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— Section S

### briefs

#### Prestonsburg council makes appointments, hears May House group

The Prestonsburg City Council gathered yesterday for an afternoon meeting to discuss appointments to both the Mountain Arts Center Board and the Ethics Board, as well as taking comments from the Samuel May House committee on improvements to that facility.

Lois May was appointed to the MAC Board after a unanimous vote from the council, without getting a vote from three council members, Bill Ray Collins, Harry Adams and Robert Allen, who were not present for yesterday's meeting.

In addition to that appointment, the council also agreed to bring Carmel Spears aboard the Ethics Board for a one-year term.

John Rosenberg spearheaded a brief discussion about when construction would begin on the Samuel May House with help from Robert Perry and Delmas Sanders, both of whom chimed in that the May House was readily furnished with

See COUNCIL, page two

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#### 2 DAY FORECAST

##### Today

**Scattered showers**

High: 81 • Low: 66

##### Tomorrow

**Scattered showers**

High: 83 • Low: 66

For up-to-the-minute forecasts, see floydcountytimes.com

## Father gets 10 years for helping daughter in fight

by MARY MUSIC  
STAFF WRITER

A four-day saga ended yesterday in the Floyd County Circuit Court with a 10-year sentence for one Weeksbury man.

Commonwealth's Attorney Arnold Brent Turner described the trial as somewhat like an Eddie Murphy film because of the vulgarity described during testimony that was given.

Jurors listened to testimony and deliberated until 11:30 p.m. Wednesday before rendering a

guilty verdict for Robert Darrell Bryant, 40.

After being found guilty of first-degree unlawful imprisonment, a class D felony, third-degree unlawful transaction of a minor, and terroristic threatening, Bryant was sentenced to 10 years in prison yesterday for his participation in an altercation between two juveniles which occurred in June 2000.

Bryant was indicted last year following testimony concerning the fight by officers of the Floyd County Sheriff's Office.

According to testimony given during the trial, Bryant and his wife, Carol, ordered, instructed and induced their then-13-year-old daughter to assault a 14-year-old juvenile who was visiting her grandparents in Weeksbury last June.

Witnesses testified that Bryant went into the home of Bonita Hunter, the victim's grandmother, ordering the assault on the juvenile and restrained her against her will while physically blocking

(See GUILTY, page two)



Family and friends of the victim celebrated in the courtroom yesterday after the jury gave Robert Darrell Bryant, 40, of Weeksbury, a 10-year sentence for several charges relating to his involvement in an altercation between his daughter and the victim, both juveniles. "I teach my children to choose fighting as a last resort," said Floyd County Sheriff Deputy Ricky Thornberry. "I think he got what he deserved."



Assistant County Attorney Jimmy "Blue" Marcum approached the bench just before District Judge James R. Allen referred the case against James Austin Gunnells to a grand jury Wednesday. Local attorney Jay Barrett looked on as he was on hand to assist Gunnells' newly appointed attorney, Danielle Butler of Frankfort.

## Grand jury gets murder case

by SHELDON COMPTON  
STAFF WRITER

Accused murderer James Austin Gunnells, 22, was escorted into District Judge James R. Allen's courtroom Wednesday in an orange prison suit and sporting a blue-black bruise under his left eye.

He scanned the courtroom after taking his seat and awaited what his preliminary hearing would have to offer.

That hearing was waived to the grand jury, however, after a request from Gunnells' new representation, local attorney Jay Barrett and Frankfort attorney Danielle Butler.

Butler was appointed by the state Department of Public Advocacy office in Frankfort to represent Gunnells after a request for a continuance to do so from

Gunnells' former attorney, Harolyn Howard, last week.

After the case was waived, however, Assistant County Attorney Jimmy "Blue" Marcum brought to the court's attention a 1997 auto theft case found during a background search on Gunnells that he, seemingly, hadn't been prosecuted on.

Allen dismissed the 1997 case, however, explaining the case had been disposed already.

"We charged him with that car theft charge, but I talked to Greg (Roberts) and it seems the case was prosecuted," Marcum said. "It was just a glitch in the computer system or something."

Before moving to other cases, Barrett asked permission that at some point during the case if arrangements could be made to

(See MURDER, page three)



James Austin Gunnells sat shackled and bruised in his seat during court proceedings on Wednesday. He faces charges of murder, robbery and the possibility of an additional charge of rape.

## Betsy Layne principal tapped by state

by MARY MUSIC  
STAFF WRITER

A former Floyd County school principal was recently promoted to join 46 others who are now working with schools as members of the Kentucky Highly Skilled Educators Program.

Karen Allen, former principal at Betsy Layne Elementary, said goodbye to the school after being selected from more than 124 applicants who applied for the positions available with the Kentucky Department of Education.

After initial interviews, the applicants participated in a rigorous selection process that included work sessions and an assessment of leadership, professional judgment, technology and organizational skills.

"As principal of Betsy Layne Elementary School, she faced major challenges and responsibilities, particularly when the schools went through consolidation," said Floyd County School Supt. Dr. Paul Fanning. "Karen, the faculty and the students worked really hard to get that school where it is today. Consolidation isn't something that happens in just one year, and with her guidance and leadership, the school certainly made some positive strides."

Fanning further noted that Allen played an exemplary role when a meningitis scare ruffled feathers at the school and surrounding communities.

"Karen played a key role at a demanding time trying to

(See ALLEN, page two)

## Party in Dwale gate dispute arrested in domestic incident

by SHELDON COMPTON  
STAFF WRITER

Jeff Goble, the 47-year-old Dwale man who last week brought a land dispute concerning a locked gate along a section of road in Dwale to the fiscal court which resulted in a summons served against his neighbor, Sam Nelson, was arrested Wednesday and charged with terroristic threatening by Kentucky State Police Trooper Byron Hansford at his home on Nelson Drive in

Dwale following a domestic dispute.

According to police reports, a dispute, which officials did not say was related to Goble's earlier dispute with Nelson, between Goble and his wife, Laura Goble, grew out of hand, ending with Laura Goble struggling to retrieve a loaded shotgun from her husband's hands.

Laura Goble told police that her husband was intoxicated and approached her with a

(See ARREST, page two)

## Committee looks to future of aquaponics project

by SHELDON COMPTON  
STAFF WRITER

The newly-formed Aquaponics Committee met Thursday morning at the Mountain Comprehensive Care Greenhouse at Auxier to prepare for an upcoming visit from a husband-and-wife consultant team

they feel will be of assistance in developing the project.

Project manager Eddie Patton gathered committee members Chris Stone of the USDA Conservation District, Tony Grubb of the Floyd County Conservation District,

(See COMMITTEE, page three)



The Aquaponics Committee assembled yesterday to prepare the six-member group for a meeting next week with Tom and Paula Speraneo, a husband-and-wife team hired as consultants on the project who have worked for several years on their own Missouri-based aquaponics farm.

photo by Sheldon Compton

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# Teacher trains Junior Pro fiddlers for Kentucky Opry

by CARA WADSWORTH  
STAFF WRITER

**PRESTONSBURG** — Growing up with a musical family leads to real appreciation for the art of music and a desire to continue with the tradition by teaching younger generations to create their own. Just ask Angie Carriere who teaches little ones the art of fiddle playing.

"For a while there, I felt like fiddling was a dying art,"

explained Carriere. "One of the reasons I do this is to keep the musical traditions alive."

Carriere's youngest pupils start out at 6 years of age, learning one of the hardest instruments to master. She not only helps them get past "Twinkle, Twinkle, Little Star" — some even go on to perform with the Kentucky Opry at the Mountain Arts Center in Prestonsburg.

An accomplished fiddler, Angie started teaching at the

Mountain Christian Academy in Martin four years ago. She also teaches the Junior Pros at the MAC one night a week. She currently has 30 fiddling students from 6 years old to high school age.

The program has evolved into a feeder school for the Junior Pro Fiddlers who regularly perform for the Kentucky Opry at the MAC in Prestonsburg. The Junior Pros open for each performance with a range of country, bluegrass, gospel, rock and pop music. For showtimes, call 1-888-MAC-ARTS.

On stage, Angie performs with her two fiddling, singing and acting children, Staci, 9, and Josh, 6. Carriere, who works

full-time with the Opry, described the variety show as a production show with local talent.

"The quality of the show is just superb," said Carriere. "The comedian Munroe keeps me laughing every performance ... It's so nice that the kids have a place like the MAC to perform at."

Her daughter Staci likes being on stage and in front of everybody. She gets a lot of opportunity by performing with her mother at festivals, private parties, and onstage with the Jenny Wiley Theatre. Both Josh and Staci will be fiddling in Jenny Wiley plays this summer. For information about upcoming performances, contact the

theater at 606-886-9274.

Josh started learning to play at the tender age of 4 with a quarter-size violin. He now plays and sings with the family and practices for 30 minutes a day with his sister and by himself. He mentioned how bad the fiddle can sound when a beginner tries to play.

Carriere explained her teaching approach as one of patience. She teaches classes in small groups two days a week for 30 minutes. In that setting the kids compete with each other in a friendly manner.

One of her students, second-grader Rachel Hayes, loves her fiddle so much that she begged her mother to prop the fiddle on a pillow when she was sick so she could practice that day, said Angie, who is obviously proud of the talent her pupils and children display.

Staci is working on her third season with the Junior Pro Fiddlers and her second season with the Jenny Wiley Theatre. Both children are carrying on a

family musical tradition that goes back four generations.

Angie's father, Buddy Ratcliff, grew up with music by listening and learning from his father. Buddy Ratcliff played the fiddle with well known players like Lester Platt, Little Jimmy Dickens and Earl Scruggs.

He eventually passed his talent down to the next generation and the Ratcliff Family band from Floyd County performed at festivals and concerts during the early 1980s. Angie played fiddle with her brother, while her sister drummed and her sister-in-law sang.

Later, Angie's brother's and sister's children became well known as the fiddling kids in the Kentucky Country band, While promoting that band at the Grand Ol' Opry, Angie met her future Canadian husband, Ken Carriere.

Ken was also promoting a fiddler, and they hit it off. Now,

(See FIDDLE, page three)

## Council

period furniture and could, realistically, begin tours.

The council was invited by Perry to come to the home and take a tour for themselves before agreeing to help with possible grants, which councilman Hansel Cooley mentioned

could possibly come from the city's tourism department.

"We'd like to see someone up there who could take them through it," said Rosenberg. "If we could come up with some partial funding we'd appreciate you looking into that."

## Arrest

loaded shotgun and said, "You think I won't kill you?"

The report continued to allege that, at that point, Laura Goble wrestled the gun away from her husband, at which time it went off while she was trying to unload the weapon.

Hansford's report stated there were no injuries during the dispute and consequent gunfire, but that damage was reported to the residence, as the fired shot entered the floor of the couple's home.

After Goble was arrested he was then brought to the Floyd

County Detention Center and appeared in court to answer to the charge of terroristic threatening yesterday.

At his formal arraignment yesterday, Goble pleaded guilty to the offense of terroristic threatening.

"In return for that guilty plea we recommended a sentence of 90 days in the county jail," said County Attorney Keith Bartley.

The court accepted the recommendation and afforded Goble a 12-month probated sentence for the terroristic threatening offense.

Continued from p1

Continued from p1

Continued from p1



photo by Cara Wadsworth

In addition to her regular students, Angie Carriere also teaches her two children, Staci, 9, and Josh, 6, to play the fiddle. The two perform with the Kentucky Opry and will perform in Jenny Wiley Theatre this summer.

*Lordy, Lordy,*  
This Little Cutie  
Soon Will Be  
**40!!**  
WILLIAM  
EDWARD  
PETRY  
7/31/01

## Allen

keep the school in a positive light," said Fanning. "I think she exhibited that and was certainly able to keep everything under control. Karen has a deep well of experience in a lot of areas and I believe she will be very focused as a highly skilled educator."

Highly skilled educators are assigned to schools that are classified as Level III low performing schools due to their performance on the Commonwealth Accountability Testing System (CATS) standardized test.

Acting as consultants, they will help schools improve stu-

dent achievement with a variety of activities such as scholastic audits, implementing a school improvement plans and monitoring progress, understand CATS data and its implementation for change, identifying needs and resources for the pupils, and providing professional development to district school staff.

Although Allen is not expected to remain in the Floyd County School System, the Kentucky Department of Education anticipates that she will work in the Eastern Kentucky Region.

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## Guilty

witnesses at the scene from assisting her. The victim was thrown on the ground outside the home and the altercation took place while several witnesses stood watching.

"He messed with the wrong little girl," said Natalie Johnson, mother of the victim. "It's hard to believe a grown man can do something like that. People like him need to stay behind bars. They don't need to be out in the community."

Testimony was given by witnesses during the trial that Bryant threatened to kill the victim's uncle, Jeremiah Johnson, who attempted to help her during the attack.

Witnesses testified that Bryant "backed" Johnson up with his cane and said that he would "cut his guts out" and "bust his brains" if he tried to stop the altercation.

The juvenile was able to get free from her assailant at one point during the altercation and ran back into her grandmother's home. But Bryant and his wife, Carol, continued to order their daughter to assault the juvenile.

Testimony was also given that Carol Bryant went to the door and "had words" with the victim, and told her daughter "she's talking about your daddy again; it appears she hasn't had enough."

The altercation then rekindled and continued until members of the Hunter family were able to free the victim.

After the altercation, the victim was immobilized and taken to Highlands Regional Medical Center in Prestonsburg. She was treated for multiple injuries, including severe bruising and abrasions to her back. None of the victim's injuries were life-threatening.

Natalie Johnson said, however, that her daughter now suffers from post-traumatic stress syndrome and they both have been through a host of problems following the incident.

"I was afraid to let her go see her grandparents," said Johnson. "She hasn't been up there much since this happened, and when she goes, there's always someone with her."

Johnson said she is thankful for the hard work from Turner, Assistant Commonwealth's Attorney Wayne Taylor and the jury which convicted Robert Bryant.

Maybe now, said Johnson, she and her daughter can feel safe knowing that Bryant is behind bars.

Members of the jury found Bryant not guilty of fourth-degree assault, a charge for which he was indicted for allegedly kicking the child twice and hitting her with his cane.

"We're very happy with the verdict," said Turner. "Members of the jury were very thorough and paid close attention to what was being said in the case. They asked numerous questions of their own to each witness and were able to sift through all the witness testimonies and figure out what really happened here."

"We feel they reached a correct decision," continued Turner. "It's a real victory for the victim's family, who were courageous enough to come in here and stand up to Mr. Bryant."

Bryant's stiff penalty came as a result of a persistent felony offense. After deliberating for over an hour yesterday, the jury sentenced Robert Bryant to five years for the charge of first-degree unlawful imprisonment, which was increased to 10 years when they considered a prior felony conviction for possession of a cocaine.

Bryant was indicted for trafficking in 1994. He pleaded guilty to an amended charge of possession of a controlled substance. He was on parole for that offense when the altercation between the two juveniles occurred.

Robert Bryant also receive two 11-month, 29-day sentences for the two misdemeanor charges of unlawful transaction with a minor and terroristic threatening. Those sentences will run concurrent with the 10-year sentence that was handed down yesterday.

During the trial, Carol Bryant was also found guilty of third-degree unlawful transaction of a minor and was sentenced to 30 days in jail and fined \$250.

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# Nearly 100 turn out for Mud Creek cleanup

by **SHELDON COMPTON**  
STAFF WRITER

Mud Creek PRIDE coordinator Charlotte Frazier could not be happier.

Frazier's three-week-long preparation to bring together the citizens of Mud Creek as well as citizens of Toler Creek and numerous county officials to do their part in making Floyd

County cleaner became a reality Wednesday as nearly 100 citizens and officials turned out for PRIDE's annual trash collection along Mud Creek.

The day began early for PRIDE members as Frazier and other citizens spent most of the morning preparing a variety of dishes for a noon lunch to be held at the halfway point of a day of hard work which lasted

from 8:30 a.m. until 4:30 p.m.

"We done this last year in the same area," Frazier said Wednesday. "We didn't have as many to participate as we did today though. When I showed up this morning I started to panic thinking we wouldn't have enough food."

Food became an important part of the cleanup project as around noon, tired workers,

including Floyd County Judge-Executive Paul Hunt Thompson, Deputy Judge-Executive Brett Davis, Commissioner Eral Tackett, County Clerk Chris Waugh, County Attorney Keith Bartley, Sheriff John K. Blackburn and Jailer Roger Webb — along with 10 inmates in tow to help in the cleanup — crowded the Mud Creek Volunteer Fire Department and

took a well-deserved lunch break.

"We had soup beans and cornbread, about a hundred hot dogs and hamburgers, a smoked turkey and a baked ham," Frazier said. "Everybody ate real good."

Also on hand Wednesday were employees of U.S. Filter, who set up in the parking lot of the fire department and signed citizens up for water service, a task that must be completed before the fiscal court's next regular meeting or suffer the loss of a \$450,000 grant from Rural Development to be used on the water service expansion.

The cleanup project covered the Mud Creek area from Harold to Tackett Fork and extended into Toler Creek as well, bringing an estimated 1,000 bags of garbage from the area. The garbage was then taken by county trucks to a landfill in Martin.

The sheriff's department provided deputies to assist in road safety during the roadside garbage collection and also provided thirsty workers with bottles of water.

Other agencies involved with the project Wednesday were the state Highway Department; Jim Stewart of Prestonsburg's Community Action Program, who brought approximately 20 summer school students to lend a hand; and Dean Hamilton from the Southern Water and Sewer District, who helped cook and also assisted U.S. Filter representatives in gathering signatures for water exten-

sions.

Hall's Funeral Home in Martin provided tents and chairs for workers and several citizens along the Mud Creek area took part in making their community a cleaner place.

As Frazier's interview neared an end on Wednesday, she mentioned there had been discussion about possible penalties that were "thrown around" during the course of the day between her and the visiting officials.

"It's our goal to keep Mud Creek clean and with the fine job we did here today we should be able to do that," said Frazier. "I appreciate everyone who took part and if we see anyone or anyone gives reports of garbage being thrown out, they'll have to pay a fine or pick up one mile of garbage."



County officials on hand during the Mud Creek cleanup included Deputy Judge-Executive Brett Davis, Sheriff John K. Blackburn, County Clerk Chris Waugh, Judge-Executive Paul Hunt Thompson and County Attorney Keith Bartley.

## Murder

move Gunnells from the Floyd County Detention Center for reasons of his own protection.

Allen agreed the matter could be requested to the court at any time attorneys chose to make the request.

The murder case now rests in the hands of a grand jury which will be looking at evidence and hearing testimony to determine if an indictment on Gunnells will be placed in the hands of the commonwealth's attorney's office.

A majority of that evidence and testimony was not heard in district court, although Marcum explained, in much the same way as County Attorney Keith Bartley had a week before, that their office was prepared to present evi-

dence, as well as input to be offered from Kentucky State Police Detective Paul Estep, that could have added a rape charge to Gunnells total charges.

"They waived it to the grand jury," said Marcum after court. "I can't tell you what Detective

## Committee

grant writer for the project Clark Allison, David Gillespie, former owner and operator of the Auxier Greenhouse for 25 years, and the South Floyd High School science teacher who will be responsible for the day-to-day operation of the new facility, James Staggs.

The group settled in the back

Estep is going to do, but I'm pretty sure he's going to be going after the rape charge, along with the other charges."

Marcum further explained that, even had the preliminary hearing not been referred to the grand jury, the county attorney's office could not have

of the greenhouse and Patton eventually described to the committee members that the meeting was basically a preparatory measure in anticipation of a meeting scheduled for Tuesday with Tom Speraneo and Speraneo's wife Paula, a pair of consultants hired by the project.

The Speraneo's own and operate S & S Aqua Farm near West Plains, Mo., which is a close version to what will open at South Floyd for the 2001-2002 school year.

"He (Speraneo) said to have three 'nods' ready when he gets here and they're ready," Patton said. "That includes six tanks, a grow bed and a return bucket."

The group plan to allow the pumps and plumbing to those three "nods" to run until Speraneo's arrival on Tuesday.

Until the aqua farming couple arrive, however, Patton and the rest decided it would be best to accumulate questions that need to be answered at the meeting.

Staggs, who has experience with greenhouse work from having taught a greenhouse class at South Floyd for several years, was told to compile a list of items he will need to effectively run the operation before the next meeting.

Many of the members had basic concerns that will almost certainly come up Tuesday as well.

Gillespie hopes to talk to the team about what the committee feels to be a period of time that will be poor for growing plants, which will provide 80 percent of the facility's revenue.

"There are two points that will be tough for producing," Gillespie said. "During the winter, when there just isn't enough sunlight, and during the summer, when it is too hot."

Patton read several emailed items from Paula Speraneo, who is considered to be the primary plant consultant of the husband-and-wife team, which gave encouraging words of advice to what Patton himself called an "inexperienced" group.

"I just know we are expecting much success ... Patton read from Speraneo's e-mail. "Just try to maintain focus. Keeping things simple at first is the key. The key to an expansion will be a strong start."

actually presented the rape charge.

"We were ready to go," said Marcum. "We couldn't have presented the additional rape charge, but we were going to bring the facts about it and start the process of him being charged with rape upstairs. That's going to be left up to the grand jury now ... There's substantial evidence out there for every charge. I think the commonwealth will be able to prove every charge."

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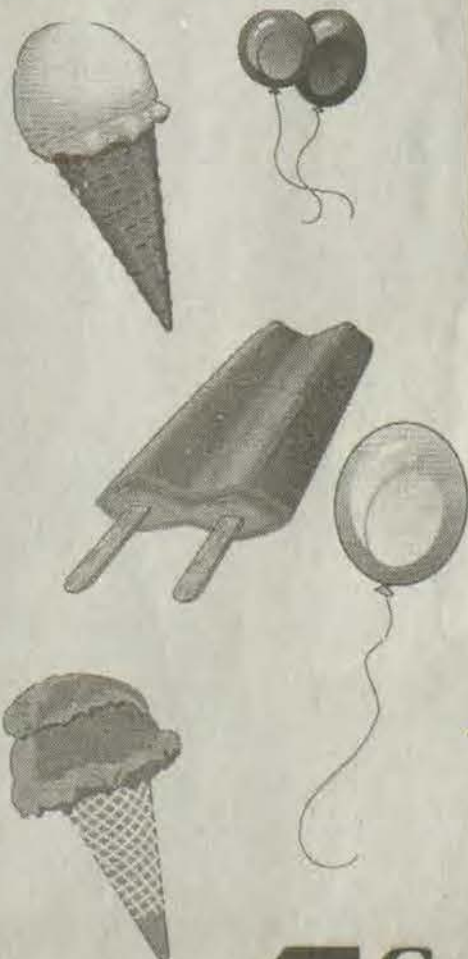
Doug Wilson

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# Viewpoint

Amendment 1

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Worth Repeating ...

*"Concentrate your energies, your thoughts and your capital ... The wise man puts all his eggs in one basket and watches the basket."*

— Andrew Carnegie

## Guest View

### Has state government retirement system become too generous?

A recent report that 300 state workers are both collecting a regular paycheck and drawing their state pensions raises some questions about whether the state's retirement benefits are too generous.

Kentucky law allows retirees to return to work for state government, either full-time or part-time, through personal service contracts. They also may work for businesses providing services to the government.

The total of 300 workers currently double-dipping in this way is small compared to the total of 34,000 employees in state government, but it may be a growing trend. In 1999, 98 retirees returned to work for the state as the result of a 1998 law making changes in retirement benefits. That law essentially allowed state employees to retire at an earlier age and then return to the same or a similar position they held before retirement.

Certainly, no blame should be placed on employees for taking advantage of these new rules. They are, in effect, using their retirement benefits to give themselves a nice pay raise. Who wouldn't do the same thing given a chance? One also would assume that the reason these "retirees" are being hired back is that they possess skills that continue to be valuable to state government.

There's just something illogical, however, about an employer letting someone retire and then hiring them right back again. That seems to be a terribly costly way to fill a position.

Part of the problem, we suspect, is that the retirement system has simply become overly generous. If it encourages people to retire who still want to work and are valuable employees, then it's not doing what a retirement system is intended to do — which is to provide income and other benefits to people who are ready to quit working.

A committee of the state legislature is studying the retiree issue and is expected to issue a report in September. Our bet is that the committee will find that an increasing number of state employees will be taking advantage of the opportunity to both retire and work at the same time.

— Danville Advocate-Messenger



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Email: kirke@theblade.com

## Think About It

### Hungry for love

They say the way to a man's heart is through his stomach, and this is probably true.

There's a reason why after a man marries it seems, for no obvious reason, his stomach begins to grow, larger and larger, until soon he's gone with his wife shopping for new pants and a new belt.

This idea would be, however, pulled apart limb by limb by any feminists who may catch wind of the ancient pearl of advice.

This makes me wonder what their husbands' health conditions are.

First of all, before I get a surge of hate mail from women's rights activists, let me say the poor health would be

partly the man's fault as well.

I'm all for feeding yourself. It shouldn't be that hard of a decision to make.

Food must be consumed in order to live. Do you want to live? Then get some food and eat it.

The problem is that many men have been raised by a generation in which the practice of the wife cooking for the family was stressed. This was the only example those men had to go by. They were never taught cooking skills that went beyond a peanut butter sandwich or my world famous grilled cheese.

Casting blame? No.

It boils down to this. I wonder what condition these men are in whose wives say they should either a) cook for themselves, or, and the most likely scenario, b) that they should share in the responsibility of cooking meals for the family.

These men are fed fairly good half of the time with the second option, as well as their wives and possible children.

I know, this is a wide-sweeping generalization about men who can or cannot cook. But trust me, most men cook just enough to get by. The generalization hits most targets without ruffling too many gourmet husbands out there. I'm almost positive.

I lived on grilled cheese sandwiches for about two years and I can tell you they ain't that bad. And I will admit, through necessity, I learned how to cook a few other dishes because the cheese was taking its toll of me. The experience helped, and I've gained a few cooking skills during the process.

But still, if it were up to me to prepare the meals, I would try my best and not complain doing it, but when you fix pork chops in December and find one you forgot about and left in the George Foreman sandwich grill in May the next year, someone should consider another household duty in order to obtain the all sacred balance of give and take.

It is the give and take of each man and woman relationship that must be maintained or else suffer the determined and convinced wrath of that which is WOMAN, and endure the mind-warping and disturbingly frustrating stupidity of that which is MAN.



SHELDONCOMPTON

## Letters

### Boy Scouts give thanks

Boy Scout Troop 839, in association with the Church of Jesus Christ of Latter-Day Saints of Martin, would like to extend a vote of thanks to all those who made donations to our spaghetti dinner.

Just to mention a few: C&H Rauch, Wal-Mart, Dairy Queen of Prestonsburg, Tackett Furniture, E.P. Grigsby Store, optometrist Richard Salisbury of Martin, Family Inn of Garrett, WMDJ radio and everyone else who donated.

We would especially like to thank Mona Dingus, who took time out of her busy schedule to prepare the dinner.

We commend all those who supported us. Without your support, we could not have done it at all. So, to all of you from us, we say thank you.

Troop 839  
Boy Scouts of America

### A 'senior' ripoff

Every year, parents of high school seniors are bombarded with expensive requests from their "shining stars" for year-books, class rings, prom gowns, tuxedos, flowers, videotapes, etc. ... and PICTURES! (Of course, they must have these things ... EVERYONE ELSE does, right?)

As a mother of a recent graduate and one about to graduate next May, I resent the obnoxious solicitations in our schools of national photography companies who capitalize on our emotional state of mind, and that of our children, at this time.

Allow me to introduce to you uninformed parents of high-schoolers just what

you're getting yourself in for, come senior year. (This is what I experienced last year, and not all national photography companies may have the same policies.)

1. The FIRST (yes, there's more than one) senior class photography "sitting": This usually comes some time in August, before classes begin. For about \$20 (up front, of course), your child gets to sit in front of the camera and have his or her picture taken by a photographer representing a national company, in a few poses. When developed, the proofs are sent out to the student, but, regardless of whether or not the student (or you) buys any of the pictures, he or she cannot keep the proofs! Not only that, but if you do buy any pictures, the \$20 fee you paid does not apply to the price of the pictures. So, there's 20 bucks out the window, with the proofs! The least amount you can anticipate paying is for 24

wallet-size photos, which costs over \$50 (with shipping, handling and taxes), and the most (the whole shebang!), over \$500.

2. The SECOND senior pictures "sitting" (about late fall): In this, pictures are taken of the students in their caps and gowns, as well as ordinary clothing. Up front sitting costs \$15 to \$20, non-refundable, not applied to order, and you cannot keep the proofs!

3. Prom pictures: Ugh. For a mere \$50 (a few "canned" poses), both people can have a set of pictures (\$25 each person). Here's the catch. The money is up front (it's tough if you don't like them when you get them), and if your date dares to say he or she doesn't want any pictures, when you do, you have to pay the entire \$50 yourself to get them. And, parents, you know how prom is these days. Very often, the

(See LETTERS, page eight)

## Letter Guidelines

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

# The Times

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Rod Collins, Publisher

MANAGING EDITOR

Ralph B. Davis ext. 17  
web@floydcountytimes.com

FEATURES EDITOR

Kathy J. Prater ext. 26  
fctimes@eastky.net

SPORTS EDITOR

Steve LeMaster ext. 16  
sports@floydcountytimes.com

PRODUCTION MANAGER

Johnie Adams ext. 30

CIRCULATION MANAGER

Patty Wilson ext. 19

ADVERTISING MANAGER

Becky Crum ext. 12  
advertising@floydcountytimes.com

COMPOSING MANAGER

R. Heath Wiley ext. 29  
composing@floydcountytimes.com

BUSINESS MANAGER

Angela Judd ext. 20  
accounting@floydcountytimes.com

CLASSIFIED MANAGER

Sandra Bunting ext. 15

DISTRIBUTION

Theresa Garrett ext. 31



# For the Record

## MARRIAGES

Stephanie Lynn Stumbo, 31, of Prestonsburg, to Andrew Dorton, 25, of Paintsville.  
 Tina Arlene Slone, 23, of Raccoon, to Jackie Lee Gillespie, 25, of Grethel.  
 Vicki Jo Arendt, 34, to Lamar Taylor, 41, both of Lorain, Ohio.  
 Misty Sizemore, 19, to Lonzo Stephens Jr., 20, both of Prestonsburg.  
 Ann Elizabeth Turner, 19, of Drift, to Jesse Lee Isaacs, 20, of Banner.  
 Jennifer Ann Sturgill, 20, to Ronald Gene Hunt, 23, both of Wheelwright.  
 Teresa Lynn Morgan, 22, to Earl Eugene Suver, 24, both of Blue River.  
 Jennie Lea Parsons, 23, to William Ronald Hughes, 27, both of Printer.  
 Lisa Ann Samons, 23, of Martin, to Phillip Graham West, 28, of Emma.  
 Andrea Dawn Fleming, 18, to Stephen Wade Hunter, 23, both of Prestonsburg.

## LAWSUITS

Ratliff, Dwight vs. Hale, Sheri.  
 Martin, Lisa Ann Lafferty vs. Martin, Sheridan.  
 Elliot, Clinton vs. Vance, Coley, et al.  
 Slone, Bobby D. vs. Slone, Marilyn S.  
 Jones, Hatty N. vs. Jones, Keith.  
 Caudill, Lisa K. vs. Hunt, Gregory.  
 Osborne, Cindy vs. Osborne, Jerry Dwayne.  
 Wicker, Gary J. vs. Wicker, Baxter.  
 First Select Inc. vs. Akers, Ida Jane.  
 B.A. Mulligan Lumber and Manufacturing vs. Mountain Heritage Flooring, Co.  
 Castle, Patrick vs. Castle, John.  
 Johnson, Brian E. vs. Johnson, Jamie L.  
 Martin, Linette Michelle vs. Martin, Douglas Dwayne.  
 Bentley, Rodney, et al vs. Howard, Mark.  
 Cole, Della vs. Herrington, Loren.  
 Cole, Della vs. Prater, Roger D.  
 Lawson, Putnam vs. Hicks, Kevin.  
 Delmonte, Pamela Kay vs. Delmonte, Dante Robert.  
 Johnson, Larry G. vs. Stephens, Norsal L.  
 Mullins, Jennifer R. vs. Mullins, Joseph C.  
 Johnson, Evelyn vs. Johnson, Jeffery.  
 Partin, Janice vs. Partin, James.  
 Trusty, Crystal vs. Trusty, Arlie E.  
 Bailey, Delbert vs. Miller, Morris R.  
 Fleming, Eric D. vs. Hitchcock, William.  
 Greathouse, Stacy vs. Highlands Hospital Corp., et al.  
 Hamilton, Yolanda vs. Crum, Timothy.  
 Hughes, Marvin vs. Hughes, Judy.

## CHARGES

### FILED

Donald R. Whitaker, 39, Prestonsburg, failure to operate boat at idle speed.  
 Kevin Burke, 33, Van Lear, operating an all-terrain vehicle

in a wildlife management area.  
 Bryant Lafferty, 20, Van Lear, operating an all-terrain vehicle in a wildlife management area.  
 Vickie Darlene Case, 42, Harold, drinking alcohol in public.  
 Justin D. Porter, 17, Kermit, no approved fire extinguisher.  
 Jeff T. Goble, 49, Shelby, Ohio, operating an all-terrain vehicle in a wildlife management area.  
 Eddie D. Akers, 24, Betsy Layne, hunting/fishing without a license.  
 Bruce B. Jewett, 42, Mansfield, Ohio, operating an all-terrain vehicle in a wildlife management area.  
 Jeffery Laron Goble, 32, Tomahawk, operating an all-terrain vehicle in a wildlife management area.  
 Douglas D. Combs, 38, Tiffin, Ohio, operating an all-terrain vehicle in a wildlife management area.  
 Pat Montgomery, 56, Oil Springs, no required floatation equipment, failure to provide natural ventilation, no signalling device when required.  
 Alexander Hall, 43, Teaberry, cultivating fewer than five plants of marijuana.  
 Rexal Hamilton, 46, Teaberry, cultivating fewer than five plants of marijuana.  
 Carter Hamilton, 52, Teaberry, cultivating fewer than five plants of marijuana.  
 James M. Williamson, 43, Tomahawk, operating an all-terrain vehicle in a wildlife management area.  
 Ernest Hall, 54, Tomahawk, operating an all-terrain vehicle in a wildlife management area.  
 Clyde Goble, 55, Millersburg, Ohio, operating an all-terrain vehicle in a wildlife management area.  
 Roy Michael Williamson, 32, Canada, failure to number boat, no required floatation equipment.  
 Tabitha Renee Bray, 18, Betsy Layne, hunting/fishing without a license.  
 Dwight Goble, 43, Tiffin, Ohio, operating an all-terrain vehicle in a wildlife management area.  
 Michael P. Williamson, 23, Tomahawk, operating an all-terrain vehicle in a wildlife management area.  
 Johnnie Jay Hall, 50, Tomahawk, operating an all-terrain vehicle in a wildlife management area.  
 Sherry Daniels, 40, Pikeville, drinking alcohol in public.  
 Charles T. West, 41, Jackson, drinking alcohol in public.  
 John Alan McKenzie, 26, Drift, possession of marijuana, use/possession of drug paraphernalia.  
 Misty Dawn Page, 20, Van Lear, operating an all-terrain vehicle in a wildlife management area.  
 Johnny R. Collins, 50, Printer, alcohol intoxication.  
 Timmy Douglas Hall Jr., 20, Grethel, criminal trespassing.  
 Timmy Douglas Hall Jr., 20, Grethel, second-degree wanton endangerment.  
 Bradley Hunter, 16, Printer, third-degree criminal mischief.  
 Shirley Ann Maynard, 55, Prestonsburg, terroristic threatening.  
 Jeffery R. Jones, 47, Martin, cultivating fewer than five plants of marijuana, possession

of marijuana.  
 John P. Henderson, 27, Hi Hat, violating a protective order.  
 Ronald K. Chaffins, 46, Prestonsburg, alcohol intoxication.  
 Richard C. Short, 30, Garrett, public intoxication.  
 Auala F. Thompson, 23, Prestonsburg, alcohol intoxication.  
 Kathy Conn, 36, Martin, fourth-degree assault.  
 Richard Carter, 20, Hueysville, simple assault.  
 Leslie R. Hunter, 38, Printer, fourth-degree assault.  
 Harlos Marshall, 43, Langley, public intoxication, endangering the welfare of a minor, unlawful operation of a motor vehicle.  
 Charles G. Scruggs, 24, Pikeville, alcohol intoxication.  
 Larry J. Hall, 36, Ivel, fourth-degree assault.  
 Jeff Turner, 38, Hueysville, alcohol intoxication.  
 Teresa R. Bowling, 42, Prestonsburg, alcohol intoxication, disorderly conduct.  
 Robert D. Gregory, 26, Paintsville, violating a protective order.  
 Jamie N. Gibson, 24, Salyersville, disorderly conduct, resisting arrest, use/possession of drug paraphernalia, second-degree possession of a controlled substance, fourth-degree assault.  
 Travis Ryan Johnson, 22, Bevinsville, theft of identity without consent.  
 Monica L. Adkins, 26, Harold, first-degree wanton endangerment, first-degree criminal mischief.  
 Ernest Hunter, 63, Printer, first-degree wanton endangerment, two counts of second-degree wanton endangerment.  
 Earl Blackburn, 41, Prestonsburg, flagrant non-support.  
 Timothy Scott Elswick, 38, Garrett, theft by unlawful taking.  
 Greg Thacker, 25, Ivel, alcohol intoxication, second-degree possession of a controlled substance.

## INSPECTIONS

W.D. Osborne Elementary, Bevinsville, regular inspection. Violations noted: One water fountain has missing knob but does work, restrooms have various stall walls with rust accumulation and some holes, no hand towels provided in the gym in the boys' restroom. Score: 92.  
 William Branch Mobile Home Park, Prestonsburg, regular inspection. Violations noted: Lots not properly numbered. Score: 98.  
 Slone's Mobile Home Park, Blue River, regular inspection. Violations noted: Lots numbered properly, lots do not have 4,000 feet for each individual lot, several lots have bags of garbage piled up, no approved containers, there does not exist a sufficient number of garbage cans, one vacant lot is in need of weeds cut. Score: 86.  
 Long John Silvers, Prestonsburg, regular inspection. Violations noted: Food items stored on floor of dry storage, ice scoop stored in ice with handle touching ice, single service items not inverted, outside dumpster covers not in use. Score: 92.  
 Redi-Mart, Lackey, regular inspection. Violations noted: Ice cream scoop not stored in running water, reach-in section of walk-in cooler has slight amount of debris accumulation, some ceiling tiles discolored possibly due to water damage. Score: 97 restaurant. 98 retail.  
 Shelia's Grocery, Prestonsburg, regular inspection. Violations noted: Shelf used for distribution is not labeled as so, thermometer in milk cooler not working properly, light inside beer cooler not shielded, lights in retail area missing. Score: 97.  
 Dairy Queen, Prestonsburg, regular inspection. Violations noted: Food items stored on floor of walk-in refrigerator and freezer, paper towels empty from hand wash sink in food preparation area near three-compartment sink, back door contained an unprotected outer opening more than half an inch wide, ceiling in utility area has damaged tile leaving an unprotected opening, mop head left on floor in corner of back hallway, all items used for cleaning need

to be labeled. Score: 90.  
 Holiday Inn, Prestonsburg, regular inspection. Violations noted: Thermometer not present or not easily seen from front of unit in reach-in cooler, food items being thawed in an unapproved manner, cup being used as a food scoop, cup being stored in food item, reach-in near food preparation area containing approximately a half inch of standing water, outside containers overfilled with no covers, three-compartment sink not used properly. Score: 92.  
 Little Caesar's Pizza, Prestonsburg, regular inspection. Violations noted: Thermometer missing from small counter cooler, accurate test kits not available for sanitizing, seals for reach-in cooler and freezer have heavy build up of food residue, mop sink containing a screw on house fixture with no back siphonage device, light above ice machine seems not to be working, all staff working in food preparation area not wearing hair restraints, 10-inch pizza cutter and cutter items not stored properly (on cardboard). Score: 89.  
 Sam an' Tonio's, Betsy Layne, complaint. Violations noted: Hood vents in bad repair, back porch in bad repair, general repair of the building is not good, but at present no outer openings exist, management making progress in cleaning and sanitizing. No score given.  
 Jan and Ben's, Bevinsville, regular inspection. Violations noted: No hair restraints being worn during food preparation area, handle on upright, two-door refrigerator located in room with large ice cream cooler, refrigerator also has inside of door in disrepair, no towels provided in the men's restroom, restroom has waste receptacle with no cover, ceiling tile missing over top of ice cream cooler, no chemical test kits provided to check sanitization levels, establishment is very clean kept and well maintained. Score: 94.  
 McDowell Senior Citizens Kitchen, regular inspection.

(See RECORD, page six)

American Heart Association  
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<p><b>CINEMA 2</b></p> <p><b>Scary Movie 2</b>                  R</p> <p>Mon.-Sun. 7:15, 9:15; Fri. (4:15), 7:15, 9:15; Sat.-Sun. (2:15, 4:15), 7:15, 9:15</p>	<p><b>CINEMA 7</b></p> <p><b>Planet of the Apes</b>                  PG 13</p> <p>Mon.-Sun. 6:55, 9:20; Fri. (4:20), 6:55, 9:20; Sat.-Sun. (1:55, 4:20), 6:55, 9:20</p>
<p><b>CINEMA 3</b></p> <p><b>Dr. Doolittle II</b>                  PG</p> <p>Mon.-Sun. 7:20, 9:20; Fri. (4:20), 7:20, 9:20; Sat.-Sun. (2:20, 4:20), 7:20, 9:20</p>	<p><b>CINEMA 8</b></p> <p><b>Jurassic Park III</b>                  PG 13</p> <p>Mon.-Sun. 7:05, 9:20; Fri. (4:20), 7:05, 9:20; Sat.-Sun. (2:00, 4:20), 7:05, 9:20</p>
<p><b>CINEMA 4</b></p> <p><b>TWO PAWS UP! 100% AWESOME!</b>  <b>Cat &amp; Dogs</b></p> <p>Mon.-Sun. 7:05, 9:05; Fri. (4:05), 7:05, 9:05; Sat.-Sun. (2:05-4:05), 7:05</p>	<p><b>CINEMA 9</b></p> <p><b>America's Sweethearts</b>                  PG 13</p> <p>Mon.-Sun. 7:05, 9:25; Fri. (4:25), 7:05, 9:25; Sat.-Sun. (2:05-4:25), 7:05, 9:25</p>
<p><b>CINEMA 5</b></p> <p><b>Final Fantasy</b>                  PG 13</p> <p>Mon.-Thurs. 7:00, 9:10; Fri. (4:10), 7:00, 9:10; Sat. (2:00, 4:10), 9:10; Sun. (2:00, 4:10), 7:00, 9:10</p> <p><b>SNEAK PREVIEW</b>  <b>Princess Diaries</b>                  G</p> <p>Sat. 7:00</p>	<p><b>CINEMA 10</b></p> <p><b>Score</b>                  R</p> <p>Mon.-Sun. 6:55, 9:15; Fri. (4:15), 6:55, 9:15; Sat.-Sun. (1:55, 4:15), 6:55, 9:15</p>

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Record

Continued from p5

Violations noted: Food item stored in upright refrigerator not properly covered (pineapples), foam cup observed stored on the floor of back storage room, light not working in upright refrigerator, facility appears very clean. Score: 96.

Pizza Hut, Mays Branch, regular inspection. Violations noted: Containers not properly labeled in walk-in cooler, food items (diced eggs) stored on the floor, clean utensils (plates) not stored inverted. Score: 96.

Vito's, Auxier, regular inspection. Violations noted: Thermometer not easily seen or present in all units to maintain temperature, ice scoop stored in ice machine with handle touching ice, all persons involved in food preparation not wearing hair restraints, reach-in refrigerator in work area has broken handle, restroom for staff needs to have covered waste receptacle, outside containers not properly covered to make it insect proof, ceiling near back door showing signs of water damage. Score: 89.

James Mobile Home Park, Prestonsburg, regular inspection. Violations noted: Outbuildings and decks not maintaining a minimum required space from other homes. No score given.

Burger King Food Express, Allen, regular inspection. Violations noted: Not all cooling units have easily seen thermometers, food stored below open rack shelving is not covered, outside of ice machine has minor amount of rust build up, drawer below the ketchup dispenser is in disrepair, soft drink dispenser nozzles have minor amount of build up, fan guard in the walk-in is dusty, inside of refrigerator is in need of cleaning, outside garbage dumpster not provided with lids. Score: 91.

McDonald's, Martin, regular inspection. Violations noted: Some soft drink dispenser nozzles are in need of cleaning, wet mop stored on the floor in the cleaning room. Score: 97.

McDowell Appalachian Regional Hospital, McDowell, regular inspection. Violations noted: Not all utensils are completely air dried before storage, dust accumulation noted to be on some widow panes, baseboards missing in the dining room area, overall this is a very clean and well maintained kitchen. Score: 98.

Osborne's Restaurant and Pizza, McDowell, regular inspection. Violations noted: No all cooling units have easily seen thermometers, ventilation hood has grease accumulation on the underside, no paper towels provided at the hand wash sink in the food preparation area, outside garbage dumpster has no lids or drain plugs. Score: 94.

Martin Senior Citizens Kitchen, Martin, regular inspection. Violations noted: Can opener blade has small residue of encrusted food, restroom facilities have no self closing door, hair restraint was observed stored on shelf in back storage area with food items, facility appears very clean and well maintained. Score: 95.

Long John Silver's, Martin, regular inspection. Violations noted: Gaskets on various reach-in cooler in disrepair, top of ice machine has debris accumulation, hot water turned off below sink basin in both the women's restroom and food preparation area, three-compartment sink fixture appears to have a slight leak, outside garbage dumpster has no lids. Score: 95.

Bypro Pizza and Dairy Bar, Bypro, regular inspection. Violations noted: Some food uncovered in the reach-in coolers of the food preparation area, back of the walk-in cooler has dust and debris build up, commode stopped up but not overflowing. Score: 96.

Lakeview Mart, Prestonsburg, regular inspection. Violations noted: Microwave has food residue build up, knives in food preparation area have small amounts of damage to wooden handle.

seals on walk-in door damaged, cleaning chemicals stored above pet food. Score: 92.

Skeans Shell Mart, Prestonsburg, regular inspection. Violations noted: Unable to locate thermometers in ice cream freezer, milk not stored six inches from floor in walk-in, also stored this way in produce in retail store, employee restroom not containing a covered waste receptacle, towels missing from sink in employee restroom, soap missing from hand sink in food preparation, drain in walk-in not having guarded outer opening. Score: 94 restaurant, 91 retail.

Exxon Tiger Mart, Prestonsburg, regular inspection. Violations noted: Thermometers not easily seen in reach-in cooler in food preparation area, thermometer not present in ice cream freezer, hand sink in food preparation area is not accessible due to storage of crates and other items, towels at hand sink do not seem to be working properly. Score: 95 restaurant, 99 retail.

Wal-Mart, Prestonsburg, regular inspection. Violations noted: Thermometers not placed in front of unit easily seen, utensils of wooden handles worn or damaged, drains damaged and unable to open or close, counter top in front of three-compartment sink doesn't work properly, towels missing from hand sink in food preparation area. Score: 96 restaurant, 100 retail.

Roadie's, Hi Hat, regular inspection. Violations noted: No all cooling units have easily seen thermometers, no hair restraints being worn in the food preparation area, inside of "Norge" brand freezer is cracked, drain boards on the three-compartment sink are constructed and topped with wood, no test kits provided to check sanitization levels, outside dumpster area has a little debris scattered. Score: 93.

PROPERTY TRANSFERS

Tex Mitchell and Mona Mitchell, to O.C. Hall, property located on Big Mud Creek. Board of Education, Floyd County, to Most Reverend J. Kendrick Williams, Roman Catholic Bishop of the Diocese of Lexington, his successors in office and assigns, property located in H.F. Man Addition to Langley.

Board of Education of Floyd County, to Most Reverend J. Kendrick Williams, Roman Catholic Bishop of the Diocese of Lexington, his successors in office and assigns, property located in Auxier. Most Reverend J. Kendrick Williams, Roman Catholic

Bishop of the Diocese of Lexington, to Schools Our Us Inc., property located, H.F. Man Addition to Langley.

Donna Jean Cole and Russell Cole, to Olen L. Cornett and Joan Cornett, property located on Salt Lick Creek.

Jackie Mitchell Meade and Charles Edward Meade, Sherree Marie Wright and John Paul Wright, Jeanie Mullins and John Melvin Mullins, to Lisa Ann Slone and Gregory Slone, property location not listed.

Janet M. Newsom, to Lennis Newsom, property located on Bull Creek.

Randy Hamilton, Joan Caudill, Becky (a/k/a Rebecca) Harrier and James Harrier, Earlene Caudill and Isaac Caudill Jr., Gary Brown and Lena Mae Brown, Perry Brown and Linda Brown, Charlie Brown, Rita Hamilton and Roger Hamilton, Margaret Scott and Danny Scott, to Philmon Caudill, property location not listed.

Glenda H. Hicks and Chalmer Hicks, to Thelma Osborne, property located Hunters Branch.

Eula Johnson to Charlotte Mullins, plot No. 165, located in Davidson Memorial Gardens.

Randy Hamilton, Frankie Caudill and Wanda Caudill, Emon Caudill and Vickie Caudill, Betty Short and Ralph Short, Mark Caudill, Mary Vice and Billy Vice, to Philmon Caudill, property location not listed.

Charles C. Prater and Mary Ruth Prater, to Charles D. Johnson and Martha Johnson, property located near new Kentucky Highway 80.

Truman Shepherd, Clyde Shepherd and Ruth Shepherd, Debbie Wireman and Rick Wireman, to Vernal Shepherd and Sandra Shepherd, property located on Right Beaver Creek.

Master Commissioner's Deed: Ruth Prater, Deloris Kirk, Delmas Prater, Pearl Prater, Millard Prater Jr., Elaine Prater,

Ada Lou Waldofshy, Bobby Jean Prater, David Prater, Allison Prater, Suzanne Prater and Floyd County to Burnice Prater and Alyce Prater, property location not listed.

Mary L. Martin, to Barbara M. Prater, property located on Trimble Branch.

William L. Slone, Hershel Slone, Gladis Slone, to William L. Slone and Sheila R. Slone, property located near Highway 979.

Mrs. Jno. C. C. Mayo Company, to United States of America, property location not listed.

Williams Coal and Coke Company, to United States of America, property location not listed.

Ronald Atwood Willis and Lisa A. Willis, to Clyde Douglas DeRossett and Karen DeRossett, property located on Coppers Lick Fork of Abbott Creek.

Master Commissioner's Deed: Kenneth and Gabriella

Community Calendar

Calendar items will be printed as space permits

Editor's note: As a service to the many clubs and committees that meet in our community, The Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to The Times no later than 5 p.m. Monday for Wednesday's publication, 5 p.m. Wednesday for Friday's publication, or 5 p.m. Thursday for Sunday's publication. These cannot be taken over the telephone.

Cooley-Parsley reunion Saturday, July 28

A reunion of the Cooley and Parsley families will be held Saturday, July 28, at Archer Park, 11 a.m. Bring a covered dish.

Kentucky River Community Care will host the 5th Annual Mental Health Consumer Conference on August 22, at the Hazard Hotel in Hazard.

Speakers will include mental health professionals as well as mental health consumers. The cost is \$15.00, which includes lunch costs. For more information, and a registration form, call Juanita Hall or Brenda Rudder at (606) 785-0961, between the hours of 8 a.m. and 1:30 p.m., (Monday-Friday). Try to pre-register by August 6.

McCoy family reunion August 12, 10:30 a.m.

Sardis Association Building on Brushy Creek, (formerly Brushy Elementary School). Take 119 north past Johns Creek Elementary School. Keep going north on 119 until you come to the new 4-lane. Shortly after, you will notice a turn off to the left with a sign that reads to Brushy or Varney. Follow this road to the sign that reads, 881 to Brushy. It is approximately 11 miles to the Sardis Association Building.

Bring a covered dish. Eating will be at 1:00 p.m.

For more information, call: Betty Howard, 432-1601; Bertha Blackburn, 631-1005; Donna Taylor Morrison, 631-1763; Marquetta Deskins,

631-1811; or Helen Sue Merkle, 304-583-9646.

P'burg SBDM council to meet

Prestonsburg Elementary monthly SBDM council meeting will be Monday, August 6, at 6 p.m., in the school auditorium.

PCC Board to meet

The Prestonsburg Community College Board of Directors will meet on Monday, July 30, at 6 p.m., in the Pikeville campus conference room. This meeting is open to the public.

Local NWTFF chapter to host kids field day

The Sandy Valley Chapter of the National Wild Turkey Federation will host a youth field day event on Saturday, August 4, at the Johnson County Fish & Game Club. The day's events will begin at noon. Through participation in the Juniors Acquiring Knowledge, Ethics and Sportsmanship (JAKES) program, children learn about hunting, camping, fishing and other conservation-related topics. A free lunch of hot dogs, hamburgers, and cold drinks will be provided to all those attending the event. The club is located on Hwy. 581, about two miles off route 40, just outside Paintsville. Turn left at the baseball field. For further information, contact Rick Meece at (606) 789-4655, or Chalmer Howard at (606) 886-6733.

Wheelwright class of 1958 reunion

The Wheelwright High School Class of 1958 planning committee is currently attempting to locate all graduates. A reunion of the Class of 1958 will be held on October 14, at the Pines Building at Jenny Wiley State Park. Further information is posted on the Floyd County High School web site, and additional information may be obtained by e-mail to: bbvance@bright.net.

Childers-Preston family reunion

The Childers-Preston Family reunion will be held on Saturday, August 18, at the Dewey Dam Picnic Hollow,

Shelter No. 3. Registration begins, 11 a.m. Bring a covered dish and cold drinks. Descendants of Abraham and Elizabeth Preston Childers—pioneer settlers of Lawrence County—as well as descendants of Moses Preston and Fanny Arthur. Family branches also include Price, Meade (Mead), Hawes (Hawys), and Borders. For more information, contact Donna Cox, 1720 Phillip St., Ironton, OH 45638, or (740) 532-6301, or e-mail: coxd@zoomnet.net.

Vacation Bible school

First Assembly of God, Martin, July 23-27, 6:30-8:30. 285-3051.

Find out about adoption through KBHC, August 9

Kentucky Baptist Homes for Children is hosting a free adoption orientation on August 9, at Highland Baptist Church in Louisville. Orientation begins at 7 p.m., Eastern time. Registration is required and child care is not provided. Call 1-800-928-5242 by noon on August 8 if you plan to attend. Highland Baptist is located at 1101 Cherokee Road.

Truth Trackers Bible School Expedition

Truth Trackers and the Secret of the Stone Tablets - come share the expedition fun at the Pleasant Home Baptist Church Vacation Bible School on July 23-27 from 6 to 8:30 p.m. Bus pick-up is available for transportation to the church, call 886-7029 after 5 p.m. Pleasant Home Baptist Church is located on Water Gap Road.

Narconon - Help for Addiction

Narconon provides answers to drug addiction problems and continuing relapse. Free assessment, evaluation and referral services. Drug addiction can be overcome. Call 1-800-468-6933, or visit www.stopaddiction.com.

Big Sandy CAP Scholarships

Scholarships are available for entering and returning college or vocational school students through the Big Sandy

(See CALENDAR, page seven)

**COUPON**

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**Pre-Registration Begins Friday July 13, 10:00-4:00**

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**Jackpot \$55 MILLION**

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**Remember, It's just a game.**



Calendar

**Area Community Action Program.** For more information, contact the Big Sandy Area CAP office. Applications must be received no later than 4:30 p.m., July 13.

**Kids' camps**

Auxier Lifetime Learning Center: Call 886-0709. Bible Camp—July 23 to 28, 7 p.m., to 9 p.m., free. Sewing Camp—July 16 to 20, 10 a.m. to 1 p.m. Cost is \$5. Team dance—first Friday, August, 8-10, free. For more information, call: 886-0709.

**Buddy basketball event July 28**

Johnson County Buddy Basketball invites the public to attend "A Day at the Races," the first event of their Soap Box Derby Races. The event will be held on July 28 at the Citizens National Bank parking area on Broadway in Paintsville, from 10 a.m. until 7 p.m. Ages 6-12 eligible to participate. Soap Box Racing Kits may be purchased through JCBB at \$60 per kit. Deadline to order is June 16. Entry fee—\$15. For more information, contact Teresa Blanton, at 297-6878, Claudia Webb, at 297-2237, Larry Poindexter, at 788-0156; or write to JCBB, P.O. Box 441, Paintsville, KY 41240. Make all checks and money orders payable to JCBB or Johnson County Buddy Basketball.

**Social Security Rep. at Mud Creek**

A Social Security Representative will visit the Mud Creek Clinic each Tuesday during the months of July, August and September.

A representative will be in the Clinic to assist people in filing Social Security claims and appeals.

People can also apply for Supplemental Security Income (SSI), Black Lung benefits, and Social Security numbers. You can also pick up booklets and get questions answered.

**Fibromyalgia support group**

Monthly meetings—Betsy Layne Senior Citizens Building, first Tuesday of each month—6:00 p.m. The Betsy Layne Senior Citizens Building is located on Pike-Floyd Hollow, above the Betsy Layne Fire Department. For more information, contact Sharon at 478-5224, or Phyllis at 874-2769.

**Alzheimer's Association local seminars**

The Alzheimer's

Association of the Lexington/Bluegrass Chapter will be hosting several educational seminars designed to aide families that are caring for persons with Alzheimer's Disease and related disorders. The seminars will be held at the First Presbyterian Church, North Lake Drive, Prestonsburg. The sessions are free of charge and care for your loved one can be provided with prior arrangement. A snack supper for all attendees will also be provided. August 14 session—5:30 p.m. to 8:30 p.m. Topic—Legal and financial issues, grief. For more information, contact Tonya Tinscher at 1-800-288-2323.

**Hicks reunion**

The Hicks Reunion for the descendants of William and Oma Reffett Hicks, will be held August 11, at May Lodge, Jenny Wiley State Park. For more information, contact Delphia Hicks at 606-886-3108 or Paulene Allen at 606-886-3744.

email:delphia@eastky.net

**Martin Veterans' Memorial**

A Veterans Memorial to honor all veterans is being constructed in the City of Martin. Donations are needed, and may be mailed to Firstar Bank, P.O. Box 1010, Martin, KY 41649, or call Glenn Patrick at 285-3519, for more information.

**Red, White and Blue Notice**

The Red, White and Blue Committee is collecting stories about American Veterans from any war, to be published in the Red, White and Blue annual publication available in October 2001. Drop off at City Hall in Martin, or mail to Pam Justice, Red, White and Blue coordinator, at Martin City Hall, P.O. Box 749, Martin, KY 41649, or call at 606-285-9335. If you wish to publish a picture and want the picture returned, enclose a self-addressed, stamped envelope. Information must be submitted before August 31, to appear in the October publication.

**For unplanned pregnancy**

The beginning of an unplanned pregnancy doesn't have to mean the end of your dreams. For free, confidential assistance, call the Kentucky Baptist Homes for Children at 1-800-928-5242. You can talk to someone who cares about you and your baby. Assistance is available across Kentucky.

**PCC Microsoft class**

Prestonsburg Community College is now a Microsoft Authorized Academic Training Provider. Beginning this summer, Prestonsburg CC will be offering seven sequential fast-track courses to prepare students for the Microsoft Certified Systems Engineer Certification on Windows 2000. The classes begin June, 2001 and end February, 2002. Seating for these courses is very limited.

For more information, contact Patricia Goodman at (606) 886-3863, ext. 321.

**Alzheimer's association caregiver support group**

To help those who care for persons with Alzheimer's disease, the Lexington/Bluegrass Chapter of the Alzheimer's Association sponsors a support group in Prestonsburg. It will meet at the First Presbyterian Church at 7 p.m., on the 2nd Tuesday of every month. The group provides a relaxed, confidential atmosphere where fellow caregivers can exchange experiences, methods of dealing with unique problems, and the latest information about available services and research. Meetings are free and open to the public. For more information, contact the group leader, Dana Caudill, (606) 886-0265.

**Depression support group**

Need to talk to others who know how you feel? Join us at the Allen Convention Center, next to the pool and walking track, at Stumbo Park, every Thursday at 6 p.m. If you are feeling depressed and "blue" join us for a talk.

For information, call Tina at 874-0544.

**Kenpo Karate**

Are you interested in losing weight, toning up, managing stress? Would you like the opportunity to travel and compete for cash and prizes? Then come be a part of our team! Kenpo Karate classes, taught by World Karate Champion Troy Burchett. Classes meet each Tuesday and Thursday evening at 6 p.m. at the P.C.C. Wellness Center. Men, women and children of all ages invited to attend. All classes are free. For more information, call 434-6471.

**Vet rep available**

A Veterans Benefit Field Representative for the Kentucky Department for Veterans Affairs has an office on the third floor of the Floyd County Courthouse. He is there to assist veterans and their dependents in filing for

state and federal benefits. This service is free and is provided by the commonwealth. Contact him at 606/886-7920. If there is no answer, leave a message and he will return your call.

**Group sets meeting**

The Ups of Down Syndrome support group now has a permanent meeting place and time. The group will meet the first Sunday of every month from 2-4 p.m., at the Pikeville YMCA, beside Pikeville Independent School. Call 606/377-6142 or 478-5099 for more information.

**Domestic violence**

Are you in an abusive relationship and feel as if there is no way out? Call our 24-hour crisis line and talk to Certified Domestic Violence Counselors, discuss ways you can remedy the problem, call 886-6025 or out-of-the-area 1-800-649-6605, because "Love Doesn't Have To Hurt."

**Housing assistance in Wayland area**

HOMES Inc. has opened an office in the Wayland Community Center to assist low income persons in the Right and Left Beaver areas with housing needs. Nelson Hopkins is in the office on Wednesdays from 7:30 a.m. to 4 p.m. to help persons who need repairs on their existing homes or with securing new housing. Area persons may call 358-9473 on Wednesdays to speak with Hopkins or leave a message on other days. Or they may call the HOMES Inc. headquarters in Neon, toll-free, at 1-877-271-1791, ext. 10.

**Earn while you learn**

The Big Sandy Area Community Action Agency is taking applications for the senior training program. For information, call Tammy Jervis, 606/886-2929. The program's primary goal is to

create employment for those 55 and over. SCSEP helps prepare older workers to compete for jobs by providing minimal training and placing eligible

applicants into permanent employment. Training sites are expected to develop the participant's skill and hire or release them.

**Subscribe to The Floyd County Times Call: 886-8506**

**Card Of Thanks**

The family of Ralph D. Spencer would like to thank the medical staff of Highlands, Our Lady of the Way, Potter Clinic, Dr. Campbell, Dr. Potter, Pastor Lorie Vannucci; all those who sang at the funeral, and those who supplied food. Words cannot express our gratitude.

The family of Ralph D. Spencer

**CARD OF THANKS**



We, the families of Dwayne and Carolyn Sue Carroll, would like to take this opportunity to thank all of those who showed love and compassion to us during the loss of our loved ones.

We would like to thank the pastors, Denver Meade, Ellis Stevens, and Rev. James Butler, for the kind words of comfort and encouragement.

We would like to share our appreciation to Mary Martin for the kind words she spoke and the fond memories that she shared with us.

We would like to thank those who sang during nightly services and during final services; there were so many who shared their comfort to us through song, that, if we were to mention names, we might mistakenly leave someone out, so we say thank-you to all of you.

We would also like to thank everyone who visited the funeral home; the many flowers sent were beautiful, and showed us how much each of you cared.

We would like to say a big thank-you for all those who helped prepare the gravesite. It took a lot to prepare it, and we want each of you to know that we deeply appreciate each of you.

We would also like to say thank-you to all of the pallbearers and honorary pallbearers for a wonderful job.

We are thankful for those who provided food at both the funeral home, and to the ones preparing the graves.

We also would like to thank the sheriff's department and the coroner's office for all the compassion and help during the night of the deaths.

We would like to thank all the folks at the Nelson-Frazier Funeral Home at Martin, Ky., for their deep concern, compassion, and service during the time of our sorrow. You were there for us, and still are there to aid us in any avenues that we need you. Thank you.

Finally, we would like to thank our Heavenly Father for placing in our lives, two of the most wonderful people in the world. Because of their concern for others, many lives have been touched and changed. And, we are grateful to Him for caring for them, until we shall join them in our new home.

Obituaries

**Robert Daniel "Danny" Frazier**

Robert Daniel "Danny" Frazier, age 50, passed away July 5, 2001, in Talent, Oregon. He is the grandson of the late Claude Adkins and Ola Jane Bentley Adkins of Allen, Ky.

Survivors include his mother, Nola Jean Campbell, and step-father, Cultus Campbell of Sparta, Tennessee; one brother, Keith Campbell of Manteca, California; two sisters, Kelly Campbell of Sparta, Tennessee, and Mona Gouveia of Mesa, Arizona; one niece, Sarabeth Gouveia of Mesa, Az.; one nephew, Caleb Campbell of Sparta, Tennessee; and one great-niece, Charlott Gouveia of Mesa, Arizona.

Funeral services were held in Oregon, July 14, 2001, with Rogue Valley Funeral Alternatives in charge of arrangements. (Paid obituary)

**Kenneth Michael Bentley**

Kenneth Michael Bentley, infant son of Kenneth Lee and Wanetta Thornsberry Bentley, passed away, Tuesday, July 24, 2001, at the Paul B. Hall Medical Center, Paintsville, Kentucky.

In addition to his parents, he is survived by his paternal grandparents, Charles A. and Angelina Jones Bentley of Mallie, Ky.; his maternal grandparents, Charles and Marrietta Griffith Thornsberry of Kite, Ky.; two brothers, Lonnie Charles Brandon Bentley, and Jacob Nathaniel Bentley; and one sister, Angel Marie Bentley, all of Kite, Ky.

Funeral services were conducted, Thursday, July 26, 2001, 11 a.m., at the Stone Coal Regular Baptist Church, Garrett, Ky., with Regular Baptist Ministers officiating.

Burial followed in the Family Cemetery at Kite, Ky., under the direction of Hall Funeral Home, Martin, Ky.

Visitation was Wednesday, at the church. (Paid obituary)

**Viola Black**

Viola Black, 91, of Southland Dr., London, Ky., died Tuesday, July 24, 2001, at Clark Regional Medical Center.

Born July 14, 1910, in Laurel County, Ky., she was the daughter of the late Charles Cook and China Cook Moore. She was a member of Cornith Baptist Church.

She was preceded in death by her husband, Roy Black.

Survivors include one son, C. J. McNally of Prestonsburg, Ky.; three grandchildren, Charla Burchett of Sarasota, Florida, Cindra Burchett of Winchester, Ky., and Kipley McNally of Louisville, Ky.

Funeral services will be conducted Friday, July 27, 2001, at 11:00 a.m., with Rev. James Blaylock and Rev. Dennis Rush officiating.

Burial will be in the A.R. Dyche Memorial Cemetery, London, Ky., under the direction of Bowling Funeral Home.

Memorial contributions may be made to the Tri-County Hospice, P.O. Box 395, London, KY 40743, or Corinth Baptist Church Building Fund, 1671 Old Whitley Road, London, KY 40744. (Paid obituary)



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# NEA report links quality higher education to economic health

Maintaining a first-rate state higher education system is critical to bringing in, and keeping high-paying jobs, according to a report commissioned and released by the National Education Association, today.

The report, titled "Where We Go From Here: State Legislative Views on Higher Education in the New Millennium," is based on interviews with 64 state legislators, representing all 50 states. The legislators serve on education committees in their states.

The report states that even though legislators understand the importance of higher education institutions to the economic viability of their states, colleges and universities are often among the first budget items to have funding cut, when budgets get tight.

"What this report shows, is what we've known in the educa-

tion community all along—higher education faculty members make important contributions to the financial health of their state," said NEA President Bob Chase. "Their work directly contributes to the economic stability of our states and nation. As the economy starts to slow down, I urge all of our political leaders to remember how indispensable our higher education faculty are to reviving the economy."

Legislators also credited higher education institutions with state efforts to grow their own workforce, and avoid a "brain drain" in which state residents move to other states for higher-paying jobs. Because of the potential for research alliances, a well-regarded research university can serve as an incentive for the location or relocation of high-tech indus-

tries, they said. Higher education institutions also contribute to retaining businesses by providing relevant continuing education and training.

"Almost without exception, the legislators I talked to, emphasized that higher education contributes directly to the state's efforts to have a healthy economy," said Sandra Ruppert, the researcher with Educational Systems Research, who conducted the report for the NEA.

### Other findings in the report include:

- Public two-year institutions are considered to be the most responsive overall to state education and training needs, legislators said.

- While legislators support the targeting of funds for adding or expanding degree programs in fields where there is a short-

age of workers, they don't think getting a high-paying job should be the only reason for attending a college or university.

- Nearly all of the legislators interviewed for the study, made reference to higher education's critical role in preparing, training and supporting highly-qualified education professionals for K-12 schools.

- Although legislators continue to look to technology to increase access, they've learned that providing these services isn't cheap.

- Creating new faculty positions and raising faculty salaries were among the legislators' most important legislative priorities. However, they conceded that

budget tightening could mean that other projects would take precedence.

- Legislators said that they spend more time dealing with the rising cost of college, than they do discussing any other higher education issue.

- Although necessary, financial aid used to moderate the impact of high tuition is considered a "band-aid" by many legislators. They said financial aid programs do little to address the larger problems of continually rising prices.

- Due to a clash of values over how and whom should receive aid for college, state legislators are struggling with the issue of using financial aid to

recruit the most desirable students, or provide aid to assist the neediest students. The debate is becoming more intense as the economy continues to slow, and state budgets tighten.

"Where We Go From Here" is the third report the NEA has commissioned in which state-level decision-makers discuss their thoughts on higher education. To receive a copy of the report visit <http://www.nea.org/hc/leg-news/gofrom.pdf>.

To schedule an interview with Sandra Ruppert, contact Denise Cardinal at NEA Communications, (202) 822-7239, or send an email to [dcardinal@nea.org](mailto:dcardinal@nea.org).

## Governor Patton and Maryland Governor release NGA Smart Growth report

With the award winning Park DuValle revitalization project in Louisville as a backdrop, Governor Paul E. Patton welcomed Maryland Governor Parris N. Glendening to the state to release a National Governors Association (NGA) report that offers distinct alternatives to the developmental "sprawl" that has dominated the country over the last 50 years.

Standing on the front porch of one of Park DuValle's homes Governor Patton said, "The Park DuValle project is one of the positive examples in the NGA report, 'New Community Design to the Rescue: Fulfilling Another American Dream,' that demonstrates how public-private partnerships can work together to build a Smart Growth community."

"Combining two core elements of Smart Growth, density and quality design, can go a long way toward creating the types of communities more and more Americans want to call home," said NGA Chairman Governor Glendening. "Families want close-knit communities, good schools, open space and easy access to transit. Smart Growth gives them those options."

To help understand the true solution to sprawl, the NGA report includes a checklist to evaluate

communities and projects for their consistency with "smart growth" principles. For example: do the design and layout of the buildings and the streets promote one or more real neighborhoods by facilitating interaction among residents, including diverse gathering places?

"The Park DuValle neighborhood is a perfect example of New Community Design," said Louisville Mayor Dave Armstrong. "It is a vibrant neighborhood made up of families and individuals from all walks of life, that is bringing homes and apartments, neighborhood workplaces, shops, recreation and churches, into one close-knit community."

Both Governors are proponents of the Smart Growth initiative. In fact the NGA report is the final document released under Gov. Glendening's NGA yearlong interactive, "Where Do We Grow From Here?"

Gov. Patton announced in May, the creation of a 35-member bipartisan Smart Growth Task Force to

study growth and development issues in the Commonwealth. The task force is currently conducting a series of forums throughout the state to get a sense from Kentuckians of what they value about their communities, and what they see as obstacles to maintaining the unique character of their community.

The task force will also study how a more strategic approach to growth management can enhance Kentucky's future, working to elevate smart growth as a public policy issue statewide, and conducting a thorough review of Kentucky statutes, regulations and programs that relate to growth.

NGA, founded in 1908, is the instrument through which the nation's governors collectively influence the development and implementation of national policy, and apply creative leadership to state issues. Both Gov. Patton and Gov. Glendening are active in the organization. Gov. Patton will be named vice chair at the annual meeting in August.

## Letters

couple never dated before and never will again, so you're stuck with a bunch of pictures of your child with a person whose name, in a few years, you (and even your child) may not even remember!

4. Now, here's the real clincher. After you've paid out all that money for "class pictures," you get solicited once again, usually in April, and usually by the same company, to "preserve your child's graduation" by still another picture: One of him or her receiving the high school diploma. How touching. And for only \$15 or \$20! Why, then, should we even bother to bring our own cameras and videocams to the graduation, when these companies are ready, willing and able to photograph everything for us? (Frankly, I think there's a plot to keep "family" out of graduation.)

I have an idea. If we must use professional photographers to "capture" the memory of our children's graduation year, then why not hire locals ones to do it? Their work is just as good as that of these national concerns, if not better. (In fact, many of them worked for national companies

before starting their own.) They are also more likely to cater to our specific desires for pictures. They are generally cheaper, they apply the sitting fee to the cost of your order, and, whether you order anything or not, you can keep the proofs!

As for prom pictures, our high school audio-video-camera clubs or Project Prom or other school committees could make a little extra needed money by going around on prom night, taking instant pictures of our kids and their dates for a reasonable fee, much like famous restaurants in New York and Las Vegas do.

Senior year and the years to follow are very costly for parents, and not all of us are "sitting on a bank," as my husband likes to say. I believe that we parents should take a stand and refuse to succumb to "graduation memory" overkill in every way possible. So, I say, let's keep the money here whenever we can. Let's hire our local photographers, whom we know, to take part and reasonably profit from our children's high school years.

Elaine Shiber  
Van Lear

Continued from p4

## Surprised by the respect shown

I would like to express my thanks to all the people of the Little Nancy Church and all the people in the community of the McDowell area for their help during our greatest time of need during the loss of our grandma, Gladys Mullins.

Also, I would like for all of Floyd County to know that from the Little Nancy Church, all the way down to the Hunter Bridge, I was surprised to still see that many of our neighbors still have respect for the family in the time of need. It was so nice to see people stop in the road and wait for the funeral march to pass them in respect. It makes me proud to be from Floyd County. And as for the few that didn't stop, well remember this when you have a loved one pass on someday.

John Smith, grandson  
and loved ones of Gladys Mullins  
Stanville

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# CITY OF PRESTONSBURG

Jerry Fannin, Mayor, and City Council

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by TOM LEACH  
TIMES COLUMNIST

A great pitcher can dominate a baseball game even though his supporting cast may be mediocre. And one truly outstanding basketball player can carry an average team a long way.

But football is the ultimate team sport. One player can certainly make a difference but that individual cannot make an average team into a good one without a strong supporting cast.

That's why I'm not too worried about the ability of Tim Couch to succeed in the NFL.

Of course, when you're the first overall pick in the draft and make the kind of money Couch does, expectations are not always tempered with any sizable dose of the reality that the Cleveland Browns have been a bad team for the past two years. That's usually the way it works with expansion teams but with a new coach on board in Butch Davis, you can beat

Browns' fans are probably running out of patience and that will surely put some heat on Couch if the team doesn't have a good start.

Couch has known nothing but success for as long as he's played football, but he is aware that he is being closely watched as he returns from a thumb injury that sidelined him early last season.

"I like like the forgotten guy. That's what happens when you have a tough first year—when you start right away as a rookie—and then you get hurt halfway through your second year," Couch recently told *The Sporting News*. "Not to anyone else, but I want to prove to myself that I'm one of the top guys in the league," he added.

Couch is no prima donna, so don't look for his own players to turn on him anytime soon.

Even though former coach Chris Palmer's offensive scheme was not an ideal fit for Couch, the Hyden, KY product did his best to learn and execute it and did so without complaint.

But with the arrival of Davis from the Miami Hurricanes also came veteran NFL offensive guru Bruce Arians, whose specialty is the short passing game that served Couch so well in high school and college.

"I've talked to Peyton (Manning of the Colts) several times about coach Arians and he really had great things to say about him," said "The Deuce" on a visit back to Lexington. "I think I learned a lot just sitting back and just getting a chance to watch for the first time in my life."

Couch, who started training camp in Berea, Ohio near Cleveland last week, is also excited about what Davis brings to the table as the Browns' new leader.

"Coach Davis helped turnaround a program that was on probation and got them to where they should have been playing for the national championship.

Hopefully, he can do the same for us," Couch said. "He's a great motivator. He came in and started talking championship from day one, so we're really excited."

Cleveland has spent its highest draft picks in the last two years to obtain the foundation of a strong defensive unit, so Couch still lacks starpower on his side of the ball. Barring a breakout year by someone, the Browns still have a running back-by-committee approach and a number of good receivers but not great ones.

Couch comes from the Michael Jordan school when it comes to the approach to his job.

He has the talent of a

(See SPORTSLINE, page two)

# FLOYD COUNTY Sports

...Times columnist Leach tabbed as replacement...

## Hacker retires as UK basketball announcer

*Hacker was the "voice" of the basketball Wildcats for nine years and did the play-by-play for Kentucky football for five seasons.*

### TIMES STAFF REPORT

Ralph Hacker, who has been a major part of the University of Kentucky Radio Network for 29 years, announced Tuesday that he would not return as the play-by-play announcer for the 2001-02 basketball season.

Hacker has spent a considerable amount of time residing in

Florida since selling HMM Broadcasting to Cumulus Broadcasting in 1999. He has decided to eliminate the winter commute to join the Wildcats in order to devote more time to his family and other special interests that he had promised himself he would pursue.

Hacker was the "voice" of the basket-

ball Wildcats for nine years and did the play-by-play for Kentucky football for five seasons. Hacker and Cawood Ledford, the former voice of the Wildcats who retired in 1992, became known as one of the nation's premier collegiate

broadcasting team for their work with

Kentucky football and basketball for 20 years.

"Ralph Hacker has had a distinguished career in radio management and as a versatile and excellent broadcaster," said W. James Host, chief executive officer of Host Communications (HOST), which has exclusive

(See HACKER, page two)



The Hatfield-McCoy Bowl will take place at 8 p.m. Saturday at Matewan High School football stadium.

photo by Steve LeMaster  
B.J. Bryant (2) is one of three Floyd County athletes in this year's Hatfield-McCoy Bowl. The other two are Prestonsburg's Dusty Scott and Mike McDonald. Scott plans to walk and play football at Eastern Kentucky University this fall.

# SENIOR BOWL

## Floyd County trio in Hatfield-McCoy game

by STEVE LeMASTER  
SPORTS EDITOR

Saturday night's Hatfield-McCoy Senior Bowl will feature a pair of former Prestonsburg High football players and one former South Floyd Raider headed to Pikeville College.

Matewan, W.Va. is the site of this year's Hatfield-McCoy affair. Three Floyd County grid athletes: Dusty Scott (Prestonsburg), Mike McDonald (Prestonsburg) and B.J. Bryant, (South Floyd), are Kentucky All-Stars and will take part in the game.

The Hatfield-McCoy Bowl will take place at 8 p.m. Saturday at Matewan High School football stadium.

A total of 17 players from Pike County were chosen for the game. Pike County players chosen include Matt Branham (Pikeville), Nick King (Pikeville), Wade Jacobson (Pikeville), Chris Lee (Pikeville), Isaac Ratliff (Pikeville), Curtis Childress (Belfry),

Matt Lequire (Belfry), Shawn Taylor (Belfry), Jeff Thompson (Belfry), David Branham (Pike Central), Tony Mullins (Pike Central), Michael Ray (Pike Central), Scotty Hamilton (Shelby Valley), Rocky Reynolds (Shelby Valley), Steve Layne (Phelps), Timmy Lester (Phelps) and John Buck Smith (Elkhorn City).

Jim Matney, head coach at Sheldon Clark High School, will have eight former players on the squad. Cardinals on the Kentucky roster are John Horn, Mo Spradlin, Greg Maynard, Chad Howell, Andrew Hill, John Dials, Kendrick Damron and Ben Delong.

Pikeville College signee Matt Brown and two former Paintsville teammates, Nick Baldrige and Steve Helton, will represent the Tiger football program. Knott County Central sends the brother duo of Kenya and Josh Williams.

Former Pike Central head football coach Paul May will coach the Kentucky team.

photo by Steve LeMaster

Paintsville's Matt Brown (34) will join a trio of Floyd County players in this Saturday's Hatfield-McCoy Senior Bowl. Brown has signed to play both baseball and football at Pikeville College.



### > YOUTH BASEBALL...

## Mud Creek Pee Wee League completes season, names All-Stars

by STEVE LeMASTER  
SPORTS EDITOR

Like most other youth baseball leagues in the area, the Mud Creek Pee Wee League just recently wrapped up its campaign after a good season of competition.

As with most any baseball season, a champion had to be crowned. And they were.

The Mud Creek Reds captured the league title by defeating the White Sox 15-14. The Reds finished the season with a 15-6 record. The Reds won both the regular season league and postseason championships. The Reds were coached by James Eddie Hall.

Two Reds were named to the All-Star team while Hall was named as the team's coach. The Braves led all team's in All-Star picks with four. The Braves and White Sox each had three players named to the team. The Royals added a pair of players to round out the 14-member team.

### MUD CREEK ALL-STARS

Shereece Lee	.....	Reds
Andrew Vance	.....	Reds
Lindsey Martin	.....	White Sox
Jordan Hall	.....	White Sox
Kyle Mitchell	.....	White Sox
Nathan Martin	.....	Royals
Amby Tackett	.....	Royals
Leslie Hale	.....	Braves
Spencer Mitchell	.....	Braves
Chasity Conn	.....	Braves
Dylan Maldonado	.....	Cubs
Ricky Newsome	.....	Cubs
Dakota Hall	.....	Cubs
Michael McGuire	.....	Cubs

Coach: James Eddie Hall - Reds

(See MAC, page two)

### > ALLEN CENTRAL FOOTBALL...



The Allen Central Rebels, shown in action last season, enter the upcoming campaign under new head coach Robert Mayton.

## Mayton ready to take Rebel reins

by STEVE LeMASTER  
SPORTS EDITOR

Allen Central Rebel Kevin Spurlock, the newly appointed head boys basketball coach at Trimble County High School, resigned his post as head football coach in December of last year. The head coaches job was left vacant for most of the spring of this year, before Robert Mayton, an assistant basket-

ball coach under John Martin, was named as the new head coach.

After early workouts, Mayton is pleased with his new team's performance and work ethic.

"We've got about 25 kids out and they're all working real hard," said Mayton. "We've been conducting two-a-days and hopefully, we'll have around 30 kids out before the season

(See MAYTON, page two)



Sportsline

Continued from p1

superstar and the work ethic of a role player. I know Couch will persist in his quest for excellence in the NFL and I just hope those Cleveland football fans live up to their reputation as knowledgeable observers—and give him enough time to accumulate the help any quarterback needs.

pretty gloomy as far as the won-loss record, I'm looking forward to Guy Morriss' first season as the leader of the UK football program. But I'm not looking forward to working the games without my partner and friend, Jeff Van Note.

"Note" recently decided that it was time to retire from the broadcast booth, and the travel that goes with it, because of some family obligations. I

think all of us have some level of ego but Jeff kept his as far out of mind as anyone I've ever had the chance to work with. I know I'm biased but I don't think there's anyone in the nation that does a better job of analyzing a football game on radio, mixing straight talk with humor. In the tradition of the UK network, Jeff told listeners if the Cats were playing poorly as well as when they

played well. And yet the fans always knew that he was his alma mater's biggest fan.

I'll always remember the night Kentucky upset LSU in 1998, on a last-second field goal. As I described the ball going through the uprights, I heard someone scream "yeah" and I looked over and saw "Note" leaning out of the press box, taunting the LSU fans—once a Wildcat, always a Wildcat.

Jeff was recruited by Kentucky by coach Charlie Bradshaw as a quarterback out of St. Joe Prep in Bardstown. He played about every position

but center at UK and then proceeded to play 18 years at a high level at that spot in the NFL. I think he deserves to be in the Hall of Fame but the fact that he played on so many bad teams in Atlanta serves to hurt his cause.

We all encounter a good deal of phony people in our lives, but Jeff Van Note is just the opposite—as genuine a person as I've ever met. We'll drag him out on a road trip or two and you'll no doubt hear from him from time to time, but I guarantee you that listeners won't miss him any more than I will.



Tom Leach

Losing a partner  
Although projections are



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## Vintage cars headed to Louisville

SPECIAL TO THE TIMES

LOUISVILLE — Between 10,000 and 15,000 street rods will be on hand at the Kentucky Fair & Exposition Center within the next two weeks as the National Street Rod Association presents the 32nd Annual Street Rod Nationals. The dates for the city's largest vintage car show will be August 2, 3, 4 and 5.

This will be the seventh time the NSRA Street Rod Nationals have been held in Louisville and an all-time high number of participants and spectators are expected this year. All of the fair grounds will be utilized for the event as well as most of the buildings, which will house over 250 manufactures and dealer displays and other attractions.

The host organization, NSRA, defines a street rod as a modernized vintage vehicle that must be pre 1949 manufacture. These vehicles are equipped with the latest options available on the newest model vehicles, including but not limited to disc brakes, air conditioning, cruise control, tilt steering wheel. Most of those attending have updated the engine and drive train to enable the owner to cruise down the highway in comfort and safely maintain the speeds traveled by more modern vehicles. This enables owners to drive their vehicles all over the United States and Canada as well as some shipped from overseas and driven from the coast to attend. All vehicles must be driven on to the grounds.

This is truly an international gathering of fine vintage automobiles of every description. The NSRA Street Rod Nationals is the world's largest participation event and spectators from the world attend the event annually.

The NSRA Street Rod Nationals is an excellent event for spectators to attend and the 70,000 who are expected to attend will be treated to the sights and sounds of some of the most beautiful, best constructed vintage vehicles ever assembled in one place. One of the special attractions for the spectators is that they can walk right up to the vehicles and check each one out close up as they are not roped-off or otherwise confined. All are in the open and can be examined top to bottom, front to back, inside and out. While the exquisite paint and other features of the car should not be touched, spectators are free to

examine them to their heart's content.

The big street rod show will be at the beautiful Kentucky Fair & Exposition Center and is open to the public Thursday, August 2 through Sunday, August 5. Make your plans now to attend the 32nd Annual Street Rod Nationals in Louisville. It promises to be one of the biggest vintage car shows in the city's history and you can enjoy every part of it. NSRA guarantees you won't soon forget it.

Visit the NSRA online at [www.nsra-usa.com](http://www.nsra-usa.com). For more information, contact Jim Rowlett, Marketing Director, 817/581-9915.

## MAC

Continued from p1

tough challengers in Miami on the road, and Ohio at home, to close out the regular season.

Coming off a season in which in went 10-1, the Toledo Rockets were tabbed as the pre-season favorite to win this year's Mid-American Conference championship. Under the direction of first-year head coach Tom Amstutz, the Rockets were selected by 36 of the 51 voters to win the West Division and by 25 voters to capture the MAC title in the championship game.

Toledo holds home field advantage in contests slated for its top two challengers - Western Michigan and Northern Illinois. In addition, the winner of the West Division will host the league's championship game on Nov. 30.

Returning for Toledo is first-team All-MAC quarterback Tavares Bolden and two-time All-MAC running back Chester Taylor. The fleet-of-foot Taylor was also the league's leading

rusher last season. Toledo takes a seven-game winning streak into the 2001 season.

In the West, two-time defending champion Western Michigan is listed as Toledo's prime challenger. The Broncos received 14 first-place votes in the West race and 13 nods to win the league title game. Northern Illinois was tabbed to finish third, Ball State fourth, Central Michigan fifth and Eastern Michigan sixth. Ball State received one vote to win the West Division crown.

Ohio was picked to finish second in the East Division while Miami and Akron were picked to finish third and fourth respectively. OU grabbed seven first-place votes and one vote to win the league championship. Miami was named on one ballot and Akron on two as the top East Division team. Bowling Green was picked for fifth, Kent State sixth and Buffalo seventh in the East Division.

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## Mayton

Continued from p1

starts."

Senior leadership is something Mayton will look to and rely on heavily this season.

"We've got some returning seniors, some big linemen," said the new coach.

Allen Central's first preseason scrimmage is at home Saturday, August 4 against Lexington Christian Academy. The Rebels follow that contest up with a scrimmage on the road at Trimble County, Saturday, August 11.

Lexington Christian Academy's first-ever ball game came last season, a 55-0 loss to Paris on Oct. 13. LCA subsequently rebounded to beat Beth Haven 40-20 for its first win, finishing the season with an even 1-1 mark. LCA plays in Class A Region III District 5.

Trimble County returns from a 5-6 season of a year ago. Raider head coach Mike Genton has the task this season of replacing 17 players from that team.

Last year's Allen Central football team finished the season 2-9, not competing in district play. The

Rebels will return to Class A Region IV District 8 competition this season. The Rebels begin the upcoming season by playing their first three games at home before an open date precedes a two-game road trip to complete the first half of the schedule. Three of Allen Central's last five games are on the road.

## 2001 AC FOOTBALL

Aug. 17.....	Betsy Layne
Aug. 24.....	Paintsville
Aug. 31.....	Jenkins
Sep. 7.....	Open
Sep. 14.....	at Fleming-Neon
Sep. 21.....	at Elkhorn City
Sep. 28.....	Hazard
Oct. 5.....	at Phelps
Oct. 12.....	South Floyd
Oct. 19.....	at Pikeville
Oct. 27.....	at Kentucky Country Day

## Hacker

Continued from p1

broadcasting rights for UK athletics. "The transitions from color to play-by-play and multiple assignments, such as the weekly call-in shows, that Ralph has been asked to handle are very demanding, and Ralph successfully showed he had the unique ability demanded of a professional's professional."

UK Coach Tubby Smith praised the returning Hacker saying, "Ralph has been a great asset to our program and to me personally." Smith added: "He helped me make my transition from Georgia to Kentucky very easy, serving as host of my radio shows. He's given me a lot of advice and guidance and I'll remain one of his biggest fans."

Hacker, a native of Richmond, began his radio career at age 15, doing play-by-play for high school games. By age 16, he was announcing football and basketball for Eastern Kentucky University games. He covered UK athletics for five years before joining the UK Radio Network team for the 1972-73 athletic seasons.

As president of HMH Broadcasting, Hacker was instrumental in building one of the state's top broadcasting companies with properties such as WVLK Radio, which was UK's flagship station until 1999.

With Hacker's retirement, HOST announced

that Tom Leach, a columnist for The Times, whom Hacker recommended to replace him as the "voice" of the football Wildcats four years ago, would add the basketball play-by-play duties to his football responsibilities.

Leach was hired by Hacker to be the sports director at WVLK, a position he currently holds at WLAP Radio. WLAP Radio is owned by Clear Channel Communication, which became HOST's broadcasting partner of UK athletics in 2000-01. Leach also serves as the co-host of a popular variety morning talk show with Dave Baker, who is also a member of the UK broadcast team.

Although Leach has been the primary voice of Kentucky football for the past four years, he has been a part of the UK Radio Network for 12 seasons. He won the prestigious Eclipse Awards in 1993 and 1999 for his thoroughbred horse racing coverage and in 1997 was named Kentucky SportsCaster of the Year.

"We feel fortunate to have a talent like Tom Leach available to move into the basketball play-by-play position," said Host. "He has done an outstanding job with football and we are confident that he gives us the quality to which our listeners have become accustomed to hearing as we expand his role with the UK Radio Network."



by KATHY J. PRATER  
FEATURES EDITOR



### He just had to do it

I know I made a promise to my reading public to not "bore" you with my thoughts on love and romance. I also recall that I have made this promise more than once. Today, I have decided to utilize my "woman's prerogative" and withdraw this promise entirely.

I implore you to have mercy upon me and to understand that I still remain in close working proximity to one I have previously dubbed "Prince Charming."

Prince Charming got married last week. I attended the wedding ceremony and as jaded as I profess to be, I have to admit that I wiped a tear from the corner of my eye. Thankfully, I was wearing sunglasses, as the ceremony took place outdoors. Therefore, no one around was any the wiser to my momentary lack of composure.

Driving home, I thought of the wedding. Of how utterly beautiful the bride appeared in her stark white, backless gown and glittering tiara. Of how utterly smitten the groom appeared to be of his love - his new wife. How happy they appeared together - no matter that it was a tad bit warm - no matter that a few words were tripped upon during the repeating of the vows - no matter that they had to stand in the full heat of the sun and pose for photographers - they didn't care. And why? Because they are "in love." This couple is so perfect for one another that I just want to choke the malarkey out of them from time to time.

The thought came to my mind that I would spend a column writing about the Prince and his Princess (and with that sparkling tiara atop her head and that gleaming smile across her face, believe me, the title is fitting). But then I thought better of the idea and decided to push such thoughts to the darkest recesses of my mind.

I moved on. Then today, I had a few spare minutes here at my desk and I decided to catch up on the latest news. I clicked into the "edit" folder to see what

(See EYES, page three)

### Ask the CIS

#### Cancer information for the disabled

**Q: Does the Cancer Information Service provide cancer information in Braille?**

**A:** Yes, the Cancer Information Service (CIS) is testing a new service that provides blind callers with Braille versions of most materials available on the National Cancer Institute (NCI) Web site. CIS staff members download booklets, fact sheets and other materials from the Web site and feed the information into a Braille machine at the University of Kentucky (UK) Disabilities Resource Center.

The CIS also serves deaf and hard of hearing people with TTY equipment. The TTY service is available at 1-800-332-8615 during regular CIS hours.

Ask the CIS is distributed by the Cancer Information Service (CIS) of the Mid-South, which serves Kentucky, Arkansas, Tennessee, Alabama, Mississippi, and Louisiana. The CIS is a program of the National Cancer Institute. Call the CIS toll-free at 1-800-4-CANCER between 9 a.m. and 4:30 p.m. local time.

# FLOYD COUNTY Lifestyles

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July 27, 2001

SECTION • C

Features Editor: Kathy J. Prater  
Phone: (606) 686-8506  
Email: features@floydcountytimes.com

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# GIRL SCOUTS

## Floyd County Girl Scouts participate in 5th annual Girl Scout Olympics

by PHYLLIS ALLISON,  
FLOYD COUNTY GIRL SCOUT SERVICE UNIT MANAGER

The fifth annual Floyd County Girl Scout Olympics were held on Saturday, June 2, at the Prestonsburg Community College walking track. Approximately 80 girls, ranging in age from five to thirteen years old and representing eleven area troops, competed for gold, silver and bronze medals in ten separate events.

Volunteer adult leaders and community helpers worked hard as judges, timekeepers and food preparers, as well as directing events and activities.

Several area businesses helped make the event a success. Brown's Food Service, Lakeview Mart, Stanville Food World and Prestonsburg Dairy Queen all donated food, ice and drinks for the participants. In addition, the Prestonsburg Fire and Rescue Squad were on hand to offer assistance in case of accidents.

The girls participated in age-appropriate events, participating were Daisy Scouts (age 5-6 years), Brownies (age 6-8), Juniors (age 9-11), and Cadettes (age 12-14). Events included bean bag race, sack race, three-legged race, 50 yard dash, jump rope event, frisbee throw, crabwalk, broad jump, hula hoop, a 220 yard run, and a 440 yard run.

Wanda Ratcliff, Tiffany Ratcliff, Clark Allison, Stacy Potter, Phyllis Allison, Barbara Williams, and Glendine Hale all served as judges. Margarita Hampton and Lora Hall were in charge of food preparation. Several girl scout moms were also present to help out with activities and events.

Girls placing first in the various events were awarded gold medallions, those placing second were awarded silver medallions, and those placing third were awarded bronze medallions. Each participating scout received a participation patch and ribbon from the Floyd County Girl Scout Service Unit. Additionally, each girl also received a Wilderness Road Girl Scout t-shirt.

### The winners of the various events were:

#### Bean Bag Race

Daisies: First place, Morgan Nunnery; second place, Scottie Pinson; third place, Becky Johnson.

Brownies: First place, Kaitlyn Minix; second place, Brittany Davis; third place, Cassie Whitt.

Juniors: First place, Maura Minix; second place, Amber Johnson; third place, Maggie Hall.

Cadettes: First place, Katherin Austin; second place, Kimberly Williams; third place, Brittany Crisp.

#### 220 yard Run

Brownies: First place, Madyson Nunnery; second place, Kaitlyn Minix; third place, Heather Little.

(See SCOUTS, page three)



This group of heart-healthy scouts were winners in the jump rope event.



Winners of the 440 yard run event of the fifth annual Girl Scout Olympics 2001.



These girls placed in the bean bag toss event.

### Kids need breakfast brain boost

What's an easy formula for better grades? Here's a hint. Milk, cereal, banana, toast. Getting the picture? It's breakfast! And if your kids are running out the door without munching on something, they could be spelling out trouble for themselves in the classroom.

More than 50 percent of students reported they skip breakfast at some time during the week, reports the American Dietetic Association. Numerous studies show children perform better in the classroom when they have eaten that morning meal. A recent study from the Maryland State Department of Education revealed students who ate breakfast in school had a nine percent increase in standardized test scores and a 40 percent increase in good behavior and attitude.

"Breakfast boosts brainpower by providing energy to the brain after rest," said Pat Wallin, a registered dietitian with the Southeast Dairy Association.

Kids not eating breakfast are also shortchanging themselves vital nutrients that they don't make up for later in the day. A particular problem is kids not getting enough calcium. Nine out of 10 girls and seven out of 10 boys don't get enough calcium every day, according to the U.S. Department of Agriculture. A Journal of the American College of Nutrition study showed milk group foods are the most frequently consumed foods at breakfast, and when children miss their morning meals, they consume significantly less calcium.

"Good grades can be as elementary as getting a good start to the day with breakfast," Wallin said.

With so many single parent households and children often being alone in the morning while parents rush to get themselves ready for work, it's easy to overlook breakfast for a child. If a child has a long ride to school, the child might be famished by lunchtime.

For adults, hunger can be uncomfortable. However, most adults know how to deal with hunger by satisfying it. When children are hungry, it's a much bigger problem, according to Wallin.

"When hunger strikes, kids lose their focus," Wallin said. "Some stay at their desks and fade. Others feel 'sick' and ask to go to the school nurse. And others just poke the kid next to them. No matter how a

(See KIDS, page three)

### Things to Ponder...

## Mam-Maw's medical team

It's been really nice having special friends, a retired medical couple from Florida, visiting me this week. Our conversations have brought up memories of stories heard when I was young, about how families coped with the treatment of illnesses in our rural communities. It was interesting and fun to share these stories among ourselves. I remember how Granny Grace frequently and fondly recalled how my paternal great-grandmother would go to the hills around Grapevine Creek and dig roots to make a tea for my brother's bouts of diarrhea when he was a toddler—almost 70 years ago. The stress must have been intense when someone was sick and "trained and educated" medical help would be 23 miles away in Pikeville. There were times, Granny Grace said, that she would flag down the Greyhound bus and give the dri-

ver a note to take to the family doctor "in town", asking him to come as soon as possible. It seemed as though by magic, he



by MABLE ROWE  
LINEBERGER, PH.D.

and often his wife would show up before midnight to see the sick family member. Another possible medical resource was

the "company doctor" hired by the major coalmines to treat the miners and their families, an early form of managed care and HMOs. I have a memory of Granny Grace being disappointed because she could not take me to the "good one," [company doctor] at Feds Creek, since my father was not a miner.

Going further back in time there were Granny Keene's trips to her "super drug store" in the hills with all the "natural medications" mainly based on roots. Relief of pain was sometimes treated with a poultice of roasted pokeroot and applied to the feet in the belief that any pain within the body would be drawn out. A fever might be approached by using two roots of wild ginger and drinking the tea that results.

During the first half of the 20th Century companies began making products to be used at

home. By all means one cannot forget the importance of Castor Oil in the medicine chest during this period. Grandpa Kirk, who passed away at 97, praised its use as a laxative, as well as a remedy for various aches and pains. When I was a child and spent Friday evening with my cousins, their father—my uncle—gave us a dose of Castor Oil, laced with a few drops of turpentine in order to cleanse the intestinal tract of any and all impurities. Aside from the Castor Oil, there was the poultice for chest congestion. Hot powdered mustard was mixed with water to form a paste that was applied to a wool cloth and then placed on the chest. Treatment for boils frequently consisted of "drawing" salves made up of sugar and brown

(See PONDER, page two)

### This Town That World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request. The following column was written in 1961.

Is man in his apparent desire for peace, and in his unquestioned desire to exist, getting the results that one gets by struggling in quicksand? Christianity deals with the heart of man, and many do not understand. Perhaps a look at the direction the unregenerate heart of man is inexorably taking him would help.

The Russians may be ahead of us in space travel, but give us automobiles with a few more

(See WORLD, page three)



## New Arrivals

### Pikeville Methodist Hospital

**July 12:** A son, Trevor Mackenzie Woods, to Miranda Jo Woods; a son, Lucas Gabriel, to Jamie and David Vandyke; a daughter, Natalie Danielle, to Jessica and Shane May.

**July 13:** A son, Cody Michael Ellis, to Michelle Hensley; a son, Bentley Shane, to Missy and Bentley Williamson; a son, Brayden Michael, to Annie M. and Michael Newsome.

**July 15:** A daughter, Kaleigh Faith, to Missy and Bobby Johnson; a daughter, Lakin Dawn, to Molody Dawn and Billy Vaughn Kinney.

**July 16:** A daughter, Laura Jane Little, to Michelle Kiser and Charles Little; a son, William Blake, to Amanda and Winson Stone; a son, Haydon Nathanael, to Patricia Karen and Larry Michael Caudill; a son, Colton Reece, to Misty and David Deskins; a son, Ethan Ray, to Chasity Lea and Brian Ray Hess.

**July 17:** A son, Franklin Alexander Conn, to Angela Renee Belcher and Howard Franklin Conn Jr.; a son, Dylan Keili, to Diane and Dorian Keith Akers; a son, Brooks Anthony, to Taryn Sue and Bart Anthony Williams.

### PHS graduates of 1976 - it's not too late!

To the graduating class members of Prestonsburg High School, Class of 1976: It is not too late to make plans to attend the 25th reunion of your class and catch up on all the latest news with your former friends and classmates. If a failure to contact you occurred, rest assured that you are, nonetheless, wanted at this event. A reunion of classmates only will be held at the new Allen Fire Dept. building on August 3. On August 4, a formal reunion will be held at the Prestonsburg Holiday Inn, beginning at 7 p.m. Attendees may pay at the door. Please make plans to attend. For further information, contact Leesa Powers at 886-8694; Pat Lemaster at 886-2786; or Navajo Austin at 886-9110.

### Self-defense expert Pat Malone outlines safety tips for women

A not so well-known fact that is taught in many children's karate classes is that the strongest point on the human body is the elbow. In a tight situation, if you are in close enough proximity to use it in a defensive move - do! This tip, and many others, is one that Pat Malone, former bodyguard for celebrities such as Farrah Fawcett and Sylvester Stallone, shares in personal safety workshops he conducts throughout the country. Malone works for the F.B.I. and teaches hand-to-hand combat to police officers and Navy SEALs.

Malone focuses his teachings on how to avoid being the victim of a violent crime. Here are some important points from his presentations:

#### Three reasons why women are easy targets for random acts of violence are:

- (1.) Lack of awareness - it is imperative to know where you are and what's going on around you.
- (2.) Body language - don't give the perpetrator any reason to think that you're an easy target. Walk with purpose, head up, back straight, arms swinging.
- (3.) Wrong place, wrong time - Never walk alone in an alley, or drive in a bad neighborhood at night.

Women also have a tendency to get into their cars after shopping, eating, working, etc., and just sit (doing their checkbook, making a list, freshening make-up). Don't do this. It provides a predator the perfect opportunity to climb quickly into the passenger side door, place a gun to your head and tell you where to go. As soon as you get into your car, lock the doors and leave. Before entering, especially if parked in a parking garage or lot, be aware. Scan the car's floorboard, passenger side floor, and back seat. If you happen to be parked next to a van, enter your car from the opposite door, even if that happens to be the passenger door. Many serial killers attack their victims by pulling them into vans while the women are attempting to enter their cars.

Always notice the car parked nearest the drivers side of your vehicle, as well as the car parked next to the passenger side. If a male is sitting alone in the seat nearest your car, walk back into the mall or the building you just left and solicit the aide of a guard/policeman to walk you back out. Don't feel foolish for asking - it is always better to be safe than sorry. (Better paranoid than dead.)

Always take the elevator instead of the stairs. Although stairs are good for exercise, stairwells are horrible places to be alone and the seclusion of these areas make for perfect crime spots. If a suspicious or strange looking person is already on the elevator, wait for the next one. Once on, stand near the front, by the doors, ready to get off - do not stand in the back corners, a predator seeing you in such a position may enter the elevator and prevent you from getting off. Additionally, if you are going to the tenth floor and a suspicious looking person gets on the seventh floor, get off when he gets on.

If caught in a bad situation and the predator has a gun and you are not under his control - always run! Police only make 4 of 10 shots when they are in range of 3-9 feet - this is due to stress, so even if the predator fires at you (a running target) he has the chance of hitting you only 4 times out of a hundred. Even then, according to Malone, it will most likely not be in a vital organ, so take the chance and run.

Also, Malone says that women tend to be sympathetic to others, even if they do not know the person. Stop this! It could get you raped or killed. Ted Bundy, a good-looking, well-educated serial killer always played on the sympathies of unsuspecting women. He walked with a cane, or a limp, and often asked "for help" into his vehicle or with his vehicle. This is the point at which he would abduct his victims.

Malone tells the story of his daughter, who exited a mall and noticed two older ladies in front of her as she walked toward her car. Next, a police car passed and the policemen inside said hello to her. She also noticed

(See WOMEN, page three)

## School Happenings

### Adams Middle School Youth Services Center

Center is open during the summer for any parent who would like to bring in their child's physical or immunization records. Call the center for more information.

Orientation for new parents/students will be held on Monday, August 6, at 6 p.m., in the school library. This is a good time to gather information about the school, meet staff, and tour the building.

Center is open weekdays, 8 a.m.-4 p.m. or later by appointment. For more information about the center or any of the listed activities, call 886-9812.

### Allen Central Middle School and Youth Service Center

Open House - Wednesday, August 8, from 6-8 p.m.

Hours are 8:00 a.m. to 3:00 p.m., or later by appointment. Call 358-0134 for more information. If your child has lost a coat at school, please check in the Youth Service Center.

### Allen Elementary Family Resource Youth Service Center

Service Center Hours: Mon.-Fri., 7:30 a.m. to 3:00 p.m. Telephone: 874-0621

Call Allen Elementary Youth Service Center at 874-0621 to schedule your child's 6th grade entry physical, Hepatitis B vaccination, immunizations, and WIC appointment.

G.E.D. classes offered-FREE-each Friday, beginning 8:30 a.m. and lasting through 11:30 a.m. Instructor: Linda Bailey

### Clark Elementary

Nurse in the center on Thursdays. Appointments for sixth grade physicals now being scheduled. 886-0815.

School office open during summer months - call first before visiting.

### James A. Duff Elementary

Regularly scheduled meetings of the Duff Elementary Site Based Decision Making Council will be held in the school's library from 5-6 p.m. on scheduled meeting dates throughout the school year 2001-2002.

### May Valley Elementary

Kindergarten orientation will be held on Wednesday, August 8, at 6 p.m. This orientation session will be geared toward those students already registered for kindergarten for the 2001-2002 school year.

### McDowell Family Resource Center

Floyd County Health Department nurse, Joy Moore, is at the center each Monday. Call to schedule your child's school physical. All children entering the sixth grade, kindergarten, or Head Start must have a physical evaluation before school begins. Immunizations and T.B. skin tests may also be given - immunization updates and student physicals are required by law. Call 377-2678 now to schedule appointments.

GED classes, free, Mondays, 8 a.m.-11:30 a.m.

### Mud Creek Family Resource Center

C.P.R. class to be held Thursday, July 26, at 11 a.m. The class is free and interested persons may call 587-2233 to register.

G.E.D. classes offered free each Tuesday, 8:30 a.m. to 12:30 p.m.

Center is open weekdays 8:00 a.m. to 4:00 p.m.

### Prestonsburg Elementary and Family Resource Center

Center is open weekdays, 8 a.m.-4 p.m.

After School Child Care, 3-6 p.m., school days.

### South Floyd Youth Services Center

Walking track open to public, except during special event.

Adult education classes available.

The center has a one-stop career station satellite that is available to the community as well as students.

All new students and visitors, please stop by the center and see Mable Hall. The center is located on the South Floyd campus in room 232. For more information call 452-9600 or 9607 and ask for Mable Hall, ext. 243, or Keith Smallwood or Misty Dawson, ext. 242.

### W.D. Osborne Rainbow Junction Family Resource Center

Lending library open to community.

Sign-ups are currently being taken for Basketball Camp - grades 4 thru 8. The camp will be held July 30 - Aug. 2 at South Floyd High School. For more information, contact Keith at the South Floyd Youth Service Center - 452-9303.

Rainbow Junction Family Resource Center is located in the W. D. Osborne Elementary School. Hours of operation - 8 a.m. to 4 p.m. Monday through Friday, or later by appointment. Call 452-4553 and ask for Cissy or Karen.

Lending Library is available to school and community.

## Happy Birthday



### Celebrates third birthday

Brayden Nathaniel Hall celebrated his third birthday on July 1, 2001, with a "Scooby Doo" theme birthday party at the Red Light Diner. Many family members and friends were on hand to help Brayden celebrate his special day. Brayden is the son of Nathan and Stephanie Hall, of Prestonsburg, and the grandson of Bill and Donna Rorer, of Prestonsburg, Sallie Smith, of Hager Hill, and Nolan Hall, of Salyersville.



### Celebrates tenth birthday

Summer Lashae McKinney celebrated her tenth birthday on July 18, 2001, with a swimming pool party held at Archer Park Pool. Many friends and family members, including her brothers, Ashton, and Zachary, and cousin Austin McKinney, attended. Summer is the daughter of Regina and Larry McKinney and the granddaughter of Phyllis McKinney and the late Eugene McKinney and Jeanette Moore and the late Bobby Short. She is also the great-granddaughter of the late Virgie (Hall) Hunter and the late John Hunter. Pizza, cake and ice cream were served to guests and Summer received many nice gifts. Summer is a student at Porter Elementary.

## Garlic: The latest story

by KAREN COLLINS, MS, RD, CDN  
AMERICAN INSTITUTE FOR CANCER RESEARCH

A conference about advances in research on garlic offered new evidence that this food can help prevent both cancer and heart disease. Scientists also confirmed previous findings that the way in which garlic is prepared in foods or supplements changes its effects.

John Milner, Ph.D., of Pennsylvania State University, summarized laboratory studies showing that garlic alters several enzymes, blocking formation of some carcinogens and their reactions that damage cells' DNA. Garlic also seems to increase the body's ability to detoxify other carcinogens and inhibit the growth of cancer cells.

In other reports from the conference, recently published in the Journal of Nutrition, researchers noted that studies support a link between garlic and lower

risk of both stomach and colorectal cancer. Too few human studies examining effects on lung, breast and prostate cancer risk are available to form sound conclusions. Scientists from the University of North Carolina at Chapel Hill concluded that analysis of five population studies of garlic supplements—as opposed to real garlic eaten in food—do not support their effectiveness in preventing cancer.

How garlic is prepared seems to play a vital role in its effectiveness. When raw garlic is crushed or chopped, its compounds are transformed into the actual active protective ingredients. Milner advises people to chop garlic and then let it sit for at least 10 minutes while other ingredients are readied, so that the active protectors will have time to form before cooking halts the conversion process.

(See GARLIC, page three)

## Ponder

Continued from p1

soap made into a paste that was applied to the site.

Now in the present day, the "usual" things used in the 1930's and 1940's almost seem even weirder than Granny Keene's items. Who would think of doing such things as making sure that a bellyband was placed on newborns? For those of you who might not know, the belly band was a cotton piece of cloth about three inches wide that was wrapped around the infant's stomach from birth so that it held the "belly button," where the umbilical cord had once been. The idea was to prevent the cord stump from protruding or becoming a hernia. Of course, the little binder would move up and down so that often it was found down in the "dirty" diaper or up under the infant's armpits across its chest. It seems that there may have not been an awareness of the potential for introducing infection by way of the belly button. Now the emphasis is on keeping newborn's belly button dry.

Another major commercial "medical" product in the 30's, 40's, and 50's was the use of Vick's salve as the treatment of whatever upper respiratory condition one might have, such as a cold. One thing about Vick's, it was considered so versatile; i.e., it was put in one's nose or rubbed on one's chest. My guess was that there were probably at least two benefits of using this well-known salve. First of all, it had its own odor that represented to the individual that he was receiving TLC; it took time, energy, and effort to do so much rubbing. Another thing was that the odor immediately went everywhere in the house. If anyone entered the home, it was spontaneous knowledge that someone was sick and needed special care and consideration.

Also, in the 30's and 40's, a common practice was to give children cod liver oil. If you have ever tasted cod liver oil, you will never forget how it was. Guess this was the precursor of Flintstone vitamins that children take today. The purpose of the cod liver oil was its source of Vitamin D and especially in areas where the children were not exposed to sun regularly during the winter months. There were additional home approaches used during this time for the common childhood ailments. Granny Grace often told of how my brother Charlie, as a toddler, was taken to Miller's Creek where an older woman, who met the criteria of having never seen her father, blew in my brother's mouth for the treatment of Thrush. Although my mother did not know exactly why it needed to be done in that fashion, one would think that the stranger's breath would introduce appropriate mouth-bacteria to override the fungus infection (Thrush). My sister recalled Granny Keene "smoking" some type of material and then blowing smoke into (her) my sister's ear to treat her earache. Her memory was based on the severe pain that was produced by the so-called "medical" procedure.

Medicine has certainly changed since those by-gone years of home treatments. People did not have the knowledge and resources that we have today in modern medicine. Today the focus is on prevention, finding the cause of disease, and beginning appropriate treatment. Isn't it nice that in this time one does not have to hail down a Greyhound Bus and depend upon the driver to communicate the need for medical attention, but all that has to be done is simply dial 911 when we have an emergency?

### Postscript:

## Story with a bite

by PAM SHINGLER  
COLUMNIST

One day last week, I got up to find that monster dog Bubba had been chasing something in my front flower garden. A bleeding heart plant - in recovery from a previous dig - had experienced a relapse. The blooms and most of the leaves were off half a dozen other annuals that had withstood the scourge of slimy slugs and under-attention. Several bricks that encircled the patch were replaced by fresh paw prints in dirt.

Bubba retreated to his doghouse as I cursed and waved a broom at him. Picking away the mutilated plants, I took one over to the doghouse and swatted him across the face

with the limp, watery stem. He hunkered down and made a dash for the cherry tree where he has dug a hole for escaping the heat; this time, he was trying to escape my wrath.

This big, lumbering dog is an inveterate hunter of frogs and moles. He often leaves his rodent kill on the porch, much like a cat, and more than once I've found dead frogs in the yard. Once, with no camera handy, I saw two frog legs dangling from his mouth.

I assumed the object of this dig among the flowers was a frog, or at least a mole or ground squirrel.

When I came home that afternoon, I stepped back and stared at Bubba. He looked like a different dog. His face, formerly a vertical rectangle, was now almost square. He normally has excess skin under his chin, but this day it was double. He looked like a caricature of Winston Churchill.

Whatever was wrong, Bubba's appetite was not diminished, nor was his energy. Still, I decided I should take him to the vet the next day.

But later that evening, my cousin, Russ Butcher, who had been helping me with a last minute project before Aunt Ruby's arrival, called. "Did you see the big dog?" he asked.

"Yes, what's wrong? His face is swollen bad," I replied, hoping Russ, who had been at the house all day, had the answer.

"Looks like he's been bitten by a copperhead," Russ said, a knowing sound in his voice. He went on to relate his own experiences with dogs and snakes. Bubba's situation seemed to fit.

Russ assured me Bubba was in no danger, other than the swelling. That was good to know, but I still have to deal

with the fact that a poisonous snake and/or its family is somewhere in the yard.

\*\*\*

Bubba's face is back to normal now, and he seems unphased by the encounter. However, the

saga of the foundlings never ends.

Last Friday, Russ and I went to Indianapolis to move Aunt Ruby back here. Daisy, the house dog, stayed with another cousin on Middle Fork, and I left enough dry food on the porch to do Bubba and Ben for the overnight stay.

Saturday, as a crew of wonderful neighbors unloaded the van, I noted the large number of flies around the house. I attributed them to the heat and humidity.

Sunday afternoon, Aunt Ruby wanted to walk around the house and see the flowerbeds. At the railroad side of the house, a foul odor permeated the air. I had to find the source, and it didn't take long to see the mass of gray fur, covered with flies.

A hapless possum had somehow got through the fence. I hope the snake met the same fate.



www.americanheart.org





## Family Medicine

John C. Wolf, D.O.  
Associate Professor  
of Family Medicine



**Question:** After being out in the sun, I developed a bumpy itching rash only on the parts of my body that were exposed to the sun. My mother thinks it is a reaction from the sunscreen I used. I don't think it is. How can I tell if I'm sensitive to the sunscreen without getting a rash again?

**Answer:** Your question is an important and timely one since the summer sunshine has once again drawn those of us in northern latitudes out into the sun. Your use of sunscreen indicates that you are

aware of the risks of sun exposure. As you probably know, the greatest health risk produced by sun exposure is an increase in the chance of developing skin cancer. The risk increases as the amount of sun exposure increases, and this is particularly true for individuals with fair skin. Those with skin that burns easily instead of tanning are at the greatest risk.

The rash you described sounds like what we doctors call "photosensitivity dermatitis" when we are using our professional vernacular. This is a fancy way of saying that a

## 'At home' tests can help reader play medical detective

rash is the direct consequence of sun exposure. Some medications, classified as "psoralens," are actually designed to cause photosensitivity. This is useful in the treatment of psoriasis and other skin conditions. More frequently, however, photosensitivity is an undesirable consequence of the use of a medication.

**There are a number of drugs that can produce this kind of rash. Here are the most common examples:**

- tricyclic antidepressants;
- specific antihistamines;
- some high blood pressure medications;
- tetracycline, and certain other antibiotics; and
- ibuprofen and some other anti-inflammatory medications.

Perhaps your rash occurred

because you have been using one of these products and then went out in the sun.

The chemicals in sunscreens can also cause photosensitivity reactions. Aminobenzoic acid and the chemically similar compound, para-aminobenzoic acid (PABA) along with benzophenones are notorious offenders and are no longer used in most sunscreen formulas. Avobenzone, cinnamates, homosalate and methyl anthranilate are now more common, but they still occasionally cause photosensitivity.

It is also possible that your rash is actually an allergic reaction to one or more of the chemicals in your sunscreen product. The easiest way to determine if you are allergic to the sunscreen is to apply a small amount of it to an area that will not have sun exposure, such as the inside of the upper arm. Leave

it on for 24 to 36 hours. A rash will appear in this time if you are allergic to any of the components of the product.

If that doesn't give you the answer, try applying sunscreen to a small area that will receive sun exposure, such as the back of one arm, before spending time in the sun. If a rash develops only in this area, your photosensitivity is caused by one of the chemicals in the sunscreen.

I'd like to remind you of a few misconceptions I frequently encounter about sun protection products. First, here's how to interpret those "SPF" numbers. If you normally burn after 20 minutes in the sun, a SPF of 15 means you can stay out about 15 times longer, or about 5 hours, before you start to burn. For most individuals in most situations, an SPF of 15 is adequate. A product with a higher number

isn't necessarily any better.

Once you've been out in the sun for a while, reapplying a sunscreen with an SPF of 15 will not extend the amount of time you can stay in the sun without burning. It only ensures that you have sufficient sunscreen to provide the stated SPF of 15. This reapplication is still a good idea, however, if you have been swimming or perspiring heavily, even if you have used a "waterproof" product. Also, be sure to apply enough sunscreen to get full benefit. Most products recommend about one ounce, or one fourth of the standard bottle.

"Family Medicine" is a weekly column. To submit questions, write to John C. Wolf, D.O., Ohio University College of Osteopathic Medicine, Grosvenor Hall, Athens, Ohio 45701. Past columns are available online at [www.fhradio.org/fm](http://www.fhradio.org/fm).

## Garlic

Continued from p2

Preparation also affects garlic supplements. Conference presentations noted that these products include powders, oils and aged extracts, and different methods of preparation may yield different results. Garlic's numerous compounds are transformed into other substances, some of which have protective effects, and some that do not.

How much garlic is needed to protect against cancer? Research studies have reported no direct link between cancer risk and the amount of garlic consumed, and experts believe that daily use of garlic is not necessary to derive its cancer prevention benefits. Generally, protection is seen with five to 18 grams (about two to five cloves) of raw or cooked garlic per week. Use of more than 20 grams (six cloves) daily could increase risk of stomach bleeding.

Garlic is also under study for possible heart-health benefits. Some research shows that it can lower blood cholesterol by about five to 10 percent, and it appears to reduce the reactions that turn LDL ("bad") cholesterol into its most damaging form. Studies also show that garlic decreases the tendency for blood cells to form undesirable clots. While this can be helpful, it is also the reason doctors advise people who take aspirin or other anticoagulant medications (and those scheduled for surgery in the coming week) to avoid garlic supplements and high use of garlic itself.

Experts at this latest conference on garlic repeated earlier warnings that studies on garlic use should be interrupted carefully. For example, some population studies showing that people who eat more garlic have less cancer or heart disease fail to adjust the statistics for the effects of subjects' vegetable consumption. Since garlic use often goes along with vegetables, some of the benefits claimed for garlic could actually be due to greater vegetable consumption. Experts like the American Institute for Cancer Research emphasize that one of the most important steps we can take to lower risk of cancer is to eat a plant-based diet with a wide variety of vegetables.

## Women

Continued from p2

that the handicap spots in the lane nearest her were empty. As she neared her car, a man a few rows over called to her for help. He wanted her to close his passenger side door. He was sitting in the driver's side seat and he told her that he was handicapped. He continued calling as Malone's daughter utilized her father's training techniques to size up the situation. She turned and headed back into the mall, at which time the "handicapped" man began to curse her. In the meantime she wondered why he hadn't asked the two older ladies or the policemen for help, and why he was not parked in any of the empty handicap spots. As she entered the mall, she ran into two male friends that were exiting - she told them of the situation and as she turned to point to the car, the man was getting out of the back seat and into the front, and immediately sped away. Don't allow yourself to get caught in this sort of trap.

If you find yourself in a violent situation, follow these tips to save your life:

- React immediately - if you are abducted in a parking lot and he is taking you to an abandoned area, don't let him get you to that area. If you are driving, react immediately - crash your car while you are still going 5 m.p.h. If he's doing the driving, find the right time and stick your fingers in his eyes. He must watch the road, so choose an unsuspecting time and gouge him. It is your only defense. While he is in shock, get out of the car. Malone says that this is no time to think of how "gross" this act would be - it's your life you are trying to save.

- Always keep your distance when walking past strangers on the street or in dark areas.

- Get a cell phone.
- Avoid automobile break downs by making every effort to maintain your car in good working condition. If your car does break down, lock your doors. This is when the cash you laid out for a cell phone will be worth every penny. If it is daylight, and a working day, put on your hazard lights and walk to safety. If it's 2 a.m., put on the warm clothes/blanket, and sensible shoes that you should have stashed in your car for just such an emergency and walk to a lighted area. This may sound scary, but it has proven to be far safer than remaining as a "sitting duck" in a disabled automobile. Predators search the highways for disabled autos and their inhabitants. If you are on a desolate road, walk away from the car and toward bushes and overgrown areas. Get away from your vehicle. It will be cold and uncomfortable in the elements, but you will be safer than if you remain in your car.

The following is a list of physical defenses that can be used against a violent predator:

- Remember the eyes - the most vulnerable part of the body. Poke. Do it hard and do it fast. It may be your only window of opportunity.

- The neck is also a vulnerable spot, but you must know where to grip and have the needed strength to cut off his breath.

- Malone cautions his students to get any physical defense move right on the first attempt. If you don't get it right the first time, the perpetrator will only become angry and will take that anger out on you. Malone says that this is no reason to not make the attempts, just make sure that you are using your full strength and force when you do.

If you happen to be walking alone in the dark (which you shouldn't be) and you find that you are being followed/chased:

- Scream "Fire!" instead of "Help." People don't want to become involved when they hear a cry for "help," but "fire" will draw attention because most people will become curious.

- Run!

- Find an obstacle, such as a parked car and run around it, like in "Ring around the Rosie." This may sound silly, but Malone says that five women have reported to him that this tactic saved their lives.

- Get under the car. Once there, there are lots of things to hold onto. He will not be able to get you out and will most likely not come under for you. Most perpetrators give up at this point. The catch to this course of action is that you must practice getting under a car before you are faced with a dangerous situation. Have a plan (he will), know if you are going to go on your back, front, from the side or back of the car. This must be practiced.

- And last, but not least, never let yourself or anyone that you know be a "closer" in any type of business (bar, store, restaurant, gas station). Malone knew a woman named Danielle, who was shot to death at point-blank range as she was closing a local gas station. Malone had cautioned her to not take this shift, but she had told him, "I'll be all right, Pat." She wasn't.

The world in which we live is not as safe as we all like to believe, we must all always be aware of potential danger and always, without fail, make it a habit to play it safe. The women who die each minute from violent acts of crime expected to go home to bed that night, and get up the next day. Women must always be prepared, have a plan, and plan to act.



These scouts showed everyone how to do it when they participated in and won the hula hoop event.

## Scouts

Continued from p1

### Sack Race

- Daisies: First place, Hannah Hitchcock; second place, Morgan Nunnery; third place, Chesar'e Slone.

- Brownies: First place, Tori Hunt; second place, Heather Little; third place, Kayla Hall.

- Juniors: First place, Maura Minix; second place, Amber Johnson.

- Cadettes: First place, Anita Allison; second place, Amanda Slone.

### 440 Yard Run

- Juniors: First place, Whitney Caudill.
- Cadettes: First place, Anita Allison; second place, Caitlin Hale.

### 50 yard dash

- Daisies: First place, Scottie Pinson; second place, Chesar'e Slone; third place, Hannah Hitchcock.

- Brownies: First place, Christina Price; second place, Madyson Nunnery; third place, Tori Hunt.

- Juniors: First place, Maura Minix; second place, Reannah Johnson; third place, Megan Hall.

- Cadettes: First place, Renee Maynard; second place, Tracey Risner; third place, Katherin Austin.

### Crab Walk

- Daisies: First place, Becky Johnson; second place, Morgan Nunnery.

- Brownies: First place, Heather Little; second place, Christina Price; third place, Kaitlyn Minix.

- Juniors: No participants.
- Cadettes: No participants.

### Jump Rope

- Daisies: First place, Scottie Pinson; second place, Morgan Nunnery; third place, Chesar'e Slone.

- Brownies: First place, Kaitlyn Minix; second place, Ashton Crisp and McKenzie Lawson; third place, Carla Hall.

- Juniors: First place, Megan Hall; second place, Maura Minix; third place, Maggie Hall.

- Cadettes: First place, Caitlin Hale; second place, Brittany Crisp.

### Frisbee Throw

- Daisies: First place, Chesar'e Slone; second place, Scottie Pinson; third place, Hannah Hitchcock.

- Brownies: First place, Lacy Chamber; second place, Ashley Wallen; third place, McKenzie Lawson.

## Kids

Continued from p1

child responds to the discomfort of hunger, all children lose out on learning."

Wallin suggests parents remember to include milk in their child's breakfast.

"Milk is a great nutrient package of nine essential vitamins and minerals, including calcium, potassium, phosphorus, protein, and vitamins A, D and B-12," Wallin said. "Milk is good nutrition for growing bodies. Give your kids a healthy smoothie made of bananas, plain yogurt, strawberries and milk."

Wallin suggests busy parents consider these options:

- Keep breakfast foods such as cereal

or yogurt on hand.

- Make sure breakfast foods are highly visible and easy for children to grab. And show them where the foods are;

- Prepare a breakfast shake or smoothie. Blend yogurt with fresh fruit or frozen fruit for a satisfying and nutritious way for children to get calcium and protein.

- One of the most powerful ways to influence your child is eating breakfast yourself. No time? Bring breakfast with you.

- Encourage your children to eat breakfast at school, if you don't have time at home.

## World

Continued from p1

horsepower and enough good, solid objects to drive 'em against, and we'll put most of our population into orbit.

### SUGGESTION

It has been suggested to this column that folks hereabouts would walk more if they could get off the streets and highways and enjoy a little natural beauty and solitude while about it. From this source comes the suggestion that some local group might become interested in clearing a path through the woodland along the hillside from North Central Avenue down as far as May's Branch, if permission to do so could be procured. Youngsters, of course, can take to the steep slopes, but those who are along in years, or who have forsaken walking for a few years, would find such a trail more to their liking...

Who'll clear it? Don't look at me!

### OTHER STATISTICS WANTED

Saw, the other day, the expression of a wish that some statistician would turn from the horrors of present-day motor traffic to give the nation some figures on the traffic toll in the good, old days. That would include those killed or injured by getting kicked by a horse or mule; those who were thrown from horses and mules; those suffering likewise in runaways while riding such animals or while riding surreys, buggies, carts, wagons and sleds drawn by beasts of the equine variety. The injuries might be of the oddest sort, and the total might be surprising to us who see in the automobile an engine of destruction. Horses, rearing or failing, have taken their toll. And the record, if it can be unearthed, will doubtless show that eyes have been put out by the flicking of a horse's tail.

Mules, of course, would require a special study. They invented their ways of getting even as they went along, and as the situation demanded.

### CHALLENGE ACCEPTED

Tom Turner, a cousin of mine now living in Ohio, boasted, the other day, that he could beat me a game of marbles, and that reminded me that he and I, one summer, probably staged the longest non-stop marble game in these parts. There was some farming going on, thereabouts, but we did not get engaged in same. We were too busy, otherwise. You know, this game of Buy-In requires a lot of concentration, and we couldn't be bothered with humdrum matters such as farming.

If time doesn't catch up with one or both of us, we will one day, renew that game which was started 40-odd years ago. The overalls will have to be several sizes larger in girth, and the knuckling down in the dust will be accompanied by assorted groans and grunts, and arthritic thumb joints may pop like a rifle—but we propose to give it a try...So will we try to capture "the days of the lost sunshine."

## Eyes

Continued from p1

our news team had assembled for the next day's paper. The prince had his column completed and I opened the file to see what he had written about. Well, by now you've read it, as this column will appear after the fact. Naturally, the prince wrote about his...give me a minute, here, it's hard to get this dreaded word out, even in print...honeymoon. There, I said it, yuckie-poo, where's the soap?

To continue, he not only wrote about his honeymoon, but he also called his new wife his "hero." His "HERO" - this time I'm going to seriously injure the little twerp!

Where does he come off shoving this stuff in my lonely little face? Prince, believe me, when you least expect it, son...

Oh, well, I'll just console myself with knowing that while all you "marrieds" out there are living longer lives (yep, that's what the research shows - married people live longer than the pitifully single), and chunking two paychecks into the bank, and kissing one another good-night, well, that's just okay, because...because...hmm, because...oh, shoot, just "because!"



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**Facts About The BIBLE** BY JOHN LEHTI

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**THE GOSPEL ACCORDING TO MATTHEW**

ST. MATTHEW, THE APOSTLE, WAS A PUBLICAN (TAX COLLECTOR) IN THE SERVICE OF HEROD ANTIPAS WHEN HE WAS CALLED UPON BY JESUS TO BECOME A DISCIPLE. WHILE SITTING IN THE CUSTOM HOUSE AT CAPERNAUM, ALTHOUGH LOCKED UPON WITH CONTEMPT BY HIS FELLOW-GALILEANS, BECAUSE OF HIS PROFESSION, MATTHEW NEVER THE LESS, BECAME AN IMPORTANT PURVEYOR OF JESUS' MESSAGE TO THE JEWS!

AFTER JESUS' RESURRECTION AND RESURRECTION, MATTHEW PREACHED IN SYRIA FOR SOME FIFTEEN YEARS. HIS SPECIFIC WORK WAS TO PERSUADE THE JEWS THAT JESUS WAS THE FULFILLMENT OF THE SCRIPTURAL PROPHECIES—THE COMINGS OF THE MESSIAH! HIS GOSPEL POINTEDLY QUOTES THE SCRIPTURES TO THIS EFFECT (55 TIMES MORE THAN MARK, LUKE, AND JOHN, COMBINED). ALTHOUGH MODERN THEOLOGICALS AND SCHOLARS MAINLY TRUST THE GOSPEL WAS WRITTEN BY A GREEK-ORIGIN JEW, UNFAMILIAR WITH HEBREW, ANCIENT AUTHORITY SUCH AS IRENAEUS, ORIGEN, AND EUSEBIUS, ALL STATE IT WAS WRITTEN BY MATTHEW IN ARAMAIC AND LEFT AS A GUIDE FOR THE JEWS WHEN HE DEPARTED TO PREACH IN FOREIGN COUNTRIES... AND LATER, EACH MAN INTERPRETED THEM AS BEST HE COULD... HOWEVER, MATTHEW'S MESSAGE WAS CLEAR—JESUS IS THE CHRIST!

SAVE THIS FOR YOUR SUNDAY SCHOOL SCRAPBOOK

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

**ASSEMBLY OF GOD**  
First Assembly of God, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorie Vannucci, Minister.  
New Bethel Assembly of God, Burning Fork Rd., Salyersville: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Arthur (Sam) Smith, Minister.  
Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; J.M. Sloce, Minister.

**BAPTIST**  
Allen First Baptist, Allen: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.  
Auxiliary Freewill Baptist, Auxier: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.  
Benedict Baptist, Slick Rock Branch, Cow Creek: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Rich, Minister.  
Betsy Layne Free Will Baptist, Betsy Layne: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.  
Bonanza Freewill Baptist, Abbot Creek Road, Bonanza: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.  
Brandy Keg Freewill Baptist, Com Fork: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.  
Calvary Southern Baptist, Betsy Layne: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.  
Community Freewill Baptist, Goble Roberts Addition: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.  
Cow Creek Freewill Baptist, Cow Creek: Sunday School, 10 a.m.; Sunday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathoo Lafferty, Minister.  
Daniels Creek Baptist Fellowship Church of God, Banner: Sunday School, 10 a.m.; Worship Service, 7 p.m.; Tuesday, 6:30 p.m.; Drift Freewill Baptist, Drift: Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m.; Randy Turner, Minister.  
Endicott Freewill Baptist, Buffalo: Sunday School, 10 a.m.; Worship Service, 6 p.m.; Wednesday, 7 p.m.; James H. Smith, Pastor.  
Faith Freewill Baptist, 1/4 mile above Worldwide Eggt. on Rt. 1428: Sunday Service, 10 a.m.; Wednesday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Buddy Jones, Minister.  
First Baptist, Garret: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.  
First Baptist, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday Evening Service, 7 p.m.; Wednesday, 7 p.m.; Gordon Howard, Minister.  
First Baptist, 54 S. Front St. (near Celia Memorial): Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Dr. S. Thomas Valentine, Minister.  
Fitzpatrick First Baptist, 2656 West Mt. Parkway, Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jennings West, Minister.  
Free United Baptist, West Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 7 p.m.  
Free United Baptist, West Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.  
Grethel Baptist, State Rt. 3379, (Branches Creek Rd.): Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.  
Highland Avenue Freewill Baptist, Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garret, Minister.  
Jacks Creek Baptist, Beltsville: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jeff Barrett, Minister.  
Katy Friend Freewill Baptist, 2 miles up Abbot; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jim Prieck, Minister.  
Lackey Freewill Baptist, Lackey, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.  
Lancor Baptist Church, 71 Cooley St., Prestonsburg: Sunday School, 10:50 a.m.; Morning Worship, 11:00 a.m.; Evening Worship, 6:00 p.m.; Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter.  
Liberty Baptist, Danvers, Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.  
Ligon Community Freewill Baptist, Ligon: Sunday School, 11:00 a.m.; Thursday, 7 p.m.; Dave Allen, Pastor.  
Martin Branch Freewill Baptist, Estill: Sunday School, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Monte, Minister.  
Martin Freewill Baptist, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; John L. Blair, Minister.  
Maytown First Baptist, Main St., Maytown: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bob Verney, Minister.  
McDowell First Baptist, McDowell: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Harry Hargis, Minister.  
Middle Creek Baptist, Blue River: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Vernon Skole, Minister.  
Lighthouse Baptist, 2194 KY Rt. 1428, Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister.  
home phone 285-5365  
Pleasant Home Baptist, Water Gap Road, Lancor: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.  
Prater Creek Baptist, Banner: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Gary Fish, Minister.  
Prestonsburg Community College Baptist Student

Union, 1/2: Wednesday, 11:30 a.m.; French B. Harmon, Director; Ella C. Goble, President; 874-9485/478-2978.  
Rock Fork Freewill Baptist, Garret: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.  
Rock Fork Regular Baptist, Garret: Worship Service, 9:30 a.m.; Earl Stone, Minister; Jerry Manns, Assistant Minister.  
Salt Lick United Baptist, Salt Lick, Hueysville: Worship Service, 10:30 a.m.; 4th Sunday, Thursday, 6:30 p.m.; Pastor, Chester Lucas.  
Sammy Clark Branch Freewill Baptist, Diana: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.; Jojo Spencer, Minister; and Terry Hall, Assistant Minister.  
Stephens Branch Missionary Baptist, Stephens Branch: Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.  
The Third Avenue Freewill Baptist, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Marford Fennin, Minister.  
Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers): Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.  
Tom Moore Memorial Freewill Baptist, Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Clifford Austin, Minister.  
Trimble Chapel Freewill Baptist, Intersection of U.S. 23 and KY 80, Water Gap: Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m.; Youth Services 7 p.m.; Everyone Welcome.  
United Community Baptist, Hwy 7, Hueysville: Worship Service, 2 p.m.; Friday 7 p.m.; Carlos Beverly, Minister.  
Wheelwright Freewill Baptist, Wheelwright Junction: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Louise Fernan, Minister.

**CATHOLIC**  
St. Martha, Water Gap: Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday, John Monary, Pastor.

**CHRISTIAN**  
First Christian, 560 North Arnold Avenue: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Jim Sherman, Minister.  
Garret Community Christian, Route 550, Garret: Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Dornie Hackworth, Minister.  
Victory Christian Ministries, 1428 E. Sunday School, 11:30 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Sherm Williams, Minister.

**CHURCH OF CHRIST**  
Betsy Layne Church of Christ, Betsy Layne: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy J. Spears, Minister.  
Church of Christ, South Lake Drive: Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Benny Blankenship, Minister.  
Harold Church of Christ, Harold: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; James H. Harmon, Minister.  
Highland Church of Christ, Rt. 23, Hager Hill: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.  
Hueysville Church of Christ, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Verney, Minister.  
Lower Toler Church of Christ, Harold: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonia Meade, Minister.  
Mare Creek Church of Christ, Stanville: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.  
Martin Church of Christ, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Gary Mitchell, Minister.  
Upper Toler Church of Christ, 3.5 miles up Toler Creek on right: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tommy Dale Bush, Minister.  
Websbury Church of Christ, Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Mike Hall, Minister.

**CHURCH OF GOD**  
Betsy Layne Church of God, Old U.S. 23: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Judith Caudill, Minister.  
Community Church of God, Arkansas Creek, Martin: Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Cram, Minister.  
First Church of God: Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.  
Garret Church of God, Garret: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Donald Bragg, Minister.  
Landmark Church of God, Goble Roberts Addition: Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.  
Little Point First Church of God, 671 Little Point Road, East Point: Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Charles Heater Jr., Minister.  
The Church of God of Prophecy, Hi Hat: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Don Fraley Jr., Minister.

**EPISCOPAL**  
St. James Episcopal: Sunday Service, 9:45 a.m.; Holy Eucharist 11:00 a.m.; Wednesday Study Group 7:00 p.m.; Holy Eucharist & Healing 8:30 p.m.; Father Johnnie E. Ross, Rector.

**LUTHERAN**  
Our Savior Lutheran, Sipp Bayes Room Carriage House Motel, Paintsville: Sunday Service, 11 a.m.; WKLW (600 am) 12:05 p.m.; Roland Bentrup, Minister.

**METHODIST**  
Auxier United Methodist, Auxier, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Doug Lawson, Minister.  
Betsy Layne United Methodist, next to B.L. Gymnasium: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.  
Christ United Methodist, Allen, Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth Lamaster, Minister.  
Community United Methodist, 141 Burke Avenue (off University Drive and Newby St.): Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steve Pecosoldo, Minister.  
Elliot's Chapel Free Methodist, Rt. 979, Beaver: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.  
Emma United Methodist, Emma: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Paul Alton, Minister.  
First United Methodist, 256 South Arnold Avenue: Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m. and 7 p.m.; Wednesday, 7 p.m.; Wayne Sayre, Minister.  
Horn Chapel Methodist, Auxier Road, Auxier: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Garfield Potter, Minister.  
Martin Methodist, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roy Harlow, Minister.  
Maytown United Methodist, Langley: Sunday Service, 11 a.m.; Worship Service, 9:30 a.m. and 6 p.m.; Wednesday, 6 p.m.; Roy Harlow, Minister.  
Salisbury United Methodist, Printer: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Bobby G. Lawson, Minister.  
Wayland United Methodist, Rt. 7, Wayland: Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Brad Tackett, Minister.  
Wheelwright United Methodist, Wheelwright: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.  
Drift Pentecostal, Drift: Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Ted Shannon, Minister.  
Free Pentecostal Church of God, Rt. 1428, East Point: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thursday, 6:30 p.m.; Buster Hayton, Minister.  
Free Pentecostal Church of God, Weasburg: Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John "Jay" Patton, Minister.  
Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Campton: Worship Service, Saturday and Sunday, 7 p.m.; Patricia Order, Minister.  
Free Pentecostal Holiness, Rt. 122, Upper Burton: Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanan, Minister; David Pike, Associate Minister.  
Goodloe Pentecostal, Rt. 850, David: Worship Service, 6 p.m.; Malcolm Stone, Minister.  
Parkway First Calvary Pentecostal, Floyd and Magoffin County Line: 10 a.m.; Worship Service, 6:30 p.m.; Mike D. Caldwell, Minister; 297-6262.  
Trinity Chapel Pentecostal Holiness, Main St., Martin: Sunday School, 10 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Thursday, 7 p.m.; Ellis J. Stevens, Minister.

**PRESBYTERIAN**  
Drift Presbyterian, Route 1101, Drift: Worship Service, 11 a.m.; Mary Alice Murray, Minister.  
First Presbyterian, North Lake Drive: Sunday School, 9:30 a.m.; Worship Service, 11 a.m.; George C. Love, Minister.

**SEVENTH DAY ADVENTIST**  
Seventh-Day Adventist, 5 miles West on Mountain Parkway: Sunday School, 9:15 a.m.; Worship Service, 10:30 a.m.; Gary Shepherd, Minister.

**THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS**  
The Church of Jesus Christ of Latter-Day Saints: Relief Society/Prithood Primary, 9:30 a.m.; Sunday School, 10:30 a.m.; Sacrament Mtg., 11:20 a.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number: 285-9133; E.P. Giggaby, Bishop.

**OTHER**  
Drift Independent, Drift: Sunday, 11 a.m.; Thursday, 6:30 p.m.  
Dwale House of Prayer, Dwale: Worship Service, 7 p.m.; Sunday, 6 p.m.; Woodrow Cram, Minister.  
Grace Fellowship Prestonsburg (next to old flea market), Sunday 7 a.m.; Pastor, Wayne C. Calkins.  
Faith Bible, Martin: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.  
Faith Deliverance Tabernacle, West Prestonsburg: Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.  
Faith Revelation Ministry, 1/4 mile above Worldwide Equipment, Sunday School, 10 a.m.; Worship service, 11 a.m. and 6 p.m.; Randy Hagens, Minister.  
Faith Worship Center, US 460, Paintsville: Worship Service, 11 a.m.; Thursday, 6 p.m.; Buddy and Maude Frye, Minister.  
Full Gospel Community, (formerly of Martin) moved to Old Allen: Sunday evening, 10 a.m.; Worship Service, 11 a.m.; Sunday school, 6:30 p.m.; Wednesday, 6:30 p.m.; Lavonne Lafferty, Minister.  
Lighthouse Temple, Main St. and Hill St.: Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.  
Martin House of Worship, Old Post Office St.: Worship Service, 7 p.m.; Saturday/Sunday.  
Old Time Holiness, 2 miles up Arkansas Creek, Martin: Sunday School, 11 a.m.; Worship Service, 7 p.m.; Friday, 7 p.m.; John W. Patton, Minister.  
Spartan Bible, Spartan Fork of Middle Creek, Prestonsburg: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Dan Heintzelman, Minister.  
Town Branch Church: Sunday School 10 a.m. except for first Sunday in each month: Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month; Tom Nelson, Minister.  
The Father House, Big Branch, Abbot Creek: Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.  
Youth Fellowship Center, Wheelwright: Monday-Tuesday 6 p.m.; Thursday, 7 p.m.  
Zion Deliverance, Wayland: Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday/Saturday, 7 p.m.; Prayer Line: 358-2001

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Member AHA and KHA Accredited by JCAHO  
Physician Referral 886-7586

**HINDMAN PROMART HOME CENTER**

Highway 160 E.  
1 (800) 511-1695

DAY (606) 285-5108 NIGHTS (606) 285-5065

**TACKETT'S MUFFLER SHOP**  
DAMAGE-FREE 24 HOUR TOWING  
TRUCK & AUTO REPAIR  
CAR & TRUCK UNLOADING SERVICE

P.O. BOX 1248  
MARTIN, KENTUCKY 41649

**BIG SANDY MORTGAGE COMPANY, INC.**

6.75% 30 year fixed rate, WHAT ARE YOU PAYING?  
Rate & Program subject to change without notice • Programs available for less than perfect credit

1320 Watergap Rd. • 874-1877 or (800) 211-8197

**HAVING TROUBLE GETTING INSURANCE? THINK YOU'RE PAYING TOO MUCH! Call SWORD INSURANCE AGENCY**

Your Independent Agent, Sword Insurance Represents Several Companies, such as American National... That means you get to shop for the best rates on AUTO • HOMEOWNERS • HEALTH • LIFE INSURANCE

**SWORD INSURANCE**  
Watergap Road, Prestonsburg • 874-9300  
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Call Earnie, Jamie or Anita  
Before you buy, give Sword Insurance a try.

**BRAD HUGHES TOYOTA**

886-3861 or 1-877-886-3861

**Citizens National Bank**

Floyd Co. Johnson Co. Magoffin Co.

Member FDIC www.cnbonline.com

**Dr. Robert Manning Au.D.** Audiologist

Audiology Associates  
1428 N. Lake Dr.  
Prestonsburg, Ky. 41653  
886-3773

• Hearing Testing  
• Hearing Aids  
• Ear Protection  
• Assistive Devices

**Allen Food Market & Deli**

79 Court St. Allen, KY 41601  
874-0159



# The Floyd County Times

# Classifieds

Weekly Rates: (4 line minimum)  
 \$1.50 per line for Wednesday and Friday Paper  
 \$2.00 per line for Wednesday, Friday and Shopper  
 \$5.00 per line for Wednesday, Friday, Sunday & Shopper

Classified Manager: Sandra Bunting, ext. #15

## DEADLINES:

- Wednesday Paper, Noon Mon.
- Friday Paper and Shopper, Wed. 5 p.m.
- Sunday Paper, Thurs. 5 p.m.

CONTACT US AT: (606) 886-8506



Send Us Your Ad  
**(606) 886-3603**  
 24 HOURS

### 100 - AUTOMOTIVE

- 110 - Agriculture
- 115 - ATVs
- 120 - Boats
- 130 - Cars
- 140 - 4x4's
- 150 - Miscellaneous
- 160 - Motorcycle
- 170 - Parts
- 175 - SUV's
- 180 - Trucks
- 190 - Vans

### 200 - EMPLOYMENT

- 210 - Job Listings
- 220 - Help Wanted
- 230 - Information
- 250 - Miscellaneous
- 260 - Part Time
- 270 - Sales
- 280 - Services
- 290 - Work Wanted

### 310 - Business Opportunity

- 330 - For Sale
- 350 - Miscellaneous
- 360 - Money To Lend
- 390 - Services

### 400 - MERCHANDISE

- 410 - Animals
- 420 - Appliances
- 440 - Electronics

### 445 - Furniture

- 450 - Lawn & Garden
- 460 - Yard Sale
- 470 - Health & Beauty
- 475 - Household
- 480 - Miscellaneous
- 490 - Recreation
- 495 - Wanted To Buy

### 500 - REAL ESTATE

- 505 - Business

### 510 - Commercial Property

- 530 - Homes
- 550 - Land/Lots
- 570 - Mobile Homes
- 580 - Miscellaneous
- 590 - Sale or Lease

### 600 - RENTALS

- 610 - Apartments
- 620 - Storage

### Office Space

- 630 - Houses
- 640 - Land/Lots
- 650 - Mobile Homes
- 660 - Miscellaneous
- 670 - Commercial Property
- 690 - Wanted To Rent

### 700 - SERVICES

- 705 - Construction

### 710 - Educational

- 713 - Child Care
- 715 - Electrician
- 720 - Health & Beauty
- 730 - Lawn & Garden
- 735 - Legal
- 740 - Masonry
- 745 - Miscellaneous
- 750 - Mobile Home Movers
- 755 - Office
- 760 - Plumbing

### 765 - Professionals

- 770 - Repair/Service
- 780 - Timber
- 790 - Travel

### 800 - NOTICES

- 806 - Announcements
- 810 - Auctions
- 815 - Lost & Found
- 830 - Miscellaneous
- 850 - Personals
- 870 - Services

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

## AUTOMOTIVE

### 115-ATV's

2000 SUZUKI LT-80, 4 WHEELER, \$1500 firm. Call 874-9922 or 285-9166.

### 150-Miscellaneous

'98 KAWASAKI 1100 ZX1 JET SKI: 886-6186 or 886-8286.\*

1983 COACHMAN MOTORHOME: Class A, 28', Diesel 6.2 Chevy engine. Excellent condition. \$12,000. Serious inquiries only call 606-886-3154.

1996 KAWASAKI ZXI 1100 JET SKI: 2-seater, 120 HP. Excellent condition. Trailer & 2 life jackets included. \$3,000. 606-886-3154, ask for Craig or 889-2177 (beeper).

FOR SALE OR TRADE: 1977 Chevy camper. 889-9891.\*

'96 GULF STREAM CAMPER: AC. \$5,000. Call 874-8931.\*

### 180-Trucks

'82 MACK: With a Thermo King ref. box. 886-6186 or 886-8286.\*

**It Out!**  
 Read your own Ad the first time it appears. The Floyd County Times is only responsible for one incorrect insertion!

### '95 CHEVY S-10 EXTENDED CAB:

5-speed. Asking \$4,500. 874-8931.\*

## EMPLOYMENT

When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

### 210-Job Listings

**AVON**  
 Make your own money, sign up for \$10, for limited time. Call Jancy at 886-2082.

### GROUP OF DOCTORS

need experienced Insurance Billing / Coding Clerk. Please send resume to: Foot Care Associates, 5230 Ky. Rt. 321, Ste. 1, Prestonsburg, KY 41653.

### POLICE CHIEF WANTED:

The City of Wheelwright is now taking applications for a Police Chief. Must be Academy Trained. Starting pay is negotiable based upon training and experience. This is a full-time position. Applicant must be able to relocate. Interested parties should contact the City Clerk from 8am to 4pm. Applicants must be least 21 years old. Equal Opportunity Employer.

### AVON: Sign up now

for \$10. Good way to earn money! 1-800-796-7070 or 639-4294.\*

### LIGHT EQUIPMENT MECHANIC NEEDED:

Send resume to: Mechanic, 640 Ky Rt. 80, Prestonsburg, KY. 41653.\*

### IMMEDIATE OPENING

for experienced CADD Operator. Local consulting engineering company serving municipal and energy sectors. Competitive wage & benefit package. Send resume to: CADD, 43 Village Street, Pikeville, KY 41501.\*

### NEW BUSINESS OPENING

IN PAINTSVILLE needs 7 to 8 good people. Earn \$100 to \$300 per day. Cash paid daily. Route Sales & Delivery Drivers. Interested call 606-789-1458. **NEED IMMEDIATELY!**\*

### Become A Publisher/Owner

with Family Savings Magazine  
 A No investment business opportunity! No experience necessary  
 \*Complete Training  
 \*Work From Home  
 \*No Investment  
 \*Areas available through out Ky.  
 Call (859)781-7144

### TAKING APPLICATIONS

for Battery Repairman and Welder. Pay is based upon the amount of experience. If interested, please contact Mike Vanderpool, Monday-Friday, between the hours of 8am to 4:30pm.

### NEED EXTRA MONEY FOR BACK TO SCHOOL?

Sell AVON. \$10 sign-up fee for unlimited time. 606-285-9486.

### 220-Help Wanted

INTERNATIONAL TRUCK DEALERSHIP: Looking for exp. diesel & general repair mechanics. apply in person or send resume: Yeary Truck Sales & Service. 5037 HWY 1428 Allen, KY 41601 606-874-2051.

## FINANCIAL

### 380-Services

BECOME DEBT FREE! Cut payments without new loans. It's easy! 1 hr. approval. Call 1-888-302-1569.

## MERCHANDISE

### 445-Furniture

RAY'S BARGAIN CENTER  
 New & Used Furniture & Appliances @ unbelievable prices. Come in today for incredible savings. Shop At The Little Furniture Store & Save! RT. #122, McDowell. Call 606-377-0143.

### ALLEN FURNITURE ALLEN, KY

Furniture, used appliances, living / bedroom suits, bunkbeds, and lots more!  
 Call 874-9790.

### 480-Miscellaneous

**WOLFF TANNING BEDSTAN AT HOME**  
 Buy Direct and SAVE! Commercial/Home units from \$199 Low Monthly Payments FREE Color Catalog www.np.etstann.com Call Today 1-800-711-0158

### LEX. LEGEND'S BASEBALL.

Good seats for all games. 859-299-8986.\*

### BEAUTY SHOP EQUIPMENT FOR SALE:

2-dryers, wash bowl with large mirror & cabinet. Excelent condition. \$800 OBO. 606-358-4461.\*

### STORE EQUIPMENT FOR SALE:

Coolers, meat slicers, scales, shelving & more. Call 606-358-2000.

## REAL ESTATE

### 505-Business

### TAXI CAB BUSINESS FOR SALE:

Floyd Co. area. Opportunity to own your own rewarding business at a low investment price. Permits for 2 taxi cabs. Permit number 917. 606-358-2422.

### 530-Houses

NOW AVAILABLE ON TURKEY CREEK: 50 acres, hill & bottom land. Plus good house, 3 B.R., 1 1/2 BA. Large L.R. & D.R. with open fireplace. Built in Kit. Enough Level land for 4 house seats. Asking \$125,000. 285-9030.

### TWO-STORY HOUSE & MOBILE HOME:

Flower garden, large pond in back yard. Located 7/10 mile off Rt. 80, on Rt 122, Bucks Br. Rd., Martin, KY. \$135,000. 285-0650.\*

### 1-1/2 STORY 4 BR, 2 BA HOME:

Frasure Cr., McDowell. Fireplace, 3 out buildings. 606-377-2463 after 6pm.\*

### HOUSE FOR SALE ON LITTLE PAINT CR:

1/4 mile on right, look for bright colorful sign. Ranch style cedar, 2 BR, 2 BA, computer room/walk-in closet, vaulted ceilings, hardwood floors, jacuzzi, 2 car garage, 100'x400' lot. Call (606)889-0209.\*

### NEW HOME located in the Country Oaks

Subdivision on Ky. Rt. 2030 at Harold. 2 miles from the red-light. 3 BR, 2 BA, attached garage, hardwood in living room and kitchen, ceramic tile in baths and utility room, carpet in bedrooms, exterior is brick and vinyl. Phone 606-478-9993 or 606-886-0893.

### 3 BR, 2 BA, CEDAR HOME:

Kit., DR, LR, central air/heat, wrap around porch, city util. At Timberline Estates. 886-8991.\*

### APPROX. 15 ACRES with 3 BR, 2 BA house.

Stevens Br. Cliffs. Large yard, blacktop, out of flood plain. 874-0044.

### 550-Land & Lots

FOUR LOTS: 75x170, \$31,500 each. Located in Briarwood Addition. 886-8991.\*

### 570-Mobile Homes

FLEETWOOD, Redman, Riverchase Repo's. Try to beat the prices on these homes. Conesco Rec Center, 1-888-999-7410.

### NO CONTRACT TO ASSUME,

reliable person needed to make this 3 BR home their own. Call for details 1-888-999-7410.

### 12X65 MOBILE HOME:

Partially furnished, central heat/air. Must be moved. 886-4351, between 8-5 or 285-0212, after 6pm.\*

### NICE HOLLY PARK,

2 B.R. raised L.R. 12x65 on nice private rental lot. Fenced-in playground. 2 miles from P'burg on Rt. 80, Utl. transferrable 874-9234 or 297-7336. \$7,000 O.B.O.

## RENTALS

### 610-Apartments

Apartments for Rent: 1 & 2 BR. Executive suite also available. Call 349-7285, leave message.

### R & L APARTMENTS:

We now have coin laundry for tenants. We have apts. available. One easy payment, all utilities & cable included. Call 886-2797.

### 1 BR APT.:

Util. paid. 4 miles on Mtn. Parkway. Call 886-6061, after 5 pm 886-1368.

### 5-Star Dealer looking for Body Shop Repair Technician.

Some experience required. Opportunity to earn \$40,000 or more.

### 5-Star Dealer looking for Warranty Administrator.

Key boarding and minimal computer knowledge required.

### Apply in person at:

## DESKINS MOTOR COMPANY

For more information, call: 437-1300

### 1 & 2 BR APTS.:

Furnished, utilities paid, lease & ref. req. \$300/\$350, \$200 sec. dep. 606-886-3154.

### 3 BR APT.:

At HiHat, Rt. 122, Junction 979. \$350 mon., dep. \$200. HUD accepted. 285-3628.\*

### 1 OR 2 BR APTS:

Furnished or unfurnished. 886-8366.\*

### FURNISHED EFFICIENCY APT.:

\$100 dep., \$285 mon., util. extra. 886-6208.

### FOR RENT AT MCDOWELL:

1 BR furnished Apt. \$225 per month + Sec. dep. & util. HUD accepted. 377-6881.

### 2 BR APT.:

In good neighborhood. Ref. & dep. needed. 358-9123 or 358-9142. seen by app. only.\*

## Advertising Representative for the Eastern Kentucky Area wanted.

15 County Area • Excellent Career Opportunity

Salary Guaranteed, Plus commission, Plus bonus.

Send resume to: Attn: Marketing Dept. P.O. Box 221 • Lexington, KY 40508

## BIG D CONTRACTING

All your Building and Construction Needs  
 Call 606-874-9687

## Want To Advertise Your Business?

Studies Show... We Reach Over 30,000 People  
 Call 886-8506

# Service IS OUR BUSINESS

## TV Repair

- TV's • VCR's
- Microwave ovens

All work with 90-day guarantee

Call 606-478-9300

## FOR ALL YOUR BUILDING NEEDS!

New homes, remodeling, roofing, patios, block, concrete or siding. Have 30 years experience. Call Spears Construction, Romey Spears (606) 874-2688.

## INSURANCE

- Home • Life • Health
  - Medicare
  - Supplementary
  - Auto • Boat • Cycle
  - Antique and Classic Cars
- Call Lynda Spurlock 285-9650

## WILL DO WEEDING, LAWN MOWING, HANDY JOBS

886-1048

## FOUR S

24-Hour Wrecker Service Used Auto Parts 105 Skeans Lane Prestonsburg, Ky. 41653 886-8220 Pager 924-3637 Cell: 434-9380 Sam Skeans, Owner

## McKinney's Septic Service

Bonded & Licensed  
 Call Anytime for Free Estimate (606) 587-1693 (pager) 616-2368

## Tree Trimming

Hillside, lawn care and light hauling. Garage & Basement Cleaning. 886-0971, 874-5532 or 874-0023

## METAL ROOF COVERING

Many colors to choose from Professional Installation References furnished upon request. FREE ESTIMATES Owned & operated by Jeff Setser Phone 889-9638 If no answer, leave message.

## WILL PRESSURE WASH

- VINYL SIDING
  - HOUSES
  - MOBILE HOMES
  - DRIVEWAYS
- Call Bobby at 606/886-9022

## Younce's Septic Service

Pumping • Installations • Repair Residential & Commercial Free Estimates 24-Hr. Pumping Service We adhere to Health Dept. and Sanitation Regulations. State Licensed and Bonded. 886-1915 or Toll Free 1-866-9ep Pump (737-7857) Pager: 482-1915 Mobile: 793-1915 \*Clip ad and save 10% on tank pumping

## BOYD CONTRACTING

Homes, Remodeling, Additions, Concrete, Roofing, etc. Contract, or by the hour. 10 Years Experience Call Eddie Boyd 478-4230 or 478-1764

## FOR SALE

### '99 Chevy Tracker

New body style., 4-door, 4-cylinder, 5-speed, loaded, tinted windows, & towing package. 43,000 actual miles. \$11,500.

Great gas mileage!

886-2573

Call 1-800-503-1217, ext. 4640, Mr. Mark Muncey.



**2 BR APT.:** Auxier Heights. Real nice. Call after 5pm 886-3552.

**1 & 2 BR APARTMENTS.** Paintsville, 3 Blocks from Mayo Technical College. Phone 789-6884.

**1 OR 2 B.R APARTMENTS:** located in P'burg. No pets. 886-8991.

**SUPER NICE 2 B.R APT.** for rent: 606-358-3469 Call J&A Rentals.

**NOW ACCEPTING APPLICATIONS**  
On 1 & 2 BR apts. (Section 8 welcome)  
**PARK PLACE APARTMENTS**  
Rt. 114, Prestonsburg, KY 886-0039.

**UNIQUE 1 B.R APART.** near PCC. Air cond. furnished or unfurnished. Lease & security dep. 886-3565.

**There's a better way to move those old items... Advertise In The Classifieds! 886-8506**

**Position Available**  
Private, non-profit agency has a position opening for a Program Development/Information Specialist. This person will assume the responsibility of researching information and writing grants available from federal, state and local governments, private foundations and other sources of funding for community service programs and projects to serve the low-income client population in the Big Sandy Area. This person will also evaluate and monitor agency operated programs, compiling the information for funding sources, Board of Directors, newsletters and brochures.  
Interested applicants should have a minimum of an associate's degree, and three years experience in grant writing, preferably with a private, non-profit or governmental agency. Resumes should be submitted to Big Sandy Area Community Action Program, Inc., Attn: Mike Howell, Executive Director, Johnson County Courthouse, Paintsville, Ky. 41240.

**Internet Sales Representative**  
Community Newspaper Holdings, Inc., owner of more newspapers in Kentucky than any other publisher, is seeking an ambitious sales professional to develop Internet advertising business in the Richmond, London, Corbin, Morehead and Somerset, Ky. markets. Ideal candidates will have 2+ years of successful outside sales experience. A general understanding of the Internet will be helpful, but a comprehensive training package is included. If you've had experience in marketing, advertising, public relations or similar sales positions and possess an outgoing personality, we want to talk to you. Salary and commission structure based on experience. Comprehensive benefits. Grow with our company's vision by sending a resume to Willie Sawyers, P.O. Box 830, London, Ky. 40743, or email at wgsawyers@cni.com

**BUSINESS-COMMUNITY LEADER FOR LOCAL PLANNING COMMITTEE(LPC)**  
The Floyd County Board of Education is accepting nominations for business-community leader(1) to serve on the Floyd County Local Planning Committee(LPC) until August 3, 2001. Members of the Local Planning Committee(LPC) will be responsible for the development of a Master Educational Facility Plan and District Facility Plan for Floyd County that will assist in determining future school facility construction, and major renovation priorities.  
The Floyd County School Board will select one (1) member from nominations received to serve on the Local Planning Committee(LPC).  
Please submit nominations, including a letter of agreement to serve on the Local Planning Committee to:  
L.P.C. Search, Floyd County Board of Education, 106 North Front Avenue, Prestonsburg, Kentucky 41653

**ATTENTION, NURSES!**  
**FULL TIME POSITIONS AVAILABLE**  
2-3 PM-11 PM POSITIONS  
2-11 PM-7 AM POSITIONS  
As a health care professional, you are well aware of the many areas in which you can best utilize your knowledge, skills, and talents. When you examine the wide scope of health care fields available to you, there is probably no area more rewarding than putting your skills and talents to work serving the elderly.  
We are currently seeking dedicated nurses to join our skilled and caring staff. If you are skilled, caring, and committed in making a difference in the lives of others, we're interested in meeting you. If you are interested in becoming part of our staff, please stop by for an application, or call, Mon.-Fri., between the hours of 8:00 a.m.-4:30 p.m.  
WE INVITE AND WELCOME NEW NURSING GRADS TO GROW WITH US  
**SALYERSVILLE HEALTH CARE CENTER**  
571 PARKWAY DRIVE, SALYERSVILLE, KY, 41465  
AN EQUAL OPPORTUNITY EMPLOYER

**SERVICES**  
**705-Construction**  
ALL TYPES: Remodeling & additions, garages, decks, etc. Also concrete work. Robie Johnson, Jr., call anytime, 886-8896.

**765-Professionals**  
**TURNED DOWN FOR SOC. SECURITY/SSI?** Free consultation. Call 1-800-517-3406. No fee unless we win your case.

**NOTICES**  
**812-Free**  
**FREE PALLETS:** Can be picked up behind The Floyd County Times.

**LEGAL**  
Misty J. Hensley, Legal Representative  
Phone: (606) 886-8506 or fax: (606) 886-3603

**NOTICE OF INTENTION TO MINE**  
Pursuant to Application Number 836-5266, Operator Change  
In accordance with 405 KAR 8:010, notice is hereby given that Richardson Fuel, Inc, 16232 US Route 23; Catlettsburg, KY 41129 intends to revise permit number 836-5266 to change the operator. The operator presently approved in the permit is Tristan Coal Company, Inc. Rt. 550, 419 Bear Fork Road, P.O. Box 72; Mousie, Kentucky 41839. The new operator will be S & W Coal Incorporated, P.O. Box 32, Dana, Kentucky 41615.  
The operation is located 1.0 miles North of Banner in Floyd County. The operation is approximately 0.5 miles northeast of Old Daniels Creek Road junction with US 23/460 and located 300 feet North of Daniels Creek. The operation is located on the Harold and Lancer U.S.G.S. minute quadrangle map at Latitude 37°36'42" and Longitude 82°41'59".  
The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office; 3140 South Lake Drive, Suite 6, Prestonsburg, KY 41653. Written comments, objections, or request for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow Complex, US 127 South; Frankfort, KY 40601.

**670-Comm. Property**  
**COMMERCIAL PROPERTY:** 25,000 sq. ft. of office and warehouse/shop area on Rt. 80 near Martin. Very reasonable rates. Also, property on Rt. 80 and US 23 at Prestonsburg. Will build to suit for the right tenant. Contact: Terry Thornsbury at Warco Land Improvement Co., Inc. 606-285-9472 or 606-889-9538, after 7pm.\*

**Classifieds Work! Call 886-8506**

**NOTICE TO BID**  
The Prestonsburg Park Commission is accepting bids for the repair and resurfacing of the tennis courts at Archer Park. Bids will be accepted until 4:00 p.m., August 9, 2001.

**People know Pueblo for its...**  
...free federal information. You can download it right away by going into the Consumer Information Center web site, www.pueblo.gsa.gov.

**City of Prestonsburg 2000 Delinquent Tax**

NAME	BILL #	AMOUNT	ADV FEE	TOAL
ADAMS, FRANK	#19	\$ 229.85	\$ 3.00	\$ 232.85
AKERS, LOIS	#35	\$ 24.41	\$ 3.00	\$ 27.41
AMERICAN EXPRESS BUSINESS	#63	\$ 19.77	\$ 3.00	\$ 22.77
BANCORP GROUP, INC	#104	\$ 24.48	\$ 3.00	\$ 27.48
BLACKBURN, CURTIS & JAMIE	#132	\$ 50.45	\$ 3.00	\$ 53.45
BLACKBURN, RICKY & KAREN	#139	\$ 94.93	\$ 3.00	\$ 97.93
BLAIR, JOHN R	#147	\$ 81.37	\$ 3.00	\$ 84.37
BOWLING, CRAIG EDWARD	#159	\$ 54.25	\$ 3.00	\$ 57.25
BRANHAM, DICKIE & DIANA	#176	\$ 32.55	\$ 3.00	\$ 35.55
BRANHAM, DICKIE & DIANA	#183	\$ 27.12	\$ 3.00	\$ 30.12
BURCHETT, DARVIN J	#211	\$ 257.68	\$ 3.00	\$ 260.68
CASTLE, ANTHONY	#270	\$ 46.11	\$ 3.00	\$ 49.11
CLARK, PETER G	#309	\$ 1.36	\$ 3.00	\$ 4.36
CLARK, RALPH JR. & JOY L.	#310	\$ 118.00	\$ 3.00	\$ 121.00
COLLINS, ERNEST & PATTY	#329	\$ 103.07	\$ 3.00	\$ 106.07
CONN, DARLENE	#384	\$ 5.42	\$ 3.00	\$ 8.42
CONN, DEBORAH C & MICHAEL	#365	\$ 139.70	\$ 3.00	\$ 142.70
DANIELS, PAUL ANCIL	#413	\$ 23.32	\$ 3.00	\$ 26.32
DAVIS, RALPH B	#425	\$ 32.55	\$ 3.00	\$ 35.55
DISABILITY DETERMINATION LAB	#453	\$ 31.31	\$ 3.00	\$ 34.31
DOBSON, JACKIE L	#455	\$ 6.78	\$ 3.00	\$ 9.78
DYE, F BRENNAN & PAMELA J	#470	\$ 124.77	\$ 3.00	\$ 127.77
ED WALTERS BROADCASTING	#475	\$ 12.21	\$ 3.00	\$ 15.21
ELLIS, GRACE	#483	\$ 23.32	\$ 3.00	\$ 26.32
FASHION APPAREL	#496	\$ 116.01	\$ 3.00	\$ 119.01
FISH, BRENDA	#511	\$ 203.43	\$ 3.00	\$ 206.43
FISH, BRENDA	#512	\$ 203.43	\$ 3.00	\$ 206.43
FLEMING, JEFFREY & LENA	#534	\$ 227.85	\$ 3.00	\$ 230.85
FRALEY, DAVID & ALESHIA	#546	\$ 54.25	\$ 3.00	\$ 57.25
FRANKLIN, ROY THOMAS & MARY	#554	\$ 138.33	\$ 3.00	\$ 141.33
FRAZIER, ELIZABETH L	#556	\$ 206.15	\$ 3.00	\$ 209.15
GARRETT, DANNY	#559	\$ 1.36	\$ 3.00	\$ 4.36
GEARHEART, JOE T	#567	\$ 284.81	\$ 3.00	\$ 287.81
GOBLE, JACK	#592	\$ 162.75	\$ 3.00	\$ 165.75
GOBLE, JACOB C	#593	\$ 10.85	\$ 3.00	\$ 13.85
GOBLE, PAUL DAVID & SALLY ANN	#598	\$ 108.50	\$ 3.00	\$ 111.50
GOEBEL, DEBORAH KAY	#601	\$ 198.01	\$ 3.00	\$ 201.01
GULICK, CHRIS	#1368	\$ 67.81	\$ 3.00	\$ 70.81
HAGANS, RANDY & LYNN	#636	\$ 48.82	\$ 3.00	\$ 51.82
HALE, DONNA	#641	\$ 48.82	\$ 3.00	\$ 51.82
HALE, LENZIE JR	#643	\$ 12.47	\$ 3.00	\$ 15.47
HALL, JAMES & CHARITA	#657	\$ 108.50	\$ 3.00	\$ 111.50
HALL, NATHAN	#663	\$ 21.70	\$ 3.00	\$ 24.70
HAMPTON, NORMAN & NORMA	#680	\$ 32.55	\$ 3.00	\$ 35.55
HENSON, JANICE	#706	\$ 284.81	\$ 3.00	\$ 287.81
HOLBROOK, GLEN	#735	\$ 4.06	\$ 3.00	\$ 7.06
HOLLAND, CAROL B	#738	\$ 94.93	\$ 3.00	\$ 97.93
HOLLAND, JOHN THOMAS	#740	\$ 618.72	\$ 3.00	\$ 621.72
HORN, DORTHY	#743	\$ 23.32	\$ 3.00	\$ 26.32
HOWELL, SUSAN	#464	\$ 279.38	\$ 3.00	\$ 282.38
HOWARD, GREGORY G	#750	\$ 3.38	\$ 3.00	\$ 6.38
HOWARD, GROVER L III	#751	\$ 3.38	\$ 3.00	\$ 6.38
HUGHES REALTY	#773	\$ 75.95	\$ 3.00	\$ 78.95
HURT, HARGIS & PATRICIA	#779	\$ 124.77	\$ 3.00	\$ 127.77
JAGUAR LIMITED, INC.	#819	\$ 38.97	\$ 3.00	\$ 39.97
JAGUAR OIL & GAS CORP	#820	\$ 18.02	\$ 3.00	\$ 21.02
JARRELL BETTY A -ESTATE-	#828	\$ 32.55	\$ 3.00	\$ 35.55
JOSEPH, MORGAN	#855	\$ 75.95	\$ 3.00	\$ 78.95
JOSEPH, RICKY & MARY	#857	\$ 51.53	\$ 3.00	\$ 54.53
KUSS, EDWARD & REBECCA	#884	\$ 298.37	\$ 3.00	\$ 301.37
KUSS, EDWARD & REBECCA	#885	\$ 162.75	\$ 3.00	\$ 165.75
KUSS, EDWARD & REBECCA	#886	\$ 94.93	\$ 3.00	\$ 97.93
LAFFERTY, MICHAEL & LISA	#899	\$ 18.27	\$ 3.00	\$ 19.27
LAFERTY, RUBY	#892	\$ 62.86	\$ 3.00	\$ 65.86
LAFERTY, STELLA	#900	\$ 28.75	\$ 3.00	\$ 31.75
LAYNE, VIRGINIA GRACE & BALLARD TUSSEY	#928	\$ 40.88	\$ 3.00	\$ 43.88
LEGACY, INC.	#935	\$ 542.50	\$ 3.00	\$ 545.50
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MARSILLET, DAVE & DORIS	#985	\$ 21.70	\$ 3.00	\$ 24.70
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MARTIN, GARY	#990	\$ 37.43	\$ 3.00	\$ 40.43
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MAY, KYLE L	#1011	\$ 126.51	\$ 3.00	\$ 129.51
MCGLONE, CRAIG	#1033	\$ 122.06	\$ 3.00	\$ 125.06
MEADE, JARVEY & PATSY	#1046	\$ 21.70	\$ 3.00	\$ 24.70
MEADE, RICKEY & LAVONNA	#1048	\$ 230.56	\$ 3.00	\$ 233.56
MEADOR HENRY-ESTAE-	#1049	\$ 16.27	\$ 3.00	\$ 19.27
MEEK, RICKY & JANE WALLACE	#1055	\$ 401.45	\$ 3.00	\$ 404.45
MILLIGAN, H K & PEARL SUE	#1064	\$ 148.10	\$ 3.00	\$ 151.10
MORRISON, MICHAEL & RITA L	#1078	\$ 48.82	\$ 3.00	\$ 51.82
NEELEY, CAROL	#1117	\$ 80.02	\$ 3.00	\$ 83.02
NEELEY, CAROL JEAN	#1118	\$ 120.97	\$ 3.00	\$ 123.97
NEELEY, CAROL JEAN	#1119	\$ 219.71	\$ 3.00	\$ 222.71
NEELEY, CAROL JEAN	#1120	\$ 40.68	\$ 3.00	\$ 43.68
NEELEY, CAROL JEAN	#1121	\$ 149.18	\$ 3.00	\$ 152.18
NELSON, LILLIE	#1125	\$ 12.21	\$ 3.00	\$ 15.21
NELSON, NOLA	#1128	\$ 4.33	\$ 3.00	\$ 7.33
NEWMAN, SHARON	#1138	\$ 6.78	\$ 3.00	\$ 9.78
OMEGA HEALTHCARE	#1148	\$ 271.25	\$ 3.00	\$ 274.25
OMEGA HEALTHCARE	#1149	\$ 6,149.23	\$ 3.00	\$ 6,152.23
OMEGA HEALTHCARE	#1150	\$ 4,950.31	\$ 3.00	\$ 4,953.31
OMEGA HEALTHCARE	#1151	\$ 27.12	\$ 3.00	\$ 30.12
OUSLEY, CAROL JEAN NEELEY	#1179	\$ 54.25	\$ 3.00	\$ 57.25
PARKER, WILLIE	#1197	\$ 12.47	\$ 3.00	\$ 15.47
PENNINGTON, ANNA MAE	#1216	\$ 65.10	\$ 3.00	\$ 68.10
PRICE, JAMES	#1251	\$ 65.10	\$ 3.00	\$ 68.10
RAMEY, RUTH C.	#1272	\$ 10.85	\$ 3.00	\$ 13.85
RATLIFF, ELIZABETH MARIE	#1276	\$ 42.05	\$ 3.00	\$ 45.05
RATLIFF FARM SUPPLY	#1281	\$ 341.77	\$ 3.00	\$ 344.77
RATLIFF, HAROLD GENE	#1283	\$ 181.73	\$ 3.00	\$ 184.73
RATLIFF, HAROLD G. & PAMELA	#1284	\$ 51.53	\$ 3.00	\$ 54.53
RATLIFF, HAROLD & PAMELA	#1285	\$ 141.05	\$ 3.00	\$ 144.05
SAVIN CORP	#1363	\$ 3.62	\$ 3.00	\$ 6.62
SHEPHERD, JESSICA H	#1384	\$ 35.26	\$ 3.00	\$ 38.26
SHEPHERD, JESSICA H	#1395	\$ 48.82	\$ 3.00	\$ 51.82
SHEPHERD, DONNIE & BONNIE	#1383	\$ 2.71	\$ 3.00	\$ 5.71
SHEPHERD, MILTON	#1399	\$ 10.85	\$ 3.00	\$ 13.85
SHEPHERD, THOMAS	#1401	\$ 10.85	\$ 3.00	\$ 13.85
SHORT, RICHARD(SHARON DAVIS)	#1403	\$ 53.16	\$ 3.00	\$ 56.16
SIMPSON, PHILIP	#1048	\$ 230.56	\$ 3.00	\$ 233.56
SIMPSON, PHILIP	#1409	\$ 48.82	\$ 3.00	\$ 51.82
SLONE, JOHN & EILEEN	#1427	\$ 31.46	\$ 3.00	\$ 34.46
SLONE, SUSAN -ESTATE-	#1431	\$ 10.85	\$ 3.00	\$ 13.85
SLONE, WILLIS RICHARD & CINDY	#1432	\$ 30.65	\$ 3.00	\$ 33.65
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STANLEY, JOE MRS GRACE-ESTATE-	#1467	\$ 58.32	\$ 3.00	\$ 61.32
STEPHENS, LAURA MARIE	#14870	\$ 43.40	\$ 3.00	\$ 46.40
STEPHENS, SAMUEL D	#1472	\$ 46.11	\$ 3.00	\$ 49.11
STEPHENS, STUART & BETTY	#1473	\$ 58.58	\$ 3.00	\$ 61.58
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WALLEN, GERTRUDE	#1567	\$ 9.78	\$ 3.00	\$ 12.78
WALLEN, SHIRLEY	#1569	\$ 162.75	\$ 3.00	\$ 165.75
WEDDINGTON, JOE D	#1583	\$ 252.26	\$ 3.00	\$ 255.26
WELLS, JAMES D. & REBECCA	#1590	\$ 104.44	\$ 3.00	\$ 107.44
WESLEY ELECTRIC & SUPPLY	#1601	\$ 1,059.39	\$ 3.00	\$ 1,062.39
WEST VIRGINIA BAKING CO.	#1604	\$ 596.75	\$ 3.00	\$ 599.75
WILLIAMS, JUDY	#1622	\$ 37.98	\$ 3.00	\$ 40.98
WILLIAMS, ONEIDA	#1623	\$ 119.35	\$ 3.00	\$ 122.35
YATES, RICKY	#1654	\$ 28.61	\$ 3.00	\$ 31.61
YATES, RITA	#1655	\$ 5.43	\$ 3.00	\$ 8.43



**NOTICE OF INTENTION TO MINE**

Pursuant to Application Number 836-5110, Amendment #2

(1) In accordance with KRS 350.055, notice is hereby given that FCDC Coal, Inc., 750 Town Mountain Road, Pikeville, KY 41501, has applied for an amendment to an existing permit for an underground coal mining and reclamation operation located 1.5 miles southeast of Teaberry, KY, in Floyd County. The amendment affects 2.08 acres of new surface disturbance and no additional underground acres, making a total of 910.31 acres within the permit boundary.

(2) The operation is approximately 0.90 miles east from State Route 979's junction with Tinker Fork Road and located 0.90 miles east of Big Mud Creek. The latitude is 37°24'41". The longitude is 82°38'05".

(3) The operation is located on the McDowell and Pikeville U.S.G.S. 7 1/2 minute quadrangle map. The amendment will disturb area owned by Ray and Kelly Stone.

(4) The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3410 South Lake Drive, Suite 6, Prestonsburg, Kentucky 41653. Written comments, objections, objections, or request for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

**NOTICE OF INTENTION TO MINE**

Pursuant to Application Number 836-5307, Major Revision

In accordance with KRS 350.070, notice is hereby given that Matt/Co., Inc., 439 Meadows Branch, Prestonsburg, Kentucky 41653, has applied for a major revision to an existing underground coal mining and reclamation operation located 0.5 mile northeast of Emma in Floyd County. The major revision will add 0 acres of surface disturbance and will underlie an additional 56.93 acres, making a total area of 56.93 acres within the revised permit boundary.

The proposed major revision area is approximately 0.24 mile north from KY Route 1428's junction with Kentucky Route 194 and located 0.08 mile east of the Levisa Fork of the Big Sandy River. The Latitude is 37°38'30". The Longitude is 82°41'45".

The proposed major revision is located on the Lancer U.S.G.S. 7 1/2 minute quadrangle map. The major revision will underlie land owned by Sandra Barkan.

The major revision proposes the addition of 56.93 acres of coal in the Fireclay seam. The major revision application has been filed for public inspec-

tion at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

**NOTICE OF INTENTION TO MINE**

Pursuant to application Number 836-5327, Amendment 1

(1) In accordance with the provisions of KRS 350.070, notice is hereby given that CONSOL of Kentucky, Inc., P.O. Box 130, Mousie, Kentucky, 41839, has applied for an amendment to an existing underground coal mining and reclamation operation located 4.6 miles northwest of Bosco in Floyd and Magoffin Counties. The amendment will underlie an additional 130.0 acres, making a total area of 3827.4 acres.

(2) The proposed amendment is approximately 1.8 miles northwest from KY Highway 7's junction with KY Highway 2029 and located near the head of Raccoon Branch. The latitude is 37°30'50". The longitude is 82°53'40".

(3) The proposed operation is located on the Handshoe and David U.S.G.S. 7 1/2 mile quadrangle maps. The operation will use the underground method of mining. The amendment area will underlie land owned by Fred Shepherd, Roby Shepherd, Delmer Shepherd, Hayes Vanderpool, Dosie Bailey, Ell Howard, Delphia Hale, Steve Wright, Annie Handshoe and Sylvia Warrix.

(4) The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg regional office, 3140 South Lake Drive, Suite 6, Prestonsburg, Kentucky, 41653-1410. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky, 40601.

This is the final advertisement of this application; all comments, objections, or requests for a permit conference must be received within thirty (30) days of today's date.

**NOTICE OF INTENTION TO MINE**

Pursuant to Application No. 836-5397, Renewal

(1) In accordance with KRS 350.055, notice is hereby given that Levisa Fork Mining Company, 544 South Lake Drive, Prestonsburg, KY 41653 has applied for a renewal of a permit for an underground coal mining operation located 0.8 miles

southeast of Grethel in Floyd County. The operation will disturb 5.8 acres and underlie 595 acres, and the total area within permit boundary will be 600.8 acres.

(2) The proposed operation is located 0.5 miles southwest of Frasure Branch Road's junction with KY 979 and located 0.3 miles south of Frasure Branch. The operation is located on the McDowell U.S.G.S. 7 1/2 minute quadrangle map at latitude 37°28'21" and longitude 82°39'53".

(3) The surface area to be disturbed is owned by The Elk Horn Coal Corporation. The

operation underlie land owned by Milford Adams, Edgel Moore, Betty Carrol, Harvey & Frances Hall, The Elk Horn Coal Corporation, Charles and Ive Howell, Carlos & Linda Hall, Goldie Hall, Delmar & Omer Frasure, Anthony Akers, Dennis & Shelby Jones, Silas & Lona Akers, Denzil Hall, Eric Frasure, Glen Dale Spradlin, Elisha Hall, Doc Jr. & Debbie Reynolds, Maggie Mitchell, Willis & Joyce Newman, Hall Super Market, Walker & Hershall Tackett, John F. & Mae Hall and Charles & Milvina Howell.

(4) The application

has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Suite #6 Prestonsburg, KY 41653. Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Field Services, #2 Hudson Hollow, Frankfort, Kentucky 40601.

This is the final advertisement for the application. All comments, objections, or requests for a permit conference must be

received within thirty (30) days of today's date.

**PUBLIC NOTICE**

Notice is hereby given that Rual Virgil Mullins, has filed an application with the Natural Resources and Environmental Protection Cabinet to place a fill in his yard. The property is located 2.2 miles up in Toler Creek, Kentucky, off of Route 1426. Any comments or objections concerning this application shall be directed to: Kentucky Division of Water, Water Resources Branch, 14 Reilly

Road, Frankfort Office Park, Frankfort, Kentucky 40601. Phone (502) 564-3410.

**COMMONWEALTH OF KENTUCKY**

TRANSPORTATION CABINET DEPARTMENT OF HIGHWAYS

**NOTICE TO CONTRACTORS**

Sealed bids will be received by the Department of Highways in the Division of Contract Procurement and/or the Auditorium located on the 1st Floor of

the State Office Building, Frankfort, Kentucky, until 10:00 a.m., Eastern Daylight Time on the 24 day of August, 2001 at which time bids will be publicly opened and read for the improvement of: FLOYD COUNTY, FD04 036 3384 001-002: The US 23-Prestonsburg Road (KY 3384) Bridge and Approaches over Town Branch at Prestonsburg, a distance of 0.233 mile. Grade, Drain and Asphalt Surface. Bid proposals for all projects will be available until 9:00 a.m., Eastern Daylight Time, Friday, August 24, 2001, at the Division of Contract

Procurement. Bid proposals for all projects will be available at a cost of \$10 each and remittance payable to the State Treasurer of Kentucky must accompany request for proposals (NON-REFUNDABLE). BID PROPOSALS ARE ISSUED ONLY TO PREQUALIFIED CONTRACTORS. Specimen proposals for all projects will be available to all interested parties at a cost of \$10 each (NON-REFUNDABLE). Specimen proposals cannot be used for bidding.

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# Kitchen remodeling hits the big time

ability to both clean the four corners of the sink and fill up large pots. And many come in dramatic styles and finishes to complement any kitchen decor.

(ARA) — Nearly five million kitchens will be remodeled in the U.S. this year, an increase of more than 10 percent over 1999, according to a survey of 20,000 consumers by Kitchen and Bath Business magazine. And, according to the survey, these remodelers know exactly what they want in their kitchens — luxury items.

"Most kitchen remodelers are experienced cooks. They've lived in one or two previous kitchens and know what they love and hate," said Joan McCloskey, Better Homes and Gardens Executive Building Editor. "These remodelers are very discriminating about style, durability, features, price and performance on every element that comprises a kitchen. They may make tradeoffs to keep their budget in line, but they'll sacrifice to gain some of the luxury items that bring life to a kitchen."

If luxury is what consumers want in the kitchen, then what constitutes luxury? Following is a list of the top 10 most requested kitchen items to create the ultimate Epicurean's dream space.

## 1. Great Appliances

Rather than standard, four-burner stoves, consumers are turning to a host of other options to prepare food quickly and efficiently. One of the most popular appliances to hit the market is a combination gas cook top with an electric oven underneath. With this appliance, the home chef gets the best of both worlds. Another new choice for quick food preparation is a microwave that uses radiant or halogen light. Appliance manufacturers claim these microwaves can cook food twice as fast as a regular microwave. There are even barbecue grills, wok burners and steamers making their

way onto the cooking scene. Another new item making a name for itself in the luxury kitchen is the warming drawer that keeps food warm for those families putting up with after-school sports or long hours at the office. And, as far as the trend in decor goes, the commercial stain-

## Systems

Americans are more concerned about the quality of their water than ever before — hence the rapid increase of filtering systems in the kitchen. While these have included pitchers, faucet attachments and under-the-counter types, the fastest



less steel look for appliances is still what's hot in today's kitchens.

## 2. Multi-Cook Centers

Two sinks, two cook centers, two refrigerators — all of these "twos" are becoming commonplace in the dream kitchen. With the popularity of cooking ever increasing — just note the celebrity status of TV chefs these days — these dual cook center areas provide plenty of space for both staging meals and entertaining. Most of these seconds are appearing on kitchen islands and serve as a dual workspace. Though most second appliances are not as large, they do serve their own purpose in the luxury kitchen. For instance, rather than a full refrigerator, the second unit in the home may be an under-the-counter model used for wines and beverages. The second sink may also be much smaller, featuring just a single bowl, but is a welcome addition for cleaning vegetables or preparing drinks.

## 3. Water Filtration

growing trend is filtering faucets. These offer the most convenient and most elegant method to get better tasting water. For instance, Moen Incorporated offers three filtering faucet systems in its PureTouch line for making better tasting sauces, mixes and drinks. These models take out lead, chlorine and cysts. Another convenience that is a must in any kitchen — luxury or not — is a pullout faucet. Pullout spout faucets provide the

## 4. Kitchen Island

Anyone who has ever lived in a house with a kitchen island will never be without one again. That's why it is one of the most requested items in a remodel project and a definite selling feature for new construction. And, as previously noted, islands with functional items like a bar sink are exactly what consumers want in their luxury kitchen. With the ability to match the island faucet to the main kitchen faucet in terms of style and finish — complete integration of the kitchen is possible. Plus, with the main counter space usually cluttered with small appliances such as mixers, toasters, and can openers, having a separate work area is an added benefit. Islands with seating capacity are also doubling as an area for doing homework and for quick, less formal meals — replacing the old "breakfast nook." If a kitchen island cannot be added because of space limitations, homeowners may opt for a rolling work cart that provides extra counter space when needed and can be rolled back into a corner when not in use.

## 5. Countertops

According to the National Kitchen and Bath Association, solid surface

(See KITCHEN, page three)

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McDowell area, Fountains Creek—5 1/2m, 1425, well-maintained home, situated on approx. 8 acres. Free natural gas. Call for appt. (706)550

Allen—1/2 25. Nice 4BR, 2-bath older home. Convenient to Prestonsburg & Pikeville. (needs some interior repair). Call for appointment.



## Kitchen

Continued from p2

countertops are used in 40 percent of all professionally designed kitchens. The reason? They hold up extremely well in the high-traffic kitchen area and also provide a durable surface resistant to scratches and scuffs. For higher-end kitchens, granite countertops are the material of choice. As an alternative, there are also a host of solid surfacing options, which imitate the look of granite at a lower cost. Another exotic item popping up in today's luxury kitchen is the concrete countertop. They are "earthy" in appearance and certainly make a statement. However, they too, can be expensive and porous as a kitchen material — and you have to watch out if you drop a glass or dish!

### 6. Composite Sinks

Move over vitreous china or commonplace stainless, for many of today's luxury kitchens feature sinks in customized colors, composite materials and unique bowl configurations. Homeowners are demanding style as well as sinks that will stand the test of time with resistance to normal wear and tear. To provide both durability and beauty, manufacturers have now designed composite

sinks. For example, MoenStone sinks from Moen are made from high-strength, molded composite materials that are produced to withstand everyday cuts, scratches, scuffs, stains and even heat from hot cookware. Available in a number of solid colors including the latest Sapphire and Yellow Stone and even natural stone textures, these sinks blend beautifully with all types of countertops, and can be installed in either over- or under-mount configurations.

### 7. Hand-Painted Tiles & Backsplashes

Looking for something to truly make your kitchen unique? How about turning it into a personalized work of art with hand-painted tiles and backsplashes. Easy to install, these tiles can be used as a decorative border or intermixed with the rest of the kitchen tiles to create a pattern. Fruits, flowers or even animal designs are now gracing the luxury kitchen with their presence. Not only do these hand-painted items provide for an imaginative touch of fun, they also show off the homeowner's personality.

### 8. Cabinetry

Cabinetry can account for up to one-half of the new or remodeled kitchen budget, and can include a lot more than shelves or cupboard doors. Decora, a leading manufacturer of semi-custom cabinetry, notes that some of the latest styles of cabinetry mimic the look of furniture with bun feet or freestanding units in the European style. Other cabinet lines, like Schrock, are also adding decorative elements such as plate racks, carvings, special trim and apothecary drawers to their offerings. Upper glass cabinets are being used for displaying fine china and crystal. And personalization in the cabinetry category can even be found in hardware — from knobs shaped like forks to ladybugs — it's all available to create a unique look. And finally, the makers of Aristokraft cabinets report that as the kitchen becomes an extension of the great room, some non-traditional items such as banquettes or desks are making their way into custom cabinetry selections.

### 9. Storage Areas

One thing almost all consumers who are

remodeling or constructing a kitchen are requesting is more — and personalized — storage space. This includes: cabinets with rollout shelves to make food and cooking utensil storage easy; specialized storage areas for spices, pot lids, knives, dish cloths; pegged holders for plates; or corner "appliance garages" to hide coffee makers and toasters when not in use. The size of the kitchen is expanding too, as walk-in pantries now allow for a variety of storage options, particularly as Americans are buying more items in bulk.

### 10. Luxury Design Options

So far we have discussed some of the items that truly make the kitchen luxurious and customized, but what about overall kitchen design options? Today's kitchens feature larger dining areas, walls of windows, high ceilings and a continuation of the great room. No longer is the eating area separate from the kitchen — integration makes it all one large room that is great for entertaining.

If you are one of those that will be embarking on a kitchen remodel project over the next few months, use these tips to create a luxurious kitchen that you will truly adore!

## Tips from the country's top professionals on how to spruce up your home

(ARA) — Buying a house is one of the biggest life decisions you will ever make, and one that you'll live with for a long time. With mortgage rates shrinking, more people are putting

a home inspector when they are selling their house as well. A good inspection can end with a checklist, which assesses the general condition of your house. This should include recommendations for minor touch-ups and repairs that can make the home "ready for sale."

Brewer and Pillar To Post offer these tips for making sure your home inspection is done right:

- The inspector should belong to ASHI (The American Society of Home Inspectors). Be sure to ask.

- The inspector should carry full errors and omissions insurance. Again, ask.

- You should receive a full written report, preferably on the spot.

The following are items in the home that absolutely should be inspected:

- roofing/flashing/chimneys

- total and complete exterior

- structure and founda-

(See TIPS, page six)



## Is There a 'Handywoman' in the House?

(ARA) — Move over aerobics, shopping and cooking ... a new Home Depot/Yankelovich Partners study reveals that home improvement is the new "trendy" leisure time activity for women.

Of the 1,012 survey respondents, 37 percent of women said they would prefer to spend their weekend leisure time working on a home improvement project, such as gardening or painting, rather than shopping in a mall (28 percent) or cooking/baking (25 percent).

Another survey by the American Hardware Manufacturers Association said women accounted for nearly 38 percent of all do-it-yourself product purchases last year.

And, with more single women becoming homeowners, the trend seems destined to continue. So just what projects are most appealing to women? The list is long and sometimes surprising.

### 1. Painting

In the Home Depot/Yankelovich study, painting was tied with gardening for the top spot. Gone are the days when the paintbrush and roller were the only tools of the painter. Today's techniques call for bold,

(See HOUSE, page seven)

## Is your roof past its peak?

(ARA) — This year's cold weather, winter storms and natural gas shortages have wreaked havoc on Americans' roofs and energy bills. As winter comes to a close and spring is just around the corner, homeowners should take stock of winter weather damage to their home and pocket book.

"Much of the damage incurred this past winter could have been avoided if homeowners had taken long-term precautions with their roofs," said Rhonda Brooks, president, Exteriors Systems Business, Owens Corning. "Catching problems before they become too severe, especially on a roof, can prevent unnecessary repairs and headaches."

### A few warning signs of winter roof damage to look for include:

- Damaged flashing — Flashing are pieces of metal or roll roofing around vent pipes, chimneys, adjoining walls, dormers and valleys, used to prevent water from seeping in. Damage to the flashing can be caused by improper installation or by dry-

(See ROOF, page four)



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## Roof

Continued from p3

ing and cracking. Flashing can generally be repaired without replacing the roof.

■ **Missing shingles** — Missing shingles are often caused by exposure to high winds and improper fastening, but usually can be replaced individually. If you decide to re-roof, you might consider specially designed shingles, like Owens Corning's new WeatherGuard High Wind 110 Roofing System, which stands up to strong wind conditions.

■ **Buckling and curling** — When a shingle buckles, it bends upward in the middle, forming a peak. Buckling is caused by improperly applied felt or movement in the deck (the surface to which the roof is applied). Curling causes the corners of the shingle to turn up, and is usually caused by a lack of ventilation, nails positioned too high up, an incorrect number of fasteners or under-saturation of the shingle.

■ **Blistering and rotting** — Blisters are bubbles that appear on the surface of asphalt roofing. They are usually caused by moisture in the shingle. Shingles rot when the mat at the core of the shingle absorbs moisture.

■ **Ice Dams** — Ice dams are caused by roofs with inefficient insulation and cold eaves. In winter, snow accumulates on roofs and as it melts down to the overhang and refreezes, then an ice dam is formed. An ice dam can be detected by long icicles on overhangs. Ice dams cause water back-ups and this allows water to seep through the roof causing even more damage. The best way to prevent ice dams is making sure that the attic is properly insulated with at least 12 inches of insulation.

## Combating Increased Heating Bills

In addition to preventing ice dams, insulation can also help reduce energy bills and keep homes cooler during spring and summer.

"Insulation can be just as important in summer as it is in winter," said Tim Grether, technical services manager, Owens Corning. "On warm summer days, heat attempts to move from the outdoors to the indoors. Insulation slows its transfer, helping to retain the house's cooler temperature."

According to the U.S. Department of Energy, checking your home's insulating system is one of the easiest and most cost-effective ways to save energy and minimize energy waste. As a general rule, if you have less than 11 to 12 inches of insulation in your attic, you could probably use more.

For more energy-efficiency tips, homeowners can call the DOE at 1-800-DOE-3732 to order a free, 36-page Energy Savers booklet or visit the Energy Savers website at [www.eren.doe.gov/consumerinfo/energy\\_savers](http://www.eren.doe.gov/consumerinfo/energy_savers). The Energy Savers campaign, developed by the DOE in partnership with Owens Corning, provides Americans with more than 100 easy and practical energy-efficiency tips and projects.

For a Roof Troubleshooting Kit that provides tips on how to inspect a roof, what to look for when hiring a contractor and a glossary of roofing terms, call 1-800-GET-PINK or visit the company's website at [www.owenscorning.com/owens/around/roofing/roofhome.asp](http://www.owenscorning.com/owens/around/roofing/roofhome.asp).

## Do-it-yourself tips for summer remodeling projects



our homes, our budgets may already be tapped. Here are some simple do-it-yourself ideas to spruce up your home, specifically the kitchen and bath, without breaking your budget.

■ **Jazz up cabinets** with snappy new drawer pulls.

One of the simplest ways to add pizzazz to the kitchen is to install new cabinet hardware, says home improvement expert Don Vandervort of [www.hometips.com](http://www.hometips.com). "At your local hardware store you'll find a wide array of drawer pull designs - from painted ceramic or metal knobs, to whimsical

designs shaped like knives and forks. Simply unscrew your existing cupboard hardware, replace with the new, and presto, you've completed a quick and inexpensive update for your home."

■ **Pour on the charm:** upgrade the faucet.

A beautifully designed faucet can change the look of your sink area and the way you feel about your drinking water. Simple faucet design lines can make a clean and modern addition to the kitchen or bathroom sink, while some faucet models can even

(See **PROJECTS**, page seven)

(ARA) — Ah, summer. Between neighborhood softball games and trips to the community pool, it's the biggest time of the year for moving and home remodeling.

While many of us turn our thoughts to upgrading



# Wondering how to spend your tax rebate?



(ARA) — Tax reform is finally here, and if you're one of the lucky ones, so is your tax rebate. With the extra money in your pocket and sun on your back, it's the perfect time to consider giving your home a makeover.

Each year, every home needs some maintenance, and most folks do at least one

major home improvement project per year. In fact, it is estimated that homeowners spent more than \$180 billion on home improvements alone in 1998, according to data from the U.S. Census Bureau. Investing in your home is no longer a trend, but a way of life.

For most of us, homes are not only where we live, but also our single largest investment. As a living space, its design and condition affect our lives daily. As an investment, its value in the marketplace is something we seek to preserve and enhance. When considering repair and improvement projects, it's best to consider both. David Bowen, president of Western Pacific Construction, believes that people should approach their home as an investment, and more importantly, it should be something they can be proud of and enjoy every day.

Whatever your intentions for improving and maintaining your home, now is the time to get started.

"Our business increases significantly around tax time," said Bowen. "People get their bigger projects lined up early so they

are first on the contractor's schedule."

According to Bowen, the larger projects people typically plan are kitchen remodels, additions, decks, interior and exterior painting, as well as basement refinishes. The smaller jobs range from house cleaning and painting to plumbing and electrical work.

"For larger projects, consulting with a designer or architect can be a great starting point for some creative inspiration," added Bowen.

For those of you who haven't talked to a professional yet, Bowen advises making drawings and a list of your home improvements, so when you speak with the professional, he or she will have a good idea of the scope of the project, as well as the estimated budget.

"This enables the consumer to get the biggest bang for their buck when the contractor arrives," added Bowen. He also suggests using a reputable contractor referral service like ServiceMagic.com to begin.

"This service prescreens its contractors for proper licensing, clean legal background, bankruptcy checks and Better Business Bureau history," said Bowen.

"This can give you a quick and confident start, and you can be comforted in knowing that the contractor you choose is capable and wants to do the job."

Whether you are planning a large or small project, spring is a good time to get organized. One approach experts suggest is to start outside and begin at the top of the house and work your way to the bottom. Then move inside and do the same thing.

If you're not expecting a great windfall this tax season, here are some more cost-effective home improvement or maintenance projects that you may want to consider doing, or hiring a professional to do for you:

## For the Outside

- Inspect your roof for winter damage such as leaks, missing or broken shingles or tiles.

- Clean gutters and downspouts. Leaves and other debris will prevent water from flowing freely.

(See **REBATES**, page eight)

## Advertisement

# Kirk: Top quality makes the difference

"Our company has been in business for more than 30 years," said Mike Kirk, manager of Luv Homes in Ivel. "It is a leader in the manufactured home business."

Kirk says his company delivers "top quality homes for our customers with 20 factories to choose from."

Luv homes has more than 300 locations in the United States and, according to Kirk, operates with the belief "we tell our customers the truth, not what they want to hear."

Located in Ivel on US 23 halfway between Pikeville and Prestonsburg, Luv Homes is open from 9 a.m. to 7 p.m. Monday through Friday, 9 a.m. to 6 p.m. Saturdays and from 1 to 6 p.m. on Sunday.

Joining Kirk on staff

are Jim Elkins, service manager; Tim Setser, trimout expert; and Johnny Martin, Jim Silliman and Ronnie Coleman, sales representatives.

Luv Homes is a success because the business homeowners' expectations. "Customers refer their friends and relatives to buy from us," Kirk added.

He said the company's growth can be attributed to the fact they "treat customers like they should be treated, build homes better than the competition, and we don't use nova deck floors, black cardboard under the vinyl siding or have 24-inch center in the floors."

As for the future, Kirk said, "We are adding new homes at our dealership, expanding our parking lot to give extra parking spaces for our customers, and developing new

financing plans."

He said the best part of his business is that they are able to "create the opportunity for people to buy their own home,"

and offer "fixed payments that don't go up after the first year."

"Did you know variable interest rates can go up 5 percent from where

they started? Wow," Kirk said.

In inviting customers to visit the business, Kirk said, "We are the dealer with the big heart. We

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## Tips

■ Continued from p3

tion

- electrical system
- heating system and heat pump
- cooling system
- plumbing
- interior
- water heater
- property and site

If any of these items are overlooked, Brewer warns that you have not received the proper inspection.

Another popular and smart home service is the sealcoating and refurbishing

of your driveway. According to Doug and Andy Hoiland, of Burnsville, Minn.-based Jet-Black International, a national franchise specializing in this service, this is one step that can change the whole look of the house drastically. Here, they give advice on how to go about implementing this service:

When it needs to be done: Most homes typically require sealcoating of asphalt driveways every couple of years; though for purely cosmetic purposes, some homeowners like to have it done annually. The need for sealcoating doesn't imply any sort of quality problem with the original driveway. Sun naturally delivers a beating to asphalt; oxidizing it, shrinking it and decomposing it. Oil spills and other chemicals discolor and fade it; car-care polymers that provide sheen to tires, for example, often stain blacktop.

The Jet-Black Way: Company operators usually require about an hour to complete repairs and sealcoating of the typical residential driveway, which is about 900 square feet. The average cost is a few hundred dollars.

Here's the procedure:

- Power-cleaning with a

wire brush.

■ Heat-treatment of oil spots, including priming with an acrylic primer that provides greater adhesion to oil and gas spots.

■ Patching of holes such as kickstand marks, tire marks and sink holes.

■ Repair of larger areas with asphalt (optional).

■ Crack-filling with hot rubberized crack filler, which is heated to 400 degrees Fahrenheit in a process equivalent to that typically used on highways and city streets. Fills in cracks of 1/4-inch to 1-1/2 inches, remaining pliable in winter temperatures, year after year. Bonds to asphalt and concrete.

■ Joint-caulking with hot rubberized joint filler, bonding between the driveway and concrete garage apron, sidewalk and street - and preventing costly water damage.

■ Sealcoating with industrial grade sealer, using the company's one-of-a-kind, non-tracking, slip-resistant formula and application techniques that penetrate the sealer into the pores of the blacktop. Many companies use spray application, but in that technique, the sealer often just ineffectively sits on top of the driveway surface. Jet-Black recommends the use of a brush that literally pushes sealcoat into the pores of the asphalt, for long-term effectiveness. The finished sealcoat has a no-slip consistency similar to that of No. 220 sandpaper.

■ Power-edge cutting of overgrown grass along blacktop. This allows for the sealer to be applied to the edges of the driveway, for a manicured finish.

■ Keep driveway clear of traffic for 24 hours.

Jet-Black also offers driveway or parking-lot striping as well as stenciling, for games including hopscotch and shuffleboard.

If you have a concrete driveway: Until now, homeowners whose driveways are composed of concrete have had little choice but to watch their slow - and sometimes property-defacing - deterior-

ation. The only alternative has been to have the old concrete removed and replaced with fresh concrete, at a typical cost of thousands of dollars.

A new concrete-sealing process that costs several hundred dollars is now available. It is remarkably less costly - and much less disruptive - than concrete replacement. Available in a variety of colors including plain, white, red and charcoal, the concrete sealer is applied at a thickness of about one-eighth of an inch in a non-slip texture with the consistency of about No. 80 sandpaper.

Another service that immediately improves the look of your home is exterior painting. Certa ProPainters, the country's only full-time residential painting franchise, has some tips to offer homeowners who may be looking for a painting crew.

George Fougeron, president of the Oaks, Pa.-based company says that in the \$100 billion painting industry, the average homeowner spends at least \$2,000 on home repainting over the course of five years.

"More important than the money," says Fougeron, "is the home itself. You want to be sure that your upkeep, both inside and out, is of excellent quality."

Certa ProPainters offers the following five things to look for before hiring a painting contractor:

1) References: And make sure you really call them. Find out about the quality, service and overall performance. Ask if they would hire that crew again.

2) Detailed List of Preparation to be Done: If someone has to uproot your begonias to paint the exterior of the house, you want to know that beforehand.

3) Detailed List of Items to be Painted: Without this, that beautiful white trim might be painted mint green along with the wall.

4) Match What You're Promised to the Back of the Paint Can: That's right! On the back of paint cans are

complete instructions on how to "prep," such as washing walls first. If your contractor hasn't included this in his/her prep list, he's cutting corners!

5) Do Get at Least One Other Bid: Three is usually good, but get at least two different bids. After all, you need to compare to something!

### Five Things to Review Once the Job is Done:

1) Review Contract: Was everything you agreed upon done?

2) Walk Around the Property or Rooms: Was everything done the way you wanted? You need to address issues then and there.

3) Errors: Check for drips, paint where it doesn't belong, missed spots and loose and lifting edges.

4) Neatness Counts: How did he or she leave things? How is the area where the equipment was stored? If outside, how is your garden and shrubbery?

5) Make Sure Everything Works! Check your windows to make sure they weren't painted shut. Open and close them before the crew leaves. If inside, check electric sockets.

Fougeron adds, "It's in a painting contractor's best interest to see that all is perfect. After all, when customers are satisfied with the service, they will call the contractor back again and again, and refer him or her to their friends and neighbors."

When all is said and done, minor repairs to the home, both inside and out, will increase its value for a new buyer, or just make the owner's life much easier.

The latest and hottest home service available for this is the Handyman segment of home improvement. Mr. Handyman, of Ann Arbor, Mich. and a sister company to Molly Maid, the nation's largest residential cleaning franchise, offers these tips on finding a handyman:

### Find the Right Handyman

There are many handyman services that run ads in

the classifieds. By referring to the Yellow Pages, you will see businesses with a bigger investment into the success of the business. Ask for references so you can speak to previous customers and ask the customer if they would hire the service again.

### The Right Person

Ask about the backgrounds of the people employed by your handyman service. Do they hire tradespeople with a broad background in home projects?

### Practice Makes Perfect

Find out how long the handyman service has been in business. A long established company has a track record, which will obviously make them more experienced and professional. This helps you receive prompt, quality service with fewer hassles.

### Insure Yourself

Verify that the service is complying with the appropriate insurance regulations, such as worker's compensation. You want to make sure that if an accident occurs, you are not held responsible. Be sure to choose a service with bonded, insured, employees. Ask for references.

### A Taxing Experience

A legitimate handyman service takes care of social security and other payroll taxes for their employees. An important point for you, because by law, you must pay social security taxes on any household employee. If you don't think this is an issue, dig up the news stories of Zoe Baird, who lost her bid to become the Attorney General because she had not complied.

### Product Probing

Ask questions about the products that will be used to fix your home. Find out about warranty availability. Ask if they guarantee their own work so you can ensure the job will be done to your

(See TIPS, page eight)

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## Projects

improve the taste of the water coming from the tap. "Not everyone likes the taste of their tap water," says Vandervort. "For those who choose the filtration route, an attractive, yet practical solution is the ClearTap Water Filtering Kitchen or Lavatory Faucet, made by American Standard. It removes contaminants, retains fluoride, and produces clean, good tasting water with the turn of a faucet handle."

■ Kids climbing the walls? Try scrubbable paint.

Ketchup, food, scuff marks, mud all these things can just be wiped clean with some of the new high-performance paint finishes available today. "Interior paints have a scrubbability rating, established through standardized testing," Vandervort says. "Though this rating may not be posted on the can, a paint

retailer should have information on the rating."

"One problem with using a flat paint on interior walls is that it doesn't take kindly to scrubbing," he says. "If you scrub it with a damp cloth, you'll remove the dirt or smudge, but the exposed pigment particles can ruin the finish. To avoid this, choose a high performance paint (not flat), that can stand up to a good washing."

■ Expand space with drawer organizers.

Is a small-sized kitchen or bath cramping your style? Try adding drawer organizers to increase your storage space. These days, you can find a nice range of inexpensive racks and slide-in baskets at discount and hardware stores. Whether you store cleaning utensils, Grandma's vintage pie pans, or your favorite bath salts you can create new nooks and crannies for all of your stuff, and get the clutter off the counter.

nating border. Or try installing bath tile that contains a subtle pattern and then repeat it onto the floor. If your bath is really petite, try using a trim pedestal lavatory or wall hung fixtures — both free up valuable floor space. Also, remember to go

heavy on the lighting and choose reflective surfaces, such as a shiny marble vanity.

For more easy and inexpensive tips on sprucing up your home this summer, visit [www.americanstandard-us.com](http://www.americanstandard-us.com) or [www.hometips.com](http://www.hometips.com).

## House

colorful designs with faux finishes often using sponges and stencils. Many women are now looking at painting as a form of expression and look at their walls as their canvas. Workshops held at home centers and paint dealers are teaching women to paint like pros using some of the latest color options, including denims, dark blues, greens and maroons. Painting is also one of the easiest projects to take on in a home and one that can be accomplished at a relatively low cost. Painting a room is also one way to make a dramatic difference — quickly — and color can really open up the living space or give a ho-hum room character. Plus it provides immediate satisfaction and boosts a woman's confidence to tackle other home improvement projects.

### 2. Gardening/Landscaping

Gardening and landscaping provide a perfect excuse to be outdoors — and get something accomplished at the same time. In addition, the results of these efforts produce beautiful flowers, foliage, shrubbery and plants that can be enjoyed all season. For a woman looking to make an impact, home centers and greenhouses offer a multitude of options that allow a DIYer to spruce up her own yard by adding mulch, new shrubbery or flowers. Other options include adding a small hedge for extra privacy or a brick flowerbed border for some additional yard definition.

### 3. Wallpapering

Many of today's wallpapers are pre-pasted, which means the woman DIYer only has to wet the roll in water and position it on the wall. Even if a room is already painted, a decorative border can add just the right touch of style and color. These borders are popping up on all areas of the wall — not just near the ceiling. Try a waist-level, chair-rail border or even something at eye level to break up the room. Another option is to put a border around a window to give it a "framed" look. Much like painting, wallpaper can change the look of a room in just a

few hours — and if you do it yourself, it is a relatively inexpensive proposition.

### 4. Installing a New Kitchen Faucet

Creating a functional workspace in the kitchen is a must for most women and changing and upgrading faucets are increasingly popular kitchen DIY projects. Often, they opt for a pullout faucet that offers the ability to easily fill up large pots, water plants or clean all areas of the kitchen sink. Not only are these pullout faucets functional, they are stylish as well. Moen's extensa pullout offers elegance and a host of finish options to complement any kitchen decor, including today's hottest stainless looks. There are also pullouts available that offer the ability to filter water, such as the PureTouch filtering faucet. And, one of the best things about pullout faucets is that while they look complicated, they are actually easy to install — just like a regular kitchen faucet.

### 5. Putting in a New Floor

Carpet and vinyl are becoming a bit passe. Women are opting for new tile options that not only look great, but clean up well too. An inexhaustible range of patterns, colors and textures make tile a great way to enhance a room and add a little self-expression, plus, tile is easy to install. Once a pattern has been established, simply add adhesive to the back, position it properly on the floor and tap the tile with a rubber mallet to set it in place. Hardwood is also making a comeback as a popular flooring choice. New parquet floors are installed in much the same way as tile and are much easier to work with than older-style hardwood strip flooring. Specialized kits provide everything the woman DIYer needs to install the floor herself.

So the next time you are looking for a gift for that important woman in your life ... maybe she'd like a hammer, some nails, a paintbrush or a faucet ... these are the gifts today's woman homeowner can truly use (Uh, but you might want to check with her first!)

■ Continued from p3

■ Brighten it up.

For an easy and inexpensive way to brighten up a kitchen, install under-the-counter lighting. A small purchase at the hardware store is all it takes to completely change the way the light hits the surfaces of a room. You can also save energy dollars by choosing the right lighting. "Switch from incandescent light bulbs to highly efficient compact fluorescents, and you'll use about one-quarter to one-third less energy to produce the same amount of light," Vandervort says. Another tip: move natural light further into rooms by bouncing it off the ceiling. A window located close to the ceiling works for this, as do louvers or operable blinds that can help direct light.

■ Make a tiny bathroom look larger.

Even a bathroom the size of a phone booth can look larger with a little ingenuity, according to [www.americanstandard-us.com](http://www.americanstandard-us.com). Try using lighter, cooler colors: they feel airy and trick the eye. Wallpaper with a smaller pattern also helps expand the space. Try some on the ceiling, or emphasize horizontal lines with a coordi-

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## Rebates

■ Paint the exterior. What areas need paint? How about a new trim color?

■ Remove storm windows or doors and replace with clean screens.

■ Replace the front door. It can create a dramatic difference in your home's

appearance.

■ Give your home a facelift with attractive enhancements such as new awnings and large planters overflowing with flowers.

■ Plant new flowers and shrubs. It is amazing how they can add energy and life to the leftover winter blahs.

■ Spread mulch around shrubs and flowerbeds to give your yard and garden a manicured look-and save time weeding.

■ Build a deck to enhance your outdoor living experience.

■ Install a hot tub or cover your patio.

■ and seal your deck to prepare for outdoor dining and entertaining.

■ Make plans to install a new sprinkler system, walkway or fence.

■ Ensure that the downspouts are directing water away from the foundation of your house.

■ Inspect, clean and repair outdoor furniture.

■ Make sure the tank on your gas grill is full so you are ready for a barbecue and guests.

## For the Inside

■ Install a skylight in your kitchen. This will save electricity by shedding natural light throughout the day.

■ Dust and clean light fixtures and ceiling fans.

■ Paint a few rooms to give your whole house a clean and refreshing feeling. Although the white-walled appearance remains popular, the current trend across the nation is bold and beautiful. Pick one or two rooms and paint a wall red, raspberry or deep blue.

■ Install new countertops in your kitchen.

■ Refinish your cabi-

nets or install new ones. Oak is popular, affordable and durable.

■ Make sure all doors and windows close and lock properly.

■ Have your air conditioner or evaporative cooler serviced and replace all filters.

■ Have your air ducts and vents professionally cleaned.

■ Get your carpets professionally cleaned, or change your look entirely in a room or two by installing wood or tile floors.

■ Check for termites and insects, and call an exterminator if needed.

And last but not least, make a list of the projects that you can do yourself and those that should be tackled by a professional. Instead of playing telephone tag, consider going online to expedite the process. Visit sites like ServiceMagic.com to quickly get connected with prescreened, customer-rated contractors ready to work for you. ServiceMagic can also provide you with valuable tips, guides and expert advice on hundreds of home-related topics. This will help you to be more informed when making decisions for your home.

## Tips

■ Continued from p6

standards and satisfaction.

### Timeliness and Flexibility

A service with a fleet of service vans will be able to take care of your home more quickly. Ask how many vans they have on the road. Find out how they schedule their jobs. Are they all by appointments? Or do they offer on-call status to allow quicker turn-around on small jobs?

For more information on all of these services, visit the following Web sites: www.pillartopost.com, www.jet-black.com, www.gocerta.com, www.mrhandyman.com.

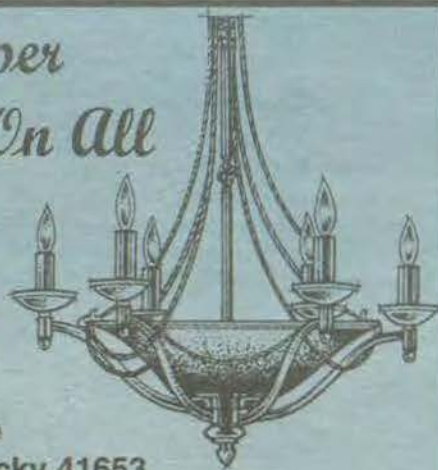
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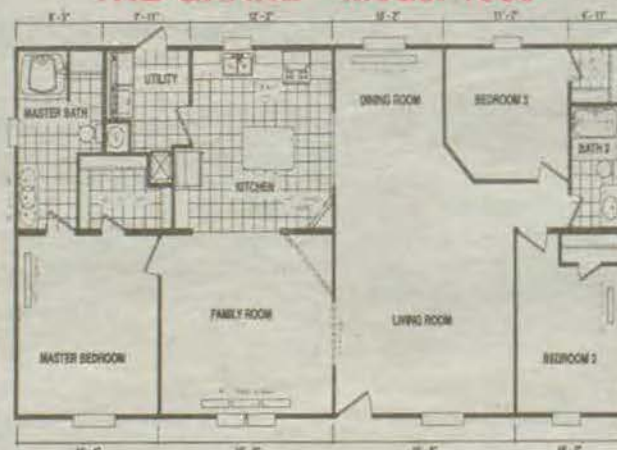
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