



A ROW OF SHRUBBERY on Maple Avenue here had become a fantastic snow sculpture by Tuesday under the weight of a deep layer of fresh snow.

Man Held Here As Bank Worker Seriously Hurt

A 33-year-old Hueysville woman remains in critical condition in a Lexington hospital after the car she was driving was involved in a head-on collision in Martin last Thursday.

Police have filed a drunk driving charge against the operator of the other vehicle, which had allegedly crossed the centerline on old Route 80 in front of Our Lady of the Way Hospital.

In the University of Kentucky Medical Center with severe head injuries is Kathy Allen, a switchboard operator at the First Commonwealth Bank here. Lodged in the Floyd county jail on charges of drunk driving, driving on a suspended license, and having no insurance is Timothy A. Bakay, 22, of Weeksbury.

According to information furnished by police and a member of the victim's family, Mrs. Allen was returning home from work, southbound, around 7 p.m. Thursday with a co-worker, Kay Rodebaugh, when her compact car was hit and she was thrown against the windshield. She was taken to Our Lady of the Way Hospital and later transferred to (See Story No. 2, Page 4)

Public Comment Proposal Loses

Court House Happenings

MARRIAGE LICENSES

James Todd Gray, 19, of Allen, and Amy Susan Turner, 17, of Drift; Elbert Cole, 27, of Martin, and Virginia F. Slone, 34, of Wayland; Keith Hall, 19, and Tina Marie Caudill, 17, both of McDowell; Larry Calhoun, 29, and Dora Estep, 26, both of Ivel; Dexter B. Spurlock, 18, and Towanna Salisbury, 17, both of Harold.

SUITS FILED

Commercial Credit Corp. vs. Arnold Hall; Envest, Inc. vs. Lyles-Rutledge Group, Inc.; Alex L. Spencer and Carolyn J. Spencer vs. Chester E. Davis and Loretta A. Davis; Alex L. Spencer and Carolyn J. Spencer vs. Carl Patterson and Ruth Patterson; East Kentucky Explosives vs. James L. Allen, Billy Brown, and Johnny D. Coburn. (See Story No. 1, Page 4)

Board Studies Plan Assuring Time at Meets

Although relations are generally cordial between Floyd school administrators and the current crop of citizen advocates, old wounds heal slowly.

That much became apparent at last Wednesday's Board of Education meeting when, on the recommendation of Superintendent E.P. Grigsby, Jr., the board turned down a proposal that would have guaranteed time for public comment at board meetings.

The proposal, put to the board by Chairman Dr. J.D. Adams at the request of Allen businesswoman Delores Smith, would have routinely set aside 15 minutes at board meetings for citizen comment on the schools. Mrs. Smith, vice-president of R. and S. Truck Body Co., was active in organizing the "town forum" on education last November at Allen Central High School, one of many meetings held across the state under the sponsorship of the Prichard Committee for Academic Excellence.

Improving communication between school officials and the public emerged from the November meeting and a follow-up meeting held last month as a major area of concern here.

Supt. Grigsby urged the board to retain its existing policy, which ordinarily (See Story No. 7, Page 4)

2 Council Members Here Resign Offices

Resignations of two Prestonsburg City Council members—one expected, and the other something of a surprise—were submitted Monday night during and shortly after the council's regular meeting.

The resignation of George C. Brown, effective February 11, was accepted during Monday's meeting, and his son, Dr. Gary Brown, was sworn in as his replacement after being elected by council.

Mr. Brown, who has served a total of five years as council member, although not consecutively, said in his letter, "I feel that a member of any team should be a fulltime member," and added, "due to the recent expansion of Brown Foodservice, I have not been able to do this."

Councilman Bobby Watson, who has served since January, 1984, turned in his letter of resignation to City Manager David Evans about an hour following the meeting. Evans said Watson expressed consternation that he had been unable to realize his goals as a council member and felt he should make way for someone new to implement the policies of the city.

The council is expected to approve Watson's resignation as well as appoint a replacement at the next regular council meeting.

A request by the state Department of Highways that the city donate a tract of land at Cliff as part of the right-of-way for a planned new bridge there evoked lengthy discussion at Monday's meeting and revived talk of a possible new access bridge to the Goble-Roberts Addition as well.

"It's the contention of the state that we should be willing to donate the tract (a little less than an acre) since the new Cliff access road was built largely with federal and community block grant funds," Evans pointed out. "But we feel that the land represents a sizeable investment by the city and that we are not in a position to simply give it away," he added.

Reemphasizing the need for a new

bridge to provide improved access to the heavily populated Goble-Roberts section of the city, council discussed the idea of a possible "tradeoff" whereby the city would donate the piece of right-of-way if the state would make a compromise on the \$286,000 figure which would be required of the city for the construction of a Goble-Roberts span.

Meeting in executive session, Councilman Paul Hunt Thompson was named to discuss the compromise with State Highways Commissioner Floyd Poore, who is scheduled to speak at a Chamber of Commerce banquet here later this month.

Evans stressed that the city would in no way jeopardize the Cliff bridge which, he said, was of great importance to industrial development in the Cliff area.

Evans told the council that Consolidated Communications, Inc., the Prestonsburg television cable system, had notified him that installation of a new antenna arrangement to receive WGN of Chicago was under way and that the channel would be restored to subscribers before the end of the month. Consolidated also announced that a questionnaire would be included with customer billing to determine whether subscribers would favor the addition to local fare of Nickleodeon, a children's programming network, a Christian broadcasting channel, A.C.T.S., or WVAH-Channel 23 from West Virginia.

(See Story No. 5, Page 4)



AMONG SNOWY BRANCHES, a robin is silhouetted against a gray, winter sky.

Roads and Streets "Extremely Hazardous"

Occasional high winds and a steady snowfall which began early Tuesday made travel conditions "extremely hazardous" over the county, and authorities warned residents late in the day to stay home and off the highways.

In Prestonsburg many business places closed early, but most food markets and gasoline stations remained open. An accumulation of six to eight inches of snow was on streets and roads and the snow continued at nightfall as The Times tried to get to press.

Police Chief Stan Fletcher said a curfew was possible here later Tuesday night. "It all depends on the weather," he said. "We ask people to stay home and businesses to close purely as a safety precaution."

Blaze Damages Liquor Outlet

A fire that broke out in the early hours last Wednesday has temporarily shut down the newly-opened Eastern Star Lounge and Restaurant, on Goose Creek, near Eastern.

Ballard Crum, an owner of the business, declined to discuss the blaze but firefighters said it was discovered in the rear of the building shortly after 3 a.m.

Terry Triplett, a member of the Garrett Volunteer fire department, the first unit to reach the scene, said actual fire damage was confined to the office area where it began but that the building suffered extensive smoke and water damage.

(See Story No. 6, Page 4)

Board Acts To Save Lost-Time Situation

With 23 days missed already on account of the weather, classes will extend well into June unless adjustments are made to the school calendar, members of the Floyd County Board of Education were told last week.

(Students were back in classes Monday but this week's snowfall has already pushed to 25 the number of days missed this school year.)

The board decided to scrap the two-day spring vacation, to see about teaching class on a day usually set aside for the Floyd County Education Association meeting, and to petition the governor for the maximum number of calamity days.

As a last resort, classes may be held on Saturdays to make up for lost time, although attendance—and state

Filing Date Changed For City Elections

Filing deadline for the positions of mayor or city council in Floyd county municipal races is February 27, a change from years past, it was said this week.

Prestonsburg City Manager David Evans said the change was made during the last state legislative meeting and applies to all cities which carry a non-partisan election ordinance. In previous years, the deadline was set at 60 days before election day, Evans explained.

The deadline applies to Martin, Wheelwright and Wayland as well as Prestonsburg.

funding—would be low.

Among other things to be considered, noted board member James A. Duff, were the schedules of teachers who plan to take graduate courses in the summer, many of which begin in the second week of June. Even if no more days are lost, Floyd students would be in class until June 20 unless the calendar were adjusted.

Not since 1978 have Kentucky schools missed so many days. In that year, the state Board of Education voted to allow schools to take up to five calamity days—days that do not have to be made up—and then-Gov. Julian Carroll later added another five days.

State School Superintendent Alice McDonald said last week she may propose at the March 5 state Board of Education meeting that school districts be allowed calamity days but that she would do so only reluctantly.

Under state law, school districts must hold classes for six hours a day, 175 days a year. The practice of lengthening school days to make up for lost time or even to anticipate it—known as "snow banking"—is no longer permitted under state laws.

Floyd school administrators will meet with state Department of Education officials in an effort to iron out differences in school building plans, it was announced at Wednesday's meeting of the Floyd board.

In a Jan. 15 letter to Supt. E.P. Grigsby, Jr., state Supt. McDonald indicated she would insist on three print (See Story No. 3, Page 4)



THE ANIMAL SHELTER on the old Middle Creek Road has reopened and already there are a few boarders, all candidates for the shelter's pet adoption program. Operating through the efforts of the Eastern Kentucky Wildlife Federation, one fulltime employee, John Marsillett (pictured here cleaning animal living quarters), has been hired. The shelter is open daily, 1-6 p.m.

Pikeville Group May Not Acquire Bank at Martin

A bid by Pikeville National Corporation to buy the First Guaranty National Bank at Martin has been turned down by the Federal Reserve Board.

Pikeville National is parent company of the Pikeville National Bank and Trust Co. The rejection of its proposal represents a victory for two Floyd banks, First Commonwealth and the Bank Josephine, which opposed the purchase, arguing that it would violate antitrust laws.

The Prestonsburg banks contended that Floyd and Pike counties are part of the same banking market, with banks in each county generating a substantial amount of business in the other.

Burlin Coleman, chairman of Pikeville National's board of directors, called the decision "a major disappointment" but said the corporation would not appeal it. Nevertheless, the Fed's decision "in no way lessens our resolve to expand and consolidate Pikeville National's leadership role in eastern Kentucky," he said.

Pikeville National is the largest locally-owned corporation based east of Lexington and is the state's sixth-largest banking institution, with more than \$325 million in assets. First Guaranty is the smallest bank in the Floyd-Pike market, with \$66 million in assets.

The Pikeville bank was the first to announce plans last year to build a regional banking network under a new state law which allowed bank acquisitions across county lines. The network initially included First Guaranty, Pikeville National and First Bank and Trust Co. of Ashland, but the Ashland bank later dropped out of the deal.

\$2.3 Million Suit Filed by Widow

The wife of a Salyersville man who died in a boating accident on Dewey Lake last summer has filed a \$2.3 million damages suit, naming as defendant the operator of the boat which struck the one in which she and her husband were riding.

The suit was filed in Floyd Circuit Court Friday by an attorney for Aleane Mullins Arnett, wife of Stanley Gene Arnett, a Magoffin county schoolteacher who died last August 24. The collision which killed her husband and injured her stemmed from negligence on the part of Jerry Thomas Scott, of Meta, Pike county, Mrs. Arnett alleges. Arnett was not at fault, the suit claims.

As administrator of her husband's estate, Mrs. Arnett seeks \$1.8 million to compensate for the loss of his earnings and \$250,000 in punitive damages. On her own behalf, she seeks \$200,000 in punitive damages, \$75,000 to compensate for her "pain, suffering and mental anguish," \$25,000 for "permanent physical and emotional injuries," and \$1100 for medical bills.

(Suits filed in court give only one side of the issue in dispute.)

This Town...That World

So help me, if ever I complain about the heat again...

NOT SHORT ON "DAYS"

February, shortest of the months, is literally loaded with "days." Starts off with Groundhog Day No. 1. (Another will come later in the month). Then Lincoln's Birthday, already come and gone, on the 12th (and not set back to Monday, the 11th). Then St. Valentine's Day tomorrow, the 14th. Washington's Birthday will be on the 18th, although he was born on the 22nd, and that's too bad, for the day must be observed on Monday to make a long week-end of it. And Ash Wednesday is on the 20th.

And don't forget that this whole week is Vocational Education Week.

UNCOURTLY REMARKS

"Accent on the Courts," the "house organ" of the state Administrative Office of the Courts, enlivened a recent number with reported "Legal Opinions," to-wit:

Jury foreman to judge: "We find the defendant guilty—and we're not too crazy about the plaintiff, either."

Witness to the judge: "I swore to tell the truth, your Honor, but every time I do, some lawyer objects."

(See Story No. 4, Page 4)

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The Kentucky Garden Journal

By Bonnie Lee Appleton
State Urban Garden & Home Horticulture Specialist
**COOPERATIVE EXTENSION PROGRAM
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Lather Up With A Luffa

If someone told you they knew something you could grow that you could both eat for dinner and scrub your back or pots and pans with, how would you react? I doubt I'd want to swallow something that could scour dried-on spaghetti sauce off my plate. Yet there is a member of the squash family—with names such as vegetable sponge, dishrag gourd, Chinese okra and cee gwa—that is both edible and usable.

Luffas (sometimes labeled loofas) grow on very rambunctious vines that need plenty of space. The first year I grew luffas the vines climbed over my tomato cages and thirty feet up a black cherry tree. To harvest that year I ended up atop an extension ladder, beating them down with a hoe. They are good candidates for trellises and fences, allowing the fruits to grow long and straight and to dry off quickly after a rain to prevent rotting.

Luffa fruits resemble large cucumbers, eventually becoming up to 4 inches in diameter and 18 inches long. If picked while immature they can be eaten raw like cucumber or cooked like their relative summer squash.

As luffas mature the cellulose in the walls of the fruit's cells begins to look like a tangled mass of thick thread. The older the fruit becomes, the rougher these fibers become. By harvesting at various stages one can get softer luffas for use as washcloths and cosmetic sponges, or harder luffas for pot scrubbers.

The fiber mass that makes up the interior of the luffa is covered by a dark green skin that must be removed before the luffa is used (although not if immature and eaten).

If luffas are allowed to mature on the vine, the skin will begin to turn brown or yellow and can then be fairly easily peeled from the body. But if a softer luffa is wanted, attempts to peel off the skin can result in peeling away parts of the inside. Much searching and at-home experimenting gave me two solutions: either freeze the luffas and as they begin to thaw, peel off the skin, or boil the luffas for 10 to 15 minutes, allow them to cool and soak for a few days, and then peel off the skin.

Skin removed, any loose, fleshy tissue that remains should be washed out, and the luffas laid out to dry. Once dry, cut the tip from one end, exposing the three or four hollow cavities, and shake—a shower of dry seeds should fall out. If you want small sections of luffa for hand-size scrubbers, they can easily be cut with a sharp knife. If you want a nice light tan luffa, soak it in bleach for a few minutes.

Luffa plants require a long, hot growing season. It is advisable in our climate to start seeds indoors six weeks before setting them out in May. Look for luffa seeds to be listed under gourds in most seed catalogs.

Luffa vines will be covered with small yellow flowers as the vines grow, making an attractive landscape screen if so desired. Luffa plants are monoecious—separate male and female flowers on the

same plant. From my experience the first flowers always seem to be males, but then flowers begin to develop with what looks like a small green pencil at their base and you know you have a female with a developing fruit. Pollen from male flowers is carried to the females by insects.

During autumn, in order to attract his "bride-to-be," a male moose creates a "wallow" by pawing up a patch of ground, urinating in it, then pawing it up some more, says National Wildlife magazine. For reasons known only to themselves, cow moose find this behavior charming.

The largest bat on earth is called a flying fox. Its wingspread ranges from two to five feet, and its hairy body may be as much as a foot long.

RE-ELECT
HENRY C. HALE
SHERIFF FLOYD COUNTY
MAY DEMOCRATIC PRIMARY
Pol. Adv. Pd. for by Thomas Hale, Treasurer

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DISTRICT 2

(Pol. Adv. Paid for by Candidate, 2-6-41-pd.)

In A Pinch?—Look To Small Colleges

If you're worried about cutbacks in federal financial aid programs and reports that financial assistance has generally decreased, take a look at the nation's more than 650 small independent colleges (those with enrollments of 2,500 or fewer full-time students)—they offer many creative financial aid alternatives.

Of course, small colleges offer the three basic types of financial aid that are commonly available to college undergraduates: grants and scholarships, educational loans (known as "self-help"), and student employment or work aid.

Where small colleges offer more advantages, however, is in their ability to develop nontraditional programs. "Due to their small size," says Gary Quehl, president of the Council of Independent Colleges, "small colleges have a unique capability to respond quickly and flexibly to students' financial needs, and to design new and innovative financial assistance programs."

For example: —Hartwick College (Oneonta, NY) has a new Parent Assistance Loan Program (PAL), which "forgives" half the amount of the loan when the student graduates.

—Taylor University (Upland, Ind.) offers a tuition-free semester to students whose parents have been laid off from their jobs.

—Pikeville College (Pikeville, Ky.) offers "workships" to dorm students to help pay for room and board, and offers a variety of loans ranging from interest-free "moral obligation" loans to low interest deferred payment loans.

—Augustana College (Sioux Falls, S.D.) offers a PACT (Parish and College Tuition) grant program, in which the college matches, on a two-to-one basis, contributions from congregations in support of students attending Augustana.

These are just a few examples of the kinds of nontraditional financial assistance programs that small colleges offer across the country. When looking at these colleges, be sure to ask about the kinds of financial aid that might fit your needs.

Job Corps Supports Blood Donor Center

By BARBARA WHITT

Tuesday may be just an ordinary day for you, but for Brian Sargent, Benny Finch and Jeffrey Finch, Tuesday is the day that means a trip to the Prestonsburg Donor Center. Brian, Benny, Jeffrey and many other residents at the Carl D. Perkins Job Corps Center have been regular blood donors for the last three years. From February, 1981, through October, 1984, Job Corps residents have donated 700 pints of blood. Their donations mean that thousands of patients in Kentucky hospitals recovered faster and went home sooner.

Every Tuesday, 6-10, Job Corps Center residents go to the Prestonsburg Donor Center to give blood. The Donor Center staff is very appreciative of these regular weekly donations. For more information about donating blood, visit the Donor Center on Tuesdays from 11 a.m. to 7 p.m. Thursdays and Fridays from 10 a.m. to 6 p.m.; or call the Donor Center at 886-1557. Join the Job Corps residents to lend a hand for life.

Sixteenth Birthday



Melissa Lynn Ousley, daughter of Denver and Judith Ousley, celebrated her 16th birthday at her home recently, with many friends and relatives attending.

Among the many gifts she received was a trip to Paris, France, given by her aunt, Mrs. Avinell Ousley, of Manton. Miss Ousley will be taking part in the foreign student study exchange program while abroad. She and her aunt will leave in June and will also tour England, Switzerland, Austria and, possibly, Germany.

CARD OF THANKS

The family of Jewelle Likens gratefully acknowledges the thoughtfulness and kindness of friends, relatives and neighbors in the loss of our loved one. We would like to thank everyone who sent food, flowers, or just spoke comforting words. A special thanks to the ministers, Doyle Meade and Wendell Meade, for their comforting service and to the Hall Funeral Home for its kind and efficient service.

THE JEWELLE LIKENS FAMILY

Saturday Classes Set for Approval

Superintendent of Public Instruction Alice McDonald announced plans last week for the approval of requests from some local school districts to hold Saturday classes to make up school days lost because of bad weather.

"I am keenly aware of the difficulties the season's weather has caused for local schools," McDonald said, "and I will do everything possible to help the schools meet the 175-day minimum as safely and effectively as possible."

McDonald issued a memo to local school superintendents explaining the procedures for requesting permission to hold Saturday classes. All requests are to be directed to Charles Calloway, director of the Division of Pupil Attendance, she said.

She has also directed her staff to study the problem statewide and to prepare proposals and a full report on the status of school calendars to go to the State Board of Education at its meeting on March 5.

ELECT
E. "SHAG" BRANHAM

FOR
MAGISTRATE
DISTRICT 1

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(Pol. Adv. Paid for by Candidate, 2-6-11-pd.)

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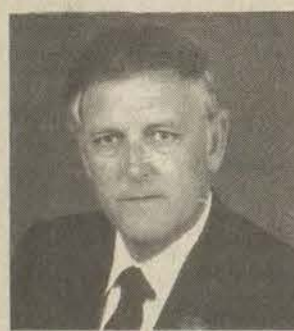
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CLERK

(Pol. Adv. Paid for by Candidate, 2-13-31-pd.)

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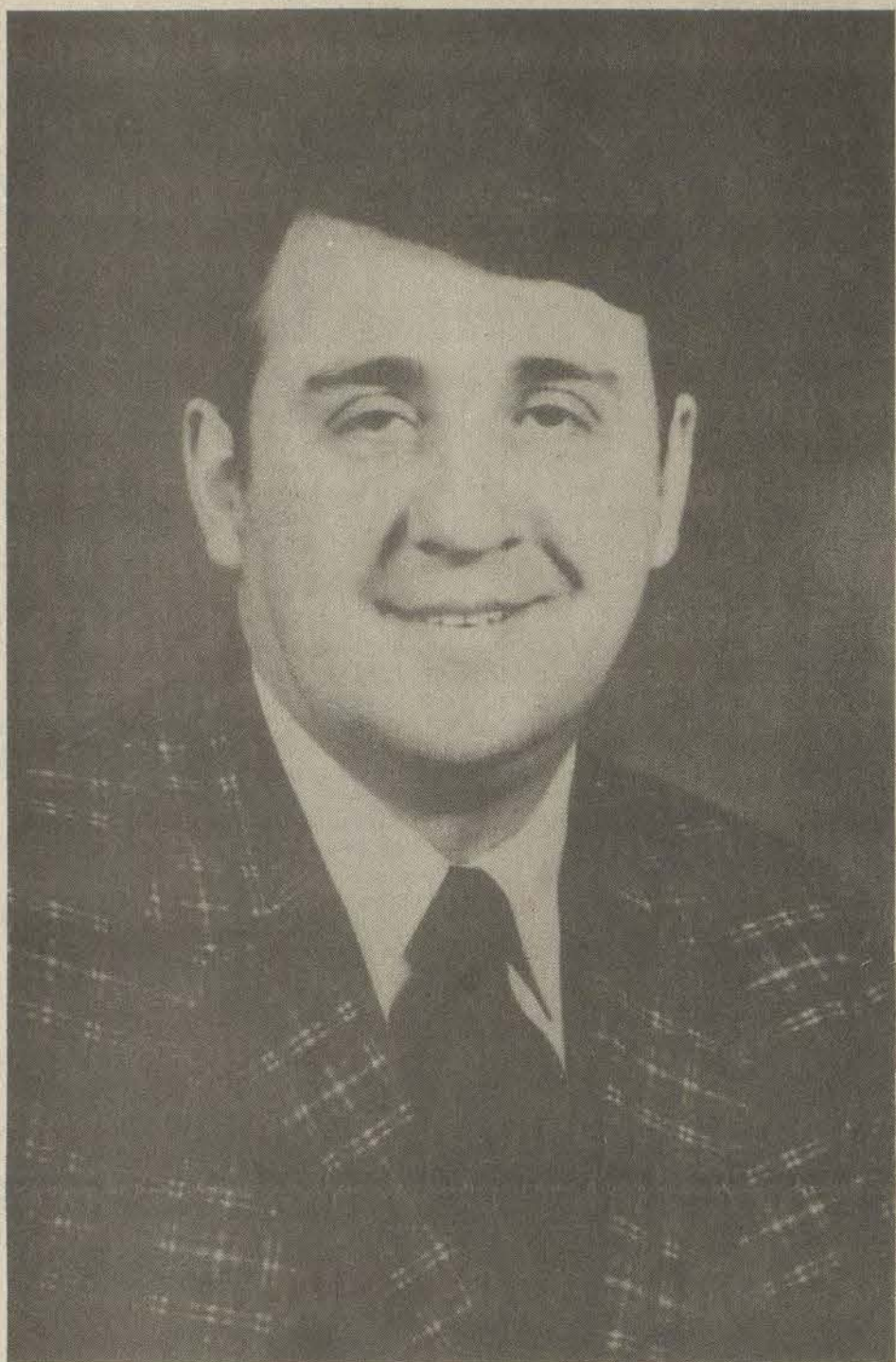
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D&S

ELECT

JAMES R. ALLEN

COUNTY JUDGE-EXECUTIVE



My name is James R. Allen. I was born and reared on Middle Creek in Floyd County, Kentucky. I have always taken a great deal of pride in this.

I have spent my entire adult life in service to the people of Floyd County, as County Attorney and Commonwealth Attorney. While I feel that I have served the people, I also know that Floyd County people have been very good to me and I'll never forget the honor you have given me by electing me as one of our elected officials.

During the last few months, since I announced that I would be a candidate for Floyd County Judge-Executive, many people have approached me and said, "Why, James? Why would you seek this office when you have three more years to serve in your present capacity without an election?" Those who know me well don't have to ask.

My parents always taught me that the greatest station in life one could seek was that of service to my fellow man. I believed this when I was young—I believe it now. I was introduced to Floyd County politics by a man that I believe was one of the greatest public servants in America—former Judge Henry Stumbo. It was Judge Stumbo's philosophy that all elected offices belonged to the people and that those elected were only temporary custodians of the office for the people. A little reluctant at first, I eventually found that Judge Stumbo's philosophy fit very well with my parents' teachings of service.

Every single one of us should do our best to make life a little better for us, our children, our grandchildren and our neighbors. If we subscribe to this philosophy, all of us should seek a station in life that enables us to make the maximum contribution that we can. I believe that the most assistance I can give to our people is through service as Floyd County Judge-Executive. I seek the office to serve the people, to lead Floyd County into the last half of the 1980's and to lead a County Government that all of us can be proud of.

I need your help. I will run my campaign and the County Judge's office the same way we elect our County officials—one person, one vote, at a time. Every single Floyd Countian is important during the election; every single Floyd Countian is important in governing our county. Together, we can make a difference. Together, we can make Floyd County government a government that is a source of pride to all our citizens.

Your Vote And Support Will Be Appreciated.

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Appalshop Hosts KFTC Film Benefit

Two films about the relationship between coal companies and the communities along Buffalo Creek, West Virginia, will be shown as a benefit for the Kentucky Fair Tax Coalition on Saturday, February 16, at Appalshop in Whitesburg.

Like communities in eastern Kentucky and throughout the central Appalachian coalfields, the communities along Buffalo Creek have been wrestling with the domination of their land by large corporations based outside of the area. But they had to deal with a special tragedy. In February 1972 a coal waste dam broke, releasing a flood of water and sludge which killed 125 people and left 5,000 homeless.

Buffalo Creek Flood: An Act of Man documents the flood and Pittston Coal Company's role in the disaster. It has won awards at the American Film Festival and the Chicago International Film Festival. "Newsweek" says the film is "...a devastating expose of the collusion between state officials and coal executives..."

Buffalo Creek Revisited is a new film which examines the efforts of people on the creek to rebuild their lives and communities.

Both films were made by Appalshop filmmaker Mimi Pickering.

The Kentucky Fair Tax Coalition is a membership-based organization of individuals interested in promoting active citizen participation, government accountability, and the development of local community groups.

The Letcher County chapter of KFTC will provide a soupbean dinner at 5:00 p.m. and the films will begin at 6:30 p.m.

For more information, contact Appalshop at 606-633-0108.

Bids for Med Grants Now Being Accepted

The Rural Kentucky Medical Scholarship Fund (RKMSF) is accepting applications from Kentucky medical students, who have been accepted at the University of Kentucky or University of Louisville medical schools. The Fund provides a \$5,000 loan per year to a recipient who is willing to practice and reside in a rural county in Kentucky for one year for each loan received. Special forgiveness of loans is available to those who practice in one of Kentucky's critical counties.

The Fund is the oldest and most successful of its kind in the nation. In its 39 years, it has loaned more than \$2.5 million and has placed almost 500 physicians in rural Kentucky. Sixty percent of the recipients are still practicing in rural or critical areas of the state, and another 16% are still practicing in metropolitan areas in Kentucky.

To apply for a scholarship, contact the RKMSF office at KMA Headquarters, 3532 Ephraim McDowell Drive, Louisville, Ky. 40205, or call 502-459-9790. Deadline for applications is April 15.

To Disabled American Veterans:

The officers of Chapter 128 would like to express the hope that the coming year brings health and happiness to you and your family.

We'd like to express our thanks for giving us the opportunity to serve you. We are continually working to improve benefits and ways to better serve veterans in this area. And will make every effort to continue earning your respect and loyalty in the years to come. Best of wishes for a prosperous 1985.

DAV Chapter 128 Garrett
By Everett Williams, Com.

Valentine's Day Special!

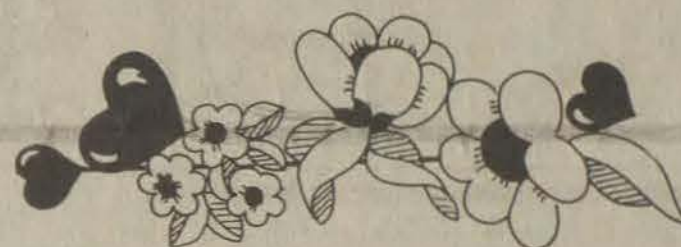
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7. Hamburger and Potato Chips



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Ernest S. Croot, III, son of Mr. and Mrs. Ernest S. Croot, of Bevinville, recently finished his first college class at Prestonsburg Community College. He is a seventh grader at Melvin Elementary who enrolled in computer science shortly after his twelfth birthday and on completion of the course made an "A". He plans to further his studies at Morehead State University this summer.

Croot is the grandson of the late Johnny Jones and Lula Jones, of Bevinville, and of Mr. and Mrs. Ernest S. Croot, of Basking Ridge, N.J.

Cole Wins Qualifier For 'Big 3' Competition

The first men's qualifier for WSAZ-TV's "Big 3" bowling championship was held Jan. 27 at Big Sandy Lanes, Paintsville.

Tommy Cole, formerly of David, picked up the difficult 4-7-10 split in the ninth frame to defeat Brian Blanton, 174 to 171, in the final match of the day.

Cole, who teaches at Mayo Vocational School in Paintsville, will bowl on WSAZ Television 3, February 10 at 2 o'clock.

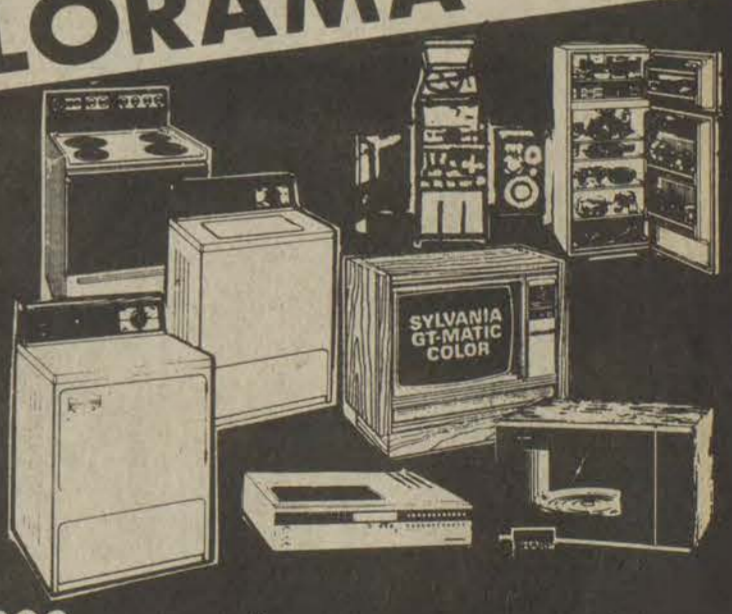
Cole won the event, year before last, as he defeated bowlers from Kentucky, Ohio and West Virginia.

Local boy, Oscar Rice did well in the competition as he bowled a 604 series to get to the head-to-head matches. He defeated his brother, Howard, of Salyersville, 209 to 171, Greg Bryant, 206 to 151, and Greg Blair, 204 to 153, before tiring in his seventh match of the day and losing to Brian Blanton, 201 to 155.

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Thursday Night
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Twelve Students Here Rate High in Tests

Twelve Prestonsburg High School ninth and tenth grade students who took the most recent National Educational Development Tests battery scored in the upper 10 percent, nationally, and were awarded Certificates of Educational Development by the principal, Robert May, at the request of Science Research Associates, developed the tests.

Those rating certificates were:

Ninth grade—Kathy Craft, daughter of Mr. and Mrs. Edgar Craft, Allen; Aaron W. Crum, son of James Crum, III, and Lois Crum, Betsy Layne; Eric C. Haley, son of Wilma Haley, Prestonsburg; Martie Lafferty, daughter of Mr. and Mrs. Jerry Lafferty, Allen; Michael Rosenberg, son of Mr. and Mrs. John Rosenberg, Prestonsburg; David L. Spiggle, son of Mr. and Mrs. G.A. Spiggle, Prestonsburg.

Tenth grade—Chris C. Croot, son of Mr. and Mrs. Ernest S. Croot, Bevinsville; Elizabeth Howard, daughter of Mr. and Mrs. Chalmer Howard, Auxier; Clifford Miller, son of Mr. and Mrs. Charles W. Miller, West Prestonsburg; Sharon L. Minns, daughter of Mr. and Mrs. Edward Minns, Prestonsburg; William S. Potter, son of Mr. and Mrs. Dennis Potter, East Point; Floyd A. Skeans, son of Floyd Skeans, Prestonsburg.



GETS SCHOLARSHIP EARLY...First Baby of 1985, Brandi April Bentley, daughter of Randy and Joyce Bentley, of Harold, is pictured here with Ronald Taylor, Pikeville College assistant vice-president for Development and Alumni Relations, and her parents. Mr. Taylor is presenting to Brandi the first scholarship granted to anyone in the freshman class of 2003. Brandi was born January 1, 1985, at 6:35 a.m. at Pikeville Methodist Hospital. The Bentley family also includes daughter Marsha Marie, age 5.

Deans' Lists Announced By U. of Ky. Colleges

Deans' lists for colleges of the University of Kentucky have recently been announced for the fall semester 1984. (To be named to this list, a student must have attained a high academic standing based on a 4.0 grading system.)

Dean's List students from Floyd county, with college and home address, are: Nursing—Sharon Kay Wells, Prestonsburg; Business and Economics—Jean Ann Glenn, Star Route 5, Prestonsburg; Engineering—Charles R. Combs, Minnie, Phillip R. Flanery, Rt. 1, Martin and Joan Samons, Martin; Arts & Sciences—Lois J. Chaffins, Garrett.

Women workers with four or more years of college had an average income only slightly above that of men with one to three years of high school in 1983, according to "20 Facts on Women Workers."



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Floyd Tops Area Idle Rate

Floyd county improved its unemployment rate during December a full percentage point over the preceding month's figure, yet wound up with the highest rate, 15%, in the five-county Big Sandy Area Development district.

The county's spot at the top of the unemployment list for the area resulted from the improvement of the unemployment picture in the other four counties. Pike county, which topped the list in November with 17.6%, was down in December to 14.5%.

The preliminary figures for last month showed that Floyd county, with a work force of 16,719, had 14,210 at work and 2,509 idle. Johnson county ranked next to this county in the high unemployment rating with 14.9%. Martin county, as usual, was low with 5.9%. Of those drawing unemployment compensation last month in Floyd county, 62.4% had been engaged in mining, 11% in trade and 10.2% in construction.

The December unemployment picture in Kentucky showed 71 counties with higher rates than in November, 46 with lower rates and three in which the rates were unchanged, according to Cabinet for Human Resources figures released today.

There were 68 counties reporting rates of 10 percent or higher, compared to 59 in November.

Statewide the unemployment rate was 9.1 percent, the same rate as it was a year earlier, but higher than November, when it was 8.9 percent. Nationally, the December rate was 7.0 percent, compared to 6.9 percent in November and 8.0 percent in December 1983. The rates are not seasonally adjusted.

Nine counties, including seven in the Bluegrass region, reported rates below five percent. Scott county reported the lowest rate, 3.2 percent, followed by Woodford with 3.3 percent, Trimble with 3.4 percent, Bourbon and Fayette, each with 3.8 percent, Carroll and Jessamine, each with 4.6 percent, Madison with 4.8 percent and Franklin with 4.9 percent.

Three counties reported rates above 20.0 percent. Robertson county reported the highest rate, 33.3 percent, followed by Menifee with 32.8 percent and Letcher with 27.2 percent.

An estimated 1,559,600 Kentuckians were working in December, which was lower than the November estimate of 1,579,600, but higher than the December, 1983 figure of 1,530,100.

Unemployed Kentuckians numbered 156,000 in December, an increase over the November figure of 153,500 and the December, 1983 report of 153,000.

The civilian labor force estimate for December was 1,715,600, down from 1,733,100 in November, but above the December, 1983 figure, which was 1,683,100. The civilian labor force includes non-military persons who are working and unemployed people who actively are seeking jobs. It does not include people who are unemployed but not looking for work.

Receive MSU Degrees

Four Floyd county residents were among those receiving degrees recently at Morehead State University's winter commencement.

Graduates included: William Greene Conn, AME, Dana; Gary Lynn Perry, MBA, Hi Hat; Forrest Rodrick Hughes, AME, Langley; Patricia Carol Watson, MA, Martin.

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35[¢]

MANUFACTURER COUPON EXPIRES 8/31/85

SAVE 35[¢]

on any bag or 2 boxes of Friskies[®] dry cat food.

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CALIFORNIA Navel Oranges 4-Lb. Bag **\$2.39**

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Green Giant Vegetables
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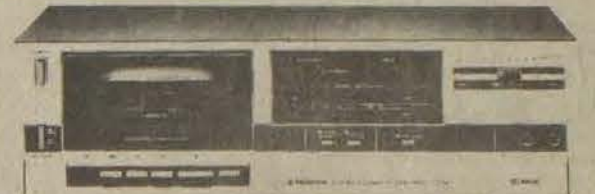
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SX-202 Receiver 25 watts continuous average power per channel at 8 ohms from 40 Hz to 20 kHz with no more than 0.3% THD. Phono signal-to-noise ratio: 70 dB. FM IHF sensitivity: 12.0 dBf. Speaker A, B, A+B. LED tuning indicator. Dimensions (HxWxD): 3⁷/₈" x 16¹/₂" x 8¹/₂".

LIMITED QUANTITY



~~RETAIL \$180.00~~
\$99⁹⁵

CT-10 Cassette Deck One-Touch Recording. LED Level Meters. Dolby® B Noise Reduction. Hard Permalloy Head. Timer-Assisted Record or Playback. Soft-Touch Operation. Frequency Response: 25-16,000Hz (Metal). Signal-to-Noise Ratio (Metal): Dolby B on: 67dB; Dolby off: 57dB. Wow-and-Flutter: 0.05% (WRMS). Dimensions (HxWxD): 4³/₈" x 16¹/₂" x 9¹/₈".

LIMITED QUANTITY

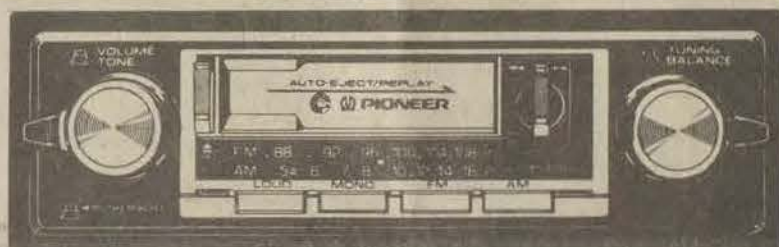
~~REG. \$200.00~~

NOW \$99⁹⁵



PL-S50 Turntable Quartz PLL Direct Drive. Stable Hanging Rotor™. Fully Automatic. Auto Disc-Size Selector. Polymer Graphite™ Straight Tonearm. DRA (Dynamic Resonance Absorber). Front Operation. Zero Rear Clearance Dust Cover. Cabinet Material: Low-Resonance Complex Material. Wow-and-Flutter: 0.035% (DIN). Rumble: -78dB (DIN B). Dimensions (HxWxD): 4³/₄" x 16¹/₂" x 14³/₈".

LIMITED QUANTITY



KP-2000

~~REG. \$165.00~~
\$99⁹⁵

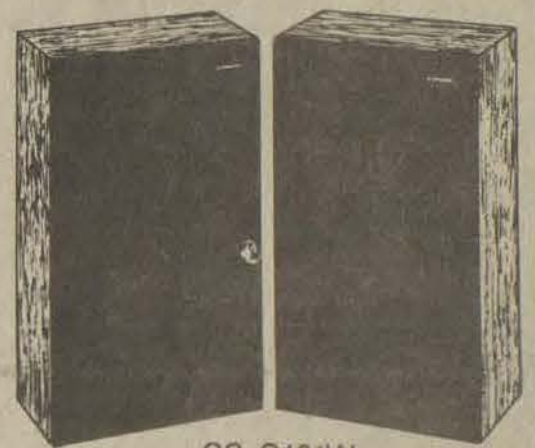
LIMITED QUANTITY



KE-A330

~~REG. \$280.00~~
\$169⁹⁵

LIMITED QUANTITY



CS-G101W

\$49⁹⁵
EACH

LIMITED QUANTITY

**PRICES GOOD
THURS.-FRI.-SAT.
HOURS: 9-5**

**PIONEER
TURNTABLE
\$49⁹⁵**

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AN OFFER. NO REASONABLE
OFFER REFUSED!**

**CLEAN SWEEP
CLEARANCE**



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MOTOR CAR AND TRUCK COMPANY, INC.

YOUR NEW PONTIAC, CADILLAC, OLDSMOBILE, GMC, JEEP, AMC, RENAULT DEALER

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AND SEE THE GREAT SELECTION OF NEW
AUTOMOBILES WE HAVE IN STOCK.**



We Have Something For Everyone, In All Price Ranges.



**LISTED BELOW ARE
EXAMPLES OF OUR GREAT
SELECTION OF OLDSMOBILES**
• A TRUE AMERICAN-MADE VALUE

Stock NO. 548 1985 OLDSMOBILE DELTA 88 4-DOOR Chestnut brown with chestnut interior. LOADED!	Stock NO. 541 1985 OLDSMOBILE DELTA 88 2-DOOR White with blue interior. LOADED!	Stock NO. 532 1985 OLDSMOBILE DELTA 88 4-DOOR Pastel beige with maroon interior. LOADED!
Stock NO. 538 1985 OLDSMOBILE DELTA 88 4-DOOR Maroon with maroon interior. LOADED!	Stock NO. 536 1985 OLDSMOBILE DELTA 88 LS LUXURY SEDAN Burgundy on burgundy.	Stock NO. 539 1985 OLDSMOBILE DELTA 88 LS LUXURY SEDAN Silver with burgundy interior.
Stock NO. 540 1985 OLDSMOBILE 98 REGENCY 4-DOOR Maroon with maroon interior.	Stock NO. 531 1985 OLDSMOBILE 98 REGENCY 4-DOOR Blue with blue interior.	Stock NO. 535 1985 OLDSMOBILE 98 REGENCY 4-DOOR Black with maroon interior.
Stock NO. 542 1985 OLDSMOBILE DELTA 88 4-DOOR Black with maroon interior. LOADED!	Stock NO. 544 1985 OLDSMOBILE DELTA 88 4-DOOR Light green with green interior. LOADED!	Stock NO. 545 1985 OLDSMOBILE DELTA 88 4-DOOR White with blue interior. LOADED!
Stock NO. 528 1985 OLDSMOBILE TORONADO Charcoal with gray leather.	Stock NO. 547 1985 OLDSMOBILE CUTLASS CIERA Blue with blue interior.	Stock NO. 530 1985 OLDSMOBILE FIRENZA LX White with red interior.



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NOW IS THE TIME TO BUY! SAVE AS NEVER BEFORE ON 20
GRAND WAGONEERS AND GMC'S—GO IN THE SNOW!

**THE ALL-NEW SAFARI CARGO VAN IS
IN STOCK NOW—BE FIRST ON THIS ONE!**

**SEVERAL AMC RENAULT ALLIANCES
IN STOCK FOR THE ECONOMY MINDED!**

**WE HAVE A 1985 CUSTOMIZED VAN
BY STARCRAFT CONVERSIONS**
THIS VAN HAS FRONT AND REAR AIR, RAISED ROOF AND
ALL THE COMFORTS NEEDED TO TAKE IT ON VACATION THIS
SUMMER. HURRY!

- ★ ALL THESE VEHICLES HAVE BEEN RUST-PROOFED AND UNDERCOATED.
- ★ ALL ARE ELIGIBLE FOR EXTENDED WARRANTY.

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MOTOR CAR
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PHONE: 886-3811
OPEN 8 TO 6, MON.-FRI.
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SEE ONE OF THESE SALESMEN: • WILLARD JOHNSON • BUCK LAYNE • DELMAR BALDRIDGE



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RAY TURNER
FOR
COUNTY COURT
CLERK

(Pol. Adv. Paid for by Candidate, 2-13-85-pd.)



Announcing
IRVIN SHEPHERD
Democratic Candidate for
MAGISTRATE
DISTRICT 1
May Primary

Your Vote and Support
will be Greatly Appreciated.

(Pol. Adv. Paid for by Candidate, 2-6-85-pd.)

HARRY GORDEN
ALLEN
DEMOCRATIC CANDIDATE FOR
MAGISTRATE
DISTRICT 2

(Pol. Adv. Paid for by Candidate, 2-6-85-pd.)

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Perm Special!!

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JOE ANNOUNCES HIS ANNUAL
ST. VALENTINE'S DAY
MASSACRE OF PRICES
FOR THE MONTH OF FEBRUARY.

QUALITY PERM, CUT, AND STYLE
REG. \$50.00 VALUE
SHOT DOWN TO \$35.00



SPECIAL IN EFFECT THROUGH FEBRUARY ONLY.

JOE'S UPSTAIRS HAIR DESIGN
OVER PELPHEY'S STORE, SO. LAKE DR., PRESTONSBURG

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How Senior Citizens Centers Helped

In Daviess county staff members of a senior citizens center provided electric heaters to an elderly woman who refused to leave her home despite subzero temperatures and the fact that her home had no other heating source. In Letcher county authorities found an elderly couple nearly frozen to death in their car. Emergency shelter was provided at a senior citizens center in Fleming until the couple had regained their strength and were able to continue on their way. These are only isolated instances of help provided across Kentucky.

Statewide, there are 239 senior citizens centers, at least one in every county, which regularly provide services to elderly people in need, especially those

Teaching Children The Value Of Money

Even children know that a dollar doesn't buy much anymore. Inflation has affected not only the worker and the homemaker—it has also reduced the value of the spending money that children have. In light of this, many parents are reevaluating their policies with regard to children's money.

Giving money (such as an allowance) will help teach a child about decision making. But children who are given money to spend any way they choose, without direction, often spend it foolishly. A dialogue between parent and child about spending and saving will help, according to Growing Up, the developmental newsletter about school age children.

Even young children are old enough to learn the difference between wants and needs. Parents try to provide a child with the basic necessities. But a parent who tries to give a child everything he wants is sure to encounter problems.

What can parents do to help a child learn to manage money? Here are some guidelines suggested in Growing Up: —Have a plan. Whether it's a weekly allowance or some other arrangement, a plan will help prevent parent-child disagreements.

—A child may sometimes make parents feel embarrassed or guilty because they can't afford to be as generous as they (or the child) would like. This is a sign the child needs to know about the family's financial situation and the limits of the family budget.

—Teach the child that money must be earned. It does not grow on trees nor is there some bottomless vault from which the parent can draw endless supplies. A good way to teach the value of money is by rewarding specific jobs (mowing the lawn, for example) with some appropriate payment.

—Help the child develop a savings plan with the aim of saving for something he really wants.

—Lastly, children can be taught that good entertainment doesn't always have to cost money.

Remember, the child who receives the largest allowance is not usually the one who loves his parents, his family, or his home the most.

whose need is increased during periods of extremely harsh winter cold and hazardous road conditions. Through contracts with the state's area development districts and the Kentucky Department for Social Services, these centers provide life-sustaining, and in some cases, life-saving assistance to hundreds of older Kentuckians.

Marge Brock, director of Aging Services for the Department for Social Services, said many senior citizens centers stayed open round-the-clock for several days at a time in parts of Kentucky during the month of January. "We authorized the centers to meet the local needs, whether it was for emergency shelter or simply for information," she said. "In many cases, the centers are referral points for older people who don't know where to find a particular service they need to cope with the weather. These centers provide the indirect assistance of putting these people in contact with this department's field offices, other state agencies and local organizations set up to help during a winter crisis."

Brock said the centers in each ADD have their own systems for checking on in-home service clients. "Most contacts are kept up over the telephone, but many staff and volunteers go to the clients homes to be sure they are OK," she said.

Hazardous road conditions hit hard at senior citizens programs such as the more than 200 nutrition sites for the elderly, according to Brock. "One storm hit unexpectedly over a weekend which is the worst possible time to try to make alternate arrangements for the 42,300 people who receive meals through that program," she said. "Centers in rural areas provide so-called 'shelf meals' which is a complete meal consisting of staples such as canned soup, fruits and vegetables. These 'shelf meals' help the snowbound person get by until either they can get out or someone can get to them. More than 1,000 'shelf meals' were provided through centers in the Big Sandy ADD alone."

Brock said since weather situations vary from one part of the state to another, many centers rely heavily on local news media, particularly radio stations, to inform clients of extended hours or weather-forced changes. "The needs and the ability to meet those needs sometimes change within a few hours time for these centers and the news media in January provided a big assist in letting the public know where and when the centers and their programs would be operating," she said.

Brock said any senior citizen who might be able to use some service from a center in his or her community should contact the facility in advance, just to establish that contact, so the individual will know where to call and who to call in a weather emergency. Brock said many local police and county sheriff's offices also have senior citizens center information available.

PUBLIC NOTICE

Amendment No. 01-1985
An Amendment Relating to the Alcoholic Beverage Ordinance of the City of Martin, Kentucky.

Be it ordained by the City Council of the City of Martin:

Section 1. It is hereby declared that the City Council of the City of Martin will amend the City of Martin Ordinance Regulating the Sale of Alcoholic Beverages within the City of Martin, Kentucky, dated Sept. 3, 1982 section 2.22 reserved to be incorporated as follows.

Section 2. Business establishments that possess a City of Martin, Ky. Alcoholic Beverage License and serve Alcoholic Beverages for on premises consumption shall be open for Business Monday through Saturday from 6 o'clock a.m. until 12 o'clock midnight. The premises shall be vacated at or before 12 o'clock midnight.

Section 3. Exception shall be made for Social or Fraternal Organizations one night per week to be designated "Dance Night" when the premises shall be vacated at or before one o'clock a.m. week of said Dance shall be construed as Monday through Saturday.

Adopted this 5th day of February 1985.
RAYMOND GRIFFITH, Mayor
ATTEST
Johnnie B. Stephens, Clerk

Headwaters To Present Sarah Bailey On KET

"I have my own shucks. I don't order mine from California. Mine come out of the field where I raise for feed corn." — Sarah Bailey

Tuesday, February 19 at 7:30 p.m., HEADWATERS continues its series on KET with a program about Sarah Bailey. This folk artist from Harlan county, an inventor of corn shuck dolls and flowers, spinner and teacher, shows her work and demonstrates her craft in an Elderhostel Program.

The artist says: "No difference how busy I was, if someone came to me and wanted to learn, I always gave them time. I think that's one reason the Lord has blessed me the way he has to do things with my hands."

Known not only for the beauty of her work but also for her abilities as a teacher, Sarah Bailey gives a look at self-sufficient living. The program uses archival photographs from the Pine Mountain Settlement School and traditional hymns sung by Jean Ritchie.

HEADWATERS will be seen every Tuesday evening at 7:30 on KET during February. Produced by Appalshop of Whitesburg, Kentucky, this series about mountain culture and concerns will be seen this year for the first time on KET. The producers appreciate local reactions to the shows. Letters can be sent to: KET/ 600 Cooper Drive, Lexington, Ky. 40502, or to Appalshop, Box 743, Whitesburg, Ky. 41858.

Buck Night
Thursday Night
Strand

NEW BINGO BONANZA

SPECIAL NIGHT AT
Betsy Layne High School Cafeteria
Sat., Feb. 23 at 7 p.m.

CASH GIVEAWAY OF
\$2,500⁰⁰

Sponsored By The Betsy Layne Touchdown Club
DOOR = \$25.00 FOR = 478-5034
ADMISSION = Per Person INFORMATION = 478-5261

2-6-85

ANNOUNCING
CURTIS HALL
REPUBLICAN CANDIDATE FOR
MAGISTRATE
DISTRICT NO. 3

(Pol. Adv. Pd. for by Candidate, 2-13-85-pd.)

GERALD'S GARAGE

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- BRAKES • MUFFLER • TUNE-UPS
- ENGINE • TRANSMISSION • OVER-HAUL
- REPAIR TRUCK TIRES • WELDING



2-13-85

POUNDS AWAY PROGRAM

- MONDAY—Fantasy World • Hindman 10 a.m.-1 p.m.
- TUESDAY—His & Hers Beauty Shop • Betsy Layne 2 p.m.-6 p.m.
- WEDNESDAY—DeGuzman Clinic • Martin . . . 2:30 p.m.-6 p.m.
- THURSDAY—Prestonsburg Area
- FRIDAY—Wheelwright Clinic • Wheelwright . . . 10 a.m.-3 p.m.

Lose Weight and Keep It Off!
• INDIVIDUAL COUNSELING •
• NO DRUGS OR SUPPLEMENTS •
• EAT THREE MEALS A DAY PLUS SNACKS •

Initial Visit—\$11
Weekly—\$8

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The top-quality blue cotton jacket is just like any Alpine system. It looks as good as Alpine sounds. To get it, just fill out and mail in a card when you buy your Alpine System. To hear the system, see the jacket and get all the details, come in and see us today.




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Jerry's
NEW! Bigger Burgers

More beef... same price!

Our burgers just got bigger—but our prices stayed the same! Now, you get a full one-third pound* of pure, juicy beef. And you can have your bigger burger prepared four delicious ways: A Mushroom Burger, a Bacon Cheeseburger, a Jerry's Hamburger, or a Patty Melt. All our Bigger Burger Plates are served with French fries and cole slaw. Our bigger burgers are four more ways that, at Jerry's...

We Serve You Right!
US 23 & 460 Prestonsburg



*Precooked weight

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TAKES YOU BACK TO THE 40's
WITH NICKEL COKES, DIME HOT DOGS AND...

6.9%

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FINANCING



6.9% APR Financing Available with 25% Down
36 month term and Credit Approval

ON EVERY NEW CAR & TRUCK IN STOCK!
(INCLUDING HONDAS)

Over 500 new cars and trucks available.

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IVEL/PRESTONSBURG U.S. HWY 460 & 23 PHONE 478-9486 • 285-9811



HELP PUT THIS MAN IN OFFICE...

AS YOUR NEXT MAGISTRATE AND SEE WHAT A CHANGE TAKES PLACE IN THIS DISTRICT OVER THE NEXT FOUR YEARS

CARL E. DUFF
FOR
MAGISTRATE, DIST. 2
DEMOCRATIC TICKET

I can't put a chicken in every pot but you will sure get a slice from the cake!

(Pol. Adv. Pd. for by Cand., 2-13-21-pd.)

And You Thought We Had Snow



It may be cold comfort, but things could have been a lot worse than they have been the last week or so. The picture above was taken in late March, 1961, by a Floyd county couple who resided in Mathias, W. Va., at the time when the "granddaddy" of all snows fell there—46 inches of it. The small community had had a weather station for 89 years then, and no snow previously compared with the one pictured.

No precipitation had been predicted, and cars were bumper to bumper for 12 miles on a major highway in Virginia, only six miles from Mathias. Families living along that route opened their homes and emptied their freezers to house and feed strangers stranded for days. A year later, many of the latter returned en masse with gifts to honor their benefactors.

The above picture was taken a week after the snowfall. This was the earliest that anyone could get out to buy film.

CARD OF THANKS

The family of Dexter Baldrige would like to express appreciation to all who helped during his sickness and especially to Dr. James D. Adams and his staff and to those who showed sympathy in his passing; the many brothers and sisters from various churches who came for visitation and the funeral, those who brought food, sent cards and flowers, the ministers, Revs. Clifford Austin, Bill Campbell, and Larry Leedy. We would also like to thank the Highland Avenue Freewill Baptist Church singers, the ministers from Johnson county for their comforting words and to the Hall Funeral Home.

WIFE, EILEEN BALDRIDGE
DAUGHTER, DIANN B. MAY

IT.

CARD OF THANKS

The family of Nannie Stratton would like to take this opportunity to thank everyone for their help in the loss of our loved one: those who sent food and flowers, prepared the grave or just spoke comforting words. We deeply appreciate you all. A special thanks to the minister, James Harmon, everyone who visited and helped in any way, and the Hall Funeral Home for being so kind.

THE FAMILY

IT.

Local Company Helps Businessmen Go Logo

A Floyd county corporation has been formed to specialize in the design of logos for business. Specialty Art, Inc. located at Banner, is headed by a native Floyd countian, Don Willis.

Other services offered by Specialty Art, Inc. include copywriting for advertisements, layout of advertisements, business card design, tee-shirt transfer design, other graphic art services.

I have gladly served the people the last three years...I look forward to serving you for at least another four years.

LOWELL SAMONS
MAGISTRATE
DISTRICT NO. 4

(Pol. Adv. Pd. for by Candidate, 2-13-31-pd.)

Make a Night of it!

See Conway Twitty and stay at the Radisson Plaza for one special rate!

\$65 (plus tax)
Saturday, February 23

Limited number of special packages available! Call 606-231-9000 for reservations.



Includes:

- Two great lower arena seats to the Conway Twitty Show (with special guests The Judds)
- Fantastic double room at the Radisson Plaza Hotel Lexington—connected by skywalk to Rupp Arena.

Radisson Plaza Hotel Lexington
Downtown, Vine Center, Lexington, KY 40507



Pharmacy Footnotes

By HAROLD COOLEY



WATER RETENTION AND WEIGHT GAIN

Have you recently put on weight, but have not altered your diet or exercise regimen? The answer may lie on the shelves of your medicine cabinet. Several commonly prescribed over-the-counter drugs can actually cause a weight gain through water retention. Many drugs may also cause an increase in appetite, a craving for sugary foods and even slow down the metabolism. The problems usually stop when use of the drug is discontinued. These drugs include antihistamines, anti-inflammatory drugs, hormones, high blood pressure agents and anti-depressants. There are others as well so be sure to consult with a doctor if a weight change is noticed when taking a prescription drug. It is also a good idea to ask the pharmacist about the ingredients of over-the-counter remedies.

As an expert in drugs and medications, you should seek your pharmacist's advice when looking for a non-prescription medication. This is particularly important if you are taking more than one medicine at a time, whether they are prescription or non-prescription. Consult with our pharmacist at COOLEY APOTHECARY for accurate, sound and safe advice. We are located at No. 2 Town Center Bldg., 886-8106. Complete patient profiles are maintained. Open: Mon.-Fri. 9-5:30, Sat. 9-4.

HANDY HINT:

Antihistamines known as cyproheptadine and promethazine may cause water retention.

PAYING TOO MUCH FOR:

- Auto Insurance or
- Homeowners (Special rates for rural areas!)

SEE HATTON-ALLEN INSURANCE AGENCY

Denzil Allen, General Agent
483 South Lake Drive—Prestonsburg

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MONDAY THRU SUNDAY
FEB. 11 THRU FEB. 17

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FRESH
Ground Beef **99¢** LB.



USDA CHOICE
Chuck Roast **\$1.49** LB.



Wilson Corn King
WIENERS **79¢** 12-OZ. PKG.



Wilson Corn King
BOLOGNA **79¢** LB.
(By the piece)



MEAT

USDA CHOICE—BONELESS
CHUCK STEAK **\$1.89** LB.

USDA CHOICE
STEW BEEF **\$1.89** LB.

WILSON CORN KING
BACON **\$1.29** 12-OZ. PKG.

4-ROLL
WHITE CLOUD TISSUE **\$1.19**

3-LB.—MAXWELL HOUSE
COFFEE **\$6.59**

30-OZ.—BUSH'S
HOMINY **2/79¢**

16-OZ.—PRELATE
PINK SALMON **\$1.59**

25-LB.—TRAIL BLAZER
DOG FOOD **\$3.49**

46-OZ.—IGA
TOMATO JUICE **69¢**

54-OZ.—GRAPE OR ORANGE
WAGNER DRINKS **89¢**

PEPSI-COLA SPECIAL

8-Pak-Returnables **\$1.49**

Images of Diet Pepsi, Pepsi, and Mountain Dew cans.

2-LB.—IGA WHITE
POWDERED SUGAR **99¢**

2-LB.—IGA
BROWN SUGAR **99¢**

28-OZ.—HEINZ SQUEEZE BOTTLE
KETCHUP **\$1.29**

4-STICK—BLUE BONNET
MARGARINE **59¢**

6-PAK—IGA BUTTERMILK OR
OLE STYLE BISCUITS **99¢**

12-OZ.—MINUTE MAID
ORANGE JUICE **\$1.29**

20-OZ.—FARMER'S CHOICE
SHOESTRING POTATOES **2/79¢**

Wilson Corn King
Whole—Fully Cooked
HAMS **\$1.79** LB.

Image of Wilson Corn King Ham.

PRODUCE

CABBAGE **19¢** LB.

113-CT.—YELLOW OR RED DELICIOUS
APPLES **6/99¢**

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ALL INGREDIENTS MADE FRESH DAILY

WE USE FRESH PIZZA DOUGH • Not Frozen • Not Pre-Baked • No Substitutes

OPEN 9AM-1AM TUES-SAT
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CRISP FLAVORFUL PIZZAS

CUSTOM MADE IN

10" - 12" - 14" - 17" SIZES

DELICIOUS GONDOLA & STEAK SANDWICHES

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Forest Blazes At 10-Year Low In 1984 Season

Kentucky had fewer forest fires last year than at any time in the past 10 years, according to Boyce Wells, commissioner of the Department for Natural Resources.

During 1984, 1,423 forest fires burned over 17,293 acres of forest land. Donald A. Hamm, director of the Division of Forestry, said this is only 52% of the 10-year average number of fires. He attributed this good record to very favorable weather conditions and increased fire prevention and law enforcement efforts by Division personnel.

For the second straight year, incendiary fires were the leading cause, accounting for 39% of all fires. The second most common cause was debris burning, which amounted to 32%. These are fires that are set to clear gardens and burn trash, bulldozed piles, or other unwanted material. "The debris fire can be prevented, and our people are doing an excellent job of reducing its occurrence," Hamm said.

Other causes of forest fires include smoking, campfires, railroads, equipment and lightning. The lightning fires (there were just five in 1984) are the only ones that are not caused by human activities.

During 1984, Division of Forestry personnel issued 832 citations for violation of various forest fire laws. To date, convictions have been obtained in 52% of the cases, and a number are still pending. Emphasis on law enforcement will continue during 1985 in an effort to further reduce the number of fires, according to Hamm. At the same time, educational efforts will be increased to inform the public about forest fire laws.

While many of Kentucky's forest fires don't appear to do much damage, they all do some harm. Even small fires can damage or kill the bark at the base of trees, and that damaged bark allows insects and decay to enter the wood. In time, these organisms can reduce the tree to a worthless cull. This loss in value occurs over the life of the tree and can result in a future loss of over \$2,000 per acre.

"This is a loss to the future economy of the Commonwealth," said Hamm, "and it is a loss that could be prevented if people would just be more careful with fire."

ENDS RECRUIT TRAINING

Marine Pvt. Brian A. Pack, son of Tommy J. Pack Sr., of Garrett, has completed recruit training at Marine Corps Recruit Depot, Parris Island, South Carolina. A 1984 graduate of J.H. Allen Central High School, he joined the Marine Corps in March, 1984.



People who save energy deserve a reward.

Take a bite out of your monthly electric bill by following a few energy-saving hints.

You can save money by wrapping your electric water heater with an insulated jacket. Save even more by setting your water temperature at 140°F—if you don't have a dishwasher, you can set the thermostat at 120°F.

Whenever possible, use a toaster, toaster-oven or electric frypan instead of your large oven or range. Place pans on the surface of your electric range

before you turn on the heat. And use lids on your pots and pans instead of leaving them uncovered.

Place the items you use the most in the front of your refrigerator so you can get to them quickly without wasting too much cold air.

By using these simple tips and good common sense, you can really slim down your electric bill. Reward yourself for the money you saved, but be careful of the calories!

Kentucky Power Company
Electricity. It's the power of choice.



Show more interest in your money. Put it in an IRA now!

Darrell L. Patton

Make your 1984 tax-deductible contribution to an IRA now. So it can begin earning interest now. That interest is tax-deferred. And the sooner you start, the more it can grow.

An excellent place to get your money growing is a New York Life IRA annuity.* It pays a competitive rate of interest. It can offer you disability protection through an optional rider benefit. And it guarantees you a monthly retirement income for life.

Ask me, your New York Life Agent, for all the details and our current yield.

*Issued by New York Life Insurance and Annuity Corporation, a Delaware subsidiary of New York Life Insurance Company.

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"ASK ME!"
1-16-e-o-w

MARTIN **IGA** GARRETT

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WE WELCOME FOOD STAMPS.

FRIDAY

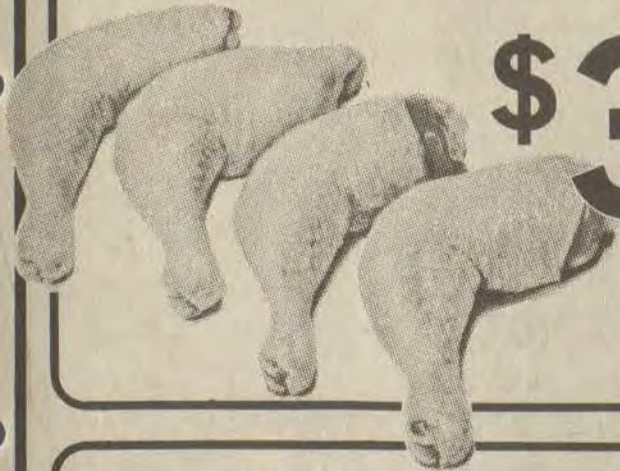
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LEG QUARTERS

\$3.90

10 LBS.



TENNESSEE PRIDE—WHOLE HOG

SAUSAGE

\$2.29

2-LB. ROLL



ARMOUR'S

COLUMBIA BACON

79¢

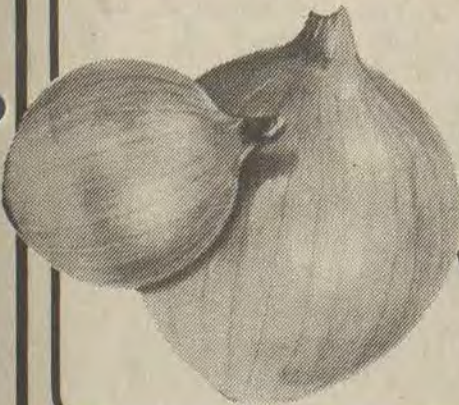
1-LB. PKG.



YELLOW ONIONS

59¢

3-LBS.



- 5-LB. MARTHA WHITE MEAL 89¢
- 16-OZ. ARGO PEAS 3/\$1
- 4-LB. PINTO BEANS \$1.09
- GAL. CLOROX BLEACH 89¢
- 12-OZ. WILSON'S CANNED MILK 2/89¢
- 16-OZ. COLE'S BREAD 3/99¢
- DOZEN LARGE EGGS 49¢
- 10-LB.—NO. 1 IDAHO POTATOES \$1.59



MARTHA WHITE

FLOUR

79¢

5 LBS.

MARTIN IGA GARRETT

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SUNDAY, 10 A.M.-8 P.M.

JOE D. WEDDINGTON
REAL ESTATE
874-9633

To Discuss E.M.T. Problems
An informational meeting will be held Feb. 20 at 1 p.m. at the Kentucky Department of Mines and Minerals Coal building at Martin to discuss and answer questions concerning emergency medical technicians' E.M.T. problems. Interested persons, safety directors and other mine personnel are urged to attend the meeting.

The Good News Report

By **THOMAS W. PAUKEN**
Director of ACTION

Late one night about five years ago, Sharon Komlos was on her way home to her husband and three children in Boca Raton, Florida, after a trip to nearby Fort Lauderdale. Along an empty stretch of road, a madman pulled up beside her car and fired a bullet through the open window, striking her in the head and instantly blinding her. Somehow, Sharon managed to pull the car safely to the side of the road. Moments later, and nearly unconscious, Sharon heard a man's voice exclaiming his horror at the bloodstained discovery, and then his promise to rush her to the hospital. This "rescuer", however, turned out to be the gunman. When she realized this, Sharon found within herself the power to turn fear into resolve. The man tried to suffocate her—she fought him off with a shoe. He stabbed and raped her and left her for dead. But Sharon Komlos would not die—she would not give up on what life she had left. Someone nearby heard her cry for help and took her to the hospital. It was in the hospital that Sharon's mettle became even more apparent. She made a miraculous physical recovery, leaving the hospital in five days. But even more dramatic was her spiritual and psychological recovery. Proclaiming that she had "too much to do... to waste any of my precious moments being depressed and immobilized," the young, and now blind mother, confounded those who said she was handicapped. Rejecting self-pity and anger, she turned to her family and friends, never once assuming she had any limiting disability.

Sharon began speaking before high school audiences, civic groups, government forums, crime prevention organizations and blind individuals and groups. She continues to speak out to these groups on problems of crime and rape; but more important, she touches them with her strong character and positive attitude. She inspires others through example. Rejecting fear, she tells these groups that in spite of her experience, "people are basically good." Sharon Komlos refuses to hate.

In her own words, Sharon is a no-limit person. "I have no limitations. I mean, none!" she says. Her positive attitude and determination to live life to the fullest, moves every person who comes in contact with her. In addition to being a busy mother and lecturer, she still devotes time to victims' self-help and assistance groups throughout the state.

Part of the good news of this story is the personal victory that a very brave woman won. The rest of the good news is that she shares her tremendous courage and inner strength with all of us.

The Daughters of the American Revolution salute the First Rhode Island Regiment composed in part of black soldiers, both free and slave, who served bravely with distinction throughout the American Revolution.

Buck Night
Thursday Night
Strand

ELECT
KENNETH (KENNY) JOHNSON
DEMOCRATIC CANDIDATE FOR
MAGISTRATE
DISTRICT 3
(Pol. Adv. Paid for by Candidate, 2-13-85-pd.)

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Litton
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• Up to 14 day/4-event electronic programmer • Multi-function remote control • Regular \$499.99 #54900

Save \$30 6' x 9' Carved Area Rugs \$3999
Each
• American made • 100% carved olefin fibers • Colors available in sand and slate • Regular \$69.99 #15152,53

5 Piece Tub Wall Kit \$3999
• Covers existing tile • Cleans effortlessly • Fits tub areas up to 32" x 63" x 58" h
• Includes 6 molded-in roomy shelves • Waterproof, also resists mold and mildew • Do-it-yourself installation. #20795

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- 2. NOT TOO SMALL TO SERVE YOU.

Your Vote and Support Appreciated.



(Pol. Adv. Paid for by Candidate, 2-6-31-pd.)

First Birthday



Kristopher Dwayne Tackett, son of Kevin and Teresa Tackett, of Prestonsburg, celebrated his first birthday Jan. 26 at home. Cake and ice cream were served and he received many gifts from family and friends. He is the grandson of Mr. and Mrs. Virgil L. Tackett, of Weeksbury, and Mr. and Mrs. Vernon Samons, of Martin.

Dairy Standard Change May Cut Dairies by 900

A tightening of one of the standards by which dairies are certified as being grade A may result in 900 Kentucky dairies having to adopt stricter health practices or face losing their milk market.

Current federal guidelines permit 1.5 million somatic cells per milliliter in samples taken from bulk tanks of milk produced by a grade A dairy. As of July 1, 1986 the permissible number will drop to 1 million cells per milliliter.

University of Kentucky dairy specialists say one fourth of Kentucky's 3,757 grade A dairies routinely produce bulk tanks of milk that test under the current 1.5 million-cell ceiling, but over the impending 1 million-cell cutoff.

Dr. Robert J. Harmon, a UK dairy scientist, said it can take anywhere from several months to two or three years to correct a dairy herd of the cause of the high somatic cell counts.

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\$3.89 LB.

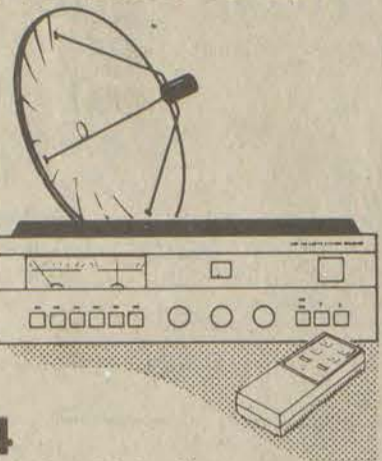
FRESH GROUND BEEF
99¢ LB.

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RIB-CUT PORK CHOPS \$1.69 LB.

SIRLOIN STEAK \$3.29 LB.

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BONELESS CUBED STEAK \$2.39 LB.

CARTON-6 CANS R.C. COLA, NEHI, DIET RITE COLA \$1.89

BONELESS-CHUCK POT ROAST \$1.89 LB.

12-OZ. FIRESIDE VANILLA WAFERS 69¢

BONELESS SHOULDER ROAST \$1.79 LB.

TEXAS STYLE-BUTTERMILK BISCUITS 3/\$1

FISCHER'S-WHOLE SMOKED PORK PICNIC SHOULDERS 89¢ LB.

4-ROLL PKG. VELVET BATHROOM TISSUE 79¢

COUNTRY STYLE PORK RIBS \$1.19 LB.

SINGLE-ROLL VELVET PAPER TOWELS 59¢

END-CUT PORK CHOPS \$1.29 LB.

16-OZ. FANTASTIC BATHROOM CLEANER 99¢

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- '82 Datsun — King Cab..... 5,995⁰⁰
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- '84 Datsun — Shortbed..... 5,995⁰⁰

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- '79 Toyota Cressida — 4 Door, Silver..... 5,995⁰⁰
- '80 Toyota Tercel — 2 Door, 5 Speed..... 3,995⁰⁰
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- '82 Ford Escort — 4 Door, Automatic, Air Conditioned..... 5,195⁰⁰
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PLUS MORE!

NICE FAMILY CARS

- '79 Ford Granada — 2 Door, 6 Cylinder, Air Conditioned..... \$ 3,595⁰⁰
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- '83 Datsun Stanza..... 7,995⁰⁰

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- '79 Corvette — Red..... \$ 11,995⁰⁰
- '83 Pulsar NX — Turbo, Silver..... 7,995⁰⁰
- '84 Pulsar NX — One Owner..... 8,995⁰⁰
- '84 300 ZX 2x2 — Blue, Automatic..... 17,995⁰⁰

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- '79 Mercedes 240D — 4 Door, Loaded..... \$ 11,995⁰⁰
- '81 Olds Regency — Loaded, Diesel..... 8,995⁰⁰
- '83 BMW 733i — 4 Door, One Owner..... 29,500⁰⁰

PLUS MORE!

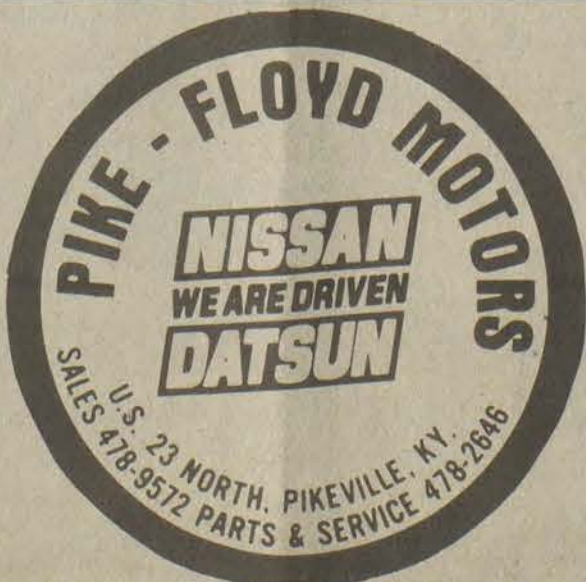
4 WHEEL DRIVES

- '76 Jeep Cherokee — Automatic, Red..... \$ 2,495⁰⁰
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2-6-21

Battered Minds Is Another Form Of Child Abuse

These are the bruises that don't show: scars in the mind that haunt a child into adulthood. There are no statistics on children who are victims of emotional child abuse, but the problem is widespread.

According to an article appearing in the February Reader's Digest—"Emotional Child Abuse: The Invisible Plague"—emotional abusers are prompted not by children's misbehavior, but by their own psychological problems.

What does this abuse entail? "According to authorities on child development, emotional abuse involves nothing less than the systematic destruction of a child's self-esteem," the article states.

Dr. Jay Lefer, a New York psychiatrist, refers to the "four Ds" of emotional abuse: deprivation, distancing, deprecation and domination. Abusive parents may use one, all or a combination to play out their own conflicts and avoid facing up to the real demands of child-rearing.

Deprivation of love and distancing of parental concern in an infant will block development of a secure attachment to his or her parents. "Unavailability is shattering because a child doesn't get any of the usual rewards for curiosity, growth and accomplishment," points out Byron Egeland, a University of Minnesota psychologist.

Depreciation means discounting any childhood achievement and exaggerating any fault or failure. "Words like 'always' and 'never'—implying that a child invariably fails to live up to a parent's expectations—are keys to distinguishing a consistently abusive parent from one who criticizes occasionally in anger or frustration," the article points out.

Dr. Lefer notes that all parents will try to dominate their children in terms of setting standards and values. "But there's a big difference between domination through education and example and domination through cruelty," he says. "The abusive parent gets his or her way by terrifying the child into following his or her wishes."

Outsiders are often reluctant to interfere. But their silence actually reinforces the child's impression that the criticism is deserved. "People shouldn't mind their own business when a child's life is in danger—and that means the heart and mind as well as the body," the article concludes.

Alec Guinness, one of the world's most versatile actors, celebrates 50 years of performing with A Passage to India. The February Reader's Digest notes that he has so far played in 44 films, 67 stage plays and 9 television plays.

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16-OZ.—BUSH'S
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69¢ LB.


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 10-LB.


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\$2.79 LB.


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