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Grand jury returns sex abuse indictment

by Randell Reno
Staff Writer

On the same day he was indicted on a charge of first-degree sexual abuse, Prestonsburg police officers were called to escort Sheridan Martin away from his alleged victim Tuesday.

Officers convened at the Department for Employment Services in Prestonsburg to escort Martin from the premises, where he may have broken his bond.

Martin's bond stipulates that he have no contact with the alleged victim. The Prestonsburg Police Department did not file charges against the attorney, but the victim's husband said charges were being sought in the incident.

Kentucky State police have been contacted to investigate the incident.

Other indictments handed down by the Floyd County Grand Jury include:

■ Edgar Hedrick, 26, of Tomahawk. Hedrick was charged with three counts of theft by unlawful taking, two counts of criminal attempt to commit theft by unlawful taking, three counts of receiving stolen property, and fleeing or evading a police officer.

■ An alleged accomplice of Hedrick was also indicted. William Ferrel, 25, of Louisa was charged with three counts of theft by unlawful taking, two counts of criminal attempt to commit theft by unlawful taking, five counts of criminal mischief, and two counts of receiving stolen property.

(See Charges, page three)

Martin flood project gets green light

by Randell Reno
Staff Writer

After being blocked on several sides by financial woes, the flood project for the city of Martin will become reality.

County Judge-Executive Paul Hunt Thompson recently sent a letter to the U.S. Army Corps of Engineers stating the county would shoulder the project's responsibility.

The Corps has two plans ready to submit to the county for the city, said Thompson.

The project will raise the city of Martin, which is situated at the confluence of the left and right branches of Beaver Creek, above the historical floodplain.

The Corps of Engineers has promised to rebuild the residential areas, but there are no plans for the commercial areas or industrial areas to be rebuilt.

With the agreement in ink, the first steps to get the process for the city's development has begun.

Council members thanked Thompson for the county's help in the development, pledging to help the county if needed.

A successful disaster...



It was wall-to-wall students as Prestonsburg Elementary, above, conducted a tornado drill yesterday. All schools in the county were scheduled to have the drill. Meanwhile, emergency personnel, right, gathered at an Emergency Operations Center to monitor progress of the day of mock disasters.

County spends a day preparing for the worst

by Randell Reno
Staff Writer

While considering yesterday's countywide tornado drills a success, Floyd County Disaster and Emergency Services coordinator Lon May said it also shed light on some problems.

Students from schools in all points of Floyd County rushed into the halls to take a position along the supporting walls of their schools. Participating schools that reported to the DES office at press time include Mountain Christian Academy and the David School. Prestonsburg Elementary and South Floyd High School also participated in the drill.

Some problems were discovered during the test. The siren at Allen was found to be in dis-

repair, causing the local fire station to position trucks throughout the city using their sirens as an alert.

The DES office had problems with its paging system. Long complained about by fire departments, the pages sent were not universally received by the emergency services.

The older software used by the DES office for paging was found to be incompatible with the newly upgraded computers.

Also, ham radio operators discovered transmission problems because of a downed repeater.

Many of the problems were addressed soon after the drill ended.

Several local agencies were contacted by DES about the drill, including local hospitals,

Kentucky State Police Post 9, and Area 9 of Kentucky's Division of Emergency Management.

The Floyd County and Left Beaver Rescue Squads, the Prestonsburg Fire Department, and the county judge-executive's office assembled at the county's Emergency Operation Center (EOC) inside the DES office.

"We have to prepare for the absolute worst thing that could happen," said May. The drill was intended to find problems in the system, he said.

Isolating the problems will help the county be alert in case such severe weather strikes the area.

"We did find some problems and we are working them out," said May.



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Briefs

AWOL soldier arrested for hit-and-run

A Martin man was arraigned on charges of desertion and leaving the scene of an accident in Floyd District Court Tuesday.

State Police Trooper Ronald Peppi arrested Edmond J. Slone, 20, Monday for fleeing the scene of an accident at Cliffside Apartments in Prestonsburg.

A report filed by the officer stated that Slone said he had been discharged from the Army six months ago but Slone was carrying an active military identification which doesn't expire until October 2001.

A check through the NCIC confirmed Slone was wanted by the military for desertion.

Slone will be held in the Floyd County Detention Center without bond until he can be handed over to the Army.

Slone will be returned to the custody of military police and will face a court martial proceeding which, if he is convicted, could include jail time and a dishonorable discharge.

Governor unveils revised state budget

By Karla Dooley
KPA News Bureau

Gov. Paul Patton has released a revised budget in wake of the failure of his large scale proposals for tax reform, which he had hoped would bring in millions more for the state.

Although the reworking of the governor's budget includes several cuts, it also includes new "add ons" for post-secondary education, family resource centers, economic development grants and work on two of the state's locks and dams.

Budget Director James Ramsey said he feels comfortable with the state's financial situation, despite the shuffling.

"When you look at this total package, it's a fiscally sound, solid package," he said.

Over the weekend, House leadership perused the budget, which now has \$129.3 million shaved off for the two-year period.

Much of the savings would come from bond sales, cuts in the governor's proposed

wage equity plan and revised estimates of what it costs to run the state.

By using bonds rather than cash to pay for some capital projects, community development projects and the Renaissance Kentucky Program, the state would save \$39.8 million.

The state saves an additional \$28.9 million by scaling back the governor's plan to increase pay for thousands of state employees. Only the "most grievous inequities" will be addressed in the proposal for a revamped pay scale, Patton said.

And new assessments would have the state gaining \$54.8 million more than it had previously expected from property taxes, capital investments and sales tax on jet fuel.

The state gets back \$1.8 million by not creating a board to oversee collective bargaining for state employees and \$4 million by devoting less money to a fund that is used to pay settlements for lawsuits against the state.

After House Democratic leadership met, Patton seemed optimistic about the chances

of his plan remaining largely intact in the House.

"I think that there's some broad support," he said, adding, "It's still a little bit premature."

Patton did not attend the briefing on his new budget but commented on it during a news conference at which he unveiled details of how he's reducing his plan for wage equity among state employees.

One of the biggest additions in Patton's new budget is a commitment of \$13.1 million more to the state's higher education institutions over the next two years.

The original budget included a 2.4 percent increase in funding for all the state's public universities and community colleges, and several others would have received additional increases on top of that, all at a cost of \$306 million.

Some university presidents complained over the distribution of the extra funding, but Ramsey insisted that the new across-the-

board increases were not included because of that pressure.

The new budget would also make good on a promise the governor made in the State of the Commonwealth address to fully fund the family resource centers for the state's public schools.

Only 47 would have been created under Patton's first budget, but the new proposal includes a recommendation for 94 centers, which would cost \$5.6 million more.

In addition, the new plan proposes \$2 million for economic opportunity zone grants and \$1.5 million for work on two locks and dams on the Kentucky River that supply water to Lexington and Richmond.

Both projects, which will be funded as part of the state's \$909.6 million recommended debt, were left out of the original budget because of oversights, Ramsey said.

Patton is cutting \$43.6 million from the

(See Budget, page three)

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Six inducted into Kentucky journalism hall of fame

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Six people will be inducted into the Kentucky Journalism Hall of Fame at noon Monday, April 10, at a luncheon at the Hilary J. Boone Faculty Center at the University of Kentucky. The Hall of Fame honors individuals who have made significant contributions to the field of journalism.

The six are:
• The late John Michael "Mike" Barry, editor of the Kentucky Irish American, a weekly newspaper published in Louisville from 1898 to 1968. Barry was editor from 1950 until its closure. He spent his life working in various positions at the Irish American and later as a sports columnist for The Louisville

Times. He also was a sports commentator for WAVE radio and television in Louisville. Barry died in 1992.

• Oscar L. Combs, founder of The Cats' Pause, a tabloid dedicated to coverage of UK sports. A native of Jeff in Perry County, he started his career as a high-school sophomore writing high-school regional sports news for The (Louisville) Courier-Journal.

After attending Cumberland College, he served as news editor of the Hazard Herald in 1965. Four years later, he became editor of the Eastern Kentucky Voice, which he later purchased along with the Tri-City News. Later he launched The Cats' Pause, which was instantly successful, eventually winning subscribers nationwide and in some foreign countries. He sold the newspaper to Landmark Community Newspapers in 1997.

• John Lewis "Jim" Hampton, former editor of The Miami Herald which won two Pulitzer Prizes under his leadership. A graduate of UK, he was editor-in-chief of the Kentucky Kernel and was named outstanding journalism graduate of 1959. He worked for The Associated Press in Louisville and Lexington before joining The Courier-Journal, becoming chief of the Bluegrass Bureau.

He later served 10 years as a writer and editor for the National Observer. He covered the 1968 presidential campaign, anti-war demonstrations at the Democratic National Convention in Chicago and the killing of four students at Kent State University by National Guardsmen. He holds a master's

degree in communications and journalism from Stanford University, and was named to UK's Hall of Distinguished Alumni in 1975.

• Timothy M. Kelly, publisher of the Lexington Herald-Leader. A native of Ashland, Kelly began his newspaper career at age 17 as a part-time sportswriter for the Ashland Daily Independent. He later was a sports writer and copy editor in Huntington, West Virginia, Miami and Louisville.

At age 25, he was named executive editor of The Philadelphia Inquirer, followed by key positions at the Dallas Times Herald, The Denver Post, Los Angeles Daily News and the Orange County (California) Register. While serving as managing editor in Denver and Orange County, his newspapers won Pulitzer Prizes. He served as executive editor of the Lexington Herald-Leader from 1989 to 1991, as editor from 1991 to 1996 and became publisher in 1996. During his tenure, the newspaper won a Pulitzer Prize for editorial writing.

• Mary Jeffries, longtime award-winning newscaster at WHAS radio in Louisville. After graduating from Western Kentucky University in 1981, Jeffries worked for two years at radio stations in Eminence and Elizabethtown. She joined WHAS in 1983 as a reporter and later became assistant news director.

She has received two Peabody Awards, two national Associated Press awards, two Headliner Awards, two Scripps-Howard Awards, two national awards from the Radio-Television News Directors Association and two Gabriel awards.

• The late Ted Poston, possibly the first African American to cross the color line into the newsroom of a metropolitan "white" newspaper. Born in 1906 in Hopkinsville, Poston moved to New York in 1928 and worked for several black newspapers.

In 1936, he was hired by the New York Post, where he covered several national stores including the spreading civil rights movement in the South, the integration of Central High School in Little Rock, Arkansas, and the first trial of Byron de la Beckwith for the murder of civil rights leader Medgar Evers.

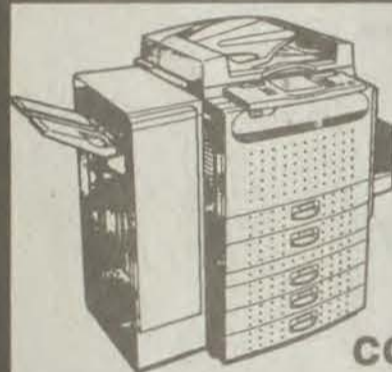
The New York University School of Journalism cited his coverage of the 1948 "Scottsboro Boys" trial as one of the Top 100 best works of American journalism. He retired in 1972 and died in 1974.

Inductees to the Kentucky Journalism Hall of Fame are natives of Kentucky or have spent a substantial part of their careers in the state. The hall is sponsored by the UK School of Journalism Alumni Association.

Tickets to the luncheon are \$15, and may be obtained from the School of Journalism and Telecommunications, University of Kentucky, Lexington, Ky. 40506-0042. The inductees also will attend a 7 p.m. dinner prior to the annual Creason Lecture, which will be given by nationally syndicated columnist Clarence Page.

Tickets to the dinner are \$35, and tickets to both the luncheon and dinner are \$50. Reservations and payment for each or both events must be received by March 29.

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Betsy Layne Elementary students take advantage of the recently-installed canopies that allow students to go between all buildings (including the gym) without being exposed to the weather. (Willie Elliott)

KCTCS distance learning serves students' needs

LEXINGTON — Kentucky's community and technical colleges are responding to the changing needs of students by moving rapidly into the world of high-technology distance learning.

This spring semester, institutions in the Kentucky Community and Technical College System (KCTCS) have enrolled 2,558 students in courses delivered via various modes of distance learning, including:

- Internet-based courses
- Classes delivered through inter-

active television sites on college campuses

■ Courses telecast on Kentucky Educational Television

"Distance learning is consistent with our overall philosophy," said Dr. Michael B. McCall, KCTCS president. "We provide education and training whenever and wherever students want it. Over the last year, our colleges have seen a remarkable increase in enrollment in classes delivered via distance learning."

All 13 of the community colleges in KCTCS provide classes by distance learning: Ashland, Maysville, Prestonsburg, Southeast, Hazard, Somerset, Jefferson, Elizabethtown, Owensboro, Henderson, Hopkinsville, Madisonville and Paducah.

Five of the 15 technical colleges currently offer distance learning - Central Kentucky (Lexington), Elizabethtown, Jefferson, Laurel and West Kentucky (Paducah) - with more soon to follow.

This spring, KCTCS colleges are offering 112 distance-learning courses in such varied areas as writing, business, history, algebra, literature,

dental hygiene, theater, physics, health, and network and information systems. Here are some of the creative ways in which KCTCS is offering distance-learning courses and programs:

■ In Eastern Kentucky, KCTCS colleges have established an innovative program in dental assisting/dental hygiene that employs distance learning. A similar program is being developed in West Kentucky.

■ KCTCS is creating an associate in arts degree that will be delivered totally on-line starting in fall 2000. The degree is designed to transfer to a university-level bachelor's degree program in business.

■ KCTCS is a major partner in the Kentucky Commonwealth Virtual University (KCVU), serving about 15 percent of all students enrolled this spring through the KCVU.

"Distance learning is a valuable tool that assists KCTCS colleges as we offer courses that accommodate students' busy lifestyles," McCall said.

"That's our job — to ensure the success of students."

Correction

In a board of education story in last Wednesday's Times, Betsy Layne High School principal Margaret Vaughn was quoted as saying she could spend only about 40 percent of her time in classrooms with teachers. The quote was actually made by Betsy Layne Elementary principal Karen Allen. Vaughn also wants to remind people that Betsy Layne High School's SBDM meets on the third Wednesday of each month rather than the first Wednesday as listed in the Times.

CHIROPRACTIC OUTLOOK



Dr. Phillip R. Simpson

MISALIGNMENT OF SPINAL JOINTS

The spinal cord is covered by 24 bones called vertebrae. These vertebrae protect the spinal cord from injury, stabilize the spinal cord, and allow the spinal cord a full range of motion. Each vertebra forms a joint with the one above it and the one below it. These joints are made up of bone, cartilage, connective tissue, lubricating fluid, and an array of nerves that serve different functions. The joints sometimes become misaligned, trapping the nerve that passes through them. This misalignment can be due to a number of factors including injury, disease, posture, or neurological imbalance. Any imbalance in the movement of the spinal column or the function of the joint receptors can disturb the nervous system. Doctors of chiropractic specialize in the spine and its relation to the entire musculoskeletal system. Through the use of spinal adjustments, they directly address these misalignments to maintain a healthy spinal cord and a healthy nervous system.

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Floyd representative pushing legislation to help families preserve inherited land

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Legislation to return control of heirship land to family members has been introduced in the Kentucky General Assembly.

House Bill 872 would require that coal companies get the consent of the owners of at least 51 percent of undivided property before being allowed to strip mine the land. The bill is sponsored by Rep. Ira Branham who represents parts of Pike and Floyd counties.

"House Bill 872 would prevent a coal company from coming on your land to mine without

having a majority of the interest (heirs)," explained Tom White of Pikeville. "As it is now, they can come in and mine with one minute interest, no matter how small. If there's 50 or 100 people in the heirship, they only have to have one of them."

"This would let coal companies understand that we have rights, too, and our land is precious to us," said Patty Amburgey of Letcher County. "We do want to preserve our family land and have a right to say what happens to it."

White, Amburgey and other members of Kentuckians For The Commonwealth (KFTC) say that coal companies are using a loophole in the undivided property law as a way to get around the 1988 broad form deed constitutional amendment. That amendment, approved by 82.5 percent of the state's voters, required that a coal company have the permission of the landowners before being allowed to strip mine.

In Amburgey's case, a coal interest bought a one-seventh interest in the family farm in Knott County where she grew up. Without the knowledge or permission of the six heirs, a coal company began core drilling on the land. So far, the company has not gotten a permit to strip mine.

But under Kentucky law it could. "It's a slap in the face of 80 percent of the state's voters who thought the constitutional amendment would limit the broad form deed," said Amburgey.

HB 872 would require that the owners of a majority interest agree to the mining before it can take place.

"What this bill would do is help give our family back some of our rights that have been taken from us by a stranger that has bought one share," Amburgey said. "It would also give us some hope of keeping the land as my grandfather had hoped for it to be for his grandchildren. It would give us at least a chance to say what happens to our land."

White faces a similar threat to his family's land.

"They (a coal company) sunk my mother's well after she died in 1995. No one has been able to live in the house because the water is destroyed," White said. "It's unjust. No one outside the family should have the right to come in and destroy the farm and cover my mother's house up."

The state's property law does not allow a minority owner to "waste" undivided land. That prohibits the owner of a minority interest from commercially logging the land. But it does not pre-

vent strip mining. That's the loophole KFTC is trying to correct.

Floyd County residents interested in voicing an opinion on

House Bill 872 to local legislators Rep. Greg Stumbo or Branham, may do so by calling the toll-free Legislative Message Line at 1-800-372-7181.



The average person takes between 12 and 18 breaths a minute.

Advocates fear affordable housing trust fund will be left out in budget struggle

As the Democratic Leadership and the Chair of the key budget making committee of the Kentucky House of Representatives formulate a revised state budget, they have postponed action on House Bill 392. The bill, introduced by Representative Jim Wayne (D) of

Louisville, takes a portion of unclaimed prizes from the Kentucky Lottery each year to fund the Affordable Housing Trust Fund (AHTF). Over the weekend and in the committee meetings next week, budget makers will decide whether or not to appropriate potential unclaimed awards prizes for other areas in the budget. A statewide coalition of concerned citizens, advocates and nonprofits are urging their Representatives to break the log jam and pass HB 392 as is.

Currently the first \$6 million unclaimed awards are retained by the Lottery Corporation and returned to the prize pool. The Lottery estimates it needs this amount to maintain lottery revenue at the levels the state has received in past years. Under HB 392, the AHTF would receive funds only after the \$6 million level is attained each year. In 1998 legislation, which instituted this funding mechanism for the 1998-99 and 1999-

2000 fiscal years, passed the General Assembly with strong bipartisan support. HB 392 makes the arrangement permanent.

The AHTF provides just enough money in grants or low-interest loans to make conventional financing and other funding sources reach the poorest Kentuckians, those making below 60 percent of their area's median income. Since it's beginning in 1992, the program, administered by Kentucky Housing Corporation, has enabled nonprofits and local governments to construct, rehabilitate or finance 2,253 units of affordable housing for the poorest Kentuckians. Projects were funded in every region of the state. At least 60 percent of all funding goes to rural areas. In 1998-99 \$5.8 million in unclaimed lottery awards were transferred to the AHTF, allowed more units to be produced last year than in all previous years of the program combined.

Budget

Continued from p1

state's proposed debt by not proceeding with renovations to the Capitol complex and delaying construction of a new executive office building. The state will go forward with design and planning for the projects.

Kentucky's debt capacity ratio will stand at 6.04 percent. Economic analysts have said the state needs to keep that figure at 6 percent or less.

"We think that we will manage," Ramsey said. "We'll be in balance at the end of the year."

Charges

Continued from p1

ing stolen property.

■ Clyde Boyd, 43, of Banner was charged with four counts of receiving stolen property and two counts of obscuring the ID of a machine.

■ Jack Call, of Barboursville, W. Va., was indicted on six counts of theft by unlawful taking. In a separate case Call was indicted on a single count of theft by unlawful taking.

■ Ramere Delaney Hayes, 18, of Prestonsburg was indicted on one charge of first-degree arson.

■ David K. Hitchcock, of River in Johnson County, was indicted on

two counts of theft of a controlled substance and two counts of theft by unlawful taking.

■ Shannon Mollette, 18, of David was indicted on a single count of second-degree escape and possession of marijuana.

■ Phillip Sword, 37, of Kimper, was indicted on the charge of theft by unlawful taking.

■ Christopher Clark, 21, of Harold was indicted on one count of theft by unlawful taking.

■ Timothy Shepherd, 28, of Garrett was indicted on one count of third-degree criminal mischief.

■ Bobby Gene Litton, 34, of

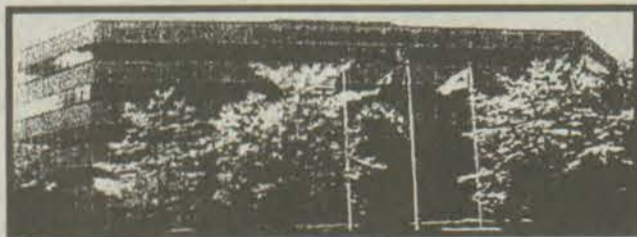
Stambaugh was indicted on a flagrant non-support charge.

■ Alex Hernandez, 39, of Prestonsburg was indicted for one count of flagrant non-support.

■ Doug Hagan, of Harold was indicted on a charge of possession of marijuana.

■ Cleo Hamilton, 23, of Beaver was indicted on one count of DUI.

Note: An indictment is not an indication of guilt, but is instead a determination by a grand jury that charges warrant a full court hearing.



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—First Amendment of the U.S. Constitution—

Viewpoint

QUOTE OF THE DAY...

Heaven is under our feet as well as over our heads.

Henry David Thoreau—

Wednesday, March 8, 2000 A4

Editorial

Amendment on regulations isn't needed; better solution is better legislation

One of the few good things about Kentucky's archaic and obstructionistic Constitution is that it at least borrowed the notion of three equal branches of government from the federal Constitution.

Now some lawmakers want to pass a bill to allow Kentuckians to amend the Constitution to weaken some of the powers of the executive branch while giving more power to the legislative. The rationale stems from a belief that the administration is abusing its authority in enacting regulations that do not comply with approved legislation.

If that sounds a bit mundane, consider this: If legislators did a better job of crafting new laws, this problem would mostly be solved without an unnecessary tinkering with the balance of power.

The House Elections and Constitutional Amendments Committee approved a bill last week that would allow the General Assembly the power to overrule administrative regulations even when it is not in session.

Once the legislature passes a new law, the administration is charged with the duty of drafting the regulations that would put the law into effect. Legislators claim that the executive branch at times writes regulations that either subvert the intent of the law or go further than what was passed.

There is certainly evidence of this. Part of it could be from a governor who tries to sway the law after it is passed. But often the regulations are murky because the law passed is poorly written or else was amended in such a way that it is difficult to apply.

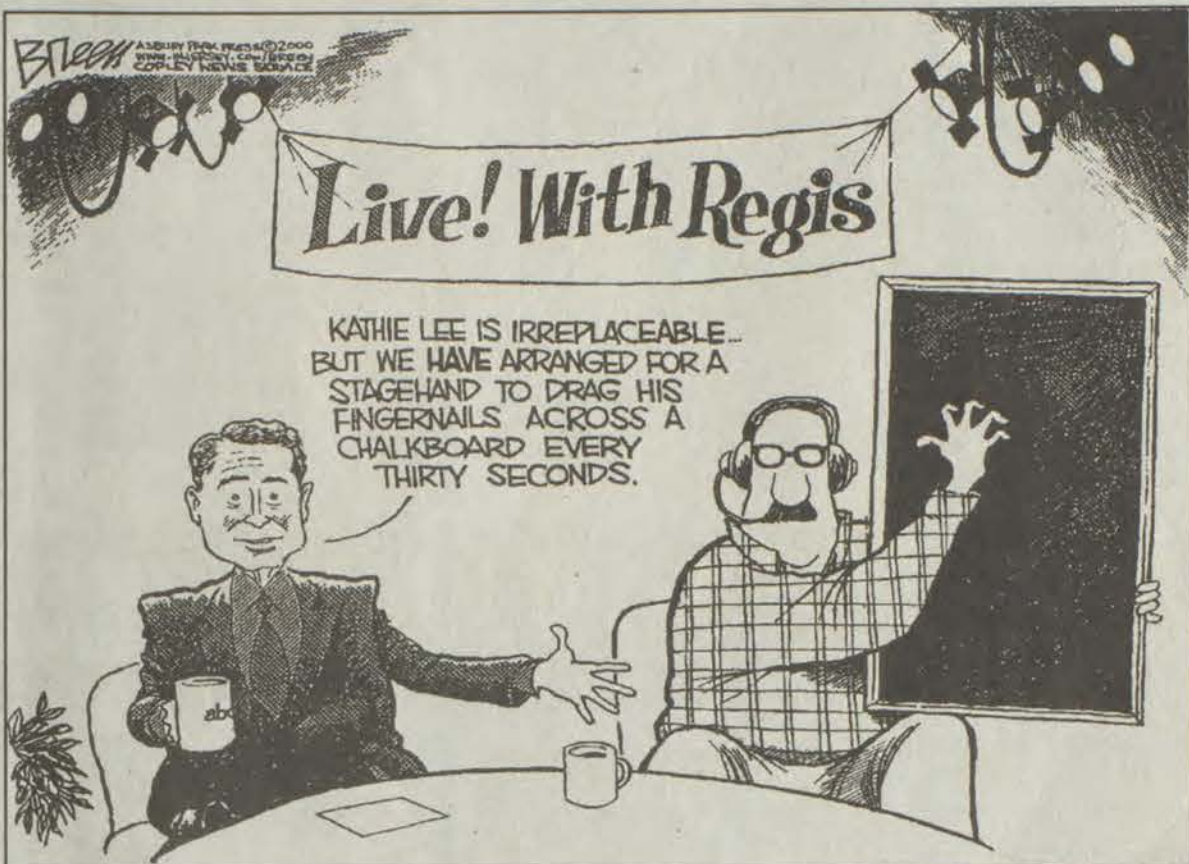
That was the opinion of Rep. Stan Cave, R-Lexington, who voted against the bill. "We'll pass anything," Cave said. "It doesn't matter how bad it is."

If the committee wanted to have more control over poorly written regulations, it should try to drum up support for annual sessions of the legislature. The ability to react to inappropriate regulations was one of the reasons given by proponents of annual sessions. A vote to allow annual sessions narrowly failed in 1998.

In the past 20 years, since John Y. Brown was governor, the legislature has had much more autonomy to conduct its business, bringing it up to the same level as the governor, as Paul Patton learned with his tax plan. It does not need an amendment to ensure it has more.

Kentucky's Constitution needs to be amended in so many ways to spur progress that this amendment would not even make the top 100 in priority. And since the Constitution only allows four amendments to be voted on in a year (another needed change), this bill should wait another 50 years.

—Owensboro Messenger-Inquirer



Letters to the Editor

Commends paper for Branham article

Editor:

As a native Floyd Countian now transplanted in Florida, I wanted to commend the Floyd County Times for the recent article about Jack Branham. I have known Jack and his family for longer than I can remember, however, I did learn things from this article that I did not know about him.

I was aware of the huge part he played in establishing the local fire department for Betsy Layne and the impact that had on our community, as well as many other areas in which he worked diligently to improve services for all of us. I remembered that he was a Boy Scout Leader as most of us young girls knew exactly where to find the scout camp at Dewey Lake.

As a former member of the Betsy Layne High School Band, I remembered how he supported our band and the director, Billie Jean. I have often wondered how many churches got their piano and organ players or music directors, thanks to the great music program at Betsy Layne.

Plus, I have attended the Kentucky Opry on sever-

al occasions when visiting my family, and was not surprised to learn that Jack was involved in the beginnings of that project as well. What great entertainment for the community, as well as encouragement to local talent!

I will admit that the \$60 fishing lure story I had heard and enjoyed, and I can vouch for the fact that he spent many a pleasant hour fishing and traveling with his buddy, Walter Hall. I might even speculate that they have a few stories between them that they have chosen not to share.

Again, I want to commend the paper for printing such a great tribute. I will confess that I do have more than a passing interest in the story. You see, that fishing buddy happens to be my dad, and the lady who wrote this tribute is my mom.

So, I can say from a personal level that I know this tribute has been written for a man and a family who have many accomplishments to their credit, and I am proud to be counted among their friends.

Nancy Hall Niles
Wesley Chapel, Florida

Supports 'bottle bill'

Editor:

I wish to voice my support of the "Bottle Law" that is being considered for passage in the Kentucky Legislature.

Eastern Kentucky cannot fully develop its fledg-

ling tourism industry as long as the streams, roads and trees are litter receptacles of bottles, abandoned cars and pampers. "Every litter bit hurts."

Rodney Salisbury
Southgate, Michigan

Guest Column

Unequal pay for women costs Kentucky billions

by Elizabeth Strom

Wage discrimination against women is hurting Kentucky's families and damaging our state's economy.

A 1999 survey by the Institute for Women's Policy Research for the AFL-CIO showed that the average family loses approximately \$4,000 yearly due to unequal pay for women. In Kentucky that amounts to an astounding \$2.5 billion each year that families - and our state economy - lose to the wage gap.

Even though equal pay is not a topic many employers or legislators want to discuss, women in the workplace are constantly dealing with the reality of the inequities in their paychecks.

In 1970, women were earning 59 cents for every dollar earned by men. Today, women earn only 72 cents for every dollar earned by a man. That works out to an increase of less than a half-cent per year. At this rate, women won't achieve the same rate of pay as men until the year 2055.

Why would positions having the same requirements - such as accountant, bartender, clerk, superintendent, custodian, lawyer, professor, firefighter - pay a man more than a female who has the same

level of skill, effort, training and responsibility?

In 1963, when President John F. Kennedy signed the Equal Pay Act outlawing wage discrimination based on sex, he declared, "This Act represents years of effort . . . to call attention to the unconscionable practice of paying female employees less wages than male employees for the same job." In January 2000 President Clinton appealed to Congress - as he had done the year before - to bolster enforcement of current equal pay laws.

And now the Kentucky legislature is considering a measure that would bring an end to gender-based pay discrimination in our state. The proposal under consideration would require equal pay for jobs that are equivalent in skill, effort and training.

Employers with eight or more employees would be required to pay employees equal pay for equal work without consideration of their gender, race or national origin. Job seniority and merit pay would still be acceptable reasons for pay differences.

Those who are opposed to eliminating gender-based differences in pay often preface their statements by saying they "support the concept," but then list why they are against equal wages. The litany of

See Guest, page five

Letters to the Editor

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

Mountain Voices

by Willie Elliott
Staff Writer



A little help from students

From time to time I need some help coming up with a column (meaning I need someone to write it for me.) Often the students in the Floyd County school system bail me out. Such is the case this week.

Carolyn Martin, a seventh and eighth grade reading teacher at South Floyd Middle School, held a competition in which she asked students to write an essay in which they explained the importance of reading. Below are the winners from both classes.

Why Reading is Important

Amber Swope
7th Grade SFMS

I think reading is important in everyday life, because reading is a way to gain knowledge and also can be a source of great joy.

There are so many things in everyday life that require written directions. Cooking often requires the use of recipes that must be read and followed. Driving requires written tests and the ability to read road signs. Even when buying something, reading is a great asset. It will be difficult to know what you are buying if you can't read labels or know all of the conditions of a contract that you might have to sign.

There are so many everyday things that require the ability to read. Whether using a computer, following directions on a map or baking a cake, these things among many others would be very difficult without the ability to read.

As I stated earlier, reading can also be a source of great joy. To see a child's face light up with joy and wonder while listening to a fairy tale is a wonderful thing. Or to be transported to another place and time, to be able to slay dragons, to live in the deep south, to travel to a foreign land or whatever your heart may desire is possible, at least for a while, in the midst of a great book.

Reading is one of life's greatest treasures and one that I will always cherish.

Reading Is Important

Adam Hicks
8th Grade SFMS

Reading is important because if you can read, you can learn almost anything you want to learn. When you read, you take in words through your eyes and this enables you to feed your mind. You can learn what people thought, felt and did

See Mountain, page five



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Phone 606-886-8506

Fax: 606-886-3603

E-Mail: fctimes@eastky.net

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Girl Scouts: Growing the next generation of leaders

Guest

Continued from p4

by Wendy Henry
Girl Scouts Communication
Manager

When we think of women on the 20th century, we think of firsts. We think of the pioneers, the leaders, those women who broke through barriers. We think of women like Wilma Rudolph, Rachel Carson, Madeleine Albright, Rosa Parks and Sandra Day O'Connor.

We think of these and the countless other women whose courage and determination to succeed propelled them past the obstacles they

faced, and onto the pages of history. As we look ahead in this exciting new century, we can only imagine the "firsts" that women will achieve. But we don't have to wonder who these women leaders will be. In fact, they will be the girls and young women who are growing up today. They, and the generations to come, are the women who will lead us tomorrow.

What we should ask ourselves is: Are we preparing them well to take on the challenges of leadership in this new millennium?

In Girl Scouting, we know quite

a bit about developing leadership skills in girls. We've been doing it for nearly a century. The results speak for themselves.

A recent Louis Harris poll shows that two-thirds of this country's women of achievement—our doctors, lawyers, educators, astronauts, political leaders—were Girl Scouts when they were young. Women like today show host Katie Couric, opera legend Jessye Norman, Space Shuttle Commander Eileen Collins, and so many others. Nearly a third of these women attributed "a great deal" of their adult success to Girl Scouting.

With 3.6 million members, Girl Scouting enters the 21st century committed to help every girl, everywhere, grow strong—strong in mind, body and spirit. To meet the needs of today's girls and young women, we are implementing more new initiatives and innovative ideas than ever before.

Award-winning programs like the Impact Project: Just for Girls Respite Weekends, which offers girls with emotional and behavioral disabilities the opportunity to participate in weekend camping programs while also providing respite

for their families.

But we can't do it alone. We need your help. We need volunteers and mentors in Girl Scouting. We know adults are busy, so we offer flexible options to anyone interested in helping girls grow strong.

We need older women to act as mentors to younger ones. We need women—and men—who can drive or chaperone girls to and from troop meetings, workshops or special events. We need women and men who can lead a Brownie troop or a group of older girls on a nature excursion or tour.

Whether it's once a week, once a month, or once a year, we need you to help us make a difference in the lives of girls through Girl Scouting.

Olympic Gold Medallist Jackie Joyner Kersee—who also happens to be a Girl Scout alumna—says it best: "It is better to look ahead and prepare than to look back and regret."

Isn't it better for all of us to do what we can today to help the next generation of women leaders succeed? Let's all do our part to help Girl Scouting develop the women leaders who will achieve the "firsts" of this new millennium.

excuses harks back to similar debates on the Equal Rights Amendment during the 1970s, employing scare tactics such as prophecies of skyrocketing insurance rates for employers, burdensome lawsuits, and burdensome regulations.

People who are opposed to fair pay like to argue that women's life choices, such as job selection and childbearing, are the reasons for the pay gap, not gender bias. But no one has explained why jobs held primarily by women are worth less than male-dominated jobs. Others contend that unequal pay is already being addressed by a free market, but they are usually unable to elaborate on how that is occurring—or to explain why, after 36 years, there is still a 28 percent wage gap.

As State Rep. Joni Jenkins has said, "Kentucky cannot afford to undervalue any of its workers. We need better laws to make sure women are earning what they're worth, and we need to make sure those laws are enforced."

Certainly it is not sound policy to undervalue any workers in our

state when some 25 percent of Kentucky children live in dire poverty. Raising family incomes will reduce poverty and will mean better health for our citizens. It will increase the likelihood of better education for our children and reduce dependence on government assistance programs. The availability of more disposable income and increased pensions for women will also benefit local economies.

What it all boils down to is fairly simple: Those who oppose fair pay are sanctioning a form of discrimination that is damaging our state's families and our economy. Equal pay for equal work will bring substantial benefits to Kentucky families.

Strom is legislative liaison for the Kentucky Chapter of the National Organization for Women.

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Mountain

yesterday or thousands of years ago.

Reading is also a very good source of communication. The written word can help someone express inner thoughts and feelings that the reader can relate to. I found this to be true when I began reading. I am an avid reader and I can run the gamut of emotions from books. I have felt joy, fear, excitement and have even been brought to tears although I made sure no one saw that!

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Home Owners CORNER



by Stan Stumbo & Vancel Thacker
GOING BLADING

The more than 2 million circular saws sold in the U.S. last year generally came equipped with a general-purpose blade. Outfitted with a minimum number of teeth (18 to 24), this blade is designed to cut speedily through wood products ranging from dimensional lumber to plywood and particle-board. The price paid for the cutting speed of a general-purpose blade is a rough-textured cut. For the very smooth edge required of finish work, a finish-cutting blade is required, which has a relatively high number of teeth. On the other end of the precision scale is the flooring blade, which has large, backward-tilting teeth that enable it to cut through embedded nails (which are sometimes encountered in remodeling work).

Do-it-yourselfers know that here at **HINDMAN PROMART** they can depend on finding the best in all the tools and other supplies needed to properly complete just about any project. Come on into our store, where you will find our staff very helpful and always anxious to answer your questions. We're nearby at #1 Pro St., Hindman (785-3151). Most major credit cards accepted. Open: Mon.-Fri., 7-5:30; Sat., 7-2. Count on us for your total building supply needs.

HINT: The toothless, abrasive blade known as the masonry blade enables do-it-yourselfers to cut through bricks and concrete blocks with their circular saws.

Continued from p4

In this day of technology and computers, reading is fundamental. You need to read to function in our society—to do banking, to fill out job applications, to go to school and make good grades, to fill out medical forms to receive services, to keep up with current events in the paper, to be able to see if you are being paid fairly on your paycheck and many other aspects of modern-day events.

I just can't imagine not being able to read! Ever since I've been big enough to talk, I've been exposed to books. My mom and dad read bedtime stories to me every night when I was small and when I learned to do it myself, the world opened. I was able to discover worlds and planets I may never go to physically, but to pursue in my mind.

Note: Students in Mrs. Martin's class prepared taped readings of Dr. Seuss works (including green eggs) to be used at Osborne and McDowell elementary.

The students in Bud Reynolds' social studies class hurt my feelings. I was asking them some questions about social studies such as when national elections are held and who is the county-judge executive. Then I asked them, "Who is that good-looking guy who works for the Floyd County Times?" They answered: "Ed Taylor."

Web Watch

Here are a few web sites you may want to click on to:

Riders Apparel is found at www.ridersjeans.com.

Rail Europe is found at www.raileurope.com.

Franklin Covey's stores are at www.franklincovey.com

H.D. Vest tax consultants are at www.hdvest.com.

Pharmaton is found at www.pharmaton.com.

For information about the 150th anniversary of the University of Michigan Medical School, visit www.med.umich.edu/medschool and click on the sesquicentennial logo.

The Valley Forge Convention & Visitors Bureau is found at www.valleyforge.org.

To find out more about Intranets, visit www.intranets.com.

Mediconsult.com is found at www.mediconsult.com.

The American Association of Pharmaceutical Scientists is at www.aaps.org.

TO ALL FLOYD COUNTIANS

Although family relations should never be the sole reason for voting for a candidate, the experience of us all has shown that a person's roots are a helpful indicator of his or her character. I trust mine speak of good things.

My father is Arnold Turner Jr., whose parents were Arnold Turner of McDowell and Annette Newsome Turner, originally from Ligon. Their parents were Joe "Hoss" Turner, originally from Turkey Creek, and Myrtie Martin Turner of Minnie and Milford Newsome of Ligon and Dona Hall Newsome of McDowell.

My mother is Libby Burga Turner, originally of Wheelwright, whose parents are Bill Burga of Hager Hill, and the late Alta Osborne Burga of Wheelwright. Their parents were Dewey Osborne and Eulah McReynolds Osborne of Wheelwright, and Thomas Burga of Johns Creek and Paulie Clark Burga of Brandy Keg.

My loving wife of 11 years is Angel Justice Turner, daughter of Billy Joe Justice and Shirley Stamper Justice of Mullins. We are blessed with two wonderful children, Blake 4 years old, and Celeste, 5 months old.

I ask for your vote, because I am the candidate seeking this important office for all the right reasons. I want to make our county a better, more decent place, where our children are safe, the elderly are protected, and the least among us are treated as fairly as the wealthy or powerful. That is my sole ambition. I consider no man my enemy, and seek only to serve. I know I can bring the decency and fairness needed to this office to make a new beginning for our county. January 1, 2001, will bring with it Floyd County's first full-time Commonwealth Attorney. Let's not turn again to the ways of the past.

Please help me by giving me your vote and support. I promise, you will never regret it and my conduct will always show my gratitude for your trust.



ELECT ARNOLD BRENT TURNER COMMONWEALTH'S ATTORNEY A NEW CANDIDATE FOR A NEW BEGINNING

Paid for by Arnold Brent Turner, Angel Turner, Treasurer, P.O. Box 388, Prestonsburg

PRESTONSBURG COMMUNITY COLLEGE

Prestonsburg Community College is seeking nominations and applications for the following faculty positions.

Tenure-track Nursing Faculty

Associate Degree Nursing Program

10 month, full-time position, August - May, begins August 1, 2000

Responsibilities: Nursing faculty instruct students in both theory and clinical components of the nursing program.

Requirements: Master's of Science in Nursing preferred. Must have two years of clinical experience within the last five years, and be licensed in the state of Kentucky.

Salary: Commensurate with qualifications and experience. Review of applicants will begin March 31, 2000.

Instructor

Management Informational Sciences

10 month, full-time position, August - May, begins August 1, 2000

The Business and Related Technologies Division seeks a knowledgeable and enthusiastic instructor in Management Informational Sciences. Candidate should possess a Master's Degree in Computer Science or related field. A strong interest in teaching, course development and Business and Industry training is essential. Applicants possessing a Bachelor's degree with any of the following certifications: MCSE (Microsoft Certified System Engineer), MCP (Microsoft Certified Professional), MCT (Microsoft Certified Trainer), CNE (Certified Novell Engineer) will also be given consideration. Review of applicants will begin April 10, 2000.

Procedure: Formal applications are available at Prestonsburg Community College, Office of Human Resources, Johnson Administration Building, Room 105 or via email: jackiececil@kctcs.net or by phone: (606) 886-3836, Ext. 339. Applicants must submit a completed application, current vita with list of references, graduate and undergraduate transcripts, and three current letters of recommendation to the Office of Human Resources at One Bert Combs Drive, Prestonsburg, Kentucky 41653.

Applications accepted until the positions are filled.



KCTCS-Prestonsburg Community College is an equal opportunity/affirmative action institution and is committed to providing equal opportunity through its employment practices.

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OBITUARIES

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Sept. 19, 1934
March 7, 1999



It has been a year ago, since you passed away, Heaven gained an angel, when God called your name that day.

You were always very special, with a heart full of love, Even though you're not here with us, you're watching from above.

Your presence here on earth, we will miss in every way, Now you've made it to your home, we want to be with you someday.

The good times that we shared, our love for you will never fade, For when the Lord created you, you were the best He ever made.

Sadly missed by
Your Family and Friends

Shirley Akers Davis

Shirley Akers Davis, 79, of Prestonsburg, died Friday, March 3, 2000, at Highlands Regional Medical Center, after an extended illness.



Born on February 19, 1921, on Johns Creek, Floyd County, she was the daughter of the late Albert Lee Akers and Octavia Burchett. She was a retired nurse at Mountain Manor Nursing Home, and a member of the Irene Cole Memorial Baptist Church.

She is survived by her husband, Loran Davis; two daughters, Jane F. Estep of Prestonsburg, Shirlene Conley of Clearfield; one son, Jason Davis of Prestonsburg; 2 granddaughters; 1 grandson; and 1 great-grandson.

Funeral services were conducted Saturday, March 4, at 4 p.m., at Carter Funeral Home Chapel, Prestonsburg, with Rev. Tom Nelson officiating.

Burial was in the Richmond Memorial Cemetery, Prestonsburg, under the direction of Carter Funeral Home.

Paul F. Porter

Paul F. Porter, 73, of Allen, died Sunday, March 5, 2000, at the Cabell-Huntington Hospital, Huntington, West Virginia, following a short illness.

He was born on May 20, 1926, in Allen, the son of Herman C. Porter of Allen, and the late Berniece Webb Porter. He was founder and owner of Porter Electric and Industries, a private pilot from 1965, and a Kentucky Colonel.

He is survived by his wife, Alejandrita Simundo Porter.

Other survivors include two sons, James Lacy Porter and Paul Douglas Porter, both of Allen; two daughters, Linda L. Conn of Allen, Paula Jane Terry of Lexington; two brothers, James Henry Porter of Campton, Thomas E. Porter of Allen, 11 grandchildren and 6 great-grandchildren.

Funeral services will be conducted Wednesday, March 8, at 1 p.m., at the Hall Funeral Home Chapel, Martin, with the clergyman, Arnold Turner Jr., officiating.

Burial will be in the Grace Allen Webb Cemetery, at Allen, under the direction of Hall Funeral Home.

Anna Mae Taylor

Anna Mae Taylor, 70, of New Albany, Ohio, died Friday, March 3, 2000, at Broadview Health Care Center, in Columbus, Ohio.

She was a native of Maytown, and was a daughter of the late George and Mae Moore Salisbury.

Her husband, William A. Taylor, preceded her in death.

She is survived by her children, William Taylor of Florida, Dianna Harmon of Columbus, Ohio, James M. Taylor of Florida and Gregory A. Taylor of New Albany, Ohio; brothers, Ashland H. Salisbury, James Haster Salisbury and George Demsey Salisbury; sisters, Tava Terry and Harriet Lawson; seven grandchildren; five great-grandchildren.

Funeral services were conducted Tuesday, March 7, 2 p.m., at Westerville Freewill Baptist Church, with Mike Mounts officiating.

Burial was in the Maplewood Cemetery, under the direction of Schoedinger Funeral Services, Gahanna, Ohio.

Lida Bates Jones

Lida Bates Jones, 85, of Huntington, Indiana, died Sunday, March 5, 2000, at Norwood Nursing Center, Huntington, Indiana.

Born on August 30, 1914, in Letcher County, she was the daughter of the late Willie Bates and Susan Smith Bates. She was a member of the Regular Baptist Church in Knott County.

She is preceded in death by her husband, Norman Jones.

Survivors include two stepsons, Notman Jones Jr., of Louisville, Ronald Jones, of Monroe, North Carolina; three step-daughters, Cathryn Orr, of Dublin, Georgia, Pearl Wheeler, of Fern Creek, Norma Briney, of Louisville; two sisters, Ruth Huff, of Bevensville, Dorothy Demurray, of Huntington, Indiana; and several step-grandchildren.

Funeral services will be conducted Thursday, March 9, 10 a.m., at the Deal-Robbins & Van Gilder, Huntington Chapel, Huntington, Indiana, with Rolla Blair officiating.

Burial will be in the Gardens of Memory in Marion, Indiana, under the direction of Deal-Robbins & Van Gilder, Huntington Chapel.

Castle pallbearers listed

Serving as pallbearers for the funeral of James Floyd Castle were Robert Castle, Charles Dwayne Chaffins, John Bartrum, Steve Salmons, Larry Hicks II, Brian Castle, John Moore and Larry Hicks.

Wells pallbearers listed

Serving as the pallbearers for the funeral of Ferman Wells were Norman Wells, Dennis Akers, Doug Wells, Worth McGuire, Kent Dingus and Willis McGuire.

Shirley Allen Combs

Shirley Allen Combs, 75, of Fairborn, Ohio, formerly of Wayland, died Saturday, February 12, 2000, after an extended illness.

Born on December 13, 1924, she was the daughter of the late Troy and Eva Allen. She had been a long time resident of the Fairborn/Dayton area.

She was preceded in death by her husband, Willard H. Combs.

Survivors include two sons, Mitchell L. Combs of Tennessee and Steven C. Combs of Waynesville, Ohio; four brothers, Ray V. Allen of Mansfield, Ohio, Clarence Allen of Sedalia, Missouri, Richard Allen of Metairie, Louisiana, and Russell Allen of Medway, Ohio, and five grandchildren.

Memorial services were conducted Wednesday, February 16, at 11 a.m., at the Burcham Funeral Home in Fairborn, Ohio, with Tooney Easterling and Paul V. Allen, officiating.

Burial was in Valley View Memorial Gardens in Xenia, Ohio.

Martha Gunnell Gibson

Martha Gunnell Gibson, 86, of Garrett, died Tuesday, March 7, 2000, at the Hazard Appalachian Regional Hospital, following a short illness.

She was born December 25, 1913, in Knott County, the daughter of the late Marion Chaffins and Lucinda Hicks Chaffins. She was a member of the Stone Coal Regular Baptist Church, at Garrett, for more than 40 years.

She was preceded in death by her first husband, Isaac Gunnell and her second husband, Clawson Gibson.

Survivors include four sons, Joe Carroll Gunnell of Morehead, Foley Gunnell, Paul Gunnell and Steven Gunnell, all of Garrett; two daughters, Brenda Gunnell of Garrett, Rebecca Creighton of Carrie; 14 grandchildren and 11 great-grandchildren.

Funeral services will be conducted Thursday, March 9, at 11 a.m., at the Stone Coal Regular Baptist Church, at Garrett, with the Regular Baptist ministers officiating.

Burial will be in the Chaffins Cemetery, on Rock Fork, at Garrett, under the direction of Hall Funeral Home.

Arvel David Terry

Arvel David Terry, 40, of Hueysville, died Monday, February 28, 2000, at his home.

He was born in Elmrock, on June 2, 1959, the son of Arvel Terry and the late Laura Fitch Terry.

Survivors other than his father, are two brothers, Homer Terry of Lost Creek, and Rodney Terry of Sturgis, Michigan; five sisters, Glenda Jackson of Morehead, Arma Terry of Leitchfield, Edna Bolen and Delphia Adrianson, both of Martin, Michigan, and Thelma Jean Bolen of LaGrange, Indiana.

Funeral services were conducted Thursday, March 2, 11 a.m., at the Hindman Funeral Services Chapel, with Carlos Beverly officiating.

Burial was in the Handshoe Cemetery at Hueysville, under the direction of Hindman Funeral Services.

Association calls missions director

The Enterprise Association of Baptists Executive Board, meeting at Martin on February 7, voted to approve the recommendation of the DOM Search Committee to call Thomas R. (Tom) Biddle as director of missions.

Rev. Biddle, a native of Carlisle, has been pastor of Lancer Baptist Church for five-and-a-half years. He has degrees from Morehead State University and Southern Seminary.

The representatives of the churches in Enterprise Association welcomed him and his soon-to-be wife, Jenifer Landrum, who has been a mission volunteer for two years at Wheelwright Baptist Center, to the leadership position and pledged support and prayers.

William Joe Kendrick

William Joe Kendrick, 55, of Prestonsburg, died Monday, March 6, 2000, at Highlands Regional Medical Center, Prestonsburg, following a sudden illness.

Born on March 27, 1944, in Floyd County, he was the son of the late Randall and Edna Garrett Kendrick. He was Floyd County's electrical inspector, and was a member of the Pleasant Home Baptist Church.

He is survived by his wife, Margie Goble Kendrick.

Other survivors include his son, Ricky Joe Kendrick of Lexington; one brother, Gary Kendrick of Prestonsburg; three sisters, Carol Kendrick and Debbie Hedrick, both of Prestonsburg, Janie McCarty of Oil Springs; and one granddaughter.

Funeral services will be conducted Wednesday, March 8, at 2:30 p.m., at the Nelson-Frazier Funeral Home, at Martin, with Mark Tackett, Arnold Turner, and Larry Adams, officiating.

Burial will be in the Mayo Cemetery, Prestonsburg, under the direction of Nelson-Frazier Funeral Home.

Serving as pallbearers will be Billy Hedrick, Gary Randall Kendrick, Jason Price, Johnny Price, Jason Kendrick, David George, James Matthew Goble, Cotton Allen, Mark Lafferty, Sheridan Martin, Brian Boleyn, Steve Francis, and Charles Preston Goble.

Honorary pallbearers are Marvin Tackett, Ron Caudill, Eddie Billips, George May, Keith Frasure, Ron Wright, Mike Boyd and Dale Lusk.

Hobert "Hobo" Younce

Hobert "Hobo" Younce, 84, of Prestonsburg, died Friday, March 3, 2000, at Highlands Regional Medical Center of an extended illness.



Born on November 27, 1915, in Oneida, Tennessee, he was the son of the late William M. Younce and Ella Phillips. He was a former miner at Sandy Valley Coal Company at Water Gap, and former supervisor of Floyd County Conservation District for 18 years. He was a member of the United Baptist Church; a member of United Mine Workers of America; and Honorable Order of Kentucky Colonels.

He is survived by his wife, Opal Calhoun Younce.

Other survivors include two sons, Leon Younce of Prestonsburg, Adis Younce of Salyersville; one brother, Sylvester Younce of East Point; seven grandchildren, 12 great-grandchildren and two great-great-grandchildren.

Funeral services were conducted Monday, March 6, at 11 a.m., at Carter Funeral Home Chapel, Prestonsburg, with Adam Dwayne Marshall and Willard Ousley, officiating.

Burial was in the Younce Family Cemetery, Prestonsburg, under the direction of Carter Funeral Home.

Serving as pallbearers were Larry Leon Younce, Adis Blake Younce, Hobert Brad Younce, Larry Kevin Younce, Matthew Ray Craft, Daniel Leon Craft, Ronnie Younce and Kenneth Hatfield.

Church Service & Gospel Singing Sunday, March 12, 2000

Sunday Morning — 11 a.m.

Speaker, JAMES BIRAM, Superintendent
State of Kentucky Assemblies of God

Sunday Evening — 6 p.m.

GOSPEL SINGING

FIRST ASSEMBLY OF GOD

Martin, Kentucky

Everyone welcome, including local singers!

Card of Thanks

The family of Charles Mitchell would like to express our sincere appreciation for the support in our time of sorrow. A special thank-you to Pastor Troy Tackett and Larry Newsome for their words of comfort. A special thank-you to Nelson-Frazier Funeral Home; Pikeville Health Care Center; and Floyd County Detention Center for the preparation of the burial plot.

THE FAMILY OF CHARLES MITCHELL

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Over the years, many families have taken advantage of the benefits offered by funeral pre-arrangement and pre-payment. We believe in these advantages so much, we even honor pre-arrangements made at other funeral homes. You can transfer your pre-arrangements to ours without losing any benefits. We believe choices are important, that's why we give you so many.



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Martin, Kentucky

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John C. Hall, Jr. ~ Tommy Hall

In Loving Memory of

PAUL F. PORTER, 73, ALLEN, KENTUCKY
BERNIS BRADLEY, 75, EASTERN, KENTUCKY
JAMES FLOYD CASTLE, 83, EASTERN, KY.

HAZEL COLLINS, 83, MARTIN, KY.

ANNA MAE SALISBURY TAYLOR, 70, NEW ALBANY, OHIO
MARTHA GUNNELL GIBSON, 86, GARRETT, KENTUCKY

"Yea, Though I walk through the valley of the shadow of death,
I will fear no evil, for thou art with me." Psalms: 23

FLOYD COUNTY CATHOLICS
WELCOME YOU
ST. MARTHA CHURCH
Water Gap
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Religious Education Classes:
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Calendar items will be printed as space permits

Editor's note: As a service to the many clubs and committees that meet in our community, The Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to The Times no later than 5 p.m. Monday for Wednesday's publication, 5 p.m. Wednesday for Friday's publication, or 5 p.m. Thursday for Sunday's publication. These cannot be taken over the telephone.

Area Homemaker Conference planned

The Northeast Area Homemaker's Leadership Conference is set for March 30 at the Convention Center at Jenny Wiley State Resort Park. Registration is \$7 and includes lunch. For information, contact Theresa Scott at the Floyd County Cooperative Extension Service, 606/886-2668.

Free lunch for seniors

Free lunches for senior citizens are planned for March 24 and April 28 at the Auxier Lifetime Learning Center (Auxier School). The first lunch will feature a program by Christian Appalachian Project and the second by Floyd County Extension Service. Seating is limited to the first 50 persons who call 886-0709 for reservations.

Quilter's Day Out set for Pikeville

The Pike County and Mingo-Pike quilt guilds are hosting Quilter's Day Out on Saturday, March 18, beginning at 10 a.m. at the Pike County Extension Service.

Advanced, beginner and in-between quilters are encouraged to bring work to show, and they will receive hands-on experience on folded flowers and see demonstrations of pieced snowball quilt and chenille work.

Lunch will be provided. The event is free, but pre-registration is required. Contact the Pike County Extension Office at 1-800-233-1390 or 606/433-2534.

Exams for census extended

Opportunities for persons interested in working with the 2000 Census to take the required exam are much broader than originally announced. The exams will be administered at sites throughout Floyd County from now through March. For information on times and locations, call 1-888-325-7733. Jobs are available as census takers and crew leaders and pay between \$6.50 and \$13 an hour. If you call the toll-free number, indicate that you live in the Ashland, Kentucky, region.

Support for former addicts

As recovering addicts, we have found it is possible to live without the use of drugs with the help of Narcotics Anonymous. If you are still using and can't stop, we can help. Give yourself a break. Call 886-6760, 886-9167 or 1-888-987-7700 for more information.

Fund-raiser planned

Wesley Christian Academy is planning an activity to raise funds to purchase playground equipment. A \$10 donation covers dinner, door prizes and the chance to win \$1,000 in cash during the March 13 event from 6 to 8 p.m. For tickets, contact the school at 874-8328, or any student. Contributions are tax deductible.

McDowell FRC services

The following events and activities will be held at the McDowell Family Resource Center.

- GED classes are held each Monday from 8 a.m. to 11:30 a.m. at the Center. These classes are free for anyone wanting to earn the GED.

- Bi-monthly Advisory Council Meetings are held on the first Thursday of that month at 6 p.m. The next meeting will be held on April 6.

- Parents who are looking for new

ideas on effective discipline techniques, assisting with homework, getting children to help with chores, how to provide healthier meals and snacks for their families, effective household budgeting, and other topics should attend the next Parent Support Group.

If you have ideas you would like to share or certain topics you would like to discuss, please attend; we need your input. Parent Support Groups are not for bad parents. They are for parents who want to do their very best for their families. Please attend either or both of the next two Parent Support Groups to be held at the McDowell Family Resource Center. The first group will meet on February 16 from 10 a.m. to noon. The other will meet on February 22 from noon to 1:30 p.m.

- Floyd County Health Department has a clinic open at the Center each Monday to see patients concerning school (head start, kindergarten and sixth grade) physicals, W.I.C., immunizations, female exams, well-child exams and other services. For more information or to make an appointment, call 377-2678.

- A counselor from Mountain Comprehensive Care is at the Center two days a week for students who are in need of counseling services. Call the Center if you feel your child could benefit from this service, 377-2678.

Pikeville Methodist Hospital Community Calendar March 2000

March 11 & 12: Pediatric Advanced Life Support (PALS). This two-day seminar will be offered from 8 a.m. to 5 p.m. at the Education Center, located in the Wallen & Cornette Building. Register by calling 437-3525.

March 13: A.B.C. Breast Cancer Support Group will meet at 6 p.m., at First Christian Church, located on Chloe Road in Pikeville. Group will discuss the kickoff telethon for the "Tell a Friend" program which will be televised on WYMT-TV.

County extension service council to meet

The next meeting of the Floyd County Extension Service council and district board will be on March 9, beginning at 5 p.m., at the Floyd County Extension Office.

Free lunches planned

The Auxier Lifetime Learning Center is sponsoring two free lunches for senior citizens this spring. A program on benefits will be presented by Christian Appalachian Project on March 24, and the Floyd County Extension Office will present a program on April 28. Seating is limited to the first 50 persons to make reservations. Call 606/886-0709.

Super Pantry offered

A Super Pantry for low-income persons will be held at the Auxier Lifetime Learning Center on Thursdays from April 13 to May 18, 10 a.m. to 2:30 p.m. Participants will take part in cooking demonstrations and will then be given food to replicate the meal at home. Participation is by referral. Call 606/886-0709.

Pike hosts quilting day

The Pike County and Mingo-Pike quilt guilds will host Quilters Day Out on Saturday, March 18, beginning at 10 a.m. at the Pike County Extension Office, 514 Trivette Dr. in Pikeville. Advanced, intermediate and beginning quilters can participate in hands-on work, see demonstrations and share their own creations. Pre-registration is required; call 1-800-233-1390 or 606/433-2534.

Clark Family Resource Center Calendar

Nursing services: A nurse from the Floyd County Health Department is in the center on Fridays. Services available: Physicals for 5th grade students entering 6th grade in the next school year; pre-school, head-start, and kindergarten physicals, physicals for any student, age birth-21 years old; blood pressure screening, TB skin tests, baby shots. Call the center at 886-0815 for an appointment. These services are available to anyone in the commu-

nity.

GED classes have been scheduled for Fridays, 8:30 a.m.-11:30 a.m., at the center.

After school child care is Monday through Friday, school days, from 3 p.m.-5:30 p.m. There are currently openings for enrollment in after school child care. Call the center for more information, 886-0815.

Clark FRC notes March schedules

A nurse from the Floyd County Health Department is at the Clark Family Resource Center on Fridays. Services, which are available to anyone in the community, include physicals for fifth grade students entering sixth grade in the next school year; pre-school, Head Start, and kindergarten physicals; physicals for any student, age birth to 21 years old; blood pressure screening;

TB skin tests and baby shots. Call 886-0815 for an appointment.

GED classes are offered Fridays, 8:30-11:30 a.m.

Meetings:
• PTA, March 7, 6 p.m.

• Parent Support Group, March 8, noon

• Advisory Council, March 14, 5 p.m.

• Kindergarten Parents, March 21, 8:30 a.m.

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subscribe to the Times call 886-8506

Card of Thanks

The family of Sally Akers Frasure would like to extend their appreciation to all those friends, neighbors and loved ones who helped comfort them during their time of sorrow. Thanks to all who sent food, flowers, prayers, or spoke comforting words. A special thanks to the Pilgrim Home Regular Baptist Church, the Regular Baptist ministers for their comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and efficient service.

THE FAMILY OF SALLY AKERS FRASURE

Card of Thanks

The family of Boone Bentley wishes to thank all of those who were so kind and considerate during our time of grief. We want to thank those who sent flowers and gifts of love. We especially want to thank Clergyman Roger Hicks, and others for their comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and efficient service.

THE FAMILY OF BOONE BENTLEY

Card of Thanks

The family of Helen Beatrice Lewis Hunt wishes to gratefully acknowledge the thoughtfulness and kindness of friends, relatives and neighbors in the loss of our loved one. Thanks to all who sent food, flowers, prayers, or spoke comforting words. We are especially grateful to the clergyman, James Harmon, for his comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and efficient service.

THE FAMILY OF HELEN BEATRICE LEWIS HUNT

Card of Thanks

The family of Scottie Crum wishes to thank all those friends, neighbors, and family who helped them in any way upon the passing of their loved one. Thanks to those who sent food, flowers, prayers, and words of comfort expressed. A special thanks to the minister, Ronnie Samons, for his comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and professional service.

THE FAMILY OF SCOTTIE CRUM



Dr. Seuss' legacy could be seen throughout South Floyd Middle School on Thursday as the faculty donned the familiar hat that has become a trademark of the author of children's books. (photo by Willie Elliott)

REGIONAL OBITUARIES

Magoffin County

Johnny Glenn Simpkins, 32, of Salyersville, died September 24, 1994, in Morgan County. He is survived by his wife, Tina Bailey Simpkins. Funeral services were conducted Saturday, March 4, under the direction of Dunn-Kelley/Prater Funeral Home.

Wilkie Shepherd, 81, of Greenwich, Ohio, died Thursday, February 24, at the Hillside Acres Nursing Home. He is survived by his wife, Lucy Stephens Shepherd. Funeral services were conducted Sunday, February 27, under the direction of Eastman Funeral Home.

William Loy Patrick, 54, of Salyersville, died Sunday, February 27, at Appalachian Regional Medical Center. He is survived by his wife, Charlotte Patrick. Funeral services were conducted Wednesday, March 1, under the direction of Dunn-Kelley/Prater & Dunn Funeral Home.

Edith M. Fletcher, 70, of Stockbridge, Ohio, died Tuesday, January 11, at her home. Funeral services were conducted Friday, January 14, under the direction of Caskey-Mitchell Funeral Home.

William Hershel Patrick, 79, of Bell View, Ohio, died Sunday, February 27, at Briarfield, of Sandusky, following a lengthy illness. He is survived by his wife,

Darlene Jones Patrick. Funeral services were conducted Thursday, March 2, under the direction of Groff Funeral Home.

Shirley Porter Coldiron, 63, of Salyersville, died Thursday, February 24, at her residence after a long illness. She is survived by her husband, Ellis Coldiron Jr. Funeral services were conducted Sunday, February 27, under the direction of Salyersville Funeral Home.

Hazel Back, 90, of Salyersville, died Friday, February 25, at Paul B. Hall Regional Medical Center, in Paintsville. Funeral services were conducted Monday, February 28, under the direction of Dunn-Kelley/Prater & Dunn Funeral Home.

Hershel Cole, 59, of Salyersville, died Friday, February 25, at the Highlands Regional Medical Center. He is survived by his wife, Wanda Gay Cole. Funeral services were conducted Sunday, February 27, under the direction of Salyersville Funeral Home.

Norma Blanton, 91, of Salyersville, died Thursday, February 24, at the Paul B. Hall Regional Medical Center. Funeral services were conducted Monday, February 28, under the direction of Salyersville Funeral Home.

Pike County

Fred Woodrow Curry, 87, of Pikeville, died Sunday, February 27, at Pikeville Health Care Center. He is survived by his wife, Beatrice May Curry. Funeral services were conducted Wednesday, March 1, under the direction of Lucas & Hall Funeral Home.

Bonnie J. Clem, 58, of Grove, City, Ohio, died Saturday, March 4, at her home. Funeral services were conducted Tuesday, March 7, under the direction of Shoedinger-Norris Chapel.

Kenneth Bevins, 68, of Goody, died Saturday, March 4, 2000, in the South Williamson Appalachian Regional Hospital. Funeral services were conducted Monday, March 6, under the direction of Rogers Funeral Home.

Elmer Adkins, 57, of Kimper, died Wednesday, March 1, 2000, at Pikeville Methodist Hospital. He is survived by his wife, Lois Lavern Sawyers Adkins. Funeral services were conducted Sunday, March 5, under the direction of Davidson Memorial Gardens.

Johnson County

James Hershel Rivers, 73, died Monday, February 28, at Paul B. Hall Regional Medical Center. Funeral services were conducted Friday, March 3, under the direction of Paintsville Funeral Home.

Alka Ratliff, 94, died Wednesday, March 1, at Paul B. Hall Regional Medical Center. Funeral services were conducted at Rockhouse Freewill Baptist Church. Preston Funeral was in charge of arrangements.

Lois Evelyn Hooper Burchett, 66, Paintsville, died Tuesday, February 29, at her residence. Funeral services were conducted Thursday, March 2, at First Christian Church, Paintsville.

Jasper Maynard, 74, died Tuesday, February 29, at his Tomahawk residence. He is survived by his wife, Velvie Maynard. Funeral services were conducted Friday, March 3, at 2 p.m., at Union United Baptist Church.

Julia Butler "Mammie" Preston, 94, died Tuesday, February 29, at her Paintsville residence. Private services were conducted Friday, March 3, under the direction of Paintsville Funeral Home.

What kind of 'tator' are you?

by Judy Bowman
Wheel Power Christian Cyclists

1 Cor. 6:19-20 "Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own, you were bought with a price, therefore glorify God in your body."

God has recently reemphasized to me the importance of taking care of my body, which is His temple. God has given us life, it is His free gift to us, and we all have to make choices about how we take care of ourselves and live our lives.

I challenge you today to think about the foods you put in your mouth. I have been, and it has changed my eating style and now even my desire for eating the good foods and avoiding the junk foods.

Ask yourself if you are feeding your body the nutrients and vitamins it needs to live and work for the Lord? Or are the foods you eat destroying your life, by feeding your body with artificial colorings, additives, and preservatives?

Let's go back to the foods God designed for us to eat, the fresh fruits, vegetables, and grains. And don't forget potatoes! Speaking of potatoes, read the following and decide what kind of a Tator you are.

Some people are very bossy and like to tell everyone what to do, but they don't want to soil their own hands.

They are called "Dic Tators." Some people never seem motivated to participate, but are content to watch while others do.

They are called "Speck Tators." Some people never do anything to help, but are gifted at finding fault with the way others do things. They are called "Comment Tators."

Some people are always looking to cause problems. They ask others to agree with them when they state that it is too hot or too cold, too sour or too sweet, too much or too little.

They are called "Aggie Tators." There are those who always say they will, but somehow, they never get around to doing anything.

They are called "Hezzie Tators." Some people put on a front and act like someone they are not.

They are called "Emma Tators." Then, there are those who live what they talk. They're always prepared to stop what they're doing to lend a hand to others. They bring real sunshine into the lives of others.

You might call them "Sweet Tators." Lord, may we all be like the Latter Tators!

Judy Bowman is founder and home missionary with Wheel Power Christian Cyclists; 804/525-9552; e-mail, WHEELPOWER-CC@aol.com; web, www.WHEELPOWER.org.

Card of Thanks

The family of Goldie B. Akers would like to take this opportunity to thank everyone for their help in the loss of our loved one; those who sent food and flowers, or just spoke comforting words. We deeply appreciate you all. A special thanks to the minister, Christian Cuminotto, for his comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and professional service.

THE FAMILY OF GOLDIE B. AKERS

BAPTIST LEARNING CENTER



Baptist Learning Center is taking applications for summer and fall enrollment. All applications must be received no later than April 1. Although applications are taken throughout the year, placement for the 2000-2001 school year is determined by the date applications are received.

We offer a 2-year-old Nursery Class, 3-year-old Preschool Class, and a 4-year-old Pre-Kindergarten Class.

If you are interested in enrolling your child, contact the Learning Center at 886-2194.

Adam Patrick Blackburn

March 9, 1992 - August 29, 1998



A child of God's, I think they call that little boy of mine, The one I held so close to me, for all that countless time.

For all the moms and dads out there, that have a special one... You know that a child of God you have, you call your little son.

I call him mine, as I see now, I held him when he cried, And it was me that held him, oh so close, the afternoon he died.

Dear Lord, I know You sat with us, and held his little hand, I know You loved that son of mine, and love us all you can.

But Lord, I gave him life, you see...it was me that held him first, It was You that watched us all so close, and helped us through the worst.

Little Adam, I lend You now...take care of him for me... And help the other moms and dads, as I know it's hard to see.

We'll loan him to You for a while, so love him while You may, 'Cause when You call us home again, that will be the day, I will hold that child of mine, and in my arms is where he'll stay.

Happy Birthday, Our Beautiful Son

With Love from Mommy and Daddy
We miss you so very much.

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(Irene Cole Memorial)

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View from the Hill

by Staci Bowman
Freshman
Pikeville College

"Why are you going to Pikeville College?" is one of the most common questions I am asked. My old friends in Louisville and new friends in Pike County are very curious as to why an 18-year-old would leave the "big city" of Louisville, for such a small community as Pikeville to attend college.

I have always been known as a serious-minded individual, with high goals and expectations for myself. A good college education is very high on my list of priorities, third only to God and my family.

When my search for a college began, I had three criteria that needed to be met. The first is being the educational program itself. Would the program offer the courses I would need or meet my educational goals?

Second, the size of the college and community it was in was very important to me. I like being just a face in the crowd. While visiting universities in larger areas, I was

excited to see as many as 200 students in one classroom! I felt that the larger the school, and the more students, the easier it would be to find someone with similar goals and interests.

Then there was the issue of distance. I wanted to go "away" to college, but be close enough to visit home on weekends. I considered a one- to two-hour drive a reasonable distance to travel.

Indiana University, University of Louisville, Campbellsville University, and the University of Kentucky were high on my list of choices.

Pikeville College met only one of my college criteria and was not a consideration.

In May of 1999 I received a phone call from Pikeville College's softball coach. He invited me to come to Pikeville for a visit and try out for the softball team. I had lettered four years on the Southern High School Varsity softball team, and I have a great amount of love and respect for the game.

I had met Kaye and Elizabeth, the coach's wife and daughter, at a high school softball tournament at

North Laurel earlier in the year. Their genuine friendliness and upbeat personalities had made a positive impact in my senior year memories.

I agreed to visit Pikeville College. The drive took me over four hours (two hours longer than my desired distance). I found that the average class at Pikeville was only 15 students, far smaller than any of the other colleges I had considered.

But, my educational needs and goals could be met by attending Pikeville College. I was offered a softball scholarship to play for the Lady Bears and taken on a whirlwind tour of the Pikeville community.

Once again, I was very impressed by the upbeat and friendly personalities of everyone I had met that day. After returning to Louisville, Pikeville had now moved up as my second choice in colleges.

After one week of serious consideration and deep thought, my criteria for picking a college had changed completely. The 15-to-one student/teacher ratio could be a



great plus in meeting my academic goals. The smaller community would mean fewer evening activities to distract me from my studies. I attended the summer Booth Program at Pikeville College this past summer to see how I would like the College. I have made some wonderful friends.

The Booth Program was a wonderful opportunity for any incoming college freshman to tidy up their study skills, to get familiar with the college, and to relieve some stress and fears about the first year of college.

I can't say how satisfied and pleased I am that I made Pikeville College my choice for a higher education.

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CINEMA 2 PITCH BLACK	Mon.-Thurs. 7:05; Fri-Sat.-Sun. (4:25), 7:05
CINEMA 3 WHAT PLANET ARE YOU FROM?	Mon.-Sun. 9:25; Sat.-Sun. (2:05)
CINEMA 4 The Whole Nine Yards	Mon.-Thurs. 7:00, 9:00; Fri.-Sat.-Sun. (2:00), 9:00
CINEMA 5 The Tigger Movie	Fri.-Sat.-Sun. (4:00)
CINEMA 6 Cider House Rules	Mon.-Thurs. 6:50, 9:20; Fri. (4:20), 6:50, 9:20; Sat.-Sun. (1:50, 4:20), 6:50, 9:20
CINEMA 7 MISSION TO MARS	Mon.-Thurs. 6:55, 9:15; Fri. (4:15), 6:55, 9:15; Sat.-Sun. (1:55, 4:15), 6:55, 9:15
CINEMA 8 Ninth Gate	Mon.-Thurs. 6:50, 9:20; Fri. (4:20), 6:50, 9:20; Sat.-Sun. (1:50, 4:20), 6:50, 9:20
CINEMA 9 Snow Day	Mon.-Thurs. 7:15; Fri. (4:15), 7:15; Sat.-Sun. (2:15, 4:15), 7:15
CINEMA 10 MY DOG SKIP	Mon.-Thurs. 7:20; Fri.-Sat.-Sun. (4:00), 7:20

Scholarships available for prospective teachers

Students who are interested in becoming teachers can get financial aid for higher education through the Kentucky Higher Education Assistance Authority (KHEAA) Teacher Scholarship Program.

KHEAA is the state agency that administers grant, scholarship, work-study, savings, and Federal Family Education Loan programs for higher education.

The need-based KHEAA Teacher Scholarship Program pro-

vides financial aid for Kentuckians who are seeking initial teacher certification. Freshmen and sophomores can receive up to \$625 for each semester and up to \$325 for each summer session.

Students above the sophomore level can receive up to \$2,500 for each semester and up to \$1,250 for each summer session. The aggregate amount a student may receive is \$12,500.

Teacher Scholarships do not have to be repaid if recipients ful-

fill certain requirements, including completing an eligible teacher certification program and teaching in a Kentucky public school or certified Kentucky private school.

If recipients do not fulfill those requirements, the scholarships convert to loans and must be repaid at 12 percent interest from the date of the first disbursement.

To apply, complete the 2000-2001 Free Application for Federal Student Aid (FAFSA) and file a Teacher Scholarship application

with KHEAA. The FAFSA is used to apply for financial aid from several state, federal, and institutional programs.

The form is available from post-secondary school financial aid offices, high school guidance offices, KHEAA, or online from FAFSA on the Web at www.fafsa.ed.gov.

Teacher Scholarship applications are available from high school guidance offices, college education advisors, and KHEAA. An online application form is available on KHEAA's Web site www.kheaa.com.

The deadline for applying for the scholarship for the 2000-2001 academic year is May 8.

For more information, write to the Kentucky Higher Education Assistance Authority, 1050 US Highway 127 S, Frankfort, KY 40601-4323; call (800) 928-8926, extension 7391; fax 502/696-7345; e-mail ppolly@kheaa.com; or visit www.kheaa.com.

INTERNET NEWS AND NOTES

There's a new buzz on the internet

(NAPS)-There's something even better than getting something for free. What's better is getting something free for doing something you like. Thousands of surfers on the Internet are being rewarded for surfing the net and earning points which they can redeem for products ranging from clothes to jewelry, furniture to cars.

Sources say it's a new trend in cyberspace, and more and more consumers are enjoying the benefits they "earn" simply by surfing the web.

One site like this, Surfbuzz.com, gives out "buzz points" which can be used at online auctions for name-brand high-ticket merchandise. This site offers its members a comprehensive portal with a search engine, web-based e-mail, news, chat and more. Membership is free.

This method of buying is fast becoming the preferred medium of exchange in the Internet economy.



A new website lets you bid for merchandise with points and not money, a method that is becoming the preferred medium of exchange in the Internet economy.

There are an estimated 203 million Internet users in the world. Approximately 56 percent of these online consumers said they would shop on-line if loyalty or "rewards" points were given.

In many cases, users even

change the way they surf in order to accrue points, or they can take a chance on winning via a sweepstakes type portal.

How does this work? Actually Web sites who offer "rewards" say it's quite simple. In most rewards programs you redeem points for merchandise or discounts. Those points turn into currency that can be used to bid on real goods. All bids start as high as the demand is for the item. No cash, no credit cards, no fraud.

What's the catch? There is none. Some sites give you points simply by surfing through the portal-like content of news, stock quotes, e-mail, discussion groups, a search engine and so on. You can earn even more points if you click through ads, and more still, if you buy on the basis of the ads. There are more points to be earned if you sign up, and still more, if you refer someone else to sign up.

To find out how you can earn points, visit www.Surfbuzz.com.

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MSU to host women's conference

In March, designated as Women's History Month, Morehead State University will host the ninth Wilma E. Grote Symposium for the Advancement of Women.

The Sunday-Tuesday, March 26-28, conference, titled "Coming of Age: Women in the New Millennium," will include a keynote address by Dr. Mary Frances Berry, chair of the U.S. Civil Rights Commission. All of the events will take place on the third floor of the Adron Doran University Center.

In addition to Berry's address, titled "What Do We Mean by Women's Equality: 2000 and Beyond," there will be a variety of programs from musical entertainment to roundtable discussions.

On Sunday, the Reel World

String Band will perform at 7 p.m. in the Crager Room, ADUC. The five Bluegrass women, who have been performing American folk music for 22 years, include Sue Massek on banjo, Bev Futrell on guitar, Karen Jones on fiddle, Elise Melrood on piano and Sharon Ruble on bass.

Registration is set for Sunday, March 26, at 5 p.m., and Monday and Tuesday, beginning at 8 a.m. After the morning registrations, participants may choose from a number of concurrent sessions throughout both days.

Among the sessions are: "Appalachian Women's Studies: An Argument to Take Appalachian Women Seriously." Panelists Lynda Ann Ewan and Amy Hudock from Marshall University will focus on the role of women in Appalachian

history.

"From Chocolate Chips to Micro Chips: A program for Women in Transition." Nancy K. Swanborg, director of the Women's Resource Center at Schoolcraft College in Michigan, will discuss the program she created that addresses the issues relating to women making the move from home to the workplace.

During the symposium, there will be a creative presentation, co-written by Linda K. Williamson, a professor in the School of Arts and Humanities at the University of Texas at Dallas, and Brandi Andrade. "Voicings: A Celebration of American Women," a 65-minute theatrical production, will be accompanied by an annotated reading list on U.S. Women's History.

Registration forms for the conference are available on-line at www.morehead-st.edu/womensymposium or from Dr. Alana Cain Scott at 606/783-2540. The \$40 conference fee covers all activities, Sunday through Tuesday, and includes a reception and two lunches.

For those who want to attend the Monday sessions and luncheon only, the fee is \$30. A \$15 fee covers the Tuesday sessions and brown bag lunch only.

Students, whether or not they are attending MSU, may attend the symposium for the cost of meals. The cost of the Monday luncheon is \$10 and the Tuesday brown bag lunch is \$5.

Registration fees for conference participants who want to attend either of the lunches must be post-marked by Friday, March 17.

Lodging is available on campus or at off-campus locations. Reservations, for on-campus lodging, must be made by March 20 with Rebecca McGinnis at 606/783-5174.

The Grote Symposium, sponsored by the Women's Studies Program at MSU, is supported by the Office of Academic Affairs, Office of Multicultural Student Services, Institute for Regional Analysis and Public Policy, and the Kentucky Humanities Council.

Additional information regarding the conference is available from Dr. Susan Eacker at 606/783-2459 or from the symposium's Web site: www.morehead-st.edu/womensymposium.



Allen Elementary teacher Rita B. Crisp B. Crisp (back left) and parent volunteer Laura Vaughan share one of Seuss's books with Jared Robinson and Emily Marsillett during the school and county's celebration of reading this past week. (photo by Willie Elliott)

Briefs

Irs tax workshop, Mar. 15

The Internal Revenue Service will host a Small Business Tax Workshop on Wednesday, March 15, at University of Kentucky—Small Business Development Center (SBDC), Lexington Central Library, Training Room 3, 140 East Main Street. This workshop is intended to assist new business taxpayers in understanding their responsibilities regarding income and employment taxes. The primary emphasis of the session is one on the withholding of income and social security tax, unemployment tax, and deposit requirements. The workshop is designed for new business people who have employees or expect to have employees in the future. It will begin at 9 a.m., and last until 4:30 p.m. Participants should bring a small calculator. There is no fee for attending the workshop. Special arrangements for the handicapped will be made if requested in advance. Reservations are required and may be made by calling (606) 257-7667. The Social Security Administration and the Kentucky Revenue Cabinet will also participate.

Be a hero with Highland Regional Medical Center

There are few of us who would hesitate when given the direct and obvious opportunity to save the life of another human being. We have all envisioned ourselves racing into a burning building to save the life of a small child or pulling a car wreck victim from a mangled automobile.

Heroism, however, is not always displayed in the midst of flashing lights and sirens. One of the greatest acts of heroism is overlooked day after day...donating blood. Highland Regional Medical Center is joining together with Central KY Blood Center to give you the opportunity to save lives.

In order to save lives a blood donor must be at least 17 years of age and weigh 100 pounds or more. The Highland Regional Medical Center blood drive will be held Friday, March 17, 2000. Join the crusade between 10:00 a.m. to 5:00 p.m., in Conference Room A of the Highlands Regional Medical Center. The community is invited to participate in the blood drive.

Donating blood is a quiet, simple act of heroism that gives life and new hope to those who desperately need it. As a special thank-you for your act of heroism, all donors will receive a free gift.

For more information, contact Dawn Wheeler at 432-4979.

MSU offers free seminar for entrepreneurs

"Starting Your Own Business" is a free seminar for prospective entrepreneurs to be offered by the Morehead State University/East Kentucky Small Business Development Center. This seminar is being presented on March 23, at the Pike County Chamber of Commerce office, located on Hambley Boulevard in Pikeville. The seminar will be conducted from 6 p.m. till 8:30 p.m.

Topics to be covered at this seminar will include: Choosing a Business, Deciding on a Business Structure, Examining the Business Market, Building a Business Plan, Financing for your Business, and Business Licenses.

To pre-register or get additional information, contact Judy or Linda at the Small Business Development Center at (606) 432-5848.

Unwanted cars to be removed during statewide cleanup

A new partnership will allow the Natural Resources and Environmental Protection Cabinet to expand its efforts during Commonwealth Cleanup Week 2000. The National Kidney Foundation of Kentucky is joining forces with the cabinet to remove unwanted cars during the event, scheduled for March 18-25.

The National Kidney Foundation of Kentucky's "Kidney Cars Program" tows away used cars, trucks, boats and motor homes at no charge when the owner donates the vehicle to the National Kidney Foundation of Kentucky. The vehicles don't even have to run, but they must have all their wheels to qualify for the free towing. The owner must provide the foundation with the title to the vehicle.

After the foundation sends a towing company to retrieve the vehicle, it is either sold or salvaged, with 67 percent of the proceeds benefiting the National Kidney Foundation of Kentucky.

Donors should contact their tax advisor to determine if their donation is tax deductible.

To arrange for your unwanted vehicle to be removed from your property, call 1-800-488-CARS (2277). The service is available all year long, but a special effort is being made to remove the cars during Commonwealth Cleanup Week 2000, March 18-25.

The Kentucky legislature designated the fourth week in March as Commonwealth Cleanup Week. It is a time of special focus on cleaning waterways and illegal dumps and collecting roadside litter across Kentucky. Last year, almost 21,000 people participated in the event.

\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$

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Thank You

Imajean Robinson, pageant director, wishes to express her deepest thanks and appreciation to all who attended the 2nd annual Hearts of Dreams Beauty Pageant that was held Saturday, March 4, 2000, at the Ramada Inn in Paintsville. Thanks to all the girls and boys from surrounding areas who took part in the pageant, and the parents for taking time and bringing them to enter. Thanks to the judges, Carolyn Howard of Magoffin County, Kimberly Raye Burchett of Prestonsburg, and auditor Wilma Leslie.

Sincerely,
Pageant Director

KCTCS hosts college student leaders in capital

Student leaders from across the Kentucky Community and Technical College System recently spent a day in the state capital to learn more about KCTCS, postsecondary education and the legislative process.

KCTCS Student Leaders Day brought 35 community and technical college students to Frankfort on February 15. The students heard presentations from KCTCS President Michael B. McCall and

Council on Postsecondary Education President Gordon Davies, among others.

The students also visited the state Capitol, observed the General Assembly in action and were honored in the House and Senate. Gov. Paul Patton spoke briefly with the students and had his picture taken with them in the Capitol Rotunda.

McCall called KCTCS Student Leaders Day a "wonderful opportunity for students to see firsthand

how the General Assembly process works."

"Education is more than what happens in the classroom," McCall said. "Education is teaching civic responsibility."

Davies addressed the students on the postsecondary education system in Kentucky, and on how KCTCS fits into that system.

"Learning will be your profession," he told the students. "We're trying to build a system that is

responsive to your needs, and KCTCS is absolutely key."

Students — who were nominated to attend Student Leaders Day by their colleges — described the day as a valuable learning tool.

"I think it has been an awesome experience," said Jason Byrd, a Madisonville Community College student who is taking classes toward his associate in arts degree. This semester, he is working in Frankfort as a legislative intern. "By coming here today, I got to hear what KCTCS is trying to get done."

Cindy Edwards, a Rowan Technical College student who is studying accounting, said the day was "really interesting."

"There was a lot I didn't know about the system," she said. "I found out a lot more today."

Jenna Hines, a business student at Somerset Technical College, told McCall that it was an "overwhelming feeling" when the Kentucky Senate gave the students a standing ovation. "It made me very proud to be part of KCTCS," she said.

Here are students who participated in KCTCS Student Leaders Day: Ashland Community College, Pamela Faulkner; Ashland Technical College, Summer

Lafferty; Bowling Green Technical College, Katina Durrett; Central Kentucky Technical College, Larry W. Pierce; Cumberland Valley Technical College, Richard Carr and Shelia Brooks; Elizabethtown Community College, Courtney Richardson; Elizabethtown Technical College, Thomas Bert Jones; Hazard Community College, Tammy Stamper, Brian Morris and Patrick Blount; Henderson Community College, Mary Barrett; Hopkinsville Community College, Bobby Monroe;

Jefferson Community College, Betty Ashley; Jefferson Technical College, James Eddleman; Kentucky Advanced Technology Institute, Jason Kelton; Laurel Technical College, Jayson Smith; Madisonville Community College, Rebecca Carter and Jason Byrd; Madisonville Technical College, Dawn Buffington; Maysville Community College, Brandi Switzer; Mayo Technical College, Sheryl Burchett; Northern Kentucky Technical College, Katherine Archambault; Owensboro Community College, Gail White; Owensboro Technical College, Audra Payne; Paducah Community College, Rachel

Wallace; Prestonsburg Community College, Tom Underwood; Rowan Technical College, Cindy Edwards; Somerset Community College, Waylon Parrigin; Somerset Technical College, Jenna Hines; Southeast Community College, Frances Blevins, Amanda Whitaker, Robin Meade and Kimberly Thompson; West Kentucky Technical College, Deanna Sledd.

KCTCS, which was created by the Postsecondary Education Improvement Act of 1997, includes 13 community colleges and 15 technical colleges that provide accessible and affordable education and training through academic and technical associate degrees; diploma and certificate programs in occupational fields; pre-baccalaureate education; adult, continuing and developmental education; customized training for business and industry; and distance learning.

PCC faculty attend symposium

Drs. Paul Thompson and Thomas Vierheller, Prestonsburg Community College faculty, attended the Kentucky Water Resources Annual Symposium in Lexington on February 25.

Once a year, the Kentucky Water Research Institute organizes a symposium for water resource professionals in Kentucky.

The symposium, which is designed to encourage the transfer of water resources information, provides an opportunity for everyone conducting water-related work in the state to meet and discuss their findings.



Drs. Thomas Vierheller and Paul Thompson presented data at the Annual Kentucky Water Resources Symposium.

Thompson and Vierheller presented data, via posters and panel involvement, from their work on the Big Sandy Watershed Watch. Additional PCC faculty, staff and students collecting data on the project include Dr. Chenzhao Vierheller (data manager), Jean Dorton, Etta Cantrell, Della Pack, Mathew Blair, James O'Bryan and Patrick Honaker.

Information on the project is updated on the internet at <http://kywater.org/watch/bsr.htm>.

The project has been made possible by a grant from PRIDE and technical assistance from the Kentucky Division of Water.

Along with community volunteers, additional organizations assisting with the Big Sandy Watershed Watch include the following: Johnson County Cooperative Extension Service, Floyd County Conservation District, Pike County Conservation District, Boyd County Conservation

District, Big Sandy Resource Conservation and Development District, Big Sandy Area Development District, Floyd County Fiscal Court, The Piarist School, Blaine Elementary School, Boyd County High School, and the East Kentucky Center for Science, Mathematics and Technology.

MSU closed for break

Morehead State University will be closed for spring break, March 13-17; however certain offices and services will be available with minimal staffing.

Regular office hours and classes will resume at 8 a.m., Monday, March 20.

Kentucky Folk Art Center will observe normal operating hours. The Center is open 9 a.m. until 5 p.m., Monday through Saturday, and 1 to 5 p.m. on Sunday.

Camden-Carroll Library will be open Monday and Tuesday, March 13 and 14, from 1:30 until 5 p.m. Public service areas will be minimally staffed and books and other materials may be checked out during this time.

The library will be closed Wednesday through Saturday for an upgrade of the Voyager system. Access to databases and other online resources will not be affected but the catalog will be unavailable. The library will reopen on Sunday, March 19, at 1 p.m.

Additional information on the library's services is available by calling 606/783-2200.

University Post Office staff will work sort mail on Monday, Wednesday and Friday, March 13, 15, and 17, from 8 a.m. until noon. There will be no deliveries or window service available.

Adron Doran University Center will close on Friday, March 10, at 4:30 p.m., and reopen on Sunday, March 19, at noon.

Local schools host science promotion

Students at two Floyd County schools will have the chance to see and touch real human lungs, brains and spinal cords on Thursday.

Floyd County native Dr. Don Frazier, director of the Outreach Center for Science and Health Career Opportunities at the University of Kentucky Chandler Medical Center, will visit Allen Central Middle School and Prestonsburg High School.

Frazier will visit classrooms to encourage and stimulate interest in science, health, mathematics and technology.

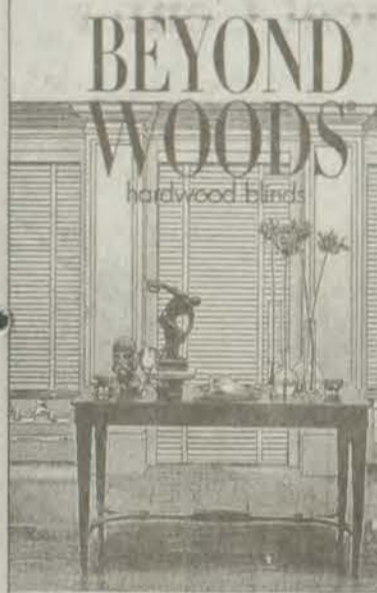
He will talk with seventh and eighth graders at ACMS, beginning at 10 a.m. At 1:30 p.m., he will meet with juniors and seniors at PHS.



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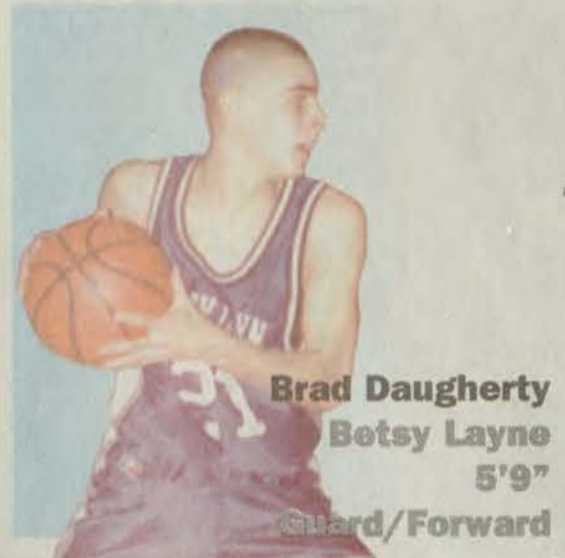
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Betsy Layne
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Ryan Shannon
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 5'6"
 Guard



Jonathan Wright
 Belfry
 6'5"
 Center

Johnson Central Eagles carry favorite's role

by Ed Taylor
 Sports Editor

A look at the field of eight teams that will constitute the grid for boys' 15th Region basketball tournament really yielded no surprises.

The eight teams were those who were expected to be there. Missing again be the Paintsville Tigers, who for the second straight year will miss the big show. Paintsville fell in a first-round district game to Johnson Central.

The Pike Central Hawks had a great season but unfortunately had to face the Pikeville Panthers in a first-round game, ending their season. The Hawks were a finalist in last year's tournament, losing to Pikeville.

The only real surprise, if you can call it that, is the presence of Gary Walton's Feds Creek Vikings, who struggled this season. The Vikings will bring the worst record of the eight teams to the tournament at 9-17.

Johnson Central, Belfry, Pikeville, South Floyd, Magoffin County and Shelby Valley were all expected to be there.

Coach Brent Rose, in his first year at Betsy Layne, surprisingly got his Bobcats in the regional tournament for the first time since the 1996 season, the final year for Coach Junior Newsome.

Magoffin County and Betsy Layne bring mediocre records to the event but both teams are a threat to whomever they oppose on the hardwood. Magoffin is 15-12 while Betsy Layne is a half-game better at 16-12.

South Floyd brings the best record of the eight teams with a 25-5 mark, the schools' best ever. Shelby Valley is 23-5, while Johnson Central stands at 22-6. Pikeville is 19-7 coming into the tournament.

"I just hope we do not draw Johnson Central," said Betsy Layne's coach.

What did the Bobcats do? They drew the Eagles in the very first game of the tournament.

The two teams met at the beginning of the year in the Clarence D. Rice Invitational, with Johnson Central getting the win. The two teams met on the Bobcats' home court with the Eagles getting an easy win.

But this is tournament time and what was

(See REGION, page two)

15th Region Girls Basketball

Belfry holds on to defeat Johnson Central, advance

by Karen Joseph
 Sports Writer

In the opening round of the girls' 15th Region tournament on Monday night, the Belfry Lady Pirates took on the Lady Eagles from Johnson Central.

The Lady Pirates, coached by Cindy Halbert, were ranked third going into the tournament, while the Johnson Central Lady Eagles, coached by Phillip Wireman, were ranked fourth.

Johnson Central had the best record, 20-10 compared to 14-12 for Belfry, but when it comes to tournament time, records don't always mean a whole lot.

And in first-round action at Elkhorn City, the record didn't mean anything. The Johnson Central Golden Lady Eagles couldn't get their shots to fall, and they fell to the Belfry Pirates, 63-56.

The Lady Eagles outscored the Lady Pirates in the fourth quarter, but could not overcome the low scoring of the second and third quarters.

Lady Pirate Samantha Hackney led both teams in scoring with 17. Two other Lady Pirates scored in double figures. Jessica Lovell finished with 16, while teammate Heather Whitt netted 15 for Cindy Halbert and her Lady Pirates.

The Lady Eagles were led in scoring by Selena Williams. Williams finished with 16 points. Becky McKenzie had 14 and Goldie Wells finished with 11.

Johnson Central got the ball on the tip off and quickly committed their first turnover. Belfry committed their first turnover on the next trip down the floor.

Selena Williams put the Lady Eagles on the board first, but Tiffany Cantrell soon answered for the Lady Pirates with a three-point basket. Amanda Griffith then hit a two-point basket for Johnson

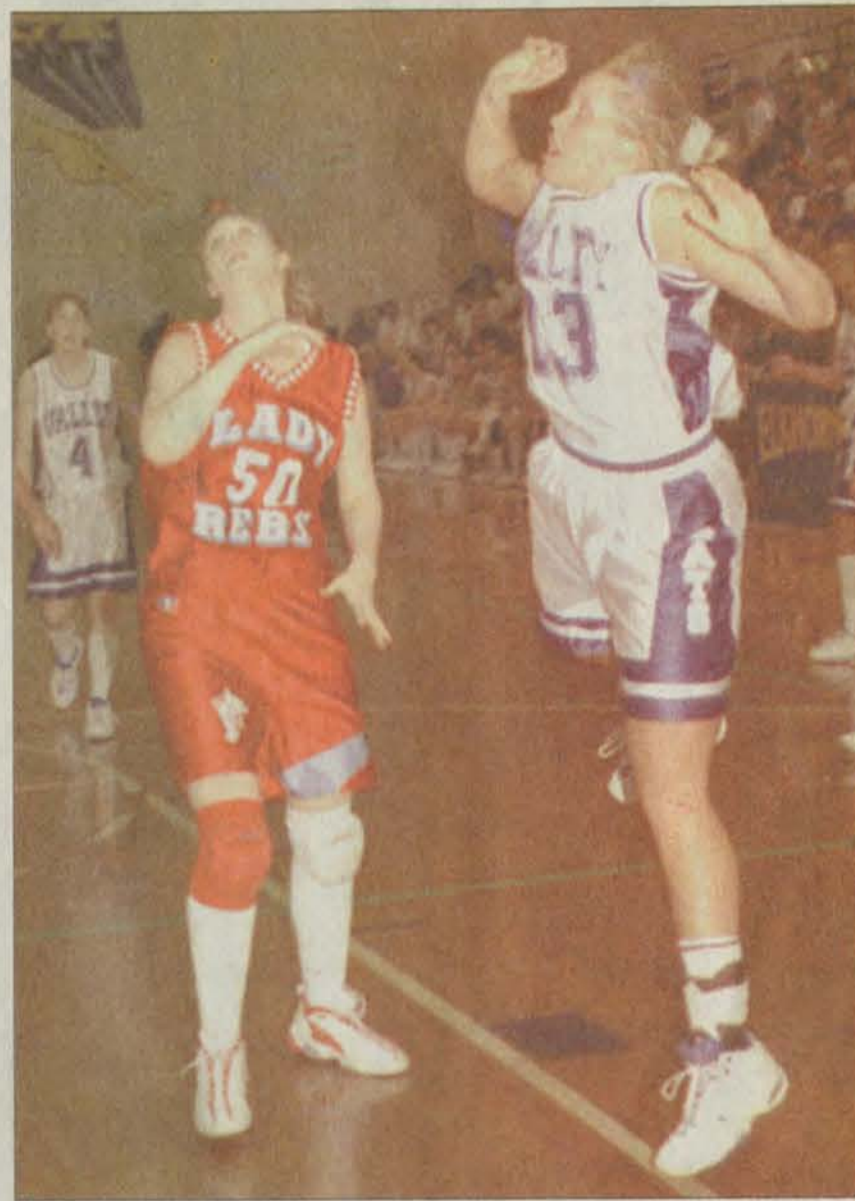
Central to give her team the 4-3 lead.

The score was tied two times in the first quarter and the lead changed hands four times, but when the first quarter ended, the score was tied.

(See BELFRY, page two)



Selena Williams (34) goes in for lay-up in the game against the Lady Pirates of Belfry. The Lady Eagles made a fourth quarter come-back but came up a little short. The Lady Eagles end their season with a tough loss to Belfry. Williams had 16 points in the Lady Eagles loss. (photo by Karen Joseph)



Jessica Martin (50) waits for the rebound as Shelby Valley's Ashley Damron (13) puts up the shot. The season ended for the Lady Rebels on Monday night when they fell to the Shelby Valley Lady Wildcats, 80-37. (photo by Karen Joseph)

Allen Central ends season with loss to Shelby Valley

Jones and Damron combine for 39 points

by Karen Joseph
 Sports Writer

In the nightcap of first-round action at Elkhorn City in the girls' 15th Region basketball tournament, the number-one ranked Shelby Valley Lady Wildcats took on the seventh-ranked Allen Central Lady Rebels.

The Lady Wildcats defeated the Pikeville Lady Panthers in the 59th District tournament. The Allen Central Lady Rebels finished second in the 58th district. The Lady Wildcats entered the tournament with a very impressive 28-3 record. The Lady Rebels entered the tournament with a 13-15 record.

For the first five minutes of the game, this was a fairly close game. The Lady Wildcats put the game away when they went on 25-0 run in the first and second quarters. The

Lady Rebels could not get back into the swing of things and fell hard to the Lady Wildcats, 80-37.

Shelby Valley was led in scoring by Summer Jones. Jones threw in 23 points for the Wildcats, including five three-pointers. Teammate Ashley Damron finished with 16. Tasha Bakay also finished with 16. Ashley Ratliff had 10 points in the Shelby Valley win.

Allen Central Lady Rebels were led in scoring by Shannon Sizemore with nine. Eight of Sizemore's nine came in the fourth quarter.

The Lady Rebels only scored two points in the first quarter. That basket came with 3:19 remaining in the first quarter when Shanna Howell hit a basket for the Lady Rebels.

The Lady Rebels played very good defense in the first quarter, but with the score 7-2 and two minutes left in the first quarter, things started to fall into to place for the Lady Wildcats.

Tasha Bakay completed a three-point play. Ashley Damron then scored on an inbound pass. Summer Jones hit a

(See LADY REBELS, page two)

A Look At Sports... Underclassmen will be the ticket for 15th Regional teams

Not a lot of your 15th Region basketball teams will have what you may call a "veteran" team when you speak in terms of seniors.

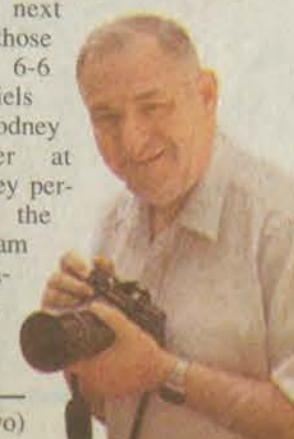
Now each team will have their share of seniors but the key players this year have been the underclassmen.

Johnson Central and South Floyd will be the two teams that are senior-dominated. The Eagles have nine seniors on their squad and all five starters plus most of the bench are included in that group.

South Floyd starts four seniors and one comes off the bench and plays a lot of minutes. Unlike Johnson Central, which has looked to the senior leadership, South Floyd has a very talented underclassmen squad. Rusty Tackett is just a sophomore but he plays far above his youth. Michael

Hall is just in his first year of high school but started for the Raiders late last year while still in grade school.

Betsy Layne has a bright future ahead with some very good young players. The Bobcats have five seniors and three are starters. Coach Brent Rose has a good group of underclassmen who will return next year, one if those being 6-6 Jeremy Daniels. Coach Rodney Rowe over at Shelby Valley perhaps has the youngest team in the tournament. The Wildcats have but



(See SPORTS, page two)

Sports Briefs

4-Hers ready for the line
 Floyd County 4-Hers will be competing in the Shooting Sports Program, the fourth consecutive year for such an outing.

Floyd County 4-H offers four disciplines — shotgun, rifles, archery and air pistols. The shooting program emphasizes the safety and ethical use of firearms and bows.

Coaches attend intensive training sessions and must pass discipline certification tests as well as teaching techniques and communication skills.

Floyd County 4-H agent Chuck Stamper believes in the program.

"I think this is one of the best educational programs we offer in Floyd County 4-H," said Stamper. "We focus on education and ethics before the competition."

The program is designed to include involvement of family.

Anyone age 9 to 18 may compete in the event. The safety sessions are being held this month. Anyone interested should contact the Floyd County Extension Office at 886-2668 for more information.

FC Babe Ruth to conduct registration

The Floyd County Babe Ruth League will conduct its annual registration day for 13-, 14-, 15- and 16-year-old players.

Registration will be held at the Allen Park picnic shelter on Saturday, March 11, from 11 a.m. until 2 p.m.

Anyone interested in coaching or playing needs to attend the registration. For more information, contact Harold Case at 285-9324.

Baker named KAC Player of the Year

Lindsey Wilson's Heather Baker was the unanimous selection as Player of the Year in the Kentucky Intercollegiate Athletic Conference (KIAC) and heads the All-Conference team.

The Lady Bears of Pikeville College placed two players on the All-Conference team. Freshman Amanda Collins and Tecco Gallion were named to the team by the KIAC Division I coaches.

Pikeville College girls' coach Bill Watson and Bricia's Marty Rowe were named Co-Coaches of the Year. Pikeville finished 18-13 on the season with a freshman oriented lineup. The 12-player roster included only one senior and two juniors. It was the second Coach-of-the-Year award for Watson in three seasons.

Hamilton charity golf tournament

The third annual Steve Hamilton Charity Golf Tournament is slated for Saturday and Sunday, April 29-30, at Sunny Brook, Morehead State University's public golf course.

Proceeds from the tournament will benefit the American Cancer Society in honor of

(See BRIEFS, page three)



Girls

15th Region at Elkhorn City
 Belfry 63, JCHSI 63
 Shelby Va. 80, Allen Central 37

Boys

13th Region at Bell County
 Clay Co. 66, Barbourville 49
 Bell County 78, Cawood 58

14th Region at Hazard
 Perry Central 82, June Buch.70
 Wolfe Co. 77, Flem. Neon 48

Games on tap

Wednesday, March 8
 Betsy Layne vs. Johnson Central
 Belfry vs. Shelby Valley

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Sports

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If you have any questions, call
Harold Case at 285-9324.

two seniors but both are dandies. Six juniors dot the Wildcat roster, along with seven very good sophomores. Wow! It looks good for Shelby Valley for the next three seasons anyway.

Feds Creek has three seniors and all three are starters. So the Vikings are looking to the younger group to carry them in this year's tournament.

Pikeville dresses five seniors with Jeremiah Akers, Nick Lynch and Matt Walls among the quintet. But the Panthers will return such notables as Chase Gibson, Matt Branham and Nick King next season.

Magoffin County will lose four to graduation after this season. But

Coach Danny Adams has some very good young players waiting to step up next season.

BASEBALL...

With some of the basketball teams' seasons over, many will turn their attention to baseball, which gets the first pitch on March 27.

Girls softball also begins on March 27 and some have been on the diamond for a couple of weeks now.

I wonder if they will work on the Minnie Park field before the season gets started? Clinis Hall and I were talking about it the other day and the condition of the field.

Clinis said it just needs five or six loads of dirt hauled in and

spread right.

"If they would get me the dirt, haul it in, I would spread it and work the diamond," said Hall. "Right now the way it is, it is dangerous to the kids to play on. I know these kids don't vote but they are citizens of Floyd County."

Hall said the fiscal court is responsible for getting the diamond in shape.

"Seems like we can't get them to do anything to help us out," said Hall. "The field really needs to be strengthened up."

The infield is full of rocks and needs attention to make the field safer for our county kids to play. I am sure that the commissioners in the county will look into this and

get it ready for girls' softball and the Little League season that begin in April.

SPEAKING OF...

Little League baseball, I understand that the Little League teams up Left Beaver and Martin are dropping Bambino baseball and returning to the old Beaver Creek Little League. Reports I have are they have already applied for re-entry in Area 2, Division 7 Little League Baseball. The reason given was they want to compete in the All-Star tournament at Paintsville each year.

Until Friday, enjoy the tournaments, good sports and be good sports!



The South Floyd Raiders fans celebrated their school's first ever 58th District basketball championship last Friday night at Allen Central. Adam Collins (33) and Jimmy Stumbo went for the opening tip (left). The Bobcats will face Johnson Central tonight in the first game of the regional tournament (photos by Ed Taylor)

Region

accomplished during the regular season is gone and a new season begins.

Past games makes the Eagles a favorite in this one.

Game two will pit the Belfry Pirates against powerhouse Shelby Valley in a 8:15 start. Belfry, winner out of the 60th District, has a 15-12 mark in a season that saw a stark improvement over last year's 3-22 record. However, it is worth noting the 60th was probably the weakest of the four districts.

The Wildcats should have no problem in this one as they will advance to the semifinals.

Pikeville and Feds Creek will square off in the opening game Thursday night as they tip off at 6:30 p.m. The Panthers struggled somewhat this year but regrouped in time to win the 59th District over a very good Shelby Valley team. Coach Dave Thomas has his team primed and looking toward defending their regional championship.

Pikeville should handle the Vikings at Allen Central.

The first round will close with a game that could be a barn-burner. Even though Coach Danny Adams'

ballclub is only 15-12 on the year, don't count Magoffin County out. They do not know what it means to quit.

South Floyd on the other hand has all the ingredients to pick up a win and advance. Coach Henry Webb's ballclub has been focused for most of the season as their record would indicate.

Magoffin and South Floyd did not meet on the hardwood this past season. This will be one of the better first-round games of the regional tournament.

In a close one, South Floyd looks to be the favorite in this one.

The semifinals are scheduled for Friday, March 10.

Some possible second-round match ups include Johnson Central and Shelby Valley meeting in the first game Friday followed by a rematch between Pikeville and South Floyd. The two teams met in a semifinal game of the boys All "A" Regional at Pikeville back in January with the Raiders taking a 76-66 victory.

The championship game could be very interesting with a lot of possible match ups. Johnson Central

could meet 57th District foe Magoffin County in the finals. Johnson Central won two of the three games they played.

Or, a South Floyd-Johnson Central title game could develop. Of the two games they played, Johnson Central won both.

Pikeville and Shelby Valley could be the final two teams, both out of the 59th District. The two teams split their regular season games, with Pikeville winning game three in the district tournament.

Who got the toughest draw? No doubt Betsy Layne did in facing Johnson Central.

Who got the first-round break? The Shelby Valley Wildcats, in facing Belfry.

Every tournament does not always go as you would expect. There will be the upsets. There will be the team someone will take lightly. A team, expected to do well, could falter out of the gate.

But the thing is, for sure, it promises to be a great tournament and the J.E. Campbell Arena will be a packed fieldhouse beginning Wednesday night.

Belfry

5-10 junior Selena Williams led the Lady Eagles with 10 points in the first quarter.

In the second quarter, Johnson Central went cold from the floor. The Lady Eagles only hit two field goals in the second period of play, while the Lady Pirates hit five. Belfry outscored Johnson Central 13-6 in the second quarter and went into the locker room with a 28-21 lead.

In the third period of play, the Lady Eagles hit better from the floor. Belfry scored the first six points and gained a 13-point lead before Goldie Wells hit two free throws for the first points of the second half.

In spite of Goldie Wells scoring eight points in the second quarter, the Lady Eagles were outscored 20-12 in the third period of play. The Lady Pirates held a 48-33 lead going into the fourth quarter.

But the Lady Eagles would not go away. They fought back to come within 10 points with five minutes remaining in the game. But just as they would come within 10 points the Lady Pirates would stretch the lead back to 12 or 13 points.

The Lady Eagles outscored the Lady Pirates 23-15 in the final period of play. Belfry hit only three field goals in the final quarter, while Johnson Central hit seven.

The Lady Eagles cut the lead to four points with a little less than a minute remaining in the game. In

the 1:19 of the game, the Lady Pirates attempted 10 free throws and only connected on three of them. Johnson Central attempted two shots from the floor, but missed both and the Lady Pirates were able to hold on to advance in the tournament.

With this win over the Lady Eagles, the Lady Pirates will face the Shelby Valley Lady Wildcats in

the semi-finals.

Selena Williams had a great game in Johnson Central's loss. Williams had 14 rebounds, including nine off the offensive glass.

The Lady Eagles finished their season with a 20-11 record, but they only lose one senior, so look for Phillip Wireman and his Lady Eagles to be back next year stronger than ever.

Lady Rebels

three-point basket.

Not only did Shelby Valley hit from the floor, but they also hit their free throws. The Lady Rebels did not score again until 4:27 remaining in the second quarter, giving the Shelby Valley Wildcats a 25-0 run in a little more than five minutes.

Barb Prater finally broke the drought for the Lady Rebels when she hit a three-point basket with 4:27 left in the half. Kari Osborne hit two free throws for the Lady Rebels and Jennifer Risner hit a three-point basket to give the Lady Rebels 11 points at the end of the first half.

Summer Jones hit three three-point baskets in the second quarter. She scored 11 of her 23 points in the second quarter. Shelby Valley went into the dressing room with a comfortable 44-11 lead at the half.

Things didn't get much better for

the Lady Rebels in the third quarter. Coach Anthony Moore made several substitutions to start the second half.

But the Lady Rebels still could not get things going. The Lady Rebs missed open shots that they normally hit with ease. But these things happen in tournaments.

Allen Central's nine points in the third quarter came from Shannon Sizemore, Jaclyn Martin, Leslie Martin and Kari Osborne. The Lady Wildcats still maintained a big lead at the end of the third quarter, 65-20.

The Lady Rebels got more into the sync of things in the fourth quarter, but it was too late. They outscored the Lady Wildcats by two points, but the Lady Wildcats came away with the big 80-37 win to advance to the semi-finals on Monday night, March 13.

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Kentucky Sportsline...



■ Tom Leach

"Mediocre" is too strong a word to use to describe the quality of teams that will play in this year's NCAA Tournament, but the parity that is evident in college hoops makes it harder than ever to project a Final Four.

Usually, I could give you a half a dozen teams and feel confident that the list would include three, if not all, of the Final Four participants. This year, I'd give you Stanford and Cincinnati for sure, but filling up the rest of that bracket would make for some very tough decisions. Even The Cardinals and the Bearcats suffered losses recently, but no team is invincible and I like their record of consistency in these tumultuous times.

For thoroughbred racing handicappers, a blanket finish for several horses usually means they're all good but none is great. A runaway winner, on the other hand, might well be followed to the line by one or two other high-quality animals.

Remember the 1996 SEC race? Kentucky went undefeated en route to the national title and we didn't have much respect for the rest of

the league. And you'll recall that Mississippi State upset Connecticut and Cincinnati on its way to the Final Four.

This year's SEC was undoubtedly tough with few easy games for any of the leading contenders. But the fact that no team navigated the rough waters with fewer than three losses suggests to me that even though this league consistently featured six of its teams in the Top 25, I wouldn't be surprised if none make it to Indianapolis for the Final Four at the end of the month.

Speaking on WVLK's "Sportsline" last Friday, ESPN tournament analyst Joe Lunardi talked about the weakness of the number one seeds and he's right. Teams like Duke and Arizona may well hang onto those positions as much because of the losses of the teams below them as what they, themselves, have done down the stretch.

With its win over Florida, Kentucky, I think, has assured itself of being seeded no lower than fourth when the pairings are announced this Sunday evening on CBS. By winning yet another conference tournament title, the Wildcats might well play themselves into a 3 and Lunardi said he believes such a scenario would be deserving of a two-seed, given UK's rugged schedule.

By the luck of the draw, Kentucky had to play Auburn and LSU on the road at a time when both were playing great basketball. Florida, on the other hand, hosted both teams in Gainesville, where the Gators are nearly unbeatable.

The fact that Kentucky could not beat a really good team in a true

road environment makes me skeptical of this team making a run to the Final Four. And it's hard to get too confident about a group that is so prone to sub-40 percent shooting nights. What UK has going in its favor are its ability to shut down opponents and having one of the best bench coaches in the game on the sidelines — plus this season in which true excellence is so hard to find.

The sound whipping of Florida was a much-needed confidence booster for a young team that appeared to be hanging its collective head at times in February. As well as Tubby Smith's team plays on the defensive end of the court, the Wildcats will be a "tough out" for any team in the postseason.

SELECTION SUNDAY

USA Today TV columnist Rudy Martzke always surveys some of the college basketball pundits for a prediction on the top four seeds in each region in advance of Selection Sunday, so I'll take a shot at beating them at that game (this is only slightly easier than hitting Powerball):

EAST - Duke, Temple, Florida, Tulsa.

SOUTH - Michigan State, Arizona, Maryland, Tennessee.

MIDWEST - Cincinnati, Syracuse, Indiana, Oklahoma State.

WEST - Stanford, Ohio State, Kentucky, Oklahoma.

SEC PICKS

My projections for the NCAA seedings are based, in part, on an assumption that Kentucky will win

the SEC Tournament.

I expect UK to oust LSU in one semifinal while Florida surprises Tennessee in the other one and then the Wildcats will edge the Gators in the rubber match of their season series.

ROAD TO THE DERBY

As Churchill Downs prepares to present round two of its futures wagering on this year's Kentucky Derby, I'm even less sure of which entry to take than I was last month.

The most exciting prospects are also very light on seasoning. Just as more and more teams counting on younger and younger players makes for a less predictable college basketball tournament, Derby contenders with less and less experience open the door for battle-tested contenders like Charismatic of last season to take the roses.

However, because so many horses are coming to the Derby with lighter schedules than say, a decade ago, I am sure that one of hotshot types is going to win the roses one of these days. Pulpit almost pulled it off in 1997, not making his debut until he turned three-years old and then running fourth in the Kentucky Derby.

War Chant, trained by the conservative Neil Drysdale, ran his record to 3-for-3 Saturday, winning the San Rafael Stakes in impressive fashion, having been pinned down along the rail almost the entire way. This guy might just have the same kind of brilliance as Pulpit and he may not have the likes of Silver Charm, Captain Bodgit and Free House to contend with, come the first Saturday in May.

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Sports In PERSPECTIVE

Denis Harrington

Payne Stewart is gone now, the victim of a plane crash this past fall.

His untimely demise was the subject of headlines and broadcast newsbreaks the land over. Oddly enough, in life, he also tended to attract attention during his career on the PGA Tour.

From his earliest days as a play-for-pay nomad, Stewart stood out from his contemporaries for two very salient reasons. One, he possessed a swing of classic proportions. A long, full, lifting motion which rivaled that of Bobby Jones and Sam Snead in their respective primes. Two, his mode of dress harkened back to a former era when plus fours (knickerbockers to the lay person), knee-length stockings and a natty flat cap were much the rage.

But behind this garish window dressing lurked an intense competitive demeanor and a sense of what it takes to be a winner. He liked attention, holding center stage, and wasn't afraid to display the full range of his emotions while in pursuit of fame and pecuniary gain.

In all, Stewart wasn't easy to know and, in some cases, even to like. He could be arrogant and difficult to deal with, especially if you were a member of the fourth estate.

Not long before his death, Stewart, then a changed man both spiritually and socially, admitted, "I know I haven't always treated people the way I should, particularly the media. And I know I didn't handle my advertisements on the golf course very well. And for this I'm truly sorry."

Like many of his contemporaries Stewart progressed through the junior and amateur ranks with notable distinction. While on a golf

scholarship at Southern Methodist University he proved to himself and others as well that success as a remunerated player could be expected as a logical progression of things.

After graduation from college, however, his best-laid plans suffered a serious setback. He failed to make his card via the PGA Tour qualifying school and was forced to spend a couple of years sharpening his skills on the Asian circuit.

Finally, in late 1981, Stewart became a regular on the PGA Tour. The ensuing year he won the Quad

(See Perspective, page five)

Briefs

■ Continued from p1

Hamilton, a former professional basketball and baseball player, who served as director of athletics at MSU for 11 years prior to his death in 1997.

The cost is \$120 for a four-person team. A complimentary dinner for all participants will be held at 6 p.m. on Friday, April 28, at Shelton Country Club.

The charity tournament is sponsored by MSU's Sports Administration Program, coordinated by Dr. Reginald F. Overton.

Registration is available by calling Shirley Hamilton at (606) 783-2355; Chris Berry, (606)783-5133; or Dr. Overton, (606) 783-2176.

■ BGSG accepting on-site registration

Amateur athletes from 17 Kentucky counties were awarded gold, silver and bronze medals this past weekend in the second series of the Bluegrass Winter Games 2000.

Volleyball competitions were held in Louisville and flag football was held in Lexington.

This coming weekend is the largest of the Winter Games. In Lexington, competitions will be held in Disc Golf, Bowling, Racquetball, Adult Indoor Soccer, basketball and the 5K Road Race. Basketball will be held in Danville only.

Sports that will accept on-site registration this weekend are Chess, Disc Golf and the 5K Road Race.

Participants can also register on-site for Martial Arts, on March 18 in Lexington, and Fencing, on March 25 in Louisville.

For more information about the Games, call 1-800-722-2474 or 255-0336 in Lexington.

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Ford notches number 500

by Steve Mickey
NASCAR Columnist

Victories on the Winston Cup circuit are so hard to come by that I am sure that Jeff Burton didn't mind hearing the announcement that he had just won The CarsDirect.com 400 instead of seeing the checkered flag wave. The win capped off one of the biggest weekends of racing that one driver has had in quite some time.

Burton started off his weekend by winning the Sam's Town 300 Busch race after his teammate, Mark Martin, gave up the lead with just three laps of racing left to avoid a wreck. As Martin slowed to avoid the collision, Burton dipped to the inside and went by the slowing Martin to go on and win his second ever Busch Series event at Vegas.

Sunday unfolded as one of those race days where the competitors raced the weather as much as they did the competition. A light rain fell on and off most of the day and forced the race to be red flagged on two occasions. The last red flag came on lap 148 of the scheduled 267 laps and the race was never restarted, giving Burton the win.

The win was Burton's 12th in the series, but none of the 12 may be as historic as the Vegas win for a couple of reasons. He accepted a check worth a little over \$350,000 for the win, but that paled in comparison to the check he also collected after the win of \$1 million for winning a No Bull race. He was eligible for the bonus by his second-place finish in the season opening Daytona 500.

The significance of the win doesn't stop with the huge payout. Burton's

win in the Ford Taurus was the 500th win for Ford in the Winston Cup series. The added publicity of a huge payout and Ford's 500th win had to put a huge smile on all of the blue oval executives' faces as they went to work on Monday morning.

The competition between manufacturers continues to be as fierce as the on-track battles. Ford's early season dominance continued as the highest finishing Chevrolet was an eighth-place finish by Dale Earnhardt. Pontiac placed three drivers in the top-seven and showed signs of being able to compete with the Fords.

With number 500 in the record

books for Ford, let's take a quick look back to where number 400 was picked up. It came as the race for the Winston Cup championship was in high gear as the series was in Phoenix for the next-to-last race of the 1992 season.

It was the Pyroil 500 and on that day three drivers were in a heated battle for the championship and all three of them were driving Ford Thunderbirds. Entering the race, Bill Elliott led Davey Allison by 70 points, while Alan Kulwicki was only 85 points behind.

The Thunderbird that Allison was driving that weekend was so bad that Allison and owner Robert Yates actually thought about putting it in the wall during practice in order to get NASCAR to allow them to go to their backup car. It was during a stop while

practicing on Saturday that Yates decided to make one more adjustment to the front end.

After returning to the track, Allison reported that the car had done a complete 180 and had gone from the worst on the track to one of the best. Whatever that adjustment was, it put Allison in victory lane the next day and back into the points lead with one race to go. Like Burton's win Sunday the win was also made all the more important because it was a milestone win for Ford.

The following week, Ford was treated to win number 401. The win

didn't come by Allison. Instead it was Bill Elliott just beating Alan Kulwicki across the finish line to end up in victory lane. More importantly for Ford, it was Kulwicki who claimed the series' championship driving a Thunderbird by just 10 points over Elliott.

Event: Cracker Barrel Old Country Store 500
Track: Atlanta Motor Speedway (1.54 mile tri-oval, 24 degree banking in the turns)
Date: March 12, 1:00 PM
TV: ABC
Radio: PRN

Activities slated for wildlife center

Frankfort — The Kentucky Department of Fish and Wildlife Resources (KDFWR) is holding several educational and entertaining classes at the Salato Wildlife Education Center the next couple weeks.

■ Explore the wildlife education center on a guided tour. Beth Phillips, visitor services coordinator, will lead the Salato Center Interpretive Tour at 3 p.m. on Saturday, February 26 and again on Sunday, February 27.

During this tour of the native plant and animal exhibits outdoors, participants can feed the elk, bison and deer and learn about these animals' natural histories. Afterward, visitors can explore the interactive exhibits through an age-appropriate scavenger hunt.

■ Snakes play an important role in the food chain by eating pesky rodents and serving as food for hawks, foxes and other predators. Learn all about slithering animals at Snakes of Kentucky at the wildlife center.

Friday, March 3 at 10 a.m. and

again at 11:30 a.m. Jim Harrison from the Kentucky Reptile Zoo will share some of his favorite scaly critters and stories during this entertaining program. Registration is required - call 1-800-858-1549. The cost of this program is \$1 per person.

■ Spring is on its way and now is the time to start planning your gardens. Join Mary Carol Cooper, Salato Native Plant Program coordinator, in the Backyard Wildlife Habitat Workshop on Saturday, March 4 at 2 p.m.

Cooper will explain how to create backyard wildlife habitat and cover the basics of garden design, benefits of native plants and which plants are best suited to your yard. To help in your planning, participants will receive a list of the native plants that will be available at the annual spring plant sale on April 29.

Registration is required - call 1-800-858-1549. This workshop costs \$3 per person.

The wildlife center is located on the KDFWR Game Farm on US 60 just west of Frankfort.



THE BOYS 15TH REGION basketball tournament tips off tonight at the Allen Central gym as a field of eight teams vie for a regional championship (photo by Ed Taylor)

Ice Cream Open House

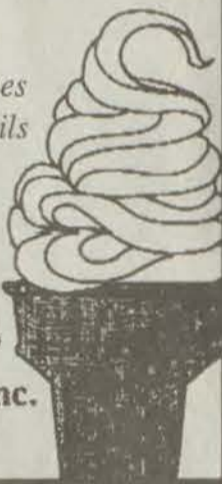
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RACING Reporter

Gerald Hodges

LAS VEGAS, Nev. - If you ever go to Las Vegas, be sure and take Jeff Burton with you if you plan to gamble or take any chances.

Burton doesn't have to roll the dice in order to win in Vegas. First, he won Saturday's NASCAR Busch Series Sam's Town 300 after his teammate, Mark Martin, had to slow for another car and a caution came out with just two laps to go. Then he won the rain-shortened CARSDIRECT.COM 400 for Winston Cup cars on Sunday. And he also took home a million dollars, because Sunday's event was one of the Winston No-Bull 5's million-dollar bonus races.

But Burton is no stranger to winning either a million bucks or a rain-shortened race. Last year he won the spring race at Darlington and the million, after it was called because of rain. He has

also won two other No Bull bonus races.

This past Sunday he had almost a one-second lead over second-place finisher Tony Stewart and seven seconds over the third-place car of his teammate, Mark Martin, when the race was declared official after 148 of the scheduled 267 laps.

This was the second consecutive year Jeff Burton has won the 400-mile Las Vegas race.

Rusty Wallace finished 15th, but he says the season is going great for his No. 2 Miller Lite Ford team.

"I was real happy the way we were running at the start," said Wallace. "But after that first set of tires, we battled a handling problem. As it got cooler, it just started pushing more and more. We've had a great start this season. The crew is doing great and we've had great cars, and I think we might be headed for a Cinderella season."

Jeff Gordon, who went a lap down, says his team is better than it appears.

"We got the car a lot better. It's still not good enough, but it's a lot better. We got a lap down, and that's killing us. We've struggled pretty bad here before. I've actually run worse than this and finished better than where I am right now. It's frustrating. We know we're better than this, but we're going to keep our heads up and keep working hard. We'll get better, but it might take a little time. It's hard to blame much on the weather."

Finishing order: 1. Jeff Burton, 2. Tony Stewart, 3. Mark Martin, 4. Bill Elliott, 5. Bobby Labonte, 6. Johnny Benson, 7. Dale Jarrett, 8. Dale Earnhardt, 9. Joe Nemecek, 10. Dale Earnhardt Jr., 11. Kevin Lepage, 12. Ricky Rudd, 13. Robby Gordon, 14. Matt Kenseth, 15. Rusty Wallace, 16. Ken Schrader, 17. Jeremy Mayfield, 18. Sterling Marlin, 19. Chad Little, 20. Jerry Nadeau, 21. Robert Pressley, 22. Dave Blaney, 23. Ward Burton, 24. Kenny Irwin, 25. John Andretti, 26. Ted Musgrave, 27. Mike Skinner, 28. Jeff Gordon, 29. Kyle Petty, 30. Jimmy Spencer, 31. Terry Labonte, 32. Stacy Compton, 33. Michael Waltrip, 34. Bobby Hamilton, 35. Wally Dallenbach, 36. Jeff Fuller, 37. Derrick Cope, 38. Kenny Wallace, 39. Darrell Waltrip, 40. Ricky Craven, 41. Elliott Sadler, 42. Scott Pruett, 43. Steve Park

Bill Elliot Right At Home In Atlanta

HAMPTON, GA - The hills of Dawson County still rumble with the sound of raw horsepower. The tiny hamlet, less than two hours north of the Atlanta Motor Speedway, remains the spiritual haven for one of racing's favorite sons, Bill Elliott.

The NASCAR Winston Cup Series racing season has offered a lot of emotional speed bumps for the 14-time Most Popular Driver. But racing at Atlanta Motor Speedway has always been a special, if not medicinal, elixir to

Elliott and his brothers during difficult times.

"I always look forward to going to Atlanta," Elliott said. "It's my home track and we've generally run very well there."

Five of Elliott's 40 career victories have come at Atlanta, including three during the season finale — the last coming in 1992. Elliott, the fastest stock car driver in Winston Cup history with a 1987 lap of 212.809 at the Talladega Superspeedway, is most comfortable at high speed and in close quarters.

"Believe me, I really feel good about things," he said. "Yes, I'm looking forward to Atlanta. It could be pretty special."

During his 24-year Winston Cup Series career, Elliott has logged more than 19,000 racing miles at Atlanta. He's also won nearly \$1.2 million at his favorite raceway.

He is such a part of Atlanta's rich history, he volunteered to drive the bulldozer that tore down the backstretch wall in 1997 that started the \$100 million re-configuration from a 1.522-mile oval into a spectacular 1.54-mile quad-oval.

The 1999 season was difficult for the Dawsonville, Ga., resident. His last race victory was the 1994 Southern 500, and at midseason he learned his longtime sponsor, McDonald's, would move to another team following the 2000 season.

And yet, Elliott, the 1988 Winston Cup Series Champion, remains undaunted. There are no immediate plans to leave the fast lane or to abandon the goals of winning races and challenging for championships again.

"If I go for the next three or four years, then I will make a decision," Elliott said. "But I don't know if I want to go on much longer than that, just to be realistic. Right now, I feel great. I feel like I'm as healthy as I've ever been."

"These young kids come along and they are going to continue to take it out of you, and you're going to have to work harder to stay good. I'm trying to do that. You just hope you can use your experience to overcome some of the other stuff."

"(Engine builder) Ernie (Elliott) has been extremely focused on what he is doing motor-wise so I know he can do it and I know this whole bunch can do it," Elliott said. "You can sit and listen to all the guys over the winter say they are going to have a great year because of this, this and this. I said all I can do is hope. All the ingredients are there. If we can just have some racing luck to help keep the attitude going and keep the morale going, that is going to be the key. Home cooking, of course, also helps."

So far this season Elliott has won a 125 Qualifying race at Daytona, finished third in the Daytona 500, 25th at Rockingham and 4th at Las Vegas. If Elliott can continue his good runs, fans might get to see some of the former Winston Cup Champion's glory again. And there would be no better place to start than on the 1.54-mile Atlanta track.

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FROM THE TACKLE BOX

by Jim Lyon

If you enjoy fishing without a lot of pleasure boat traffic, you may be interested in a spot that I have been fishing on for the past three years. It is located in the headwaters of Paintsville Lake. It has easy access to some of the most peaceful quiet fishing water on the lake.

To arrive at this spot, you travel north from Prestonsburg on U.S. 23 to the Paintsville exit. Exiting off U.S. 23, drive straight across U.S. 460 onto Route 40. Passing through Staffordsville, turn right on Route 172. Drive past the Paintsville stock market on Route 172 west for about 15 miles. A sign advertising the Patoker Camping area, as well as the sportsman's access, Paintsville Wildlife Management Area, Burchett Flats. Turn left on a gravel road and drive

about 1.5 miles to the boat ramp. A newly developed parking, fishing and picnic area for the lake is being developed in this area and will be available by spring. It includes a large parking area with picnic tables and a walkway that meanders around the lake shore. This area will

also be equipped with floating fishing docks, and a handicapped fishing ramp.

The area also provides camping at Patoker Campgrounds, for those who may want to camp for a few days of great fishing. The camp is about a half-mile off Route 172 on your way to the lake. Turn left up a hollow to the camping area.

According to the manager, John Hamilton, the campgrounds cover 40 acres. John said he has hook-ups for about 90 trailers or motor homes. Primitive camping is also available for those who may want to rough it in tents. Hamilton has also established a bait store. It is located at the entrance of the campgrounds and is open 24 hours a day. He has available, live bait, pop, snacks and canoe rentals at the bait shop. He is also developing a fishing pond on the campgrounds for those who would rather sit in a chair and enjoy pond fishing. It's a great place for a quite relaxing evening after a hard day on the lake.

The boat ramp and launching

area is a wide cement ramp leading down into an area that was at one time a rock quarry. As you travel down the lake from the launch area you will be required to navigate between stickups and some narrow areas of the headwaters. It is deep enough to support large boats, however, it may not be a good place to launch a large pontoon or houseboat. Large fishing boats will have no problem. Traveling down the lake, the water becomes more open. You will boat through beautiful water as you travel by rock cliffs which line the side of the lake. The lake meanders through the woods and rock cliff areas for about 16 miles to the face of the dam.

Water skiing is prohibited in this part of the lake. These areas afford great fishing for largemouth bass, crappie and walleye. You will get some pleasure boaters who are touring the lake, taking pictures or just admiring the beauty of the lake, but they are not as frequent as in other areas near the face of the dam. While fishing you may see a great variety

of wildlife. Deer, turkey and other animals may be spotted along the lake shore.

A reminder for those muskie anglers who may be interested in the Professional Muskie Tournament Trial (PMTT). They will hold their first qualifying tournament of the 2000 season on Cave Run Lake, April 29-30. The headquarters will be in the Cave Run Lodge. The entry fee is \$450 per team (two anglers). The tournament will have a guaranteed purse of \$10,000. This tournament is limited to 150 boats. To get

more information write: PMTT, Box 207, Waterman, Ill. 60556, or call (815) 264-3228. The website is <http://www.promusky.com/>.

The tournament director, Bob Widlacki, has been quoted as saying, that Cave Run Lake was chosen because it is such a good muskie fishery and the timing of the tournament is seasonally right for the event at this lake.

If you visit the Cave Run visitors' center at the lake, and look at some of the large trophy muskie that have been taken from this lake, you can just imagine the excitement that will be a part of this professional event. Watching this event is a must for me.

Some anglers, including myself, are getting ready for some good walleye fishing. Coming into the post-spawn period, this species of fish will begin to scatter after being schooled up for the winter months. They will begin to feed more often and become more active. It is a time when they are recuperating from the spawn period.

As soon as the water reaches the mid-50-degree level, the walleye are one of the first fish to get back into their pre-summer habitat. This is a time when the walleye will begin their growth. It is also a time when pinpointing or locating these fish is more of a problem. You may find them deep, at mid-level or shallow. This will also call for the use of several different lures. This means establishing a fishing pattern will be more difficult than usual.

The reports from the area lakes this week are:

■ Yatesville, the fishing is reported as slow, and the water temperature is 47 degrees.

■ Paintsville, the lake is clear to murky, but in the muddy waters at the headwaters the fishing is reported as very good. The water temperature is 40 degrees.

■ Dewey is muddy with no fishing report available. The water temperature is 44 degrees.

Bentley's COMMENTS

BY RICK BENTLEY

Is it finally Turner time?

SALYERSVILLE - For Johnny Ray Turner, winning Wednesday night meant he could go home.

Turner's Johnson Central Golden Eagles pulled out a 72-66 win over cross-town rival Paintsville in the first round of the 57th District Tournament, meaning the longtime 15th Region kingpin would stay home for the second consecutive regional tournament.

"I think Mike Fields summed it up best in the Lexington paper when he said this was the best first-round game in the state," he said. "I think it ended up being that."

"We told our kids that the team that came out ready to play and more focused would win the game. It was that close."

Turner's club got a big lift from senior guard Mitchell Coleman, who had 28 points and 14 rebounds in the game. Having Coleman step up wasn't a huge surprise for the coach, who thinks his star should have the chance to play college basketball next year.

"I think he's under-rated. Somebody needs to really take a look at this kid, because he can play," said Turner. "He's an athlete, and just does so many things for the team. I've always said, as Mitchell

goes, we go."

Unfortunately, this week's regional tournament will be without Paintsville, easily one of the top four teams in the region. In an effort to get the better teams in the regional tournament and possibly prevent Paintsville and Central from their annual first-round meeting, the 57th District finally relented and voted to seed instead of draw for the tournament pairings last year.

Instead, Paintsville and Central have still played in the opening round, and in both seasons, ties have meant drawing for positions.

"It's ended up in a draw the last two years anyway," Paintsville Coach Bill Mike Runyon said. "I never thought seeding was the primary thing for this district because all four teams are usually pretty good. Seeding doesn't really mean a whole lot to us. We could probably go back to the draw and be just as well off."

Runyon's right. Year in and year out, the 57th District is loaded. And while Paintsville won't be around, absolutely no one cherishes the idea of playing a team coached by Danny Adams in any tournament.

Still, Paintsville and Johnson Central may have the top rivalry in the mountains. "I've been at three different places, Magoffin County, McDowell and here, and I think this is the best rivalry around," Turner said.

"It seems like it gets tougher every year," according to Runyon. "When you have to play your cross-town rival in the first game of the district tournament every year, it makes it even more special. It increases the rivalry."

With the win, Turner will return to Floyd County for this week's 15th Region Tournament. The event will be played at Allen Central High School, and the stage is set for a storybook ending if the 2000 Golden Eagles can win three games this week and finally send Turner to the Big Dance.

Turner admits a fondness for the school, the only one actually locat-

ed in Eastern, Ky.

"I feel comfortable there," he said. "My teams love to play there. I really like the floor. It's going to be a great atmosphere up there. We're just glad to be there."

The Central fans don't need any help; they're among the largest and most vocal legion to be found. But until the possible meeting with South Floyd, they could get some support from Left Beaver, where Turner still has a loyal following from his days at McDowell.

But the meeting with South Floyd is, in some eyes, inevitable. Those two, along with Shelby Valley and Pikeville, are the favorites for this week's event.

It would be an interesting battle of student vs. teacher should Turner meet his former point guard, Henry Webb, in the tournament. Webb and Betsy Layne Coach Brent Rose both played for Turner when they led McDowell to the 1989 finals of the 15th Region tournament, only to be bested by Prestonsburg and denied a trip to the Sweet 16.

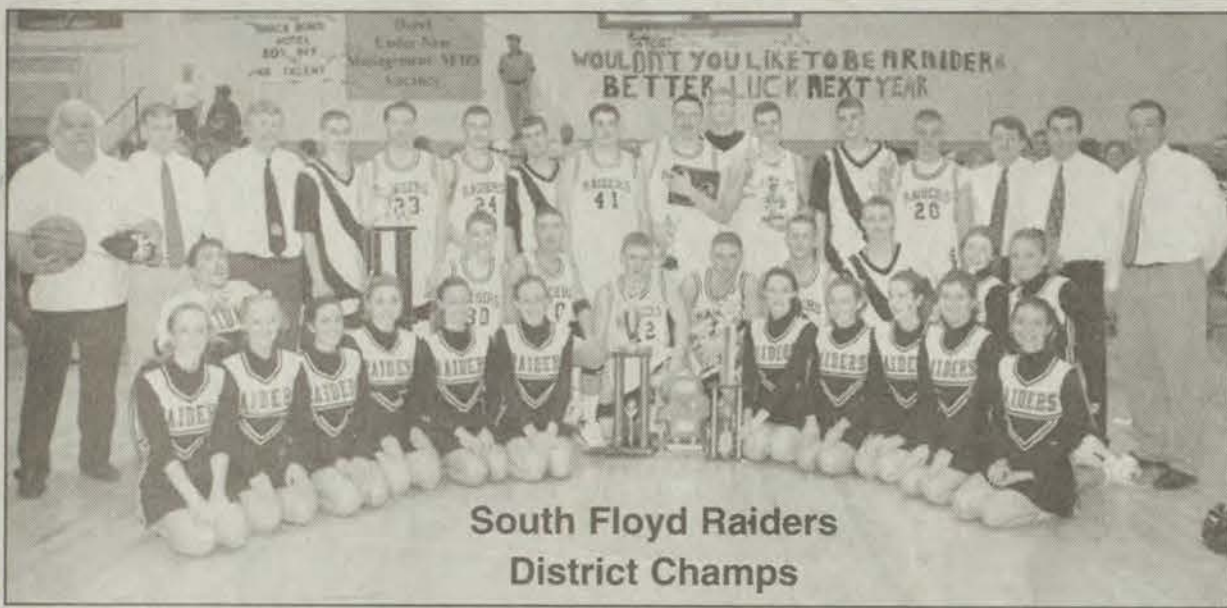
Turner says it would make for good copy for us media types.

"There'll be a lot of people there to see it," he said. "I kind of dread playing Henry if we wind up matched up with them."

Shelby Valley is hot right now. South Floyd has had a solid season, but must overcome the jitters of the school's first regional-tournament berth in any sport. And while Pikeville has turned in a credible season, it isn't the same powerhouse that made it to last year's state quarterfinals.

That leaves Central, and Coach Johnny Ray Turner. He's trying to return the program to the prominence that was expected of it when the school was formed nearly 30 years ago.

Who knows who will win this week? Certainly not I. And while I hate to put the albatross on anybody, for the record, in this wide-open tournament my money (if I had any to begin with) is on Johnson Central.



South Floyd Raiders District Champs

Sandy Valley Chapter to hold banquet

The Sandy Valley Wild Turkey Federation will hold their annual banquet and auction this coming Saturday evening, March 11, at the Ramanda Inn in Paintsville. The banquet begins at 6 p.m.

The annual banquet and auction is held to raise funds in reestablishing and protecting the wild turkey in this area.

According to Chalmer Howard, the process has been a good one.

"In 1976 there were 900 wild turkey tags sold," said Howard, "and only 42, in the whole state of Kentucky, were killed. Last year there were 47,000 sold and 17,000 turkeys killed. So it has been successful."

Howard said the Federation went

from zero to thousands of turkeys over the years.

Cost for the banquet/auction is \$15 per person. Tickets will be sold only at the door. The public is invited to enjoy the banquet and a chance to bid on some nice wild turkey prints.

For more information, call 886-6733.

Rhonda Adams (21) defends against this Belfry player in the game between the Lady Eagles and the Lady Pirates. The Lady Pirates advance to the semi-finals by defeating the Lady Eagles 63-58. (photo by Karen Joseph)



Perspective

Continued from p3

Cities Open and annexed the Walt Disney World Classic in 1983. And although he didn't win again for another four seasons, his earnings climbed steadily. In 1986, he held forth as the third leading money winner with an income of \$535,389.

The next spring, he finished ahead of the field in the Hertz Bay Hill Classic for his fourth tour victory. He donated his entire winning check worth \$108,000 to the Florida Hospital Golden Circle of Friends Home in Memory of his recently deceased father, William Louis Stewart.

"My father was the man who helped me more than anyone else to play this game," he said. "I had set a goal of winning here. And now that I have, I want to do something special in his name."

Another two years passed then Stewart captured his first major, the 1989 PGA Championship. What's more, he did it in flamboyant fashion. On the final day of play at the Kemper Lakes Golf Course in Illinois, he caught fire down the stretch with four birdies on the last five holes to take the title by a single shot. Oh yes, his ensemble for the occasion sported the team colors of

the neighboring Chicago Bears.

In 1991, he acquired his second major crown, the U.S. Open Championship. Dressed in a red, white and blue motif, he prevailed in an 18-hole playoff over Scott Simpson. But just as it appeared all was right with his world, he lost the Midas touch and then some. For the first time in a decade he fell out of the top 25 money winners. His game simply went into freefall.

During this period, Stewart began to take a closer look at himself and his values. Spiritually he turned to a more personal relationship with God. Then he set about making changes in his public person.

Said he, "From now on my family comes first and golf is second."

In 1998, Stewart blew a four-stroke lead on the final day of the U.S. Open to lose the coveted bauble. But he more than made amends for this glitch by winning the 1999 Open in stirring style.

Talking to reporters, he said, "This was important. At my age you don't know just how much time you have left out here."

It would seem Payne Stewart spoke prophetically.



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2x8 Treated	5.88	7.33	8.88	9.77	12.55
2x10 Treated	6.88	9.33	13.44	15.33	16.77
4x4 Treated	5.33	8.88	9.77	10.66	13.55
6x6 Treated	16.44	19.88	23.33	24.44	34.88
1x6 Treated	2.55		4.44		
5/4 x 6 Treated	3.33	4.44	5.33		7.77
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2844	2' 7 1/2" x 4' 3 1/2"	93.77
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3044	2' 11 1/2" x 4' 3 1/2"	98.77

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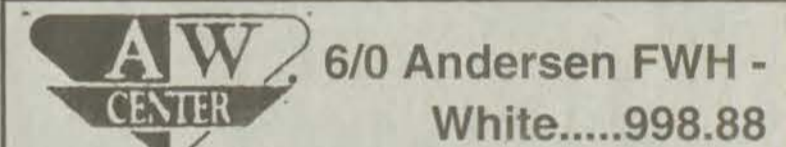
Glass size	Rough Opening	Price
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24x16	2' 6" x 3' 6"	86.55
28x16	2' 10" x 3' 6"	89.55
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24x24	2' 6" x 4' 10"	98.55
28x24	2' 10" x 4' 10"	102.55

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SEW wrestling comes to Prestonsburg Amory

Whoa professional wrestling fans!

Coming to the Prestonsburg National Guard Armory will be a big wrestling card featuring some of the big names in professional wrestling.

The main event will be a 10-man over the top Battle Royal. All the action begins Friday, March 10 at 8 p.m.

The winner of the 10-man Battle Royal will become the number one contender for the SEW title.

Also on the line will be the North American heavyweight championship as the Black Angel battles Ace Hardy for the championship.

Other wrestlers on the card include: Southern Justice, a tag team tandem, Little Peter Waldo

who will battle Vic Treveno. Dem Harlem boys will be in tag team action and many other SEW stars.

Admission to the event is only \$6 and all the proceeds to the Law Enforcement Club of Prestonsburg Community College. Tickets are on sale now and may be purchased from an Law Enforcement Club member. Doors open at 7 p.m. Card subject to change.

Fields best lifter in Powerlifting Championships



Several new state records established

by Ed Taylor
Sports Editor

The Pikeville Area Family YMCA, located at the Bob Amos Park in Pikeville, was the site of the Kentucky State Powerlifting Championships and Open Benchpress on Saturday, February 26.

Many old state records fell at the conclusion of the meet that brought out several participants.

Don Fields of Prestonsburg was the meet's Best Lifter in both the heavy-weight and lightweight competition. Fields was an overall first-place finisher both in the Open Men and Masters Men competition.

He had a squat of 600-pounds, which was a new state record. He benched 325 and deadlifted 550-pounds for an overall total of 1,475 in the 165-pound class. He had the same totals for the Masters Men.

Only two existing open state records were broken in this meet and one of those was the 165-class squat record of 573-pounds, also set by Fields in the 1987 state meet. Fields broke his own record by 27 pounds in both the open and masters division.

Other finishers in the Open Men:

- (181 class): Mike Roberts, 1,280; Todd Kidd, 1,250
- (198 class): Chris Phillips, 1,100.
- (220 class): Eddie Crum, 1,700, new state record; Jason Bevins, 1,415.
- (242 class): Jamie Kidd, 1,530; Chris Hicks, 1,525.

- (275 class): Craig Stalker, 935
 - (308 class): Jim Tom Allen, 1,900
 - (SHW class): Mike Branham, 1,140
- Branham's lift in the SHW was a new record, set by Branham himself back in 1992. The previous best was 832 pounds. Branham squatted an easy 850 to record the heaviest squat to date in a Kentucky USPF meet. Because of a strained tendon. Branham was not allowed to set up the 900-pound lift, what would have been a new meet record.

Allen's 1,900 was the meet's highest total.

Randy Burruss placed an overall second in the Masters Men division, but first in the 220-pound class with a total score of 1,410. Burruss had a squat of 515, bench of 145 and deadlift of 560 pounds. Burruss' lift was also a state record for his class, breaking his

previous best. In the Submasters Men, Lynn Cross, a state trooper in the 275 class, established a new state record with a total of 1,720 pounds. Wesley Jones also had a record lift in the 220 class with 1,215 pounds.

In the Open Women class, Suzanne Hyden placed first overall with a total of 530-pounds. Hyden had a squat lift of 175 pounds, bench of 110 and deadlift of 245. She shows great promise as she had little trouble pulling the 245 from the floor. She was working under a handicap, having stitches in one of her fingers.

In the Submasters Women, 123-pound class, Kathy Burchett took first place and set a new state record with 565 pounds. Burchett benched 125 and had a lift of 235 in the deadlift while squatting 205 pounds. It was Burchett's first appearance in 12 years. She is a local lifter who held several women's state records in the past. She

current holds all of the submaster records in the 123 class.

Sandra Conley placed first overall



in the Masters Women division with 505 pounds. Conley had a squat of

175, bench of 100 and deadlifted 230 pounds for a new state record. Conley competed in the 148-pound class.

Conley continues to improve in the masters division with records in both the 132 and 148 classes.

Casey Newsome, a running back for the Shelby Valley Wildcats who has a bodybuilder's physique, took the overall Teenage Men class with a total of 925 pounds. Newsome, who competed in the 148-pound class, lifted without the aid of equipment. His total was only 88 pounds below the state record.

Lucas Luster, in the 198 class, finished first with 795 pounds.

In the Teenage Women (16-17) class, Robin Gibson had a lift of 120 pounds. Trent Charles lifted 300 in the Teenage Men (14-15). Charles had an exceptional lift of 300 pounds in the bench press, exceeding the full meet bench record by 52 pounds without a bench press shirt.

Dusty Hall was outstanding in the Teenage Men (16-17) class. Hall, a running back at Shelby Valley, also exceeded the full meet bench record in his class by 26.5 pounds and would have turned in a good total but dropped out when an injury forced him to.

In the Teenage Men (18-19) class, Daniel Anderson had a lift of 350 pounds. Jeff Little's 335 was good enough for first in the Submasters Men (181 class).

In the Open Men, Anthony Hampton (198) had a lift of 325; Russell Gibson (220) 575; H.D. Blackburn (308) 455.

The Kentucky State Meet will combine with the Pikeville Open and YMCA Open Bench Press next year in February of 2001.

For more information on Kentucky powerlifting, strongman and multi-sport events, contact Pro-Fitness MultiSports at (606)886-8604 or www.multisports.net.



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Sports In Kentucky

by Bob Watkins

Internet a 'pool of ignorance'? Tubby should step up and declare his intentions

Rumors a month ago on the Internet had Tubby Smith replacing Lenny Wilkins as coach of the Atlanta Hawks. Kentucky's coach said he was staying put. Next, we heard Rick Pitino might come back to UK replacing C.M. Newton. Then, as the rumor mill heated up, and curiously just before No. 8 Florida came to Lexington last week, Billy Donovan's name surfaced as next coach at UK.

Asked about the latest swirl, Newton said the Internet is "a pool of ignorance."

In fact, rumor and gossip about UK basketball's coaches,

and player transfers and playing time and player-sweetheart problems and recruiting, and who's flunking out of school, have buzzed for years in coffee shops around Lexington and across the state. It's our state's fourth sports season after basketball, basketball recruiting and football.

So, the pool of ignorance idea is nothing new. The Internet's speed, reach and penetration with gossip and rumor give it added sophistication.

The view here is, to keep pace with the times and to dilute the Internet's pool of ignorance, Tubby Smith must be emphatic

more often in the coming weeks, as tournaments go on and with recruiting season coming up. Repeat what his intentions are. If he has to say more than once that he's staying as Kentucky's coach, then so be it.

Smith made it clear two months ago he is happy with his job at UK and had no interest in leaving, but he should say it again, and again, and again if necessary. He ought to write it in ink.

Hours after UK's impressive victory over Florida Saturday, an e-mail arrived here.

Q. What about speculation Tubby will be offered and will accept the Atlanta Hawks coaching job?

A. At this point the speculation is grade-A baloney. Business-as-usual rumor-mongering distraction as coaches plan for tournament play and spring recruiting. Kentucky's coach was emphatic two months ago saying he was not going anywhere. I take Tubby at his word.

However, in face-to-face one-on-one interviews: I believed Rick Pitino. ... I believed Ralph Willard (at WKU). ... I believed Eddie Sutton saying "... we are

innocent of accusations of NCAA rules violations. ... I believed C.M. Newton when he said he had no intention of coaching Kentucky (after Sutton's departure), then one week later told another reporter he had considered taking the job himself. ... I believed Denny Crum when the UofL coach said a 60 Minutes segment on UofL graduation rates was untrue.

The stark truth is, coaches are politicians. When it is expedient and convenient, they say whatever serves them best at the time.

But I believe Tubby Smith.

UK, UofLAT TOURNAMENT TIME

Kentucky looks ready for tournament time. So, do the Louisville Cardinals.

Let's light this candle. Off performances in Starkville, then a rousing victory against No. 8 Florida Saturday to close the regular season 22-8, the Wildcats showed sparkles of being prime for March Madness.

A 22-8 regular season against the best schedule in America. Tubby Smith has done a superlative job and C.M. Newton ought to seize the moment, praise his coach mightily and extend his contract.

Meanwhile, kudos to Tubby for starting senior Steve Masiello against the Gators, then inserting the pepper pot senior in crucial parts of the game, too. The move was not only popular with fans and family, but Masiello's steady play appeared to have a buoying effect on his teammates.

Against Florida, Kentucky was superb.

Playing Masiello was an excellent coaching move.

Louisville closed its regular season in a rush also. As much as any C-USA team this side of Cincinnati, the Cardinals look to be ready to make an impressive run in the NCAAs if they make a competent showing in the conference tournament and get a reasonable seed in an NCAA field that has never looked more wide open.

READERS (RIGHT) WRITE

■ About UK's fair-weather basketball fans...

Mark Paulsen writes: "Just read your article on fair-weather UK fans. You hit the mark on this one. This is why after living here in Kentucky for over 25 years, I'm still an Iowa Hawkeye fan at heart. Keep up the good and unbiased reports."

Jim White, Guthrie, Ky.: "I have been an avid UK fan since Joe Hall's early days, and certainly agree with you concerning the UK fair-weather fans. I thought more of Eddie Sutton than most UK folks."

Allen Lyons, Harrodsburg: "Gutsy article you wrote. I bet you get some responses like the one I wrote you the first time you ripped Mumme. Now, I probably like Rick (Pitino) better than you do but there's no doubt in my mind that if he had to coach this bunch, they'd already be known as The Forgettables."

"But with Tubby, a healthy team, enough 'threes' falling to loosen up the middle and some cheap baskets in transition - look out! I know that's a lot to ask for, but I'd sure love to cram a Final Four down the throats of some of those whiners who call themselves UK fans."

■ Responding to (this) cynical sports writer...

Dawn Miller, Ekron, Ky. writes: "Dear Mr. Watkins (aka Billy Packer fan) It seems to me that in the middle of basketball season, with the UK basketball Cats winning two of three games (as of 2-5-00) you would have better things to write about than the continuous bashing of Coach (Hal) Mumme, the football Cats, and now the honorable C.M. Newton. For once I wish you had something nice to say about the football Cats, the coaching staff, and the steady progress they are making."

"As for winning the nation's top (football) recruits, first we must (get) the Bluegrass State's

Best! Which we do. At least we are in the running for the nation's best. Compared to four years ago that is quite an accomplishment. With Newton's new coach, yes, we are gaining on SEC brethren. Just ask Alabama or Arkansas or compare scores to five years ago. Win or lose they are exciting to watch. At least Newton's new coach has enough sense to start an NFL No. 1 draft pick."

■ About professional sports...

Tim Ballard, Bardstow writes: "You're right on track about pro sports going to hell. I don't begrudge the salaries so much as the way owners try to blackmail cities into building new stadiums. Why should the taxpayers foot the bill for a private enterprise that many of them cannot afford to patronize because of the horrendous ticket and concession prices?"

"Worse than that is the attitude and all-around bad sportsmanship shown by so many pro athletes today. Where have all the gentlemen gone? I say 'gentlemen' because it seems to be much more of a problem with men than with women. That attitude trickles down into the college, high school, and middle school ranks."

"As Rick Pitino has said, being able to talk trash has become more important than being able to play the game."

"As always, I enjoy your columns and your insights. Unfortunately, there aren't many like you left."

■ Will criticism of Tubby Smith put UK coach on the road?

Kevin Cardwell, Harrison, TN.: "It hurts to hear that the fans are on Tubby and now I am reading in the Chattanooga Times-FreePress that Georgia Tech is considering a shot at bringing Tubby back to Georgia! Can you believe that another college would even consider it? What scares me is that one too many jokes about moving vans just might drive the man to consider it."

"I agree on (LSU's) John Brady for coach of the year (dead last to probably winning the SEC). Player of the year is much tougher, Florida's Miller is good and (Jamaal Magloire) has been huge for the Cats this year, but as much as I hate to say it, Tony Harris has probably been the most valuable to his team. When he is on, Tennessee is pretty much unstoppable. If you can forgive him for a few disappearances (like the first UK game and against Vandy) he has to be considered for MVP."

Lynda Nutt, Columbia, TN.: "I am a displaced Ky fan living in Columbia, Tn. without a drop of Big Orange blood in me. I enjoyed your description of Kentucky in February. I'm going to the SEC tournament in Atlanta next week and will see the 'Cats for the first time in person! What do you think will happen? Any chance I'll get to wear my sweatshirt more than once? I'll be interested in your answer."

COMMENT: I think Lynda Nutt may well wear her UK sweatshirt to three games involving the Wildcats.

PARTING SHOT

Who said... "One of the toughest things about coaching is that the highs aren't nearly as high as the lows are low. I still think we're going to be very good, but we haven't shown it yet."

If you said Tubby Smith, go sit in the corner. It was Kansas coach Roy Williams in Feb. 28 issue of Sports Illustrated.

And so it goes. NEXT WEEK: Milestones and more Readers (Right) Write.

Have a point of view you would like to share? Write to Bob Watkins at P.O. Box 124, Glendale, Ky. 42740 or on the internet at Sportsinky@aol.com. And visit our website www.bob-watkins.com

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New test helps patient prevent osteoporosis

by Pam Shingler
 Lifestyles Editor

I lie on the flat table, my body aligned with a white stripe in the middle. The technician puts a squarish box under my legs. My arms are straight beside my body.

It's natural to feel vulnerable in this position, lying in a hospital room, not knowing what is coming next, I think to myself.

An appendage of the table, like a fat arm, glides the length of the table slowly, six inches or so above my tense body. As it passes over my head, I can see my face in the shiny, metal surface.

Pictures of my spine show up on a computer beside the table.

The technologist replaces the box my legs are on with a triangle. I am asked to hug the two upright sides with my feet to make it easier for the computer to read my hips.

The big arm makes another sweep, lingering at my hip region as I pinpoint my navel so that the machine can focus. My broad hips (minus the fat) appear on the computer monitor.

I've just been scanned at McDowell Appalachian Regional Hospital by a bone densitometer, a new tool for detecting osteoporosis, a potentially debilitating condition for the 25 million Americans — mostly women — who have it.

Know that I am an irrational coward when it comes to most any medical procedure. But this one is a breeze. I keep all my clothes on, even my shoes. The big arm never touches me.

The technologist, Lisa Walker, doesn't even have to leave the room, since the radiation, I am told, is less than a microwave.

The procedure takes less than five minutes and within 10 minutes, the physician is telling me what the computer reports mean and what I can do to keep from losing my bone density to "osteo," as the condition is commonly abbreviated.

Counting finding a parking place, I'm in and out in about a quarter of an hour.

Osteoporosis claims about 50,000 lives a year. It strikes primarily postmenopausal women, but men are not immune, especially those who lead a sedentary life with little exercise.

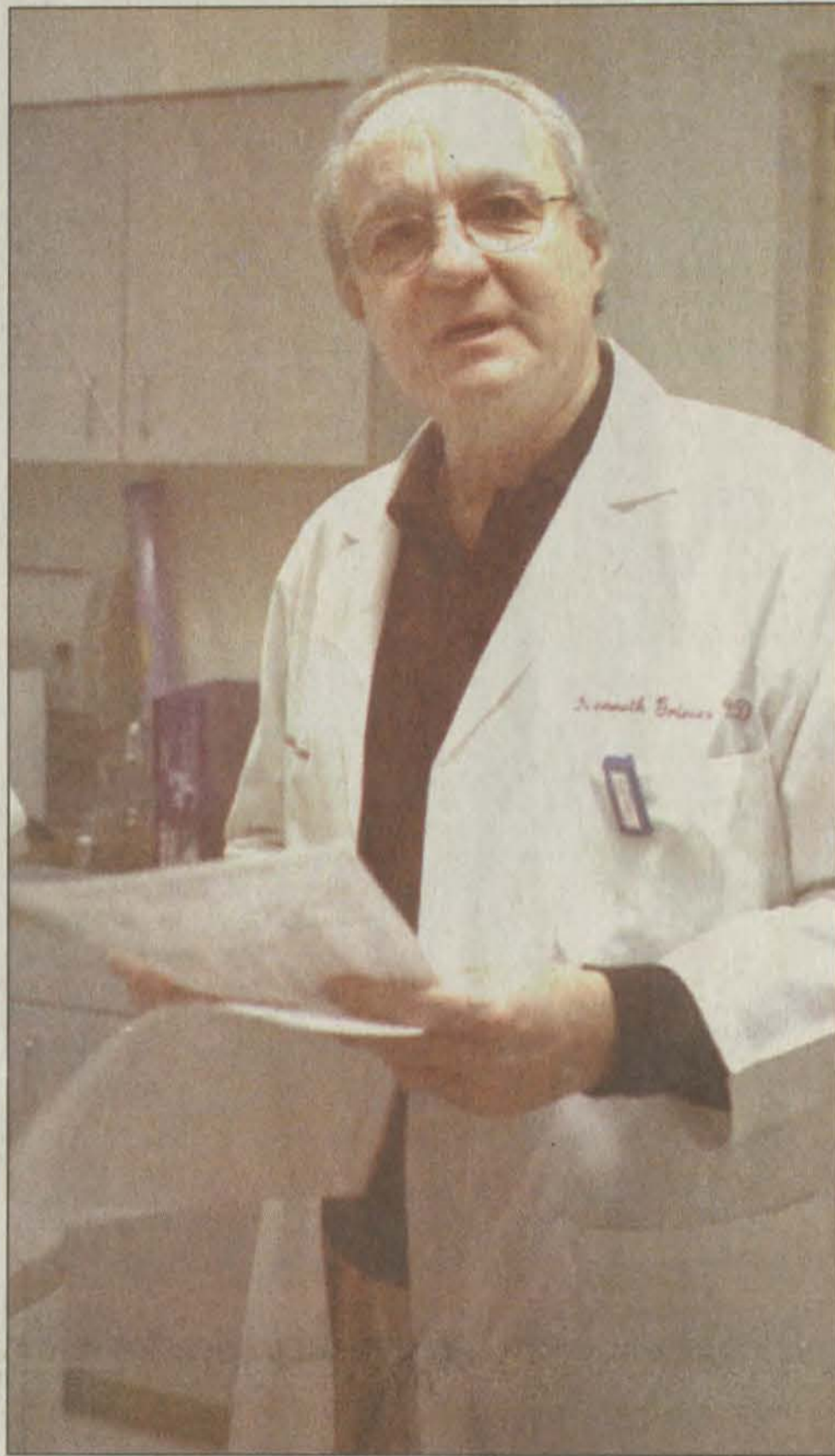
Put very simply, osteo is a deterioration of the bones. It results in an increased risk of fractures, particularly hip, spine and wrist fractures.

Broken hips are generally a manifestation of the condition. According to Dr. Kenneth Grimes, McDowell ARH radiologist, among persons over 50 who have hip fractures, 25 percent will die within a year, and about half will not be able to care for themselves for a long time, perhaps never.

"The PRODIGY bone densitometer measures the density of the spine, hip and other bones which are the most frequent sites of fracture," said Don Lyons, director of radiology for the hospital.

"Until now, evaluating bone density using conventional x-ray systems did not

See Osteoporosis, page two



Dr. Kenneth Grimes, McDowell ARH radiologist, interprets the readings of the densitometer. The test allows patients to stop the advance of osteoporosis before it leads to debilitation and death. (photo by Pam Shingler)



Radiologist Dr. Kenneth Grimes and technologist Lisa Walker assist as the author is scanned for bone density by a new machine now at McDowell ARH. The densitometer is painless, quick and safe. (photo by Leigh Ann Maynard)



Pizza, ham and leg of lamb

If you can believe what you read in the papers, not only is everything we eat not good for us, but dining itself has become very dull, even boring, because we're eating the same things all the time.

According to yet another governmental study, there are more than 50,000 species of edible plants, and we humans eat only about 300 of them. Furthermore, we only eat eight animal species and five species of birds.

While all this may be true, it's still hard for me to get too excited about governmental studies. Remember, it was a governmental study that scared everybody half to death about sugar. Remember when we were told that we ought to eat artificial sweeteners? You know, the "sweeteners" that were so bitter they'd turn your mouth inside out? Then remember the governmental study that said that artificial sweeteners were not good for you?

And remember when the study came out that said that butter and eggs would kill you? And biscuits and gravy? And pork chops? And red meat? (Is bologna a red meat?) Remember when a study suggested that we all become vegetarians, then one followed shortly suggesting that since farmers were using poisonous chemicals in order to grow bigger and juicier fruits and vegetables, we'd better not eat so many fruits and vegetables?

Anyway, take it for what it's worth, this new study apparently not only warns us about boredom, but also about running out of stuff. It does, however, offer some alternatives to pizza, Spam and leg of lamb. The report says that there are hundreds of things left to eat that not only taste good, but are also good for us. Things like oca, arrachacha, olluca and carmbola. Since I have no earthly notion as to what any of these things are, I can't personally recommend them.

It's not surprising to me, nor should it be to anyone else who may have been reared in an eastern Kentucky coal camp like Muddy Branch, but there are a couple of things that are indeed recognizable among all these recommendations: beans.

One is called the marama bean, which is supposed to have more protein than peanut butter and twice the oil of soybeans. The other is the adzuki bean. Apparently, the Japanese eat a lot of adzuki beans, and also use them in making pastries. Not only that, they use them to make a soft drink, too.

Again, since I've never tried them, I'd better not comment, except to say that I'd bet a nickel against the hole in a doughnut that neither of them would come close to being as good as the pinto and navy beans we all enjoyed as kids...and still do, for that matter.

(Soft drinks? Wonder what a bottle of soup bean pop would taste like? Wonder what it'd do for you? Would it make you belch, or...what?)



The radiation level is so low with the densitometer that radiology technologist Lisa Walker does not have to wear a metal apron or leave the room. She reads the results of the patient's bone density immediately on a computer. (photo by Pam Shingler)

Winning racing party

ZOOM! That's how fast the 21st century came upon us, and according to the people-watcher, that's how fast the spectator sport of stock car auto racing is growing.

Stock car racing had its beginnings in the South in the late 1940s, but like a lot of other Southern institutions such as country music, Moon Pies and White Lily flour, it has now accelerated into the fast lane. "In TV ratings, racing blows away every major sport but pro football," says Steve Lopez in a May 31, 1999 Time article.

According to Donna Bailey, White Lily Marketing/Sales Coordination Manager and racing fan, "My husband and I try to get to as many races as possible, but with long drives and scarce tickets we usually watch the races at home."

According to Bailey, "It is fun to serve something special when we watch the race, but I want the preparation to be quick and easy."

See Racing, page two



SMALL WORLD by Aileen Hall



We'll miss you,
 Charlie Brown

The world recently lost two influences for good when

Charles Schulz and Tom Landry both died on the same day. As I watched the news of their passing on that Sunday morning, I was impressed that someone is going to have to step up to help fill the void these two decent men have left.

Not being a football fan, I didn't know as much about Landry who had coached the Dallas Cowboys. But from time to time, I would see another story about him that attested to his Christian faith and the high morals that guided him in his coaching and in his living.

Football is a rough and tumble game that would make a good testing ground, and Landry

always stood out as being a genuine model for all he professed.

I knew a little more about Schulz who drew the Peanuts comic strip, for I am a reader. I read many types of materials at different times and in different moods. But reading about light and pleasant topics relaxes me and helps me fall asleep.

For as long as I can remember, I would save Peanuts to read just before I turned out the light. I was well acquainted with the wholesome antics of Charlie Brown, Lucy Van Pelt, Linus, Snoopy and all the others.

I enjoyed them, for I could relate to their ambitions and their failures. It somehow makes us feel better about ourselves when we see we're not the only ones who fail to kick the ball as Charlie did, or when, like Lucy, we not only miss catching the ball, we let it hit us on the head.

When the weather is unpredictable, I always take a sweater or jacket anywhere I go, and I make the comparison that "Linus has to have his

blan'et." Then there was Snoopy, the lovable little dog who showed all the other characters up with his innocent wisdom.

Even as we read about the serious illness that had befallen Schulz, we enjoyed his characters who never showed any symptoms. For a while, the papers ran repeats and it was like they would still be there for us to enjoy, but one night I picked up the paper and saw the strip replaced with a totally new and altogether different offering. It was nothing I could relate to.

I realized then that when Schulz died, they all died, too. It came as a bit of a shock, but I suppose that's the way we'd all like to go—still playing the game, still differing with each other in such a gentle way. No violence, no bad language, no ulterior scheming—just living together in a world we'd enjoy being a part of.

After Charles Schulz died, I watched a replay of an interview one of the TV anchor persons did with him. He seemed so unaffected by all the wealth his work had brought him and appeared to be genuinely surprised that it had been received so well. He expressed his great gratitude to his readers and said, "I just did the best I could."

His best was so good that now we feel compelled to say, "We'll miss you, Charlie Brown."

Racing

White Lily has developed an easy cake to help you celebrate racing season. Belinda Ellis, White Lily Test Kitchen manager, suggests this racing party idea. "Fast paced lifestyles mean little time for baking and planning parties and gatherings. That is why this one bowl cake is perfect for parties. It bakes as fast as a cake mix and uses ingredients you already have at home.

"If you like, go a little wild adding food coloring for a racing stripes cake. The results will be similar to red velvet cake with a bold attitude. For a more subdued cake, leave out the food coloring. The cake has a wonderful flavor, and the texture is light, as only cakes made with White Lily Flour are."

Contemplate the following for your race party and rev up the fun for the entire family. Complete the racing party theme with clothes that will help identify you with your favorite driver. Think about black and white checkered flags for place mats, napkins, or tablecloths.

Decorate the cake with a checkered flag made from squares of chocolate bars layered on the sides or top of the cake against the white frosting.

Use brand-name logos for party decorations. Cut official logos from box tops, paste onto poster board, adding numbers and drawing in wheels. Then fold and set on the table; it will look just like your favorite driver's car. Shops in most major malls, carry a whole line of items perfect for parties.

In either case, the phenomenon is a good theme for a party. And don't forget a lineup of cars. Your son or grandson's toybox is full of them.

Try this cake recipe to get your racing party off and running:

Fast and Easy Racing Stripes Cake

- 2 1/2 cups White Lily Plain All-Purpose Flour
- 1 1/2 cups sugar
- 1 teaspoon baking powder
- 1 teaspoon salt

Coors Light 18-Pack \$9.99 Cans	Doral \$13.95 ctn.
J & J Liquors Betsy Layne • 478-2477	

SURGEON GENERAL'S WARNING: Cigarettes smoke contains carbon monoxide.

- 1/2 teaspoon baking soda
- 1 cup buttermilk or buttermilk substitute (1 tablespoon of lemon juice added to 1 cup milk)
- 3/4 cup vegetable shortening or butter-flavored vegetable shortening

- 2 large eggs
- 2 teaspoons vanilla extract
- Optional food coloring: 1 ounce red food coloring, .25 ounce blue, and .25 ounce yellow

Preheat oven to 350°F. Lightly spray three 8-inch pans with cooking spray. Line bottom of pans with wax paper. Lightly spray the pans with cooking spray. Dust the pans with flour.

Thoroughly combine flour, sugar, baking powder, salt, and baking soda in large mixing bowl. Add buttermilk and shortening and beat two minutes. Add eggs and vanilla.

Beat an additional two minutes. If you want to serve this as a yellow cake, omit the next steps.

For the colors, divide equal portions of the batter into three bowls.

Stir in the food coloring until you have color desired. We used 1 ounce of red, .25 ounce of blue, and .25 ounce of yellow.

Osteoporosis

reveal a potential problem until a patient had lost 25 to 30 percent of her bone density," Lyons said.

The machine is designed to detect osteoporosis long before there is outward evidence of the condition. "This is mainly preventive," Lyons said. "If osteo is detected early, you can stop the process."

Knowing that the process has begun gives the patient a chance to take steps to slow the deterioration, such as taking a calcium supplement — as I was advised to do.

According to Dr. Grimes, "by the time you see the 'crunched over' look, the damage has been done."

Hospital community relations coordinator Leigh Ann Maynard said osteo is becoming more prevalent, particularly as the area population ages and particularly as most of us lead sedentary lives.

"Exercise and diet are not priorities for most people," she said, naming two risk factors for the dis-

Spread evenly into prepared pans. Tap several times to remove air bubbles.

Bake 22 to 25 minutes or until toothpick inserted is clean when removed. Cool on wire rack 10 minutes before removing from pans. Finish cooling on wire rack.

White Chocolate Cream Cheese Frosting

- 4 (2-ounce) squares white chocolate
- 4 (3-ounce) package cream cheese, softened
- 3/4 cup butter or margarine, softened

1 teaspoon vanilla extract
3 cups powdered sugar, sifted
Melt white chocolate over low heat or in microwave on medium (50%) power for 2 to 4 minutes, stirring several times. Cool for 10 minutes.

Beat cream cheese until smooth. Gradually add white chocolate. Add butter and vanilla, blend thoroughly. Add powdered sugar, and beat until smooth and fluffy.

Slice cake between layers for 6 layer cake if desired. Frost between each layer and then top and sides of cake.

Continued from p1

Continued from p1

ease.

People who smoke and/or use alcohol are also at high risk, Maynard said, as are women who have gone through menopause or have had a hysterectomy, persons who have taken steroids for asthma and allergies or other reasons, and anyone more than 50 years of age.

A history of bone fractures is also an indication of risk.

Maynard said the bone density test is covered by Medicare and most insurance plans. For those paying for the test, it costs about \$250.

Treatment for osteoporosis includes taking calcium supplements, carrying out an exercise regimen, and, if the disease is advanced, physical therapy.

Persons who think they are at risk for osteo and want to have the bone density test should contact their physician for a referral. For information on the procedure, call Maynard at 606/377-3447.

Our Yesterdays

(Items taken from *The Floyd County Times*, 10, 20, 30, 40, 50 and 60 years ago.)

Ten Years Ago (March 7 & 9, 1990)

Saying he's tired of state officials making promises that aren't kept, state Secretary of Transportation Milo Bryant made a number of significant promises he says he'll keep to the people of Floyd County, as he toured the roads of Left Beaver and Mud Creek, Saturday, talking with local residents... Two months after his disappearance following a car accident at Harold, James R. Keathley, 27, of Branham's Creek, was discovered 120 miles downriver near Portsmouth, Ohio...

The Allen Citgo gas station was robbed last Thursday by a masked man who kept his hand in his pocket during the crime and forced the night clerk to lie on the floor before making his getaway with the contents of the cash register... A Langley man, John Daniel Hall, 23, was shot by a masked gunman Saturday night, while working as a security guard at Pace Coal Co. on Spewing Camp Branch... In an animated and highly productive meeting, Wednesday night, Martin City Council agreed to evaluate and improve the city's fire department, drop a city insurance tax from 11 cents to nine cents, and begin action to require all city water users with delinquent water bills to make payments within 60 days... A Prestonsburg theft ring, responsible for dozens of break-ins and for the October 1989 shooting of a loaded Pike County school bus, was cracked this week, resulting in the arrest of five adults and two juveniles from the Prestonsburg area... William O. Goebel, 31, a Prestonsburg councilman, was fired from his position as office manager for the Kentucky Lottery Corp., after being charged last week with drunken driving. There died: Ralph Newsome, 70, McDowell, Feb. 28, at Highlands Regional Medical Center; Estill Orsbon, 69, Ligon, March 3, at Central Baptist Hospital in Lexington; Olive "Buck" Dingus Jones, 79, McDonough, Georgia, formerly of Martin, March 2, at the Henry County General Hospital; Rev. Eddie McSurley, 63, McDowell, March 1, at Our Lady of the Way Hospital; Christopher Franklin Collins, 17, Lackey, Feb. 28, at Garrett; Mary E. Taylor, 91, Wheelwright, March 9, at OLW; Wilma Hall, 43, Wayland, March 4, at her residence; Beverly Ann Ratliff, 32, Pikeville, formerly of Wheelwright, March 8 at her residence; General "Buck" Stumbo, 77, Willard, Ohio, formerly of Floyd County, March 3, at Mansfield General Hospital.

Even as county officials negotiate the opening of a new landfill site near Martin, complaints about existing landfills continue. Most recently, residents of Turkey Creek, near Maytown, have joined Little Mud and Blue River residents in complaining of illegal burning of garbage at the sites... The last piece of a \$4.2 million funding package which could soon enable an expansion of the Prestonsburg water plant and the extension of mains to other parts of the county fell into place last week with the approval of a \$2 million FHA loan... State troopers assisted by officers of the Floyd County Sheriff's Department, staged simultaneous raids last Friday which struck a half a dozen sources of bootleg whiskey and beer, and resulted in as many arrests. The total catch was 2217 cans of beer, 138 pints of whiskey, 78 half-pints of whiskey, 60 pints of wine and 17 fifths of whiskey... There died: Virgil Mays, 67, of Wheelwright, Friday at the UK Medical Center; Greeley Hackworth, 95, of Bonanza, Sunday at Riverview Manor Nursing Home; Roxie Chaffins, 79, of Garrett, Sunday at her home; Jim Layne, 66, of Harold, Monday at Pikeville Methodist; Jack Sellards, 87, of Stanville, Friday at Riverview Manor; Della Kendrick Patton, 81, of Emma, Saturday at HRMC; Theodore R. Holbrook, 71, of West Prestonsburg, Saturday at HRMC; Charles R. Lewis II, infant son of Charles and Remona Mousie Lewis of Banner,

Feb. 27; Michael Gene Rowe, infant son of Gene and Pam Reed Rowe of Martin, at birth March 2; William Burchett, 74, of East Point, Sunday at Mountain Manor; Johnnie Meadows, 73, of North Manchester, Ind., formerly of this county, Saturday; Raymond Pratt, 53, of Mt. Olivet, formerly of this county, Monday at home; Cleveland Sword, 92, Thursday at the home of his son at Langley; Charles Hamilton, 74, of New Carlisle, Ohio, formerly of this county, Thursday; Sam Crawford, 66, of Hi Hat, Thursday at his home; Lee Pack, of Scott's Depot, West Virginia, at the home of his daughter.

Picketing, which began at the Martin school last Wednesday in a protest against elementary school conditions there, continued through Friday, despite an injunction action filed by Superintendent of Schools Charles Clark and the Board of Education, and did not end till a scheduled hearing of the injunction action in circuit court here temporarily closed the schools, Monday... The Department of Highways has announced that contractors' bids on construction of the new four-lane US 23 from the Mountain Parkway, near Prestonsburg, to Allen, will be asked by July 1 of this year and the work remains on the highway calendar with that advertising date still in effect... Wheelwright High School's Trojans, winners of the Floyd County Conference title during the regular playing season, emerged Saturday night with the 58th district basketball championship at the close of a tournament marked by upsets and record crowds... There died: Margaret McKenzie Caudill, 41, formerly of Auxier, in a Columbus Hospital.

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Thirty Years Ago (March 12, 1970)

Picketing, which began at the Martin school last Wednesday in a protest against elementary school conditions there, continued through Friday, despite an injunction action filed by Superintendent of Schools Charles Clark and the Board of Education, and did not end till a scheduled hearing of the injunction action in circuit court here temporarily closed the schools, Monday... The Department of Highways has announced that contractors' bids on construction of the new four-lane US 23 from the Mountain Parkway, near Prestonsburg, to Allen, will be asked by July 1 of this year and the work remains on the highway calendar with that advertising date still in effect... Wheelwright High School's Trojans, winners of the Floyd County Conference title during the regular playing season, emerged Saturday night with the 58th district basketball championship at the close of a tournament marked by upsets and record crowds... There died: Margaret McKenzie Caudill, 41, formerly of Auxier, in a Columbus Hospital.

Forty Years Ago (March 10, 1960)

A micro-wave system that sends communications from mountaintop to mountaintop, like a beam of light, will be installed this year by the United Fuel Gas Company to form the background of a giant communications network. Prestonsburg will be the eastern Kentucky terminus of the United Fuel system... R.G. Francis, of the Francis Stores here, said Tuesday that plans of his firm to build a store building at the corner of Court Street and First Avenue have been indefinitely postponed... Traffic ground hurriedly to a halt in almost all of Kentucky and in adjoining states for the fourth time in as many weeks as another snowstorm struck the region Wednesday... Three persons — one youth of 14 — were trapped inside the restaurant of Charlie Lafferty at the "Y" outside Martin Saturday night and later charged of breaking and entering. A burglar alarm betrayed the presence of the looters... A former Prestonsburg woman, Patty Goble Mohammed, a daughter of Mr. and Mrs. Dan Goble, and her husband, Chareq, have survived within the past week a catastrophic upheaval of earth and sea which claimed 12,000 of the 50,000 population of Agadir, Morocco... There died: Myrtle Endicott Wallace, formerly of Floyd County; Roberta Click, 70, at her home at Eastern; Susie Osborn, 79, at Beaver Valley Hospital, Martin; Joe Dutton, 62, of Weeksbury, at home; Abner Bryant, 63, of Pikeville, and a native of this county, at C&O Hospital, Huntington.

Twenty Years Ago (March 5, 1980)

Even as county officials negotiate the opening of a new landfill site near Martin, complaints about existing landfills continue. Most recently, residents of Turkey Creek, near Maytown, have joined Little Mud and Blue River residents in complaining of illegal burning of garbage at the sites... The last piece of a \$4.2 million funding package which could soon enable an expansion of the Prestonsburg water plant and the extension of mains to other parts of the county fell into place last week with the approval of a \$2 million FHA loan... State troopers assisted by officers of the Floyd County Sheriff's Department, staged simultaneous raids last Friday which struck a half a dozen sources of bootleg whiskey and beer, and resulted in as many arrests. The total catch was 2217 cans of beer, 138 pints of whiskey, 78 half-pints of whiskey, 60 pints of wine and 17 fifths of whiskey... There died: Virgil Mays, 67, of Wheelwright, Friday at the UK Medical Center; Greeley Hackworth, 95, of Bonanza, Sunday at Riverview Manor Nursing Home; Roxie Chaffins, 79, of Garrett, Sunday at her home; Jim Layne, 66, of Harold, Monday at Pikeville Methodist; Jack Sellards, 87, of Stanville, Friday at Riverview Manor; Della Kendrick Patton, 81, of Emma, Saturday at HRMC; Theodore R. Holbrook, 71, of West Prestonsburg, Saturday at HRMC; Charles R. Lewis II, infant son of Charles and Remona Mousie Lewis of Banner,

Fifty Years Ago (March 9, 1950)

A schism created by disagreement over the method of naming a successor to Ray Fraley, Wayland, veteran member of the Floyd County Board of Education, bit deeply, Tuesday, into the harmony with which the Board has worked in recent years... The United Mine Workers of America over the weekend won the con-

(See Yesterdays, page three)

Attention Working Women

The Floyd Co. Health Dept. will be hosting a **Cancer Screening Clinic for women 40 and over**

March 30, 2000
5:00 p.m. – 9:00 p.m.

Call 886-2788 or 1-888-237-1928 for an appointment

Services Provided:
Pap Smear
Clinical Breast Exam

Cost: \$5.00
Refreshments and Door Prizes for all!

WEDDINGS/ ENGAGEMENTS



June wedding planned

Dickie and Tammy Ousley of Prestonsburg announce the engagement and forthcoming marriage of their son, Ricky Branham Jr. of Berea, and Julia Allen of Broadhead. She is the daughter of Ruth Allen of Broadhead and the late Clinton Allen. The wedding has been set for June 2, 2000, at 7 p.m. at Ottawa Community Church in Broadhead. The custom of open wedding will be observed.



To wed Saturday

Lucky Ferrell and Carol LeMaster of Prestonsburg announce the engagement and forthcoming marriage of their daughter, Angela Dawn Ferrell, and Jaseen Adam Bevins, son of Bill and Barbara Bevins of Printer. The bride-elect is employed by Sykes Enterprises and the prospective groom by UPS. The wedding will be Saturday, March 11, 2000, at 6:30 p.m. at Cow Creek Freewill Baptist Church at Allen.

Yesterdays

tract without which, they declare, they would not work, and Monday practically all coal mines in this section resumed operation after four weeks' idleness...Many communities of Floyd County have within the last two weeks felt the brunt of the most widespread influenza epidemic in several years...County Sanitation Inspector M.V. Clark of the Floyd County Health Department said Monday he may ask the Prestonsburg City Council to enact an ordinance requiring all dog-owners to confine their dogs for a definite period, or to have them given anti-rabies treatment...The unpredictable Prestonsburg Blackcats, with a pre-tournament record of only eight wins against 16 losses, overcame their season rating to squeeze by 58th district competition and win the district title by beating Maytown, 55-50, in an overtime here Saturday night...There died: Clarence Ray Johnson, 23, formerly of this county, Saturday in an auto wreck at East Detroit, Mich.; Cassan Tiller, 77, Monday at the home of daughter here; Luther Bolen, last Thursday at the home of his father at Mousie; Ussley Johnson, 73, of Weeksbury, last Thursday at the Prestonsburg General Hospital; Rosa Moore Austin, 86, Feb. 28 at the home of a daughter at Allen; Mary Francis Tackett, 77, Sunday at her home at Beaver; Joe Rozman, 64, last Wednesday near his home at East McDowell; Osa Alice Burchett, 45, Friday at the home of her father on the Auxier Road; R. L. Blankenship, 85, Saturday at his home at Teaberry; Anna Mitchell Collins, 66, of Amba, Wednesday at Prestonsburg General Hospital; Nellie Collins, 70, of McDowell, Wednesday at the Beaver Valley Hospital, Martin.

Points to consider before traveling abroad

(NAPSA)-For people with diabetes, getting a vacation off on the right foot may require a few extra steps.

In many foreign countries, the medical facilities are simply not as well equipped-or as readily available-as they are in the United States, so it's important for travelers to realize they may not be able to get help as quickly as they need it. One well-traveled person who takes no chances with his diabetes is Christopher Damon, who recently worked as a researcher on the MTV television program "Road Rules." This globe-trotting, high-adrenaline show takes its cast to exotic and remote locations for heart-pounding adventures, such as sky diving and running with the bulls in Pamplona, Spain.

In the past year, Damon-whose job it was to handle logistics for the cast and crew on their out-of-the-ordinary missions-traveled to India, Kenya and Malaysia. It can sometimes be difficult to remain in good health in such locations, and espe-

Better Diabetes Management HELPFUL HINTS FROM EXPERTS

cially for someone with diabetes.

Damon offers these tips for anyone with diabetes traveling to a foreign country.

- See your doctor before you leave to make sure you're in good health and to find out what to do and what medications to take in case of illness. Damon, for instance, travels with something to settle his stomach, because if he can't keep food down, his blood sugar levels can plummet, and this can be serious for someone with diabetes.
- Bring extras of everything you need-medication, syringes, test strips for your blood glucose meter, etc.
- If you need to use syringes for insulin injections, bring a doctor's note. Otherwise, customs agents in some countries may confiscate them.
- Finally, select diabetes

supplies and equipment that are conducive to travel. For example, Damon uses the FastTake@ Compact Blood Glucose Monitoring System because it was created for on-the-go testing with a compact size that's easier to pack and carry. This meter produces accurate results in just 15 seconds-with no cleaning required, making it easier to use on the road. Also, the meter is accurate for a wide range of climates, elevations and settings.

The FastTake Meter has a 150-test memory that can be downloaded to LifeScan's In Touch@ Diabetes Management Software for analysis when returning from a trip, or any other time. This Windows™-based software displays easy-to-follow charts that can help patients spot trends to help them make appropriate lifestyle changes. And now, the software is compatible with all LifeScan blood glucose meters. This is especially helpful for people who use multiple meters, such as the FastTake Meter when



MTV's Christopher Damon wears his small, lightweight blood-glucose meter on his belt, so he can monitor his diabetes while traveling to such remote places as India.

traveling and another LifeScan meter when at home.

To find out more about the FastTake Meter and blood-glucose control, ask your healthcare professional or call LifeScan at 1-800-277-8862, or visit the company at www.LifeScan.com on the World

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The facts about baby registries

(NUI) - Bridal registries have helped myriad clueless guests get the bride and groom just the right gift. Nowadays, baby registries are popular, too, providing clueless friends and family with numerous gift ideas for the expectant couple.

Baby registries are particularly helpful for out-of-town friends and family members who cannot be there for the showers and other festivities.

Mall.com, the premiere online shopping mall, answers expectant parents' and their families' baby registry questions.

Q: When should we register?
A: Typically, expectant parents register for baby gifts by the middle of the second trimester. However, there is no real right or wrong time.

Q: Where do we register?

A: Not all stores offer baby registries, so be sure to shop for items at stores that do. Out of convenience for your friends and family members, choose a specialty store, like Toys R Us, or a department store, like JC Penney, that has multiple locations. Even better, choose a store that has an online counterpart from which your loved ones, particularly those out of town, can get your gifts without having to face the mall crowds.

Q: What should we register for?

A: What do you need? First-time parents need everything — from cribs to strollers — while parents who already have children may not need the big items, but may instead appreciate the basics, like diapers and bottles. Stores offering baby registries can help.

Q: How do we let people know where we are registered?

A: Word will get around if you let your close family and friends know. But you may just wait until people ask (and they will). Be sure to tell them to visit your registries online. If your registries — and, yes, you can register at more than one place — are on the Web, be sure to direct your friends and families to Mall.com, which hosts many stores with baby registries.

Mall.com makes shopping easier by housing the Internet's major stores in one easy-to-navigate Web site designed solely to make your online shopping experience a pleasant one.

The layout of Mall.com looks like one of those free-standing mall maps at your local mall that says, "You are here." Clicking on a category, such as "Toys & Games," will

pull up a mall layout featuring all the stores that sell baby-related items. Just click on the store of your choice, and you are in.

Mall.com also offers free e-mail and customized service that allows you to create your own virtual mall online. For more information or to start shopping, visit Mall.com at www.mall.com.

The office of Dr. Marty Minix

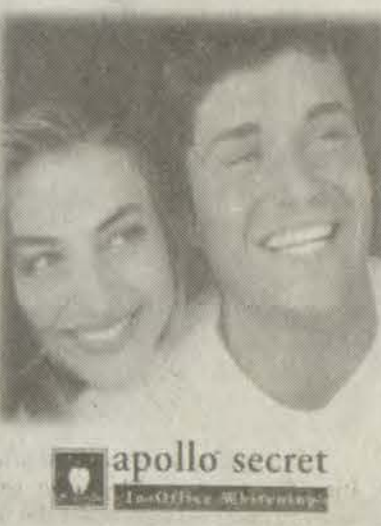
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Meeting the dental implant hygiene challenge

(NAPSA)-If you're one of the millions of Americans with dental implants-artificial tooth roots anchored into the jaw to hold replacement teeth in place-here's news that may brighten your smile:

A clinical study published in the January 2000 issue of the Journal of the American Dental Association (JADA) reports that the Interplak Power Toothbrush may provide a superior way for those with dental implants to maintain good oral hygiene.

The study compared the effectiveness of Interplak, the only counter-rotational power toothbrush, with other regimens, such as manual brushing combined with

DENTAL DOINGS

dental floss or oral rinse.

Over the past decade, approximately five million dental implants have been placed in the U.S. Implants look and feel natural, and serve as a permanent replacement for missing teeth.

The study collected data for 2,966 implants, making this the largest toothbrush study ever conducted. Of the implants studied, 1,409 were cleaned with the Interplak and 1,557 used manual toothbrushes. Results showed 66 to 72 percent of all implant surfaces cleaned by the Interplak to be free of plaque, compared to 50 to 58 percent cleaned by manual methods.

In regard to implant survival, there was an overall 5.9 percent loss in the manual group and only a 3.9 percent loss in the Interplak group. Use of Interplak was also

shown to control gum inflammation better than manual brushes.

"The buildup of dental plaque around the implants can lead to swollen gums and loss of bone needed to support the implant," explains Harold F. Morris, D.D.S., who conducted the study in conjunction with Richard S. Truhlar, D.D.S., and Shigeru Ochi, Ph.D. "Excellent oral hygiene is vital to long-term implant success."

The authors believe Interplak's unique bristle formation, which enables it to reach between teeth and under the gum line, is the reason for its effectiveness. Other leading powered brushes utilize oscillating, rotating, vibrating or acoustic modes of action.

For more information about the implant study or about the Interplak Power Toothbrush, call 1-800-633-6363.

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Or call Danny Justice (793-8030), Michelle Compton (794-4912) or Payton Robinson (791-4898)

Organizations

Spotlight on Betsy Layne seniors



It's Rook Day at Betsy Layne Senior Citizens Center and these four waste no time in dealing, from left, Marjorie Lynch, Lemuel Meade, Doris Boyd and Lea Belle.

Photos by Pam Shingler
Lifestyles Editor

After serving the food, workers at the Betsy Layne Senior Citizens Center grab a bite to eat, Michelle Long, Loretta Hunter and Nannette Yates, center director. They serve 20-22 seniors at the center each day and prepare about 30 meals a day to take to seniors who cannot come to the center.



Relaxing after lunch at Betsy Layne Senior Citizens Center is Audrey Jenkins.



Bud Hinton enjoys his lunch at the Betsy Layne Senior Citizens Center.

Playing rook as if they're well experienced are Betsy Layne Senior Citizens Center regulars, from left, Veda Blankenship, Verbal Meeks, Evelyn Hamilton and Curtis Blackburn.



Overcoming the debilitating effects of rheumatoid arthritis

(NAPSA)-Imagine being unable to accomplish the simple things in life, like brushing your hair, holding a fork or signing your name. Imagine being incapable of opening the door to your home, driving your car, or dressing yourself.

Some would say it's hard to find meaning in a life where even the simplest tasks are impossible. Yet this is the life of someone with rheumatoid arthritis.

Rheumatoid arthritis (RA) is a debilitating illness that affects the whole body, not just the joints. The immune system malfunctions, attacking the body as if it were a foreign intruder. The disease generally strikes people between the ages of 25 and 50, and affects two to three times more women than men. Worse still, there is no cure.

The symptoms often strike unexpectedly, as they did for Lisa Caswell. Eight years ago, Caswell was skiing, sailing and running in 10K races. She had a rewarding

career in the fast-paced world of restaurant management, and had just met the man she would marry. The couple discussed their future as they traveled together through Asia.

One night, without warning, Caswell awoke with excruciating, stabbing pain in her joints. She visited the emergency room, knowing something was terribly wrong. Emergency room personnel, unable to identify the source of the pain, referred her to a psychiatrist. Her primary care physician was baffled, too, but continued searching for answers. Finally, after exhaustive testing, Caswell received the frightening diagnosis: rheumatoid arthritis.

At the time, the best treatment available included combinations of drugs. Caswell started on NSAIDs (non-steroidal, anti-inflammatory drugs), and moved on to stronger DMARDs (disease-modifying anti-rheumatic drugs), but just became sicker-as side effects from the med-



Lisa Caswell, seen here with her husband Robert, was able to overcome rheumatoid arthritis thanks to a blood-filtering treatment.

ications worsened her already compromised health. One of the side

effects, though she did not know it at the time, was that she became unable to have children.

Soon after diagnosis, increasing pain made it hard for Caswell to perform common tasks, such as shampooing her hair or walking. Accelerated osteoporosis also gave her the hips of a 96-year-old woman. She gave up her job, qualified for government disability and resigned herself to a life dominated by overwhelming pain and fatigue.

Three years later, Caswell heard about a 12-week, non-drug treatment for RA called the Prosrba Column. She was accepted into a research study on the device and was fortunate to be randomized to the group receiving treatment (instead of the control group).

After the blood is separated into its components, the device is said to remove certain antibodies from the plasma-which is then mixed back into the blood and returned to the patient.

After completing 10 of the 12 treatments, Caswell noticed a difference. Her energy level increased and pain and inflammation decreased. Soon after she completed all 12 sessions, the change became more dramatic. Gone was much of the pain and debilitating fatigue.

Five years later, at age 41, Caswell is preparing for her third course of treatment with the Prosrba Column, now approved by the Food and Drug Administration. She has also just completed her doctorate in clinical psychology.

"I look forward to helping others deal more effectively with the changes imposed by chronic illnesses," says Caswell. "The Prosrba Column gives me hope for the future, and the ability to carry on with my life."

Treatment is recommended for difficult-to-manage RA patients-like Caswell-for whom drug therapies have failed, or are not viable

due to their medical condition. The treatment is prescribed by a doctor, and is done at an outpatient facility, such as a hospital or blood bank that has an apheresis (blood processing) machine.

For more information on the device, see your doctor.



A brown bear can run faster than a horse at full gallop.

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PCC honors Homecoming Princess

Tonika Fitzwater, a freshman pursuing an Associate of Arts degree, was voted the 1999-2000 Homecoming Princess at Prestonsburg Community College.

She represented PCC on the University of Kentucky's Homecoming Court and was introduced during the pre-game ceremonies on October 16 at Commonwealth Stadium in Lexington.

A dinner to honor Fitzwater was held at Reno's Roadhouse in Prestonsburg on December 12. It was co-hosted by Dr. Charles Stebbins, interim president of the college, and the Student Government Association.

In attendance at the event were SGA members Elizabeth Ann Clatworthy, Sabrina Collins, Jethro Francois, Aaron Frye, Bridgett Hall, David A. Layman, Rita Ratliff and SGA president Gary Thomas Underwood.

Faculty co-sponsors to SGA, Drs. Deborah Jacobs and Thomas Orf, were also present.

Family members and friends of the honoree in attendance were her father, Bill Fitzwater; sister, Bonika Fitzwater; niece, Jordan Fitzwater; fiancé, Eric Sluss; and Jamie Meade, PCC Grill operator.



Tonika Fitzwater, PCC Homecoming Princess

BIRTHDAYS



Celebrates four years

Arthur Blake Dean, son of Caleb and Karla Stumbo Dean of McDowell, celebrated his fourth birthday on Saturday, February 12, 2000, at the home of his grandparents at McDowell. The party theme was "Pirates Searching for Lost Treasure." His paternal grandparents are Mary Dean of Florida and the late Arthur Dean. His maternal grandparents are Clark Stumbo of McDowell and the late Carolyn

Artichokes: Food of the gods

by Elizabeth Pivonka, Ph.D., R.D. President, Produce for Better Health Foundation

(NAPSA)-Artichokes nourish the romantic and feed the health-minded. Few foods are as richly endowed with romantic stories as the artichoke, and one tale from mythology has it that the artichoke grew out of a desire for the unattainable. The Greek god, Zeus, fell hopelessly in love with Cynara, a beautiful young maiden. Unable to convince Cynara to leave her mother and her earthly home to become a goddess, Zeus became furious. His unrequited love for Cynara made Zeus so enraged, he transformed her into an artichoke, forever captivating her tender heart in the center of thorny leaves. To this day the artichoke is known to enchant the senses with its unique design and ethereal flavor.

Until recently, the artichoke was thought of as only a delicacy and, for some in earlier times, an aphrodisiac. Historically, Europeans included the choke in their diet because of its ability to "settle the stomach." A study conducted by the PISAGAH Bio-Medical Research Center in Asheville, N.C. noted that the artichoke contains a substance called cynarin. This compound helps lower total blood cholesterol and triglycerides, reducing the risk of heart attack. Additional research indicates that artichokes contain another substance called silymarin, which may also lower cholesterol and reduce the risk of cancer, liver disease, and heart disease. Choosing artichokes and/or eating five or more servings of fruit and vegetables a day may reduce the

risk of these diseases and help control obesity. When you want to fill up and feel good, remember nature's best-kept secret: the artichoke. A good source of folate, magnesium, fiber, and vitamin C, artichokes are also fat free, cholesterol free, and low calorie. The centerpiece of an elegant table, the artichoke is the perfect whole food solution for a nutritious meal. Try this tempting recipe today!



Artichoke Stuffed With Oriental Noodle Salad

Salad Ingredients

- 4 medium Ocean Mist artichokes, rinsed, top 1/2-inch cut off and steamed until a petal pulls off easily
- 6 ounces dried Chinese noodles or spaghetti broken into 2-inch lengths, cooked to al dente
- 1 cup cucumber, peeled and chopped
- 1/2 cup shredded carrots
- 1/2 cup shredded radishes
- 1/4 cup thinly sliced green onion
- 4 ounces fresh snow peas blanched and cut into thin diagonal

- strips
- Dressing**
- 1/4 cup unseasoned rice wine vinegar
- 1 tablespoon grated orange peel
- 1 1/2 tablespoons light soy sauce (reduced sodium)
- 1 teaspoon sesame oil
- 4 teaspoons peanut oil
- 2 tablespoons fresh ginger root, finely minced.
- 2 teaspoons minced garlic
- 1 teaspoon sugar
- 1/8 teaspoon cayenne pepper

Halve artichokes lengthwise. Remove and discard center small petals and fuzzy center. Set artichoke aside. In a medium bowl, whisk together dressing ingredients. In a large bowl combine noodles, cucumber, carrots, radishes, green onions, and snow peas. Toss noodle mixture with half of the dressing. Reserve the remaining half.

Arrange two artichoke halves on each plate. Spoon noodles into halves. Use reserved dressing as dip for artichoke petals. Serve immediately. Makes 4 servings.

Nutritional analysis per serving: Calories, 335; protein, 12g; carbohydrate, 60g; fat, 7g; calories from fat, 19 percent; calories from saturated fat 3 percent; sodium, 352mg; cholesterol, 0mg; dietary fiber, 7g. For more information about 5 A Day, visit www.5aday.com. Or to receive free recipes, send a self-addressed, stamped envelope to Produce for Better Health Foundation, 5301 Limestone Rd., Suite 101, Wilmington, DE 19808.

CD-ROM fit for a princess inspires

Pointers For Parents

(NAPSA)-No need to wish upon a star or to kiss an enchanted frog. A new computer game fit for a princess gives little girls the creative tools to rule when it comes to imaginative play.

Games such as Disney's Princess Fashion Boutique CD-ROM, use girls' natural play patterns to encourage creativity and boost computer skills. By making the game an interactive experience, the player is invited to become part of the experience, not just an observer.

With the click of a special crystal ball icon, girls can enter a fun and safe Web site with a variety of online features, including downloadable dress packs, digital postcards, promotions and contests, personalized e-mail from their favorite Disney princess and an



online fashion gallery where they can share their latest designs with girls around the world.

Supporting girls' love of dress-up and pretend play, the CD-ROM lets them use 3-D technology to create virtual "princess" images of themselves.

After entering the magical world and choosing which classic Disney

princess will be her guide, each girl can create a 3-D virtual model of herself. Encouraged to choose the features that best describe her, she can select body types, face shapes, eye shape and color, and skin tone, as well as hair color and style. To further personalize the model, she can import a photo of herself.

In the dressing room, girls can spend hours creating and trying on sparkling princess dresses. Customized to the chosen Disney princess, each room offers a different magical experience with each princess guide.

Girls can select from five special princess places to create their very own multimedia collage. With magical backgrounds such as a ballroom, tower and the Princesses' Enchanted World, girls can create their own unique story.

The game is available for Windows 95 and 98 for less than \$20.

For more information, visit www.disneyinteractive.com.

FREE THINGS TO SEND FOR

(NAPSA)-Free tip sheets on how to "Spring Clean Your Medicine Chest: Medicine Storage and Safety Tips" and "Be Prepared: Tips for a Well-Stocked Medicine Cabinet" are available by sending a self-addressed, stamped, business-size envelope to Council on Family Health, 1155 Connecticut Avenue, N.W., Suite 400, Washington, D.C. 20036 or by visiting www.cfhi-no.org.

For a free booklet with recipes made with Nakano Seasoned Rice Vinegars, send a letter with your name, mailing address and a check or money order for \$1 to cover shipping/handling to Nakano Foods Inc., Free Recipe Book, P.O. Box 7014, Dept. 100, Riverside, New Jersey 08075.

For information about new loan options offered in Countrywide's eEasy Rate Reduction Plan, which lets homeowners lower their interest rate without completing piles of paperwork, call (800) 570-9888 or visit www.countrywide.com.

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Business/Professions

O'Bryan named HRMC's Employee of the Year

Highlands Regional Medical Center held its fourth annual Employee of the Year Banquet on Wednesday, February 23, and Brad O'Bryan, anesthesiology tech in Surgical Services, was honored as the recipient of this year's award. He was selected from a group of 12 candidates representing Employee of the Month winners.

The Employee of the Year Program was implemented five years ago by the Human Resources Department at Highlands to allow staff employees to recognize peers, who, they believe, have made a significant difference to the organization.

Employees recognized are noted

for doing above and beyond their job description within the medical center and participating in events in the community. The program, now in its fifth year, has recognized more than 50 staff members.

Selections have crossed all the traditional barriers by selecting both union and non-union staff, management and supervisory personnel, and nominations have even been received from physicians.

Barry Tourigny, Vice-President of Human Resources and master of ceremonies for the evening, said, "Truly this program has achieved its intended target by recognizing staff for extraordinary efforts. The individuals recognized in this program

see problems as opportunities which result in growth and create the foundations for positive change within the organization. We have all benefited from these individuals and their willingness to embrace change."

Harold Warman Jr., Highlands and Consolidated Health Systems CEO, said, "Plans, dreams, and strategies are nothing without performance. Performance lifts everyone to greater heights. It is the merging, dynamic product of vision and ability. Performance uses the fuel of action to convert goals to reality. And in the end, outstanding performance, such as yours, is simply the outward measure of an outstanding person."

Warman presented a recognition plaque to O'Bryan and several gifts, including a special monogrammed jacket, a weekend stay in Lexington and several gift certificates.

Upon receiving the award, O'Bryan said, "This is quite an honor, to say the least. There were a lot of deserving people nominated and I really thank you for the honor."

He is from Paintsville and has been employed in the Surgery Department at Highlands for almost seven years. Although many amusing anecdotes were related about him and his sense of humor, he was nominated by his peers for being an extremely courteous, kind, and caring person.

Tourigny thanked the Employee of the Year committee for all of the work they had done to make the event possible. He expressed his hope that the Employee of the Year Program would continue after he leaves Highlands in March to take his new position as Vice-President of Human Resources at St. Joseph in Lexington.

Other nominees for Employee of the Year were Sabrina Holbrook, Human Resource Department; Rebecca Osborne, RN, Quality Improvement/Risk Management; Bill May, Housekeeping; Greta Branham, PBX; Patricia Lafferty, Information Services Coordinator; Dorita Wilcox, Respiratory Services; Bonnie Callahan, RN, Surgery; Sharon Dingus, RN, Assistant Vice-President of

Nursing; Darin Blanton, Food and Nutrition Services; Don Willis, Patient Financial Assistance Manager; and Jim Ellison, Medical

Center Property Manager. Each of the nominees was presented with a monogrammed polar fleece vest.

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- JOHN SWISHER.....789-1353 (Home) • 788-1956 (Pager)

NEW LISTING—This 3-bdrm., 1-bath home has a separate garage and four lots. There's plenty of room for the kids to play and still have a garden. (M-104488)

NEW LISTING—This property has a 60x360 lot and an older home. It's a bargain at \$21,000. (F-104487)

No Photo Available

NEW LISTING—If you've been looking for a 5-bdrm., 2-1/2 bath home, here it is. This home has a large back deck and paved drive. Located 1.7 miles off U.S. 23 at Banner. Call for more info. (M-100)

Great residential building lot. Convenient to Prestonsburg, schools, and shopping. No developing needed. Call for info. (G-104365)

TOPMOST—Nice older home, well-maintained, 3 bedrooms, 1 bath, eat-in kitchen, separate dining room! Large lot. Priced to move at \$39,000. (S-104426)



HRMC executives Barry Tourigny, left, and Harold Warman Jr., right, present Brad O'Bryan, anesthesiology tech, with the official plaque recognizing him as Highlands' Employee of the Year.

Physicians complete program

Ten Floyd County physicians, recently completed Providers Practice Prevention (PPP), a continuing medical education program sponsored by the Kentucky Cancer Program (KCP).

They are Ravinder S. Bhargath, John Furcolow, Kamar Ikramuddin, Syed Ikramuddin, Lowell D. Martin, Brendan McKenna, Percival Pajel, Ira B. Potter, Sujatha S. Reddy, and Chandra Varia, all M.D.'s.

The PPP program focused on breast and cervical cancers — cancers for which rates are higher in Kentucky than the rest of the nation. The higher rates are largely due to Kentucky women not being screened as recommended.

The PPP program was designed to help physicians increase the number of patients who undergo cancer screening. The program addressed the "barriers" to screening, reasons women cite for not having mammograms and Pap smears.

"These doctors showed a real

commitment to the health of their female patients by participating in this program," said KCP Director Connie Sorrell. "They are willing to make a difference in their own practices that will lead to statewide improvements in women's health."

The PPP Program was developed and sponsored by KCP at the University of Louisville. It was funded by the Centers for Disease Control and Prevention through the Kentucky Department for Public Health.

Seminar on privacy planned for April

"Employee Privacy Rights in the Kentucky Workplace" is the title of a seminar in Lexington on April 13, and Louisville on April 14.

The seminar will cover the current status of workplace privacy rights, privacy issues in the hiring process, background checks, personnel records and medical records, employee monitoring and surveillance, common privacy torts and claims, along with other privacy issues.

Presented by National Business Institute, the seminar is recommended for attorneys, human resource professionals, and business owners and managers.

Cost for the program is \$189. Registration begins at 8:30 a.m., and the program ends at 4:30 p.m.

The Lexington seminar will take place at Holiday Inn North, 1950 Newtown Pike, and the Louisville seminar at the Marriott East, at 1903 Embassy Square.

For information, call 715/835-7909.

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REALTOR ASSOCIATES: AFTER 5:00 P.M.

ELLEN HOLBROOK.....874-9558	H. ALLEN BOLLING.....886-5525
JOYCE ALLEN.....886-2523	"SIS" HALL.....874-0380
LILLIAN BALDRIDGE.....886-8459	

NEW LISTING

NEW LISTINGS

ABBOTT CREEK LOTS/CREEKSIDE SUBDIVISION: 1 acre+ level lot = \$29,900; 1 acre± = \$15,000; .5 acre = \$15,000; 100x100 level lot = \$15,000; 100x100 level lot = \$15,000; Hillside lot = \$10,000. J-104473 — 104478

50x60 WESCO METAL BUILDING with 26' clear span ceiling on approximately 2 acres. Priced to sell. \$89,900. R-104505

S. LAKE DRIVE / COMMERCIAL INVESTMENT—16 apt. units and 4-bdrm house, plus large office space. Great investment property! D-104179

WEST GARRETT ROAD—Nice 2-bdrm. house with forced-air gas heat and a/c; plus 1-room outside building with bath and heat. \$37,000. O-104296

LOTS & LAND
 16 LOTS RANGING FROM .25 ACRE TO 25 ACRES
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U.S. GOVERNMENT FORECLOSURE SALE
THURSDAY, MARCH 30, 2000 AT 1:00 PM
AT THE SITE OF THE BELOW DESCRIBED PROPERTY
HOUSE AND LOT
LOCATED ON MINING CAMP BRANCH NEAR PRESTONSBURG
IN FLOYD COUNTY, KENTUCKY

This is a three bedroom masonite siding home on public water and private sewer. It is well located in a quite neighborhood. It consists of a living room, kitchen, 3 bedrooms, and bath. This property is considered suitable for the Rural Development Program. This would be an excellent buy for an investor interested in rental property or for resale after minor repairs.

The minimum acceptable bid for this property is \$14,450.00

Payment of the current year's property taxes are the responsibility of the purchaser.

LEGAL NOTICE

Notice is hereby given that on Thursday, March 30, 2000, at 1:00 p.m., at the property site, on Mining Camp Branch, near Prestonsburg, in Floyd County, in order to raise the sum of \$38,964.62 principal, together with interest credit subsidy granted in the amount of \$6,049.00, plus interest in the amount of \$3,791.97 as of September 28, 1999, and interest thereafter on the principal at \$6.5947 per day from September 28, 1999, until the date of this Judgement, plus interest to the date of Judgement amount (principal plus interest to the date of judgment) at the rate of 5.411% computed daily and compounded annually, until paid in full and for the costs of this action, pursuant to Judgement and Order of Sale, being Civil Action No. 99-315, on the Pikeville Docket of the United States District Court for the Eastern District of Kentucky, entered on November 2, 1999, in the case of United States of America vs Russell Johnson and Patricia Ann Johnson, the following described property will be sold to the highest and best bidder:

A certain tract or parcel of land lying on Dotson Branch, also known as Mine Fork, in Floyd County, and described as follows: Begin at a stake in the branch and county road; thence running with county road up the road in an easterly direction 150 feet to a stake; thence running in a southerly direction 75 feet to a stake in branch; thence running in a westerly direction 55 feet to a stake in branch; thence running 140 feet back to beginning.

Being the same property conveyed by Deed dated November 10, 1993, recorded in Deed Book 372, Page 371, in the Floyd County Clerk's Office.

TERMS OF SALE: Ten percent (10%) of the bid price (in the form of a Certified Check made payable to the U. S. Marshal) on the day of sale with good and sufficient bond for the balance bearing interest at the rate of 5.411% per annum until paid, due and payable in thirty (30) days and said bond having the effect of a Judgement. Upon a default by the Purchaser, the deposit shall be forfeited and retained by the U. S. Marshal as a part of the proceeds of the sale, and the property shall again be offered for sale subject to confirmation by the Court.

This sale shall be in bar and foreclosure of all right, title, interest, estate claim, demand or equity of redemption of the defendants, and of all persons claiming by, through, under or against them, provided the purchase price is equal to two-thirds of the appraised value. If the purchase price is not equal to two-thirds of the appraised value, the Deed shall contain a lien in favor of the defendant(s), reflecting the right of the defendant(s), to redeem during the period provided by law (KRS 426.530).

Inquiries should be directed to:

THOMAS W. KEETH
 Community Development Manager
 Rural Development
 Prestonsburg, KY
 Phone: 606-886-9545

Business/Professions

Tragedy leads to mother's invention

Story and photos by Pam Shingler Business Editor

Eunice Lawson bears out the truth of the adage that necessity is the mother of invention.

When Lawson's daughter, Trish, was in an automobile accident 14 years ago, she was mis-identified, and, for hours, the girl's parents thought she was dead.

When they learned she was alive, she had already been transferred to a hospital in Lexington.

Lawson determined then that motorists should have some means of identification easily available in case of an accident. She started making ID cards, but realized they would be no better than other forms of identification that could be thrown from a wrecked car or destroyed.

To be effective, the ID had to be readily available to emergency personnel who often don't have time to sift through purses or glove compartments.

"In a chat room on the Internet, I talked to a fireman who said he needed identifying information literally in his face," Lawson said last week from her trailer office on Stoney Brook Drive in Betsy Layne.

"After that, I came up with the idea of putting the identification on the seat belt," she said.

From that germ of an idea grew the Seatbelt Buddy, for which Lawson recently received a patent.

The inventor has developed and is marketing it through her company, Universal Medical Emergency Devices, which she generally refers to as U-Med.



Eunice Lawson created a point of purchase display for Seatbelt Buddy. The device carries information important in an emergency.

But the Seatbelt Buddy is much more than a device to tell medical personnel the identity of a person in distress.

In a package six-and-a-half inches by two inches, about the size of a thin candy bar, fits a folded piece of paper that provides emergency personnel with the individual's medical status, information that may be critical to saving a life.

In addition to the name of the prospective patient, the sheet has space for listing allergies; medications, dosages, frequency and what they're for; medical condition(s); date of last tetanus shot; immunizations; names, addresses and phone numbers of persons to contact; health insurance information; name and address of primary doctors, and a brief medical history.

The listing of specific identifiers, such as age, sex, race, height and weight reduce the risk of being mis-identified.

Further, the user can fill in whether he/she is an organ donor, has a living will, has a health care surrogate and/or someone with power of attorney. The paper also has a place to sign to authorize emergency surgery.

Encased in clear plastic, the information fits around the seat belt and fastens with "hook and loop" adhesive.

A second packet of information goes with the seat belt attachment and can be carried in a purse, a pocket or the car glove compartment, or, in the case of children, in their backpack or a diaper bag.

About the size of a checkbook and in a plastic wrapper, it provides space for the same types of medical information, but also has a place for a photo, illustrations to indicate where birthmarks and other identifiers are on the body, and a full set of fingerprints, which is particularly important for lost children.

Much more than an identification card, Lawson is confident the Seatbelt Buddy kit can save lives.

Accident victims who are unconscious have no other way of communicating with the firefighter or emergency medical technician or police officer who attempts the rescue. Some responses may do more harm than good, in the absence of information about the victim's medical history, Lawson pointed out.

From the time the idea was hatched, Lawson spent years on research and development and on putting together a prototype to be



The Lawson family forms a countertop assembly line to put together the Seatbelt Buddy for Universal Medical Emergency Devices, the company formed to market the device invented by Eunice Lawson, center. Helping are Eunice's husband, Burr Lawson, and their daughter Trish Mizer.

tested. She received much helpful business advice, she said, from WINGS, a Berea-based organization that assists women in business.

She has also profited from the Internet, where she has spent time trying out her ideas and seeking advice. Jimmy Poore, the fireman from Brownsville, Arkansas, who first told her he needed the medical information "in my face," is now on the board of directors of U-Med.

Lawson enlisted another Internet contact, Wally McComb, as her marketing manager. He has placed the devices in several businesses in his home state of California and has promoted sales as a way for youth groups to raise money.

Little has been done locally to market the local product. "I don't have the time to distribute, nor the money to hire people," Lawson said.

Nor does she have the means to make enough of the Seatbelt Buddies for mass distribution. Her manufacturing assembly line right now consists of Lawson, her husband, Oakie "Burr" Lawson, and their daughter, Trish Mizer, who prompted the idea in the first place.

ution.

Both she and her husband have spent most of their 32 years together in business. In the late '70s, they owned a garbage company, District 4 Sanitation, and had the franchise with the county to collect garbage in the southeastern part of the county.

They have owned coal trucks and a company that brokered truck drivers. She also operated a company called The Other Office, in which she provided bookkeeping

and similar services for other companies.

In addition, she has had what she calls "traditional jobs" with Pikeville College and several businesses.

For more information about the Seatbelt Buddy, write Universal Medical Emergency Devices, 1375 N. Stoney Brook Dr., Betsy Layne, KY 41605, or telephone 606/478-4848. The on-line addresses are umed@umed.net and <http://www.umed.net>.

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TOO NEW FOR PHOTO

NEW LISTING - WAYLAND - 3 bedrooms, 1 bath, new vinyl siding. Deck, nice fenced yard. **\$32,600 (104492) Call Shirley.**

ABBOTT CREEK - You won't want to change a thing in this beautiful home! 4 bedrooms, 2 1/2 baths, situated on an acre plus lot. Gorgeous home with inground pool. **\$201,000 (104292) Call Shirley.**

HAROLD - If you need lots of room - this is it! This lovely private home has 6 bedrooms, 2 baths, over 4,000 sq. ft., many amenities! **\$194,900 (104164) Call Sandy.**

CEDAR TRACE SUBDIVISION - Residential building lots with public utilities. Only one mile off U.S. 23 - plat map and restrictions available **\$27,000 to \$70,000 Call Trent.**

ARKANSAS CREEK - Looking for a lot for your mobile home? This lot has public water and electric. Only **\$5,600 (104396) Call Shirley.**

ARKANSAS CREEK - You can build your dream home or place your mobile home on this lot. Only **\$8,500 (104397) Call Shirley.**

NEW LISTING

NEW LISTING - CALF BRANCH 3 bedrooms, 2 baths, vinyl siding, detached garage, pool, deck. **\$70,000 (104471) Call Lynette.**

BEAVER - All handcrafted wood work in this lovely home! Open floor plan, 2 bedrooms, woodburning stove sits on a beautiful brick hearth. (104293) Call Lisa.

MCDOWELL - 3 bedroom, cedar siding home, patio, porch, garage, and a great chainlinked, level lot with pine trees in front. **\$79,000 (104259) Call Lynette.**

Recycling with a heart

Story and photos by Pam Shingler Business Editor

The Lawsons of Lawson Hill, off Pike-Floyd Hollow in Betsy Layne, are a serious, industrious lot. They've thrived and survived through a number of ventures.

In addition to Eunice Lawson's newest business, Universal Medical Emergency Devices (see separate story), she and her husband, Oakie "Burr" Lawson, travel throughout the area during the festival season, selling a variety of wares from their vending trailer.

At one of those festivals, they saw a tin man, akin to the character from "The Wizard of Oz," made from metal food cans.

Burr came back home and tried to duplicate what he had seen. Wife Eunice calls it his "cabin fever project."

The first try took four hours, with his wife's help. Now Burr has cut his time to two hours and has begun to sell the creation, which he considers his contribution to the recycling effort.

Except for the funnel hat, which Lawson can find only in plastic, the tin man is made out of recyclable materials.

The head, he said, is a peach can. The bottoms of small juice cans are bent to form the ears, and part of the bottom of a small vegetable can forms the mouth.

The twist-off metal lids on glass drink bottles serve as eyes, nose and buttons.

A large coffee can is the torso, while vegetable cans and soup cans make the arms and legs. The feet are inverted sardine cans.

Lawson rivets some of the pieces together, but most of the cans are held together by a coat hanger, which lends flexibility and makes the tin man perfect for hanging on a porch or in a tree.

"I bum cans anywhere I can find them," the former heavy equipment operator said. "The hardest part is to clean the glue (from labels) off the cans."

Besides making the tin men, Lawson is a preacher at Maytown Church of Christ and volunteers countless hours for veterans causes. The army veteran is commander of Post 134 of Disabled American Veterans in Pikeville. He is third vice commander for the state DAV and has served as judge advocate and on the audit and legislative committees at the state level.

He is also involved with the Veterans Coalition, which is working for increased medical services for veterans in this area.



Oakie "Burr" Lawson displays the tin man he creates from recycled metal cans. He saw the creation at a festival and decided he could do it himself.

PROPERTY FOR SALE
Stanville, Ky., on Mare Creek Road
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One 30-acre tract hillside with two house seats and roads already developed and room for numerous more sites easily developed.

A. Will sell 10-acre tract with lot already developed with blacktop road adjoining property. City water on property. Owner will finance.

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C. Will sell 1-1/2 acre lot already developed with road and all utilities on site. With one acre flat and 1/2 acre hillside. Owner will finance.

Call, 8:00 a.m. - 4:00 p.m., 478-5600
Evenings & weekends, call 478-4450

U.S. GOVERNMENT FORECLOSURE SALE
THURSDAY, MARCH 30, 2000 AT 10:00 AM
AT THE SITE OF THE BELOW DESCRIBED PROPERTY
HOUSE AND LOT
LOCATED ON SALLY STEPHENS BRANCH NEAR PRESTONBURG
IN FLOYD COUNTY, KENTUCKY

This is a two bedroom vinyl siding home on public water and private sewer. It is well located in a quiet neighborhood. It consists of a living room, dining room, kitchen, bath and laundry nook. This property is considered suitable for the Rural Development Program. This would be an excellent buy for an investor interested in rental property or for resale after minor repairs.

The minimum acceptable bid for this property is \$22,950.00

Payment of the current year's property taxes are the responsibility of the purchaser.

LEGAL NOTICE

Notice is hereby given that on Thursday, March 30, 2000, at 10:00 a.m., at the property site, on Sally Stephens Branch, near Prestonburg, in Floyd County, in order to raise the sum of \$48,551.75 principal, together with interest credit subsidy granted in the amount of \$2,626.00, plus interest in the amount of \$7,884.94 as of July 28, 1999, and interest thereafter on the principal at \$10.3612 per day from July 28, 1999, until the date of this judgement, plus interest to the date of judgement (principal plus interest to the date of judgement) at the rate of 5.471% computed daily and compounded annually, until paid in full and for the costs of this action, pursuant to Judgement and Order of Sale, being Civil Action No. 99-194, on the Pikeville Docket of the United States District Court for the Eastern District of Kentucky, entered on November 9, 1999, in the case of United States of America vs. Opal Horn, ET AL, the following described property will be sold to the highest and best bidder:

A certain tract or parcel of land lying in Floyd County, on the water of Middle Creek and being part of Tract 4 of the Sally Stephens farm subdivision, said property being more particularly described as follows: Beginning at the county roadway and following with the roadway 249.3 feet in a northerly direction, thence turning westerly and continuing with the line of the access roadway 84.6 feet; thence in southerly direction with the old tram roadway a distance of 229 feet; thence easterly a distance of 84.6 feet back to the county roadway, being the point of beginning.

There is excepted and reserved from this conveyance a cemetery consisting of 40 feet in a westerly direction, 29.2 feet southerly, 50 feet in an easterly direction and 27.8 feet in a northerly direction. It is the desire of the grantors of a past deed in the chain title to this property, found of record in Deed Book 309, Page 163, of the Floyd County Court Clerk's record, that said cemetery remain jointly held by them and maintained as a family cemetery.

Being the same property conveyed to Opal Horn by Dennis Shepherd and Naomi Shepherd by Deed dated December 15, 1994, recorded in Deed Book 383, Page 89, in the Floyd County Clerk's Office. A Power of Attorney from Opal Horn to Bonnie Shepherd is recorded in Deed Book 381, Page 162, in the Floyd County Clerk's Office.

TERMS OF SALE: Ten percent (10%) of the bid price (in the form of a Certified Check made payable to the U. S. Marshal) on the day of sale with good and sufficient bond for the balance bearing interest at the rate of 5.471% per annum until paid, due and payable in thirty (30) days and said bond having the effect of a judgement. Upon a default by the Purchaser, the deposit shall be forfeited and retained by the U. S. Marshal as a part of the proceeds of the sale, and the property shall again be offered for sale subject to confirmation by the Court.

This sale shall be in bar and foreclosure of all right, title, interest, estate claim, demand or equity of redemption of the defendants, and of all persons claiming by, through, under or against them, provided the purchase price is equal to two-thirds of the appraised value. If the purchase price is not equal to two-thirds of the appraised value, the Deed shall contain a lien in favor of the defendant(s), reflecting the right of the defendant(s), to redeem during the period provided by law (KRS 426.530).

Inquiries should be directed to:

THOMAS W. KEETH
Community Development Manager
Rural Development
Prestonburg, KY
Phone: 606-886-9545

The Floyd County Times Classifieds

DEADLINES: WEDNESDAY PAPER, NOON MONDAY - FRIDAY PAPER, WEDNESDAY 5 P.M. - SHOPPER and SUNDAY, WEDNESDAY 5 P.M.



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1990 CADILLAC BRAUGHAM, gray, one owner, rear wheel drive, special tires & wheels, \$5000. 606-478-5178.

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NOTICE

The Board of Directors of the Big Sandy Area Development District seeks to fill the position of *executive director* on or before April 20, 2000.

Interested parties may obtain an informational sheet regarding the selection procedure, a position description, and required documentation in order to be considered by visiting the Web site: www.bigsandy.org or by contacting:

Ms. Terry Trimble
Big Sandy
Area Development District
100 Resource Drive
Prestonsburg, Kentucky 41653
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BUSINESS-COMMUNITY LEADER FOR LOCAL PLANNING COMMITTEE (LPC)
The Floyd County Board of Education is accepting nominations for business-community leader (1) to serve on the Floyd County Local Planning Committee (LPC) until Friday, March 10, 2000. Members of the Local Planning Committee (LPC) will be responsible for the development of a Master Educational Facility Plan and District Facility Plan for Floyd County that will assist in determining future school facility construction, and major renovation priorities.
The Floyd County School Board will select one (1) member from nominations received to serve on the Local Planning Committee (LPC).
Please submit nominations, including a letter of agreement to serve on the Local Planning Committee to: L.P.C. Search, Floyd County Board of Education, 183 North Arnold Avenue, Prestonsburg, Kentucky 41653.

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Real Estate

APARTMENTS

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HOUSE FOR SALE IN GARETT AREA: 4 BR, 2 car garage. Please call 874-8739.

1 BR FURNISHED APT.: In P'burg. Central heat & air. \$300mo. + deposit & utilities. 886-3404

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1 BR APT.: HUD approved, located on Haywood Ln. 874-9056 or 874-4462.

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2 BR APT.: Martin area, heat pump. \$350 month + deposit. 285-0716 or 789-8590.

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BILLER, Earn Up to \$40K per year. Easy Medical Claims Processing. Training Provided. Computer Required No previous experience necessary. Flexible hours. Titan Business Solutions 1-888-968-7793, ext. 440.

IMMEDIATE OPENING: For three-mixer drivers. Apply in person, at Wells Ready Mix at Watergap/Dotson Br.

MOUNTAIN MANOR of Paintsville is now accepting applications for all Licensed Nursing Personnel, LPN, and Certified Nursing Assistants. You must be certified. Please apply in person to 1025 Euclid Ave., Paintsville, KY, between the hours of 8:00 am and 4:00 pm.

SELF MOTIVATED, energetic people needed for sales position. Southern Energy Homes of level. Come by or call and speak to Christine 606-478-4530.

AVON: Work part or full time. Have extra cash or pay off bills. Be your own boss. 1-800-796-7070 or 606-639-4294.

AVON To buy or sell call Jancy at 886-2082.

ATTN: Prestonsburg. Postal positions, clerks/carriers/sorters. No exp. required. Benefits. For exam, salary, and testing information call (630)836-9243 ext.4157 8am-8pm, 7 days.

SAM-AN-TONIOS is looking for the next rising star. Now hiring Sales People, Production Cooks, Food Servers, and more. Salary from \$6-\$12/hourly, depending on experience and ability. Apply in person at our Prestonsburg location between 9:00-11:30 am or 1:00-5:00 pm, 7 days a week.

SINGERS! GOSPEL, CLEAN COUNTRY, and EASY LISTENING! Call 1-800-469-8164 for appointment to come to Nashville and audition for major record producers and concert promoters. Internet: www.wcin.ac <http://www.wcin.ac>

EMERGING COMPANY NEEDS Medical Insurance Billing assistance immediately. If you have a PC you can earn \$25,000 to \$50,000 annually Call 1-800-291-4683 Dept # 109.

INDOOR RUMMAGE SALE: Thurs. & Fri., March 9 & 10, 8 am to 3 pm. Circle Dr. (Briarwood Addn.), Prestonsburg, KY.

It Out! Read your own Ad the first time it appears. The Floyd County Times is only responsible for one incorrect insertion!

Are you ready for an E-COMMERCE BUSINESS? Earn \$350-\$800 per week. 1-888-303-9036. www.unlimitedhomesuccess.com <http://www.unlimitedhomesuccess.com>

Drivers: 2 week Paid CDL Training. No experience needed. Earn up to \$32,000/yr. Full benefits. Call Today. 1-877-230-6002 Sunday 9am-6pm Mon-Fri 8am-6pm P.A.M. Transport. www.123pam.com <http://www.123pam.com>

HELP WANTED: Executive Director. Pikeville Area Family YMCA is seeking an energetic, highly organized self-starter with strong leadership skills. We seek a professional with previous executive experience and expertise in fiscal management, financial development, program development and board development. We have a 30,000 SF facility with plans for expansion. We offer a great quality of life, strong community support and excellent potential for growth. Good benefits package. Qualified applicants should send resume by April 20 to: Nancy Reece, YMCA National Field Consultant, 7677 Cathedral Hill, Cincinnati, OH 45244.

WANTED: Local Landscaping Co. desires workers-High School or GED Equivalent and valid KY Drivers License required. College and landscaping experience preferred, but not required. Send resume to Landscaping, 687 Lake Rd., Prestonsburg, KY 41653. Serious inquiries only.

POSTAL JOBS to 18.45/hr. WILDLIFE JOBS to 21.80/hr. Full Benefits. For Application & Exam Info. 800-545-0633 Ext. KY-116.

ARE YOU CONNECTED? Internet Users Wanted! \$25-\$75/hr. PT/FT. 1-888-246-8688 www.home-cash.net

READY TO SALE MARCH 3RD: Full stock Rottweiler pups. Call 358-2703.

WELSH CONGI PUPS: AKC reg., black/tan, white/tan, 4 male/4 females, 6 wks., shot/wormed. Beautiful. Must see. 789-5631 after 6 pm.

AMERICAN SADDLEBRED HORSES. Call 606-285-9028 between the hours 6 p.m. 10 p.m.

FREE TO A GOOD HOME: 1 adult female long hair cat, 3 kittens part siamese, white with blue eyes, 7wks old. Call 889-0514.

YARD SALES

YARD SALE & BAKE SALE: March 11th, 9:30-? at Martin Methodist Church. Rain or Shine.

INDOOR RUMMAGE SALE: Thurs. & Fri., March 9 & 10, 8 am to 3 pm. Circle Dr. (Briarwood Addn.), Prestonsburg, KY.

It Out! Read your own Ad the first time it appears. The Floyd County Times is only responsible for one incorrect insertion!

SERVICES

Carpentry Work

ALL TYPES: New homes; remodeling, additions; all types concrete work, driveways, sidewalks, foundations, etc.; garages; decks. Robie Johnson, Jr., call anytime, 886-8896.

FAITH BUILDERS All types of Carpentry at affordable rates. Small jobs welcome. Greydon Howard, 606-358-2292.

JIM'S HANDY MAN Experience in: Plumbing, Electrical, Carpentry and others. 606-835-7868.

Classes Offered

SAFETY & FIRST AID: For coal miners, loggers, transportation and construction workers. Call Curtis Hughes 285-0650.

Cleaning Services

NEED A HOUSE CLEANER: One day a week. Call 886-1527 leave message.

Contractors

BACK HOE AND DOZER FOR HIRE: Excavating, custom work, hauling, septic tanks, and filling gravel. 25+ yrs. exp. Reese Ray 874-8049.

HEARTLAND CONTRACTING

Dozer, Backhoe, Hauling, Gravel, Top Soil, Fill Dirt, Footers, Ditches, Concrete. 889-2404, 886-1718, 886-9465.

STEVEN'S CONSTRUCTION

Certified Septic Installation, Aerator Systems installed, backhoe, dozer and dump truck for hire. Free estimates. Call Scottie Stevens 478-4422.

P & N CONSTRUCTION

Residential & Commercial, building, remodeling, roofing, electrical, concrete work, driveway, retaining walls. At reasonable rates. 631-1613 or 205-0675 cell phone.

Dog Grooming

DOG GROOMING: All breeds. Fancy Cuts. Professional Groomer. Call Betsy at "Tails a Waggin" 297-3647.

Financial Services

\$\$\$ NEED CASH?? WE pay cash for remaining payments on Property Sold! Mortgages! Annuities! Settlements! Immediate Quotes!! "Nobody beats our prices." National Contract Buyers (800)490-0731 ext. 101 www.national-contractbuyers.com <http://www.national-contractbuyers.com>

FREE CASH NOWS from wealthy families unloading millions of dollars, to help minimize their taxes. Write Immediately: Windfalls, 847 - A SECOND AVE., #350, NEW YORK, NEW YORK 10017.

MONEY TO LOAN. Bad Credit OK. Free Application. U.S. applicants only. 1-877-780-1938.

\$\$\$ NEED A LOAN?

Consolidate Debts! Same Day Approval. Cut payments to 50%! NO APPLICATION FEES!! 1-800-863-9006 Ext. 936. www.help-pay-bills.com <http://www.help-pay-bills.com>

CREDIT PROBLEMS? CALL THE CREDIT EXPERTS. LICENSED/BONDED CORRECT/REMOVE BAD CREDIT, BANKRUPTCY, LAWSUITS, JUDGEMENTS. AAA RATING. 90-180 DAYS. 1-800-422-1598.

Auto Loans, Personal Loans, Debt Consolidation, Mortgages and Refinancing. Credit Problems OK. Consumers Financial (800)247-5125 Ext 1134. Void OH, KS.

CREDIT REPAIR! AS SEEN ON TV! Erase bad credit legally. Free info. 888-659-2560.

Health & Beauty

RAPID WEIGHT LOSS. Free Samples. Lose 3-5 pounds every week! As seen on TV! Melts fat, stops hunger, boosts energy! Only \$19.95 Buy 2/1 FREE! Fat-blockers \$11.95. 1-800-733-3288. www.united-pharmaceuticals.com > COD'S/Credit Cards.

Home Repair

HANDYMAN! Any type home repair, painting, landscaping, light hauling, cleaning, etc. Free fast estimates. 874-0808.

Lawn Service

GRASS, MOWING, WEED EATING, light tree & hedge trimming, landscaping, odd jobs. Painting Interior & Exterior. 889-0592 or 886-4159 (pager).

Locksmith

CLASSIC LOCKSMITHS, INC Certified & Bonded Commercial, Residential & Vehicle Locks, Safes, Keys and Lockouts. 4660 Hwy 321 South Hager Hill, Ky 41222 Days (606-789-1399) Nights & Weekends (606-874-9530)

Masonry

FOR ALL YOUR STONE, stucco, slate, marble, brick pavers, or concrete needs call us. Chimneys, Landscape, Planters, pool decks are just some of our specialties. 889-0903.

Professional Service

TURNED DOWN FOR SOC. SECURITY/SSI? Free consultation. Call 1-888-582-3345. No fee unless we win your case.

Repair Services

LAWNBOY MOWERS Sales-Parts-Repair SANDY VALLEY HARDWARE 119-Main Street Allen, 874-0072 Small Engine Equipment Plumbing Supplies Hardware / Tools

Services

CONCRETE WORK, sidewalks, driveways, etc. & flat work. Ceramic tile, hardwood, vinyl and carpet installation. For more information call 377-2762, 377-6937 or 358-5504.

Tanning Salon

BRANHAM'S TANNING SALON: Tanning specials, call for more info. 874-4462.

Tree Service

TREE CUTTING AND TRIMMING: Topping, land clearing, etc. Free estimates. References furnished. Call 874-5333.

Upholstery & Sewing

NO JOB TOO BIG OR TOO SMALL: Vehicle, boats, house hold furnishings. Any or all alterations. Call Tracy Bobo at Village Sewing Inc. 285-1384.

LOST and FOUND

Lost

LOST BIBLE: On 979 from Ligon to HiHat. If found please call 606-587-2159.

MISC.

Announcements

MISS KENTUCKY A MERICAN TEEN/PRETEEN/PRI NCESS SCHOLARSHIP PAGEANT for girls 3 - 20. For Application/Brochure 1-800-664-6851. No make-up allowed for young girls (3-12).

Computers

COMPUTER BLOWOUT!! HP, COMPAQ, Desktops, Laptops, Merchant-Accounts, Websites. Start Your Home Business Today!! Almost Everyone Approved!! No Money Down!! Low Monthly Payments!! 1(888) 479-2345 (toll free).

NEED A COMPUTER? We Finance Bad Credit - Bankruptcy OK! No Turndowns - FREE INTERNET 888-827-7502 www.pc-credit.com <http://www.pc-credit.com>

Instruction

EARN A LEGAL COLLEGE DEGREE QUICKLY, bachelors, Masters, Doctorate, by correspondence based upon prior education and short study course. For FREE information booklet phone CAMBRIDGE STATE UNIVERSITY 1-800-964-8316.

PARALEGAL GRAD-ED CURRICULUM. Approved home study. Affordable. Since 1890. FREE CATALOG (1-800-826-9228) or BLACKSTONE SCHOOL OF LAW, P.O. Box 701449, Department AM, Dallas, TX 75370-1449.

Miscellaneous

COMPUTERS - Low or \$0 Down. Low monthly payments. Y2K Compliant. Almost everyone approved. 1-800-617-3476 ext.330.

SAY GOODBYE to Pounds NOW!

Forever, I Guarantee You. FREE 2 weeks supply (45 tablets with scientific proof) send \$4.95 s/h: DAF Inc. 909A Broad Street, Dept 1029, Suite 1748, Newark, NJ 07102.

(3) All-Steel Buildings. 25x30 was \$7,800, sell \$3,900. 30x48 was \$11,700, sell \$5,850. 50x60 was \$16,500, sell \$7,900. Tom 1(800)392-7806.

\$\$\$BAD CREDIT? Get Cash Loans to \$5,000. Debt Consolidation to \$200,000. Credit Cards, Mortgages, Refinancing and Auto Loans Available. Meridian Credit Corp. 1-800-471-5119 Ext. 1180.

PSYCHIC READINGS by Sophia! Complimentary reading! Amazing predictions! Solves all problems! Call 1-954-484-4959.

SOCIAL SECURITY DISABILITY Claim Denied? We Specialize In Appeals and Hearings. FREE CONSULTATION. Benefit Team Services, Inc. Toll-free: 1-888-836-4052.

Personal Astrology Reading... send \$19.95 with name, address, birthplace, birthdate, and birth-time (if known) to ASTROTECH P.O. Box 491, Wading River NY 11792.

Musical Instruments

J & J MAY MUSIC Guitars-Banjoes. Buy, Sell and Trade. 605 N.Lake Drive Prestonsburg, KY 606-886-7010

Recreation

A&T LOWER JOHNS CR. PAY LAKE: Will be stocking farm raised catfish, 1,500 pounds total, March 4th & 5th, Sat.-Sun., Open 7 days a week, daylight hrs only. For information call 437-6912.

Travel

TIMESHARE REALES. Buy, Sell, Rent Vacation Property Worldwide. Worlds Largest Reseller ERA STROMAN, since 1979. International (1409)588-4488. Email: info@stroman.com <mailto:info@stroman.com>

FLORIDA, MARCO ISLAND. Enjoy the Tropical paradise of beaches and relaxation. Beach front condos or homes. For rent/sale Century 21 1st. Southern Trust. 1-800-255-9487 www.c21marco.com <http://www.c21marco.com>

3 Days and 2 Nights Branson, MO only \$89.95 The French Quarter Resort Include: 2 Free Show Tickets \$25 Dinner Certificate Coupon Book - A \$289 Value - Call Toll Free 1-877-521-2080.

Free

BECOME DEBT FREE! Cut payments without new loans. It's easy! 1 hr. approval. Call 1-800-517-3406.

FREE PALLETS: Can be picked up behind The Floyd County Times.

Legals

NOTICE OF INTENT TO MINE

Pursuant to Application No. 836-5287 RN In accordance with KRS 350.055, notice is hereby given that Buck Coal, Inc., 544 South Lake Drive, Prestonsburg, KY 41653, has applied for renewal of permit for an underground coal mining operation located 1.3 miles northeast of Hi Hat in Floyd County. The proposed operation will disturb 1.9 acres, and will underlie 1475.65 acres, and the total area within the permit boundary will be 1477.62 acres.

The State of Kentucky requires Columbia Natural Resources, Inc., pursuant to Regulation KRS 353.5901 to notify all surface owners of record owning land that will be disturbed by the construction of any new well road, well locations or pipeline. In our process of notification, Enerpro, Inc., has been identified as owning surface in this particular area. We have been unable to locate Enerpro, Inc., or a successor.

Columbia Natural Resources, Inc., requests any person or company having knowledge of Enerpro, Inc., please respond to our office or the Division of Oil and Gas by March 15, 2000, at the following addresses: Columbia Natural Resources, Inc. 1801 Watergap Road P.O. Box 150 Prestonsburg, KY 41653 Attn: Jim Stephens (606) 874-0218

Department of Mines and Minerals Oil and Gas Division P.O. Box 2244 Frankfort, KY 40601 Attn: Matt Steen

NOTICE OF INTENT TO MINE

Pursuant to Application No. 436-5181 RN In accordance with KRS 350.055, notice is hereby given that Buck Coal, Inc., 544 South Lake Drive, Prestonsburg, KY 41653, has applied for renewal of permit for an underground coal mining operation located 2.3 miles south of Eastern in Floyd County. The proposed operation will disturb 46.08 acres, and will underlie 436.00 acres, and the total area within the permit boundary will be 482.08 acres.

NOTICE OF EXECUTION OF SALE

Floyd District Court Case No. 98-S-00216 Division No. 1 F.S. VanHoose & Company, Inc., Plaintiff, vs. AIPike Motel, Defendant;

Please take notice that the Plaintiff, F.S. VanHoose & Company, Inc., shall on Monday, March 20, 2000, on the premises of the Defendant, AIPike Motel, at the hour of 1:30 p.m. EST., sell sufficient personal property including television sets, beds, springs, mattresses, desks and chairs to satisfy the Plaintiff's Judgment entered on December 16, 1998, in the amount of \$1500 with interest thereon at 12% per year present after first deducting existing court costs of \$86 and the costs of this sale including advertisement.

Dated this 1st day of March 2000. John K. Blackburn Floyd County Sheriff

US 127 South, Frankfort, KY 40601.

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Dated this 1st day of March 2000. John K. Blackburn Floyd County Sheriff

subscribe to the Floyd County Times call 886-8506

ADVERTISEMENT FOR BIDS

UTILITIES RELOCATIONS RIVER NARROWS (KY HIGHWAY 40) PAINTSVILLE CITY'S UTILITY COMMISSION PAINTSVILLE, KENTUCKY

1) Invitation

Sealed proposals for the following work will be received by Paintsville City's Utilities Commission of Paintsville, Johnson County, Kentucky, at the Utilities Commission Offices, 137 Main Street, Paintsville, Kentucky, no later than 2:00 p.m. local time, Thursday, March 16, 2000, for furnishing labor and materials and performing all work as set forth by the Advertisement, General Conditions, Specifications and/or Drawings prepared by Bocook Engineering, Inc., for the relocation of existing utilities along River Narrows Road (KY Highway 40) due to the construction of new River Narrows Road (KY Highway 40), Paintsville, Kentucky. Immediately following the scheduled closing time for the reception of bids, all proposals which have been submitted in accordance with the above conditions will be publicly opened and read aloud.

2) Project Description

The specifications and drawings accompanying them describe the waterline relocation due to construction of new River Narrows road (KY Highway 40) Paintsville, Kentucky. The work includes, but is not limited to, the following:

A) the installation of 6" and 8" water lines;
B) the installation of 6" Gate Valves and Flush Hydrants;

C) the relocation of thrust blocks;

D) the installation of 8" and 12" steel casings by bore and jack;

E) the installation of 8" and 12" steel casings by open trench;

F) the installation of concrete caps

G) the relocation of meters and recovery of existing usable fixtures;

H) the reconnection, plugging and abandonment of existing water lines;

I) approximately 2,786 meters total of new water distribution lines;

J) approximately 351 meters total of new gas line.

All other items of work required by the specifications and drawings, e.g., coordinating connections, the temporary shut-off of water and other items dealing with the existing water system shall be coordinated with the Engineer and the Paintsville City Utilities.

3) Method of Receiving Bids

Bids will be received from General Contractors on a unit price basis for the total project. All phases of work shall be bid to and thorough the General Contracting Firms. Bids shall be submitted in the manner herein described and on the official proposal form included with the conditions and specifications and shall be subject to all the conditions as set forth and described in the Bid Documents.

4) Method of Award Award shall be issued on the lowest responsive bid price by a responsible bidder. The Bid Proposal will contain all qualifying requirements and

forms.
5) Plans and Specifications reviewed
Plans, Specifications and Contract Documents may be examined at the following places:
a) Bocook Engineering, Inc., 312 Tenth Street Paintsville, KY 41240-1387

b) Paintsville City Utilities 137 Main street, P.O. Box 631 Paintsville, KY 41240

c) Kentucky Department of Transportation Pikeville District Office Pikeville, KY 41501

d) F.W. Dodge Corp. One Paragon Centre, Suite 230 2525 Harrodsburg Road Lexington, KY 40504-3358

6) Obtaining Plans and Specifications Plans and specifications may be obtained from Bocook Engineering, Inc., 312 Tenth Street, Paintsville, Kentucky 41240, upon deposit of a \$75 check made payable to Bocook Engineering, Inc.

SPECIAL NOTE: No bidding documents (forms of proposal) will be released commencing five (5) days prior to the date of the bid opening.

NOTE: It is most important that requesting firms identify the position of their firms as to prime bidder, miscellaneous subcontractor, material suppliers or others.

7) Bid Submittal

Bids must be received at the Paintsville City Utilities office in the Paintsville City Building, P.O. Box 631, Paintsville, Kentucky 41240, by March 16, 2000. Bids will be opened immediately following in the Paintsville City Building, Paintsville, Kentucky 41240.

Contractors must submit their bid in a sealed envelope and the envelope must contain the following information on the outside lower left-hand corner, viz.:

Sealed Bid Invitation No.:

Bid Date:

Bids, upon their receipt by Paintsville City Utilities are stamped showing the hour and date received. Bids received after the scheduled closing time for reception of bids will not be considered provided legal and acceptable bids have been received on said referenced invitation.

8) Bid Withdrawal No bidder may withdraw his bid for a period of thirty (30) days after the date set for the opening of bids. Clerical errors and omissions in the computation of the unit price bid shall not be cause for withdrawal of the bid without forfeiture of bid bond. Bids may be withdrawn, in person only, prior to the closing date for receipt of bids.

9) Bonding All bids shall be accompanied by a bid guarantee of not less than five (5%) percent of the amount of the base bid. A 1000% Performance and Payment Bond shall be furnished by the successful bidder. All bonding and insurance requirements are contained in the Instructions to Bidders and/or Conditions.

10) Right to Reject The Paintsville City Utilities reserves the

right to reject any and all bids and to waive all formalities and/or technicalities where the best interest of Paintsville City utilities may be served.

"EQUAL HOUSING OPPORTUNITY" "EQUAL EMPLOYMENT OPPORTUNITY"

NOTICE OF COMMISSIONER'S SALE

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT

DIVISION NO. II CIVIL ACTION NO. 99-CI-00916

FIRSTSTAR BANK, NA (f/k/a STAR BANK, NA, Successor by Merger to Trans Financial Bank, NA, Successor to First Guaranty Bank), PLAINTIFF

VS. KENNETH RAY CONLEY, JOYCE ANN CONLEY, THE FIFTH THIRD BANK, FLOYD COUNTY, KENTUCKY, and COMMUNITY TRUST BANK (f/k/a Pikeville National Bank, f/k/s United Federal Savings and Loan), DEFENDANTS

BY VIRTUE OF Summary Judgment and Order of Sale of the Floyd Circuit Court entered on the 18th day of January, 2000, in the Floyd Circuit Court, in the above styled cause, for the principal amount of said indebtedness, plus accrued interest though May 16, 1999, in an amount equal to \$9,269.70, plus all advances by Plaintiff of real estate taxes, assessments, insurance premiums, maintenance and costs, escrow fees and all other advances which Plaintiff must pay to preserve the real estate involved herein, and the Plaintiff's interests and rights herein, plus costs expended herein, including a reasonable attorney fee in the amount of \$1,000.00 pursuant to KRS 411.195 and/or KRS 294.110(4), plus interest on the entire balance at the rate of 9.00% per annum beginning May 16, 1999, until satisfied in full, I shall proceed to offer for sale at the Old Floyd County Courthouse Door, 3rd Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center) to the highest bidder, at public auction on Thursday, the 23rd day of March, 2000, at the hour of 9:15 a.m., the following described real estate, together with any and all improvements, appurtenances and/or fixtures located at Route 1428, Almar Road of Allen, Floyd County, Kentucky, and more particularly described as follows:

Beginning at a metal post, adjoining the cemetery road; thence running in a westerly direction approximately one hundred fifty one feet to a metal post; thence running in a southerly direction approximately one hundred feet to a metal post; thence running in an easterly direction approximately one hundred sixteen feet to a metal post; thence running in a northerly direction approximately seventy five feet to a metal post at beginning point.

There is exception hereto: This property may only be used for residential purposes and cannot be diverted to any commercial or business use.

There is exception hereto: The mineral and mineral rights are excluded.

Being the same property conveyed to the first parties from Donald Conley and Maxine Conley, by deed bearing date September 29, 1980, and recorded in Deed Book 250, Page 605, in the office of the Floyd county Court Clerk.

The property hereinabove described cannot be divided without materially impairing its value and the value of the plaintiffs lien thereon and therefore will be sold as a whole by the Master Commissioner of the Court with the proceeds therefrom distributed to the parties as set out hereinbelow.

The liens herein adjudged shall attach to the proceeds of said sale of the real estate in priority as follows:

The Plaintiff, Firststar Bank, NA, is adjudged to have a first and superior mortgage lien (subject only to any appropriate liens of Floyd County, Kentucky) upon the hereinabove described real property.

Any announcements made on date of sale take precedence over printed matter contained herein.

THIS THE 2ND DAY OF MARCH, 2000.

WILLIAM S. KENDRICK Master Commissioner P. O. Box 268 Prestonsburg, Kentucky 41653 (606) 886-2812

CERTIFICATE OF SERVICE This is to certify that the original was for-

warded to Floyd Circuit Court Clerk, with true and correct copies of the foregoing duly mailed, postage prepaid, this the 2nd day of March, 2000 to:

Hon. Septimious Taylor 3211B Frederica Street Owensboro, KY 42303

The Fifth Third Bank Fifth Third Center 38 Fountain Square Plaza Cincinnati, OH 45263

Hon. James B. Ratliff P. O. Box 351 Pikeville, KY 41502-0351

Kenneth Ray Conley Joyce Ann Conley P. O. Box 509 Allen, KY 41601

Hon. Keith Bartley Floyd County Attorney P. O. Box 1000 Prestonsburg, KY 41653

WILLIAM S. KENDRICK Master Commissioner

NOTICE OF COMMISSIONER'S SALE

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT

DIVISION NO. II CIVIL ACTION NO. 99-CI-00947

MATEWAN BANK, F.S.B., PLAINTIFF

VS. RONALD T. BURCHETT, and ROBIN BURCHETT, his wife; INTERSTATE NATURAL GAS COMPANY; INEZ DEPOSIT BANK; and FLOYD COUNTY, KENTUCKY, DEFENDANTS

BY VIRTUE OF Default Judgment and Order of Sale of the Floyd Circuit Court entered on the 18th day of January, in the Floyd Circuit Court, in the above styled cause, for the sum of \$75,374.24 (as of September 30, 1999), plus any late charges, with additional interest thereafter at the rate of 8.95% per annum, from September 30, 1999, to the date of Judgment, and thereafter at the rate of 12% per annum, until paid, I shall proceed to offer for sale at the Old Floyd County Courthouse Door, 3rd Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center) to the highest bidder, at public auction on Thursday, the 23rd day of March, 2000, at the hour of 9:00 a.m., the following described real estate, together with any and all improvements, appurtenances and/or fixtures located thereon, lying and being in Floyd County, Kentucky and more particularly described as follows, to-wit:

BEGINNING at the lower and South side of the Old Country Road on line formerly Jake Gunnels; thence a straight line up the hill Adjoining the John Allen property to the center of the ridge; thence down the center of the ridge in a Southerly direction to the D.B. Leslie Cemetery and Rutherford James line; thence down the hill with said James line to the West side of the Old Country Road and 42 feet from the center of Old 23, now Route 1428; thence across the Old Country Road to the State Highway right of way of Old 23 now Route 1428; thence down stream in a

Northerly direction with said Highway right of way to Camden Garrett and/or Columbia Gas Company line; thence up the hill with said line to lower and South side of the Old Country Road; thence in North West direction with line of John Gunnels, John Garrett, formerly Columbia Gas Company, continuing with line of John Gunnels, John Dillon, et al formerly Jim Gunnels, and formerly Jake Gunnels line to point of beginning.

There is excepted and reserved by grantors herein the following: The D.B. Leslie cemetery; "Beginning with the Rutherford James and Edward B. Leslie line and D. B. Leslie cemetery; thence Westerly following the "first flat" for a distance of 400 feet; thence 90 degrees Easterly 400 feet; parallel with the Westerly line; thence 90 degrees Southerly to the beginning. The D.B. Leslie heirs are to have 12 foot right of ingress and egress for proposed of cemetery rights and mineral rights, on to the present road.

Grantors and Grantee may at a later date enter into an agreement to build a private road to D.B. Leslie cemetery. This road will be built at Grantee's expense.

Being the same property conveyed to Male Mortgagor from David Richard Leslie and Mary A. Leslie, his wife, by deed dated August 8, 1995, and of record in Deed Book 388, page 556, Floyd County Clerk's Office.

The property hereinabove described cannot be divided without materially impairing its value and the value of the plaintiff's lien thereon and therefore will be sold as a whole by the Master Commissioner of the Court with the proceeds therefrom distributed to the parties as set out hereinbelow. The property hereinabove described shall be sold by the Master Commissioner as more particularly set forth in order to satisfy the debt owed the Plaintiff, interest, costs, attorney fees, and Floyd County Ad Valorem taxes owed by the primary defendants, jointly and severally.

The liens herein adjudged shall attach to the proceeds of said sale of the real estate in priority as follows:

The Plaintiff, Matewan Banks, F.S.B., is adjudged to have a first and superior mortgage lien (subject only to any appropriate liens of Floyd County, Kentucky) upon the hereinabove described real property.

Any announcements made on date of sale take precedence over printed matter contained herein.

THIS THE 2ND DAY OF MARCH, 2000.

WILLIAM S. KENDRICK Master Commissioner P. O. Box 268 Prestonsburg, Kentucky 41653 (606) 886-2812

CERTIFICATE OF SERVICE This is to certify that the original was for-

warded to Floyd Circuit Court Clerk, with true and correct copies of the foregoing duly mailed, postage prepaid, this the 2nd day of March, 2000 to:

Hon. Septimious Taylor 3211B Frederica Street Owensboro, KY 42303

The Fifth Third Bank Fifth Third Center 38 Fountain Square Plaza Cincinnati, OH 45263

Hon. James B. Ratliff P. O. Box 351 Pikeville, KY 41502-0351

Kenneth Ray Conley Joyce Ann Conley P. O. Box 509 Allen, KY 41601

Hon. Keith Bartley Floyd County Attorney P. O. Box 1000 Prestonsburg, KY 41653

WILLIAM S. KENDRICK Master Commissioner

NOTICE OF COMMISSIONER'S SALE

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT

DIVISION NO. II CIVIL ACTION NO. 99-CI-00947

MATEWAN BANK, F.S.B., PLAINTIFF

VS. RONALD T. BURCHETT, and ROBIN BURCHETT, his wife; INTERSTATE NATURAL GAS COMPANY; INEZ DEPOSIT BANK; and FLOYD COUNTY, KENTUCKY, DEFENDANTS

BY VIRTUE OF Default Judgment and Order of Sale of the Floyd Circuit Court entered on the 18th day of January, in the Floyd Circuit Court, in the above styled cause, for the sum of \$75,374.24 (as of September 30, 1999), plus any late charges, with additional interest thereafter at the rate of 8.95% per annum, from September 30, 1999, to the date of Judgment, and thereafter at the rate of 12% per annum, until paid, I shall proceed to offer for sale at the Old Floyd County Courthouse Door, 3rd Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center) to the highest bidder, at public auction on Thursday, the 23rd day of March, 2000, at the hour of 9:00 a.m., the following described real estate, together with any and all improvements, appurtenances and/or fixtures located thereon, lying and being in Floyd County, Kentucky and more particularly described as follows, to-wit:

BEGINNING at the lower and South side of the Old Country Road on line formerly Jake Gunnels; thence a straight line up the hill Adjoining the John Allen property to the center of the ridge; thence down the center of the ridge in a Southerly direction to the D.B. Leslie Cemetery and Rutherford James line; thence down the hill with said James line to the West side of the Old Country Road and 42 feet from the center of Old 23, now Route 1428; thence across the Old Country Road to the State Highway right of way of Old 23 now Route 1428; thence down stream in a

Northerly direction with said Highway right of way to Camden Garrett and/or Columbia Gas Company line; thence up the hill with said line to lower and South side of the Old Country Road; thence in North West direction with line of John Gunnels, John Garrett, formerly Columbia Gas Company, continuing with line of John Gunnels, John Dillon, et al formerly Jim Gunnels, and formerly Jake Gunnels line to point of beginning.

There is excepted and reserved by grantors herein the following: The D.B. Leslie cemetery; "Beginning with the Rutherford James and Edward B. Leslie line and D. B. Leslie cemetery; thence Westerly following the "first flat" for a distance of 400 feet; thence 90 degrees Easterly 400 feet; parallel with the Westerly line; thence 90 degrees Southerly to the beginning. The D.B. Leslie heirs are to have 12 foot right of ingress and egress for proposed of cemetery rights and mineral rights, on to the present road.

Grantors and Grantee may at a later date enter into an agreement to build a private road to D.B. Leslie cemetery. This road will be built at Grantee's expense.

Being the same property conveyed to Male Mortgagor from David Richard Leslie and Mary A. Leslie, his wife, by deed dated August 8, 1995, and of record in Deed Book 388, page 556, Floyd County Clerk's Office.

The property hereinabove described cannot be divided without materially impairing its value and the value of the plaintiff's lien thereon and therefore will be sold as a whole by the Master Commissioner of the Court with the proceeds therefrom distributed to the parties as set out hereinbelow. The property hereinabove described shall be sold by the Master Commissioner as more particularly set forth in order to satisfy the debt owed the Plaintiff, interest, costs, attorney fees, and Floyd County Ad Valorem taxes owed by the primary defendants, jointly and severally.

The liens herein adjudged shall attach to the proceeds of said sale of the real estate in priority as follows:

The Plaintiff, Matewan Banks, F.S.B., is adjudged to have a first and superior mortgage lien (subject only to any appropriate liens of Floyd County, Kentucky) upon the hereinabove described real property.

Any announcements made on date of sale take precedence over printed matter contained herein.

THIS THE 2ND DAY OF MARCH, 2000.

WILLIAM S. KENDRICK Master Commissioner P. O. Box 268 Prestonsburg, Kentucky 41653 (606) 886-2812

CERTIFICATE OF SERVICE This is to certify that the original was for-

restrictions of record in the Floyd County Clerk's Office and such right of redemption as may exist in favor of the United States of America and/or the record owners thereof, pursuant to 28 U.S.C. 2410 or KRS 426.530.

(c) The purchaser shall be required to assume and pay all Floyd County real property taxes for the fiscal year 1999, and all subsequent years not yet due and payable. Any preceding year delinquent Floyd County real estate taxes shall be paid from the sales proceeds.

(d) In the event the Plaintiff is the purchaser of the above described property for an amount equal to, or less than, its first lien, it shall take a credit against said lien for the amount of the bid and no bond shall be required of the Plaintiff, and it shall only be obligated to pay court costs, the fees and costs of the Master Commissioner and any real estate taxes assessed against the real estate.

Any announcements made on date of sale takes precedence over printed matter contained herein.

THIS THE 2ND DAY OF MARCH, 2000.

WILLIAM S. KENDRICK Master Commissioner P. O. Box 268 Prestonsburg, Kentucky 41653 (606) 886-2812

CERTIFICATE OF SERVICE

This is to certify that the original was forwarded to Floyd Circuit Court Clerk, with true and correct copies of the foregoing duly mailed, postage prepaid, this the 2nd day of March, 2000 to:

Hon. J. Scott Kreuzer P. O. Drawer 31 Pikeville, KY 41502

Hon. Martin L. Osborne P. O. Box 530 Prestonsburg, KY 41653

Hon. Keith Bartley Floyd County Attorney P. O. Box 1000 Prestonsburg, KY 41653

Mr. Ronald T. Burchett Mrs. Robin Hale Burchett 2011 Hite Road Martin, KY 41649-7985

WILLIAM S. KENDRICK Master Commissioner

NOTICE OF COMMISSIONER'S SALE

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT

DIVISION NO. II CIVIL ACTION NO. 99-CI-00369

OHIO SAVINGS BANK, PLAINTIFF

VS. GARRY H. VICKERS, HELEN VICKERS, COUNTY OF FLOYD, CITY OF PRESTONSBURG, DEFENDANTS

BY VIRTUE OF Judgment and Order of Sale of the Floyd Circuit Court entered on the 15th day of November, 1999, in the Floyd Circuit Court, in the above styled cause, for the following sums:

Principal \$ 108,000.00
Interest from 2/1/98 to 10/31/99 \$ 16,998.90
Advancements for the Protection of the prop-

erty, including taxes and insurance (negative escrows) \$ 0.00
Attorney fees (KRS 411.195) \$ 950.00

TOTAL \$125,948.90

together with interest at the rate of \$26.63 per diem from the above date until paid plus costs herein and any sums expended by plaintiff for insurance, ad valorem taxes or for preservation of the real estate until date of sale, I shall proceed to offer for sale at the Old Floyd County Courthouse door, 3rd Avenue, Prestonsburg, Kentucky, (behind the new Floyd County Justice Center) to the highest bidder, at public auction on Thursday, the 23rd day of March, 2000, at the hour of 9:30 a.m., the following described real estate, together with any and all improvements, appurtenances and/or fixtures located at 584 N. Arnold Ave., Prestonsburg, Floyd County, Kentucky, and more particularly described as follows:

Lots No. 19, 20 and 21 in the Arnold and Spradlin Addition to the City of Prestonsburg, Kentucky, and fronting on Garfield Avenue, shown by the map of plat of said Subdivision on file in the office of the Clerk of Floyd County Court, which map is referred to for a more complete description of said lots. Said Lots are 25 feet in width fronting in Garfield Avenue and extend back by parallel lines to a 14 foot alley, with exception of Lot No. 19, only 20 feet of which in the south side is hereby conveyed, the other 5 feet fronting on Garfield Avenue and extending back to said alley and being adjacent to Lot No. 18 heretofore excepted by Marvin Music, and not hereby conveyed. It is understood and agreed that this deed is made subject to the terms and provision of that certain sewer line agreement entered into on December 3, 1949, between Marvin Music and Fred Martin.

Being the same property conveyed to Garry H. Vickers and Helen Vickers by deed dated March 7, 1988, of record in Deed Book 320, Page 404, Floyd County Clerk's Office. The property hereinabove described cannot be divided without materially impairing its value and the value of the plaintiff's lien thereon and therefore will be sold as a whole by the Master Commissioner of the Court with the proceeds therefrom distributed to the parties as set out hereinbelow.

The property hereinabove described shall be sold by the Master Commissioner as more particularly set forth in order to satisfy the debt owed the Plaintiff, interest, costs, attorney fees, and Floyd County and City of Prestonsburg, Kentucky Ad Valorem taxes owed by the primary defendants, jointly and severally.

The liens herein adjudged shall attach to the proceeds of said sale of the real estate in priority as follows:

The Plaintiff, Ohio Savings Bank, is adjudged to have a first and superior mortgage lien (subject only to any appropriate liens of City of

Prestonsburg and Floyd County, Kentucky) upon the hereinabove described real property.

Any announcements made on date of sale takes precedence over printed matter contained herein.

THIS THE 2ND DAY OF MARCH, 2000.

WILLIAM S. KENDRICK Master Commissioner P. O. Box 268 Prestonsburg, KY 41653 (606) 886-2812

CERTIFICATE OF SERVICE This is to certify that the original was forwarded to Floyd Circuit Court Clerk, with true and correct copies of the foregoing duly mailed, postage prepaid, this the 2nd day of March, 2000 to:

Hon. Bruce K. Gilster Weltman, Weinberg & Reis Co., L.P.A. 525 Vine Street, Suite 1020 Cincinnati, OH 45202

Hon. Keith Bartley Floyd County Attorney P. O. Box 1000 Prestonsburg, KY 41653

Hon. Paul P. Burchett City of Prestonsburg Attorney 200 North Lake Drive Prestonsburg, KY 41653

Mr. Garry H. Vickers Mrs. Helen Vickers 144 Royalty Drive Lancaster, KY 40444

WILLIAM S. KENDRICK Master Commissioner

subscribe to the Floyd County Times call 886-8506

Prestonsburg and Floyd County, Kentucky) upon the hereinabove described real property.

(a) At the time of sale, the successful bidder, if the other than the Plaintiff, shall either pay cash or 10% down, with the balance on credit for thirty (30) days.

(b) The property shall be sold subject to any easements and restrictions of record in the Floyd County Clerk's Office and such right of redemption as may exist in favor of the United States of America and/or the record owners thereof, pursuant to 28 U.S.C. 2410 or KRS 426.530.

(c) The purchaser shall be required to assume and pay all Floyd County real property taxes for the fiscal year 1999, and all subsequent years not yet due and payable. Any preceding year delinquent City of Prestonsburg and Floyd County, Kentucky, real estate taxes shall be paid from the sales proceeds.

(d) In the event the Plaintiff is the purchaser of the above described property for an amount equal to, or less than, its first lien, it shall take a credit against said lien for the amount of the bid and no bond shall be required of the Plaintiff, and it shall only be obligated to pay court costs, the fees and costs of the Master Commissioner and any real estate taxes assessed against the real estate.

Any announcements made on date of sale takes precedence over printed matter contained herein.

THIS THE 2ND DAY OF MARCH, 2000.

WILLIAM S. KENDRICK Master Commissioner P. O. Box 268 Prestonsburg, KY 41653 (606) 886-2812

CERTIFICATE OF SERVICE This is to certify that the original was forwarded to Floyd Circuit Court Clerk, with true and correct copies of the foregoing duly mailed, postage prepaid, this the 2nd day of March, 2000 to:

Hon. Bruce K. Gilster Weltman, Weinberg & Reis Co., L.P.A. 525 Vine Street, Suite 1020 Cincinnati, OH 45202

Hon. Keith Bartley Floyd County Attorney P. O. Box 1000 Prestonsburg, KY 41653

Hon. Paul P

NOTICE OF PENDING LEGAL ACTION

Notice is hereby given to Marion Thompson, address unknown, and Unknown Defendants, being the unknown spouse, heirs, devisees, legatees or consort of Marion Thompson, if any, and

all other persons or parties who may be claiming or may have an interest in and to the hereinafter described property which is subject to a Complaint to Quiet Title in the Floyd Circuit Court: A certain parcel or track of land situated on Corn Fork, Floyd County, Kentucky, and bounded

described as follows: BEGINNING at a stake and corner to Track of land of J.B. Harris; thence up the creek with same to a rock cliff; thence around beside a hill to a cross on a rock at the mouth of a drain; thence up the hill with a drain three hundred (300) feet to a rock and Beech; thence around the hill to opposite

Beginning; thence down the hill a straight line to the Beginning. Containing ten (10) acres, more or less. Any and all persons or parties who are believed to have an interest in the above said property are hereby directed to contact the Warning Order Attorney, Hon. Janie C. McKenzie, Boehl, Stopher & Graves, 287

West Court Street, P.O. Box 606, Prestonsburg, Kentucky 41653, phone (606) 886-8004.

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-5334 Operator Change In accordance with

405 KAR 8:010, notice is hereby given that Matt/Co. Inc., 432 Meadows Branch, Prestonsburg, Kentucky 41653, intends to revise permit number 836-5334 to change the operator. The operator presently approved in the permit is Matt/Co. Inc., 432 Meadows Branch, Prestonsburg, Kentucky 41653. The

new operator will be Big I Mining, Inc., P.O. Box 1446, Martin, Kentucky 41649. The operation is located 2.0 miles north of Emma in Floyd County. The operation is approximately 1.0 miles east from Sugarloaf Branch Road's junction with Ky 1428 and located 0.10 miles north of Sugarloaf Branch. The

operation is located on the Lancer U.S.G.S. 7-1/2 minute quadrangle map. The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 3140 South Lake Drive, Prestonsburg,

Kentucky 41653. Written Comments or objections must be filed with the Director of the Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601. All comments or objections must be received within fifteen (15) days of today's date.

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Real Estate Section is available on Wednesday's Paper only.

Visa or MasterCard are accepted over the telephone or walk-in.

Sandra Bunting: Classified Sales Manager

Donna Jewell: Classified Representative

Phone 886-8506

OUR DEADLINES INCLUDE:

Wednesday's Paper: Line Ads, Mon. at 12 noon;

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Sunday's Paper: Line/Display, Thursday at 5 p.m.

***The Floyd County Times Reserves the right to change or modify these rates and/or deadlines without prior notice, at their discretion.**

The Floyd County Times

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