious ways,” said Williams, 32, and pastor at Woodland Park since 1999. “I think that the process Karen and I have gone through has had some real moments of grace, as well as painful, frustrating moments.”

pastor at Woodland Park since 1999. "I think that the process Karen and I have gone through has had some real moments of grace, as well as painful, frustrating moments."

In Dammann's case, Bishop Elias Galvan of the Pacific Northwest Conference filed the complaint after she wrote him a letter disclosing she was gay.

"I was not going to lie, and I was not going to be evasive," said Dammann, 45, who now lives in Amherst, Mass., with her partner, Meredith Savage, and their 4-year-old son. "I wanted to tackle the question rather than force them to ask it."

Three committee members voted to send the case to trial, three voted no, and one member abstained. Five votes are needed to send a complaint to trial.

The Rev. Pat Simpson, committee chairwoman, said if law had governed her decision, she

would have felt compelled to vote for a trial. But in moral terms, she said she couldn't bring herself to cast a vote against "a pastor of proven effectiveness and moral courage." She abstained.

The Rev. Sanford Brown, who voted against sending the

case to trial, said the panel was faced with "the unattainable task of trying to uphold two contradictory passages" in The Book of Discipline, which outlines the laws that govern the United Methodist Church.

One passage bars the appointment of openly gay pas-

tors and another says "the judicial process shall have as its purpose a just resolution of judicial complaints in the hope that God's work of justice, reconciliation and healing may be realized in the body of Jesus

(See LAW, page seven)

In heart of Bible Belt, Russian Orthodox church far from ordinary

by JAY REEVES
ASSOCIATED PRESS

BROOKSIDE, Ala. — The Rev. Benedict Tallant seems like a typical Alabama preacher with his GMC pickup truck and slow drawl, yet the three-armed cross and onion-shaped copper dome on his little brick church stand out in the Bible Belt.

Tallant — Father Benedict to parishioners — is pastor of St. Nicholas Russian Orthodox Church, the oldest patriarchal Russian congregation in the South.

Just as Roman Catholic churches report to the pope in Rome, tiny St. Nicholas is under the auspices of Alexy II, head of the church in Russia.

"Our patriarch is in Moscow," Tallant said.

That's a long way from Brookside, a town of about 1,400 people some 20 miles north of Birmingham.

The church was organized in 1894 for Slavic immigrants who came to Alabama to work in area coal mines. The mines played out years ago, but a half-dozen of the congregations

remain.

"Most families had up to 10 kids," said Helen Slatky, at 80 the oldest active member at St. Nicholas, which has about 70 members and averages 30 people for its Sunday service.

Slatky's parents immigrated from Slovakia in the early 1900s. Her life today is a mix of the Old World and the New: Two icons hang on a wall above her TV, while a miniature University of Alabama football helmet decorates a tabletop.

The congregation has changed through the decades. While the church cemetery is filled with tombstones bearing family names including Bobyarchick, Krofchick and Yarchak, the current church roll includes people named Buzbee, Davis and Beck.

"We've got a McCracken — a good Russian name," joked Tallant.

Tallant, who grew up in nearby Walker County, attended both Baptist and Methodist churches before converting to the Russian Orthodox church. Ordained in 1962 after completing a home-study course, he has

been at St. Nicholas ever since.

While St. Nicholas maintains many traditions dating back to its earliest days as an immigrant congregation, the church — like many other Russian churches abroad — has adapted as its first generation died away, to be replaced by Americans.

Icons adorned with English words hang near the Royal Doors, which lead to the enclosed altar area. The liturgy

is in English with a touch of church Slavonic, an Old World ancestor of modern Russian. "We haven't had a full Russian liturgy since one family went back to Moscow" around 1998, said Tallant.

The church still has a few Russian-speaking members, but most speak English only. The granddaughter of immigrants,

(See RUSSIAN, page seven)

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Regional Obituaries

Floyd County

Margie Slone Bentley, 64, of Topmost, died Sunday, August 4, at McDowell Appalachian Hospital, following an extended illness. Funeral services were conducted Wednesday, August 7, under the direction of Nelson-Frazier Funeral Home.

Billie Jean Childers, of Lexington, native of Wayland, died Wednesday, July 31, at Central Baptist Hospital, Lexington. Funeral services were conducted, Saturday, August 3, under the direction of Kerr Funeral Home.

Lula Cornett, 95, a native of Blue River, died Thursday, August 1, at the Prestonsburg Health Care Center after an extended illness. Funeral services were conducted Saturday, August 3, under the direction of Burke Funeral Home.

Jo Ann Theresa Alsop Gibson, 66, of Louisville, died Thursday, August 1, at her residence. Funeral services were conducted Monday, August 5, under the direction of Hall Funeral Home.

Nelma Martin Hall, of Mason, Ohio, native of Drift, died Sunday, August 4. She is survived by her husband, Willie Franklin Hall. Funeral services were conducted Wednesday, August 7, under the direction of Hodapp Funeral Home, West Chester, Ohio.

Esther May Yates Hall Lawson, 79, of Harold, died Sunday, July 28, at the University of Kentucky Medical Center, Lexington. Funeral services were conducted Tuesday, July 3, under the direction of Hall Funeral Home.

Effie Patton Post, 90, of Langley, died Wednesday, August 7, at Highlands Regional Medical Center. Funeral services were conducted Saturday,

August 10, under the direction of Nelson-Frazier Funeral Home.

Sophie A. Samons, 82, of Martin, died Sunday, July 28, in the Prestonsburg Health Care Center. Funeral services were conducted Tuesday, July 30, under the direction of Hall Funeral Home.

Delcie Slone, 87, of Ypsilanti, Michigan, formerly of Wayland, died Wednesday, July 31, in Michigan. Graveside services were conducted Monday, August 5, under the direction of Hall Funeral Home.

Johnson County

Malta Hall Bailey, 94, died Monday, July 15, at Mt. Manor Nursing Home. Funeral services were conducted Thursday, July 18, under the direction of Preston Funeral Chapel.

George L. Bellew Jr., 58, died Tuesday, July 30. He is survived by his wife, Jenett S. Blevins Bellew. Funeral services were conducted Friday, August 2, at Flanner and Buchanan Mortuaries, Carmel, Indiana. Graveside services were Saturday, August 3, at Highland Memorial Park, Staffordsville, under the direction of Phelps & Son Funeral Home.

Mervil Winchell Blair, 62, died Saturday, August 3, at the V.A. Hospital in Huntington, West Virginia. He is survived by his wife, Henrietta Blanton Blair. Funeral services were conducted Monday, August 5, under the direction of Jones-Preston Funeral Home.

Gene Allen (Spanky) Browning, 65, of Paintsville, died Sunday, August 4, at U.K. Medical Center, Lexington. He is survived by his wife, Sandra Sue Cantrell Browning. Funeral services were conducted Wednesday, August 7, under the

direction of Phelps & Son Funeral Home.

Herbert H. Ealey Sr., 69, died Friday, August 2, at Highland Regional Medical Center. He is survived by his wife, Jean Gambill Ealey. Funeral services were conducted Sunday, August 4, under the direction of Jones-Preston Funeral Home.

Eula Hayden, 55, died Wednesday, July 31, at Central Baptist Hospital, Lexington. Funeral services were conducted Saturday, August 3, 1 p.m., at Boons Camp Free Will Baptist Church and burial was in the Lakeview Memorial Cemetery, Staffordsville.

Juanita Johnson, 82, died Thursday, August 1, at Paul B. Hall Regional Medical Center. Funeral services were conducted Saturday, August 3, under the direction of Paintsville Funeral Home.

Doris A. Stewart, 65, died Saturday, August 3, at her residence. Funeral services were conducted Tuesday, August 6, under the direction of Jones-Preston Funeral Chapel.

Harkless "Hark" Witten, 85, a native of Paintsville, died Tuesday, July 30, at his home after an illness. He is survived by his wife, Nettie Johnson Witten. Funeral services were conducted Friday, August 2, under the direction of Mayhew Funeral Home.

Pike County

Gladys D. Fleming Bentley, 77, of Anderson County, a native of Dorton, died Friday, August 2, at Heritage Hall Care Center, Lawrenceburg. Funeral services were conducted Sunday, August 4, under the direction of Ritchie-Peach-Todd Funeral Home.

Sylvester Cade Sr., 58, of Hardy, died Monday, July 29, at

his home. Funeral services were conducted Friday, August 2, under the direction of Rogers Funeral Home.

LaRue Clevinger, 79, of Marrowbone Creek, died Saturday, August 3, at her home. Funeral services were conducted Monday, August 5, under the direction of Lucas & Hall Funeral Home.

Irma Warf Collinsworth, 84, of McAndrews, died Monday, August 5. She had been a resident of the Skilled Nursing Unit at South Williamson Appalachian Regional Hospital. Funeral services were conducted Thursday, August 8, under the direction of Rogers Funeral Home.

Reggie Davis, 92, of Virgie, died Monday, August 5, at Pikeville Methodist Hospital. Funeral services were conducted Friday, August 9, under the direction of Hall & Jones Funeral Home.

Ocie A. Dotson, 80, of Stopover, died Tuesday, August 6, at the South Williamson Appalachian Regional Hospital. Funeral services were conducted Friday, August 9, in the Shepard Memorial Presbyterian Church, under the direction of Phelps Funeral Home.

Woody Hall, 76, of Fords Branch, died Saturday, August 3, at Pikeville Methodist Hospital. Funeral services were conducted Tuesday, August 6, under the direction of Lucas & Hall Funeral Home.

Sharon Kaye Helms Hensley, 51, of Ypsilanti, Michigan, formerly of Pond Creek, died Thursday, August 1, at St. Joseph Mercy Hospital, Ypsilanti. Funeral services were conducted Monday, August 5, under the direction of Rogers Funeral Home.

Dorothy May Standifur Huffman, 71, of Ashcamp, died Monday, August 5, at Pikeville Methodist Hospital. Funeral services were conducted Thursday, August 8, under the direction of Bailey Funeral Home.

Clarence Davenport Jr., 81, of Mount Olive, North Carolina, formerly of Williamson, West Virginia, died Tuesday, August 6, at Lenoir Memorial Hospital, Kinston, North Carolina. Funeral services were conducted Saturday, August 10, under the direction of Rogers Funeral Home.

William H. "Hubert" Jude, 73, of Williamson, West Virginia, died Friday, August 2, at Williamson Memorial Hospital. He is survived by his wife, Margaret Jean Maynard. Funeral services were conducted Monday, August 5, under the direction of Hatfield Funeral Chapel.

Margaret Lemon King, 80, of Lexington, formerly of Pikeville, died Thursday, August 8, at St. Joseph Hospital East, Lexington. Funeral services were conducted Monday, August 12, under the direction of W.R. Milward Mortuary-Broadway, Lexington.

Mary "Carolyn" McNamee, 56, of Pikeville, died Wednesday, August 7, at Pikeville Methodist Hospital. She is survived by her husband, Gerald Thomas McNamee. Final viewing and prayers were held Saturday in the J.W. Call & Son Funeral Home chapel. Arrangements were under the direction of J.W. Call & Son Funeral Home.

Jordan McPeck, 12, of Left Fork of Island Creek, died Tuesday, August 6, at Pikeville Methodist Hospital. Funeral services were conducted Saturday, August 10, under the direction of Lucas & Hall Funeral Home.

Margaret Louise McReynolds, 82, of Pikeville, died Wednesday, August 7, at her home. Funeral services were conducted Saturday, August 10, under the direction of J.W. Call & Son Funeral Home.

Ruth Van Hampton Mooror,

79, of Williamson, West Virginia, died Sunday, August 4, at Williamson Memorial Hospital. She is survived by her husband, Woodrow Mooror. Funeral services were conducted Thursday, August 8, under the direction of Rogers Funeral Home.

Dallas "Tiny" Mullins, 66, of Elkhorn City, died Tuesday, July 30, at Pikeville Methodist Hospital. Funeral services were conducted Friday, August 2, under the direction of Bailey Funeral Home.

Loretta "Tina" Phillips, 56, of Louisa, a Pike County native, died Saturday, August 3, at the J.J. Jordan Geriatric Center, Louisa. Funeral services were conducted Tuesday, August 6, under the direction of Rogers Funeral Home.

Gene David Ramey, 47, of Berkley, Illinois, formerly of Pike County, died Tuesday, July 30, at Elmhurst Hospital, Berkley. Funeral services were conducted Saturday, August 3, under the direction of Bailey Funeral Home.

Edith Coleman Ratliff, 102, of Pikeville, died Monday, August 5, at Pikeville Health Care Center. Funeral services were conducted Thursday, August 8, under the direction of Lucas & Hall Funeral Home.

Hurrtle Jack Sexton, 84, of Peytons Creek Road, died Friday, August 2, at his home. Funeral services were conducted Monday, August 5, under the direction of Thacker Memorial Funeral Home.

Minnie Skeens, 94, of Red Jacket, West Virginia, formerly of Ransom, died Saturday, August 3, at the Skilled Nursing Unit, South Williamson Appalachian Regional Hospital. Funeral services were conducted Wednesday, August 7, under the direction of Hatfield Funeral Home.

Ed Francisco Sr., 64, of Newberry, Ohio, formerly of Hellier, died Monday, August 5, at Heather Hill Nursing Home, Newberry. Funeral services were conducted Saturday, August 10, under the direction of Bailey Funeral Home.

Amy Sue "Susie" Roberts Stanley, 71, of Burnwell, died Friday, August 2, at the South Williamson Appalachian Regional Hospital. She is survived by her husband, George E. Stanley. Funeral services were conducted Monday, August 5, under the direction of Rogers Funeral Home.

Gay Zola Leedy Varney, 71, of Kimper, died Wednesday, August 7, at her home. She is survived by her husband, Anee Varney Jr. Funeral services were conducted Saturday, August 10, under the direction of Rogers Funeral Home.

Virginia Lee Damron Walters, 66, of Pikeville, died Thursday, August 1, at Pikeville Methodist Hospital. Funeral services were conducted Sunday, August 4, under the direction of J.W. Call & Son Funeral Home.

Lena Justice Wooldridge, 60, of Hammond, Indiana, died Wednesday, August 7, under the care of Hospice. She is survived by her husband, Robert Wooldridge. Funeral services were conducted Saturday, August 10, under the direction of Bocken Funeral Home.

Magoffin County

Bob Arnett, 83, of Salyersville, died Wednesday, July 24, at the Salyersville Health Care Center, in Salyersville. He is survived by his wife, Rose Arnett. Funeral services were conducted Saturday, July 27, under the direction of Salyersville Funeral Home.

William Ray Avera, 3, of Somerset, died Saturday, July 27, at the Children's Health Care Hospital in Atlanta, Georgia, after complications of an automobile accident. Funeral services were conducted Tuesday, July 30, under the direction of

Salyersville Funeral Home.

Eva Caldwell Caudill, 80, of Salyersville, died Wednesday, July 24. Funeral services were conducted Saturday, July 27, under the direction of Magoffin County Funeral Home.

Mary (Peg) Toner Collins, 48, of Morehead, formerly of Salyersville, died Wednesday, July 31, at St. Josephs Hospital in Lexington. She is survived by her husband, John (Jack) Collins. Funeral services were conducted Saturday, August 3, at Jesus Our Savior Catholic Church, Morehead and burial followed in New Alfrey Cemetery.

Wardie Farris, 63, of Blanchester, Ohio, died Saturday, July 20, at the Miami Valley Hospital in Dayton, Ohio. Funeral services were conducted Thursday, July 25, under the direction of Salyersville Funeral Home.

Angel Lashae Howard, infant, of Salyersville, died Sunday, July 28, at Cabell-Huntington Hospital in Huntington, West Virginia. Funeral services were conducted Wednesday, July 31, at the home of Zeno and Joyce Duchnowski on Johnson Fork and burial was in the Duchnowski and Prater Cemetery on Johnson Fork.

Claude "C.D. Demp" Allen Jr., 74, of Salyersville, died Sunday, August 4, at Highlands Regional Medical Center. He is survived by his wife, Margarette Craig Allen. Funeral services were conducted Thursday, August 8, under the direction of Magoffin County Funeral Home.

Cleo Mullins, 62, of Rensselaer, Indiana, a native of Kentucky, died Friday, July 5, at St. Vincents Hospital in Indianapolis after a brief illness. Funeral services were conducted Monday, July 8, under the direction of Steinke's Funeral Home, Rensselaer.

Leeson Prater, 36, of Millersburg, died Thursday, August 1, at the UK Medical Center. He is survived by his wife, Donna Joseph Prater. Funeral services were conducted Monday, August 5, and burial was in the Joseph Cemetery at Waldo.

Alice Slusher, 89, of Salyersville, died Thursday, July 25, at Highlands Regional Medical Center, Prestonsburg. Funeral services were conducted Sunday, July 28, under the direction of Magoffin County Funeral Home.

John Risner Sr., 85, of Rensselaer, Indiana, a native of Royalton, died Tuesday, July 30, at the St. Clair Medical Center, in Crawfordsville. Funeral services were conducted Friday, August 2, and burial followed in the Independence Cemetery in Rensselaer.

Samuel Douglas "Pops" Stephens, 74, of Napoleon, died Monday, July 8, at his residence. He is survived by his wife, Anita. Funeral services were conducted Thursday, July 11, and burial followed in the Oak Grove Cemetery.

Nola Mae Stephens, 84, of Willard, died Wednesday, July 31, at the Willard Mercy Hospital. Funeral services were conducted Saturday, August 3, at 2 p.m., at Willard Church of God, and burial was in the Maple Grove Cemetery, New Haven, Ohio.

Marshall Welch, 65, of Worthington, died Friday, July 12, in Our Lady of Bellefonte Hospital. He is survived by his wife, Helen Tackett Welch. Funeral services were conducted Saturday, July 13, under the direction of Evans Funeral Home.

Mary Etta Whitt, 62, of Springfield, Ohio, died Monday, July 15, at The Community Hospital in Springfield. Funeral services were conducted Friday, July 19, under the direction of

(See REGIONAL, page seven)

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Ky. guardsman among dead in Puerto Rico

by SANDRA VILLERRAEL
ASSOCIATED PRESS

CAGUAS, Puerto Rico — Rescuers on Friday recovered the body of an eighth American serviceman killed when a U.S. Air Force special operations plane slammed into a Puerto Rico mountainside earlier this week.

One of the men was identified as a Kentucky Air National Guardsman.

The search team also found one of the aircraft's two black

boxes, said Adolfo Menendez, commander of a National Guard unit at the scene. He was unable to say whether it was the data or voice box.

Police said rescuers had to rappel 100 feet (30 meters) down the mountainside to retrieve the body found Friday, far from the summit of the mountain into which the MC-130H transport plane crashed Wednesday night on the outskirts of Caguas, 20 miles (32 kilometers) south of San Juan. On Thursday, rescuers found

seven bodies, some charred and dismembered, and parts of the fuselage.

The two missing bodies are believed to be those of servicemen in the cockpit, which took the brunt of the crash, said Rafael Guzman, executive director of the U.S. Caribbean territory's State Emergency Management Agency.

The bulky plane was flying in rain and fog when it struck a heavily wooded area on Monte Perucho, broke in two and erupted in flames, witnesses said.

Officials on Friday identified seven of the victims, five from Air Force Special Operations, one from the Air Intelligence Agency - all based in Florida - and a Kentucky National Guardsman.

"I certainly want to extend my condolences to the families of all those killed in this accident. They died in the service of their country, giving their all to make America safer and more secure in the war against terror," Defense Secretary Donald H. Rumsfeld said at a Pentagon briefing Friday.

In Puerto Rico, Police Superintendent Miguel Pereira said he was investigating reports that civilians who arrived at the accident site before police had stolen firearms.

The accident was the second in as many months involving the four-engine Combat Talon II, a special operations variant of the C-130 Hercules cargo plane that costs \$78 million. The other crashed in June while taking off from an Afghanistan airstrip, killing three U.S. military personnel.

Both aircraft were from Hurlburt Field, near Fort Walton Beach, Fla.

Air Force Special Operations said a safety investigation board and an accident investigation board were being arranged.

The plane was on a training mission from Roosevelt Roads

(See **DEAD**, page eight)

Russian

Continued from p5

Elizabeth Beck sings in the choir and helps maintain the liturgical calendar. She went to Russia with a group last year to get a taste of her church in its native land.

"I enjoyed the language and the churches being so beautiful. We are very small," she said.

St. Nicholas looks much the same today as in its earliest days.

Built in 1916 after one church was destroyed by a tornado and a second by fire, the temple sits on land donated decades ago by U.S. Steel, which employed many of the immigrant miners.

The 86-year-old church originally was all wood, with a tongue-and-groove ceiling and painted walls. Members paneled the interior in dark wood after Tallant arrived, and brown bricks were added to the exterior.

The old parsonage was converted to a parish house, where Sunday school lessons and other events are held. A food festival held each November draws hundreds of people, many of whom buy nesting dolls and other Russian items purchased through a wholesaler.

St. Nicholas belongs to the

smallest of the three Russian heritage denominations in the United States, called the Patriarchal Parishes of the Russian Orthodox Church in the United States of America.

It has 32 congregations, while the Russian Orthodox Church Outside Russia has 177 and the Orthodox Church in America has 721.

There are a just handful of Russian heritage churches in Alabama. Consequently, St. Nicholas has experienced problems through the years because of unfamiliarity with its heritage and practices.

Teenagers who didn't recognize the Orthodox cross have called members devil worshippers, Tallant said, and one young man referred to St. Nicholas as the "communist church" because of its Russian roots and the old Soviet Union.

"I said, 'Son, you're showing your ignorance of both religion and politics. This church was persecuted by the communists,'" said the priest.

Such slights are rare today, according to Tallant. The church regularly has visitors, and the small sanctuary gets crowded on Easter and other special days.

"We can pack 'em in here," he said.

Law

Christ."

Church counsel could appeal the decision if Galvan determines the committee made any mistakes. Galvan's review is expected to wrap up later this month, Stanovsky said.

The May 30 decision to dismiss the complaint against Williams was unanimous, and the bishop found no grounds for appeal, Stanovsky said.

In the eyes of critics like the Rev. James V. Heidinger II, the committee erred in both cases by letting their personal convictions cloud their judgment on a clear judicial issue.

"When two pastors have publicly admitted that they are self-avowed and practicing (homosexuals), anybody looking at that with any sense of understanding of church policy would say that should be passed along for church trial," said Heidinger, president

and publisher of "Good News," a magazine for an evangelical renewal organization headquartered in Wilmore, Ky.

To ignore church laws "or act as if those don't matter opens the church really to near lawlessness and moral chaos," he said.

With 8.4 million members nationally, the United Methodist Church is the country's second-largest Protestant denomination.

At the church's national meeting in 2000, a majority of Methodist leaders supported a ban on ordination of gays and on same-sex unions. Church leaders also retained language in its doctrine stating that homosexuality is "incompatible with Christian teaching" - wording added to Methodist doctrine in 1972.

The Rev. Kathryn Johnson, executive director of Methodists for Social Action, lauded the committee's clearing of Dammann and

Williams.

"The rulings in these cases demonstrate that the church is moving, albeit slowly and with a great deal of controversy," Johnson said. "But my feeling is that we can't hold back the tide, that more and more people in the church are becoming aware of the tremendous gifts that gay and lesbian clergy bring to the denomination."

The Rev. Betty Gamble, associate general secretary for the church's Commission on Christian Unity and Interreligious Concerns, said the struggle to reach consensus not only on the issue of gay pastors but homosexuality in general remains a daunting challenge.

"We don't look at this as a problem," Gamble said. "We look at this as something that needs to be discussed so we can find out more about where God is leading us, so we can find out more about who we are as a church."

Regional

Continued from p6

Jones-Kenney-Zechman Funeral Home.

Ricky Williams, 49, of Royalton, died Friday, July 26, at Paul B. Hall Medical Center, in Paintsville. He is survived by his wife, Velvet Fletcher Williams. Funeral services were conducted Monday, July 29, under the direction of Magoffin County Funeral Home.

Cassie Risner Williams, 82, and Beverly Williams, 87, of Royalton, died Thursday, August 1, at their residence, only hours apart. Cassie was a native of Magoffin County and Beverly was a native of Floyd County. Funeral services were conducted Sunday, August 4, under the direction of Magoffin County Funeral Home. Burial was in the Williams Family Cemetery, Puncheon.

Lawrence County

Lucian Ball, 88, of Somerset, formerly of Louisa, died Saturday, August 3, in Cincinnati, Ohio. He is survived by his wife, Julina Moore Ball. Funeral services were conducted Wednesday, August 7, under the direction of Wilson Funeral Home.

Grettie Barker Maxie, 89, of Martha, died Saturday, August 3, at Kingsbrook Lifecare Center, Ashland. Funeral services were conducted Tuesday, August 6, under the direction of Wilson Funeral Home.

Girish Patel, 59, of Louisa, died Monday, July 29, in Prestonsburg. He is survived by his wife, Urmila Patel. Prayer service was held Wednesday, July 31, and Thursday, August 1. Arrangements were under the direction of Heston Funeral Home.

Knott County

Kenneth Ray Couch, 67, of Littcarr, died Monday, August 5, at his residence. Funeral services were conducted Friday, August 9, under the direction of Nelson-Frazier Funeral Home.

Ida Mae Collins Hurley, 73, of Fisty, died Thursday, August 1, at the Hazard Appalachian Regional Medical Center. Funeral services were conducted Sunday, August 4, under the direction of Hindman Funeral Services.

Gladys Pitts, 98, of Little

Cowan, died Wednesday, July 24, at Letcher Manor Nursing Home in Whitesburg. Funeral services were conducted Saturday, July 27, under the direction of Letcher Funeral Home.

Pearl Lee Smith, 86, of Partridge, died Saturday, August 3, at St. Mary's Medical Center in Knoxville, Tennessee. Funeral services were conducted under the direction of Letcher Funeral Home, Whitesburg.

Martin County

Robert Arthur Evans, 74, of Liberty, native of East Kermit, West Virginia, died Monday, July 29, at Casey County Hospital. He is survived by his wife, June D. Evans. Funeral services were conducted Wednesday, July 31, under the direction of Richmond-Callahan Funeral Home.

Martha Ann Maynard, 50, of Inez, died Sunday, August 4, at Central Baptist Hospital, Lexington. She is survived by her husband, Ronnie Maynard. Funeral services were conducted Wednesday, August 7, under the direction of Richmond-Callahan Funeral Home.

NOTICE TO PUBLIC OF INTENT TO REQUEST A RELEASE OF FUNDS

August 14, 2002

Kentucky Housing Corporation
1231 Louisville Rd.
Frankfort, KY 40601
P. Lynn Luallen, Chief Executive Officer

TO ALL INTERESTED AGENCIES, GROUPS AND PERSONS

On or about August 23, 2002, Kentucky Housing Corporation (KHC) will request the U.S. Department of Housing and Urban Development (HUD) to release Federal Funds for the following project:

Project: FAHE HOME Investment Partnerships in Appalachian Kentucky.

Purpose: This project will initially construct 11 new homes for low to moderate-income families in FAHE's service area. Additional units may be completed in the next few years if the initial project goes well. The project will also allow for home rehabilitation assistance for up to three families.

Location: Unspecified locations in Adair, Bath, Bell, Boyd, Breathitt, Carter, Casey, Clark, Clay, Clinton, Cumberland, Elliott, Estill, Fleming, Floyd, Garrard, Green, Greenup, Harlan, Jackson, Johnson, Knott, Knox, Laurel, Lawrence, Lee, Leslie, Letcher, Lewis, Lincoln, McCreary, Madison, Magoffin, Martin, Menifee, Monroe, Montgomery, Morgan, Owsley, Perry, Pike, Powell, Pulaski, Rockcastle, Rowan, Russell, Wayne, Whitley, and Wolfe Counties, Kentucky.

Approximate HOME Funds in Project: \$573,201.

An Environmental Review Record respecting the within project has been made by KHC which documents the environmental review of the project. The environmental Review Record is on file at the above address and is available for public examination and copying upon request during normal business hours.

All interested agencies, groups and persons disagreeing with this decision are invited to submit written comments for consideration by KHC to the Chief Executive Officer, Attention: Michael Dant. Such written comments should be received at the above address on or before August 21, 2002. All such comments so received will be considered and KHC will not request the release of Federal funds or take any administrative action on the within project prior to the date specified in the preceding sentence.

KHC will undertake the project described above with HOME funds from the U.S. Department of Housing and Urban Development (HUD) under Title II of the National Affordable Housing Act of 1990. KHC is certifying that KHC as State Participating Jurisdiction consents to accept the jurisdiction of the Federal courts if an action is brought to enforce responsibilities in relation to environmental reviews, decision making, and action; and that these responsibilities have been satisfied. The legal effect of the certification is that upon its approval, KHC may use the HOME funds and HUD will have satisfied its responsibilities under the National Environmental Policy Act of 1969 and other related laws and authorities. HUD will accept an objection to its approval of the release of funds and acceptance of the certification only if it is on one of the following bases: (a) That the certification was not in fact executed by KHC's Certifying Officer; or (b) that KHC has failed to make one of the two findings pursuant to 24 CFR Part 58 Sec. 58.40 or to make the written determination required by Secs. 58.35, 58.47 or 58.53 for the project, as applicable; or (c) KHC has omitted one or more of the steps set forth at subparts E of 24 CFR Part 58 for the preparation, publication and completion of an Environmental Assessment; or (d) KHC has omitted one or more of the steps set forth at subparts F and G of 24 CFR Part 58 for the conduct, preparation, publication and completion of an Environmental Impact Statement, if applicable; or (e) KHC has committed funds or incurred costs not authorized by 24 CFR Part 58 before release of funds and approval of the environmental certification by HUD; or (f) A Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality.

Objections must be prepared and submitted in accordance with the required procedure (24 CFR Part 58) and may be addressed to: Mr. Ben Cook, Director, Office of Community Planning & Development, U.S. Department of Housing & Urban Development, P.O. Box 1044, Louisville, KY 40201-1044. Objections to the release of funds on bases other than those stated above will not be considered by HUD. No objection received after September 6, 2002, will be considered by HUD.

NOTICE TO PUBLIC OF INTENT TO REQUEST A RELEASE OF FUNDS

August 14, 2002

Kentucky Housing Corporation
1231 Louisville Rd.
Frankfort, KY 40601
P. Lynn Luallen, Chief Executive Officer

TO ALL INTERESTED AGENCIES, GROUPS AND PERSONS:

On or about August 23, 2002, Kentucky Housing Corporation (KHC) will request the U.S. Department of Housing and Urban Development (HUD) to release Federal Funds for the following project:

Project: Mountain Comprehensive Care Center, Mountain HOME Project I.

Purpose: This project will demolish and rebuild two homes for low to moderate-income families in Mountain Comprehensive Care Center's service area. Additional units may be completed in the next few years if the initial project goes well. The project will also allow for home buyer assistance for up to three families.

Location: Unspecified locations in Floyd, Johnson, Magoffin, Martin, and Pike Counties, Kentucky.

Approximate HOME Funds in Project: \$135,000

An Environmental Review Record respecting the within project has been made by KHC which documents the environmental review of the project. The environmental Review Record is on file at the above address and is available for public examination and copying upon request during normal business hours.

All interested agencies, groups and persons disagreeing with this decision are invited to submit written comments for consideration by KHC to the Chief Executive Officer, Attention: Michael Dant. Such written comments should be received at the above address on or before August 21, 2002. All such comments so received will be considered and KHC will not request the release of Federal funds or take any administrative action on the within project prior to the date specified in the preceding sentence.

KHC will undertake the project described above with HOME funds from the U.S. Department of Housing and Urban Development (HUD) under Title II of the National Affordable Housing Act of 1990. KHC is certifying that KHC as State Participating Jurisdiction consents to accept the jurisdiction of the Federal courts if an action is brought to enforce responsibilities in relation to environmental reviews, decision making, and action; and that these responsibilities have been satisfied. The legal effect of the certification is that upon its approval, KHC may use the HOME funds and HUD will have satisfied its responsibilities under the National Environmental Policy Act of 1969 and other related laws and authorities. HUD will accept an objection to its approval of the release of funds and acceptance of the certification only if it is on one of the following bases: (a) That the certification was not in fact executed by KHC's Certifying Officer; or (b) that KHC has failed to make one of the two findings pursuant to 24 CFR Part 58 Sec. 58.40 or to make the written determination required by Secs. 58.35, 58.47 or 58.53 for the project, as applicable; or (c) KHC has omitted one or more of the steps set forth at subparts E of 24 CFR Part 58 for the preparation, publication and completion of an Environmental Assessment; or (d) KHC has omitted one or more of the steps set forth at subparts F and G of 24 CFR Part 58 for the conduct, preparation, publication and completion of an Environmental Impact Statement, if applicable; or (e) KHC has committed funds or incurred costs not authorized by 24 CFR Part 58 before release of funds and approval of the environmental certification by HUD; or (f) A Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality.

Objections must be prepared and submitted in accordance with the required procedure (24 CFR Part 58) and may be addressed to: Mr. Ben Cook, Director, Office of Community Planning & Development, U.S. Department of Housing & Urban Development, P.O. Box 1044, Louisville, KY 40201-1044. Objections to the release of funds on bases other than those stated above will not be considered by HUD. No objection received after September 6, 2002, will be considered by HUD.



Floyd County Times employee's enjoy a weekend break at El Azul Grande Mexican Resturant in Prestonsburg.

CEOs meet for roundtable discussion

A group of CEOs from banking, manufacturing, engineering, health care, education and the chambers of commerce were brought together recently to identify training opportunities and to discuss issues that affect the business climate within the region.

David Pelphrey, director of economic and workforce development for the Big Sandy Community and Technical College District, began the organization of this roundtable discussion after a suggestion from a North Carolina Small Business Technical Development Center consultant that the Center of Economic Innovation had previously worked with.

"It was similar to a program that they had there to work toward improving the business climate in rural areas as well as improving the area labor force," said Pelphrey.

from a survey that was conducted in the spring of 2001 at the Prestonsburg Campus was given for review. The survey revealed that while a large majority of the respondents provide training, most of the training that they provide is either internal, or from outside sources.

It was also revealed that over 94 percent of the businesses and industries surveyed believe that workplace skills will be required to change, in the next five years due to technology.

Some of the issues and concerns that were discussed were work ethics, entry-level skills, manufacturing skills standards, employability certification, responsiveness of training providing institutions and cooperation of local government, as well as providing affordable utilities. Also included in the discussion was the need to build customer service skills and the importance of tourism to the local community.

"The purpose of the CEO roundtable is to provide a means for executives to network, to share information about problems and issues they face, and to discover best practices that have worked in solving these issues," said Dr. George D. Edwards President and CEO of the Big Sandy Community and Technical District. "I have been involved in CEO Roundtables in the past and felt that it was an excellent time to begin such sessions in Eastern Kentucky."

"Our first session was very

successful and it was the consensus of the group to continue to meet on a regular basis as well as to broaden the membership by focusing on business and education leaders in our region. We are very pleased with the initial success and we are proud to lead this effort for the leaders of our area."

The first meeting of the CEO roundtable proved to be very successful and Pelphrey anticipates that the CEO roundtable will expand and maintain its regional character.

Deputy

Continued from p1

beat Amos Darvin Blackburn during the traffic stop.

Hackworth is charged with permitting the assault on Blackburn to happen and is also charged with making false statements about the alleged incident to Federal Bureau

of Investigation Agent Jerry Garner on Oct. 5, during the course of the investigation.

If convicted, both officers could face a maximum of 10 years imprisonment and a fine of up to \$250,000.

Tourism

Continued from p1

be called the producers of the reenactment. Fitzpatrick announced that he had applied for a flex grant for the foundation, and even though the money was not a great amount, it would open the door to others.

Prestonsburg will have its first visit from the Kentucky Heritage Council on Oct. 25, which will hold its quarterly meeting at the Samuel May House. It is expected that the council will stay for the daytime activities of the reenactment and dedication ceremonies, as well as nightly entertainment of the Oak Ridge Boys on Friday, and the Mountain Arts Center's Halloween party on Saturday.

Fitzpatrick said that the weekend's activities are expected to bring in at least 2,000 visitors and thanked the tourism commission for its part in making the event possible. He said the MAC had offered its facilities as a shelter in the event that Mother Nature brings rain.

The Jenny Wiley Pioneer Festival is scheduled for October also. The coordinators have not contacted the commission for funds, but Carmalee Cramer, executive director, said she expects them to.

Mark McLemore, chairman of the board, was excited about the fact that the Kentucky Tourism Council met in Prestonsburg on August 6 and 7. He said that the tourism talk would help to "migrate folks into the area".

"We hit a home run," said McLemore.

McLemore said it is the human resources the area has that attract tourists. He said it was the local population's friendly manner that makes the region unique.

The commission was excited about the publicity that had been generated as a result of media tours

sponsored by South Eastern Kentucky Tourism Development Association. McLemore said that there were approximately 150 media writers who had mentioned Prestonsburg in their articles. He stated that the articles were in reference to fishing, boating and cultural heritage, to name a few.

Articles that contain information about the area have been published in the Bloomington, Ind., Hoosier Times, the Chicago Tribune and Boating World.

Other activities the commission discussed were a possible Christmas light display, which would be tailored to attract out-of-town visitors, attracting the annual meeting of Kentucky Farm Bureau for 2004, which would bring approximately 800 people, publishing a calendar of events in The Floyd County Times, and broadcasting a program featuring Floyd County in conjunction with the Floyd County Chamber of Commerce.

Dead

Continued from p7

Naval Station in northern Puerto Rico to the Borinquen Air Station on the west coast.

Among victims identified Friday were Maj. Gregory W. Fritz, navigator, Maj. Michael J. Akos, aircraft commander, Capt. Christel A. Chavez, the co-pilot and Staff Sgt. Robert J. McGuire Jr., the loadmaster, who all were with the 16th Special Operations Wing. Also identified were Staff Sgt. Shane H. Kimmet, a support operator from the Air Intelligence Agency, and Staff Sgt. Martin Tracy, a special tactics operator with the Kentucky Air National Guard.

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95 Ford Contour	\$2,795.00*
95 GMC Jimmy 4x4	\$7,995.00*
97 Chevy Blazer 4x4	\$8,995.00*
96 Dodge Ram 1500 (Lift Kit, Huge wheels & Tires)	\$11,995.00*
96 Dodge Diesel 4x4, 2500 Series (LOADED)	\$16,995.00*
96 Lincoln Town Car	\$8,995.00*
97 Buick LeSabre (Leather, Great Miles)	\$8,995.00*
97 Toyota Camry	\$7,995.00*
98 Chevy Malibu (LS, V6)	\$6,995.00*
98 Chevy S-10 Mark VI Package	\$6,895.00*
99 Chevy Monte Carlo	\$9,995.00*
99 Dodge Stratus	\$5,795.00*
00 Chevy Cavalier	\$4,995.00*
00 Pontiac Sunfire	\$7,995.00*
00 Chevy Blazer 4x4	\$15,395.00*
01 Cavaliers (4 To Choose From) as low as	\$8,995.00*
01 Dodge Neons as low as	\$8,995.00*
01 Pontiac Grand Am as low as	\$10,995.00*
02 Dodge Ram 4x4 Quad Cab	\$26,895.00*
02 Chevy Monte Carlo SS	\$19,995.00*
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02 Chevy Silverado E-Cab	\$21,495.00*
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NFL Football
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TIMES Email: sports@floydcountytimes.com

PRE-SEASON GOALS:

P'burg defense eyes district, region titles

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Take away Tony White. Take away Kevin Younce. Take away Chris Spriggs. Take away Andrew Howell. The Prestonsburg High foot-

ball team lost some solid defensive players to graduation, but will again return a solid unit for this fall's campaign.

Nick Clay, a player who was expected to fill in at a defensive end position, following a good season of play last fall, does not

return for his senior season. However, this year's Prestonsburg defense will have its share of capable football players. Very capable. Some even underclass and very capable.

Senior Rudy Pennington returns along the defensive line for

the Blackcats, after posting some impressive numbers last season. Matt Setser and John Hunt return for their senior seasons, as experienced starters, as well. Junior Nicholas Jamerson

(See TITLES, page three)



photo courtesy of BluegrassPreps.com

Rudy Pennington (79), pictured making a tackle in last year's Class 2A State Finals, returns for the Prestonsburg High School defense.

College

PC football meets media today

TIMES STAFF REPORT

PIKEVILLE — Pikeville College will have its football media day today.

All players, coaches and administrators will be on hand beginning at 2 p.m. to meet the media. Players and coaches will be available for individual and group pictures and interviews at that time.

"The media is our link between the program and our fans, and we want to foster a good relationship with it," said Zak Willis, who will begin his first year as a varsity head coach this season. "We want to invite all members of the local, statewide and regional media to come out and take advantage of this opportunity to meet our players and staff."

From last year's team, less

(See PC, page three)

STATE GAMES SOCCER 2002



The Warriors went on the defensive in State Games action. The fall soccer season will begin in September.

courtesy photo

FYI

Soccer registration for the fall season was scheduled to be held Saturday at McDonald's in Prestonsburg, 10 a.m. - 2 p.m. Game dates will be on Saturdays, Sept. 7 - Nov. 9. Anyone interested in referee opportunities should contact Maggie Banks, 606/874-2449.

WARRIORS HELP SET NEW STANDARD FOR AREA SOCCER

TIMES STAFF REPORT

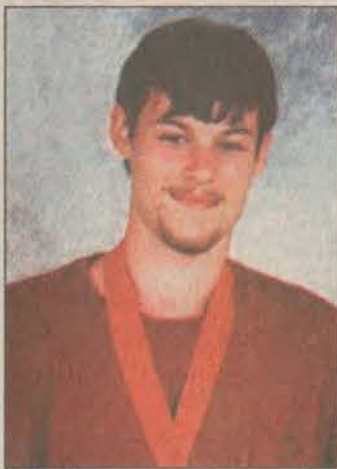
The Floyd County U12 Warriors came home with a silver medal from the recent 2002 Bluegrass State games. The Warriors, coached by Danny Greene, opened play with a 4-2 win over the Kenton County Green Knights. Zach Hughes, Luke Greene (2 goals) and Taylor Clark all scored for the Warriors. An all-girls team from the area — the Highlanders — also captured silver. The Warriors defeated their second

opponent, the Boone County Sharpshooters, through the great defensive efforts of Jackson Osborne, Nick Banks, Josh Holbrook, Rob Allen, Christian Smith, Jarred Murray, Justin Riley and goalie J.P. Collins. The Warriors built a 3-0 lead in the first half of play with Seth Setser, Taylor Clark, Brittany Collins and Luke Greene each scoring a goal in the 4-2 victory.

The two decisive wins earned the Warriors the right to play in the gold medal game against the Winchester Rapids. The

Warriors held a 1-0 lead on the strength of a goal from Taylor Clark, until two minutes remained in the second half, forcing a sudden death overtime. The Warriors fought hard but the Rapids scored first in the sudden death overtime to win the game and the gold medal. Heartbroken and extremely fatigued from the intense heat, the Warriors brought home the silver medal. Every player stepped up their level of play during the games and goalie P.J. Collins, nursing a leg injury, was an inspirational leader.

Track



courtesy photo

Prestonsburg High School track athlete Jeff Jones, Auxier, won a silver medal in the recent Bluegrass State Games. Jones is a member of the Prestonsburg High track and field team.



courtesy photo

Brad Bond, a freshman to-be at Prestonsburg High School, won one silver medal and one gold medal in July in the Bluegrass State Games in Lexington.

Outdoors

Stocking more bass doesn't help poor summer fishing

SPECIAL TO THE TIMES

Daytime bass fishing on Kentucky lakes grinds to a sweltering, screeching halt during the dog days of

(See FISHING, page three)

WILDCAT BASKETBALL

UK announces 2002-03 Basketball Schedule

by STEVE LeMASTER
SPORTS EDITOR

LEXINGTON — The University of Kentucky men's basketball program unveiled its 2002-03 schedule through ukathletics.com on Friday, Aug. 9 at noon ET. Fans got their first look at the schedule for UK's 100th year of basketball.

The upcoming slate features a tough conference schedule. In the preseason,

(See UK, page four)

IN COMPETITION

Games yield 6 medals for Rice

TIMES STAFF REPORT

LEXINGTON — Despite some very high temperatures, at least 15,426 amateur athletes from 100 Kentucky counties beat the heat to compete in the 18th annual Bluegrass State Summer Games, according to figures released on Friday, Aug. 2.

They won 4,098 gold, silver or bronze medals. And

one of them, Sandy Padgett, a swimmer from Kenton County, came away with 12 medals — the highest number of any athletes in this year's Summer Games.

This was Padgett's second year as a leading medal winner. In the 2001 Games, she also received 12 medals, tying with another athlete for number of medals won.

(See RICE, page three)



courtesy photo

Hager Hill youth Thomas Rice captured half-a-dozen medals in the Bluegrass State Summer Games.

Briefs

BASEBALL

ORLANDO, Fla. — Ted Williams' estate withdrew its request for a court to help resolve the dispute over his body, a victory for two children of the baseball great who want to keep it frozen.

The estate's executor, Al Cassidy, said in court papers he's convinced the Hall of Famer would be cryonically frozen and that a judge's guidance was no longer necessary.

Williams' youngest children, John Henry and Claudia Williams, say they and their father signed a handwritten pact in November 2000 agreeing their bodies would be frozen.

NEW YORK — Players and owners agreed to a \$100,000 increase in baseball's minimum salary, making more progress on minor issues as labor negotiations head into a key weekend.

They set the minimum at \$300,000 starting next year, and agreed to increases in the benefits plan that allow most 10-year veterans who played after 1970 to earn pensions of about \$160,000 annually, the federal maximum. Also, they agreed to shorten the period for teams to fund deferred salaries.

SEATTLE — The AL West-leading Seattle Mariners acquired infielder Jose Offerman from the Boston Red Sox.

SAN FRANCISCO — The San Francisco Giants claimed left-handed reliever Scott Eyre off waivers from Toronto.

OLYMPICS

VENICE, Italy — The man accused of trying to fix Olympic figure skating told ice dancing champion Marina Anissina her event could be banned from the games because of "the mess," Italian police said.

According to police wiretap transcripts, reputed Russian mobster Alimzhan Tokhtakhonov told Anissina, who won the gold medal with partner Gwendal Peizerat, that she could be "the last champion."

GOLF

GRAND BLANC, Mich. — Tiger Woods, in his first tournament since his Grand Slam chances ended at the British Open, shot a 5-under 67 to fall two strokes behind first-round leader Kent Jones in the Buick Open.

Mark Brooks and K.J. Choi had 66s on the Warwick Hills course.

TURNBERRY, Scotland — Rookie Candie Kung of Taiwan shot a 7-under 65 in perfect conditions to take a one-stroke lead over Karrie Webb after the Women's British Open first round.

Kung, celebrating her 21st birthday, birdied four of the last five holes in a bogey-free round on the Turnberry links.

Webb, seeking her third victory in the event, opened with a 66, and defending champion Se Ri Pak was two strokes back along with three others.

NEWPORT, Wales — South Africa's James Kingston and Australia's Richard Green shot 7-under 65s to share the first-round lead in the Wales Open.

AUTO RACING

ATLANTA — Tony Stewart, who said NASCAR's \$10,000 fine and season-long probation over his most recent outburst was too light, was hit even harder by his own team sponsor.

The Winston Cup star, who punched a photographer following last Sunday's Brickyard 400, was fined \$50,000 and placed on team probation for the remainder of the

2002 season by The Home Depot, the sponsor of his No. 14 Joe Gibbs Racing Pontiac.

DAYTONA BEACH, Fla. — NASCAR said that the front air dams on Pontiac and Chevrolet Winston Cup cars will be increased for the Aug. 18 race at Michigan International Speedway.

TENNIS

MANHATTAN BEACH, Calif. — Serena Williams dismantled No. 15 Nathalie Dechy 6-2, 6-1 for her 21st consecutive victory in the JPMorgan Chase Open.

Second-seeded Jennifer Capriati struggled before getting by No. 16 Tamarine Tanasugarn, No. 3 Lindsay Davenport beat 13th-seeded Tatiana Panova, and No. 4 Jelena Dokic won when Janette Husarova retired because of a lower back injury.

Two seeds were upset in the third round. No. 8 Daja Bedanova lost to 12th-seeded Chanda Rubin, and No. 10 Anne Kremer was beaten by Eleri Danilidou.

MASON, Ohio — Andy Roddick beat Wayne Ferreira 6-3, 6-2 to advance to the Cincinnati Masters Series quarterfinals.

A resurgent Andre Agassi also advanced with a victory over Thomas Enqvist. He will face top-seeded Lleyton Hewitt, who beat 35th-ranked Jarkko Nieminen.

ESPOO, Finland — Denisa Chladkova upset top-seeded Silvia Farina Elia 7-5, 7-6 (3) in the Nordic Light Open second round, and fourth-seeded Arantxa Sanchez-Vicario lost to Petra Mandula.

BASKETBALL

NEW YORK — In a case with financial implications for NBA free agency, an arbitration hearing commenced over the league's plans for redistributing money collected from the so-called luxury and escrow taxes.

The players' union claims the league is circumventing the collective bargaining agreement by creating an extra penalty for the teams with highest payrolls.

PHOENIX — With a mixture of sadness over an uncle's death and elation over his professional future, Shawn Marion signed a six-year, \$79 million contract extension with the Phoenix Suns.

ORLANDO, Fla. — About 100 gay rights protesters picketed before the Orlando Miracle's game after a top executive of the WNBA team sent a letter to the City Council opposing a proposed ordinance that would ban discrimination against homosexuals.

Pat Williams, senior vice president of RDV Sports, the parent company of the Miracle and the NBA's Magic, sent a form letter to Orlando council members last month urging them to establish "objective standards" before passing the ordinance.

GYMNASTICS

CLEVELAND — Defending national champion Tasha Schwikert cruised through the preliminaries at the U.S. Gymnastics Championships, taking the lead and a big step toward her second title.

Schwikert finished with 37.650 points, 0.375 ahead of Tabitha Yim. The all-around final is Saturday night.

FOOTBALL

SAN ANTONIO — B.J. "Red" McCombs is selling more than half of his stake in Clear Channel Communications Inc., the media company he helped found, to repay more than \$200 million used to buy the Minnesota Vikings.

SPORTSBOARD

National Football League Preseason Standings

AMERICAN CONFERENCE

East	W	L	T	Pct	PF	PA
N.Y. Jets	1	0	0	1.000	16	6
Buffalo	0	0	0	.000	0	0
Miami	0	0	0	.000	0	0
New England	0	0	0	.000	0	0

South	W	L	T	Pct	PF	PA
Indianapolis	0	0	0	.000	0	0
Jacksonville	0	0	0	.000	0	0
Tennessee	0	0	0	.000	0	0
Houston	0	1	0	.000	17	34

North	W	L	T	Pct	PF	PA
Baltimore	0	0	0	.000	0	0
Cincinnati	0	0	0	.000	0	0
Cleveland	0	0	0	.000	0	0
Pittsburgh	0	1	0	.000	6	16

West	W	L	T	Pct	PF	PA
Denver	0	0	0	.000	0	0
Kansas City	0	0	0	.000	0	0
Oakland	0	0	0	.000	0	0
San Diego	0	0	0	.000	0	0

NATIONAL CONFERENCE

East	W	L	T	Pct	PF	PA
N.Y. Giants	1	0	0	1.000	34	17
Washington	1	0	0	1.000	38	7
Dallas	0	0	0	.000	0	0
Philadelphia	0	0	0	.000	0	0

South	W	L	T	Pct	PF	PA
Atlanta	0	0	0	.000	0	0
Carolina	0	0	0	.000	0	0
New Orleans	0	0	0	.000	0	0
Tampa Bay	0	0	0	.000	0	0

North	W	L	T	Pct	PF	PA
Chicago	0	0	0	.000	0	0
Detroit	0	0	0	.000	0	0
Green Bay	0	0	0	.000	0	0
Minnesota	0	0	0	.000	0	0

West	W	L	T	Pct	PF	PA
Arizona	0	0	0	.000	0	0
St. Louis	0	0	0	.000	0	0
Seattle	0	0	0	.000	0	0
San Francisco	0	1	0	.000	7	38

GAMES ON TAP

Saturday's Game	Saturday's Games
Washington 38, San Francisco 7	Green Bay at Philadelphia, 7:30 p.m.
Monday's Game	Cleveland at Minnesota, 8 p.m.
New York Giants 34, Houston 17	Denver at Chicago at Champaign, Ill., 8 p.m.
Thursday's Game	Houston at New Orleans, 8 p.m.
New York Jets 16, Pittsburgh 6	New England at New York Giants, 8 p.m.
Friday's Games	St. Louis at Tennessee, 8 p.m.
Cincinnati at Buffalo, 7:30 p.m.	Washington at Carolina, 8 p.m.
Jacksonville at Atlanta, 7:30 p.m.	Kansas City at San Francisco, 9 p.m.
Detroit at Baltimore, 8 p.m.	Indianapolis at Seattle, 10 p.m.
Oakland at Dallas, 9 p.m.	

recruiting likely wouldn't take place until the current BCS contract runs out after the 2005 season. Still, it's never too early to cast an eye toward tomorrow.

Big Ten Commissioner Jim Delany favors expansion, but he believes an extensive study is needed to understand factors such as the TV market and the academic reputation and athletic status of a prospective 12th member.

"I don't want to do it just so we can have a championship game, two divisions in football or so we can save a couple dollars on regional travel," he says. "I'd want to add the type of value that Penn State did (when it joined in 1993)."

Fair enough, but this, like nearly every other issue in college football, boils down to money. The budget cuts many public schools have undergone in recent years have the brass at those schools looking for ways to grab more income.

The two-division setup, in which a conference championship game is played at the end of the regular season, would be a great way to pump money into the coffers of each Big 10 school. That's how it's done in the Big 12, SEC and Mid-American conferences. Think of the interest and excitement that would be generated by a Big Ten title game, which could be played at the Metrodome, RCA Dome or Ford Field.

"I'm surprised we haven't moved faster in that direction," says Minnesota Coach Glen Mason, "because of lost revenue."

How far will schools go to increase revenue? The need to cover a projected budget shortfall is the reason Wisconsin is playing a 13th game this season, Aug. 23 at home against Fresno State in the John Thompson Foundation Classic.

"The state took away \$700,000 (from the athletic budget), so our chancellor asked us if we'd play the game," says Badgers Coach Barry Alvarez. "I asked the players, and they agreed."

Some believe a title game would compromise the integrity of the Big 10's regular season or, worse, damage a team's quest for the national championship by forcing it to play a game that really isn't necessary.

But instead of focusing on the potential pitfalls, it's better to note that the six-team, two-division format would keep more teams in the conference race deeper into the season. A title game would provide hope to the underdog in the game to pull an upset and claim a prestigious bowl slot, as Colorado and LSU did last season. The Buffaloes knocked off Nebraska in the Big 12 title game and advanced to the Fiesta Bowl, and LSU overcame Tennessee for the SEC title and a Sugar Bowl berth.

A two-division format also would help eliminate ties for the conference title. The Big Ten championship race has finished in a tie five times since 1990—there were three-way ties in 1990, '98 and 2000 and a two-way deadlock in '93 and '96.

"Our conference, in terms of football, has

had too many ties for the championship, and that creates the perception that your league isn't very strong," says Michigan Coach Lloyd Carr. "I think we need a 12th team, and we need it badly."

Although conference presidents will have the greatest say in whether the league expands, most Big Ten coaches, such as Carr, favor the idea.

"Eleven is not a good number," says Penn State Coach Joe Paterno. "In a couple years, we're not going to play Michigan, and that's not going to go over too well with our fans."

The perplexing question is deciding which school to add. The Big Ten extended an invitation to Notre Dame, but the Irish rebuffed it in 1999 after the school and league discussed the matter for six months. Notre Dame's big TV deal with NBC, coupled with its long-standing independent status, which allows it to be flexible in scheduling and to keep all bowl proceeds, played big roles in the decision.

With Notre Dame out of the picture, possibilities for a 12th team might include Pittsburgh, Louisville, Missouri, Syracuse, Rutgers and Iowa State, among others. The most logical seems to be Pittsburgh, which has made significant investments in its facilities in recent years and is a program on the rise. The Panthers would provide Penn State with the natural rival the Nittany Lions lack in the Big Ten. Believe me, no one is buying that forced Penn State-Michigan State rivalry.

The presence of divisions automatically would create new rivalries among old competitors. Whatever the divisional alignment, some rivalries likely will be compromised for the sake of maintaining geographic integrity. But nothing should stand in the way of progress, which is what an expanded Big Ten would be.

Auto racing

Tommy Baldwin Racing inks sponsorship deal

SPECIAL TO THE TIMES

CONCORD, N.C. — On the heels of announcing a three-race agreement with Pepsi and Wally Dallenbach just a week ago, Tommy Baldwin Racing and West Virginia "Wild and Wonderful" have reached a sponsorship agreement.

TOMMY BALDWIN West Virginia will be the primary sponsor of the TBR NASCAR Busch Series No. 6 entry in the Funai 250 at Richmond International Raceway on Sept. 7.

The program also involves an associate sponsorship with Pepsi at the upcoming NASCAR Busch Series "Cabela's 250" at Michigan International Speedway (Aug. 17). "The Little Trees 300" at Lowe's Motor Speedway (Oct. 12) and "The Bashas'

Supermarkets 200" at Phoenix International Speedway (Nov. 9).

The West Virginia sponsorship program will use the TBR team to build awareness among NASCAR fans about the state's vast amount of tourism attractions.

"This is exactly what (W.Va.) Governor Wise had in mind when he created the Motorsports Council," said Eric Denmark, the executive director of the West Virginia Motorsports Council. "He realizes the tremendous potential that the popularity of motorsports has for increasing both tourism and economic development in West Virginia."

The Richmond event marks the 2002 NASCAR Busch Series debut of ARCA Series-regular Damon Lusk, who is leaving that series to move to the next level of his career. Lusk has recorded wins at Pocono and Atlanta, charted 10 top-10 finishes and led the most laps in 10 races at this year's ARCA events.

"We are excited to be fortunate enough to be able to work with the folks in West Virginia," said co-owner and crew chief Tommy Baldwin. "West Virginia is rich with loyal NASCAR fans. The state has a tremendous amount of tourist attractions that offer a wide variety of excitement and fun."

"We want to let the fans know that, Eddie (D'Hondt) and I have worked very hard at building this team to move full time in 2003, so it's nice to see some sponsorship progress."

"We've kept a close eye on the development of Damon for a while now," continued Baldwin, who also serves as crew chief on the No. 22 Dodge in the NASCAR Winston Cup Series. "We like what he brings to the table and we look forward to developing his talents."

"We'll put him in good cars and surround him with good people. We feel he has a very bright future in this sport."

Basketball

Women's National Basketball Association Standings

EASTERN CONFERENCE				
	W	L	Pct	GB
x-New York	17	12	.586	—
x-Washington	16	13	.552	1
Charlotte	15	14	.517	2
Indiana	14	15	.483	3
Orlando	14	16	.467	3 1/2
Miami	13	16	.448	4
Cleveland	10	19	.345	7
Detroit	8	21	.276	9

WESTERN CONFERENCE				
	W	L	Pct	GB
x-Houston	23	7	.767	—
x-Los Angeles	22	7	.759	1/2
x-Utah	19	10	.655	3 1/2
Portland	16	14	.533	7
Seattle	15	14	.517	7 1/2
Sacramento	12	17	.414	10 1/2
Minnesota	10	19	.345	12 1/2
Phoenix	10	20	.333	13

Thursday's Games
Sacramento 82, Orlando 72
Washington 65, New York 54
Houston 67, Los Angeles 64

Friday's Games
New York at Washington, 7 p.m.
Indiana at Detroit, 7:30 p.m.
Charlotte at Minnesota, 8 p.m.
Cleveland at Miami, 8 p.m.
Los Angeles at Utah, 9 p.m.
Portland at Seattle, 10 p.m.

Saturday's Game
Sacramento at Houston, 4 p.m.

Today's Games
Detroit at Orlando, 4 p.m.
Charlotte at New York, 4 p.m.
Los Angeles at Minnesota, 6 p.m.
Washington at Cleveland, 7 p.m.
Miami at Indiana, 8 p.m.
Utah at Seattle, 9 p.m.
Phoenix at Portland, 10 p.m.

Golf

Taking the heat out of the tee box

By THOMAS BONK
LOS ANGELES TIMES

It's official. Hot drivers are cold, waxy cold, so cold that frost is forming on them.

The upshot of this week's decision by the USGA and the Royal and Ancient to reverse their field and scale back on the standards of what they consider legal golf clubs is this: The major club manufacturers are angry, anyone who bought what they thought was a legal club is going to be angry and everyone else is weary about the whole thing.

In essence, the issue of what constitutes a legal golf club is back to square one, exactly where it was in June 1998 at the U.S. Open when the USGA introduced its plan to limit the so-called springlike, or trampolined effect of thin-faced, technologically advanced drivers.

The R&A never had any limits, so at the very least, there is agreement between golf's two rule-setting bodies. That must be good. There are just a lot of problems in the aftermath.

The facts: The coefficient of restitution, or COR, the measurement of the amount of force with which the ball comes off the club, is officially .830, beginning in 2003. On May 9, a proposal by the USGA and R&A established a higher, .860 limit, for nonskilled players until 2008, but that idea is gone now.

So that means anyone who purchased a "hot" driver can't use it now, at least if you want to play in a club event or post a handicap or play under USGA rules.

Callaway has a program to take the ERC II driver back and substitute a conforming driver. Plus, the company hedged its bets, anticipated something like this happening and has a conforming club ready to go—the Great Big Bertha II, which is making its debut this week at the PGA Buick Classic.

Meanwhile, TaylorMade, the other heavyweight clobbered by the USGA, is trying to assess the damage, which is considerable. The "hot" R500 driver is now toast. All the money TaylorMade spent in research and development and advertising is similarly toast.

Assuming that the .860 COR would stand, TaylorMade aggressively shipped the R500 clubs to retailers, who sold thousands. All those clubs are probably going to be returned by golfers wanting their money back—and a new club that conforms. It's shaping up as a huge financial challenge for TaylorMade, which still hasn't commented on the USGA-R&A move or how it will react.

As for Nike Golf and Acushnet, which makes Titleist, they had no problem with the USGA's new rules, and for good reason.

Neither manufactures a nonconforming driver.

In the meantime, the world of golf had better start getting used to the new law in town. No one argues that a worldwide standard is a good thing, but how high or low to set the bar is quite a different story. The USGA insists it needed to step in before technology got out of hand.

However, critics say the USGA's intentions are based more on instinct and feeling instead of numbers, because scores haven't changed much in recent years although driving distance is up. But you could blame that on the ball. Can't you just see the fight over that one?

One manufacturer who doesn't give a darn about the COR limits is Next Technology Golf, which has a magnetic assembly inside the club head of its 360-cubic-centimeter driver and conforms to the USGA guidelines.

Tiger Woods received a liberal dose of criticism in the media and prompted Martha Burk of the National Council of Women's Organizations, which is assailing Augusta National about not having women members, to single him out for being wishy-washy.

All of that happened when Woods failed to take a stand on the issue in some remarks he made at the British Open.

This week, Woods clarified what he said and now says he believes that women ought to be members at Augusta National, but he thinks his opinion doesn't carry much weight.

"Everyone has to understand that Augusta isn't quick to change things," Woods said on his Web site, www.tigerwoods.com. "No matter what I or the press say, they do things at their own pace, such as allowing the first black golfer to play or join the club, and won't buckle to outside pressure."

"Would I like to see women members? Yes, that would be great, but I am only one voice."

"I'm not even a regular member, I'm an honorary member, and it's going to take a lot more than me, a women's group or the media for Augusta to change its policy."

Rudd's impending departure leaves No. 28 in limbo

by JENNA FRYER
ASSOCIATED PRESS

The Ricky Rudd saga is filled with more twists and turns than a soap opera. There have been lies, betrayal, possible collusion and maybe even a fistfight.

When Rudd announces what he's doing next season — effec-

tively ending his three-year term at Robert Yates Racing — the drama won't be over.

The official breakup of the team that took the famed No. 28 Ford back into the winners circle will raise many more questions.

Should the team keep giving 100 percent for Rudd or focus

on the future they'll have with a new driver?

Should Rudd keep driving his heart out for this group when he's either headed to retirement or another team?

Can the team push all of it aside and compete for the championship this season?

Few have the same answer on the first two questions, but Rudd and crew chief Michael "Fatback" McSwain are in almost total agreement on the third.

"Five races ago, I would have said 'Without a doubt we could have won the championship this year,'" Rudd said. "Now, I don't think so. Performance is just off."

Just like that, a season so full of promise for a team that came so close to greatness is in shambles. How it happened might never be disclosed. No one has the same version of the events that have brought the No. 28 to this point.

This much is clear: Rudd, in his 26th season of racing, wasn't sure if he wanted to retire when his contract expired at the end of this season.

He was the closest challenger to winner Jeff Gordon in the race for the Winston Cup championship last season, running second in the chase for a long stretch of races before fading to fourth.

And he did all his bumping and banging with an aching back that required offseason surgery.

Not knowing how his back would hold up, he and Yates never talked about extending his contract. Instead, Rudd said he would decide sometime this season how much longer he wanted to drive.

This is where things get confusing.

Rudd said he promised to make up his mind by July 15th. But he claims that Yates, with an opportunity to sign Elliott Sadler to a long-term contract, got tired of waiting or never wanted Rudd back, so he began planning a future without him.

Yates insists he has no deal with the 27-year-old Sadler. And

had a victory party while Rudd was on vacation. A fight broke out between them in the hauler hours before the Pepsi 400 on July 6.

Either way, the situation is ugly and there's still 15 races left for a team that's capable of winning races and possibly still in the championship hunt.

Rudd went into Watkins Glen, N.Y., this weekend trailing points leader Sterling Marlin by 232 points.

"I don't like our chances," Rudd said. "Is it because we're in a lame-duck situation? I don't think these guys have let down 1 ounce. And I'm still on the wheel."

"I want to walk away at the end of the season and say I gave everything I've got to win a championship. That's my make-up. But I'm at the mercy of, Do they want to go after it?"

(See RUDD, page four)

COLLEGE FOOTBALL

Herd rookies show promise, veterans report in good shape

TIMES STAFF REPORT

HUNTINGTON, W.Va. — First-year football players at Marshall, including Lawrence County High School graduate Michael West, completed their second day of practice on Wednesday afternoon after four sessions with the Thundering Herd coaching staff.

The newcomers were joined

in camp by the Herd veterans in the afternoon. The entire group were together Friday afternoon for media day at Marshall Stadium and will begin full squad two-a-day practices Saturday morning.

"I am very pleased with the progress of our group of incoming freshmen and newcomers," Herd head coach Bob Pruett said. "I think we have more speed than ever before and have a chance to have the best class we have had since I have been here."

A total of 67 of 69 returning players reported to camp on time Thursday. Two others were there by Friday morning.

Prestonsburg's Nathan Leslie and Sheldon Clark's Joey Stepp are two veterans for the Herd.

"We had two guys who are

(See HERD, page four)

PC

Continued from p1

than 30 players return for Willis and his staff. A lot of new faces will appear on the sidelines for the Bears this fall.

Pikeville College opens its first varsity season August 31, playing host to Bethel (Tenn.) College. Opening kickoff is slated for 1:30 p.m.

Set

Continued from p1

ence, the Bears managed to post a 17-14 record after getting off to such a quick, successful start.

Pikeville College head coach Randy McCoy is back to guide the Bears. Mid-South Conference play is tough, and with national power Georgetown and Co. standing tall, the Bears will again face a tough test almost every night out.

The Bears will begin the 2002-03 season on Wednesday, Nov. 6 when they host region counterpart Alice Lloyd. Two home games with Miami University-Hamilton will then follow after the opener against Alice Lloyd.

The complete upcoming season's schedule follows.

2002-2003 SCHEDULE

Date	Opponent
NOVEMBER	
Nov. 6	Alice Lloyd
Nov. 9	Miami University-Hamilton
Nov. 10	Miami University-Hamilton
Nov. 14	at World Harvest Classic
16	(Columbus, Ohio)
Nov. 19	Spalding University
Nov. 23	at Martin Methodist College
Nov. 25	U.Va.-Wise
Nov. 29	Ohio Southern
DECEMBER	
Dec. 3	Mountain State University
Dec. 6	at Georgetown Classic
7	(Pikeville, Georgetown, Barber-Scotia, Freed-Hardeman, Spalding)
Dec. 14	at Spalding University
JANUARY	
Jan. 6	at Miami University-Hamilton
Jan. 7	at Cincinnati Bible College
Jan. 13	at Mountain State University
Jan. 17	at World Harvest College
Jan. 20	Martin Methodist College
Jan. 25	World Harvest College
Jan. 30	Lambuth University
FEBRUARY	
Feb. 1	at Campbellsville University
Feb. 6	Lindsey Wilson College
Feb. 8	at Georgetown College
Feb. 15	at Cumberland College
Feb. 20	Campbellsville University
Feb. 22	at Lambuth University
Feb. 27	Georgetown College
MARCH	
Mar. 1	at Lindsey Wilson
Mar. 8	Cumberland College

Titles

Continued from p1

also returns. And Mikeal Fannin, a 1,000-yard rusher from a year ago, who also lent his services to his team's defensive unit.

Tommy Nelson brings experience to a defensive end position for Coach John DeRossett's team. Some young talent, including sophomore Jeremy Carr, also figure in to the defending Class 2A state runner-up's plans. Sophomore Chad Allen is also expected to see his share of playing time. P'burg coaches are very high on the second-year high school grid player. Sophomores Trevor Compton and Michael Morrison

are also varsity defense ready.

Senior center Andrew Burchett, a player who started his first high school football game as a freshman, also figures to see a big amount of defensive playing time this season.

Pre-season scrimmages will allow Prestonsburg coaches and players to see exactly where they stand. Prestonsburg is scheduled to host Sheldon Clark on Saturday.

The first regular-season test for the P'burg defense is a Recreation Bowl date with Lawrence County. Now, how's that for an early test?

Fishing

August. The surface water temperatures are the highest of the year and dissolved oxygen levels in the water are low from the lack of rain. Bass suspend away from the shore and sulk.

Bass fishing during the dog days is often a day of sweating and frustration. When the bass seem to disappear, many anglers feel more bass should be stocked to compensate.

"It is harder to catch fish in August than in April," said Ted Crowell, assistant director of fisheries for the Kentucky Department of Fish and Wildlife Resources (KDFWR) and an expert bass angler. "The fish don't disappear and come back next April. They change their patterns. They move out to deep water offshore. You must find the ledges and channels in 15 to 25 feet of water."

The desire to stock when fishing slows seems to run highest in those who pursue bass. "We hardly ever have anybody ask us to stock catfish during the summer because they still bite well in the heat," Crowell said. "It is usually bass anglers who request it."

Stocking more bass may seem to be a way to improve fishing, but things aren't always the way they seem. Especially when Mother Nature holds the keys. "If Mother Nature is doing her job, then it is irresponsible to spend angler's money trying to fool Mother Nature," Crowell said. "We are extremely fortunate in Kentucky to have good

natural productivity in our lakes. All of our reservoirs are self-sustaining in terms of bass and rarely does Mother Nature throw us a curve ball that she doesn't correct herself shortly. We do stocking to provide fishing for species that are not here naturally such as striped bass and trout."

Pouring more bass into a lake results in more bass dying from natural mortality, not better fishing in the future. "If you have the water quality and the habitat, the fish will be there. The lake will only support what it can support naturally," Crowell explained. "If the funnel is full, it is full. You can't make more come out of the bottom by pouring more on top."

Some still feel resource management agencies such as the KDFWR can instantly correct poor environmental conditions for fish or wildlife through stocking. "People think we have a magic wand," Crowell said. "The hand of cards is dealt to us by Mother Nature. We play the cards we are dealt. She makes the rules. There is a limit on what you can do. You cannot break her rules."

SQUIRREL SEASON OPENS SATURDAY

The fall squirrel season opens Saturday, and runs until November 8, 2002. The season closes during the first two days of modern gun deer season and re-opens on November 11. The

squirrel season closes January 31, 2003.

The daily limit is 6 squirrels. For more information, consult the 2002-2003 Kentucky Hunting and Trapping Guide available soon wherever hunting and fishing licenses are sold.

KDFWR AT KENTUCKY STATE FAIR, BLUEGRASS BUCKS AND BEARDS

The Kentucky Department of Fish and Wildlife Resources will have booths to dispense information, answer questions and sell hunting and fishing licenses at the Kentucky State Fair in Louisville and the Bluegrass Bucks and Beards Show in Lexington. The Kentucky State Fair opens Thursday and runs until August 25 at the Kentucky State Fair Grounds in Louisville. Kentucky Afield Show Host Tim Farmer will be on hand Thursday from 5-7 p.m. to chat with the public.

The Bluegrass Bucks and Beards show at Rupp Arena in Lexington opens Friday, and closes on August 18.

Rice

Locally, Thomas Rice, Hager Hill, won a total of six medals. Rice captured two golds and one bronze in shooting. He won two bronzes and one gold in swimming.

Fayette County again led in the number of medals won by its participants, racking up 938. Jefferson County came in again in second place, with 647 medals.

Other counties in order of medals won included Boone, 144 medals; Madison, 143; Pulaski, 140; Franklin, 128; Boyle, 113; Kenton, 101; Jessamine, 95; and Campbell, 95.

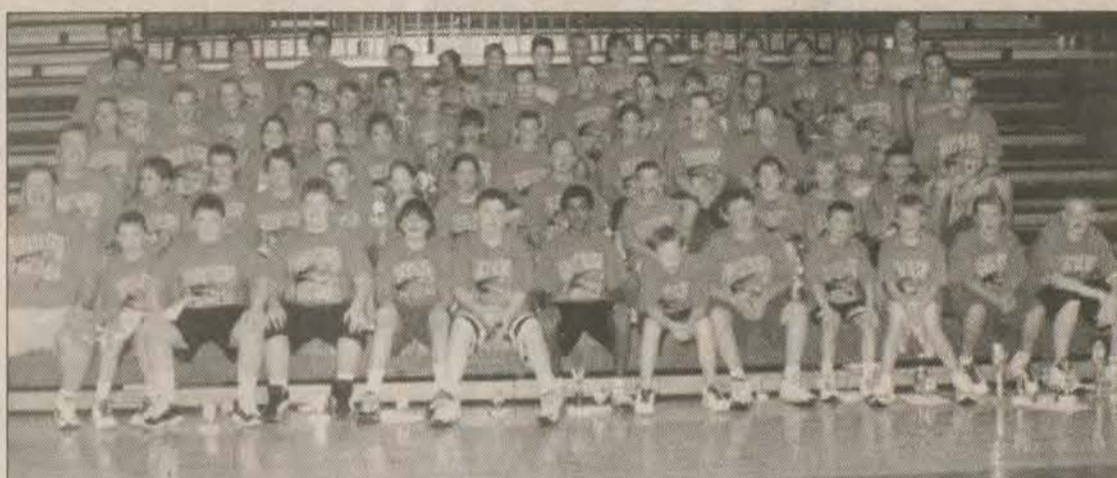
The overall results showed participants won 1,696 gold medals; 1,364 silver medals; and 1,036 bronze medals.

Most of the events of the Games were held over the last two weekends in July in Lexington, Louisville and surrounding counties. The last event, an equestrian competition, was scheduled for last weekend.

The Bluegrass State Games are designed to provide Kentuckians of all ages a chance to compete in statewide, family-oriented sports festivals styled after the Olympic Games. They are co-hosted by the Lexington-Fayette Urban County Government, the Commonwealth of Kentucky and the University of Kentucky.

Ashland Inc. and the Valvoline Company are founding sponsors of the Bluegrass State Games. Presenting sponsor is the Lexington Herald-Leader. Verizon is the platinum sponsor.

Other sponsors include Kentucky Utilities Co.; Meijer; Lexington Convention and Visitors Bureau; Bluegrass Family Health; Lexington Area Sports Authority; Marathon/Ashland Petroleum; McDonald's of Central and Southeastern Kentucky; Central Bank; Farnham Dudgeon Civic Center; Radisson Plaza Hotel; Kentucky Broadcasters Association; Kentucky Press Association; Kentucky Cable Television Association; KET- The Kentucky Network; Pepsi; DeWitt Photography; Inkspot Printing; and the Kentucky National Guard.



Betsy Layne Basketball Camp 2002

courtesy photo



A basketball camp was held at Betsy Layne in early-July with a successful turnout on hand to hone their skills.

courtesy photo

Betsy Layne Dome the site of camp

by STEVE LeMASTER
SPORTS EDITOR

A basketball camp was held at Betsy Layne July 1-3. The camp was given by the family resource centers of Betsy Layne Elementary and John M. Stumbo. Several young basketball players attended the camp. Each attending camper received a trophy and T-shirt.

Camp instructors and workers included Betsy Layne High boys' basketball coach Brent Rose and girls' basketball coach Cassandra Akers. Others helping out with the event were Kim Tackett,

Brock Keathley, Jeremy Daniels, Devon Reynolds, Jimmy Hopkins and Brian Akers.

Megan Hamilton and Kaitlin Lawson racked up the awards on the girls' side. Hamilton was tops in the College division and Lawson in the NBA ranks. Each camper won Camper of the Week, obstacle course, free-throw shooting and agility awards.

Ritchie Tackett was the NBA camper of the week for boys ages 11-12. Tackett also took free-throw and agility honors in his division. James Craft was the obstacle course winner in the

NBA division.

Bryce Adkins and Nathan Martin split honors in the college boys for male campers ages 9-10. Adkins was camper of the week and the top free-throw shooter in the division, while Martin won the obstacle and agility competitions.

Dylan Maldonado, Nathan Martin and Dylan Watson were the College boys 3-on-3 winners. Waylon Nelson, Keturah Tackett and Michael McKinney were the winning NBA team.

Youngsters across Floyd County will start back in school this week.

www.americanheart.org

UK

Continued from p1

Kentucky will play Athletes in Action and Nike Elite. The regular season opens for UK on November 18 with the Maui Invitational in Hawaii.

The 2002-03 UK men's basketball schedule follows.

**University of Kentucky
2002-03 Men's Basketball Schedule**

NOVEMBER			
Nov. 11	Athletes in Action (exh.)	UKTV-D	7:30 p.m.
Nov. 18	Nike Elite (exh.)	UKTV-D	7:30 p.m.
Nov. 25-27	Maui Invitational, Maui, Hawaii	ESPN	TBA
DECEMBER			
Dec. 3	High Point, Lexington, Ky.	UKTV-L	8 p.m.
Dec. 7	North Carolina, Chapel Hill, N.C.	ESPN	4 p.m.
Dec. 10	Tulane New Orleans, La.	ESPN	9 p.m.
Dec. 14	Michigan St.	CBS	4:00 PM
Dec. 21	Indiana (At Louisville)	CBS	5 p.m.
Dec. 28	at Louisville	ESPN	Noon
Dec. 30	Tennessee State	UKTV-L	8 p.m.
JANUARY			
Jan. 2	Alcorn State	UKTV-D	7:30 p.m.
Jan. 4	Ohio, Cincinnati Ohio	UKTV-L	4 p.m.
Jan. 8	at Tennessee	JP Sports	8 p.m.
Jan. 11	South Carolina	SEC TV/FSS	7 p.m.
Jan. 14	at Vanderbilt	ESPN	9 p.m.
Jan. 18	Notre Dame	CBS	2 p.m.
Jan. 22	Auburn	SEC TV/FSS	7 p.m.
Jan. 25	Alabama, Tuscaloosa, Ala.	ESPN	8 p.m.
FEBRUARY			
Feb. 1	South Carolina, Columbia, S.C.	JP Sports	TBA
Feb. 4	Florida	ESPN	9 p.m.
Feb. 8	at Mississippi	JP Sports	3 p.m.
Feb. 11	Georgia	ESPN	TBA
Feb. 15	LSU	JP Sports	TBA
Feb. 19	at Arkansas	JP Sports	8 p.m.
Feb. 23	at Mississippi State	ESPN	2 p.m.
Feb. 26	Tennessee	JP Sports	8 p.m.
MARCH			
Mar. 2	at Georgia, Athens, Ga.	CBS	4 p.m.
Mar. 5	Vanderbilt	JP Sports	8 p.m.
Mar. 8	at Florida	CBS	2 p.m.
Mar. 13	SEC Tour, New Orleans	TBA	TBA

Herd

Continued from p3

not yet here," Pruett said. "Renaldo Williams, who is recovering from surgery, will be here on Friday and Brandon Carey has called and he is on the bus from New Orleans and will be here in a couple of hours."

Marshall, ranked 21st in the preseason ESPN/USA Today Coaches Poll, will pen the 2002 season on August 31 against

Appalachian State. The game is set for a 7 p.m. start.

Tickets are still available through the Marshall Athletic Ticket Office, which announced that that it will open Ticket Booth A at Marshall Stadium from noon-7 p.m., Monday through Saturday beginning Saturday, Aug. 10 to sell both single-game and season tickets.

JCHS

Continued from p1

School football team.

"They'd never heard of taking a road trip like that," Ross said. "I think everybody's excited about it."

Johnson Central will open the season on the road against the Ashland Tomcats in Putnam Stadium on Friday, Aug. 23.

Johnson Central 2002 Football Schedule

Aug. 23	at Ashland Blazer, 7:30 p.m.
Aug. 30	Bourbon County, 8 p.m. (Big Sandy Bowl)
Sept. 6	at Boyd County, 7:30 p.m.
Sept. 13	at Rowan County, 7:30 p.m.
Sept. 20	Greenup County, 7:30 PM
Sept. 27	Open
Oct. 3	at Paintsville, 7:30 p.m. (Apple Bowl)
Oct. 11	at Chocawhattee (Fla.) High School
Oct. 18	Sheldon Clark, 7:30 p.m.
Oct. 25	Lawrence County, 7:30 p.m.
Nov. 1	Magoffin County, 7:30 p.m.

American Heart Association
www.americanheart.org
PSA

Barnhart adds five positions

TIMES STAFF REPORT

LEXINGTON — Five new positions will be added and two have been eliminated as University of Kentucky Athletics Director Mitch Barnhart begins the first phase of reorganizing the Athletics Association.

Barnhart, who took over as athletics director on August 1, is establishing a new senior administrative team.

"My goal in making these changes is to develop an administrative structure that will allow us to function effectively," Barnhart said today in announcing the new structure. "I started reviewing the organization here at UK even before I interviewed for this job. I believe this new structure will move us in a very positive direction, while at the same time providing a comfort level that I need to manage this department."

The five positions created are: Executive Associate Athletics Director; Associate Director of Athletics-Fundraising and Development; Associate Director of Athletics-Marketing, Licensing and Media Relations; Assistant Director of Athletics - Senior Women's Administrator; Assistant Director of Athletics - Ticket Manager.

"I hope to have a very strong applicant pool and I am encouraging all those interested to apply," he said. "I'm looking to establish an outstanding staff that will provide the support our student-athletes and coaches need to be successful at a championship level."

As a result of the reorganization, two positions have been eliminated. The two employees affected, the Senior Associate Athletics Director and the Associate Athletics Director - Marketing, Licensing and Promotions, have been notified.

Rudd

Continued from p3

"They" is Yates and the rest of the team, which starting with McSwain, is expected to remain intact with Sadler as the driver next season.

Although it's possible Yates could hold back money he would have spent on Rudd's behalf to save and use on building for the next driver, McSwain bristles at the idea the No. 28 would ever go on the track expecting anything less than a victory. "No matter what's going on, we want to win races," he said. "We're still building good cars, still testing, still going to the wind tunnel. It wouldn't be smart for this team to do anything less."

Whatever happens, this final stretch of season will mark a final farewell of sorts. Yates has fielded the No. 28 Ford since 1989 and Texaco's trademark star has donned the hood of it forever.

Although Yates has one year left on his contract with Texaco-Havoline, Rudd says the owner doesn't want it, that Sadler is

"Out of respect for those employees, I am not going to discuss specific personnel issues," Barnhart said. "I appreciate the effort and contributions of all the employees during this time of transition."

Barnhart has stated he hopes to have the new positions filled by Sept. 1. He plans to complete the UKAA's reorganization by the end of the calendar year.



Amberleigh Stone, second from left, competed at the recent Bluegrass State Games with other swimmers from across the state. She placed fifth in two events.

EQUESTRIAN

Third horse dies in Kentucky from West Nile

by CHRIS DUNCAN
ASSOCIATED PRESS

LOUISVILLE — A 5-year-old gelding died in Greenup County after contracting the West Nile virus, the third equine death linked to the disease in Kentucky this year.

The draft horse started showing symptoms of the mosquito-

borne virus on July 26 and was euthanized on July 29, said Rusty Ford, equine programs director in the state veterinarian's office in Frankfort.

A yearling thoroughbred colt died in Fayette County on June 27, and a 5-year-old gelded Tennessee Walking Horse died in Nelson County on July 10. A 13-year-old gelding in Whitley County, also a Tennessee Walking Horse, was diagnosed with the disease on July 18, but recovered.

Ford said state agriculture officials toured farms and racetracks this summer, warning of the risks and advising maintenance crews on measures they could take to prevent the disease.

"Tracks have always been aggressive when it comes to mosquito control," Ford said. "We're continuing to do what we've been doing, but we're more conscious of the need."

"We are reaffirming that they need to be very aware of the threat of this virus."

Last fall, a 2-year-old colt was diagnosed with West Nile at Churchill Downs, the site of the Kentucky Derby. The colt was euthanized in Lexington. In all, six horses died from the disease in Kentucky last year.

Jefferson County Health Department officials visited Churchill Downs shortly after the death to survey the track's potential as a breeding ground for mosquitoes.

They identified more than 140 likely breeding sites among the track's 47 barns — from stormwater drains to bends in

rooftops where water can gather. They told maintenance workers the most effective way to prevent West Nile was simply to keep those areas dry.

Health officials also set mosquito traps at the track, then sent the captured insects to a lab in Frankfort to be tested. No mosquitoes caught in traps at Churchill Downs this year have turned up positive for the virus, said Richard Wellinghurst, Jefferson County's coordinator of mosquito control.

Jefferson County health officials have worked with the track before to limit mosquitoes, but never to this extent, Wellinghurst said.

"Once you know the virus is moving through the state, you know there is some potential that it could be transmitted to a horse," he said. "This was just one of those things, and it forced us to take a good look at what we were doing to make sure we were doing everything we could to prevent this from happening."

The track sits in a residential area south of Louisville, and Wellinghurst said the measures were taken to protect humans, too.

"We've got both a public health interest and a horse industry interest there," Wellinghurst said.

Ford said the disease is far from reaching outbreak proportions among horses in Kentucky.

"I would not say I'm alarmed," he said. "I can't speculate on what the future holds. But there are things we know we can do to minimize the risk, and we're doing them."

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FLOYD COUNTY SCHOOL BUS SCHEDULE

NOTE: Some schedules may have been modified since this printing. Contact your local school if there is a question.

Bus Number			
401			
Morning run: elem/mid/high elem/mid/high	6:40 a.m. Head of Cracker Bottom then to Head of Buck's Branch(top of Buck's Branch hill) then to & in Reynolds Ln then to Grigsby Heights to Car Wash Rd then to May Valley Elementary by 7:10a.m.(wait for #200) then to Warco housing then to Allen Central High by 7:25a.m. then to Allen Central Middle by 7:28a.m.		
elem/mid elem/mid	7:38a.m. mouth of Stone Coal to head of Stone Coal then go across hill to Rt 680 then to Duff Elementary & Allen Central Middle by 8:00a.m.		
Afternoon run:	Same students as morning run 3:00 p.m. Allen Central Middle School and Duff Elementary School to mouth of Stone Coal to Head of Stone Coal drop off main road only and cross hill to Rt. 680 by 3:30p.m. 3:35 p.m. Allen Central Middle School 3:35 Allen Central High School then to May Valley Elementary School at 3:55p.m. then to Warco housing then go to Car Wash Rd. to Grigsby Heights then to and in Cracker Bottom then to Buck's Br to Reynolds Lane by 4:45p.m.		

Bus Number			
3892			
Morning run: elem/mid/high elem/mid/high elem/mid/high elem/mid/high elem/mid/high elem/mid/high	6:45 a.m. Patton Fork of Plummer Fork then to and in Lick Fork by 7:05a.m. then back to main road 2029 then pick up main road to Rt. 7. pick up main road to and in Salyers Branch by 7:10 then main road to Old Bosco Road then to and in Sage Allen Branch by 7:20 then back out to old Bosco Road and pickup students between 7:20 & 7:35a.m. main road Rt.7 & Cases Furniture then to Allen Central High by 7:54 then to Duff Elementary & Allen Central Middle by 8:00a.m.		
Afternoon run:	Same students as morning run 3:00 p.m. Duff Elementary & Allen Central Middle to Allen Central High at 3:15 p.m. then to Rt 7 and drop off main road (3.30 1st stop) then to Old Bosco Rd. then drop off main road to and in Sage Allen Branch then back to Old Bosco Rd back to Rt 7 to and in Salyers Branch by 3:55p.m. then back to Rt. 7 drop off main road to Rt.2029 then drop off main road 2029 to and in Lick Fork then back to 2029 dropping off on main road to & in Plummers Fk then to and in Patton Fork by 4:25p.m.		

Bus Number			
102			
Morning run: elem/high elem/high elem/high elem/high elem/high	6:45 a.m. Tram hill to main st to Steffey Lane to Pizza Den to Tom's Creek to head of Shop Br by 7:15a.m. then Right Fk Shop Br then to Betsy Layne High by 7:30a.m. then to Justell Bridge then to Betsy Layne Elementary by 7:55 then to Betsy Layne High by 8:05a.m.		
Afternoon run:	Same students as morning run 3:00 p.m. Betsy Layne Elementary School to Justell Br then to Betsy Layne High School by 3:25p.m. then to Tram at 3:45p.m. through main street to Tram hill then back through main street then to Steffey Hollow then to Camp Branch Rd then to Powell Hollow then to Carlisle Branch by 4:15p.m. then to Toms Creek then to Left & Right Fork Shop Branch by 4:35p.m.		

Note: This bus picks up elem & high school students who live in the hollows in Tram and where the big bus cannot go.

Bus Number			
802			
Morning run: elem/mid/high elem/mid/high elem/mid/high elem/mid/high elem/mid/high	6:50 a.m. Prater Fork-top of Hippo Hill (Rt. 650) to Shepherd Branch pick up main road Rt. 650 then left on Rt.650 to Turner Branch to Allen Central High School to Allen Central Middle and Duff Elementary Schools		
Afternoon run:	Same students as morning run 3:00 p.m. Allen Central Middle and Duff Elementary Schools to Allen Central High School to Rt. 550 take right drop off main road to Head of Turner Branch then back to main road Rt. 550 to Rt. 650 take right to Head of Prater Fork (Right and Left Fork) then back to Rt. 650 then to Shepherd Branch then to top of Hippo Hill		

Bus Number			
397			
Morning run: elem/mid/high elem/mid/high elem/mid/high	7:00 a.m. Head of Mill Creek to Knott County line and turn pick up Rt.7 main road and to and in Estill Bottom and through Garrett then to and in Goose Creek then drop off David students at Chevron to Allen Central High School by 7:52a.m. to Allen Central Middle School and Duff Elementary School by 8:00a.m.		
Afternoon run:	Same students as morning run 3:00 p.m. Allen Central Middle and Duff Elementary Schools to Allen Central High School to and in Goose Creek drop off Garrett main road to Rt. 7 to and in Estill Bottom back onto Rt. 7 to Knott County line and to and in Mill Creek by 4:40p.m.		

Bus Number			
902			
Morning run: elem/high elem/high elem/high elem/high elem/high	6:30 a.m. Flower Gallery then to & in Little Haus Br then to & in main Haus Br then to & in Gunnells Br. then main road Prater then Green Hall Br. then Orchard Br by 7a.m. then main road Prater then to & in Left Fork Hunt's Fork then to & in Right Fork Hunts Fork then main road Prater then to Sansom at 7:30a.m. then to Betsy Layne Elementary School by 7:50a.m. then to Betsy Layne High School by 8:00a.m.		
Afternoon run:	Same students as morning run 3:15p.m. Betsy Layne High School to Betsy Layne Elementary to Sansom Fork to Right Fork Hunts Branch to Left Fork Hunts Branch to head of Left Fork of Orchard Br. To main road Prater to Green Hall Br to main road Prater to head of Gunnells Br to head of main Haus Br to Little Right Fork Haus Br to Flower Gallery by 4:45p.m.		

Bus Number			
1197			
Morning run: elem/mid/high elem/mid/high elem/mid/high elem/mid/high elem/mid/high	6:50 a.m. Head of Spurlock (foot of hill) then to head of Right Fork of Spurlock (church road) pick up main road Rt. 2030 down to and in Gunstock Hollow then main road Rt. 2030 to and through Frogdown through Old Hite Road to main road Rt. 122 at Garth then to May Valley Elementary School by 7:25a.m.		
elem/mid/high	then to and in Pageant Hills at 7:30a.m. then to May Valley Elementary School at 7:40 then to Allen Central High School at 7:50 then to Allen Central Middle at 8:00a.m.		
Afternoon run:	Same students as morning run 3:00 p.m. May Valley Elementary School to Maytown then to Allen Central Middle and Duff Elementary Schools at 3:15p.m. then to Allen Central High School at 3:25p.m. begin dropping off from mouth of Wilson Creek to and through Maytown (circle town) then to and in Hog Hollow then to and in John's Branch drop off Rt.80 then to and in Henry's Branch then to Rt. 777 Turkey Creek main road to head of Turkey Creek by 4:30 p.m.		

Bus Number			
1192			
Morning run: elem/mid/high elem/mid/high elem/mid/high	6:45 a.m. Head of John's Branch to Hog Hollow then to Maytown pick up through Maytown circle around the street by Old Maytown Elem then back to main road and pick up to the mouth of Wilson Creek then to Rt. 80 to and in Henry's Branch then to Warco then to May Valley by 7:20a.m.		
elem/mid/high elem/mid/high	then to Rt. 777 Turkey Creek pick up main road to Rt.680 then to Allen Central High by 7:40 then to Duff & Allen Central Middle by 7:50p.m.		
Afternoon run:	Same students as morning run 3:00 p.m. May Valley Elementary School to Maytown then to Allen Central Middle and Duff Elementary Schools at 3:15p.m. then to Allen Central High School at 3:25p.m. begin dropping off from mouth of Wilson Creek to and through Maytown (circle town) then to and in Hog Hollow then to and in John's Branch drop off Rt.80 then to and in Henry's Branch then to Rt. 777 Turkey Creek main road to head of Turkey Creek by 4:30 p.m.		

Bus Number			
691			
Morning run: elem/high elem/high elem/high elem/high	6:45 a.m. Head of Little Mud main road to and in Morgan Fork by 7:08a.m. then pick up main road to top of Spurlock hill by 7:20a.m. then back on Rt. 2030 pick up on main road to three way stop then to Betsy Layne Elementary School by 7:45a.m. then to Betsy Layne High School by 7:55a.m.		
Afternoon run:	Same students as morning run 3:15p.m. Betsy Layne High School then to Betsy Layne Elementary by 3:30p.m. then main road Little Mud from 3 way stop to top of Spurlock hill then to & in Morgan's Fork by 4:00p.m. then to main road Little Mud to head by 4:25p.m.		

Bus Number			
100			
Morning run: elem/mid/high elem/mid/high elem/mid/high elem/mid/high	6:45 a.m. Stumbo Park at Allen 7:00 a.m. Head of Arkansas to and in Click Branch then pick up Rt. 1428 main road to Our Lady of Way Hospital to Wright Lumber to Nelson Frazier Funeral Home area Drop off at May Valley by 7:35a.m. then to Stephens Branch then to May Valley by 7:45a.m. then to Allen Central High by 7:55a.m. then to Allen Central Middle by 8:05a.m.		
Afternoon run:	Same students as morning run 3:00p.m. May Valley Elementary School to Maytown then to Allen Central Middle and Duff Elementary Schools at 3:15p.m. then to Allen Central High School at 3:25p.m. begin dropping off from mouth of Wilson Creek to and through Maytown (circle town) then to and in Hog Hollow then to and in John's Branch drop off Rt.80 then to and in Henry's Branch then to Rt. 777 Turkey Creek main road to head of Turkey Creek by 4:30 p.m.		

Bus Number			
300			
Morning run: elem/mid/high elem/mid/high elem/mid/high	7:15 a.m. Steele's Creek at Wayland then to and in Shop Fork at Wayland then to and in Martin Branch of Salt Lick then to and in Smackey Bottom of Salt Lick then to Bosco then to Allen Central Middle & Duff Elementary then to Allen Central High		
Afternoon run:	Same students as morning run 3:00p.m. Allen Central Middle & Duff Elementary to Allen Central High by 3:15p.m. then to Bosco then to Smackey Bottom and then to Martin Branch of Salt Lick then to Shop Fork then to Steele's Ck by 3:55p.m. then meet Knott County bus at 4:10p.m. & drop off last child at 5:05p.m.		

Bus Number			
597			
Morning run: high high high high elem/high elem/high elem/high	6:45 a.m. Lower Adkins Hollow to Barn Branch to Pigeon Roost to Head of Branham's Creek pick up main road to mouth of Branham's Creek then go to head of Left Fork of Toler by 7:20a.m. and pick up main road to mouth of Left Fork of Toler then go to Fox Bottom then to Betsy Layne Elementary School by 7:50a.m. then to Betsy Layne High School by 8:00a.m.		
Afternoon run:	3:00 p.m. Betsy Layne Elementary School to Betsy Layne High School at 3:15p.m. to US23 (Boyd's service station) to Ky Oil Village to Velocity Bottom to Fox Bottom to Left Fork of Toler to Branham's Creek (Lower Adkins Hollow, Barn Branch, Pigeon Roost) and main road to Head of Branham's Creek by 4:45p.m.		

Bus Number			
2092			
Morning run: elem/mid/high elem/mid/high	6:55 a.m. Top of Sizemore Rt. 1066 pick up main road down to and in Stamper's Branch then Rt. 1086 main road through Wayland then to Duff Elementary School and Allen Central Middle School then to Allen Central High School		
Afternoon run:	Same students as morning run 3:15p.m. Allen Central High to Allen Central Middle & Duff to Wayland Rt. 1086 dropping off on main road to and in Stamper's Branch then back out & drop off to top of Sizemore hill by 3:55p.m.		

Bus Number			
200			
Morning run: elem/mid/high elem/mid/high elem/mid/high elem/mid/high	6:55 am meet bus 299 at mouth of Cushman(meet after you cross bridge on right-pull in, turn & wait) then back to Rt.122 take right then pick up main road to Triangle Market then to May Valley by 7:20 then to Allen Central High then to Allen Central Middle		
Afternoon run:	Same students as morning run 3:00 p.m. May Valley Elementary to Allen Central High School to Allen Central Middle School begin dropping off Rt. 122 main road then drop off main road to Head of Cushman		

Bus Number			
901			
Morning run: elem/high elem/high elem/high	6:40 a.m. Right Fork of Big Branch to Left Fork of Big Branch to Frog Branch to Tan Yard Branch then to Betsy Layne Elementary School at 7:15a.m. then to Betsy Layne High School by 7:30 a.m.		
elem/high elem/high elem/high	7:40 a.m. Harold Hill (behind Reds Furniture) to Church of Christ bottom then to Harold Bottom then to Pine Ridge then to Pin Hook to Right Fork of Pin Hook then to Left Fork of Pin Hook then to Betsy Layne Elementary by 8:15a.m. then to Betsy Layne High by 8:30a.m.		
Afternoon run:	Same students as morning run 3:00 p.m. Betsy Layne Elementary School to Betsy Layne High School at 3:15p.m. to Tan Yard Branch then to Right Fork of Big Branch to Left Fork of Big Branch to Frog Branch by 3:45 p.m. 4:00 p.m. Betsy Layne High School to Betsy Layne Elementary School at 4:05p.m. to Pin Hook (Left and Right Fork) then to Pine Ridge to Telephone bottom to Harold Hill to Church of Christ hill to Harold Bottom by 5:00 p.m.		

Bus Number			
2092			
Morning run: elem/mid/high elem/mid/high	6:55 a.m. Top of Sizemore Rt. 1066 pick up main road down to and in Stamper's Branch then Rt. 1086 main road through Wayland then to Duff Elementary School and Allen Central Middle School then to Allen Central High School		
Afternoon run:	Same students as morning run 3:15p.m. Allen Central High to Allen Central Middle & Duff to Wayland Rt. 1086 dropping off on main road to and in Stamper's Branch then back out & drop off to top of Sizemore hill by 3:55p.m.		

Bus Number			
200			
Morning run: elem/mid/high elem/mid/high elem/mid/high elem/mid/high	6:55 am meet bus 299 at mouth of Cushman(meet after you cross bridge on right-pull in, turn & wait) then back to Rt.122 take right then pick up main road to Triangle Market then to May Valley by 7:20 then to Allen Central High then to Allen Central Middle		
Afternoon run:	Same students as morning run 3:00 p.m. May Valley Elementary to Allen Central High School to Allen Central Middle School begin dropping off Rt. 122 main road then drop off main road to Head of Cushman		

Bus Number			
901			
Morning run: elem/high elem/high elem/high	6:40 a.m. Right Fork of Big Branch to Left Fork of Big Branch to Frog Branch to Tan Yard Branch then to Betsy Layne Elementary School at 7:15a.m. then to Betsy Layne High School by 7:30 a.m.		
elem/high elem/high elem/high	7:40 a.m. Harold Hill (behind Reds Furniture) to Church of Christ bottom then to Harold Bottom then to Pine Ridge then to Pin Hook to Right Fork of Pin Hook then to Left Fork of Pin Hook then to Betsy Layne Elementary by 8:15a.m. then to Betsy Layne High by 8:30a.m.		
Afternoon run:	Same students as morning run 3:00 p.m. Betsy Layne Elementary School to Betsy Layne High School at 3:15p.m. to Tan Yard Branch then to Right Fork of Big Branch to Left Fork of Big Branch to Frog Branch by 3:45 p.m. 4:00 p.m. Betsy Layne High School to Betsy Layne Elementary School at 4:05p.m. to Pin Hook (Left and Right Fork) then to Pine Ridge to Telephone bottom to Harold Hill to Church of Christ hill to Harold Bottom by 5:00 p.m.		

Bus Number			
600			

Morning run:
 elem/high 6:30 a.m. Water Birch Rd then to Akers Br to and in Spurlock Fork
 elem/high to and in Justice Branch (right fork then left fork)
 elem/high then pick up main road Prater from Justice Br to Rt.979
 elem/high then to Betsy Layne Elementary School by 7:25a.m.
 elem/high then to Betsy Layne High School by 7:30 a.m.

elem/high 7:42 a.m. Little Salem Church Road
 elem/high to Harold Hill left side
 elem/high then to Betsy Layne Elementary School by .m.7:51a
 elem/high then to Betsy Layne High School by 8:02 a.m.

Afternoon run: Same students as morning run
 3:15 p.m. Betsy Layne High School to Betsy Layne Elementary School at 3:28p.m.
 to Harold Hill left side then to Little Salem Church Road
 to Justice Branch - Right fork then left fork
 to Spurlock Fork
 to Akers Branch
 to Water Birch Road by 4:50p.m.

Bus Number			
1992			

Morning run:
 elem 6:40 a.m. Head of Left Fork of Tinker Fork
 elem to Head of Right Fork of Tinker Fork then pick up main road
 elem to and in Andy Branch then pick up main road to mouth
 elem of Tinker Fork then
 elem to Stumbo Elementary School by 7:20a.m.

7:30a.m. Rt.979 to mouth of Tinker Fork 3380 then turn
 & pick up main road to Morg Br then go to head of Morg Br
 then to Stumbo Elementary School by 8a.m.

Afternoon run: Same students as morning run
 3:00 p.m. Stumbo Elementary School
 to and in Tinker Fork main road to and in Andy Branch then main
 road to and in Left Fork of Tinker then main road to and in
 Right Fork of Tinker
 4:00p.m. Stumbo Elementary School to
 Morg Branch then drop off main road
 to mouth of Tinker Fork by 4:30p.m.

Bus Number			
697			

Morning run:
 elem/high 6:45a.m. Daniels Creek
 elem/high then to Alpine Trailer Park, then Ivy Creek, then to
 elem/high Ivy Bottom then to Conn Street then to
 elem Betsy Layne Elementary by 7:30a.m.
 elem then to Betsy Layne High at 7:40a.m.

elem 7:45 a.m. Tram
 then to Betsy Layne Elementary School by 8:00a.m.

Afternoon run: Same students as morning run
 3:00 p.m. Betsy Layne Elementary School
 to Tram then to
 Betsy Layne High at 3:30p.m. then to
 Betsy Layne Elementary by 3:45p.m. then to
 Conn St. to Ivy Bottom then to Ivy Creek
 then to Daniels Creek then to Alpine Trailer Court by 4:45p.m.

Bus Number			
1296			

Morning run:
 elem 6:30a.m. Tackett Fork Hill & 1st hollow in Tackett Fork then to
 Stumbo Elementary then to
 main road John Hall Branch then to
 Stumbo Elementary then to
 Frasure's Branch then to Stumbo then to
 Mud Creek Apts on Rt.979 then to Stumbo

Afternoon run:
 3:00p.m. Stumbo Elementary to
 Frasure's Branch then to
 Stumbo Elementary then to
 John Hall Branch then to
 Stumbo Elementary then to
 Tackett Fork Hill & 1st hollow by 4:40p.m.

Bus Number			
301			

Morning run:
 elem 6:55 a.m. head of Branham's Creek
 elem to Pigeon Roost
 elem to Barn Branch to Lower Adkins Hollow
 elem then pick up main road to mouth of Branham's Creek
 then to Stumbo Elementary School by 8:00a.m.

Afternoon run: Same students as morning run
 3:00 p.m. Stumbo Elementary School
 then drop off main road Rt.979 to mouth of Toler
 then drop off from mouth of Branham's Creek
 to Grethel Baptist Church by 3:10p.m.

3:20 p.m. Stumbo Elementary School
 to Branham's Creek drop off main road from Grethel Baptist Church
 then drop off main road from Adkins Hollow to Head of Barn Branch
 then main road to and in Pigeon Roost and then main road to
 head of Branham's Creek by 4:35p.m.

Bus Number			
497			

Morning run:
 elem 7:05 a.m. Top of Ligon Hill pick up main road down
 elem to and in Moore Branch then main road down to and in Buckhorn
 elem Road (Tucker Hollow) then main road down to and in Left Fork of
 Tackett Fork and then to and in Right Fork of Tackett Fork then
 elem pickup main road at Rt. 979 down to
 elem Stumbo Elementary by 7:45a.m.

Afternoon run: Same students as morning run
 3:00 p.m. Stumbo Elementary School
 drop off main road Rt.979 turn at Darvene's Store at 3:10p.m. then to
 Mink Br. At 3:15p.m. then back to
 Stumbo Elementary at 3:35p.m.
 pickup at Stumbo then to Tackett Fork (left, then right) then
 drop off main road Rt. 979 to and in Buckhorn Road by 4:10p.m.
 then main road to and in Moore Branch then main road
 to top of Ligon Hill at 4:20p.m.

Bus Number			
399			

Morning run:
 elem/high 6:50 a.m. Rt. 979 main road @ mouth of Dry Branch to and in
 elem/high Left Fork of Mink Branch
 elem/high then pick up main road Rt. 979
 to Stumbo Elementary School
 high to Frasure Branch
 high then pick up main road Rt. 979 from Stumbo Elementary School
 high to mouth of Toler
 high then to Betsy Layne High School
 elem pick up main road from mouth of Toler
 Stumbo Elementary School by 8:00a.m.

Afternoon run: Same students as morning run
 3:15 p.m. Betsy Layne High School
 drop off Rt. 979 main road drop off from mouth of Toler Creek
 to and in Frasure Branch
 to Stumbo Elementary School
 drop off Rt. 979 main road to the Head of Left Fork of Mink Branch
 then drop off main road Rt. 979 to mouth of Dry Branch.

Bus Number			
2792			

Morning run:
 elem/high 6:55 a.m. Head of Toler (Floyd-Pike County line)
 elem/high pick up on main road to and in Keathley Fork
 elem/high pick up on main road Toler to Rt. 979 and on Rt. 979 to US23
 then to Betsy Layne High School by 8:00a.m.
 then to Betsy Layne Elementary School by 8:05a.m.
 elem/high 7:35 head of Coldwater then to
 Betsy Layne Elementary 8:05a.m.
 then to Betsy Layne High by 8:10a.m.

Afternoon run: Same students as morning run
 3:00 p.m. Betsy Layne Elementary School
 to Betsy Layne High School 3:15p.m. then to
 US23 to head of Coldwater at 3:20p.m.
 3:25 Betsy Layne Elementary then to
 Betsy Layne High then
 drop off Rt.979 then to main road of Toler
 to Keathley then to head of Toler by 4:35p.m.

Bus Number			
197			

Morning run:
 high 6:45 a.m. Top of Ligon Hill pick up on main road
 high to and in Buckhorn Branch and in Right Fork of Tackett Fork
 high pick up on main road to and in Right Fork of Tinker Fork
 high then go into Left Fork of Tinker Fork then go in Andy Branch
 high then back out to Rt. 979 and pick up on main road to and in
 high Morg Branch then main road Rt. 979 to mouth of Mink Branch
 high then to Betsy Layne High School

Afternoon run: Same students as morning run
 3:30 p.m. Betsy Layne High School
 begin dropping off Rt. 979 main road at mouth of Mink Branch
 and continue dropping main road only to and in Morg Branch
 main road to Tinker Fork to and in Andy Branch to Right Fork of
 Tinker Fork then to Left Fork of Tinker Fork back to Rt. 979
 drop main road to and in Right Fork of Tackett Fork then back
 to Rt. 979 main road to Buckhorn Branch to top of Ligon Hill

Bus Number			
501			

Morning run:
 elem/high 6:45 a.m. Head of Mare Creek
 elem/high to Old Mare Creek Road
 elem/high then to Betsy Layne High School at 7:15a.m.
 elem/high then to Ky Oil Village
 then to Betsy Layne Elementary School at 7:30a.m.

elem/high 7:35 a.m. Pike Floyd Hollow circle down in Red Town
 elem/high then to Head of Pike Floyd Hollow
 elem/high then to Head of Store House Hollow
 elem/high then to George Road and exit at red light
 then to Betsy Layne Elementary School at 8:00a.m.
 then to Betsy Layne High School at 8:10 a.m.

Afternoon run: Same students as morning run
 3:00 p.m. Betsy Layne Elementary School
 then to Betsy Layne High School 3:15p.m.
 to Head of Mare Creek to Old Mare Creek Road by 3:35p.m. then to
 Betsy Layne Elementary by 3:45p.m. then to
 Betsy Layne High by 3:55p.m.
 then to George Road, then to Red Town
 then to Pike Floyd Hollow then to Store House Hollow by 4:25p.m.

Bus Number			
199			

Morning run:
 elem 6:50 a.m. Tackett Branch to Stumbo Elementary School at 7:00a.m.
 elem then to Garden Hollow (Rolling Stone on Timber Fk) at 7:15a.m.
 elem/high then to Hall Cemetery Rd
 elem/high then to Akers Branch
 elem/high then to John Hall Branch and Spider Branch
 elem/high then to Frasure's Branch
 high Left Fork Frasure Br by 7:55a.m. then to
 high Stumbo Elementary by 8:00a.m.
 Betsy Layne High School by 8:20a.m.

Afternoon run: Same students as morning run
 3:15 p.m. Betsy Layne High School
 to Frasure Br to Left Fork Frasure Br. By 3:35p.m. then to
 Stumbo Elementary by 3:45p.m. then to
 Tackett Branch then to
 Stumbo Elementary by 4:20 then to
 John Hall Br then to Spider Br then to Akers Br then to
 Halls Cemetery Rd then to Rolling Stone by 5:00p.m.

Bus Number			
202			

Morning run:
 elem/mid/high 7:00 a.m. Head of Pitts Fork
 elem/mid/high to the Head of Beech Branch
 elem/mid/high to Open Fork to Head of Patchus Drive to main road of Open Fork
 elem/mid/high then meet bus 1292 at mouth of Buckeye by 7:30 a.m. and
 drop off elem., middle and high school students.

elem/mid/high 7:35 a.m. Head of Andy Allen Branch
 elem/mid/high to Sam Hale Hollow to Moss Dempsey (Blue River Road)
 elem/mid/high to Clark Elementary School at 7:50a.m. to meet bus 797
 drop off elem., middle & high students, pick up middle school students
 then to Adams Middle School by 8:02a.m.

Afternoon run: Same students as morning run
 3:00 p.m. Clark Elementary School
 to Right Fork of Blue River Branch to
 Andy Allen Branch to Open Fork to Beech br.
 to foot of Hippo hill then to
 Buckeye & meet #797 & 1292 at 3:55p.m.
 then to Open Fork (Stay Creek Road and Patchus Drive)
 then to Andy Allen Br. By 4:20p.m.

Bus Number			
1002			

Morning run:
 mid/high 6:45a.m. State Road Fork top of hill hill main road and then
 mid/high to Rt. 114 main road
 mid/high then to and in Rough & Tough
 elem/mid/high and back to main road Rt. 114 to Frasure Apartment
 mid/high then to behind Parkway Connection to side road at Visual Changes
 mid/high Salon then left onto Jack Arnett Branch then main road Rt.114 to
 mid/high Fitzpatrick Rd then main road then Rt.114 to Station Branch (side rd)
 mid/high then to Prestonsburg High School by 7:45a.m.
 then to Adams Middle School by 7:55a.m.

Afternoon run: Same students as morning run
 3:15 p.m. Adams Middle School to Prestonsburg Elementary
 to Prestonsburg High by 3:33p.m.
 then to West Prestonsburg drop off bottom and out to
 Rt.114 main road then to Clark Elementary(drop off only)
 then to Station Branch (side road) then to & in
 Fitzpatrick Rd. then main road 114 back to drop off side road at
 Visual Changes, cross main road & turn then to & in
 Jack Arnett Br. Then drop off behind Parkway Connection then
 main rd. to & in Ruff-n-Tuff then to & in State Rd. Fork by 4:40p.m.

Bus Number			
1292			

Morning run:
 elem/mid/high 7:00 a.m. Top of Brush Creek hill pick up on main road
 elem/mid/high to mouth of Beech Branch then pick up main road Rt. 850 to Rt. 404
 elem/mid/high and then main road to and in Left Fork of Buckeye
 elem/mid/high and then to Right Fork of Buckeye
 elem/mid/high then to Clark Elementary School by 7:35a.m.
 then to Prestonsburg High School by 7:45a.m.
 then to Adams Middle School 7:55a.m.

Afternoon run:
 3:15 p.m. Adams Middle School to Prestonsburg Elementary School by 3:22p.m.
 to Prestonsburg High School by 3:30 to West Prestonsburg (elementary students only)
 to Rt. 404 (David) drop off on main road at mouth of Blue River Road
 then to mouth of Buckeye, and meet buses 202 & 797
 then to Left Fork of Buckeye then to Right Fork of Buckeye
 then drop off main road Rt. 404 to Rt. 850 main road to Pitts Fork to Rt. 850 main road
 to top of Brush Creek hill by 4:30p.m.

(Note: Open Fork, Beech Fork, Pitts Fork will ride this bus to meet bus 202 at mouth of Buckeye)

Bus Number			
1692			

Morning run:
 elem/mid/high 6:30 a.m. Head of Right Fork of Bull Creek
 elem/mid/high then to Left Fork of Bull Creek then to head of Left Fork of Bull Creek
 elem/mid/high then to Conn Branch then to top of Rt. 80 hill at gravel pit
 elem/mid/high then to Adams Middle School by 7:40 a.m.
 then to Prestonsburg Elementary School by 7:45 a.m.
 then to Prestonsburg High School by 7:50 a.m.

Afternoon run: Same students as morning run
 3:00 p.m. Prestonsburg Elementary School
 to Prestonsburg High School by 3:15p.m.
 to Adams Middle School by 3:35p.m.
 then to Right Fork of Bull Creek then to
 head of Left Fork of Bull Creek then in Conn Branch then to
 then to Rt. 80 hill at gravel pit by 4:10p.m.

Bus Number			
900			

Morning run:
 elem/mid/high 7:02 a.m. Stephens Branch (Cliffside)
 elem/mid/high then to Green Acres to Indian Hills to Bob White Lane
 elem/mid/high then to Mays Branch then to University Drive picking up main road
 to all schools
 then to Prestonsburg High
 then to Prestonsburg Elementary
 then to Adams Middle School

Afternoon run: Same students as morning run
 3:15 p.m. Adams Middle School
 to Prestonsburg Elementary School
 to Prestonsburg High School dropping off from AMS thru town to
 PBH then University Drive to Indian Hills then to
 Bob White Lane to Mays Branch then to Green Acres then to
 Cliffside, Stephens Branch

Bus Number			
797			

Morning run:
 elem 6:30 a.m. head of David, turn at bottom of hill
 elem come back out and pick up main road to and in Official Hollow
 elem then to Triple S Road
 elem then pick up main road 404 to Rt.1210
 elem/mid/high Caney to and in Johnson Fork
 elem/mid/high then pick up main road to & in Alum Lick
 elem/mid/high then to head of Caney hill then pick up at mouth of Sam Hale Br
 elem/mid/high then to Clark Elementary by 7:40a.m.(drop off to AMS to 202
 & pick up PHS)
 then to Prestonsburg High by 8a.m.

Afternoon run: Same students as morning run
 3:00p.m. Clark Elementary
 to David (Official Hollow) to
 Triple S Rd then meet bus at mouth of Buckeye then
 to Rt.1210 Caney to and in Johnson Fork then
 to and in Alum Lick
 then main road to head of Caney by 4:19p.m.

Bus Number	2192
Morning run:	6:45 a.m. mouth of School House Hollow pick up on main road Rt. 404 to David School and turn pick up on main road Rt. 404 to and in Official Hollow pick up main road to and in Triple S Road (Rt. Ft. Rough & Tough) come back out and go in Poplar Branch (Ll. Ft. Rough & Tough) then continue picking up on Triple S Road then back onto Rt. 404 and pick up to Joe Hicks curve then go to mouth of Katyfriend Branch on US23 then to Prestonsburg High by 7:55a.m. then to Adams Middle School by 8:00a.m.
Afternoon run:	Same students as morning run 3:15 p.m. Adams Middle School 3:30 p.m. Prestonsburg High School up to David then turn into Official Hollow then into Triple S and Poplar Branch by 4:10p.m.
Bus Number	3992

Bus Number	3992
Morning run:	6:30 a.m. Bottom of Spurlock hill pick up main road to and in Ousley Branch then pick up main road to and in Hollybush then back to Conley Fork then back to Spurlock main road and pick up to and in Potters Branch and then main road to mouth of Spurlock then to Clark Elementary School by 7:30a.m. then pick up two AMS students near Clark Elementary then to Prestonsburg High School by 7:45a.m. then to Adams Middle School by 8:00a.m.
Afternoon run:	Same students as morning run 3:00 p.m. Clark Elementary School to Adams Middle School by 3:30p.m. to Prestonsburg High School 3:45p.m. then to Spurlock begin dropping off main road from mouth of Spurlock to and in Potters Branch then main road to and in Hollybush then main road to and in Conley Fork then main road to and in Ousley Branch then main road to bottom of Spurlock hill by 4:10p.m.
Bus Number	702

Bus Number	702
Morning run:	6:45 a.m. Rt. 1428 Conley Motel pick up main road to New Allen and go around block at Bank Josephine and come out at Allen Fire Dept. Head of Right Fork of Orchard Branch pick up main road to and in Left Fork of Orchard Branch then pick up on main road to and in Green Hall Branch then Rt. 1426 to Right Fork of Rice Branch then to and in Haus Branch (Left Fork of Rice Branch) then pick up on Rt. 1426 main road to US 23 then pick up main road to Allen Elementary School to Dwale then to Prestonsburg High School
Afternoon run:	Same students as morning run 3:00 p.m. Allen Elementary School to Dwale to New Allen and main road Rt. 1428 to Conley Motel to Reynolds Hill to Allen Elementary School (meet bus 700) then to New Allen and main road Rt. 1428 to Conley Motel then to Right Fork of Rice Branch then to Haus Branch (Left Fork of Rice Branch) and then Rt. 1426 main road to and in Green Hall Branch to and in Left Fork of Orchard Branch then to and in Right Fork of Orchard Branch at 4:20p.m.
Bus Number	700

Bus Number	700
Morning run:	6:30 a.m. Head of Daniels Creek to Oklahoma Hollow to Gas Fork to My Village to Reynolds Hill then to Allen Elementary School 7:20a.m.
Afternoon run:	Same students as morning run 3:15 p.m. Prestonsburg High School to Dwale to New Allen & Old Allen 3:50p.m. Allen Elementary School (meet bus 702-Paul Greinger) to Right Fork & Left Fork of Call Creek to Emma bridge area to My Village to Reynolds Hill to Shortwood then to Gas Fork to Oklahoma Hollow to Daniels Creek by 5:10p.m.
Bus Number	601

Bus Number	601
Morning run:	6:45a.m. Clark Branch then main road to Endicott and across to foot of Cow Mountain (pick up one student below fire department) then to Allen Elementary School by 7:25 a.m. then pick up high school students on Rt. 1428 to Worldwide Equipment and meet bus 297 and get high school students then to and in Sugarloaf then to Adams Middle (7:45a.m.) then to Prestonsburg Elementary School by 7:55a.m. then to Prestonsburg High School by 8:00 a.m.
Afternoon run:	Same students as morning run 3:15 p.m. Prestonsburg High School to Prestonsburg Elementary (load Sugarloaf only) 3:25p.m. to Adams Middle School at 3:35p.m. then meet bus 297 at Worldwide Equip and bus 700 at Call Creek and drop off main road to Allen Elementary School at 3:50 then begin dropping off foot of Cow Mountain across to Endicott then main road to, and in Clark Branch by 4:30p.m.

Bus Number	601
Morning run:	6:45a.m. Clark Branch then main road to Endicott and across to foot of Cow Mountain (pick up one student below fire department) then to Allen Elementary School by 7:25 a.m. then pick up high school students on Rt. 1428 to Worldwide Equipment and meet bus 297 and get high school students then to and in Sugarloaf then to Adams Middle (7:45a.m.) then to Prestonsburg Elementary School by 7:55a.m. then to Prestonsburg High School by 8:00 a.m.
Afternoon run:	Same students as morning run 3:15 p.m. Prestonsburg High School to Prestonsburg Elementary (load Sugarloaf only) 3:25p.m. to Adams Middle School at 3:35p.m. then meet bus 297 at Worldwide Equip and bus 700 at Call Creek and drop off main road to Allen Elementary School at 3:50 then begin dropping off foot of Cow Mountain across to Endicott then main road to, and in Clark Branch by 4:30p.m.

Bus Number	601
Morning run:	6:45a.m. Clark Branch then main road to Endicott and across to foot of Cow Mountain (pick up one student below fire department) then to Allen Elementary School by 7:25 a.m. then pick up high school students on Rt. 1428 to Worldwide Equipment and meet bus 297 and get high school students then to and in Sugarloaf then to Adams Middle (7:45a.m.) then to Prestonsburg Elementary School by 7:55a.m. then to Prestonsburg High School by 8:00 a.m.
Afternoon run:	Same students as morning run 3:15 p.m. Prestonsburg High School to Prestonsburg Elementary (load Sugarloaf only) 3:25p.m. to Adams Middle School at 3:35p.m. then meet bus 297 at Worldwide Equip and bus 700 at Call Creek and drop off main road to Allen Elementary School at 3:50 then begin dropping off foot of Cow Mountain across to Endicott then main road to, and in Clark Branch by 4:30p.m.

Bus Number	500
Morning run:	6:30a.m. Home Branch to Allen Elementary then to Adams Middle School then to Prestonsburg High then to Clark Elementary
Afternoon run:	3:00 Clark Elementary 3:15 Prestonsburg High School 3:30 Adams Middle School 3:40 Allen Elementary then Home Branch by 4:25p.m.
Bus Number	297

Bus Number	297
Morning run:	8:40 a.m. Head of Slick Rock pick up main road into Upper Cow Hollow pick up main road to Goebel Branch then 1428 down to 66 sign (meet high school bus) above Worldwide Equipment and turn and then pick up main road all the way to Allen Elementary 7:20 main road 1428 to Dwale then to Allen Elementary by 7:40a.m.
Afternoon run:	Same students as morning run 3:00p.m. Allen Elementary drop off on main road 1428 to Emma and main road into Left Fork Call Creek then main road 1428 then drop off main road Cow Creek & drop off Rt. 1428 to the 66 sign above Worldwide then to Allen Elementary & meet bus 601 then go up Cow Creek dropping off into upper Cow Creek into Goebel Br then Slick Rock dropping off high school students by 4:10p.m.
Bus Number	801

Bus Number	801
Morning run:	8:30 a.m. Whittaker Church -Conley Fork to Bee Fork 8:40 a.m. Coppers Lick Left Fork Abbott Mark Meade Br. 7:30 Meade Branch 7:38 Cardinal Drive - Abbott Rd. then to Prestonsburg High by 7:44a.m. then to Prestonsburg Elementary by 7:50a.m. then to Adams Middle School by 8:10 a.m.
Afternoon run:	Same students as morning run 3:15 p.m. Adams Middle School to Prestonsburg Elementary School by 3:40p.m. to Prestonsburg High School by 3:45p.m. then to Abbott Road - Cardinal Dr. then to Meade Branch then to Mark Meade Br. Then Left Fork Abbott then to Coppers Lick then to Bee Fork then to Conley Fork by 5:10p.m.
Bus Number	3292

Bus Number	3292
Morning run:	6:55 a.m. State Road (top of hill) pick up main road to and in Rice Branch then main road down to Rt. 114 then pickup Rough & Tough students only behind Parkway Connection-7:20 a.m. then main road to and in Jack Arnett Branch then main road and circle Granny Fitch Hollow then main road Rt. 114 and pickup Station Branch road then main road Rt. 114 to Clark Elementary School by 7:30a.m. to West Prestonsburg- circle bottom to Prestonsburg High School 7:50a.m. to Prestonsburg Elementary School at 7:55a.m. to Adams Middle School at 8:05a.m.
Afternoon run:	Same students as morning run 3:00 p.m. Clark Elementary School drop off main road Rt. 114 to Station Branch road then main road Rt. 114 to Granny Fitch Hollow then main road Rt. 114 to Jack Arnett Branch then main road Rt. 114 to Rough & Tough then main road Rt. 114 to State Road Fork to Rice Branch then to Cane Branch then top of State Road Fork hill by 4:15p.m.
Bus Number	897

Bus Number	897
Morning run:	6:45 a.m. Bear Hollow 6:50 a.m. to Hager Branch to Bays Branch to Right Fork of Little Paint then to Left Fork of Little Paint then to mouth of Alley Fork to Big Branch of Abbott then to then to Prestonsburg High School by 7:50a.m. to Prestonsburg Elementary School by 7:55a.m. to Adams Middle School by 8:00a.m.
Afternoon run:	Same students as morning run 3:15 p.m. Adams Middle School (pick up all students) 3:30p.m. Prestonsburg Elementary School 3:40p.m. Prestonsburg High School then to Big Branch of Abbott then across Rt.23 then to Bays Branch then to trailer court near MCC greenhouse then Bear Hollow then Hager Branch then Little Paint by 4:45p.m.
Bus Number	2392

Bus Number	2392
Morning run:	6:50a.m. Stratton Branch around Lake Road to Jockey Hollow 7:05a.m. then into Auxier to River Plains then to Auxier Fire Dept. turn then across railroad tracts into Ford Gap turn go back to main street then around AutoBahn then out by Highlands Hospital then Auxier road to Prestonsburg High School by 7:40a.m. then to Prestonsburg Elementary School 7:45a.m. then to Adams Middle School by 7:55 a.m.
Afternoon run:	3:00 p.m. Prestonsburg Elementary School thru town to Lancer Bottom by 3:10p.m. then to Adams Middle School at 3:15p.m. to Prestonsburg Elementary by 3:35p.m. to Prestonsburg High School by 3:40p.m. then drop off Auxier road then main street of Auxier then into River Plains then turn at Auxier Fire Dept. then to Ford Gap across railroad crossing turn then to Jockey Hollow by 4:15p.m. then back up to 2nd house then to Lake road then to Stratton Branch by 4:30p.m.

Bus Number	897
Morning run:	6:45 a.m. Bear Hollow 6:50 a.m. to Hager Branch to Bays Branch to Right Fork of Little Paint then to Left Fork of Little Paint then to mouth of Alley Fork to Big Branch of Abbott then to then to Prestonsburg High School by 7:50a.m. to Prestonsburg Elementary School by 7:55a.m. to Adams Middle School by 8:00a.m.
Afternoon run:	Same students as morning run 3:15 p.m. Adams Middle School (pick up all students) 3:30p.m. Prestonsburg Elementary School 3:40p.m. Prestonsburg High School then to Big Branch of Abbott then across Rt.23 then to Bays Branch then to trailer court near MCC greenhouse then Bear Hollow then Hager Branch then Little Paint by 4:45p.m.

Bus Number	897
Morning run:	6:45 a.m. Bear Hollow 6:50 a.m. to Hager Branch to Bays Branch to Right Fork of Little Paint then to Left Fork of Little Paint then to mouth of Alley Fork to Big Branch of Abbott then to then to Prestonsburg High School by 7:50a.m. to Prestonsburg Elementary School by 7:55a.m. to Adams Middle School by 8:00a.m.
Afternoon run:	Same students as morning run 3:15 p.m. Adams Middle School (pick up all students) 3:30p.m. Prestonsburg Elementary School 3:40p.m. Prestonsburg High School then to Big Branch of Abbott then across Rt.23 then to Bays Branch then to trailer court near MCC greenhouse then Bear Hollow then Hager Branch then Little Paint by 4:45p.m.

Bus Number	897
Morning run:	6:45 a.m. Bear Hollow 6:50 a.m. to Hager Branch to Bays Branch to Right Fork of Little Paint then to Left Fork of Little Paint then to mouth of Alley Fork to Big Branch of Abbott then to then to Prestonsburg High School by 7:50a.m. to Prestonsburg Elementary School by 7:55a.m. to Adams Middle School by 8:00a.m.
Afternoon run:	Same students as morning run 3:15 p.m. Adams Middle School (pick up all students) 3:30p.m. Prestonsburg Elementary School 3:40p.m. Prestonsburg High School then to Big Branch of Abbott then across Rt.23 then to Bays Branch then to trailer court near MCC greenhouse then Bear Hollow then Hager Branch then Little Paint by 4:45p.m.

Bus Number	1796
Morning run:	6:40 a.m. Spradlin Branch then to Campbell Branch then to Lancer Bottom then to Adams Middle School then to Prestonsburg Elementary School then to Prestonsburg High School
Afternoon run:	Same students as morning run 3:00 p.m. Prestonsburg Elementary School to Prestonsburg High School to Adams Middle School to Lancer Bottom to Campbell Branch to Spradlin Branch
Bus Number	1592

Bus Number	1592
Morning run:	6:48 a.m. Head of Cow Hollow pick up main road Rt. 122 to and in Minnie Townhouses then to McDowell Elementary School by 7:05 a.m.
Afternoon run:	Same students as morning run 3:00 p.m. McDowell Elementary School start dropping off on main road Rt. 122 except between Doly Creek & Brenda's Place then to & in Minnie Townhouses then main road to and in Cow Hollow 3:30 p.m. McDowell Elementary School drop off main road Rt. 122 to Hi Hat Post Office then come back to Price Tipple and meet bus 602 at 3:48p.m. & pick up high school students then to and in Spewing Camp (foot of hill) 4:30m.
Bus Number	892

Bus Number	892
Morning run:	7:00 a.m. Head of Branham Hollow pick up main road to and in Hall Hollow pick up main road to and in Golf Hollow then to Osborne Elementary School by 7:15 a.m.
Afternoon run:	Same students as morning run 3:00 p.m. Osborne Elementary School to Wheelwright drop off main road to and in Hall Hollow then to & in Branham Hollow (meet 997) then to and in Golf Hollow by 3:50p.m. 4:00 p.m. South Floyd Middle and South Floyd High Schools drop off on main road to Osborne Elementary School by 4:10p.m. then to Jack's Creek and drop off to half way up hill by 4:20 p.m.
Bus Number	701

Bus Number	701
Morning run:	7:00 a.m. Head of Branham Hollow pick up main road to and in Hall Hollow pick up main road to and in Golf Hollow then to Osborne Elementary School by 7:15 a.m.
Afternoon run:	Same students as morning run 3:00 p.m. Osborne Elementary School to Wheelwright drop off main road to and in Hall Hollow then to & in Branham Hollow (meet 997) then to and in Golf Hollow by 3:50p.m. 4:00 p.m. South Floyd Middle and South Floyd High Schools drop off on main road to Osborne Elementary School by 4:10p.m. then to Jack's Creek and drop off to half way up hill by 4:20 p.m.

Bus Number	701
Morning run:	7:00 a.m. Head of Branham Hollow pick up main road to and in Hall Hollow pick up main road to and in Golf Hollow then to Osborne Elementary School by 7:15 a.m.
Afternoon run:	Same students as morning run 3:00 p.m. Osborne Elementary School to Wheelwright drop off main road to and in Hall Hollow then to & in Branham Hollow (meet 997) then to and in Golf Hollow by 3:50p.m. 4:00 p.m. South Floyd Middle and South Floyd High Schools drop off on main road to Osborne Elementary School by 4:10p.m. then to Jack's Creek and drop off to half way up hill by 4:20 p.m.

Bus Number	701
Morning run:	7:00 a.m. Head of Branham Hollow pick up main road to and in Hall Hollow pick up main road to and in Golf Hollow then to Osborne Elementary School by 7:15 a.m.
Afternoon run:	Same students as morning run 3:00 p.m. Osborne Elementary School to Wheelwright drop off main road to and in Hall Hollow then to & in Branham Hollow (meet 997) then to and in Golf Hollow by 3:50p.m. 4:00 p.m. South Floyd Middle and South Floyd High Schools drop off on main road to Osborne Elementary School by 4:10p.m. then to Jack's Creek and drop off to half way up hill by 4:20 p.m.

Bus Number	299
Morning run:	7:00 a.m. Head of Neds Fork then main road to McDowell Elementary School then meet bus 302 at 7:25a.m. then to South Floyd High School & Middle School
Afternoon run:	Same students as morning run 3:15 p.m. South Floyd Middle and South Floyd High Schools to McDowell Elementary School by 3:40p.m. then begin dropping off from McDowell Elementary main road then to & in Neds Fork to head of hollow by 4:15p.m.

Bus Number	299
Morning run:	7:00 a.m. Head of Neds Fork then main road to McDowell Elementary School then meet bus 302 at 7:25a.m. then to South Floyd High School & Middle School
Afternoon run:	Same students as morning run 3:15 p.m. South Floyd Middle and South Floyd High Schools to McDowell Elementary School by 3:40p.m. then begin dropping off from McDowell Elementary main road then to & in Neds Fork to head of hollow by 4:15p.m.

Bus Number	299
Morning run:	7:00 a.m. Head of Neds Fork then main road to McDowell Elementary School then meet bus 302 at 7:25a.m. then to South Floyd High School & Middle School
Afternoon run:	Same students as morning run 3:15 p.m. South Floyd Middle and South Floyd High Schools to McDowell Elementary School by 3:40p.m. then begin dropping off from McDowell Elementary main road then to & in Neds Fork to head of hollow by 4:15p.m.

Bus Number	1092
Morning run:	6:45 a.m. Mouth of Spurlock then to head of Shop Branch meet Bus 200 at mouth of Hunter then to & in Hunter (go across tracks and go to end of road then go up by tracks about .3 of mile) then to and in Simpson Branch (7:15a.m.) then take old road to Martin Drive to Cemetery Hollow (7:30a.m.) then to McDowell Elementary at 7:55a.m. then to South Floyd Middle and High Schools by 8:10a.m.
Afternoon run:	Same students as morning run 3:15 p.m. South Floyd Middle and South Floyd High Schools then to McDowell Elementary School by 3:35 to Cemetery Hollow to Martin Drive then old road to and in Simpson Branch then to and in Hunter (go up by tracks then go across the tracks) then to head of Shop Branch by 4:40 p.m.

Bus Number	1092
Morning run:	6:45 a.m. Mouth of Spurlock then to head of Shop Branch meet Bus 200 at mouth of Hunter then to & in Hunter (go across tracks and go to end of road then go up by tracks about .3 of mile) then to and in Simpson Branch (7:15a.m.) then take old road to Martin Drive to Cemetery Hollow (7:30a.m.) then to McDowell Elementary at 7:55a.m. then to South Floyd Middle and High Schools by 8:10a.m.
Afternoon run:	Same students as morning run 3:15 p.m. South Floyd Middle and South Floyd High Schools then to McDowell Elementary School by 3:35 to Cemetery Hollow to Martin Drive then old road to and in Simpson Branch then to and in Hunter (go up by tracks then go across the tracks) then to head of Shop Branch by 4:40 p.m.

Bus Number			
3692			
Morning run:	6:40 a.m. mouth of Tackett Fork on Big Mud Creek pick up on main road to and in Ligon Camp Road and continue picking up main road to and in Stone Hollow then continue main road Rt. 122 then to South Floyd Middle and South Floyd High Schools by 7:15 a.m. then pick up main road Rt. 122 to Osborne Elementary School by 7:25a.m.		
elem/mid/high			
elem/mid/high			
elem/mid/high			
elem			
mid/high	7:35 a.m. Price Tipple and turn and pick up on Rt. 122 main road to and in Bryant Branch then main road Rt. 122 to South Floyd Middle and South Floyd High Schools by 8:00 a.m.		
mid/high			
Afternoon run:	Same students as morning run 3:00 p.m. Osborne Elementary School drop off on main road Rt. 122 to Rt. 979 then drop off Rt. 979 main road to and in Stone Hollow drop off on main road to mouth of Tackett Fork by 3:25 p.m. 3:45 p.m. South Floyd Middle and South Floyd High Schools drop off on main road Rt.122 to 979 then drop off Rt.979 main road to and in Stone Hollow		
Bus Number			
997			

Bus Number			
997			
Morning run:	6:45 a.m. Head of Hall Hollow then to Branham Hollow then main road to Golf Hollow then to Rt.122 then to South Floyd Middle & High by 7:16a.m.		
mid/high			
mid/high			
mid/high			
mid/high	7:25 Mouth of Skull and Abe Fork then go north on Rt. 466 Number 1 and pick up down to Weeksbury Y then go to head of Caleb Fork then down to Melvin Y on Rt 122 then to South Floyd Middle and South Floyd High School by 8:05a.m.		
mid/high			
mid/high			
mid/high			
Afternoon run:	Same students as morning run 3:15 p.m. South Floyd Middle and South Floyd High Schools begin dropping off at Jct 306 & 122 to and in Golf Hollow then main road to and in Hall Hollow and main road to 79 hill and main road to and in Branham Hollow by 3:50p.m. 3:58 p.m. South Floyd Middle and South Floyd High Schools begin dropping off at Joppa Church main road then to Weeksbury and drop in Caleb Fork and then to Number 1 by 4:30p.m.		
Bus Number			
1097			

Bus Number			
1097			
Morning run:	6:50 a.m. Head of Frasure Creek pick up down to mouth of Neds Fork then go to Bill Hall Branch to McDowell Elementary School by 7:40a.m.		
elem/mid/high			
elem/mid/high			
elem/mid/high			
mid/high	then pick up main road to 122 intersection then to mouth of Cherokee Rd. to meet bus 302 then to South Floyd Middle & High by 8:15a.m.		
Afternoon run:	Same students as morning run 3:15 p.m. South Floyd Middle and South Floyd High Schools meet bus 302 at mouth of Cherokee Rd. then begin dropping off at Rt. 122/Rt. 680 intersection to McDowell Elementary School by 3:45p.m. then drop off main road to and in Bill Hall Branch then drop off from mouth of Neds Fork to Head of Frasure Creek by 4:40p.m.		
Bus Number			
602			

Bus Number			
602			
Morning run:	6:30 a.m. Ligon Camp Road then to Reynolds Branch then to Osborne Branch then pick up on main road Rt. 979 to Hi Hat Post Office then to and in Bryant Branch then to McDowell Elementary School by 7:05 a.m.		
elem			
elem/mid/high	to and in Doty Creek then to McDowell Elementary by 7:15 a.m.		
elem/mid/high			
mid/high	then back onto Rt. 122 and pick up main road and meet bus 1592 1/2 mile before Spewing Camp (get middle and high students) then continue picking up main road Rt. 122 to Price RR then to South Floyd Middle and South Floyd High School by 8:15 a.m.		
Afternoon run:	Same students as morning run 3:00 p.m. McDowell Elementary School to Doty Creek then to Bryant Branch then to Rt. 979 main road to and in Osborne Branch then main road to and in Reynolds Branch by 3:55p.m. 4:10 p.m. South Floyd Middle and South Floyd High School meet bus 1592 at Price tipple & unload students) then drop off from Price railroad tracks to and in Doty Creek by 5:00p.m.		
Bus Number			
302			

Bus Number			
302			
Morning run:	6:40 a.m. Hoods Fork Short Branch at 6:50 then to Middle Branch Rd. at 7:05a.m. to McDowell Elementary School by 7:15a.m.		
elem/mid/high			
elem/mid/high			
elem/mid/high			
elem/mid/high	7:20 a.m. Frogdown to McDowell Elementary and meet bus 1097 by 7:30a.m. to Head of Cherokee Road at 7:40 and meet bus 1097 at mouth of Cherokee Road then to McDowell Elementary School by 8:00 a.m.		
Afternoon run:	Same students as morning run 3:00 p.m. McDowell Elementary School then circle area near water plant then to Frogdown then to mouth of Cherokee Rd to meet 1097(3:35) then to head of Cherokee Rd then to Frogdown then to McDowell Elementary by 3:50p.m. then to Middle Branch Road then to Short Br. To Hoods Fork by 4:25p.m.		
Bus Number			
2796			

Bus Number			
2796			
Morning run:	7:00 a.m. Mellowbrook Lane to Betsy Layne Elementary School to Betsy Layne High School		
elem/high			
Afternoon run:	Same students as morning run 3:00p.m. Allen Central Middle & Duff to Betsy Layne Elementary School to Betsy Layne High School to Mellowbrook Lane		
Bus Number			
3592			

Bus Number			
400			
Morning run:	6:55a.m. Head of Skull to & in Poplar Grove to & in Abe Fork then to & in Tackett Hollow to & in Hen Pen then to Osborne Elementary School by 7:40a.m. then to South Floyd Middle and South Floyd High Schools by 7:45am.		
elem/mid/high			
elem/mid/high			
elem/mid/high			
Afternoon run:	Same students as morning run 3:15 p.m. South Floyd Middle & High to Osborne at 3:25p.m. to Hen Pen to Tackett Hollow to Abe Fork to Poplar Grove to Head of Skull by 4:17p.m.		
Bus Number			
201			

Bus Number			
201			
Morning run:	6:45 a.m. McDowell curve then go to mouth of Schoolhouse Hollow at 6:50a.m. then Rt. 122 then take old road from Hunter to and in Stumbo Hollow then to and in Drift Hollow then main road Rt. 122 to and in Sizemore Rt. 680 to State Hwy Garage then main road Rt. 122 to McDowell bridge then to McDowell Elementary by 7:45a.m.		
elem/mid/high			
elem/mid/high			
elem/mid/high			
elem/mid/high			
elem/mid/high			
mid/high	7:50 a.m. Minnie Townhouses then to South Floyd Middle and South Floyd High School by 8:10 a.m.		
Afternoon run:	Same students as morning run 3:15 p.m. South Floyd Middle and South Floyd High School drop off on McDowell curve then go to Minnie Townhouses (middle/high students stay on bus for 2nd run to mouth of Spurlock) 3:40 p.m. McDowell Elementary School begin dropping off on main road Rt. 122 to Sizemore then main road to and in Cow Hollow then main road to and in Drift Hollow then main road to and in Stumbo Hollow then old road to Hunter		
Bus Number			
296			

Bus Number			
296			
Morning run:			
Afternoon run:	Same students as morning run 3:00p.m. McDowell Elementary School then drop off between Doty Creek & Brenda's Place on Rt.122		
Bus Number			
398			
Morning run:	6:50 a.m. Frozen to Tackett Fork (Bagley) to Stoney Bottom then to South Floyd Middle and South Floyd High Schools		
elem/mid/high			
elem/mid/high			
elem/mid/high			
elem/mid/high	7:25a.m. Buckingham Hollow to Osborne Elementary by 7:30a.m. then to Upper & Lower Burton to Riley's Branch then to Osborne Elementary School by 7:55a.m. then to South Floyd Middle and South Floyd High Schools by 8:05a.m.		
Afternoon run:	Same students as morning run 3:00 p.m. Osborne Elementary School to Upper and Lower Burton 3:15 p.m. Osborne Elementary School to Buckingham Hollow to Stoney Bottom to South Floyd Middle and South Floyd High Schools by 3:35p.m. then to Jack's Creek then to Tackett Fork(Bagley) by 3:50p.m. then to Frozen at 3:55p.m. then to Riley's Br. By 4:10p.m. then to Upper & Lower Burton by 4:20p.m.		
Bus Number			
800			

Bus Number			
800			
Morning run:	6:45 a.m. Abner Mountain main road to and in Cole Hollow to and in Orchard Fork then to Osborne Elementary School by 7:25a.m. then to South Floyd Middle and South Floyd High Schools by 7:30a.m.		
mid/high			
elem/mid/high			
elem/mid/high			
Afternoon run:	Same students as morning run 3:25p.m. Osborne Elementary School 3:40 pm. South Floyd Middle & High Schools then to Orchard Fork then to Cole Hollow and Abner Mountain main road by 4:20p.m.		
Bus Number			
2796			

Bus Number			
2796			
Morning run:	7:00 a.m. Mellowbrook Lane to Betsy Layne Elementary School to Betsy Layne High School		
elem/high			
Afternoon run:	Same students as morning run 3:00p.m. Allen Central Middle & Duff to Betsy Layne Elementary School to Betsy Layne High School to Mellowbrook Lane		
Bus Number			
3592			

Bus Number			
598			
Morning run:	7:10 a.m. Stone Coal then to Allen Central High School		
high			
Afternoon run:	Same students as morning run Allen Central High School to Stone Coal		
Bus Number			
2992			

Bus Number			
2992			
Morning run:	6:45a.m. Corn Fork to Meadows Branch to Dodson Branch to Big Branch Bull Creek to main road Rt.3 to Town Branch to Prestonsburg High School to Prestonsburg Elementary to Adams Middle School		
Afternoon run:	3:15p.m. Prestonsburg High School to Prestonsburg Elementary to Adams Middle to Corn Fork to Meadows Branch to Big Branch Bull Creek to main road Rt.3 to Town Branch		
Bus Number			
2592			

Bus Number			
2592			
Morning run:	Goble Roberts to Dixie to Highland Heights to Lancer main road to Adams Middle to Prestonsburg Elementary to Prestonsburg High (picking up main road to all schools)		
Afternoon run:	3:00p.m. Prestonsburg Elementary to Prestonsburg High to Adams Middle dropping all to Adams Middle then to Lancer to Highland Heights to Dixie to Goble Roberts		
Bus Number			
396			

Bus Number			
396			
Morning run:	6:45a.m. Fisher Hollow to Dinwood to Beaver Valley Rd. to May Valley then to Allen Central High then to Allen Central Middle		
elem/mid/high			
elem/mid/high	Head of left fork of Pickle Bean Hollow to right fork back to main road then to May Valley Elementary to Allen Central High to Allen Central Middle		
Afternoon run:	3:00 p.m. Allen Central Middle Allen Central High to May Valley to Beaver Valley Road to Dinwood to Fisher Hollow to Allen Central Middle to Allen Central High to May Valley to Left & Right Fork of Pickle Bean Hollow		
Bus Number			
3592			

Bus Number			
3592			
Morning run:	6:45a.m. Wilson Creek to Eastern to Allen Central High to Allen Central Middle & Duff Elementary West Garret to Rock Fork to Allen Central High to Allen Central Middle & Duff Elementary		
Afternoon run:	3:00p.m. Allen Central Middle & Duff to Allen Central High to Eastern to Wilson Creek then to 3:40p.m. Allen Central High to Allen Central Middle & Duff at 3:45 to West Garret then to Rock Fork by 4:10p.m.		

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Regional COLLEGE

Sunday, August 11, 2002

Inside

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EKU announces fall nursing, health education series

RICHMOND - Eastern Kentucky University's College of Health Sciences will offer 14 continuing education courses this fall for nurses and other health professionals.

The Continuing Education Program, which includes two self study courses, is structured to meet the needs of a diverse

audience, according to Director Kathy Hall.

"We attract people from small hospitals and small facilities that don't have a continuing education program," Hall said. "Our programs are designed to have a broad appeal to people regardless of their situation."

Many of the courses address

topical health concerns that touch all segments of society. They include "AIDS Update for Health Care Professionals," "The Relationships Between Religious Belief and Health," "Music as a Healing Art," and "Domestic Violence: More Prevalent Than You Think," among others.

Several courses help nurses and other health professionals develop leadership skills, communicate more effectively with patients and colleagues, and deal with the daily pressures of their jobs. They include "Improving Your Health Assessment Skills," "Recruitment and Retention in

the Health Professions," and "Managing Bedside Emergencies," among others.

Some courses deal with specific age or patient groups. They include "Managing Psychotic Symptoms in Parkinsonism," "Type 1 and 2 Diabetes: New Technology and Treatment Options," "12 Lead

EKG Interpretation of the Acute MI Patient" and "Practical Approaches to Treating Asthma," among others.

All courses are approved by the American Nurses Credentialing Center's

(See EKU, page two)

Technical Campus part of HCC

Hazard Community College has received official notice from the Southern Association of Colleges and Schools (SACS) that the Technical Campus, formerly Hazard Technical College, is now part of Hazard Community College.

"Hazard Community College and Hazard Technical College have now come together and we are one college and one family," noted Dr. Jay K. Box, president and CEO of HCC.

The consolidation means one set of fees, one academic calendar, one schedule of classes, and one leadership team. "The benefit of all of this is a seamless blending of services and programs to benefit our students," Dr. Box said.

"This move strengthens the access to all of higher education for individuals in the service area," said Dr. Box. "By bringing the technical campus in and consolidating its functions we are allowed to strengthen current and develop new associate degree level programs."

The merger of Hazard Community and Technical Colleges is entirely consistent with their history of working together and the restructuring that is taking place within the Kentucky Community and Technical College System. Technical courses and programs will continue to be an important component of the comprehensive college mission.

(See TECHNICAL, page two)



■ Monica Majmudar

Majmudar named Transylvania Senior Challenge Pacesetter

LEXINGTON — Piarist School graduate and Transylvania senior Monica Majmudar has been recognized as a Senior Challenge Pacesetter.

As part of the Senior Challenge, members of the senior class raised \$14,878 to fund a scholarship for an incoming freshman. To be recognized as a Pacesetter, students must pledge \$100 or more to the scholarship fund. This year, an impressive 56% of the Transylvania senior class participated in the Senior Challenge.

Majmudar is the daughter of Drs. Gopal and Mina Majmudar of Martin.

Transylvania, founded in 1780, is the nation's 16 oldest institution of higher learning and is consistently ranked in national publications as one of the top liberal art colleges in the country.



Stephen Jurich is assisted by bookstore employee Teresa Taylor.

BACK TO THE BOOKS

Did you know?

"Where do book bucks really go?" Breaking the dollar down, 32.1 cents goes toward the publisher's paper, printing and editorial cost; 11.5 cents for the author's income; 9.9 cents toward the publisher's general and administrative cost; 15.3 cents for marketing costs; 4.7 cents college store income; 6.8 cents college store operations; 1.3 cents

freight expense; and 11.4 cents toward college store personnel.

Back to school is usually the focus for most during the month of August. Getting school clothes, school supplies, and for those attending college, books are a must.

College classes will be beginning soon and for those who have already registered the Prestonsburg Campus bookstore is open and ready to serve

them.

Linda Little, bookstore manager of all three campuses — Mayo, Prestonsburg, and Pikeville — says, "The bookstores focus is to help students get what they need without adding to the stress and hassles of beginning a new semester."

Little realizes the need for

(See BOOKS, page two)

COLLEGE CALENDAR

PCC TO OFFER CLASSES AT AREA HIGH SCHOOLS

Prestonsburg Community College will be expanding the offering of classes into the Pike County area for Fall 2002.

The schedule includes Writing I (ENG 101) at Belfry High School on Monday evenings (6 to 8:30 p.m.) and Shelby Valley High School on Tuesday and Thursday afternoons (3:10 to 4:45 p.m.) Writing I is a three credit-hour course that includes grammar and mechanics review.

Also being offered at Belfry High School on Wednesday evenings is

Improved College Reading (RDG 020), a developmental education course. This is a three credit-hour course designed to improve reading skills and prepare students for College level reading.

For more information on registration and placement testing call 1-888-641-4132 or 606-218-2060.

PCC, MAYO REGISTRATION

Open registration for the fall semester for Prestonsburg Community College and Mayo Technical

College will be held on August 19 to 22 from 8 a.m. to 6 p.m. and registration for the evening classes will be on August 20 from 6 to 7 p.m.

NIGHT CLASSES AT HAZARD TECH CAMPUS

The Technical Campus of Hazard Community College will offer night classes beginning with the fall semester, starting Monday, August 19.

Basic electricity will be taught. Also, Jack Hayes will teach basic

(See CALENDAR, page two)

CAMPUS CONNECTION

College Camp 2002

by RACHELLE BURCHETT

During summer vacation attending school is probably the last thing that students want to think about. However Floyd County middle school students proved to be thinking a little smarter this summer.

David Pelphrey, director of economic and workforce development for the Big Sandy Community and Technical College District, worked on developing a partnering relationship between East Kentucky GEAR UP and Floyd County



■ Burchett

Schools. In doing so, he organized a one-day College Camp for Floyd County middle school students to attend.

As time has passed we have learned that it is never too early to prepare for an educational future. This camp gave students an opportu-

(See COLLEGE, page two)

Check out night classes at the Tech Campus

The Technical Campus of Hazard Community College will offer night classes beginning with the fall semester, starting Monday, Aug. 19

Basic Electricity will be taught. Also, Jack Hayes will teach Basic Automotive Repair for Beginners; Mark Fields will teach Basic Home Repair for Beginners; and Susan Goodson will teach aromatherapy. Classes will be on Thursdays, from 6 p.m. to 9 p.m. at the Technical Campus.

Also to be offered are: Basic Brick and Block Laying, Breathitt Area Technology Center, Wednesdays from 6 p.m. to 10 p.m. with Breathitt ATC carpentry instructor Claude Gross; Basic Plumbing, Mondays, 6 p.m. to 10 p.m. at the Knott Area Technology Center with Knott ATC principal Patrick Goodin as the instructor;

(See NIGHT, page two)

MSU-Prestonsburg classes number over 100

PRESTONSBURG - More than 100 classes, including some internet courses, will be offered at Morehead State University at Prestonsburg this fall for graduate and undergraduate students.

Registration is scheduled for Thursday and Friday, August 15 and 16, from 9 a.m. to 6 p.m. both days.

Current students, who have an official check sheet on file, may register via MSU's website (www.moreheadstate.edu) using their personal identification number (PIN). Those who do not have a PIN are given the option to choose one when they log into the student user page.

Classes will be offered in a variety of subject including accounting, art, biology, computers, criminology, economics, special education, elementary education, English, finance, geography, government, health, history, management,

philosophy, physics, psychology, speech, and social work. Also available are courses designed for registered nurses working toward the B.S.N. degree.

Textbooks are for sale by phone at 1-888-786-7305 and online at http://bookstore.moreheadstate.edu.

All classes will meet at the center, located at 719 University Drive. The cost per credit hour is \$122 at the undergraduate level and \$176 at the graduate

level.

More than 800 students are enrolled in classes at MSU at Prestonsburg each year. Students may pay bills, receive advising and complete the registration process on site.

Specific information on classes or registration may be obtained by calling Dr. Margaret Lewis, center director, locally at (606) 886-2405 or toll free from (800) 648-5372.

Radiography rules



Doug Morgan, of Hazard ARH, hires Hazard Community College graduates to work in the radiography department of the hospital. ARH and HCC have a good working relationship involving the training of future radiographers.

at Hazard ARH Regional Medical Center as part of their course work. "I often seek input from both my managers and the HCC Coordinator Homer Terry to determine the students academic and clinical performance to discern if the candidate will be a good fit for our facility," Morgan said. "We've hired a lot of HCC students. In fact both of the my managers were former students of HCC." Morgan said they look for employees who are from the area and are going to stay here, which is why HCC students are often a good choice. Morehead State University also sends students for clinical rotations at our facility. "This has been beneficial as the HCC and MSU students have the opportunity to learn from each other," Morgan said.

Looking for a good career choice? Try HCC/SECC Regional Radiography program. Among the many attractive programs at Hazard Community College and Southeast Community College is the radiography program, especially during this time when there is a high demand for those trained in the radiography field.

Just ask Doug Morgan, a 1993 graduate from Hazard Community College's radiography program, who was hired at Hazard ARH Regional Medical Center right after graduation and is currently the Director of Medical Imaging. Mr. Morgan is accountable for managing all technical aspects of the Imaging Department in regards to services, programs and evaluation of such programs. He oversees a staff of 60 plus employees and is the acting imaging consultant and advisor for the areas ARH clinics.

"My experience at Hazard Community College has served me well. The opportunity to attend clinical sites throughout Eastern Kentucky was very beneficial in preparing me for a career in radiography." Morgan began at HCC as a mining engineering student but realized the areas coal industry was declining and sought an alternative profession in radiography. "It was a positive step that opened up a world of opportunities and I have not looked back."

Now his job often involves the hiring of new employees, many who are graduates from the College and have spent time

Morgan praised the faculty members at Hazard CC, especially Homer Terry and Astor Halcomb. "We work well together; they are very helpful," Morgan said.

Morgan encourages potential students to enroll in a radiography program, noting a shortage of radiographers. "This field right now has tremendous potential," Morgan said.



William May

said. "The Medical Imaging Department has experienced phenomenal growth. We have implemented several new services (EP, PET, etc.) in just the past year with an Open Heart program slated to begin service in 2003. We are continuously upgrading our equipment and technology, recently installing a Computed Radiography System, a state of the art Multi-Slice CT unit, and much more. ARH is committed to meet the needs of the people of Central Appalachia. This commitment will create numerous opportunities for those wishing to pursue a career in the radiology profession."

HCC radiography coordinator Homer Terry further emphasizes Morgan's point. "Of all of our 17 graduates from this past May, all have been hired."

Registration for the fall semester at HCC will be Aug. 12-16.

Classes begin Monday, Aug. 19. Radiography is a regional program, offered jointly through HCC and SECC, and is a selective admission program, based upon grades and other factors. To find out requirements, call 800-246-7521, ext. 555.



Adam Chaffins

Two local students attend Academic Camp for Appalachian students at Transylvania university

LEXINGTON - Two local students, Adam Chaffins and William May, attended the Academic Camp for Appalachian students at Transylvania University July 7

to 12.

The camp, which is supported in part by the Jesse Ball duPont Fund, gives high school students entering their junior or senior year an introduction to the liberal arts education. As participants in this unique program, students had the opportunity to experience life and were introduced to the liberal arts through discussion in nine academic areas. Students also learned how to prepare for college work and learned how to better their scores on standardized examinations. Transylvania professors served as teachers and Transy students served as mentors and group leaders.

Adam Chaffins is a junior at Betsy Layne High School and the son of Bobby and Linda Chaffins of Harold.

William May is a junior at Prestonsburg High School and the son of Billy and Ernestine May of Allen.

Prestonsburg and is a graduate of Prestonsburg High School.

Kentucky's highest ranked national institution, Centre is listed by U.S. News and World Report among the country's top 50 national liberal arts colleges and is the most affordable college in that group. Centre leads all colleges and universities in the percentage of alumni who give annual financial support.

Books

prompt service and having readily available books and supplies that students' need. She has a long history with Prestonsburg Community College as she began working here part time while attending classes in 1965. She went on to become a full-time employee at the college in 1967 and continued working in Academic Affairs for many years until she moved to the bookstore.

As a previous student and a long-time employee, Little understands the importance of excellent service in the bookstore.

"We are ready and waiting to help you," Little said. "The bookstore has more than books. We have any required supplies for your classes along with general office supplies."

Linda also said that the bookstore has software available at educational rates for students and employees. The bookstores can also special

order books of any kind for students and those within community.

Other services the bookstore offers include faxing, shipping personal packages, gift certificates, and at Christmas they even provide self-service gift wrapping.

"The service of the bookstore is better than ever," said Little, "as we now have more room which allows students to have better access to books and supplies."

The bookstore staff is friendly and familiar with the required texts needed for classes and helping students is their goal.

Stephen Jurich of Johnson County and a junior at the University of Kentucky was able to experience the quality service that the bookstore offers.

"At larger campuses there may be four or more bookstores and it takes a lot of time going

to each of the stores trying to find the textbooks you need," Jurich said. "But at the Prestonsburg Campus you can get it all in one place. The staff at the bookstore is also very helpful. I didn't have to waste time trying to find the books I needed. I just gave them my schedule and they did the rest."

This is Jurich's second summer taking classes at the Prestonsburg Campus and he feels confident in the education that he is receiving there.

"Classes are smaller and there is more direct time with the professors," said Jurich.

If you have already registered for fall classes, beat the rush and take your schedule to the friendly staff waiting to serve you. The bookstore hours are Monday to Friday 8:30 a.m. to 3:30 p.m., Monday evenings from 5 to 6:15 p.m. while classes are in session and Monday to Friday 8:30 a.m. to 12 p.m., 1 to 3:30 p.m.

Night

Continued from p1

Basis Property and Site Surveying will be offered on alternate Saturdays beginning Aug. 24 from 9 a.m. to 4 p.m. Basic deed research will be covered. Tom Watts, Technical Campus of HCC faculty member, will teach.

To register, call Elaine Cress at 436-5721, ext. 8310 or 800-246-7521.

CDL Recruiters at HCC's Tech Campus

Looking for a job? The CDL Truck Driver Training program at the Technical Campus of Hazard Community College will have a recruiter from Werner Transport at their office in the heavy equipment building on the Technical Campus on Monday, Aug. 5 at 3 p.m.

The recruiter will be at the Technical Campus on Wednesday, Aug. 21 at noon. For more information call (606) 435-6101 ext. 8381.

College

nity to visit the Prestonsburg Community College Campus and take part in several activities.

The auditorium was packed with 125 middle school students anxious to begin the day—that is until David Pelphey announced that the first activity would be ACT Work Keys assessments in math and reading. A unison of groans fell across the auditorium, but by lunch time happy faces could be seen again as the students enjoyed pizza on the campus courtyard.

After lunch the real fun began as students were split into color-coded groups and led to participate in science, robotics and math activities by college instructors. As I traveled from room to room I marveled at the attentiveness of the students and how natural they looked sitting in a college classroom.

Visiting the campus was Dean Robinson from the Hager Hill Campus, demonstrating robotics. Included in his demonstration was a robot arm pouring him a cup of coffee and another one that sorted eggs by size.

Down the hall in the chemistry lab was Professor Ken Fuller, preparing to make a batch of gooey slime. You could feel the excitement as we never get to old to play with slime.

In a turn of events, students attended classes with Dr. Reza Akhlaghi, Hassan Saffari and Randy Watts, math professors at the Prestonsburg Campus, to

Technical

Continued from p1

Dr. Michael B. McCall, president of KCTCS, said the consolidation of functions, services and programs in the college allows to even better focus on the value of an education.

"Hazard Community College as well as the others in the KCTCS system offers the best value in postsecondary education in the Commonwealth."

The merger

creates a "comprehensive" community and technical college with a full complement of programs and services offered under a single institution.

improves effectiveness and efficiency by merging programs, personnel and services.

promotes a full integration of academic and technical programs that facilitate student movement from one college to another.

simplifies financial aid packages.

enhances library services on the technical college campuses and provides greater access to instructional resources for all students.

promotes solidarity among faculty and staff by establishing administrative structures, e.g., faculty assembly, staff council, to serve all personnel.

encourages the institutions to jointly and cooperatively serve the needs of the community and region.

The merger fulfills the promises of the Kentucky Postsecondary Education Improvement Act of 1997, particularly the goal that by the



Scholars show PRIDE

The UK-Robinson Scholars Program sponsored a PRIDE/Adopt-A-Highway community service project at the Bert T. Combs Lake in Clay County on July 26, 2002. Scholars from 16 Eastern Kentucky counties participated in the project. Pictured fourth from left is Mindy Tackett, of Floyd County, with other participants and James M. Davis, far right, regional coordinator of the UK-Robinson Scholars program.

Continued from p1

indulge in mind boggling math puzzles. The key behind these puzzles was to help students realize the need and importance for basic math operations and of course to challenge their minds.

David Pelphey spoke with students about the transition involved from high school to college, while Jackie Bowling, coordinator of community and economic development, spent time helping the students get to know each other.

One of our goals at the Prestonsburg Campus is to welcome students and help them become familiar and comfortable with our campuses and I couldn't think of a better way to start.

Students didn't go home empty-handed, as they were given College Camp 2002 t-shirts and a certificate of completion signed by the college president and CEO of the Big Sandy District, Dr. George D.

Edwards, who was very much pleased with the outcome of the camp.

"The first annual College Camp was a rousing success," Edwards said. "The 125 youngsters who participated in the event were exposed to some of our finest faculty members. They had a great time and they learned a great deal about careers, the world of work, and the skills needed for high demand jobs. We look forward to partnering with the Gear Up program for similar future activities."

All went well with our first endeavor to familiarize middle school students with our campus and Pelphey hopes to make the camp a tradition at the college.

"I feel that the College Camp exceeded our expectations in that students who participated seemed to have a marvelous day and what's most pleasing is that the faculty and staff who assist-

Calendar

Continued from p1

automotive Repair for Beginners; Mark Fields will teach basic home repair for beginners; and Susan Goodson will teach aromatherapy.

Classes will be on Thursdays, from 6 to 9 p.m. at the Technical Campus.

Also to be offered are basic brick and block laying, Breathitt Area Technology Center,

Wednesdays from 6 p.m. to 10 p.m. with Breathitt ATC carpentry instructor Claude Gross; basic plumbing, Mondays, 6 to 10 p.m. at the Knott Area Technology Center with Knott ATC principal Patrick Goodin as the instructor; basic property and site surveying will be offered on alternate Saturdays beginning Aug. 24 from 9 a.m. to 4 p.m. Basic deed research will be covered. Tom Watts, Technical Campus of HCC faculty member, will teach.

To register, call Elaine Cress at 436-5721, ext. 8310 or 800-246-7521.

ALICE LLOYD TO BEGIN FALL SEMESTER

Classes for the fall semester at Alice Lloyd College in Pippa Passes will begin on Thursday, August 22.

New students, including all new transfer and commuter students, should plan to arrive on campus Sunday, August 18, and there will be a meeting at 6 p.m. in the Campbell Arts Center.

Registration for upperclassmen will be August 20 from 8:30 to 9:30 a.m. for juniors and seniors and from 10 a.m. to noon for sophomores.

Freshman registration will be August 21, from 8:30 a.m. to 4 p.m. Freshmen should see the registrar's office for the appropriate time.

EKU

Continued from p1

Commission on Accreditation and the Kentucky Board of Nursing. They are taught by EKV faculty members, faculty from other campuses and professionals working in the respective disciplines.

EKU is Kentucky's largest producer of nurses and allied health professionals at the undergraduate level and now offers a graduate program in nursing.

Most of the one day courses will be held at EKV's Perkins Building or at Shaker Village. The AIDS course will originate on the EKV campus and will be

available at Danville, Somerset, Manchester, and Corbin via two way interactive television. "Managing Bedside Emergencies will be taught at the Pattie A. Clay Regional Medical Center in Richmond and the "EKG Interpretation" course will be taught at Ephraim McDowell Regional Medical Center in Danville.

Enrollments are limited, and early registration is suggested. For more information or a program catalog, call 859-622-2143 or visit the program's web site at <http://www.ced.eku.edu>.

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TIMES Email: web@floydcountytimes.com

The 401(k): A rip-off of workers or a savior?

by EILEEN AMBROSE
THE BALTIMORE SUN

The 401(k) isn't just taking a beating from the stock market. There's increasing criticism that the rise of the savings plan and the decline of the traditional pension will leave more people

in financial straits in retirement. "It's a worker rip-off," said Edward N. Wolff, a New York University economist who studied retirement wealth of households nearing retirement.

Wolff's study, published recently by the Economic Policy Institute, found that the

401(k) benefited the wealthy, who have more disposable income to salt away in the plans. But the 401(k) led to an 11 percent drop in retirement wealth for the typical household from 1983 to 1998, despite the bull market.

As of 1998, nearly one in

five households faced the prospect that their retirement income will be below the poverty line, Wolff found. And 42.5 percent of households were expected to have less than half of their current income in retirement, up from about 30 percent in 1989.

William Wolman, co-author of recently published "The Great 401(k) Hoax," also criticizes companies for adopting inexpensive 401(k)s, which shifted the risk and critical investment decisions from employer to workers.

When the economy soured,

some companies cut their matching contributions, he said.

Some academics disagree with Wolff's methodology and defend the 401(k).

They point out that many employees never qualified for a

(See RIP-OFF, page four)

Medicare
AND YOU

Donna R. Morton
Medicare Beneficiary
Outreach Coordinator
AdminaStar Federal

Q What does 'capped' rental mean when Medicare is helping pay for durable medical equipment?

A Medicare requires that you rent certain types of medical equipment and places a limit on the number of rental payments. This is called 'capped' rental. After the item has been rented for nine consecutive months Medicare requires the supplier to offer you a purchase option. The capped rental category consists of any item meeting the following qualifications:

- Not customized
- Not oxygen or oxygen-related
- Not routinely purchased
- Not service-intensive

Q What are some examples of capped rental items?

A Examples include, but are not limited to, CPAP devices, external infusion pumps, hospital beds, nebulizers, air-fluidized beds, and wheelchairs.

Q Medicare has been paying for a piece of rental equipment for me and I just received a 'purchase option' letter from my supplier. What should I do?

A Medicare requires the supplier to offer you a purchase option after the item has been rented for nine consecutive months. You should respond to the purchase option letter within 30 days and indicate whether you would like to purchase or continue renting the equipment.

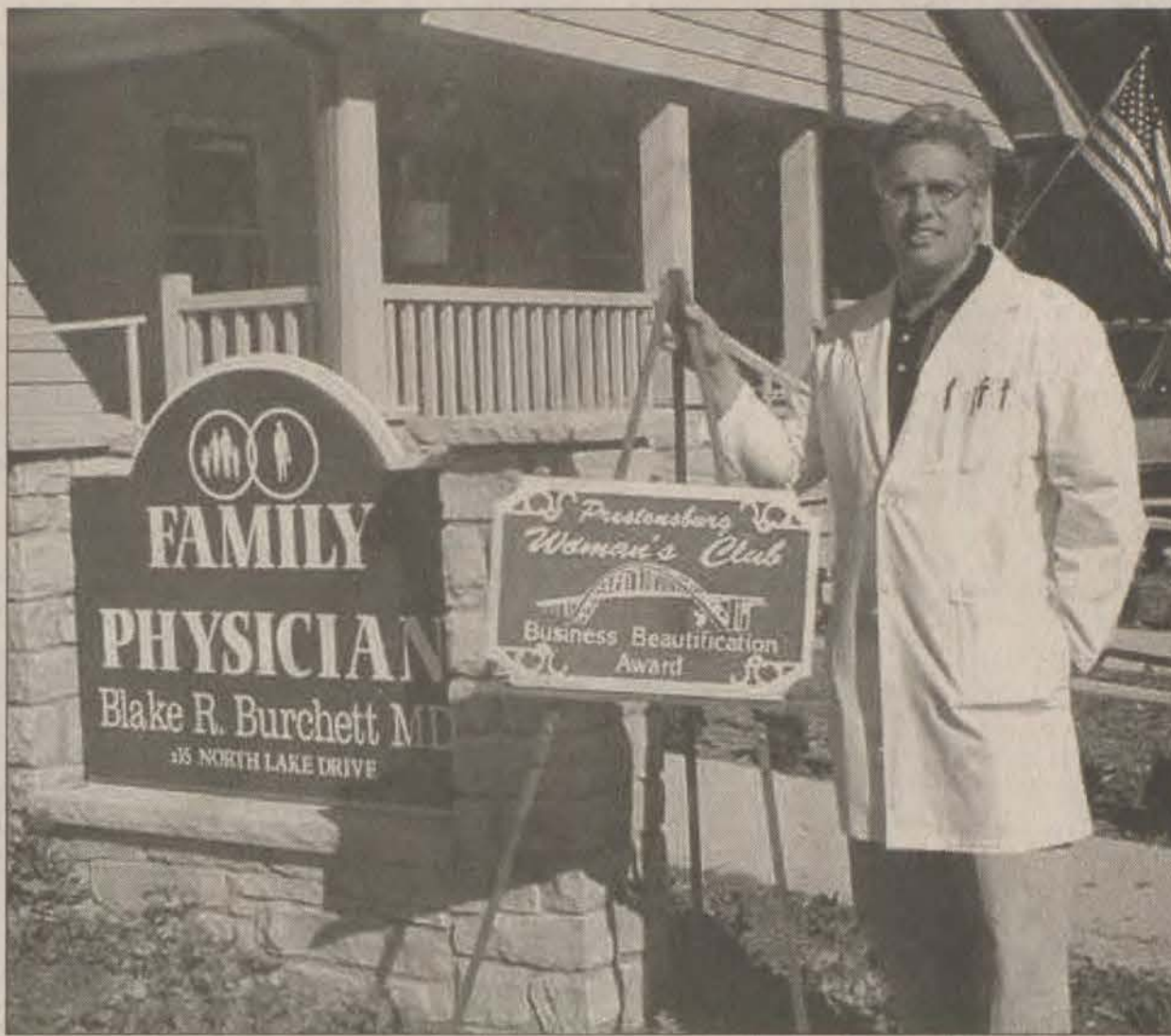
Q What happens if I choose the purchase option at this time?

A If you choose the purchase option, Medicare will make a total of 13 rental payments. You then own the equipment, and Medicare will pay for necessary repairs.

Q Will Medicare continue to pay if I choose the rental option?

A If you choose the rental option or do not respond to the purchase option letter, Medicare will make a total of 15 rental payments. After the 15 payments, Medicare pays only a semi-annual maintenance and servicing fee (whether or not service is provided). This continues as long as the item is medically

(See MEDI-CARE, page four)



Dr. Blake Burchett, family practitioner, was presented with the "Business Beautification Award" by the Prestonsburg Woman's Club.

Burchett receives
Woman's Club
business award

PRESTONSBURG — The Prestonsburg Woman's Club has awarded its second "Business Beautification Award" to Dr. Blake Burchett's family practice office.

The award, which is presented on a quarterly basis, was presented

to Dr. Burchett's office in recognition of the work that was done toward turning an older, existing structure, formerly a residence, into an attractive business office.

The addition of several new exterior improvements, as well as

interior, have made the busy doctor's office a noticeable new improvement to the city. Neatly landscaped grounds as well as a newly polished exterior accentuate the cleanliness of the office spaces found within.

Dr. Burchett has also added a very attractive stone sign that displays the office name as well as exemplifying a touch of the region's history.

The Quarterly Business Beautification Award is presented each quarter, March through December, to a different Prestonsburg business. It is given in recognition of the best or most improved exterior landscape including the outer storefront area and the area surrounding the business.

Renovations that add to the appearance and/or structural soundness of the property, beauty and maintenance of landscaping, along with overall cleanliness of the area are taken into consideration.

(See AWARD, page four)



From left to right, Sharon May, Dr. Blake Burchett, Kim Clifton, and Mary Thompson all work together to keep a busy doctor's office running smoothly.

Massey Energy officials named in lawsuit

by JOHN RABY
ASSOCIATED PRESS

CHARLESTON, W.Va. — Massey Energy Co. officials were accused in a class-action shareholder lawsuit Monday of insider trading and otherwise failing to act in the company's best interests.

The lawsuit accuses officials of the

Richmond, Va.-based company with breaching their fiduciary duty, misappropriating information and wasting corporate assets by allegedly refusing to comply with environmental, labor and securities laws.

The lawsuit seeks to have Massey officials return money to the company that allegedly was obtained through insider trading.

"The lawsuit charges that the executives acted in their own personal interests rather than in the best interest of the company," said Darren Robbins, an attorney for the plaintiff.

He said the actions "are having a ruinous effect on the company and its shareholders."

The statement did not say where the lawsuit was filed, but the United Mine

Workers union said the lawsuit was filed in Boone County.

Robbins did not immediately return a telephone message Monday night.

The lawsuit names the Massey board of directors and Don L. Blankenship, who is the company's chairman, chief executive officer and president.

(See MASSEY, page four)

KBA BANQUET

Prestonsburg
attorney joins
Kentucky Bar
Association

John M. Rosenberg, of Prestonsburg, has been elected to represent the 7th Supreme Court District on the Kentucky Bar Association's Board of Governors.

The Kentucky Bar Association is the unified professional and regulatory association of the Kentucky legal profession. Chief Justice Joseph Lambert swore in Rosenberg at a ceremony in Covington at the KBA's Annual Banquet on Friday, June 14.

Rosenberg received his L.L.B. degree from the University of North Carolina School of Law. He holds an AB Degree in chemistry from Duke University. He also received honorary doctorate degrees from the William Mitchell School of Law in St. Paul, Minn., and Morehead State University.

Rosenberg recently retired as director of Appalachian Research and Defense Fund (Appalred), a legal services program serving low income clients in 37 counties in eastern and south central Kentucky through a network of nine area offices. He

(See JOINS, page four)

CHAMBER NOTES

Keeping your
business active
with the chamber

The Floyd County Chamber of Commerce gives you and your business an active social life. The Chamber emphasizes a basic good business practice approach by offering members the ability to, "place your business in the right place, at the right time", keeping your business services and products in the thoughts of your customers.

An active business does effective business networking and the Chamber is an excellent place to start. The Chamber has the August calendar presenting members ideal business networking opportunities. Mark your calendar for these upcoming events:

ThunderRidge Entertainment Facility "Business After Hours" on August 13th, 5 to 7 p.m. Interested in horses and cars, then ThunderRidge is the place to visit. Chamber Members will be visiting this one-of-a-kind area attraction. Members will be touring the facility, getting information on the years calendar events and enjoying an evening of business networking.

"Chamber Night at the Opry" on August 16th, 8 p.m. showtime. The Mountain Arts Center is hosting a Kentucky Opry Chamber special were

(See CHAMBER, page four)

Rip-off

pension because they switched jobs too often. And not all pensions offered generous benefits.

"I would take the 401(k) plan, thanks," said Jonathan Skinner, an economics professor at Dartmouth College.

Skinner co-authored a study last year that compared how workers with pensions in 1983 would have fared with a 401(k).

In simulations that excluded the 1990s bull market and included workers' bad investing habits, employees still ended up with more retirement income with a 401(k), Skinner said. The median annual benefit was \$9,227 for the pension compared with \$12,694 for the 401(k).

The 401(k) fared better largely because the money can be invested in the stock market, which historically has a higher return than a pension provides, he said.

For many workers, the question of which retirement plan is better is moot. Pensions are disappearing and a 401(k) might be the only option. "It's nice to look back on the good old days," said Joel Ticknor, a Reston, Va., financial planner. "But it's not there anymore."

Even 401(k) critic Wolman said, "You have to participate in your 401(k)."

At the end of last year, 401(k) assets totaled \$1.58 trillion, a 6 percent drop from the year before, reported Spectrem Group. The latest figures also show that workers haven't reduced their contributions, although they have been shifting money from stock to bond funds.

Steps that workers can take to boost their balances and retirement prospects over the long run include:

■ **Increase contributions:** Wolff estimates that workers saving at least 10 percent of pay in a 401(k) over 40 years could replace 50 percent to 60 percent of their preretirement income.

Along with Social Security and other savings, workers could have a retirement income equal to about 80 percent of preretirement income, allowing them to maintain their standard of living, he said.

■ **Create a 401(k) club:** Novice investors learn about the market by joining investment clubs, where they research stocks and buy shares as a group. Wolman suggests co-workers form similar clubs for their 401(k)s. He said members can keep up with what's happening with the plan and lobby an employer for, say, better investment choices or lower administrative costs.

■ **Develop a plan:** "One of the mistakes people are making is they are trying to make long-term investment decisions without the benefit of doing any planning," said Fred Cornelius, a financial adviser in Rockville, Md. They don't know how much they need for retirement, or what their investments must earn to reach their goal, he said.

By planning, he said, workers might discover that they don't need to invest as aggressively, that they must save more or should readjust retirement expectations.

■ **Diversify:** Workers only have to look at Enron Corp. to see the dangers of investing too much in an employer's stock. Some financial planners suggest limiting ownership in company stock to 10 percent or 20 percent. Cornelius advises against owning any employer stock in a 401(k), provided the plan doesn't restrict the sale of company shares.

"That ties up your financial fortune too much in the company," he said. "Let's face it, if you lose your job because the company is doing poorly, chances are your stock is going down as well."

If you want to own company

stock, do so outside the 401(k), Cornelius said. That way if it skyrockets, you can sell it and pay capital gains tax on the profits, rather than ordinary income tax, which is likely higher than the rate applied to 401(k) withdrawals.

A well-diversified account holds large-cap, mid-cap and small-cap stock funds, growth and value and domestic and international, experts said. Also, don't overlook bonds.

■ **Choose low-cost funds:** Workers often aren't aware of the fees charged by the mutual funds in their 401(k)s, but, "It's draining their returns," said Annette Simon, a Bethesda, Md., financial planner.

Check 401(k) funds' expenses at Morningstar Inc.'s Web site, www.morningstar.com. Anything above 1 percent of assets for an actively managed domestic fund and 1.5 percent for an international fund is too high, Simon said. The expenses for index funds, which passively track a benchmark, shouldn't exceed 0.30 percent, she said.

■ **Avoid borrowing:** Plans usually permit workers to borrow against their 401(k) account and repay the money with interest. Workers might need to tap the 401(k) in an emergency, but should avoid treating it like a revolving credit line. "While the money is not there, it's not growing and you're always playing catch-up," Simon said.

Similarly, don't cash out a 401(k) when switching jobs, but roll it over into an individual retirement account or the new employer's plan, if possible, so the nest egg continues growing.

■ **Review annually:** Make adjustments if needed. "For most people, managing their own money once a year is fine, just to re-balance, look in the mirror and say, 'My life situation, has it changed?'" Ticknor said.

Continued from p3

Massey

Massey spokeswoman Katharine W. Kenny said the company was served with the lawsuit on Monday.

"We don't have any other comment at this point because we just saw it," she said.

During 2001, the company twice reported false financial results or projections, causing the company's stock price to be artificially inflated, the lawsuit said. Using inside information, Blankenship and others made about \$5 million in proceeds, and the company took no action to try to recover the money, the lawsuit said.

The company's stock traded at \$22 at the beginning of the year and has fallen to a little more than \$7 per share, equating to a loss of more than \$672 million in market value, or nearly 68 percent of Massey's market capitalization, the lawsuit said.

The lawsuit also said officials failed to comply with state and federal environmental laws, resulting in millions of dollars in fines, penalties and compensatory damage judgments.

Last month, a Massey Energy subsidiary was ordered by the state of Kentucky to pay \$3.25 million in penalties and damages for one of the nation's largest sludge spills.

In October 2000, more than

300 million gallons of water and sludge broke through the bottom of an impoundment on a mountaintop outside Inez, Ky. The material gushed into underground coal mine portals, out into two creeks and into the Big Sandy River.

The U.S. Environmental Protection Agency called the spill one of the worst environmental disasters ever in the Southeast.

MSHA and the U.S. Office of Surface Mining concluded that Martin County Coal could have prevented the spill. Investigators said the company failed to follow recommendations to make the pond safe after a smaller leak in 1994.

Last month, the state of West Virginia ordered Massey to close a Mingo County mine after 20,000 gallons of polluted mine water was discharged into a nearby creek and lake. The state suspects the release was intentional.

"Not only have these spills destroyed surrounding wildlife and subjected thousands of people to dangerous toxins, they have caused the company to incur millions in expenses to remediate these environmental tragedies and to defend and/or settle claims as a result," the statement said.

Also last month, mud and

water overflowed from a sediment pond at another Massey subsidiary mine near Lyburn in Logan County following a night of rains. At least one house was destroyed and several others were damaged by the flash flood.

The lawsuit also said the company spends millions of dollars of shareholder assets attempting to avoid the unionization of its work force.

The UMW applauded the lawsuit, which is the latest roadblock for Massey.

"These are issues we have been highlighting for years to citizens and activists throughout Appalachia as part of the UMW's campaign to expose Massey Energy as a bad corporate neighbor," UMW President Cecil Roberts said.

Last Thursday, Massey was hit with a \$50 million verdict after a Boone County jury ruled it defrauded another coal firm and interfered with the firm's ability to conduct business.

Last month, a picnic for up to 15,000 Massey employees ended up in the state Supreme Court.

Massey had rented Magic Island near the Kanawha River for a picnic for up to 15,000 employees and relatives. The company has set up 16 large tents, a band stage and carnival rides.

Continued from p3

Bankruptcy Filings

The following bankruptcy filings for the Pikeville District were filed in the U.S. Bankruptcy Court in Lexington between July 26 and August 8.

Chapter 7

- Judith Dale McFall, Neon.
- Foley H. Gunnell and Janice Gunnell, Garrett.
- Donald R. Prater and Tyva D. Prater, Emmalena.
- Jamie Fitzpatrick and Sherry Fitzpatrick, Harold.
- Vickie L. Howard, Salyersville.
- George McGinnis and Crystal McGinnis, Tomahawk.
- Zachary Wells and Heather Hells, Prestonsburg.
- Felecia Kilgore, Pikeville.
- Peggy Collins, Prestonsburg.
- Roy M. Burns, Wittenstown.
- James R. Blair, Hager Hill.
- Ramona Fields, Royalton.
- William Cumbee and Tina Cumbee, Sitka.
- Alva Ousley, Martin.
- Gena Chandler, Paintsville.
- Vernon Everidge, Sassafras.
- Larry Engle Jr. and Catrina Engle, Happy.
- David Jeffery Fitch and Elizabeth Viola Fitch, Tomahawk.
- Thomas Phipps and Bessie Jean Phipps, Salyersville.
- Ricky Alan Blevins and Amanda Blevins, Prestonsburg.
- Mark Loren Fitzpatrick, Prestonsburg.
- Rebecca Michelle Smith,

- Hager Hill.
- Tracy Lynn Sherman, Salyersville.
- Andrew Crider, Varney.
- William Allen Conley and Karma Jane Conley, Paintsville.
- Kimberly Ann Crisman, Pikeville.
- Georgia Lewis, Prestonsburg.
- Brian Mullins and Cassie Mullins, Pikeville.
- James Van Dyke, Stopover.
- Joann Hamilton, Grethel.
- Tonya Milam, Pikeville.
- Rhonda Michelle Hampton, Pikeville.
- Reona Chapman, Freeburn.
- Carl Damron and Melinda Damron, Regina.
- Crystal Ratliff, Pikeville.
- Joey Hopkins, Shelbyana.
- Steven Slone, Kimper.
- Jackie Dean Chapman, Raccoon.
- Tammy Bentley, Shelbyana.
- Shirley Bentley, Shelbyana.
- Maebelle Hurley, Phelps.
- Verlin Smith, Ransom.
- Stelson J. Stephens and Arlene Faye Stephens, Salyersville.
- Brenda L. Cole and Bobby G. Cole, Salyersville.
- Karen Sue Cantrell, Royalton.
- Robert Williams, Salyersville.

- Maudie Crum, Martin.
- Charles A. Wade, Martin.
- Robert Harold Lay and Flora Ann Lay, Virgie.
- Pauline Miller, Jackhorn.
- Ronald Dunn, Ermine.
- Susan L. Farley, Jenkins.
- Jesse L. Bates and Christine Bates, Thornton.
- Virgil Whitt, Jamboree.
- Derick Vinton Adkins and Debra Lynn Adkins, Mouthcard.
- Rudolph Spaulding and Lois Spaulding, Warfield.
- Brandon Gary Belcher and Michelle Dawn Belcher, Robinson Creek.
- Commodore Jacobs Jr. and Kimberly Jacobs, Pippa Passes.
- Clinton Slone and Deborah Slone, Topmost.
- Gina Rich, Shelbyana.

Chapter 13

- Geraldine Waller, Partidge.
- Leslie C. Hall and Dena E. Hall, Jenkins.
- Ricky J. Cornett and Sandra G. Cornett, Linefork.
- James A. Jones and Melissa A. Jones, Hallie.
- Tony R. Ison, Whitesburg.
- Sandy Williams, Elkhorn City.
- Rhonda Brewer, Hazard.
- David R. Pike and Geria L. Pike, Mallie.

Continued from p3

Joins

held this position from Appalred's founding in 1970 for more than 31 years.

Prior to that time, from 1962 to 1970, Rosenberg served as a trial attorney and section chief in the Civil Rights Division of the United States Department of Justice, litigating racial discrimination cases throughout the South.

Additionally, Rosenberg is a member of the Kentucky Public Advocacy Commission and chair of the Floyd County Ethics

Commission. He has served as Chair of the Education Law Section and the Public Interest Law Section of the Kentucky Bar Association and is a member of the KBA's Elder Law Committee.

Rosenberg has received a number of awards for his public service work, including the American Bar Association's John Minor Wisdom Public Service and Professionalism Award, the Kentucky Bar Association's Pro Bono Award, and the Public Advocacy Commission's Nelson Mandela Award.

Presently, Rosenberg primarily volunteers and assists several non-profit corporations. He has a part-time private practice.

Chamber

Continued from p3

Chamber Members can bring family, friends, business associations and employees out for an evening of musical entertainment. Ticket price is \$8.00 and will be sold on a first-come, first-serve basis. So if you have not reserved your ticket, now is the time.

Action Outdoor Faith Signs & Awnings Ribbon Cutting/Grand Opening August 26th, 10 a.m. at 1392 Watergap Road, Prestonsburg. Everyone is invited to visit and tour Action Outdoor, join the Chamber in welcoming this new business to the Chamber and the county.

With the Chamber, your business can plan unique ways of getting your service and product information out to Floyd County and the surrounding areas. Contact the Chamber if you are interested in expanding your business awareness. Please call the Chamber office 606-886-0364 or HYPERLINK "mailto:floydchamber@setel.com" floydchamber@setel.com. The Floyd County Chamber of Commerce is iBusiness Helping Business!

Award

Continued from p3

Dr. Burchett and his staff were presented with the award by the woman's club Conservation/Community Improvement Chairperson Joyce Short Allen. It will remain on display in Dr. Burchett's office through mid-September, at which time it will rotate to the next award winner. Dr. Burchett was also presented with a framed certificate which will remain in his office.

"The goal of this award is to recognize those who show civic pride through their investment of time, resources, and care. The result is a positive environment

for all of us to live and work in. We're grateful to these two businesses and all the others in town who make the effort," said Pam Weiner Skeen, president of the club.

Any citizen or business can make nominations for the Business Beautification Award. To qualify, the business must be located within the Prestonsburg city limits. To make a nomination, contact either Joyce Short Allen at 886-2523 or Pam Weiner Skeen at 889-9639. Be prepared to give the name of the business and its location address.

July Employee of the Month



Tabatha Martin

2002 Employee of the Month. Tabatha has been an ARH employee for 8 1/2 years as a Registered X-ray Technologist. She is a 1993 graduate from Morehead State University with a degree in Radiologic Technology.

Tabatha is a resident of Hueysville, Kentucky and is a member of the Maytown United Methodist Church. Her interests include spending time with family and spoiling her niece, Abby.

Tabatha expresses a special "Thank You" to her parents, Delbert "Red" and Linda June Martin, and to her grandparents, Dockie and the late Geneva Prater and Anzie and the late Graydon Martin.

McDowell ARH proudly announces that Tabatha Martin has been named as the July



The Pike County school district has taken delivery of six new Thomas Built School Buses. Local vendor, Wayne Supply, supplied the buses. The new buses feature a Cat 3126E, turbo charged, fuel injected diesel engine and are built on a Freightliner chassis. Thomas Built Buses are manufactured in High Point, N.C. They are one of the largest suppliers of buses in North America. Wayne Supply is the new Thomas Built Buses dealer for Kentucky. Wayne Supply is the Caterpillar Inc. dealer for Kentucky and Southern Indiana. Founded in 1913, Wayne has locations in Ashland, Bowling Green, Corbin, Hazard, Evansville, Lexington, Louisville, Paducah and Pikeville.

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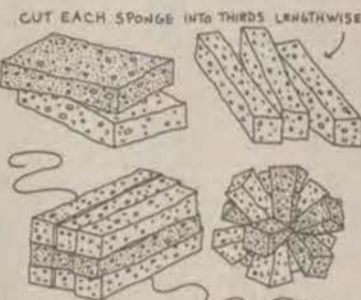
Donna's Day

Creative family fun

by Donna Erickson

Create-a-toy

"May we go to the store?" How often have we heard that question on a rainy day, on an empty Saturday afternoon or on a summer day when the kids say they're bored? Wouldn't it be fun to say, "Let's not go to the store — let's make a toy ourselves!" Toys children make are not only fun, they also represent an accomplishment. I've even noticed how they sometimes inspire more play than a manufactured gizmo. With all the creativity, you will also teach your kids that the road to something new and entertaining can start right at home.



CUT EACH SPONGE INTO THIRDS LENGTHWISE
STACK THE CUT SPONGES AND TIE. INSTANT TOY!
DAVID LAROCHELLE

Gather some clean sponges, shoestrings and a pair of scissors for this sponge toss ball you'll be making in an instant for a summertime of play.

Here's how:
An adult can use sharp scissors to cut three 1-inch-thick clean nylon household sponges into thirds lengthwise. Each strip should be about 1 inch wide. You will now have nine same-size long strips. Arrange each cut-up sponge in its original configuration. This is a great job for preschoolers who enjoy the challenge of putting puzzle pieces back together. Stack the cut-up sponges like a triple-decker sandwich, then set the entire stack on the middle of a shoestring or 20-inch length of strong string. The ends of the string should extend from the middle of the uncut sides of the stack.

Now, with all eyes on the sponges, slowly count to three and quickly tie the string around the center of the stack to instantly form a starburst shape. The strips will pop out in all directions, to the delight of your audience. Knot well and trim off excess string.

Make several toss balls, using sponges in different colors and sizes if you wish. My kids like to use the giant sponges we make to wash the car. When they're on sale, we purchase several to make sponge balls to use at the beach or pool for impromptu volleyball games. Tiny versions are fun for bathtub play.

This toy is appropriate for ages 4 and up.



Nutritious, kid-pleasing CHEESEDOGS

"Two-thirds of all 6- to 12-year-olds do not get enough calcium," said Carla McGill, a Tropicana nutrition scientist, adding that children's diets are also low in vitamins A and E, and folate, a B vitamin. To help meet this deficiency, Tropicana has introduced Healthy Kids Orange Juice made from fresh oranges and fortified with calcium and vitamins A and E. This is in addition to vitamin C and other nutrients natural to orange juice.

Calcium is essential to the growth of healthy bones. Another primary source of calcium is milk and other dairy goodies such as ice cream, yogurt and cheese. Which brings us to today's recipe.

Healthy Cheese Dogs are a fun way to get calcium into kids (who can help in the preparation, but keep them away from the stove). We use Jarlsberg or the Lite version of this tasty Norwegian cheese. Unlike light versions of other cheeses, Jarlsberg Lite doesn't lose its nutty, sweet flavor, and children like it.

Packaged potato flakes mixed with water and eggs are seasoned to suit the age and preference of the children, then pressed onto cheese sticks impaled on sturdy wooden skewers. Then they're coated with panko, (crisp Japanese crumbs) or dry bread crumbs.

HEALTHY CHEESE DOGS

- 3 cups potato flakes
- Seasonings (1/4 to 1/2 teaspoon onion powder, garlic powder, dry mustard, pepper, etc.)
- 1 1/2 cups water
- 3 eggs, beaten
- 1 1/2 cups panko* or dry bread crumbs
- 12 sticks Jarlsberg or Jarlsberg Lite cheese (each about 2 inches long, 1/2 inch thick), or 6 sticks (4 inches long, 1/2 inch thick)
- 12 or 6 wooden skewers soaked in water 1/2 hour
- Oil for deep frying
- Deep-frying thermometer

1. Mix together potato flakes, seasoning as desired, water and eggs. Carefully insert skewers into cheese sticks lengthwise so skewer pokes out other end.
2. Pat 1/4 cup (if sticks are double length, use 1/2 cup) potato mixture around cheese, pressing in on all sides and ends, thoroughly covering cheese. Dip into crumbs. Refrigerate until ready to fry.
3. In deep, narrow pot, pour in enough oil to immerse

(See BLOCK, page six)



The fruits of summer

What a great way to savor the special fruits of summer. Stir this pie up before those juicy jewels are nothing more than a pleasant memory. Everyone invited to share this spectacular summer dessert will be glad you did!

SUMMER FRUIT CREAM PIE
1 (4-serving) package sugar-free

- vanilla cook-and-serve pudding mix
- 2/3 cup nonfat dry milk powder
- 1 cup water
- 1 (8-ounce) package fat-free cream cheese
- 1 teaspoon vanilla extract
- 1 (6-ounce) purchased graham cracker pie crust
- 1 cup sliced fresh strawberries

(See RECIPE, page six)



by JoAnna M. Lund

Dear Diane...

The fake-nice people

DEAR DIANE:

Every time my mother-in-law comes over, she gripes about my food — but in this really fake-nice way. For instance, she once said about my apple pie: "Oh, that's too bad you couldn't find the right apples."

I don't know what to do or say. My husband either thinks it's funny or thinks I'm overreacting. What can I do?

— STEWING IN STUART

DEAR STEWING:

Oooooo! I hate the fake-nice people! The next time you call this smug, insensitive witch to ask her over for dinner, in your nicest, sweetest voice let her know the meal you'll be preparing — for your husband and yourself. Then, (sweetly) remind her that in order for you to make her meal, she should bring the proper ingredients herself. That should shut her up.

DEAR DIANE:

My sister has gotten herself in a bad situation financially. I bail her out every time she asks for help; but she seems to keep making the same mistakes over and over. I want to help her again, but I'm afraid she'll never learn if I keep helping her.

On the hand, I don't want to see her get kicked out of her apartment or go hungry, or whatever else might happen. What should I do?

— TORN IN TULSA

DEAR TORN:

Tell your sister that you will help her this month, but from now on, she will have to take care of her bills on her own.

Let her know that you love her and care about her, but you simply do not have the funds (or the responsibility) to take care of her.

Maybe your sister needs to get an eviction notice or have her phone turned off to snap her into the reality of her situation.

Good luck.

Don't sweat it

DEAR DR. DONOHUE:

I play handball with a friend and have played with him every week for the past 10 years. At the end of a game, he is drenched with sweat, but I have very little. He claims that if a person does not sweat heavily, that person is not exercising heavily. Is there any truth to this?

ANSWER:

There's not much, if any, truth to it.

Sweating helps the body dissipate heat generated by exercising muscles. Drenching sweats do not dissipate heat. Only when sweat evaporates from the skin is heat lost.

The amount of sweat a person produces depends on acclimatization, level of training and, to some extent, intensity of exercise. Much is also due to idiosyncrasy, each body having a different sweating program.

You and your friend have been playing the same game for 10 years. You are both acclimatized to it. You both are on the same level of training. You both exert approximately equally. His profuse sweating does not mean that he is exercising any more intensely than you are. You are both programmed to the beat of different drummers when it comes to sweating.

DEAR DR. DONOHUE:

My son is a recent college graduate and is now looking for work. He has a problem that might make it hard for him to get a job. He sweats. The underarms of his shirts are drenched in a matter of hours. His palms get so



by Paul G. Donohue, M.D.

(See HEALTH, page six)

Chicken Soup for the Soul: What sports is all about

William Wilczewski
(FROM "CHICKEN SOUP FOR THE SPORTS FAN'S SOUL")

Reprinted by permission of William Wilczewski. (c)2000 William Wilczewski.

My boy is only 3 years old, but I know the day will come when he asks me about the birds and the bees. That task, I will graciously leave to my wife — bless her. But in return, I will share with him a few of life's other important lessons.

The conversation might go something like this ...

"Dad?"
"Yes, son?"
"Why do you like sports so much? I mean, what's it all about for you?"
"That's easy, son. It's about eye-

black, stickum and pine tar. It's fourth and goal, first and long, and John 3:16. It's about tapping in a 16-foot putt for an eagle on the 18th after 17 holes of triple bogeys. It's about divots, brush-burns, rally caps, the Miracle On Ice, and Lions and Tigers and Bears (Oh my!).

"It's Goose Gossage, Bear Bryant and Catfish Hunter. Sweaty gym socks, the Boston Red Sox and the penalty box; ballpark franks, checkered flags, and if you ain't rubbin', you ain't racin'. It's about suicide death, extra innings and being behind the eight ball; the Green Monster, Wrigley ivy and Yankee pinstripes;

goal-line stands, the terrible towel and the Dog Pound. RBIs, FGs, HRs, TDs, FTs and the 7-10 split.

"It's about '... and down the stretch,' 'Let's get ready to rrrumble,' 'How ya hubba' and 'Holy cow.' Cans of corn, blue darters and playing pepper in the back yard until the sun goes down and you can't see the ball anymore.

"It's about the Music City Miracle (even though the Bills lost), the Immaculate Reception and the Drive ... The Thrilla in Manila, No Mas, and floating like a butterfly and stinging like a bee. It's about 'Any Given Sunday,' 'The Fish That Stole Pittsburgh' and 'Rocky' I

through V (although V wasn't all that good) ... mashed-potato mouthpieces, Little League baseball, Pop Warner football, face masks, shin guards, shin pads, the stand-up slide and natural grass ... sunflower seeds, chewing gum and Gatorade.

"It's about driving the lane, finding your line and being in the zone; press boxes, dugouts, sidelines and that peanut guy who can hit you between the numbers from 12 rows down and hand you your change before you can open the bag.

"It's about still being in your seat long after the game is over because we were having too much fun to realize the game was over ... grand slams, Hail Marys and the suicide squeeze ... hearing 'swoosh' before the buzzer, slap shots, wrist shots, sand trans,

pingpong, aces high and bull's-eyes.

"It's about tailgates, the tale of the tape and knocking a leaner off with a ringer; starting blocks, tackling dummies and spring training. The boys of summer, the rope-adope, who's on first, what's on second, and I don't know — third base.

"It's about Go Army, Beat Navy and how kids scream 'car' during street-hockey games to let the goalies know they need to move their nets. It's about playing umpteen games of P-I-G and Around the World in the driveway until you finally beat your older brother.

"It's about cutmen who can make Frankenstein's monster look like Christie Brinkley, first basemen who

(See SOUL, page six)



Books: Reviewed by David Smith

Queen and Country: The Fifty-Year Reign of Elizabeth II

by William Shawcross
(Simon & Schuster, \$35)

Apollo: The Epic Journey to the Moon

by David West Reynolds
(Harcourt, Inc., \$35)

The Lord of the Rings: The Art of The Fellowship of the Ring

by Gary Russell
(Houghton Mifflin, \$35)

Reviewed by David Smith

We all have our guilty pleasures. When it comes to books, my guilty pleasure is coffee-table books. Recently, I came across three pretty good ones:

■ "Queen and Country: The Fifty-Year Reign of Elizabeth II" is the official tome of Her Majesty's Golden Jubilee. William Shawcross wrote this book with the cooperation of the royal family and their friends, which means if you're looking for any Royal Dirty Secrets, you won't find them here. However,

"Queen and Country" is probably one of the more comprehensive looks at the Royals. And the pictures are simply splendid.

■ "Apollo: The Epic Journey to the Moon" is fantastic. If you or anyone you know is a fan of the space program, this is THE book to grab. It is loaded with never-before-published photos from the Apollo program, and the text by David Reynolds is a compelling and informative read.

■ "The Lord of the Rings: The Art of the Fellowship of the Ring" is a great behind-the-

scenes look at the production design and concept art for one of the greatest fantasy films ever made. My only complaint is that even at 190 pages, this book is woefully short. The accompanying text by Gary Russell gives a fun accounting of the challenges in bringing J.R.R. Tolkien's literary creation to life on the big screen.

Books reviewed in this column are available at your local bookstore.

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Sam & Dave

explain it all to you

by Samantha Weaver and Dave Smith

DEAR SAM & DAVE:

My boyfriend, "Allen," and I have been dating for five years, living together for three. We are both 25. Three months ago, Allen's cat died, "Friskers" was old (17) and had to be put to sleep. Ever since Friskers died, Allen has been moping around the apartment. He rarely talks to me or anyone else. He doesn't go out. He's acting like his life is over. I know he loved that cat, but for goodness sakes, it was only a cat. What can I do to help him get over it? — GINA, VIA E-MAIL

The loss of a loved cat

DAVE SAYS:

Constant Readers of this column will probably expect me to adopt my usual Snide Insensitive Goblin role. Sorry, sports fans, but this time I have to side with Allen.

Listen Gina, this poor guy has had that cat since he was a little kid. Friskers wasn't "only a cat," he was a member of Allen's family. A huge emotional bond existed between Allen and Friskers. When Friskers died, Allen got hit hard.

Not only did he lose a source of unconditional love, but he also got a chilling reminder that this is just the first time in his life he's going to feel this kind of emotional loss. The other loved ones in his life (mom, dad, siblings — maybe even YOU) are eventually going to die. He was also reminded of his own mortality, and the

fact that he's getting closer to 30 and stuck in a relationship with a compassionless shrew.

Talk to Allen. Let him know that you're there for him (even though you aren't). Or better yet: Buy the guy a fifth of Maker's Mark, get him good and cahooted and let him vent his anguish. A little catharsis couldn't hurt.

SAM SAYS:

Yes, it's difficult to lose a loved one — and I DO consider pets to be loved ones — but gimme a break. Three months? That's too long for anyone to grieve over a pet, especially since you say it's constant, not just occasional bouts of boy-I-sure-do-miss-the-little-fella. Allen has got some serious issues here that need to be addressed.

Dave may be right that Allen

is just now coming face-to-face with his mortality, and that's not an easy thing to do. However, if it's affecting his relationship with you, preventing him from going out and making him feel that his life is over, he needs to get some help (and no, Dave, I don't mean the kind of help that comes in a bottle).

Talk to a trusted physician or clergyman about the matter, then try to get Allen to do the same thing. What's bothering him is obviously more than the loss of a cat, however beloved, and he needs to get it out of his system before it ruins his life.

Send letters to Sam & Dave in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475. Or e-mail them at asksamand-dave@mindspring.com.



There is a portal to the 19th century that operates most every day of the year. It is located in northeast Indianapolis, and it is called Conner Prairie.

At Conner Prairie, you can re-live the settler experience in one of five areas: the 1816 Lenape Camp, the 1823 William and Elizabeth Conner Home, the 1836 village of Prairietown, the 1886 Liberty Corner or the PastPort Discovery area. Each has a distinct historical flavor, a dramatic flair that helps

Relive pioneering days

history come to life.

Beginning with the Lenape Indian Camp and McKinnin's Trading Post, you can explore the beginnings of settlement in 1816. You'll find an "interpreter" ready to tell the story of the area's Lenape (or Delaware) Indian past, and perhaps you can join in the construction of a canoe.

Then you move on in the timeline to 1823, where you can tour the home of trader William Conner and his wife, Elizabeth. Listed on the register of National Historic Homes, you'll find that the inside and outside appear much as they did in 1823, and perhaps you can watch a weaving demonstration as interpreters make blankets and coverlets in the loom house.

Next is the 1836 re-created village of Prairietown, built of relocated and restored

main-street buildings from all over Indiana that were constructed in the first half of the 1800s. Again, you'll find not only buildings and exhibits, but real-life people, dressed for the part and ready to give you a glimpse into their world and answer any questions. You'll find the same ready enthusiasm at the 1886 Liberty Corner, a rural crossroads featuring a church and schoolroom, as well as a farm and a covered bridge.

Wrap up your tour at the PastPort Discovery area, where you can get your hands dirty doing laundry (on a washboard) or dipping candles, as well as many other activities.

For more information on Conner Prairie, call 1-800-966-1836 or log on to www.connerprairie.org.

All polar bears are left-handed

■ One-quarter of Americans admit to lying about money — mostly exaggerating their income — but far more people admit to lying about their weight — underreporting it, of course.

■ No word in the English language rhymes with "month."

■ Ginger Rogers and Rita Hayworth had more in common than the fact that they were both stars of the silver screen — they were also distant cousins.

■ All polar bears are left-handed.

■ For the past nine years, IBM has received more patents annually than any other company — averaging more than 40 patents per week for that entire time period.

■ There are now McDonald's franchises all over the world. In the Philippines they

Strange BUT TRUE

sell "McSpaghetti," and in Germany they serve "McBeer."

■ If Barbie were life-size, her measurements would be 39-23-33. She would stand 7 feet 2 inches tall.

■ The tulip's name is derived from the Turkish word for "turban."

■ Quick, what's the first animal specifically mentioned in the Bible? Why, the snake, of course.

■ There is a Japanese proverb that states: "The reverse side also has a reverse side."

■ The name "Lakisha" means, literally, "woman."

■ A crocodile cannot stick its tongue out.

■ In the time it takes Pluto to orbit the sun once, 248.5 years have passed on Earth.

■ The medical term for the common cold is "coryza," and headache is "cephalgia."

■ Tabasco sauce was invented by a Louisiana banker.

Thought for the Day:

"The two biggest sellers in any bookstore are the cookbooks and the diet books. The cookbooks tell you how to prepare the food and the diet books tell you how not to eat any of it." — Andy Rooney

INFOLINK The psychology of the mac user

Lukas Hauser is the kind of tech columnist you don't find very often: He's provocative, insightful and the best devil's advocate Mac fans could hope for.

He started writing his column, MacCommunist, for Mired.com, a hip-hop, underground Web site aimed at music lovers, Mac fans and revolutionary types. The inspiration for MacCommunist came from Hauser's observation that the Mac phenomenon is in many ways similar to what happened to American communists during the '50s Red scare.

In his MacCommunist Manifesto, he wrote, "Both

groups are ideologically marginalized in American culture for resisting their respective dominant hegemonies." And what color are apples? Red, of course!

One of Hauser's more controversial comparisons was that of Mac users with homosexuals. The parallels here are similar to that of communists. He writes, "Both groups are ideologically marginalized in American culture for resisting their respective dominant hegemonies."

And who hasn't thought that the old rainbow-Mac bumper sticker wasn't code for gay pride? Admittedly, I took mine off the back of my truck when a few of my "rurally minded" buds

pointed out the connection. It didn't help that the sticker was positioned just above a "yinyang" bumper sticker, which only helped fuel speculation as to my sexual orientation.

Not that there's anything wrong with that... I simply preferred not to be misunderstood. As does Hauser, one might suspect.

Never does Hauser say that Mac users are homosexuals or communists. He does, however, brand the newer "Flower-Power" iMacs "gay as hell." Perhaps Hauser mistook Apple's marketing to little girls as catering to the homosexual market. But, as I am not a little girl, I'd have to admit

they are "pretty gay."

It's not that Hauser dislikes Macs — quite the opposite. He simply uses the MacCommunist platform to level criticism against Apple. You know, the constructive kind.

He recently chided Apple for not including minorities in their now-famous "real people" ads aimed at PC users. He's in favor of dropping the "OS" (which stands for "Operating System") from the "Mac OS" acronym. "The name isn't sexy, it isn't obvious — it was named by some engineer," he writes.

Whatever Hauser's ideology or sexual orientation, one thing is certain. He aims for the head.

Firm up those flabby upper arms

Flaps, flags and chicken wings: These are words often used by women to describe their triceps — the muscles in the back of the upper arm. Many women are unhappy with the lack of strength and firmness of their triceps and would do just about anything to improve them.

Gravity, the loss of muscle tone and the passage of time all contribute to the appearance of extra skin on the back of the upper arm. But wait! Before you give up and attempt to fly away with those wings, try some simple exercises to improve your triceps' strength and tone.

The triceps is a horseshoe-shaped muscle at the back of your upper arm. Its major function is to extend or straighten your arm at the elbow joint. Your triceps also help the upper torso with throwing and pushing motions. Everyday activities such as vacuuming, placing dishes on a high shelf or lifting your child overhead all utilize your triceps.

The following exercise can help you firm and tone your triceps and develop strength that will improve many aspects of everyday life:

Stand straight with your feet shoulder-width apart. Place your feet side by side or staggered (one foot in front of the other). Contract your abdominal muscles (imagine



your navel being pushed toward your spine) and don't arch your lower back.

Place either a light hand weight (2-5 pounds) or a canned good (15-28 ounces) in one hand. Raise that arm with your palm facing forward until that arm is straight overhead and close to your ear.

With your palm facing forward, bend your arm until the hand passes slightly behind your head. Keep your wrist straight.

Straighten your arm back to the starting position and repeat.

Continue this motion for 1 to 2 sets and 12-15 repetitions for each arm. As you progress, continue to increase your weights and/or add an additional set. Don't progress too quickly.

Other great exercises for triceps include push-ups and chair dips.

As you add these triceps exercises, stay consistent and patient with your total fitness program — and get ready for great results. You can leave the chicken wings for dinner!

Recipe

3/4 cup fresh blueberries
Sugar substitute to equal 2 tablespoons sugar
1/2 cup reduced-calorie whipped topping

In a medium saucepan, combine dry pudding mix, dry milk powder and water. Cook over medium heat until mixture thickens and starts to boil, stirring often. Remove from heat. Blend in cream cheese and vanilla extract, using a wire whisk. Spread mixture into pie crust. Refrigerate for

at least 3 hours. In a medium bowl, combine strawberries, blueberries and sugar substitute. Evenly sprinkle fruit mixture over top of filling. Refrigerate until ready to serve. When serving, top each piece with 1 tablespoon whipped topping. Makes 8 servings.

■ Each serving equals: 178 Calories, 6 g Fat, 7 g Protein, 24 g Carb., 395 mg Sodium, 2 g Fiber; Diabetic Exchanges: 1 1/2 Starch, 1/2 Meat, 1/2 Fat.

Soul

can scoop up a dirt ball like it's rocky road and goalies who guard their nets like Fort Knox. It's about slumps, streaks and standing Os ... the Ice Bowl, the Super Bowl, Lord Stanley's Cup, the Heisman and Touchdown Jesus.

It's about the smell of your first baseball glove, the feel of your first lucky bat and the sound of your mother cheering at your first football game.

In short, son, it's about the thrill of victory, the agony of defeat and everything in between.

"But most importantly, it's about passing all this on to your son one day, as my dad did to me, and I am to you."

Look for our latest books, "Chicken Soup for the Volunteer's Soul," "Chicken Soup for the Teacher's Soul" and "A Second Round of Chicken Soup for the Golfer's Soul."

Visit our Web site at www.chickensoup.com. To submit a story for future publication, send it to P.O. Box 30880-K, Santa Barbara, CA 93130

Block

cheese dogs, leaving 3 to 4 inches below top edge of pot to prevent hot oil from splattering. Heat oil to 375 F. Working in batches of 3 or 4, deep fry cheese dogs 3 minutes. Sprinkle with salt if desired. Serve hot.

■ Panko crumbs are found in Asian sections of some supermarkets and in specialty shops.

CONTEST ALERT

Better get cracking if you want to meet the Oct. 15, 2002

deadline for the National Chicken Cooking Contest. The top prize is \$25,000 cash. Recipes must be original and make 4 to 8 servings. For details, write to Chicken Contest, P.O. Box 28158, Washington, D.C. 20038-8158; or through the Web site www.eatchicken.com; or by fax to (202) 293-4005. Entries go to the same addresses. Finalists receive an all-expense paid trip to Baltimore for the cook-off on May 30, 2003. Good luck!

Health

wet that I have seen people make faces after shaking his hand. Is there any solution to this problem? — J.S.

ANSWER:

There are solutions, and there are many people in the same boat as your son.

One way to diminish sweating is nightly application of a 20 percent solution of aluminum chloride. The brand name is Drysol, and it requires a prescription. It is quite successful in eliminating excessive perspiration when a person follows the directions carefully.

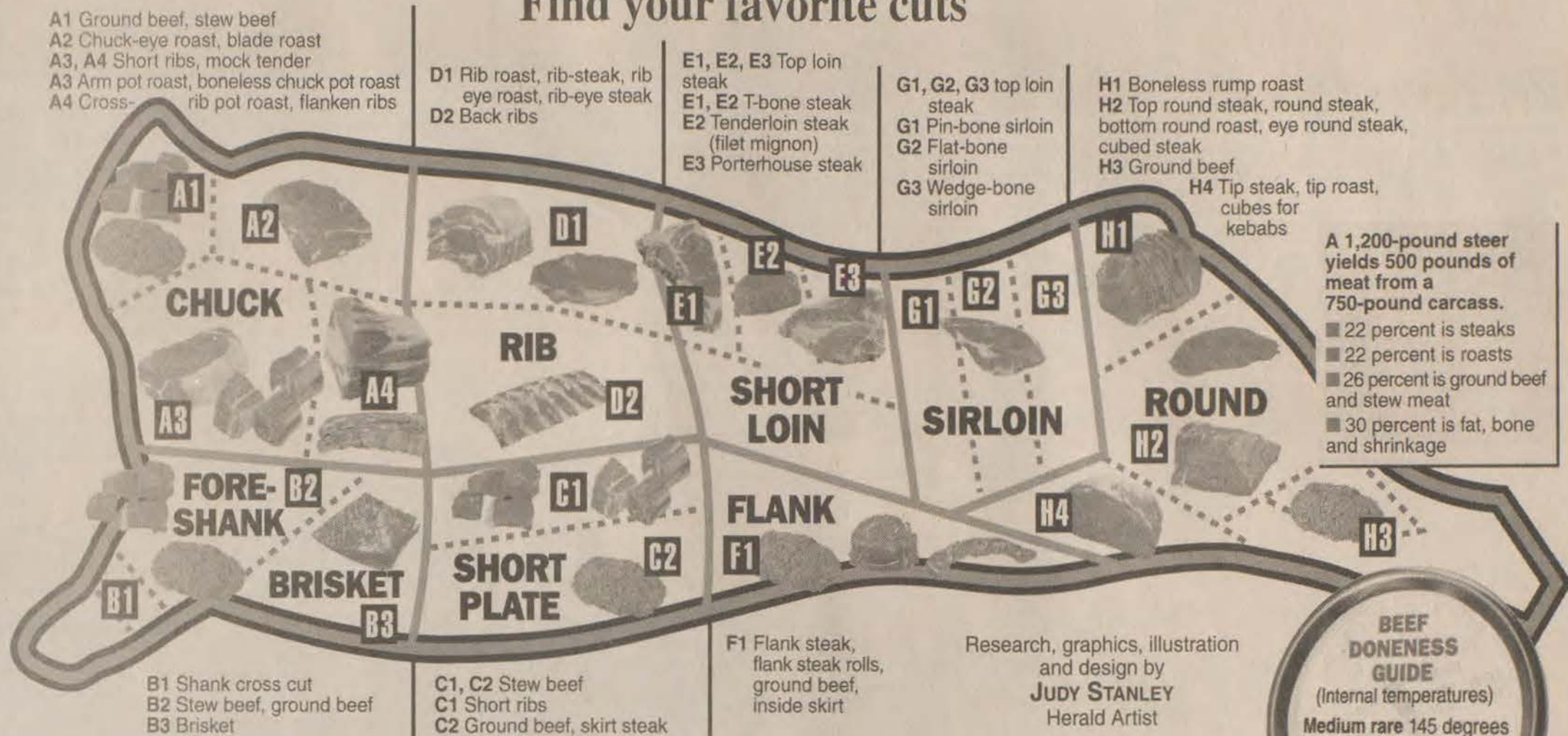
Drionic is a gadget that delivers a small amount of electric current to the places

where sweat pours out. A few treatments shut down sweat glands for a relatively long time. The manufacturer is General Medical Company of West Los Angeles. Its toll-free number is: (800) 432-5362. Canadian readers can reach the company at: (310) 820-5881. Its informative Web site is: www.drionic.com.

A new sweat-elimination treatment is injection of botulinum toxin, Botox. Botox is the diluted toxin (poison) of the botulinum bacterium, the cause of the most serious kind of food poisoning. In its injectable state, it is perfectly safe and does not cause paralysis. Injections of Botox can stop problem sweating for four to 12 months.

BEEF BASICS

Find your favorite cuts



Making the grade

Grading is an indication of tenderness, juiciness and flavor. It is based on the amount of marbling, or ribbons of fat, and the age of the animal. The higher the grade, the more tender, juicy and flavorful the cut should be.

There are eight quality grades for beef, although only the top three are usually identified and sold at retail: prime, choice and select.

Prime: The highest grade in the U.S. meat grading system. Prime has the most marbling and is produced in limited quantities. Prime beef is most commonly sold in fine restaurants and specialty meat markets.

Choice: Less marbling than prime but more than select.

Select: The least amount of marbling of the top three grades, making it leaner but possibly less tender, juicy or flavorful than prime or choice. Choice and select are most commonly found in the meat case at your local grocery store.

What to look for

Color is an important factor when buying beef. The color of the lean part of the beef should be bright cherry-red unless it has been cooked or cured, which means further processed using salt or a salt solution and sodium nitrite.

When first cut, beef is a dark, purplish-red color. Vacuum-packaged beef will have this same dark color. After cutting and exposure to the air, the surface becomes bright red because of a reaction with oxygen. That is why the outside layer of ground beef is often red while the middle is darker. The middle will also brighten after it is exposed to the air. If the beef is brown, it means it has been exposed to the air for a long time.

Check the marbling and seam fat.

Marbling improves the meat's flavor and juiciness. It also supplies a few additional calories, although marbling is not as big a factor as fat cover in supplying fat and calories.

Seam fat is fat between sections of lean meat.

The fat cover is the thin layer of fat covering the exterior of most beef cuts. It prevents drying out before cooking, helps retain juices during cooking and acts as a self-baster on roasts. Look for a fat cover of 1/8-inch or less on steaks and roasts, or ask the meat cutter to trim the extra fat.



Bovine facts

A bovine is a ruminant, an animal whose stomach is divided into chambers. It brings its food up from one of the chambers after it has been swallowed to be rechewed and reswallowed, a process known as chewing the cud.

Heifers are first mated when about 18 months old.

The gestation period is from 277 to 290 days.

The life span of cattle is about 20 years, but nearly all are sent to slaughter much earlier. Most cattle fed for meat production are slaughtered between 15 and 24 months old, weighing 1,000 to 1,400 pounds.

Bull: Male bovine.

Steer: Male bovine that has had its testes removed before maturity. Steers are raised for their meat.

Cow: A female bovine. A mother cow is a dam.

Heifer: A young female bovine that has not yet calved.

Calf: Young bovine of either sex. A calf weighs about 80 pounds at birth. Veal comes from butchered calves. Most veal comes from Holstein bull calves. The largest demand for veal is in the Northeast.

Polled: A bovine that has had its horns cut off or cut short.
Source: Compton's New Media Inc.

Cook it this way

Beef cut	Pan-broil	Pan-fry	Broil	Stir-fry	Roast	Grill	Cook in liquid	Braise
CHUCK								
Top blade steak, chuck-eye steak (boneless)	●	●	●	●		●	●	●
Shoulder steak (boneless)	M	M	M			M	●	●
Arm steak							●	●
7-bone steak			M			M	●	●
Pot roast, such as arm, blade, shoulder							●	●
RIB								
Rib steak, rib-eye steak	●	●	●	●		●		
Rib roast, rib-eye roast					●	●		
SHORT LOIN								
Porterhouse, T-bone	●	●	●			●		
Tenderloin steak, top loin steak	●	●	●	●		●		
Tenderloin roast, top loin roast					●	●		
SIRLOIN								
Sirloin steak, tri-tip steak, top sirloin steak (boneless)	●	●	●	●		●		
ROUND								
Round tip steak (thin cut)	●	●	●	●		●		
Round steak							●	●
Top round steak	M	M	M	●		M	●	●
Eye round steak	M					M	●	●
Eye round roast, round tip roast, top round roast					●	●	●	●
OTHER CUTS								
Brisket, fresh or corned							●	●
Skirt steak	M	M	M			M	●	●
Flank steak			M	●		M	●	●

M = Requires marinating

Source: Texas Beef Council

A steak by any other name

Name of steak	Also known as
T-bone	Porterhouse
Tenderloin	Filet mignon, fillet steak, chateaubriand
Top loin, boneless	Strip steak, Kansas City steak, New York strip, ambassador steak, boneless club, hotel-style steak, veiny steak
Top loin, bone-in	Strip steak, sirloin strip, chip club steak, club steak, country club steak, Delmonico, shell steak
Rib-eye	Beauty steak, Delmonico, market steak, Spencer
Skirt	Fajita meat, inside skirt, outside skirt, Philadelphia steak
Flank	Flank steak fillet, jiffy steak, London broil
Sirloin	Flat-bone steak, pin-bone steak, round-bone steak, wedge-bone steak
Top sirloin, boneless	Sirloin butt, London broil
Tri-tip	Triangle steak
Round tip, thin cut	Ball tip, beef sirloin tip, breakfast steak, knuckle steak, sandwich steak, minute steak
Round	Full-cut round steak
Top round	Top round London broil

Source: Texas Beef Council

Storage

Type of beef	Refrigerator (35 to 40 degrees)	Freezer (0 degrees or colder)
Steaks and roasts	3 to 4 days	6 to 12 months
Ground beef	1 to 2 days	3 to 4 months
Cooked beef	3 to 4 days	2 to 3 months

Defrosting

Defrost beef in the refrigerator or in a microwave oven, following the manufacturer's directions. Defrosting meat at room temperature is not recommended; bacterial growth occurs rapidly at room temperature.

Time for defrosting meat in the refrigerator at 35 to 40 degrees:

Large roast: 4-7 hours (per pound)

Small roast: 3-5 hours (per pound)

1-inch steak: 12-14 hours (total)

Ground beef: 24 hours for 1- to 1 1/2-inch thick patties; 12 hours for 1/2- to 3/4-inch thick patties

Source: www.beefnutrition.org

NUTRITION FACTS

Beef	Calories	Total fat (g)	Protein (g)	Cholesterol (mg)
Serving				
3 oz. lean only, braised or broiled				
Brisket	185	9	25	79
Chuck, blade roast	215	11	26	90
Flank steak	201	11	24	61
Ground, 17% fat	218	14	22	71
Porterhouse	183	10	22	54
Ribs, 6-9 large	215	13	23	69
Top round	169	4	31	77
Short ribs	251	15	26	79
Top sirloin	170	7	26	76
T-bone	163	8	22	44
Tenderloin	175	8	24	71

Source: USDA

Carving

If you carve beef too quickly after cooking, steaks can be dry and roasts tough and stringy. Roasts should stand about 15 to 20 minutes before carving.

Carve roasts across the grain. Carve less tender flank steaks, for example, diagonally across the grain into thin slices.



Recipes

Satay-style beef and pasta

- 1 pound boneless beef top sirloin or top round steak, cut 1-inch thick or flank steak
- 2 tablespoons teriyaki sauce
- 6 ounces uncooked thin spaghetti
- 1/2 cup chopped seeded cucumber
- Peanut butter sauce:
3 tablespoons teriyaki sauce
2 tablespoons creamy peanut butter
1 tablespoon water

1/8-1/4 teaspoon ground ginger

1/8-1/4 teaspoon crushed red pepper

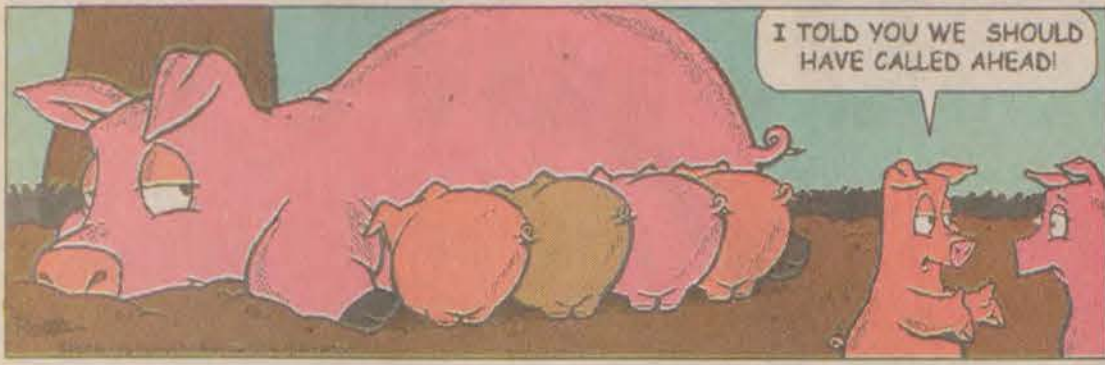
Cut beef steak lengthwise in half, then crosswise into 1/8-inch thick strips. Combine beef and 2 tablespoons teriyaki sauce in large bowl; toss to coat.

Cook pasta according to package directions; drain. Meanwhile combine sauce ingredients in large bowl, mixing well. Add pasta to sauce; toss to coat. Keep warm.

Spray large nonstick skillet with cooking spray. Heat skillet over medium-high heat until hot. Add 1/2 of beef; stir-fry 1 to 2 minutes or until outside surface of beef is no longer pink. (Do not overcook.) Add to pasta. Repeat with remaining beef.

Toss beef and pasta to combine; sprinkle with cucumber. Makes 4 servings. Per serving using top sirloin: 396 calories; 35 g protein; 38 g carbohydrate; 11 g fat; 962 mg sodium; 76 mg cholesterol

Sunday Comics



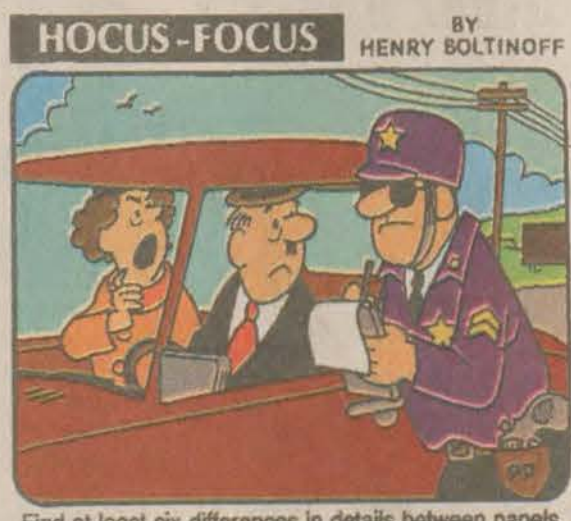
MAGIC MAZE

REMOVE EVEN LETTERS TO MAKE A NEW WORD

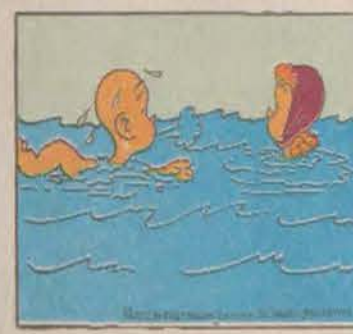
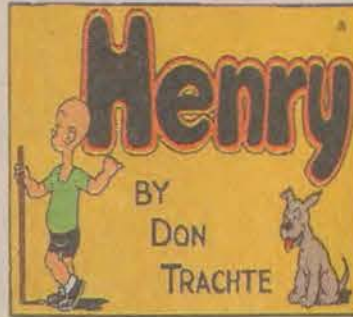
E E B M J H F C A Y E W U M R
 P N L L J H F D G B G Z T R X
 V T A O R S P I N D L E E O Q
 O M C K I I H A O F U D L F D
 B Z K Y W R I C L V D T R R N
 R Q B O N R O C R L N E A E E
 K S E G A G N E U I I P C P K
 H F R B D C A N F V O Z S X E
 D E R O O L F T A E W V U S E
 R A Y Q O N M E L T S I R B W
 B K J I H F H D E D N U O R G

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Accented Engages Indulge Scarlet
 Barbarian Floored Leopard Spindle
 Blackberry Grounded Oriole Weekend
 Bristle Heavier Perform



Answers to Crossword Puzzle and Magic Maze can be found on page A2



Super Crossword WRITE RIGHT

- ACROSS**
- 1 Trails
 - 5 It's a long story
 - 9 Photographer
 - 14 Opposite
 - 19 Tigris-Euphrates land
 - 20 King of comedy
 - 21 Maestro
 - 22 "— Gay"
 - 23 Waiter's offering
 - 24 Waiting room sign?
 - 27 "— Room" ('02 film)
 - 29 Platonic character
 - 30 Do Little work?
 - 31 Political abbr.
 - 32 Punjabi prince
 - 34 Throbbled
 - 38 "Git, Garfield"
 - 41 Tour The Eternal City?
 - 45 Mr. Ed?
 - 49 Med. test
 - 50 Sometimes it's sweet
 - 52 Stumble
 - 53 Kindled anew
 - 55 Lawrence's locale
 - 58 Confessional feature
 - 60 With 9 Down, "Reeling in the Years" rockers
 - 61 Less available
 - 62 Bear's advice
 - 63 Proclamations
 - 65 Snug spot
 - 66 Pack the freight
 - 69 — Alamos, NM
 - 70 Overly
 - 71 Screenwriter
 - 72 Has-been actor?
 - 75 Nasty attitude?
 - 77 "Wild Child" singer
 - 78 Bird's beak
 - 79 "Hurrah!"
 - 81 Balloon material?
 - 82 Novelist Amy
 - 83 Tacitus' tongue
 - 85 Sicilian rumbler
 - 87 Soprano
 - 89 Mitchell
 - 91 Kilauea, for one
 - 93 Nogales naps
 - 95 Pollux's twin
 - 96 Maugham's "Of — Bondage"
 - 97 "... — in a pod"
 - 98 Normandy site
 - 100 Flat hat
 - 101 Poison alert?
 - 105 Gush?
 - 108 "Are you — out?"
 - 109 Macabre
 - 111 Harmony
 - 112 Mister, in Madras
 - 115 Appreciated, in the '50s
 - 117 Unwind a rind
 - 119 Loser to Truman
 - 123 Kvetched together?
 - 130 Heart burn?
 - 131 Black piano key
 - 132 Make Fido fetch
 - 133 Siegmester or Wiesel
 - 134 Hurler
 - 135 New Hampshire campus
 - 136 Red Sea nation
 - 137 Figure of interest?
 - 138 Swiss sharpshooter
 - 5 Sweet stuff
 - 6 Helen Keller's birthplace
 - 7 Corral feature
 - 8 A Pointer sister
 - 9 See 60
 - 10 Business abbr.
 - 11 Demolished a Danish
 - 12 Oenophile's mecca
 - 13 Slip by
 - 14 I.M. the architect
 - 15 TV's "— Step Beyond"
 - 16 Protracted
 - 17 Choir member
 - 18 Kind of file
 - 25 Apiece
 - 26 Part of M.I.T.
 - 28 Subway unit
 - 33 Spanish dance
 - 35 Riesot features
 - 36 Viscount's better
 - 37 Like a raisin
 - 39 It comes from the heart
 - 40 "Lemon —" ('65 hit)
 - 41 Bring up
 - 42 Gumbo thickener
 - 43 John of "Fort Apache"
 - 44 Lodge brothers
 - 46 Ariel, for instance
 - 47 Singer Percy
 - 48 Heckart or Brennan
 - 51 Mournful sound
 - 54 Actress Daly
 - 56 Politician
 - 57 "Dies —"
 - 59 "Xanadu" rockers
 - 60 Sharon of "Silver"
 - 64 Stocking stuffer?
 - 67 Iranian currency
 - 68 Correct a text
 - 71 Hospital employees
 - 72 Stagnating
 - 73 Go-getter
 - 74 San Luis —, CA
 - 75 Feathered yakkers
 - 76 Actress Powers
 - 77 Decorate glass
 - 79 Military response
 - 80 ABA member
 - 83 October Revolution name
 - 84 Sib's kid
 - 86 Concerning
 - 88 "Beetle Bailey" bulldog
 - 89 Genesis patriarch
 - 90 "Babes in —" ('37 musical)
 - 92 '72 Harry Chapin hit
 - 94 Vacation sensation
 - 95 Tearoom item
 - 99 Blows one's cool
 - 102 Affirmative actions?
 - 103 Reliable
 - 104 Puppy bites
 - 106 Remnant
 - 107 It's spotted at zoos
 - 110 Avid
 - 112 Pierre's st.
 - 113 Widespread
 - 114 Land in the sea
 - 116 Richard of "The Cotton Club"
 - 118 Actress Lenska
 - 120 Sported
 - 121 Daredevil
 - 122 Scream
 - 124 Pantry item
 - 125 Multipurpose vehicle
 - 126 Create a reservoir
 - 127 Mozart's "— Zauberflote"
 - 128 Tavern
 - 129 Peg for Palmer

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