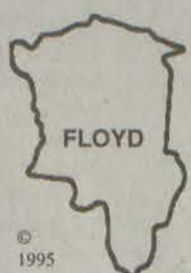


944 0 12/31/99
LEWIS BINDERY
190 LANDOR DR
ATHENS GA 30606

ONE MONTH LATER

Sports

Prime Times...inside



The Floyd County Times

Prestonsburg, Kentucky 41653

Speaking of and for Floyd County

USPS-2027-0000
Volume LXVIII, No. 103 75¢

Meeting your needs...

Appalachian Regional Healthcare (ARH) offers a variety of home health services. ARH Home Health Agencies are located in McDowell, Prestonsburg, Pikeville, and Elkhorn City and provide home health services on a daily basis. Services provided include speech therapy, occupational therapy, physical therapy, IV therapy, nursing aide and other related services. For more information please call, 377-3404, Ms. Donna Thomas, Director of Home Health Services, McDowell, will be happy to answer any questions you may have.

Appalachian Regional Healthcare Inc., is a not-for-profit health care system providing Hospital, Clinic, Home Health and other related health care services in Eastern Kentucky, Virginia, and West Virginia.



Audit finds county clerk's office in red

Floyd County Clerk Carla Robinson Boyd's office is almost \$200,000 in the red, according to State Auditor Ben Chandler, and her records are the worst he's ever seen.

Boyd told the Associated Press Friday that she disagrees with the audit report and that she has a certified public accountant working on her records.

In an audit report released Friday in Frankfort, the clerk's office has a \$195,000 deficit and state officials cannot determine if the shortfall is greater because of the condition of the clerk's records. The report also said that Boyd had used personal funds to conceal a

"lapping scheme" in an attempt to hide the shortages. The scheme is described as taking money from new accounts to cover shortages in old accounts. The report said that \$44,000 apparently was transferred to cover shortages for 1991 and 1992.

Out of \$570,000 in delinquent property tax collections in 1992 and 1993, \$103,900 was not distributed to local taxing districts and is not in Boyd's accounts, according to the audit.

The audit also reported that Boyd used \$11,704 of her own money to cover shortages.

Chandler said in a written statement Friday that Boyd's records are

"the worst of any clerk's records" he has seen.

"The clerk's records are so bad that the auditor's office cannot issue an audit opinion as to the exact financial position of the clerk's office," Chandler said in his statement.

The state auditor also said that the matter has been forwarded to the attorney general's office and the Kentucky State Police for further review.

A breakdown of the audit shows:

- \$103,900 in unreported delinquent tax collections;
- \$2,600 in disallowed expenses;
- \$13,099 in prior expenses paid from 1992 fees;

- \$9,211 owed for fish and game licenses;

- \$23,904 in 1994 receipts deposited into the 1993 fee account;
- \$1,753 used to cover a 1991 overdraft;

- \$3,943 from April 1992 receipts deposited into the 1991 fee account;

- \$15,078 in March 1992 receipts deposited to 1991 fee account;

- \$9,504 in 1992 excess fees owed to the fiscal court;

- \$1,978 overpayment of 1993 excess fees; and

- \$15,093 in net posting errors in disbursement ledger.

The total of the alleged shortfall is \$196,197, less a \$1,071 bank balance in the 1992-93 fee accounts,

which leaves a \$195,126 deficit.

Delinquent property tax collections were accounted for in three ways—a receipts ledger, computer generated monthly reports and monthly reports prepared by hand and sent to taxing districts—which led to problems with that account, the audit said. "These records contradicted each other for the 24 months examined and never did the three records agree for the amounts recorded for delinquent taxes collected," the audit said.

Most of the shortage was attributed to the unaccounted delinquent tax collections.

A call to Boyd Tuesday was not returned.



County Court Clerk Carla Boyd

Race is issue in lawsuit

by Susan Allen
Staff Writer

A Tram man is suing three Floyd County deputies claiming that a December 1 search of his residence was racially motivated, but Sheriff Paul Hunt Thompson says the lawsuit is groundless.

Curtis Gardner filed a \$1 million civil rights suit in Floyd Circuit Court last week, saying deputies Ricky Thornsberry, Ricky Newsome and Steve Toy broke into his home on December 1 without a search warrant and harassed a number of blacks at a road block during the same time. Gardner also claims that officers removed three antique guns from the residence.

Officers executed a search warrant at Gardner's residence on December 1 and confiscated some marijuana, drug paraphernalia and weapons, Sheriff Thompson said. Thompson added that deputies did arrest one man near Gardner's home on a driving under the influence charge.

"The officers had a valid search warrant," Thompson said Tuesday. "What they found, speaks for itself. There was no road block, but a deputy did arrest a man for driving under the influence of drugs because the man's vehicle was weaving on the roadway. There was another arrest when a man walked into Gardner's home drunk."

Thompson said that deputy Newsome was not involved in the

(See **Lawsuit**, page two)

Special meeting Thursday to focus on superintendent

Discussions by Floyd County school board members relating to the selection of the next superintendent are set to begin Thursday.

A special meeting of the board has been called for December 28 at 6:30 p.m. at the district's central office in Prestonsburg.

Four finalists chosen by the district's superintendent screening committee were interviewed by the board December 13-15. The board does not have to choose a candidate recommended by the screening committee.

Those finalists are: Jerry Austin, superintendent of the Harlan Independent school system; John L. Balentine, former superintendent of the Clarke County School System in Athens, Georgia; Judith A. Campbell, superintendent of the Bellevue City Schools in Bellevue, Ohio and Ora Cobb Jr., principal, South Laurel Middle School, London. The board's discussions will be held in closed session.



One more way to give...

Bill Williamson, 60, of Prestonsburg (front) and Barry Bradford, 22, of Prestonsburg, were in the holiday spirit of giving when they donated blood Tuesday during the Central Kentucky Blood Center's annual Donorama '95 blood drive. Terry Prater (front), with the Prestonsburg Blood Center, and Steve Ferrell, with CKBC, assisted during the drive. (photo by Alisa Goodwill)

Blood donation flow stemmed during annual season of giving

by Alisa Goodwill
Staff Writer

The Central Kentucky Blood Center has an urgent need for type O negative blood.

Georgia Sanders, coordinator of Prestonsburg Blood Center, said every year the area gets low on blood, especially O negative and positive, because not as many people are donating.

Because type O negative blood is the "universal type" and can be given to anyone, it is also the type that is depleted most often, Marsha Berry, CKBC spokeswoman said Tuesday.

The Central Kentucky Blood Center (CKBC) is holding its annual winter drive, Donorama '95, December 26-29, to ensure an adequate supply of blood for central and eastern Kentucky as the New Year's holiday approaches.

"People go on vacation or get sick," Sanders said.

"We hold the drive to ensure our inventory always has at least 2,400 pints of blood daily for hospital use."

quate supply of blood for central and eastern Kentucky as the New Year's holiday approaches.

"People go on vacation or get sick," Sanders said.

"We hold the drive to ensure our inventory always has at least 2,400 pints of blood daily for hospital use."

(See **Giving**, page two)

At Weebury :

Three arrested in drug raid

by Susan Allen
Staff Writer

A Friday night raid by the Mountain Area Drug Task Force led to the confiscation of 36 grams of suspected cocaine and the arrests of three Floyd County men.

Task force agents executed a search warrant at the home of Paul Rogers of Weebury around 10 p.m. Friday and found what appeared to be 36 grams of pure, uncut cocaine, Floyd County Sheriff Paul Hunt Thompson said Tuesday.

day. The cocaine has an estimated street value of \$16,000 to \$18,000.

Rogers, 30, along with Charles "Chuckie" McCauley, 30, of Melvin, and Darrell Bryant, 35, of Weebury, were arrested during the raid.

Rogers is charged with trafficking in cocaine, a controlled substance; possession of marijuana; possession of drug paraphernalia; and prescription drugs not in proper container.

(See **Raid**, page two)

County residents to get water; town meetings set for Thursday

by Patti M. Clark
Staff Writer

It seems years of asking for water is going to pay off for some customers of the Beaver Elkhorn Water District.

Contracts have already been let on projects at Weebury-Abner, Doty Creek, Wilson Creek and Salyers Branch, with work scheduled to be completed by August 16.

"It's now a reality," Ben Hale, county judge-executive, said. "These are not just plans any more. It's going to happen."

But participation of residents in the area is needed to make the projects cost effective.

"We need people to commit to being hooked up to the new water lines in order to determine the rates," Hale said. "The more customers who hook on, the lower the rates for everyone."

For that reason, Hale is sponsoring two town meetings Thursday night to let people know what's

going on.

Both will be held at 6:30 p.m., with one set for Melvin Grade School and the other for the McDowell Senior Citizens Center.

A third meeting has been tentatively set for 6:30 p.m. January 11 at Allen Central High School. Hale said that meeting still has not been confirmed.

"We need to stress to people that it is important to be a part of this project," he said. "They are starting work after the first of the year."

Beaver Elkhorn, according to Hale, has agreed to work with customers on the hook-up fee. The fee, which averages about \$450, can be paid in payments between now and August, Hale said. He advised customers who might have trouble with the fee to call the water district.

"They have agreed to work with all customers to get them hooked up," he said. "We know there are

(See **Water**, page two)

Laid-off miners eligible for grant

by Patti M. Clark
Staff Writer

Floyd County residents who have been laid off from mines in Martin and Perry counties may be eligible for a retraining grant to help them train for other jobs and be able to support their families while doing so.

The grant, which was awarded last week by the Department of Labor, is designed to help displaced coal workers find better jobs and is for more than \$5.2 million. The initial disbursement of \$1.7 million will immediately help 225 workers.

"This is not just for residents of those counties, but for employees of coal companies in those counties," Frank Maisano, a staff aid for Congressman Hal Rogers, said.

Other counties receiving aid include Harlan, Breathitt, Henderson

and Union.

Earlier this year, Rogers contacted Robert Reich, secretary of labor, and urged him to award the grant to Kentucky due to a desperate need for help.

"This is a helping hand that our coal miners need," Rogers said. "It will give our workers the opportunity to learn new skills and obtain new jobs."

The program will operate under the Economic Dislocation and Worker Adjustment Assistance portion of the Job Training Partnership Act. It will help former coal workers with retraining and also provide needs-related payments as income support during retraining.

Local workers have anticipated the grant since a representative from the Kentucky Department of Human Resources met with laid off

(See **Miners**, page two)



Filling a need

Members of the Floyd County Bar Association helped feed the hungry this holiday season by donating to the county's food pantries. Among those pictured are, in back from left, Sr. Ida Marie Deville, Danny Caudill, Johnnie Ross, Tammy Bragg, Gene DeCoursey, Marshall Davidson, and Donald Bragg. Beverly Carroll, center, shows the donations the group made to the pantries on Friday.



Benji

This Benji-type dog has already been spayed, had a heartworm check and her shots. All she needs is a loving home. She is just the right size to be a good pet for a child or a senior citizen. Please stop by the Animal Shelter or call 886-3189. Spay or neuter your pet to help pet overpopulation.

Celebrate smart this holiday season, says AAA

Wise party hosts will offer their guests a variety of foods and non-alcoholic beverages this holiday season, says AAA. New Year's is the holiday with the highest percentage of alcohol-related fatalities. Last year, more than 16,000 people lost their lives as a result of alcohol-related crashes.

Responsible party hosts can help their guests have a good time but return home safely by:

- Offering non-alcoholic beverages
- Providing plenty of food to slow the absorption of alcohol
- Planning activities so drinking isn't the party focus
- Arranging rides home for tipsy

drivers

Partygoers who plan to drink alcohol should arrange in advance for a ride home. This may include appointing a designated driver before the party begins. Guests should also be responsible and know their limits.

AAA suggests party hosts serve coffee or some other non-alcoholic beverage and snack about an hour before the party is over, allowing excess alcohol to clear the bloodstream.

Recipes for non-alcoholic drinks and party food along with tips for hosting a safe party are available in a free brochure from AAA. For a copy, call (606) 233-1111.

Water

people out there who can't afford this all at once. That's why we're having these meetings and working with the water district. Our whole idea is to bring clean drinking water to the county."

He said the projects could serve up to 1,100 homes, but funding —

which will come from grants and loans — was calculated to serve 750, the number of homeowners who said they were interested in earlier surveys, according to Hale.

Beaver Elkhorn has been adding customers at a consistent rate since 1980 when the district served 1,100

Lawsuit

search and that he was out of town at the time.

Gardner's lawsuit, filed by attorney Eric Conn, claims that the deputies called a number of black people "boy" and used other slang names while conducting a road block in the area.

Gardner alleges that officers targeted the Tram area because a

number of blacks were in town to attend a wake and that officers assumed that there was drug activity in the area because there were blacks from outside the area in the community.

Conn could not be reached Tuesday to comment.

Gardner is also seeking \$100,000 in general damages.



Jennings, Blackburn to exchange vows

Rhonda Sue Jennings and Erich E. Blackburn request your presence at their celebration of love on Saturday, December 30, at 3:30 p.m., at the Salem United Methodist Church. Rhonda is the daughter of Sue Jennings of Pikeville and the late Ronald Jennings. Erich is the son of Eugene and Glenda Blackburn of Allen.

Districts must be re-aligned before candidates can file for election

Secretary of State Bob Babbage said his office is unable to accept candidacy filing papers for legislative races until the General Assembly enacts a legislative redistrict plan.

The General Assembly meets in regular session beginning January 2. The filing deadline for races on the May primary election is 4 p.m. January 30.

The Kentucky Supreme Court

ruled the 1991 legislative reapportionment plan invalid and directed that no legislative elections could be held after January 3, 1995 until new legislative district boundaries are determined by the legislature.

"This action prevents the Secretary of State from taking candidacy papers until new legislative district boundaries are drawn," Babbage explained.

The court action applies only to races for the 100 seats in the Kentucky House of Representatives and the 19 seats in the Kentucky Senate which are up for election next year.

Other offices up for election in 1996 include the President and Vice President, one U.S. Senate seat, Congress, some local school board seats, and two-year term city offices which were last elected in 1993.

Giving

(Continued from page one)

Prestonsburg's blood drive is being held at the Prestonsburg Holiday Inn from 12-8 p.m. through Friday.

Sanders said they have a crew of eight working and there are six beds set up.

"We've been slow but steady today," Sander said Tuesday. "We should have more donors as the week goes on."

The drive is being sponsored by the Prestonsburg police department, fire department and county volunteer fire departments.

"We've donated to the program since the beginning," Prestonsburg Fire Chief Tom Blackburn said.

"We have a unique aspect of seeing where the blood goes and really seeing how it is used in the hospitals."

Blood drives are also being held in Lexington, Hazard and Somerset this week during the Donorama '95.

For more information call Marsha Berry, CKBC spokeswoman, at (606) 276-2534. The phone number for the local office is 886-1557.

Banner resident honored during Abilities Month

A Floyd County man is among the Kentuckians who are being honored throughout December, Abilities Month, for using their exceptional abilities to overcome or ignore physical or mental disabilities to achieve remarkable success.

Bobby Shepherd of Banner is one of eight men and women throughout Kentucky who are being recognized this month. Shepherd moved from poverty, abandonment and isolation into a world of friends, a good job at Lees Famous Recipe, a home and a loving wife.

For more information about the January 31st Legislative Reception, Abilities Month, or the Kentucky Disabilities Coalition, contact KDC Toll Free (800) 977-7505, voice; and TDD (502) 875-1871 or FAX (502) 875-1982.

Miners

(continued from page one)

Wolf Creek Collieries miners in May. The grant will help miners laid off earlier this year from Wolf Creek whose unemployment benefits are starting to run out.

Since then, an additional 300 miners have been laid off at Wolf Creek along with other mines also announcing lay-offs.

Occupations for retraining include: accounting, nursing, management information, electronics, medical assistant, computer science, radiography, automotive services, air conditioning, welding, child development services and more.

(Continued from page one)

people. About 2,000 customers receive water from Beaver Elkhorn now.

Hale said the contracts have been let and Bill McDonald is working as the engineer on the projects.

Early Times
All Taxes Paid
1/2 gallon \$14.99 each
J & J Liquors
Betsy Layne • 478-2477

Raid

(continued from page one)

McCauley is charged with possession of cocaine, a controlled substance; conspiracy to trafficking in a controlled substance; and carrying a concealed deadly weapon.

Bryant is charged with conspiracy to trafficking in a controlled substance, cocaine.

Sheriff Thompson said officers also confiscated more than \$3,000 in cash.

McCauley remains lodged in the Floyd County Jail and Bryant and Rogers were released on a \$5,000 cash bond. The three are to be arraigned today (Wednesday) in Floyd District Court.

Deputies assisting were Shawn Roop, Steve Toy, Charlie Thompson, Matt Johnson and Jason Kendrick.

\$1.99

Jerry's Husky

Breakfast

Two large buttermilk pancakes served with maple syrup, two eggs and choice of bacon or sausage.

Mon.-Fri. 6:00 a.m.-11:00 a.m.

Friday's Special
Catfish "All you care to eat"
Served w/fries, slaw, white navy beans, fresh baked corn bread 4 p.m. 'til closing, Fridays only
"WHERE FRIENDS MEET FRIENDS"

RCA 0% INTEREST Up To 24 Months

*This 0% interest offer applies to the purchase of select RCA Consumer Electronics Products made today through February 11, 1996, on approved credit. Offer includes: 12 months 0% interest on select 27", 31", 32", & 35" diagonal RCA Color TVs, and RCA Brand DSS® Systems, and 24 months 0% interest on select RCA Home Theatre™ Projection and CinemaScreen® TVs. No finance charge will be billed if paid in full within the appropriate 12 or 24 months. Finance charges will accrue from date of purchase if total payment is not made on or before the end of the applicable 12 or 24 month period. Minimum monthly payment required. Ask us for complete details.

32" Diagonal 12 MONTHS NO INTEREST
\$999
RCA ColorTrak Plus™ Stereo Monitor-Receiver
• VPH (Very High Performance) Picture Tube
• Optimum Contrast Screen
• 5-Jack Video/Audio Monitor Panel With S-Video Connector
• Serial Base

52" Diagonal 24 MONTHS NO INTEREST
\$1999
RCA Home Theatre™ Projection Stereo Monitor-Receiver
• Color Picture-In-Picture™
• SRS® Sound Retrieval System
• 13-Jack Video/Audio Monitor Panel With S-Video Connector

35" Diagonal 12 MONTHS NO INTEREST
\$1799
RCA Home Theatre™ Stereo Monitor-Receiver
• Color Picture-In-Picture™
• Optimum Contrast Screen
• SRS® Sound Retrieval System
• 13-Jack Video/Audio Monitor Panel With S-Video Connector

35" Diagonal 12 MONTHS NO INTEREST
\$1199
RCA ColorTrak Plus™ Stereo Monitor-Receiver
• Color Picture-In-Picture™
• VHP (Very High Performance) Picture Tube
• Optimum Contrast Screen
• 5-Jack Video/Audio Monitor Panel With S-Video Connector

RCA Digital Satellite System
• Access to Over 175 Channels of Programming Excitement!
• Laser Disc Quality Pictures™ • CD Quality Sound™
\$599

Mike's B&W TV

Audio Video TV & Appliance

HOLIDAY HOURS:
Mon. - Fri. 9:00 - 7:00
Saturday 9:00 - 5:00

On U.S. 23 N. • Prestonsburg, Ky.
(606) 886-9682



ALC Prince and Princess

Christopher Bailey, son of Neil and Mary Lou Bailey, of Prestonsburg, and Christy Campbell, daughter of Douglas and Teressa Campbell, of Viper, were selected as prince and princess at Alice Lloyd College recently.

Degrees offered via distance-learning at PCC

Prestonsburg Community College is one of five University of Kentucky community colleges offering KET telecourse students the opportunity to earn an associate degree via distance-learning technology.

Kentucky Educational Television (KET) and the Kentucky Telecommunications Consortium are pilot participants in the "Going the Distance" program, which offers busy, working adults and others the opportunity to earn an associate degree through distance-learning telecourses and other technologies. The five community colleges, including PCC, are offering the Associate in Arts degree via distance learning as part of the University of Kentucky Community College System, a member of the KTC.

The other four community colleges offering the Associate in Arts degree via distance learning are Ashland Community College, Madisonville Community College, Paducah Community College, and Southeast Community College. Students in Prestonsburg Community College's service area

who are interested in this option for pursuing their AA degree may call PCC at 886-3863, ext. 206, for more information and to talk to a counselor.

Telecourses make up 75 percent of the 60 credit hours required to complete the AA degree and offer convenience and flexibility to students who cannot attend classes on a regular basis. Remaining credit hours may be completed through other technologies such as computers, interactive classrooms, satellite delivery, independent study, and traditional classrooms. Students may submit transcripts of previous college work for evaluation in meeting degree requirements.

General information about "Going the Distance" and a schedule of telecourses on KET for the 1996 Spring Semester may be obtained by calling 1-800-432-0970. Telecourses on KET are made possible by the Kentucky Council on Higher Education. Promotional materials for the program are supported in part by the Annenberg/Corporation for Public Broadcasting (CPB) Higher Education Project.

Home Energy Assistance Program to begin crisis phase

Applications for crisis aid from the Home Energy Assistance Program (HEAP), will be taken at local Community Action Agencies beginning January 8 and will continue through April 30, or until the funds are exhausted.

The Big Sandy Area Community office is located on Route 1428 in Allen. Their phone number is 874-2965.

The federally funded HEAP programs provide heating subsidies and crisis assistance to low-income households.

Applications for heating subsidies were taken in November and all eligible households which applied will receive a benefit, said John Clayton, commissioner of the Department for Social Insurance. DSI oversees the state's HEAP program.

Clayton said \$4.2 million of Kentucky's HEAP grant is available for crisis assistance and \$7.9 million will be used for subsidies for more than 89,000 eligible households. Subsidies will average \$89 each.

"To assure we have sufficient funds for crisis assistance during the coldest months of the year, we have been waiting for the federal government to let us know the actual amount of our HEAP grant before determining individual subsidy amounts," Clayton said. "Those payments will be processed within the next two weeks."

To be eligible for crisis assistance, a household must meet the same guidelines required for eligibility for a subsidy, which includes income and liquid asset limits.

In addition, the household applying for crisis assistance must either be totally without its primary heating fuel, or within 48 hours of running out of propane or fuel oil, or within 48 hours of having the home's primary heating source disconnected.

Each eligible household at or above 28 percent of the poverty level will also be required to make a co-payment to the fuel vendor toward relieving the crisis.

No HEAP payments will be made directly to applicants. Crisis benefits may take the form of fuel delivery, service reconnection, blankets or sleeping bags, loaned space heaters or emergency shelter. Subsidies will be in the form of vouchers payable to the heating fuel vendor.

For more information, contact

your local Community Action Agency. You may also call the Kentucky Association for Community Action, 1-800-456-3452, or the Cabinet for Human Resources Ombudsman's Office, 1-800-372-2973.

Both calls are toll-free and have TTY available for the hearing impaired.

LOSE UP TO 10 LBS. IN 3 DAYS!

All natural T-LITE™ with Chromium Picolinate
Rite Aid
721 University, Prestonsburg
886-3884

STRAND TWIN
PRESTONSBURG, KY. • 606-886-2696
Absher Enterprises

Wall-to-Wall Screens, Dolby Stereo and Cup Holders for your convenience!

<p>STRAND I HELD OVER</p> <p>JUMANJI SHOWTIMES: 7:00 & 9:15</p>	<p>STRAND II HELD OVER</p> <p>Walt Disney Pictures presents TOM AND HUCK The Original Bad Boys. SHOWTIMES: 7:00 & 9:15</p>
---	--

SUNDAY MATINEE, ALL SEATS \$3.00—Open 1:00, start 1:30, over 3:20

PLAZA CINEMAS
PIKEVILLE, KY. 606-432-1505
Absher Enterprises

ALL SHOWS \$2.00

<p>CINEMA I STARTS FRIDAY "A SUPERB THRILLER." —Larry King, CNN</p> <p>ASSASSINS MON.-SAT.: 7:00; SUN.: 2:30, 7:00</p> <p>HELD OVER An extraordinary encounter with another human being.</p> <p>POWDER MON.-SAT.: 9:15; SUN.: 4:30, 9:15</p>	<p>CINEMA II STARTS FRIDAY WESLEY WOODY MONEY TRAIN MON.-SAT.: 7:00; SUN.: 2:30, 7:00</p> <p>HELD OVER</p> <p>MICHELLE PFEIFFER DANGEROUS MINDS MON.-SAT.: 9:15; SUN.: 4:30, 9:15</p>
---	--

Riverfill 10
Pikeville
94 Pike Street Pikeville, Ky.
606-432-2957

Bargain Matinees
Until 6 p.m.

Tickets may be purchased in advance for any show on the date of purchase

CINEMA 1	"PG"
Sabrina Mon.-Sun. 7:15, 9:30; Fri. Mat. 4:30 Sat.-Sun. Mat. 2:15, 4:30	
CINEMA 2	"R"
Held Over Sudden Death Mon.-Sun. 7:15, 9:30; Fri. Mat. 4:30 Sat.-Sun. Mat. 2:15, 4:30	
CINEMA 3	"PG"
Jumanji Mon.-Sun. 7:10, 9:20; Fri. Mat. 4:20 Sat.-Sun. Mat. 2:10, 4:20	
CINEMA 4	"PG"
Held Over Tom & Huck Mon.-Sun. 7:10, 9:10; Fri. Mat. 4:10 Sat.-Sun. Mat. 2:10, 4:10	
CINEMA 5	"PG"
Cut Throat Island Golden Eye Mon.-Sun. 9:15 only Fri., Matinee 4:15 Sat., Sun. 2:00, 4:15	
CINEMA 6	"PG"
Father of the Bride II Mon.-Sun. 7:00, 9:15; Fri. Mat. 4:15 Sat.-Sun. Mat. 2:00, 4:15	
CINEMA 7	"PG-13"
Held Over Grumpier Old Men Mon.-Sun. 7:20, 9:25; Fri. Mat. 4:25 Sat.-Sun. Mat. 2:20, 4:25	
CINEMA 8	"PG-13"
Held Over Dracula, Dead and Loving it Mon.-Sun. 7:20, 9:25; Fri. Mat. 4:25 Sat.-Sun. Mat. 2:20, 4:25	
CINEMA 9	"G"
Toy Story Mon.-Sun. 7:05, 9:05; Fri. Mat. 4:05 Sat.-Sun. Mat. 2:05, 4:05	
CINEMA 10	"R"
Held Over Waiting to Exhale Mon.-Sun. 7:05, 9:25; Fri. Mat. 4:25 Sat.-Sun. Mat. 2:05, 4:25	



Spot

Hi, my name is Spot. I'm part beagle and probably would make a good hunting dog. I'm young enough so I should be easy to train. There are a couple of other beagle mixes that would also make good hunting dogs or pets, so stop by the Animal Shelter and see us.

AAA offers tips for safer driving on winter roads

Motorists who learn to overcome winter's poor visibility, skids and braking difficulties reduce their risk of involvement in a weather-related collision, reports AAA Blue Grass/Kentucky.

"Studies indicate stopping distances are increased three to nine times on ice or snow. This makes defensive driving techniques especially important in winter weather," says AAA's Kathy Gross.

AAA offers the following tips to help motorists steer clear of winter driving trouble:

- * Improve visibility by cleaning all snow from the entire car—hood, roof, trunk, head and tail lights and windows—so the motorists can see and also be seen.
- * Remember posted speed limits are set for ideal road and weather conditions. Slow down when visibility and road conditions are impaired by bad weather or traffic.
- * Avoid sudden starts, stops and turns. Accelerate carefully so wheels don't spin.
- * Don't brake hard. The best

technique for braking under snowy conditions is "threshold" or "squeeze braking," by applying the brakes firmly to a point just short of lock up, and then easing off the brake pedal slightly. With anti-lock brakes, motorists should depress the brake pedal firmly and hold it down until the vehicle stops.

* Anticipate potential danger such as bridges, snow-covered lane markings, stalled cars and poor visibility. Adjust speed, increase distance between your vehicle and other cars or change lanes to avoid trouble. Watch out for other drivers who may be unprepared for changing road conditions.

* In a skid, ease off the accelerator and don't lock up the brakes. Carefully steer in the direction you want the car to go and straighten the wheel as soon as the car begins to go in the desired direction.

AAA Blue Grass/Kentucky is a not-for-profit motoring organization serving 118,000 members in Central and Eastern Kentucky.

Floyd County 4-H stars organize club

by Mary Ellen Harpole
4-H reporter

The East Kentucky STARS 4-H club is starting a new year with new projects, activities, and new officers. The officers are: president, Joshua Lyons; vice president, Adam Cozort; project chairperson, Ellisa Thacker; and secretary, Mary Harpole. Members include Seth Collins, Rachel Collins, Erin Collins, Becky Collins, Miranda Lemaster, Leighann Lemaster, Wes Helton, Britni Thacker, Eric Volk, Todd Volk, Doug Volk, Amanda Yoder, Nathan Cozort, Erin Kizer, Jonathon Lyons, Tabitha Nunemaker, and Mike Looney.

Club members have chosen projects like woodworking, computers, dogs, cooking, sewing, veterinary science, babysitting, and managing power.

A field trip to the fire tower at Robinson Forest is planned for the spring. All of the East Kentucky STARS are home schooled.



Birth announced

Tony and Jolean Goble of Prestonsburg, announce the birth of their first child, Christian Anthony. He was born at Highlands Regional Medical Center on November 5, at 1:52 p.m. He weighed 8 pounds, 15 ounces and was 21 1/2 inches long. His maternal grandparents are Annie and Edward Wallen of David and the late Earl Hackworth. His paternal grandparents are Wanda McGuire Goble of Auxier and Billy Goble of Prestonsburg.

Pikeville National Bank can help plan for a Happy Holiday with a



Happy Santa Loan

You can be Santa, spruce up the house, plan a terrific holiday vacation...and no payments for 90 days with a **Happy Santa Loan.***

Apply today...A **Happy Santa Loan** can make your holidays merrier.

Pikeville National
Bank and Trust Company

Member FDIC



*Maximum amount for the Happy Santa Loan is \$5,000 and it will be available through December 30, 1995. Subject to credit approval.

Prestonsburg Fire & Police Dispatcher Log

The following are excerpts from the Prestonsburg police and fire department dispatch logs for Tuesday, December 19 through Monday, December 25.

TUESDAY, DECEMBER 19

1:10 a.m. — Caller from Highland Avenue reported her breaker box had kicked off and she could smell wires burning; Kentucky Power has someone en route to location.

7:38 a.m. — Disturbance at Cliffside.

11:58 a.m. — EMS run to Wal-Mart; female subject may be having a heart attack.

1:37 p.m. — EMS run to Indian Hills.

4:19 p.m. — An accident without injuries at the mouth of Mays Branch beside Pizza Hut.

WEDNESDAY, DECEMBER 20

1:12 a.m. — Caller reported smoke in Wendy's coming from the vents. Business was shut down until problem was fixed.

1:16 a.m. — Caller reported several subjects were running up and down Cardinal Drive knocking

on doors.
3:34 a.m. — EMS run to Mays Branch.

THURSDAY, DECEMBER 21

1:34 p.m. — A possible domestic dispute in progress on Burke Avenue.

1:44 p.m. — An accident without injuries near Kentucky Power Company.

3:39 p.m. — An accident without injuries near SuperAmerica.

FRIDAY, DECEMBER 22

12:23 a.m. — EMS run to Prestonsburg Inn; female subject having chest pains.

5:08 a.m. — Officer found the front door open and a window that had been tampered with at a North Lake Drive business. Owner advised 11 batteries were missing.

10:45 a.m. — Caller advised she could not find her rottweiler and she thought that maybe the police had confiscated it. Officer located the dog.

10:53 a.m. — Caller from Green Acres advised someone had thrown food and stuff on her porch and her van.

4:39 p.m. — Caller advised he heard shots fired from a house on Highland Avenue.

8:48 p.m. — Caller reported his vehicle had been stolen from the Prestonsburg Village parking lot between 8-8:48 p.m.

9:38 p.m. — Caller from Dixie Apartments reported an apartment was playing loud music.

9:42 p.m. — Caller on Graham Street reported carbon monoxide in his residence.

9:59 p.m. — Caller reported a vehicle in West Prestonsburg playing loud music.

11:25 p.m. — EMS run to Holiday Inn; several subjects were in a fight and need medical attention.

11:43 p.m. — Report of a disturbance at Dixie Apartments.

SATURDAY, DECEMBER 23

12:19 a.m. — Caller reported a male subject got out of his vehicle, urinated on the lawn and threw beer bottles out of the car.

3:08 a.m. — EMS run to county jail; male subject having chest pains.

4:20 a.m. — A fight in

progress at Center Stage.

11:23 a.m. — EMS run to Food City; subject having seizures.

2:40 p.m. — An accident without injuries at Prestonsburg Village parking lot.

3:07 p.m. — EMS run to West Prestonsburg.

5:17 p.m. — EMS run to Foodland; subject having a seizure.

5:40 p.m. — A possible disturbance in West Prestonsburg.

9:01 p.m. — A possible DUI leaving the bowling alley.

SUNDAY, DECEMBER 24

3:15 a.m. — Security check at Prestonsburg High School gym; a door on the football side of gym would not lock.

9:52 a.m. — EMS run to Irene Cole Church; male subject has passed out.

MONDAY, DECEMBER 25

4:19 p.m. — Caller from Archer Park advised there was a vehicle doing donuts in the parking lot.

7:23 p.m. — An accident without injuries near Cliffside.

9:55 p.m. — EMS run to West

Prestonsburg; male subject having chest pains.

9:59 p.m. — A possible domestic dispute on Burke Avenue.

11:57 p.m. — A possible domestic dispute on Burke Avenue.

Early Times

All Taxes Paid
1/2 gallon **\$14.99** each

J & J Liquors
Betsy Layne • 478-2477

Education is the best provision for old age.
—Aristotle

Lenny G. Hall, C.P.A.
377-0248

INCOME TAX, PAYROLL, SALES TAX, BOOKKEEPING AND VARIOUS OTHER PROFESSIONAL SERVICES.

Live Music

Goose Creek Symphony

Returns

to the Mountains
Appalshop Theater

January 13

Saturday 8:00 pm

Tickets \$15/advance, \$18/door
Reservations 606-633-0108



Radio rangers

Ron Hayes (left), chief ranger at Jenny Wiley State Park and John Uppole, a ranger with the Corps of Engineers, prepared a public service announcement about recreation safety.

Local agencies team up to promote safety

Corps of Engineers Rangers and Jenny Wiley State Resort Park Rangers have teamed up, in an effort to emphasize the importance of recreation and driving safety to the public.

With the help of local radio stations like WQHY in Prestonsburg, WSIP in Paintsville and WDHR in Pikeville, these Public Service Announcements are being heard by 50,000 people in the listening area. The teaming up of these two agencies to spread these message illustrates the importance both agencies place on public safety.

According to Corp Ranger John Uppole, "The Corps of Engineers and Jenny Wiley State Park depend on one another when it comes to providing safe public recreation opportunities. This cooperation and partnership over the years has provided Eastern Kentucky with some of the most magnificent lakes, and State Park facilities in the state of Kentucky..."

Because of this partnership these

two agencies have committed themselves to educate the public about safety by whatever means possible; and there's no better way to get the message out than radio. The Public Service announcements were written and performed by Corps of Engineers rangers John Uppole and David Jackson; Jenny Wiley State Park rangers Ron Hayes, Walter Williamson and Steve Price. By preparing their own PSA's and tailoring them to our area, the Rangers hope that local folks will take safety as serious as they do.

New Year's Eve dance

As part of its New Year's Eve celebration, Jenny Wiley State Resort Park will offer a special buffet dinner, a New Year's Eve dance complete with party favors, and a night's lodging on December 31. "Gone Country" will provide the music and country line dance lessons will be offered. For reservations, call toll-free 1-800-325-0142.

Otter Creek Correctional Center receives top honors

Otter Creek Correctional Center was honored as U.S. Corrections Corporation's Most Improved Facility of the Year at the company's recent annual holiday dinner.

Warden Don G. Sapienza accepted a certificate on behalf of the facility, and each of its 80-plus staff members will get an extra day's paid vacation for jobs well done.

"I'm extremely proud of the staff," Warden Sapienza said after the presentation. "They deserve this award for making Otter Creek a fully accredited institution with 100 percent compliance to ACA (American Correctional Association) standards."

Sapienza was formerly with the Commonwealth of Kentucky Department of Corrections for 26 years. He was hired by the USCC as the facility's Warden in August of 1994. "There's a work ethic in this staff that's unbeatable," he said. "They have professionalism, zeal and a 'glad to be at work' attitude."

Ninety-eight USCC employees and their guests attended the elegant semi-formal dinner, held at the private prison corporation's Louisville headquarters on December 9. Hosts for the evening were USCC chairman Milton Thompson, president Robert B. McQueen and executive vice president J. David Donahue.

In other presentations that night, USCC's Marion Adjustment Center in Marion County was named

Facility of the Year, and 11 employees from three facilities were recognized for 10 years of dedicated service. For their efforts, each employee received \$1,000 (after taxes) and a sterling silver ballpoint pen from Tiffany & Co.

The retirement of Joan Cissell, USCC's comptroller since 1990, also was celebrated that night, and Ms. Cissell received a set of luggage from her corporate colleagues.

USCC was founded in 1983 and opened the nation's first privately designed, built and operated prison, in January 1986. Otter Creek opened in November 1993, and is among seven USCC prisons and one full service jail in Kentucky, Ohio, Florida and Texas.

Stumbo is guest speaker at Farm Bureau convention

Kentucky Supreme Court Justice Janet Stumbo of Floyd County, was a guest speaker for the Kentucky Farm Bureau Federation's 76th convention held December 6-9 in Louisville.

Justice Stumbo spoke December 8 before a delegation of Farm Bureau representatives during the Women's Luncheon and Awards Program.

More than 2,000 farmers, family members and guests were expected to attend the four-day meeting at the Galt House Hotel. The overall theme for the convention was "Growing, Serving, Leading."

Delegates representing the 120 county Farm Bureaus debated policy proposals and elected officers and directors during the convention.

Someone dies because of impaired driving every 30 minutes on our nation's roadways. Don't become part of this statistic. Take a stand against impaired driving this holiday season. Plan ahead, take a cab, designate a non-drinking driver, or call friends for rides.

HIGHLANDS CLINIC

BRINGING MANY OF LEXINGTON'S FINEST SPECIALISTS CLOSER TO YOUSM

"Are you experiencing problems with your pregnancy, do you have a history of diabetes, pre-eclampsia, toxemia, preterm deliveries, or other pregnancy associated problems?"

If so, ask your doctor about the...

High Risk Prenatal Clinic

At Highlands Regional Medical Center staffed by physicians from the University of Kentucky's Department of Obstetrics and Gynecology, Berry Campbell, M.D., and Douglas Milligan, M.D.

Appointments • 886-7471

Everybody Needs a Little KFC[®]!



Colonel's Chicken Pot Pie **\$3.99**
ONLY
• KFC[®] Chicken Pot Pie
• Biscuit • Small Pepsi

8 pc. Full Meal

• 8 Pcs. KFC[®] Original, Crispy or Whole KFC[®] Rotisserie
• Large Mashed Potatoes
• 1/2 Pt. Gravy
• Large Cole Slaw
• 4 Biscuits
\$12.99

Don't Forget! Grab a 12pc. KFC[®]

Crispy Strips
TO GO!



OFFERS GOOD THRU 1/29/95 AT THESE LOCATIONS:

• Grayson • Ashland • Russell • Prestonsburg • Pikeville
• Hazard • Jackson • Burlington, O. • Gallipolis, O.

We Do Chicken Right.



A Look At Sports :

New Year in view as '95 slips out

I trust that everyone had a joyous Christmas and that you got everything you wanted. Now begins the long process of returning what doesn't fit, or is the wrong color.

As Christmas passes, we turn our thoughts to a new year as 1996 fast approaches. This Sunday night we will close out the old year and, the Lord willing, will welcome a new one on Monday.

The local sports scene in 1995 has seen several changes. We've had changes in coaching positions and changes in the way things are done in the county.

The year started with the high school basketball season well underway and Allen Central boys and girls being the top teams in the county. Coach Gordon Parido's Prestonsburg Blackcats were putting a scare in county teams with their outside shooting. South Floyd was having problems in finding ways to win and Betsy Layne was under second-year coach Keith Henry.

On the girls' side, Coach Bonita Compton had her Lady Rebels in first place in the conference and looking toward the girls' All-A Classic. Betsy Layne was enjoying a good season under coach Bill Newsome. Prestonsburg was the surprise team of the 58th District under first-year coach Harold Tackett. Coach Jimmy Hopkins was still experimenting to find a winning combination at South Floyd.

Allen Central Rebels fell to Paintsville in the finals of the boys' Class A regional in overtime. The Lady Rebels made it three in a row and captured their third Class A regional championship and went on to Bowling Green for the state meet. The Lady Rebels posted an opening-round win, the first time for a regional team.

The Allen Central boys won their third consecutive 58th District tournament after finishing 6-0 in conference play and receiving a number one seeding in the tournament. The Rebels edged Prestonsburg for the district title.

Coach Johnny Martin's team fell to Paintsville in the semifinals of the regional tournament at Sheldon Clark.

Coach Bill Newsome's Lady Cats won their second straight district tournament. Betsy Layne opened flat in girls' regional play and failed to repeat as the 15th Regional champions.

Baseball opened in late March with some good weather and it didn't take long for Coach Junior Newsome's Bobcats to show they were contenders to repeat as district and regional champions.

The Bobcats got some good pitching and timely hitting from players who weren't counted on to produce during the regular season. Betsy Layne defeated Allen Central in the championship game of the district tournament.

After an opening game win in the regional tournament the

(See A Look at Sports, page 7A)



Ed Taylor
Sports Editor

One month later.....

Let's tell it like it is when it comes to the basketball season

by Ed Taylor
Sports Editor

High school basketball in Floyd County has just completed its first full month and there are still some questions to be answered concerning each team.

In a county that has, for the past four years, been a dominating force in the 15th Region, we find our teams are finding victories hard to come by.

There have been surprises this season and we want to take a look at those surprises — and not all are good ones.

• Allen Central Lady Rebels (3-2). Sophomore Misty Scott has had to carry the offensive load for the Lady Rebels after the

team has had defections as well as suspensions. Coach Bonita Compton's ballclub is 3-1 (as of Wednesday, December 27) and has not been that active on the basketball court.

As the month of January approaches, the Lady Rebels will definitely be needing someone to step into the offensive picture and lend a helping hand.

Scott has been the go-to player for Allen Central, but she needs help somewhere. That help may have to come from some promising freshman, like Jennifer Hopkins or Janice Thornsby.

Junior center Amanda Samons has been, and still is, on a five-game suspension, leaving the Lady Rebels without a legitimate

post player. Freshman Delenda Howard left the team before the Christmas break. Coach Compton is having to dip into the grade school ranks for players.

Allen Central will be playing in the Johnson Central Invitational this week. More hustle from this team is definitely needed. No one seems to play hard. Let's tell it like it is.

• Betsy Layne Lady Cats (2-4). Expected to be one of the top contenders in the region this season, the Lady Cats are not purring like they should. A pair of junior guards are having to saddle the load as they try to turn things around for Betsy Layne and they need some help down low.

Ashley Tackett has not yet helped out on

offense like she is capable. Tackett is the key to this ballclub winning and must repeat, must become more involved offensively.

The inside game for Betsy Layne is in the hands of Rachel Thompson, Crystal Gearheart and Heather Kidd. All three are capable, but so far have proven inconsistent.

Gearheart is the team's leading rebounder and has shown some spark on offense lately, scoring in double figures. Thompson is a steady defensive player with 12 block shots. But needs to be more active around the basket on offense. She's a good scorer

(See One Month, page 6A)



Two of 25

Allen Central's Misty Scott (33) scored two of her 25 points on this drive to the basket against South Floyd Thursday night. Scott led her team to a 48-43 win over the Lady Raiders to improve the Lady Rebels to 3-1 on the season. (photo by Ed Taylor)

Allen Central survives South Floyd scare

by Ed Taylor
Sports Editor

Shhhhhh!
Don't tell the South Floyd Lady Raiders they were not supposed to even be in the game with Allen Central's Lady Rebels last Thursday night.

Don't tell them they were not to be in front at the halftime by a score of 24-22.

Don't let them know they almost pulled off a major upset in high school basketball before falling 48-43.

Let them alone and let their confidence grow as the second month of the season is about to start.

Coach Henry Webb's Lady Raiders overcame a slow first-quarter start and then climbed back into the game to give Coach Bonita Compton's team a scare just before the holiday break.

Sophomore Misty Scott poured in 25 points to lead the Lady Rebels to their third win of the season against one defeat. Shauna Moore added eight points as no one else scored in double figures for Allen Central. Jennifer Hopkins finished with five points.

The Lady Rebs were without the services of their junior center in Amanda Samons. Samons is serving a five-game suspension and will not be eligible to return until after the first of the year.

Coach Compton had to go to the youth on her club and played several eighth graders.

SOUTH FLOYD (43)				
players	fg	3pt	fta-m	tp
Cr. Tackett	1	0	8-5	7
Meade	0	0	2-0	0
Holbrook	1	0	0-0	2
Newman	0	0	2-2	2
M. Tackett	2	1	0-0	7
C. Tackett	2	0	2-2	6
Berger	1	1	0-0	5
Compton	4	0	10-6	14
Pack	0	0	1-0	0
totals	11	2	25-15	43

ALLEN CENTRAL (48)				
players	fg	3pt	fta-m	tp
Scott	4	4	10-5	25
Nichols	1	0	0-0	2
Moore	3	0	4-2	8
Wallen	1	0	0-0	2
Th'bury	1	0	1-0	2
Hopkins	2	0	6-1	5
Howell	2	0	2-0	4
totals	14	4	23-8	48

S. Floyd	9	15	6	13-43
A. Central	18	4	15	11-48

Senior Tiffany Compton led South Floyd with 14 points. Melissa Tackett and Chrissy Tackett scored seven points each and Crystal Tackett scored six points.

Allen Central had to hold off the Lady Raiders who refused to go away even though it was a home game for the Lady Rebels.

With 6:02 left to play in the third period, South Floyd held a 26-25 lead. But the Allen Central defense forced the Lady Raiders into four

(See South Floyd, page 8A)

Betsy Layne defeats host Greenup Co. to capture invitational tournament

by Ed Taylor
Sports Editor

Coach Junior Newsome's Betsy Layne Bobcats improved to 5-2 on the season with a pair of big wins in the Greenup County Invitational Tournament this past weekend.

The Bobcats posted an opening game win over Williamstown 56-43 and then handed host school Greenup County a 50-44 setback in the championship game.

Betsy Layne has been playing very good basketball in the first month of the season and the Betsy Layne coach said he believes his team will get better.

"We're playing better right now," Newsome said. "Our players are getting more confidence. We still have room to improve and I think we will get better."

Betsy Layne to face Cordia in Shelby Valley Invitational

The Betsy Layne Bobcats will be playing in their second consecutive invitational basketball tournament this week when they take part in the Shelby Valley Invitational beginning tonight.

Coach Junior Newsome's ballclub is coming off a recent championship at Greenup County and next week will be playing in the Pikeville Invitational.

Betsy Layne will face Cordia tomorrow night (Thursday) in a 6 p.m. tip-off time. Cordia is the

We're playing better right now. Our players are getting more confidence. We still have room to improve and I think we will get better.

—Junior Newsome
Betsy Layne Bobcats coach

Rocky Newsome and Jason Tackett led the Bobcats' scoring in the championship game against the Musketeers. Newsome had 14 points and Tackett tossed in 12.

The Bobcats got off to a sluggish start in the first half, but righted themselves in the third period when they outscored Greenup County 16-10 to lead by five, 34-29, after three periods.

Greenup County and Coach Randy Ward are known for their defensive prowess instead of

putting points on the boards. Betsy Layne, though short in stature, is one of the better rebounding teams in the area.

Newsome was all smiles when 6' 10" Jonathan Newman was named the tournament's Best Defensive Player.

"He deserved it," the Betsy Layne mentor said. "He had 12 block shots for the tournament, but altered several others that you don't read about. He is getting more and more confidence as the season goes on. He's just getting better."

Chris Hamilton, who came off the Betsy Layne bench, tossed in eight points in the championship game, as did Willie Meade. Newman scored five points and Craig Johnson came in to hit a three for three points.

"We were very flat when we came out against Greenup County," Newsome said. "I think it was the bus ride down there."

"Jason played an excellent game for us in the finals. Craig came in and played well for us off the bench."

Coach Newsome said his

(See Cordia, page 7A)

(See Betsy Layne, page 8A)

Knott upends P'burg 58-51

by Ed Taylor
Sports Editor

April Newsome scored a game-high 21 points and had six assists, but got little support from the rest of the cast as the Prestonsburg Lady Blackcats continued to struggle in dropping a 58-51 non-district game to Knott County Central just before the holiday break last week.

The loss dropped Prestonsburg to 4-5 on the season. The Lady Blackcats return to the hardwood on January 6 when they travel to Harlan.

The only other double-figure scorer for Prestonsburg was Jessi Burke with 13 points. Burke also pulled down six rebounds in the game. Crystal Layne returned to the Prestonsburg lineup after a round of the flu sidelined her from the Shelby Valley game. Layne did score six points in the game. Shelly Greathouse tossed in five points, but had

(See Blackcats, page 7A)



Up for two

South Floyd's Tiffany Compton (52) went up for a shot over Allen Central's Karen Wallen (25) as Jenny Meade (23) looked on. Compton scored 14 points in the game, but her team fell 48-43. (photo by Ed Taylor)

One month

down low, but has trouble getting the ball.

This ballclub needs to play better on defense. Let's tell it like it is.

• Prestonsburg Lady Blackcats (4-5). Definitely a disappointment so far this season and no one is to blame but the players. Much was expected of the Blackcats, but they have not produced as first thought.

This ballclub has as much talent as anyone in the 15th Region, but seems to lack that floor leadership that was there last year. Senior April Newsome and junior Crystal Layne must be the two who take that leadership role. They must.

Coach Harold Tackett's club is not working together as a team on offense. They are a solid defensive ballclub, but the chemistry is not there on offense. Too much individual play. That's right. Too much "I" on the floor.

This team could still be a top regional team if they can come together and put personal ambitions behind them and work harder.

More scoring is definitely needed from Jessi Burke, Amber Leslie and Ladonna Slone the "Big-3" under the basket. Shelly Greathouse is a little too unselfish. She needs to take her shot. Kimi Nunnery and Crystal Slone must play more and get involved in the offense.

The team is not working as hard

on defense as they did in their first three games. A definite improvement from the free throw line is needed. The team should be 8-1 right now. Let's tell it like it is.

• South Floyd Lady Raiders (1-6). I must admit I have seen an improvement in the way this club has played this year. But they should. They are a veteran team. They are no longer a "kiddy corp."

Coach Henry Webb's team is more aggressive on both offense and defense. But still the team lacks the ability to take care of the basketball, and shot selection, as well as execution, is still lacking.

Senior Tiffany Compton doesn't seem to get the ball as often as she needs to. Point guard Chrissy Tackett is feeling the pressure on the outside and no one seems to be moving to the ball to relieve the pressure.

I like the way they are going to the boards. I've seen some very strong offensive board work. Jenny Meade has been a strong worker there. But Meade needs to add some points. She has the ability to do so.

But it all comes down to taking care of the basketball. It's like they don't see the court or the ball that well.

Look for South Floyd to post some more victories, but they must win at the conference level. They

can do it. But it will take more determination.

• Allen Central Rebels (5-2). Surprise, surprise, surprise. That's what the Rebels have been through the first seven games this season.

When you analyze their game, it is hard to find very many flaws. Their defense is good. The offense is fifth best in the state with a 55 percent shooting average. They are one of the best shooting teams around the region.

What's happened? Junior All-State candidate Thomas Jenkins is having an all-star season. He is averaging a little less than 30 points per game and pulling in 14 rebounds. Well, we knew that it would be a super year for the junior, but with the loss of some key personnel, Allen Central has had to search for someone to stand up.

That someone has been some unexpected players. Sophomore Todd Howard has been on fire this season and playing the best basketball of his career. A definite reason the Rebels are 5-2. Junior Jason Baker has moved his game up a notch or two and is making noise. After some suspensions to three starters, Brian Crawford has shown what he is capable of doing and has been a very pleasant surprise for Coach Johnny Martin.

The problem with this team is their inability to hold a big lead. Turnovers late in the game have been a problem. • Betsy Layne Bobcats (3-2). Coach Junior Newsome's Bobcats are one of the better rebounding team around the county or region. They go hard to the boards, especially the offensive boards. Junior Rocky Newsome is remarkable in the way he has played this season. The former Allen Central Rebel is averaging near 24 points per game. Coach Newsome is searching for the right combination and in the Bobcats' last game before the break, inserted 6' 10" Jonathan Newman in the line-up.

Willie Meade will have to show some floor leadership for the Bobcats. Chris Hamilton needs to be more in control of himself and listen to the what the coach has to say. This team could very well be a dark horse in the 15th Region. They are certainly going to have a lot to say as to the outcome of the 58th District. Attitudes make all the difference

in how a team plays. If this one adjusts just a little bit, they will be strong. Let's tell it like it is.

• Prestonsburg Blackcats (0-5). This ballclub should never be 0-5 at the Christmas Break. But they are. Why? Many are wondering that. Just some observations I have seen.

No one is seeing the court well. Not seeing the court well usually results in turnovers and Prestonsburg certainly has had their share of them in their first five games.

Sophomore center/forward Andy Jarvis must want the basketball. He must want it. Regardless. His teammates must then get the ball inside to him. They must. I believe if Jarvis wants the ball, I mean really wants it, and his team can get the ball down low, he could carry a 20-plus average.

The guard play must shoulder some offensive responsibility. By that I mean they must be consistent. It's one thing to have a good night on the hardwood and then disappear the next.

This is a good basketball team and I still contend once they get things in order the way they should be, it will be a team to reckon with.

• South Floyd Raiders (3-3). I like this ballclub. They play very hard. They know their roles and are a very good offensive team.

But they are lacking on defense. Mental breakdowns on defense has been a problem in all six games they have played. Even in blowouts.

But Coach Rose's ballclub will get better. T.T. Pack, Terrence Mullins, Bear Stephens and Jason Shannon are four of the better players in the county — offensively. But they are not playing any kind of defense. Rebounding, blocking needs to step up some.

I look for a strong January and even stronger February from our county teams. The first month is hard to really gauge a team. Some key district games are on tab in the month of January and look for practices to become a little more difficult. But look for some good games.

Woman's outdoor workshop set for Jan.

If you're interested in the outdoors and want an opportunity to learn some new skills, improve old skills, or just enjoy the camaraderie of like-minded individuals, then the Becoming An Outdoors-Woman Workshop is for you.

The Kentucky Department of Fish and Wildlife Resources (KDFWR), in partnership with the Kentucky Department of Parks, the League of Kentucky Sportsmen and the Cooperative Extension Service of the University of Kentucky, will conduct three of these workshops in 1996.

The first workshop will be at Kentucky Dam Village State Resort Park January 19 - 21, 1996. The workshop fee is \$150 and includes lodging, a reception, banquet, transportation to and from sessions off the park grounds and instructional materials. Participants must be 21 years old to attend.

Sessions scheduled include

introduction to firearms, beginning archery, care & handling of game, Dutch oven cooking, fly tying, beginning shotgun, outdoor winter skills, basics of deer/turkey hunting and more. You may select which four sessions you want to attend.

One of the sessions is a field trip to the Ballard Wildlife Management Area, Kentucky's top spot for thousands of wintering geese, ducks and many bald eagles. The area offers a variety of wildlife to observe.

How many times have you wished you knew the basics about outdoor and wildlife-related activities, but didn't have the first notion of where to learn? If this sounds like something you want to do, contact the KDFWR Information Division at (502) 564-4336 for registration. Or, mail in your \$25 deposit and receive a registration form. But don't wait — space is limited!

Floyd County

(Standings as of December 12)

WOMEN

	Overall	Conference
ALLEN CENTRAL	3-1	0-0
BETSY LAYNE	3-4	1-0
PRESTONSBURG	4-5	0-1
SOUTH FLOYD	1-5	0-0

MEN

	Overall	Conference
ALLEN CENTRAL	5-2	0-1
BETSY LAYNE	5-2	0-0
SOUTH FLOYD	3-3	1-0
PRESTONSBURG	0-5	0-0

This Week's Schedule

	THURSDAY, DEC. 29
WEDNESDAY, DEC. 28	Shelby Valley Boys' Invitational
J. Central Girls' Invitational	Betsy Layne vs Cordia, 6 p.m.
Shelby Valley Boys' Invitational	Campbell County at Allen Central, 7:30



New Year's Bargains

We're starting out the new year with prices so low, you can't afford to miss them.

Sale good through January 6

Selected reductions throughout the store.

\$2.50 table

Check out our large selection of drastically reduced books, including an assortment of novels, biographies and self-help titles.

Words 'n Stuff

1246 Route 302
Intersection of Rts. 1107 and 302
Van Lear, Ky.
606-789-3592

Books
New-Used
Magazines
Newspapers

Arts and Crafts
Miscellaneous
Other Stuff



Early Times

1/2 gallon \$14.99 each
All Taxes Paid
J & J Liquors
Betsy Layne • 478-2477

HOLIDAY SPECIALS. AFTER CHRISTMAS PRICES. SAVE 23%!

Marlin
MARLIN 60 .22 CALIBER SPECIAL \$154 REG. \$199.99
MARLIN 30AS 30/30 SPECIAL \$346 REG. \$449.99

Savage
SAVAGE110GXP3 .270 PKG. YOUR CHOICE SPECIAL \$462 REG. \$599.99
SAVAGE110GXP 30/06 PKG. SPECIAL \$462 REG. \$599.99

NEF
NEF 270 HANDI PAK SPECIAL \$331 REG. \$429.99

CVA
CVA TUSCARORA PACKAGE SPECIAL \$269 REG. \$349.99

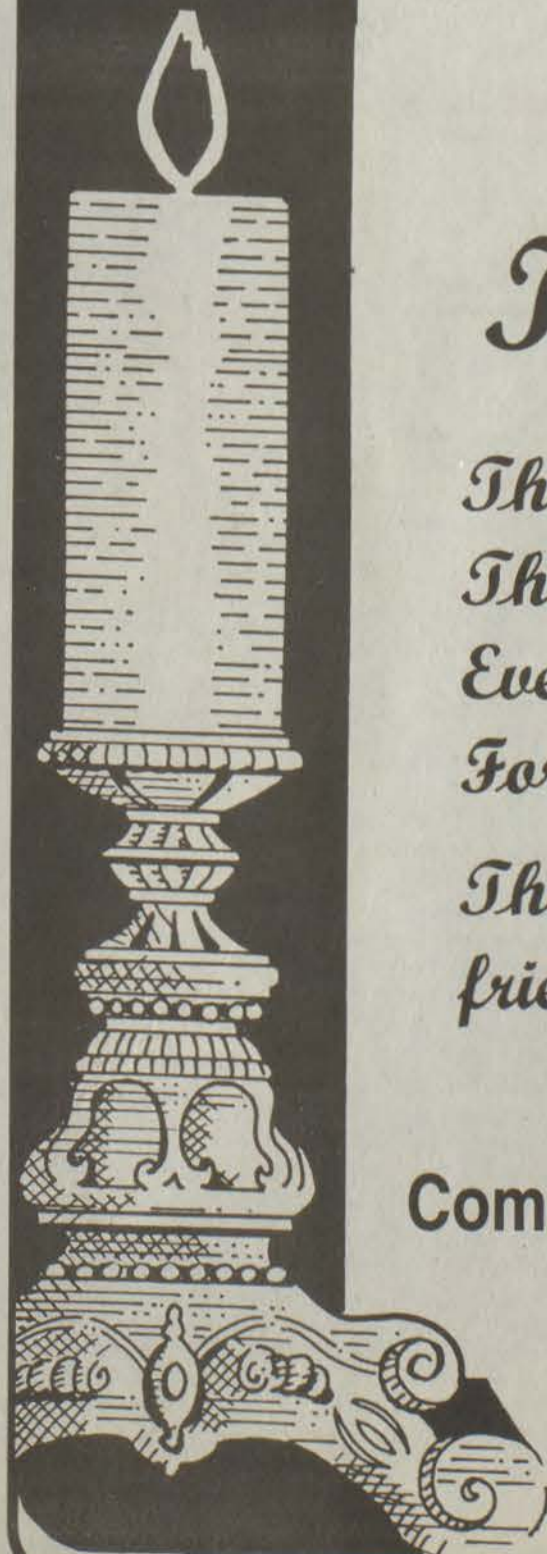


Convenient Credit Terms! PRESTONSBURG VILLAGE PRESTONSBURG 886-8668

A Bright New Year Is On Its Way!

The confetti is ready, The candles are lit, Everything's set... For '96 to be a hit! Thank you for your friendship.

Commonwealth Attorney John Earl Hunt and staff Prestonsburg



A Look at Sports — (Continued from page 5A)

Bobcats came back and picked up a second-round win to move into the finals against Pikeville. The Bobcats fell to the Panthers in the championship game.

It was a very warm summer for athletes in the county as they took to the diamonds in the youth leagues. More than 70 teams were involved in athletics during the summer months around Floyd County.

Girls' softball gained in popularity as new youth programs got underway.

Once school resumed in August, football practice began. Coach Glen Reeves had his Allen Central Rebels in gear as they finished with a 4-6 regular season record, and made the state playoffs for the first time ever in the school's history.

Betsy Layne, the winningest team in the county, was the only one of the four that did not make the state playoffs. Coach John Derossett's ballclub finished with a fine 6-4 record, but because they were aligned in the same district with Allen Central and Prestonsburg, they failed to make the playoffs. The Bobcats fell to Allen Central and Prestonsburg in the regular season.

Prestonsburg finished with a losing record of 4-6 during the regular season in a year that definitely was a rebuilding one for Coach Bill Letton. Prestonsburg fell in the first round of the state playoffs to Russell, the second time in two seasons the Red Devils took the Blackcats out of the playoffs.

Coach Donnie Daniels got his Raiders off to a quick start and, despite a bad ending, South Floyd made the playoffs. It was the first time ever Floyd County had three teams in the state football playoffs.

Two coaching changes occurred when Prestonsburg basketball coach Gordon Parido decided not to return to the Blackcat program for the '95-'96 season. Saying he wanted to spend more time furthering his education, the veteran coach stepped down and former Wheelwright coach Jackie Pack was named the new head mentor at Prestonsburg.

Keith Henry's tenure as head varsity coach was a short two-year stay as former Bobcat coach Junior Newsome decided to return to the program and was hired after a meeting with the site-based council.

Coach Johnny Martin's Rebels were not expected to contend as a district or regional power during the '95-'96 season, but when the school took a holiday break, the Rebels were still number one in the county with a sparkling 5-2 record.

Rebel Thomas Jenkins was number seven in the state in scoring and fifth overall in rebounding.

South Floyd was off to a good start, something they did not have in their first two seasons. Coach Rose's ballclub was 3-3 over the holiday break.

Prestonsburg was struggling big time and had Blackcat fans wondering and scratching their heads over a team loaded with talent. The Blackcats were off to a 0-5 start and made their trip to Florida this week.

Betsy Layne, a surprise in the district this year, was perhaps the most-improved team in the county. The Bobcats were 3-2 at the break and impressive even in their two losses.

Three of the four county women's programs were expected to challenge for a regional title this year but the break found all three struggling. Allen Central owned a 3-1 record while Prestonsburg, Betsy Layne and South Floyd were playing on the losing side of the ledger.

After the school holiday break, the second month will begin with some important conference games on tap. The months of January and February could prove very interesting.

Until Friday, good sports everyone and be good sports. Happy New Year!

Cordia —

(Continued from page 5A)

Coach Junior Newsome said, "Brewer is rated as the top player out of the 14th Region. We will have our work cut out for us."

The tournament tips off tonight with two games. Phelps will face Buckhorn at 6 p.m. in the evening's first game. At 7:30 p.m. host Shelby Valley will entertain Wolfe County.

Following the Betsy Layne/Cordia game, Millard faces a very talented Magoffin County team at 7:30 Thursday night. Coach Danny Adams ballclub has all the ingredients for a good tournament team.

The semifinals will be played Friday night beginning at 6 p.m. and the finals are set for Saturday night at 7:30.

Early Times
All Taxes Paid
1/2 gallon **\$1.499** each
J & J Liquors
Betsy Layne • 478-2477

New Year's Eve Celebration!

Saturday and Sunday, 4 'til Closing
DINNER FOR TWO!
\$19⁹⁶
for only

(1) 14 oz. Ribeye & (1) 8 oz. Ribeye	(2) 8 oz. Prime Ribs
(1) 14 oz. Ribeye & (1) Steak on Stick	(1) 14 oz. Ribeye & (1) Combo
(1) 12 oz. Prime Rib & (1) 8 oz. Ribeye	(1) 12 oz. Prime Rib & (1) Combo
(2) Steak on Stick	(1) 12 oz. Prime Rib & (1) Steak on Stick

SERVED WITH YOUR CHOICE OF POTATO, CRISP TOSSED SALAD, ROLL AND BUTTER

Phone 886-6701 **Jerry's** N. Lake Drive
FAMILY RESTAURANT Prestonsburg, Ky.

LAYNE BROS.

Ford • Lincoln • Mercury / Ford • Lincoln • Mercury • Honda / Honda
Prestonsburg, Ky., 886-1234 / Ivel, Ky., 478-1234 — 874-1234 / Pikeville, Ky. 433-1234

Year-End Clearance

Wintertime is here and snow is on the way!

 <p>FORD RANGER 4x4 \$15,980* #F6397 Deep-dish Cast Aluminum Wheels, AM/FM/Stereo/Clock, Fog Lamps, Rear Step Bumper, RWL All-Terrain Tires, Dual Air Bags. A TOTAL SAVINGS OF OVER \$310 60 months \$1900⁰⁰</p>	 <p>FORD RANGER SUPERCAB XLT 4x4 \$18,490* LOADED Deep-dish Cast Aluminum Wheels, AM/FM/Stereo/Clock, Chrome Rear Step Bumper, Sliding Rear Window, Floor Console, 4.0 V6 Engine, 60/40 Split Bench Seat, Deluxe Two-Tone Paint. A TOTAL SAVINGS OF OVER \$362 60 months \$3400⁰⁰</p>	 <p>FORD RANGER 4x2 \$9,990* #F6410 Rear Step Bumper, Power Steering, 4-cylinder, 5-speed, Driver Side Air Bag. A TOTAL SAVINGS OF OVER \$187 60 months \$1900⁰⁰</p>
 <p>HONDA ACCORD 25TH ANNIVERSARY \$15,990* #H6167 Dual Air Bags, AM/FM/Cassette/Clock, Automatic, Air Conditioning, 4-Door, Limited Edition. A TOTAL SAVINGS OF OVER \$310 60 months \$2000⁰⁰</p>	 <p>HONDA CIVIC CX \$9,990* #H6160 4-cylinder, 5-speed, Dual Air Bags, 45 mpg, Hatchback. A TOTAL SAVINGS OF OVER \$187 60 months \$1900⁰⁰</p>	 <p>HONDA ACCORD \$18,524.94* #H6133 Dual Air Bags, AM/FM/Cassette/Clock, Automatic, Air conditioning, 4-door, LX, Power Equipment. A TOTAL SAVINGS OF OVER \$239 36 months Lease \$1400⁰⁰</p>

*Excludes Tax, Title, Rebate, Registration Fees. Subject to Credit Approval. Based on \$1000 Down cash or trade. Lease requires 1st mo. & security deposit.

PROGRAM AND PRE-OWNED VEHICLES PRICED TO MOVE!

TRUCKS & VANS		IMPORTS			
'96 FORD F-350 CAB & CHASSIS	..WAS 23,100	IS 19,900	'95 HONDA ACCORD	..WAS 17,694	IS 15,999
'95 FORD EXPLORER 4x4	..WAS 25,800	IS 23,600	'90 NISSAN MAXIMA SE	..WAS 11,799	IS 9,799
'95 FORD E350	..WAS 24,769	IS 22,769	'90 HONDA ACCORD	..WAS 10,495	IS 8,495
'95 CHEVY S10	..WAS 15,500	IS 13,500	'90 TOYOTA CAMRY	..WAS 11,999	IS 9,999
'94 FORD EXPLORER XLT 4x4	..WAS 22,700	IS 20,500	'89 HONDA ACCORD	..WAS 10,999	IS 8,999
'94 FORD RANGER SPLASH 4x4	..WAS 19,990	IS 17,700	'88 HONDA ACCORD	..WAS 7,995	IS 5,995
'94 FORD F-150 XLT 4x4	..WAS 21,400	IS 18,900	'88 HYUNDAI EXCEL	..WAS 2,300	IS 1,995
'94 FORD EXPLORER 4x4 EB	..WAS 24,100	IS 22,400	'88 TOYOTA COROLLA	..WAS 6,995	IS 5,945
'94 FORD F150	..WAS 14,900	IS 13,500	'87 NISSAN MAXIMA SE	..WAS 6,995	IS 4,595
'93 FORD F-350 CAB & CHASSIS	..WAS 20,100	IS 16,800			
'93 CHEVY S10	..WAS 11,298	IS 9,298	DOMESTIC SPECIALS		
'93 FORD BRONCO 4x4	..WAS 19,879	IS 17,999	'95 MERCURY COUGAR	..WAS 17,700	IS 15,900
'92 MAZDA MPV	..WAS 15,999	IS 13,975	'95 FORD ESCORT	..WAS 12,300	IS 10,500
'92 CHEVY C1500 4x4	..WAS 16,799	IS 14,995	'95 MERCURY MARQUIS	..WAS 23,719	IS 21,439
'92 FORD F150	..WAS 15,985	IS 13,495	'94 MERCURY COUGAR	..WAS 17,499	IS 14,999
'90 FORD F150	..WAS 10,995	IS 8,795	'94 MERCURY MARQUIS	..WAS 22,999	IS 20,999
'90 FORD F250	..WAS 10,895	IS 8,999	'94 FORD CROWN VIC.	..WAS 21,999	IS 19,999
'89 FORD BRONCO II 4x4	..WAS 9,795	IS 7,995	'94 FORD TAURUS	..WAS 14,999	IS 12,999
'89 CHEVY S10	..WAS 6,998	IS 4,789	'94 PONTIAC GRAND PRIX	..WAS 15,879	IS 13,539
'88 FORD F150	..WAS 9,395	IS 7,295	'93 MERCURY TOPAZ	..WAS 11,999	IS 9,999
'88 FORD RANGER	..WAS 4,495	IS 2,499	'93 CHEVY LUMINA	..WAS 10,995	IS 8,975
'87 FORD F150	..WAS 4,939	IS 3,119	'92 FORD TAURUS	..WAS 11,989	IS 10,549
'86 CHEVY PICKUP	..WAS 6,395	IS 4,192	'92 MERCURY CAPRI	..WAS 10,999	IS 9,999
			'92 OLDS CUTLASS	..WAS 8,999	IS 6,999
			'92 FORD CROWN VIC.	..WAS 14,999	IS 12,999
			'91 BUICK LeSABRE	..WAS 11,999	IS 9,999
			'90 DODGE DYNASTY	..WAS 7,995	IS 5,995
			'90 BUICK CENTURY	..WAS 9,999	IS 7,999
			'90 MERCURY TOPAZ	..WAS 7,999	IS 5,449
			'89 FORD ESCORT	..WAS 2,999	IS 1,899
			'89 FORD CROWN VIC.	..WAS 4,999	IS 2,449
			'86 BUICK LeSABRE	..WAS 5,495	IS 3,995
			SPORTS CARS		
			'94 CHEVY CAMARO	..WAS 17,479	IS 15,119
			'94 FORD PROBE	..WAS 17,625	IS 15,584
			'91 PONTIAC GRAND AM	..WAS 7,999	IS 5,999
			'89 PONTIAC GRAND AM	..WAS 7,599	IS 5,999

AND REMEMBER, NOBODY, BUT NOBODY, BEATS A LAYNE BROS. DEAL

HIGHLANDS CLINIC

BRINGING MANY OF LEXINGTON'S FINEST SPECIALISTS CLOSER TO YOU™

at the Medical Center
PRESTONSBURG
886-7471

CARDIOTHORACIC SURGERY*
Dr. M. Clive Robinson

EAR, NOSE & THROAT*
Dr. Greg Hazelett Dr. Richard Haydon

GYNECOLOGIC ONCOLOGY*
Dr. Paul DePriest

HIGH RISK PRENATAL CLINIC*
Dr. Berry Campbell Dr. Todd Fontenot
Dr. Douglas Milligan Dr. John Read

NEUROSURGERY*
Dr. Robert J. Dempsey

ONCOLOGY*
Dr. Kenneth Foon Dr. Roger Fleischman
Dr. Donald Fleming Dr. Neil Kay

ONCOLOGY/GASTROENTEROLOGY/HEMATOLOGY*
Dr. William John

ONCOLOGY SURGERY*
Dr. Daniel Kenady Dr. Patrick McGrath
Dr. David A. Sloan

OPHTHALMOLOGY*
Dr. Charles Wheeler Dr. Kay Hazelett
Dr. Kenneth Weaver

Dr. William Offutt - Cornea & Ophthalmic Surgery
Dr. William Wood - Retina Diseases & Surgery
Dr. R. Isernhagen - Retina Diseases & Surgery
Dr. Eric Holz - Retina Diseases & Surgery

ORTHOPAEDICS*
Dr. John Vaughan

SPORTS MEDICINE
Dr. David Caborn Dr. Darren Johnson

UROLOGY
Dr. Fred Hadley Dr. W. C. Thomdyke

VASCULAR SURGERY*
Dr. Gordon Hyde Dr. Eric D. Endean
Dr. Thomas Schwarcz

*PHYSICIAN REFERRAL REQUIRED

at the Medical Offices - 520 N. Mayo Trail
PAINTSVILLE
789-3384

COSMETIC/RECONSTRUCTIVE SURGERY
Dr. Henry G. Wells

DERMATOLOGY
Dr. Ronald Hall

ENDOCRINOLOGY*
Dr. Kenneth B. Ain' Dr. Gordon Guthrie
Dr. Dennis G. Karounos Dr. Ralph Miller
Dr. Bernard Ngai Dr. Jackson Smith

HEART, LUNG, & VASCULAR SURGERY*
Dr. Siby Saha

INTERNAL MEDICINE*
Dr. John Furcolow Dr. Anthony Stumbo

NEUROLOGY*
Dr. Kevin Nelson Dr. Stephen J. Ryan

NEUROLOGY/MEMORY DISORDERS
Dr. William Markesbery Dr. J. Wesson Ashford
Dr. Charles Smith

ORTHOPAEDICS
Dr. Herbert Kaufer Dr. Chris Stephens
Dr. Luis Bolano Dr. David Eithier
Dr. Lisa Degnore Dr. John Gorczyca
Dr. Paul Nicholls

PAIN MANAGEMENT
Dr. John Tarrant Dr. James Templin

REHABILITATIVE MEDICINE
Dr. Richard Salcido Dr. James Atchison
Dr. Robert Nickerson Randy Kindler, PA
Steve Fisher, PA

RHEUMATOLOGY*
Dr. John Furcolow Dr. Mark Caruso
Dr. Richard Gill Dr. Andrew Ruthberg

VASCULAR & GENERAL SURGERY*
Dr. Edwin Nighbert Dr. Thomas Greenlee
Dr. William Newton Dr. Michael Daugherty
Dr. John Stewart

*PHYSICIAN REFERRAL REQUIRED

South Floyd

(Continued from 5A)

consecutive turnovers and Allen Central took a 27-26 lead on a rebound basket by Moore. The Lady Rebels never relinquished the lead.

A layup by Scott made it a 29-26 game. The basket by Scott was the first of ten straight points by the Lady Reb guard. Scott hit back-to-back three-pointers and hit a short jumper as the third quarter ended. Allen Central led 37-30 after three quarters.

After a rebound basket by Compton kept South Floyd close at 40-36, Allen Central scored the next four points to lead 44-36 with 3:09 left in the game.

Baskets by Compton and a steal by Crystal Tackett cut the margin to six points, 46-40. After Allen Central missed two front ends of bonus shots, Misty Berger buried a three-pointer with 30 seconds to

play to cut the lead to four, 47-43.

South Floyd put Misty Scott on the free throw line down the stretch where she made only one of four attempts. But the Lady Raiders could not close the gap, missing two straight bonus shots.

The Lady Rebels jumped to a quick lead after South Floyd took the initial lead on a basket by Deana Holbrook. The Lady Raiders led 5-2 following a three-point basket by Melissa Tackett. But Allen Central took advantage of four straight South Floyd turnovers and scored the next seven points to lead 9-5.

After a Tackett basket, Scott went on a 7-0 run and Shanna Howell hit a basket that gave Allen Central an 18-7 lead, their biggest of the game. Compton's two free throws made it an 18-9 game after the first quarter.

Allen Central's shot selection was anything but good to start the second period and it didn't take South Floyd long to get back in the midst of things. Compton scored six unanswered points for the Lady Raiders and it was an 18-14 game.

Allen Central failed to take care of the basketball as Chrissy Tackett sank two free throws and Tina Newman connected on two with 2:20 left in the half to bring the Lady Raiders to within two points, 20-18. Chrissy Tackett tied the game from the charity stripe with two free throws at the 2:03 mark and South Floyd took the lead at 22-20 on a basket by Crystal Tackett with 1:39 showing on the clock. Compton gave South Floyd a lead of three points by hitting one of two free throws. A free throw by Chrissy Tackett with five seconds

left in the half sent the Lady Raiders to the locker room believing with a 24-22 lead.

South Floyd took their biggest lead of the game in the third period when Melissa Tackett stole the ball and scored to give the Lady Raiders a 26-22 lead. But Allen Central scored the next five points to regain the lead at 27-26.

Misty Berger added five points for South Floyd. Holbrook finished with two points as did Tina Newman.

Lori Nichols, Karen Wallen and Janice Thornsby scored two each for Allen Central. Howell tossed in four points.

Allen Central (3-1) will return to the hardwood tonight when they take part in the Johnson Central Lady Eagles Invitational.

South Floyd (1-5) will visit Betsy Layne Wednesday, January 3.

Blackcats

(Continued from 5A)

four assists in the contest. Amber Leslie, who did not score, pulled in three rebounds and dished off four assists.

Jessica Watts led Knott County Central with her 20 points. Stacy Conley added ten points for the Lady Patriots.

Knott County, who placed nine players in the scoring column, led 14-9 after the first quarter. Prestonsburg opened cold. Newsome had a three-point basket for the Lady Blackcats. Burke

scored four first-quarter points.

Prestonsburg trailed by seven points, 28-21, going to the locker room at the half. Newsome had two three-pointers and scored ten points in the second quarter. Kimi Nunnery had the other two second-period points.

It was a horrible third stanza for Prestonsburg as they could only manage three field goals, being outscored 13-6. The Lady Patriots got an assist from the Prestonsburg bench when Coach Tackett was

called for two technical fouls. Watts attempted six free throws in the third period and made only one. The Lady Patriots were horrendous from the free throw stripe hitting just 14 of 34 attempts.

Layne, Nunnery and Ladonna Slone were the only three who could muster field goals in the third as Prestonsburg trailed 41-27 after three quarters.

Newsome scored eight points in the fourth quarter as Prestonsburg made one of its usual runs. The Lady Blackcats narrowed the lead to two points, 53-51. But Stacy Taylor completed a three-point play and Rebecca Hampton hit two free throws to put the game in the win column. Prestonsburg outscored Knott County 24-17 in the final quarter.

Newsome finished with three three-point baskets. Greathouse hit one. Burke was a perfect five of five from the charity stripe as Prestonsburg connected on seven of 13 attempts. The Lady Blackcats had 16 assists in the game.

PRESTONSBURG (51)				
players	fg	3pt	fta-m	tp
Newsome	5	3	4-2	21
Gr'house	1	1	1-0	5
Layne	3	0	0-0	6
Burke	4	0	5-5	13
Leslie	0	0	3-0	0
Nunnery	2	0	0-0	4
Slone	1	0	2-0	2
totals	16	4	15-7	51

KNOTT COUNTY (58)				
players	fg	3pt	fta-m	tp
Amburgey	3	0	0-0	6
Blair	0	0	2-1	1
Conley	5	0	1-0	10
Watts	8	0	9-4	20
Bentley	1	0	11-4	6
Dobson	0	0	7-2	2
McIntosh	1	0	0-0	2
North	0	0	1-0	0
Hampton	2	0	2-2	6
Taylor	2	0	1-1	5
totals	22	0	34-14	58

Prestonsburg	9	12	6	24-51
Knott County	14	14	13	17-58



Assist

Allen Central's Jennifer Hopkins dished off the basketball as the Lady Rebels faced South Floyd in a conference game at Allen Central Thursday night. Hopkins scored five points in the game, but her team had to hold off the Lady Raiders to preserve a 48-43 win. (photo by Ed Taylor)

Betsy Layne

(Continued from 5A)

team more than held its own on the boards against the taller Musketeers.

"We rebounded very well against a team that had a front line of 6-7, 6-5, 6-4. Greenup County has a very good ball-club. They have been playing some super basketball," he said.

Willie Meade led the Bobcats with ten rebounds.

Betsy Layne didn't take very many shots, but the ones they did take didn't go for naught. The Bobcats hit 59 percent of their shots from the floor.

"We shot the ball extremely well," the Betsy Layne coach said. "The reason for that was because we took good shots. When you take good shots you will shoot a high percentage and win some ball games."

"Our defense was very good, holding Greenup County to just 44 points. It was an excellent game for us. I'm pleased with this team, but we still have more work to do."

Newsome had seven assists to go with his 14 points. Hamilton was the leading rebounder with seven. Newman finished with six boards.

"He didn't score a lot for us but he did play some good defense for us," Newsome said.

Newman's effort on defense in the two games of the tournament earned the tournament's best defensive player award and Chris Hamilton was named the tournament's best offensive player.

Hamilton scored 18 points in

the opening game against Williamstown on Friday night. He did not start the game, but was effective off the bench. Newsome finished with 11 points in the first game while picking up seven assists. Meade pulled down six rebounds for the winners.

Newman finished with nine points, Tackett scored six and Brandon Castle had four points.

Betsy Layne, who led 24-21 at the half over Williamstown, outscored the opponent 18-4 in the third period to put the game away and led by 17 points, 42-25, after three quarters.

"We picked up on our defense in the third quarter," Newsome said. "We put more pressure on the ball then."

Williamstown committed nine turnovers against the Betsy Layne press in the third period.

"They are a patient team," he said. "They like the slow tempo and we let them control the game in the first half. We came out and pressured the ball better and forced them to speed their game up."

Betsy Layne will continue holiday tournament play by playing Cordia in the first round of the Shelby Valley Invitational Thursday night at 6 p.m.

SHORT ON CASH?

Need Cash till Payday?

We will confidentially cash your personal check today and hold it up to two weeks before depositing it!

Speedy Cash — Check Advance

Call Rick in Pikeville - 437-9100
Call Joe in Hazard - 439-5050

Located in Dollarmart.
Hours: 10 a.m.-5 p.m., Monday-Friday

RITE AID LIQUOR DEPARTMENT

Happy New Year!

Korbel Champagne BRUT OR EXTRA DRY 750 ML	8 ⁹⁹
Cook's Champagne EXTRA DRY OR SPUMANTE-750 ML	3 ⁹⁹
André Champagne 750 ML	2 FOR 5 ⁰⁰
J. Rogét Champagne 750 ML	2 FOR 5 ⁰⁰
Tott's Champagne 750 ML	4 ⁹⁹
Freixenet Spumante 750 ML	6 ⁹⁹
Ballatore Gran Spumante 750 ML	4 ⁹⁹
Martin & Rossi Asti Spumante or Demi Sec 750 ML	9 ⁶⁹
Barton Vodka 80 PROOF-1.75 LITER	7 ⁹⁹
Usher's Blended Scotch Whisky 1.75 LITER	15 ⁹⁹
Early Times Kentucky Whiskey 1.75 LITER	12 ⁹⁹
Canadian Mist Canadian Whisky 1.75 LITER	12 ⁹⁹
Jack Daniel's Tennessee Whiskey BLACK LABEL 1.75 LITER	25 ⁹⁹
Gordon's Distilled London Dry Gin 1.75 LITER	13 ⁹⁹
Seagram's Extra Dry Gin 1.75 LITER	13 ⁹⁹
Bacardi Puerto Rican Rum SILVER OR AMBER 1.75 LITER	14 ⁹⁹

PLEASE SHOP EARLY. THERE WILL BE NO ALCOHOLIC BEVERAGE SALES ON SUNDAY, DECEMBER 31ST.

PRICES EFFECTIVE DECEMBER 25 THRU DECEMBER 30, 1995

AVAILABLE AT THESE RITE AID PHARMACIES

PRESTONSBURG, KY
• GLYN VIEW PLAZA
(500 W. MOUNTAIN PARKWAY)

• HIGHLAND PLAZA SHOP. CTR., UNIVERSITY DR.

QUANTITY RIGHTS RESERVED. ALL ITEMS MAY NOT BE AVAILABLE IN ALL STORES. BEVERAGE PRICES ARE FOR NON-REFRIGERATED PRODUCTS ONLY.

THANK YOU, EASTERN KENTUCKY!



McDonald's would like to take this opportunity to thank all of our loyal guests for their patronage throughout 1995. We would also like for you to know that we hope you will give us the opportunity to be a part of your lives in 1996.

Through your loyalty and patronage, McDonald's of Eastern Kentucky, owned by Bob and Tom Hutchison, has been able to contribute over \$50,000 in monies, goods and services to a variety of programs and organizations in Johnson, Floyd, Magoffin, Pike, Morgan and Lawrence counties.

In addition, in conjunction with the Ronald McDonald Children's Charities, an additional \$36,420 in monies, goods and services has been reinvested in your communities.

Giving back to the communities is just our way of thanking you, our extended McFamily, for your generosity and patronage.

We look forward to serving you in 1996!



HAPPY HOLIDAYS!

Early Times
All Taxes Paid
1/2 gallon \$14⁹⁹ each
J & J Liquors
Betsy Layne • 478-2477

Over Betsy Layne, 54-26 :

Music tosses in 26 as Allen wins

by Ed Taylor
Sports Editor

Coach Ashland Gearheart saw his Allen Lady Eagles go into the holiday break with a convincing win in grade school basketball last Wednesday night.

Ramanda Music scored a game-high 26 points to lead the Lady Eagles to a 54-26 win over the Betsy Layne Lady Cats. Beth Joseph came off the Allen bench and tossed in eight points.

"She is just a sixth grader," Coach Gearheart said. "She played really hard for us tonight with some good hustle."

Courtney Harris added six points and Brooke Coleman scored five in the win. Amelia Conley also netted five points.

Devon Reynolds and Brandis Bradley scored eight each to lead Betsy Layne. Kim Tackett finished with six points. Crystal Williams and Jessica Slone scored two each.

Allen jumped out to a 22-4 first-quarter lead with Music scoring 14 points in the period. Music set out the second quarter and had 12 points in the third period and did not play the fourth.

Chrissy Nelson and Rachael Mitchell scored two points each for Allen.

BETSY LAYNE (26)

players	fg	3pt	fta-m	tp
Reynolds	3	0	4-2	8
Tackett	3	0	0-0	6
Williams	1	0	2-0	2
Bradley	4	0	0-0	8
Slone	1	0	0-0	2
totals	12	0	6-2	26

ALLEN (54)

players	fg	3pt	fta-m	tp
Music	12	0	3-2	26
Conley	2	0	5-1	5
Harris	3	0	0-0	6
Coleman	2	0	4-1	5
Nelson	1	0	0-0	2
Mitchell	1	0	1-0	2
Joseph	4	0	2-0	8
McKinney	0	0	2-0	0
totals	25	0	17-4	54

Betsy Layne	4	12	6	4-26
Allen	22	4	22	6-54

KDFWR Commission approves wildlife, fisheries items

The Kentucky Department of Fish and Wildlife Resources (KDFWR) Commission approved several new actions affecting hunting and fishing sports for the next year.

The rabbit and quail season will change for 29 counties in Western Kentucky in the fall of 1996.

Next year's season for rabbit and quail will begin the day following the close of modern gun deer season and continue through January 31 in the following counties: Allen, Ballard, Butler, Caldwell, Calloway, Carlisle, Christian, Crittenden, Daviess, Fulton, Graves, Hancock, Henderson, Hickman, Hopkins, Livingston, Logan, Lyon, Marshall, McCracken, McLean, Muhlenberg, Ohio, Simpson, Todd, Trigg, Union, Warren and Webster.

The season in these counties was changed to permit farmers in West Kentucky to harvest their crops before the season opened.

No changes in the rabbit and quail season were made elsewhere. Hunting for these species will be open November 1 through the end of January, except during the modern gun deer season in the remaining 91 counties.

The commission amended the regulation controlling private boat docks on state-owned lakes to provide for waivers, hearings, and appeals.

The department was directed to produce a migratory bird permit. This federal permit will be required for migratory bird hunters (dove, woodcock, crow, etc.) not possessing a waterfowl stamp.

Requiring this permit allows the comprehensive collection of waterfowl and migratory bird harvest information. The permit will cost \$4.

The commission also endorsed the "Teaming with Wildlife" program. This concept has been adopted by several states to raise additional money for management of non-game and endangered species, land acquisition and education.

Hunters and anglers have historically supported these programs through license purchases and federal excise taxes on hunting, shooting and fishing equipment and supplies.

The "Teaming with Wildlife" approach will create opportunities for all outdoor enthusiasts by broadening existing user fees to include a wider array of outdoor recreation equipment. Hikers, bird watchers, nature photographers and campers can team up with hunters and anglers in managing wildlife.

For further information about the commission meeting, call 502-564-4336, or write Department of Fish and Wildlife Resources, Information & Education, #1 Game Farm Road, Frankfort, Kentucky 40601.

The next meeting of the KDFWR Commission is scheduled for March 1, 1996.

Early Times

1/2 gallon \$14.99 each
All Taxes Paid

J & J Liquors
Betsy Layne • 478-2477

Protect yourself and your children from violence. Call someone who can help. 886-6025 (Floyd County) 1-800-649-6605 (Outside Floyd Co.)

Custom Cleaners

For All Your Cleaning Needs

We're here to satisfy our customers

7-6, M-F; 8-2, Sat.
Closed Sunday

Phone 886-2387

Jerry's Presents The BEST COUNTRY BREAKFAST Ever!

SATURDAY AND SUNDAY ONLY

SATURDAY AND SUNDAY ONLY

Featuring Our Brand New Recipes for Light 'N Fluffy Biscuits and Delicious Country Gravy ALL THIS!

- Two Farm-Fresh Eggs, Any Style
- Two Freshly Baked Light 'N Fluffy Biscuits
- CHOICE OF Hickory-Smoked Bacon or Sugar-Cured Ham or Seasoned Sausage Patties
- Southern-Style Grits
- Delicious Country Gravy

Just \$3.79 6 a.m. - 11 a.m. Only

Add Ice Cold Orange Juice to your Country Breakfast—Only 69¢

Limited Time Offer

Jerry's FAMILY RESTAURANTS

No One Brings More To The Table!™

NEW YEAR'S EVE AT THUNDER RIDGE

Sunday, December 31, 1995

8:00 p.m. until ???

FEATURING TWO OF THE AREA'S HOTTEST BANDS:

Carla Williams with Dazzle, and Whiskey River Band

Dinner, Dancing and a Full-Service Bar

\$15.00 SINGLE \$25.00 COUPLE

• Taxi Service Available •

Call 606-886-7223

For Reservations or Additional Information



NASCAR Connection

By Ben Trout

NASCAR FANS NEED TO MAKE RESOLUTIONS

Another year gone by. Time to look in the mirror, take a deep breath, and make your annual resolution for the new year. You know the deal. Out with the old, in with the new.

Now your resolution might include dropping a pound here and there, treating your spouse a little kinder, or attaining some lofty goal.

But we can have a little fun with this. How about some NASCAR resolutions? You know as well as I do, that we all love our sport dearly. But one must admit there are some changes we would like to see. Here are some 'fantasy' resolutions for the world of Winston Cup racing.

Out with the old points system....in with a new one. The grand sport of Winston Cup racing has become so competitive that the current points system could use a fixing up. As things are, drivers are rewarded for their consistency. Yes, that's very important. But other factors should be taken into account when dealing out points.

First of all, winners of races deserve a boost in the points. How about ten points for a win. Did you know this was the first season since 1990 that the winner of the most races won the championship?

How about a five-point bonus for winning the pole? Qualifying is a very important aspect of the game. Maybe a three-point bonus for leading at the half-way. Think about all the drivers who lead during the race and later fall out due to mechanical problems or accidents. The current points system is comparable with the ever-popular NCAA Bowl Coalition, is the national champion, really a national champion. Know what I mean?

Out with the speed limit on pit road....in with an open-speed pit lane. Okay, I know

that NASCAR has a big concern with safety. But don't you miss those days when a driver would barrel into the pits, change four tires, grab a can of Unocal, and head back onto the track beating a competitor out of the pits? How about this, keep the speed limit under yellow-flag periods when pit road is over-crowded, but drop the speed-trap during green-flag stops.

Out with the media that shove a microphone in a driver's face following an accident....in with a kinder, gentler media. Ask yourself this question. Have you ever been so mad that you spouted off at the mouth, only later to regret everything you said? Or how about this. Have you ever been driving down the road, and have someone pull out in front of you for no reason whatsoever, and you follow the action up with a barrage of harsh words? So why put a microphone in the face of a driver who unwillingly was put out of a race? Give them time to cool off.

Out with the astronomical ticket prices....in with a more affordable package for the fan. Average prices: Daytona tickets, \$100, Talladega tickets, \$90, Bristol tickets, \$65. Shirts and souvenirs of your favorite drivers, expect to play no less than \$30. NASCAR is quickly becoming a rich man's sport. The common race fan can barely afford to go to one race a year, let alone three or four. With many tracks nearing seating for more than 100,000 fans, surely the ticket prices could be shaved just a tad.

And finally, out with a racing off-season and weekends without racing....in with year-round, non-stop, door-to-door, bump and grind, blow your doors off, heart-stopping, breath taking, bone-chilling, soul-thrilling NASCAR racing.

Have a safe and Happy New Year.



Floor general

South Floyd's Chrissy Tackett (34) handled the basketball against Allen Central last Thursday night. Tackett scored seven points in a game her team dropped 48-43. (photo by Ed Taylor)

FLOYD COUNTY

SPORTS



Ed Taylor
Sports Editor

BROWN TO PLAY AT ALC SECOND SEMESTER; MOORE COULD MISS REST OF SEASON

Alice Lloyd Lady Eagle Basketball Coach John Mills got some bad news and good news just before the Christmas break.

The bad news being that leading scorer Staci Moore could be lost for the rest of the season with a severe knee injury. Moore injured the knee in the Lady Eagles' final game before going home for Christmas.

"It was early in the game," Moore said. "I was bringing the ball up the floor and my knee went out from under me. It was very painful. One part went this way and the other went that way."

The good news for the Lady Eagles is that former Allen Central standout Marsha Brown will suit up the second semester. Brown sat out the first semester in making up her mind to play college ball or not.

"I just didn't know if I could play as good as I used to," Brown said. "But I have decided to play this semester."

The Lady Eagles return to the hardwood on January 5 and 6 on the road before returning home on January 6 for a home date with Clinch Valley.



Just a fifth grader!

Jennifer Isaac (30) listens as Allen Central coach Bonita Compton gives instruction to her team during a time out. Isaac is the youngest player to be a member of a varsity team. She is a fifth grader at Martin. (photo by Ed Taylor)

standout Shelby Howell is studying at Lexington Community College and will enter the therapist field. She was home for the holidays and says she is enjoying the school and looks forward to getting out.

WHO'S EXCITED?

Ever wonder who is the most excited about Christmas, the parents of children or the children themselves.

Well, in this case, it is the parents, according to former Prestonsburg Boys' Coach Gordon Parido.

Parido, who is frequently seen at the girls' basketball games as well as other games, says his two year old daughter was looking forward to Christmas, but he and his wife Karen were more excited about it than their daughter.

"I know her mom is more excited about it," he said recently. "We both are. She doesn't really understand it all yet."

Says Prestonsburg Athletic Director Ron Hampton, "I have a young daughter and we are excited about Christmas for her."

JENKINS STILL IN TOP TEN...HOWARD MAKES LIST

According to the latest stats released by the Kentucky High School Athletic Association, Allen Central's Thomas Jenkins continues to be the seventh leading scorer in the state with a 28.6 average.

Another Allen Central player has moved into the state stats. Sophomore Todd Howard is hitting more than 91 percent of his free throws this season, good enough for seventh best in the state. Howard has attempted 24 charity tosses and made 22.

Jenkins is the tenth best rebounder around the state, averaging 12.1 per game. Paintsville's J.R. Vanhoose leads the state with 15 rebounds per game.

As a team, Allen Central ranks tenth in the state from the free throw line. The Rebels have hit 94 of 130 attempts for 72.3 percent.

Around the basketball court, gridiron or diamond we will be there to cover the sports scene for you.

Boating Safety — Learn the rules

The peak of boating season may be long gone, but that's no reason to forget about safety. In fact, the Boat Owners Association of The United States (BOAT/U.S.), the nation's largest organization of recreational boaters with more than 500,000 members, encourages boaters to take a boating safety course this winter.

Not only will safety courses teach new or soon-to-be boat owners the nautical "rules of the road," but it is also an excellent "refresher" for experienced boaters. Also, many insurance companies offer discounts on boat insurance premiums for completed safety courses.

An added bonus to completing an approved boating safety course by September 1, 1996, is a complimentary one-year membership in BOAT/U.S. (which includes a subscription to their magazine). Approved courses include those offered by the U.S. Coast Guard Auxiliary, U.S. Power Squadrons, American Red Cross, and state agencies.

To qualify for the complimentary membership, send a copy of a course completion certificate with your name, address and daytime telephone number to BOAT/U.S. Member Services, 880 S. Pickett St., Alexandria, Virginia 22304.

The Division of Water Patrol (Kentucky Department of Fish and Wildlife Resources) is offering boating safety courses across the state. For more information, call Water Patrol at 502-564-3074.

Cleda's Daycare Center

47 South Highland Ave. Prestonsburg

886-8677

NEW HOURS:
7:30 a.m. 'til 5:30 p.m.

9250 US Highway 23 S. Pikeville, Kentucky 41501
606-639-0820 Day
606-832-4400 Night

Mountain Memories...

ANTIQUES

Monday-Friday 12-5
Saturday 10-5 • Sunday 1-5
and by Appointment

Mountain Memories is 6 miles north of Dorton (12 miles north of Jenkins) on the US 23 4-lane, just before the railroad overpass.

Oak Furniture, Antique Jewelry & Toys, Pictures & Frames, John Deere Toys, Serip, Mining Collectibles, Depression Glass, Primitives

Early Times

All Taxes Paid

1/2 gallon **\$14.99** each

J & J Liquors

Betsy Layne • 478-2477

How can you afford higher education for your child?

Kentucky Educational Savings Plan Trust

1050 U.S. 127 South Frankfort, KY 40601-4323
Toll Free 1-800-338-0318
TDD 1-800-855-2880

JOHN GRAY

Pontiac-Buick-GMC

The Way It Should Be...

Confidential, No Hassle Credit Approvals!

Call 24 Hours a Day, 7 Days a Week!

1-800-940-8687

SAMONS ON SUSPENDED LIST

Allen Central junior center Amanda Samons has been suspended for five games for a violation of team rules. Samons suspension could hurt the Lady Rebels as they prepare for the Johnson Central Invitational.

Samons could return to the ball-court January 1 against Pike Central.

MOORE RETURNS AS ASSISTANT

Anthony Moore, one-time boys' assistant for Allen Central, returned to the familiar position, but as an assistant to Coach Bonita Compton's girls' team.

"She called me and asked me to take the position," he said, "and I was pleased that she asked."

The vacancy came about when then assistant Jalenda Shepherd decided to resign the job. Dalenda Howard, a freshman and sister to Jalenda, also left the team.

"There was no hard feelings or anything like that," Moore said. "It was that Dalenda didn't want to play basketball anymore."

STUDYING TO BE A THERAPIST

Former McDowell High School

for more information contact:
Kentucky Department of Fish and Wildlife Resources
Frankfort, KY 40601
(502) 584-4328

KILLER OF THE UNPREPARED

Hypothermia, also known as exposure, is something anglers and hunters must beware of during this season's cold weather. In extreme cases, hypothermia can kill.

What is hypothermia? Simply put, it is the loss of body heat. The condition becomes dangerous when the loss of body heat affects vital organs and causes them to stop functioning.

One of the biggest contributors to hypothermia is wind chill, the combination of temperature and wind velocity. The faster the wind's speed, the lower the air's temperature. For example, if the wind speed is a moderate five miles per hour, and the thermometer reads 50 degrees, the wind chill makes it 48 degrees. If the wind is blowing 15 miles per hour and the thermometer temperature is 50 degrees, the equivalent temperature is 36 degrees.

As a biological organism, man is designed to function best with a body temperature of 98.6 degrees. A variation of a few degrees either way causes changes in body chemistry, man's ability to reason and his general physical, emotional and

mental state. The most common deviation is a fever — the raising of the body temperature — usually brought on by a cold or virus. Hypothermia, the lowering of the body temperature, is the opposite of a fever.

Hypothermia can be prevented,

and there's no reason why hunters should fall victim to exposure, provided that they keep their wits about them. This is one malady in which an ounce of prevention really is

(See Kentucky Afield, page 12A)

Home Satellite Services

DSS
DIGITAL SATELLITE SYSTEM

DIRECTV

Roy A. Harlow
Director of Operations

606-478-9406
800-635-7052
Fax: 606-478-3650

P.O. Box 159
Harold, KY 41635

"DIRECTV™" AND "DSS™" are official trademarks of DIRECTV, Inc. a unit of GM Hughes Electronics.

After-Christmas

SALE

STARTS TODAY

20 - 50% OFF

selected merchandise throughout the store.

MARTINS

• MasterCard
• Visa • Discover

Mon.-Sat., 10-8
Open Sunday, 1-6

Glyn View Plaza, Prestonsburg • Phone 886-8497

Bowling News

REBEL ROUSERS LEAGUE
League President: Janet Tackett
League Secretary: Teresa Hayes

27.5) and Ebony & Ivory (23.5-36.5) have a tied game.

STANDINGS

Onyx Coal Sales	44-16
Ousley's Construction	41-19
Hardin's Medical Plaza	40-20
Trends & Traditions	32-27
The Sleepers	29-31
Lad 'N Lassie	25-35
Ebony & Ivory	23-36
Jenny Wiley Village	5-55
Note: Trends & Traditions (32.5-	

HIGH SCRATCH GAME, TEAM

Onyx Coal Sales	835
Onyx Coal Sales	795
Hardin's Medical	782

HIGH HANDICAP GAME, TEAM

Onyx Coal Sales	976
Onyx Coal Sales	936
Lad 'N Lassie	905

HIGH SCRATCH SERIES, TEAM

Onyx Coal Sales	2380
Hardin's Medical	2254
Ousley's Construction	2144

HIGH HANDICAP SERIES, TEAM

Onyx Coal Sales	2803
Ousley's Construction	2616
Hardin's Medical	2587

HIGH SCRATCH GAME

Clara Whitten	202
Jewel Allen	198
Med Kendrick	196

HIGH HANDICAP GAME

Clara Whitten	236
Minerva Cooley	221
Meg Kendrick	219

HIGH SCRATCH SERIES

Clara Whitten	579
Jewel Allen	519
Linda Howell	495

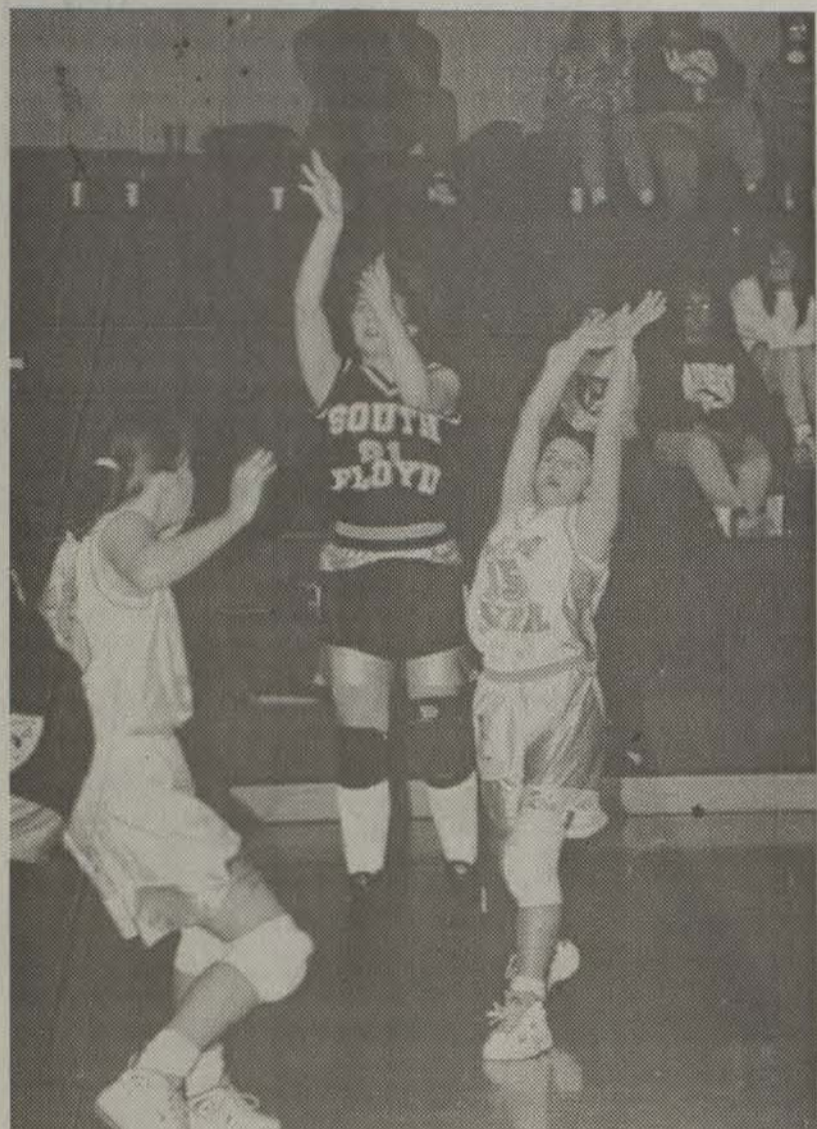
HIGH HANDICAP SERIES

Clara Whitten	652
Mary Lou Rose	578
Jewel Allen	573

HIGH INDIVIDUAL AVERAGES

Mabel Hazlette	168
Betty Mullins	168
Rudell Preston	166

Early Times
All Taxes Paid
1/2 gallon **\$14.99** each
J & J Liquors
Betsy Layne • 478-2477



Short jumper

Melissa Tackett (21) of South Floyd put up a shot against Allen Central's Janice Thornsby (15) when the two teams met in conference play at Allen Central last Thursday night. Allen Central posted a 48-43 win. (photo by Ed Taylor)

Wild peregrine found in Lexington

On Friday, December 1, biologists confirmed the identity of a peregrine falcon sighted in downtown Lexington.

Female M/L, nicknamed "Wild One" now resides in the city, after being released from the Kentucky Utilities E.W. Brown Generating Station this summer. Its favorite hangouts are the Radisson Hotel and the Kincaid Tower.

M/L was not one of the birds purchased by the Kentucky Department of Fish and Wildlife Resources (KDFWR) for the agency's peregrine falcon restoration program. Louisville Zoo staff recovered the young bird from an Indiana road last July. Biologists decided the bird should be returned

to the wild, but they wanted to make sure the falcon was ready to fly before it was freed.

The bird needed to be monitored until it demonstrated that it was ready for flight, so the peregrine was sent to the KDFWR's release site in Mercer County. It was placed in a hack box, an artificial nest with removable bars. "Wild One" remained in the box about three days and was set free.

Pain may be eliminated for millions

(SPECIAL)--A new drug has been approved that is exciting researchers in the treatment of pain. This material has been formulated into a new product known as "Arthur ItisTM" and is being called a "Medical Miracle" by some, in the treatment of debilitating conditions such as arthritis, bursitis, rheumatism, painful muscle aches, joint aches, simple backache, bruises, and more. Although the mechanism of action is unclear, experiments indicate that Arthur ItisTM relieves pain by first selectively attracting, and then destroying the messenger chemical which carries pain sensations to the brain, thus eliminating pain in the affected area. Arthur ItisTM is an odorless, greaseless, non-staining cream and is available immediately without a prescription and is guaranteed to work. Use only as directed.

AVAILABLE AT:
McDOWELL PROFESSIONAL PHARMACY
9640, Route 122 • 377-1088

Buoys on rivers to be removed

The warning buoys which mark the Restricted and Danger Area boundaries at the navigation dams on the Ohio and Green rivers have been removed to prevent their loss or damage during the upcoming high-water season. The buoys will be reinstalled in May 1996.

The restricted areas can still be clearly identified by signs which are mounted on the riverward lock-wall and downstream face of the dam. The restricted areas are also shown in the current issues of the Louisville District Navigation Charts. Vessel operators are urged to consult these charts prior to approaching a lock and dam structure.

The buoys located above and below the dams at Locks 1 through 4 on the Kentucky River will not be removed. Therefore, boaters should heed caution when approaching the Kentucky River locks, since the buoys may become lost or moved during high flow conditions.

90 DAY DEFERRED PAYMENTS

to qualified customers
With no payments until well into '96.

NEW!

6 TERCELS to choose from starting at **\$10,645**

10 COROLLAS to choose from starting at **\$12,507**

****15 CAMRYS** to choose from starting at **\$249.00 per month** with no down payment!

****5 AVALONS** to choose from, starting at **\$355.00 per month** with no down payment!

38 2-WHEEL DRIVE & 4X4's to choose from starting at **\$10,928**

* Prices do not include tax and license fees.

** Payments based on 36 month lease, 1st payment, security deposit and license fees due at inception. Tax not included.

CARTER HUGHES TOYOTA

USED TRUCKS

'95 4x4 Tacoma	Black, big tires, wheels, low, low miles	\$18,995
'94 4x4 Toyota	5 sp., 4 cyl., 18,000 miles	\$15,495
'4" '95 4 Runners	Loaded, running boards, big wheels	\$26,995
'93 4x4 Toyota	Automatic, white	\$15,495
'94 4x2 Chevrolet	Classic Custom Conversion	\$13,995
	Loaded, one of a kind, low miles	
'94 4x4	Gray, 14,000 miles, 5 spd.	\$14,995
'88 Dodge Dakota 4x2		\$4,995
'93 Ford 4x2	New tires, wheels	\$9,995

USED CARS

'80 Ford Mustang		\$1,495
'82 Eagle 4x4 Station Wagon		\$2,995
'82 AMC Concord	4 dr., nice	\$1,495
'86 Dodge Diplomat		\$2,995
'86 Ford Escort	Red, 4 dr.	\$2,995
'89 Toyota Camry	Leather	\$7,995
'90 Chevy Lumina	56,000 miles	\$6,995
'90 Olds Cutlass		\$7,995
'90 Audi	Red, one owner	\$9,995
'90 Toyota Camry	Blue, 45,000 miles	\$10,495
'91 Pontiac LeMans	26,000 miles	\$4,995
'6" '95 Camrys	2 air bags, As low as	\$16,995
'5" Terceles	Auto., 2 air bags	\$12,995
'5" '95 Corollas	Auto., 2 air bags	\$14,995

JERRY ADKINS Mobile Home Sales
Check On Our Winter Specials!
Located between Pikeville and Dorton
On the Four-Lane - U.S. 23

South Lake Drive, Prestonsburg, KY 606-886-3861 • 1-800-489-3861

Bassin with the Pros

DON'T OVERLOOK VIBRATING PLUGS FOR EASY FISHING

Many of the bass pros have a saying that if you simply want to catch some fish in a hurry tie on a vibrating, swimming plug and start casting. Sooner or later you'll catch fish.

One of the pros who feels this way is Larry Nixon of the Evinrude Outboards Pro Staff, a former world champion and the top money winner in professional bass fishing competition.

"I always have some of the vibrating, swimming plugs in my tackle box," Nixon says, "especially if I'm fishing over submerged grass. I don't believe there's a better lure for working that type of covers, but these lures will really catch bass in nearly any type of situation."

Many manufacturers now offer these lures in a variety of sizes and colors. Nixon likes half-ounce models in both chrome and gold colors.

"Basically, the way to fish these lures is to cast and simply crank them back, sometimes alternating with a stop and go retrieve, or possibly ripping them through the water with a sweep of your rod tip," Nixon explains.

"The lures are streamlined and have a very tight vibration so they're easy to feel, especially if you use 10-, 12-, or perhaps 14-pound test line. They sink so you can work them at a variety of depths, and you can even jig them vertically."

"I know several pros who fish them just like jiggling spoons."

The Evinrude pro says the only drawback to fishing these lures is that they're not weedless so they can't be used very effectively

around wood cover, such as trees and brush piles.

"That's why they're so good around vegetation," Nixon explains. "When they snag on a limb or branch, you can't pull them free, but you pull them right through most vegetation."

Nixon isn't sure why these types of lures catch so many bass, but he thinks one reason is because they bring reaction strikes from bass that think the lure is a small baitfish trying to escape.

"I've seen major tournaments won by anglers using these lures over grass, casting and then reeling them back as fast as they could," Nixon says. "To me, those were reaction strikes, because the bass couldn't really see the lure."

"The fish simply heard this vibrating object speed by, and went after it without any hesitation."

Because the lure does generate those types of strikes, Nixon says, it can be used along shorelines, beside bluffs, and over points, as well as over deeper grass.

"Fishermen can cover a lot of water in a hurry with these lures and often locate bass, simply by casting and reeling. Once they do catch a bass or two, they can slow down and perhaps use other lures to work the same water more efficiently."

DON'T OVERLOOK TOPWATER BASS LURES THIS WINTER

Of all the lures in a bass fisherman's tackle box, the one that gets the least attention in winter is actually one that can be one of the most effective.

It's a minnow-imitation topwater lure.

"Topwater fishing in winter can be surprisingly good," explains Johnson Outboards Pro Staff angler

David Wharton, a former guide on Sam Rayburn Reservoir in Texas and now a full-time tournament professional.

"There are times, often in February and March, when many lakes fill with rainwater and bass move shallow, and when they do, a surface lure may draw a lot of strikes."

"At other times, fishing topwater lures over shallow vegetation can attract bass on even the coldest days."

Basically, says Wharton, the best approach to most winter topwater fishing is to use lures that do not make any noise or commotion in the water, such as the minnow-imitation floater/divers that dart a few inches under water and then float back to the surface.

These are generally known as "twitch baits" because of the way they are worked with short, quick rod tip movements. They're avail-

able in various sizes and are made by several manufacturers.

"When I cast, I let the ripples disappear entirely before I move the lure at all," explains the Johnson pro. "Then, I just barely do move my rod tip so the lure wiggles underwater and floats back up."

"One of the keys with this lure in the winter is to fish it extremely slow. In the spring, summer, and fall it's usually more effective worked fast, but just the opposite is true in winter."

Another key, Wharton says, is looking for baitfish movement, because whenever he sees minnows swimming or skipping over the surface he knows bass will be nearby and it's a good place to begin casting.

"Normally, afternoon fishing will be better than early morning action," he continues, "because on a sunny day the water will be a few degrees warmer in the afternoon."

Bass will actually move more shallow as the water warms, then go deeper when it cools overnight."

Thick vegetation like moss may hold some bass shallow all year, continues the Texas pro, and noisy topwater lures like poppers and chuggers can bring them up.

"Again, the key is working the lure slowly," Wharton says, "but the difference when fishing vegetation like this is to use a lure that makes a lot of commotion each time you move it."

"It's surprising how good the topwater fishing can be in winter, especially if you find the right conditions."

Early Times

1/2 gallon \$14.99 each

J & J Liquors

Betsy Layne • 478-2477

"The Diet Works"

For nearly 40 years, the Appgar Family Practice has helped over 30,000 overweight patients successfully lose weight. Three doctors and a competent staff help you achieve a healthier life.

Call Today
1-304-697-7722

APGAR FAMILY PRACTICE

1438 Sixth Ave. Huntington, WV 25701

WITH THIS AD
30% off first visit
"The Diet Works" Program

When a man is all wrapped up in himself, he makes a pretty small package.

—John Ruskin

Kentucky Afield

(Continued from page 10A)

worth a pound of cure.

- Be prepared! Dress warmly, carry a survival kit (make sure you have waterproof matches, a candle, water, emergency ration and even a pair of dry wool socks in a sealed plastic bag) and consider hunting with a buddy so you aren't out there alone.

- Dress in layers. It is much easier to regulate the body's temperature if layers can be removed or added as necessary. When active, remove a layer or two, and when inactive, add layers.

- Use clothing that allows you to keep yourself dry from the outside and the inside.

- Pace yourself. Don't overexert. It is possible to work up a sweat even on a bitterly cold day. As perspiration dissipates, it cools the body naturally, and can make the body more susceptible to the cold.

- Drink plenty of fluids—the body needs plenty of liquid. Do not drink alcohol. It can speed up heat loss, impair judgment and lead to carelessness.

- Boaters should wear personal flotation devices (PFD's) at all times. Even the strongest swimmer can survive only a matter of minutes in 40 degree water. The cold water will sap a person's energy and cause the victim's muscles to stiffen, rendering them useless. If the muscles become rigid, staying afloat can become impossible. PFD's reduce the victim's dependence on muscle activity and also lessen the loss of body heat. Moving in the water continually circulates cold water in and out of clothing, cooling the body.

GOOSE QUOTA HOT LINE BEGINS JANUARY 2

The goose hotline will be avail-

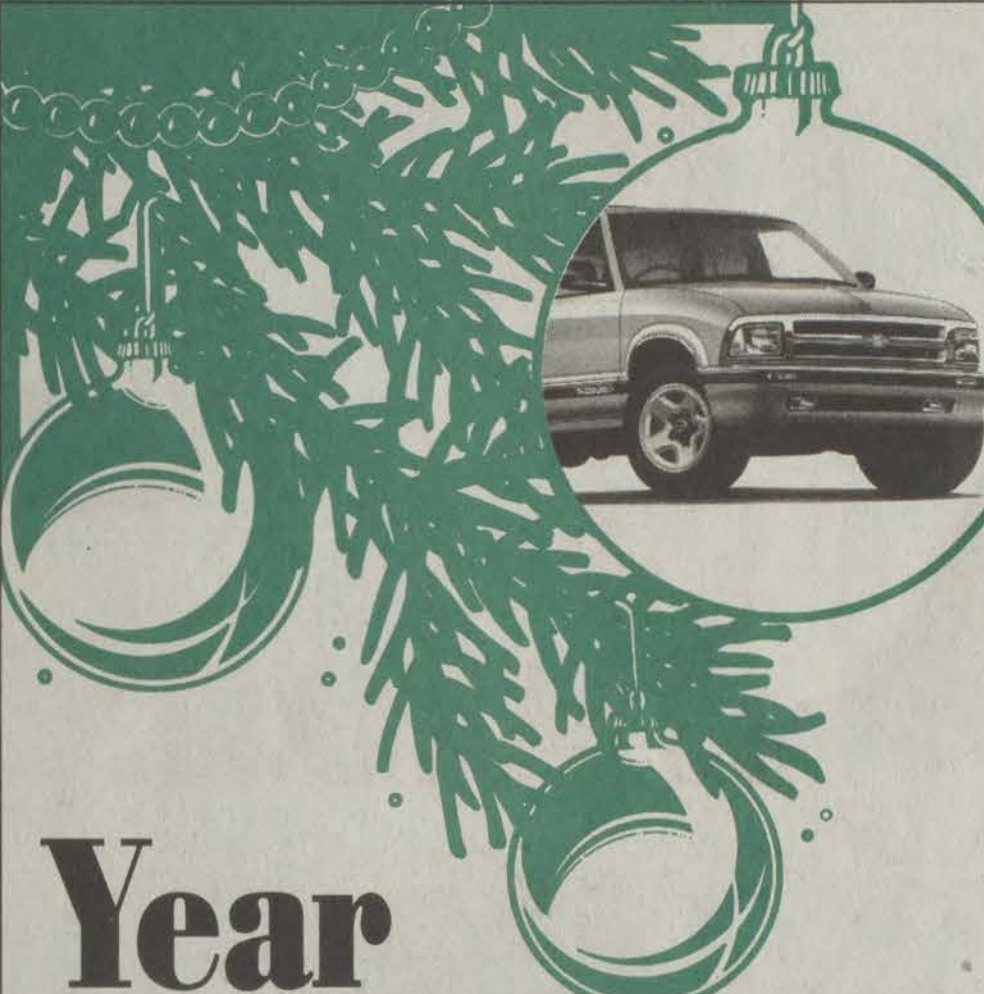
able to hunters beginning January 2, 1996. Hunters may call 502/564-8333 for wildlife management area (WMA) closures and for Canada goose harvest totals in reporting areas.

Public hunting will close on some WMAs when floodwaters prevent safe entry to hunting fields by wheeled vehicles on roads. Notice will be given at least 24 hours in advance of closure via radio, television and newspaper outlets and the goose hotline.

If the Ballard Reporting Area's quota of 22,425 Canada geese is reached before January 31, 1996, then the goose hunting season in that area will close. Goose hunting will remain open for seven days after the closure of the Ballard area, or until January 31, whichever comes first, in those portions of Ballard (excluding the Ballard Reporting Area), McCracken, Graves, Carlisle, Hickman, Fulton and Marshall counties within the Western Goose Zone.

If the Henderson-Union Reporting Area's quota of 6,555 Canada geese is reached before January 31, 1996, then the goose hunting season in that area will close. Goose hunting will remain open for seven days after the closure of the Henderson-Union area, or until January 31, whichever comes first, in those portions of Lyon, Crittenden and Livingston counties within the Western Goose Zone.

For further information regarding the waterfowl season, consult the 1995-96 Waterfowl Hunting Guide or call the Division of Information & Education (Kentucky Department of Fish and Wildlife) at 502/564-4336.



Year End Clearance!

4.9% FINANCING

Available to qualified buyers for a limited time.

NEW CARS

'95 Cadillac Seville - Sedan	List - \$44,837	SALE - \$37,837
'95 Cadillac Eldorado	List - \$41,672	SALE - \$33,996
'95 Cadillac Eldorado E.T.C.	List - \$46,387	SALE - \$37,996
'95 Cadillac Deville (Demo)	List - \$37,832	SALE - \$30,999
'95 Cadillac Deville Concours	List - \$40,931	SALE - \$33,999
'95 Cadillac Fleetwood Brougham	List - \$39,286	SALE - \$33,987
'95 Cadillac Deville (Demo)	List - \$37,417	SALE - \$33,887
'95 Pontiac Grand AM 2 door	List - \$15,349	SALE - \$13,555
'95 Pontiac Grand Prix Sedan	List - \$18,786	SALE - \$16,711
'95 Pontiac Grand Prix Sedan	List - \$18,786	SALE - \$16,711
'95 Pontiac Grand AM Coupe	List - \$15,729	SALE - \$13,958
'95 Grand AM Sedan	List - \$16,160	SALE - \$14,361
'95 Oldsmobile Supreme Sedan	List - \$17,995	SALE - \$16,795
'95 Oldsmobile Supreme Sedan	List - \$18,200	SALE - \$16,995
'95 Buick Regal Coupe	List - \$18,820	SALE - \$16,476
'95 Buick Century Sedan	List - \$17,486	SALE - \$14,995

NEW TRUCKS

'95 Oldsmobile Silhouette Van	List - \$22,745	SALE - \$21,703
'95 Pontiac Trans Sport S.E. Van	List - \$22,635	SALE - \$19,718
'95 Chevrolet Full Size Conversion Van	List - \$34,995	SALE - \$27,997
'95 Chevrolet Full Size Conversion Van	List - \$34,995	SALE - \$27,997
'95 Chevrolet Van Cargo	List - \$19,889	SALE - \$17,444
'95 Chevrolet S-10 X-Tra Cab 4x4	List - \$20,763	SALE - \$17,995
'95 Geo Tracker Convertible Auto	List - \$15,379	SALE - \$13,211

All sale prices include rebate.

USED TRUCKS

'95 Chevrolet X-Tra Cab 4x4	7,000 miles, leather.....	\$27,995
'95 Chevrolet X-Tra Cab 4x4	180 miles, loaded.....	\$26,995
'95 Chevrolet X-Tra Cab 4x4	13,000 miles, loaded.....	\$26,995
'95 Chevrolet X-Tra Cab 4x4	3,000 miles, loaded.....	\$26,995
'95 Chevrolet Blazer LT Pkg.	11,000 miles.....	\$25,995
'94 Toyota 4-Runner SR-5	Auto., air, loaded.....	\$25,995
'95 Chevrolet Blazer	GM factory vehicle.....	\$23,955
'95 Chevrolet 4x4 Silverado	6,500 miles.....	\$23,995
'95 Chevrolet S-10 X-Tra Cab 4x4	Auto., air, loaded.....	\$21,995
'95 Chevrolet S-10 X-Tra Cab 4x4	Auto., air, loaded.....	\$20,995
'94 Chevrolet 4x4 Silverado	Auto., air, loaded.....	\$20,995
'94 GMC X-Tra Cab 4x4 SLE	Auto., air, loaded.....	\$19,995
'94 GMC 4x4	Low miles, sharp.....	\$18,995
'95 Ford XL 4x4	Loaded, 8,000 miles.....	\$18,995
'95 Chevrolet X-Tra Cab	Vortec V-6, auto., air.....	\$18,995
'95 Chevrolet X-Tra Cab	Auto., air, V-6.....	\$16,995
'95 Chevrolet X-Tra Cab	Auto., air, V-6.....	\$16,995
'92 Chevrolet S-10 Blazer, Tahoe	Red.....	\$16,995
'93 Dodge Dakota X-Cab	Auto., air.....	\$14,995
'92 Dodge Dakota	Auto, air, V-6.....	\$11,995
'93 Chevrolet S-15 Pick-up	New tires.....	\$9,995
'91 Chevrolet S-10 Pick-up	Auto., air, V-6.....	\$9,495

USED CARS

'94 Chevrolet Camaro	One owner.....	\$14,995
'94 Ford Thunderbird	One owner.....	\$14,995
'95 Hyundai Sonata	Auto., air.....	\$13,995
'93 Ford Thunderbird LX	Loaded.....	\$12,995
'93 Pontiac Grand AM GT	Loaded.....	\$12,995
'91 Buick Park Ave.	Below book.....	\$11,995
'94 Chevrolet Cavalier	2 door, auto.....	\$9,995
'90 Chrysler New Yorker	Clean.....	\$8,995
'91 Pontiac Sunbird	2 door, auto., air.....	\$7,995
'91 Chevrolet Cavalier	4 door, auto., air.....	\$7,995
'90 Toyota Camry	Auto., air.....	\$7,995
'91 Pontiac Sunbird	Bright red.....	\$6,995
'87 Chrysler Fifth Ave.	Loaded.....	\$4,995
'86 Chevrolet Caprice	Runs great.....	\$3,995

MUSIC
CARTER
HUGHES

Eastern Kentucky's Motor Mall

South Lake Drive, Prestonsburg, KY 606-886-9181 • 1-800-844-9181

CHRISTMAS SALE

Handi-Port Garages & Carports

ALL STEEL - MAINTENANCE FREE AND WE INSTALL ALL WINTER LONG



20'x20' Carport \$1,645



20'x20' Garage \$3,095

(Garage Doors Extra)

Financing Available — Installs on any Surface

DECEMBER ONLY

For free brochure & to see our buildings visit us at

MOUNTAIN MOTORS

Ivel, KY 41642

Phone 606-478-3333

IT HAPPENED IN RURAL WEST VIRGINIA...OR SO I HEAR

Without mentioning any names, I'll admit I do have some strange friends. Like the one, for instance, who tells of the time his car broke down on a rural road over in West Virginia.

Since this fellow is not much on humor and usually averages about one smile a year, I don't think he was trying to pull my leg when he told this story. Anyway, here it is. You decide for yourself whether or not to believe it.

He said that after, for no apparent reason, his car just quit running he started walking in the direction he'd just come, and after about four miles, came upon a farmhouse and knocked on the door. When the farmer answered the door, my friend told him his problem and the farmer agreed to call the garage.

"I got the garage," the farmer said when he returned to the front door, "but the guy said it might be two or three hours before he can get out here."

Since he had little choice, my friend said he'd wait.

"Listen," the farmer said, "we're just getting ready to sit down to eat a bite and you're welcome to come and eat with us."

Since my friend hadn't eaten in several hours, he accepted the invitation.

The farmer took hold of my friend's arm and stepped out on the porch and closed the door behind him. Then, in whispered tones, he said, "There's just one thing. It's my 18-year-old son. He's a big, handsome boy,

but he's got one little problem. He was born without ears. Oh, he can hear okay, but he just don't have any ears. He's very sensitive about it, so please don't mention it. He's forever more thinking that people are poking fun at him."

My friend assured the farmer that he'd never in a million years even so much as look at the boy, and they went to the table to eat.

A minute or two after they'd started to eat, the farmer's son looked across the table at my friend then said, "Why are you staring at me? What are you lookin' at, anyway?"

"Why," my friend answered, "I was just looking at your hair." Looking anywhere except the vicinity

of the young man's head, he continued. "It's so nice and thick. It must be nice to have all that hair. I used to have a lot of hair, but as you can see, I'm bald now. You want to take good care of your hair."

They ate some more, then the boy said belligerently, "What is it now, Mister? You're still staring at me. What is it this time?"

"Why, son," my friend said, "it's your nose. It's so nice and straight. As you can see, mine's all crooked where I got it broke playing football. You want to take care of that nose."

After a few more minutes, the boy snapped. "You're still staring at me."

"Why I was just admiring your pretty white teeth. They're so nice and straight. I used to have nice teeth, but now I wear dentures. You want to take good care of your teeth, boy."

They got through the rest of the meal and were just finishing dessert when the boy jumped up. "He's still staring at me, pa. What are you lookin' at this time, Mister?"

"Why your eyes, son. Your pretty blue eyes," my friend said. "They're so sparkling and clear. You want to take care of your eyes, boy — 'cause there's no way on this earth you could ever wear glasses."



Section B

SocietyB 2-3
 Dental Health TodayB5
 County KettleB4
 Business/Real EstateB8
 Classifieds/LegalsB9-11

FROM THE MOUNTAINS
 by Tadon Gibson



Heavenbound but afraid of heights

Violence frequently erupted in East Tennessee, Kentucky and in Southwestern Virginia in the years following the Civil War. Several churches sent additional preachers into the area to dissuade residents from holding to their bitterness—ill feelings which often led to bushwhacking.

Rev. H. C. Neal was one of these having been appointed to an area including Scott County, one of the westernmost counties in Virginia. Neal had heard tales of Natural Tunnel, a natural formation in Scott County, and looked forward to visiting the area.

Natural Tunnel, where Stock Creek emerges, is one of the most scenic and impressive sites in North America. The million-year-old tunnel was formed by groundwater oozing through cracks and crevices which slowly dissolved the surrounding limestone. After the cave was formed, Stock Creek took the path of least resistance through the cave on its way to the Clinch River.

The cliffs of the huge basin are nearly vertical and just straight upward in places to a height of 500 feet. The Virginia Park Service has constructed a well-maintained walking trail with a railing along the high ridges but in the early and mid-1800s it was overgrown with shrubs and trees with low-hanging branches.

One clear Sunday in 1866 found Rev. Neal preaching in Gate City. When he mentioned his plans to call on some residents living to the north the following day Thomas Barger mentioned that he would be near Natural Tunnel.

"Reverend, you'll be passing so close you should stop and see it," Thomas Barger said.

"Splendid," the middle-aged preacher replied. "Oh, I want to do that."

"Reverend Neal, ever since I was a little boy I've heard about Lover's Leap there above the tunnel," Barger offered. "A Cherokee maiden named Winnoah and a Shawnee warrior named Cochessa jumped from the top of the cliff above Natural Tunnel to their death."

"They had fallen in love and Cochessa went to Winnoah's father who was the chief, and asked permission to marry. The chief wouldn't allow it because of warring between the two tribes."

"The following morning Winnoah and Cochessa climbed to the highest rim of the basin with the rising of the sun and jumped to their death."

"That's an intriguing story," Rev. Neal replied. "I do want to see it but I'll confess that I am not very fond of heights. I fell out of the barnloft when I was a kid and I've been ill-suited for roofing or anything else involving heights since."

Neal laid awake for an hour or more that night thinking about Winnoah and Cochessa before falling asleep.

Later the following day Rev. Neal rode his horse which he called Sneezzer through the branches toward where he was told he could view Natural Tunnel. He had acquired Sneezzer prior to relocating in the westernmost reaches of Virginia and he was told that the horse was given the monicker because of his frequent sneezing.

The preacher rode along through the bushes when all at once Sneezzer started down an incline before stopping abruptly. It happened so quickly that Rev. Neal wasn't aware that he and his mount had reached the edge of the chasm. In fact, he peered forward and downward and further downward and began to get a queasiness in his stomach.

"Holy Jesus in heaven," he exclaimed.

Sneezzer started and when he did his feet slipped six inches or more leaving the horse and rider at a steep angle just inches away from the edge. The preacher heard his heart beating fast and loud when he looked down and saw two or three small pebbles fall from the ledge and out of sight.

"Five hundred feet," he said under his breath in disbelief. "It must be at least a thousand and I've seen all I want to see. Sneezzer, let's get out of here."

He spoke with more authority to his mount as he attempted to use the reins to turn the horse.

Sneezzer attempted to respond but the loose, moist, dirt caused him to slip again—right to the very edge of the cliff overlooking the chasm below. The emptiness seemed to be pulling them. Rev. Neal knew they were in great peril and when he noticed the horse trembling he then knew that Sneezzer was as frightened as he was.

"Easy does it," he said softly. "Easy does it. Dear Lord, don't let him sneeze now."

When the preacher noticed pebbles falling into the abyss again, he thought about jumping off his horse and grabbing a nearby branch but then Sneezzer sat back on his haunches. Rev. Neal reached for a limb and grabbing it he then stepped off the horse.

Wednesday, December 27, 1995

The Floyd County Times

Lifestyles

Pursuing the James Gang

by Alice Brooks Jones
 Contributing Writer

To the casual observer, Fred and Joy James appear to be an unassuming couple, quietly enjoying their retirement, engaged in the pursuit of their mutual hobby of genealogical and historical research. But, as either James proudly admits, they are also gang members.

And this is no ordinary gang. This is the notorious James and Younger Gang, of which Fred and Joy have been members since June of this year.

"People look at the name Jesse James and say he was a crook, he was a bandit, he was a murderer," says Fred, "and the real Jesse James they haven't found out about."

The real Jesse James is someone that Fred likes to tell people about not just as an historical figure, but also as a family member. "Jesse's grandfather and my great, great, great grandfather were brothers," says Fred, "and that makes us second cousin's three times removed."

"Family members had said for a long time that we were kin," says Fred, "but we didn't have the proof."

Proof came after Fred took up research into the family history, began by his sister, the late Mary Irene James Spears. Now, both Fred and Joy pursue the subject with enthusiasm. "It's not just a hobby," says Joy, "It's an obsession."

Aside from their own family research, Fred and Joy are also members of the Floyd County Historical and Genealogical Society of which Fred is vice president and Joy is secretary/treasurer, as well as the Big Sandy Historical Society, the Johnson County Historical Society, and Pike County Historical Society. Fred is also a member of the Bucks County Historical Society in Pennsylvania.

A native of Prestonsburg, Fred is the son of the late Ballard M. and Ginevra James, both of whom were history buffs with Ginevra being interested in genealogy. "I guess it's bred into me," laughs Fred. After Joy Jones, born in Wheelwright, married Fred in 1981, she joined in his research. "I know more about the Jameses than the Jones," laughs Joy.

The James' have just returned from Kearney, Missouri, where they attended the funeral and reinterment of Jesse's remains on October 28. Stories have circulated for years that Jesse faked his murder and that the body contained in his grave was that of someone else.

To put to rest those stories, Jesse's own rest was disturbed in the Mt. Olivet Cemetery. Bones, and other material, were collected by a team of forensic scientists led by Dr. James Starr and were sent to be analyzed. Dr. Starr will present the results of those tests to the National Convention of Forensic Scientists in Nashville Tennessee on February 28th, 1996. He has said that 95 percent of the evidence shows that the body is indeed that of Jesse James and he expects the testing to confirm the other 5 percent.

One interesting fact of James' original burial is that he was apparently buried face down. "There's a reason for that," laughs Fred, "but I don't know if I should say." Joy adds, however, "It was so his enemies could kiss his butt."

During his study of Jesse's life, Fred learned



The James gang

Fred and Joy James, at their kitchen table, utilize books and documents in their historical and genealogical research. In the foreground are ribbons issued to James family members to gain entrance to the burial service for Jesse James. Joy James says license plates from 29 states were counted in the crowd of on-lookers.

that during the Civil War, Jesse's brother Frank rode with Quantrill's Raiders, a type of advance "shock troop" of the Confederate army. Federal militia, in looking for Frank, went to the farm of Jesse and Frank's mother, Zerelda, and their stepfather, Dr. Reuben Samuel.

When the Samuels provided no information, fifteen-year-old Jesse was beaten with a bullwhip and left to die while his stepfather was hanged. Though he survived the hanging, Dr. Samuel suffered permanent brain damage due to the lack of oxygen to his brain.

After the attack on his family, Jesse went to join Frank with Quantrill. He rode for Bill Anderson, one of the leaders of the Raiders. Anderson would say Jesse was the best horseman he had.

At the end of the war the Raiders came from Texas to Missouri to turn themselves in under a flag of truce.

When the group came in range of the fort, however, the federal troops opened fire, shooting Jesse through the lung and, for a second time, he was left to die. Jesse survived though he was plagued throughout his life by the injury.

Soon after that, the Union Pacific declared its intent to take the farm belonging to Jesse's mother and stepfather and use the land to extend the railroad. The Samuels refused to abandon the property.

The Union Pacific engaged a representative of the Pinkerton Agency to persuade the Samuels by way of dynamite, which was thrown into the home. As a result, Jesse's nine-year-old half brother was killed and his mother lost her right arm up to the elbow.

"The war and all was really what turned those boys to the life they led," says Fred, "I don't know where I wouldn't have done the same thing if I were them."

The Union Pacific, aside from owning the Pinkerton Agency, also owned several banks,

which shipped money on the railroad, as well as Wells Fargo, all of which provided targets for the wrath of the James and Younger gang.

However, Jesse also led another life, one in which he was known as Mr. Howard. Jesse had a wife and several children and raised thoroughbred horses.

Governor Crittenden of Missouri put a \$25,000 reward out for Frank and Jesse. Later he granted the brothers amnesty but Frank and Jesse were prevented from turning themselves in because the reward had not been lifted.

The reward was later reduced to \$5000 for Jesse, dead or alive. While visiting Jesse at home, Bob Ford, who rode with the James and Younger gang, shot the unarmed James in the back of the head, as he straightened a picture of his thoroughbred, Stonewall. In a deal worked out before the killing, Ford was later pardoned by Governor Crittenden and collected the reward.

Fred and Joy say Jesse's notorious reputation is due in part to "dime novels" which were popular at the time the James gang rode. "They didn't write the truth about them," says Fred, "and anytime anybody would hold somebody up, they would say it was Jesse and Frank, but it wasn't. They didn't commit half the crimes they were accused of." Joy adds, "He wasn't a Robin Hood but he wasn't a villain."

One of the rewards of their research, Fred and Joy agree, is the people they have met. "We've met some wonderful people," says Joy. Fred adds, "They've been some of the finest people I ever saw."

Their research has also brought them closer to a family member, and to the concerns family members have for one another. "At the funeral, during the eulogy, a portion of a letter Jesse wrote to a friend of his, was read," says Joy, "and he confessed his belief in God. We thought that was real good, real nice."

Society News

Call David Hereford
886-3057

Attend Christmas party

Mr. and Mrs. Raymond Schoolcraft of Prestonsburg attended the MAPCO (Pontiki Coal) Christmas Party at the Carriage House in Paintsville last Saturday night.

Cato Christmas party

The Cato Company held its Christmas party for its staff and employees at the Glyn View Plaza store on Saturday, December 16. Present were Phyllis and Wade Hamilton, Mert and Dave Colins, Mary Ousley, Wanda Sexton, Carol and Okie Sparks, Linda Ousley and Lillie Nelson.

Adah Chapter meets

Adah Chapter No. 24, Order of the Eastern Star held its regular meeting on December 11.

Guests and members present were Janie Curry, worthy matron; Donald Willis, worthy patron; Joyce Hall of Stone Chapter No. 533, D.G.M.; Johnnie Belcher, Anna O. Young Chapter No. 28, Pikeville, D.G.P.; Nancy Poskas, Freeburn Chapter No. 418, Grand Conduress of the Grand Chapter of Kentucky; and Kaye Stone, Magoffin Chapter No. 562, Grand Martha.

Other visitors were Wilma Short, Pine Mountain No. 247; Ruby Rasnick, James Rasnick, Wanda Robinson, Robert W. Bartley, Conrad Jones and Patricia Belcher, all of Anna O. Young Chapter No. 28.

Adah No. 24 members present were Patsy Evans, John Evans, Paulena Owens, Mable Jean LeMaster, Violetta Wright, Lorena Wallen, Pauline Sparks, Mag Gray, Burieta Gearhart, Mary Zemo, Judy Johnson, Rebecca Rasnick, Belle Conn and Holly Blanton. The D.G.M. and D.G.P. gave instructions for W.G.M. and W.G.P. and discussed the district school to be held on April 13. The next meeting will be held Monday, January 8, at 7 p.m. at Adah Lodge.

Members were urged to remember the Past Masters Banquet on Saturday, January 6, at the Prestonsburg High School cafeteria and to bring a dessert.

Attend party in Louisville

Mr. and Mrs. Richie Schoolcraft attended the PIA Merchandising Christmas Party at the Hurstbourne Hotel in Louisville last week. After dinner the guests enjoyed a Comedy Night at the hotel. Their son, Christopher, spent the weekend with his grandparents, Mr. and Mrs. Mack Livingood in Morehead.

Rebekahs hold December meet

The regular meeting of the Miriam Rebekah Lodge No. 31 was held on December 5. Mrs. Paulena Owens, noble grand, presided.

Members on the sick were remembered in prayer. Bills and communications were disposed.

Plans were made for the Christmas party and a report of the district meeting, held on Paintsville on December 2, was given. According to the report, the district meeting was interesting and a crowd was in attendance.

Members present for the December meeting of the Rebekahs were Paulena Owens, Hope Whitten, Sue Moore, Susie Clifton, Violetta Wright and Mabel Jean LeMaster.

Rebekah Christmas party

The regular meeting of the Miriam Rebekah Lodge No. 31 was held December 19 at 6 p.m. This being the night for the Christmas party, the members enjoyed refreshments and an hour of fellowship in the dining room after which they moved into the lodge room and participated in the exchange of gifts.

Paulena Owens, the noble grand, presided over the meeting. After the regular business was transacted, the lodge deputy, Jean Hickman, installed the musician, Debbie Johns and outside guardian, Dora Johns into their respective offices.

A report was given on the visit to Mountain Manor Nursing Home on December 17. Attending were Beverly Hackworth, Paulena Owens, Willa Mae Branham, Mable Jean LeMaster and Mr. and Mrs. Nelson. They sang several songs and visited with the residents.

Present for this meeting were Paulena Owens, Lorena Wallen, Dora Johns, Susie Clifton, Mary Zemo, Violetta Wright, Claudine Johns, Hope Whitten, Jean Hickman, Debbie Johns and Mable Jean LeMaster. The next regular meeting will be January 2.

Newsome-Conn wedding

Amy Rebecca Newsome and William Frederick Conn were united in marriage on Saturday afternoon December 23 at the Wheelwright Freewill Baptist Church.

A reception followed in the church cafeteria.

Amy is the daughter of Gary and Sandra Newsome of Melvin. William is the son of William and Maggie Conn of Dana.

Birthday dinner

Angela Senters celebrated her 22nd birthday Sunday with a dinner given by her family at Jerry's Restaurant.

Her friend, Lee Schoolcraft, was home from college to help her celebrate.

Historical Society award dinner

Members of the Floyd County Historical and Genealogical Society held their first award dinner and charter night on December 18 at May Lodge, Jenny Wiley State Resort Park.

Charter members were recognized and given certificates. The new officers for the 1996 year were presented to the society. Officers are James Daniels, president; Sam D. Hatcher, vice president; Brenda McKenzie, secretary; and Betsy S. Lambert, treasurer.

Plaques were given to Fred and Joy James, who served as the first vice-president and treasurer and were instrumental in founding the historical society.

Times staff Christmas party

The staff and management of the Floyd County Times held their annual Christmas dinner last Thursday in the Times' dining room.

A bountiful dinner was served. Sports editor Ed Taylor said grace before the meal.

Times' employees attending

included Diana Crider, Nancy Shortridge, Theresa Garrett, Patty Wilson, Rick Branham, Brenda Crouch, Zyndal Adams, Jody Ryan Scott, Johnnie C. Adams, Kari Shepherd, Scott Perry, Jodi Blackburn, Jenny Ousley, Shawn Hamilton, Teresa Cochran, Becky Crum, Tim Burke, Mike Burke, Susan Allen, Tammy Goble, Alisa Goodwill, Ed Taylor, Janice Shepherd, Patti Clark, David Hereford, Jimmy Goble, Hannah Adams and Willie Conley. Among the guests attending were Polly Ward, Corey Allen, and Jesse Cochran.

Visits from Atlanta

Mary Callahan Hereford of Atlanta, Georgia is spending the Christmas holidays with her parents, Tom and Mary Jo Hereford on the Abbott Road, Prestonsburg.

Christmas poinsettias

Poinsettias were placed in the sanctuary of the First United Methodist Church in Prestonsburg on Sunday, December 24, in memory and in honor of the following individuals and families:

Betty Roberts by Leslie Roberts Tucker; C.E. Roberts by Leslie Roberts Tucker; Caitlin, Taylor and Robin Clark by Eddy Clark; Dick and Stella Spurlock by family; Dr. and Mrs. George P. Archer by Emily, Margaret and Aaron Damron; loved ones by W. J. May; Mr. and Mrs. William J. May by William J. May;

Bill and Shirley Callihan by Tom and Mary Jo Hereford; Thomas and Inez Hereford by Tom and Mary Jo Hereford; Carlos Haywood by family; Katherine L. Stephens, Cecil and Edith Kendrick by Danny and Kathy Lowe, Brandon, Josh and Kate; Russell May by family;

Robert L. May by Martin Osborne family; Walter Dieball by Martin Osborne family; Shirley Callihan by Bill, Mary Jo, Ann and Bill Bob; Hannah Benton (mother of Shirley Callihan) by Bill, Mary Jo, Ann and Bill Bob; James Carter

by Geneva, Susan and Jim;

James Garvey by Alice Garvey, Mary Alice Carter and grandchildren; Sue May by Mr. and Mrs. Calvin Herrick; Eleanor Horn by Charles and Carlos Wells and Charles B. and Sheila Wells; Carl R. Horn by Eleanor Horn, Charles and Carlos Wells and Charles B. and Sheila Wells; parents by Mr. and Mrs. Calvin Herrick;

Virginia and Luther Shivel, Josephine and Tom Fields, Anna Mae and Willie Mellon and Doug and Roy Perry by Kay and Bill Baird and Judy and John Wade; May K. and Dick Roberts and Lack and George Roberts by Kay and Bill Baird and Judy and John Wade;

Eugene Wells and Ray Stephens by Stewart and Betty Stephens; Amy Kay Cooley by Pete and Susan Greene, Laura and Christy Cooley; loved ones by Raymond Bradbury;

Ernest Hopkins and loved ones by Effie H. Hopkins; loved ones by Vivian Hale, Barbara, George and Laura Letton; Thomas and Inez Hereford by David, Tom and John; granny and granddaddy by Laura Goble and David Hereford II; Palmer Crisp by Tincy Crisp; Mr. and Mrs. A.C. Carter, James J. Carter and Leo Carter by Jack Carter; Sarah Clay Stephens Archer, Dr. and Mrs. O. T. Stephens and Dr. Raymond Stephens by Jack Carter;

Betty Roberts by her best friend; Sandra Robertson by her family; Holton and Luca Hamilton by Lora Hamilton; Samuel L. Wells, Jeff B. Wells and Lora E. Wells by Lora Hamilton; Marvin Dixon Sr., Marvin Dixon Jr. and James Richard Dixon by Anna Onkst; Cloyd Johnson by Sue and Ted Nairn; and Sylvia Nunnery Purdy and James H. Nunnery Sr. by Jim Nunnery.

Early Times
All Taxes Paid
1/2 gallon \$14.99 each
J & J Liquors
Betsy Layne • 478-2477



"See the exciting movies everyone's talking about... more than 9,000 films and games in our store"

New This Week:

- ★ Clueless
- ★ Die Hard with a Vengeance
- ★ Mortal Kombat

Make it a

BLOCKBUSTER Night

117 Weddington Branch Road—Crossroads Plaza
(606) 437-0320

Open Daily! 10:00 a.m.-midnight



Betsy Layne, Ky.
478-9218

PRICES EFFECTIVE WEDNESDAY, DECEMBER 27TH THRU SUNDAY, DECEMBER 31ST, WHILE SUPPLIES LAST. None sold to dealers.

We gladly accept Federal Food Stamps.

We reserve the right to limit quantities. Not responsible for typographical errors.

Tip Roast
\$1.69 Lb.



Chicken Breast
89¢ Lb.



Pork Loin
\$1.59 Lb.



Ribeye Steak
\$3.99 Lb.



Sausage
\$2.99 2-Lb.



COKE
\$2.79 12-PACK



Master Blend
\$5.99 34-Oz. Can



Clorox
99¢ Gal.



Paper Towels
2/\$1



Cabbage
4 \$1 Lbs.



AFTER CHRISTMAS BLOWOUT SALE

30% OFF our everyday low price

7 Diamond Cluster
\$19.96
Lowest Price Ever!

1 Carat tw Diamond Bracelet
\$119.97
Lowest Price Ever!

Diamond Earrings
\$6.97
Lowest Price Ever!

1/4 Carat tw \$69
Lowest Price Ever!

Your Choice

1/2 Carat tw \$149
Lowest Price Ever!

Your Choice

1 Carat tw \$249
Lowest Price Ever!

Your Choice

2 Carat tw \$349
Lowest Price Ever!

1 1/2 Carat \$2,999
Lowest Price Ever!

Styles may vary by location. Not all styles available in all stores.
Sale Prices Expire December 31, 1995

PRESTONSBURG VILLAGE
Monday-Thursday & Saturday
10:00 a.m.-6:00 p.m.
Friday, 10:00 a.m.-8:00 p.m.
Sunday, 1:00 p.m.-5:00 p.m.

C.&H. RAUCH
JEWELERS

Society News

(Continued from B 2)



Baileys celebrate wedding anniversary

John and Tommie Bailey of David recently celebrated their wedding anniversary. Mr. and Mrs. Bailey were married on December 8, 1984. The couple celebrated with a dinner at Shoney's Restaurant in Paintsville.

Jane Meece. Her essay has been sent to the Sixth District Director to be judged in the district. Press clippings were sent to the Sixth District press chairman.

The application of the Reverend Julie Ann Hager Love was accepted. She will join the chapter under the Revolutionary War soldier Richard Wells. She is the daughter of Paul and Joy May Hager of Berea and granddaughter of the late Opal S. May.

The next regular meeting will be held January 8 and will be a business meeting only. The meeting place will be announced later.

Special guest was Jennifer Ousley, a Morehead State University junior and a prospective member. She is the daughter of the chapter treasurer, Karen Ousley.

Experience enables you to recognize a mistake when you make it again.

John Graham Chapter conducts business meeting

John Graham Chapter, Daughters of the American Revolution, met Monday, December 18, at noon at May Lodge, Jenny Wiley State Park, for a business-luncheon meeting. The regent, Mrs. Carl R. Horn, presided and conducted the rituals.

Treasurer Karen Ousley reported on the state and national contributions, magazine subscriptions, and Sixth District advertising.

Recording secretary Frances Brackett distributed the 1995-1998 yearbooks. Announcement was made that the 1995-96 DAR Good Citizen essay chapter winner was Prestonsburg High School Cora

Will wed Sunday

Mr. and Mrs. Robert G. Smith of Hippo announce the engagement and forthcoming marriage of their daughter, Elizabeth George Smith, and Robert Williamson, son of Mr. and Mrs. Ronnie Williamson of Prestonsburg. Miss Smith is a 1995 graduate of Prestonsburg High School and is attending Prestonsburg Community College. She is employed by Food City. Mr. Williamson is a 1994 graduate of Prestonsburg High School and is also attending Prestonsburg Community College. He is also an employee of Food City. The wedding will be held December 31 at 3 p.m. at the Fitzpatrick First Baptist Church in Prestonsburg.



Hall and Moore to wed

Thomas L. and Barbara Hall of Martin, announce the engagement and upcoming marriage of their son Travis Craig and Leslie Dale Moore of Lancaster. Hall is a graduate of Allen Central High School and Eastern Kentucky University where he received a Bachelor's Degree in Paralegal Studies. He is currently pursuing a Masters Degree in Administration at Central Michigan University. Craig is a sergeant in the United States Army, and serves on the staff of the undersecretary of the Army at the Pentagon in Washington, D.C. He is the grandson of Mrs. Verna Mae Conn of Dana, and Eunice Hall of Martin. Ms. Moore is a 1990 graduate of Garrard County High School and will graduate December 15 from Eastern Kentucky University with a Bachelor's degree in Occupational Therapy. She is the granddaughter of Mr. and Mrs. Lester Holton, of Somerset, and Mrs. Leshan Moore of Columbus, Ohio. An open church wedding is scheduled for 2 p.m. January 6, at the United Methodist Church in Lancaster.

To our readers

This is the Christmas and New Year's holiday week and families and friends will get together to share the holiday spirit.

We, at the Times, would like to hear from you about the guests you've hosted or the parties you may have attended.

Please call 886-3057 and leave your message.

Don't forget to leave a phone number so we can call you back.

Happy Holidays, and remember, "Christ is the Reason for the Season."

Early Times

1/2 gallon \$14.99 each
All Taxes Paid
J & J Liquors
Betsy Layne • 478-2477

Head Start



Suzuki QuadSport 80

Young riders feel right at home on the Suzuki QuadSport® 80—the smart choice for adult-supervised learning and fun.

- Reliable 82-cc, forced-air-cooled, 2-stroke engine.
- Built-in throttle limiter enables parents to control ATV speed.
- Maintenance-free Suzuki PEI™ electronic ignition.
- Variable-speed automatic transmission provides smooth acceleration.

The Suzuki QuadSport 80 may be used only by those aged 12 and older. Adults must always supervise riders under the age of 16. All other Suzuki ATVs may be used only by those aged 14 and older. Suzuki highly recommends that all ATV riders take a training course. We'll even pay for it. For safety and training course information, see your dealer or call the USA at 1-800-852-5344. ATVs can be hazardous to operate. For your safety, always wear a helmet, eye protection and protective clothing. Never ride on paved surfaces or public roads. Never carry passengers or engage in stunt riding. Riding and alcohol or other drugs don't mix. Avoid excessive speeds. Be extra careful on difficult terrain. Along with concerned consumers everywhere, Suzuki urges you to "READ LIGHTS" on public and private land. Preserve your future riding opportunities by checking reports for the environment, local laws and the rights of others when you ride.

FINANCING AVAILABLE.



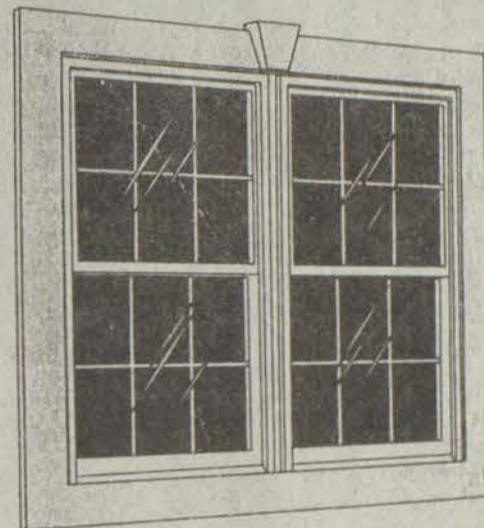
U.S. 460 Staffordville
297-1202
SUZUKI.
The ride you've been waiting for.™

Built for Keeps.

The Simonton Collection™ Series 5000 replacement windows are designed to keep your energy costs down... keep their good looks year after year... keep giving you trouble-free performance.

- Each window handcrafted for a custom fit
- Exclusive design provides maximum thermal efficiency
- Premium extruded vinyl never needs painting, never suffers weather or insect damage
- Tilt-in, lift-out sashes for easy cleaning
- Exclusive, tamper-proof locks
- Choice of White or Tan exterior finish; White, Tan or Woodgrain interior finish.

Call for more details on The Simonton Collection Series 5000:



LO-MOR SUPPLY

Vinyl Siding
Factory Outlet

— Dealers In —
Hardware • Plumbing • Electrical
Box 588

McDowell, Kentucky 41647

(806) 377-0502

(806) 377-0115



Christmas Clearance



50% OFF
REGULAR PRICE
Christmas Wrapping Supplies

50% OFF
REGULAR PRICE
Christmas Giftwear, Selected Toys & Candy

50% OFF
REGULAR PRICE
Christmas Light Sets & Boxed Christmas Cards

50% OFF
REGULAR PRICE
Trim • A • Tree & Holiday Decorations

FREE
2nd Set of PRINTS

Check off Twin Prints box on order envelope and you will receive a FREE 2nd Set of PRINTS!

Your TwinPrint Choice Of: **Kodak PREMIUM** OR **RITE AID STANDARD**



YOUR FREE TWIN PRINT CHOICE

• 4" KODAK Premium Processing Prints, exceptional quality for 35mm film

OR -

• 4" Standard size prints returned already bound in a Galaxy Album

OR -

• 3" Standard size prints

Enjoy your holiday memories with your family and friends and SAVE!

Watchnight Service

at the
Auxier Freewill Baptist Church

December 31st
beginning at
7:00 p.m.

Everyone Invited

CARD OF THANKS

The family of Ray "Cotton" Walters wishes to thank all those friends, neighbors, and family who helped them in any way upon the passing of their loved one. Thanks to those who sent food, flowers, prayers and words of comfort expressed. A special thanks to the clergyman Ted Shannon for his comforting words, the Sheriff's Department for their assistance in traffic control and the Hall Funeral Home for their kind and efficient service.

The family of Ray "Cotton" Walters

For your life,
Rite Aid's got it.

Prices Effective December 26, 1995 thru January 6, 1996

For the Rite Aid Pharmacy near you, call 1-800-4-DRUGSTORES.



SPECIAL BUY

12-pk Coke \$2.99

12-pk, 12-oz. cans
Miller Lite, Lite Ice \$6.39
Genuine Draft

Beverage items plus applicable taxes and deposits.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. BEVERAGE PRICES ARE FOR NON-REFRIGERATED PRODUCTS ONLY. SOME ITEMS MAY NOT BE AVAILABLE IN ALL STORES. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.

County Kettle

ONE-STEP CHEESE SAUCE

1 cup cold milk
2 tablespoons Gold Medal Wondra quick-mixing flour
1/4 teaspoon salt
1/4 teaspoon dry mustard
1/8 teaspoon pepper
2 tablespoons margarine or butter

1/2 cup shredded Cheddar cheese (2 ounces)

Heat all ingredients except cheese to boiling over medium heat in 1-quart saucepan, stirring constantly. Boil and stir 1 minute. Stir in cheese until melted. 1 cup sauce.

Tip

*To microwave: Mix all ingredients except cheese in 1/2-quart microwavable bowl. Microwave on High 2 minutes; stir. Microwave 1 to 3 minutes longer, stirring every minute, until thickened. Stir in cheese until melted.

POPOVERS

A great bread to serve with the holiday meal, popovers are light, easy and so impressive.

1 cup Gold Medal Wondra quick-mixing flour
1/2 teaspoon salt
1 cup milk
2 eggs, slightly beaten

Heat oven to 450°. Generously grease six 6-ounce custard cups or 8 medium muffin cups. Stir all ingredients with fork just until smooth (do not overbeat). Fill custard cups 1/2 full, muffin cups 3/4 full. Bake 20 minutes. Decrease oven temperature to 350°. Bake 20 minutes longer or until deep golden brown. Immediately remove from cups; serve hot. 6 to 8 popovers.

Tips

*To keep popovers warm, turn off oven; leave popovers in cups in oven no longer than 15 minutes.

*To reheat popovers, heat on cookie sheet in 350° oven about 5 minutes.

*To freeze popovers, immediately remove from cups. Cut small slit in side of each to allow steam to escape; cool. Wrap and freeze no longer than 2 weeks. To serve, heat frozen popovers on cookie sheet in 350° oven about 10 minutes.

PINEAPPLE CAKE

2 cups all-purpose flour
2 cups sugar
2 eggs
2 teaspoons soda
1 20-ounce can crushed pineapple

1 1/2 cups chopped nuts
Combine first 5 ingredients and 1/2 cup nuts in bowl; mix well. Pour into greased 9x13-inch cake pan. Bake at 350 degrees for 45 to 55 minutes or until golden brown. Spread hot cake with Cream Cheese Frosting. Sprinkle with 1 cup nuts. Yield: 12 to 18 servings.

CREAM CHEESE FROSTING

8 ounces cream cheese, softened
1 cup confectioners sugar
1/2 cup margarine, softened
2 teaspoons vanilla extract
Combine all ingredients in mixer bowl. Beat until fluffy.

MOCHA MYSTERY CAKE

1 2-layer package yellow cake mix
1/2 cup packed brown sugar
1/2 cup sugar
1/4 cup cocoa
1 cup cold strong coffee

Prepare cake mix according to package directions. Pour into greased 9x13-inch baking pan. Combine sugars and cocoa in bowl. Sprinkle over batter. Pour coffee over top. Bake at 350° degrees for 40 minutes. Serve warm with whipped cream. Yield: 18 to 20 servings.

Note: May substitute white, chocolate or spice cake mix for yellow cake mix.

BLACK BOTTOM CUPCAKES

1 1/2 cups flour
1 cup sugar
1/4 cup cocoa
1 teaspoon salt
1/2 teaspoon soda
1/3 cup oil
1 cup water
1 teaspoon vinegar
1 teaspoon vanilla extract
8 ounces cream cheese, softened
1 egg
1/3 cup sugar
1/8 teaspoon salt
6 ounces chocolate chips

Combine five dry ingredients in bowl. Add oil, water, vinegar and vanilla; mix well. Fill greased muffin cups 1/3 full. Beat cream cheese, egg, 1/3 cup sugar and 1/8 teaspoon salt in bowl until well blended. Stir in chocolate chips. Place 1 heaping teaspoonful in each muffin cup. Bake at 350 degrees for 30 to 35 minutes or until cupcakes test done.

BUSTER BAR DESSERT

1 16-ounce package Oreo cookies, crushed
1/2 cup melted margarine
1/2 gallon vanilla ice cream, softened
1 16-ounce jar salted Spanish peanuts
2 cups confectioners sugar
2/3 cup chocolate chips
1/2 cup margarine
1 13-ounce can evaporated milk
Combine Oreo crumbs and melt-

ed margarine in 9x13-inch dish; press evenly over bottom. Spoon ice cream over crumbs. Sprinkle with peanuts. Freeze until firm. Combine confectioners sugar, chocolate chips, 1/2 cup margarine and evaporated milk in saucepan. Bring to a boil over low heat. Simmer for 10 minutes. Cool completely. Pour over frozen layer. Freeze until firm. Let stand at room temperature for several minutes before serving.

CHERRY CAKE

2 cups all-purpose flour
3/4 cup sugar
1 teaspoon soda
1/2 teaspoon cinnamon
3/4 cup oil
2 eggs
2 teaspoons vanilla extract
1 21-ounce can cherry pie filling
6 ounces chocolate chips
Combine flour, sugar, soda and cinnamon in bowl. Add oil, eggs, vanilla and pie-filling; mix well. Stir in chocolate chips. Pour into

two greased and floured cake pans. Bake at 350° degrees for 35 to 40 minutes or until cake tests done. Remove to wire rack to cool. Frost with whipped cream or whipped topping. Yield: 8 servings. Note: May bake in loaf pan.

KETTLE GRAVY

Heat broth in 1-quart saucepan until hot. Stir flour into water; gradually stir into broth. Heat to boiling over medium heat, stirring constantly. Boil and stir 1 minute.

Season as desired. 1 1/4 cups gravy. Tip
*To prevent lumpy gravy, be sure to stir flour first into cold water—do not add directly to hot liquids.

Early Times
All Taxes Paid
1/2 gallon **\$14.99** each
J & J Liquors
Betsy Layne • 478-2477



HAPPY NEW YEAR!

All stores OPEN normal hours New Year's Eve & New Year's Day.

Always Good. Always Fresh. Always Kroger. Your Total Value Leader!

U.S.D.A. CHOICE

Flank Steak

\$2.99

Lb.



JUMBO PACK (4-LBS. OR MORE)
WAMPLER/LONGACRE GRADE A-FRESH

Split Chicken-Breast

Pound

99¢

Save \$1.20/Lb.



Golden Ripe Bananas

Pound

3/\$1

Save 26¢/Lb.



Caffeine Free Diet Pepsi, MTN. DEW, Diet Pepsi or Pepsi Cola

2-Liter

79¢

Save at least 50¢

Four 2-Ltrs. Per Customer At This Price Please

20% OFF Pork Sale!

FRESH "SILVER PLATTER"

Boneless Pork Sirloin Chops

Pound

\$1.99

Save \$2.00/Lb.



CHEF'S PRIME

Boneless Pork Loin Roast

Lb.

\$2.99

Save \$1.00/Lb.

FRESH "SILVER PLATTER" CENTER CUT

Boneless Pork Loin Chops

Pound

\$3.99

Save \$1.00/Lb.



BUSH'S

Blackeye Peas

15.8-oz.

3/\$1

Save at least 51¢ on 3

Kroger Skim Milk

Gallon

\$1.89

Save up to 76¢

Fresh Green Cabbage

Pound

25¢

Save 24¢/Lb.



Kroger Orange Juice

Gallon

\$1.79

Save at least \$1.20



Kroger...Your New Year's Party Headquarters!

Party Trays from the Kroger Deli

Starting At **\$16.99**

For A Small Vegetable Tray



(56-70-ct.) INDIVIDUALLY QUICK FROZEN

Pink Shrimp In The Shell

Lb.

\$4.99

Save \$1.00/Lb.



Ruffles Potato Chips 6-oz.

79¢



KROGER French Onion Dip 16-oz.

Buy One-Get One FREE!



Ambassador PLU403

Kroger & Party Express Your New Year's Party Headquarters

Hats, Noise Makers, Confetti & Much More!

SAVE \$2.00 OFF

Ambassador/Party Express Purchase of \$9.00 or more

Party Express is a product of Ambassador Cards Available at participating and selected Kroger locations only! Offer Expires January 2, 1996 or while supplies last - Coupon cannot be doubled - One coupon per family

Items & Prices Good Through Jan. 1, 1996.

WED 27	THUR 28	FRI 29	SAT 30	SUN 31	MON 1
--------	---------	--------	--------	--------	-------







DOUBLE mfr's COUPONS

...up to 50¢ See store for details.

Copyright 1995-1996. The Kroger Co. Items & Prices Good in Pikeville only. We reserve the right to limit quantities. None sold to dealers.



Mr. and Mrs. Columbus Jacobs

Celebrate golden wedding anniversary

The golden wedding anniversary of Columbus and Myrtle Jacobs, married November 30, 1945, was commemorated Saturday, November 25 at Jenny Wiley State Park in Prestonsburg. Relatives and friends from both far and near gathered between 2 and 5 p.m. to help the couple celebrate this rare and precious moment in their lives.

Colors chosen for the occasion were white and gold. Various hues of these selections were reflected in ornate flower arrangements by Barbara Porter of Florida and a beautiful, tiered wedding cake baked by Syrilda Martin of Hueysville.

Serving as emcee for the gala event was Curtis "Ted" Martin, Jr., a nephew of Myrtle's. The invocation was given by Pastor Randy Osborne of Garrett First Baptist Church.

Following the invocation, testimonials honoring the couple were invited from the assembled guests. Among those honoring the two with touching tributes were Lawrence Baldrige, Rondall Hayes, Sharon Lavender, Bessie Draughn, Claudia Jacobs, Danny O'Quinn, Willie Martin, Jr., Curtis "Ted" Martin, Jr., Maxine "Mack" Martin, Daniel Jacobs, Jerry Martin, Patsy Patton, Andrew Slone and Dottie G. Yabroff.

Remembrances included "going to see them was like going home"; "You could hear the rattle of dishes ten or 15 minutes after you entered the Jacobs home; and, if you left hungry it was your own fault"; "I'm still working on a jar of hot peppers Myrtle gave me"; "Columbus grows plants and Myrtle objects—still Myrtle is the first one out with seed catalogs in the spring"; "My Dad always headed for Columbus and Myrtle's when he was feeling depressed"; "you could always see the love and concern for each other

in their eyes, especially in times of sickness." "I appreciate them because they had two wonderful sons I was privileged to teach", "there may be another couple as good as these two in Floyd County, but you won't find any couple any better." Frequent nods of agreement from other guests followed these loving praises.

Columbus responded by thanking all those who had honored them with their words and presence. He attributed the couple's enduring marriage to three beings: Columbus, Myrtle and God.

A renewal of vows followed the words of Columbus. Officiating at this service was Jeffrey Fugate, a pastor from Lexington.

A blessing followed the renewal of vows after which those present enjoyed a social hour with good food and comradery. Cutting of the cake and a toast to "50 more years of marital bliss" for the couple came next. Presentation of a family portrait preceded the opening of gifts. Included in the portrait were Mr. and Mrs. Columbus Jacobs, their two sons and their sons' wives Jimmy Ray and Claudia Jacobs and Bobby Don and Nancy Jacobs; Jimmy Ray and Claudia's twin daughters and their husbands Kimberly Kay and Chris Garrett, Jennifer Lynn and Mitchell Hines; Bobby Don and Nancy's three children, Timothy, Lisa and Jeffrey; Timothy's wife Patricia; two great-granddaughters, Christy Kay and Brittany Garrett, the children of Kimberly Kay and Chris Garrett.

Arrangements for the golden wedding anniversary were under the direction of Katherine Deriet, Mr. and Mrs. Jimmy Ray Jacobs, Mr. and Mrs. Bobby Don Jacobs, Lisa Jacobs, Jennifer Hines and Kimberly Garrett. Music was provided by Barry Combs.

Old Christmas trees provide shelters for fish

The U.S. Army Corps of Engineers at Dewey Lake in partnership with the Kentucky Department of Fish and Wildlife will be collecting Christmas trees from December 26 until January 15.

Trees may be dropped off in front of the Eastern Kentucky Department of Fish and Wildlife office at Dewey Lake. These trees will be used to create fish habitat. The protective cover provided by these trees will assist small fish in escaping predation and thus hopefully increase the anglers' chances at a better harvest.

This is an excellent opportunity to recycle your used trees for the betterment of the fishing at Dewey Lake. Donators are requested to remove all decorations and only live (non-artificial) trees will be accepted.

For more information, contact the U.S. Army Corps of Engineers Resource Management Office at Dewey Lake at 886-6709 or 789-4521 or the Eastern Kentucky Department of Fish and Wildlife Fisheries Division at 886-9575.

Education is what you get from reading the small print. Experience is what you get from not reading it.

—Carl Albert



A daughter is born

Bryan and Gina Hall of Winchester recently announced the birth of their daughter, Rachael Elizabeth Hall, on September 20 at Humana Hospital in Lexington. She weighed 5 lbs. 10 oz. and was 19 1/2" long. The baby is the granddaughter of Ralph and Barbara Wells of Prestonsburg, William Russell Hall of Wheelwright and Constance and Wes Gearheart of Price. She is the great-granddaughter of Douglas and Gabe Sanders of Weeksbury; Pluma Colleen Hall of Lower Burton and the late Willie Hall; Henry and Norcie Elliott Miller and the late Russell Elliott; and Alma Wells of Prestonsburg and the late Eugene Wells.



Do you have a place for me?

Kentucky Baptist Homes for Children is seeking foster parents in the Big Sandy area. Training, ongoing professional support, and a stipend are provided.

Call Renita Tackett for more information
(606) 478-3200



Kentucky Baptist Homes for Children

We have the keys to your new car...



Call our 24 hour-confidential Credit Pre-Approval Line and apply for credit right over your touch-tone phone!

1-800-940-8687

John Gray • Pontiac-Buick-GMC

Early Times

1/2 gallon \$14.99 each All Taxes Paid

J & J Liquors

Betsy Layne • 478-2477



23% OFF SALE

DECEMBER 23 - DECEMBER 30

23% OFF
ALL Living Rooms!

23% OFF
ALL Accessories!

23% OFF
ALL Bedding!

23% OFF
ALL Bedrooms!

Fast, Flexible Credit!

23% OFF
ALL Dining Rooms!

Easy Installment Plans

23% OFF
ALL Electronics!

Tremendous Selection!

23% OFF
ALL Appliances!

23% OFF EVERYTHING IN THE STORE

DECEMBER 23 - DECEMBER 30

FREE DELIVERY!
On Major Purchases

NO DOWN PAYMENT!
With Approved Credit



PRESTONSBURG VILLAGE • 886-8668
APPLETREE PLAZA, PAINTSVILLE • 789-5646

5 Easy Ways To Pay:
• MasterCard • Visa • Discover
• Heilig-Meyers Card • In-Store Credit

We reserve the right to limit quantities. © Heilig-Meyers Co. 1995

CARD OF THANKS

The family of William Pershing Spears would like to extend their appreciation to all those friends, neighbors and loved ones who helped comfort them during their time of sorrow. Thanks to all who sent food, flowers, prayers or spoke comforting words. A special thanks to the clergyman Bennie Blankenship for his comforting words, the Sheriff's Department for their assistance in traffic control and the Hall Funeral Home for their kind and professional service.

The family of William Pershing Spears

CARD OF THANKS

The family of Charles Glendall Hicks would like to take this opportunity to thank everyone for their help during the loss of our loved one: those who sent food and flowers, or just spoke comforting words. We deeply appreciate you all. A special thanks to the clergyman Steve Whitaker for his comforting words, the Sheriff's Department for their assistance in traffic control and the Hall Funeral Home for their kind and professional service.

The family of Charles Glendall Hicks

CARD OF THANKS

The family of Charlie Johnson would like to take this opportunity to thank everyone for their help during the loss of our loved one: those who sent food and flowers or just spoke comforting words. We deeply appreciate you all. A special thanks to clergymen Bee Johnson, Claude Justice, and Vernon Slone for their comforting words, the Prestonsburg High School Football Team, Dance Team and Coaches, Floyd County Head Start. Faculty and Staff, the Prestonsburg Elementary and Clark Elementary Faculty and Staff, Joan Chaffins for the beautiful music, honorary pallbearers: Ballard Boyd, Jr., Harmon Johnson, Marvin Johnson, Irvin Shepherd, Paul Hunt Thompson, and David Joe Willis, the Sheriff's Department for their assistance in traffic control and the Hall Funeral Home for their kind and professional service.

The family of Charlie Johnson

Obituaries

Jake Layne

Jake Layne, 72, of Martin, died Friday, December 22, 1995, at Highlands Regional Medical Center, Prestonsburg.

Born January 8, 1923 at Manton, he was the son of the late Taylor Layne and Martha Hale Layne. He was a retired coal miner and member of the U.M.W.A. Local No. 9845 at Martin. He was a veteran of the U.S. Army.

Survivors include his wife, Pauline Patton Layne; two sons, John Phillip Layne of Martin and Bert Ricky Layne of Pikeville; three daughters, Brenda Layne Burton of Stanton, Glenda Kay Merion of Means, and Kathy Layne Burchett of Pikeville; two brothers, Charlie Layne of South Whitley, Indiana, and Bert Layne of Eastern; seven sisters, Bessie Patton, Irene Hughes, Cassie Slone, and Georgia F. Layne, all of Martin, Hazel Firesheets of Anacoco, Louisiana, and Anna Dove and Imogene Miller, both of Indiana; and 13 grandchildren.

Funeral services were Sunday, December 24, at 11 a.m., at the Hall Funeral Home Chapel with the clergyman Gary Allen officiating.

Burial was in the Richmond Cemetery in Prestonsburg, under the direction of Hall Funeral Home. Serving as pallbearers were Charles Colin Layne, John Wolford, Everett Patton, Mike Smith, John Phillip Sammons, and Al Patton.

Scott Edward Layne

Scott Edward Layne, 56, of Langley, died Friday, December 22, 1995, at his residence, following a long illness.

Born July 28, 1939 in Martin, he was the son of Curtis R. Layne of Martin and Virginia Compton Nicholson of Albion, Michigan. He was a former heavy equipment operator and mechanic. He attended the Rock Fork Freewill Baptist Church at Garrett. He was a member of the John W. Hall Masonic Lodge No. 950, a 32nd degree Scottish Rite Mason, a member of the Shrine, the Order of the Eastern Star No. 447 at Wheelwright, a Kentucky Colonel, and a U.S. Air Force veteran.

Survivors include his wife, Gloriana Click Layne; three sons, James Edward Layne and Johnny Everett Layne, both of Langley, and Richard Eugene Layne of Topmost; two brothers, Robert Eugene Layne of Bronson, Michigan, and Eddie Dean Layne of Albion, Michigan; one sister, Rose Anne Patrick of Fritz; and five grandchildren.

Funeral services were Sunday, December 24, at 2 p.m., at the Hall Funeral Home Chapel with the clergymen Brodie Amburgey and Ted Shannon officiating.

Burial was in the family cemetery at Gunnels Branch, Banner, under the direction of Hall Funeral Home.

Serving as pallbearers were Curtis D. Patrick, Jimmy Patrick, Timmy Patrick, Doug Patrick, Jeff Layne, David Layne and Jeff Blackburn.

Honorary pallbearers were members of the John W. Hall Masonic Lodge and the Wheelwright Masonic Lodge.

Gary Vance

Gary Vance, 37, of Topmost, died Thursday, December 21, 1995, at the University of Kentucky Medical Center, Lexington, following a brief illness.

Born November 11, 1958 in Letcher County, he was the son of the late Ironton and Lillie Mae Honeycutt Vance. He was a self-employed carpenter.

Survivors include two sons, Michael Vance of Topmost and Derrick Vance of South Carolina; two daughters, Stephanie Vance and Kelly Vance, both of South Carolina; one brother, Ironton Vance Jr. of Topmost; and four sisters, Katherine Vance Caudill of Auxier, Pat Turner of Indianapolis, Indiana, Sue Harvey of Hindman and Rhonda Vance of Columbus, Ohio.

Funeral services were Sunday, December 24, at Providence Old Regular Baptist Church at Topmost, with the Regular Baptist Church ministers officiating.

Burial was in the Reen Hall Cemetery at Topmost, under the direction of Nelson-Frazier Funeral Home.

Pallbearers listed for Elder Lewis Jr.

Serving as pallbearers for the funeral of Elder Lewis Jr. were his grandsons.

Icie Mae Cox

Icie Mae Cox, 85, of Wayland, died Sunday, December 24, 1995, at McDowell Appalachian Regional Hospital.

Born March 20, 1910 in Alabama, she was the daughter of the late J. C. and Virginia Smith Cooley. She was a member of the Wayland United Methodist Church. She was preceded in death by her husband, Clinton C. Cox.

Survivors include two daughters, Virgie Lee Bryant of Hamilton, Ohio, and Sybol Bentley of Wayland; five grandchildren, ten great-grandchildren and seven great-great-grandchildren.

Funeral services were Tuesday, December 26, at 11 a.m., at the Wayland United Methodist Church with Bob Green officiating.

Burial was in the Cox Cemetery at Lackey, under the direction of Hall Funeral Home.

Serving as pallbearers were Butch Bentley, Randy Bentley, Bruce Scott, Kevin Hall and Tommy Murphy.

Ollie Mae Coffee Allen

Ollie Mae Coffee Allen, 89, of Greenup, died Friday, December 22, 1995, at Our Lady of Bellefonte Hospital.

Born April 28, 1906 in Oldtown, she was the daughter of the late George and Laura Johnson Coffee. She was of the Baptist faith.

Survivors include one son, Lloyd H. Allen of David; three daughters, Blanche Turner of Greenup, Thelma Bartram of Xenia, Ohio, and Dorothy Garthee of Lexington; one brother, Roy Coffee of Greenup; six grandchildren and seven great-grandchildren.

Funeral services were Tuesday, December 26, at 1 p.m., at the Reed Funeral Home in Greenup, with the minister Jack Edwards officiating. Burial was in the Boggs Cemetery at Warnock.

Homer B. "Hobert" Shepherd

Homer B. "Hobert" Shepherd, 80, Radcliff, formerly of David, died Monday, December 25, 1995, at the VA Hospital in Lexington, following an extended illness.

Born November 20, 1915 in Goodloe, he was the son of the late Frank and Lola "Odie" Allen Shepherd. He was a disabled veteran of World War II.

Survivors include one son, Kenneth Shepherd of Vincennes, Indiana; one brother, Brunie Shepherd of Radcliff; and four grandchildren.

Funeral services will be Thursday, December 28, at 10 a.m., at the Carter Funeral Home Chapel.

Burial will be in the Frank Shepherd Cemetery at David.

Visitation will be from 5-9 p.m. today (Wednesday) at the funeral home.

Anne Helen Klauk Showers

Anne Helen Klauk Showers, 83, of Drift, died Saturday, December 23, 1995, at Highlands Regional Medical Center, Prestonsburg.

Born January 22, 1912 in Lexington, she was the daughter of the late Christopher "Teddy" and Nora O'Neil Klauk. She was a member of the First Baptist Church at Martin for 50 years and a member of the Drift Womens Club. She was preceded in death by her husband, G. W. "Dick" Showers.

Survivors include two daughters, Betty Wood Showers Meade of Langley and Georeanne Showers McKinney of St. Albans, West Virginia; one half-sister, Lucille Gilkerson of Paintsville; six grandchildren and four great-grandchildren.

Funeral services were Tuesday, December 26, at 2 p.m., at the Hall Funeral Home Chapel with Bob Green officiating.

Burial was in Davidson Memorial Gardens at Ivel, under the direction of Hall Funeral Home.

Serving as pallbearers were Brian McKinney, Joe Bostic, Jim Bailey, Shawn Bailey, Chris Bailey and Donnie Meade.

Pallbearers listed for Virgil Hamilton

Serving as pallbearers for the funeral of Virgil Hamilton were Todd Stapleton, Bo Lakin, Kyle Cordial, Rusty Hamilton, Clarence Hayes, Darvin Conn, Quincy Caines and Jerry Bliffen.

Otis Garfield Foley

Otis Garfield Foley, 81, of Betsy Layne, died Friday, December 22, 1995, at Highlands Regional Medical Center, Prestonsburg, following an extended illness.

Born March 16, 1914 at Thomas, he was the son of the late John T. and Mary Ethel Hall Foley. He was a carpenter and painter.

Survivors include three sisters, Lois Walters of Johnstown, Ohio, Madelyn Stoker of Chelsea, Michigan, and Norma Patrick of Richmond.

Funeral services were Monday, December 25, at 11 a.m., at the Floyd Funeral Home Chapel with Rev. Ellis Cornett officiating.

Burial was in the Ferguson Cemetery at Boldman, under the direction of Floyd Funeral Home.

Barbara Newsome

Barbara Ellen Newsome, 77, of Pikeville, died Thursday, December 21, 1995, at Pikeville Methodist Hospital, following an extended illness.

Born August 16, 1918 in Floyd County, she was the daughter of the late Eveline and Will Newsom.

Survivors include five sons, Lonnie Newsome of Dundee, Michigan, Frank Newsome of Cedar Grove, West Virginia, Tennis Newsome of Thomasville, North Carolina, and Ishmael Newsome and Forester Newsome Jr. of Columbus, Ohio; three daughters, Allene Stacy and Wanda Buckley, both of Vandalia, Ohio, and Ramona Campbell of Pikeville; one half-brother, Richard Newsome Jr. of Columbus, Ohio; 18 grandchildren and eight great-grandchildren.

Funeral services were Sunday, December 24, at 1 p.m., at J.W. Call and Son Funeral Home with the minister Windell Hamilton and others officiating.

Burial was in Davidson Memorial Gardens at Ivel, under the direction of J. W. Call and Son Funeral Home.

Albert Wells

Albert Wells, 85, of Logan, West Virginia, formerly of Auxier, died Sunday, December 24, 1995, at Logan General Hospital, following an extended illness.

Born January 2, 1910 at Auxier, he was the son of the late Elbert Green and Ella Reed Wells. He was a retired coal miner.

Survivors include several nieces and nephews.

Funeral services will be Wednesday, December 27, at 1 p.m., at Carter Funeral Home with Calvin Setser officiating.

Burial will be in the Richmond Memorial Cemetery at Prestonsburg, under the direction of Carter Funeral Home.

FLOYD COUNTY CATHOLICS
WELCOME YOU
ST. MARTHA CHURCH
Water Gap
Masses: 5 p.m., Sat.; 11 a.m. Sunday
Inquiry: Monday 7 p.m.
Religious Education Classes:
Sunday, 9:45-10:45 a.m.
If anyone needs a ride for any of the services, please call St. Martha's Catholic Church.
Pastor: Father David Powers
Phone 874-9526

Martha Emogene Rose Lawson

Martha Emogene Rose Lawson, 67, of Honaker, died Monday, December 25, 1995, at Highlands Regional Medical Center, Prestonsburg.

Born July 25, 1928 at Tram, she was the daughter of the late George and Katie Shepherd Rose. She was a member of the Little Mud Church of Christ for 50 years.

Survivors include her husband, Fay Lawson; five sons, Earl Lawson and Eddie Lawson, both of Harold, Bobby Lawson and Fay Edward Lawson, both of Honaker, and Roger Lawson of Banner; six daughters, Patty Fannin, Ozella Kidd and Brenda Gail Stanley, all of Honaker, Kathryn Collins and Anna Mae Asher, both of Harold, and Wilma Kidd of Lorain, Ohio; three brothers, George Rose of Ohio, Jimmy Rose of Dana, and Roger Rose of Cincinnati, Ohio; two sisters, Thelma Brown of Harold and Stella Sexton of Pikeville; 20 grandchildren and seven great-grandchildren.

Funeral services will be Wednesday, December 27, at 11 a.m., at the Hall Funeral Home Chapel with Junior Kidd, Richard Burton and Elder Lawson officiating.

Burial will be in the Lawson Cemetery at Honaker, under the direction of Hall Funeral Home.

Elster Eugene "Booger" Meade

Elster Eugene "Booger" Meade, 65, of Clyde, Ohio, died Wednesday, December 20, 1995, at Memorial Hospital in Fremont, Ohio, following an extended illness.

Born June 3, 1930 at Harold, he was the son of the late Clay and Nancy Riley Meade. He worked as a coal miner for many years and most recently had been employed at Kelsey Hayes Company in Fremont, Ohio.

Survivors include three sons, Terry Meade of Fremont, Ohio, Ronald Meade of Clyde, Ohio, and Robert Meade of Castalia, Ohio; one daughter, Peggy Newsome of Clyde, Ohio; one brother, Sam Meade of Stanville; one sister, Lorene Akers of Harold; and four grandchildren.

Funeral services were Saturday, December 23, at 10 a.m., at the Foss & Son Funeral Home with Rev. Gerald G. Moore officiating. Burial was in the Greenlawn Memory Gardens in Clyde, Ohio.

ZION DELIVERANCE CHURCH
WAYLAND, KENTUCKY

Sunday School 11 a.m.
Evening Worship 7 p.m.
Wednesday Prayer Service 7 p.m.
Saturday Evening Worship 7 p.m.

ADA MOSLEY PASTOR

CARD OF THANKS

The family of Roy Gayheart wishes to gratefully acknowledge the thoughtfulness and kindness of friends, relatives, and neighbors during the loss of our loved one. Thanks to all who sent food, flowers, prayers or spoke comforting words. A special thanks to the Clergyman Harry Hargis for his comforting words, the Sheriff's Department for their assistance in traffic control and the Hall Funeral Home for their kind and professional service.

The family of Roy Gayheart

CARD OF THANKS

The family of Martin Preston Yates wishes to thank all of those who were so kind and considerate during our time of grief. We want to thank those who sent food, flowers and gifts of love. We especially want to thank the clergymen Junior Kidd and Bennie Blankenship for their comforting words, the Sheriff's Department for their assistance in traffic control and the Hall Funeral Home for their kind and efficient service.

The family of Martin Preston Yates

First Assembly of God

(Located in West Prestonsburg)

WILL BE STARTING A YOUTH CHURCH

Every Thursday at 7 p.m.
Starting January 4, 1996

To kick it off we will have "The B.B.C."
Come, Hear The Music!!!

Yo Youth! Be Prepared

These events will be geared toward the young and lively!

Alert to the Youth! You will be blown away!

New Years Eve Watch Service

December 31st.

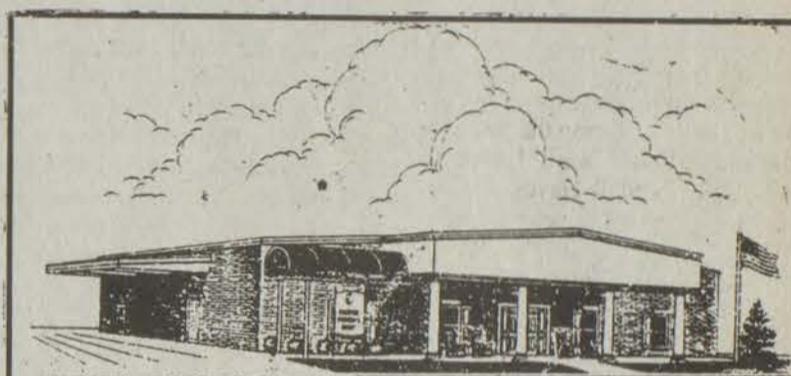
Trimble Chapel Freewill Baptist Church

Lancer, Water Gap Road

Starting 8:00 p.m.

Pastor, Joe Coleman

EVERYONE WELCOME



CARTER FUNERAL HOME

117 South Lake Drive
Prestonsburg, Kentucky 41653-0032

Telephone (606) 886-2774

"Unsurpassed Service Since 1925"



Floyd Funeral Home

Prestonsburg, Kentucky 41653

(606) 874-2121

Larry Burke, Manager

Traci Burke, Funeral Director - Embalmer

Reasonable, Reliable, and Courteous Service since 1952

Pre-need burial insurance available.



NELSON-FRAZIER FUNERAL HOME

Phone: 285-5155

Owned and Operated By:

Roger Nelson and Glenn Frazier

Merion Bros. Monument Co.



• Granite • Bronze • Mausoleums
• Vases • Custom Designs

One of the area's most selected

Discover, Visa and MasterCard accepted.

Located 2 miles from Martin on Rt. 122

Martin-McDowell Highway

Phone: 285-9961 • Outside Floyd County, 1-800-675-9961

Business/Real Estate

Kentucky's workers' compensation system out of balance, study shows

Kentucky's workers' compensation system is out of balance and poses a serious threat to the state's economic future unless it undergoes a major reform.

Those are the findings of the state's Workers' Compensation Research Institute, which released its recommendations for change recently.

"Worker's compensation misuse is the most critical issue facing Kentucky businesses," said Billy Harper, president of Paducah's Harper Industries and a member of the institute's board of directors.

"The system is unfair, expensive and an impediment to economic growth. During the upcoming session of the General Assembly, business needs to push for significant changes that will reduce the enormous cost of workers' compensation insurance for employers and ensure that those employees who are injured on the job are appropriately compensated," he said.

The Institute is an employer-based association which conducts ongoing evaluation of Kentucky's workers' compensation system to identify potential problems and propose solutions. The organization's 1993 report became the basis for changes enacted by the 1994 legislature. Those changes, however, did not address the core cost drivers, Harper said.

The group noted that Kentucky's cost-per-worker for workers' compensation was \$519 in 1993.

A 1994 study by the University of Kentucky's Center for Business and Economic Research found that

since 1987 there has been a 400 percent increase in the number of workers' compensation claims filed and the average award for injuries has more than doubled.

That dramatic jump is not due to an increased frequency of accidents, but rather a broadening of what is deemed a compensable injury, according to a recent report by the Kentucky Chamber of Commerce Workers' Compensation Task Force.

Harper blamed many of the system's problems on a lack of clear, objective criteria for defining injury and disability, which has led to increased litigation and high attorney fees for workers' compensation claims.

"During the first six months of 1995, plaintiff attorneys in Kentucky made \$23.1 million out of injured workers' claims. That is money that should be going to people who have legitimately been injured on the job," Harper said.

"Those injured workers are the true victims. Their benefits are being lowered because of excessive use of the system."

Harper noted that if significant changes in the system are not made soon, the economic cost to Kentucky could be high. This rampant cost of workers' compensation insurance already frightens away new businesses and stymies the growth of existing industries.

The institute's legislative agenda will include five specific recommendations for change:

- Define injury. Close gaping loopholes that encourage abuse and

penalize those with genuine work-related injuries.

- Define disability. Make the system fair; set criteria that give similar awards for similar injuries.

- Reduce litigation costs. Compensate deserving workers; tie attorney fees in contested claims to the amount of increase granted over the original offer, not the total award.

- Set limitations. Set a two-year limit on when a claim can be reopened; no limit currently exists.

- Set objective black lung standards. Tighten up the loose evaluation system; adopt black lung standards based on actual disabilities.

The institute will work in conjunction with other groups in seeking sweeping legislative changes in the state's workers' compensation system. One such key partner will be the Economic Progress Initiative Council, which includes the Kentucky Chamber of Commerce, the Kentucky Economic Development Corporation, the Kentucky Coal Alliance, the National Federation of Independent Business, the Kentucky Staffing Services Association, and the Northern Kentucky, Lexington and Louisville Area Chambers of Commerce.



Retirement

The Prestonsburg Elementary School faculty and staff presented Sue Martin a silver tray and floral wreath to commemorate her retirement from the Floyd County Schools. Mrs. Martin has taught 29 years. Most of them in Floyd County. Her retirement plans include travel and substitute teaching.

Statewide survey indicates strong support for community colleges

A statewide survey commissioned by the University of Kentucky Community College System shows that the majority of Kentuckians give high marks to the community colleges with nearly 79 percent expressing either excellent or good ratings for the quality of education provided to students and that by a two-to-one margin, Kentuckians believe that the Community College System should remain a part of the University of Kentucky.

The survey was done by the Preston Group, a Lexington firm, in late October and early November.

Not only were Kentuckians pleased with the quality of higher education in the state, the survey said, but they also were in agreement that the universities and the community colleges deserve more state funding from the legislature. Statewide, the figures showed 66.5 percent favored more funding. This included 29.8 percent who strongly agreed and 36.7 percent who somewhat agreed.

"Obviously, we are extremely pleased with the results of this survey," said Ben W. Carr Jr., chancellor for the UK Community College System. "Not only are the people of Kentucky pleased with the work of the community colleges, but they strongly approve more state funding."

Kentuckians consider cost, i.e. tuition, a prohibited factor in attending college. Some 55 percent said the cost of a college education means "most people in this area cannot afford to attend school." However, Kentuckians do not have a problem with "access" or geographical factors. When asked if most people in the respondents' area of Kentucky "don't have easy access to a college or university because they are too far away," only 27 percent strongly or somewhat agreed.

Some 67.5 percent of the citizens viewed program expansions by the Community College System as "community responsiveness" as opposed to a mere 11 percent who claimed the system was "empire building." This included the consideration of the system's plans to merge Lees College with Hazard Community College and the identi-

fied need for families in Muhlenberg and Harrison counties.

One interesting result of the survey was the number of people in Kentucky who know an employee, student or graduate of a UK community college. This figure totaled some 40 percent of all Kentuckians.

When asked which state agency should control post secondary education—including that which is vocational/technical or degree oriented—nearly 70 percent of those surveyed favored the Council for Higher Education as the agency best prepared to coordinate post secondary education, as opposed to the Cabinet for Workforce Development.

The survey also pointed out that community college employees are good ambassadors for the university and the Community College System. Those people who personally know someone associated with community colleges had a more favorable impression of UK, the Community College System and other state universities.

When asked what the mission of the Community College System should be, Kentuckians were split nearly evenly between "completing the first two years of a four-year college degree," and "providing technical career programs leading to two-year college degrees." The breakdown was 30.4 percent thought technical training was most important and 32.3 percent thought completing the first two years of a four-year degree most important. About one-fifth (19.6 percent) thought "community education" was most important for the citizens of the Commonwealth and 10 percent volunteered that they thought all three were equally important.

The survey polled those households in the state in which someone had voted in at least three of the last five general elections. The statewide sample was 806. Those respondents who were employed by an institution of higher learning and/or the Workforce Development Cabinet were eliminated. The number of completed surveys on the UK community college-related questions was 690. The maximum sample error was plus or minus 3.7 percent.

Free facts on college admission

Kentucky seniors who have not received a free copy of Getting In 1995-96 should request one from their high school counselor. Getting In is published by the Kentucky Higher Education Assistance Authority (KHEAA), a state agency, and provides important information about Kentucky colleges and vocational-technical schools including facts on admission, costs, and financial aid.

Completion of the Free Application for Federal Student Aid (FAFSA) is required to apply for financial assistance from several major federal and state aid programs which are described, in Getting In. Students may obtain the form from their high school guidance counselor or the financial aid officer of the institution where they plan to attend. For the 1996-97 academic year, the FAFSA should be

filed as soon as possible after January 1 and before March 15, to assure the best chance of receiving all aid for which the student is eligible.

Students who are interested in other sources of financial aid can also consult Affording Higher Education. This KHEAA publication lists hundreds of financial aid programs for Kentucky students and can be found at high school guidance counselor offices and public libraries throughout Kentucky.

KHEAA administers grants, teacher scholarship, loan, work-study, and savings programs for higher education. To find out more about these student financial aid programs, call KHEAA at 1-800-928-8926, extension 4-7943 (TDD 1-800-855-2880).

Veterans questions and Answers

Editor's Note: Following are representative questions answered daily by VA Counselors. Full information is available at any VA office.

Q—I was wounded when I bailed out of my plane and subsequently was held a prisoner of war for 10 months. I was marched from one camp to another in Germany for 86 days. After being liberated, I was so happy to get my discharge that I did not make any claims, but now I need medical treatment for diabetes and arthritis. Can VA help me?

A—Former prisoners of war (POWs) are eligible for hospital care for any disability within the VA health care system. Whether they have a VA adjudicated service-connected disability or not, former POWs are exempt from VA's income "means testing" which governs access to inpatient care for other nonservice-connected veterans. Outpatient and nursing home care may also be provided at the hospital's discretion depending on its available space and resources.

Q—A friend served on active duty in Germany in the late 1950s. He is destitute and may be losing his sight. He presently has little or no health insurance. Would he qualify for any VA medical services?

A—Veterans whose annual income is below certain levels may have mandatory eligibility for VA

inpatient care and outpatient care. The dollar limits change annually and are higher for those with dependents. Veterans should apply for care at their nearest VA hospital for a determination of how their particular circumstances and medical conditions would fit with these criteria.

Q—Several members of my National Guard transportation company were deployed to the Persian Gulf War near the end of the ground war for just a brief time. Is there a minimum service requirement for which we had to be federalized in order to participate in the Persian Gulf Registry health examination program?

A—Any individual who served with a National Guard or reserve unit in the Persian Gulf theater during the Gulf war may receive this special examination if they served the time for which they were called to active duty, no matter how briefly.

Q—Are World War II veterans automatically eligible for VA pension benefits at age 65?

A—No. VA used to presume veterans 65 and over were permanently and totally disabled. To currently qualify for a pension, veterans of all ages must now be rated permanently and totally disabled and meet other requirements, including honorable wartime service and income and net worth limitations.

BENCHMARK REALTY, INC.

Box 1529, Highway 23 South, Prestonsburg, Ky. 41653

SALES ASSOCIATES:
Hansel Cooley, Sr. 874-2088
Lorena Wallen 886-2818
Ron Cooley 886-8626
Hansel Cooley, Jr. 889-0427
Sarah Frances Cooley 874-2088
Shirley Blackburn 889-9156

Morris Hylton Jr.,
Broker

Prestonsburg Office
606-886-2048

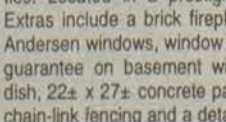
Ivel Office
606-874-9033

NEW LISTING



COPPERSLICK OF ABBOTT CREEK—Custom built, beautiful design, 4 bedrooms, 2 baths. The master bath has swan stone surround and vanity top with whirlpool tub. Features a great room with vaulted ceiling. The kitchen has oak cabinets, range, refrigerator, triple bowl sink with swan stone cabinet tops which have a lifetime warranty and a large breakfast bar. This home is less than a year old. Call Hansel for details.

PRESTONSBURG (MAYS BRANCH)—Spacious 4-bedroom, 3-bath with all city amenities. Located in a prestigious neighborhood. Extras include a brick fireplace in living room, Andersen windows, window treatments, lifetime guarantee on basement with Be-dry, satellite dish, 22' x 27' concrete patio, concrete drive, chain-link fencing and a detached garage.



BETWEEN PRESTONSBURG AND PIKEVILLE—\$127,500.00 will buy this lovely 3-bedroom, 3-bath home with basement. Features oak parquet flooring in kitchen and foyer, nice family room with fireplace, wet bar, bow window, ceramic tile in baths, 3 carports, 2-car garage, and underground utilities.

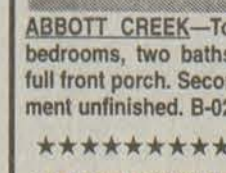
NEW LISTING



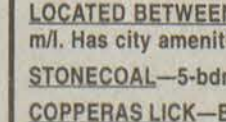
IVEL—Tri-level on 180'x100' corner lot. 3 bedrooms, 2-1/2 baths. Sunken family room with fireplace and solid oak bookcases. 2-stall garage with automatic opener. Also detached 2-stall garage and storage building. New carpet, many extras. T-010-F.



ABBOTT CREEK—Top floor has two bedrooms, two baths, large deck and full front porch. Second level and basement unfinished. B-027-F3.



NEAR HAROLD—A very affordable 3-bedroom home on .25-acre level lot. Could be used commercially. K-004-F3.



BEAVER—3-bedroom, 1-1/2 bath, on 1-1/2 acre lot. Has fireplace in living room and city water is accessible. With a front porch and deck on the back of the house. R-012-F3.

***** MORE GOLD LISTINGS *****

LOCATED BETWEEN MARTIN & MAYTOWN—Just off Rt. 80. Beautiful 1 acre, m/l. Has city amenities. R-003-F3.

STONECOAL—5-bdrm. house with 1-1/2 baths. Extra lot available. L-001-F3.

COPPERAS LICK—Building lot on beautiful Copperas Lick, 100'x130'. \$15,000. H-043-F3.

SPURLOCK—50 acres. Privacy with city water available. P-001-F3.

THREE LOTS AT LAKEVIEW VILLAGE—Foundation for house, garage, and pool. Privacy gate. \$49,500. W-001-F3.

JENNY'S CREEK—1.86 acres of level building land. \$20,000. Good investment. H-004-F3.

Wilderness Heights

PRIME BUILDING LOTS FOR SALE With Restrictions

1/4 mile up Mare Creek Road, Stanville, Ky.

Day Phone: 478-5000 Evening Phone: 478-4450

Private living equidistant from Pikeville or Prestonsburg. Reasonably priced. Above flood stage. All utilities available, including city water. Over 75 lots

Talk to your Real Estate Superpower



Brenda Sturgill—285-9803 or 1-800-264-9165—CALL TODAY!
I have been dedicated to learning everything about the Floyd County area. It has been a wonderful experience. So if you need expertise about the value of your neighborhood and the stability of your home. Let me put this experience to work for you.
Call Brenda Sturgill—your full-time agent 285-9803



Tom Rose Appraisal Service

KENTUCKY CERTIFIED APPRAISER
606-886-3779, Office • 606-889-0266, Fax

Fast, Accurate Appraisal Service. Serving banks and individuals.

ALSO LICENSED REALTOR WITH Century 21 American Way Realty. Residential houses and house sites for sale. Commercial development.

ACTION Auction & Realty

886-3700

We Wish You And Your Family A Happy, Healthy And Prosperous New Year!

We appreciate your business.

Action Auction & Realty

Century 21 American Way Realty
226 S. Lake Drive, Prestonsburg, KY
Independently Owned And Operated.

Dorothy Harris, Broker
886-9100
1-800-264-9165
REALTOR ASSOCIATES: AFTER 5:00 P.M.
Ellen Holbrook 874-9558 Joyce Allen 886-2523
Lynette Fitzer 886-0095 Brenda Sturgill 285-9803
Linda Starrett 874-0044 Lillian Baldrige 886-9459
Henry Martin 886-0230

NEW LISTING

IVEL—Tri-level on 180'x100' corner lot. 3 bedrooms, 2-1/2 baths. Sunken family room with fireplace and solid oak bookcases. 2-stall garage with automatic opener. Also detached 2-stall garage and storage building. New carpet, many extras. T-010-F.

NEAR HAROLD—A very affordable 3-bedroom home on .25-acre level lot. Could be used commercially. K-004-F3.

BEAVER—3-bedroom, 1-1/2 bath, on 1-1/2 acre lot. Has fireplace in living room and city water is accessible. With a front porch and deck on the back of the house. R-012-F3.

***** MORE GOLD LISTINGS *****

LOCATED BETWEEN MARTIN & MAYTOWN—Just off Rt. 80. Beautiful 1 acre, m/l. Has city amenities. R-003-F3.

STONECOAL—5-bdrm. house with 1-1/2 baths. Extra lot available. L-001-F3.

COPPERAS LICK—Building lot on beautiful Copperas Lick, 100'x130'. \$15,000. H-043-F3.

SPURLOCK—50 acres. Privacy with city water available. P-001-F3.

THREE LOTS AT LAKEVIEW VILLAGE—Foundation for house, garage, and pool. Privacy gate. \$49,500. W-001-F3.

JENNY'S CREEK—1.86 acres of level building land. \$20,000. Good investment. H-004-F3.

The Classifieds

886-8506



The Floyd County Times

DEADLINES

Wednesday Paper
Noon Monday

Shopper
Wednesday, 5 p.m.

Friday Paper
Wednesday, 5 p.m.

606-886-8506

RATES

REGULAR CLASSIFIED—\$7.25/wk., 20 words or less; 15¢ for each word over 20. This price includes Wednesday & Friday's Floyd County Times and Monday's Eastern Kentucky Shopper.

UPFRONT CLASSIFIED—\$5.00/wk., 20 words or less; 15¢ for each word over 20. This price includes Wednesday's Floyd County Times.

CALL KARI AT 886-8506 TO PLACE YOUR AD.

Miss The DEADLINE ?

Place your ad in our after deadline

UPFRONT CLASSIFIEDS
886-8506

FAX US YOUR AD 886-3603

★ 24-HOURS ★

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

Time is the most valuable thing a man can spend.

—Theophrastus

OPPORTUNITY

IS KNOCKING SALESPERSON NEEDED

35,000
55,000
75,000
Income possible

WE WANT YOU! Great Commission Plan

—Bonuses
—Training
—No Sundays

TALK TO US!

Make Big \$\$\$

Interviews at our dealership Monday through Friday

No phone calls please!

John Gray Pontiac, Buick, GMC Truck, Inc.
Paintsville, KY

For Sale

FOR SALE: Apple Powerbook 160 laptop computer. \$1,200. Hundreds of dollars worth of software already installed including PageMaker, Microsoft Word, Excel, 4MB RAM, 80 meg internal hard drive. Call 606-789-4920 after 5 p.m.

HORSE TRAILER FOR SALE: Two horse. Good condition. \$1,000. Call 886-3313. (1-1-96)

FINAL REDUCTION OF 1995. Arch type steel buildings. No reasonable offers refused. 25x24, 35x42, 50x80. Easy financing. Delivery included. Call immediately while supplies last. 1-800-222-6335. (1-3-96)

STORE FIXTURES FOR SALE: Call Warren Risner at 452-2755 for more information. (1-1-96)

CAR BATTERIES from \$19.95. Cash for old batteries. 8D-1400cca \$99.95. The Battery Connection, Paintsville. Call 606-789-1966. (TFN)

HAZELETT'S PAINT AND WALLPAPER, INC.
436 1/2 N. Lake Drive
Prestonsburg
606-886-2132
or 886-3019

"Serving the people since 1949."
Your Glidden paint center, also have quality vinyl wallpaper and supplies. Store hours: Mon-Fri., 8-5; Sat., 8- Noon

DIESEL MECHANIC WANTED

Diesel mechanic position available in Floyd County. Five years experience and CDL license preferred. Applicants must submit to a criminal records check.

The Floyd County Board of Education does not discriminate on the basis of race, color, national origin, age, religion, marital status, sex, or handicap. To apply, contact David Layne at the School Bus Garage in Martin, Kentucky.

E.O.E.

MANUFACTURING SUPERVISOR

A manufacturing company located in Lawrence County, KY, is looking for a qualified supervisor. Qualified candidates will have a high school diploma or GED, minimum of 5 years supervisory experience in a manufacturing environment, leadership skills, and written and verbal communication skills. Prefer candidate with experience in production scheduling and employee empowerment teams.

If interested and qualified, please send resume with salary requirements before January 5, 1996 to:

P.O. Box 391
Prestonsburg, Ky. 41653
Attn: Shawn
Equal Opportunity Employer

FOR SALE: Light weight, heavy duty utility trailers. Excellent for hauling motorcycles, four wheelers, lawn mowers, and heavy equipment. Single axle-tilt 5x8, 5x10, 5x12, 6x10; tandem axle-6 ft. 4 in x 12 ft.; 6 ft 4 in x 14; 6 ft. 4 in. x 16; or can special order factory model. Call now! Immediate delivery available. Call 1-800-235-0232. (1-1-96)

SUNQUEST WOLFF TANNING BEDS
Commercial-Home Units from \$199
Buy Factory Direct and SAVE.
Call TODAY for NEW FREE Color Catalog.
1-800-462-9197.

FOR SALE: Firewood. Split, seasoned. Will deliver. Call 285-9569. (1-1-96)

FOR SALE: Two-horse trailer. Call 606-889-9027.

GRAVEL FOR SALE: Pick up or delivered. Also have topsoil for sale. Call 886-6458. (TFN)

FOR SALE: Five piece CB percussion drum set. \$525 o.b.o. Call 606-886-9697, ask for Dwayne.

Real Estate For Sale

BETTER CALL US! We buy personal estates, houses and property. Century 21 American Way Realty, 886-9100. (TFN)

COMPTON'S GARAGE FOR SALE: Old Middlecreek Road, Prestonsburg. Send sealed bids to Willard Dotson, 790 Ruff & Tuff Road, Prestonsburg, KY 41653; or call 606-886-1523. (1-1-96)

GOV'T FORECLOSED homes for pennies on \$1. Delinquent Tax, Repo's, REO's. Your area. Toll free 1-800-898-9778 ext. H-6778 for current listings. (1-3-96)

FOR SALE: Two bedroom house and lot. Central heat and air. Located near Kentucky Opry. Asking \$40,000. Call 789-3191 for appointment. (12-26-95)

FOR SALE: Three bedroom house in Prestonsburg. Central heat/air, built in cabinets. Includes additional lot. Call 886-3604. (1-1-96)

APARTMENT BUILDING FOR SALE: Four one bedroom units upstairs, business office downstairs. 1/10 mile off U.S. 23 on Abbott Road. Call 886-8187. (12-27-95)

BAD OR NO CREDIT? Gov't homes and properties available. Down payments from \$0. Easy to qualify! For current listing call toll free! 1-800-711-2878 ext H-1757.

HOUSE FOR SALE: 900+ sq. ft. Three bedroom. 71.5x70 fenced lot. 62 Herald Street, near Goble Roberts Addition. \$35,900. Call 886-3538. (1-8-96)

FOUR LOTS FOR SALE: Stephen's Branch, Cliffside (Prestonsburg). 75x100 each. \$8,000. Call 886-7943. (1-3-96)

GOV'T FORECLOSED homes for pennies on \$1. Delinquent tax, Repo's, REO's. Your area. Toll free 1-800-898-9778, ext. H-6778 for current listings. (12-16-95)

HOUSE FOR SALE.

New construction. Quality built. Great for retirees or young family. No steps. Two oversized bedrooms w/walk-in closets, two baths, central heat/air, custom built cabinets and breakfast bar, dining area, large living room, w/hardwood floors, laundry room, triple carport. Above flood level. Located at mouth of Stone Coal, appr. 1/2 mile from major four lane highway (Rt. 80), Garrett, KY. Call 606-437-4309 606-639-4222 or 404-292-2761.

Autos For Sale

1992 CHEVY LUMINA EURO. Loaded. 77,500 miles. Excellent condition. Below NADA book at \$9,300. Also, 1986 Toyota SR-5 pickup. A/C, p.b., p.s., extra cab, sunroof, AM/FM cassette, five speed. New tires. Just tuned. Call 285-9991, if no answer leave message. (1-1-96)

1989 PLYMOUTH VOYAGER. New tires, new battery. AM/FM cassette, air. \$2,500. Call 886-8494 after 5 p.m. only. (1-1-96)

1985 GMC 3/4 TON PICKUP. 6.2 diesel, automatic. Good condition. Good tires. \$3,600. Call 874-8160 or 874-9793. (1-1-96)

1990 TOYOTA 2WD PICKUP. Automatic, air, AM/FM cassette, bedliner. Blue. 81,000 miles. Call 606-789-1887. (12-27-95)

1989 OLDS CUTLASS SUPREME. Two door, white. 3.1 V-6, automatic, air, tilt, cruise, power windows, power seats. 70,000 miles. \$6,995 o.b.o. Very sharp car. Call 886-8068.

1993 CHEVY ASTRO VAN. Turquoise and white. Excellent condition. Low mileage. Garage housed. One owner. 1994 Pontiac Firebird. Loaded. One owner. Approximately 40,000 miles. Black Sharp. New tires. Carport housed. Sporty. 1991 Cadillac Sedan DeVille. 40,000 miles. Excellent condition. One owner. Garage housed. Platinum exterior and interior. Call Roberta Fugate at 377-6013.

For Rent

FOR RENT: One bedroom apartment and two bedroom apartment. Both unfurnished. Also, three bedroom home. Call 886-8691 or 886-8991. (1-1-96)

ONE BEDROOM APARTMENT FOR RENT. Clean, nice, well-maintained. Air, electric heat. \$295/month, utilities extra. Call 886-6208. (1-3-96)

TRAILER FOR RENT: Branham's Creek. Private lot. \$250/month plus utilities. Stove and refrigerator included. Call 874-2450. (1-3-96)

FOR RENT: Three bedroom house. Located at Maytown. Call 285-9887.

HOUSE FOR RENT: Three bedroom, furnished. \$350/month plus utilities. Near Dewey Lake. Call 886-3313. (1-10-96)

FOR RENT: Two bedroom trailer located on Cow Creek. \$300/month. Will accept HUD. Call J. Davis at 874-2802. (1-15-95)

ONE BEDROOM APARTMENT: Furnished or unfurnished. South Lake Drive, Prestonsburg. Available first of January. Call Henry Setser at 886-9563 anytime. (1-1-96)

APARTMENT FOR RENT: Two bedroom. Located at Allen. Call 874-2125.

HOUSE FOR RENT: Two bedrooms. Located at Hueysville. \$200/month plus utilities. Call 358-4228. (1-1-96)

TWO BEDROOM TOWNHOUSE APARTMENT for rent. Stove, refrigerator, central heat/air. Good location. Five minutes from Prestonsburg at U.S. 23 and Rt. 80. \$390/month plus utilities and \$350 deposit. 10 month lease. Call 886-6551 or 353-8077. (TFN)

FOR RENT: Executive apartment in Allen. Completely furnished. Utilities included. East Kentucky Rental, 606-874-9052. (TFN)

FOR RENT: House in nice neighborhood near Adams Middle School. Unfurnished. References required. \$400/month rent plus \$200 security deposit. Call 886-0510 or 886-3486, leave message.

FOR RENT: Three bedroom, two bath doublewide. Stove, refrigerator. All electric. Woods Branch/Cow Creek area. Call 874-8020. (1-8-96)

FOR RENT: Three bedroom house below Highlands Hospital. \$475/month plus utilities and deposit. Also, three bedroom house on Riverside Drive, Prestonsburg. Deposit required. Utilities extra. Call 886-2880. (TFN)

FOR RENT OR LEASE: Approximately 5,000 sq. ft. office space. North Lake Drive, Prestonsburg. Call 886-4001. (TFN)

OFFICE SPACE FOR RENT: 831 North Lake Drive, Prestonsburg. Approximately 500 sq. ft. Call 886-6774. (TFN).

FOR RENT: 4,000 sq. ft. storage space in Prestonsburg. Call 886-1032 or 886-9478. (1-1-96)

TRAILER FOR RENT: New Allen. Akers Trailer Court. Deposit required. Call 874-8151 or 874-2114 after 5 p.m. (TFN)

TRAILER LOTS FOR RENT: Call 874-9878.

Employment Available

GENERAL ACCOUNTANT
Must have a degree in accounting. Prefer two years plus experience. Coal mining experience a plus. Excellent pay, benefits and working conditions. Please send resume & salary requirements to:
Manager of Human Resources
Costain Coal, Inc.
251 Tollage Creek Rd.
Pikeville, KY 41501.
EOE/M/F/V/H

SALES POSITION: Mine supplies. Driver's license required. Only experienced individuals need apply. Send confidential resume to: Sales, P.O. Box 901, Grundy, VA 24614. EOE, M/F, H, V.

EARN \$1,000's WEEKLY stuffing envelopes at home. Be your own boss. Start now. No experience. Free supplies, info. No obligation. Send S.A.S.E. to Neptune #300-G, 10151 University Blvd., Orlando, FL 32817.

Prestonsburg Community College
One Bert T. Combs Drive
Prestonsburg, KY 41653
(606) 886-3863

Adjunct Faculty Needs
1996 Spring Semester

NURSING

Adjunct faculty needed for clinical/lecture approximately 30 hours/week during the 1996 Spring Semester.

Qualifications: BSN or MSN (preferred).

Deadline to Apply: Open (until position filled)

Procedure: (1) Send letter of application and vita with list of references; and (2) request official transcripts to be sent directly from each undergraduate and graduate institution attended to Dean Joan C. Lucas, Prestonsburg Community College, One Bert T. Combs Drive, Prestonsburg, KY 41653.

Prestonsburg Community College is an equal opportunity, affirmative action employer. The College actively seeks and encourages applications and expressions of interest from women and minority groups.

NOBODY IS TURNED DOWN

The AUTO ONE Program delivers when others can't. Quick approval, walk-in, drive-out.

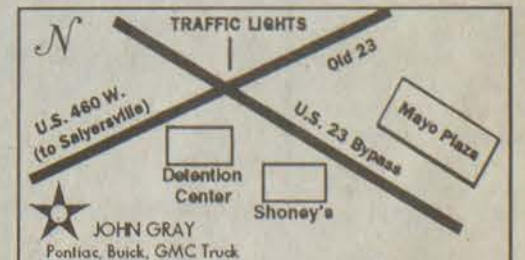
NOTICE:
75% of our sales have come from customers who have been turned down somewhere else.
We deliver when others can't.

Over 300 Vehicles to choose from!

ALL YOU NEED:

1. Desire to improve credit
2. \$1000 or trade-in down payment
3. Proof of income
4. Phone bill with address
5. Driver's License
6. Ability to get insurance

Bad things happen to good people... the AUTO ONE Program was established for those who want a second chance!



AUTO ONE is available only at
John Gray Pontiac, Buick, GMC Truck, Inc.
PAINTSVILLE, KY
1-800-349-4066 or 606-297-4066

Financing Subject To Primary Lenders Approval



SPA SALE
LARGE DISPLAY
Huge Sale On Select Models

as low as...
\$1795⁰⁰
HOLIDAY POOLS INC.
2979 PIEDMONT RD.
HUNTINGTON, WV • 429-4788
9:30-5:00 WEEKDAY • 9:30-2:00 SATURDAY

AVON: BUY OR SELL.
Call Jancy at 886-2082.
(TFN)

\$35,000/YR. INCOME
potential. Reading books.
Toll free 1-800-898-9778
ext. R-6778 for details. (1-3-96)

WANT TO HIRE a brick-
layer that can lay 1500
bricks or more per day.
Call 606-349-1913. (1-1-96)

\$40,000/YR. INCOME
potential. Home
typists/PC users. Toll free
1-800-898-9778, ext. T-
6778 for listings. (1-3-96)

JOB ADVERTISEMENT
Big Sandy Area
Community Action
Program, Inc. is now
accepting applications for
the position of Family
Preservation Program
Supervisor/Director.
Applicants should have a
Master's Degree, or no
less than a Bachelor's
Degree, in social work,
family counseling or clinical
psychology and should
have good knowledge of
crisis intervention, communication
and parenting
skills, cognitive and
behavior interventions.
Salary is negotiable.
Excellent fringe benefits.
This person will work out
of the central office in
Paintsville, KY, but will
work with clients in Floyd,
Johnson, Magoffin, Martin
and Pike counties. Client
related mileage will be
reimbursed. Applications
should be submitted
through the Department
for Employment Services.
We are an Equal
Opportunity Employer.
(TFN)

ECONOMY TREE SERVICE: Tree cutting, top-
ping, removal, dead limb-
ing and cabling. Twenty-
one years experience. Licensed,
insured and bonded. Bill Rhodes,
owner. Dump truck, chipper
and winch. Call 1-800-742-4188
toll free for free estimates. Local
606-353-9276. (TFN)

WILL DO INTERIOR PAINTING AND MINOR HOUSE REPAIR. Fifteen years experience. References on request. Call Chris Shepherd at 886-9978 after 5 p.m.

EAST KENTUCKY TRANSPORTATION, INC.
Taxi Service.
Friendly and courteous service,
reasonable rates. Medicaid accepted.
Wheelwright: 452-2402
Wayland: 358-9995.

GET YOUR CHIMNEY FIXED NOW, before the power fails. Now doing all types of repairs and complete overhauls. Call 886-6938. (1-26-96)

MAY TREE SERVICE: 31 years experience. Tree cutting, topping and removal. Hillside clearing. Insured. Reasonable rates. Call toll free 1-800-484-8625, ext. 3587; or local 606-353-7834.

R.A. TAYLOR PAINTING COMPANY and CHIMNEY CLEANING SERVICE. Both services available anytime. Call 886-8453.

HONEYCUTT NEW HOMES AND REMODELING: Painting (interior & exterior); all types concrete work; any size pole buildings; drywall work; decks; shingle roofs; mobile home underpinning; wallpapering; any type additions. Free estimates. Call Roger Honeycutt at 886-0633. Twenty years experience. (1-1-96)

FOR THE BEST RATES—CALL YATES!
Yates Cab Service.
24 Hour Service.
Local and long distance transportation. Now accepting Medicaid 886-3423.

DRIVER EDUCATION
Save money on car insurance. Check with your agent. Take Driver Education at PCC, Monday through Saturday, Male and female instructors. Cost \$250. Six hours on the road and six hours classroom instruction. Call 886-3863 to register. (TFN)

NEED A RIDE?
Call Martin City Cab. We accept Medicaid. Long or short trips. 285-0320
Owners: Bill and Judy Barnett

NEED YOUR MOBILE HOME MOVED?
Call Crum's Moving Service at 886-6665 or 886-5375 (pager). Kentucky only.

TACKETT APPLIANCE REPAIR. Twenty-five years experience. Mack Milford Tackett, owner. Repair name brand appliances; buy or sell used appliances; also do electrical work. Call 478-8545 or 874-2064. (TFN)

Services

LITTLE'S MOVERS
We've been moving mobile home for years. Licensed, insured and bonded. Twenty years experience. We also have a dozer. Call 285-0633, 285-5116, 634-5116 (truck), or 886-5207 (pager).

Bolen Appliance Service
Selling like-new Washers, Dryers, Stoves and Refrigerators
Now with 4, 7, or 12 month warranty on all appliances. New & Used Parts & Service.
No one does it better!
Call 358-9617

INSTRUCTION LEARN TO DRIVE TRACTOR-TRAILER
No Experience needed!
DOT Certification
Full or part-time training
Placement Dept.
Financing available
CDL Training
ALLIANCE TRACTOR-TRAILER TRAINING CENTERS
WYTHEVILLE, VA
Call Toll Free 1-800-334-1203

Available Soon
2, 3 & 4 bedroom apartments for low income families. Apply at Cliffside Housing, 8 a.m. - 12 noon and 1 p.m. - 4:30 p.m., or call 886-1819

Available Soon!
We are presently taking applications for 1-bedroom apartments at Highland Terrace. These apartments are for people who are age 62 or older, or are mobility impaired. If you are interested, you may apply at Highland Terrace office between 8:30 a.m. and 12 Noon, Monday thru Friday, or call 886-1925 or 886-1819.
E.O.H.

NOW ACCEPTING APPLICATIONS
For 1, 2 and 3-bedroom apartments.
Regency Park Apartments
U.S. 23 (Below Hospital)
886-8318
from 9 a.m.-3 p.m.
7-20-ft.

OLAN'S METAL BUILDINGS
HC 36 Box 50
Hazard, KY 41701
606-439-4866
Direct buy pole buildings; all steel buildings; carports; buy painted steel roof and siding panels; building insulation; residential and pole barn wood trusses. Olan's carries a full line of wood and metal building accessories. We build to suit your needs.

YARD WORK, HILLSIDE CLEANING, TREE TRIMMING. Also have firewood for sale. Call 874-0257.

Miscellaneous

VISIT THE LARGEST PANELING CENTER in Eastern Kentucky at Goble Lumber. Over 80 different prefinished panels in stock and as low as \$4.95 per panel. Call Goble Lumber, 874-9281. (TFN)

SASSY JO'S HAIR STYLING SALON Is Now Open! Main Street, Martin. Call 285-9298. We offer Matrix and Redken products.

WANTED: Acoustic bass player for bluegrass gospel band. Serious inquiries only. Call 886-8504 or 874-1235. (TFN)

BIG SANDY AREA COMMUNITY ACTION PROGRAM, INC. is seeking vendors who are interested in providing coal, wood, kerosene and fuel oil to eligible clients of the Crisis Component of the Low-Income Home Energy Assistance Program. The program will be operated January 8, 1996, through April 30, 1996, or until all funds have been spent. Any person/company interested in being a provider will be required to submit a Vendor Application/Agreement no later than January 4, 1996. To pick up an Application/Agreement or for more information, contact Loretta Newsome, Big Sandy Area Community Action Program, Inc., Allen, KY 874-2965.

Business Opportunity

AUTO INSURANCE APPRAISERS: Eastern Kentucky territory for sale. For information call 606-886-6265.

Mobile Homes For Sale

MOBILE HOME LOANS from Green Tree Financial. Sellers/Buyers/Owners. 5% down payment. Refinance/equity loans; land and home loans; realtor calls welcome. Call 1-800-221-8204. (TFN)

FOR SALE: 1973 Glen 12x65 three bedroom, 1 1/2 bath trailer. Excellent condition. Porches and underpinning. Refrigerator and stove. Call 874-9529. (1-1-96)

Carpentry Work

RESIDENTIAL CONSTRUCTION WORK. Roofing specialist. Residential homes only. New homes and remodeling. Call Ricky Yates at 886-3452 or 874-9488. (4-26-96)

CARPENTRY, CONCRETE AND ELECTRICAL WORK. Call 886-9522 anytime. (1-22-96)

ROGER ROWE CONSTRUCTION 886-6528
New homes, building and remodeling; room additions; garages; any type of construction work.

CARPENTRY WORK ALL TYPES
New homes from ground up; remodeling or additions; all finish work; dry-wall; painting (interior, exterior and trim work); all types concrete work, driveways, sidewalks, foundations, etc.; any size pole buildings; garages; decks. Over 20 yrs experience. Robie Johnson, Jr. Call anytime, 886-8896.

Contractors

FOR HIRE: Dozer, backhoe, excavator, dump trucks. Also have gravel, sand and fill dirt for sale. East Kentucky Excavation. Call 285-0491 or 874-8078.

Roofing & Siding

EAST KY GUTTER, SIDING AND ROOFING 5' and 6" seamless gutters; siding; shingle roofs; replacement windows. We now accept MC and VISA. Free estimates. Call James Hall at 285-9512 or 1-800-277-7351.

New & Used Furniture

ALLEN FURNITURE ALLEN, KY

Living room suits; daybeds; gun cabinets; bedroom suits; recliners; odd chests; dinette sets; bunk beds; odd beds; loungers; used washers, dryers, refrigerators; and lots more! Call 874-9790. (TFN)

ROSE'S USED FURNITURE: Stack washer and dryer; Tengen pain machine; answering machines; cordless phones; microwaves; recliner; living room and bedroom sets; hide-a-bed; waterbeds; baseboard heaters; gas heater; wood burners; doors; storm windows; beds; chests; dressers; washers, dryers, stoves and refrigerators with 30 day warranty; stove top and oven; Nintendo, super games; dishes; what nots; table and two booths; maple coffee table set; lamps; annuals; dressing room mirror; fax machine; color TV and more. Open Monday-Saturday, 9-5; call 886-8085 or 886-3463 after 5 p.m. (12-27-95)

PUBLIC NOTICE
The Garrett Fire Protection District will be holding an election at the Fire Station on Stonecoal

Legals

PUBLIC NOTICE TO ALL CUSTOMERS OF SANDY VALLEY WATER DISTRICT
Sandy Valley Water District is a non-profit organization whose rates are among the lowest, if not the lowest, in the state of Kentucky. Customers of all districts adjacent to Sandy Valley have rates higher than Sandy Valley's. While maintaining these low rates involve efficient management, the general public can play a part in assuring that their rates continue to remain low by reporting to our office any unauthorized use of water. We have found that one of the major losses of water comes from the unauthorized use of water from fire hydrants. The cost of this loss is passed along to you, the customer. While some request the metering of usage from these hydrants and some use is for fire departments, for the most part the use is not authorized by Sandy Valley Water District. We are, therefore, requesting the public report to our office any use of water from hydrants in our district. At the office we will determine if the use is authorized or unauthorized. All conversations will be kept confidential and we will not be asking for your name,

just the location of the fire hydrant. This will help to keep our rates at the lowest possible levels and save you, the customer, those hard earned dollars. E.H. Stumbo
Sandy Valley Water District
Commissioner

NOTICE OF INTENTION TO MINE Pursuant to Application Number 836-8039

In accordance with KRS 350.055, notice is hereby given that Old Circle Coal Company, Inc., P.O. Box 3127, North Mayo Trail, Pikeville, KY 41502 has applied for a permit for a coal processing facility affecting 5.18 acres located 0.5 miles south of McDowell in Floyd County. The proposed facility is approximately 0.5 miles south from KY 122's junction with KY 680 and located directly east of the Left Fork of Beaver Creek. The Latitude is 37 degrees 26 minutes 56 seconds. The Longitude is 82 degrees 44 minutes 19 seconds.

The proposed facility is located on the McDowell U.S.G.S. 7 1/2 minute quadrangle maps. The surface area is owned by J.C. and Sarah Cooley. The operation will affect an area within 100 feet of an unnamed county road. The operation will not involve relocation of the unnamed county road.

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 2705 South Lake Drive, Prestonsburg, KY 41653. Written comments, objections or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

PUBLIC NOTICE
The Garrett Fire Protection District will be holding an election at the Fire Station on Stonecoal

Road, January 3, 1996 at 7 p.m. for the purpose of electing two board members to serve on the Fire District Board of Directors. All board members must live within the Fire District that they serve. For more information call 358-9303 or 358-2261.

NOTICE OF CUSTOMERS OF PRESTONSBURG CITY UTILITIES COMMISSION

Due to collection increases, it has become necessary for the Prestonsburg City Utilities Commission to increase gas deposits from \$100 to \$150. This increase will be effective January 1, 1996.

Seldon Home Superintendent
Prestonsburg City Utilities Commission

PUBLIC NOTICE
The Mud Creek Water District hereby gives notice that during the time period of January 1, 1994 through June 30, 1995 the water supply failed to comply with certain monitoring requirements as required by the Kentucky Public and Semipublic Drinking Water Regulations, 401 KAR 8:010 through 8:700 inclusive.

The specific violations for the time period are: October 1994, failure to submit an adequate number of bacteriological samples. Only 2 submitted of 3 required. Any potential adverse health effects to any segment of the population could not be determined due to failure to comply with the monitoring requirements.

In most cases, monitoring violations do not require the public to seek alternative water supplies or take preventive measures. If alternative water supplies or preventive measures are needed, the public shall be notified immediately.

The Mud Creek Water District will take the necessary action to reduce or eliminate monitoring violations. For more information contact Denzil McKinney, 606-587-2455, at the Mud Creek Water District.

NOTICE OF PUBLIC SALE

The following item listed will be offered for public sale on January 12, 1996 at 11:00 a.m. at 362 North Lake Drive, Prestonsburg, KY 41653:

1990 Chevrolet S-10, S e r i a l #1GCCS14E8L2142527.

All items are sold "as is where is." Seller reserves the right to bid and to reject any or all bids. Items are to be paid following the sale, or satisfactory arrangements are made with seller. Announcement at sale takes priority over ad. Purchaser to pay all taxes and transfer fees.

Terry Sizemore
Asst. Vice President
The Bank Josephine
Prestonsburg, KY 41653
W-12/20, 12/27, 1/3

NOTICE OF PUBLIC SALE

The following item will be offered for public sale on January 5, 1996 at 11:15 a.m. at 362 North Lake Drive, Prestonsburg, Kentucky 41653:

1987 Pontiac 6000,

S e r i a l #1G2AF51W7HT263796
All items are sold "as is where is." Seller reserves the right to bid and to reject any or all bids. Items are to be paid following the sale, or satisfactory arrangements are made with seller. Announcement at sale takes priority over ad. Purchaser to pay all taxes and transfer fees.

Terry Sizemore
Asst. Vice President
The Bank Josephine
Prestonsburg, KY 41653

NOTICE OF PUBLIC SALE

The following item will be offered for public sale on January 5, 1996 at 11:00 a.m. at 362 North Lake Drive, Prestonsburg, Kentucky 41653:

1987 Subaru DL, Serial #JF1AC42B2HC222217

All items are sold "as is where is." Seller reserves the right to bid and to reject any or all bids. Items are to be paid following the sale, or satisfactory arrangements are made with seller. Announcement at sale takes priority over ad. Purchaser to pay all taxes and transfer fees.

Terry Sizemore
Asst. Vice President
The Bank Josephine
Prestonsburg, KY 41653
W-12/20, 12/27, 1/3

***** Keep your eyes wide open before marriage, half shut afterwards. —Benjamin Franklin**

NOTICE (OF FILING OF SETTLEMENT)

I, Frank Derossett, Jr., Clerk of the Floyd District Court, do hereby certify that the following settlements of estates have been filed in my office. Anyone desiring to take exception to said settlement must do so on or before January 29, 1996, at 9:00 a.m.

Settlement	Case Number	Estate of:	Fiduciary	Date Filed
Final	95-P-00237	Katrina Lynn Tussey	William Tussey	10-30-95
Final	94-P-00072	Ella Belle Moore	Robert N. Moore	10-30-95
Final	94-P-00069	Edna Blackburn	Ronnie Blackburn	11-13-95
Final	86-P-120	Jane Ann Kendrick	William S. Kendrick	12-07-95

LEGAL NOTICE (NOTICE OF APPOINTMENT)

I, Frank DeRossett, Jr., Clerk of the Floyd District Court, do hereby certify that the following persons have been appointed fiduciaries by the District Court, and all persons indebted to an estate should settle with the fiduciary within six (6) months from the date of appointment.

Date of Appt.	Case Number	Estate of	Fiduciary-Address	Attorney-Address
11-28-95	95-P-00406	Russell D. Bandy 197 Copperas Lick Prestonsburg, Ky. 41653	Nita Bandy 197 Copperas Lick Prestonsburg, Ky. 41653	James G. Lemaster P.O. Box 1808 Lexington, Ky. 40593
11-28-95	95-P-00407	Alva May Flanery Langley, Ky. 41645	Thomas Ray Flannery 477 Warco Rd. Langley, Ky. 41645 Libby Flannery 477 Warco Rd. Langley, Ky. 41645	Cliff Latta 8 N. Arnold Ave. Prestonsburg, Ky. 41653 Cliff Latta 8 N. Arnold Ave. Prestonsburg, Ky. 41653
11-28-95	95-P-00408	Wilma G. May 477 Warco Rd. Langley, Ky. 41645	Flo Weddington Cooley 124 Emma Road, Box 16 Emma, Ky. 41653	Ronnie M. Stone P.O. Box 909 Prestonsburg, Ky. 41653
11-28-95	95-P-00409	Christina Conn General Delivery Wayland, Ky.	Rick Conn P.O. Box 196 Banner, Ky. 41603	J. Drew Anderson 76 University Dr. Prestonsburg, Ky. 41653
11-28-95	95-P-00411	Ricky Conn, Jr. Box 4 Valhalla Pikeville, Ky. 41501	Rick Conn P.O. Box 196 Banner, Kentucky 41603	J. Drew Anderson 76 University Dr. Prestonsburg, Ky. 41653
11-29-95	95-P-00412	Jessie Eunice Honaker P.O. Box 18 Tram, Ky.	William Yelder P.O. Box 376 Tram, Ky.	
11-29-95	95-P-00413	Dewey Spears 201 Spears Branch Toler Crk. Harold, Kentucky 41635	Kanova Kingsley & Linda Salisbury 3614 Toler Creek (and) 2360 Toler Creek Harold, Ky. 41635	Clyde Combs, Jr. P.O. Box 311 Prestonsburg, Ky. 41653
11-30-95	95-P-00414	John W. Lackey 100 Lackey Road Tram, Kentucky 41663	Clara Lee Lackey 100 Lackey Road Lackey, Kentucky 41663	
12-01-95	95-P-00415	Oscar C. Martin Box 214 Harold, Ky. 41635	Danny Ray Martin 111 Clay Dr. Richmond, Ky. 40475	Hon. Jerry Patton P.O. Box 1300 Prestonsburg, Ky. 41653
12-05-95	95-P-00419	Mitchell Dotson 4599 Mtn. Parkway Prestonsburg, Ky.	Elsie H. Dotson 4599 Mt. Parkway Prestonsburg, Ky. 41653	
12-06-95	95-P-00420	Billy Joe Hunter 835 Goble Branch Prestonsburg, Ky. 41653	Columbus & Parlie Hunter 835 Goble Branch Prestonsburg, Ky. 41653	Hon. William Francis P.O. Box 700 Prestonsburg, Ky. 41653
12-06-95	95-P-00421	Shawn Thacker HC 72 Box 234 East Point, Ky.	Lucille Thacker HC 72 Box 234 East Point, Ky.	Hon. David C. Stratton P.O. Box 851 Pikeville, Ky.
12-11-95	95-P-00422	Kendall Evans 419 Mink Branch Road Craynor, Ky.	Sylvia Evans 419 Mink Branch Road Craynor, Ky.	
12-12-95	95-P-00424	William Ervie Boyd Estill, Ky.	Gloria Hall HC 72 Box 480 Hi Hat, Ky.	B. D. Nunnery P.O. Box 511 Prestonsburg, Ky. 41653
12-13-95	95-P-00425	Garnett Mayo 55 Harris Street W. Prestonsburg, Ky.	Royce Mayo 55 Harris Street W. Prestonsburg, Ky. 41668	J. Logan Griffith 1238 S. Lake Dr. Prestonsburg, Ky. 41653
12-14-95	95-P-00426	Janet Jean Morrison Route 1428 Emma, Kentucky 41653	Mary Morrison Box 177 Auxier, Kentucky 41602	Janice Porter P.O. Box 372 Allen, Kentucky 41601
12-14-95	95-P-00427	Shauna Lynn Taylor HC 70 Box 559 Prestonsburg, Kentucky 41653	Veronica Lynn Murray HC 70 Box 559 Prestonsburg, Ky. 41653	Roy S. Jones, II P.O. Box 231 Pikeville, Ky. 41502
12-15-95	95-P-428	Fleming K. Stillner P.O. Box 158 Eastern, Ky. 41622	Linda Stillner P.O. Box 158 Eastern, Ky. 41622	Don Kidd P.O. Box 511 Prestonsburg, Ky. 41653
12-15-95	95-P-00430	Stacie Ann Stapleton 902 Emma Road Emma, Ky. 41653	Della Stapleton 902 Emma Road Emma, Ky. 41653	Bobby Rowe Prestonsburg, Ky.

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIVISION 1 CIVIL ACTION NO. 91-CI-079

Mellie Jean Mullins, Petitioner

vs.

James A. Mullins, Respondent

NOTICE OF SALE

By virtue of an Order of Sale of the Floyd Circuit Court rendered at the November 3, 1995 Term, in the above styled cause, I shall proceed to offer for sale at the Courthouse door in Prestonsburg, Kentucky, to the highest and best bidder, at public auction, on **January 11, 1996 at 9:00 o'clock a.m.**, same being a day of the regular term of the Floyd Circuit Court, on a credit of thirty (30) days at the rate of 12% per annum, the following described property to-wit:

BOUNDED AND DESCRIBED as follows: Beginning at a cross on a rock cliff above the road (highway #979) opposite James A. Mullins' home, approximately 60 ft. on the mountain from the highway to the rock cliff running up the point near the center of a marked hickory; thence up said point to another marked hickory, standing on the lower edge of a bench; thence running up said point to three hickories, marked, standing together; thence running on up the point to a marked hickory on top of the point; thence from said hickory to B.F. Parson's line known as the Ike Parson line; thence down the hill or point running toward the creek, with said Parson's line, to the line known as the Harrison Hamilton line; thence running with said Hamilton's line to a planted stone at the lower edge of the old County road near a mulberry tree; a corner to Hamilton's property; thence South 6 degrees, 45 minutes, West 280 ft., to Big Mud Creek, thence running up Big Mud Creek with the meanders of same to a planted stone at the creek opposite an ash tree; thence running straight across the bottom a distance of 125 ft. from said planted stone to the Ash Tree; thence running from the ash tree in a southern direction or in the direction of a meadow 86 ft. to a planted stone; thence running from said planted stone across the bottom toward highway 979, 109 ft. to another planted stone above where the barn now stands; thence running from said planted stone to the branch in front of first parties home a distance of 100 ft; thence running up said branch to an iron post standing on the bank of the branch; a corner to second party's property; thence running with the line of second parties across the lawn to an iron stake in the bottom; thence from said iron stake on across the bottom and up the hill with second parties' line to a planted stone at Highway 979; thence crossing said highway and running with the upper side of the highway to a stake straight from the cross on the cliff above the road or highway; thence running a straight line from said stake to the beginning of the cross on the cliff; the parties of the first part hereby reserve a life estate in said property herein conveyed, that is, they reserve the right to use, occupy, and enjoy the same during the period of their natural life, second parties shall have the right to the use of a road leading from highway 979, across the end of the bottom down to first parties homes. This bottom is known as the Clover Field, whoever purchases this property hereafter shall have the same right to use said road.

Being the same property conveyed to **JAMES A. MULLINS AND MILLIE MULLINS** by **BILLIE MULLINS** and **BURNIS**

MULLINS by deed dated October 10, 1972, recorded in Deed Book _____, Page _____, records of the Floyd County Clerk's Office.

The amount of money to be raised by this sale shall include costs of advertising of this sale and the fees and commissions for conducting this sale.

For the purchase price the purchaser must execute bond with approved surety or sureties, bearing legal interest from the day of sale until paid and having the force and effect of a judgement with a lien retained upon said property as a further security. Bidders will be prepared to comply with these terms.

GIVEN UNDER MY HAND, this 18th day of December, 1995

EARL MARTIN MCGUIRE
Master Commissioner
Floyd Circuit Court
P.O. Box 1257
Prestonsburg, KY 41653
Phone: 606-886-8140
Fax: 606-886-9755
W-12/20, 12/27, 1/3

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIVISION 1 CIVIL ACTION NO. 90-CI-00700

Consol of Kentucky, Plaintiff

vs.

Roger Reed, et al., Defendants

NOTICE OF SALE

By virtue of an Order of Sale of the Floyd Circuit Court rendered at the November 17, 1995 Term, in the above styled cause, I shall proceed to offer for sale at the Courthouse door in Prestonsburg, Kentucky, to the highest and best bidder, at public auction, on **January 11, 1996 at 9:30 o'clock a.m.**, same being a day of the regular term of the Floyd Circuit Court, on a credit of thirty (30) days at the rate of 12% per annum, the following described property to-wit:

The surface of a certain tract or parcel of land situated on Main Salyers Branch of Floyd County, Kentucky, and being more particularly described as follows:

Beginning on a marked elm standing at the edge of the little drain which leads up to what is known as the black oak gap thence up the point a southeast course to a marked Buckeye thence up the point with the center of the point to the cloud Rao line thence a north east course down the point with cloud raws line to main Salyers thence across said Branch a Northeast course with the fence to opposite a lining beed marked thence around hill a northwest course 100 feet from the Building to a small beech marked standing in the edge of a drain thence down said drain to main Salyers Branch thence up said Branch to the corner of fence to the garden thence with said fence to a drain with said drain to the beginning containing twelve acres more or less.

Being the same property conveyed to Gold Reed and Sarah Reed, his wife, to Clarice Reed, et al., by deed dated May 9, 1926, recorded in Deed Book 72, page 349, Floyd County Clerk's Office.

The amount of money to be raised by this sale shall include costs of advertising of this sale and the fees and commissions for conducting this sale.

For the purchase price the purchaser must execute bond with approved surety or sureties, bearing legal interest from the day of sale until paid and having the force and effect of a judgement with a lien retained upon said property as a further security. Bidders will be prepared to comply with these terms.

GIVEN UNDER MY HAND, this 18th day of December, 1995

EARL MARTIN MCGUIRE
Master Commissioner

Floyd Circuit Court P.O. Box 1257 Prestonsburg, KY 41653

Phone: 606-886-8140 Fax: 606-886-9755
W-12/20, 12/27, 1/3

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIVISION 1 CIVIL ACTION NO. 94-CI-00642

United Companies Lending Corporation, Plaintiff

vs.

Bobby N. Osborne, Administrator of the Estate of Ada Osborne, deceased, et al., Defendants

NOTICE OF SALE

By virtue of an Order of the Floyd Circuit Court rendered at the November 7, 1995 Term, in the above styled cause, I shall proceed to offer for sale at the Courthouse door in Prestonsburg, Kentucky, to the highest and best bidder, at public auction, on **January 11, 1996 at 11:00 o'clock a.m.**, same being a day of the regular term of the Floyd Circuit Court, on a credit of thirty (30) days at the rate of 12% per annum, the following described property to-wit:

TRACT NO. 1: Located in South Martin, Kentucky, BEGINNING at a stake on corner at first street and second cross street opposite hospital and running with said street 80 feet to a stake; thence turning left, and running 60 feet to a stake at corner of Milton and Mildred Ryan's property; thence turning left and running 80 feet along Milton and Mildred Ryan's property to a stake on first street; thence a straight line 60 feet to the beginning, this being a correct description of the description given in Deed from W.J. Ryan, and Lucille Ryan, his wife, G.D. Ryan, Jr., and Alice Ryan, his wife; Milton and Mildred Ryan, his wife of dated June 4, 1951, recorded in Deed Book 147, Page 598, Floyd County Clerk's Office on June 6, 1951.

TRACT NO. 2: Located in South Martin, Kentucky, BEGINNING at a stake on First Street at a corner of Wes Halbert's line and running with said line a distance of 80 feet to a stake, thence turning right and running a distance of 50 feet to a stake, then turning right and running 80 feet along the line of Lettie M. Ryan's property to a stake, located on First Street; thence a straight line 50 feet to the beginning.

THERE IS EXCEPTED AND RESERVED FROM THIS CONVEYANCE:

The portion of Tract II sold to James Stephens by deed dated March 1985, of record in Deed Book 294, Page 289, in the aforesaid Clerk's office.

Being the same property conveyed to Ada M. Osborne by Milton Ryan and Mildred Ryan, his wife, by deed dated May 10, 1965 and recorded in Deed Book 187, Page 566, Floyd County Clerk's Office and being the same property conveyed to Ada M. Osborne by Affidavit of Descent of Charles L. Osborne, dated March 26, 1985, and recorded in Deed Book 291, page 235, Floyd County Clerk's Office, and being the same property conveyed to Ada M. Osborne by Bobby Neile Osborne and Kloria Osborne, his wife; and Jackie R. Osborne, single, dated March 26, 1985, and recorded in Deed Book 291, Page 237, Floyd County Clerk's Office.

The amount of money to be raised by this sale shall include costs of advertising of this sale and the fees and commissions for conducting this sale.

For the purchase price the purchaser must execute bond with approved surety or sureties, bearing legal interest from the day

of sale until paid and having the force and effect of a judgement with a lien retained upon said property as a further security. Bidders will be prepared to comply with these terms.

GIVEN UNDER MY HAND, this 18th day of December, 1995

EARL MARTIN MCGUIRE
Master Commissioner
Floyd Circuit Court
P.O. Box 1257
Prestonsburg, KY 41653
Phone: 606-886-8140
Fax: 606-886-9755
W-12/20, 12/27, 1/3

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIVISION 1 CIVIL ACTION NO. 94-CI-00350

Nadine Gamble Howard, et al., Plaintiffs

vs.

Kirk Shepherd, et al., Defendants

NOTICE OF SALE

By virtue of an Order of the Floyd Circuit Court rendered at the September 16, 1995 Term, in the above styled cause, I shall proceed to offer for sale at the Courthouse door in Prestonsburg, Kentucky, to the highest and best bidder, at public auction, on **January 11, 1996 at 10:30 o'clock a.m.**, same being a day of the regular term of the Floyd Circuit Court, on a credit of thirty (30) days at the rate of 12% per annum, the following described property to-wit:

Two (2) tracts or parcels of land lying on Lick Fork Creek of Salt Lick Creek on Right Beaver Creek in Floyd County, Kentucky, consisting of approximately fifty (50) acres and more particularly described as follows:

TRACT NO. 1: Lying and being on Lick Fork of Salt Lick Creek of Right Beaver Creek. Beginning on a poplar tree on right side of creek as you go up the creek at lower end of Garden; thence up the hill with the line of Dolly Bradley to top to a pine tree where three wire fences join, thence up point with wire fence to top of ridge or point with wire fence to top of ridge or point to a bunch of chestnuts corner of Tilden Shepherd's line; thence down the point to Harrison Handshoe's line; thence with Harrison Handshoe's line to a poplar above road and cross fence and across road to main Lick Fork; thence up Lick Fork to a beech tree and rock on Right of Branch as you go up opposite upper end of Harrison Handshoe's house; thence crossing Lick Fork with Harrison Handshoe's line to top of point; thence down center of ridge to Dolly Bradley's line; thence down the point with Dolly Bradley's line to a small drain; thence with drain and Dolly Bradley's line to Lick Fork; thence down Lick Fork around lower end of Garden to the Beginning, containing 100 acres more or less. It is understood that oil and gas, coal and mineral is hereby excepted and not hereby conveyed.

The same conveyed from A.J. Shepherd to Tilden Shepherd by deed of April 28, 1931 recorded in Deed Book 89, page 104.

TRACT NO. II

Beginning on a stake at the creek at the rocky point between the clover field and the wheat field; thence up center of the point a strait (sic) line to top of point; thence up the point to a pine tree where three wire fences join at lower end of Peach Tree Cove thence down the point with fence to poplar tree; thence a strait (sic) line to Lick Fork creek; thence down said creek to the beginning.

The same conveyed from Dollie Bradley and Kendle Bradley to Tilden Shepherd by deed of March 6, 1937 as recorded in Deed Book 107, Page

329. There is excepted from the above described property the following tracts which had been deeded by the decedent prior to his death; Five (5) acre tract deeded to Mitchell Stephens and Shirlee Stephens, by deed of March 26, 1948 recorded in Deed Book 137, Page 494; and Ten (10) acre tract deeded to Kirk Shepherd by deed of September 5, 1952, recorded Deed Book 164, Page 374; and Thirty (30) acre tract deeded to Elbee Neeley and Danty Neeley by deed of March 31, 1955 recorded in Deed Book 159, page 98; and Thirty (30) acre tract deeded to Kirk Shepherd and Della Shepherd by deed of May 2, 1964 recorded in Deed Book 197, page 518.

All of the foregoing are of record in the office of the Floyd County Clerk.

The amount of money to be raised by this sale shall include costs of advertising of this sale and the fees and commissions for conducting this sale.

For the purchase price the purchaser must execute bond with approved surety or sureties, bearing legal interest from the day of sale until paid and having the force and effect of a judgement with a lien retained upon said property as a further security. Bidders will be prepared to comply with these terms.

GIVEN UNDER MY HAND, this 18th day of December 1995.

EARL MARTIN MCGUIRE
Master Commissioner
Floyd Circuit Court
P.O. Box 1257
Prestonsburg, KY 41653
Phone: 606-886-8140
Fax: 606-886-9755
W-12/20, 12/27, 1/3

COMMONWEALTH OF KENTUCKY FLOYD CIRCUIT COURT DIVISION 1 CIVIL ACTION NO. 90-CI-00845

Dallas Lee Dillion, Plaintiff

vs.

Mont Collins & June Collins, his wife; Richard Fairchild & Beryldene Fairchild, his wife; and Mae Hale, Defendants

NOTICE OF SALE

By virtue of an Order of Sale of the Floyd Circuit Court rendered at the July 24, 1995 Term, in the above styled cause, I shall proceed to offer for sale at the Courthouse door in Prestonsburg, Kentucky, to the highest and best bidder, at public auction, on **January 11, 1996 at 10:00 o'clock a.m.**, same being a day of the regular term of the Floyd Circuit Court, on a credit of thirty (30) days at the rate of 12% per annum, the following described property to-wit:

Being the same property conveyed to the parties of the first part from Celia Dillion, widow, by deed dated February 22, 1973, of record in Deed Book 211, Page 448; further, being the same property conveyed to the parties of the first part from Dellah Merritt, et al., by deed dated July 24, 1942, of record in Deed Book 120, Page 288; further, being the same property inherited by the parties of the first part from Lee Dillion by Affidavit of Decent dated August 15, 1989, of record in Deed Book 330, Page 133, furthermore, being the same property inherited by the parties of the first part from Celia Dillion by Affidavit of Decent dated August 15, 1989, of record in Deed Book 330, Page 135; in the office of the Floyd County Court Clerk.

For further sources of title see the following: Affidavit of Decent of Dallas Dillion dated August 15, 1989, of record in Deed Book 330, Page 129; further, Affidavit of Decent of Neutrline Dillion

dated August 15, 1989, of record in Deed Book 330, Page 131, and furthermore, Affidavit of Decent of Sam Dillion dated August 15, 1989, of record in Deed Book 330, Page 127, in the office of the Floyd County Court Clerk.

Being a certain tract or parcel of land situated on Sugar Loaf Creek, of the Big Sandy River, in Floyd County, Kentucky, containing 200 acres more or less, which is more particularly described as follows:

BEGINNING on a sugar maple; thence a straight line across the bottom to a sharp rock; thence a straight line up the hill to the top of the point, thence with the ridge to the top of the hill to Mont Goble's line; thence with his line around the top of the ridge to K.T. Harris' line to the line of William Hubbard; thence down ridge with said Hubbard's line to the line of Albert Burchett; thence down the ridge to the BEGINNING. Deed of January 5, 1910 is referred to and a part hereof.

The amount of money to be raised by this sale shall include the costs of advertising of this sale and the fees and commissions for conducting this sale.

For the purchase price the purchaser must execute bond with approved surety or sureties, bearing legal interest from the day of sale until paid and having the force and effect of a judgement with a lien retained upon said property as a further security. Bidders will be prepared to comply with these terms

GIVEN UNDER MY HAND, this 20th day of November, 1995.

EARL MARTIN MCGUIRE
Master Commissioner
Floyd Circuit Court
P.O. Box 1257
Prestonsburg, KY 41653
Phone: 606-886-8140
Fax: 606-886-9755
W-12/20, 12/27, 1/3

NOTICE OF BOND RELEASE

In accordance with KRS 350.093, notice is hereby given that Addington Enterprises, Inc., 1500 North Big Run Road, Ashland, Kentucky 41101 has applied for Phase I Bond Release on Increment No. 2 of permit number 836-0244, which was last issued on 12/16/94. The application covers an area of approximately 507.68 acres located 2.7 miles south of Odds in Floyd County.

The permit area is approximately 0.40 miles west from KY 881's Jct. with Hurricane Branch Road located 0.20 miles east of Brushy Fork. The latitude is 37° 37' 59" and longitude is 82° 26' 31".

The bond now in effect for Increment #2 is a surety bond in the amount of \$702,600. Approximately 60% of the original bond amount of \$702,600 is included in the application for release.

Reclamation work performed on increment 2 includes backfilling, grading and revegetation and was conducted on or about Fall 1992.

This is the final advertisement of this application. Written comments, objections and requests for a public hearing or informal conference must be filed with the Director, Division of Field Services, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601 by 1/26/96.

A public hearing on the application has been scheduled for 1/30/96 at 9:00 a.m. at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 2705 South Lake Drive, Prestonsburg, Kentucky 41653-1397. The hearing will be cancelled if no requests for a hearing or informal conference is received by 1/26/96.

W-12/6, 12/13, 12/20, 12/27

NOTICE OF BOND RELEASE

In accordance with the provisions of KRS 350.093 notice is hereby given that Stanford Elkhorn, Inc., Box 1394, Prestonsburg, Kentucky 41653 (606-886-6582) intends to apply for a Phase II bond release for Permit No. 436-0068 which was last issued on September 20, 1994. The permit covers a surface area of approximately 26.1 acres and no underground area. The operation is located approximately 2.8 miles south of Allen in Floyd County.

The permit area is approximately 5.0 miles south of the Junction of KY 1426 and U.S. 23, and is 1.0 mile west of Prater Creek.

The Latitude is 37° 34' 11" and the Longitude is 82° 42' 49", and is located on the Lancer 7 1/2 minute USGS quadrangle maps. The performance bond (Surety) now in effect for the operation is \$59,700 which approximately 85% is to be included in this application for release.

Reclamation work thus far performed includes: backfilling and grading, sampling and testing, liming, fertilizing, seeding and mulching, and was completed in the fall of 1991. Results thus far achieved include: establishment of the approved post mining land use plan.

Written comments, objections, and requests for a public hearing must be filed with the Director, Division of Field Services, #2 Hudson Hollow Complex, Frankfort, KY 40601 by Feb. 2, 1996, which is within 30 days of the final advertisement of this application for bond release.

A hearing date for this bond release request has been set for February 6, 1996 at 11:00 a.m. at the Department for Surface Mining and Enforcement's Regional Office, 2705 South Lake Drive, Prestonsburg, KY 41653. Written comments, objections, or requests for a hearing must be filed with the Director of the Division of Field Services, #2 Hudson Hollow Complex, Frankfort, KY 40601.

The scheduled public hearing will be canceled if the Cabinet does not receive a request for the public hearing within thirty (30) days of the final advertisement of the final advertisement, which is February 2, 1996.

W-12/13, 12/20, 12/27, 1/3

NOTICE OF BOND RELEASE

In accordance with the provisions of KRS 350.093, notice is hereby given that Stanford Elkhorn, Inc., Box 1394, Prestonsburg, KY 41653 (606-886-6582) intends to apply for Phase II and III Bond Releases on Increment 1 of Permit No. 436-0105 which was last issued on July 7, 1995. Increment 1 of the operation involves a surface area of approximately 5.78 acres, and no underground area. The operation is located approximately 0.7 miles southeast of Allen in Floyd County.

The permit area is approximately 0.9 miles southeast of the junction of KY 1427 and U.S. 23, and is 0.6 miles south of the Levisa Fork of the Big Sandy River.

The Latitude is 37° 35' 57" and the Longitude is 82° 42' 02", and is located on the Lancer 7 1/2 minute USGS quadrangle maps.

The performance bond (surety) for Increment No. 1 is \$9,360.00, of which 100% is to be included in this application for release. For Increment No. 1, reclamation work thus far performed includes: backfilling and grading, construction of roads, power/telephone lines, buildings, etc., of 1994. Results thus far achieved include: establishment of the approved post mining land use plan which is commercial for Increment No. 1.

Written comments, objections, and requests

for a public hearing must be filed with the Director, Division of Field Services, #2 Hudson Hollow Complex, Frankfort, KY 40601 by February 2, 1996, which is within 30 days of the final advertisement of this application for bond release.

A hearing date for this bond release request has been set for February 6, 1996 at 10:00 a.m., at the Department for Surface Mining and Enforcement's Regional Office, 2705 South Lake Drive, Prestonsburg, KY 41653. Written comments, objections, or requests for a hearing must be filed with the Director of the Division of Field Services, #2 Hudson Hollow Complex, Frankfort, KY 40601.

The scheduled public hearing will be canceled if the Cabinet does not receive a request for the public hearing within thirty (30) days of the final advertisement which is February 2, 1996.

W-12/13, 12/20, 12/27, 1/3

Pointers On Pets

Doggie Delight

(NAPS)—When it comes to choosing a snack for their pets, many of America's 36 million dog owners may soon be barking up the right tree.



Your dog may flip for a new snack treat.

Research shows that consumers like to indulge their pets with a variety of snacks. However, soft, chewy treats are increasingly preferred over biscuits or rawhide because they're perceived to be much more indulgent. Some consumers use treats as a reward; others use them as part of the reunion with their pet at the end of a long work day. Most people, however, use treats to bond with their dogs and to show their love and affection.

An especially delightful treat for dogs is Kibbles 'n Bits jerky strips. It's the first soft treat with three flavors in the same pouch. The beef pack includes beef, beef & cheese and beef & bacon strips. The bacon pack includes bacon, bacon & cheese and beef & bacon strips. The jerky strips offer all the qualities consumers want in an everyday indulgence for their dog—variety, taste and fun.

Results from consumer tests showed that Kibbles 'n Bits jerky strips were liked significantly more than the leading jerky strips. Who knows—the variety, taste and fun that these treats provide may have dogs doing things never thought possible. Ever see a Great Dane do a somersault?

HIGHWAY Safety

Sharing The Road With Motorcycles

(NAPS)—Learning to share the road with motorcycles can help put automobile drivers on the road to safety. Here are some tips from the Motorcycle Safety Foundation that can help drivers prevent accidents:

- Keep a conscious eye out for motorcycles in traffic, especially when you are crossing an intersection. It's easy to think a motorcycle is farther away than it is.
- Give the motorcyclist the whole lane even though the motorcycle only takes up a portion of a lane. Motorcyclists may ride in the left, center or right portion of the lane to avoid oil or potholes, or to be seen.
- Don't assume that a motorcyclist is going to turn just because the signal is on. The turn signals on most motorcycles don't cancel automatically.
- It's important to remember that motorcyclists have the same rights on the highway as other vehicle operators. Please drive safely.
- Give a motorcyclist the whole lane even though the motorcycle takes up only a portion of it.

'T WAS THE WEEK AFTER

CHRISTMAS

and all through the store at

Frank Justice Furniture
there's bargains Galore!

A huge selection for
every room in the house,
get there early, before you miss out!

50% off

5 DAYS ONLY

Tuesday through Saturday

December 26th through December 30th

open

9 a.m. - 6 p.m.

Frank Justice Furniture

is going to mark down

EVERY living room group,

EVERY recliner,

EVERY piece of furniture and accessories
in the **BIGGEST** clearance sale ever!

50% off suggested retail

on the finest furniture and accessories

• **FREE DELIVERY** at time of purchase.

WE WANT TO SELL IT - NOT COUNT IT!

Frank Justice Furniture

Behind Jerry's, South Mayo Trail, Pikeville, KY

437-4133

Prime Times

News to use for the over-50 set

The Floyd County Times

Wednesday

December 27, 1995

Leonard graduates from MSU after years of parenthood, welfare

Page Three

Staying fit after 65

College offers free fitness classes for senior citizens

Area senior citizens, listen up and loosen up. Vim and vigor isn't only for the young. It's for anyone who wants it and, at Prestonsburg Community College, it's free for anyone over age 65.

During the 1996 Spring Semester, Prestonsburg Community College will offer five credit courses in fitness designed especially for senior citizens.

One of the courses is KHP 145: Concepts in Health and Fitness, a three-hour class in which seniors will be instructed in the fundamentals of a healthy lifestyle and healthy activities, including aerobics, weight training and other age-appropriate forms of exercise. Students in this course will have access, at no additional charge, to all of the facilities of the PCC Wellness Center, where they can exercise under close supervision by the Wellness Center staff.

The other course is KHP 124: Beginning Conditioning, a one-hour class which will be taught at the Prestonsburg, McDowell, Wayland, and Betsy Layne Senior Citizens Centers.

Students in the conditioning course will be instructed in chair aerobics and other activities they can enjoy while sitting, or without exerting a high level of energy.

Christopher G. Fleming, project health coordinator and instructor at PCC, said 46 seniors have already registered for the three-hour course while 66 have registered for the one-hour courses. He said registration for these courses will remain open through January 17.



Senior citizens may attend these courses tuition-free, on a space-available basis, under the University of Kentucky's Donovan Scholars Program. This program is funded

by an endowment that reimburses the college for the tuition of anyone 65 or older who wishes to take classes at PCC.

Fleming said seniors who have registered for the fitness courses have taken advantage of the Donovan program to enroll in other fitness-related classes,

including walking and weight training and conditioning, as well as courses in other fields, such as computer science, public speaking and Sociology.

Open registration is scheduled for Thursday, January 4, from 9 a.m. to 7 p.m., and Friday, January 5, from 9 to 11 a.m. and 1

to 3 p.m. in Room 102 of the Johnson Administration Building on the Prestonsburg campus. Late registration begins Tuesday, January 9, and runs through Wednesday, January 17, from 8 a.m. to 6 p.m. each day except Friday, January 12, when hours will be from 8 a.m. to 3 p.m. only, and Monday, January 15, when offices will be closed for the Martin Luther King Jr. Day Holiday.

Monday night classes may be added through Monday, January 22. Classes begin on Wednesday, January 10. For more information on the senior citizens fitness courses and a chance at regaining some of the mobility of youth, call the PCC Wellness Center. Flex those finger muscles and dial (606) 886-3863, extension 356.

It's never too late to loosen up.

STRATEGIES

FOR SURVIVING THE '90s

Beyond strolling

■ **Measure** your time. Start by timing how long it takes you to walk a mile comfortably, probably between 15 and 20 minutes.

■ **Measure** several courses. Use your car's odometer or the rule of 10 city blocks to a mile to measure different routes. Two miles per course is enough for a start.

■ **Measure** your intensity. Figure your maximum heart rate by subtracting your age from 220. Multiply the result by 0.6 and 0.9 to get your target zone.

■ **Set** a goal of three to five times a week.

■ **Keep** it up. Walk first thing in the morning before other commitments crop up.

SOURCE: Health Magazine, research by PAT CARR

Just walk

Walking regularly is a very effective strategy for keeping fit and healthy. Here are Health Magazine's tips for starting a walking program:



For maximum benefit

■ **Posture:** Lean slightly forward - from the ankles, not the waist.

■ **Arm swing:** Keep your elbows bent at a 90-degree angle and swing from the shoulder, ending the forward swing with your hand at breastbone height.

■ **Stride:** Long, smooth. Keep your supporting leg straight as your body passes over it, and let the hip rise and relax. Keep other foot on the ground for as long as possible before pushing off.

For more information: Write Rockport Walking Institute, Malboro, Mass.
Next week: Remodeling costs

Consumer credit counseling service advises...beware of credit repair scams

Credit repair scams are usually advertised in the classified sections of local newspapers, says Johnny Cantrell, financial counselor with Consumer Credit Counseling Service (CCCS).

The offers to clear up bad credit are normally blind ads from companies who falsely promise to remove bad information from your credit report for a fee, Cantrell says.

Be alert if you are told that information on your credit report can be changed or erased by the credit repair company, especially if they ask for a large sum of money in advance, Cantrell warns.

Even a money-back guarantee will not protect you if the company is dishonest. The bottom line about credit reports is, if it is factual and can be proven by the creditor, then it cannot be taken off, he said. However, according to Cantrell, there are ways you can correct mistakes on your credit report.

Review your credit report for any mistakes or information more

than seven years old (ten years for a bankruptcy), he advises. This information should be deleted from your records. If you do not understand something, ask. The credit bureau is required by law to explain your report to you.

If there are mistakes you can take the following actions:

- Notify the credit bureau of the problem and provide as much information as you can about what is wrong with the report. The credit bureau, at no charge to you, will reinvestigate the disputed information. It then must correct any mistake or delete any information it cannot verify. At your request, the credit bureau must send a corrected copy of your report to anyone who received the incorrect version within the past six months.

- Sometimes, it is also helpful to contact the creditor directly to ensure that the creditor's records are correct.

- If these steps do not resolve

matters, you can file a written statement of up to 100 words with the credit bureau explaining your side of the story. This explanation will be included in your credit report each time a creditor pulls your credit report to view it.

- Remember — you can do anything a credit repair company can do — for free or for only a few dollars.

For more information about credit repair scams or credit counseling, contact Johnny Cantrell, CCCS credit counselor, at (606) 432-5337. Ask for a free video tape.

Consumer Credit Counseling Service is a non-profit organization that provides a free service to the community. CCCS can help people prevent bankruptcy, with a payment reduction to their creditors. CCCS can also put people on a budget and teach them to live within a budget. CCCS is located at 334 Main Street, in the Bank One building in Pikeville.

Smart Moves

Senior citizens beware of tax scams, says IRS

Senior citizens are prime targets for scams where people impersonating Internal Revenue Service employees collect additional taxes or request donations for bogus charitable organizations.

The IRS has advice for people who are contacted by someone claiming to be an IRS agent; be sure to ask for IRS identification. All IRS employees are required to carry and present identification when calling on taxpayers. But generally, the IRS uses mail and telephone to contact people who may owe additional tax. Beware of anyone claiming to work for IRS who comes to your home unannounced, tells you that you owe additional tax and that they will be glad to accept your tax payment.

Also, beware of bogus organizations requesting contributions for charity. While there are many legitimate organizations that have received tax-exempt status from IRS, there are some fraudulent groups who prey on the elderly by posing as representatives of bona

fide tax-exempt organizations.

The IRS asks you to call your local IRS Inspection office to report an individual or group that you sus-

pect are involved in tax scams. If a local listing is unavailable in your telephone directory, call toll free 1-800-829-1040.

Leasing your phone doesn't make sense

by Esther Peterson

One morning, not too long ago, I read a story that truly surprised me. It seems that millions of Americans are spending hundreds, and in some cases, thousands of dollars to lease telephones they could purchase for as little as \$25. Many are older Americans who continue to lease telephones from AT&T.

Prior to the breakup of AT&T in 1984, all Americans leased their telephones. According to a Washington Post story, the rental cost of a Touchtone telephone is \$6.45 per month or \$77.40 per year. For someone renting a telephone since the AT&T breakup, that cost comes to \$777.40, when they could have purchased a phone for a one-time cost of \$25. For older people, living on fixed incomes, the potential savings are significant.

AT&T has stated that the average age of their leasing customers is 55 years old. Advocacy groups including the Gray Panthers, the National Council for Senior Citizens and United Seniors Health Cooperative are concerned enough to ask federal regulators to step in. They believe that leasing compa-

nies have an obligation to disclose the rental amount paid over the life of the agreement and the estimated replacement cost.

I agree and have petitioned federal regulators to address this issue. In the meantime, all consumers should take the following steps:

- Check monthly bills for leasing charges. Compare them to the cost of buying a telephone at your local discount store.

- Shop for telephones and telephone services like other consumer products. Compare prices and services and choose which is appropriate for you.

- Consider joining a long distance calling program. If you spend more than \$10 a month on long distance, you could save money.

- Follow traditional savings strategies. Make long distance calls on weekends and during off-peak hours.

Esther Peterson is former White House Counselor on Consumer Affairs and currently serves as vice-chair of the United Seniors Health Cooperative. For more information call the USHC's Telephone Awareness Project at (800) 280-0905.

Turn your old car into new

(NAPS)—Save money by outfitting your old car with new parts. Some of the new parts on the market can actually rejuvenate older cars by overcoming old wiring, weak batteries and cranky motors.

A revolutionary new spark plug, for example, provides quicker starts in all weather conditions, quicker throttle response, smoother idle, improved gas mileage and performance durability.

The performance difference of the AC Rapidfire spark plug, according to experts, is in the electrodes. "The conical, multi-point center electrode improves startability," according to Dale Hostetler, an engineer for Delphi Energy and Engine. "The specially shaped nickel-silver ground electrode promotes longer electrode life, is cooler running, and provides a smooth idle and faster, more reliable starts."

The AC Rapidfire performance spark plug is designed for the average driver in everyday road condi-

tions. Rapidfire can markedly improve the drivability of cars that are three to 15 years old. It can give drivers peace of mind that their cars will start more quickly and have improved throttle responsiveness when merging into traffic, while also providing smoother idle with greater fuel economy. This new spark plug can save consumers \$31 or more within the expected life of the plug (based on up to two percent greater fuel economy, 30,000 mile change interval, 22 miles per gallon, and \$1.15 per gallon for unleaded gas).

Research turned up three key areas where successful design adaptation would allow increased delivered energy:

1. minimizing heat loss to the electrodes to reduce early flame extinction or slowed kernel growth;
2. designing a pointed-tip electrode system to concentrate the energy and allow the spark to jump the gap under conditions where it

would otherwise not fire; and

3. moving the spark location toward the center of the cylinder to enhance flame convection and reduce contact with the chamber walls, which can flow or quench flame growth.

Older citizens can learn while they earn!!!

The Big Sandy Area Community Action Agency is taking applications for the senior training program.

Applicants must be 55 years of age or older. Senior citizens selected will get paid while they train.

For more information, call 874-2965.



A small college can make a **big** difference in your life.

To find out how, call 432-9200.

**SPRING REGISTRATION
FRIDAY, JANUARY 12**

**Pikeville
COLLEGE**

*"Changing our world...
one graduate at a time."*

No two are alike.

They say that no two snowflakes are alike... each is unique... special in its own way.

At ARH, we also understand that no two patients are alike. That's why our staff prides itself on treating our patients as they should be treated: as unique individuals with their own special needs and concerns.

We also realize that our patients are the parents, children, spouses, friends, colleagues, or neighbors of someone. Each is special, and cared about by others. Our job is to determine how we can best meet each patient's unique needs, as well as the needs of that person's friends and family, while he or she is under our care.

Quite simply, we understand the value of quality health care with a personal touch.

To all of the special people we have had the privilege of serving during 1995, we extend warm wishes for a happy holiday season and a wonderful new year filled with joy, peace, and good health.

McDOWELL ARH HOSPITAL
County Route 122 • McDowell, Kentucky 41647 • (606) 377-3400 • An Appalachian Regional Healthcare Facility

BREAKFAST SCONES

- 3 1/4 cups all-purpose flour
- 1/2 cup sugar
- 1/2 tsp salt
- 2 1/2 tsp baking powder
- 3/4 cup (1 1/2 sticks) margarine
- 12 oz pork sausage
- 1 1/2 cups shredded cheddar cheese (6 oz.)
- 3/4 cup buttermilk

In a skillet, cook the pork sausage until lightly browned. Drain and set aside. In a large bowl, mix the flour, sugar, salt and baking powder. With a pastry blender, cut in the margarine until the mixture resembles crumbs. Sprinkle the shredded cheddar cheese and the drained sausage over the flour mixture and toss lightly. Add the buttermilk to flour mixture. If the dough is too sticky, add a little extra flour to the mix. Flour your hands and knead the dough about 20 times, adding flour if you need to. Let the dough rest for about five minutes. With the counter surface floured, press one-half of the dough into a circle, sealing the edges as you work the dough. Use a 2 1/2 inch biscuit cutter dipped in flour to cut out the scones. Repeat with remaining dough. Place on an ungreased cookie sheet and bake in a preheated 425 degree oven for 10-12 minutes.

This winning recipe, as well as the delicious creations from the other national finalists in the Bed & Breakfast Recipe Competition, are available in a recipe booklet offered by Jones Dairy Farm. To receive a free copy, mail a postcard with your name and address and a proof of purchase from any Jones product to "Free Bed & Breakfast Recipe Booklet," Jones Dairy Farm, P.O. Box 952, Grandville, Michigan, 49468-0952. Supplies are limited.

RAVISHING ROAST CHICKEN

(NAPS)—Older Americans are becoming more health conscious all the time—53 percent of low-fat, low calorie, healthy foods are purchased by today's over 50s and 47.8 percent participate in some sort of fitness and exercising. In striving for a healthier way of life, many have discovered a tasty way of cooking that's high in nutrients but very low in fat.

The secret rediscovered by

these mature health-conscious adults is clay cooking pots which date back to ancient times.

Clay pots, such as the well-crafted Romertopf Nature's Oven, seal nutrients in and help cut down on fat. Surprisingly, some of today's most popular cooking techniques can either deplete nutrients in food (as in over-steamed vegetables) or add fat (as in frying meat or fish).

Cooking in a Romertopf Nature's Oven avoids over-cooking while it eliminates the need for added fats.

Here's how it works. You soak the clay pot in water before it's placed inside the oven, allowing it to create and maintain moisture that cooks recipes to perfection, but prevents nutrients from escaping.

Clay cooking not only saves nutrients, it also saves time. Simply soak the pot in water for 5-10 minutes, place ingredients inside and place the whole pot in a cold oven set at 400-450 degrees. Then just walk away. Plan your next trip, plant some flowers in the garden, play with the kids or grandchildren or soak in the tub for 45 minutes to an hour while the Romertopf Nature's Oven cooks your meal.

Before cooking, meats can be trimmed of all fat. Even poultry cooked without skin comes out moist, tender, flavorful and browned with no need for basting.

Meat, potatoes, rice and vegetables can all be cooked together to make nutritious and flavorful one-pot meals, or they can be prepared separately.

This ingenious single cooking

HOME Inside & Out



vessel can serve as a soup kettle, a roaster for meat and poultry, a stew pot, a meat loaf pan, a fish poacher, a vegetable steamer, an all-purpose container for microwave cooking, a deep-dish pie pan, a souffle dish and even a little brick oven for bread that is crusty on the outside and soft on the inside.

Most recipes can easily be adapted to clay cookery. Romertopf clay pots are available in a variety of sizes, from the Maxi which holds a 17-lb. turkey to a 2-4 lb. capacity pot. They are unglazed to ensure perfect absorption.

ROAST CHICKEN AND PEPPERS

serves 6

1 3 1/2 lb. oven ready chicken

- 7 oz. small onions
- 1 small red pepper, seeded and sliced
- 1 green pepper, seeded and sliced
- 1 garlic clove
- 4 oz. baby corn
- 4 oz. button mushrooms, sliced
- 4 oz. string beans
- 1 Tb. tomato puree
- Salt and freshly ground black pepper
- 3-4 sprigs fresh thyme (or 1 tsp. dried thyme)
- 6 oz. red wine or chicken stock
- cornstarch

SOAK THE ROMERTOPF

Place the chopped garlic, sprig of thyme and salt & pepper inside the chicken. Place chicken in the Romertopf and surround with onions, peppers, more sprigs of thyme and sprinkle with salt &

pepper.

Mix the tomato puree with the wine or stock and pour over the chicken.

Place Romertopf in cold oven, set to 400°F and cook for 45 minutes.

Remove the pot from the oven, add corn, mushrooms and string beans. Place the pot back in the oven and cook for another 30 minutes.

Remove the chicken and vegetables and keep warm. Strain off the sauce into a saucepan and reduce if necessary. The amount of sauce can be increased by adding 5 oz. of chicken stock to the sauce and thickening it with 2/3 tsp. cornstarch dissolved in 3 Tb. cold water. Whisk well until the sauce is brought to boil and thickens.

Adjust seasoning and serve with the chicken and vegetables. Boiled potatoes sprinkled with parsley are a delicious accompaniment to this meal.

HOPPIN' JOHN

Serves 6-8

- 1/2 lb. (1 cup) dry Blackeyes
- 1 cup chopped onions
- 2 Tbsp. olive oil or vegetable oil
- 1/2 tsp. garlic salt
- 1/2 tsp. oregano
- 4 cups chicken stock
- 4 cups hot cooked rice

Sort and wash Blackeyes. Combine onions, seasonings, chicken stock and Blackeyes in a pot large enough to hold the Blackeyes when rehydrated. Cover and cook slowly until the Blackeyes are at desired tenderness (about 60 to 75 min.). Tilt lid, if necessary, to prevent boiling

over. While Blackeyes are cooking, prepare the rice according to package directions. Serve 1/2 cup Blackeyes and their liquid over 1/2 cup rice.

BLACKEYE CHILI

- 1/2 lb. (1 cup) Blackeyes
- 1 lb. ground beef*
- 1 1/2 cups chopped onions
- 1 1/2 cups sliced celery
- 1 1/2 cups tomato puree
- 1 tsp salt
- 1/8 tsp pepper
- 1/8 tsp garlic powder
- 1 to 2 Tbsp. chili powder

*Ground chicken or turkey may be used as a substitute

Sort and wash Blackeyes. Brown meat, add onions and celery and cook slightly. Add tomato puree, seasonings and Blackeyes with about 1-1/4 cups water. Cook over low heat about one hour or until chili is thick and Blackeyes are tender, stirring occasionally. Add water if necessary to maintain desired consistency. By some standards this is a mild chili. If you want it "Texas Hot," use the full measure of chili powder and add hot pepper sauce to taste.

PUMPKIN PIE WITH BROWN SUGAR TOPPING

Filling ingredients:
2 eggs, lightly beaten
1 16 oz. can pumpkin (solid pack)

- 1/2 cup brown sugar
- 2 tablespoons light molasses
- 1/2 teaspoon salt
- 1/2 teaspoon cinnamon
- 1/2 teaspoon pumpkin pie spice
- 1 12 oz. can Evaporated Milk
- 1 9-inch pie shell (unbaked, deep dish)

Topping ingredients:
1/3 cup brown sugar
1/2 cup flour
1/4 teaspoon ground cinnamon
Dash of salt
3 tablespoons butter (softened)
For Topping: Combine sugar, flour, cinnamon and salt. With pastry blender cut butter into dry ingredients until mixture resembles coarse crumbs; set aside.

Preheat oven to 425°F. Combine filling ingredients in order. Pour into pie shell and bake for 15 minutes. Sprinkle with topping and return to oven. Reduce oven temperature to 350°F, bake for 45 minutes or until knife inserted in center comes out clean.



PEACE OF MIND

Grief can make decisions difficult. Pre-arrangement assures that your last wishes are carried out, and makes a painful time easier for your loved ones.

Hall Funeral Home, in Martin, is Eastern Kentucky's leading funeral service and takes pride in offering the families we serve not only the area's most modern and spacious funeral home, but, the most up-to-date funeral related services:

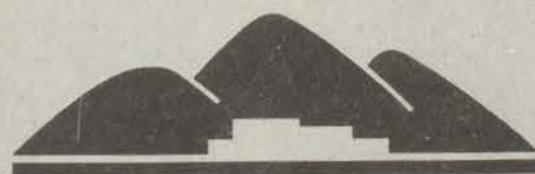
FOR EXAMPLE:

- A. A variety of pre-funeral planning services, from "Guaranteed" issue insurance products, with monthly payments, to single payment plans, both designed to help control funeral cost and assure funding at the time of need.
- B. A tasteful video "Tribute" Program to a life lived. This is a video presentation that uses photographs placed on a video tape medium with selected background music. Unique and lasting.
- C. Offering of the "Forethought Alert Card," a free emergency information service designed to speak for people when they can't speak for themselves.
- D. Providing a "24-Hour Obituary Line" of recorded funeral announcements; just dial 285-3333, 24 hours a day and receive obituary information.
- E. Monument service, sales, installation and lettering, including bronze plaques.

These are but a few on the many services offered by

HALL FUNERAL HOME
MARTIN, KY.

We encourage you to stop by and see why we say:
Hall Funeral Home, Eastern Kentucky's leading funeral service, is a name you can trust.



ARH WHEELWRIGHT PRIMARY CARE CENTER

1402 Kentucky Route 306 · Wheelwright, Kentucky 41669 · An Appalachian Regional Healthcare facility
We accept patients without regard to race, age, religion, national origin, or to the extent feasible, ability to pay.

Look what's new in town!

The new ARH Wheelwright Primary Care Center is now open.

For your health care needs, come see Dr. Amir Izhar and the clinic's staff: Charlotte Bartlett, RN, Judee Rowe, Laboratory & Radiology, and Kelly Elswick, Clinic Clerk.

Dr. Izhar is Board Certified in Internal Medicine.

Clinic hours: Monday - Friday, 9 am to 5:30 pm.
Appointments and walk-ins are welcome.

For more information, or to schedule an appointment, call 452-2708 or 452-2706.

Health Watch

Medical Adviser

Some resist the concept of brain death

by M.R. Hiller

Q: We are in the holiday season, and I just hope you can remind people of the biggest gift an individual can give another. There is an incredible shortage of organs for transplantation. Donor cards are readily available; they just need to be signed to communicate a dying wish to others. Reluctance to sign these cards stems from personal or religious beliefs, but often the real concern is the definition of brain death. Please explain what criteria are used to proclaim someone dead? Has anyone ever been proclaimed brain dead who then survived?—Concerned doctor, New York City

A: Guidelines for proclaiming an individual "brain dead" generally require proof that all functions of the brain, including the brain stem, are irreversibly gone. Experts say they believe the guidelines and practices in the United States are stringent and free of conflict of interest, and they say an incorrect diagnosis of brain death has never been made in any adult in the United States.

"Irreversible loss of all brain function is easy to diagnose in adults. A well-trained neurologist, neurosurgeon or critical care physician can do so at the bedside on the basis of (patient) examination alone," writes Dr. Stuart Youngner, professor of psychiatry and biomedical ethics at Case Western Reserve University School of Medicine in Cleveland. "No patient with irreversible loss of all brain function has either regained consciousness or "lived" for more than hours, days or, in a few instances weeks—despite the most aggressive treatment possible." Youngner published his study in the May issue of Archives of Neurology. He and other experts are careful to distinguish between adults and children because children have different recuperative powers.

Every year approximately 185,000 adults in the United States suffer serious head injuries. Many are taken to hospitals and severely brain-injured patients may need to be placed on ventilators and other equipment to keep their hearts and lungs working.

It was these relatively recent advances in equipment that can keep a body functioning, along with the ability to transplant organs, that created the need for a term such as "brain death." Families and health-care facilities were increasingly burdened by severely brain-damaged patients. And transplant specialists needed a system that would let them take organs from hopelessly injured people. In response, a committee of physicians, attorneys and bioethicists met in 1968 at Harvard Medical School in Boston and put forth a new definition of death: the total and irreversible loss of functioning of the whole brain. They reported their conclusions in the Journal of the American Medical Association.

Just one year earlier, in 1967, the first heart-transplant surgery had been performed. Since then, heart, heart-lung, kidney, liver and other organ transplants have gained popularity and success.

Yet, as with many things, technology has outpaced the development of a philosophy about how it

The definition of brain death

Here are generally agreed upon guidelines used to establish brain death.

■ Several doctors must review the case. One should be a specialist with expertise in intensive care of severely brain-damaged patients. No doctor associated with the transplant team should participate.

■ The problem is considered irreversible when the physicians have established the cause of the patient's coma, when that cause is sufficient to account for the loss of brain function, when there is no chance any brain function will return, and when all brain functions have been absent for an appropriate period (usually 24 hours or more).

■ There are cases that require special consideration: when drug intoxication, hypothermia or shock are involved, and when the patient is a child.

■ Physicians look for the absence of cerebral and brain stem functions to determine brain death:

1 There must be deep coma, meaning there is no brain response to stimuli. Confirmation may require use of a brain blood-flow study and/or an electroencephalogram (EEG), which measures electrical activity in the brain.

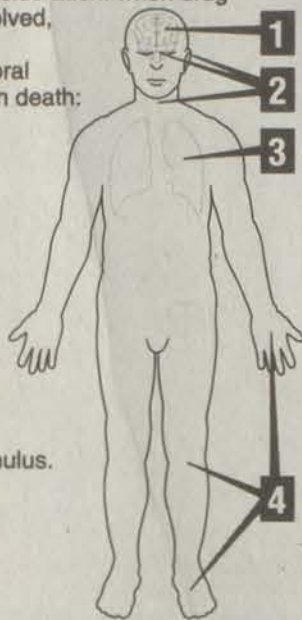
2 An experienced physician using adequate stimulation finds no responses to eye, ear and throat tests.

3 Breathing must be absent (apnea). This test must be done carefully.

4 There should be no reflexes, no spontaneous movements; no motor responses of any kind to pain or other stimulus.

Who's counting: Since 1992, 537 medical articles have been published on organ transplantation.

KEVIN BOYD — MEDICAL INFORMATION SERVICE
DISTRIBUTED BY UNITED FEATURE SYNDICATE



is applied. As a result, the demand for organs is far greater than the supply. For instance, every year approximately 20,000 patients are in need of a heart transplant, but only about 2,000 suitable donor hearts become available. The demand for organs could be met if all the people who eventually end up with irreversible brain damage had agreed to donate their organs.

Why don't people donate more? Studies show that the reasons for reluctance cited most often are:

—a fear of being declared dead improperly, such as you expressed

—religious beliefs

—concerns of members of ethnic minorities that the organs are directed to the white population

—a general feeling of uneasiness about the issue

"The subject of brain death has three components—medical, ethical and philosophical," Youngner said in an interview. "To medically identify that a brain stem is irreversibly destroyed is rather straightforward, but the ethical and philosophical issues surrounding the brain death are complex and inter-related."

Before respirators arrived, dying was defined as the time when the heart stopped beating, he continued. "Now, with modern technology, we find ourselves teasing apart the dying process. The brain may be dead, but the heart and other systems still alive. To accept the idea of brain death, we have to be willing to declare someone dead even in the face of signs of life. Where you are willing to draw that line is a philosophical issue. Ethically, our obligations to the living are different than to the dead. When is it permissible to stop treatment and allow a person to die, and when is it permissible to take organs from a living person? You solve some of the ethical and philosophical issues by redefining death," said Youngner.

As our society has become familiar with the issues, both the

legal and medical communities have come to officially support the concept of brain death. But studies point out numerous areas where the concept is still difficult to accept.

For instance, even when a patient has been proclaimed brain dead, and all involved agree that only machines are keeping the body functioning, half of the physicians noting time of death on a death certificate will write the time the heart stopped beating—not the time when brain death was determined, a study has shown.

And our everyday use of language continues to support the term "brain death" as if it were different from being legally dead. You never hear the term "heart dead." News reports often speak of brain dead people being "kept alive" on "life support" equipment until organs are removed or the life support is stopped and the patient can "die."

The United Network for Organ Sharing, a private nonprofit organization operating under contract with the Division of Organ Transplantation, a division of the U.S. Department of Health Resources and Services Division, develops and maintains a national organ allocation system and a computerized system to match organ donors with recipients. UNOS makes available donor cards, brochures on organ donation and brochures for potential transplant recipients. UNOS can be reached by calling 800-243-6667.

The Medical Adviser is produced by the Medical Information Foundation using a data base that contains articles from more than 3,500 medical journals around the world. Send your questions to: The Medical Adviser, c/o Medical Information Foundation, 3000 Sand Hill Road, Bldg. 2, Suite 260, Menlo Park, CA 94025. For a fee, the Medical Information Foundation will conduct a personalized medical literature search. For information, call 1-800-999-1999.

contact with contaminated areas, such as doorknobs and telephones. Classic symptoms include general malaise, shaking, chills and fever, headaches and a dry cough. These symptoms can last up to a week and vary in severity from person to person.

The flu virus frequently changes and new strains develop from year to year. At the end of each flu season, experts at the Centers for Disease Control make an educated guess about which strain will be prevalent the following season. Since this year's shot only deters this year's virus, you need to be vaccinated every year.

Anyone who is not pregnant, allergic to eggs, chickens, feathers or gentamicin (an antibiotic) and

wants protection from the flu can get a flu shot. High risk groups, including persons over the age of 65, those with long-term health conditions or immune deficiency, and health care workers who have contact with high-risk individuals should also be vaccinated. Unfortunately, the vaccine is only 70 to 80 percent effective in deterring the virus, although studies have shown that vaccinated individuals who contract the virus experience less severe side effects.

If you are unfortunate enough to succumb to the flu, your doctor can prescribe one of two antiviral drugs, rimantadine (Flumadine) or amantadine (Symmetrel), which can shorten your illness by preventing the virus from reproducing.

Family Bank Can Now Finance

*95%

of the purchase price of your New Home

You could own your own home sooner than you think. If the large down payment is keeping you from purchasing a new home, come in to Family Bank and let us show you how financing 95% of the purchase price can bring that down payment within your reach.

*Down payment of 5%. Maximum of 30 years. APR may vary. Subject to credit approval.

FAMILY BANK FSB

Get To Know The Family!



Equal Housing Lender

232 Main Street • Paintsville, KY

789-3541

FDIC Insured

Coolley Medical makes home life easier!

Coolley Medical cares about Floyd County's elderly. We supply home oxygen, diabetes supplies, IV infusion, wheel chairs, nursing supplies, hospital beds and much more!

We also offer 24-hour emergency service

Coolley Medical Equipment

833 So. Lake Drive, Prestonsburg

886-9267

1-800-273-6331

Quality Patient Care for Eastern Kentucky



Grounding the flu bug

Just as you can count on those beautifully colored autumn leaves that fall from the trees, you can count on the flu. Influenza will affect up to 50 million Americans this flu season, October to May. So, how do you avoid the aches, chills, fever, sneezing and coughs associated with this annoying disease?

"A good way to avoid the flu is to get a flu shot," says Spencer Turner, M.D., director of the University Health Service. "To be covered for the flu season, you should get your shot in October or early November since it takes up to 30 days for the shot to become fully effective."

Influenza is a highly contagious viral infection of the respiratory system that is easily transmitted through sneezing, coughing, or con-

Tis the season to lose weight...and keep it off

(NAPS)—Congratulations—you made it through the holidays. If you're like most people, however, you're beginning the year with a few extra pounds, the result of too many holiday parties and too little exercise.

An estimated five million people will counter their over-indulgence with a New Year's resolution to lose weight. For most people these resolutions are short-lived. An estimated 75 percent will abandon their resolution by the end of January.

Weight management expert Jenny Craig, whose first-ever cookbook—The Jenny Craig Cookbook—is due out just in time for the New Year, said most people are not prepared to manage the psychological challenges related to weight management. "We generally know which foods are healthy and which are not, and we know to limit calories and fat," she said, "but all this wisdom is futile unless we can control the emotional and environmental situations that can lead to overeating."

To help people succeed with those resolutions to lose weight,

Jenny Craig offers the following tips.

Set reasonable goals. Don't make your resolution any more demanding by trying to achieve a weight that may be too difficult. And don't develop an "all or nothing" attitude. Even small amounts of weight loss can bring substantial health benefits.

Be patient. Don't expect to lose weight too rapidly. Experts say a reasonable amount of weight loss is 1-2 pounds per week.

Don't starve yourself. Contrary to many opinions about dieting and weight loss, you don't have to forsake all of the foods you enjoy. Just eat them less often and in smaller portions.

Dish out your food before bringing it to the table, and use a smaller plate to make your portions look larger.

Focus on changing your eating behavior. You must break the habits that led to your weight gain. Plan your meals ahead of time. Write your shopping list when you're not hungry, and shop for groceries on a full stomach. Eat only when sitting

at the kitchen or dining room table instead of nibbling while doing other things.

Share your resolution with others. Friends and family are excellent sources of motivation and support. If they know you're serious about managing your weight, they'll be less likely to foil your resolution by tempting you with unplanned visits to the pizza parlor or bringing unwelcome gifts of food to your home or office.

Exercise. Along with proper nutrition, exercise is the most beneficial activity you can do to manage your weight. You'll not only burn calories but you'll reduce stress and divert your attention from eating. There are plenty of opportunities to exercise this time of year despite inclement weather. Take a walk, go dancing or build a snowman.

These simple suggestions can help you fulfill your New Year's resolution to lose weight. Credible weight management programs, such as the one offered by Jenny Craig, can also help. To reach the nearest Jenny Craig centre, call toll-free 1-800-43-JENNY.

Lighten Up

Bracing for better oral health

(NAPS)—Some people are too self-conscious of their teeth to show them—much less show them off. But after orthodontic treatment, many patients—male and female, from children to people in their 30s, 40s, 50s and older—have a reason to show off their brighter, healthier smiles.

Rene Sorrell didn't think anything could be done to improve her appearance and bad bite. But corrective jaw surgery and a period of time in braces changed everything.

Today, she is among countless people whose outlook—and looks—have improved dramatically thanks to the art and science of orthodontics.

"Properly aligned teeth look better and generally function better, too," emphasizes Dr. Clifford Marks, a Miami orthodontist and president of the American

Association of Orthodontists (AAO). "But that's only part of the reason that the practice of this dental specialty is so satisfying—it's impossible to measure how much orthodontics can improve a patient's self-confidence."

Many people are eager to tell how braces have changed their lives. Here are just three of them:

Joe Miller

Miller originally sought orthodontic treatment to rid himself of difficulties he experienced with eating. In fact, his teeth and jaws were so badly out of alignment that he didn't look forward to meals.

Today, Miller is emphatic when he says orthodontic treatment has been the "single most significant improvement in my health."

Plus, Miller discovered an unexpected benefit after treatment—he had less trouble keeping his teeth clean. "I cannot help but believe," Miller says, "that (treatment) will ultimately extend the life of my teeth." He now looks forward to bringing his children for treatment.

Sally Borla

Borla, retired and in her 50s, didn't dream she'd ever wear braces. Now she can't imagine why she didn't start earlier. "I'd always related braces to young people, but I guess I'm living proof that it doesn't matter how old a person is," Borla says. "When I look in the mirror, I can hardly believe that the smile looking back at me is mine."

Borla's dental treatment team advised her to have an orthodontist evaluate and correct her bite—otherwise her teeth, she recalls, "would soon be lost."

"The need to preserve my teeth has convinced me that treatment was one of the wisest choices I've ever made," Borla says. "After all, good dental health is every bit as important as my overall physical health." Borla continues to wear a retainer to maintain her attractive and healthy results.

Rene Sorrell, Joe Miller and Sally Borla are among thousands in the United States and Canada who are grateful they sought orthodontic treatment. And today, they're confident they have a smile that's good for life.

FREE INFORMATION ABOUT BRACES

For the names of orthodontists in your area, or for free brochures about a number of orthodontic topics, call 1-800-STRAIGHT (1-800-787-2444). Or write the AAO at 401 N. Lindbergh Blvd., St. Louis, MO 63141-7816.

Anyone considering orthodontics for themselves or for a loved one also can take advantage of the "Smile Bank," the AAO's free computer-imaging program.

If you have a color picture of yourself with a big, toothy grin, send it to the AAO, c/o "SMILES," and you'll receive a free photo showing how your smile might look after orthodontic treatment.

Caring counts

(NAPS)—"Who is the most caring person you know?" The Caring Institute, a national non-profit organization, asked this question of 250,000 people, including our nation's political, civic, artistic and journalistic leaders. Eleven extraordinary individuals have been selected to receive the 1995 National Caring Award, following extensive research on all of the nominees. They are remarkable in the diversity of their approaches, yet they are unified by a common devotion to service and an understanding of the value of caring.

Former president Jimmy Carter and his wife, Rosalynn, are among those who have been selected to receive a National Caring Award. Some of the others include:

• Billy Shore and Stan Curtis, the founders of two organizations that

have attacked the problem of hunger—one by raising \$26 million to fight hunger; the other by raising 216 million pounds of food annually to feed the hungry;

• Corla Hawkins, a Chicago teacher whose entire life is dedicated to giving her children a step up and out of the ghetto;

• Nancy Mintie, the founder of a Skid Row law practice, which serves 3,600 clients annually and has never lost a housing case in its 15 years; and

• Joe Carroll, the hustler priest who has created an entire village within a city to care for the homeless.

"These people represent the best of the best," said Caring Institute president Bill Halamandaris. "Through their selflessness and dedication, they are providing

viable solutions to some of our nation's worst problems."

For more information or to nominate a caring person, contact the Caring Institute, 320 A Street, NE, Washington, DC 20002.

Growing young

(NAPS)—"Let me grow lovely growing old," reads a poem by Karle Wilson Baker. "So many fine things do: laces, and ivory and gold, and silks need not be new."

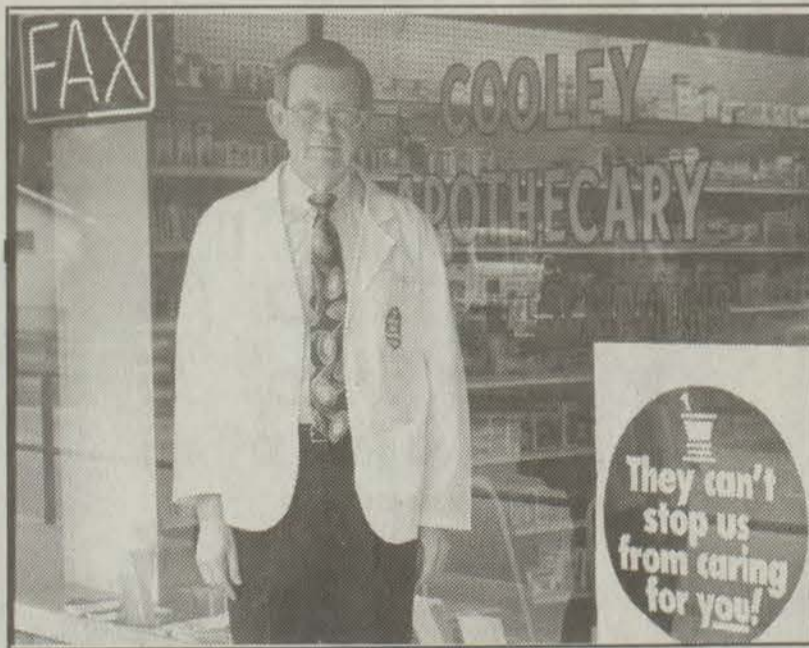
That admirable sentiment is echoed in a book which teaches women to look their very best during what can be their finest years.

Look Like A Winner After 50 (Golden Aspen Pub./Nat'l Writers Press, \$15.95) "is dedicated to women who have spent most of

their lives nurturing others—and now recognize the need to nurture themselves," said Jo Peddicord.

Look Like A Winner shows women how to increase self-confidence and self-esteem by revitalizing fading face and hair and by selecting colorful, comfortable fashions. A great gift idea, the book is the perfect pick-me-up for any woman not totally convinced that beauty is truly ageless. Step-by-step details with photos and illustrations inspire the reader to make it happen.

at Cooley Apothecary, Inc.
Senior Citizens
 are very
important
to US!



HAROLD COOLEY, Pharmacist

You're not just a label on a bottle to us.

We take the time to discuss your prescriptions with you before you leave because we are sensitive to the needs and concerns of our customers throughout the area.

We offer 10% discount on most prescriptions to those 65 and older.

Delivering a Brighter Day

Cooley Apothecary, Inc.

DRUGS - PRESCRIPTIONS
 MEDICAL EQUIPMENT

886-8106

Mon.-Fri.
 9 a.m.-5:30 p.m.
 Sat. 9 a.m.-3 p.m.



After Hours Phone
886-1935

#2 Town Center Bldg., Prestonsburg

If Uncle Sam is your only plan for retirement, you should plan on opening an IRA at First Commonwealth Bank.



Social Security and even your pension benefits may not be enough to allow you to live as comfortably as you'd like after you retire. That's why an IRA from First Commonwealth makes sense. A First Commonwealth IRA allows you to put aside money each year for your retirement. And best of all, this money you put aside may be tax deductible and interest earned is tax deferred until withdrawn. (Contact your tax advisor for your particular situation). For more details about opening an IRA, call or stop by any First Commonwealth office. 886-2321, 285-3266, 478-9596.

Substantial interest and tax penalty for early withdrawal.

First Commonwealth Bank

Member FDIC

Prestonsburg • Martin • Betsy Layne



Carpet donated to senior citizens

Collins Floor Covering of Prestonsburg, recently donated 200 yards of carpet to the Prestonsburg Senior Citizens Center. Pictured are Sherry Collins, owner, and Patsy Evans, director of the senior citizens center.

Medicare tactics

Remember the bogus horror stories that were bandied about earlier this year about how House Speaker Newt Gingrich and his Republican colleagues were looking to cut the school lunch program and thus deprive millions of poor youngsters of their daily bread?

Turns out GOP lawmakers had actually proposed an increase in school lunch funding during the next seven years, albeit less than what the Democrats wanted. But the Republicans-as-Scrooge myth made for a much better story and they took a pounding in public opinion polls until the truth became generally known.

Well, similar scare tactics are driving the Medicare debate, as some Democrats are demagoguing the GOP's proposal to save \$270 billion during the next seven years by slowing the program's projected growth from 10 percent to 7 percent each year.

Never mind that the GOP's market-based approach could save even more, while delivering quality health care to seniors. Democrat alarmists warn of Draconian cuts that will compel many Health Maintenance Organizations to dump their Medicare patients. The most common canard is that frazzled, middle-age married couples will have little choice but to send Grandma packing to the nearest nursing home.

In terms of credibility, the Medicare bogymen is right up there with the starving of schoolchildren. So suggests Matthew Miller in the December 11 edition of The New Republic, which should be required reading for retirees as well as those who are still working for a living.

Miller's fascinating article points out that the federal govern-

ment is paying far more for medical services than private insurers in many American cities. For instance, he found that a common catheter procedure to measure urine flow cost private plans 43 percent to 62 percent less than Medicare in San Diego, Phoenix, Cleveland and Research Triangle, North Carolina.

In fact, he found that discounted prices paid by HMOs and other forms of managed care are causing a downward trend in health care costs. California's large private carriers, for instance, have gained an unprecedented 14 percent price rollback during the last two years. That helps explain why many of these carriers are projecting overall premiums to drop 20 percent by century's end.

Having chided Democrats for their disingenuousness on the Medicare debate, Miller scores Republicans for engaging in their own brand of social engineering by shepherding patients into Medicare-sanctioned HMOs.

He believes that GOP lawmakers should have faith in their free-market principles and enable seniors to choose their own private carriers without the aid of a federal chaperone.

This could, he reasons, bring about even greater savings in a program that currently accounts for 12 percent of the federal budget.

Miller concludes that the purported Medicare-payment gap being portrayed by President Clinton and Democratic political strategists is akin to John Kennedy exploiting the fictitious "missile gap" during his 1960 presidential campaign.

Gingrich and GOP lawmakers should stand firm on this issue because the facts are on their side.

Tips for a healthier 1996

As millions of Americans ring in the new year, they will make resolutions about what they want to accomplish in their work and personal lives. According to William L. Roper, M.D., chief medical officer of The Prudential HealthCare System and former director of the U.S. Centers for Disease Control and Prevention, the most promising resolutions are aimed at improving one's health through changes in lifestyle or habits.

"Making New Year's resolutions to take on a healthier lifestyle needn't be seen as unpleasant," said Dr. Roper. "Within a short time, feeling healthier with more energy convinces people that a new approach to behaviors like diet and activity is worthwhile and improves one's quality of life." He offers the following tips to ensure a healthier and happier 1996:

• **Don't smoke.** According to the American Cancer Society, 46 million Americans smoke today, despite the fact that it increases the risk for a number of deadly diseases. If you want to quit smoking, smoking cessation programs can provide the support and reinforcement needed during the difficult withdrawal period. Check with your employer or health plan to find out if these programs are offered.

• **Watch your diet.** Routine physical inactivity and overeating can lead to obesity and high blood cholesterol—major risk factors for heart disease. To help reduce risk, limit intake of foods containing saturated fat, such as meat and dairy products. On average fat intake should represent no more than 30 percent of your total daily calories. And daily cholesterol intake should be limited to 250 to 300 milligrams. Regular exercise—ideally at least three times a week—can also help strengthen and condition the heart.

• **Schedule routine screenings.** If you are a woman aged 50 and above, the National Cancer Institute recommends that you get a routine mammography screening every one to two years. However, if you are under 50 and have a family history of breast cancer, check with your health care provider to see if you fall under the increased risk category for a routine, periodic mammography. Initial blood pressure and cholesterol screenings are also highly recommended.

• **Manage your stress.** Stress can have a negative impact on your health. Stress-related disorders, such as alcoholism, heart disease, ulcers, hypertension and emotional distress, have become common among Americans. However, stress management programs, offered by many employers, teach a variety of strategies and behaviors to help achieve and maintain happier, healthier and more productive lives.

Just what the doctor ordered

...and more!

When you fill a prescription with us, we'll take time to make sure you

understand the best way to take your medication, any contradictions or side effects you might have. And we keep accurate, computerized records for all our customers that can be used when preparing your tax return.



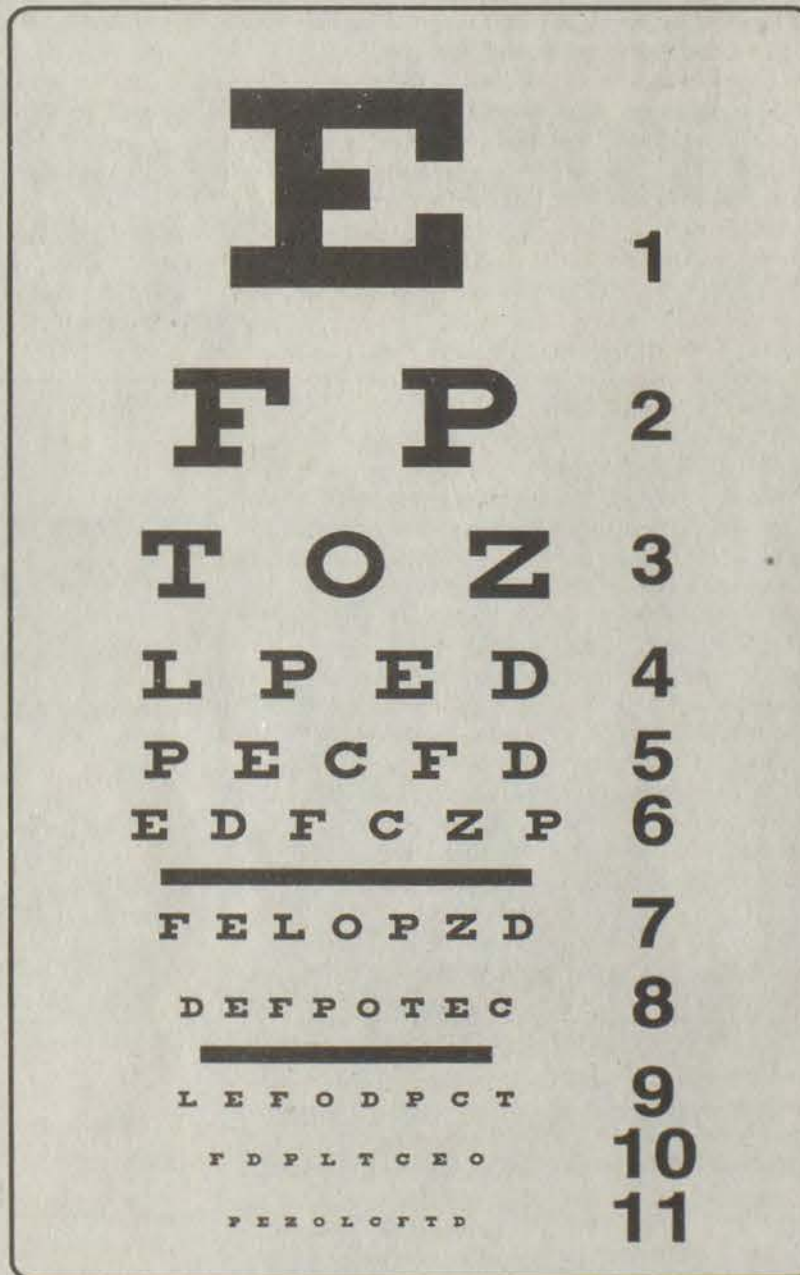
McDowell

Professional Pharmacy

Hwy. 122, McDowell, Kentucky

377-1088

The eyes have it!



Eye Exams/Glasses/Contacts while you wait

Visa • MasterCard accepted

The Eye Site

N. Mayo Trail, Pikeville, Kentucky
(Next to State Police Post)

437-7702 • 1-800-798-7483

Life-saving program for local hospitals

(NAPS)—A new medical program is helping community hospitals deal with the number one killer in the world—heart attacks.

There are about 1.25 million heart attacks annually in the U.S. and at least seventy percent of all heart attack victims go to local community hospitals for help.

However, community hospitals often lack the technology that can improve heart attack victims' chance of survival.

Many patients must wait until they can be transferred to a major medical center, risking further damage to their hearts, and even death.

According to recent medical sources, a device known as the Intra-Aortic Balloon Pump (IABP), can improve the outcome for some heart attack victims by reducing the work load of the heart and, at the same time, increasing the blood flow to that damaged heart.

When the heart lacks sufficient oxygen, due to blocked coronary arteries or other problems, it must work harder to provide vital blood circulation.

IABP therapy assists the heart during both its rest and work phases.

In the rest phase, the balloon inflates, increasing the supply of oxygen-rich blood to the coronary arteries.

In the work phase, the balloon deflates, decreasing the work load of the heart.

Despite excellent results in hospitals with cardiovascular centers,

many community hospitals have traditionally been unable to use the intra-aortic balloon pump because they lack back-up technology or do not have physicians and nurses with training or experience in the use of balloon pumps.

In answer to this problem, Datascope Corporation, the market leader in balloon pumping, is developing Cardiac Survival Networks (CSN), which facilitate training, communication, and use of IABP therapy and build working relationships between community hospitals and full-service cardiac receiving centers to save more lives.

The program offers training and technical support to the community hospitals from the major medical centers to which they refer.

Unique telecommunication capabilities built into the Datascope pump allows cardiac specialists

through their on-line computers at the receiving hospital, sometimes many miles away, to view data from the intra-aortic balloon pump in a patient at a community hospital.

If patients receive timely IABP support at community hospitals, they are more likely to arrive at major medical centers in more stable condition.

Dr. Robert J. Freedman, an interventional cardiologist and Clinic Assistant Professor of Medicine at Tulane Medical Center in New Orleans, states: "We expect the time to treatment for acute myocardial infarctions with cardiogenic shock patients to be improved with the widespread implementation of CSNs." Dr. Freedman is the co-originator of the CSN concept.

For more information, call Datascope at 1-800-777-4222.

Medicare premiums reduced for New Year!

Big Sandy area residents will not have to pay as much for Medicare in 1996 as they did in 1995, according to Jim Kelly, District Director for the Social Security Administration.

The amount held out of the Social Security checks for the Medicare premium will be reduced from \$46.10 to \$42.50 beginning with the January 3rd check, Kelly said.

People drawing Social Security are automatically enrolled in Medicare at age 65 and mailed their Medicare card.

People drawing Social Security Disability are automatically enrolled in Medicare after they have been entitled to checks for 24 months, Kelly said.

Anyone having questions regarding Medicare can call 1-800-772-1213.

Whether the lure is vast glacial ice fields or stream-belching volcanic moonscapes, the United States' junior states both offer a wealth of scenic vistas and an easy way to sample them—cruising.

Touring the ports of Alaska or the islands of Hawaii from a ship means unpacking just once, then simply setting in for the show.

AN ALASKAN ADVENTURE

More than 20 ships, from luxury liners to small expedition vessels, ply Alaskan waters from May to September.

Most sail along the Inside Passage, a meandering thousand-mile waterway between Vancouver, B.C., and Skagway.

The SS Universe, floating campus of the University of Pittsburgh for eight months of the year, carries 550 passengers on two-week summer sailings from Vancouver. It makes eight ports of call—more stops than any other Alaskan cruise.

Those with Elderhostel tastes feel right at home. The Universe boasts an extensive library on Alaska, along with a cadre of experts who lecture on the anthropology, history, biology and geology of the 49th state.

Classical music, light opera, pop vocalists and fitness workshops round out shipboard activities. But the star attractions are

Highways & Byways

Alaska and Hawaii: Sightseeing by sea

some 40 optional shore excursions.

In Juneau the "pilot's choice" helicopter safari lifts you smoothly through a mountain pass to the immense Juneau ice fields. The pilot may choose to land on Taku Glacier, where you can walk on a river of icy crevasses thousands of years old.

Skagway, at the northern extreme of the Inside Passage, offers the opportunity to visit a salmon hatchery or retrace the route of Yukon gold prospectors via van, bus or rail.

Downtown buildings have been restored to their turn-of-the-century appearance as part of Klondike Gold Rush National Historical Park.

One popular Skagway option—the Eagle Preserve Float Trip with Flight Seeing—takes you via a circuitous route over Glacier Bay

and the Takihinsha Mountains to Haines.

Several dozen eagles typically are on hand for your raft float through the Chilkat Eagle Preserve and past Klukwan Indian Village.

On arrival at Glacier Bay, rangers board the ship to provide commentary on whale antics and majestic glaciers. While your ship idles a few hundred yards from massive glaciers, booming thunderclaps echo across the bay each time a huge ice chunk splits off and crashes into the chilly waters below.

Sitka, called New Archangel while it was the capital of Russian Alaska, boasts museums, bookstores and galleries.

Its National Historic Park has an intriguing rain forest walk where you'll find colorful Tlingit and Haida totem poles standing like sentinels among the trees.

A jet boat takes a 50-mile tour from Sitka Harbor to Salisbury Sound for a close-up look at playful sea otters and other wildlife.

Ketchikan, described by residents as "five miles long, four blocks wide and two blocks up Deer Mountain," is the wettest town in Alaska—precipitation averages 160 inches a year. Cruise visitors enjoy nearby Indian villages and the boutiques of Ketchikan's colorful Creek Street, a boardwalk on pilings that was a busy red light district until 1953.

The SS Universe Alaska cruises cost \$2,495-\$4,195 per person double occupancy, with single cabins at \$2,895 and \$3,695. To

request a cruise brochure, phone 1-800-854-3835.—H. Deon Holt

HAWAIIAN HOSPITALITY

The Independence and the Constitution, both recently refurbished historic ocean liners, sail every week out of Honolulu on seven-night voyages to Hawaii's most famous destinations. You'll have plenty of time for sight-seeing when the ships tie up at ports—plus a wide choice of guided shore excursions at each stop.

Maui has so much to offer that your ship docks for two days at the port of Kahului.

Be sure to reserve one day for a tour around the almost undeveloped eastern shore—a wonderland of rugged cliffs, rampant vegetation and spectacular beaches.

Delight in freshwater ponds to splash in and a little town called Hana that time forgot.

The most enjoyable way to visit is by rental car, but you must feel at ease driving a narrow, winding road.

Check on the weather, and make sure the rental agency allows you to take the vehicle on this excursion—not all of them do. In any case, you can join a guide van tour.

On your other day on Maui, take a morning ride up Haleakala, the volcano that dominates the island. In the afternoon, browse the historic sights of old Lahaina, a great spot for shopping and people-watching.

It's from Hilo on the Big Island's tropical rain-forest side that a highway climbs Mauna Loa, the lofty domain of the fire goddess at Hawaii Volcanoes National

Park.

A road circles Mauna Loa's two-mile-wide crater, a mysterious moonscape of steam-belching fissures. Be sure to take sweaters on this trip into the volcano's chilly cloud cap. Right outside Hilo, you'll find the Hani Mau Gardens.

On the sunny resort coast of the Big Island, the ship ties up at Kona. Here you can relax on palm-fringed beaches, go deep-sea fishing or enjoy snorkeling in the crystal waters of the Kealahou Bay Marine Sanctuary.

The unforgettable visit on Kauai is to Waimea Canyon, a gorge almost the size of Arizona's Grand Canyon and equally rich in color.

You also can ride a riverboat to the island's famous Fern Grotto and witness tidal waterspouts erupting from gashes in lava slabs washed by the Pacific.

Be sure to spend at least one extra day on Oahu before or after your cruise. The USS Arizona Memorial at Pearl Harbor is a must-see.

The viewing gallery above the sunken battleship is accessible only by Navy launch, a pilgrimage so popular you may have to wait in line for hours and sometimes won't get on at all. Your best chance is to join a Roberts motor-coach tour that gets reserved places on the launch.

Another attraction you don't want to miss is the Polynesian Cultural Center, a 42-acre outdoor museum of South Pacific civilizations.

Cruises cost \$995-\$3,000 per person, plus airfare. For a cruise brochure, call American Hawaii Cruises at 1-800-474-9934.—George S. Bush. (This article first appeared in *Mature Outlook Magazine*, which is a benefit of the *Mature Outlook* organization.)



Bear necessities

by Joe Bower

You might not have "Meet a bear" on the list of things to do on your next vacation, but such encounters occur in nearly every state outside the Great Plains, says Tom Puchlerz of the U.S. Forest Service. It's important you learn the bare essentials about such bear encounters.

To obtain a copy of the free brochure, "Living With Wildlife in Bear Country," send a self-addressed, stamped business-size envelope to: Colorado Division of Wildlife, Department of Nature Resources, 6060 Broadway, Denver, CO 80216-1000.

BEAR ADVICE

Tom Puchlerz of the U.S. Forest Service and Kathi Green of the Colorado Division of Wildlife suggest taking the following actions:

—If you spot a bear before it spots you, retreat while talking to alert it to your presence. Speak slowly and quietly to communicate you mean no harm.

—Walk away slowly—never turn your back on a bear. Don't approach a bear or run away. Sudden movements can provoke a bear.

—If you're hiking on a trail, step off on the downhill side.

—Avoid direct eye contact, which can be seen as threat.

—If attacked, fight back. This tactic has been successful in driving away bears.

(This article first appeared in *Mature Outlook Magazine*, which is a benefit of the *Mature Outlook* organization. For information on joining, call 1-800-336-6330.)

Kentucky's scenic byways program begins

Kentucky, one of the most scenic states in the nation, just added to its officially designated Scenic Byway Program a 14th Scenic Byway—U.S.-62, the Midway-Versailles Road. This byway, six miles in length, begins at Parrish Avenue in Midway, a town named for its location midway between Lexington and Frankfort and Versailles and Georgetown, and extends to the junction of U.S.-60 in Versailles. Views include a variety of large open pastures, woodlands and ponds. The route runs by beautifully landscaped farms including Fawn Leap, Shadowlawn, Adena Springs, Stonewall and Lane's End and by several historic sites including the Offutt-Cole Tavern. A mixture of old stone fences and wood plank fences blends the historic qualities of the roadway with the current working farms of the area.

Developed by employees within the Cabinet's Division of Transportation Planning, the Scenic Byway Program provides a unique opportunity to preserve some of Kentucky's most scenic and historic

roadways. Applications are reviewed by the Division, the appropriate Highway District Office and the Scenic Highways and Byways Screening Committee, made up of representatives from the Kentucky Heritage Council and the Transportation and Tourism Cabinets. Consideration is given to routes which have aesthetic, cultural, historical, or archaeological value worthy of preservation, restoration, protection and enhancement.

Based on strong local and/or regional support and commitment, the program encourages local citizen's groups to submit routes for possible designation as a Scenic Highway or Byway.

Transportation Secretary Don C. Kelly said the cooperation and enthusiasm exhibited by the sponsoring groups has been outstanding.

"This is exactly the kind of public participation we were hoping for," he said. "These partnerships are serving to protect the unique characteristics and resources of Kentucky while promoting tourism

and maximizing the potential of little travelled or bypassed roads. I'm extremely proud of our employees' work in the development of this program."

Applicant groups oversee the monitoring and protection of the scenic qualities of adjacent land areas along the route. The Cabinet provides signage and promotion of the system's integrity, technical support, funding, and above all, security of the roadway's safety and

service to the traveling public.

The program began with the announcement of the first ten official scenic byways in October, 1994 including Cordell Hull Highway, Old Kentucky Turnpike, River Road, Riverboat Row, Big Bone Lick, Old Frankfort Pike, Pisgah Pike, Boone Creek, Shakertown and Duncan Hines Highway. Three additional routes were recommended and approved in May, 1995 and included US-68, the Great River and Pine Mountain Road.

New guide to Big South Fork describes trails for hikers, bikers, and horse riders

Mountain Laurel Place recently published a new edition of its popular guide to the Big South Fork National River and Recreation Area in Tennessee and Kentucky. The complete Trails of the Big South Fork, A Guide for Hikers, Bikers, and Horse Riders covers all trails in the recreation area, adding trails for horseback riders and mountain bikers to new and more-complete descriptions of the hiking trails covered by previous editions.

Authored by Russ Manning and Sondra Jamieson, long-time hikers in the Big South Fork area, the pocket-sized guide gives directions to 89 trails and contains sections on park history, plants and animals, geology, and human history. It also contains numerous maps and black and white photos.

A prime southeastern whitewater river, the Big South Fork carves a deep gorge as it sweeps north across the Cumberland Plateau from Tennessee into Kentucky before joining the Cumberland River. The river flows through remote backcountry west of I-75 between Oneida and Jamestown in east Tennessee and Stearns/Whitley City and Monticello in eastern Kentucky.

The Big South Fork NRRRA has quickly developed a national reputation as one of the best outdoor recreation areas in the Southeast, with visitation approaching one million visitors a year. The recreation area is remarkable for its

secluded trails and backcountry camping. The 300 miles of trails meander by high rock walls, numerous rock shelters, and natural sandstone arches in a land once hunted by the Cherokee and Shawnee. Abandoned jeep trails and the old O&W Railroad bed are ideal for mountain bicycling. The park caters to horseback riders, providing stables and numerous horse trails.

Camping is permitted nearly everywhere in the park's backcountry. In addition, Bandy Creek Campground next to the Visitor Center in Tennessee has 150 sites, and Blue Heron Campground near the restored historic Blue Heron Mining Community in the Kentucky section has 45 sites. A new horse camp has opened at Station Camp East in Tennessee, and another is to open soon at the Bear Creek Scenic Area in Kentucky.

Anyone needing a bed can find one in the restored Victorian inns and homes of nearby Historic Rugby, Tenn., the last English colony in the Americas, founded in the 1880s and now on the National Historic Register (423/628-2430). Charit Creek Lodge in the backcountry offers the visitor a bunk and three meals a day (423/429-5704).

Tennessee's adjacent Pickett State Rustic Park has a 40-site campground and several rustic cabins (615/879-5821

Safety Tips From Truck Drivers

(NAPS)—Some of the nation's top truck drivers with more than 100 million accident-free miles among them are offering useful safety tips to help motorists and truckers share the road.

Staying clear of a truck's "blind spots" and keeping a safe distance between your automobile and a truck are just two of several safe driving tips suggested by a select group of truck drivers to make the nation's highways safer.

The safe driving advice comes from a survey of 45 recent inductees of America's Road Team of the American Trucking Association and 15 life members of the National Private Truck Council's Driver Hall of Fame.

The survey taken in conjunction with a Department of Transportation "Sharing The Road" public service program asked truck drivers what advice they had for motorists. These were

the most frequently given suggestions:

- Avoid tailgating.
- Stay out of the blind spots to the sides and the rear of trucks. This is known as the "No-Zone."
- Do not exceed speed limits.
- Use turn signals.
- Maintain speed when passing a truck.
- Do not pull in front of a truck unless it is visible in your rear-view mirror.

"It is important for motorists to realize how dangerous some unintentional driving behavior can be," Federal Highway Administrator Rodney E. Slater said. "This survey clearly identifies areas where all drivers can work together to avoid accidents."

An informative brochure about the No-Zone and sharing the road with trucks safely is available free by calling the No-Zone hotline at 800-644-1744.

Keeping Your Eyes On The Road

(NAPS)—Check the oil. Check the brakes. Check your eyes?

A complete eye exam by an eye-care professional can make a driving vacation safer, says the Better Vision Institute (BVI), since drivers rely on their eyes to make most driving decisions.

"Good vision enables drivers to determine safe passing distance, see curves or sharp turns in the road and judge braking distance," says Harold Davis, an Illinois-based optometrist and a BVI Advisory Council member.

A professional eye exam can detect vision problems that may hamper driving habits, and often these conditions can be easily corrected with glasses, contact lenses

or vision therapy.

Here are some safe driving tips from BVI:

- Clean car windows and remove obstructions for all-around visibility.
- Try to limit driving at night, dawn, dusk and in adverse weather conditions.
- Avoid driving when feeling tired or while taking medications that cause drowsiness.
- Move eyes frequently to avoid visual fatigue.

For more information, write The Better Vision Institute, P.O. Box 77097, Washington, DC 20013 or call 1-800-424-8422 from inside the U.S. or 703-243-1528 outside the U.S.

Health Tips Peace Of Mind For Holiday Travelers

(NAPS)—Imagine waking up in an emergency room in a strange city. What began as a great vacation has become a life-threatening experience. Planning against that possibility makes sense—especially for people with medical conditions.

For example, for Martha Bryan, a traveler from Pacific Palisades, California, Medic Alert was a life-saver. While touring Germany, only her Medic Alert bracelet protected her from being treated for pneumonia with penicillin—a medication to which Bryan is so violently allergic even a small dose could have caused her death. "They were automatically set to give me penicillin," she confirms. "I couldn't speak German, not to mention the fact that I was too sick to speak up. If the doctor hadn't seen my emblem and called Medic Alert, I would have died—not from pneumonia but from anaphylactic shock brought on by my allergy."

The Medic Alert emblem has been recognized around the world for saving lives and speeding medical treatment since 1956.

Smart travelers know that medical conditions need not limit an active lifestyle that includes travel. Planning ahead—such as taking an extra set of eyeglasses or contact lenses—can make a big difference when you travel, no matter how far away your destination.

If you are planning a holiday vacation and someone has a medical condition, send for a free brochure on healthy travel. Call the nonprofit Medic Alert Foundation at 1-800-ID-ALERT.



Mom can live alone, in her own home.

She's just where she wants to be. But she's on her own, and I'm simply not able to call as often as I should.

Last year when she fell and couldn't get immediate help, we both decided that she should join Lifeline. She presses the small button that she wears as a pendant, and she's connected right away to Lifeline. If she needs help, they will send someone that she knows and trusts. Lifeline will stay in contact until they're sure she's been taken care of.

That's a great comfort to me, and it makes Mom feel better, too.

If you have a loved one who needs the assurance of Lifeline, we'll be happy to answer your questions. Call now and see how easy it is to join. In fact, it's easy as pie!



(606) 437-3959

LIFELINE®

Floyd native graduates from MSU after years of parenthood, welfare

by Patti M. Clark
Staff Writer

Patricia Leonard is "getting on with her life."

Leonard, a native of Floyd County, was a high school drop out. She left school three months before her graduation and moved to Cleveland, Ohio.

She started working in a factory where she met her husband. After starting a family, she decided to stay home with her children.

Eighteen years later, she moved back to Floyd County. As a divorced mother of ten children, she ended up on welfare.

But things have changed for the better for Leonard. She earned her GED and on December 16 earned her associate's degree in sociology from Morehead State University.

"Before I went back to school, it was awful," she said. "I was on welfare and it was pretty rough. But I got my GED and here I am."

Leonard decided to get her GED because of new requirements that say aid recipients should have a high school diploma or its equivalent to qualify for help.

She earned hers at MSU's Adult Learning Center. The ALC offers adults

the opportunity to learn to read, improve their basic education skills, prepare for the GED test or prepare for admission to a post secondary institution.

While at the ALC, Leonard was recruited into MSU's Job Training Partnership Act program by Dorothy Walter, the JTPA coordinator.

"I was there looking for people who were interested in coming to MSU for a college education and she was very eager," Walter said.

Leonard enrolled in a two-year degree program at MSU, taking classes in criminology and sociology.

"I was very determined to go back to school so I could be independent," Leonard said. "I couldn't even see myself in college until Dorothy encouraged me."

Through JTPA, Leonard was identified by the Green Thumb program as a potential participant.

Federally funded under Title V, the Older Americans Act, Green Thumb provides part-time employment and training opportunities for people who are 55 years old or older and are economically disadvantaged.

The job experience must be with a non-profit corporation.

Since Leonard was already on campus, Green Thumb placed her with the Office

of Community Development and Continuing Education, where she serves as Walter's administrative assistant, working 20 hours a week.

She has only 90 days left in the program and is looking for a job, hopefully back home in Floyd County. She was coming to town for the Christmas holiday and had several interviews lined up.

"I'd love to work in Floyd County," she said. "After the New Year, I'll be back to look some more."

She said she wants to work with abused children. She has applications in at the Baptist Children's Home. "I got that idea after living in the projects at Martin," she said. "It was bad because it bothered my kids, they were made fun of. That's one of the reasons I went back to school, to make a better life for my kids."

Leonard's kids range in age from 18 to 37. Three of them went to college.

She said she wants to thank Walter for her support. "She recruited me and stood behind even when the going got tough," she said. "I want to thank her."

She didn't go to her graduation December 16. She said all she wanted was that piece of paper. "I didn't need a cap and gown to know I'd made it," she said. "It feels good to be off welfare and getting on with my life."



Graduates from MSU

Patricia Leonard, left, dropped out of school and now not only has her GED diploma, but graduated from Morehead State University December 16. While a student, she worked under the Green Thumb program in the Office of Community Development and Continuing Education as an administrative assistant to Dorothy Walter, right, who is coordinator of the Job Training Partnership Act program.

Smoke and Stroke: A deadly combination

Need a good reason to quit smoking? Try this one: Smoking speeds up the thickening of the walls of your arteries, thus increasing your chance for a stroke.

A stroke, or brain attack, is caused when an artery leading to the brain becomes blocked, thus stopping the flow of oxygen-rich blood.

Stroke is the third leading cause of death in the United States and the No. 1 cause of disability.

The American Heart Association points out that strokes killed 143,640 people in 1992 and accounted for about one of every 15 U.S. deaths. Many who do survive a brain attack find that the quality of their lives is lessened significantly by the aftereffects.

One of the easiest ways to eliminate a major risk factor for stroke is to not smoke.

Especially if you are older, smoking increases the chances of having a stroke and heart disease. As people age, their artery walls gradually thicken.

Cigarette smoking accelerates this process. In fact, studies show that smoking can add ten years of age to your arteries and increase the chances that they will become clogged.

The clogging process occurs as cigarette smoke causes the platelets in the blood to become sticky and cluster.

This situation, in turn, can lead to atherosclerosis, which means the artery walls have become thickened due to deposits of fat, cholesterol and other substances. That

reduces the flow of blood in the narrowed arteries.

Need further convincing? The nicotine in tobacco smoke can increase your blood pressure temporarily, while carbon monoxide reduces the amount of oxygen the blood supplies to the body.

Obviously, just as smoking is tied to brain attacks, it is also linked to heart disease, the nation's number one killer. Even worse, smoking-related illnesses accounted for the deaths of about 417,000 Americans in 1990.

To learn more about the dangers of tobacco or obtain information about brain attacks, contact your nearest American Heart Association, or call 1-800-AHA-USA1 (1-800-242-8721).

At Pikeville National Bank look what being 55+ does for you....

FREE \$10,000 Accidental Death Insurance Policy Upon
Completion of Forms

(\$5,000 if over age 70; additional coverage at nominal rates)

No Monthly Maintenance Fee on Regular Checking Account

Membership I.D. Card With Your Picture

Cashier's Checks, Money Orders

(without issue fee, limit five per month)

FREE \$10 Savings Account For Each Newborn Grandchild

Travel Discounts

Discounts From Participating Merchants and Restaurants

Seminars Conducted By Professionals In the Following:

Social Security
Trusts
Medicare

Wills/Estate Planning
Investments
Organization



Stop by Pikeville National Bank
today! Make the best years of
your life even better!

Join the

PNB 55+ CLUB™

**Pikeville
National®**
Bank and Trust Company