

Precinct by precinct election results

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Our salute to the Class of '96

Inside

Physician Clinic

Physician Clinic Services, both general and specialty, are available on the campus of the McDowell Appalachian Regional Hospital. Clinic services include Family Practice, Internal Medicine, Surgery, Pediatrics, Nephrology, Cardiology, Podiatry, Urology, and Gynecology. For more information, please call 377-3400. Appalachian Regional Healthcare, Inc., a not-for-profit health care system providing Hospital, Clinic, Home Health and other related health care services in Eastern Kentucky, Virginia, and West Virginia.



The Floyd County Times

Prestonsburg, Kentucky 41653

Speaking of and for Floyd County

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75¢

Wife's sentence is five years' probation :

Hammond gets two-year sentence

by Patti M. Clark
Staff Writer

No date has been set for former Floyd County Attorney Jim Hammond to report to prison, possibly at Maxwell Air Force Base in Montgomery Alabama.

U.S. District Judge Joseph Hood sentenced Hammond to two years in prison Wednesday.

Hood recommended that Hammond be sent to prison in either Ashland or Manchester because of the proximity to his family, but Hammond requested the Alabama prison because he said he is concerned about his safety because he prosecuted some of the other

"If there's ever an opportunity not to put someone back into the bar association. I hope this is the case. I certainly hope this is the case."

— Joseph Hood
U.S. District Judge

prisoners in the Kentucky facilities.

According to the United States Attorney's office in Lexington, the Bureau of Prisons will decide where Hammond will serve his sentence and when he will report. That process is expected to take about two weeks.

Hammond pleaded guilty in February to federal indictments which accuse him of defrauding the state child-support program of more than \$100,000 and of operating an \$8

million check-kiting scheme.

Hammond's wife, Janie Hammond, who served as her husband's office manager in both his private practice and in his office as Floyd County Attorney, pleaded guilty to one charge of making a false statement to a federally insured bank to get a \$50,000 loan.

Janie received a five-year probated sentence for her role in the scheme.

Jim Hammond was given the maximum

sentence for defrauding the state's child support system and operating the check-kiting scheme.

He was also instructed not to reapply for his law license for at least seven years and was ordered to pay a \$50,000 fine and \$210,000 in restitution to the state and to Trans Financial Bank.

While Hammond said he accepted responsibility for his actions, Hood was not soft with his comments to Hammond during the sentencing procedures in Pikeville.

"I have and do accept full responsibility for my actions," Hammond said. "I am un-

(See Prison, page two)



Sentenced

Jim Hammond left the U.S. Federal Courthouse in Pikeville Wednesday afternoon after being sentenced to two years in prison. His wife, Janie, received a five-year probated sentence in connection with her part in an \$8 million check-kiting scheme. (photo by Patti M. Clark)

Election Day bomb threat pinned on 14-year-old youth

by Scott Perry
Times Editor

A 14-year-old Prestonsburg youth has confessed to calling in a bomb threat Tuesday at Prestonsburg High School that forced students out of their classrooms and interrupted voting in the primary

election.

Prestonsburg Fire Marshal Larry Adams declined to identify the youth or the method used to apprehend him. Adams said the school received the telephoned bomb threat at 1:49 p.m. Tuesday and that the caller warned of a bomb "in the lockers." The threat was the second in the last few weeks at the school.

"We take all bomb threats seriously and do investigate," Adams said Wednesday. "This time it paid off." He added that the youth admitted making the threat as "a prank."

Adams said the student had been suspended by school officials and that he would obtain a juvenile petition charging the 14-year-old with making the threat.

"We want to make it known that these 'pranks' are serious offenses and we intend to prosecute those responsible," Adams said.

Paint huffing hazard hits close to home

by Chris McDavid
Staff Writer

The dangers of huffing paint hit close to home Friday for Floyd County residents after Sheriff Paul Hunt Thompson and members of the Wheelwright Fire Department transported an 11-year-old youth to the McDowell Appalachian Regional Hospital for huffing a can of

(See Huffing, page two)



Fun without drugs

The 4th Annual Sheriff's D.A.R.E. Day was held Wednesday at Jenny Wiley State Resort Park for Floyd County's fifth graders. Floyd County deputy sheriff Ricky Thornsbury said between 800 and 1,300 students were expected to be at the event. Activities included face paintings (as shown above), a display of a hospital helicopter, and a display of equipment and vehicles from several area fire departments and rescue squads. The purpose was to show kids they could have fun without drugs. (photos by Chris McDavid.)



Fiscal court votes to change health care policy, Owens objects

by Patti M. Clark
Staff Writer

County employees are getting new health insurance coverage and the county is going to pick up the tab.

The new policy, Blue Cross Blue Shield's Option 2000, is expected to save the county about \$80,000 a year, and no employee will be paying for the policy out of their pockets.

At least one magistrate, however, said the employees aren't getting a fair deal with the change.

"This is not a Cadillac policy, this is a Volkswagen policy," magistrate Jackie Owens said. "If we're going to save \$80,000, there's less coverage here than before."

He said an increase in some co-pay amounts means that employees will be paying more out of their pockets.

"We've jerked these workers around enough," Owens said. "We can give them a better coverage and

still save \$60,000."

County Judge-Executive Ben Hale said increasing the policy from a "standard high" to an "enhanced" policy will cost the county even more in premiums, cutting into that savings.

"I've worked hard on this," he said Wednesday during a special meeting of the court. "It's not something to sneeze at."

He said few cities now pay anything above the employee rate. The county is paying the entire premium for all employees and their families.

"Let's don't get greedy," Hale said. "We don't have to offer family insurance."

The plan will replace the plans county employees have under the state-mandated purchasing alliance, Plan Source. The state legislature voted last winter to no longer require counties to participate in the purchasing alliance, but to

(See Policy, page three)

Salt Lick family of six loses all in mobile home blaze Wednesday

by Chris McDavid
Staff Writer

When the eldest children of Larry and Susan Castle got off the

school bus Wednesday afternoon, they learned they were homeless.

Their trailer on Sage Allen Branch was nothing more than a pile of ashes after a 2 p.m. fire de-

stroyed everything the family of six owned, according to Bruce Scott, chief of the Garrett Volunteer Fire Department.

"When we got to the fire, the trailer was totally destroyed and the roof had already collapsed," Scott said Thursday. "The family lost everything they had."

Scott said by the time a neighbor noticed the fire, it was too late.

Larry Castle, owner of the trailer, was searching for a job in Tennessee at the time of the fire. The mother, Susan Castle, had gone to the grocery store with hopes of meeting her four children at home after school.

"The family has only the clothes that were on their backs," Clova Fuller, Larry's mother, said Thursday.

Susan and her four children, ages 2, 5, 6, and 8, are staying with Larry's brother, Lowell Castle, until other arrangements can be made, Fuller said.

Fuller added that neither of the parents are employed.

The Castle family is in dire need of clothing, furniture, or anything that can help, Fuller said.

Anyone interested in providing assistance to the Castle family, should call Fuller at (606) 358-3379, or write to P.O. Box 121, Hueysville, KY 41640.

Cab driver, passengers narrowly escape death after rock slide on Rt. 114 Wednesday

by Janice Shepherd
Managing Editor

A Salyersville taxi cab driver and his two passengers probably missed death by mere seconds Wednesday after rocks from a slide on Route 114 dropped onto their cab.

David Perkins, driving for Williams Cab at Salyersville, was transporting a pregnant woman and her mother to a Paintsville doctor when the incident occurred around 10:39 a.m. May 29, in Floyd County. Perkins was driving along the Mountain Parkway near Overnite Transportation when boulders fell about 25' from the hilltop above Route 114 onto the roadway, nearly covering both lanes of the road. Some of the smaller rocks struck the back of the cab.

(See Slide, page two)



Rock removal

Transportation employees worked to clear a rock slide on Route 114 that almost covered two lanes of traffic. The rock slide occurred Wednesday morning. (photo by Janice Shepherd)

Calling all Democrats

A county convention/caucus for the Democratic party will be held at noon June 8 at the Floyd County Courthouse, according to county chair Paul Hunt Thompson.

All Democrats registered in Floyd County as of April 28 are urged to participate.

At the caucus, each participant will be asked to state their presidential preference as they sign in.

After those attending chose a permanent chair, they will meet in caucus by presidential preference to elect a specified number of persons to serve as delegates and represent the county at the district convention at 10 a.m. June 15 in Lexington.

National delegates will be elected at the district convention to attend the national convention to be held in Chicago August 26-29.

For more information, call Thompson at 452-4910 or 886-9444.

Prison

(Continued from page one)

able to express my hurt, my regret and my sorrow for my actions."

But Hood, who reminded Hammond of the many times the paths of the two have crossed over the years — first when Hammond was an undergraduate and Hood was a graduate student and later when Hammond practiced law before Judge Hood — expressed his disappointment at Hammond's actions.

"Seldom, if ever, has anybody been afforded the opportunity to practice law in the Commonwealth of Kentucky after the circumstances that Mr. Hammond found himself in previously," Hood said. "And then we turn around having Mr. Hammond again, having squandered an opportunity that people strive for, work hard for, for many years."

Hood told Hammond that he had not only squandered an opportunity, but the public's trust in him as well. In addition, he said Hammond hurt his family.

"You have brought shame upon that family. That's a terrible thing to do," Hood said. "It's a great shame."

Hammond and his attorney, Bernie Pafunda, objected only to Hood's requirement that

Hammond not reapply for a law license until the five-year supervised restriction period has ended. Hammond could have applied for a license five years after his conviction, in 2001, but the restriction moves that back to five years after he leaves prison.

"If there's ever an opportunity not to put someone back into the bar association, I hope this is the case," Hood said. "I certainly hope this is the case."

Hammond lost his license in 1981 after the Kentucky Bar Association said he falsified doctors' reports in a black-lung case. His license was returned to him in 1988 and he won the county attorney's office the next year.

Janie Hammond's five-year probated sentence includes six-months of home incarceration, and a \$10,000 fine. She could have received a four to ten-month sentence, but Judge Hood granted a motion by Mrs. Hammond's attorney, John Doug Hays, for leniency.

Hays said Janie Hammond was under "psychological duress" to go along with her "better-educated" husband and that she was "concerned about her marriage."

He said while Mrs. Hammond

realized that was not "an excuse for her actions," he asked that the court consider a "downward departure" in her sentence.

"What I am sure of is that she is not as sophisticated as her husband. She has no reason to be that sophisticated," Hood said. "He has the education. But she could have said 'Whoa!'"

Janie Hammond apologized to the court for her part in the scheme.

"I just want to say I'm sorry. I've never been in trouble before," she said with a trembling voice. "I'm just concerned about my children."

Hood said her concern comes a little late.

Huffing

(Continued from page one)

spray paint. Thompson said the youth was treated and released to the custody of his parents.

Thompson stressed that huffing is not just dangerous, it can be fatal.

"Parents need to observe for signs that their children are huffing paint," Thompson said Tuesday. "Signs such as a child's interest in spray paint containers or paint smudges around the face and hands should trigger a parent's suspicion that a child may be huffing paint."

Inhaling substances can have many negative effects on the body, according to Floyd County deputy sheriff Ricky Thornsby. "Inhaling glue or other materials acts as a depressant, can cause liver

"You should have thought about those children when you were doing that," he said. "If you had, we wouldn't be here today. You wouldn't be in this problem."

He said he didn't need her apology.

"It's not me you have to apologize to. It's your children and your family who deserve your apologies," Hood said.

He told her he hoped she would think about her children and family in the future.

"I want you to remember that you brought that on yourself," Hood said. "Everyday, when you look at that electronic monitoring device on your leg, I want you to apologize to your children."

Floyd Sheriff's Department to take Wild West by storm

by Chris McDavid
Staff Writer

The Floyd County Sheriff's Department is planning a ten-day Western Trip filled with fun-filled excitement, and educational activities, for high school juniors who will be seniors in the upcoming year.

The trip includes camping throughout the United States at several national parks and stops at other educational points of interest.

The following is a list of the expected stops during the Western Trip: Headwaters of Colorado River; Grand Junction, Colorado; Arches National Park, Monument Valley; Hope Indian Reservation, Arapaho Reservation; Glen Canyon National Recreation Area, Lake Powell; Grand Canyon — two nights; Sunset Crater (extinct volcano), Arizona; Petrified Forest, New Mexico; Ozark Mountains; Land Between the Lakes; and Mammoth Cave, Kentucky.

The Western Trip starts at Prestonsburg on July 6 and is expected to end on the 16th.

The first camping stop will be after a 32-hour non-stop ride to the Rocky Mountain National Park in Denver, Colorado.

According to Floyd County Sheriff Paul Hunt Thompson, approximately 150 kids have signed up, and 100 kids are expected to make the trip.

Thompson said the sheriff's department has less than \$1,000 of the needed \$20,000 to make this educational trip available for the youth.

He said \$200 to \$250 is needed per student.

Thompson said he hopes parents who can afford a contribution will make one, but for those who cannot, he stressed that no one will be turned down.

Contributions for the Western Trip can be made to the Floyd County Sheriff's Department, 1996 Trip, P.O. Box 152, Prestonsburg, KY 41653.

Unemployment rate in Floyd drops

by Patti M. Clark
Staff Writer

For the third month in a row, Floyd County's unemployment rate has dropped. This time, however, it was only two-tenths of a percent.

The rate dropped from an adjusted rate of 10.1 percent in March to 9.9 percent in April.

Floyd's February rate was 11 percent while the January rate was 12 percent, a jump from December's rate of 6.7 percent.

The county was one of 88 across the state where the rates fell in April, compared to March, according to figures from the Workforce Development Cabinet in Frankfort. The rate went up in 23 counties and stayed the same in nine.

As compared to April 1995, 63 counties had lower unemployment rates in April 1996, 54 had higher rates and three counties were the same.

In the Big Sandy region, Pike had the lowest rate, 8.5 percent, while Magoffin had the highest, 12.9 percent. Johnson's rate was 9.3 percent while Martin had an unemployment rate of 12.6 percent.

Of the five counties, only Floyd and Magoffin's dropped from March to April.

Johnson's climbed two-tenths of a percent. Pike increased from 7.8 percent. Martin's rate stayed the same.

The rate for the region, as a whole, climbed three-tenths of a percent, from 9.3 percent to 9.6 percent.

Of those unemployed in the area, about 33 percent had worked in mining, 19 percent in trade and 16 percent in construction.

Across the state in April, 11 counties had jobless rates at ten percent or above, while 18 counties had double-digit rates in March 1996 and 11 in April 1995.

The lowest rates could be found



Close call

David Perkins, a driver for Williams Cab in Salyersville, inspected damage to his taxi caused by a rockslide on Route 114 in Floyd County Wednesday. (photo by Janice Shepherd)

Slide

(Continued from page one)

Perkins said he received no warning that the boulders were falling. When the rocks began hitting his vehicle, he said he thought at first that he had a flat on the vehicle.

"One of the passengers in the back started screaming and I saw the dirt. That's when everything went berserk. There was no noise or nothing. It came all at once," he said at the accident site.

The rocks shattered the back windshield and put large dents in his cab. The car tire also went flat.

Perkins traveled about one-half mile from the slide before stopping.

He said he was more concerned about his pregnant passenger, who was well into her pregnancy, "than anything else." He placed the two women in another Williams taxi he had been following and that driver took the woman on to see her doctor.

A spokesperson for Williams Cab said the woman reported she was not injured and the doctor had sent her home. Perkins also was not injured in the accident, the spokesperson said.

The accident was investigated by Kentucky State Police trooper Ronald D. Peppi.

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Telecommunications Center to hold grand opening

One of the first rural telecommunications centers in America will hold its grand opening in Pikeville on Monday, June 3, from 9 a.m. until 5 p.m.

Big Sandy Telecommuting Services Inc. is a non-profit organization formed by community leaders to bring affordable access to modern telecommunications services. Pikeville and Elizabethtown were chosen by the Kentucky Science and Technology Council as the two sites in Kentucky for rural telecommuting centers after a competitive process a few years ago. The Pikeville telecommunications organization has been funded to date by grants from the federal, state, county and city governments, as well as contributions from local and statewide businesses.

Big Sandy Telecommuting currently occupies the fourth floor of

the TransFinancial Bank on Main Street in Pikeville. The center will have an open house and provide tours of the facility during the grand opening.

Don Wallen, a Pikeville CPA who is chairman of the Big Sandy Telecommuting board of directors, said demonstrations during the grand opening will include Internet access, video conferencing, computer skills training, a projection system with computer interface, digital photography and digital scanning.

"We have purchased over \$150,000 of telecommunications equipment through a grant from the Rural Development Administration," said Wallen. "We have reached the point where we are ready for a grand opening. But we will continue to try to improve our equipment and provide even more

technology services to the Big Sandy area. We hope to obtain funding to build a new telecommunications center on the riverfill behind the Pikeville City Park."

Barry Newsom, executive director for Big Sandy Telecommuting, said the center is already capable of providing many new services to local citizens, businesses, government agencies, the medical community and educational institutions.

"We provide a local phone number to call in the Pikeville calling area for Internet access at a flat monthly rate of \$20. We will provide a two-hour Internet training class free to our new and current Internet subscribers," said Newsom.

But Internet access is only a small part of the center's capabilities, said Newsom. "We have a video conference room equipped with a projection system that can be

interfaced with a computer. This room can be used for video conferencing with another site or for training sessions with computer-generated presentations. This equipment has tremendous potential to save area businesses and government money by eliminating the need for long trips for meetings."

Newsom said the center can provide computer training and other

services. "We have a training room equipped with computers which are connected to the Internet. We can provide hands-on computer training to fit the needs of the community."

Newsom said the center can serve as an on-ramp to the Information Highway for the Big Sandy region. "The interstate highways passed us by, but we have the same opportunity as any other com-

munity in the world to access the Information Highway. Hopefully, by developing our region's technology infrastructure, we can have a major impact on the economy in the Big Sandy area."

For more information on Big Sandy Telecommuting Services Inc., call (606) 432-4333 or send messages via e-mail to info@kymtnnet.org.



True story of three pigs

Clark Headstart saw a play presented by the Kentucky Horse Center Theatre for Children on Friday, April 26. The Headstart traveled to Lexington, and saw the live performance of "The true story of the three little pigs, and Little Red Riding Hood, the wolf's version" After the play the children were treated to lunch at Chuckie Cheese Pizza.

Fifteen arrested in drug bust

by Chris McDavid
Staff Writer

A joint effort in an early morning drug round-up Wednesday between the Kentucky State Police, sheriff's deputies in Pike, Martin, Magoffin counties, and Pikeville city officers resulted in 15 drug-related arrests, according to a KSP Post 9 media release.

The following is a list of persons arrested and the charges:

- Howard Mills Sr., Inez, five counts of trafficking in a controlled substance;
- Virgie Mills, Inez, two counts of trafficking in a controlled substance;
- Howard Mills Jr., Inez, two counts of trafficking in a controlled substance;
- Freddie Raines, Inez, two counts of trafficking in a controlled substance;
- John Hibbens, Salyersville, trafficking in a controlled substance and two counts of trafficking in marijuana;
- Johnny Robinette, of Pikeville, four counts of trafficking in marijuana;
- Steve Coleman, Pikeville, two counts of trafficking in a controlled substance;
- George Branham, Pikeville, obtaining a controlled substance by fraud;
- Sandra Gibson Casebolt, Pikeville, trafficking in marijuana;
- Lidde Casebolt, Shelbiana, trafficking in marijuana within 1,000 yards of a school;
- Bill Richard Griffith, Mouthcard, cultivating five or more plants of marijuana;
- Marie S. Chaney, Shelbiana,

two counts of trafficking in a controlled substance;

• Donald L. Stiltner, Mouthcard, a misdemeanor of cultivating marijuana;

• Sandra Combs, Salyersville, a misdemeanor of trafficking in marijuana.

Another arrest was made, but the

name could not be released because the actual suspect from whom the drug buy was made identified herself under a false name. The warrant was issued in error, the release says.

The investigation is ongoing and more arrest are expected to be made.

Policy

(Continued from page one)

"shop" their insurance, according to Hale.

"After we were required to participate, insurance companies literally raised their rates on purpose," Hale added. "Now they've told us we can look around."

Denzil Allen, the insurance agent who proposed the plan to replace the county's plans, said the new plan is the one he was asked to present.

"If you want more benefits, then you're going to have to plug in more money," Allen said, addressing Owens.

Allen said the new policy is a "compromise" between what the county had before entering the purchasing alliance and what they have now.

It includes a \$10 co-pay for doctor's visits and a \$150 co-pay for hospital benefits. Employees will pay \$10 for prescriptions and must use the Option 2000 network of doctors to qualify for the co-pay amounts.

Employee benefits had ranged from about \$120 a month to nearly \$500 a month depending on the plan chosen. The fiscal court had voted earlier to cover \$350 of the

premium cost with the rest coming out of the employee's paycheck.

The highest rate on the new policy is \$363 and the county will pick up that entire cost.

"There will be \$80,000 a year savings and we'll be paying the employees insurance," Hale said. "It's a win-win situation."

Hale indicated he will continue to look for an even cheaper policy that offers employees similar benefits.

"We will constantly be competitive," Hale said. "Why would we not want to be competitive?"

But Owens insisted that the competitiveness leaves employees out in the cold.

"The only people we are hurting is the employees. They are the only people who lose," he said. "I'm tired of seeing them kicked around."

Hale said that's not the case. "This is a good rate for everyone," he said. "We're going to save the taxpayers' money and we're going to save the employees money. We've been paying out the nose right now for what we've got. We've got to be good stewards of the taxpayers' money."

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<p>CINEMA 3 Starts Friday "PG-13"</p> <p style="font-size: 1.2em; font-weight: bold;">The Arrival</p> <p style="font-size: 0.7em;">Mon.-Sun. 7:05, 9:05; Fri. Mat. 4:05 Sat.-Sun. Mat. 2:05, 4:05</p>	<p>CINEMA 4 Starts Friday "PG"</p> <p style="font-size: 1.2em; font-weight: bold;">Flipper</p> <p style="font-size: 0.7em;">Mon.-Sun. 7:05, 9:05; Fri. Mat. 4:05 Sat.-Sun. Mat. 2:05, 4:05</p>
<p>CINEMA 5 Barb Wire "R"</p> <p style="font-size: 0.7em;">Mon.-Sun. 7:20; Sat & Sun. Mat 2:20</p>	<p>CINEMA 6 Starts Friday "PG-13"</p> <p style="font-size: 1.2em; font-weight: bold;">Dragon Heart</p> <p style="font-size: 0.7em;">Mon.-Sun. 7:20, 9:20; Fri. Mat. 4:20 Sat.-Sun. Mat. 2:20, 4:20</p>
<p>CINEMA 7 Twister "PG-13"</p> <p style="font-size: 0.7em;">Mon.-Sun. 7:00, 9:20; Fri. Mat. 4:20 Sat.-Sun. Mat. 1:45, 4:20</p>	<p>CINEMA 8 "PG-13"</p> <p style="font-size: 1.2em; font-weight: bold;">Mission Impossible</p> <p style="font-size: 0.7em;">Mon.-Sun. 7:05, 9:25; Fri. Mat. 4:25 Sat.-Sun. Mat. 2:05, 4:25</p>
<p>CINEMA 9 Starts Friday "PG-13"</p> <p style="font-size: 1.2em; font-weight: bold;">Eddie</p> <p style="font-size: 0.7em;">Mon.-Sun. 7:10, 9:10; Fri. Mat. 4:10 Sat.-Sun. Mat. 2:10, 4:10</p>	<p>CINEMA 10 "PG-13"</p> <p style="font-size: 1.2em; font-weight: bold;">Mission Impossible</p> <p style="font-size: 0.7em;">Mon.-Sun. 7:20, 9:40; Fri. Mat. 4:10 Sat.-Sun. Mat. 1:50, 4:10</p>

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Viewpoint

Friday, May 31, 1996



A 4

The Floyd County Times

Published
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ALLAN S. PERRY III—Publisher-Editor

Liberty of thought is the life of the soul—Voltaire

Guest Editorial

The big picture It must be an election year.

Members of Congress are wanting to repeal a 4.3 cent per gallon gasoline tax that was imposed in 1993 to help reduce the high gas costs motorists are currently battling.

However, whenever any Republican mentions the repeal, they make sure they point out that it is President Bill Clinton's gas tax, which is an attempt to make him look like the bad guy.

One example in particular is in a statement released by Congressman Hal Rogers.

"Working folks were hurt when President Clinton raised gas taxes in 1993, and I voted against the increase," Rogers said. "I was proud to vote for this repeal. It will help make gasoline more affordable for people in Southern and Eastern Kentucky."

While cutting the tax will be a quick fix to save people a few bucks at the pump, the money the government will lose from that area will only have to be made up in another area.

So a cut in gasoline tax makes the congressmen and senators look good, but the move may end up doing more harm than good.

By the same token, Clinton is proposing an increase in the minimum wage, which is conveniently just in time for the November presidential election.

A minimum wage hike would be a great boost in this area, because of the pay level at which most jobs in Eastern Kentucky start. Again, this is something that sounds like a good idea, but in reality it will force some employers to cut back on their staff which could result in less jobs.

When it comes right down to it, both issues are points candidates can revisit when the election comes around and say "look what I did for the people."

However, after the election is over and people begin to feel the effects of what has been done, they may have different feelings about the moves.

Both would help people in the area—at least for now. However, the overall economic impact it would have on the nation would probably not be favorable.

Cut the gas tax. Raise the minimum wage.

It's definitely an election year.—*Big Sandy News*

Other Voices

Editor's Note: The following letter was written to Gov. Paul Patton from Robert Perry, president of the Friends of May House.

Dear Governor Patton:
First of all, let me thank you for your past support of our project. As you probably know, the City of Prestonsburg has been awarded a grant of \$400,000 from the Kentucky Transportation Cabinet, which will be used to restore the Samuel May House and convert it to a first-class tourist attraction for Floyd County and the Big Sandy region. Many of us here in Prestonsburg believe that the house has the potential to become Eastern Kentucky's Old Kentucky Home.

We plan to restore the house to the way it was in 1835, when Samuel May was a State Senator and Prestonsburg was still a sleepy village on the banks of the Big Sandy River. When visitors come to the house, they will park their cars in a parking lot located at the bottom of the knoll on which the house sits. The Highlands Mall has generously agreed to provide us with the space that we need for a parking lot. We also hope to construct a visitor's center at the bottom of the hill, where visitors will be able to view a video showing the history of

Samuel May and his family, the May farm, the Pound Gap Road, domestic life in Eastern Kentucky during the 1830s, Colonel Jack May and the 5th Kentucky Infantry, and other subjects related to the house.

From the visitor's center, visitors will approach the house by means of a path through a wooded area and a meadow filled with native grasses and wildflowers. The only sign of human habitation will be a rail fence. We hope that at some point in the future, we will be able to lease the land between the parking lot and the May House. This land is presently owned by Bill May and E. B. May, Junior, the gentlemen who are donating the May House property to the City of Prestonsburg. If this land can be leased, we will be able to create the meadow and wooded area mentioned above.

When the visitor enters the house, he will be met by a guide dressed in a period costume who will take him on a guided tour of the house. He will move through the dining room, with its corner cupboard, sideboard, and table, to Catherine May's parlor, with its tea table and four-poster canopy bed. From there he will go to Samuel's

parlor, with its magnificent hand-carved mantel, bookcase, desk, and washstand, and then to the large foyer, with its hand-carved banister and staircase. From there he will move up the stairs to the ballroom, where Samuel's sons and daughters once danced the Virginia Reel.

In the ballroom, which will be relatively empty, we will have a pile of straw ticks. These will be used to demonstrate the informal sleeping arrangements of the 1830 period. Samuel used his house for a variety of purposes, and one of those purposes was to entertain travelers passing along the Pound Gap Road. From the ballroom the visitor will move to the upstairs bedroom, which will contain a spinning wheel, a loom, a washstand, some children's toys, and other articles. We think that Samuel's and Catherine's fourteen children lived in the second story of the house. The six sons probably slept in the ballroom and the eight girls slept in the upstairs bedroom, which also served as a nursery and "women's crafts" room.

The rooms of the house will be relatively empty, which will allow visitors to move through them

(See Other Voices, A5)

Letters to the editor

Letters to the editor policy

Letters to the Editor are welcomed by The Floyd County Times. In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author. Letters must be received no later than 10 a.m. Tuesday for publication in Wednesday's issue and 10 a.m. Thursday for Friday's issue. Letters may be sent to Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, KY 41653. Letters may be edited for clarity and length.

"Consulting process" in need of overhaul

Editor:
Your article, "Faculty Alliance questions the validity of the PCC consulting process" (May 22, 1996), gave me incentive I needed to write about my experience with the "consulting process." Before I begin, I must mention that this is meant to be critical of the "process," not of any specific individual.

Prior to the UK-employed consultants' arrival, a memo was distributed at PCC saying that the consultants would be on campus to meet with and listen to all interested parties in the faculty & staff vs. president dispute. All interviews would be held in the strictest confidence. We did not anticipate, however, that the only way one could make an appointment to see the consultants was through the academic dean's office. A sneaky feeling of skepticism crept over me, but, with a positive attitude toward resolving the problem, I called for an appointment.

After agreeing on a date and time, I was appalled to learn that the location for our meeting would not only be on campus, but in a little room adjacent to the academic dean's office. The idea that the consultants could maintain confidentiality under these conditions was definitely on the wane now! Yet, still wishing to keep a constructive posture, I made the appointment anyway.

Evidently, there were complaints, because the day before my appointment, I received a call confirming my appointment and telling me the consultants would be meeting with me in a different room. The room, also in the administration building, was the "Distance-Learning Center" (J-132), which is packed full with TV's, video cameras, recorders, and the like! Oh boy!

That choice of a meeting place was also, apparently, met with hostility. The morning of my appointment, I got another call at home. It seems that the consultants were now meeting with people at the Holiday Inn and that my appointment time would have to be changed, too. Frankly, I was getting annoyed, but agreed on 11:30 a.m.

As I was getting ready to leave for the Holiday Inn, the phone rang again. The consultants could not meet with me at 11:30 a.m. after all. Would between 2:30 and 3 p.m. be all right? That was the only time left in their busy schedule. Now, had I just made an appointment, that would be understandable, but I had

made my initial appointment well in advance!

There was no doubt about it. Now, I was annoyed. I told the person that I had been scheduled for a final exam and correcting that afternoon, so 2:30 p.m. was not all right. Hence, I canceled my appointment entirely. My decision was met with evident relief, as the person quickly said, "All right," and hung up.

When I got off the phone, I wondered why all this was happening. Was the constant aggravation meant to discourage me from meeting with the consultants? Or, was it all simply gross mismanagement of planning? Either way, it was inexcusable. There had been ample notice of the consultants' visit to PCC for planning appointments efficiently.

Don't worry. I wasn't discouraged. I was determined to put in my two-cents worth. So, I sat down and listed everything I had wanted to say to the consultants. This included my opinions and observations, plus incidents which other faculty and staff members had told me about. I had three copies of it typed, put each in an envelope, sealed them, and had them hand-delivered to the Holiday Inn!

Since my experience, I gradually learned that others had had unfortunate experiences concerning the consultants visit, too. I was told that some faculty and staff members had been interrogated by the consultants, to the point that they had been intimidated, offended and angry. Some even left their meetings in tears. In addition, the lingering presence of highly-placed administrators at the Holiday Inn didn't help people feel at ease with expressing their experiences and feelings about the situation at PCC. The fear of retaliation if the problem is not excised was great.

I personally believe that the consultants should have been here longer than three days (after all, there were an awful lot of people to speak with). They should have scheduled the appointments themselves or hired a person completely detached from the college to do so, thus relieving the academic dean's office of the hassle of it. Furthermore, interviews should not have been scheduled to occur on campus, or, at the very least, not in the administration building, nor in close proximity to highly-placed administrators. Faculty and staff were led to believe that the consultants would be here to listen (in confidence) only, and then resolve this stressful, dilapidating institutional problem in the most ethically honest, just and efficient manner. They deserve no less.

John G. Shiber, Ph.D.

P.S. Even the recent small increase in salaries of UK-PCC employees for the next year "ain't gonna" solve this nagging problem!

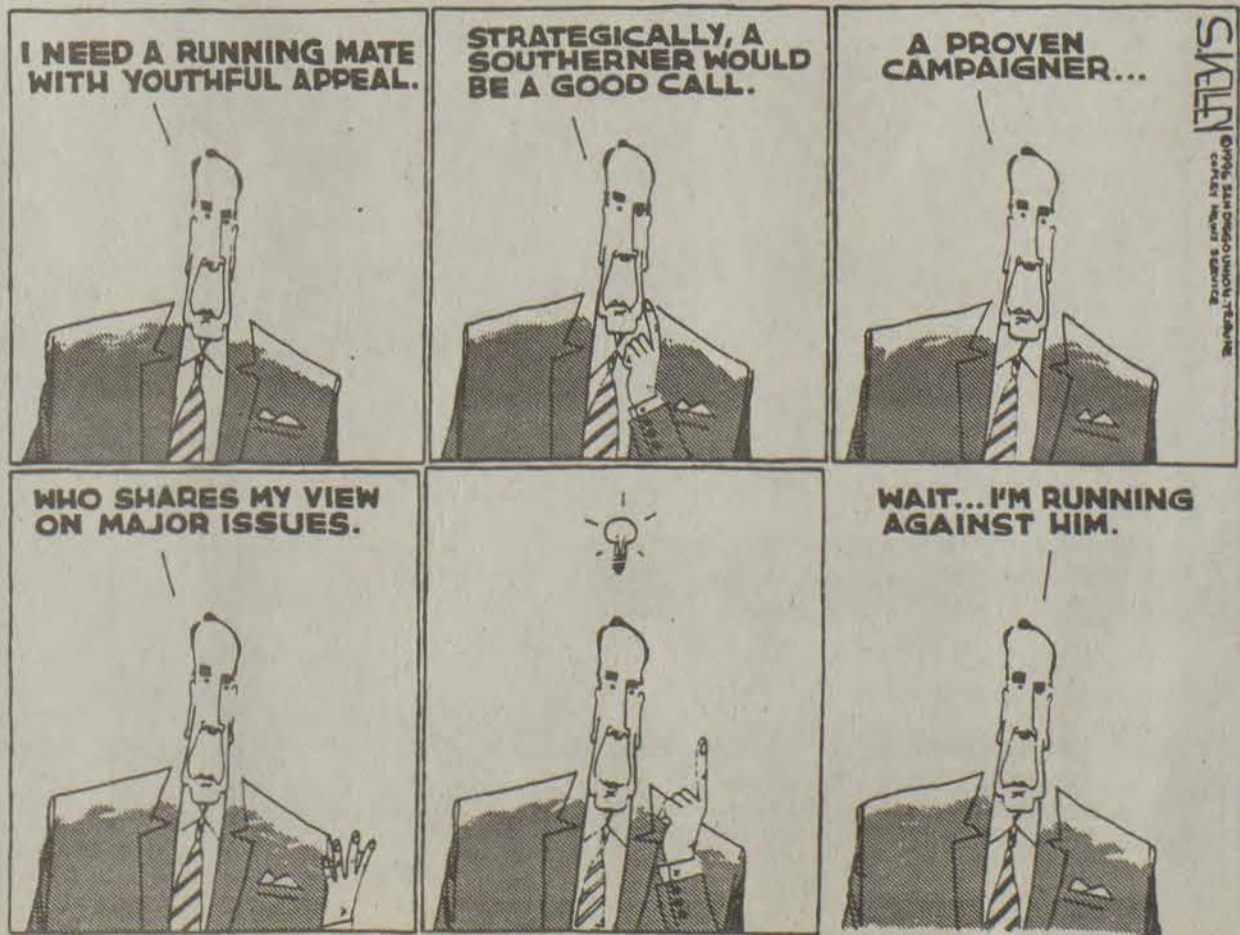
New calendar works—give it a chance!

Editor:
As you already know, there is much controversy surrounding the adoption of a new calendar for the 1996-97 school year. As a student, I will be greatly affected by this change. Therefore, I would like you to know my personal opinion on this highly disputed matter.

During the 1995-96 school year, Betsy Layne High School and Betsy Layne Elementary School were chosen to adopt a new calendar. Skepticism clouded this new schedule. We went to school for nine weeks and then we took two weeks off; one of those weeks being for intersession. The entire county did not believe that we could make this schedule work. Now that this school year is coming to an end, they believe that they were right, just because Betsy Layne High School does not discontinue school until June 27. What they do not realize is that they are totally wrong. This schedule has worked out splendidly. Everything has gone according to the planned calendar. The only thing that has caused our late departure from school is the very harsh winter that we have had. We missed nearly a month of school due to circumstances that were beyond our control. So now everyone in the county is very hesitant about adopting a new schedule that has been designed by Betsy Layne High School that closely resembles last years. What they should realize is that weather was the only obstacle placed in the way of this schedule. There is a very small to no chance that we will have another winter like this any time in the near future.

The most important aspect of the newly improved nine and three calendar is the breaks for intersession. There are various, yet important reasons that this break is needed. The first reason may seem selfish, but it is definitely true. One nine weeks is a very long period of time for the teachers and students to work. Day in and day out we all work extremely hard to keep our school up and running. Teachers and students are both pushed to the very limit. All of this is very strenuous, on both the mind and body. This break is needed for us to gather ourselves, and become refreshed

(See Letters, A5)



Letters

mentally and physically. Without this resting period everyone becomes agitated and tired of the same routine. A student's work begins to slip and teacher's attitudes tend to not be as caring. After coming back from such a much needed break, everyone's morale is renewed and they are ready to go.

The most important need for the break is intercession for the students. Some people say that we do not need intercession; we could just send the students who need it to summer school.

This thought is totally unethical. If a student fails a class for the first nine weeks, then apparently they need help with the lessons taught during that nine weeks.

Without intercession, this student could not possibly pass the remaining nine weeks.

Each grading period is like a building block to the next grading period. So what good is a couple of weeks in summer school going to do for this student. By that time, they have already failed an entire school year in that class and furthermore, they cannot possibly learn a year's worth of work in summer school.

With intercession following each nine weeks, a student who did

not pass, can come to intercession and try to learn all of the concepts that caused them to fail, therefore they can continue into the next nine weeks with no problems.

What everyone needs to understand is that this is an excellent calendar. The only problem is that if we are going to make it work, we first have to work together.

That is one problem that our county desperately needs to take care of, the communication between schools. Each school has the attitude that they do not have to associate with the other schools in the county.

This is why there are so many misconceptions about this calendar. To make this schedule work we must learn to adapt to this change. For this to occur, we should meet and discuss such a drastic, yet needed change. This would clear up many of our problems.

The only reason that everyone says that they do not agree with the schedule, is because they just do not understand it.

You, as well as everyone else, are probably thinking that the only reason the students want this calendar is because we will get out of school much more. This idea could not be more wrong. We, the stu-

dents of this county, want only what is in our best interest.

We all need to ask ourselves some very simple questions. Why should we turn away from a schedule that has already worked in the past? Why do we not deserve a break? Why can the schools of Floyd County not work together on such an excellent project? Most of all, why can we not help the students save their education before it becomes too late?

I want to express my greatest appreciation for your time and consideration on this matter. I just hope that when you reconsider our calendar, you will not worry about how people who do not understand the schedule, criticize it or if there will be another blizzard in the future. Just remember that with this schedule, we would be putting the students' best interest at hand, because, is that not what we have always worked and striven so hard for?

Wesley Nelson
Betsy Layne High School

Majority of faculty votes no confidence
Editor:

This letter is in response to the letter from Ernestine Slone printed in the Wednesday, May 19, edition, of the Floyd County Times.

I would like to remind Ms. Slone that the faculty "clique" to which she refers to is not a few. If you will recall, the no-confidence vote taken by the faculty was 47 no confidence to 27 confidence. This vote is an overwhelming majority of faculty who voted no confidence in our current president.

Also, I would like to mention that there would be many, many, many more personnel at PCC who would like to speak up, but are afraid. Thus, it appears that there are just a few or a "clique" that are quoted in the press.

As far as the media grandstanding and interfering with the "process," let me remind you that the majority of the faculty initiated the "process." Also, our agenda is not hidden, it's been the same from the start.

As a final note, it was not the faculty who broke the moratorium. You felt it necessary to air your views in public, shouldn't we have the same privilege?

Kathy Smallwood
Bevinsville

(Continued from page four)

Other Voices

without having to tiptoe along a narrow walkway. The experience of visiting the house will not be a passive one. On the contrary, visitors will be asked to perform simple activities designed to show them how their ancestors lived. Fifth graders visiting the May House will be invited to lie down on our straw ticks and find out how it feels to sleep as their ancestors slept. Adults will be invited to write their names with a quill pen, operate the

loom, plane a piece of wood, etc.

The history of the house will be conveyed by means of the previously-mentioned video and dialog with the guide. We believe that our most important market, at least in the beginning, will be the children of Floyd County. We plan to work closely with the principals of the Floyd County grade schools and set up a schedule whereby every fifth grader in Floyd County would be afforded the privilege of visiting

the house and learning about his or her heritage. We predict that the house will become, among other things, a superb classroom for the teaching of local history. Of course, we shall also reach out to the principals of grade schools in surrounding counties.

Much of the visual interest of the house will be provided by the floors, woodwork, mantels, and wallpaper. Trap doors will be opened to show log floor joists and

other interesting architectural features. Our guides will bring out antique tools and demonstrate the crafts that were employed in the construction of the house.

The wallpaper will have bold patterns and gay colors, like the wallpaper of the 1830s. The interior of the house will have a fresh, wholesome feel to it. We will recreate the mood of the 1830s, when America was a young nation full of zest and optimism.

I could say a great deal more about how we plan to interpret the house, but this should be sufficient for now.

We have employed two nationally-known consultants, Ellsworth Swift and Ray Price of Raymond Price Associates, Frederick, Maryland, to develop an interpretive plan for the house. My comments here are the first fruits of our discussions with these two gentlemen.

Confederate Ancestors
• Wilma Gerrad, Kentucky, Daughters of the American Revolution, Past Regent; How to file with D.A.R.
• Jeff Hatmaker, Native American Folklore and Entertainment
The hospitality room will be open at 6:30 p.m., Friday, June 21. Vendors and Registration Open at 7 a.m. on June 21 with the seminar beginning at 8:15 a.m. The evening hospitality room opens at 6:30 p.m. A Continental Breakfast will be served at 11 a.m. on June 23.

Forest County Historical Society president to speak at Eastern Kentucky Searchers Seminar

Forest County Historical Society President, Mrs. Terry Thompson, has been engaged to speak for the 4th Annual Eastern Kentucky Searchers Seminar at the Holiday Inn in Prestonsburg, June 21-23. Thompson, from Forest County, City of Crandon, Wisconsin, has been researching her family ancestry for the last several years. Doing so, has brought her to research in the hills and valleys of Eastern Kentucky counties. It was the desire of the organizer of this year's seminar to invite Thompson to discuss the relation of those having ancestors who hailed from Kentucky into Northern Wisconsin counties.

gist, from North Carolina, who will speak on Maps and Migration, and Organizing Your Records
• James Gifford, Jessie Stewart Foundation; History of Jesse Stewart in Kentucky
• Terry Thompson, president, Forest County Historical Society, Crandon, Wisconsin; Kentuckians who Migrated to Wisconsin.
• Peggy Davis, genealogist, Pikeville College, Pikeville; Native American Cultures in Your Research.
• John Wells, Phd, Morehead State University; Civil War and

The Eastern Kentucky Searchers Seminar began in 1991 with a group of researchers spread out across the U. S. on the Prodigy computer online service. One of the original group of ten people had a desire to see where their ancestors had lived. Upon their return from an on-site search in 1991, it was suggested that the group meet that year. It was impossible for them to gather at such short notice. It was decided that the following June would accommodate everyone's schedules.

Joining forces, two members of the group put together their time and energy to organize distinguished speakers and publishers, local historians and representatives from the state and local genealogical and historical societies. Their group arrived, but much to their surprise, they were also joined by over two hundred searchers who came from the four corners of the country to hear and learn. The original organizers of two, is now one searcher offering to everyone an opportunity to meet, learn and to walk through the mighty hills and hollows where their ancestors once lived.

The First Annual Eastern Kentucky Searchers Seminar was held in Slade in June of 1992 and born from the interest and love of finding ones' ancestors. To continue this annual story, please join in by attending the 1996 Eastern Kentucky Searchers Seminar in Prestonsburg. This seminar is not limited to those searching ancestors in Kentucky, but is to help those who seek the directions needed to find those lost ancestors throughout the country.

Registration is due NO LATER THAN JUNE 1

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ROTC awards given at MSU

Morehead State University's Department of Military Science recognized achievements by its Army ROTC students during the annual awards ceremony. Chad L. White, Ivel junior, left, received the Veterans of Foreign Wars Award from Ret. Sgt. Maj. Gerald McDaniel. (MSU photo by Tim Holbrook)

Two Floyd students named to Governor's School of the Arts

Two Floyd County students were named to the Governor's School of the Arts.

Jody Hurt and Xavier Scott were selected to attend the all-expenses-paid honors program this summer.

Hurt, a son of Hargis and Patricia Hurt, will participate in the instrumental music area. He is a student at Prestonsburg High School.

Scott, a son of Charles Scott and Mary Martin, will participate in the visual art sessions. He is a student at Allen Central High School.

Students were selected through rigorous auditions and reviews involving more than 1,300 applicants. Students are selected to participate in one of six artistic disciplines: creative writing, dance, drama, instrumental music, vocal music and visual art.

The Governor's School of the Arts is a program of the Kentucky Center for the Arts and the office of the Governor through the Kentucky Cabinet for Education, Arts and

Humanities. This year's program will take place at Bellarmine College in Louisville from June 23 through July 12.

In addition to daily instruction with outstanding faculty members, unique interdisciplinary arts experiences, master classes and field trips, this summer GSA students will attend several performances, including the world-premier of a play written by an award-winning Appalachian writer and former GSA faculty member Anne Shelby; a dance "informance" by Linda Kent, an internationally acclaimed modern dancer, choreographer and instructor at the Juillard School in New York; and students will also attend the Broadway spectacular "Phantom of the Opera" at the Kentucky Center for the Arts.

Benefits of attending GSA extend beyond the three-week program and include opportunities to interview and audition for college scholarship at the annual fall College Day to be held on November 8.

ELECTION
For 2 Parent Members of the Auxier Elementary Site Based Council for the school year '96-'97 will be held on June 4th, 1996 at 6 p.m. at the Auxier Elementary School. Any questions, Call Pete Grigsby Jr. at 886-3383

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Community Calendar

Editor's Note: As a service to the many clubs and committees that meet in our community, the Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to the Times no later than 5 p.m. Monday for Wednesday's publication or 5 p.m. Wednesday for Friday's publication. These cannot be taken over the telephone.

immunization certificate, TB certificate, physical, official birth certificate, and social security number. If you have any questions, call 285-0321.

Clark council to meet

A meeting of the Clark Elementary school-based decision making council will be held June 5, at 6 p.m. in the school library. All concerned parents and citizens are invited to attend.

Betsy Layne reunion

The Betsy Layne Class of 1986 is looking for graduates for a reunion on July 6. Send your name, address and phone number to P.O. Box 285, Betsy Layne, KY 41605.

Medication class

A medication aide class will begin at the KY Tech-Knott County Area Technology Center, beginning June 10, at 8:30 a.m. Participants must have six months experience as a nursing assistant in the past two years and a GED or diploma. To enroll call 785-5350.

Classic Cooking

Classic Cooking of Inter-Mountain Cable with chef Mark Sohn and guest will air on June 6 and 8 at 7 p.m. Sohn will prepare June bride dishes.

Fund-raising auction

The Mud Creek Senior Citizens is planning a charity auction to raise funds for various activities at the center. The center is in need of items to be sold at the auction. Donations will be appreciated. The auction will be held June 8 at 6 p.m. at the center. For more information or to donate items, call 587-2507.

Mountain jamboree

A county bluegrass mountain jamboree featuring local talent will be held at the Mud Creek Senior Citizens Center from 8-12 p.m. June 14. Admission is \$5 for adults

and \$3 for children. Proceeds will be used for the center.

Kindergarten registration

Parents interested in sending their children to kindergarten at James A. Duff Elementary for the 1996-97 school year can sign them up at the school May 31, from 8:30-2:30. If you have any questions, call 358-9420. Please bring your child's birth certificate, immunization certificate, physical, T.B. skin test and social security card. If your child needs a physical or immunization, the resource center can arrange an appointment with the health department.



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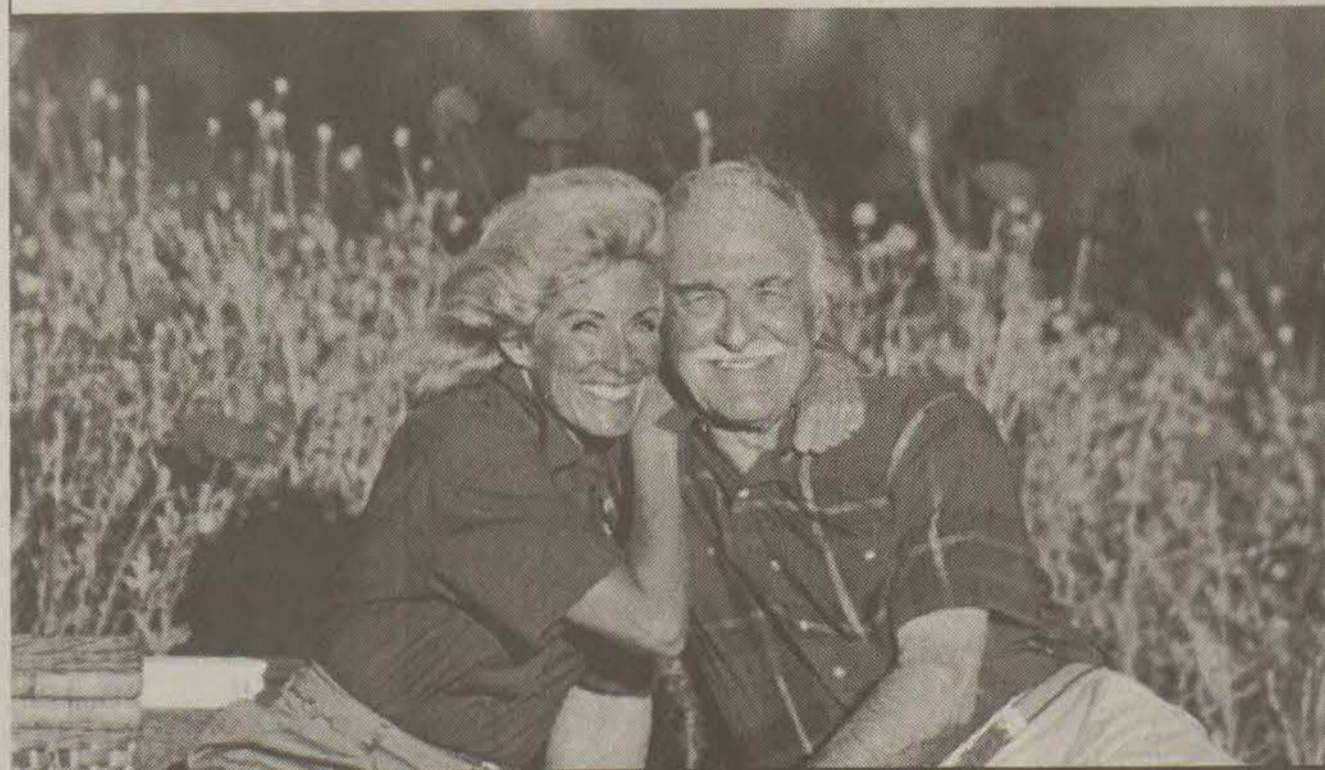
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To know how to grow old is the master work of wisdom, and one of the most difficult chapters in the great art of living.
—Frederic Amiel

Mountain Christian Academy accredited by ISACS

After three years of provisional accreditation, The Independent Schools Association of the Central States (ISACS) has awarded full membership and accreditation to Mountain Christian Academy (MCA) in Martin.

Founded in 1983 as an interdenominational school, MCA has been working through the process of becoming an ISACS member for the past three years. Four evaluating teams comprised of admin-

istrators from private schools in Kentucky and surrounding states have invested much time on the campus reviewing the administration, the school's development program, fiscal and audit documentation, interviewing employees of the school, and reviewing the educational curriculum.

Dr. Parker Tiller, dean of the school, praised MCA's faculty and the ISACS teams for their efforts on MCA's behalf. "Opening yourself for scrutiny and evaluation by

others is not usually a comfortable experience," Tiller notes, "but we've benefitted from the experience of those who have spent time with us. When MCA applied for ISACS membership in 1993, our students were already in the upper third of students on a nationally normed test. At the close of school last year, our students had already progressed to the upper 25 percent in America. I must believe that our traditional methods coupled with the fine-tuning given to our

curriculum through this evaluation process was a part of bringing that improvement."

Following a visit to the school from Dr. Patrick Bassett, president of ISACS, he wrote that "a look at the statistics for the school in comparison to other independent schools shows that MCA has performed miracles in terms of offering a quality academic program for a bargain-basement price, literally one third to one half what most other schools

charge in terms of tuition."

MCA is the only Kentucky school east of Lexington and I-75 to be accredited by ISACS, an agency serving 13 states in the southern and central regions of the country.

For more information about the school, call Dr. Parker Tiller at Mountain Christian Academy. The phone number is (606) 285-5141. The school's administrative offices and its pre-school program are open year-round.

Jenny Wiley Theatre expands outreach programs

Jenny Wiley Theatre's Education Outreach Program has provided many services to the students and teachers of this region.

Since 1992, Jenny Wiley Theatre has provided matching money for touring groups like Kentucky's Shakespeare Alive!, the Louisville Ballet, and Poetry Alive!, which offer interactive workshops and teaching materials to integrate their performances into the ongoing curriculum. In 1994-95 Jenny Wiley Theatre approved the funding of performances in 25 schools in four counties, reaching 3,750 students.

The Henry A. Campbell Memorial Scholarship enables a student from the Big Sandy to pursue post-secondary studies in the arts and a professional development seminar for teachers. Tiffany Hall, of Virgie, was awarded \$500 in May, 1995, to continue her studies in dance at Virginia Intermont College.

In 1995, Jenny Wiley Theatre presented a day of professional development to 80 high school and elementary teachers from across Eastern Kentucky. Held on September 16, "Experiencing the Arts in the Classroom," featured Kentucky authors, George Ella Lyon and Gurney Norman, as well as Poetry Alive! and John

McLaughlin. Teachers received six hours of credit for the Department of Education-approved seminar.

Beginning in the fall of 1996, a chamber ensemble will tour The Glass Menagerie in our "Theatre on Wheels," a van provided to the theatre under a grant from Ronald McDonald Children's Charities. This tour, provided for the region's high schools, will provide teaching materials to integrate the play's performance into the ongoing curriculum.

Two sessions of 1996 Children's Theatre Day Camp—and expansion of this program, directed by Joe Clark, MFA, Theatre Education, Jenny Wiley Theatre's education director.

Beginning Season for ages 6-12 from June 24-July 13. Advanced Session for ages 6 and over from July 22-August 10. Performances open to the public: July 12 and 13 and August 9 and 10.

A two-day professional development seminar, Tales and Images—From Story to Page, Stage, and Screen, featuring Lee Smith, Paul Brett Johnson, Angelyn DeBord, and Anne Lewis, videographer from Appalshop, will be held October 18 and 19.

Several school-year programs are offered in addition to the summer programming available to young people from the Big Sandy.

Summer outreach program activities include an Apprentice Program for eight student performers aged 18-22, and the Youth Company of local child actors aged 9-16, who audition to perform in the season's plays. Apprentices in music performance were also added: six young musicians received training from performers in the theatre's orchestra in 1995.

In 1995 the Apprentice troupe performed an adaptation of the Ballad of Jenny Wiley twice weekly in free performances at the park's campground. The play, based on the legend of Jenny Wiley (a local historical figure) was narrated by Ron Vanover, a park recreation director and local historian. These popular performances will be continued in 1996 and expanded to a site at The Mountain HomePlace in Johnson County. These productions illus-

trate the partnerships between Jenny Wiley State Resort Park, local tourism agencies and the Jenny Wiley Theatre.

Since 1992, Jenny Wiley Theatre has steadily expanded its offerings to the Eastern Kentucky region in the area of arts education.

To support these efforts, its board formed an Education Outreach Committee, comprised of citizens/educators from five counties around the region, committed to the arts in education.

This group developed a plan for outreach in area schools and makes

recommendations to the Theatre Board of Trustees in the areas of outreach and community involvement.

Committee members have prepared educational materials and curriculum guides to enable teachers to integrate their students theatre experience into their overall learning.

Contributions from local and regional corporations, such as Pike National and Ashland Inc., as well as a partnership with the David School and private donations make these outreach programs possible.

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Home loans are available

Rural Economics and Community Development Services (RECD), formerly known as the Farmers Home Administration, is now accepting applications for a Rural Housing 502 loan. Area residents who would like to purchase their own home, have a good credit history, can show repayment ability for the loan requested and meet the income guidelines, may qualify for a loan through RECD.

Not only does RECD finance for purchase of an existing house, loans also include funds to purchase a lot, construct a house, and install water and sewer systems.

Interested applicants should contact Christel Blackburn, AmeriCorps member, at 606-886-9545 for more information.

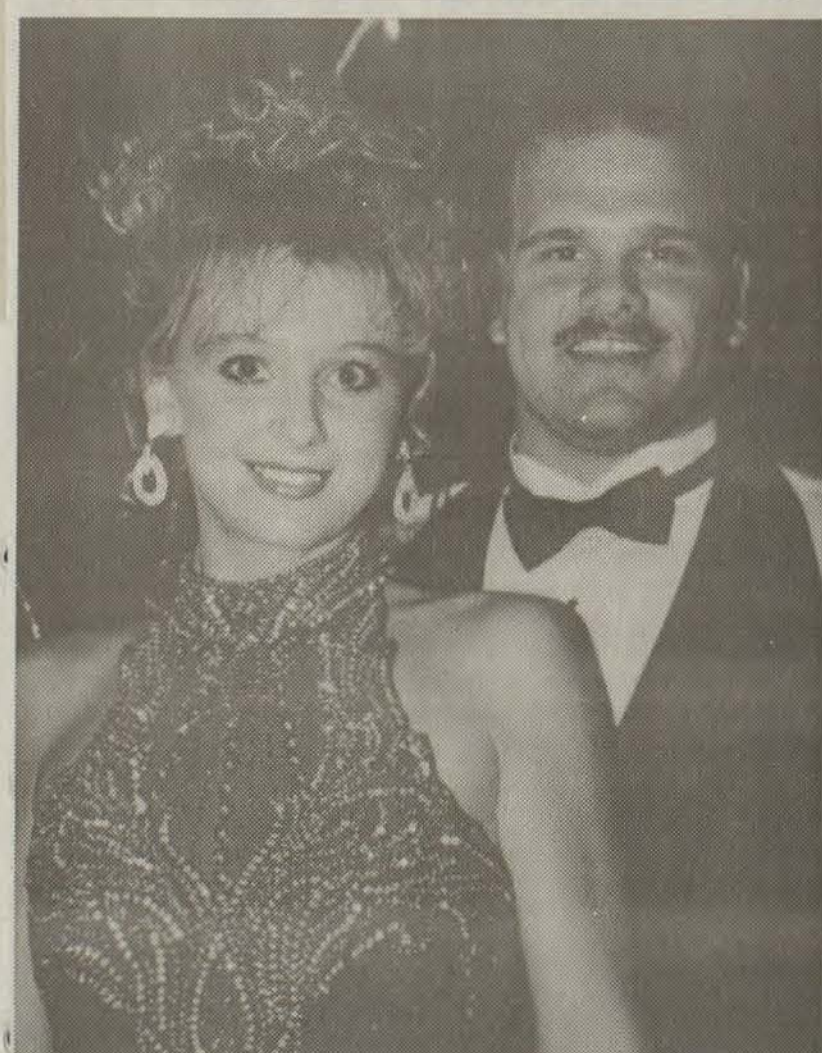
These productions illus-

RECAPITULATION SHEET

PRESIDENTIAL PREFERENCE, PRIMARY & REGULAR ELECTION, MAY 28, 1996, FLOYD COUNTY, KENTUCKY

	PRESIDENT OF THE UNITED STATES										UNITED STATES SENATOR 5th CONG. DIST.					
	DEMOCRATIC	DEMOCRATIC	DEMOCRATIC	REPUBLICAN	REPUBLICAN	REPUBLICAN	REPUBLICAN	REPUBLICAN	REPUBLICAN	REPUBLICAN	DEMOCRATIC	DEMOCRATIC	DEMOCRATIC	REPUBLICAN	REPUBLICAN	
	Lyndon H. LaROUCHE JR.	Bill CLINTON	"UNCOMMITTED"	Alan KEYES	Bob DOLE	Richard G. LUGAR	Patrick J. "Pat" BUCHANAN	Steve FORBES	Lamar ALEXANDER	Phil GRAMM	"UNCOMMITTED"	Steven L. BESHEAR	Shelby LANIER JR.	Tom BARLOW	Tommy KLEIN	Mitch McCONNELL
#1 COURTHOUSE/TRIMBLE BR	13	79	20	1	11	0	3	1	1	0	0	84	8	20	1	14
#2 COPPERAS CREEK	1	7	0	0	3	0	1	0	0	0	0	4	1	2	0	2
#3 DEPOT	3	48	4	0	6	0	0	0	0	0	0	44	3	7	1	6
#4 RICHMOND	7	45	16	0	4	0	0	0	0	0	0	46	7	12	0	3
#5 CLIFF	5	60	15	0	15	0	0	0	1	0	0	67	4	9	0	14
#6 PORTER	8	83	9	1	3	0	0	1	0	0	0	81	10	11	1	5
#7 AUXIER	6	75	10	0	8	0	2	0	1	0	0	69	4	14	1	10
#8 MIDDLE CREEK/JACK ALLEN	8	79	7	1	3	0	1	0	0	0	0	77	7	9	2	3
#9 COW CREEK	10	67	6	0	2	1	1	1	0	0	0	69	4	12	2	3
#10 MOUTH OF BEAVER	6	22	4	0	3	0	0	0	0	0	0	28	4	2	0	1
#11 JIM BANKS	5	73	8	0	9	0	0	0	0	0	0	71	3	11	0	8
#12 ROUGH & TOUGH	3	73	5	0	5	0	0	0	0	0	1	60	8	9	0	6
#13 JOHN POSSUM	5	45	12	0	11	0	0	1	0	2	0	45	6	6	3	10
#14 MAYTOWN	5	85	10	0	5	0	2	0	0	0	0	76	8	17	1	6
#15 BOSCO	11	54	11	1	6	0	0	0	0	0	0	54	3	14	0	7
#16 GARRETT/ROCK FORK	7	119	9	0	4	0	0	0	0	1	1	111	4	12	0	6
#17 LACKEY/WAYLAND	7	120	14	0	5	0	1	0	1	0	0	109	10	14	2	5
#19 MARTIN	3	68	10	0	5	0	1	0	1	0	0	69	3	10	0	6
#20 HALBERT	4	47	8	0	4	0	0	0	0	0	0	51	1	7	0	5
#21 DRIFT	2	59	5	0	3	0	0	0	0	0	1	47	4	6	0	4
#22 JOHN ANT/FRASURES CK	5	99	9	0	6	0	1	0	0	0	0	81	7	14	0	6
#23 GEARHEART	4	48	2	0	0	0	0	0	0	0	0	41	2	7	0	0
#24 CLEAR CREEK	3	44	1	0	2	0	0	0	0	0	1	37	2	6	1	2
#25 JACKS CREEK	2	68	6	0	3	0	0	0	0	0	0	56	8	9	0	3
#26 LEE HALL	5	91	4	1	2	0	0	0	0	0	0	68	11	12	0	3
#27 MELVIN	4	67	5	0	0	0	0	0	0	1	0	69	3	6	0	1
#28 ANTIOCH	4	74	2	1	1	0	0	0	0	0	0	70	4	7	0	2
#29 TICKEY	2	30	3	0	11	0	0	1	0	0	1	28	2	3	0	12
#30 TOLER	4	68	5	0	9	0	2	0	0	0	1	52	11	9	1	9
#31 MOUTH OF MUD	5	54	14	0	11	0	0	1	0	0	1	59	6	14	4	9
#32 LITTLE MUD	5	21	5	0	6	0	0	0	0	0	0	22	7	3	3	2
#33 IVEL	3	53	15	0	12	0	0	0	0	1	0	42	6	16	0	12
#34 BETSY LAYNE	8	84	15	1	10	0	0	0	0	0	0	79	8	15	1	12
#35 ABOTT	9	41	13	1	2	0	1	0	0	0	1	41	5	13	0	5
#38 WEEKSBURY	2	42	2	0	2	0	0	0	0	0	0	37	5	2	0	1
#39 PRATER CREEK	7	66	8	1	14	1	4	0	0	0	0	56	6	16	1	17
#40 BRANHAMS CREEK	5	27	4	0	15	0	0	0	0	0	0	17	7	4	0	15
#41 BEECH GROVE	10	74	14	0	2	0	0	0	0	0	0	73	13	11	0	2
#42 HEAD OF MUD	2	54	0	0	2	0	0	0	0	0	1	54	2	0	0	2
#43 ARKANSAS	4	46	2	0	0	0	0	0	0	0	1	32	4	15	0	1
#44 ALLEN-DWALE	8	58	8	0	11	0	1	0	0	0	0	46	11	17	1	9
#45 CLIFF (2)	5	55	4	1	0	0	0	0	0	0	3	51	5	6	0	4
Machine Total	225	2572	324	10	236	2	21	6	5	5	13	2373	237	409	26	252
Absentee Machine Total	3	12	2	0	4	0	0	0	0	0	0	11	1	4	0	4
Paper Ballot Absentee Total	4	14	3	0	3	0	0	0	0	0	0	17	0	4	0	3
TOTAL	232	2598	329	10	243	2	21	6	5	5	13	2401	238	417	26	260

Engagements



Misty Dawn Shannon and Todd Allen Daniels

Shannon-Daniels to wed

Mr. and Mrs. Donald Lee Shannon of Drift, announce the engagement and forthcoming marriage of their daughter, Misty Dawn Shannon, and Todd Allen Daniels, son of Mr. and Mrs. Hollis Daniels of Bevinville.

Miss Shannon is a 1996 graduate of South Floyd High School. She plans to attend nursing school in the fall.

Mr. Daniels is a 1993 graduate of Wheelwright High School. He is employed by the Floyd County Board of Education.

The tradition of an open wedding ceremony will be observed on June 1, at 2 p.m. at the Drift Pentecostal Church. (reprinted due to error)

Regional Obituaries

Johnson County

Samantha Hayley Sisco, infant daughter of Doug and Maggie Sisco, died shortly after birth on May 20. Graveside services were May 21.

Emma Jean Preston Meek, 63, of Meally, died May 24. She is survived by her husband, George Meek. Funeral services were May 27, at the Jones-Preston Funeral Home.

Martin County

Mose Webb, 84, of Inez, died May 17. Funeral services were May 20, at the Richmond-Callahan Funeral Home.

Pike County

Nannie Coleman, 85, of Pikeville, died May 25. She was preceded in death by her husband, Lawrence Coleman. Funeral services were May 28, at 11 a.m., at the Greasy Creek Old Regular Baptist Church, under the direction of J.W. Call and Son Funeral Home.

Ella Boyd, 76, of Pikeville, died

May 26. She is survived by her husband, Rev. Luther "Luke" Boyd. Funeral services were May 29, at the Owsley Freewill Baptist Church, under the direction of J.W. Call and Son Funeral Home.

Dora Deen Puckett France, 83, of Elkhorn City, died May 27. She is survived by her husband, Henry France. Funeral services were May 30, at the Bailey Funeral Home.

Corbin Roberts, 89, of Phelps, died May 26. He was a retired coal miner. He was preceded in death by his wife, Anna M. Roberts.

Funeral services were May 30, at the Lord's House at Goslin Bottom, under the direction of Chambers Funeral Home.

Kennan Austin Green, infant daughter of Robert and Merna Green of Shelby Gap, died May 26. Graveside services were May 29, at the Mullins Family Cemetery, under the direction of R.S. Jones and Son Funeral Home.

Virgil Everett Tackett, 71, died May 21. He was a World War II U.S. Army veteran. He is survived

by his wife, Ida Mae Tackett. Burial was in the Booker Wright Cemetery. Graveside military rites were conducted.

Brenda Stone, 44, of Island Creek, died May 23. Funeral services were May 26, at 2 p.m., at the Morris Chapel of Justice Funeral Services.

Eula Stone, 66, of Island Creek, died May 23. She was preceded in death by her husband, Green Stone. Funeral services were May 26, at 2 p.m., at the Morris Chapel of Justice Funeral Services.

Athel J. Stanley, 79, of Pikeville, died May 24. He was a logger. He is survived by his wife, Edith Lowe Stanley. Funeral services were Monday, May 27, at 11 a.m., at the Pike County Chapter of Justice Funeral Services.

Lexie Hall Johnson, 60, of Virgie, died May 25. She was preceded in death by her husband, Clark Johnson. Funeral services were May 27, at 11 a.m., at the Speight Church of Christ at Virgie, under the direction of R.S. Jones

and Son Funeral Home.

Johnny Orras, 69, of Jamboree, died May 24. He was a retired coal miner, formerly employed by Kentland Coal Company and a World War II U.S. Air Force veteran. He is survived by his wife, Marie Smith Orras. Funeral services were May 27, at 1 p.m., at the First Baptist Church of Phelps, under the direction of Phelps Funeral Home.

William Hi Burgess, 92, of Pikeville, died May 23. He was a retired coal miner. He was preceded in death by his wife, Annie Stevens Burgess. Funeral services were May 26, at 11 a.m., at the J.W. Call and Son Funeral Home.

Plamer Madden, 59, of Pikeville, died May 24. He was a retired coal miner. He is survived by his wife, Nannie Howell Madden. Funeral services were May 27, at 11 a.m., at the Justice Funeral Home.

Zettie Worrix, 81, of Pikeville, died May 21. Funeral services were May 23, at 11 a.m., at the J.W. Call and Son Funeral Home.

Clara Christine Roberts, 74, of Belfry, died May 21. She was a retired cook. She is survived by her husband, Noble Roberts. Funeral services were May 23, at the Rogers Funeral Home.

Edna Faye Hill, 75, of Elkhorn City, died May 22.

She was preceded in death by her first husband, Harve Ratliff, and her second husband, Barney Hill. Funeral services were May 25, at the Bailey Funeral Home.

Magoffin County

Ruby Cain Miller, 93, of Salyersville, died May 20. She was preceded in death by her husbands, Roy M. Cain and Rev. Jonas Miller. She was a retired postmaster. Funeral services were May 23, at the Burning Fork Community Church, under the direction of Salyersville Funeral Home.

Allen Walters, 87, of Boons Camp, died May 15. He is survived by his wife, Lydia Staniford Walters. He was a retired merchant. Funeral services were May 19, at the Little Friendship United Baptist Church, under the direction of Preston Funeral Home.

PHS Class of 1986 plans July reunion

The Prestonsburg High School class of 1986 is planning its ten-year reunion. The reunion has been scheduled for July 12, 13, and 14. The events include a visit on Friday at the high school, a banquet and dance at the Holiday Inn on Saturday, and a Sunday picnic. Invitations have been sent to all graduates for whom addresses are available. Money is still being collected for the event and graduates who plan to attend are encouraged to return their RSVP as soon as possible.

Obituaries

Deborah Lynn

Watson Click

Deborah Lynn Watson Click, 38, of Port Orange, Florida, formerly of Floyd County, died suddenly Saturday, May 25, 1996, at her residence.

Born July 9, 1957 in Pikeville, she was the daughter of Francis Jarvis Vanover of Hazard and the late John Lee Watson.

She was a clerk in a motel in Florida.

In addition to her mother, she is survived by two sons, Keith Douglas Osborne of Tram and Billy Gene Osborne of Allen; one brother, Stoney Lee Watson of Hazard; one sister, Patricia Ann Dale of Ivel; and two grandchildren.

Funeral services will be Sunday, June 2, at 1 p.m., at the Nelson-Frazier Funeral Home Chapel with Willis Adkins officiating.

Burial will be in the Jarvis-Osborne Family Cemetery at Daniels Creek, Banner, under the direction of Nelson-Frazier Funeral Home.

Visitation will be today (Friday) after 2 p.m., at the funeral home.

Willard McKenzie

Willard McKenzie, 86, of Auxier, died Tuesday, May 28, 1996, at Highlands Regional Medical Center.

Born May 29, 1909 in Welston, Ohio, he was the son of the late Troy and Ida Stevens McKenzie.

Survivors include his wife, Opal Goble McKenzie; two sons, Willard McKenzie and Danny McKenzie, both of Auxier; two daughters, Sue Preston of Ypsilanti, Michigan, and Donna Moore of Columbus, Ohio; and 20 grandchildren.

Funeral services were Thursday, May 30, at 1 p.m., at the Auxier Freewill Baptist Church with Bobby Joe Spencer officiating.

Burial was in the Government Relocation Cemetery at Auxier, under the direction of Jones-Preston Funeral Home.

Augustine Frasure

Augustine Frasure, 57, of Harold, died Wednesday, May 29, 1996, at his residence, following a short illness.

Born September 26, 1938 at Grethel, he was the son of the late Melvin and Elizabeth Newman Frasure. He was a former appraiser for the department of highways, a member of the Missionary Baptist Church and John W. Hall Masonic Lodge at Martin.

Survivors include his wife, Carolyn Jo An Williams Frasure; two sons, Melvin Winston Frasure of Richmond and Mark Dwayne Frasure of Harold; three daughters, Melinda Ann Evans of Columbia, South Carolina, and Anna Jo Frasure and Paula Beth Jarrell, both of Harold; one brother, Orville Frasure of Grethel; one sister, Verdie F. Newsom of Harold; and three grandchildren.

Funeral services will be Saturday, June 1, at 1 p.m., at the Hall Funeral Home Chapel, with Mike Hammonds officiating.

Burial will be in the Ike Roberts Cemetery at Teaberry, under the direction of Hall Funeral Home.

Clinton Spurlock

Clinton Spurlock, 78, of Salvisa, formerly of Printer, died Tuesday, May 28, 1996, at his residence, following a short illness.

Born January 18, 1918 at Printer, he was the son of the late Keat and Sally Meade Spurlock. He was a retired millwright, formerly employed by the Ford Motor Company, and a retired coal miner, formerly employed by the Big Sandy Elkhorn Coal Company. He was a member of the Church of Christ in Lawrenceburg and the U.A.W. Local No. 900 in Ypsilanti, Michigan.

Survivors include his wife, Susan May Humble Spurlock; one son, Dennis Spurlock of London; five daughters, Janice Fraley of Urbana, Ohio, Pauletta Sears and Lana Goble, both of Lexington, Anna Laura Belcher of Ypsilanti, Michigan, and Gwendolyn Lee Langley of Knoxville, Tennessee; one brother, Kenneth "Buster" Spurlock of Printer; one sister, Shirley Parsons of Drift; 14 grandchildren and six great-grandchildren.

Funeral services were Thursday, May 30, at 1 p.m., at the Hall Funeral Home Chapel at Martin with the clergymen Larry Morgan and Grover Stevens officiating.

Burial was in the Meade Cemetery at Printer, under the direction of Hall Funeral Home.

Serving as pallbearers were Travis Spurlock, Geoffrey Spurlock, Shane Addington, Kevin Sears, Rod Sears, Brian Sears, Scott Sears, Mike Fraley and Mark Fraley.

Grace Conley

Grace Conley, 100, of Prestonsburg, died Tuesday, May 28, 1996, at Highlands Regional Medical Center, Prestonsburg.

Born January 23, 1896 at Mousie, she was the daughter of the late Andrew and Ellen Wicker Mosely. She was a member of the Stone Coal Regular Baptist Church at Garrett, for 65 years.

Survivors include four sons, Lloyd Conley of Portsmouth, Ohio, Arvil Conley of Otisco, Indiana, Glen Conley of Sandusky, Ohio, and Elmer Gordon Conley of Toledo, Ohio; four daughters, Alma Burruss of Prestonsburg, Sylvia Cooley of Jonesboro, Arkansas, Annie Sparks of Orlando, Florida, and Glenda Petrovich of Mascoutah, Illinois; one sister, Minnie Hayes of Ashland; 27 grandchildren, 39 great-grandchildren, and several great-great-grandchildren.

Funeral services will be Friday, May 31, at 11 a.m., at the Hall Funeral Home Chapel with clergymen Roger Dale Hicks, Woody Pack, Grover Adkins, Bill Tackett and others officiating.

Burial will be in Richmond Cemetery in Prestonsburg, under the direction of Hall Funeral Home.

Parent support group to meet

The Parent Support Group for Handicapped/Special Needs Children meetings will be held on the fourth Friday of each month.

For more information, call Barbara Burchett at 886-8426.

Verlon E. Newman

Verlon E. Newman, 59, of Virginia Beach, Virginia, died May 24, 1996.

Born at Mousie, he was the son of the late Charles R. and Betty Jean Newman. He was a retired warrant officer in the Marine Corps and a veteran of the Korean War, the Cuban Missile Crisis and Vietnam. He was also retired from Beverly Enterprises and a member of the Spring Branch Community Church in Virginia Beach.

Survivors include three daughters, Tedi Newman of Johnson City, Tennessee, Heather Newman of Lincolnton, North Carolina, and Allison Newman of Hopewell, Virginia; four sisters, Maxine Goble and Mabry D. Lafferty, both of Prestonsburg, and Iva Crutcher and Jan Montgomery, both of Kentucky; two half-sisters, Charlene Adkins and Ocelene Hall, both of Pikeville; and one granddaughter.

Funeral services were Monday, May 27, at Holloman-Brown Funeral Home, Great Neck Chapel with Rev. Michael Simone officiating. Burial was in the Arlington National Cemetery.

Ruth Spradlin Evans

Ruth Spradlin Evans, 75, of Middletown, Ohio, formerly of Prestonsburg, died Tuesday, May 28, 1996, at Middletown Hospital, following an extended illness.

Born August 1, 1920 in Prestonsburg, she was the daughter of the late Henry and Florence Brown Spradlin. She was a member of the Honorable Order of Kentucky Colonels.

Survivors include her husband, Robert C. Evans; one daughter, Donna Short of West Chester, Ohio; one son, Dr. Robert Clark Evans of Hanover, Indiana; one sister, Garnet Fairchild of Prestonsburg; four brothers, Herbert Spradlin of East Point, Billy C. Spradlin of Prestonsburg, Scott Spradlin of Pikeville, and Henry Spradlin Jr. of Blacksburg, Virginia; and three grandchildren.

Funeral services will be Saturday, June 1, at 11 a.m., at the Carter Funeral Home Chapel.

Burial will be in Richmond Memorial Cemetery in Prestonsburg, under the direction of Carter Funeral Home.

Card of Thanks

Special thanks go out to those who sent flowers, food, and came to pay their respects in our time of need.

We would also like to thank the Church of Christ of Honaker and the Little Dove Regular Baptist Church for the dinner they provided.

Special thanks to Clergyman Junior Kidd and Hall Funeral Home for making our time of sorrow less stressful.

THE FAMILY OF WILLIE WATSON SR.

The Journeymen Quartet

in concert at

First Baptist Church

in Prestonsburg

June 2, at 7:00 p.m.

COUPON

FREE HEARING TESTS

will be given in Floyd County by

BELTONE HEARING AID CENTER

Archer Clinic, Room 204, Prestonsburg, Ky

Thursday, June 6th 9:00 a.m. to Noon

Call Toll Free 1-800-634-5265 for an immediate appointment.

The test will be given by a Licensed Hearing Aid Specialist. Anyone who has trouble hearing or understanding conversation is invited to have a FREE hearing test to see if this problem can be helped! Bring this coupon with you for your FREE HEARING TEST, a \$75.00 value.

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PRESTONSBURG, KENTUCKY CHURCH OF CHRIST

South Lake Drive at Entrance to Jenny Wiley Park

Sun. Bible Study—10 a.m.

Worship—10:45 a.m.

6 p.m. Std. Time

7 p.m. D.L.S. Time

Wed. Bible Study—7 p.m.

We Welcome You and Your Bible Questions,

Evangelist Bennie Blankenship; Ph. 886-6223, 886-3379

RADIO

WMDJ—Sun. 9 a.m.

REVIVAL

Beginning June 2, 1996

DRIFT INDEPENDENT FREEWILL BAPTIST CHURCH

7:00 p.m. Nightly

Evangelist, Bro. Robert Hampton

Special Singers Nightly

Come, Let Us Praise Him Together.

EVERYONE WELCOME!

Pastor, Randy G. Turner

Card of Thanks

Perhaps you sent a lovely card, or sat quietly in a chair,

Perhaps you sent a floral piece, if so, we saw it there.

Perhaps you spoke the kindest words, as any friend could say,

Perhaps you were not there at all, just thought of us that day.

Whatever you did to console our hearts,
We thank you so much, whatever the part.

THE FAMILY OF
KENNETH EUGENE WELLS

REVIVAL

at

Cow Creek Freewill Baptist

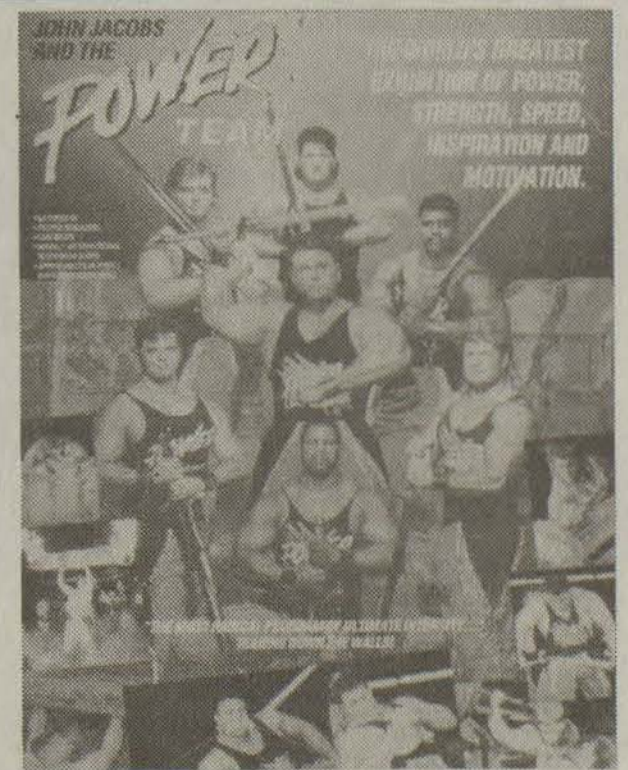
Starts June 2 and runs to ?

Evangelist: Sterlin Bolen

6:00 on Sunday and

7:00 the rest of the week

Pastor: Nathan Lafferty



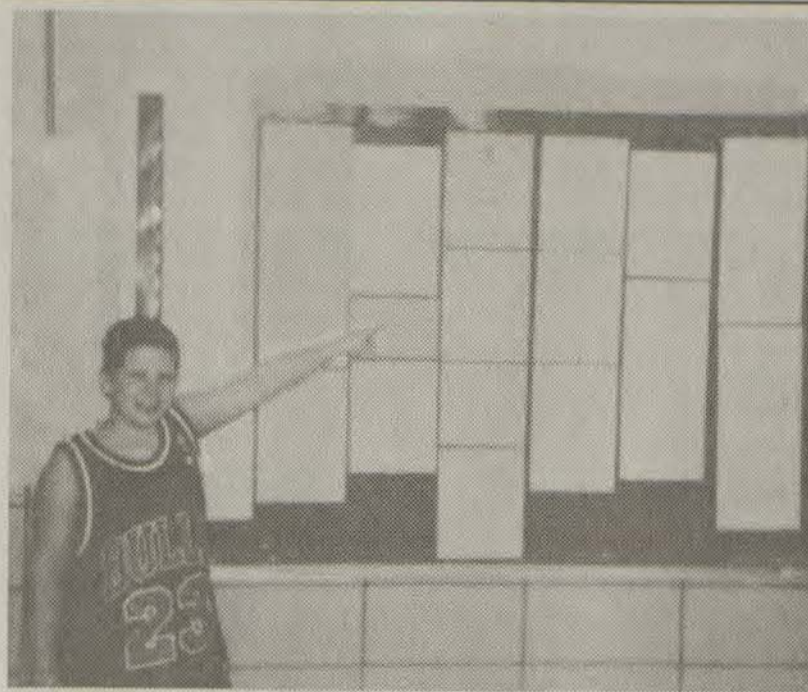
WHEN: June 12th, 13th, 14th, 15th, and 16th.
WHERE: First United Methodist Family Life Center
TIME: 7:00 Nightly
For More Information, Call
(606) 886-1524

Academics



After school

Extended School Service (ESS) students celebrated their last day of after-school instruction on Tuesday, April 2, on the front steps of Prestonsburg Elementary School. Pictured clockwise, from rear, are Larry Marsillett, Jason Whitaker, Tony Meade, Ashley Milburn, Tina Baril, Amanda Craft and Angel Boyd.



Writing expressions

Fourth grade students in Mrs. Turner's and Mrs. Hall's classes at McDowell Elementary School have been busy working on portfolio entries throughout the year. Student writings have been on display throughout the year as students learn to express themselves through writing.



Honored performers

Prestonsburg High School Honor Choir performed for Prestonsburg Elementary students on Wednesday, May 8. Choir members shown are Jesse Burke, Jason Blackburn, Jill Brown, Michael Halfhill, and Tara Miller.



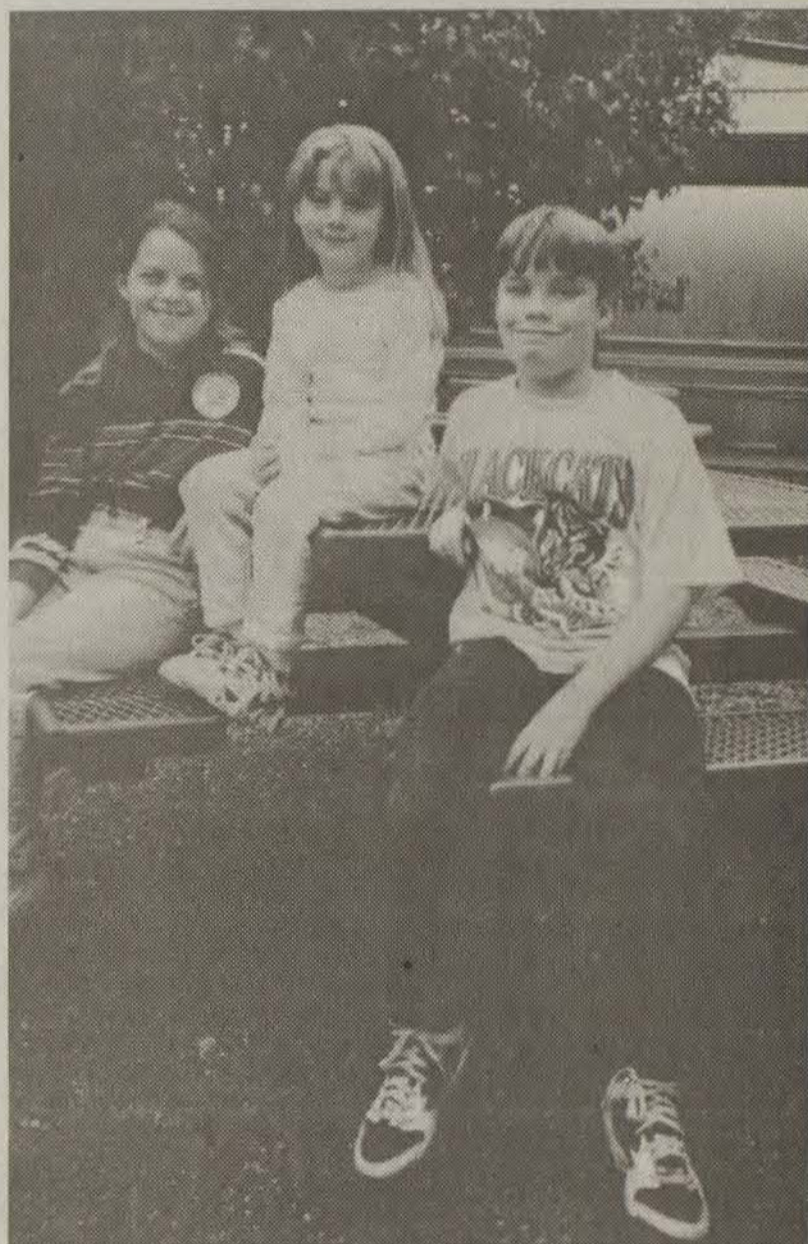
Proper way to brush

Dr. Andy Elliott visited Donna Collins' primary class and showed students the proper way to brush and floss. "We look forward to his visit every year to celebrate National Dental Month," said Mrs. Collins.



School spelling winner

Clark Elementary School Spelling Bee winner, '95-96 school year, was Mathew Francis. He is the son of Dr. Bill and Dr. Demetra Francis of Prestonsburg. He is currently in Jamie Madden's fourth grade class at Clark Elementary. Mathew received a plaque for being school winner and also sixth-place winner countywide. Pictured from left are Patricia Watson, writing coordinator; Mathew Francis; and Ralph O'Quinn, principal.



Perfect attendance winners

Perfect attendance winners at Prestonsburg Elementary School for the eighth month were, from left, Michelle Lackey, Morghan Stone, and Lowell Brock. They were awarded a \$25 gift certificate by Gwen Harmon, principal.



School winners

McDowell's Young Authors are pictured outside their school. The school had at least two county winners.

McDowell's Young Authors school winners

McDowell Elementary students have designed books throughout the year as they prepared for the Young Author's competition.

School winners are:
 • Linda Elliot's Class—Billie Stumbo, kindergarten, illustrated; Mason Gearheart, kindergarten, non-illustrated; and Eric Caudill, first, illustrated;
 • Patti Howell's Class—Donovan Dye, 2nd, illustrated and Britta Meade, 3rd, skills and content.
 • Cindi Osborne's Class—Brent Case, third, poetry; Jonathon Tackett, third, Book

With No Words.
 • Wanda Johnson's Class—Natasha Page, third, illustrated.
 • Ruth Hamilton's Class—Joby Blackburn, second, skills and content; Kateland Hall, first, skills and content; Gary Justin Hurst, first, illustrated; Thurman Smallwood, second, illustrated;
 • Karen Pack's Class—Sonya Tackett, eighth, non-illustrated;
 • Cheryl Hall's Class—Wesley Turner, fourth, illustrated; Amber Roberts, non-illustrated; and Laura Mullins, fourth, poetry.
 The school coordinator for McDowell Elementary School is Tonja Little.



Dwok

Pictured above is Shawn Justice, Floyd County primary coordinator, as she introduced the McDowell Elementary School primary faculty to the DWOK (Different Ways of Knowing) curriculum. McDowell Elementary staff will soon begin implementation of this new and innovative curriculum during the 1996-97 school year. The curriculum is a social studies-based curriculum which integrates science, writing, and other areas into a comprehensive curriculum.

Family Resource Centers

Prestonsburg Elementary Resource Center activities

- Fluoride treatments are presented to the students each Wednesday by the resource center and parent volunteers.
- Free GED classes each Wednesday from 8:30 a.m.-2:30 p.m. For more information, contact the resource center at 886-7088.

Maytown Family Resource Center activities

- Physicals to enter into kindergarten, headstart, preschool or 6th grade will be given by the Floyd County Health Department upstairs in the Maytown Grade School. For an appointment, call 285-0321.
- GED classes every Monday from 8:30 a.m. to 2:30 p.m. The classes are free and the instructor is Joyce Hall.

Allen Central Youth Service Center activities

- Clothes Closet will be open to students and the public upon request. The Clothes Closet is accepting donations.
- For more information about classes or community activities, call Kelly Hairston, Linda Nichols, or Lisa Fletcher at 358-3048.

South Floyd Youth Services Center activities

- The Adult Learning Center (ALC) is open Mondays, Tuesdays, and Thursdays from 8 a.m. until 4 p.m. Learn new job skills, earn your GED, prepare for college or vocational entrance exams, get leads on good jobs, learn computer skills, brush up on your reading, writing, and math skills, learn job success tips, and find help with housing, food, clothes and more. This service is free and open to the public. Instructor is Mitzi Crisp. The ALC

is sponsored by the David School. For more information, contact Mitzi Crisp, Keith Smallwood, or Mable Hall. Phone 452-4904 or 452-9600, ext. 145.

McDowell Family Resource Center activities

- Fluoride treatments are given each Tuesday for students with signed permission slips.
- Parents, if your children are enrolled in the fifth grade and have not had their sixth grade physical, call the McDowell Family Resource Center, 377-2678, to schedule an appointment.
- Joy Moore from the Floyd County Health Department is at the Center each Monday to see patients. She will administer well-child exams, school physicals (head start, kindergarten, and sixth grade), immunizations, and T. B. skin test. She will also see established W.I.C. patients. Call for an appointment, 377-2678.

Prestonsburg High, Auxier Elementary Youth Service Center activities

- Walking class every Monday, Wednesday and Friday from 3:10 to 4 p.m. at PHS.
- Auxier Family Resource Center is open Monday, Wednesday and Friday, from 10 a.m. to 2 p.m. for clothing distribution.
- Fluoride treatments will be given to the students at Auxier Elementary School every Monday.
- Clothing distribution every Monday, Wednesday and Friday at the Auxier center from 10 a.m. to 2 p.m.

For more information, call 886-2252.

Duff Family Resource Center activities

- Joy Moore from the Floyd County Health Department is at the

center each Tuesday to see patients. She will administer well-child exams, school physicals (head start, kindergarten, and sixth grade), immunizations, and T. B. skin test. She will also see established W.I.C. patients.

- Fluoride treatments on Wednesdays to 1st-6th grade students.
- GED classes with instructor Bill Tussey Jr. Classes are from 9 a.m. to 1 p.m. on Mondays and Wednesdays.
- Advisory council meeting June 11, at 3:15 p.m.
- Kentucky Opry Jr. Pros will be performing at Duff on June 4.
- The magician Mark Comley will be performing June 5.
- Clothing distribution June 1, from 10 a.m. to 2 p.m.
- The center will begin their after-school child care in August. If you are interested, call the center at (606) 358-9878, due to the fact that the need you have depends on whether or not it becomes a reality.

Mud Creek Community Family Resource Center

- Fitness class Wednesday nights from 6:30-8 p.m.
- Clothing bank open to students and public upon request.

Clark Family Resource Center

- A pap clinic will be held at the center on May 31. Call 886-0815 for an appointment.
- Joy Moore, RN, from the Floyd County Health Dept., is in the center on Fridays. The center is currently scheduling appointments for 6th grade physicals, also head start and kindergarten physicals. Call 886-0815 for an appointment.
- Fluoride mouthwash program every Tuesday for grades 1-5.
- Adult Education Classes are taught on Tuesdays and Thursdays. Call the center for location and

more information. Center hours: 8-4:00 M-F; evening appointments are available.

Betsy Layne High School council activities

- GED classes every Tuesday.
- Fluoride treatments are given each Thursday.
- The center sponsors a clothes closet that is open to the public. All items are free. It will be open upon request.
- The center is looking into the possibility of providing a summer camp for students between the ages of 5 and 12. If you are interested in summer camp, contact the center so you can complete the survey. The camp would begin June 24 and run through August. A sliding scale fee, based on family income, will be used to charge for student fees.
- State law requires that any student enrolling in sixth grade this fall will need to get a physical exam and updates on immunizations. The Betsy Layne branch of the health department can provide this service. You can call them at 478-5454 to schedule an appointment. Their clinic is located in the white trailer behind Brooks Pharmacy at Betsy Layne.
- May 31: 4-H project day.
- June 18: Family resource advisory council meeting at 3 p.m. in the school library.

Martin Elementary Family Resource Center activities

- June 5, at 1 p.m. a magician show.
- June 6, at 9 a.m., comedy routine, Make the World a Better Place.
- June 7, from 1-3 p.m. clothing giveaway in Mr. Hopkins' trailer.
- Movies can be checked out after May 31.
- If your child has left clothing at school this year, check in the resource center's lost and found.

Soccer enters second season in Floyd County

by Bill Loftus
Contributing Writer

Editors note: The Floyd County Youth Soccer League had its beginnings last year. A young man by the name of Ryan Hagans thought we were ready for such an adventure. Ryan has moved on to Michigan, but has left the program in some very capable hands and Bill Loftus is one of those.

Saturday, May 4 saw the opening day of The Floyd County Youth Soccer Association's second season with two divisions — ten and under and 16 and under.

Seven teams from Floyd County and one from Pikeville comprise the eight team league. This increase in teams and a cooperative effort with the team from Pikeville represents the impressive growth of a local sport that up until last summer was no more than a pipe dream of the association's members, parents, and supporters and a concept that had something to do with a game, a ball and one's feet.

Since those early days, much

time, energy, and education has taken place and the sage phrase used by many others before, "If you build it, they will come," has proven true.

The season has produced some fast-paced and interesting games along with some joys of victory and a few agonies of defeat, but the most significant outcome appears to be the coming together of planners, players, partners, patrons and observers in the larger process of learning and loving the game itself.

Soccer, at least at the youth level, has the reputation of placing the emphasis on fun and attention to learning the fundamentals of the game, and while some of the older players have become quite familiar with the technical and tactical parts of the game, the real object of the game is to have fun in an organized context, while at the same time gaining from the experience of teamwork, training and dedication.

Games are played on Saturday and Thursday evenings and prac-

tices are held throughout the week during the evening at the Prestonsburg Community College fields.

This article provides the opportunity to make a formal invitation to the reader to come and observe the Soccer

Experience and the Floyd County Soccer Association at work and play, at formal games played on Saturdays and Thursday evenings, and practices throughout the week during the evening at the Prestonsburg Community College fields.



Coal quilt

Inis Sue Charles liked the quilt work in this display from South Floyd High School. The quilt was entered in the Coal Fair by Deana Holbrook. (photo by Janice Shepherd)

PUBLIC SERVICE ANNOUNCEMENT

Customers wishing to hook up on the Beaver-Elkhorn Water District, that have not paid their tap fee in the following locations need to do so as soon as possible: Salyers Branch, Wilson Creek, Doty Creek and Route 122 Abner-Weeksbury area.

If the tap fees are not paid before the contractors move out of these areas, any additional cost for hooking up on the water system will be at the expense of the customers.

Thank You,
Beaver-Elkhorn Water District

Retired teachers will honor deceased members, others

The Floyd County Retired Teachers Association is planning a brief commemorative service for all the FCRTA members who have died since the memorial meeting in June of 1995. The year's event will be a part of the regular quarterly meeting and will be held June 6 at 10 a.m. at the Josie D. Harkins school building located on the grounds of Jenny Wiley State Resort Park.

If you are a relative or friend of a deceased FCRTA member being so honored, plan to attend this session. Names of deceased FCRTA members will be read and a

moment of silence will be observed. A gold leaf will be placed on the Memorial Tree for those individuals who were members at the time of their disease or at the beginning of their final illness.

FCRTA is planning a more elaborate service for deceased FCRTA members every five years. It is the hope of the organization that all retired teachers in Floyd County can be so honored at their demise.

For further information on this or other FCRTA activities, call one of the following numbers: 606-285-3030 or 606-377-6013.

Pikeville College to sponsor horse show

Pikeville College will sponsor the 1996 Eastern Kentucky Spring Celebration Horse Show to be held on Sunday, June 2, at 2:30 p.m. at the Bob Amos Park.

Prizes including trophies, ribbons, money, and feed will be awarded in all classes. There will be eight championship classes: Flatshod Racking, Plantation Pleasure, Country Racking Horse, Racking Horse (Padded), Country Pleasure, Walking Horse, Speed Racking Horse, and Speed Pacing. Entry fee for each of the championship classes is \$20 and winners will receive 100% payback plus championship hats, ribbons and trophies. Classes will be shown even for one entry and there will be payback even for one entry.

According to show manager and owner of Three Mile Creek Stable Feed and Tack, Robbie Elkins, he gives three shows a year in which all money is donated to a charity. Money raised during the spring show will go to the Pikeville College Athletic Department.

For more information about the horse show, contact Robbie Elkins at (606) 639-2626.

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• **SAVE ON** a great selection of swimwear including Speedo®, Morro Bay®, Towncraft®, C.S. Sport®, Pirate Surf®, Killer Loop® and I Dig®, in men's and young men's sizes.
• **25% OFF ALL** ladies' leather and leather-look handbags, reg. \$20 & up, all shoulder wallets, small leather goods, belts, hats, scarves and hair accessories.

• **SAVE ON** men's Arizona Jean Co.® loose-fit jeans, shorts and a great selection of tops.
• **25-40% OFF** selected licensed team apparel from NCAA, NBA & MLB teams. Percentage off regular prices. Styles and teams may vary by store. Sale excludes Nike® O.T.S. apparel.

ADDITIONAL SAVINGS THROUGHOUT THE STORE!

• **SALE 11.99 EACH** USA Olympic Brand mesh tank or short for adults, reg. 15.99 ea.
• **NOW 15.99** Champion® garment dyed tee for adults. **Now 19.99** Matching Champion® shorts.
• **NOW 11.99** adidas® classic tee for adults. **Now 16.99** adidas® Omega nylon shorts.

• **30-40% OFF** select groups of infant bedding.
• **20-50% OFF** selected athletic footwear for men and women.
• **40-50% OFF** select groups of Leslie Faye®, Alfred Dunner® and Koret® sportswear.
• **NOW 9.99** select groups of men's City Streets® and Bugle Boy® pants.

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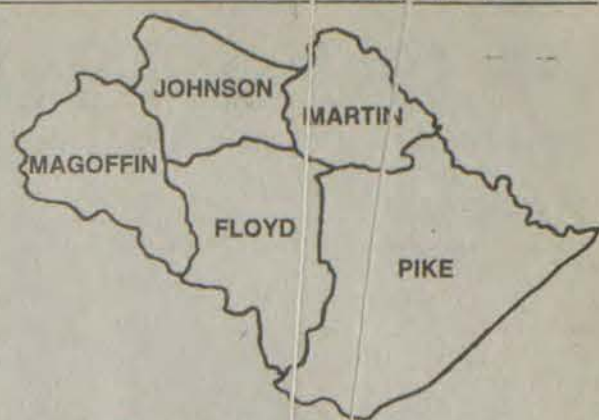
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#18-20 Regular prices appearing in this ad are offering prices only. Sales may or may not have been made at regular prices. 15 Hour sale prices on regular-priced merchandise and additional 10% Savings on selected men's and women's items effective Friday, May 31st and Saturday, June 1st only. All other sale prices effective thru Saturday, June 15th, unless otherwise noted. Adidas® and Champion® merchandise sale priced thru Saturday, June 8th. Percentages off represent savings on regular prices or original prices, as shown. Intermediate markdowns may have been taken on original prices. Reductions on original priced merchandise effective until stock is depleted. "Now" prices represent savings off regular or original prices which may vary by market. Any event designated as a "Sale" always excludes Swatch and Gucci watches, Starter merchandise, Haggard Wrinkle-Free Cottons™, Hanes® hosiery, Rockport shoes, Nike® Air Tech products, children's Stride Rite shoes, Marquis™ by Waterford Crystal, Fieldcrest Royal Velvet® towels and rugs, Krups® merchandise, Closeouts, Special Buys, items sold every day in multiples of two or more and Value Right items which are sold at our best price every day. Use of Olympic-related marks and terminology is authorized by the USOC pursuant to Title 36 U.S. Code Section 380.

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AROUND THE REGION



For Your Information NEWS TO USE

Picnic with the Pops

The Huntington Chamber Orchestra, Donald Williams, music director, begins its tenth summer season Picnic With The Pops Saturday evening, 8 p.m., June 8 at Harris Riverfront Park. Reduced price general admission tickets are available at all Big Bear Stores, \$8 adults, \$3 for children 14 and under. Single tickets at the gates are \$20 Reserved Seating. General admission adults \$10, children (under 14) \$5. Call the Huntington Chamber Orchestra office at 304-525-0670 for more information.

Spring dance recital set

The members of the Pikeville College Community Education Dance Program invite the entire community to their annual spring recital on Sunday, June 2, at 3 p.m. in Booth Auditorium. "I've Got Rhythm" is the theme of this year's recital which offers the dancers a chance to share their talents with friends and family members, as well as the community.

Dancers will perform ballet, tap, and jazz numbers to such popular hits as "Colors of the Wind" from the motion picture "Pocahontas" and "Whatever You Imagine" from the motion picture "The Pagemaster." Other favorites include "Rock Around the Clock," "Yankee Doodle Dandy," and Bette Midler's "In This Life."

The dance program consists of numerous talented performers ranging in age from 4 years to adult. Classical favorites include Pachelbel's "Canon," a waltz from "Swan Lake," Vivaldi's allegro from "The 4 Seasons," and Schubert's "Moment Musical." The performances have been choreographed by instructors Claire Olson, Donisa Burgess of the External Affairs Office, and Susan Lockhart of Commonwealth Building and Construction.

Olson, who has also worked with the JennyWiley Theatre and most recently the students at Pikeville High School on their production of "Little Shop of Horrors," encourages members of the community to "come on out and enjoy the show."

The show is free of charge and everyone is encouraged to attend.

Steamboat History Conference

Louisville will host the first ever Steamboat History Conference, June 20-23, at the Galt House. Sponsored by Steamboat Masters and Associates Inc., the conference is open to the public and expected to draw nearly 400 people.

In addition to educational sessions presented by renowned speakers and experts, the conference will include a downriver cruise on the Star of Louisville on Thursday, June 20 and an upriver cruise on the Belle of Louisville Friday, June 21. The public can also visit the Fourth Street Wharf Saturday from noon-4 p.m., when steamboat whistles, many of which have not been heard in this century, will be blown.

For more information, contact Jack E. Custer, conference coordinator, at (502) 778-6784.

Failure to stand for pledge creates stir

A woman who was asked to leave the room at the Tuesday, May 21, meeting of the Magoffin County Board of Education, for refusing to stand during the pledge to the American Flag, indicated her action was a protest against the board.

Mary Rowe, of Salyersville, was accused by Chairman Nolan Hall of being disrespectful to the American Flag and requested that she leave the room while the pledge was being recited, if she refused to stand with others in the audience.

"I can't believe she has that much disrespect and will display it in public," Hall said.

Rowe responded to Hall by saying, "I have a lot of respect for the flag, but I don't have any respect for half the board members."

"I don't want you to have respect for me,

but you should have respect for the flag," Hall told her.

The disagreement started when everyone in attendance, except Rowe, stood to allow Vice-Chairman Billy Rand Joseph to lead the group in the customary pledge to the flag, prior to the opening of this meeting.

Joseph pointed out that Rowe had not stood with the others and requested that they hold the start of the pledge recital until "everyone is standing."

Rowe responded to Hall's request that she join with the others, "I'm not standing and it's my choice of freedom."

After Hall sought Superintendent Howard Wallace's advice about what could be done because of her refusal to cooperate, he told the chairman that he was unsure of what the

proper procedure was, but thought they could ask her to leave the room for only the pledge.

When she refused both Hall and Wallace in their response for her to leave the room. Hall asked the superintendent if they could "make her leave the room."

"Only if you call the law on her," Supt. Wallace responded.

Hall replied, "That's exactly what I want done. Call the law."

Within a few minutes, Salyersville Police Officer Randall Patrick arrived and was informed of the situation by Hall and Wallace.

Officer Patrick requested that Rowe accompany him outside for a few minutes while they recite the pledge.

"No," she said.

"All you have to do is just step outside for

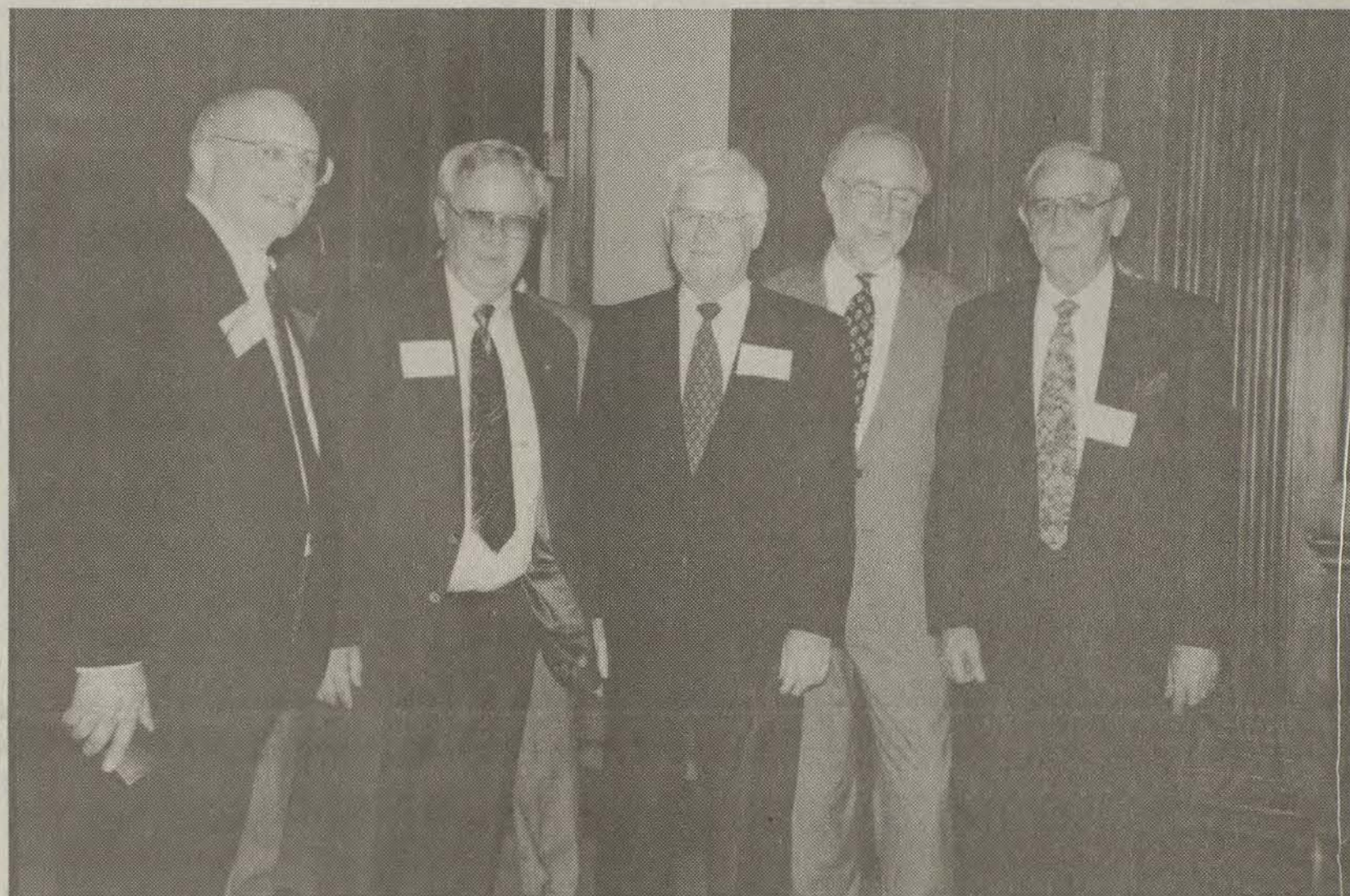
a few minutes," Officer Patrick explained to her.

She countered with, "No, why don't we go to my house and call Lee Mueller and the television station and let them know how the board acts. They're so nice."

Rowe then left the room (Magoffin County High School library) without further incident and was joined by her husband, Chalmers Rowe.

Before she left, a board member asked Board Attorney F.C. "Tyke" Bryant if they had acted within their boundaries and he declined to offer an opinion, saying that "he didn't know in that situation."

Upon Rowe's exit, the meeting proceeded following the completion of the pledge. (Salyersville Independent)



Spurlock, KBT meets with Kentucky delegation

Burl Wells Spurlock of Prestonsburg, was in Washington recently with Kentuckians for Better Transportation to discuss transportation legislation with the Kentucky Congressional Delegation. From left are KBT President Jack Fish; Gerald Altman, Pike County Chamber of Commerce; Congressman Hal Rogers; Spurlock; and Charles Buchanan, Barbourville. KBT urged that 4.3 cents in federal gas tax now going to deficit reduction be used for highway construction and maintenance. The group expressed its appreciation to Rogers for his efforts to get I-66 funded.

Cyrus awarded bid to clean Roe Creek

by Jerry Pennington
The Big Sandy News

Cyrus Contracting was awarded the bid by state officials last week to clean up the controversial Roe Creek Landfill in Lawrence County.

Cyrus' bid of \$118,948 was the lowest of four bids received by the state. The other bids were from

Davis and Burton of Ashland for \$215,494, Huff Contracting of Ashland for \$249,897 and Cambria Corporation of Prestonsburg for \$346,255. Funding for the cleanup comes from the state Superfund program.

Arch Hamilton of the finance division of the Natural Resources Cabinet said the project will consist

of cleaning up a nearby creek and replacing topsoil on the old landfill site.

"The topsoil has eroded and filled up the creek, which is turning it into a wetland," Hamilton said. "But it wasn't eroded to the point where debris was showing."

Once the creek is cleaned out and topsoil replaced, grass will be sown on the old landfill site.

The landfill was reopened in March of 1989, and was at the center of several points of controversy in Lawrence County and was involved in several court cases.

Among the suits filed was a suit by the landfill owners against then County Judge-executive Clyde Johns and then County Attorney Nelson Sparks for, among other things, repeating rumors that the landfill may be tied to organized crime. The suit was later dismissed.

However, last year, two men associated with the landfill, Peter Velasquez and Richard Bizenza, were indicted in New York and charged with being part of the DiNapoli crime family.

Also, Johns and the Lawrence Fiscal Court had filed a suit to try and impose a weight limit and had once charged the landfill with improper asbestos disposal.

On August 9, 1990, Roe Creek was issued \$1,625 in citations for improper handling of asbestos, and in October, the Louisa Police Department began stopping trucks hauling asbestos into the landfill to check the weight.

Several overweight citations were issued. On October 25, 1990, Roe Creek was ordered by the Environmental Protection Agency to stop taking asbestos.

Then, in April of 1991, the Kentucky Natural Resources Cabinet and the Environmental Protection Cabinet ordered Roe Creek Development Inc., to shut down its operations at the Roe Creek Landfill, ending the battle of several area residents to close the landfill.

Hamilton said work on the cleaning project could begin at anytime.

Johnson schools to give kids break in fall

Students in Johnson County schools will begin the next year a little earlier than usual, but will take time off later in the year to make up for it.

The Johnson County School Board approved a school calendar Monday night, May 27, which will give teachers and children a "fall break" to go along with their spring break.

Under the plan, teachers will have a professional development day August 2. But Superintendent Orville Hamilton said teachers who take a professional development day during the summer will not have to report that day. The first day teachers must report for work will be August 5. Opening day for students will be the following day.

At the end of the first nine

weeks, and just in time for the Apple Festival, schools will take a fall break from October 4 through October 11.

The second nine-week period will end just prior to Christmas break, which is from December 23 to January 3.

Spring break will fall between the third and fourth nine-week periods, March 31 to April 4.

Hamilton said there are several reasons for the change in the calendar. Students, he said, appear to have better retention when they are given time off during the school year.

Another reason for the change is what Hamilton believes to be the inevitability of year-round school.

"The state right now is pushing for year-round school," Hamilton said. "This is not year-round school, but it's a lot like it."

During Monday's board meeting, Hamilton predicted year-round school will become mandatory within a few years.

Other days students will be off during the next school year include Labor Day, an in-service day on November 5, and three days for Thanksgiving.

School is tentatively scheduled to end May 13 for students and May 14 for teachers. — The Paintsville Herald

Teen dies in car crash

A 17-year-old Knott Central High School senior died Friday when the car she was riding in flipped over after one of the wheels dropped off the pavement in front of Carr Fork Cemetery.

Amanda Jo Amburgey of Litt Carr was killed instantly when she was thrown from the vehicle and the car landed on her. Amanda, who consistently wore her seat belt, according to friends, had just detached her seat belt.

Amanda and her cousin, Tara Sexton, who was driving the vehicle, were just one turn-off from their home some few hundred yards away when the accident occurred.

Kentucky State Policeman David Banks said Tara, who had a driver's permit, veered off the roadway shoulder and tried for 30 yards to pull the tires back on the road before the vehicle flipped when it hit a culvert drop-off area. Banks said speed was not a factor in the accident. Lack of shoulder space beside the road left no room for error, Banks noted.

Amanda was the only graduating senior on the Knott Central Lady Patriot basketball team. Her teammates and coaching staff honored her following her last regular season game February 24, in which she scored 10 points. — The Troublesome Creek Times

Two killed in Island Creek house fire

An Island Creek mother and daughter died early Thursday morning, May 23, as a result of a house fire.

Eula Slone, 66, and Brenda Slone, 44, were pronounced dead on arrival at Pikeville Methodist Hospital, following the 6:45 a.m. blaze at the home of the mother.

Island Creek Fire Department personnel extinguished the blaze. The victims were removed and transported to the hospital.

According to police, the fire appears to have been accidental and no foul play is suspected.

The fire is still under investigation by Kentucky State Police Detective J. B. McKenzie and Pike County Coroner Charles Morris. — Appalachian News-Express

Cook pleads guilty to sex abuse charges

As the parents of a child who was abused by a former Inez Water Plant worker looked on Thursday, May 23, Circuit Judge Stephen "Nick" Frazier accepted a guilty plea from the man charged with the abuse.

Charles Cook, 43, of Debord, appeared before the court on three counts of first degree sexual abuse in relation to acts perpetrated against a child less than 12 years of age between June and August of 1995.

Sexual abuse is sexual contact by forcible compulsion.

Cook was indicted on November 22, 1995 after an investigation by Kentucky State Police Detective Steve Bowman, who had reportedly been made aware of the abuse by local state child welfare workers.

Frazier sentenced Cook to two years in the state penitentiary on each of the three counts with Counts 2 and 3 to run consecutively with Count 1.

Sexual abuse, first degree is a Class D Felony which means Cook faced a minimum of three years and a maximum of fifteen years if he had been convicted at trial.

When Frazier asked the parents of the child if they were in agreement with the plea agreement, they nodded their heads "yes" but said nothing.

Because of a new Crime Victim's Advocacy division in the Kentucky Attorney General's Office, all sex related cases, including Cook's, are automatically forwarded to that office for a review.

Assistant Commonwealth's Attorney Cheryl Neff was in charge of the prosecution of the case and Cook was represented by attorney Doug Adams of Prestonsburg.

Cook was returned to the Big Sandy Regional Detention Center where he awaits transfer to a state facility which has yet to be determined.

—The Martin County Sun

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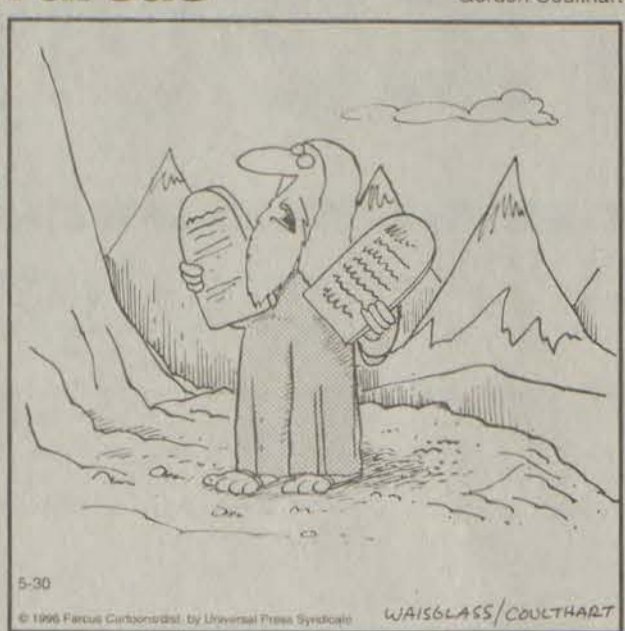
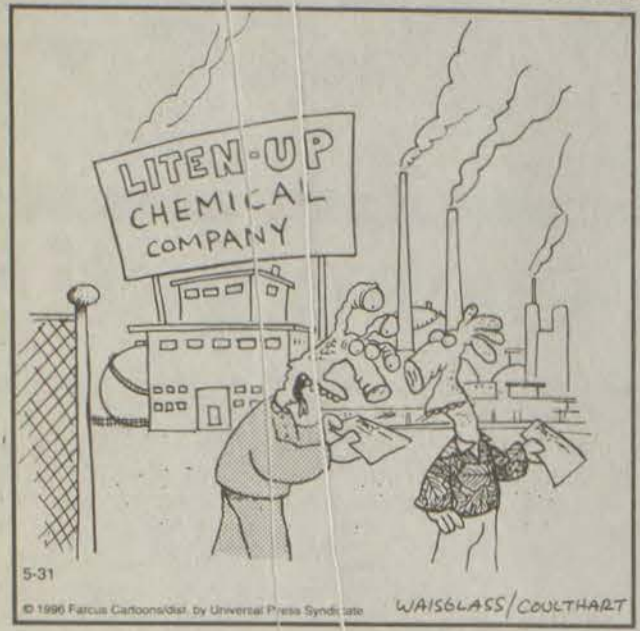
The Friday Comics

Farcus

by David Waisglass
Gordon Coulthart

Farcus

by David Waisglass
Gordon Coulthart



"It's hush-money all right — but I was afraid to ask why."

"I know they have the 7th day to rest ... but they want a shorter work week."



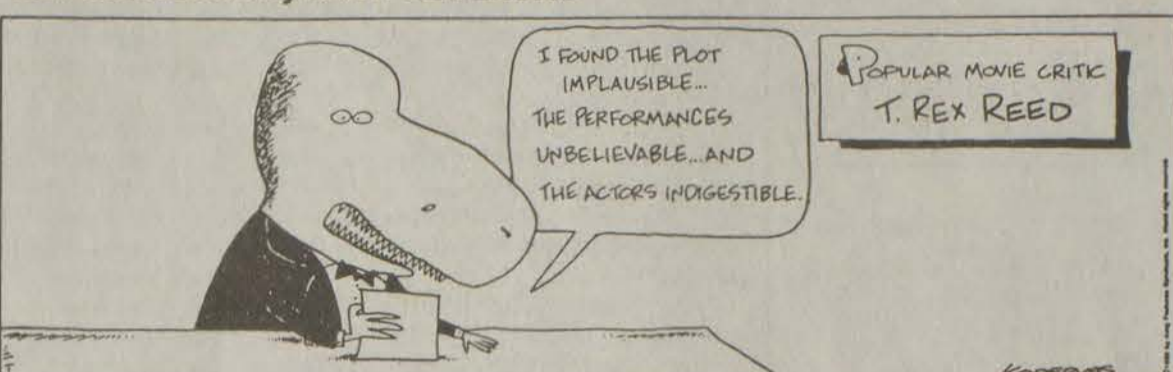
BUTCH AND DOUGIE by ALEX HOWELL



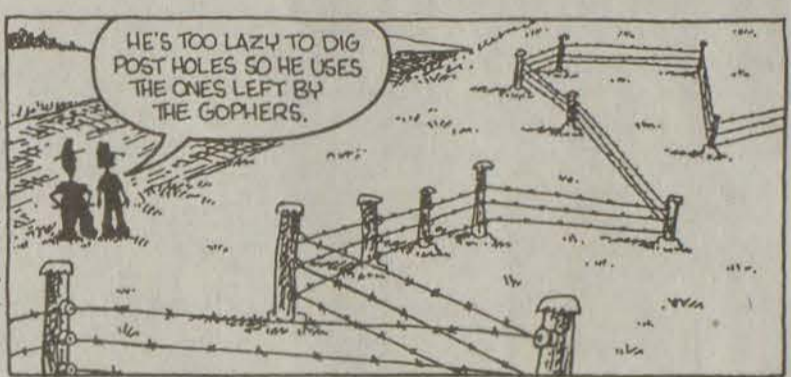
THE SPATS by JEFF PICKERING



OUT ON A LIMB by GARY KOPERVAS



R.F.D. by MIKE MARLAND

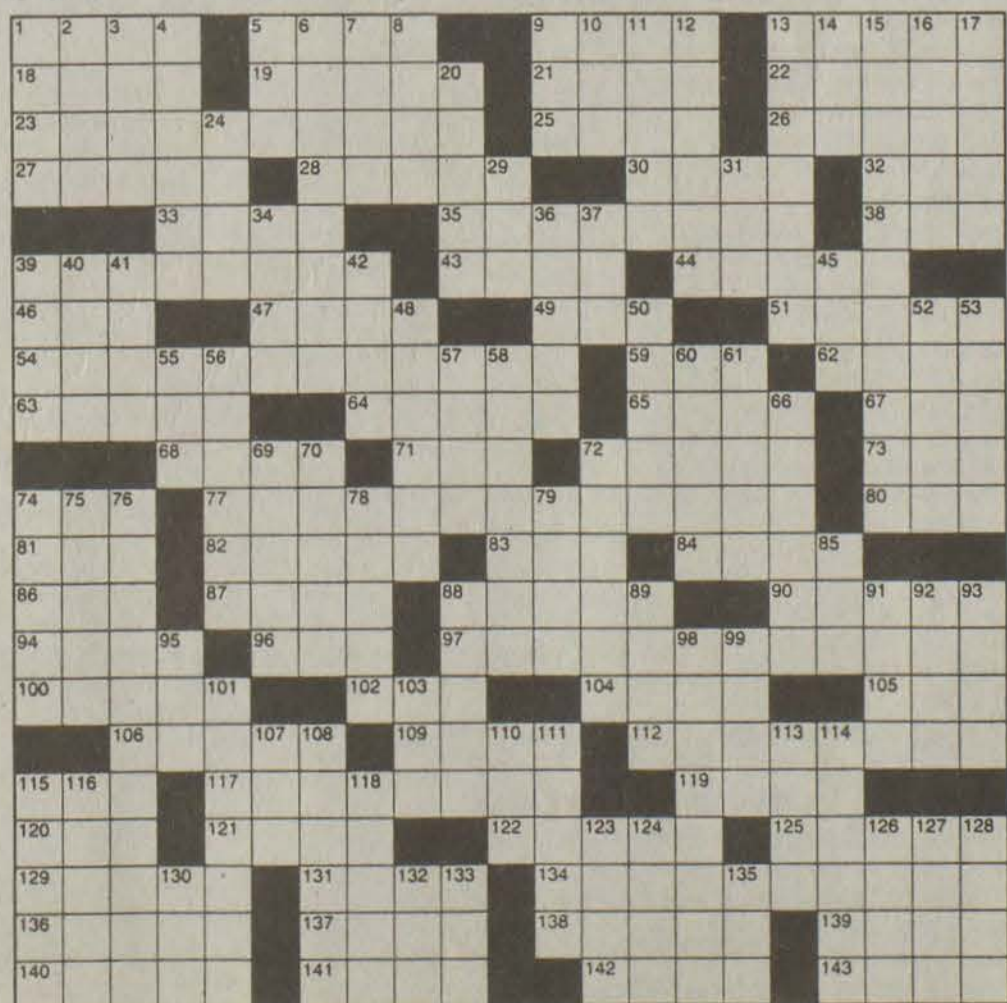


GEORGE by MARK SZORADY



Super Crossword

- ACROSS**
- 1 Part of Indonesia
 - 5 Certainty
 - 9 Slender branch
 - 13 Sacred music
 - 18 Ken or Lena
 - 19 Hood's handle
 - 21 Portland
 - 22 Superior to
 - 23 Parade confetti, at times
 - 25 Cassandra or Merlin
 - 26 Dud
 - 27 Iron setting
 - 28 Car-wash supplies
 - 30 Border on
 - 32 Ring stat
 - 33 Puerto —
 - 35 Writer's nemesis
 - 38 Ending for "auction"
 - 39 Test
 - 43 Noah Webster's alma mater
 - 44 Surgeons' new tool
 - 46 Time to evolve?
 - 47 Makes Cheddar better
 - 49 Actress
 - Thompson
 - 51 Wading bird
 - 54 Hit song for the Platters, 1958
 - 59 "My Name Is Asher —"
 - 62 Mexican "monster"
 - 63 — Park, Colo.
 - 64 "Cosmos" creator Carl
 - 65 Small business-man?
 - 67 Rig a race
 - 68 Hens and pens
 - 71 "Baloney!"
 - 72 Musical of 1919
 - 73 Lion's tail?
 - 74 Came by
 - 77 Minor explosion?
 - 80 Scoundrel
 - 81 Capek play
 - 82 Sign of spring?
 - 83 Presidential monogram
 - 84 Rock hound?
 - 86 "One Day — Time"
 - 87 Actress Gam
 - 88 Real bad dude
 - 90 "I — vacation!"
 - 94 Golfer Ballesteros
 - 96 "A mouse!"
 - 97 Bath accessory
 - 100 Fuss before a mirror
 - 102 Diffident
 - 104 First name in scat
 - 105 Prior, to Prior
 - 106 Lead singer of the Police
 - 109 Students at 43 Across
 - 112 Sweet wine
 - 115 Fitting
 - 117 Morass
 - 119 Horner's fruit
 - 120 "Ben —"
 - 121 "Back in the —"
 - 122 Bar food?
 - 125 Electrical inventor
 - 129 "All My Children" role
 - 131 Philosopher Immanuel
 - 134 Singer born Anna Mae Bullock
 - 136 "The Addams Family" actor
 - 137 Old Testament book
 - 138 Austen title start
 - 139 Essence
 - 140 Coup —
 - 141 Unite, with "up"
 - 142 "The Witches" writer
 - 143 Piece of fencing?
 - DOWN**
 - 1 Smidgens
 - 2 Came down to earth
 - 3 Depravity
 - 4 Capital of Turkey
 - 5 Remote
 - 6 In spite of the fact that
 - 7 Florentine farewell
 - 8 Reveille's opposite
 - 9 Recipe amt.
 - 10 Affliction
 - 11 Perfect
 - 12 Little pet
 - 13 Little pet
 - 14 UK honor
 - 15 Seaver's sobriquet
 - 16 Draw forth
 - 17 Operatic hero, often
 - 20 Disreputable
 - 24 Artist Nolde
 - 29 Cousteau's milieu
 - 31 Merkel or O'Connor
 - 34 Bluff
 - 36 Green Mountain Boys leader
 - 37 Singer Joey
 - 39 French bean?
 - 40 Gets a galley going
 - 41 "What's — for me?"
 - 42 Produces as profit
 - 45 Souffle ingredient
 - 48 Rubbernecks
 - 50 On one's toes
 - 52 Mrs. Andrew Johnson
 - 53 Started a Tea Party?
 - 55 Bandleader Brown
 - 56 Beatty/Hoffman film
 - 57 Lab assistant of note
 - 58 "The Odd Couple" actor
 - 60 Put into action
 - 61 Setting
 - 66 Building base
 - 69 Causing goose bumps
 - 70 Smack, in Scriptures
 - 72 Entry point
 - 74 Get the picture
 - 75 Peripheral
 - 76 Country star
 - 78 "Twin —"
 - 79 64 Across' field: abbr.
 - 85 Classic
 - 88 Scribes' tools
 - 89 Rock guitarist Lolgren
 - 91 Kind of pitcher
 - 92 Bruce of "Coming Home"
 - 93 Nautical adverb
 - 96 Careless
 - 99 Act like an ox
 - 101 Like capers
 - 103 Shorten a mid consonants
 - 106 Piston packing
 - 110 April initials
 - 111 Acts the usher
 - 113 "Swan Lake" skirt
 - 114 Materialize
 - 115 Leading
 - 116 Prize money
 - 118 Feed on fescue
 - 123 Was inexact, on purpose
 - 124 Novelist Sewell
 - 126 Small cut
 - 127 — majesty
 - 128 Commedia dell'—
 - 130 Spy org.
 - 132 New Deal agcy.
 - 133 Flat hat
 - 135 — Aviv



(Answers on B 5)

MagicMaze

FRENCH — (Answers on B 5)

S Y U R O K H D A X U L Q L N
 K H E G U I A N A I D A N A C
 B Y V S R E V O L U T I O N P
 M J H E B Y V T Q O L C I G C
 G D B Y W T Y R P M K N N U
 I F D B Y W W R D U S I R A F
 Q O M K I F I D T A S V T G F
 B Z X R W U S N Q S E O P E N
 O N L J O H R Y E F A R D C A
 Y W V T S O Q R P S N P B L K
 I H F E H C D F T B Z Y W V U

Find the listed words in the diagram. They run in all directions—forward, backward, up, down and diagonally.

- Bread
- Canadian
- Cuff
- Curve
- Door
- Dressing
- Fry
- Gulana
- Language
- Open
- Pastry
- Provincial
- Revolution
- Toast
- Wines

Vision Teaser



Find at least six differences in details between panels.

Differences: 1. Window is wider. 2. Numbers are switched. 3. Basketball is turned. 4. Whistle is added. 5. Bench is shorter. 6. Sign is moved.

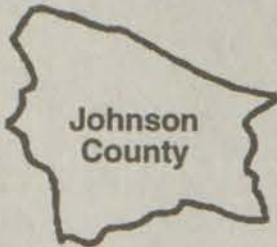
Big Sandy Briefs

The Numbers Game

Wednesday's Results
May 29, 1996

LOTTO KENTUCKY
08-17-19-21-27-35
Next Estimated Jackpot
\$2 million

POWERBALL
14-20-29-40-44 01
Next Estimated Jackpot
\$5 million



Johnson County

Fewer than one in 10 turn out for election

The primary election of 1996 may best be remembered for what registered voters didn't say rather than what they did, as few bothered to go to the polls.

In Johnson County, only 9.2 percent of registered Democrats and Republicans bothered to show up at the polls. Of the 16,738 people eligible to vote in Tuesday's election, only 1,545 actually did.

The low turnout had been expected because of the few contested races on the ballot. — *The Paintsville Herald*

Country Music Highway brings hope of increase in tourism dollars in Johnson County

Jim Williams, executive director of the Paintsville Tourism Commission, says the naming of the Country Music Highway will help bring more visibility to Eastern Kentucky.

"As big as country music is now, it might be another means to get people to stop in Johnson County and look around and spend some money," Williams said.

He added that while the name could bring extra

attention to Eastern Kentucky, it will probably not make a large impact on tourism spending in the region. To do that, he said, tourist attractions are needed.

Williams said the opening of the Mountain Arts Center in Prestonsburg this fall could also help boost tourism in Johnson County. Prestonsburg does not have enough hotel and tourist facilities to accommodate the number of people he believes will visit the center and expects some of that crowd to spill over into Paintsville.

"I think it will be the beginning — and in no way will it be like Branson, Missouri — but I think maybe it will be like Branson in the very beginning," Williams said. — *The Paintsville Herald*

Volga men facing marijuana charges

Two Johnson County men were arrested over the weekend after police allegedly found an indoor marijuana growing operation in their home.

Ben Meade Jr., 22, of Volga, has been charged with cultivating marijuana.

James Clay Osborne, 35, also of Volga, faces marijuana trafficking charges.

According to police reports, Kentucky State Police raided the home the two men share Friday evening, May 24, after receiving a tip a marijuana greenhouse was allegedly in operation at the residence.

Inside police officers allegedly found 97 marijuana plants and eight ounces of processed marijuana.

The two men were arrested and lodged in the Big Sandy Regional Detention Center. They were released a short time later.

State police say the case is still under investigation. — *The Paintsville Herald*

Saturday, May 18, at approximately 1 p.m. This time the call was from a business in Floyd County that had been advised as to the situation, and had identified McKenzie as being on their premises.

Jordan and Watson responded to the call, as did a trooper from the Pikeville post.

McKenzie gave himself up and was escorted to court Monday, May 20, where he pled guilty to two felony charges and received a one-year sentence with no probation. — *The Salyersville Independent*

Wallace fails to get superintendent's job

Howard Wallace, superintendent of Magoffin County Schools, was one of four finalists interviewed Friday, May 14, for the vacancy of the superintendent's job of the Knott County Schools.

The Knott County Board of Education eventually hired James Pack, a 17-year superintendent in Ohio, at their regular May 17 meeting to fill the slot.

Others interviewed for the job were Harold Combs, the former Knott County superintendent who re-applied for the job after his contract was not renewed by the school board.

The remaining final four candidate was Billy Triplett, technology coordinator for the Knott County School System. — *The Salyersville Independent*

Alley last Wednesday, May 22, at his home at Calf Creek.

Martin County Sheriff Darrel Young said that a warrant was obtained from Martin County Attorney Drewie Muncy after parents of three juveniles who are 14, 15, and 16, contacted his office and reported that they had found marijuana on the children. After questioning by the sheriff's office and the parents, it was determined that the marijuana was purchased from Hinkle at his residence.

When arrested, Hinkle refused to allow officers to search his home without a search warrant. Hinkle was held on a \$10,000 cash bond at the Big Sandy Detention Center until he was arraigned on Friday, May 24, by Judge Susan Johnson who then lowered the bail to 10 percent of \$2,500 or \$250 cash. Hinkle was released Friday after posting bond. — *The Martin County Sun*

Deputies nab man with marijuana

On Monday afternoon, May 27, Martin County Sheriff's Deputies Clinton R. Raines, Kirby Preece, and F. D. Fitzpatrick arrested Shannon D. Davis, 18, of Columbus, Ohio and charged him with possession of marijuana, less than eight ounces, and trafficking marijuana within 1,000 yards of a school.

Davis, in a voluntary statement to the Sheriff's department, said he had transferred, distributed, and dispensed marijuana at the residence of William Moore, located near Warfield Middle School.

Davis further stated that he had shared his marijuana with his friends at the above residence. He posted \$250 cash which is ten percent of a \$2,500 bond, and was released Tuesday afternoon. — *The Martin County Sun*

marijuana was found in the residence on a domestic violence situation. — *Appalachian News-Express*

Pike gets \$300,000 in emergency repair funds

Governor Paul Patton has released \$300,000 to Pike County to repair and replace bridges and roads washed out or damaged by recent flooding.

The money will be immediately available and contract selection will begin soon, according to Transportation Secretary Fred Mudge. Harlan County received \$200,000 in emergency funds.

The county has applied for federal matching grants through the Emergency Watershed Program to aid in the repair work. Spears said any funding received through that program would not replace backstop but would be used to help with heavily eroded areas and washouts. Officials expect to hear from applications in the next couple of weeks. — *Appalachian News-Express*



Magoffin County

Second of two escapees back into custody

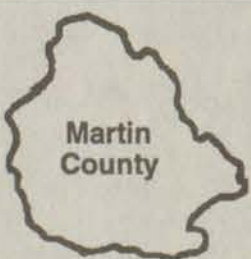
The last of two prisoners who escaped from the Magoffin County courthouse two weeks ago has been brought back into custody.

Benny McKenzie, a Magoffin County resident arrested on theft charges, escaped from jailers, as they escorted him and 19 other prisoners into the courthouse on Monday, May 13.

Another prisoner, Paul Maynard, who escaped with McKenzie, was arrested shortly after their flight.

Authorities received tips that McKenzie had been sighted in Floyd County. Jailer Bob Jordan, Deputy Sheriff Matthew Watson, and a Kentucky State Trooper followed up on the tip, but found no leads.

The sheriff's office received another phone call on



Martin County

August trial dates set for Maynards

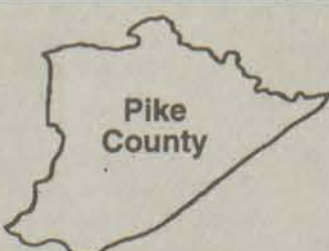
Martin Circuit Judge James A. Knight set August trial dates for Steve and Bonnie Maynard during motion hour last week.

The Inez couple who registered to run for Governor and Lt. Governor of Kentucky in last year's primary, have been charged in connection with the alleged rape and abuse of Bonnie Maynard's 15-year-old son. The charges say the abuse took place during a six-month period in 1995.

Twenty charges have been leveled against Steve Maynard, including first degree rape, first degree criminal abuse, second degree assault-child abuse, first degree unlawful imprisonment, and terroristic threatening, two counts. Knight set the trial date for August 5.

Calf Creek man arrested

Based on an investigation by the Martin County Sheriff's Office, Ermal Hinkle Jr., 33, was arrested and charged with trafficking in marijuana, a Class A misdemeanor. Hinkle was arrested by Chief Deputy F. D. Fitzpatrick, Deputy A. L. Gauze, and Special Deputy R. J.



Pike County

Myra man arrested on drug charge

A 49-year-old Myra man was arrested late Friday night, May 24, on charges of trafficking in marijuana and operating an indoor marijuana growing system.

Clarence Addington was arrested by Kentucky State Police Trooper Mickey Watson at 9:45 p.m. on charges of trafficking in marijuana, possession of drug paraphernalia and possession of prescription drugs in an improper container.

The warrant said Addington was operating an indoor-marijuana growing system and a large quantity of mar-

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Town & Country Branch	Virgie Branch	Marrowbone Branch	Floyd County Branch
606-432-1414	606-639-4451	606-754-4462	606-886-2382
Weddington Plaza Branch		Mouthcard Branch	Tug Valley
606-432-4529		606-835-4907	606-237-6051

*Annual Percentage Yield (APY) accurate as of 5/17/96. The rate may change after account is opened. The above APY is for account balances of \$10,000.00 through \$99,999.99; for account balances of \$2,500.00 through \$9,999.99, the APY is 4.36%; for account balances \$100,000.00 and up, the APY is 4.97%. You must maintain the daily minimum collected balances outlined in this ad to obtain the stated APY. Fees could reduce earnings.

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News of the Weird by Chuck Shepherd

— Easter news: Yearly, instead of Easter communion in Cutud, Philippines, volunteer Catholics are crucified, with real nails. Fourteen endured it this year (wailing agonizingly in pain), which marked the first year that HIV-conscious townspeople were assured by church leaders that only clean nails were used. And in San Diego, an atheist group beat Christians to the permit office this year and won the right to hold a nonreligious Easter sunrise ceremony at the landmark, 40-foot-high cross at Mount Soledad in a city park.

— Edmonton, Alberta, transit worker Salim Kara, 44, was sentenced to four years in prison in March for a 13-year scheme of stealing coins from fare machines. Using a rod with a magnet on the end, he had patiently amassed \$2.3 million (Canadian). No one suspected Kara until he bought an \$800,000 house on a salary of \$38,000.

— Clifford Olson, serving a life sentence in Saskatchewan, announced through his lawyer in March that he had registered with Canada's copyright office to protect his proposed video series offering psychological

insights. Olson, who sexually assaulted and murdered eight girls and three boys in 1981, plans to call the video, "Motivational Sexual Homicide Patterns of Serial Child Killer Clifford Robert Olson."

DYSFUNCTIONAL FAMILIES

— Pauline Nichols, 66, lost a jury trial in Mansfield, Texas, in April over whether she could evict her mother, Urene Ray, 87, from her home. Ray has lived there for 22 years and pays \$500 a month rent. Asked why she was so eager to jettison her mom, Nichols said, "Because it's my property."

— In Tulsa, Okla., in April, three relatives were shot (two teen-age boys wounded and Albert Cavanaugh, 21, killed) as gunfire broke out during a family card game.

CLICHES COME TO LIFE

— In March, the Postal Rate Commission decided to make an exception and consider a late-filed appeal about a post office closing in Sedan, Minn. The deadline for the appeal's being received was Nov. 22, 1995, but the citizen-appellant sent his notice of appeal by U.S. Mail, postmarked Nov. 20, and it arrived Nov. 29. The commission called the nine-day journey "inexplicable." And pink slips laying off about 100 Allegheny County (Pa.) employees were given to the Pittsburgh post office to be special-delivered during the week after Christmas,

but through a post office error, they were delivered on Christmas Eve.

— The Sex Pistols' 1996 reunion tour was delayed in January for a month so the band members could "rehearse." According to a Virgin Records spokesman, the members have become such accomplished musicians in the 20 years since the band folded that they needed practice to get down to their old sound.

— Life Imitates a TV Commercial: Appliance repairman Glenn Thomas Stooksbury was charged with fraud in January in Knoxville, Tenn. Police said he billed Maytag for repairing under-warranty defects that did not exist.

— Life Imitates a Rodney Dangerfield joke: In January, Steven Hicks, 38, and Diana Hicks, 35, were sentenced to six months in jail in Cape May, N.J., for child abandonment. While their unruly son, Christopher, 13, was hospitalized last January, the couple surreptitiously packed up and moved to Inglewood, Calif.

— Life Imitates "Twin Peaks": Jenny Lee Owens, 39, describing in a London, Ohio, court in May how it was not her fault that her boyfriend got shot to death: "Something came into the room. It was not a person. It was like a color. Me and it, whatever it was, we both had the gun. Somehow it had passed into me. It was holding

(See *Weird*, page five)

Friday, May 31
Section B, Page Four

Popperri

by Scott Perry

Let's revisit that age-old question we've all asked ourselves at one time or another.

Is Bob Dole a vampire, or does he just look like one?

No, really, the question millions of Americans are asking themselves today is...what is the meaning of life?

Of course, if Bob Dole really IS a vampire, he's not asking himself that question because, as we all know, vampires aren't really alive so they can't be killed unless you drive a wooden stake through their hearts and just how many times have you heard about that happening lately?

Anyway, the meaning of life is important to those of us who aren't in the blood-sucking-ghoul category or, more specifically, those of us who aren't Worker's Comp lawyers, who are very well aware of the fact that the meaning of life is Carpal Tunnel Syndrome, and it will be until some other undiagnosable work-related affliction is dreamed up.

So, we set out to determine just what folks think is the real meaning of life, using that scientifically inaccurate but widely adored method of research known as the "opinion poll."

Our pollees are divided into three groups of respondents including:

- (1.) People who live at our house.
- (2.) People who come over to our house on occasion; and
- (3.) People who happened to walk by our house while we were on the front porch having a cold one.

The answers to our questions were equally disparate.

Group number one agreed unanimously that the meaning of life concerned the use of the laundry hamper instead of the floor for the deposit of dirty clothes.

Group number two decided to go someplace where they didn't ask so many goofy questions.

And, group number three wondered just who we thought we were drinking beer right out there in public.

With those findings, we have come to the conclusion that the meaning of life is not something we should be concerned about.

At least as long as there is an outside chance we might elect a vampire as president.

Critic's Corner

by Michael Greene

The Pallbearer

As are so many members of my generation, I am a fan of the hit TV sitcom, "Friends." Naturally, I am more than a little interested in what the talented cast chooses when they embrace big-screen vehicles for themselves, and this is no exception. It marks David Schwimmer's (Ross) first post-"Friends" success foray into the movies.

Schwimmer portrays Tom Thompson (no relation to the governor of Wisconsin), a young man who's sort of drifting through life as we meet him. He's insecure about himself and his future and hasn't a clue as to what to do with his life other than take it day to day. Out of the blue, he is invited to serve as a pallbearer at the funeral of a high-school classmate he can't seem to recall, hard as he tries.

It's at the funeral that everything seems to break loose for poor hapless Tom. Reaching out to comfort the bereaved mother, Ruth (played by the inimitable Barbara Hershey), he falls into bed with her. More than just a little needy, Ruth desperately clings to the confused young man.

Enter Julie DeMarco (Gwyneth Paltrow), Tom's former high-school crush. He and Julie become involved in a tentative relationship that is defined mostly by their insecurity about each other, the relationship, and their general direction in life. In fact, Tom is such a mess, he is still living at home, sleeping in the same childhood bed, and isn't even gainfully employed!

To make matters worse, the newly-united couple are privy to the bad relationships of friends around them: Brad and Lauren (Michael Rapaport and Bitty Schram) who are engaged, yet seem so mismatched, it's a wonder they're still headed to the altar; and Scott and Cynthia (Michael Vartan and Toni Collette), a married couple who seem to have it together until Tom catches Scott coming onto Julie.

Neophyte director Matt Reeves scores a hit with his first major motion picture. He wrings the best performances the actors are capable of out of them and he cleverly keeps the story moving along with equal doses of comedy and poignancy.

I wasn't disappointed in this at all. In fact, I'd say it rates four stars in my book and I highly recommend it!

The Weekend Extra

Seedtime on the Cumberland

The 10th Annual Seedtime on the Cumberland Festival is scheduled for May 30 through June 2. The festival will take place on the grounds at Appalshop, the nationally and internationally recognized media and arts center located in Whitesburg. With events including music, crafts, theater, poetry readings, art exhibits, food, children's activities, and open stage, there is something for everyone.

Seedtime on the Cumberland is a celebration of the best of Appalachian Mountain Culture, both traditional and contemporary. The setting is a town square created on the grounds of Appalshop with craft tents, food concessions, exhibits, and the large performance tent placing all events within sight and sound of each other. Everything blends into a relaxed, friendly, atmosphere that is a far cry from the frenzied mob scene of many festivals.

This year's festival will feature performances by two winners of the prestigious National Heritage Award and a third who is a nominee for the award this year. The National Heritage Award Fellowship is the highest honor accorded to traditional artists who are considered "national treasures" of traditional arts. National Heritage Award winners appearing at Seedtime this year are Walker Calhoun, a traditional Cherokee singer, drummer, and dancer and Etta Baker, recognized as one of the nation's leading practitioners of Piedmont Blues guitar. Ralph Blizard, another Seedtime performer, is a nominee for the award this year in recognition of his unique and influential style on the fiddle. Along with his group, The New Southern Ramblers, Blizard will be the closing act at the Saturday concert.

Jean Ritchie, recognized as one of the most important figures in traditional music, will be featured in a performance on Sunday afternoon. Following the premier of "Mountain Born: The Jean Ritchie Story," a film by KET's Guy Mendes, Ritchie will perform a concert featuring her huge repertoire of old tunes along with her own original compositions such as the "L&N Don't Stop Here Anymore" and "Blackwater." Since the release of her first album in 1952 and publishing her first book "Singing Family of the Cumberlands" in 1955, Jean Ritchie has worked continuously to bring the traditional music of the mountains to national attention. A native of Viper, her career has ranged from the mountains to a Fulbright award to study folk music in the British Isles, to being one of the original board members and founders of the Newport Folk Festival to winning Rolling Stone magazine's Critic's Award for best folk recording. It is special treat when she is able to perform in East Kentucky because she is at home where it all started.

Over the course of the four days, Seedtime will present music, theater, children's events, crafts, art, pho-

tography, and oral history exhibits, poetry readings, open mikes, jam sessions, and lots of food. It is a celebration, a sharing, a time to meet new friends. This, as they say, is the genuine article. It's not made up for the tourists. This is mountain people sharing their culture with whoever wants to come and sit a spell.

Call us at 606-633-0108 for ticket reservations or

additional information.

Concert Ticket prices are: \$7, \$5 seniors and students. Roadside Theater and Rema Keen play ticket prices are: \$5, \$3 seniors and students. Poetry workshops are by pre-registration: \$5 per person. Special group rates and multiple event rates are available. All other events are free.



Seedtime performers
Appalshop's 10th annual Seedtime on the Cumberland will present Roadside Theater & the Mullins family singers performing Cumberland Mountain Memories on Saturday, June 1, 4 p.m., at the Appalshop Theater in Whitesburg. For tickets or reservations, call Katie at Appalshop, (606) 633-0108



Jean Ritchie
Jean Ritchie will perform on Sunday, June 2, at 5 p.m. at Seedtime on the Cumberland.

Skating on thin ice

One of my favorite Olympic events is ice-skating. I love the powerful, athletic ability of the men and the agile, graceful movements of the women as well as the pair skaters. With less enthusiasm, I tolerate the ice dancers who don't excite me as much because they don't throw their partners 50 feet into the air, or execute the triple-lutz. My husband also loves the sport. So getting to see some of the World Champions in person this past Friday night at Rupp Arena was a real treat for both of us.

As guests of Jimmie's sister, Bonnie (Little Miss Susie Homemaker), we were privileged to watch some of ice-skating's most prestigious skaters. Among them, Olympic medal winner, Oksana Baui and Brian Botiano. Performing before a near capacity crowd, I oohed and aahed as the skaters pirouetted and double-toe looped right before my eyes. It's always awesome to watch them on television, but just knowing they were performing especially for the crowd in attendance was inspirational.



Smile Awhile

Sara Hopson

Jimmie and I sat on the edge of our seats so as not to miss a single second of each performance. And, before each skater began their programs, Jimmie's sister gave us a personal critique on each one. Since Bonnie was seated three seats down from me, this communication was executed via Bonnie's daughter-in-law, Marcia, who was seated next to Paula, Bonnie's daughter, who was seated next to me. "Mother told me to tell you that this guy's had three friends die in the last three years. His performance is a tribute to them," Paula said.

I nodded my head and then turned to relay the message to Jimmie. When another performer took the ice a few minutes later, Paula nudged me and whispered that the woman skating had just undergone back surgery. I again turned to Jimmie and told him the gossip.

When the next skater came out onto the ice, I turned to see if Bonnie was going to add additional information. When she didn't, I decided to do my own fictional, personal vitae of the performers. "Paula, I

said seriously. "Tell your mother that the man who is skating just had gall bladder surgery three days ago. They removed a gall stone the size of Arkansas, and presented it to the president."

Paula laughed and passed the message on to Bonnie who just shrugged her shoulders and continued eating popcorn. When the next performer was presented, I told Paula that the man was getting ready to undergo a sex change and was going to have a baby by Dennis Rodman. Paula giggled and passed the message on. Once again, Bonnie was deadpan. I could only surmise that something was getting lost in the translation, because I thought I was being amusing. At that moment, the man did a triple somersault in the air and landed on his feet.

"My Lord!" Jimmie exclaimed. "I couldn't get my leg up that high if they broke it in three places!"

From three seats away, Bonnie finally laughed. "And I still think it's an accomplishment when I'm able to get up our of my Lazy Boy," Jimmie guffawed.

Bonnie laughed again. If we ever go to another ice-skating event with Jimmie's sister, I'm going to let them sit together. Obviously, they understand the sport better than I do.

The Classifieds

886-8506



The Floyd County Times

DEADLINES

Wednesday Paper
Noon Monday

Shopper
Wednesday, 5 p.m.

Friday Paper
Wednesday, 5 p.m.

606-886-8506

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REGULAR CLASSIFIED—\$7.25/wk., 20 words or less; 15¢ for each word over 20. This price includes Wednesday & Friday's Floyd County Times and Monday's Eastern Kentucky Shopper.

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The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

For Sale

LAWNBOY SERVICE/SALES: Authorized Service. Aluminum cast deck mowers, parts and accessories in stock. Certified technician on staff. Open 9-5, M-F (evening by appointment). 119 Main Street, Allen, 606-874-9142. **SANDY VALLEY HARDWARE/ POWER EQUIPMENT SUPPLY.**

PIANO FOR SALE: No money down!! Responsible person needed to take on a low monthly payment on a beautiful console piano. Call today, 1-800-764-3334.

LOAN COLLECTOR

Pikeville National Bank is currently seeking qualified applicants for the position of Loan Collector. This position is located at the main office in Pikeville, KY. Primary function: Collects delinquent loan accounts via telephone. Successful candidate must possess such qualities as even temperament, professional appearance, and willingness to travel occasionally. (Valid driver's license required.) Abilities and skills include PC proficiency and competent telephone and communication skills. Loan collection experience required. We have excellent benefits and competitive pay. Please send resume with cover letter to:
Pikeville National Bank
Attn: Director of Human Resources
P.O. Box 2947
Pikeville, KY 41501
Equal Opportunity Employer

SINGER COMMERCIAL QUILTING MACHINE. Make \$60 to \$120 per day in your home or shop. A whole new world of quilting for spreads, quilts, placemats, comforters, shams and lots more. Save \$500. Payment plan available. Free information. Free delivery. 1-800-776-2879.

FOR SALE: Washer, dryer and refrigerator. All in excellent condition. Call 874-2750.

FOR SALE: Peavey 16-channel mixer board with 100 ft. snake; five piece Tama drum set including hardware; Zildjian cymbals, like new. Call 285-9112 after 6 p.m.

FOR SALE: Sears Craftsman 12 HP 12-speed riding lawn mower. Call 606-478-9914.

FOR SALE: Vitamaster exercise bike, new condition, \$75; charcoal barbecue grill, \$30. Call 886-8783.

CONSOLE/SPINET PIANO for sale. Take on small payments. See locally. Call 1-800-343-6494.

SINGER SEWING MACHINE. Automatic zig zag, makes buttonholes, satin stitches and much more. Repossessed. Paid \$399; your cost \$90; or pay \$20 per month. 1-800-776-2879.

FOR SALE: RAM 8 meg 72 pin SIMM non-parity, \$99; 6X CD-rom drives, \$99. Call 886-6624.

FOR SALE: Exercise bike and antique white wicker rocking chair. Call after 5 p.m. or weekends, 874-9038, Emma Lou Martin.

SERGER OVERLOCK SEWING MACHINE. Cuts and sews all in one easy step. Repossessed. Paid \$499; your cost \$150 (or pay \$20 per month). Free call, 1-800-776-2879.

FOR SALE: Infant crib bed. Very good condition. Call 606-886-3494.

FOR SALE: 19' round and 4' deep above ground pool. All accessories included. Call 886-6290.

FOR SALE: Used Nolting Long Arm quilting machine. Call 606-523-5820.

SPECIAL DEAL!! Lawnboy 10201 now only \$229.99 with acceptable trade-in at Sandy Valley Hardware and Power Equipment Supply in Old Allen near Kentucky Carpet. Call 606-874-9142.

USED TRAMPOLINE with custom cover for sale. \$200. Good condition. Call 886-8019.

FOR SALE: Pleasure horse and show horse. Horses boarded, trained and shown. Prince Albert Stables, Prestonsburg, KY. Call 606-874-9219, barn; or 886-1684 home.

FOR SALE: IBM compatible 486 DX 2-80 computer. 4 meg memory, 420 meg hard drive, phone/fax modem, super VGA color monitor and Star printer. Brand new, never used. For more information call 606-478-1353.

USED SEWING MACHINES AND CABINETS. Also repair all brands of machines and vacuum cleaners. Call 886-6219.

COMMERCIAL DUTY weed trimmer/brush cutters. Sales, service, parts and accessories. 119 Main Street, Allen, 606-874-9142. We carry pulleys, belts, wheels, and many parts for most lawn equipment. Open 9-5, M-F (evening shopping by appointment). **SANDY VALLEY HARDWARE/ POWER EQUIPMENT SUPPLY.**

GRAVEL, TOPSOIL AND FILL DIRT FOR SALE. Pick up and delivered. End loader and dozer for hire. Tractor and low boy for hire, we move equipment. Call 886-6458 anytime.

HAZELETT'S PAINT AND WALLPAPER, INC.
436 1/2 N. Lake Drive
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606-886-2132
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"Serving the people since 1949."
Your Glidden paint center; also have quality vinyl wallpaper and supplies.
Store hours: Mon-Fri., 8-5; Sat., 8- Noon.

CAR BATTERIES from \$19.95. Cash for old batteries. 8D-1400cca \$105.95. The Battery Connection, Paintsville. Call 606-789-1966.

WOLFF TANNING BEDS TAN AT HOME Buy DIRECT and SAVE! Commercial/Home units from \$199. Low Monthly Payments. FREE Color Catalog. Call TODAY, 1-800-842-1305.

Real Estate For Sale

BETTER CALL US! We buy personal estates, houses and property. Century 21 American Way Realty, 886-9100.

1 1/2 STORY THREE BEDROOM HOUSE. Three years old, 4-5 acres land with new barn. Mare Creek. \$85,000. Call 606-478-4950.

HOUSE FOR SALE: Reduced. Three bedroom brick. Located at Lancer. Large outbuilding, big yard. Three porches. Call before 10 p.m., 886-2077.

HOME FOR SALE: Four bedroom, 2 1/2 bath, multi-level home in Harold. Recently remodeled inside and out with a spectacular view. \$115,000. For a private showing or more information call 606-478-2025 days or 423-453-3956 evenings.

14X60 MOBILE HOME AND LOT FOR SALE: 3/4 acre (+/-). Two bedroom, central air, carport and porch. Cliff Road, near Prestonsburg. Call 886-3541 or 886-1883, leave message. Shown by appointment only.

FOR SALE FLEMING CO. FARM: 183 acres, can be divided. 8 bent barn with conc. blk. milk house & greenhouse, excellent homesites on KY 32. Plenty pasture, cropland and some timber. Watered by co. water, pond, and creek. Call Garnett.

HOUSE & LOT on KY 32 in Fleming Co. w/bath. Big yard and dandy garden. PRICE REDUCED! Call Garnett.

4 BRM RANCH on acre lot in Fleming. Co. water, off KY 32 on James Road. Call Garnett.

BATH CO. FARM. Secluded 175 acres in Pebble area with nice barn. 4,000 lb. tob. Plenty of water. Call Emery after 6 p.m.

"Let Us Sell Your Property"
ACTION REAL ESTATE
Flemingsburg, KY
June E. Pugh, Broker,
606-849-2651;
Garnett F. Hall, Sales Associate, 606-876-4931;
Emery V. Goodpaster, Sales Associate, 606-674-6707.

HOUSE FOR SALE: Conveniently located next to Allen Central High School at Eastern. Two story, five bedroom house with two outbuildings and garden spot. Concrete drive and walkway. For more information call 285-0320 after 5 p.m.

TWO HOUSES ON THREE ACRES. Located at Harold. Will sell for appraised value. Call 1-614-377-9615.

BEAUTIFUL HOME FOR SALE by owner. Three bedrooms, two bath, double garage, deck, gazebo. Three miles on Abbott Road. Call 886-8933.

HOUSE LOTS FOR SALE: McDowell area. Water on site. Call 606-437-6147 or 606-437-9809.

LOTS FOR SALE: Two nice lots located at Cave Run Lake. City water. Rolling Hill, unit 1. Call 606-478-5577.

LAKE CUMBERLAND PROPERTY. 1.7 acres with trailer and garage. Completely furnished. Call 606-298-3018.

GOVT FORECLOSED homes for pennies on \$1. Delinquent Tax, Repo's, REO's. Your area. Toll free 1-800-898-9778, ext. H-6778 for current listings.

HOUSE FOR SALE. New construction. Quality built. Great for retirees or young family. No steps. Two oversized bedrooms w/walk-in closets, two baths, central heat/air, custom built cabinets and breakfast bar, dining area, large living room w/hardwood floors, laundry room, triple carport. Above flood level. Located at mouth of Stone Coal, appr. 1/2 mile from major four lane highway (Rt. 80), Garrett, KY. Call 606-437-4309 606-639-4222 or 404-292-2761.

Autos For Sale

1990 CHEVY S-10 with Tahoe package. Blue and silver. 4.3 automatic, power everything. Loaded! Call 886-3089 after 5 p.m.

FOR SALE: 1986 Iroc Z-28. Red, five speed, \$5,000. 1990 Geo Tracker 4x4 convertible, silver, five speed, \$6,200. Call 285-0828 after 1 p.m. Leave message.

1984 DODGE RAM FOR SALE: \$1,500. Call 886-9522 for more information.

1995 HONDA ACCORD EX. Four door, automatic, all power, a/c, AM/FM cassette, sunroof, fin. 16,000 miles. \$18,500. Call 358-4059.

1988 LINCOLN TOWN CAR. Selling due to ill health. Call 606-889-9060.

1987 NISSAN SENTRA. Five speed. Good shape. Can be seen at Bucks Branch, Martin. Phone 285-9350 or 285-9404.

FOR SALE: 1979 Ford. Six cylinder, automatic. Call 606-478-5375.

FOR SALE: 1986 Buick LeSabre. Runs and looks good. Call 606-874-2876.

FOR SALE: 1985 300ZX. Also have Rottweiler puppies for sale. Call 886-3412, leave message.

1985 NISSAN. Air conditioned, radio, etc. \$250 stereo in it. Five speed. Perfect car. Can be seen behind Gulf station in Martin or call 285-3043. \$1,200, no less.

1991 FORD AEROSTAR. XLT package, extended. Excellent shape. All wheel drive. Book: \$10,500; will sell: \$8,500 o.b.o. Call 889-0025 or come by 1077 Fitzpatrick Road, Prestonsburg.

1986 PRELUDE. Air, five speed, new tires, \$2,000. 1984 Nissan station wagon, five speed, cold air, \$375. Two Honda mopeds, \$300 @. 1982 Corolla motor and transmission. Phone 606-886-6414.

SEIZED CARS from \$175. Porches, Cadillacs, Chevys, BMW's Corvettes. Also Jeeps, 4WD's. Your area. Toll free 1-800-898-9778, ext. A-6778 for current listings.

For Sale or Rent

FOR SALE OR RENT: HUD approved. Four bedroom house. Gas heat, above ground pool. Large yard. Stamper Branch in Wayland. Call 606-946-2350.

BUSINESS PROPERTY FOR SALE OR RENT. 40x70 building, 10 ft. ceilings, three phase power, 175x200 parking lot. Will rent all or portion. Located at Harold in view of four lane. Call 478-9148.

HOUSE FOR RENT OR SALE: Two bedroom, one bath. Built in kitchen appliances, central heat/air, fireplace, two car carport. Call 285-0232.

12X65 TRAILER FOR SALE OR RENT. Call 606-478-9199 for more information.

Houses For Rent

FOR RENT: Two bedroom furnished house. Bull Creek area. References needed. Call 874-2750.

THREE BEDROOM, ONE BATH HOME. Unfurnished. Farm setting. Van Lear/John's Creek. Electric heat, city water, fenced. \$425 month, \$425 deposit. Annual lease. Call 1-803-957-5931.

THREE BEDROOM HOUSE FOR LEASE. Clean, well-kept neighborhood. Available June 1. Very attractive. Only one mile from new KY Opry and Glyn View Plaza. Some restrictions apply. \$400/month +. Call 886-0226. References, lease & deposit required.

FURNISHED TWO BEDROOM HOUSE for rent. Bull Creek area. References needed. Call 606-874-2750.

HOUSE FOR RENT: Two bedrooms. Unfurnished. University Drive, Prestonsburg. \$300/month plus utilities and \$200 deposit. One year lease. Call 886-6578 or 886-3154.

HOUSE FOR RENT: Three bedroom, two bath. Partially furnished. Salt Lick, Hueysville. \$300/month plus utilities. \$300 deposit. Call 358-4303 evenings.

FOR RENT: Residential section of Allen. Newly remodeled home, completely new interior. Seven rooms and bath. Central air. East Kentucky Rentals, 874-9052 or 874-9976.

FOR RENT: Available 6/1/96. A-frame cottage. Lake View Village, Jenny Wiley State Park. Very scenic and secluded. Two bedroom. Central heat/air. Well maintained inside and out. Call 886-8161 after 4 p.m.

Apartments For Rent

FOR RENT: One bedroom efficiency apartment. Electric heat, air conditioning, furnished. Clean, nice, well-maintained. \$250/month, utilities extras. Call 886-6208.

FOR RENT: New Allen. Second floor duplex two bedroom apartment. Furnished. Central heat/air. East Kentucky Rentals, 874-9052.

DUPLEX FOR RENT: Two bedroom. Central heat/air, washer/dryer hookup. Almost new. On new U.S. 23, one mile from Prestonsburg. Call 886-9007.

QUICKSILVER TOWNHOUSES: Now taking applications for new 1 and 2 bedroom units. Dishwasher, garbage disposal, new appliances, w/d hookup. Carport. Call 358-9761 or 447-2192 after 5, ask for Sandy.

TAKING APPLICATIONS FOR two bedroom apartment. Good, quiet neighborhood. Just off new Rt. 80 at Eastern. Call 358-9142.

FOR RENT: Newly remodeled 800 sq. ft. one bedroom apartment in Lancer. Call 886-2880.

ONE AND TWO BEDROOM APARTMENTS. Furnished or unfurnished. In Prestonsburg. Call 886-8991.

FOR RENT: One bedroom apartment w/stove and refrigerator. Abbott Road. \$270/month, \$100 deposit. Call 886-8187 days or 886-6662 after 5 p.m.

FOR RENT: Attractive one bedroom furnished apartment. \$325/month plus utilities and damage deposit. Apply at Radiology Management Services, next to Highlands Regional Medical Center. Call 886-6633.

LARGE TWO BEDROOM APARTMENT. Private entrance. Mountain Parkway. \$300/month. Also, one bedroom furnished apartment for \$70 per week. Call 886-6900.

DUPLEX APARTMENT FOR RENT: Two bedroom. Stove, refrigerator, central heat/air, w/d hookup. Good location at U.S. 23 and Rt. 80. \$390/month plus utilities. One year lease. Call 886-6551 or 353-8077.

Mobile Homes For Rent

TRAILER FOR RENT: New Allen. Akers Trailer Court. Deposit required. Call 874-8151 or 874-2114 after 5 p.m.

FOR RENT: Two bedroom, two bath trailer. Central heat and air. Large yard, quiet neighborhood. \$275/month plus utilities. Security deposit and references required. Call 358-3069 or 358-2912 after 5 p.m.

FOR RENT: Three bedroom mobile home. Total electric. Stove and refrigerator, washer/dryer hookup. Large yard. Also have two bedroom mobile home available. Call 886-9007.

FOR RENT: Three bedroom mobile home located at Garrett. \$275/month plus \$100 deposit. Call 889-0423 or 358-3363 after 5 p.m.

TRAILER FOR RENT: Three bedrooms, 1 1/2 baths, central heat/air. HUD approved. Two miles on Abbott Creek Road. \$350/month, \$150 deposit. Call 886-8853.

TRAILER FOR RENT: Two bedroom, two bath, unfurnished. Fenced yard, carport, outside storage. Eastern, close to Autobahn. \$330/month, plus utilities. Deposit required. Call 358-4208, serious inquiries only.

GIGANTIC MULTI-FAMILY YARD SALE

Women's, Men's and Children's Clothing in good condition, at great prices.
ALL DAY, SATURDAY, JUNE 1st
at New Allen, beside old Hwy. Garage and across from Dr. Robert Marshall's Dentist Office.
HURRY BY TOMORROW, BIGGEST YARD SALE IN FLOYD COUNTY!



LIFEGUARD CAMP SHAWNEE
Christian Appalachian Project will be accepting applications for a Lifeguard, beginning Monday, June 3, 1996. Must live on site with the program staff for the duration of summer camp. Must have or be able to obtain Lifeguard, CPR and First Aid certification; and one year experience as a lifeguard. Please apply in person at the Hager Hill Administrative Office.
EOE

FOR RENT: Three bedroom trailer located on Cow Creek. Will accept HUD. Call 874-2802, J. Davis.

FOR RENT: Very nice, clean two bedroom trailer. Partially furnished and partial utilities paid. For more information call 886-3628.

AVON: BUY OR SELL. Call Jancy at 886-2082.

GREAT CAREER OPPORTUNITY for licensed cosmetologist available at Glitz 'N' Glamour. Low rent station with all new equipment. Located just south of the Pike/Floyd line on U.S. 23. Call 606-478-5700.

EXPERIENCED DENTAL ASSISTANT NEEDED: Please send resume to HC 68 Box 499, Prestonsburg, Kentucky 41653.

HELP WANTED: Now hiring restaurant managers. Will train. Management experience in other industry and some college preferred. Call 478-3601 for appointment.

EARN 1,000's WEEKLY stuffing envelopes at home. Be your boss. Start now. No experience. Free supplies, info. No obligation. Send S.A.S.E. to Neptune 300-G, 10151 University Blvd., Orlando, FL 32817.

CRAFT/WOOD WORKERS NEEDED. Steady wklly pay to \$480+. Assembly materials provided. Free info pkg. 24 hr. 1-801-263-4154.

1,000 WEEKLY STUFFING ENVELOPES. Free info. Send self addressed stamped envelope to: Ditto, Dept. 64, 3208-C East Colonial Drive, No. 312, Orlando, FL 32803.

LAW ENFORCEMENT JOBS. No experience necessary. Now hiring. U.S. Customs, Officers, Etc....For info call 219-794-0010, ext. 3301, 8 a.m.-10 p.m. 7 days.

Pets & Supplies

AKC REGISTERED DALMATIAN PUPS. \$150 each. Call 606-639-6921 before 6 p.m. or 606-639-8746 after 6 p.m.

FOR SALE: AKC female Rottweiler pups. Six weeks old. First shots and wormed. Large pups. Call 285-9500.

AKC BOXER PUPPIES. Eight weeks old. Call 886-3680.

FOR SALE: AKC registered Beagle puppies. Call Charles Collins at 886-1532.

Rummage & Yard Sales

JENNY WILEY THEATRE TRASH & TREASURE SALE: Jenny Wiley Theatre will be having a huge yard sale Saturday, June 1, beginning at 8 a.m. until 3 p.m. at the Jenny Wiley Amphitheater, located behind the Wilkinson-Stumbo Convention Center in Jenny Wiley State Resort Park. Items include props, clothing (all styles & sizes), some costumes, furniture and antiques. No early sales and no phone calls please!

FOUR DAY GARAGE SALE for St. Martha's Catholic Church. 27 South Arnold Ave., Prestonsburg. June 6, 7, 8 & 10 from 9:30a-2:30p. Come see what we have!

BIG YARD SALE: One day only. Boys' and girls' baby clothes, sliding glass door, window, inside doors, women's and men's clothes, home interior, boys' name brand clothes, sheets, weight bench, books, child's race car waterbed. Too many items to mention. On old US 23 beside County Line Liquor. Wednesday, June 5, beginning at 8:30 a.m.

ESTATE SALE: Saturday, June 1, from 9 a.m.-4 p.m. Large home located in Pike-Floyd Hollow, Betsy Layne (near Fire Department and Senior Citizens Center). Signs will be posted. No early sales. All items to be removed day of sale.

YARD SALE JUNE 5-6 From 9-5. 212 N. Arnold Avenue. Little Tyke toys; little girl's clothes, size 10-12; miscellaneous items; uniforms.

HUGE YARD SALE: 244 Trimble Branch, Prestonsburg. Friday, Saturday and Sunday. Lots of clothes. Large men's clothes and assorted items.

GARAGE SALE: June 3-7. Clothes, books, toys, tires, miscellaneous items. One mile west of ACHS. 1492 Ky Rt. 550.

FOUR FAMILY GARAGE SALE Emma, third railroad crossing on left. Brick home on hill. Friday & Saturday. Rain or shine.

TWO FAMILY YARD SALE Monday-Tuesday, June 3-4. 185 Trimble Branch. Items too numerous to mention. Everything must go! Rain or shine.

FOUR FAMILY GARAGE SALE: June 3-4, 10 a.m.-5 p.m. Two miles up Daniels Creek on right at Banner.

THREE FAMILY YARD SALE: Monday, June 3. 2 1/2 miles on Abbott Road.

YARD SALE: Friday, May 31, 10-4. Nice ladies' clothing, some men's clothing, 3x12 pool, bikes, air conditioner. Lots more. 9/10 mile at 987 Corn Fork.

FIVE FAMILY YARD SALE: June 1 from 9 a.m. till ? Two miles above Thunder Ridge on right. Look for signs.

BIG FIVE FAMILY YARD SALE: Friday, May 31, Saturday, June 1. Three miles from Sharon's Pizza on Rt. 850.

FIVE FAMILY YARD SALE: One mile up Bucks Branch at Martin. June 1, from 9-5.

YARD SALE: Monday, June 3, 8 a.m.-1 p.m., across from Clark School, beside Fitzpatrick Baptist Church. Baby boy clothes and household items.

HUGE YARD SALE: Betsy Layne High School. Saturday, June 1. Sponsored by Sophomore class.

COMMUNITY YARD SALE Many items available. Saturday, June 1, Monday, June 3, and Tuesday, June 4. East KY Roof Truss, Lancer.

YARD SALE: Saturday, June 1, 8-2. Behind Super America in Prestonsburg. Play pen, household items, twin bed.

YARD SALE: Monday-Tuesday, June 3-4. Extra nice clothing, prom dresses, large trampoline (needs repair). 323 N. Central Avenue, Prestonsburg.

YARD SALE: Inside church annex. Two miles on Daniels Creek Road at Banner. May 31, June 1, 3, and 4. 8:30 till 4. Call 874-9402 or 874-4226.

YARD SALE SATURDAY, JUNE 1. 9 am-3 pm Prestonsburg High School. Miscellaneous items and clothing. Sponsored by PHS Cheerleaders.

YARD SALE: Friday and Saturday, May 31 and June 1. Toys, clothes, tools, household and auto electronics. 481 Riverside Drive, Prestonsburg (behind Giovanni's). 886-2265.

YOUTH CHURCH YARD SALE: Below Floyd County Animal Shelter. June 1, one day only. Lots of T-shirts, baby clothes, twin bed, loveseat, 12x50 mobile home. 8-4. Call 886-1806.

YARD SALE: Monday-Tuesday, June 3-4. 246 North Highland Avenue, Prestonsburg. Some furniture.

THREE FAMILY CARPORT SALE 8 a.m.-4 p.m. June 3, 4, & 5, Mon-Tues-Wed One mile from Sav-A-Lot on Stephens Branch. Rain or shine. Look for signs.

YARD SALE JUNE 1-3 Rt. 850, Brush Creek Road. 15 1/2 ft. fish/ski boat, 115 HP Johnson motor, furniture, miscellaneous items. Call 358-9725.

Services

TREE CUTTING AND TRIMMING, topping, brush removal, land clearing, etc. Large or small jobs. Free estimates. Call 874-9271 or 874-2712.

DOG SCHOOL? Your (canine) best friend can be a good citizen with some training in the basics of obedience. Classes to be held in Prestonsburg beginning in June. Mixed breeds welcome. For information regarding registration call 1-800-865-1360 any evening. Registration closes 6-13-96 or when 20 registrations are received.

NEED A STONE MASON? We do anything in stone-anything! Chimneys are just one of our specialties. Also do stucco. Call 886-6938.

SHARPENING: Saws, planer, carbide and lawn mower blades. Call 874-9774.

HANDYMAN: Do all types of remodeling or new construction. Do plumbing and all types of repair work. Call 886-1459.

MINE SAFETY AND FIRST AID, CPR, and blood borne pathogens training class. Call 285-0650.

NEED AN EXPERIENCED BABYSITTER FOR SUMMER? I will babysit in my home (Abbott) M-F. Have four year old of own. Call 889-9740.

CONCRETE WORK. Driveways, sidewalks, patios, and painting metal roofs. W.E. Conn, 606-478-3711.

HUBERT GOBLE, former employer of Sandy Valley Hardware, is now working on weed eaters, tillers, mowers, chainsaws, etc. at his home. Call 874-8019.

INDOOR AND OUTDOOR PAINTING, drywalling, minor plumbing repairs, metal roofs. Also, will do grass cutting. Reasonable rates. Contact Randy Carver, 889-0740.

HAVE YOU BEEN TURNED DOWN on Social Security or SSI/Disability benefits? Social Security Claims Services can help. Call for free consultation, 1-800-896-1130.

Business Spotlight

In the Spotlight this week is:

PRECISION PLUMBING REPAIR

Residential/Commerical Reasonable Rates office 606-478-1353

Coleman's Construction Company
FREE ESTIMATES Building, Remodeling, Electrical, Roofing, Painting and Wallpapering Paul Coleman, owner (606) 437-0745 or (606) 631-1347

OAKWOOD HOMES
50th Anniversary PRIDE IN THE PAST - DREAMS FOR THE FUTURE US 23 Stanville Located Between Pikeville and Prestonsburg Open 7 Days a Week 606-478-4500

PIKE COUNTY SUZUKI OF PIKEVILLE
433-1199 ATV, Street Bike's—Super Bikes, Motocross Located at Shalbiana Exit, Pikeville

PRECISION PLUMBING REPAIR
Residential/Commerical Reasonable Rates office 606-478-1353

Highlights Hair & Tanning
Gina Caudill, owner (606) 886-6266 1916 KY RT 321 (beside Christina's Flower Shop) Prestonsburg, KY 41653

AMERICAN HOMES
Open 7 days a week U.S. 23 South at Allen Across from the Alpique Motel (606) 874-1222

BUFFALO RUN QWIK MART
Now Under New Ownership ENDICOTT, KENTUCKY NOW SERVING PIZZA 874-8358 Monday-Thursday, 6 a.m.-10 p.m. Friday-Saturday, 6 a.m.-11 p.m. Sunday, 12 noon-6 p.m.

D&D Vinyl Siding
16 Years Experience Free Estimate Call 265-4324

Best Friend K-9 Training Services
4599 West Mt. Parkway, Prestonsburg 886-2051 • In-kennel training • Private lessons • Behavior modification • Boarding • Puppy testing/selection • House calls Gary Dotson, Certified Professional Trainer

NEED YOUR MOBILE HOME MOVED?
Call Crum's Moving Service at 886-6665 or 886-5375 (pager). Insured and bonded.

ECONOMY TREE SERVICE: Tree cutting, topping, removal, dead limbing and cabling. Twenty-one years experience. Licensed, insured and bonded. Bill Rhodes, owner. Dump truck, chipper and winch. Call 1-800-742-4188 toll free for free estimates. Local 606-353-9276.

CONSTRUCTION AND MOBILE HOME REPAIRS: Decks, roofs, siding, painting, room additions, underpinning, blocking, etc. Call James, 606-789-0368; Joe, 606-297-6798; or Roger, 606-297-4353.

EAST KENTUCKY TRANSPORTATION, INC.
Taxi Service.
Friendly and courteous service, reasonable rates. Medicaid accepted. Wheelwright: 452-2402. Wayland: 358-9955.

R.A. TAYLOR PAINTING COMPANY and CHIMNEY CLEANING SERVICE.
Both services available anytime. Call 886-8453.

DRIVER EDUCATION
Save money on car insurance. Check with your agent. Take Driver Education at PCC, Monday through Saturday. Male and female instructors. Cost \$250. Six hours on the road and six hours classroom instruction. Call 886-3863 to register.

WILL DO INTERIOR/ EXTERIOR PAINTING AND MINOR HOUSE REPAIR. Fifteen years experience. References on request. Call Chris Shepherd at 886-9978 after 5 p.m.

YARD WORK, HILLSIDE CLEANING, TREE TRIMMING. Also have firewood for sale. Call 874-0257.

Personal

REDUCE: Burn off fat while you sleep. Take OPAL. Available at Reid's Pharmacy, 127 Main Street in Martin.

Miscellaneous

VISIT THE LARGEST PANELING CENTER in Eastern Kentucky at Goble Lumber. Over 80 different prefinished panels in stock and as low as \$4.95 per panel. Call Goble Lumber, 874-9281.

Business Opportunity

BUSINESS OPPORTUNITY. Pro Fitness Health & Wellness Center, Inc., 852 South Lake Drive, Prestonsburg, has openings for the following types of businesses: Hair salon/barber shop; bicycle sales and repairs; home fitness equipment sales; gymnastics; aerobics; martial arts; professional office; retail sales. If you are interested in these (or other) fitness related businesses, call Don Fields at 886-8604.

Want To Buy

WANT TO BUY: Used three bedroom trailer in good condition. Total electric. Call 874-2802.

Insurance

HEALTH INSURANCE

MEDICARE SUPPLEMENT
Call Lynda Spurlock, 285-9650, days or evenings.

Mobile Homes For Sale

NEW FLEETWOOD 16X76. Three bedrooms, two full baths, five year warranty, free set-up and delivery. All for less than \$225 per month. The AFFORDABLE HOUSING MART, 537 New Circle Road, Lexington, KY; 606-293-1600 or 800-755-5359.

HINDMAN MOBILE HOMES
HWY. 80, HINDMAN 606-378-3143

Your Fairmont dealer for new and used homes. Nice new 28x70 with Thermopane windows, dishwasher, fireplace, patio door, two skylights, picture window, plush carpet with tack strip, 2x6 sidewalls and more. \$43,900. Also, 26x40 for \$26,000; 28x56 for \$38,300. Call now! 606-785-5985.

MAY SPECIAL: New Indies Brandywine doublewide glamour home. Over 1,700 sq. ft. Fireplace, den, deluxe kitchen, central air. Free set up and delivery for less than \$368 per month. The AFFORDABLE HOUSING MART, 537 New Circle Road, Lexington, KY; 606-293-1600 or 800-755-5359.

IF YOU CAN AFFORD \$5 A DAY, you can own your own home. Call 606-478-4500.

HOME SWEET HOME: New Fleetwood deluxe doublewide. Over 1,280 sq. ft. Deluxe kitchen, three bedrooms, two full baths, plush carpet. Free set-up and delivery, all for less than \$295/month. The AFFORDABLE HOUSING MART, 537 New Circle Road, Lexington, KY; 606-293-1600 or 800-755-5359.

FOR SALE: Two bedroom mobile home. Air conditioner and porch. Call 886-9240 after 5 p.m.

1993 BRANDYWINE INDIES 16X72. Two bedrooms, two full baths, spacious kitchen. Take over payments. Call 478-1893 and leave message; or call 478-9011, ask for Pauline.

MOBILE HOME LOANS from Green Tree Financial. Sellers/Buyers/ Owners. 5% down payment. Refinance/equity loans; land and home loans; realtor calls welcome. Call 1-800-221-8204.

NEW FLEETWOOD 16' WIDE. Five year warranty, central air, free set-up and delivery. All for less than \$175 per month. The AFFORDABLE HOUSING MART, 537 New Circle Road, Lexington, KY; 606-293-1600 or 800-755-5359.

Carpentry Work

RESIDENTIAL CONSTRUCTION WORK. Roofing specialist. Residential homes only. New homes and remodeling. Over 20 years experience. Call Ricky Yates at 886-3452 or 874-9488.

ROGER ROWE CONSTRUCTION

Complete house building, remodeling, additions, garages, decks. For all your building projects, call 886-6528.

CARPENTRY WORK, ALL TYPES: New homes from ground up; remodeling or additions; all finish work; drywall; painting (interior, exterior and trim work); all types concrete work, driveways, sidewalks, foundations, etc.; any size pole buildings; garages; decks. Over 20 years experience. Robie Johnson Jr., call anytime, 886-8896.

Contractors

BACKHOE AND DUMP TRUCK FOR HIRE. Call 886-9246.

MARTIN EXCAVATING. Dozer and backhoe work. Specializing in house sites. Call 377-6210.

JAN AND DOUG'S CONTRACTING. Vinyl siding, roofing, kid's playhouses, porches and decks, storage buildings, carports, remodeling, all types underpinning. No job too large or too small. Free estimates. Call 874-9608.

Lawn Services

SELECT LANDSCAPING: Guarantee all work. Commercial and residential. From new jobs to trimming, maintenance and grass cutting. For a whole new look, call 874-1214 for free estimates.

Roofing & Siding

EAST KY GUTTER, SIDING AND ROOFING 5" and 6" seamless gutters; siding; shingle roofs; replacement windows. We now accept MC and VISA. Free estimates. Call James Hall at 285-9512 or 1-800-277-7351.

CHECK THIS OUT!!

All types of roofing and the area's most competitive prices on vinyl siding and replacement windows. Complete roofing service, commercial and residential. Built up rubber, shingles and metal. Guaranteed satisfaction you can afford. Call **BUDGET ROOFING and REMODELING** at 606-886-2420 or 606-874-2653.

WILL DO SHINGLE WORK of any kind, patch work or complete roofing job. Lowest prices in town. Have ten years experience and can furnish references. Call 606-874-2755, ask for Brian.

New & Used Furniture

ALLEN FURNITURE ALLEN, KY
Living room suits; daybeds; gun cabinets; bedroom suits; recliners; odd chests; dinette sets; bunk beds; odd beds; loungers; used washers, dryers, refrigerators; and lots more! Call 874-9790.

THE BARGAIN BARN
New and Used Furniture and Appliances

Located across from the BP Station on Rt. 122 at Minnie. We have a large selection of washers, dryers, stoves and refrigerators as well as kitchen tables, mattresses, living room sets, recliners, bunk beds and bedroom sets. Call 377-0143.

WOULD LIKE TO BUY good used furniture. Stoves, refrigerators, washers, dryers (30 day exchange); bedroom, living room sets; chests; dressers; beds; air conditioners; old kitchen cabinet; four chairs; waterbeds; wringer washers; much more. Come on by to say "Hi" and check us out! Between Goble Lumber and Lancer intersection on Rt. 1428 (cross bridge to Goble Roberts, follow signs). Call 886-8085; or 889-9898 after 5 p.m. Open M-S.

Plumbing

PORTER PLUMBING COMPANY
Allen, KY
Commercial, residential and service work. Licensed and insured. Rotor roter service, drain cleaning, etc. CALL US FIRST! 874-2794.

Legals

BID NOTICE

The Floyd County School Food Service is accepting "Sealed Bids" for Cafeteria Food, Supplies, Milk, and Bread Products until June 7, 1996, 10 a.m. For bid specifications, contact Sharon Newsome-Jarvis, School Food Service Director at 606-886-2354.

The Floyd County Board of Education reserves the right to reject any or all bids.

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-0168, Renewal

In accordance with the provision of KRS 350.055, notice is hereby given that Sandy River Mining Corporation, P.O. Box 218, Rt. 23, Ivel, Kentucky 41642 has filed an application for renewal of an underground coal mining and reclamation operation. The existing operation will affect a surface disturbance of 10.74 acres and will underlie an additional 143.59 acres for a total proposed permit acreage of 154.33 located 3.50 miles west of Harold in Floyd County.

The proposed operation is approximately 1.50 miles southwest from KY 2030's junction with KY 1426 and located 3.50 miles west of the Levisa Fork of the Big Sandy River. The latitude is 37° 31' 20". The longitude is 82° 40' 37".

The operation is located on the Harold U.S.G.S. 7 1/2 quadrangle map. The surface area to be disturbed is owned by Bernard Clark, Ronald Newberry, Willie Lawson. The operation will underlie land owned by Bernard Clark, Ronald Newberry, Willie Lawson, Vernon Case, Aaron Tackett, John P. Hall, Henry Harvey, Parsons Estate and George Kidd. The operation will use the contour/auger and underground methods of mining.

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 2705 South Lake Drive, Prestonsburg, KY 41653. Written comments, objections, or requests for a permit conference must be filed with the Director of the Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, KY 40601.

PUBLIC NOTICE

The Floyd County School District is preparing applications for the use of federal funds for the education of children with handicaps in the Floyd County Schools System. These applications specify that a free and appropriate public education will be provided to all children and youths ages 3 through 21 who are residents of the Floyd County School System District.

These applications will be on file in the Office of the Floyd County School System for a period of 30 days beginning May 1, 1996 through May 30, 1996. Any interested persons may review copies of the applications and make written comments at the Superintendent's Office, Arnold Avenue, Prestonsburg.

Considerations will be given to all comments prior to the submission of the final copy of the application to the Department of Education.

Dr. John L. Balentine
Superintendent
Floyd County Schools

NOTICE

The City of Prestonsburg will be taking bids on their 1995-96 audit. Please have bids in by June 30, 1996. If you have any questions, please call City Hall, 606-886-2335, extension #18.

NOTICE TO BIDDERS

Sealed proposals will be received in duplicate by Argabrite Associates Architects, Inc. at the office of Randall Burchett, Architect, 529 North Lake Drive, Prestonsburg, Kentucky 41653, until 2 p.m., local time, Tuesday, June 18, 1996, for furnishing all labor, materials, supplies, equipment, services, etc. for the Historic Renovation of the Samuel May House, Prestonsburg, Floyd County, Kentucky. All materials and supplies will be purchased through the City of Prestonsburg.

Plans and specifications may be obtained from the Friends of the Samuel May House, agents for the City of Prestonsburg, Attention: Randall Burchett (606) 886-3929. Plans are also available in the Plan Rooms of the F.W. Dodge Corporation, Lexington and Louisville, KY. A deposit of \$50 (in check form), made payable to Friends of Samuel May House, will be required for each set of plans. Deposits will be refunded to the Contractor upon return of documents in good condition, within 10 days of receipt of the bids.

A pre-bid meeting will be held at the site of the May House at 10 a.m. Thursday, June 6, 1996.

No bids received after the date and time designated will be considered.

BID WITHDRAWAL

No bidder may withdraw his bid for a period of thirty (30) days after the date set for the opening of bids. Clerical errors and omissions in the computation of the lump sum shall not be cause for withdrawal of the bid. Bids may be withdrawn in person only, prior to the closing date for receipt of bids.

BONDING

A Bid Bond in the amount of 10% of the bid amount will be required. A 100% Performance and Payment Bond will be required for this project.

RIGHT TO REJECT

The Owner, reserves

the right to reject any and all bids and to waive all formalities and/or technicalities where the best interest of the Owner may be served.

GENERAL INFORMATION

The listing of major subcontractors is required to be submitted with the bid. Construction Completion Date shall be 180 days from the Notice to Proceed Date.

Teaching history's important lessons

(NAPS)—Will our children be able to end war?
Not without facing history, say two remarkable children's books.

While it might be a natural tendency to want to shield children from learning about war, there are some important lessons that cannot be learned without exploring its dynamics.

These books, for children 6 to 9 years, help define the insidious nature of war and how it affects everyone, from child to adult.

"There is only one way to answer the question, 'When will war end?', and that is to face history and learn from our mistakes," said publisher Yaacov Peterseil.

"It is a good sign that children still ask this question, but we have to be sure that our answers are better than the question itself, that the fears of war are outweighed by the hope of peace."

These books can help parents come up with the right answer

Best Friends by Elisabeth Reuter, tells the Holocaust-era story of two German schoolgirls, one Christian and one Jewish. As Nazi propaganda insidiously intrudes into their classroom, starting with portraits of Hitler and followed by the systematic degrading of Jewish kids like Judith, her best friend

Lisa is confronted with the very real dilemma: Do I fight the stream or join it?

Without overburdening children with war's horrors, this simple human story challenges them to think about "different kinds of people and how they are accepted, rejected or reacted to because of who they are."

The End of War by Irmela Wendt poses the age-old question: "Will war ever end?" by using the biblical Cain and Abel story. Cain is portrayed as the ultimate source of warfare and mayhem, unleashed throughout history as a rampaging juggernaut. Only when he returns to his own roots, remembering the brother whose life he took, is he capable of shedding the jaded armor of war and rediscovering his own humanity.

Pitspopany Press of Jerusalem, Israel is the publisher of both these books, which they have translated from the German. It is certainly fitting that two countries pre-occupied with both the anguish of war and the hope for peace should produce such meaningful works.

The End of War and Best Friends are available in local bookstores or by calling toll-free 1-800-232-2931.

Strokes Of Luck

(NAPS)—With a stroke of luck and a little skill any golfer can win BIG at the DuPont World Amateur Handicap Championship. Just by registering for the tournament everyone is automatically entered into a drawing which will feature prizes like a luxury automobile, vacations, golf clubs and more. A little skill can win one of the more than 900 other prizes, and trophies including the title of World Champion.

The world's largest amateur golf tournament, now in its 13th year, the

1996 DuPont World Amateur Handicap Championship will again be played in Myrtle Beach, South Carolina, on more than 50 golf courses. It is a four-day, 72-hole flighted tournament (meaning you play with golfers at your skill level) and is open to any amateur golfer with a verifiable USGA handicap or its equivalent.

Here are some fun facts about this year's event that might surprise you.

- Expected number of players is more than 4,000 including both men and women.

- Ages expected from teens to nineties.

- Awards, trophies and drawing prizes with a total value of \$250,000 will be given away.

- 6,000-7,000 people gathering nightly in the world's largest 19th hole, the Myrtle Beach Convention Center, for fun, food and drink.

Here are some of the dates you should jot down: The tournament runs from August 26th-29th, with a play-off on August 30. The deadline for entry is July 19, 1996.

Two of the reasons for the continued popularity of this tournament is that the competition is friendly, and the play is on beautifully landscaped, championship courses.

Last year's grand drawing was a deluxe, luxury automobile. Other prizes included a variety of trips and other outstanding prizes. This year's prizes, which have a total value of \$250,000, will be similar.

The DuPont Company of Wilmington, DE is the title sponsor of the tournament. Presenting sponsors include LaMode Apparel Group, Datrek Professional Bags, Inc., and The Glenlivet. Supporting sponsors are Rosenbluth International, Olympus America Inc., Wilson Sporting Goods, USAir, and Golf Training Systems Inc.

BRIGHTEN UP YOUR AD

Add color to your classified word ad for only \$5 more on Friday!

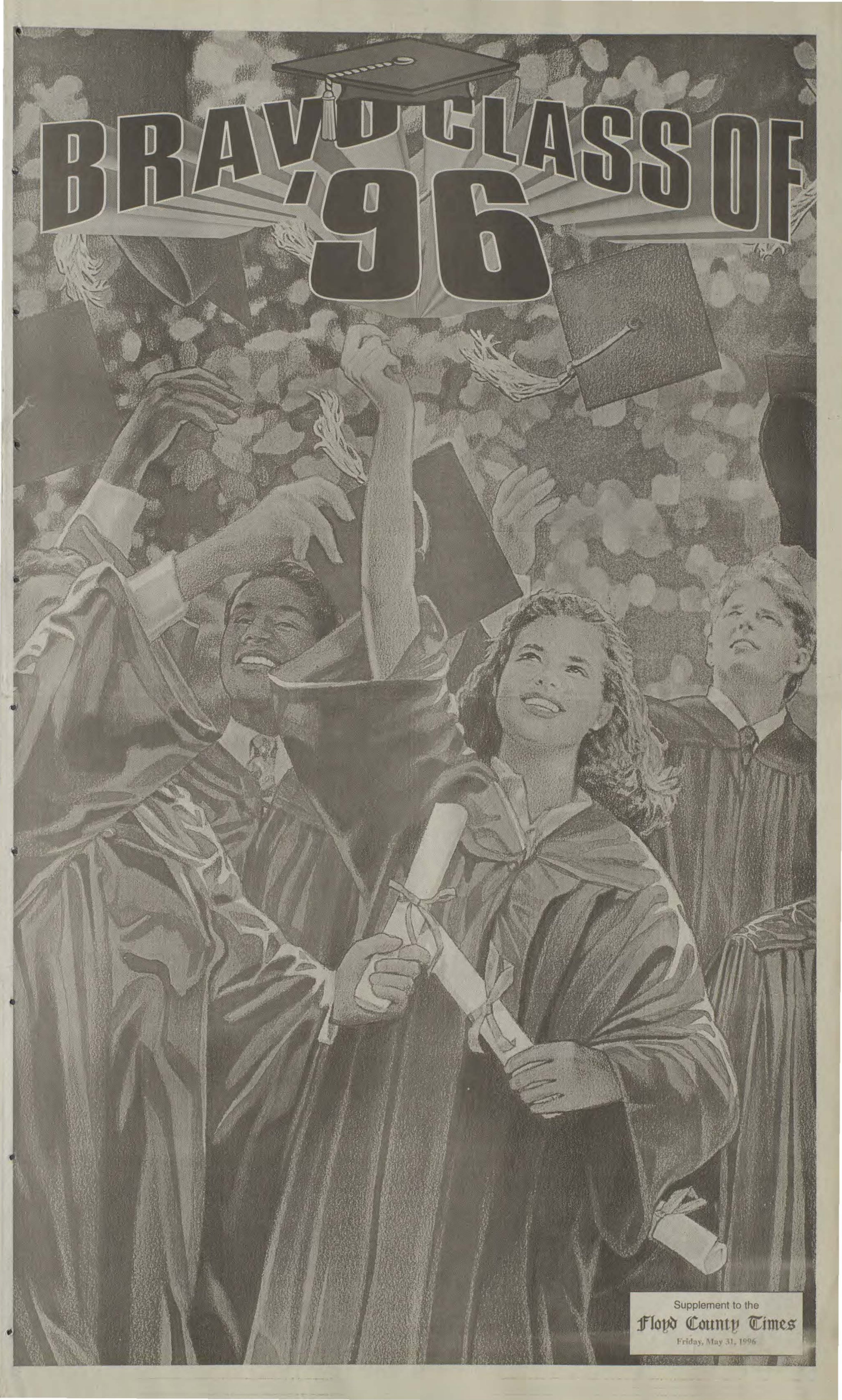
Call Kari at The Floyd County Times to schedule your color ad for Friday 886-8506

Here are three examples of how to make your ad stand out.

HEATING & AIR CONDITIONING
24-hour emergency service
Call 000-0000

For Hire:
Woods Backhoe, Dump Truck and Dozer.
Will haul gravel, dirt and install septic tanks.

R.A. TAYLOR CHIMNEY CLEANING SERVICE and PAINTING COMPANY
Both services available anytime
Call 555-0000



BRAVO CLASS OF '96

Supplement to the
Floyd County Times
Friday, May 31, 1996

PCC presents degrees to 186 at annual commencement

One hundred ninety-five degrees were conferred last Thursday night during the 31st Annual Commencement of Prestonsburg Community College. These degrees were presented to students who applied for degrees this spring, in addition to graduates who earned their degrees last summer and fall.

The ceremonies were held at the Jenny Wiley State Park Amphitheatre. They were followed by a reception at the park's Convention Center. The featured speaker was Mary Fox, M.D., retired health officer for the Pike County Health Department. Student speaker was Barbara E. Williams of Abbott, a graduate with the Class of 1996.

Various awards were presented, including the Great Teacher Award and Faculty Assembly Service Awards. Recognition also was given to students graduating with distinction (with a grade-point average of 3.4 or higher), those who are listed in Who's Who Among Students in American Junior Colleges, scholarship recipients and members of Phi

Theta Kappa, the national honor society for junior college students.

Candidates for degrees were presented by Dr. Deborah L. Floyd, president; John A. Herald, Dean of Business Affairs; Brenda C. Music, acting dean of Student Affairs, and Paul R. Gearheart, chairman of the PCC Advisory Board. Degrees were conferred by Dr. Floyd.

One hundred five Associate in Arts degrees were conferred. Those receiving AA degrees include Patricia Adams, Bonnie Jean Adkins, Sheila N. Allen, Lisa M. Arms, Amy Lynn Banks, Janet W. Bellamy, Deborah Nieta Bingham, Calista Blackburn, Janet Fay Blair, Lonzie Devon Blankenship, Shirley Ann Blanton, Angela Dara Branham, Stoney Burke, Gina Lea Champlin, Judy Ann Chapman, Michael Jay Childers, Andrea Gaye Clark, Patricia Ann Click, Brenda Fay Coleman, Jondra A. Coleman, Amy C. Conley.

Also, Teena Bea Conley, Bridgett J. Conn, Rick J. Conn, Linda C. Copley, Jimmy Joe Crace, Sheila Slone Crager, Lisa Renee Crum,

Barbara Curtis, Phyllis Jean Daniels, Sharon Lynn Daniels, Yevonda Lynn Deskins, Anita Lou Elkins, Christina Elliott, Bernice Woods Fannin, Tonya Renea Farmer, Carol A. Ferrell, Norma Lee Francis, Diana S. Friend, William Greg Friend, Cheryl Ann Hackworth, Jennifer Lynn Halbert, Earnest Hale Jr., Jamie Lynn Hall, Michelle Hall, Ray Ronald Hall, Diana W. Hamilton,

Also, Jennifer Lynn Holland, Theresa Lynn Horn, Stacia Elizabeth Howard, Sharon A. Johnson, Stephanie L. Johnson, Sue Ellen Johnson, Anita B. Keaton, Mary France Keel, Deborah R. Kiser, Judy Elizabeth Lawson, Chantay Little, Terri Dawn Little, Alexandra B. Mahaffey, Leah Marie Martin, Olive Duff Martin, Tammy Lee McKinney, Malissa Jean Meek, Kelly Elaine Miller, Terri Lynn Moore, Leisha Mosley, Jeffery Dwayne Newsome, Sandra Lynn Osborne, Gregory Paul Powers, Debra L. Ratliff,

Also, Wanda L. Reed, Justin Dean Reichenbach, Kenneth Eugene Rice II, Amie Vanessa Ridener, Dorla Robinette, Lorie Francis Rowe, Chandra Mae Slone, Ginger Rose Slone, Lisa Marlene Slone, Stephen Christopher Slone, Carolyn R. Smith, Kimberly Lynn Spence, Traci R. Spencer, Avalene Stiltner, Rita Kay Tackett, Marnie S. Taylor, Danny William Thacker, Heather Elizabeth Thacker, Wilma Lou Thacker, Denise Marie Trusty,

Toby William Vance, Patricia Jo VanHoose, Michael Brett Varnadore, Claudette Michele Watkins,

Donna Sue Wells, Jody Annette Wheeler, Judy K. Whitaker, Barbara E. Williams, Betty J. Williams, Opal Doreane Williams, Camillia F. Wright, Christina Denice Wright, Pamela Sue Wright, Agnes Irene Younce.

Sixty-one Associate in Applied Science degrees were conferred. Recipients of AAS degrees include Josephine Adkins, Tina Lynn Adkins, Natalie Albright, Joanie Lynn Barrowman, Gina Dawn Belcher, Jerry W. Bevins, Cleta C. Blair, Michelle Lynn Blair, Kristina M. Brown, Wendi Renee Brown, Mary Lou Caldwell, Dennis Edwin Coleman, Shellia D. Daniel, Juanita Sue Daniels, Cora Diane Deskins, Rodean Dye, Monica Lynn Estep, Catherine Sue Evans, Jeannette Fitch, Tammy Fletcher, Sandra Denise Frederick,

Terry DuMaurier Garten, Steven M. Gauze, Gloria G. Gibson, Lisa A. Gray, Earnest Hale Jr., Ruth Denise Hall, Sheila Hall, Christy Michelle Hamilton, Barbara J. Hunt, Amy Sue Huntley, Julia M. Johnstone, Rosalie Reed Jude, Karma Jane Kimbler, Leetha Diann Lafferty, Janice L. Little, Brenda Kay Marcum, Marsha Ann Martin, Cathy Jean Maynard, Ruth T. Maynard, LeighAnna Marie Meade, Rhonda L. Meade, Tammy L. Minix, Lisa Renee Newsome,

Pauline Nichols, Karen K. Osborne, Also, Deborah Lynn Ousley, Jeffrey Shawn Owens, Barry Avery Preece, Sherry L. Preston, Rhonda Regina Price, Suda Rife, Margaret Sue Risner, Susie Michelle Rister, Gary E. Ryan, Gregory Slone, Valerie Slone, Kristi Renee Taylor, Patricia Lynn Taylor, Michelle Yvonne Thompson, Kathy Sue Ward.

Twenty-nine Associate in Science degrees were conferred. Those receiving AS degrees include Daniel Jo Allen, Patricia Lynn Baldrige, Marsha Sue Brown, Betsey Lynn Collins, Joey Michael

Conn, Linda C. Copley, Glenda Mae France, Robert N. Francis, Sharon Jeanette Haden, Heather Renee Hammond, Joseph Leonard Horn, Stacia Elizabeth Howard, Paula Howell, Reford Chad Hunt, Aaron Keith Kidd, John Lemaster, Tammy Lee McKinney, Stacy Renee Meade.

Also, Barbara Peters, Amie Vanessa Ridener, Susan Renee Roberts, Dorla Robinette, John Christopher Robinson, Stephen Christopher Slone, Kimberly Lynn Spence, Christina Marie Tackett, Anthony Brian Taulbee, Diana Lynn Thacker, Andrea Lynn Waugh.

Payne graduates from ECU

Amy Jo Payne, the 24-year-old daughter of Joan Payne of Bypro, and the late Warren Wallace Payne, Jr. graduated from ECU on May 11.

Payne graduated with a Masters Degree in Criminal Justice from Eastern Kentucky University's College of Law Enforcement. The graduation ceremony was held at 3 p.m. in the Stone Fitness Center, located in the Stratton Bldg. on E.K.U.'s campus.

Ms. Payne graduated from Eastern Kentucky University with her Bachelor of Science Degree in December 1993. In January 1994, Ms. Payne was hired by the Administrative Office of the Courts, Division of Pretrial Services, where she is currently employed in Fayette County.

Payne is a 1989 graduate of Wheelwright High School. She then attended Berea College for two years to complete general education requirements for her B.S. degree and then transferred to E.K.U. to complete her degree.

She is the maternal granddaughter of Mildred Hatfield of Weeksbury and the late Enoch Hatfield. She is the paternal grand-



Amy Payne

daughter of Warren Payne, Sr. of Bluefield, West Virginia and Wanda Walk of River Rouge, Michigan.

She plans to continue working within the criminal justice system while seeking to obtain her Ph.D. or J.D. (law) degree from an accredited university in the upcoming future.

Prestonsburg native among graduates at U of L May 12

French B. Harmon, a native of Prestonsburg, was among approximately 2,000 students who participated during University of Louisville commencement ceremonies May 12. The commencement began at 1:15 p.m. in Freedom Hall at the Kentucky Fair and Exposition Center.

Harmon received his master of higher education degree.

Elaine L. Chao, former president of United Way of America and wife of Kentucky Senator Mitch McConnell, was the keynote speaker at the ceremony and was one of four who received honorary degrees. Prior to joining United Way, Chao was director of the

Peace Corps, the world's largest international volunteer organization.

Honorary degrees also were awarded to Professor Frank Walbank, recognized as one of the world's most noted living ancient historians; Sharon Porter Robinson, assistant secretary of education who was among one of the first African Americans to graduate from the University of Kentucky; and Bernie Dahlem, a Louisville businessman who has made numerous contributions over the years to the U of L Speed Scientific School.

For more information, call the U of L Office of News and Public Information, (502) 852-6171.



College lapel

Mary Fox, M.D., (left) retired health officer of the Pike County Health Department, receives a college lapel pin from Dr. Deborah L. Floyd, president of Prestonsburg Community College, after speaking at PCC's 31st annual commencement, held Thursday, May 16, at Jenny Wiley State Resort Park.

BRAVO CLASS OF '96

You Really Made The Grade!

You've worked hard. You've earned the respect of your teachers and peers. And now you're on your way up to a whole new level of challenges. Whether it's grade school, high school or beyond, we applaud the accomplishments of graduates of all ages for their commitment to improving their minds and their futures.

Good For You!

JCPenney

DOING IT RIGHT™

Weddington Plaza, Pikeville

Seven nurses pinned in ceremonies at PCC

Graduates of Prestonsburg Community College's Associate Degree Nursing Program were pinned in ceremonies held Friday, May 10, at 7 p.m. at Irene Cole Memorial First Baptist Church in Prestonsburg.

The graduates marched in and out to selections performed by Michael Conley. Melanie Slone, vocalist, performed two songs during the program.

The invocation was given by Barry Preece, a nursing graduate.

and the welcome was given by Lynn Weddle, coordinator of the Associate Degree Nursing Program, and Dr. Deborah L. Floyd, president of PCC.

Weddle also introduced the nursing faculty and staff, including Margaret Baldrige, Jenny Bottoms, Judy Briggs, Charlene Carrell, Kimberly DeRossett, Myra Elliott, Clara Garrett, Paula Gibson, French Harmon, Patsy Jackson, Glennis Little, Della Music, Susan Stewart and Alice Thompson. Other PCC faculty and staff were also recognized.

French Harmon, health careers advisor, gave the keynote address. Class representative Steven Gauze made brief remarks on behalf of the graduates.

Weddle presented awards to class members, including one for high grade-point average and the Henry A. Campbell Jr. Perseverance Award.

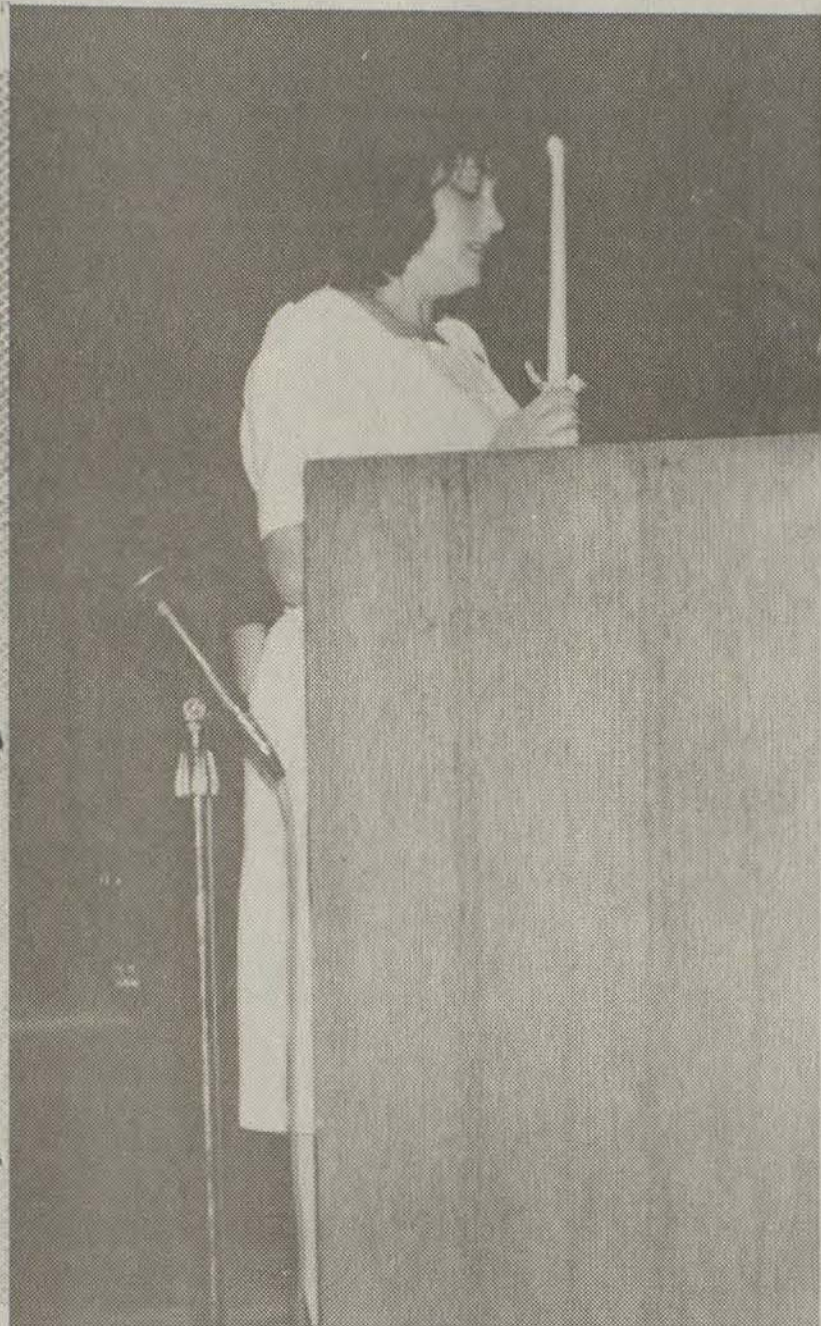
Recognition also was given to nursing students graduating with distinction (with a grade-point average of 3.4 or higher), those whose names appeared on the President's List and Dean's List, those who are listed in Who's Who Among Students in American Junior Colleges, scholarship recipients and members of Phi Theta Kappa, the national honor society for junior college students.

Pins and roses were presented to graduates by faculty members Charlene Carrell, Kim DeRossett, and Clara Garrett. Each graduate received a handshake from Dr. Floyd before Tammy Minix led her classmates in reciting the Nightingale Pledge.

Graduates receiving pins and roses were Catherine Evans, Tammy Fletcher, Steven Gauze, Julia M. Johnstone, Tammy Minix, Karen Osborne, and Barry Preece.

The benediction was given by nursing graduate Catherine Evans.

Recipients of the NSG 100 Achievement Award served as ushers and hosted a reception in the church fellowship hall following the pinning ceremony.



Nightingale pledge

Tammy Minix, of Salyersville, leads her fellow Prestonsburg Community College Associate Degree Nursing graduates in the Nightingale Pledge after they received their pins in ceremonies held May 10 at Irene Cole Memorial First Baptist Church in Prestonsburg.

Local student wins Modern Woodmen of America scholarship

Deborah C. Hall, Topmost has been awarded a \$3,000 four-year Fraternal College Scholarship in national competition with other students who are members of Modern Woodmen of America. Modern Woodmen is a fraternal life insurance society with home offices in Rock Island, Illinois.

Hall, the daughter of Harold and Hilda Hall, Topmost, plans to use the scholarship to attend

Transylvania University, Lexington.

Hall is one of 36 scholarship winners chosen in the 1996 Modern Woodmen Scholarship Program.

Selection is based on students' personal and academic achievement, including the results of the American College Testing (ACT) Program or the Scholastic Aptitude Test (SAT). Qualities of leadership and character and extracurricular

activities were also judged.

During the past 27 years, Modern Woodmen has committed more than \$3 million in financial assistance to 853 students through its Fraternal Scholarship Program.

Applications for the 1996-1997 Scholarship Program will be taken in the fall of 1996. For more information, contact Modern Woodmen of America, 1701 First Avenue, P.O. Box 2005, Rock Island, IL 61201.

GEICO urges drivers to watch out for students as school year ends

Remember the sense of euphoria and exhilaration you felt as a youth when the school year ended? Remember when the long, lazy summer stretched out before you, and it really did seem endless? Well, it's getting to be that time of year again for today's youth, which means drivers need to exercise an extra measure of caution.

"During the school year, most young people are safely off the streets during school hours," said David Schindler, group vice president of Government Employees Insurance Company (GEICO). "During the summer, however, kids play outdoors more often, and young, inexperienced drivers hit the road in greater numbers, day and night."

To help drivers steer clear of

trouble during the summer months, Schindler suggested the following tips:

- Maintain a slow speed and a watchful eye when driving near playgrounds or in residential neighborhoods, particularly when passing a row of parked cars. You never know when a child may chase a ball—or a playmate—into the street.

- To today's teenagers, the shopping mall is the proverbial "home away from home." Be on the lookout for erratic actions by inexperienced drivers in and around mall parking lots: sudden starts and stops, turning without signalling and the like.

- Pedestrian traffic of all ages increases when the weather's warm, and the charms of the season can be

quite a distraction. Be alert for those who don't look both ways before stepping out into the street. This is especially important at night, when the dark clothing favored by many teens can make them more difficult to spot.

"When school's out, driving safely becomes a bit more of a challenge," Schindler said. "With a little extra caution, drivers can help make sure our young people survive the summer and are ready to return to school in the fall."

Crum receives University of Kentucky medical degree

Aaron W. Crum was awarded a doctor of medicine degree from the University of Kentucky College of Medicine at a graduation ceremony held Saturday, May 18.

Emery A. Wilson, M.D., dean, presided at the ceremony which was held at the Singletary Center for the Arts on the University of Kentucky campus.

Crum is the son of James Crum III of Betsy Layne and Delois Howard of Prestonsburg. While at UK, he was an honors council member, 1993-94, and vice president of the Ephraim McDowell Obstetrics-Gynecology Club.

This year, 50 percent of the College of Medicine's graduating

class chose to pursue residency training in primary care. (Primary care specialties are family practice, general internal medicine and pediatrics).

Of the 87 graduates, 38 percent will remain at the UK Chandler Medical Center to receive their residency training.

An additional five percent will enter residency programs at other sites in Kentucky.

The UK College of Medicine ranked in the top 10 primary care medical schools in the United States for the sixth consecutive year, according to an annual survey published this year in the March 18, issue of U.S. News & World Report.



Horne graduates

Kimberly Dawn Horne, the daughter of Mr. and Mrs. Seldon Horne of Prestonsburg, received a bachelor of science degree in nursing arts, during the commencement ceremony, May 11, at Georgetown College. Nikky Finney, assistant professor of creative writing at the University of Kentucky, delivered the commencement address.

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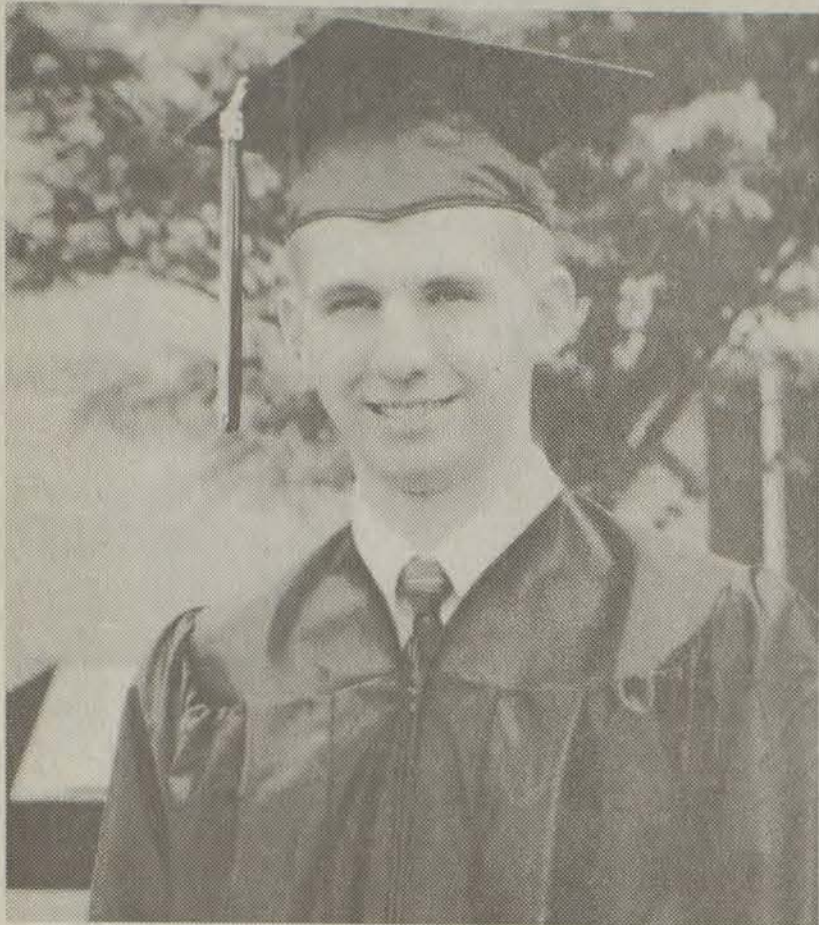
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Students honored by WSAZ



Brandon Stumbo of South Floyd High

Floyd County students are being saluted as the "Best of the Class 1996" on WSAZ NewsChannel 3.

Sharlonda L. Sammons, Brandon Michael Stumbo Jeannie D. Hughes, Charity Ann Salisbury are among the top scholars from the WSAZ viewing area being featured in public service announcements that were videotaped during a luncheon held at the Huntington Museum of Art on May 6.

The announcements will air during June.

Sammons and Stumbo are students at South Floyd High School. Hughes is a student at Allen Central, and Salisbury is a student at Betsy Layne.

Dwale native receives UK pharmacy degree

Megan R. Recktenwald, daughter of James F. Recktenwald of Dwale, and Marlene Stacy of Bristol, Virginia, was awarded a bachelor of science degree in pharmacy from the University of Kentucky this month. The University's commencement program was held at noon on May 5 at UK's Memorial Coliseum.

Following the University's commencement ceremony, the UK College of Pharmacy hosted a special recognition program and reception to honor its 1996 graduates in the UK Student Center Grand Ballroom. During the recognition program, the class received greetings from Jordan L. Cohen, dean of UK College of Pharmacy, Dwaine Green, assistant to the dean for student affairs, presided during the recognition and awards ceremony. This was the college's 126th graduating class.

Michael Cecil receives UK pharmacy degree

Michael T. Cecil, son of Homer and Faye Cecil of Harold, was awarded a bachelor of science degree from the University of Kentucky this month. The university's commencement program was held at noon on May 5 at UK's Memorial Coliseum.

Following the University's commencement ceremony, the UK College of Pharmacy hosted a special recognition program, the class received greetings from Jordan L. Cohen, dean, UK College of Pharmacy. Dwaine Green, assistant to the dean for student affairs, presided during the recognition and awards ceremony. This was the college's 126th graduating class.

This spring, a total of 42 pharmacy students received bachelor of science degrees from the UK College of Pharmacy, and another 64 students received doctor of pharmacy degrees. To date, the UK College of Pharmacy, which had its inception in 1870, has graduated 5,000 pharmacists.

Be prepared, get applications early at PCC

As with almost everything else, it pays to be early when making plans to begin your college education.

Those who apply early should have fewer problems registering for classes, obtaining financial aid and other steps in the college-entrance procedure, according to Gia Hall, registrar/admissions officer at Prestonsburg Community College.

Once the formal Application for Admission is received in the admissions office, Hall said, the student will receive various correspondence and other information from the college, informing him/her of the other steps necessary to complete the admission/entrance process.

One advantage to applying early, Hall said, is that the student may take advantage of the July Orientation & Assessment program.

Those who attend the early Orientation & Assessment program are allowed to register for 1996 fall semester classes in July rather than waiting until open registration, which begins in August.

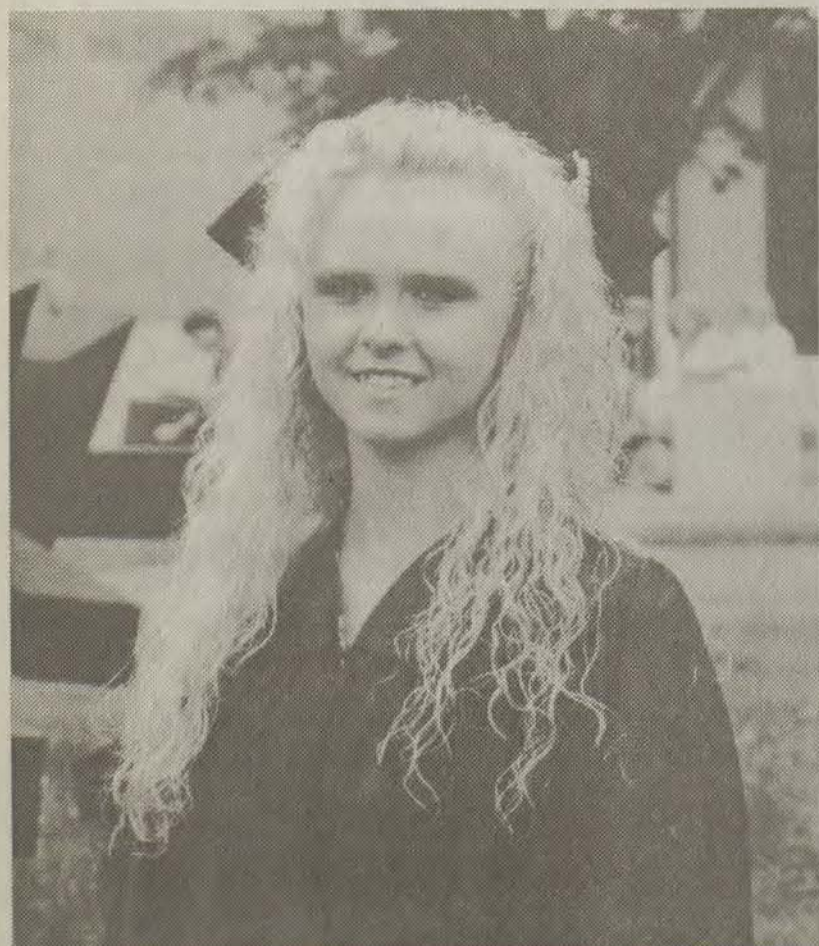
Additional information about applying for admission to PCC may be obtained by calling 886-3863 or 432-4800.



Charity Ann Salisbury of Betsy Layne High

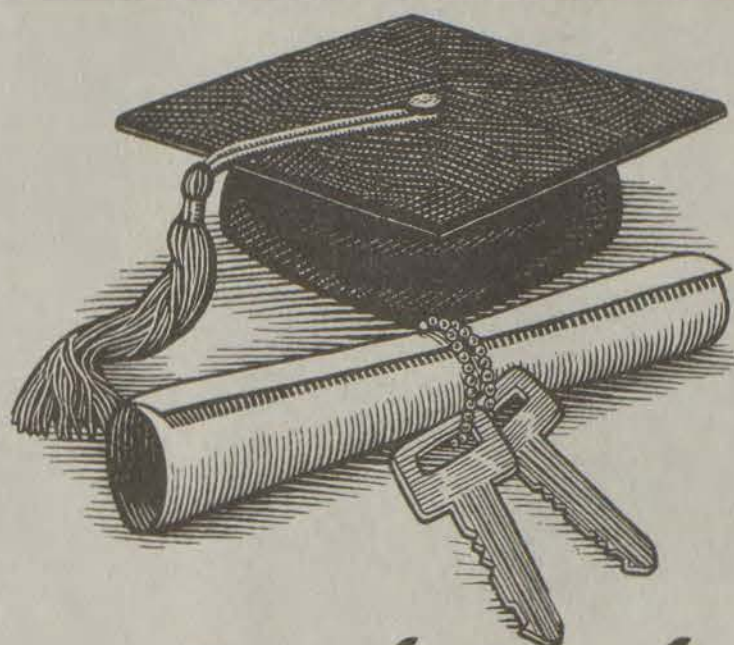


Jeannie D. Hughes of Allen Central High



Sharlonda L. Samons of South Floyd High

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What is Federal Supplemental Educational Opportunity Grants?

What is a Federal Supplemental Educational Opportunity Grant?

A Federal Supplemental Educational Opportunity Grant (FSEOG) is for undergraduates with exceptional financial need, that is, students with the lowest Expected Family Contributions (EFCs), and gives priority to students who receive Federal Pell Grants. An FSEOG doesn't have to be paid back.

How much can I get?

You can get between \$100 and \$4,000 a year, depending on when you apply, your level of need, and the funding level of the school you're attending. You may be eligible for more if you're enrolled in a study-abroad program.

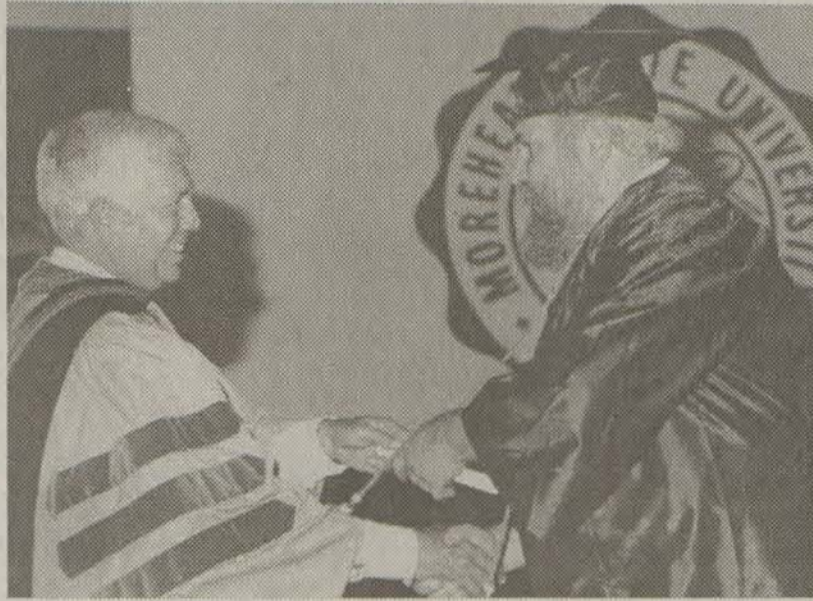
What's the difference between an FSEOG and a Federal Pell Grant?

The U. S. Department of Education guarantees that each participating school will receive enough money to pay the Federal Pell Grants of its eligible students. There's no guarantee every eligible student will be able to receive a FSEOG; students at each school are paid based on the availability of funds.

How will I be paid?

Your school will credit your account, pay you directly (usually by check), or combine these methods. Schools must pay students at least once per term (semester, trimester, or quarter). Schools that do not use tra-

ditional terms must pay you at least twice during the academic year, unless the total FSEOG aid you receive is \$500 or less, in which case a single payment per academic year is allowed.



MSU spring commencement

Morehead State University conferred degrees on more than 800 undergraduate and graduate students at its recent 1996 Spring Commencement. Among the degree recipients was Tim Sizemore of Prestonsburg, right, who received personal congratulations from MSU President Ronald G. Eaglin. Sizemore was a candidate for the Bachelor of Arts degree. (MSU photo by Tim Holbrook)

Question authorities:

Five must-ask questions when shopping for a student loan

All federally guaranteed student loans are not created equal. Despite outward appearances to the contrary—such as identical interest rates and origination fees—education loans may differ substantially from lender to lender and these differences can affect what it costs you. Sallie Mae, the nation's largest source of funds for higher education, advises: caveat borrower. Be sure to compare lenders and find the answers to these questions:

1. Does the lender offer any borrower discounts?

The loans of borrowers who pay on time are generally cheaper to service than those of borrowers who need reminder notices or fall behind on their payments. Many lenders reward on-time borrowers with interest rate reductions or account credits. Banks that partner with Sallie Mae, for example, reduce borrowers' interest rates by two full percentage points after the first 48 payments are made on time. They also will credit a borrower's account with an amount equal to the loan origination fees paid to the federal government (i.e. three percent of the loan), less \$250, after a borrower makes the initial 24 payments on time. Borrowers with \$20,000 in loans can save more than \$1,800 in loan costs (at an 8.25% interest rate) by taking advantage of these money-saving programs.

2. Do you get a choice of flexible repayment plans?

Look for lenders that offer a wide range of flexible repayment alternatives. While some borrowers may be content to make level payments for each month of the 10-year term, others may prefer making lower payments in the early years of repayment that step-up incrementally later as they are able to afford more. Sallie Mae lenders, for instance, offer borrowers the option of making interest-only payments for the first two or four years, or they can opt for an Income Sensitive Account, which bases their monthly payments on a percentage (between 4% and 20%, which is selected by the borrower) of a borrower's gross monthly income.

3. If I need more than federal education loans, do you have other programs to finance college?

There are strict borrowing limits through federal loan programs, ranging from \$2,625 for most freshmen to \$5,500 for the majority of juniors and seniors. These borrowing caps often create the need for other sources of funds for college. Borrowers should compare the interest rates and other loan features of these supplemental loans and ensure that, once the loans are in repayment, they can be combined with a borrower's federal loans and treated

as one account.

4. Is electronic payment available?

Many borrowers appreciate the simplicity and reliability of electronic payments, where loan payments are automatically deducted each month from a borrower's savings or checking account. This hassle-free payment method can also cut costs. Sallie Mae lenders cut 1/4 of a percent off the interest rate when payments are made electronically.

5. How good is customer service?

Don't take the servicing (i.e. collecting the loan payments) of your loan for granted. Because you'll be dealing with the servicer for the better part of a decade, find out all you can. Is toll-free customer service available around the clock? Can the servicer answer questions about your account on the spot? Does it have the experience to help should you need special attendance?

For more tips on choosing a lender, call for Sallie Mae's free guide. Borrowing for College at 1-800-891-4595.

To succeed in chaining the multitude, you must seem to wear the same fetters.

—Voltaire

Good Luck and Congratulations Class of '96

You're an outstanding group, with a winning attitude that's sure to carry you far. Our best wishes to you all.

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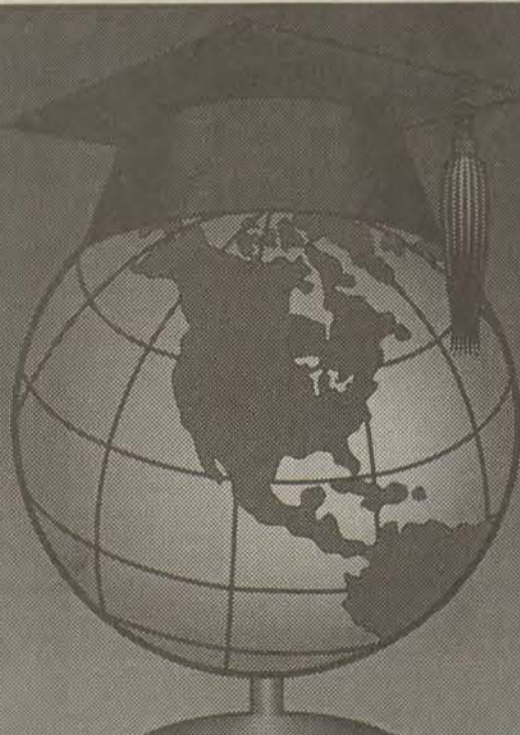
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Making an investment in education pay off by choosing a school carefully

Education after high school costs you time, money, and effort. It's a big investment, and you should carefully evaluate the school you're considering. You ought to know what you'll be getting for your money. When you enroll in school, you expect to study certain subjects, or maybe learn certain skills, that will help you get a specific job. Will you? A lot depends on how well you choose the school you'll attend. To find out about a school, you need to:

- check the school's accreditation. Ask the school representative for the names of the school's accrediting and licensing organizations, which can give you information about the school. You also have the right to ask the school for a copy of the documents describing the school's accreditation and licensing. If a school is accredited, an approved private educational agency or association has evaluated it and found it meets certain minimum requirements that the agency has set. But don't assume that if a school is accredited that's all you need to know.

- Find out for yourself about the school's programs. Is the program the school offers necessary to get a job in your chosen profession? How much are you likely to earn after you complete the program? Ask potential employers if you need education beyond high school to be considered for employment (maybe employers will provide on-the-job training instead). Does the school have a good reputation among the professionals in your chosen field of study? How long has it been in business? Does it seem to be economically stable and of high quality? How many students are in most classes? Do instructors have office hours when you can meet with them?

- If you're attending a school that offers training using equipment, make sure the number of students in each class is not so large you never get to use the equipment. If a school advertises a certain kind of equipment, make sure it actually has that equipment. Is it modern, and is it what you expect to use in your field later on? Are facilities and services available and accessible to accommodate persons with disabilities? What are the qualifications of the faculty?

- Find out how much course work is required to complete the program. Ask how many students successfully complete the program. A high dropout rate could mean students weren't satisfied with the education they were receiving.

- It's also a good idea to talk to recent graduates about the school's courses, its professors or instructors, even its social life and living facilities, if applicable. And, remember, just because a school participates in the federal student aid programs does not mean the U.S. Department of Education has endorsed the quality of the education the school offers. The department does not approve a school's curriculum, policies, or administrative practices, except as they relate to how the school operates the federal student financial aid programs.

- It's up to you to check out the school.

- Find out about the school's loan default rate. This rate refers to the percentage of students who attended the school, took out federal student loans, and later went into default. If a school you want to attend has a default rate of 15 percent or more for the Federal Perkins

Loan Program or 25 percent or more for the Federal Family Education Loan Program (FFEL), there may be some restrictions on borrowing under those programs to attend that school.

- Find out about the school's job placement rates. You'll want a job in your chosen field after you leave school. Ask the school for its job placement rate. Check with former graduates and prospective employers as well. What's the placement rate of your chosen profession in general? If the school advertises its job placement rates, it must also publish the most recent employment statistics, graduation statistics, and any other information necessary to back up its claims. This information must be available at, or before, the time you apply for admission to the school.

- Does the school provide instruction on topics you'll need to know for state or professional certification? If the school advertises job placement rates, it must tell you what the state licensing requirements are for a particular job. If a school says it will help you find a job, what does this include? Will the school contact potential employers and set up interviews? Will you receive counseling on how to obtain and keep a job?

- Find out about financial aid availability.

You have the right to receive the following information from the school:

- The financial assistance that is available, including information on all federal, state, local, private, and instructional financial aid programs. Ask specifically about the educational program that interests you, because even if a school is eligible to participate in the federal student aid programs, some of its educational programs might not be eligible.

- How a school selects financial aid recipients and the procedures and deadlines for submitting applications for each available financial aid program.

- How the school determines your financial need. This process includes how costs for tuition and fees, room and board, travel, books and supplies, and personal and miscellaneous expenses are considered in your cost of attendance. It also includes the resources considered in calculating your need (such as parental contribution, other financial aid, and assets). You also have the right to know how much of your financial need has been met.

- How the school determines each type and amount of assistance in your financial aid package. You also have the right to ask the school to reconsider your aid package if you believe a mistake has been made or if your enrollment or financial circumstances have changed.

- How and when you'll receive your aid.

- How the school determines whether you're making satisfactory academic progress, and what happens if you're not. Whether you continue to receive federal financial aid depends, in part, on whether you make satisfactory academic progress.

- The interest rate on any student loan you may receive, the length of time you have to repay, when you must start repayment, and what cancellation, discharge, forbearance, or deferment (postponed) provisions apply.

- If you're offered a Federal Work-Study job, what the job is, what hours you must work, what

your duties will be, what the rate of pay will be, and how and when you'll be paid.

- The location, hours, and counseling procedures of the school's financial aid office.

- Ask the financial aid office about the school's refund policy. You have the right to know what your school's policy is. If you enroll but never begin classes, you should get most of your money back. If you begin attending classes, but drop out before completing your coursework, you may be able to get part of your money back, and you may even be required to pay additional expenses. Ask the school about these issues and for examples of the school's refund policy. Keep in mind that if you receive federal student aid for Federal Work-Study—and a refund is made, some or all of that money will be returned directly to those aid programs or to

the lender for your loans.

NOTE: Even if you don't finish your coursework, you'll have to repay the loan funds you received, less any amount returned to your lender by the school.

The school must explain its refund policy, in writing, to all student—prospective as well as current.

Check several sources for the answers to all your questions about a school. Talk to high school counselors, local employers, and the state higher education agency. See if any complaints about the school have been filed with the local Better Business Bureau, Chamber of Commerce, or consumer protection division of the state attorney general's office. Contact these organizations if you have a complaint about a school.

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Local students graduate from CU

Campbellsville University graduated 167 seniors including two Floyd countians, Saturday, May 4, at a combined baccalaureate/commencement ceremony in the university's Powell Athletic Center.

Degrees were conferred on the students upon the completion of all course and degree requirements.

Marcha Leverne Wilson Thompson, of Campbellsville, graduated with a bachelor of arts degree with a music area, a piano emphasis and a psychology major. Her parents, are the Rev. Charles and Marjorie Wilson of Wheelwright.

Her husband, James Douglas Thompson, also graduated with a bachelor of arts with a music area,

church music minor and voice emphasis. Both graduated cum laude.

Mark Moret Taylor of Martin, earned a bachelor of science degree with a religious education major and recreation minor.

His parents are Russ and Gloria Taylor of Martin.

Campbellsville University, founded in 1906, is a private, four-year, comprehensive institution located in South Central Kentucky. It is affiliated with the Kentucky Baptist Convention.

Wiley graduates from Midway College May 11

Jenny Lynn Wiley of Hippo was one of the nearly 180 graduates who received degrees during Midway College's commencement ceremony May 11 at the Fannie H. Graves Amphitheater.

Wiley received an associate of arts degree in nursing.

The group was the largest graduating class in the 149-year history of the state's only college for women.

Dr. Karen Bearden, president of the Bearden Group, Louisville-based human resources consulting firm, and a new member of the

Midway College Board of Trustees, delivered the commencement address, "Time, Order and the Future."

Bearden, who dedicates much of her personal time and expertise supporting colleges in Kentucky, also serves on the Board of Regents at Northern Kentucky University and the University of Louisville's Board of Overseers, Alumni Board of Association and its College of Business and Public Affairs Advisory Board. She is also a former trustee of the University of Louisville.



Tina M. Benge

Benge receives Master's Degree in Nursing

Tina M. Benge, the daughter of Thelma Benge, of Staffordsville, and the late David F. Benge, graduated from the University of Kentucky on May 5 with a Master of Science degree in nursing.

Benge and other College of Nursing graduate students participated in a hooding ceremony and were guests at a reception on May 3 at the Singletary Center for the Arts.

Benge is one of 72 nursing students to receive a master's degree this year. Fifty-one of those students studied on the main campus at UK, while 21 worked toward their degrees at the Center for Rural Health in Hazard.

Benge currently resides in Holland, Michigan, and plans to continue her education and receive a Ph.D. in nursing.

What is Federal Work-Study; how much can I make?

What is Federal Work-Study?

The Federal Work-Study (FWS) Program provides jobs for undergraduate and graduate students with financial need, allowing them to earn money to help pay education expenses. The program encourages community service work and work related to your course of study.

How much can I make?

Your FWS salary will be at least the current federal minimum wage, but it may be higher, depending on the type of work you do and the skills required. Your total FWS award depends on when you apply, your level of need, and the funding level of your school.

How will I be paid?

If you're an undergraduate, you'll be paid by the hour. If you're a graduate student, you may be paid by the hour or you may receive a salary. No FWS student may be paid by commission

or fee. Your school must pay you directly at least once a month.

Are Federal Work-Study jobs on campus or off campus?

Both. If you work on campus, you'll usually work for your school. If you work off campus, your employer will usually be a private non-profit organization or a public agency, and the work performed must be in the public interest. Some schools may have agreements with private for-profit employers for FWS jobs, which must be relevant to your course of study. If you attend a proprietary school, there may be further restrictions on the jobs you can be assigned.

Can I work as many hours as I want?

No, the amount you earn can't exceed your total FWS award. When assigning work hours, your employer or FAA will consider your class schedule and your academic progress.

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SSA Larry [unclear]

Cindi Hughes
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Donna [unclear]
St. [unclear]

Patty M. Reeves

Johnny Osborne

Robert May
Paul A. Vance

Steve [unclear]

King Fultz

Petisia Murphy
Stuart [unclear]
Laura Kidd

Joyce P. Stevens
Ann Walker
Ma [unclear]

Anthony W. Moore
Charlotte Moore

Pama [unclear]
Danny [unclear]
Caralita O'Quinn

MAJ (RET) Deborah A. Boone
K. [unclear]
Rosa [unclear]
Sandy [unclear]
[unclear]

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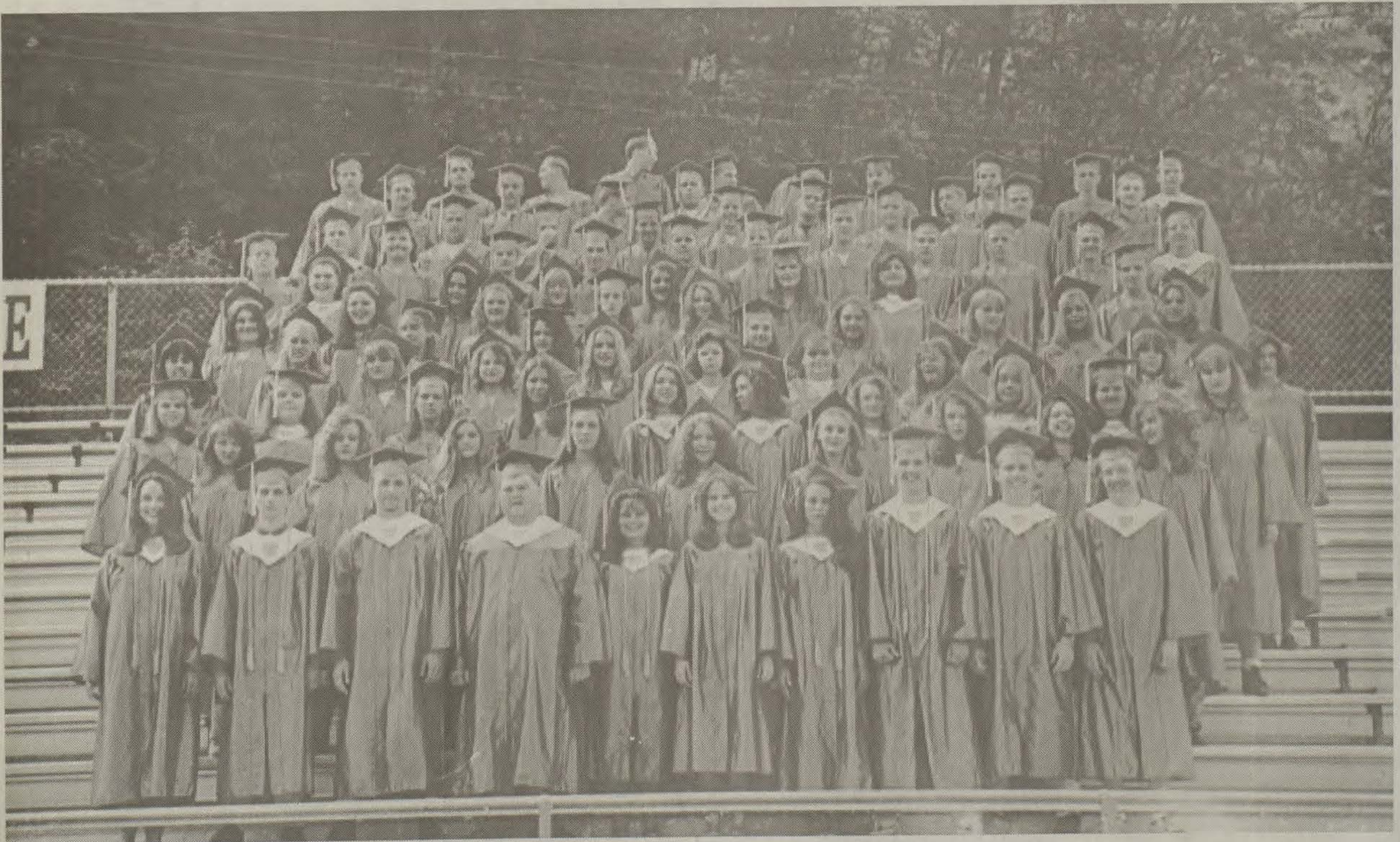
TACO BELL EXPRESS

Congratulations



1996 Allen Central High School Senior Class

Mark T. Adams, Ronnie Adkins, Jonathan B. Allen, Leslie S. Allen, Christopher Bailey, Jason L. Bailey, Jason P. Baker, Timothy Bellamy, Richard T. Bingham, Christy Bryant, Donna Burke, Betty V. Carroll, Jamie G. Carroll, Wesley R. Castle, Kevin D. Caudill, Christina L. Clay, Stella R. Click, Anna L. Cline, Shawna L. Coburn, Adam W. Coleman, Regina L. Collett, Sabrina Collins, Delia E. Conley, Heather Conley, Christi A. Conn, Terry E. Conn, Daniel Cordial, Dolly Cox, Mitchell Crager, Amy L. Crum, Colin K. Dingus, Shannon M. Ferrell, Veronica Flannery, Traci D. Gibson, Pamela S. Goble, Ginger Griffith, Lisa L. Hagans, Melanie Hagans, Jeremy R. Hall, Lisa Hall, Cory D. Heintzelman, Amanda M. Holbrook, Elizabeth Holbrook, April L. Howard, Jonathan Howard, Jeannie D. Hughes, Jamie R. Hunt, Stephen W. Hunter, Jeanette Hurd, Anthony C. Isaac, Susan Jaccbs, Jillian M. Jones, Malinda Joseph, Drema Kilgore, Clyde Lee, Heather Lyons, Cecil P. Maggard, Bryan C. Manns, Charles B. Manuel, Chad J. Martin, Christopher G. Martin, Dennis E. Mayo, Michael J. McCoy, Christopher McKinney, Michael D. McKinney, Tabitha S. Meade, Sarah Mitchell, John C. Moore, Amanda L. Mullins, Melissa J. Mullins, Ephraim N. O'Quinn, Andy M. Osborne, Candice M. Osborne, Carrie T. Ousley, Scottie L. Owens, Jennie L. Parsons, Jennifer Patton, John C. Patton, Stephanie L. Patton, Lacy B. Pitts, James Potter, Adam Powers, Jessica Prater, Paul D. Prater, Elizabeth A. Puckett, Nikki Queen, Jimmy Ratliff, Christopher Reffitt, Kristie Rister, James E. Robinson, Amanda Rose, Amanda Rowland, Amanda Samons, Jennifer L. Samons, Lisa Samons, Jonathan L. Scarberry, Ellis M. Sexton, Regina Sexton, Avala F. Shepherd, Jennifer Shepherd, Tonya R. Shepherd, Billy R. Slone, James M. Slone, Mickey R. Slone, Christopher Smith, Molly Smith, Polly Smith, Brandon M. Spencer, Tracy L. Stephens, Morgan J. Stone, Estill Stumbo, Maria D. Stumbo, Christopher S. Sword, Sabrina D. Teel, Chris Thornsberry, Shawn K. Tussey, Charles Twiss, Amanda L. Wallen, Shelley R. Ward, Jason L. Watkins, Jada D. Webb, Amanda Wright, and Crystal G. Yates.



1996 Betsy Layne High School Senior Class

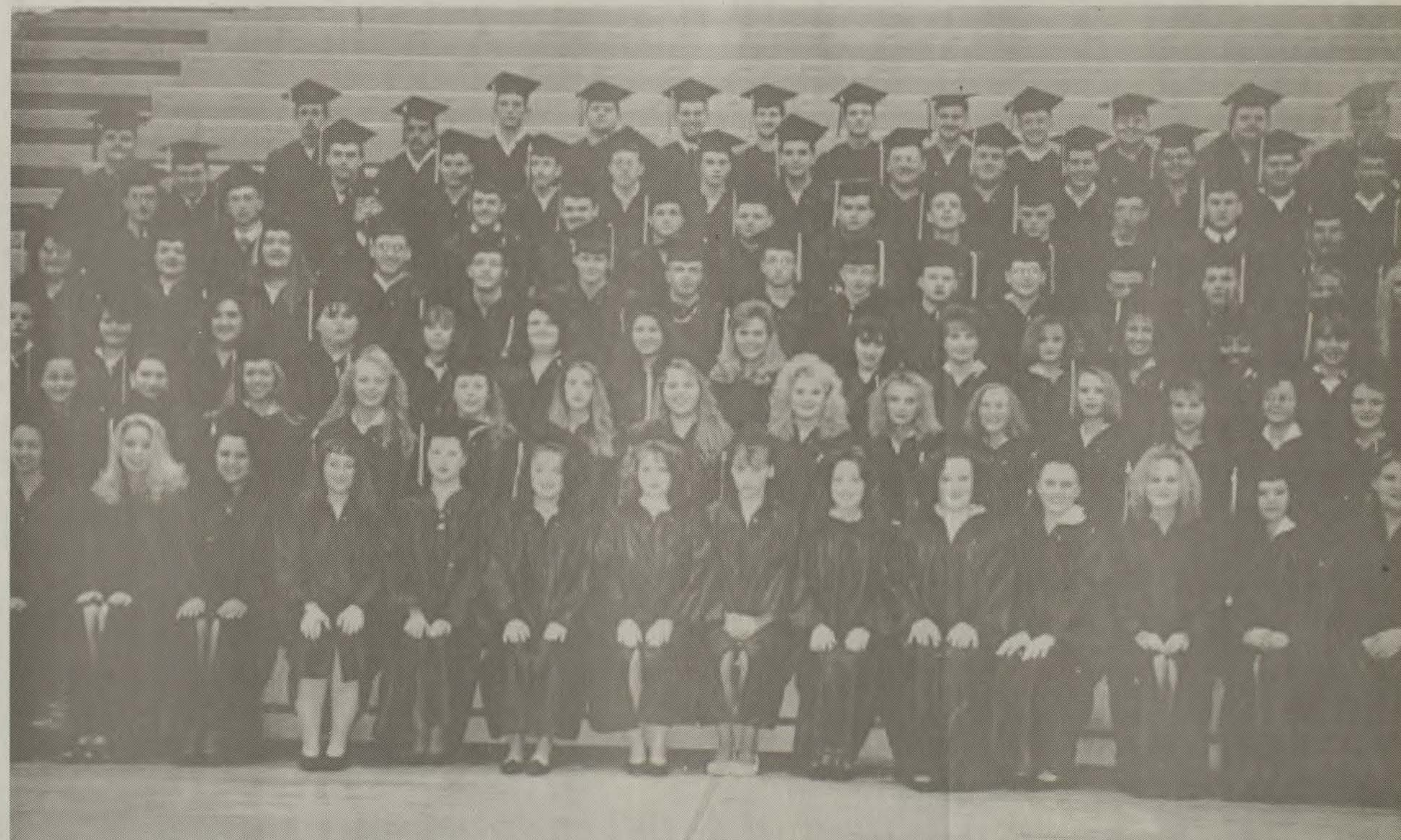
Earl Adkins, Nick Adkins, April Akers, Danny Akers, Michael Akers, Tosh Akers, Belva Akers, Myra Akers, Chad Bentley, Brandice Crum, James Bowling, Kevin Boyd, Renee Boyd, Shonna Boyd, Valeria Boyd, Christene Boyd, Breann Bradley, Joe Bryant, Gina Cline, Randy Collins, Wesley Collins, Carlton Conn, Daneh Conn, Andrea Conn, Roberta Cook, Samantha Cooley, Daniel Cox, Marjorie Damron, Justin Dillon, Charles Duncan, Patrick Dye, Gary Elliot, Bradley Evans, Ron Ferguson, Kristy Forsythe, Misty Forsythe, Wesley Frazier, Scott Gayheart, Crystal Gearheart, Jennifer Goodman, Hiram Hall, Corbit Hall, Jennifer Hall, Chris Hamilton, Diana Hamilton, Rodney Hamilton, Scarlett Hamilton, Crystal Hamilton, Christopher Hicks, Michael Howard, Anita Howell, Paula Howell, Shawna Howell, Craig Hughes, Angela N. Hunt, John M. Hunt, Timothy Hunt, Dean Hunter, Jason Jarvis, Dustin Jones, Lance Jones, Leigh Keathley, Phillip Keathley, Danita Kidd, Brad Kidd, Tara Kidd, Bryce Kidd, Tawnya Kingsley, Anthony Kiser, Cheryl Lewis, Ray Lyon, Sabrenia Martin, James Maynard, Becky McClanahan, Crystal McComas, Merita McKinney, Stevie McKinney, April Meade, Willie Meade, Dean Mullins, Heather Nelson, Jon Newman, Kelly Newman, Kevin Newman, Kim Newsome, Nick Newsome, Toby Newsome, Wendy Newsome, Tim Nunemaker, Sabrina O'Neill, Shay Orrison, Clodeen Prater, Leigh Ann Preston, Michael Preston, Brian Pugh, Phillip Reed, Rachel Reid, Joe Risner, Jeremy Rogers, Leslie Rogers, Melton Rogers, Shawn Rose, Charity Salisbury, Paul Salisbury, Tiffany Shepherd, Robbie Slone, Susan Hall Smith, Daphnie Spears, Kimberly Spears, Timothy Spears, Josh Spriggs, Stacey Spurlock, Kelli Stanley, Heather Stevens, Jason Stevens, Eric Tackett, Mark Tackett, Neldra Tackett, Sollie Tackett, Tera Tackett, Kristy Tackett, Michael Taylor, George Thompson, Mike Trent, Melissa Varney, Steven Watson, Jerry Willis, Megan Boyd Wright and Edmund Yates.

Class of 1996!



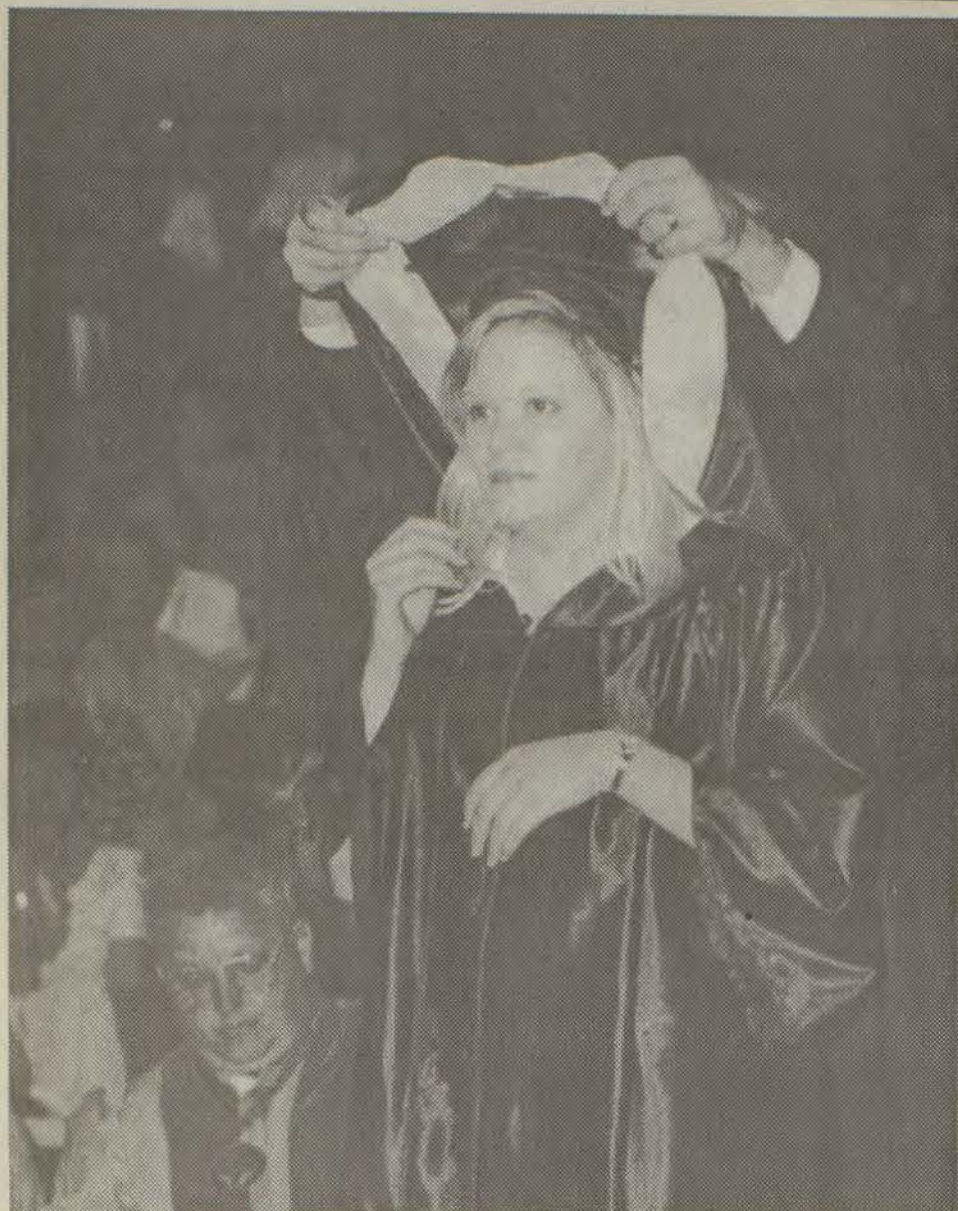
1996 Prestonsburg High School Senior Class

Bennett Clarke Allen, Jeanette Vonseal Allison, John M. Arnett, Melissa Kay Barrowman, Shaun O. Bays, Brennan Kyle Bellamy, Jason A. Bevins, Waylon I. Bevins, Leigh Chantel Billips, Jennifer Lynn Blackburn, John L. Blair, Heather Rae Bradley, Ricky D. Branham Jr., Crystal Lynn Brown, Charles Arthur Bumgardner, Franklin D. Burchett Jr., Jennifer Gayle Burchett, Jonathan Kelly Burchett, Reka S. Burchett, Angela Marie Burke, Gordon Brent Burke, Rhonda L. Burke, Audrey Ann Campbell, Ernest Jeffery Campbell, Kerry Elizabeth Campbell, Angela Nicole Carr, Phillip Wade Castle, Christopher Shawn Caudill, Lola Michelle Clark, Sharon L. Coleman, Larry Michael Collins, Raymond Collins Jr., Jill Danette Conn, Susan L. Crace, Tony Craft, Melissa Dawn Crider, Misty Dawn Crider, Leah Anne Daniels, Lonnie Jason Daniels, Christopher B. Darby, Billy Endicott, Jonathan Allen Estep, Corey D. Fraley, Jeff D. Franklin, Jason M. Garrett, Ronald Gene Garrett, Jason D. Hackworth, Aaron Nicholas Halbert, Michael Gene Halfhill Jr., Danny D. Hall II, Donna Michael Hall, Kristi Joanne Hall, Christopher Adam Hamman, Ronald L. Hatfield, Jennifer O'Neal Hayes, John Wesley Haywood, Samantha K. Heater, Darrell Ray Hicks, Wesley A. Holland, Jonathan Edward Holman, Jennie Lynn Honeycutt, Shawn Paul Howard, Jonni Ann Huffman, Staci Ramona Hurt, Moriah M. Hyden, Brett D. James, James W. Jarrell, Kristy Michele Jarrell, Kelly Jervis, Shawn Johnson, Tina Johnson, Carolyn Jayne Jones, Mandy Jordan, Charles Clyde Julian, James Brandon Kinzer, Deana Lafferty, Thomas D. Lafferty, Robin Layne, William C. Lester, L. Suzanne Lewis, Joshua W. Lowe, Tonya Marie Lowe, Sherry Lynn Lyon, John Bradley Lyons, Keith E. Marsillett, Amanda Lee May, Charles Graham May II, Jamie Marie McCoy, Jennifer Roseann McCoy, Kelly Dawn McCoy, Timothy Ray McKinney, Cara Jane Meece, Angelia Florence Neeley, April Dawn Newsome, Angela Kay Nichols, Jennifer O'Neill, Billy R. Ousley Jr., Deanna Ousley, Sean Pilch, Johnathan F. Scott Porter, Bonnie J. Powers, Misty Lynn Price, Alicia A. Quillen, Rebekah Ann Recktenwald, Henry Taylor Risner Jr., Gena Camille Robinson, Kevin Patrick Robinson, Amy Sammons, Kristi Lee Samons, Ricky Allen Scaff, Joshua Michael Setser, Robert Shell, Rebecca Ann Shelton, Jimmy Daryl Shepherd, Von Dewayne Shepherd Jr., James P. Skeens, April Lynn Slone, Charles Brent Slone, Chester Eugene Slone, Georgia Slone, Julie Lynn Slone, Michael Patrick Slone, Sandra Kay Slone, Amanda Jean Spradlin, Damon C. Spurlock, Don Joseph Stanley, Christie Jo Stevens, Phyllis Tenile Stevenson, Kelli Jo Thompson, Crystal Thornsby Goble, Roy B. Thornsby, Matthew B. Trusty, Amanda Leanne Tussey, Shannon Wade Wallen, Jennifer Lynn Walters, Mark Anthony Walters, Kevin S. Webb, Stephanie Marie Wells, Rogetta Whitaker, Kimberly Wolfe, Clifford Rodney Woods, Justin Ethan Yeary and Gustavo Varela Yunes.



1996 South Floyd High School Senior Class

Bryan D. Adams, Jack Allan Akers, Kyle Akers, Anthony V. Allen, Patrick Lee Bryant, Catrina Marie Bunts, Jeffery Case Jr., Bradley Keith Caudill, Shan Chapman, Jason Collins, Toni Renee Collins, Darren J. Combs, Tiffany Dawn Compton, Marleana Cook, Ryan Crum, Robert Pete Dawson, Jason Phillip Damron, Shirley Anne Fogle, Donnie Gayheart Jr., Margalee Gibson, Rebecca Madge Goines, Bill Hall Jr., Christopher Aaron Hall, Christopher E. Hall, Kristi Dawn Hall, Alona Corinne Hamilton, Jeremy Hamilton, Jessica Louise Hamilton, Jill Regenia Hamilton, Krista Ann Hamilton, Shannon D. Hamilton, Wesley Joe Hamilton, Deana Lynn Holbrook, Becky Jo Hopkins, Greg Horn, Jennifer Lynn Howell, Kristie Evelyn Isaac, Brian Kevin Johnson, James Matthew Johnson, Jennie Marie Johnson, Keith Johnson, Kevin D. Johnson, Samantha Marie Johnson, Stacey Dawn Johnson, Stacey Lynn Johnson, Tina Renee Johnson, Veronica Lynn Johnson, William Jason Johnson, Kristi Michelle Jones, Barbara Sue Kohler, Martha Allison Lawson, Billy Michael Little, Crystal Renee Little, Danny Ray Little Jr., Jason Keith Little, Nicholas Little, Oscar Ray Little, Jennifer Dawn Martin, James Maxie, Chester Eugene McCarty, Jeffery McGuire, Virginia Mead, Larry Shawn Miller, Alan D. Moore, Robert L. Moore, Donna Sue Mullins, Jennifer Lynn Mullins, Lisa Lorraine Mullins, Terrence L. Mullins, Tara Rebecca Newman, Tina Nichole Newman, Misty Dey Noble, Shonequa Lanae Oden, Christopher Brent Osborne, Tami Osborne, T. T. Pack, Brandy Lynn Pressley, Kelli Renee Rainey, Amanda Beth Reynolds, Crystal Jo Salisbury, Nathan Scott Salisbury, Sharlonda Lynn Sammons, Misty Dawn Shannon, Tangle Cecilia Shelton, Sara Jo Sizemore, Arie Michael Slone, Kelli Elizabeth Slone, Sarah Jo Slone, Teresa Adkins Spears, Earl Spencer Jr., Kevin Lorne Stancil, Stacy Marie Stanley, Michael Paul Stephens, Craig Stewart, Brandon Michael Stumbo, Keith Stumbo, Claude Brandon Sullivan, Barry Kent Tackett, Chrissy Tackett, Christy Dawn Tackett, Crystal Gale Tackett, Don Tackett, Kevin Tackett, Melissa Carol Tackett, Kevin Lee Thacker, Lisa Ann Walters, Latitia Wilhite, William Willard, Deana Lynn Woods and Earl Wright.



**MSU
spring
graduation
ceremonies**
Morehead State University conferred degrees on more than 800 undergraduate and graduate students at its recent 1996 Spring Commencement. Michelle Roth of Prestonsburg, who received a Master of Arts in Education degree, was among those to receive a hood from Dr. Marc Glasser, dean of Graduate and Extended Campus Programs. (MSU photo by Tim Holbrook)

“Let knowledge grow from more to more.”
—Alfred Lord Tennyson
1809-1892

Graduation isn't an end to education, but a foundation upon which to build a lifetime filled with new lessons and triumphs.
To all our area graduates and their proud families, we offer our very best wishes and congratulations on this milestone occasion.

OUR LADY OF THE WAY HOSPITAL
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Martin, Kentucky

Finney delivers commencement address

Educator and poet Nikky Finney told the Georgetown College Class of 1996 that it's important to be "the real McCoy" during her address to the 210 graduates at the institution's 154th commencement ceremony May 11. She said the real McCoy refers to anything original, authentic and genuine. Finney reminded the graduates that their diplomas were new birth certificates. "Put into your pockets the spirit of real McCoy. You have one voice and one vote, so you will always have a choice. "You have a choice for searching your own heart for what is right in the world. Woods have the power to transform as well as heal. "What you say out loud is as important as what you whisper. Without risk there is no achievement. If you do what you've always done, you'll get what you've always gotten. Take a

chance." Finney is an assistant professor of creative writing at the University of Kentucky. She is well known in the literary world for two volumes of poetry published, "On Wings Made of Gauze" in 1985 when she was only 28 years old, and "Rice" in 1995. Her latest book tells of growing up as an African American in Conway, S.C., where rice was the state's largest antebellum export. She wrote the screenplay for The Morgan and Marvin Smith Story, a national PBS documentary. Finney has a bachelor's degree in English from Talladega College and a master's in African American Studies from Atlanta University. James B. Henry, president of the Southern Baptist Convention, was the featured speaker at baccalaureate services on Friday, May 10. A 1959 alumnus of

Georgetown College, he has been pastor of First Baptist Church in Orlando, Florida since 1977. Henry encouraged the Class of 1996 to follow the example set by Jesus Christ, who focused on the one thing important above all else, his relationship with God. He said that Jesus determined God's purpose for his life, he desired to glorify God, and he dedicated his life to God. Located 12 miles from Lexington, in the heart of the Bluegrass, Georgetown College is a four-year, private liberal arts institution affiliated with the Kentucky Baptist Convention. The college has been named by U.S. News & World Report as one of the top 161 national liberal arts colleges. Dr. William H. Crouch Jr. is the 23rd president of the college, which has of more than 1,340 undergraduate and graduate students.

Congratulations
CLASS OF '96

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Velocity
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**Our best wishes to
South Floyd High's Class of '96**

We are proud of your accomplishments, it has been our pleasure to work with you. May success be your constant companion and the good Lord smile greatly upon your face. Good luck in all of your endeavors.

Have an enjoyable and safe graduation evening.



Congratulations
From the Staff and Faculty of
South Floyd High School



Wells wins graduate education scholarship

The Phi Delta Kappa awarded a Graduate Education Scholarship check of \$400 to Mark Alan Wells at its spring dinner meeting in the Board of Regents Dining Room of Eastern Kentucky University, Richmond, on April 26.

Wells was one of three recipients of the award. The graduate students wrote letters of applications, provided graduate admissions test

scores, transcripts, and three letters of references from fulltime College of Education Faculty at Eastern.

Each graduate student was evaluated on ability, grades, test scores, references, and character. All three applicants had such excellent credentials that the Phi Delta Kappa granted three scholarships this spring.

Normally, only one scholarship

is granted in the fall and one in the spring of each term.

Mark Alan Wells is preparing for a business education teaching position in a high school or vocational school and eventually would like to become a superintendent of schools.

Currently, Mark is pursuing a Master's Degree in Secondary School Counseling at Eastern Kentucky University.

He earned a Bachelor of Business Administration Degree in 1986 with a major in Accounting and a Bachelor of Science Degree in 1995 with a comprehensive business education major.

He is certified to teach business subjects in grades 5-12.

He graduated Cum Laude with both the BBA and BS degree from Eastern.

Prior to coming to Eastern, Mark earned an Associate of Science degree from Prestonsburg Community College and graduated as Class Salutatorian from Prestonsburg High School. He served as city administrator and revenue officer for four years for City of Prestonsburg and was an accountant in the controller Department of The Bank Josephine in Prestonsburg.

Federal Pell Grants:

A foundation of financial aid

What is a Federal Pell Grant?

A Federal Pell Grant, unlike a loan, does not have to be repaid. Pell Grants are awarded only to undergraduate students who have not earned a bachelor's or professional degree. (A professional degree would include a degree in a field such as pharmacy or dentistry.) For many students, Pell Grants provide a foundation of financial aid to which other aid may be added.

How do I qualify?

To determine if you're eligible, the U. S. Department of Education uses a standard formula, established by Congress, to evaluate the information you report when you apply. The formula produces an Expected Family Contribution (EFC) number. Your Student Aid Report (SAR) contains this number and will tell you if you're eligible.

How much money can I get?

Awards for the year will depend on program funding. The maximum award for the 1994-95 award year was \$2,300. How much you get will depend not only on your EFC, but on your cost of attendance, whether you're a full-time or part-time student, and whether you attend school for a full academic year or less.

If you participate in a study-abroad program that costs more than your usual cost of attendance, you may be able to get additional Federal Pell Grant aid to help cover those costs. Check with your financial aid administrator (FAA).

How will I be paid?

Your school can either credit the Pell Grant funds to your account, pay you directly (usually by check), or combine these methods. The school must tell you in writing how and when you'll be paid and how much your award will be. You can then either accept or decline the award; do this in writing, for the school's records. Schools must pay

you at least once per term (semester, trimester, or quarter). Schools that do not use formally defined, traditional terms must pay you at least twice per academic year.

Can I receive a Federal Pell Grant if I am enrolled less than half time?

Yes, if you're otherwise eligible. You won't receive as much as if you were enrolled full time, but your school must disburse your Pell Grant funds in accordance with your enrollment status and cannot refuse you an award simply because you're not enrolled at least half time.



Risner graduates

Tricia Sinae Risner recently graduated cum laude from Morehead State University with a Bachelor of University Studies degree and an Associate Degree in Radiographic Technology. She is one of only three people selected to attend West Virginia University's School of Diagnostic Sonography, where she will begin in the fall. Sinae is the daughter of James and Daisy Risner of Prestonsburg. Her paternal grandmother is Melba Risner of David and her maternal grandmother is Rosa McGuire of Prestonsburg.

1996 Graduation Dates

ALLEN CENTRAL HIGH
Monday, June 17, at 7 p.m. at the John E. Campbell Arena

BETSY LAYNE HIGH
June 21, at 6 p.m., at the Lloyd Hamilton Athletic Center

PRESTONSBURG HIGH
June 14, at 8 p.m., at the Football Field (weather permitting)

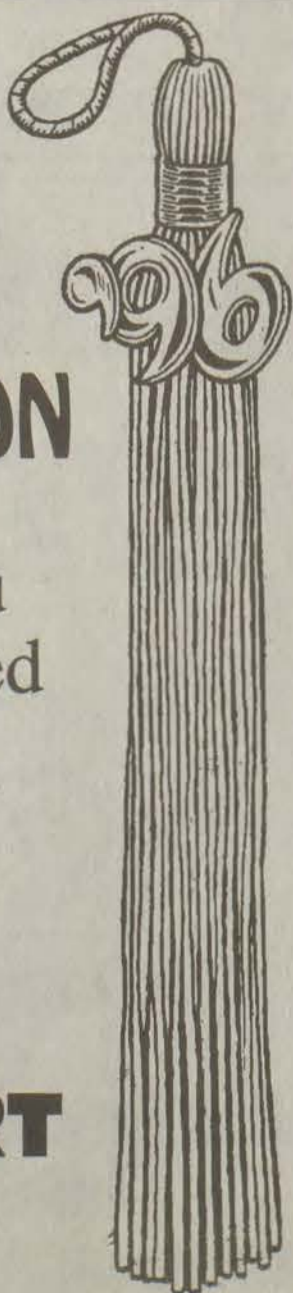
SOUTH FLOYD HIGH
June 14, at 7 p.m., at Raider Arena

A TOKEN OF OUR ADMIRATION

Wishing you much deserved success at every turn!

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Jerry's Prestonsburg
FAMILY RESTAURANT 886-6701

Meet the outstanding scholars of the Class of 1996

First Commonwealth Bank extends our warmest congratulations to all the outstanding scholars in our area. We join their family and friends in taking pride in the fine accomplishments of each of these students, and we offer the best of luck to all the 1996 area graduates as they face new challenges ahead.

First Commonwealth Bank

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Martin
285-3266

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- Sun Defense Sunblock SPF 25
- Luxiva Cellular Therapy Toner With Alpha Hydroxy Acids

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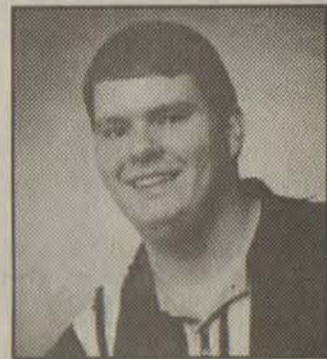
Richmond Plaza, Prestonsburg
886-8321

If one advances confidently in the direction of his dreams and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours.
—Henry David Thoreau

Allen Central High School



Jeannie Denice Hughes
Valedictorian
Parents:
Arthur and Virginia Hughes
of Hueysville



Jeremy Hall
Salutatorian
Parents:
Donnie and Sharon Hall
of Estill

Betsy Layne High School



Charity Salisbury
Valedictorian
Parents:
Ronald and Linda Salisbury
of Harold



Aaron Justin Dillion
Salutatorian
Parents:
Kathy Dillion
of Ivel

Prestonsburg High School



Michael P. Slone
Valedictorian
Parents:
Charles and Trish Slone
of Prestonsburg



Amanda Spradlin
Salutatorian
Parents: William T. and
Edna J. Spradlin
of Prestonsburg

Pikeville College holds 103rd annual commencement ceremonies

The weekend of May 11 and 12 was jam-packed with festivities as the community honored Pikeville College graduates, past and present. The excitement began on Thursday night with the Nursing Pinning Ceremony and continued through Saturday as Pikeville College held its 103rd commencement, graduating 162 students.

The annual Pinning Ceremony of the Elizabeth Akers Elliott Nursing Program took place on Thursday, May 9, in Booth Auditorium and honored 21 graduates. Gayle Sunday, Nursing Division director, presented the Vivian Day Award to Doris Hall. This honor is bestowed upon a graduate of the nursing program who has attained the highest G.P.A. Lawanna Baker Hall was honored by fellow classmates as they voted her the Best Caregiver.

Friday's festivities began as friends gathered in the Marguerite Weber Art Gallery for a reception honoring Lexington artist Susan Gilliam. Immediately following the reception, the crowd moved to Record Memorial to attend the dedication of the new Sturgill Board Room, named in honor of Board of Trustee member William B. Sturgill. Terry Dotson, Chairman of the Board of trustees, praised Sturgill for his long and dedicated service to both public and independent institutions of higher learning. During his more than 46 years in the coal business, Sturgill is recognized as one of the most influential and powerful businessmen in Kentucky. Throughout his long and distinguished career, he served on numerous boards of educational institutions as well as medical, banking and business industries. His services to higher education in Kentucky is legendary. Sturgill served for 16 years as a member of the University of Kentucky Board of Trustees, and is a member of the Pikeville College Board where he served as chairman from 1990-1995. He was awarded on Honorary Doctor of Laws degree by UK in 1986 and by Pikeville College in 1995.

On Friday evening, alumni and friends gathered at the Pikeville College gymnasium for the Alumni/Senior Banquet, honoring the 1996 graduates and recognizing

the fiftieth reunion of the 1946 Pikeville Academy class and the 1946 Junior College class. Senior Brad Hall, who spoke on behalf of the 1996 graduating class, reflected on the changes that have taken place during the last four years. He praised all those whose hard work and support have made the recent improvements to the campus possible saying that the Pikeville College campus "rivaled any campus—large or small—in its beauty."

Nelson Burnett, senior class president for the 1946 junior college class, spoke to the crowd about his fond memories of his college days, focusing on his love of the mountains and trees.

Everyone was treated to a lively musical performance entitled "A Look Back: Then and Now," choreographed by Claire Olson, artistic director of the Pikeville College Dance Program and performed by students of the dance program. The dancers performed several numbers to the popular tunes of both the 1946 and 1996 eras, including Tuxedo Junction and ending with a spirited rap number.

Howard Roberts, Alumni Association president, presented the Alumni Scholarship Award to Sammi Gibson, a junior biology major. Gibson holds a 3.96 G.P.A. and is active in the Pikeville College Pre-Professionals Club and Student Government Association. She is the daughter of Glen and Karen Gibson, an alumnae from the class of 1988, of Pikeville.

Each year, the Alumni Association proudly recognized a graduate of Pikeville College who has brought recognition and distinction to the College. This year's recipient was Jean Hale, a 1968 graduate, who was recognized for her leadership. Hale has held a variety of prominent positions including the distinction of being named the first woman president of Pikeville National Bank and Trust Company, the flagship bank of the Pikeville National Corporation; executive vice president and secretary of the holding company; and a recent appointment as Director of the Federal Reserve Bank of Cleveland's Cincinnati Branch.

Roberts also presented the

Honorary Alumni Award to Paul R. Gearheart, in recognition of his pioneering efforts for the people of Eastern Kentucky. Roberts praised Gearheart for his active leadership in the community and support of Pikeville College, saying that "he has always shared his success with his beloved community, giving of his time and resources." Gearheart's family businesses include Harold Telephone, Inter-mountain Cable, Appalachian Cellular, WXLN, and East Kentucky Internet.

Due to the inclement weather, Saturday's memorial brunch was held in the dining hall where friends and alumni gathered to reminisce and enjoy a scrumptious buffet provided by ARAMARK, campus caterers, Jenny Shepherd, a secondary English education major, entertained the crowd by singing "A Heart That Knows You."

Later, at the gym, the 103rd commencement took place. Speaking to a packed house, James W. Holsinger, Jr., MD, Ph.D., chancellor of the Albert B. Chandler Medical Center at the University of Kentucky, talked about Leadership in the 21st Century. Holsinger explained that he felt there were three key points for leaders to remember: commitment, changes, and caring. He emphasized the difference between "treating a patient and caring for a patient." Holsinger challenged the 162 graduates, as future leaders of this community and others, to always "step outside the fences" and make a difference in the lives of others. Following his remarks, President Owens conferred the Honorary Doctor of Science degree upon Holsinger, honoring his distinguished career in medicine.

In addition to serving as Chief Academic Officer of the Medical Center in Lexington, Dr. Holsinger has served in a variety of academic and administrative appointments and served for twenty-six years in the Department of Veterans Affairs until his retirement in 1994. During his career in the VA, Dr. Holsinger held a variety of positions including chief of staff of VA Medical Centers and Director of the McGuire VA Medical Center in Richmond, Virginia. In 1990, President Bush appointed Dr. Holsinger as chief medical director of the Veterans Health Administration. He later became undersecretary for health, Department of Veterans Affairs, until reassignment in 1993 as the director of the VA Medical Center in Lexington.

Pikeville College Board of Trustees member John "Jack" B. DuPuy, Jr., an alumnus of the class of 1938, was honored with the Honorary Doctor of Laws degree. An advocate for higher education, DuPuy has served the college for many years, sharing both his time and resources. DuPuy, whose father was one of the founders of the Pikeville-based East Kentucky Beverage Company, recently pledged 20,000 shares of PepsiCo stock, valued at one million dollars, to establish the DuPuy Scholarship Fund to assist future Pikeville College students from Eastern Kentucky counties.

Dr. Rodger A. Bates, dean of the faculty, read the names of the 1996 graduates as President Owens presented them their diplomas.

Anthony Lee Little and Diedre Elaine Parsley were named co-valedictorian. Little received his baccalaureate degree in accounting/computer science and was awarded the Academic Excellence in Social Science and business. Little, who graduated summa cum laude, is from Melvin. Parsley, received her baccalaureate degree in chemistry/biology also graduated summa cum laude. Parsley, a resident of Williamson, West Virginia, was awarded the Academic Excellence Award in math and science. Susan Lynn Flannery Rowe from Pikeville was named salutatorian and graduated summa cum laude with a baccalaureate degree in early elementary education.

Two faculty members were honored with the William Wade and Helen Record Walker Awards for Teaching Excellence. Receiving first place was Mary Ann Boucher, associate professor of nursing. Second place was awarded to Dr. John W. Legge, associate professor of mathematics. The Faculty Honors Committee selected the recipients of these awards from nominations made by students, faculty, and staff.

In President Owens' closing remarks, he congratulated the graduates for their years of hard work and encouraged them to pursue their dreams, saying that they had the power to accomplish anything they wanted to if they continued to work hard and choose their friends very carefully.


Following the ceremony, the graduates, their families and friends attended a reception honoring the class of 1996.



Congratulate Them in a Special Way

Good Luck, Class of '95

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TO ALL OUR GIFTED GRADUATES

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Bays receives dental degree from UK

Robin L. Bays, the daughter of Gayle and Rhonda Burchett of Prestonsburg, was awarded a doctor of dental medicine degree from the University of Kentucky this month. The University's commencement program was held at noon on May 5 at Memorial Coliseum.

The College of Dentistry held a special recognition program for its graduates prior to commencement.

Called the Convocation for the Presentation of Academic Hoods, the program was held at Memorial Hall on the University's campus on May 4. It was presided over by Dr. David Nash, dean of the UK College of Dentistry.

The ceremony honored the 50 graduates of the class of 1996. This year's group is the 31st graduating class in the college's history.

Bays, a Prestonsburg High School graduate, received several awards while attending the College of Dentistry.

She won the Academic Excellence Award, the Margaret



Robin L. Bays

Jewell Memorial Scholarships, the Award for Academic Excellence and the Dean's Scholarship. She was also a member of the American Student Dental Association.

Bays is married to Michael W. Bays and the couple live in Lexington.

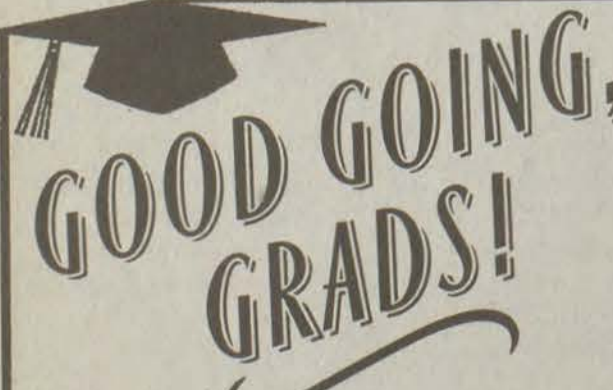
HATS OFF



WE CONGRATULATE THE CLASS OF 1996, wish you well in the future, and hope that your dreams and endeavors are fulfilled. Congratulations, again, from the staff and owner of


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GOOD GOING, GRADS!


Congratulations to all the members of our graduating class on a job well-done.



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886-2734



Congratulations GRADUATES!



Pikeville COLLEGE

**Registration for Summer Session I
June 3**
For information: (606) 432-9200

Techniques to tame time

by Angela Ferguson
Transition/Retention Counselor
Pikeville College

A pile of laundry looms in one corner of your dorm room. Your history book sits in another, waiting with two chapters to be read for a quiz tomorrow. You've pulled an all-nighter studying for your biology mid-term and you could really use a nap, but baseball practice starts in two hours. Then, you're scheduled to deliver pizzas until 9:00 p.m. A nightmare, yes...but, a familiar scene for college students who have increasingly complex role requirements and are deficient in time management skills. Students can tame time by following some basic techniques.

Prioritize. Obviously, some activities are more important than others. However, you must make an active choice to take care of first things first.

Obligations are activities that must be done according to someone else's schedule and must be given first priority. Class attendance should take first priority on your time plan. Even if an instructor doesn't have an "attendance policy," you should take advantage of the instructor's insight on the subject. He/she may cover information that isn't found in your textbook and relying on someone else's notes is risky. Other obligations may include work and practice.

"Must do's" are as important as obligations, but you can be more flexible as you plan for these activities. Study, exercise, proper nutrition, and rest are essential for your success, so make time for these activities daily. As you study and exercise, take your body's natural

rhythm into account. If you're an "early bird," don't sit down to start a long study session at 8:00 p.m. Instead, find morning hours when you can focus on your assignments with clarity. "Night owls" will do better by scheduling their study time in the evening. Just be sure to develop a routine and stick to it.

Finally, make time for fun. Even though it's low on the priority list, leisure activities are important to the life of the college student. Time spent watching soap operas and sit-com reruns is wasted, but an afternoon well spent in the library may leave you with time for an evening movie. Just balance your time well...and remember that all work and no play can make life dull, but all play has its consequences, too.

Plan. Once you have prioritized your activities, be more specific with your time plan. Look at the semester as a whole and then at each week as an individual and plan in advance for the important deadlines.

During the first class meeting, your instructor will give you a course syllabus. The syllabus is an outline of what you will do in class during the semester. It will include important dates such as "mid-term" exams, "final" exams, and due dates for presentations, projects, and papers. Looking at these deadlines for each of your courses will help you plan your time wisely. You will know from the beginning of the semester that your biology project and your speech presentation are due on the same day and you can plan ahead of time to have them both ready.

Knowing the overall picture for the semester, you're ready to

start planning your weeks. Plan time each week for reading textbooks, reviewing notes, and doing weekly assignments, but also set small goals for larger projects. If you have a history exam next week, study some each day. Review chapters and fill in any blanks in your notes. Ask your instructor for clarification on points that you may have missed. If your speech is due in four weeks, set time aside this week to go to the library to research your topic. During the following weeks, you could write the speech, rehearse the speech, and refine the speech. Breaking larger projects into smaller, more manageable tasks relieves the panic of doing things at the last minute and improves the quality of your work.

Put your plan into practice. "To-do" lists, calendars, and day planners are excellent tools to help you plan your time, but you have to put action behind the strategy.

Don't procrastinate. It's on your list and you know it needs to be done, so don't convince yourself that it can be done later. Doing it later may lead to doing it the night before. This may lead to a significantly lower grade on a project because you haven't had time to review, proofread, and edit. Be responsible. Do it now and do it well.

Create a study zone. Your reaction to this distraction-free location will become automatic. Your study zone could be your dorm room desk, but don't overlook such locations as the library or other declared study areas on your campus.

Avoid "bad company." Spending time with friends should be included in your time plan, but

avoid people who can distract you from your goals.

If you still find yourself lacking the time to do it all, search for and use "hidden" free time. The laundry room can be a wonderful place to read. If you don't use a full hour for lunch, review your biology notes.

By analyzing the opening scenario with these new time management skills, you can see that this student could have budgeted his limited resources. By starting to study ahead of time for the biology mid-term, he could have avoided the all-nighter. He wouldn't feel the need for the nap and he could have used the two hours to do his laundry and read his history chapters. By prioritizing, planning, and practicing, he's turned his nightmare into a manageable reality.

The Staff of
The Floyd County Times

would like to congratulate
all of the 1996 graduates
on a job well done.

Knowledge is Power!

Leads for landing summer employment for youngsters

It's that time of the year when teenagers' daydreams fast forward them to the end of the school year, to a leisurely summer of lounging around a pool with their friends.

But before teens break out their sunglasses and sunscreen, they might want to consider another way to spend their summer—a summer job. It's not as glamorous, maybe, but it has its pluses.

"With a summer job, teenagers actually get some work experience they can put on their resume," said Sharon Childs, assistant director of the University of Kentucky Career Center. "Working also teaches teenagers some professional skills such as how to dress appropriately for a job and how to communicate with people on a professional level."

Childs, who assists UK students with their career choices and options, has found that students with work experience have a more focused idea of their career aspirations and tend to have greater success in their job searches.

To start searching for that summer job, Childs suggests teens try networking. "Ask family members, teachers and friends if they know of any job opportunities. They can prove to be helpful in your job search," she said.

The first step to landing the job is to develop a resume, Childs said, even if it's brief. "Teens sometimes don't think they have anything to put on a resume, but they can include extracurricular activities, part-time work, related

coursework and computer and language skills," she said.

The second step is to find out more about the company. That information could come in handy in a job interview.

Preparing for the interview is the third step. Childs offers several tips:

- Aim for a clean, neat appearance. (That means shorts and jeans are out.)
- Be punctual.
- Don't chew gum or fidget.
- Make eye contact with the interviewer.

- Be prepared to answer questions such as "Why should we hire you?"
- Be enthusiastic, pleasant and polite.

Besides a summer job, there are other opportunities to get insights into careers and also to gain valuable experience. "My advice to teens who can't find a job is to volunteer in a capacity related to what they may want to do," Childs said.

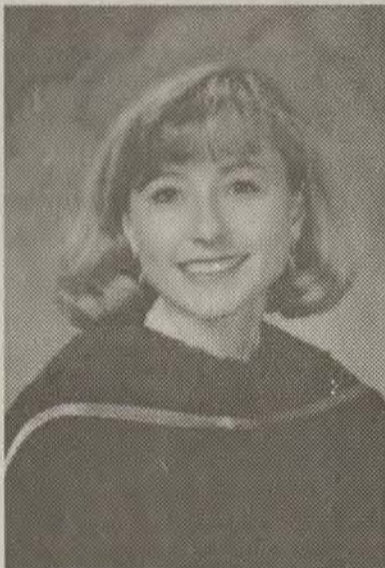
"For example, if you're interested in library science, try volunteering at least a few hours a week at a library, or if you're interested in medicine, you might want to volunteer at a hospital.

"The important thing is that they actually get some work experience, paid or volunteer, on their resume and that they learn some important work skills," Childs said.

It's also a way to make contacts that might prove beneficial in the

future.

Teens don't have to keep their nose to the grindstone all summer, Childs is quick to point out. "I'm not suggesting they necessarily work 40 hours a week. Any kind of experience, even if it's just a couple hours a week of volunteer work, can pay off down the road."



Dr. Hereford

Mary Callihan Hereford graduated from Mercer University Southern School of Pharmacy, Atlanta, Georgia, on Saturday, May 4, with a Doctor of Pharmacy Degree (Pharm D.), Magna Cum Laude. Dr. Hereford is a 1988 graduate of Paintsville High School and a 1992 graduate of Centre College. Dr. Hereford has accepted employment in Georgia. She is the daughter of Mr. and Mrs. Thomas Hereford III of Prestonsburg.

Reddy receives degree from Duke University

A Floyd Countian was among the more than 3,200 undergraduate, graduate and professional students who received degrees Sunday from Duke University.

Prerana Reddy, daughter of Mr. and Mrs. Ashok Reddy, of Prestonsburg, received a bachelor of science degree and graduated magna cum laude from Duke.

Both of Reddy's parents are doctors.

Duke President Nannerl O. Keohane presided over the ceremony. The commencement speaker was actress Jane Alexander, chair of the National Endowment for the Arts, and honorary degrees were awarded to Alexander, N.C. Central University Chancellor Julius Chambers, business leader and philanthropist Frank Kenan, scientist-educator Dr. Daniel C. Tosteson, and Cambridge University Vice Chancellor and legal scholar Sir David Williams.

Congratulations Class of 1996

The staff of Nelson-Frazier Funeral Home salutes the seniors of Floyd County on a job well done and wish them the best in the years to come!

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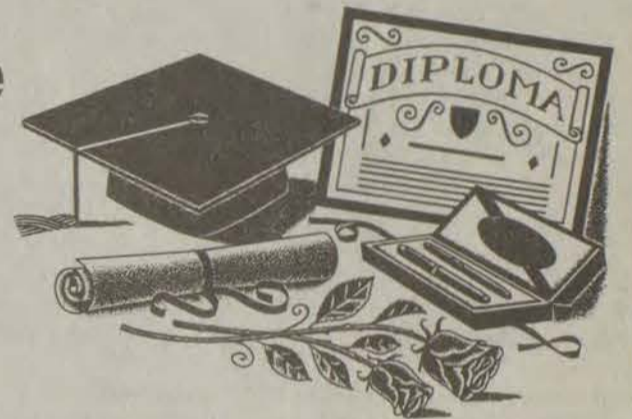
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Gov. Patton recognizes Girl Scout Gold Award recipients

Prestonsburg High School seniors Staci Hurt, Julie Slone, Michelle Clark and Jeanette Allison were recognized by Governor Paul Patton for achieving Girl Scouting's highest honor, the Gold Award on Monday, May 6, at a luncheon in Lexington.

A statewide recognition ceremony and banquet was held for the state's 41 Gold Award recipients, their families and friends at the Marriott Griffin Gate Resort.

Girl Scout Gold Award recipients were honored by keynote speaker Governor Patton, who also presented each girl with the Governor's Youth Merit Award.

The girls fulfilled the stringent Gold Award requirements that normally take three or four years to accomplish.

Twelve girls throughout Girl Scouts-Wilderness Road Council earned the Girl Scout Award during the 1995/96 troop year.

To meet the requirements of the Gold Award, Senior Girl Scouts Hurt, Slone, Clark and Allison, of troop No. 556, developed a project that involved organizing a three-day field event at Prestonsburg Community College patterned after the Olympics.

More than 200 Daisies, Brownies and Juniors participat-

ed in races to earn blue, red or yellow ribbons. Awards also included special trophies and a spirit stick.

Each of the Gold Awardees was responsible for a different part of this huge event: Hurt was the event coordinator; Slone oversaw the publicity and registration; Clark was responsible for scheduling all track events; and Allison managed all the business affairs of the event.

These industrious young women chose this project because they recognized the need for a sporting event for Girl Scouts in Floyd County.



Jeanette Allison, a senior Girl Scout, earned a Gold Award and a smile from Governor Paul Patton.



Governor Paul Patton honored Julie Slone during ceremonies on May 6 in Lexington.



Michelle Clark accepted her Gold Award from Governor Paul Patton.



Staci Hurt received a Gold Award for scouting from Governor Paul Patton on May 6.

Are working students exempt from withholding?

Students who get part-time summer jobs are sometimes confused about whether federal taxes should be withheld from their paycheck.

If a student does not expect to earn enough money from a part-time or vacation job to trigger a federal tax liability, it sometimes makes sense to not allow the employer to withhold federal taxes.

However, there are several factors to consider before making this important decision.

First, employees, including stu-

dents, fill out a Form W-4, "Employee's Withholding Allowance Certificate," when first getting a job, but may resubmit a new form at any time to update their filing status and/or change the number of withholding allowances.

Second, employees may elect exempt status and have no federal taxes withheld from their wages in certain circumstances.

To qualify for exemption, the employee must have had a right to a refund of all federal income tax withheld last year because he or she

had no income tax liability, and the same situation is expected again this year.

However, total income for the year, as well as whether or not they can be claimed as a dependent on another person's tax return will be determining factors.

Further information is available in IRS Publication 4, "Student's Guide to Federal Income Tax."

This booklet and Form W-4 are available free at your local IRS office or by calling, toll-free, 1-800-TAX-FORM.

Pike College registration June 3

Pikeville College will hold registration for Summer Session I classes on Monday, June 3, from 8:30 a.m. to noon and 1-4 p.m. in the Administration Building. Classes begin on Tuesday, June 4, and end on Wednesday, July 3.

Courses to be offered during Summer Session I include accounting, algebra, American history,

Appalachian literature, art, biology, composition, economics, education, fundamentals of theatre, public speaking, religion, science and sociology.

Two other sessions are scheduled for the summer term.

Students can register for Summer Session IA on Monday, June 17.

Classes begin on Tuesday, June 18, and run through Friday, July 12.

Registration for Summer Session II will be held on Monday, July 15, and classes will be held from Tuesday, July 16, to Friday, August 9.

For more information about any of the summer sessions, call the Office of Admissions at 432-9322.

The cost of education rising

The cost of a college education seems to be going higher and higher each year. In fact, it now costs on average more than \$7,000 per year for in-state tuition at a public university. That tally rises to \$16,000 a year plus if you are attending a private institution.

But there are ways to afford college during the 1990s. Most people are aware of financial aid packages that schools offer to their students. These packages consist mostly of federal and state loans and grants. But there are other untapped resources out there.

Scholarships are the best route to get a college education. More than 4,000 scholarships are available to students.

Most are based on specialties such as sports, music and academics, and there are many organizations that provide scholarships to deserving students.

A visit to a school guidance counselor can help determine your plan of action. The counselors have databases detailing the wide range of scholarships, grants and loans available. The counselors can also point out other options such as col-

lege work-study and local awards.

An example of a unique scholarship program is the AAU/Milky Way High School All-American Scholarship Program. The program considers not only academics, but athletic activities and community involvement as well when it awards 116 scholarships yearly ranging from \$1,000 to \$20,000.

For more information and a nomination form, write to AAU/Milky Way High School All-American Scholarship Program, 3400 W. 86th Street, P.O. Box 68207, Indianapolis, IN 46268.

Proper preparation can help relieve anxiety of test taking

(NAPS)—Proper preparation for college entrance exams such as the American College Testing (ACT) and Scholastic Assessment Test (SAT) can help relieve the anxiety felt by students and improve test performance.

Cliff Notes, Inc., publisher of preparation guides for standardized tests, offers these tips on getting ready for college entrance exams.

1. Attend preparation classes. Many schools offer workshops that provide a thorough subject matter review and valuable test-taking experience.

2. Use a test preparation guide. A guide helps familiarize students with the test format and provides the information needed to brush up on basic skills and learn effective strategies for improving test scores. Be sure to use the guide as directed. Do not skim or read at random. When taking sample tests, strictly follow the time allotments for individual sections.

3. Allow sufficient preparation time. Get study materials well in advance of the test date. Make a realistic study plan. Divide study time into at least five sessions spaced at regular intervals. Do not

cram just before the exam. This can cause fatigue and may even result in a lower test score.

4. Relax. Get plenty of rest the night before the test. To avoid stressful rushing on the day of the exam, have all needed materials gathered and organized, and plan to leave early for the test site. Once the test has begun, take a deep breath and stay calm and focused.

Coleman earns perfect GPA at Campbellsville

Campbellsville University recently recognized its top students, and a Floyd County woman was among the students named.

Olivia Marie Coleman, a junior at Campbellsville, was named to the university's academic honors' list for the spring semester.

The academic honors' list recognizes students who achieve a grade point average of 3.50 or above for the semester on a course load of at least 12 hours.

The spring list includes 264 students with 82 making perfect 4.0 grade point averages. Coleman had a perfect 4.0 GPA.



Floyd County Schools Academic Banquet

Wilkinson/Stumbo
Convention Center
Jenny Wiley State Park
Friday, May 31

Awards for the
banquet were
provided by
the First
Commonwealth
Bank

SUPERINTENDENT'S MESSAGE

The 1996 Student Honors Banquet marks another milestone of success for students in the Floyd County Schools. We show our appreciation to distinguished achievers by celebrating their success. The students being recognized have demonstrated their dedication to academics and outstanding abilities for high achievement. Notable academic achievement provides the opportunity for lifelong advancement, quality living and productive contributing citizens. We are proud to join with the students and parents being honored tonight. We share your victory. Let us be encouraged by these activities. A bright and bountiful future awaits Floyd County and the rest of the world as these young people continue their leadership development.

— John L. Balentine, Superintendent, Floyd County Schools.

Top Seniors



Jeannie Denice Hughes
Valedictorian, ACHS
Daughter of Arthur and
Virginia Hughes
of Hueysville



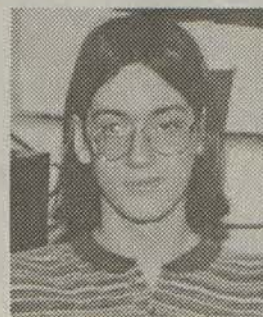
Jeremy Hall
Salutatorian, ACHS
Son of Donnie and
Sharon Hall
of Estill



Charity Salisbury
Valedictorian, BLHS
Daughter of Ronald and
Linda Salisbury
of Harold



Aaron Justin Dillion
Salutatorian, BLHS
Son of Kathy Dillion
of Ivel



Michael P. Slone
Valedictorian, PHS
Son of Charles and
Trish Slone
of Prestonsburg



Amanda Spradlin
Salutatorian, PHS
Daughter of William T.
and Edna J. Spradlin
of Prestonsburg



Sharlonda Sammons
SFHS
Daughter of David and
Martha Sammons
of Wheelwright



Brandon M. Stumbo
SFHS
Son of Ivan and
Wanda Stumbo
of McDowell

Tops in their classes



Allison Conley
ACHS, Junior
Daughter of Alan and
Dalphina Conley
of Hueysville



Wesley Wayne Howard
ACHS, Sophomore
Son of John and
Delisa Howard
of Hueysville



Christopher Case
ACHS, Freshman
Son of John and
Wanda Case
of Garrett



Tara Johnson
BLHS, Junior
Daughter of Lynn and
Carolyn Johnson
of Betsy Layne



Misty Stevens
BLHS, Sophomore
Daughter of Leonard
and Glenda Stevens
of Harold



Heather McCoy
BLHS, Freshman
Son of Mark and
Kathy McCoy
of Harold



Lindsay Caldwell
PHS, Junior
Daughter of Gary and
Kathleen Caldwell
of Prestonsburg



Lesley Anne Stout
PHS, Sophomore
Daughter of James and
Carolyn Stout
of Prestonsburg



Saleha Badrudduja
PHS, Freshman
Daughter of Syed and
Meraj Badrudduja
of Prestonsburg



Sulma Badrudduja
PHS, Freshman
Daughter of Syed and
Meraj Badrudduja
of Prestonsburg



Sheena Brock
PHS, Freshman
Daughter of Lowell
and Rita Brock
of Prestonsburg



Justin Gregory Campbell
PHS, Freshman
Son of Greg and
Cathy Campbell
of Dwale



Laura Neeley
PHS, Freshman
Daughter of David and
Mary Neeley



Chris E. Prater
PHS, Freshman
Son of Eugene and
Janet Faye Prater
of Prestonsburg



Kara Sammons
PHS, Freshman
Daughter of John D.
and Connie Sammons
of Prestonsburg



Sera Sammons
PHS, Freshman
Daughter of John D.
and Connie Sammons
of Prestonsburg



Kim Slone
PHS, Freshman
Daughter of Phillip and
Marcella Slone
of Prestonsburg



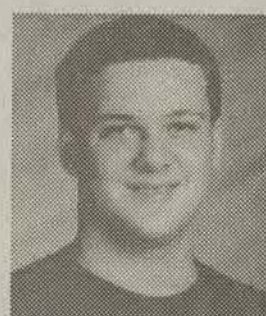
Lea Brooke Spradlin
PHS, Freshman
Daughter of Michael
and Linda Spradlin
of Prestonsburg



Kelly Wells
PHS, Freshman
Daughter of Jeffery and
Jeanie Wells
of Auxier



Tiffany Warrix
PHS, Freshman
Daughter of Ronnie
Warrix and Kathy
Samons of
Prestonsburg



Brent Tackett
SFHS, Junior
Son of Ronnie and
Clementene Tackett
of Melvin



Stacia Stumbo
SFHS, Sophomore
Daughter of Ivan and
Wanda Stumbo
of McDowell



Chandra Short
SFHS, Freshman
Daughter of Quintin and
Debra Short
of McDowell

Top Eighth Grade Students



Jennifer Edith Lafferty
Allen Elementary
Daughter of Larry and
Florence Lafferty
of Endicott



Cassie Bays
Auxier Elementary
Daughter of James and
Pam Bays
of Auxier



Christibeth Blackburn
Betsy Layne Elementary
Daughter of Lance and
Ann Blackburn
of Stanville



Shena Michelle Ratliff
Duff Elementary
Daughter of Dolvin and
Charlene Ratliff
of Raccoon



Jonathon Rand Conn
Harold Elementary
Son of Dr. Randy Conn
and Karne Newman Conn
of Harold



Christopher Jason Damron
Martin Elementary
Son of Rodney and
Marcella Damron
of Martin



Derek Kyle McGarey
Maytown Elementary
Son of Donald and
Sandy McGarey
of Eastern



Sonya Tackett
McDowell Elementary
Daughter of Sonny and
Janie Tackett
of McDowell



Monica McKinney
Melvin Elementary
Daughter of Rodney and
Jacqueline McKinney
of Melvin



Margaret Morgan
Osborne Elementary
Daughter of Ernie and
Virginia Morgan
of Bevinsville



Michael Goble
Prater Elementary
Son of Douglas and
Patricia Goble
of Banner



Candice Leigh Branham
Stumbo Elementary
Daughter of Larry D. Branham,
Grethel, and Bridgett D. Jones,
Prestonsburg

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Congratulations
from
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LET THE FESTIVITIES COMMENCE!

Homework. Cramming. Textbooks. Exams. You worked hard to arrive at this important day, and now we look forward to seeing you triumph in the years to come. That's why we salute you, but urge you not to drink and drive, during this well-earned time of celebration.

With best wishes for a happy and safe future to all our area graduates.

Mayor Fannin and Prestonsburg City Council




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Prime Times

A publication
of the
**The Floyd
County Times**

News to use for the over-50 set

Friday, May 31, 1996

Big Sandy Games

pages 8 & 9

'The (patients)
treat us like
family'

page 3

Social
Security
Benefits

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'notch babies'

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Medical
Advisor

page 7

'The joy of competition calls me to the test.'

— From the Big Sandy Senior Games Oath



Losing diabetic control? Your thyroid could be the reason

Last year, Mary started gaining weight and couldn't understand why. She has diabetes and follows her doctor's recommended treatment regimen, maintaining tight control over the disease. Several times a day, she monitors her blood sugar level and takes insulin. She eats a low-fat, low-sugar diet, and exercises regularly. A simple blood test performed by her doctor informed Mary that she has what thousands of people with diabetes have but don't realize—thyroid disease.

Diabetes and thyroid dysfunction are the two most common disorders of the endocrine system. "It is felt that these two conditions occur together in the same person more often than chance alone," said Dr. Helena W. Rodbard, Vice President of The American Association of Clinical Endocrinologists.

In a study of 5,000 people with Type I diabetes (also called insulin dependent or juvenile onset diabetes), almost one third (29 percent) were found to have a thyroid dysfunction. If a person has both diabetes and thyroid disease, an overactive thyroid (hyperthyroidism) will often make the diabetes more severe and difficult to control. It has also been observed that an underactive thyroid (hypothyroidism) may sometimes decrease the amount of insulin needed by a person with diabetes.

WHAT IS THYROID DISEASE?

Thyroid disease occurs in both sexes at any age and, like diabetes, is more common in women. In fact, thyroid disorders are seven to eight times more likely to occur in women than in men. Hypothyroidism, the most common type, develops when the thyroid doesn't produce enough hormone to maintain normal body function and metabolism. Left untreated, hypothyroidism instigates an insidious slowing-down of the body, producing subtle symptoms that can masquerade as those of aging, menopause and depression. Conversely, hyperthyroidism results when the over-functioning thyroid gland produces too much hormone or by unintended over-replacement of thyroid hormone. Excessive thyroid hormone may increase your risk of osteoporosis and cause cardiovascular problems.

SYMPTOMS OF THYROID DISEASE AND DIABETES CREATE CONFUSION

"Unfortunately, the signs and symptoms of thyroid disease are often vague and can be confused with other causes..." Dr. Rodbard added. Fatigue, pallor, edema, and weight gain can suggest both hypothyroidism and diabetes. Fatigue, unexplained weight loss and irritability can seem like hyperthyroidism or poor diabetic control. These overlapping symptoms may cause confusion and delay diagnosis of either condition.

DETECTING THYROID DISEASE

Patients with Type I diabetes should be screened for thyroid dysfunction. This is particularly important for new mothers with Type I diabetes, since up to 25 percent may develop thyroid disease within the first 12 months postpartum. Screening for thyroid disease is also recommended for obese and elderly patients with Type II (also called noninsulin dependent) diabetes. If your doctor suspects a thyroid problem, the first step in detection is to perform a physical examination to look for evidence of enlargement of the gland. Next, a blood sample is drawn and an ultra-sensitive TSH test performed. This assay can accurately detect small changes in your thyroid hormone levels and confirm a diagnosis of thyroid disease.

If the thyroid gland is overactive, there are three

treatment alternatives: anti-thyroid medication, radioactive iodine treatment, and surgery. In most cases with radioactive iodine treatment and surgery, thyroid hormone tablets are then needed to replace the normal thyroid hormone function.

Hypothyroidism, on the other hand, can be simply treated with thyroid hormone replacement pills. If you are prescribed this medication, you should know that all thyroid hormone preparations are not the same.

Most thyroid experts agree that if thyroid hormone replacement medications are switched, the patient should be retested.

By correcting thyroid disease, people with diabetes can maintain tighter control of their blood sugar levels. They should ask their doctor about thyroid disease, and write Thyroid Awareness, Radio City Station, P.O. Box 1512, New York, NY 10101-1512 for a free brochure.

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Floyd County Health Department provides comfort, quality care to homebound patients

by Janice Shepherd
Managing Editor

Returning home from a hospital stay can be pretty scary for someone who needs additional nursing care at home, but the Floyd County Health Department can alleviate that fear and offer skilled medical service in the patient's home.

The health department has many services that are lifesavers to county residents, but one of the most important of those services for homebound patients is its home health program.

The home health agency provides skilled nursing care, home health aides, 24-hour private duty nursing, physical therapy, speech therapy, medical social services, and many other medical services to the elderly and homebound patients.

Through the skilled nursing care, patients who have had surgery and have returned home from the hospital can continue to receive quality care, according to DiAnne Akers, coordinator of the health department's Home Health Agency. Akers said nurses can change dressings, insert IVs, and give catheter and colostomy care.

The health nurses also offer comfort.

"A lot of (the patients) consider us part of the family. They invite us to sit down and eat with them," Akers said. "Something I hear them say over and over is 'I don't know what I'd do without you girls.'"

Akers said the nurses also get attached to their patients.

"The nurses worry about them. If you go to someone's home every week for a year, you get attached to them. You can't help it," she said.

Akers encourages her staff to take time to care for the social welfare of their patients.

"I especially stress to aides that after they give their patients a bath, sit down and talk to them. We are good company for them. I visited a patient's house this week; she wanted us to sit down and talk. We ended up staying an hour," Akers said with a smile as she remembered that time with her patient.

She said a positive outlook and good mental health is also part of the well being of her patients.

"If you're in a good emotional state, that makes you live longer. If you're lonely and depressed, you sit and think of everything that is wrong with you, you convince yourself that you're sicker than you are."

Patients in the Floyd County's Home Health Agency are referred to the program by physicians' orders. Akers advises patients who need the agency's service to contact their doctors and have the physician notify the health department home health program.

The nurse will then go out to the patient's home and do a "head-to-toe assessment," Akers said.

The assessment includes looking at the home environment.

"Are they living in a safe environment; do they have family who will help them; good hygiene; is there running water in the home," Akers said.

After the assessment, the agency will then determine a schedule for the services the physician ordered. The nurses are on 24-hour call and can be



Road to good health

DIAnne Akers coordinates the health department's Home Health Agency. The home health program offers security to homebound patients by providing nurses and services. (photo by Janice Shepherd)

reached by beeper in emergencies.

Most of the services offered by the home health agency are covered by Medicare.

"Out-of-the pocket expenses are very, very seldom true," Akers said. "If there is anything left to pay, it is based on a sliding fee scale, and we never turn anybody away because of inability to pay."

"Home health is a good service that helps the elderly. I've been in a lot of differently types of nursing, but I like home health — I believe in home health," Akers said recently, as she prepared to begin her day on the road visiting her homebound patients.

For more information about the program, call 886-8702



Will renew vows

John D. and Emodel Boyd of Banner will celebrate their 50th wedding anniversary with a reception given by their family on Saturday, June 15, at the Sammy Clark Branch Freewill Baptist Church. The couple were married June 15, 1946 in Paintsville. They have two children, three grandchildren, and four great-grandchildren. A vow renewal ceremony will begin at 2 p.m., with a reception held later in the church's fellowship hall until 6 p.m. Friends and family are urged to attend the celebration. The couple request that no presents be given.

Life-saving program for local hospitals

(NAPS)—A new medical program is helping community hospitals deal with the number one killer in the world—heart attacks.

There are about 1.25 million heart attacks annually in the U.S. and at least seventy percent of all heart attack victims go to local community hospitals for help.

However, community hospitals often lack the technology that can improve heart attack victims' chance of survival.

Many patients must wait until they can be transferred to a major medical center, risking further damage to their hearts, and even death.

According to recent medical sources, a device known as the Intra-Aortic Balloon Pump (IABP), can improve the outcome for some heart attack victims by reducing the work load of the heart and, at the same time, increasing the blood flow to that damaged heart.

When the heart lacks sufficient oxygen, due to blocked coronary arteries or other problems, it must work harder to provide vital blood circulation. IABP therapy assists the heart during both its rest and work phases.

In the rest phase, the balloon inflates, increasing the supply of oxygen-rich blood to the coronary arteries. In the work phase, the balloon deflates, decreasing the work load of the heart.

Despite excellent results in hospitals with cardiovascular centers, many community hospitals have traditionally been unable to use the intra-aortic balloon pump because they lack back-up technology or do not have physicians and nurses with training or experience in the use of balloon pumps.

In answer to this problem, Datascope Corporation, the market leader in balloon pumping, is developing Cardiac Survival Networks (CSN), which facilitate training, communication, and use of IABP therapy and build working relationships between community hospitals and full-service cardiac receiving centers to save more lives.

The program offers training and technical support to the community hospitals from the major medical centers to which they refer. Unique telecommunication capabilities built into the Datascope pump allows cardiac specialists through their on-line computers at the receiving hospital, sometimes many miles away, to view data from the intra-aortic balloon pump in a patient at a community hospital.

If patients receive timely IABP support at community hospitals, they are more likely to arrive at major medical centers in more stable

condition.

Dr. Robert J. Freedman, an interventional cardiologist and Clinic Assistant Professor of Medicine at Tulane Medical Center in New Orleans, states: "We expect the time to treatment for acute myocardial infarctions with car-

diogenic shock patients to be improved with the widespread implementation of CSNs." Dr. Freedman is the co-ordinator of the CSN concept.

For more information, call Datascope at 1-800-777-4222.



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Big Sandy Area Community Action Agency is taking applications for the senior training program. Participants must be 55 years of age or older. For further information call 874-2965.

Springfest in the Park, May 31-June 2

Springfest in the Park will be held this year on May 31-June 2 at the Lake Reba Recreational Complex in Richmond. The event will be Friday, 6 p.m.-9:30 p.m.; Saturday, 10 a.m.-9:30 p.m.; and Sunday, 1 p.m.-6 p.m.

Springfest in the Park includes a large living history exhibit that will include many activities and entertainment for the entire family. The Fourth Kentucky Regiment and Brandon Slone will be reenacting a continuous Civil War encampment. They will mock enlistments and drafts as well and mock marching for visitors. The living history exhibit will also feature a Civil War field hospital which will include an actual tent, Civil War memorabilia, hospital tables, dental chair and more.

Pioneer Games will also be included in the living history exhibit on Saturday, June 1 from 3:00 p.m.-5:00 p.m. Pioneer Games will include all ages (in age divisions) including a kid's tricycle tractor pull, kid's sand bag toss, kid's three

legged race, adult sand bag throw and 2-man/lady log toss.

The Pioneer Games will also include a cast iron bake-off. It is time to dig out your favorite family recipe and enter one of the following bake offs: apple pie, variety pie, spoon bread, corn bread, all-in-one meal, and open category (be creative!) All dishes must be baked in a single cast iron skillet/pan. All dishes will be judged anonymously.

Also in Pioneer Games there will be a whittling contest! Participants will be given a whittle stick during the Pioneer Games and will have two hours to "do their magic!"

The living history exhibit will also include the presentation by "Honest Abe" Lincoln Presenter (named the Nation's Lincoln Presenter of the Year for 1995).

A Farmer's Market will be included next to the living history exhibit.

Springfest in the Park also includes a Fishing

Derby on Saturday, June 1st from 10 a.m.-12 p.m. Registration will begin at 9 a.m. The Fishing Derby is sponsored by Kentucky Fish and Wildlife Resources and the Madison County Sportsman's Club. The Fishing Derby is for ages 15 and under and all participants must fish along the side of Lake Reba and must be accompanied by an adult. Door prizes will be given away. The Fishing Derby is free and is an excellent way for children to put some recreation into spring.

Springfest in the Park includes a car show on Saturday, June 1st, sponsored by Frank Shoop Pontiac, Buick, GMC, Jeep & Eagle. The car show's registration and judging will be from 9 a.m.-1 p.m. and will be \$10 to enter. Fifty trophies will be awarded and dash plates will be given to the first fifty registered. Awards for "distance traveled" and "people's choice" will also be presented. The car show is free for spectators.

Springfest in the Park also includes a parade of mascots on Saturday, June 1 at 3 p.m. including the following walk-around characters: Abe Lincoln, Smokey Bear, Hardee's Chicken, Kentucky Fairbear and Fairbear, Richmond Mall Bear, Ollie the Otter, Ronald McDonald and Gremmis, Erica Bear, Fazoli's Tomato, Snappy Tomato, the Little Caesar, Frisch's Big Boy and ReMax Balloon.

Springfest in the Park will also include arts and crafts, flea market, carnival rides, petting zoo, horseshoe exhibits, a horseshoe "pitch-to-win contest;" volleyball tournament and Gibson Bay Golf. There is plenty of excitement at Springfest in the Park over the weekend. The entire weekend is free, except for the food and the carnival rides.

For event information, call the Richmond Tourism Department at 606/623-1000 ext. 210.

Health and beauty tips to help dry skin weather the weather

Don't expect warmer weather to just melt away the damage winter's icy temperatures did to your skin. In fact, seasonal temperature and humidity can wreak havoc with skin that's already chapped, itchy and flaky, leaving it drier and more irritated than ever.

Dermatology Nurse Practitioner Noreen Heer Nicol says that dry skin is the most frequent year-round complaint she hears from her patients. Here are some quick tips she offers dry-skin sufferers to keep their skin in tip-top shape from season to season.

Soak and seal. Skin is dry because it needs more water. Take a 15-minute bath or shower in warm, not hot, water and wash with a gentle cleansing bar instead of soap. After bathing, pat excess water gently away and seal the water in your skin by immediately applying a creamy moisturizer.

Choose your moisturizer carefully. For instance, people with severely dry skin may find that a rich therapeutic cream like Eucerin Creme works better than a lotion or bath oil. Lotions are thinner than creams and contain more water, which evaporates off the skin. That means they don't seal in moisture as well. Bath oils, when poured straight in the water, can sit on skin's surface, actually preventing moisture from penetrating. They also make the tub dangerously slippery.

Washing clothes in detergents containing fragrances and dyes can irritate dry skin. Switch to a brand without these additives or simply add another rinse cycle to remove any detergent residue. New clothes should also be washed before wearing to remove skin-irritating fabric treatments.

After a soak in the hot tub or swim in the pool, rinse off immediately! Chlorine and other chemicals can dry skin out. Sweat can also have the same

drying effect, so shower and moisturize immediately after exercising.

If your skin cracks, bleeds, or develops a non-healing lesion and doesn't respond to over-the-counter treatments, contact your dermatologist or health care practitioner.

For a limited time, you can call for a free brochure with skin tips on preventing everything from dry skin to skin cancer at 1-800-655-SKIN.

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Replacing your current life insurance policy?

(NAPS)—Before you consider replacing your current life insurance policy with another, there are some questions that need answers, caution experts at the American Society of Chartered Life Underwriters (CLU) & Chartered Financial Consultants (ChFC). First, ask the agent to detail in writing the advantages and disadvantages of a replacement. Some additional questions you might ask are:

- If I replace my current policy, how soon within the new policy will I have access to the same amount of cash value that I currently have in my existing policy?

- What is the difference in guaranteed values between the two policies?

- Can the payment of a death claim be challenged if I die within two years of buying a new policy?

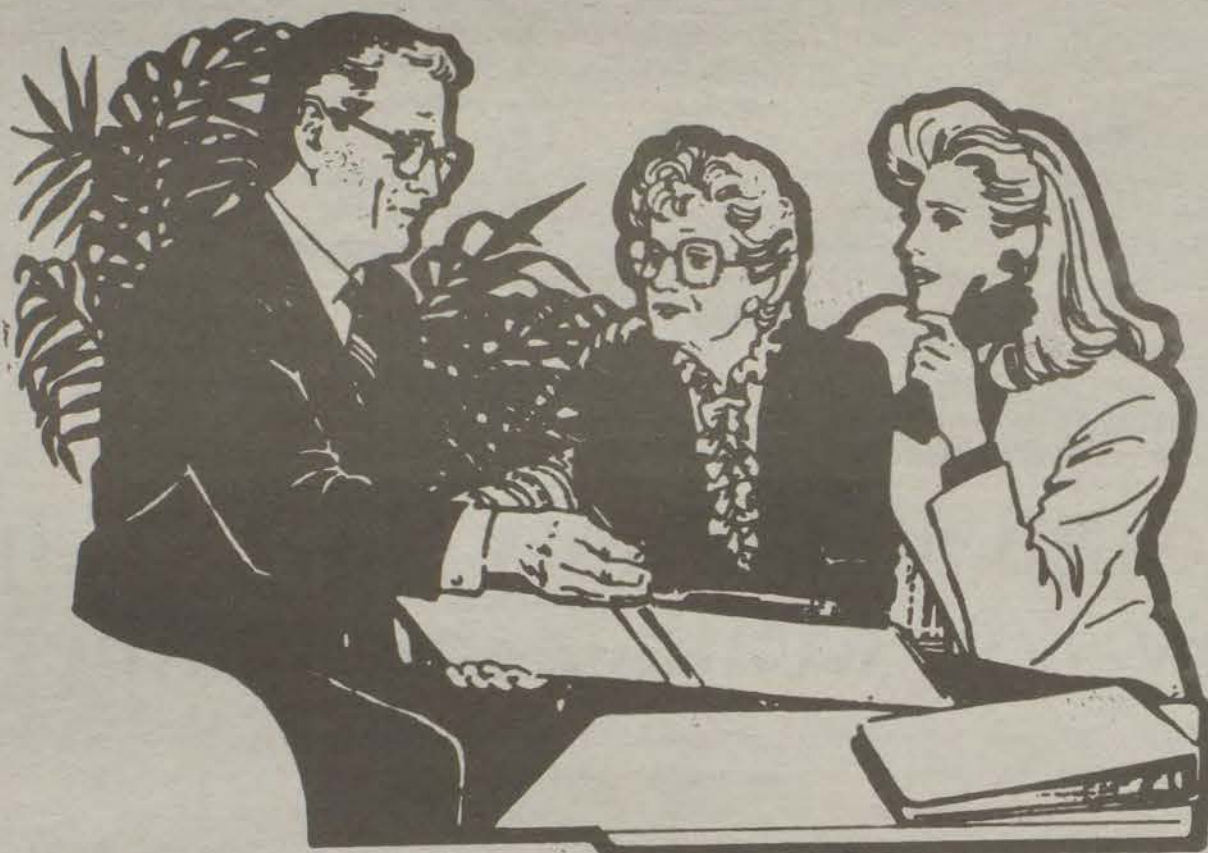
- If interest rates go down, how will the proposed policy perform? How would my existing

policy perform?

"Generally speaking, replacing one life insurance policy with another is not in the consumer's best interest," says Curt Ford, CLU, ChFC president of the American Society of CLU & ChFC. "There are however instances in which circumstances make it advantageous to replace the exist-

ing policy."

The American Society has developed a Replacement Questionnaire that is designed to help uncover the issues that must be clarified before a replacement recommendation is made. A copy of the questionnaire is available by contacting the American Society at 800-392-6900.



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Update on Social Security news for "notch babies"

There could be \$5,000 worth of good news for the approximately ten million people born between 1917 and 1926, their friends and families. Until now, these "notch babies," as they're called, received lower Social Security benefits, compared with persons born on either side of their age group.

Attempts to correct this inequity in the past have failed in large part due to the high cost.

In response, the idea of a one-time \$5,000 lump-sum, settlement of those affected by the notch has been proposed by TREA Senior Citizens League, a national lobbying organization with more than 619,000 active supporters. This will save the government the cost of a long-term payout and get many of these beneficiaries some money while they can still use it.

The proposal is also being studied by the Congressional Research Service in order to determine total cost.

For more information, write Michael J. Zabko, TREA Senior Citizens League, Dept. LSO1, 909 N. Washington St., #301, Alexandria, VA 22314.

Guide to arm Americans in battle to preserve trust fund

"The Coming Collapse of Social Security" is a comprehensive guide, edited and published by the Senior Exchange, calling Americans to arms in the battle to preserve the Social Security Trust Fund.

The editors say there are three major problems that put Social Security in crisis: Congress spending Social Security reserves on "today's pork," growing demands for deep cuts in senior benefits and Social Security Administration mismanagement.

"The Coming Collapse of Social Security" is available for \$4.99 by writing to "Collapse," The Senior Exchange, Dept. CC01, Box 1010 Madison, VA 22727. (News USA)

The Medical Adviser

Diet is a vital piece of the aging puzzle

by M.R. Hiller

Q: I'm a baby-boomer, born in 1946 and turning 50 this year. I've enjoyed excellent health and anticipate doing so for the next 50 years. What can I do to hedge my bets for living a long, independent life? What is our life span, and what can I do to reach it?—S.T., Boston

A: We know there are lifestyle choices, such as avoiding drugs and alcohol, eating right and exercising, that can improve the quality of life and potentially delay the start of chronic diseases. Though this can make our lives more enjoyable, it hasn't been shown to make them longer, and most people die by age 80. But it's possible for a human to live far beyond that point, and a growing body of research suggests one tactic that will accomplish this: restricting caloric intake.

There have been reports throughout history of people who lived to great age, but the oldest known person with a birth record reliable enough for scientists is Jeanne Marie Calment of France, still living at 120 years old. She has become the standard for the human genetic life span, and every year she lives, that span will increase. After her 121st birthday this year, the genetic life span will be considered to be 116 to 121 years.

As a society, Americans are getting older because of the sheer numbers of baby boomers and a continual increase in how long we live. There are presently 33.6 million Americans over 65, a number expected to more than double by the year 2030. The fastest growing segment of the population is those over 85. Currently there are 3.3 million Americans over 85. This will increase to nine million by 2030, and some experts predict 48 million Americans will be over 85 by 2050, and one million of them will be over 100.

With this aging population, the number of people with illness and dependency is expected to increase dramatically. Conditions such as Alzheimer's disease, heart disease, adult-onset diabetes, Parkinson's disease, arthritis, osteoporosis, urinary incontinence, visual loss and hearing loss will afflict up to 10 percent of those over 75 and 30 percent of those over 85. By the year 2030,

there will be six times the number of people with these problems. For example, about four million Americans now suffer from Alzheimer's disease, costing \$100 billion dollars a year in health care. By 2040, this is expected to rise to 14 million Americans. These predictions were presented in a 1995 report by the American Federation for Aging Research and the Alliance for Aging Research, called "Putting Aging on Hold: Delaying the Diseases of Old Age."

Delaying diseases like these will be important social goals in the future, and absolutely essential if the health care system is to remain solvent. We'll discuss how those delays can be gained in an upcoming column.

However, experts say that even if we become very good at delaying the onset of the diseases of aging, we still won't live much longer than we do now.

Surviving to the genetically feasible age of Jeanne Marie Calment will take much bigger changes. Some research is looking at preventing cancer and, perhaps, aging by manipulating telomeres, the ends of chromosomes that shorten as the cell ages; at increasing life span with hormone replacement therapy; and at prolonging the activity of mitochondria, the energy plants within our cells. David Perry, executive director of the Alliance for Aging Research, has written on these topics.

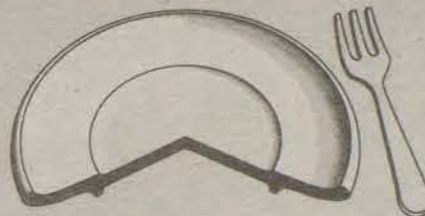
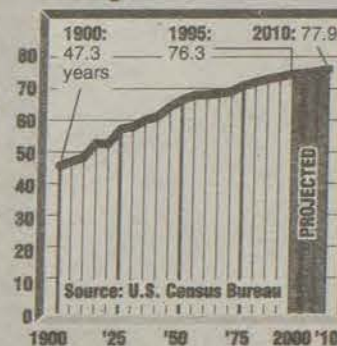
But today the most advanced research is in dietary restriction, generally defined as eating 30 percent fewer calories and making sure that the remaining 70 percent of calories is nutritionally near-perfect in protein, carbohydrate, fat and nutrient balance. The body composition goal is roughly eight percent fat in men and 10-12 percent in women. For comparison, the average American man is 18 to 22 percent fat and the average woman is 25 to 30 percent.

This theory of caloric restriction extending life span in humans is based totally on animal studies. The field began with work by Clive McCay, a nutritionist at Cornell University who restricted rats' food intake and found that those who ate

Increasing life expectancy

Humans can live 120 years or more. How long we actually live depends on avoiding or surviving disease, accidents, violence and bad lifestyle choices such as smoking, alcohol and eating too much.

In the early years of civilization, around 3000 B.C., the average life span was 18 years. By 1900, the U.S. average was 47.3 years. Children born in 1995 on average can expect to live to 76.3 years. By 2010, the average will be 77.9.



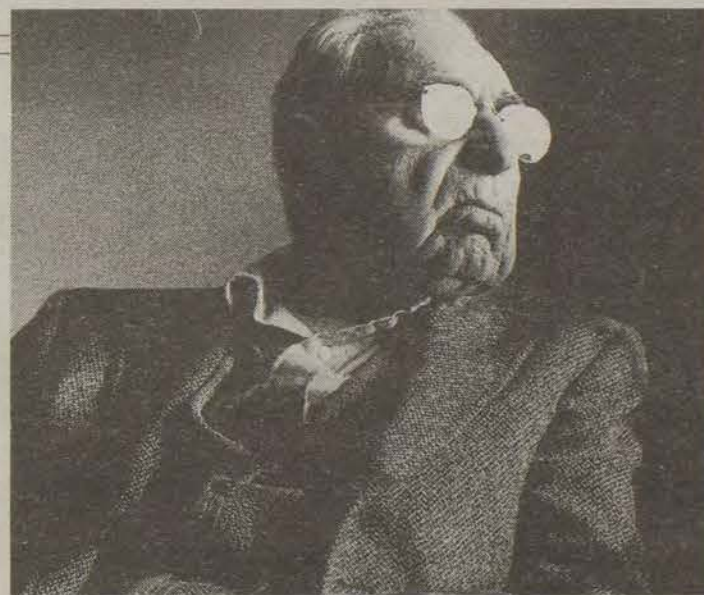
Extending your own life

Animal studies suggest that a restricted diet of about a third less calories than normal can increase longevity. Putting this information to use requires careful attention to proper nutrition.

The ideal diet is still a subject of debate. Regardless of the total amount of calories eaten, a person should consume about 60 percent of their calories in carbohydrates, 20 percent in protein and 20 percent in fat. The source of fat should be primarily fish oil and other unsaturated fats. Elderly people need to pay special attention to protein, eating about one to 1.5 grams of protein for every pound of lean body weight (defined as your body weight less the weight of your fat). Vitamins and minerals should meet or, in the case of water soluble vitamins, exceed established minimum daily requirements.

Who's counting: Since 1992, 1,190 medical articles have been published on aging.

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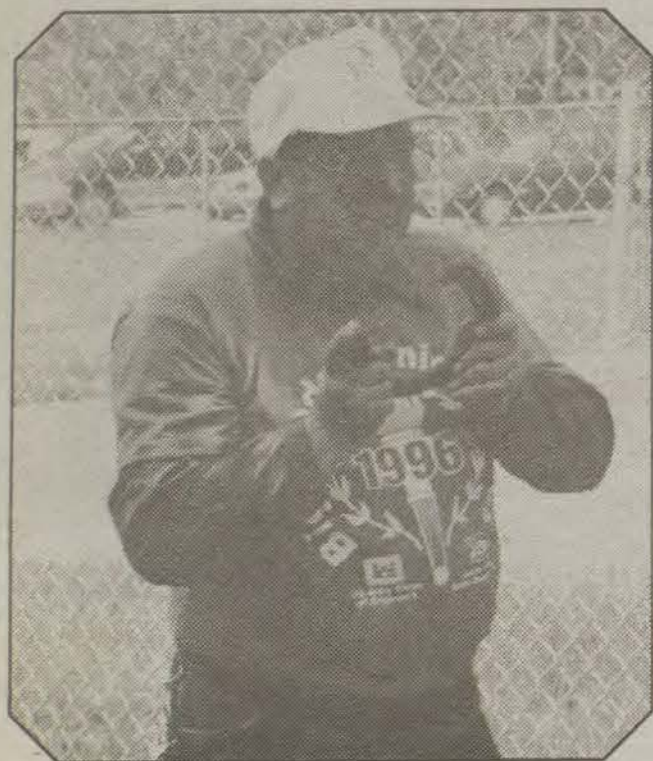
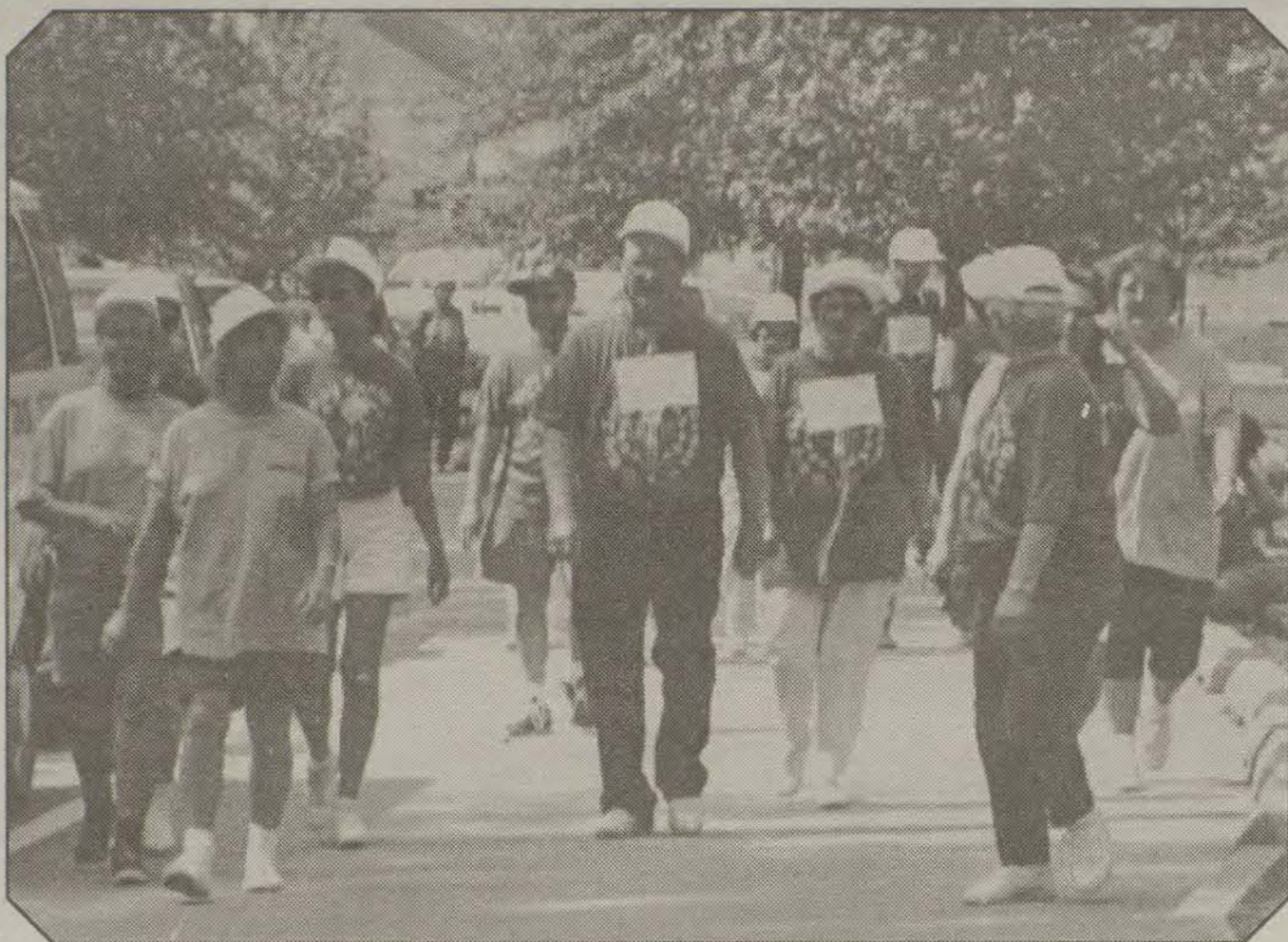
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(See Medical Adviser, page 11)



Fun in the sun

Seniors citizens from around the region participated in the Big Sandy Senior Games. Events pictured are the mile walk, top photo, right; lawn bowling, top far right; horse shoe pitching, left; football toss, right; lawn bowling, and spincasting, pictured far right. Senior citizens also took time out to listen to speeches and watch the dancing. (photos by Ed Taylor)



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The Big Sandy Senior Games

About 340 people participated in the Big Sandy Senior Games held May 10 and 17.

Billiards and bowling competitions were held May 10 at Evergreen Bowling Lanes in Prestonsburg.

The other eight events were held May 17 at the Dewey Dam Recreation Area near Jenny Wiley State Park.

Categories included football toss, softball toss, basketball shooting and free throw, lawn bowling, spin casting, horse shoes and the mile walk.

Participants came from the five counties — Floyd, Martin, Magoffin, Johnson and Pike — in the Big Sandy development region.

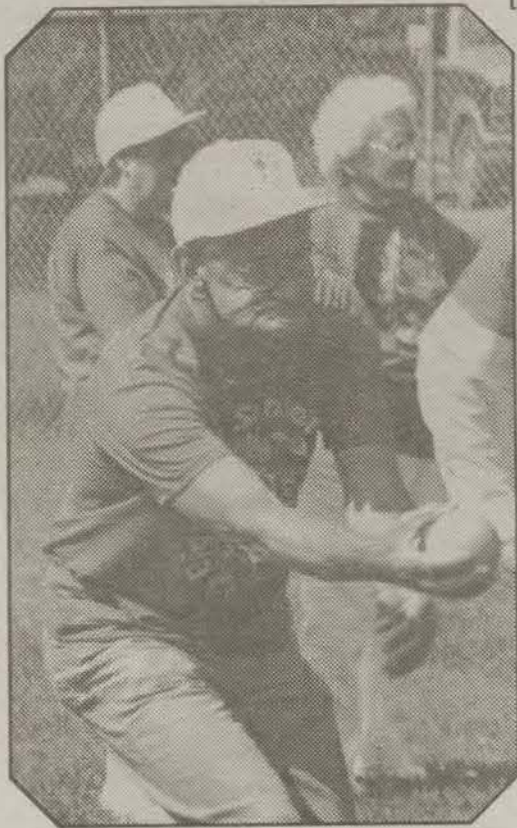
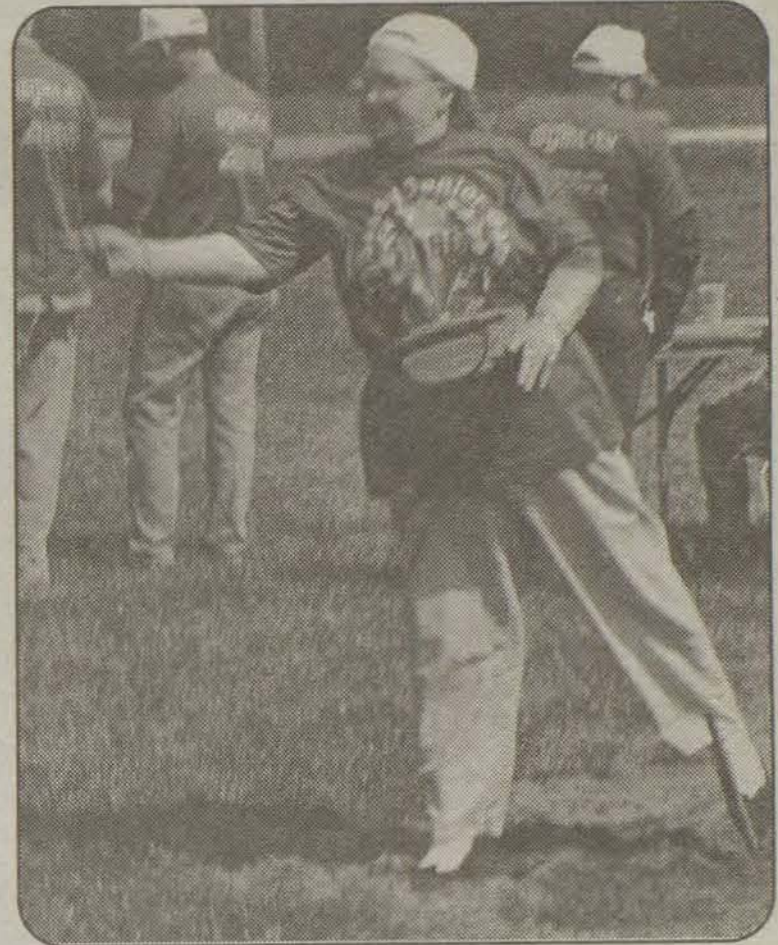
The Big Sandy Area Development District coordinates the games, which are held annually on the second and third Fridays in May.

Sponsors of this year's competitions were Cooley Medical, Pikeville National, Citizens National Bank, WYMT-TV, McDonald's, Jenny Wiley State Resort Park, the U.S. Army Corps of Engineers, Pike County DSS, the City of Prestonsburg, fire and rescue departments, East Kentucky Beverage, and Kentucky Crystal.

The Big Sandy

Senior Games are open to anyone age 55 and older, whether they attend a senior citizens center or not, according to Betsy Carrol, with the Big Sandy Area Development District.

Before the games are held each year, registration forms are available at all sponsors' businesses, senior citizens' centers in the five-county region, and the Big Sandy Development District office.



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Pay for play: turning your hobby into a business

More and more Americans are finding ways to enhance their incomes while enjoying their hobbies. People are trading coins, breeding animals, painting—and making a profit to boot. The Kentucky Society of CPAs points out that besides earning additional income doing something you enjoy, there are tax advantages that come with turning your favorite hobby into a business.

DEDUCT NET LOSSES

One of the major tax advantages of transforming your hobby into a business is the ability to deduct losses. A hobby loss cannot be used to slash your tax bill. However, if your hobby is converted into a business, which subsequently incurs a loss, the loss is deductible against income you earn elsewhere, such as your salary. If, for example, you have a sideline business selling watercolors you paint, and during one year your expenses outpace your income, you can deduct your loss from other income you earn.

DEDUCT EXPENSES IN FULL

Generally, the costs associated with your hobby are considered nondeductible personal expenses. Tax deductions for hobby expenditures are allowed for expenses that would be tax deductible regardless of whether or not the activity yielded a profit. In addition, deductions attributed to the activity are allowable to the extent of the gross income derived from the activity or hobby. However, when you make a profit from a hobby, you must claim the full amount as income.

In contrast, when you run a bona fide business, you can offset your taxable income by deducting the full amount of your business expenses (except for meal and entertainment expenses, which are 50 percent deductible) on Schedule C.

TRAVEL ON THE BUSINESS

The ability to deduct the cost of business-motivated travel is another tax benefit of turning your hobby into a business. For example, a photographer who travels to a resort location for a business assignment may be able to have the trip subsidized by Uncle Sam. If your hobby qualifies as a business, you also may be able to deduct the cost of attending related trade shows, meetings, and conventions.

HOBBY OR BUSINESS?

How do you and the Internal Revenue Service (IRS) determine if your activity is a hobby or a business? For the most part, your ability to generate a profit is the determining factor. If you report a profit from an activity in three or more out of five consecutive years, your activity is not considered a hobby. If the activity is horse breeding, training, showing, or racing, the profit presumption applies if you show profit in only two of the last seven years.

REQUEST MORE TIME

If you don't pass the three-years-out-of-five rule and the IRS challenges the business status of your activity, you have a recourse. You can file IRS Form 5213, Election to Postpone Determination as To Whether the Presumption Applies That an Activity Is Engaged in for Profit. This action delays the IRS's final determination of your activity as a business, and in the meantime, you can claim business deductions. But beware: You will owe back taxes and penalties if your activity fails to qualify as a business at the end of the five-year period.

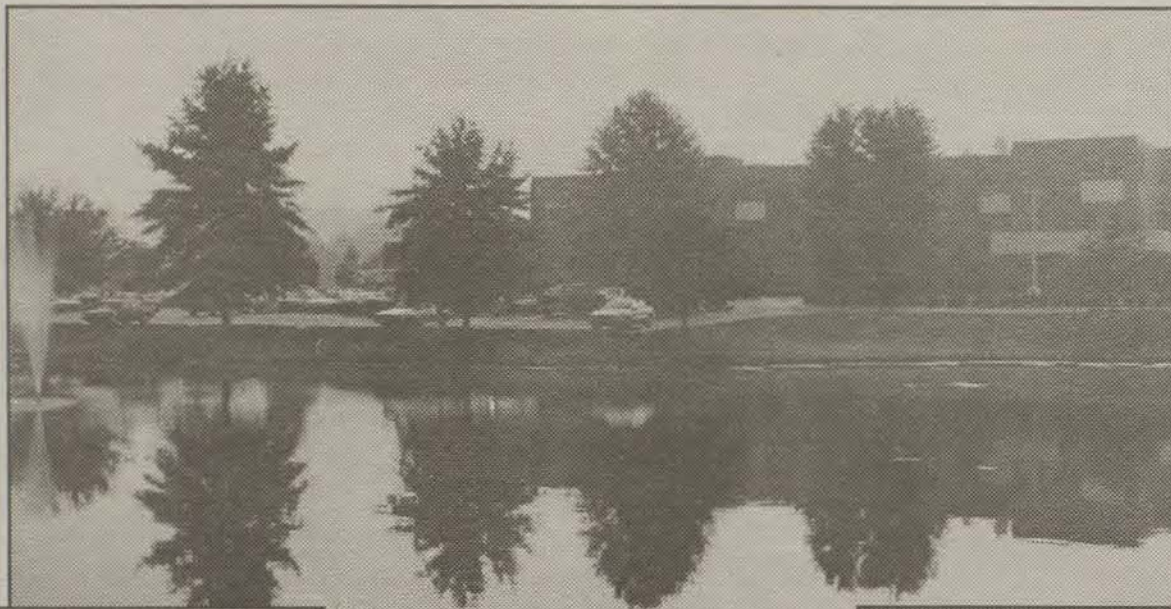
KEEP GOOD RECORDS

Uncle Sam is suspicious of business deductions

claimed for hobby-like activities, so you can expect the IRS to scrutinize deductions for potentially unreasonable business, travel, and entertainment expenses. To protect your business and your deductions, be sure to maintain your books in a businesslike manner and keep meticulous records that document the place and purpose of all business expenses. It's also important to have a separate checking account for the business.

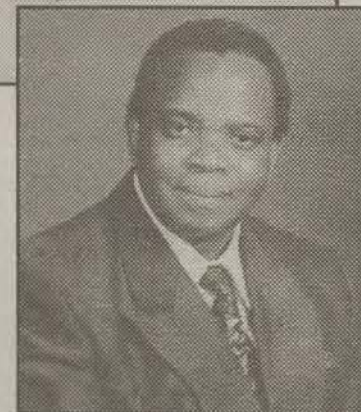
THERE'S MORE

In addition to the tax advantages cited here, you also may qualify for other tax breaks including deductions for contributions to a retirement plan, home office expenses, and business equipment expensing. CPAs urge you to keep in mind that along with the tax benefits of having a business come important tax responsibilities, such as paying estimated taxes and self-employment taxes.



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Medical Adviser

(Continued from page seven)

less lived longer.

Later studies in rats and mice found a direct relationship between the severity of dietary restriction and the amount of life span extension. A 10 percent reduction in intake led to a 10 percent extension of life span; a 20 percent reduction, a 20 percent extension; and so on to 30 percent, the maximum caloric reduction that could be tolerated. The animals lost weight to a certain point, then maintained that weight.

Newer animal studies have showed that reduced intake inhibits cancer; autoimmune disease, such as some thyroid diseases and rheumatoid arthritis, where the body attacks its own normal cells; and other age-related diseases. When autopsied, the calorically restricted animals had young-looking tissues and no tumors.

There are so many mechanisms at work in the body that it has been difficult to identify just how eating less leads to a longer life. Gabriel Fernandes, professor of medicine at University of Texas Health Science Center in San Antonio, suggests it works by delaying the loss of the body's ability to fight infection and disease.

Prospective studies like these are impossible to duplicate in humans. The best substitute for aging studies is the monkey. Dr. Richard Weindruch, professor of medicine at the University of Wisconsin-Madison Medical School and director of the University of Wisconsin Institute of Aging, is in the sixth year of a study of 28 rhesus monkeys that began when the monkeys were middle-aged, 8 to 14 years old.

Half the monkeys eat an unrestricted diet, while half eat a 30 percent reduced diet. Every two years, biopsies are performed to compare liver, spleen and other tissues with similar tissues

studied in the rodents on restricted diets. Early results indicate that the animals are responding similarly, writes Weindruch.

Weindruch's and Fernandes' work was described in April 1995 in the journal *Nutrition Reviews*.

The Medical Adviser is produced by the Medical Information Foundation using a data base that contains articles from more than 3,500

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The video was developed to fund the Public Partnership Against Crime, an organization committed to empowering individuals with the skills to protect themselves.

StreetSmart can be purchased for \$19.95 at local stores or by calling 1-800-9-SMART-1.

Social Security benefits: retiring uncertainty

How much will you actually receive in Social Security benefits when you retire? According to the Kentucky Society of CPAs, it depends on a number of factors, including your retirement age and your contributions to the Social Security fund. Here's what you should and should not expect.

- You should expect to get an estimate of your future Social Security benefit. Don't wait until you retire to find out how much you're entitled to. Review your Social Security account in advance so that you can plan ahead and, if there are any discrepancies, correct them before payments are due to start. To do so, call 1-800-772-1213 and ask for a Request for Earnings and Benefit Estimate and Statement. Return the completed form to receive an official statement of your earnings history, as well as monthly benefit estimates for retiring at age 62, 65, or 70.

- You should not expect to receive Social Security benefits automatically. You must apply. The Social Security Administration recommends that you sign up for benefits up to three months before you become eligible, either by calling or visiting your local Social Security office. When you apply, bring your Social Security number, birth certificate, last year's W-2 or a copy of last year's self-employment tax return and, if you served in the military, your discharge papers.

- You should expect to be eligible for Social Security benefits if you have earned enough credits for a certain amount of work. Social Security benefits are based on a system of credits that you earn while you are working. To qualify for retirement benefits, you need to earn 40 credits if you were born in 1929 or later, or fewer if you were born before then. The amount of wages needed to earn a credit increases each year. Most people earn the maximum of four credits per year. You should not expect to retire at age 65 with full Social Security benefits if you were born in 1938 or later. Because of longer life expectancies, the full retirement age will be increased in gradual steps until it reaches age 67 for anyone born after 1960.

- You should expect to get increased Social Security benefits if you continue working beyond full retirement age. The later you start receiving benefits, the larger your checks will be. That's because each additional year of work adds another year of wages to your Social Security earnings record, and higher lifetime earnings may increase your monthly benefit. Also, you get a bonus in the form of a delayed retirement credit for each year of work beyond your 65th birthday, up to age 70.

- You should not expect to receive full benefits if you choose to retire early. If you take early retirement, your benefits will be permanently reduced. Assuming your full retirement age is 65, the reduction for taking Social Security benefits at age 62 is 20 percent. If you're under age 70, you should not expect to receive your full benefits if you decide to work while receiving Social Security. There's a limited amount you can earn each year without losing some of your benefits. When your earnings rise above the exempt amount, which varies with your age, \$1 in benefits is withheld for every \$3 you earn over the limit, or \$1 for every \$2 over the limit if you are under age 65. However, don't make this a reason for not working. In many instances, you'll come out ahead by earning income

from a job and sacrificing some Social Security dollars.

- You should expect to receive full Social Security benefits if you decide to continue working after you reach age 70. Once you reach 70 years of age, you can collect full Social Security benefits no matter how much you earn from a job. You should not expect your Social Security benefits to be tax-free if you have substantial additional income. If your total income for the year exceeds a certain level, you may owe income taxes on a portion of your benefits.

- You should expect to have a right to appeal. If you don't agree with the Social Security Administration's decision regarding your benefits, you have 60 days from the date you receive notice of the decision to file an appeal. You should not rely exclusively on Social Security benefits. Although you contribute to the Social Security system throughout your working life, CPAs say when it comes time to retire, in most instances, you'll need to complement your Social Security benefit with other income in order to maintain a comfortable lifestyle.

Senior Service Line

by Matilda Charles

STARVING SENIORS? It may be difficult for most people to believe, but the facts are that many seniors in this country are, quite literally, starving. And not because of poverty either. Indeed, some of the worst cases include people who have an adequate income. However, these older folks have simply stopped eating properly and as a result, they have starved their bodies of nutrients often to the point where they become seriously ill.

There are many reasons for this unfortunate situation. One is a simple fact of aging: as we get older, we tend to lose some of our sense of taste as well as smell. The inability to taste and smell foods can lead to loss of appetite.

Another factor is that many seniors live alone and have little interest in preparing adequate meals just for themselves. A woman in my building who lost her husband recently put it sadly, but succinctly: "Why bother when Jack's not around anymore to tell me what a good cook I am."

Health is another factor in this insidious "starv-

ing" of many of America's seniors. Some older folks can no longer provide even the most basic services for themselves, which includes preparing meals. Some forget to eat. Some are not strong enough to shop for the foods they need.

It's ironic, but if these people were destitute and on the public welfare rolls, someone would be looking in on them to make sure they eat properly and can take care of their own needs. But these folks are simply slipping through the cracks because no one seems to be aware of what is happening to them.

What can we do for them? One suggestion would be to expand community services for the elderly wherever possible. That would include expanding the Meals on Wheels programs. And if someone says this costs too much, let's remind that naysayer that it's far cheaper to prevent problems than to have to deal with them later, often in some government funded facility.

What do you suggest? Please share your thoughts on this increasingly serious situation. Write me c/o King Features Weekly Service, 235 East 45 Street, New York, N.Y. 10017.

STRATEGIES

FOR SURVIVING THE '90s

Alternatives to surgery

■ **Reduce physical stress:**

Stopping activities, such as running or tennis, that put much stress on the hip can sometimes reduce pain.

■ **Take medication:** Aspirin, ibuprofen, naproxyn or acetaminophen can often provide enough pain relief.

■ **Get physical therapy:** Strengthening leg and hip muscles can reduce stress on the joint.

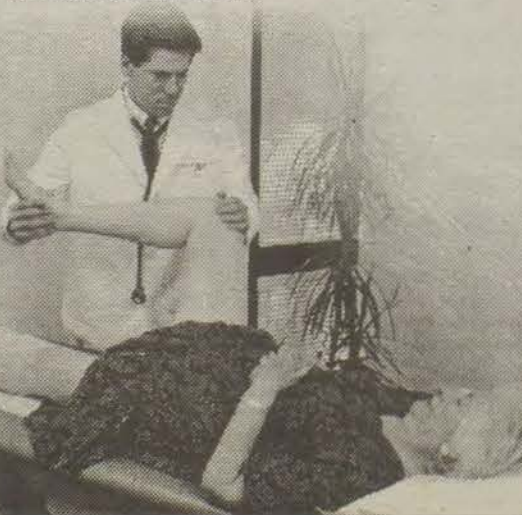
■ **Lose weight** (especially if you are overweight): Fewer pounds means less weight for hip joints to bear.

■ **Use walking aids:** Walkers and canes reduce load borne by hips.

SOURCE: Harvard Women's Health Watch

About hip replacements

About 120,000 hip replacements are performed in this country each year, 62% of them on women.



If surgery is needed

■ **Lessen** surgical risk by reaching the right weight and not smoking.

■ **Find** a surgeon who replaces hips more than 50 times a year.

■ **See** a physical therapist before surgery to learn hip-strengthening exercises.

■ **Arrange** for household help while you are recovering.

For more information: Call your local Arthritis Foundation chapter.

Next week: Financial planning for retirement

Good nutrition: Heart-smart vitamins

Millions of Americans strive to lower their risk for heart disease by eating less saturated fat and cholesterol and by controlling their weight. Now, scientists are finding out that other aspects of nutrition may also play an important role in reducing the risk of heart disease.

VITAMIN E

Results of recent research demonstrate that generous intakes of vitamin E and other antioxidants, such as vitamin C and carotenoids, may help reduce the risk of coronary heart disease. Optimal levels of vitamin E act as a powerful antioxidant, helping to curb the development of coronary artery disease. It works, scientists say, by reducing the buildup of fatty deposits, or plaque, on artery walls. Such deposits can lead to chest pain and heart attacks.

"Vitamin E is the most exciting antioxidant in the fight against heart disease and supplementation is a prudent alternative, since it is virtually impossible to get the required amount through diet," Ishwarlal Jialal, M.D., recently told the American Dietetic Association. This is especially true because people are trying to cut down on fatty foods which are often a good source of vitamin E.

Jialal, from the University of Texas, Southwestern Medical Center at Dallas, says that research consistently shows the benefit of antioxidant supplements. Studies show that vitamin E and C are protective and safe at levels well above the Recommended Dietary Allowances. The current daily RDA for vitamins E is 12 to 15 IU and for vitamin C is 60 mg. In his practice, Jialal recommends an intake of 400 IU of vitamin E, 500 mg of vitamin C and a diet rich in beta carotene to patients with heart disease. However, a patient taking anti-coagulant drugs should check with his or her doctor before using vitamin E.

NEW FOLIC ACID FINDINGS

Scientists are also focusing on the role of the B vitamins, especially folic acid, in helping to reduce the risk of heart disease. A team of researchers at the University of Washington reported that an estimated 56,000 fewer Americans would die each year from heart attacks and strokes if people increased their consumption of folic acid and other B vitamins. They reached their conclusion based on an analysis of scientific studies showing a link between folic acid, homocysteine and heart disease.

Homocysteine is an amino acid that can build up in the body and potentially damage the cells lining the heart and blood vessels. Adequate folic acid

can help keep homocysteine levels low. Scientists, including Meir Stampfer, M.D., of Harvard, say that people need to consume about 0.4 mg of folic acid a day to ensure adequate intake for a healthy heart.

The richest food sources of folate include orange juice, green leafy vegetables and legumes. Some fortified breakfast cereals also contain folic

acid, and multivitamins usually have 0.4 mg of folic acid.

The University of Washington study "shows the enormous potential of folic acid," said Godfrey Oakley, M.D., of the national Centers for Disease Control and Prevention. "If everybody consumed enough folic acid we could save more Americans than were killed in Vietnam. That's a big deal."

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Brain Attack Facts

- On average, someone suffers a stroke (brain attack) in the U.S. every minute
- Brain attacks killed about 149,780 Americans in 1993
- There are about 3.8 million stroke survivors
- From 1983 to 1993 brain attack death rates declined 23.5%



Cardiovascular disease, the No. 1 killer in the United States today, is responsible for about 925,000 Americans deaths each year. Today nearly 59 million Americans (one in four) have some form of cardiovascular disease, ranging from congenital heart defects to high blood pressure and hardening of the arteries. Because they have cardiovascular disease, they are at high risk of disability or death. A large percentage of victims who die suddenly of coronary heart disease show no previous evidence of the disease. Heart attack and stroke can happen to anyone, at any age, at any time.

Learn to recognize the warning signs of heart attack and stroke and to respond quickly by seeking immediate medical help. It is a national tragedy that so many who die might have lived if they, or someone close to them, had only known what to do.

Q. What is a heart attack?

Coronary atherosclerosis causes heart attack. It is a slow process that can go on for years without causing any symptoms. Fat-like deposits made of cholesterol and other substances build up in the inner walls of the arteries leading to the heart and eventually narrow them so that less blood, and therefore less oxygen, flows to the heart. When less blood, and less oxygen, flows to the heart, the heart muscle may be damaged. If a blood clot forms in a narrowed artery and completely blocks the blood flow, part of the heart dies and a heart attack results.

Q. What are the warning signs of a heart attack?

Warning signs of heart attack include 1) uncomfortable pressure, fullness, squeezing or pain in the center of the chest that lasts more than a few minutes, or goes away and comes back 2) pain that spreads to the shoulders, neck or arm 3) chest discomfort with lightheadedness, fainting, sweating, nausea or shortness of breath. Not all of these symptoms occur in every heart attack. Sharp, stabbing twinges usually are not signals of a heart attack.

Q. If someone is showing the signs of a heart attack or stroke, what should be done?

Act immediately. Waiting can be fatal. Call the emergency rescue service. Depending on the community, this may be 911. If getting to the hospital is faster by car, have someone drive the victim. The person showing warning signs should not drive. Know in advance your emergency medical number and the nearest medical facility with 24-hour emergency cardiac care. Determine the fastest route to the hospital from home and work.

Q. What measures can be taken before a heart attack victim gets medical help?

Immediate measures can also be taken until help arrives or you get to the hospital. Administer cardiopulmonary resuscitation (CPR) if the patient has stopped breathing. If the victim is experiencing shortness of breath, raise the head. If the victim is pale, cold and sweaty, lower the head. Also, have the victim chew and swallow one aspirin tablet, which can have an anti-clotting effect so that the blood to the heart flows freer.

Q. Why is getting immediate medical help so important?

In the case of heart attack, the longer blood does not flow to the heart, the longer it is deprived of oxygen. When the heart muscle is deprived of oxygen, it

dies. Doctors have a saying among themselves, "time is muscle." Medical personnel can administer thrombolytic drugs, which open up the arteries and release the flow of blood. These drugs have their maximum effectiveness within the first two hours of a heart attack. Those who wait too long to get medical help, but survive their attack, may find their remaining years and quality of life drastically reduced because only a portion of their heart is still alive and able to pump the blood their body needs.

Q. What is ventricular fibrillation?

Also, during the early stages of heart attack the body often experiences electrical instability leading

Questions most commonly asked about heart attack and stroke

to rapid, irregular contractions of the heart called ventricular fibrillation. This can lead to sudden death. If the victim gets to the hospital quickly, ventricular fibrillation can be monitored and in a high percentage of cases, stopped and reversed. The more time that goes by, the harder it is to stop.

Q. Don't a lot of people mistake the pains in their chest for indigestion?

It is very common for heart attack victims to deny they're having a heart attack. The average heart attack victim waits at least one hour before getting help. In fact, if you're with someone showing the signs of a heart attack, expect a denial. The thought of having a heart attack is scary—many people don't want to face that possibility. Also, they may be afraid to risk the embarrassment of a "false alarm." As a result, they delay getting help by ignoring their symptoms or rationalizing that "it's just indigestion."

Q. What are the risk factors for heart attack?

High blood pressure, a high blood cholesterol level, cigarette smoking, obesity and lack of regular exercise are important risk factors of heart attack. These risk factors can be corrected to reduce your risk. Other risk factors cannot be changed, such as heredity, age, sex and race. Some families have a greater tendency toward heart attack. African-Americans have a greater risk of heart attack because they are more prone to high blood pressure. Also, studies show that men are likely to suffer heart attacks earlier in life than women, but that women are less likely to survive their heart attack.

Q. What is a stroke?

Brain cells must have a continuous, ample supply of oxygen-rich blood, or they die. When the inner walls of arteries become lined with plaque, the arteries are narrowed, blood flow slows and clots are likely to form. Sometimes a wandering clot is carried by the bloodstream until it lodges in an artery in the heart and stops the blood flow. Clots can also block an artery in the brain. In this case, the result is a stroke. Stroke can also occur when an artery in the brain bursts, flooding the surrounding tissue with blood. When this happens, cells normally fed by the artery are deprived of their nourishment and squeezed by pressure that builds up inside the skull.

Another problem is that the blood from the ruptured artery soon clots, which may displace or destroy brain tissue and interfere with brain function.

Q. What are the warning signs of a stroke?

Common signals of a stroke are sudden weakness or numbness on one side of the body; loss of speech or trouble talking or understanding others; sudden dimness or loss of vision, particularly in one eye; sudden, severe headaches with no apparent cause and unexplained dizziness, unsteadiness or sudden falls, especially along with any of the symptoms mentioned above.

Q. What is a TIA?

Sometimes a major stroke is preceded by Transient Ischemic Attacks (TIAs) or "little strokes" which produce symptoms like those of a major stroke, except that they last for only a very short time. These "little strokes" can occur days, weeks or months before a severe stroke and should be considered warning signals. Prompt medical or surgical attention to these

symptoms can prevent a major stroke. TIAs can be treated with drugs that inhibit clots from forming.

Q. How important is time in getting medical help in the event of a stroke?

With stroke, "time is brain tissue." The longer the brain is deprived of oxygen, the greater the risk of death or debilitation (i.e. loss of intellectual function, speech and body mobility due to paralysis). Medical personnel can help stabilize a stroke victim and monitor his or her vital signs. They can also check for any traumas to the head and neck the victim may have incurred in a fall during the stroke and be there to respond if the patient has a seizure, loses consciousness or goes into respiratory arrest (which can then lead to coronary arrest and death).

With early access to the stroke patient, doctors can begin treatment and rehabilitation immediately. Drugs that can break up the clots that cause stroke are now in the testing phase and may prove to be a major breakthrough in the treatment of stroke.

Q. What are the risk factors for stroke?

Many of the risk factors for heart attack also apply to stroke. Five partly controllable risk factors are: 1) high blood pressure 2) heart disease 3) cigarette smoking 4) transient ischemic attacks and 5) high red blood cell count which thickens the blood and makes clots more likely. Other controllable factors increase stroke risk: 1) elevated blood cholesterol 2) physical inactivity, and 3) obesity.

Q. What can I do to reduce my risk of heart attack and stroke?

Reducing your risk factors for heart attack will also reduce your risk of stroke. Don't smoke cigarettes. Eat a low-fat diet and control your weight. Avoid a sedentary lifestyle; make physical activity a part of your daily routine. Control your blood pressure and blood cholesterol. Avoid excessive alcohol intake. Find out if you have diabetes or a high red blood cell count, which are linked with an increased risk of heart attack and stroke, and work with your doctor to control them with a proper diet, drugs and exercise regimen.

Q. How can I get more information about heart disease and stroke?

Contact your local American Heart Association or call 1-800-AHA-USA1.

Businessman uses agency invention as his "eyes"

George Stokes is a Kentucky businessman who knows that time is money and he tries to run his business as efficiently as possible.

To help him do that, he uses a talking bar code reader, invented by an electrical engineer in the Kentucky Department for the Blind, to sort stock, find out cost information and store up his memory. He has used the device for about two years.

Before getting the talking bar code reader, Stokes, who has been totally blind for 30 years, found himself wasting a lot of valuable time waiting for sighted employees to read labels for him or look up information.

"Time, in a lot of cases, is money," said Stokes, who runs a concession business that includes 40 vending machines throughout a power plant in Western Kentucky.

"With the bar code reader, I'm less dependent on sighted employees. If they happen to be away from the area stocking machines, I don't have to wait for them to find out what a particular product is.

"The bar code reader is like having a pair of eyes sitting on my desk."

The talking bar code reader consists of a scanner—like the ones used in most grocery store check-outs—and a speech synthesizer connected by personal computer software.

When a bar code on an item is scanned, the synthesizer announces the name of the product audibly. Other information about the product can be retrieved, such as wholesale cost.

When Stokes is stocking potato chips, for example, the bar code reader allows him to distinguish between regular chips and sour cream. By scanning bar codes, he can also identify diet drinks from regular ones.

"When I can't remember the wholesale cost of an item," said Stokes, who has been in the vending business for 22 years, "I can scan it and get the information instantaneously. It gives me the capacity to read material on my own."

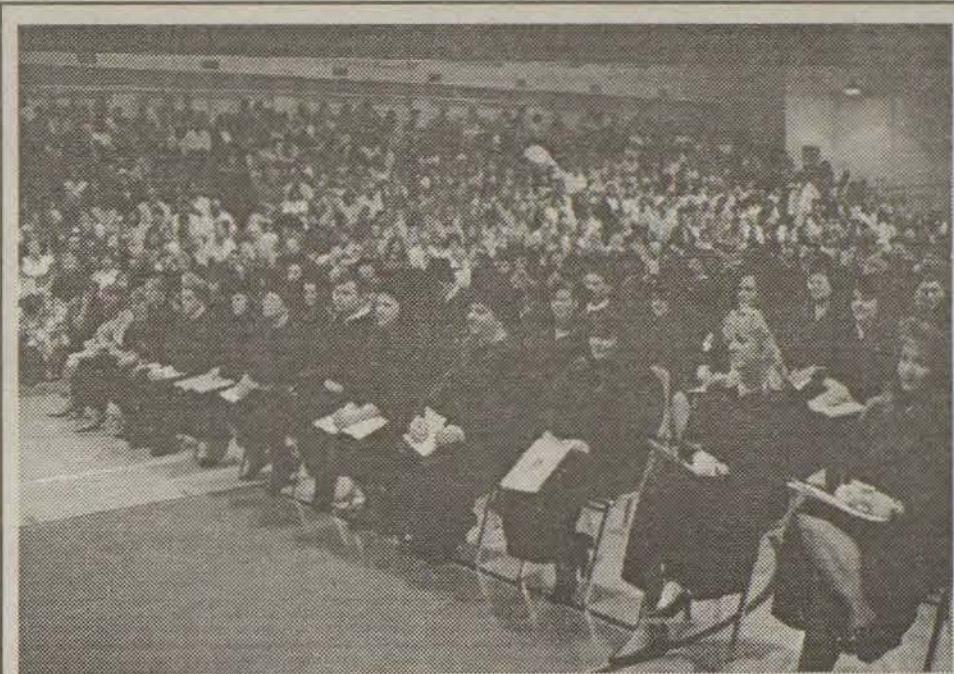
Stokes also sees an application for home use of the talking bar code reader.

"This device in the home would allow a blind

person to identify cooking products—boxes and cans—and cleaning products," he said. They could also call up nutrition information or poisoning warnings on labels, Stokes said.

"The bar code reader is very helpful in my business and it has a tremendous potential for home use," he said. "This device is a great asset for the blind community."

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Health reform for women in the '90s

(NAPS)—Health care reform may be the women's issue of the '90s. Consider these facts:

- Many insurance policies exclude regular gynecological exams, Pap smears, and mammograms, despite clear evidence that these tests save lives: women's lives.

- Many policies exclude eating disorders, fibroid tumors and other illnesses that hit women more often than they do men.

Nor is there much help in the later years. Older women in particular need protection from the drug companies that overcharge American consumers, says Families USA, a health care consumer group. It points out that Tylenol 3 with codeine, for example, is priced three times as high in the United States as in Canada. Other drugs are priced as much as seven times as high. Because women live longer on average, they are particularly in need of health reform that cracks down on these overcharges.

Women's history is marked by many winning battles. The right to fair and affordable health insurance without discriminatory exclusions should be another.

Ten tips on how to save for your retirement, regardless of age

by John J. McCormack

Tomorrow is not the time to think about retirement, regardless of your age. All our experience at TIAA-CREF, as the world's largest pension system, has shown that achieving financial security requires a plan and the discipline to stick to it. And the time to start is now.

For a working 21-year-old, the first milestone would be to learn about his or her retirement plan and to start saving—even if only a small amount. For those in their 30's and 40s, reviewing investments for their earning potential and increasing saving amounts are crucial. And for those approaching retirement, evaluating investments and considering payment options is what is required.

To communicate the importance of retirement planning, the Department of Labor has recently launched a campaign called "SAVE! Your Retirement Clock Is Ticking." As a member of the American Saving Education Council, TIAA-CREF supports this campaign and offers the following ten retirement saving principles.

1. Take advantage of what your employer has to offer. Learn about your employer's retirement plan and investment options. Does it promise benefits based on years employed or does it make regular contributions on your behalf? If your plan matches your contributions, don't pass up this money.

2. Remember, Social Security is a foundation to build on. It is the base of retirement income for many Americans, but it's only one of the elements. Two others are employer-provided pension plans and your personal savings. Ask the Social Security Administration periodically for a statement of contributions and a projection of benefits.

3. Pay yourself first. You earned it. Contribute as much as you can on a regular basis and don't make excuses. A good way to start is to save all or part of your next raise, since it is money you have not spent. Small consistent amounts can grow into a substantial nest egg.

4. Save with before-tax payroll dollars. This makes the most of your contributions, since the government doesn't collect taxes on wages applied via payroll deduction to a retirement plan on a before-tax basis until you start drawing benefits.

5. Start early to maximize the power of compounding. The sooner you start to save, the harder compounding works for you. For example, assuming a 7 percent rate of return, \$2,000 set aside per year through regular payroll deduction starting at age 31 and ending at 65, would compound to \$276,474. In contrast, starting 10 years earlier at age 21 and saving the same \$2,000 annually, at the same 7 percent rate of return, would produce \$571,499—more than double the return!

6. Diversify. Don't put all your eggs in one basket. Diversification reduces risk and helps maintain overall performance; spread your retirement savings among several types of investments (i.e., stocks, bonds, etc.) and diversity within investment types.

7. Focus on the long term. Don't react to short-term market swings. Investing over the long-term means you'll buy more during market lows—when prices are cheaper—and still have time to ride out ups and downs.

8. Balance risk with reward. The higher the risk, the higher the potential return. Take some risk, because a return that isn't beating inflation isn't earning you anything. The flip side is that your retirement funds are cru-

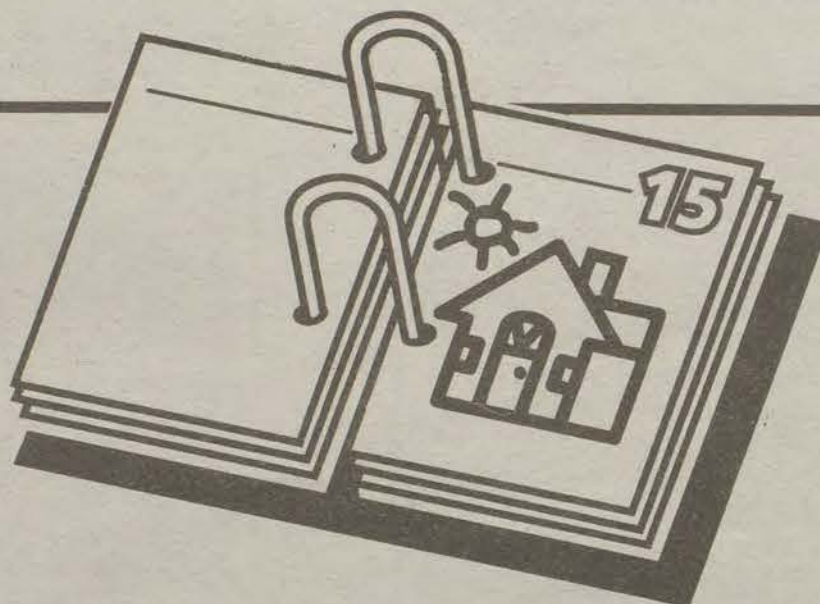
cial to your financial security during retirement. Strike a balance between risk and reward that's comfortable for you.

9. Keep an eye on expenses. High sales charges, front- or back-end loads, and operating expenses can eat into your returns over time. Make sure you understand how and when expenses are deducted.

10. Leave it for the future. A new car may be tempting, but resist cashing out your retirement savings if you switch jobs. If you take a loan from your plan, pay

it back. If your money can continue to grow without penalties in your former employer's plan and you're satisfied with your investment returns, leave it there. Otherwise, roll it over to an IRA or your new employer's plan.

John J. McCormack is executive vice president of pension and annuity services at Teachers Insurance and Annuity Association-College Retirement Equities Fund (TIAA-CREF), the world's largest pension system.



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