

CELL BLOCK 23

Editor's Note: The following poem was mailed to the Big Sandy Family Abuse Center anonymously. The individual said she was afraid to seek help because she did not feel as if the law enforcement agencies were strong enough to protect her.

As I reach into the recesses of my mind,
I try to think of better things, a better time.
I sit alone in solitary confinement in my own home.
It's just off U.S. 23, close to the road but all alone.

I often wonder why I got sent to Cell Block 23.
Was it some heinous crime or was it just me?
I was sentenced the day I got married.
I saw my husband's character, but was too blind to see.

First, my friends had to go.
Then, I wasn't allowed out, not even to a show.
My family was next to go. He just didn't want them to see
The dark secret of Cell Block 23.

Next came the real abuse, hair pulling, a slap — two or three.
I lost all hope as I sunk deeper in Cell Block 23.
In great anguish and despair I write this poem for all to see,
Because I know there's many others just like me.

Social authorities say get out of there take your children and leave.
They just don't know how hard that is to achieve.
I know I can stay with him and live in dread,
But if I should leave, I know he will see to it that I'm dead.

I cry out for help but there's none to hear or see.
There is no hope unless laws are changed for women like me.
So, I bide my time and hope one day to be free.
Maybe in the future we can get rid of the stench of Cell Block 23.

Spouse abuse (Continued from page one)

An emergency protection order is a lifeline for the abused victim. It is issued through the district judge and orders the abuser to stay away from his victim. Through the issuance, he cannot dispose of property; must pay child support; and must undergo counseling or face jail. The order is effective for one year, even if the abused spouse returns home. She must notify the courts when she makes this decision, said Sandy Brookover with the Big Sandy Family Abuse Center.

Sharon said the counseling did not help her ex-husband, who is now serving time in jail for the attempted murder of his live-in girlfriend. "He thought it was a joke," she said.

After all the abuse Sharon had taken, her husband had one more trick up his sleeve. He convinced his children to swear out warrants against their mother, claiming that she had mistreated them and urged them to kill him. So, Sharon went to jail.

But again, the Big Sandy Family Abuse Center reached out a helping hand to Sharon by putting up the bond money for her release. When her children realized what had happened they dropped the warrant against their mother.

Times have been tough with her children, Sharon said. Abuse is a learned behavior, Brookover explained. Sharon said her children were beginning to develop the same behavior.

"I was brought up with the understanding that you stayed in a marriage for your children, no matter what," said Sharon. "If you stay, you're killing them."

Sharon and her children are learning to trust again thanks to the support she received at the center. She is a grandmother now, and is continuing her education with the help of Jean Rosenberg, with the single parent and homemaker program.

She advises others who are in a similar situation to "get out" of the abusive home. "You can get killed if you stay and you can get killed if you leave. At least by leaving, you have a 50/50 chance of living." Sharon is living again and is happy with her life now. She is worried, though, about the day her ex-husband will be pa-

roled.

Sharon does have an option. She may choose to go underground and assume another identity with the assistance of the abuse center, or seek protection through the court system and in the center.

Sharon's case is not an isolated incident. The Big Sandy Abuse Center has the third largest clientele in Kentucky. Family violence occurs in one out of every three marriages, and date abuse is also on the increase.

What goes on behind closed doors is not a private matter when innocent victims are being hurt and held hostage, said Brookover. "Love doesn't have to hurt," she said.

There are ways to handle anger other than striking out or verbally assaulting someone, said Brookover. "Walk away, cool off by running, walking or lifting weights. Don't attack the person, attack the problem," she suggested.

"There is a safe haven for a wounded soul," she said.

For more information about the Big Sandy Family Abuse Center, its safe house, or its underground protection network, call 886-6025 or 432-HELP. Phone lines are open 24 hours a day.



Emergency preview
Larry Adams with the Prestonsburg Fire Department lectures student about emergency procedures to take in case of a disaster.

OLW celebrates World Health Day

On Friday, April 12, Our Lady of the Way, the Floyd County Health Department, and the Community Health Advocates hosted this year's tribute to World Health Day.

The focus for this year's festivities was "Should Disaster Strike, Be Prepared." The Health Day was held at the Mountain Christian Academy Gymnasium.

Approximately 240 people took part in World Health Day. Participants included students from area schools, senior citizen groups, and

local individuals. Participants received a free sports bottle, tee-shirt, or coupon for Hardee's or Druther's.

Representatives from the Red Cross, the Floyd County Sheriff's Department, Left Beaver Rescue Squad, US Corp of Engineers, Our Lady of the Way Emergency Services, Prestonsburg Fire Department, U.S. Forestry, Big Sandy Family Abuse Center, and KY State Police, MSHA Mine Safety, FCHD Services, Community Health Advocates, and Mountain Comp Care Rape Crisis gave presentations to all partici-

pants and gave out free informationals that could be taken home.

The day was both educational and entertaining for all participants. The World Health Day hosts thank all emergency agency representatives and volunteers who helped to make the day a success. The hosts also thank the First Guaranty National Bank, the First Commonwealth Bank, and the Bank Josephine for supporting the festivities, as well as, Zepplin's Pizzeria and Pizza Hut for providing pizza for the agency representatives.

Refresher course offered for registered nurses

A refresher course for Registered Nurses who have not been practicing for a period of and time and would like to reenter the work force has been developed to address the current nursing shortage.

A report from the U.S. Department of Health and Human Services Secretary's Commission on Nursing reports a shortage of RNs—of significant magnitude—cuts across all health care delivery settings. Considerable evidence suggests the demand for RNs will continue to increase, but there will not be a commensurate expansion of supply. The total number of full-time equivalent registered nurses needed to fill the current reported vacancies in the hospital and nursing home sectors alone is over 137,000.

Because the technical aspects of nursing have changed dramatically during the last ten years, the Area Health Education Centers of Ken-

tucky (AHEC) in cooperation with the Kentucky Nursing Continuing Education Network (KNCCEN) have developed a Registered Nurse Refresher Course to address this current shortage of nursing.

The course includes a twelve week self-study didactic and 80 hours of clinical experience under the guidance and supervision of a registered nurse preceptor, for a total of 150 hours of continuing education. The 80 hours of clinical experience may be obtained at the Highlands Regional Medical Center who has become a voluntary site for the Registered Nurse Refresher Course.

Vintage
interior designers inc.

FOR THE BRIDE

We carry an extensive line of dinnerware, home accessories, and gifts (for registering). This gives our bride an opportunity to select a variety of gifts for the couple's new home.

GIFT GALLERY

The Gift Gallery at Vintage carries a variety of gifts for all occasions

- Party paper products.
- Baby Gifts.
- Candles.
- Baskets.
- Serving pieces.
- Men's gifts.
- Crystal.
- Travel sets.

tenth and Jefferson Paintsville, Ky.
Phone (606) 789-1589
Monday-Friday 9:00 - 5:00
Saturday 10:00 - 2:00

JENNY WILEY VIDEO
(up from the Adams Middle School)

OVER 3,000 MOVIES AVAILABLE FOR ONLY \$1.00 PER NIGHT EVERY NIGHT!

LOTS OF NEW RELEASES:
• White Palace • Child's Play II

New "Super Hot" Bulbs In Our Tanning Bed
CALL NOW FOR APPOINTMENT 886-1032

MEADE'S TREEHOUSE & LANDSCAPE COMPANY
20 YRS LANDSCAPE EXPER

LIVE TREES • GARDEN CENTER • LANDSCAPING
RESIDENTIAL & COMMERCIAL
HTH POOL SUPPLIES •
E. KY REPRESENTATIVE FOR
APPALATION LOG HOMES

GUY MEADE GRAD HORTICULTURALIST
RT 40 E PAINTSVILLE

789-3333

CENTRAL KENTUCKY BLOOD CENTER

Maid for A Day
The Ad that ran in the Home Improvement Tab was incorrect. The service is still the same, the number is all thats changed.
874-9489
Sorry for Any Inconveniences!

A Maid For A Day

The service is still the same the # is all that's changed.
874-9489

...With a woman's touch!

- RESIDENTIAL • COMMERICAL
- Daily-Weekly-Monthly
- Or Occasionally

Call us for your total cleaning needs

Fully Bonded
 Fully Insured

CALL FOR FREE ESTIMATE
PH. 874-9489

KENTUCKY OPRY

1st PUBLIC CONCERT

Prestonsburg High School Fieldhouse
Saturday, May 18, 1991
Doors Open 6:00 p.m.

Also Members of the Legendary
GOOSE CREEK SYMPHONY
and
GUM BRANCH HEARTBREAKERS

Advanced Tickets - Reserved \$10.00 General \$7.00
At the Door - Reserved \$12.00 General \$8.00

Available at K.C. Music - Pikeville 437-4155
and Prestonsburg Tourism Office 886-1341
High School Students Have General Admission Tickets for Sale

Mumblings heard:

Progress reported on revamping Kentucky classrooms

Legislators heard reports on plans for education accountability and curriculum and deflected a potential battle between vocational educators and their overseers during recent committee meetings.

Members of the Interim Committee on Education apparently had an inkling that their April 4 meeting would garner more than normal attention. Several said they had heard complaints from vocational educators over alleged inequities in salaries, leave time and training requirements.

With classes out for spring break and scheduled reports to the legislative committee by their bosses in the new Cabinet for Workforce Development, close to 100 vocational teachers, identified by badges, crowded into the meeting room and hallway.

They mumbled loudly on several occasions as progress reports were delivered by Cabinet Secretary Sandra Gubser and Adult and Technical Education Commissioner Gary Werenksjold. When they applauded a sympathetic comment by Sen. Walter Baker, Committee Co-Chair Sen. Ed Ford threatened to clear the floor.

"This is a discovery," Ford told the crowd. "We're not solving any problems today." He later advised leaders of subcommittees to take up the issues of the vocational disparities.

Sen. David Karem, referring to materials prepared by both the Cabinet and the Kentucky Education Association, asked for clearer explanations of both sides of the vocational education debate.

She commended the legislators for funding the Cabinet, but added that the allocations was "a drop in the bucket" when compared with the needs of a state where more than half the adults in 64 counties do not have high school diplomas.

Gubser also said that better funding would solve many of the inequities addressed by the vocational teachers.

"It looks like we've created an animal and now have to feed it," quipped Ford.

While saying he supported the cabinet, Sen. Tim Shaughnessy warned Gubser: "It doesn't sit well to say that money is the solution."

"A lot of (the problem) can be cured with something less than money—common sense," said Baker. He suggested looking at ways to revise the system of pay for vocational educators.

Sen. Nick Kafoglis urged Gubser to encourage members of the Board of Adult and Technical Education to "dialogue with the teachers. The problem needs to be resolved, so everybody is working toward the same objectives."

Rep. Clayton Little spoke on the need for more adult education opportunities in rural Kentucky. He cited the nearest facility to his Pike County

constituents, Mayo State Vocational-Technical School in Paintsville, where, he said, 700 students are enrolled and 1400 remain on a waiting list.

"(The workers) who pay taxes pay for the system that fails them," Little said.

Earlier in the day, some of the legislators, members of the Subcommittee on Curriculum, heard a progress report on the plan to revamp Kentucky's classrooms.

Dr. Roger Pankratz, executive director of the Council on School Performance Standards, shared a two-inch-thick draft of how students will learn and be assessed under the 1990 Education Reform Act.

"Framing these goals is the most awesome task I've ever had as a professional," said Pankratz. The proposal, he said, is "outcomes based. It will raise (students') level of achievement."

The proposal outlines tasks in 68 different areas, such as writing, reading and history, that students will be expected to master. The progression, Pankratz said, will require students to combine knowledge, skills and judgment.

A few Kentucky schools are already using this approach, the educator said, "but we're going to make it available for the masses."

Pankratz told the subcommittee that the draft will receive statewide hearings in May and again in the fall after public suggestions are incorporated. It must be in place by next year.

Rep. Louie Mack cautioned about giving the new curriculum time to work. "We're talking 10 to 15 years. I hope the public doesn't expect (students) to walk on water."

On April 3, the Subcommittee on Education Accountability got a "health report" on the reform effort. Penny Sanders, head of the new Office of Education Accountability, said her operation is monitoring superintendent hirings in school districts and expects to complete a report on school nepotism by June.

School reform is "on target," Sanders said. However, she expressed concern over how the state's new program for at-risk-four-year-olds

will affect private programs and over assuring that parents are adequately involved in school-based management councils.

Sanders said she is also concerned that the Education Reform Act will be tampered with in the next General Assembly. "This is going to be a critical time for folks to say 'this is what we can undo in '92,'" she said. "It's important to continue to send a clear commitment to reform."

REPO! REPO! REPO!

1989 MODEL Pay Only \$695.00 Down

Call Larry Keene or Ralph Taylor (606) 432-0026 Call Pat Keene (606) 437-9747



Fresh paint

"Fresh Paint," an exhibit by Professor Whitaker's painting class opens with a reception Tuesday, April 23, from 6-8 p.m. Free color and spontaneity dominate the exhibition. As one of the artists said, "I have never felt so free as when I paint."

Floyd County History



Edith Fitzpatrick James

Mrs. Edith Fitzpatrick James, founder of the Kentucky Highlands Folk Festival was a Prestonsburg native who left the hills to study music and pursue a career as a singer. She began her formal musical training at Roanoke Institute and continued her studies at the Peabody Conservatory and the Cincinnati Conservatory.

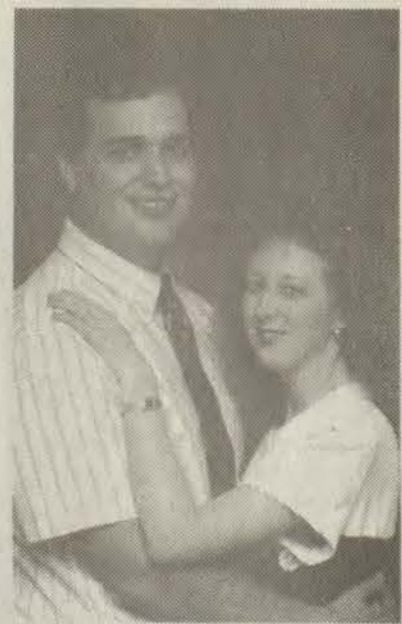
and her sister, Mrs. Winnie Fitzpatrick Johns founded the Kentucky Mountain Crafts and Folksong Center, Inc. Mrs. Johns concentrated on training programs and marketing for crafts while Mrs. James began collecting folksongs.

Mrs. James directed several groups which performed at the National Folk Festival, and was honored with that festival's Burl Ives Award. Sarah Gertrude Knott worked with Mrs. James on what they conceived as a regional festival, and so the Kentucky Highlands Folk Festival was born.

Soon, the Kentucky Highlands Folk Festival will celebrate its twenty-fifth anniversary. It is unique among other fall festivals which abound in the southeast as it adheres to the original intentions of Edith Fitzpatrick James—to celebrate and perpetuate the beauty of our mountain cultural heritage.

The above is a tribute that will be in the Floyd County History Book. For information on placing a memorial or tribute in the Floyd County History Book call 886-8228. Order your copy of the Floyd County History Book, P.O. Box 174, Prestonsburg, Ky.

Rowland, Weddington to wed



Rowland, Weddington

Mr. and Mrs. Arnold Rowland of Volga announce the engagement of their daughter, Staci Ann, to Joe D.

Weddington, Jr., son of Mr. and Mrs. Joe D. Weddington of Prestonsburg.

Miss Rowland is a graduate of Johnson Central High School and Morehead State University. She is employed by the Johnson County Board of Education.

Mr. Weddington is a graduate of Prestonsburg High School and Central Texas University. He is employed by the United States Army.

The wedding will be at 6:30 p.m., April 27 at First Freewill Baptist Church in Paintsville with the reception following at the Highland House in Paintsville.

Advertisement for Central Kentucky Blood Center featuring a map and the slogan 'GIVE BLOOD!'

Let's Rediscover True American Values

BANK CHRYSLER - PLYMOUTH - DODGE logo and address: U.S. 23 & 460 BY-PASS - PAINTSVILLE, KY.

Call Us: 886-3673 or 789-6676

NOW DURING THIS SALE WE INVITE EVERYONE TO SHARE IN THE TREMENDOUS SAVINGS!

Advertisement for Dodge Caravan and Plymouth Voyager with pocket rebates up to \$1,500.00.

Advertisement for New '91 Sundance or Shadow with cash back and other incentives.

Advertisement for Dodge Dakota with \$1,000 cash back.

RECEIVE UP TO \$2,000.00 ON FULL-SIZE PICKUPS OR \$2,000.00 CASH BACK ON LOADED RAMCHARGERS.

Alternative Low Interest Rates Available from 4.9% to 9.9% APR. THESE VEHICLES QUALIFY FOR OUR EXCLUSIVE 7-YEAR OR 70,000-MILE POWER TRAIN WARRANTY.

Large advertisement for 'The Finishing Touch' framing service, featuring contact info: Phone 789-7562, 237 Main Street, Paintsville, Ky.

Literary club takes field trip

by Patty Meade
Betsy Layne High School
 Recently the Betsy Layne High School Literary Club, sponsored by Mrs. Bonnie Hall, visited the Paramount Arts Center in Ashland.

The five short stories that the students saw dramatized were "The Fall of the House of Usher", "The Mouse", "Occurrence at Owl Creek Bridge", "The Most Dangerous Game," and "The Ransom of Redchief." The plays gave the students a first hand experi-

ence with live drama and an appreciative understanding of creative writing. The staging of the short stories, which were holograms, dramatic lighting and prop symbolism, gave the students a new insight into play production.

The Literary Club is a school writer's club that holds writing contests and publishes an annual school magazine entitled Voices. The officers of this club are Patty Meade, president; Chris Stevens, vice-president; and Anita Kidd, treasurer.



Joins CPA firm

The most recent addition to the staff of Jones, Pack & Associates, CPA's is Debra Sione. Miss Sione is a 1984 graduate of Alice Lloyd College. She received her CPA certification in March 1987, and is a member of the Kentucky Society of CPA's, the American Institute of CPA's and the Americans Womens Institute of CPA's. She has been working in the field of Public Accounting since graduation in 1984.

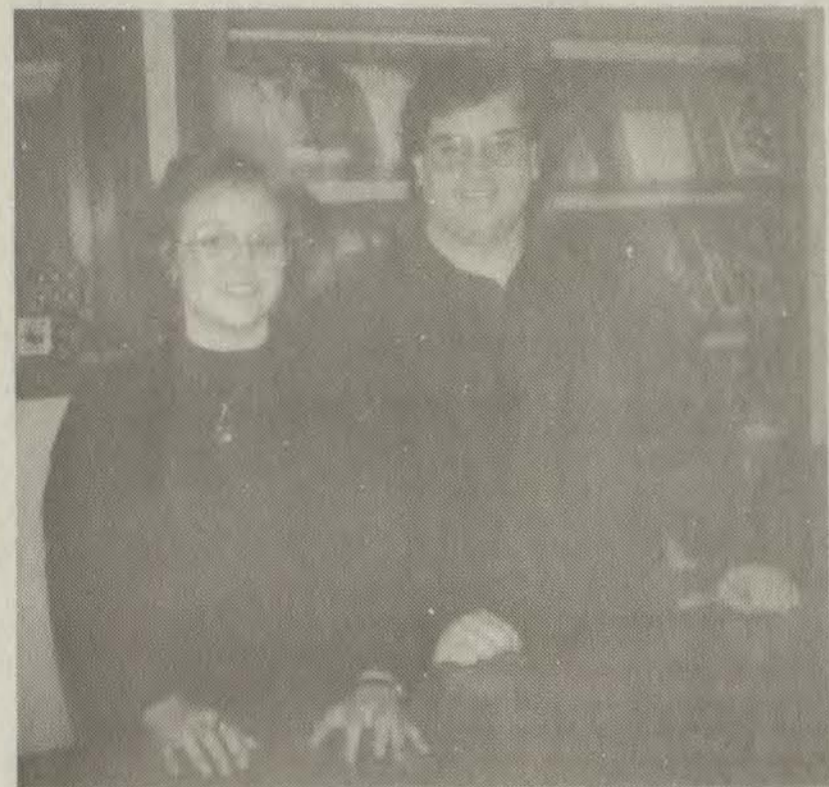
Johnson is Air Force graduate

Airman Joel A. Johnson has graduated from Air Force basic training at Lackland Air Force Base, Texas.

During the six weeks of training the airman studied Air Force mission, organization and customs and received special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Johnson is the son of Mr. and Mrs. Steven R. Johnson of Garrett. He is a 1990 graduate of Meade High School, Brandenburg.



Literary officers

Betsy Layne High School's Literary Club president and vice-president are Patty Meade and Chris Stevens.

Unique program at UK offers job opportunities to state's students

Many students across Kentucky will find it easier to get a job in their home counties under a unique program announced recently at the University of Kentucky.

The University's financial aid office and the Cooperative Extension Service in the College of Agriculture are working together to provide job opportunities in extension and 4-H offices located in all 120 counties. The jobs will be open to students in the UK Work/Study Program, which gives students, whose families meet the income requirements to qualify for financial aid, the opportunity to earn part of their educational expenses.

Bob Halsey, interim director of the UK student financial aid office, said he thinks the approach is unique in the nation. "A number of students

will be able to work in their home counties, where full-time summer jobs may not be attained easily," Halsey said.

The jobs also will be open during the school year. "We expect many students in the community colleges to be interested in working part-time while attending school," Halsey said.

The 1,600 UK and community college students who participate in the work/study program earn a total of about \$1.2 million each year.

The federal government pays 70 percent of the students' salaries, but requires a local match of 30 percent.

In the past, most of the jobs, which often relate to a student's academic major, have been offered on UK's Lexington or community college campuses. Halsey also has been able to place some students in other public or private non-profit institutions.



Coal speaker

Donna Collins' third grade class at Prestonsburg Elementary had as guest speakers about the coal industry—Babe Isaac speaking on deep mining, Marilyn Halbert speaking on strip mining, and Paul Stanley speaking on mine safety. The third grade class became very well informed and would like to thank all speakers.



ALC pageant

Christina Allen, daughter of Ted and Fayla Allen, of David was a contestant in the Miss Alice Lloyd pageant held recently. Winning the title in the "Miss ALC" Pageant was Deanna Maynard of Martin County. The pageant was produced and directed by Christine Stumbo, Dean of Women, at Alice Lloyd College. Lana Hall assisted. Levi Alley and Debra Justice were Masters of Ceremonies. Other contributors of the pageant were Richard Kennedy, Dion's of Holly Hills and members of the Student Activities Board.

Courthouse Notes

DISTRICT COURT (April 3, 1991)

Eldon Hall of Martin, theft by deception, pay court costs \$57.50, 10 days probation, and restitution; Eldon Hall of Martin, theft by deception (8 counts), pay court costs of \$57.50, 10 days probation and restitution;

Rosie Hansford of Hi Hat, forgery, fined \$157.50, 30 days in jail and restitution; Cindy Spurlock of Martin, theft by deception, fined \$157.50, 30 days in jail and restitution of \$159.90; Hattie N. Thompson of Prestonsburg, theft by deception, restitution to Sundry Store;

Philip Goble of Cow Creek, criminal littering, fined \$157.50 and 30 days in jail; Janis Prater of David, theft by deception, fined \$157.50 and 30 days in jail;

Debbie Lynn Allen of Dwayne, theft by deception, fined \$157.50, 30 days in jail and restitution of \$115.30; Debbie L. Allen, theft by deception, fined \$157.50, 30 days in jail and restitution of \$80.80; Cindy Spurlock of Printer, theft by deception, fined \$157.50 and five days in jail;

Eldon Hall of Martin, theft by deception, fined \$57.50, 10 days probation, and restitution; Cindy Spurlock of Printer, theft by deception, fined \$157.50 and 30 days in jail; Pansy C. Howard of Salyersville,

theft by unlawful taking, fined \$57.50 and 30 days probation.

MARRIAGES

Janet A. Stewart, 24, of Virgie, and Gregory Akers, 33, of Jenkins; Eva Nolan, 63, of Hippo, and Roman Shepherd, 72, of Blue River; Pamela Sexton, 22, of Martin, and Christopher Hamilton, 19, of Martin; Beverly Ann Filichia, 30, of Columbus, Ohio, and Larry Eugene Cross Jr., 20, of Columbus, Ohio; Mary Ann Marrill, 37, of Garrett, and Angela Hicks, 27, of Garrett; Andrea

Sue Spriggs, 32, of Prestonsburg, and David Mark Andrews, 34, of Buchanan, W. Va.

WEDDINGTON THEATRE

Downtown Pikeville Phone: 437-4489

All Seats-All Shows \$2.00

Movie Special-\$1.00

"Kindergarten Cop"

PG

SHOWTIMES: Monday thru Saturday-7:00 & 9:15

Sunday-2, 4, 7, & 9:15

Specials for Secretary's Week

April 22 thru 27

FTD Special... Balloons... Jelly Beans in a Champagne Bottle... Roses... Silk and Fresh Cut Arrangements... Special Thank-You Gifts for that special secretary... see our selection...

10% Discount if the Boss orders.

Jenny Wiley Florist

74 North Lake Drive

886-2793

BUFFALO RUN

Located Near German Bridge Area • 874-8119

We Have The Largest Selection of Firearms in Eastern Ky. at the Lowest Prices.

10% OFF All Guns This Weekend Only!

Smith-Wesson Model 64 .38 Special\$185.00
 Lorcin .25 Automatic\$ 49.95
 Ruger P/85 9m Stainless\$349.95
 T275 41 AE
 with hard case & cleaning kit\$300.00
 Now Stocking 62 & 68 Calliber Paint Balls

Now Stocking Minnows, Fishing Licenses, and other Live Bait, Fishing Supplies (Rods, Reels, etc.)

OPEN: 7 a.m. Mon.-Sat., 8 a.m. Sunday

LOOKING FOR WARRANTY SERVICE

For Your Jeep, Eagle, Pontiac, Olds, Chrysler, Plymouth or Dodge?



At Ron Perry's Century Auto Mall in Louisa, you'll find award winning factory trained service professionals authorized to perform warranty work on Chevrolet, Oldsmobile, Pontiac, Geo, GMS, Jeep, Eagle, Chrysler, Plymouth, Dodge and Dodge Trucks.

Nobody treats you right on a deal like ...

Ron Perry's

CENTURY

AUTO MALL

U.S. 23 Old By-Pass, Louisa • 606-638-4557 or 1-800-446-4558

Festival of Faces

Prestonsburg, Ky.

REGISTER NOW FOR

- Arts & Crafts
- Food Booths
- Parade Entries
- Floyd County Museum

Sponsored by Prestonsburg Tourism Committee

Sports

By Ed Taylor, Sports Editor

The Floyd County Times

Friday, April 19, 1991 A 9

Bobcats Sweep McDowell In Two, 15-9 and 9-5



A Look At Sports
by Ed Taylor
Sports Editor

HALBERT NOMINATED TO HALL!

I was informed Thursday that Martin Purple Flash coach Denzil "Hoss" Halbert has been nominated to the Kentucky Hall of Fame by Gordon Moore. The nomination came back in February of this year and was submitted to Earl Cox and the selection committee. Halbert, if selected, could be in the Class of '92.

Hoss was a great coach, turning out some of the county's best teams at Martin. He is a household name among basketball and non-basketball fans in Floyd County and the state of Kentucky.

I certainly hope the selection committee votes this much deserving coach in the Hall. The Martin Gym has already been named after him. But if he is selected, we will have to name something else after him. A bridge. City Hall. No boulevards running through Martin. Maybe new KY 80. "Hoss Halbert Parkway. Something!

OLD PARK, NEW PARK

In talking with Coach Halbert the other day, he was telling all the good things that are happening in the Martin area. At "Floodway Park" (that's the name of the ballfield at Martin because it floods so much) new back stops are being erected as renovation work goes on at the park. The Little League and Pee Wee League dugouts are receiving new coats of paint in anticipation of the upcoming season. Future plans are to blacktop the parking lot at the park that now includes a lighted walking track that is being enjoyed by many. The city of Martin provides a maintenance man to care for the park and to keep the grass mowed. The Martin City Hall donates \$500 to the Pee Wee League and gives \$200 to all the other Babe Ruth and Little League teams in the Martin area.

The new MACRO Park that will be going in at the housing project above Martin will feature a new baseball field (see there's another one) for high school and Babe Ruth play. The seven acre park will also include tennis courts, volleyball courts and picnic tables complete with barbecue grills.

Halbert stated that a group of Martin citizens are working hard to raise the \$20,000 dollars that is needed for the governor's office to match.

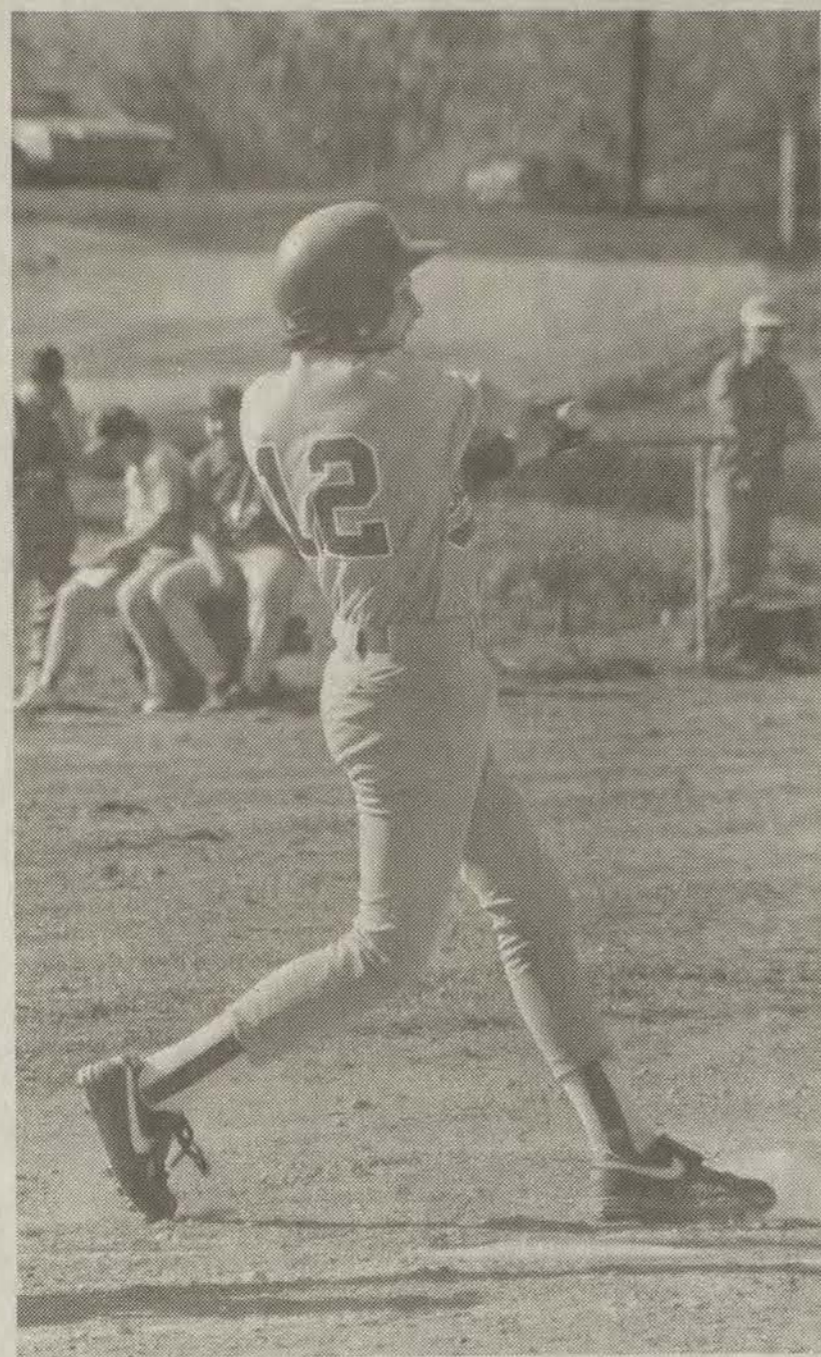
I am extremely proud of the people in and around Floyd County that are very much interested, lately, in seeing some things getting done here. We have lagged behind long enough and it is time we start getting the facilities we need for our youth.

I see a whole new direction being taken by the good people of Floyd County. While you will never enlist the services of all people, it is good to see and be able to salute those who are concerned. I am glad that I personally know some of these people. I know how hard they are working and to those folks I say thanks. Not everyone will pat you on the back and tell you what a good job you are doing. But I know those kids out there will appreciate it.

RAINS AFFECT DRIFT PARK

I have gotten several inquiries about the progress of the Drift ballpark. I understand the rains have held up work on the facilities. No one comments about a piece of ground that lies unused until someone takes a bulldozer and backhoe on it and starts moving some dirt. Everyone who travels the road to McDowell notices the work going on there by county officials to build a baseball field. Positive comments are heard from people that travel the road and some are wondering if the field will be ready for high school baseball. We'll just have to wait and see.

Until Wednesday, Good Sports Everyone!



Collects 4 RBIs!

Chris Potter of Betsy Layne had a good game for the Bobcats against the McDowell Daredevils Wednesday afternoon at the Allen Park. Potter had a base hit but drove in four runs in his team's 15-9 first game win over McDowell. (Photo by Ed Taylor)

Astros Hold Off Cubs in 7-6 Win

Jason Keathley had two hits and Seth Crisp picked up the win as the Allen Astros Minor League team slipped past the Mud Creek Cubs in the opening of the Harold-Allen-Prater Little League Tuesday night at the Allen Park.

Allen built a 5-0 lead in the first two innings, scoring four times in the first frame and plating one run in the second. Keathley and Seth Crisp each had first inning triples for Allen in scoring their four runs.

The Cubs cut the lead to 5-2 with two runs in their half of the third frame. Jake Hamilton had a RBI double in the third for the Cubs.

Allen made it 7-2 with a pair of runs in the bottom of the third.

A single run by the Cubs in the

fourth and a rally in the fifth, when they scored three times, made it 7-6.

Seth Crisp, in picking up the win, struck out eight batters and walked 10. Nathan Leslie came in and got the save for Allen. Kenneth Johnson fanned nine Astros batters and issued no walks.

Chris Newsome, Tojo Hamilton, Jake Hamilton, Marlin Hamilton had base hits for the Cubs.

Astros are 1-0 and the Cubs fall to 0-1.

At Allen Park	
CUBS	0 0 2 1 3 — 6
ASTROS	4 1 2 0 X — 7

3B - Jason Keathley, Seth Crisp
2B - Jake Hamilton WP - Seth Crisp
LP - Kenneth Johnson S - Nathan Leslie

The Betsy Layne Bobcats ran their record to 10-3 on the season as they swept Greg Johnson's McDowell Daredevils in a doubleheader at the Allen Park Wednesday night, 15-9 and 9-5.

Betsy Layne scored 10 runs in the second inning to take a 10-0 lead and then had to hold off a good McDowell team to win the first game 15-9.

It was not a pretty game for the Daredevil's defense as they committed 11 errors behind the pitching of Toby Vance in the first game. Five miscues came in the second inning, opening the gates for the Bobcats. In the first inning, the Daredevils looked great on the field on two fantastic plays. Shawn Ousley went to his right and made a great backhand stop at first base on a ball hit by Keith Hall. Two batters later, Bud Kidd went deep in the hole at shortstop on a diving stop, righted himself and threw out Adam Gearheart on a play that was major league all the way.

Three straight ground balls were misplayed at third base that could have been three outs. Darren Gearheart slapped a grounder to third baseman Britt Stumbo leading off the second inning and the ball went under Stumbo's glove into left field. Chris Newsome followed Gearheart to the plate and grounded to third where the ball was misplayed for an error. Coach Greg Johnson elected to bring his

right fielder in to play third base, looking for someone to play the position. Barry Clark then hit a scorcher to third and the ball was mishandled for the third consecutive error. Gearheart scored on the third error. After Todd Akers struck out, Derrick Newsome laced a solid base hit to right center to drive in Newsome. Barry Collins promptly hit the first pitch from Vance into right center to bring in Clark.

Lead off batter Keith Hall hit a grounder to second and first baseman Shannon Price dropped the throw for the fourth error of the inning. Chris Potter singled to left to bring in two runs and Adam Gearheart kept the "hit parade" going with a base hit to left field. Darren Gearheart, batting for the second time in the frame, walked on four pitchers and Newsome lined a pitched to left field to bring in a run and load the bases. Clark flied deep to center scoring Adam Gearheart and a two run single by Akers made it 10-0.

McDowell pushed across a run in the third inning on an RBI single by Shawn Ousley and Betsy Layne came back with two more in the bottom of the inning. Trailing 13-1 going into the bottom of the fifth, McDowell finally found the timing and scored eight times to cut the lead to 13-9.

Earl Cook walked and Matt Rose singled off Newsome, scoring Cook

who had stolen second base. After Cain Caudill walked, Rose scored while the Bobcats were throwing the ball away. The Bobcat defense seemed to be rattled in the field. Caudill crossed home plate on a base-hit by Shawn Ousley. Greg Kidd reached on an error at second base and promptly stole second and third and then the daring runner stole home. Still, with no one out, Toby Vance reached on an error at third base. Shannon Price went out on a fly ball and Britt Stumbo fanned. Shawn Newsome singled and both runners scored when Cook, who was hitting for the second time in the inning, tripled to left center.

Chris Newsome got the win for Betsy Layne while Vance suffered the loss. Newsome needed some relief help from Todd Akers and Keith Hall came on in the bottom of the fifth inning to strike out Cain Caudill to end the game.

Akers gets credit for the save. Newsome fanned no one in the four innings he worked. Newsome issued three walks. Akers struck out one and walked two. Chris Potter had four RBIs in the game for Betsy Layne.

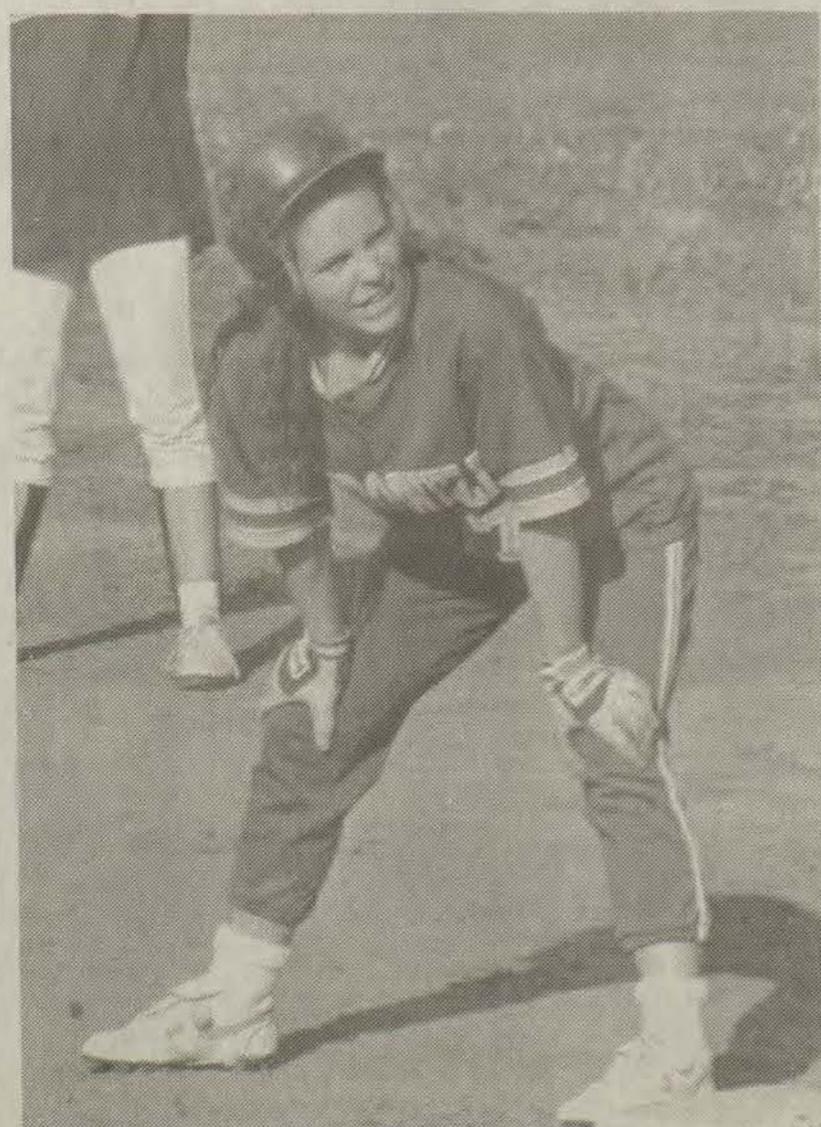
In the evening's second game, Betsy Layne had a big first inning, scoring six times en route to a 9-5 nightcap victory over the Daredevils. Betsy Layne managed only two hits

(See Bobcats, A 10)



Safe At First!

Bud Kidd of McDowell scampers back safely to first base after a pick off attempt by Chris Newsome of Betsy Layne. Todd Akers attempted the tag. Betsy Layne won big over the Daredevils in a doubleheader sweep, 15-9 and 9-5. (Photo by Ed Taylor)



"Look I made it!"

Karrie Newsome of McDowell stood on first base after getting a base hit against the Millard Lady Mustangs in high school girl's softball at the Minnie Park Monday afternoon. The Lady Daredevils rolled to a 10-0 win over Millard. (Photo by Ed Taylor)

Lady Daredevils Shut Out Millard 10-0 As Bryant Homers

Lisa Hobson scattered seven Millard hits enroute to a 10-0 whitewashing of the Lady Mustangs in high school girl's softball Tuesday afternoon at the Minnie Park.

Hobson yielded two hits in each of the fourth and fifth inning but escaped being scored on by Millard.

McDowell scored six times in the sixth inning to add to their 4-0 lead and put the game in the win column. Debbie Fannin got the McDowell rally underway when her fly ball to short center was dropped. Fannin advanced to second on the error. Lori Bryant drilled a base hit to right center scoring Fannin. Karrie Newsome lofted a fly ball to left field and again the ball was dropped for a two-base error with Bryant going to third. Bryant scored on Lisa Henry's sacrifice fly to centerfield.

Jenny Slone grounded to first base with Newsome crossing home plate. Lisa Brown doubled to center and Nikki Mullins reached on an error at shortstop. Hobson helped her own cause with a solid base hit scoring Brown. With runners on second and third, Beth Jones collected her first hit of the contest and drove in two runs scoring Mullins and Hobson.

McDowell took a 1-0 lead on a first inning home run by Bryant with two out. The Lady Daredevils pushed across three more runs in their half of

the fourth. McDowell loaded the bases when Fannin reached on an error on the pitcher. Bryant followed with her second hit of the game and Newsome singled, loading the bases with no one out. Henry popped out to short and Slone's fielder's choice scored Bryant. Newsome scored on an overthrow from the outfield. Slone

crossed home plate on a ground out by Brown.

Millard threatened to score in each of the first two innings but failed to produce a run. In the Millard fourth, the Lady Mustangs got back-to-back base hits from Crystal Little and

(See McDowell, A 12)

Castle fans 12...

Ortega, Nelson, Sammons Lead Astros Past Cubs, 5-1

The Allen Astros collected eight hits and Brandon Castle went the distance as the Astros posted a 5-1 win over the Mud Creek Cubs in Little League action Tuesday night. The two teams officially opened the 1991 season of the Harold-Allen-Prater Little League. Castle had things going his way as he scattered three Cub hits while giving up but only two walks. Lance Jones reached Castle for a home run over the left field fence in the fourth inning, ruining Castle's bid for a shutout.

The Astros dented the plate in the first inning in scoring one time to take a 1-0 lead. They made it 3-0 with

on top 5-0 in the fourth when two runners crossed the plate. In the bottom of the fourth inning, Jones tagged Castle for the long home run.

John Ortega had two hits in three at bats driving in one run. Wes Samons was perfect in two at bats with two hits. Samons drove in one run. Sam Nelson was the leading RBI man for Allen with two as he collected one hit.

Jones took the loss for the Cubs. The hard throwing right hander struck out nine Astro batters and issued four walks.

Allen played errorless baseball and



Enjoying Early Success!

The J & K softball team has gotten off to a successful start with a 13-1 record.. The J & K team has won several tournaments, including the Early Bird tournament at Pigeon Forge, Tenn. Kenny Belcher was named the Most Valuable Player in the tourney. Belcher was also the tournament's MVP in a tournament held at the Mary Todd field in Lexington where the J & K team claimed the championship. A third tournament was not to be denied the squad as they captured the Archer Park tournament held on April 12-13. Kenny Belcher won the home run trophy. Pictured are: front row, Keith Hammonds, Randy Kidd, Bobby Bowersock, Matthew Whitt, Donnie Williams, Chris Smith, John Goble. Backrow: Kenny Belcher, Bud Newsome, Junior Gambill, Lawrence Smith, Dave Conley, Kenny Whitt, Jamie Adkins, B. J. Newsome.

Prestonsburg, Sheldon Clark Split Doubleheader, 11-6, 2-1

The Prestonsburg Blackcats traveled to Martin County Tuesday afternoon to take on the Sheldon Clark Cardinals in a high school doubleheader. The two teams split the twin bill with Prestonsburg winning the first game 11-6 and Sheldon Clark scoring a run in the bottom of the fifth inning to win 2-1.

Chris Cavins picked up the win for Prestonsburg in game one. The big right hander gave up eight hits to the Cardinals in the seven inning stint. The Blackcats collected 10 hits in scoring 11 times. John Clark got credit for the save.

T. Bowen suffered the setback for Sheldon Clark. Bowen fanned four Blackcat batters while giving up three bases on balls.

Neil Slone cranked out a home run for Russell Shepherd's batsmen. Slone shot came in the fifth inning with two out and two men on base. In the inning nine men marched to the plate for Prestonsburg as they scored five times to snap a 3-3 tie. Cavins drew a lead-off walk to open the inning and Sean Damron singled behind him. Clark walked to load the bases with noone out. Cavins scored as Crisp flied out to left, picking up an RBI. Jason Storey popped out to first base and Slone then unloaded his home run scoring Damron and

Clark ahead of him. Aaron Tucker kept the inning going for Prestonsburg with a base hit up the middle and he scored the fifth run of the inning on a base hit by Ronnie Goodman.

Sheldon Clark took a 2-0 lead in the first inning on Cavins when Craig Grayson doubled to lead off the inning. Jim Watts tripled scoring Grayson and he came home on Jennings' base hit.

Prestonsburg came back with two in their half of the second inning. With one out, Tucker reached on a third baseman's error and Goodman followed with a two-base hit scoring Tucker. Cavins lined a single to left field scoring Goodman to make it a 2-2.

Sheldon Clark went out in order in the bottom of the second and in the third the Blackcats took a 3-2 lead when Clark walked and stole second. Clark came around to score on Jason Crisp RBI single.

After Prestonsburg scored five times in the top of the fifth to take an 8-2 lead, with two out in the Cardinals half of the fifth inning, Grayson reached on an error and Watts lined a single to right center. Jennings then doubled home both runs to make an 8-5 game.

Prestonsburg scored twice in the

sixth and plated a single run in the top of the seventh. Sheldon Clark scored a run in the bottom of the sixth.

Prestonsburg stranded six runners and Sheldon Clark left three men on base. Prestonsburg committed two errors in the game while the host Cardinals played errorless baseball.

In the night cap, Sheldon Clark scored a run in the bottom of the fifth inning with two out to break the 2-2 tie and claim the second game 2-1 over the Blackcats.

The inning began when Fletcher harmlessly grounded out to first base and Goble bounced the catcher to first. Grayson roped a base hit to center and stole second. Watts picked up Grayson with a base hit to right center getting the game winning RBI.

Aaron Tucker and Rodney Fletcher locked up in a pitchers duel in the quickly played second game. Tucker fanned three batters and gave up five hits. He at one point had retired seven in a row until Grayson's hit in the fifth inning. Tucker was in control walking only one batter.

Fletcher fanned six Blackcat batters while giving up only one walk. Fletcher gave up just two hits to Prestonsburg both of those coming in the third inning.

Sheldon Clark took a 1-0 lead in the first inning on a lead off walk to Grayson. Watts singled and Mike Dalton's base hit scored Grayson from second base.

Prestonsburg tied the game at 1-1 with a run in the third inning. After Goodman and Damron fanned, Clark walked and stole second and Crisp's base hit scored Clark with the tying run.

Both teams went out in order in the fourth inning. Prestonsburg went down in fashion in the top of the fifth with the top of the order up.

The doubleheader split leaves the Blackcats with a 9-2 record. Shepherd's squad will be back on the diamond this evening at Pikeville in the Hillbilly Days Tournament.

 First Game R H E
 Prestonsburg 0210521-11 10 2
 Sheldon Clark 2010210-6 8 0
 HR - Slone 2B - Tucker, Goodman, Grayson, Watts, Jennings 3B - Watts WP - Cavins LP - Bowen LOB - Prestonsburg 6 Sheldon Clark 3
 Second Game R H E
 Prestonsburg 00100-120
 Sheldon Clark 10001-250
 WP - Fletcher LP - Tucker

Webb, Ousley, Martin Join First Alice Lloyd Golf Team

Three Floyd Countians will help make up the first golf team at Alice Lloyd College, according to an announcement by Coach John Mills. Mills will head up the first Eagles' golf squad. He is optimistic about their showing since they are young and will be going up against schools with well established programs. Mills stated that the "team is hampered by the fact that there is no major courses in the immediate area on which to practice."

However, Mills feels the team will do well despite the fact they will be playing in tournaments with the likes of the University of Tennessee, Berea, Kentucky State and others. Mills concluded by saying that the team was improving with practice and would make a good showing.

Other team members include David Bolen, Todd Johnson, Jimmie Smith and Paul Graybeal.

Eagles Gaining Momentum After Slow Start

In what proved to be a banner week for the Alice Lloyd College batsmen, the Eagles are now in head to head contention for a District 32 play-off spot.

The Eagles swept Campbellsville College in a doubleheader at home back on April 8 at Reeve Field. The Eagles won the first game, 10-7 with Brian Hall getting the victory. Jimmy Cyrus won the night cap, 7-4. Mike Dillon and Steve Melton had home runs for the Eagles.

"It's the best we've played all year," reported Eagle mentor Scott Cornett. "Our pitching is just beginning to improve, but we are still lacking on the mound."

On April 9 at Reeve Field, Alice Lloyd posted a 5-1 win over visiting Lee's College, 5-1. Todd Stevens savored the win for the Eagles. The second game of the scheduled doubleheader was rained out.

Also on April 9, the Eagles faced second place Union College and dropped a twin bill, 8-2 and 5-3.

"Union is a better, more experienced ball club, with good pitching," said Coach Cornett. "They'll do well in the playoffs."

Alice Lloyd hosted Virginia Intermont on parent's day in the last regular season home game for the Eagles. The Eagles captured both ends of the doubleheader against the Virginia team.

"It was the biggest attendance recorded this year," remarked Coach Cornett.

Neil West and Todd Stevens hit home runs for the Eagles in game one with Brian Hall picking up the victory. In game two, Russell Melton tripled to drive in a run to tie the game at 2-2 and Alan Dixon provided a sacrifice to score the winning run. Mike Dillon relieved Tim Clark in the seventh inning to strike out the last batter with two men on base.

Six games remain on the Eagles schedule for this year. The Eagles will need a clean sweep with Pikeville and Cumberland losing a game to reach the playoffs.

The Eagles are moving to District 24 next year and will be members of the Tennessee Virginia Athletic Conference which includes Virginia Intermont College, Bluefield College, Clinch Valley College and King College.

RAX Player Of The Week

Each Friday Rax Restaurant will recognize the player of the week in Floyd County High School baseball

BARRY CLARK
 Freshman, Betsy Layne
 Pitched A One-Hit Shutout
 versus Wheelwright
 Struck Out 8
 Retired Nine of
 Last 10 Batters
 He Faced



SIPP CINEMA

789-4500

HELD OVER



Children \$3.00 Adults \$5.00
 Doors open 6:45 ; Showtimes 7:00 or 9:15
 Sunday Matinee \$3.00 all tickets
 Doors open 12:45 ; Showtime 1:15

**PUBLIC ANNOUNCEMENT
 FREE HEARING TESTS
 RELIABLE DRUGS
 BETTER HEARING OPEN HOUSE**



FRIDAY, APRIL 19, 1991
 10:00 AM to 6:00 PM

ONE DAY ONLY

Apple Tree Plaza
 US 23 & 460 • Paintsville, KY

LISTEN! DID YOU HEAR? Have you been experiencing some hearing and understanding difficulty when you're with family and friends? If so, come to the BETTER HEARING OPEN HOUSE and have your hearing screened. An electronic hearing test is quick and painless. If you're missing some words in conversation or if people seem to mumble, you could be experiencing a hearing loss. NOW is the time to decide to "RECAPTURE THE SOUNDS OF LIFE!" Don't miss another word, decide TODAY you want to hear better. Better Hearing is AFFORDABLE! Bring your husband or wife, or a friend or relative. BETTER HEARING can make your life more enjoyable and a pleasure. WE CAN HELP YOU HEAR BETTER!

*TEST APPOINTMENTS AVAILABLE IN THE PRIVACY OF YOUR HOME AND AT YOUR CONVENIENCE



THIS MAY
 BE ALL
 YOU HAVE
 TO WEAR!
 CALL
 TODAY!

\$ \$ HEARING AID BATTERIES
 SAVE SAVE 20% ON EACH PACK
 \$ \$ Valid on Open House Date

FREE CLEANING AND SERVICE CHECK ON ANY HEARING AID WITH THIS COUPON, DURING THE BETTER HEARING OPEN HOUSE. SAVE 10% ON REPAIRS WITH THIS COUPON.

BETTER HEARING CENTER DISCOUNT COUPON. SAVE 10% ON ANY PURCHASE FROM BETTER HEARING CENTER. OFFER EXPIRES SOON!

BETTER HEARING CENTERS, INC.

OF KENTUCKY

1025 DOVE RUN ROAD (Just Off New Circle Road and Tates Creek Road)

THE FRANCES WHITMAN BUILDING

SUITE 110 GARDEN LEVEL

Financing Available

LEXINGTON

Trial Privilege



1-800-766-0568

KENTUCKY STATEWIDE HEARING HOTLINE

(606)
 268-9872

**OUTDOOR
 NOTEBOOK™**

Don't Take Boat Towing Too Lightly

By Mark E. Thomas

Strange as it may seem, too many boaters spend thousands of dollars on a good boat and then neglect the equipment and techniques basic for proper towing. This neglect can cause major headaches and accidents. And in most cases, every problem could have been prevented.

The boating experts at Starcraft Boats offer the following trailer towing advice.

Maybe a short refresher course in towing procedure will save you some of those headaches and stave off the accidents we all want to avoid.

First of all, always choose the right trailer. The key word is proper fit. Most trailers do adjust. But this doesn't mean they'll adjust enough to match up correctly with the boat you have chosen.

Too many boaters point to a 20-foot boat resting on a trailer made for smaller boats and brag about how they've adjusted the fit. But in most cases they've overlooked another key word: balance. If the majority of the boat's weight is resting on the hitch rather than over the wheels, then they've got a rig out of balance. And problems awaiting on down the road.

It just makes common sense to let a reputable dealer show you how to make proper adjustments at the time of purchase. Many boaters don't realize

that balance problems can arise even when you place a small boat on a large trailer.

Some trailers come equipped with a spare tire, and some do not. Would you drive your car without a spare? Of course not. Yet far too many boaters head down the highway without a trailer spare. A spare rim and tire can be purchased for approximately \$100, a cheap price to pay when you're hundreds of miles from home and forced to a standstill by the most nagging headache of all, a flat tire.

Trailer maintenance only takes a few minutes. Always make sure your hubs are packed with grease. Check them every trip! Losing a wheel on the road can damage your boat, and turn a long awaited boating venture into a nightmare.

And while we're on the subject of maintenance, remember to check your trailer lights often. The constant dunking they receive often leads to malfunction. Bad lights can result in a ticket. Or you could cause a serious accident. So please be safe, and spend a few minutes making sure your trailer is in tip-top shape. It's the best way we've found to keep those trip-spoiling headaches to a minimum.

And the folks at Starcraft Boats want to add one other thing: along the highway, in camp or on the water, please don't litter. Keep your trash to yourself, and then dispose of it properly. Boating slobbery is out of style. So be somebody, and help us keep America clean.

Allen Central Track & Field Place Fifth At P'ville

Allen Central track and field coach Dewey Jamerson says that his squad is starting to come along and are starting to learn the events they are taking part in.

"They are beginning to understand how to run the events of each meet," he said. "I have changed some of them around and some are running in events that are new to them. However, they are starting to learn how to win their events and that's important with the regional meet at Boyd County coming up."

Brian Wallen captured first place in discus last Tuesday at the Bob Amos Park in the Pikeville meet. Wallen, looking to become a state contender, threw 131-feet two and a half inches for first place. Tim Slone, who is steadily improving in discus, placed second with a throw of 113-feet. Shawn Bailey, a third Rebel entrant, threw the discus 82-feet and nine inches.

Kenny Crum placed third in shot put with his toss of 38-feet and seven inches. Tim Slone was fifth with a throw of 36-feet. James Howard threw for 31-feet and seven inches.

Jamerson said that he has seen so much improvement overall in the running events as well as field activities.

"When we went to Danville last Saturday it did so much for our squad," he explained. "It just helped them to learn and they participated against good competition."

Jamerson said that his team just needs to get stronger and they will cut down on their meets from two a week to one in order to practice and work on their wind.

"We just want to get better before the regional," he stated. "We ran extremely well at Danville and we have the EKMC Conference Meet coming up May 9 at Jenkins and then a week later the regional's at Boyd County on May 11."

Several school records were set in last Tuesday's meet at Pikeville. In the women's division, Jessica Wade is making great strides in establishing herself as one of the top female runners in the region. Wade placed

second in the 3200 meters run with a 14:19.49 which is a new school record. Wade also finished second in the 800 meters with a time of 2:51.61. A

time of 6:21.14 by Wade was good enough for third place in the 1600 meters—also a school record.

Glema Yates placed fifth overall with a 3:19.00 in the 800 meters. April Newsome ran a 34:58.00 in the 200 meters for Allen Central.

In women's shot put, Yates placed fifth with a 26-foot and nine inch toss, a school record. Newsome threw the discus 54-feet and five-inches.

The 1600 meter relay team of Newsome, Wade, Yates and Anita Marcum placed fourth with a time of 6:14.98.

In men's events, Robert Jervis continues to improve as he placed first in the men's 400 meter run. Jervis posted a time of 56:23.

"Robert is starting to learn, like a lot of the rest, how to run the 400 meters," Jamerson explained. "And he is starting to improve."

Also in the 400 meter event, Randy Conn ran a 59:35 and Jamie Slone recorded a 1:01.68.

Eighth grader Jason Sammons had a time of 13:06 in the 100 meters. Mike Cox ran a 13:68 and Sean Robinson posted a 15:29.

Sammons set a new school record in the men's 200 meter run with a 26:96. Rondell Stewart was timed at 31:91 and Kenny Brown finished with a 36:82.

Phillip Anderson placed fourth in the 800 meters. Anderson's run of 2:30.16 set a new school record. Shane Stumbo finished fifth at 2:31.99.

Anderson also placed sixth overall in the 1600 meters. Anderson was recorded at 5:25.05. Other finishers were: Todd Howard, 6:21.83; Gary Webb, 6:55.51; Joey Williamson, 6:59.59; Chad Compton, 7:31.99. Brandon Hicks ran but no was time recorded.

In the 3200 meters, Ray Lyon was clocked at 15:47.41 and Jamie Howard finished with a 16:11.07. Josh

Flannery came in at 16:25.70.

Mike Cox posted a 22:88 in the 110 high hurdles. Webb finished with a 23:30.

A new school record was set by Randy Conn in the 300 hurdles, 50:85. Webb had a time of 57.93.

The 400 meter relay team of Jervis, Sammons, Jamie Slone and Tim Slone placed fifth at 50:84—a school record.

"We missed moving up a position on a poor hand off," said Jamerson. "But it was just the matter of the one handing off running for the first time. Practice will take care of that."

In the 1600 meter relay, Randy Conn, Jervis, Jamie Slone and Shane Stumbo came in fourth with a 4:03.50.

Jervis placed third in long jump with a 18-foot and seven-inches. Anderson landed at 15-feet and nine-inches while Delbert Goins finished with a 15-foot and seven-inch jump.

Jamie Slone and Goins both finished with a five foot and two-inch finish in the high jump.

Standings for the meet were: Pikeville, first, 118; Knott County,

second, 97; Whitesburg, third, 71; Belfry, fourth, 56; Allen Central, fifth, 54; Paintsville, sixth, 45; Betsy Layne, seventh, 21; Fleming-Neon, eighth, 17; Elkhorn City, ninth, 12.

Jamerson said, although facilities are not available in the county to train for the regional, his team will train around the school campus and the neighborhood as they start concentrating on their training.

The Rebels will travel to Jenkins on Monday for a meet and will head to Boyd County for the Boyd County Invitational on Saturday.



Little League Season Underway!

You can tell it is spring and baseball season as the Harold-Allen-Prater Little League officially got their season underway at the Allen Park Tuesday evening. The Cubs fell to the Astros 5-1 in the opening game. (Photo by Ed Taylor)

Games on tap

HIGH SCHOOL
Friday, April 19

Pikeville Hillbilly Tournament
Betsy Layne vs Millard, 5 p.m.
Prestonsburg vs Shelby Valley, 7 p.m.
Mullins @ Wheelwright, 5 p.m.
Cordia @ McDowell, DH, 5 p.m.

Saturday, April 20

Pikeville Hillbilly Tournament
Semifinals, 3 and 5 p.m.
Finals, 7:30 p.m.

LITTLE LEAGUE

Harold-Allen-Prater League
Cubs vs Dodgers
Indians vs Reds

McGuire's Bat Leads Blackcats To 13-3 Win Over Fleming-Neon

Worth McGuire had three hits including two doubles in driving in two runs to lead the Prestonsburg Blackcats to a 13-3 victory over Fleming-Neon in high school baseball Wednesday night at Archer Park.

Prestonsburg sent 11 batters to the plate in the sixth inning to score 10 times and break a 3-3 tie. The Blackcats collected six consecutive hits in the inning before a walk to Jason Crisp ended the streak. Aaron Tucker got the hit parade started for Coach Russell Shepherd's batsmen with a lead-off single. McGuire, Hall, Ronnie Goodman, Sean Damron and John Clark followed suit. Neil Slone followed Crisp's walk with a double that scored two runs. Jason Storey singled home a run and Tucker, batting for the second time in the inning, doubled to center to drive in two more runs. McGuire finished the scoring for Prestonsburg with a run producing double—his second—to give the Blackcats a 13-3 lead.

Prestonsburg held a 3-1 lead going into the top of the sixth inning when Neon scored twice to knot the game at 3-3. Adams walked, leading off the inning, and Warf singled. After Hogg fanned, McAuley lined a double to right center scoring Adams and Warf.

The Blackcats scored single runs in the first three innings of the game. In the first frame, Crisp drew a two-

out walk and later scored on Neil Slone's RBI single. McGuire scored the second run of the game for Prestonsburg in the second inning when he doubled leading off. McGuire stole third base and scored on an errant throw. Clark led off the third inning with a base hit and stole second and third base and trotted home on a sacrifice fly by Tucker.

Fleming-Neon got a run in the second frame on a one-out base hit by McAuley. McAuley stole second and scored on Richard's base hit.

Jason Crisp got the win for Prestonsburg, fanning three. Hall took the loss for Fleming-Neon.

Prestonsburg collected 15 hits in the game and played errorless baseball. Fleming-Neon managed seven hits and committed two errors.

Tucker doubled and drove in two runs for the Blackcats. Slone had two RBIs in the game with a double.

The win ran the Blackcats record to 10-2 on the season. Prestonsburg will face Shelby Valley tonight in the first round of the Pikeville Hillbilly Days tournament. Game time is 7 p.m.

At Archer Park R H E
Fleming-Neon 0 1 0 0 0 2 0-3 7 2
Prestonsburg 1 1 1 0 0 1 0 X-13 15 0
2B - McGuire (2), Tucker, Slone,
McAuley WP - Crisp LP - Hall

McDowell

(Continued from A 9)

Heather Bartley with just one out. Marsha Bartley lined hard to first base and Bryant fielded a grounder at short and forced Little at second to end the threat.

Millard again got two hits in the fifth inning only to see another scoring chance disappear. Little doubled with one out in the top of the sixth but was left stranded.

Hobson got the win for McDowell giving up seven hits. Millard stranded seven base runners and committed six errors.

McDowell played errorless baseball in collecting nine base hits scoring 10 times. The Lady Devils stranded five runners.

Christie Coleman suffered the loss. Millard, who had been on a six game winning streak, falls to 8-3 on the season and McDowell goes to 5-2. The Lady Daredevils are the defending district champions.

McDowell will face county rival Allen Central Monday at the Minnie Park in a 5 p.m. start.

Coach Cassandra Keathley challenged her team to look ahead at the upcoming tournaments and encouraged them to see themselves possibly going to the state tournament this year. McDowell has been one of the power team in the 15th Region in past years.

At Minnie Park
Millard 0 0 0 0 0 0 0—0 7 6
McDowell 1 0 0 3 0 6 X—10 9 0
HR - Lori Bryant 2B - Brown,
Little WP - Lisa Hobson LP - Christie Coleman

MAKE \$\$\$ FUND RAISING

Groups, Schools, Clubs, Church, Civic and Fraternal Organizations needed. Selling Fireworks June 22 - July 4. For details call 1-800-835-5396, refer to Dept. #696.

Floyd County Annual Bass Tournament

75% Pay Back
Stratton Branch at Dewey Lake
April 27
Time: 7:00-4:00
For information call 358-4416, Jerry Bailey.
(Sponsored by Floyd County Fish & Game Club)

Dollar General Store Relocating

Seeking Temporary Help
\$4.25 hr.
Long Hours & Hard work
Apply in Person at Dollar General Store
Wheelwright, Ky.
E.O.E.

REPAIRS?
SCANNERS, C.B.'S,
STEREO'S & V.C.R.
JIM'S ELECTRONIC'S
LOCATED IN PRINTER KY
3 MILES ON RT. 122
285-3987

TOYOTA "I love what you do for me."
TOYOTA "I love what you do for me."

FREE "For Women Only" FREE
3rd Annual
SERVICE CLINIC

SATURDAY, APRIL 27
1:00 P.M.

"Hands On" experience in caring for your car.
Free Refreshments, gifts, and door prizes!

Call Jill or Brad for more info at 886-3861

SERVICE SPECIALS FOR THE MONTH OF APRIL:

GENUINE TOYOTA
OIL FILTER
\$3.99 Limit 3



Double-stage filtering element with anti-drainback valve.
EXPIRES 4-30-91

TOYOTA QUALITY SERVICE
OIL & FILTER CHANGE

- Includes up to 6 qts. of premium oil.
- Genuine Toyota Oil Filter and installation.
- Check of all fluid levels.

\$18.95

EXPIRES 4-30-91

Call 886-3861, Ask for Donnie or Darrell

CARTE R TOYOTA HUGHES
U.S. 23 North Prestonsburg 886-3861

★★★★ REDS WATCH ★★★★★						
SUN.	MON.	TUES.	WED.	THURS.	FRI	
					19 @Atlanta 7:40	20 @Atlanta 7:10
21 @Atlanta 2:10	22 @Houston 8:35	23 @Houston 8:35	24 @Houston 8:35	25 Chicago 7:35	26 Chicago 7:35	27 Chicago 1:15
28 Chicago 2:15	29	30 PITTS 7:35	Follow The Reds	On WMDJ-FM	All Season Long	

Run away from home & join our

CIRCUS SAVINGS



\$AV-MORE

75 North Lake Drive, Prestonsburg, Kentucky

Finally, The Store You've Asked For, And More!

We gladly accept manufacturer's coupons, WIC vouchers and Federal Food Stamps. We reserve the right to limit quantities & correct printing errors. No products sold to dealers.

Phone 886-9005

Prices good April 21 thru April 27, 1991

Open: 7 a.m. - 10 p.m. Mon. thru Sat.

9 a.m. - 9 p.m. Sunday

Hyde Park
Sugar

5 Lb. Bag

99¢

Limit 1 Please
Additional Quantities \$1.75

Morton
Pot Pies

(Beef, Chicken, & Turkey)

7 Oz. Pkg.

2/89¢

Lotsa'
Pop

12 Pack Cans

\$1.69

Morton
TV Dinners

(Franks-Bean, Chicken, Meatloaf,
Salisbury, Spag.-Mt.ball, Turkey & Western)

10 Oz. Pkg.

99¢

California Iceberg
Lettuce

59¢

Head

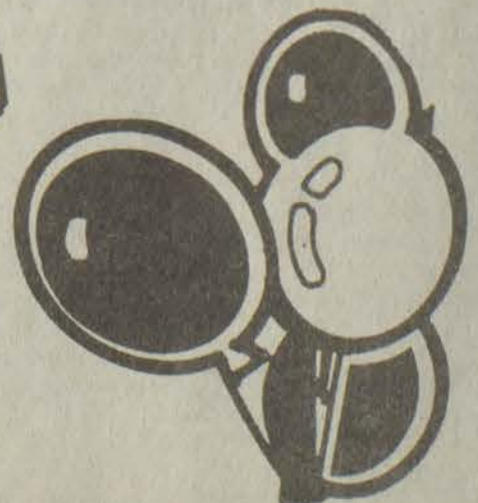
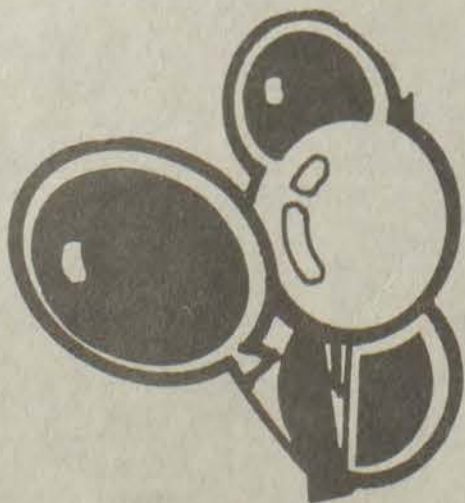
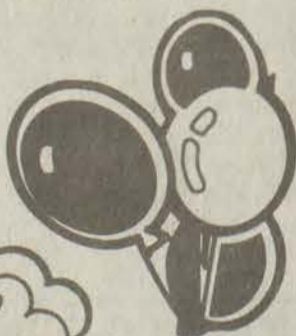
Thorn Apple Valley
Boneless

Hams

5 to 7 Lb. Average

99¢

Lb.





The Floyd County Times

HOME Improvement Guide

1991



The finishing touch — creative custom framing

by Tammy Moore

Well it's spring again. It's the time of year when interior home improvements are made. A great deal of time and money is put into the design of our homes. But nothing adds a finishing touch like custom framed artwork.

Custom framing offers versatility in design, color and most of all, quality.

Here are some helpful hints when adding those finishing touches to your home. First of all have a clear idea of just what style you're trying to achieve. Choose artwork that reflects that style. Magazines and catalogs are a great resource.

If you're still unsuccessful, try visiting your local

frame shop or gallery for helpful hints. They often have a selection of prints to choose from. Some shops have next day service for specially ordered prints. And better yet, you may find just what you're looking for already framed and ready for purchase.

When custom framing prints or artwork, it is helpful to bring in fabric swatches and/or paint samples. If you've found a unique mat style in a magazine or catalog, bring it along as well.

Adding prints and photographs is an excellent way to improve the interior design. However, framed objects personalize your home even more. For an example, imagine grandpa's reading glasses framed in a shadow box along with his Bible and maybe one

or two other personal related items. Or, perhaps, grandma's handmade doily, mounted and mated in a custom frame. The ideas are endless.

Get the most out of your artwork by hanging it correctly. In areas where you are likely to be standing or seated hang pictures at eye level, but keep in mind to not have them obscured by the head of the person seated. Mount items no more than a foot above furnishings. If you need to hang a picture higher above a table, fill the gap with a vase of flowers or another accessory.

Express your interests in a grouping. You may be pondering how to best display several art pieces that share a

common theme, without detracting from the appearance of individual pieces of art. One way to plan is to make cutouts the actual sizes of the pictures and then use masking tape to arrange and rearrange them on the wall until you create a scheme that pleases you.

Here are some examples for hanging groupings. Try aligning various linear components - mats and frame edges. Perhaps a visual tree best suits your taste. Use a large vertical picture as the trunk and let other pictures branch out from it.

Create unity with a V-shape

or inverted V-shape.

Balance is the key. Try the informal by hanging large and small sizes in relation to an imaginary centerline. Be sure to avoid too tight groupings and overcrowding.

Lastly, another grouping to consider is what's referred to as the formal balance. Equal "visual weight" on both sides or an imaginary vertical line. Visual weight refers to color, size or intensity of the subject.

These helpful hints for finishing touches are supplied to you by your local frame shop, Hall of Frames, 132 W. Court St. Prestonsburg.

Cleaning aluminum siding

by Joe Zorc

Although aluminum siding often is guaranteed to protect your home for life, it should be maintained like the paint on your car if you expect the finish to keep looking good.

To keep it in good condition, it should be cleaned every few years, depending on the location of your home. If you live on a busy street in the city, dirt will accumulate very quickly.

If your home is new, maintenance will be easier, as the buildup should be minimal. A mild solution of trisodium phosphate (TSP) and warm water should be applied with a soft bristle brush and hosed off with water. Make sure to wear gloves when using TSP, as it is a strong cleaning detergent. Depending upon the results, you may need to increase the amount of TSP in your solution, but first read

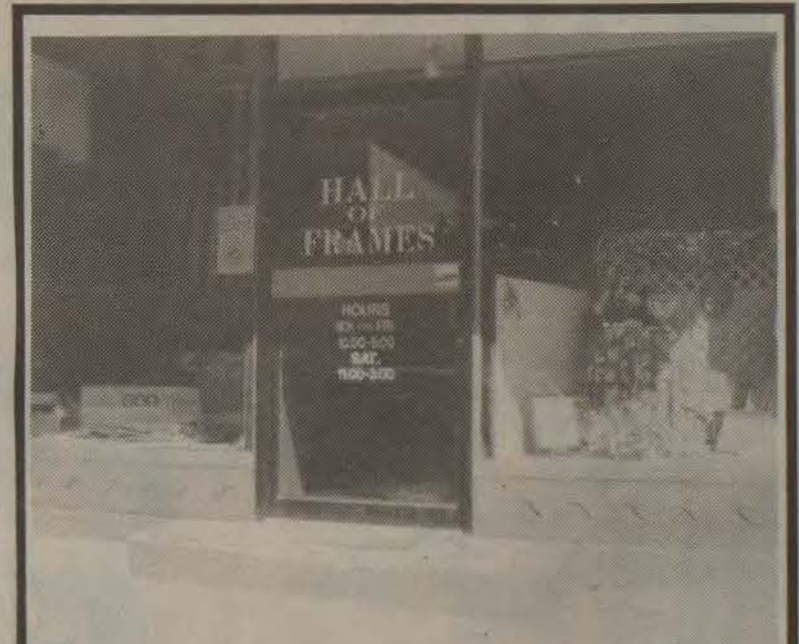
the directions carefully.

If you have access to a power washer, or can rent one, the brushing of the siding may not be necessary. When using the wand on the sprayer of the power washer, do not hold it any closer than one foot from the siding, as it could damage the finish. The water pressure can be extremely powerful, similar to an automatic car wash.

If you have purchased an older or neglected home, your job could be more difficult.

Pollutants may have pitted the siding, making it necessary to paint after a thorough cleaning. Follow the steps above, using a sturdier brush with a heavy solution of TSP. Your local paint store will recommend which exterior metal paint to use on the siding.

After painting, remember to follow the maintenance procedures on the new surface to keep it in good condition. A good paint should last 5-10 years, if the siding is cleaned annually.



Nothing Adds A Finishing Touch Like Custom Framed Artwork

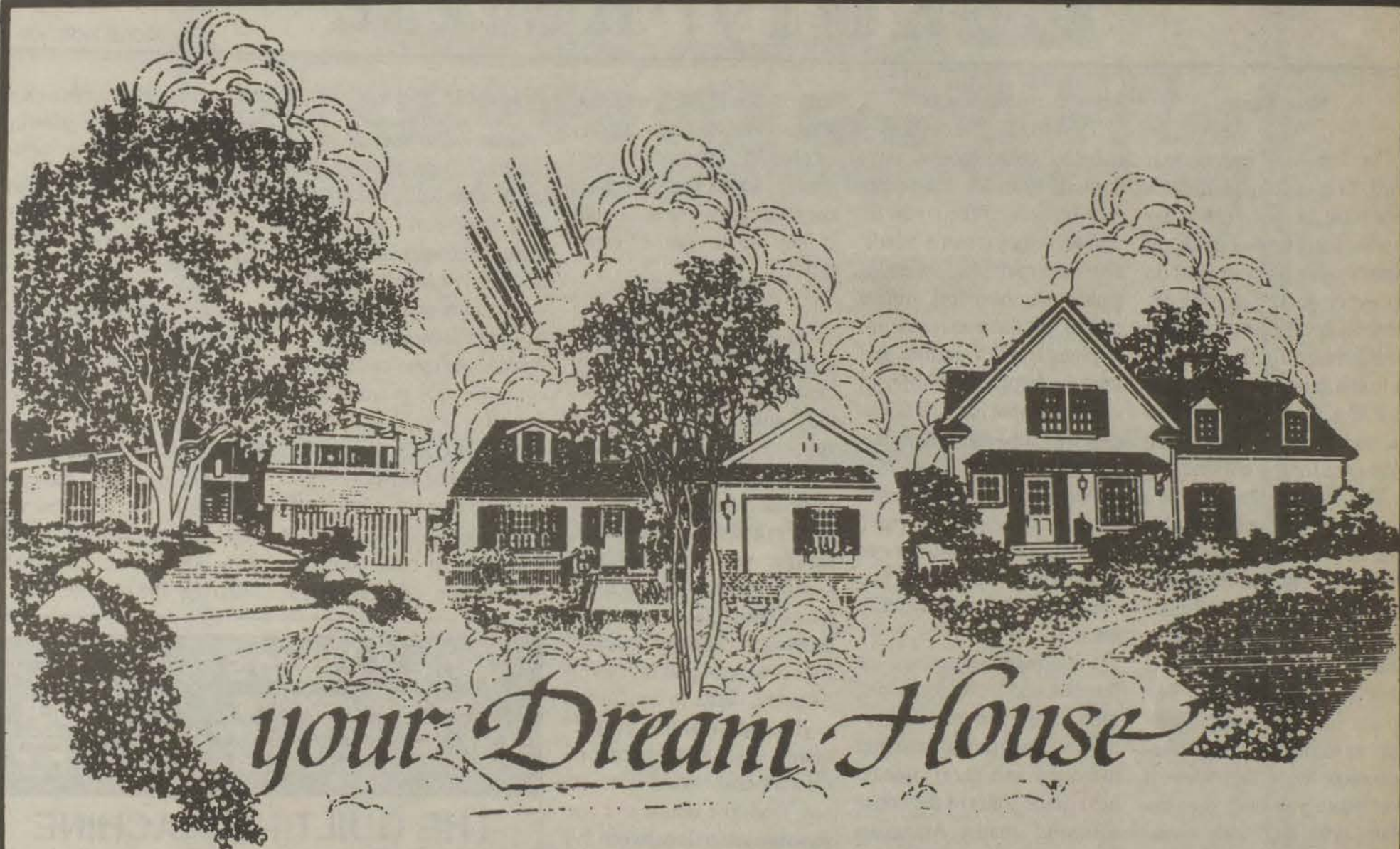
HALL OF FRAMES

128 Court Street Prestonsburg, Ky
886-8158

MENTION THIS AD AND RECEIVE 1ST MATT AT REGULAR PRICE AND 2ND MATT AT 1/2 PRICE.

Mon-Fri -10 A.M.-5 P.M.

Sat. 11 A.M.-3 P.M.



You Work Hard . . . And So Does Pikeville National Bank and Trust Company . . . For the American Dream

And when you find that Dream Home, chances are the financing will make all the difference in closing the sale. There are many home loan plans available to make your dream home a reality. That's why so many homebuyers come to Pikeville National Bank and Trust Company. We have information on the most up-to-date financing for home loans you can live with now and in the future.

Let's talk about it. Just give us a call. We'd like to share your American Dream.

In Pike County
437-L-O-A-N

In Kentucky
1-800-422-1090

**Shaping The
American
Dream**SM

**Pikeville
National**[®]
Bank and Trust Company



EQUAL HOUSING
LENDER
MEMBER FDIC

County Kettle

By Marie Harmon

New Yard

As I review our current yard, I am making plans for a new look, in the future — far future. Sometimes I think my lawn's main purpose is to tie up every good Saturday afternoon during the spring and summer months. But the lawn is much more. It keeps dust and dirt from blowing into the house and provides a clean play area for the children.

The best use of a lawn isn't the planting of every square foot of property to grass, yet the most common feature of the American home landscape is lawngrass planted from curb to fence to foundation. If your lawn is extensive, you might consider other plantings to replace part of it. Retain some lawngrass where it will serve you best, then replace the other with something else.

Ask your self how much time you want to spend on the lawn. Do you enjoy the expanse? Is there enough room for the children to play? A lawn can be an easy way to cover a large piece of ground, if it's level. But it can also make you feel you are shack-

led to the lawnmower.

The first step in designing a better lawn around your home is to make it the right size for you. When you do you will enjoy it more. You'll also have space for low maintenance shrub borders, ground covers by themselves or interplanted with shrubs and trees, underplanted with ferns.

On a slope, remove lawn-grasses altogether and use plants that don't require mowing. Where a manicured look is not important, put a meadow of wild flowers or plants native to your area. You could also create a wildlife habitat.

Foundation plantings or foundation shrubs, an assortment of evergreens of varying shapes, from tall and thin to round and short planted next to the walls of the house surround many American homes. These plants merge the house with the yard. The results, can range from delightful to drab to disastrous, depending on the choice of plants and their placement. A tough, thorny plant can keep intruders away from ground floor windows, but placed at the corner of the house can

make house planting and rain-gutter maintenance nearly impossible. Too often evergreens don't work because they will grow out of bounds if they are not pruned annually.



To avoid dull foundation plantings, use smaller plants close to the walls of the house; they will not overgrow the space. There are hundreds of choices for every region, from ground covers, perennial flowers and bulbs to head high shrubs, such as highbush blueberries to dwarf conifers. You could also consider moving the foundation plantings or at least part of it away from the walls to encourage drying and making maintenance easier. Start a garden of flowers and shrubs 6 to 10 feet from the house and use paving materials between the plants and the house wall. From the street your home will still appear to be closely nestled among the shrubs, but from the inside you will be able to enjoy your shrubs at close range, which you wouldn't if they were jammed against the foundation.

Shade trees in the yard can do a lot more than make shade in the summer. They can screen an unwanted view, act as windbreaks, and add height and grace to any yard. But plunking a pair of them in front of the house can't yield these benefits unless the house — by luck — is in perfect alignment with the street and the sun. Houses facing east or north will get little shade from trees planted in front. The western walls, windows and roof need the greatest sun protection in our climate. Shade trees grow so large, careful selection of both tree species and location is crucial to the long term development of the landscape. Smaller trees can provide

good shade.

Driveways are the most common dead space in the landscape. Rather than pretend they don't exist, give them some special attention. If the drive is highly visible — most are and must remain so — use plants to beautify it. Avenues of trees can help if it is on the side of your lawn, and they will also keep the pavement cooler. A wooden or pole fence down one side with flowers of every type and color thickly planted will also help to cover this eyesore. These winding drive-

ways, that circle a house and are lined with low growing shrubs, would look better without any plants. The closer you can get the driveway to the property line, the better off you are.

Never, never plant anything right on your property line. You may have the best of neighbors that have no objections now, but they might sell to an old grouch who will insist you take up all the plants. By law you will have to dig them up, unless they are over a few inches from the line on your side.



Janie & Lillian's Sewing & Decorating

SOUTH LAKE DRIVE · PRESTONSBURG · LOCATED NEXT TO RUSSELL MAY ART GALLERY
NEW HOURS: 9:00-7:00 M-F; 9:00-5:00 SAT.; 1:30-4:30 SUN.
886-6219

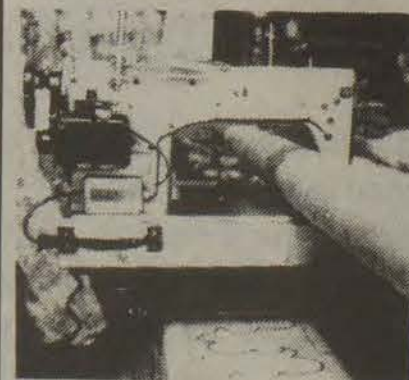
Phone: 886-6219



THE QUILTING MACHINE

Comforters, Spreads and Quilts (Full Size)

Quilted in two hours or less!



A great gift for in the home or family business.

GIVE HER THE FINEST GIFT OF ALL - GIVE HER A BUSINESS OF HER OWN - THE QUILTING BUSINESS. JANIE & LILLIAN'S NOW SELL THE FINEST QUILTING MACHINE ON THE MARKET!

(The family who works together stays together)

Custom Drapes, Spreads & Top Treatments

for the price of ready makes

20% off

Professionally Installed



Prom, Wedding & Pageant Dresses. Specializing in sequins, lace & satins. Also sequins, lace and rhinestone trim.

In-Stock Upholstery Fabrics

Residential & Commercial Coordinating Carpet, Wallpaper & Furnishings

Janie & Lillian's
886-6219

Household appliances, chemicals prevent mold and mildew growth

Cooking, cleaning clothes and bathing can add more than two gallons of moisture to a home with poor air circulation, said Franices Pitts, a home economist with the University of Kentucky.

"And that," Pitts said, "is just the atmosphere that will support mold and mildew growth."

"Molds commonly develop in humid summer weather, especially in closed houses. Mold spores in the air may settle on moist surfaces, and grow anywhere they can find nutrients," Pitts said.

Homeowners can discourage mold growth by controlling moisture and air flow in their homes.

"Properly installed air conditioning removes moisture from the air by cooling warm air and circulating it,

said Pitts. "Where air conditioning is unavailable, use a dehumidifier."

She cautioned that some dehumidifiers should be operated with windows and doors closed, she said.

Molds discolor or destroy cotton, linen, rayon, silk, wool, leather, wood and paper.

"Although synthetic fibers such as acetate, polyester and nylon are resistant to mildew, soiled areas on these fabrics may supply enough nutrients for mildew growth. Therefore, it is important to clean all soiled fabrics," Pitts said.

Mildew, a thin, black or white growth produced by molds, grows in places that are damp, warm, poorly lighted with limited air flow. Some places attracting molds are cellars, clothes closets,

draperies, basement rugs, shower curtains.

Heat also damages growing conditions for mold.

"Get rid of dampness by heating the house for a short time. Then open the doors and windows to let out the moisture-laden air. An exhaust fan can help," Pitts said.

She said air in closets and other small areas can be dried using 60-100 watt lightbulb, however they can be dangerous if the bulb causes clothing or flammable material to catch fire.

Some chemicals absorb moisture, and can be purchased and used safely in homes, if the bulb causes clothing or flammable material to catch fire.

Some chemicals absorb moisture, and can be purchased and used safely in

homes, if kept away from children and pets.

"Chemicals such as silica gel and anhydrous calcium chloride both absorb moisture in the air, but silica gel is reusable," she said, and silica gel won't harm fabrics."

To use silica gel, fill a cloth bag with the gel and hang it in clothing closets, or place an open container of it on a closet shelf. Keep the door closed so only closet air will be dried.

"When dry, silica gel is blue, but it changes to a pink color when it's unable to soak up moisture," Pitts said.

To reuse, place pink granules in a vented oven at 300 to

350 degrees Fahrenheit for several hours. Cool them in an airtight container.

Another method used for closed trunks or chests is to scatter dry silica granules through layers of clothing or other articles being stored.

Pitts also suggests:

- Keeping air in homes circulating.
- Opening closet door or installing closets fans to increase air flow.
- Drying clothes thoroughly. Do not put wet, damp or sweaty clothes in closets.
- Hanging dry clothes loosely so air flows around them.

Furniture from simplistic to artistic

by Dixie Frasure
Frasure Furniture

The furniture industry has been important in America since early colonists first began copying European styles for their homes. Naturally the first furniture made there was built for practical use alone. Little, if any, time was given to decoration.

In the year 1820, machinery was introduced for making furniture. As years came to pass, small furniture stores became small furniture factories. This is when the modern furniture industry began.

Ohio, Indiana and Michigan were the homes of some of the very first furniture factories. Usually these factories were built near supplies of water power and wood such as pine, oak, walnut and white maple.

In 1848 William Haldane, a cabinetmaker, built the first most important furniture

centers in Grand Rapids, Michigan. With seven assistants, a few tools, this furniture industry built by Haldane is often referred to as the "Furniture Capitol of America."

With consumers expectations of qualities and standards, furniture manufacturers in Grand Rapids formed the Furniture Guild, which set a common standard for the group.

In today's society, there is an extremely large selection of furniture. A new age is dawning, and with an exceptional choice in furniture. Wood selections rang from cherry to maple to oak to light oak, pine and white wash pine, which seems to be the most popular of today's consumer.

Investing your hard earned income in a living room suite, bedroom suite, kitchen or dinette set, can become quite an economic decision.

Make sure you check the

construction of the furniture. For example, if you're purchasing a living room suite for a formal setting, only to be used on special occasions for entertaining, the build may not be as important as if you're purchasing a suite for the TV room to be lounged on. Let's not forget those dreaded spills of Kool-aid from those little darlings. This is when you look for sturdiness. Most materials today are stain resistant, if you have children you can appreciate what an excellent addition this was to the furniture of the '90s.

From the Roman stone chair, to the elegant Queen Anne, and to Dad's favorite lounge, furniture has come a long way. With the wide variety of selection, everyone is sure to find what best suits his or her own needs for color, style and construction.



Need A Job Done?

*Cleaning • Painting • Mowing
Lawn Care
Homes • Offices • Businesses*

Call

*The Sisters
Three*

606/478-1250

606/478-9436

Velma Hamilton

P.O. Box 261

Harold, Kentucky 41635

Old-fashioned way to beat the heat:

Whirring breeze of fans brings memories

Once upon a time, homes were cooled with shades, open windows and fans. Then came air conditioning, and people forgot about the older ways, or at least they ignored them.

Then came higher electricity bills — and higher electricity bills — and higher electricity bills. Now, some families are asking questions about those older, and cheaper, methods of summer cooling. Those methods won't provide uniform cooling, but they will lower energy bills.

The most common kind of old fashioned cooling is the portable fan; it stirs the air only in a given area. This is a very inexpensive method of cooling, but it's only effective in the immediate area of the fan.

Attic ventilation fans are another source of beating the heat. Attic fans, also known as power roof ventilators, pull air out of the attic, but they could cause problems. If the ceiling is well-insulated with at least six inches of fiberglass, attic fans are not recommended. Older homes that may not have sufficient insulation may benefit from attic fans.

Another fan system is the full house ventilating fan, which is often confused with an attic fan. The full house ventilating fan pulls fresh outside air through any open window or door rather than hot air from the attic. It exhausts the warm air through a special opening such as a hallway end wall, a window or attic opening.

Putting the exhaust fan in a central hallway and exhausting it to the attic gives the best control through the house. This doesn't change the out-

side air temperature, but it does give some cooling by replacing interior warm air with fresh outside air.

For maximum savings and

maximum comfort try using the air conditioner during the day and, when outside temperatures are cooler, use the ventilating fan at night.

Home safety tips

Accidents bring misery to many Kentucky homes. Following is a checklist of accidents waiting to happen. If you answer no to any of these questions, it could mean a hazardous situations exists in you home.

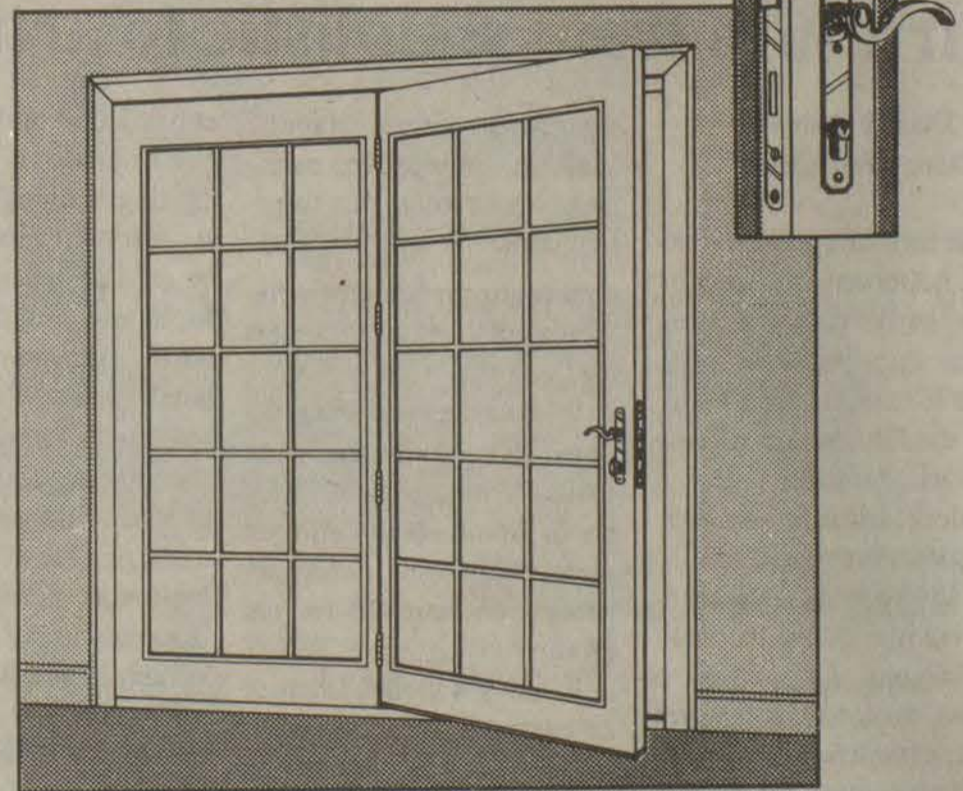
- *Are stairs and steps in good condition and have sturdy handrails?
- *Is there plenty of light in all areas of the house and outbuildings?
- *Do you have fire extinguishers and smoke detectors? Do you test monthly to make sure they work and change batteries when needed?
- *Is your electrical system adequate to your needs?
- *Are power lines that serve outbuildings either underground or high enough?
- *Are electrical appliances, tools and equipment properly installed and grounded?
- *Are chimneys clean and open? Are venting flues for gas appliances sound and leak-free?
- *Are flammable liquids in approved safety containers?
- *Are household chemicals stored in locations where the hands of curious children cannot reach?

No checklist can point out every hazard that exists in a home. Make a survey of every area of your home and think SAFETY and make a list of repairs. Don't delay, begin today!

The Most Energy Efficient Patio Door. And The Most Beautiful.

How could anything so beautiful be so practical? Craftsmanship. It's as simple as that.

- Hand crafted edge-glued ponderosa pine with red oak sill.
 - Beautiful solid brass mortice lock for security.
 - Energy efficient double-pane insulated safety glass and high-tech weather stripping.
 - Completely assembled. Easily replaces aluminum sliding door.
 - In stock for immediate delivery.
- The Atrium Door®. Come in today and see the many beautiful ways it can help you cut energy costs.



The Original
**The
Atrium
Door.**

WRIGHT LUMBER COMPANY

Martin, Ky. • (606) 358-3368 — Pikeville, Ky. • (606) 631-1240



A Legend

One Night in ancient times, three horsemen were riding across a desert. As they crossed the dry bed of a river, out of the darkness a voice called, "Halt!"

They obeyed. The voice then told them to dismount, pick up a handful of pebbles, put the pebbles in their pockets and remount. The voice then said, "You have done as I commanded. Tomorrow at sun-up you will be both glad and sorry." Mystified, the horsemen rode on. When the sun rose, they reached into their pockets and found that a miracle had happened. The pebbles had been transformed into diamonds, rubies, and other precious stones. They remembered the warning. They were both glad and sorry - glad they had taken some, and sorry they had not taken more.

And this is the story of Insurance

At River City Insurance Agency, Inc. We won't let this happen to you.

Stop by today for a review of your present coverage or to obtain a quote.

Thomas D. Lafferty, Jr. Agent
606-874-9265 Office
606-874-9631 Fax

Finishing beautifies and protects wood furniture

Finishing wood furniture is a popular American hobby. It provides a great feeling of satisfaction when the piece is completed and introduced to the home.

There are really just two reasons to finish wood. First, a quality finish is good for the wood, providing protection against common damaging enemies such as moisture. Second, a finish enhances and beautifies the grain.

If you have an unfinished piece of furniture, or if you decide to remove the finish from an old piece, you can color the wood or go straight to the finishing process. If you decide to color the wood, you can employ one of three basic techniques — staining, dying, or bleaching.

Basic techniques

Staining is different from dying. According to one wood refinishing book, stains pene-

trate just below the surface while dyes color the entire piece of wood. That same book also put the explanation another way — dyes change the color of the wood, while stains cover the wood with a thin layer of coloring.

Bleaching, the process of subtracting color, lightens wood by using chemicals such as oxalic acid, chlorine and hydrogen peroxide. A word of caution: Read and understand directions before application. Also, be conscious of safety procedures for you, your family and the environment.

After the wood has achieved the desired coloring, it is time to apply a finish. Polyurethane probably is one of the most popular finishes because it is easy to obtain and use. But, most have drawbacks — air bubbles may develop when polyurethane

is applied with a brush and those with an amber tint give wood a yellowing, unnatural appearance.

New products are changing both situations. One kind, 3M's Scotchgard brand Wipe On Poly Finish, is clear. It penetrates the surface to seal the wood with added protection, but it doesn't alter the desired natural or stained look of the wood. It is applied with

a cloth to significantly reduce surface bubbles.

Limited supplies of a free sample kit that includes the finish can be obtained by writing 3M, Dept. PRM, 530 Fifth Avenue, New York City 10036.

Another popular finish is tung oil. Varnishes, which combine oil and resins, are divided into oil varnishes, synthetic (man-made) resin

varnishes such as polyurethane, and spirit varnishes. Tung oil and linseed oil often are found in oil varnishes.

Other finishes include waxes, French polishing and lacquers.

Wood can accept many kinds of stains/chemicals and finishes, and it can be enhanced hundreds of ways. The only limit is your imagination.

Decorating tip:

Color stylizes existing decor

Color is a powerful decorating tool. It not only stylizes a decorating scheme but can be used to accentuate good architectural features or camouflage unattractive ones. Even well-worn furniture can be brought to life with faux finishing techniques, such as marbleizing, sponging or stenciling.

On the other hand, a handsome piece of furniture can be accentuated by placing it against a wall painted in a contrasting color. Attractive architectural features can be emphasized the same way, by painting them a darker or

lighter color than the walls in the room. Color of jade and ochre in a Ming vase, for example, might be played off in trim paint, wallcovering, fabrics, and in an Oriental area rug.

Color additionally can establish a focal point or create interest where none exists. A perfectly square room, for example, can be made geometrically more interesting by painting one wall in an accent color. Similarly, a long narrow room can appear wider if the shorter walls are painted a darker color than the longer walls.

Light colors, conversely, can make a room appear larger than it actually is. When striving for this optical illusion, choose yellow and white in paint colors and light, airy colors and patterns in wallcovering and fabrics.



S·A·L·E

BIG SAVINGS

ON EVERY SPRING AIR®
INCLUDING BACK SUPPORTER®
PLUS SAVE AN EXTRA 10% WITH THIS CARD

	Regular Price	Sale Price	Less 10% Discount	Your Final Cost
FIRM				
Twin Each Pc.	\$ 179.00	\$ 99.00	\$ 10.00	\$ 89.00
Full Each Pc.	219.00	144.00	15.00	129.00
Queen Set	479.00	388.00	39.00	349.00
King Set	639.00	499.00	50.00	449.00
PLUSH				
Twin Each Pc.	\$ 199.00	\$ 110.00	\$ 11.00	\$ 99.00
Full Each Pc.	259.00	166.00	17.00	149.00
Queen Set	589.00	444.00	45.00	399.00
King Set	729.00	555.00	56.00	499.00
LUXURY FIRM				
Twin Each Pc.	\$ 219.00	\$ 166.00	\$ 17.00	\$ 149.00
Full Each Pc.	299.00	222.00	23.00	199.00
Queen Set	619.00	555.00	56.00	499.00
King Set	799.00	666.00	67.00	599.00
BACK SUPPORTER				
Twin Each Pc.	\$ 439.00	\$ 299.00	\$ 30.00	\$ 269.00
Full Each Pc.	549.00	366.00	37.00	329.00
Queen Set	1099.00	888.00	89.00	799.00
King Set	1399.00	1110.00	111.00	999.00

Complete Kitchens
from:
Maytag
and
GE

Featuring Several Fine Lines Of Furniture Such As:

- Bushline
- Lane Action
- American Drew
- Vaughn Bassett
- Chromecraft,
- Plus Quasar TV's!

RAY'S FURNITURE and APPLIANCE

PIKEVILLE, KENTUCKY Phone 432-1444

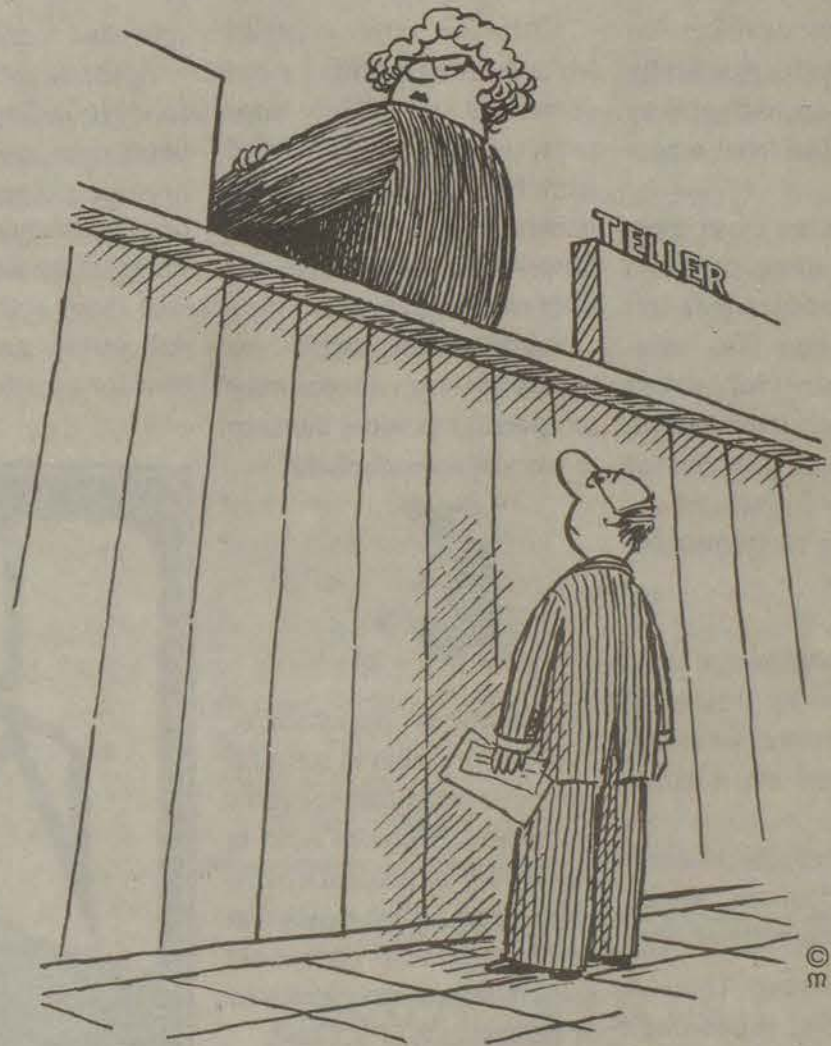




Full Service Free Delivery

FROM THE EXCLUSIVE MAKER OF THE BACK SUPPORTER MATTRESS

BIGGER ISN'T ALWAYS BETTER



The big banks have a way of making folks feel pretty small.

That's why even as we grow, our focus stays clearly on providing each and every customer with personal attention.

In fact, we believe that's the secret to our success.

If you're tired of the mega-banks giving you the cold shoulder while charging more and more for fewer and fewer services, stop in for a chat and discover how our friendly approach to banking makes a big difference.



FAMILY FEDERAL SAVINGS BANK

"Your Family Financial Center Since 1936"

Checking with Interest — Savings Plus
Tax Free Savings — Loans

Pikeville • Paintsville • Salyersville

Household products can cause permanent stains in furnishings

Spots can develop on household textiles practically before your eyes, and you may not have a clue from where they came.

"It's a safe bet those spots came from some common household product that left an invisible stain. That invisible stain became visible when the humidity, temperature, moisture or sunlight activated it," said Frances Pitts, an extension home economist for Floyd County.

The only solution, she said, is prevention by knowing what products can cause stains and taking care when using them.

Benzoyl peroxide is used in acne medications, some foot care preparations and some pet shampoos. This is a strong oxidizing (bleaching) agent that can destroy dyes in carpet, upholstery, bedding and other fabric items. Most benzoyl peroxide stains begin as orange or dark yellow areas and turn lighter over time. On blue carpets, however, the spots may appear slightly pinkish or white.

Chlorine and oxygen bleach, swimming pool chemicals and mildew stoppers also remove the color from fabrics. These spots are generally yellow. Chlorine, however, causes some red dyes to turn green.

Acids and alkalis must be promptly and thoroughly removed to prevent damage to carpets and upholstery.



"As little as one percent of hydrochloric acid in solution can cause pink or orange spots in carpets. Stomach acid is essentially 10 percent hydrochloric acid, which means that vomit can cause permanent spots if not promptly removed or neutralized," Pitts said.

Toilet bowl cleaners, corn and callous removers, foot preparations and tile cleaners often contain acids that can destroy colors. Strong alkaline substances, such as sodium hydroxide in drain and oven cleaners will destroy the fabric itself as well as cause

spots and stains, she said.

Spills of some liquid plant foods or leakage from house plants can cause color changes in carpets. Spots of this kind develop near the backing and progress upward to the surface. Such stains are usually dull yellow and may not appear for months.

Be cautious in using pesticides and insecticides around carpet. Malathion, diazinon and DDVP destroy dyes and can cause faded spots on carpets.

Furniture polish may cause green or bluish spots around the base of a piece of furniture.

Disinfectants, germicides and bathroom cleaners are possible sources of permanent color damage to textiles, Pitts said.

Pitts advised consumers to know what they are using and to use all products according to label directions.

Home Improvement Projects

Inside the home

- *Add attic insulation
- *Clean carpets and curtains;
- *Repaint kitchen;
- *Spruce up your bathroom.



Lawn & garden care

- *Clean yard of winter debris;
- *Prune dead tree limbs;
- *Fertilize and seed lawns;
- *Water lawn, trees and shrubs.

Outside the home

- *Touch up paint outside of home or clean siding;
- *Remove, clean and store storm windows;
- *Install screens;
- *Patch roof;
- *Clean gutters of leaves and debris;
- *Clean air conditioner condenser coils.



**—QUALITY YOU CAN STAND ON...
AT PRICES YOU CAN AFFORD**

**Check Our Prices
Before You Buy!**

**COMPLETE
LINE OF
KITCHEN
CABINETS**





Many National Name Brands:

- Monsanto Stainblocker Carpeting
- Stainmaster
- Congoleum
- Mannington
- Ceramic Tile

- Anso V Worry-Free
- Oriental Rugs
- Window Treatments
- Armstrong
- Tarkett

Mon - Fri 9am - 6pm
Sat 9am - 3pm



437-9969

**FINANCING
AVAILABLE**

914 S MAYO TRAIL

Tips for making wallpapering simple

by Judy Fields
Owner of Fields
Discount Wallpaper

Spring is here! It seems with spring comes a revived feeling of excitement, energy and an eagerness to clean, clean, clean.

Before venturing outside into gardens, lawns, and patios the house needs to be cleaned from top to bottom. Spring cleaning ranges from closets, drawers and cupboards, to windows, floors and walls.

Since walls constitute the largest area of a room, careful consideration should be given to their treatment. Nothing brightens the atmosphere of a home like wallpaper. Wallpaper sets the mood of a room. And, with today's selections of wallcoverings, the ceiling's the limit. There is even paper available that can be painted and papers that can be applied to ceilings for the textured look. With an eye for color and style and a little imagination, even an amateur can do a professional looking job.

PLANNING

First, take a little time to plan the decor. What's your favorite color? Style? Keep in mind, this is your home where you want to be comfortable and whatever you do this spring will probably remain until at least next spring. Be sure to select colors and patterns that reflect your own lifestyle.

Soft, warm colors and subdued patterns would probably bore an extremely active person who loves a lot of excitement. While bold, active patterns might overwhelm someone who enjoys a quiet evening with the family or a good book in a cozy nook. So choose colors and patterns that you can live with, not just because they are the latest craze.

MEASURING

After deciding what to put on the walls, measure. Use a yardstick or steel tape. Take measurements in feet. To find the square feet of wall space to be covered, multiply the height by the distance around the room. Then divide by 56 (the amount of paper in a double roll, 56 sq. ft.).



Of course, the pattern determines the amount of waste there will be in a roll of paper since the pattern needs to be matched from strip to strip. The larger the pattern, the more waste there will be. Wallcoverings with strips or no patterns have very little waste.

It is very important to know just how many rolls it takes to do the job. Running out of paper in the middle of the job causes the need to stop, run out and buy more. What if the pattern is no longer available or is a different run number? If no more of the same pattern is available, a coordinating pattern may be used. Simply start in the corner and do one wall with the coordinate. A matching border can then be applied to bring the room together.

If the same pattern with a different run number must be purchased the paper may be a slightly different shade. This would probably show if used on the same wall, but if starting in a corner of the adjoining wall, the difference is hardly noticeable, if at all. However, these problems can be avoided entirely if the sufficient amount of wallcovering is purchased the first time. So measure.

WALL PREPARATION

Another important step is wall preparation. Some people like to cut corners and bypass this procedure. But, if

the paper is to remain stuck to the wall this step is essential. Old wallcoverings should be removed when possible, and wall-sizing or primer should be used. Walls should be free of dirt, grease and paste residue.

Wallcovering can be removed in several ways depending on the type. If the paper is drystrippable it will come off in one strip, leaving no backing on the wall. Simply find the top corner of a seam and gently pull the paper from the wall.

Peelable paper will leave a backing on the wall. This can be left intact if it is securely adhered to the wall and is free of cracks, bubbles, or loose seams. Just hang the wallpaper over the backing, letting it act as a wall liner. However, if the backing seems loose or has bubbles use a solution especially made to remove wallpaper. Either spray it on or apply with a sponge, being sure to saturate the entire area. Wait a few minutes and scrape the wallcovering off with a putty knife.

Stubborn wallpapers that are hard to remove might need to be steamed off. There are steamers available for rent at rental services or they can be purchased at some hardware stores.

After the old wallcovering is removed, the wall should be cleaned with mild soap and water, then rinsed. After which, wall sizing, or primer, should be applied. This reduces the porosity of drywall and plaster, preventing the adhesive from being completely absorbed into the wall surface.

Sizing assures greater adhesion and increases slipping properties which allows easy positioning of wall covering.

This sounds like time consuming work, and it is. Wall preparation is the least fun part of the job, but it's impor-

tant and not difficult. So, hang in there.

HANGING PAPER

The walls are now ready for the paper. Gather all the necessary tools, in addition to a pasting table, ladder, drop cloth and the newly purchased wallpaper. The essential tools are available separately or in kit form.

These tools are few and quite common — scissors, ruler, razor knife with a lot of new, sharp blades that will often need changing, also a wide putty knife used in conjunction with the razor knife for trimming, and a seam

roller, smoother and water tray, available from your local wallcovering dealer. To insure straight wallcovering installation, add a carpenter's level, chalked string and plumb to the list.

Professional skills are not needed to put up wallcovering. Pre-pasted wallcoverings make doing it yourself a breeze. The only requirements are being able to follow directions included with the new paper, knowing how to use scissors and being able to draw a straight line (aided by a ruler).

(See Wallpaper, page twelve)

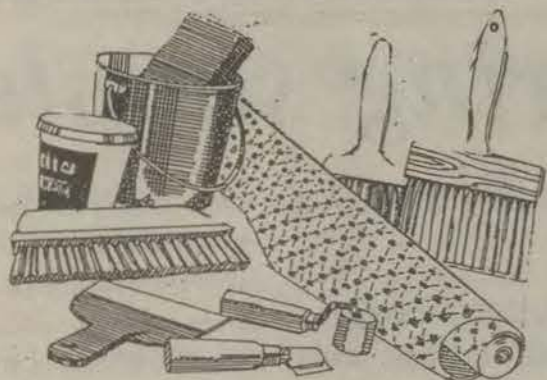
HOME BUILDERS ASSOCIATION OF EASTERN KENTUCKY

1991 Home Show



Located At
**KENTUCKY POWER
COMPANY**

COAL RUN
Friday, May 3rd - 1-6:30 P.M.
Saturday, May 4th - 10-6:30 P.M.
Sunday, May 5th - 1-6:00 P.M.



Wallpaper

(Continued from page eleven)

It is preferable to begin hanging the wallcovering in an inconspicuous corner of the room, or at a door or window. These are places where an imperfect match will be less noticeable.

(1) Set up the stepladder and use the yard stick to measure off a section one inch narrower than a strip of wallcovering. This is the starting mark. Place a thumbtack in the starting mark as close to the ceiling as possible and hang a chalked plumb line from it. At first the line will swing, but when it stops, hold it firmly at the bottom and snap the string. This will leave an easy-to-follow line on the wall. Remember to snap a new line for each wall.

(2) Measure the height of the wall, adding 6-8 inches, and cut a strip to that length. Place the water tray near the wall at one end of the pasting table and fill with lukewarm water. Each strip of wallcovering should be rolled loosely, pattern side in, back side up and completely submerged in the water tray. Soak for the length of time indicated by the manufacturer.

(3) Pull the strip slowly from the water onto the table, pattern side down. Fold, without creasing, paste-to-paste, top end to center. Repeat with bottom end. The top fold should be no longer than the bottom fold. Allow to "cure" or "book" for the length of time specified by the manufacturer. (Some pre-pasted wallcoverings can be applied to the wall directly from the water tray.)

(4) Unfold the top part of the strip only. Now line up

the right edge with the chalk line. Don't be afraid to slide the wet material around until it's even. Remember to allow the strip to overlap the ceiling by about two inches. The excess on the top and bottom is trimmed later.

(5) Smooth out the strip, working down the center and out to the sides to remove wrinkles and air bubbles. Small bubbles will disappear with drying. If working from a corner, allow the excess material to wrap onto the adjoining wall. Roll over the edges with a seam roller.

(6) Using a wide putty knife as a guide, trim top and bottom of wallcovering with a sharp razor knife. Rinse baseboard, ceiling molding and wallcovering with clean water and sponge.

(7) Find pattern match and cut the next strip. Soak and hang with seam butting against the first strip. Do not overlap. The width from the beginning of the last strip to the corner may be less than the width of the roll, so measure the distance between the starting edge of the last strip and the corner, add one inch, and cut the strip that width. Hang just like the other strips, wrapping the extra inch around the corner. Repeat from step (4) around the room. Vinyl-to-vinyl paste may be needed in corners where paper is overlapped.

(8) Now the trimming is done, excess paste cleaned off, and tools put away, the job is finished. Now for the reward. Stand back and look at the room and be proud of yourself.

Economical home improvements

by Joe Zorc



If you are looking for ways to gradually upgrade your house, there are many options available that do not require a lot of money and can aesthetically enhance your home, while also increasing its value. A lot of these improvements can be done with a few tools or by hiring just one subcontractor.

Of course, before adding any special touches, the house already should be in basically good shape, with a decent paint job and working windows and doors. It would not be wise to spend money on special effects before the house is presentable and in good working order.

Lighting fixtures or ceiling fans can dramatically change a dining room, a living room or an entrance foyer. A visit to an electric store is well worth the trip. You will see that for between \$100 and \$300, you can find a chandelier to go above the dining room table. Many electric stores also carry decorative ings, using wider molding for higher ceilings. You need not put it in all rooms, but perhaps just the living room and dining room. A reproduction of wood molding has been manufactured recently in a durable foam, which can be cut and installed easily. This product is well worth checking out before you decide to use wood. If you do decide on wood molding, you probably should hire a carpenter, as it takes a lot of skill and special saws to miter the corners.

A bathroom can be improved by installing a pedestal sink for around \$125 to \$325 for the fixture. It may be necessary to hire a plumber to change the sink, as the drain assembly is sometimes difficult to install. Also, for small bathrooms, you may consider installing a large mirror on an entire wall to make the room

appear larger. In addition, a multitude of styles and finishes are available for towel bars and other accessory hardware for the bathroom. ceiling moldings for centering above the fixture. These moldings cost between \$25 and \$250 and are easy to paint and install.

If your interior doors are very lightweight and plain, they probably are hollow-core doors, with no raised panels. You can buy very good paint-grade, raised-panel doors to replace these for about \$100 each. You only have to purchase the door; you can reuse

the hinges from the old door, unless you want to upgrade to a brass or polished chrome hinge.

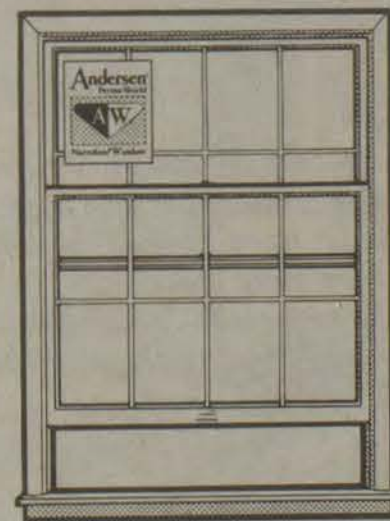
If the existing doors are of a quality you like, you may choose to replace the handles and hinges with a decorative type. All you will need is a screwdriver. If you do change the hardware on the doors in a room, you may also want to look at changing the window pulls and the window-sash locks to match.

A more substantial improvement is crown molding. Choose the molding according to the height of the ceil-

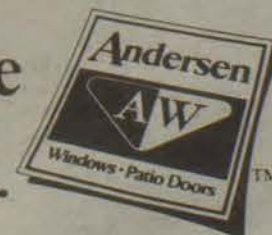
WE HAVE WHAT YOU WANT IN A WINDOW.

Andersen® Perma-Shield® windows offer you:

- Double-pane insulating glass.
- Optional High-Performance insulating glass.
- Complete weatherstripping.
- Insulating wood core.
- Low-upkeep vinyl exteriors.



Come home to quality. Andersen.



Call for free estimate.

WRIGHT LUMBER COMPANY

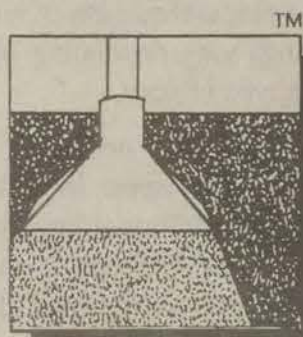
Martin, Ky. • (606) 285-3368
Pikeville, Ky. • (606) 631-1240

PROFESSIONAL CARPETSM SYSTEMS



*Du Pont certification mark for carpet care services meeting its quality standards.

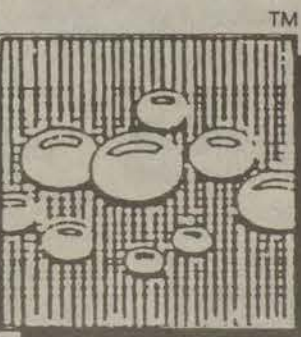
A Carpet & Furniture Specialist



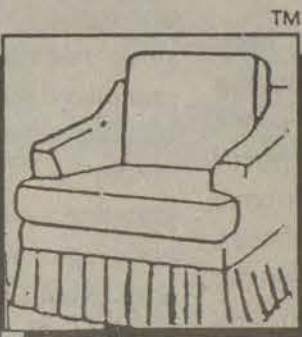
Carpet Cleaning
Wet/Dry Process



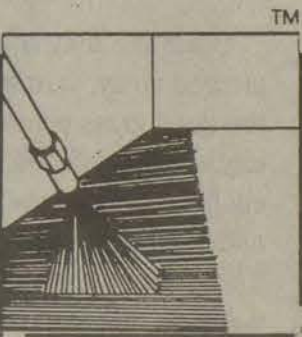
Pet Deodorizing
& Disinfecting



MASTERSERIES
Stain Protection



Upholstery
Cleaning



Carpet
Redyeing



Water Damage
Specialists

TOTAL CARPET CARE

- Pet Odor & Flea Control
- Dyeing/Tinting
- Spot Removal
- Carpet Repairs
- Vinyl Floor Repairs
- Bleach Stains Recolored
- Kool-Aid[®] Stain Removal

GUARANTEED LOWEST PRICES!

Phone 297-3628

SATISFACTION

- Workmanship guaranteed
- Color is guaranteed for the life of the carpet
- Free estimates
- Serving all of East Ky.
- One Hour Express emergency service
- Residential/Commercial
- Fully Insured

★ ASK ABOUT OUR WHOLE-HOUSE CLEAN SPECIAL ★



Six easy steps to having a healthier lawn

Spring showers bring more than beautiful flowers. They provide the perfect weather and soil conditions needed to restore a lawn that has been ravaged by the vagaries of winter. In fact, mild, sunny days and cool nights are ideal for tackling pesky lawn problems.

Two common lawn woes are bare spots and thatch. Undernourished soil, sun scald and insect infestation often cause brown, patchy spots in an otherwise healthy-looking lawn. The other major offender, thatch, is a build-up of dead and living shoots, stems and roots that develop between grass and the soil surface.

The good news is that lawns can be transformed into a healthy, green carpet by following these six easy steps; removing thatch, aerating, fertilizing, overseeding, top-dressing and watering. Minimal physical effort will produce results that are bound to provide maximum satisfaction. Best of all, home gardeners can now use "Nature's Best," an all-natural organic fertilizer for safe lawn tune-ups.



Removing Thatch

The first step in restoring the lawn is to remove thatch.

Dethatching gives old grass new room to grow and opens little spaces in the turf where the new grass seed can germinate. To dethatch, use a sturdy rake and a little elbow grease. There are also a number of highly effective power-driven dethatchers which can be rented from a lawn and garden supply dealer.

Once the thatch has been cleared away, start removing the dead grass patch. Form a circle around the outer rim of each dead patch and remove and discard the top two inches. Then, with a garden fork, dig down to a depth of six to eight inches and turn the soil over a few times.

Aerating

Heavy traffic can cause lawns to become hard and compacted, making it difficult for grass roots to get the air and water they need. Aerating soil eliminates this problem by preparing the ground to produce healthy grass. Rent a power aerator to pull suffocating plugs out of the soil, then rake off the plugs.

Fertilizing

Now it's time to add fertilizer. All lawn care specialists recommend using an all natu-

ral, homogenous formula of nitrogen, phosphorous and potassium, such as "Nature's Best" All Natural Organic Lawn Fertilizer. It is ideal for environmentally responsible homeowners who wish to use a 100 percent pure organic fertilizer. It contains 80 percent water insoluble nitrogen that slowly releases nutrients into the soil. Because of this slow release process, the granulated fertilizers are non-burning and do not need to be "water in." The all-natural granules also encourage the build-up of soil microorganisms, which help break down thatch.



Overseeding

After thatch and weeds have been removed, and fertilizer added, the soil is ready to be seeded.

When selecting a particular grass seed for the repair job, keep in mind how much sun and traffic the lawn gets, and what grasses complement the established lawn and grow best in the area. The local lawn and garden retailer or extension agent is the best source for advice on seed selection.

Spread a handful of grass seed evenly over the conditioned soil and gently top-dress the area with a thin layer of peat moss. Water the seeded area lightly each day until the first blades of grass appear.

Overseed the entire lawn with a light coating of the same seed to be sure that it grows thickly and evenly, making the otherwise tedious process an effortless task. The final step is to top-dress the lawn with a quarter-inch to half-inch layer of organic mulch to protect the seeds and help retain moisture.

Watering

Proper watering practices

will help the lawn remain deep-rooted and healthy. Keep the area moist until the grass is established — a period of about two weeks. Set sprinklers so that they cover the entire planted area without having to be moved around, thereby upsetting tender young seeds. In addition, avoid light sprinklings in favor of thorough waterings that penetrate the soil to a depth of several inches.

The newly established grass will begin to appear in two to three weeks. It should be allowed to grow to a height of 2 1/2 to 3 1/2 inches before

the first mowing. Thereafter, mow once a week with a well-sharpened mower to maintain the height at about two inches. Let it grow slightly taller in mid-summer to reduce heat intensity. Every type of grass seed requires at least a second fertilizing sometime over the course of the lawn season. The time of the year and number of fertilizings vary depending upon the type of seed.

With the problems of patchy bare spots and thatch solved, additional lawn care should be a breeze throughout the summer and early fall.

**It's A Dirty Sale But
Somebody's Got To Have It.**



Save Up To \$100

If you're a serious gardener or in love with fine machinery, here's a real clod buster. A BCS tiller. It's the fastest selling tiller in America. And no matter which of our models you choose, you'll find features that set it apart from all others.

Like electronic ignition. And rear mounted tines that turn almost 300 times a minute. And all-gear transmissions, not belts and chains. And with attachments our tiller can become a chipper/shredder, a cutter bar mower for weeds and brush, a snow blower, and much more.

Right now you can save up to \$100 depending on which model tiller you choose. Plus a free tiller/furrower with the purchase of a BCS tractor and tiller. But the sale ends June 30th. So hurry. Because once people get the dirt on this sale, they're going to clean us out.



The Best Tiller On Earth

Blackburn's Lawn Equipment

U.S. 23 North

Starville, Ky.

478-9881



Mirror, mirror on the wall :

To many mirrors create funhouse image

by Jill Johnson Piper

Mirror, mirror on the wall: Should you hang above the sofa, or linger in the hall?

While mirrors have long been pressed into service to enlarge tight spaces, a little reflecting goes a long way. Too many mirrors, and you may feel as if you're in the fun house.

"One of the things you want to be careful about is that it reflects something pretty, because whatever you mirror you're going to see twice," said interior designer Gaye Rosental.

For example, a mirror that reflects a storm door or an electrical outlet might be well placed elsewhere. A mirror placed opposite an awkward architectural feature like the underside of a staircase or a doorway may have the paradoxical effect of chopping rather than enlarging space.

"The area that you do want to reflect should be at a right angle to the wall the mirror is on rather than directly opposite, said designer Anna Vance Anderson.

Or you can hang a mirror



Try to choose an overcast day for washing windows. Or do the job when the sun is not shining directly onto the glass. Sun causes streaks.

Heavy draperies, cork paneling, textured wall covering, and thick-pile carpet can all help to deaden sound.

A solution of 1 tablespoon chlorine bleach to 1 cup water is effective for removing ink spots from walls; rinse thoroughly.

so that it leans out an inch or two from the wall, allowing it to take in more than if it were flush against the wall. "This works particularly well when you have a tall mantle and ceiling, and you want to reflect more of the room than the opposite wall," said Ms. Rosental.

Avoid hanging a mirror where people, particularly diners, will be forced to look at themselves indefinitely.

"I hate sitting at a dining table and looking into a mirror, or having the person across from me looking in the mirror because they can't take their eyes off themselves. It's not their fault," said Ms. Anderson.

"That's a good reason not to mirror the dining room. But if it's the end wall, then nobody's really looking into it."

Be careful of the mirror-over-the-sofa formula, too. It also can make people seated opposite the sofa uncomfortable, again having to look at themselves all the time, and it may not be as interesting as a painting or a print.

So where does that leave you to hang a looking glass? Over consoles, mantelpieces, sideboards, chests, dressing tables, headboards and bathroom vanities; behind glass shelves in built-in bookcases; opposite or at a right angle to an important painting; in a dark corner.

Not all mirrors are created equal.

"The scale of the mirror makes a difference as to whether it's large enough or small enough for the space," said Ms. Anderson. "You also have to take into account the appropriateness of the piece it's hanging over."

It's not that every piece must be from the same period; it's a matter of scale and

balance.

One alternative to the framed mirror is the mirrored wall, which can enlarge a small room or add interest to a large one.

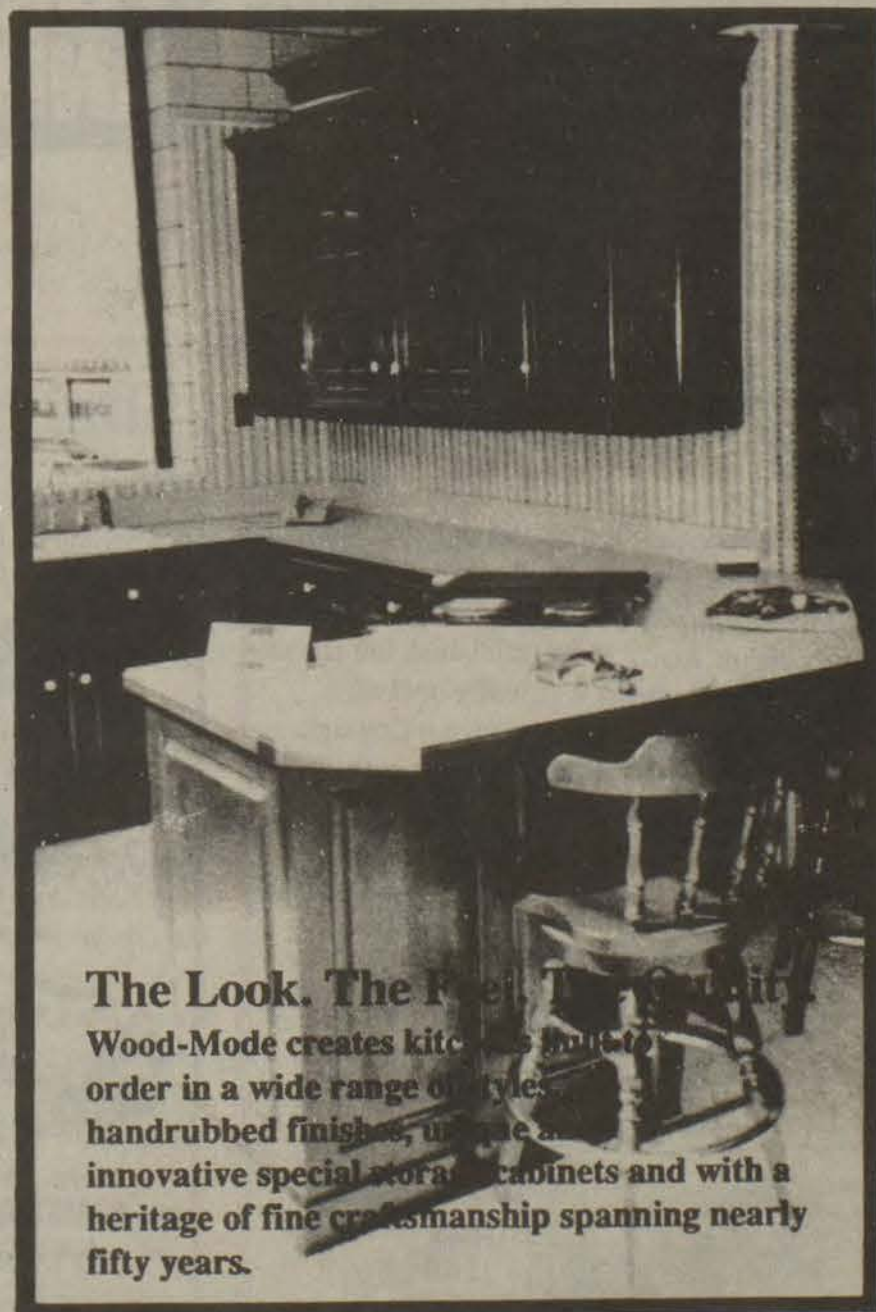
"When I've mirrored walls, I've used the smoked or the bronze because it's not quite as garish," said Ms. Rosental.

"Or you can use two depths of mirrors, especially in a bath-

room where you want to use a whole wall, I've hung a framed mirror over the mirrored wall, and then the sconces go into the plate glass mirror.

Wood-Mode®

FINE CUSTOM CABINETRY



The Look. The Feel. The Quality.
Wood-Mode creates kitchens built to order in a wide range of styles, handrubbed finishes, unique and innovative special storage cabinets and with a heritage of fine craftsmanship spanning nearly fifty years.

ELLIOTT SUPPLY

Custom Design Service Available

SHOWROOM HOURS:

Mon.-Fri.: 9-5 — Sat. & Evenings by Appt.

437-7368

1120 Cline St.-Pikeville

An adventure in the barn:

Bargain hunting can reap priceless treasures

by Susan Allen
Staff Writer

Almost everyone has been to an auction at some time in their lives, whether it be car, furniture or, my favorite, "junk," auctions.

Well, me and my friend, Lola, used to go to auctions (Lola more than myself) searching for, what we call, "treasures." That can range from a neat measuring spoon set to antique furniture.

Lola's father and a friend went to an estate auction in Pike County last year and were the highest bidders on an old barn. That deal turned out to one of the biggest treasure finds I've ever seen or heard about.

I didn't get to go to the barn when they first went to look at what was inside. But, from Lola's report, they probably couldn't have drug me away from it.

Inside the barn they found treasures upon treasures. Old furniture, clothes, books, movie programs, dishes, tools and everything else you can imagine. One treasure Lola got to look at, that wasn't part

of the deal, was a Stradavious violin. She beamed with the memory that she actually got to look at it. Boy, was I envious.

She told me about looking through all the old items in the barn and what treasures were to be found. Her father and his partner were planning to resale a lot of the items they couldn't use. I could feel the excitement building thinking about the chance to see those treasures.

Well, the first time I got to go look at the stuff, I was impressed. Cherry beds, washing stands and a ton of other stuff. Beautiful dishes, old letters, war-time memorabilia, original movie programs from "Gone With The Wind," and old 78 records that had painted pictures on the actual record. It was a true find.

Well, after I helped her pilfer through the stuff and she told me about a desk she thought I would like. It needed to be refinished, but she said it was really neat.

It was love at first sight and disappointment at the lack of

cash. I grieved my heart away because I just knew someone would buy it before I could get the money to get it. I just accepted the fact that it was gone.

Two or three weeks went by and I tried hard not to think about it. Occasionally I'd ask if anyone had bought it and to my surprise the answer was no.

Bound and determined, I finally managed to save enough money to buy it. After getting it home, I promptly removed the old paint from the top of the desk and admired the oak beneath it. It was gorgeous.

But, I haven't found the time or energy to take the paint off the rest of it. It's sitting in my living room

quickly become a catch-all. But, I still love and admire it and someday I will get it finished.

You never know what you will find at auctions or yard sales. Pieces can really become home improvements or they can be the next items in your yard sale. Either way, treasure hunting is a popular and exciting experience.



FOR MOWING, GROWING AND SNOWING SEASONS



SAVE \$200
\$113/month

90 DAYS SAME AS CASH*




185 Lawn Tractor
SAVE \$400
\$99/month

318 Lawn & Garden Tractor
18 HP, Hydrostatic
SAVE \$350
\$119/month



Versatile and durable, John Deere lawn tractors have the power and attachments for all your seasonal needs. With lots of legroom, tilt steering, adjustable seats and high-tech quality engines, they're tractors you'll love for a long time. See a John Deere today.

 **Nothing Runs Like a Deere**

Blackburn's Lawn Equipment

U.S. 23 North Stanville, Ky. 478-9881

* 10 percent down payment is required to qualify for 90 days same as cash. After the first 90 days, a 50-50 minimum finance charge per month will be applied. 14.75% APR.

LUMBER, APPLIANCES, ELECTRONICS, PAINT, LIGHT FIXTURE

ROCK, PAINT, PLANTS, TREES, SHRUBS, SIDING.

Low Prices Since 1946!

LOWE'S

Prices good thru March 30, 1991

AMERICA'S #1 HOME CENTER

LAWN FURNITURE, PAINT, WALL PAPER, KITCHEN CABINETS, CONCRETE & SUPPLIES, ROOFING, SHEETROCK, PLYWOOD, PLUMBING, HEATING, ELECTRONICS, SIDING, FENCING, FARM SUPPLIES, PLUMBING, APPLIANCES, PANELING, FLOOR COVERING, ROOFING, INSULATION, SIDING.

LUMBER, APPLIANCES, PLUMBING, ELECTRIC SUPPLIES, HEATING, COOLING, INSULATION, HARDWARE, TELEVISIONS, STEREOS, PAINT, TOOLS, MICROWAVE, LIGHT FIXTURES, FLOOR COVERING, MOULDING, PANELING, LAWNMOWERS, DOORS & WINDOWS, TOOLS, PAINT, SIDING.

FRAMING table with items like 2x4 GOOD STUDS, 2x4 PREMIUM STUDS, 2x6 PREMIUM STUDS, 1x12 SHEETING, 24' TRUSS, 1" D.H., 4 7/8" RAFTER TIE.

ROOFING table with items like 20 YR. FIBERGLASS SHINGLES, ROLLED ROOFING, FELT PAPER, DRIPEDGE, VENT-A-RIDGE, POWER ROOF VENT., 2 1/2 CORR., METAL ROOFING.

INSULATION table with items like 3 1/2 x 15 FACED R-11, 6 x 15 FACED R-19, 6 x 23 FACED R-19, 6 x 15 UNFACED R-19, 6 x 23 UNFACED R-19, 9 x 16 FACED R-30.

SIDING table with items like FIR SIDING RB & B, FIR SIDING 4x8 8" O., DOUBLE 5 VINYL White, PRIMED LAP 12"x16", 3/4" x 8" BEVELED CEDAR, 3/8" PINE 4"x8" O.C., 5/8" PINE 4"x8" 12" O.C., PRIMED V-GROOVE, ALUMINUM SOFFIT, VINYL SIDING Double S Color.

SHEETROCK table with items like 3/8" 4' x 8', 1/2" 4' x 8', 1/2" 4' x 12', TOPPING-JOINT, COMPOUND 5 gal., JOINT TAPE 250' roll, CORNERBEAD 8 x 1 1/4", DRYWALL SCREWS, VINYL SIDING Double S Color, TEXTURE BRUSH.

FRAMING LUMBER table with items like 2 x 4 x 8, 2 x 4 x 10, 2 x 4 x 12, 2 x 4 x 14, 2 x 4 x 16, 2 x 6 x 8, 2 x 6 x 10, 2 x 6 x 12, 2 x 6 x 14, 2 x 6 x 16, 2 x 6 x 18, 2 x 6 x 20, 2 x 6 x 22, 2 x 12 x 10, 2 x 12 x 12, 2 x 12 x 14, 2 x 12 x 16, 2 x 12 x 18.

WINDOWS section with text 'WE HAVE WHAT YOU WANT IN A WINDOW.', Andersen logo, 'PSNL WHITE 40% OFF List All In Stock Units', and PANELING items like AUTUMN OAK, CLEAR BIRCH, SPORTSMAN BIRCH, COLORTONE LAUAN.

DOORS table with items like STEEL ENTRANCE DOORS, PREHUNG INTERIOR DOOR UNITS, STORM DOORS.

DOORS table with items like PATIO DOORS, GARAGE DOORS, BIFOLD DOORS.

LIGHT FIXTURES table with items like CEILING FIXTURE, OUTDOOR WALL LIGHT, CHANDELIER, OAK LIGHT FIXTURE.

NAILS table with items like 8 of 16 SINKERS, ROOFING NAILS, 1 3/8" DRYWALL NAILS, 8 of 16 GALV. P.T. NAILS.

INSULATED SHEATHING table with items like BLACK BOARD, FOIL - 1 - SIDE, TUFF-R, 1x12-4 SHELVING, 1x12-6 SHELVING, 1x12-8SHELVING.

HARDWARE table with items like METAL BRIDGING, T-WALL BRACING, PLYWOOD CLIPS, INSULATION HOLDERS, JOIST HANGER, PLYWOOD GLUE.

CONCRETE table with items like PORTLAND CEMENT, MASONRY CEMENT, REINFORCING BARS, REINFORCING MESH, FOUNDATION BOLTS, FOUNDATION VENTS, 8"x8"x16" BLOCK.

MOULDING table with items like 1 1/16" COVE, QUARTER ROUND, 1 1/4" STOP, 2 1/4" CASING, 3 1/4" BASEBOARD, 2 1/4" CROWN, 3 1/2" CHAIR RAIL, 2" BRICK MOULD.

ELECTRIC table with items like 100 AMP BREAKER BOX, 200 AMP BREAKER BOX, SINGLE POLE BREAKERS, DOUBLE POLE BREAKERS, 12-2 WIRE WG, 14-3 WIRE WG, PLASTIC WALL BOX, RECEPTICLES, SWITCHES, 3-WAY SWITCHES, WIRE NUTS, BOX CONNECTORS, ELECTRIC TAPE, DOOR BELL KIT, DUSK-TO-DAWN LIGHT, MOTION DETECTOR, PRIVACY LIGHT, BEDROOM LIGHT FIX, OUTDOOR LIGHT FIX, BATH EXHAUST FAN, 36" CEILING FAN, LIGHT BULBS, 100' OUTDOOR EXTENSION CORD.

PLUMBING table with items like COPPER PIPE, CPVC PIPE, PVC PIPE, SEWER/RAIN PIPE, 4" CORR. DRAIN PIPE, WIRE SOLDER, CPVC CEMENT, PVC CEMENT, TUB/SHOWER COMB., ECONOMY COMMODORE, COMMODORE SEAT, S. S. DOUBLE BOWL SINK, TUB/SHR. FAUCET, TRIP LEVER DRAIN, LAVATORY FAUCET, OAK MEDICINE CAB., WATER HEATER.

PLYWOOD table with items like 1/4" WAFERBOARD, 7/16" OSB WAFERBOARD, 3/4" OSB, WAFERBOARD T & G, 1/2" CDX PLYWOOD, 5/8" CDX PLYWOOD, 3/4" CDX PLYWOOD, 3/8" BC PLYWOOD, 1/2" BC PLYWOOD, 3/4" BC PLYWOOD, 3/4" BIRCH CABINET, 1/4" LAUAN PLYWOOD, 3/4" T & G PLYWOOD, 5/8" WAFFLE BOARD, 5/8" PARTICLE BOARD, 3/4" B&B OIL PLYWOOD, 1/2" P.T. PLYWOOD, 3/4" P.T. PLYWOOD, 1/4" PRECUT 2x2, 1/2" PRECUT 2x2, 3/4" PRECUT 2x2.

PRESSURE TREATED LUMBER table with items like 2 x 4 x 6, 2 x 4 x 8, 2 x 4 x 10, 2 x 4 x 12, 2 x 4 x 14, 2 x 4 x 16, 2 x 6 x 6, 2 x 6 x 8, 2 x 6 x 10, 2 x 6 x 12, 2 x 6 x 14, 2 x 6 x 16, 2 x 8 x 8, 2 x 8 x 10, 2 x 8 x 12, 2 x 8 x 14, 2 x 8 x 16, 2 x 10 x 12, 2 x 10 x 14, 2 x 10 x 16.

PRESSURE TREATED LUMBER table with items like 2 x 12 x 12, 2 x 12 x 14, 2 x 12 x 16, 4 x 4 x 6, 4 x 4 x 8, 4 x 4 x 10, 4 x 4 x 12, 6 x 6 x 8, 6 x 6 x 10, 6 x 6 x 12, 6 x 6 x 16, 5/4 x 6 x 6, 5/4 x 6 x 8, 5/4 x 6 x 10, 5/4 x 6 x 12, 5/4 x 6 x 16.

LOWE'S delivers

Prices good in Paintsville store only. We welcome contractor charges. ... With Guaranteed Low Prices!

HOURS: MON.-FRI.: 8:00 AM-7:00 PM SAT.: 8:00 AM-6:00 PM SUN.: 10:00 AM-5:00 PM Old U.S. Highway 23, North Paintsville, KY 789-3800

LOWE'S logo, \$1,000 OR MORE INSTANT CREDIT! For Qualified Applicants, Need Credit? Just Ask! logos for MasterCard, VISA, Discover.

Blue Rug Juniper \$2.73 Limited Supply

Saga of a weekend (de)construction crew

by Janice Shepherd
Staff Writer

Two brothers occasionally try their hand at home improvement projects.

Due to their heavy work schedules, the brothers always plan their projects for the weekend when they feel they have plenty of time to accomplish their goal. To this day, they haven't learned that nothing ever goes as planned.

One summer weekend, the pair set out to put a concrete floor in one brother's garage. Supplies were purchased for the undertaking and all the tools were at hand.

The brothers prepared the ground as the day advanced.

They sectioned off the area, set up the base, and mixed their concrete to the right consistency. They poured and smoothed, poured and

smoothed, and the day grew later and later.

The brother's pet dog, leashed to a pole, watched the activity with growing excitement. He yelped and danced and occasionally drew comments or a pat on the head from the brothers as they worked.



To add the finishing touch to their job, the brothers placed boards across the concrete and smoothed it to a finish that any contractor would boast about. Finally, the two stepped back to admire their handiwork and pat each other on the back for a

job well done.

Suddenly, the dog got loose and started running all around the yard. The dog neared the garage and the brothers began waving their arms and yelling.

The dog must have thought it was a wonderful game they were playing, so he ran into the garage and across the newly poured concrete, dragging his chain behind him.

On another weekend, the two decided to add an additional room to one of their home's by sectioning off part of the living room. Wonderful idea, thought the wife and she admired the ingenuity of the two.

Again all the supplies were purchased: paneling, nails, hammer, and a power saw. They measured and chalked

straight lines to follow. Their plan sounded simple.

When they were ready to begin their first sawing job, they discovered they had forgotten a sawhorse. With nothing to support the board that needed cutting, they had to find something similar to hold up the wood, so one of the brothers conceived a brilliant idea — they would place a dining room chair at each end of the 2 x 4 or the paneling. It worked!

They made progress and had almost completed their job, despite the discovery that no wall in the home was square and numerous recut-

tings had to be made so seams would not show.

A piece of paneling lay across the two chairs, and one brother began sawing along the chalk line. The saw buzzed and hummed as wood shavings flew. Suddenly, the saw changed its tune to a slow grinding, crunching sound. The brother commented that he must be sawing through a knot in the wood, so he kept cutting until it was completed.

When the piece of paneling was removed, the brothers made a startling discovery. The knot of wood was the back of a dining room chair.

Love, honor, obey, and go-for

by Janice Shepherd
Staff Writer

I promised I would love, honor, and obey until death do us part, but nobody said anything about being a go-for.

Twenty years ago, when my husband and I were first married, we tackled home improvement projects with all the energy and enthusiasm of youth. No job was too big or too small for us. We searched high and low for these projects and we always found them.

Some projects were as simple as removing the squeak from the front door, so when guests entered our domain, they wouldn't check behind them to see if they had stepped on one of our pets. Simple and quick, I thought, but was I wrong. That is when my lesson began in being a

go-for.

First, I had to go for some 3-in-1 Oil and the search began. I checked high cabinets and low cabinets, in drawers and in closets. Finally, tucked in an out of reach area, I found the oil.

After I passed the oil along to my husband, who surgically applied the lubricant to the offending joints, the squeaking door mystery was solved. The hinges needed adjusting and that job called for a screwdriver.



While he checked the door meticulously from top to bottom, I had to go for the screwdriver. Kitchen drawers seemed the logical place to find a screwdriver, so I began my search there, looking through the things I had already scattered, but to no

avail. Again, I searched high cabinets and low cabinets, drawers and closets and found a screwdriver.

When I happily handed it to my handyman husband, he informed me it was the wrong kind. A screwdriver is a screwdriver, I thought, but my first lesson began in the right tool for the right job. My search began again and after numerous trips through my home, I finally found the screwdriver for the job.

The worst go-for job is one that requires numerous trips to the discount or hardware. I have discovered that I always purchase the wrong size or type of tool, whether it be nail or a bottle of glue. The key to making a go-for's life easier is to take the old item that needs replacing, show it to the sales representative at the store, and always — but always — keep the receipt.

Cleo's Interior Decorating, Inc.

Located 4 Miles West of Prestonsburg
on the Mountain Parkway

"Celebrating 20 Years In Business"

Custom Commercial or Residential Designs
Phone 886-6568 or 886-6061

WHY SETTLE FOR ORDINARY WINDOWS?

Do Some Smart
Window Shopping.

20% Off

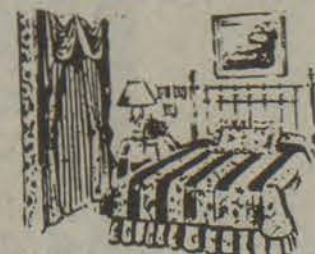
On Custom
Window
Treatments
by
Norman's of Salisbury

40% Off
Micro & Mini
Blinds

35% Off
Vertical Blinds
Free Installation!



Our Bedspreads Can Make
Your Dreams Come True.



20% OFF on custom bedcoverings
Norman's of Salisbury

20% OFF SELECTED WALLCOVERINGS
Hundreds of Books to Choose (Residential-Commercial)

LEES Carpets 5 to 10 Year Wear Warranty
Length of warranty depends on grade. Ask for details.

Authorized dealer



Featuring

WEAR-DATED CARPETS
With Locked-in Stain Protection & Resistance

Savings on
Large Selection "In-Stock"
LEE'S TRACKLESS
STAINMASTER
Ready for Installation

CONGOLEUM
FLOOR COVERING
In-Stock Starting at \$3.95

Bruce Hardwood Floors—
Ceramic Tile

(After Hours Appointments Available upon Request)

Open the windows:

Ventilation is key to avoiding new carpet odors

One of the tough things about getting new carpet is the odor that persists for a few days after it is installed. But with a little forethought, you can help minimize the "new carpet" odor problem.

"Certain odors, such as those associated with new carpet, may be considered unpleasant by some hypersensitive individuals," said Frances Pitts, Extension home economist with the University of Kentucky College of Agriculture.

The new carpet odor comes from 4-phenylcyclohexene, a by-product of styrene butadiene latex carpet backing. Intensive research has shown, however, no significant health risks associated with the odor.

And although apparently harmless, the odor can be detected at very low levels—as low as one part per billion, Pitts said.

To help alleviate potential "new carpet" odor, the Carpet and Rug Institute recommends following guidelines during that installation of new carpet:

* Ideally, and if possible, allow the carpet to rest unrolled in a well ventilated area of the home for a day or so before installation.

* During installation, open all doors and windows if conditions permit and operate the ventilation system at maximum fan speed.

* After installation, continue to operate the ventilation system at normal room

temperature with maximum fan speed for 48 to 72 hours. If possible, open doors and windows to increase the fresh air flow through the area.

Pitts said that formaldehyde has not been used in the

manufacture of carpet for over a decade and is therefore is not an issue for new carpets.

She pointed out that although the Environmental Protection Agency and the carpet industry have deter-

mined that there is no conclusive evidence linking carpet and illness, the Carpet and Rug Institute has commissioned an independent study to identify characteristics of carpet and its effects, if any, on air quality.

A rainy day project :

Let keys, mops and brooms hang together

If you're looking for something to do on a rainy day, try organizing spare keys, mops and brooms in one neat place in the laundry room, basement or spare closet.

Here are the supplies you need:

Old wood strip — one inch by two inches

Paint remover

Rasp and sandpaper

Drill

Stain

Finish

Hammer and awl

Three screws and three plastic wall anchors

Nails — number and size are up to you

1. Saw wood to a length of

22 inches (or whatever length you will need).

2. If you use an old painted piece of wood, remove the paint with one of the new water-based strippers.

3. File rough edges with rasp and smooth with fine grit sandpaper. 3M's aluminum oxide will work well.

4. Drill three holes slightly smaller than screw widths — one at each end about two inches in from the ends and one at dead center.

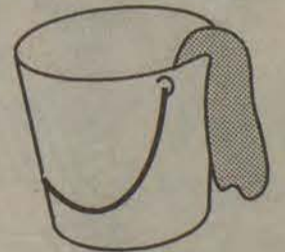
5. Stain the wood with the color of your choice.

6. Finish with your favorite polyurethane.

7. With hammer and awl,

make three pilot holes in wall that align with the holes drilled into the wood strip. Put in plastic anchors. Screw wood strip to wall.

8. At one end, attach screw type hooks to the strip for keys for the back door, garage door and nearby window locks. At regular intervals, hammer in nails to hold a mop, a sponge mop, or broom in inverted position. Two nails about one inch apart are needed for each item.



Childproofing your home

New, expecting or veteran parents should take some time to survey their home for ways to improve child safety. Some inexpensive, readily available items can be installed, and sometimes common sense is all that is needed. Parents and care-givers not familiar with infant behavior will want to review their home environment with special needs in mind.

*First and foremost, make sure fire alarms are installed, and check to make sure they are working properly. All family members should be rehearsed in a fire/emergency escape plan. Emergency phone numbers, including your phone number and the poison control center, should be posted.

*Inspect all electrical cords to appliances and lamps for frayed or damaged insulation, which could result in bare wires.

*Burns can be avoided by installing guards or gates

around fireplaces and wood-burning stoves. In the kitchen, pot and pan handles should be turned inward so they are inaccessible to young hands.

*Stairs should have safety gates at the top and bottom. If your stairs have balusters or pickets that are more than 4 inches apart, consider replacing them.

*Keep toddlers' and babies' cribs away from window-blind cords or lamps with cords.

*Area and throw rugs should be attached with adhesive tape or nonskid backing to keep them from moving.

Bumps, falls and the like are unavoidable with young children and toddlers, but surveying your home at your child's level for sharp edges, trip hazards and potential temptations can help decrease the chance of injury.

A Maid For A Day.

A NEW SERVICE IN THE TRI-COUNTY AREA

...With a woman's touch!

• RESIDENTIAL • COMMERCIAL
—Daily —Weekly —Monthly
—Or Occasionally

CALL ANYTIME
886-1322





From Dazzling to Dramatic!

“Wallpaper can change the look of a room faster than any other decorating project. Whether you prefer an elegant, dressy decor or that ‘good ole’ country look, **Fields** has a selection you just can't resist.”

OVER 700 Patterns In Stock!

Vinyls, vinyl coated, expanded vinyl silks and much more to choose from. If you can't find it in stock, we have a large selection of books to order from!

Prices starting
as low as **\$5.00**
a double roll

Save Up To
60% ON
SOME
PATTERNS!



FIELDS DISCOUNT WALLPAPER

Two Locations To Serve You

151 S. Mayo Trail
Pikeville, Ky.
606-432-1014

Rt. 1428
Old Allen
606-874-2904

Short On Cash?

We will be happy to lay away
your selection with a small deposit

OWNERS: ALVIN & JUDY FIELDS

