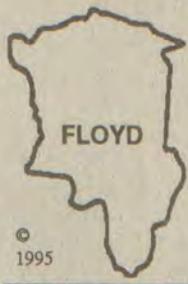


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The Floyd County Times

Prestonsburg, Kentucky 41653

Speaking of and for Floyd County

USPS-2027-0000
Volume LXVIII, No. 65 75¢

Feds resume grand jury investigation

by Susan Allen
Staff Writer

A special grand jury investigating alleged government corruption in Floyd County is expected to complete its probe by the end of August, while a federal grand jury will meet today (Wednesday) in Ashland to continue hearing evidence related to the personal finances of County Attorney Jim Hammond.

On Monday, Larry Fentress, with the special prosecution branch of the state attorney general's

office, said that the inquiry into allegations of vote fraud, government corruption, criminal activity in the solid waste department, monies reportedly missing from the

Fentress said Monday. "Investigators are in Prestonsburg today (Monday) doing work. We are trying to complete our work within the time period originally allotted. It's

a Floyd County Grand Jury requested an investigation by the attorney general's office into those areas of county government.

Over 25 witnesses have testified

week if we can either finish completely or ask for an extension or refer matters to another grand jury. It depends on how many investigators are available."

"We haven't run into anything different than we anticipated," Fentress said.

The special grand jury is expected to issue a report on its findings at the end of the month if that is when its term ends, Fentress said.

Meanwhile, a federal grand jury will reconvene today in Ashland to review additional evidence in a probe of County Attorney Hammond's personal finances.

In May, federal agents delivered about 30 subpoenas in Floyd County.

(See Grand Jury, page nine)

State probe into allegations of public corruption in Floyd County is expected to be wrapped up by the end of August

sheriff's department and the lack of an E-911 service should be finished by August 31.

"We're still plugging away,"

always hard to project how an investigation will go or how fast."

A special grand jury was impaneled May 30 for a 90-day term after

before the special grand jury, Fentress said, but the probe is not over.

"We still have a lot of work to do," Fentress said. "I'll know next

Grand jurors have not heard any information from witnesses pertaining to any other allegations of criminal activity, Fentress said.

Betsy Layne gets head start on others

Despite the hundred degree weather, summer is ending Friday for children throughout the county and thoughts of reading, writing and arithmetic will begin.

Although school is starting Friday, August 18 for most students in the county, students attending Betsy Layne schools have already started.

Betsy Layne elementary and high school students started classes Tuesday.

This year Betsy Layne will be participating in a pilot program that gives the students three breaks throughout the school year.

A fall, Christmas and spring break, each about a week long, will separate the four quarters of the school year.

Tutoring services will be offered during the breaks.

Betsy Layne students will end the school year May 20, if no days are missed because of snow.

All other schools in the county will have the regular Christmas and spring breaks.

This year there are approximately 8,000 students enrolled in the Floyd County School System.

Health department sets time aside for back-to-school shots

The Floyd County Health Department has extended its hours in an effort to immunize children entering school for the first time.

The health department will be open Saturday, August 19, from 8 a.m. until 1 p.m. for immunizations and T.B. skin tests.

On Monday, August 21, the Wheelwright branch office of the health department will be giving immunizations and T.B. skin tests from 8 a.m. until noon.

Services will be available at both sites on a walk-in basis.



School Daze

Betsy Layne High School students stood in line to get on the bus after they finished their first day of classes Tuesday. Most other students in the county will begin classes on Friday. (photo by Alisa Goodwill)

Public hearings on new tax districts eyed by 911 panel

by Alisa Goodwill
Staff Writer

Possible sites for public hearings about four new fire tax districts were discussed during Friday's 911 board meeting.

"The 911 board will take the initiative to hold a public hearing within each area affected by the new taxing districts," Floyd County Judge-Executive Bob Meyer said.

The new districts include areas near Auxier, Prestonsburg, Martin and Cow Creek that currently do not have fire protection.

Possible sites for the public hearings include Endicott Freewill Baptist Church for residents near

Buffalo; The Little Paint Church of God or Auxier Elementary gym for residents near Little Paint; Martin Elementary School for residents near Martin; and the courthouse for residents living on Abbott Creek, Spurlock and other areas near Prestonsburg.

The 911 board also approved three different maps that showed the boundaries of fire protection, police protection and ambulance coverage.

Jim Caldwell, 911 advisory board representative, said at this point all ambulance services, fire departments and law enforcement agencies are in agreement on boundaries.

The police protection map included city, state and the sheriff's department. In areas outside municipalities, the Kentucky State Police (KSP) and the sheriff's department will be contacted, Caldwell said.

"In areas other than Prestonsburg, we need to be contacted first because they (other cities) don't work murders or accidents," Post 9-KSP Captain Robert Forsythe said.

Wayland Mayor Gene Mullins agreed with Forsythe.

Floyd County Deputy Judge-Executive Chris Waugh said he would check with the other mayors

(See 911, page nine)

No deaths yet, but heat wave taking its toll

by Susan Allen
Staff Writer

Soaring summer temperatures are sweeping across the eastern half of the nation and the heat is taking its toll on residents in Floyd County.

Local hospitals are reporting that a number of people have been admitted or treated for heat exhaustion or heat-related problems, but so far no heat-related deaths have been reported in the county.

Kathy Rubado, public relations director for Highlands Regional Medical Center, said Tuesday that "several people" have been treated or admitted at the hospital for heat exhaustion or heat-related illnesses.

"No deaths (caused by the heat) have been reported," Rubado said. "We've had several instances of people being treated (due to the heat). It's taking its toll on everyone."

At McDowell Appalachian Regional Hospital, there has been one person admitted and treated for heat exhaustion, but there is a rise in heat-related illnesses.

Donna Johnson, who works in McDowell's administrative department, said Tuesday that the heat appears to be having the biggest effect on persons with respiratory problems.

"We have had several people admitted and treated for respiratory problems that are heat-related," Johnson said. "The heat seems to be affecting black lung and asthma patients the most. Their conditions become aggravated by the heat."

Officials with Our Lady of the Way Hospital in Martin did not respond to a request for information.

According to Floyd County Coroner Roger Nelson's office, there have been no deaths in the

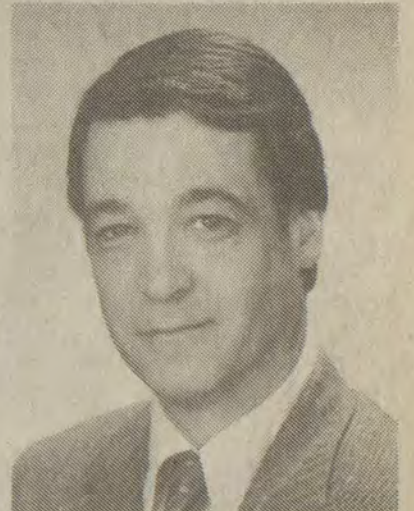
county attributed to the heat.

Temperatures have soared to the high 90s and into the 100 degree range, but extremely high humidity levels have pushed the heat index to the 115 degree mark.

The National Weather Service issued a heat advisory for the area on Monday and that is expected to remain in effect for most of the week.

The high temperatures pose a greater health risk to the elderly and those with respiratory or heart

(See Heat wave, page nine)



Will T. Scott

Scott hopes conservative wind carries him to victory

by Scott Perry
Times Editor

He's jumped out of airplanes and paddled a boat down the Big Sandy River to attract attention to his causes, but this time around, Will T. Scott is relying on the winds to carry him to victory.

Scott, a former circuit judge in Pike County and a twice-defeated candidate for the U.S. House of Representatives, is running this year as the Republican nominee for Kentucky Attorney General.

And, while he hasn't totally abandoned his method of campaign gimmickry...he's traveling the state by stock car to promote his proposal to require that seat belts be installed on school buses...Scott is more inclined in this campaign to put his fate in the hands of his party.

"The winds of change are out there and the people have said they want a conservative voice in their system of justice," Scott said in a recent interview. "Kentuckians are tired of liberalism in their criminal justice system. They want violent criminals in jail."

(See Scott, page nine)

Cooperation is key to survival downtown

by Janice Shepherd
Managing Editor

Main Street merchants in Prestonsburg must work together to survive, Fred James, Main Street manager, implied during a meeting of downtown business owners Thursday.

The downtown area has lost six businesses since December and merchants say it's a toss up to see which business will be the next to close its doors.

When asked what businesses could do to bring shoppers into the downtown area, James said it will take "a lot of hustling and a lot of folks working together."

"You've got to organize," James said. "The merchants must work together."

He advised merchants to become part of the planning process and become actively involved in festival committees, including

the Jenny Wiley Festival.

"Merchants have to get together and decide what they want to do during this festival. The merchants need to have a strong voice (in the planning)," he added.

He also suggested that store owners begin preparations now for the bicentennial celebration of Floyd County in the year 2000 and recommended that the stores' decor reflect an era of bygone days.

To attract tourists into the town, merchants should have something to sell that tourists want, James said, adding that the merchandise could be postcards, T-shirts, or coal paraphernalia.

James said merchants must begin a campaign of special events, such as the

Back to School music celebration by WXXZ Saturday night, August 19, in the River Park.

James and Prestonsburg City Councilman Dick Clark also discussed improvement projects planned for the downtown area. After installation is completed of the new traffic lights on Lake Drive and Court Street, work will begin on improving the sidewalks, Clark said.

Another change for downtown merchants will be parking on Court Street. Parking will change from parallel to diagonal and will be permitted on one side of the street only. Although this will cause the downtown businesses to lose about four or

(See Downtown, page nine)



Allen commission loses another member

by Susan Allen
Staff Writer

Allen City Commissioners lost their latest member Monday evening when it was announced that Virgie Woods has resigned her seat.

Woods is moving to South Carolina, Mayor Sharon Woods announced, which leaves two vacancies on the commission.

Last month, Chris Waugh resigned as mayor and commissioner Sharon Woods was appointed mayor by the board, which left her seat vacant. Also in July, commissioner Anne

Bentley resigned.

At a special meeting on July 17, commissioners named Larry Castle to fill one of the vacancies on the commission.

Sharon Woods has filed to run for mayor in the November general election, but there were no candidates for commissioner registered by the August 8 filing deadline.

County Clerk Carla Boyd said that those seats would be on November's ballot as write-ins.

Commissioners did not act on Virgie Woods' resignation Monday.

In other business, commissioners halted research into a zoning ordi-

nance related to the sale of alcohol in the city because a petition has been filed for a wet/dry election for the Mouth of Beaver.

As of Tuesday afternoon, no petition for a special election had been filed in the county clerk's office.

Also Monday, Castle inquired on the progress of getting residents signed up for the city's new sewer system.

City clerk Bill Parsons reported that there has been no progress to report on the number of signers and that if enough residents of New Allen don't hook onto the system, service will be restricted to the City of Allen.

The lack of customers outside the city would drive up the monthly cost for service inside the city.

"If we don't have enough customers, we'll have to bring it back in the city and not New Allen," Parsons said. "That would leave us with \$60 a month sewer bills."

Until a deadline is set, sewer customers would pay a \$500 tap-on fee, but after the deadline that cost will rise to \$1,500, Parsons said. It will be mandatory for city residents to be hooked to the new sewer system, he added.

Mayor Woods suggested that another public hearing be set, tentatively in October, to explain the city's sewer project to residents. Commissioners agreed to hold an information meeting.

Parsons said that he would contact environmental officials about getting an extension of time on the start of construction of the project, which was supposed to have begun in July.

In other action:

- Commissioners voted to hold a city Christmas party in December for children of that town and to give out candy, fruit and a toy. Mayor Woods brought up the issue, saying the commission should "try to do something for the children of the city."
- Commissioners voted to up the

Horn and Williams to wed



Mr. and Mrs. George "Archie" Horn of Martin announce the engagement and forthcoming marriage of their daughter, Bethany Dawn, to Roger Todd, the son of Mr. and Mrs. Roger Lee Williams of Pikeville. Bethany is a 1991 graduate of J.H. Allen Central High School and a 1995 graduate of Morehead State University with a bachelor of arts degree in Political Science. She is also a member of Kappa Delta sorority and will be attending the University of Louisville Graduate School in the fall.

Roger Todd is a 1991 graduate of Pikeville High School and a 1995 graduate of Morehead State University with a bachelor of science degree in Chemistry. He is also a member of the Sigma Phi Epsilon fraternity and he will be attending the University of Louisville in the fall.

The couple will be united in holy matrimony on Saturday, the nineteenth of August, nineteen hundred and ninety-five, at half past six in the evening at the First Assembly of God in Martin. The Reverend Lorie Vannucci will preside over the ceremony. The gracious custom of an open wedding will be observed and there will be a reception immediately following at the Floyd County Fish and Game Club.

Projects planned for new lot

by Alisa Goodwill
Staff Writer

The new municipal parking lot, located on North Arnold and South Lake Drive, was discussed at Prestonsburg City Council Monday.

Councilman Hansel Cooley, building and equipment committee chairman, said the committee met Monday morning to study proposals for the new parking lot.

"We (the committee) want to do the parking lot in a way that will be beautiful, but also functional for many years to come," Cooley said.

The lot, the site of Whitten's Taxi and the old States Motel, was recently purchased from the Spurlock family after council sold the existing municipal parking lot to the Floyd County Fiscal Court.

Suggestions for the new parking lot include a pavilion, a number of handicap spaces, lighting and landscaping.

Other city improvements include projects at Goble Roberts, Archer Park and West Prestonsburg.

Mayor Jerry Fannin said the main concern by Goble Roberts residents is drainage.

"Ninety-nine percent of what

needs to get done, is drainage," Fannin said.

Part of the Goble Roberts project is installing storm drains. Fannin said the project was coming along fine.

The soil conservation project at Archer Park is almost complete and workers have started on the West Prestonsburg project, Fannin said.

In other business:

- Councilman Robert Allen, administration and personnel committee chairman, recommended a number of changes within the public works department.

The recommendations are to hire Ronnie Rice as maintenance specialist; adjust pay for Ralph Fields, who is moving from maintenance worker I to maintenance worker II; and move Bobby Damron from part-time maintenance worker I to full-time maintenance worker I.

Allen also recommended changing Doug Wells' title to dispatch supervisor and to refer the public works department request for an additional equipment operator to the finance and revenue committee.

Council approved all recommendations.

Fannin recognized Gene Luka for his time and effort as chairman of the tourism commission. Luka recently resigned his position because he is moving.

- Council approved a resolution that would establish a fund to promote an educational program about the environment and water. The fund is contingent on the U.S. Corps of Engineers deeding 85 acres to the city for the purpose of developing a recreational area. The program would be funded through rents or royalties, up to \$50,000, from the property deeded to the city.
- The next city council meeting will be held at the Lancer Baptist Church on Monday, August 28 at 6 p.m.

Pikeville men arrested and charged with stealing parts

Two Pikeville men were arrested early Saturday morning while attempting to steal metal pieces from a Prestonsburg business.

Christopher J. Charles, 23, and John T. Mullins, 18, were arrested after being spotted by Prestonsburg sergeant Gerald Clark and auxiliary police officer Dale Morton at 12:40 a.m. Saturday.

Clark said he and Morton drove by Uptown Mining and spotted two people loading metal pieces onto a red Toyota truck.

The two men were allegedly stealing metal parts from conveyor belts for mining operations.

"We drove up to Calhoun's Garage and turned around," Clark said. "When we returned the subjects took off running."

Charles was apprehended by Prestonsburg patrolman Mack Stewart at 12:50 a.m., Clark said.

Mullins was not apprehended until 3:25 a.m. on Route 3 near Center Stage, he added.

"I spotted a man, wet and muddy, walking down the roadway about 3:15 a.m.," Clark said. "I was able to identify him as the suspect and arrested him."

Charles and Mullins were lodged in the Floyd County jail. They were charged with unlawful taking over \$300 and receiving stolen property.

Clark said their vehicle was impounded because identification numbers were missing from the truck and it may be stolen.

PUBLIC NOTICE

There will be a meeting of the Floyd County Local Emergency Planning Committee on Tuesday, August 22, at 7 p.m. at the Corps of Engineers Maintenance Building, Jenny Wiley State Park. All members are urged to attend.

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Mayor

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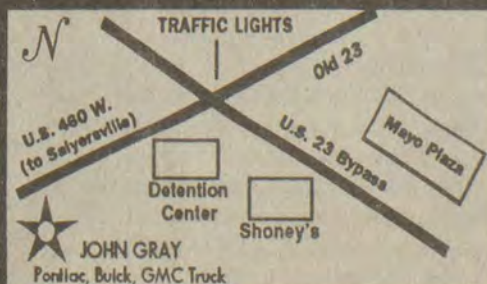
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FOR RENT: Nice apartment near Porter School and Jenny Wiley entrance. A/C, heat pump, w/d hook-ups, porches. Call 789-5973.

FOR RENT: Three bedroom house on Left Fork of Toler Creek. Call 789-9128 or 478-1918.

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Community welcomes UK Medical Center students

The Prestonsburg community will welcome three students from the University of Kentucky Chandler Medical Center this month.

Prestonsburg physician Everett Horn will be joined in his practice by Aaron Crum, a University of Kentucky College of Medicine student.

Dr. Paul Brizendine will be joined in his practice by Heather Reynolds, a College of Allied Health Professions physician assistant student.

Barry Handshoe, a local pharmacist, will be joined by Jack Joseph, a College of Pharmacy student.

Drs. Horn and Brizendine and Mr. Handshoe are community-based faculty members for the UK Chandler Medical Center and regularly donate their professional guidance and knowledge to teach students.

This month, 74 UK Chandler Medical Center students will participate in a statewide program, the Area

Health Education Center program (AHEC).

The AHEC program, a collaborative effort between the University of Kentucky and University of Louisville, is a state and federally funded program of seven regional centers located in Paducah, Madisonville, Bowling Green, Hazard, Morehead, Corbin and Louisville.

These regional centers work with the universities, local communities and health professionals to provide clinical experiences for students throughout the year.

By providing opportunities for students to live in rural and underserved communities, positive educational experiences and personal mentoring with community-based faculty, the universities hope to address the health manpower needs of rural and underserved areas in Kentucky.



Donation

The Left Beaver Rescue Squad and Fire Department was presented with a check for \$1000 from the VFW post No. 3769 Ladies Auxillary. Pictured above is Paulette Mullins issuing the check to Derek Thacker, chief.

New map shows oil and gas wells in Kentucky

A new map showing more than 88,000 oil and gas wells in Kentucky is now available from the Kentucky Geological Survey at the University of Kentucky.

The multicolor map shows generalized oil and gas production trends and represents information currently available at the Kentucky Geological Survey about hydrocarbon resources.

Well-location data on the map includes:

- Wells completed since January 1, 1981;
- Well locations for which permits have been obtained since Jan. 1, 1984;
- Deep wells, and
- Other wells and locations.

Periodic updates of the map will reflect new well completions and the growth of the computer data base.

"Distribution of Oil and Gas Wells in Kentucky" may be purchased from the Publication Sales Office, Kentucky Geological Survey, 228 Mining and Mineral Resources Building, University of Kentucky, Lexington, 40506-0107, or by calling 606-257-3896.

The map costs \$17.25, including tax and shipping, or \$20.25 for a laminated version.

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A WHOLE NEW LOOK

Viewpoint

Wednesday, August 16, 1995



A 4

The Floyd County Times

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ALLAN S. PERRY III—Publisher-Editor

Liberty of thought is the life of the soul—Voltaire

Another year of change

by Scott Perry

School bells ring, are you listening?...

Another school year is about to begin, and it should be an interesting one for Floyd County and Kentucky.

Locally, the school district should see not one, but two new superintendents by the time the calendar changes to 1996.

The state has a new education commissioner, too.

This year marks the sixth and final year for implementing the provisions of KERA, the Kentucky Education Reform Act and it is, for most practical purposes, the first year Floyd Countians will feel the full force of the costs associated with reform.

New property valuations are completed and higher property taxes are the result.

An interesting trend is developing in the school system's administrative corps, too.

Several long-time staffers are opting for retirement this year, but they aren't taking a total leave of the system.

They're hanging around on a part time basis under consulting contracts that pay them on a per day basis.

That can be a lucrative switch, since they can draw full retirement pay plus their consulting fees and they can conceivably earn more than they did by working full time.

The school board has indicated that administrative positions lost to retirement won't be filled this year, but they will remain occupied by the semi-retired consultants.

That could save the system a sizable chunk of change, but it also poses an interesting question.

If those jobs can be handled on a part time schedule now, why were they ever filled full time?

Yep, looks like its going to be an interesting year for education in Kentucky, but that's no big surprise for folks in Floyd County.

There's never a dull moment here. Stick around and see for yourself.

—Letters to the editor—

Letters to the editor policy

Letters to the Editor are welcomed by the *Floyd County Times*. In accordance with our editorial page policy, all letters must include the signature, address and telephone number of the author.

Letters must be received no later than 10 a.m. Tuesday for publication in Wednesday's issue and 10 a.m. Thursday for Friday's issue.

Letters may be sent to Editor, The Floyd County Times, P.O. Box 391, Prestonsburg, KY 41653.

Letters may be edited for clarity and length.

Editor's Note: The *Floyd County Times* will publish letters to the editor which endorse or support candidates for elective office through September 29, 1995. Political letters are restricted to no more than 250 words and may not contain libelous, slanderous or unsupported or unverifiable allegations. All letters must be signed by the author and must include an address and telephone number for verification. No form letters will be published. The *Floyd County Times* reserves the right to edit all letters for clarity, brevity and reserves the right to reject any letter deemed unsuitable for publication.

A little about Ronald Frasure

Editor:

To all the people of Floyd County. I want to tell you, the people, about Ronald Frasure who is running for judge-executive of Floyd County. I want to tell you a little background about Ronald.

I say that he is the most honest man I have ever know. I have known him since he was a child. I knew his dad and mom. His mother was a good Christian woman, and his dad, Sage Frasure, was my boss in a coal mine and he sure took care of the men that worked under him. If he thought there was a bad roof, before he would let his men go under that roof he went in ahead of them and made sure that it was safe.

And I want to tell you about his grandmother on his mother's side. She was as good a person as there was in Floyd County.

I worked with two of his uncles, Grover Tussey, who got blown up in the coal mines, and Gordon Tussey. I never met the two men without a smile on their faces. I guess if you asked either one, they would pull the

shirt off their backs and give it to you.

Ronald and Dixie have children, five boys and one girl. They are as nice a people as I have met in my life. I have met a lot of Dixie's brothers and sister and they all are nice people.

If anyone wants to know about any other candidates for county judge executive, call me. This is my phone number: (606) 886-3619.

Carl Hicks
Prestonsburg

Thanks to the Auxier Homecoming Committee

Editor:

Thank you Auxier Homecoming Committee for the wonderful weekend of August 10-12. I am referring to the Auxier Homecoming of 1995.

The committee is to be commended for the fine job they performed. One could tell hours of hard work, labor and planning had gone into this.

All the awards and recognition that was given was very deserving of the people who received them. I will not try to name them individually, I'm afraid of leaving someone out.

One would have had to attend to see the achievement our students from the Auxier School has reached.

I am an alumni of Auxier High School in the Class of 1941 and also a former resident of Auxier. This community will always be special to me.

I was so impressed with the D.A.V. for their performance. A very special recognition to me was honoring our World War II boys who paid the supreme sacrifice for our country. One being my brother, Eugene Hyden, who was missing in action November 14, 1943. He graduated with the Class of 1941. Another, honoring my brother-in-law, James "Dee" Caudill, who was a prisoner of war in World War II, returned home and has done much for his community.

I would be amiss if I didn't mention the homecoming being dedicated to my friend and schoolmate Beatrice Collins Bickford who passed away since our last homecoming.

Last, but not least, a special recognition to Jim Daniels for emceeing the program and doing an outstanding job. Thanks, Jim.

Looking forward to the Homecoming of 2000.

Pauline Hyden Sparks
Prestonsburg

Asks for assistance in locating sister(s)

Editor:

I am trying to locate my half-sister or anyone who can tell me her location.

She was born at Grant Hospital in Columbus, Ohio, on December 26, 1959. She was given the name Margaret Lavinia McDonley. Her parents were Betty Deloris McDonley and William Robert McDonley. Her mother's maiden name was Caudill.

Our uncle told me that Betty was killed in a car-train accident in Floyd County. I believe this was in the early to mid 60s. I was also told that Margaret's maternal grandmother raised her in Floyd County.

There may be another girl born from this marriage. The only information that I have is her name, Rita Faye.

Please, if anyone reading this can help me locate my sister(s), write to me as soon as possible. I would greatly appreciate any help given.

Arlene Nickell
RD 1 Box 21B1
Hancock, NY 13783

(Letters continued on page five)

The Numbers Game: Kentucky Lottery Results

Saturday's
Results
**August
12**

LOTTO KENTUCKY 01-05-10-11-17-31

Next Estimated Jackpot \$4.3 million

POWERBALL 01-16-24-34-35-06

Next Estimated Jackpot \$15 million

Coffee Break

by Scott Perry

Must be closing in on another presidential election because everywhere you look, there's Ross Perot's face.

Is he or isn't he running? Who cares?

Let's not forget that thanks to Ross Perot, we've got Bill Clinton.

If Perot really wants to improve this country, he could do it by investing his vast wealth into job creation for the unemployed instead of spending it to buy himself the White House.

Perot has proven himself adept at making money, let's see how successful he is at solving problems.

Toss a few billion into economic development in Appa-

lachia, Ross, then we'll talk about Pennsylvania Avenue.

A total ban on tobacco advertising may or may not curb the use of those products, but it could bring another industry to a screeching halt.

Tobacco companies have long been the major sponsors of Nascar events...which explains why many cars look like rolling packs of cigarettes...and an ad ban could put those events on the skids.

Perhaps the federal government's selection of tobacco as its whipping boy of the nineties is well-intended,

but don't forget that cigarette ads were banned a long time ago from television.

That didn't change much, did it?

Will killing car racing stop people from smoking themselves to death?

Not likely.

Those schools which have for one reason or another put off the implementation of school-based decision making councils have just under a year to play catch-up.

The state's education reform act requires every school in the state, with some exceptions for those which have

exceeded performance goals, to have site-based councils in place by July 1, 1996.

The law gave school systems six years to get into the site-based act, and it looks like quite a few are holding out to the bitter end.

The downside to that procrastination is an unnecessary delay in getting parents involved in school decision making. Locking parents out of that process for six years, intentionally, is inexcusable.

For the past five-plus years, teachers at individual schools have had the right to say when or if their school would adopt the school-based approach, but that option expires next July.

Then, like it or not, parents

will get to come off the sidelines and into the game.

Better late than never.

Kentucky has a new Commissioner of Education who hails from the south and should be more at home with soup beans and cornbread than his predecessor, who was a west coast quiche sort of guy.

The new Commish has a name that adds to Kentucky's pioneer effort to reform education, too.

Wilmer Cody.

Too early to tell, yet, if we'll be able to call him "Wild Bill."

Letters

Kentucky sheriffs' camp completes 20th season

Editor:
The Kentucky Sheriffs' Boys and Girls Ranch almost closed its doors in 1978, but by "hanging in there" and persevering, it has helped over 18,000 of Kentucky's underprivileged children enjoy a free week's vacation.

It has been difficult to remain operational and solvent but with our dedicated members and contributors and especially with God's help, we will continue to remain open.

Sheriffs, deputies and friends of the sheriff's office brought these 8 thru 12-year-old children to the camp in Gilbertsville, near Paducah, in sheriff's cruisers, patrol cars, school buses, and vans. Each Sunday, twelve counselors would be waiting for the more than 100 children, both boys and girls, who would be staying in the barracks that are provided for them. Polly Poe, one of our cooks, greeted each sheriff with a new Ranch t-shirt and a glass of lemonade or iced tea. Each child also received a new t-shirt before departing for home on Friday.

Before the week was over, the children hiked at the Land Between the Lakes, went down the water slide at Wonder Waters, got to see a movie at the local drive-in (PG rated, of course), three wholesome meals, plus snacks, arts and crafts, swimming for everyone, observing our horses in the corral and plenty of fun and recreation for all children.

I have been the executive director of the Ranch since 1978 and wanted to reach a goal of 1,000 again this year, but instead, had to settle for 911 children with 65 counties participating. I want to thank everyone concerned for helping make these twenty years very enjoyable for the many boys and girls who received a free vacation at the Kentucky Sheriffs' Boys and Girls Ranch.

This proves our motto "No Sheriff Ever Stood So Tall As When He Stooped To Help A Child."

If anyone would like more information about the Boys and Girls Ranch, please contact Helen Barter, P.O. Box 57, Gilbertsville, KY 42044 or call us at (502) 362-8660.

Ray Stoess
Executive Director
Kentucky Sheriffs'
Boys and Girls Ranch

Offers thanks to PCC for soccer support

Editor:
(The following letter was written to Dr. Deborah Floyd, president of Prestonsburg Community College, and printed by request.)

On behalf of the Floyd County Youth Soccer League, I would like to express my sincere appreciation to you and the college for your support in our new program. As a leader in advocating quality health and wellness in our community, you realize the importance of steering children in their early years to the path of good physical health. In lending us your land on which to hold our practices and games, you have helped us start something very important in improving such strong physical health in our children. Because of soccer, the advances our children have made in their conditioning have been phenomenal.

In speaking with you recently, I realize just how strong your convictions are to the health and wellness of not only the students at Prestonsburg Community College but of the children and adults of the surrounding area. There is a great need to promote stronger health values in our community and there must also be ways to do it. As PCC hosts a wellness center, a walking track, and now, the Floyd County Youth Soccer League, I see the college becoming a center for great athleticism. As you seek to expand in this area, I look to our soccer program in becoming a part of that expansion. Again, the children, parents, coaches, and I thank you for your support now and in the future growth of soccer in Floyd County.

Ryan Hagan
Director
Floyd County Youth Soccer
Martin

Not of the people—neither by the people—nor for the people!

Editor:
On the courthouse lawn stands a black marble monument erected to

honor Floyd County's war dead.

Each time I pass this monument I pause and look for the names of the young men I knew so long ago.

I say their names and speak silently to them across the veil of time and the abyss that separates us.

In my mind's eye I see them in the time and places when we were young. I recognize them at once for they are frozen forever in the glow of youth. It is I who has suffered the toll of years gone down and would perhaps be unknown to them now.

Yet, I cherish them for being part of my life and the sacrifice they made for my country. I go to see them as a pilgrimage to a shrine of my choice; to light again, candles snuffed out so long ago. As long as I live, they will live in my memory. I will never forget them.

Yet the crushing weight of things as they are here in Floyd County forces me to ask...did they die in vain? Is this government of the people, by the people, for the people? Is there equal justice for all here? The justice so glowingly described to us during our school days?

No, justice is not equal here. People from our creeks and hollows get years for offenses which costs the political fraternity mere probation. Do we elect those who govern us? It is the common belief that every primary election held in Floyd County in living memory has been rigged. The general election has been held simply to anoint the political machine and thus the voting machine's choice.

Thus, we may ask, are these people our elected leaders? If not, how are we different from the Russia of Stalin's time where the standing joke said that a robber broke into the Kremlin and stole the results of next year's election? What is the real difference if a jack booted storm trooper blocks you from voting or if they let you vote, but steal the election?

You experience Democracy where you live and in the daily events of your life and the events that shape the future of your children.

Floyd County is not a Democracy. Nothing works right here; nothing is ever completed as planned or promised. What is completed bears the mark of Cain.

A grade school is constructed but cannot open because it is miles from a source of water. Tens of thousands of dollars later the school has water but inadequate water pressure to operate the fire sprinkler system.

When it finally opens, the outside recreational area is barely large enough for a hopscotch game.

Another new school sinks slowly into it's green fill dirt, allowing the school children to see daylight through the cracks in its walls.

A jailhouse is half completed before someone discovered that they must buy land to build a road to the jail's front door. Needless to say the land was expensive.

It becomes more obvious with each passing month that the 911 project was never meant to be completed nor implemented.

There are no police, no emergency

medical teams, no ambulances, no fire trucks, no water lines and no fire hydrants available in or for large areas of the county. Essentially, the county remains in a primitive state of development similar to a third world country. If the 911 system had been put into effect four years ago; two years ago, at present or in 1997, and you called the dispatcher about the best he or she could do for you would be to lead you in the Lord's Prayer. No other help is available, thus it should be clear to everyone by now, after six years, that we got taken, again.

No county official here is ever ultimately responsible for anything. Millions of dollars in taxes and grants flow into the county and disappear. With great fanfare, projects are launched and millions of dollars later,

simply wither on the vine and die. No one is held accountable, no one is prosecuted. No records are available to prove or disprove anything.

The money comes in and simply disappears and is forgotten amidst the drum roll for the next great project. This is where we stand now—or more accurately—to where we have fallen.

The soldiers listed on the black marble monument have not deserted us. It is we who have deserted them; it is we who have failed them as we have failed ourselves and our children's future. We have betrayed their sacrifice by our silence and our meek acceptance of this cabal that plagues us.

We know where the men listed on the monument are and what they have done. But, we can ask, where is Floyd County's American Legion? Where is the Veterans of Foreign Wars? Where are the countless veterans from Floyd County who once swore to defend this country from all enemies, foreign and domestic? Why have they not spoken out against this cabal? Why have they not acted against them? Men sin by silence when they should speak out.

Yet, it does not benefit our cause nor the cause of our fallen comrades to blame one another. Let us simply muster ranks again to take back that which we once swore to defend with our very lives. We do not have a government of the people, by the people, for the people.

Let us change this. Let us demand honesty. Let us demand accountability. Let us demand competence instead of kinship. But first, let's clean them out to the bare walls and start anew, with new names and new faces, for a new century.

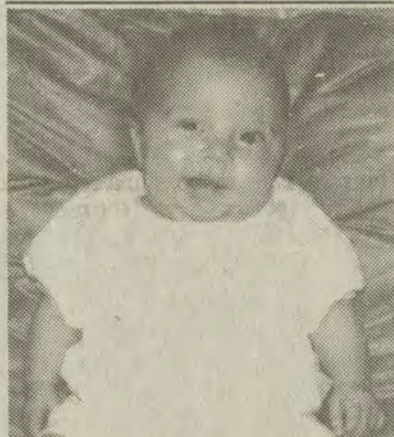


Just look at me!

Jeremy Dale Slone was one-year-old on July 16. He celebrated his birthday with his family. His sister had a big Bird cake for him. His parents are Lisa Gail and Dale Slone of Garrett; his maternal grandparents are Lowell "Buck" Martin of Hueysville, Phyllis Adkins of Wayland and Etta Lester of North Manchester, Indiana; his paternal grandparents are Glen Slone of Maytown and the late June Slone.

Lloyd Goble
Prestonsburg

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Touch-tone Phone Required
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Birth announced

Cohen and Patty Swiney, of Paris, are the parents of a 3-pound, 1-ounce daughter, Madison Ray Swiney, born February 4, at Central Baptist Hospital in Lexington. Her paternal grandparents are Claude and Mary Lou Swiney of Prestonsburg.

Bev's Day Care

NEED NIGHTTIME CHILDCARE TO ATTEND COLLEGE OR WORK?

Bev's Day Care has extended the hours until 9:15 p.m., Monday through Friday.

Call 377-0300

Ages 6 weeks to 12 years old.

Educational program by qualified teacher.

Burke retiring after 39 years of service



The family of Samuel G. (Jake) Burke would like to announce his retirement from Mayo State Vocational Technical Center after 39 years of service.

Sam began his career at Hazard Vocational School in October, 1956, and continued there until October, 1969. At that time he transferred to Mayo State Vocational School and continued there until June, 1995.

He is married to Darlene Patrick Burke and they have four children; Freda Burke Spencer, Jeff Burke, Mike Burke, and Teresa Burke Zervos. Also, they have four grandchildren, Tim and Lauren Burke, Cassie Spencer, and Jimmy Zervos.

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Jerry's Husky

Breakfast
Two large buttermilk pancakes served with maple syrup, two eggs and choice of bacon or sausage.

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Friday's Special
Catfish "All you care to eat"
Served w/fries, slaw, white navy beans, fresh baked corn bread
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VALUE-PACKED USED VEHICLE SPECIALS					
'92 F-150 4x4 "Flareside"	'89 Ranger 4x4 Auto., A/C	'91 Dodge Pickup A/C	'88 Toyota Corolla Auto., A/C \$3,750	'85 Dodge Caravan \$1,495	LOOK '78 F-150 \$995
'93 FORD MUSTANG \$7,995	'93 Ford Ranger S/C 4x4 \$13,795	'89 Ford F-150 4x4 \$8,495	'87 Buick LeSabre \$2,450	'78 Chevy Caprice \$700 ⁰⁰	'74 Ford Pinto Runs Good \$99 ⁰⁰

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Floyd County 886-FORD

U.S. 23 & 460 By-Pass, Paintsville, Ky.

Early Times
Half Gallon \$14.99 each All taxes paid

J & J Liquors
Betsy Layne • 478-2477

Floyd County Times

VOLUME XVIII

NUMBER 15

SPEAKING OF AND FOR FLOYD COUNTY

PRESTONSBURG, KENTUCKY

THURSDAY

AUGUST 16, 1945

PEACE NEWS SETS OFF CELEBRATION

MAGISTRATE VOTE TOTAL IS GREATEST

Jailer, County Clerk Returns Rank Next, Review Discloses

More than 9,000 votes were cast by voters of both political parties at the August 4 primary, a recapitulation of the returns reveals.

Magistrates races, as expected, drew the heaviest polling, but in the countywide competition the voting for Jailer on the Democratic ticket was most profuse with a total of 7,450. The Democratic County Clerk's race was runner-up with 7,449 votes.

A total of 7,641 votes were cast for the 34 Democratic candidates for Magistrate in the county's four districts, with 2,554 votes being counted in No. 1 district, 2,155 in No. 3 and 1,690 in No. 2 and 1,242 in No. 4.

The Sheriff's race attracted most attention on the Republican ballot with 1,862 votes cast.

Elsewhere in this edition of THE TIMES appears the tabulated vote for county offices in the Democratic primary. Vote details for Magistrate in the four districts of the county follow:

Democrats

Dist. 1—Woodrow Branham, 158; Denzil Whitten, 110; Frank Arnett, 518; Pete McKenzie, 10; J. P. Harris, 47; J. E. (Speed) Harris, 314; Darvis Pitts, 32; Harve Spears, 223; Glenn Burchett, 646; Henry McGuire, 14; Elmer Rice, 70; Sam Hale, 269; Jesse Wallen, 143.

Dist. 2—Dock Ward, 120; Mart Crabtree, 29; John May, 443; E. S. Pratt, 323; Millard Frasure, 43; Curtis Collins, 37; John Hayes, 67; Tom Martin, 110; A. L. (Dock) Prater, 136; Ike Slater, 163; Farris Collins, 219.

Dist. 3—Andy J. Brown, 79; Monroe Hall, 558; Jim Reynolds, 206; Henry Stumbo, 1166; Joe Likens, 48; Floyd Adams, 17; John M. Burke, 81.

Dist. 4—Joe Yates, 583; Dewey Roberts, 639; John Scaff, 20.

Republicans

Dist. 1—Jeff B. Wells, 24; George Hall, 30; Arthur Blackburn, 180; R. L. (Dick) Spradlin, 229.

Dist. 2—Wayne Hall, 37; John Wes Prater, 163; L. D. Scott, 119.

Dist. 3—George Hall, 89; Elder Jesse Osborn, 123; Layne Hall, 166.

Dist. 4—McKinley Hopkins, 75; W. L. (Lee) Tackett, 33; W. L. Akers, 151; J. M. Jones, 158; Mallie Kern, 245.

The county's closest race was that between Walk-Salsbury and Grant Akers in District 4 for the Democratic nomination for Constable, Akers winning, 268 to 265.

IT'S OUR FAULT

During the election campaign there was a period of a few weeks when lack of space prohibited publication of servicemen's photos. In the rush, we have lost or mislaid information on three servicemen whose photos were intended for publication this week. Their relatives, who already have been very patient, can help us further by calling at The Times office or writing to furnish missing information.

Editor's note: Monday, August 14 marked the 50th anniversary of V-J Day, the Japanese surrender ending World War II. This page of The Floyd County Times was originally published on August 16, 1945, two days after Japan surrendered.

Desire to Avenge Father Considered Cause of Stabbing

The quiet of a theatre crowd engrossed in a film drama was broken here Sunday afternoon by a disturbance which ended in the cutting of Lewis Dale, of Prestonsburg.

The knife-wielder, John Kazee, Prestonsburg hotel employe, was arrested by local police and booked at the county jail on a peace warrant and a charge of cutting and wounding. Dale was released from the Prestonsburg General Hospital after the knife wound in his back had been closed by seven stitches.

County Attorney W. W. Burchett said an investigation revealed that Kazee had threatened a man named Bryant here who allegedly had cut Kazee's father, a few years ago. Dale was said to have heard about the threat and to have told Bryant. Kazee first accosted a Bryant girl on the theatre stairway and after this disturbance had been quelled attacked Dale.

8TH GRADE EXAM

Eighth grade examination for rural students will be held at the County Superintendent's office here Tuesday, August 21, at 10 a.m. The examination will be given for rural students who failed to pass the test last year and those who have had full seventh and eighth grade work in their home schools.

WRIGHT QUILTS AS CORONER

Shepherd Appointed To County Office By Judge Hill

County Judge E. P. Hill, Jr., Monday named Brady Shepherd, Prestonsburg, to fill the vacancy created by the resignation of the Rev. M. C. Wright as Floyd county Coroner.

The appointment, the new Coroner said, was made on the Rev. Wright's request. "He explained," Mr. Shepherd said, "that I had wanted his services on several occasions and that he could not be found; so, was asking that I have the office till a new Coroner is elected."

Coroner Shepherd is an employe of the Arnold Funeral Home here.

W. M. S. MEETS

The Woman's Missionary Society of the Baptist Church met Tuesday evening at the home of Mrs. Julia B. Stephens for its regular meeting. Mrs. M. Robert Regan was leader of the evening's program. Refreshments were served to Mesdames John Hale, A. D. Cornett, Cal Clark, O. P. Powers, Grace D. Ford, J. B. Clarke, R. W. Feller, W. W. Burchett, George Cohen, Kelly Wells, Olga, M. Latta, J. J. Hatcher, Miss Anna Martin.

Floyd Contributors Add \$67 to Total For Sgt. Hensel

The fund contributed by readers of this newspaper toward the purchase of a farm for Sgt. Frederick Hensel, the armless, legless veteran from Corbin, Ky., this week reached \$67.

One contribution came from as far away as Glendale, Arizona. THE TIMES will receive donations until Saturday, August 25, when our check covering cash gifts, together with the checks of other contributors, will be forwarded to the veteran.

Last Sunday, on Sgt. Hensel's wedding anniversary, he received approximately \$60,000 from friends throughout the nation.

Contributors to THE TIMES fund since last week are:

- Marvin Music, Columbus, O., \$5;
- Joe H. Arnett, Prestonsburg, \$5;
- James E. Goble, Prestonsburg, \$5;
- Stella Martin, Detroit, Mich., \$2;
- Charles Layne, Glendale, Arizona, \$5.

BIRTH ANNOUNCED

Announcement is made of the birth on Aug. 11 at a Lexington hospital of an eight-pound daughter to Mr. and Mrs. O. H. Stumbo, of Prestonsburg. The babe has been named Olive Carolyn. Mrs. Stumbo is the former Miss Lillian Combs, of East Point.

Japan for First Time Bows Knee to Conqueror

FLOYD COUNTY GETS NEWS WITHIN SECONDS; GASOLINE RESTRICTIONS LIFTED WEDNESDAY; NONE AGED 26 OR OVER SUBJECT TO DRAFT

Within a matter of seconds after 7 o'clock Tuesday evening when President Truman announced at the White House of "unconditional" surrender of the Japanese empire, the news reached Floyd county and every corner of the nation.

Although this moment had been awaited since receipt of the Jap offer of surrender was first announced last Friday, the news was hailed by wild enthusiasm here as elsewhere over the nation.

The banshee wail of Prestonsburg's fire siren heralded the "Great Hour," and while residents of the town were wondering whose home or business was threatened, the solemn notes of church bells revealed the true import of the moment.

Within a few minutes, Prestonsburg was a bedlam of noise and the traffic, though not jammed, was a mad jam-boree of automobiles. The spontaneous celebration lasted till late at night, then Wednesday afternoon broke out anew. Intermittently, dynamite blasts from a promontory overlooking the town gave dynamic reminder of momentousness of the hour and day.

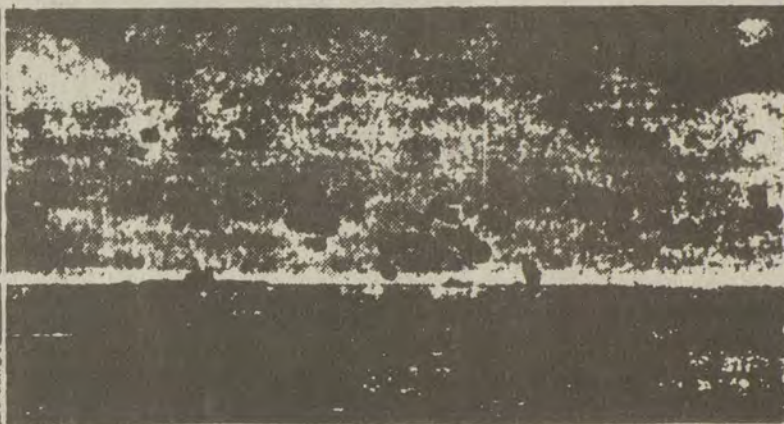
V-J Day, however, will not be proclaimed officially by President Truman until such time as General Douglas MacArthur, representing this country, receives and accepts the signed peace agreement of the Japanese emperor. Wednesday and Thursday of the week were declared by the President as legal holidays over the country. While the official V-J Day was awaited, banks, postoffices and most business houses were closed.

Pearl Harbor Avenged--Power Wins



FATEFUL DECEMBER 7, 1941

From the ashes of the Japs' treacherous attack on Pearl Harbor arose the great U. S. battle fleets, the mightiest naval power in the world, that completely swept Jap fleet from the seas.



TURNING POINT

Spectacular photographic record of the Battle of Midway in which the U. S. fleet struck a crippling blow at the Japanese fleet. Picture shows unsuccessful Jap torpedo plane attack on U. S. Aircraft Carrier.

WAR'S END HINTS SEEN

In Employment Office, War Plant Statements Given to THE TIMES

While Floyd county and the nation awaited official confirmation of the end of the war with Japan through the early part of the week, governmental department moves and tactics of war industries clearly indicated that peace at last had arrived.

First of all, THE TIMES received word that the E. I. du Pont de Nemours Company needed no further advertising in this newspaper for employes in either construction or production at Charlestown, Indiana. The company's rocket plant there was stopped when only one-fourth the way a-building.

Then, Tuesday, Glenn S. Anderson, manager of the U. S. Employment Office here, announced that all employment stabilization controls, in effect in this area since April, 1943, have been suspended throughout Kentucky. "This means," Mr. Anderson explained, "that employes will no longer have to obtain statements of availability from their employer or from the U. S. Employment Service in order to change jobs."

At the same time, Mr. Anderson announced that the U. S. Employment Service now solicits orders from employers who are in need of workers, indicating that the worker supply may be greater than the demand.

ENTERTAIN TO DINNER

Mr. and Mrs. W. B. Pruitt entertained to dinner at their home on the Abbott road in honor of their son, Billy K. Pruitt, of Lima, Ohio, and Sgt. Billy P. Conley, son of Mr. and Mrs. Paris Conley, who recently returned from Germany. Those enjoying their hospitality were Mr. and Mrs. Paris Conley, Mr. and Mrs. Alex Spradlin, Mr. and Mrs. Harry Hill, Mr. and Mrs. W. C. Adams, Mrs. Ollie Hill, Miss Sallie Spradlin, Mrs. Alma Miller, G. W. Adams, Miss Hazel Hill, Miss Mattie B. Hollield, Billy F. Hill, Mrs. Mary Jane Hawk, of Lima, Ohio.

AGE LIMIT 'SAVES' ONE

As Draft Boards Notify Selectees To Peacetime Duty

Floyd county Selective Service boards were notified Wednesday that any selectee 26 years of age or older is not to be called up for service. As a result, Clyde Maynard, listed in the following news-story for induction, will not be called.

Even as the end of the war was announced, Floyd county's two draft boards released names of selectees for induction to the armed forces and pre-induction examination.

But the announcement from Washington to the effect that, hereafter, no man over 26 years old will be drafted had local selective service officials uncertain as to the status of some of the selectees notified. In Washington Congressman A. J. May called for an immediate halt to further inductions and the earliest possible release of men already drafted. He said he would introduce a bill next month to end all draft calls.

Thirteen men were notified by Draft Board 44 to leave here Wednesday morning, Aug. 22, for induction. These are:

- Clyde Maynard, Betsy Layne (now of Portsmouth, Va.); Vernon Stone, Blue River; Estill Delong, Prestonsburg (now of Auxier); Earl Adkins, Tram; Henry G. Hall, Prestonsburg; Joe Jack Salsbury, Amba; Robert Jeff Wells, Auxier; Jesse Kazee, Jr., Betsy Layne; Morgan Ratliff, Lancer; Gratis C. Boyd, Betsy Layne; Curtis Oney Brown, Justell; John Stumbo, Jr., Harold; Archie Denver Goble, Betsy Layne.

Ninety-six selectees were notified by Board 45 at Martin to leave August 20 for pre-induction examination. Names and addresses of these selectees follow:

- Gus Yates, Alphoretta (now of Rochester, Ind.); Oscar Prater, Hueysville (now of Ypsilanti, Mich.); Robert Bates, Wheelwright; John D. Collins, Alphoretta (now of New London, O.); Fred Gayheart, Gearheart (now of Elliston, W.Va.); Er-

(See Story No. 1, Page Eight)

Tire Company To Celebrate Opening in New Quarters

The Sandy Valley Tire Service, which began business here in February, 1942 in a 20x40-foot building on the Mayo Trail at the upper limits of Prestonsburg, has moved into a business building commensurate with its greatly expanded business and this week was preparing for its "Grand Opening" in new quarters built in the same neighborhood at a cost of approximately \$50,000.

In commemoration of the event, the company invited the public from one end of this section to the other to enjoy at the company's expense a dance next Saturday evening, beginning with a square dance at 8:30 p.m. and ending at 9:30 p.m. Thereafter, George Charles and his orchestra, Huntington, W.Va., will provide music for other lovers of the terpsichore, Franklin W. Moore, manager of the company, announced.

The steps "from rags to riches" of Sandy Valley began with the 20x40-foot frame structure in February, 1942. Later an addition was built and a nearby building was leased for storage purposes. Into the new building, the company moved with all its additional machinery, equipment

BIG SANDY LEAGUE ALL-STARS TO PLAY

The Big Sandy Baseball League will have its own "All-Star" game, it was announced here this week by league officials.

The game will be played here Sunday, August 26.

Eighteen players will be selected from the four teams located in the "upper" region represented in the league—Harold, Emma, Drift and Weeksbury—and these will be pitted against 18 players selected from the other four teams, Prestonsburg, Auxier, David and Louisa.

TO HEAD AUXIER SCHOOL

Carl N. Woods was employed last week as principal of the Auxier high school. He will be succeeded as coach of Martin high school by Sherrill Frazier, of Martin.

and stock two months ago. No other business in Prestonsburg has had such phenomenal growth, it was declared recently by a local business man.

Main building occupied by the Sandy Valley Tire Service in these new quarters is 60x110-ft., and this structure houses the company's re-capping shop in the rear of the building. In the section of the building fronting the Mayo Trail are offices of the company and its retail store, which will stock refrigerators, washers, radios, electrical appliances, tires, well pumps and other items. The office fixtures are of the most modernistic design.

On the west side of the building is a courtyard which will be the scene of next Saturday evening's dance, but which will be converted eventually into a super-service station. A parking court is on the east side of the building. A 60-by-30-foot building is being used as a warehouse and eventually will house the grease and wash room of the service station.

The new quarters of the company were built by Winston Ford, Prestonsburg hauling contractor.

Widely-Known Lecturer To Appear Here Friday

"Another Star for the Blue Field" will be the subject of the lecture to be given by the Rev. G. M. Robb at the Prestonsburg Methodist Church Friday evening at 8 o'clock, with Flannel-Graph illustrations.

The Rev. Robb has lectured throughout the East where his reputation as a speaker is wide and brings his message to Floyd counties gratis. The public is invited. The title of his lecture is based on the 48 stars in the blue field of the country's flag—with another, the Star of Bethlehem, needed in our national life.

Mrs. W. D. Goble and children, Mary Loretta and Robin, arrived Tuesday from Owensboro where they have been visiting relatives for several weeks.

Religious Observance

Following a conference with other Prestonsburg pastors, the Rev. W. B. Garrison, pastor of the Methodist Church, announced that the religious celebration of V-J Day will be conducted at a union service at the Methodist Church Sunday night at 8 o'clock.

Mayor E. P. Arnold said Wednesday that the official V-J Day will be marked by his official proclamation calling for a time of worship and thanks for Victory.

Amid all the gladness of victory, there was sadness and deep concern—mourning for those who paid the price of victory with their lives, anxiety over the fate of those held prisoner by the Japanese. Despite all misgivings, the people as a whole were gratified by the news that, as always in its history, the United States had emerged victorious from the crucible of war and that Japan whose proud boast had

(See Story No. 4, Page Four)

P'BURG BACK IN 2ND PLACE

Defeats Harold, 6-4; Drift Retains Lead In Big Sandy Race

Prestonsburg's baseball team jumped back into its old niche, second place, of the Big Sandy League standings Sunday by virtue of its 6-4 defeat of Harold here in a game in which both pitchers suffered from loose support.

Harold took a one-run lead in the first on two hits and an error and Prestonsburg knotted the score in the second on hits by O. Miller and Shepherd after Vance had been ribbed.

Prestonsburg wound up its attack in the fourth with five runs on three hits. Thereafter, Kidd on the mound for Harold was invincible. Harold scored in the third without benefit of a hit and almost duplicated this feat again in the seventh when one run was scored on a lone hit. In the very next inning Harold came up with two hits but there were no runs. Harold's last run was scored in the ninth on two hits, and Kidd's attempt to score on a short passed ball at this juncture cut short the losers' scoring threat.

Elsewhere in the league, Drift at home trounced Louisa for the second time in two weeks, 5 to 1, to hold undisputed possession of first place; David defeated Auxier, 10-4, at Auxier, and Emma benefited from Weeksbury's forfeit of a scheduled game, 9-0.

Next Sunday's schedule: David at Prestonsburg, Harold at Drift, Emma at Louisa, Auxier at Weeksbury.

(See Story No. 3, Page Four)

Community Calendar

Editor's Note: As a service to the many clubs and committees that meet in our community, the Floyd County Times' Community Calendar will post meeting and public service announcements. Articles for the Community Calendar must be submitted in writing to the Times no later than 5 p.m. Monday for Wednesday's publication or 5 p.m. Wednesday for Friday's publication. These cannot be taken over the telephone.

partment every Friday. Some of the services offered will be well-child physicals, school physicals (sixth grade, head start, and kindergarten), W.I.C. appointments, vouchers, T.B. skin tests, and pap smears/breast exams. Call 285-0321 for an appointment.

•GED enrollment will be held August 21, from 8 a.m.-3 p.m., upstairs in the Maytown Grade School.

PCC open registration

Prestonsburg Community College will hold open registration for the 1995 fall semester beginning Thursday, August 17-Tuesday, August 22. For additional information, call PCC at 886-3863.

Friends of May House to meet

The August meeting of the Friends of the Samuel May House will be held Thursday, August 17, at 7 p.m. in room 104, of the Pike Building, at PCC. The agenda will include a slide show on the William Connor House at Connor Prairie, a living history museum in Indianapolis. Everyone is invited.

AIDS update

On August 18, at AIDS update will be held in the Pikeville Methodist Hospital Education Center, from 6-8 p.m. This class meets AIDS continuing education requirements for Kentucky relicensure of nurses and other health-care professionals. The public is also invited to attend. Call 437-3525 to register. The class is free.

Attention transferring students to PHS

All students who will be transferring to Prestonsburg High School and enrolling for the current school year are required to come to the school on August 15, 16, or 17.

If you have not already done so, you should bring a copy of your immunization, TB skin tests and physical exam.

This applies only to transferring students, not to eighth grade students who attended Floyd County schools last school year.

Democratic Women's Club meeting

The Floyd County Democratic Women's Club will meet Thursday, August 17, at 7 p.m., at the AmVets Club in Martin. All women who are registered Democrats are welcome to attend. Shelia Hawkins, president of the Democratic Women's Club of Kentucky, is tentatively scheduled to speak.

Irick family reunion

The Irick family will be holding it's reunion this year at Shelter No. 3 Dewey Lake, Recreational Area, Saturday, August 19. This is an all-day event with lunch at 1 p.m. All Irick and allied families are welcome to attend. For more information, contact Curtis at 606-478-5771 after 6 p.m.

Gospel sing

Gospel singing will be held at Cow Creek Freewill Baptist Church Saturday, August 19 at 7 p.m. Singers will be The Jackson Family from Hurley, Virginia, and James and Dianne Rudd from Magoffin County. Everyone is welcome.

Military police reunion

The 793 Military Police reunion will be held in Lexington, September 21-24 in the Continental Inn. For more information, call Art Sherokow at 901-845-5854 or Elwood Forsythe at 606-234-3790.

Stargazing

Stargazing, Friday, August 18, from 8:30-10:30 p.m. at the picnic area/ballfield at the foot of Dewey Dam. Rain/cloud date will be Saturday, August 19. All interested stargazers invited. Bring your friends, family and telescopes. Sponsored by Prestonsburg Community College. Call 886-3863, ext. 241 for more information.

Hill Country Dancers to visit nursing home

The Hill Country Dancers will be at the Mountain Manor Nursing Home, Prestonsburg, Thursday, August 17, beginning at 7 p.m.

Kentucky Opry annual gospel sing

The Kentucky Opry will present its third annual Gospel Sing, August

26, 7 p.m., at the Jenny Wiley State Resort Park Amphitheatre in Prestonsburg.

The show will feature members of the Kentucky Opry and two area groups—The Harbourmen and Grace, and the up and coming group New Journey. Estill Lee Carter will be the Master of Ceremonies.

All tickets are \$5 and can be purchased at the ticket office or by calling (606) 886-2623.

Veterans benefits, topic of AARP dinner meeting

A program pertaining to veterans benefits will be presented at the monthly dinner meeting of Jenny Wiley Chapter No. 3528, American Association of Retired Persons (AARP) to be held Friday, August 18, at 5:30 p.m., in the cafeteria of Highlands Regional Medical Center. Burieta Gearhart, president, urges all members and guests to attend.

Veterans' reunion in San Antonio

Veterans of World War II who served in the Battle of the Bulge, will meet in San Antonio, Texas, September 3-6

For further information, write: P.O. Box 11129-P, Arlington, Virginia 22210-2129.

Gospel music

John and Shirley Rowsey will present Gospel music at the Paramount Arts, Center, Thursday, September 7 at 8:00 p.m., featuring the Nelons, Jeff and Sheri Easter and the Pfeifers.

Goble reunion

All descendants of Isaac Goble of Brandy Keg/Johns Creek/Prestonsburg will join in a family reunion on August 25 and 26 at shelter no. 2 at Dewey Lake spillway. For more information, contact Betty Jo Goble, 904 Hughes Drive, St. Albans, W. Va. 25177, or call (304) 727-8449.

Classic Home Cooking

Classic Home Cooking with Chef Mark Sohn and producer "Dr." Don Bevins, will air on WPRG TV5 August 17 and 19, at 7 p.m. For more information, call Mark F. Sohn at 437-6467 or Donald Bevins at 478-4200.

Clark council to meet

The Clark Elementary school-based decision making council will meet Wednesday, August 16, at 6 p.m., in the school library.

Foster care, adoption informational meeting

There will be an informational meeting for persons interested in learning more about the foster care and adoption programs in the Big Sandy area. The meeting is scheduled to be held August 17, at 6:30 p.m. in the Martin County Department for Social Services office in Inez. These meetings are free and open to the public.

If you have any questions, call Marsha Castle at (606) 298-7633 or Kathy Bohr at (606) 789-4373.

Ear clinic

The monthly Otolgy Clinic for children with ear problems will be held Friday, August 18, in Salyersville, at the Commission for Children with Special Health Care Needs district office.

Children under the age of 21 with ear problems such as hearing loss, draining ears, or ear infections can be eligible for services.

The clinic is staffed by an ear specialist and an audiologist. Hearing tests are conducted during the clinic, if needed.

For more information on how to apply for services, call Monday-Friday, at 349-7411 or 1-800-594-7058. Patients will be seen by appointment only.

The Big Sandy District Office in Salyersville covers Floyd, Johnson, Magoffin, Martin and Pike counties.

Maytown Family Resource Center activities

• Joy Moore, R.N. from the Floyd County Health Department, will be upstairs over the Maytown Fire De-

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ENJOY DOLBY STEREO IN BOTH HOUSES

<p>STRAND I Starts Friday, August 18</p> <p style="font-size: small;">NOTHING IN THE WORLD HAS PREPARED YOU FOR THIS</p> <p style="font-size: 2em; font-weight: bold;">MORTAL KOMBAT</p> <p style="font-size: x-small;">Preview "MORTAL KOMBAT" on the Internet or http://www.mortalkombat.com/ikombatbegins</p> <p style="font-size: x-small;">SHOWTIMES: 7:00 & 9:15</p>	<p>STRAND II HELD OVER</p>  <p style="font-size: 1.5em; font-weight: bold;">something to talk about</p> <p style="font-size: x-small;">A story about husbands, wives, parents, children and other natural disasters.</p> <p style="font-size: x-small;">SHOWTIMES: 7:00 & 9:15</p>
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<p>CINEMA I HELD OVER</p>  <p style="font-size: x-small;">MON.-SAT.: 7:00; SUN., 2:30, 7:00</p> <p style="text-align: center; font-weight: bold;">STARTS FRIDAY</p> <p style="font-size: 1.5em; font-weight: bold;">First Knight</p> <p style="font-size: x-small;">MON.-SAT.: 9:00; SUN.: 4:30, 9:00</p>	<p>CINEMA II STARTS FRIDAY</p>  <p style="font-size: x-small;">MON.-SAT.: 7:00; SUN.: 2:30, 7:00</p> <p style="text-align: center; font-weight: bold;">HELD OVER</p> <p style="font-size: 1.5em; font-weight: bold;">Species</p> <p style="font-size: x-small;">MON.-SAT.: 9:00; SUN.: 4:30, 9:00</p>
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PRESTONSBURG COMMUNITY COLLEGE Fall Registration

Thursday, August 17
and
Friday, August 18
(Main Campus)

Monday, August 21
(Pike County Campus)

For more information, call:
(606) 886-3863 or (606) 432-4800


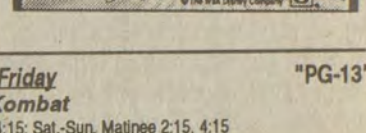

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<p>CINEMA 1</p> <p style="text-align: center;">Babe</p> <p style="font-size: x-small;">Mon.-Sun. 7:05, 9:05; Fri. Matinee 4:00; Sat.-Sun. Matinee 2:00, 4:00</p>	<p style="text-align: center;">"G"</p>	<p>CINEMA 3 <i>Starts Friday</i></p> <p style="text-align: center;">The Babysitters Club</p> <p style="font-size: x-small;">Mon.-Sun. 7:10, 9:15; Fri. Matinee 4:05; Sat.-Sun. Matinee 2:05, 4:05</p>	<p style="text-align: center;">"G"</p>
<p>CINEMA 4</p> <p style="text-align: center;">Virtuosity</p> <p style="font-size: x-small;">Mon.-Sun. 7:10, 9:15; Fri. Matinee 4:05; Sat.-Sun. Matinee 2:05, 4:05</p>	"R"	<p>CINEMA 5</p> <p style="text-align: center;">9 Months</p> <p style="font-size: x-small;">Mon.-Sun. 7:15, 9:20; Fri. Matinee 4:15; Sat.-Sun. Matinee 2:10, 4:15</p>	"PG-13"
<p>CINEMA 6</p> <p style="text-align: center;">Something to Talk About</p> <p style="font-size: x-small;">Mon.-Sun. 7:15, 9:20; Fri. Matinee 4:15; Sat.-Sun. Matinee 2:10, 4:15</p>	"R"	<p>CINEMA 2</p> <p style="text-align: center;">A Kid in King Arthur's Court</p> <p style="font-size: x-small;">Mon.-Sun. 7:05, 9:05; Fri. Matinee 4:00; Sat.-Sun. Matinee 2:00, 4:00</p>	"PG"
<p>CINEMA 7</p> <p style="text-align: center;">Dangerous Minds</p> <p style="font-size: x-small;">Mon.-Sun. 7:20, 9:25; Fri. Matinee 4:15; Sat.-Sun. Matinee 2:15, 4:15</p>	"R"		
<p>CINEMA 9</p> <p style="text-align: center;">A Walk in the Clouds</p> <p style="font-size: x-small;">Mon.-Sun. 7:00, 9:00; Fri. Matinee 4:20; Sat.-Sun. Matinee 2:20, 4:20</p>	"PG-13"		
<p>CINEMA 10</p> <p style="text-align: center;">Waterworld</p> <p style="font-size: x-small;">Mon.-Sun. 7:00, 9:30; Fri. Matinee 4:15; Sat.-Sun. Matinee 1:30, 4:15</p>	"PG-13"		
<p>CINEMA 8</p> <p style="text-align: center;"><i>Starts Friday</i> Mortal Kombat</p> <p style="font-size: x-small;">Mon.-Sun. 7:20, 9:25; Fri. Matinee 4:15; Sat.-Sun. Matinee 2:15, 4:15</p>	"PG-13"		



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Henry G. Wells, M.D.

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Cosmetic Plastic Surgery Symposium

at 7:00 p.m. on Tuesday, August 22

at

May Lodge Jenny Wiley State Park

Dr. Wells will discuss the new CO₂ Laser Plastic Surgery, Glyderm Treatments, Face Lift, Brow Lift, Blepharoplasty, Chemical Peel, and other face enhancing procedures.
Dr. Wells will do a Glyderm demonstration on a member of the audience.

Obituaries

Lenora Fae Rice

Lenora Fae Rice, 53, of Inez, formerly of Prestonsburg, died Monday, August 14, 1995, at her residence, following an extended illness.

Born January 7, 1942, she was the daughter of Brooxie Goble Maynard of Inez and the late Leonidas Dock Maynard. She was preceded in death by her husband, Gary Rice. She was a member of the Community United Methodist Church in Prestonsburg.

In addition to her mother, she is survived by one son, Charlie Gearheart of Prestonsburg; two brothers, Paul Blake Maynard of Santa Maria, California, and Larry Dock Maynard of Inez; and one grandson.

Funeral services will be Wednesday, August 16, at 1 p.m., at the Community United Methodist Church in Prestonsburg, with Rev. Raymond Snyder officiating.

Burial will be in the DeRossett Cemetery at Water Gap, under the direction of Floyd Funeral Home.

Serving as pallbearers will be John Burke Jr., David Allen, Dr. Terry Wright, Dwayne Moore, Gary Stumbo and Alan Ranier.

Walter Clyde Dingus Sr.

Walter Clyde Dingus Sr., 83, of Martin, died Tuesday, August 15, 1995, at his son's residence in Martin.

Born February 4, 1912 in Martin, he was the son of the late Phillip Marion and Dollie Orlena Osborne Dingus. He was a self-employed plumber and electrician and a graduate of Findley Engineering College in Kansas City, Kansas.

Survivors include his wife, Winnie Cornett Calton Dingus; five sons, Walter Clyde Dingus Jr., Wilton Everett Dingus, and Charles Wesley Dingus, all of Martin, Mark Hannah Dingus of Payne, Ohio, and Thomas Osborne Dingus of Hueysville; four daughters, Dollie Wray Dingus of Danville, Illinois, Doris Evelyn Cooley of Eastern, Lenora Mae Sweetnam of N. Tazewell, Virginia, and Marlene Elizabeth Sword of Pesedo, Texas; one brother, Russell Jackson Dingus of Martin; 13 grandchildren and one great-grandchild.

Funeral services will be Thursday, August 17, at 11 a.m., at the Hall Funeral Home Chapel with Dan Heintzelman officiating.

Burial will be in the Dingus Cemetery at Martin, under the direction of Hall Funeral Home.

Astor Hall

Astor Hall, 74, of Harold, died Monday, August 14, 1995, at Highlands Regional Medical Center, Prestonsburg, following an extended illness.

Born July 8, 1921 at Honaker, he was the son of Gracie Meade Hall of Honaker and the late Lonnie Hall. He was preceded in death by his wife, Dorothy Scott Hall. He was a retired Columbia Gas employee, a U.S. Army World War II veteran, a member of the Church of Christ in Prestonsburg, and a member of the D.A.V. Chapter No. 168 at Betsy Layne.

In addition to his mother, he is survived by two daughters, Dennyne Layne of Betsy Layne and Brawnie Disselkamp of Louisville; four brothers, Larry Hall, Leonard Hall, James Hall and Bascom Hall, all of Harold; five sisters, Alma Dozmati of Akron, Ohio, Emma Celenski of Florida, Velma Salisbury of Florida, Hazel Parsons of Indiana, and Janice Pullium of Harold; and one granddaughter.

Funeral services will be Thursday, August 17, at 2 p.m., at the Christ of Christ in Prestonsburg, with Evangelist Bennie Blankenship officiating.

Burial will be in the family cemetery at Harold, under the direction of Floyd Funeral Home.

Arnold Edsil Campbell

Arnold Edsil Campbell, 63, of Mousie, died Friday, August 11, 1995, at his home.

Born August 25, 1931, he was the son of Turner and Grayce Maggard Campbell.

Survivors include one son, Eddie Campbell of Prestonsburg; two daughters, Donna G. Zequeira of Ft. Lauderdale, Florida, and Judy Campbell of Lexington; one brother, Fred Campbell of Radcliff; three sisters, Kathleen Moore of Lexington, Glenn Nicholson of St. Petersburg, and Geneva Wicker of Mousie; and three grandchildren.

Funeral services were Tuesday, August 15, at 11 a.m., at the Hindman Funeral Services Chapel with Kenny Salmons officiating.

Burial was in the Turner Campbell Cemetery at Mousie, under the direction of Hindman Funeral Services.

Carolyn M. Harris

Carolyn M. Harris, 67, of Wheelwright, died Thursday, August 10, 1995, at McDowell Appalachian Regional Hospital, following an extended illness.

Born December 25, 1927 in Floyd County, she was the daughter of the late Robert J. and Ada Ashbrook McKinney. She attended the Free-will Baptist Church at Wheelwright.

Survivors include her husband, George Harris Jr.; two sons, Robert Carl Harris of Weeksburg and George Dennis Harris of Wheelwright; one brother, Jim McKinney of Melvin; three sisters, Ruby Blair of Whitesburg, Ada B. Perino of Illinois, and Nell White of Florida; and two granddaughters.

Funeral services were Sunday, August 13, at 11 a.m., at the Nelson-Frazier Funeral Home Chapel with the Rev. Bobby Isaac officiating.

Burial was in the Little Cemetery at Wheelwright, under the direction of Nelson-Frazier Funeral Home, Martin.

Lawrence

Albert Skinner

Lawrence Albert Skinner, 73, of Martin, was dead on arrival at Our Lady of the Way Hospital, Martin, Thursday, August 10, 1995, following an extended illness.

Born June 11, 1922 at Fancy Farm, he was the son of the late George Edward and Teresa Edna Cash Skinner. He was preceded in death by his wife, Flora Skinner.

Survivors include one brother, Charlie Skinner of Fancy Farm; and his nephew, Joseph Skinner of Fancy Farm.

Funeral services were Saturday, August 12, at 11 a.m., at the Nelson-Frazier Funeral Home Chapel with Don Crisp officiating.

Burial was in the Barnett Cemetery on Bucks Branch, Martin, under the direction of Nelson-Frazier Funeral Home, Martin.

Evan Fonce Akers

Evan Fonce Akers, 69, of Clearwater, Florida, died August 11, 1995, at East Bay Nursing Center.

Born in Dana, he was the son of the late Allen W. and Myrtle Akers. He moved to Clearwater, Florida, from Vermilion, Ohio, in 1979. He worked as a superintendent for Trans-Con and Thompson Construction. He was a World War II veteran and a deacon at the Lakeview Baptist Church in Clearwater.

Survivors include his wife, Edna Akers; one daughter, Sharon Velasquez of Vermilion, Ohio; one son, Tommy Akers, of Clearwater, Florida; three brothers, Ervin Akers, Daniel Artis Akers, and Euhlan Ray Akers, all of Dana; two sisters, Lazelle Williams and Juanita Akers, both of Dana; five grandchildren and three great-grandchildren.

Funeral services were Monday, August 14, at 10 a.m., at Lakeview Baptist Church in Clearwater, Florida.

Hassell Ratliff

Hassell Ratliff, 71, of Staffordsville, died Monday, August 7, 1995, at J.J. Jordan Geriatric Center in Louisa, following an extended illness.

Born August 30, 1923 in Johnson County, he was the son of the late Dennie and Rhoda Blair Ratliff. He was a retired coal miner.

Survivors include his wife, Gladys Crace Ratliff; three sons, Larry Ratliff of Staffordsville, Gary Ratliff of Oil Springs, and Michael Ratliff of Staffordsville; one brother, Guy Ratliff of Staffordsville; three sisters, Dessie Spradlin of Prestonsburg, and Bessie Blair and Tressie Robinson, both of Staffordsville; three grandchildren and one great-grandchild.

Funeral services were Thursday, August 10, at 1 p.m., at the Fairview Freewill Baptist Church with ministers Donald Caudill and Harold Conley officiating.

Burial was in the Ratliff Cemetery at Staffordsville, under the direction of Preston Funeral Home.

Della Marie

Wiley Keathley

Della Marie Wiley Keathley, 40, of Harold, died Thursday, August 10, 1995, at the University of Kentucky Medical Center, Lexington, following a short illness.

Born April 29, 1955 in Logan, West Virginia, she was the daughter of Nellie Dove Wiley of Betsy Layne and the late Oliver Wiley. She was a member of the Victory Baptist Church of Pikeville for eight years.

In addition to her mother, she is survived by her husband, James "Truman" Keathley; one son, James Truman Keathley Jr. of Pikeville; three daughters, Tammy Curry and Susan McKinney, both of Harold, and Rose Gibson of Ivel; three brothers, Donnie Wiley of Richmond, Missouri, Oliver Ray Wiley of Jackson, Michigan, and Jack Wiley of Taylor, Michigan; one sister, Debrah Hamilton of Betsy Layne; and five grandchildren.

Funeral services were Monday, August 14, at 1 p.m., at the Betsy Layne Freewill Baptist Church with the Rev. Tracy Patton officiating.

Burial was in the Keathley Family Cemetery at Harold, under the direction of Hall Funeral Home.

Serving as active pallbearers were Keith Hamilton, Chris Wiley, Daniel Howell, David Howell, Terry Keathley, Rick Keathley, Ronnie Keathley, and James Howard.

Gail Stamper

Gail Stamper, 45, of Allen, died Friday, August 11, 1995, at the Hazard hospital.

She is survived by her husband, Andrew Stamper; her parents, William Sherman of Milton, Delaware, and Doris Mae McGuinnis Sherman of Allen; two stepdaughters, Tonia Lynn Dages of Allen and Cynthia Stamper of Florence; one stepson, James Andrew Stamper of Florence; one sister, Lorain Ester Bogart of San Antonio, Texas; one brother, Steven Allen Sherman of Bridgeville, Delaware; and one grandchild.

Funeral services were Sunday, August 13, at 3 p.m., at the Isom Kingdom Hall of Jehovah's Witness with the minister Tom Moe officiating.

Burial was in the Isom Stamper Cemetery at Isom, under the direction of Letcher Funeral Home in Whitesburg.

Rady Davis

Rady Davis, 70, of David, died Sunday, August 13, 1995, at Highlands Regional Medical Center, Prestonsburg, following a short illness.

Born September 28, 1924 at Hippo, he was the son of the late Alka and Arrena Hicks Davis. He was a retired electrician with I.B.E.W., a member of the Big Sandy Chapter No. 18, Disabled American Veterans at Auxier, a U.S. Army Air Force World War II veteran, serving in the Asiatic Pacific Theater, and in the early 1960s he was a candidate for county court clerk on the Democratic ticket.

Survivors include his wife, Bonnie Jean Arnett Davis; two sons, Randy Keith Davis and Gregory Scott Davis, both of David; three daughters, Charlotte Adams of David, Darlene Harris of Winchester, and Sandra Gaye Davis of Lexington; one brother, Floyd Davis of David; four sisters, Sarah Alice Reffett of Hueysville, Clara Hughes of Willard, Ohio, Hattie Hughes of Washington, North Carolina, and Ann Shepherd of Monroeville, Ohio; and seven grandchildren.

Funeral services will be Wednesday, August 16, at 10 a.m., at the Hall Funeral Home Chapel with the Rev. Randy Osborne officiating.

Burial will be in the Hicks Family Cemetery at Hippo, under the direction of Hall Funeral Home.

Serving as pallbearers will be Frank Reffett, Ermil Reffett, Danny Wireman, Tim Wireman, Floyd Davis Jr., and Larry Hackworth.

Pauline Begley May

Pauline Begley May, 79, of Langley, died Friday, August 11, 1995, at Highlands Regional Medical Center, Prestonsburg, following a long illness.

Born July 6, 1916 at Langley, she was the daughter of the late George and Nora Mayo Begley. She was of the Baptist faith. She was preceded in death by her husband, Henry May, in 1976.

Survivors include one daughter, Henrietta Hicks of Langley; one sister, Mildred Stewart of Langley; six grandchildren and 10 great-grandchildren.

Funeral services were Sunday, August 13, at 2 p.m., at the Hall Funeral Home Chapel with the Rev. Bob Varney officiating.

Burial was in the May Cemetery at Langley, under the direction of Hall Funeral Home.

John Elmine Watts

John Elmine Watts, 30, of Mallie, died Friday, August 11, 1995, on Route 7 at Kite, from injuries sustained in an automobile accident.

Born September 20, 1964 in Floyd County, he was the son of Johnny C. and Anna Lou Hall Watts. He was a truck driver for Double J. Trucking Company.

Survivors include one son, Jonathan Lee Watts; one daughter, Charlee Deanna Watts; one sister, Katrina Lena Gayheart of Pinetop; one brother, Phillip Dewayne Watts of Mousie; paternal grandmother, Nettie Watts of Pinetop; and maternal grandparents, Herald and Elberta Hall of Lackey.

Funeral services were Monday, August 14, at 11 a.m., at the Hindman Funeral Services Chapel with Roger Hicks and Ralph Howard officiating.

Burial was in the Heard Hall Cemetery at Hollybush, under the direction of Hindman Funeral Services.

Robert Lee Stewart

Robert Lee Stewart, 78, of Wayland, died Friday, August 11, at the Veterans Hospital in Huntington, West Virginia, following a long illness.

Born November 16, 1916 at Weeksbury, he was the son of the late Lee and Lucinda Hall Stewart. He was preceded in death by his wife, Bonnie Mills Stewart. He was a retired coal miner, an industrial painter, and a U.S. Navy, World War II veteran. He was a member of the Lackey Freewill Baptist Church, a lifetime member of the Garrett D.A.V. and a member of the Wayland Masonic Lodge.

Survivors include one son, Robert Lewis Stewart of Hazel Park, Michigan; two daughters, Judith Ramey of Wayland and Tanya Stewart Floyd of Orange Park, Florida; one sister, Ella Chullin of Benton, Illinois; eight grandchildren and eight great-grandchildren.

Funeral services were Monday, August 14, at 11 a.m., at the Hall Funeral Home Chapel with the clergymen Johnny Collins and Jimmy Hall officiating.

Burial was in Davidson Memorial Gardens at Ivel, under the direction of Hall Funeral Home.

Serving as active pallbearers were Shannon Ramey, Bob Ramey, Rick Evans, Ronnie Stewart, Mack Stewart, John Floyd and Lloyd Paige.

Honorary pallbearers were Jim Moore, Boone Bentley, Ezra Turner, Charlie Turner and Virgil Combs.

Pallbearers listed

for Goldie Spurlock

Serving as active pallbearers for the funeral of Goldie Spurlock were Stacey Hall, Chad Spurlock, Kevin Spurlock, Jason Spurlock, Marc Hall, Corey Meade and Mark McKinney.

Card of Thanks

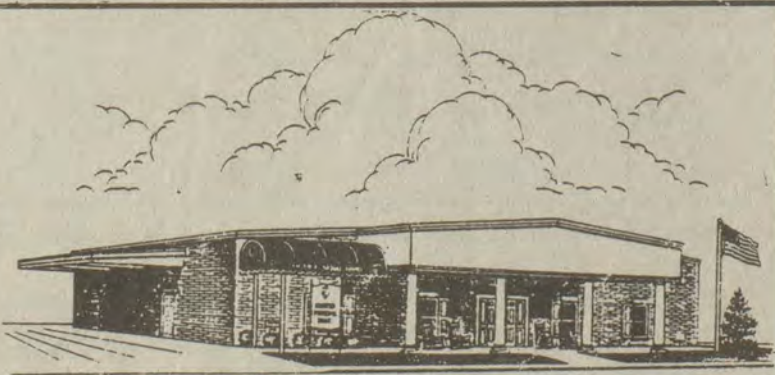
The family of Kenis Martin would like to thank all those friends, neighbors, and family who helped them in any way upon the passing of their loved one. Thanks to those who sent food, flowers, prayers or spoke comforting words. A special thanks to the Regular Baptist ministers for their comforting words; the sheriff's department for their assistance in traffic control and the Hall Funeral Home for their kind and professional service.

THE FAMILY OF KENIS MARTIN

Card of Thanks

The family of Martha Lafferty wishes to thank all who brought flowers or food and those who gave support to the family. A special thank-you to the Nelson-Frazier Funeral Home, the staff and all employees for their services. Special thanks to Jackie Powers and Bill Campbell.

Shirley Blair and The Family



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911

to see who they thought should get the first call and then the board can decide.

"As a former mayor I would want the KSP there," Waugh said. Floyd County chief deputy sheriff Linzie Hunt said the sheriff's department contacts the KSP for fatalities anyway. Waugh said it was still common courtesy to ask the other mayors.

A question about rescue squad coverage was then brought up. Meyer said the rescue squads would not be one of the three primary calls during an emergency, but a map would eventually be worked out for rescue squad boundaries.

In other business:
 • Meyer said a special board meeting would be held Friday,

August 25 at 11 a.m. with representatives from South Central Bell about the progress on 911 addresses.

• Meyer said the board would have a list of proposed locations for the Public Service Answering Point (PSAP) by the next special meeting, so Caldwell can get the advisory board's recommendation.

(Continued from page one)

The proposed locations will also help Lane Dutton, of Big Sandy Two Way Communications, complete the county-wide equipment analysis.

• Meyer named Caldwell, Forsythe and James Campbell, of the Harold Telephone Company, to the interviewing committee to conduct interviews for the 911 coordinator.

Meyer chose the three men after magistrate Gerald DeRossett suggested that whoever was on the committee should not have any political ties.

All members except Martin Mayor Alan Whicker, Allen Mayor Sharon Woods and Wheelwright Mayor David Sammons were present.

Scott

(Continued from page one)

Scott contended that just 10 percent of the criminal indictments issued in Kentucky are going to trial, adding that "ninety percent of the criminals are getting a K-mart bluelight special plea bargain."

"We've got a 19th century capacity in our courts," he added.

Resolving the problem will cost money, but Scott believes he can find funds to revamp the system without burdening Kentuckians with new taxes.

By increasing lawsuit filing fees, making lawsuit losers pay court costs and by raising those costs and fines, Scott says he can add \$50 million a year to the \$87 million budgeted for the criminal justice system and use that additional money to add personnel and prisons.

"The street police are doing their jobs, but the courts just can't handle the volume. We have to eliminate that bottleneck with more people and prisons," he said.

A considerable rise in juvenile crime must also be addressed quickly, Scott said, but the state's current juvenile code makes that difficult.

"I want restrictions removed so we can get tough on violent thugs,"

Scott said. "Let me take the gloves off. I don't want to have to send any young people to prison, but if that's where they deserve to be then that's where we should put them."

"In four years Kentucky families

will be safer and better off if they let me be their attorney general," he added.

Scott will face Democrat nominee Ben Chandler in the November election.

Cable show to be taped at PCC

A television program on topics concerning health and wellness will be broadcast live from Prestonsburg Community College on Friday, August 18. The broadcast which is being produced by WPRG-TV, Tel-Com Cable Channel 5, will originate from the Pike Auditorium on the PCC campus at 6:30 p.m.

Dr. Raghu R. Sundaram will serve as host and moderator of the program, which will also feature local physician Dr. Rodney Handshoe and Dr. Paul DePriest, a gynecologic oncologist at the University of Kentucky Medical Center. Dr. Sundaram is president of the Floyd County Medical Society and chief of staff at Highlands Regional Medical Center.

Dr. Handshoe will make a presentation on the topic "Exercise for Life and Breath: How to Control Your Activity for Cardiovascular Fitness." Dr. DePriest will present information on what women should know

about female cancers (breast, uterine and cervical) and "How to Prevent, Control and Take Charge Yourself."

Lynn Weddle, associate professor of Nursing and co-director of the PCC Wellness Center, will welcome program participants and the audience on behalf of the college. Kelly Adam, Wellness coordinator at PCC, also will be on hand.

Dr. Sundaram said the program is open to the public and the program participants will answer questions from the audience.

Downtown

(Continued from page one)

five parking spaces, additional parking will be available through the city's new parking lot, behind Whitten's Taxi, Clark said.

In other business at the meeting:
 • Merchants complained that some business owners were parking in prime parking spaces that should be left for shoppers;

• James discussed placement of a sign listing downtown merchants and their locations;

• James handed out information sheets about development loans that are available to property owners; and

• The group planned to meet Wednesday evening to discuss the Christmas season.

In addition to James and Clark, others attending the meeting were Rose Freeman, owner of Rose's Restaurant; Tammy Moore, owner of Hall of Frames; and Brett and Craig Davis, owners of the Shiloh Building.

Grand Jury

(Continued from page one)

ty, some of which asked for records pertaining to Hammond's personal financial dealings and records from the Child Support Enforcement Division.

The federal grand jury began hearing evidence about the investigation on June 21. Testifying before the grand jury in June were former assistant county attorney Bob Bishop; former caseworker Chris Waugh; and members of Hammond's Child Support Enforcement staff and workers from his private office.

In June, Hammond's attorney, Bernard Pafunda of Pikeville, confirmed that the Federal Bureau of Investigation was conducting a probe into his client's personal financial dealings.

The federal grand jury canceled its July 19 session due to scheduling conflicts.

Foster care and adoption will be topic of meeting

There will be an informational meeting for persons interested in learning more about the foster care and adoption programs in Kentucky. The meeting is scheduled to be held August 22, at 6:30 p.m. at the Floyd County Department for Social Services on University Drive. These meetings are free and open to the public.

If you have any questions, call Norma Boyd at 886-8192.

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course progresses. Ideal for people who want to increase their tax knowledge, the course teaches students how to save money on their taxes and also prepares them for a rewarding career. One course fee includes all textbooks and supplies. Graduates receive Certificates of Achievement and continuing education units (CEUs). Qualified graduates of the course may be offered job interviews with H&R Block but are under no obligation to accept employment.

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WMMT-FM 88.7
 as part of
KY Foundation for Women Ten Year Celebration

Goble Family Reunion

The relatives and descendants of Alex, Willie, John, Ance, Mont, Samuel, Jane and Mary Goble and the Garret and Thornsbury families will hold a reunion on Saturday, August 26th at Dewey Lake shelter #2, Corps of Engineers Recreation Area (top of dam, spillway) Prestonsburg, KY. We will have use of this shelter from 10 a.m. to 10 p.m. and plan to eat around 4 p.m. Please bring a covered dish, we will provide ice, drinks, plates, napkins, plasticware, etc. Come on out and meet your kinfolk!

HIGHLANDS CLINIC

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KENNETH A. FOON, M.D.

Chief of the Division of Hematology and Oncology and Director of the Markey Cancer Center University of Kentucky

will open an

ONCOLOGY CLINIC

Beginning July 11 in Highlands Clinic on the Medical Center campus

Specializing in the treatment of leukemia, lymphoma, multiple myeloma, and certain types of malignant melanomas.

To schedule an appointment, call 886-7471 (physician referral required)



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COME HOME TO MARTIN

Labor Day Weekend

September 1, 2, 3, 1995

FRIDAY

5:00 p.m.: Registration Begins, On Campus
 6:00 p.m.: "Cruising The Town"
 Bring your old antique cars & trucks—shine up your new cars, Parade thru town and cruise the Old "Y"

7:00 p.m.: Reception in Gym featuring Video Tapes of the Old Martin High School Annuals and Past Homecomings.

SATURDAY

9:00 a.m.: Breakfast at the Martin Sr. Citizens Center
 10:00 a.m.: Registration, on Campus
 Noon: Welcome Home Ceremonies
 2:00 p.m.: Individual Class Reunions
 8:00 p.m.: 1950's Homecoming Dance; Music by The "Jaguars"

SUNDAY

Church Services at the local churches
 Noon: Bring your own basket for picnic on school ground for last good-byes!
 Any Civic Organization, Church or School Organization is welcome to put up food & craft booths in town. Please call Glenda Mayo Frye, 285-9397, to reserve space. No charge.

In Memory of Jackie Osborne, Class of 1954, Homecoming Committee Member, who died May 15, 1995

Home of the Martin Purple Flash!!



Mr. and Mrs. Vernon Jervis Reunited Teenage Sweethearts

The marriage of Joanna K. Collins and Vernon Jervis was solemnized in a double-ring ceremony July 8 at 1:00 p.m. at the Cow Creek Freewill Baptist Church. Nathan Lafferty officiated at the ceremony.

The bride is the daughter of the late Wornie Jack Collins of Endicott, KY and Janet S. Collins of Galion, OH. The groom is the son of Maryland Jervis of Endicott and the late Ollie Mae Jervis.

The bride, who was given in marriage by her six-year-old son, Jonathan T. Powell, wore an ivory dress. She carried a bouquet of cream and peach roses.

Serving as the maid of honor was Sheila Fox and the flower girl was Krystal Thompson. The groom's best man was Frank DeRossett, Jr. A reception was held following the ceremony.

The bride and groom reside at Endicott, KY. The bride is employed by Wright Lumber Company, and the groom is employed by Building Crafts Inc.

Prestonsburg Fire & Police Dispatcher Log

The following are excerpts from the Prestonsburg police and fire department dispatch logs for Monday, August 7 through Sunday, August 13.

Monday, August 7
 7:25 p.m. — Report that someone had passed out at Cliffside. EMS run.
 10:31 p.m. — Report that someone had stepped into a pothole at Porter Addition. EMS run.

Tuesday, August 8
 12:01 a.m. — Report of teens playing loud music on South Lake Drive. Subjects were advised to quiet down.
 12:45 p.m. — Caller advised that a female subject was choking. EMS run, advised the subject was fine.
 7:50 p.m. — Report of an accident without injuries at Jerry's parking lot.
 7:51 p.m. — Report that a male subject was sitting in the courthouse drinking beer. Subject was taken to jail.
 10:19 p.m. — Report of a stove fire at Indian Hills apartments.

Wednesday, August 9
 12:47 a.m. — Caller advised that someone was beating on her door. Police checked area, everything was fine.
 3:25 a.m. — Caller reported that someone in Lexington was harassing her by phone.
 1:45 p.m. — Report of a vehicle stolen from Wal-mart.
 10:46 p.m. — Report of a drunk driver leaving Mountaineer Lounge. Subject was arrested and lodged in county jail.

Thursday, August 10
 5:35 a.m. — Report of an accident on U.S. 23 south. Subject advised that he fell asleep and ran off the road.
 7:13 p.m. — Caller advised that her vehicle was damaged when a hubcap flew off another vehicle and hit hers.
 8:31 p.m. — Report that a man on Riverside Drive had fallen. EMS run.

Friday, August 11
 3:05 a.m. — Report of several drunks at a West Prestonsburg home. The subjects were removed from the residence and a sober driver drove the subjects to their homes.
 3:29 a.m. — Report of an accident at Parkway lights.
 2:34 p.m. — Report of an accident without injury at North Arnold.
 5:15 p.m. — Report of an accident without injury at Ky. 1428.

Saturday, August 12
 1:04 a.m. — Caller advised that a female subject was extremely ill at Prestonsburg Holiday Inn. EMS run.
 1:29 a.m. — Report of a fight in progress at Porter Addition.
 1:49 a.m. — Report of two men fighting in Prestonsburg Holiday Inn lobby.
 11:11 a.m. — Report of two vehicles broken into at Highlands Plaza.
 3:41 p.m. — Report of shoplifters at Wal-mart.
 9:48 p.m. — Motion alarm activated at Big Lots. Everything was fine.

10 p.m. — Report of drunks at Prestonsburg Village parking lot.

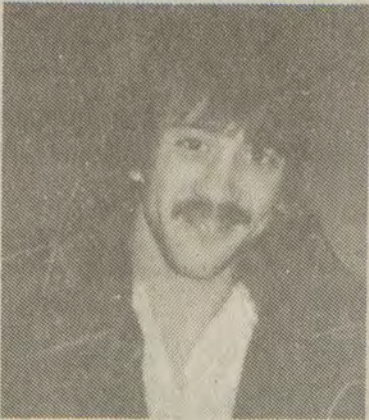
Sunday, August 13
 2:36 a.m. — Report of a fight in Hardee's Drive Thru. One male and one female subject arrested and taken to county jail.
 10:30 a.m. — Report of a window broken at the Pawn Shop at Highland Plaza.
 4:27 p.m. — Report of items stolen off a truck at Super 8 parking lot.
 5:44 p.m. — Caller advised that someone had hit her car at Wal-mart parking lot and then left.

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Sunday School 11 a.m.
 Evening Worship 7 p.m.
 Wednesday Prayer Service 7 p.m.
 Saturday Evening Worship 7 p.m.

**ADA MOSLEY
 PASTOR**

Happy Birthday Marvin L. George



Born Aug. 17, 1964
 Passed away Apr. 15, 1993

Marvin,
Though distance never separates hearts that really care, Especially on your birthday, we sure wish we could be there.
To share this special day with you, to chat for just a while, To hear what you've been up to, and see your welcome smile.
But since that's just not possible and we must be apart, We'll celebrate your birthday with you right here in our hearts.
So, we can visit any time, no matter when or where, For distance never separates hearts that really care.
 The McGough Family,
 Especially Dee Dee and Shay

 Every joy is gain. And gain is gain, however small.
 —Robert Browning

Veterans Referral Center presented with nine awards

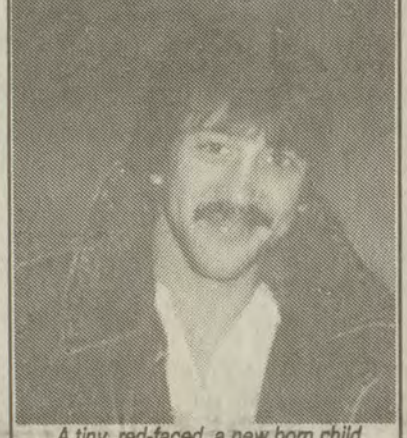
Veterans Referral Center Service Officers Bob Stafford and Roger Williams, representing locally operated Veterans Referral Center, at Paintsville, were recently presented with nine prestigious awards from National and State Veterans of Foreign Wars, America's oldest veterans organization, established in 1894 with service to others as its goal.

Stafford, senior service officer, was pleased with the recognition. "These nine awards are given to service officers with consistent excellence in pursuit of quality service to servicemen, ex-servicemen, their dependents and public service. This recognition also honors Norman Miller, Morgan N. Litteral seventh grade computer operator, student at Johnson Central and many others who volunteer their time."

Veterans Referral Center is open five days a week. All services at Veterans Referral Center are without charge.

**FLOYD COUNTY
 CATHOLICS**
 WELCOME YOU
ST. MARTHA CHURCH
 Water Gap
 Masses: 5 p.m., Sat.; 11 a.m. Sunday
 Inquiry: Monday 7 p.m.
 Religious Education Classes:
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 If anyone needs a ride for any of the services,
 please call St. Martha's Catholic Church.
 Pastor: Father David Powers
 Phone 874-9526

In Memory of Marvin L. George



Aug. 17, 1964 - Apr. 15, 1993

*A tiny, red-faced, a new born child,
 His cry the sweetest sound a mother's ears ever heard,
 And oh, the joy he brings, when I hold him in my arms.
 And as he grows through the years, all the good times we've had.
 The love and laughter he has given to me, I'll remember until I'm with him again.
 In our minds, we will always remember the last time we saw you, the smile you had on your face.
 I'd give the world if I could see and hold you in my arms one more time, and hear the laughter in your voice, and see the sparkle in your eyes.
 Each and every day as I go and visit you at your resting place, I look at your picture and ask God why He took you instead of me.
 The tears start to roll down my face and the pain never gets easier.
 So, I ask God to help me with my bleeding heart, even though my faith is weak, and sometimes I can hardly speak.
 And, as your mother, you could never do wrong for you are my baby, and we all love and miss you and you will always live in our hearts and memories forever.*

HAPPY BIRTHDAY,
 Mom, Sisters, Brothers, Nieces and Nephews, Dee Dee & Shay-Shay, and everyone else who loves you

Card of Thanks

We, the family of Kenneth Avery Campbell, Prestonsburg, Kentucky, wish to offer our sincere appreciation and thanks for the many loving, kind and thoughtful expressions of sympathy extended to us during this time by both our and Kenneth's relatives, friends, neighbors, co-workers and business friends. We are all overwhelmed by the many generous expressions of kindness and thoughtfulness in the form of wonderful gifts of food, beautiful flowers, and, most of all, for the love, thoughts and prayers. Your visits, calls, cards and words have helped to ease our pain. Kenneth would have been so proud of the outpouring of such heartwarming condolences extended to us by those who loved him. We appreciate each and every one of you so very much.

We wish to pay particular thanks to Rev. Lori Vanucci and Rev. Bill Campbell for their services which were both beautiful and comforting, and just perfect for Kenneth; to the Harbormen and Ron Wright for their lovely, lovely music; it could not have been better, and Kenneth would have loved it. He thought so much of all of you, more than you know. We extend our special thanks also to the Trimble Chapel and the ladies of the church who prepared the delicious home-cooked meal for Kenneth's family and friends. We appreciate it so much. We want to express our special thanks to the pallbearers: Coach Phillip Haywood, Brian Fulks, Brett D. Davis, Alvin R. Hall, Kerry Slone, Chuck Hughes, Dwayne Moore, Marvin Marsillett, Jeff Burchett, Royce Mayo and Gene Holland, and to Dr. Grady Stephens and Dwayne Campbell, Kenneth's friends and classmates, for their kind support and assistance. You were very special to Kenneth. Kenneth also had a special group of "breakfast" friends, his friends at the Jenny Wiley Campgrounds, Thunder Ridge and Wright's Barber Shop. We thank you so very much for your friendship to Kenneth. He often spoke of you and enjoyed your friendship tremendously. If Kenneth was looking down on us—you made him so proud.

We also wish to thank the Floyd Funeral Home, and particularly Larry Burke, for the fine job he did, and whose professional expertise is appreciated more than words can express; and the Floyd County Sheriff's personnel for their kind and efficient service.

The Family of Kenneth Avery Campbell



Card of Thanks

The family of Allie Inmon would like to take this opportunity to thank everyone for their help during the loss of our loved one: those who sent food, flowers, or spoke comforting words. We deeply appreciate you all. A special thanks to the Regular Baptist ministers for their comforting words; the Stone Coal Regular Baptist Church for all their help and support; Bill Inmon for the wonderful eulogy; the sheriff's department for their assistance in traffic control; and a sincere and grateful thank-you to John C. Hall and the staff of the Hall Funeral Home for caring for all the arrangements with warm and personal manner.

INMON AND MOORE FAMILY

Card of Thanks

We, the family of the late Goldie McKinney Spurlock, would like to thank each and everyone who helped in any way during our great loss. To Eddie Patton and Kent Dingus for the comforting words. Thanks to those who sent flowers and food, and to the ladies and gentlemen from the Church of Jesus Christ of Latter Day Saints for their love and caring. Thanks to the Floyd County Sheriff's Department for handling the traffic so well; and to the Hospice of the Big Sandy for being so gentle and caring. And thanks to Hall Funeral Home staff for their gentleness and care.

HOBERT SPURLOCK AND FAMILY

Card of Thanks

The family of Nancy Gibson Gregory wishes to gratefully acknowledge the thoughtfulness and kindness of friends, relatives, and neighbors in the loss of our loved one. Thanks to all who sent food, flowers, prayers or spoke comforting words. We are especially grateful to the Regular Baptist ministers for their comforting words; the sheriff's department for their assistance in traffic control; and the Hall Funeral Home for their kind and professional service.

**THE FAMILY OF
 NANCY GIBSON GREGORY**

Gospel Singing

Saturday, August 19th—7:00
 at
Free United Baptist Church
 West Prestonsburg

Featuring:
 Joann Coleman, Carl C. Hall, Roger Ratliff and Singers
Everyone Welcome
 Pastor, Bro. Willis Adkins



Card Of Thanks

We, the family of Elmer Bentley Jr. ("Junie") would like to express our appreciation to everyone who gave us support, guidance and friendship throughout his life, and most recently his death. We send our love and thanks to his cardiologist, Dr. Noonan and Patient Care Coordinator, Susanne Norman, from the Chandler Medical Center, for their honesty, guidance and caring which went beyond the call of duty.

We give our thanks to Cooley Medical and Cooley Apothecary for relieving us of extra worry by having Junie's needs always met. Thank you, Bobbi Slone, of Visual Changes, for being helpful and patient. To Donna and Von, of Photo Magic, for the memories they provided.

A special thanks to Ms. Geneva, Ms. Madge and the 94/95 Head Start Class at Clark Elementary. The brief time Junie spent with you, gave us a lifetime of memories. To our friends, we couldn't have made it without you, thank you for listening tirelessly, to our hopes, our fears and now our pain.

Thank-you to our friends from the watering hole. From our hearts, we send a special thanks to, Olga Flynn from the Dream Factory in Lexington, Ky. for arranging Junie's trip to Disneyworld. An extended thanks to the wonderful people at the Kids Village in Kissimmee, Florida for hanging a star engraved with his name in the Magic Castle where it will remain forever.

To Branham and Baker Coal, your support has been overwhelming. We thank all the employees who sent flowers, food and cards. An extended thanks to Audie Rice, Job #850 and the B-Team night shift.

From our hearts we acknowledge two special people from St. Mary's Hospital in Rochester, Minnesota, Lisa Mundy and Steve Bounds. Their compassionate nursing of our son following heart surgery gives us comfort in knowing he had the best care with every effort made.

Thank-you to Hall Funeral Home for being so helpful and sincere during the arrangements and service. Thank-you to the sheriff's department for traffic control.

To the clergymen, Bethel Bolen, Kenneth Salyers and Dave Garrett, also the Highland Avenue choir and Connie Pennington and singers; the words you spoke and songs that were sung were very soothing and meaningful, thank you.

A special thanks to the men who prepared the grave and to the pallbearers; Lee Caldwell, Jimmy Lovely, Damron Bentley and Clifford Bentley. To the many people who sent flowers, food and cards, we will never forget you. We cherish Junie's memory and on this day, the 16th, of August, Junie would have been five years old. We thank God most for loaning him to our family. He was an inspiration to all who knew him.

Elmer, Lesa, Eddie and Crystal

Gospel Singing

at the
Auxier Freewill Baptist Church

**Saturday, August 19th
 at 7 p.m.**

Featuring *The Joint Heirs
 and The Trinity Heirs*
Everyone welcome to attend.

Communion and Feet Washing Service

at the
Auxier Freewill Baptist Church
Sunday, August 20th at 6 p.m.
Everyone Invited.
 Bobby Joe Spencer, Pastor

Retail, restaurant and school inspections

Russell Wallace and John L. Bailey, health environmentalists, public health inspectors at the Floyd County Health Department

• Rose's Restaurant, 92: Not all equipment has thermometers. Onions were stored on the floor. No scoop was at the ice machine. No hair restraints were in use. Wiping cloths were improperly stored. Floor needs repair. Fixtures were not shielded.

• Martin Dairy Queen, 86: Critical violation: Utility mop sink has no back flow prevention device. Hose is attached to faucet, making back siphonage a real possibility and could result in contamination of municipal water system by creating a cross connection. Owner has 10 days to correct critical violation or a notice of imminent closure will be issued.

Other violations: Thermometer

was not working at the walk-in refrigerator. Also, thermometers were not present in the other cooling and freezer units. Food items were stored on the floor of walk-in freezer. Also, food items in walk-in refrigerator were not properly covered.

Pans on storage shelf were stored with other clean utensils that have not been properly washed—a grease buildup was noticed.

Inside ice machine needs cleaning. Faucet at three-compartment sink will not stop flowing.

• Rite-Aid, Martin, 100: Limited retail sales. No violations noted during inspection. Restrooms meet compliance standards.

• Family Dollar Store Inc., Martin, 95: Limited retail sales. Cans of food items on shelf had labels missing. Containers of mustard with some type of black debris on them. Restroom has no self-closing door.

• Somerset Oil, 98: No soap in men's restroom. Need covered waste receptacle in women's restroom.

• Wendy's, 90: Ice machine bin not covered. No proper hair restraints were in use. Shake machine out of order. Ice machine was rusted on the outside. Wiping cloths were stored on counter. Outside garbage dumpster was not covered. Straw broom was used to sweep the floor in the dining

room and kitchen area.

• Super America, 96 (deli) and 96 (retail): One sandwich cooler did not have a thermometer. Microwave needs to be cleaned. No lid on the garbage container. A coat was hanging on the freezer door.

• The New Pizza Express (Kathy's Pizza Express), 95: Not all refrigeration and freezer units have thermometers. Bottom section of reach-in refrigerator was in bad repair. Restroom facility has no hand drying device or towels. Floor was in bad repair in food preparation entrance area.

• Toddards Market, 96 (deli) and 95 (retail): Walk-in refrigerator and freezer units have no thermometers. Food items were stored on the floor. No chemical test strips at food preparation three-compartment sink. Bags stored on the floor.

No towels or soap at handwash sink. Lights at food preparation area and walk-in refrigerator were not shielded.

• Playhouse Restaurant, 92: Not all refrigerators have thermometers. No hair restraints in use. Counter in bad repair. Utensils were improperly stored. No self-closing door in restroom. Floor needs repair. Employees using straw broom to sweep floor. Ceiling needs repair.

PCC offers new associate degree in business technology

Beginning with the Fall Semester, Prestonsburg Community College will offer a new Associate Degree program in Business Technology. Students who successfully complete the program will earn an AAS (Associate in Applied Science) degree in Business Technology/Office Administration Option.

The Business Technology program prepares students for management positions in a variety of career options. The Office Administration option provides the student with a broad base of knowledge and skills needed for a variety of positions in an office environment.

Students in the program will follow the core Business Technology curriculum, which consists of 46-51 hours of general-interest and general business courses. They will also take 18 hours of instruction in areas geared specifically toward the Office Administration option, including courses in keyboarding and word processing, desktop publishing, dictation and transcription, and office administration.

Open registration at PCC is scheduled for Thursday, August 17, from 9 a.m. through 6 p.m., and Friday, August 18, from 9 a.m. through noon, in Room 102 of the Johnson Administration Building on the Prestonsburg campus. Open registration will be held on the Pikeville campus on Monday, August 21, from 9 a.m. to 1 p.m., and from 3 to 6 p.m.

Late registration on both campuses will begin Tuesday, August 22, and run through Tuesday, August 29, from 8 a.m. to 6 p.m. each day, except Friday, August 25, when hours will be from 8 a.m. to 3 p.m. only. Classes begin August 23 on both campuses.

Senior citizens may take courses at PCC under the University of Kentucky's Donovan Scholars Pro-

gram, which allows anyone 65 or older to take courses tuition-free on a space-available basis.

Additional information about classes, registration, the Donovan

Scholars Program or a class schedule may be obtained by calling the Prestonsburg campus at (606) 886-3863, or the Pikeville campus at (606) 432-4800.

College offers fitness classes for senior citizens

During the Fall Semester, Prestonsburg Community College will offer two credit courses in fitness designed especially for senior citizens.

One of the courses is KHP 145: Concepts in Health and Fitness, a three-hour class in which seniors will be instructed in the fundamentals of a healthy lifestyle and healthy activities, including aerobics, weight training and other age-appropriate forms of exercise. Students in this course will have access, at no additional charge, to all of the facilities of the PCC Wellness Center, where they can exercise under close supervision by the Wellness Center staff.

The other course is KHP 124: Beginning Conditioning, a one-hour class which will be taught at the Prestonsburg Senior Citizen Center for those unable to travel to the college to attend KHP 145. Students in the conditioning course will be instructed in chair aerobics and other activities they can enjoy while sitting, or without exerting a high level of energy.

Christopher G. Fleming, Project Health Coordinator and Instructor at PCC, said 29 seniors have already registered for the three-hour course while 24 have registered for the one-hour course. He said registration for both courses will remain open through August 29.

Senior citizens may attend these courses tuition-free, on a space-avail-

able basis, under the University of Kentucky's Donovan Scholars Program. This program is funded by an endowment that reimburses the college for the tuition of anyone 65 or older who wishes to take classes at PCC.

Fleming said seniors who have registered for the two fitness courses have taken advantage of the Donovan program to enroll in other fitness-related classes, including golf and nutrition, as well as courses in other fields, such as computer science.

Open registration at PCC resumes on Thursday, August 17, from 9 a.m. through 6 p.m. and Friday, August 18, from 9 a.m. through noon, in Room 102 of the Johnson Administration Building on the Prestonsburg campus. Late registration begins Tuesday, August 22, and runs through Tuesday, August 29, from 8 a.m. to 6 p.m. each day, except Friday, August 25, when hours will be from 8 a.m. to 3 p.m. only. Classes begin on Wednesday, August 23.

For more information on the senior citizens fitness courses, call the PCC Wellness Center at (606) 886-3863, extension 356.

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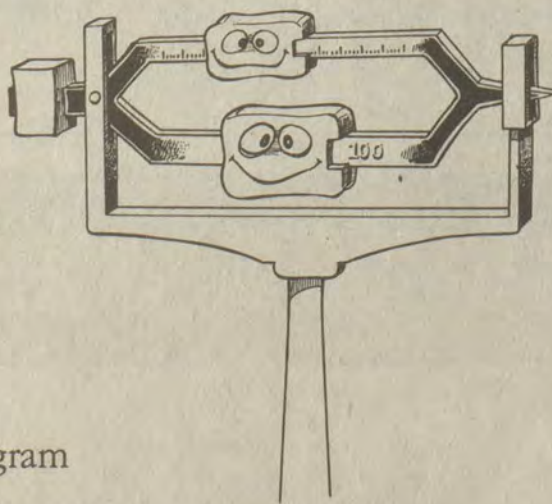
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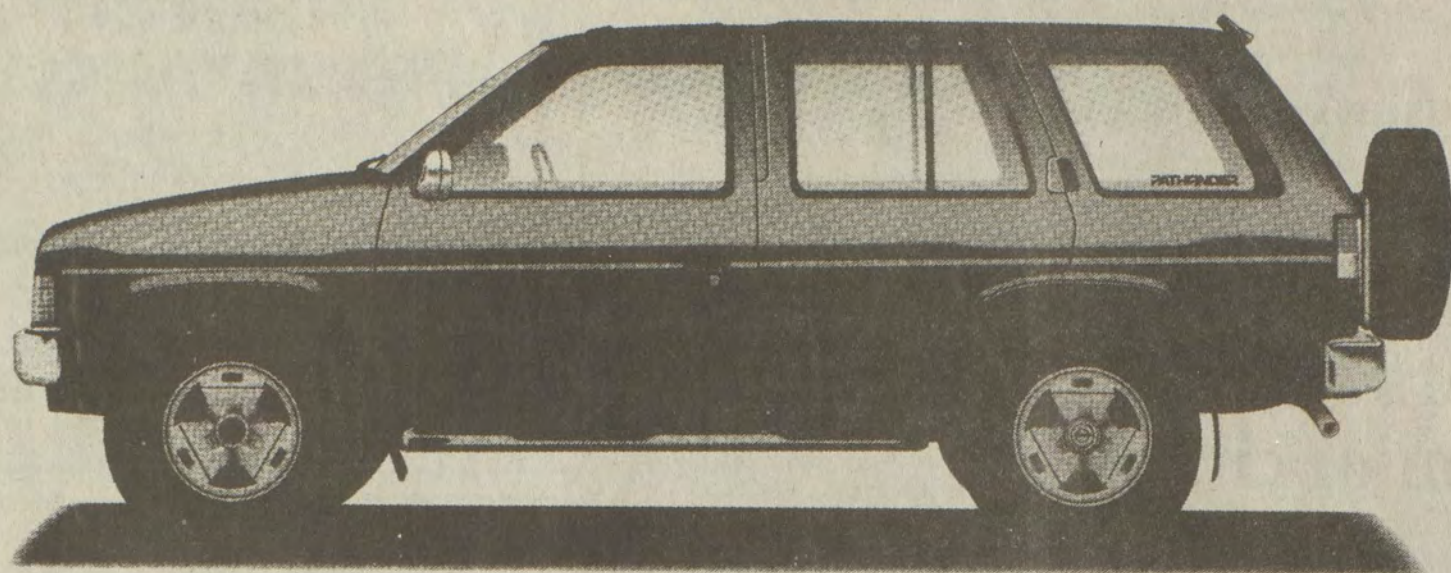
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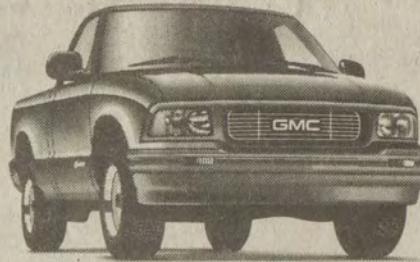

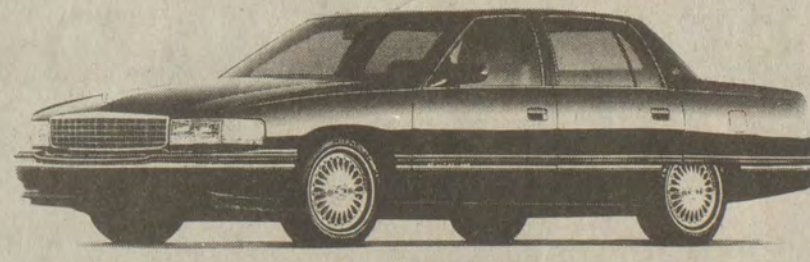
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Success follows McKinney in bodybuilding competition

by Ed Taylor
Sports Editor

Everyone likes a success story. It just makes you feel good about the good fortune that follows an individual, especially if it is someone we know.

John McKinney, owner and operator of J.R.'s Top Dog Gym in Prestonsburg, is a local success story. But really, no one should be surprised at what he has accomplished over the past three weeks.

All of his hard work, training and concentration have produced success for the Martin bodybuilder. McKinney took home first place in the Mr. Louisville Bodybuilding Championships held in Louisville at the Louisville Gardens on July 28. The local bodybuilder won first place in the heavyweight division, winning out over four other competitors from the Louisville and Indiana area.

McKinney showed vast improve-

ment from a year ago in winning the championship. He placed second in last year's meet.

Upon completion of the Louisville championships, McKinney was honored by being invited as guest poser for the Kingsport Fun Fest Bodybuilding Championship in Kingsport, Tennessee.

McKinney was the overall champion in last year's meet at Kingsport, but this time he returned by invitation to pose in the event, as well as crown the new champion.

The bodybuilding champion then journeyed to Lexington on August 5 to compete in the Lexington Thoroughbred Classic Bodybuilding Championship, a meet in which he won the heavyweight title a year ago.

After dropping nine pounds after the Louisville meet and traveling to Kingsport, McKinney entered the light heavyweight division in Lexington and brought home yet another championship.

"This was the toughest class in the entire show," said McKinney, who weighed in at 188 pounds. The Thoroughbred Classic is regarded as one of Kentucky's most competitive shows.

McKinney won over four other top competitors in the Lexington meet.

After the success of the past three

weeks, McKinney was told by several judges at the Louisville championships that he needed to step up in competition next year. Stepping up means stiffer competition and McKinney has decided to compete next year on the national scene. He will be in competition in the National Qualifier Contest next season.

"There are so many people that I need to give thanks to for their support," said McKinney. "My training partner, Roger DeRossett, has been a tremendous help, as well as other members of my gym."



Mr. Louisville winner!

Martin's John Rodney McKinney is flanked by two trophies he won in the past three weeks. McKinney won the heavyweight event in the Mr. Louisville Bodybuilding Championship back in July and took home the Thoroughbred Classic championship on August 5. He was also guest poser in Kingsport's Fun Fest Bodybuilding Championships.



Beau Tackett

Rebel's backfield to feature Tackett as feature back

by Ed Taylor
Sports Editor

Since the hot summer days are still with us, the thought of the high school football season is probably far from the minds of fans, who are only interested at this time in finding some relief from the 90-plus degree temperatures.

The weather will become cooler. Meanwhile, Allen Central's Beau Tackett and his Rebel teammates are preparing for the upcoming football season.

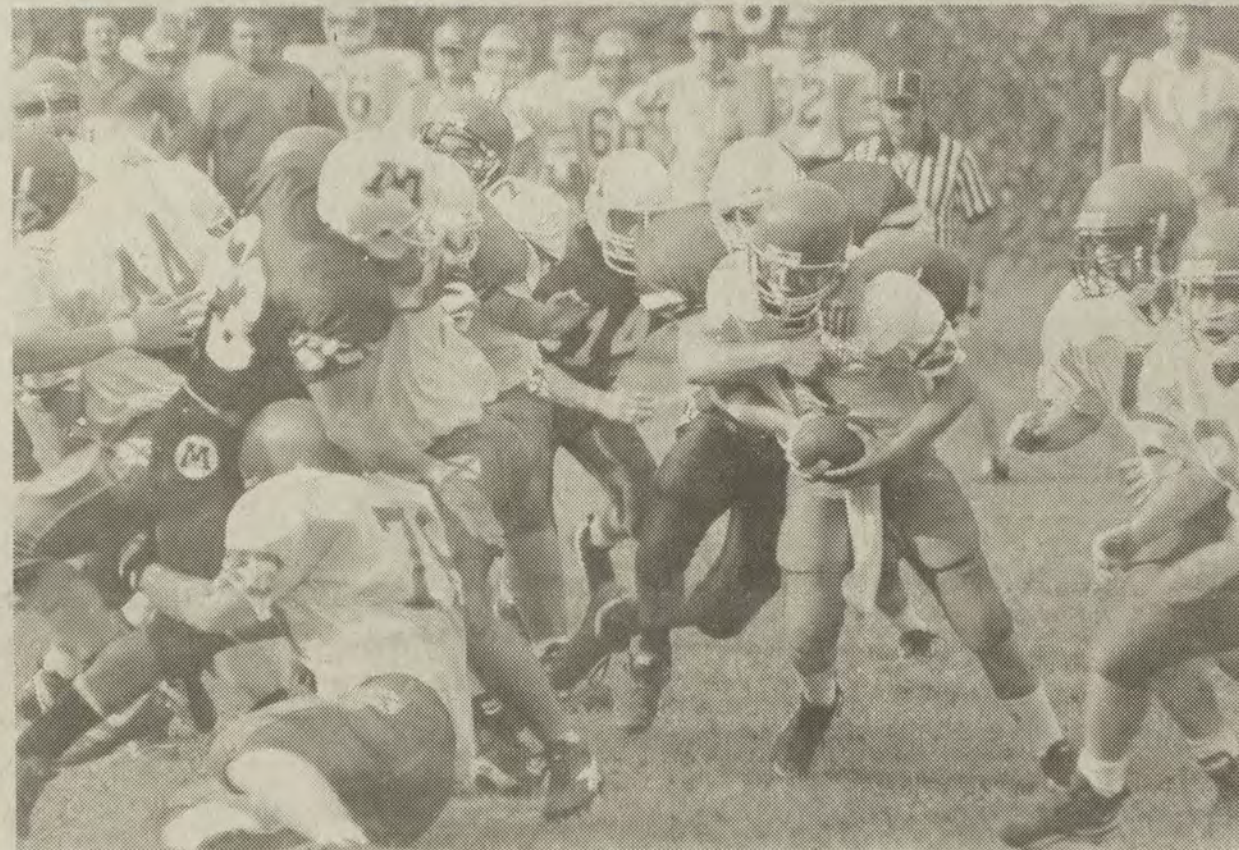
Allen Central will return a dominant junior squad this season which will include Tackett. Also, Allen Central will move up a class as they play 2A football.

"We have a strong junior class coming back this season," said Tackett. "It will more difficult for us because we are having to play in Class 2A. But I think we are ready. We are a lot more ready this year than we were this time last year."

Tackett said that the Rebels' defense has shown vast improvement from last year and working during the summer months has helped.

"We have some good offensive weapons this year," he related. "Our defense is coming in strong also. We've been in the weight room all summer and we look a lot better."

(See Tackett, B 8)



Sacked!

It wasn't an easy night for Allen Central quarterback Adam Coleman (11) as he was swarmed by Hornets from Magoffin County in the first game of the South Floyd Grid-O-Rama this past Saturday night. The Rebels fumbled the ball four times in suffering a 54-18 setback. (photo by Ed Taylor)

Rebels to make adjustments before start of '95 season

by Ed Taylor
Sports Editor

It was only a warm up for the real thing that will get underway on August 25 when the 1995 high school football season begins. But when the Allen Central Rebels squared off against the Magoffin County Hornets in the first game of the annual South Floyd football grid-o-rama this past Saturday night, both teams found out they had a lot of work to do before the season starts.

"We thought our running game would go tonight," said Rebel coach Glenn Reeves. "Basically, our passing game was on. But still, again, we have a problem with what the offensive line looks like."

"We're not getting to our blocking assignments. We barely had time to do that. But we had other adjustments we could have made, but we didn't want to show it this early. There was a lot of people here watching and getting a film (video) on us," he said.

Magoffin County, working out of their famed shotgun offense, posted a 53-18 win over Allen Central. Senior quarterback Mike Caba completed 11 of 21 pass attempts for 195 yards out of the shotgun.

"We knew they are going to pass out of the shotgun," said Coach Reeves. "But we allowed their defense to score three times against us."

Allen Central fumbled away the football on their first three possessions of the game. On their second play of the game, Caba picked up a Rebel fumble and ran into the end zone for a 6-0 lead. The extra point from the kick made it a 7-0 game.

Something new this year for the Hornets to learn is to not fall on a fumble, but pick it up and run.

"We're teaching our players that instead of recovering a fumble, to pick it and run. That paid off for us tonight and, hopefully, will carry over in the season for us," said Magoffin County coach Mitch Caba.

Allen Central failed to take care of the ball on their second possession as they fumbled on their own 11-yard line with the Hornets picking the ball and scoring to make it a 13-0 game.

Scoring, defense top list for Raider's Terrance Mullins

by Ed Taylor
Sports Editor

The South Floyd Raiders football team will take on the Magoffin County Hornets on August 25 to officially open the Raiders' 1995 high school football season, and wide receiver Terrance Mullins is chomping at the bits to get the season underway.

Mullins is expected to be a one receiver slot on offense and will play the safety slot on defense. Both positions are to the liking of the senior and he expects to perform well at both.

"I want to score a lot of touchdowns this year," he said about his offensive play, "and come up with a lot of interceptions at the safety position."

Mullins missed the most of last season after being injured in the Raiders' opening game last year against Magoffin County. He returned to the Raiders' lineup late in the year.

Mullins, who didn't play football until his sophomore season (after the McDowell and Wheelwright consolidated), has excellent athletic ability which gives the Raiders a strong re-

ceiver. Things got worse for the Rebels when they fumbled for the third consecutive time at the 31-yard line. Magoffin took control of the football and Caba hit wide receiver Jason Wages for 11-yard touchdown pass to lead 20-0.

The Rebels found little running room against the defensive line of the

(See Rebels, B 8)

South Floyd defense impressive against 3A Pike County Central

by Ed Taylor
Sports Editor

South Floyd head football coach Donnie Daniels told his team after they had recorded a 16-12 win over 3A Pike County Central, that this year's ballclub was a better defensive team than last year's, but there was still work to be done.

"The first five minutes you were scared," he told his team, "but you got over it. This is one game. There is still room for improvement and we have a lot of work to do."

It may have been just a practice game for the two clubs, but you couldn't tell them that as they battled on the gridiron in the sweltering heat in front of a large crowd.

The Raiders had to come back from a 12-0 deficit to post the victory. Ketra Mays, a sophomore, ran for 115 yards unofficially in the scrimmage and he was pleased with the win.

"We didn't give up when we got down early," he said. "We have to thank our coaches for that."

It was a tough feeling for Mays in the early goings as he was guilty of fumbling away the football, which led to Pike Central's first score.

"I fumbled early, but I had to just put that behind me and make better of it," said Mays.

Coach Daniels echoed the same thing.

"Ketra played a heck of a game for us," he said. "He made one mistake and got down. He came to the sideline and I told him that he was going to make mistakes like that, but he was going to get other opportunities. He showed a lot of character for a sophomore. He's young and he's going to make mistakes like that."

Opportunities? Mays got them and he made good use of them as he turned up the speed and led his team to victory.

Pike Central took advantage of some early nervousness of the Raiders. After a four downs and out possession for South Floyd, Pike Central got on the scoreboard on their first possession on a 1-yard plunge by senior Mike Gillispie with 8:26 left in the first half.

Mays then fumbled the football on a second down play at the 45-yard line with the Hawks falling on the loose ball.

(See South Floyd, B 5)

Barrowman's goal gives Terminators championship in youth soccer

by Ed Taylor
Sports Editor

The 1995 Floyd County Youth Soccer League completed their first full season this past Saturday with some dramatic moments.

The Wickes Lumber Terminators finished 5-4 on the season to take first place in the 10-under division. The Pizza Hut Wolverines posted an 8-2-1 record for the championship in the 15-under division.

The hero of the Terminators versus Whirlwinds game was Kristi Barrowman, who kicked the winning goal to give her team a 2-1 victory and, more importantly, the league championship. Megan Patton had kicked the first goal for the Terminators to tie the game at 1. Daniel Knight had the lone goal for the Whirlwinds.

Tyson Wills went on a tear for the Wickes Lumber Pythons by kicking four of his team's six goals in a 6-1 win over the Dairy Queen Blizzards. Whitnee Wills scored a goal, as did Aaron Neeley. Billy Collins had the only goal for the Blizzards.

Blizzards' goalie David Harris, regarded as the most improved player on the Blizzards team, had over a dozen saves in the losing cause.

The Pythons faced the Pizza Hut Wolverines in the afternoon's final game and had to go to overtime to pull out the 4-3 win.

The overtime was the league's first ever shootout. Tyson Wills

(See Soccer, B 9)



Big expectations!

The South Floyd Raiders are looking for quarterback Nick Compton to lead them to a winning season this year and possibly a playoff berth as the high school football season officially opens August 25. Compton threw for two TD's against Pike Central last Saturday night in a 16-12 grid scrimmage win. South Floyd will entertain Magoffin County in their home opener. (photo by Ed Taylor)

(See Raiders, B 7)

Swartz outduels Davis for Late Model victory at 201 Speedway

Collins wins claim bomber consolation event

by Chris Belcher
Contributing Writer

Before a capacity crowd, the 201 Speedway's Autumn Spotlight focused on the Late Model drivers this past weekend.

In attendance, other than the regular drivers, were several other drivers that made their way in pursuit of the \$2,000 purse that was being offered to the winner of the Late Model event. Charles "Charging Charlie" Swartz collected the checkered flag in the Late Model event nosing out veteran Paul Davis. Davis made a strong challenge for Swartz in the final circuits, but it was Swartz living up to his nickname as he charged to the finish line ahead of Davis.

Sixteen cars took part in the 50 lap feature race with Scott McCloud and Tommy Keeton setting the pace in the early going. McCloud was able to hold off Keeton in the first six laps until Swartz entered the picture. Swartz overtook Keeton on the seventh lap and began the chase for McCloud.

On the 11th lap, Davis made his move and roared into second place on lap 16, passing Keeton as well. The battle for second developed between Davis and Swartz as McCloud rolled out to a six car length advantage over the rest of the field.

Swartz made his move after shaking Davis and challenged McCloud, getting a fender under the leader but could not pass him.

McCloud's lead ended when on lap 33 when he entered turns one and two and made contact with a lapped car. The contact caused damage to McCloud's right tread and cut down his tire, taking him out of the race.

With McCloud out of the lead, the door opened for Swartz, who would have to contend with Davis the rest of the way.

For the final 15 laps Davis and Swartz would wage a classic battle around the circuits with Davis able to pull along side of Swartz down the back stretch only to have Swartz regain the lead on the front stretch.

Keeton rode his car into a third place finish and Jake Miller finished fourth.

Only one caution flag was shown in the 12 lap Claim Bomber feature race. Albert Butcher led the field from the start as he claimed the checkered flag and collected the \$250 prize money. Virgie's Steve Burke finished second.

Jim "Iceman" Ison took the lead from Rodney Webb on the second lap and went on to take the 15 lap Super Bomber feature. Ison experienced a strong challenge from Johnny Trimble. Ison collected \$350 for the win.

Prestonsburg's Don Collins won the claim bomber consolation race ahead of Martin County driver Jackie Buskirk and Michael Butcher.

Roger Brown got the checkered flag in the Road Hog feature, outdistancing Ron Puckett and Tracy Butcher, who finished the race despite his hood being up for most of the event.



Top notch!

When you talk about top Kentucky quarterbacks you have to breathe the name of Mike Caba of Magoffin County. Caba, a senior, has caught the eye of several college coaches and will be a hunted man this football season. Caba is shown scampering against Allen Central with Ben Ward following. The Hornets stung the Rebels 54-18. (photo by Ed Taylor)

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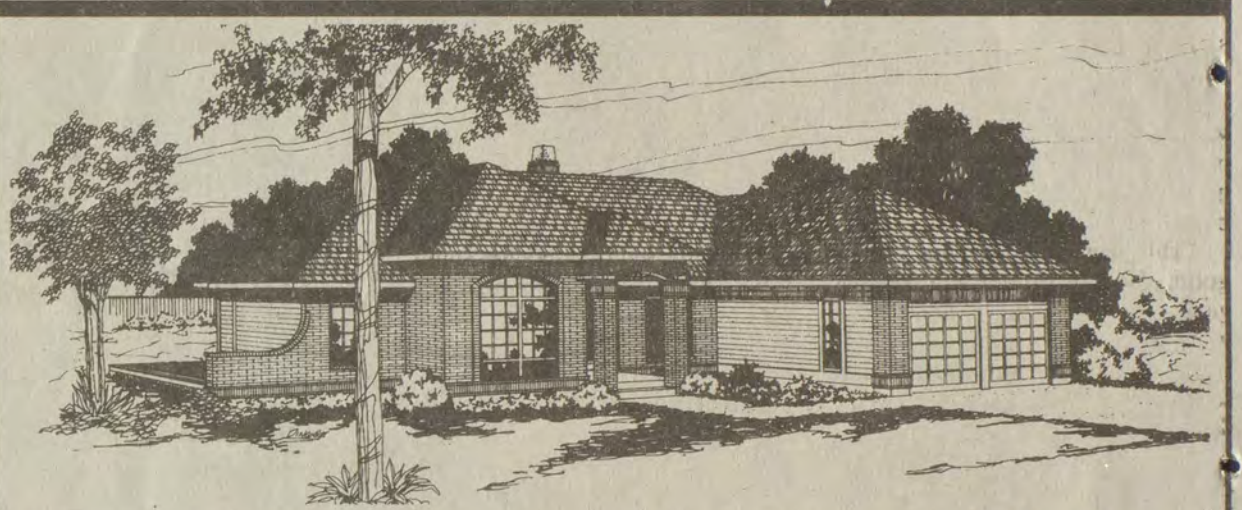
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Handsome Somerset has sunny kitchen

By Associated Designs

Dramatic arches draw attention to the Somerset's graceful yet stately entry portico and stacked living room windows. Handsome hipped rooflines add to the street appeal.

A sunny kitchen with a solarium nook is at the heart of the home. Formal rooms are at the front, family room and secondary bedrooms are to the right, and the secluded owners' suite is to the left, well away from family activity areas.

The huge kitchen is richly illuminated by windows and a nearly all-glass solarium nook. Conveniences include a pantry, a work island with cooktop, and built-in appliances. If desired, the wet bar which separates the kitchen from the spacious family room could be a fireplace.

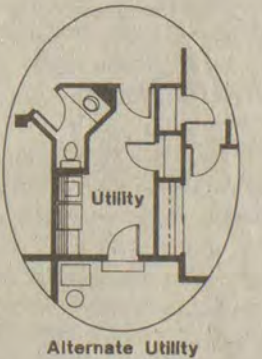
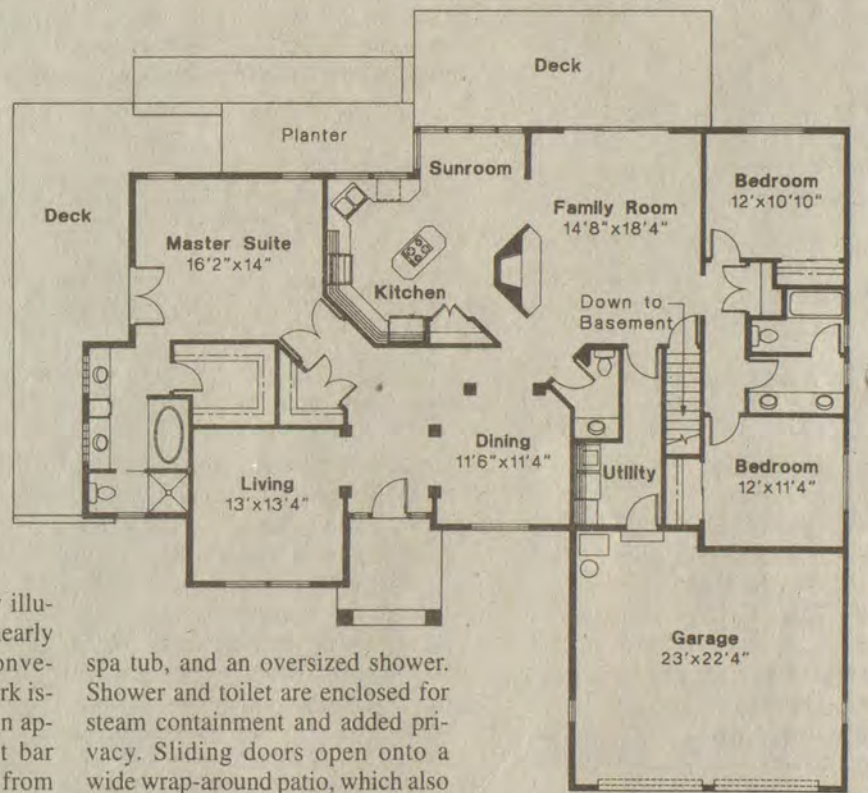
Ten-foot ceilings expand both the living room and the elegant columned foyer. Columns mark the openings to the living room and dining room. A large storage closet and a small bathroom are conveniently close to the front door.

Pampering touches in the owners' suite include a roomy walk-in closet, his-and-hers vanities, a large

spa tub, and an oversized shower. Shower and toilet are enclosed for steam containment and added privacy. Sliding doors open onto a wide wrap-around patio, which also leads to a screened porch located off the living room.

The Somerset's two other bedrooms share a bathroom with twin lavatories. If a basement is not included, storage space is expanded in the utility room, next to the garage, as well as in bedroom three and the hallway.

For a review plan, including scaled floor plans, elevations, section and artist's conception, send \$15 to Associated Designs, 1100 Jacobs Dr., Eugene, Ore. 97402. Please specify the Somerset 10-057 and include a return address when ordering. A catalog featuring over



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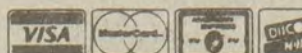
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UK football players tackle rigid daily schedule

How would you like to have two full time jobs? And one of those involves getting hit by and/or hitting 250-pound men each weekend.

That's pretty much the life of a University of Kentucky football player.

UK's football season begins September 2 against the University of Louisville, and UK team practice begins around August 9. So what will a typical day be like for a UK football player once the season is underway? Senior wide receiver Leon Smith knows.

Smith's day starts with the alarm ringing at 6 o'clock. He gets dressed and heads to the Nutter Training Center to lift weights for an hour. According to Smith, "strength training keeps the body healthy." Breakfast keeps the body healthy too, so that's next on the schedule. The team eats in a residence hall cafeteria near the Nutter Center.

Now it's 8 a.m. and time for class. Smith, a social work major who plans to graduate in December, normally has taken 12-15 credit hours per semester. So, between 8 a.m. and 1 p.m. he is in class.

After class, he catches a quick lunch on his way to Commonwealth Stadium where the team meetings and practice take place. Smith and the team meet with the coaches until 2:30 p.m. Afterward, they suit up for

about two hours of practice on the field.

Under NCAA rules college athletes can meet and practice for only 20 hours a week or about four hours a day Monday through Friday.

About 5 o'clock, Smith gets out of his practice uniform, showers and goes for dinner with his teammates at another cafeteria on campus.

Finally some rest for Smith? Think again. It's 7 p.m. and time for three hours of study at the Center for Academic And Tutorial Services, known as CATS, located in Memorial Coliseum.

Bob Bradley, assistant athletics director, oversees the CATS program. He says study time is required of most student athletes, and in many cases mandatory tutors are assigned.

According to Bradley, UK has a commitment to help the students academically. "Because UK is a significantly more difficult academic institution with selective admissions and because our athletes are working what amounts to an exhausting full-time job in addition to being a full-time student, it's a struggle for them," he said.

According to Bradley, most people can't relate to what major college football players go through because it differs so greatly from high school or even from college football a few

years ago.

"As the world has gotten high tech, so has college sports. The student athlete is under a lot of pressure to absorb all the new information and new fundamentals to keep up," he said.

It's 10 p.m. now. Smith leaves the CATS center and heads for home.

He has put in a 16-hour day....a typical day in the life of a UK football player.

It's a rigorous schedule, but Smith said at least he doesn't have to worry about managing his time. "Being a student athlete, everything is basically laid out for you. You get used to it," he said.



Watching the ball!

Allen Central wide out Thomas Jenkins ran downhill as he looked for a pass from quarterback Adam Coleman. Jenkins had one catch for a 70-yard touchdown against Magoffin County Saturday night in a grid game at South Floyd. (photo by Ed Taylor)

EKU Colonels picked to win '95 OVC football crown

In a pre-season poll of the league's head football coaches and sports information directors, coach Roy Kidd's Eastern Kentucky University Colonels have been picked to win the 1995 Ohio Valley Conference football crown.

EKU, who has won back-to-back and four of the past five conference football titles, received 15 of a possible 18 first-place votes from the panel of voters, totaling 127 points.

Middle Tennessee was second with two first-place tallies and 112 points, while Tennessee State picked up the other first-place vote and 89 points.

"This year should provide a lot of good, closely-fought conference games," said Kidd. "We feel like we're going to have a good team, but I would really be surprised to see someone go through our league undefeated this season."

"We have to go on the road in the conference to four of the higher-picked teams this season, so we're going to have our work cut out for us," Kidd added.

Rounding out the pre-season picks, in order of predicted finish were: Southeast Missouri, 84 points; Tennessee Tech, 74; Murray State, 59; Austin Peay, 55; UT Martin, 32; and Morehead State, 16.

Eastern placed first-team

pre-season All-OVC selections at eight different positions, four on offense and four on defense.

On offense, senior offensive guard James Hand of Louisville, who made first-team All-American last year, leads the Colonels who were chosen to the first-team all-conference unit. Others chosen on this squad were senior offensive tackle Jason Combs of Covington; senior tight end Chris Whitefield of Ft. Campbell; and senior placekicker Marc Collins of Crestview Hills.

Named first-team pre-season All-OVC on defense were junior linebacker Tony McCombs of Hopkinsville; senior safety Joe Smith of Casselberry, FL; junior cornerback Bob Head of Frankfort; and Collins, who was also named as the league's first-team punter.

Chosen to the honorable mention pre-season all-conference team were sophomore wide receiver Bobby Washington of Altamonte Springs, FL; senior defensive tackle Shane Balkcom of Atlanta, GA; and junior safety Chris Guyton of Thomasville, GA.

Eastern closed the 1994 season, ranked fifth in the country, with a 10-3 overall record. The Colonels open the '95 season Aug. 31 in a 7:00 p.m. game at the University of Central Florida.

8th Annual Car Show to showcase October 21

by Ed Taylor Sports Editor

A \$1,000 saving bond will be awarded to the Best of Show in this year's Trans Financial's Eighth Annual Red, White and Blue Car Show that will be held in the bank's Martin parking lot on October 21.

But that is only part of the many prizes and awards that will be handed out at the show. There will be special categories for the top 50 cars such as Best of Show, Best GM, Best Mopar, Best Chevy, Best Ford, Best Paint, Best Interior, Best Engine and Longest Distance.

Something new will be held for the 1980 and up classes. The top five

in the later models will be included in the top 50. There will be special categories for 1980 and up models such as Best Late Model, Best Mini Truck, Best Ford, Best Chevy, Best Mopar, Best GM and Best Chrysler.

Special entertainment will be provided by the Junior Kentucky Opry from 10 a.m. until 2 p.m.

The RW&B car show is one of Eastern Kentucky's finest. Don't miss it.

Registration begins Saturday, October 21 at 8:30 a.m. and will run until 11:30 a.m. at the Trans Financial Bank Martin office.

For more information, contact Tina Mills at 285-9281.



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<p style="text-align: center;">W. C. Hambley Athletic Field Pikeville High School, Pikeville, KY Tickets: \$5 in Advance \$6 at the Gate</p>	
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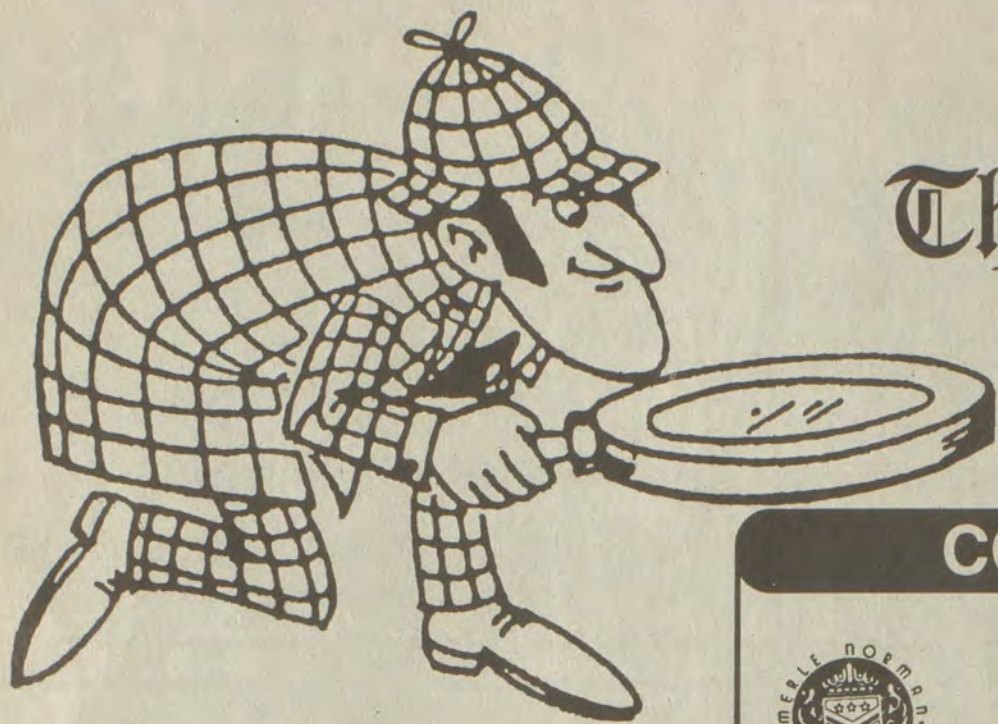
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Each Wednesday, for eight weeks, five clues will be offered on the SCAVENGER HUNT page. A total of 40 clues will be presented.

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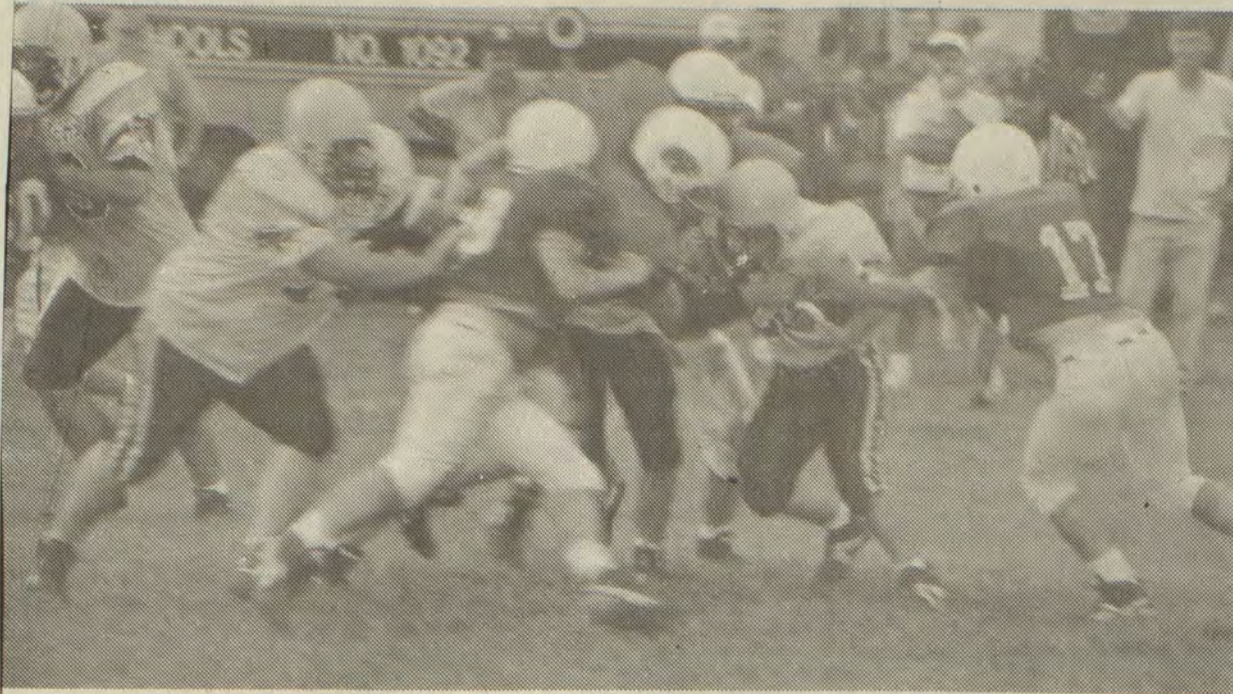
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Ball stripped!

South Floyd's Ketrin Mays saw nothing but blue as the Pike Central Hawks keyed on the Raider back in scrimmage football play Saturday night at Brackett Field. Mays rushed for 115 yards (unofficially) and scored a touchdown as the Raiders came from behind to post a 16-12 win over the Hawks. (photo by Ed Taylor)

South Floyd

(Continued from B 1)

Five plays later, Pike Central led 12-0 with just over five minutes to play in the first half.

South Floyd roared back and pulled to within four when sophomore quarterback Nick Compton hit senior receiver Aaron Hall with a 15-yard touchdown pass. Compton completed the conversion play with a completion to Terrance Mullins in the end zone for a 12-8 score.

The second half ended at 12-8 as the Raiders' confidence was increasing.

The Raiders' second defense was outstanding as they held the Hawks scoreless over the second 15 minutes.

"We've been working real hard on that," said Coach Daniels. "We mixed some kids in and out on the second series. In the second half, we started mixing kids in and out again."

"Our attitude is better this year," said Mays after the game. "This year we want it. Last year we were 1-9 and we want to take it all the way and work for the playoffs."

"I know it was just a scrimmage game, but it meant a lot to me and it means a lot to the team," he said.

The Raiders are a more balanced ballclub this year and Coach Daniels think that he has several that can play down the line.

"One thing I've said all year about this team is that one to twenty, we're equal. When we put that second bunch in there I didn't have any problems with knowing they were going to stop Pike Central," he said. "I told them they were going to get more chances because of that fact. I saw they all can play the game."

The Raider defense had forced the Hawks to give up the football after four downs with just under seven minutes left to play. South Floyd's defense held the Hawks and they took over with 5:55 showing on the clock and from the Pike Central 48-yard line.

After a pick up of 2 yards followed by an incomplete pass, Mays moved the football to the 33-yard line on a pick up of 13 yards. Mays was thrown for a 1-yard loss on a third down play, but took a hand off from Compton at the 34-yard line and danced all the way in for the touchdown and a 14-12 South Floyd lead with 3:52 to play.

Compton hit Terrance Mullins with a screen pass on the right side and he scored from 3-yards out to give the Raiders the 16-12 lead.

Pike Central still had time to come own field with over three minutes to play. Facing a fourth down and long yardage, Gillispie broke loose for good yardage, but brought down just inches short of a first down, allowing the Raiders to take over the football with just second left to play. South Floyd ran out the clock for the win.

The Raiders had some big fourth down defensive plays as they stop the Central several times going for the first down. Coach Daniels said that he didn't see too many break-

downs from his team.

"We had one breakdown. We didn't wrap the man and then I thought that after that we played well," he said. "I think conditioning played a big part in the game. We played some fresh kids at the end and Pike Central had some kids that looked tired. Our kids went after them a little bit harder."

Earlier in the game Daniels wanted to show his confidence in his team when they were faced with a fourth-and-two situation that failed.

"At the time I felt comfortable with our offense in picking up those 2 yards," he explained. "We just didn't make the right blocks, but the kid tripped. If he hadn't tripped, I think we would have made it."

"Our defense after the first two series played great. We were real timid at first. They weren't making the reads like they should. Then after that they saw what the reads were and started adjusting to them and I thought they did real well."

Another "angel on the gridiron" was Heath Hall, the smallest on the field. He took the football on a fourth down play and scampered 34 yards that set up the Raiders' first score.

"Heath is the forgotten 'angel' in this crowd for the last two seasons," said Daniels. "He's had to play behind some good backs and didn't get a lot of chances at the varsity level."

"He's alternating in and out at the

wing back position and he's made the most of the opportunities. He has good hands, and if we can find him we're going to give him the ball a little bit on the passing end of it."

Coach Daniels said that the screen pass thrown to Mullins for three completions, was designed for the receiver to use his athletic ability.

"It's something we have been working on with him," he said. "We're trying to use his athletic ability. He has a lot of raw talent, so we put the play in this year for him."

Daniels said that he wants to throw the football more this year, but timing right now is important. He made reference to the success of Compton-Aaron Hall completions.

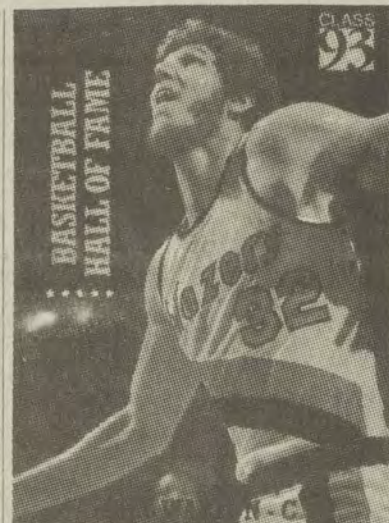
"We threw the same patterns tonight that we have been working on," he said. "But we haven't gotten the

timing down right now. That's something we have to work on here in the next week. It will hook up. I wanted to throw the ball a little more tonight but at the same time we were putting ourselves in the position where we couldn't throw the ball. I haven't forgotten the passing game."

While it was just a practice game, Daniels said that practice will go much better with the win.

"I still treat it as just a practice game," he said, "but I'm happy for the kids that got the win. It's hard to tell 15, 16 and 17-year-old kids that it was just a practice game. I'm glad they are feeling good about themselves and, at the same time, it is a good time for the coaching staff to look at the players."

Daniels told his team afterwards that they took a big step in building the team and they displayed a lot of character. Mays summed it all up when he replied, "We didn't quit."



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Duck boom hits the bluegrass

Duck hunters, get set for one of the best seasons in the last 20 years. According to the U.S. Fish and Wildlife Service, this year's duck population is a national record for three species. Canvasbacks were up 47 percent, redheads rose 36 percent and gadwalls were up 22 percent. Breeding mallard populations are the highest since 1972 and have surpassed the 8.1 million goal set by the North American Waterfowl Management Plan.

Kentucky is part of the nationwide boom. Rocky Pritchard, biologist for Kentucky Department of Fish and Wildlife Resources (KDFWR), agrees that this is the state's best population since the 1970s.

What's the cause for the eruption of the duck population? Constant efforts from corporations and private landowners, along with the Conservation Reserve Program, deserve a lot of credit. Mother nature can also get a thank you, says Pritchard. "The habitat has been there for the last 10 years, but this is the first year for really good water," stated Pritchard.

The rise in population isn't just in ducks. The Canada goose numbers are soaring. According to the KDFWR, there are approximately 17,000 resident geese in Kentucky. That is only part of the good news. The population is spreading to all parts of the state.

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5. Tuberculin Test Certificate (CH-91A).

These items must be completed and proper certificate for each item submitted to the school principal on the opening day of school.

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Call your private physician or call the Resource Center nearest to you to schedule an appointment.

Students who fail to meet these requirements will not be allowed to enroll in school or begin classes.

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Sports in Kentucky

Bob Watkins



In a way, Mickey Mantle finally signed an autograph in Cleveland

When Mickey Mantle died Sunday many sports writers set about trying to define him, edify him. Explain what it was that made him famous.

Simply, his immense talent, one wrote. Even if it had been partly squandered.

It was television and Mel Allen's voice, said another, pointing out The Mick played in 12 of the Yankees 14 World Series after he arrived in the Big Leagues in 1951. Only The Series made it to teevee in those days.

Another said it was Mantle's innocence and ninth-hour cathartic honesty about what so many (too many) off-field adventures had done to him before he checked into the Betty Ford Clinic.

All true of course, but not complete. There are more poignant reasons why Mantle, an old ball player, plugged into our lives the last few months and got a considerable chunk of a nation's attention.

First, baseball cards. Mantle's arrival in the Big Leagues coincided with the surging popularity of such things. And soon after his 1951 debut the cards came in color. Baseball cards (and television) showed us a husky, 5-11, 195-pound, bull-necked kid from middle America you could strike a match on. The quintessential ballplayer who could run fast and hit far. And he was a switch hitter. Joe Dimaggio and his dignified image was given way to a swagger in rock 'n roll '50s America. Mantle was as perfect a king for his venue and time as Elvis Presley was for his.

Last week Mantle's rookie card was selling for the price of a good automobile, \$25,000. Next week it will go for \$28,000.

On another level here in America where we can be a wonderfully compassionate people, Mantle came to you and me two years ago to say he was "sorry" and hoped we would forgive him for his self-destructive and loutish behavior during and after his playing days. His sincerity and honesty in these bewildering times enthralled us.

In 1963 there was kid living in southeastern Kentucky who saved up his money one summer for a trip to Cleveland. The Yankees would be in town to play the Indians. The boy and a friend found the hotel where the Yankees were staying and hung out in the lobby, near the elevator. At mid-morning on Saturday the doors came sliding apart and there stood Hector Lopez and The Mick. Such a moment. The kid, a lump in his throat, stepped forward, smiled and held up his piece of paper and pencil and began to speak. "Please, will you...."

"Get out of my way, kid," Mantle said and rushed past. It was an indelible moment.

But Americans have a marvelous capacity for forgiveness and boyhood things are soon put aside. Years later, looking into Mantle's tired, sad eyes, it was easy to recall only good (switch-hitting) times.

A few weeks ago Mantle came to us again on television. He told our grandchildren, "If you're looking for a role model? Don't be like me." Maybe not. But from his heart Mantle's innocence came shining out one last time. A flawed man, made old by disease and hard living, he seemed tranquil, yet almost desperate to show us what the price of celebrity can look like. Through his pain The Mick was willing to let America witness the starkness of wrong living and the shortness and fragility of our lives.

I felt sad, but more grateful. In the end Mickey Mantle was a hero. The

way he departed, saying 'thank you' to an attending doctor, must be what real courage is.

It was more than restitution in full for an autograph a kid in Cleveland never got.

UK IS OH-&-OH, WHERE ARE THE OPTIMISTS?

As if the suffocating days of August are not enough, a shroud of grimness was pulled over the University of Kentucky football team last week before the players even had a chance to, uh, enjoy 2-a-days.

Dead before arrival, asserted the media herd. The coach has no respect, his staff has its collective backs to the wall. All followed, no doubt, by a retelling of the latest UK joke - "Didja hear Kentucky's going to expand its football stadium? They're building six new exits."

What a dubious way to look ahead into Kentucky's most beautiful season of the year. College football. If winning is one's only criteria for going to a stadium on Saturday, then a drive to Richmond and a look at Roy Kidd's Eastern Kentucky Colonels might be advisable, or a drive to Louisville, if one can get a ticket into UofL's bandbox Cardinal Stadium.

But history tells us UK fans are made of unyielding hickory spirit and wired with eternal hope that "things will be better than advertised."

Just as easily as one can say history tells us UK has a 10-game streak going and prospects are grim, the record also underpins an optimist view -- in 1982 the team finished 0-10-1 and a year later was 6-5-1, losing to West Virginia in the Hall of Fame Bowl....In 1975 UK was 2-8-1 and a year later finished 9-3, winning the Peach Bowl against North Carolina....And, in 1945 UK finished 2-8, but a year later was 7-3 (under rookie coach Paul 'Bear' Bryant).

The pessimism over UK football brought to mind a magazine headline I saw recently. "What happened to the American habit of optimism?" Beneath those words: *Our angry rage.*

It is true. We have become an argumentative, contentious people who play blame games. Sometimes outright hateful, almost always suspicious and more frequently pessimistic. I believe our lives are too much cluttered with O.J....and Bosnia, and baseball strikes, NCAA scandals and too much money.

Columnist Russell Baker says, "The popularity of anger is doubly puzzling because there is relatively little for the nation to be angry about."

We go looking for something. And Kentucky's much vexed football fans find it quickly enough, before the first tail gate party, thanks to media cynicism that plays to fan passion with curious effectiveness since -- when things go well, they (we) take the front seats on the bandwagon. Example: Five years ago Bill Curry, seldom given to sideline histrionics, was the new light. Dignified, a straight arrow and solid leader of men. Forty-eight months later -- drawing comparisons to the Italian stallion in Rupp Arena--Curry is criticized for passivity, looking too much like a man on a street corner waiting for a bus. And quoting a Curry arch-critic (sports writer) in Alabama is fashionable. In fact, if the team were winning games, Curry would be heralded as a new

age deep thinker/planner, an antidote to ranting Spurrier and brusque Schnellenberger.

Pessimism. Optimism. This week it's too hot to spend energy on anger or blaming Curry for what ails UK football. So, on behalf of optimists, I went searching for silver linings. And found a few. First among them, backs-against-the-wall can be a remarkable motivating force; there are six home dates and four are winnable; and naturally the usual array of 'If only' and 'What is.' Consider the following....

Factoring player suspensions, distractions from impending NCAA caning (Miss. St., Georgia, Tennessee) and inevitable roster-thinning injuries to its opponents, Kentucky has a chance. There look to be two games rated no chance to win -- Florida and Mississippi State; The probably-won't-win games are with Indiana, Auburn, Georgia and Tennessee.

But Kentucky has a reasonable chance to beat Louisville, South Carolina, LSU, Vanderbilt and Cincinnati.

Five and six? If Curry's team manages to turn what Mike Archer calls 'good chemistry' into a 5-6 record, the optimists might reasonably re-scan the 'probably-won't-win' category and ferret out one upset, just for the sake of argument. Say, maybe a home game in November when the visiting team is minus a handful of its stars and taking its opponent lightly as usual, and a 12-inch snow and blizzard rolls in from Canada. Tennessee.

Stop laughing. It's August and

hot. Be a little optimistic.

READERS (RIGHT) WRITE

A letter came on an item here about David Roselle's clean-up of UK's basketball program five years ago.

Kenn Johnson, Mt. Sterling: "Is it possible you (and many others in the sports media) have been taken in by David Roselle? The perfect cover-up in the one nobody realizes is a cover-up. Mr. Roselle conducted an in-house investigation and at the end announcednothing. His investigation uncovered not one shred of new evidence. He merely admitted guilt to whatever the NCAA had already uncovered. Smart move. The NCAA investigation stopped at that point. Had he attempted to fight the NCAA allegations, the NCAA would have to continue to investigate. I wish it had. I wish somebody -- maybe somebody in the press -- would have found out more, especially who was responsible for ruining Eric Manuel's life. Quite possibly Roselle admitted the 10 percent of the iceberg to hide the other 90 percent."

COMMENT: Roselle did the right thing. And many powerful people in and out of UK's athletic department breathed a sigh of relief when the NCAA made its ruling and went home. Still an intrigue, while I, and others, have asked him, Manuel has declined (so far) to publically speak about the sordid details of being made a scapegoat. Apparently no agent or attorney have persuaded him of the profitability of a book. Yet.

COMMENT II: Thank you for writing.

But Kentucky has a reasonable chance to beat Louisville, South Carolina, LSU, Vanderbilt and Cincinnati.

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Stop laughing. It's August and

hot. Be a little optimistic.

Raiders

(Continued from B 1)

and Chet McCarty will play at the fullback slot. Where Ketra has good moves and is very quick, Heath is small, but he is not afraid to run at you. Chet is a strong fullback."

Mullins likes the way Nick Compton has come to practice this season and he can throw the football. "Nick runs the offense so well," said Mullins. "He's got good ball placement and just throws the ball well."

Mullins will be the top receiver for the Raiders, along with senior Aaron Hall.

While the Raiders anxiously await the start of the season, Mullins says there is still room for improvement.

"Our defense is going have to be a lot stronger," said Mullins. "We're going have to stop more people. We

didn't last year. Our offense is going have to keep the drives going instead of punting the ball away."

Mullins said that Raider coach Donnie Daniels has given them some good advice for the season.

"He told us, 'Don't quit. Play hard!'"

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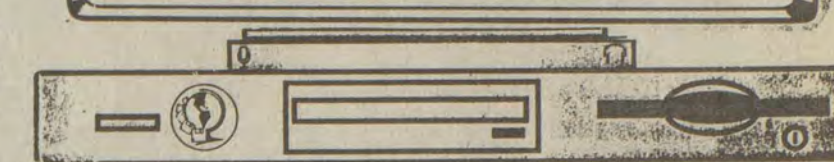
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Nowhere to go!

Adam Coleman, Allen Central quarterback, found himself in no man's land in the first half of their grid game against Magoffin County last Saturday. Coleman completed eight passes in the game for 179 yards passing. (photo by Ed Taylor)

Rebels

(Continued from B 1)

Hornets. They gained zero yardage in the second half on just three carries while rushing for only 7 yards in the first half.

The Rebels passing game was a bright spot as Coleman passed for 179 yards. One of those passes was a TD strike to wide out Thomas Jenkins in the first half to make it a 20-6 game. The play covered 70 yards.

"That's pretty good for the first time out," said Coach Reeves about the 179 yards Coleman passed for. "This was our first contact this year. This was our first scrimmage. And this will probably be it until we face Elkhorn City (opening night)."

Coach Caba said that he had warned his team about the long passing.

"We told the players that we expected to give up one TD deep this week and that happened," he said.

Magoffin County was moving nine and ten players to the line of defense, just the way the Magoffin County coaching staff designed it.

"Our big concern was we were lacking in defense the last two seasons," explained Coach Caba. "So we decided to be more aggressive on defense as we were on offense. Bring nine or 10 players on the line every time, get after somebody, and if they beat us on a touchdown pass that is going to happen. We'll just have to work a little harder at the pass rush."

"We didn't run the ball because we couldn't," said Coach Reeves. "They had a nine-man line and they blitzed our inside and our boys didn't pick that up."

Allen Central fumbled for the fourth time with just over eight minutes left in the first 15 minute half. Magoffin County's Tony Cole made the recovery and scampered in from 16-yards out for a 26-6 game.

The Rebels put their second score on the board when Beau Tackett took a Coleman handoff and ran 70 yards for the touchdown and a 26-12 game.

Allen Central's defense made a good stand, forcing the Hornets deep into their own territory until Caba found Wages for a 28-yard pick up and a first down. Caba connected with Jason Robinette for a 22-yard touchdown pass and a 33-12 score.

The Hornets would score again just before halftime to lead 40-12. On

a third down play, Caba hit Greg Ward with a pass and Caba added the PAT.

Allen Central put together a good drive after it appeared they were over the jitters. Coleman, finding no holes for his backfield to run through, went to the air and connected with Jenkins as he tried to score before the half ended. But the drive ended when Wages stepped in front of Jenkins for an interception.

The Allen Central coach said there were other formations that his team will run but didn't think it would be advisable to show it in the game.

"We've always got a passing game," he said. "We could have come out throwing against them, but that wasn't our intent. Our intent was to see if we could run the football. We've got a film of this and we'll know where we need to work."

"We allowed their defense to score three times because of fumbles and bad quarterback and halfback exchanges. You expect that early in the season. We have two weeks before the season starts. I hope they look over us and say, 'Don't worry about Allen Central.'"

Allen Central completed their scoring in the second half when Tackett ran 74 yards for the touchdown for a 47-18 game. Magoffin County got the last score on a 19-yard touchdown pass from Caba to Robinette to win 54-18.

What were some good aspects he saw from the scrimmage game?

"I saw some good running from our backs when they did run," said Coach Reeves. "On defense, I'd say our right corner, Craig Crace, played a heck of a game there defensively. He knocked some balls down and disengaged some from the receivers and really played a good corner for us."

The Rebels put together a good goal line stand in the second half and that was a positive that Coach Reeves spotted.

"That was encouraging too," he said.

The Hornets, with the help of an Allen Central penalty, moved the football inside the Rebels' 10-yard line only to be stalled out. The Rebels took over the football on downs.

"That was a good stand for us,"

said the Rebel coach. "We're at the stage where you have to crank it up."

Offensively, the whole concept of the Hornets' offense is based on the shotgun attack. With a quarterback like Caba, it is easy to see why.

"Offensively, we were hitting

good for the first scrimmage," said Coach Caba. "We're still not where we want to be on the offensive line. We're weak at center because we have a new center. We haven't been happy with our right tackle slot. But we've got three players there that have been rotating in. Eventually we will find a right tackle. Once we get those things worked out, we think we are capable of scoring on any play we run."

Allen Central travels to Elkhorn City for their first game of the season on August 25. Magoffin County opens at South Floyd on August 25.



Long yardage!

Allen Central's Beau Tackett picked up some good yardage on this carry against Magoffin County last Saturday night in the South Floyd Grid-O-Rama. Tackett has a 74-yard touchdown reception in the game. (photo by Ed Taylor)

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Tackett

(Continued from B 1)

The returning halfback said that the team will be quicker off the ball and have better speed than last year.

"Overall, we're a better team than last year," he said.

Tackett, who is to be the Rebels' feature back, realizes the opposition will have his number 34 in sight.

"Yeah, especially when we run out of our swing series," he said, "when we pass the short routes like we did against Pikeville last year and toward the latter part of the season. But we're going to run the ball more this year."

Tackett gave a break down of the Rebels' team this season:

• Quarterback Adam Coleman: "He had surgery in the off season and that set him back a little bit. He's coming in strong at practice and throwing the ball pretty good."

• Josh Reeves: "He has been working some at the quarterback spot, as well. He is quick and will run out of the backfield."

• Gordon Reeves: "He is swift. He has hit the weights pretty hard this summer, especially squatting. It has helped his speed a lot."

• Matt Varney: "He has good quickness. Like most of our backs, if he gets past the second level (linebackers), it will be hard to stop him."

• Thomas Jenkins: "He's got good hands and very good speed. He's tall and, if you just throw the ball up there, and he can get it."

• Defensive and offensive lines: "Both of our defensive and offensive lines have come a long way. Levi (Wells), he's mean. We have Mark Varney at center on the offensive line. He's worked real hard there. But everybody has worked hard. Our offensive line has technique now, something we didn't have last year. There were a lot of things we didn't have last year."

Tackett himself possesses God-given speed and quickness that will allow him to get outside and down the sidelines. Tackett said that the Rebels will be looking to go outside this year.

"That was our bread and butter last year," he said. "But we've got some different series of plays to put in. If the blocking scheme is working, there should be some good holes opening up. Just hit 'em hard and hope for the best."

Asked to describe the attitude of the Rebel team, he said:

"We believe! We believe!"

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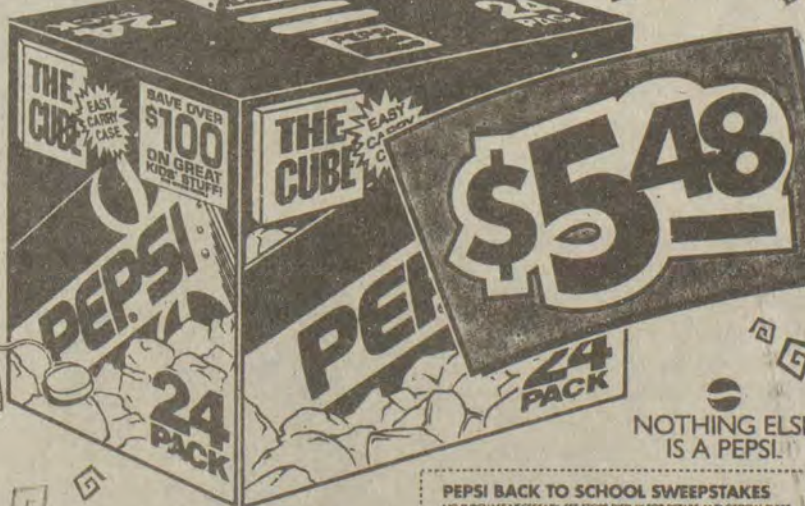
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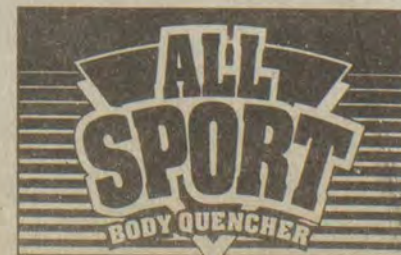
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NASCAR Connection

by Ben Trout



HOMESTRETCH VITAL TO ALL

their future.

Many drivers will tell you that the start of the season is the most vital part. But a majority will say that the home-stretch is equally important. For it is during this time when deals are made. Drivers are hired, drivers are fired. It is now when some of the less-notable drivers are feeling the pressures of securing a ride for the '96 season. Rides will be lost, rides will be signed.

Yes, the sun is sitting on the '95 season. Four drivers have the luxury

of gunning for the championship. Eight or more drivers are fighting for a top-ten spot. And a whole list of drivers are shooting for a ride for next season.

This, my friends, is a tension-filled point in the season. And while you are kicked back in your recliner with a bag of pork skins and a Coke watching the greatest sport in the world, just remember, many of those you are watching are in a fight for their racing livelihood. It will be very interesting to say the least.

The 1995 NASCAR Winston Cup season is heading down the stretch. Twenty races have come and gone, and now only eleven events remain. Maybe it's because I'm getting older, but it seems as though time just literally flies by now. It seems only yesterday when we watched Sterling Marlin win his second consecutive Daytona 500.

We now find ourselves in the dog days of August and soon the leaves will dawn their fall colors and the motors will grow silent on the Winston Cup circuit. Kind of depressing for us die-hards, don't you think?

A little more than a week ago, the NASCAR Winston Cup Series kicked off a non-stop 10 race swing that started with the Brickyard 400. With the Bud at the Glen in the history books, the WC circuit will now reel off eight consecutive events before taking a break following the UAW-GM Quality 500 at Charlotte on October 8.

For the race fan, it's great to know that we have the fortune of eight straight weeks of racing. But for the drivers and their teams, it's just a little more important. It's crunch time!

For all practical purposes, the 1995 Winston Cup championship will be decided among four drivers at the most. Jeff Gordon now enjoys his largest point lead. However, Sterling Marlin, Mark Martin, and Dale Earnhardt are still very much in the hunt.

But these four drivers make up only a small fraction of the drivers that regularly compete on the WC tour. What about the rest? What are they shooting for? The likes of Ted Musgrave, Rusty Wallace, Terry Labonte, and Bill Elliott are fighting to keep their spots among the series top-ten point leaders that will walk up on stage at the Waldorf-Astoria to collect their hefty bonuses and get the chance to give their sponsors one last plug before we ring in the new year.

But there are more. What about drivers a few rungs down the points ladder? What's left in it for them? Money? Pride? Or more importantly, a career?

For a large number of the drivers, the final stages of the season will serve as a last ditch effort to insure a sponsor for the upcoming '96 season.

Several Winston Cup drivers have already gotten word that their sponsorships will be dropped in '96. Ward Burton, Jimmy Spencer, Jeff Burton and Dick Trickle are just a few included in those who are in the market for sponsorships for next year. Believe me folks, the final races are just as important to them as they are for the Earnhardts and the Gordons of the sport.

Simply put, although there are 11 races remaining, many WC drivers are racing for '96. They are racing for

Soccer

(Continued from B 1)

kicked the winning goal in overtime to give his team the victory. Wills had two goals, and Paul Wallen had two goals for the winners. Tony White kicked all three goals for the Wolverines.

The Wolverines were unable to score a goal in five attempts versus goalie Whitnee Wills. Tyson Wills ended the game on the Pythons' second attempt in the extra period to hand the Wolverines only their second loss of the season.

League Director Ryan Hagans announced that the league will hold an awards banquet at 1:30 on Sunday, August 27 at the Family Life Center of First United Methodist Church in Prestonsburg. Players will receive trophies and other special awards.

Final league standings:

10-Under Division
Wickes Terminators 5-4-0
Pizza Hut Whirlwinds 4-5-0

15-Under Division
Pizza Hut Wolverines 8-2-1
Wickes Lum. Pythons 6-6-1
Dairy Queen Blizzards 3-9-0

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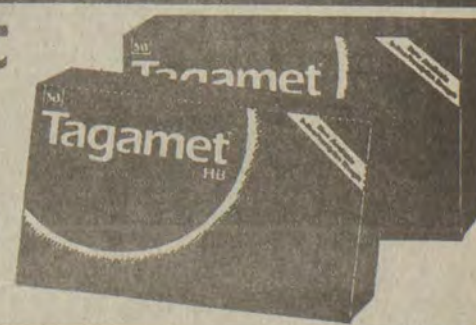
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Nashville music; it might be good, but it's not country

Don't get the wrong impression. I am not setting myself up as an expert on country music.

But I'm not exactly a novice either, inasmuch as when I was growing up in Muddy Branch I was a regular listener of Randy Blake's "Supper-time Frolic" on WJJD, Chicago during the week and the "Grand Ole Opry" on Saturday night.

The way I look at it, that in itself qualifies me to state flatly that guys like Carl Smith, Webb Pierce and Hank Sr. sang *country* songs.

Of course that was then and this is now, so what I want to know now is who decided to call what they play on the radio now, country?

I mean, who decided that just because a guy wears a hat and tight jeans, he's a country singer?

It's not that I don't like the music that folks are now calling country. As a matter of fact, some of the stuff they play is actually pretty good.

But, it's *not* country.

When Elvis and Pat Boone and Fats Domino started making records back in the 1950s, I liked that too. But as far as I know, nobody tried to pre-

tend that what they were doing was hillbilly (which is what folks used to call country before we all got so highfalutin).

Disc jockey Allan Freed is credited with calling the new music "rock and roll." So, we had our hillbilly music and we had our rock and roll music. I enjoyed them both, but since they were two entirely different things, we called them different things.

Why doesn't Ralph Emery or somebody else with some influence—somebody who ought to know the difference—come up with another name for what folks are now calling country?

Let's face it, it's almost to the point that the only time you can hear real, traditional country music is if you listen to the "Grand Ole Opry."

Think about it. How long's it been since you've heard Loretta Lynn or Porter Wagoner or Hank Snow on the radio? It's even rare when stations play George Jones.

It just seems to me that since music today has become such a sophisticated billion-dollar business,

somebody, somewhere could think of a better name than *country* for music that isn't.

Or, since nobody wants to come up with a new name for the new music, perhaps we can go back to calling *traditional* country hillbilly. It wouldn't bother me a bit and at least when I heard a radio station advertising itself as a country station, I wouldn't tune in expecting to hear a *hillbilly* song.

And while we're on the subject, did you ever wonder why the Apple Festival seldom has a female headliner for its big music show? Someone like Lorrie Morgan or Patty Loveless or Faith Hill?

I heard an interesting theory about that.

Today's Nashville acts (although they're not country) are geared for the younger generation, and young girlfriends and wives won't go see these pretty girl singers and really cut a shine if their boyfriends and husbands do.

On the other hand, the girlfriends and wives just love the likes of Travis Tritt, Little Texas and Tracy Lawrence, so they insist that their boyfriends and husbands take them to the shows.

The result is two-fold: relationships are saved and more tickets are sold.

I guess it's pretty obvious, then, that our apple board didn't just fall off the turnip truck.

Poison Oak

Clyde Pack



Section

C

Society	C 2
Health Matters	C 2
County Kettle	C 3
Jack May's War	C 5
Dental Health Today	C 5
Business/Real Estate	C 7
Classifieds/Legals	C 9-11
Sunshine Lines	C 12
Births	C 12

FROM THE MOUNTAINS by Jason Gibson



THE GREEN ALLEN BROOKS STORY

The whiskered Green Allen Brooks was nervous as he stood trial for the murder of Lee County Deputy J. F. "Arch" Redmond in Jonesville, Virginia, on September 22, 1937. He planned to take the stand and was showing signs of strain and worry.

The 82-year-old Brooks grew a 12-inch beard during the two years he evaded the law in and around Lubbock, Texas, following the murder of Redmond and fellow deputy Bob Bailey. Two months earlier, during the summer of 1937, Brooks was acquitted of Bailey's murder. On that occasion he swayed the jury and the large crowd with his testimony.

But at the close of the preceding day Brooks' neighbor Richard Sproles, who lived only 200 yards away at the time, gave damaging testimony against the tired man.

"I saw the whole thing," Sproles said matter of factly. "I saw Redmond and Bailey going up toward the house. Bailey had his hand in a sling. It looked new and white. In a little while I saw the two of them enter into the barnyard. I heard them yell something and then there were several shots."

The officers went to the Brooks farm to arrest the aged man's son-in-law, Luther Poore, who was wanted on a Kentucky warrant. Poore was cutting wood near the barn before the officers began chasing him.

"They yelled out for Luther to surrender and then fired several warning shots," Sproles said upon questioning. "I know they were warning shots because the officers were only twenty five or thirty feet away. If they were firing at Luther he would be dead or seriously wounded. I saw them bringing Luther back down and Bailey stopped. I thought it was strange but he took the shells out of his gun."

"I thought it was all over so I went in the house but then I heard a rifle shot and then another one. I ran back outside and then toward the Brooks home."

Sproles explained that he found the deputies along the way—dead.

"Bailey was down the hill about fifty feet," he recalled. "Redmond was laying under an oak tree."

Upon questioning Sproles said Bailey's revolver was lying up the hill without any shells.

"Arch's gun was still in his holster," Sproles said. "Fully loaded. Not one shot was fired."

The prosecutors asked Sproles about his neighbor and the layout of the Brooks farm.

"I've known Allen Brooks for fifteen years, I guess," he said. "But he's never had a beard in all that time. He's always, always, had a clean shave and always wore good, clean, clothes. As for that property I know it as well as the back of my hand. I used to own that farm."

Another neighbor, Hubert Williams, also gave damaging testimony against Brooks.

"Bailey was shot as he walked down the hill," Williams said. "I saw it all plain as day. Allen yelled out for Bailey to drop his gun. But the gun was empty. Then he shot Arch. Arch's gun was never out of the holster. Maybe Allen didn't know Bob's gun was empty but Arch didn't even take his gun out of the holster."

The defense questioned Williams' testimony saying that the scene of the killing wasn't clearly visible from his residence.

The prosecution called Lee County Deputy J. S. Doyle and Sheriff Robert F. Giles who testified that they found the home and walkway to the road clearly visible when they went to the Williams home on the day of the shooting.

Lee County Deputy Robert Ball was the first officer at the scene following the shootings. He testified that he found where Bailey had emptied his shells. He said Redmond's gun was still holstered.

Sheriff Giles recalled his search for Brooks in the hours and days following the murders. He also explained how he eventually arrested the defendant in Lubbock, Texas, where Brooks was known as Rev. John H. Jones.

The defense decided to have Green Allen's son-in-law, Luther Poore, take the stand before the aged man.

Poore said he didn't know there was an outstanding warrant against him and said he was wounded when a bullet ricocheted off his knee.

"I didn't tell anyone about my knee at the time or later at the jail because my lawyer told me not to tell anybody nothing," Luther said. "He told me not to talk."

Upon questioning by the prosecution Luther said he didn't know where the pants "with the bullet hole" were that he had worn on the day of the shooting. He gave additional testimony about the day the two officers were killed.

"Bailey and Redmond jerked and dragged me down the hill cussing me nearly every stop of the way," he said. "Bea (Luther's wife Beatrice) ran out to see me. They didn't like it and threatened her and then swung at Green Allen. They ordered them back in the house."

(See Mountains, C 4)

Wednesday, August 16, 1995

The Floyd County Times

Lifestyles

Monument dedicated for soldier Simon Auxier during Auxier family reunion

During the July 1-4 Auxier family reunion held in Paintsville, John Graham Chapter, Daughters of the American Revolution of Prestonsburg, and Harman Station Chapter of Paintsville, assisted by Big Sandy Chapter, Sons of the American Revolution, and the Auxier Historical Society of Auxier, dedicated a monument for Revolutionary War soldier Simon Auxier (1751-1826) at Auxier on July 3. About 300 people attended the dedication.

Past Kentucky State SAR president and national SAR Trustee Ray Brackett of Allen summarized the history of Simon, who was born in 1751 in Pennsylvania.

He died ca 1826 in Floyd County. During the war, Simon had served in the battle of Trenton, Battle of Brandywine, Valley Forge, Battle of Monmouth, General George Rogers Clark's Illinois campaign, Battle of Guilford Courthouse, Battle of Yorktown, and witnessed the surrender of Cornwallis at Yorktown in 1781.

Simon was one of the long hunters who helped build Harman's Station in Blockhouse Bottom around 1789. His brother, Samuel, settled in Blockhouse Bottom and he settled on the west side of the Big Sandy River, now called Auxier. By 1804, Simon had bought 200 acres on Abbott Creek and was appointed surveyor in Floyd County in 1811.

By 1822, he lived in Lawrence County and married Elizabeth Fugate there on July 30, 1824. The pioneer had two sons, Thomas and Christopher, by his first wife, whose name is unknown. His sons lived in Lawrence County, but Simon and Elizabeth returned to Floyd County. Years after Simon's death, Elizabeth married Captain William Haney. The couple are buried at Georges Creek in Lawrence County.

Brackett also told the gathering that Douglas Auxier Galbreath, now in a nursing home in Prestonsburg, had shown Simon's grave to Frances Brackett in 1993. In August 1994, Frances, Bobby Wells, and Ursal Ray Wilcox completed the paperwork needed to have the monument placed at the soldier's gravesite at Auxier. Ray Brackett gave his late son, Stephen R. Preston Brackett, and Dr. Dave Auxier of

Tennessee, credit for the history about Simon.

During the dedication, John Graham DAR past regent Frances Brackett, presided. The invocation was given by Virginia Goble, John Graham past regent; Harman Station chaplain, Vickie W. Pack, sang the national anthem; Bonnie Auxier Hager of Harman Station Chapter, led the Pledge of Allegiance to the American Flag; John Graham librarian, Margaret D. Collins, led the American's Creed; Angela Frances Brackett served as USA Flag Bearer.

Barbara C. Pugh, of Harman Station Chapter and Sixth District KSDAR Director, dedicated the marker with the acceptance of the stone by Harman Station vice-regent, Finetta H. Mullins and John Graham regent, Eleanor S. Horn.

Two of Simon's lineal grandchildren, Patrick and Melissa Auxier of Pea Ridge, Arkansas, assisted by Ursal Ray Wilcox, Auxier Historical Society president, and Bobby Wells, vice-president, placed a wreath of red, white, and blue carnations in memory of the soldier.

Big Sandy Chapter SAR chaplain James B. Goble of Prestonsburg, dismissed the group with the benediction.



Honoring a soldier and pioneer

Members of several historical organizations attended a dedication ceremony at the gravesite of Simon Auxier. From left are: Patrick Auxier, Bonnie Hager, Eleanor Horn, Virginia Goble, Vickie Pack, Barbara Pugh, Melissa Auxier, Angela Brackett, Ray Brackett, Finetta Mullins, James B. Goble, and Frances Brackett.

SIMON AND SAMUEL AUXIER: EARLY PIONEERS

(The following information about the Auxier family is an excerpt from the Auxier family history section written by Olga Auxier Preston in the book *The History of Floyd County*.)

The Auxier family trace ancestors to Michael Axer Sr. who was born near Auxerre, France, and who died in Pennsylvania. His son, Michael Auxier Jr., died in 1780, married Jane Hornbeck (1733-1780) and lived in Hampshire County, Virginia. Sons Simon and Samuel Sr. were born in 1759. Samuel enlisted in the Revolutionary War as a spy, age 15, spent much time in what is today Kentucky. Simon married Mary Fugate, was a Revolutionary War soldier, and had come to the Big Sandy Valley ca 1789/90 with Mathia Harman, so both brothers were familiar with the Big Sandy "Creek."

Samuel married Sarah Brown on July 15, 1779 and came to Blockhouse Bottom and was instrumental in establishing the first permanent settlement in Eastern Kentucky. Most of Simon's family settled in Lawrence County.

In the fall of 1800, Samuel and neighbors rode to King's Salt Works in in Virginia, and on the return trip, his horse threw him. Hurt mortally, he died eight days later, leaving his wife Sarah with nine children. Sarah married John Kelly in 1803 and he was killed in the War of 1812. Three years later, she married John Phillips.

...Samuel Auxier II (1791-1883), married October 1, 1812 in Floyd County to Rebecca Phillips (1795-1835) of North Carolina, daughter of John Sarah Buchanan Phillips. Probably one of the first to be born at Blockhouse Bottom. Samuel was school commissioner, surveyor, large landowner, and was recently named to the Johnson County Hall of Fame. His second wife was Agnes Wells.

Society News

Call David Hereford
886-3057

Auxier Homecoming 1995

The residents of Auxier held Homecoming '95 August 11 and 12 at the Auxier Community Park and Auxier Grade School. A large group of residents and former residents attended the sock hop and wiener roast on Friday night. Saturday everyone enjoyed a parade and games followed by a Commemoration Ceremony at 7 p.m. Jim Daniels was the Master of Ceremonies.

The Homecoming Committee honored the following outstanding graduates of Auxier High School: John Calhoun Wells for outstanding achievement in State and Federal Government; Paul Randall Setser for outstanding achievement in the field of education; Jimmy Davis Clarke for outstanding achievement in the field of TV Journalism; Jewell Castle for outstanding achievement in teaching and library science; James "Dee" Caudill for service in World War II above and beyond the call of duty; and Ursal Ray and Billie Ruth Wilcox in grateful appreciation of outstanding and continuous service to the people, the children and the community of Auxier.

The Homecoming Committee announced plans for another reunion in 5 years—"HOMECOMING 2000."

Howell-Webb wedding

Krystal L. Howell and Johnny E. Webb Jr. were united in marriage on August 12 at the First Church of God in Prestonsburg. Krystal is the daughter of Rose Johnson and Scotty Howell of Prestonsburg. Johnny is the son of Dinah Endicott of Louisa and Johnny Webb of Prestonsburg.

First child, a son

Tony and Rose Mary Armstrong of Prestonsburg announce the arrival of their first child, a son, born on August 4, at 1:19 a.m., at the Humana Hospital in Lexington. He has been named Nathaniel Case Armstrong and will be called Nathan. He weighed 5 lbs., 12 oz., and was 18 1/2" long. Maternal grandparents are Mary McCoy of Prestonsburg and the late Charles McCoy. Paternal grandparents are Garnett and Bud Castle of Paintsville.

Ladies night

The Methodist Men of the First United Methodist Church in Prestonsburg held their annual Ladies Night Dinner in the Family Life Center last Tuesday night. The musical program after the dinner was dedicated to the memory of Thomas and Inez Hereford and other deceased church members. Singers taking part in the program were Dorothy Wells, Rebecca Haywood, Debbie Holland, Elizabeth Lynn Frazier, Meg Kendrick, Cara Meece and Walter Snively.

Family visits

Jess Mahan of Cardinal Drive, Prestonsburg, had as her house guests last week, her nephew, retired Commander C. M. Tankersley and family of Arlington, Virginia. Her daughter, Mary Lynn Mahan and friends of Louisville, visited last week and the group enjoyed the play, "My Fair Lady" at the Jenny Wiley State Resort Park Amphitheater.

Visits in Morehead

Leatha Joy and Ruth DeRossett of Prestonsburg visited Greg and Linda DeRossett and children, Morgan, Marissa and Dakota in Morehead last week.

KFWC Drift Woman's Club

The KFWC Drift Woman's Club had a successful 27th Annual Horse Show at Archer Park, Prestonsburg, on July 15. The KFWC Drift Woman's Club is an organization of volunteers working to improve the community through projects such as scholarships and art awards; and to promote understanding and energy resources, efficient energy use and conservation; to engage club members in education and action on local, state and national levels.

In addition to the club members, special thanks to volunteers Chris Kidd, Pat Potter, Alma Mosley, Brian Turner, Bobby Lawson, Steve Hall, Teddy Pack and Kellie Kidd.

Join the volunteers and help make the community a better place to live. One of the membership benefits in the KFWC Drift Woman's Club is satisfaction that comes from making a difference in the community. Contact any member of the club for more information about their meetings.

At the next meeting on August 25, Ruby Akers, president and KFWC Energy Awareness chairman will present the program. Mildred Salisbury will be the hostess for the evening and Cheryl Hall will be in charge of devotions.

Garden of the Month

The yard of James and Daisy Risner on Trimble Branch was chosen as the Garden of the Month for August by the Prestonsburg Woman's Club. This is a project of the Woman's Club that is a cherished award for residents of Prestonsburg.

Visits daughter

Tom and Mary Jo Hereford of Abbott Road spent a few days with their daughter, Mary Callihan in Atlanta, Georgia. While there they were entertained by Rufus and Estella Cooper and son, Scott. Mary is a student at Mercer University of Pharmacy.

1985 PHS reunion

The Prestonsburg High School Class of 1985 held their 10-year reunion on August 12. The members started the day with a "Get Together" at the Allen Park. A dinner and dance was held that night at the Carriage House in Paintsville. Awards were given to the man and woman who "Traveled the Farthest," "Changed the Most" and "Changed the Least." A Memorial Table was used to honor deceased members. Committee members were Susan Duff, Lisa Minix, Derek Calhoun and Gordie Ratliff.

Dials, Layne wedding

Martha Jean Dials and David Allen Layne II were united in marriage on August 12 at the First Baptist Church of Allen. Martha is the daughter of James and Della Dials of Hager Hill. David is the son of David Layne and Waynetta Hoppman of Prestonsburg.

Housewarming party

Sherry Prater was honored with a housewarming shower by friends and family at the home of her parents, Mr. and Mrs. Eugene Prater on the Mountain Parkway, Saturday night. Sherry will be moving to Lexington where she will enter the University of Kentucky for the fall term.

Maytown homecoming

The Maytown PTA and boy's basketball team sponsored a breakfast and lunch during their recent homecoming. Over 100 people attended.

Shannon hosts visitors

Visiting Vivian Shannon last week was her sister, Mrs. Gene N. Combs of Pikeville and her family. Joining Mrs. Combs' family—Dr. and Mrs. Gene N. Combs Jr. of Chicago, Illinois; Mrs. John Howard and younger son, Gene, of Waitsfield, Vermont; Mr. and Mrs. John T. Combs and daughters, Cindy and Emily, of Pikeville—were T.A. and Duna Combs of Langley, and Kevin Shannon of Prestonsburg.

Castle, Peppi wedding

Melissa Ann Castle and Ronald David Peppi II were united in marriage on August 11 at the Boldman Freewill Baptist Church at Harold. Melissa is the daughter of Donna Warrens Castle of Prestonsburg and Wade Castle of Drift. Ronald is the son of Ronald D. and Nina Kelly Peppi of Shelby Gap. A reception followed at the Betsy Layne Senior Citizens building.

Attends U of L MCAT/DAT Conference

Chris Martin Bailey was one of 32 students selected to participate in the University of Louisville MCAT/DAT Undergraduate Training Conference June 5-July 14.

During the six-week program the students visited several health care facilities, medical and dental schools, attended chemistry, physics and biology classes and prepared to take the Medical College Admission Test.

Chris is a pre-med major at Alice Lloyd College in Pippa Passes and just completed his sophomore year. He was named to the Distinguished Dean's List for achieving a grade point average of 4.00.

Chris has been volunteering and observing at Highlands Regional Medical Center for the past few weeks. He will be returning to Alice Lloyd College on August 16 to begin his junior year.

Chris is the son of Neil Douglas and Mary Lou Bailey. He is the grandson of the late George and Offie Bailey and Clarence and Emma Lou Martin of Prestonsburg.

Schoolhouse church

Everyone is invited to worship services each Sunday morning from 8:30 to 9:30 at Kentucky's last one-room schoolhouse. Located in the Pines area campgrounds, Jenny Wiley State Resort Park. Provided by the First Baptist Church of Allen.

Household shower

Mrs. Belinda Kay Webb was honored with a household shower at the Louisa Freewill Baptist Church Educational Building. The shower was hosted by Missy O'Daniel, Lisa Fluty, Debbie Hanshaw, Teresa Baldrige, Liz Kelly, Nancy Lemaster, Patsy Orlovsky, Linda Hardin and Toby Roberts.

A shower was also given at Ponderosa Elementary School in Boyd County by students and the cooperating teachers during the bride's student teaching semester. A rehearsal dinner was held at Pizza Hut in Louisa.

Visit parents

Jim and Sheila Allen and their children, Corey and Caitlin, of Lexington visited their parents, Pat Duff of Hueysville and David and Barbara Allen of Prestonsburg, this past weekend.

Auxier homecoming 1995

Former residents and students of Auxier Grade School and High School from out of town who attended the 1995 Homecoming were Russell Lee Whitlock, Ashland; Patricia G. Wells, Deborah Odem and Teresa Padgett, Saucier, Mississippi; Mr. and Mrs. James D. Goble, Wiggins, Mississippi; Paul G. Whittaker, Grove City, Ohio; Mr. and Mrs. Jim Hall, Ashland; Dorothy E. Sinnott, Flatwoods; Wanda Thompson, Monticello, Indiana; Charles B. Wells, Lawrenceburg; Elvenia McKenzie Combs, Huber Heights, Ohio; Suva Music, Hilliard, Ohio; Betty Music Stout, Grove City, Ohio; Jimmy Mills, Collinsville, Illinois; Mr. and Mrs. Prentiss Connors, Garfield Heights, Ohio; Sarah Foley Woodrum, Portsmouth, Ohio; James D. Wells, Ft. McCoy, Florida; Mr. and Mrs. John Vaughn, Frankfort; Bob and Billie Wireman, Chippewa Lake, Ohio.

Also, Larry D. Wilson, Lexington; Krystle Wright, Catlettsburg; Jane Carter and Janieva Whitlock, Ashland; Mr. and Mrs. Aubrey Harman, Neon; Mr. and Mrs. Fred Wells, Medina, Ohio; Malcolm Burton, Cincinnati, Ohio; Diana and Jerry Berger, Galloway, Ohio; Elder and Ellie Goble and Steven Kyle Goble, Richmond; Ben and Candy Music, Ft. Wayne, Indiana; Charles and Edna Wells, Louisville; Ray Baldrige, Lenexa, Kansas; Gwendolyn Music Mumaw, Brenda J. Mumaw and Mable Music, Baltimore, Maryland; Arthur Ray Music, Manchester, Ohio; Forrest and Lara Wells, Ten Mile, Tennessee; Ron and Judi Wells, Georgetown; Ken Music, Beaver, Ohio; Jimmy Davis Clarke, Annandale, Virginia.

Others were Charles and Mae Daniels, Ashland; Ronald Pickle, Wabash, Indiana; Charles Ramey, Harrogate, Tennessee; Londa Crowson, Lorraine Hall and Joe Crowson, Sevierville, Tennessee; Clyde Issac, Johnson City, Tennessee; Deanna Caudill Leslie, Chapmanville, West Virginia; Rodger Setser, Millville, New Jersey; Joyce Stepp, Niceville, Florida; Florence Patton and B. P. Hall, Richmond, Michigan; Peggy and Tom Cover, Euclid, Ohio; Gregory Nichols, Penny Nichols and Audrey Nichols, Waverly, Ohio; John Calhoun Wells, Reston, Virginia; Josephine R. Wells, Edgewater Park, New Jersey; Oval Bingham Hall, Morehead; Danny Jeff Bingham, Austin, Texas; Juanita Thompson Buroker, Lima, Ohio; Amy Odenwald, Lexington; Carol LeMaster Lafferty and Clay Gaffney, Paintsville; Mona Music Lordiff, Springfield, Ohio; Bobby and Lee Moyers, Louisville; Mary Madden, Miami, Florida; Zara Buturla, Sola Mae Blevins, Grover and Princina Daniels, Ashland.

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Health Matters

by Christopher Fleming

ARE YOU LOSING FAT OR MUSCLE?

If you are trying to lose weight, what counts is not only how many pounds you take off, but what kind of body tissue is lost. The goal should be to shed fat while sparing important lean body mass, such as muscle, organ tissue, and bone. Losing nonfat tissue is a problem in very low-calorie diets.

Losing muscle mass may cause your resting metabolism to decrease. A loss of one pound of muscle may decrease your resting metabolism by up to 100 calories a day. This would mean a weight gain of one pound in 35 days when you return to your normal eating pattern. Mostly dieters would lose more muscle since fifty percent of the weight loss is from muscle when dieting alone is used.

Research has shown that a proper low caloric diet of at least 1,200 calories combined with exercise, can maintain lean body mass while increasing the burning of fat. To conserve lean body mass while dieting, it's also vital to maintain an adequate intake of protein as you eliminate fat and carbohydrates. Four ounces of

fish or lean meat and two glasses of skim milk will supply all the protein an average woman will need.

Twelve hundred calories a day will conserve lean body mass while it burns fat, provided it meets the RDA for protein and is accompanied by regular exercise. Fasting or severely restricted diets may not accomplish the same results; they may also be dangerous and should be undertaken only with strict medical supervision and only for limited periods. Unsupervised weight loss should not exceed two pounds per week.

Tip of the Week: The chance of dying immediately after a heart attack is three times greater in physically inactive people than in active people.

Christopher G. Fleming is the Project Health Coordinator at Prestonsburg Community College. He has a bachelor's degree in Health and Physical Education, a master's degree in Education, and a Master's plus Thirty with emphasis in Exercise Science. Fleming is also a certified American College of Sports Medicine Health Fitness Instructor.



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County Kettle

SWEET & SPICY BBQ RIBS

4 pounds pork spareribs
1/2 cup chili sauce
1/2 cup hoisin sauce
1/4 cup packed brown sugar
3/4 teaspoon ground allspice
1/2 teaspoon hot pepper sauce
4 medium-size ripe peaches
2 tablespoons peach preserves
lemon leaves for garnish

ABOUT 2 HOURS BEFORE SERVING OR DAY AHEAD:

Cut ribs into 2-rib portions. In 8-quart saucepot over high heat, heat ribs and water to cover to boiling. Cover and simmer on low 1 hour. Remove ribs to platter. If not serving right away, cover and refrigerate.

ABOUT 1 HOUR BEFORE SERVING:

Prepare outdoor grill. Meanwhile, mix chili sauce, hoisin sauce, sugar, allspice, and hot pepper sauce.

Cook ribs on grill over medium heat 15 to 20 minutes to heat through, turning ribs often and brushing with sauce frequently during last 10 minutes.

Cut each peach in half; discard pits. Grill peach halves with ribs, turning and brushing with preserves until hot and browned, about 5 minutes. Arrange ribs and peaches on platter with lemon leaves. Makes 5 servings.

TO BROIL: Precook ribs and prepare sauce as above. About 30 minutes before serving, preheat broiler. Arrange ribs on rack in broiling pan; brush with sauce. Broil ribs 5 to 7 inches from heat 20 minutes, turning and brushing with remaining sauce. Place ribs on platter. Cut each peach in half; discard pits. Place peach halves, outside up, on rack in broiling pan; brush with preserves; broil 5 minutes.

BACKYARD BARBECUED BURGERS

1/2 cup Kikkoman Teriyaki Baste & Glaze
2 tablespoons apricot jam
2 pounds lean ground beef
2 tablespoons instant minced onion

1/4 teaspoon salt
Blend teriyaki baste and glaze and jam. Remove 1/4 cup mixture and thoroughly combine with beef, onion and salt; shape into 6 patties. Place on grill 4 to 5 inches from hot coals; brush with portion of remaining glaze

mixture. Cook 5 minutes longer (for medium), or to desired doneness. (Or, broil patties 5 minutes on each side [for medium], brushing, turning over and brushing as above.)

BERRIES OR CHERRIES

YOGURT CAKE

1/2 cup (1 stick) unsalted butter, softened
1 4-ounce package cream cheese, room temperature
1 cup sugar, divided
1 large egg
1 1/2 cups unbleached all-purpose flour

4 cups (1 quart) fresh blueberries, picked over, or frozen blueberries, thawed, or fresh sweet cherries, or frozen sweet cherries, thawed, or a combination of the two.

1 1/2 teaspoon baking powder
2 cups (16 ounces) vanilla-flavored nonfat yogurt
2 tablespoons cornstarch
1 teaspoon vanilla extract
2 large egg yolks

Preheat the oven to 350°F. Butter a 9- or 10-inch spring form or cheesecake pan. In a large mixing bowl combine the soft butter, cream cheese, 1/2 cup of the sugar, egg, flour, and baking powder. Mix well with a wooden spoon. Turn into the prepared pan. Sprinkle the top evenly with fruit.

Rinse out the mixing bowl and add to it the yogurt, cornstarch, the remaining 1/2 cup sugar, vanilla, and egg yolks. Whisk thoroughly and pour the mixture over the fruit. Bake the cake on the middle rack of the preheated oven for 1 hour and 10 minutes. The crust will be light brown around the edges, and the middle will not be quite set. It will set as it cools.

Remove the cake from the oven to a rack to cool. When the cake is completely cool, remove the sides of the pan. The cake can be served at room temperature or chilled.

GOLDEN HARVEST APPLE TREAT

1/2 cup frozen apple juice concentrate
1 tablespoon cornstarch
1/2 teaspoon cinnamon
1/8 teaspoon salt, optional
2 medium Golden Delicious apples, pared, cored and thinly sliced

(about 2 1/4 cups)

1 teaspoon lemon juice
1 teaspoon butter or margarine
Breyers No Sugar Added Reduced Fat Ice Cream

1) In medium saucepan, combine apple juice concentrate, cornstarch, cinnamon and salt. Cook over medium heat, stirring frequently until mixture thickens and comes to a boil.
2) Add apples, lemon juice and butter. Cook and stir over medium heat 5 to 8 minutes, or until apples are tender.

3) Serve warm with a scoop of Breyers No Sugar Added Reduced Fat Ice Cream. Makes 4 servings.

SWEET CUCUMBER PICKLES

Soak cucumbers overnight in cold water. Slice but not too thin. Make a syrup of:

2 c. cider vinegar
1 c. sugar
1/2 tsp. mustard seed
1 c. water
1 tsp. mixed spices

Bring to boil—then add cucumbers and boil about 3 minutes until they lose green look. Pack pickles solidly in hot jars, add 1 tsp. salt to each quart, 1/2 onion sliced, cover with boiling syrup and seal. (Recipe provided by the Floyd County Extension Service)

DILL PICKLES (1940)

1/4 c. salt
1 qt. water
1 c. vinegar
dill

Mix first three ingredients and let come to boil, then cool. Place cucumbers and 3 pieces dill in a jar, pour vinegar over and seal. (Recipe provided by the Floyd County Extension Service)

BREAD AND BUTTER PICKLES

1 gal. sliced cucumbers
5 c. vinegar
2 tsp. mustard seed
1/2 c. salt
1/2 tsp. ground cloves
6 green peppers, sliced
1 1/2 tsp. turmeric
8 onions, sliced
5 c. sugar
1 tsp. celery seed

Mix sliced cucumbers, onions, green peppers and salt. Weight down and let set three hours. Make syrup of

vinegar, sugar, turmeric, cloves, mustard seed and celery salt. Bring to boiling point, pour over vegetables, place over fire, let all come to boil, boil jars and seal. (Recipe provided by the Floyd County Extension Service)

APPLE 'N' SPICE BREAD

2/3 cup dried apple slices
1/4 cup walnuts or pecans (optional)
1/4 cup crystallized ginger*
1/2 cup (1 stick) margarine, softened
1 cup sugar
1-1/3 cups unsweetened applesauce
1/2 cup egg substitute or 1 egg plus 1 egg white
1-1/2 cups all-purpose flour
2/3 cup Kretschmer wheat germ, any flavor
2 teaspoons ground cinnamon
1 teaspoon baking soda
1/2 teaspoon baking powder
Heat oven to 350°F. Spray 9 x 5 or 8 x 4-inch loaf pan with no-stick cooking spray or grease lightly. Finely chop apples, walnuts and ginger together in food processor or by hand; set aside. Beat together margarine and sugar until creamy. Add applesauce and egg substitute; beat well. Stir in apples, walnuts and ginger. Add combined dry ingredients; mix just until dry ingredients are moistened. Pour into prepared pan. Bake 55 to 65 minutes or until dark golden brown. Cool 10 minutes; remove from pan to wire rack. Cool completely. 18 (1/2-inch thick) slices
* 1 teaspoon ground ginger may be substituted. Add with flour.

BLUEBERRY CRUMB CAKE

Topping
1/4 cup all-purpose flour
2 tablespoons Kretschmer wheat germ, any flavor
2 tablespoons sugar
2 tablespoons margarine, chilled
Cake
1/3 cup (5-1/3 tablespoons) margarine, softened
1 cup sugar
2 egg whites or 1 egg
2 teaspoons grated lemon peel
1 cup strained pears for babies
1-3/4 cups all-purpose flour
1/2 cup Kretschmer wheat germ, any flavor

2 teaspoons baking powder
1 teaspoon pumpkin pie spice
1/2 teaspoon baking soda
1/2 teaspoon salt (optional)

1-1/2 cups fresh or frozen blueberries, partially thawed, divided

Heat oven to 350°F. Spray 9-inch spring form pan or 9-inch square baking pan with no-stick cooking spray. For topping, in small bowl, combine dry ingredients. Cut in margarine until mixture is crumbly; set aside. For cake, in large bowl of electric mixer, beat together margarine and sugar until creamy. Add egg whites and lemon peel; beat at medium speed 2 minutes, scraping bowl occasionally. Beat in pears. Add combined dry ingredients in two portions, mixing gently by hand, just until blended. (Do not overmix). Add 1 cup blueberries; mix gently. Pour batter into prepared pan. Sprinkle with remaining 1/2 cup blueberries and topping. Bake 50 to 55 minutes or until wooden pick inserted in center comes out clean. Cool 10 minutes on wire rack. If using spring form pan, loosen sides of cake; remove sides of pan. Serve warm or at room temperature. 10 Servings

TROPICAL PINEAPPLE LEMON PIE

(8 servings)
1 1/4 cups graham cracker crumbs
2 tablespoons sugar
1/4 cup regular margarine or butter, melted

1 package (2.9 oz.) lemon flavor cook and serve pudding and pie filling mix

1/2 cup sugar
1/4 cup water
2 egg yolks

1 can (8 oz.) crushed pineapple, drained, reserving juice

1 container (8 oz.) frozen light whipped topping, thawed
1/4 cup toasted coconut

Stir together graham cracker crumbs, the 2 tablespoons sugar and melted margarine. Press evenly and firmly in 9-inch glass pie plate to form shell. Microwave at HIGH (100%) 2 to 2 1/2 minutes, rotating plate a quarter turn after 1 minute. Cool.

In large glass mixing bowl, stir together pudding and pie filling mix, the 1/2 cup sugar, the water and egg yolks. Set aside.

Add additional water to reserved

pineapple juice to measure 2 cups. Stir into pudding mixture.

Microwave at HIGH 6 minutes until mixture comes to full boil, stirring every 2 minutes. Stir in drained pineapple. Place piece of plastic wrap on surface of cooked mixture. Chill 1 hour.

Reserving about 1/2 cup for garnish, fold in whipped topping. Pour mixture into pie shell. Chill several hours. Garnish with reserved whipped topping and toasted coconut. To more easily remove pieces, place hot wet towel around sides and under pie plate for several minutes before cutting.

VARIATION: To make individual tarts, substitute 12 prepared single serve graham cracker crusts (two 4-oz. packages) for 9-inch pie shell.

BRAISED SIRLOIN TIPS

1/4 teaspoon freshly ground black pepper
1/2 teaspoon unseasoned meat tenderizer

2 pounds beef sirloin tips, all visible fat removed, cut into cubes and drained on paper towel

2 cloves garlic, finely minced
1/2 cup finely chopped onion
1 1/4 cup low-sodium beef broth
1/3 cup dry red wine
1 tablespoon light soy sauce
2 tablespoons cornstarch
1/4 cup cold water
1/4 cup minced fresh parsley

Place large, nonstick skillet over medium-high heat. Sprinkle pepper and meat tenderizer on meat. Brown meat on all sides, turning often, until well browned. Add garlic and onions and cook until onions are translucent. Add broth, wine and soy sauce. Heat to boiling. Reduce heat, cover and simmer 1 1/2 hours, or until meat is tender.

In a small bowl, blend cornstarch and water until smooth; slowly pour mixture into skillet, stirring constantly. Continue to cook and stir until gravy thickens. Sprinkle parsley on top. Serve with rice if desired. Serves 8.

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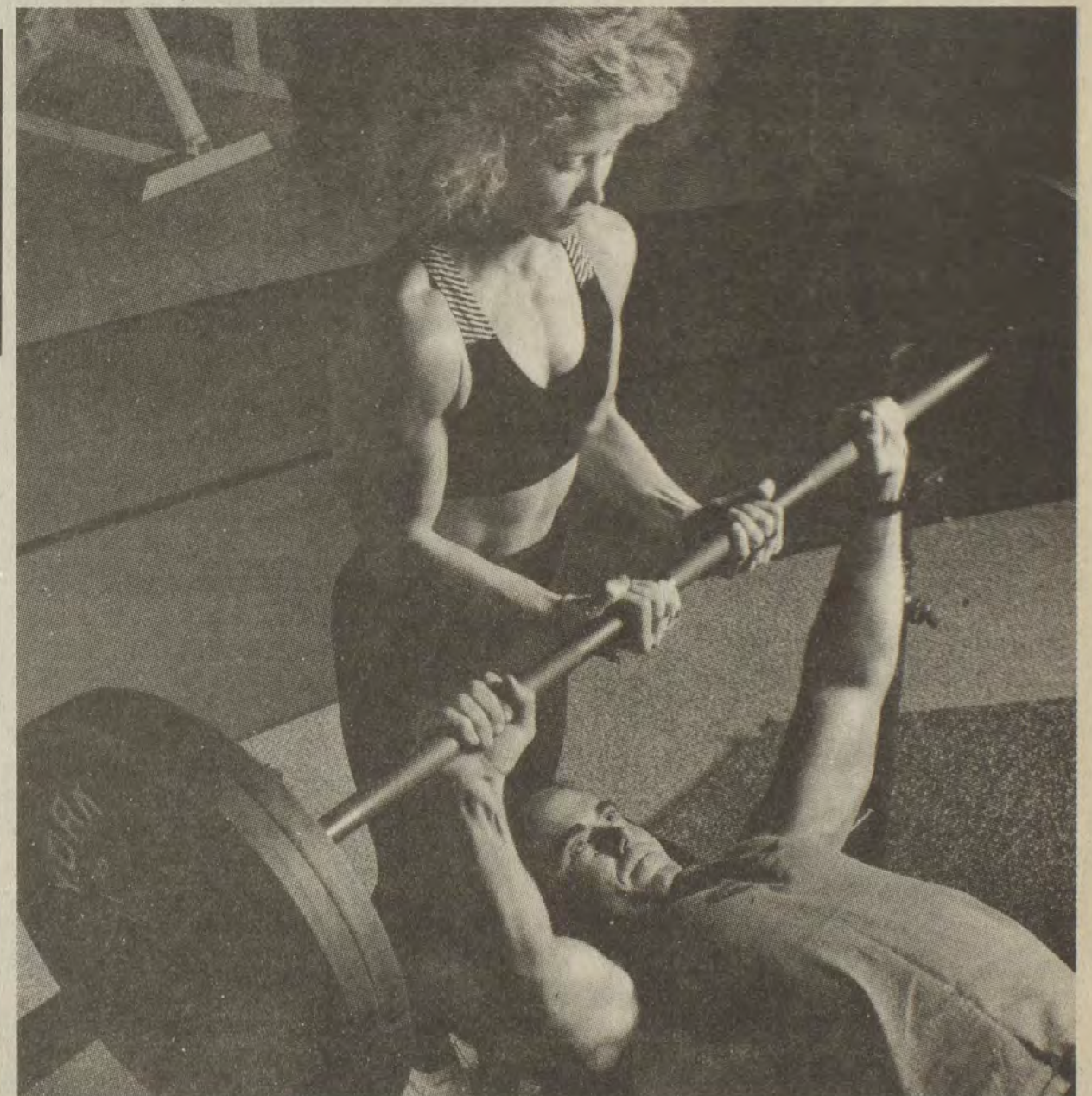
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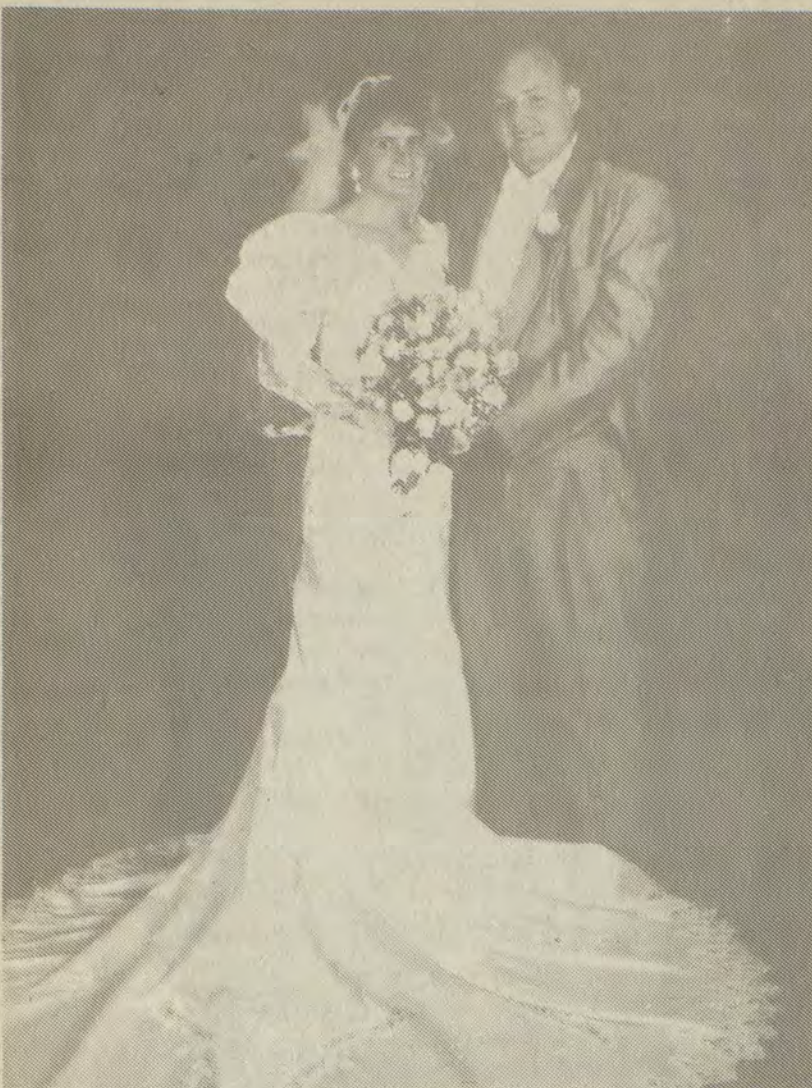
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Mr. and Mrs. Dewey Lee Webb Jr.

Kelley, Webb exchange vows

On July 1, Belinda Ann Kelley, daughter of Ted and Margie Kelley of Louisa, and Dewey Lee Webb Jr., son of Grace and the late Dewey Lee Webb of Fort Gay, West Virginia, exchanged wedding vows at the Louisa Freewill Baptist Church. The double-ring ceremony was performed by Dr. James A. Hayes, pastor of the church.

The bride wore a fitted mermaid-style gown of white satin with poet-illusion netted sleeves and embroidered lace, with lace and pearl drop appliques. The train was edged in embroidered lace and scattered pearl appliques. The veil was pencil-edged, adorned with appliques and a folded pouf. She carried a cascade bouquet of pastel pink and white roses accented by iridescent ribbon. The groom met his bride dressed in a gray tuxedo tailcoat, worn with a white bow tie and white vest.

Karla Dean and Karin Tuttle, of McDowell and cousins of the bride, served as matrons of honor. Bridesmaids were Lisa Fluty of Fort Gay, and Missy O'Daniel of Louisa, both sisters of the groom. Leigh Ann Tuttle, of McDowell and cousin of the bride, served as junior bridesmaid. They wore tea-length gowns in pastel pink.

Billy Ray Webb and Heath Webb, of Fort Gay and brothers of the groom, served the groom as best man. Groomsmen were Earl Duncan, cousin of the groom of Columbus, Ohio; Todd O'Daniel of Louisa; and Glen Fluty of Fort Gay, both brothers-in-law of the groom. They were dressed in gray tuxedos accented with pink cummerbunds and bow ties.

Serving as flower girls were Heather Dean and Chelsie Tuttle, of McDowell and cousins of the bride.

Kelley Baldrige, son of Dave and Teresa Baldrige of Louisa, served as ringbearer.

The ceremony was highlighted by the groom singing "Walk Through This World With Me" to his bride. Music was also provided by Kenny Chaney and Garrett Roberts of Louisa. Their musical selections included "I Swear," "I Cross My Heart," and "Long As I Live." Greg Sword, of Cleveland, Ohio, served as pianist and soloist for "When You Say Nothing At All" and "The Wedding Song."

Guest book and program attendant was Lisa Kelly, of Louisa, and cousin of the bride.

An outdoor reception followed the ceremony at the new home of the bride and groom on Shiloh Drive, Louisa where the couple is now residing following a honeymoon to Virginia Beach, Virginia. Mr. Webb is employed by Martin County Coal and is the grandson of William H. Dillon of Louisa. Mrs. Webb hopes to assume a teaching position this fall. She is the granddaughter of Hurston and Lula Kelley of Louisa and Walker and Marie Stumbo of McDowell.

Mrs. Belinda Kay Webb was honored with a household shower at the Louisa Freewill Baptist Church Educational Building. The shower was hosted by Missy O'Daniel, Lisa Fluty, Debbie Hanshaw, Teresa Baldrige, Liz Kelly, Nancy Lemaster, Patsy Orlovsky, Linda Hardin and Toby Roberts.

A shower was also given at Ponderosa Elementary School in Boyd County by students and the cooperating teachers during the bride's student teaching semester. A rehearsal dinner was held at Pizza Hut in Louisa.



Guest speaker

Recently, Pam Smith of Williamson Credit Bureau, Inc. was the guest speaker at the Prestonsburg Rotary Club. Pictured (left to right) are Pam Smith and Carla Boyd who is president of the Prestonsburg Rotary Club.

Dr. Chip Salyers, B.S.D.C. —Chiropractor—

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According to an article published in the April issue of the Journal of Emergency Medicine, a substantial number of emergency physicians are not providing appropriate aftercare instructions to their patients. As a result, insect sting-allergic people live with a 60 percent chance of having an allergic reaction to their next sting.

The study by McDougle, M.D. et al suggests that aftercare instructions

for all patients who have experienced a serious allergic reaction to an insect sting should include: a referral to an allergist for testing and possible immunotherapy, written avoidance instructions, and a prescription for an epinephrine injection device for initial self-treatment.

McDougle also recommends further educational efforts aimed toward increasing the awareness of patients and physicians alike concerning the implications of insect sting allergy and the value of proper preventive measures.

For anyone interested in learning more about allergic reactions to insect stings, a free brochure is available by calling 1-800-23-STING.

Croot graduates from med school



Christopher Croot

Mr. and Mrs. Ernest S. Croot announce the graduation of their son, Christopher Charles Croot, from the University of Kentucky College of Medicine.

Dr. Croot is presently doing residency in Pediatrics and Internal Medicine at University Hospital in Jackson, Mississippi.

Dr. Croot and his wife, Dacia, reside in Jackson.

Mountains

Continued from C 1)

Then they pulled me on down the hill.

"The old man yelled something from the porch and Bailey raised his gun and aimed. Green Allen then said, 'drop that gun, drop that gun.' Then the shots were fired. He had to shoot or he would have been killed."

Bonnie Brooks, 17-year-old daughter of Green Allen Brooks, was called to the stand. She refused to answer fourteen questions during cross-examination. Judge Carter became noticeably perturbed and instructed her on eight occasions to attempt to answer.

"I don't remember," was her response to most of the questions.

Editor's note: Green Allen Brooks makes a last ditch effort for acquittal in Jadon's From The Mountains next week in the Floyd County Times.

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Jack May's War

A GLORIOUS HOMECOMING
(The following is an excerpt from Dr. Robert Perry's book, *Jack May's War*)

By May 22nd, 1862, Jack May and his regiment had returned to their camp at the William Peery Farm east of Jeffersonville. Pendleton says that during the rebellion period, Peery's spacious home was "the center of the lavish hospitality for which Tazewell was so noted." An officer in the 16th Virginia Cavalry, Peery would subsequently lose an arm during the retreat from Gettysburg and be taken prisoner during the Battle of Boonesboro.

On July 18th Guerrant recorded that he "rode out to Mr. H. Harmon's and took dinner with Colonel A. J. May." Like Peery, Harmon was one of Tazewell County's wealthiest farmers, and Confederate officers were always welcome at his table. Over the roast beef Jack probably mentioned that he was worried about the safety of his wife Mary, who was still living with their two boys at her mother's farm in Floyd County. General Boyle, the new Union commander at Louisville, was threatening to arrest the wives of Kentucky's "secessionist notables." Boyle had instructed his marshalls to "fit up quarters for the imprisonment of such disloyal females as they may find it necessary to arrest."

Did Jack May organize a party of men, ride to Kentucky, and rescue his wife before Boyle's marshalls had a chance to arrest her? Unfortunately, we don't know. All we know for sure is that on August 1st, 1862, Mary Matilda May arrived safe and sound at General Marshall's headquarters near Jeffersonville. On August 2nd Guerrant recorded: "Mrs. A. J. May got here from Kentucky yesterday evening. Reports Yankees all left Prestonsburg."

We know very little about Jack's activities during this period, but what we do know suggests that he did indeed go to Kentucky and rescue his

wife. What we know about his movements, slender as it is, comes from Union correspondence. In June, 1862, Colonel Cranor's 40th Ohio Infantry was stationed at Prestonsburg. In July Cranor broke camp and marched his men to Louisa. Early in August General Boyle at Louisville received intelligence that the notorious rebel chieftain, Jack May, was visiting relatives in Floyd County. When Boyle relayed this rumor to Cranor, he replied:

Jack May has never been at home to my knowledge since I have had command in this valley. I was informed that he had come home or to his mother-in-law's near Prestonsburg while we were stationed there. I sent out a scouting party in the night to effect his arrest, but was disappointed, as my informant was mistaken.

At Boyle's headquarters in Louisville, Jack May was a name to conjure. On August 26th, a Union sympathizer in Catlettsburg wrote to Boyle and relayed information that he had picked up from William Damron, "a scout from Pike County." Captured by Jack's regiment the previous Spring, Damron had spent several months at their camp near Jeffersonville before being paroled. While he was there, he had overheard Jack and his fellow officers talking about their fall offensive. His understanding was that Marshall's troops would invade Kentucky by way of Pound Gap on August 26th. Meanwhile, in a coordinated attack, Jack May's 5th Kentucky would come down the left fork of the Sandy and "overrun the entire valley to the mouth."

Damron was right about Jack's route to Kentucky, but wrong about the date of his departure. Records show that he left Jeffersonville on August 2nd, along with seven companies of his regiment. Several days before, Marshall had given him one thousand dollars in gold to buy provisions along the way. On their first

night out, they camped at Grundy, a town thirty-five miles west of Jeffersonville in Buchanan County. Noble tells us that during the march, he was in high spirits. "We had driven the enemy out of Virginia, and now we would clean out Kentucky." That night, while the men were sitting around their campfires, George saw a comet, which he interpreted to mean that a great battle was about to begin. The other three companies of the 5th Kentucky, under the command of Major Hawkins, left Jeffersonville on August 13th.

What was in progress here was Marshall's second invasion of Kentucky, of which May's regiment was the advanced guard. It was timed to coordinate with General Bragg's invasion of Central Kentucky, which occurred a month later. Confederate strategy called for Marshall to march northward to Mount Sterling. This would not only provide Bragg with a diversion, but would put Marshall in a position to block the escape of a Union army under George W. Morgan stationed at Cumberland Gap. In his history of the 5th Kentucky, published in 1915, Hawkins tells us that he left Jeffersonville "two weeks in advance of Marshall's main body." His mission was to disperse Pike County's Home Guards and establish a supply depot at Pikeville.

This time around, Jack's regiment didn't enter Kentucky through Pound Gap. Instead, they came through Dogwood Gap, near present-day Toonerville, on the wagon road which bordered the upper reaches of the Levisa Fork. Their first objective was Picketon, a Union stronghold and a collection point for cattle, sheep and hogs. When they reached the town on August 7th, however, they found that its stockyards were empty and that the town had just been raided by Nathaniel Menifee and his band of Confederate guerrillas. Menifee's men had skirmished several times with Picketon's Home Guards, killing nine and driving the rest from the county. They had celebrating their victory by looting John Dils' General Store, causing the proprietor, a well-known Union man, to flee for his life. Nine days later Dils was interviewed by a reporter for the Louisville Journal:

"At Picketon the rebels, after the retreat of the Home Guards, robbed our informant of property worth from three to five thousand dollars, and took from other Union men the whole of their stock, etc. Among the guerrilla leaders were Menifee, Moore, Witcher and Harmon. Menifee was afterwards seen driving off a drove of stock a mile long toward the Virginia line."

It wasn't the first time that Jack May had crossed paths with Nathaniel Menifee. Described by the Louisville Courier as "Captain Menifee, a one-legged man from Arkansas," he had begun the war as a recruiting sergeant for John S. Williams in Bath County. Later he had served as a "drill colonel" at the camp of the 5th Kentucky in Prestonsburg. Following Marshall's defeat at Middlecreek, which caused him to have doubts about Marshall's competence as a commander, he parted company with

the regiment and began recruiting one of his own, notwithstanding the fact that he lacked the authority to do so. The area he canvassed for recruits was the Elkhorn Creek watershed along the Virginia-Kentucky border.

According to Randall Osborne's *The Virginia State Rangers and State Line* (Lynchburg, 1994), the scanty population along Elkhorn Creek prevented Menifee from raising a full regiment, but he did succeed in creating "a close-knit band of self-styled Confederate cavalrymen." Lacking the support of Secretary of War Randolph, who considered him a person of no importance, Menifee was obliged to arm and equip his men at his own expense. He raised money for this purpose by stealing cattle in Pike County, driving them to Virginia, and selling them at the stockyards bordering the Virginia-Tennessee Railroad. When Union men were impudent enough to defend their property, he murdered them.

Lacking respect for Marshall, Menifee refused to attach his poorly-trained crew to Marshall's command. No other option presented itself to him until the Summer of 1862, when General John B. Floyd arrived in Abb's Valley, not far from Elkhorn Creek, and began raising a regiment of cavalry. Although Floyd had a big blot on his record—his cowardly, last-minute escape from Fort Donelson, he nevertheless was known to be a fighting general. Therefore, when Floyd's recruiters visited Menifee's camp on Elkhorn Creek, he and his men leaped at the chance to join Floyd's new unit, the oddly-named Virginia State Line. Shortly after this, Menifee staged his raid on Picketon.

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Dental Health Today

by Michael K. McKinney, D.M.D.

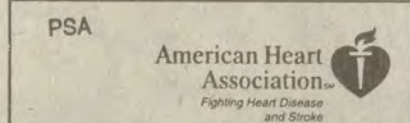
FLUORIDE FACTS

Dental literature is replete with facts on the effectiveness of fluoride in preventing tooth decay. How does it work? Sugars in the mouth set up a favorable environment for the growth and development of germs. These germs produce acids that cause decay and leave behind deposits that injure the gums. One of the big defenses against this process is fluoride which builds up the resistance of teeth to these acids. It should be in your child's drinking water so it can be absorbed in his growing teeth; it should also be in your child's toothpaste, and applied regularly on his teeth by the family dentist.

Chicago (the first big city to fluoridate its water supply) reports that tooth decay has been cut in half among its school children, and credits fluo-

ride for this improvement. As an added plus, Chicago parents are saving an estimated \$20 million a year in dental bills.

In areas where the water is not fluoridated, (well-water), children's teeth can be substantially protected against cavities by fluoride in drop or tablet form. Local schools also have fluoride treatments available for your child. All children should participate in this service.



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- Florence Mitchell, Pikeville — \$1,000 BREAK FORT KNOX
- Eddie Shelton, McDowell — \$5,000 POWERBALL

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Harmon, Gray to wed

Mr. and Mrs. Kevin Shannon of Prestonsburg, announce the forthcoming marriage of their daughter, Katie Jo Harmon, to Shawn C. Gray, son of Mr. and Mrs. Roy C. Gray of Richmond. The wedding will be held September 2, at 5:30 p.m. at the First Baptist Church in Prestonsburg. The custom of an open church will be observed. A reception will be held at the Holiday Inn.

How summer heat hurts your car

Hot summer temperatures can be just as brutal on a poorly maintained automobile as the most chilling winter weather, AAA Blue Grass/Kentucky cautions motorists.

When the temperatures rise above 90 degrees, trouble often begins. Vehicles with weak batteries may have difficulty starting, air conditioning systems can fail and poorly maintained cooling systems overheat.

Heat takes its toll in several ways. Most engines operate at about 200 degrees Fahrenheit. In traffic, the temperature under the hood rises quickly. Additional heat comes from the air conditioner and the automatic transmission. The cooling system has to work twice as hard to carry heat away from the engine. When the engine is off, all components continue to heat up before they cool.

During this "heat soak," engine components expand and increase friction between moving parts, making them harder to turn. Due to this increased resistance, batteries already weak from high temperatures could fail to start the car.

Heat makes tires wear out faster. Underinflated tires generate excessive heat, which can cause blowouts.

Heat can damage your car's interior. When your car is parked in the sun, the temperature inside can reach nearly 200 degrees. Intense heat vaporizes some of the vinyl on the dashboard, seats and paneling. (You'll notice a grayish film on the inside of your windshield). Be sure to clean the inside of your windshield when you wash the car.

To avoid roadside breakdowns during hot weather, AAA recommends the following precautions:

- Have the battery tested and replaced, if necessary
- Inspect the antifreeze/coolant level, making certain a 50/50 mixture of water and coolant is present
- Inspect and replace worn or cracked belts as well as blistered or soft hoses
- Check the air conditioning system for leaks and service if necessary
- Change the oil every 3,000 miles.

Oil breaks down faster at high temperatures.

AAA Blue Grass/Kentucky is a not-for-profit motor club serving 117,000 members in Kentucky, Virginia and West Virginia.



Two years old

Daniel Alan Russell Austin Salisbury celebrated his second birthday at his home at Hunter. He is the son of Danny and Regina Salisbury. The theme of the party was "Sesame Street." He is the grandson of Ervin and Bernice Salisbury of Eastern and Fred and Brenda Shelton of Martin.

Children of alcohol and drug abusers at risk

In families where the parents abuse alcohol or drugs, there is a substantial risk the children will be neglected or abused, said Peggy Wallace, commissioner of the state's Department of Social Services.

In FY '94, substance abuse was found to be a factor in almost 40 percent of cases where legal action was taken and the child was removed from the home, in 30 percent of substantiated child neglect cases and 26 percent of all child abuse cases substantiated by DSS.

National studies and surveys of DSS workers indicate the actual percentage is even higher, closer to 50 percent of all child abuse cases, said Joel Griffith, DSS child protective services specialist. "The disease of chemical dependency is so laden with guilt and shame, it is under-reported," he said.

Mike Townsend, director of the Division of Substance Abuse in Kentucky's Department of Mental Health, said a parent may not voluntarily admit to a drinking problem or drug use for fear of losing the children.

Also, there's a reluctance to question someone about substance use, especially alcohol, he said. "Though alcohol accounts for 85 percent of all substance abuse treatment, it's legal and socially acceptable, so its use in a person's own home may be seen as real personal."

Griffith said he wants to emphasize that substance abuse does not directly cause child abuse and that not all families who abuse substances will abuse their children. "But, he said, "it is a significant factor that needs to be considered."

Townsend said, "Anywhere there's a suspicion of child abuse, we should look for substance abuse."

He defined substance abuse as any use of alcohol or drugs that interferes with the user's life, causing legal, financial or employment problems or creating problems at home or socially. Even more serious problems develop with dependence on the substance, where any attempt to quit or cut back results in withdrawal symptoms, he added.

Crystal Collins, also a child protective services specialist with DSS, said parents who are substance abusers may neglect their children's basic economic needs and nurturing and fail to use appropriate discipline.

Adult responsibilities, such as the care of younger children and even the care of the parent incapacitated by drugs or alcohol, may be forced on children who lack the maturity to assume them, she said. Housekeeping may be left to young children, resulting in unsafe and unsanitary living conditions.

Townsend said the heavy psychological and financial burdens substance abuse places on families frequently result in spouse abuse and child abuse, and often lead to the break-up of the family. The financial burden on the family budget may mean the funds for such basics as food are used for alcohol or drugs.

Children raised in alcoholic families miss more school and exhibit more emotional problems and physical ailments and serious injuries than children from non-alcoholic homes. Townsend said their problems also include aggressive behavior and other conduct problems and they may become alcoholics themselves.

At least one child in 10 in this country is born into a chemically dependent family, he said, and more than one-third of all separated and divorced women were once married to a problem drinker or alcoholic. Nearly one-fifth of all adults say they lived with a problem drinker or alcoholic as a child.

Townsend said no population group is immune to substance abuse, which affects both men and women of all age, racial and ethnic groups and educational levels, but different groups use different substances.

"A person can get into substance abuse innocently," he said. "For example, with prescription drug abuse the problem can start with treatment for a legitimate medical problem."

"Men are still more likely than women to become problem drinkers, but the problem is increasing with women, who may hide it better; drinking at home alone." He added that medical research indicates the top 10 percent of heavy drinkers consume more than half of the alcohol used in this country.

Those who use illegal drugs, such as heroin, cocaine or LSD, are a small population but most are also in their child-bearing years and their ability to care for children is compromised, Townsend said.

He said substance abuse requires specialized treatment and anyone who wants help for the problem should ask their family doctor or health care facility to recommend a qualified chemical dependency treatment counselor.

Support is offered through such self-help groups as Alcoholics Anonymous or Narcotics Anonymous and treatment or referral is also available at 14 state-operated community mental health facilities. Townsend said all the state MH facilities keep a directory of private practitioners and also provide help themselves on both an out-patient and residential basis.

There are two state residential programs for women who fear losing their children if they ask for help, or who may not have anywhere to leave the children while obtaining treatment. The women are allowed to bring their dependent children with them and services include not only treatment but prevention and parenting skills. The programs are located in Louisville and Covington but are available to women statewide.

It is hoped substance abuse treatment may be combined with spouse abuse shelters in the future, Townsend said, because victims of spouse abuse may frequently turn to alcohol or drugs to cope with their situation.

Townsend emphasized that substance abuse is treatable and said it's especially important that substance abusers who are parents get help.

"All parents are models for their children," he said. "When parents use alcohol or drugs, they not only place the children at risk of being abused or neglected, but the children are more likely to become substance abusers themselves."

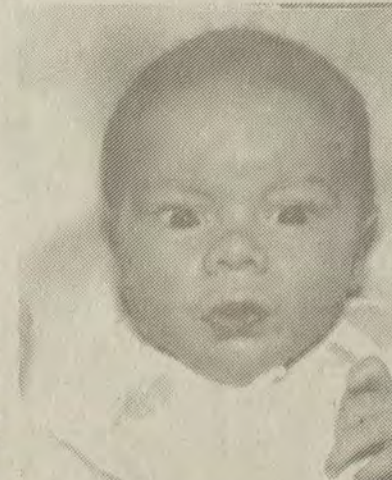
Collins and Griffith added that appropriate help can protect children and may keep a family from breaking apart.

To report suspected child abuse or neglect, call your law enforcement agency or DSS office or the abuse hotline at 1-800-752-6200.



Croot awarded research grant

Ernest S. Croot III has been awarded research grants from the National Science Foundation and the National Security Agency for research in Mathematical Number Theory. Croot is a graduate assistant in mathematics at the University of Georgia in Athens, where he is pursuing a doctorate in number theory. Croot is the son of Mr. and Mrs. Ernest S. Croot of Bevinville and a graduate of Centre College.



Michael Shawn Martin, son of Kathy Jo and Jason Martin of Martin, was born on June 8 at UK Medical Center. He weighed 7 lb. and 4 ozs. Paternal grandparents are Melvin and Phyllis Martin; maternal grandpa is Joe David Stumbo; maternal great-grandmother is Edith Moore; paternal great-grandmother is Della Hall.

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ers may neglect their children's basic economic needs and nurturing and fail to use appropriate discipline.

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Business/Real Estate

Kentucky Power Company selects new customer service supervisors

Kentucky Power Company has selected five customer service supervisors for areas served from its service facility at Coal Run, near Pikeville.

The supervisors and their assign-

ments are: Mary Begley, South Pike customer service team; Tim Hall, Floyd customer service team; Oscar Ratliff, Paintsville customer service team; Bob Shurtleff, Pikeville customer service team; and Gene Stepp,

South Williamson customer service team.

Customer service supervisors and the teams reporting to them will be responsible for meeting on-time service requirements for Kentucky Power customers. Supervisors will report to Nathan Kirk, customer service superintendent at Coal Run. Counties served from Coal Run include Pike, Martin, Johnson, Magoffin, Floyd and Morgan.

Begley, a native of Hazard, earned a bachelor's degree in business administration from Morehead State University. She has been employed by Kentucky Power for 10 years.

Begley and her husband, Dan, will relocate to the Pikeville area from Hazard.

Hall, a native of Harold, is a graduate of Betsy Layne High School and Prestonsburg Community College. He has been employed by Kentucky Power for 18 years.

Hall is a member of the Paintsville Little League board of directors and is co-president of the Paintsville Senior Baseball League. Hall lives in Paintsville with his wife, Kay, and two children.

Ratliff, a native of Allen, earned a bachelor's degree in electrical engineering from the University of Kentucky. He has been employed by Kentucky Power for 14 years.

Ratliff is state director of the Kentucky Society of Professional Engineers and is a member of the National Society of Professional Engineers. Ratliff and his wife, L.G., live in Dana.

Shurtleff, a Pikeville native, is a graduate of Pikeville High School. He earned a degree in education, business and office administration from the University of Kentucky. He has been employed by Kentucky Power for nine years.

Shurtleff lives in Pikeville with his wife, Kathy, and three children. Stepp, a Cabin Creek, West Virginia native, attended West Virginia Institute of Technology. He has been employed by Kentucky Power for 31 years.

Stepp is a member of the Tug Valley Chamber of Commerce, the Williamson Rotary Club and is former international director of the West Virginia Jaycees. Stepp and his wife, Martha, live in Williamson, West Virginia. They have one son.

Addington Resources Inc. adds four members to board

Addington Resources, Inc. (NASDAQ NMS: ADDR) announced recently the appointment on August 4 of four new members to its Board of Directors, Howard P. Berkowitz (Chairman), Richard Ravitch, James Grosfeld and Harold Blumenstein, and the resignation of Robert Addington from the current Board.

With these changes, the reconstituted Board of Directors will consist of eight members: Larry Addington, Bruce Addington, Jack C. Fisher and Carl R. Whitehouse, plus the four new members.

The Board changes follow the execution of a definitive agreement on August 4 between Larry, Bruce and Robert Addington for their sale of an aggregate of 2,000,000 shares of ARI Common Stock to HPB Associates, L.P., of which Howard Berkowitz is managing general partner and Messrs.

Ravitch and Blumenstein are limited partners. HPB Associates, L.P.

purchased 577,003 of these shares on August 4, with the balance of the purchase to occur following Hart-Scott-Rodino clearance in the next few weeks.

It is anticipated that the Board of Directors will be expanded to include an additional director designed by HPB Associates, L.P. following regulatory clearances.

Addington Resources, Inc. also stated that it was the intention of the reconstituted Board of Directors that the company focus solely on its environmental businesses.

To that end, the Board intends to pursue the prompt but prudent sale of the company's non-environmental businesses with the net proceeds from such sales being deployed to expand the company's environmental operations.

Addington Resources, Inc. is involved in solid waste management operations as well as mining, mining technology and mining services.

Other people's money

by Lance E. Schultz
Contributing Writer

The Bermuda Triangle is said to swallow ships. U.S. dollars seem to find a similar fate in the Pacific. America's trade deficit with Japan and the rest of Asia has ballooned in recent years, increasing to a cumulative total of almost \$1 trillion from 1985 to 1994. That could have important implications for currency markets in the period ahead. Because the dollar is carrying the burden of the combined trade deficits of Japan and Asia, the U.S. probably would have to address its trade deficits with both regions before the U.S. currency could stage a sustained rally.

Most Asian countries have been running trade deficits with Japan for many years. The combined deficits of 10 major Asian economies with Japan increased from about \$16 billion in 1985 to \$80 billion in 1994. During the same period, Japan's cumulative trade surplus vs. the same countries (Singapore, Korea, Hong Kong, Taiwan, China, Indonesia, Malaysia, the Philippines, Thailand, and India) was about \$390 billion.

Also during that period, Asian countries offset their trade deficits with Japan by running surpluses against the United States. The combined surpluses of the 10 Asian countries with America increased from about \$25 billion in 1985 to some \$60 billion in 1994; on a cumulative ba-

sis, the figure was roughly \$375 billion. Meanwhile, Japan's annual trade surpluses against the U.S. continued. They totaled about \$550 billion from 1985 to 1994.

With Asian countries using their U.S. surpluses to finance their deficits with Japan, the effective measure of America's trade deficit with Japan actually is its combined deficit with Japan and Asia. That figure is roughly \$950 billion for the 1985-94 period.

That huge sum clearly places a burden on the yen/dollar exchange rate—one that is made heavier by the fact that many Asian currencies are pegged to the U.S. dollar. Consequently, for the dollar to mount a sustained rally against the yen, the U.S. would probably need to address not only its trade deficit with Japan, but also its deficit with the rest of Asia. That might require a substantial revaluation of some Asian currencies, particularly those of nations with large trade surpluses with the U.S.—such as China, Hong Kong, and Taiwan. The currency regimes of countries with surpluses against both America and Japan might also come under scrutiny as policymakers are forced to choose between a strong currency and higher interest rates to contain domestic inflation. Indonesia could be in that category, in our view.

Mr. Schultz is a financial consultant with Merrill Lynch in the Huntington, West Virginia office and resides in Hurricane.

Rogers says national parks safe; House approves funds for Kentucky's parks

U.S. Rep. Harold "Hal" Rogers (KY-5) said recently funding for Kentucky's National Parks will be safe. Cumberland Gap National Park, Big South Fork National Recreation Area, Mammoth Cave National Park, and the Abraham Lincoln National Historical Site will each receive a slight increase in funding.

Recently, the House approved the FY 1996 Appropriations for the Interior Department and related agencies, 244-181. The funding bill will now be considered by the U.S. Senate.

Last month, the House Appropriations Subcommittee on Interior approved nearly \$1.1 billion for national parks nationwide, a one-percent increase for operating expenses for all national parks over last year. An additional \$1 million was added by the House Appropriations Committee.

Recently, President Clinton's Secretary of Interior, Bruce Babbitt, said a plan to balance the budget would eliminate or cut funding for national parks around the United States. Babbitt's list included the Kentucky National Parks.

Rogers, a senior member of the

House Appropriations Committee, spoke with members of the Interior panel, urging them to fully support Kentucky's National Parks.

"National parks are an important part of our heritage," Rogers said. "Obviously, it is absurd to think that our national parks would be on anyone's hit list. These parks not only tell our history, they promote tourism and provide thousands of jobs for our communities."

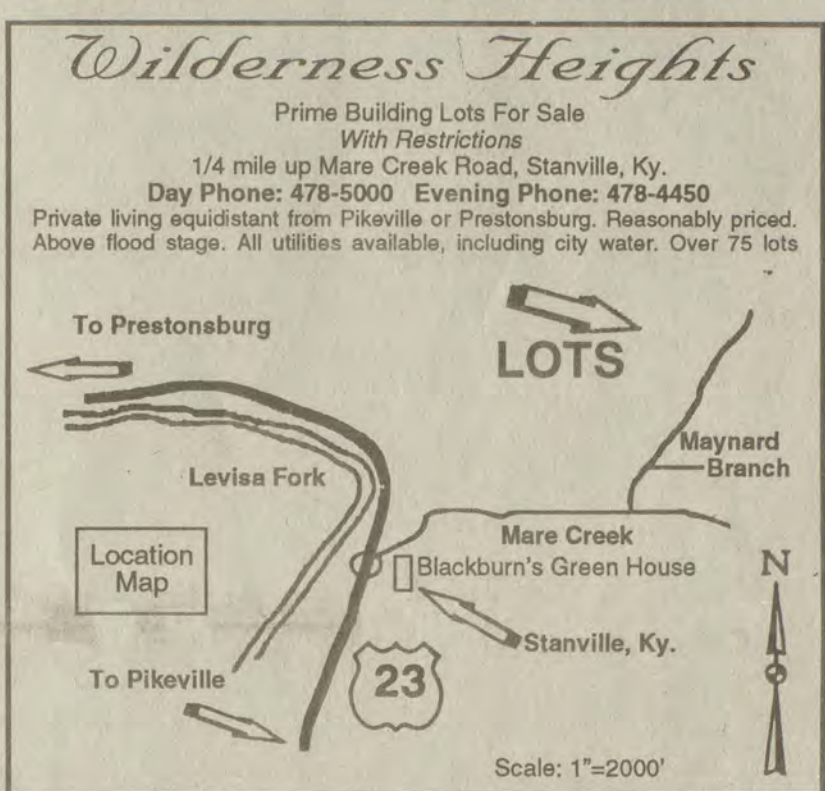
Marketing director appointed for ARH

Appalachian Regional Healthcare announces the appointment of Andrew W. Tucker as director of marketing and acquisitions.

Prior to joining ARH, Tucker served for 11 years as chief operating officer of Lexington Clinic, a free-standing medical group practice in Lexington.

His experience in health care also includes administrative positions at the University of Kentucky Hospital and the Department of Human Resources in Frankfort.

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LANCER—LUXURY IN EVERY CORNER. A 3-bedroom, 1-3/4 bath home with a large kitchen, an extra-large liv. rm., formal din. rm., fam. rm., three covered porches that feature over 500 sq. ft. and utility building that features over 1100 sq. ft. Situated on a 120x170 lot.

OTHER LISTINGS:
FLAT GAP—NEW LISTING—2-bedroom, 1-bath mobile home situated on 20 acres more/less. Call for more information.
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606-874-9033

NEW LISTING
U.S. 23 BETWEEN ALLEN AND PIKEVILLE—2 bedrooms, living room, dining room, kitchen & utility room, all ready for you with a 100x100± fenced-in lot. Call for details

NEW LISTING—CRACKER BOTTOM (Marlin)—Nice and neat...3 bedrooms, 1 bath, screened-in porch, situated on a 175± to creek lot. Call Hansel for details.

MAYS BRANCH—5 bedrooms, 3 baths with basement. Located in an exceptional neighborhood, within walking distance to school and shopping. This home has all city amenities and is well maintained.

MOUSIE—Very nice, 3 bedrooms, 1 full bath and 2 half baths with approx. 1,800± sq. ft. of living space, cathedral ceiling in kitchen/dining area.

INTERSECTION OF U.S. 23 AND TOWN BRANCH—Residential Property: Brick ranch with 3 bedrooms and 1-1/2 baths. Situated on 26.5 acres.

NEW LISTING—GARTH (Above Martin)—1 1/2 miles from Route 80—Vacant property, utilities available with approx. 2 house sites ready to build on today.
COMMERCIAL PROPERTY: 34± acres on U.S. 23 South.

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LAKEVIEW VILLAGE: Reduced, \$89,900. Wonderful three-bedroom, 1.5-bath home with fireplace. Privacy, yet close to town. Lovely setting with a great view. G-001-F.

PRESTONSBURG—MAYS BRANCH: Private, yet in the city. This well-maintained, 3-bedroom cedar home has a private driveway plus additional parking in back. H-002-F.

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REALTOR ASSOCIATES: AFTER 5:00 P.M.
Ellen Holbrook 874-9558 Joyce Allen 886-2523
Lynette Fitzer 874-9564 Brenda Sturgill 285-9803
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EAST POINT—3-bed/2-bath brick and frame home on 1/2-acre lot. Carpet, large eat-in kitchen & more. \$83,200.00. Y-002-F3.

NEW LISTING

EAST POINT—Over 2,000 sq. ft. with 3 large bedrooms, 2-1/2 baths, fireplace, screened-in porch and 1-car garage. \$87,900.00. Y-003-F3.

CONVENIENTLY LOCATED BETWEEN PIKEVILLE AND PRESTONSBURG—Three bedrooms with large deck, new outside storage building. Affordably priced. S-031-F3.

NEAR DEWEY LAKE—Three-bedroom home, large lot, within 1/2-mile of fishing, boating and water sports. G-001-F3.

PRESTONSBURG—An older home that reflects charm, conveniently located on Arnold Ave., within walking distance to schools, banks, shopping, and churches. R-002-F3.

STONE COAL—5-bedroom house, 1-1/2 bath with extra lot. L-001-F3.
WHEELWRIGHT—3-bedroom house with carpet and on a corner lot. E-001-F3.
WAYLAND—5 bedrooms with chain link fencing. \$22,500. SM-001-F3.

Jobs

588 North Lake Drive
Prestonsburg, KY 41653
M-F: 8 a.m.-4:30 p.m.

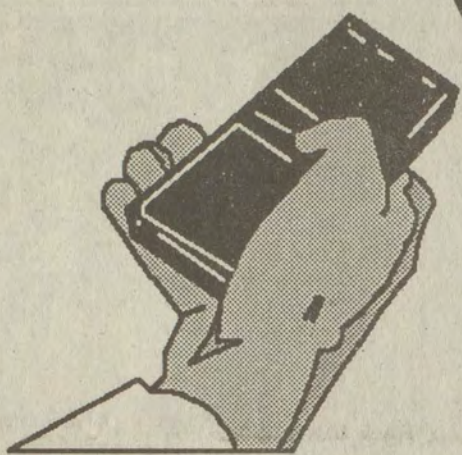
Cabinet for Human Resources

JOB TITLE	COUNTY	PAY P/U
Alteration Tailor	Johnson	0.00/Other
Bartender	Magoffin	0.00/Other
Bartender	Floyd	0.00/Other
Brick/Blocklayer	Johnson	6.00/Hr
Brush Cutter	Martin	5.00/Hr
Bulldozer Operator I	Floyd	0.00/Other
Cashier	Johnson	4.25/Hr
Cashier-Checker	Martin	4.25/Hr
Cook/Janitor/Aide/Substitute	Magoffin	5.93/Hr
Correctional Officer	Floyd	5.77/Hr
Cutting Machine Operator	Floyd	0.00/Other
Delivery Driver	Magoffin	4.25/Hr
Dispatcher	Floyd	7.00/Hr
Fast Food Worker	Magoffin	4.25/Hr
Fast Food Worker	Floyd	4.25/Hr
Heating/Air Conditioning Technician	Magoffin	0.00/Other
Instructor, Carpentry	Floyd	10.15/Hr
Lead Installer - Service Technician	Martin	0.00/Other
Machinist	Johnson	0.00/Other
Manager, Food & Beverage	Magoffin	0.00/Other
Mechanical Engineer	Johnson	0.00/Other
Order Filler	Cincinnati	7.00/Hr
PACE, Adult Ed. Instructor	Magoffin	18.415./Yr
Service Worker	Johnson	4.50/Hr
Security Guard	Floyd/Johnson	4.50/Hr
Tank Truck Driver	Johnson	0.00/Other
Teller	Floyd	4.50/Hr
Tractor Trailer Truck Driver	Floyd	0.00/Other
Tractor Trailer Truck Driver	Floyd	0.00/Other
Tractor Trailer Truck Driver	Lawrence	0.00/Other
Truck Driver	Floyd	6.00/Hr
Truck Driver, Heavy	Martin	0.00/Other
Truck Driver, Heavy	Johnson	0.00/Other
Waiter/Waitress	Floyd	4.25/Hr
Waiter/Waitress - Buffet	Floyd	4.25/Hr
Welder, Arc	Floyd	0.00/Other
Welder, Combination	Floyd	4.25/Hr

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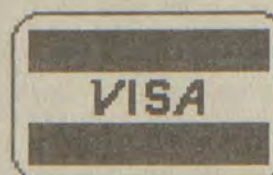
If you want it to sell,
put it in print!

The Floyd County Times

886-8506

The Classifieds

886-8506



The Floyd County Times

DEADLINES

Wednesday Paper
Noon Monday

Shopper
Wednesday, 5 p.m.

Friday Paper
Wednesday, 5 p.m.

606-886-8506

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REGULAR CLASSIFIED—\$7.25/wk., 20 words or less; 15¢ for each word over 20. This price includes Wednesday & Friday's Floyd County Times and Monday's Eastern Kentucky Shopper.

UPFRONT CLASSIFIED—\$5.00/wk., 20 words or less; 15¢ for each word over 20. This price includes Wednesday's Floyd County Times.

CALL KARI AT 886-8506 TO PLACE YOUR AD

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886-8506

FAX US YOUR AD 886-3603

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FOR SALE

By Absentee Owner:

B&G Broadcasting, Inc. Assets: WKLW AM 600 KHZ, 5KW/ND; WKLW/FM/94.7/C3. Located in Paintsville, KY.

Interested parties contact David Gibson, 919-387-8769

The FLOYD COUNTY TIMES does not knowingly accept false or misleading advertisements. Ads which request or require advance payment of fees for services or products should be scrutinized carefully.

For Sale

1993 HONDA XR650L on/off road motorcycle. 2,000 miles. Excellent condition. \$2,600. Call 606-639-8814, ask for Jerry.

30% OFF MARY KAY COSMETICS. Call 886-6551 from 9 a.m.-5 p.m.

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Regency Park Apartments

U.S. 23 (Below Hospital) 886-8318 from 9 a.m.-3 p.m.



7-20-11

JOB OPPORTUNITY

Continuing Education Coordinator The Southeast Kentucky Area Health Education Center, a regional health education agency responsible for 16 counties in SE Kentucky, is accepting applications for a Continuing Education Coordinator. Duties include assessing continuing education needs of health professionals, planning and implementing a wide variety of continuing education programs to meet assessed needs. Familiarity with health care and health professionals a necessity. Bachelor's Degree in nursing, a health related field, or education required; Master's Degree preferred. Must demonstrate competence in planning, communication, organizational skills, computer knowledge, and ability to manage variety of complex tasks. Residence within commuting distance of Hazard is required. Salary negotiable, excellent benefits. Submit resume to Sarah Hughes, Center Director, SE AHEC, 100 Medical Center Drive, Hazard, KY 41701

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Jerry's Restaurant in Prestonsburg is now taking applications. Waitresses, cooks and dishwashers.

Jerry's offers BC/BS insurance, paid vacations, meals & uniforms.

APPLY IN PERSON ONLY!

No phone calls, please Applications may be obtained Mon.-Fri. 3-4 p.m. only!

CAR BATTERIES from \$19.95. Cash for old batteries. 8D-1400cca \$99.95. The Battery Connection, Paintsville. Call 789-1966.

COMMERCIAL OFFICE TRAILER. 30 ft. Call 358-9531.

FARM TRACTOR PARTS AND EQUIPMENT. Ford 8N Tractor, rebuilt engine, rebuilt hydraulics. Extra good shape. \$2,400. Call 285-3398 from 5 p.m.-9 p.m.

FOR SALE in Mt. Sterling, KY area: Three bedroom brick with 30x40 garage. Also, all kinds of truck parts. Motors: 330, 361, 391, 366, 454, 370. Tires: 750-20-900-1000-825-205. Call 606-498-4659.

FOR SALE: Sofa, chair, recliner, matching table and end tables. All wood frame. Call 285-9920.

FOR SALE: Metal office desk w/matching chair. Also, security cameras w/TV monitor and set of Britannica encyclopedias with reference annals and holding shelf. Call 874-0215.

FOR SALE: GE 24,000 BTU air conditioner, like new. \$250. Also, 15 cubic ft. chest freezer. Like new. \$150. Call 874-2750.

FOR SALE: Beauty shop equipment. Call 377-6881.

FOR SALE: 15 cubic ft. chest type GE deep freezer. \$125. Call 886-2075.

FOR SALE: Regulation size pool table. Slate bed, drop pockets. Good condition. Accessories included. Also, Systems 50 exercise weight machine. Digital setting. Like new. Good deals! Call 606-377-6826.

FOR SALE: Two cars and a 500-gallon fuel oil tank with approximately 100 gallons of fuel oil. Call Parker Tiller at 285-5141.

FOR SALE: 1989 Suzuki 650 street bike. Call 874-0259. Also have two year old cow for sale. Call 285-3214.

FOR SALE: Two 4-wheelers. 1993 TRX 300EX FourTrax and 1995 TRX 200D Type 2 FourTrax. Call 285-3469.

FOR SALE: 14x56 Clayton Eastwind mobile home. Two bedroom, one bath. Three years old, like new. Includes stove/refrigerator, washer/dryer, central heat/air. Call 886-3453 or 886-2616.

GRAVELS FOR SALE: Pick up or delivered. Also have topsoil for sale. Call 886-6458.

LOTS FOR RENT OR SALE: Middle Creek Road. Camper for sale, 24 ft. Trophy. Cabin at Cave Run for sale. Attention, ladies and men: Great opportunity selling 12K & 14K gold jewelry in your spare time. Up to \$50 an hour. Call 606-886-6713.

MOVING SALE: Love seat; Rattan recliner, rocker; Whirlpool portable dishwasher; microwave oven w/cart; entertainment center; book cases; desk; Rattan dining room table, 4' glass top w/four chairs; lamps; miscellaneous pictures; kitchen items. Call 349-6517.

PROFESSIONAL TOOLS FOR SALE: Makita 1/2" two speed hammer drill, \$95; Makita 3" belt sander, \$95; Makita sander, grinder, wire brush, \$125; Mi-T-M pressure washer, 0-1000psi, \$350; Skil jigsaw, \$35; Black & Decker 7 1/4" circular saw, \$25. Call 349-6517.

PUBLIC AUCTION Every Friday night at 7 p.m. at Pyramid (four miles from David on Rt. 850). Consignments welcome. Bring a load and come on down. Don Wireman, 886-0706.

HAZELETT'S PAINT & WALLPAPER, INC. 436 1/2 N. Lake Drive Prestonsburg 606-886-2132 or 886-3019 "Serving the people since 1949." Your Glidden paint center: also have quality vinyl wallpaper and supplies. Store hours: Mon.-Fri. 8 a.m. to 5 p.m. Sat. 8 a.m.-12 noon.

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SWIMMING POOL EQUIPMENT for sale: Set E-Z Steps, used one week, will sell at cost, \$460; 8' Fibre divingboard, new, slight cosmetic blemish, will sell at cost, \$177; winter cover for 15x30 above ground pool, new, never used, \$50. Call Blue Bayou Pool Service, 349-6517.

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BAD OR NO CREDIT? Gov't homes and properties available. Down payments from \$0. Easy to qualify! For current listing call toll free! 1-800-378-4901, ext. H-1757.

BETTER CALL US! We buy personal estates, houses and property. Century 21 American Way Realty, 886-9100.

FOR SALE: Two bedroom house, one bath. Fenced in yard. Approximately 3 acres. Main branch, Bull Creek. Call 874-9863.

FOR SALE: House in Auxier. Seven rooms, bath. Chain link fence. Close to school, churches, post office, store. One mile from hospital. Reasonably priced. Call 886-3676.

FOR SALE: Three bedroom house. Located in Prestonsburg. Call 886-3604.

FOR SALE: Two bedroom trailer and two lots. Located on Bucks Branch, Martin. \$36,000. Call 1-606-879-1624.

GOV'T FORECLOSED homes for pennies on \$1. Delinquent Tax, Repo's, REO's. Your area. Toll Free 1-800-898-9778, ext. H-6778 for current listings.

HOUSE FOR SALE: Wayland Bottom. Three bedrooms, 2 1/2 baths. Full basement, chain link fence, large deck. \$28,000. Call 358-4152.

HOUSE FOR SALE: Trailer with add on. Three bedrooms, one bath. One acre m/l. Large front porch and screened back porch. Two outbuildings. Free gas and water. Will sacrifice. Phone 285-3219 or 285-9723.

HOUSE FOR SALE: Near Wayland. Two acres. Three bedroom, living room, family room. Hardwood floors. Call 358-4934 after 5 p.m.

THREE UNDIVIDED PARTS (54 acres) of estate on Salt Lick, Knott County. Write owner at: 10115 Fairfax Drive, Ft. Belvoir, VA 22060.

Autos For Sale

1985 TOYOTA CAMRY. Will sell for parts. Also have Toyota truck parts. Call 874-0627.

1987 ISUZU TRUCK. Four cylinder, automatic. Also, 1985 Dodge Aries, automatic, air. Call 285-9375.

FOR SALE: 1950 Ford Pickup. New paint and new wheels. Call 478-3790.

FOR SALE: 1985 Chevy pickup. Rack, tool box, ladders, aluminum walk board and ladder jacks. \$5,500. Call 478-3790.

FOR SALE: 1981 Ford F-150 pickup. Six cylinder, automatic, stepside bed. \$1,800. Call 874-9518.



American National Rubber Company

Louisa Division

MANUFACTURING POSITIONS

We are looking for qualified candidates to work in our manufacturing facility located in Louisa, KY. We have a variety of manufacturing positions which may include machine operator and finished product assembly. The successful candidates will have the following qualifications:

- High school diploma (or GED)
- At least 18 years of age
- Basic reading and math skills
- Dexterity skills
- Good verbal and written communication skills

If qualified and interested, please complete an application for employment at the Dept. For Employment Services located in Ashland, KY. Applications will only be available beginning August 21 and ending on August 31, 1995.

Please do not call our manufacturing facility. No applications will be available at our facility.

Equal Opportunity Employer

Clerical Position

American National Rubber Company, Louisa Division, has an opening for a clerical position in our Louisa, KY manufacturing facility. Job responsibilities will include working with customers, resolving conflict, generating invoices, and production scheduling. The successful candidate will have the following qualifications:

- High school diploma (or GED)
- At least 18 years of age
- Type 45 wpm accurately
- Proficient on 10-key numerical pad
- 2 yrs. experience in a clerical or similar position
- Excellent verbal & written communication skills
- Working knowledge of Lotus 123, Word Perfect, and Windows Environment
- 6 months experience in a customer service related position

Prefer candidates with experience in data entry, production scheduling, invoice generating and tracking, and purchase orders.

If qualified and interested, please complete an application for employment at the Dept. For Employment Services located in Ashland, KY. Applications will only be available beginning August 16 and ending on August 25, 1995.

Equal Opportunity Employer

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John Gray

Pontiac, Buick, GMC Truck, Inc. can help. Our staff has the edge to overcome bankruptcy, slow credit or even no credit.

\$100,000,000 to loan

Commonly Asked Questions:

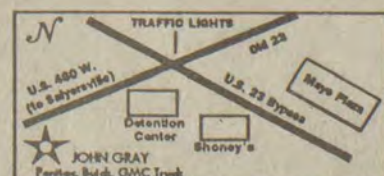
- DOWN PAYMENT? Industrywide among the lowest percentage available.
- CAN I TRADE IN A VEHICLE? Yes, bring in your title registration.
- LENDER RATES? Interest rates based on year of vehicle financed, the length of the loan and prior credit history.
- WHAT VEHICLES ARE AVAILABLE UNDER YOUR PROGRAMS? Nothing is excluded under our programs, and we always stock a fine selection of new and used.

What should I bring with me?

1. PROOF OF INCOME Recent pay check stubs, W-2 statements, income tax return, V.A. compensation statement, social security benefits, retirement income statement, child support benefits
2. LEGAL DOCUMENTS Bankruptcy papers with court list of creditors and discharge notice, divorce decree, separation agreement, judgement, suits and collection notices
3. IDENTIFICATION Driver's license, social security card
4. REFERENCES Last telephone bill, gas and electric bills, addresses of friends and relatives
5. DOWNPAYMENT Cash, cashier's check, title to trade

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SPECIAL DISCOUNTS ON ANY SPA IN STOCK. LARGE DISPLAY

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FOR SALE: Wrecked 1987 Chevy Celebrity. Has a very good 2.8 V-6 engine and a 3-speed automatic transmission, plus four brand new tires. \$400. Call 358-9491 or 358-2314.

FOR SALE: 1971 Chrysler Imperial. 440 engine. All power. 73,000 miles. 1979 Dodge SWB van. 360 engine. 53,000 miles. Call 358-9531.

FOR SALE: 1988 Ford Escort. Needs work. Best offer. Call 285-9853.

TRUCK FOR SALE: 1982 Jeep four wheel drive. Good work truck. Call 886-6026.

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2 Stores in 1!!

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Hours are
9 a.m.-5 p.m.
Mon.-Sat.

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OPENING SOON!

Slone's Trailer Court with 18 lots located at Blue River, Ky., 6 miles from Prestonsburg. Now taking applications. For more information, contact Gold or Betty Slone at 886-8286 or 886-6186.

Mare Creek Sand Co., Inc.
Emma, Ky.
606-874-9248

WHY PAY MORE?

Clean Sand—\$6.00 per ton
Fill Sand—\$4.00 per ton

• Delivery Available •

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Annual earning potential of \$50,000.

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GARRETT AUTO SALES GARRETT, KY 358-4288

FINANCING NOW AVAILABLE!!

1980 CHEVY SILVERADO CAR HAULER. 350, four speed, air, stereo. 87 model metal. New engine. Extra clean. Road ready. Best offer.

1992 FORD RANGER. Four cylinder, five speed. Runs and looks new. \$5,800.

1991 OLDS CUTLASS CALAIS. Four cylinder, automatic, air, stereo. Runs new. \$4,800.

1988 DODGE DYNASTY. V-6, automatic, air, stereo. Runs excellent. \$2,800.

1989 JEEP COMANCHE PICKUP. Four cylinder, five speed, glass top, stereo, wheels. Sharp truck. \$3,000.

1986 FORD RANGER XLT 4X4. V-6, five speed, air, stereo, SWB. 90 model engine. Runs excellent. \$2,500.

1987 CHEVY MONTE CARLO LUXURY SPORT. Automatic, air, stereo. Clean. One owner. 68,000 miles. Runs excellent. \$3,200.

1987 HONDA ACCORD LXI. Four cylinder, automatic, air, stereo. Loaded. Runs new. \$3,200.

1986 PONTIAC GRAND AM SE. Six cylinder, automatic, air, stereo. Loaded. Ground effects. \$2,800.

1986 CHEVY ASTRO VAN. 4.3, six cylinder, automatic. Runs great. \$2,000.

1986 TOYOTA CELICA GT. Four cylinder, five speed. Loaded. \$2,200.

1989 CHEVY SPECTRUM. Four cylinder, 5-speed, air, stereo. Runs excellent. \$2,200.

1990 CHEVY LUMINA. V-6, automatic, air. Loaded. One owner. \$4,500.

1989 OLDS CUTLASS SUPREME. V-6, automatic, air, stereo. Very clean. \$4,500.

1982 TOYOTA ONETON DUALY. Four cylinder, automatic, re-done from frame out. Excellent condition. New tires. 94,000 miles. \$2,300.

1986 PONTIAC GRAND AM LE. Four cylinder, automatic, air, stereo. Runs excellent. \$2,200.

1978 DATSUN 280Z. Six cylinder, five speed. Runs excellent. New tires. \$1,200.

1982 FORD F-150. V-8, automatic. Good work truck. \$500.

1978 CHEVY STEP VAN. V-8, automatic. Runs great. \$1,000.

1979 CHEVY CAPRICE CLASSIC. V-8, automatic, air. Runs excellent. \$700.

1976 LINCOLN CONTINENTAL. V-8, automatic, air, sunroof. Florida car. Runs excellent. \$700.

1981 FORD FAIRMONT. Six cylinder, automatic. Runs great. \$400.

FOR SALE: 1989 Pontiac Sunbird. Silver, two door. Four cylinder, automatic. Air, cruise, tilt, AM/FM cassette. New tires, exhaust system, timing belt and alternator. Runs good and looks good. Best offer. Call 874-0345, serious inquiries only.

For Sale or Rent

TRAILER FOR RENT OR SALE: Located at McDowell. Call 377-1019.

For Rent

DUPLEX APARTMENT FOR RENT: Two bedroom, one bath. Stove, refrigerator, central air/heat. \$375/month, \$350 deposit. One year lease. Call 886-6551 or 353-8077.

FOR RENT AT NEW ALLEN: 1 1/2 bedroom mobile unit. Furnished, private deck, central air. M. Hammond. Call 874-9052.

FOR RENT OR LEASE: Approximately 5,000 sq. ft. office space. North Lake Drive, Prestonsburg. Call 886-4001.

FOR RENT: One bedroom apartment located in Prestonsburg; also, two bedroom apartment located at level. For information call 606-874-8008.

FOR RENT: Gatlinburg Condo. Sept. 16-22, 1995. Mountainloft Villas, three miles up 321. Brand new this year. Sleeps 8. Two kitchens, two washers and dryers. Many amenities. Call 886-3181 for information.

FOR RENT: Two bedroom house located at Estill. Unfurnished. Call 358-9653 after 5 p.m.

FOR RENT: Nice furnished one bedroom apartment. Wayland area. Utilities paid. \$300/month. Also, furnished efficiency. Utilities paid. \$200/month. Call 358-4465.

FOR RENT: Gatlinburg Condo. Oct. 27-Nov. 3, 1995. Town Square Resort, Airport Road. Three bedrooms, three baths, jacuzzi, full kitchen. Many amenities. Call 886-3181 for information.

FOR RENT: Three bedroom, two bath doublewide. City water. References required. Call 285-9991 after 6 p.m.

FOR RENT: 60'x40' building in Prestonsburg. Suitable for offices or business. Call 886-6753.

FOR RENT: Furnished two bedroom trailer. All utilities paid. \$100 security deposit. \$300/month. Located on Left Fork of Bull Creek. Call 874-9802.

FOR RENT: One bedroom apartment. Air conditioned, clean, well-maintained. Good neighborhood. \$305/month plus utilities. Call 886-6208.

ONE BEDROOM EXTREMELY NICE APARTMENTS for rent. Near college. Furnished or unfurnished. Lease, references and security deposit. Call 886-3565.

ROUTE SALESPEROPLE

Due to our continuing expansion, we are looking for ambitious, self-motivated individuals to train as Route Salespeople. Opportunities for 3-, 4-, or 5-day work weeks. Up to \$500-\$600/week guaranteed during training, high income potential, advancement opportunities, and benefits, including:

- Profit Sharing
- Incentives
- Paid Vacation
- Insurance

No investment required and no layoffs. You must be at least 21 years old and have a good driving/employment record. Interviewing Aug. 18. For appointment, call 1-800-336-7569.

Schwan's
Time Foods

An Equal Opportunity Employer M/F

FOR RENT: Two 1 bedroom apartments. One unfurnished, one furnished. Briarwood Apartments. Call 886-8991.

FOR RENT: In Prestonsburg. Two bedroom house. Central heat/air, stove and refrigerator. \$425/month plus utilities and deposit. Call 886-3404.

HOUSE FOR RENT: McDowell. All electric. Deposit \$100. Rent \$275/month. Phone 614-669-5402.

LARGE FOUR BEDROOM HOUSE for rent. On Hwy. 80. Excellent location. Eight rooms, four bedrooms, bath and half, large laundry room and a walk-in pantry. Nice lawn. Free water. \$500/month and \$500 security deposit. References required. Ready to show August 16. Call 886-3178 for appointment. One year lease only.

NEW APARTMENT FOR RENT: One bedroom. Central air. \$325/month plus deposit. Must see to appreciate. Call 886-9291.

OFFICE SPACE FOR RENT: 831 North Lake Drive, Prestonsburg. Approximately 500 sq. ft. Call 886-6774.

ONE AND TWO BEDROOM APARTMENTS for rent. Convenient location. Central heat/air. Deposit and references required. Call 889-9707 or 271-4528.

THREE BEDROOM HOUSE. Excellent condition. Basement. \$350/month plus deposit of \$300. Call 606-478-5545.

TRAILER FOR RENT: Salt Lick. Five miles from Garrett on Rt. 7. \$200/month. Call 358-4524.

TRAILER FOR RENT: New Allen. Akers Trailer Court. Deposit required. Call 874-8151 or 874-2114 after 5 p.m.

TRAILER FOR RENT: Two bedroom, two bath. Chain link fence, carport, outside building. Near Allen Central High School. \$330/month, deposit required. Call 358-4208.

TRAILER FOR RENT: Grethel. Two bedroom. Unfurnished. \$200/month plus utilities. \$200/deposit and references. Call 874-1214.

TWO STORY HOUSE for rent on Lake Road, Prestonsburg. Call 606-663-2206.

FOR RENT: Two bedroom apartment. Large living room and bedroom. Good neighborhood. Great location off Rt. 80. Call 358-9142.

Employment Available

\$1,000 WEEKLY STUFFING ENVELOPES. Free info. Send self-addressed, stamped envelope to DITTO, Dept. 64, 3208-C East Colonial Drive, No. 312, Orlando, FL 32803.

\$35,000/YR. INCOME potential. Reading books. Toll free 1-800-898-9778 ext. R-6778 for details.

POSTAL JOBS Start 12.08/hr. plus benefits. For exam and application info call 219-794-0010, ext. KY137. 8 a.m.-10 p.m. 7 days.

POSTAL JOBS \$12.68/hr. to start, plus benefits. Carriers, sorters, clerks, maintenance. For an application and exam info, call 1-800-819-5916, ext. 77. 9 a.m.-9 p.m. 7 days.

ADULT EDUCATION & LITERACY INSTRUCTOR. Send cover letter, resume, and references to The David School, Inc., P.O. Box 1, David, KY 41616. Deadline for applications is August 23, 1995. Applicants will be contacted for interviews. No phone inquiries. Brief job description: Teach adults basic education, reading, GED prep and college prep in various locations throughout Floyd County. Requirements: College Degree, Teacher Certificate and experience preferred. The David School is an Equal Opportunity Employer.

AVON. BUY OR SELL. Call Jancy at 886-2082.

EARN 1,000s WEEKLY STUFFING ENVELOPES at home. Be your own boss. Start now. No experience. Free supplies, info. No obligation. Send S.A.S.E. to Neptune #300-G, 10151 University Blvd, Orlando, FL 32817.

EMPLOYMENT AVAILABLE: Experienced design technician. Must have a minimum of three years experience with computers, be capable of using AUTOCAD, SURVCAD, SEDCAD and have the ability to aide in mine planning. Pay will be based on experience. To set up an interview, please call 606-447-2003.

GET WEALTHY BEING HEALTHY. Nationwide MLM Nutrition Company seeks distributors in local area. Achieve your dreams working 7-10 hours a week. For information kit call 606-886-1438.

HELP WANTED: Earn up to \$500 per week assembling products at home. No experience. Info, 1-504-646-1700 Dept. KY-2276.

LAW ENFORCEMENT JOBS NO EXP. NECESSARY Now Hiring. U.S. Customs, Officers, Etc.... For info call 219-794-0010, ext. 3301, 8 a.m.-10 p.m. 7 days.

LICENSED DIETICIAN TO CONSULT PART TIME. Must have strong clinical skills, ability to communicate effectively and experience or interest in food service management. Competitive wages with good opportunity for growth. Send resume to: Dietary Consultants, Inc., 210 Water Street, Richmond, KY 40475.

LOOKING FOR LEADERS. Busy people with no extra time need to respond. Work 5-10 hours week from home and create permanent retirement income next month. Greatest business opportunity in 25 years. Call 904-365-0102. 24 hr. recorded message.

NEEDED IMMEDIATELY: Someone to live in and care for elderly lady. Contact Stella Thurman, Wheelwright, at 452-2201.

POSTAL JOBS Start \$12.08/hour. For exam and application information call 219-769-8301, ext. KY 556, 9 a.m.-9 p.m., Sun-Fri.

SALES POSITION AVAILABLE: Get paid what you're worth! Commission only sales. If you don't want to work, there's no need to apply. But if you would like to work in a relaxed atmosphere with great income potential then apply in person to Rainbow Homes, Ivel, KY.

SAWYER NEEDED: Circle Saw Mill. Call 606-789-9073.

TRUCK DRIVERS NEEDED: Must have Class A CDL. Apply in person at Big Sandy Wholesale, old Church House Road, Harold.

Pets And Supplies

AKC PUPPIES. Yorkies, Pugs, Boxers, Maltese. Abbotcreek Kennel. Call 886-3680.

FOR SALE: Full stock Colie pups. Six weeks old. Had first shots and wormed. Call 285-9417.

IF FLIES, FLEAS, TICKS OR "HOT SPOTS" are a problem for you, ask BROOKS PHARMACY, 478-2273, about Happy Jack Kennel Dip. Concentrated to save you money!

Rummage Or Yard Sales

CLOTHING SALE: Bring a bag and fill it for \$3 or fill 2 bags for \$5. Place: St. Vincent Mission. Where: David, six miles off Mt. Parkway on Rt. 404. When: Tuesday, August 22, Friday, August 25. Time: 9:30-2:30.

LARGE YARD SALE: Thursday, August 17, 9-6. One day only! First sale this year. Little girls' infant size 2-2T clothing; boys' size 3-6; men and women clothing, various sizes; dishes; bedding; curtains; toys; exercise bike; home interior; lead and bass electric guitar with new Peavey amp; other odds and ends. Three miles from Martin, top of Bucks Branch Hill.

TWO FAMILY YARD SALE: 1 1/2 miles up Left Fork of Abbott on Mart Meade Branch. Thursday, Friday & Saturday. Wood stove, furniture, clothes, miscellaneous. Follow signs.

VETERANS Jobs/Training (CDL/Mine Safety) 886-3582 (Collect)

Volunteers of America Kentucky

Services

NEED A RIDE? Call Martin City Cab. We accept Medicaid. Long or short trips. 285-0320 Owners: Bill and Judy Barnett

A&B HOME REPAIRS AND BEAUTIFICATION. Specialists in painting, carpentry, roofing, mobile home repair, landscaping and junk removal. Call 874-8175, Donald or Richard.

ATTENTION: COAL MINERS For electrical retraining, underground and surface or initial electrical class, call 358-9953.

BABYSITTER AVAILABLE: Evenings and weekends. Excellent child care in my home. References available. Call 886-0448.

B&D FENCE CO. All types of fences sold and professionally installed. Also will do repairs. Free estimates. Call 886-6752.

R.A. TAYLOR PAINTING COMPANY and CHIMNEY CLEANING SERVICE. Both services available anytime. Call 886-8453.

DOZER AND BACKHOE WORK: Specializing in building sites. Will work Floyd and surrounding counties. Call Martin Excavating, 606-377-6210.

DOZER FOR HIRE: Contract or hourly. Call 478-2717.

ECONOMY TREE SERVICE: Tree cutting, topping, removal, dead limbing and cabling. Twenty-one years experience. Licensed, insured and bonded. Bill Rhodes, owner. Dump truck, chipper and winch. Call 1-800-742-4188 toll free for free estimates. (Local 606-353-9276.)

EXCAVATION: D-4 Dozer, small loaders, dump and roll back truck. House seats. Dirt moved, ditching work and equipment hauling. Call 874-0391 or 285-9900.

FOR THE BEST RATES—CALL YATES!

Yates Cab Service. 24 hour service. Local and long distance transportation. Now accepting Medicaid. 886-3423.

GOOD'S ACCOUNTING & TAX SERVICES: Randal Good, owner. 8846 Meta Highway, Pikeville. Over 25 years experience in coal and trucking industry. BA Degree in Accounting. Will pick up and deliver. Call 631-1385 days; or 835-2992 evenings.

HALBERT'S VINYL SIDING & CONSTRUCTION: Need vinyl or cedar siding installed? Call 452-4524 for your cheapest price around. We have 15 years experience in vinyl and cedar siding, roofs, gutters, replacement windows, doors, decks, patios, garages, pole barns, etc. Call now at 452-4524.

MITCHELL'S ELECTRONICS

We repair TVs, VCRs, Camcorders, microwaves. Free estimates 90 day guarantee. Call us at 478-9300. Located at Stanville.

OUSLEY'S DRYWALL AND PAINTING: Free estimates, references available. Dickie Ousley, owner. Call 874-0242.

PIANO LESSONS WILL PREPARE your child for band, no matter what instrument they will play. How? They learn to count, read notes and more. Five openings left. Call today! 478-4663.

Buy 1, Get 1 Free!

Shirts, pants, everything in stock!

The Variety Thrift Store
Court Street
Prestonsburg
886-9517

HOUSE FOR SALE



1-1/2 story, 3-bedroom, 2-1/2 bath home. Large living room and large TV room, hardwood floors, new shingles, new gutters & soffits, 16x32 in-ground pool with concrete deck. Gas heat. Peace and quiet. \$114,900.00. Allen, Ky. Phone 606-874-2206

For All Your Lumber Needs... B&D LUMBER CO.

Located behind Barker Mobile Homes on US 23

Buyers of standing timber.

Quality lumber custom sawed for any job, large or small...

• Barns • Bridges • Decks
• Fences • Flower Boxes
• Gardening Stakes
• Birdhouses

Firewood and Sawdust Available

B&D FENCE CO.

All types of fences sold and professionally installed. Also will do repairs. Free estimates. Call 886-6752.

3-bedroom, 2-bath home located between Lackey and Estill on 1 acre, m/l. Eat-in kitchen, cherry cabinets, built-in range & oven, formal dining room, living room, glassed-in family room. House is situated off road with fenced back yard. Owner has relocated, MUST SELL! Price reduced \$49,000.00-\$40,000.00. Call (606) 789-7649

NEED A STONE MASON? We do anything in stone—anything! Also doing colored stucco. For all your masonry needs call 886-6938.

OLAN'S METAL BUILDINGS
HC 36 BOX 50
HAZARD, KY 41701
606-439-4866

Direct buy pole buildings; all steel buildings; carports; buy painted steel roof and siding panels; building insulation; residential and pole barn wood trusses. Olan's carries a full line of wood and metal building accessories. We build to suit your needs.

TREE CUTTING AND TRIMMING, topping, brush removal, etc. Large or small jobs. Free estimates. Call 874-9271.

Available Soon

Four-bedroom apartments for low income families. Apply at Cliffside Housing, 8 a.m. - 12 noon and 1 p.m. - 4:30 p.m., or call **886-1819**

Available Soon!

We are presently taking applications for 1-bedroom apartments at Highland Terrace. These apartments are for people who are age 62 or older, or are mobility impaired. If you are interested, you may apply at Highland Terrace office between 8:30 a.m. and 12 noon, Monday thru Friday, or call 886-1925 or 886-1819

E.O.H.

Buy 1, Get 1 Free!

Shirts, pants, everything in stock!

The Variety Thrift Store
Court Street
Prestonsburg
886-9517

HOUSE FOR SALE



1-1/2 story, 3-bedroom, 2-1/2 bath home. Large living room and large TV room, hardwood floors, new shingles, new gutters & soffits, 16x32 in-ground pool with concrete deck. Gas heat. Peace and quiet. \$114,900.00. Allen, Ky. Phone 606-874-2206

For All Your Lumber Needs... B&D LUMBER CO.

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Quality lumber custom sawed for any job, large or small...

• Barns • Bridges • Decks
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• Birdhouses

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B&D FENCE CO.

All types of fences sold and professionally installed. Also will do repairs. Free estimates. Call 886-6752.

3-bedroom, 2-bath home located between Lackey and Estill on 1 acre, m/l. Eat-in kitchen, cherry cabinets, built-in range & oven, formal dining room, living room, glassed-in family room. House is situated off road with fenced back yard. Owner has relocated, MUST SELL! Price reduced \$49,000.00-\$40,000.00. Call (606) 789-7649

Services

Mobile Home Sales

Carpentry Work

EAST KENTUCKY TRANSPORTATION INC.
Taxi Service
Friendly and courteous service, reasonable rates. Medicaid accepted.
Wheelwright: 452-2402
Wayland: 358-9955

WORK WANTED: FANNIN'S CONSTRUCTION COMPANY will do any type of concrete work for businesses or private individuals. Estimates and references upon request. Twenty-five years experience. Please call 606-889-9028, if no answer, leave message on answering machine and we will return your call.

YARD WORK, HILLSIDE CLEANING, TREE TRIMMING. Also have firewood for sale. Phone 874-9847.

Personal

REDUCE: Burn off fat while you sleep, take OPAL. Available at Reid's Pharmacy, 127 Main Street, Martin.

Miscellaneous

CALENDAR MISS/MAS-TER KENTUCKY PAGEANT. Preliminary to state. Daniel Boone Inn, August 27, 1995 at 2 p.m. All contestants must be pre-registered. Please call Beverly at 606-666-4359 or Pam at 606-666-4571 or 606-666-9219 for more information.

VISIT THE LARGEST PANELING CENTER in Eastern Kentucky at Goble Lumber. Over 80 different prefinished panels in stock and as low as \$4.95 per panel. Call Goble Lumber, 874-9281.

Want To Buy

WANT TO BUY: Tipples, load outs, structures, belts, any kind of equipment to use for scrap. Call 886-3772 after 7 p.m.

WANT TO BUY TIMBER. By boundary or by the thousand. Will reclaim property to owner's specifications. Call 606-886-3313.

WANT TO BUY TIMBER: By the thousand, by percentage, or will trade dozer work for timber. Call 874-0696.

WANT TO BUY: Used metal fence posts and locust posts. Call 285-9069.

WE BUY JUNK CARS, running or not. Call 874-9878 days; or 874-9865 evenings.

FREE THINGS TO SEND FOR

(NAPS)—For a free booklet of "Fiscal Fitness Tips for your 30s, 40s and 50s," call Phoenix Home Life at 1-800-843-8348.

For information on joining the Public Relations Society of America, or for a free copy of the organization's newspaper, *Tactics*, write to Dorothy McGuinness, c/o PRSA, 33 Irving Place, New York, NY 10003; or call 1-800-WE-ARE PRSA.

For information about treated wood products, write to: American Wood Preservers Institute, 1945 Old Gallows Rd., Suite 150, Vienna, VA 22182-3931.

For a free videotape, *Hearing Loss & You*, call Miracle Ear at 1-800-796-8622.

To find out what your Representatives are doing this year to speed toxic waste clean-ups and spend Superfund dollars more wisely, or to voice your opinion on Super-

'95 FLEETWOOD 28X68 four bedroom, two bath, den w/fireplace, dishwasher, air, skirting and footers. FREE set up and delivery. Less than \$380/month. THE AFFORDABLE HOUSING MART, 537 New Circle Road, Lexington; 293-1600 or 800-755-5359.

1976 CRIMSON 12X65 two bedroom, 1 1/2 bath. Central air, small front porch, back deck, underpinning. \$7,000. Call 886-7835.

1987 SCOTT 24X50 MOBILE HOME for sale. Three bedroom, two bath. Fireplace. New carpet. \$20,000 firm. Owner financing. Call 874-2278 after 5 p.m.

FOR SALE: 1991 Norris 14x70 mobile home. Two bedrooms, two baths. Original owners with no children, no pets. Like new condition! \$17,000. Call 587-1380.

FOR SALE: 1978 Village 12x60 mobile home. Excellent condition. Two bedroom, one bath. New carpet, new linoleum. New 25,000 BTU air conditioner. New hot water heater. 8x10 deck. \$6,500. Call 606-789-9825 after 5 p.m.

MOBILE HOME LOANS from Green Tree Financial. Sellers/Buyers/Owners. 5% down payment. Refinance/equity loans; land and home loans; realtor calls welcome. Call 1-800-221-8204.

TRAILER FOR SALE: 14' wide. Has living room, kitchen, two bedrooms, bathroom and utility room. Sheetrock walls, plywood floors, carpeting. Call for other information at 606-874-2807.

'95 BRANDYWINE 14X72 two bedroom, two bath. Whirlpool tub, double oven w/island range, stereo, skylight, air, skirting, FREE set up and DELIVERY. Less than \$224/month. The Affordable Housing Mart, 537 New Circle Road, Lexington; 293-1600 or 800-755-5359.

'95 CLOSE OUT SALE: Deluxe Fleetwood 14x70 two bedroom, two bath, dishwasher, stereo, air, skirting. Less than \$206/month. THE AFFORDABLE HOUSING MART, 537 New Circle Road, Lexington; 293-1600 or 800-755-5359.

'95 FLEETWOOD 16X76 three bedroom, two bath w/vinyl siding and shingle roof, air, skirting, FREE set up and delivery. Less than \$240/month. THE AFFORDABLE HOUSING MART, 537 New Circle Road, Lexington; 293-1600 or 800-755-5359.

'95 FLEETWOOD 16X80 three bedroom, two bath. Island work center, glamour bath, air, skirting. FREE set up and delivery. Less than \$238/month. THE AFFORDABLE HOUSING MART, 537 New Circle Road, Lexington; 293-1600 or 800-755-5359.

CARPENTRY WORK: New homes and remodeling. Will build FmHA homes. Call Ricky Yates at 886-3452 or 874-9488. 20 years experience. No job too big or too small.

EAST KY GUTTER, SIDING AND ROOFING 5" and 6" seamless gutters; siding; shingle roofs; replacement windows. We now accept MC and VISA. Free Estimates. Call James Hall at 285-9512 or 1-800-277-7351.

RICE'S ROOFING AND CONSTRUCTION; Shingles; metal and rubber roofing; carpentry; decks; vinyl siding; and concrete. 16 years experience. Guaranteed work. Free estimates. Call 886-0809.

Roofing

ROOFING SPECIALIST Residential Only R.C. Contracting 20 Years Experience Free Estimates Call 886-3423 or 874-9488.

New & Used Furniture

ALLEN FURNITURE ALLEN, KY Living room suits; daybeds; gun cabinets; bedroom suits; recliners; odd chests; dinette sets; bunk beds; odd beds; loungers; used washers, dryers, refrigerators; and lots more! Call 874-9790.

Plumbing

PORTER PLUMBING COMPANY ALLEN, KY Commercial, residential and service work. Licensed and insured. Rotor roter service, drain cleaning, etc. CALL US FIRST! 874-2794.

Legals

PUBLIC NOTICE
Notice is hereby given that Park Place Ltd., P.O. Box 529, Salyersville, Kentucky, 41465 has filed an application with the Natural Resources and Environmental Protection Cabinet to construct a fill. The property is located along the South side of KY 114, approximately 4.5 miles West of the intersection of KY 114 and U.S. 23 and along Middle Creek. Any comments or objections concerning this application shall be directed to: Kentucky Division of Water, Water Resources Branch, 14 Reilly Road, Frankfort, Kentucky 40601. Phone: (502) 564-3410. W-8/16, F-8/18

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 436-0044, Major Revision No. 5
In accordance with KRS 350.055, notice is hereby given that Costain Coal, Inc., 170 Tollage Cr. Rd., Pikeville, Kentucky 41501 has applied for a major revision to an existing surface coal mining and reclamation operation located one mile southwest of level in Floyd County. The major revision will delete 68.1 acres of surface disturbance making a total area of 319.9

acres within the revised permit boundary.

The proposed major revision area is approximately 0.5 miles southeast from KY 1426's junction with Cecil Branch County Road and located 0.4 miles south of Cecil Branch. The latitude is 37°34'58". The longitude is 82°40'48".

The proposed major revision is located on the Harold U.S.G.S. 7 1/2 minute quadrangle map. The surface area to be affected by the major revision is owned by Junior Conn, Oliver Glenn Heirs, Randy Hayes et. al., Industrial Fuels Minerals Company, Green Kidd, George Honaker Est., Peter Justice et. al., James Williams Heirs, and A.B. Rice.

The major revision proposes changes to the transportation plan, deletion of acreage, and reclassification of a silt pond on Cecil Branch as a permanent structure causing the hazard classification to be changed from a Class A to a Class B structure.

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 2705 South Lake Drive, Prestonsburg, Kentucky 41653-1455. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

W-8/9, 8/16, 8/23, 8/30

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-0247, Major Revision #2
In accordance with KRS 350.070, notice is hereby given that Addington Mining, Inc., 1500 North Big Run Road, Ashland, Kentucky 41102 has applied for a major revision to an existing surface coal mining and reclamation operation located 0.50 miles south/southwest of Wonder in Floyd County. The major revision will add 10.86 acres of surface disturbance and delete 1.53 acres making a total area of 438.86 acres within the revised permit boundary.

The proposed major revision area is approximately 0.63 miles west from Clark Branch Road's junction with Buffalo Creek Road and located in Clark Branch and Wolf Branch of Buffalo Creek and Cow Creek of the Levisa Fork. The latitude is 37 degrees, 37 minutes, 12 seconds. The longitude is 82 degrees, 37 minutes, 30 seconds.

The proposed major revision is located on the Thomas, Lancer, Harold and Broad Bottom U.S.G.S. 7 1/2 minute quadrangle maps. The surface area to be affected by the major revision is owned by Helen Chaffins et al., Trevert Blackburn, James Burchett Heirs, Aster & Tony Hunter, Norman Goble et al, Sam Goodman, Barbi Bow & Steve Conn and Denver Collins.

The major revision proposes to bring 4.24 acres of disturbance, both existing and proposed, under permit. Also, an area of 5.50 acres is proposed to be permitted for the removal of coal by the Mountaintop Removal Method with an AOC (Approximate Original Contour) variance requested for reclamation purposes. Also a Contemporaneous Reclamation Variance is requested for reclamation purposes. Also a Contemporaneous Reclamation Variance is requested for reclamation purposes. Also a Contemporaneous Reclamation Variance is requested for reclamation purposes. Also a Contemporaneous Reclamation Variance is requested for reclamation purposes.

The major revision application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 2705 South Lake Drive, Prestonsburg, Kentucky 41653-1455. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

W-8/9, 8/16, 8/23, 8/30

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-8040 Renewal

In accordance with 405 KAR 8:010, notice is hereby given that: Middle States Coal Company, Inc., 819 South Federal Highway, Suite 201, Stuart, FL 34994 intends to transfer permit number 636-8007 to Lick Fork Processing Co., 819 South Federal Highway, Suite 203, Stuart, FL 34994-2952. The new permit number will be 836-8040. The operation disturbs 41.59 surface acres. No new acreage is affected by the transfer.

The operation is located approximately 0.05 miles east of David in Floyd County, Kentucky. The operation is approximately 0.15 miles West from Rough & Tough Branch Creek's junction with Ky. Route 404 and is located on Lick Fork of Middle Creek. The operation is located on the David U.S.G.S. 7 1/2 minute quadrangle map. The latitude is 37 deg. 36 min. 5.7 sec. The longitude is 82 deg. 53 min. 6.2 sec. The operation will affect an area within 100 feet of public road KY Route #404. The operation will not involve relocation or closure of the public road.

The application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 2705 South Lake Drive, Prestonsburg, Kentucky 41653. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

W-8/9, 8/16, 8/23, 8/30

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 836-0243, Major Revision #8
In accordance with KRS 350.070, notice is hereby given that Addington Mining, Inc., 1500 North Big Run Road, Ashland KY 41102 has applied for a major revision to an existing underground coal mining and reclamation operation located 1.5 miles east of level in Pike and Floyd Counties. The major revision proposes to modify the incremental bonding plan, to change the proposed post mining land use on 2.79 acres from forestland to residential land, and to change the configuration of hollowfill #8. The major revision will not add any surface disturbance acreage or underground acreage, making a total area of 833.53 acres within the proposed permit area.

W-8/9, 8/16, 8/23, 8/30

NOTICE OF INTENTION TO MINE

Pursuant to Application Number 898-5556, Amend. No. 2

In accordance with KRS 350.070, notice is hereby given that Black Dragon Mining Company, P.O. Box 1509, Pikeville, Kentucky 41501, has applied for an amendment to an existing underground coal mining and reclamation operation located 2.0 miles northwest of Virgie in Pike and Floyd Counties. The amendment adds 19.40 acres of surface disturbance and will underlie an additional 778.0 acres making a total area of 3513.22 acres within the amended permit boundary.

The proposed amendment area is approximately 1.2 miles southwest of Little Fork Road's junction with KY 3415 and located along Little Fork. The latitude is 37°21'15". The longitude is 82°37'15".

The proposed amendment is located on the Dorton, Wheelwright, Pikeville, and McDowell U.S.G.S. 7 1/2 minute quadrangle maps. The surface area to be affected by the major revision is owned by Nancy Watkins, Kevin Goble and Curtis Blackburn.

The major revision proposes to change part of the originally permitted post-mining land use of forestland to residential. The revision also proposes to revise the incremental bonding plan and the configuration of one hollowfill.

The major revision application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 2705 South Lake Drive. Written comments, objections or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

W-8/9, 8/16, 8/23, 8/30

NOTICE OF PUBLIC SALE

By order of the Secured Party, the following property of Foster Mitchell DBA F & G Trkg will be offered at Public Sale at Worldwide Equipment, Inc. Highway 1428 East, Prestonsburg, KY 41653 on 08/29/95 at 4:30 p.m.
Item(s) to be sold are: 1993 Mack CL713 SN# 1M2AD387PW001363

Rosa Johnson, Burnis E. & Loretta Hall, Lola H. Anderson, Danny Hylton, Jody M. & Trudy Wright, Millard & Juanita Collier, Milton & Dellie Hall, John & Ethel Collins, Alberta Johnson, Sterling Johnson, Pete Little, Marie Lay, Marion Tackett, Fawn Tackett, Estill Johnson, Turner Elkhorn Coal Co., Waclaw, Alexandria & Sonny Platkus, Bill Hall, Millard & Alvaria Hal, Grover & Jacqueline Gillum, Claudetta Edwards, Elk Horn Coal Corporation, Garrie & Shirley Caudill, Susie Smith, Rosy Ellen Bates Coles, Larry & Maggie Collett, Elbert & Sara Jane Cole Estate, Buck & Ruth Keens, Ella Keens, Susie Smith, Raymond & Helua Jones, Douglas M. & Emma Younce, Paul & Frankie Tackett, Debbie (Cole) Tackett, Tammy & Morris Gilliam, Walter & Janet Hall, Hassell Johnson, and Enterprise Coal Company. The operation will use the room and pillar method of underground mining.

The amendment application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Pikeville Regional Office, 109 Mays Branch Road, Pikeville, Kentucky 41501. Written comments, objections, or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

This is the final advertisement of this application; all comments, objections or requests for a hearing or conference must be received within 30 days of today's date. 1t.

NOTICE OF INTENTION TO MINE

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W-8/9, 8/16, 8/23, 8/30

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The proposed operation is approximately 2 miles south of Ivy Creek. The latitude is 37 degrees 35' 12". The longitude is 82 degrees 37' 30".

The proposed major revision is located on the Harold and Broad Bottom U.S.G.S. 7 1/2 minute quadrangle maps. The surface area to be affected by the major revision is owned by Nancy Watkins, Kevin Goble and Curtis Blackburn.

The major revision proposes to change part of the originally permitted post-mining land use of forestland to residential. The revision also proposes to revise the incremental bonding plan and the configuration of one hollowfill.

The major revision application has been filed for public inspection at the Department for Surface Mining Reclamation and Enforcement's Prestonsburg Regional Office, 2705 South Lake Drive. Written comments, objections or requests for a permit conference must be filed with the Director, Division of Permits, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601.

W-8/9, 8/16, 8/23, 8/30

Inspection may be arranged by appointment. Cash sales only. Inquiries may be made to the Associates Commercial Corporation, Branch Manager, at 8845 Governors Hill Drive, Cincinnati, Ohio 45249. Phone number (513) 677-8700. W-8/16, F-8/18

NOTICE OF BOND RELEASE

Pursuant to Application No. 836-0221

In accordance with KRS 350.093, notice is hereby given that N.F.C. Mining, Inc., P.O. Box G20 Goble Roberts Addition, Prestonsburg, Kentucky 41653 has applied for Phase II Bond Release on permit #836-0221, which was last issued on 01/06/93. The application covers an area of approximately 3.22 acres located 2.0 miles north of Emma in Floyd County.

The permit area is approximately 0.1 mile northeast of State Route 1428's junction with Sugarloaf Branch Road and located 0.01 mile south of State Route 1428's junction with Sugarloaf Branch Road and located 0.01 mile south of Sugarloaf Branch. The latitude is 37° 39' 38". The longitude is 82° 42' 28".

The bond now in effect for the permit is a surety bond in the amount of \$5,700.00. Approximately 25% of the original bond amount of \$12,700.00 is included in the application for release.

Reclamation work performed to date includes: backfilling and grading; soil sampling and testing; fertilizing, seeding, mulching completed September 1991; and the establishment of an adequate vegetative cover.

Written comments, objections or requests for a public hearing or informal conference must be filed with the Director, Division of Field Services, #2 Hudson Hollow, U.S. 127 South, Frankfort, Kentucky 40601 by September 29, 1995.

A public hearing on the application has been scheduled for October 2, 1995 at 10:00 a.m. at the Department for Surface Mining Reclamation and Enforcement's Grayson Regional Office, 620 West Main Street, Grayson, Kentucky 41143. The hearing will be canceled if no request for a hearing or informal conference is received by September 29, 1995.

W-8/9, 8/16, 8/23, 8/30

PUBLIC NOTICE

"Request for Quotes. The Housing Authority of Martin requests quotes to paint occupied apartments. Please quote per unit price, minimum of ten (10) units, maximum of thirty (30) units. Units consist of one, two and three bedroom units, some with stairs. For Specifications please contact Bruce Coleman, Housing Authority of Martin, P.O. Box 806, Martin, Ky. 41649 or call 606-285-3681. Quotes are due by 2 p.m. August 18, 1995." F-8/11, W-8/16

REQUEST FOR PROPOSAL

The Floyd County Board of Education will receive proposals for selecting a Bank Depository to serve for a two-year period beginning October 1, 1995 and continuing through June 30, 1997. Proposals should be sealed and identified as, Bank Depository Proposal and should be submitted to Lisa Martin, Floyd County Board of Education, 69 North Arnold Avenue, Prestonsburg, Kentucky 41653. All proposals must be received by August 29, 1995, 2:00 p.m. at the Board of Education, Finance Department. The proposals will be opened and read aloud at 2:00 p.m., August 29, 1995. We invite a representative of your institution to be present at the time the proposals are opened. For any questions or specifications relative to these transactions, contact Lisa Martin, Floyd County Board of Education, 69 North Arnold Avenue, Prestonsburg, Kentucky 41653 or you may phone the Finance Department at (606) 886-2354, ext. 133. F-8/11, W-8/16, 8/23

W-8/9, 8/16, 8/23, 8/30

PUBLIC NOTICE

"Request for Quotes. The Housing Authority of Martin requests quotes to build a twenty (20) feet by thirty (30) feet garage building. For Specifications please contact Bruce Coleman, Housing Authority of Martin, P.O. Box 806, Martin, Ky. 41649 or call 606-285-3681. Quotes are due by 2 p.m. August 17, 1995."

UNITED STATES DEPARTMENT OF AGRICULTURE RURAL UTILITIES SERVICE (RUS)

Appendix C STATEMENT OF NONDISCRIMINATION

Tel-Corn, Inc. is the recipient of Federal financial assistance from the Rural Utilities Service (RUS), an agency of the U. S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, and the rules and regulations of the U. S. Department of Agriculture which provide that no person in the United States on the basis of race, color, national origin, age, or handicap shall be excluded from participation in, admission or access to, denied the benefits of, or otherwise, be subjected to discrimination under any of this organization's programs or activities.

The person responsible for coordinating this organization's Nondiscrimination compliance efforts is Nell Davis Tackett, Administrative Assistant. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the statutes and regulations listed above from and/or file a written complaint with this organization; or the Secretary, U.S. Department of Agriculture, Washington, D. C. 20250; or the Administrator, Rural Utilities Service (RUS), Washington, D.C. 20250. Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible.

W-8/16

UNITED STATES DEPARTMENT OF AGRICULTURE RURAL UTILITIES SERVICE (RUS)

Appendix C STATEMENT OF NONDISCRIMINATION

Harold Telephone Company is the recipient of Federal financial assistance from the Rural Utilities Service (RUS), an agency of the U. S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, and the rules and regulations of the U. S. Department of Agriculture which provide that no person in the United States on the basis of race, color, national origin, age, or handicap shall be excluded from participation in, admission or access to, denied the benefits of, or otherwise, be subjected to discrimination under any of this organization's programs or activities.

The person responsible for coordinating this organization's Nondiscrimination compliance efforts is Nell Davis Tackett, Administrative Assistant. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the statutes and regulations listed above from and/or file a written complaint with this organization; or the Secretary, U.S. Department of Agriculture, Washington, D. C. 20250; or the Administrator, Rural Utilities Service (RUS), Washington, D.C. 20250. Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible.

W-8/16

Sunshine Lines



by Beverly Carroll

Senior citizens, you will recall that last week I wrote urging people to volunteer on behalf of senior citizens through the Kentucky Benefits Counseling Program. I urged people from 18 to 88 to call and request a free application. Guess how many responses I got. One.

This week, I didn't hear either of the chief receptionists say things like, "What in the world did you write about in your column? You're getting so many phone calls." Usually every Wednesday afternoon and during the day Thursday, following publication of this paper, I hear similar remarks. Sunshine Lines is read faithfully by many, and many people call in response to the articles. But last week when I issued an SOS on behalf of our beloved senior citizens in Eastern Kentucky, the phones were quiet. Why?

Volunteerism is big business in the United States. The Gallup Organization did a study on the number of people who volunteer in America. The results of that poll was mind-boggling. That study indicated that over half of all Americans volunteer for some cause in one way or another. These volunteers were of all ages from little seven-year-old Brownies baking cookies for shut-ins, to superstars who normally command millions of dollars for a performance but perform free at concerts to raise money for causes they believe in.

In fact, it was determined by the Gallup people that volunteers, and the time they spend in free service to their chosen cause is equivalent to nine million full-time employees who donate time valued in excess of \$170 billion dollars annually.

Volunteerism in America is so big today and so vital to the American system that the federal government passed a House Concurrent Resolution in 1988 to urge federal, state, and private enterprise to take volunteer experience into account when screening prospective employees. Many jobs today consider life experiences, through active volunteerism, a big plus for candidates who apply for jobs. Even colleges and universities consider life experiences when helping students plan their class curricula. And modern work applications for federal jobs include space for listing volunteer activities.

Why is volunteerism so important? What is there to gain from working without pay? The biggest reward is that the volunteer's life is changed for the better. His or her social and educational horizons are broadened. Volunteerism is a form of networking that has opened doors to bigger and better job opportunities for countless people. And most importantly, beyond the enrichment of the volunteer's life, other lives have been enriched through the volunteer's dedi-

cation, and goals have been achieved through the volunteer's effort. The famous author, Oliver Wendell Holmes, once wrote, "A mind that is stretched by a new experience can never go back to its old dimension." Think about that. Do you want to stretch to new heights, or do you want to stay in the same old rut that has grown comfortable, but oh so stale?

Our senior citizens need you. Our volunteers are caring people who listen to senior citizens with problems; determine ways to help them solve

those problems; inform them of federal, state, and private benefits that are available to them; refer them to organizations that can help them; and are available to assist them should they encounter roadblocks in receiving what is legally and rightfully theirs.

Think of the reward you'll get for helping only one person in this program.

For more information about becoming a volunteer for the Benefits Counseling Program for Senior Citizens, call 886-3876 or toll-free, 1-800-556-3876. Please keep our receptionists busy answering phones and writing memos next week. We have small jobs. We have large jobs. We have in-office jobs. We have jobs that require limited travel. We have volunteer jobs for everyone. And the volunteer is reimbursed for all authorized travel.

What senior citizen out there is waiting for you to be his or her angel of mercy? Call today. Our senior citizens need you.



Now offering Calligraphy Classes by Correspondence Course or Private Lessons

Calligraphy is the art of beautiful writing and may be used in many ways:

- Addressing envelopes • Filling in names on awards
- Certificates, invitations, special events, signs, menus, poems, and favorite quotations

Nita Bandy. Call after 5 p.m., 886-3654

SEARS PRESTONSBURG • 606-886-3903

(Across from the Floyd County Courthouse)

JIM BLACKBURN, OWNER & OPERATOR

Sale starts August 17 at Your Local Sears Prestonsburg

SEARS

0% finance charge

on home appliances & televisions until January 1996!

• NO payments • NO billing • NO finance charge

August 17 through August 19

No payments, billing or finance charge until January 1996 on qualified purchases of \$200 or more with Sears Delayed Billing Option on Sears Card and Sears Charge PLUS. Be sure to ask for this option. Our Sales Associates have all the details. See important credit terms below. A \$400 minimum purchase is required to open a Sears Charge PLUS account. Offer ends August 19.

Kenmore®

55271

Kenmore®

65061

Ice, crushed ice & water

FREE factory-installed icemaker—a \$100 value!

Kenmore®

349.99

Through August 26. Reg. 379.99

- Large capacity 8-cycle washer
- 2-speed motor
- 3 water temperatures and 3 water levels

299.99

Through August 26. Reg. 319.99

- Large capacity 6-cycle dryer
- 3 temperature settings
- Available in white

15512

1099.99

Through August 26. Reg. 1349.99

\$23 per month* on SearsCharge PLUS

- 21.7 cu. ft. refrigerator with adjustable slide-out, spillproof glass shelves
- Adjustable door bins with gallon storage
- Meat drawer with temperature control
- All frostless—never needs defrosting!

699.99

Through August 26. Reg. 779.99

\$14 per month* on SearsCharge PLUS

- 20.0 cu. ft. with adjustable glass shelves
- Gallon door storage
- Twin crispers
- All frostless
- Textured steel doors

*See below for important credit details. *Meets 1996 Federal standards for CFC elimination in sealed refrigeration systems.

GE CLOSEOUT! All washers & dryers ON SALE!

While quantities last

Births

HIGHLANDS REGIONAL MEDICAL CENTER

August 4: A son, Cody Wayne, to Melissa and Travis Wayne Holliday, of Gunlock; a son, Timothy Blake Dye, to Donna Spillman of McDowell; a daughter, Beyaunka Storm, to Brandy Lynn Wellman of Inez.

August 6: A son, Dylan Scott, to Stacy Linda and Randall Payne Blanton of Salyersville; a son, Joseph Blake, to Melissa and Matthew Henson of McDowell; a son, Cory Russell Fraley and a daughter, Courtney Marie Fraley, to Nadine Wireman and Randall Lee Fraley of Van Lear.

August 7: A son, Teddy Allen Chasten, to Jacqueline and Teddy Jenkins of Salyersville; a daughter, Katilyn Ray, to Charlyn Gaynelle and Nathanael Allen Hager of Auxier; a son, Aaron Mychal Dale, to Tammy and Wally Blanton of Pilgrim; a daughter, Brittany Lee, to Tina Louise and David Lee Bowens of Prestonsburg.

August 8: A daughter, Lakin Paige, to Sheryl Bridgette and Adis Blake Younce of Falcon; a son, Jacob Lee, to Rachel Renae and Sammie Lee McCoy of Warfield.

FREE factory-installed icemaker—a \$100 value

KitchenAid®

799.99

Sears low price

20 cu. ft. refrigerator has adjustable door bins with gallon storage, adjustable spill-proof glass shelves.

87022 (Mfr. #KTRP20MD)

Kenmore®

\$188 Sears low price

Dishwasher features 2-level wash for multi-level cleaning. Energy-saving air dry option uses natural air currents to dry dishes.

15041

CRAFTSMAN

49.99 Sears low price

5-in. bench grinder. 1/5-HP motor develops 3450 no-load RPM. Ball bearings for smooth operation. Cast-iron base, motor housing.

19061

CRAFTSMAN

99.99 Special purchase

Over \$150 value

118-pc. mechanic's tool set with case tackles most home and auto fix-ups

33618

Kenmore®

449.88 CLOSEOUT! While quantities last. Was 569.99

Electric range with self-cleaning oven, electronic clock/timer with auto oven shut-off. Black glass door with window.

93441

EUREKA

79.99 Through August 19 Reg. 89.99

7.0-amp upright. On-board attachments, triple air filtration. Multi-level carpet height adjustments and brushed edge cleaning.

34770 (Mfr. # 92058T)

All Craftsman power blowers on sale! Save \$5-\$40

Thru 8/19

CRAFTSMAN

179.99 Sears low price

Craftsman 4.0-HP, 22-in. mower. Mulch, bag or discharge. Catcher, #33072, sold separately. 5.5-HP, 22-in. hi-wheel mower, #37292.....**299.99**

38280

SONY

499.99 Through August 26

Sony Trinitron TV with MTS broadcast stereo, audio/video jacks, remote control. On-screen displays and menu. On/off timer.

43806 (Mfr. # KV27510)

ZENITH

249.99 Through August 26 Reg. 269.99

A Sears exclusive! Zenith 4-head hi-fi VCR with front A/V jacks, 1-year/8-event timer and multi-brand remote with glow keys.

55745 (Mfr. #VVR4235HS)

CRAFTSMAN

CLOSEOUT on select 1995 model tractors!

A. 1099.99 Thru August 26 Reg. 1299.99

Craftsman 15-HP, 42-in. lawn tractor. Briggs & Stratton OHV I/C Gold engine

B. 1349.99 Thru August 26 Reg. 1699.99

Craftsman 19-HP, 42-in. lawn tractor has a 6-speed transaxle with reverse.

Tractors require some assembly.

A. 25251 B. 25256

Each of these advertised items is readily available for sale as advertised. Most larger items inventoried in warehouses.

America's favorite cards at Sears



YOU CAN COUNT ON SEARS FOR SATISFACTION GUARANTEED OR YOUR MONEY BACK

Items at most larger stores. Outlet stores excluded. Some major appliances, electronics available by special order at smaller stores. Reductions from regular prices unless otherwise stated. Items not described as reduced or as special purchases are at reg. price. Special purchases are not reduced, and are limited in quantity. Prices do not include delivery, unless specified. Environmental surcharges extra. IMPORTANT CREDIT DETAILS: Sales tax, delivery or installation not included in monthly payments shown. Actual monthly payment can vary depending on your account balance. \$400 minimum purchase required to open a Sears Charge PLUS account. © 1995 Sears, Roebuck and Co.

Annual percentage rate is 21% unless you reside in the following states: 18% for CT, HI, ME, MA, MN, NC, ND, PA, RI, VA, WV, WI, AL, 21% to \$750, 18% on excess. AK, 18% to \$1000, 10.25% on excess, but rate may vary on balances in excess of \$1000. AR, 10.25%, but rate may vary. IA, 19.8%, KS, 21% to \$1000, 14.4% on excess. MI, PR, 20.4%, MO, 20.04%, NE, 21% to \$500, 18% on excess. NOTE: Minimum monthly finance charge of \$3.50 applies in all states except AR, HI, MD, NE, NC, ND, RI, DC, PR.

All the above terms are accurate as of 7/95 but may change after that date. To find what may have changed write to: Sears Telemarketing Center, 2269 Village Mall Dr., Mansfield, OH 44906. Regular credit terms apply after 0% finance charge period.

32 East Court Street
Prestonsburg, Ky. 41653
(Across from the Floyd County Courthouse)
606-886-3903
10:00-6:00 Monday-Saturday
1:00-6:00, Sunday
Jim R. Blackburn, Manager

Correction

The son born to Vickie Lynne and Gary Cox of Mouse, on July 25, was Gary Matthew, not Gray Matthew as listed in last Wednesday's edition of the Floyd County Times.

More than just the Blues?

by Michele St. George

Feeling blue today? Anxious? Numb? Did you feel that way yesterday? Last week? Last month? If you can't remember the last time you felt real joy, you may be experiencing clinical depression. And you're not alone. Depression is so prevalent that some experts call it the "common cold" of mental health. According to the National Institute of Mental Health, depression disrupts the lives of more than 17 million Americans each year.

Despite its epidemic proportions—and the effective treatments that are available—only one-third of those who experience depression ever seek help, often because they're unfamiliar with the condition and don't recognize its symptoms.

So, here are answers to your questions about depression from Harold Bloomfield, M.D., a psychiatrist and author (with Peter McWilliams) of "How to Heal Depression" (1994, Prelude Press, \$14.95); J. Raymond DePaulo Jr., M.D., professor of psychiatry at Johns Hopkins School of Medicine and author (with Keith Ablow, M.D.) of "How to Cope with Depression" (1990, Fawcett Books, \$4.95); and Madhukar Trivedi, M.D., assistant professor of psychiatry at Southwest Medical Center in Dallas.

—How is clinical depression different from "the blues"?

TRIVEDI: Depression is distinct from the day-to-day ups and downs we all experience. It's not just having a "bad day." Depression interferes with your ability to function.

DePAULO: What differentiates depressed people from unhappy people is the degree of their symptoms and impairment. Some depressed people can even cite reasons why they think they feel the way they do, but their symptoms are out of proportion to the problems.

Also, clinical depression tends to come and go in episodes that may last from a couple of months to two or more years.

BLOOMFIELD: When you're depressed, your thinking is faulty. You're not perceiving the world or yourself—your evaluations, judgments and decisions—accurately.

—What are the symptoms of clinical depression?

DePAULO: People in a clinical state of depression often have a diminished sense of self-worth and self-confidence that is out of character for them or out of proportion to the problem. They may feel guilty, they may feel "low," but sadness is not always predominant. Depression isn't only sadness and crying. Depressed people can exhibit a variety of mood states, including intense and pervasive anxiety, a feeling of numbness and an inability to cry or feel normal emotion. They may feel kind of dead and hollow. Many patients have told me, "I have no emotions at all." They may be confused and muddled and unable to concentrate and make decisions. Other possible symptoms include mental and physical fatigue and changes in appetite or sleep patterns.

—What causes clinical depression?

TRIVEDI: With special imaging techniques, we can see clearly that there are functional brain changes in patients with major depressive disorders. However, the exact cause of depression is unknown. We do know that neurotransmitters, the chemicals that transfer information from one part of the brain to another, become imbalanced. In addition to a genetic predisposition, a number of other factors can precipitate depression, including environmental stresses, difficult life circumstances, alcohol, drugs and medications. No one factor is responsible for depression.

DePAULO: Stroke and Parkinson's disease are two common nongenetic causes of depression. I've treated patients for clinical depression after heart attacks, although most had experienced periods of depression previously.

—Will I need to have years of intense psychotherapy?

TRIVEDI: Only short-term therapies have been shown to be effective in treating major depression. They are goal-directed and deal with the here and now rather than childhood issues.

BLOOMFIELD: Most of the time—especially in the mature years—it's not appropriate to sit down and spend two years examining what your mom did when you were 4 years old. These brief therapies are more educational and teach new skills for living a more productive, satisfying and loving life. They work extremely well for helping someone past a crisis, particularly in a mild to moderate depression. Generally, 10 to 12 sessions are adequate for most people.

—If talk therapies are helpful, why would I need antidepressant medication?

TRIVEDI: Antidepressants restore the balance of neurotransmitters in the brain. In milder forms of depression, psychotherapy and medication may be equally effective. For people with moderate to severe depression, antidepressant medications may be the more prudent choice. Studies indicate that for people who have experienced multiple episodes of depression, antidepressant medication is more effective at preventing recurrences.

BLOOMFIELD: Certainly, if it is a really severe depression, antidepressants may be necessary. People who are severely depressed can't learn through psychotherapy because they're so stuck. The energy and concentration aren't there. Antidepressants are not painkillers, tranquilizers or cover-ups.

—Why don't people seek treatment?

DePAULO: Some people don't understand what depression is or think that, because they don't feel sad, they aren't depressed. When I told a patient at the end of a 90-minute interview that he had clinical depression, he looked at me and said in disbelief: "I know what depression is. That's when your dog dies and you feel sad. I don't own a dog and I don't feel sad."

Others reject the whole notion of depression and feel they should be able to snap out of it. People need to understand that clinical depression is a disease and does not reflect some moral or emotional weakness on their part.

BLOOMFIELD: Some folks think therapies aren't natural. Psychotherapy is mostly talking, you aren't forced to do anything. Antidepressants simply restore natural levels of naturally occurring substances. Antidepressants are not addictive. Don't let unfounded fears discourage you. By far and away, the major problem in treating depression in this country is under-treatment.

Also, depression is more prevalent in people 65-plus. But often, some of the symptoms, such as physical aches and poor memory, are written off as the effects of just growing old or are labeled Alzheimer's disease, when, in fact, the person is experiencing a treatable depression.

Other people try to medicate themselves with alcohol when they're just a little depressed or are going through a crisis. But that makes matters a hundred times worse, because after the initial stimulant effect, alcohol becomes a depressant.

—Where should I go for help?

BLOOMFIELD: Depression requires more than just a three-minute evaluation and a prescription. A complete medical checkup is always in order, along with a review of all your medications. Consult a specialist—a

physician, a psychologist or, ideally, a psychiatrist. Find someone with whom you feel comfortable. Check out a couple of experts, if necessary, or ask your friends for referrals.

—Besides getting professional help, what else can I do?

BLOOMFIELD: If you are really lonely and isolated, joining a support group, doing some volunteer work or finding new employment can help. Studies indicate that getting a pet may help, as well as starting some kind of exercise program. Exercise produces endorphins, which are the body's natural antidepressants.

—Is there any good news about depression?

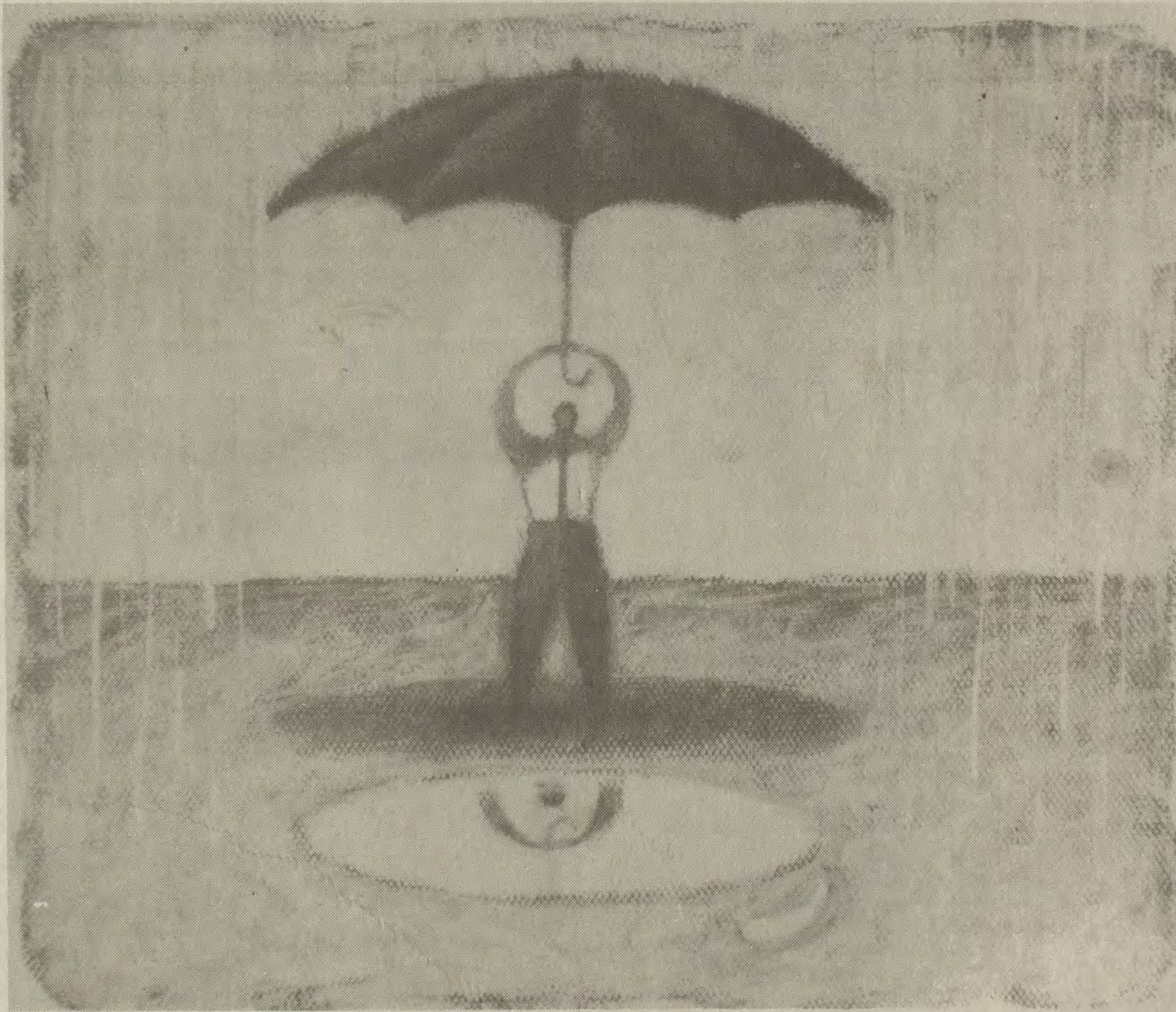
BLOOMFIELD: I'm a firm believer that we can learn from our pain and suffering. Spiritual exploration is beneficial as you work through a depression because, in the mature years, you have to confront your own mortality. You can put together a more handcrafted life filled with more wisdom and less self-hatred.

WHERE TO GO FOR HELP

For more information on depression, write or call:
—National Institute of Mental Health, D/ART (Depression Awareness, Recognition and Treatment) Program, Room 10-85, 5600 Fishers Lane, Rockville, MD 20857; 1-800-421-4211.

—National Mental Health Association, 1021 Prince St., Alexandria VA 22314; 1-800-969-6642.
For a referral to a support group and a list of physicians who treat depression, write or call: National Foundation for Depressive Illness, P.O. Box 2257, New York, NY 10116; 1-800-248-4344.

(This article first appeared in *Mature Outlook Magazine*, which is a benefit of the *Mature Outlook* organization. For information on joining, call 1-800-336-6330.)



Powhatan Woman Demands Refund

by Laura Yeomans
Citizen Action Consumer Columnist

Dear Laura,
I have a problem that I hope you can help me with. In November 1994 I sent in for a trial membership to Ameri-

many times and still have not heard from them. I was very nice to them at first asking for my refund, but then after so many letters I threatened that I would let everyone know how untrustworthy they are. Did I do something wrong? Maybe you can advise me what to do. I hate to let them get away with this. Hoping to hear from you. Sue Pikulin, Powhatan Pt., Ohio

the company.
"There are close to a million victims of this company," said Collet Guerard, an attorney for the Federal Trade Commission. "Although the company took in a lot of money, it was a company that spent a lot of money on mailings and staff, and so we are not going to be able to get even a small percent back to the consumers who sent money to the company."

Guerard said that if the Commission is able to return money to consumers, they may start with consumers who lost more than \$1,000 or those who sent in money in 1994. Consumers do not need to write the

Commission. The company kept good records of its victims, planning to mail again to the same people. If there is any money that can be returned, the Commission will use the company's own records to find people like you who deserve refunds.—Laura

Dear Laura,

In regard to your article in the Hamilton Journal News about breast implant victims, I am one of those persons. I've had rupture, disease, pain and reconstructive surgery that has made me a deformed woman. We know what this can do to our bodies, but the doctors never told us what could happen.

I'm in the class action lawsuit with attorney Mr. Chesley. This has been going on for four years. This is my belief, call your lawyers. You can't fight without a lawyer. All the information you printed won't help you get compensation for your illness. Keep your lawyers' telephone lines busy and we'll get results. Call 1 (800) 887-6828.—Beulah Reece, Hamilton, Ohio

Dear Beulah,

Thanks for bringing the Breast Implant Settlement Information Hotline number to the attention of our readers. For more infor-

mation about the Dow bankruptcy notice or the progress of claims filed by breast implant victims, readers may call the hotline number listed by Reece. Over 440,000 women nationwide have filed claims because they believe they have suffered medical problems related to breast implants—Laura

Laura Yeomans is the consumer columnist for Citizen Action. Write to her at P.O. Box 211, New Philadelphia, OH 44663. Please include your phone number and a self-addressed stamped envelope.



Smart Moves

Travel for \$5. Since I was planning on a trip in May 1995, I sent them another \$25, for a total of \$30.

When they finally sent me the membership papers, I was not satisfied. A lot of the stuff did not apply to me being a single widow. I returned all the papers and even the free gift and asked for a refund. In their letter, they had said "Return enclosed cash claim form before the deadline to collect your guaranteed cash," and "You risk nothing with our unconditional money-back guarantee."

I believed them, but I was wrong. They would not answer my letters and I wrote

Dear Sue,

You did just the right thing. In March 1995 a federal judge closed the company, also known as Research Awards Center, in response to a request from the Federal Trade Commission. In two years the company took over \$80 million from consumers throughout the country. The Center deceptively advertised that consumers were winners of sweepstakes and deceptively claimed that it would enter consumers into other sweepstakes contests, according to the Commission. Several attorneys general, the U.S. Postal Inspector and the Better Business Bureau gathered evidence against

New Programs for Kentuckians with sight loss

Forward Look, Kentucky's only private agency serving exclusively the blind and visually impaired of all ages, announces new services for all Kentuckians with sight loss.

SUPPORT GROUPS—now being organized throughout the state. A combination of telephone and on-site meetings will be used to allow all interested Kentuckians to participate.

These groups are open to individuals experiencing vision loss, parents of visually impaired children, and anyone interested in sight loss.

Kickoff on-site meetings are planned for Hazard, Corbin, Somerset, and Paintsville during August. Meetings in other cities and towns will be held throughout the fall.

Regular telephone meetings will be held in each area following the kickoff meeting, and additional on-site meetings will be scheduled.

Each kickoff meeting will include interesting speakers, information on products and services for the blind and visually impaired, tips for people who are losing their sight, and of course food and fun.

TOLL-FREE INFORMATION HOTLINE—available 24 hours a day, seven days a week. The hotline contains recorded messages of interest to blind and low vision people. Jobs, products and services, and announcements of programs and activities are just some of the topics found on the hotline.

Call the hotline from any touch-tone

telephone and follow the simple instructions to hear messages. Announcements are changed often, so call at least once a week for the latest information.

FREE NEWSLETTER—another great source of information. Each issue contains details on resources, products, and programs of interest to people with sight loss. Available in braille, on cassette tape, and in large print.

FOR MORE INFORMATION—to reach the Information hotline, to request a free newsletter, or to find out about meetings in your area, call Forward Look at (502) 897-1512 or (502) 895-4598 in Louisville, or toll-free at (800) 451-1112 throughout Kentucky.

Medicare: Who Benefits

Medicare is a \$177 billion federal program that guarantees affordable health insurance protection for older and disabled Americans. Created nearly 30 years ago, Medicare now covers an estimated 33 million older Americans as well as more than 4 million younger, disabled Americans.

MEDICARE BENEFITS ALL AMERICANS

- Medicare benefits Americans of all ages. As a social insurance program, Medicare depends upon broad-based financing and assures eligibility to everyone who pays into the system. Nearly all adult American workers are contributing to Medicare and will receive benefits when they reach age 65 or if they become disabled.

- Medicare benefits older and disabled Americans. It is the principal form of health insurance for Americans age 65 and older.

- Medicare benefits Americans with pre-existing conditions. Unlike many private health insurance plans, Medicare does not exclude otherwise eligible people with pre-existing conditions, such as diabetes, heart disease or cancer.

- Medicare benefits families. It lessens the burden on family members who would otherwise wind up paying the medical bills of ailing parents and grandparents or disabled relatives.

- Medicare benefits everyone it serves by paying for a wide range of health-care services. These services include hospital, skilled nursing facility, home-health and hospice care; physician and outpatient visits; diagnostic tests and certain medical equipment.

- Medicare benefits the nation by providing health coverage to the aged and disabled through a process that controls costs.

Medicare pioneered the development and use of payment systems that regulate the rate of growth in health spending.

- Finally, Medicare allows beneficiaries to choose where and from whom they receive care by selecting eligible practitioners through either the traditional Medicare program or a health maintenance organization (HMO).

MEDICARE CUTS HURT AMERICANS

The Medicare program already has been cut by nearly \$200 billion since 1980. Recent cuts totaled \$56 billion in 1993. Additional Medicare cuts would have drastic consequences for older Americans and their families. Medicare budget reductions would:

- substantially increase beneficiaries' out-of-pocket expenses and further erode their incomes;

- further diminish the choice of health-care providers because lower reimbursement rates make it more difficult for Medicare beneficiaries to find private physicians and hospitals willing to treat them;

- place more of the burden of care for aging parents and grandparents on families already coping with child-care expenses or their own retirement needs; and

- ultimately threaten the integrity of the Medicare program—jeopardizing the health coverage of retirees.

Higher Medicare spending is a symptom—not the cause—of rising health-care expenditures. Until the entire health-care system is reformed, further cuts in Medicare will likely undermine quality and access to care.

(Information provided by the American Association of Retired Persons)



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The electric Chef's Choice 110 knife sharpener is easier to use than traditional sharpening steels or stones. It comes in chrome, black or white and uses diamond particles for both sharpening and honing your kitchen knives. Available from Chef's Catalog, \$79.99.

SEE THE LIGHT

The battery-operated Chef Specialties pepper mill comes in white or black and includes a light that lets you see just how much pepper you're adding to food. With the touch of a finger, you can have freshly ground pepper in any amount you'd like. Available from Chef's Catalog, \$29.99.

TEMPERATURES RISING

The instant-read thermometer from Cooper is a welcome addition to every kitchen. In just 15 seconds you can determine the inner temperature of meat, poultry or baked goods, from 0-220 degrees Fahrenheit. The thermometer comes with a red case for hanging in a pocket. Available from King Arthur Flour Baker's Catalogue, \$9.95.

CUT TO THE POINT

Joyce Chen's Unlimited Scissors cut almost anything, including bones, thin metal and plastic. These comfortable scissors are designed for right- or left-handed use, and bright red handles make them easy to spot in a crowded drawer. Available from The Wooden Spoon, \$18.50.

INSTANT MARINADE

The MicroMarinader from ISI uses a vacuum seal to marinate instantly. Place meat, poultry or vegetables in the container with marinade and seal with an easy-to-use vacuum pump. Press a valve in the lid to release pressure, and the container opens easily. Food tastes like it was marinated overnight. Available from Chef's Catalog, \$39.99.

GRAND OPENINGS

The Open Up from Appliance Science is a cordless jar opener that loosens the tightest lids and caps, even on tiny prescription bottles. Hold a jar or bottle up to this battery-powered machine, and it starts rotating. Designed to be mounted under a kitchen cabinet or shelf. Available from Chef's Catalog, \$24.99.

SLIPPIN' AND SLIDIN'

The reusable Magic Baking Sheet from Von Snedaker makes any baking pan non-

stick. Ideal for meringues and candies, this Teflon-coated fiberglass sheet comes in half- and full-sheet sizes and can be cut to fit your favorite pan. Sheets are dishwasher safe and overproof. Available from King Arthur Flour Baker's Catalogue, \$12.95 and \$13.75.

For ordering information, contact the following mail-order firms:

—Chef's Catalog, 3215 Commercial Ave., Northbrook, IL 60062-1900; 1-800-967-2433.

—King Arthur Flour Baker's Catalogue, P.O. Box 876, Norwich, VT 05055-0876; 1-800-827-6836.

—The Wooden Spoon, P.O. Box 931, Clinton, CT 06413; 1-800-431-2207.

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HOME

Inside & Out

Current cookbooks

by Kathy Schwartz

An old friend may be sabotaging you. The lovingly worn pages of a cookbook that's more than five years old may not take into account today's dietary recommendations or include nutritional information. So, shelve your old cookbook and find yourself a new standby:

—"The Better Homes and Gardens Healthy Family Cookbook" (\$29.95, Meredith, 1995). Includes more than 365 contemporary versions of classic recipes—and new vegetarian delights—plus 70 time-saving or healthful-eating tips. Recipes are designated as low-fat, low-calorie, low-sodium and high fiber, and a nutrition analysis accompanies every recipe.

—"High-Flavor, Low-Fat Cooking" by Steven Raichlen (\$18.95, Penguin, 1994). Good-for-you doesn't have to be boring or bland, as this mix of exotic and ethnic recipes (with nutritional information) proves. Raichlen relies on herbs, spices, condiments and marinades, rather than fat, to tingle your taste buds.

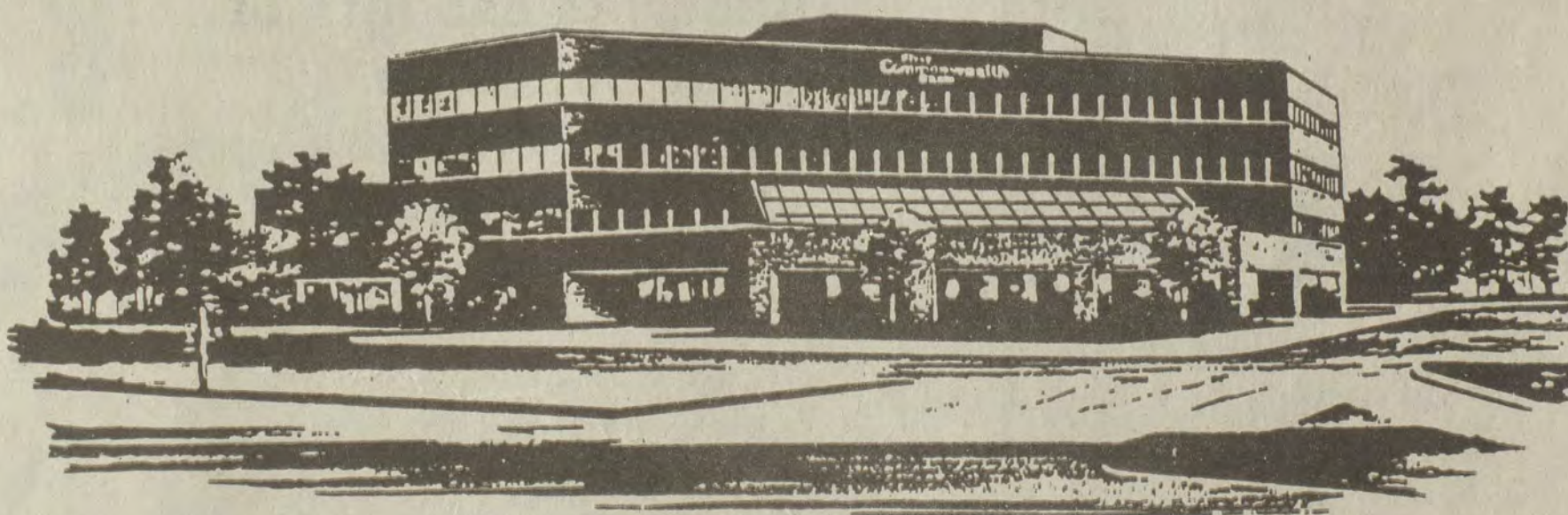
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Tinnitus and what can be done about it

by Mike Woods
Scripps Howard News Service

Have you ever heard sounds that originate inside your head, rather than in the outside world? Hissing. Cracking. Ringing. Screeching. Roaring. Chirping. Buzzing.

The number of Americans with this condition, termed tinnitus, is so enormous that it challenges the popular definition of hearing, which is to detect sounds in the outside world.

One study, conducted by the National Research Council (NRC), concluded "probably every human has at one time or another in life" heard such sounds NRC even suggested that mild, brief cases be considered "normal" in the same sense that an occasional pimple or backache is normal.

The American Tinnitus Association (which suggests the pronunciation "tin-eye-tus") estimates that about 50 million people suffer from the problem. NRC says that 1 percent of the population, about 2.5 million people, has severe, debilitating tinnitus.

How can tinnitus be debilitating? Imagine the high-pitched squeal of the 60-second emergency broadcast signal that radio stations test periodically. Some people with tinnitus hear that sound 24-hours a day.

In some cases of tinnitus, there is an actual source of the sound inside the head, and it can be heard with an amplifying device. These include clicking joints in the jaw, muscle contractions and blood vessel abnormalities.

Researchers have reported remarkable cases in which the ears of children, adults and even one dog and one cat emit high-pitched tones that people could hear several feet away.

Usually, however, there is no obvious source of the sound, and it is heard only by the individual. Tinnitus may occur occasionally or constantly, and range from a minor nuisance to a maddening and debilitating condition that interferes with normal life.

People with tinnitus should have a medical exam to determine if there is an underlying cause that can be treated or corrected. Some pre-

scription and nonprescription drugs—including aspirin, certain antibiotics and some high blood pressure drugs—can cause ringing in the ears.

For people taking heavy doses of aspirin for arthritis, tinnitus's appearance can be a sign that the dose is too high. Other medications containing salicylate, the compound found in aspirin, also can cause tinnitus.

It also can result from tumors of the acoustic nerve, which carries sound signals from the ear to the brain; middle ear infections; sinus problems; excessive build-up of wax in the ear canal; disease of the bones in the middle ear; and other problems.

In most cases, physicians can find no cause for tinnitus, NRC's comprehensive study found that reassurance is probably the most common and most effective treatment for mild cases of the disease.

Patients are relieved to know they have a common condition, which does not mean they're about to become deaf, and is not a symptom of some catastrophic brain or

nerve disorder.

Many people with mild tinnitus become accustomed to the noise and simply ignore it. Some find it troublesome only at night while trying to fall asleep. They mask it with background music; recordings of ocean waves or other "white noise"; or by listening to static on the FM radio band.

Others find tinnitus intolerable, and try medications, vitamins, biofeedback and other forms of treatment. Perhaps the most important advance in treatment has been development of "tinnitus maskers." These electronic devices generate external noises of different frequencies that help block the internal noise.

Some maskers use digital sound and computer technology to produce thousands of different frequencies that can mask an enormous range of hisses, squeals, buzzes and other sounds. Masker circuitry also can be put into a standard hearing aid for people who have both hearing loss and tinnitus.

Maskers come in two basic forms, bedside units and in-the-ear units similar to a hearing aid. Some patients use both—the ear unit during the day and the bedside unit during the night. The sound, however, may be a nuisance for a sleeping companion who does not have tinnitus.

Senior Service Line

by Matilda Charles

SENIORS RIGHTS: How far can supposedly well-meaning adult children go to control their parents' finances when those parents are not incapacitated physically or mentally? Here are two letters that should convince all to think about this.

A reader says she's upset with her daughter and son-in-law, who are trying to stop her from booking

passage on an ocean liner that will be at sea for six months, making stops at every continent and several islands. She writes, in part:

"I am 68 and was widowed 10 years ago. A friend, a man, and I plan to take a long trip by sea... It is something my late husband and I wanted to do, but we never had the time.

"Now I have the time and, thank

God, the money for it. My friend is paying all of his expenses, so there's no problem there... (My daughter and her husband) have said they can put a freeze on my account, claiming I plan to spend my money foolishly. I know they don't have that right, but it bothers me that they would try to do it.

"I would like to hear from people with experiences like this. Did they break ties with their children? Did they have to get lawyers?..."

A man writes on a similar theme:

"My wife and I have been looking to buy a small house and sell the one we lived in for 40 years. It's all paid up and we plan to buy the new house with cash... My four children say we should put the money in the bank and move into a studio apartment... My wife and I don't think we should have to live in a cramped space if we can afford to live better... (The children) say they can have a lawyer stop us from what they call making an unwise investment with the money we would get from the house... We have friends who say they can't do this. But another friend says, you can never be sure."

America. (Khaki cloth originally was made from brown cotton.) It fell out of popular commercial use because its fibers were too short for spinning machines, says Andrea Wills of Fox's company, Natural Cotton Colours. Through cross-breeding, Fox was able to develop a colored cotton with longer fibers that can be machine-spun.

Fox Fibre seeds aren't for sale, but fabric and yarn are sold through Vreseis Ltd., Natural Cotton Colours' sister company. Send \$5 for a catalog of fabric or \$4 for one of yarn to Vreseis Ltd., P.O. Box 87, Department MO, Wickenburg, AZ 85358-0087.

Going natural

by Joe Bower

These days, "all natural, additive-free" labels are appearing on more than just food. For example, Sally Fox, a Wickenburg, Ariz., cotton breeder, grows a natural-colored cotton for making clothing.

The cotton, called Fox Fibre, is raised on 10,000 acres in Texas and Arizona, and 95 percent of it is grown organically. The cotton grows naturally in two earthy shades of brown and two shades of green, so—unlike conventional cotton—bleaches and toxic dyes are not needed to obtain a color.

Despite its marketplace novelty, naturally colored cotton is not new and has been cultivated for thousands of years in North and South

Be your own best friend

In a world packed full of financial dilemmas, deadlines, difficult people and negative attitudes, it's no wonder that living in the '90s can be tough. But you don't have to let stress get the best of you.

"It's not the big things that make a difference in our lives, it's the little things," says Donna Watson, Ph.D., a stress-management expert. "Sometimes we get so busy that we forget to notice what a beautiful world we live in. We don't notice the smile of a child, the leaves turning gold and red or a rainbow promising hope."

Good-for-you do's and don'ts

To help keep stress in check, try some of these tips from Watson's book, "101 Simple Ways to Be Good to Yourself" (1993, Energy Press, \$7.95):

—Carry an interesting book with you at all times. When you're stuck in a traffic jam or in the checkout line at the store, start reading.

—Unclutter your life. Get rid of the things you never use.

—Exercise your right to make choices. Choose to stay in a situation or choose to walk away—but choose.

—Create a "wish bank." Make a list of things—big and little—that you would like to do. Write each wish on a card and place the cards in a special box or jar. Then, periodically draw a card and grant yourself that wish.

—Do something enjoyable with friends at least twice a month.

—Send flowers to yourself. Gifts like this help you recognize your own importance.

—Make time for yourself: Give yourself 15 minutes each day that belong to no one but you.

—Don't "awfulize." Anticipating the worst or exaggerating the dire consequences of some situation or action only makes things seem worse.

—Know your priorities. If you can't immediately list your top three priorities in life, it's time to sit down and consider the matter.

One of the greatest gifts you'll ever give your family may be your funeral.



It's something no one likes to think about. But sooner or later, we all have to face it.

Including you.

And when it happens, the loved ones you leave behind will have to face a lot of decisions about your funeral. Everything from your favorite flowers to friends that should be notified. All at a time when these details should be the last things on their mind.

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The Medical Adviser

VARICOSE VEINS ARE A COMMON AILMENT

by M.R. Hiller

Q: My mother, who gave birth to six children, has varicose veins that, although somewhat painful, have not required surgery. I am a 42-year-old woman who has never had a child. What are varicose veins? What's the likelihood that I will have them, and can I fend them off?—C.S., Somerville, Mass.

A: Varicose veins have faulty valves that allow blood to flow backward, leading to misshapen and sometimes painful veins. Most experts say varicose veins do tend to run in families and pregnancy makes them more likely. There is little you can do to prevent them.

Normally, a vein's bilobed valves help move blood from the extremities to the heart without allowing back flow. When the valves no longer seal completely, blood can flow backward, or reflux. The vein can swell, dilate and twist, and pouches can form. This can cause throbbing pain around the vein and, in severe cases, lead to leg ulcers.

"Varicose" means swollen and dilated. Questions remain about what causes varicose veins and how prevalent they are. They can occur in superficial veins in almost any part of the body. They can be chronic and can recur. Most commonly, people develop varicose veins below the knee and at the ankle, but they also frequently appear on the thigh. The leg's saphenous vein and its tributaries or branches, which extend from the pelvic region downward, are often involved.

Although varicose veins may be acquired—for example, due to clots obstructing the deep venous system—the prevailing theory is that they are mainly the result of a congenital abnormality in the vein wall. They are very common,

affecting women and men of all races.

Just because a vein is visible doesn't mean it is varicose. Only a doctor can diagnose varicose veins. Ultrasound imaging may be used to map the vein's structure and valve efficiency.

What causes a vein to become varicose is still debated in the medical community. In February 1994, a summary article in the British Journal of Surgery looked at the wide range of traits researchers have analyzed: sex, heredity, age, pregnancy, race, geographical location, obesity and occupation. Even such habits as wearing tight pants and keeping legs crossed have been suggested as culprits.

The summary article noted that women are 1-1/2 to 3-1/2 times more likely than men to develop varicose veins. Some physicians cite even greater differences.

Varicose veins are more common in some families but it hasn't been proven irrefutably that they're inherited. It is universally accepted, however, that the veins become more likely with age.

Studies summarized in the article also showed that a woman is more likely to develop varicose veins during pregnancy. The likelihood may increase with each pregnancy, but a woman who has had several pregnancies is often older than a woman who has had one, complicating any direct correlation.

Estrogen, which increases during pregnancy, may be a factor. It prompts a relaxation of smooth muscle cells, which are found in the uterus and in the walls of arteries and veins. Estrogen taken in birth control pills can have a similar effect. After the pregnancy or when birth control pills are no longer taken, varicose veins may improve.

There is no consensus on whether race, culture or weight affect one's risk of varicose veins.

No medication is available to prevent or treat varicose veins directly. For many peo-

ple, elevating their legs for 15-minute periods each day can help relieve discomfort and slow further varicose-vein development.

Some physicians advise that people not stand in one place for more than 45 minutes at a time, although no firm evidence shows that this is a risk factor. Standing on tiptoes for several seconds five to 10 times an hour can aid blood circulation, said Dr. Bruce Kraemer, a professor in plastic and reconstructive surgery at Washington University School of Medicine in St. Louis.

For many years, elastic compression stockings have been used to treat varicose veins. They can provide support and help relieve discomfort, decreasing blood reflux and the chance that veins will develop further pouching and edema. These are not common "support hose," but are heavy elastic stockings that must be designed and worn properly to be beneficial.

To make proper recommendations about a person's varicose veins, a physician must assess the underlying anatomy causing them. Locate a medical center or hospital that has a physician with a thorough background in venous anatomy and physiology and in the medical and surgical treatment of varicose veins.

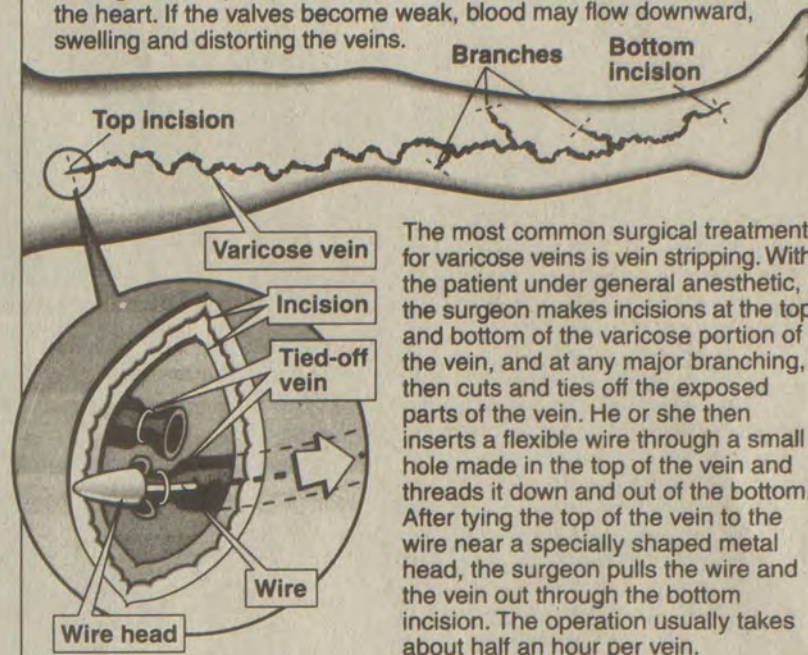
When seeing a physician, be prepared to give a thorough medical history and to note any other leg abnormalities or blood clots. If varicose veins are diagnosed, learn the cause from the physician. If the cause is blood clots or congenital vein-wall defects, surgical elimination of such veins may cause more harm than good; the removal of one vein may complicate the pressures on others.

If varicose veins become very prominent and painful, surgery may be needed to alleviate the symptoms. Surgery may also be sought for cosmetic reasons.

A surgeon can tie off, or ligate, a varicose vein. It can also be treated with scler-

Surgery for varicose veins

There are several types of varicose veins, but they are most common in the legs. In normal veins, valves prevent blood from flowing back down the legs as it is pumped up to the heart. If the valves become weak, blood may flow downward, swelling and distorting the veins.



The most common surgical treatment for varicose veins is vein stripping. With the patient under general anesthetic, the surgeon makes incisions at the top and bottom of the varicose portion of the vein, and at any major branching parts of the vein. He or she then inserts a flexible wire through a small hole made in the top of the vein and threads it down and out the bottom. After tying the top of the vein to the wire near a specially shaped metal head, the surgeon pulls the wire and the vein out through the bottom incision. The operation usually takes about half an hour per vein.

Who's counting: Since 1992, 197 medical articles have been published which discuss varicose veins.

KEVIN BOYD — MEDICAL INFORMATION SERVICE • DISTRIBUTED BY UNITED FEATURE SYNDICATE

rotherapy, which involves injecting a solution that irritates the vein wall, prompting scar tissue to form and to later block the vein. In both cases, the vein ceases to function; after sclerotherapy, it ultimately is obliterated.

In a procedure called stripping, a surgeon removes the varicose vein permanently. Or the physician may combine ligation and stripping.

The saphenous vein, which commonly is the one stripped, is also a vein used in bypass surgery, and if it might be needed later, the vein is ligated but not removed.

Varicose veins can recur in the vicinity of the surgery or separately. Recurrence rates can be high, depending on which surgical procedures is used. After stripping, varicose veins tend to recur in about 10 percent of patients, said Dr. Harold Welch, a vascular surgeon at New England Medical Center, Boston, and professor at Tufts University School of Medicine. For sclerotherapy, the veins recur to some degree in about 30 percent of patients on average.

Before selecting surgery, ask your doctor to estimate the likelihood that the varicose veins will recur, advises Dr. Constance Weinstein of the National Institute of Heart, Blood and Lung. She also recommends getting a second opinion before surgery.

To receive a brochure on varicose veins and their treatments, send a self-addressed, stamped envelope to the North American Society of Phlebology, 930 N. Meacham Road, Schaumburg, IL 60173; or call 708-330-9810. The Society for Vascular Nursing can supply a booklet titled "Venous Disease." Write the society at 309 Winter St., Norwood, MA 02062; or call 617-762-3630.

The Medical Adviser is produced by the Palo Alto Medical Foundation using a data base that contains articles from more than 3,500 medical journals around the world. Send your questions to the Medical Adviser in care of this newspaper. For a fee, the Palo Alto Medical Foundation will conduct a personalized medical literature search.

Health Watch

How to Lower Your Blood Pressure

Elevated blood pressure is one of the most common cardiovascular diseases the average American will have. Many factors will influence the likelihood of you developing it. Some factors are not under your control, such as family history.

Listed below are nine steps you can take to reduce your risk for high blood pressure or to lower your blood pressure:

1) Exercise: Aerobic exercise for 20 to 30 minutes at least three times a week. Begin with 5 to 10 minutes of cycling, walking, jogging and other continuous activity at an intensity that you can talk but not sing and increase by 1 minute per day.

2) Potassium: An adequate amount may help prevent or lower high blood pressure. Fresh fruits and vegetables are good sources.

3) Vegetarian diet: Lowers high blood pressure, perhaps because it is low in sodium and high in potassium and fiber.

4) Relaxation techniques: Biofeedback, meditation, and other techniques may produce a modest, temporary reduction in blood pressure.

5) Limit Sodium: Limit intake by avoiding high-sodium foods and not adding salt during cooking.

6) Lower Stress Levels: Effect may vary greatly, but repeated stress appears to raise blood pressure.

7) Limit Alcohol: Limit intake to

two drinks a day (a drink is defined as 5 ounces of wine, 12 ounces of beer, or an ounce of 80 proof spirits).

8) Maintain ideal body weight: Gaining excess weight usually raises blood pressure; losing weight usually lowers high blood pressure. Remember, for every pound of body fat you add, you will add approximately 1 mile to your circulatory system.

9) Do not Smoke: Do not smoke. Smoking briefly increases blood pressure and clearly contributes to heart disease.

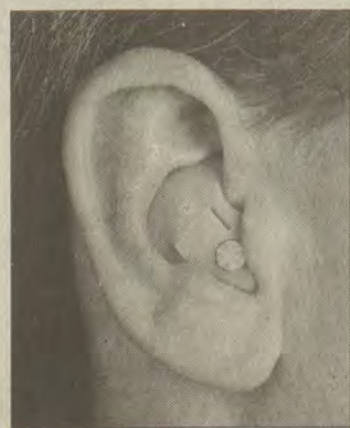
While we cannot choose parents to influence our risk for high blood pressure because of family, we can make the correct choices. If you are making the correct choices already, congratulations. If not, I encourage you to take control of your life

today.

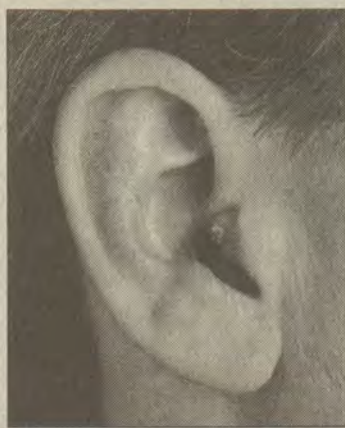
Tip of the Week: Fetal exposure to alcohol is one of the most common causes of mental retardation in this country. Thus many obstetricians now recommend that pregnant women drink no alcohol—not even one drink.

Christopher G. Fleming is the Project Health Coordinator at Prestonsburg Community College. He has a bachelor's degree in Health and Physical Education, a master's degree in Education, and a Master's plus Thirty with emphasis in Exercise Science. Fleming is also a certified American College of Sports Medicine Health Fitness Instructor.

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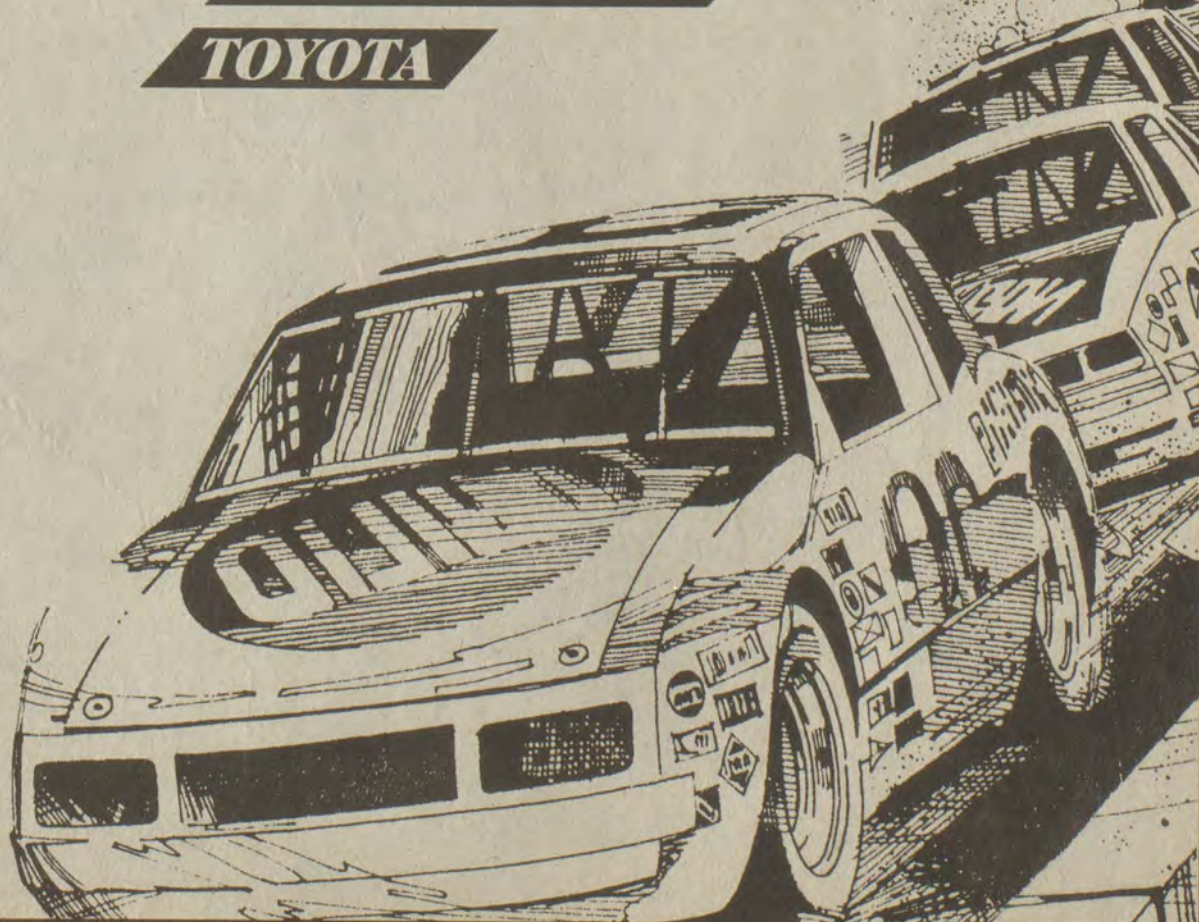
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Notable August Birthdays

Who's turning 50?
Suzanne Farrell, ballerina, August 16
Patty McCormack, actress, August 21
Van Morrison, singer, August 31

Who's turning 60?
Julie Newmar, actress, August 16
Rafer Johnson, track star, August 18
Morton Dean, TV journalist, August 22
Geraldine Ferraro, politician, August 30
Frank Robinson, former baseball player, August 31



Senior games

McDonald's participated in the Big Sandy Senior Olympics at the Dewey Lake Downstream Recreation Area on June 23. McDonald's distributed free cookies, muffins, apple pies, coffee, orange drink and water to the senior participants.

Lighten Up

How good it feels

by Monica Brandles

He moves comfortably among the people at a museum reception, smiling easily and laughing often as he talks about his life in retirement and the painting that now fills his days.

Indeed, Arthur Rayford's artistic endeavors have yielded works that have landed in five museums in Florida and Tennessee, as well as the private collections of Charles Kuralt and Andy Rooney. Paintings at a recent exhibition bore price tags of \$6,500-\$45,000. "I had the talent all my life," says 70-year-old

Working in the 100-year-old home and studio he shares with his dog, C.J., Rayford discovered he tired after just a few hours of writing but could paint all day and on into the night. "I spent a good five or six years not going anywhere or doing anything except painting," recalls Rayford. "I was a hermit, but I was enjoying it."

He stills enjoys it. "I put my records on and start painting away, beginning in the afternoon and working until 3 a.m. every night. You don't know how good it feels."

Self-taught, Rayford has a remarkable range: por-

traits, family scenes, landscapes, still lifes. His works are vibrant with color, life and texture. "Midnight Sun" is a peaceful farm scene, "Slam Dancing" throbs with the beat of the unheard music, and the street scenes from Deland evoke the homeyness of Norman Rockwell with an African-American touch.

"All artists are conduits that God uses to give others inspiration," reflects Rayford. "That's where this talent comes from, and I'm



Rayford. "You draw when you are a child." Still, it was not until he retired from a career as a building contractor in Deland, Florida, that Rayford seriously turned his attention to creative interests such as writing and painting.

thankful."

(This article first appeared in *Mature Outlook Magazine* which is a benefit of the *Mature Outlook* organization. For information on joining, call 1-800-336-6330.)

Memories of World War II

by Peggy S. Person

To commemorate the 50th anniversary of V-E Day, the National Archives in Washington, D.C., is telling the story of World War II through the words of real people—some famous, most unknown—caught up in the turmoil of battle.

The exhibition, "World of War II: Personal Accounts—Pearl Harbor to V-J Day," is free and open to the public. It will be on display through Nov. 12.

The multimedia exhibition includes popular music and sounds of World War II, as well as personal effects, photographs and documentary film from participants

and witnesses. There are letters from Churchill, Roosevelt, DeGaulle and Patton, but you'll see many more letters and diaries from unheralded soldiers, sailors and marines recounting their experiences in virtually all theaters of the war.

Hours are 10 a.m.-9 p.m. through Labor Day, 10 a.m.-5:30 p.m. after Labor Day.

(This article first appeared in *Mature Outlook Magazine*, which is a benefit of the *Mature Outlook* organization. For information on joining, call 1-800-336-6330.)

Examination lullaby

by Kimber Mitchell

A few notes of your favorite song could reduce the anxiety of having an examination to detect potentially cancerous polyps of the lower colon and rectum.

W. Brian Sweeney, M.D., of Bethesda, Maryland, says patients who had music therapy during this procedure, called a flexible sigmoidoscopy, experienced less mental and physical stress.

And that should be music to your ears. If polyps are detected early, they can be removed on an outpatient basis, Sweeney notes.

(This article first appeared in *Mature Outlook Magazine*, which is a benefit of the *Mature Outlook* organization. For information on joining, call 1-800-336-6330.)

What's that thingamabob?

Find answers to many of your automotive questions in "How to Find Your Way Under the Hood." Available from the Car Care Council, this video covers 21 checkpoints and answers many of the most commonly asked questions about preventative maintenance. To order, send \$12.95 to Video-MO, c/o Car Care Council, 1 Grande Lake Drive, Port Clinton, OH 43452.

(This article first appeared in *Mature Outlook Magazine*, which is a benefit of the *Mature Outlook* organization. For information on joining, call 1-800-336-6330.)

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Highways & Byways Country Inroads

by Joe Bower

Enchanted by its slower pace, open space and clean, safe places, nearly all city dwellers wish—at one time or another—to live in the country.

But trading streetlights for starlight shouldn't be done without careful consideration and research.

"A lot of people want to move to Shangri-la, but they don't know what they're getting into," says William Seavey, director of Greener Pastures Institute, a rural-relocation information broker.

"You're more likely to benefit from country life if you prepare for your move, know why you're moving and what to expect," adds Lisa Rogak, publisher of Sticks, a bimonthly newsletter aimed at helping city dwellers move to the country.

If you're considering such a move, one of these two groups may be able to help steer you down the right country road.

Greener Pastures Institute publishes a quarterly newsletter (\$25 for a year's subscription), which includes facts, tidbits and referrals about rural-related reports, books, services, employment ideas, job postings and property listings. It also offers several other publications.

In California, the institute sponsors classes, counseling sessions and support groups. For a free catalog of its publications and services, send a self-addressed, stamped envelope to Greener Pastures Institute, P.O. Box 2190, Department MO, Pahrump, NV 89041; or call 702-382-4847.

Sticks offers tips on finding the right setting and adjusting to rural

lifestyles, says Rogak.

Each eight-page issue contains stories about moving preparation, small-town profiles, relocation tips, ex-urbanites who've moved to the country, what to look for in a new residence, what to expect from country lifestyles and a list of special reports, ranging from "How to Start a Country Inn" to "A Single Woman's Guide to the Country." Subscriptions cost \$36. For a sample issue, send \$6 to Sticks, Rt. 1, Box 1234, Department MO, Grafton, NH 03240.

(This article first appeared in *Mature Outlook Magazine*, which is a benefit of the *Mature Outlook* organization. For information on joining, call 1-800-336-6330.)

Crime Prevention for Seniors

Many senior citizens are especially worried about crime and how it affects them. "The sad fact is, some are so afraid that they lock themselves in their homes and rarely go out," Floyd County Sheriff Paul H. Thompson said.

"The truth is," he continued, "older folks are victims of crime less often than younger people. However, that doesn't mean that our older citizens shouldn't learn about how to protect themselves and avoid becoming victims of crime."

The sheriff offered these tips for Floyd County Senior Citizens:

- Consider the federal government's direct-deposit program. This allows your Social Security or retirement check to be deposited directly into your account each month—eliminating the possibility of theft from your mailbox.

- Lock up—this basic rule of crime prevention is simple to follow. Lock your doors and windows. Surprisingly, in almost 50 percent of all home and apartment burglaries, someone didn't lock a door or a window, or left a key in an obvious hiding place.

- Avoid traveling alone—arrange your schedule so you can walk or ride with someone else—especially in high-risk neighborhoods or on dark, deserted streets.

"You should also protect yourself from fraudulent schemes," the Sheriff said. "If it sounds too good to be true, it probably is!"

One common scheme is the "phone credit card ruse," where someone calls you on some pretext and asks for your credit card number. You should never under any circumstances give anyone your credit card number over the phone. The only exception would be if you order merchandise by phone and the representative requests your credit card number for billing purposes. If your credit card number falls into the wrong person's hand, you can be billed for thousands of dollars of merchandise you didn't buy.

"Many older folks say that crime is one of their biggest worries. But I hope our senior citizens will practice crime prevention and enjoy life to its fullest," Sheriff Thompson concluded.

Bear necessities

by Joe Bower

You might not have "Meet a bear" on the list of things to do on your next vacation, but such encounters occur in nearly every state outside the Great Plains, says Tom Puchlerz of the U.S. Forest Service. It's important you learn the bare essentials about such bear encounters.

To obtain a copy of the free brochure, "Living With Wildlife in Bear Country," send a self-addressed, stamped business-size envelope to: Colorado Division of Wildlife, Department of Nature Resources, 6060 Broadway, Denver, CO 80216-1000.

BEAR ADVICE

Tom Puchlerz of the U.S. Forest Service and Kathi Green of the Colorado Division of Wildlife suggest taking the following actions:

- If you spot a bear before it spots you, retreat while talking to alert it to your presence. Speak slowly and quietly to communicate you mean no harm.

- Walk away slowly—never turn your back on a bear. Don't approach a bear or run away. Sudden movements can provoke a bear.

- If you're hiking on a trail, step off on the downhill side.

- Avoid direct eye contact, which can be seen as threat.

- If attacked, fight back. This tactic has been successful in driving away bears.

(This article first appeared in *Mature Outlook Magazine*, which is a benefit of the *Mature Outlook* organization. For information on joining, call 1-800-336-6330.)



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Changing direction

By Stephanie A. Shaw

If you are looking for work because of early retirement, company downsizing or simply because you're looking for a change of pace, ReCareering Newsletter can help, says Sharon Schuster, 55, the newsletter's editor and publisher.

The eight-page newsletter covers all aspects of making a career transition—from tips on how to conduct a job search to information on how to figure out what you want to do. Each issue also features book reviews, as well as articles profiling communities offering opportunities for people thinking of relocating.

"I understand the territory," says Schuster. When the former public-relations manager for AT&T lost her job after the company reduced its staff, she decided to switch careers and go into newsletter publishing in 1987.

A subscription costs \$59 a year (12 issues). To get a free sample, send a self-addressed business-size envelope with 55 cents postage to: ReCareering Newsletter, 655 Rockland Rd. (Route 176), Suite 7, Department MO, Lake Bluff, IL 60044.

Appliances should be certified to National Safety standards

Natural gas appliances and equipment should be certified to national operating and design standards, according to the American Gas Association.

Consumers should look for the Blue Star Design Certification Seal from the A.G.A. Laboratories or a similar seal from another nationally recognized testing agency, A.G.A. says.

The A.G.A. Blue Star is an assurance from the manufacturer that the design of the national gas appliance complies with safety standards adopted by the American National Standards Institute, A.G.A. says.

Many local government building codes and standards require A.G.A. certification on natural gas appliances and equipment.

The A.G.A. laboratories have tested nearly 60,000 pieces of equipment submitted by more than 500 manufacturers since 1925.

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Surviving Alzheimer's

One family's journey

by Shirley C. Belcher
Contributing Writer

The patient, my father, died, but his caregivers survived Alzheimer's. Twelve years of giving dad daily care took all the patience, energy, and love that mother, my eleven siblings and I could find in ourselves to give. His mental and physical disabilities and, finally, bedcare, were too horrible to think about, but they were mastered. Life went on. We survived.

Some lessons we learned concerned: (1) Good doctor relationships; (2) Powers of attorney and wills; (3) How to see a patient's illness; (4) Family conferences and support groups; (5) The desire to care for the patient; (6) Keeping life around the patient. These lessons fit some stage of our twelve-year ordeal, dad's life from age 73 to 85.

Often Alzheimer's has taken most of a patient's personality and physical health before a family recognizes the problem is more than aging. This was true for dad. Getting a diagnosis was difficult. No test, other than autopsy, is known.

Diagnosis may take many trips to the doctor with a patient who has little control of his behavior or body functions. This makes a trip to the doctor a major undertaking.

My father was in good health; his specialist said Alzheimer's might be the thief which was stealing his brain and his tender, loving personality. No more tests were planned. Our role as caregivers would be to meet dad's basic needs. But how?

Having a power of attorney (and a will) for the patient enabled us to plan without going through the court, a sometimes costly and time consuming process. Bills federal, state, and insurance benefits and records of income had to be kept. Also, funds had to be preserved for needs, such as the nursing home. Luckily, his Black Lung and Social Security checks were generous. Too, my father had UMWA insurance. His doctor, who, quickly related well to our needs, ordered a wheelchair, lifting chair, and bedroom supplies. Even if dad did not see the doctor, he kept his records current to meet insurance requirements. Had dad needed nursing home care, private funds would have been needed. This was a concern.

The four stages of Alzheimer's seem to go from the first, a loss of understanding and personality change, to the second where a patient's gentle personality may turn violent. Stage three sees the patient's ability to walk and talk, which may have been diminished in stage one, worsen. Finally, the bed-patient stage comes and the ability to talk, even eat, dies.

Not all patients will go through these stages. Some have short illnesses of about six months, while others, like dad, may have many years.

A friend in Birmingham told me that his father-in-law, with seventeen years, held the record for "longest Alzheimer's patient care" in his VA hospital. However, just as little is known about the illness, little is known about its stages.

One of my father's first confusions concerned my mother and one of my brothers-in-law. Dad felt "that strange man" was courting mother! How did we cope with the problem? My brother-in-law stayed away for years; he knew dad was not himself any longer.

Mentally, a recognition of the patient's illness allows caregivers to treat the illness as it is now. Forming realistic goals is easier when one's expectations of the patient's response is realistic. Very few patients recover from Alzheimer's progressive stages, though some medication, for example, Ativan for anxiety, seems to offer some respite.

While it is true that the patient will not "get well," some stages of care are easier than others. For example, when my father became a full bed-patient, about four years before his death, his care was easier. Like a baby, if he was dry and fed, he was often happy. Too, his ability to strike out and hurt others lessened.

Still, we found that family conferences helped us deal with the stress caused by this 24-hour-a-day supervision. For example, it was expected that those who were near would bear much of the burden of care for dad by assisting mother, and the meetings gave us an opportunity to explore our feelings and needs as well as dad's. Too, the talents of the group were studied: We found some were good nurses, some were babysitters, and some,



KENIS CLARK IS shown with his two grandchildren, Anthony Clark and Cathy Clark, before he became ill.

like myself, could clean and, generally, hold things together. Soon we found ways for those who lived away to help. For example, one brother is an electrical engineer. He kept electrical things fixed, but we wore out two automatic beds. Another brother did plumbing.

Though there were twelve of us to help mother, good communication and the feeling that most were giving their best, as they could, helped make the years bearable and full of love. Of course, there were moments, even weeks, of failure and worry!

During the early years, one of my brothers had a dozer accident and was off work. He was good with dad. He could keep him in good humor, feed him, or take him out to eat, a favorite trip. Ironically, this brother, after alerting many of us, was alone at dad's bedside and heard dad, who had not spoken in years, call, "Oh, Jesus! as he died. My brother was happy to be there.

Where the patient will be cared for is a personal family decision. My parents lived on a farm where only a sister and her husband pass by. This isolation proved to be very helpful. Dad, at first, could continue much of his rambling around the farm without our fearing he could do much harm to himself, or get lost.

Eventually, a fence circled the house and neat yard. Dad was able to get out and play with his dog, water the lawn, or chase his chickens, but I hear former President Reagan, a victim too, is kept in the city near his office not at his ranch. Keeping the patient's environment as near normal as possible and incorporating the things he loves helps everyone. Sometimes sister Jo tells of how dad carefully made his bed mornings until the bed one day was moved, and dad seemed to forget where he was. Bad mistake; sorry, dad. After some years, my father lost his ability to speak, but he could still sing, especially at night! Old Regular Baptist songs or his Church of Christ songs were sung endlessly. Did this please or annoy us? Well, it depended on our mood at the time. However, recordings were made of dad's "music," which some lovingly remember from childhood.

Dad loved to play the harmonica, too. He played long after he had forgotten how to talk and long after he had forgotten all of us, except mother who would not leave for long as she feared he would forget her. This, she knew, would make his care more difficult and hurt her, too. Mother never welcomed hospital stays and certainly would not talk of a nursing home, though she had a couple of hospital stays herself because of fatigue.

Early on, we were told that losing the ability to swallow results in the patient starving to death. Horrors! Well, food was a big concern. It took mom hours to feed dad.

Eventually, their bedroom was enlarged and furnished to serve both of their changing needs. Soon, this room included a nice TV; dad seemed to enjoy country music. Here, mom would perch on her stool (bad arthritis plagued her daily all the years that she cared for dad so faithfully) and spend an hour or two having a meal with dad while watching her soaps.

Mother loved to quilt in the winter. (Summers were for gardening, and keep growing things around.) Her quilts enabled her to reach outside her house and stay in touch with her loved ones. A week rarely passed that she did not have several relatives in for a birthday or holiday.

Her attitude toward dad set the tone for all who came to their boun-

tiful table. However, mom usually ate with dad. She kept her standards of care high, and many were happy to help her maintain them.

For example, one of dad's sisters-in-law, Rachel, a widow, came daily for six years to bathe and shave dad and cut his hair, with mom or Jo's help. Good baths, clean bedding, good food, etc., kept more people happy than just the patient. They made life better for all of us. For example, once dad seemed to be losing lots of weight. Many cried: "I can't bear to see him starve to death." A baby food diet, plus oatmeal with ice cream—lots of calories—was introduced to fight this fear. Soon, dad was back nibbling on a corn muffin, a favorite food, and a last voluntary action.

Keeping life going around the patient, as you can see, meant keeping life around my mother, his main caregiver. Her nature is outgoing; many responded to her needs. Her sister, Aggie, and a friend, Nova, phoned daily. Nova's husband, Fed, who is dad's first cousin, called daily with garden foods or to sit with dad to free mom to work in her gardens which she had developed around her house.

Often dreaded things became easy. For example, a sister worried that her grandson, about three then, might see dad's violent behavior. By the time dad died, she had three grandchildren who would crawl into Grandpa's bed immediately after arriving from Lexington to visit.

In this manner, most of the feared things never happened: Dad never starved to death. We never gave up—that is, all at the same time! We prayed for strength and tried, like Apostle Paul, to be happy in the circumstances we found ourselves in. Many made the decision to accept Christ's promise of salvation.

How did it all end? Well, one day dad's condition changed; a trained caregiver was needed. The doctor came: "At home care is still best," he said. Luckily, we had a trump left: A sister in Anchorage is a Registered Nurse. It was time for her to come.

Glenda arrived three weeks before dad's death and started acute care. Dad responded!

However, when the doctor, on a house call, ditched his Jeep, neighbors came to help him and the word spread: "Kenis is dying."

Foods, love, and prayers, as well as helping hands, arrived to support the caregivers. But the doctor ordered the medication (morphine) stopped. For this, he allowed us to move dad to Highlands Regional Medical Center on Auxier Road.

My sister was back in Alaska with her loved ones when he died the next day, February 22, 1994.

Early on, to keep family united, big reunions were held in a park we developed at the homeplace, on about the spot that dad and mother were married in 1930. Lovely wedding anniversaries were celebrated as were many other life events, from wedding showers to picnics. Dad seemed to enjoy these. In this manner, "family" was involved, united, and grew to meet the tremendous need.

Twenty-eight of dad's thirty-two grandchildren (and many great-grandchildren) came for his funeral and burial above the homeplace.

When dad had first become ill, most grandchildren were in grade school. Now, there was a doctor, a lawyer, a director, and an editor. Most had known the real Grandpa for only a few years. Still, they came to honor the man he was, the sick man he was able to be, his wife, and the other caregivers who survived.

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FALL REGISTRATION THURSDAY, AUGUST 24

Evening Class Schedule

BUSINESS				
BUS	323A	Business Law I	T	6-8:40 p.m.
BUS	330A	Behavior in Organizations	TH	6-8:40 p.m.
COMMUNICATIONS				
COM	225D	Speech and Discussion	T / TH	6-7:15 p.m.
COMPUTER SCIENCE				
COM	101G	Intro. to Computers	TH	6-8:40 p.m.
EDUCATION				
EDU	312A	Intro. Communication Disorders	W	6-8:40 p.m.
EDU	421A	Second.Tch. of Eng. & Soc. Stu.	T	6-8:40 p.m.
EDU	432A	Teaching Math/Natural Sci. in Sec.	T	6-8:40 p.m.
ENGLISH				
ENG	098B	Foundations of Writing I	T / TH	6-7:15 p.m.
MATHEMATICS				
MTH	098C	Fundamentals of Math	M / W	6-7:15 p.m.
PSYCHOLOGY				
PSY	325A	Psychology of Religion	TH	6-8:40 p.m.
PSY	487A	Adv. Cognitive Behaviorism	T	6-8:40 p.m.
READING				
RED	098B	Reading and Study Skills I	T / TH	7:30-8:45 p.m.
RELIGION				
REL	214C	New Testament Introduction	M / W	6-7:15 p.m.
SOCIOLOGY				
SOC	225A	Intro. Anthro.: Physical & Arch.	W	6-8:40 p.m.
SPEECH				
SPH	225D	Speech and Discussion	T / TH	6-7:15 p.m.

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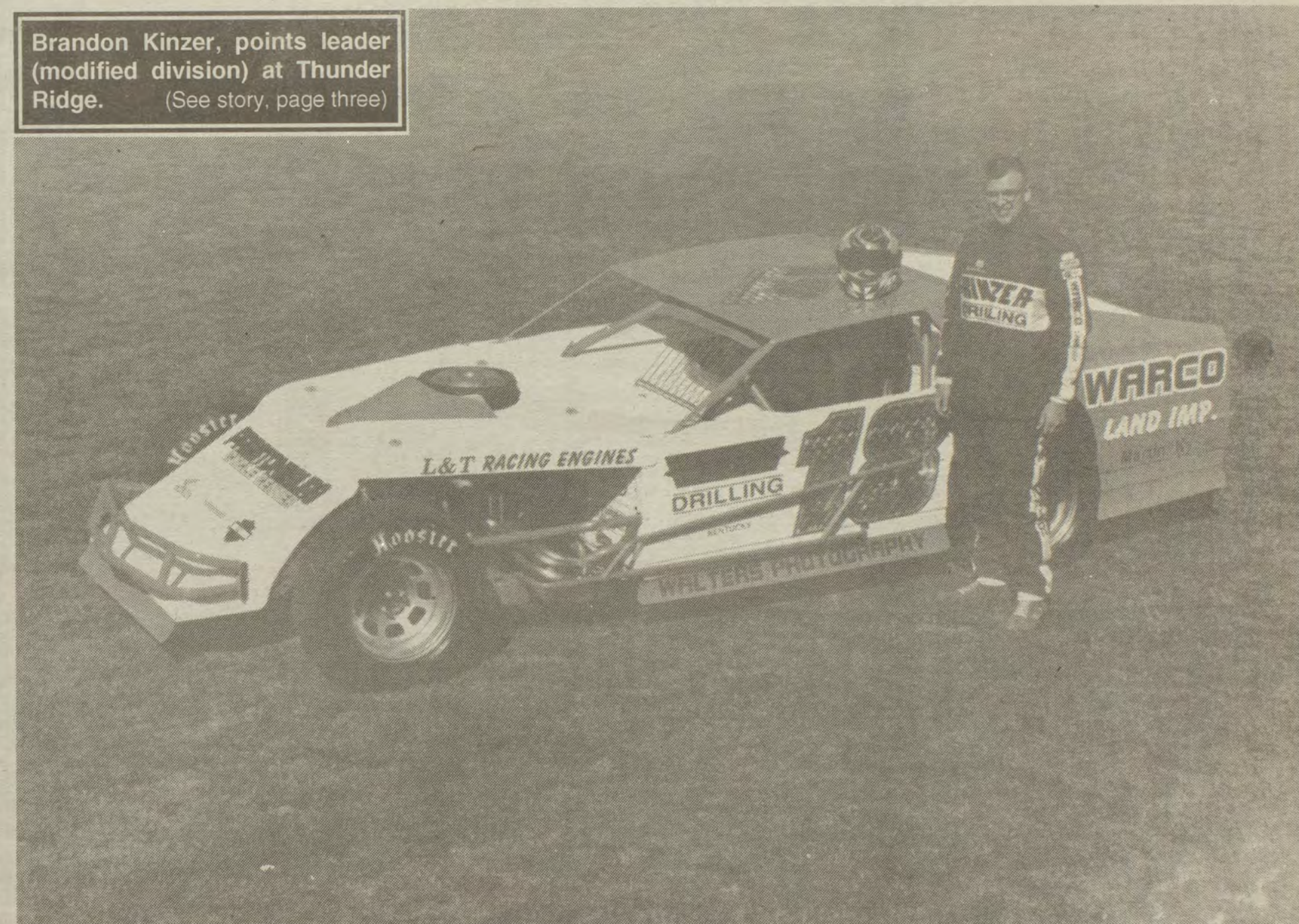
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Brandon Kinzer, points leader (modified division) at Thunder Ridge. (See story, page three)



**Racing at
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(See story, page four)

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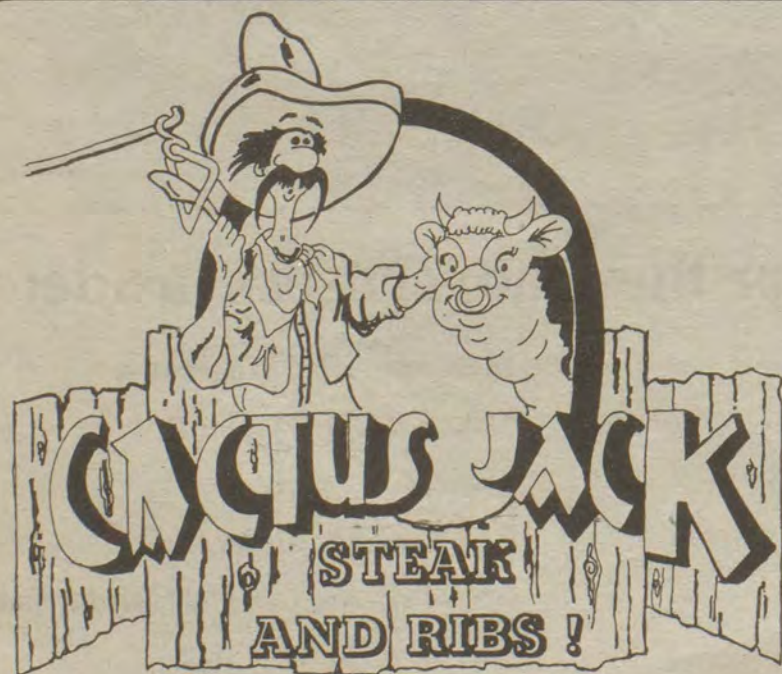


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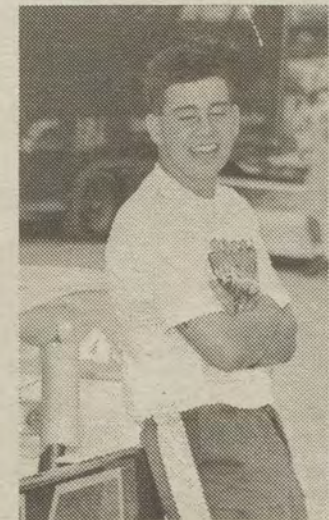
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Branham: "You have to finish before you can win!"

by Ed Taylor
Sports Editor

Baseball players go into slumps!
Basketball players have off nights!
Football players get out of the groove!
Stock car racers are always learning!



MARTIN'S JIMMY BRANHAM is one of the youngest drivers in stock car racing at the age of 15. He is part of the Branham Racing team. (photo by Ed Taylor)

Jimmy Branham, better known as 'Lil Jim' to most racers, thinks that he is back to learning what it takes to be a winning driver.

"I've learned that you can't get to the front in one or two laps," he said. "You got 20 laps out there to waste, so you can take your time and pick off one or two. You have to finish before you can win. That's the main thing right there, to finish the race."

Branham said that speed comes when a driver gets used to his car and begins feeling relaxed in it.

'Lil Jim started racing last season and was one of the youngest, if not the youngest, to drive in modified competition at Salyersville and Thunder Ridge.

Branham started taking to the track when he, along with his brother Harry, purchased a car last season and ran at Thunder Ridge.

Branham was making some noise around the tracks but then sort of went into a slump. He got out of the groove but had some off nights before learning and

getting things lined out.

"They started letting us run these wings and things and that changed the whole set up in the car," he explained. "I didn't really take to it like I should have. It took me awhile to get lined back out. I came back two weeks ago and then my money got kind of short."

Mechanical problems have plagued the young driver, but he always seems to bounce back.

"I had a chance to start one race at the pole in the fast dash but had mechanical problems. I started on the tail and ended up running fifth, but I'm starting to get back in the swing of things again."

Now both of the Branham drivers have their own cars and 'Lil Jim thinks that things will work out better that way.

"If one is torn down, you have the other to race in," he said. "So it works out better to have two."

Actually, Branham Racing has four cars; Brad Martin and Stanley Haddix drive one each.

Brother Harry runs at the 201 Speedway because the

two don't like competing against each other.

"We are both very competitive and we didn't like going against each other," said Branham. "We felt it was better for us to separate. We feel we can do better that way."

Branham is quick to point out that it is his father, Jimmy Branham, who is the spark that makes Branham Racing go.

"Dad is the main part of Branham Racing," he said. "He keeps all four cars going. He handles all the financial aspects of it. He tells us where to go and what to do. He's the center of the deal."

Expansion of Branham Racing is in the future, according to Branham.

"Maybe in another four years when we are winning consistently and being more competitive — when we do get better — we might move up to the Late Model," he said.

Branham has three heat races and one feature victory to his credit. He won the feature at the 201 Speedway.

Although he has experienced some early racing season problems, Branham is not discouraged.

"I've had a lot of good runs," he said, "but some of the things just haven't went my way."

Turner — (Continued from page eight)

always been a big part of his life.

"I have been following racing all my life," he said. "I love it. It used to be that if you had a car to run, that your immediate family enjoyed it with you. But now that Thunder Ridge has come to our area, everybody can enjoy your car."

Cars do get damaged, bent up and is in need of repair. How about straightening it out once it is bent?

"I just take a hammer and beat it out," said Turner. "But after it gets so bad we will make new panels."

A stock car is not pretty, but the beauty of a car is not what is important. How it performs around the circuits

"Dad said as long as we were having fun and are getting along, just go have a good time. That's the main reason we're out there."

"Win or lose, it's the best time we can have, coming out to the races."

"They don't look all that good when you take a close look at one," he said, "But when they are circling the track, they are a thing of beauty."

Instead of the normal gasoline that you and I might use in our everyday car, alcohol is the fuel that Turner pours in the tanks of these machines that roar around the track.

"Over a race night we will use over 40 gallons of fuel. We'll start a feature race with about 32 gallons," said Turner.

The next time you see your favorite driver in victory lane, remember, he had help in getting there. A good pit crew is vital to the success of a driver.

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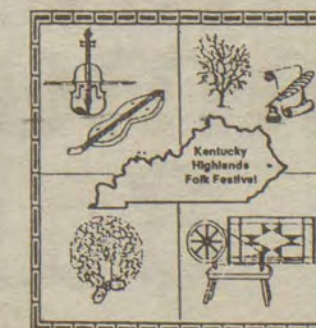
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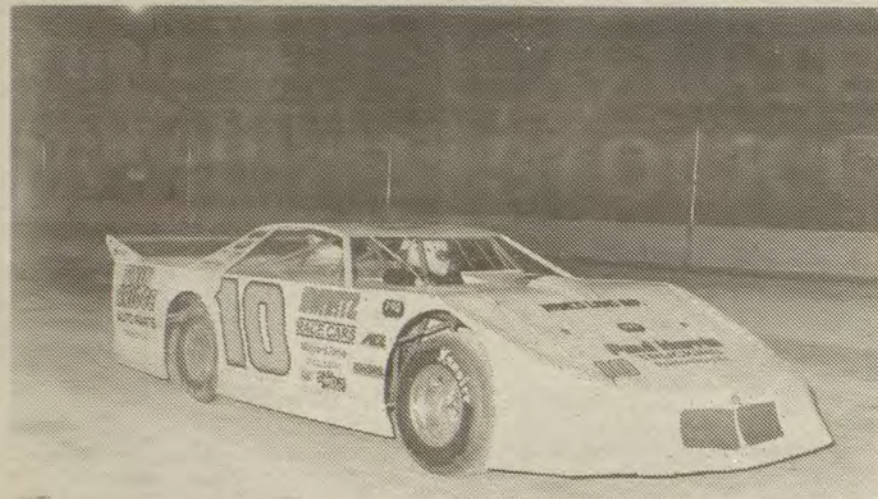
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Main lesson learned by Kinzer: "Being smooth!"

by Ed Taylor
Sports Editor

Young race car fans often dream of someday owning their own "machine" and taking their turn in victory lane as they pull out a victory in a feature race, whether it be in the Late Model, Thunder 'N Lightning, Bomber or Modifieds.

With the opening of Thunder Ridge last year, and the long-time run of the 201 Speedway, more and more younger drivers are getting into the driver's seat of their own car and making the circuits.

Prestonsburg's Brandon Kinzer is such a person. At 17, Kinzer has begun to make a name for himself in the racing arena.

Last racing season Kinzer was fortunate to make the feature race. But that was last year. This is a different season and he is enjoying it.

"We've come a long way from last year," he said. "We ran the back lot last year and we never even made the features last year."

Not only is Kinzer one of the area's top drivers at a young age, but he is also the current points leader in the Modified division at Thunder Ridge.

The difference? "We've learned a lot from last year," he said. "The crews learned a whole lot and I've learned a lot. Everything is coming together for us now," he said.

What has been the main lesson to be learned from last season?

"Mostly being smooth," said Kinzer. "These cars are hard to drive. They have real small tires on them and being smooth is the key to it all. That comes with a lot of time."

Kinzer has definitely picked up his confidence in only his second season on the track. He owns two cars, but he likes the one he is driving now.

The competition at the tracks around the area are very competitive and Kinzer said it is a privilege that he is able to get on the same track with some of the best drivers.

"There are some great cars here," he said. "Some cars that have been running for 10 and 12 years are raced here. But I feel good running with some of these drivers."

Kinzer's interest in stock racing came at an earlier time in his life when he would journey with his father Jerry Kinzer to Bristol, Tennessee for the NASCAR circuit.

"My dad and a bunch of us started going to Bristol when I was about six years old," explained Kinzer. "It was something that I always wanted to do ever since. I really enjoy it."

Kinzer usually begins his week after a Saturday night race by taking Sunday off.

"We wash the car on Monday and do most of the weekly stuff during the week, like changing the oil and greasing the car."

"We then set it up on Tuesday for the coming Saturday night and that's the end of our week unless we have a lot of damage."

Kinzer gives credit to the Thunder Ridge facility for creating more interest in stock car racing.

"This is a tremendous place," he said, "and they have created a lot of interest in racing. They have spent a lot of money here and, hopefully, everything will work out for them."

Kinzer is staying put right now, racing at Thunder Ridge only because of the points standings.

"We're running for the points over here," he stated. "I have been leading in the standings and that's what we want to do is run for the points."

Kinzer explained that while Thunder Ridge is primarily his racing home this season, he plans to "try and race at other places next year."

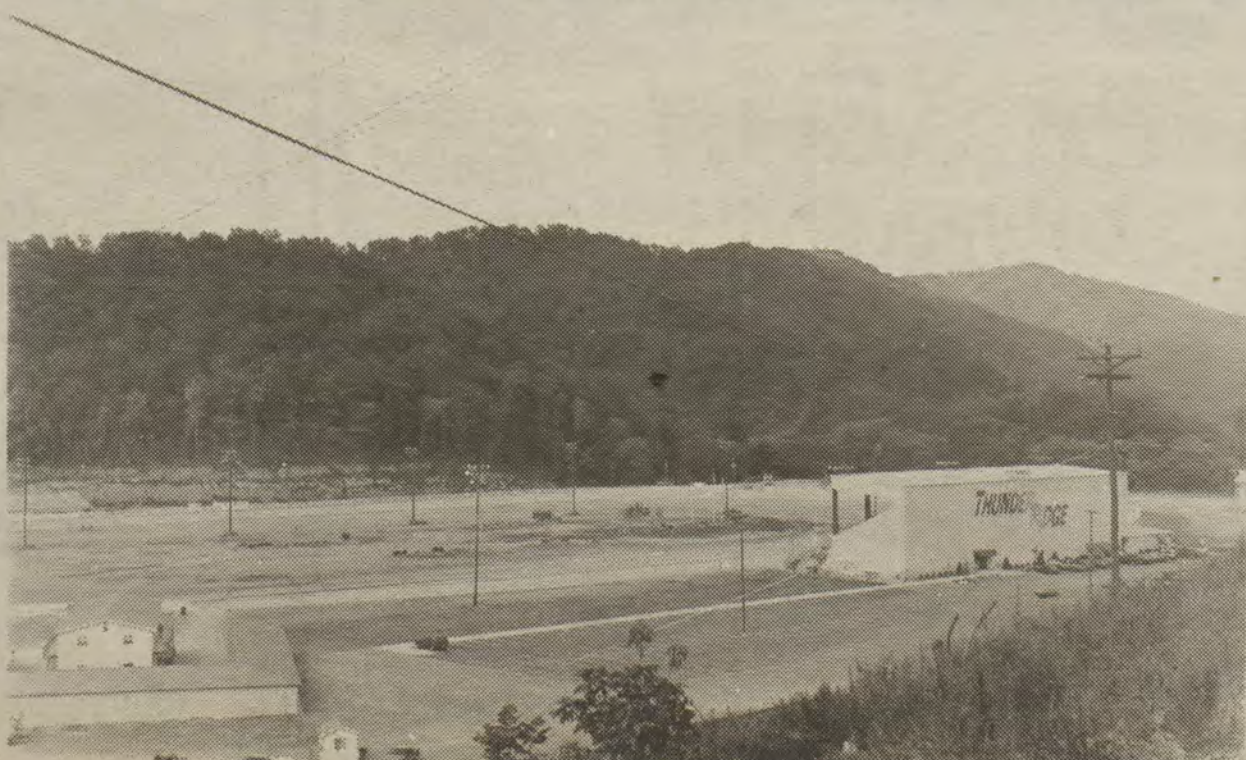
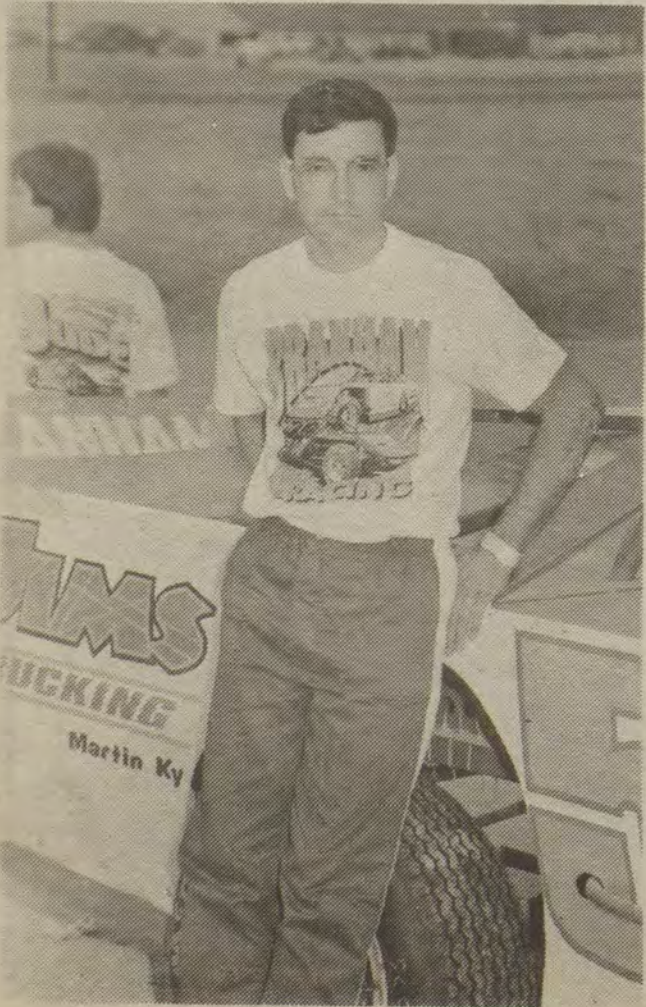
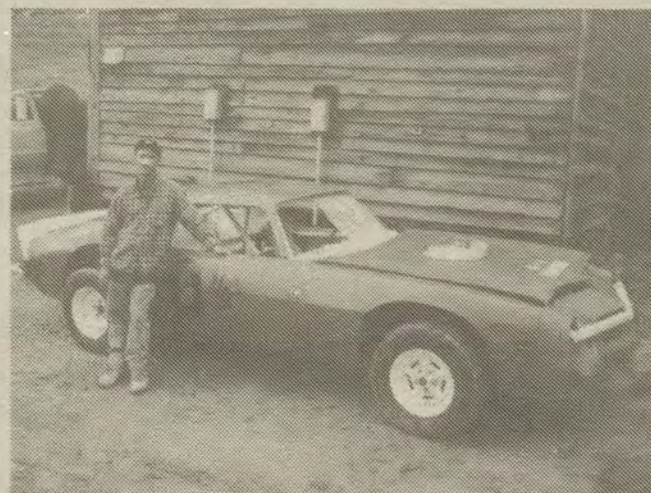
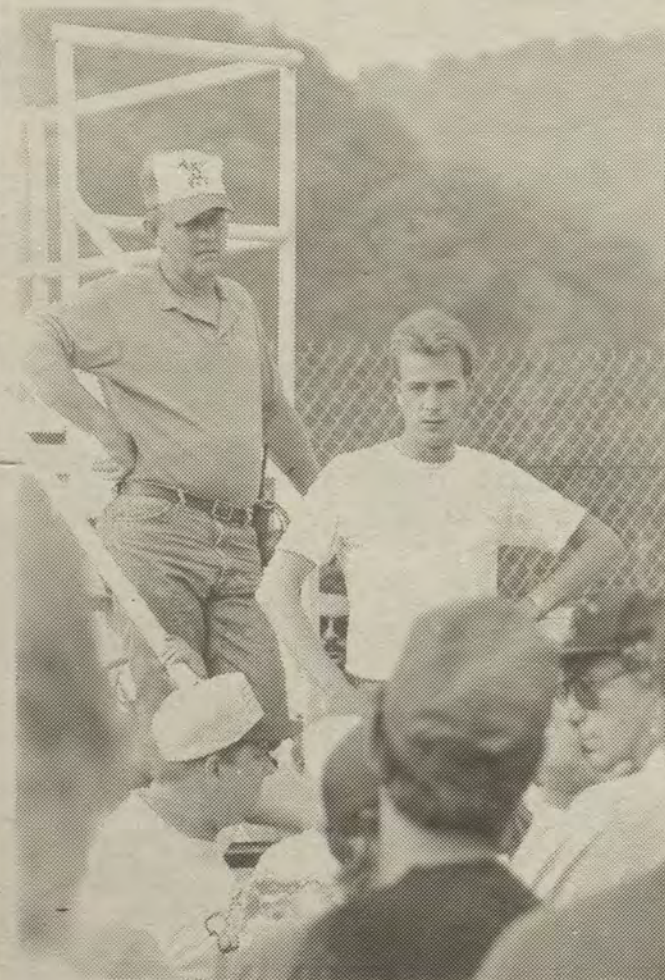
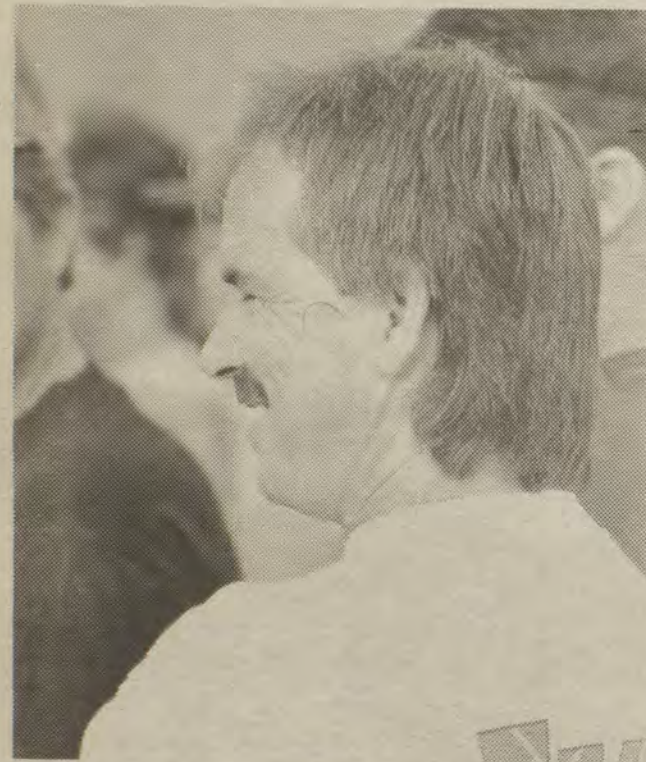
The point system appears complicated to most race fans, but a driver who places first in his feature receives 90 points. A second-place finisher is awarded 80 points and third place is good for 70.

"You get extra points for qualifying first and points for winning heat races," said Kinzer. "If you miss a week racing, it is costly and it hurts you, especially if the person behind you in the standings races and does real good. You have no points and he does. We try to run every week here."

Kinzer got both his cars off veteran driver Shannon Thornsby of Martin. "We like the chrome one the

best," said Kinzer. "It's a little lighter and handles better."

While there are younger drivers on the stock car circuit, Kinzer has learned a valuable lesson and that is—being smooth.



PRESTONSBURG'S BRANDON KINZER is the current points leader in the modified division at Thunder Ridge. Kinzer, 17, is in his second year of competitive racing. (photo by Ed Taylor)

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Stock car racing at 201 is "family affair"

by Chris Belcher
Contributing Writer

It is hard to really explain the sudden boom of stock car racing in Eastern Kentucky, especially in the past eight years.

Oh, it has always been an interesting sport that drew mostly families and friends of drivers that made their way around the oval tracks.

But now, you don't have to be a car owner or have a member of the family or just a friend that does have one, to follow stock car racing.

The 201 Speedway, located in Johnson County, is just one of the spots in Eastern Kentucky where race fans gather every Saturday night to take in the thrills, yes, the spills of the sport.

201 had its beginning back in spring of 1991 when Bill McCloud and Donnie Mead-

ows purchased a vacant dirt track that was nestled in the hills of Johnson County.

It had been five years or more since the desolate track had seen or heard the noise of stock cars racing around its circumference. The once active track had become the home of bushes, weeds and undergrowth that was rooted in the racing surface.

Weeks became months as the bush hogging and clearing duties began for some hard workers in preparing the 3/8 oval track to once again be the home of thousands of racing fans around the area.

The once abandoned facility was transformed into a high-banked race track that would for the next five years, host some of the finest drivers from Kentucky, West Virginia, Ohio and Indiana.

The reopening night wasn't all that glamorous as

far as numbers went, but the action was hot and heavy and set the tone that would follow for the next five race seasons.

A total of seven drivers were in attendance the first night the refurbished track opened but, nevertheless, the track held only two features; one being an "Australian Pursuit" feature in which drivers were eliminated if they passed.

Two months after its opening, a field of 140 cars made their way to 201 to compete in Claim Bomber, Super Bomber, and Front Clip Racing (which is now the Late Model class) races.

In October of '93, McCloud purchased part ownership of the Meadows to become the track's sole owner. McCloud was not new to the racing circuit, nor to the madness that was developing across the country.

He was a former veteran that ran the dirt tracks across the state of Kentucky and Ohio for 22 years, racing in the modified division.

Upon retiring from the actual track competition, McCloud looked for an avenue to stay close to the sport and operated what was known as the Concord Speedway in Johnson County. From 1971 until 1975, it was

a love affair renewed with McCloud and stock car racing.

201 Speedway has become more than just a one-man operation as McCloud has involved his family in the business. His son Scott, arrives at the track every Saturday around 9:30 a.m. to prepare the track for the upcoming night's racing. Hundreds of gallons of water are dumped onto the racing track to assure as good a surface as possible.

McCloud's wife Joyce is the hit at the track because she is the one who hands out the checks after a night of racing at 201. Daughter Billie makes sure all the concession booths are ready as her husband Johnny readies his Super Bomber for competition that night.

Most of the employees who started when the track reopened are still at the facility. Each have individual duties such as Mike "Yankee" Yates and Mike Williams (Mike's B&W TV). Yates ensures that the line up is correct on the track after the caution flags.

Williams, who has been

the scorer for the races since the reopening of the track, relays, with the help of two head sets, to Yates the line up and in turn he gives signals to the drivers as to what position they are to be in when the green flag is dropped.

201 offers racing fans the choice of terrace seating above the track, spacious grandstand seating or a spectator's favorite of backing into a spot on the hill above the track and enjoying the seating in the back of their pickups.

The National Anthem is not forgotten at 201 when promptly at 8 p.m. the Anthem is heard in respect for America.

All over the track fans will spot families, teenagers, younger children and senior citizens as well.

The first heat race begins after the National Anthem is finished and before the last car pulls into the pits, the second heat race is started.

The 201 Speedway is home to Magoffin, Floyd,

Johnson, Pike county drivers —and don't forget those drivers from out of state.

The race speedway will average over 70 cars a night and some thrilling events are held, such as the just-completed Road Hog Roundup. The Bomber Classic, which got its start last season, has become a regular part of the racing program at 201. The Classic pays \$2,000 to win. The track offers special nights for the modifieds and late models as well.



1995 FAN APPRECIATION NIGHT, all fans had an opportunity to become better acquainted with their favorite drivers. This scene shows drivers and fans on the racetrack.

Mayor Jerry Fannin roars at Thunder Ridge

by Ed Taylor
Sports Editor

Long before he threw his hat into the political circle, Prestonsburg mayor Jerry Fannin threw his racing helmet into the racing circuit.

The mild-mannered mayor of a small Eastern Kentucky city takes on a different personality when Saturday evening rolls around and he dons his racing helmet and motors to Thunder Ridge, pulling his Bomber racer behind him.

Before the political scene and even before Thunder Ridge, the fearless mayor used to run the rails at Clay City Dragstrip.

"I used to drag a lot at Clay City," said Mayor Jerry Fannin. "We would build our own cars. I did all the mechanic work, as well, and I

did it for a long time. I used to love to fool with motors."

The fever got hold of Fannin when he made a trip to Thunder Ridge last year to watch stock car racing. He made a mistake — or did he — and entertained a thought of owning his own stock car racer.

"After I came over to Thunder Ridge and took in a meet, I sort of got the fever," he said. "I had stopped in Lexington one day to visit a friend of mine and he had the car I drove in last year, Number 118.

"I asked him if he knew what car to buy. He said 'Let me sell you this one.' I bought it on the spot and we were out racing the next weekend."

With the racing bug in control, Fannin purchased his second car this year off Steve Blackburn and turned Num-

ber 118 over to another driver. Number 118 is a Bomber and Fannin's number two car is a modified.

"Bombers are something that will not cost you a whole lot of money to get into," said Fannin. "But they still are expensive."

Fannin admitted, though, that the cost is worth it because the car is a lot of fun to race.

"You just can't beat it," he said.

Mayor Fannin got a late start in last year's racing season but did manage to compete.

"I raced in about three races last year," he said. "I started in my Bomber, Number 118."

Fannin recommends that anyone thinking of getting into the sport should start in a

Bomber. "It's different. It's a whole lot more speed," he said speaking about his modified. "It's great fun. Especially for someone that wants to start out that loves racing."

Everything isn't always

fun and games in racing and Fannin found that out when he purchased his second car and met misfortune on the road.

"When I first bought the car we blew the engine up before we got it to the race

track," he said. "So, we just built our own engine. It's been doing pretty good. If I can just get used to driving now, I'll be all right."

Fannin said that he does all the work on his car throughout the week.

Someone has to build them, so Haddix does

by Ed Taylor
Sports Editor

Ever wonder who builds those stock car racers.

Like most people, it is just assumed that when a race car driver gets a car, he goes to a Stock Car dealer and purchases a Bomber, Modified, Late Model, or whatever is available.

But there are no car lots, only builders.

Stanley Haddix is one of those chassis builders, and racing fans can see his name displayed among the different advertisements on many cars that roar around the tracks.

Haddix builds the cars from the frame up and furnishes a complete body minus the motor.

"I don't build motors," he said.

After it's built, the chassis must be put through a test, and what better place to test one than in actual competition. Haddix mans the driver's seat in the Haddix-

built chassis and roars around the local tracks in the area.

"I don't race a whole lot," he said, one night at Thunder Ridge where he was to test a car owned by Branham Racing. "But when I am on the track, it is serious business."

"I do race to win when I am out there," he said. "But at the same time I am trying things and I may go to the back. I might find something

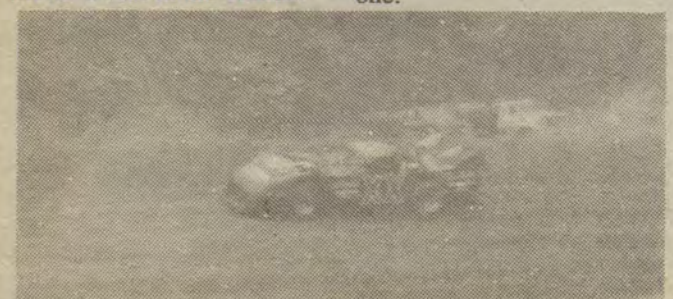
that works, too."

The last car that Haddix drove was built for Branham, but Haddix has his chassis at other tracks as well.

"I have several that are at the 201 Speedway," he said. "We're really a small company right now. I have built around 30 cars."

Haddix said that it takes about two weeks to complete a car, allowing two days to build the chassis.

Although he builds cars for Branham racing, he will build one for whomever needs one.



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PRESTONSBURG MAYOR JERRY FANNIN took time out from his busy schedule and found a time to relax at Thunder Ridge, driving in the modified division. (photo by Ed Taylor)

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Turner works behind the scenes

by Ed Taylor
Sports Editor

In our behind the scenes report, we find it awesome the amount of people it takes to make up a pit crew at the stock races around the area. Although the most important person is the driver, there are those who work silently behind the scenes and never receive the credit that rightly is due them. There are those who work on the car, care for the car

after the races, spend their week working on the car in preparation of the next run it will make. Quietly, silently, and without any fanfare, the pit crews are busy working. Kyle Turner is just one of the hundreds who are on hand to provide help in whatever area he can. While his name will not appear in the sports pages or in the final results, still he, and others like him, are a vital part of a racing team.

Turner is part of the John Allen pit crew that races at Thunder Ridge on Saturday nights. Turner enjoys his job as a member of Allen's pit crew. His job will vary during a race night. "I take care of the tires, gas and anything else that needs to be done for John and his brother Barron," said Turner. "Barron drives a Late Model and John drives in the Modifieds."

It is a learning experience for the Allen Central student and he is very versatile in his position on the crew.

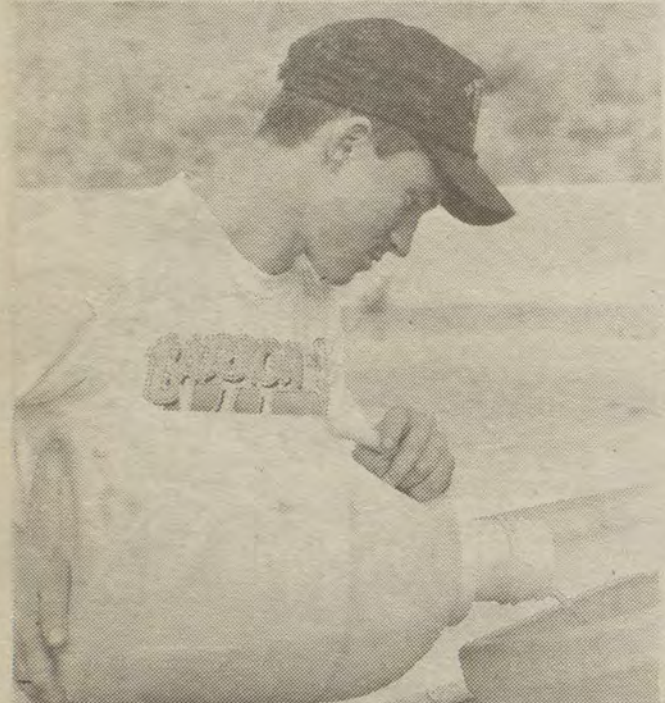
"I keep the tires right and change tires during the race," explained Turner. "I do motor work and body work as well — just about everything that needs to be done."

The Allen Race Team has run at the 201 Speedway, as well as Thunder Ridge, and has brought home third and fourth place finishes. "John is getting better with each race," said Turner about Allen. "He's really learning a lot about racing."

Turner, from a pit crew's view, says that the competition is keen at Thunder Ridge and has a slight advantage over the area tracks.

"There's no doubt about it, the competition is very much competitive here," he said.

Turner said that racing has (See Turner, page eleven)



KYLE TURNER IS ONE OF THE MEMBERS OF THE CREWS that work behind the scenes at the stock car races around the area. While not a driver, Turner is representative of those who are not seen but are vital to a good racing team. (photo by Ed Taylor)



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From the ground up, Hall builds his own car

by Ed Taylor
Sports Editor

Stock car drivers are always watching to see what the other drivers are doing. They take mental notes and, in the process, try to employ some tactics they have learned into victories for themselves.

Some of them are not just content with going out and

finding a car already on the tracks, but they like to take time and build their own. Whether they win or lose, the satisfaction comes when the car they built performs well.

Wheelwright's Scott Hall is one of those drivers who one day concluded that he wanted to become a race car driver and compete with the

rest of those whom he had watched for years. He discovered that getting into racing wasn't all that easy.

"Getting started is the hardest part," he confessed. "I looked around for a long time for a car that was already together. So, when I couldn't find one, I decided to put one together myself. That way I knew what had in it."

Once the initial investment is made, the upkeep is around the corner. Hall likes to save the money and does his own mechanical work.

"You have too," he said. "You have to know how to work on one yourself. You can't afford to pay someone to work on it for you. It is very costly to get someone to do all the work for you."

Hall built his own car from the ground up and he maintains the car by doing all his own engine work.

"I built the engine and I know it," he said. "Everything in the car, I built."

According to Hall, he can't be a loser.

"Win or lose, it's the greatest thing I have ever done," he said. "It keeps you out of trouble and I'd rather be here on Saturday night doing this than anything."

Hall has been racing two nights a week, venturing to the Perry County Speedway every Friday night and Thunder Ridge on Saturday evenings.

"But it's kind of hard for

me to keep it going," he admitted. "I'm the only one that has money in it. If I don't do good one night, it's hard for me to race the next."

"If you can run up front in the race you can pretty well

pay for your expenses," he said.

Hall's crew consists of friends that have volunteered to help.

"We have different ones who come out and help," he said.



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FIRST-YEAR DRIVER SCOTT HALL of Wheelwright tries to get two days a week in, racing at the Perry County Speedway as well as at Thunder Ridge. (photo by Ed Taylor)

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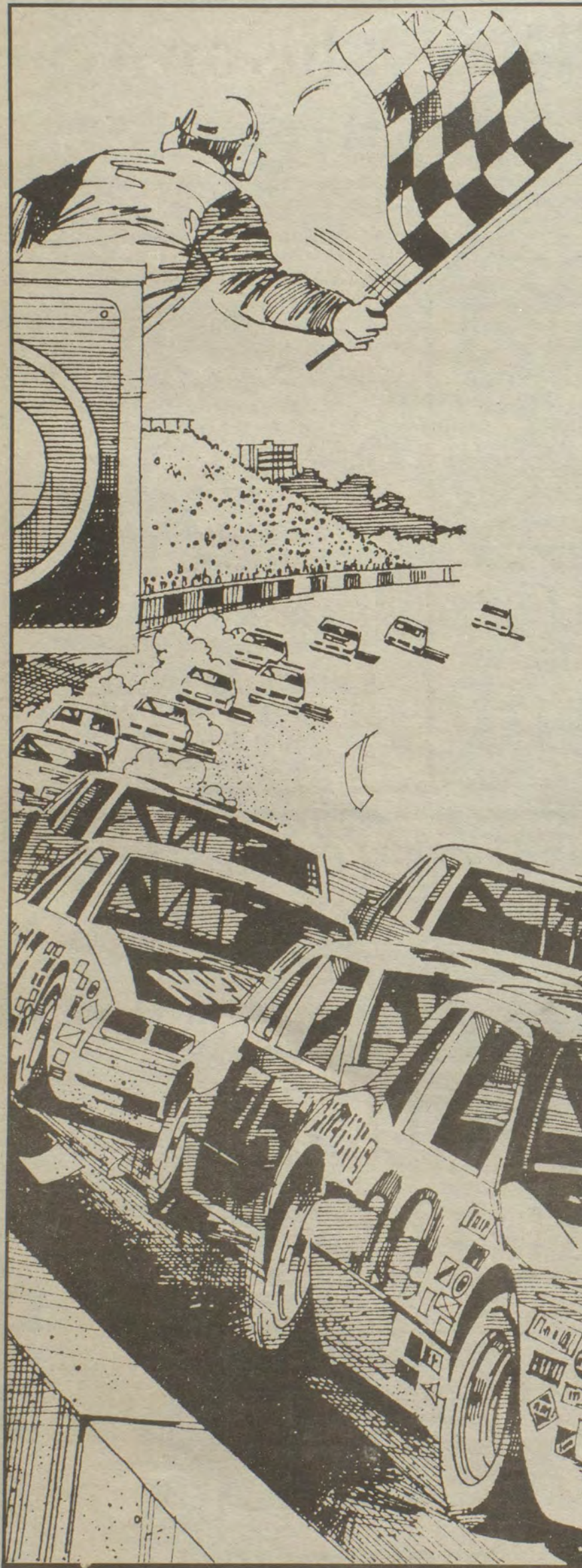
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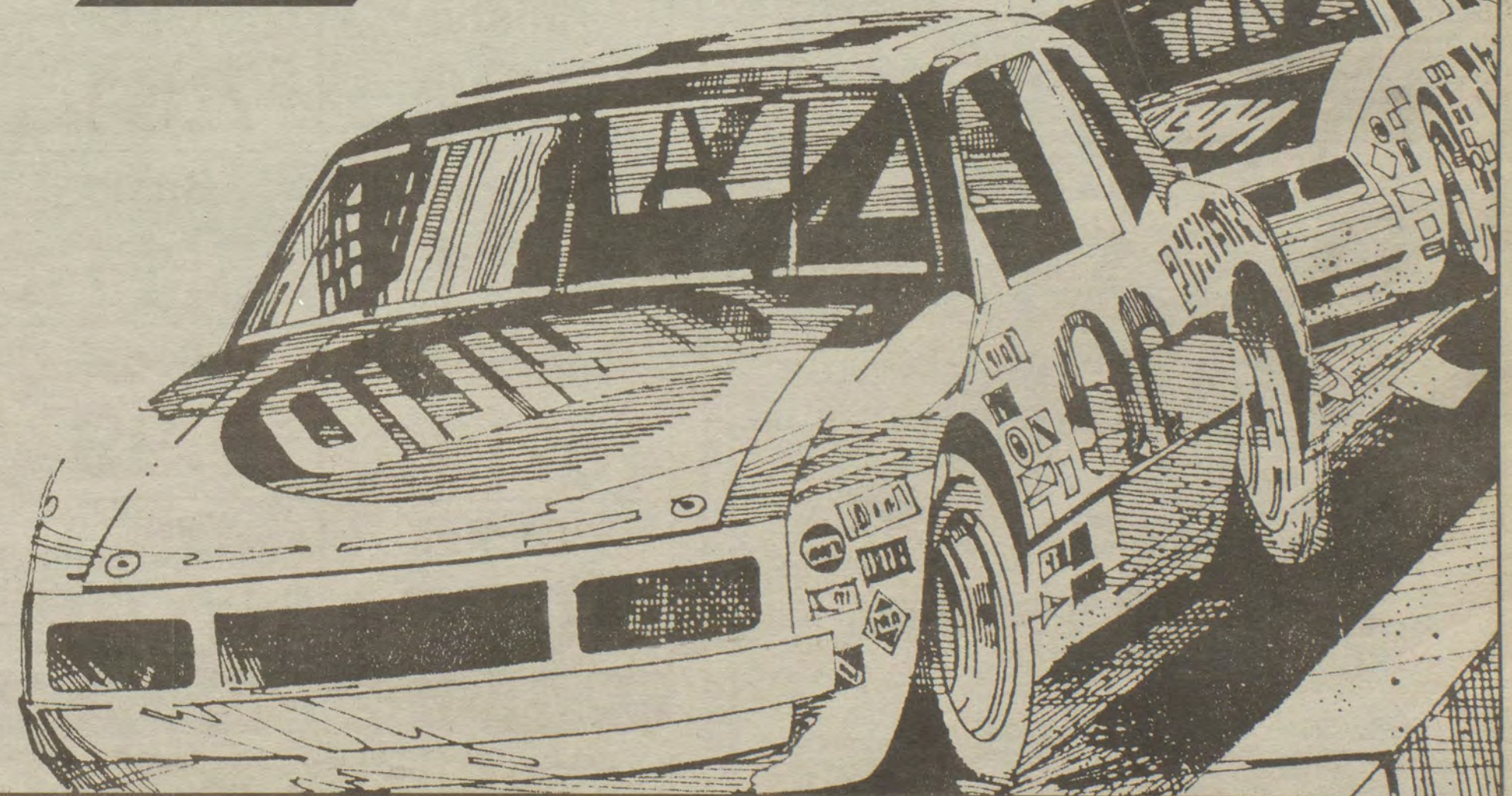
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