

# A Place Of Their Own:

## LIFESTYLES:

McDowell teens are turning a former bar into a youth center and are creating a safe environment for fun. **Inside**



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WEDNESDAY, March 5, 1997

## Viewpoint

ASK THE  
RIGHT QUESTIONS

## Sports

BLACKCATS  
TAKE DISTRICT



# The Floyd County Times

Prestonsburg, Kentucky 41653

Speaking of and for Floyd County

USPS-2027-0000  
Volume LXX, No. 18 **75¢**



## High and Dry?

Flood waters rose so fast, many Floyd Countians, including the four-legged kind, were caught off guard this week. These cows were surrounded by flood on Right Beaver Creek near David.

The Old Regular Baptist Association building (right) at Minnie was flooded Monday afternoon.

Route 122 at Drift (below) was nearly impassable Monday as Left Beaver Creek left its banks.

Photos by Chris McDavid and Susan Allen



## Commissioner who proposed cuts is ousted

by Susan Allen  
Staff Writer

Wheelwright city and utility officials held a special joint meeting Thursday to look for ways to avert the financial ruin of the city's utility department, but little was decided.

One of the decisions made Thursday was to remove Lowell Parker from the utility commission.

Parker addressed city commissioners over a week ago and told them the utility department was spending more money than it was taking in. Parker recommended job layoffs and rate hikes. The motion to remove Parker passed 3-1, with city commissioner Andy Akers voting no.

Commissioners were apparently unhappy with Parker's suggestions for cutting costs for the operation of the utility department and saying a rate increase would have to be levied against its customers.

Mayor David Marlee Sammons, who previously voted to keep Parker on the commission because he said he gave his word not to remove him, voted to oust him. Sammons added, though, a customer

rate increase was unavoidable, but he did not want to cut employee benefits.

"I don't believe in taking anything from employees," Sammons said. "We've never had a rate increase. We've set flat of our hind ends and not done a damn thing. We'll have to pass a rate increase

(See Ousted, page two)

## Inside:

- More flood photos...B 9 & 10
- Sheriff, hospital, prison, highway department team up to fight litter...A 6
- No damage totals yet from flooding...A 2

## Patton says focused development critical

Governor Paul Patton visited Prestonsburg Friday to discuss welfare reform through economic development in Eastern Kentucky. Patton plans to target selected, distressed towns in Eastern Kentucky for development.

At Friday's meeting, held at the Mountain Arts Center, Patton told members of the Kentucky Appalachian Commission and the audience that welfare reform provides a new incentive to pursue solutions to Appalachian challenges, such as job creation, job skills training, child and health care needs.

"Our energies shouldn't be focused simply on putting people in jobs, but in economically developing our communities in such a way that allows workers to advance from minimum wage to maximum potential," Patton said.

"Our energies should be focused on building an environment which

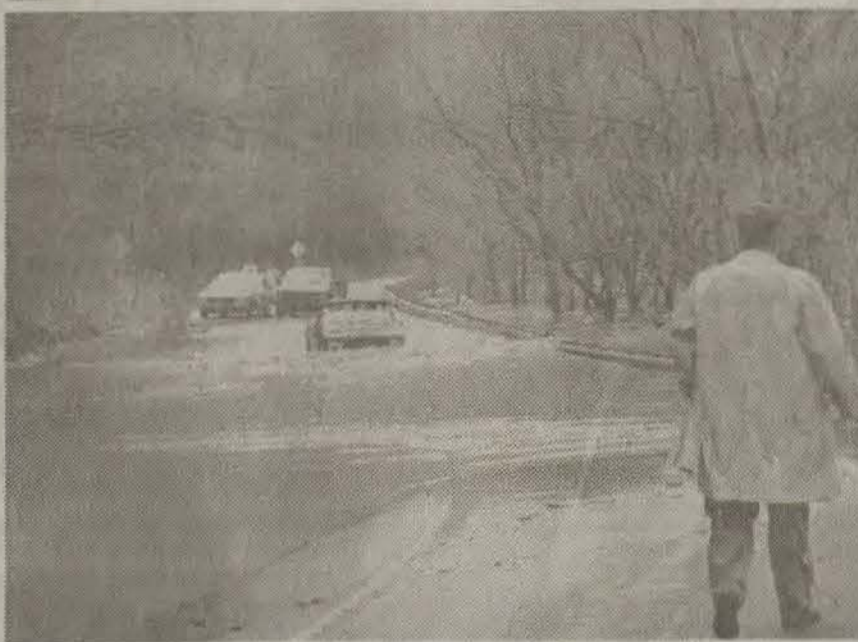
encourages every Appalachian to fully develop their capacity as human beings. We can simply reform welfare or we can take the broader view and use the seed of reform to grow innovative approaches to some of the region's toughest problems," he added.

Patton said that funding for welfare reform will be adjusted for inflation, but will be limited to a temporary-assistance program for needy families.

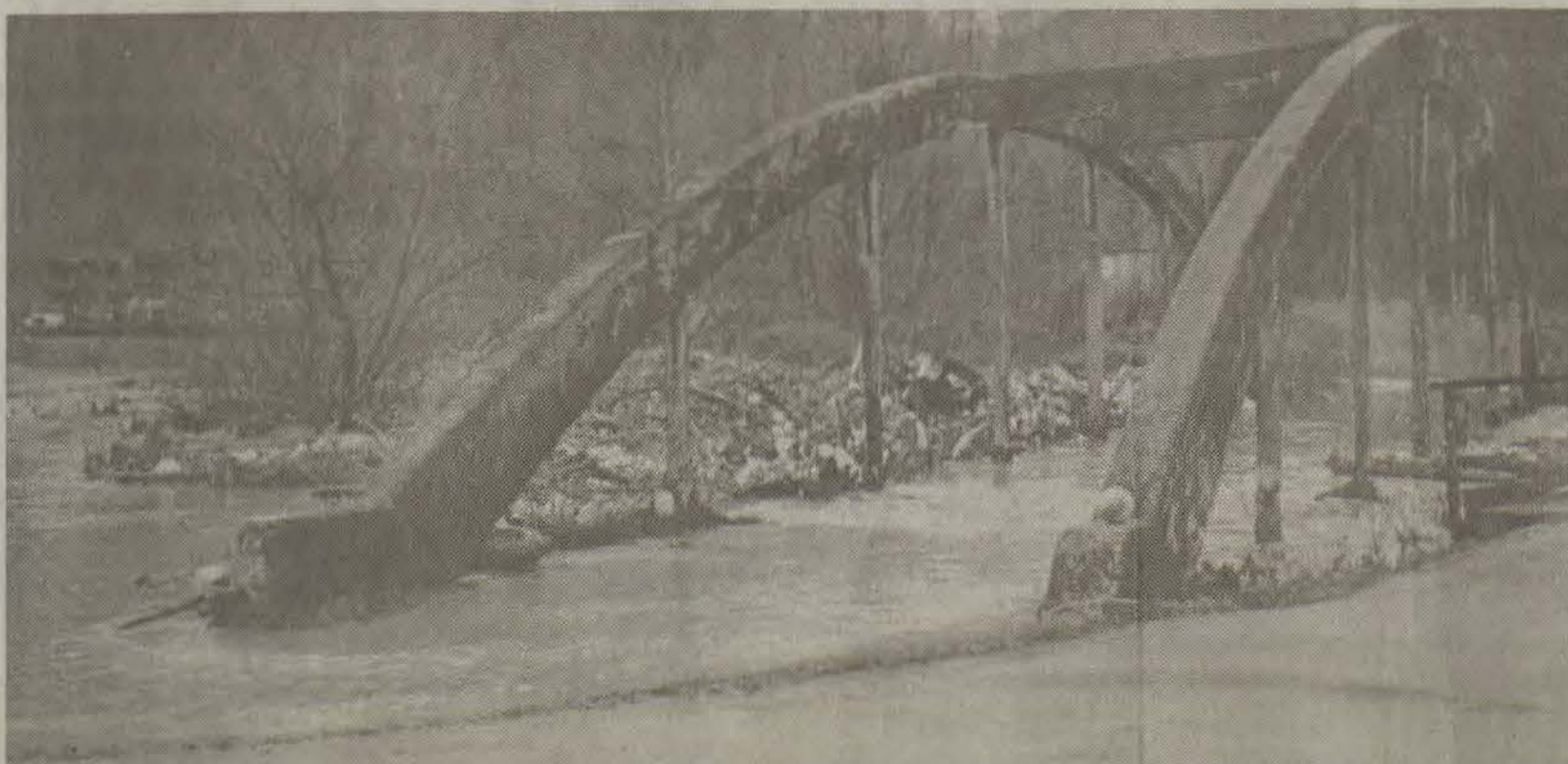
"What we want is a comprehensive plan of concentrated resources that, when implemented, will result in a self-sufficient community with a viable economy. We want to try this approach and find out if it will work," Patton said.

Under Patton's plan, The Community Development Initiative, communities selected to participate

(See Critical, page two)



A stranded dog looked for a foothold at Minnie Park (above), while trash collected on a bridge over Left Beaver at Spewing Camp (below).



## Something New

A new booklet from the Floyd County Chamber of Commerce profiles the best of Floyd County, from businesses to recreation.

Distribution of the Chamber's publication, "Quality of Life," will begin next week, Chamber executive director Carla Coburn, said Tuesday.

The 40-page brochure contains a map of Floyd County, a Chamber mem-



(See New, page two)

# Ousted

Also, the utility commission apparently approved employee benefit cuts and extended working hours in an illegal closed session last month.

City commissioners asked city attorney Tim Parker if the closed session was illegal because general personnel matters were discussed.

Parker said the session was not legal if discussions were held to cut benefits for all employees and that the action would be void if that had occurred.

Audrey Yates, utility department employee and utility commission secretary, said the discussions to cut the amount paid by the city for employee insurance and to extend employee working hours were held in closed session.

Under Kentucky's Open Meetings Laws, a public agency

cannot discuss general personnel issues in closed session.

After Parker's determination that the action was not proper, city commissioner David Boyd suggested paying the full premium costs for individual employees and offer an option for family benefits.

Utility commissioner Bill Meade said commissioners and employees agreed to a 60-40 split on the costs of insurance coverage, but it would not take effect until September.

Gary McCoy, sewer plant operator, said employees did not want to lose their insurance benefits and, "we don't care to pay our part."

Denzil Allen, insurance agent for Hatton Allen Insurance, presented the commissions a proposal for employee coverage, but cautioned the panels a policy may not be issued because it dealt with only four employees.

Allen said under his plan there were three options for coverage, but he would not recommend going with his company until it was determined if pre-existing conditions would be covered.

Both commissions agreed to postpone a decision on whether to cancel the current insurance policy until it could be determined if all employees would be covered.

In discussions about employee working hours, Boyd recommended the work-day be from 8 a.m. to 5 p.m., with an hour for lunch. He suggested McCoy, who is a salaried employee, work from 7 a.m. to 3 p.m. Boyd added employees should clock in and out.

McCoy said workers did not want an hour for lunch.

Utility commissioner Gloria Harlow said she would not vote for different working hours among employees and said the hours

should be set from 8 a.m. - 5 p.m.

McCoy objected, saying he had to take his daughter for a class at Prestonsburg Community College every day and he would not be able to under those working hours.

Harlow and McCoy exchanged some harsh words regarding the work schedule and McCoy's duties.

"Can you tell us you give us the work we pay you for?" Harlow asked McCoy.

"I put in a lot more hours than I'm accused of not working," McCoy said. "To say I'm not earning my money is totally uncalled for."

Utility commissioners amended McCoy's working hours from 8 a.m. until 4 p.m. and the motion passed.

In other action Thursday, city commissioners voted to appoint Charles Wilson to the utility commission to replace Lowell Parker. Commissioner Boyd moved that

Wilson be named chairman of the commission, but the motion failed on a 2-2 vote. Wilson had to first be removed from the city's ethics board before being appointed to the utility commission.

Also, commissioners asked police chief Tommy Engle to inform auxiliary policeman David "Boo" Little not to make traffic stops without Engle being present.

Engle reported that he had Little remove all the "blue lights" from his vehicle and that he is not to conduct any police business unless he is with the police chief.

Commissioners reminded Engle that Little was appointed to assist him and was not supposed to be called out unless it was for emergencies, ball games or parades.

Engle responded he did not need any help and said that "this town is already as crooked as fish hooks and people, we will have law and order."

# Flash flood hits county

by Susan Allen and Chris McDavid Staff Writers

Heavy weekend rains caused some major flooding in areas of Floyd County Monday and children had to be evacuated from flood-prone McDowell Elementary.

Just after 8 a.m., Monday Sheriff Paul Hunt Thompson, deputies and members of the Left Beaver Emergency and Rescue Squad helped school children onto buses as flood waters rose quickly around the school campus. Water covered several sections of the Frasure's Creek road leading up to the school.

School transportation director David Layne said Tuesday there were few problems getting students home Monday morning with delays at Arkansas Creek and Golf Hollow. Layne added that Route 194 at Cow Mountain at Cow Creek was closed and would remain closed for the rest of the week because the Army Corps of Engineers are holding back water at the dam, which causes the road to be covered. Layne said three students live in that area.

Floyd schools operations chief Jim Osborne said Tuesday cleanup

(See Flood, page six)

# Critical

(Continued from page one)

will be given priority for grants or loans. To qualify for the initiative, applicants must meet criteria to be established by a KAC administrative committee, such as having a location on a modern road in a county designated by the Appalachian Regional Commission as being distressed, strong local leadership, fiscal responsibility, the foundation for a water and sewer system, and adequate space for housing or industrial expansion.

A maximum of three applicants will be accepted. Natural Resources and Environmental Protection Cabinet Secretary James Bickford said.

Targeting resources to a specific community will mean taking a long-term planning approach to basic needs like water, the governor said.

"If we're going to have an industrial park, we won't put in a four-inch line today that won't be big enough for that kind of development. We'll put in a 12-inch water line, with enough capacity to meet future development requirements."

No timetable was given for beginning the application process, but Governor Patton and Secretary Bickford said they'd like to move forward quickly.

Members of the Kentuckians for the Commonwealth who were in the audience protested the governor's welfare reform with signs that read: "Where are the jobs? Where is the transportation? Where is the Childcare? Where is the dignity?"

They said the governor should focus his resources on providing "living-wage" jobs for Eastern Kentuckians.

In February, the Kentucky Cabinet for Economic Development targeted Eastern Kentucky for rubber and plastics products, sub-assemblies and components industries, and for a secondary industry for lumber and wood products.

# New

(Continued from page one)

bership directory, and a county profile.

Coburn will hand-deliver the brochure to Chamber businesses. Tourist businesses will receive several copies of the brochure to distribute to Floyd County visitors, Coburn said.

"Our goal is to give these to tourist businesses in the area to get (tourists) to visit our Chamber businesses," Coburn said.

The number of copies available are limited, though, and any businesses that want to receive additional copies should contact Coburn as soon as possible.

The brochure took almost one year from start to finish after

Coburn began the project last April.

Coburn called the brochure a "prime example of what the Chamber of Commerce does for its membership."

She praised the efforts of Chamber members who participated in the project.

"We really appreciate all the support from our Chamber members who made this and other projects possible," Coburn said.

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# Viewpoint

Wednesday, March 5, 1997



A 4

**The Floyd County Times**  
 Published  
 Wednesdays and Fridays each week  
**FLOYD COUNTY NEWSPAPERS, INC.**  
 Phone 886-8506  
 112 South Central Ave., Prestonsburg, Ky. 41653  
 USPS202-700  
 Entered as second class matter, June 18, 1927, at the post office at Prestonsburg, Kentucky under the act of March 3, 1879  
 Periodicals postage paid at Prestonsburg, Ky.  
 Subscription Rates Per Year:  
 In Floyd County, \$28.00  
 Outside Floyd County, \$38.00  
 Postmaster:  
 Send change of address to: The Floyd County Times  
 P.O. Box 391, Prestonsburg, Kentucky 41653  
**ALLAN S. PERRY III—Publisher-Editor**  
*Liberty of thought is the life of the soul—Voltaire*



## Ask the right questions

by Scott Perry

Critics of a plan to split the county's 911 service into two separate systems...one for Prestonsburg and one for the rest of the county...have every right to question the proposal, but they are asking the wrong questions.

This isn't a matter of us versus them or them versus us, it's an issue of cost and effectiveness.

The questions that should be answered are these:

Can two separate systems be operated at no increased cost to taxpayers?

If the current 89-cent per-month surcharge is adequate to fund both systems, the split will cost nothing more than it is costing now.

If either the city or the county has to raise rates because of the split, the proposed division should be reconsidered.

Second question:  
 Will the services provided under separate systems be equally effective?

Whether the call comes from Mud Creek or Main Street, a 911 dialer will expect someone to respond to their needs.

If separate services do not result in less than adequate service from emergency response crews, then what difference does it make?

The issues to be considered here are whether or not Floyd Countians can get effective service at a fair cost.

Who answers the phone is irrelevant if all else is equal.

There is enough natural animosity between city and county folks as it is without starting a feud over an emergency service we all need.

We'd be better served trying to remove our fences than we would by building them higher.

## Letters to the editor

### Letters to the editor policy

Letters to the Editor are welcomed by The Floyd County Times. In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author. Letters must be received no later than 10 a.m. Tuesday for publication in Wednesday's issue and 10 a.m. Thursday for Friday's issue. Letters may be sent to Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, KY 41653. Letters may be edited for clarity and length.

### Democrats, honest hard-working, loyal

**Editor:**  
 A caller to a talk show said Democrats would support Democratic candidates knowing they're corrupt. I find that an offensive remark. Democrats I know are honest, hard-working, loyal Americans, no different from other Americans. As a result, I believe Democrats are silently suffering embarrassment, a sense of betrayal and are quietly outraged about the numerous revelations of corruption erupting throughout the Clinton Administration and Democratic National Committee.

Democrats, like most Americans, are a patient, and forgiving people. But corruption can easily undermine loyalties Democrats have so freely given their party. Hey, many Republicans lost patience with a corrupt Nixon Administration resulting in Jimmy Carter's presidency!

Consider this! Over 500 Democrats elected to Federal and State office have switched to the Republican Party since Bill Clinton became president. And an overwhelming majority of them have been re-elected to office. This is telling of a serious breach in the ranks of the Democratic National Party between conservative and liberal democrats.

A C-SPAN caller said many senior citizens she knows no longer believe Liberals or the AFL/CIO who claim Republicans intend to strip them of their Social Security and Medicare. They now dismiss those falsehoods as dishonest fear tactics. Yes, indeed, "...you can't fool all of the people all of the time." Proof? Check out Kentucky!

Incumbent Mike Ward, D-Third District, lost his

House seat to Republican challenger Anne Northrop. Apparently, I wasn't the only one watching C-SPAN televise House one-minute speeches and special orders given by Rep. Ward. Now, five of six Kentucky districts are represented by Republicans in the House of Representatives: And Rep. Scotty Baesler, D-Sixth District, who retained his seat, is said to be conservative although his voting record belies that belief.

Furthermore, of the 1,376,911 votes cast, Clinton won Kentucky by only 13,465 votes. That's hardly a ringing endorsement.

So you see, not all Kentuckians believed the pandering and distortion of facts Liberals and their AFL/CIO friends brought to the '96 election. This also tells me that most Democrats, like other Americans, would never knowingly support corrupt public officials.

Ed Svestka  
 Hopkinsville

### Who will get stung in 911 controversy?

**Editor:**  
 Six years and all the talk and debate over the 911 system and we knew if Prestonsburg did not get to control the 911 system they would want to take their ball and go home, like a child who didn't get its way.

Judge Ben Hale has decided to let Mayor Jerry Fannin have some of the county's 911 money to supply just the city of Prestonsburg with 911 service. This plan

(See Letters, page five)

## Coffee Break

by Scott Perry

March has certainly lived up to its in-like-a-lion reputation, so far.

Better make that a sea lion. It probably won't be much comfort to folks in our area who have seen the rains swell creeks and rivers up around their homes, but the Big Sandy region has been pretty fortunate this go around.

By go around, we're referring to another reputation our area has had the misfortune to bear...

*If the number seven ends the year, Water, water, everywhere.*

If you still don't get the point, and can't remember back to 1957, 1967 or 1977, then we'll explain.

Those years brought our region some of the worst devastation ever from flooding. Each year had at least one thing in common...it ended with a seven.

We're not superstitious,

there's no need to be.

Just look at your calendar, then look out your window...if you still can.

As of this writing, the Licking River was public enemy number one during flood watch '97.

That stream is particularly prone to flash flooding, as the folks in Salyersville know full well, but this time flooding has shown no regional preference.

In Central Kentucky, Cynthiana was awash Sunday and other towns along that river weren't faring much better.

We traveled down the Mountain Parkway Sunday to Lexington, noting that the closer we got to Central Kentucky, the more the landscape resembled a huge rice paddy than the rolling fields of farmland we normally see.

Things really turned weird after we got to Lexington, where South Carolina washed out UK's Senior Day parade. When it rains it pours.

We've made an annual pilgrimage to Rupp Arena the last seven years to witness the senior send-off game, but must admit the event has lost its lustre...for us, anyway.

The way college athletes are heading off early to the pros these days, you're lucky to have any seniors around to say goodbye to.

The Kentucky ceremony used to be something special, though. Not anymore.

The emotion is gone. It's just another media event now.

Coach Pitino could put heart back into his program by putting

a bunch of Kentucky boys, preferably a few from Eastern Kentucky, on his roster.

We want to win as much as any Cat fan, but we'd rather lose with blue-bleeding Kentucky kids than win a dozen national championships with players who are just making cameo appearances before joining the pros.

Kentucky's greatest team didn't win much of anything but our hearts.

Seems we've forgotten the "Unforgettables" already.

When March Madness rolls around, we tend to lose a lot of things...mostly our senses.

This is not a lecture. We're as guilty as the next guy of getting caught up in the frenzy.

Never met a referee worth his

stripes, right?

In March, in Kentucky, high school basketball is the greatest show on earth.

Quite often, though, it's the sorriest display of human interaction on earth, as well.

There's something missing. You can call it sportsmanship. We'll call it class. Winners don't have it. Losers don't have it. Fans can't find it. And the game is less without it.

Rivalries have become hateful, hate-filled, mean-spirited affairs where winning is everything, and anything goes...on the court and off.

We ought to be ashamed of ourselves, but the only shame is in losing...or so you'd think from the examples we set.

March Madness? If only the insanity was that temporary.

Letters

(Continued from page four)

would segregate the city of Prestonsburg from the rest of the county. This would be very unfair to the citizens of Floyd County and to the Floyd County government as a whole. Dividing North Floyd from South Floyd creates political problems for everyone. The only way we can solve our problems is by staying together and working them out. A house divided against itself cannot stand, but "United We're Strong."

Prestonsburg wants to be a part of the county only when it is giving money to provide Urban Development such as building golf courses and arts centers. Let us all stay together on the 911 system. If Judge Ben Hale lets any part of the county go off by itself, he has broken the law and has failed 44,000 people here in Floyd County. On behalf of Floyd County and the citizens who would receive the valuable 911 services, we ask Judge Hale to consult with our county attorney, Keith Bartley, on this matter.

I have been to the fiscal court two months in a row and held my hand up to make comments. The last court meeting was quickly adjourned by Ben Hale and Gerald DeRossett before most of the people in the audience had an opportunity to address the court. Is our new judge wanting to hide something? Why won't he let the people speak?

The magistrates system of government is still in effect and has five votes. Judge Ben Hale and Magistrate DeRossett appear to be wanting to give the county's 911 money to the city of Prestonsburg. Will the other county magistrates give the Prestonsburg Mayor what he wants?

We know the politic in power, the city fathers, and their lawyers met secretly over at the May Lodge some-time ago. We would like to know if the 911 money was discussed at that meeting. These actions look like something out of the movie called "The Sting" with Paul Newman. The people who end up getting "stung" are those in South Floyd and the other county areas in Floyd County. We know that the magistrate system of government dined at a local restaurant on Friday evening, February 28. We know what was discussed at that meeting. They're in the kitchen cooking and they have the peoples' money. We just want to let them know, United We're Strong is keeping an eye on the 911 money, or what's left of it.

Give us a government that will let the people make comments and speak at the fiscal court. Give us a 911 system that is not divided between North and South Floyd. Give us a government for all 44,000 citizens of Floyd County, not just the 3,500 in Prestonsburg. "United We're Strong," together we can make a difference.

Elmer Lee Johnson  
Weeksbury

Times gets thanks for support of PCC

Editor:

As chairman of the Prestonsburg Community College Advisory Board, I would like to take this opportunity to thank The Floyd County Times for printing PCC's Annual Report to the Community 1996, and for finding sponsors to support our effort to inform the community.

PCC's Annual Report is an excellent report about our college that highlights remarkable achievements and innovations. The report summarizes many ways in which PCC helps meet the needs of the students of the Big Sandy Valley as they pursue their dreams and career goals. As anyone who reads this report can see, we have much to be proud of—dedicated faculty, staff and administration; health and wellness services; state of the art instructional equipment and facilities; and opportunities to obtain real-world experience to complement students' classroom studies.

I am proud to be associated with PCC as chairman of the PCC Advisory Board and a member of the Big Sandy College Educational Foundation, Inc., and I'm glad to see The Floyd County Times making this effort to inform the community of our college's accomplishments and programs.

Thank you again for what I consider a valuable service to the community.

Paul R. Gearheart  
Chairman  
PCC Advisory Board

Judge-Executive Callaham is Rocking the boat, writer maintains

Editor:

I would like to clear the air. There has been a lot of talk about me in the past few editions of the local newspapers. No newspaper has contacted me about anything. Why? I want to give you (the rest of the story). In August of 1996, I informed the chairman of the Big Sandy Regional Airport Board that I did not wish to renew my present contract that expires in November of 1997. I worked up to the time that the airport board voted to give Jim Mineer Jr. a contract.

The newspaper so stated that I was ousted from the Airport contract. It is hard to oust a person from something if he does not have it in the first place.

Let's take a minute and talk about the honorable Judge-Executive Kelley Callaham. He so stated to the newspaper that if I did not have all my property removed from the airport by March 1, 1997, he was going to haul it to the dump. Mr. Callaham, you or no one else has given me a written notice to vacate the property. By our law the Airport Board is required to give reasonable notice. As of this day, I have not gotten a notice to vacate. However, on February 22, 1997, I did start to remove some of my personal property and the sheriff's department was called and I was told to vacate or go to jail. I did vacate. I hereby hold Big Sandy Regional Airport Board, the sheriff's department and Judge Callaham responsible for all my property. I can't remove my property if they won't let me have it. Mr. Callaham, I am still waiting for a notice. Mr. Callaham, if you can't wait, all I can say to you sir, haul away (at your expense). Caution to you sir, my tools and personal property cost a lot of money.

Mr. Callaham has been in office for more than a few years. Up until Mr. Callaham got mad at one of the local officials, he had been to the airport less than eight times since he has taken office. It seems to me that Mr. Callaham has taken a sudden interest in something that

he knows nothing about. About 1 1/2 years ago he was asked to replace one of the Martin County Airport board members that had only come to two or three Airport Board meetings in the past year or so. He did not. He must have not wanted to make anyone mad at him. He showed a real interest in the airport, don't you think?

About our industrial park, I personally told county officials that I would help in obtaining someone to bring a company into Martin County so that the citizens would have a place to work at home. This has been over a year ago and up to this time I have received no answer to my questions, such as how big is the building going to be, and what has the county got to offer such as tax breaks and any other information that would interest an out-of-town business?

Mr. Callaham, you are standing up in the boat. You are rocking the boat. You should sit down in the boat and let the board members that you appointed do their jobs. If you don't want them, or like what they do, you should remove them and replace them with someone on your string.

I think that you should spend more time trying to bring jobs to our county than trying to fix something that is not broken. You know that election is just a few years away. What have you done to help this county?

James R. Mineer Sr.  
Inez

Editor's note: Kelly Callaham is Martin County Judge-Executive.

Derogatory signs, obscenities, not welcome at games

Editor:

"We Grow Talent, What Do 'U' Grow?" "You're Busted!" "We D.A.R.E. You"—not logos on any signs that I've seen on WYMT's Sports Overtime! Well, if you missed it sports fans, these were the words written in giant print on signs representing Prestonsburg High School at the final game of the district tournament on Friday night. I don't know where these signs were made, but I can't imagine any responsible adult who would allow this to happen.

It is evident that the Prestonsburg Blackcats are a talented and well-coached team. Even I, as an Allen Central teacher, feel that they deserve more respect than some of their own fans are obviously willing to give. During and after the game, the actions of their supporters overshadowed the Blackcats' impressive performance.

Tension between the two schools began at around 2 p.m. on Friday afternoon on the campus of Allen Central High School.

Four boys in an S-10 truck posted a sign on the school's fence which read, "We're Gonna Roll You Up, Light You Up, and Smoke You Up" accented with a large paw print and marijuana symbol. A teacher recorded the license plate number and the driver was identified as a Prestonsburg High School student.

If we, as adults, allow our students to get away with actions like these, what message are we sending? Basketball is a great game that should be full of clean, healthy rivalries, school spirit, and mutual respect.

After a discussion between our principal, Ms. Sis Hall, and Betsy Layne's principal, Coy Samons, the signs posted at the game were removed. The two decided that the signs were not in good taste, as tournament rules require. Obscenities were then shouted at both principals by some young ladies in Prestonsburg uniforms, but I will spare you a description of the rude words and vulgar gestures.

Let me say up front that I do not condone the actions of a few adult Allen Central fans, but what can be done? It was obvious, though, that the "true" class act of the entire tournament was Allen Central's student body. They handled themselves well, considering that many of them were already upset by the earlier "delivery."

The A. C. teachers and administrators are very proud and appreciative that our students proved to the county that they can be good sports.

Yes, Allen Central students did make signs for the tournament, but they were instructed not to single out opposing players and to keep the signs tasteful.

I'll not deny that A. C. students are imperfect at times, but our principals and teachers try in every way to influence our kids in a positive manner. It is reiterated that their actions at any school event, academic or sporting, represent our school and community.

A basketball game should end with handshakes, not players trying to dodge being plastered in the face with powder. Are making derogatory signs and shouting obscenities the way the Prestonsburg High School basketball program and its supporters want to be judged? If so, congratulations are not in order for your district tournament championship.

Lisa Hambley  
Teacher  
Allen Central High School

David Rogers joins the Navy

David Rogers of Betsy Layne, has enlisted in the United States Navy for guaranteed training in the Navy's Aircrew (AIRR) Program.

Rogers is the son of Garnet Rogers of Harold. He is a 1994 graduate of Boyd County High School. Rogers will attend basic training at Naval Training Center Great Lakes, Illinois.

Following a successful completion of recruit training, Rogers will receive training in the Navy's AIRR program. The Aircrew program, particularly rescue swimmer training, is physically demanding and requires strong swimming skills. The degree of success applicants will have depends upon their own physical preconditioning program they establish prior to reporting.

According to the staff at Navy Recruiting Station Ashland, Rogers will upon completion of training, be assigned to one of the Navy's ships or stations around the world.

Completes CNA training

Jobs Opportunity and Basic Skills (JOBS) participant Shana Carroll has completed her CNA training and passed her test. She has her certificate and is looking for full-time employment.

This training was set up through Stephanie Marshall, Big Sandy Add planner. Alice Taulbee served as her Americorp Mentor.

The Numbers Game: Kentucky Lottery Results

Saturday's Results  
March 1

LOTTO KENTUCKY

16-21-22-27-35-41

Next Estimated Jackpot \$4 million

POWERBALL

07-10-22-34-41 12

Next Estimated Jackpot \$17 million

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# Left Beaver clean-up efforts begin

by Chris McDavid  
Staff Writer

A joint community cleanup effort got underway Tuesday in the Left Beaver area after floodwaters magnified the necessity for immediate action.

The Floyd County Sheriff's Department, McDowell Appalachian Regional Hospital (ARH), Otter Creek Correctional Center, the Kentucky highway department, and the Floyd County Solid Waste program have joined forces to combat the litter pollution throughout the county.

"Right now, the county is

absolutely nasty," Floyd Sheriff Paul Hunt Thompson said Monday to a group of concerned residents and business leaders.

The Sheriff's Department and McDowell ARH are providing the supervision for two different crews of four men to pick up the trash along the ditch lines. The crews, each consisting of one deputy and four OCCC prisoners, are targeting the areas of Price to Drift and Route 680 to Route 80, according to a press release from McDowell ARH.

The crews began the cleanup effort Tuesday and collected nearly 80 bags of trash along the ditch

lines from Spewing Camp to Drift.

Thompson said the Kentucky highway department would be picking up the collected trash along the road on Wednesday.

The sheriff said the two crews will hopefully clean the creek banks that are cluttered with litter at a later date.

"We want to create a clean community to hopefully motivate other areas to do the same," Thompson said Wednesday. "Although, it's going to take a lot of work to do it right."

Thompson said OCCC agreed to make signs for the community after the cleanup effort is complete.

"We need to get the community motivated in utilizing the trash system and stop throwing garbage out of cars," the sheriff said Tuesday. "There's no use for the county to spend millions for tourism facilities and economic development, if the people that visit the area are going to see garbage. They are not going to stay or return until we do something."

Thompson said the two crews will be made available to other areas in the county sometime this summer, after the Left Beaver area is complete.

Local citizens and business leaders are encouraged to help in the cleanup effort. The agencies involved hope that this will be just the beginning of a massive clean-up effort in all of Floyd County.

Illegal dumping may now be reported by calling 1-888-NO DUMPS or 1-888-663-8677.

To volunteer or for more information, contact the Floyd County Solid Waste Commission at 886-8060; or the Floyd County Sheriff's Department, 886-6171.

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The McDowell Appalachian Regional Hospital and the Floyd County Sheriff's Department are providing two supervisors who are overseeing eight prisoners in cleaning up the Left Beaver area. The crews picked up nearly 80 bags of garbage Tuesday from the ditch lines from Spewing Camp to Drift (photo by Chris McDavid)

## Flood

(Continued from page two)

efforts are underway at McDowell Elementary and the Drift Head Start building but no damage estimates are available yet.

Route 122 in Left Beaver was impassable in several areas when water backed up because trash and debris lodged in drainage pipes and waterways.

Branham and Hall Hollows in Wheelwright washed out in the early morning hours, which forced the evacuation of several residents.

A massive mudslide at the foot of Abner Mountain closed that road and state highway personnel removed the debris. There were also major slides at Orchard Branch and Reed Branch in Right Beaver.

Floyd County road foreman Mike Jarrell said Tuesday that damage assessments were ongoing and that damage also occurred at Rough & Tough, Potts Branch and Abbott Creek. Jarrell said Left Beaver was

### "Your turn with Mitch McConnell"

The next edition of "Your Turn With Mitch McConnell" airs live from Washington, D.C. on Wednesday, March 5, 8:00-8:30 p.m. EST.

The monthly cable call-in program gives people across Kentucky the chance to talk one on one with Senator McConnell. Viewers may call toll-free at 1-800-736-8255.

"Your Turn With Mitch McConnell" is shown live on TKR Cable, Louisville; TKR Cable, Bowling Green; TCI Cable, Radcliff; WPRG-TV, Prestonsburg; WLJC-TV, Beattyville; Comcast Cable, Paducah; TeleScripts in Elizabethtown; Limestone Cable-Vision, Maysville; CableVision, of Prestonsburg.

the hardest hit area of the county.

The Floyd County Emergency and Rescue Squad responded to the David area to assist a family across a flooded driveway. Captain Harry Adams said the water rose above the driveway before the family knew it, and they had to get to Highlands Regional Medical Center because a family member had been hospitalized.

Adams said twelve volunteers were on standby at the station to assist with emergencies during the flood but luckily their services were not required aside from assisting in traffic control in Left Beaver and for a medical run in Mud Creek.

Litter was a major contribution to the flooding, Jarrell said.

"Most of the damage was not caused by the high water, itself, but the swiftness and how much there was," Jarrell said. "We only received two and a half inches of rain, but it was garbage and jugs in the creek. I wish people would understand they're just hurting themselves when they throw stuff in the creek. It's a problem all over the county. People just don't think about it and when it comes a flood it's too late."

Jarrell said officials from the National Resource Conservation Service are surveying the flood damage. He added it would take several days to get a complete estimate because flood waters had not receded.

Persons whose homes or property were damaged in the flash flooding, need to contact the local Disaster and Emergency Services office at 886-9193, according to DES public affairs officer Norm Marcum.

Emergency personnel were out all day at Minnie, Frasure's Creek,

and Drift warning motorists of the covered roadways. Some travelers heeded the advice and took alternate routes, but others took their chances and drove through the flooded roads. Most of the county was back to normal Tuesday morning.

Throughout the state, Central and Northern Kentucky were hardest hit with some areas receiving over seven inches of rain. Twelve deaths in the state have been blamed on the flooding.

The Ohio River was expected to crest at its highest level since 1964.

Governor Paul Patton has declared nine counties a federal disaster area which damage totals estimated to be at least \$232 million. National guardsmen have been called out to assist disaster victims and begin cleanup efforts.

## STEVE GREEN



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Friday, March 21st at 7:30 p.m.

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## Calendar of Classes and Events

March  
**14th**  
CPR Class

Taught by American Heart Association certified instructors. Class begins at 9 a.m. at the Pikeville Methodist Hospital Education Center located in the Wallen & Cornett Building. Call 437-3525 to register. There is a \$1.00 fee for CPR card. The class is free.

March  
**21st**  
AIDS Update

Dr. Mary Fox presents current information about AIDS from 6 - 8 p.m. at the Pikeville Methodist Hospital Education Center. Meets AIDS continuing education requirements for Kentucky relicensure of nurses and other health-care professionals. Public invited. Call 437-3525 to register. Free.

March  
**20th**  
Diabetes Support Group

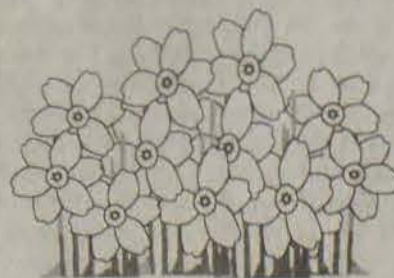
This group allows diabetics to meet and offer advice, tips and ideas on how to live with diabetes. The group is hosted by the Diabetes Care Program and will meet the third Thursday of every month at the First Baptist Church on Fourth Street in Pikeville. For more information, call Mavis Johnson at 437-3513.

April  
**4th**  
Herbal Remedy Class

This two-hour class combines mountain humor with the history of herbal medicine treatment. Dr. Fox leads the class which meets from 6 - 8 p.m. at the PMH Education Center in the Wallen & Cornett Building. Class provides two continuing education credits. The class is free.

Every  
**Tuesday**  
Lifestyles Weight Management Orientation Class

Learn more about the Lifestyles Weight Management Program at this free information session. The health benefits and administration of the program will be discussed as well as the program costs. There is no obligation to join the program after attending this session. This class meets Tuesday evenings at 5 p.m. in the eighth floor classroom. Call 437-3563 to register for the orientation class.



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# Appalachian self-sufficiency program continues

The AmeriCorps Appalachian Self-Sufficiency Program (AASSP) is up and running for a second year in Floyd, Johnson, Magoffin, Martin, and Pike counties.

This mentoring program is funded by the Corporation for National Service in Washington, D.C. via the Kentucky Community Service Commission and by the Kentucky Department for Social Insurance Office (DSI).

AASSP members, stationed in the local DSI office, are working

one-on-one with participants in the Job Opportunities and Basic Skills (JOBS) program to identify and eliminate barriers to self-sufficiency—barriers in the areas of education, transportation, child care, job training, job search, and other areas as determined by the individual's circumstances.

The ultimate objective is to move individuals from public assistance to employment and independence.

The 18 AASSP members will

each serve a minimum of 1700 hours in the program and on other community service projects.

This program is a case manager/worker "extender" program, analogous to the physician extender concept used in the medical field.

Extending and amplifying the capacity of the case manager/workers to serve participants by means of a mentoring team brings new resources into the system.

In 1995/96 the AASSP served 600 participants with one-third of

those retaining or gaining employment by the end of the year and many more meeting other goals that are necessary predecessors to employment.

Through collaboration with local service providers, the hard work of participants and members, and the development of a resource data base, this year's group anticipates similar success.

The AmeriCorps Appalachian Self-Sufficiency Program is sponsored by the Big Sandy Area

Development District and has partnerships with the department for Employment Services, the Department for Social Insurance, the Pikeville YMCA, and the Office of Continuing Education/Community Service at Prestonsburg Community College.

This year's program began in mid-September and will run through August, 1997.

To become involved with the AmeriCorps Appalachian Self-Sufficiency Program or for more

information, contact Sharlet Butler, Mary Jaynes, Joseaylen Shepherd, Kalawese Oden or Alice Taulbee at the Floyd County Department for Social Insurance Office at (606) 886-2426 or (606) 886-3871.

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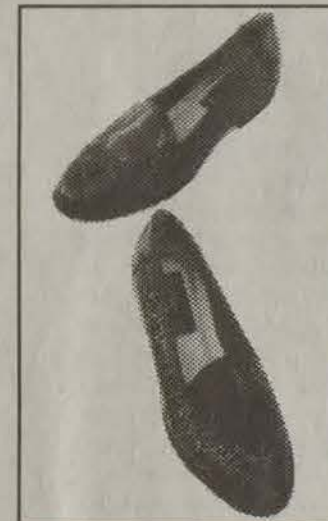
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# PCC sponsors European tour

Prestonsburg Community College will sponsor an 11-day tour of Europe in mid-May that will feature stops in Vienna, Paris and London. This tour, which can be taken for college credit, is open to PCC students and employees, as well as the general public.

The tour will depart from Cincinnati on a flight to Vienna, site of the Hofburg, the favorite palace of the Habsburg dynasty, a family that once ruled half of Europe. Traveling by ground from Vienna to Paris, the

tour will visit Salzburg, Munich, and the Lucerne region of Switzerland along the way. Highlights of this leg of the tour include Salzburg, the village that formed the backdrop for the movie, "The Sound of Music," Oberammergau, the village famous for its open-air staging of the Passion Play, Germany's oldest festival; "Mad" King Ludwig's fairytale castle of Neuschwanstein; and the spectacular Swiss Alps.

Sites on the tour's itinerary in Paris include the Champs-Elysees;

the Arc de Triomphe; the Eiffel Tower; the Louvre, the museum which houses many of the world's most treasured works of art; and the Cathedral of Notre Dame.

The tour will continue by ground to Calais, where it will board a ferry for a crossing of the English Channel, featuring the breathtaking white cliffs of Dover; en route to London. Sites featured on this leg of the tour include Big Ben and the Houses of Parliament, Westminster Abbey, St. Paul's Cathedral,

Piccadilly Circus, Tower Bridge, Trafalgar Square, Whitehall, Downing Street, Hyde Park, and a stop at the gates of Buckingham Palace for the changing of the guard at the British royal palace.

After seeing all the sights in London, the tour will board a flight that will return them to Cincinnati.

Additional information about the tour, including a complete itinerary and cost, may be obtained by calling Dr. Donald Barlow at 886-3863, ext. 439, by Friday, May 7.



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# Darlene Walker named Floyd County Employee of the Year

Darlene Walker has been named "Floyd County Employee of the Year" for Columbia Lake Cumberland Home Health.



Marvin Mayfield, CLCHH administrator, presents the "Floyd County Employee of the Year" award to Darlene Walker, data entry clerk.

The County Employee of the Year award honors outstanding employees for their contributions "beyond the call of duty" both professionally and personally. Walker was placed in nomination for the honor by her peers and received the prestigious award at the Columbia Lake Cumberland Home Health (CLCHH) Annual Awards Luncheon in the presence of nearly 450 colleagues.

Walker was recognized for her dedication and loving service to patients, staff and the agency. A CLCHH employee since 1993, Walker has served as clerk for the Floyd County office, and has been lovingly called the "glue that keeps the office together."

Her nomination read, "Darlene is a very dedicated worker, who has willingly accepted additional responsibilities to help keep operations running smoothly in the Eastern Kentucky counties. She utilizes her creativity and ingenuity both in her work and in her church activities. Last year, she entertained fellow employees with a Christmas puppet show, which she wrote. She then generously allowed her play, puppets, and props to be taken throughout the CLCHH service area to be used as entertainment for the agency's pediatric patients at their Christmas parties. Generous, dedicated, consistent, helpful—all these qualities can be found in Floyd County's Employee of the Year, Darlene Walker."

"I am happy to present this award to Darlene," said Marvin Mayfield, CLCHH administrator. "We are grateful for all Darlene does to help us operate our office efficiently. She is an invaluable asset, and we are fortunate to have her as a member of our CLCHH team."

Columbia Lake Cumberland Home Health has been providing healthcare services for homebound patients for nearly 30 years. For information concerning services available to Floyd Countians, call 886-6336 or stop by the CLCHH office at 38 North Lake Drive, Prestonsburg.

# Baptist College to recognize Father Beiting with award

Faculty and staff of Ottawa University in Ottawa, Kansas, recently announced that Father Ralph Beiting, pastor of St. Jude Church in Louisa and St. John Neumann Church in Hode, and founder of the Christian Appalachian Project, was chosen to receive the University's Meeker Award.

The award honors Jothan and Eleanor Meeker, Baptist missionaries, whose work with the Ottawa tribe of Native Americans led to the founding of Ottawa, Kansas, the First Baptist Church, and Ottawa University. The award is granted annually to individuals whose dedication to Christianity and education mirrors the characteristics of Mr. and Mrs. Meeker.

Father Beiting was nominated for the Meeker Award by Jerrod Huguenot, an Ottawa University graduate, who served as a counselor at the Christian Appalachian Project day camp in Rockcastle County. The day camp is part of an interdenominational organization that operates community development, crisis intervention and education programs in the Appalachian region. The organization was founded by Father Beiting in 1964.

"Jerrod was really moved by the work Father Beiting has done to

start the organization, and the faith that it has taken to sustain it. He called and told us about the award, and that he wanted to submit Father Beiting's name," said Kathy Kluesener, director of the Christian Appalachian Project's volunteer program.

Kluesener noted that Ottawa University, a Baptist institution, was honoring a Catholic priest. "You see a real spirit of ecumenism coming through."

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The Dislocated Worker Program is funded by the Cabinet for Workforce Development, Office of Training and ReEmployment, through the Job Training Partnership Act (JTPA). Eastern Kentucky C.E.P., Inc. is an equal opportunity employer.

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## HIGHLANDS

### REGIONAL

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## To Our Customers and Patients

In January, Highlands implemented a new automated billing system. Unfortunately the system has numerous problems which we are working to correct. We sincerely apologize for any incorrect billing statements or phone calls you, our customers, may have received, and we are very sorry for any inconvenience or misunderstanding these may have caused.

If you have a question or concern about your account, please call our toll free telephone number at 1-800-813-7413.

As a not-for-profit community owned and operated hospital, please know that Highlands Administration and Board are committed to providing quality health care and good customer service to the public we serve. We hope that you, our loyal customers and friends will understand that problems can and do occur when any new system is put in place. Again, please accept our sincere apologies.

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# Two Floyd Scouts to participate in National Scout Jamboree

Scouts Michael Goble and Jeremy Tackett of Troop 805 at Harold are among 72 scouts from the Bluegrass Council who are going to be participating in the National Scout Jamboree at Fort A.P. Hill, Virginia. The jamboree, which is held every four years, will run from July 28 to August 5.

They will be members of troop 1922, one of two troops representing their council. Troop 1922 will be under the leadership of Dr. David Hoddy of Georgetown, Jack Tackett of Dana, Ed Robbert of Lexington, and Andrew Willett of Georgetown.

Michael is the 15-year-old son of Doug and Patty Goble of Banner.

He has been in the scouting program for six years, has achieved the rank of star scout and has earned 15 merit badges. He is a freshman at Betsy Layne High School.

Jeremy is the 13-year old son of Jack and Sherry Tackett of Dana. He has also been in scouting for six years, has earned the star scout rank and 25 merit badges. Jeremy is an eighth grader at Prater Elementary.

To get involved with the program, the scouts were required to fill out an application and write an essay about their experiences in camping. A few scouts from each area were chosen.

While there, Goble and Tackett's

Troop 1922 will be setting up their own city with a post office, bank, etc. To earn merit badges, they will be involved in activities such as repelling, sky diving, bow shooting, and archery, among other things. For recreation the boys will be touring the White House.

The cost of the trip is \$900 and both boys are looking for sponsors.



Jeremy Tackett



Michael Goble

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## Adopt-A-Bunny benefits Floyd animal shelter

An Adopt-A-Bunny campaign underway at the Fudge Factory in Prestonsburg will contribute funds to the Floyd County animal shelter.

Through the program, the Fudge Factory, located in Country At Heart, will donate 50 cents for every solid-fudge bunny it sells through March 29.

The idea for the promotion was conceived by Gary Frazier, one of the store's owners.

"I've supported the animal shelter for years," Frazier said. "People don't realize what a problem (taking care of the stray dog problem) is. A lot of people look at stray dogs as a nuisance, but they're just trying

to survive the best way they can."  
"Any animal lover who makes a trip to the shelter, it can't help but touch their hearts," he added.

The shelter is currently home to 80 animals who need families to adopt them. Bonnie Faulkner, a member of the animal shelter board, said last week.

In conjunction with the Adopt-A-Bunny campaign, Country-At-Heart will host a pet day, March 29. Several owners of pets who were adopted at the animal shelter will be on hand — with their pets — to share their stories and their love for their animals with the store's customers.

## Family of John Breeding, Martha Anne Hall plan reunion in Lima, Ohio

The family of John Breeding (1894-1946) and Martha Anne Hall (1896-1976) plan a reunion in Lima, Ohio, this summer. We have reserved Allen County Farm Park in Lima, Ohio, for Saturday, June 21, 1997 (10 a.m.-8 p.m.). This park is located in Bath township, east of Lima, Ohio, one mile east of I-75 on state road 81 at Slabtown Rd. For Sunday June 22 (noon to 4 p.m.) the reservations are for McLean Teddy Bear Park which is located in Bath township, one mile northeast of state road 81 on North Dixie Highway.

John Breeding was born April 4, 1894 at Mayking, married Martha Anne Hall on February 25, 1914 at Hall, and was killed in a mining accident while working for Inland Steel Company in Wheelwright. John was the son of William George Breeding and Manervia Jane King. William and Manervia had five children: Leemon Breeding (married Roseline Hall), Chas Breeding (married Jossie Hall), Aggie Breeding Hall (married Hawk Hall), John Breeding (married Martha Anne Hall), and Virgie Breeding King (married Clarence King).

Martha Anne Hall was born August 16, 1896 at Hall, and died on October 10, 1976 in Southgate, Michigan. Martha Anne was the daughter of Meekwood Hall and Susan Hall. Meekwood Hall and Susan Hall had ten children: Dora Hall (married Willard McCray), Jane Hall, Son Hall (married Dora Mullins), Martha Anne Hall (married John Madden Breeding), Stumber Hall (married Nola

Cook), Maude Hall (married Kenis Bates), Clell Hall, Ermine Hall (married Dinah Osborne), Edward Hall, and Marlin Hall (married Dorothy Woods).

John Breeding and Martha Anne Hall reared the following 12 children in the Wheelwright/Jack's Creek "area" of Floyd County: Manervia Breeding Johnson (married Herman Johnson) of Winter Haven, Florida, Irvin Breeding (married Julia Ann Burke), deceased, Lona Breeding, deceased, Daniel Breeding (married Emily Mooney), deceased, Esrom Breeding (married Viola Fee) of Lincoln Park, Michigan, Paul Breeding (married Mary Elizabeth Powers), deceased, Almon Breeding (married Eula Jean Bourne) of Groveport, Ohio, Juanita Breeding Mitchell (married Arthur Mitchell) of Wyandotte, Michigan, Lester Breeding (married Betty Raye Meade) of Lexington, Vester Breeding, deceased, John Madden Breeding Jr., (married Violet Newman) of Silver Spring, Maryland, Shelby Jean Breeding Jones (married Paul Gene Jones) of Garrison.

Kinfolk are urged to attend the reunion on June 21/22. Park reservations were made by Carolyn B. Pennington 855 Lutz Rd., Lima, Ohio 45801.

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# Former resident named outstanding computer instructor

Portia Tackett Shislowski, daughter of Roberta Frasure of McDowell, was recently named an outstanding adult computer instructor at Ashtabula County JVS.

However, that is only one role that she performs for the school. For the past 11 years, she has worked as ABLE secretary; classroom aide; LVA volunteer; coalition data specialist; Headstart assessment team member; ABLE Advisory Committee secretary; and computer instructor.

As a computer instructor she works with over 200 students each year. She has competently provided computer orientations, mini courses, special community sessions (to senior citizens, to business women, to church groups and mothers'

clubs, medical workers and vocational students) and staff development workshops to adult education staff throughout Northeast Ohio!

Shislowski returned to school and completed an adult vocational program in computerized office management. She then continued her education at Kent State University. Her experience as an adult student provided her with unique skills that enables her to work with all adults.

As an OAAE member, she has been involved with local, regional, state, and national activities. She has co-chaired a Silent Auction and has contributed innumerable hours to ensure activities for staff meetings, workshops, and conferences are organized, completed and delivered.



**Oddfellows donation**

The Prestonsburg Oddfellows Lodge No. 293 donated \$500 toward the purchase of band uniforms for the Prestonsburg High School band. Uniforms for the 80 band students cost \$25,000. The high school band has not received new uniforms since 1986. Presenting a check to the Prestonsburg High School band director, Michael Bell (left) were Dick Clark, noble grand; Bill Harvey Howard, treasurer and past grand master; and Darrell Conley, supporter to the noble grand. (photo by Janice Shepherd)

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## Dewey Lake News

### Cultural History of the Levisa Fork River Basin

by Park Ranger Shirla Wells

This is the fourth in a series of six continuing articles about the early inhabitants of the Levisa Fork River Basin. The third article covered the Early Woodland and Middle Woodland Periods (1000 B.C. - A.D. 500).

The Late Woodland Period dates from A.D. 500 to 1200 and is marked by greater regional variability in terms of ceramic styles, subsistence strategies and social organization. About A.D. 700, the bow and arrow is introduced and is identified by the presence of small triangular projectile points and Jack's

Reef corner-notched type points. Maize (corn) cultivation occurred primarily in portions of Western Kentucky and did not become a significant part of regional diets until approximately A.D. 800.

The Late Prehistoric period dates from A.D. 1200 to 1550. By A.D. 1200 Woodland horticulture was replaced by intensive corn agriculture and Woodland hamlets were replaced by large Fort Ancient villages. The Woodside Phase of the Fort Ancient tradition, defined at the Fishtrap reservoir, has a settlement pattern of rectangular houses surrounding an open plaza, with some villages being surrounded by a stockade. These villages were generally year-round settlements. Subsistence practices consisted of slash-and-burn maize horticulture supplemented by hunting, fishing and gathering. Shell-tempered roughened ceramics and thick triangular projectile points are diagnostic of the Woodside Phase.

Next week will continue with the Pre-Settlement Exploration and Post Revolutionary Periods.

### Take a first aid inventory

The National Safety Council recommends that all businesses provide their employees with first aid and CPR training to ensure that help is always at hand. Take a first aid inventory of your workplace. At a minimum, each department or work location should have a first responder available at all times, on all shifts and practice an emergency response plan. Proper training means proper care and lives saved.

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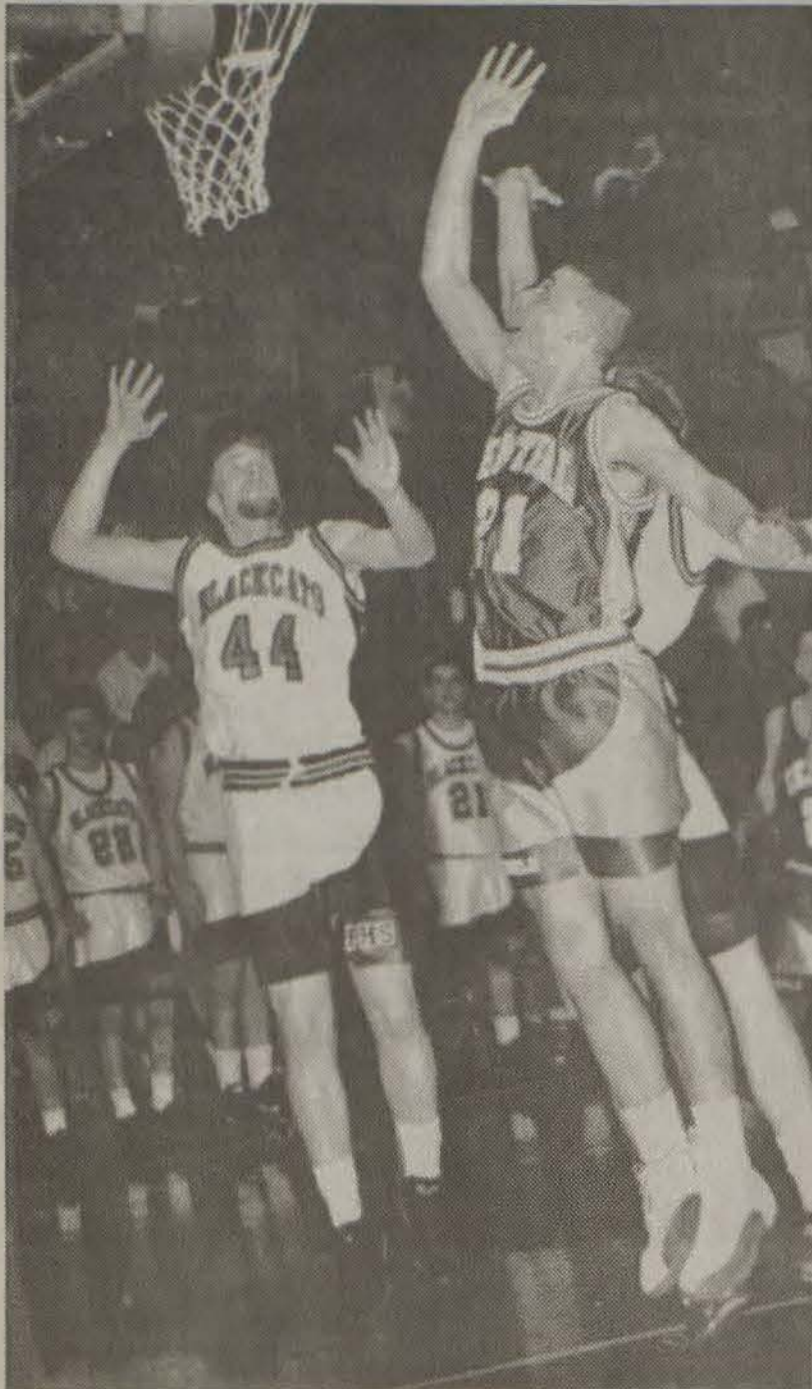
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To the basket

Allen Central's Thomas Jenkins (21) scored over Prestonsburg's Gavin Hale (44) in the finals of the 58th District tournament. Jenkins had 37 points but his team fell 76-69 to the Blackcats (photo by Ed Taylor)

## Region

"You have to be ready to play every night out when it comes to the regional tournament. You have to stay focused every time out."

The defending state champions' coach said he felt there was not much pressure on his team because "they have been there before."

"We have to concentrate on how to stop a Thomas Jenkins," said Runyon. "Our kids match up well with Allen Central."

Coach Runyon then stated he doesn't expect Allen Central to slow the ball down in reference to a tactic Sheldon Clark used in the district finals against the Tigers.

Sheldon Clark was runner-up to the Tigers in the 57th District and coach Ron Evans said his team, who averaged 59 points a game, was just trying to get their average against Paintsville in their district finals.

Sheldon Clark will face Prestonsburg in a first round game, a team they lost to twice.

"Prestonsburg is a good ballclub," said Cardinal Coach Evans. "They have Jarvis in the middle and two very quick guards in (Wes) Samons and (John) Ortega. It will be a tough game for us but we will go out and play 32 minutes the best we can."

Prestonsburg's Jack Pack said his ballclub has matured during the course of the season and at first his expectations were disappointing.

"I expected too much of my young team at the first of the year," he said. "As the year went on we became more patient and now I feel we're a good basketball team. I am satisfied with our consistency and we're just happy to be here."

The Prestonsburg coach said his team will have to play hard each

night out. Prestonsburg will face Sheldon Clark on Thursday night.

"When you look at the scores of the two games we beat Sheldon Clark, you would say we beat them soundly. But the scores are misleading. We would only be leading them like six points at half time."

Pikeville coach Dave Thomas stated that the 15th Region is solid from top to bottom.

"We all had great district tournaments," he said. "Our team has struggled from the free throw line but I feel we pulled out two big wins in winning our district. We didn't shoot well at all. We have been a good defensive team all season."

Shelby Valley coach Rodney Rowe was unable to make the news conference and assistant coach Denny Paul May says the Wildcats have enjoyed a banner season.

"At one point we won 14 straight games and Coach Rowe and I feel we have had a good year," said Coach May. "We played super basketball during the streak. The kids have played well and accepted their roles. This is a good defensive team and we used our defense to trigger our offense."

Shelby Valley faces Elkhorn City in the first round and Coach May said he looks for the Cougars to be ready to play.

"They will be ready and hopefully we will be ready," he said. "We haven't played each other this year but they are a very good basketball team."

Elkhorn City coach Randy McCoy said his team had better be ready to play.

"When a team wins 14 in a row they are a good team," he said of Shelby Valley. "When a team gets

in the district everyone can play good. Fed's Creek was a better team. Phelps was a better team. You had better be ready to play."

Paintsville does a lot of good things on the floor. We saw Shelby Valley play several times this year and you have to do a lot of things right to win 14 in a row. They are a heck of a basketball team. They will spot up and shoot the three. We'll have our hands full."

Phelps coach Gary Walton, who's Hornets will play Pikeville in the first round, said it has been a learning season in his first year as coach at Phelps.

"It has been a tale of two seasons," he said. "We had five games decided on a last second shot. We tried to utilize 12 players the first half. In the second half we settled on five to seven players and showed a lot of heart in the way we played defense."

The tournament tips off tonight with Paintsville and Allen Central

meeting at 6:05 p.m. The night cap will feature Pikeville and Phelps in a 9:05 start.

Thursday night, Prestonsburg takes on Sheldon Clark tipping off 6:05 p.m. while Elkhorn City and Shelby Valley close out the first round at 9:05 p.m.

The semifinals will be played Friday night with the championships set for Saturday night. On Friday night, the Dream Team (Fabulous 50) will be recognized at half time of the first game. The Flat Gap/Pikeville teams of 1957 will be recognized at half time of the second game.

Saturday night has been designated Champions Night, when recognition will be given to all coaches who have had teams to win regional championships.

It is to be an unusual 15th Regional tournament with many events to take place. Tickets for the tournament may be purchased at the competing schools.

## A Look At Sports — (Continued from page one)

their usual great job. They work hard as a group. But the Betsy Layne Dance Cats did an outstanding job as well. I enjoyed both groups.

### SIGNUPS

The Prestonsburg Little League will be conducting signups at Archer Park this Saturday, March 8 from 10 a.m. until 1 p.m. A second sign-up date will be March 15, at Archer Park again from 10 a.m. until 1 p.m.

All players from t-ball to senior league must register on one of these two dates. A \$25 registration fee per player is required.

For more information, call Kay

Willis at 886-2552.

Also, the Floyd County Babe Ruth League will hold their signups on Saturday, March 8 at the Stumbo Park picnic shelter from noon until 3 p.m. Signups will be for all 13-year olds who will be playing in the prep league (for 13 year olds only), as well as 14 and 15 year olds.

The league is trying to sign up as many 13 year olds as possible from around the county. All are urged to be present and register.

For more information here, call Harold Case at 285-9324.

Until Friday, good sports everyone and be good sports!

## Branham's 24 points lead JCHS past Phelps

by Ed Taylor  
Sports Editor

Elizabeth Branham scored a game high 24 points and the Johnson Central defense held the Phelps Lady Hornets to just one field goal and four points in the fourth quarter to win easily 52-36, in a game that was much closer than the final score.

The two teams squared off in the opening game of the girls 15th Region basketball tournament at Magoffin County last Monday night in front of a large crowd. Johnson Central held a precarious 34-32 lead after the third quarter. Phelps turned the ball over on four of their first five possessions in the final period and Johnson Central scored on all five mistakes.

Branham gave indication of the type of game she was going to have in the first quarter, when she scored 10 of her team's 13 first quarter points. Johnson Central led 13-11 after the first period. Debbie Freeman had nine of her team's 11 first quarter points. Freeman led Phelps with 20 points.

Phelps jumped in front early 4-0 and led at one point 6-1 before the Lady Eagles led 9-8 on four consecutive baskets by Branham. Freeman's three-point basket just before the horn made it a 13-11 game.

A 7-2 spurt to start the second period gave Phelps an 18-15 lead. Johnson Central rallied with a run of their own and led 20-18 with five unanswered points. With 23 seconds to play in the first half, Branham hit one of two free throws to tie the game at 21 at the half.

The lead exchanged hands three times at the start of the third period until Johnson Central took a 25-24 lead, a lead they never relinquished.

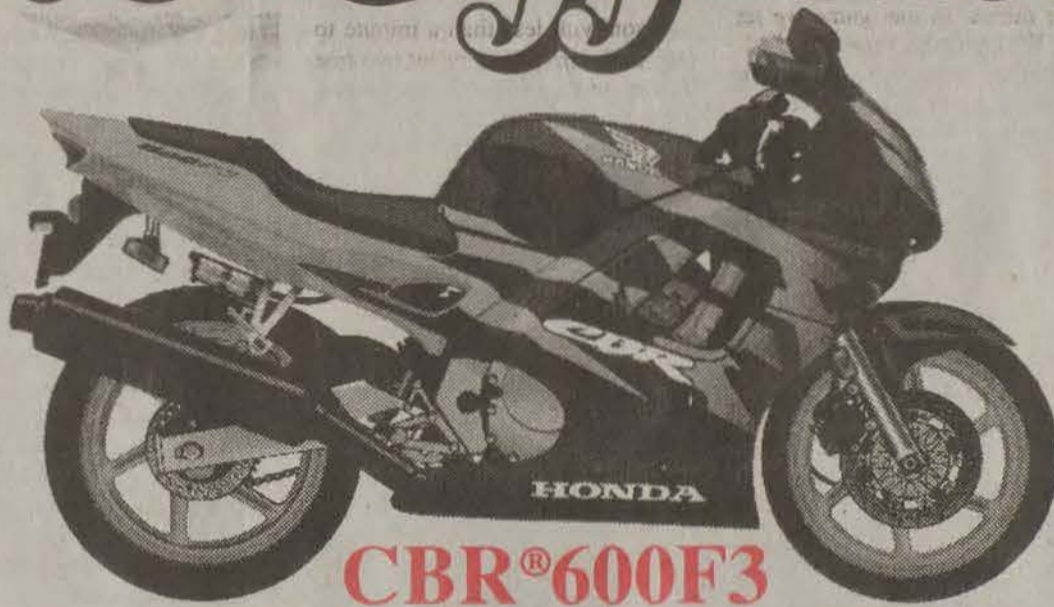
Freshman Teresa Lewis went coast-to-coast for a lay up with 4:25 to play to give the Lady Eagles a six point lead, 30-24.

Phelps came back to within three, 32-29, on a basket by Freeman and two free throws from Courtney Mercer. A short jumper by Erika Fannin and Freeman's free throw made it a 34-32 game after three quarters.

Mercer finished with 10 points for the Lady Hornets in their final game of the season. Freeman played her last game in a Phelps uniform and finished out a great high school career. Evie Francis, the other Phelps senior, scored two points. The Lady Hornets finished the season 14-12.

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# Jenkins scores 39 as Allen Central survives Betsy Layne Bobcats scare

by Ed Taylor  
Sports Editor

It just wasn't suppose to be the way it was played, when Betsy Layne and Allen Central met in the first round of the boys 58th District basketball tournament last Thursday night at the D.W. Howard Fieldhouse at Betsy Layne.

After all, Betsy Layne fell by as many as 50 points to the Rebels in their first meeting and dropped a 35 points decision in the second meeting.

But what doesn't count in tournament play are records. Betsy Layne was anything but intimidated over the first two losses to Allen Central, and played like they were

the favorites, before dropping a 78-77 controversial loss to the Rebels.

Coach Tim Rice's Bobcats hung around mostly on their ability to hit from the outside against the Rebels match zone defense. In fact, the Bobcats buried 10 three-point baskets to stay in the game. Jason Tackett, who led Betsy Layne with 25 points and Craig Johnson, who finished with 23, each hit five treys in the game.

Thomas Jenkins led all scorers with his 39 points in a stellar performance by the Rebel who just took over the game.

The game wasn't without it's controversy, especially in the closing seconds. Allen Central was nursing a 76-75 lead when Todd Howard went to the free throw line for a bonus shot. Howard, one of the state's leading free throw shooters, missed the front end of the bonus with Betsy Layne rebounding the ball with just 19 seconds on the clock. Tackett, in an off balance act, threw up a 10-foot jumper that settled in the nets to give Betsy Layne a 77-76 lead with just 11 seconds to play.

Jenkins took the inbound pass and drove the length of the court where he hit a six-foot jumper with seven seconds to play for a 78-77 Allen Central lead. Betsy Layne got the ball into their front court, but freshman Scott Collins was trapped in the corner and the Bobcats were unable to get a shot off as time expired.

The Betsy Layne bench and fans cried foul when they thought Collins was fouled before the clock expired.

The Bobcats were playing without their leading scorer Rocky Newsome and it was a total team effort on the part of the Bobcats.

Betsy Layne came out of the gates firing at the onset as they raced to a 19-17 first quarter lead over Allen Central.

Tackett hit two straight three-pointers and canned a six-foot jumper that gave Betsy Layne a 10-5 lead early in the first period. Their biggest lead of six points, 19-13, came on lay up's by Collins and Johnson with less than a minute to play in the first. Jenkins hit two free throws and a 14-foot jumper ahead of the horn.

Jenkins' basket tied the game at 19 in the second period and it was tied at 21 before a three-point basket by Tackett gave Betsy Layne a 24-21 lead. The Rebels took their first lead at 25-24 with 4:41 to play in the first half on a basket inside by Jenkins. Todd Howard hit a three-point basket and Jenkins went under for two as the Rebels led 30-24.

Betsy Layne scored the next five points to make it a 30-29 game and two free throws by Tackett tied the game at 31 with 3:08 to play in the

half. Allen Central went to the locker room with a 39-35 lead at the half.

An eight-footer by Neil Newsome and Tackett's 12-foot jumper tied the game at 39 at the onset of the third period. The game was tied at 41 and again at 44, before Allen Central ran off nine unanswered points to lead 50-44. It was 52-49 after three quarters.

The Allen Central faithful were just waiting for the Rebels to make a run that would put the Bobcats away, but that never came as the fourth quarter unfolded.

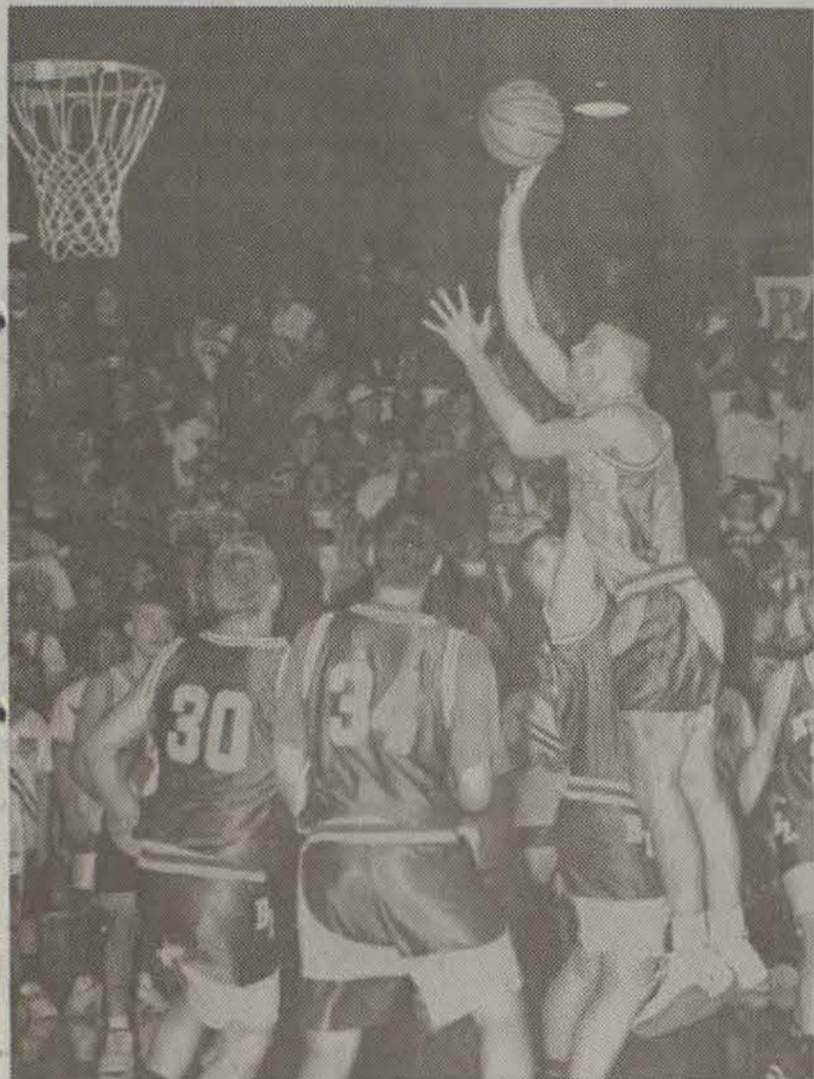
With 2:50 left to play, Howard hit a big three-point basket that seemingly would put the Bobcats away as Allen Central led 74-65. But when you have two players such as Johnson and Tackett who can shoot the treys, the game is never over. Johnson hit back-to-back three-pointers for a 74-71 game with 2:13 to play. After an Edmond Slone lay up, Johnson buried his third trey at the 1:26 mark to make it a two point game, 76-74.

Slone toed the free throw line for the Rebels with 47 seconds to play but missed the front end of the bonus shot. Johnson hit the first of two free throws with 42 seconds to play for the 76-75 margin.

Jenkins 39 points led all scorers. Howard finished with 24. After Howard, the scoring dropped off drastically for Allen Central. Steve Hamilton had five points with Gary Hunter and Slone scoring four points. Beau Tackett had two points.

Tackett finished with 25 points for Betsy Layne while Johnson scored 23. Neil Newsome added 11 points and Collins had 10. Nico Haubenreisser and Randy Coleman scored four points each.

The loss ended Betsy Layne's season at 7-16.



In the middle

Allen Central's Thomas Jenkins (21) scored over Betsy Layne's Neil Newsome last Thursday night in the opening round of the boys 58th District tournament. Jenkins scored 39 points to lead Allen Central to a 78-77 win over the Bobcats. (photo by Ed Taylor)

## Allen Central (continued from page one)

in the game at 2-0. The Lady Cats tied the game at 53 on Johnson's second trey of the contest. But Allen Central, who struggled big time from the free throw line, did get some clutch free throws from Misty Scott down the stretch. Scott hit five of six attempts to open up a 63-56 lead with 25 seconds to play in the game.

In fact, Betsy Layne could only score three more points in the final three minutes of the game after tying the game at 53. Johnson buried her third trey to make it a 60-56 game. In the final three minutes, Allen Central attempted 20 free throws hitting only 11.

"Our free throw shooting was horrible," said junior guard Misty Scott, who led Allen Central with 18 points. "But we just wanted this game so bad. We just came out and played hard."

A lay up by Sabrina Yates gave the Lady Cats a 2-0 lead. But Allen Central scored the next eight points to lead 8-2 and was never headed from that point on.

The Lady Rebels doubled the score on Betsy Layne late in the first period when they led 24-12. But baskets by Amanda Hall and Jessica Clark made it a 24-16 game after one period.

A 6-0 run by Allen Central netted them a 39-28 lead with 1:13 to play in the first half. But the Lady Cats stayed close on three free throws and a basket by Yates to trail 41-33 at the half.

In the third quarter, the Allen Central offense was almost non-existent, as they scored but six points in the third period. But Betsy Layne played almost equally as bad as they turned the ball over eight times in the quarter and trailed 47-44 after three quarters.

It was a different fourth quarter, according to Samons, than the Lady Rebels usually play.

"We usually don't play well in the fourth quarter, but tonight we had a strong fourth quarter and finished strong," she said. "The fourth quarter is usually our down fall. But not tonight."

Allen Central outscored Betsy Layne 21-12 in the final period.

Junior forward Crystal Martin, who scored 17 points for Allen Central, said it was a great way to return to the court this year after a year's absence.

"This is a great way to finish a come back year," she said. "Our free throw shooting was bad. We hit them well in practice, but when we get in a game we just can't hit. But it is a good feeling to win the district."

"We never quit, never," said forward Natalie Cooley, who had 15 points in the game. "They came

back on us in the fourth quarter but we just kept going. Getting beat here in double overtime was much on our minds. In that game we let down. We knew this time we couldn't let down. Misty hit some big free throws for us down the stretch. Our defense was good and we rebounded well."

Jessica Martin and Hopkins finished with two points apiece for the Lady Rebs. Shanna Howell scored one point.

Heather Kidd added eight points for Betsy Layne before fouling out. Clark had 10 points and Hall scored two.

Allen Central hit 18 of 36 free throw attempts while Betsy Layne connected on 11 of 22.

The Lady Rebels improved to 23-6 on the season while Betsy Layne fell to 13-11.

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# Lady Cats season ends with 62-59 regional loss to Pike County Central

by Ed Taylor  
Sports Editor

The 1996-97 high school basketball season officially ended for coach Bill Newsome and his Betsy Layne Lady Cats, after they dropped a 62-59 decision to Pike County Central in the opening round of the girls 15th Region basketball tournament at Magoffin County Monday night. But it also ended the brilliant careers of Ashley Tackett and Jessica Johnson as well.

The Lady Cats, who played well, just couldn't keep the taller Lady Hawks off the offensive boards in suffering the three point setback. Betsy Layne finished the season with a 13-12 overall record.

Johnson led Betsy Layne with 19 points and Tackett finished with 18. Jessica Clark had double figures with 10 points. The Lady Cats had only two starters, Johnson and Tackett, left when the final horn sounded. Sabrina Yates, Heather Kidd, Clark and Amanda Hall all left via the foul route.

Tiffany Slone dominated the boards on both ends for the Lady Hawks and eighth grader Ashley Melvin took over the game from the onset in leading the Lady Hawks. Slone lead all scorers with her 24 points and Melvin finished with 17. The 5'1" guard was hitting all over the floor as Betsy Layne could not contain her.

Slone had 10 baskets from underneath the goal and six were offensive rebounds that she put back in while Betsy Layne stood and watched. The foul-prone Lady

Cats were seemingly whistled for a foul each trip down the court.

With 2:19 to play in the game, Pike Central went up by 10 points, 59-49 only to see the Lady Cats rally back and cut the lead to four, 60-56. The 7-1 run by Betsy Layne came on consecutive lay up's by Tackett, a Johnson free throw and lay up.

Momentum was going Betsy Layne's way until a costly turnover allowed the Lady Hawks to build a six point cushion, 62-56. Tackett buried a three-pointer with three seconds left for the final margin of 62-59.

Slone had three offensive put backs in the first quarter as the Lady Hawks led 14-11 after the first stop. Heather Kidd scored six of Betsy Layne's 11 first quarter points. Betsy Layne never did lead in the game, but it was tied twice in the early going at 2 and 4. A 7-0 run gave the Lady Hawks an 11-4 lead.

In the second quarter, the Lady Hawks held a 29-17 lead, but Slone had four tries at the basket before scoring on a "stand-on-the-floor" basket. Melvin then scored the final six points of the second quarter to give the Lady Hawks a 37-31 half time lead.

The eighth grader played with a lot of confidence and looked like a veteran on the floor, as she guided the Lady Hawks from the point guard position. Her soft touch from the corner allowed her to drive around the Lady Cats, pull up and hit the short jumpers.

Betsy Layne trailed 46-40 after three quarters. With 2:25 to play in

the third Yates picked up her fifth personal foul and three seconds later Hall left the game by fouls as an upset Coach Newsome questioned some of the calls by the officials.

Twice the Lady Hawks held 10 point leads in the final quarter only to see Betsy Layne come back. They led 50-40 with 6:55 to play, but the Lady Cats did not quit. The 10 point margin was 59-49, and again Betsy Layne came back.

Johnson hit five three-point baskets for Betsy Layne. Tackett buried two. Tackett has been a picture of consistency all season and Johnson, who struggled early, came on to finish strong.

Jessica Clark will head a group of good young players who will return for Coach Newsome next season including Amanda Hall, Leslie Hopkins, Kidd, Shenna Akers, Ashley Gearheart, and Yates.

Kidd finished with six points for Betsy Layne, all in the first quarter. Hopkins totaled four points and Akers added two.

Amanda Collins finished with 15 points for Pike Central.

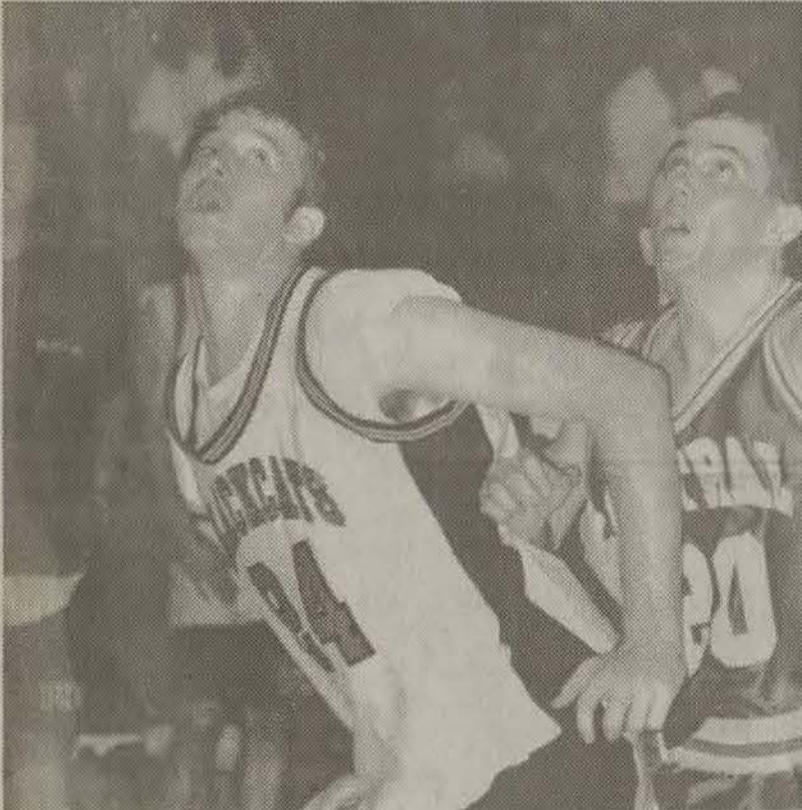
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Look! Up there!

Prestonsburg's Andy Jarvis and Allen Central's Gary Hunter seemed to be looking at the same thing, the basketball, when the two teams met this past Friday night in the finals of the boys 58th District basketball tournament at Betsy Layne. Prestonsburg won over the Rebels 76-69. (photo by Ed Taylor)

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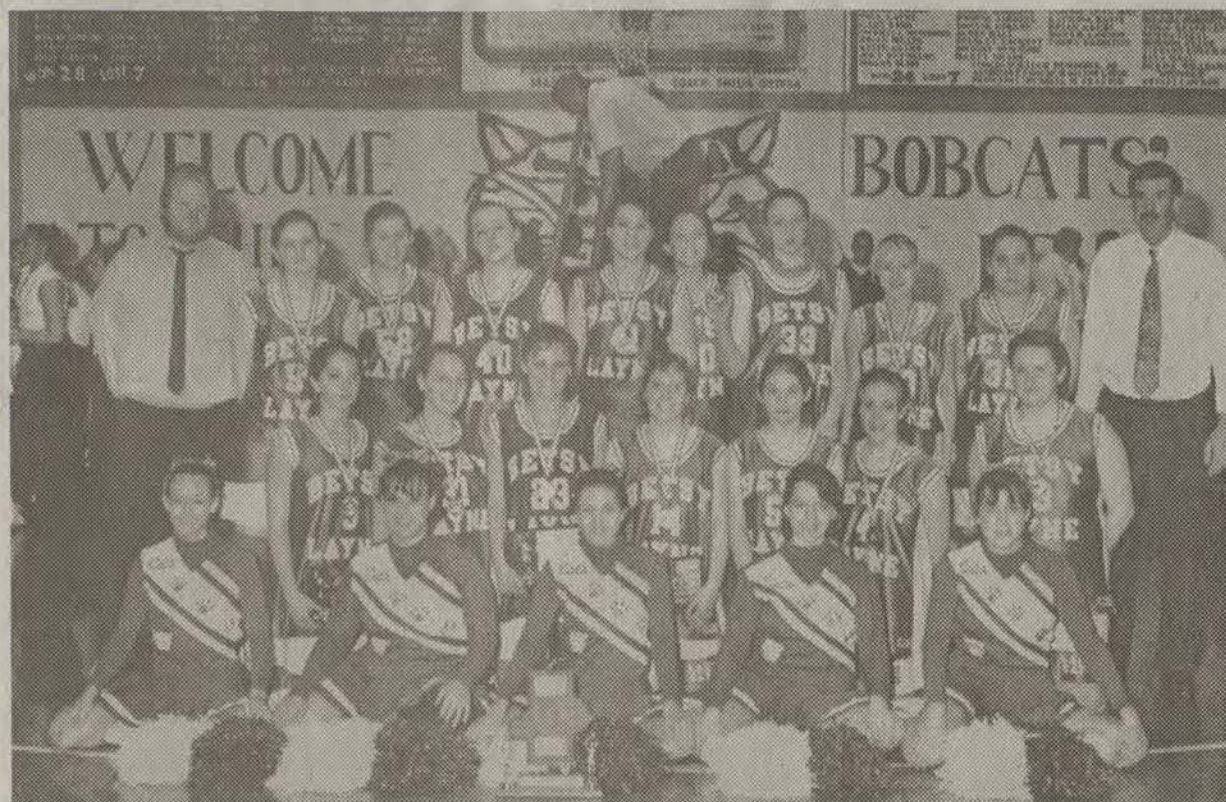




Allen Central Lady Rebels  
Girls 58th District champions



Prestonsburg Blackcats  
58th District champions



Betsy Layne Lady Cats  
Girls 58th District runners-up



Allen Central Rebels  
58th District runners-up

**Floyd County Babe Ruth to register players for upcoming season**

Floyd County Babe Ruth president Harold Case has announced the date for registering to play in the Babe Ruth League this summer. The league will conduct sign up's this Saturday, March 8, from noon until 3 p.m. The sign up period is for all 13 year olds in Floyd County who wish to play in the separate Prep League. Also, all 14 and 15 year old players are to register on the same date. There is no registration fee for any of the players. The registration will be held at the Stumbo Park picnic shelters. For more information, call Harold Case at 285-9324.

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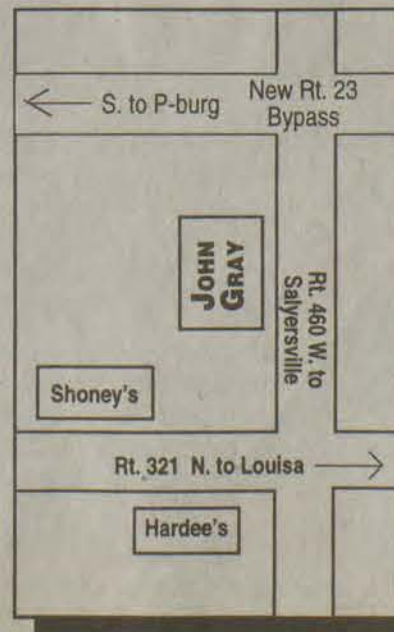
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**First place**

The South Floyd boys varsity cheerleaders took home first place in the 58th District tournament last Friday night at Betsy Layne. The talented cheerleading squad had much to smile about. (photo by Ed Taylor)

**Third time charm for Betsy Layne over Prestonsburg**

by Ed Taylor  
Sports Editor

four and Lawson finished with three. Crystal Stone and Ladonna Stone scored two apiece.

Jessica Clark scored 15 points and Jessica Johnson added 12 to lead the Betsy Layne Lady Cats to a 46-44 win over Prestonsburg in the first round of the girls 58th District tournament at Betsy Layne last Thursday night.

The win over the Lady Blackcats snapped a four game losing streak to Prestonsburg over the past two seasons. Prestonsburg won the previous two meetings during the regular season.

Shelly Greathouse led Prestonsburg with her 15 points. Crystal Layne played her final game as a Lady Blackcat and scored 11 points, Jessie Burke finished with seven points.

Prestonsburg had their chances to win the game but a costly turnover gave the ball over to Betsy Layne in the final 22 seconds of the game. Greathouse, who had played great all night, was called for a walking violation with 22 seconds to play with Betsy Layne leading 45-44. Greathouse had an open look at the basket from 12 feet out but elected rather to pass the ball to Layne for the three-point shot. When she pulled up, she moved her feet giving the ball back to Betsy Layne.

With 21 seconds to play, Ashley Tackett went to the line for a two shot foul but missed both attempts. In the pursuit for the ball, it was Tackett wading out with the ball and being fouled. This time she hit the back side of the two shot foul giving Betsy Layne a 46-44 lead with 19 seconds on the clock. Prestonsburg had two shots at the basket in the closing seconds but could not hit.

Prestonsburg lead only twice in the game although the game was tied three times. The only leads for the Lady Blackcats came in the third period when Greathouse stole the ball and scored at the 5:56 mark to give Prestonsburg a 24-23 lead. Their second lead came at 26-25 on Layne's long jumper. A 14-2 run by Betsy Layne netted them a 39-28 margin with 1:37 left to play in the third. A basket by Burke made it 39-30 after three quarters.

Taking care of the basketball was a chore for Betsy Layne in the fourth quarter as they saw their modest margin disappear. An 8-0 run by Prestonsburg tied the game at 43 with 1:27 to play.

Betsy Layne led 12-9 after the first quarter after jumping out to a 6-0 lead. A three-point basket by Greathouse made it a 10-9 game before Tackett's lay up gave Betsy Layne a three-point first quarter lead.

Layne hit a three-point basket to start the second period to tie the game at 12. The game was tied at 15 on Greathouse's three-pointer. After Betsy Layne had built an eight point cushion, a lay up by Greathouse and Brandi Lawson's trey made it a 23-20 game at the half in favor of the Lady Cats.

Sabrina Yates netted 10 points for Betsy Layne. Ashley Tackett finished with nine points.

Jessie Burke scored seven for Prestonsburg. Kimi Nunnery added

**Accepting New Patients**

Dr. Tamara L. Musgrave will be accepting new patients starting Monday, March 3.

Dr. Musgrave is originally from Jenkins, Kentucky and is one of only 11 physicians in the nation board certified in both Medical Oncology (cancer care) and Infectious Disease. She is board certified in Internal Medicine as well.

Starting Monday, March 3, Dr. Musgrave will be available to see patients for cancer and infectious disease treatment.



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# TIME OUT

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## Howdy Y'all

by John Frazier  
Times Outdoor Writer

Well, I've got good news and bad news. I think it would be best to start with the bad news. As of now, Time Out will not be featured in the Friday editions of the Floyd County Times. Before you go and get all wound up, you should hear the good news. We are omitting the Time Out section from the Friday editions so that I will have time to prepare Time Out, the magazine, for publication April 11.

Beginning April 11, Time Out, the magazine, will be published on a bi-monthly basis for your enjoyment. The magazine will carry news and information concerning all your favorite recreational activities. Hunting, fishing, golf, camping, and much more. We also plan to throw in a few humorous stories, reader contests, and anything else that looks interesting. I would like to add that our magazine will also be open to the same reader suggestions and comments. If you have any questions or comments concerning articles you have seen, or would like to see, in Time Out, please contact me.

The Wednesday editions of the Floyd County Times will continue to feature Time Out each week.

Friday editions will now feature a page dedicated entirely to NASCAR fans. The new addition will be full of race schedules and results, along with driver profiles, racing trivia, and much more.

Now that everyone is up to date, I have a very special announcement to make. Yesterday was my sister's birthday. If Rosemary was a man, it would be acceptable for me to tell everyone she is thirty years old, but since she is a lady, it would not be appropriate to tell her age. So I won't. Happy Birthday, Sis!

A couple of other important dates you might want to mark on your calendar.

March 7, the Kentucky Department of Fish and Wildlife will hold a commission meeting in Frankfort. This meeting will be held in the Arnold L. Mitchell Building at the Game Farm on US 60.

The Big Sandy Valley Chapter of the National Wild Turkey Federation will hold its annual Super Fund Membership Banquet March 8, at 6 pm in the Carriage House Hotel in Paintsville.

## The right place at the right time

For as long as there have been fish in the lakes and anglers on the shore, fishermen have been involved in an ongoing debate over when and where to find the fish. More often than not, if you question ten experienced anglers of the most productive fishing holes and the best times to fish, you will hear ten different theories.

Some anglers base their decisions on varying weather patterns. Others prefer to schedule their fishing trips to coincide with the various phases of the moon. Through the years, anglers have based their fishing schedules on everything from blooming dogwoods to singing

frogs and the first mosquito bite of spring.

Although the moon, weather and other factors have shown to be somewhat accurate in predicting productive fishing days, ultimately, it is the bass that determine when and where they will feed. Therefore, to accurately determine the best times and places to wet a line, you must acquire an understanding of your prey.

When to fish can be equally as important as your choice of lure or even your location. March and April can provide some of the most productive outings of the year. Most bass will lie in some form of dor-

mancy throughout the winter. Lower oxygen levels in the water and a shortage of food supplies force bass to reserve energy during colder months. Bass do not enter a state of total hibernation and will feed during winter, but only occasionally.

As water temperatures begin to rise through March, bass begin to increase their activity levels. Generally it is the larger bass that become active first. Temperatures in the mid to upper 40's will bring bass out to feed in preparation of the upcoming spawn.

Occasional warm and sunny days through March can be ex-

tremely productive. Bass will become more active, but salamanders, and other choice bass food, supplies will remain dormant until water temperatures reach the mid 50's. The result is a number of bass searching for food that isn't extremely plentiful.

Because of the fluctuating temperatures and limited food supplies, bass will feed only for short periods of time, and then become dormant again for short periods. With so many variables affecting the bass during March, fishing can be extremely productive or extremely frustrating for the month. If, like most anglers, you are limited to the number of days you can spend on the water, you must choose your days wisely.

Temperature is the key to successful March fishing. Warm, sunny afternoons are not only the most enjoyable for bass anglers, but are also the most active times for bass during the month. The third or fourth day of a warm spell will be the most productive days of the month. Anglers should keep a watchful eye on local weather forecasts, and schedule their trips accordingly. Since warmer temperatures are the determining factor for March fishing, efforts should be concentrated from mid-day through early afternoon, the warmest part of the day.

Once you have determined when to fish, you will need to decide where. March does provide the anglers with a slight advantage in this category.

Variables such as cover, available food, currents, and many other factors can affect the feeding patterns of bass.

One factor, above all others will determine where to find bass during March. Bass are predators. Insects, salamanders, and other delicacies have not fully emerged from their winter sleep, and food supplies for the bass are limited. Locate what food is available, and you will find the bass.

Oxygen levels also play an important role in the determination of when and where to fish. Bass, as well as many of their favorite food sources, are seeking warm waters during March. Still and shallow waters will warm quicker, but will contain lower oxygen levels than in and around currents. In areas of little or no vegetation, or when adequate sunlight for photosynthesis has not been available, bass will often come to the surface in search of oxygen.

Temperature, food supplies, and oxygen levels are just a few of the countless number of variables affecting fish. With so many uncertainties, anglers must concentrate their efforts on the factors that do not change. Bass are predators, and after a long winter dormancy, they are hungry.

Fishing activity during March may not compare to the pre-spawn feeding frenzy of late April, but it can be productive. Choose your days carefully, with one eye on the water temperature and one on the weather forecast.



You can't get there from here

Any fishermen who weren't discouraged by the recent rains found other obstacles in their path, as the road leading to the Paintsville Lake Marina and a portion of the parking lot were closed due to rising waters. Tomorrow's fishing report could read, "Bass being taken on live minnows off rocky points and under stop signs." (photo by John Frazier)

### Red Man bass opener slated for Dale Hollow Lake

Operation Bass will conduct the first Red Man bass fishing tournament of the Mountain Division March 23, on Dale Hollow at Starpoint Resort, signaling the start of the six-event Mountain Division Red Man season. Entry deadline for the event is March 12. Late entries are accepted with a late fee.

Five other Operation Bass-managed Red Man events will make up the Mountain venue for 1997 as follows: April 20, Cumberland/Burnside Island State Park, entry deadline April 9; May 18, Herrington/Bryant's Camp, entry deadline May 7; June 15, Barren River/State Park, entry deadline June 4; September 7, Ohio River/Big Bone State Park, entry deadline August 27; and October 5, Dale Hollow/Starpoint Resort, entry deadline September 24.

The top 30 fishermen in the Mountain Division after the six qualifying events will advance to one of the five Regional Championships where they will compete with 90 other "working" men and women anglers for a \$40,000 "Dream" bass fishing rig consisting of a Chevrolet pick-up and a fully-rigged Ranger boat powered by an Evinrude or Johnson outboard.

Those anglers who enter all six qualifying tournaments within a division and do not qualify for another regional will qualify to compete in the "Wild Card" regional. The top six finishers will qualify for the prestigious Red Man All-American Championship.

The top eight from each of five regionals, the top four from the Western regional and the top six from the Wild Card regional will advance to the Red Man All-American where the winner will be awarded

\$100,000. Each Red Man qualifying tournament has a \$75 entry fee and a guaranteed first place cash award of \$1,000. Each divisional point leader is also a guaranteed winner of \$1,000. Additionally, Red Man anglers will be competing for the following awards throughout 1997: CITGO Cup Challenge Award; Old Milwaukee World Class Fishing Trip; and Abu Garcia Big Bass.

Catch and release is practiced at every Red Man tournament and Operation Bass maintains a 98 percent live release rate in 140 events nationwide.

Sponsors of the 1997 Red Man Tournament Trail include: Evinrude and Johnson Outboards, Evinrude and Johnson Electrics, Ranger Boats, Abu Garcia Rods and Reels, Armour Vienna Sausage, Chevy Trucks, Stren Fishing Lines, Hummingbird Fishfinders, CITGO Super Premium Gasoline, Energizer Marine Batteries, Old Milwaukee NA, Bill Lewis Lures, Rubbermaid, Keystone Lures and Gambler/Bang.

### Free golf

The American Cancer Society's 1997 Golf Pass is valued at more than \$2,000, but you can get yours for just a \$35 donation to the American Cancer Society.

The Golf Pass is valid through the end of 1997, and entitles the holder to free rounds of golf and free practice balls at numerous driving ranges at 168 courses in Kentucky, Indiana, Ohio and West Virginia. Three courses feature unlimited rounds. Cart rentals are not included, and some restrictions apply.

You can order your 1997 Golf Pass by calling toll free 1-800-ACS-2345.

# Tall Tales

OF THE GREAT OUTDOORS

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A NEW

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Web weavers and spin doctors listen up. Now's your chance. We want to hear your tales of the great outdoors. If you have stories of the one that got away, the one that didn't, or even the one you wished had gotten away, we want to hear them. Stories may be true, or maybe not, but all stories must be related to the great outdoors.

The winner will receive a brand new rod and reel, valued at nearly \$100. Authors of other stories selected for publication will receive an official Time Out T-shirt.

Stories will be judged by the staff of the Floyd County Times and winning entries will be published in the premiere issue of Time Out on April 11. All entries must be received before April 1, 1997.

To enter, send your story, along with your name, address, and telephone number to:

Floyd County Times  
attn: Tall Tales  
P.O. Box 391

Prestonsburg, KY 41653

or drop them off at the office on South Central Avenue in Prestonsburg, Monday through Thursday, 9 am to 5 pm, or Friday from 9 am to 2 pm. Be sure to label the envelope "Tall Tales."

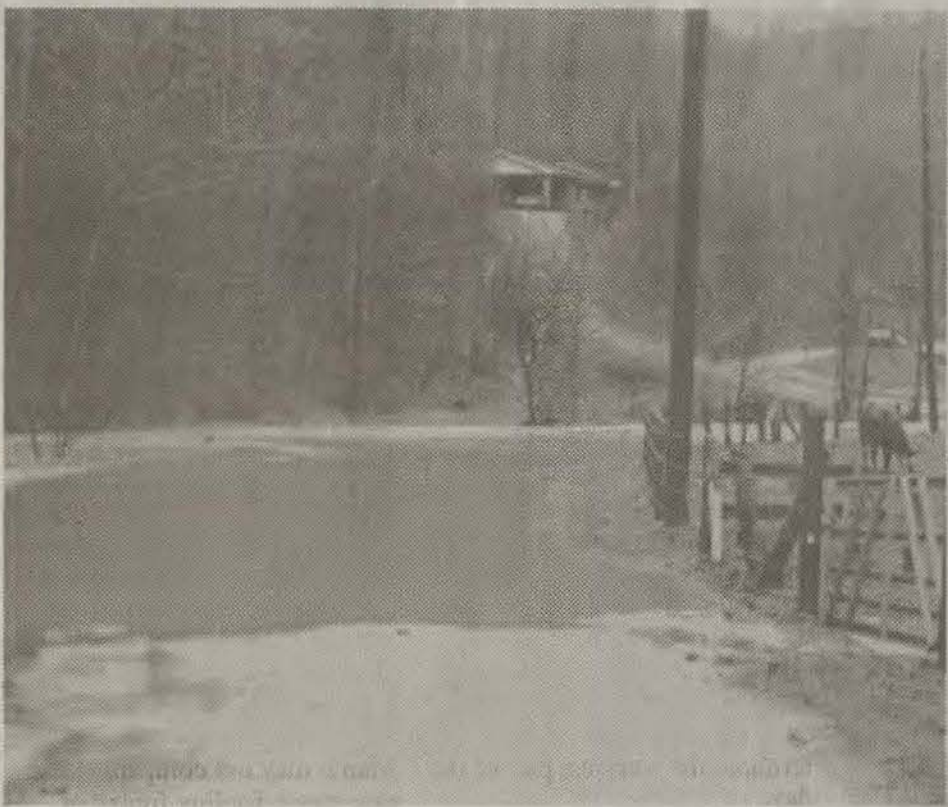
# Flash Flood

Torrential rains dropped two and one-half inches on Floyd County overnight Sunday and early Monday morning, causing flash flooding on Left and Right Beaver and on Frasure's Creek.

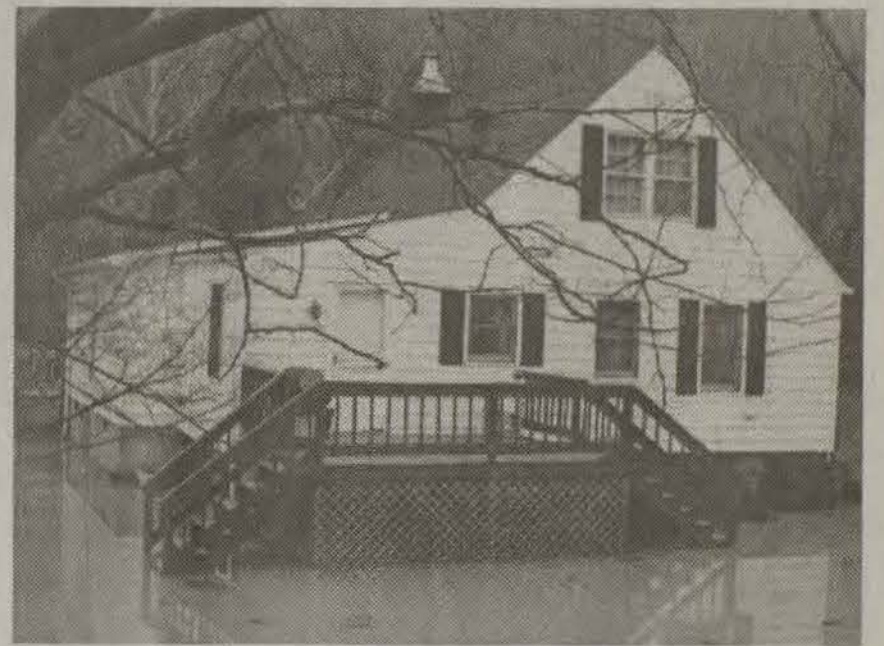
Water crept into yards (right) on Frasure's Creek.

Minnie Park (below) was covered.

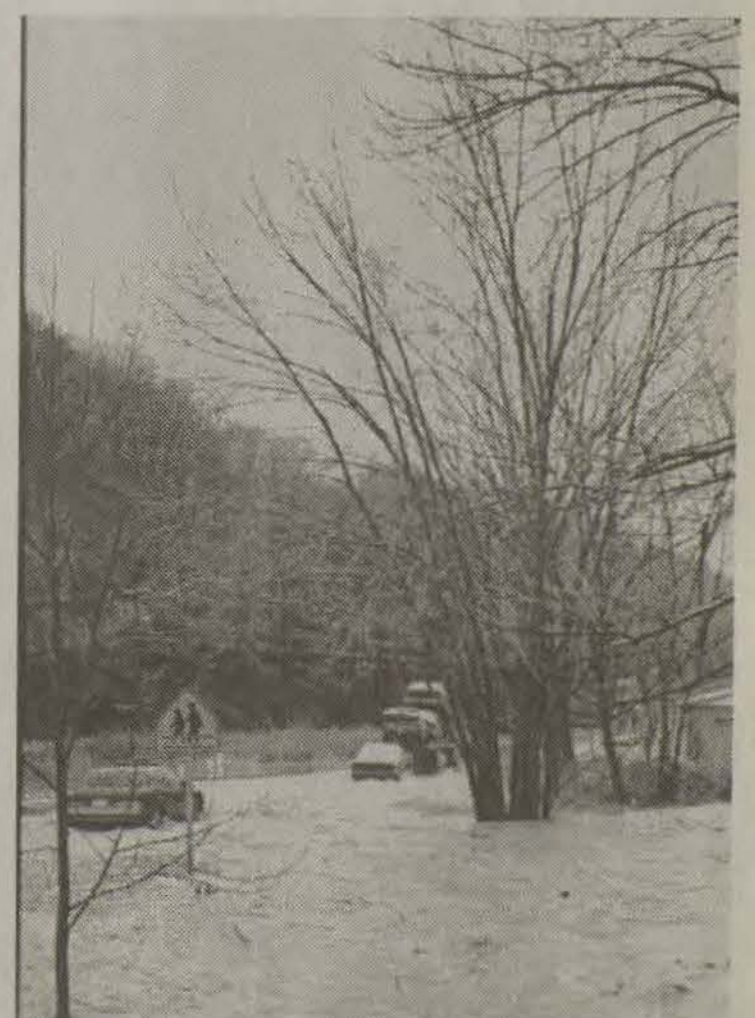
Photos by  
Susan Allen  
Chris McDavid and  
John Frazier



A mudslide on Abner Mountain (above) brought down trees and rocks, closing the road until early Tuesday. The Left Fork of Abbott Creek (left) overflowed Monday.



A rescue squad member caught a fish (left) on the McDowell Elementary School grounds. A house at David (above) was surrounded.



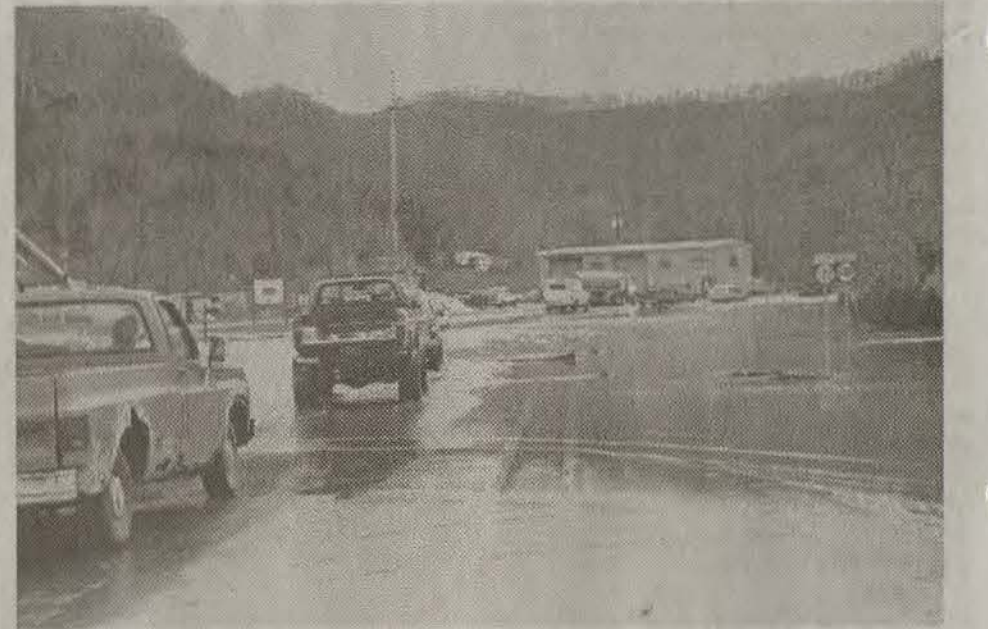
Route 122 on Left Beaver (above) was covered in several places and eventually closed to traffic. In Johnson County, a slide cut out a portion of Route 40, exposing a live gas line (left).



The mouth of Frasure's Creek (above) was swamped by rising waters. Stumbo Hollow residents (left) surveyed the flood scene. Sheriff's Department officials (below) directed traffic near McDowell Elementary.



Flood photos by  
Susan Allen  
Chris McDavid  
and  
John Frazier



Some motorists braved the rising waters on Left Beaver (left) and at Minnie (above).

McDowell Elementary (below) was surrounded and some students were evacuated.





# March MADNESS Savings!



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You save \$2,000.00

## MARCH MADNESS



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Section C

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Still more stuff about sheep cloning

As soon as President Clinton heard about the group of Scottish researchers who had successfully cloned a sheep, he asked the 18-member National Bioethics Advisory Commission (bet you didn't know you were paying for one of those, now did you?) to consider

cheese and an order of fries and got to thinking. If they can clone sheep, maybe they can clone people. What further got him all tore up was, no doubt, the notion that while every college basketball team could have a dozen Michael Jordans, and every old dog could be

Poison Oak

Clyde Pack



another Lassie, something could go tragically askew, as is wont to happen with us humans from time to time (like last November, for instance) or like on that old Mutant Ninja Turtle show, and we might someday end up with dozens of little Ross Perots running around.

The good news is, though, it's not time to hit the panic button yet. Some experts (defined thusly: an ex is a has-been; a spurt is a drip under pressure) are saying that cloning sheep is one thing and cloning humans is another. (Well, I'd sure hope so.)

They say that there is something unique about sheep, although they (the scientists, not the sheep) don't know what it is, that makes the little woolly boogers especially suitable for cloning.

Just in case, though, I side with Mr. Clinton. There's no use taking any chances. Let's investigate this thing. An army of Perots could be a serious matter, especially if they all decide to run for president at the same time. I mean, with that many infomercials, we'd never get to see another episode of Andy Griffith. Even worse, what if they all decided to become Democrats and contribute to the party. How in the world would they ever share the Lincoln bedroom. Talk about a sleep-over.

whether current federal policies relating to human embryo research should be reconsidered.

As I interpret that question, what he wants the commission to do is determine whether or not there ought to be some law against cloning humans.

It all sounds a bit like something from Huxley's Brave New World, that science fiction (?) tale of a society where sex and abilities were determined at a hatchery. If those in charge felt a batch of scholars were due, they'd program the embryos accordingly. If a batch of talk show hosts were needed, the embryo would be retarded to whatever degree was necessary, and the talk show hosts would appear, just talk trash and talk trash, happy to do their job without a word of protest.

This latest thing with the sheep, however, is not fiction and is indeed a tad on the scary side. Simply stated, what they did was take cells from the udder of one sheep, insert them into the egg cell of an udder sheep, shock the egg cell with electricity to make it start dividing, then place the embryo into the uterus of still an udder sheep before finally producing a sheep which was genetically identical to the first one. If this is a simple explanation, no wonder Clinton got worried.

I'll bet he was enjoying a big juicy McMutton with extra

Lifestyles



Taking care of the future

Donna Johnson, Doug Osborne, Teresa Hall, Doug Jones, Eric Newsome, Josh Ward, James Goines, Mark White, Mallory Wright, Jaynie Stumbo, Chandra Short, and Katie Newsome removed a truckload of debris from the proposed youth center building. The youth center will be named and operated by a teen board of directors and supervised by an adult board.

A place of their own

by Janice Shepherd Managing Editor

Some McDowell parents and teens are transforming a former bar at McDowell into a youth center.

A group of McDowell residents gathered Saturday to remove old tiles and trash from the building formerly known as Shenanigan's. The group's goal is to create a safe environment for area children to socialize and have fun.

"In light of what happened in Prestonsburg (when four teens were killed in a car crash), we hope the community will get behind us and support this. Let's face it, it's just a matter of time before that happens here," Donna Johnson, president of the McDowell youth center group, said.

A short walk away from the proposed center, is a graveled area littered with liquor and beer bottles, Johnson added and pointed out that the bottles weren't pint-sized, but were quart-sized bottles.

"That's just a place for the kids to go drink and to get in trouble," she said as she pointed to the lot with the beer bottles. "There's no theatre here — nothing."

The idea for the center was conceived by Harry Hargis, minister of the First Baptist Church at McDowell.

"He brought the idea before the people and we took off with it," Johnson said.

The new youth center will offer clean entertainment for the teens, according to Johnson. No alcohol will be permitted on the premises.

The center will contain pinball machines, a jukebox and, possibly, a pool table.

Bands will perform at the center. The music played at the center will be monitored and bands that perform music that contains violent or vulgar language will not be permitted to play at the center.

The area will be regularly patrolled by Floyd County Sheriff's deputies, Johnson said.

No admission will be charged at

the center, which will be open to students in the seventh through twelfth grade. The center will be open on Friday and Saturday nights only and will be closed when sporting events in the area are underway.

Although the adults are helping to get the center up and running, it's the teens in the area who will run the center.

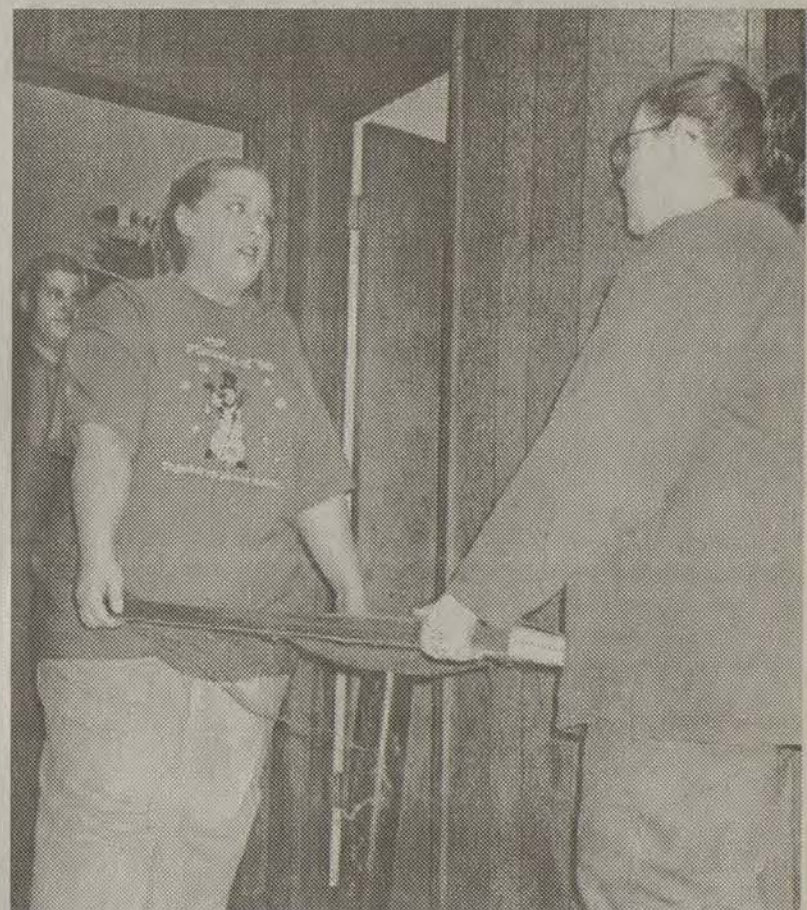
"We'll let the kids name it," Johnson said. "It's going to be theirs. We'll set up a youth board.

They'll decide the rules and they'll decide the punishment if someone breaks the rules. This is going to be a kids' center. They'll make the rules and they'll enforce them. We're just going to be advisers." The adults will also be chaperones at the youth center and are in need of volunteers to serve in that capacity.

(See Place, page four)

Movers

Jaynie Stumbo, Chandra Short and Mallory Wright moved tables to a storage area in the youth center building. The facility needs a lot of work and a lot of extra hands to help with repairs. The proposed youth center also needs donations of building materials, pin ball machines, pool tables, etc. To become part of the movement to provide a safe place for teens to socialize, contact Donna Johnson at 377-2104 or Frank Goines at 377-2986.



Ten Years Ago (March 11, 1987)

The Floyd County Board of Education looked at shorter days and lower pay as ways to ward off a budget deficit...Left Beaver residents were divided on a new school site...Minutes before his circuit court trial was set to begin, Frank Gibson of Stonecoal Creek, near Garrett, pleaded guilty to possessing stolen property and being a persistent felony offender...A Floyd County woman was among six others suing Excel, claiming the college defrauded them...Dewey Lake lost one-third of its boat slips and no prospects for replacing them were on the horizon with the boating season fast approaching...The Kentucky Supreme Court turned down a request to review the conviction of Third District Magistrate Ed Caudill on a forged-check charge...There died: Elizabeth Martin King, 69, Friday, March 6; Clyde Click, 45, of Warsaw, Indiana, February 23 in an automobile accident; Maud S. Hall, 78, of McDowell, at her McDowell residence; Daniel Eric Reyna, 3, February 28 in Michigan; Wilda Lee Layne Farmer, 75, of Albion, Michigan, February 4; Herman Haskell May, 54, of Hager Hill, March 5; Tony Hall, 85, of Bevinville, February 12, at Our Lady of the Way Hospital; James Clifford Reynolds, 53, of Lake Worth, Florida, February 20; Fannie Holland Rowe, 83, of Garrett, March 4, at Our Lady of the Way Hospital; Cea Crisp Biliter Williams, 78, of Winchester, March 4, in Winchester.

Twenty Years Ago (March 9, 1977)

An Abbott Creek man who is accused of threatening the lives of County Judge Henry Stumbo and Sheriff Joe Wheeler Lewis remained in jail Monday after he had failed to post a \$1000 peace bond and \$5000 bail for his appearance...Riverview Manor, the 116-bed skilled and intermediate care facility planned here, has moved nearer the beginning of construction with the opening of contractor's bids...The Abbott-Little Paint Water District filed application this week for a total of \$560,000 in grants and loans estimated necessary for the completion of its water distribution project...When U.S. 23 was completed between Prestonsburg and Paintsville in 1963, state law did not require that the massive cuts which the road required, be sloped or terraced to prevent rockfalls. Consequently, the frequency and size of slides have tended to increase with the passing of each year...Beginning next Monday, the school day in this county will be extended through May 20 by one hour and 12 minutes...Four counties of the Big Sandy Area Development District have moved ahead without the fifth in the formation of the Big

Sandy Regional Airport Board...The Harold Telephone Company is the first in Eastern Kentucky to provide one-party service to all its customers...As a break in the weather promised better working days ahead, Big Wheel Inc., contractor on Phase I of the Allen recreational project was ready this week to begin work...The Prestonsburg-Floyd County Area Chamber of Commerce has protested passage of proposed federal stripmine legislation...There died: Allard Hamilton, 62, of Teaberry, March 3 at McDowell Appalachian Regional Hospital; Ethyl Tackett Faust, 37, formerly of Melvin, March 2 at Beyer Hospital in Ypsilanti, Mich.; Fannie Beverly Preston, 87, formerly of Martin, March 6 in Gibbstown, N.J., while visiting a son there; Lizzie Ratliff Prater, 85, of Garrett, March 1 at the Garrett home of a daughter; Tom Calhoun, 78, of Cliff, March 7 at Highlands Regional Medical Center; Elsie Marie Lewis, 45, of Banner, March 6 at Highlands Regional Medical Center; Mary Elizabeth Goble, 25 months, of Inez, March 3 at U.K. Medical Center in Lexington; Phelix Scott, 85, of McDowell, March 1 at McDowell Appalachian Regional

Hospital; Thomas Stanley Hatcher, 60, formerly of Harold, February 25 at St. John's Hospital in Cleveland, O.; Charlie Hackworth, 88, of Middle Creek Road, March 7 at Highlands Regional Medical Center; Joe Burchett, 70, of Cow Creek, March 8 in the office of a Prestonsburg attorney; Lula Patton Crisp, 87, of Dinwood, March 4 at Our Lady of the Way Hospital in Martin.

Thirty Years Ago (March 9, 1967)

The Big Sandy's first serious flood threat since the destructive flood of 1963 developed with heavy rainfall throughout Monday, sending streams into homes and businesses and causing heavy damage...The American Red Cross moved quickly this week to meet the needs of flood disaster victims in this county and an office will be opened in the city hall at Martin this morning (Thursday) to receive applications for aid from families who have lost their belongings...Glenn Roscoe Goble, 31-year-old Betsy Layne man, last Saturday became the first Floyd County gun victim of 1967...An improved highway system and modern, attractive state parks are the keys to economic development of Floyd County and all Eastern Kentucky, and progress in these areas must be continued, Henry Ward, Democratic gubernatorial candidate, said here last Thursday night...Born: to Mr. and Mrs. Keith Campbell, a daughter, Christina Anne,

(See Yesterdays, page five)

Our Yesterdays

(Items taken from The Floyd County Times, 10, 20, 30, 40, 50 and 60 years ago.)

# Society News

David Hereford  
Society Editor  
886-3093

## Business visitors in Florida

John Thomas and Curly Hill of Prestonsburg were business visitors in Florida recently.

## Visits friend

Judy Johnson of Prestonsburg, visited her friend, Ruby Reffitt, at her home on Pitts Fork near David last week. Mrs. Reffitt recently

underwent surgery at a Lexington hospital.

## Visit in Ashland

Nancy Hill Howard, Helen Neeley and Sharon Neeley of Prestonsburg visited Jane and David Stone in Ashland recently. The Stones will soon be moving to Nicholasville.

## Visits parents here

Blake Leslie, student at the University of Kentucky, was here last weekend visiting his parents, Darrell and Cheryl Leslie at their home on Arnold Avenue, Prestonsburg.

## Honored on birthday

Jane Morgan Crews of Winchester was honored on her 26th birthday with a family dinner at a restaurant in Winchester. Helping her celebrate was her husband, Edward Jr., her parents, John Morgan and Nancy Howard, and her sister, Rebecca, of Prestonsburg, and her mother and father-in-law, Edward and Camilla Crews of Winchester.

## Visit college in North Carolina

Leslie Fannin and daughter, Gina, of Prestonsburg, visited St. Anthony's College in Laurinburg, North Carolina, last week.

## Celebrates birthday

Jane Carol Verley honored her husband, Kenneth, recently in commemoration of his birthday with a family dinner at their home on Davis Street, Prestonsburg.

## Visits family here

Kelly Baldrige, a student at Eastern Kentucky University in Richmond, visited her father, Harold L. Baldrige, and grandmother, Nelva Lewis, here recently.

## Grand opening

Sam Blankenship of the financial services firm, Edward Jones, was host to a grand opening celebration, Thursday afternoon, February 27, at their office on Court Street, Prestonsburg.

The hostesses for this occasion was Jeanne Burke Blankenship, Leslie Burke, Ethel Burke and Jean Burke.

## Attend beauty seminar

Janie Curry, Claudette Reffitt and Ann Caudill of the Styl-Rite Beauty Shop, in Prestonsburg, attended a continuous education class in hair styles at the Landmark Inn in Pikeville on Monday, February 24.

## Honors Mr. Gullett

The Salt Lick Chapter, Order of the Eastern Star, surprised Ronald Gullett of Bypro, Worthy Grand Patron, with a surprise birthday party on Monday, February 24.

Approximately 60 people attended from various parts of the state.

A full meal followed by a birthday cake was enjoyed by all.

## Friends of the May House meet

Friends of the Samuel May House met Monday night, February 24, at the Prestonsburg City Hall for a special meeting with the city officials.

A discussion was held concerning the ways that the city could work with the May group toward the completion of the renovation of the house. A question and answer discussion followed.

City officials present were Mayor Jerry Fannin and city council members Estill Lee Carter, Trent Nairn, Bill Ray Collins and Robert Allen.

May House members present were Marshall Davidson, Mable Lineberger, Lillian Baldrige, Alice Howard, Sabra Jacobs, William H. May, E. B. May, John Rosenberg, Sam Hatcher, Tim Skeens, Ellis and Terry Buchanan and Robert Perry.

## Visit parents here

Barbara and Gracie Hale of Lexington were here last weekend visiting their parents, Linzie and Virginia Hale at their home on South Lake Drive, Prestonsburg.

## Visits parents here

David R. Hereford II of New York City was here last week spending a few days with his parents, David and Peggy Hereford, at their home on South Arnold Avenue, Prestonsburg. While here, he visited his grandmother, Kathleen Parker, and cousin, Betsy Burchett.

## Visit with daughters

Dr. Garland and Wonell Godsey of Prestonsburg visited Nancy and Brad Baker and son, Worth, in Owensboro and Linda Godsey in Lexington last week.

## Visits parents here

Rebecca Howard, a student at Eastern Kentucky University in Richmond, spent the weekend here with her parents, John Morgan and Nancy Howard, at their home on the Abbott Road.

## Honored on birthday

Virginia Hale was honored on her birthday last weekend with a family dinner at her home on South Lake Drive, Prestonsburg.

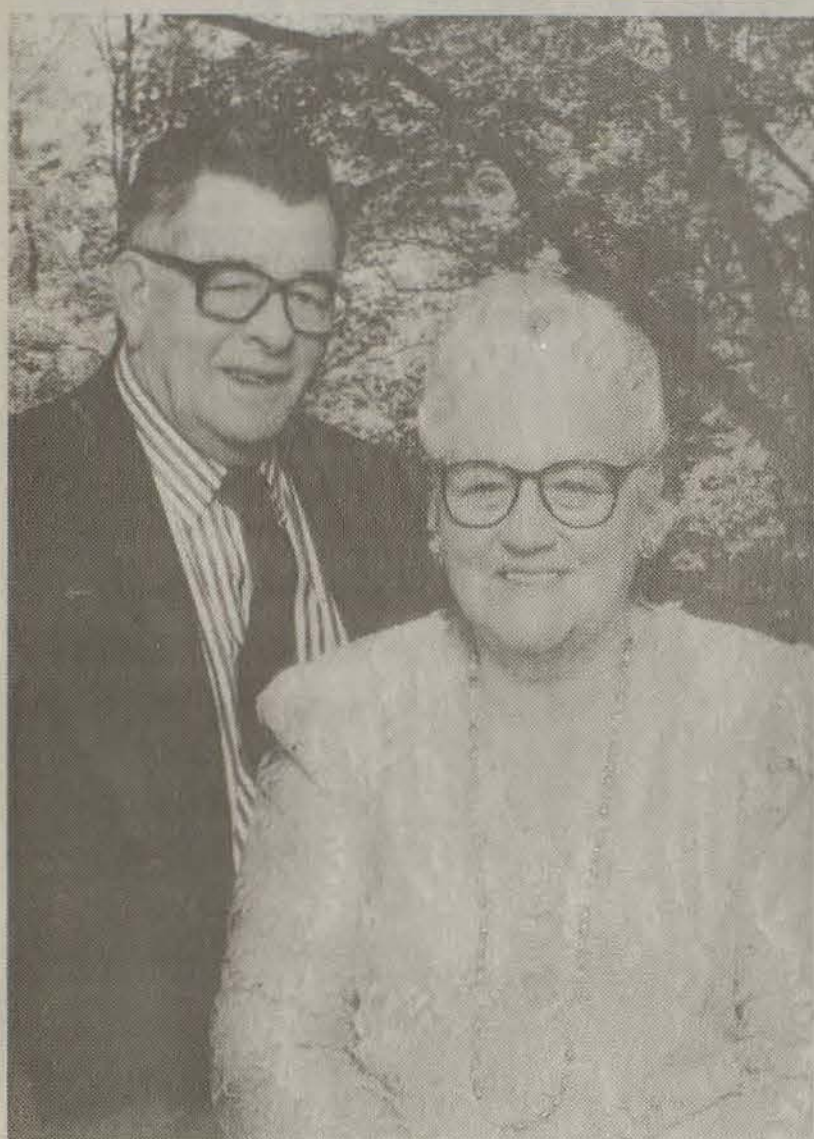
## Attend historical meeting

Fred and Joy James and William "Red" and Janice Rowe of Prestonsburg, attended the Johnson County Historical Society meeting at the Johnson County Library in Paintsville last weekend.

## Dinner guests


Virginia Howard had as her Sunday dinner guests last weekend, her daughter, Alice Howard, and friend Robert Perry.

# Anniversary



## Glenn and Ruby Jane Pack

Glenn and Ruby Pack, of Mt. Sterling, formerly of Floyd County, were honored by their seven sons on their 50th wedding anniversary in December at the Holiday Inn, Prestonsburg. A buffet dinner was served to many relatives and friends. Glenn and Ruby were also honored by receiving Kentucky Colonel Certificates from the governor. Two of their sons, Steve and John Thomas Pack, reside in Floyd County.

 <p>Ron Goble, MD</p>	<p>The Center For Health &amp; Nutrition Inc.</p> <ul style="list-style-type: none"> <li>• Family Medicine</li> <li>• Weight Loss Programs</li> <li>• Smoking Cessation</li> </ul> <p>"We're Dedicated to Preventive Medicine"</p>
	<p>160 Prosperous Place Lexington, Ky. 1-888-464-6784</p>

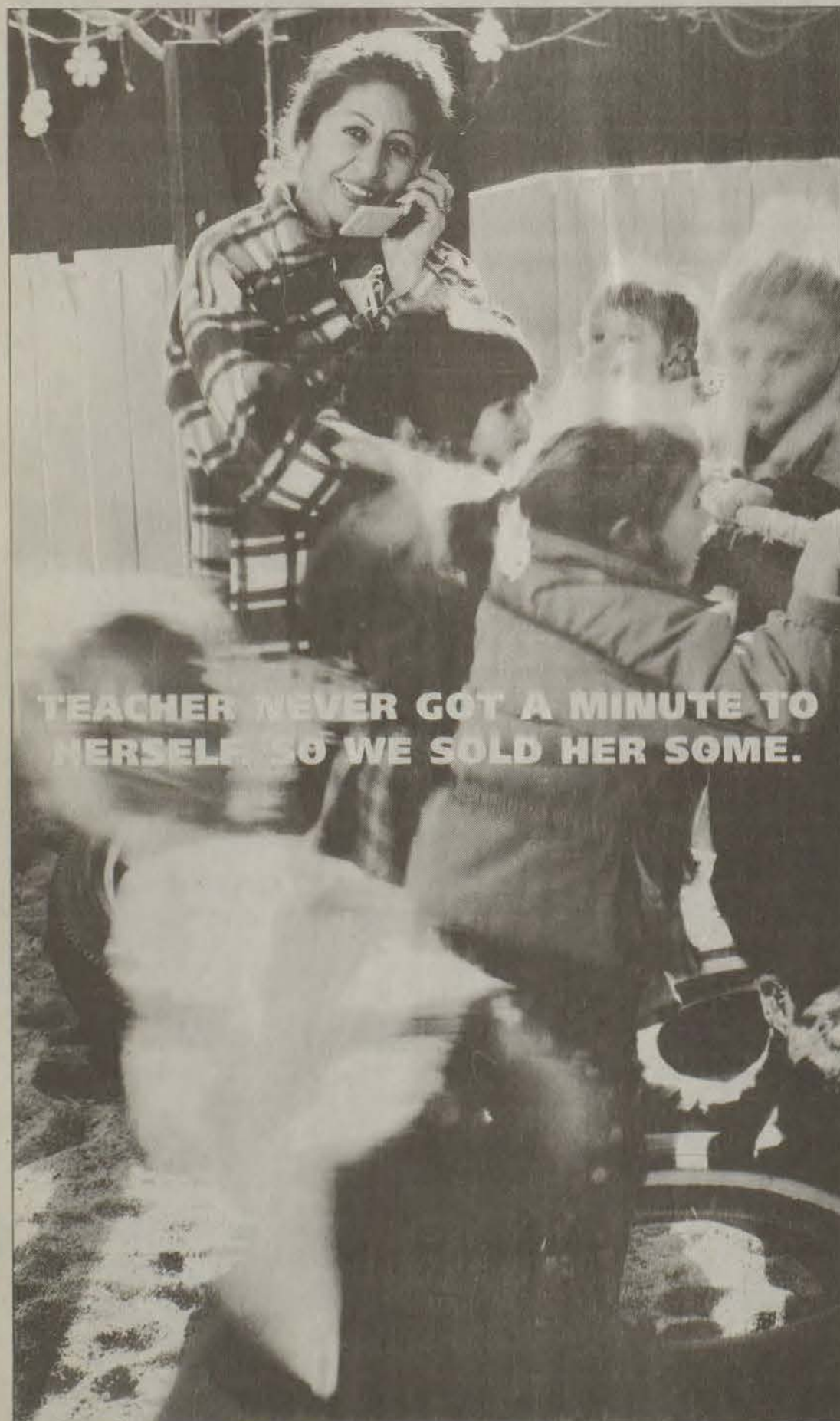
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Miranda Velazquez,  
Principal, Smart  
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"Well, these children range from 3 to 5 and many of their parents haven't allowed them to watch 'Jurassic Park' yet.

"Steer clear of the T-rex..."

"Hmm, maybe we could split the younger and older kids at that point..."

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# County Kettle

## CHICKEN AND SAUSAGE GUMBO

*1/2 pound andouille or kielbasa sausage, cut into 1/4-inch cubes*  
*4 tablespoons vegetable oil, divided*  
*1 2 1/2- to 3-pound chicken, cut into pieces*  
*1 1/2 quarts water*  
*1/3 cup all-purpose flour*  
*1 cup chopped onion*  
*1 cup chopped celery*  
*1 cup chopped green pepper*  
*2 garlic cloves, minced*  
*2 tablespoons chopped fresh parsley*  
*2 bay leaves*  
*1/2 teaspoon dried thyme*  
*1 teaspoon Tabasco® pepper sauce*  
*1/4 teaspoon salt*  
*1/8 teaspoon freshly ground black pepper*  
*1/2 cup chopped green onions*  
**Cooked rice**  
 In 3-quart saucepan, brown sausage in 2 tablespoons oil. Remove and set aside. Add chicken pieces and cook until golden brown, about 10 minutes, turning occasionally. Add water, cover and cook until chicken is tender, about 30 minutes. Remove chicken, leaving liquid in pan, and when chicken is cool, discard skin and bones and dice meat into 1/2-inch cubes.  
 In skillet, over medium heat, mix remaining 2 tablespoons oil with flour and cook, stirring constantly, until roux turns dark brown, about 30 minutes. Add onion, celery, green pepper, garlic and parsley and

cook about 10 minutes. Add vegetables to liquid in saucepan along with bay leaves, thyme, Tabasco sauce, salt and pepper. Bring to a boil, reduce heat and simmer, uncovered, 45 minutes. Add chicken and sausage and simmer 15 minutes.

Remove pan from heat, add green onions and adjust seasoning. To serve, mound about 1/3 cup rice in each soup bowl, then ladle about 1 cup gumbo around it.  
 Makes 8 servings.

## CHICKEN WITH PICANTE BLACK BEAN SAUCE

*2 teaspoons ground cumin*  
*1/2 teaspoon garlic powder*  
*6 skinless, boneless chicken breast halves (about 1 1/2 pounds)*  
*1 tablespoon vegetable oil*  
*2/3 cup PACE Picante Sauce*  
*1/2 cup diced green or red pepper*  
*1 can (about 8 ounces) whole kernel corn, drained*  
*1 can (about 16 ounces) black beans, drained*  
*2 tablespoons chopped fresh cilantro*  
 Mix 1 teaspoon cumin and garlic powder. Sprinkle both sides of chicken with cumin mixture.  
 In medium skillet over medium-high heat, heat oil. Add chicken in 2 batches and cook ten minutes or until browned. Set chicken aside.  
 Add picante sauce, remaining cumin, pepper, corn and beans. Heat to a boil. Return chicken to pan. Reduce heat to low. Cover and

cook ten minutes or until chicken is no longer pink. Sprinkle with cilantro.  
 Serves 6

## LEMON MUSTARD TURKEY CUTLETS

Makes 4 servings  
*1/4 cup all-purpose flour*  
*Salt and freshly ground pepper, if desired*  
*Non-stick cooking spray*  
*1 package Shady Brook Farms OnlyOne Turkey Cutlets (approximately 1 pound)*  
*1/2 cup whole milk*  
*1 tablespoon corn starch*  
*2 tablespoons fresh parsley, chopped*  
*2 tablespoons capers, rinsed and drained*  
*2 tablespoons minced shallots or onion*  
*2 teaspoons Dijon mustard*  
*2 teaspoons lemon juice*  
*1 teaspoon grated lemon peel*  
 Combine flour, salt and pepper on plate. Lightly dust turkey in flour, shaking off excess. Spray skillet with non-stick cooking spray and bring to medium heat. Add turkey and cook, about 2 minutes on each side until cooked through. Remove to serving plate and keep warm. Mix milk and cornstarch and pour into medium-high skillet. Heat until boiling, scraping up browned

bits on bottom of skillet. Add remaining ingredients and cook until milk is slightly thickened, about 2 minutes. Season with salt and pepper to taste. Spoon sauce over turkey; serve hot.  
 Nutritional analysis: 190 calories, 2g fat, 30g protein, 75mg cholesterol, 290mg sodium, 11g carbohydrate.

## SAUSAGE PANCAKES

*1 package (8 ounces) brown-and-serve sausage links*  
*2 cups Bisquick Original baking mix*  
*1/2 cups milk*  
*1 egg*  
 CUT sausage links into 1/8-inch slices. Cook slices until brown; drain and set aside.  
 BEAT remaining ingredients with wire whisk or hand beater until well blended. For each pancake, place about 10 sausage slices randomly within a 3-inch circle on hot griddle (grease if necessary). Pour batter by scant 1/4 cupful over sausage slices.  
 COOK until dry around edges. Turn and cook other sides until golden brown. About 18 pancakes.

## SKILLET COOKIES

*1 c. sugar*  
*1 stick margarine*  
*1 c. chopped dates*

*1 egg*  
 Mix together and cook slowly for 5 minutes. Stir frequently.  
*1 tsp. vanilla*  
*2 c. Rice Krispies*  
*1 c. chopped nuts*  
*Coconut*  
 Add vanilla, Rice Krispies and chopped nuts. Let cool 3 or 4 minutes or until you can handle mixture. Shape into balls and roll in coconut.  
 (Recipe from "Burnt Offerings," a cookbook of the Middlecreek Volunteer Fire Department.)

**TUNA CASSEROLE**  
*1 small bag noodles*  
*1 can cream of chicken soup*  
*1 can cream of mushroom soup*  
*1 can tuna*  
 Cook noodles as directed on bag. Stir in cooked noodles, chicken soup, mushroom soup and tuna in a casserole dish. Bake in oven at 350° for 20-30 minutes.  
 (Recipe from "Burnt Offerings," a cookbook of the Middlecreek Volunteer Fire Department.)

**JUICY MEAT LOAF**  
*1 lb. hamburger*  
*1/2 c. oats and crackers*  
*1/4 c. onion*  
*1/2 tsp. salt*  
*1/4 tsp. pepper*  
*2/3 c. tomato juice*

Combine all ingredients; pack firmly in a loaf pan. Bake at 350° for 1 hour. You can put catsup on top before baking. Let stand 5 minutes before serving.  
 (Recipe from "Burnt Offerings," a cookbook of the Middlecreek Volunteer Fire Department.)

**DUTCH PORK CHOPS**  
*6 pork chops*  
*4 Tbsp. catsup*  
*1 large onion*  
*6 potatoes*  
 Flour pork chops and fry in hot grease until brown. Cover with boiling water and add salt and pepper to taste. Peel and quarter 6 potatoes lengthwise and lay around chops. Bake in a moderate oven for 1 hour or until gravy thickens. Garnish with parsley.  
 (Recipe from "Burnt Offerings," a cookbook of the Middlecreek Volunteer Fire Department.)

**Don't do the wrong thing**  
 Rushing to the aid of an injured person is a natural instinct. But the National Safety Council warns that administering improper first aid or CPR may do more harm than good. Everyone should have proper first aid and CPR training. Knowing what to do and when to do it can save a life.

## Sunshine Lines



by Beverly Carroll

Loneliness is a way of life for many senior citizens throughout the Western world. Older Americans in Eastern Kentucky are not exempt or the anguish associated with it.  
 In our culture it is hard to comprehend that anyone could be lonely. We live at such a fast pace, always trying to beat the clock as we rush from one place to another. Yet there are lonely, almost forgotten people here in the mountains, just as there are lonely people penned up in lavish apartments in our nation's biggest cities. Although loneliness is not a respecter of one's economic condition, it plays havoc on the elderly and shut-ins. We are its victims.  
 I have seldom experienced loneliness and I have never known isolation. In fact, throughout my life there have been times when I've cherished the opportunity to be alone. I still do. I find spending some time with me therapeutic. A time of aloneness is a time for me to get in touch with myself, to investigate my inner-feelings and to focus on solutions to things that might be bothersome to me at that moment. But my loneliness has been by choice. It was not forced on me by the loss of a mate, illness, advancing age or a non-caring environment. These culprits are responsible for many senior citizens being vulnerable to loneliness.  
 Today's society is to blame in part. We don't take time to show people, and especially the older generation, that we care. I know I'm guilty of this. Until we find ourselves in a severe lonely state for an extended period of time, we won't realize the value of taking a few minutes to enrich the lives of those around us. However, we can't blame society for all of our loneliness. Believe it or not, there are places we can go and things we can do to enlighten our lives.  
 Here are some suggestions. Maybe one of two of these will recharge your batteries to the point that you can kick the habit of loneliness. It won't be easy at first. For some, transportation might pose a problem, but once people know you want to get out and get going, the chances of finding transportation multiplies. You will find people who are interested in activities you're interested in, and will offer to pick you up.  
 We can be neighborly.  
 We might know the people up and down the hollows where we live by name, but rarely these days do we visit. If someone is hospitalized we might go to see that person, especially if the person is considered to be in serious or critical condition, but what happens when that person returns home? Whatever happened to taking a pot of beans

and a pan of cornbread to a lonely neighbor? Or spending a little time chatting on the porch? Or spending an evening now and then in an old-fashioned card game like Rummy or Rook?

We can associate with a religious organization of personal preference.

There are many churches in the Big Sandy area. Many of them have activities of interest to senior citizens and many are equipped to assist the handicapped. I have known people in some churches who set aside one Sunday afternoon or an evening once a month to have an older person in for dinner. The host families enjoy this opportunity while the senior citizens feels like kings or queens for a day. I have known of some religious organizations that provide a work area for hobbyists so they could come together on a designated day every week to do their thing in the company of others doing their thing.

We can join a club or organization that piques our interest.

There are some in the area. I wish there were more. These are usually special interest groups that have one primary focus. One such organization designed especially for older Americans is the AARP. They have chapters in this area. You don't even have to be "retired" to belong. I wholeheartedly recommend that you become acquainted with an organization in which you have some personal interest.

We can attend our local senior citizen centers.

Socialization is one of the main functions of our area's centers. The price is right as there is no charge for membership in your senior citizen center. You don't have to go every day the door is open, but you might want to, and you don't have to dress like Astor's cat. Some people attend a couple hours a day, Monday through Friday, to have lunch and to catch up on what is happening in their community. The meals are nutritional and inexpensive. Many senior citizens make this their main meal of the day. Unfortunately, for some it is their only meal.

Our centers offer a variety of wholesome activities supervised by caring directors and dedicated volunteers.

We can volunteer.  
 There are so many people out there who need help and so many service oriented organizations begging for volunteers. The more volunteers an organization has the further they can stretch their dollars to accomplish the goals they were organized to achieve. But there's more to volunteerism than stretching an organizations dollars or increasing its manpower. Volunteering for a cause you believe in adds vitality to your life.  
 For more information about any of the suggestions made in this week's article, contact Charles Stone, your Benefits Counseling Coordinator for Senior Citizens in the Big Sandy Area at 886-3876 or toll-free at 1-800-556-3876.

BINGO! That's where you'll find a lot of senior citizens these days. And let me tell you, from personal observation, these guys and gals aren't lonely.

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