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Sports

- Haunting experience • B1
- Inside Golf Page • B3
- Wrestling • B8
- Fumbles haunt Raiders • B1



Lifestyles

- Family reunion • C1
- Academics • C5
- For the record • C3
- Family Medicine • C3

Volume 72 • Number 101

Section



Sunday
October 24, 1999

OUR CORE VALUES

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COMPASSION
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INITIATIVES

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The Times

FLOYD COUNTY

Serving Floyd County since 1927



A tree planting ceremony was held this week to commemorate Domestic Violence Awareness Month. One of the trees was planted in memory of Billie Jo Mitchell, who was killed in a domestic violence incident. (photo by Randell)



Employees to get settlement

by Randell Reno
Staff Writer

A court case involving six women who claimed they had become ill during renovations to a building leased by their employee, Dollar General Store, was settled for \$65,000 Friday.

Claimants Phyllis Ousley, Jeanette Prater, Thelma Blair, Jackie Hurt, Bonnie Goble, and Wanda Conley will receive almost \$11,000 each in the settlement.

The women, who were employees of the Dollar General Store located on University Drive in Prestonsburg, said they experienced flu-like symptoms that they couldn't shake during the renovations. Phyllis Ousley, store manager, was told by her doctor to quit her job if she wanted to recover her health.

Store employees Thelma Blair of Paintsville, Wanda Conley of Banner, and Jeanette Prater, Jackie Hurt and Bonnie Goble, all of Prestonsburg, also left their jobs, citing health problems.

An environmental monitoring company checked out the store last

(See Settlement, page two)

Father wants meningitis vaccinations available

Willie Elliott
Staff Writer

A grieving Floyd County father wants to keep other children from contracting the disease that apparently killed his son by getting the word out about a vaccine to prevent the illness.

"There is a vaccine! Menomune is available!" heads a petition that Cliff Daniels and his wife Deedra are circulating in their efforts to make the vaccine available to those who wish to have it.

The Daniels lost their son Cliff Dexter in what was reported at the

time as meningitis. Because the case did not give the bacteriological diagnosis to meet the U. S. Public Health Services criteria for confirmed meningitis, the case is not being considered meningitis.

The petition continues: "Those who have signed below feel that due to the increasing rates of meningitis through the years have justifiable cause to request vaccination for everyone in KY between 2 and 22 years of age. Not one more child should die or become ill. CLIFFORD DEXTER "CLIFF" DANIELS died

(See Meningitis, page two)

Pack wants job back

by Randell Reno
Staff Writer

Jackie E. Pack, former head basketball coach and golf coach at Prestonsburg High School, has filed a suit in Floyd Circuit Court asking to be reinstated to the position.

The suit was filed October 9 and names the Floyd County Board of Education; Paul Fanning, superintendent of schools; and Coy Samons, principal of Prestonsburg High School as defendants.

In the suit, Pack claims that on

May 6 of this year, the PHS site-based council approved a motion to rehire all the co-curricular staff, including himself, to their positions as coaches. The suit says the PHS principal, Coy Samons, advised him that he was re-hired.

On May 27, the council decided to rescind the motion and ask for Samons' recommendations for the coaching positions. Samons informed Pack that positions would be posted as a formality but assured Pack that he would be rehired, the suit says. Pack claims

(See Pack, page two)

Old City Hall building sold

by Randell Reno
Staff Writer

Commissioners missing too many meetings at Wheelwright are impeding the city's progress, according to Wheelwright Mayor Marlee Samons.

"I'm tired of (commissioners) missing these meetings because one doesn't agree with what another says," Samons chastised the commissioners at a meeting of the Wheelwright City Commission Thursday.

Members choosing side on certain issues and then missing the meetings to tie the votes or keep issues from being voted on have prevented regular city commission meetings from being held quite a few times due to the lack of a quorum, according to Samons.

Samons vented his frustration during a

debate on the selling of the old City Hall building to David Hall of Wheelwright.

Commissioner Don "Booty" Hall has presented the proposal to sell the property at the past few meetings and pressed the matter at Thursday's meeting. Samons, and commissioners Jimmy Little and Jerry Tackett also have been asking for the commission to receive bids.

Don Hall again put the motion on the floor Thursday evening to sell the property to David Hall but with the absence of Little the vote was two to two in the proposed sell of the building, causing the motion to fail.

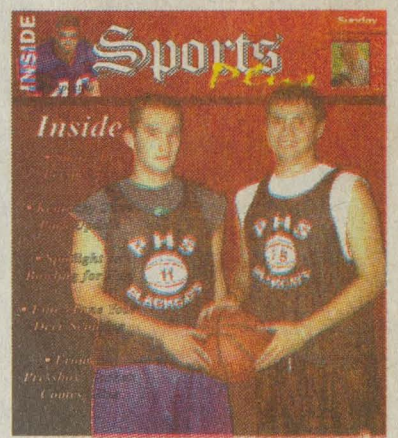
Samons asked that the city get an appraisal of the building so that the city would get its money's worth for the building, but Hall, who wants the building

(See City Hall, page two)

Charles Johnson was hired as interim police officer by the Wheelwright City Commission this week. Johnson is currently laid off from the Floyd County Sheriff's Department. He is pictured receiving congratulations from Wheelwright Mayor Marlee Samons. (photo by Randell Reno)



What's Inside



Briefs

McCort injured in shooting at Miller's Creek

Brian McCort, 32, of Van Lear, was listed in stable condition at St. Mary's Hospital in Huntington, West Virginia Saturday evening after receiving gunshot wounds to his face. The shooting occurred about 3 a.m. Saturday morning.

Mike Murphy, 50, of Van Lear, was arrested and charged with assault, first degree.

According to the Kentucky State Police, McCort was allegedly causing a disturbance at the residence of his ex-wife who lives on Miller's Creek. Witness told KSP troopers that McCort's ex-brother-in-law, Mike Murphy, attempted to intervene in the dispute and McCort pulled a knife on Murphy.

Murphy then shot McCort one time in the face with a handgun, police said. The victim was taken to Paul B. Hall Medical Center and then transported to St. Mary's Hospital.

The incident is being investigated by KSP Detective Paul Estep, Trooper Ron Diddle, and the Johnson County Sheriff's Department.

Police capture escapee

Pikeville police captured an escapee of the Pike County Detention Center Friday.

Jerry J. Rochefort 21, of Pikeville escaped from the detention center Friday morning, and Kentucky State Police put out a request for law enforcement agencies in the area, including Floyd County, to keep an eye out for him. Officers at KSP's Post 9 thought the fugitive may have been on his way to Ohio via Floyd County.

Rochefort was described as a white male, 5' 8" and weighing 155 pounds with brown hair and green eyes and a tattoo of a cross with the word "honor" written above it.

Saturday morning, a KSP spokesman said Rochefort had been captured Friday evening by Pikeville police officers. He said he could not comment further on the case and referred the matter to the Pikeville police office. Information on the arrest was not available at the office at presstime Saturday.

Howlin' good time

The Kentucky Opry and the Kentucky Opry Junior Pros will

(See Briefs, page two)

Settlement

(Continued from page one)

spring and said the problem could have been caused by glue used on the floor tiles during the renovation. The company said fumes from the glue could have caused the symptoms.

The company recommended the tile and the glue be removed and the floor replaced.

The women's attorney, Ned Pillersdorf, said Saturday that the problem was caused when the construction company applied new glue to the tile before the old glue had dried, causing a chemical reaction.

Pillersdorf filed suit on behalf of the employees last September, originally naming as defendants Paran Management, which owns the building and Jones Builders, the construction crew.

Later, the Dollar General Store and J & R Construction Company,

the contractors for the renovation project, became involved in the suit.

Paran Management filed a third party complaint against Dolgencorp (Dollar General) February 16, 1999, claiming Dollar General was obligated to perform finishing work in the store, including the installation of new flooring. Paran claimed the Dollar General failed to arrange for the proper installation of the tile floor and then failed to make repairs when the problem was discovered.

Dollar General claimed in an answer and cross claim, March 29, that all the injuries were caused or brought about by Paran's own negligence and that the conditions were brought about by a pre-existing condition. They brought a claim against Jones Builders, J & R Construction and Paran

Management stating that the alleged injuries were caused by the negligence of those three companies.

Dollar General claimed because Jones Builders and J & R Construction had contractual obligations to indemnify Dollar General from any award they should not be held responsible for damages.

Dollar General also contended that any claims involving their company would be based on Kentucky Workers Compensation and attorney Pillersdorf agreed. Claims against Dollar General Corporation were dismissed. Pillersdorf said Saturday that the women did not blame their employer and said the responsibility for the incident lay with Paran Management, the construction company and the contractor.

Pillersdorf and attorneys for Paran Management worked out an agreed settlement September 8 for \$38,500, but no payment had been paid. On October 13, he asked that the settlement be made into a judgment and that the company be ordered to pay interest and attorney fees.

In a hearing Friday, October 22, Floyd Circuit Judge John David Caudill granted the motion and ordered the company to pay \$38,500 with accrued interest, but he also issued an order denying payment of attorney fees.

Pillersdorf said Saturday that the settlement includes \$1,500 (individually to the women) from J & R Construction Company and money from Jones Builders.

Pillersdorf said the women had received no long-lasting ill effects from the incident.

Meningitis

(Continued from page one)

August 4, 1999 from meningococcal meningitis, 13 hours after the first symptoms appeared. Our family knew nothing of this disease, least of all that there is a vaccine! We demand our governor establish community clinics to help meet the public demand for the vaccine."

"We have talked to the county health department, the state health department, the governor's office, and we have talk to so many others we can remember them all," Daniels and his wife said.

The Daniels are not satisfied with the reception they have received from various agencies.

"The reason we are trying to get the vaccine is, we don't want another child to get this (disease); we don't want any parents to have go through what we have been through," Daniels said.

Daniels suggested that if the state doesn't want to provide the vaccine, "then maybe it could be offered (based) on one's income. If one can afford it great, but, if not give them a break on it. At the very least we should have the choice."

Daniels related the story about one man who came down with meningococcal at the University of Michigan. The university offered the vaccine to the entire university staff and the community until November 1, and the university is picking up the \$50.00 per person cost of the vaccination.

Daniels said his own daughter Kaylah has already received the vaccine, but "it took us a long time to get it for her. We don't want another child to die or suffer as Jessie (Jessica Bentley, who is from the same community as the

Daniels family and who is recovering from the disease in the University of Kentucky Medical Center.)"

"No child should have to get this killer disease. We can't sit back and not do nothing," Daniels added.

The father said so far the petition contains over 1,000 names and not all the petition forms have been returned.

"After our son died, we wanted to know all about the disease," Daniels said.

Daniels and his wife did research and watched for news about the disease. "We got on the Internet and got all the information from that we could. It has been on 20/20 and all the top news channels for the past few months," he said.

The information Daniels

obtained came from three web sites: www.muas.org, www.abc-news.com, www.slackinc.com.

Daniels said just knowing that there is a vaccine that could save another child's life was enough motivation to get the information out to the community.

"After Cliff died, we were told that it was a very rare disease, but we have found out that is not the case," Daniels said.

Both local and state health agencies contend that they have followed the guidelines for dealing with the disease.

Gubernatorial candidate Gatewood Galbraith was in Pikeville earlier this week to assist Daniels in his quest to get the vaccine. Galbraith says he will take the petition to the state health officials in Frankfort to demand the vaccine be shipped here.

ATTENTION

KIDNEY DIALYSIS PATIENTS

Renal Care Group (RCG)

That operates Pikeville Kidney Center

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Please call Dr. Quddus at (606) 432-4477

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\$100.00 Reward

To anyone who will furnish information leading to the arrest and conviction of the person or persons responsible for stealing and/or destroying the campaign signs of Jeffrey Damron.

Contact Phillip D. Damron at 886-9444.

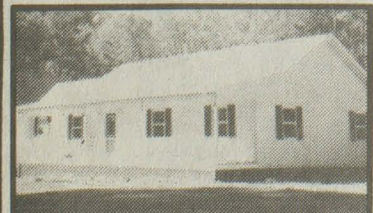
Paid for by the Committee to Elect Jeffrey Damron Family Court Judge, Phillip D. Damron, Treasurer.



www.remax-actionteam-ky.com



NEW LISTING - EAST POINT
Two story home with 3 bedrooms, 2 baths, large lot, built in 1993. \$92,900 (104092) Call Trent.



NEW LISTING - DANIELS CREEK - Built in 1999, 3 bedrooms, 2 baths, 2 car garage. \$129,000 (104111) Call Trent.

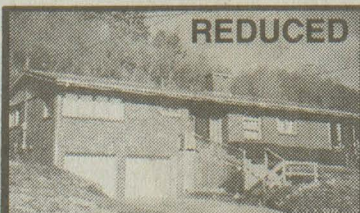


WHEELWRIGHT - Very nice 3 bedroom, 1 3/4 bath older home with recent improvements. Garage & outbuilding. \$34,900 (103771) Call Sandy.

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253 University Dr.
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NEW LISTING - BEE FORK SUBDIVISION - 3 bedroom, 2 bath cedar siding home with garage. \$79,000 (104110) Call Lynette.



JOSEPHINE STREET - 3 bedrooms, 2 1/2 baths, 2 car garage, see-through fireplace. **REDUCED TO \$169,900 (103508) Call Trent.**



AUXIER - 2 bedroom home with carport, gas heat, fireplace, paved driveway, porch. \$29,900 (103703) Call Sandy.

City Hall

(Continued from page one)

repaired before sale continued to debate with the other commissioners.

"It will look a lot better fixed up than what it looks like now," argued Hall, who nixed the idea of the appraisal and said that it would only cost the city more money.

Hall gained an advantage for his proposal to sell the building to David Hall after some local residents attending the meeting reported that a garage had been sold for only \$350. Don Hall reminded the commission that David Hall had offered \$2,000 for the old City Hall building.

When David Hall upped the offer to \$2,500 and promised to allow the Halloween party to go on every year at the building and to begin renovations of the building within a month, opposition fizzled.

A second motion to sell the property to Hall was put on the floor, and the motion passed 3-1.

David Hall was granted the purchase of the property with easement to the building with the stipulations that he allows the Halloween party to go on every year and to return the property to the city at the same price if he decides to sell it.

Commissioners met behind closed doors twice during evening. The first executive session was held to discuss a possible suit filed against the city by Paul and Ruby Tackett, both of whom had been discharged by the city. The commission re-entered the meeting room and agreed to reinstate Paul Tackett to his position as meter reader for the city utilities. They decided against re-hiring Ruby Tackett.

"We will let the rest be worked out between the attorneys," Commissioner Andy Akers said.

The second meeting behind closed doors was to hire a temporary police officer to fill the position left

by resigning officer Danny Martin. Members settled upon Charles Johnson as interim police officer. Johnson is currently laid off from the Floyd County Sheriff's Department.

The city will advertise for applicants for the position, allowing Johnson to fill in until someone is hired full time.

There was much discussion between commission members and the audience over the terms of selling a garage to Mrs. Elva Wnek about a year ago. Wnek asked the city for seven feet of space on all sides of the building.

After much debate, the mayor said property the city sold to Wnek was agreed on at the time of sell and that is how it should remain. The commission did agree to grant her an easement to the property to allow her accessibility to areas of the building that she wants to make improvements on.

"The biggest mistake we ever made was selling (any) piece of property in this town," one resident said from the back of the room while the discussion was going on.

Other topics discussed at the meeting included:

- a second reading of an ordinance setting the 1999-2006 tax rate. The rate will remain at 35 cents on \$100 or .0035 percent.

- approval of the use of the old City Hall building for the city Halloween Party and approval of the writing of a letter to contractors asking why the renovations on the building had not been done.

Mary Ann Slone, city clerk, reported that the contractor was supposed to have completed the renovations within one year.

The debate, which was held earlier in the meeting, became irrelevant after the sell of the property to Hall.



Mayor Jerry Fannin, seated, recently signed a proclamation designating October as National Orthodontic Health Month in Prestonsburg. Standing is Dr. Andy Keaton.

Briefs

(Continued from page one)

howl at the "Boo Moon of Kentucky" Friday, October 29. The Opry's Halloween Show will be begin at 7:30 p.m. at the Mountain Arts Center.

Trick-or-treat candies will be available in the lobby.

Seats are \$12 for adults, \$10 for seniors and students, a and \$30 for a family of five. Special rates are available.

Helping those who help others

The Floyd County Rescue Squad has saved numerous lives in the county and they're asking for a little help from their friends. The squad is having a fund-raising drive that is being conducted via telephone.

People donating \$20 or more will receive a free 8 x 10 photograph and photo setting. Lt. Derek Calhoun, squad leader, asks that individuals do not give out their credit card numbers or checking account numbers over the phone.

Donations should be sent to

the rescue squad's address only. That address is: P.O. Box 681, Prestonsburg, KY 41653.

Public meetings

- The Board of Elections will conduct a special meeting at 10 a.m. in the Floyd County Fiscal Courtroom on October 25.

- Housing Authority of Martin, Grigsby Heights Community Room, 1 p.m., October 27

- Prestonsburg City Council, Monday, noon, City Hall

- Honey Branch Industrial Development Authority, special meeting, Monday, 1:30 p.m., Beechfork Training Center in Martin County

- Martin City Council, Monday, 6 p.m., City Hall

- Floyd County Board of Education, Monday, 6:30 p.m., Allen Central High School

- Public forum on Floyd County Board of Education District Facility Plan, Tuesday, 7 p.m., Allen Central High School.

Pack

(Continued from page one)

Pack claims in the suit that Samons informed him on May 31 that he would not be recommended for rehire. All the other coaches at the school were rehired, Pack said.

Pack was charged with insubordination in April 1998 and removed from his positions of coach and as a teacher. The insubordination stemmed from Pack's alleged borrowing of large sums of money from the parents of the players on his basketball team.

A tribunal determined in August of 1998 that Pack was removed illegally and state "that Pack couldn't be held accountable for the offenses because he had not received any specific instructions about teacher ethics rules related to those kinds of

loans."

Pack's suit, filed October 9, says that he could not have been denied the positions of golf coach and basketball coach because of the former allegations against him. It also claims that he could not be removed from his positions by the interim superintendent because by law the interim superintendent was not properly certified and qualified at the time.

Pack is asking for reinstatement as head basketball coach and golf coach without loss of pay or benefits, including retirement and that he recover cost and attorney fees.

Editor's Note: A lawsuit is not an indication of guilty or wrongdoing but represents only one side of an issue.

Drug traffickers indicted

by Randell Reno
Staff Writer

Three individuals, at least one of whom is from Floyd County, charged during a routine traffic stop that became a major drug bust in Paintsville were indicted in Johnson County.

Indictments on Misty D. Mollette 21, of Bartow, Florida, James (Jamie) B. Bailey 28, of Banner, Indiana were handed down in Johnson Circuit Court last Friday.

Charges brought against the three include trafficking in cocaine, complicity to trafficking in cocaine, trafficking in marijuana, and complicity to trafficking in

marijuana. A separate charge of driving while under the influence is held against Shepherd, who has yet to be captured by police.

Kentucky State Police Troopers Jamie Kidd and Dwayne Price pulled over Shepherd on September 8 for a possible DUI and accidentally tripped into the drug bust. Shepherd was pulled over by the troopers for running a stop sign on KY 321 near Paintsville.

Shepherd fled the scene on foot while the officers placed Mollette and Bailey in custody.

When the troopers checked the glove box for alcohol, they found a small bag of cocaine, which led to a complete search of the vehicle. Hidden in the trunk of the vehicle was 5.7 pounds of cocaine in its

purest form, around seven pounds of freshly harvested high grade marijuana and more than \$17,000 in cash.

Detectives said the marijuana had an estimated street value of \$1,600 a pound and the cocaine had an estimated value of \$250,000 for a combined total of about \$261,200.

According to Trooper Mike Goble, the cocaine, about two kilos, could have been cut and distributed into seven to eight kilos. At the time of the incident, cocaine was selling at \$100 dollars a gram, he said. To get an idea of how much a gram is, Goble said to open a single pack of Sweet and Low sugar substitute.

The KSP suspected the drugs

were intended for sale in this area. Detectives also suspected the drugs may have been sold right out of the car.

The KSP are still searching for Mark D. Shepherd, who is thought to have relatives in Floyd County, and would appreciate any assistance that the public can offer. He is also thought to be a former resident of Floyd County. He is 5'8" 185 pounds, has brown hair and green eyes.

Anyone with information concerning Shepherd is asked to contact the post toll free at 1-800-222-5555. All callers will remain anonymous.

Assisting in the arrest were Paintsville Police Officers Larry VanHoose and Doug Wallen.

Floyd County area technology center receives equipment

by Phillip Ousley

The world around is constantly changing. Technical training is becoming increasingly important.

Students who receive training using modern, technically advanced equipment have an excellent opportunity in the job market. The skills and training

students receive will enable them to successfully obtain a rewarding job in their chosen field.

For this reason, the Floyd County Area Technology Center at

Martin recently acquired a new piece of equipment. The Boxford 250 PC CNC lathe will provide the Machine Technology students an opportunity to work with automated machining.

The CNC lathe is operated by a personal computer. It is ideally suited for all training requirements. It performs all the operations of a standard lathe, but does them as programmed by the operator.

The CNC lathe will enable the vocational city to most certainly obtain skills comparable to those received in any part of the county. It provides the students with hands-on experiences in lathe operation, computer programming and G & M codes (which is the national mining standard).

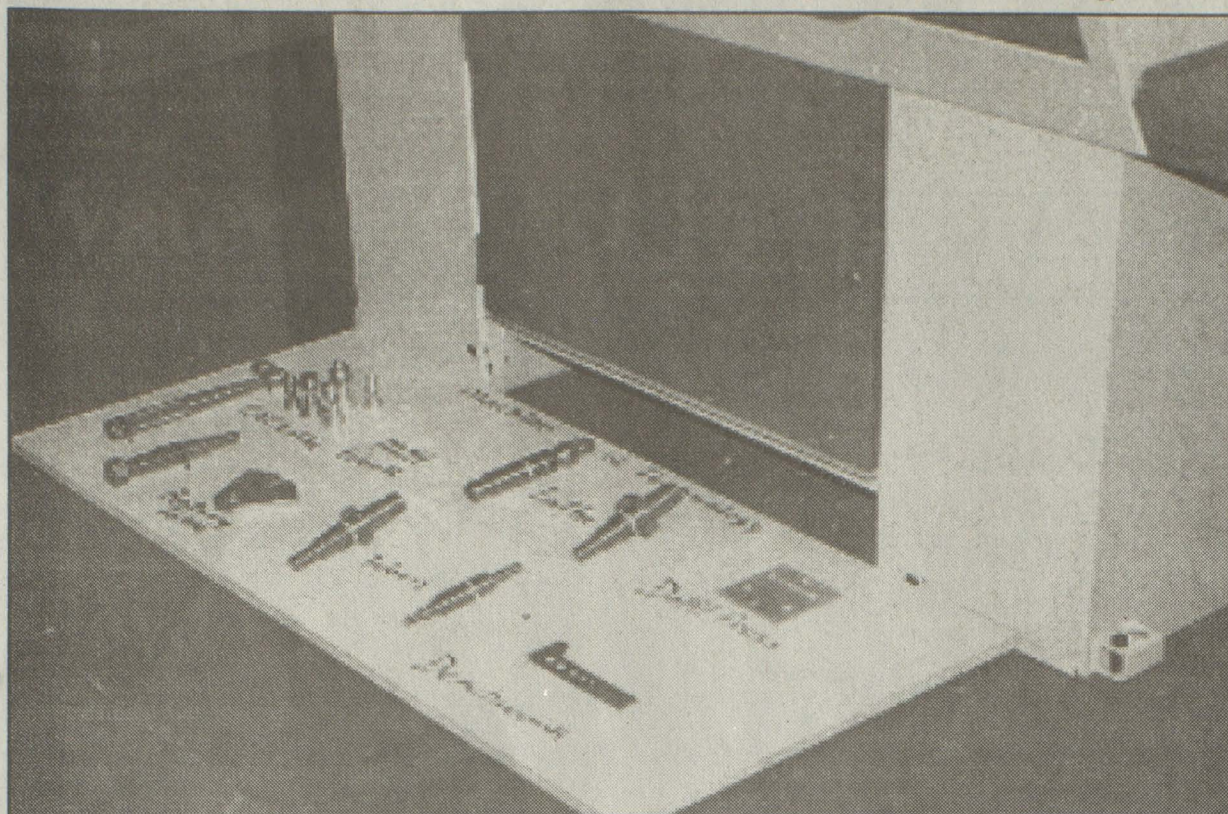
The CNC lathe is an extremely safe piece of equipment to operate. It has a fully enveloping transparent high-impact chip/work guards with fail-safe switch interlocks. The machine also possesses low voltage control circuitry and ergonomic positioning of machine controls.

For the students who will choose vocational training as their

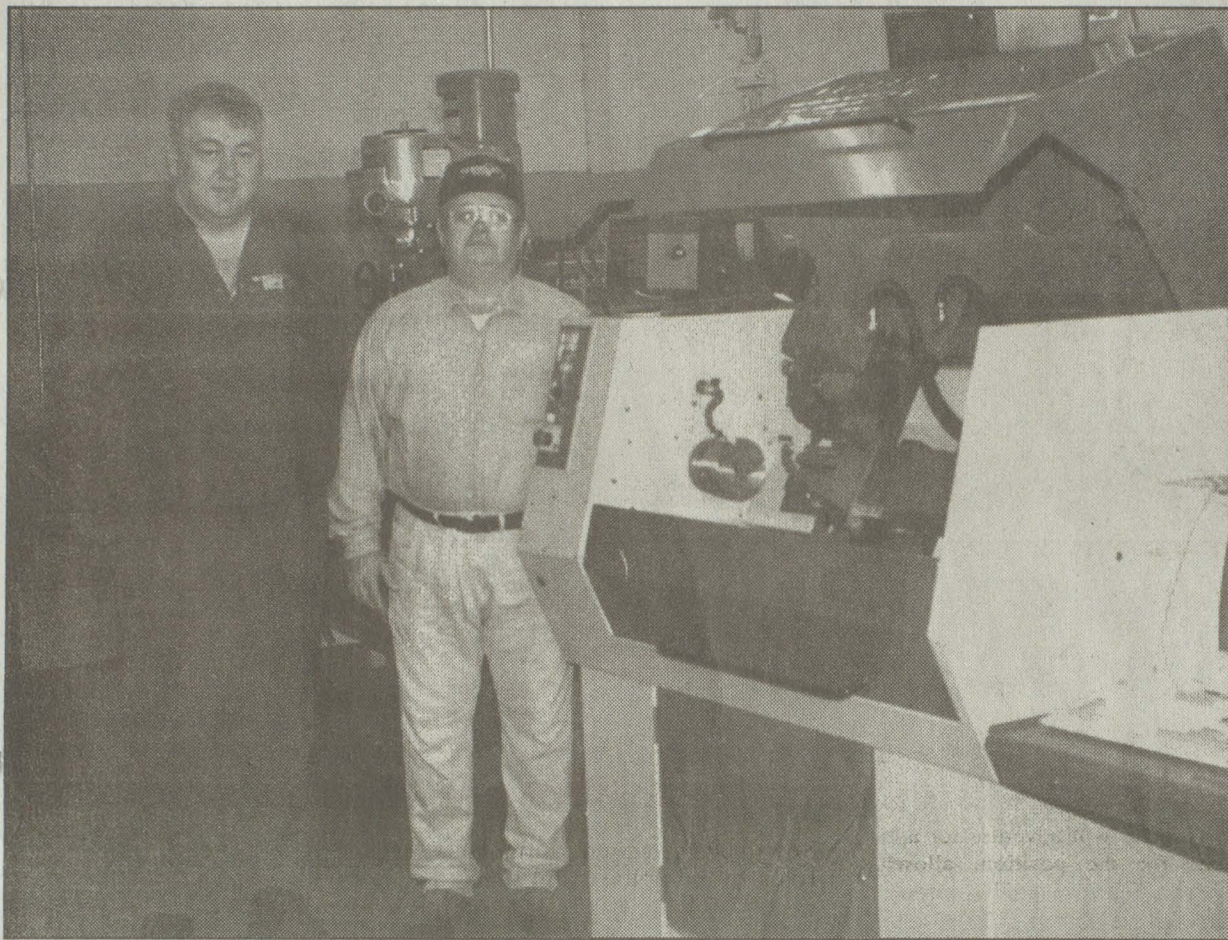
field of study, the future offer endless possibilities. The machine they will learn to operate are often involved directly or indirectly in the production of the necessities and luxuries of civilization.

The parts may vary from a simple screw used in an automobile engine, or be as intricate as a part used by NASA in the space shuttle.

The addition of the Boxford CNC lathe will provide the machine tool students with a modern, safe industrial piece of equipment which will enhance their training. For more information about this and other vocational topics, call 606-285-3088.



Pictured are some of the parts produced on the lathe.



Lenville Martin, principal of Floyd County Area Technology, and Phillip Ousley take a close look at the Boxford 250 PC lathe.

Water project in spotlight

Times Staff Report

US Congressman Hal Rogers will be in Floyd County next Tuesday to dedicate the Bill Hall Branch water project on Left Beaver.

Rogers will lead a delegation of federal, state and local officials to focus on what he has designated as PRIDE Week to promote the PRIDE program.

The ceremony at South Floyd High School at 1 p.m. will be the last stop on a two-day, seven-stop tour of the region.

The Bill Hall Branch water project, which is now underway, is symbolic of the current effort to make safe, treated water accessible to people in Floyd County and throughout the region.

During the program at the high school, Rogers will introduce an environmental education video, "Kids Can Make A Difference," created by the PRIDE program.

Among those accompanying Rogers on the helicopter tour will be James Bickford, Kentucky Secretary of Natural Resources and Environmental Protection; Dr. Joseph Westphal, assistant Secretary of the Army for Civil Works — US Army Corps of Engineers; and Brigadier Gen. Robert H. Griffin, commander and division engineer of the Corps' division headquarters in Cincinnati.

Rogers and Bickford introduced the cleanup program known as PRIDE — Personal Responsibility in a

Desirable Environment — in 1997 to help promote federal, state and local coordination to clean up the region's streams and rivers or sewage and garbage.

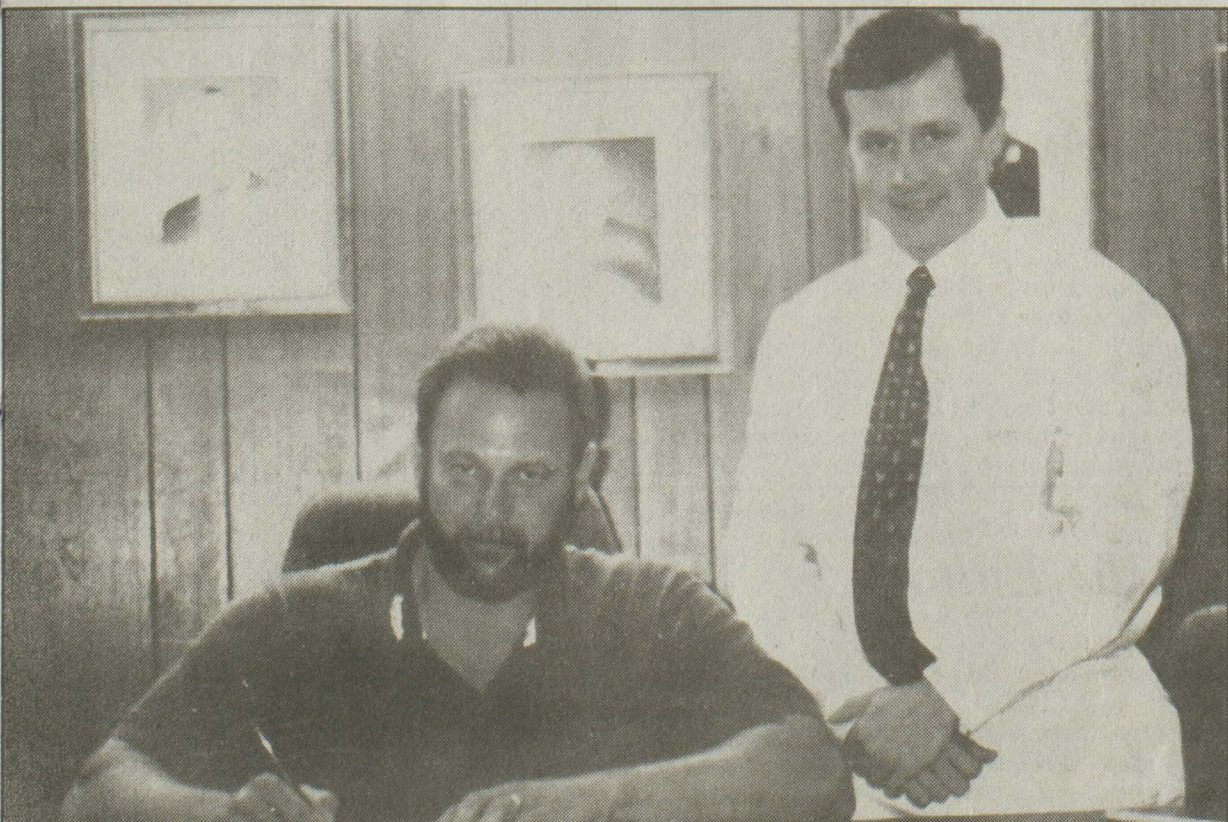
The program works to end illegal trash dumps, increase environmental awareness, and promote pride in counties and communities. This year alone, through federal appropriations Rogers secured on behalf of PRIDE, more than \$21.4 million has been made available for cleanup and related water projects in southern and eastern Kentucky.

"One of the most important goals of the PRIDE program is to teach our young people the importance of keeping our rivers and roadsides free of trash and pollution," Rogers said.

"Many PRIDE activities are designed to help educate students about the impact of pollution and what can be done to prevent the spoiling of our once pristine waterways and lands.

"The new PRIDE educational video will help spread the word to young people about our cleanup effort," Rogers said. "I am also very proud that we are able to formally dedicate the Bill Hall Branch project, which is making such a big difference to so many people's everyday lives."

Before ending his tour in Floyd County, Rogers will visit Sublimity Elementary School in Laurel County, Corbin, Middlesboro, Harlan and Hazard on Monday, and Belfry on Tuesday morning.



Mayor Jerry Fannin, seated, recently signed a proclamation designating October as National Orthodontic Health Month in Prestonsburg. Standing is Dr. Andy Keaton.

MARY KAY

Customized
skin care

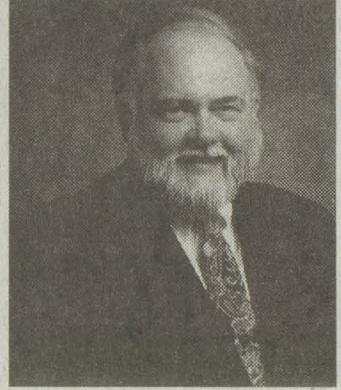
Mary Kay offers a line of skin care products designed to keep your complexion looking its best. Call me today for a free consultation and to customize a skin care program just for you.

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CHIROPRACTIC OUTLOOK



Dr. Phillip R. Simpson

Misalignment Can Cause Headaches

Millions of Americans experience severe, recurring attacks of migraine and tension headaches. Some people seek help from over-the-counter or prescription drugs, but get only temporary relief. Studies have shown that headaches often begin in the spine. Many headache sufferers have a misalignment of the spinal vertebrae in their neck. Other contributors to headaches include allergies, smoking, stress, caffeine and some diseases.

Chiropractic care has often greatly improved the condition of those who have headaches caused by spinal misalignments. A doctor of chiropractic is specially trained to restore the integrity of the spine, which can relieve the pressure that is causing the head pain. After locating any misalignment, the chiropractor gently applies pressure and repositions the vertebrae. These adjustments can also improve mobility, decrease stiffness and enhance the total health of the patient.

Brought to you as a service to the community by Dr. Phillip R. Simpson, 331 University Dr., Prestonsburg, Kentucky. 606-886-1416.

As you make your voting decision for the office of Floyd County Family Court Judge, which will appear on the November Ballot as Circuit Judge, 3rd Division, I would ask you to honor me with your vote and support.

Family Court—The Problems

Over the eleven years I have practiced in Floyd County, I have become aware of problems with the way justice is administered in Domestic Relations cases. These are:

- Court costs for Divorce Cases are too high.
- Divorce cases take too long to be heard in the Court.
- Emergency Protective Orders are issued too often.
- Domestic Violence Orders do not offer enough protection to victims of serious abuse.
- Children are not protected sufficiently in the juvenile Court.

My Solutions to the Problems

I offer the following specific solutions to these problems:

- I pledge to hear all cases personally, and to abolish the office of Domestic Relations Commissioner. This will lower Court Costs on all contested Divorce Cases, between \$15.00 and several hundred dollars, depending on the case.
- I pledge to hear all Divorce cases within 60 days from the date the Petition is filed, if there are no children involved, and within 90 days, if there are children involved.
- I pledge to grant both parties a full hearing on all Emergency Protective Order Petitions, and to grant only those Petitions where there are legal grounds to do so.
- I pledge to protect, to the fullest extent of law, victims of Domestic Violence, especially in cases involving physical abuse.
- I pledge to take the time to hear all abuse and neglect cases, and to protect our children who are in danger.

I have 12 1/2 years of experience in Domestic cases, and in that time I have represented over 500 people in such cases. I know the problems, and I will work as hard as I can to solve them. This is a full time job, and requires a full time Judge.

Remember, if all we get with this Court is a new Judge doing things the same old ways, Floyd County has gained nothing!

Vote for and Support

Tim Parker


Family Court Judge

(Circuit Judge, 3rd Division)

Number 4 on the ballot,

Number 1 in experience!

Paid for by the Committee to Elect
Tim Parker Circuit Judge, Robert Williams, treasurer.



I have a plan to make Family Court work!

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

—First Amendment of the U.S. Constitution—

Viewpoint

QUOTE OF THE DAY...

Without libraries what have we? We have no past and no future

—Ray Bradbury

Sunday, October 24, 1999 A4

Editorial

TV's continuing moral decay

Popular culture doesn't need to be vulgar and violent to be popular.

That is the moral of the story from the business success of decent, uplifting and serious entertainment—such movies as "Star Wars," such television shows as "Touched by an Angel," and the recent resurgence of interest in big-band and gospel music.

So far, unfortunately, the lesson has gone unlearned or simply unheeded.

According to a recent study by the Parents Television Council, the "family hour" (between 8 p.m. and 9 p.m.) has become more polluted than ever in the past two years.

Since 1997, overall objectionable material increased by 75 percent; references to sex increased by 77 percent; and foul language increased by 58 percent. Sixty-eight percent of family-hour shows are "sex-saturated."

"The worst is yet to come," said Brent Bozell III, PTC chairman.

If television is bad, the music industry is even worse: Gangster rap music celebrates rape, cop killing and gang warfare.

And films are certainly no better.

Even in the aftermath of the national tragedy at Littleton, Colorado, one teen-slasher film after another continues to come out of Hollywood.

Industry executives cannot defend what they do; it is indefensible, and they know it, explaining why not one yet has accepted William Bennett's challenge to a public debate on the issue.

Bennett, the former secretary of education, and author of the best-selling "Book of Virtues," has teamed up with U.S. Sen. Joe Lieberman, D-Conn., to shame the entertainment industry into reform. So far, unfortunately, their noble efforts have failed.

Those who produce the television shows, films and recordings that so pollute what passes for contemporary culture, deserve criticism and censure.

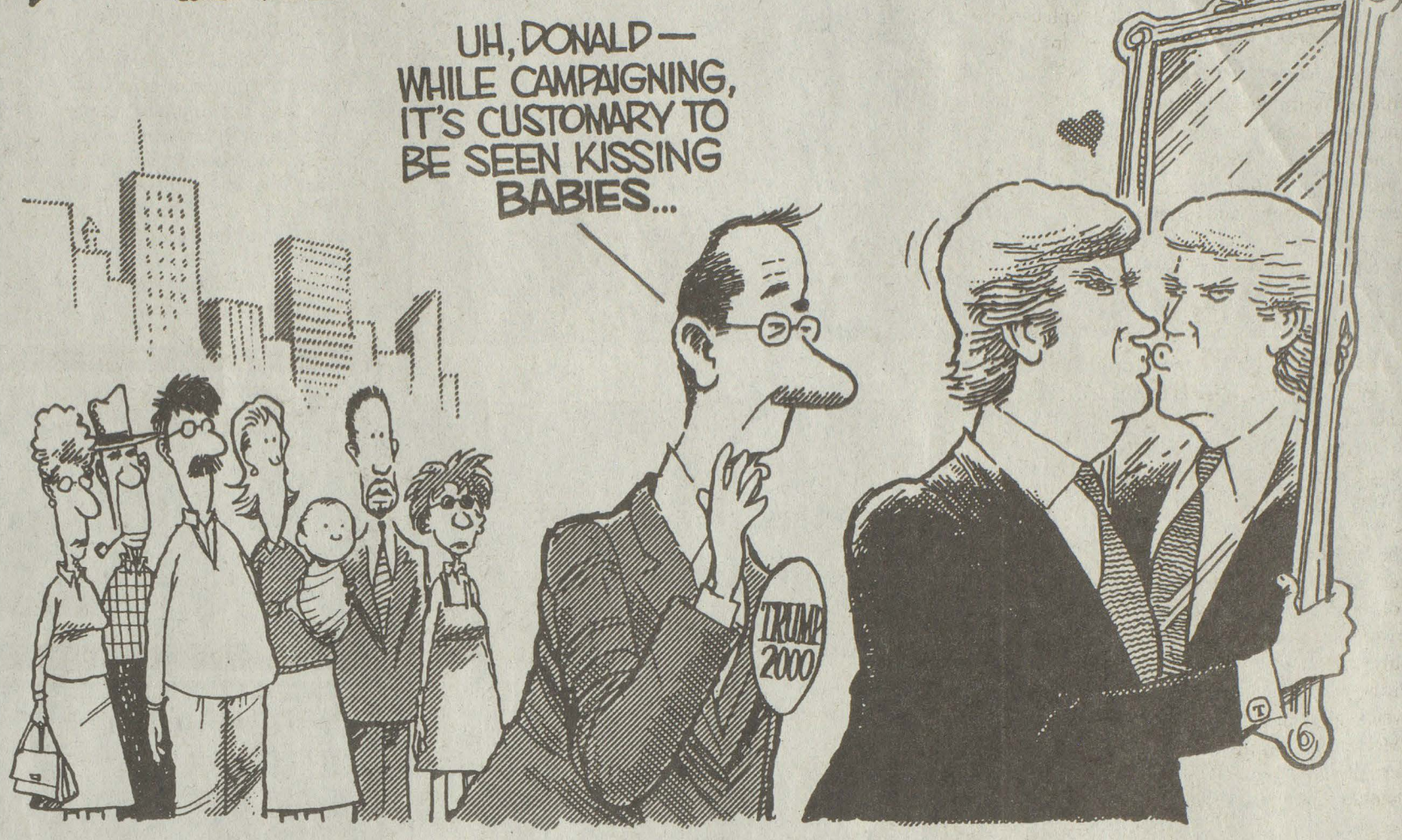
But much of the problem resides with those who determine what films, what recordings and what TV shows move to the top of charts and reap huge profits. As Walt Kelly so aptly put in his comic strip "Pogo": "We have met the enemy and he is us."

Television sets have off switches and a multitude of channels to choose from. There are V-chips that can be programmed. Choices exist with respect to what records to buy or films to see. Advertisers can be rewarded who promote quality shows and productions.

For now, there remain two cultures: the culture of virtue, restraint, family and faith vs. the culture of vulgarity, sexual promiscuity, pop-nihilism and moral relativism. But such a moral and spiritual divide cannot long persist. Eventually, America will have to confront its excesses and choose either to remortalize the nation or to "demoralize" it further.

The choice is up to every American.

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Letters to the Editor

Highlands Regional Medical Center

Editor:

I am writing in response to the letter to the editor titled, "Union won't go away." Our response is—"good." This is not an expectation of the medical center. Our expectation is we will someday have all the striking workers back. Our expectation is that now that the union members have been fully informed of the terms of service, technical, maintenance and clerical workers contract, they will have another vote. Our expectation is the medical center can sit back down with the RN's and iron out an agreement.

Ms. Kretzer and others wrongly assert the medical center blames the RN's for the strike. No, Ms. Kretzer, the medical center understands this strike is the result of the union leadership in Columbus, Ohio. We have heard it from too many of the numerous workers who have returned to work. The union leadership says, "no deal until both contracts have the same expiration date."

In your letter, Ms. Kretzer, you state, "It makes no sense to have contracts with different expiration dates except to keep the community in turmoil." Your statement assumes there are going to be difficulties if the union and medical center mend fences, which they will. Why would anybody need to worry about turmoil surrounding any future contract negotiations? Your statement, Ms. Kretzer, is indicative of the attitude by which the union approached these negotiations. There will be continuing turmoil until the union gets its way.

Different contract expiration dates should, and will, give the community some comfort that issues surrounding the registered nurse contract negotia-

tions and the service worker negotiations will not become intertwined. Differing expiration dates makes it more difficult for union leaders to call a strike. With differing contract expiration dates, the community has some buffer from the arbitrary and capricious acts of the outside union leadership.

Let's take the high road, Ms. Kretzer. Let's assume the medical center and union bargain all future contracts in good faith. Let's assume both the union membership and medical staff leadership are intelligent, caring people, with a common purpose. Let's assume future contracts are fair, like the one offered. Why would the community need to worry about a labor dispute? This obviously is not the aim of the Columbus-based union leadership.

The "union will not go away." We have never indicated anything other than the desire to reach a reasonable agreement. We understand the local union leadership is caught in the middle. They see the destruction that Columbus has caused, we hear the same things they do. Striking workers want to come back to work. The local leadership may have issues with the medical center; however, they know it is not run by a bunch of mean-spirited people.

Ms. Kretzer, you point out correctly that we live in a democracy. Just as the concept of union has been around from the beginning of our country, so has the concept of voting. We understand there was a vote. We also understand the membership now knows much more about our proposal, and they have the right to vote again.

Kathy Rubado
Highlands Regional
Medical Center

My Word

by Janice Shepherd
Managing Editor



Something to think about

Last week, I shared a pearl of wisdom from my hairdresser, Rose Stone, of Silhouettes. Here's another one she gave me to share with Times readers. Before you lose your temper in disagreement, read through it calmly and then take a moment and think about it.

Q: Does our society know what is good versus bad?

Simple answer ... read this:

With all the gangs and the increasing violence in our schools, what in the world is happening to our kids today?

Let's see ... it may have started when Madeline Murray O'Hare complained that she didn't want any prayer in our schools, and we said OK.

Then someone said you had better not read the Bible in school — the Bible that says thou shalt not kill, thou shalt not steal, and love your neighbor as yourself. And we said, OK.

Dr. Benjamin Spock said we shouldn't spank our children when they misbehave because their personalities would be warped and we might damage their self-esteem. And we said, an expert should know what he's talking about so we won't spank them anymore.

Then someone had said that teachers and principals better not discipline our children when they misbehave. And the school administrators said no faculty member in this school had better touch a student when they misbehave, because we don't want any bad publicity, and we surely don't want to be sued. And we accepted their reasoning.

Then someone said, let's let our daughters have abortions if they want, and they won't even have to tell their parents. And we said, that's a grand idea.

Then some wise school board mem-

(See Word, page six)

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Comments

Big and small, side by side

by U.S. Agriculture Secretary Dan Glickman

A giant shadow looms over the ability of independent family farmers and ranchers to get a fair shake in today's agricultural economy—concentration.

The Norman Rockwell image of the family farmer bringing his produce to the local market is no longer the norm in American agriculture. In every sector of agriculture today—indeed throughout our economy—the trend is toward fewer and larger operations.

We want to enhance productivity and efficiency and help American agriculture remain globally com-

petitive. But it's important that our efforts to stay ahead of the curve do not come at the expense of family farmers and ranchers.

We must be leery of any anti-competitive practices. Competition is the key to a free market system. And there can be no competition without an adequate number of participants giving players in the marketplace ample choices.

Consider the poultry industry. Following a period of precipitous price declines, most poultry came under contract. Today, poultry farmers have become mere extensions of the processors—in some ways employees of those firms.

(See Comments, page six)

Letters to the Editor

Letters to the Editor are welcomed by The Floyd County Times.

In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

The Times reserves the right to reject or edit any letter deemed slanderous, libelous or otherwise objectionable. Letters should be no longer than two type-written pages, and may be edited for length or clarity.

Opinions expressed in letters and other voices are those of the authors and do not necessarily reflect the views of the newspaper. Send letters to: The Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, Ky. 41653.

COMMUNITY CALENDAR

Calendar items will be printed as space permits

Editor's note: As a service to the many clubs and committees that meet in our community, The Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to The Times no later than 5 p.m. Monday for Wednesday's publication or 5 p.m. Wednesday for Friday's publication. These cannot be taken over the telephone.

Troubled children need foster homes

Children with troubled backgrounds need stable foster homes with no children. Mental health background or similar experience preferred. Training and support. \$775 per month. Call Theresa, Presbyterian Child Welfare Agency, (800) 472-3678, leave a message.

McDowell Family Resource Center Activities

- G.E.D. classes are now being held at the McDowell Family Resource Center. Class will meet each Monday from 8 a.m. to 11:30 a.m.
- The McDowell Family Resource Center is currently offering after-school child care for those parents who work or attend school.
- Any parent who has a child in the fifth grade should call to set up a physical appointment.
- McDowell Family Resource Center Advisory Council will meet on October 7 at 6 p.m., at the Center.

G.E.D. classes

Linda Bailey of The David School will teach G.E.D. classes at the Mud Creek Community Family Resource/Youth Service Center each Tuesday from 8:30 a.m. to 12:30 p.m. Classes are free.

Fibromyalgia meeting

The Fibromyalgia Family Support Group meeting will be held the first Tuesday in each month at 7 p.m. in the Betsy Layne Senior Citizens Building. For more information call: Phyllis at 606/874-2769 or Sharon at 606/478-5224.

May Valley Family

Resource Center activities

- GED classes every Monday from 12:30-4 p.m. Classes are free.
- Health Dept. every Wednesday—services include WIC, 6th grade physicals, well-child physicals, TB skin test, pap smears and breast exams, baby shots, etc.

Benefit Security Card replaces food stamps

Effective November 1, there will be no paper food stamps issued in Floyd County. They will be replaced by a "Benefit Security Card" which resembles a credit card. If you want training on how to use this card, call the food stamp office at 886-3871 for an appointment.

Clark Family Resource Center Activities

Floyd County Health Department is in the center on Fridays. Services include WIC, sixth grade physicals, well-child physicals, TB skin tests, pap smears, and breast exams, baby shots, etc. These services are available to anyone in the community. October 25-29—Red Ribbon Week activities. For more information about these services, call 886-0815.

J.A. Duff Family Resource Center activities

- Red Ribbon Week—October 25-29—Variety of activities planned
- Lexington Children's Theatre—November 3.

Alzheimer's meeting

Alzheimer's Support Group meeting second Tuesday of each month at 7 p.m. at the Presbyterian Church in Prestonsburg, next door to Jerry's Restaurant. For more information, call 886-0265.

South Floyd Center walking track is open

The walking track is open to the general public 7 a.m. till 5 p.m. For more information, contact Keith Smallwood or Mable Hall, 606-452-9600, ext. 242 or 243.

South Floyd

Resource Center

The South Floyd Youth Services Center, located on South Floyd's campus in room 232, is sponsoring several guest presentations. Contact Keith Smallwood or Mable Hall, 606-452-9600, ext. 242 or 243 for details.

One Stop Career Station

The South Floyd Youth Services Center has a One Stop Career Station satellite. This is available to the community as well as to the students and is open Monday-Friday, 8 a.m. to 3 p.m. Contact Keith Smallwood or Mable Hall, 606-452-9600, ext. 242 or 243 for more information.

Adoption Fair of the Bluegrass

Come to the Adoption Fair of the Bluegrass on November 7, at the Lexington Mall, in Lexington, located on New Circle Road and Richmond Road, 1:00-4:00 p.m. Informational workshops on Adoption and Foster Care. For more information, call (606) 246-2256, (606) 246-2678 or 1-800-432-9346.

Two new practices added to conservation program

The Floyd County Conservation District has added two new practices to its existing cost share program for Floyd County landowners. The program now includes forestry and wildlife practices. We provide assistance through advise, design, and completion of the project. This is a 50 percent reimbursement program. If anyone has a question, contact the Floyd County Conservation District by phone at 886-9545 or by

email, conserve@eastky.net.

Election

The Big Sandy Area Community Action Program Inc. will hold an election on October 28, at 9 a.m. at their office located in the Floyd County Courthouse Annex, Prestonsburg, to democratically elect Floyd County low-income representatives to serve on the agency's Board of Directors. Only low-income residents of the county are eligible to vote in this election and all are invited to attend. The agency will also conduct its annual community needs assessment of the needs of the low-income population in the county.

Second Annual Book drive

Adams Middle School is kicking off the second annual Book Drive. The Book Drive is a way of recycling books, software, and videos to share with others. We need materials that are in good condition and are Middle School age appropriate (6th, 7th, 8th grades).

All books donated will be placed in Adams Middle School Media Center for students to check out.

If you would like to donate "new" or "used" books, software or videos, you may bring them to Adams Middle School Media Center.

Haunted house

The Paintsville Fire, Rescue and Emergency Services is sponsoring "Dr. Fright's House of Horrors" October 25-30 at the former Big Sandy Hardware Building on Main Street in Paintsville. Hours are 6-11 p.m.

Tussey reunion

The descendants of Jonathan Craig Tussey and Mary Bradley Tussey will hold their second annual Tussey Reunion on November 13, (second Saturday in November) at the Pines Building of Jenny Wiley State Resort Park. Festivities begin at 11 a.m., with dinner at noon. Bring a covered dish, old photos, and old documents. For more information, call Don Tussey (886-3338), Cheryl Tussey Shepherd (886-8863); Brenda Tussey Gray, (886-1249) or Bill Tussey, (358-9491).

Purple Flash homecoming

An organizational meeting will be held Thursday at the Dairy Queen in Martin to discuss the Year 2000 Martin Purple Flash Homecoming. The meeting is open to the public.

Adams Middle School council to meet

The Adams Middle School Council will meet in special session on Tuesday, October 26, 7 p.m., in the school's media center. The public is invited to be encouraged.

Word of the Week

A significant date October 31, 1517, is a day to remember. We hardly look back to this date when the end of October rolls around. We are too consumed with Halloween to commemorate Reformation Day. Yet, however much we try, we cannot actually rewrite history. And as much as we may find it distasteful, the Reformation is an event that changed the historical landscape for all time.

A German monk by the name of Martin Luther was a central figure. He suffered terrible pains of conscience. No matter what he did, the inner pain remained. He paced back and forth in a little room in the monastery. He wore a path in the stone floor. He prayed. He read. He studied. He did penance. Nothing took away his deep sense of guilt before God.

Then a light dawned, "The righteous man shall live by faith" (Romans 1:17, Habakkuk 2:4).

Being right with God does not depend upon our good works. Being right with God depends on Christ's good works. We live through faith in Christ, His perfect life, and sacrificial death. Luther found freedom from oppressive guilt through faith in Christ.

This new found freedom was profound and refreshing. Luther protested against traditional teaching. He promoted reform. Protestantism was born. The Reformation began. The face of our world changed. October 31 is the anniversary. It is Reformation Day.

Fire destroys Meadows home

A fire destroyed the home of Danny Meadows on Wilson Creek Tuesday afternoon.

Meadows' home received extensive fire damage and lost part of its roof in the blaze, according to Randy Caudill of the Martin Fire Department.

The fire department rendered mutual aid and manpower to the Maytown Volunteer Fire Department whose fire fighters were first on the scene. The fire was so extensive and lack of a water source required the mutual aid effort to try to bring the fire under control.

Caudill said that when the Martin Fire Department arrived on the scene, Maytown fire fighters were attempting to pump water out of a swimming pool because a fire hydrant could not be located nearby. After a search by members of the Martin Fire Department, a hydrant was located allowing both companies to battle the blaze.

Most of the home was destroyed by fire.

"What wasn't, was damaged by smoke and water," Caudill said.

The family was in the home at the time of the fire, but were able to escape uninjured from the home, including the family dog, according to authorities.

Fonda Justice in air force

Air Force Airman Fonda L. Justice has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and customs and received special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Justice is the daughter of Fon B. and Vicki L. Justice of Ivel.

OBITUARIES

Delbert Hatfield

Delbert Hatfield, 59, of Jackson, Ohio, died Friday, October 22, at the Adena Medical Center in Chillicothe, Ohio.

He was born in Floyd County on March 13, 1940 and was the son of the late Garland and Maggie Powers Hatfield.

He was preceded in death by his wife, Nellie Cline Hatfield in 1997.

Surviving him are three sons, Delbert, Paul and Randell Hatfield, all of Indiana; two brothers, the Rev. Robert Hatfield and the Rev. Raymond Hatfield, both of Jackson; four sisters, Glada Maloney and Wanda Hafer, both of Jackson, Anetta Brooks of Indiana and Louella Grover of Plain City, Ohio; and several grandchildren.

Funeral services will be conducted Tuesday, October 26, at the Mayhew Funeral Home in Jackson at 1 p.m. at the Oakland Holiness Church with the Rev. James Trace officiating. Burial will be made in the McCune Cemetery.

Omy Lee Knapp

Omy Lee Knapp, 56, of Ashtabula, Ohio, died Monday, October 18, at her home.

She was born August 12, 1943 in Floyd County and was the daughter of Nannie Hall Hamilton and the late Squire Hamilton. She was preceded in death by her first husband, David R. Knapp in 1979.

Until recently, she owned and operated the Geneva Convenient Food Mart, which she opened in 1993. She previously worked at the Bunker Hill Value King and was a manager for Dairy Mart. She attended Saybrook United Methodist Church.

She is survived by three sons, Jeffrey A. and Kevin J., both of Jefferson, Ohio and Mark W. of Ashtabula; one daughter, Michelle L. Knapp-Clarke of Geneva, Ohio; two sisters, Lonnie VanGilder and Chris Michaels, both of Ashtabula, Ohio; one brother, Evan Hamilton of Ashtabula, Ohio; and six grandchildren.

Funeral services were held at 11 a.m. Thursday, October 21, at the Ducro Funeral Home in Ashtabula with the rev. Richard Wright officiating. Burial was made in the Edgewood Cemetery.

Anna May Prater Holbrook

Anna May Prater Holbrook, 77, of Portsmouth, Ohio, formerly of Floyd County, died Thursday, October 21, 1999, at Paul B. Hall Medical Center, Paintsville, following an extended illness.

Born on August 14, 1922, in Floyd County, she was the daughter of the late Millard Prater and Eva Adams Prater Holbrook.

She was preceded in death by her first husband, Jim Holbrook, and her second husband, Floyd Sparks.

Survivors include two foster daughters, Kathy Holsinger and Linda Roland, both of Ohio; two sisters, Amanda Miller of Prestonsburg, and Cynthia Pearl Whitaker of Warsaw, Indiana.

Funeral services will be conducted Sunday, October 24, at 1 p.m., at the Davis Funeral Home, West Portsmouth, Ohio, with Reverend Pierce, Morris Miller and Albert Whitaker officiating.

Burial will be in the Scioto Burial Park in Portsmouth, Ohio, under the direction of the Nelson-Frazier Funeral Home, Martin.

Nell Harris Vaughan

Nell Harris Vaughan, 89, of Cape Coral, Florida, formerly of Prestonsburg, died Thursday, October 21, at Cape Coral Hospital.

She was born February 6, 1910 in Prestonsburg to the late George and Nola Gose Harris. She was preceded in death by her husband, Thomas Jefferson (Jeff) Vaughan, who died February 7, 1990.

She was a charter member of the Tom Moore Free Will Baptist Church in Prestonsburg and a member of the Eastern Star.

Survivors include one daughter, Mary Nell Bingham of Cape Coral, Florida; one brother, D. K. Harris of Warsaw, Indiana; three granddaughters; three great-granddaughters; and two great-grandsons.

Funeral services will be held at 2 p.m. today, Sunday, October 24, at the Tom Moore Memorial Free Will Baptist Church with the Rev. Clifford Austin officiating. Burial will be made in the Vaughan Family Cemetery in Prestonsburg.

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Comments

(Continued from page one)

And that is a fundamentally different role for farmers than the one we have known in this country, and that I think most of us want to preserve. What does it mean if the same thing happens in pork? Then cattle? Then wheat? Then corn?

A look at the hog industry reveals a similar pattern as what happened in poultry. Since 1967 the number of hog operations has fallen by 90 percent. Large operators of

more than 2,000 hogs represent about 6 percent of producers, but account for nearly two-thirds of inventory. Add to that the fact that the top four firms are responsible for about half the hog slaughter, and we see that control of the industry falls into relatively few hands.

Now Smithfield Foods is planning to purchase Murphy Family Farms and The Pork Group, a subsidiary of Tyson Foods. Smithfield

is the largest hog producer and pork processor in the nation. Murphy is the second largest hog producer and The Pork Group the fifth largest hog producer.

If Smithfield completes these acquisitions, a single company will control about 16 percent of the nation's total commercial slaughter of pork.

These corporate marriages raise some serious questions about poten-

tial detrimental effects on hog producers, competition in hog markets, consequences for consumers and how it impacts our nation's rural communities.

USDA is evaluating Smithfield's plan and I have asked the Justice Department to examine its legality with respect to a number of issues. How will it affect prices paid to growers?

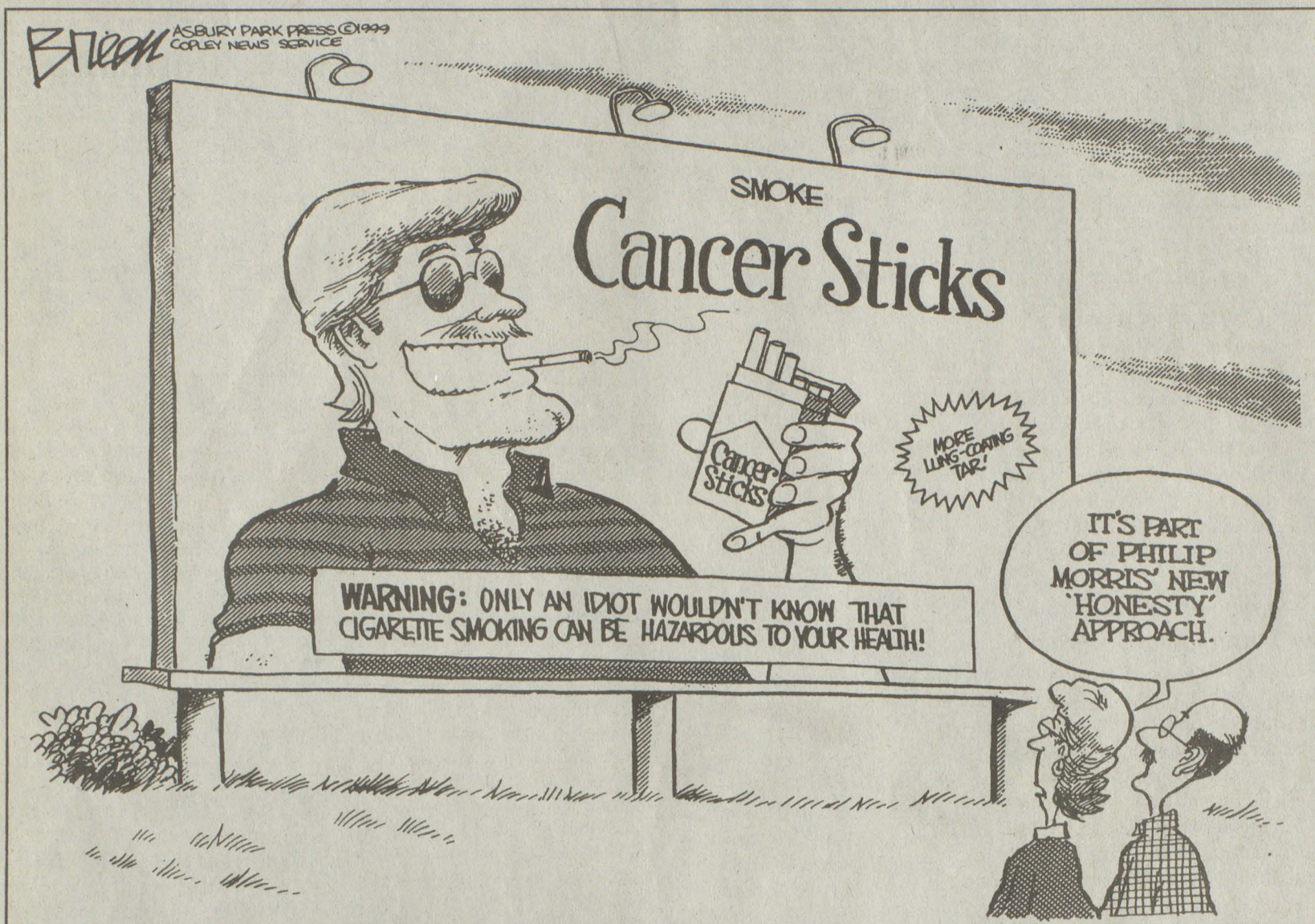
How will it affect the quantity of

hogs on the spot market? How will this increase Smithfield's market power, and therefore its potential for anti-competitive behavior? How might it lead to collusive behavior between competitors? How will this affect producers on a regional basis?

How we respond to this and other mergers will have a profound effect on the structure of agriculture in the coming years. All of the con-

solidation and concentration taking place in the farm economy raises some serious doubts about whether independent family farmers and ranchers can get a fair shake.

In addressing these concerns we must ensure that size should not matter when it comes to preserving fair competition in agriculture. All producers, big and small, deserve the opportunity to compete on a level playing field.



Word

(Continued from page one)

ber said since boys will be boys and they're going to "do it" anyway, let's give our sons all the condoms they want, so they can have all the "fun" they desire, and we won't have to tell their parents they got them at school. And we said, that's another great idea.

And then some of our top elected officials said that it doesn't matter what we do in private as long as we do our jobs. And agreeing with them, we said it doesn't matter to me what anyone, including the President of the United States, does in private as long as I have a job and the economy is good.

And then someone said let's print magazines with pictures of nude women and call it wholesome down-to-earth appreciation for the beauty of the female body.

And we said, we have no problem with that.

And someone else took the appreciation a step further and published pictures of nude children and then stepped further still by making them available on the Internet. And we said, they're entitled to their free speech.

And the entertainment industry said, let's make TV shows and movies that promote profanity, violence, and illicit sex. And let's record music that encourages homosexuality, rape, drugs, murder, suicide, and satanic themes. And we said, it's just entertainment, it has no adverse effect, and nobody takes it seriously anyway, so go right ahead.

Therefore, now we're asking ourselves, why our children have no conscience, why they don't know right from wrong, and why it doesn't bother them to kill strangers, their classmates and themselves.

Probably, if we think about it long and hard enough, we can figure it out.

I think it has a great deal to do with... "we reap what we sow." Answer: Obviously not.

Subscribe to the Floyd County Times at 886-8506

State firefighter training held at David

by Randell Reno
Staff Writer

Smoke filled the room. It was so dense you couldn't see your hand in front of your face. There were lights up ahead, was it fire? Is it a glow from outside? If you lose the firefighter in front of you will you make it out? It's hot. Panic starts to set in.

The firefighters had done this before but suddenly some of them seemed afraid. Every fire situation is different and when firefighters enter a smoke-filled building, they have to be prepared for anything to happen.

When the firefighters left the building, they took their helmets and masks off, the steam rolled off their heads, and a sigh of relief was heard.

These were some of the thoughts and the sounds of local firefighters and instructors as they discussed crawling through the Smoke Maze Trailer parked this week at the David Volunteer Fire Department.

The smoke maze was a part of the state fire rescue training classes held at the DVFD. Local fire departments from Martin and Maytown, Garret, Wayland, and Middle Creek were invited to participate in the training classes.

Bob Barringer, regional fire-rescue training coordinator, along with a host of instructors, drilled the volunteer firemen on survival and rescue skills needed in the extinguishing of various types of fires local firefighters may be involved with.

The smoke maze allows firefighters to crawl through a changeable course, exposing them to a very life-like situation. Although there is no fire in the simulation, breathable smoke is used to confuse and disorient the firefighters. The stress of crawling blindly through the maze raises adrenaline levels so much the men begin to sweat and at times actually panic and have to be brought out. There is never any

danger, but the fabrication is so believable experienced firefighters admit to "losing it" while in the maze.

Unlike an actual fire, the firefighters do have a trainer standing inside the trailer coaching them along to try to impede the likelihood of panic.

"It's not easy. There is some fear. We've had some people actually panic. If there's the slightest malfunction with the breath apparatus they really panic. We try to tell them they are safe if there are problems," Barringer said. "It stretches their limits."

To add to the confusion of the situation, lights are added to the effect, fooling the mind that there may actually be fire in the maze. The lights are also used to confuse the maze travelers, teaching them just how important mental control is in these types of situations. The space is confined and tight, also adding to the panic potential for firefighters who are tall or of bigger build.

Hollywood's view of fire fighting is somewhat ad-libbed whereas the smoke maze is real to life, according to Tom Cooley, with the Prestonsburg Fire Department.

"Where it (the movie Back Draft) shows that one (Kurt Russell) running out with an ax and a kid in his arm, that doesn't happen. With heavy duty smoke, you are done on all fours," Cooley said.

Fire-rescue training may be part of the curriculum at the new Kentucky Community Technical College at Pikeville. There are plans to offer a two-year associate degree in fire fighting at Mayo soon. While Kentucky does not have a fire fighting academy, Barringer said, hopes are for one to begin in the near future.

"A lot of the new guys are really dedicated. They are working (hard) to get certified," said Larry Adams, fire marshal with the Prestonsburg Fire Department. "They really need

it, and it will help us out in case we need them in a structure fire."

The maze is a real confidence builder, Adams said. "The maze teaches you to control your breathing, and to experience a live burn."

Many of the fire fighters work for more than one fire station.

"It's a way of life," said Barringer. "A lot of them have been doing this since they were 14, 15 years old."

The other training services were at DVFD included terrorism, air craft crash fire-rescue, alarms and sprinklers.

"The fire service is 200 years of tradition, unimpeded by progress," said Barringer, who still wears a leather fire helmet at times. The fire departments receive \$8,600 in state funds annually, along with money collected by local taxes. The training is fundamental to the safety of the local fire fighters.

Because fire fighting is a closed market, companies developing newer safer products for the fire fighters can charge whatever they please, according to Barringer.

"The technology is great but it doesn't trickle down to the David Fire Department," Barringer said. "So, Kentucky is one of the few states that offers the training free."

This training is not just to improve the safety of the firefighters, but it helps the community when insurance rates are determined for their community, Barringer said.

The volunteers keeps the local fire departments going. Although the funds are not there for the men and women they continue to train, the fire fighter trainer said.

The training received by Kentucky firefighters will allow them to travel to 46 states and 16 foreign countries as a level two firefighter.

Anybody with any common sense is running out of a burning building; we're running into them," said Barringer.

Educational leaders are going to school; at least

Kentucky's Commissioner of Education, Wiler S. Cody, has recommended a one-day training that will facilitate the School Study of Writing Instruction.

The local session will be on Thursday, November 17 at Jenny Wiley Lodge in Prestonsburg.

Cody especially recommended the training for highly skilled educators, regional service center staff, Kentucky Leadership Academy staff, district curriculum supervisors, district assessment coordinators and university writing project directors.

According to Cody, the study process is based on research in Kentucky schools by AEL and the Kentucky Department of Education and has been piloted and tested in 12 Kentucky schools.

The process allows schools to compare their writing program against 36 indicators that research has found to distinguish the writing programs in consistently improving school from those in consistently declining schools, as measured by KIRIS writing portfolio scores over a four-year period.

The process requires school steering committees to arrange interviews with students, teachers, principal and district administrators to write a report based on the interviews and finally to lead the entire faculty in a meeting during which the report is used to assess the writing program against rubrics for each of the 36 indicators it would like to target for improvement, and recommends the choices to those responsible for planning.

The facilitator's role is to visit the school at least once and no more than three times during the study. The visits are for helping the steering committee plan their work at critical points in the study process.

It is not necessary to have expertise in writing instruction in order to facilitate this process.

The trainers are former Kentucky writing consultants who participated in the original research and helped develop the study handbook. Those who complete the training will receive the study handbook, facilitator notes and supplemental planning materials.

Additional information on the program is available by calling Carol Stumbo at Region 8 Service Center, 8860205.

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FLOYD COUNTY
Sports

Section
B

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A Look At Sports

Sports, sports and more sports

One week remains in the 1999 high school football's regular season as all teams complete their schedules and some look toward the playoffs.

Here at home, only South Floyd and Prestonsburg will make the big dance in November and their first round games will not be easy ones as both will play on the road.

With Middlesboro getting a 42-41 win over Breathitt County Friday night, Prestonsburg could very well play the Bobcats on their home field come November 5.

Breathitt County plays Estill County, a 39-29 loser last Friday night to Leslie County, on the road. Middlesboro will close out its season at Morgan County.

The Green Dragons of Harlan won over Pineville 23-14 and solidified their hold on first place. South Floyd, if they can win over Elkhorn City this Friday night, would have to face the Green Dragons on their home field.

However, the scenario for the Raiders looks something like this entering the final game. If the Raiders were to lose to Elkhorn City, both teams would be 2-4 in the district, tied with Fleming-Neon also at 2-4. The Pirates have completed their conference schedule and face Jenkins this weekend.

Now suppose the three teams tie with identical 2-4 marks. Then the points system would break in and the fourth berth should go to South Floyd. But in this game it is best to wait and see before calling it.

The Raiders will go into Friday night's game a heavy favorite over the Cougars. Seems we come down to this game every year — a must-win for South Floyd.

Two more big games will be on tap this Friday night as Paintsville visits Pikeville and Belfry faces Shelby Valley.

Paintsville, a winner over South Floyd this weekend, will have to win at Pikeville to tie the Panthers for the top spot. However, again a tie would result and the point system enacted.

Both Shelby Valley and Belfry bring unblemished district records to the Wildcats' lair this Friday night, and first place in their district will be at stake. This should be a good one!

South Floyd and Paintsville hooked up in a good barn burner this past Friday night. Karen, who has covered all the blowouts, got a taste of what a close game is like. She got so involved in the game, I think she forgot to take pictures.

Prestonsburg gave unbeaten Shelby Valley all they wanted, coming into Friday's night game a heavy favorite. Dusty Hall is one of the finest running backs I have seen since covering high school football. I have seen some great ones, but this kid can run, run and run some more. He just bounces off one defender and keeps going. Much like the Ever-Ready bunny.

But Casey Newsome is just as awesome. Newsome caught my eye last year. He is quick, strong, and quick to get that first step. A solid runner.

Prestonsburg's Hank Mullins was lamed some Friday night and did not have the game we know he can have. We hope Hank is rested and better before play-off time.

The Blackcats played so hard Friday night because they wanted to upset the Wildcats. They have

(See Sports, page five)

Fumbles haunt Raiders

B.J. Bryant rushes for 206 yards in loss

by Karen Joseph
 Sports Writer

It was a very strange night at Paintsville Friday night when the South Floyd Raiders took on the Tigers of Paintsville.

It was a full moon and maybe there were some spirits in the hour, because this was truly a game of oddities. There were penalties, time discrepancies, fumbles, interceptions, lead-changes and very strange happenings.

The Raiders (5-3) went into the game in hopes of winning their third district game. The Tigers (6-2) were trying for their fourth district game. As the late C. Ollie Robinson would say, "It was a barn burner." The outcome of the game was determined with less than two minutes to go, but

it was the Tigers coming away with the big district win, 34-30.

The Raiders could not contain the speed and strength of Paintsville's senior running back, David Peters. Peters carried the ball 14 times for a total of 265 yards. He scored all four of Paintsville's touchdowns.

B.J. Bryant played an excellent game for the Raiders. Bryant rushed for 206 yards on 29 carries. He scored two of the four Raiders' touchdowns.

Senior end Kyle Tackett scored the other two touchdowns for the Raiders. He also rushed for 66 yards on six carries. Both teams scored four touchdowns, but Paintsville connected on the

(See Fumbles, page four)



Photo by: Karen Joseph

Kyle Tackett (80) went for a pass against Paintsville. The Raiders led most of the game, but when the horn sounded, it was the Tigers who came away with the win.



Photo by: Ed Taylor

SHELBY VALLEY'S DUSTY HALL (20) followed the blocking of Casey Newsome (42) in picking up big yardage against Prestonsburg Friday night. Hall rushed for 142 yards in the Wildcats' 20-14 win.

A Haunting experience

Hall as good as billed as Blackcats fall to Wildcats

by Ed Taylor
 Sports Editor

It is close to Halloween and the Prestonsburg High School band were decked out in their Halloween outfits, but the "real haunting" happened on the football field where the Blackcats (Halloween true) hosted unbeaten Shelby Valley in a big district game for Prestonsburg.

It took only one series of plays for football fans, who gathered at the Prestonsburg Stadium to watch one of the state's top runners, to realize that junior Dusty Hall was as good as he was billed to be.

Hall, second in the state in rushing, rushed for 142 yards on 25 carries to help lead the Shelby Valley Wildcats to a 20-14 win over a game-prestonsburg team. The win left the Wildcats' unblemished record intact at 9-0, while Prestonsburg fell to 3-6 overall and 3-2 in district play.

Casey Newsome gained 111 yards for Shelby Valley on 15 attempts. Fullback Cory Robinson got some yardage late in the

game and, at opportune times, rushing for 25 yards on four carries.

Senior Jeremy Caudill, headed for UK, led the Blackcats' rushing game with 92 yards on 16 carries. Seth Crisp finished with 57 on 17 carries and Matt Slone had 36 on eight tries.

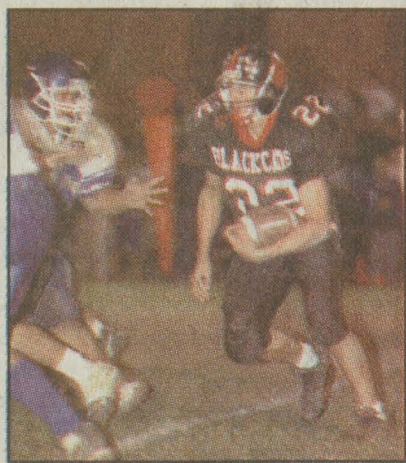
Mullins was limping noticeably during the game and was on the sidelines for most of the second half. He had only five carries in the game for two yards.

Prestonsburg did not show any intimidation from the Wildcats on the gridiron as they played with a lot of heart and played hard. However, their turnovers came back to haunt them in the second half.

Prestonsburg held an 8-7 lead at the half as their defense was up and running. Shelby Valley clawed their way back and took a 20-8 lead off two Prestonsburg turnovers. But with 1:45 left in the game, the Cats scored on a three-yard run by Crisp to make it a 20-

14 margin.

(See Haunting, page five)



Burchett scores 15 as Adams wins over Paintsville

by Ed Taylor
 Sports Editor

Molly Burchett and Heather White combined for 25 points to lead the Adams Middle School Lady Blackcats past the Lady Tigers of Paintsville Elementary 38-31 in a game played at Paintsville.

It was the second win of the season over the Lady Tigers for Adams in the Middle School Basketball Conference. Adams improved to 5-3 on the season.

Burchett led all scorers with 15 points. White finished with 10 and Megan Harris added eight points. Tabitha Caudill netted three and Michelle Lackey scored two.

Whitney Reynolds led Paintsville with her 12 points. Ashley Hall finished with eight and Jennifer Chaffin scored six. Andrer Music had three points and Amy Lafferty tossed in two.

Paintsville was in control after the first quarter building a 10-6 first quarter lead with five starter scoring two points each. Harris had four of the six for Adams in the opening period. White scored two.

Adams shot poorly from the charity stripe in the second period but trailed Paintsville 18-16 when the two teams went to the locker room at the half. White hit four of six free throws and had four points in the period.

Adams forged ahead in the third period taking a 26-24 lead after three periods. Burchett, who went scoreless in the first quarter and had three in the second, tossed in six of her 15 points in the third quarter to lead the Adams charge. Caudill and Harris had two third-period points. Reynolds had all six of Paintsville's points in the third stanza.

Burchett picked up where she left off scoring six points in the final period with White netting four. Harris had two as Adams outscored Paintsville 12-7 in the fourth.

Paintsville was four of 16 from the free throw line while Adams did manage to hit 10 of 17 for the game.



Next Game:
Magoffin
at
Adams
Monday,
Oct. 25, 7 p.m.



Photo by: Michelle Fowler

Bradley Brooks scored a touchdown for the Bobcats in the third quarter. He also scored the first touchdown of the game.

Bobcats fall to Whitesburg

Hopeful expectation filled the air last night as the Betsy Layne Bobcats hosted the Whitesburg Yellowjackets. The Bobcats played a good game, but that wasn't enough to keep them from being stung by the Yellowjackets in a 42-20 game.

The Bobcats started strong with Brad Brooks scoring the first touchdown of the evening within the first five minutes of the game. Although, it wasn't long until the Yellowjackets scored their own touchdown.

The second quarter started out with these determined teams tied 6-6. The heat from the field was so overwhelm-

ing that the cheering Bobcat fans didn't even notice their fingers numbing due to the chilly night weather.

"It's good to be out here on such a cold night showing support for our team," commented Sabrina Hughes, a Betsy Layne majorette.

Even though all the support, the Bobcats suffered tremendously when the Yellowjackets scored two touchdowns and two, two-point conversions in the second quarter. This gave Whitesburg a 16-point lead over the home

(See Bobcats, page five)

Profile...



Richard Blount
"The Big Dipper"

Richard Blount has been a figure in high school sports for several years, more than he will admit to. He has been a big supporter of high school sports throughout eastern Kentucky and a voice for the mountain teams. He hosts his own call in show on radio. We appreciate The Dipper and his contributions.

NASCAR

Winston Cup Points (Through Sunday's Winston 500)

1. Dale Jarrett,	4602
2. Bobby Labonte,	4356
3. Mark Martin,	4283
4. Jeff Gordon,	4168
5. Tony Stewart,	4159
6. Jeff Burton,	063
7. Dale Earnhardt,	4039
8. Rusty Wallace,	3677
9. Ward Burton,	3507
10. Mike Skinner,	3491
11. Jeremy Mayfield,	3266
12. Terry Labonte,	3262
13. Bobby Hamilton,	3114
14. Ken Schrader,	3103
15. Sterling Marlin,	3025
16. Steve Park,	3002
17. Kenny Irwin,	2974
18. Jimmy Spencer,	2952
19. Wally Dallenbach,	2951
20. Bill Elliott,	2936

Money Leaders

1. Jeff Gordon,	\$5,022,166
2. Jeff Burton,	\$4,781,951
3. Dale Jarrett,	\$3,269,914
4. Bobby Labonte,	\$2,962,841
5. Dale Earnhardt,	\$2,497,839
6. Mark Martin,	\$2,410,196
7. Terry Labonte,	\$2,110,871
8. Tony Stewart,	\$2,067,811
9. Mike Skinner,	\$1,994,731
10. Rusty Wallace,	\$1,950,129
11. Ward Burton,	\$1,875,224
12. Kenny Irwin,	\$1,823,366
13. Jeremy Mayfield,	\$1,725,914
14. John Andretti,	\$1,629,496
15. Bobby Hamilton,	\$1,623,299
16. Ken Schrader,	\$1,613,259
17. Michael Waltrip,	\$1,546,370
18. Sterling Marlin,	\$1,477,706
19. Joe Nemechek,	\$1,456,321
20. Jimmy Spencer,	\$1,455,198

Lap Leaders

(with number of races led in parentheses)

1. Jeff Gordon,	1316 (25)
2. Tony Stewart,	1028 (14)
3. Jeff Burton,	986 (15)
4. Rusty Wallace,	941 (10)
5. Bobby Labonte,	876 (26)
6. Dale Jarrett,	833 (18)
7. Mark Martin,	662 (21)
8. Mike Skinner,	464 (13)
9. Terry Labonte,	349 (10)
10. Dale Earnhardt,	230 (8)

Mile Leaders

1. Jeff Gordon,	1918.06
2. Dale Jarrett,	572.08
3. Bobby Labonte,	1243.75
4. Jeff Burton,	1176.34
5. Rusty Wallace,	944.81
6. Tony Stewart,	856.03
7. Mark Martin,	836.79
8. Mike Skinner,	618.87
9. Dale Earnhardt,	395.27
10. Ward Burton,	333.15

Pole Winners

1. Jeff Gordon,	6
2. Bobby Labonte,	5
3. Rusty Wallace,	4
4. Joe Nemechek,	3
5. Tony Stewart,	2
6. Kenny Irwin,	2
7. Mike Skinner,	2
8. Ricky Rudd,	1
9. Ken Schrader,	1
10. Sterling Marlin,	1
11. Ward Burton,	1

Rookie Standings

1. Tony Stewart,	301
2. Elliott Sadler,	185

Manufacturer Standings

(victories in parentheses)

SportsBoard

MIXED NUTS LEAGUE

Randy's Customs	22	6
Noelle Trucking	19	9
The Unpredictables	17	11
Lucky Strikes	17	11
Mine Rite	16	12
Pin Zone	15	13
R & R	13	15
MRC Materials	12	16
Alley Cats	11.5	16.5
TMC Printing	10.5	17.5
FCF	10	18

HIGH SCRATCH GAME, TEAM

Randy's Custom	721
The Unpredictables	715
MRC Materials	711

HIGH SCRATCH SERIES, TEAM

Randy's Customs	2113
The Unpredictable	2054
Pin Zone	1997

HIGH HANDICAP GAME, TEAM

Mine Rite	877
The Unpredictable	864
MRC Materials	834

HIGH HANDICAP SERIES, TEAM

The Unpredictables	2501
Mine Rite	2425
Randy's Custom	2388

Football

NFL STANDINGS AMERICAN CONFERENCE

East	W	L
Miami	4	1
Buffalo	4	2
New England	4	2
Indianapolis	3	2
N.Y. Jets	1	5

Central	W	L
Jacksonville	5	1
Tennessee	5	1
Pittsburgh	3	3
Baltimore	2	4
Cincinnati	1	5
Cleveland	0	6

West	W	L
San Diego	4	1
Kansas City	4	2
Seattle	3	2
Oakland	3	3
Denver	2	4

NATIONAL CONFERENCE

East	W	L
Washington	4	1
Dallas	3	2
N.Y. Giants	3	3
Arizona	2	4
Philadelphia	2	4

Central	W	L
Detroit	3	2
Green Bay	3	2
Chicago	3	3
Tampa Bay	2	3
Minnesota	2	4

West	W	L
St. Louis	5	0
San Francisco	3	3
Carolina	2	3
New Orleans	1	4
Atlanta	1	5

Today's Games

Chicago at Tampa Bay
Cincinnati at Indianapolis
Cleveland at St. Louis
Denver at New England
Detroit at Carolina
New Orleans at New York Giants
Philadelphia at Miami
San Francisco at Minnesota
Washington at Dallas
Green Bay at San Diego
Buffalo at Seattle
New York Jets at Oakland

Monday Night Game

Atlanta at Pittsburgh

Miscellaneous

Yanks win, but '90s are Braves'

by Dave Kindred

As for the idea that this World Series will settle the Team of the Decade, its identity already has been established. Through the 1990s, the Braves won an astounding 74 more regular-season games than any other team, 925 to the Yankees' 851.

They won eight division titles and five league championships; no one else was close. Manager Bobby Cox built a Hall of Fame resume, and Greg Maddux, John Smoltz and Tom Glavine were the enduring core of the longest-running great pitching staff ever.

The magnitude of the Braves' accomplishment is historic. Winning an NL pennant for the fifth time in eight full seasons puts the Braves in one of baseball's most exclusive clubs. Only two other franchises ever made it to the World Series five times in eight seasons. The Yankees did it often, and the New York Giants did it once (1917-'24.)

At the same time, anyone who can spell Babe Ruth knows the Yankees are the Team of the Century. And, more pertinent to today's goings-on, the Yankees come to this World Series looking for a third world championship in four seasons.

No small deal, that; other than the Yankees (again often), only the Oakland A's of 1972-73-74 and the Philadelphia Athletics and Red Sox of the dead-ball era almost 90 years ago no other team ever won three times in four seasons.

All this history stuff is fun and intriguing and has a place in our minds if not our hearts. Our hearts belong to baseball. And that is the fun of this World Series. It promises baseball as good as it gets.

Both the Yankees and Braves have superb starting pitchers and powerful relievers, with the slightest of edges to the Braves (though when Atlanta won 2-of-3 at Yankee Stadium this summer, each pitching staff gave up 20 runs).

Both teams are solid defensively, perhaps the Braves more so (having no Chuck Knoblauch).

The Yankees' edge is offensive, primarily because the Braves seem to be worn out physically (Chipper Jones has not hit a home run in October; Andruw Jones' bat is slow and Brian Jordan has ripped maybe two line drives in two weeks.)

Put all that together, and I like the Yankees inside six games. Orlando Hernandez is a dominating big-game pitcher. Mariano Rivera closes sensationally. While the Braves will pitch around Bernie Williams and Derek Jeter, they have to deal with Knoblauch, Tino Martinez, Scott Brosius and Paul O'Neill.

Yet it must be acknowledged that the Braves have done wonders this season and might have one more in them. To have won 103 regular-season games and another 10 in the postseason without their two strongest hitters (Andres Galarraga, Javy Lopez), their 1998 closer (Kerry Ligtenberg) and this season's fifth starting pitcher (Odalis Perez) is to demonstrate a champion's resourcefulness and resilience.

Here is a team still alive because Ozzie Guillen — OZZIE GUILLEN!! — jerked an Armando Benitez laser/fast ball into right field for a game-tying single in the NLCS Game 6. More than a wonder, the Guillen hit was all but a miracle.

The Braves are alive because, with nary a sprinter in the bunch, they stole six bases in that decisive game, five by taking merciless advantage of the wounded Mike Piazza, whose intended 128-foot throws kept going and extra 123 feet.

And the Braves are in this World Series because their pitching staff is so deep that John Smoltz can flame out in Game 6 relief but Russ Springer — RUSS SPRINGER!! — can pick up the victory.

So, while I believed the Mets earned everyone's respect by hanging so tough against Atlanta, it is also true the Braves refused to lose. We need bow in respect to the grit, determination and extraordinary resolve that culminated in hard-earned victories.

At the same time, the Yankees glided. They rendered the powerful Rangers powerless. They twice beat the Red Sox at Fenway Park. And the ease with which the Yankees won as opposed to the Braves' struggles suggests a New York superiority at the moment.

In addition, and it might or might not mean much, the teams' postseason records for the past four years suggests a New York superiority long-term.

In those four postseasons, the Yankees are 31-10, the Braves 24-14. The difference is especially marked the past two seasons. The Yankees are 18-3, the Braves 12-7.

Sports Briefs...

Basketball

Arizona adds new dimension in 7-foot-1 center

There will be a big difference in the Arizona Wildcats basketball team this season, a 7-foot-1 difference to be exact.

Loren Woods, who transferred from Wake Forest two seasons ago, becomes eligible this year and gives coach Lute Olson a presence his powerful program has usually lacked.

"We have for the first time in a long time a legitimate shot blocker who can make it difficult to score inside," Olson said.

Woods is glad to be free from the pressure he felt at Wake Forest, where he constantly heard himself referred to as the next Tim Duncan, uncomfortably large shoes for anyone to try to fill.

"Coach Olson said, 'Look, you don't have to come in here and be anything that you're not,'" Woods said Monday at the Wildcats' media day.

Woods averaged 8.8 points and a team-high 7.1 rebounds and blocked 50 shots as a sophomore at Wake Forest.

Baseball

Here we go again: Yanks earn 36th pennant, Sox go nowhere

Blame the curse and bad calls or El Duque and Derek. In the end the story was the same: New York wins, Boston loses. MVP Orlando Hernandez pitched shutout ball into the eighth inning and Derek Jeter hit a two-run homer as the Yankees won their record 36th pennant and a return trip to the World Series, beating Boston 6-1 Monday night in Game 5 of the AL Championship Series.

Game 1 of the World Series will be Saturday night at the home of the NL champion. Atlanta leads the New York Mets 3-2.

New York earned its third trip to the World Series in four years and will have a chance to win its 25th title. After following up a 125 win campaign and a championship last season, Yankees manager Joe Torre said, "To repeat after the incredible year we had last year is a great accomplishment."

All of the Yanks' titles have come since the Red Sox won their last championship in 1918.

Beantown blows stack over blown calls in Game 4

So these are baseball's best umpires, huh? Hard to believe it, especially after seeing yet another blown call go against the Boston Red Sox in a key spot of the AL Championship Series.

Rather than shouting "Out!" or "Stee-rike!" this is what ump's are now sputtering too often: "I blew it." Rick Reed admitted his error on a dropped throw in Game 1.

It was Tim Tschida's turn on a missed tag in Game 4 Sunday night. "I didn't make the right call," Tschida said. "That's a frustrating thing for an umpire, because we like to call everything properly." And when a third close play went against the Red Sox, fans at Fenway Park littered the field with debris, forcing the New York Yankees to flee for safety in their 9-2 victory. Said commissioner Bud Selig on Monday: "I think the umpires themselves have made the appropriate comments. ... We have some of our finest umpires involved in this series."

Monday: "I think the umpires themselves have made the appropriate comments. ... We have some of our finest umpires involved in this series."

Piazza trying to play through the pain

Mike Piazza faced a media horde in a hotel conference room Monday evening, his left arm dangling helplessly under the table.

"I'm looking for a donor," Piazza joked. "Maybe I could call Arnold Schwarzenegger and get his left arm." The NL Championship Series has become a war zone for the New York Mets catcher, whose left thumb already was hurting after the opening round of the playoffs.

Through five games against Atlanta, Piazza has been hit twice with a bat and has been on the receiving end of bone-crushing collisions at home plate with Bret Boone and Keith Lockhart. The mishaps left Piazza with an aching hand and a deep bruise on his left forearm, not to mention the lingering effects of a slight concussion.

He was forced to leave New York's 4-3, 15-inning victory in Game 5 with two innings to go. Piazza plans to be back on the field for Game 6 Tuesday night.

Sides in umpires' dispute to meet Wednesday

While umpires keep blowing calls on the field, their lawyers keep maneuvering in the background. Lawyers for the umpires' union, dissident umpires and owners will meet Wednesday with the National Labor Relations Board on the petition to get rid of Richie Phillips and form a new union. Dissident umpires filed a petition with the NLRB last week, demanding an election to decertify the current union and form a new one. Daniel Silverman, the NLRB's New York regional director, originally scheduled a hearing for Oct. 22 before staff lawyer Stephen Appell. But Silverman said Monday the hearing wouldn't take place until Oct. 29 at the earliest, and perhaps not until Nov. 3 or 4.

"The meeting is to clarify the issues, to see whether or not the parties agree there should be an election and, if so, who should vote," Silverman said by telephone from New York.

Cubs release Gaetti

The Chicago Cubs placed third baseman Gary Gaetti on waivers Monday, possibly ending a major league career that spanned nearly two decades. Gaetti, 41, hit .204 with nine home runs and 46 RBIs in 113 games this season. Gaetti also played in his 2,500th game this season, becoming only the 40th player in major league history to reach that milestone.

He finished the season with 2,502 games, putting him third on the career list among third basemen. Gaetti ranks 46th in career home runs with 360 and his 1,340 RBIs ranks him 52nd.

He also has 2,280 hits. He has played in two All-Star games and won four Gold Gloves. Gaetti came to the Cubs during the 1998 season and his strong performance over the last six weeks of the season when he hit .320 was one of the keys in the Cubs playoff run. Gaetti began his career in Minnesota and helped the Twins win a World Series.



These two Prestonsburg cheerleaders enjoyed the football game between Prestonsburg and Shelby Valley and were gleeful at halftime with the Blackcats leading 8-7. (photo by Ed Taylor)

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insider golf

by t.j. tomasi

Director of the Players School at PGA National

TEERING OFF

Long History of Great Golf Gives Ryder Cup Its Weight

The Ryder Cup competition is over and the trophy is on display at PGA headquarters about 500 yards from my home at PGA National in Palm Beach Gardens, Fla. This symbol of national pride is only about 19 inches tall, and topped off by the figure of Mr. Ryder's private golf instructor. Unless you knew what it was, you'd probably leave it sitting at your local garage sale.

Of course, the Cup's value doesn't come from what it's made of, but from what the players who won it are made of. They must perform under intense pressure while representing their country, an honor conferred on very few.

Stretching back to 1927, the

history of the competition is sprinkled with names like Hagen, Sarazen, Hogan, Palmer and Nicklaus. The Cup is weighty enough to get stoic David Duval pumping his fist, although if he's going to be that animated, he needs to study film of Tiger Woods — now there is a world-class fist pump.

Speaking of Tiger, he's some athlete. The Oct. 4 issue of Sports Illustrated shows a picture of the pandemonium that broke loose on No. 17 after Justin Leonard's birdie putt, and there is Woods, leaping into the air so high that his waist is above the head of the caddy standing next to him.

Next up is another cup, the

Presidents Cup, where the U.S. team will be facing a team with more star power than the Ryder Cup Europeans — players like Ernie Els, Vijay Singh, Nick Price, Carlos Franco, Steve Elkington, Craig Parry, Stuart Appleby, Joe Ozaki, Greg Norman, Shigeki Maruyama and Mike Weir.

This opposing team is made up of players from the golf world excluding the Ryder Cup countries. They'll square off against a U.S. team captained by Ken Venturi.

But there is no sense of history in this cup. No matter how powerful Tim Finchem is, you can't simply "add" a fifth major, as he is trying to do with the Players Championship, nor can you make the Presidents

Cup important by declaring it so. After the drama of the Ryder Cup, all the other Cups are a yawn. As Davis Love said, "You're going to have a tough time getting David Duval fired up to play in the Presidents Cup," and that's ditto for most of the team.

Still, as made-up events go, it is an interesting one. The fourth Presidents Cup will be held in Lake Manassas, Va., in mid-October of next year at the 7,315-yard Robert Trent Jones Golf Club. Peter Thomson will again lead the International Team. The United States leads the series 2-1. The honorary chairman for the 2000 Presidents Cup is U.S. President Bill Clinton.

ASK THE PRO

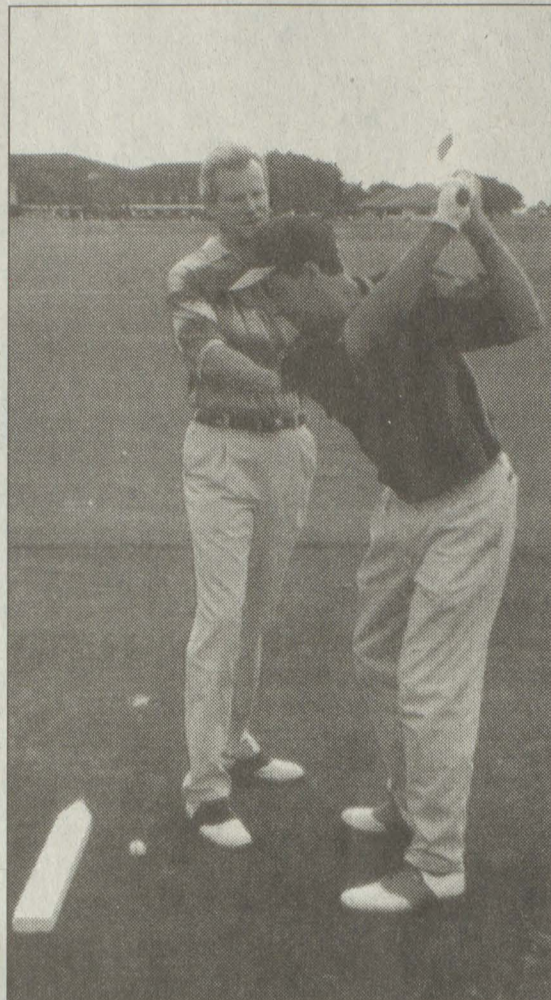
Q: The trouble with the rule book is you can't ask it a question, and it is not clear on some subjects. The particular thing I am concerned about is this: If a person is just off the green, can the player have the flagstick tended? I realize they can have it in or out, but no one seems to know if they can have it tended.

— Joyce
from Sidney, B.C.

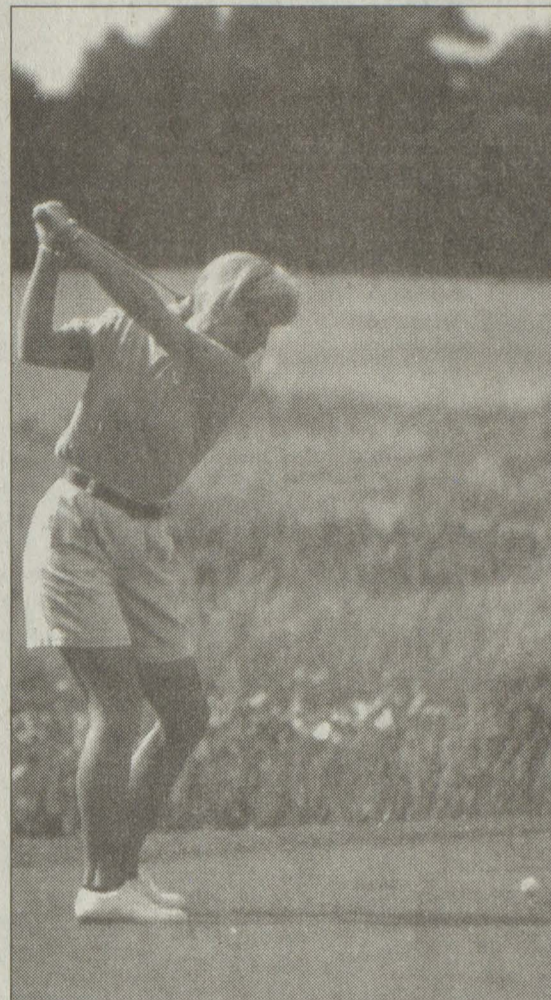
A: It's rule 17-3 that allows a player to have the flagstick attended or even held up so she/he can see it. But instruct the attendant to pull the flag and move out of the way as soon as you hit the shot because if your shot strikes the flagstick once it's tended, it's a penalty.

To Ask the Pro a question about golf, e-mail him at: TJInsider@aol.com.

IT'S GOOD FOR YOUR GAME



In the photo at left, I'm working with a student on turning his chest so his back is pointing at the target at the top of his swing and his target shoulder is pointing slightly behind the ball. I've had to give him just a hint of a push to get him behind the ball. In the photo at right is another of my students who has learned her lesson very well.



DON'T MISS IT

What If?

Ever ask yourself questions like, "If I hit my ball into the clubhouse, can I open a window and play it back out?" or "A mushroom is growing in my line of putt. Do I get relief?" If you love the intricacies of the rules, Don't Miss the USGA's "Decisions on the Rules of Golf." It covers more than 1,000 golf situations from the mundane to the bizarre. To order, call the USGA at (800) 336-4446.

TEE TIMES

Teams Are Set For World Cup

A world-class field of two-man teams, including Tiger Woods, the world's top-ranked player, and No. 11 Mark O'Meara from the United States, will compete in the 45th World Cup of Golf, Nov. 18-21 at The Mines Resort City in Kuala Lumpur, Malaysia. Last year's champs from England, Nick Faldo and David Carter, will not be back to defend their title. Instead it will be Ryder Cup captain Mark James and Peter Baker leading England.

The list of teams currently committed to the World Cup of Golf includes:

Canada: Richard Zokol, Ray Stewart
(Where is Mike Weir?)

Scotland: Dean Robertson, Colin Montgomerie
(Where is Paul Lawrie?)

South Africa: Richard Kaplan, David Frost
(Where is Ernie Els?)

Spain: Santiago Luna, Miguel Angel Martin
(Where are Olazabal and Garcia?)

Sweden: Gabriel Hjertstedt, Jarmo Sandelin
(Where is Jesper Parnevik?)

Zimbabwe: Mark McNulty, Tony Johnstone
(Where is Nick Price?)

USA: Tiger Woods, Mark O'Meara
(Where is David Duval?)

Smart Golfers Use Their Heads Wisely

Too many golfers fail to make a good chest turn during their takeaway, not because they don't want to, but because they can't. It's a combination of anatomy and bad advice.

Your head is fastened to your body, the final stop in the journey up the spinal cord. You can cock it from side to side as when you're not exactly sure of something, nod it up and down (the affirmative action), and rotate it to either side (the "no" move). You can also combine some of these movements, as does Jack Nicklaus, who has always cocked and rotated his head to start his backswing, putting him immediately behind the ball, where he stays until well after the ball is gone.

Unfortunately, Nicklaus publicly advocated keeping the head fixed, and if you force yourself to hold your head stock-still, bad things happen.

Your head, whether empty or full, weighs about 10 pounds. That means 10 pounds of "downward pull" is suddenly created when your body turns out from under it. It's this imbalance that causes your spine to bow forward of the ball, creating a body tilt rather than a turn.

Also, the muscles of your neck are severely taxed by holding your dangling head immobile at such an odd angle. It's no wonder that a

swing like this makes golf a pain in the neck.

This old dagger — "Don't move your head" — drains the life blood out of even the most robust of golf swings. So let's put it aside and replace it with a new prescription for head management: "Let your head float with your chest turn."

Let your head move as part of a one-piece unit composed of your shoulders, head and chest. Even the youngest, most supple players of the day — Tiger Woods, David Duval and Phil

Mickelson — let their heads move behind the ball during the backswing and then back to its original position during the downswing.

It's a subtle move, but it's a part of every good swing. Older players, and/or those with less flexibility, let their heads float even more. Just make sure that you don't overdo the head float; you should let it happen, not make it happen.

When you've got the float right, you should feel pressure building on the inside of your back leg as your swing away from the ball moves the mass of your body behind the ball and your hips turn in response to the pull of your chest turn. Look at the photo on the right above to see a perfect chest turn, where the head has been allowed to respond to the dynamics of the swing.

Even the youngest, most supple players of the day let their heads move behind the ball during the backswing and then back to its original position during the downswing.

QUOTE OF THE WEEK

“It's so frustrating. Just when you think you've got the game conquered, the game conquers you.”

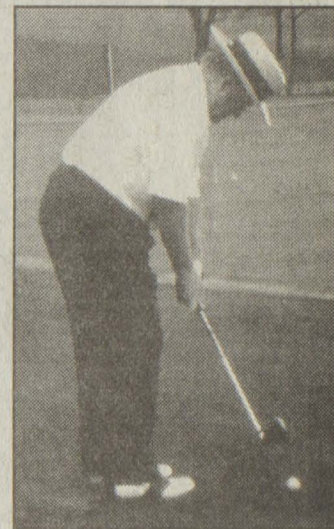
—Michael Jordan, after his pro debut in the Chicago Open where he shot 84-81 to miss the cut. That's 23 over par, the same number Jordan wore when he made basketball look so easy.

BIRDIES & BOGEYS

On the Air

Bob Murphy, one of the best and most likable golf announcers, will return to the tower for NBC starting in 2000. He'll do nine events, including the next Ryder Cup held in England in two years, and still play some on the Senior Tour where he's won 11 times and collected \$5.5 million. On the air, he'll be working with ace color man Johnny Miller.

"My aim," says the affable Murphy, "is to give Johnny some conversation, which he needs. I'm going to be as honest as Johnny, but not favoring the critical side as much."



Bob Murphy: Back behind the mike.

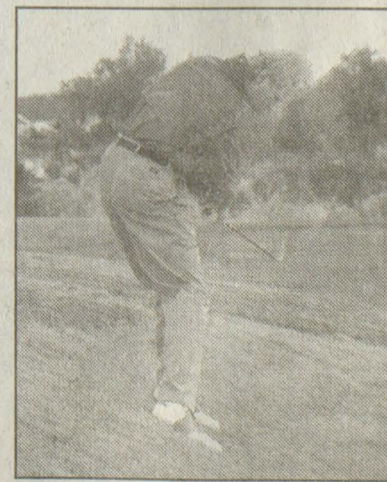
Ring Me When It's Over

That's what usually happens — champions receive their rings after they win. But prescient Ben Crenshaw gave out winner's rings to his players four days before the Ryder Cup started, telling them: "Super Bowl teams get their rings after they win; I'm going to give you this tonight."

GOLF SPOKEN HERE

Recovery Shot

The shot you hit to get out of a bad situation. Remember, you never should have to play two "recovery shots" in a row.



From this lie, the ball could go anywhere, so take your medicine and get the ball back in play.

ABOUT THE AUTHOR



Dr. T.J. Tomasi is the director of the Players School at PGA National in Palm Beach Gardens, Fla. He is a member of the

elite Top 100 Teachers chosen by Golf Magazine for 1999 and is a Class A PGA teaching professional.



TROUBLE SHOTS

Bad Shots Can Be Put to Good Use

It is not uncommon during a lesson for me to tell a student who is grouching about a bad shot, "Remember how you did that because that shot could come in handy someday." While I say this somewhat in jest, there is an important lesson here: There are no bad shots in golf, just bad timing.

Take the shot I call the "fluff from the rough," where you're just off the green and the pin is 40 feet away. You select your sand wedge, scoop under the ball and the shot pops up in the air and stops 30 feet short of the flag. You get mad, call it a bad shot, and perhaps top off the incident with a 3-putt.

Instead, why not study how you did that, and then do it from the rough when the pin is closer to you — say, about 15 feet away.

Here's how you hit the "fluff from the rough" on command: Keep your weight on your left side and let your arms swing back longer than you should for such a short shot. The key to this play is to decelerate into the ball so your left wrist collapses and hinges toward the target. Don't let your wrist roll over as it breaks down or the ball will squirt off line.

This shot takes a little practice, but it's worth it because it's a great way to slide the clubface under the ball so it goes only a few feet.

By the way, to pitch the ball 40 feet, do everything the opposite — shorten your swing, keep your left wrist firm through impact and accelerate into your follow-through.



The breakdown of the left wrist looks like bad technique, but is it?

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Fumbles

extra points and that came back to haunt the Rebels. There were other plays that haunted the Raiders as well.

The game started with the Tigers kicking the ball to the Raiders. Both sides were cheering as the game began. The ball went over the receiver's head, he run back to the two-yard line to pick it up and fumbled the ball. Paintsville recovered the fumble and ran it for two yards for a touchdown before South Floyd knew what hit them.

The fans were shocked when the referees raised their hands to motion a touchdown for the Tigers. Everyone thought that South Floyd had the ball, but with only 20 seconds gone off the clock, the Tigers had a six point lead. The kick for the extra point was good, giving them a 7-0 lead.

The Raiders were in shock, but they recomposed themselves and started the game again. Matt Tackett received the ball for the Raiders, and the Raiders started the run on the Tiger 18-yard line.

The Raiders moved the ball down the field the way football is supposed to be played. They had four first downs on the first series and three completed passes. With the ball on the nine-yard line and a first down, quarterback Charlie Williams handed the ball to B.J. Bryant and Bryant ran the ball in for the Raiders' first touchdown.

The Raiders took the lead with 5:02 remaining in the first quarter when B.J. Bryant ran the ball in for the two-point conversion.

The Raiders' lead didn't last long. On the next series of plays the Raiders kicked the ball. Brad Turner received it and ran it for a 35-yard return. The Tigers had the ball on the Raider 46-yard line.

It took the Tigers only five plays and less than three minutes to score their second touchdown. Again, it was David Peters scoring the touchdown on a 15-yard run for the Tigers. On the extra-point, the Tigers faked a kick and Parker Diabo ran the ball in for the two-point conversion, giving the Tigers back the lead, 15-8, with 2:01 remaining in the first quarter.

The Tigers kicked the ball into the end-zone on the kickoff, so the Raiders had the ball on the 20-yard line to begin this series of play. Paintsville moved the ball down the field for the Raiders.

In this series of plays, the Tigers had 45 yards in penalties, giving the Raiders four first downs. The first quarter ended during this series with the Tigers having the 15-8 lead.

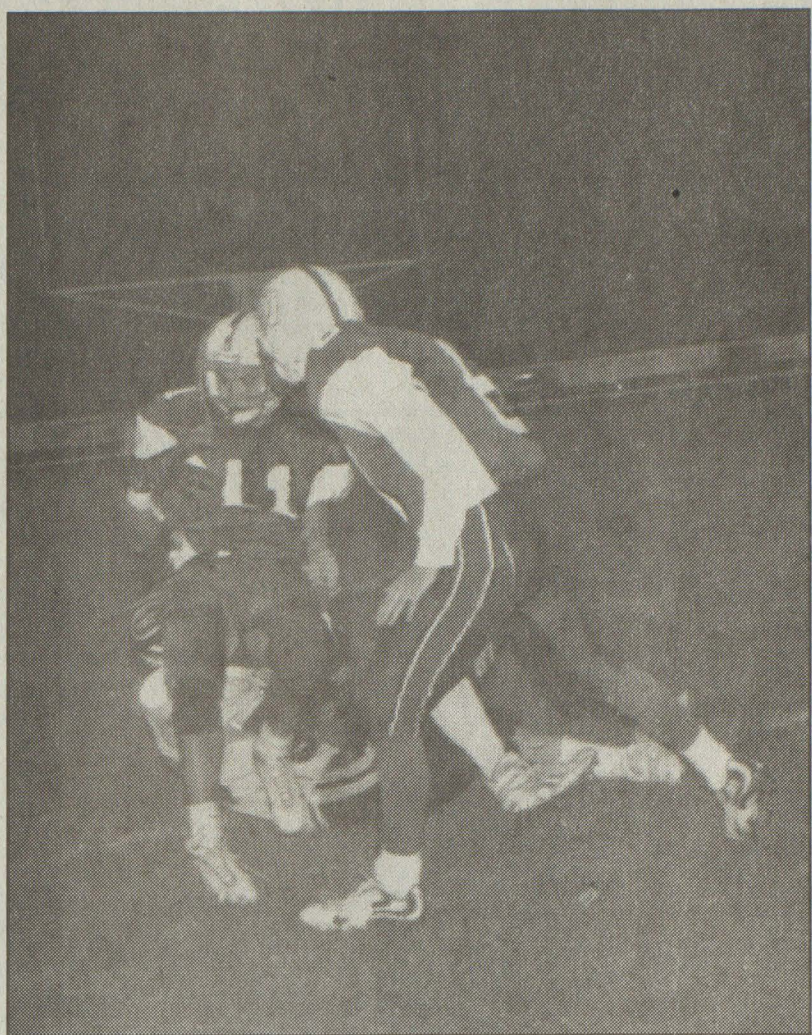
The Raiders had the ball on the Tigers' 18-yard line and second down when Matt Tackett

fumbled the ball and Travis Preston recovered for the Tigers. This was a huge blow to the Raiders and a big break for the Tigers.

The Tigers failed to move the

cepted by James Walker, giving the ball back to the Raiders.

Walker ran the ball for 35 yards and, on the next play, Charlie Williams handed the ball to Kyle Tackett and Tackett ran



This South Floyd Raider seemed to be saying "Have a seat" to Parker Diabo. In reality, Diabo was tackled by this Raider. (photo by Karen Joseph)

ball, and they had to punt back to the Raiders. The Raiders had the ball for only four downs before they had to punt the ball back to the Tigers. Brad Turner had a 40-yard run for the Tigers and Kyle Tackett barely caught him for the tackle. Had Turner escaped Tackett, he would have gone all the way, and it looked as if Paintsville would score again, but again things changed.

On the third down, the quarterback for Paintsville, Travis Preston, fumbled the ball and South Floyd recovered. Luck seemed to be moving toward South Floyd's favor.

Wrong again. After two first downs and with 35 seconds to go in the half, quarterback Charlie Williams attempted to pass to Kyle Tackett when Parker Diabo happened to be in the right place at the right time and intercepted the pass, giving the ball back to Paintsville.

Things were going Paintsville's way — wrong again. The luck was bouncing back and forth with the exchange of the ball. With only 35 seconds, remaining in the half, the Tigers attempted to pass to move the ball down the field for a touchdown only to have it inter-

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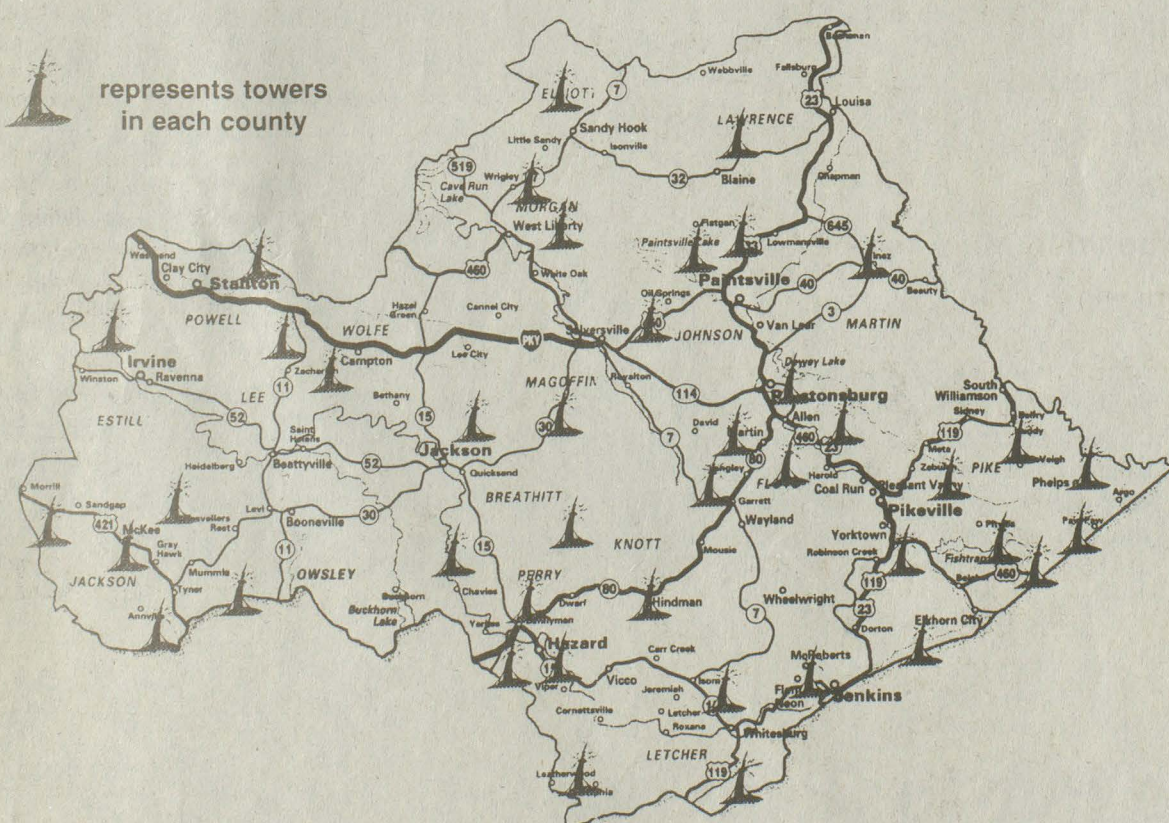
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A good luck hug

Prestonsburg running back Seth Crisp got a good luck hug from an admirer just before the Cats took to the gridiron to face Shelby Valley Friday night. (photo by Ed Taylor)

Haunting

(Continued from page one)

Desperate to get the ball back, the inside kick worked to perfection as Shelby Valley failed to handle the high bouncing football and Mike McDonald fell on the ball, giving the Cats excellent field position with 1:41 left on the clock from the Shelby Valley 34-yard line.

But the Cats, in a hurry-up offense, failed to move the ball on the ground and through the air. Facing a fourth and nine, quarterback Austin Clark connected with Matt Slone for a 12-yard gainer and a first down at the Wildcats 22. But an incomplete pass, a sack for a loss of eight yards, and a fumble stalled out the drive as the clock expired.

But Prestonsburg had other chances to put the game in the win column. An interception off a half-back pass thwarted one drive. A fumble stopped yet another and failing to move the football just inches, gave the ball back to Shelby Valley to end a drive.

Shelby Valley got on the scoreboard on its first possession, marching 52 yards on eight plays to take a 7-0 lead on a two-yard touchdown run and Bobby Collins' PAT kick with 6:17 to play in the first quarter.

Behind the running of Caudill and Crisp, Prestonsburg was able to find holes in the Shelby Valley front line and the Cats took control of the football at the 6:13 mark of the first quarter into the second period. Five seconds into the second quarter, Matt Slone crossed over the goal line from two yards out, and Clark ran the two-point conversion that gave Prestonsburg their lone lead at 8-7 with 11:55 to play in the second period.

Shelby Valley fumbled the football back to Prestonsburg on a second and 12 play. Hall coughed up

the football with Kevin Younce coming up with the loose football with 10:12 to play in the first half. However, on the first play from scrimmage for Prestonsburg, the Blackcats returned the favor on a fumble with Rocky Reynolds gathering in the loose ball.

Prestonsburg's defense was outstanding as they held the Wildcats after Shelby Valley moved the ball to the Prestonsburg 11-yard line where their drive stalled out with a failed field goal attempt, giving the ball back to the Cats.

Prestonsburg moved from their own 20-yard line to the Shelby Valley 22 and faced a fourth-and-inches. Crisp was handed the ball up the middle, but the Wildcats' front line met the challenge and stopped Crisp just within inches of the first down. The first half ended with Prestonsburg in front 8-7.

At the onset of the second half, Shelby Valley gave the ball to Newsome and the half back ran around and through the Prestonsburg front line. He scored from 39 yards out with 9:35 left in the third period to give the Wildcats a 13-8 lead.

On a second down play, Clark handed off to Crisp for the half-back pass only to watch as the ball settled into the hands of Dusty Hall, who returned the ball to the Prestonsburg nine-yard line, setting up the Wildcats' next touchdown.

Two consecutive illegal procedure penalties against the Wildcats moved the ball back to the Prestonsburg 16-yard line, but that only set up the run by Hall of 16 yards for the touchdown and a 20-8 Shelby Valley lead after Collins added the point after.

Twice in the fourth quarter, facing a fourth down and inches, Prestonsburg failed to convert the

play into a first down, giving the ball up on downs to Shelby Valley. Prestonsburg remains in third place in District 8, while Shelby Valley will have to contend with Belfry this Friday night in a battle of unbeaten teams (district-wise) and first place on the line.

Prestonsburg could very well face Breathitt County in a first-round playoff in two weeks. The Bobcats were upset by Middlesboro 42-41 Friday night.

The Blackcats will square off against the Thoroughbreds of Harrison County this Friday night on the road to complete their regular season schedule.

GAME NOTES:

- It was senior night at Prestonsburg Friday night as seniors played their final career game at Prestonsburg Stadium. Tears were evident, especially from parents, as they made the walk onto the field with their graduating seniors.

- Cheerleaders, band members, "stat cat" girls, dance teams and players got a final goodbye from the crowd.

- Original plans were to immediately start construction on the football facility after the final home game, but those plans appear to be put on the back burner. No one really knows what will happen to the stadium.

- Media members had to find their loftier heights on top of the school facility in order to cover the game. There are no more press boxes at the field.

- The chilly fall evening didn't seem to bother the Prestonsburg band as they made their way onto the field in their Halloween dress. The band gave a strong performance at halftime in entertaining the crowd.

Sports In Perspective

by Denis Harrington

It's an age old argument.

Will good pitching overcome good hitting? Or, is the converse true?

The venerable Casey Stengel once said, "Good pitching will always stop good hitting, and vice versa."

If one takes a firm stand on both sides of an issue, it makes for astute politics but no decision. Currently, the Atlanta Braves boast the best pitching staff in all of major league baseball. Their starting rotation has a combined earned run average of just a shade over 2.0. And they seem well on their way to making yet another appearance in the World Series.

But their sterling mound corps has not fared all that well in the fall classic. They lost to the Minnesota Twins in 1991 and the Toronto Blue Jays in 1992. After a two-year hiatus, they returned to baseball's big top in 1995 and took the measure of the Cleveland Indians. In 1996, they again topped the NL standings only to fall before the New York Yankees.

Hence, to date, they're 1-3 in World Series competition. And all their losses came at the hands of heavy hitting ballclubs.

This year, the lowly Baltimore Orioles clubbed Atlanta 21-9 in inter league play and swept the three game series between the two teams. It was simply a matter of booming bats smothering the Braves' pitching.

However, the 1963 World Series offered a much different scenario. In that one, the Los Angeles Dodgers blanked the homer-happy New York Yankees in four games. The Bronx Bombers sported an anemic .171 batting average against the power-pitching "Bums."

Sandy Koufax had the Yanks flailing futilely at his blazing fast ball and cracking overhand curve. He posted two wins while mound mates Don Drysdale and Johnny Podres registered one victory each. It was a totally humiliating experience for the New Yorkers.

Noted Yankees ace Mickey Mantle, "We couldn't hit Koufax with a canoe paddle."

Two seasons later, Koufax and Drysdale hurled the Dodgers to another World Series crown, quieting the

bats of the potent Minnesota Twins lineup which featured sluggers Harmon Killebrew and American League MVP Tony Oliva.

Despite these standout performances, the pitching vs. hitting controversy remains a hot topic.

Consider the Cleveland Indians' great mound crew of the 1950s. On any given day, they could throw the likes of Bob Feller, Bob Lemon, Early Wynn and Mike Garcia at opposing batsmen.

In 1951, Wynn, Garcia and Feller won 20 games apiece, while Lemon finished 17-14. The next year Wynn and Garcia were repeat 20-game winners, along with Lemon. On both occasions, the Indians could not overtake the hot-hitting Yankees in the pennant race.

Finally, in 1954, Cleveland squeezed past New York and earned an invite to the World Series. The Indians closed out the regular campaign with a 111-43 record and a phenomenal .721 winning percentage. Opposing them in the fall classic were the New York Giants, featuring such long ball hitters as Willie Mays, Monte Irvin and Dusty Rhodes.

Once the festivities got underway, it was all the Giants, shelling Cleveland aces Lemon and Garcia like they were tossing batting practice. Rhodes particularly clubbed the Indians' much lauded pitching troupe. In the end, New York recorded a 4-0 shutout and promptly Giants manager Leo Durocher to chortle gleefully, "I knew we were gonna win."

There was no finer pitcher in baseball during the early 1950s than Robin Roberts of the Philadelphia Phillies who perennially won 20 plus games. He, Curt Simmons and Jim Konstanty hurled Philly into the 1950 World Series where the Yankees ate them alive, 4-0.

Despite being one of the best hitting clubs in either league, the Baltimore Orioles will finish the 1999 slate as a disappointing also-ran due to poor pitching.

The 1920 Phillies commanded an awesome array of hitters but still posted a losing record. A sportswriter opined, "Just respectable pitching would have made a difference."

So what's the answer? I think I'll side with Stengel on this one.

Sports

(Continued from page one)

nothing to hang their heads over, they did well.

Watch out for the Cats in two seasons. They will be a state contender then. Blackcat fans will just have to exercise some patience next season and then watch out. You will have plenty to cheer about.

Basketball notes:

Prestonsburg assistant Harold

Tackett is very positive about this year's basketball team. He feels, also, the Cats will be competitive by the district tournament in February.

In the courts:

Jack Pack is seeking an avenue through the court system to get his head coaching job back at Prestonsburg. Pack filed suit

against the board of education and Prestonsburg principal Coy Samons in an effort to recover his job.

Jack won his first case in such a battle, and I wouldn't be surprised if he does it again. Stay tuned on this one. It could get very interesting.

Until Wednesday, good sports everyone and be good sports!

Sports

(Continued from page one)

team.

The third quarter showed a lot of promise for the Bobcats when Brad Brooks scored yet another touchdown and a two-point conversion for his team with less than six minutes remaining. This brought Betsy Layne's score up to 14 points, but left Whitesburg in the lead with 22 points.

Fingernail-biting anticipation led the Bobcats into an intense fourth quarter. The Yellowjackets are much like their namesake, they sting their prey many times and don't give up. Within the first two minutes of the final quarter Whitesburg obtained another

touchdown and an extra point, making it tough for the home team to close the 15-point gap this late in the game.

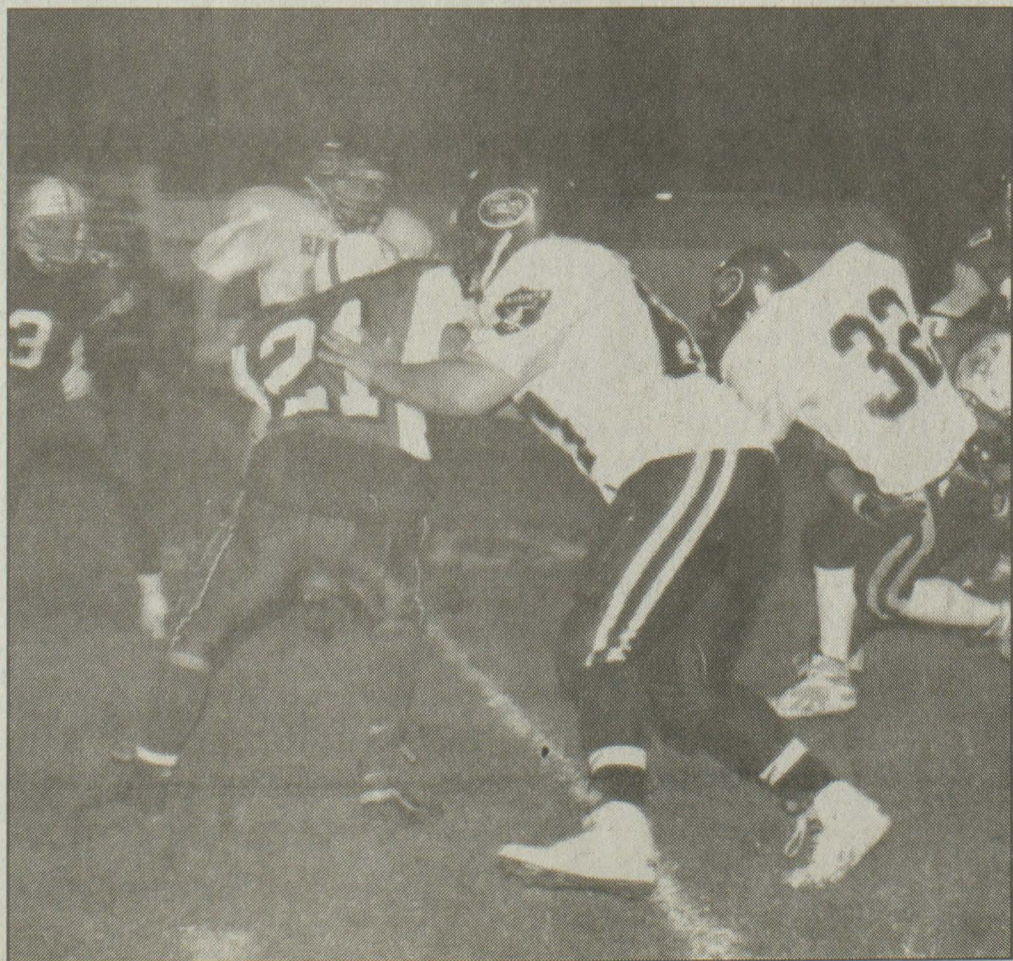
Less than a minute later, Kevin Bentley made an amazing save for the Bobcats by completing a tackle at Whitesburg's 2 yard line. Yet this didn't stop the Yellowjackets from going on to score two more touchdowns and an extra point before game's end, bringing the tally up to Whitesburg-42 and Betsy Layne-14.

With 1:20 remaining in the game, quarterback Brandt Brooks rushed the ball to the 1 yard line, which smoothed the path for the

final touchdown of the evening captured by Ricky Goble.

"This was a really good game for them. I thought we'd win after scoring that first touchdown. I really thought we would," stated Betsy Layne student Jessica Lykens.

Even though the Whitesburg Yellowjackets went home the winners, the Betsy Layne Bobcats scored a total of 20 points against them. This game's point total became the most points scored in a single game this season. Betsy Layne will play in Fairview Friday night, their final game of the season.



Ricky Goble and Adam Akers rendered aid to their teammate in returning the sting to the Yellowjackets. (photo by Michelle Fowler)

Karen's Korner...

Rough season coming to an end

One more week of regular season football in Floyd County. Prestonsburg and South Floyd will have a play-off game. Betsy Layne will end their season next Friday at Fairview and Allen Central ended their season last night at Louisville Beth Haven.

It has been a rough year for all county teams. South Floyd will end the season with the best record. Coach Don Daniels will lose nine seniors, but he has 14 juniors, so South Floyd should be strong again next year.

Prestonsburg had a tough season this year. They have some dandy seniors with Jeremy Caudill, Seth Crisp, Kyle Shepherd and Ryan Turner, but they also have a lot of young players and should improve a great deal by next year. This is the first

year for Coach John Derossett to start a freshman on the varsity squad. Prestonsburg is young this year but look out for them next year.

Allen Central took this year as a building year, and they have improved a great deal. Coach Spurlock will only lose five players this year, but one of these seniors is Mark Dunfee. It will be hard to replace Dunfee, but I am sure Coach Spurlock realizes this and has been grooming someone to take his place.

Betsy Layne will more than likely finish the season without a win. Ted George is a great coach, and the players at Betsy Layne play their hearts out. Maybe next year, since they will have their weight-lifting facilities completed, more players will come out for the Bobcats.

Coach George will lose several players: Brad Brooks, Aaron Swiger, Mike Goble, Adam Akers, Darin Akers and Joey Watson, but he will have Adams Collins, Brent Hamilton, Wes Senters, Josh Hayes and Josh Allen and Ricky Goble. If somewhere, Coach George can get some more boys to come out to play, they will have a better season next year.

Basketball will be interesting in the district this year. Adam Tackett says he will not play for Betsy Layne. This is a shame. Adam has played basketball since he was in about the third grade.

Ramanda Music will be back at Prestonsburg this year after playing at Belfry last year.

There will be a lot of first-time coaches in the county, so we will just have to wait and see how things will turn out.

I look forward to the start of basketball.





PRESTONSBURG QUARTERBACK AUSTIN CLARK handed off the football in the third quarter against Shelby Valley in Friday night. Prestonsburg fell to 3-2 district play after a 20-14 setback to the Wildcats. (photo by Ed Taylor)

JBSports

Point/Counterpoint...

Blanton takes pinstripes over the chop

by Jason Blanton
Sports Columnist

Last night, Game 1 of the World Series was played at Turner Field in Atlanta. The two teams of the 90s have begun the battle to see which team is truly the best squad.

All week we heard the Braves is the team no matter what happens.

Sorry, Ted Turner but, you have to win the "ring" to claim that spot.

Atlanta can win all the regular season games it wants, but in its fifth World Series of this decade and to win only once is like having five of six numbers in the lottery.

Its nice, but not the same feeling of having all six.

Overall, the Braves are 925-629 in the regular season and are the first National League club to advance to five World Series in one decade since the Dodgers in the 50s. The Yankees are right behind Atlanta with a record of 851-702.

In interleague play, the two teams have split 10 games.

It's Americas Team versus the Americas Dynasty in the Fall Classic and there's only one question that I have.

Who was the team of the 1980s?

My fellow columnist Rick Bentley knows deep in his heart that the Braves can't defeat the Yankees, but he's a fan of Turners bunch. Please forgive him if his eyes are filled with tears in the coming weeks.

Someone might want to keep some handkerchiefs or crying towels around for Bentley and the rest of the die-hard Atlanta fans because it wont be pretty.

Below is my look at each position in the New York/Atlanta series:

FIRST BASE

Tino Martinez had his worst season since joining the Yankees. He still hit .263 and added 28 home runs and is still very solid in the field. Ryan Klesko and Brian Hunter share the duties for the Braves. Klesko (.297) and Hunter (.249) are no Andres Galarraga. Klesko is not very good with the glove.
Edge: Yankees.

SECOND BASE

Chuck Knoblauch had a career high of 18 homers and is very good of setting the table for the middle of the Yanks lineup. Knoblauch, however, is a liability in the field. Brett Boone is not a good defender, but did have a nice season since the trade from the Reds. Defensively, Boone is steady.
Edge: Yankees.

SHORTSTOP

Derek Jeter is the best shortstop in the game. He set career highs in average (.349), homers (24) and RBIs

(102). Jeter has great range and is an American League MVP candidate. Walt Weiss and Jose Hernandez combined are no Jeter.
Big Edge: Yankees.

THIRD BASE

Scott Brosius was last years World Series MVP, but had a difficult year and the death of his father in September didn't help. Larry Jones should be the National League MVP. Chipper hit .319, 45 home runs and 110 RBIs. Since he told the fans of the Mets to go home and "put their Yankees stuff on," he has been on the most hated list. New Yorkers will have a fine time with LarryLar-ry.
Edge: Braves.

CATCHER

Joe Girardi and Jorge Posade are the duo for New York. Posade is the best hitter while Girardi is the best receiver. NLCS MVP Eddie Perez has blossomed since the injury to Javy Lopez.
Edge: Braves.

LEFT FIELD

The Yankees threesome of Ricky Ledee, Shane Spencer and Chad Curtis are not bad. Ledee should get most of the playing time in the Series. Since becoming the Braves leadoff hitter (Aug. 5), Gerald Williams helped Atlanta go 39-14. Williams is fast and has a very strong arm.
Edge: Braves.

CENTER FIELD

Two great players. New York has Bernie Williams with his .342 average and a career-high 115 RBIs. Williams has a weak arm, but his speed makes up for bad breaks he gets on balls hit to the outfield. Andruw Jones is smooth defensively and is solid at the plate, but sometimes his age shows through.
Edge: Yankees.

RIGHT FIELD

Paul O'Neill has struggled since hurting himself late in the season. O'Neill, however, is a gamer and likes big game situation. Brian Jordan dipped in the second half of the season, after a great first half. Jordan has also played through pain (hand injury). Set career high of 115 RBIs and scored 100 runs.
Edge: Braves.

DESIGNATED HITTER

Darryl Strawberry and Chili Davis are two veterans; both have been in the spotlight and played well in big games. For the Braves, Keith Lockhart and Jose Hernandez are two candidates with an outside shot of Randall Simon, if he is added to the roster.
Edge: Yankees.

STARTING PITCHING

Orlando Hernandez, Andy Pettitte, Dave Cone and Roger Clemens are a strong staff. Pettitte probably pitched the best of any of the four since almost being traded. Tom Glavine, Greg Maddux, John Smoltz and Kevin Millwood are the main reason that the Braves are still in the hunt. The Braves starters had the best ERA (3.67) in the majors, but Glavine and Maddux have shown signs of getting a little older.
Edge: Braves.

RELIEF PITCHING

Mariano Rivera, Ramiro Mendoza, Mike Stanton, Jeff Nelson, Allen Watson, Hideki Irabu are a solid bullpen. Rivera's fastball (95 mph) is almost unhittable. He hasn't allowed a run since July 21. John Rocker, Mike Remlinger, Terry Mulholland, Kevin McGlinchy, Russ Springer are okay, but have struggled at times for the Braves. Rocker is a wild man, but might let the Yankees fans get to him.
Edge: Yankees.

BENCH

Howard Battle, Ozzie Guillen, Greg Myers. Enough said.
Edge: Yankees.

MANAGER

Joe Torre does not panic on the bench. Fought back after prostate cancer surgery, which made him miss the first 36 games of the season. Torre also has Don Zimmer right beside him. Bobby Cox is a good manager, but he still has won only one ring.
Edge: Yankees.

OWNER

Since Torre took over, George Steinbrenner has toned down his antics. Ted Turner spends a lot of money for the best players, but is happy with his seat next to his wife.
Edge: Yankees.

FANS

New York fans are rude and do not care what they say. Yankees fans have also been known to make their team some breaks (ask Baltimore). Atlanta has a hard time selling out Turner Field even in the post season and the fans have that southern politeness.
Edge: Yankees.

PREDICTION: Sorry Brave fans and Mr. Bentley, the Yankees will be the team of the decade and the century. New York will wrap up its 25th World Series championship in six games. After the win, the Yankees will have one out of every four World Series title in the 1900s.

Bentley's Comments

by Rick Bentley
Sports Columnist

First off, you should know my fellow columnist Jason Blanton is one of my closest friends in the world. We travel together, write together, dislike Rick Pitino together, broadcast together, cheer on Ric Flair together ... you get the point.

But for all my efforts, I can't help his off-center beliefs on the game of baseball.

For one, he thinks Derek Jeter is the best shortstop in the history of mankind, when the truth is he may not be the best in his own city. He also thinks Marge Schott started out with some good ideas and went bad at the end.

And, he thinks the Yankees will win the World Series, which started last night.

Read what he writes. His own figures support my claim that Atlanta is top team in the game. Five World Series in the 1990s, as well as seventy-four more wins in the decade.

In the end, Jeter, Georgie and Jason will be watching the Braves ring in the new millennium as world champions.
Here's why:

FIRST BASE

Sure, Andres Galarraga is sidelined with a little thing called cancer, but still, Tino Martinez has struggled this season. Ryan Klesko can provide heavy offense early, and then bring in Brian Hunter for the sure glove in the late innings.
Edge: In a close one, Braves.

SECOND BASE

Here's the deal. Bret Boone didn't play as well this season as he did in Cincinnati the last few years, but at least he can throw the ball 45 feet to first base, which is more than Chuck Knoblauch can say.
Edge: Braves.

THIRD BASE

Larry Wayne Jones.

"They call him Chip-per"
Edge: Braves.

SHORTSTOP

OK, Derek Jeter isn't the best shortstop in the game, but he's close. But Walt Weiss, Jose Hernandez and Ozzie Guillen are no Alex Rodriguez, so this one isn't close.
Edge: Yankees.

LEFT FIELD

Gerald Williams swings at too many first-pitches to be a long-term leadoff hitter, but he's better than Ledee (isn't he a NASCAR driver?), Spencer and Curtis.
Edge: Braves.

CENTER FIELD

This one is close. Andruw Jones is compared to Willie Mays in some circles, which is heavy-duty praise. But he doesn't always hustle, and when he makes bonehead mistakes, he often laughs about it. Bernie Williams is simply awesome. Not the best center fielder in Yankee history — The Mick or Joe D. he ain't — but he's solid.
Edge: Yankees.

RIGHT FIELD

I like Paul O'Neill, but he complains about everything. Wouldn't surprise me if he argued with the ump after a swinging strike. Brian Jordan was hurt down the stretch, but seems to be regaining his form at the right time.
Edge: Slight, but to the Braves.

DESIGNATED HITTER

Simply because the Yankees have experienced DH's, this one is easy. It will be interesting to see how Bobby Cox handles this.
Edge: Yankees.

STARTING PITCHING

Let's see. Tom Glavine, Greg Maddux and John Smoltz have dominated the Cy Young Award in the 1990s. Now, consider this: Kevin Millwood is the best of the bunch. The Yankees have good starters, even if Pettitte and Clemens have struggled. But this one is easy.
Edge: Braves

RELIEF PITCHING

John Rocker is the best bad-guy this side of Mr. Flair himself, and the top closer in this series. But if we're talking about the full pen, Terry Mulholland has struggled in

the post-season, and the rest of the gang is a crapshoot. Mariano Rivera is terribly good, and if the Braves are to be successful, Rivera needs to stay seated.
Edge: Yankees.

BENCH

Let me take this opportunity to say while this point-counterpoint was my idea, we're playing by Blanton's rules. And from here on in, we're dealing with insignificant categories he made up because in the previous 11, even he has given Atlanta the edge in five of them. But unless the NYPD suddenly closes all the crack houses in Manhattan, this one belongs to the candystrippers.
Edge: Yankees.

MANAGER

I love Joe Torre. In fact, I wish he managed any team outside of New York, so I could pull for him. Trivia: Torre got his managerial debut in Atlanta after Ted Turner had taken TBS nationwide, and wanted a younger, good-looking manager for his broadcasts. Then he fired Bobby Cox to win baseball games.
Edge: Braves.

OWNER

Say what you will about Ted. Talk about yachting. Jane. Falling asleep at baseball games. Whatever. But keep in mind two things: he hires baseball people to run his baseball operations. And he ain't George Steinbrenner.
Edge: Braves.

FANS

Atlanta fans have taken a beating for not selling out the meaningless post-season games, but keep in mind, Major League Baseball charges a war price for those nosebleed seats, and at least the ones who are there aren't interfering with balls in play or throwing stuff at the opposition.
Edge: Who cares?

PREDICTION: Jason Blanton doesn't really care about the Yankees; all he wants is to get me riled up. He's pretty good at that, but in this case, I'll have the last laugh. It will take seven, but Dale Murphy's old team will be partying like it's 1999 when this classic of a series ends.

INSIDE THE PRO FISHING TOUR

Rookie Takes Potomac Title

Last month in this column, I predicted greatness for a 27-year-old rookie Alabama pro whom you had probably never heard of. Well, **Tim Horton** made me look like a genius by winning the \$409,450 Kmart BASSMASTER Top 150 event on the Potomac River over the weekend.

Despite having some of the sport's biggest names on his heels, Horton led wire-to-wire, collecting a four-day total of 77 1/2 pounds to win by a whopping 16-pound margin. He took home cash and a Ranger boat together worth \$100,000.

"I was hoping that within five years I could win one," he said. "This is pretty much a surprise. I'm on a roll now, but it can go the other way pretty quick in this sport."

In this, his first Top 150 season, Horton has turned in two top-10 finishes and cashed a check in all three 150 events. As a result, he finds himself in the unlikely position of leading the Angler of the Year race at the midpoint of the season.

Horton used a 1/2-ounce Excalibur Cordell Spot tied to 14-pound test Silver Thread line, which he fished along an isolated rock pile.

After his victory, Horton became emotional describing how a recent fishing trip with an 18-year-old disabled youth helped him keep the proper outlook through the final round. "Just thinking about his situation in life as compared to mine — and that this was just a fishing tournament — put everything into perspective," he said. "If it didn't work out for me today, it wasn't that big of a deal in comparison."

Women's Champ Crowned Arkansas pro **Donna Newberry** won the Women's Bass Fishing Association Classic World Championship Saturday on Louisiana's Red River. Newberry, who scored a 4-pound victory over Indiana's **Sylvia Graham** with a two-day total of 26.92 pounds, won a fully rigged Triton bass boat.

Old Enough to Drive? California pro **Ish Monroe** never expected to get carded during a bass tournament, but that is exactly what happened during the recent Kmart BASSMASTER Top 150 event on Lake Champlain.

On the second day of competition, Monroe was pulled over by Vermont law enforcement authorities, who asked to see his driver's license and then informed him that he was too young to operate a boat in the state without first passing a Vermont boating safety course (required by law for anyone under the age of 21). Despite being a contender in a major tournament, the authorities gave Monroe a hard time and cost him valuable fishing minutes before finally allowing him to continue.

Little Fish, Big Bucks Crappie may not be the most glamorous gamefish, but for two Missouri anglers the humble panfish proved to be worth big money recently. **Larry McMullin** and **Dan Hudgens** won the Cabela's Crappie USA Classic on Alabama's Neely-Henry Lake. Their two-day, 20-fish catch weighed 24.17 pounds and secured them the \$75,000 top prize (which included a pair of Ranger bass boats).

Tim Tucker's Pro Power Ratings

Star indicates a pro who is coming on strong.

This Week	Last Week	Weeks on List	Angler, Hometown
1	1	18	Denny Brauer , Camdenon, Mo. <i>Runner-up in 1999 Classic; still the man to beat</i>
2	2	18	Davy Hite , Prosperity, S.C. <i>Won '99 BASS Masters Classic</i>
3	3	18	Larry Nixon , Bee Branch, Ark. <i>Won BASS Top 150 opener; made Md. finals</i>
4	4	18	Kevin VanDam , Kalamazoo, Mich. <i>Won N.Y. BASS event; third in Md. Top 150</i>
5	5	18	Rick Clunn , Ava, Mo. <i>Runner-up in Vermont BASS Top 150</i>
6	6	18	George Cochran , Hot Springs, Ark. <i>Made Maryland Top 150 finals</i>
7	7	18	Stephen Browning , Hot Springs, Ark. <i>BASS Michigan Top 150 finals</i>
8	—	1	Tim Horton , Spruce Pine, Ala. <i>Won Md. Top 150; leads Angler of Year race</i>
9	9	14	David Walker , Cannon, Ky. <i>FLW Tour Angler of Year; 15th in Md. Top 150</i>
10	10	18	Zell Rowland , Montgomery, Texas <i>Finals of Vermont BASS Top 150</i>
11	11	14	Clark Wendlandt , Cedar Park, Texas <i>Won FLW Open; MegaBucks runner-up</i>
12	—	1	David Fritts , Lexington, N.C. <i>Two top-10 finals in season's first three events</i>
13	12	18	Mark Davis , Mount Ida, Ark. <i>Narrowly missed Maryland Top 150 finals</i>
14	14	8	Roland Martin , Clewiston, Fla. <i>Runner-up in Top 150 season-opener; 21st in Md.</i>
15	15	12	Dean Rojas , Lake Havasu City, Ariz. <i>Top Western BASS pro</i>

These ratings of America's top tournament bass pros are based on Tim's opinion of their talent, knowledge, experience and most recent tournament performances.

BASSMASTER TOP 150 RESULTS

Here are the top finishers in the BASS Maryland Top 150 tournament held Oct. 13-16 on the Potomac River in Charles County, Md., including angler, hometown, number of fish caught (and number dead), total weight, and earnings.

Rank	Angler	Hometown	Fish	Weight	Earnings
1	Timmy Horton	Spruce Pine, Ala.	20/0	77-08	\$100,000
2	David Fritts	Lexington, N.C.	20/0	61-10	\$38,000
3	Kevin VanDam	Kalamazoo, Mich.	20/0	61-06	\$28,000
4	Scott Reese	Cotati, Calif.	20/0	61-03	\$15,000
5	Jay Yelas	Tyler, Texas	20/0	59-04	\$14,000
6	Steve Daniel	Clewiston, Fla.	20/0	57-08	\$11,000
7	George Cochran	Hot Springs, Ark.	20/0	56-08	\$10,000
8	Kevin Wirth	Crestwood, Ky.	17/0	56-01	\$8,000
9	Norio Tanabe	Tokyo	20/0	54-12	\$7,000
10	Larry Nixon	Bee Branch, Ark.	20/0	52-02	\$6,500
11	Mark Davis	Mount Ida, Ark.	14/0	38-04	\$6,000
12	Mark Pack	Minneapolis, Texas	15/1	38-01	\$5,500
13	Guido Hibdon	Graoils Mills, Mo.	15/0	37-11	\$5,000
14	Todd Faircloth	Jasper, Texas	15/0	36-13	\$4,700
15	David Walker	Cannon, Ky.	15/0	36-10	\$4,500
16	Ray Sedgwick	Cross, S.C.	15/0	36-09	\$4,000
17	Gerald Swindle	Warrior, Ala.	15/0	36-07	\$4,000
18	Clark Wendlandt	Cedar Park, Texas	15/0	36-05	\$4,000
19	Brent Chapman	Lake Oviwira, Kan.	15/0	35-07	\$4,000
20	Tony Couch	Buckhead, Ga.	15/0	35-03	\$4,000
21	Roland Martin	Clewiston, Fla.	15/0	35-01	\$3,500
22	Terry Segrave	Kissimmee, Fla.	15/0	34-15	\$3,500
23	Rick Clunn	Ava, Mo.	15/0	34-10	\$3,500
24	Stephen Browning	Hot Springs, Ark.	15/0	34-08	\$3,500
25	Dalton Bobo	Northport, Ala.	15/0	34-01	\$3,500
26	Scott Canelas	N.H.	14/0	33-12	\$3,200
27	Ron Shuffield	Bismarck, Ark.	15/0	32-15	\$3,200
28	Guy H. Eaker	Cherryville, N.C.	15/0	32-14	\$3,200
29	Gerald Beck	Lexington, N.C.	15/0	32-10	\$3,200
30	Zell Rowland	Montgomery, Texas	14/0	32-10	\$3,200
31	Denny Brauer	Camdenon, Mo.	15/0	32-06	\$2,800
32	Dion Hibdon	Stover, Mo.	15/0	32-04	\$2,800
33	Rick Morris	Virginia Beach, Va.	13/0	31-15	\$2,800
34	Takahiro Omori	Emory, Texas	15/0	31-13	\$2,800
35	Marty Fourkiller	Cleveland, Okla.	13/1	31-11	\$2,800
36	Ken McIntosh	Leesburg, Ind.	15/0	31-08	\$2,800
37	Carl Maxfield	Summerville, S.C.	14/0	31-07	\$2,800
38	Homer Humphreys, Jr.	Minden, La.	15/0	31-07	\$2,800
39	Peter E. Thivieros	Jacksonville, Fla.	13/0	31-06	\$2,800
40	Art Ferguson III	Rochester, Mich.	15/0	31-04	\$2,800

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4	Scott Reese	Cotati, Calif.	20/0	61-03	\$15,000
5	Jay Yelas	Tyler, Texas	20/0	59-04	\$14,000
6	Steve Daniel	Clewiston, Fla.	20/0	57-08	\$11,000
7	George Cochran	Hot Springs, Ark.	20/0	56-08	\$10,000
8	Kevin Wirth	Crestwood, Ky.	17/0	56-01	\$8,000
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24	Stephen Browning	Hot Springs, Ark.	15/0	34-08	\$3,500
25	Dalton Bobo	Northport, Ala.	15/0	34-01	\$3,500
26	Scott Canelas	N.H.	14/0	33-12	\$3,200
27	Ron Shuffield	Bismarck, Ark.	15/0	32-15	\$3,200
28	Guy H. Eaker	Cherryville, N.C.	15/0	32-14	\$3,200
29	Gerald Beck	Lexington, N.C.	15/0	32-10	\$3,200
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37	Carl Maxfield	Summerville, S.C.	14/0	31-07	\$2,800
38	Homer Humphreys, Jr.	Minden, La.	15/0	31-07	\$2,800
39	Peter E. Thivieros	Jacksonville, Fla.	13/0	31-06	\$2,800
40	Art Ferguson III	Rochester, Mich.	15/0	31-04	\$2,800

Rank	Angler	Hometown	Fish	Weight	Earnings
1	Timmy Horton	Spruce Pine, Ala.	20/0	77-08	\$100,000
2	David Fritts	Lexington, N.C.	20/0	61-10	\$38,000
3	Kevin VanDam	Kalamazoo, Mich.	20/0	61-06	\$28,000
4	Scott Reese	Cotati, Calif.	20/0	61-03	\$15,000
5	Jay Yelas	Tyler, Texas	20/0	59-04	\$14,000
6	Steve Daniel	Clewiston, Fla.	20/0	57-08	\$11,000
7	George Cochran	Hot Springs, Ark.	20/0	56-08	\$10,000
8	Kevin Wirth	Crestwood, Ky.	17/0	56-01	\$8,000
9	Norio Tanabe	Tokyo	20/0	54-12	\$7,000
10	Larry Nixon	Bee Branch, Ark.	20/0	52-02	\$6,500
11	Mark Davis	Mount Ida, Ark.	14/0	38-04	\$6,000
12	Mark Pack	Minneapolis, Texas	15/1	38-01	\$5,500
13	Guido Hibdon	Graoils Mills, Mo.	15/0	37-11	\$5,000
14	Todd Faircloth	Jasper, Texas	15/0	36-13	\$4,700
15	David Walker	Cannon, Ky.	15/0	36-10	\$4,500
16	Ray Sedgwick	Cross, S.C.	15/0	36-09	\$4,000
17	Gerald Swindle	Warrior, Ala.	15/0	36-07	\$4,000
18	Clark Wendlandt	Cedar Park, Texas	15/0	36-05	\$4,000
19	Brent Chapman	Lake Oviwira, Kan.	15/0	35-07	\$4,000
20	Tony Couch	Buckhead, Ga.	15/0	35-03	\$4,000
21	Roland Martin	Clewiston, Fla.	15/0	35-01	\$3,500
22	Terry Segrave	Kissimmee, Fla.	15/0	34-15	\$3,500
23	Rick Clunn	Ava, Mo.	15/0	34-10	\$3,500
24	Stephen Browning	Hot Springs, Ark.	15/0	34-08	\$3,500
25	Dalton Bobo	Northport, Ala.	15/0	34-01	\$3,500
26	Scott Canelas	N.H.	14/0	33-12	\$3,200
27	Ron Shuffield	Bismarck, Ark.	15/0	32-15	\$3,200
28	Guy H. Eaker	Cherryville, N.C.	15/0	32-14	\$3,200
29	Gerald Beck	Lexington, N.C.	15/0	32-10	\$3,200
30	Zell Rowland	Montgomery, Texas	14/0	32-10	\$3,200
31	Denny Brauer	Camdenon, Mo.	15/0	32-06	\$2,800
32	Dion Hibdon	Stover, Mo.	15/0	32-04	\$2,800
33	Rick Morris	Virginia Beach, Va.	13/0	31-15	\$2,800
34	Takahiro Omori	Emory, Texas	15/0	31-13	\$2,800
35	Marty Fourkiller	Cleveland, Okla.	13/1	31-11	\$2,800
36	Ken McIntosh	Leesburg, Ind.	15/0	31-08	\$2,800
37	Carl Maxfield	Summerville, S.C.	14/0	31-07	\$2,800
38	Homer Humphreys, Jr.	Minden, La.	15/0	31-07	\$2,800
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20	Tony Couch	Buckhead, Ga.	15/0	35-03	\$4,000
21	Roland Martin	Clewiston, Fla.	15/0	35-01	\$3,500

THE SQUARED CIRCLE

A weekly look at the world of pro wrestling

TOP 10

1. Triple H, WWF
2. Steve Austin, WWF
3. Sting, WCW
4. Mike Awesome, ECW
5. Goldberg, WCW
6. Chyna, WWF
7. Sid Vicious, ECW
8. Chris Benoit, WCW
9. Kane, WWF
10. The Rock, WWF



■ DOUGLAS



■ KANE

Look for: Fresh storylines involving Torrie Wilson and Shane Douglas.

PAY-PER-VIEW

- WCW, Halloween Havoc, Las Vegas, Oct. 24
- ECW, November to Remember, Buffalo, N.Y., Nov. 7
- WWF, Survivor Series, Detroit, Nov. 14
- WCW, World War III, Toronto, Nov. 21

MAILBAG

Tell us what you think about professional wrestling, its stars, trends and story lines.

Give us your feedback on wrestlers or issues you'd like to see on this page.

Also, if you have a question or comment about a subject, write to us at The Squared Circle, c/o Sports, News Journal, 70 W. Fourth St., Mansfield, Ohio 44903. You can fax it to us at 419-521-7415 or e-mail to aconchel@cosmg.com. Please include your hometown.

Dear Squared Circle,

I would like to know what Steve Austin and Goldberg do for fun when they're not in the ring.

—Cody Casto
Marion, Ohio

A. Austin is an avid outdoorsman and antique collector. Goldberg is involved in animal rights.

Dear Squared Circle,

I do not think that Hogan needs to step down. If he does I encourage him to go to the WWF. I don't watch WCW, but I do admit that he is kind of old. But he did make the wrestling world what it is today.

What are Road Dogg's and Billy Gunn's real names?

—Joseph Lowe
South Point, Ohio

A. Road Dogg is Brian Gerard James and Billy Gunn is Monty Sopp.

Here are my top 10 wrestlers:

1. Chris Jericho
2. Christian
3. Jeff Hardy
4. Shane McMahon
5. Vampiro
6. Test
7. Goldberg
8. Sting
9. Jerry Lynn
10. Raven

—Brandon Tullis
Saskatoon, Saskatchewan

A. Shane McMahon and Vampiro ahead of Goldberg? Give me a break, Brandon.

Dear Squared Circle,
Sting, wake up. WCW didn't stick behind him and in my book Sting is the best.

—Paul Wollman
Cherokee, Iowa

FEUD OF THE WEEK



Mike Awesome vs. Masato Tanaka, ECW

CATCH PHRASES

"Pimpin' ain't easy."
—The Godfather

REAL NAMES

Doink the Clown
Maniac Matt Borne

Matt Osborne
5-10, 235

Born: July 27
Hometown:
Bethel Park, Pa.

Pro debut: 1982

MAT MEMORIES

A look back at memorable moments in pro wrestling history:

■ Sept. 2, 1996: The Giant (Paul Wight) shocks WCW by joining the NWO just 23 days after losing the world title to Hulk Hogan.

■ Feb. 19, 1968: Bruno Sammartino defeats Bull Ramos at the "new" Madison Square Garden.

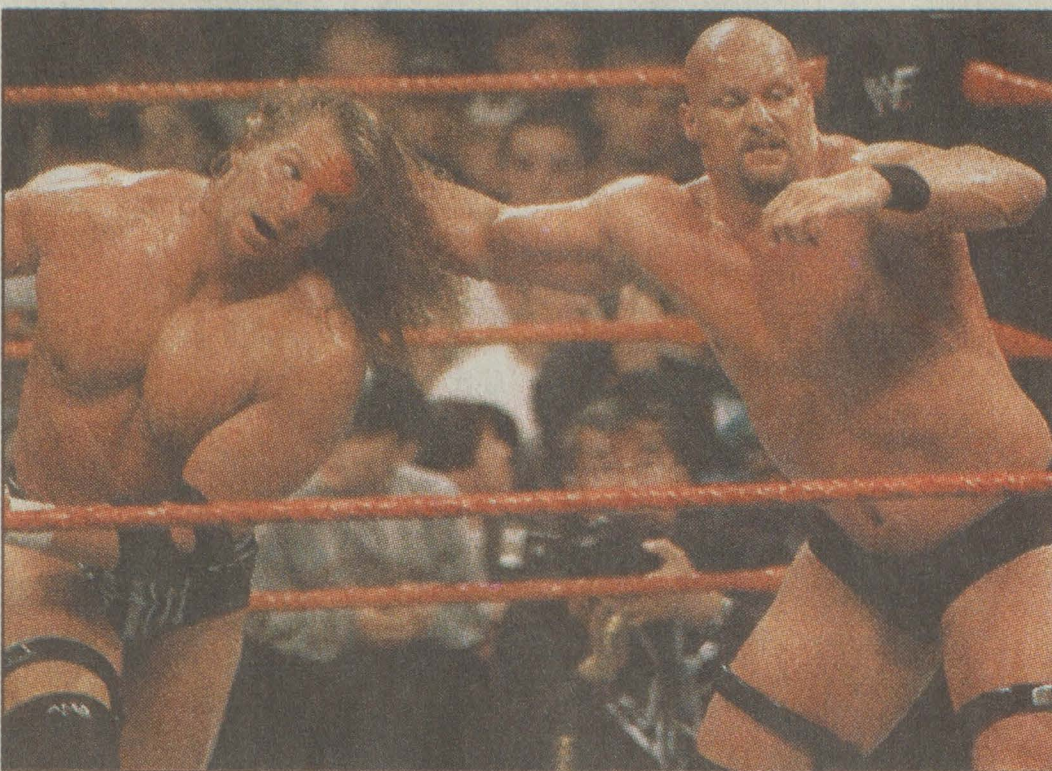
WHO'S HOT/WHO'S NOT



ON THE RISE
Rob Van Dam: With Taz about to depart for the WWF, he will carry the torch for ECW into the new millennium. A very gifted performer with a strong personality.

TAKING A FALL
The Big Show: After a big entrance into the WWF, his career has stalled at the mid-card level. He needs a good feud with a top star soon.

IN THE SPOTLIGHT



■ Stone Cold Steve Austin throws a bloody Triple H into the corner at No Mercy. (Jason J. Molyet/The Squared Circle)

DESPITE LOSS, FANS LOVE AUSTIN

By Anthony Conchel
Squared Circle Editor

CLEVELAND — So you think all of Stone Cold Steve Austin's fans are blue jean-wearing, beer-drinking guys of the blue-collar variety or teen-age boys looking to open up a big old can of whoop ass on somebody?

It might surprise you that two of Stone Cold's biggest fans are white-collar types — one a schoolteacher and the other an office worker. Oh, by the way, neither of them is a guy.

Kendra Stafford, 23, and friend Julie Vaughn, 27, came to the Gund Arena Sunday night decked out in Austin apparel and ready to cheer on their hero at No Mercy.

"We're big Stone Cold fans. That's why we're here," said Stafford, wearing a black sweatshirt bearing Austin's image.

Both admitted they are huge WWF fans who view the whole extravaganza as a theatrical spectacle.

"It's a male soap opera and it's so fun to watch," Vaughn said, in between drinks of what any true Austin fan would be having — a cold Budweiser.

Stafford calls the antics surrounding the WWF "pretty silly. But it's a great way to relax after a tough day at work Monday."

Relaxing at a WWF pay-per-view with 18,000 screaming Austin-aholics in the house?

"Oh yeah, this blows Indians games away. When you hear that glass breaking and everybody jumps up, it's deafening. You can't help but get caught up in it and cheer too," Vaughn said.

Stafford bought tickets the day they went on sale and when her fiance couldn't go with her, she asked her friend to come to her first live wrestling show.

"It was great. I love some of the moves they

NO MERCY RESULTS

- Godfather def. Mideon
- Fabulous Moolah def. Ivory for the WWF women's title
- The Hollys def. New Age Outlaws by DQ.
- Chyna def. Jeff Jarrett to become the first woman Intercontinental champion
- The Rock def. British Bulldog
- The Hardy Boys def. Edge & Christian in the Terri Runnels Invitational ladder match
- Val Venis def. Mankind
- X-Pac won 4-way match with Faarooq, Kane and Bradshaw also involved
- HHH def. Steve Austin with the pedigree to retain the WWF championship

do. The storylines are what bring you back the next night," she said.

And it's been the ongoing Austin & Vince McMahon, Austin & Triple H and Austin & The Rock feuds that have fueled the fire.

Sunday night, however, wasn't Austin's night.

After busting open Triple H and brawling throughout the building, it was Austin who was pinned after The Rock's attempt to get to Triple H with a sledgehammer backfired.

Vaughn and Stafford approve of Austin as champ and of the previous beatings he's given WWF owner Vince McMahon.

"He's such a good American guy. But everybody would like to beat up their boss at some point," Stafford said.

Why is Austin such a fan favorite? It's simple, really.

"People relate to him because he drives monster trucks and hunts. It's like you know him better than some of the other guys. He seems more real.

"Besides, just about everybody swears and drinks beer," Stafford said.

AFTER THE BELL

■ Shane Douglas had surgery Oct. 13 on his bicep to repair a tear that he suffered a month earlier during a tag match with Dean Malenko at the Fall Brawl pay-per-view. The injury has kept him out of the ring since, but he has continued to travel with the company to be on camera at television broadcasts and tapings. He also had exploratory surgery on his shoulder to see if a rotator cuff injury was evident after X-rays were inconclusive. Fans of Extreme Championship Wrestling will remember that Douglas was forced to stay out of the ring from May till November 1998. Douglas has been banged up for the better part of the last three years as the style of ECW took its toll on him.

■ Darren Drozdo, who was paralyzed in a match with D-Lo Brown a couple of weeks ago, has regained some feeling in his legs. Prior to the SmackDown tapings, a group photo of WWF employees was taken in the ring to be used as a get well card. He told a reporter last week that things like this happen, "and you've got to make the best of it." He has begun his rehab at a Philadelphia hospital.

■ Mankind's biography is on the top 10 requested book list for Amazon.com and is available in stores.

■ Ric Flair is a huge hockey fan, and attended the opener for the Chicago Blackhawks.

■ Kimono has signed with the World Wrestling Federation. She should appear on WWF TV very soon. She previously worked in ECW.

■ Taz will make his WWF debut in January. Sometime in November he will be doing a photo shoot.

■ The Maestro, who debuted in the ring on "Thunder" two weeks ago, is liked by Vince Russo, and the new WCW creative director wants him to have an enormous entrance complete with expensive lights and lavish outfits.

■ During Juventud Guerrera's match on the Oct. 4 "Nitro" program, he performed the People's Elbow on Rey Mysterio Jr. and then looked into the camera and said, "I know my role." This led to The Rock taking a verbal shot at Guerrera on "Raw" and calling him a "little jabroni."

■ Sherri Martel visited backstage prior to "Nitro." Martel was in the area after competing in the Heroes of Wrestling PPV the previous night.

■ Bertlyn's bodyguard used the moniker Hell Raiser in Northeast indy promotions prior to coming to WCW.

■ Hector Garza has been cleared to wrestle after suffering knee and groin injuries this year.

■ Look for Paul Bearer (William Moody) to return to WWF television before the end of the year. He has dropped about 35 pounds during his absence.

■ ECW television champ Rob Van Dam has a new Web site. It is www.robvandam.com and contains comments from the longest reigning champ in pro wrestling. Van Dam appeared on the NBC comedy "City Guys" this weekend.

COMING TO YOUR TOWN

A look at upcoming wrestling shows across the country:

WWF...

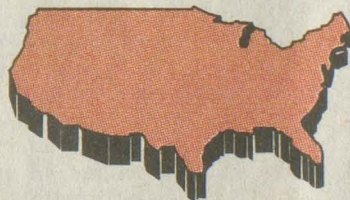
- Oct. 23, Chicago
- Oct. 24, St. Louis
- Oct. 25, "Raw Is War," Providence, R.I.
- Oct. 26, "Smackdown," Springfield, Mass.

WCW...

- Oct. 25, "Nitro," Phoenix
- Oct. 26, Saturday Night taping, San Bernardino, Calif.

ECW...

- Oct. 28, Cleveland
- Oct. 29, Syracuse, N.Y.
- Oct. 30, Dayton, Ohio



WRESTLING ON THE WEB

- www.wrestlezone.com
- www.wrestleScoop.com
- www.WWF.com
- www.WCW.com
- www.ECW.com
- www.24-7wrestling.com
- www.moonsault.com



If you know of a hot wrestling Web site, share it with Squared Circle readers. Send it to aconchel@cosmg.com

CABLEVISION COMMUNICATIONS
(606) 886-2291

If you missed out on tonight's Halloween Havoc, be sure to catch the next pay-per-view wrestling event at your local CableVision

FLOYD COUNTY
Lifestyles



Serving Floyd County since 1927

Taylor Family reunion



The descendants of Mack and Susan Taylor gathered in August at Grand Lake in St. Mary's, Ohio, for their annual reunion. Bob, Maxine, Goble and Ed grew up in Martin.

The descendants of the late Mack and Susan Taylor gather each summer for a family get-together. This year they met on August 14 at Grand Lake in St. Mary's, Ohio.

The family, originally from Martin, is scattered now, but they keep in touch through their own website and annual gatherings. Each year, they bring items for a "white elephant" sale and auction them off to help pay for the next year's reunion.

Times Sports Editor Ed Taylor, part of the clan, as always, had his camera ready. Here are some of his pictures.

Bob and Irene Taylor of Georgetown, Ohio. He is a former superintendent of schools for an Ohio district.



Goble Taylor and wife Ilene of Godfrey, Illinois, front, with his family, from left, daughters Peggy and Nancy, granddaughter Heather, and daughter Susan.



Maxine Taylor Lee of St. Mary's, Ohio, left, and her two daughters, Missy, center, and Susan.

Transformation into mom frightens dad

by Keith Shannon

Lately, I've noticed I'm beginning to change.

And it's got me kind of worried. This dawned on me the other night while I was taking a break from my hoesdad duties to watch a science fiction movie called "The Fly."

In the movie with the advertising slogan, you may remember, "Be afraid, be very afraid", a scientist invents a teleportation device consisting of two booths placed across the room from one another.

After years of research, he achieves his goal of electronically transporting a monkey from one booth to the other. (Apparently in this movie, people were

really bothered by the task of actually having to carry their monkeys across the room.)

Anyway, he eventually tries it on himself but doesn't notice that a fly has crawled into the booth with him. When he zaps himself and the rather surprised fly to the booth across the room, they have somehow melded into one another. This results in his slow metamorphosis into a giant fly, a condition which manifests itself by the dropping off of various body parts at embarrassing moments and an inexplicable urge to bother people at picnics.

As I watched that movie, it struck me that this is happening to me. But it's not that I'm becoming a fly. Instead, I'm

Stark Raving Dad



becoming a mom.

Not, as they say on TV, that there's anything wrong with that. Moms are wonderful, great, super-human beings. It's just that my household already has a perfectly good mom, and I'm not sure it's really, well, natural for me to be taking on these changes.

And besides that, I'm not becoming a real mom. Instead, I'm becoming some sort of weird hybrid mom right out of the

'50s. It's almost like I climbed into one of those booths in the movie and June Cleaver was hiding in there with me. I have now emerged from the other booth as a balding 42-year-old man wearing a pearl necklace and spike heels, ready to vacuum and mop at a moment's notice.

Take my vocabulary, for instance.

(See Dad, page two)

This Town That World

Editor's Note: For years, Floyd County Times founder and former publisher Norman Allen wrote a weekly column that looked at Floyd County through his eyes. His columns are being reprinted due to request. The following column was written in 1959.

If you think the melancholy days aren't come, just watch anybody raking leaves.

LOOKS COULD BE DECEIVING

And if you see some fisherman prancing into town with a feather in his cap, it doesn't necessarily mean he has caught the Big One at last. It may be that some archer deer-hunting at Dewey Lake hasn't been as accurate as he should have been.

DON'T FORGET EITHER

There is the rather sad story of the bow-and-arrow deer-hunter who stalked into the wife's presence, armed with the accoutrements of his sport, and sought to get hence in the frivolous vein. Quoth he: "Ugh! Squaw stay home, chop wood, fire stove, watch papoose. Brave, he go kill deer to fill yon yawning pot."

The resultant noise was like a herd of deer crashing through a junkyard as the pots and pans filled the air when they did not collide with Hiawatha's head.

And the moral of this story is: A married man must have two licenses for this kind of hunting—license to hunt deer; and a license to keep "dear" from hunting him.

THE SUNDAY SICKNESS

This started with the bulletin of St. Andrew's Church, Seguin, Texas, and it was picked up by the Houston Post, only this week to turn up in Allen Trout's "Greetings."

Morticus Sabaticus—Sunday illness peculiar to church people. Symptoms vary but never interfere with normal appetite. Attacks come on suddenly every Sunday morning. Patient sleeps well Saturday night but after sleeping late and eating a hearty breakfast complains and feels the attack coming on. Difficulty passes about noontime.

See by the papers that a 45-year-old gal is marrying up with Charles Coeburn, who, far into his eighties, either wasn't able to, or didn't care to, climb a stairway

(See Town, page two)

To Your Good Health

Good Housekeeping

MAKEUP MADE EASY: Love fall's new berries, pinks, and browns, but fear what they'll look like on you? Here, a quick guide to finding the best shades for your coloring.

ROSY: You're fair; have blue, green, or hazel eyes; and tend to blush easily. Your beauty equation? Pale pinks with blue and red undertones. Redheads: Opt for golden pinks and corals.

DARK: "Women with deeper skin colors can wear vibrant shades that look harsh on fair complexions," says New York City makeup artist Robin D. Gaines. A good beauty choice for most African-American women? Rich, spicy hues.

OLIVE: Plummy wine shades for lips and cheeks and a foundation with green undertones complement the olive complexion of many Asian and Hispanic women, suggests Cover Girl Makeup pro B.J. Gillian.

WARM: Most women with light-tan or creamy-beige complexions do well with brick-red, tawny, and terra-cotta shades, says Fatima Rizzo, founder of Sepia Cosmetics.

FABULOUS HAIR IN UNDER EIGHT MINUTES: FROM START TO FINISH!

Angelic Curls: The modern version of

(See Health, page two)

HealthNews

Breathe easier this cold and flu season

(NUE) — You've tried the antihistamines, the decongestants and the zinc formulas, and you still feel lousy? Why not try more natural cold remedies?

More and more, doctors are shying away from the traditional cold medications and advising their patients to get plenty of rest and fluids, and a little chicken soup can't hurt either.

The common cold is caused by a variety of viruses and typically lasts up to two weeks.

A cold usually attacks abruptly. First, it starts with the tickling, itchy throat, followed quickly by sneezing, coughing, runny noses and, sometimes, a fever.

Preventative measures are your first step toward avoiding cold symptoms altogether. Washing your hands is one simple method of fighting off colds, especially during cold and flu season.

Since a cold is caused by a virus that is passed along from person to person, you can pick up a cold from shaking hands or touching doorknobs. Hand sanitizers are an excellent way to stop the spread of cold viruses.

Vitamin C also has long been praised for its believed effectiveness in staving off colds. Vitamin C is essential to immune systems and natural balance. Drinking and eating a lot of Vitamin C-enriched juices, fruits and vegetables may be your

first step in preventing a cold.

But despite your best efforts, you are still susceptible to colds. If you do get one, there are still plenty of home therapies you can try. Rest and fluids are always your tried and true methods, but there are other effective home remedies available.

One method to try is aromatherapy, which is more often associated with stress relief. Aromatic steam therapy, in particular, however, can help alleviate the congestive symptoms associated with colds, according to Hideaway Spa, the makers of the AromaMist Home Spa. Aromatic steam allows the natural and healing essences that permeate the steam to absorb into your body internally and externally.

For its cold and flu formula, Hideaway combines the healing essential oils of pine, eucalyptus, balsam fir, cardamom, bergamot and prai. The blended fragrances provide soothing and calming properties, along with astringent and antiseptic properties that can help relieve sinus and bronchial congestion.

Using a 1,000-year-old method, the pediatrician-approved AromaMist Home Spa recreates the steam therapy found in spas into an at-home model that is compact, portable and easy to clean.

To learn more about the AromaMist Home Spa or Hideaway's other products, call 1-800-826-4560 or visit www.hideawayusa.com.



Sandra Robertson, guest speaker, recited a poem at the close of Tuesday's Breast Cancer Awareness Tea Party. (photo by Michelle Fowler)

ARH recognizes 'Breast Cancer Awareness Month'

by Michelle Fowler
Contributing Writer

McDowell Appalachian Regional Hospital hosted a very encouraging tea party on Tuesday in honor of October's Breast Cancer Awareness Month.

Leigh Ann Maynard, community relations coordinator, organized the tea party in an effort to educate women on the importance of regular monthly self-examinations and routine mammograms.

The event began on a musical note with vocalist JoJo Pack, member of the Kentucky Opry, singing her support for Breast Cancer Awareness. This was followed by speaker Tabitha Martin, who is a registered mammography technologist and has been with ARH since 1994.

Martin stressed the importance of early intervention, "A lot of people think that mammograms hurt, but a few minutes of pain can save your life." She went on to note that one in eight women will have breast cancer. Martin also provided a film and offered pamphlets on how to correctly conduct a breast self-examination. She also educated the women to cut down on caffeine, which can lead to non-cancerous cysts, and smoking, which increases chances of cancer.

Keynote Speaker Sandra Robertson is a survivor of breast cancer and her comments regarding her struggles and triumphs deeply impacted the other women present at the tea party.

After a routine mammogram in August 1993, Robertson was diagnosed with breast cancer and subsequently underwent a mastectomy in September 1993 at the University of Kentucky's Markey Cancer Center.

"It was a shock. It was a great shock. I had been doing fine ... I had my life, I had a child in middle school and a child in high school ... a husband, a job, the church ... a lot. You don't have time to have cancer ... but, it happens," Sandra Robertson lamented.

Yet when she was faced with the fact that the disease had spread, it made Robertson's bout with breast cancer turn even more frightening. The cancer had spread to one lymph node.

"One of the things that was rather frustrating and difficult was having to make the decision ... The doctor presented me with three treatment options, including drugs, and I had to choose," Robertson stated, adding that it is very important for a patient to study treatment plans and talk with health care professionals. After researching the different

treatments available to her, she made the decision to undergo chemotherapy.

Robertson made a very heartfelt plea to women to have mammograms performed on a regular basis: "One nurse in talking to me said that having cancer is not the worst thing in the world. It is worse to have cancer and not know it."

Robertson encourages those friends, co-workers, and family members close to a victim of cancer not to turn the other way, but to encircle the loved one with a web of support and prayer.

This was the first Breast Cancer Awareness tea party sponsored by ARH, but certainly not the last, according to Leigh Ann Maynard, who hopes that by sharing Robertson's inspiring story with other women they will learn that cancer is not synonymous with death and that early detection can and does save lives.

For more information on breast cancer, call the National Alliance of Breast Cancer Organizations at (212) 719-0154 or the American Cancer Society at (800) ACS-2345. There is also a Mobile Mammography unit available in most Eastern Kentucky counties on a routine basis and more information on this can be found through local health departments.

Town

(Continued from page one)

to get their marriage license. This could be another one of those ladies who welcomes grave danger.

FISHING REPORT

Just when I was all set to give forth with another solemn pronouncement to the effect that there's something seriously wrong over at Dewey Lake, and that "they" may have killed all the big bass, in comes Bobby Ranter with a picture of three lunkers he and State Trooper Paul Fraim landed there Tuesday. They,

the fish, weighed in at 6 pounds, 5 pounds, 12 ounces and 3 pounds, 12 ounces. We suggest the rest of us poor blokes trot out the old Bomber. And troll, brother, troll.

MORE OF SAME

But Don Fitch, of Prestonsburg, holds the record for the year. On a recent Saturday night, in the vicinity of Louisa, he caught 140 pounds of catfish. The largest weighed 43 pounds.

Ask the CIS

The Cancer Information Service, 1-800-4-CANCER

Cancer survivorship

Q: My mother was diagnosed with cancer recently. Overall, what are the odds for surviving this terrible disease?

A: Cancer was once considered incurable, but that is no longer the case. Since the 1971 National Cancer Act, many millions of dollars have been spent on research into finding cancer early and cancer treatments.

That investment is paying off. Today more people survive cancer than ever. In fact, 8.4 million Americans — nearly one in 30 — have had cancer.

More encouraging statistics follow:

- In the early 1990s, almost 60

percent of people with cancer were alive five years after their diagnosis, compared with 51 percent in the early 1980s.

- In the early 1990s, 74 percent of children with cancer were alive five years after diagnosis, compared with 65 percent in the early 1980s.

- Two million women have survived breast cancer.

- One million men have survived prostate cancer.

However, surviving cancer can create physical, emotional and financial problems that last for years. Long-term physical problems may include side effects of treatment, persistent fatigue or pain, and sexual problems.

Emotional effects of cancer can include strained relationships, depression, and fear of the cancer coming back. Medical bills and lost wages can leave cancer survivors deeply in debt.

Unfortunately, many of these problems are poorly understood. For that reason, the National Cancer Institute's Office of Cancer Survivorship (OCS) awards millions of dollars each year to researchers studying survivorship issues. OCS also supports programs to educate patients, physicians and the public about the problems faced by cancer survivors.

For a free copy of Facing Forward, a 43-page guide for cancer survivors, call NCI's Cancer Information Service at 1-800-4-CANCER.

Ask the CIS is distributed by the Region 9 Cancer Information Service (CIS), which serves Kentucky, Arkansas, and Tennessee. The CIS is a program of the National Cancer Institute.

Call the CIS toll-free at 1-800-4-CANCER between 9 a.m. and 4:30 p.m. local time.

Dr. Toy

Dr. Toy By Stevanne Auerbach, Ph.D.

Traveling with children at any time requires some advance planning. Remember to take along activities, tapes, books and some of these products that provide fun on the go.

JAKKS Pacific, Talking Car Phone, (6-12 mos.), \$9.99, 310-274-3587. This combination car and phone allows the child to press the phone button and get realistic phone sounds, press another and get real car sounds and a third talking button has eight popular phone messages • Jamin, Jam Packed Vacation Backpack, (3-11 yrs.), \$59.95, 888-779-0091. This unique backpack opens up,

creating a project hub. A dry eraser activity board also serves as a hard writing surface. In one pocket there are color and activity books and an adventure book • Kids II, Baby 500 Car Seat Toy, (6-24 mos.), \$23.99, 770-551-0442. This activity center features bright colors and bold graphics with friendly faces, geometric patterns, a baby-safe mirror, vinyl pockets to hold photos or flashcards and it is reversible • Kids II, Car Activity Center, (6-24 mos.), \$7.99, 770-551-0442. This soft fabric toy has six fun activities including keys, musical radio, steering wheel, horn, gearshift lever and baby-shaped mirrors. Bright colors, full graphics and fun sounds help your baby develop visual and auditory senses.

Hearing Aids



Drs. Gregory Hazelett and Douglas Lamppin want to congratulate their Staff Audiologist, Amy Glessing. She has successfully completed her training in fitting and selling hearing aids, and is now a Board Certified Hearing Instrument Specialist. Ms. Glessing has a B.S. Degree in Teacher of the Speech and Hearing Impaired, and an M.S. degree in Audiology from State University of New York College at Fredonia. Under the guidance of the two physicians, she is able to offer useful suggestions on how to handle difficult communication situations so that the effects of hearing impairment are reduced. She is highly trained to service or sell all types and sizes of hearing instruments, including digital and computer programmable aids.

So don't be embarrassed by missing out on conversations, or not being able to hear telephone conversations. Call our office today for an appointment for a hearing aid evaluation. Remember that hearing loss doesn't just happen to the elderly. Call today for an appointment at 432-4494 or 886-7224.

Health

(Continued from page one)

the romantic updo takes just under eight minutes. Spritz damp hair with spray gel, then flip your head over and dry curls with a diffuser. Take a one-inch section of hair from above your ear and twist it, pulling it up to a couple of inches below your crown. Fasten with a glittery bobby pin. Pull down a

few tendrils. Repeat on the opposite side.

Pretty ponytail: A fancy hair ornament makes a ponytail look glamorous in only four minutes. Pull dry hair back into a low ponytail, fastening at the nape of your neck. (Camouflage elastic with a beaded hair accessory.) Secure

ponytail near the ends with a decorative band. Pull ends under, then secure them just below the elastic with bobby pins.

For more Good Housekeeping beauty advice, visit the website: www.goodhousekeeping.com.

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Dad

(Continued from page one)

Time was, I would use the word "darling" just like every other married man in the world, as in, "Yes, darling, I'm aware that everything bad that's ever happened, up to and including El Nino, is my fault."

But after being a house dad for a year, I have begun to use the word differently. One morning recently I caught myself telling a mom that the bow in her daughter's hair was just darling. We then launched into a conversation in which I made extensive use of the word "sweetie" (as in "Kathleen is being a really sweetie today." And, all right, I have a vague recollection of using the phrase "cute as a button."

It gets even worse: Since I've been houseadding, other moms have stopped noticing me. Or, to be more precise, they have stopped noticing that I am a guy.

Case in point: A few weeks ago I was walking in the park with my one-year-old when I came across a group of my mom friends seated on a blanket, watching their kids play.

"Hey, ladies," I shouted, "What are we up to?"

"We're just sitting here talking about menopause," my friend Angie chirped.

Then she patted the ground

beside her. "Pull up some blanket and join us."

So I joined them and listened as they began to spin some of the most horrific tales I have ever heard. They talked in graphic detail about body parts, hot flashes and hormone supplements, never once pausing to consider that there was a male in their midst.

Before it was over, I was joining in, clucking my tongue sympathetically and saying, "You poor, poor dear" to my compadres. I even ventured some theories on male menopause (which, note to my wife, is treatable by the purchase of a small, fast, preferably red automobile).

It's all getting to be a bit much. It's even starting to interfere with my relationship with some of my male buddies.

I can see it now: I'm at a baseball game with three or four other guys, and I notice they are strangely silent when, after a player has a particularly nasty slide into home plate, I mention that I sure as heck wouldn't want to be washing his uniform.

Then when someone asks if I want some peanuts, I giggle and say, "With these hips and swimming season here? You've got to be joking."

The last straw comes when I stand up about halfway through the fifth inning and announce, "Well, I'm running off to the little boys room. Who wants to go potty?"

They give me an icy stare and turn to watch the game. I shrug and make my way to the restroom, after which I stop by the concession stand for a fruit punch and some conversation with a woman about her adorable French braids. (Did you know it's actually easier to braid them if your hair hasn't been washed for a day?)

When I return to my seat, my pals are nowhere to be found.

They have left me a note, scrawled on the back of a peanut bag.

"Be afraid," the note reads. "Be very afraid."

Keith Shannon, a Charlotte, North Carolina, attorney, is a native of Prestonsburg and a 1975 graduate of Prestonsburg Community College. He writes about his adventures as a stay-at-home dad in Stark Raving Day, which appears occasionally in the Floyd County Times. He can be contacted by writing the Times or by e-mail at Kshannon@infoave.net.

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FOR THE RECORD

Marriage Licenses

Staci Nicole Prater, 18, Prestonsburg and Kaleb Michael Todd Yates, 19, David.

Kelli J. Alexander, 27, Prestonsburg and James D. Campbell, 27, Prestonsburg.

Sheila Lynn Hunter, 27, Weston, WV and Larry Wayne Cool, 28, Weston, WV.

Karen Lynn Schmidt, 48, Prestonsburg and Steve Warrix, 53, Prestonsburg.

Angela Deskins, 31, East Point and James G. Campbell, 28, East Point.

Shawna Leslie, 18, Prestonsburg and Michael S. Powers, 20, Auxier.

Crystal Dawn Stumbo, 22, Prestonsburg and Leo David Hopson II, 28, Prestonsburg.

Mylynn Cartera Cuevas, 25, McDowell and Tomas Que Lim Jr, 35, Pikeville.

Victoria Meade, 36, Printer and Earl Hall, 37, Printer.

Joy Dawn Wells, 17, Auxier and Paul Everett Wheeler, 27, Auxier.

Police Dispatch Logs

October 14

0:01 loud music on KY 321
0:04 persons drove off without paying at Tiger Mart

3:28 alarm activated at Prestonsburg Cycle Center

4:18 alarm activated at Prestonsburg Cycle Center

7:34 reckless driver on US 23

8:13 motorist locked keys in vehicle at 1st Commonwealth Bank

12:45 car broke down at Archer Park

2:34 motorist locked keys in vehicle at Heilig Meyers

2:39 motorist locked keys in vehicle at Thunder Ridge

6:18 motorist locked keys in vehicle at Food City

6:20 shoplifter at Jenny Wiley Village

October 15

8:14 domestic on US 23 south
10:31 car broke down on 114/1428

10:41 motorist locked keys in vehicle at PCC

12:46 motorist locked keys in vehicle at Giovanni's

2:37 motorist locked keys in vehicle at Regency Hair Design

3:36 reckless driver on Arnold Ave

4:52 accident without injuries past Hobert's Pizzeria

October 16

Branch
7:08 motorist locked keys in vehicle on N Central
9:57 suspicious persons at Happy Mart
10:13 car broke down on 114

October 16

10:26 911 hang-up call on S Mays Ave

11:00 motorist locked keys in vehicle at Cliffside Apts

12:38 car broke down at Billy Ray's Restaurant

1:28 911 hang-up call at Cliffside

2:25 car broke down at Jenny Wiley Village

3:31 motorist locked keys in vehicle at BP Mart

3:37 911 hang-up call at Food City

5:15 motorist locked keys in vehicle at Jenny Wiley State Park

9:32 vandalism on Mays Ave

9:55 suspicious person at Super 8 Motel

October 17

1:25 suspicious person at Super America

8:12 suspicious person on N Central

5:10 car broke down on Ball Alley Curve

7:02 DUI on Roberts Dr

7:20 domestic dispute at Jenny Wiley Village

9:03 motorist locked keys in vehicle at Food City

10:15 alarm activated at IGA

October 18

2:14 alarm activated on S Lake Dr

7:46 alarm activated at Rose's Citgo

8:10 burglary at Dixie Apts

8:45 motorist locked keys in vehicle at Wal-Mart

10:08 suspicious vehicle at IGA

1:18 debris in road on US 23 before overpass

1:30 car broke down on US 23

4:33 motorist locked keys in vehicle at new post office

6:17 car broke down at US 23 Flea Market

7:09 motorist locked keys in vehicle at Radio Shack

8:33 motorist locked keys in vehicle at Giovanni's

9:54 harassment on S Highland

10:02 car broke down at the bridge

October 19

11:32 motorist locked keys in vehicle at Wal-Mart

11:54 motorist locked keys in vehicle at Castle's Court

2:20 persons drove off without paying at Ashland Happy Mart

2:50 motorist locked keys in vehicle at Justice Center

6:05 theft related incident at IGA

7:49 motorist locked keys in vehicle at Strand Theater

District Court

Eldon Hall, 52, Hi Hat, theft by deception, \$48.50 full restitution, \$73.50 in fines.

Barbara B. Williamson, 30, Forest Hills, failure to wear a seat-belt, no KY registration plates, dismiss without pay, \$103.50 in fines.

Jeremy Bellamy, 25, Hueysville, operating on a suspended license, amend to license not in possession, \$128.50 in fines.

Joshua Alexander, 21, Hager Hill, alcohol intoxication, 1st/2nd, \$108.50 in fines.

Randy Tincher, 18, alcohol intoxication, 1st/2nd, \$108.50 in fines.

Johnny Ray Collins, 48, Printer, alcohol intoxication, 1st/2nd, amend to 3rd or more, 10 days in jail, \$103.50 in fines.

Willie E. Prince, 52, Prestonsburg, must stay away from Super 8 Motel, 2 days public service, \$83.50 in fines.

Property Transfers

CSX Transportation Inc to Ronnie and Colleen Johnson, property located at Melvin.

Lydia McKinney Dingus to Jesse H. and Charlotte M. Goble, property location not listed.

Jesse H. and Charlotte M. Goble to Sheldon Barnett, property location not listed.

CSX Transportation to Joanne Holbrook, property located at Melvin.

Joanne Holbrook to Jeff and Faye Mullins, property located at Melvin.

Chester and Anna Akers, Angel Akers Sturgill and Danny Sturgill to Chester Akers Jr., property located at Dana.

Jean Rowe to Christopher Francis and Rita S. Scott, property located at Dana.

Ann Slone to Rita S. Scott, property located at Garrett.

Trudy Hunt to Charles E. and Patricia Burke, property location not listed.

Madge Denny Po, Erine Po and Ulysses A. Buelis to Cecilia Rita Ann Buelis, property located at Drift.

Elinor Martin to Doris Clark, property located at Allen.

William Kent and Sabrina Rene Rose to Ernest E. and Patty Collins, property located in Prestonsburg.

Marie S. Patrick, Francis Scott Stephens and Helen Stephens to Dale and Amanda Slone, property

located on Right Beaver Creek.

Hollis E. and Anita Daniels to Lola Johnson, property located on Jack's Creek.

John D. and Millie Hamilton to Andy Lee Hamilton, property located at Teaberry.

John B. and Joann Runyon to John B. Runyon II, property located on Prater Creek.

Ray Meadows to Boldman Freewill Baptist Church Inc, property located at Boldman.

Daisy Branham to Teresa Johannessen, property located on Beaver Creek.

CSX Transportation Inc to Michael P. Hall, property located at Weeksburg.

Marsha Ratliff to Dalton R. Conley, property located at Garrett.

George Christopher Stephens and Shannon Buchanan Stephens to Shelia Ann Stephens, property located at Martin.

Maurine Chutchfield to Fields and Patricia Taylor, property location not listed.

Otta Cesco to Deborah Cesco Porter and Ronald L. Porter, property located near the mouth of Sugar Loaf Creek.

Thomas H. and Sadie Cesco to Deborah Cesco Porter and Ronald L. Porter, property located on Sugar Loaf Creek.

Mack Webb Martin and Virginia S. Martin to James Everette and Loretta M. Martin, property located on the Right Fork of Beaver Creek.

Robert E. and Francis A. Welch to Marion T. and Wanda J. Compton, property located at Auxier.

Timothy Mark and Jessica Hastings to Danny D. and Tammy R. Ratliff, property location not listed.

Grace Moore to Mable or Burt Hicks, property located in Prestonsburg.

Dalton R. Conley to Marsha Ratliff, property located at Garrett. James Spears Jr. and Myrtle Spears to Gary Spears, property located on Toler's Creek.

Robert V. Harmon to Gwendolyn Hale Harmon, property located on the Left Fork of Middle Creek.

Gwendolyn Hale Harmon to Robert V. Harmon, property located in Prestonsburg.

Randall L. Blackburn to Dwayne D. and Julie R. Kidd, property located on Orchard Branch.

Suits Filed

Tony Ray Akers of Dana VS Deborah Mae Justice Akers of Dana, petition for dissolution of marriage.

Allen D. Mitchell of Harold VS Sonya Mitchell of Prestonsburg, petition for dissolution of marriage.

Edward Wayne Coburn of Johnson Co VS Our Lady of the Way Hospital of Martin, et. al., negligence and malpractice suit.

Charles Prater of Hueysville VS Commonwealth of KY, et. al., suit for unemployment benefits.

Emma Sue Webb of Prestonsburg VS Charles Otis Webb of East Point, petition for dissolution of marriage.

International Distributors, Inc of East Bernstadt VS Sam an Tonio's, Inc of Betsy Layne, collection of debts.

Lorie Ann Conn of Galveston VS Eric Christopher Conn of Stanville, petition for dissolution of marriage.

Commonwealth of KY VS Michael Cox of Garrett, petition for child support and health care insurance.

Commonwealth of KY VS

Barbara Cox of Grethel, petition for child support and health care insurance.

Commonwealth of KY VS Mickey Gayheart of McDowell, petition for health care insurance.

Lois and Bob Daniels of Paintsville VS Dr. Timothy Webb of Prestonsburg, et. al., malpractice suit.

Kentucky Employers Mutual Insurance Company of Fayette Co VS Lloyd Johnson of Prestonsburg, et. al., collection of debts.

Norwest Bank of Minnesota N.A. VS Lisa Blanton of Dwayne, et. al., collection of debts.

Allen Precision Equipment of Duluth, GA VS East Kentucky Surveying and Mapping of Martin, collection of debts.

Vincent H. Thomas of Pikeville VS Eddie D. Lowe of Betsy Layne, et. al., compensation for injuries received during an automobile accident that occurred on or about June 10, 1999.

Family farms a focus of women's conference

While some family farms struggle financially in the wake of a drought-stricken summer, value-added programs administered by women have made the difference in the profitability of their operations.

Keeping family farms fiscally sound will be one of the primary messages during the inaugural Women in Agriculture conference, (November 11-12, at the Galt House East in Louisville, said Alice Baesler, a principal assistant in the Kentucky Department of Agriculture and co-chair of the event.

"There are women who like farm life and want to work there, rather than seeking outside employment," Baesler said. "Obviously, though, they cannot work on the farm if the operation is not making money.

"Many of the women who will be featured at the conference oversee or assist in successful operations. While the husband is working with alfalfa in the field, the wife is marketing the crop directly to the consumer. Whether through futures markets, book-keeping, or the operation itself, these women want to be active in the farm life because it is the lifestyle and the occupation they love."

Jennifer Gleason sells soaps and jellies of her own making on her farm. Susan Harkins works with shrimp and other aquaculture

in her operation. Judith Shadd sells cheese made from the goats she raises. All have made their operations more profitable with value-added programs, Baesler said, and all will be speaking at the conference.

In addition to the challenges of the drought, Kentucky's family farmers have faced low commodity prices, low crop yields, uncertainty in tobacco policy, and premature sales or liquidation in cow herds. More than ever, it is important for the Kentucky Department of Agriculture to assist farmers in making and keeping their diverse operations fiscally sound, Agriculture Commissioner Billy Ray Smith said.

"We want farmers to make money, be successful, and keep a strong economy going in the agriculture industry," Commissioner Smith said. "Speakers slated for the Women in Agriculture conference as well as those attending are committed to keeping agriculture strong. The Department of Agriculture is assisting through its offer of free web sites to Kentucky producers and farm-related businesses, through sponsorship of the women's conference, and through many other services."

Registration for the conference is \$25, and must be sent by October 26, to Dr. Bonnie O. Tanner, University of Kentucky, Room 206, Scovell Hall, Lexington, KY 40546-0064.

Works in ceramics

Rob Barnard, son of Mrs. Ann Barnard and the late Robert Barnard, has come home to Mt. Sterling to exhibit his award-winning pottery. Rob Barnard is a full-time potter and writer on the subject of ceramics. He has been educated at the University of Kentucky and the Kyoto University of Fine Arts in Japan and is a recipient of two of the National Endowment for the Arts Craftsmen's Fellowships. His work is in the collection of the Renwick Gallery in the Smithsonian in Washington, D.C., the Everson Museum of Art in Syracuse, New York, the American Craft Museum in New York City and the Japan Embassy in Washington, D.C. The Rob Barnard exhibition is sponsored by Toyota Motor Manufacturing, Kentucky Inc. of Georgetown.

He is best known for wood-fired pottery and has had solo exhibitions of his work in Washington, D.C., New York, Boston, London, Tokyo, Kyoto, and this past summer at the Museum Jan van der Togt in Amstelveen, Holland. He

has also written more than forty articles on the Crafts in a variety of national and international publications. Barnard is currently a lecturer in Ceramics at The Catholic University of America in Washington, D.C.

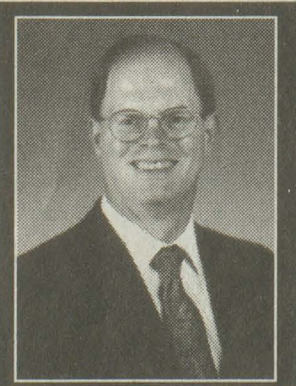
Join the Gallery and Toyota in welcoming Rob Barnard at an opening reception for the Artist on Friday, November 5, from 4:30 p.m. until 7 p.m. at the Gallery for the Arts located at 44 East Main Street in Mt. Sterling. Complimentary refreshments will be served. The public is encouraged to attend. The exhibit runs from November 5 until November 27, and the Gallery's hours are from 11:30 a.m. until 4:30 p.m., Tuesdays through Saturdays.

A second opportunity to meet Barnard will be an informal coffee held at the Gallery on Saturday, November 6, from 10 a.m. until 11:30 a.m. He will be available to share his insights and experiences in the world of pottery.

For more information, contact Sara Ison at 606-498-4245, or the Gallery at 606-498-6264.

Reader may need second surgery for pain of Morton's Neuroma

By John C. Wolf, D.O.
Associate Professor of Family Medicine Ohio University College of Osteopathic Medicine



Family Medicine

John C. Wolf, D.O.
Associate Professor of Family Medicine



Question: I've had surgery for foot pain caused by a Morton's neuroma.

About six months later I had a return of the pain. This was caused by a reaction to the sutures used in the first surgery. Now I have pain

again, and my MRI shows that I have two more neuromas. Why do these keep coming back, and is there anything I can do to prevent more trouble?

Answer: Morton's neuroma is a relatively common cause of pain in the foot. It is actually a non-cancerous tumor of the nerve that runs between the toes. This tumor can start as a consequence of a single injury, but more commonly it is the result of repeated minor injuries from improperly fitted shoes or other foot problems such

as flat feet. The foot pain of Morton's neuroma is much like the discomfort each of us has experienced when walking barefoot and accidentally stepping on a stone — especially if the stone presses on the joint just behind one of the toes. When this happens to me, it usually produces an ungraceful dance accompanied by a string of colorful expletives. I know better than to be walking around the yard barefoot! Individuals with Morton's neuro-

ma have this experience without stepping on a stone. In the worst cases, just standing is enough to trigger this unpleasant sensation.

Morton's neuroma can be treated in several different ways. Non-surgical treatment including foot manipulation and various physical therapy modalities, and foot orthotics give relief in about 40 percent of those with relatively mild symptoms. More severe symptoms, as you apparently had and may now have again, require surgical treatment.

Surgery for Morton's neuroma involves removal of the fibrous nerve growth from between the toes. This is usually done by making an incision on the top of the foot, not on the bottom. The offending growth is then removed or "clipped." This "clipped" nerve is no longer connected to the toe, so the toe itself will be numb after the surgery. The important issue is that the foot pain is also gone. Virtually every patient agrees that the resulting toe numbness is an acceptable "trade" for the previ-

ous foot pain.

There have been many scientific studies over the past few years that show the high rate of patient satisfaction with surgery for Morton's neuroma. In one study, more than 90 percent of individuals who had surgery for Morton's neuroma at least four years before reported continued relief of symptoms. Other studies showed a success rate of over 95 percent.

Of particular relevance in your case, research shows that 80 percent of that small group that failed to have a satisfactory result from a first surgery did experience relief with a second procedure. Furthermore, the reaction you had to the sutures used in your first surgery is an uncommon problem that can generally be avoided in subsequent surgeries by using a different type of suture material.

Because of the high success rate for neuroma surgery, I would urge you to consider having your new neuromas removed. An additional treatment consideration may include using custom made shoe inserts called orthotics to help your feet work optimally and, thereby, minimize stress on areas of the foot where neuromas form. Talk to your podiatrist or orthopedic surgeon about the best treatment for you.

"Family Medicine" is a weekly column. To submit questions, write to John

C. Wolf, D.O., Ohio University College of Osteopathic Medicine, Grosvenor Hall, Athens, Ohio 45701.

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Coupon Corner

by Marla Armbrust

TIP OF THE WEEK: Most kids love gravy on their roast beef, chicken or turkey and mashed potatoes. Mine are no exception.

To try to get them to eat more vegetables, here's what I do. When I roast chicken or turkey, I usually put some chicken broth in the bottom of the roasting pan, along with sliced carrots, onions and celery, plenty of them. When the roast is done, I simply puree the chicken broth mixture in a blender. The result is a thick, delicious gravy the kids love, complete with veg-

gies. Granted, celery isn't exactly nutritious, but it adds a nice taste. It's the carrots I'm interested in.

Send couponing or refunding questions to Marla Armbrust, King Features Weekly Service, 235 East 45th Street, New York, N.Y. 10017.

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THINGS TO PONDER

by Mable Rowe Lineberger,
Ph.D.

If you kept your sleep diary as suggested last time, you have probably decided by now that you are a "good" or a "bad" sleeper. Have you noticed sleepy spots throughout the day where you had the urge to nap? Or did you see a pattern of difficult sleep and are wondering what is wrong?

Although the list is not really complete, the following are some common sleep disorders, common symptoms, and suggestions for help.

A very frequent problem of poor sleepers is insomnia--difficulty getting sufficient rest even though you had the opportunity to sleep. Its common symptoms are difficulty initiating or maintaining sleep; repeated nightly arousals; daytime fatigue; and restlessness. This occurs often; in the past year, one-third of American adults had trouble falling asleep or staying asleep. Generally, it is viewed as a symptom that lasts only a night or two, but can persist for weeks or even months.

Three standard types of insomnia have been identified:

- transient insomnia--a few nights of poor sleep; often brought on by stress,

- excitement or environmental changes, such as the night before a big presentation or the night after bad news at work;

- short-term insomnia--two or three weeks of poor sleep that may be caused by continuous stress at home or at work or medical and psychiatric illnesses. Usually sleep returns to its "normal" state when the cause is removed; and

- chronic insomnia--poor sleep lasting two weeks or longer.

Underlying medical, behavioral, or psychiatric problems may be major contributors. An outcome may be decreased feelings of well-being. While sleep problems at night are part of the situation, daytime symptoms of insomnia include anxiety and significantly impaired concentration and memory.

Sleep apnea is another common sleep disorder. Its usual symptoms include loud or irregular snoring, excessive daytime sleepiness, repeated nightly arousals, nightly periodic absent breathing, non-refreshing sleep, and morning headache. Impaired memory and concentration are also common.

An estimated 20 million Americans, more common in middle-aged men and overweight people, have this potentially life-threatening disorder. Typical complications of sleep apnea can be heart and lung disease, and in

severe cases even heart failure. There are also three usual forms of apnea with varying degrees of respiratory movements.

- Obstructive Apnea--the most common and severe form. When muscles at the base of the tongue and tissues hanging from the center of the soft palate relax and sag, the airway is obstructed, causing loud, labored breathing. Breathing stops and pressure builds up until the sleeper lets out a gasp for air, so that each gasp causes a mini-awakening. Individuals with this condition can stop breathing for 10 seconds or more, several hundred times a night. Snoring is present.

- Central Apnea--the airway remains open but the diaphragm and chest muscles stop functioning. The sleeper awakens and resumes breathing, when oxygen levels in the blood stream decrease. Several awakenings during the night usually occur, sometimes with gasps or choking sounds. Common complaints are insomnia and an inability to maintain sleep.

- Mixed Apnea--a brief period of central apnea commonly followed by a longer period of obstructive apnea are experienced by the sleeper. Thus people often snore.

As with most situations, the treatment depends upon the type of apnea and the individual's needs. Sleep apnea syndrome created by obstruction is often treated with a device,

CPAP--Continuous Positive Airway Pressure that consists of a compressor, hose and mask. The air pressure keeps the airway open so that the person is allowed to sleep and breathe normally.

Tongue Retaining Devices, dental appliances, are helpful for symptoms of mild to moderate sleep apnea--they have not been proven uniformly successful. In some cases, medication and surgical correction of physical abnormalities are used in treatment of sleep apnea, but have a number of side-effects.

From what I have heard recently, the CPAP treatment seems to have the most consistent positive outcome for many folks. Three years ago a cousin-in-law in Pikeville gave his wife the Christmas present of doing the diagnostic work-up for severe, long-term snoring. After a trip to the sleep lab at Pikeville Methodist Hospital, he was told that he had "stopped breathing" 493 times during supposedly eight hours of sleep.

Soon he was the happy user of a CPAP machine at his bedside. The treatment was a success and a grand relief for him and his wife.

Besides no more snoring that kept waking her up, his blood pressure came down slowly, his energy level was up with the difference of night and day, and he was able to stay up and talk with her after supper until a "regular" bedtime, instead of falling asleep immediately on the couch. They would not change back for anything.

Bruxism is a sleep disorder that is experienced by 20 percent of men, women, and children; they grind their teeth at night. The cause is sometimes in the mouth and dental repairs can be beneficial. Sometimes the reason is in the mind. The tension leading to bruxism can be relieved in a surprisingly simple way. Clench your teeth firmly for about five seconds then relax for five seconds. Repeat four to six times a day. In one study, 75 percent of bruxism stopped after 21 days of self-treatment.

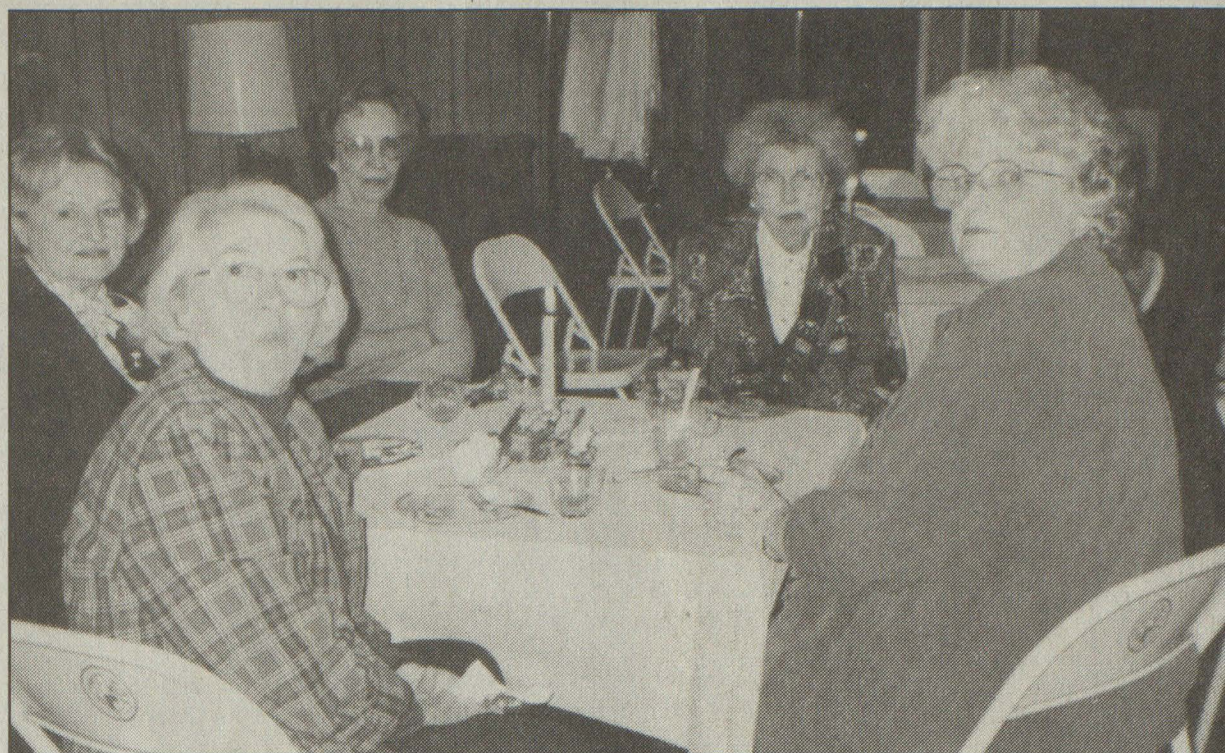
An additional sleep disorder often arises with shift work. Having worked evening and night shifts as a nurse in the past, I thought it was interesting that reportedly 20 percent workers in our country have "shift" jobs, and they average sleeping seven hours a week less than people with day jobs. A sleep disturbance is created so the sleeper is unable to sleep when one wants or to stay alert when needed because of frequently changing shifts or working nights.

The symptoms are usually worst the first few days after making a change. Often shifting from days to evening to nights is easier than a days-nights-evenings schedule. Changes are easier to make if done no more than once every week or two. Workers who return to a more conventional sleep-wake pattern on weekends or days off may never adapt completely to their work shift.

It is very important that good sleep habits be maintained, such as not using caffeine to increase alertness or alcohol to increase drowsiness. It is also best that workers on evening and night shifts should sleep as soon as possible after work for one prolonged sleep period, rather than splitting up their sleep times into naps before and after work.

More descriptions of possible sleep disorders will be reviewed next time. Remember, in the meanwhile, pay attention to how awake and rested you feel and check out if you could adapt your sleep habits so that you are more likely to be up and ready to go after sleeping. If you're not sleeping well, try to adjust important details to increase the possibility of feeling like you are getting the best night yet of sleep.

SOCIETY NEWS



Members of the Prestonsburg Woman's club sampled a variety of cultures through food served during the meeting.

Prestonsburg Woman's Club

by Judy Bowen

The GFWC/KFWC Prestonsburg Woman's Club held its monthly meeting on October 7, in the Club House at Archer Park. The program was a cultural heritage dinner where each member brought a food that was reflective of her heritage. Recipes were gathered, and the club will produce a small cookbook for members. Earlene Nelson gave the devotional. A special

guest for the evening, Iris Stumbo, a Hugh O'Brian Youth Ambassador for 1999, addressed the group concerning her participation in the leadership conference at Transylvania this summer. The monthly focus of the club was school supplies. These supplies will be taken to a local family resource center and donated. Decorations were provided by Joyce Short Allen, Lee Boswell, Maxine Childers, Burieta Gearhart, Eve May, and Denise Stewart.

KFWC Drift Woman's Club

The KFWC Drift Woman's Club met at the Viola Bailey Community Center Building, September 20, with president Alice Osborne presiding. A poem was read by Alice Osborne, "Love is Enduring Patient and Kind."

Cecelia Little led the group in The Lord's Prayer followed by the Pledge to the American Flag.

Refreshments were served by the hostesses Alice Osborne and Ruby Akers to Cecelia Little, Donna Allen, Geraldine Ward, Brooksie Gearheart, Alma Mosley, Ruby Damron, Karen Hunt, Roney Clark, Mary Joyce Giash, Katheryn Youmans and guests Dr. Paul Fanning, superin-

tendent of Floyd County Schools, Peggy Bradford, Weeksby Community Center volunteer director, and Carol Stumbo, Floyd County Board member and director of Region 8.

Carol Stumbo introduced Dr. Fanning, who responded to our invitation with enthusiasm to speak about the community use of school facilities and conditions of rental.

Peggy Bradford, explained now they have a community center and park. With all the people in the community working together it can be done. It was a very informative meeting.

The minutes of the August

meeting were read by the secretary Celia Little.

The Treasurer's report was given by Roney Clark.

President Alice Osborne read an invitation from the Chamber of Commerce to Business After Hours at Reno's, September 28.

The KFWC seventh district conference will be at the Holiday Inn, October 31, with the KFWC Drift Woman's Club hostess, GFWC/Kentucky President will be the guest speaker.

The KFWC Drift Woman's Club was scheduled to meet October 18, at the Viola Bailey Community Center Building.

Founder's Day reunion

Labor Day guests of Mr. and Mrs. James Lyon, Mrs. Sarah Davis, Mrs. Bonnis Davis of David, and Mrs. Charity Wireman of Salyersville were Mrs. Diana Blasioli, Mrs. Shalnessa Bathgate, Mrs. Sharon Duke, Keith Woitte, Mrs. Karen Hook, Anthony Winget, Brian Wright and family, Mrs. Sherry Priests, Andrea Priest and Mrs. Bea Arnett Callison, all of New Carlisle,

Ohio, David Blasioli and family of Dayton, Ohio, Mr. and Mrs. Gary Arnett of Bumpass, Virginia.

Visiting from Chelsea, Michigan, were Mr. and Mrs. Larry Hackworth, Dillon Hackworth and Mr. and Mrs. Claude Arnett, Ken Lyon was also a guest from Barboursville, West Virginia.

The families enjoyed the "Shepherd" Founder's Day

reunion in Magoffin County, during the Labor Day Weekend. These families are the descendants of Jacob and Elizabeth Hale Shepherd. They were from Virginia, and settled in this area in the early 1800s. A wonderful time was enjoyed during this reunion, while learning about their ancestry. Many people met relatives they had never met before. The Shepherd Founder's Day was a declared success.

Tips From The Savvy Saucier to Freshen Up Favorite Foods

(NAPSA)--We've all experienced meal ruts; preparing and eating the same foods day in and day out. According to sauce specialist, the Savvy Saucier, there's a remedy for taking the mundane out of meal-time by adding contemporary flavor to favorite foods. Today's popular fare is infused with a variety of spices, and is prepared in every way from grilling to sautéing. Topping foods with sauces is another easy way to add flavor and seasonal flair.

Whether hot or mild, sweet or savory, thick or thin, sauces are as versatile as they are easy-to-make. With little effort, common ingredients like fresh butter, cream, chicken stock, spices and lemon juice are transformed into delicious sauces.

The Savvy Saucier, in conjunction with the American Butter Institute (ABI), has compiled some quick tips to make experimenting with sauces easy and fun. Just follow a few simple guidelines to create a perfect sauce:

- What's cookin'?--A sauce should complement food, not overpower it or hide natural flavors. Light sauces, such as lemon butter sauce, enhance delicate foods like chicken, fish and vegetables. Juices from broiled or pan-seared meats heated with a bit of butter and a medley of herbs make a great natural topping for meats.

- Use butter for a bevy of tastes--Butter acts as the perfect sauce base--it's a natural flavor carrier that, when heated, brings out different flavors in sauces. Lightly melted butter provides richness in creamy sauces such as Hollandaise. Slightly overheated butter adds roasted, nutty flavor that complements brown sauces and gravies.

- Use what's in season--Make foods instantly current and diverse with seasonal ingredients. Citrus fruits are best in winter and the flavor is easily "squeezed" into sauces. Summer berries can be used in sweet sauces to drizzle on top of ice cream or cake.

- Keep it fresh--Fresh ingredients like unsalted butter, ripe tomatoes, chopped parsley and lemon juice enhance foods' natural flavor. Butter sauces work great with fresh fruits, herbs and other light flavors. Always serve butter sauces warm.

- Experiment--For a "hot" way to serve pork tenderloin or chicken kabobs try a splash of Chipotle Pepper Butter Sauce (recipe included) or combine chopped, toasted pistachios with vinegar and butter

for a nutty sauce for veal or lamb.

- Contrast Flavors--Different flavors, when combined, often complement each other for a delicious sauce that will delight the taste buds. A sweet and sour sauce is a popular topping for chicken and pork, or mix lemon juice with a dash of tabasco as a dipping sauce for cut vegetables.

- Fill the freezer--Make more sauce than needed and freeze individual serving sizes for future meals. An easy way is to fill ice cube trays with sauce and freeze; place two cubes each in labeled plastic baggies and store until ready to use. Frozen sauce can be defrosted and added to dishes for an instant burst of flavor.

For more sauce recipes and cooking tips check out the ABI Web site at www.butterisbest.com.

Chipotle Pepper Butter Sauce

Prep time: 5 minutes

Cooking time: 8 minutes

1/4	cup orange juice
1/4	cup lime juice
1/2	cup honey
1/2	cup loosely packed fresh cilantro leaves
1	8-ounce can chipotle peppers (packed in adobo sauce)*
1	teaspoon reserved adobo sauce
2	cloves garlic
1/2	cup (1 stick) cold butter, cut into 8 pieces

Place juices, honey, cilantro, 2 chipotle peppers, adobo sauce and garlic in blender. Cover and blend until almost smooth.

Pour mixture into medium saucepan. Heat to boiling. Boil 2 minutes to slightly reduce mixture. Reduce heat to simmer. Stir in butter, one piece at a time and stir until melted before adding another piece. Remove from heat and serve with sliced pork tenderloin, chicken breasts or kabobs, salmon or sea bass. Also great for dipping roasted potatoes.

* Found in the "Spanish Foods" section of the grocery store.

St. Martha's altar society plans ahead

Mrs. Clyde Burchett presided over the St. Martha Altar Society meeting Monday evening in the church hall in the absence of the president. A larger than usual turnout of ladies resulted in final plans formalized for the annual Christmas Bazaar and Luncheon scheduled for November 13 in the church hall. Mrs. Rodney Hutchinson volunteered to steer the luncheon committee for that event.

The Christmas Bazaar is a display of handmade craft items created by the Wednesday morning sewing group that meets weekly under the tutelage of Mrs. Burchett, Margaret Ackerman, and Mrs. Kits Rivera. The items will be for sale. It will also be a time to see the Christmas Angels in gold that will be ready to pick up for those

who had put in their order this past year. While the Christmas Bazaar and luncheon is open to everyone, the group advises that reservations for the luncheon need to be made early.

The Altar Society is a group of ladies from St. Martha's Church who meet once a month to work on projects that benefit the church. The group meets with Father Moriarty to gain some insight as to the needs of the church and especially the sanctuary, and they work toward those projects he suggests. Some of the projects undertaken so far have been seeing to the brass donor plaques for the stained glass windows, buying needy items for the kitchen, painting the interior of the church, and buying linens for the altar and lectern.

One of the events for the ladies

is putting on the Vocations Dinner (for prospective priests, as well as for members of the religious community).

The group meets every third Monday morning, except for the third month, which meeting is held in the evening so that those who work outside of the home will be able to attend. Refreshments are served by rotating hostesses.

Members who attended the recent evening meeting were Mrs. Kits Rivera, Mrs. Clyde Burchett, Mrs. Barkley Sturgill, Mrs. Byron Nunnery, Margaret Ackerman, Maryann Rutledge, Edie Greer, Mrs. Phil Cavender, Mrs. T. Allen Combs, Mrs. Rodney Hutchinson. The meeting was adjourned by the president, Mrs. T.A. Combs, and closed with an Invocation to Our Blessed Lady for guidance.

Grethel News

Elmer and Eileen Martin, of Grethel, recently returned from Pennsylvania and New York State where they attended the wedding of Eileen's nephew, Richard Wolcott of Buffalo, New York, and Donna Manion of New York City. The wedding was in the Pocono Mountains--Hawley, Pennsylvania. They also visited relatives and friends in the Hornell, New York

area. The Grethel Baptist Church welcomed its new pastor, Rev. David Tucker, his wife Renee and three sons: Paul, Kevin, and Robby with an appreciation dinner and food shower on October 3. The couple expressed their appreciation for the generosity of the church members and friends.

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ACADEMICS

Kentucky ranks high in education technology

Public school children in Kentucky appear to have an advantage in access to computer technology over many of their peers in other states, according to a national study.

"Kentucky has what many people consider a model infrastructure in place," according to the Education Week study, called "Technology Counts '99." The report is an annual assessment of every state's status in education technology.

"This study confirms that Kentucky's investment in education technology is reaping dividends," said Education Commissioner Wilmer Cody. "It also confirms that Kentucky is a leader in education technology, and it supports what we hear every day from teachers and students across the state — that technology is making a difference in the lives of our students."

The report includes these national rankings:

CATEGORY PERCENTAGE KENTUCKY'S RANK

• Percentage of 8th-graders who attend schools with computers in every classroom 66-1

• Percentage of 4th-graders whose language arts teachers have students use a computer almost every day 18-1

• Percentage of 4th-graders

whose language arts teachers felt at least "moderately prepared" in the use of computers 93-1 (tie)

• Percentage of 4th-graders whose language arts teachers have students use a computer once or twice a week to write drafts or final versions of stories or reports 46-1

Percentage of 4th-graders who attend schools in which computers are available in all classrooms 92-3 (tie)

Percentage of schools where at least 50 percent of teachers use a computer daily for planning and/or teaching 80-3

Kentucky ranked high in other categories as well, including:

• eighth in the percentage of 8th-grade students whose language arts teachers who felt at least "moderately prepared" in the use of computers; and

• eighth in the percentage of schools where at least 50 percent of the teachers have e-mail at school.

The complete "Technology Counts '99" report is available on the Internet at <http://www.edweek.org>.

"Kentucky's Student Technology Leadership Program (STLP) is one of the main factors in the state's high ratings," said Cody.

Charlie Chrisman, a junior at Henry Clay High School in Fayette County, spends one class period each school day as a network administrator for the school's student-managed computer network. Through the school's STLP, Chrisman has had real-life experiences troubleshooting computer problems at the school.

"I've learned stuff I can't learn on my own. I've dealt with high-powered servers and scanners, learned server management and gained leadership skills," Chrisman said.

Already, Chrisman is getting job offers in the technology field. "I feel valuable. I know I have skills that I can take into the workplace," he said.

Computers allow students access to information in any subject, and they also can share ideas and opinions with students in other schools, said Allen County High School sophomore Michelle Bishop. "Technology relates to any subject," she said. "That's what I love about it. It makes learning fun!"

Bishop has been involved in the STLP program for five years. During that time, she's been involved in advanced computer projects that developed presentations and brochures for local businesses. "Technology has really brought students, the schools and the community together," she said.

Scholarship deadline for students

High school students with a grade point average of 'B' or better and college students with a GPA of 'B+' or better are eligible for a \$1,000 college scholarship (U.S. citizens only).

All requests for applications must include the following: student's name, permanent home address, city, state, zip code, name of current high school or college, approximate GPA, and year in school during the 1999-2000 academic year.

To receive an application, e-mail scholar@ecsf.org, paper mail Educational Communications Scholarship Foundation, P.O. Box 5012, Lake Forest, IL 60045-5012, or fax 847/295-3972. Requests must be received by December 16.

Applications will be fulfilled by mail only, on or about January 6, 2000. Two hundred fifty winners will be selected on the basis of academic performance, involvement in extracurricular activities, and some considerable for financial need. A total of \$250,000 will be awarded.

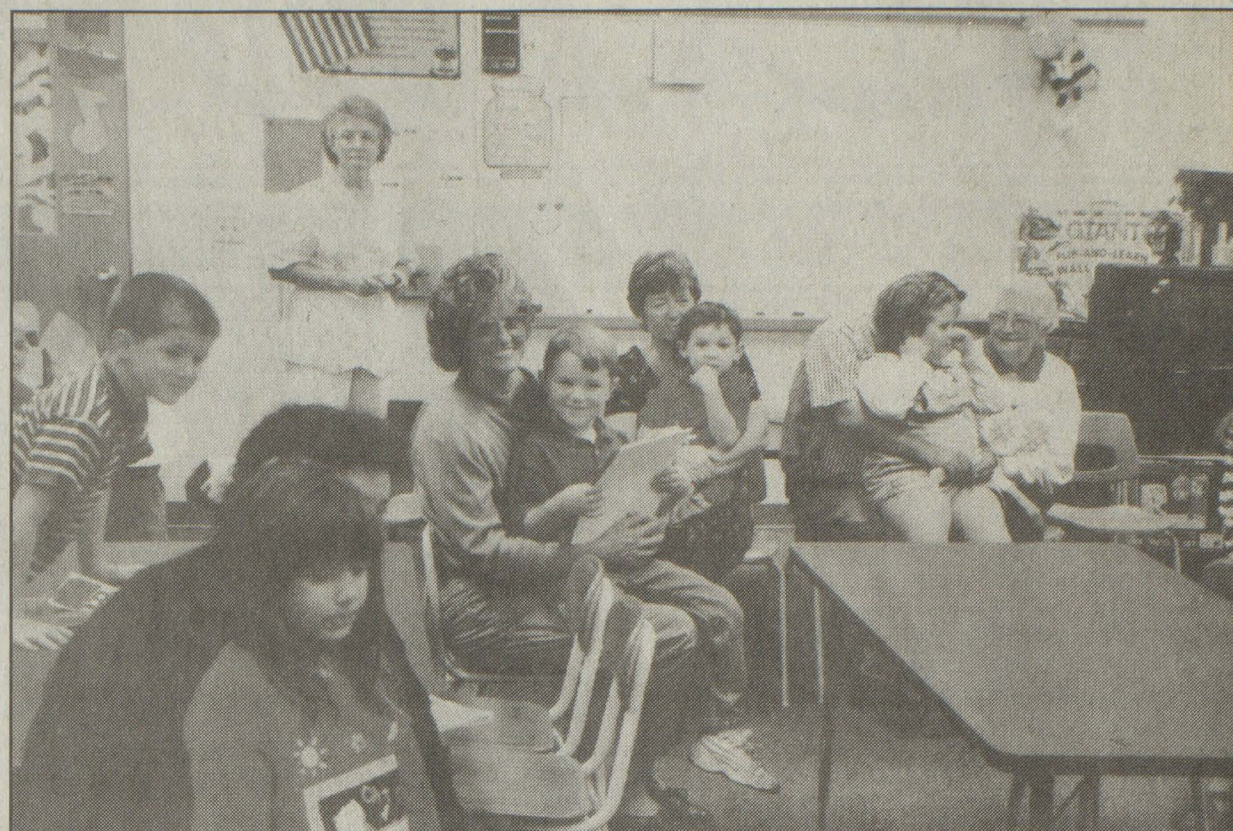
MVH learns about wind erosion

The Floyd County Conservation District's Environmental Educator Michele Goble and the district's newest staff member, Sammy Soil Saver, a conservation puppet, visited two May Valley Headstart classes on Tuesday, September 7, to teach the students about soil and wind erosion.

Sammy and Michelle presented a short puppet show. In the puppet show, Sammy talks to Kim Grubb, Headstart teacher, about how he lost his balloon in the wind and how he lose soil to the wind, also.

At the end of the show, all 23 students were presented with an EarthSaver ember card and a balloon to release outside to further demonstrate the power of wind.

For more information on environmental education, contact Goble at 886-9545 or e-mail at conserve@eastky.net.



Grandparents Day was celebrated on September 17 at May Valley Elementary. Grandparents pictured are Blake Patton's Granny Patty; Alex Lester and Granny Bobbi Fairchild; Stephen Osborne and Granny Donna; and Chantelle Hamilton and her granny.

MSU offers 'area of concentration' in mathematics and computers

In a world dominated by computers, there is an increasing need for those who know how to think logically.

Luckily, there are places to learn the skills to be able to do just that. Morehead State University is one of those places.

At MSU, students may graduate with an area of concentration in mathematics and computing. "An area of concentration takes the place of both a major and a minor," said Dr. Roger Hammons, chair of the Department of Mathematical Sciences.

The area of concentration "requires well over 60 hours of coursework" with more than 30 of those hours in mathematics, he said.

In combination with the mathematics course, students may take classes in programming, database management, database communications and physics/electronics.

Normally, students in the area of concentration are interested in mathematics, science, engineering and computers, and this offering blends all of those areas.

While MSU does not offer a

computer science degree, this program may serve its graduates better, because of the strong background in mathematics.

"You need very good logic skills and problem solving skills (to work in the technology industry) and what better place to get that than mathematics," Dr. Hammons said. "The logic of mathematics is imbedded in computers."

Because of this, graduates may branch out into different directions, so they are more marketable in their job search, he noted.

"We've had good luck with graduates in this program," Dr. Hammons said. "They've had little trouble getting good jobs."

MSU mathematics and computing graduates have landed jobs at companies such as Lexmark, BellSouth, AT&T, Ashland Oil and Humana. Currently, Joe Gilman, a 1974 graduate who received a Bachelor of Science degree in mathematics, is the senior vice president of business operations at BellSouth.

Gilman said his mathematics background has helped him throughout his career because it

enabled him to think logically. "The ability to think through problems is the most critical element to professional success," he said.

His 25-year association with BellSouth began three weeks after Gilman graduated from MSU. His first job was as an assistant manager of traffic engineering where he monitored the "way in which calls weave through the network."

To help improve his skills, BellSouth sent Gilman to the Massachusetts Institute of Technology to pursue a master's degree in the management of technology that combines a master's degree in business administration with technology.

After completing the master's degree, Gilman worked as a project manager to implement new services in Australia and Belgium and in business development in Asia. Two-and-a-half years ago, he started work in BellSouth's long distance division as the senior vice president.

Additional information on classes in MSU's Department of Mathematical Sciences is available by calling 606/783-2930.



Students of Anna Shepherd's kindergarten at May Valley Elementary seemed to enjoy doughnuts they made. Students are from left, Natasha Kendrick, Alex Lester, and Blake Patton.

Local students in leadership at Centre College

Les Fugate and Wes Fugate of Prestonsburg have been selected to serve as residence assistants in Nevin Hall at Centre College for the current school year.

A residence assistant provides guidance and support for other students who live in that residence. Selection for the position of residence assistant is on the basis of an application and com-

petitive interviews.

The Fugates are the sons of Marshall and Jackie Fugate of Prestonsburg and are graduates of Prestonsburg High School.

Centre is a highly selective liberal arts college currently ranked by U.S. News & World Report as one of the 50 best liberal arts colleges in the county.

The big eye remains true to its mission

The BIG EYE (www.bigeye.com) unique web construct selects the most interesting and well designed sites and presents them in a way users can grasp easily.

This ingenious way of unlocking the potential of the World Wide Web helps ordinary users learn the real value of the Internet. It is such a simple and effective technique that the BigEye's traffic has grown to more than several million hits monthly, simply by word of mouth.

The site was established in 1995 by a man who wanted to give his granddaughter entertaining and informative places to visit on the World Wide Web.

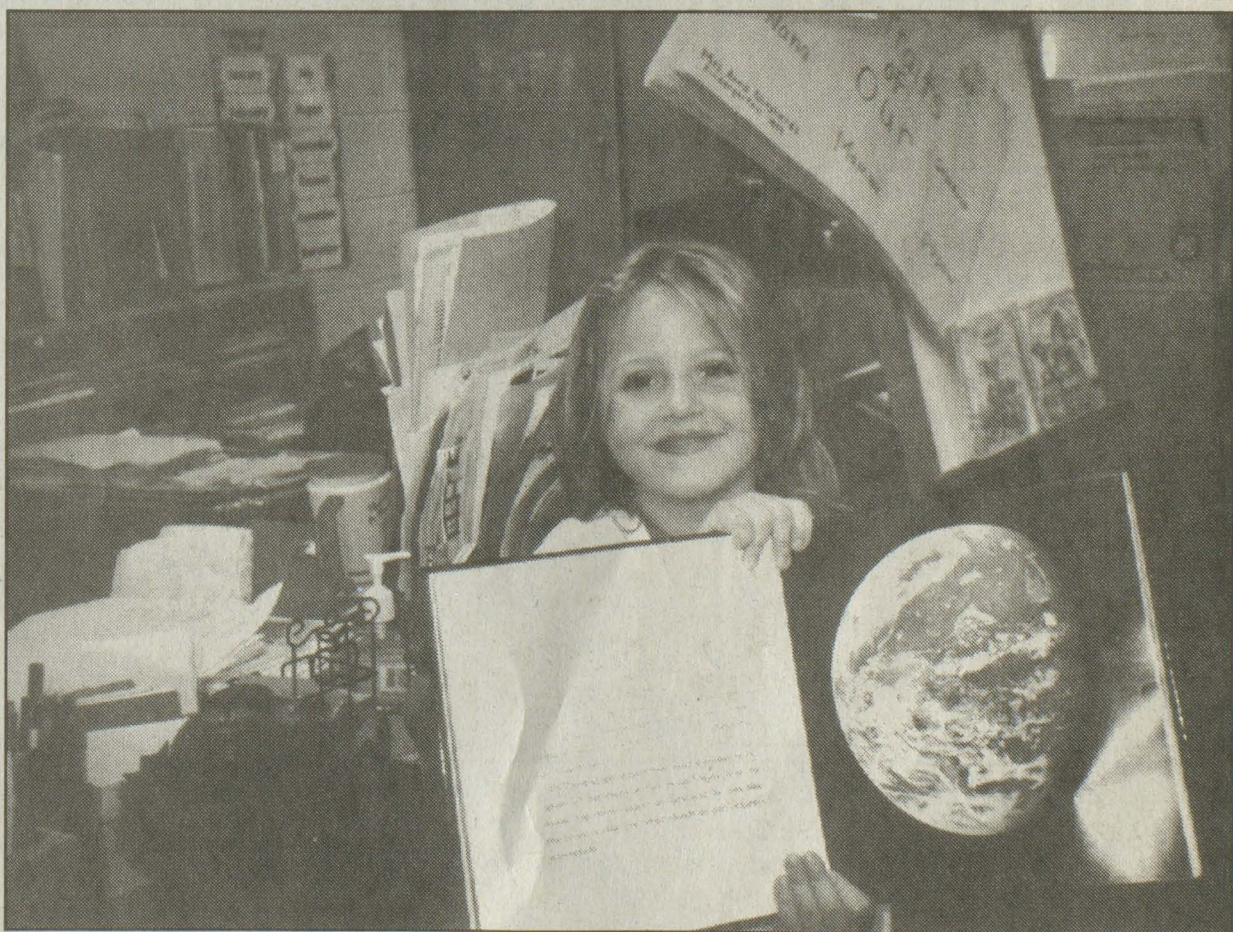
The Big Eye has been developed carefully over the past four years and now encompasses an incredible variety of content. The site recently added an

International Center, which includes links from more than 50 countries, providing a truly global Internet perspective.

Not surprisingly, The Big Eye has become a favorite of schools, universities and libraries. Many educational institutions refer students directly to The Big Eye.

Although the Internet is often overwhelmed with commercialism, advertising and superficial content, The Big Eye provides an extraordinarily useful resource while remaining true to its original mission-giving people an entertaining and informative on-line experience.

The best way to experience this new direction in cyberspace is to check out www.bigeye.com for yourself. But make sure you have a couple of hours to spare. Once you access The Big Eye, it's hard to turn your computer off.



Logan Cline, a student in Anna Shepherd's kindergarten class at May Valley Elementary, shared facts and a picture of the earth for show and tell.

Good Samaritan Foundation announces statewide essay contest

Lexington's Good Samaritan Foundation Inc. has announced a statewide essay contest for high school students with awards up to \$25,000, according to Foundation President Arch G. Mainous Jr.

The topic is "The \$3,450,000,000 Opportunity for Kentucky" which addresses Phase I of the Tobacco Litigation Settlement of November 23, 1998, and why it should be used for health purposes (services, education, promotion, research) and tobacco use cessation programs in Kentucky.

The contest began October 8 with information sent to principals of all Kentucky high schools. The essays must be received at the foundation office by December 3 at 2 p.m. Winners will be announced in January 2000.

Essays will be reviewed by one or more panels of judges without knowledge of the name, address,

school or location of the writer. The final panel of judges will determine the winning essays.

The names of the judges will not be revealed until the judging is completed and all winners have been selected. The decision of the judges will be final.

"Depending on the number of essays submitted, winning essays will be awarded up to \$5,000 for first place, 10 second place winners at \$1,000 each and 20 third place winners at \$500 each. In addition to cash awards, we will be publishing the winning essays," Mainous said.

Any Kentucky high school student is eligible to enter the contest. If information is needed about the contest, the students are asked to contact their high school principal's office or check the Good Samaritan Foundation web page at www.gsfcy.org.

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14X70 FLEETWOOD. DELIVERED and set up for only 195. a month. New Maytag appliances included. Call Randy at 1-800-755-0058 or 598-5011. **RANDALL'S HOMES IN MANCHESTER.**

2000 MODEL HOME FLEETWOOD 28x64. In stock and ready for delivery. Appliances included are side by side refr. self cleaning range, & dishwasher. 3 large bedrooms and 2 full baths, plush carpet and fire place. only 42,900 or 375 a month. Call Eric at 1-800-755-0058 or 598-5011. **RANDALL'S HOMES IN MANCHESTER.**

4 BEDROOM HOME. SHOW MODEL. FLEETWOOD!!! Regular price \$48,900. Sale price \$34,900. Only one available. Delivery and set up included. Maytag appliances included. Call Eric at 1-800-755-0058 or 606-598-5011. **RANDALL'S HOMES IN MANCHESTER.**

1989 24X40, MOBILE HOME on fenced lot. Detached one car garage. Separate outbuilding. \$55,000. Located in Knott Co. Call 606-447-2996.

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10! We have 10 used home and repos!! NO OFFER REFUSED Financing O.K., low payments! (606) 478-4530.

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Real Estate

3 BR LOG HOUSE: With new heat pump. Call Tommy or Berniece Westfall for appointment. 606-478-9425 or 606-478-9363 Westfall Realty, Ivel, Ky.

NEED SOMEONE TO MARKET YOUR PROPERTY? Give us a call, Westfall Realty, Ivel, 606-478-9425. Tommy and Berniece H. Westfall.

3 BR HOUSE: On 1/2 acre lot. Near Prestonsburg. Call 886-2818 after 4 pm.

HOMES FROM \$5,000: Forclosed and repossessed. No or low down payment. Credit trouble O.K. For current listings, call 1-800-311-5048 x 3908.

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3 BR HOUSE: near Otter Cr. & South Floyd High School. Electric heat, carpet. References & deposit required. \$300. 377-9215.

3 BR HOUSE: 2 BA, carpet. Close to PCC. 886-3029 or 886-9291.

DOWNTOWN PRESTONSBURG: Nice residential area. 1-1/2 story w/basement, 3 BR, 1-1/2 BA, carpeted. \$450 month+utilities, \$200 deposit. 886-0010, after 6pm or leave message.

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PRESTONSBURG, HOUSE FOR RENT: Central heat & air, yard & storage bid. Excellent condition. \$450 month. Call 886-0226 after 5 pm.

FOR RENT AT BANNER. 4/5 BR. house. Large yard & garden space. Barn & other out buildings. \$450 month + deposit. Call 874-9456 for appointment.

4 BR. TRI-LEVEL HOUSE, 2 car garage large family room with fireplace. 2 1/2 baths. Will lease with option to buy. 886-8366.

FOR RENT: 5 RM. house with bath. located at Abbott. 886-2535.

3 BR. HOUSE FOR RENT, total electric. 285-5192.

Mobile Homes

3 BR, 2 BA NEW MOBILE HOME: Morehead area. \$600 + utilities. Students welcome. 606-780-4848.

TRAILER FOR RENT: 886-3492.

CLEAN, NICE 2 BR MOBILE HOME: Unit has central heat & air and is partially furnished with stove & refrigerator. Partial utilities paid. For more information or to book a viewing appointment phone 606-886-3628.

2 BR TRAILER: Located at Prater Cr. 874-1805.

NICE 2 BR TRAILERS: Central air. Call 874-0011.

3 BR TRAILER: At Printer. 886-6857.

2 BR MOBILE HOME: Appliances, fireplace, garage, private lot. On Arkansas Cr. Rd. Real nice. \$350/month + utilities. Available Oct. 15th. 886-6665.

2 BR TRAILER: Located across bridge at Harold. Call 432-5415 before 7 pm, 432-2311 after 7 pm.

3 BR., 2 BA. ALL ELECTRIC MOBILE HOME. Complete kitchen and washer & dryer, on large private lot, excellent condition. \$300 + utilities & deposit. No pets. 6468 Stone Coal Rd. Garrett. 358-4267.

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3 BR. 2 BA. MOBILE HOME: with a large front porch located at May Village, Allen, KY. Very nice neighborhood. References & security deposit is required. Call 874-9481 after 6 p.m.

Rental Properties

2 BR TOWNHOUSE with garage in Allen. Central heat & air. Also, 285-0900 or 874-9976.

HOUSES or Unique 1 BR APT. for Rent on University Drive: Between high school & college. Lease & security deposit required. House of Neeley, 886-3565.

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When responding to Employment ads that have reference numbers, please indicate that entire reference number on the outside of your envelope. Reference numbers are used to help us direct your letter to the correct individual.

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AVON: Great way to earn extra money and get nice gifts for Christmas. Great Career Opportunity. 1-800-796-7070.

AVON: Career or pocket money, you decide. Call Jancy at 886-2082.

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For immediate consideration and evaluation call: 327-5536 or 800-327-5536

Ask for Randy Sturgill, Service Manager Mon.-Fri. 8-5, all calls are confidential. E.O.E

MUSICIANS NEEDED: Bass guitar player, Mandolin, Dobro for Bluegrass type Gospel Group. Call Rick at 377-2086.

LOOKING FOR A PERSONAL LINE INSURANCE AGENT: In the Paintsville area. Please send resume to: Box 2183, Inez, KY 41224.

Wanted

NEEDED: Babysitter in home for 1 & 3 year olds. Home located next to Food City, Pikeville. Hrs. 9am-8pm, Mon. - Sat. Call California Nails 437-6947, ask for Lee.

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FOR SALE: 2 AKC Shihtzu dogs. Female 1-1/2 yrs. old. Male 4 mon. old. \$250 each or both \$450. Also, a dog pin for sale. 478-5948.

AKC BEAGLES FOR SALE: Call after 5 p.m. 886-9894.

MALE BASSET HOUND, FULL STOCK, 10 months old, with papers. Price negotiable. Call Days 874-6611, Evenings 478-1999.

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ALL TYPES: New homes; remodeling, additions; all types concrete work, driveways, sidewalks, foundations, etc.; garages; decks. Robie Johnson, Jr., call anytime, 886-8896.

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HEARTLAND CONTRACTING Dozer, Backhoe, Hauling, Gravel, Top Soil, Fill Dirt, Footers, Ditches, Concrete. 889-1404, 886-1718, 886-9465.

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WILL STAY WITH ELDERLY AT NIGHT: Page 886-5266. M/F 4:00p.m. to 9:00 P.M. (11/3 All)

WILL STAY WITH ELDERLY in my home or theirs.. Can furnish references. 377-2811.

WILL STAY WITH ELDERLY PEOPLE DAY OR NIGHT. Can provide refs. 377-0344.

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TURNED DOWN FOR SOC. SECURITY/SSI? Free consultation. Call 1-888-582-3345. No fee unless we win your case.

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TREE CUTTING AND TRIMMING: Topping, land clearing, etc. Free estimates. References furnished. Call 889-9630.

Found

FOUND: BLACK PUPPY (Lab mixed?) On Old Road between Martin & ALlen. Call 874-0803, To identify & claim.

Musical Instruments

J & J MAY MUSIC Guitars-Banjoes. Buy, Sell and Trade. 605 N.Lake Drive Prestonsburg, KY 606-886-7010

Free

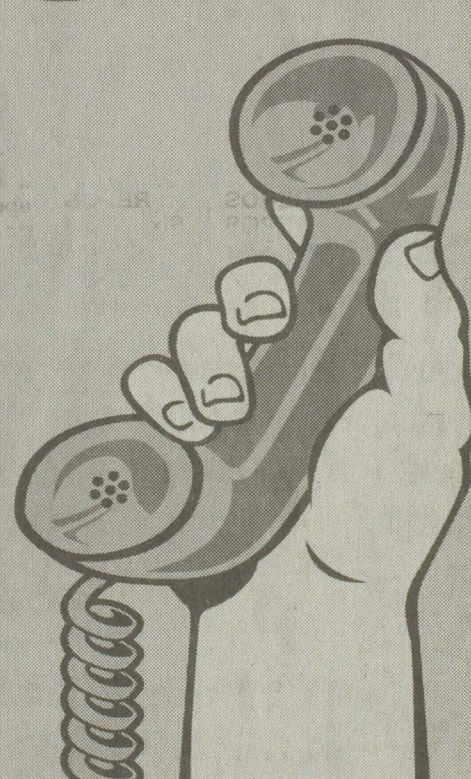
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Read your own Ad the first time it appears. The Floyd County Times is only responsible for one incorrect insertion!

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Shopper only: \$1.00 per line, 4 lines minimum.

Sunday only: \$1.00 per line, 4 lines minimum.

Border Ads: \$2.00 extra per Wednesday and Friday, \$1.00 per Shopper or/and Sunday.

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For a price quote, call **886-8506**
Sandra at Ext. #15
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The Floyd County Times

When there's a call for selling your old items, call the Classifieds!

- Autos
- Appliances
- Electronics
- Books
- Apparel
- Computers
- Sporting Goods
- Furniture
- Tools
- Kitchenware
- Collectibles
- Musical Instruments
- ...and more



SELL

TOMORROW

KOUNTY KETTLE

The following recipes are reprinted from the "Northeast Area Extension Homemakers" new cookbook "From Our Table to Yours." The cookbook can be purchased for \$12 from any area homemaker or by calling Theresa Scott at 886-2668.

SUGAR FREE CARROT CAKE

Carolyn Davis
Lawrence County
1 c. egg substitute
1 c. apple juice concentrate
2/3 c. canola oil
1/4 c. water
3 c. plain flour
1 T. baking powder
1 tsp. baking soda
1 tsp. salt
2 tsp. cinnamon
1/4 tsp. nutmeg
2 c. raisins
2 c. carrots
Preheat oven to 350°. Stir together egg substitute, apple juice concentrate, oil and water. Set aside. Sift dry ingredients. Put raisins in warm water to plump. Meanwhile, grate carrots and spray 2 round (9-inch) cake pans or 1 (9 x 13-inch) pan with nonstick pan spray. Gently stir wet ingredients into dry ingredients just until moistened. Drain raisins, and fold in carrots and raisins. Pour into cake pan and bake 25-30 minutes or until cake tests done. Cool and frost with Cream Cheese Frosting. Store in refrigerator or freezer.

APPLE OATMEAL CRUMBLE

Wilma Chapman
Chapman Homemakers
Lawrence County
4 c. peeled, sliced Granny Smith apples
1/2 tsp. grated orange rind
1/3 c. fresh orange juice
1/3 c. reg. oats, uncooked
1/2 c. sugar
1/4 c. all-purpose flour
1/2 tsp. ground cinnamon
1/4 tsp. ground nutmeg
1/8 tsp. salt
3 T. reduce-calorie margarine
1/4 c. plus 2 T. frozen lite whipped topping, thawed
Spoon apples slices into an 8-inch square pan; sprinkle with orange rind and juice. Combine oats and next 5 ingredients in a medium bowl, stir well. Cut in margarine with pastry blender until mixture resembles coarse meal. Sprinkle mixture over apples. Bake at 375° for 40-45 minutes or until

apples are tender and topping is lightly browned. Spoon into individual dessert bowls; top each serving with 1 tablespoon whipped topping.

CHOCOLATE BOURBON PECAN CAKE

Imogene Wilson
Country Gals
Lawrence County
1/2 c. or (1 stick) margarine
1 (12 1/2-oz.) can pecan filling
1 c. sugar
2/3 c. buttermilk
3 T. bourbon
1 T. vanilla
2 eggs
1/2 c. cocoa
1 1/2 c. self-rising flour
1 c. chopped pecans
Preheat oven to 350°. Melt margarine in heavy saucepan over medium heat. Remove from heat, stir in pecan filling until smooth. Stir in sugar, buttermilk, bourbon and vanilla until smooth. Stir in egg, stir in cocoa and flour until blended. Stir in pecans. Pour batter into prepared pan. Bake 1 hour. Cook in pan for 10 minutes. Cream cheese frosting.

CHRISTMAS STRAWBERRY CAKE

Virgie Rach
Dennis-Green Valley Homemakers
Lawrence County
1 pkg. white cake mix
4 eggs
1/2 c. oil
1/2 c. juice from sm. pkg. strawberries
1 sm. pkg. frozen strawberries
1/2 c. water
1 pkg. strawberry Jello
Soften Jello in 1/2 cup water. Combine with other ingredients, except strawberries. Blend all together for at least 4 minutes. Bake 30 minutes at 350° in a 3 x 9-inch layer pan. Frosting: Cream together 1/2 stick butter or margarine. Add 1 package confectioners sugar. Add as many drained strawberries as takes for right consistency.

SUGAR-FREE CREAM CHEESE FROSTING

Carolyn Davis
Lawrence County
1 1/2 (8-oz.) pkgs. light or fat free cream cheese
1 1/2 T. margarine
12 pkgs. aspartame
2 tsp. vanilla
1 T. skim milk, to thin if needed
Beat together cream cheese and margarine. Then

stir in Equal and milk until powder is moistened. Beat until smooth and spread on cake.

EASY RED VELVET CAKE

Sharon McCarty
Dennis-Green Valley Homemakers
Lawrence County
1 box yellow cake mix (without pudding)
Milk (substitute for water in cake mix)
2 T. cocoa
1/2 c. oil
1 tsp. vinegar
2 eggs (or amount mix requires)
1 oz. red food coloring
Preheat oven to 350°. Mix ingredients thoroughly. Pour into 2 (8-inch) round pans or 1 (9 x 13-inch) pan. Bake 30-35 minutes until cake tests done. When cake is cool, frost with Cream Cheese Frosting.
Cream Cheese Frosting:
1 box confectioners sugar
1 tsp. vanilla
8 oz. cream cheese, softened
1 c. nuts, chopped
1/2 c. margarine, softened
Mix all ingredients and spread on cool cake.

PEACH BASKETS

Ruth Ann Smith
Dennis-Green Valley Homemakers
Lawrence County
3-4 (30 oz.) peach halves
2 c. Total cereal, crushed
1/2 c. dark brown sugar, packed
1/2 tsp. salt
3 T. flour
1/4 c. white corn syrup
1/4 c. peach juice
3 T. butter
1/2 tsp. lemon juice
1/2 c. chopped pecans
Drain peach halves, pat dry on paper towel. Mix together Total, brown sugar, salt and flour. Add remaining ingredients and mix well. Fill center of peach halves with mixture and bake in a glass baking dish at 350° for 25-30 minutes. Will serve approximately 24 people. Can make ahead and store covered in refrigerator. Bring to room temperature before serving.

CHESS CAKE

Mildred Branham
Floyd County
1 box yellow cake mix
1 stick melted butter
1 egg

1 (8 oz.) cream cheese
1 box powdered sugar
1 tsp. vanilla
2 eggs
1/2 tsp. almond extract
Mix by hand; cake mix, butter and 1 egg. Spread in a 9 x 12-inch pan and press with your hand. With mixer, mix cream cheese, sugar, 2 eggs and the vanilla and almond flavoring. Spread over first layer. Bake at 350° for 35-40 minutes. Cool and cut into squares.

DIABETIC CAKE

Virgie Brown
Johnson County
2 c. raisins
1 c. unsweetened applesauce
3/4 c. oil
1 tsp. vanilla
1/2 tsp. nutmeg
1 1/2 tsp. cinnamon
1 tsp. baking soda
1/2 tsp. baking powder
2 c. water
2 eggs
1/2 tsp. salt
2 c. flour
Cook raisins in water until soft and plump, drain. Add applesauce, eggs, vanilla and oil. Sift dry ingredients together and add to first mixture. Pour into a greased and floured 9x13-inch pan. Bake at 350° for about 30 minutes. Test for doneness. Can use a tube pan.

PAY DAY CAKE

Dianna Zornes
Greenup County
1 box yellow cake mix
2/3 c. melted margarine
1 egg
1 lb. peanuts (topping)
1 bag mini marshmallows
Sauce:
1/4 c. margarine
12-oz. pkg. peanut butter chips
2/3 c. light corn syrup
2 tsp. vanilla
Mix cake with margarine and egg. Bake at 325° for 10-15 minutes until toothpick comes out clean. Cover cake with marshmallows and return to oven. Bake 5-9 minutes until marshmallows are melted, but not browned. Remove from oven and let cool. In saucepan, melt sauce ingredients thoroughly. Let cool completely. Spoon over cake. Top with 1 pound of peanuts. Press lightly. Allow sauce to set 1/2 hour before serving.

Mike wins a copy of the terrific book *The Best of Beakman & Jax.*

YOU CAN by JOK CHURCH

beakman & jax

Dear Beakman,
Why does hot water turn into ice cubes faster than cold water?
Mike Myers
Battlecreek, Michigan

Dear Mike,
The idea that hot water freezes faster than cold water is very popular and is also false. To figure that out, it'd be good to know how a refrigerator works. Fridges do not make cold. They move heat. The more heat there is to move, the more work the machine has to do, and the longer it takes. I will also tell you this is one of those things that people love to believe and will have a hard time giving up.

Beakman
Beakman Place

MOVING HEAT

WHAT YOU NEED: Rubbing alcohol - tissue - your sweet self
WHAT TO DO:
Dab a bit of alcohol onto the back of your hand. Gently blow on the alcohol and notice how that makes your hand feel.
WHAT IS GOING ON:
When you blew, you helped the alcohol turn from a liquid into a gas - what we call evaporation (ee-VAP-ur-A-shun).

1 - A liquid chemical is inside the fridge's pipes. Heat moves from your ice tray to the liquid. That heat energy evaporates the liquid and it turns into a gas.

2 - The gas goes into a compressor, which squeezes it back down in size until it becomes a liquid again. But the heat in the gas has to go somewhere. It can't just disappear, because nothing ever disappears! The liquid is now hot.

3 - The liquid goes to a coil outside the refrigerator, where the heat moves from the coils to the air in your kitchen. The more heat energy it has to move, the longer it takes.

SO WHAT: Heat from your hand moved into the liquid and provided the heat energy that evaporation needs. As the heat moved from your hand, it felt cold. Cold is not a thing. Instead, it's the absence of heat.

Refrigerators work the same way, by pumping a liquid through long coils of pipe inside and outside the machine. Heat from food - or your ice cube tray - moves into the liquid and then from the liquid into the air in your kitchen. Find the outside coils on your fridge. They're either in the front at the bottom or at the back. Feel them.

P.S. from Jax: Light and dark is a lot like hot and cold. The same way there is no such thing as cold, there is no such thing as darkness. There is only more or less light.

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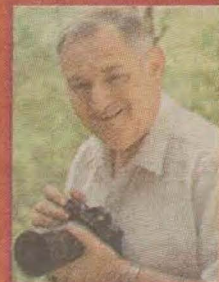
INSIDE

Sunday

October 24, 1999

Sports *Plus*

*Sports In
Perspective*

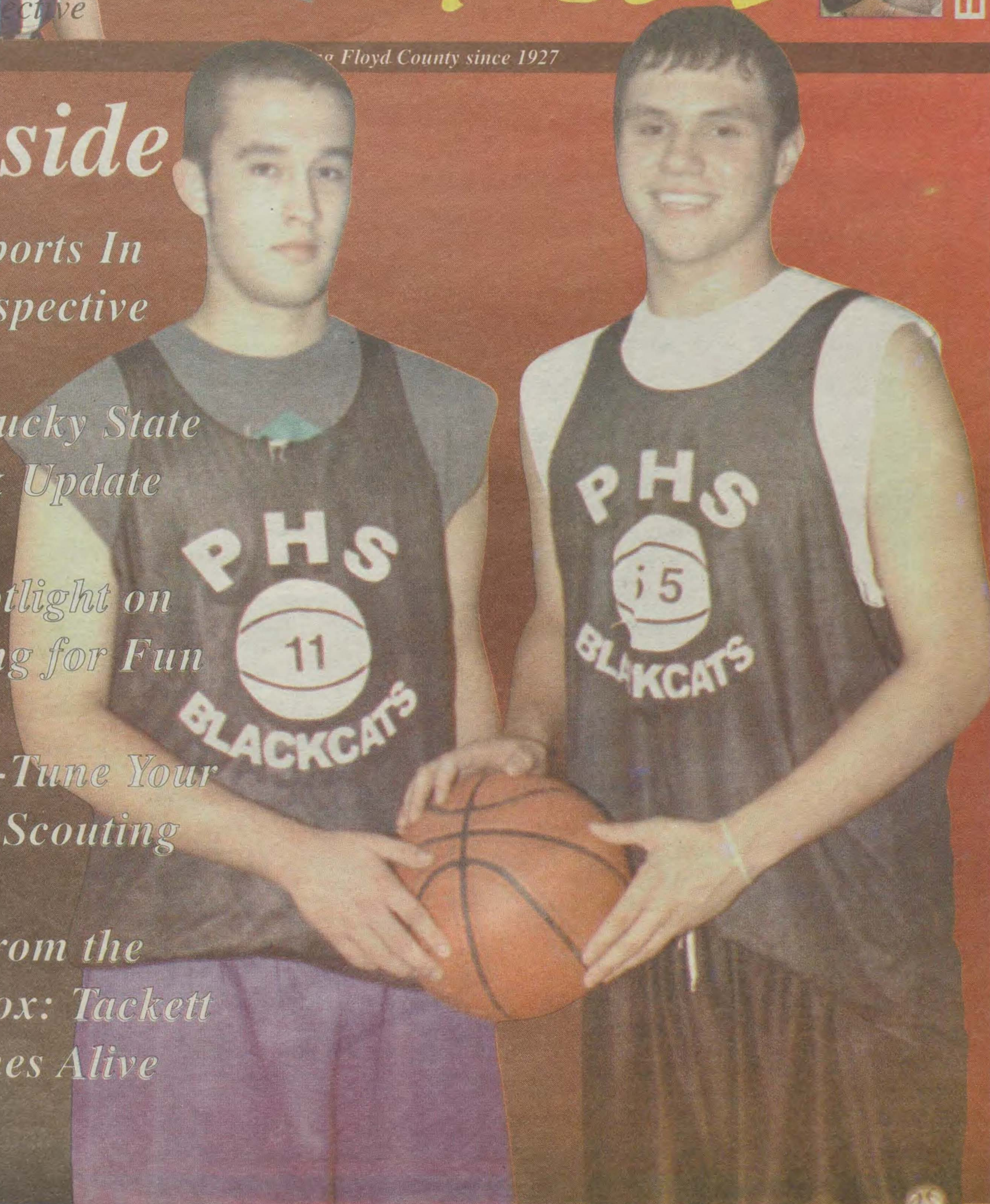


ED TAYLOR

... Floyd County since 1927

Inside

- *Sports In Perspective*
- *Kentucky State Park Update*
- *Spotlight on Bowling for Fun*
- *Fine -Tune Your Deer Scouting*
- *From the Pressbox: Tackett Comes Alive*



GTE Athlete of the Year nominees

Nineteen amateur athletes from across Kentucky have been nominated for two GTE Athlete of the Year Awards given annually for the Bluegrass State Games by GTE. Ten females and nine males were nominated for the awards.

Another 13 people who volunteer with the Games were nominated for the Volunteer of the Year Award, that is also given by GTE.

The selection committee is scheduled to meet October 28 to review the nominations and make its choices for the 1999 awards. All nominees and their families will be invited to a reception in their honor at the Radisson Plaza Hotel in

Lexington on Tuesday, November 30. The winners will be announced at the reception.

"We think we have some outstanding nominees this year," said Eric Ward, executive director of the Bluegrass State Games. "They are from all parts of the state. They represent all different sports and they range in age from 5 to 70."

The nominees, their hometowns, and the sports they competed or worked in are:

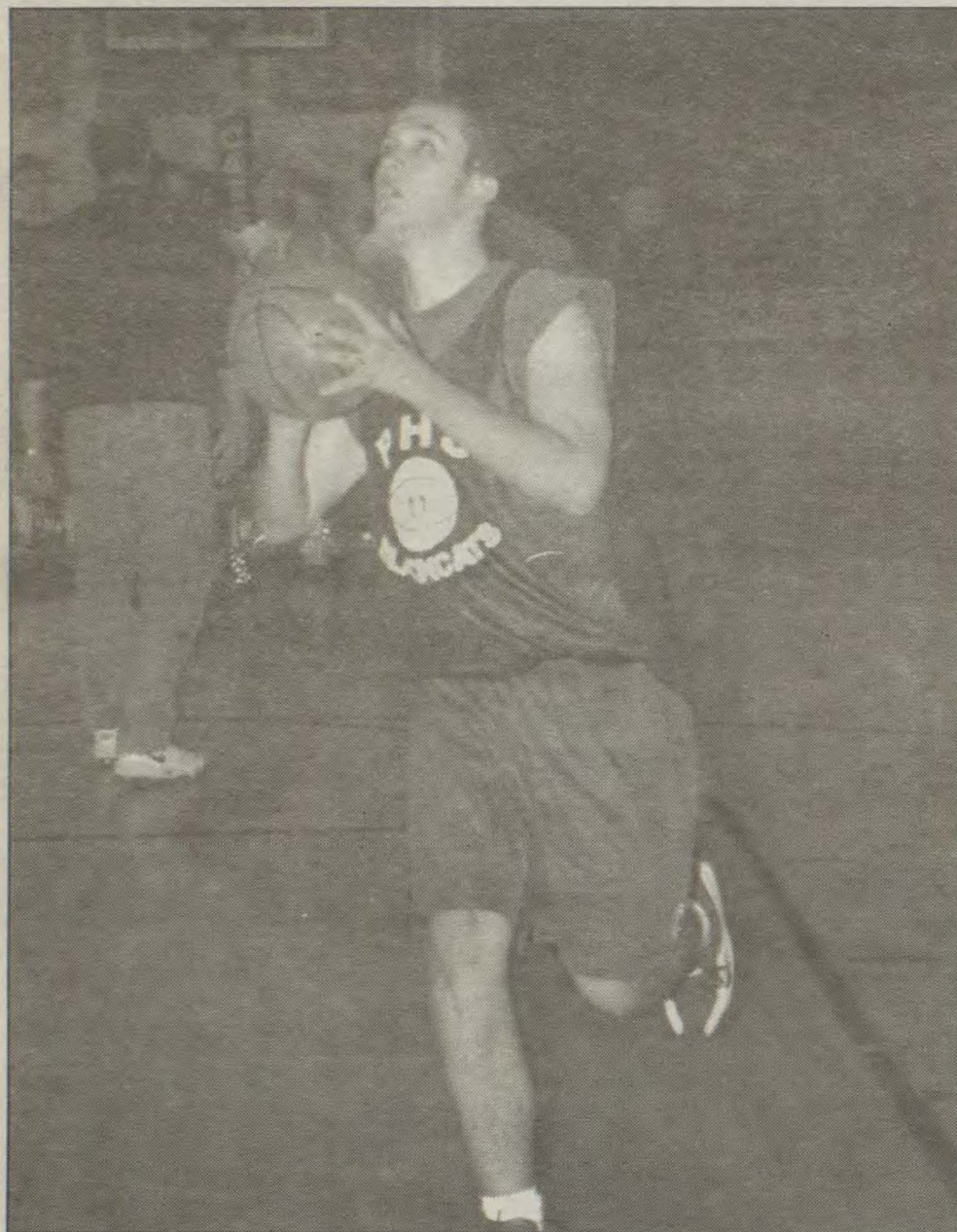
• GTE Female Athlete of the Year: Kristi McKnight, Lexington, chess; Marty Donaldson, Lexington, diving; Debbie McDonald, Ferguson, croquet; Amy Delahanty, Louisville, fencing; Megan

Hephner, Georgetown, western horse; Jill Davis, Paint Lick, softball; Sara Newman, Lexington, in-line hockey; Nicole Krupelman, Villa Hills, tennis; Beverly Marie Metcalf, Frankfort, track and field; and Pamela Curtsinger, Bardstown, disc golf.

• GTE Male Athlete of the Year: Tim Chilton, Louisville, chess; Michael Bradley, Winchester, diving; Fedrick "Reggie" Bentley, Louisville, fencing; Brian Wease, Elizabethtown, disc golf; Jordan D. Ellison, Liberty, power tumbling; Williams Jake Jacobs, Frankfort, horseshoes; Troy Smith, Lexington, softball; Morris T. "Sonny" Collins, Radcliff,

track and field; and Chris Jodarski, Lexington, western horse show.

• Nominees for GTE Volunteer of the Year: Don and Missy Lutz, Mt. Washington, chess; Sara Kelly, Louisville, fencing; Merle Insko, Paris, track and field; Ollie F. Covington, Georgetown, horseshoes; Nancy Roth, Lexington, equestrian; Elizabeth "Scobby" Ryan, Lexington, diving; Richard Huber, Nicholasville, western horse show; Bruce Quick, Lexington, volleyball; Brock Woodall, Liberty, disc golf; David Gailey, Lexington, gymnastics; Estelle Quisenberry, Louisville, soccer. and Lisa McClanahan, Lexington, shooting.



To the hoop

High school basketball practice got underway this past week as the Prestonsburg Blackcats took to the court. The season is a month away (photo by Ed Taylor)

KENTUCKY STATE PARKS

November a great time to visit state parks

Visit a Kentucky State Park during November and enjoy the great outdoors.

The month begins with a Christmas Candlelight Tour and the gift shops are brimming over with wonderful handcraft items and other gift ideas for those special people on your Christmas list.

For the outdoorsman, we offer the Moonbow Trail Trek and a Forestry Weekend. The Thanksgiving holiday will be celebrated with "taste-tempting" dinner buffets at resort parks. For more information on what's happening at the parks, call toll free, 1-800-255-PARK.

NOVEMBER SCHEDULE

Nov. 5-6 - FORESTRY WEEKEND: Jenny Wiley State Resort Park, Prestonsburg. Winter tree identification, the masters' logger program, service forestry evaluations and area woods craftsman. \$10 per person, \$5 for children (12-16). 15 percent lodging discount. Pre-registration deadline, October 31. For information call (606) 886-2711.

Nov. 6 - MOONBOW TRAIL TREK: Cumberland Falls State Resort Park, Corbin. Enjoy the great outdoors with a choice of hiking 10.8 or 4.5 miles of scenic beauty that promises to be a challenge. Registration fee includes a T-shirt, refreshments and shuttle service. Pre-registration required. For information, call (606) 528-4121.

Nov. 12-13 - MONTE CARLO WEEK-

END: Buckhorn Lake State Resort Park, Buckhorn. A weekend of fun and games with a Monte Carlo party on Saturday evening. For information, call (606) 398-7510.

Nov. 12-14 - ARCHAEOLOGY WEEKEND: Kentucky Dam Village Resort Park, Gilbertsville. Genuine artifacts on display. For information, call (270) 362-4271.

Nov. 12-14 - COUNTRY WESTERN WEEKEND: Pennyrile Forest State Resort Park, Dawson Springs. \$175 per couple, includes two night's lodging, dance instruction, casino, Saturday dinner buffet and dace and Sunday breakfast buffet. Pre-registration deadline, October 30. Minimum number of participants required. For information, call (270) 797-3421.

Nov. 19-20 - FORT HARROD HOLIDAY GALA: Old Fort Harrod State Park, Harrodsburg. 1000 luminaries will guide your way as you visit the pioneer fort and the Victorian Mansion Museum. Victorian Santa Claus, live music and refreshments. For more information, call (606) 734-3314.

Nov. 19-21 - KENLAKE FALL JUNIOR TENNIS CLASSIC: Kenlake State Resort Park, Hardin. A USTA Junior Tournament for boys and girls (ages 12 and 16). Singles

(See Parks, page three)

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Parks

(continued from page two)

only. \$25 registration fee. Pre-registration deadline, Nov. 13. For information, call (270) 474-2211.

Nov. 20 - HOME FOR THE HOLIDAYS: John James Audubon State Park, Henderson. A homemade

holiday workshop. Transform inexpensive, recycled and natural materials into decorations of the past. Children (8 and under) must be accompanied by an adult. Pre-registration deadline, November 6. \$5 per person. For information, call

(270) 826-2247.

Nov. 25-28 - THANKSGIVING HOLIDAYS: Buckhorn Lake State Resort Park, Buckhorn. A traditional buffet served on Thanksgiving Day and historical activities throughout

the weekend. For information, call (606) 398-7510.

Nov. 26 - CHRISTMAS CANDLELIGHT TOURS - A KENTUCKY TRADITION: My Old Kentucky Home State Park, Bardstown. Christmas

greenery, candlelight, period costumes, music and refreshments all lend to the atmosphere of Christmas long ago. Handcrafts and gift items in the park gift shop. For information, call (502) 348-3502.

Nov. 27 - 15th ANNUAL THANKSGIVING HOEDOWN: Natural Bridge State Resort Park, Slade. Clogging and mountain-style square dancing. For information, call (606) 663-2214.

Whitney Lykens is determined to win

by Karen Joseph
Sports Writer

When you are in grade school and like to play basketball, you have hopes of playing on the grade school team.

At Betsy Layne grade school, there is a female basketball player who not only has the dream of playing grade school basketball, but she is also realizing the dream of playing on the high school varsity team while still in grade school. Not very many grade school ball players get this opportunity, but Whitney Lykens has.

Lykens, a talented individual, is in the eighth grade at Betsy Layne Elementary and plays on the grade school girls' basketball team. Her grade school coach is Jim Roberts.

Whitney participates in all the practice sessions and the games and still maintains a 4.0 grade point average. That's fantastic.

Girls' middle school basketball is in full swing and high school basketball practice started the October 15. So Whitney, either has basketball practice or a game about every night. This is very hard on a grade school child.

According to Whitney's mother, "Whitney is determined to win the county grade school tournament this year for her best friend, Jessica." Jessica Bentley had meningitis and is at the University of Kentucky Hospital, where she remains in intensive care, but has made a remarkable recovery. She is no longer on the respirator or kidney dialysis.

"Whitney and Jessica are best

friends. Jessica spent the night at my house the weekend before she became ill. This has really taken its toll on Whitney," said her mother. "Whitney says she will play this season for Jessie."

Whitney and Jessica played one game this year before Jessica became ill. They played the Johnson Central Eagles, and the duo lead all scorers. Betsy Layne head coach Cassandra Akers said, "Jessica attended all camps with us this summer and would have seen action in the varsity squad this season. This has been really hard on the girls. They are very concerned about Jessica and really miss her. They (Jessica's family) called me two weeks ago and said that they had called the family in and said that Jessica had a hole in her colon and needed surgery, but that the doctors did not think she was strong enough for surgery. They performed the surgery and Jessica is doing wonderful. The doctors say it is a miracle. A lot of prayers have been answered."

Whitney has played basketball most of her life. She started playing on a training league at Betsy Layne when she was four years old. She has always gotten a lot of practice at home.

Her older sister, Brandi, also plays on the girls' varsity squad at Betsy Layne. Brandi played three years in grade school, but sat out her first two years in high school. She is a junior now and is on the ball team. These two sisters have each other to practice with all the time.

Whitney and Brandi both

attended the camps this summer with the Lady Bobcats. The Bobcats attended Sheldon Clark for a league camp. They also attended Transylvania University for a week-long camp.

Coach Cassandra Akers is in her second year as head coach of the Lady Bobcats. She has high hopes for Whitney.

"Whitney is a great kid and a great ball player. She is a strong player inside and out. She is a very smart player and is a very good rebounder. She can do anything that needs to be done. I am looking forward to this year. I have some young, but very talented girls."

The grade school schedule

begins the second week of November and the high school season begins the first week in December, with a couple of panoramas before that.

So, if you get a chance to attend one of the Betsy Layne games, keep your eye on Whitney Lykens. She will be around for several more years.



Whitney Lykens

Sports Editorial

Wilt's game

The game has ended for Wilt Chamberlain, one of those rare athletes who forever changed the sport he dominated.

Think of Babe Ruth, a record-breaking home run hitter with appetites as powerful as his swing. Think of Muhammad Ali, a world champion boxer with a charisma as strong as his fist.

Then think of Chamberlain, who set scoring records that may never be broken and whose personality dwarfed his 7-foot, 1-inch frame.

On the basketball court, Chamberlain, who died October 12, did the

(See Wilt, page four)

Touching bases

Should Pete Rose be in the Hall of Fame?

by Ed Taylor
Sports Editor

It's World Series time, and the fall classic may be played in more winter-like weather.

However, with the classic between the Yankees and Braves, you really want to pull against both clubs.

The real attention, though, has to be focused on all the pre-series stuff: like the meetings, the ceremonies and the getting together of all the dignitaries who feel they have to do this in order to get the Series up and running.

Then there is the All-Century team being honored at all the pre-series festivities and the person who got invited to the special ceremony — Pete Rose.

Rose has a lot of formers

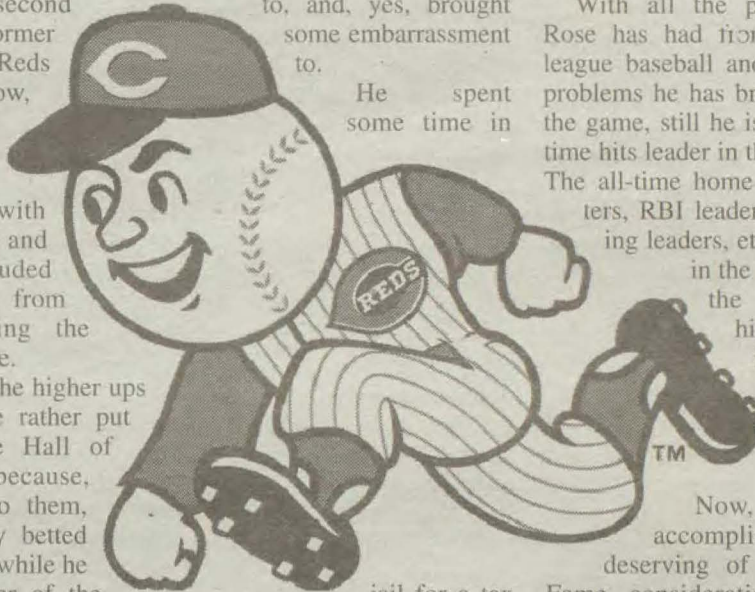
in front of his name. Former Cincinnati Reds third baseman, former Philadelphia Phillies second baseman, former Cincinnati Reds manager. Now, it was the latter that got him in trouble with baseball and being excluded for lifetime from ever entering the Hall of Fame.

Instead, the higher ups should have rather put him in the Hall of Shame because, according to them, he allegedly betted on baseball while he was manager of the Reds.

Now Rose, the all-time hits leader in major league

baseball history, has applied for reinstatement to the game that he gave so much to, and, yes, brought some embarrassment to.

He spent some time in



jail for a tax problem with the federal government and then admitted that he was a heavy bet-

tor, but betting mostly on NFL games and never on the Reds games.

With all the problems Rose has had from major league baseball and all the problems he has brought to the game, still he is the all-time hits leader in the game. The all-time home run hitters, RBI leaders, pitching leaders, etc, all are in the Hall, yet the all-time hits leader is not.

Now, Rose's accomplishments, deserving of Hall of Fame consideration, was accomplished on the field and not from the dugout as manager.

No matter what we think of his actions as a manager — whether he did in fact bet on baseball — the records that matter right now are what he did as a player. Most baseball fans feel he should indeed be elected to the Hall of Fame.

I remember when Rose began his major league career with the Rds. It was at old Crosly Field in Cincinnati and I was at the game when he took regular second baseman Don Blasingame's place at second base in the fourth inning. He batted twice and had two hits. He was never out of the line up after that. That is a moment I will always remember about Pete Rose.

Remember the day/night doubleheaders that once frequent baseball. My son,

Greg and I attend one when they played San Diego and it was the annual banner night at Riverfront Stadium.

Greg and one of his friends had worked a long time in building a banner that was a tribute to Rose. As they paraded on the field with the rest, the procession took them past the Reds dugout where Rose happened to be. He tip his hat to them as they passed by. The banner caught the All-Star's eye.

Put him in the Hall of Fame. There are those there that did just as worse as he has been accused of doing.

Rose will always be a baseball icon and is deserving of the Hall.

Stay in the base paths and touch all the bases while heading home!

One of the sharpest looking trucks from the past at last weeks Red, White and Blue Car Show at Martin was this old-timer that caught the eye of many as they entered the Firststar Bank parking lot. (photo by Ed Taylor)



Wilt

(continued from page three)

seemingly impossible. He dropped in 100 points in one NBA game, averaged more than 50 points a game in one season and 27 rebounds a game in another. He even led the league in assists one year.

Chamberlain was so dominant that the rules of the game were changed in an attempt to slow him down. But Chamberlain never paused, on or off the

court.

He wrote in his autobiography that he had engaged in sex with 20,000 women. The figure was probably fanciful, although people who underestimated Chamberlain were often surprised.

But the statement did illustrate Chamberlain's restlessness. He was hailed as one of the all-time great athletes, traveled in elite cir-

cles, earned a fortune for his efforts. But he never seemed satisfied.

In his later years, he bristled when commentators called Michael Jordan the greatest player ever. His relations with Kareem Abdul-Jabbar, a fellow Los Angeles Laker who broke his career scoring record, were prickly as well.

Chamberlain was determined that others would not

forget what he had accomplished on the court. Anyone who threatened his records or his legend were viewed as rivals to be challenged.

Yet, in one of his last interviews, Chamberlain appeared to have finally found a measure of peace. He credited Meadowlark Lemon, a former Harlem Globetrotter with whom he played at times, as being the best ever.

He acknowledged that by winning championships year after year, Bill Russell had accomplished what he could not. And he expressed regret for his sexual history.

"With all of you men out there who think that having a thousand different ladies is pretty cool, I have learned in my life that having one woman a thousand different times is much more satisfying," Chamberlain said.

In 1968, Chamberlain signed a record-breaking five-year contract with the Los Angeles Lakers. He made \$250,000 a year.

Today, NBA players who never leave the end of the bench make two or three times that amount. They owe Chamberlain thanks. We who love basketball owe him our thanks as well.

Reprinted from the *Indianapolis Star*.

Some angler could collect \$1 million

Bass Tournament...

Competitive sport fishing history will be rewritten when bass anglers from around the country converge on the Winter Haven chain of lakes November 4-7, at Florida's Cypress Gardens, to compete in the first Ranger M1 Millennium bass tournament, presented by Wal-Mart, where the winning angler could collect a record-shattering \$1 million.

Of all the celebrated sporting events held throughout the world each year, the Ranger M1

Millennium bass tournament stands out as one of the most lucrative in all of professional sports, with potentially the largest first place cash prize of all. With a potential payoff of \$3.6 million, and the first-of-its-kind live, 90 minute broadcast of the final day's fishing action on FOX, the Ranger Millennium will be seen by the largest audience ever to view a fishing tournament.

Competitive bass angling and fishing, which boasts more participants (55 million) than golf and tennis combined, is gaining momentum as one of the primary U.S. participant and spectator sports and is attracting many of America's leading corporations to sponsorships and the marketing of competitive fishing.

"The growing interest in fishing makes perfect sense," says Irwin L. Jacobs, owner of Ranger Boats.

"Fishing is a sport whereby enthusiasts at various skill levels, regardless of gender, can compete shoulder to shoulder with fishing's biggest names."

Marquee events, like the Ranger M1 Millennium, and another Jacobs bass tournament property called the Wal-Mart FLW Tour, are boosting competitive bass angling to new heights and shedding a new light on the sport. Fishing programs on television are watched by 34 percent more armchair anglers today than they were just four years ago, according to TIME Magazine, in their November 9 article entitled, "A Wider World of Sports." And the comparison of the explosion in the sport to that of NASCAR continues to emerge from media monoliths like Sports Illustrated and USA Today.

The format for the prestigious bass tournament will include a full field of competitors consisting of 200 anglers in the professional

division and 200 anglers in the co-angler division, competing for two days, Thursday and Friday. The 50 anglers from both divisions with the heaviest combined weight of fish advance to the second round of competition on Saturday.

The 50 anglers from each division begin anew on day three and fish for one day for one of 10 berths in the final, championship round on Sunday. The 10 slots are awarded to the anglers with the heaviest catch weights for the day. The 10 Pro Division finalist start over again on Sunday, with the ultimate winner determined by that day's catch. FOX cameras will follow each of the final 10 anglers throughout their fishing day, capturing every cast — and catch.


The winner of the Ranger Millennium M1 bass tournament receives the largest cash award ever paid in a fishing tournament — \$400,000. If the winning angler meets each of the

events' sponsors' bonus cash requirements, he or she will receive \$1 million. The winning co-angler could earn up to \$250,000.

This is the first opportunity competitive fishing has had to be exposed to a live national television audience. The historic Ranger Millennium M1 bass tournament will immediately follow the noon EST NFL on FOX game. The 90-minute broadcast will consist of one-half hour of taped coverage and, for the first time in major network history, one hour of live bass fishing tournament coverage.

Coverage will be spread across nine miles and 14 lakes. The live telecast incorporates state of the art production including the utilization of multi camera mobile production facilities, highly sophisticated radio frequency equipment, and many of the nation's top television production professionals consisting of more than 80 people.

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Give the governor a cheer
The Allen Elementary cheerleaders performed for the crowd that gathered to hear Governor Paul E. Patton at the courthouse. (photo by Randy Reno)

From the Pressbox...

Tackett comes alive as basketball arrives

by Ed Taylor
Sports Editor

"Keep your head up!"

"It is going to roll off your shoulders!"

"Don't change hands when you dribble, drag the ball!"

Words of encouragement?

Hardly. They were instructions to do better if you want to play from Prestonsburg assistant coach, Harold Tackett.

Tackett will return to the basketball wars this year helping Coach Jackie Day Crisp, who was named head boys coach at the local high school last year. Crisp said he is happy with his staff.

"I think I have a pretty good staff this year," said Coach Crisp. "We have Harold, Bobby Hackworth is going to help as well as Coach (John) Derosssett."

Tackett continued to instruct as Coach Crisp looked on and instructing from the other end of the floor. You could see the chemistry was right between the two coaches, because both have proven to be winners.

"I love it. I am satisfied where I am. I enjoy helping out and coaching again," said Tackett. "This team will surprise some people before the season is over."

On the court, Tackett was teaching the returning players how to change hands when they dribble and telling them they needed to keep their heads up in order to see the floor.

Tackett began his coaching career at tiny Mountain Christian Academy but quickly built the program into a contender among the larger schools, although a county

championship escaped him. He never did fulfill that dream while at MCA.

Later, he had a stint in Johnson County and then went back to Floyd County. For three seasons he took the Prestonsburg girls' basketball program and built it into the contender it is today.

Under the coaching skills of Tackett, his first year brought criticism because of he was so demanding in practice and on the basketball court. But as the season progressed and the Lady Blackcats were pulling off some surprise wins, the criticism died down.

Prestonsburg won the 58th District tournament under Tackett in his third season. He coached a fourth season and then left the school and headed up to Left Beaver where he taught at South Floyd High School, but never

coached.

Last year, the girls' program at Prestonsburg advanced through the district tournament, with a thrilling come-from-behind win over the Lady Rebels of Allen Central on a last second three-point basket by Amelia Conley. The Lady Blackcats did not stop until they were defeated by Belfry in last year's regional championship game. That team played under the tutelage of Coach Crisp.

But, while Crisp was an excellent coach and did an outstanding job with the girls' program, much of the groundwork was laid for that team in the time Coach Tackett was at the girls' helm.

After being out of coaching, Tackett worked close to the programs at respective schools, turning down head coaching jobs elsewhere, just

to stay in Floyd County.

He has always had a dream and hopes one day it will become a reality.

"Coaching girls basketball is not that bad," he said. "But I have always wanted to have my own boys' program. That is something I have hoped for ever since I have been in coaching."

On the court, he quietly tells the players the next drill they will be going through. He demonstrates it like a "kid that loves the game of basketball." And he does. It shows. Harold cannot hide the love affair that has developed between himself and the game. He is dedicated to it and does it well — simply because he appreciates what the game has done for him.

"I just love it," he said. "I never get tired of being out there. I'd rather be here working with these kids than any-

thing else," he said.

After advising the team they needed to work on hitting their layups, Tackett encouraged the team with, "That is okay; we will work on that."

It was evident this Blackcat team was getting tired, and he recognized that as the passes were not as sharp and the body movement was slowing.

"Get yourself a drink and rest," he told them. They gladly obeyed that command.

Once back on the court, Coach Crisp and Coach Tackett were going by their practice schedule. A lot of work needed to be done and this was the first day of practice.

Before the season starts, it is a sure thing, as they slumber in the night, this Blackcat team will be hearing the voices of these two coaches.



PRESTONSBURG ASSISTANT COACH HAROLD TACKETT went through drills on the first day of practice for the Prestonsburg Blackcats (photo by Ed Taylor)

Take a stand to get that rutting buck

The opening of firearm season in most midwestern states corresponds to the mating cycle of the white-tail deer. This mating period is commonly referred to as the rut. At this time of

year the bucks are the most active. They do a lot of traveling in search of the receptive does.

During some of these travels the buck marks his territory by leaving a "calling card" of sorts. These calling cards are commonly referred to as scrapes. A scrape is a bare, pawed-out patch of

ground made by a buck with his front hooves during the breeding season. Rutting bucks mark each scrape with their scent by urinating on them.

Does in the area deposit their scent on a scrape when they are ready to breed. For this reason bucks make a regular checks on their scrapes.

The scrape is only made during the rut. The hunter needs to key in on this area if he is looking for antlers on a deer.

Over a period of 24 hours bucks visit their

scrapes numerous times.

Many of the scrapes that are nearest to roads and humans are visited during the night, but some scrapes that are located well off the beaten path are visited during the daylight hours. A hunter looking for a productive ground scrape during the daylight hours needs to look for a scrape away from most roads and adjacent to heavy cover.

Preseason scouting is a must when selecting a proper stand to hunt from. A week before the opener is usually enough time to look for a spot. The more time spent afield the better chance you will have to locate a trophy buck. Remember, this is a period of breeding; the deer that was located in the bean field and corn field in the summer might have moved over by the swamp. Therefore, move to high ground and glass the areas at dawn and dusk to locate and see the movements of those bucks.

While scouting don't hesitate to use a scent cover-up. Also, don't forget to wear 100-percent

rubber boots to cover the human scent while walking in the bucks environment. Even during the rut, deer can smell downwind about 500 to 600 yards. They will pick up

a snap of a twig, a rustle of leaves, or a scuff of a boot at unbelievable distances. These

unfamiliar sounds may not stop the buck from looking for the doe, but they can make the buck wary, and an alert buck will seldom find his way into your freezer.

I like to use a portable deer stand as a scouting tool. The Vantage Point Trailhawk Treestand I use allows me a high vantage point to watch deer and it gives me the mobility to move my stand wherever the deer seem to be making the scrapes. A portable treestand allows me to hunt with the wind at my advantage, instead of being at the wrong place when the wind decides to shift.

I like to position my treestand so that I have a clear vision of at least two active scrapes. One way I am sure that this area will

visit a scrape is to attach a scent dripper to an overhanging

branch or limb. One

scent delivery system that I like, The Ultimate Scrape Dripper, is activated by the rising daytime

temperatures, making it more likely that bucks will visit during daylight hours.

Karen's Korner

More Troubles for Bobcat football



Just when Ted George thought that things couldn't get any worse, things went worse.

Ted has two boys who are out for the rest of the season because of an attendance policy. Apparently, the site-based council has a

policy at Betsy Layne that a student must have 96 percent attendance every 20 days or that child cannot participate in sports.

Now, I think that academics should always come before extra curriculum activities, but this policy may be a little strict. According to the policy, a student has two days to get in an excuse for being absent. After two days, the excuse will not be accepted. Many times parents will write the excuses, and the child will forget to turn them in.

In no way am I giving the site-based council a hard time. The boys on the football team knew the policy and should have been more conscientiousness. The fact

remains the same, Ted George's football team will suffer. Aaron Swiger and Brent Hamilton will be ineligible to play the last two games of the season. This will really hurt the Bobcats.

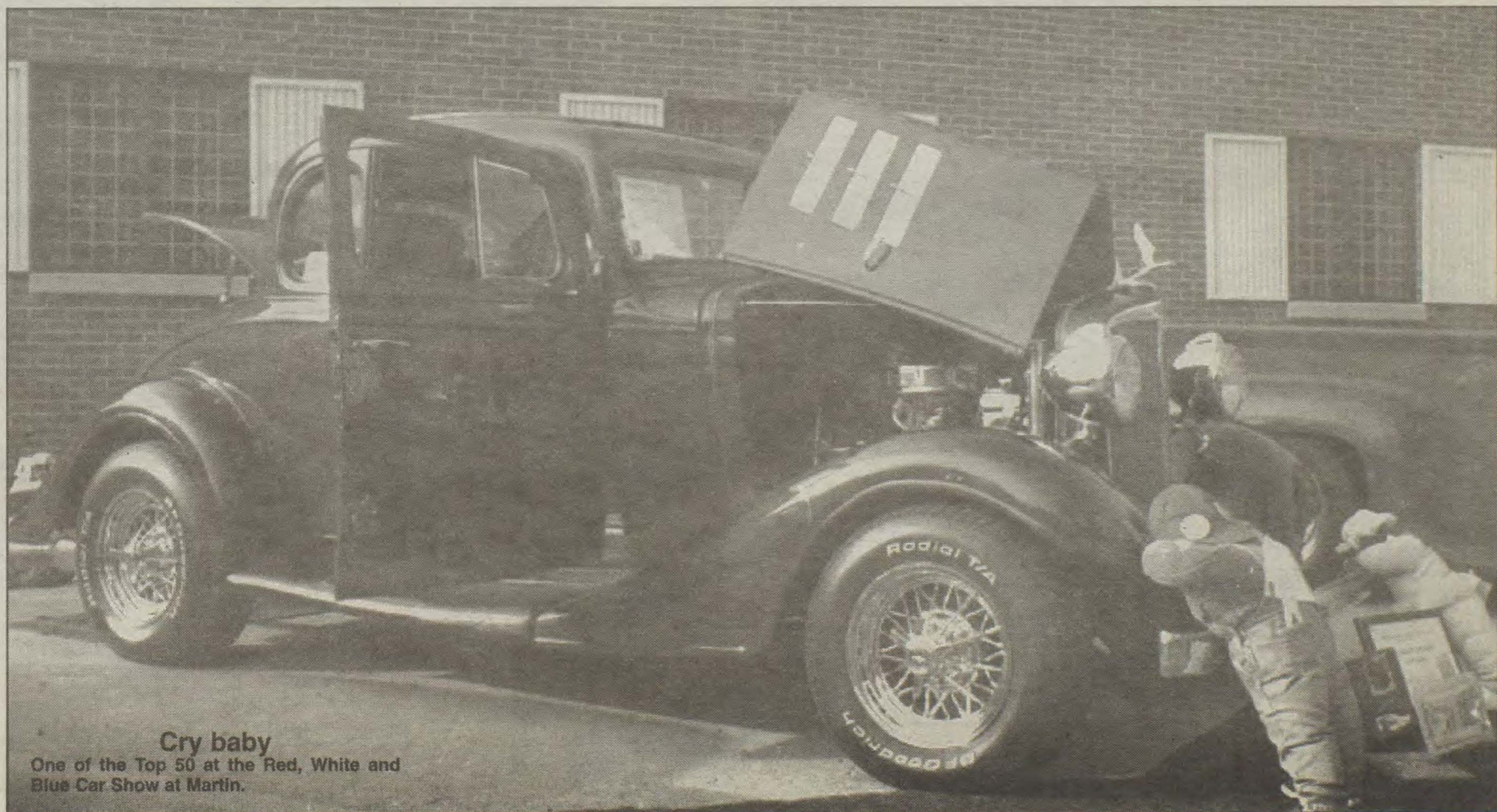
Ted George is a wonderful coach and is really trying to build a program at Betsy Layne, and it seems as if things always go against him. I just hope that Ted does not get discouraged and transfer.

I think that there should be policies and regulations, but that it should be county wide, not just in one school. I think this policy was originated to help the attendance, but it seems to me it punishes the wrong children. I think maybe there should be a different punishment than being prohibited from playing sports. This really discourages kid from participating in sports.

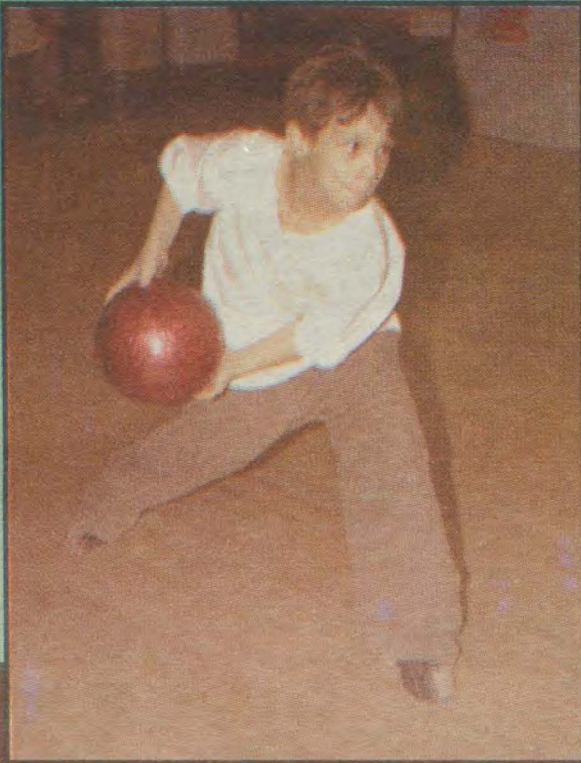
Two Blackcats on the mend

I talked with Nick Clay and Matt Sester at the Prestonsburg ballgame the other

(See Korner, page ten)



Cry baby
One of the Top 50 at the Red, White and Blue Car Show at Martin.



Bowling



ing for FUN!

by Ed Taylor
Sports Editor

Something a lot folks don't realize is that bowling is one of the oldest and most popular indoor sports. More Americans compete in bowling than in any other sport. Ever year, in the United States, over 64 million people roll balls down a gleaming wooden lane in an attempt to knock down the 10 pins.

The sport of bowling has moved from the sport it was in the '50s to major bowling tournaments that have started to attract thousands of spectators. Another fact is, bowling tournaments rank among the most popular sports shows on tele-

vision.

Of the countless millions of bowlers around the world, Rudell Preston is just of the millions and she has enjoyed the sport for the past 25 years. Preston does most of her bowling at the Pin Zone Bowling Lanes here in Prestonsburg. She has been a positive influence for the game that seems to have undergone many changes.

"I started bowling in 1974," she recalled. "I started bowling at the Paintsville lanes. I was 25 years old when I first started and I started with our church team, Lancer Baptist Church (Prestonsburg). I have been bowling with the same team. But of those who first started, some have retired or quit.

"The women at the church got a team up and the men had one also. We would load up and go to Paintsville to bowl."

Like millions who first get their feet wet in bowling, Preston said it was a learning experience.

"When I first started bowling, I didn't know what I was doing," said Preston. "It was like one of the kids bowling for the first time. But bowling is a lot of fun."

Preston developed a love for the game and started learning the in's and out's of what it takes to be a good bowler. Starting and then quitting was not one of those things she learned.

"When they built this lane (Pin Zone, first called Rebel Lanes), we moved our bowling team here and have been bowling ever since," she said. "I have stayed with it and have learned a lot over the years."

Rudell said the coveted perfect 300 game has escaped her but her high game was 267.

"If I were to ever bowl a 300 game, I will retire," she said jokingly.

Unlike most sports such as basketball, baseball, football and others, the rules seem to remain the same in the sport of bowling. Preston said some leagues have different rules on handicaps but that is about all the changes.

"It is most ABC rules and sometimes they match up and some times they don't," she said. "On Tuesday nights, the men's league gives you 150 with no handicap. In the women's league, we knock 10 pins off your average and you still get the handicap. There's a little bit of confusion there."

While different leagues have their own special rules, the scoring concept of the game never changes. Today's alley's have moved from the "keeping the score yourself" to the automatic scoring devices in most alley's today.

Preston has seen some of the greats in the sport of bowling and has had a chance to bowl with some of them. But their ability to knock down the pins does not intimidate her.

"When I am on the approach, if they have bowled a 300 game, that doesn't bother me a bit," she said. "I have bowled with bowlers who have bowled perfect games. Chris Hackworth bowled a perfect game, as well as John Hall.

"We had Parker Bowman here, a professional, but I didn't get to bowl with him. Now Janet (Tackett) did."

Rudell took note of some of the local heroes of bowling, and John Huffman is one of those.



(See **Bowling**, page Eleven)

Korner

(continued from page seven)

night. Both are on the sidelines on crutches. Nick and Matt both had knee surgery on October 4 and are recuperating rather well. They both will be back strong for the Blackcats come next year.

Two or three more weeks of football

The football season is

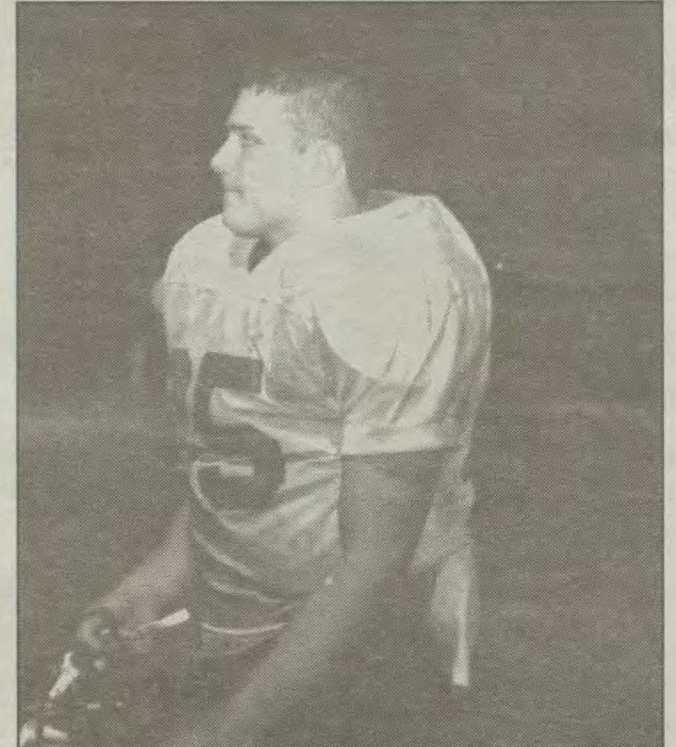
winding down. Just two more games left in regular season and then it's time for the playoffs. Prestonsburg and South Floyd both have promise of a play-off game, and we hope that they make it past the first game.

Girls' High School Basketball

Practice for the girls bas-

ketball team is in full swing at all high schools. Cassandra Akers is the head coach at Betsy Layne. Coach Akers has a very young team. She has one eighth grader, Whitney Lykens, who will start on

the varsity team and one seventh grader, Kim Clark, who will see some action on the varsity team. Betsy Layne will be very competitive this year.



Bowling

(continued from page nine)

"John is an excellent bowler for his age," said Preston. "He is 76 years old and is a very good bowler. Manerva Cooley, she has been bowling for years. Lots of the good bowlers I have bowled with are deceased now,

like Gladys Cooley."

Preston said over the years her love for the game continues to grow and never demise.

"I love bowling. I like it because you get to meet different people and getting acquaint-

ed with them," she said. "If anyone is interested in getting started bowling, just come to the alley, rent you a pair of shoes, get a ball and start bowling."

Classes are available at the Pin Zone lanes for anyone wanting to get started in the sport that has attracted millions over the years.

"If anyone is wanting to start and needs help, John Hurd or myself will show them what to do," said Preston. "Janet is a registered instructor and has her license already. She teaches on level one."

Preston explained that kids are given lane bumpers when they first start.

"We give them bumpers till they can control the ball and keep it on the lanes," said Preston. "After they are able to keep the ball on the lanes, then we remove the bumpers."

The sport of bowling has become popular among family members and the Pin Zone lanes has provided a special night for families, according to Preston.

"We have Monday nights as Family Night," she said. "For a family of five, it is \$25 and unlimited bowling. Wednesday night is dollar night."

who also started when she did 25 years ago.

Preston said there was a time when the bowling leagues saw a decline in participation

also added a note of caution as to the future. "We need more youth to get involved in bowling."

In order to encourage youth bowling, the Pin Zone has set Saturday afternoons from 1 p.m. until 3 p.m. for youth bowling.

We have different age groups from five years old and up. We have six teams on Saturday's right now, but we would like to see all the alleys filled.

Open bowling is held on Monday and Wednesday's as well as the weekends. League bowling is held on Tuesday, Thursday and Friday nights.

Today, millions across America visit their local bowling alleys and even have taken to earning a living by giving live exhibitions and lessons on the art of bowling.

Bowling has become one of the best forms of exercise in the world! Take the family bowling and enjoy an evening together. Listen to Rudell when she says, "bowling is fun!"

Bowling Terms

• **BROOKLYN:** A strike made when a right-hand bowler's ball hits on the left side of the head pin, or when a left-handed bowler's ball hits on the right side of the head pin.

• **CHERRY:** When the ball knocks down only the front pin or pins in an attempt for a spare.

• **FRAME:** One tenth of a game. A player can roll twice in each frame but the tenth. In the tenth frame, a player can roll three times.

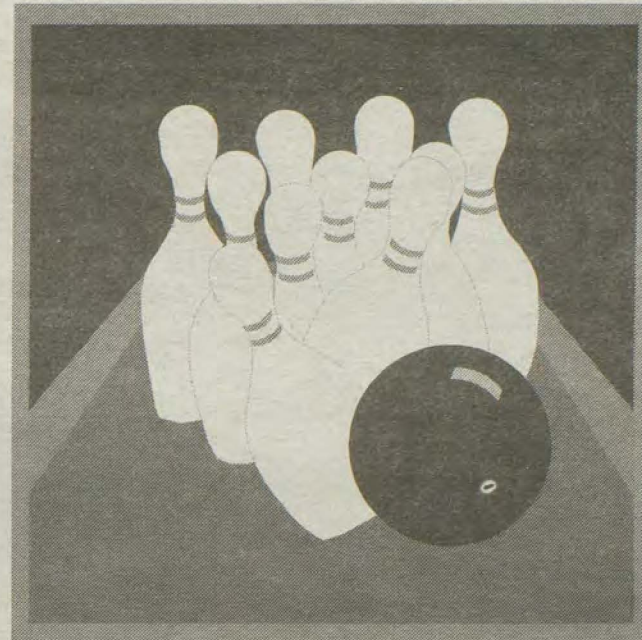
• **LOFT:** To throw the ball into the air so that it drops on the alley beyond the foul line.

• **SPARE:** Occurs when a bowler knocks down all 10 pins with two balls in the same frame.

• **SPLIT (or railroad):** Occurs when a ball leaves two or more pins standing that are not close together.

• **STRIKE:** Occurs when a bowler knocks down all 10 pins with the first ball.

• **TAP:** Occurs when a pin remains standing after an apparently perfect hit.

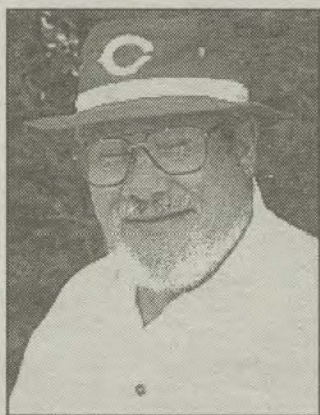


Preston likes the atmosphere of the lanes and likes to bowl with her sister, Mary Lou Rose,

but feels that is changing.

"I think the league bowling is coming back," she said. She

From the Tackle Box



by Jim Lyon
Sports Columnist

When parking in a public parking lot, you can't help but notice, a convenient place for the handicapped to park has been provided. Many of them make extra room for vehicles equipped with ramps. This service is of great help to those who are confined to wheelchairs. In many cases it makes a handicapped person independent from having to be assisted, and restores their freedom of movement. This is a service that should always be provided and never violated by those who do not need this service.

When I visit many of our eastern Kentucky

Lakes, I see the same convenient parking for the handicapped. However, many times the same convenient access to the water is not provided. As I make this observation, I often think of fishing with an old friend of mine who lived in Idaho Falls Idaho, who was confined to a wheelchair. He has gone to be with the Lord now, but I remember how this man loved to fish, and how awkward it was getting him down to the river. He welcomed the 10 mile drive up Yellowstone Highway, toward Yellowstone National Park, where an old abandoned steel bridge stretched halfway across the North Fork of the Snake River. The state had provided access to this bridge, for the handicapped, and had modified it for safe wheelchair occupancy. A wheelchair accessible, outdoor rest room facility, was also provided. I remember how much my friend enjoyed going to this spot and fishing. It would be cold and the wind blowing, yet he would not complain. Many times we would stay there all day, catching and

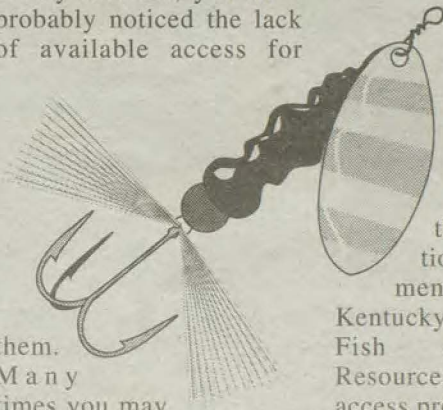
releasing rainbow trout.

If you have ever enjoyed fishing with a handicapped friend or family member, you have probably noticed the lack of available access for

them. Many times you may search in vain for an appropriate, safe access to the lake. The latest issue of "Kentucky's Boating and Fishing Access Sites Guide", also shows just how sparse this service is. Not many places offer access to the water for wheelchairs.

Future appropriations for improving our lakes, should include consideration for at least one wheelchair accessible pier for each of our smaller lakes, and perhaps more for our larger ones. At many of our lakes, this would not be at great expense. Some existing piers could be

modified with minor changes, that would offer this greatly needed service. I'm sure handicapped anglers will not mind driving a distance, if an adequate and safe place has been provided for them.



This is how the appropriations for improvements work. The Kentucky Department of Fish and Wildlife Resources has a boating access program to develop and maintain public access sites. Funding for this program and the Sport Fish Restoration Program, is available through federal excise taxes on motor boat fuels, fishing tackle, and accessories. Federal funding, of seventy-five percent, is matched with state fishing license revenues of twenty-five percent. Since the 1986 inception of this program, the agency has reportedly developed sixty-seven new boating access sites. This development has greatly improved public access to fishing and boating areas. I give the fish

and Wildlife Resources program an A+ for this effort.

Fishing is a top tourism industry for Kentucky. Annually, this outdoor recreation brings approximately one billion dollars into the state's economy. It would seem appropriate to spend a small percentage of this wealth, to assure that everyone, regardless of physical condition, living in, or coming to our state to fish, has an opportunity to enjoy this sport.

Until 1999, senior citi-

zens, sixty-five and older, were not required to purchase a fishing license. Beginning this year a five dollar license fee was required for these more mature and experienced anglers. This is still a bargain, I'm sure not many object to this token fee. But I'm also sure, they would be happier if they knew, that all or a part of this income would be used to further equip our old fishing holes with more favorable access. Some older citizens may not be able to climb over the bank and down to the lake anymore.

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The Prestonsburg Blackcats did some needed stretching just before they opened basketball practice last Monday evening. Coach Jackie Day Crisp will be at the helm this year. (photo by Ed Taylor)

Fine-Tune Your Deer Scouting

by Mark Deminger

It's the 11th hour and deer season is about to start. Do you know where the buck you are hoping to take beds and feeds? Are you sure which trails he uses when traveling from these areas? Have you selected a stand site to intercept your buck and a back-up plan for days when the wind comes from the wrong direction?

These questions are the matrix for deer hunting success and there's only one way to answer them. Now's the time to fine tune your scouting efforts in preparation for the soon-to-arrive

hunting season. Now is prime time for scouting bucks you'll dance with during the November firearm season.

Scouting Without Spooking

You can bank on one fact; if an old buck spots or smells you in his living room prior to the season, the odds of killing him on this turf drop.

So how do you scout a buck without alerting him of your presence?

One of the most useful scouting tools a hunter can own is a good pair of binoculars. I've got a small pair I use in the field when hunting and a larger pair with stronger mag-

nification that

rarely leaves my pickup truck. The larger pair has a tripod adapter so I can use a tripod of window bracket to steady the powerful glass.

You may be surprised how much you can learn about a buck's daily habits from a half mile away. The trick is to set up far enough away that you can watch the animal without spooking him. If

you live and hunt in farm country, this task is fairly easy. On farmlands, deer typically spend their days bedded in small woodlots, marshes, and other areas that have escaped the plow. Near evening they file out into fields of alfalfa, corn silage, or grassy fields to feed. If

you sit quietly with a pair of binoculars, it only takes one evening to eyeball every deer living in the area.

The land I lease for hunting is made up mostly of tag alder thickets, tall marsh grass, brush rows, and fields of alfalfa. I often sit in a tall maple or pine tree that overlooks the property and glass

for deer. By sitting in a couple different spots I can see all the areas deer frequent.

During late summer and early fall the job of sizing up bucks is especially easy. Most of the bucks will be found in bachelor groups until after all the velvet has been rubbed from their antlers. It

only takes one or two outings to determine the size and number of bucks living in a region.

Pay particular attention to the specific areas bucks choose for feeding and the routes they use to reach them. Years of observation has led me to the conclusion that deer, and especially bucks,

like to feed in low areas. The back corners of fields, saddles, or any spot that's a little lower than the surrounding ground will hold a little more moisture and produce lush vegetation.

Deer are instinctively attracted to these prime feeding areas. A second benefit of low spots is they make it tougher to see the deer in the open, giving the animals a feeling of security.

During the early season, bucks will feed in the same areas night after night unless they are disturbed. They will also access these areas using the same trails, making it fairly easy to

determine potential stand sites.

Bucks often travel and feed in groups even into early October. This is especially true with 18-month-old bucks that haven't figured out yet where they belong in the deer society.

Adult bucks usually become solitary near the beginning of October in the northwoods country. However, on several occasions I've seen two or more adult bucks traveling

together. When adult

bucks are seen together, one is usually much larger and the dominate animal. Other bucks may travel in the same areas, but they give the old boy plenty of room. Later these same bucks will compete for available does and are less likely to tolerate one another.

Does, on the other hand, will be found living in small family groups throughout the season. Family units usually include an adult doe, her two fawns, and sometimes a yearling doe from the

previous year. If the yearling doe was bred, she may also have a single fawn.

The whereabouts of these doe family groups has little to do with the location of bucks early in the season. About the end of October, however, the situation changes and knowing where

the does hang out will become critical information to predicting where bucks will show themselves.

Scouting Large Blocks of Cover

Hunters who chase deer in natural habitats such as heavy forest cover will undoubtedly find it more difficult to scout from a distance with binoculars. Natural openings

(See **Hunting**, page thirteen)

Hunting

(continued from page twelve)

such as grass fields, forest clearcuts, or burned over areas are good places to scout with optics—anywhere sunlight can get to the ground grasses and broadleaf plants will flourish. Deer will visit these areas during morning and evening feeding forays.

When scouting these natural forest openings, it may be necessary to climb a tall tree to see any distance. Pack along a few tree steps

and a climbing belt to make this chore easier and safe.

If the cover dictates that you must scout by walking on the ground, start by getting a good map of the area and seeking out logging roads, two tracks and other trails that allow you to slip in and out of cover with the least amount of disturbance. Walking these trails will provide a good handle on the lay of the land, well-used game trails, potential bed-

ding areas, and stand sites without having to trudge cross country and alert every deer in the section.

If the area to be hunted features a stream large enough to justify a canoe or small boat, cover as much of the area as possible by water. Drifting or canoeing is a silent way to scout huge amounts of potential deer habitat.

When scouting on foot or by water console yourself to

the fact that deer sign may be difficult to locate. Short of spotting a buck, antler rubs are the best indication that bucks are around. The trees and shrubs bucks use to peel the velvet from their antlers are usually found along major travel routes. It's not uncommon to find a series of rubs along a logging trail or where an aspen clearcut joins a section of heavy timber.

Areas where bucks rub

are often used year after year. On my leased land, one small patch of aspens gets hit hard every fall. The grove of trees is roughly the size of city lot and nearly every tree shows signs of being rubbed. Some of the trees growing along the edge tell the story of three or more years of rubbing activity.

I'm convinced that individual bucks use the same rubbing trees year after year.

The fact that bucks often travel in groups during early fall explains why so many trees in a small area are often rubbed.

When scouting in heavy cover areas, I'm as concerned about my scent as when hunting. Wear knee-high rubber boots at the bare minimum. Even better yet, I'd suggest wearing rubber boots in combination with scent-absorbing clothing.

Grigsby keeps finding success as meteorologist



Pete Grigsby III

by Ed Taylor
Sports Editor

It has been several years since Pete Grigsby III gave up dribbling a basketball for a career and pursued an interest in the field of communications.

The former Floyd County standout who played his high school basketball at McDowell High School recently made a move to Kansas City, Missouri, where he accepted a position as meteorologist for KMBC-TV in Kansas City.

Grigsby spent three years in the same position with

work for station owner, Dale McKinney, who also was responsible in giving Rice his start in sportscasting at WMDJ-FM in Martin.

Grigsby worked as a DJ for McKinney at his local station and the love affair between Grigsby and the field of communications began.

After graduating from McDowell High School in 1982, Grigsby received a degree in communications at Brigham Young University. Upon leaving Brigham Young University, Grigsby enrolled at Western Kentucky University where he earned his degree in

meteorology.

But Grigsby's move into the meteorology field was not, at first, his choice. While attending BYU, Grigsby was asked to fill in on the station's weather shows for the regular meteorologist who was sick. His ability to take control of the show earned him the anchor spot for the rest of the year.

It was then that Grigsby decided to attend WKU in hopes of obtaining a degree in meteorology.

Grigsby worked as a meteorologist at station WBKO in Bowling Green before he moved on to Evansville, Indiana and station WEVV. From

Evansville he moved to Norfolk, Va and station WTKR where he has been the last three years.

Grigsby and his wife, Dawna, son Pete IV and daughter Nyla Katherine now reside in Blue Springs, MO.

"We love it here," he said. "The people are kind and very much down to earth. In fact, it reminds us a lot of Kentucky."

"I am proud of what he has accomplished in his life," said Grigsby's father, Pete Grigsby, Jr., assistant school superintendent in Floyd County. "He has done it all on his own."

While Grigsby will be known as an anchor person for the Kansas City station, basketball nuts will also remember him as part of the elite 2,000 point club in Kentucky.

The Kansas City market, KMBC, is ranked 31st in the United States and is a

larger market for Grigsby.

Other past awards for Grigsby include the American Meteorological Society Seal of Approval and the National Weather Association Seal of Approval. He was also presented the Kentucky Colonel Award for outstanding community service.



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Sports In Perspective

by Denis Harrington

"Who do you like?"

It's a query that, more often than not, tweaks the ego and prompts a response born of myopic self perception as opposed to objective reality.

Everybody likes to think of themselves as an expert of sorts on some subject. And most of us don't mind admitting we know more than a little about organized fun and games.

For this reason, betting on contests of a sporting nature nets mucho bucks annually for bookies, both sanctioned and otherwise.

Who hasn't ventured a bit of folding legal tender on football parlay cards? As a rule, the player gets to lay on or off the odds quoted for combinations of three, five or seven teams. The options are straight up.

You can either go with or against the established spread, or simply pick winners and never mind the points. But be assured of one thing, the chances of you putting anything back in your pocket are slim and none.

For most of the oddsmakers in Las Vegas setting the line on a sporting event has little to do with science and a whole lot to do with human nature and numbers.

Sonny Risner, who used to make odds for the Sands Hotel and casino in Las Vegas, cut right to the chase.

"Suppose it's a Super Bowl," he said. "We like to see a team like Dallas or one of the New York clubs make the big game because their people put up a lot of heavy bread. All we try and do is get as many bettors on one side of the line as the other so they cancel each other out which enables us to cover our butt. To do this we juggle the odds until the balance is right."

Do the oddsmakers care who wins or loses?

"Naw," Risner said. "Just so we cover. There's always gonna be more losers than winners so we pay off from the loser's side and bank the rest. It

works out very nicely."

The late Jimmy "The Greek" Snyder was one of the few "gentlemen of fortune" who did his homework concerning a contest on which he set the line.

"A lot of oddsmaking is strictly trial and error," he said. "If football's the game you need, people who can evaluate the offense, defense and special categories. Defense is about 55 percent of it. And quarterbacks play an important part in making the spread. If a starter gets injured then you've got to have the book on his back-up. Overall, you only pay attention to five or six guys such as receivers, defensive backs, particular linemen and linebackers. The rest of the players are just a point apart."

Summing up, Snyder said, "I research all the data, analyze it and project it into a number. The only trouble is most people bet with their heart instead of their head. That's why the average bettor loses 15 times more than he makes."

When setting odds on other sports Snyder felt that a particularly talented individual could have a significant impact on the outcome of a competition. If I'm handicapping a big-time auto race like the Indy 500," he said, "I know only eight or nine guys can win a run of such magnitude. But there was a time I rated a guy in the last row. It was Mario Andretti. He'd been driving both formula one and the big cars and scheduling conflicts caused him to qualify low. But he could win any time out so I made him 15-1."

The sport of kings always had a special appeal to Snyder.

"I go to the track six or seven in the morning to see if the horses are on or off their feet," he said. "If they're doing well, I talk to certain trainers and other people I trust. I try to determine what horse looks best; if he's a speed burner or if he likes to run from behind."

But the horse was not the only consideration with Snyder.

"The horse deserves the attention when making the number, but the jockey had to be considered, too. If he's got a running horse will he split the field rather

than go around? Does he favor the rail or like to go outside? In a tight race these things are worth a point."

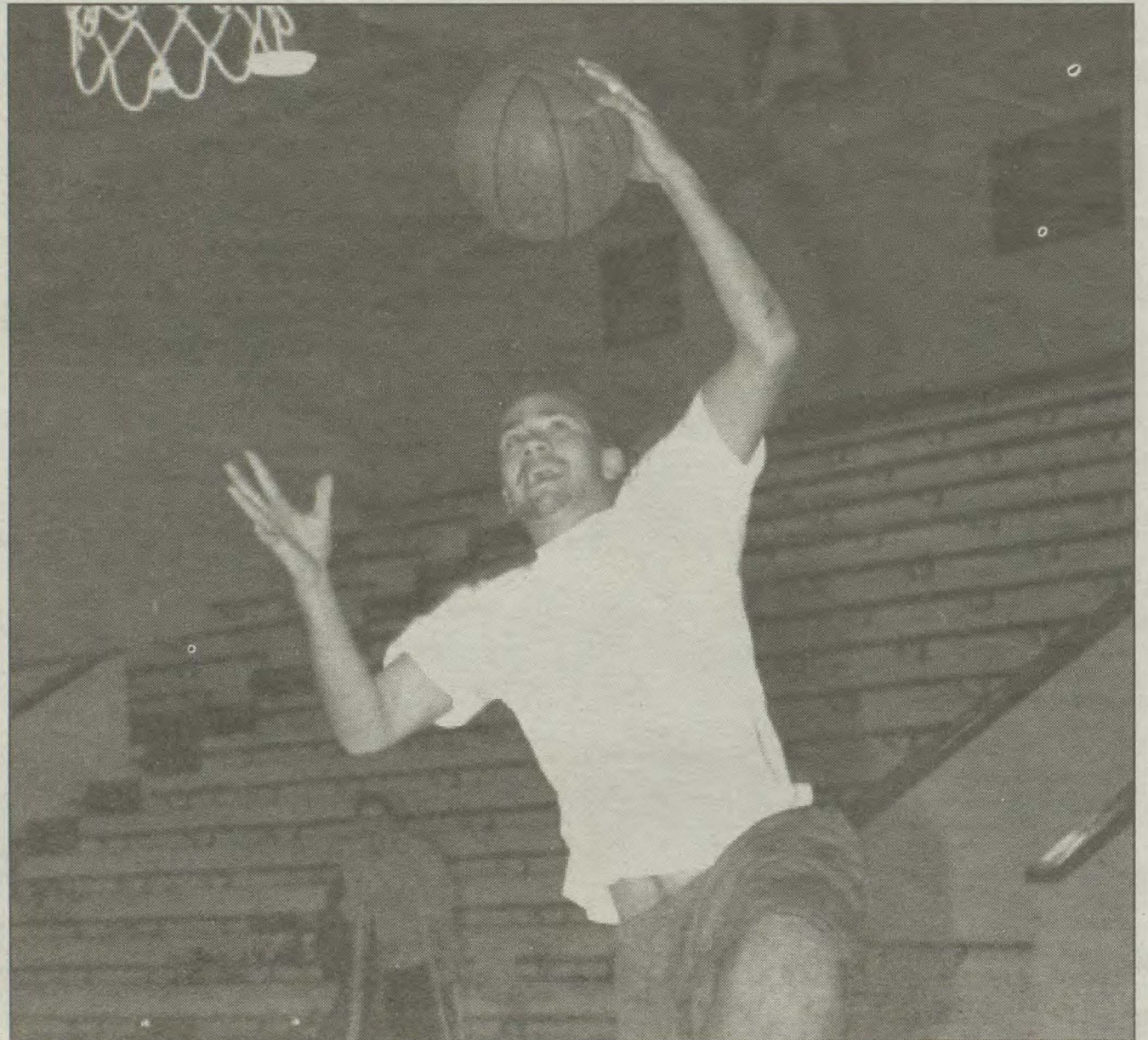
Surprisingly enough,

Snyder always preached caution in wagering matters.

"Never challenge the green cloth at Vegas or the board at the track," he said.

"Don't challenge the odds. Keep gambling strictly entertainment."

Good advice from a street guy who knew how the system works.



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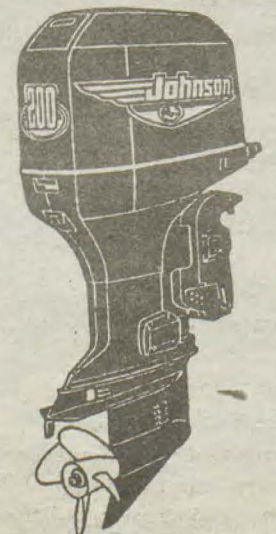
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